Sioux Falls School District 49-5

Community Education

The Next Adventure Is You!

Move in a new direction.
Try our classes!

Fall 2012

August - December

FREE

Welcome!

to Community Education's fall catalog of over 150 classes. We hope you will take time to explore this catalog. You will find many learning opportunities on every page.

Our mission is to improve community life and the lives of individuals by providing positive experiences and learning opportunities.

Embark on a learning journey, whether it's spending time with your children, mastering a new hobby, or developing new skills. Our instructors are eager to share their passions with you.

Don't see what you are looking for in this catalog? Try our online classes through Ed2Go, UGotClass, or DigSandbox. Online classes are a great way to continue learning in the comfort of your own home.

Make the commitment to expand your knowledge, grow a relationship, and take a Community Education class. Register today!

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Office Hours:
Monday through Friday, 8AM - 4:30PM
Closed on School District Holidays

201 East 38th Street
Sioux Falls, SD 57105
Phone: (605) 367.7999
www.sf.k12.sd.us

CE

COMMUNITY EDUCATION

Do you have an idea for a class?

We would like to hear from you!

We are always looking for dynamic entrepreneurs, hobbyists, musicians, artists, business, crafts and trades people to share their talents. Please visit: www.sf.k12.sd.us to download an instructor application form.

Community Education Experiences!

ACT Prep Courses

Develop YOUR Test-taking Strategies and score BIG on ACT Tests!

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Wedding and Event Dance Survival

Discover YOUR Hidden Dance Steps!

Page 16

Jewelry Making

Transform YOUR Grandma's Jewelry or "Transform" YOUR Necklaces!

Page 4

Kumihimo Weave Jewelry
Kumihimo is a Japanese technique meaning a gathering or braiding of threads. This is a relaxing, ancient technique that's versatile enough to toss aside when the phone rings. You'll learn the basics of how to weave cording into unique bracelets, necklaces, etc. You can add beads or let the fibers speak for themselves. This will springboard you into learning more advanced techniques and using other materials such as chain, wire, leather, & focal pieces. ($25 material fee payable to instructor at class includes Kumihimo Board!) (plus optional a la carte supplies)
Instructor: Melanie Erickson

PERS820	$16	The Bead Company	
1Sa	10/6		2-4:30PM

Jewelry Repurpose Magic
Is your jewelry box full of necklaces you never wear? Do you have Great Grandma's necklace sitting in a drawer? Let's do some jewelry magic. Transform an outdated necklace into a bracelet and earrings or pendant set. You'll learn basic crimping and wire working skills in the process so you can raid the jewelry box and start making heirloom gifts for the holidays. Bring a necklace that you're ready to cut up and change into something shiny and new! ($12 materials fee payable to instructor at class.) (plus optional a la carte supplies)
Instructor: Melanie Erickson

$16		The Bead Company	
PERS864A	1Sa	9/22	2-4PM
PERS864B	1Sa	11/17	2-4PM

Basic Wire Crochet with Beads
Create fun, airy crochet jewelry using wire and beads. Once you have the basics down you can springboard into many advanced techniques and designs. You'll learn to properly finish ends and add clasps using wire working techniques. Lovely gift ideas. Beginning crochet students welcome. ($15 materials fee payable to instructor at class.)
Instructor: Melanie Erickson

$16		The Bead Company	
PERS953	1Sa	11/3	2-4:30PM

Beginning Writer's Workshop
Get a taste of the writer's life and improve your writing skills in this introduction course.

ED2GO	$95	ONLINE

Jewelry-Basic Wire
We'll guide you through the techniques needed to make jewelry with wire. You will learn about creating earrings, charms, wire wrappings, coils, connections, links, and hammered forms. A must for all new beading beginners and intermediates who feel they need a refresher. ($12 materials fee payable to instructor.)
Instructor: Melanie Erickson

$16		The Bead Company	
PERS858A	1Sa	9/8	2-4PM
PERS858B	1Sa	10/20	2-4PM

Digital SLR Photography for Beginners
You have a new camera - now what? Become familiar with the different features and settings available on your camera. Understand file formats, workflow, and basic composition. (hands-on with your camera)
Instructor: Casey LaBue

$79			IPC
PERS939A	2T	10/2	6-8PM
PERS939B	2W	10/17	6-8PM

Instant Guitar One-Finger Magic
Have you always wanted to learn how to play guitar but never got around to it? Learn to play full sounding, one-finger chords and play along to well - known songs. Students need to provide their own 6-string acoustic guitar (steel, not nylon) in good useable condition. ($15 materials fee for special capo payable to instructor)
Instructor: Jennifer Case

$25		Case School of Music	
PERS791A	1T	9/18	7-8:30PM
PERS791B	1T	11/6	7-8:30PM

Heirloom Embroidery
Develop your passion for fabric art! Discover how embroidered items can be of practical use in our daily lives. Learn 5 basic stitches: Satin, French knot, Blanket, Stem, and Chain. ($5 material fee payable to instructor)
Instructor: Cheryl Squires

$29			IPC
PERS941	1T	11/13	6-8PM

Write Your Life Story
Learn how to create and distribute an inspirational and professional autobiography for family, friends, and others.

ED2GO	$95	ONLINE

Fall Iron Art Level I: Create A Pumpkin
Create your new "Iron Art Pumpkin" for your yard. You will explore the basics of GMAW (Gas Metal Arc Welding – wire feed) welding. Learn all the welding safety rules as you use your creative skills with this new hobby while creating an iron pumpkin. All supplies and equipment provided.
Instructor: Chris Benshoof

$109			CTE
HOME563	3Sa	9/15	9AM-12N

Wind Spinner - Level I
Create your own "Wind Spinner" for your yard. Your eye-catching wind spinner will come alive as it spins in the South Dakota wind. Explore the basics of GMAW (Gas Metal Arc Welding – wire feed) welding. Learn all the welding safety rules as you use your creative skills with this new hobby while creating your own wind spinner. All supplies and equipment provided.
Instructor: Chris Benshoof

$109			CTE
HOME564A	3Sa	9/15	1-4PM
HOME564B	3Sa	10/13	9AM-12N

Iron Art End Table - Level II
Create your own "Iron Art End Table" in this Level II class. Continue your GTAW (wire feed) skills and explore the use of Oxy/Fuel equipment. All supplies and equipment provided.
Instructor: Chris Benshoof

$129			CTE
HOME565	3Sa	10/13	1-4PM

Basic Woodworking
Gain the skills necessary to complete a woodworking project that you plan and design. Explore different woods, hand and power tools, and finishing. This class is on cabinet making and furniture making. Example of projects: tote, jewelry or chest box, coffee table, end table, bookcase or bookshelves to name a few. Student is responsible for material costs. Cost will vary depending on project student chooses.
Instructor: Mark Dunbar

$126			CTE
HOME557	8W	9/5	6:30-9PM

Hand-Cut Dovetails
Learning to cut dovetail joinery is a milestone for any woodworker. This course will focus on traditional methods for achieving beautiful dovetails. All hand tools will be provided for this course, but feel free to bring your own, if desired. No previous woodworking experience necessary for this class. ($10 material fee payable to instructor.)
Instructor: Matt Zimbelman

$45			The Third Place
HOME558A	1W	9/5	5-8PM
HOME558B	1W	10/3	5-8PM
HOME558C	1W	10/24	5-8PM
HOME558D	1W	11/7	5-8PM

Advanced Joinery
Build a craftsman style picture frame while learning to use woodworking hand tools. This workshop will introduce you to drawbore mortise and tenon joinery. Hand-Cut Dovetails class is a prerequisite to this class. All hand tools will be provided for this course, but feel free to bring your own, if you like. ($15 material fee payable to instructor.)
Instructor: Matt Zimbelman

$45			The Third Place
HOME559A	1Th	10/18	5-8PM
HOME559B	1W	11/14	5-8PM

Introduction To Digital Scrapbooking
Learn how to make the most of your scrapbooking talents and artistic ideas when you combine digital and traditional scrapbooking techniques. Starting with simple projects, you'll quickly learn how to build pages, use artistic journaling, and produce sophisticated illusions.

ED2GO	$95	ONLINE

Professional Approach to Basic Cooking!

Join Chef Paul Luttmann or Chef John Noel Gilbertson for an evening of cooking and learning the basics. ***All classes are hands-on instruction.*** Sign up for each class separately. ($12 supply fee payable to instructor)

$35 6-8PM CTE- B101/B102

"Hands-on" Cooking with Chef John

Cooking 101: Vegetables
Blanching, boiling, cutting, and poaching
PERS975 1Th 9/13

Cooking 102:
Meats & Accompaniments
Sautéing, roasting, and braising of meats and accompaniments.
PERS976 1Th 9/27

Turkey: A study in American cuisine
Discuss selecting a turkey as well as roasting and dressing a great bird. Learn to prepare accompaniments and sides for this uniquely American feast!
PERS977 1W 11/14

"Hands-on" Cooking with Chef Paul

Egg Cookery
Eggs benedict, French rolled omelet, and an Italian frittata.
PERS974 1W 9/5

Chicken!
We will cover trussing, seasoning, and serving of a whole chicken. Learn the professional way of butchering a chicken.
PERS967 1W 10/10

Pizza and Beyond
Rustic pizza along with a calzone and bread sticks.
PERS970 1W 11/7

Indian Cooking:
Butter Chicken & Safron Rice
Are you looking to spice up your life or at least your food? Experience the ethnic art of making a traditional Indian recipe. The spices may bite you, but the experience will keep you warm-hearted. Most recipes have exact measurements, but sometimes the greatest things in life come with no measurements! Observe instructors Rani Samuel and Mary Chekuri create an Indian recipe for your enjoyment to eat. ($15 supply fee payable to instructor)
Instructors: Rani Samuel, Mary Chekuri
$15 CTE- B101/B102
PERS963A 1Th 10/18 6-8PM
PERS963B 1Th 11/29 6-8PM

Olive Oil Appreciation
You've heard of the many health benefits of olive oil and the Mediterranean diet. Explore how to incorporate these olive oils into your food planning to enhance the flavor of your meal preparations. Be prepared to have all of your senses delighted as you sample varietals of some fused and infused oils. Also, pairings with various balsamic vinegars will be discussed and sampled.
Instructor: Sandra Reynolds
$15 Olive Destination
PERS201A 1Th 9/13 6:30-7:30PM
PERS201B 1Th 10/11 6:30-7:30PM
PERS201C 1Th 11/15 6:30-7:30PM

Decorating Your Mantle
Discover unique and creative ways to decorate the hearth of your home. Enjoy a glass of spiced cider while Michele demonstrates how to accessorize for the warmth of autumn and the colors of the holiday season.
Instructor: Michele Engelhart
$29 Traditions
HOME561 1M 9/10 6:30-8:30PM

Staging Your House for Sale
Are you considering selling your house? Before you put it on the market, before you meet with a real estate agent, learn how to stage it for sale. In selling your house, the goal is universal - sell it fast and for the most money possible. We will help you reach those goals.
Instructor: Michele Engelhart
$29 TBA
HOME562 1Th 10/25 6:30-8:30PM

Genealogy
Ready to begin tracking your family history? Get answers to basic questions on genealogy. Learn how to use family and public records, and discover research methods. Preserve your ancestry! ($5 material fee payable to instructor)
Instructor: Cheryl Squires
$29 IPC
PERS859 1T 9/18 6-8:30PM

Six Reasons for Taking a Course
1. Courses are for EVERYONE!
2. Learning is FUN!
3. To TRY something new.
4. Meet NEW people.
5. VARIETY!
6. EASY to Register.

Homeownership - Is it for You?
Buying your first home is a fun and exciting time in your life. Learn the process of purchasing your home and the different types of loans available. You will gain an understanding of what escrow, equity, and origination fees are all about.
Instructor: Kelli Gallagher
$19 IPC
HOME567A 2TTh 9/4 6-7:30PM
HOME567B 2TTh 10/16 6-7:30PM
HOME567C 2TTh 11/6 6-7:30PM

Used Car Buying 101
Are you thinking about buying a used car? Do you want to avoid buying a lemon? Before spending your hard earned money, consider spending 2 hours with an ASE certified master technician who will walk you through a "no tools needed" used car inspection. The instructor will discuss what to look for and what to avoid. Empower yourself with knowledge to help make a wise purchase. This course is designed for men and women with no mechanical background.
Instructor: Bob Hendrix
$29 IPC
HOME566A 1T 8/28 6-8PM
HOME566B 1T 9/13 6-8PM

Stocks, Bonds, and Investing: Oh My!
Learn how to make wise investment decisions so you have enough money to live comfortably through your retirement.
ED2GO $95 ONLINE

Real Estate Investing
Have you ever heard the old saying, "Buy low, sell high?" News stories about the softening real estate market might scare away some novice investors. Experienced investors, however, recognize weak markets as opportunities to pick up bargains.
ED2GO $95 ONLINE

Real Estate Investing II:
Financing Your Property
Discover the tools professional investors use to crunch numbers and analyze potential deals, and learn how to make better decisions with sophisticated, yet easy-to-use worksheets for doing your own financial analysis.
ED2GO $95 ONLINE

Facebook For Beginners
Are your friends and family always talking about what they read on Facebook? Join the bandwagon! With 800 million active users, you do not want to miss out on this technology designed to make sharing information with people as easy as a click. This class focuses on what to do after you have signed up for Facebook. Your Facebook user profile must be created prior to class.
Instructor: Erin Mangen
$29 IPC

COMP151A	1T	9/11	6-8PM
COMP151B	1T	9/25	6-8PM
COMP151C	1Th	10/11	6-8PM

Getting Started With iPad
Come to this workshop to discover and explore iPad basics - from settings to customizing your backgrounds, purchasing apps, creating folders, multitasking, surfing the web, email, and even printing.
Instructors: Marta Hoffman, Ginny Gustad
$25 Camille's Sidewalk Café

COMP161A	1M	10/01	6-8PM
COMP161B	1M	10/22	6-8PM

Going Further with iPad
You've mastered the basics of iPad, and now you're ready for more. Find out about all of the built-in apps such as the camera, iPhoto, how to manage photos to make a slide show, how to get the pictures on your iPad to your computer, Notes, Messaging, the benefits of iCloud when using multiple devices, Facetime, etc.
Instructors: Marta Hoffman, Ginny Gustad
$25 Camille's Sidewalk Cafe

COMP162A	1M	9/24	6-8PM
COMP162B	1M	10/29	6-8PM

Facebook Marketing
Over 55% of South Dakotans are on Facebook. If you are a business, you must learn how to effectively use Facebook. This course will teach to:

- Create a Facebook page and effectively promote your business on it
- Increase your Facebook visibility organically and with ads
- Sell products from your Facebook page
- Understand the future of Facebook and social media

Your Facebook page will be so smokin' after this seminar, you'll want to 'like' it yourself!
DIGSANDBOX.COM/SFSD
$79 ONLINE

How-to of Twitter and YouTube
Sharing ideas and feedback has never been easier thanks to Twitter and YouTube. Customers can provide instant praise or criticism online and business can provide customer service and market with these viral tools. Knowing how to use these tools is essential to grow your business and brand online. In this course, learn to:

- Join and use Twitter and YouTube
- Monitor for people talking about your business online
- Use words, images and schedules that maximize your online efforts
- Create viral hits on YouTube with recommended techniques and equipment

Effectively use two of the largest online platforms to market and monitor your brand in this #dynamic world.
DIGSANDBOX.COM/SFSD
$79 ONLINE

Social Media 101
This course introduces the concepts of digital and social media and explains how it can be used for marketing. The course begins with a look at how technology has changed marketing and what it means for businesses. Then we take a look at individual networks and tools to measure their effectiveness. Finally, we look at specific industries and how to create an effective digital marketing and content strategy for them.
DIGSANDBOX.COM/SFSD
$79 ONLINE

Analytics for Businesses

Analytics measure the return on investment of your online efforts. Knowing how to interpret and use analytics will shorten the sales cycle, improve your website and enable you to focus on the tools and techniques that work, saving time and money online. In this course, learn to:

- Setup analytics on your website for free
- Interpret the most important metrics on your analytics and how to make business changes based on the data
- Create goals and funnels to measure how many visitors to your site convert into leads and sales
- Calculate the value ads, social media and email marketing provide for your business

With the proper use of analytics, you will know exactly when, where, what, how, and with a little bit of critical thinking, even why users click on something online. Sign up to realize the return on your online investment.

DIGSANDBOX.COM/SFSD

$79 ONLINE

B2B Marketing with LinkedIn

The average LinkedIn user earns over $109,000 a year and the decision-makers you need to meet for your business to business marketing efforts are on LinkedIn. This course helps you turn LinkedIn into a lead generation tool for high valued B2B contacts. Specifically, learn:

- Five ways to optimize your LinkedIn profile
- How to connect with everyone in your address book and your target customers
- Three ways to gain insight on companies or individuals you want to work with
- How to connect LinkedIn to your sales process both online and offline

LinkedIn is the most important network for B2B marketing. Take this course to uncover a gold mine of leads and sales.

DIGSANDBOX.COM/SFSD

$79 ONLINE

Creating Web Pages

Learn the basics of HTML to design, create, and post your own site on the Web.

ED2GO $95 ONLINE

Marketing with Pinterest

Pinterest is the fastest growing social media site of 2012 attracting large numbers of females between 18-40. Websites have seen more traffic from Pinterest than LinkedIn, Google+ and YouTube combined! In this course learn:

- What Pinterest is and how to create an account for personal or business use
- How to create attractive "pins" that will increase traffic and visibility of your products or services
- Why the "Interest Graph" that Pinterest uses is the future of social media and a concept everyone should learn to harness
- Secret ways to earn money and generate leads by editing Pinterest links

Learning about Pinterest now will help you stay ahead of the curve and stand out online. Sign up to start "pinning" today!

DIGSANDBOX.COM/SFSD

$79 ONLINE

3 Steps to Getting Started Online

You already know that you should be online, but where and how do you get started? This course outlines the three things every person or business needs to do to get started online, including:

- How to create a professional website for less than $100
- Three ways to create and improve your Google Places entry (that pin on the map) when people search for you online
- Why you need an email list and how to begin creating one automatically

This course is a perfect primer for anyone interested in learning how to get started online. Begin your online experience with this tutorial course.

DIGSANDBOX.COM/SFSD

$79 ONLINE

LOOKING FOR MORE CLASSES? Check out our complete selection of ONLINE classes offered through ED2Go, UGotClass, and DigSandbox on the Community Education website. Hundreds of class options available. Go to www.sf.k12.sd.us for more information.

Introduction to Photoshop CS5
Learn how to use Adobe Photoshop CS5, the world's best graphics program, to edit and process photos and create original images.
ED2GO $95 ONLINE

Intermediate Photoshop CS5
Take your Adobe Photoshop CS5 skills to the next level by mastering layers, layer masks, Smart Objects, and other advanced features that let you re-edit images easily long after you create them.
ED2GO $95 ONLINE

Introduction to InDesign CS5
Learn how to use Adobe InDesign CS5 software to design and produce professional-quality letterhead, brochures, business cards, and more.
ED2GO $95 ONLINE

Intermediate InDesign CS5
Master the advanced features of Adobe InDesign CS5 and get hands-on practice in creating professional-quality documents.
ED2GO $95 ONLINE

Introduction to Illustrator CS5
Learn to create vector graphics and add amazing effects using Adobe Illustrator CS5.
ED2GO $95 ONLINE

Introduction to Dreamweaver CS5
Learn to use Adobe Dreamweaver CS5 to design, create, and maintain user-friendly Web sites full of professional-quality Web pages.
ED2GO $95 ONLINE

Intermediate Dreamweaver CS5
Take your web design skills to new heights as you master advanced Adobe Dreamweaver CS5 techniques.
ED2GO $95 ONLINE

Introduction to Flash CS5
Learn how to use Adobe Flash CS5 to create engaging Web sites, Flash movies, animation, and interactive applications.
ED2GO $95 ONLINE

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Introduction to Microsoft Outlook 2010
Take control over your meetings, emails, and to-do lists by mastering the essentials of Microsoft Outlook 2010.
ED2GO $95 ONLINE

Introduction to Microsoft Word 2010
Learn how to create and modify documents using Microsoft Word 2010, the world's most popular word processing program.
ED2GO $95 ONLINE

Intermediate Microsoft Word 2010
Master the more advanced features of Microsoft Word 2010 and learn how to create an index, build a list of figures, design a table of contents, do desktop publishing, perform a mail merge, and use timesaving shortcuts.
ED2GO $95 ONLINE

Introduction to Microsoft Excel 2010
Become proficient in using Microsoft Excel 2010 and discover dozens of shortcuts and tricks for setting up fully formatted worksheets quickly and efficiently.
ED2GO $95 ONLINE

Intermediate Microsoft Excel 2010
Take your Microsoft Excel 2010 skills to the next level as you master charts, PivotTables, Slicers, Sparklines, and other advanced Excel features.
ED2GO $95 ONLINE

Introduction to Microsoft PowerPoint 2010
Use Microsoft PowerPoint 2010 to create exciting slide presentations that include SmartArt, multimedia, animation, sound, charts, clip art, and hyperlinks.
ED2GO $95 ONLINE

Introduction to QuickBooks 2011
Learn how to quickly and efficiently gain control over the financial aspects of your business.
ED2GO $95 ONLINE

Performing Payroll in QuickBooks 2011
Learn to use QuickBooks 2010 to create paychecks, pay tax liabilities, and produce dazzling payroll reports.
ED2GO $95 ONLINE

Envision a team based work environment that *inspires*, empowers, and fosters *new ideas*. A workplace that cultivates innovation and achievements.

Grow your team with us through team building activities and skills advancement classes. To inquire about our opportunites please call Marcia at Community Education **(605) 367.7606**

Creating a Successful Business Plan
Turn your business ideas into a solid plan for financing and long-term success.
ED2GO $95 ONLINE

Effective Selling
Learn the secret to converting a potential customer into a long-term asset. Find out how to lay the groundwork for repeat business and your future success.
ED2GO $95 ONLINE

Fundamentals of Supervision and Management
Learn the people skills required to motivate and delegate, and learn tools for solving problems and resolving conflicts
ED2GO $95 ONLINE

Achieving Success with Difficult People
Learn how to have more successful relationships with difficult bosses, co-workers, students, neighbors, or relatives.
ED2GO $95 ONLINE

Going Green at the Workplace
Learn cost-effective ways to position your business as a responsible environmental leader in a world of green consumers and carbon-conscious regulators.
ED2GO $95 ONLINE

Introduction to Business Analysis
Learn powerful techniques to improve your decision-making skills at work.
ED2GO $95 ONLINE

Accounting Fundamentals
Gain a marketable new skill by learning the basics of double-entry bookkeeping, financial reporting, and more.
ED2GO $95 ONLINE

Writing Essentials
Master the essentials of writing so you can excel at business communications, express yourself clearly online, and take your creative literary talents to a new level.
ED2GO $95 ONLINE

Interpersonal Communication
Become aware of the conscious and unconscious codes of meaning we send when communicating with others.
ED2GO $95 ONLINE

Keys to Effective Communication
Lost for words? Don't be! Learn to build rapport, trust, warmth, and respect through conversation.
ED2GO $95 ONLINE

Individual Excellence
Master twelve career-enhancing skills including goal setting, time management, personal organization, and creativity.
ED2GO $95 ONLINE

Computer Skills For The Workplace
Gain a working knowledge of the computer skills you'll need to succeed in today's job market.
ED2GO $95 ONLINE

Spanish for Beginners
Have you always wanted to learn a foreign language? Introductory Spanish teaches the fundamental skills and conversational patterns that encourage the basic elements of the Spanish language. Learn some fun Spanish phrases.
Instructor: Caroline Tipton
$55 IPC
COMM601 6T 9/4 6:30-8PM

Onward with Spanish
This course is a sequel in learning the Spanish language. Basic conversation is enhanced by some situational dialogues. Continue to build and expand your new skills. Practice the new phrases and sentences.
Instructor: Caroline Tipton
$55 IPC
COMM602 6T 10/16 6:30-8PM

Spanish for Medical Professionals
Learn medical Spanish quickly and easily, honing your basic conversational skills and mastering key healthcare words and phrases.
ED2GO $95 ONLINE

Spanish for Law Enforcement
Master the fundamentals of the Spanish language by practicing basic conversational skills and learning essential Spanish terminology for law enforcement situations.
ED2GO $95 ONLINE

Hablas español?

Italy is for Real: The Art, Food & Views
Join native Italian Luca Papini to experience the relationship between the taste of food and the traditions of Italy. Different cultures create different types of food. Come and enjoy Italy's history while you sample some great food. (Tasting fee: $10 payable to instructor)
Instructor: Luca Papini
$15 IPC
PERS964 1F 10/12 6:30-8PM

Instant Italian
Learn Italian from the comfort of your home in this fun and enjoyable online course.
ED2GO $95 ONLINE

Beginning Conversational French
Discover how easy it can be to learn common words and phrases for both leisure and business.
ED2GO $95 ONLINE

Conversational Japanese
Whether you want to learn conversational Japanese for travel or just for fun, you'll find this course makes it easy and enjoyable for beginners to master the essentials of the Japanese language.
ED2GO $95 ONLINE

Grammar for ESL
If English is your second language and you're headed to college, this course will teach you the principles of grammar and structure you'll need to succeed.
ED2GO $95 ONLINE

Heartsaver® First Aid with Adult/ Child/Infant CPR and AED
This course trains in basic First Aid, Adult/ Child/Infant CPR, and AED skills and is designed to meet OSHA requirements. (This class is not the required CPR training needed for nursing students, physicians or EMS.) ($25 material fee payable to instructor includes AHA 2 year certification and student manual)
Instructor: Mary Houska
$59 IPC
HETH597 1F 11/16 8AM-2PM

Heartsaver® First Aid with Adult CPR and AED
Heartsaver® First Aid with Adult CPR and AED (also known as workplace training). This classroom course trains in basic First Aid, Adult CPR, and AED skills and is designed to meet OSHA requirements. This does not teach child or infant CPR. ($25 material fee payable to instructor includes AHA 2 year certification and student manual).
Instructor: Mary Houska
$49 IPC
HETH611 1F 9/14 4:30-8:30PM

Healthcare Provider Full Course
The Basic Life Support (BLS) for healthcare providers classroom course is designed to provide a wide variety of healthcare professionals the ability to recognize several life-threatening emergencies, provide CPR, use an AED, and relieve choking in a safe, timely, and effective manner. ($20 material fee payable to instructor includes AHA 2 year certification and student manual)
Instructor: Mary Houska
$49 IPC
HETH497 1F 9/14 12N-4PM

Handling Medical Emergencies
What would you do if a member of your family suffered a medical emergency? You could certainly call for trained emergency medical responders, but what would you do while you're waiting for them to arrive? Every second counts during a medical emergency. Recognizing the early signs and symptoms of common medical conditions and providing appropriate treatment can mean a better outcome for the patient.
ED2GO $95 ONLINE

Healthcare Provider CPR Renewal
Adult, Infant and Child CPR and AED renewal for healthcare providers who have previously been certified in CPR. Review a video presentation on skills, demonstrate CPR and AED skills, and take a written test. New standards will be taught. ($6 material fee payable to instructor - includes 2 year AHA certification)
Instructor: Mary Houska
$35 IPC
HETH481 1Th 10/25 12-2:30PM

Adult, Infant, and Child CPR with AED
This American Heart Association course, intended for the public, covers CPR for victims of all ages, relief of foreign body airway obstruction, signs of heart attack and stroke, and using an automated external defibrillator (AED). ($18 material fee payable to instructor includes 2 year certification)
Instructor: Mary Houska
$39 IPC
HETH460 1Th 10/25 5-8PM

Assisting Aging Parents
Are your parents in their golden years? Be prepared to handle the challenges you and your parents will face in the coming years, while learning to cherish the transition.
ED2GO $95 ONLINE

Long-Term Care Partnership Program: What Is It and Why Is It Important?
Attend South Dakota's Long-Term Care Partnership Program to learn about long-term care, related costs, what Medicare and Medicaid cover, and how the Long-Term Care Partnership Program can help. This public-private partnership is a program offering people quality, affordable long-term care insurance and a way to receive needed care without depleting their assets. Department of Social Services offers information and answers questions without endorsing any specific company or product.
Instructor: Kathi Skoglund
$15 IPC
HETH592 1M 10/1 7-8PM

Blood Borne Pathogen
The Heartsaver Bloodborne Pathogens Course is designed to meet Occupational Safety and Health Administration (OSHA) requirements for bloodborne pathogens training when paired with site-specific instruction. The training is for anyone with a reasonable chance for occupational exposure to bloodborne pathogens. Learn how to protect yourself from BBP. Understand the PACT acronym (Protect, Act, Clean, Tell) and slogan, "Make a PACT, Know How to Act."
Instructor: Mary Houska
$25 IPC
HETH607 1Th 10/25 2:30-4PM

HIPAA Compliance
Are you a health care professional or considering a career in the health care industry? Do you provide products or services to a health care organization? If the answer to either of these questions is yes, then it's mandatory that you understand the requirements of HIPAA, ARRA, and HITECH compliance. This groundbreaking legislation requires all health care professionals to take careful steps to protect private information. But what exactly does HIPAA, ARRA, and HITECH require? In this course, we'll demystify the compliance process.
ED2GO $95 ONLINE

Medical Coding
Take your first step toward a lucrative career as a medical coder! In this course, you'll learn how to use the CPT manual and the ICD-9-CM to find medical codes for any disease, condition, treatment, or surgical procedure. This knowledge will help prepare you to work almost anywhere in the medical field—doctors' offices, clinics, public health facilities, hospitals, labs, nursing homes, insurance agencies, or even the comfort of your own home.
ED2GO $95 ONLINE

Medical Transcription
Learn how to transcribe the most common medical reports used in both inpatient and outpatient settings. We'll review a lot of the grammar you might have forgotten since high school and apply it to the reports. This knowledge will help prepare you to work almost anywhere in the medical field. With this foundation, you'll be set to advance your education so you can work as a subcontractor for a company that outsources transcription, or you can eventually even take on your own clients—all from the comfort of your own home.
ED2GO $95 ONLINE

Medical Math
Master the math skills you need to succeed in the medical field. Gain the medical math skills you need for anything from calculating dosages to using scientific formulas.
ED2GO $95 ONLINE

Beginning Fencing
Explore the basics of modern foil fencing for the beginner. The equipment will be provided to start you out on this fast-paced and exciting sport. Fencing is a great exercise that builds both mind and body. This is the reason it is called "Physical Chess." Swords, masks, and jackets are on hand for a variety of sizes. Wear comfortable workout clothes. Bring a leather glove for your primary hand and a bottle of water as you will work up a sweat! No experience necessary. (Ages 14 and up)
Instructor: Brian Downs

$49			YMCA Rysdon Gym
HETH424	6Th	10/4	7-8:30PM

Beginners Bellydancing
Whether you want to shimmy like Shakira or just learn some of the beautiful movements of this ancient form of dance, this is the fun fitness class for you. Gentle, low-impact movements strengthen and tone your core muscles and more.
Instructor: Liquid Hip Therapy

$39			DANCE
HETH437A	4Su	9/9	5-5:50PM
HETH437B	4W	10/3	6:30-7:20PM
HETH437C	4Su	10/28	5-5:50PM

Basics of Self Defense
Develop the basic skills to defend yourself in the face of an unavoidable physical attack. You will weave elements of defensive tactics, kickboxing, and hapkido into a functional and adaptable model for self defense. Adults only.
Instructor: Joe Willis

$45			SD Combatives 101
HETH442	12TTh	8/28	6-7PM

Tae Kwon Do - Beginning
Have you always wanted to learn the basic techniques and traditions of Tae Kwon Do? Tae Kwon Do benefits both the body and the mind. Experience self-defense, discipline, confidence, and respect for others. Ages 5 and up.
Instructor: Troy Vink

$99			Joe Foss
Beginning			
HETH405	20TTh	8/28	5:45-6:45PM
Advanced			
HETH406	20TTh	8/28	6:45-7:45PM

Kickboxing
Great program for beginners and serious fighters alike! Our Kickboxing program is broken into three groups; No Contact, Light Contact, and Full Contact. This class gets incredible results with a step up from CardioKickboxing or TaeBo. (Gloves $30) Adults only.
Instructor: Joe Willis

$45			SD Combatives 101
HETH514A	12MW	8/27	6-7PM
HETH514B	12TTh	8/28	7-8PM
HETH514C	12MW	10/22	6-7PM
HETH514D	12TTh	10/23	7-8PM

Olive Oil Appreciation
You've heard of the many health benefits of olive oil and the Mediterranean diet. Explore how to incorporate these olive oils into your food planning to enhance the flavor of your meal preparations. Be prepared to have all of your senses delighted as you sample varietals of some fused and infused oils. Also, pairings with various balsamic vinegars will be discussed and sampled.
Instructor: Sandra Reynolds

$15			Olive Destination
PERS201A	1Th	9/13	6:30-7:30PM
PERS201B	1Th	10/11	6:30-7:30PM
PERS201C	1Th	11/15	6:30-7:30PM

Zumba® Gold

Join the dance party! Zumba® is a fun and exciting way to exercise using Latin dance rhythms like salsa. Zumba®Gold is done at a lower intensity for the active older adult or the true beginner who is not used to exercising. Zumba® is based on interval training - fast music alternates with slow - so you burn calories while keeping your heart rate up.
Instructor: Ahva Halma

$29			DANCE
HETH580A	3W	9/12	5:30-6:20PM
HETH580B	3F	9/14	5:30-6:20PM
HETH580C	3F	10/5	5:30-6:20PM

Pilates

Presented in its purest and most classic form, Pilates mat class is perfect for those needing an exercise regime that is low impact, yet effective. Increase body awareness and flexibility while strengthening and toning the core. Exercises can be modified to accommodate all ages, abilities, and fitness levels. Please bring an exercise mat and wear clothing that allows freedom of movement.
Instructor: Rebecca Hansen

$39			DANCE
HETH483	4W	10/3	11-11:50AM

Yoga

Restore, refresh, and re-energize yourself through this dynamic, low-impact workout. Yoga emphasizes mind/body well-being and muscle toning to promote total balance and fitness. No previous dance or yoga experience necessary.
Instructor: Ahva Halma

$29			DANCE
HETH487A	3F	9/14	4:30-5:20PM
HETH487B	3F	10/5	4:30-5:20PM

Beginner Jitterbug

This is the dance to know - you can dance to rock, country, and contemporary popular music! Start with the basic footwork and then learn the fun turns that make this the need-to-know swing dance. Also includes admission to one Friday night practice dance during the same month. Individuals and couples.
Instructor: DANCE

$45			DANCE
HETH555A	4W	9/05	7:30-8:20PM
HETH555B	4Th	9/06	6:30-7:20PM
HETH555C	4M	10/8	6:30-7:20PM
HETH555D	4F	11/2	6:30-7:20PM

Beginner Social Dance: Wedding & Event Survival

Start dancing today! Get ready for a special event or just have more fun in life. You will get lots of review and repetition of steps and turns so you'll remember what you learn and look good dancing! Also includes admission to one Friday night practice dance during the same month. Individuals and couples welcome.
Instructor: DANCE

$45			DANCE
HETH576A	4F	9/07	6:30-7:20PM
HETH576B	4F	10/5	6:30-7:20PM
HETH576C	4M	11/5	8:30-9:20PM

Thriller Dance Class

Experience the classic dance moves from Michael Jackson's music video "Thriller." Learn cool dance steps adapted from Michael Peter's and Michael Jackson's award-winning choreography. There will be opportunities to perform the piece in costume.
Instructor: Lisa Myhre

$39			DANCE
HETH594A	4Th	9/6	7:30-8:20PM
HETH594B	4M	9/10	8:30-9:20PM

In an effort to provide a safe, respectful educational environment, the District prohibits discrimination in its policies, employment practices and programs on the basis of race, color, creed, religion, age, gender, sexual orientation, disability, national origin or ancestry. In addition, the District shall not discriminate in the opportunities for students on the basis of parental status, marital status, or pregnancy, nor shall such students be excluded from any program or activity, including any class or any extra curricular activity. Prohibited acts of discrimination include racial, sexual, ethnic or other types of slurs, insults, intimidation, harassment and other conduct directed toward another person in accordance with Title II of the Americans with Disabilities Act of 1990 and Section 504 of the Rehabilitation Act of 1973 (discrimination based on disability); Title VI of the Civil Rights Act of 1964 (discrimination based on national origin or race); Title IX of the Education Amendments of 1972 (discrimination based on gender); and the Age Discrimination Act of 1975 (discrimination based on age).

Individuals with concerns or inquiries about discrimination are encouraged to attempt to resolve the grievance informally by working with the administrator most directly involved in the situation. If resolution is not achieved, the following persons have been designated to handle inquiries and formal complaints regarding the application of non-discrimination policies:

Assistant Superintendent, 201 East 38th Street, Sioux Falls, SD 57105-5898, (605) 367-7816.

Section 504 (discrimination based on disability): Supervisor-Health Services, 201 East 38th Street, Sioux Falls, SD 57105-5898, (605) 367-7933.

Policy and Regulation AC and AC-R (Foundations and Basic Commitments), which outline specific policy and grievance procedures, can be found on the Sioux Falls School District web site at www.sf.k12.sd.us or can be obtained from any school facility office.

In the event resolution of discrimination issues has not been addressed by the District, inquiries may be referred to the Kansas City Office, Office for Civil Rights, US Department of Education, 8930 Ward Parkway, Suite 2037, Kansas City, MO 64114-3302, Phone: (816) 268-0550, TDD: (877) 521-2172, FAX: (816) 823-1404, email OCR.KansasCity@ed.gov.

For Relay services for the hearing impaired: dial 711, then the desired number.

Create a special memory with your family!

Princess Ball for Fathers & Daughters
Dads, create a special memory with your favorite princess! Dress up for a fun evening together learning simple dance steps and then taking them to the dance floor. Grandfathers, uncles, adult brothers, and godfathers are also welcome to bring their favorite princess. Light refreshments.
Instructor: Lisa Myhre

$19				DANCE
PC107A	1Sa	11/3	6:45-8:30PM	
PC107B	1Sa	11/10	6:45-8:30PM	

Mother/Son and Father/Daughter Dance
Create a special memory with your child, grandchild, niece, or nephew. Dress up for a fun evening together learning simple partnered dance steps and then taking them to the dance floor. Also learn group and party dances popular at weddings and events. Light refreshments.
Instructor: Lisa Myhre

PC116	$19		DANCE
1Sa	11/17		6:45-8:30PM

NO SCHOOL?
Check out our Day Camps!

Do you need a place for your child
when school is not in session?
Call 367.4424
for more information
Kids Inc, After School Enrichment Program

Sioux Falls School District

Dance Sampler
Let your child experience ballet, hip hop, jazz, AND tap! Your child will discover the grace of ballet, what makes Hip Hop "hip", why jazz is cool, and the fun of making rhythmic noise with feet. Dancewear preferred, but not required. Alternatively, clothing that allows freedom of movement may be worn, along with stocking feet. A limited supply of tap shoes will be available for use. Instructor: Rebecca Hansen

Dance Sampler I (ages 5-8)
$39 DANCE
Y142A 4F 10/26 4:45-5:30PM

Dance Sampler II (ages 9-12)
$44 DANCE
Y142B 4F 10/26 3:45-4:45PM

Moms and Tots
Spend quality time together in this fun interactive class for both Mom (or Dad or Grandparent) and child age 12-35 months. Using music and props, experience the joy of helping to develop your child's motor skills, coordination, and musicality in a fun and creative way! Great fun and exercise for both child and adult. Participants should wear clothing that allows freedom of movement. (Child should be walking.) Instructor: Rebecca Hansen
PC101 $35 DANCE
4W 10/3 10:30-11AM

Dance Fundamentals - Preschool
The best class for introducing children ages 3-5 to the wonderful world of dance! Children will learn disciplined fundamental dance movements and concepts, while a positive foundation is set for appreciating and enjoying the art of dance. Dancewear preferred, but not required. Alternatively, modest clothing that allows freedom of movement may be worn along with stocking feet. Note: This class intended for preschool age children and 5 year olds that are not in Kindergarten yet. Instructor: Rebecca Hansen
$35 DANCE
Y129 4Sa 10/6 9-9:30AM

Tae Kwon Do - Beginning
Have you always wanted to learn the basic techniques and traditions of Tae Kwon Do? Tae Kwon Do benefits both the body and the mind. Experience self-defense, discipline, confidence, and respect for others. Ages 5 and up. Instructor: Troy Vink
$99 Joe Foss
Beginning
HETH405 20TTh 8/28 5:45-6:45PM
Advanced
HETH406 20TTh 8/28 6:45-7:45PM

GED Preparation
Want to pass the GED? This course will help you develop the skills you'll need to succeed.
ED2GO $95 ONLINE

Driver Education
High School Students! It is time to take a driver education class. Receive 30 hours of classroom instruction, 6 hours behind the wheel training and 6 hours of observation. Students will be scheduled for the driving phase when they have successfully completed all 30 hours of classroom instruction or when they have their instructional permit. All tests will be completed to get your instruction permit. This course will be taught by a certified driver education instructor. ***Must be 14 years old before start date.*** Limited spots available.

IN-DISTRICT $309
(Students currently enrolled in Sioux Falls School District 49-5)

OUT-OF-DISTRICT $349
(Students NOT currently enrolled in Sioux Falls School District 49-5)

DRIVER EDUCATION SPOTS FILL QUICKLY!
Check out our website for current classes and to register online today!
www.sf.k12.sd.us

ACT Preparation Course
Attention high school juniors and seniors! Attend this class to develop the skills necessary to improve ACT scores. In addition to the verbal and mathematics preparation, the course emphasizes test-taking strategies. Be better prepared for your ACT test!
$149 5-8PM
TEEN802A-RHS 6T 9/11
TEEN802B-LHS 6T 10/30
TEEN802C-WHS 6T 10/30

SAT/ACT Preparation - Part 1
Making the decision to attend college is probably one of the most important decisions you'll ever make, and your performance on college entrance exams is instrumental in determining your college choice. Universities and colleges throughout the U.S. require applicants to take the SAT or ACT as part of their evaluation package. This course will prepare you for both tests. Master the reading, writing, English, and science questions on the ACT and new SAT.
ED2GO $95 ONLINE

SAT/ACT Preparation - Part 2
Master the math questions on the ACT and new SAT. The ACT math tests your knowledge of arithmetic, algebra, geometry, trigonometry, and basic statistics. This course provides you with a complete math review of all these subjects. In addition to reviewing arithmetic, algebra, geometry, and basic statistics, we'll cover functions and other algebra II subjects now tested on the SAT.
ED2GO $95 ONLINE

Supersitters! Babysitting Smarts
What does it take to be a "supersitter?" If you are between the ages of 11-15, experience hands-on basic care techniques for infants and children, playtime, feeding, and bedtime tactics. Special topics include emergencies, injury prevention, and first aid care including child CPR. Keep the kids you care for safe! ($15 book fee payable to instructor)
Instructor: Mary Houska
$39 IPC
TEEN803 1Sa 10/6 9AM-3PM

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Click on the Community Education/Online Learning Link

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REGISTRATION GUIDELINES:

REGISTERING - Classes fill on a first-come, first-served basis. Payment is due at time of registration.

CLASS CANCELLATIONS:
Community Education reserves the right to cancel class due to insufficient enrollment. Refunds or class credit are given if Community Education cancels the class.

EMERGENCY/SEVERE WEATHER CANCELLATIONS:
In questionable weather conditions, listen for class cancellations on local radio and television stations. When school is cancelled, Community Education classes are cancelled. Participants will not be called individually. Cancelled sessions will be rescheduled.

UNABLE TO ATTEND?
Driver Education Policy: If you are unable to attend class as planned, you must call the Community Education office at least 72 business hours prior to your first class meeting. Driver Education charges a $50 non-refundable cancellation fee.

Community Education Class Policy: If you are unable to attend a class as planned, you must call the Community Education office at least 72 business hours prior to your first class meeting (four weeks notice for trips). With 72 hours notice, we will be happy to transfer you to another available class or apply a full class credit to your Community Education account to use towards another class.

*Class credits expire after one year and cannot be redeemed for cash.

CLASS LOCATION GUIDE:

SCHOOLS/COMMUNITY CENTERS:

CTE	Career and Technical Education Academy	4700 W Career Cir
IPC	Instructional Planning Center	201 E 38th St
Joe Foss	Joe Foss School	1200 E 3rd St
LHS	Lincoln High School	2900 S Cliff Ave
RHS	Roosevelt High School	6600 W 41st St
WHS	Washington High School	501 N Sycamore Ave

BUSINESSES:

Case School of Music	120 W 11th St
Camille's Sidewalk Cafe	1216 W 41st St
DANCE Ballroom & Studio (DANCE)	1200 E 57th St
Olive Destination	5023 S Louise Ave
SD Combatives 101	3900 W 12th St
The Bead Company	319 S Phillips Ave
The Third Place	3201 S Prairie Ave
Traditions	320 S Phillips Ave
YMCA - Rysdon Gym	230 S Minnesota Ave

HOW TO REGISTER:

ONLINE

Go to www.sf.k12.sd.us and click on the Community Education link. All online classes must be registered for on our website.

PHONE

605.367.7999 8AM TO 4:30PM (VISA OR MC)

MAIL

Mail your registration form with check or money order to:
Community Education: 201 E 38th Street Sioux Falls, SD 57105

READING THE COURSE CATALOG:

Digital SLR Photography for Beginners — **Course Title**

You have a new camera – now what? Become familiar with the different features and settings available on your camera. Understand file formats, workflow, and basic composition. (hands-on with your camera) — **Course Description**

Instructor: Casey LaBue

$79 — **Price**

IPC — **Location**

PERS939A 2T 10/2 6-8PM — **Time**

Course Code

Course Start Date

Number of Times Course Meets

----------(Please detach and return with payment)----------

13F REGISTRATION FORM

1. Name _____

Street _____

City _____ **Zip** _____ **Birthdate** _____

Telephone-Day _____ **Night** _____

Email address _____

**** Email address required to receive payment receipt and important class information. ****

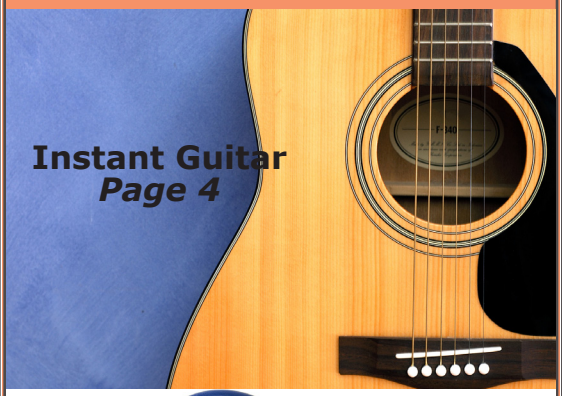
2. Class code	Title	Fee
Material fees are payable to instructor at 1st class.	Total Tuition	

3. Payment Options:

[ ] Check/Money Order (payable to Community Education)

DRIVER EDUCATION REFUND POLICY: Students will not be excused for family vacations, camps or extracurricular activities. To cancel you will be charged a $50 non-refundable cancellation fee.
COMMUNITY EDUCATION REFUND POLICY: With 72 hours notice, (4 weeks notice for trips) we will be happy to transfer you to another available class or apply a full class credit to your Community Education account to use towards another class.
Class credits expire after one year and cannot be redeemed for cash.
****No refunds/credit given if you fail to attend class.****

Featured Classes



Instant Guitar
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