

Sioux Falls School District 49-5

Community Education

Stir Up Your Next...
Batch of Learning!

The Next Adventure Is You!



**JAN-MAY
2013
FREE**

Welcome!

to Community Education's Winter/Spring catalog of over 150 classes. We hope you will take time to explore this catalog. You will find many learning opportunities on every page.

Our mission is to improve community life and the lives of individuals by providing positive experiences and learning opportunities.

Embark on a learning journey, whether it's spending time with your children, mastering a new hobby, or developing new skills. Our instructors are eager to share their passions with you.

Don't see what you are looking for in this catalog? Try our online classes through Ed2Go or UGotClass. Online classes are a great way to continue learning in the comfort of your own home.

Make the commitment to expand your knowledge, grow a relationship, and take a Community Education class. Register today!



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* Denotes New Classes

Office Hours:
Monday through Friday, 8AM - 4:30PM
Closed on School District Holidays

201 East 38th Street
Sioux Falls, SD 57105
Phone: (605) 367.7999
www.sf.k12.sd.us

CE

COMMUNITY
EDUCATION

Do you have an idea for a class?

We would like to hear from you!

We are always looking for dynamic entrepreneurs, hobbyists, musicians, artists, business, crafts and trades people to share their talents. Please visit: www.sf.k12.sd.us to download an instructor application form.

COMMUNITY EDUCATION EXPERIENCES!



***From carpentry
to pottery -
Try your **HANDS**
at a new venue!***

***Line up your friends
and prompt your **FEET**
to a new beat!***



***Start 2013
with a new routine -
get your **BODY**
moving!***

Pottery



If you think working with clay to make functional and decorative projects sounds like fun, this course is for you! You'll have the opportunity to choose to hand-build, work on the potter's wheel, or a combination of both as you explore the creative possibilities of the ceramics process. All materials and equipment will be provided.

All experience levels are welcome.

Instructor: Dan Arjes

\$79

RHS

PERS501 6T 2/12 6:00-8:00PM

Creative Projects - Getting Funded



Need backers for funding your creative project? This class will give you an overview how to do that through technology and social media. Categories of projects can include artwork, comics, dance, design, fashion, film, food, games, music, photography, publishing, technology, and more! Bring your creative ideas with you! The first class will be an overview of technology, how to utilize it to find funding resources. The second class will be a discussion of your projects, your creative ideas, and the funding to go along with them.

Instructor: Leo Thiner

\$39

IPC

PERS502A 2M 3/4 & 3/18 6:30-8:30PM

PERS502B 2M 4/15 & 4/29 6:30-8:30PM

Instant Guitar One-Finger Magic

Have you always wanted to learn how to play guitar, but never got around to it? Learn to play full sounding, one-finger chords and play along to well-known songs. Students need to provide their own 6-string acoustic guitar (steel, not nylon) in good useable condition. (\$15 materials fee for special capo payable to instructor) No experience or ability to read music necessary.

Instructor: Jennifer Case

\$25

Case School of Music

PERS791A 1T 2/12 7:00-8:30PM

PERS791B 1T 3/26 7:00-8:30PM

Music Made Easy

Learn the fundamentals of music theory. Be able to read, write, and play simple music on a keyboard. Course will cover rhythm, melody, and harmony.

ED2GO

\$95

ONLINE

Be An iPad Artist! - Introduction



The iPad is a great way to unleash your creative energy. This course introduces you to a wide variety of apps for painting and drawing electronically with just your finger! Please bring your own iPad with "Paper" app loaded (FREE on iTunes).

Instructor: Kurt Holdorf

\$59

IPC

Youth

COMP164A 3T 1/29 6:30-8:30PM

COMP164B 3Th 1/31 6:30-8:30PM

Adult

COMP164C 3T 2/19 6:30-8:30PM

COMP164D 3Th 2/28 6:30-8:30PM

Be An iPad Artist! - Advanced



This course will show you how to create and print iPad art! This medium is so new and different, you will be amazed at what you can do. The first session will show you a wide variety of apps available and introduce you to 10 considerations of creativity. The remainder of the classes will be hands-on creation of at least one piece you will print and have the option to frame. Please bring your own iPad with "ArtStudio" app loaded (\$4.99 on iTunes). Framing will be available at an additional cost.

Instructor: Kurt Holdorf

\$119

IPC

COMP165 6T 3/26 6:30-8:30PM



DSLR Photography for Beginners

You have a new camera - now what? Become familiar with the different features and settings available on your camera. Understand file formats, workflow, and basic composition. Bring your DSLR camera (camera with interchangeable lens) and manual for this hands-on class. Instructor: Casey LaBue

\$79 IPC
PERS939 2W 2/13 6:00-8:00PM

Intermediate DSLR Photography

Intermediate photography expands on topics introduced in Digital Photography for Beginners. Take your camera off automatic settings and explore complete creative control over your camera. Topics include metering, exposure, aperture, shutter speed, ISO, and white balance. Bring your DSLR camera (camera with interchangeable lens) and manual for this hands-on class. Instructor: Casey LaBue

\$79 IPC
PERS940 2W 3/6 6:00-8:00PM

Photography On Location Shoot

Experience hands-on learning in this digital photography on location shoot. Designed for students to experiment, practice, and apply the concepts learned in DSLR Photography for Beginners, Intermediate DSLR Photography, or those who have equivalent knowledge. Students will explore Tuthill Park with their cameras, while having access to a photography instructor to answer any questions. This is a great class to learn and enjoy camaraderie with fellow photographers. Instructor: Casey LaBue

\$49 Tuthill Park
PERS956 1Sa 4/27 8:30-10:30AM

Travel Photography

Learn the tricks and techniques digital photographers need to capture scenes from around the world and bring them home.

ED2GO \$95 ONLINE

Photographing People

Photographing people can be fun, exciting – and complicated! This course will make taking beautiful pictures of adults, children, and babies simple. Discover the best way to shoot faces and fix common close-up problems.

ED2GO \$95 ONLINE



Photoshop 101

Take your photos from ordinary to extraordinary by learning the foundations of Photoshop. Learn basic tools and adjustments to make your photos “pop.” Computers and software for class provided. Instructor: Samantha Perry

\$79 RHS
PERS700 2TTh 3/5 6:00-8:00PM

Faking it with Photoshop

Have you ever needed to add a family member to a family portrait or needed to remove an unsightly object from one of your photos? Then take this intermediate photoshop class to solve your dilemma and enhance your photos. Students taking this class should already know the foundations of Photoshop and be ready to explore the tasks to manipulate pictures. Computers and software for class provided. Instructor: Samantha Perry

\$129 RHS
PERS7001 6TTh 3/12 6:00-8:00PM

Photographing Nature

Learn how to use your digital camera to take stunning nature photos, including landscapes, flowers, animals, and even macro shots.

ED2GO \$95 ONLINE

Heirloom Embroidery

Develop your passion for fabric art! Discover how embroidered items can be of practical use in our daily lives. Learn 5 basic stitches: Satin, French Knot, Blanket, Stem, and Chain. (\$5 material fee payable to instructor) Instructor: Cheryl Squires

\$29 IPC
PERS941 1T 4/9 6:00-8:00PM



Knitting: Basic Stocking Hat



Learn all the basics of knitting by making a stocking hat! Learn how to cast on, knit, purl, decrease stitches, and cast off by using a simple pattern. All levels of knitters from beginners on up are welcome! Materials needed at first class: Size 7 (4.5mm) circular needles, a set of size 7 double pointed needles, (Clover brand needles are preferred but metal needles are okay), and 2 skeins (balls of yarn) of your choice. The yarn label should say for size 6 or 7 needles. Instructor: Kari Nichols

\$29 IPC
PERS9001 2Th 2/21 6:00-8:00PM

Start Your Own Arts and Crafts Business

If you have an art or a craft and you dream about starting your own home-based or small business, this is the course for you! Discover how to find your niche within your chosen craft and how to create your own unique business identity. ED2GO \$95 ONLINE

Writing Essentials

Master the essentials of writing so you can excel at business communications, express yourself clearly online, and take your creative literary talents to a new level. Whether you're hoping to get a better job, write for a blog, or publish your short story, this course will give you the writing tools you need for success.

ED2GO \$95 ONLINE

Write and Publish

Your Nonfiction Book

Become a professional author or advance your career by learning to write, edit, and publish nonfiction books of all types.

ED2GO \$95 ONLINE

The Craft of Magazine Writing

Have you ever thought about writing for magazines? Turn your dreams into bylines and help yourself to a bright future as a magazine writer. It's fun, it's easy, and a great source of extra income.

ED2GO \$95 ONLINE

Pleasures of Poetry

If you want to write poetry, this course will help you to create your best possible work. You'll learn the formal elements of the craft, become aware of how particular forms work, and explore many avenues for possible poetry topics.

ED2GO \$95 ONLINE

Kumihimo Weave Jewelry

Kumihimo is a Japanese technique meaning "a gathering or braiding of threads!" This is a very relaxing, ancient technique that's versatile enough to toss aside when the phone rings. You'll learn the basics of weaving cording into unique bracelets, necklaces, and other jewelry projects. You can add beads or let the fibers speak for themselves. This can springboard you into learning more advanced techniques and using other materials such as chain, wire, leather, & focal pieces. (\$25 material fee payable to instructor at class which includes Kumihimo Board. Optional a la carte supplies available) Instructor: Melanie Erickson

\$16 The Bead Company
PERS820A 1Sa 2/9 2:00-4:30PM
PERS820B 1Th 4/11 5:30-8:00PM

Six Reasons for Taking a Course

1. Courses are for **EVERYONE!**
2. Learning is **FUN!**
3. To **TRY** something new.
4. Meet **NEW** people.
5. **VARIETY!**
6. **EASY** to Register.

Spiral Weave Beaded Bracelet

A Bead Co. favorite, the Spiral Weave is a beautiful technique to learn. We'll use Miyuki Glass beads to create a sparkly spiraling bracelet with your choice of a magnetic or a button clasp. Once you've figured out the basic weave, the sky is the limit. Change the formula for more exotic patterns or change the beads for a new twist on the same Spiral Weave. Beginners welcome. (\$19 materials fee payable to instructor at class)
Instructor: Melanie Erickson

\$16	The Bead Company		
PERS986A	1Th	2/28	5:30-8:00PM
PERS986B	1Sa	4/20	2:00-4:30PM

Jewelry Upcycle & Basic Beading ✿

Is your jewelry box full of necklaces you never wear? Do you have Great Grandma's necklace sitting in a drawer? Let's do some repurposing and create heirlooms that are modern and wearable. Transform an outdated necklace into a bracelet and earrings (or pendant). Learn basic beading and wire working skills so you can raid the jewelry box and start making your own creations & heirloom gifts going forward. After 4 PM class, we'll have an additional hour of creative upcycling for other items from your jewelry box. The additional hour will simply be the cost of supplies a la carte. *Remember to bring a necklace you're ready to cut up and change into something shiny and new! (\$12 materials fee payable to instructor at class. Optional a la carte supplies for the additional upcycling hour)
Instructor: Melanie Erickson

\$16	The Bead Company		
PERS985A	1Sa	3/23	2:00-4:00PM
PERS985B	1Sa	4/27	2:00-4:00PM

Peyote Stitch Basics & Beaded Beads

Weave Miyuki Glass beads in a brick pattern to create beautiful beaded beads. There are endless design combinations once you learn the basic Peyote Stitch. This techniques class will teach you the Round Peyote Stitch to make beads and tubes as well as the Flat Peyote Stitch to make bracelets and cuffs. We'll help you turn your new beaded beads into earrings or charms! (\$19 materials fee due at class)
Melanie Erickson

\$16	The Bead Company		
PERS988	1Th	3/14	5:30-8:00PM

Jewelry – Basic Wire

We'll guide you through the techniques needed to make jewelry with wire. You'll learn about creating earrings, charms, wire wrappings, coils, connections, links, and hammered forms. A must for all new beading beginners and intermediates who feel they need a refresher. (\$12 materials fee payable to instructor at class) All equipment provided.
Instructor: Melanie Erickson

\$16	The Bead Company		
PERS858A	1Sa	2/23	2:00-4:00PM
PERS858B	1Th	5/2	5:30-7:30PM

Beaded Ornament Covers & Easter Decorations

Beaded Ornaments make the perfect gift or heirloom. You'll learn bead netting around an ornament. Then you can use the technique to decorate anything from Easter eggs to candle holders, wine bottles, and yes, Christmas ornaments! You'll leave with a beaded ornament cover. (\$20 materials fee due at class)
Instructor: Melanie Erickson

\$16	The Bead Company		
PERS989	1Th	3/7	5:30-8:00PM

Wire Crochet with Beads ✿

Create fun, airy crochet jewelry using wire and beads. Once you have the basics down, you can springboard into many advanced techniques and designs. You'll learn to crochet wire adding semi-precious & glass beads, to properly finish ends, and to add clasps using wire working techniques. Lovely gift ideas. Class Project: Necklace. Beginning crochet students welcome. (\$15 materials fee payable to instructor at class)
Instructor: Melanie Erickson

\$16	The Bead Company		
PERS953A	1Sa	3/9	2:00-4:30PM
PERS953B	1Th	5/9	5:30-8:00PM





Curious About the Craft of Woodturning?

Take the following classes taught by the
Siouxland Woodturners Association
the local chapter of the

American Association of Woodturners (AAW)

Recapture this art by “turning” out some awesome projects!

Sharpening Woodturning Tools *

It’s not possible to turn safely and get good results with dull tools. Today’s tools use various high speed steel alloys. To avoid overheating and to get consistent results, special grinding wheels and jigs are used. The class provides equipment and an assortment of tools to sharpen. If you have your own woodturning tools that need sharpening, please bring them to class. Instructor: Siouxland Woodturners

\$19 CTE
HOME302 1T 2/5 6:00-8:30PM

Woodturning 101 *

If you’ve ever woodturned, haven’t turned since junior high, or are wondering if you’d like woodturning, this is the class for you! We will explain basic lathe set up and safety, tool selection, and give a short demonstration. Then the fun begins! You choose a piece of lumber and turn a spindle. All equipment and supplies are included. Instructor: Siouxland Woodturners

\$29 CTE
HOME303 1Th 2/7 6:00-8:30PM

Woodturning - Create a Duck Call *

In this intermediate woodturning class, select wood from several species and make a woodturned duck call using the lathe. Students should have some experience in Woodturning 101 or equivalent. (\$15 material fee payable to instructor) Instructor: Siouxland Woodturners

\$29 CTE
HOME305 1Th 2/14 6:00-8:00PM

Woodturning - Create a Writer’s Pen *

In this intermediate woodturning class, select wood from several species and make a woodturned ball point pen using the lathe. Students should have some experience in Woodturning 101 or equivalent. (\$10 material fee payable to instructor evening of class) Instructor: Siouxland Woodturners

\$29 CTE
HOME304 1T 2/12 6:00-8:30PM

Basic Woodworking - Project Creation

Gain the skills necessary to complete a woodworking project that you plan and design. Explore different woods, hand and power tools, and finishing. Example of projects: tote, jewelry or chest box, coffee table, end table, bookcase, or bookshelves to name a few. Student is responsible for material costs and cost will vary depending on project choice. Instructor: Mark Dunbar

\$129 CTE
HOME557 7W 1/30 6:30-9:00PM

Basic Woodcarving



Expanding from a quote by an old time woodcarver, "All you need is a pocket knife and a piece of wood," this woodcarving workshop introduces simple tools and techniques for getting started in the age-old craft of carving wood. Students will try their hand at three popular forms: chip carving, figure carving, and ornamental relief. Wood for carving projects is provided, along with some chip carving knives and gouges, but students are encouraged to bring their own carving tools or purchase their own. Suggestions for tool purchases will be given the first session of class. Instructor: Arne Bortnem

\$79 IPC
HOME301 5Th 2/7 6:00-9:00PM

Hand-Cut Dovetails

Learning to cut dovetail joinery is a milestone for any woodworker. This course will focus on traditional methods for achieving beautiful dovetails. All hand tools will be provided, but feel free to bring your own. No previous woodworking experience necessary. (\$10 material fee payable to the instructor) Instructor: Matt Zimbelman

\$45 Unit 5 Woodworks
HOME558A 1W 1/23 5:30-8:30PM
HOME558B 1W 2/6 5:30-8:30PM
HOME558C 1W 3/6 5:30-8:30PM
HOME558D 1W 4/3 5:30-8:30PM

Have an idea for a class?

We would like to hear from you!
Please visit: www.sf.k12.sd.us
to download instructor
application form



Professional Chef:

Certification and Practices



Professional Chefs and Cooks! Join Chef John Noel Gilbertson, CEC, for instructions on becoming a certified professional in your field. Lead, don't follow! Cook, learn, and practice for professional cooking exams that will be held in South Dakota, March 2, 2013. Examinees must attend at least 1 of the 3 preparation classes offered below to be considered a March 2013 candidate. Instructor: John Noel Gilbertson

\$19 CTE
CARE301A 1W 1/30 3:30-7:30PM
CARE301B 1W 2/13 3:30-7:30PM
CARE301C 1W 2/20 3:30-7:30PM

Let's Cook!



Learn "survival skills" and solid basics that will lay the foundation for cooking throughout your life. Cooking made FUN, EASY, and COST EFFECTIVE! Learn how to cook healthy meals on a tight budget and how to make three totally different meals at once by only adding ten minutes to your cooking time. You will save time, money, cleanup, and hassles. Great, easy recipes for meals, snacks, after school treats, and desserts! No cooking involved. Participants are asked to bring a 1" three ring binder for handouts. Instructor: Jannelle Cain

\$29 IPC
PERS995 2T 4/30 6:30-8:00PM



Italian Home Cooking ❀

Join Italy native Luca Papini for these hands-on cooking classes as he pays homage to traditional Italian home cooking. Luca will share foods from the kitchens of Italy, brought across oceans to America. We have taken some of Italy's "cucina casalinga," home cuisine, and made them our "comfort foods." These classes include recipes handed down from Luca's family, from appetizers and soups, to salads and meats, to pastas and desserts. Each Class \$25 CTE

Miles & Miles of Coastline

Explore the basics of Italian home cooking - simple elements, simply combined to bring a delicious tasting experience featuring tomato pasta, marinara fish, and mixed salad. (\$12 supply fee payable to instructor at class) Instructor: Luca Papini

PERS979 1F 2/8 6:00-8:00PM

An American Chick & An Italian Cook

A look into tradition-from the love of the Earth and its rhythms, people learn how to express themselves using the art of cooking. This class features Amatriciana pasta, chicken involtini, and verdura ripassata. (\$12 supply fee payable to instructor at class)

Instructor: Luca Papini

PERS980 1F 3/8 6:00-8:00PM

More Than "A Spicy Meatball"

From the beauty of the mountains, a bright consciousness is born. Food is the expression of our thankfulness. This class features Risotto ai porcini, polpetta (meatballs), and polenta taragna. (\$12 supply fee payable to instructor at class)

PERS981 1F 4/12 6:00-8:00PM

Indian Cooking -

Butter Chicken & Safron Rice

Are you looking to spice up your life or at least your food? Experience the ethnic art of making a traditional Indian recipe. The spices may bite you, but the experience will keep you warm-hearted. Most recipes have exact measurements, but sometimes the greatest things in life are not measured! Observe instructors Rani Samuel and Mary Chekuri create an Indian recipe for your enjoyment to eat. (\$15 supply fee payable to instructor at class) Instructor: Rani Samuel & Mary Chekuri

\$15 CTE

PERS963A 1Th 3/14 6:00-8:00PM

PERS963B 1Th 4/25 6:00-8:00PM

Genealogy

Are you ready to begin tracking your family history? Session one will answer basic questions on genealogy, encourage the use of family and public records, promote sound research methods, and illustrate the process with examples. The second session will review on-line websites. Each participant will have hands-on computer access to the free websites, thus advancing their genealogical knowledge. Each participant should have a basic understanding of computers and a list of dates with family names they are researching. (\$5 supply fee payable to instructor at class) Computers for class provided. Instructor: Cheryl Squires

\$29 IPC

PERS859 2T 1/29 6:00-8:30PM

Property Management like a Pro

Gain the knowledge you need to manage your rental property like a professional. Get your questions answered whether you own a single rental unit or a thousand plus units. How do I work with city agencies? How do I select and manage residents? How do I manage and excel in my professional relationships, i.e. accounting, insurance, bankers and suppliers? The experts will help you understand this valuable information. Approved for 3 hours of Real Estate CE Credits. Instructor: Merle Wollman, SDMHA

\$25 IPC

HOME550 1T 3/5 5:45-8:45PM



Homeownership? Is it for You?

Buying your first home is a fun and exciting time in your life. Learn the process of purchasing your home and the different types of loans available. You will gain an understanding of the meaning of escrow, equity, origination fees, and more.

Instructor: Kelli Gallagher

\$19

IPC

HOME567 2TTh 2/26 6:00-7:30PM

Staging Your House for Sale

Are you considering selling your house? Before you put it on the market and before you meet with a real estate agent, learn how to stage it for sale. In selling your house, the goal is universal - sell it fast and for the most money possible. Staging your home will help you reach those goals.

Instructor: Michele Engelhart

\$29

IPC

HOME562 1T 3/5 6:30-8:30PM

Used Car Buying 101

Are you thinking about buying a used car? Do you want to avoid buying a lemon? Before spending your hard earned money, consider spending 2 hours with an ASE certified master technician who will walk you through a "no tools needed" used car inspection. The instructor discusses what to look for and what to avoid. Empower yourself with knowledge to help make a wise purchase. This course is designed for men and women with no mechanical background.

Instructor: Bob Hendrix

\$29

CTE

HOME566A 1T 3/26 6:00-8:00PM

HOME566B 1T 4/16 6:00-8:00PM

HOME566C 1T 4/23 6:00-8:00PM

HOME566D 1Th 5/2 6:00-8:00PM

Planting & Pruning Trees in South Dakota



How deep do I plant a tree? Can I prune back this root? What do I do with this wire basket? Will a 6" diameter tree make it? Which branches do I prune and when? Let's solve all of these concerns in one seminar with an expert forester who has the latest information on planting and pruning horticulture in our South Dakota climates. Learn how to properly plant and prune your trees to give them the greatest structure and longest life. Registration fee includes a CD of classroom curriculum.

Instructor: Rich Mayko

\$25

IPC

HOME201 1T 2/19 6:30-8:00PM

New & Great Trees for South Dakota Landscapes



Don't know which species of trees to plant for your home landscape? What's the best hardwood or evergreen for your yard? Are you worried about Emerald Ash Borer, Pinewood Nematode, and Thousand Cankers disease? Before you spend money on "temporary" trees, consider spending time with a forester who will help you understand your needs. Join us to learn about the different trees you can plant that will survive and prosper in the harsh conditions of Southeast South Dakota. (\$5 material fee payable to the instructor the evening of class)

Instructor: Rich Mayko

\$25

IPC

HOME202 1T 2/26 6:30-8:00PM

Crazy About "Coupons"

Do you feel like you're stretching your pennies as far as they will go and you are still over-budget? During these difficult economic times, learn how to make coupons work for you. Find out where to get coupons, how to organize them, the best ways to use them, start your own stockpiles, and even how to get FREE groceries! (\$5 supply fee payable to instructor)

Instructor: Melanie Zeman

\$19

IPC

PERS965A 1Th 3/21 6:30-8:00PM

PERS965B 1W 4/10 6:30-8:00PM

REGISTER TODAY!!

529 College Savings Plans: *

Simply the Smart Way to Save for College

Gain perspective on where college costs are heading. Weigh various approaches to saving for college. Learn about the unique benefits of 529 Savings Plans.

Instructor: Troy Rames

\$19 IPC
FIN401 1T 3/12 6:00-7:00PM

401(k) Rollovers *

Review the options available to you with respect to your 401(k) plan when separating service from your employer. We will discuss the pros and cons of the various options including, but not limited to keeping assets in your previous plan or rolling assets to a new plan or IRA. Review factors you will need to consider when initiating a 401(k) rollover.

Instructor: Troy Rames

\$19 IPC
FIN402 1T 4/9 6:00-7:00PM

Is a Roth Right for You? *

Is a Roth IRA Conversion right for you? Learn about tax free income in retirement and tax free wealth transfer to your heirs before you need to make the big decisions.

Instructor: Troy Rames

\$19 IPC
FIN403 1Th 4/25 6:00-7:00PM

Wealth Strategies for Traditional IRAs *

Traditional IRAs have many features and benefits that include, but are not limited to Estate Planning Integration, Incapacity Planning, and the Stretch-Out IRA.

Instructor: Troy Rames

\$19 IPC
FIN404 1T 5/14 6:00-7:00PM

Stocks, Bonds, and Investing: Oh My!

Learn how to make wise investment decisions so you have enough money to live comfortably through your retirement.

ED2GO \$95 ONLINE

Real Estate Investing

Have you ever heard the old saying, "Buy low, sell high?" News stories about the softening real estate market might scare away some novice investors. Experienced investors, however, recognize weak markets as opportunities to pick up bargains.

ED2GO \$95 ONLINE



Spanish for Beginners

Have you always wanted to learn a foreign language? Introductory Spanish teaches the fundamental skills and conversational patterns that encourage the basic elements of the Spanish language. Learn some fun Spanish phrases and converse with your instructor and classmates!

Instructor: Caroline Tipton

\$59 IPC
COMM601 6T 2/05 6:30-8:00PM

Onward with Spanish

This course is a sequel in learning the Spanish language. Basic conversation is enhanced by some situational dialogues. Continue to build and expand your new skills. Practice your Spanish with the instructor and your classmates! Spanish for Beginners is not a prerequisite to this course.

Instructor: Caroline Tipton

\$59 IPC
COMM602 6Th 3/21 6:30-8:00PM

Vacation Spanish *

This course teaches phrases, pronunciation, and basic language recognition for vacationing in a Spanish speaking country. Topics include food & drink, touring, lodging, transport, general survival, and shopping. Vocabulary is based off participant needs and individualized for the country or countries you plan to visit. Practice responding to various situations. A packet will be provided, as well as links to online sources for practice outside of class.

Instructor: Christopher Coughlin

\$69 IPC
COMM603 7Th 2/21 6:30-8:00PM



Spanish in the Classroom

Learn the essential Spanish for teachers so you can communicate effectively with your Spanish-speaking students and parents. We'll skip the frills and focus on "survival Spanish" you can put to work immediately.

ED2GO \$95 ONLINE

Spanish for Medical Professionals

Are you struggling to communicate with Spanish speaking patients? If so, learn medical Spanish quickly and easily, honing your basic conversational skills and mastering key healthcare words and phrases.

ED2GO \$95 ONLINE

Cultural Tour of Latin America



Join Ecuadorean native Carola Loor for a morning of culture and folklore. Taste some popular dishes from countries of the Andean Region. You'll start your excursion with the music and food of Argentina, where Tango and Empanadas are king. Then you will "travel" to Chile and "visit" the home of Literature Nobel Prize winner, Pablo Neruda in Isla Negra. Then on to Ecuador, with its capital Quito and the world famous Galapagos Islands. Food tasting included in registration fee.

Instructor: Carola Loor-Argote

\$25 IPC

PERS978A 1T 2/26 10AM-12N

PERS978B 1W 3/20 10AM-12N

The Renaissance



From David in Sioux Falls to David in Florence, join Italian native Luca Papini for a look at art and the human soul through the eyes of Michelangelo, Donatello, Raffaello, and Caravaggio.

Instructor: Luca Papini

\$19

IPC

PERS990 1F 5/24 6:00-8:00PM

Italy is for Real:

The Art, Food, & Views

Join native Italian Luca Papini to experience the relationship between the taste of food and the traditions of Italy. Different cultures create different types of food and now is your chance to enjoy Italy's history while you sample great food! (Tasting fee \$10 payable to instructor)

Instructor: Luca Papini

\$15

IPC

PERS964 1F 4/19 6:30-8:00PM

Instant Italian

Learn Italian from the comfort of your home in this fun and enjoyable online course.

ED2GO \$95 ONLINE

Beginning Conversational French

Discover how easy it can be to learn common words and phrases for both leisure and business.

ED2GO \$95 ONLINE

Facebook For Beginners

Are your friends and family always talking about what they read on Facebook? Join the bandwagon! With one billion active users, don't miss out on this technology designed to make sharing information with people as easy as a click. This class focuses on what to do after you have signed up for Facebook. Your Facebook user profile must be created prior to class. Laptop computers will be provided. Instructor: Tara Melmer

\$29				IPC
COMP151A	2T	2/12	6:00-8:00PM	
COMP151B	2T	4/9	6:00-8:00PM	

Facebook Marketing

More than 60% of South Dakotans have a Facebook page. If you have a business, you must learn how to use Facebook to reach your customers. This course will help you:

- Create a Facebook business page
- Effectively promote your business on your Facebook page
- Increase your Facebook visibility
- Understand the future of Facebook marketing

Students need to bring their own computer.

Instructor: Megan Brandsrud

\$49				Kingside Content
COMP201	2M	2/4	6:30-8:00PM	

Pinterest for Beginners

Pinterest has quickly become one of the most popular social media services for all ages! It is a virtual pin board for great ideas & how-to's: projects, recipes, home decor, and even fashion! In this course, you will learn:

- What Pinterest is and how to create an account
- How to find or add friends to Pinterest
- How to find pins and re-pin
- How to create your own pins

Students need to bring their own computer.

Instructor: Megan Brandsrud

\$49				Kingside Content
COMP202	2W	2/13	6:30-8:00PM	

Marketing Your Business on the Internet

Develop an Internet marketing plan for your business that incorporates SEO, advertising, email, social media, and more.

ED2GO	\$95	ONLINE
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Getting Started With iPad

Discover and explore iPad basics from settings to customizing your backgrounds, purchasing apps, creating folders, multitasking, surfing the web, email, and even printing. Bring your iPad!

Instructor: Marta Hoffman, Virginia Gustad

\$25				Camille's
COMP161A	1M	2/4	6:00-8:00PM	
COMP161B	1M	2/11	6:00-8:00PM	
COMP161C	1M	2/25	6:00-8:00PM	
COMP161D	1W	3/13	6:00-8:00PM	

Going Further with iPad

You have the iPad basics down, now explore some built in apps on the iPad and discuss why they can not be deleted and how to hide them, if needed. We will explore items under SETTINGS and discuss cloud computing. The instructors will share their favorite apps and students can also share favorites with classmates.

Instructor: Marta Hoffman, Virginia Gustad

\$25				Camille's
COMP162A	1M	4/1	6:00-8:00PM	
COMP162B	1M	4/15	6:00-8:00PM	
COMP162C	1M	4/29	6:00-8:00PM	

Favorite Apps For The iPad



Explore some of the more popular apps used on the iPad. Learn to search apps, download apps, and to create and group your apps so they are easy to find when you need them. Students can also share some of their favorite apps with others. Instructor: Marta Hoffman, Virginia Gustad

\$25				Camille's
COMP163A	1M	3/11	6:00-7:30PM	
COMP163B	1M	4/8	6:00-7:30PM	

Creating Mobile Apps with HTML5

Do you want to make mobile apps that run on iPhone and iPad, as well as on Android, Blackberry, and Windows Phone? Sure you do! Do you want to learn five different programming languages? Of course you don't! Discover a better way to build apps. Learn how to imagine, design, build, and optimize a cross-platform mobile app using the very latest HTML5 standards. Learn to use HTML5, CSS3, JavaScript, jQuery, and Web APIs to create cross-platform mobile apps and mashups.

ED2GO	\$95	ONLINE
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Be An iPad Artist! - Introduction *

The iPad is a great way to unleash your creative energy. This course introduces you to a wide variety of apps for painting and drawing electronically with just your finger! Please bring your own iPad with "Paper" app loaded (FREE on iTunes). Instructor: Kurt Holdorf

\$59

IPC

Youth

COMP164A 3T 1/29 6:30-8:30PM

COMP164B 3Th 1/31 6:30-8:30PM

Adult

COMP164C 3T 2/19 6:30-8:30PM

COMP164D 3Th 2/28 6:30-8:30PM

Creating a Successful Business Plan

Turn your business ideas into a solid plan for financing and long-term success.

ED2GO \$95 ONLINE

A to Z Grantwriting

Learn how to research and develop relationships with potential funding sources, organize grantwriting campaigns, and prepare proposals.

ED2GO \$95 ONLINE

Small Business Marketing on a Shoestring

Discover small business marketing strategies that can help you attract attention, woo your target audience, grow your customer base, and expand your profits—all for little or no money.

ED2GO \$95 ONLINE

Be An iPad Artist! - Advanced *

This course will show you how to create and print iPad art! This medium is so new and different, you will be amazed at what you can do. The first session will show you a wide variety of apps available and introduce you to 10 considerations of creativity. The remainder of the classes will be hands-on creation of at least one piece you will print and frame. Please bring your own iPad with "ArtStudio" app loaded (\$4.99 on iTunes). Framing will be available at an additional cost.

Instructor: Kurt Holdorf

\$149

IPC

COMP165 6T 3/26 6:30-8:30PM

Effective Business Writing

Improve your career prospects by learning how to develop powerful written documents that draw readers in and keep them motivated to continue to the end.

ED2GO \$95 ONLINE

Computer Skills For The Workplace

Gain a working knowledge of the computer skills you'll need to succeed in today's job market.

ED2GO \$95 ONLINE

Introduction to Business Analysis

Learn powerful techniques to improve your decision-making skills at work.

ED2GO \$95 ONLINE



Envision a team based work environment that *inspires*, empowers, and fosters *new ideas*. A workplace that cultivates innovation and achievements.

Grow your team with us through team building activities and skills advancement classes. To inquire about our opportunities please call Melodee at Community Education (605) 367.7606

Introduction to Microsoft Word 2010

Learn how to create and modify documents using Microsoft Word 2010, the world's most popular word processing program.
ED2GO \$95 ONLINE

Intermediate Microsoft Word 2010

Master the more advanced features of Microsoft Word 2010 and learn how to create an index, build a list of figures, design a table of contents, do desktop publishing, perform a mail merge, and use timesaving shortcuts.
ED2GO \$95 ONLINE

Introduction to Microsoft Excel 2010

Become proficient in using Microsoft Excel 2010 and discover dozens of shortcuts and tricks for setting up fully formatted worksheets quickly and efficiently.
ED2GO \$95 ONLINE

Intermediate Microsoft Excel 2010

Take your Microsoft Excel 2010 skills to the next level as you master charts, PivotTables, Slicers, Sparklines, and other advanced Excel features.
ED2GO \$95 ONLINE

Advanced Microsoft Excel 2010

Discover the advanced features and functions of Microsoft Excel 2010, including data analysis tools, database techniques, and advanced methods for using PivotTables.
ED2GO \$95 ONLINE

Introduction to Microsoft Access 2010

Learn to build, edit, and maintain a database in Access 2010, using tables, reports, forms, and queries to give you fast access to all your important information.
ED2GO \$95 ONLINE

Intermediate Microsoft Access 2010

Do you have experience building Microsoft Access 2010 databases, but want to take your skills to the next level? In this course, you'll build an entire database project from scratch. Examine how to build reports using conditional formatting to highlight key data points, and explore Visual Basic, a powerful programming language that allows you to automate simple and complex tasks.
ED2GO \$95 ONLINE

What's New in Microsoft Office 2010?

Get up to speed on MS Office 2010 and learn how to use the new features of Word, Excel, PowerPoint, and Access.
ED2GO \$95 ONLINE

Introduction to Microsoft Outlook 2010

Take control over your meetings, emails, and to-do lists by mastering the essentials of Microsoft Outlook 2010.
ED2GO \$95 ONLINE

Introduction to Microsoft PowerPoint 2010

Use Microsoft PowerPoint 2010 to create exciting slide presentations that include SmartArt, multimedia, animation, sound, charts, clip art, and hyperlinks.
ED2GO \$95 ONLINE

Introduction to Microsoft Publisher 2010

Learn how to design professional publications, including newsletters, fliers, and brochures, with Microsoft Publisher 2010.
ED2GO \$95 ONLINE

Introduction to Microsoft Project 2010

Discover how to effectively plan, implement, and control projects using Microsoft Project 2010, the world's most popular project management software.
ED2GO \$95 ONLINE

Introduction to QuickBooks 2012

Learn how to quickly and efficiently gain control over the financial aspects of your business.
ED2GO \$95 ONLINE

Intermediate QuickBooks 2012

Discover how to use the advanced features in QuickBooks to gain more control over how you manage your company's accounting files, lists, and inventory.
ED2GO \$95 ONLINE

Performing Payroll in QuickBooks 2012

Learn how to use QuickBooks 2012 to create paychecks, pay tax liabilities, and produce forms and reports.
ED2GO \$95 ONLINE

REGISTER TODAY!!

Introduction to Crystal Reports

Master the techniques the pros use to produce attractive, reader-friendly reports for any audience. Transform the information that lies buried in your database or accounting program into clear, easy-to-understand documents.

ED2GO \$95 ONLINE

Introduction to CorelDRAW X5

Learn to draw with confidence, using CorelDRAW to design professional newsletters, greeting cards, web graphics, logos, and amazing works of art created from your own photos.

ED2GO \$95 ONLINE

Introduction to Peachtree Accounting 2012

Master all the skills you need to handle your routine accounting needs quickly and easily. Set up accounts for vendors, customers, and inventory items. Master the simple steps for creating invoices, collecting payments, paying bills, and printing checks.

ED2GO \$95 ONLINE

Introduction to InDesign CS5

Learn how to use Adobe InDesign CS5 software to design and produce professional-quality letterhead, brochures, business cards, and more.

ED2GO \$95 ONLINE

Intermediate InDesign CS5

Master the advanced features of Adobe InDesign CS5 and get hands-on practice in creating professional-quality documents.

ED2GO \$95 ONLINE

Introduction to Illustrator CS5

Learn to create vector graphics and add amazing effects using Adobe Illustrator.

ED2GO \$95 ONLINE

Introduction to Adobe Acrobat X

Learn how to use Adobe Acrobat X to create PDF files and take advantage of its many time-saving features, communication options, and forms.

ED2GO \$95 ONLINE

**Introduction to Dreamweaver CS5**

Learn to use Adobe Dreamweaver CS5 to design, create, and maintain user-friendly Web sites full of professional-quality Web pages.

ED2GO \$95 ONLINE

Intermediate Dreamweaver CS5

Take your web design skills to new heights as you master advanced Adobe Dreamweaver CS5 techniques.

ED2GO \$95 ONLINE

Introduction to Flash CS5

Learn how to use Adobe Flash CS5 to create engaging Web sites, Flash movies, animation, and interactive applications.

ED2GO \$95 ONLINE

Intermediate Flash CS5

Master the use of more advanced Flash techniques including Movie Clip symbols, ActionScript, animation, application programming, and interactivity techniques.

ED2GO \$95 ONLINE

Introduction to Photoshop CS6

Learn how to use Adobe Photoshop CS6, the world's best graphics program, to edit and process photos and create original images.

ED2GO \$95 ONLINE

Intermediate Photoshop CS6

Extend your Photoshop knowledge and learn how to enhance graphics by using layers, layer masks, and other advanced photo-editing features.

ED2GO \$95 ONLINE

Mac, iPhone, and iPad Programming

Learn to create Mac, iPhone, and iPad apps and programs using Objective-C and the Xcode compiler.

ED2GO \$95 ONLINE



Creating Web Pages

Learn the basics of HTML so you can design, create, and post your very own site on the Web.

ED2GO \$95 ONLINE

Advanced Web Pages

Take your Web development skills to the next level as you learn how to create advanced websites using CSS, HTML5, media queries for mobile devices, interactive forms, and embedded video.

ED2GO \$95 ONLINE

Creating Word Press Websites

Learn how to use WordPress, a free and popular Web design tool, to quickly and easily create attractive blogs and interactive websites.

ED2GO \$95 ONLINE

Creating Word Press Websites II

Discover how to create and maintain dynamic websites and blogs without technical coding using the self-hosted WordPress.org publishing platform.

ED2GO \$95 ONLINE

Designing Effective Websites

These days, creating a Web site is so easy almost anyone can do it. But with all the competition on the Web, creating a site that's effective is more challenging than ever. To do that, you need to employ good design principles. Regardless of your current skills or level of knowledge, in this course you'll master the basics of Web design and learn how to build sites that are better and more effective.

ED2GO \$95 ONLINE

Creating jQuery Mobile Websites With Dreamweaver

Learn how to build mobile-friendly websites for devices such as smartphones and tablets using Dreamweaver and jQuery Mobile.

ED2GO \$95 ONLINE

Effective Selling

Learn the secret to converting a potential customer into a long-term asset. Find out how to lay the groundwork for repeat business and your future success.

ED2GO \$95 ONLINE

Accounting Fundamentals

Gain a marketable new skill by learning the basics of double-entry bookkeeping, financial reporting, and more.

ED2GO \$95 ONLINE

Accounting Fundamentals II

Explore such topics as special journals, uncollectible accounts receivable, plant assets, depreciation, notes and interest, accrued revenue and expenses, dividends, retained earnings, and various financial reports for corporations.

ED2GO \$95 ONLINE

Mastery of Business Fundamentals

Acquire practical experience in strategic planning, management, and finance without enrolling in an MBA program.

ED2GO \$95 ONLINE

Business Finance for Non-Finance Personnel

Are you interested in making better business decisions to increase your company's profits and move you up the corporate ladder? This course will help you understand business environments, financial statements, and strategy so you can make more profitable business and personal financial decisions.

ED2GO \$95 ONLINE

Purchasing Fundamentals

Discover fundamentals of purchasing by understanding your strategic and tactical roles as a purchasing practitioner. Improve your company's bottom-line profitability by learning and implementing key concepts such as negotiation, supplier sourcing and qualification, outsourcing and make-or-buy analysis.

ED2GO \$95 ONLINE

Employment Law Fundamentals

Learn the basics of employment law so you can legally hire, evaluate, and manage employees. Learn the difference between an employee and independent contractor; the basic types of employee benefits; effective hiring, evaluation, and termination procedures; methods to resolve employment disputes in and out of court; discrimination and union laws; and workplace safety rules.

ED2GO \$95 ONLINE

REGISTER TODAY!!



BECOME A GOLD CARD MEMBER!

COMPLIMENTARY
MEMBERSHIP INCLUDES:

- Discounted entrance fee to sporting events
- Invitations to Gold Card Series Events

REQUIREMENTS:

- 60 or older

TO SIGN UP FOR A CARD:

- Complete registration form and pick up card at IPC: 201 E 38th St

Upcoming Event...

Wheels on the Bus



Jump on the bus as the wheels go round and round! We'll visit the location of the first school building in the Sioux Falls School District, the newest middle school construction site, as well as other recent construction projects. We'll swing by School Bus, Inc. to hear about their services and stop along the route for coffee and cookies. Jeff Krieter, director of Operational Services will be our guest speaker along with DeeAnn Konrad as our tour guide. This is a Gold Card Event for our community members over the age of 60. You must be a Gold Club card holder to register. Meeting site to be determined. Registration begins April 1st. \$5

GOLD72

1Th

4/18

10AM-12N

Assisting Aging Parents

Are your parents in their golden years? Learning how to help parents or other loved ones through their transition can prepare us for our own. This compassionate and comprehensive class will give you the tools, techniques, and insights for this passage.

ED2GO

\$95

ONLINE

Six Reasons for Taking a Course

1. Courses are for **EVERYONE!**
2. Learning is **FUN!**
3. To **TRY** something new.
4. Meet **NEW** people.
5. **VARIETY!**
6. **EASY** to Register.

Long-Term Care Partnership Program: What Is It and Why Is It Important?

Attend South Dakota's Long-Term Care Partnership Program to learn about long-term care, related costs, what Medicare and Medicaid cover, and how the Long-Term Care Partnership Program can help. This public-private partnership is a program offering people quality, affordable long-term care insurance and a way to receive needed care without depleting their assets. Department of Social Services offers information and answers questions without endorsing any specific company or product. Instructor: Kathi Skoglund

\$19

HETH592 1T

3/5

7:00-8:00PM

HEALTH - YOGA, PILATES, TAI CHI, MEDITATION

Yoga

Relax, refresh, renew, restore your vitality, and re-energize yourself through this dynamic, low-impact workout. Yoga emphasizes mind/body well-being and muscle toning to promote total balance and fitness. Exercises can be modified to accommodate all ages, abilities, and fitness levels. No previous dance or yoga experience necessary. Instructor: Ahva Halma

\$39 DANCE
HETH487 4T 2/5 8:00-8:50AM

Yogalates

Start a new workout that combines balance, breath, and flexibility, building on the principles of Yoga with emphasis on the core-strength vitality of pilates. No previous yoga or pilates experience necessary. Please bring a yoga mat if you have one. Instructor: Ahva Halma

\$39 DANCE
HETH102 4Th 2/7 8:00-8:50AM

Yoga & Yogalates

Get a double workout! Register for Yoga & Yogalates for special discounted pricing. This class code must be used at initial registration to receive the discounted rate. Instructor: Ahva Halma

\$69 DANCE
HETH103 4TTh 2/5 8:00-8:50AM

Meditation -

Many Different Paths to Peace



Meditation is merely a way of consciously "hitting the reset button" for our own systems. By reaching a place of centering and peace while remaining awake, meditation gives us many wonderful benefits. Studies show that regular practice can help to relieve pain, improve sleep, decrease anxiety and depression, reduce addictive behavior, and much more. There are many ways to meditate-not just silent sitting with your legs crossed! If you think you can't, you're wrong. Try this series of 5 one-hour classes to find out what is right for you!! Instructor: Rita Taylor

\$59 Butterfly Rainbow Center
HETH311 5F 1/25 6:00-7:00PM

Tai Chi - A Strong Yet Gentle Flow

Tai Chi is a powerful ancient art form that is ever more important for modern life. Tai Chi can teach us how to slow down and reconnect our mind and body in a way that both strengthens and relaxes. Despite the fact that this is a slow-moving and low-impact practice that virtually anyone can take part in, a growing body of scientific evidence shows regular Tai Chi practice can improve muscle strength, coordination, balance, flexibility, and relaxation response. In this series of 7 one-hour classes, learn simple Tai Chi flow that may transform your life - but only if you choose to use it! Instructor: Randy Smith

\$89 Butterfly Rainbow Center
HETH310 7F 3/29 6:00-7:00PM

Pilates

Presented in its purest and most classic form, Pilates mat class is perfect for those needing an exercise regime that is low impact, yet effective. Increase body awareness and flexibility while strengthening and toning the core. Exercises can be modified to accommodate all ages, abilities, and fitness levels. Please bring an exercise mat and wear clothing that allows freedom of movement. Instructor: Rebecca Hansen

\$39 DANCE
HETH483 4W 2/6 11:00-11:55AM



REGISTER TODAY!!

TaeKwonDo - Beginning

In Korean, *tae* means “to strike or break with foot”; *kwon* means “to strike or break with fist”; and *do* means “way”, “method”, or “path”. Thus, TaeKwonDo may be loosely translated as “the way of the hand and the foot.” To learn the basic techniques and traditions of TaeKwonDo, join instructor Jr. Master Troy Vink, a 4th Degree Black Belt who has been instructing for 24 years and has 30 years experience in TaeKwonDo and State/National competition. This course benefits both the body and the mind. Experience self-defense, discipline, confidence, and respect for others. Ages 5 years & up. Instructor: Troy Vink

\$99 Joe Foss
HETH405 20TTh 1/8 5:45-6:45PM

TaeKwonDo - Advanced

Continue your instruction on the techniques and traditions of TaeKwonDo as you progress through the belt levels enhancing your skills. Experience self-defense, discipline, confidence, and respect for others as you earn the benefits for your body and mind. Join instructor Jr. Master Troy Vink, a 4th Degree Black Belt, who has been instructing for 24 years and has 30 years experience in TaeKwonDo and State/National competition. Ages 5 years and up. Instructor: Troy Vink

\$99 Joe Foss
HETH406A 20TTh 1/8 6:45-7:45PM

LOOKING FOR MORE CLASSES?

Check out our complete selection of ONLINE classes offered through ED2Go and UGotClass on the Community Education website. Hundreds of class options available. Go to www.sf.k12.sd.us for more information.

Introduction to Brazilian Jiu Jitsu & Muay Thai

If you are interested in Mixed Martial Arts, Muay Thai or Brazilian Jiu-Jitsu, here is your chance to try it out. Jiu Jitsu is a martial art, combat sport and a self-defense system that focuses on grappling. BJJ promotes the concept that a smaller, weaker person can successfully defend against a bigger, stronger assailant by using leverage and proper technique. BJJ training can be used for sport grappling tournaments and mixed martial arts (MMA) competition or self-defense. Muay Thai is a sport from Thailand that uses stand-up striking along with various clinching techniques. While combat sports may be intimidating, safety is key and we never push students to compete or spar. Must be 13 years or older. Instructor: Bruce Hoyer

\$49 X Fitness
HETH303 8MTh 2/4 6:00-7:00PM

Kumdo (Korean Sword)

Looking for a totally different sport? Try out our Kumdo/Kumbub program. This class consists of sport sword practice (Kumdo) using a bamboo sword, and real/battlefield sword practice (Kumbub) using a wooden sword. Program is designed to be both challenging and enjoyable for beginners and experts. We combine general instruction with personalized training, goal setting, and video analysis, all to make you the best possible martial artist you can be! Must be 13 years and up. Instructor: Jesse Adams

\$49 X Fitness
HETH302 4W 2/6 6:30-7:30PM

Introduction to Natural Health and Healing

Learn how to promote wellness, balance, and health in all aspects of your daily life. ED2GO \$95 ONLINE

In an effort to provide a safe, respectful educational environment, the District prohibits discrimination in its policies, employment practices and programs on the basis of race, color, creed, religion, age, gender, sexual orientation, disability, national origin or ancestry. In addition, the District shall not discriminate in the opportunities for students on the basis of parental status, marital status, or pregnancy, nor shall such students be excluded from any program or activity, including any class or any extra curricular activity. Prohibited acts of discrimination include racial, sexual, ethnic or other types of slurs, insults, intimidation, harassment and other conduct directed toward another person in accordance with Title II of the Americans with Disabilities Act of 1990 and Section 504 of the Rehabilitation Act of 1973 (discrimination based on disability); Title VI of the Civil Rights Act of 1964 (discrimination based on national origin or race); Title IX of the Education Amendments of 1972 (discrimination based on gender); and the Age Discrimination Act of 1975 (discrimination based on age).

Individuals with concerns or inquiries about discrimination are encouraged to attempt to resolve the grievance informally by working with the administrator most directly involved in the situation. If resolution is not achieved, the following persons have been designated to handle inquiries and formal complaints regarding the application of non-discrimination policies:

Assistant Superintendent, 201 East 38th Street, Sioux Falls, SD 57105-5898, (605) 367-7816.

Section 504 (discrimination based on disability): Supervisor-Health Services, 201 East 38th Street, Sioux Falls, SD 57105-5898, (605) 367-7933.

Policy and Regulation AC and AC-R (Foundations and Basic Commitments), which outline specific policy and grievance procedures, can be found on the Sioux Falls School District web site at www.sf.k12.sd.us or can be obtained from any school facility office.

In the event resolution of discrimination issues has not been addressed by the District, inquiries may be referred to the Kansas City Office, Office for Civil Rights, US Department of Education, 8930 Ward Parkway, Suite 2037, Kansas City, MO 64114-3302, Phone: (816) 268-0550, TDD: (877) 521-2172, FAX: (816) 823-1404, email OCR.KansasCity@ed.gov.

For Relay services for the hearing impaired: dial 711, then the desired number.



Healthcare Provider CPR Renewal

This Adult, Infant, and Child CPR/AED renewal is for healthcare providers with previous CPR certification. Participants receive hands on demonstration of CPR & AED skills, video review, and take a written test. The new standards will be presented. (\$6 material fee payable to instructor includes 2 year AHA certification)

Instructor: Mary Houska

\$35				IPC
HETH481A	1W	1/23	2:30-5:00PM	
HETH481B	1Th	2/21	5:30-8:00PM	
HETH481C	1F	3/22	1:00 - 3:30PM	

Bloodborne Pathogens

The Heartsaver® Bloodborne Pathogens course is designed to meet Occupational Safety and Health Administration (OSHA) requirements for bloodborne pathogens training when paired with site-specific instruction. The training is for anyone with a reasonable chance for occupational exposure to bloodborne pathogens. Learn how to protect yourself from BBP. Understand the PACT acronym (Protect, Act, Clean, Tell) and slogan, "Make a PACT, Know How to Act."

Instructor: Mary Houska

\$25				IPC
HETH607A	1W	1/23	5:00-6:30PM	
HETH607B	1F	3/22	3:30-5:00PM	

Heartsaver® First Aid with Adult/Child/Infant CPR and AED

This course trains in basic First Aid, Adult/Child/Infant CPR, and AED skills and is designed to meet OSHA requirements. (This class is not the required CPR training needed for nursing students, physicians or EMS.) (\$25 material fee payable to instructor includes AHA 2 year certification and student manual)

Instructor: Mary Houska

\$59				IPC
HETH597	1Th	1/31	8AM-2PM	

Long-Term Care Partnership Program: What Is It and Why Is It Important?

Attend South Dakota's Long-Term Care Partnership Program to learn about long-term care, related costs, what Medicare and Medicaid cover, and how the Long-Term Care Partnership Program can help. This public-private partnership is a program offering people quality, affordable long-term care insurance and a way to receive needed care without depleting their assets. Department of Social Services offers information and answers questions without endorsing any specific company or product.

Instructor: Kathi Skoglund

\$19				IPC
HETH592	1T	3/5	7:00-8:00PM	

First Time Archers - Ladies Only *

If you have ever had the urge to shoot an arrow and find the excitement and romance of archery, sign up for this class! Ladies 16 years & up, this class will cover safety, basic shooting techniques, and practice time. All equipment will be provided - both traditional recurve and compound bows.

Instructor: Archery Outfitters

\$19	Archery Outfitters			
HETH251A	1W	2/13	7:00-8:30PM	
HETH251B	1W	3/6	7:00-8:30PM	
HETH251C	1W	4/10	7:00-8:30PM	
HETH251D	1W	5/8	7:00-8:30PM	

Kickboxing

Great program for beginners and serious fighters alike! Our Kickboxing program is broken into three groups; No Contact, Light Contact, and Full Contact. This class gets incredible results with a step up from Cardio Kickboxing or TaeBo. (Gloves \$30) Adults only.

Instructor: Joe Willis

\$45	SD Combatives 101			
HETH514A	12MW	1/21	6:00-7:00PM	
HETH514B	12TTh	1/22	7:00-8:00PM	
HETH514C	12MW	3/18	6:00-7:00PM	
HETH514D	12TTh	3/19	7:00-8:00PM	

Luscious Low Fat Meals

Have you ever wished you had a personal chef preparing luscious, low-fat meals for you? This course is the next best thing! Discover how to reduce fat without sacrificing flavor or texture.

ED2GO	\$95	ONLINE
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Looking for a Gift?



**Give the gift of learning!
Purchase a class today.**

Archery - Getting Started *

Join us for this archery introductory class! Participants will learn safety, the basics of shooting a bow and arrow, and practice proper shooting techniques. All equipment will be provided-traditional recurve and compound bows. Adults 18 years & up.

Instructor: Archery Outfitters

\$19	Archery Outfitters			
HETH252A	1W	2/6	7:00-8:30PM	
HETH252B	1W	3/13	7:00-8:30PM	
HETH252C	1W	4/17	7:00-8:30PM	
HETH252D	1W	5/01	7:00-8:30PM	

Zumba® Gold

Join the dance party! Zumba® Gold is a fun and exciting way to exercise using Latin dance rhythms like salsa. Zumba®Gold is done at a lower intensity for the active older adult or the true beginner who is not used to exercising. Zumba® Gold is based on interval training-fast music alternates with slow - so you burn calories while keeping your heart rate up. Ditch the workout - join the party!

Instructor: Ahva Halma

\$39	DANCE			
HETH580A	4F	2/1	5:30-6:20PM	
HETH580B	4W	2/6	5:30-6:20PM	
HETH580C	4F	3/1	5:30-6:20PM	
HETH580D	4T	3/5	10-10:50AM	
HETH580E	4W	3/6	5:30-6:20PM	

Zumba® Gold - Double Time!

Double your fun! Register for two Zumba® Gold classes for special discounted pricing. This class code must be used at initial registration to receive the discounted rate.

Instructor: Ahva Halma

\$69	DANCE			
HETH615	Dates Above			

Bellydance Fitness

Whether you want to shimmy like Shakira or just learn some of the beautiful movements of this ancient dance style, this is a fun fitness class for you. Gentle, low-impact movements strengthen and tone your core muscles and more. No dance experience necessary. Participants should wear clothing that allows freedom of movement.

Instructor: Liquid Hip Therapy

\$39	DANCE			
HETH626A	4W	2/6	6:30-7:20PM	
HETH626B	4Su	3/3	5:00-5:50PM	
HETH626C	4W	4/3	6:30-7:20PM	

Biggest Loser



Ready to lose weight and get in shape? This will be our 12th program and past participants have lost up to 20 pounds in six weeks. Program includes a six week membership to X Fitness, personalized nutrition counseling, and team workouts with your coach. Pick from your favorite classes including; yoga, pilates, zumba, boot camp, cycling, and more-over 25 classes per week! Be healthier today! Initial meeting January 17, 2013 at 7PM or by appointment. Six week program begins January 31, 2013. Instructor: X Fitness

\$129 X Fitness
HETH304 1/31 6 Week Program



Ballroom Dance Sampler

Get ready for a special event, wedding, or just have more fun in life. Learn steps and turns from several styles of partnered dance to get you up and dancing. Couples-enjoy an evening dancing together! Individuals-join others learning and dancing! Class fee also includes admission to one Friday or Sunday night dance at the studio to practice your moves after completing the class. Instructor: Lisa Myhre

\$45 DANCE
HETH620A 4M 2/4 6:30-7:20PM
HETH620B 4Th 3/7 8:30-9:20PM
HETH620C 4W 4/3 7:30-8:20PM

Body Transformation



Get in shape and win money! Program includes online workout videos (which can be done at X Fitness or anywhere with weights) and nutritional advice. Videos show how to perform exercises (machine and free weights) to transform your body. Professional before and after photos are taken and judged for a winner in a women's and men's division. A portion of each participant's fee is put into a pot and the person who has made the biggest change, wins it all! (Past winners have won over \$500!!) This is a great program to keep you motivated and get you ready for summer. Twelve week program begins February 2, 2013. Instructor: X Fitness

\$79 X Fitness
HETH305 2/2 12 Week Program

Adult Hip Hop & Jazz

Yes, you can do it! Experience the fun and energy of these two dynamic dance forms -jazz & hip hop. Get moving, shaking, popping, and locking while learning some basic steps, moves, and terminology. This is definitely THE most fun way to exercise! Participants should wear clothing that allows freedom of movement, along with dance shoes or dance sneakers. Instructor: Rebecca Hansen

\$45 DANCE
HETH623 4Th 2/7 7:30-8:25PM

Kettleball Basics



What is a kettleball class? Learn what it is and how it can enhance your health and fitness. You will learn basic movements and techniques, like deadlifts and swings. This is an excellent total body workout that incorporates strength, flexibility, and conditioning. Get great results in a short time period that will help you look, feel, and move better. For all fitness levels. 18 years and up. Instructor: Annie Wylie

\$49 X Fitness
HETH306A 4Sa 2/9 9:00-10:00AM
HETH306B 4Sa 3/16 9:00-10:00AM

Linedancing & Party Dances



Have you ever wanted to learn those fun group dances and linedances you see people performing at weddings or clubs? This class is a great way to get started! Learn basic solo steps from dances like the Electric Slide, Cupid Shuffle, and other popular group dances. Instructor: Lisa Myhre

\$39 DANCE
HETH622 4F 3/1 6:30-7:20PM

REGISTER TODAY!!

Beginner Swing

Start with the basic footwork and then learn the turns that make this dance so much fun! Learn how to lead or follow on the dance floor to make dancing easier. Couples-enjoy an evening dancing together! Individuals-join others learning and dancing! Class fee also includes admission to one Friday or Sunday night dance at the studio to practice your moves after completing the class. Instructor: Lisa Myhre

\$45				DANCE
HETH531A	4F	2/1	6:30-7:20PM	
HETH531B	4T	3/5	6:30-7:20PM	
HETH531C	4M	4/1	8:30-9:20PM	

Salsa Dance

Get moving with the smooth and spicy Latin turns and spins of Salsa dancing-it's always a good time! Couples - enjoy an evening dancing together! Individuals-join others learning and dancing! Class fee includes admission to one Friday or Sunday night dance at the studio to practice what you learned after completing the class. Instructor: Lisa Myhre

\$45				DANCE
HETH621	4W	2/6	7:30-8:20PM	

Lose Weight and Keep It Off

Discover how to establish a healthy approach to successful weight loss and weight maintenance for a lifetime. set and achieve weight-loss and weight-maintenance goals that make sense for you. ED2GO \$95 ONLINE

Adult Ballet

The benefits of ballet extend far beyond beauty and grace. Known as the "foundation" of learning other dance forms, ballet promotes the elements of poise, body awareness, stamina, and better posture while it tones, sculpts, and strengthens the body. Class is structured to accommodate all ages, abilities, and levels, so come and experience the benefits and artistry of ballet. Dancewear and dance shoes preferred, but not required. Alternatively, participants can wear clothing that allows freedom of movement along with stocking feet or other alternative footwear. Instructor: Rebecca Hansen

\$45				DANCE
HETH624	4T	2/5	6:30-7:25PM	

Adult Tap

Tap dancing has long been a fun and beneficial dance style that virtually anyone can learn. Like all forms of dance, it promotes strength, coordination, control, and conditioning in the body. So, join the fun in making music with your feet and getting a good workout at the same time! Tap shoes required. There are a few pair of small sized adult tap shoes available for use. Instructor: Rebecca Hansen

\$45				DANCE
HETH625	4W	2/6	6:30-7:25PM	

Have an idea for a class?
We would like to hear from you!
Please visit: www.sf.k12.sd.us
to download form

Piano Lessons

Available After School

~Convenient
 ~Affordable
 ~Excellent Instructors
 ~End of Year Recital



Current Locations Include:

Eugene Field A+ • John Harris • Mark Twain • Oscar Howe • R.F. Pettigrew

For more information or to register go to: www.sf.k12.sd.us



Princess Ball for Fathers & Daughters

Dads, create a special memory with your favorite princess! Dress up for a fun evening together learning simple dance steps and then taking them to the dance floor. Grandfathers, uncles, adult brothers, and godfathers are also welcome to bring their favorite princess. Light refreshments will be served. Instructor: Lisa Myhre

\$19 DANCE
PC107 1Sa 4/13 6:45-8:15PM



Kids Inc.

SIoux FALLS SCHOOL DISTRICT
AFTER SCHOOL
ENRICHMENT
PROGRAM

Plans for Summer?

Check out our summer sessions!

Do you need a place for your child
when school is not in session?

Call 367.4424
for more information
Kids Inc, After School
Enrichment Program

Sioux Falls School District

Mother/Son & Father/Daughter Dance

Create a special memory with your child, grandchild, niece, or nephew. Dress up for a fun evening together learning simple partnered dance steps and taking them to the dance floor. You will also learn group dances and party dances popular at weddings and other events. Light refreshments will be served. Instructor: Lisa Myhre

\$19 DANCE
PC116 1Sa 4/20 6:45-8:30PM

Dance Sampler I (ages 5-8)

Discover four different dance forms- the grace of ballet, what makes Hip Hop "hip", the varied styles of jazz, and the fun of making music with your feet in tap! Dancewear preferred, but not required. Clothing that allows freedom of movement may be worn, along with stocking feet. Limited supply of tap shoes available for use. Note: 5 year olds must be in Kindergarten. Instructor: Rebecca Hansen

\$39 DANCE
Y143 4F 2/1 4:45-5:30PM

Dance Fundamentals (Ages 3-5)

The perfect class for introducing children to the world of dance! Participants will learn fundamental dance movements and concepts that set a foundation for learning, enjoying, and appreciating the art of dance. Dancewear preferred, but not required. Clothing that allows freedom of movement may be worn, along with stocking feet. Note: This class is intended for preschool aged children and 5 years olds who are not in Kindergarten. Instructor: Rebecca Hansen

\$35 DANCE
Y144 4F 2/1 4:15-4:45PM

Moms and Tots

A fun and rewarding class for parent (or grandparent) and walking tots up to 35 months. Child and partner will participate in creative dance related activities combining music, movement, and more to stir the child's motor skills, cognitive thinking, musicality, and enjoyment for dance. Fun AND educational! Participants should wear clothing that allows freedom of movement. Instructor: Rebecca Hansen

\$39 DANCE
PC117 4F 2/1 3:45-4:15PM



Etiquette For Our Future

Featuring Mrs. South Dakota International 2012,
Shannon Rook

“My favorite word is *genuine*, especially when referring to one’s personal character. I feel that a genuine person not only has integrity, but is also a person who is sincere and true in their actions. It is something I always strive for in my relationships or interactions.”

Everyday Manners

The basis of manners is to treat others the way you wish to be treated. From respect to compassion and kindness, to feeling confident in social situations, everyday manners are what we use to get along with others to succeed in life. Join us as we cover topics such as handshakes & introductions, maintaining eye contact, being a guest, and writing thank you notes. For ages 5-13.
 \$15 IPC

Y150 1Th 3/7 6:30-7:20PM

Body Manners

What are you saying when you’re not “saying” anything at all? Your body constantly communicates what you are thinking and feeling through your posture, gestures, eye movement, facial expressions, crossing of arms, and numerous other nonverbal cues. Join us to interpret these body language non-verbal “conversations.” For ages 5-13.
 \$15 IPC

Y152 1Th 3/14 6:30-7:20PM

Table Manners

“Elbows off the table, Mable” or “Chew with your mouth closed.” These are just a few of the table manners that show people who you are. Join us as we discuss proper posture, polite table conversation, table setting and utensil use, serving yourself and others, clearing the table, and asking to be excused from the table. These are skills that will develop character for a lifetime. For ages 5-13.
 \$15 IPC

Y151 1Th 3/21 6:30-7:20PM

TEEN - ACT, DRIVER EDUCATION

ACT Preparation Course

Attention high school juniors and seniors! Attend this class to develop the skills necessary to improve your test taking skills. In addition to reviewing subjects, this course emphasizes test-taking techniques. This class is broken into 6 parts: pretest, english, math, science, reading, and posttest. Be better prepared for your ACT test! \$149

LHS

TEEN802B1	3Sa	1/19	8AM-3:45PM
TEEN802B2	6T	3/5	5:00-8:00PM

RHS

TEEN802A	6T	3/5	5:00-8:00PM
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WHS

TEEN802C	3TWTh	5/21	8AM-3:45PM
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SAT/ACT Preparation - Part 1

Making the decision to attend college is probably one of the most important decisions you'll ever make, and your performance on college entrance exams is instrumental in determining your college choice. Universities and colleges throughout the U.S. require applicants to take the SAT or ACT as part of their evaluation package. This course will prepare you for both tests. Master the Reading, Writing, English, and Science questions on the ACT and new SAT. ED2GO \$95 ONLINE

SAT/ACT Preparation - Part 2

Master the math questions on the ACT and new SAT. The ACT math tests your knowledge of arithmetic, algebra, geometry, trigonometry, and basic statistics. This course provides you with a complete math review of all these subjects. In addition to reviewing arithmetic, algebra, geometry, and basic statistics, we'll cover functions and other algebra II subjects now tested on the SAT. ED2GO \$95 ONLINE

GED Preparation

Want to pass the GED? This course will help you develop the skills you'll need to succeed. ED2GO \$95 ONLINE

Driver Education

High School Students! It is time to take a driver education class. Receive 30 hours of classroom instruction, 6 hours behind the wheel training and 6 hours of observation. Students will be scheduled for the driving phase when they have successfully completed all 30 hours of classroom instruction or when they have their instructional permit. All tests will be completed to get your instruction permit. This course will be taught by a certified driver education instructor. Registration is on a first come, first served basis. **Must be 14 years old before start date.** Limited spots available. IN-DISTRICT \$309 (Students currently enrolled in Sioux Falls School District 49-5)

OUT-OF-DISTRICT \$349 (Students NOT currently enrolled in Sioux Falls School District 49-5)

LHS

DEW1000A1	1/21	4:15-7:15PM
DEW1000A2	3/11	4:15-7:15PM
DEW1000A3	4/25	4:15-7:15PM

RHS

DEW1000B1	1/21	4:15-7:15PM
DEW1000B2	3/18	4:15-7:15PM

WHS

DEW1000	2/6	4:00-7:00PM
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DRIVER EDUCATION SPOTS FILL QUICKLY! Register Online!

Supersitters! Babysitting Smarts

What does it take to be a "supersitter?" If you are between the ages of 11-15, experience hands-on basic care techniques for infants and children: playtime, feeding, and bedtime tactics. Special topics include emergencies, injury prevention, and first aid care including child CPR. Keep the kids you care for safe and entertained! Be their favorite "supersitter"! (\$15 book fee payable to instructor) Instructor: Mary Houska \$39

TEEN803A	1W	2/13	8AM-2PM
TEEN803B	1M	4/1	8AM-2PM
TEEN803C	1Th	5/16	8AM-2PM



Need Convenience? Flexibility?

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Thousands of courses to choose from!

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Test Prep • Education

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Go to: www.sf.k12.sd.us

Click on the Community Education/Online Learning Link



REGISTRATION INFORMATION

REGISTRATION GUIDELINES:

REGISTERING - Classes fill on a first-come, first-served basis. Payment is due at time of registration.

CLASS CANCELLATIONS:

Community Education reserves the right to cancel class due to insufficient enrollment. Refunds or class credit are given if Community Education cancels the class.

EMERGENCY/SEVERE WEATHER CANCELLATIONS:

In questionable weather conditions, listen for class cancellations on local radio and television stations. When school is cancelled, Community Education classes are cancelled. Participants will not be called individually. Cancelled sessions will be rescheduled.

UNABLE TO ATTEND?

Driver Education Policy: If you are unable to attend class as planned, you must call the Community Education office at least 72 business hours prior to your first class meeting. Driver Education charges a \$50 non-refundable cancellation fee.

Community Education Class Policy: If you are unable to attend a class as planned, you must call the Community Education office at least 72 business hours prior to your first class meeting (four weeks notice for trips). With 72 hours notice, we will be happy to transfer you to another available class or apply a full class credit to your Community Education account to use towards another class.

*Class credits expire after one year and cannot be redeemed for cash.

CLASS LOCATION GUIDE:

SCHOOLS/COMMUNITY CENTERS:

CTE	Career and Technical Education Academy	4700 W Career Cir
IPC	Instructional Planning Center	201 E 38th St
Joe Foss	Joe Foss School	1200 E 3rd St
LHS	Lincoln High School	2900 S Cliff Ave
RHS	Roosevelt High School	6600 W 41st St
WHS	Washington High School	501 N Sycamore Ave

BUSINESSES:

Archery Outfitters	1811 N Lowell Ave
Case School of Music	120 W 11th St
Camille's Sidewalk Cafe (Camille's)	1216 W 41st St
DANCE Ballroom & Studio (DANCE)	1200 E 57th St
Kingside Content	431 N Phillips Ave Suite 440
SD Combatives 101	3900 W 12th St
The Bead Company	319 S Phillips Ave
The Butterfly Rainbow	1416 S Minnesota Ave
Tuthill Park	3516 S Cliff Ave
Unit 5 Woodworks	214 S Main Ave
X Fitness	112 W 39th St

HOW TO REGISTER:

ONLINE



Go to www.sf.k12.sd.us and click on the Community Education link. All online classes must be registered for on our website.

PHONE



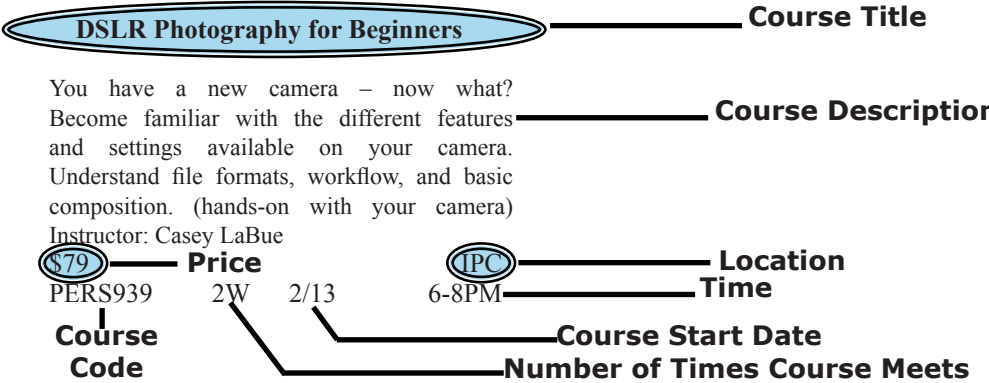
605.367.7999 8AM TO 4:30PM



MAIL

Mail your registration form with check or money order to:
Community Education: 201 E 38th Street Sioux Falls, SD 57105

READING THE COURSE CATALOG:



----- (Please detach and return with payment) -----

REGISTRATION FORM

Name

Street

City

Zip

Birthdate

Telephone-Day

Night

Email address

** Email address required to receive payment receipt and important class information. **

Class code	Title	Fee
Material fees are payable to instructor at 1st class.		Total Tuition

Payment Options:

☐ Check/Money Order (payable to Community Education)

DRIVER EDUCATION REFUND POLICY: Students will not be excused for family vacations, camps or extracurricular activities. To cancel you will be charged a \$50 non-refundable cancellation fee.

COMMUNITY EDUCATION REFUND POLICY: With 72 hours notice, (4 weeks notice for trips) we will be happy to transfer you to another available class or apply a full class credit to your Community Education account to use towards another class.

Class credits expire after one year and cannot be redeemed for cash.

No refunds/credit given if you fail to attend class.

Featured Classes



Woodworking
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Finance
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Community Education

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