



**COMMUNITY
EDUCATION**
Sioux Falls School District 49-5

“EMOJI”-N THE POSSIBILITIES...



January to August 2018

WELCOME

Bring Your 🧐 Story To Life!

Your path is unique - a story filled with possibilities!

We are delighted to welcome you to our Community Education family and invite you to join us on an adventure of trying something new, learning a new skill, and feeling a sense of accomplishment!

Whether you are starting out on this new adventure or are a seasoned lifelong learner, it's never too late to continue writing your story!

Feel 😊 successful, 🧐 creative, 😊 proficient,
🤔 motivated, 😄 excited, 😊 determined,
😄 energetic, and 😊 inspired!

Turn the pages and find which class will elicit these emotions from you...emoji'n the possibilities!

~ YOUR CommED Team!

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Office Hours

Monday-Friday 8am-5:00pm
Closed on School District Holidays



Stained Glass Art

...reflective light!

...create objects d'art!

...copper foil, solder,
burnishing tools!

Pages 8 - 10

Kayaking

...mind, body, paddle!

...upstream &

downstream!

...decks, eddies,

hatches & portage!

Pages 53 & 71



Ice Skating

...free style skate!

...tea party,

tailgates & superheros!

...spirals, axels &

bunny hops!

Pages 64



ARTS

Basic Wire Working for Jewelry

Learn to bend, twist, attach, connect, and embellish with wire to create jewelry! Develop your basic skills with earrings, charms, pendants, shapes, coils, and even hammering while learning about the proper tools for the craft. Technique building and freestyle time are both an important part of this class. Materials included. Ages 12 and up.

Instructor: Melanie Erickson
Location: Acorn19 - Bead Co.

Saturday, March 10 1:00-3:00PM
BEAD198 \$35

NEW Basic Beading & Charms

Bracelets, necklaces, earrings, and charms are in your creative future! From crimping ends and adding clasps to bending wire into earrings and attachments, learn a range of basic beading and wiring techniques. Master the proper tools for the craft and learn which materials work best to turn your creative ideas into reality. Create endless combinations of jewelry and home décor. As a beginning beader or to refresh your skills, join us for this popular 17 year running class. Class project: bracelet, earrings, charms. Materials included. Ages 12 and up.

Instructor: Melanie Erickson
Location: Acorn19 - Bead Co.

Saturday, February 3 1:00-3:00PM
BEAD199A \$35

Saturday, April 21 1:00-3:00PM
BEAD199B \$35



Spiral Weave Beaded Bracelet or Necklace

Learn the beautiful technique of the Beaded Spiral Weave using Miyuki Glass beads to create a sparkling, spiraling bracelet with your choice of magnetic or button clasp - or a necklace upgrade for \$5 at class. After mastering the basic weave, the options are endless! Change the shape, formula, or texture for more exotic patterns or change the beads for a new twist on the same Spiral Weave. Materials included. Ages 12 and up.

Instructor: Melanie Erickson
Location: Acorn19 - Bead Co.

Saturday, February 10 1:00-3:00PM
BEAD216 \$35

Leather Beaded Ladder Style Bracelet

This trendy beaded leather wrap bracelet style is a hit! Create a bracelet that wraps around your arm once or twice - your choice, and finishes with a button style adjustable clasp. A shiny row (ladder) of glass beads in your color choice surrounded by the leather color of your choice, woven with silk string of your choice...imagine the possibilities! Learn the basic techniques, then easily create more in glass, stone, metal, chain...doubles, triples...multiple ladders...anything goes! Materials included. Ages 12 and up.

Instructor: Melanie Erickson
Location: Acorn19 - Bead Co.

Saturday, March 3 1:00-3:00PM
BEAD218 \$35

ARTS

bragging rights

Mala Style Stone or Prayer Bead Bracelet

Choose your semi-precious stones or wood beads, add your choice of tassel, charm, lotus, leaf, or heart, then add a lava bead or two to absorb your favorite essential oils! Learn our favorite technique for easy-wear, stretchy bracelet creations while making your Mala style or prayer bead bracelet. Simple gift giving ideas here! Class includes materials, charm and \$8 towards select semi-precious stones. All stones are available to purchase with your student discount. Research and plan ahead which stones or colors you want - or just go with the flow and decide at class. Materials Included. Ages 12 and up.

Instructor: Melanie Erickson
Location: Acorn19 - Bead Co.

Friday, March 9 5:30-6:45PM
BEAD222 \$29

Stamped Message Necklace

Create a gorgeous personalized necklace featuring a shiny 1.25" round metal ring/washer style pendant which you'll hand stamp with your favorite names, saying, words, and dates. Add extra sentiment or flair by accenting with birthstones, anniversary stones, or charms. Practice metal letter stamping and texturing. Prepare to be empowered with hammers and tools! Includes chain, accent bead, charm, and pendant. Bring words, dates, or names totaling 23 characters or less. Materials included. Create extra for a small fee. Ages 12 and up.

Instructor: Melanie Erickson
Location: Acorn19 - Bead Co.

Saturday, March 24 1:00-3:00PM
BEAD202 \$45



Ladies Night Out! Leather Bead Weave Bracelet

This leather and bead weave-style bracelet is simple, stylish, versatile! Create two bracelets in faceted glass, metal, and leather of your choice with a button style clasp... lots of choices! Perfectly customizable and quick to finish for gift giving creations! After learning the basics, personalize with multiple wraps, stone, or more leather layers. Your friends are going to want one...so plan to make more, or bring all those friends with you! Materials included. Ages 12 and up.

Instructor: Melanie Erickson
Location: Acorn19 - Bead Co.

Friday, April 13 5:45-6:45PM
BEAD203 \$29



ARTS

Initial Stamped Charms with Birthstones Jewelry

Mother's Day is near! Create hand-stamped initial charms accented with birthstones for Mom, Grandma, or yourself! Choose your metal charm colors and chain style, hand-stamp initials, and add hammered texture, if you wish. Finish with accent beads or birthstones. Class project - necklace or bracelet. Materials, box, and gift bag included. Ages 12 and up.

Instructor: Melanie Erickson

Location: Acorn19 - Bead Co.

Saturday, April 14
BEAD416

1:00-3:00PM
\$45

Wire Flowers Necklaces & Centerpieces

Wire flowers are a highly requested technique around here! Create your wire flowers using our own special pattern and techniques using wire working tools. Use your unique flowers as a pendant for a necklace or table centerpiece. Add chain to the edges to create an artsy necklace... or...embellish a glass cup with bead wraps, beaded sprigs, and your wire flower for a decorative table topper. Materials included. Ages 12 and up.

Instructor: Melanie Erickson

Location: Acorn19 - Bead Co.

Saturday, May 19
BEAD418

1:00-3:00PM
\$39



Stamped Message Cuff Bracelet

Express yourself with the empowering, impressive skill of metal hammering! Choose a plain metal blank of your desired width and transform it into a textured, hammered, cuff bracelet ... with or without a personal message! Practice stamping, hammering, texturing, and bending the perfect cuff. Use your newfound knowledge to create metal cuffs on your own with a few materials and simple tools. Messages can be on the cuff's outside or hidden inside! Be prepared with a word, date, short phrase to personalize your bracelet. After this Hammered Cuff Bracelet Class, you'll have the skills to make various stamping necklaces and bracelets! If time allows, additional cuffs can be made ala carte. Ages 12 and up.

Instructor: Melanie Erickson

Location: Acorn19 - Bead Co.

Saturday, May 12
BEAD200

1:00-3:00PM
\$45

ARTS

sweet somethings

NEW Cold Forged Metal Pendant or Cuff Bracelet

Fashion a forged metal pendant or cuff bracelet forming and fabricating raw material into a beautifully finished piece of jewelry! Choose copper for its medicinal value or hardened steel, then learn century-old forging techniques with a little help from modern equipment involving hammer, heat, and anvil. Unleash metal's wonderful potential while you craft a style that is delightfully imperfect and organic. Then wear, share, or even market! Project choice of pendant or cuff bracelet. Age 18 and up.

Instructor: Steve Grosvenor
Location: Red Rock Tools

Tuesday, May 8	6:00-8:00PM
ART648A	\$59
Tuesday, June 12	6:00-8:00PM
ART648B	\$59
Tuesday, July 10	6:00-8:00PM
ART648C	\$59

Embellish Your World! Paper Quilling - Beginners

Turn the 500 year old technique of paper quilling into a relaxing and rewarding hobby! Learn the basics of quilling shapes and scrolls - using strips of lightweight paper, glue, a quilling needle, and a fair amount of patience. Roll, loop, curl, twist, and manipulate paper to create four beautiful greeting cards. Don't be surprised if this filigree paper art becomes addicting after your first encounter! Class includes greeting cards, a slotted quilling needle, and a packet containing quilling products, designs, and resources. Become a "quiller" - making creative, satisfying gifts and art! Materials included.

Instructor: Linda Schwab
Location: IPC

Tuesday, May 1	6:00-8:45PM
ART652A	\$39
Tuesday, May 8	6:00-8:45PM
ART652B	\$39
Tuesday, May 15	6:00-8:45PM
ART652C	\$39
Tuesday, May 22	6:00-8:45PM
ART652D	\$39



Rags to Rugs! Crochet Rug Making

Crochet rag rugs - a creative use of recycled fabric scraps and old clothing creating beautiful and useful items! Etsy seller Anna Maifeld guides you in fabric selection, time-saving techniques for preparing strips, and three options for joining the strips. Choose between a crocheted trivet or begin a rug. Knowledge of basic crochet - chain and single-stitching necessary, but no pattern reading skills necessary. Bring: size I or J crochet hook, sharp fabric scissors, fabric scraps, and old clothing. No denim. Also bring rotary cutter, cutting mat, and ruler (if you have them.) Anna's fabric stash is available to share with students.

Instructor: Anna Maifeld
Location: IPC

2 Mondays, April 2	6:30-8:00PM
ART574A	\$45
2 Tuesdays, April 17	6:30-8:00PM
ART574B	\$45



ARTS

Stained Glass Beveled Snowflake - 2016 & 2017

Every snowflake is unique! Assemble your 2016 version! Create a snowflake using bevels and stained glass cut by you. Learn the process of the copper foil method of stained glass and how to prepare and solder your snowflake together. Start your snowflake collection today - creating and displaying or gifting this beautiful, one-of-a-kind snowflake! To complete your collection, see the 2017 Beveled Snowflake class, too!

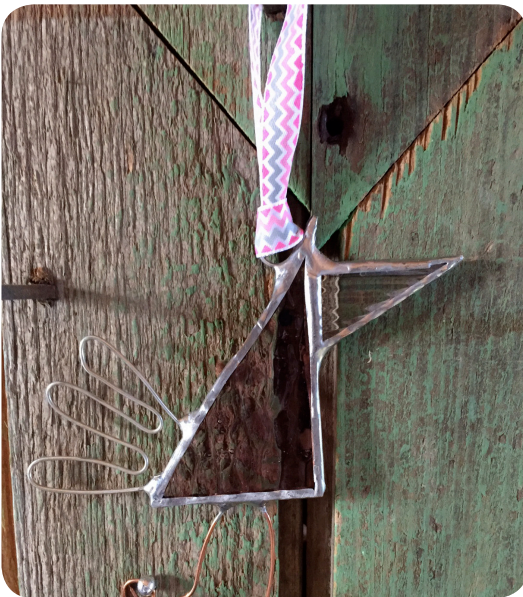
Instructor: Heidi Schrag
Location: IPC

2016 Snowflake

Thursday, February 15	5:30-8:45PM
ART438A	\$39
Monday, February 26	5:30-8:45PM
ART438B	\$39

2017 Snowflake

Thursday, February 22	5:30-8:45PM
ART432A	\$39
Tuesday, February 27	5:30-8:45PM
ART432B	\$39



NEW Stained Glass Birds on a Wire!

Let your imagination run wild by designing two stained glass birds! Learn to cut stained glass for the body and beak of the bird, how to prepare the glass for soldering and learn basic soldering techniques to attach everything together. Embellish your birds with wire legs and tail feathers to make them one-of-a-kind!

Instructor: Heidi Schrag
Location: IPC

Thursday, March 8	5:30-8:45PM
ART376A	\$39
Tuesday, March 27	5:30-8:45PM
ART376B	\$39
Monday, April 16	5:30-8:45PM
ART376C	\$39
Thursday, April 26	5:30-8:45PM
ART376D	\$39
Monday, May 14	5:30-8:45PM
ART376 E	\$39

ARTS

bare necessities

NEW Stained Glass Forever Flowers! Plant Stakes 2018

Learn the basics of cutting stained glass, prepare the glass pieces for soldering with copper foil, and solder everything together to create your "Forever Flowers!" Add a 12" copper stake, wire, and beads to personalize your flowers exactly the way you wish! Perfect for indoor or outdoor use. Also, create a marble flower with solder using flat-back glass gems. Materials included for two forever flower plant stakes - 2018 pattern.

Instructor: Heidi Schrag
Location: IPC

Monday, March 12	5:30-8:45PM
ART367A	\$39
Thursday, March 29	5:30-8:45PM
ART367B	\$39
Tuesday, April 17	5:30-8:45PM
ART367C	\$39
Tuesday, May 15	5:30-8:45PM
ART367D	\$39

Stained Glass Forever Butterflies! Plant Stakes 2017

Learn the basics of cutting stained glass, preparing the glass pieces for soldering with copper foil, and soldering everything together. Finish your butterflies by adding a 12" copper stake, wire, buttons, and beads to personalize your butterflies exactly the way you wish! Perfect for indoor or outdoor use. Also, create a marble flower with solder using flat-back glass gems. Materials included for two forever butterfly plant stakes - 2017 pattern.

Instructor: Heidi Schrag
Location: IPC

Monday, March 19	5:30-8:45PM
ART359A	\$39
Monday, April 9	5:30-8:45PM
ART359B	\$39
Monday, May 7	5:30-8:45PM
ART359C	\$39
Monday, May 21	5:30-8:45PM
ART359D	\$39

NEW Stained Glass - Mixed Media Copper Flower! Intermediate

Start with a copper wire frame to form a trendy flower, then fill it with pieces of stained glass, copper shapes, copper wire swirls, and glass gems! Learn basic glass cutting techniques and the copper foil method to solder everything together to complete your flower. Add beads for a fun, individualized copper flower to use as a sun catcher, ornament, or decoration. All materials included. Intermediate class: previous stained glass class participation or stained glass experience required.

Instructor: Heidi Schrag
Location: IPC

Tuesday, March 13	5:30-8:45PM
ART377A	\$39
Thursday, April 5	5:30-8:45PM
ART377B	\$39
Thursday, April 19	5:30-8:45PM
ART377C	\$39
Thursday, May 3	5:30-8:45PM
ART377D	\$39



ARTS

NEW Stained Glass Springtime Fairies!

Welcome spring with these whimsical, springtime fairies! Let your imagination run wild by designing two stained glass fairies with glass or copper wings, wavy hair, or spiraling curls! Learn basic glass cutting techniques and the copper foil method to solder your angel's body and her glass marble head, and of course all of her accessories! Materials included.

Instructor: Heidi Schrag
Location: IPC

Tuesday, March 20 ART378A	5:30-8:45PM \$39
Tuesday, April 10 ART378B	5:30-8:45PM \$39
Monday, April 23 ART378C	5:30-8:45PM \$39
Tuesday, May 8 ART378D	5:30-8:45PM \$39
Thursday, May 17 ART378E	5:30-8:45PM \$39

Stained Glass - This & That Suncatcher! Intermediate

Continue your new-found passion of stained glass art! Create one large or two small suncatchers using your imagination and beautiful pieces of glass designed and created by you! Stained glass, wire, glass gems, copper shapes, and beads will all be available to make your suncatcher unique! Materials included. Intermediate class: previous stained glass class participation or previous stained glass experience required.

Instructor: Heidi Schrag
Location: IPC

Thursday, March 1 ART374A	5:30-8:45PM \$45
Monday, April 30 ART374B	5:30-8:45PM \$45

Stained Glass Kites to Fly the Friendly Skies! 2017

Create two whimsical stained glass kites with long, fabric ties for tails! Learn to cut stained glass and prepare the glass pieces for soldering using the copper foil method. Arrange your glass along with wire accents and solder everything together to create two colorful kites. Fly high in the friendly Midwest skies! Materials included for two finished personalized kites - 2017 pattern.

Instructor: Heidi Schrag
Location: IPC

Thursday, March 22 ART3372A	5:30-8:45PM \$39
Thursday, April 12 ART372B	5:30-8:45PM \$39
Tuesday, April 24 ART372C	5:30-8:45PM \$39
Thursday, May 10 ART372D	5:30-8:45PM \$39



All photos actual
projects in ART
section- see online
for all ART class
project photos

ARTS

gathering excuse

Henna Art Design!

Temporary henna stains are beautiful and can be deceptively simple to apply with a bit of practice and understanding. Learn the history, secrets of application, upkeep, and beginner henna design techniques with artist JJ Nelson. All materials provided including both hand-mixed and commercial henna cones to take home. Sport a unique henna design at the end of class! Take both classes to learn two styles. All ages.

Instructor: JJ Nelson
Location: IPC

Wrist to Finger

Thursday, March 1 6:00-8:00PM
ART251 \$35

Wrist Cuff & Chain to Ring Finger

Thursday, April 19 6:00-8:00PM
ART252 \$35

NEW Show Your Patriotism! Wreath

Welcome your guests at the door with this patriotic, mesh wreath! Create a classic accent piece for Memorial Day, Veteran's Day, Fourth of July, or to show your patriotism year-round! Using a wire hanger and yards of decorative mesh, add a combination of textures, patterns, and red, white, and blue! Welcome your guests, enhance your decor, or gift to a special friend! Materials included.

Instructor: Pamela Harris
Location: Lava's Javas & Treats

Thursday, April 26 7:00-8:30PM
ART220 \$59



NEW Acrylics & Dessert

Painting, coffee, and dessert! Grab your friends, neighbors, and family and express your artistic talent with acrylic painting techniques guided by JJ Nelson to create your 20"x16" canvas to display year-round! Treat yourself to fun, dessert, and coffee as you paint! Materials included. See project pictures online

Instructor: JJ Nelson
Location: IPC

South Dakota Sunflower!

A drive along I-90 in July or August reveals the landscape covered in happy, yellow flowers. Now add one to your décor!

Friday, March 16 6:00-8:30PM
ART246 \$39

Fairy Forest!

Escape and enter the enchanted, magical, lichen-filled world of "Fairy Forest!" Spread your wings and let the "fairy in you" fly in your forest that will last forever!

Thursday, April 26 6:00-8:30PM
ART247 \$39

ARTS



Confidently Crochet! Beginner II Basket or Tote Bag

Yearning for the magical workings of hook and yarn? Learn the stitches, tools, and techniques to become a bona fide crocheter! Practice basic stitches, how to select yarn, the proper hold of the hook, and how to track and troubleshoot your rows - materials provided for first class. Combine your new skills to create a basket or tote bag. Student responsible for project materials. Bring a size I and J crochet hook. This class is a bridge between Beginners & Intermediate. Confidently Crochet! Beginners or equivalent experience including pattern reading skills required. Student responsible for project materials. (Instructor Cheri Palmer will have her service dog River with her at class.)

Instructor: Cheri Palmer
Location: IPC

4 Thursdays, April 5 6:30-8:30PM
INTR448 \$45



Confidently Crochet! Beginner I Scarf or Hat

Hats and scarves are essential cold weather gear in South Dakota! Learn and practice the stitches, tools, and techniques, how to select yarn, the proper hold of the hook, and how to track and troubleshoot your rows. Materials provided for first class. Instructor assists in determining materials needed for your project - student responsible for project materials. Bring a size J crochet hook. (Instructor Cheri Palmer will have her service dog River at class.)

Instructor: Cheri Palmer
Location: IPC

4 Tuesdays, March 20 6:30-8:30PM
INTR451A \$45

4 Tuesdays, April 17 6:30-8:30PM
INTR451B \$45

NEW Confidently Crochet! Beginner II Decorative Pillow Cover

Yearning for the magical workings of hook and yarn? Learn the stitches, tools, and techniques to become a bona fide crocheter! Practice basic stitches, how to select yarn, the proper hold of the hook, and how to track and troubleshoot your rows - materials provided for first class. Combine your new skills to create a decorative pillow cover. Bring a size J or K crochet hook. This class is a bridge between Beginners & Intermediate. Confidently Crochet! Beginners or equivalent experience including pattern reading skills required. Student responsible for project materials - skeins of yarn and a pillow form. (Instructor Cheri Palmer will have her service dog River with her at class.)

Instructor: Cheri Palmer
Location: IPC

4 Thursdays, May 3 6:30-8:30PM
INTR449 \$45

ARTS

passion ignited

NEW Sew On & Sew Forth! Sewing Machine Lab

Take the mystery and frustration out of mastering your sewing machine investment, gain confidence, and be off on your sewing journey! Each week focuses on a project incorporating new skills and techniques - basic principles of threading the machine, winding a bobbin, straight and zig-zag stitching, hemming, quilting, fabric selection, cutting fabric, and more! A list of supplies needed will be provided at registration. Bring your machine with its manual. No sewing skills required. Join us for hands-on basic sewing techniques! Age 18 and up.

Instructor: Anna Maifeld
Location: IPC

4 Thursdays, April 5
ART575

6:30-8:30PM
\$149



New Clay Studio! Intermediate Hand - Building & Wheel

Take your new pottery passion to the next level! Join Jess for advanced, in-depth instruction as you explore your creativity at the pottery wheel! Create unique and functional high-fired pottery as you learn techniques to develop shapes, tooling techniques, and the small details that make functional pottery. Materials included. Ages 14 and up.

May 14th: Cups
May 15th: Handles / Decoration / Trimming
May 21st: Pitchers
May 22nd: Handles / Decoration / Trimming
May 29th: Bottles
June 4th: Lidded Jars
June 5th: Handles / Decoration / Trimming
June 11th: Plates / Platters
June 12th: Trimming / Decoration
June 18th: Glazing / The Kiln

Instructor: Jess Elofson
Location: RHS

10 Mon/Tues, May 14
ART789

6:00-8:00PM
\$249



New Clay Studio! Beginner Hand - Building & Wheel

Join professional potter Jess as he directs you through the craft of clay working and the pottery wheel! Step into a world of artistic expression, passion, and learning! Explore your creative side while operating a pottery wheel and learning basic clay techniques - wedging, centering, pulling cylinders and handles, and trimming in both thrown and hand-built clay! Create unique, functional high-fire glazed pottery to proudly display or gift! A different project each week - cups, pitcher, plate, bowls, and lidded jars. Fire your projects in Jess's kiln in Brandon at the last class. Materials included. Ages 14 and up.

Instructor: Jess Elofson
Location: RHS

10 Mon/Tues, April 9
ART788

6:00-8:00PM
\$249

ARTS

Stained Glass Series! Beginners

Fire the flames of your new passion for stained glass! This artform entails uses a soldering iron, glass cutter, and glass grinder. Don't let the tools and techniques deter you from the unique pleasure of creating your own masterpiece! Join Dakota Stained Glass Ken Bird as he reveals stained glass techniques, from pattern creation and glass selection to cutting glass, fitting, and foiling. From tool selection and efficient soldering practices to finishing and framing; create a customized 12"x12" panel to display! Go on to create beautiful windows, lamp shades, and more with your newfound skills! Materials included.

Instructor: Ken Bird

Location: Dakota Stained Glass

4 Wednesdays, March 7	6:30-9:30PM
GLASS222A	\$149
4 Thursdays, April 5	6:30-9:30PM
GLASS222B	\$149
4 Wednesdays, May 2	6:30-9:30PM
GLASS222C	\$149
4 Thursday, June 7	6:30-9:30PM
GLASS222D	\$149



NEW Fused Glass Art! Spring Flower Picks

Create these adorable flower picks in a creative spring theme! Patterns will be provided for Easter eggs, bunnies, ducks, chicks, daffodils, irises, tulips, and more. Learn to cut your base glass, then add glass globs, crushed glass, and strings of glass to embellish your pattern and make these "uniquely" yours! Materials included.

Instructor: Ken Bird

Location: Dakota Stained Glass

Thursday, March 1	6:30-8:30PM
GLASS223A	\$39
Monday, March 12	6:30-8:30PM
GLASS223B	\$39
Monday, March 19	6:30-8:30PM
GLASS223BC	\$39



ARTS

talent discovered

Fused Glass Art! Spoon Rest

Every chef needs a taste or two to make sure they have the right ingredients in their culinary creations! Create a fused glass resting place for your tasting spoon! After choosing your design, glass, and color combination, learn glass cutting and fusing techniques. Kick your culinary skills into high gear with your beautiful creation! Materials included.

Instructor: Ken Bird

Location: Dakota Stained Glass

Monday, March 5	6:30- 8:30PM
GLASS231A	\$45
Thursday, March 8	6:30- 8:30PM
GLASS231B	\$45
Monday, April 16	6:30- 8:30PM
GLASS231C	\$45

NEW Fused Glass Art! Small Lacey - Edged Vase

Begin the creative process by choosing your favorite textured clear glass, then shape the glass to give it an uneven edge. After adding frit to accentuate the surface, begin creating the lacey edge using medium to coarse chopped up frit. Your absolutely beautiful, small vase is ready for firing and slumping! Materials included.

Instructor: Ken Bird

Location: Dakota Stained Glass

Thursday, March 15	6:30- 8:30PM
GLASS225A	\$39
Thursday, April 12	6:30- 8:30PM
GLASS225B	\$39
Thursday, May 3	6:30- 8:30PM
GLASS225C	\$39



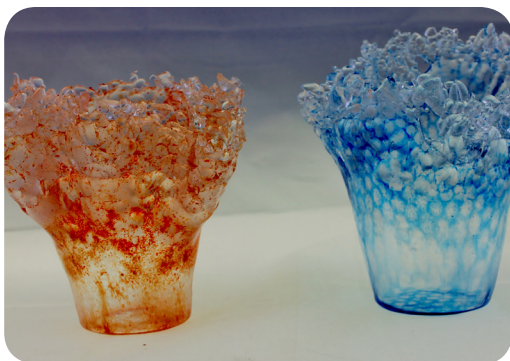
Fused Glass Art! Jewelry

"I have enough jewelry"...said no one ever! Create four pieces of unique jewelry using any colored glass, including one piece in dichroic glass! Learn new fused glass techniques as you experience full, tack, or contoured fusion. Many different tricks and techniques will add to your design skills will be acquired. Materials included for four unique jewelry pieces with bails to use as dangles. Materials included.

Instructor: Ken Bird

Location: Dakota Stained Glass

Thursday, March 22	6:30- 8:30PM
GLASS228A	\$39
Thursday, April 19	6:30-8:30PM
GLASS228B	\$39
Monday, April 23	6:30- 8:30PM
GLASS228C	\$39



NEW Fused Glass Art! Embossed Floral Plate

Choose your spring flower pattern - tulip, crocus, daffodil, daisy or pansy! Create your design using fiber paper to emboss onto the underside of your plate, then learn to cut the flowers from the glass colors of your choice. Finish your unique design using stringers and frit. Your plate adds a touch of spring to your décor! Materials included.

Instructor: Ken Bird

Location: Dakota Stained Glass

Thursday, April 5	6:30- 8:30PM
GLASS227A	\$39
Monday, April 9	6:30- 8:30PM
GLASS227B	\$39
Thursday, April 26	6:30- 8:30PM
GLASS227C	\$39

ARTS

NEW Fused Glass Art! Eye - Popping Garden Stakes

Add a pop of color and whimsical design to your garden or flower pots with these fun garden stakes! Begin with a 12"x 5" piece of clear glass, then create your unique design with many finished examples to inspire you! After creating your design, add bits of glass, stringers, frit, and other embellishments and mount your individualized creations on copper rods for display. Materials included.

Instructor: Ken Bird

Location: Dakota Stained Glass

Monday, April 30	6:30- 8:30PM
GLASS220A	\$39
Monday, May 14	6:30- 8:30PM
GLASS220B	\$39
Thursday, May 24	6:30- 8:30PM
GLASS220C	\$39



NEW Fused Glass Art! Garden or Flower Pot Mushrooms

Create two small mushrooms for you garden or flower pots! Begin the process with a five inch circle base, then by adding frit, glass globs, stringers, and other bits of glass, design mushrooms just perfect for you! If you bring a wine bottle, we can cut a base in class for the mushroom base. Add a copper rod to assemble your mushrooms into stakes - \$5 payable at class. Incredibly cute! Materials included.

Instructor: Ken Bird

Location: Dakota Stained Glass

Monday, May 7	6:30- 8:30PM
GLASS221A	\$39
Thursday, May 17	6:30- 8:30PM
GLASS221B	\$39
Monday, May 21	6:30- 8:30PM
GLASS221C	\$39

NEW Fused Glass Art! Patriotic Flag Wave

Use the colors of old glory to create this patriotic flag wave! Use strips of red and white to create the thirteen stripes, then on a blue background add the fifty white glass globs to create the stars. Once assembled, your flag will be slumped over a wave mold. Display it on a special shelf or table to show off your love of our country! Materials included.

Instructor: Ken Bird

Location: Dakota Stained Glass

Monday, June 4	6:30- 8:30PM
GLASS230A	\$45
Monday, June 11	6:30- 8:30PM
GLASS230B	\$45
Thursday, June 14	6:30- 8:30PM
GLASS230C	\$45



ARTS

emerge fortified

NEW Forged Metal Cutlery

From sous chef and fishermen to hunters and outdoor enthusiasts, join blade smith Steve Grosvenor to create a piece of cutlery with fit, finish, and performance personalized to you! Design, grind, forge, heat treat, temper, and finish to create a masterpiece of functional art. For beauty and performance, choose from an array of handle materials to compliment your forged cutlery. All materials supplied including a \$15 allowance for cutlery handle material. Upgrade handle materials available to purchase at class. Ages 18 and up. Fourteen hours of one-on-one instruction. Call 367-7606 to schedule.

Instructor: Steve Grosvenor
Location: Red Rock Tools

Schedule Upon Request
ART646

\$399

NEW Leather - Tooling Cutlery Sheath

Outdoor enthusiasts, fisherman, hunters, and chefs - join Red Rock Tools Steve Grosvenor to design and create a leather sheath from cased, saturated leather molded to fit your cutlery piece. Learn leather-tooling techniques from selecting your leather to using leathering tools - rotary cutters, skiving blades, rowels, dremmels, and gouges. Whether perfecting your culinary skills or cruising the outdoors, keep your tools within easy, hands-free reach and be a real world survivor! Student responsible for purchase of leather at class - pricing dependent on size of project. All other supplies included. Bring a specific cutlery piece if desired. Ages 18 and up.

Instructor: Steve Grosvenor
Location: Red Rock Tools

Saturday, March 3
ART641A

1:00-5:00PM
\$135

Saturday, April 7
ART641B

1:00-5:00PM
\$135

Saturday, May 5
ART641C

1:00-5:00PM
\$135

NEW Intuitive Art! Express Yourself!

Release the things holding you back from your best life with intuitive art healing! Express yourself, expand your awareness, and connect to other like-minded souls! Explore different concepts and art mediums, then prepare to feel your being shift! Through vibrational energy healing and guided and independent art development; connect to your creative and intuitive nature! All artist levels welcome, including beginners. Materials included.

Instructor: Jessica Kippes
Location: IPC

Art From the Heart I

Create a 20"x16" abstract, energy focused masterpiece.

Saturday, March 17
ART253

9:00-12:30PM
\$49

Un-defining Tools

Unexpected tools to create art - think outside the box

Saturday, April 14
ART254

9:00-12:30PM
\$49

Journaling

Unexpected tools to create art - think outside the box.

Saturday, May 19
ART255

9:00-12:30PM
\$49

Nature Connection

Explore nature components - tree ring prints, mushroom stamps, tree bark tracing, feather painting

Saturday, June 16
ART256

9:00-12:30PM
\$49

Food Art

Bring an appetite and construct a piece of art from food

Saturday, July 14
ART257

9:00-12:30PM
\$49

Art From the Heart II

Create a 20"x16" abstract, energy focused masterpiece.

Saturday, August 4
ART258

9:00-12:30PM
\$49

ARTS

NEW Solder Metal Jewelry Wave Ring

Silver flows through your fingers with a splash of hand-made elegance with the WAVE ring you create! The undulating arcs are more planned than they appear, though the design leaves nice wiggle room for adjusting size and comfort. Work with various pliers to achieve the shape and learn to minimize the plier marks for easy clean-up. One single solder joint opens the door to expand the wire-working possibilities. Learn the properties of sterling and other nonferrous metals. Ages 18 and up or 14 - 17 accompanied by an adult.

Instructor: Natalie Sorenson
Location: Joe's Garage Jewelry Studio

Monday, April 2	6:00-8:00PM
ART581A	\$39
Tuesday, June 26	6:00-8:00PM
ART581B	\$39



NEW Solder Metal Jewelry - Stacking Rings with Focal Ring

Go ahead, indulge in excess because these stacking rings are best in bunches! Make five rings to wear together or combine in smaller sets of twos and threes, but no need to stop there! Learn annealing - forming a ring, work hardening, and sizing as you create one fancy and three simple rings of your choice as well as your focal ring. Catapult your soldering skills with the repetition of skills to ensure a solid understanding and confidence to continue creating on your own! Take all three Stacking Rings classes for a total of fifteen options! Ages 18 and up or 14 - 17 accompanied by an adult.

Instructor: Natalie Sorenson
Location: Joe's Garage Jewelry Studio



NEW Solder Metal Jewelry Flourish Ring or Toe Ring

Learn to set stones and gems in this perfect solder metal class for beginners! Work with copper to form your ring, then solder the tubing in place and drill to create the cubic zirconia's seat. The result - an earthy and elegant, warm and whimsical ring your finger or toe will love! Your metal working will happily evolve! Ages 18 and up or 14 - 17 accompanied by an adult.

Instructor: Natalie Sorenson
Location: Joe's Garage Jewelry Studio

Monday, April 23	6:00-8:00PM
ART579A	\$45
Monday, June 4	6:00-8:00PM
ART579B	\$45

Hubbin Focal Ring

Monday, April 9	6:00-8:00PM
ART573A	\$65

Rivet Focal Ring

Monday, May 21	6:00-8:00PM
ART573B	\$65

Tube Set Stone Focal Ring

Monday, June 11	6:00-8:00PM
ART573C	\$65



ARTS

a fresh twist

NEW Metal Solder Jewelry Yo-Yo Ring

Evocative and ethereal, this positive/negative project is intriguing and beautiful! Learn to solder a thin sterling sheet to a thicker copper bar. This involved soldering will require attention to the temperature of the torch and how to control even heating to achieve a full solder flow. A second solder application will illustrate the need for easy solder over hard solder and how to assemble a more complicated soldering setup. Ages 18 and up or 14 - 17 accompanied by an adult.

Instructor: Natalie Sorenson
Location: Joe's Garage Jewelry Studio

2 Mondays, April 30 6:00-7:30PM
ART571 \$49



NEW Solder Metal Jewelry Patterned Spinner Ring

This two-part class will have you forming, filing, soldering, and shining a wonderful new creation from repurposed copper pipe and embossed sterling silver! Begin by making a well-fitting, comfortable, and beautiful copper shank, then take raw pipe to a gorgeous, lustrous finished piece of jewelry. Learn finishing techniques that will benefit all of your precious metal work. Next focus on creating the floating sterling spinner with a straight-forward single solder joint to fit it to the copper shank, and ultimately to join the two permanently in a single artistic piece. Ring sizes 5 to 10. Ages 18 and up or 14 - 17 accompanied by an adult.

Instructor: Natalie Sorenson
Location: Joe's Garage Jewelry Studio

Mon & Tues, May 7 & 8 6:00-8:00PM
ART583A \$49
Mon & Tues, June 18 & 19 7:00-9:00PM
ART583B \$49



NEW Solder Metal Jewelry Chasing Ring

Chasing is the art of hammering details with tools shaped to create lines and textures on a thick piece of silver or other metal. Start with a rectangle piece of sterling, saw a leaf or other organic shape, then chase veining onto the surface. Use pitch pots, repoussé techniques, or doming to achieve the mellow rounded forms. The leaf will then be soldered to a thicket of copper, soon to be very organically wrapped around your finger! Chase with us! Ages 18 and up or 14 - 17 accompanied by an adult.

Instructor: Natalie Sorenson
Location: Joe's Garage Jewelry Studio

Monday, May 28 6:00-8:00PM
ART577 \$39



ARTS



NEW Shaker or Mission Style End Table with Drawer

For the beginning woodworker, this introduction end table with drawer project is perfect! Learn the basics of furniture making using loose tennon joinery to construct components and then assemble to make your Shaker or Mission style end table. Next, construct the drawer and fit it to your end table. Safe and proper use of power tools, including the table saw, jointer, planer and domino joining machine, as well as hand tools including hand planes and chisels, will be covered. Your project will be ready for your choice of stain and finish. Materials included. Ages 18 and up or ages 14 - 17 accompanied by an adult relative.

*Instructor: Kevin & Robin Hempel
Location: KR Hempel Woodworking*

5 Fri/Sat/Sun//Fri/Sat	
Friday, March 16	6:00-9:30PM
Saturday, March 17	8:00-6:00PM
Sunday, March 18	10:30-6:00PM
Friday, March 23	6:00-9:30PM
Saturday, March 24	8:00-6:00PM
WOOD264	\$239



NEW Woodworking Wood Block Plane

Block planes are utilized in woodworking to reduce wood to size, straighten, and smooth along with chamfering. Build your own wood block plane for these tasks and more. Construct the body of the plane from wood, then learn to sharpen the blade and tune the plane for shop use. All materials included. Ages 18 and up or ages 14-17 accompanied by an adult relative.

*Instructor: Kevin & Robin Hempel
Location: KR Hempel Woodworking*

4 Wednesdays, April 4	6:00-9:30PM
WOOD268	\$149



NEW Woodworking Traditional Oval Shaker Boxes

Using a combination of modern and traditional methods, construct two traditional oval Shaker boxes. Tool instruction will include the band saw, bench sander, hot water bath pan, and hand tools to assemble your boxes and tops. Use molds to bend your wood and then fasten them with traditional copper tacks. Materials included. Ages 18 and up or ages 14 - 17 accompanied by an adult relative.

*Instructor: Kevin & Robin Hempel
Location: KR Hempel Woodworking*

2 Fri/Sat	
Friday, April 13	6:00-9:30PM
Saturday, April 14	8:00-6:00PM
WOOD266	\$129

ARTS

into the woods

Woodworking Techniques - Routers

Join Kevin and Robin of KR Hempel Woodworking for router techniques! As go-to woodworking tools, learn the basics of hand-held routers, as well as the table router. Topics include the safe use of routers, router capabilities, bit selection, and jigs. Test-drive various routers. Ages 18 and up or ages 14-17 accompanied by an adult relative.

Instructor: Kevin & Robin Hempel
Location: KR Hempel Woodworking

Wednesday, May 9 6:00-9:30PM
WOOD281 \$39



Woodworking Techniques Shop Jigs

Learn the various jigs used in the KR Hempel shop, with the main focus on the table saw jigs. Not all saws are identical, so discussion and demonstration of the process of constructing a number of jigs, including the table saw sled, miter jigs, and tall fence, as well as several jigs for the router and band saw, will be on the agenda. Ages 18 and up or ages 14-17 accompanied by an adult relative.

Instructor: Kevin & Robin Hempel
Location: KR Hempel Woodworking

Saturday, May 12 8:00-4:00PM
WOOD285 \$59



NEW Woodworking Bar Stools - Make it a Pair!

Learn basic woodworking skills while constructing a pair of bar stools to add to your home's décor or to share time with friends! The safe and proper use of most shop power tools, including the table saw, jointer, planer, drill press, and band saw, as well as hand tools needed to complete your project, will be covered. Your set of bar stools will be ready for your choice of stain and finish. Ages 18 and up or ages 14-17 accompanied by an adult relative.

Instructor: Kevin & Robin Hempel
Location: KR Hempel Woodworking

3 Fri/Sat/Sun
Friday, May 18 6:00-9:30PM
Saturday, May 19 8:00-6:00PM
Sunday, May 20 10:30-6:00PM
WOOD269 \$159



ARTS

Woodturning 101 - Beginners

Grab a coveted seat in this popular class! Learn basic lathe set up, safety, terminology, lathe familiarization, tool selection, and basic turning techniques; then experience woodturning for the first time or expand your skills. Instructor demonstration is followed by hands-on practice of spindle turning and the artistic fun begins! Revive the art of woodturning! Equipment and supplies included. Ages 13 and up.

Instructor: Siouxland Woodturners
Location: CTE

Tuesday, March 27
HOME303A 6:00-8:30PM
\$29

Thursday, March 29
HOME303B 6:00-8:30PM
\$29



The Art of Stripping! Furniture Style

Take advantage of Rich Ramstad's 37 years of furniture restoration experience while stripping an antique furniture piece or a pre-approved project of your own! Learn the basics of removing paint and varnish using a water-based stripper, then how to clean the furniture in preparation for staining and finishing. Increase your confidence in refinishing and restoring wood furniture, antiques, cabinets, and architectural woodwork. Discover the gems in your attic or furniture inherited from family! Pre-approval needed if stripping own wood project. Call Community Education at 367-7606.

Instructor: Rich Ramstad
Location: Rich's Antiques

Saturday, March 31 9:00-3:30PM
WOOD325A \$79

Saturday, April 14 9:00-3:30PM
WOOD325B \$79



Woodturning - Intermediate Wood Platters

Take the mystery out of faceplate turning, producing a beautiful, useful wood platter! Using 1 1/2"x2" thick wood of various diameters, a faceplate, and basic tools - bowl gouges, a parting tool, and a round-nose scraper. Use your creation as a serving plate, charger, centerpiece, or wall display or give as a fabulous gift! Woodturning 101 or equivalent required. Ages 13 and up.

Instructor: Siouxland Woodturners
Location: CTE

Thursday, April 5 6:00-8:30PM
HOME324 \$35

ARTS

mad skills

Woodturning - Intermediate Writer's Pen

In this intermediate woodturning class, select wood from several species and turn a unique and beautiful writing instrument using the lathe! Make and take a wood turned pen to revive the art of handwritten letters! Experience in Woodturning 101 or equivalent necessary. Ages 13 and up.

Instructor: Siouxland Woodturners
Location: CTE

Tuesday, April 10 6:00-8:30PM
HOME304 \$39

NEW Woodturning - Intermediate Candle Stick or Table Lamp

Turn an eye-catching candle stick or table lamp as your unique design comes to life! Proudly display on your mantel or end table or gift to someone special! Candle or lamp hardware not included. Woodturning 101 or equivalent required. Ages 13 and up.

Instructor: Siouxland Woodturners
Location: CTE

Tuesday, April 17 6:00-8:30PM
HOME328 \$35

NEW Woodturning - Intermediate Coffee or Ice Cream Scoop or Ice Cream Paddle

Take your new-found woodturning passion to the next level with mandrel turning to create a coffee scoop, ice cream scoop, or ice cream paddle! Learn tool requirements, material selections, mounting your blank, turning, sanding, finishing, and assembly. All scoop or paddle materials included. Woodturning 101 or equivalent required. Ages 13 and up.

Instructor: Siouxland Woodturners
Location: CTE

Thursday, April 19 6:00-8:30PM
HOME330 \$35

Woodturning - Intermediate Natural Green Wood Bowl

Bowls are a favorite project for woodturners, providing functional, beautiful creations for your own home, friends, and family. Learn to select a desirable blank, set it up on the lathe, rough turn and finish turning between centers. Numerous wood blanks will be available and drying and finishing will be discussed. Woodturning 101, equivalent, or experience turning between centers necessary. Ages 13 and up.

Instructor: Siouxland Woodturners
Location: CTE

Thursday, April 12 6:00-8:30PM
HOME311 \$39



NEW Woodturning - Intermediate Mandrel Turned Razor Kit

Take your new-found woodturning passion to the next level with mandrel turning to create a shaving kit that includes your razor handle, brush handle, and stand. Learn tool requirements, material selections, mounting your blank, turning, sanding, finishing, and assembly. All razor kit materials included. Woodturning 101 or equivalent required. Ages 13 and up.

Instructor: Siouxland Woodturners
Location: CTE

Tuesday, April 24 6:00-8:30PM
HOME331 \$65

INTEREST

Ukulele From Tiny Tim! Beginners...

Join local musician Steve McFarland as he introduces the soothing sounds of the islands on the ukulele! Learn the origin of the instrument, basic tuning chords, and strumming techniques. Instruction includes Tiny Tim's "Tiptoe Through the Tulips," traditional island songs, and other current hits! Grab your uke and take up this enjoyable, relaxing and highly addictive instrument! Bring your own ukulele.

Instructor: Steve McFarland
Location: Robert Frost

6 Tuesdays, February 27 6:30-7:30PM
MUSC276 \$79



NEW Banjo Bootcamp! Beginners

Join local musician Steve McFarland as he shares his latest passion...banjo playing! Grab your banjo to learn basic chords, drones, and rolls along with "Claw Hammer" and "Scrugg's" style fingerpicking! From hillbilly boogie and bluegrass, to honky tonk and folk music, you'll be pickin' and grinnin'! Bring your banjo, tuner, thumb and finger picks.

Instructor: Steve McFarland
Location: Robert Frost

6 Tuesdays, February 27 7:45-8:45PM
MUSC285 \$79

Ukulele ...to the Red Hot Chili Peppers! Intermediate

Continue your journey with local musician Steve McFarland to expand your skills creating the soothing sounds of the islands on your ukulele! Tune, strum new chords, and learn new techniques to add to your repertoire of songs both new and old. Grab your uke and let loose! Ukulele Beginners or experience necessary. Bring your own ukulele and song suggestions.

Instructor: Steve McFarland
Location: Robert Frost

6 Tuesdays, April 24 6:30-7:30PM
MUSC284 \$79



NEW Banjo Bootcamp! Intermediate

Expand your skills, techniques, and song repertoire with local musician Steve McFarland! Grab your banjo to learn additional chords, drones, rolls, and fingerpicking! Learn tips and techniques for forming each chord shape, switching between chords smoothly and accurately, and tuning your instrument. Traditionally associated with country, folk, and bluegrass music, the banjo is accessible to anyone with the patience and willpower to learn it. Join us for more pickin' and grinnin'! Bring your banjo, tuner, thumb and finger picks. Banjo Bootcamp - Beginners or experience necessary.

Instructor: Steve McFarland
Location: Robert Frost

6 Tuesdays, April 24 7:45-8:45PM
MUSC287 \$79

INTEREST

mind sharpening

Mahjong Chinese Game of Brain Skill!

Mahjong, Mahjongg, Mah Jong, Mah Jongg - However you spell it, mahjong is serious exercise for your brain! Learn the basics of this brain game using ceramic/plastic tiles. This historically Chinese game has elements of rummy, pattern matching, and card playing. Learn to play the American or Western version of mahjong, for three, four, or five players. The Official Standard Hands card of the National Mahjong League is included in your class fee. Join the clicking of the tiles while exercising your brain and building new friendships! Ages 13 and up.

Instructor: Cathy Schneider
Location: IPC

4 Tuesdays, March 6 GAME766A	3:00-4:30PM \$49
4 Tuesdays, March 6 GAME766B	7:00-8:30PM \$49
4 Thursdays, April 5 GAME766C	3:00-4:30PM \$49
4 Thursdays, April 5 GAME766D	7:00-8:30PM \$49

Surviving the Amazing Race! Downtown Sioux Falls!

Join Season One Survivor contestant Mitchell Olson on this scavenger hunt to solve witty, tricky questions while exploring our scenic, colorful, bustling downtown Sioux Falls - a tour spiked with fun facts! Fans of the popular reality show will love our Sioux Falls version - no passport required! Grab your camera, family, and friends or be teamed with new acquaintances for teams of two to six players for this friendly Amazing Race! No knowledge of the location is required, just bring a sharp mind and a good pair of shoes. Your adrenaline will be running long after the race!

Instructor: Mitchell Olson
Location: Orpheum Theatre

Saturday, March 10 GAME768A	2:00-4:00PM \$25 per person/\$39 for two
Saturday, April 14 GAME768B	2:00-4:00PM \$25 per person/\$39 for two
Saturday, May 12 GAME768C	2:00-4:00PM \$25 per person/\$39 for two

Aviation 101: Learn to Fly!

Discover the world of general aviation! Gain insight into training for your private pilot's license. Take a tour of Legacy Aviation at the Lincoln County Airport and learn the materials, expenses, time involved, and requirements for attaining your license. Get a close-up view and demonstration of the training aircraft and controls. Introductory flights are available for an additional fee.

Instructor: Mark Isackson
Location: Legacy Aviation

Monday, April 2 PERS250	7:00-8:30PM \$19
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INTEREST

Getting Started with iPad & iPhone

Discover and explore iPad and iPhone basics - from settings to customized backgrounds, purchasing apps, creating folders, surfing the web, emailing, navigating, taking notes, shooting photos and videos, listening to music, and more! Expert tips and techniques for getting the most out of your iPad and iPhone! Bring your iPad or iPhone and log in information. Other tablets and phones not applicable.

Instructor: Marta Hoffman & Ginny Gustad
Location: IPC

2 Wed/Mon, March 7 6:00-8:00PM
COMP412A \$39

2 Wed/Mon, March 21 6:00-8:00PM
COMP412B \$39

**All Classes Open
to Youth
Unless Specified**

Connecting with Facebook!

Friends? Likes? Status updates? Notifications? Join technology guru Will Wheeler to set up your Facebook and utilize its unique ability to connect and share with the people you care about! From creating your Facebook page and account and privacy settings to sharing, chats, messaging, and news feeds; you will be connected with friends, family, and business! Computers provided for this hands-on class.

Instructor: William Wheeler
Location: IPC

Monday, March 19 6:30-8:00PM
COMP179A \$29

Monday, April 16 6:30-8:00PM
COMP179B \$29

Monday, May 14 6:30-8:00PM
COMP179C \$29



Going Further with iPad

Mastered the basics of iPad and ready to expand your knowledge? Learn the built-in apps, including the camera and iPhoto, how to manage photos, make slide shows, transfer pictures onto your computer, Notes, Messaging, the benefits of iCloud, Facetime, and more! Become familiar with the features and productivity power of your iPad! Bring your iPad and log in information. Other tablets not applicable. Getting Started with iPad or equivalent required.

Instructor: Marta Hoffman & Ginny Gustad
Location: IPC

Wednesday, April 18 6:00-8:00PM
COM414A \$29

Wednesday, April 25 6:00-8:00PM
COMP414B \$29



INTEREST

social opportunities

NEW DSLR Photography The Basics

Finally made the decision to invest in a DSLR camera, now what? Where to start? Start here! Designed for the beginner, learn care and maintenance of your new camera, installing the camera battery, formatting memory cards, setting image quality, switching lenses, camera mode dial, and other basic features of your camera. Bring your DSLR camera and camera manual.

Instructor: Casey LaBue
Location: IPC

Thursday, March 8 6:00-8:00PM
COMP161A \$35

Thursday, April 5 6:00-8:00PM
COMP161B \$35



NEW DSLR Photography I Beginners

Take your camera off automatic settings and explore complete creative control over your camera. The goal of this class is to learn how to take photos in the manual mode of your camera. Topics include metering, exposure, aperture, shutter speed, ISO, and basic workflow. Bring your DSLR camera and camera manual.

Instructor: Casey LaBue
Location: IPC

2 Thursdays, March 15 6:00-8:00PM
COMP352A \$89

2 Thursdays, April 19 6:00-8:00PM
COMP352B \$89



Connecting with Facebook for Business!

Set up your business Facebook page and utilize its unique ability to connect and share with your customers - current and future! Find out what goes on behind the scenes on Facebook Pages and how to increase the chances your message makes an impact. Discover new tools and proven techniques to increase business and expand your reach. Discuss how to adapt your marketing message for the Facebook platform and how to integrate Facebook across all marketing areas. Connect with your customers and other businesses! Computers provided for this hands-on class.

Instructor: William Wheeler
Location: IPC

Monday, April 30 6:30-8:00PM
COMP183 \$29



INTEREST

Microsoft Excel 101

Spreadsheets and databases are everywhere! Learn to use Excel in your home or office to improve your efficiency. Gain knowledge in the basics of this database software including: parts of the screen and their functions, customizing Excel, keyboard shortcuts, sorting and filtering data, formatting, printing, simple math functions, charts, and MANY tips and tricks! Even those who use Excel every day learn new things in this class! Computers provided for this two-part, hands-on course.

Instructor: Britta Berry
Location: IPC

2 Wednesdays, March 7 4:00-6:00PM
COMP172 \$55

Microsoft Excel 102

Give me formulas! Build on your basic knowledge of Excel database program and learn advanced functions such as IF, VLOOKUP, CONCATENATE and RANK. Learn about naming ranges, using links in formulas, format painter, protecting cells, conditional formatting, and MANY more tips and tricks! Even those who use Excel every day learn new things in this class! Computers provided for this two-part, hands-on course. Microsoft Excel 101 or equivalent required.

Instructor: Britta Berry
Location: IPC

2 Wednesdays, April 18 4:00-6:00PM
COMP173 \$55



Microsoft Excel 103

Macros and more! Increase your efficiency and make life easier with macros, which have the ability to automate complicated processes within Excel. Expand your knowledge of Excel and write your own macros. Join us for advanced skills including 3D-formulas and data validation, along with MANY more tips and tricks! Computers provided for this hands-on course. Microsoft Excel 101 and 102 or equivalent required.

Instructor: Britta Berry
Location: IPC

Wednesday, May 23 4:00-6:00PM
COMP174 \$35

Excel Accelerated! 101, 102 & 103

Join Britta Berry for this quick-paced accelerated Excel 101, 102, and 103. See descriptions above. Computers provided for this hands-on course. See descriptions above - Excel 101, Excel 102, and Excel 103.

Instructor: Britta Berry
Location: IPC

3 Mondays, March 19 5:00-8:00PM
COMP118 \$129



INTEREST

action plans



Introduction to Basic Computer Applications

Right click to copy and paste the what into where? Join this hands-on course packed with fantastic explanations and step-by-step demos for the novice computer user! Basic computer skills such as keyboarding, mouse click technique, creating documents, and folders will be covered, as well as an introduction to Internet Search Engines (Google) and Microsoft Word. Even those who use computers every day learn MANY new tips and tricks in this class! Computers provided for this hands-on class.

Instructor: Britta Berry
Location: IPC

Monday, April 30 5:00-8:00PM
COMP232 \$35

PowerPoint 101

According to some sources: More than 30 million PowerPoint presentations are made each day. Make your slide show presentations stand out from the crowd with this hands-on course! Learn to create slide shows, incorporate media such as videos and music, manipulate text and graphics, incorporate data tables and charts, and much more! Tips and tricks for public speaking included to assure you and your slide show reflect a polished public presentation! Bring a flash drive for class materials. Hands-on, computers provided.

Instructor: Britta Berry
Location: IPC

Monday, January 22 5:00-8:00PM
COMP242A \$35

Monday, May 14 5:00-8:00PM
COMP242B \$35

Microsoft Word 101

Our world revolves around Microsoft Word - are you out of the loop? Whether a beginning computer user or a veteran Word user, explore this document creation program and its many uses. Learn the parts of the screen and their functions, formatting, printing, inserting pictures and tables, columns, bullets and lists, headers and footers, saving as a PDF, auto-text, and much more! Learn two ways to create a mail merge using Microsoft Word and Excel databases to create mailings quicker and easier. Hands-on, computers provided.

Instructor: Britta Berry
Location: IPC

Monday, May 7 5:00-8:00PM
COMP234 \$35

Quickbooks Online Beginners

Click where? Record how? Debit or credit what? Sound all too familiar? Learn the basics of Quickbooks Online - the leading accounting software for small to medium sized business. Course highlights core accounting functions such as receiving payments, paying bills, entering expenses, recording transactions, and completing bank reconciliations. Learn payroll processing, submitting payroll taxes, running financial reports, and using the business dashboard. Navigate Quickbooks Online effortlessly!

Instructor: Premier Bookkeeping
Location: IPC

2 Tues/Wed, March 27 4:00-6:00PM
COMP241 \$69

NEW Quickbooks Online Advanced

Take your Quickbooks Online basics to the next level! From class codes & job costing to reconciling bank statements, from payroll (including tax and reporting through QB) and sales tax to financial statement understanding; join us for this riveting class to gain the tools required to provide reporting that is both useful and professional. Quickbooks Online Beginners or equivalent required.

Instructor: Premier Bookkeeping
Location: IPC

2 Mon/Wed, April 16 4:00-6:00PM
COMP243 \$69

INTEREST

Business Startup!

Are you an inspiring entrepreneur ready to turn your business idea and dream into action? This course highlights key aspects of starting a business - the necessary forms, licensing, registrations, business structuring, cash requirements, business plan template, financial statement set up, marketing basics, reporting requirements, and more! No matter what stage of business start-up or existence you're in, this class is designed to offer valuable information. In addition to receiving vital information and experienced guidance, also obtain a step-by-step reference packet to get your new business off the ground!

*Instructor: Premier Bookkeeping
Location: IPC*

2 Thursdays, May 31
COMP239

4:00-6:00PM
\$79



eBay Strategies - Sell Your Stuff!

eBay selling requires a certain knack that successful sellers intuitively know! From the features of eBay listings to creative account names, promoting your listings to success in selling; Will Wheeler shares his vast knowledge and insight! Learn to create an account, set up PayPal, build your seller reputation, research your markets, take quality photos, write thorough descriptions, and set prices - things to consider when buying and selling!

*Instructor: William Wheeler
Location: IPC*

Monday, March 26 COMP182A	6:30-8:00PM \$39
Monday, April 23 COMP182B	6:30-8:00PM \$39
Monday, May 21 COMP182C	6:30-8:00PM \$39



INTEREST

dreams mastered

NEW To Incorporate or Not To Incorporate? **Business Owners & Entrepreneurs**

To incorporate or not to incorporate? Need guidance on legal business structures? Join business attorney Susan Anderson to learn how to choose the type of business structure - limited liability, formalities, a taxation, or life of business. Compare sole proprietorships, corporations, partnerships, limited liability companies, and other helpful suggestions to ensure success in your business venture.

Instructor: Susan Anderson
Location: IPC

Wednesday, April 11 4:00-6:00PM
FIN224 \$49

NEW Business Contracts **Business Owners & Entrepreneurs**

Business contracts can be confusing for business owners and entrepreneurs. Join us for guidance on the nuts 'n bolts of understanding contracts, the important notion of "document, document, document," and practical guidance from a business attorney's perspective.

Instructor: Susan Anderson
Location: IPC

Wednesday, April 25 4:00-6:00PM
FIN228 \$49



NEW Hiring & Retaining Employees **Business Owners & Entrepreneurs**

Business owners and entrepreneurs - looking for guidance on legal issues and procedures for hiring and retaining employees for your businesses? Join us to cover topics including employees vs. independent contractors, steps to successfully interview and hire employees, HR recordkeeping, and other helpful guidance from a business attorney's perspective.

Instructor: Susan Anderson
Location: IPC

Wednesday, April 18 4:00-6:00PM
FIN226 \$49

NEW Business Owner & Entrepreneur Series

Join Susan Anderson for the series of Business Owner & Entrepreneur Series & Save! See descriptions above.

Instructor: Susan Anderson
Location: IPC

3 Wednesdays, April 11 4:00-6:00PM
COMP330 \$135

INTEREST

¡Bienvenidos! Beginner Spanish Level I

Imagine yourself speaking, reading, and writing Spanish! Learn the fundamental skills and conversational patterns of the Spanish language, including the basics of Spanish pronunciation of colors, numbers, names, and greetings. Practice and converse with your instructor and classmates!

Instructor: Esperanza Langle
Location: Sonia Sotomayor

6 Mondays, February 26
COMM601

5:30-7:00PM
\$79

NEW ¡Bienvenidos! Spanish for Beginners Level II

Become more conversational and comfortable in Spanish-speaking situations, whether you are planning a trip to a Spanish speaking country or just want to understand your children's Spanish conversations! Guided practice will include new vocabulary, pronunciation, and Spanish parts of speech to help you speak and understand Spanish in a snap. Plenty of opportunity to practice your pronunciation and improve your Spanish fluency.

Instructor: Esperanza Langle
Location: Sonia Sotomayor

6 Mondays, April 16
COMM602

5:30-7:00PM
\$79



Russian for Beginners

Russia evokes images of a country rich in history, traditions, and culture! Gain understanding of Russian culture through its rich language. Learn the fundamentals of Slovenian language including the alphabet, basic vocabulary, and simple phrases for easy communication. Yelena Balashova, native of Russia, helps you gain a deeper understanding of the English language through this knowledge of Russian.

Instructor: Yelena Balashova
Location: IPC

6 Thursdays, March 8
COMM405

6:00-8:30PM
\$79

Russian Intermediate

Continue to delve into the rich Russian culture through language. Practice your present Russian language skills, acquire new skills by listening, understanding, and responding easily, naturally, and fluently. Russian for Beginners or equivalent knowledge required.

Instructor: Yelena Balashova
Location: IPC

6 Tues/Thurs, April 17
COMM408

6:00-8:30PM
\$79

INTEREST

language skills

NEW Lakota - Dakota Language - Beginners

Join indigenous Oceti Sakowin Robert Johnson to learn the basics of the Lakota-Dakota language - a beautiful aspect of our wonderful, great plains region. Representing one of the largest Native American language speech communities in the United States, approximately 2,000 speakers live in the northern plains states of North and South Dakota. Acquire basic knowledge in four language skills: listening, reading comprehension, speaking, and writing along with the orthographies of the language, oral history, and beliefs.

Instructor: Robert Johnson

Location: Roosevelt

6 Tuesdays, April 10
COMM383

5:30-6:45PM
\$79

Immerse Yourself in American Sign Language - Beginner

Support communication with individuals with hearing loss, infants, children, and the aging people in your life with American Sign Language! Acquire a functional understanding of ASL including the manual alphabet A - Z, common work-related signs, days of the week, colors, foods, and useful expressions in a natural conversational environment. Immerse yourself in silence to learn this quiet form of communication! Ages 13 and up. If younger, please call 367-7606.

Instructor: Mark Koterwski

Location: IPC

6 Thursdays, March 8
COMM385

6:30-8:00PM
\$79



Immerse Yourself in American Sign Language - Intermediate

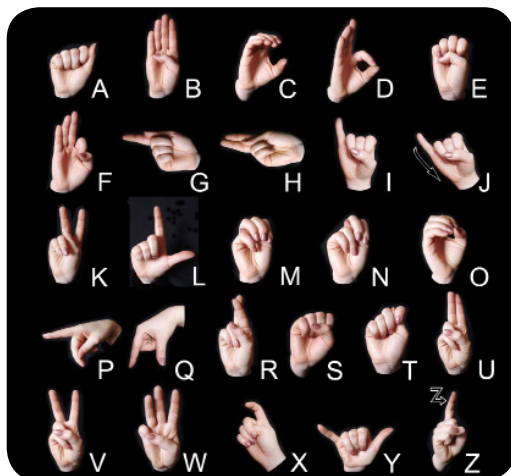
Continue your American Sign Language instruction to support communication with individuals with hearing loss, infants, children, and the aging people in your life! Reinforce the skills learned in beginner class and add useful, basic sentences for home, work, school, and community for a natural conversation! This quiet form of communication speaks volumes! Immerse Yourself in Sign Language - Beginner or equivalent knowledge required. Ages 13 and up.

Instructor: Mark Koterwski

Location: IPC

6 Thursdays, April 19
COMM389

6:30-8:00PM
\$79



INTEREST

Retirement Planning Today!

Learn to manage investment risks, take advantage of new tax laws, make informed decisions on company retirement plans, and adjust your estate plan to function properly under current laws. Money is only one aspect of retirement planning. Blend financial education with life planning to build wealth, align your money with your values, and achieve your retirement goals. Course includes a 225-page illustrated textbook. Registration fee is for two people.

Instructor: William Perry
Location: IPC

2 Thursdays, February 22 FIN411A	6:30-9:30PM \$59
2 Tuesdays, February 27 FIN411B	6:30-9:30PM \$59
2 Saturdays, March 3 FIN411C	9:00-12NOON \$59



Rejuvenate Your Retirement!

Making your money last throughout retirement has never been more challenging! Identify the primary threats to your retirement savings to preserve a comfortable lifestyle! From enjoying travel, hobbies, sports, crafts, business ventures, and lifelong learning to aligning your investments with your attitudes, risk tolerance, and objectives; from maximizing tax efficiency of mutual fund and IRA withdrawals to evaluating and planning health care, long-term care, and end-of-life decisions; join William Perry to rejuvenate your retirement life plans!

Instructor: William Perry
Location: IPC

2 Wednesdays, May 9 FIN421A	9:15-11:30AM \$59
2 Tuesdays, May 15 FIN421B	9:15-11:30AM \$59



Community Education Instructors Wanted!

Looking for dynamic entrepreneurs, hobbyists, musicians, artists, crafts, trades, and business people to share your talents!

Youth - Call Kelli Fahey @ 367-4384
kelli.fahey@k12.sd.us

Adult - Call Melodee Kloiber @ 367-7606
melodee.kloiber@k12.sd.us



INTEREST

time fulfillment

Discover Scuba Diving!

Get your toes wet and join us down under! Experience scuba diving first-hand before making a commitment to a full PADI scuba diving certification. In a confined water setting, the professional staff at LandShark Scuba & Snorkel Center assist you throughout your scuba diving experience. Plan a vacation get-a-way or a unique date night and include this underwater experience! Equipment provided, bring swimsuit, towel, and a smile! Meet at LandShark for classroom instruction and proceed to Sanford Wellness Center's pool - 49th Street. Ages 12 years and up.

Instructor: Colonel Echols
Location: LandShark Scuba & Sanford Wellness Center

Tuesday, January 30	6:00 - 9:30PM
DIVE255A	\$42
Tuesday, February 20	6:00 - 9:30PM
DIVE255B	\$42
Tuesday, March 20	6:00 - 9:30PM
DIVE255C	\$42
Tuesday, April 10	6:00 - 9:30PM
DIVE255D	\$42
Tuesday, May 15	6:00 - 9:30PM
DIVE255E	\$42
Tuesday, June 5	6:00 - 9:30PM
DIVE255F	\$42
Tuesday, July 10	6:00 - 9:30PM
DIVE255G	\$42



Underwater Adventure! Scuba Dive Certification

Experience the underwater world! Become part of an eco-system, taking it to your limits! Whether interacting with colorful schools of fish or diving alongside a pod of dolphins, gain the necessary skills and knowledge to safely participate in open water dives through this three phase PADI Open Water Scuba Diver course. From the physics and physiology to the equipment and dive planning, discover the sport of scuba diving with the three phases of certification. Certification sponsored by LandShark Scuba & Dive. Call Community Education at 367-7606 for more information.





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SFSD app
TODAY!**





**informed
in touch
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**Customization for your
child(ren)'s school!**

School news, notifications, calendars,
lunch menus, District
Directory, and more!



Download it NOW!



PRESCHOOL



LEARNING ADVENTURES PRESCHOOL

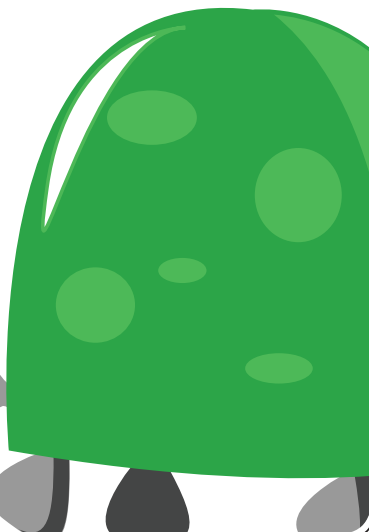
Early **DEVELOPMENT** is fundamental
to the **GROWTH** of your child.

Discovery, Harvey Dunn,
John Harris & Sonia Sotomayor

Classes run Mondays through Thursdays
(*Transportation is the responsibility of the parent/guardian.*)



Questions?
605-367-7606



For more information please visit:
www.sf.k12.sd.us - Preschool

In an effort to provide a safe, respectful educational environment, the District prohibits discrimination in its policies, employment practices and programs on the basis of race, color, creed, religion, age, gender, sexual orientation, disability, national origin or ancestry. In addition, the District shall not discriminate in the opportunities for students on the basis of parental status, marital status, or pregnancy, nor shall such students be excluded from any program or activity, including any class or any extra curricular activity. Prohibited acts of discrimination include racial, sexual, ethnic or other types of slurs, insults, intimidation, harassment and other conduct directed toward another person in accordance with Title II of the Americans with Disabilities Act of 1990 and Section 504 of the Rehabilitation Act of 1973 (discrimination based on disability); Title VI of the Civil Rights Act of 1964 (discrimination based on national origin or race); Title IX of the Education Amendments of 1972 (discrimination based on gender); and the Age Discrimination Act of 1975 (discrimination based on age).

Individuals with concerns or inquiries about discrimination are encouraged to attempt to resolve the grievance informally by working with the administrator most directly involved in the situation. If resolution is not achieved, the following persons have been designated to handle inquiries and formal complaints regarding the application of non-discrimination policies:

Assistant Superintendent, 201 East 38th Street, Sioux Falls, SD 57105-5898, (605) 367-7816.

Section 504 (discrimination based on disability): Supervisor-Health Services, 201 East 38th Street, Sioux Falls, SD 57105-5898, (605) 367-7933.

Policy and Regulation AC and AC-R (Foundations and Basic Commitments), which outline specific policy and grievance procedures, can be found on the Sioux Falls School District web site at www.sf.k12.sd.us or can be obtained from any school facility office.

In the event resolution of discrimination issues has not been addressed by the District, inquiries may be referred to the Kansas City Office, Office for Civil Rights, US Department of Education, 8930 Ward Parkway, Suite 2037, Kansas City, MO 64114-3302, Phone: (816) 268-0550, TDD: (877) 521-2172, FAX: (816) 823-1404, email OCCR.KansasCity@ed.gov.

For Relay services for the hearing impaired: dial 711, then the desired number.

ONLINE



Need Convenience? Flexibility? *We have exactly what you need!*

Enjoy taking a class anytime, anywhere! Community Education offers online classes through ed2go. For all of the super-moms and dads, busy career people, and even current students, we have something for you! Hundreds of classes to choose from!

**Business | Health Care | Web Design
Graphic Design | Computer Applications
Legal | Ethics | Education | Language
Creative Writing | Photography | Arts**

For course listings and to register
go to : www.sf.k12.sd.us
Community Education/ed2go Classes

ed2go[®]

TRAVEL



NEW Yosemite & California Coast by Rail!

Join Community Education and Premier World Discovery as they take Yosemite and California Coast by Rail! Enjoy an eight-day rail experience and three National Parks including Yosemite, Kings Canyon, and Sequoia National Park. Ride in style along the California Coast and Interior farmlands to the Monterey - Carmel area on board the California Coast Railcar. Relax on your two-night stay in Monterey and visit the Monterey Bay Aquarium, one of the world's best and home to 35,000 plants and animals representing 623 species of marine life! Spend the day touring and visiting Yosemite National Park, one of the America's greatest natural wonders! Travel via motorcoach to Los Angeles and embark on a panoramic Los Angeles City Tour featuring Beverly Hills, Rodeo Drive, Hollywood, Grauman's Chinese Theater and the Hollywood Walk of Fame. Travel and discover America!

July 14 - July 21, 2018
TRAV525

Rates are per person. Cancellation Waiver & Insurance - \$225
Single Occupancy - \$4645 Double Occupancy - \$3695

For Informational Webinar Link & Brochure - call 367-7606



TRAVEL

round trips

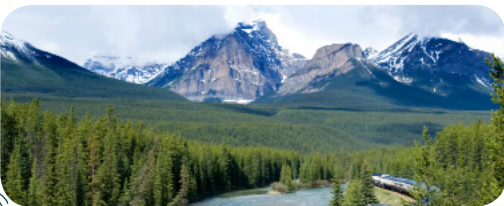


NEW Canadian Rockies & Glacier National Park!

Travel among the dramatic sights found on the US and Canadian border! Join Community Ed and Collette as we adventure through the Canadian Rockies and Glacier National Park. Visit Head-Smashed-in Buffalo Jump, one of the world's oldest and best-preserved buffalo jumps. Travel along roads sometimes traversed by grizzly bears, black bears, mountain goats, cougars, wolves, moose, and elk! Spend the day experiencing Glacier National Park with over 1 million acres of forest, alpine meadows, and lakes home to over 70 species of mammals and 270 species of birds! Relax during your journey of the majestic Canadian Rockies with a luxurious 3-night stay at the grand Fairmont Banff Springs, known as the "Castle in the Rockies!" Enjoy a sightseeing tour of the Banff area, including stops at the lovely Bow Falls and the fascinating Hoodoos, also known as the "Land of the Sleeping Giants!" Stop at the Columbia Icefield and choose a fun ride across this mass of glacial ice over 1,000 feet thick, and later stop at stunning Peyto Lake, a turquoise glacier-fed lake that evokes pure serenity. Travel and explore America!

July 29 - August 5, 2018 Rates are per person Cancellation Waiver & Insurance - \$250
TRAV625 Single - \$5199 Double - \$3999 Triple - \$3949

For Informational Webinar Link & Brochure - call 367-7606



TRAVEL

NEW Munich's Oktoberfest & Danube River Cruise!

Join Community Education and Premier World Discovery as we venture through Munich, Vienna and Bratislava. Enjoy Munich's Oktoberfest and two nights stay in a Bavarian Village. A seven-night Danube River Cruise on the innovative and modernized ship, The MS Amadeus Queen, which offers all the amenities of a floating 5-star hotel, including 4 onboard entertainment events. Experience an Onboard Oktoberfest Night with Bavarian Entertainment and Dinner. Enjoy tours at Passau, Regensburg, Vienna, Bratislava, and Budapest. Visit one of Germany's oldest cities with history dating back more than 2,000 years. See the imposing Bratislava Castle built more than 1,000 years ago, the National Slovakian Theatre and Blumenthal Church. Have the fantastic opportunity to become acquainted with Hungary's beautiful capital, with a photo stop at Gellert Hill. See historic Buda Castle, 500-year-old Matthias Church St. Stephen's Basilica, the distinctive Fishermans, and the marvelous Royal Palace. October 2 - October 12, 2018

TRAV486

Rates are per person.

Double Occupancy range based on category - \$4845 to \$6345

For Informational Webinar Link & Brochure - call 367-7606



Give the gift of a Community Education gift certificate...

 <p>Go to the Sioux Falls School District Website. Hover over 'Our District' then Click on 'Community Education' to view available courses! To Register using a gift certificate, call:</p>	GIFT CERTIFICATE
	<i>This certificate entitles</i>
	to
	Authorized by _____
	Expires _____
Number _____	
<small>**Not Redeemable for Cash. **If class cost exceeds the certificate amount, recipient must pay the excess cost.</small>	

Birthdays, Holidays -or whatever the day-

Certificates are available in \$20, \$30, \$40, or \$50.

Not redeemable for cash.

If class cost exceeds certificate amount, recipient must pay excess cost.

TRAVEL

*Youth...the best time of your life?
We don't think so!*

Join the District's Gold Card Program ... and have the time of your life!

**As a valued Gold Card member,
enjoy the following perks:**

- Discounted entrance fee to public school sporting & fine art events
 - Invitations to 3 Gold Card events per year!
- Community Education catalogs mailed directly to you!



**Membership is FREE!
Ages 60+!**

Applications for Gold Cards are available in all public school front offices, the Instructional Planning Center, or call 605-367-7999

NEW Discover the South Pacific! Australia & New Zealand!

Join Community Education and Collette Travel for this amazing, unique opportunity to explore Australia and New Zealand in Fall 2018 as we Discover the South Pacific! Experience the highlights of Cairns, Great Barrier Reef, Sydney, Sydney Opera House, Christchurch, Mount Cook National Park, Queenstown, Arrowtown, and Milford Sound. Come to know Australia's people at the Tjapukai Aboriginal Cultural Center! Get up close and personal with cuddly koalas and native crocodiles at Hartley's Croc Farm! Take a guided tour of the fascinating Sydney Opera House! Board a glass-bottomed catamaran for an exciting excursion to the Great Barrier Reef! See where the original colonists first settled during a city tour of Sydney! Explore New Zealand's most famous national park, Mount Cook! Take in the sights during a dinner cruise of Sydney Harbour! Join a New Zealand family in their home for dinner! Visit a local winery to taste some of their famous wines! Collect these experiences and more as you Discover the South Pacific!

October 23 - November 6, 2018

TRAV476

Rates are per person. Cancellation Waiver & Insurance - \$360
Single - \$8199 Double - \$6800 Triple - \$6849

Informational Meeting

Location: IPC
TRAV478

Join us for coffee, dessert, and presentation of 2018 trip
Tuesday, February 20 6:00-7:30PM
No Cost - Please Register



HOME

home improvement



NEW Healthy Gardens, Healthy Foods!

From the best of plans and intentions to busy summers and families; make your gardening harvest goals a reality this year! Bring a photo of your garden space or dimensions to complete the layout and design with tips and tricks of landscape artist Kate Parkinson! Make gardening a quality time of relaxation and enjoyment and your rewards will outweigh the work! Discover the joy of gardening and develop your own green thumb!

Instructor: Mary Jo Wegner Arboretum Staff
Location: Mary Jo Wegner Arboretum

Tuesday, May 15 6:00-7:30PM
HOME425 \$25



Fruit of the Coop! Backyard Chicken Keeping

Love fresh eggs and considering raising your own flock? Already a seasoned urban chicken farmer? Sioux Falls city ordinance allows homeowners to raise six chickens in the backyard - hens only - no early sunrise roosters! Learn all aspects of backyard flock management from raising chicks to coop and run requirements, feed and nutrition to common health issues, and more! Get in touch with your inner farmer and start wrangling your own flock of chickens and reaping the benefits!

Instructor: Stephanie Peterson
Location: IPC

Tuesday, May 1 6:30-8:30PM
HOME175 \$35



NEW Edible Floral Landscapes!

If your diet includes broccoli, cauliflower, or artichokes; you're already consuming the flowering buds of plants! From the aromas and nutritional value, incorporate lively flavors, colors, and textures to your culinary skill set. Learn the basics of growing edible flowers and harvesting blossoms early or late in the day when blossoms are cool. Sugars and volatile oils - the basis for aroma and flavor - are highest before the day's heat takes its toll. Chew on these essential rules of harvesting your floral garden plantings! Tastings included!

Instructor: Mary Jo Wegner Arboretum Staff
Location: Mary Jo Wegner Arboretum

Tuesday, June 26 6:00-7:30PM
HOME426 \$25

CULINARY

Healthy - ish!



Come Jam With Us! Jams & Jellies

Make homemade jams and jellies like grandma's! Discover easy, fun, and rewarding processes of home canned sweets! Learn about different pectins, low sugar and no sugar jams, current water-bath canning methods, and the science involved in canning high acid foods. Safely and confidently can everything from jams to pickles and fruits! Make and take jams to share. You'll be jamming, so bring your apron!

Instructor: Monica Pugh
Location: CTE

Thursday, April 26 6:00-8:00PM
HOME187 \$35



Take Back Family Time! Freezer Meals

Hectic schedules with school and family activities? Reclaim family time and reduce stress over what's for dinner! Using Tastefully Simple® products, prepare ten freezer meals such as smoky bbq sliders and creamy bayou bourbon chicken! Simplify family evenings by spending less time in the kitchen! With these ten family meals, free your time and the rest will follow! Assemble five meals in class, prepare five meals at home. Menu, grocery list, and pre-class preparation provided. Includes Tastefully Simple® products needed for the ten meals, so you will have additional product for all your culinary needs! Student is responsible for groceries. Choose your menu - Simple Dinners or Healthy Eating.

Instructor: Amy Rollinger
Location: CTE

Menu - Simple Dinners or Healthy Eating

Tuesday, January 16 FOOD485A	6:30-8:30PM \$79 + groceries
Monday, February 5 FOOD485B	6:30-8:30PM \$79 + groceries
Monday, February 26 FOOD485C	6:30-8:30PM \$79 + groceries
Monday, March 12 FOOD485D	6:30-8:30PM \$79 + groceries

Menu - Simple Dinners or Healthy Eating or Grilling & Slow Cooker Combo

Monday, April 16 FOOD488A	6:30-8:30PM \$79 + groceries
Monday, May 21 FOOD488B	6:30-8:30PM \$79 + groceries

CULINARY

taste masters

Culinary Boot Camp I

Does cooking get you fired up? Ignite your passion by refining your culinary skills and knowledge alongside Chef Stacy in this hands-on class! Learn basic cooking methods and techniques of food preparation. From tool choices and knife skills to blanching, julienning, and sautéing, you'll be on your way to being the master chef of your own domain! Take home a simple dish to heat and eat! A little bit science, a little bit skill, and a lot of fun!

Instructors: Chef Stacy Fisher
Location: CTE

3 Tues/Thurs/Tues, March 20 6:30-8:30PM
CHEF202 \$89



French Artisan Breads

When the bread was finished, the tired little red hen asked her friends, "Who will help me eat the bread?" Learn to make artisan breads - from ingredient mixing through the process of baking. This hands-on class covers the use of various kinds of flour, sweeteners, optional add-ins, mixing, and baking methods. Learn about starter dough, whole grain breads, and artisan breads. Take home a fresh loaf of bread to share with family and friends without the trouble of finding someone to EAT it with! No need to travel to France!

Instructors: Chef Stacy Fisher
Location: CTE

2 Tues/Thurs, April 10 6:30-8:30PM
CHEF368 \$59

Culinary Boot Camp II

Are you already a kitchen warrior? Join Chef Stacy in our commercial CTE kitchen for a continuation of your skill set! Learn the secrets of mother sauces to create intricate dishes and nurture your kitchen confidence! With simple ingredients and easy techniques, sauces add to your cooking repertoire and serve as the starting point for classic dishes. Expect to feel challenged, energized, and inspired by all you taste, learn, and do! Grab your foodie friends! Culinary Boot Camp I or equivalent needed.

Instructors: Chef Stacy Fisher
Location: CTE

3 Thurs/Tues/Thurs, April 19 6:30-8:30PM
CHEF258 \$89



WELLNESS



NEW Fire Starter Sessions!

Fire starter sessions are designed for entrepreneurs, full-time workers with side hustles, or creatives desiring to get their wares out into the world! Explore your dreams and fears of transitioning from a j-o-b to earning in your own right. Say YES to your genius and stop doing things that get in your way. Tap into your dreams as fuel to move you forward. Receive the permission slip you've been waiting for - to fully go for it, to expand your cash flow, and up the ante to realize your career goals and dreams! Ages 18 and up.

Instructor: Lisa Kuzman
Location: IPC

Wednesday, July 11
WELL712

9:00-5:00PM
\$149

NEW Desire Mapping!

Based on Danielle LaPorte's book *The Desire Map*, Coach Kuz guides you through the process of evaluating what is and is not working for you in all areas of your life, shining light on showing up for your life in a new way! Feel how you want to feel now, rather than waiting until you accomplish a goal or waiting for something to happen that is outside of your control. Uncover your Core Desired Feelings, create an action plan, and take the driver's seat of your life! Ages 14 and up.

- *Livelihood & Lifestyle: Career. Money. Work. Home. Space. Style. Possessions. Fashion. Travel. Gifts. Sustainability. Resources.*
- *Body & Wellness: Healing. Fitness. Food. Rest & Relaxation. Mental Health. Sensuality. Movement.*
- *Creativity & Learning: Artistic & Self Expression. Interests. Education. Hobbies.*
- *Relationships & Society: Romance. Friendship. Family. Collaboration. Community. Causes.*
- *Essence & Spirituality: Soul. Inner Self. Truth. Intuition. Faith. Practices.*

Instructor: Lisa Kuzman
Location: IPC

6 Wednesdays, April 4
WELL714

4:00-6:00PM
\$249



WELLNESS

change agents



NEW Essential Oils Series

Learn how oils extracted from the immune system of plants are being recognized world-wide to strengthen the mind, body, and spirit! From providing natural, holistic options to relieve symptoms of illness in kids and adults, supporting a healthy mind and body, and providing alternatives to traditional chemical household cleaning product, empower yourself to makeover your home and mindset! Infuse them into every part of your life! Registration includes essential oil referral sheets and an oil sample.

Instructor: Lyndsay Seivert
Location: IPC

Essential Oil - Natural Solutions

Tuesday, March 20 6:00-7:30PM
WELL644 \$29

Essential Oils & Cleaning

Thursday, April 19 6:00-7:30PM
WELL645 \$29

Essential Oils & Emotions

Tuesday, May 15 6:00-7:430PM
WELL646 \$29

Essential Oils & Kids

Thursday, June 14 6:00-7:430PM
WELL647 \$29

NEW Reiki, Energy Healing & Intuitiveness

Life force energy surrounds all living things and if left unbalanced, can cause illness and stress. Join Heidi for the natural healing technique of Japanese Reiki - Rei, meaning "wisdom," and Ki, meaning "life force energy." Access this universal energy in your life to alleviate stress and promote relaxation. Learn how intuitiveness can support you in making decisions and interacting with people. Students will have an opportunity to experience Reiki.

Instructor: Heidi Namken
Location: IPC

Tuesday, April 24
WELL342

6:00-8:00PM
\$29



Long-Term Care Partnership Program

Learn about long-term care, related costs, how to plan for long-term care needs, what Medicare and Medicaid cover, and how the South Dakota Long-Term Care Partnership Program can help. This public-private partnership informs you of quality and affordable long-term care insurance and a way to receive needed care without depleting assets. The Department of Social Services offers information and answers questions without endorsing any specific company or product. Plan now for the future!

Instructor: Kathi Skoglund
Location: IPC

Monday, March 12
HETH592

7:00-8:00PM
\$19

WELLNESS



Yoga

Relax, refresh, and re-energize yourself through this dynamic, low-impact workout! Certified instructor Ahva Halma leads this physical, mental, and spiritual experience that originated in India. Emphasize your mind and body's well-being and muscle toning to promote total balance and fitness through yoga. Bring your own mat and join the ranks!

Instructor: Ahva Halma

Location: IPC

4 Wednesdays, March 7 5:30-6:20PM
HETH487A \$49

4 Wednesdays, April 4 5:30-6:20PM
HETH487B \$49

4 Wednesdays, May 2 5:30-6:20PM
HETH487C \$49

Meditation

Different Paths to Peace!

Hit the reset button for your body through meditation! Reach a place of centering and peace, then enjoy the wonderful benefits of meditation! With regular practice, relieve pain, improve sleep, decrease anxiety and depression, reduce addictive behavior, and more! Experience this series of various meditation styles to find what is right for you! Bring your own mat and pillow.

Instructor: Rita Taylor & Randy Smith

Location: IPC

5 Saturdays, April 7 9:00-10:00AM
HETH311 \$65



NEW Tibetan Singing Bowls Myth & Magic!

Learn the history and modern day use of Tibetan singing bowls as a holistic healing practice! Singing bowls produce sounds which invoke a deep state of relaxation which naturally assists you in entering into meditation with the ultimate goal being enlightenment. Experience the sounds of the singing bowls creating stress reduction, holistic healing, chakra balancing, and left/right brain synchronization. Let the rich blend of harmonic overtones relax and rejuvenate you!

Instructor: Deb Yoder

Location: IPC

Thursday, April 12 7:00-8:30PM
WELL345A \$29

Thursday, May 10 7:00-8:30PM
WELL345B \$29

WELLNESS

life controls



Tai Chi A Strong Yet Gentle Flow

Transform your life with this powerful 18-step Tai Chi series! This ancient practice has many important lessons for modern life - showing how to expand your awareness as you reconnect mind and body. Tai Chi is slow-moving and low-impact, yet can improve coordination, muscle and joint health, balance, flexibility, and relaxation response all at the same time. It only takes two months to learn this healthy practice you can continue for a lifetime!

Instructor: Randy Smith
Location: IPC

7 Tuesdays, March 20 5:30-6:30PM
HETH310 \$95

Tai Chi Refresher

Refine your practice of this powerful 18-step Tai Chi series. Expand your awareness as you reconnect mind and body. This ancient art form is slow-moving and low-impact, yet can improve coordination, muscle and joint health, balance, flexibility, and relaxation response all at the same time. Transform your life! "Tai Chi - A Strong Yet Gentle Flow" or equivalent recommended.

Instructor: Randy Smith
Location: IPC

Thursday, May 3 5:30-6:30PM
HETH378 \$15

Mindfulness Practice Slow Down, Gain More!

Mindfulness techniques allow you to slow down and bring attention to the immediate moment - gaining clarity and finding inner peace. Cultivate mindfulness to positively affect your body and mind, personal relationships, working abilities, and more. Discover ideas to integrate mindfulness into your life!

Instructor: Randy Smith
Location: IPC

Saturday, April 14 10:30-12:30PM
HETH314 \$25

Couples Acupressure & Reflexology

Grab a partner to learn and share the health benefits of the age-old techniques of acupressure and reflexology! Gain the understanding of the "microsystem" maps of the body and the tools to stimulate points that can affect many different health issues. Registration fee is for two individuals. \$30 material fee payable to instructor at class includes two sets of acupressure and reflexology tools.

Instructor: Rita Taylor & Randy Smith
Location: IPC

Saturday, April 21 1:00-4:00PM
HETH169 \$89



WELLNESS

NEW Combat Stress! Deep Relaxation Techniques

Need help shutting down the brain? Discover various techniques to manage an overactive mind. From deep breathing, progressive muscle relaxation, and mindfulness meditation to rhythmic movement, visualization, and self-massage, combat stress and anxiety by fitting these activities into your life. Boost your energy and mood and improve your mental and physical health! Registration fee includes a relaxation tool.

*Instructor: Dianne Beard
Location: Journey Counseling Services*

Tuesday, March 20 7:00-8:15PM
WELL268 \$35

Strong by Zumba®

Stop counting the reps, start training to the beat! STRONG by Zumba® combines body weight, muscle conditioning, cardio, and plyometric training moves synced to music designed for every move. Every squat, lunge, and burpee is driven by the music, helping you make it to that last rep and maybe even five more! Burn calories while toning arms, legs, abs, and glutes. Plyometric or explosive moves like high knees, burpees, and jumping jacks are interchanged with isometric moves like lunges, squats, and kickboxing. To tone muscles, maximize burn, and challenge your core, join Dawn in the dark with fun lights and awesome sound! BRING IT! Ten class punchcard.

*Instructor: Dawn Szymik
Location: Kosama*

Choose your start date & schedule!
Tuesdays 6:45-7:45PM
Sundays 3:00-4:00PM
WELL736 \$79



Zumba®

Perfect for everybody and every body, Zumba® is designed to bring people together to sweat it on! Take the “work” out of workout, by mixing low and high intensity moves for an interval-style, calorie-burning dance fitness party! Once the Latin and World rhythms take over, see why Zumba® Fitness is called “exercise in disguise!” A total workout, combining all elements of fitness – cardio, muscle conditioning, balance, flexibility, boosted energy, and a serious dose of awesome! Super effective? Check! Super fun? Check! Join instructor Dawn in the dark with fun lights and awesome sound! Choose your schedule - ten class punchcard.

*Instructor: Dawn Szymik
Location: Kosama*

Choose your start date and schedule!
Thursdays 6:45-7:45PM
Saturdays 10:30-11:30AM
WELL734 \$79

WELLNESS

living well

Let Her Fly! Ladies Introductory Archery

Round up the ladies and enjoy an exciting evening of archery! Experiencing the urge to shoot an arrow and understand the excitement and romance of archery? Learn the basics of archery form, shooting techniques, and range safety, plus receive plenty of practice time! All equipment provided - both traditional recurve and compound bows. Take your targets home for your living room or office wall! This one is for the ladies! Ages 15 and up.

Instructor: Archery Outfitters

Location: Archery Outfitters

Friday, February 2 7:00-8:30PM
HETH251A \$25

Friday, March 23 7:00-8:30PM
HETH251B \$25

Thursday, July 26 7:00-8:30PM
HETH251C \$25



Kiss My Quiver! Introduction to Couples Archery

Love conquers all! Surrender yourselves! Experience couples archery with your partner in this increasingly popular sport! Learn safety on the range, loading and aiming the bow, proper form, and support from the expert instructors. Receive plenty of practice time with traditional recurve and compound bows. Take your targets home to frame in remembrance of your evening and your attraction, affection, and love! All equipment provided. Registration fee is per couple.

Instructor: Archery Outfitters

Location: Archery Outfitters

Wednesday, February 14 7:00-8:30PM
HETH254A \$35

Friday, May 11 7:00-8:30PM
HETH254B \$35



2 Cool Archery!
Youth - see page 69

WELLNESS



Introductory Self Defense

Learn basic principles of self defense with simple and easy-to-learn techniques to work in a variety of situations. Prevent yourself from becoming one of the 20 victims of physical violence every minute in the United States. Practice introductory striking, escapes from grabs, take-downs, some ground fighting, and basic safety increasing confidence to defend yourself should the unthinkable happen. A quick demonstration and review of basic self-defense weapons, such as pepper spray will be included. With over 20 years of experience in martial arts, our instructors have designed a fun class for students of all abilities and fitness levels. Great class for mothers and daughters - sons too, or students going off to college! Ages 13 and up.

Instructor: Joseph Herreman
Location: Southern Hills

Monday, March 26 6:15-7:45PM
 WELL275A \$29

Thursday, April 12 6:15-7:45PM
 WELL275B \$29

DDP Yoga

Join certified instructor Travis Roberts for DDP Yoga - not your momma's yoga! Learn to incorporate traditional yoga positions, rehabilitation positions, and old-school calisthenics like push-ups and squats, all while using dynamic resistance dynamic. This method uses counteracting muscles to continuously resist your movement. Dynamic resistance increases your heart rate, getting to your fat burning zone by converting slow-moving, easy activity into fat-blasting muscle toning - all with minimal joint impact! Low impact, challenging yet calming, awesome workout program for anyone regardless of age or fitness level. Ages 15 and up.

Instructor: Travis Roberts
Location: Dakota Budokan Dojo

8 Saturdays, February 3 10:30-11:30PM
 YOGA412A \$55

8 Saturdays, April 7 10:30-11:30AM
 YOGA412B \$55

~ or ~

Instructor: Travis Roberts
Location: New Day Church

8 Mondays, February 5 7:00-8:00PM
 YOGA413A \$55

8 Mondays, April 2 7:00-8:00PM
 YOGA413B \$55

16 Tues/Fri, February 6 7:00-8:00PM
 YOGA411A \$99

16 Tues/Fri, April 3 7:00-8:00PM
 YOGA411B \$99



WELLNESS

game plans

NEW Fit Body The Bootcamp Way!

Afterburn! Twenty one days...immerse yourself in group, personal training with high energy, dynamic, and challenging thirty minute workouts designed to burn maximum fat and tone your entire body! A combination of (HIIT) High Intensity Interval Training and Active Rest Training is designed for maximum fat burning and muscle toning. Choose your start date and your choice of over 45 weekly classes for this personalized program to fit your individual fitness goals and fitness level. Nutrition counseling included! No matter where you are in your fitness journey, an active, healthy lifestyle is attainable with this afterburn workout!

Instructor: Fit Body Boot Camp Instructors
Location: Fit Body Boot Camp

Choose your start date and 21-day schedule - See class schedules online
WELL375 \$69

Quick Start Your Kayak!

Kayaking on Covell Lake! Summer is here and the water is fine for your kayaking adventure! Experience the great outdoors with certified ACA kayak instructors to learn safety precautions and the proper paddling techniques of a successful kayaker! Basic swimming skills required. Kayak, life jacket, and paddle provided. Ages 13 and up.

Instructor: Sioux Empire Paddlers
Location: Covell Lake at Terrace Park

Tuesday, June 5	6:30-8:00PM
WELL398A	\$39
Tuesday, June 12	6:30-8:00PM
WELL398B	\$39
Tuesday, July 24	6:30-8:00PM
WELL398C	\$39
Tuesday, July 31	6:30-8:00PM
WELL398D	\$39



NEW Fit Body Forever! Age 55+

Join certified personal trainers for the workout designed for 55+ and baby boomers who want greater health and better physical function to stay fit and active for the long haul! Take control and feel confident at any age with this small group environment to help improve mobility, balance, strength, and flexibility! Nutrition counseling included! No matter where you are in your fitness journey, an active, healthy lifestyle is attainable here! Choose your 28 day program start date and schedule.

Instructor: Fit Body Boot Camp Instructors
Location: Fit Body Boot Camp

Choose your start date and 21-day schedule - See class schedules online
WELL376 \$79

WELLNESS



Introduction to Jujitsu - Adult

Defend yourself in any situation by combining the techniques of karate, judo, Brazilian jujitsu using the opponent's own force against him. In this fun and challenging class, learn the basics of Bujin Ki Ryu Jujitsu while building self-confidence, physical fitness, and self-discipline. Incorporate this unarmed, traditional self-defense system of the Sumurai into your wellness repertoire! Uniforms available for purchase - optional. Ages 14 and up.

*Instructor: Joseph Herreman
Location: Southern Hills*

8 Mon/Thurs, March 12 7:00-8:30PM
HETH138 \$59

Taekwondo - Adult & Youth Beginner, Intermediate & Advanced

Start or continue our taekwondo journey! In Korean, 'tae' means to strike or break with foot, 'kwon' means to strike or break with fist, and 'do' means way, method, or path. Thus, taekwondo is translated as "the way of the hand and the foot." Learn the basic techniques and traditions of taekwondo or enhance your skills progressing through the belt levels with Master Troy Vink while incorporating self-defense, discipline, confidence, and respect for others! Beginners - Ages 5 years and up. Additional cost for uniform - optional and belt testing as belt progression takes place. Payable to instructor at class.

*Instructors: Troy Vink
Location: Robert Frost*

Beginner: White Belt

32 Tues/Thurs, January 9 5:45-6:45PM
FITN405 \$189

Intermediate: Yellow Belt - Green Belt

32 Tues/Thurs, January 9 6:45-7:45PM
FITN406 \$189

Advanced: Blue Belt and Above

32 Tues/Thurs, January 9 7:45-8:45PM
FITN410 \$189



WELLNESS

powerful you



Art of the Sword! Kendo & Kumdo/Kumbub

Learn the art of Kendo (Mondays) - A form of fencing using two-handed bamboo swords that was developed as a safe form of training for the Samurai! Also included (Thursdays) is the art of Kumdo/ Kumbub - sword training emphasizing real sword tactics including; drawing & cutting, battlefield techniques, and ancient patterns. Both classes are taught by multiple black belt Jesse Adams, a decorated competitor with many years of study and instruction experience. Equipment - bamboo and wooden sword - provided for use. Ages 12 & up. Ages 11 & under with a registered parent.

Instructor: SF Kendo & Kumdo
Location: Sioux Falls Sword Academy

10 Thurs/Mon, March 1	7:45-9:15PM
HETH302A	\$49
10 Mon/Thurs, April 2	7:45-9:15PM
HETH302B	\$49
10 Thurs/Mon, May 3	7:45-9:15PM
HETH302C	\$49

Youth Classes
Introduction to
Jujitsu, Taekwondo,
Art of the Sword, Judo
& Self Defense
see pages 68 - 71

Aviation 101: Learn to Fly!

Discover the world of general aviation! Gain insight into training for your private pilot's license. Take a tour of Legacy Aviation at the Lincoln County Airport and learn the materials, expenses, time involved, and requirements for attaining your license. Get a close-up view and demonstration of the training aircraft and controls. Introductory flights are available for an additional fee.

Instructor: Legacy Aviation Flight Instructors
Location: Legacy Aviation

Monday, April 2 7:00-8:30PM
PERS250 \$19



WELLNESS

NEW No Limits! Judo, Jiu-Jitsu & Self Defense

Whether looking for fitness, self-defense, or competition, Judo - the modern evolution of Jiu-jitsu is a fantastic whole body workout and a formidable means of self-defense. The only active instructor in our area with a black belt in both Judo and Jiu-jitsu teaches a unique approach to train at your level and equips you with the ability to apply Judo principles to every aspect of your life! This martial arts instruction is a tremendous supplement to wrestlers in the off season. Ages 13 and up.

Instructor: Brad Walker
Location: Dakota Budokan Martial Arts

Ages 13 and up

Choose Your Schedule - Mon 6:30-8:00PM

Tues 11:30-1:00PM - Wed-6:00-7:30PM

Thur-11:30-1:00PM - Sat 1:00-2:30PM

Thursday, March 1 - 31

WELL933A \$59

Monday, April 2 - 30

WELL933B \$59

Tuesday, May 1 - 31

WELL933C \$59

Saturday, June 2 - 30

WELL933D \$59

Monday, July 2 - 31

WELL933E \$59

Women Only

4 Sundays, March 4 6:00-7:00PM
WELL934A \$39

4 Sundays, April 1 6:00-7:00PM
WELL934B \$39

4 Sundays, May 6 6:00-7:00PM
WELL934C \$59

4 Sundays, June 3 6:00-7:00PM
WELL934D \$39

4 Sundays, July 1 6:00-7:00PM
WELL934E \$39

NEW Empowering Fitness in 9 Rounds!

Quit wasting time and END boring cardio workouts! This nine station kickboxing circuit concentrates on strength, stamina, fat burning, and core strengthening in just 30 minutes! The concept - a fast, full body workout burning 500 calories through daily varying workouts, and personal training included! From kettlebells to medicine balls, speed bags to heavy bags; make kickboxing fitness your new addiction and be a heavy hitter! Choose your workout month - gloves and wraps included. Ages 10 and up.

Instructor: 9ROUND

Location: 9ROUND - 1216 E 57th Street
9ROUND - 8604 W 26th Street

Choose your start date and month.

See Schedules Online

WELL930 \$99



WELLNESS

face of confidence

Heartsaver® First Aid

Join Mary Houska for this comprehensive course including first aid basics along with medical, injury, and environmental emergencies. Designed for individuals with limited or no medical training needing an AHA course completion card. Respond with confidence when confronted with sudden illness or injuries. AHA two-year certification and student manual provided.

Instructor: Mary Houska
Location: IPC

Friday, April 13 8:00-11:00AM
HETH618 \$45

Heartsaver® Adult/Child/Infant CPR & AED

Complete the training and certification for Adult, Child, and Infant CPR and AED. Intended for daycare and school employees, but is not the required CPR training needed for nursing students, physicians, or EMS. AHA two-year certification and student manual provided.

Instructor: Mary Houska
Location: IPC

Friday, April 13 11:30-2:30PM
HETH617 \$59

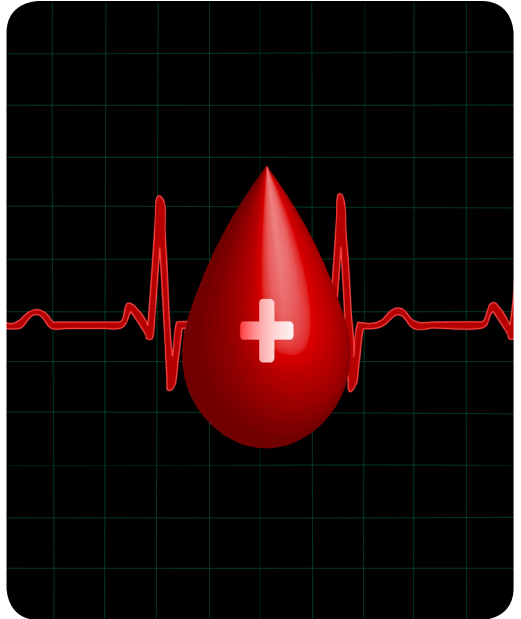
Bloodborne Pathogens

Understand the essentials of bloodborne pathogens and risks of exposure to blood and blood containing materials to reduce or eliminate the occupational risk of exposure to bloodborne pathogens. This training is intended for individuals having an anticipation of contact with blood or other potentially infectious materials as a result of performing necessary job duties. Learn to access your employer's exposure control plan and steps to take if exposed to blood or potentially infectious materials. Meets the requirements of the U.S.

Department of Labor - OSHA Bloodborne Pathogens Standard 29 CFR 1920.1030 when combined with site specific training and carries a "Medic First Aid" one-year certification. Student manual included.

Instructor: Mary Houska
Location: IPC

Friday, April 13 5:30-6:30PM
HETH616 \$45



Heartsaver® First Aid with Heartsaver® Adult/Child/Infant CPR & AED - Full Course

Full course - See descriptions. AHA two-year certification and student manual provided. Bring a sack lunch.

Instructor: Mary Houska
Location: IPC

Friday, April 13 8:00-2:30PM
HETH619 \$89

Basic Life Support - Healthcare Provider CPR Renewal

Healthcare Provider CPR certification is a pre-requisite for this renewal. Adult, Infant, and Child CPR/AED renewal is for healthcare providers with previous Healthcare Provider CPR certification. Recognize life-threatening emergencies, provide CPR, use an AED, and relieve choking in a safe, timely, and effective manner. Receive hands-on demonstration of CPR & AED skills, video review, and take the written test. Two year AHA certification card and manual provided. Intended for nurses, physicians, EMTs, and others in the healthcare field. Materials included.

Instructor: Mary Houska
Location: IPC

Friday, April 13 3:00-5:30PM
HETH615 \$39

WELLNESS

NEW Baby Sling Dance! Latin Style

Moms and dads, make a date with your baby and bond in a fun, new way in this baby-wearing line dance class! Bring your own baby sling, wrap, or carrier and learn fun, easy line dances to move and groove with your little one. For caregivers and their babies at least 6 weeks old. Moms should complete their postpartum check-up before attending class. Registration fee is per couple and baby.

Instructor: Glenda & Jeff Pray
Location: Baleraena Dance

Saturday, March 10 3:00-4:00PM
DANC273 \$25

NEW Big Band Dance! with Tango Lesson

Enjoy a special night out at a Big Band Dance listening to the sounds of the Big Band!

Friday, April 13 6:45-7:30PM
Dance to Follow 7:30-11:00PM
DANC632 \$19/person - \$29/couple



NEW Baby Sling Line Dance Series

Moms and dads, get a little exercise and meet other parents in this fun baby-wearing line dance series! Line dance varieties will include Pop, Country, Ballroom, and Latin dance. Bring your own baby sling, wrap, or carrier and learn these fun, easy line dances to move and groove with your little one! For caregivers and their babies at least 6 weeks old. Moms should complete their postpartum check-up before attending class. Registration fee is per couple and baby.

Instructor: Glenda & Jeff Pray
Location: Baleraena Dance & El Riad Shrine

3 Wednesdays, May 2 11:00-11:45AM
DANC274 \$45



WELLNESS

spontaneity

NEW Sweetheart Dance! Waltzing the Night Away!

Plan a special night out with your valentine!
Friday, February 9 6:45-7:30PM
Dance to follow 7:30-11:00PM
DANC629 \$19/person - \$29/couple



NEW St. Patty's Day Dance! Swinging the Night Away!

Celebrate all that's green!
Friday, March 9 6:45-7:30PM
Dance to Follow 7:30-11:00PM
DANC630 \$19/person - \$29/couple



NEW Big Band Dance with Dance Lessons! Series

Enjoy a special night out at a Big Band Dance featuring a LIVE Big Band along with a dance lesson to get you started on the El Riad Shrine's premier dance floor. Instructors available throughout the night to assist. Business casual to dressy attire is requested. Sponsored by the Ballroom Dance Club Sioux Falls and the El Riad Dance Club. Registration fee is per couple or per individual.

Instructors: Ballroom Dance Club
Instructors

Location: El Riad Shrine



NEW Prom through the Decades Dance! with Rumba Lesson

Relive prom from your favorite decade!
Friday, May 11 6:45-7:30PM
Dance to Follow 7:30-11:00PM
DANC266 \$19/person - \$29/couple

NEW Red, White & Blue Dance! with Foxtrot Lesson

Celebrate Independence Day!
Friday, July 13 6:45-7:30PM
Dance to Follow 7:30-11:00PM
DANC634 \$19/person - \$29/couple

YOUTH

NEW Home Tweet Home! Birdhouse Collage

The early bird catches the worm! Find a good hiding spot for a little squiggly worm and create a colorful springtime mixed media collage with oil pastels! Design your 11"x15" canvas with trees in nature, add a dimensional birdhouse and adorn it with colored tissue paper! Perch a little birdie on top for the final touch and enjoy the perfect springtime background! Materials provided. Ages 8 and up.

Instructor: Lisa Rinaldo
Location: IPC

Friday, March 23
ART106

6:00-7:15PM
\$15



NEW Klee Abstract Watercolor Painting

Prepare to be dazzled by the geometric shapes, lines and colors made popular by iconic artist Paul Klee! Sweep watercolors across the page and notice how The Red Balloon appears to float among the background of the carefully placed cityscape! Play with vibrant colors and forms to create a 11"x15" abstract watercolor piece to call your own! Materials provided. Ages 8 and up.

Instructor: Lisa Rinaldo
Location: IPC

Friday, June 8
ART108

6:00-7:15PM
\$15

NEW Tulips in Bloom Watercolor Mixed Media Collage

Delight in the beauty as these springtime tulips bloom to life on a 11"x15" canvas! Create texture and depth as you build a mixed media collage complete with newsprint and watercolors! Decorate your space or gift this beautiful piece to family or friends and get ready to celebrate spring with all it's gorgeous colors! Materials provided. Ages 8 and up.

Instructor: Lisa Rinaldo
Location: IPC

Friday, May 11
ART107

6:00-7:15PM
\$15

**All classes in prior sections
open to Youth
unless specified**

YOUTH

youth culture



NEW Black Light Peace Painting

Peace, love, paint! Show your groovy side and unleash the creativity as you take a trip back in time to the 1970's! Splash colors and add flair to a rad peace sign and make it appear to drip off a 16"x20" canvas. Enjoy a sweet treat on us to make the night complete! Don't think the fun stops there though! Amaze everyone with the effects of fluorescent paint and expose the painting to a black light and watch it glow! Materials provided. Ages 8 and up.

Instructor: JJ Nelson
Location: IPC

Thursday, March 15 6:00-8:00PM
YART123 \$25

NEW Mother's Day Sand Sculpture Indoor Planter

Celebrate mom or a special someone in your life by giving her something she will cherish for Mother's Day! Pick the perfect plant for your sand sculpture that will complement the glass planter and have fun digging in! Decorate with a few silk flower blooms to add some depth and interest. Top it off with a Mother's Day card and flower pick and your present is complete! Materials provided. Ages 8 and up.

Instructor: JJ Nelson
Location: IPC

Thursday, May 10 6:00-8:30PM
YART124 \$25

NEW Kids Camp! Summer 2018 Dakota Stained Glass

Keep calm and create on! Experience the creativity and hone your artistic skills working with fused glass! From material choices to engineering skills needed to assemble your projects; join Dakota Stained Glass artists in the studio for summer camp! Learn to cut and shape your glass, then using threads of glass, frit, and globs of glass, embellish your projects! Hone your skills of using texture, color, line, proportion, and unity in design. All materials included for a night light, picture frame, embossed dish, mosaic hand plate, and a wind chime! Four days = four projects! Let your inner artist shine! Materials provided. Ages 8 & up.

Instructor: Ken Bird
Location: Dakota Stained Glass

M/T/W/Th, June 4 1:30-3:00 PM
GLASS421A \$99

M/T/W/Th, June 11 10:00-11:30AM
GLASS421B \$99

M/T/W/Th, June 18 1:30-3:00 PM
GLASS421C \$99

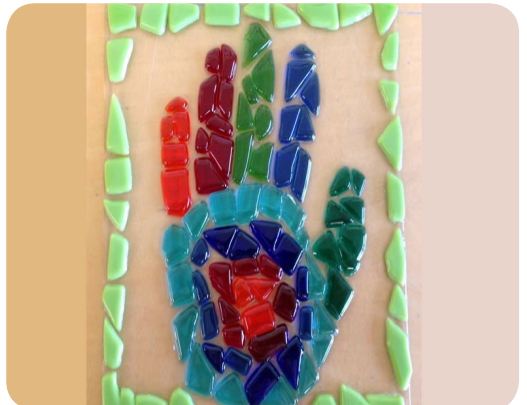
M/T/W/Th, June 25 10:00-11:30AM
GLASS421D \$99

M/T/W/Th, July 9 10:00-11:30AM
GLASS421E \$99

M/T/W/Th, July 16 1:30-3:00PM
GLASS421F \$99

M/T/W/Th, July 23 10:00-11:30AM
GLASS421G \$99

M/T/W/Th, July 30 1:30-3:00 PM
GLASS421H \$99



YOUTH

NEW Dirt, Worms, & Creepy Things!

Ready to get your hands dirty exploring and celebrating the hidden world of dirt? Roll up those sleeves to take part in several fun-filled lessons to gain an understanding of why healthy soil is important for growing plants that make for healthy eating! After that, the fun doesn't stop there! Show off those gardening skills by helping plant a beautiful garden at the Mary Jo Wegner Arboretum and learn how to construct a root viewer to take home to watch your planted seeds grow! Materials provided. Grades 3 - 5.

*Instructor: Groundworks Midwest
Minnehaha Master Gardners*
Location: Mary Jo Wegner Arboretum

Tuesday, June 12 10:00-11:45AM
YPLAY845 \$25



NEW Bugs, Slugs & Butterflies!

Bugs are amazing little creatures and are all around us! Nurture your curiosity toward insects and learn how they are crucial to a healthy environment! Get up close and personal to the honey bees without the sting, and partake in an opportunity to see an observation hive! Identify common pollinators and identify the best plants to grow for a pollinator garden, right in your own backyard! Each participant will get to take home a plant to get started! Grades 3 - 5.

*Instructor: Groundworks Midwest
Minnehaha Master Gardners*
Location: Mary Jo Wegner Arboretum

Tuesday, July 10 10:00-11:45AM
YPLAY846 \$25



NEW Pick, Cook & Chew!

Boin the fun and learn how to pick, cook and chew vegetables growing in the Mary Jo Wegner Arboretum teaching gardens! Be introduced to eating and cooking straight from the garden and try your hand at health and nutrition science and art projects! Utilize the knowledge learned as you learn how to use a solar oven to cook yummy snacks! Each participant will get recipes to take home! Materials provided. Grades 3 - 5.

*Instructor: Groundworks Midwest
Minnehaha Master Gardners*
Location: Mary Jo Wegner Arboretum

Tuesday, August 14 10:00-11:45AM
YPLAY847 \$25



YOUTH

raise the bar

NEW Prom Perfect! Hair & Makeup Trends

Ready to look phenom for prom? Grab a friend or relative, bring favorite Pinterest board ideas and get ready to learn how to make your dream styles a reality! Teach your partner how to create hair and make up styles for the big dance with a watch and learn session from a licensed cosmetologist that will help break down style fundamentals and give you the opportunity to create a beautiful updo! A list of what the instructor will provide for student use and what students need to bring, is included upon registration. Registration fee for two people. Ages 14 and up.

Instructor: Adrian Pfarr-Ness
Location: IPC

Thursday, March 2

YTEEN101A

Friday, April 6

YTEEN101B

6:00-7:30PM

\$35

6:00-7:30PM

\$35



NEW Setting Summer & Fall Styles! Hair Trends

Get ready to rock your beach hair and back-to-school style with tips and tricks on the trendiest hair and makeup! Step-by-step instructions taught by a licensed cosmetologist and customizable to every hair type! Make it a fun girl's day out and bring a friend to learn how to do each other's hair and makeup! Hair styling products will be provided. Ages 10 and up.

Instructor: Adrian Pfarr-Ness
Location:IPC

Friday, June 8

YTEEN102

6:00-8:00PM

\$25/person - \$35 for two



NEW You & Me Basic Braiding!

Stymied on how to create trendy fishtail, french and waterfall braids for your budding fashionista? Look no further for a fun, educational, bonding opportunity for you and your child! Basic braids and styles including: french, dutch, fishtail, waterfall and loop twists, as well as basic curling & pinning. Bring your favorite hair accessories and get ready to braid away! Registration for two people.

Instructor: Adrian Pfarr-Ness
Location: IPC

Thursday, June 28

YTEEN110

6:00-7:15PM

\$25



YOUTH

NEW Superhero Ninja Skate & Training!

Dress up like your favorite super hero and fly with the best of them, learning to skate like a super hero! Your day will begin with an exhibit of super hero skaters racing around the rink. Join them as you skate with your favorite hero for an hour of ice time before replenishing your energy with power snacks! Once powered up, transition to ninja ground training! Get a chance to win an opportunity to join the Master Ninja in spinning and jumping on a specialized off-ice harness! Materials provided. Bring your own skates or borrow a pair for the day. Ages 5 and up.

*Instructor: Karen Thornbrugh
SF Figure Skating Coaches*
Location: SCHEELS IcePlex

Saturday, April 21 11:15-1:15PM
YPLAY123 \$25



NEW Tailgate Skate!

Grab a partner and have a "ball" at this tailgate party! Bring your appetite for an authentic tailgating meal and then get ready to hit the ice for an hour with the junior coaches! After time on the ice, skaters will ditch their skates for athletic shoes and let the lawn games begin! Prizes awarded to every participant. Adults can join their junior on the ice or cheer from the sideline. Don't forget to represent your favorite team or sport with a jersey, hat or sweatshirt! Materials provided. Bring your own skates or borrow a pair for the day. Registration fee for parent and child. Ages 5 and up.

*Instructor: Karen Thornbrugh
SF Figure Skating Coaches*
Location: SCHEELS IcePlex

Wednesday, June 6 5:30-7:30PM
YPLAY125 \$35



NEW American Girl Skate & Tea Party!

Dress up your favorite doll or American Girl doll and get ready for a spectacular outing with a special someone as you experience the joy of gliding over smooth, beautiful ice together! Junior coaches will guide young skaters and their dolls through fun activities on the ice for one hour. After sharing your skating skills, enjoy a lovely tea party complete with desserts, beautiful teas and a craft to remember the special outing together! Adult partners are welcome to join their skater on the ice or watch from the sidelines. Materials provided. Bring your own skates or borrow a pair for the day. Registration fee for parent and child. Ages 5 and up.

*Instructor: Karen Thornbrugh
SF Figure Skating Coaches*
Location: SCHEELS IcePlex

Saturday, May 12 12:45-2:45PM
YPLAY124 \$35



YOUTH

boredom busters

Summer Youth Band Camp

Community Education

June-July 2018
Tuesdays, Wednesdays,
and Thursdays

Registration available
April 2018

See website for full
description & registration
information!



Youth Summer Band Camp

Students entering 7th & 8th grade in 2018-19	8:30-9:30AM
Students entering 6th grade in 2018-19	9:45-10:45AM
Students entering 9th -12th grade in 2018-19	11:00-NOON

Three concerts held throughout camp schedule.



Take note of our music lessons!
All ages are welcome.

For more Information visit www.sf.k12.sd.us

YOUTH

NEW Stop Guessing & Start Planning Your Big Future!

You wouldn't hit the football field without a play book, or drive to Denver without Google maps. How is working towards a career goal any different? Vanquish uncertainty with a proven plan that will save time and money and act as a springboard to the future! Get started with a personality quiz that will match traits and align individual interests and skills with potential careers! Discover The 5-Simple Tricks to Saving Money on Education and learn goal planning strategies top athletes use, that will create a framework for education and career planning success! Designed for students who secretly dream of having their own big future, but aren't quite sure where to start and for parents/grandparents who are excited for the possibilities, but don't want to waste time and money! Your child's launch is important, so stop guessing! Ages 16-23. Registration fees include parent(s)/child.

Instructor: Kathy Larson
Location: Open Fields Recruiting

Sunday, February 25 5:00-6:30PM
INT500A \$29

Sunday, March 18 5:00-6:30PM
INT500B \$29



Supersitters! Babysitting Smarts

Learn basic care techniques for infants and children, age appropriate play time, feeding, bedtime tactics, injury prevention, and first aid care. Experience hands-on CPR training for victims of cardiac arrest for adults, children, and infants. Keep the children you care for safe and happy - be their favorite "Supersitter!" Pack a lunch. Materials provided.

Instructor: Mary Houska
Location: IPC

Monday, April 2 8:00-3:00PM
TEEN806A \$55

Tuesday, April 3 8:00-3:00PM
TEEN806B \$55

Monday, June 4 8:00-3:00PM
TEEN806C \$55

Tuesday, June 5 8:00-3:00PM
TEEN806D \$55

Wednesday, June 6 8:00-3:00PM
TEEN806E \$55

Friday, June 8 8:00-3:00PM
TEEN806F \$55

Saturday, June 9 8:00-3:00PM
TEEN806FG \$55



YOUTH

dreams realized

Ukulele From Tiny Tim! Beginners...

Join local musician Steve McFarland as he introduces the soothing sounds of the islands on the ukulele! Learn the origin of the instrument, basic tuning chords, and strumming techniques. Instruction includes Tiny Tim's "Tiptoe Through the Tulips," traditional island songs, and other current hits! Grab your uke and take up this enjoyable, relaxing and highly addictive instrument! Bring your own ukulele.

Instructor: Steve McFarland
Location: Robert Frost

6 Tuesdays, February 27 6:30-7:30PM
MUSC276 \$79



Ukulele ...to the Red Hot Chili Peppers! Intermediate

Continue your journey with local musician Steve McFarland to expand your skills creating the soothing sounds of the islands on your ukulele! Tune, strum new chords, and learn new techniques to add to your repertoire of songs both new and old. Grab your uke and let loose! Ukulele Beginners or experience necessary. Bring your own ukulele and song suggestions.

Instructor: Steve McFarland
Location: Robert Frost

6 Tuesdays, April 24 6:30-7:30PM
MUSC284 \$79



Banjo Bootcamp! Beginners

Join local musician Steve McFarland as he shares his latest passion...banjo playing! Grab your banjo to learn basic chords, drones, and rolls along with "Claw Hammer" and "Scrugg's" style fingerpicking! From hillbilly boogie and bluegrass, to honky tonk and folk music, you'll be pickin' and grinnin'! Bring your banjo, tuner, thumb and finger picks.

Instructor: Steve McFarland
Location: Robert Frost

6 Tuesdays, February 27 7:45-8:45PM
MUSC285 \$79

NEW Banjo Bootcamp! Intermediate

Expand your skills, techniques, and song repertoire with local musician Steve McFarland! Grab your banjo to learn additional chords, drones, rolls, and fingerpicking! Learn tips and techniques for forming each chord shape, switching between chords smoothly and accurately, and tuning your instrument. Traditionally associated with country, folk, and bluegrass music, the banjo is accessible to anyone with the patience and willpower to learn it. Join us for more pickin' and grinnin'! Bring your banjo, tuner, thumb and finger picks. Banjo Bootcamp - Beginners or experience necessary.

Instructor: Steve McFarland
Location: Robert Frost

6 Tuesdays, April 24 7:45-8:45PM
MUSC287 \$79

YOUTH

Introductory Self Defense

Learn basic principles of self defense with simple and easy-to-learn techniques to work in a variety of situations. Prevent yourself from becoming one of the 20 victims of physical violence every minute in the United States. Practice introductory striking, escapes from grabs, take-downs, some ground fighting, and basic safety increasing confidence to defend yourself should the unthinkable happen. A quick demonstration and review of basic self-defense weapons, such as pepper spray will be included. With over 20 years of experience in martial arts, our instructors have designed a fun class for students of all abilities and fitness levels. Great class for mothers and daughters - sons too, or students going off to college! Ages 13 and up.

*Instructor: Joseph Herreman
Location: Southern Hills*

Monday, March 26 WELL275A	6:15PM-7:45PM \$29
Thursday, April 12 WELL275B	6:15PM-7:45PM \$29

Taekwondo - Adult & Youth Beginner, Intermediate & Advanced

Start or continue our taekwondo journey! In Korean, 'tae' means to strike or break with foot, 'kwon' means to strike or break with fist, and 'do' means way, method, or path. Thus, taekwondo is translated as "the way of the hand and the foot." Learn the basic techniques and traditions of taekwondo or enhance your skills progressing through the belt levels with Master Troy Vink while incorporating self-defense, discipline, confidence, and respect for others! Beginners - Ages 5 years and up. Additional cost for uniform - optional and belt testing as belt progression takes place. Payable to instructor at class.

*Instructors: Troy Vink
Location: Robert Frost*

Beginner: White Belt		
32 Tues/Thurs, January 9		5:45-6:45PM
FITN405		\$189
Intermediate: Yellow Belt - Green Belt		
32 Tues/Thurs, January 9		6:45-7:45PM
FITN406		\$189
Advanced: Blue Belt and Above		
32 Tues/Thurs, January 9		7:45-8:45PM
FITN410		\$189

Driver's Education

Through our state certified Driver's Education program, receive 30 hours of classroom instruction, 6 hours behind the wheel training, and 6 hours of observation of a partner. Both Department of Motor Vehicle tests - written and driving - will be completed for your student to get the instruction permit. Student must be 14 years old by the start of class.

Prior to registration - Read all policies and procedures. Classes held at Lincoln HS, Roosevelt HS, and Washington HS

Register online at www.sf.k12.sd.us



YOUTH

intentional workouts



Introduction to Jujitsu - Youth

Defend yourself in any situation by combining the techniques of karate, judo, and Brazilian jujitsu using the opponent's own force against him. In this fun and challenging class, learn the basics of Bujin Ki Ryu Jujitsu while building self-confidence, physical fitness, and self-discipline. Incorporate this unarmed, traditional self-defense system of the Sumurai into your day! Uniforms available for purchase - optional. Ages 6 to 13 years.

Instructor: Joseph Herreman
Location: Southern Hills

8 Mon/Thurs, March 12 6:10-7:00PM
HETH137 \$59

Art of the Sword! Kumdo

Join Jesse Adams for the first junior Kumdo youth class in Sioux Falls! Learn the techniques of Kumdo martial arts - two-handed Asian fencing - in a safe and controlled class setting while encouraging personal and physical growth. Good lessons have never been so much fun! Ages 8 and up.

Instructor: SF Kendo & Kumdo
Location: Tiger Academy

4 Mondays, March 5 6:15-7:00PM
HETH300A \$49
4 Mondays, April 9 6:15-7:00PM
HETH300B \$49
4 Mondays, May 7 6:15-7:00PM
HETH300C \$49

2 Cool Archery! Youth Introduction

Banish the TV junkies and videogame zombies in your basement by exposing your kids to the fun, outdoor, fresh air sport of archery! Learn the basics of archery form, techniques, marksmanship, and safety - plus receive plenty of practice time. Experts will start your youth out right! Learn a new sport - all it takes is a little time and effort in the wild! All equipment provided - both traditional recurve and compound bows. Ages 8 to 14 years.

Instructor: Archery Outfitters Instructors
Location: Archery Outfitters

Friday, January 19 7:00-8:30PM
HETH253A \$25
Friday, February 23 7:00-8:30PM
HETH253B \$25
Friday, April 13 7:00-8:30PM
HETH253C \$25
Thursday, June 7 7:00-8:30PM
HETH253D \$25



YOUTH



Cheer University!

Want to know what being a cheerleader is all about? Don't be left on the sidelines! Join Dakota Spirit for a four session instructional camp to learn how to tumble, stunt, jump, and dance your way to being a star! Following camp instruction, show off your teamwork and skills as you entertain the crowds at a special Dakota Spirit cheer event! Date to be announced. No experience needed! Includes a custom designed t-shirt and admission to the performance. Grades 1-5.

Instructor: Dakota Spirit Instructors
Location: Patrick Henry

4 Thursdays, March 1
YPLAY602

6:15-7:30PM
\$69



Lacrosse Camp!

Pick up those sticks and join experienced lacrosse coaches in learning valuable skills and game strategies for this great cross-training sport at a four day camp! Skill training and daily scrimmages will be on the agenda, so suit up for this fast-paced game and join one of the fastest growing sports in the country! No previous experience for this introductory camp needed. Students will receive a lacrosse stick, ball, and t-shirt. Snacks and water provided daily. Students must bring their own lunch. Camp is for students entering grades 3-8 in the fall of 2018. Registration deadline-May 25th or when class fills!

Instructor: Corey Mitchell
Location: Edison MS

5M/T/W/Th/F, June 18
YPLAY601

9:00-4:00PM
\$189



NEW Spikeball!

Lace up those tennis shoes and get ready for some jam packed action with Spikeball! Join one of the newest sports to hit Sioux Falls and get ready to partner up as you slam and spike your way to a victory! This instructor led class will teach all the tools needed to learn the game and have fun while doing it! Whether new to the game or a veteran player, bring energy to the court as you run, move, and dart around the net before returning the ball to opponents. Bring your moves for the Spikeball tournaments and have a chance to win a prize! Leave the court wanting more! Grades 7-12.

Instructor: Matt Kiesow
Location: Oscar Howe

3 Thursdays, April 5
YPLAY220

6:30-7:30PM
\$29

YOUTH

skills conquered

NEW EmpowerU

Spend a fun afternoon to discover your self-confidence and feel at ease in your own skin! EmpowerU is designed to teach young women how to cultivate a sense of self from within. Explore the ins and outs of confidence, body image, social pressure, communication, and much more! Full of instruction and interaction! Ages 10 - 14 years.

Instructor: Lisa Kuzman
Location: IPC

Wednesday, July 25 1:00-5:00PM
WELL716 \$49



Quick Start Your Kayak!

Kayaking on Covell Lake! Summer is here and the water is fine for your kayaking adventure! Experience the great outdoors with certified ACA kayak instructors to learn safety precautions and the proper paddling techniques of a successful kayaker! Having a youth-sized kayak is the key to success on the water. Basic swimming skills required. Kayak, life jacket, and paddle provided. Ages 7 to 12 years - 115 pounds or under.

Instructor: Sioux Empire Paddlers
Location: Covell Lake at Terrace Park

6:30-8:00PM \$39

Ages 7 to 12 Years - Under 115 Pounds

- WELL399A - Wednesday, June 6
- WELL399B - Wednesday, June 13
- WELL399C - Wednesday, June 20
- WELL399D - Monday, June 25
- WELL399E - Wednesday, June 27
- WELL399F - Monday, July 9
- WELL399G - Wednesday, July 11

Ages 13 to Adult

- WELL398A - Tuesday, June 5
- WELL398B - Tuesday, June 12
- WELL398C - Tuesday, July 24
- WELL398D - Tuesday, July 31

NEW Introduction to Judo

Martial Arts as a sport! Judo, or the "gentle way," is an ideal form of physical exercise and a reliable system of self-defense! Created by Jigoro Kano for the purpose of maximizing efficiency with minimal effort, perfect yourself by a systematic training of the mind and body in order to work in harmony with yourself and ultimately with all others. Join experienced Judo coaches for an introduction to this cross training sport that will have you mastering basic Judo techniques such as throws, pins, and falling techniques in no time! Gain mental discipline, emotional control, and social skills! Uniform not required for introductory class. Ages 7 years and up.

Instructor: Ryan Schiebout & Jim Sternick
Sioux Falls Hapkido & Judo Club
Location: Rosa Parks

4 Tuesdays, March 6 6:00-7:00PM
FITN430A \$39

4 Tuesdays, April 10 6:00-7:00PM
FITN430B \$39

STAFF



DeeAnn Konrad
Community Relations
Supervisor



Maritza Carrizales
Community Education
Clerical



Kelli Fahey
Youth Program
Specialist



Melodee Kloiber
Adult Program Specialist



Megan Daly
Web Developer



Ben Schumacher
Communications
Specialist



LOCATIONS

SF SCHOOL DISTRICT LOCATIONS

CTE-Career & Technical Education

Edison MS-Edison Middle School

IPC-Instructional Planning Center

Oscar Howe - Oscar Howe Elementary

Patrick Henry - Patrick Henry MS

Robert Frost-Robert Frost Elementary

Rosa Parks-Rosa Parks Elementary

Sonia Sotomayor-Sonia Sotomayor

4700 W Career Circle

2101 S West Avenue

201 E 38th Street

2801 S Valley View Rd

2200 S 5th Ave

3101 S 4th Avenue

5701 E Red Oak Drive

1510 S Lake Avenue

COMMUNITY LOCATIONS

9ROUND

9ROUND

Acorn19 - Bead Co

Archery Outfitters

Balleraena Dance Studio

Covell Lake at Terrace Park

Dakota Budokan Martial Arts

Dakota Stained Glass

El Riad Shrine

Joe's Garage Jewelry Studio

Journey Guide Services

Kosama

KR Hempel Woodworking LLC

LandShark Scuba & Snorkel

Lava's Javas & Treats

Legacy Aviation

Mary Jo Wegner Arboretum

New Day Church

Open Fields Recruiting

Orpheum Theater

Red Rock Tools

Rich's Antique Furniture

Scheels IcePlex

Sioux Falls Fit Body Bootcamp

Sioux Falls Sword Academy

Southern Hills United Methodist Church

Tiger Academy

1216 E 57th Street

8604 W 26th Street

319 S Phillips Avenue

1811 N Lowell Avenue

6901 S Louise Avenue

Covell Avenue & W Madison Street

2000 W 42nd Street, Suite A

2300 N Westport Avenue

510 S Phillips Avenue

2900 S Walts Avenue

6209 S Pinnacle Place, St 102

6909 S Louise Avenue

25793 470th Avenue

224 S Marion Road

518 N Cliff Avenue - Harrisburg

47010 Great Plains Place - Tea

1900 S Perry Place

27365 472st Avenue - Harrisburg

2329 N Career Avenue, #213

315 N Phillips Avenue

114 E Hemock - Beresford

25574 470th Avenue - Crooks

4300 N Bobhalla Drive

3504 S Minnesota Avenue

909 E 8th Street

3400 E 49th Street

3216 East 10th Street

INFORMATION

REGISTERING: FOUR EASY WAYS TO REGISTER!

Classes fill on a first-come, first-served basis. Payment is due at the time of registration. Registration is required prior to attending class.

CLASS CANCELLATIONS:

Community Education reserves the right to cancel class due to insufficient enrollment. Refunds or class credit are given if Community Education cancels the class.

EMERGENCY/SEVERE WEATHER CANCELLATIONS:

In questionable weather conditions, listen for class cancellations on local radio and television stations. When school is canceled, Community Education classes are canceled. Participants will not be called individually. Canceled sessions will be rescheduled.

UNABLE TO ATTEND?

COMMUNITY EDUCATION CLASS POLICY: If you are unable to attend a class as planned, you must call the Community Education office at least 3 business days prior to class start date. With 3 business days notice, we will be happy to transfer you to another available class or apply a full class credit to your Community Education account to use towards another class.

COMMUNITY EDUCATION SHOPPING TRIPS: Community Education requires a two week notice.

DRIVER'S EDUCATION POLICY: If you are unable to attend class as planned, you must call Community Education office at least 5 business days prior to class start date. With 5 business days notice, we can transfer student to an available scheduled class. If no class is scheduled, Community Education will charge a \$50 non-refundable cancellation fee and refund the balance to the original method of payment.

Class credits expire after one year and cannot be redeemed for cash. No refunds/credits given if you fail to attend class.



EXPRESS REGISTRATION ONLINE:

Using VISA, MasterCard, American Express, or Discover Card
Go to www.sf.k12.sd.us and hover over Our District tab, click on Community Education. All online ed2go classes must be registered for on our website.



PHONE:

VISA, MC, Am Express, Discover
605.367.7999 | 8:00AM-5:00PM



MAIL:

Mail your registration form with check or money order to:
Community Education: 201 E 38th Street Sioux Falls, SD 57105

Reading the Courses

NEW Title of Class

Course Title

You have finished your manuscript, now what? Learn how to get noticed using social media, traditional marketing, blogging, and more! Local published author Sarah Pepper shares her secrets for attracting the right attention when seeking publication of your writing.

Course Description

*Instructor: Community Education
Location: IPC*

of Sessions — 4 Thurs/Fri, Feb. 27
Course Code — PERS206

6:00-8:00PM — **Time**
\$25 — **Price**

Starting Date

REGISTRATION

*Classes fill quickly!
For Express Registration - see page 74*

Name _____
Street _____
City _____ Zip _____ Birthdate _____
Telephone-Day _____ Cell _____
Email Address _____

email required to email confirmation receipt

Class code

Title

Fee

Total Tuition

Please refer to the Community Education Class, Shopping Trip & Driver's Education Refund Policies on the previous page prior to submitting registration.

Payment Options:

Check/Money Order (payable to Community Education)

Mail payments to:
Community Education
201 E 38th Street
Sioux Falls, South Dakota 57105



“EMOJI”-N THE POSSIBILITIES



Metal Forging
page 7 & 17

Non-profit Organization
U.S. Postage
PAID
Sioux Falls, SD
Permit #7752



Computers & Business
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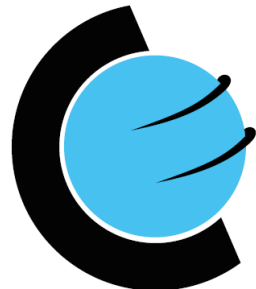


Clay Studio
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SIOUX FALLS SCHOOL DISTRICT 49-5
Community Education
201 E 38th St
Sioux Falls, SD 57105-5898
www.sf.k12.sd.us
605.367.7999



World Travel
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**COMMUNITY
EDUCATION**
Sioux Falls School District 49-5