



# PROGRAM GUIDE 2013

• Sports • Special Events • Education • Fitness • Camps •

Youth

Teen

Adult

Adult 50+



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**Alamo Recreation Center**  
2100 Alamo St.  
(512) 974-5680

**Austin Recreation Center**  
1301 Shoal Creek Blvd.  
(512) 476-5662

**Lorraine "Grandma"  
Camacho Activity Center**  
34 Robert T. Martinez Jr. St.  
(512) 391-1863

**Oswaldo A.B. Cantu/Pan-American  
Recreation Center**  
2100 E. 3rd St.  
(512) 476-9193

**Dittmar Recreation Center**  
1009 Dittmar Rd.  
(512) 974-6090

**Dottie Jordan Recreation Center**  
2803 Loyola Ln.  
(512) 926-3491

**Dove Springs Recreation Center**  
5801 Ainez Dr.  
(512) 447-5875

**Givens Recreation Center**  
3811 E. 12th  
(512) 928-1982

**Gustavo "Gus" L. Garcia  
Recreation Center**  
1201 E. Rundberg Ln.  
(512) 339-0016

**Hancock Recreation Center**  
811 E. 41st St.  
(512) 453-7765

**McBeth Recreation Center**  
2401-A Columbus Dr.  
(512) 974-9011

**Metz Recreation Center**  
2407 Canterbury  
(512) 478-8716

**Montopolis Recreation Center**  
1200 Montopolis Dr.  
(512) 385-5931

**Northwest Recreation Center**  
2913 Northland Dr.  
(512) 974-6972

**Parque Zaragoza Recreation Center**  
2608 Gonzales St.  
(512) 472-7142

**Pickfair Community Center**  
10904 Pickfair Dr.  
(512) 401-8119

**Rosewood Recreation Center**  
1182 N Pleasant Valley Rd.  
(512) 472-6838

**South Austin Recreation Center**  
1100 Cumberland Rd.  
(512) 444-6601

**Turner Roberts Recreation Center**  
7201 Colony Loop Dr.  
(512) 926-6013

**Virginia L. Brown Recreation Center**  
7500 Blessing Ave.  
(512) 974-7865

**Conley - Guerrero Senior Activity  
Center**  
808 Nile St.  
(512) 478-7695

**Senior Activity Center – Lamar**  
2874 Shoal Crest Ave.  
(512) 474-5921

**South Austin Senior Activity Center**  
3911 Manchaca Rd.  
(512) 448-0787

# Out of School Time

## “Stay for Play” After School Program

Designed to foster youth development through active play and enrichment activities. The after school program offers a variety of supervised activities including arts and crafts, science projects, nutrition lessons, sports, educational games, field trips and other enrichment activities. Specific time is allotted for homework and snacks.

Transportation is provided from the following schools:

- Barbara Jordan - Barbara Jordan
- Camacho - Metz
- Dittmar - Casey, Cowan, Williams, and Kocurek
- Dove Springs - Palm, Perez, and Widen
- Givens - Sims, Allen, Norman, and Ortega
- Hancock - Lee and Maplewood
- Metz - Metz, Sanchez, and UT
- Montopolis - Allison and Baty
- Northwest - Gullett, Brentwood, and Lamar
- Pan Am - UT and Zavala
- Parque Zaragoza - Brooke, Govalle, UT, and Blackshear
- Pickfair - Spicewood and PALS
- Rosewood - Cambell and Maplewood
- South Austin - Zilker and Galindo
- Turner Roberts - Volma Overton

Age: 5 years to 12 years

Dates: January 7th - June 3rd

Time: 2:45pm - 6:00pm



## “Stay for Play” C-Day Program

No school today? Don't sit at home with nothing exciting to do. Join us for a fun day filled with learning and exploration. This program is offered on non-city holidays that are teachers' work days. The center will provide an all day camp for participants (ages 5 -12 years) that will include sports, games, enrichment activities and more. Each child is required to bring a non-refrigerated/ non-microwaveable lunch and two snacks daily. This is not a drop-in program; there must be a minimum of 8 participants registered in order to conduct this program.

- Camacho
- Dittmar
- Dove Springs
- Givens
- Hancock
- McBeth
- Metz
- Montopolis
- Northwest
- Pan Am
- Parque Zaragoza
- Pickfair
- Rosewood
- South Austin
- Turner Roberts

Dates: Friday, March 29th

Time: 7:30am - 6:00pm

Fee: \$15.00 to \$26.00 per day depending on site

## Parents Night Out

Need a night out without the kids? Sign up to have our staff keep them entertained with crafts, games and more. We will provide dinner while you are enjoying your special night out. There must be a minimum of 8 participants to run this program.

Location:

Dittmar - February 15th - \$18.00

Pan Am - February 15th - \$10.00

Northwest - April 12th - \$10.00

Time: 6:00pm - 10:00pm



## “Stay for Play” Spring Break Camp

Why spend your spring break bored at home when you can have a week of fun and adventure with the staff of the Austin Parks and Recreation Department. This camp offers developmental and creative opportunities for children to explore the world around them using a mix of sports, science, art, group projects, games, field trips, and more! Each child is required to bring a non-refrigerator/non-microwaveable lunch and two snacks daily. This is not a drop-in program; there must be a minimum of 8 participants registered in order to conduct this program. Please contact your neighborhood recreation center for pricing and field trip information. This program is provided at the following locations:

- Camacho
- Givens
- Metz
- Pan Am
- Pickfair
- Turner Roberts
- Dittmar
- Hancock
- Montopolis
- Parque Zaragoza
- Rosewood
- Dove Springs
- McBeth
- Northwest
- South Austin

Dates: March 11th - March 15th

Time: 7:30am - 6:00pm

## Northwest After-School Clubs

### Lego Club

Lego Club will help your child express his/her creativity and imagination through the art of building legos. The class will encourage hands on learning and promote team building while learning math and science.

(Class will not meet on AISD/City holidays).

Location: Northwest

Dates: January 18th - May 31st

Days: Friday

Time: 5:00pm - 6:00pm

Fee: \$25.00 per month

### Chess Club

Checkmate! This free club immerses participants in a positive peer group focused on an activity that fosters creativity and develops decision making skills.

(Classes will not meet on AISD/City holidays).

Location: Northwest

Dates: January 18th - May 31st

Days: Monday

Time: 5:00pm - 6:00pm

Fee: FREE

### Press Newspaper Club

Come learn the basics of journalism in our newspaper club! We will be conducting interviews, writing newsletters, and performing short news clips.

(Classes will not meet on AISD/City holidays).

Location: Northwest

Dates: January 18th - May 31st

Days: Wednesday

Time: 5:00pm - 6:00pm

Fee: \$20.00 per month



### Spilled Milk Social Club

Spilled Milk Social Club After School Program is a kid's creative collective based in Austin, TX. Running in conjunction with AISD's 2012-13 school year, SMSC will operate as an after-school program whose mission is to promote confidence, independence, and higher level thinking skills through the integration of creativity into all facets of daily life. SMSC will offer pick-up from Lee, Brykerwoods, and Pease Elementary Schools, though families from ANY school are welcome to make alternate transportation arrangements. Please call (512) 317-6408 or email [info@spilledmilksocialclub.com](mailto:info@spilledmilksocialclub.com)

Website:

[www.spilledmilksocialclub.com](http://www.spilledmilksocialclub.com)

Location: Austin

Time: 2:45pm - 6:00pm

Dates: January 5th - June 5th

Days: Monday thru Friday

Fee: \$225.00 per month

### Homework Help at Pan Am Recreation Center

Every Thursday evening during the Spring 2013 semester, Pan Am Recreation Center will be offering homework help from 6:00pm - 7:30pm. The Pan Am staff will help your child complete any unfinished homework from that week so they can be ready to turn in their homework by Friday. This program is specifically intended for elementary aged students but is open to middle school students as well.

Location: Pan Am

Dates: January 10th - May 23rd

Days: Thursday

Times: 6:00pm - 7:30pm

Fee: FREE

### Integrated Arts Dance and Gymnastics Camp

This stimulating camp includes explorations in visual arts, drama, music, dance, and gymnastics. Students will discover how the fine arts have similarities in the elements of design, and increase their skill development in various movement vocabularies of jazz, tap, ballet, tumbling, balance beam, and rhythmic gymnastics. There will be a \$25 deposit required at time of registration. For registration please call (512) 323-6013 or [questions@danceassociates.com](mailto:questions@danceassociates.com).

Website:

[www.danceassociatesaustin.com](http://www.danceassociatesaustin.com)

Location: Northwest

Session 1: July 15th - July 19th

Session 2: July 22nd - July 26th

Days: Monday thru Friday

Times: 12:30pm - 3:30pm

Fee: \$188.00 per session

## Adventure Clubs

Join us at Camacho for some excellent adventures. Each day features a super activity. This program is free, but pre-registration is required. Space is limited. Children are escorted from Metz Elementary to Camacho Activity Center. Participants from other schools are welcome to join us, however, we only pick-up from Metz.

### Hiking

Feeling trapped inside all the time? Would you rather be outside running through the wilderness? Break free and come hiking at Camacho! Every Tuesday at 3:30 we hike the trails of Austin and go geocaching too! What's geocaching you say? Well, it's a super fun outdoor treasure hunt using gps and satellites to show you the way! We will be back to Camacho by 6:00 p.m.

Location: Camacho

Dates: January 8th - June 4th

Days: Tuesday

Time: 3:00pm - 6:00pm

Fee: FREE

### Cooking and Games

Learn to cook your own delicious meals! From baking bread to grinding our own burgers, at Camacho we make our nutritious meals from scratch! Learn to help your mom cook or you can cook the entire meal for your whole family! Fees? Not here, at Camacho it's Chef-boy-are-FREE!

Location: Camacho

Dates: January 8th - June 4th

Days: Wednesday

Time: 3:00pm - 6:00pm

Fee: FREE

### Mountain Biking

Join us on Thursdays for Mountain Biking! Camacho staff will escort children from Metz Elementary to the activity center for a quick snack, then we are out on the trails. The bikers leave Camacho by 4:00 p.m. and return before 6:00 p.m. Closed Toe shoes and helmets are required - we provide the helmets!

Location: Camacho

Dates: January 8th - June 4th

Days: Thursday

Time: 3:00pm - 6:00pm

Fee: FREE

## McBeth Afterschool Explorers Program

Children will participate in fun activities such as arts and crafts, games, music, and more with the goal of promoting socialization and leisure skill development. The program schedule will follow the AISD school calendar. This program caters to children and young adults with special needs. For more information please contact McBeth Recreation Center (512) 974-9011.

Location: McBeth

Dates: January 7th - June 3rd

Time: 2:55pm - 5:55pm

Fee: ranges from \$75.00 - \$130.00

## Camacho Youth Summer Camp

The Camacho Activity Center provides seemingly endless outdoor recreation activities for children ages 5-12. Our summer camps are unparalleled in Central Texas. Where else could your child learn archery, mountain biking, kayaking, rock climbing, swimming, geocache, and hiking all in one place for only \$75 a week? In fact, the only time we stop to take a breath is while filming our award winning movies with your child as the star! Nowhere else will your child have as much fun and come home as exhausted. Our staff has been providing safe, fun, and totally awesome outdoor recreation programs in Austin for over 12 years.

Location: Camacho

Session 00: The Younger Games

Session 3: Rolling Thunder

Session 6: Revenge of the Nerds

Session 9: Splash Zone

Session 1: The Wild World of Sports

Session 4: A River's Fun Through It

Session 7: Call of the Wild

Session 2: Rock and Roll

Session 5: Lights, Camera, Action

Session 8: Globe Trekkers

Dates: June 10th - August 16th

Time: 7:30am - 6:00pm

Fee: \$75.00

# Summer Camp 2013

The Parks and Recreation Department is dedicated to offering children ages 5–12 an unforgettable summer experience filled with a wide variety of sports activities, Arts & Crafts, water activities, and enrichment opportunities. We provide wholesome, interesting, and exciting activities in a character-building environment. This is no traditional summer camp; choose from our 10 weekly sessions! All recreation centers are proud to provide camp programs for youth ages 5 to 10 years old. \$20.00 deposit due for each session. Register today! Space is limited.

## Session One: A Brave Green World

June 10-14

Ever heard of “Going Green?” We will explore the outdoors, learn about our environment, and enjoy eco-friendly activities to celebrate our home planet!

## Session Two: Imaginarium

June 17-21

Yes- that is a made up word to describe the world of wonder and imagination in store at camp this week! From painting to poetry, we will have plenty of activities to work the right side of your brain. Let your imagination fly!

## Session Three: All Sorts of Sports

June 24-28

Sportsmanship and teamwork is the name of the game this week, so put me in, Coach! From international to locally famous sports and games at our recreation center, you will experience it all! It's time to step up to the plate for games galore, and sports of all sorts.

## Session Four: Party Rock around the World

July 1-5

**\*No camp July 4\***

We will not just be celebrating the 4th of July this week! Put your party hats on and prepare for a week full of holidays around the world. Be on the lookout for games, food, and crafts from all over!

## Session Five: Wild Kingdom

July 8-12

Embark on a safari to learn about the animal kingdom. What grows in the jungle? What animals live there, and what happens at night? Find out all the answers when you come to camp.

## Session Six: Kids Got Talent

July 15-19

Do you think you can Dance? Sing? Act? Well if so, then this is the week for you! Join us as we discover our hidden talents and perform in a city-wide Talent Show! As they say in showbiz, break a leg!

## Session Seven: Mad Science

July 22-26

Get ready for a week of exploration! We will discover many different forms of science, from icky sticky science to the stars in space. You might even get to become a mad scientist yourself!

## Session Eight: To the Rescue

July 29-August 2

Have you ever wanted to be a hero? Discover your mighty powers to help make a difference in your community. Campers will focus on service to others while meeting local heroes who make a difference every day.

## Session Nine: Kids vs. Kids

August 5-9

Time to bring out those competitive spirits! This week will challenge you mentally and physically! Test your skills at board games, game shows, sports, and survival!

## Session Ten: Chillin' at the Rec

August 12-16

Caution! As we near the end of summer and get ready to go back to school, we will give the campers one last chance to cool off! This weeks activities will include lots of water so be sure and bring your swimsuit and towel daily.

Registration  
begins  
**FEB. 23**  
@ 9:00 am



# Youth Sports

The Austin Parks and Recreation Department is proud to offer a variety of co-ed youth sports.

Our leagues are structured to be a safe recreational league aimed at beginner to intermediate players. This is a non-competitive league focused on youth 5 to 13 years old with volunteer coaches. Games are played on Saturdays. T-shirt, league play, and an end of season award are included. All league games are played in one of three zones. Please see listing of sites by zone below.

## North Zone:

- Gus Garcia
- Northwest
- Hancock
- Dottie Jordan
- Virginia L. Brown
- Turner Roberts

## Central Zone:

- Metz
- Pan Am
- Givens
- Parque Zaragoza
- Rosewood
- Alamo

## South Zone:

- Montopolis
- South Austin
- Dittmar
- Dove Spings

## Co-Ed Spring Soccer League

This program offers participants the opportunity to develop fundamentals and skills of soccer with an emphasis on attaining maximum potential through respect and enjoyment of the sport. This is a non-competitive 6 week league focused on youth 5 to 12 years old with volunteer coaches. Games are played on Saturdays.

Registration: January 22nd - February 16th

League begins Saturday, April 6th.  
Fee: \$20.00

## Co-Ed Flag Football

This program offers participants the opportunity to develop fundamentals and skills of football with an emphasis on attaining maximum potential through respect and enjoyment of the sport. This is a non-competitive 6 week league focused on youth 6 to 12 years old with volunteer coaches. Games are played on Saturdays.

Registration: TBA

League begins TBA  
Fee: \$20.00

## Co-Ed Summer Volleyball

This program offers participants the opportunity to develop fundamentals and skills of volleyball with an emphasis on attaining maximum potential through respect and enjoyment of the sport. This is a non-competitive 6 week league focused on youth 9 to 14 years old with volunteer coaches. This league will only be offered at specific sites.

Registration: March 18th - April 13th

League begins Saturday, June 1st  
Fee: \$20.00

## Dittmar Tennis Clinic

This class is designed to teach children about the basic skills of tennis as well as scoring. This is an 8 week class occurring off site at Mary Moore Searight Park. Rackets and balls will be provided but if you have a racket you're welcome to bring it.

Dates: March 25th to May 14th

- |              |         |                 |              |
|--------------|---------|-----------------|--------------|
| 5 - 7 years  | Mondays | 5:30pm - 6:30pm | Fee: \$40.00 |
| 8 - 10 years | Mondays | 6:30pm - 7:30pm | Fee: \$40.00 |





## Cheerleading

This program is for all skill levels. The goal is to increase participants' knowledge and appreciation of cheerleading skills and good sportsmanship. Our recreation program emphasizes fun, working with a team, building social skills and physical abilities.

Location: Dove Springs

Spring Registration:

January 22nd - February 16th

League begins April 6th

Summer Registration:

March 18th - April 13th

League begins June 1st

Fee: \$20.00

Location: Gus Garcia

Days: Tuesday & Thursday

Time: 6:00pm - 7:00pm

Fee: \$60.00 for 6 week program, uniform, and pom pom

## South Zone 3 & 4 year Soccer League

This program offers participants the opportunity to develop fundamentals and skills of soccer with an emphasis on attaining maximum potential through respect and enjoyment of the sport. This is a non-competitive 6 week league focused on youth 3 to 4 years old with volunteer coaches. Games are played on Saturdays.

Registration: January 22nd - February 16th

League play begins Saturday, April 6th.

Fee: \$20.00

## Co-Ed Tee Ball and Coach Pitch

Want your child to learn America's pastime? Register for the T-Ball/Coach Pitch league so they can learn the fundamentals of baseball. This non-competitive league is a great opportunity for youth to fine tune their skills and make some new friends.

Barbara Jordan	5 to 9 years	League Play Begins - February 23rd
Turner Roberts	5 to 9 years	League Play Begins - February 23rd
Pan Am	4 to 6 years	League Play Begins - April 30th
Dove Springs	3 to 10 years	League Play Begins - April 6th
South Austin	3 to 8 years	League Play Begins - April 6th
Dittmar	3 to 10 years	League Play Begins - June 1st

Fee: \$20.00

## Co-Ed Summer Basketball

This program offers participants the opportunity to develop fundamentals and skills of basketball with an emphasis on attaining maximum potential through respect and enjoyment of the sport. This is a non-competitive 6 week league focused on youth 5 to 12 years old with volunteer coaches. Games are played on Saturdays.

Sites: South Austin and Dittmar

Registration: March 18th - April 13th

Ages: 6U, 8U, 10U, 12U

League play begins Saturday June 1st

Fee: \$20.00



## Summer Tiny-Tot Soccer

This soccer league is structured to be a safe recreational league for beginner to intermediate players. This is a non-competitive league that encourages good sportsmanship, developing strong playing skills, and promoting friendly relationships among the players, coaches, referees and parents. Games are played on Saturdays. This league is for youth 3 to 5 years.

Dates: June 18th to July 25th

Days: Tuesdays and Thursdays

Times: 6:30pm - 7:30pm

Fee: \$20.00

## Montopolis Little Dribblers

This co-ed basketball league is structured to be a safe recreational league for beginner to intermediate players. This is a non-competitive league that encourages good sportsmanship, developing strong playing skills, and promoting friendly relationships among the players, coaches, referees and parents. Games are played on Saturdays. This league is for youth 3 to 5 years.

Dates: June 18th to July 25th

Days: Tuesdays and Thursdays

Times: 6:30pm - 7:30pm

Fee: \$20.00

## South Austin Youth Sports Club

Enjoy being outside? Like playing sports? Sign-up and get involved in a brand new youth program at the South Austin Recreation Center. This 6 week program will introduce a new sport each session. The participants will learn the rules of the sport followed by playing the actual sport. Types of sports will include: floor hockey, pickle-ball, soccer, ultimate, and volleyball. This club is geared to youth 10 to 15 years.

Dates: July 9th to August 15th

Times: 1:00pm - 3:00pm

Days: Tuesdays and Thursdays

Fee: FREE

## Track & Field

This program is for all skill levels with the general aim of increasing knowledge and appreciation of track & field, and good sportsmanship. Our recreation program emphasizes learning the basics of the sport [hurdles, relay races, long jump, shot put, etc]. This league is focused on ages 9 to 12 years. Track meets will be held at Burger Stadium.

Location: Givens

Dates: April 8th to June 29th

Days: Mondays and Wednesdays

Times: 6:15pm - 7:15pm

Fee: FREE



## Pan Am Youth Boxing

The Pan American Recreation Center offers a boxing program to youth and teens ages 8 to 18 years. This program is designed to teach participants the basics of boxing and encourages participants to compete in local, regional, and national competitions. This program is housed at Pan Am Recreation Center but is sponsored by the Police Activities League. For more information please contact Pan Am or Coach Zach Martinez at (512)476-9193.

Location: Pan Am

Ages: 8 to 18 years

Registration: January 7th to May 30th

Days: Monday - Thursday

Time: 6:00pm - 8:00pm

Fee: Free



## South Austin Volleyball Clinic

This clinic offers participants the opportunity to develop fundamental volleyball skills, as well as enhance their social and motor skills. This clinic is focused on developing youth ages 9 to 14 years old. This will be a great warm-up for the Summer Volleyball League.

Location: South Austin

Ages: 9 to 14 years

Dates: April 4th to April 25th

Days: Thursday

Time: 5:30pm - 7:00pm

Fee: FREE



## Mini Volleyball Lock-In

An evening of fun, games, and music for ages 5 to 10 years that love to play volleyball. This will be a night the girls won't forget....pizza, scrimmage games, players vs coaches, MVP, prizes & manicures!!!!!!

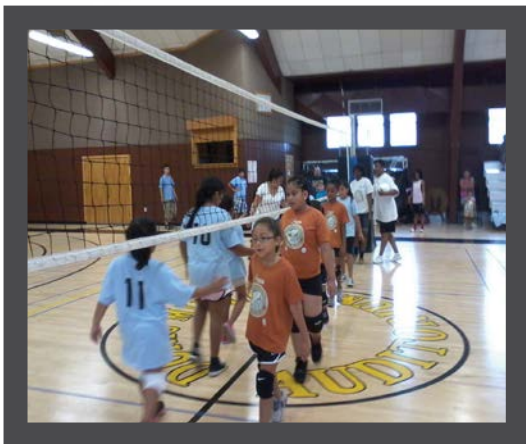
Location: Givens

Date: June 8, 2013

Days: Saturday

Time: 6:00pm - 10:00pm

Fee: \$5.00



## Co-Ed Kickball

This league is structured to be a safe recreational league for beginner to intermediate players. This is a non-competitive league that encourages good sportsmanship, developing strong playing skills, and promoting friendly relationships among the players, coaches, referees and parents. Games are played on Saturdays.

Location: Turner Roberts

Ages: 5 to 12 years

Registration: April 8th to May 17th

League play begins Saturday, June 29th.

Fee: \$20.00



## American Karate

This class teaches American Karate with an emphasis on self defense, conditioning, and sparring. A uniform (GI) is required and may be purchased from the instructor on the first day of class, or it may be purchased from an outside source. There will be additional costs to participants for belt testing, equipment, and tournament, which are required for advancement. New students are not permitted after the 3rd week of class without instructor approval.

Location: Montopolis  
Ages: 6 to 18 years  
Dates: March 4th - May 8th  
Days: Monday & Wednesday  
Time: 6:00pm - 7:00pm  
Fee: \$20.00

Location: Dove Springs  
Ages: 5 to 18 years  
Dates: Ongoing  
Days: Tuesday & Thursday  
Time: 5:30pm - 6:30pm  
Fee: FREE

## Austin Society of Karate

Karate will give students a working knowledge of martial arts while building self-confidence, physical condition, and self-discipline. A black GI uniform is required (may be purchased from the instructor or elsewhere). Optional costs include tournaments, equipment, and belt tests. No refunds will be issued after the third scheduled class. For more information call (512)415 - 6118.

Location: Dittmar  
Ages: 5 to 12 years  
Dates: Ongoing  
Days: Thursday  
Time: 6:30pm - 7:30pm

Location: Northwest  
Ages: 5 to 12 years  
Dates: Ongoing  
Days: Thursday  
Time: 6:30pm - 7:30pm

## Cardio Kick Boxing

Dove Springs cardio kick boxing program keeps kids off the street and out of trouble. Enrollment is taken on a first-come, first-served basis. Wait-lists are available if program is full.

Location: Dove Springs  
Days: Monday & Wednesday  
Time: 6:00pm - 7:30pm  
Fee: FREE

## Kid Fit - Tiny Tot Tennis

Basic tennis for young children will be taught in a fun cooperative environment. We teach racket path, proper footwork, and tennis language in a kid friendly manner. All equipment provided. Classes are 30 minutes with the class size limited to four children in 7 or 8 week sessions. For registration and fees please call (512)632-0672 or email [kidfit.tennis@yahoo.com](mailto:kidfit.tennis@yahoo.com)

Website: [www.kidfit-tennis.com](http://www.kidfit-tennis.com).

Location: Northwest

2 1/2 years to 3

Wednesdays

10:15am - 10:45am

3 years to 4 years

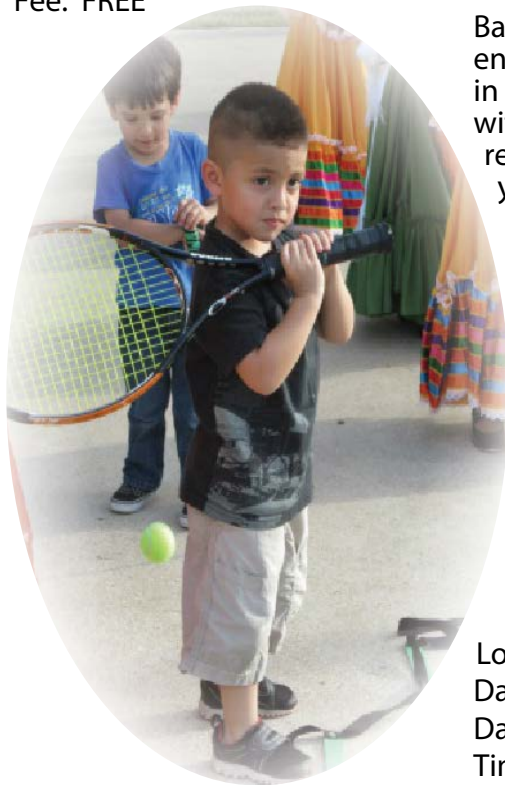
Wednesdays

10:45am - 11:15am

## Metz Tennis

This league is structured to be a safe recreational league for beginner to intermediate players. This is a non-competitive league that encourages good sportsmanship, developing strong playing skills, and promoting friendly relationships among the players, coaches, referees and parents. This league is focused on ages 3 to 5 years.

Location: Metz  
Dates: June 18th to July 25th  
Days: Tuesdays and Thursdays  
Times: 6:30pm - 7:30pm  
Fee: \$20.00



# Youth Enrichment

## Outdoor Explorers Program

Some of the many benefits of outdoor active play include stress relief, development of leadership skills, creating lifelong memories, an increase in physical strength, and an appreciation of nature. Activities will vary but could include disc golf, hiking, fishing, geocaching, kayaking, outdoor cooking, and plant and wildlife identification. This program is for youth ages 10 to 14 years.

Location: South Austin

Dates: March 1st to June 4th

Days: Tuesday

Time: 5:30pm - 7:30pm

Fee: FREE

## AEC Music Club

Artistic Education Company provides small instructional classes for musical instruments. Students will learn to play the Violin, Guitar, Flute, and Percussion which enhances self-esteem and builds self-confidence. Student perform at AEC Annual Performances. Contact AEC directly at (512)650-0522 or by emailing them at [director@artisticeducationco.com](mailto:director@artisticeducationco.com).

Website: [www.artisticeducationco.com](http://www.artisticeducationco.com)

Location: Austin

Time: 4:15pm - 5:15pm

Days: Monday thru Thursday

Fee: range from \$64 to \$85



## Me and My Pal Fishing

Come and experience a different adventure every Saturday. Metz Staff will take you and your child to different fishing locations around Austin to find the biggest catch. Ages 5 & older welcome with an Adult. Please call (512)478 - 8716 to reserve a spot. First 12 people welcome. Metz will provide staff, poles, bait, and a GREAT time.

Location: Metz

Dates: August 3rd to August 31st

Days: Saturday

Time: 10:30am - 12:00pm

Fee: FREE

## Guitar Class

This is a beginner's group guitar course but will be a great help to those that have already started playing as well. You may use an acoustic or an electric (without amp) guitar. The only other necessary supplies will be a pick, spiral notebook or binder with paper and a pencil. Having a tuner will help but is not completely necessary. Sign up today by calling (512)470 - 6908 or by emailing [joshg220@gmail.com](mailto:joshg220@gmail.com)

Location: Dittmar

Days: Monday

Time: 7:45pm - 8:45pm

Location: Northwest

Days: Tuesday

Time: 7:45pm - 8:45pm

Ages: 8 yrs and up

Fee: \$60.00

## Preschool Playtime

This "parent/guardian and me" program provides a time to socialize with friends and sharpen fine and gross motor skills. There will also be opportunities for hands-on activities to improve creativity and develop a positive self image. This class is designed for toddlers age 1 1/2 to 5 years and their caregiver.

Location: Northwest

Dates: June 7th to August 30th

Days: Friday

Time: 10:30am - 12:00pm

Fee: \$10.00 pass card fee that is good for four visits.

## Ballet Folklorico

Stomp your feet, clap your hands, click your castanets and get ready to learn the fiery and passionate moves of Mexican Folkloric dance. Dancers with minimal experience as well as advanced dancers will find spots just right for them in this wide array of dance classes focusing on the rich heritage of Mexican Folkloric dance. Performances for all occasions!

Location: Dittmar  
Days: Monday & Wednesday  
Instructor - Ms. Elsa Y. Nelligan  
Contact: (512) 443 - 7155 or bfm\_austintx@yahoo.com

Location: Pan Am  
Days: Wednesday  
Time: 6:00pm - 7:00pm  
Days: Saturday  
Time: 10:00am - 1:00pm

## Girl Scouts

Are you interested in learning a sport, sampling the arts, preparing for a career, or rafting down a river? Do you dream of publishing stories online, traveling to exotic locales, or speaking on behalf of girls in your area? In Girl Scouting you can do it all! Come in today and join this great group of scouts. It's never too late to join in the fun. Kindergarden through 5th grade welcome.

Location: Metz  
Days: Thursday  
Time: 6:00pm - 7:30pm  
Fee: FREE

## Tiny Tots

Designed to foster youth development Tiny Tots is a pre-school enrichment program where children ages 3 to 5 years enjoy a half day of socialization and recreation on Mondays and Wednesdays. Join the fun with games, stories, crafts, and more!

Location: Hancock  
Days: Monday & Wednesday  
Time: 9:00am - 1:00pm

Fee:

February	\$70.00
March	\$50.00
April	\$70.00
May	\$50.00

## Northwest Violin Club

The Artistic Education Company will be holding Violin Club at at the Northwest Recreation Center. This program is open to students in grades 3 through 6 and will run from January through May. Contact the Artistic Education Company by phone at (512) 650-0522, by email at director@artisticeducationco.com to find out about pricing structures and enroll!

Website: www.artisticeducationco.com  
Location: Northwest  
Ages: 8 to under 13 years  
Dates: January 7th to May 29th  
Sessions:

Monday	3:00pm - 4:00pm
Monday	4:00pm - 5:00pm
Wednesday	3:00pm - 4:00pm
Wednesday	4:00pm - 5:00pm

## 3 to 5 year Fun and Fitness

Children will participate in active play. Activities will include outdoor play, dancing, tumbling, dramatic play, puppet shows and more. They will also learn about healthy snacks and the food pyramid.

Location: Montopolis  
Registration: March 1st - June 15th  
Dates: June 4th to August 8th (10 sessions)  
Days: Tuesday & Thursday  
Time: 9:00am - 12:00pm  
Fee: \$15.00 per week

## Little Explorers

Little Explorers is a program for 3 to 5 years. Participants will explore the world around them, by studying insects, rock collections, bird watching, plant life, water life and ways of protecting the environment. Field trips to surrounding parks, libraries and the Nature Science Center will be included.

Location: Montopolis  
Registration: March 1st to June 15th  
Dates: June 3rd to August 7th (10 sessions)  
Days: Monday & Wednesday  
Time: 9:00am - 12:00pm  
Fee: \$15.00 per week

## Dance Associates

**Dance:** Multi-Activity class that develops fine and gross motor skills through finger play, dance basics of ballet, tap, and jazz. There will also be tumbling and creative movement with props.

**Gymnastics:** Students progress through warm-up exercises, strength and flexibility skills, loco motor and coordination skills, dance basics, creative movement, tumbling, balance beam and rhythmic gymnastics skills.

**Acrobatic Artistry:** This class adds an artistic dimension to gymnasts' athletic abilities.

For registration and fees please call (512)323 - 6013 or visit [www.danceassociatesaustin.com](http://www.danceassociatesaustin.com).

Description	Dates	Days	Times	Location	Ages
Preschool Movement	10/04/12 - 08/31/13	Thursday	5:30P - 6:15P	South Austin	3 to 6yrs
Preschool Movement	01/7/13 - 08/31/13	Tuesday	4:30P - 5:30P	Dittmar	3 to 5 yrs
Gymnastics Pre-School	01/7/13 - 08/31/13	Wednesday	3:30P - 4:30P	Dittmar	3 to 5 yrs
Dance/Gymnastics Combo	12/01/12 - 08/31/13	Saturday	12:30P - 1:15P	South Austin	3 to 6 yrs
Dance (Kindergarten)	01/07/13 - 05/27/13	Monday	5:00P - 5:45P	Northwest	5 yrs
Dance (Kindergarten)	06/03/13 - 08/26/13	Monday	5:00P - 5:45P	Northwest	5 yrs
Dance (Ballet, Jazz)	06/05/13 - 08/28/13	Wednesday	5:00P - 5:45P	Northwest	6 to 8 yrs
Dance (Ballet, Jazz)	01/02/13 - 05/29/13	Wednesday	5:00P - 5:45P	Northwest	6 to 8 yrs
Dance & Gymnastics	01/05/13 - 05/25/13	Saturday	11:00A - 12:00P	Northwest	6 to 11 yrs
Dance & Gymnastics	06/01/13 - 08/31/13	Saturday	11:00A - 12:00P	Northwest	6 to 11 yrs
Dance & Gymnastics	01/05/13 - 08/31/13	Saturday	9:00A - 10:00A	Austin	3 to 8 yrs
Dance & Gymnastics	01/05/13 - 08/31/13	Saturday	10:00A - 11:00A	Austin	3 to 8 yrs
Dance & Gymnastics	01/05/13 - 08/31/13	Saturday	9:00A - 10:00A	Austin	3 to 8 yrs
Dance & Gymnastics	01/05/13 - 08/31/13	Saturday	10:00A - 11:00A	Austin	3 to 8 yrs
Dance & Gymnastics	01/05/13 - 08/31/13	Saturday	9:00A - 10:00A	Austin	3 to 8 yrs
Dance & Gymnastics	01/05/13 - 08/31/13	Saturday	10:00A - 11:00A	Austin	3 to 8 yrs
Dance & Gymnastics	01/05/13 - 08/31/13	Saturday	9:00A - 10:00A	Austin	3 to 8 yrs
Dance & Gymnastics	01/05/13 - 08/31/13	Saturday	10:00A - 11:00A	Austin	3 to 8 yrs
Dance & Gymnastics	01/05/13 - 08/31/13	Saturday	9:00A - 10:00A	Austin	3 to 8 yrs
Dance & Gymnastics	01/05/13 - 08/31/13	Saturday	10:00A - 11:00A	Austin	3 to 8 yrs
Dance & Gymnastics	01/05/13 - 08/31/13	Saturday	10:00A - 11:00A	Austin	3 to 8 yrs
Dance & Gymnastics	01/05/13 - 08/31/13	Saturday	11:45A - 12:30A	South Austin	5 yrs and up
Dance (Jazz Hip Hop)	01/04/13 - 05/31/13	Friday	3:00P - 3:45P	Northwest	8 to 12 yrs
Dance (Jazz Hip Hop)	06/07/13 - 08/30/13	Friday	3:00P - 3:45P	Northwest	8 to 12 yrs
Gymnastics (Tumbling)	01/03/13 - 05/30/13	Thursday	3:30P - 4:15P	Northwest	5 to 11 yrs
Gymnastics (Tumbling)	06/06/13 - 08/29/13	Thursday	3:30P - 4:15P	Northwest	5 to 11 yrs
Gymnastics (I)	01/03/13 - 05/30/13	Thursday	4:15P - 5:00P	Northwest	6 to 8 yrs
Gymnastics (I)	06/06/13 - 08/29/13	Thursday	4:15P - 5:00P	Northwest	6 to 8 yrs
Acrobatic Artistry	01/03/13 - 05/30/13	Thursday	5:00P - 5:45P	Northwest	8 to 11 yrs
Acrobatic Artistry	06/06/13 - 08/29/13	Thursday	5:00P - 5:45P	Northwest	8 to 11 yrs
Dance IA	12/06/12 - 08/31/13	Thursday	4:45P - 5:30P	South Austin	6 to under 13 yrs
Dance	01/7/13 - 08/31/13	Tuesday	5:30P - 6:30P	Dittmar	6 to under 13 yrs
Gymnastics School Age Level 1	01/7/13 - 08/31/13	Wednesday	4:30P - 5:30P	Dittmar	6 to 8 yrs
Gymnastics/Acrobatic Artistry	01/7/13 - 08/31/13	Wednesday	5:30P - 6:30P	Dittmar	8 to 11 yrs
Dance & Gymnastics	01/7/13 - 08/31/13	Friday	9:30A - 10:15A	Dittmar	3 yrs
Dance & Gymnastics	01/7/13 - 08/31/13	Friday	10:15A - 11:00A	Dittmar	4 to 5 yrs
Dance & Gymnastics	01/7/13 - 08/31/13	Friday	11:00A - 11:45A	Dittmar	6 yrs and up

# Teen Programs

## Ping Pong Tournament

Think you are a great ping pong player? Put your talents to the test. Sign up and enter into South Austin's first ever Ping Pong Tournament. The tournament will consist of a singles round robin schedule/bracketing. Each participant will play the same number of games. The tournament will follow the International Table Tennis Federation (ITTF) rules and regulations.

Location: South Austin

Ages: 10 to 16 years

Registration: January 22nd to March 1st

Tournament begins March 7th

Days: Thursday

Time: 6:00pm - 8:00pm

Fee: Free

## Boxing

The Pan American Recreation Center offers a boxing program to youth and teens ages 8 - 18. This program is designed to teach participants the basics of the sport of boxing and encourages participants to compete in local, regional, and national competitions. This program is housed at Pan Am Recreation Center but is sponsored by the Police Activities League. For more information please contact Pan Am or Coach Zach Martinez at (512)476-9193.

Location: Pan Am

Ages: 8 to 18 years

Registration: January 7th to May 30th

Days: Monday - Thursday

Time: 6:00pm - 8:00pm

Fee: Free

## Indoor Futsal

Have fun playing this free indoor variant of soccer in an organized setting. Take on other teams in five-on-five bouts. Watch the fast-paced action as players sprint across the gym to score. All highschool-aged young men and women are free to join, with or without experience. Be sure to bring athletic clothing and indoor shoes. Cleats are not-permitted. Balls and goals will be provided.

Location: Gus Garcia

Ages: 14 to 18 years

Date: Ongoing

Days: Tuesday

Time: 6:00pm - 9:00pm

Fee: Free

## Totally Cool Totally Art (TCTA)

Totally Cool, Totally Art (TCTA) offers free community-based art education for teenagers who may not otherwise have such opportunities. TCTA promotes a philosophy centered on the benefits of arts education for teens and is much more than just an arts and crafts program. TCTA is teaching mediums this year such as culinary, fresh threads, short film, painting, and architecture.

Days: Monday & Wednesday

- Metz
- Pan Am
- Dittmar
- South Austin
- Montopolis
- Givens
- Zaragoza

Days: Tuesday & Thursday

- Northwest
- Hancock
- Dove Springs
- Alamo
- Rosewood
- Virginia Brown
- Turner Roberts
- Gus Garcia
- Dottie Jordan

Time: 6:00pm - 8:00pm

Ages: 12 to 18 years

Fee: FREE

## Neighborhood Teen Program (NTP)

Austin Parks and Recreation Department is proud to continue this FREE program to Austin area teens. This program focuses on character development, leadership, service learning and career exploration/college readiness all while participating in fun field trips and activities.

Please contact your local recreation center for more information and a schedule of events.

Ages: 12 to 18 years



### 3 vs 3 Basketball Tournament

This youth basketball tournament is designed for teens to brush up on their skills before school is back in action. Grab a few of your friends and join in as we see who's the best of the best in Dittmar's Gym.

Competition:

- 11 - 12 year Girls            13 - 14 year Boys
- 11 - 12 year Boys            15 - 16 year Girls
- 13 - 14 year Girls            15 - 16 year Boys

Location: Dittmar  
Days: Saturday & Sunday  
Date: August 17th & 18th  
Time: 8:00am - 6:00pm  
Fee: \$5 per person

### Girl's Basketball

This league is for middle school and highschool girls only. The summer basketball league allows the girl's basketball teams to play together during the summertime and gives the coaches the opportunity to watch them play. The evening league will be held at A.B. Cantu Pan Am Recreation Center. For more information, contact Mia Williams at (512)476-9193.

Location: Pan Am  
Days: Monday, Tuesday & Wednesday  
League Dates: June 3rd to July 31st  
Time: 6:00pm - 8:00pm  
Fee: \$300 per team

### Girl's Volleyball

This all girls volleyball league is intended for middle school girls age 13-15. This league is structured to be a safe recreational league aimed at beginner to intermediate players. This is a non-competitive league with volunteer coaches. You can expect to participate in a game each Wednesday. For more information contact Mia Williams at (512)476-9193.

Location: Pan Am  
Game Day: Wednesday  
League Dates: March 6th to April 17th  
Time: 6:00pm - 8:00pm  
Fee: \$20 per person

### Co-Ed Basketball League

This league is intended for middle school and highschool youth ages 13 to 16years. This league is structured to be a safe recreational league aimed at beginner to intermediate players. You can expect to participate in a game each Saturday.

Location: Virginia L. Brown  
Game Day: Saturday  
League Dates: March 30th to May 18th  
Time: 1:30pm - 4:00pm  
Fee: \$20 per person

### Cardio Kick Boxing

Dove Springs cardio kick boxing program keeps kids off the street and out of trouble. Enrollment is taken on a first-come, first-served basis. Wait-lists are available if the program is full.

Location: Dove Springs  
Days: Monday & Wednesday  
Time: 7:30pm - 9:00pm  
Fee: FREE



## Co-Ed Kickball

This league is structured to be a safe recreational league for beginner to intermediate players. This is a non-competitive league that encourages good sportsmanship, developing strong playing skills, and promoting friendly relationships among the players, coaches, referees and parents.

Location: Turner Roberts

Ages: 5 to 12 years

Registration: April 8th to May 17th

League play begins Saturday, June 29th.

Fee: \$20.00

## Co-Ed Softball

This league is structured to be a safe recreational league for beginner to intermediate players. This is a non-competitive league that encourages good sportsmanship, developing strong playing skills, and promoting friendly relationships among the players, coaches, referees and parents. Please consider being a volunteer coach for your child's team.

Location: Turner Roberts

Ages: 13 to 17 years

Registration: January 14th to February 28th

League play begins Saturday, June 22nd.

Fee: \$20.00

## Intro and Intermediate Improvisation

Come join us for a great summer program. This course is great for anyone interested in learning how to act without the hassle of remembering lines. In this two-part course students will first learn what improvisational acting is about. Students will learn to become more aware of their environments and play certain character building games. In the second part of this course students will then apply the basic rules and learn how to create scenes and characters. All students will work with partners or groups to build characters and understand how to use cues from other actors. For registration or call (512) 540 - 5953.

Website: <http://www.sentreeworks.com>

Location: Northwest

Dates: June 8th to July 20th

Ages: 12 to 18 years

Days: Saturday

Time: 9:00am - 11:30am

Fee: \$290.00

## Inner City Outings

The Rosewood Recreation Center and Sierra Club collaborate to offer this monthly outdoor adventure program. The monthly outings promote interpersonal skills and builds self-esteem by involving participants in teamwork, teaching them self-reliance outside of an urban setting, and encouraging them to take an active role in protecting the environment.

Location: Rosewood

Dates: Ongoing

Event: Caving

Date: March 30th

Time: 10:00am

Fee: FREE

Event: Geocaching

Date: April 20th

Time: 10:00am

Fee: FREE

Event: Intragenerational Fishing

Date: May 18th

Time: 10:00am

Fee: FREE

## Teen Spring Break Camp

This structured camp is designed to introduce teens to team building, healthy lifestyles, cultural diversity, career paths and academic commitment. These skills will help to prepare them for their future.

Location: Dottie Jordan

Ages: 12 to 17 years

Dates: March 11th to March 15th

Days: Monday - Friday

Time: 8:00am - 6:00pm

Fee: FREE

## Northwest Teen After School

Designed to foster adolescent development our after school program offers a variety of activities including arts and crafts, science projects, cooking activities, sports, games and other fun enrichment activities. Transportation is provided from Lamar Middle School.

Location: Northwest

Dates: January 7th to June 3rd

Days: Monday - Friday

Time: 3:30pm - 6:00pm

Fee:

February \$100.00

March \$75.00

April \$100.00

May \$125.00

## Teen Summer Camp

The Parks and Recreation Department is dedicated to offering children ages 13 to 16 years an unforgettable summer experience filled with a wide variety of sports activities, arts & crafts, water activities, and enrichment opportunities. We provide wholesome, interesting, and exciting activities in a character-building environment. This is no traditional summer camp; choose from our 10 weekly sessions! Pre-registration is required and there must be a minimum of 8 participants registered by May 20th to conduct a program week. \$20.00 deposit due for each session. Register today! Space is limited.

Location:

Northwest Recreation Center

Dittmar Recreation Center

Hancock Recreation Center

McBeth Recreation Center

Dates:

Session 1: June 10th to June 14th

Session 2: June 17th to June 21st

Session 3: June 24th to June 28th

Session 4: July 1st to July 5th (NO Camp July 4th)

Session 5: July 8th to July 12th

Session 6: July 15th to July 19th

Session 7: July 22nd to July 26th

Session 8: July 29th to August 2nd

Session 9: August 5th to August 9th

Session 10: August 12th to August 16th

Days: Monday - Friday

Time: 7:30am - 6:00pm

Fee: \$130.00 per session

## FREE EVENT

### Teen Lock-In

Teens are invited to spend a fun-filled evening hanging out with friends. Refreshments and food provided!

Location: Northwest Recreation Center

Ages: 6th to 8th Grade

Date: Friday, May 3rd

Time: 6:00pm - 11:00pm

Fee: FREE

# Family Programs

## Breakdancing

Stomp your feet, clap your hands, spin on the floor and get ready to learn some moves from former B-Boy City Jesse. Dancers with minimal experience as well as advanced dancers will find spots just right for them in this wide array of dance classes focusing on pop and hip hop breakdancing. Participants may perform at certain South Austin Recreation Center special events.

Location: South Austin

Dates: Ongoing

Ages: 18 years and up

Days: Tuesday

Time: 6:00pm - 8:00pm

Fee: FREE

## Guitar Class

This is a guitar class for beginners. It will also be a great help to those that have already started playing. You may use an acoustic or an electric (without amp) guitar. The only other necessary supplies will be a pick, spiral notebook or binder with paper and a pencil. Having a tuner will help but is not completely necessary. Sign up today by calling (512)470 - 6908 or email [joshg220@gmail.com](mailto:joshg220@gmail.com)

Location: Dittmar

Days: Monday

Time: 7:45pm - 8:45pm

Location: Northwest

Days: Tuesday

Time: 7:45pm - 8:45pm

Ages: 8 yrs and up

Fee: \$60.00

## Fitness Room

Our fitness rooms are safe user-friendly facilities and great places to get away from the masses at other commercial gyms. So come in and start getting in shape today! Self instructed facility.

Call your recreation center for hours of operation.

Ages: 16 years and up (participants under 18 must be accompanied by a parent/guardian with a membership)

Fee: \$15 per month

## Crocheting

This program will teach you the basics of crochet - picking the right yarn and hooks for your projects, basic stitches and how to put them all together to create a square motif. You'll finish with the skills to create wonderful items and the courage to express your individual style with nothing but yarn and a crochet hook. Students must furnish all their needed supplies. All youth under 15 must be accompanied by an adult.

Location: Metz

Ages: 7 years and up

Dates: Ongoing

Days: Tuesday

Time: 5:30pm - 6:30pm

Fee: FREE

## Quilting

New to quilting? Needing to polish your skills? This class is for you! It is an introduction to quilting basics from rotary cutting and accurate piecing to quick finishing techniques. Learn to make simple blankets and pass the memory on. Student must furnish all their needed supplies. All youth under 15 must be accompanied by an adult.

Location: Metz

Ages: 12 years and up

Dates: Ongoing

Days: Tuesday

Time: 5:30pm - 6:30pm

Fee: FREE

## Austin Barn Dancing

Community-style "Contra Dancing" captures the feeling of the town hall social dance. The group dance Contras, Squares, and circle mixers to live traditional music. All dancers are taught as they go. Call Dale Rempert at (512)453-4225 for more information.

Location: Hancock

Dates: Ongoing

Ages: Intergenerational

Days: Wednesday

Time: 7:30pm - 10:00pm

Fee: FREE

## Intro to Screen Writing

This screen writing course is designed to help beginning writers learn the basic structure and components to writing a script that a studio would want to read. Students will learn how to write dialogue that works with the story. All writers will work with actors to help understand how their dialogue works right away. This course is great for anyone looking to improve their writing skills for both novels and screen plays. For registration call (512) 540 - 5953.

Website: [www.sentreeworks.com](http://www.sentreeworks.com)

Location: Northwest

Dates: February 16th to March 23rd

Ages: 14 years and up

Days: Saturday

Time: 9:00am - 11:00am

Fee: \$170.00

## Improvisation

Come join us for this fun style of acting. In this course you will learn a theatre style of acting that requires no memorization of lines but instead will learn how to think on your feet very quickly. You will learn how to create characters and scenes based on cues from other actors and transform them as you act. You will learn the basic rules to improvisation and how to build lots of self-confidence and stage presence. Open to all levels of experience. For registration call (512) 540 - 5953.

Website: [www.sentreeworks.com](http://www.sentreeworks.com)

Location: Northwest

Dates: February 16th to March 23rd

Ages: 15 years and up

Days: Saturday

Time: 12:00pm - 2:00pm

Fee: \$160.00

## Biking for Fitness

Come ride the trails of Austin with other friends and families of Metz Recreation Center. Don't have a bike or helmet? No problem! Metz staff are happy to provide riding gear at NO cost.

Location: Metz

Ages: 12 years and up

Dates: Ongoing

Days: Monday & Friday

Time: 6:00pm - 7:00pm

Fee: FREE

## Improvisation - Creating Life on Stage

This course will teach you the many different ways that improvisation helps bring out your creative side. If you ever wanted to break out of your fear of getting performing in front of people then this course will teach you how to perform on your feet with ease. Students will learn how to explore the elements of a scene to help define characters and scene elements. Students will work with partners to create two-person scenes as well as group scenes. For registration call (512)540 - 5953.

Website: [www.sentreeworks.com](http://www.sentreeworks.com)

Location: Northwest

Dates: April 6th to May 11th

Ages: 15 years and up

Days: Saturday

Time: 12:00pm - 2:00pm

Fee: \$180.00

## Austin International Folk Dance

Everyone is welcome to come experience international folk dancing (line and couples dancing). Beginners and those with two left feet will be able to join the fun. We are "kid" friendly and our dancers come from all walks of life. Newcomers teaching from 7:30 pm - 8:00 pm. Call Bill Ogilvie at (512) 481-9362 for more information.

Website: [www.aifd.com](http://www.aifd.com)

Location: Hancock

Ages: Intergenerational

Dates: Ongoing

Days: Saturday

Time: 7:00pm - 11:00pm

Fee: FREE



# Adult Fitness



## Co-Ed Kickball League

Adult Kickball is back and better than ever! Grab your buddies to take part in what used to be a fun playground activity that's now a league for adults! Registration begins February 4th.

Location: South Austin  
 League Play begins March 4th  
 Days: Monday, Tuesday & Friday  
 Time: 7:00am - 10:00am  
 Fee: \$225.00 per team

## Metz Kickball League

Fun was the name of the game that we played in our youth. Today with 60-hour-plus work weeks recess now consists of gulping down coffee and dreaming of returning to the playground. We invite you to get back in the game. Teams must provide matching shirts with numbers.

Location: Metz

**Co-Ed High**  
 Get your team ready and play in this fun but competitive league.  
 Fee: \$225 per team  
 Registration Begins **Monday, August 27th**  
 League play begins **September 24th**

**Co-Ed Low**  
 This is a cool comfortable league where everyone has a blast  
 Fee: \$225 per team  
 Registration Begins **Monday, August 27th**  
 League play begins **September 24th**

**Women's High**  
 Get your team ready and play in this fun but competitive league.  
 Fee: \$225 per team  
 Registration Begins **Tuesday, August 28th**  
 League play begins **September 24th**

**Women's Low**  
 This is a cool comfortable league where everyone has a blast  
 Fee: \$225 per team  
 Registration Begins **Tuesday, August 28th**  
 League play begins **September 24th**

## Bike Polo

Come and join the fun in this community organized game where everyone has fun. Come as a team or by yourself and we will place you on a team. No experience is necessary and any type of bike will do. Extra mallets and bikes will be on site if needed.

Location: Metz  
 Dates: March 5th to March 29th  
 Days: Tuesday & Thursday  
 Time: 6:30pm - 9:00pm  
 Fee: FREE

## Paddling Club

Whether you are retired or just playing hookie, come and hit the lake with us on Wednesday mornings. Great exercise and a chance to see Austin from a new perspective. Be sure to wear clothes that can get wet. Paddling Club is cancelled if the morning temperature is 32 or below or if the wind chill reads 32 or lower.

Location: Camacho  
 Dates: Ongoing  
 Days: Wednesday  
 Time: 9:00am - 1:00pm

## Volleyball League

Registration for Northwest Recreation Center Tuesday Night Volleyball begins 2 weeks prior to league starting. League will have an end of season tournament.

Location: Northwest  
 Session 1: April 2nd to June 11th  
 Session 2: June 25th to September 3rd  
 Days: Tuesday  
 Time: 7:30pm - 10:30pm  
 Fee: \$185.00

## Salsa Aerobics

Come and join the fun with this energizing workout. Get lost in the music while you burn those pounds off.

Location: Pan Am  
Dates: Ongoing  
Days: Monday - Thursday  
Time: 6:00pm - 7:00pm  
Fee: \$25.00 per month

## FIT Club

The Team Beachbody Fit Club wants you to come work out to popular Beachbody programs like P90X and TurboFire. All fitness levels are welcome. For registration please call (512) 584 - 9535 or email [coachsuzannemiller@gmail.com](mailto:coachsuzannemiller@gmail.com).

Location: Northwest  
Dates: Ongoing  
Days: Wednesday  
Time: 7:00pm - 8:00pm  
Fee: FREE

## Capoeira

Capoeira is a Brazilian martial art that combines elements of dance and music. This ongoing class provides a great workout.

Location: Pan Am  
Dates: Ongoing  
Days: Monday, Tuesday, & Thursday  
7:00pm - 9:00pm  
Saturday  
1:00pm - 4:00pm  
Fee: \$35.00 per month

## Weight and Boot Camp

If you're 18 and over willing to learn new exercises and routines then this is the class for you. Willing to work hard for that new lean look? Come join our class where we will be push you to the max and then some. This is a fun group for those who are looking for new and exciting challenges to be physically fit.

Location: Dottie Jordan  
Dates: Ongoing  
Day: Wednesday  
6:00pm - 7:15pm  
Fee: \$3 per class

## Zumba Fitness

Are you ready to party yourself into shape? That's exactly what the Zumba program is all about. It's an exhilarating effective easy-to-follow Latin-inspired calorie-burning dance fitness party.

Location: Gus Garcia  
Days: Monday & Wednesday  
Dates: Ongoing  
Time: 6:00pm

Location: Dittmar  
Days: Tuesday  
Dates: Ongoing  
Time: 7:30pm - 8:30pm  
Fee: \$5.00 per class

## Fit n Fun Aerobics

A fun dance aerobic class of moderate intensity and moderate impact choreographed for beginners as well as advanced participants.

Location: Hancock  
Dates: Ongoing  
Days: Tuesday & Thursday  
6:00pm - 7:00pm  
Saturday  
9:00am - 10:15am  
Fee: FREE

## Fit n Fun Aerobics

A fun dance aerobic class of moderate intensity and moderate impact choreographed for beginners as well as advanced participants.

Location: Hancock  
Dates: Ongoing  
Days: Tuesday & Thursday  
6:00pm - 7:00pm  
Saturday  
9:00am - 10:15am  
Fee: FREE



## Jazzercise

Jazzercise combines elements of jazz dance, resistance training, pilates, yoga, kick boxing and more to create truly effective programs for people of every age and fitness level. Increase your muscle tone, flexibility, balance, strength and endurance using easy-to-follow movements. Each 60-minute class follows a perceived exertion curve.

Website: [www.jazzercise.com](http://www.jazzercise.com)

Location: Northwest

For registration and fees please call (512) 794 - 9575 or email [austinjazzinfo@gmail.com](mailto:austinjazzinfo@gmail.com)

Monday - Friday	9:00am - 10:00am
Monday - Thursday	5:30pm - 6:30pm
Monday - Thursday	6:35pm - 7:35pm
Friday	4:30pm - 5:30pm
Saturday	8:30am - 9:30am
Saturday	9:35am - 10:35am
Monday - Friday	9:00am - 10:00am
Monday - Thursday	5:30pm - 6:30pm
Monday - Thursday	6:35pm - 7:35pm
Friday	4:30pm - 5:30pm
Saturday	8:30am - 9:30am
Saturday	9:35am - 10:35am

Location: Austin

For registration and fees please call Kate Henrichson at (512) 656 - 8752 or email at [austinjazz@austin.rr.com](mailto:austinjazz@austin.rr.com)

Tuesday - Thursday	7:45am - 8:45am
Monday, Wednesday, and Friday	12:15pm - 1:15pm
Monday - Thursday	5:30pm - 6:30pm
Saturday	9:00am - 10:00am
Sunday	12:30pm - 1:30pm

Location: McBeth

For registration and fees please call (512) 799 - 7879

Monday & Wednesday	9:30am - 10:30am
Monday & Wednesday	5:30pm - 6:30pm
Tuesday & Thursday	8:30am - 9:30am
Tuesday & Thursday	6:00pm - 7:00pm
Friday	9:30am - 10:30am
Some Saturdays	9:00am - 10:00am

## Core Class

Have you always wanted flat abs? Here is your chance. We will give you a fun workout your body will not believe. Bring a mat and set of 4lb weights for beginners and 8-10lb for intermediate.

Location: Metz

Dates: Ongoing

Days: Tuesday & Thursday

6:00pm - 7:00pm

Fee: FREE





## McBeth Recreation Center Adaptive Sports Program

Adapted sports programs that teach skill development, team work, and foster self efficacy.  
Competition is offered through Special Olympics Texas.  
All programs are geared to participants 12 years and up.

Each Sport has a \$15.00 fee

### Basketball

November 27 - May 17

Tuesday

10:00am to 11:30am

South Austin

Friday

5:30pm to 7:00pm

Dittmar

### Softball

May 6 - October 26

Practice:

Monday

5:45pm - 7:15pm

Game:

Tuesday

5:45pm - 7:15pm

### Cycling

February 23 - April 20

Saturday

10:00am - 11:00am

### Swim Team Aquatics

June 25 - October 26

Tuesday

5:30pm - 6:30pm

Wednesday

5:30pm - 6:30pm

Thursday

5:30pm - 6:30pm

### Tennis

February 20 - April 26

Wednesday

5:30pm - 6:30pm

### Golf

June 25 - September 23

Tuesday

1:00pm - 3:00pm

### Bocce

June 25 - September 27

Monday

10:00am - 11:00am

Tuesday

10:00am - 11:00am



# Adult Enrichment

## Intro to Screen Writing

This screen writing course is designed to help beginning writers learn the basic structure and components to writing a script that a studio would want to read. Students will learn how to write dialogue that works with the story. All writers will work with actors to help understand how their dialogue works right away. This course is great for anyone looking to improve their writing skills for both novels and screen plays. For registration call (512) 540 - 5953.

Website: [www.sentreeworks.com](http://www.sentreeworks.com)

Location: Northwest

Dates: Ongoing

Ages: 18 years and up

Days: Tuesday

Time: 6:00pm - 8:00pm

Fee: FREE

## Austin Philosophy Discussion Group (APDG)

APDG offers many opportunities for discussion of philosophy and philosophical issues. No advance preparation or knowledge is required, just an open mind. More information can be found at: <http://philosophy.meetup.com/31/>

Location: Austin

Dates: Ongoing

Ages: 18 years and up

Days: Saturday

Time: 11:00am - 1:30pm

Fee: FREE

## Austin English Country Dance

Location: Hancock

Ages: 18 years and up

Dates: Ongoing

Days: Friday (2nd and 4th)

Time: 7:30pm - 10:00pm

Fee: FREE

## Central Texas WoodCarvers Association

Whether you are a beginner, expert or a want-to be- carver, come join the Carving Pack. The group meets for informal carving sessions that provide carving projects in a relaxed and social setting... just show up with your tools and project.

Location: Hancock

Dates: Ongoing

Ages: 18 years and up

Days: Wednesday

Time: 9:00am - 12:00pm

Fee: FREE

## Hawaiian Dance

Learn the graceful art of ancient and modern hula dances of Hawaii, Aparima Hulas, and Octa of Tahiti. Advanced participants must have all dance implements: pu ili, uli uli, and ipu. Class is instructed by Carole (Keahi) Stockton.

Location: Hancock

Dates: Ongoing

Ages: 18 years and up

Days: Tuesday

Time: 4:30 pm - 5:30 pm

Beginners

5:30 pm - 7:00 pm

Advanced

Fee: \$30.00 for four (4) classes.

## Life Drawing Studio

Bring your own supplies and come be creative in this instruction free class. For more information contact Jim at (512) 452-5810.

Location: Hancock

Dates: Ongoing

Ages: 18 years and up

Days: Saturday

Time: 9:00am - 12:00pm

Fee: \$2.00 plus fee for the model

## Austin Ballroom Dancers

Beginners and experienced dancers welcome. Call the Austin Ballroom Dancers Hotline at (512) 989 - 3939 or visit the web site for current class selections. Each session is five weeks long with several dance styles and levels offered each session.

Instructors: Don McCollum and Richard Fowler

Location: Hancock

Dates: Ongoing

Ages: 18 years and up

Days: Tuesday, Thursday & Friday

Time: 7:30pm - 8:30pm

8:45pm - 9:45pm

Fee:

\$45.00 - Nonmembers for unlimited classes

\$35.00 Nonmembers for 1 class

\$30.00 ABD Member for unlimited classes

\$20.00 ABD Member for 1 class classes

## Capitol Solos Round Dancers

An Adult Square Dancing Club. Contact Jerry Pate for more information at (512) 250-5185.

Location: Hancock

Ages: 18 years and up

Dates: Ongoing

Days: Monday

Time: 7:30pm - 10:00pm

Fee: FREE

## Fine Line Dancing

Join us for a lively morning of line dancing and fitness. Old favorites and new classics are instructed by Nancy Grobleski.

Location: Hancock

Ages: 18 years and up

Dates: Ongoing

Days: Monday, Wednesday & Friday

Time: 10:00am - 11:30am

Fee: FREE

## Aroma Yoga

Yoga stretches and tones the muscles, builds strength and stamina, also works on balance and flexibility. The classes include use of essential oils, meditation, breathing exercises, warm ups, core work, and the Yoga poses. Each posture is taught in level one, two or three so that each student can find their own level to feel challenged. For registration please call Mamta at (512)589-4910 or email [mvyamm@gmail.com](mailto:mvyamm@gmail.com). **First Class is FREE!**

Location: South Austin

Ages: 18 years and up

Dates: Ongoing

Days: Saturday

Time: 9:30am - 10:45am

Fee: \$10.00 per walk in  
\$80.00 for 10 classes

## Chair Yoga

It is wonderful for people with physical limitations to experience the relaxation and increased flexibility. Many health benefits are seen with regular yoga practice even if you cannot get onto the floor. Suitable for those who have difficulty getting up and down off the floor. For more information contact Everitt Allen at (512)426-9568.

Location: Dittmar

Ages: 18 years and up

Dates: Ongoing

Days: Wednesday

Time: 1:00pm - 2:00pm

Fee: FREE

## Csardas Hungarian Dance

Location: Hancock

Ages: 18 years and up

Dates: Ongoing

Days: Monday

Time: 7:30pm - 10:00pm

Fee: FREE

## Austin English Country Dance

Location: Hancock

Ages: 18 years and up

Dates: Ongoing

Days: Friday (2nd and 4th)

Time: 7:30pm - 10:00pm

Fee: FREE

## Yoga

Bekir Algan's classes focus on yoga therapy using Asana as active meditation (presence), Pranayama (breath), core knowledge inspired by Yoga Sultras, and Vedanta (essence) drawing from the full spectrum of life. He will inspire your daily life and practice. **First class FREE for guests!**

Location: Austin

Ages: 18 years and up

Dates: Ongoing

Day: Sunday

1:00pm - 3:30pm

Tuesday & Thursday

12:00pm - 1:30pm

Tuesday, Thursday & Sunday

5:30pm - 7:00pm

Fee:

\$110 per month unlimited access

\$100 - 8 class pass (must use within 3 months)

\$100 per semester for ACC students and staff

\$85 per month 2x per week

\$16 per walk in for 2 hour class

\$14 per walk in for 1.5 hour class

\$10 per walk in for ACC students and staff

## Easy Does It Yoga

Yoga stretches and tones the muscles, builds strength and stamina, also works on balance and flexibility. The classes include meditation, breathing exercises, warm ups, core work, and the Yoga poses. Each posture is taught in level one, two or three so that each student can find their own level to feel challenged. For registration please call (512) 916-8919.

Website: [www.austintaichi.com](http://www.austintaichi.com).

Location: Northwest

Ages: 18 years and up

Dates: Ongoing

Day: Thursday

Time: 11:15am - 12:15pm

Fee: \$10.00 per class

## Yoga

Yoga is not merely a set of physical exercises, it is a science of holistic living. Our Yoga class has been designed to benefit people of all ages, including children and seniors, at many different levels. It will certainly help you to lose harmful extra weight, manage and reduce stress, build stamina, increase focus, age gracefully and become more flexible in body and life. Jogi Bhagat (RYT), the instructor, has attended various Yoga courses and retreats in Europe, Asia and America during the last 29 years. This has prepared him to work with people of all ages, sizes and with different ailments. For more details about the Instructor and his teaching style please visit our website.

Website: [www.medicinalyoga.com](http://www.medicinalyoga.com)

Location: Dittmar

Ages: 8 years and up

Time: 6:15pm - 7:30pm

Days: Tuesday

Fee:

10 Weeks: \$ 85.00

5 Weeks: \$55.00

10 Class Pass: \$100.00 (valid for 20 weeks)

Drop in: \$13

## Austin Scandinavian Dance

Do you enjoy couple dancing? Looking for something different? Interested in new kinds of music? Please join us for dances from Norway and Sweden featuring fun turns, unusual figures, and fabulous music. No partners needed and wear slick soled shoes. For more information contact Stephanie Anderson at (512)454-0598.

Website: [www.austinscandi.org](http://www.austinscandi.org)

Location: Hancock

Ages: 18 years and up

Dates: Ongoing

Day: Wednesday

Time: 7:30pm - 10:00pm

Fee: FREE

## NIA

Nia is an expressive movement practice that not only offers the cardiovascular benefits of traditional fitness classes, but also encourages emotional expression and engagement to nourish the mind, body, and soul. Nia combines movement forms, dance, martial arts and healing arts to enhance coordination, improve flexibility and increase muscular endurance for all fitness levels.

Location: Hancock

Ages: 18 years and up

Dates: Ongoing

Days: Monday

9:30am - 10:30am

6:00pm - 7:00pm

Saturday

10:30am - 11:30am

Fee: \$10.00 per class

\$35.00 for 4 classes

\$85.00 for 12 classes

## Texas T.O.P.S.

Take Off Pounds Sensibly: A weight loss support group. Contact Elfride Bergstrom at (512) 453-1649 for more information.

Location: Hancock

Ages: 18 years and up

Dates: Ongoing

Days: Tuesday

5:30pm - 7:00pm

Fee: FREE

## Austin Society of Karate

Karate will give students a working knowledge of martial arts while building self-confidence, physical condition, and self-discipline. A black GI uniform is required (may be purchased from the instructor or elsewhere). Optional costs include tournaments, equipment, and belt tests. For registration and fees please call (512) 415 - 6118.

Location: Dltmar

Ages: 18 years and up

Dates: Ongoing

Days: Thursday

Time: 7:30pm - 9:00pm

## Chen-style Tai Chi (Taijquan)

Chen-style Tai Chi (Taijquan) is a free comprehensive exercise system for developing strength, coordination and flexibility, and for reducing stress. The class is open to all ages and skill levels. For more information, email [arc-class@austinchentaichi.com](mailto:arc-class@austinchentaichi.com) or call (512)462-4689.

Location: Austin

Ages: 18 years and up

Dates: Ongoing

Days: Tuesday

Time: 7:30pm - 9:30pm

## Tai-Chi

This ancient Chinese martial art is designed to enhance the body, mind and spirit. This exercise promotes health, fitness and longevity. By practicing the sequence of movements, students can develop strength and coordination, while reducing stress and increasing mental focus. Tai Chi is beneficial as a supplement to other athletic activities and therapeutic from recovering from physical injuries. This is an excellent exercise for all ages and fitness levels. For registration please call (512)916-8919.

Website: [www.austintaichi.com](http://www.austintaichi.com).

Location: Austin

Ages: 18 years and up

Dates: Ongoing

Days: Tuesday

4:00pm - 5:30pm

5:30pm - 6:30pm

6:00pm - 8:30pm

Fee: \$10.00 per class

## American Karate

American Karate will give students a knowledge of martial arts while creating positive attitudes and confidence. Students also benefit by improving mental focus and self control while learning abduction awareness techniques.

Location: Austin

Ages: 18 years and up

Dates: Ongoing

Days: Friday

Time: 6:30pm - 9:00pm

Fee: \$50.00

## Shotokan Karate

This traditional Japanese martial art helps you develop your aerobic conditioning, improve flexibility, increase concentration, strengthen determination, mental calm and confidence.

Location: Austin

Ages: 18 years and up

Dates: Ongoing

Days: Monday & Wednesday

7:30pm - 8:30pm

Sunday

12:30pm - 1:30pm

## Sahaja Meditation

Discover peace and joy through self-realization (Kundalini Awakening).

Location: Austin

Ages: 18 years and up

Dates: Ongoing

Days: Saturday

Time: 10:00am - 12:00pm

12:00pm - 1:00pm (en espanol)

Fee: FREE

### **Austin Writers League - Poetry**

Contact Jill Wiggins at (512) 441-4720 for more information about this group.

Location: Hancock

Ages: 18 years and up

Dates: Ongoing

Days: Monday (2nd & 4th)

Time: 7:00pm - 10:00pm

Fee: FREE

### **Scrabble Club**

Join Austin Scrabble Club for three rounds of Scrabble games. NASPA tournament rules apply.

Website: [www.austinscrabble.org](http://www.austinscrabble.org)

Location: Austin

Ages: 18 years and up

Dates: Ongoing

Days: Monday

Time: 6:30pm

Fee: \$1.00 per night

### **Weavers and Spinners Society of Austin**

Enjoy our programs presented by members and guest speakers, as well as socialization, show and tell, and gather with members to weave, spin, knit, or work on other fiber-related projects.

Location: Austin

Ages: 18 years and up

Dates: Ongoing

Days: Thursday (2nd & 4th)

Time: 6:30pm - 9:00pm

Fee: FREE

### **Village International Folk Dance**

Location: Hancock

Ages: 18 years and up

Dates: Ongoing

Days: Friday (1st, 3rd & 5th)

Time: 7:00pm - 10:00pm

Fee: FREE

### **Writers Group**

Free study group that nurtures area writers. The group critiques 25 pages of a member's manuscript at each meeting. To learn more e-mail [deanna@austin.rr.com](mailto:deanna@austin.rr.com).

Website: <http://nip.lizardfire.com>

Location: Austin

Ages: 18 yrs and up

Dates: Ongoing

Days: Sunday (2nd & 4th)

Time: 1:00pm - 3:30pm

Fee: FREE

### **Austin Writers League - Sci Fi**

For more information contact Jill Wiggins at (512) 441-4720.

Location: Hancock

Ages: 18 years and up

Dates: Ongoing

Days: Monday (2nd & 4th)

Time: 7:00pm - 10:00pm

Fee: FREE

## **American Heart Association Community CPR/AED for Adult, Child and Infant Saturdays!**

If students are interested in only one component, they are welcome to attend that portion of the course only. CPR/AED for Healthcare Provider course is also available by appointment for additional fee! This program is conducted by the Expedition School. All fees must be paid directly to the Expedition School.

Location: Camacho

Ages: 18 years and up

Dates: Course I: January 5th      Course II: February 9th      Course III: March 2nd      Course IV: April 13th

Time: 11:30am - 3pm

Fee: \$30.00 per course

## **Wilderness First Aid Course + CPR/AED for the Professional Rescuer (16 hour course for WFA / 3 hour course for CPR/AED for Pro)**

This program is conducted by the Expedition School. All fees must be paid directly to the Expedition School. \*must have valid CPR/AED certification prior to taking the course.

Location: Camacho and The Expedition School

Ages: 18 years and up

Dates: Course I: January 11th - 13th      Course II: March 8th - 10th      Course III: May 17th - 19th

Day: Fridays:

6:00pm - 9:00pm (CPR/AED Professional Rescuer)

Saturday & Sunday

8:30am - 5:30pm (Wilderness First Aid)

Fee: \$230 WFA / CPR/AED Combo or \$195 WFA only.

## **American Red Cross Basic Water Rescue Course: (4 hour course)**

This program is conducted by the Expedition School. All fees must be paid directly to the Expedition School.

Location: Camacho

Ages: 18 years and up

Dates:

Course I: April 13th      Course II: May 4th

Time: 4:00pm - 8:00pm

Fee: \$75 per course

### **American Canoe Association Quickstart your Kayak (3 hour class)**

This program is conducted by the Expedition School. All fees must be paid directly to the Expedition School.

Location: Camacho

Ages: 18 years and up

Dates:

Course I: February 9th

Course II: April 13th

Course III: June 8th

Time: 1:00pm - 4:00pm

Fee: \$75.00 \*includes all gear and equipment

### **American Canoe Association Intro to Kayaking (6 hour course)**

This program is conducted by the Expedition School. All fees must be paid directly to the Expedition School.

Location: Camacho, The Expedition School, Lady Bird Lake & San Marcos River

Ages: 18 years and up

Dates:

Course I: February 16th

Course II: April 20th

Time: 10:00am - 4:00pm

Fee: \$125.00 per course

### **American Canoe Association Kayak Instructor Course (20 hour course)**

This program is conducted by the Expedition School. All fees must be paid directly to the Expedition School.

Location: Camacho

Ages: 18 years and up

Dates:

Course I: February 22 - 24th

Course II: April 26th - 28th

Day: Friday

6:00pm - 8:00pm

Saturday & Sunday

8:30am - 5:30pm

Fee: \$395.00 per course

### **American Canoe Association Stand Up Paddle L1 (3 hour course)**

This program is conducted by the Expedition School. All fees must be paid directly to the Expedition School.

Location: Camacho

Ages: 18 years and up

Dates:

Course I: March 2nd

Time: 1:00pm - 3:00pm

Fee: \$55.00

\$115.00 - Combo course for L1 & L2

### **American Canoe Association Stand Up Paddle L2 (4 hour course)**

This program is conducted by the Expedition School. All fees must be paid directly to the Expedition School.

Location: Camacho

Ages: 18 years and up

Dates:

Course II: March 3rd

Time: 12:00pm - 4:00pm

Fee: \$80.00

\$115.00 - Combo course for L1 & L2

### **American Canoe Association Stand Up Paddle Instructor Course (20 hour course)**

This program is conducted by the Expedition School. All fees must be paid directly to the Expedition School.

Location: Camacho

Ages: 18 years and up

Dates: March 15th - 17th

Day: Friday

6:00pm - 8:00pm

Saturday & Sunday

8:30am - 5:30pm

Fee: \$395.00 per course



[www.facebook.com/austinparksfamilies](http://www.facebook.com/austinparksfamilies)

# Adaptive Programs

These programs are geared toward participants with intellectual disabilities.  
All activities are provided by McBeth Recreation Center.

## Good Neighbor Adventure Club

The GNAC program is a Monday to Friday program for a maximum of 30 participants with staffing at 1:8 ratio, ages 22-80 years old. Each day of enrollment, participants will participate and be engaged in physical, cognitive, creative, and social activities that promote positive interaction and physical fitness.

Dates: Ongoing

Days: Monday to Friday

Time: 9:00am - 2:30pm

Fee: \$12.00 per day - paid monthly

## Afternoon Art and More

Challenged adults will participate and be engaged in physical, cognitive, creative, and social activities that promote positive interaction, enhance creativity, and increase level of physical fitness. Passive and active creative art modalities and activities will be offered.

Dates: January 2nd to May 30th

Days: Monday - Thursday

Time: 3:00pm - 5:00pm

Fee: \$5.00 per day

## Friendship Café

Learn cooking skills and kitchen safety, while socializing with friends and talking about nutrition.

Dates: January 2nd to August 14th

Days: Wednesday

Time: 6:30pm - 8:00pm

Fee: \$4.00 per person

## Modern Dance

Create, express, and collaborate in this modern dance class taught by dance education specialist, Michele Owens.

Dates: Follows AISD Calendar

Day: Wednesday

Time: 11:15am - 12:00pm

Fee: FREE

## Art in the Park

Art in the Park is an opportunity for people of all ages with to express creativity through music & hands on projects. Individuals, groups & schools are welcome. Registration begins February 25th. Please register in advance for Art in the Park at McBeth Recreation Center 974-9011.

Location: Mexican American Cultural Center, 600 River Street.

Dates: April 12, 2013

Time: 9:00am - 1:00pm

Fee: FREE

## Outdoor Adventure Club

Participants will learn about the environment and explore nature by geocaching, learning about camping and nature and developing outdoor skills.

Dates: March 21st to May 16th

Days: Thursday

Time: 3:30pm - 5:00pm

Fee: \$15.00 per session

## Recreational Bowling

Enjoy a Friday afternoon of bowling and fun with friends out in the community. Great exercise! Please register in advance. You must mail or deliver the \$5/mo. registration fee and enrollment form to McBeth Recreation Center.

Dates: Ongoing

Days: Friday

Time: 4:00pm - 6:00pm

Fee: \$5.00 per month

## Adult Monthly Dances

Adult monthly dance to promote appropriate social interaction, creative expression and physical activity.

Dates: Ongoing

Days: 3rd Saturday of each month

Time: 7:00pm - 9:00pm

Fee: \$2.00 per person

## Variety Night

Friends come join us for fun & games, crafts, birthday/bingo and more!

Dates: January 2nd to August 14th

Days: Monday

Time: 6:30pm - 8:00pm

Fee: \$2.00 per person

## Helping Hands

Join McBeth's Helping Hands Club and give back to the wonderful City of Austin. We will be volunteering at various organizations around the city every Friday of the month. Our goals are to work hard, acquire community service hours, give back to our community and, of course, have fun! The participants will potentially be working with food banks, animal shelters, recycle programs and elderly groups.

Dates: February 1st to May 17th

Days: Friday

Time: 9:00am - 12:00pm

Fee: \$5.00 per month

## Rock the Boat

Be introduced to kayaking and canoeing on beautiful Lady Bird Lake. The program will be available to 10 people per session. So sign up early. Pre-registration is required. Registration is available at McBeth Recreation Center only. Always check with your doctor before beginning any new exercise. Wear warm clothes. It can be windy on the water.

Dates: March 19th to April 30th

Days: Tuesday

Time: 12:30pm - 2:00pm

Fee: FREE



# Adult 50+ Enrichment

## Adult 50+ Enrichment Program

Maintain an active, healthy and independent lifestyle through recreational and educational programs with Adult 50+ Enrichment. Learn and pursue new interests through countless activities including traveling, fitness, visual and performing arts, outdoor adventures, socials and special events, educational seminars and more. Plus, enjoy a nutritious lunch provided by Meals on Wheels and More Congregate Meal Program.

Location:

Alamo Recreation Center  
Gus Garcia Recreation Center  
Metz Recreation Center  
Virginia Brown Recreation Center

Conley-Guerrero Senior Activity Center  
Senior Activity Center-Lamar\*\*  
South Austin Senior Activity Center  
\*\*Not a Congregate Meal Location

Dates: Ongoing

Ages: 50 yrs and up

Days: Monday - Friday

Time: 9:00am - 12:00pm

## Senior Volleyball

Come and join the fun in this community organized game where everyone has fun. Come as a team or by yourself and have fun fine tuning your volleyball skills.

Location: South Austin

Dates: Ongoing

Days: Monday & Wednesday

Time: 1:00pm - 3:00pm

Fee: FREE

## Tai Chi

Learn the art of Tai Chi and use it to greet the sun as a part of a good morning. Take in the sharp, yet flowing movements and make them a part of a great lifestyle. No experience is required to enjoy this healthy martial art.

Location: South Austin

Dates: Ongoing

Days: Monday & Wednesday

Time: 1:00pm - 3:00pm

## Line Dancing

Join us and get the blood moving in the morning with this exciting form of dance. Feel the rhythm in this fun community-oriented activity.

Location: Gus Garcia

Dates: Ongoing

Days: Wednesday

Time: 9:30am - 11:30am

## Spanish Class

Ven Conmigos! We will learn conversational Spanish through hands on activities and lessons. This program is for adults 50+. Participants must pre-register for this class. Please plan to attend all sessions as each lesson builds up on the previous lesson.

Location: Alamo

Dates: March 4th to April 8th

Days: Monday

Time: 12:00pm - 12:45pm





# Inspiring an Active and Creative You!

Come and discover all we have to offer for an active and creative way of life.

**Conley - Guerrero Senior Activity Center**  
**808 Nile Street - (512) 478 - 7695**

**Senior Activity Center - Lamar**  
**2874 Shoal Crest Avenue - (512) 474 - 5921**

**South Austin Senior Activity Center**  
**3911 Manchaca Road - (512) 448 - 0787**

**Explore art and history at the Old Bakery and Emporium**  
**1006 Congress Avenue - (512) 477 - 5961**

<http://www.austintexas.gov/department/seniors>

## Art Class

Come and immerse yourself in a fun learning experience by taking this class. Put down lines and color in this fun activity. No prior experience in the world of art is needed.

Location: Gus Garcia

Dates: Ongoing until May 31st

Days: Monday & Wednesday

Time: 12:00pm - 2:00pm

Fee: FREE

## Bowling League

Have a ball and make a strike in this game of lanes. Take part in a fun team sport and make the air ring with the sound of strikes. Play as a team and let the good times roll as the points rack up. Any level of experience is welcomed.

Location: Gus Garcia

Dates: Ongoing

Days: Monday

Time: 1:00pm - 3:00pm

Fee: FREE

## Seniors on the Move

Seniors will have the opportunity to attend cultural, educational, and social events and/or activities.

Please visit Alamo Recreation Center for a monthly listing of trips, dates, and prices

Location: Alamo

## Chair Exercise

Have fun and socialize as this morning activity keeps the body healthy, moving, and in shape. No previous experience needed. 1-5 lb. dumbbells are provided on site for any workout needs.

Location: Gus Garcia

Dates: Ongoing

Days: Monday, Tuesday, Thursday & Friday

Time: 9:30am - 10:30am

Fee: FREE

## EZ Dance

Come join us in the fun of learning great new dance moves. From the electric slide, to latest dance craze. Dance your way into a new year for a healthier life both mentally and physically.

Location: Dottie Jordan

Dates: Ongoing

Days: Monday

Time: 6:00pm - 7:45pm

Fee: FREE

## Senior Transportation

Senior Transportation offers a means for adults 60 and older living in the Austin City Limits. For additional information on Adult 50+ Enrichment Routes and services, please call (512)974-1464.

## Lady Groovers

Lady's come join us. In dancing and mild exercise, as we dance our way through health from swing to the wobble. No dancing experience needed just a great attitude and wiliness to learn new experiences, and form new friendships.

Location: Dottie Jordan

Dates: Ongoing

Days: Tuesday

Time: 6:00pm - 8:00pm

Fee: FREE

## Shopping and Trips

Seniors registered in our program can enjoy shopping at different shopping trips followed by enjoying a delicious lunch while talking with friends and staff. Space is limited so be sure to register.

Location: Metz

Dates: Ongoing

Registration: Monday of field trip week at 12:00pm

Days: Wednesday

Fee: Free transportation (participants must purchase own goods and lunch)

# Special Events



## **Kite Workshop**

Pan Am - February 2nd  
South Austin - February 16th  
Fee: FREE

Fly on by and learn how to make a kite for the 85th annual Zilker Kite Festival. Children will have the opportunity to make multiple kites and then fly them in the park! All materials are provided, ages 5 and up.

## **Turner Roberts Black History Program**

February 23rd 9:00am – 12:00pm  
Fee: FREE

This a celebration of African American achievement and the advancement of all minority efforts with a recognition of those who have helped along the way.

## **Dove Springs Easter Egg Hunt**

March 16th 10:00am  
Fee: FREE

Join us for a traditional Easter Egg Hunt. The hunt is for toddlers 2 to 12years. Please bring your own basket.

## **Metz Community Easter Egg Hunt**

March 16th 5:00pm – 7:00pm  
Fee: FREE

Come and enjoy a fun filled morning playing Easter games with the Easter bunny and ending the morning with an egg hunt for ages 1-12. 1st-3rd place will be giving for each of the 4 age divisions.

## **Montopolis Easter Celebration**

March 30th 10:00am – 12:00pm  
Fee: Free

This special event will feature an egg hunt, arts and crafts, and games. Children will also have the opportunity to find the golden egg that holds a special prize. Funding is provided by a donation from the Travis County Sherriffs Posse organization.



Dove Springs - February 9th  
Northwest - February 23rd

### **Givens Easter Eggstravaganza**

March 23rd 11:00am – 2:00pm

Fee: FREE

Grab your basket and hop on by Givens Recreation Center!! You're sure to have an EGGciting time. Don't forget your camera, the Easter Bunny will be available for photos after the EGGstravagant Easter EGG Hunt!!!!!! For youth ages 4 to 10 years.

### **Pan Am Easter Egg Hunt**

March 23rd 11:00am – 12:00pm

Fee: FREE

Come help us find all of the missing eggs for your chance to win prizes and candy. The Easter Bunny will also be joining us so be sure and bring your camera! This fun, free, family event is intended for children 10 years of age and younger.

### **South Austin Eggxtreme Family Event**

March 23rd 11:00am – 1:00pm

Fee: FREE

Kids will enjoy playing games and having fun while parents enjoy listening to the latest hits and talking to old friends. Come and celebrate Mexican Independence day while children play the traditional games and enjoy being with their friends.

### **Dittmar Search for the Lost Eggs**

March 23rd 1:00pm SHARP

Fee: \$1.00 per child

Join us for an egg rush! Kids will be grouped off by age range and given a count down to collect as many eggs as possible. Eggs with a marked prize paper will win prizes!

### **Rosewood Easter Egg Hunt**

March 23rd 6:00pm – 8:00pm

Fee: FREE

Ready - Set - Egg Hunt! The annual egg hunt at Rosewood Recreation Center will be 6:00pm - 8:00pm on Thursday, March 29th. All ages are welcome. Please remember your basket.

### **Northwest Bunny Bonanza**

March 27th 10:30am - 11:30am

Fee: \$2.50 per child

Hop on over and join us for a fun filled toddler egg hunt, crafts, activities, and a chance to meet the Bunny. The Egg hunt will begin at 11:00. Pictures with the bunny will be after the hunt. Please bring your own camera to take photos and your own basket to fill with toys and candy.

### **Hancock Easter Egg Hunt**

March 29th 10:30am SHARP

Fee: FREE

Bring your friends and family to Hancock Recreation Center and join in on the fun at this year's Family Egg Hunt. Don't be late... the hunt starts at 10:30 am.

### **Turner Roberts Easter Egg Extravaga**

March 29th 11:00am – 2:00pm

Fee: FREE

Turner-Roberts Recreation Center Easter Egg hunt will give the children in the community a chance to socialize while finding eggs and having a snack.

### **Parque Zaragoza Bunny Jam**

March 30th 10:00am – 12:00pm

Fee: FREE

Our Bunny Jam is a morning filled with friends, family, and lots of fun. Families will get to participate in spring games and lots of dancing with the Easter Bunny. Kids will be guided by the Bunny to hunt for eggs full of prizes and candy. The morning comes to an end with a picnic lunch for the families.

### **Gus Garcia Easter Egg Hunt**

March 30th 11:00am - 1:00pm

Fee: FREE

Join the community in our annual Easter egg hunt, where walking-toddlers up to 11-year-olds are free to compete in age groups to find hidden delights. Come indoors afterwards for snacks and refreshments. A basket is recommended.

### **Northwest Movie in the Park**

April 5th 8:00pm – 10:00pm

Fee: FREE

Northwest will be showing a movie in the park and showcasing our programs available at the center. Come spend the evening with us at this great family and community event! The movie is free and food vendors will be parked on the field to tickle your tastebuds.

### **Don't forget about our four legged friends at Metz Recreation Center**

April 20th 10:00am - 12:00pm

Fee: FREE

Come and enjoy a fun morning of games with your family pets. There will be a contest for the smallest & biggest dog, pet owner look alike, and much more.

### **Turner Roberts Cinco De Mayo**

May 4th 10:00am - 2:00pm

Fee: FREE

Turner-Roberts Recreation Center will celebrate Cinco de Mayo with free games, music and food.

### **Parque Zaragoza Neighborhood Fiesta**

May 4th 6:00pm – 10:00pm

Fee: FREE

An evening where families in the community can gather in their neighborhood park to celebrate each other and our culture. We will have family games, live entertainment, activities for the youth, and food.

### **Metz Pre-Cinco de mayo Celebration**

May 2nd 5:30pm – 7:30pm

Fee: FREE

Everyone is invited to come and listen to some traditional music while children play games, end the evening with a Free snack and drink are provided.

### **Dittmar's Movie in the Park**

May 24th 8:00pm – 10:00pm

Fee: Free

Dittmar will be showing "Finding Nemo" in the park as a kick off to summer. Come spend the beginning of your Memorial Day weekend with us at this great family and community event! The movie is free and food vendors will be parked on the field to tickle your tastebuds.

### **Pre 4th of July Celebration**

June 27th 5:30pm - 7:30pm

Fee: FREE

Come and enjoy FREE games, music and food with the whole family

### **Northwest Summer Carnival**

June 28th 2:00pm – 4:00pm

Fee: FREE for 1st 10 tickets...additional tickets \$0.25

The Summer Carnival will be a fun event for children of all ages! It will feature many carnival games, a bounce house, face painting, arts & crafts, and snacks. This will be a fun free event to cool off in our gym on a hot summer day!



## Refund / Transfer Policy

(unless otherwise indicated)

A full refund will be issued for all programs, if cancelled by the Parks and Recreation Department, or due to a personal injury or illness (medical verification will be requested). In the event that you need to withdraw from a class the pro-rated activity fee minus a \$10.00 processing fee will be refunded. If the receipt amount is less than \$ 10.00 no refund will be issued. You may receive a credit to your account for programs occurring within 90 days of withdrawal. Once a refund has been requested it will take four to six weeks for processing and a City of Austin check will be mailed to your address. Program attendance is the responsibility of the participants. Credit is not given for classes missed during a session. PLEASE NOTE: If your initial payment was by check, a front and back copy of that canceled check or bank statement must be presented before a refund can be processed.



## Lost and Found

The City of Austin Parks and Recreation Department is not responsible or liable for the loss, theft or damage of any personal belongings. Items found at the center will be placed in our lost and found area for up to one week.

## General Information

All classes must have a minimum number of participants in order to be conducted. The Parks and Recreation Department reserves the right to cancel, combine, change time, change dates, or make any revisions which may be necessary. You will be notified by telephone of your registration status if the class has been cancelled or revised. One way to deliver quality service is by limiting the class size to provide a good participant/teacher ratio. If a class has reached the maximum limit, names are placed on a waiting list and students are called as openings become available.

## Registration Procedures

Walk-in registrations are accepted on a first come, first served basis. Full payment is required for official registration (unless otherwise indicated). The front desk accepts registration Monday through Thursday, from 1:00 p.m. - 10:00 p.m., Friday from 1:00 p.m. - 5:50 p.m. and Saturday from 1:00pm-5:00pm.

## Registration Fees

All class fees are due at registration time. Fees may be paid with cash, money orders, credit cards or checks. A valid driver's license is required when paying by check or credit card. Please make checks payable to the City of Austin. Currently, we accept:



**A. Youth Waiver (please fully complete waiver with a pen):**

**Participant Name:** \_\_\_\_\_ **Age:** \_\_\_\_\_ **Gender:**  Male  Female

**Birthdate:** \_\_\_\_\_

**B. Completion required by all participants. Primary and Secondary must reside at same Household address. If not, complete box D**

**Household Mailing Address:** \_\_\_\_\_ **Zip:** \_\_\_\_\_

**Household Home Phone:** \_\_\_\_\_

**Household Primary Name:** \_\_\_\_\_ **Gender:**  Male  Female **Email:** \_\_\_\_\_

**Birthdate:** \_\_\_\_\_ **Provider:** \_\_\_\_\_ **Primary Work Phone:** \_\_\_\_\_

**Primary Call Phone\*\*:** \_\_\_\_\_ **Provider:** \_\_\_\_\_ **Primary Work Phone:** \_\_\_\_\_

**Household Secondary Name:** \_\_\_\_\_ **Gender:**  Male  Female **Email:** \_\_\_\_\_

**Birthdate:** \_\_\_\_\_ **Gender:**  Male  Female **Email:** \_\_\_\_\_

**Secondary Cell Phone:** \_\_\_\_\_ **Provider:** \_\_\_\_\_ **Secondary Work Phone:** \_\_\_\_\_

**C. Completion required by all participants. List any Emergency Contacts other than Household members listed above.**

Emergency Contact Name:	Relation:	Home Phone:	Work Phone:	Cell Phone:	Allowed to Pick Up?
					<input type="checkbox"/> Yes <input type="checkbox"/> No
					<input type="checkbox"/> Yes <input type="checkbox"/> No
					<input type="checkbox"/> Yes <input type="checkbox"/> No
					<input type="checkbox"/> Yes <input type="checkbox"/> No
					<input type="checkbox"/> Yes <input type="checkbox"/> No
					<input type="checkbox"/> Yes <input type="checkbox"/> No

**D. Only complete this box if a Youth Participant resides within two separate Households.**

**Household Mailing Address:** \_\_\_\_\_ **Zip:** \_\_\_\_\_

**Household Home Phone:** \_\_\_\_\_

**Household Primary Name:** \_\_\_\_\_ **Gender:**  Male  Female **Email:** \_\_\_\_\_

**Birthdate:** \_\_\_\_\_ **Provider:** \_\_\_\_\_ **Primary Work Phone:** \_\_\_\_\_

**Primary Call Phone\*\*:** \_\_\_\_\_ **Provider:** \_\_\_\_\_ **Primary Work Phone:** \_\_\_\_\_

**Household Secondary Name:** \_\_\_\_\_ **Gender:**  Male  Female **Email:** \_\_\_\_\_

**Birthdate:** \_\_\_\_\_ **Gender:**  Male  Female **Email:** \_\_\_\_\_

**Secondary Call Phone:** \_\_\_\_\_ **Provider:** \_\_\_\_\_ **Secondary Work Phone:** \_\_\_\_\_



**Program Registration and Waiver Form**  
 Austin Parks and Recreation Department  
 200 S. Lamar  
 Austin, Texas 78704  
 Phone: 512-974-6700 Fax: 512-974-6711

**E. Completion required by all participants.**

**Medical Care Information**

- Any known allergies to food/drugs, insect stings, poison ivy/other plants, etc.? {Yes \_\_\_\_\_} {No \_\_\_\_\_} Please Specify: \_\_\_\_\_
- Any known existing illnesses? {Yes \_\_\_\_\_} {No \_\_\_\_\_} Please Specify: \_\_\_\_\_
- Please list any physical condition that could restrict activities or have a need requiring special care in order to participate in program/activity. \_\_\_\_\_

**4. For Youth & Children Only:** Does Participant require prescription medication during program hours? Program must exceed 1 hour. {Yes \_\_\_\_\_} {No \_\_\_\_\_} If yes, please complete a Medication Authorization form.

**Personal Information Privacy Policy**

We collect personally identifiable information, like names, postal addresses, email addresses, etc., when voluntarily submitted by our visitors. The information you provide is used to fulfill your specific request. This information is only used to fulfill your specific request, unless you give us permission to use it in another manner, for example to add you to one of our mailing lists. {email opt out? \_\_\_\_\_}

**Image Release Waiver**

I hereby consent to allow usage of photographs and video taken during this program and at our sites for publicity purposes in printed materials, and on our website. Photographs remain the property of the City of Austin Parks and Recreation Department. If you do not want to allow photos or videos, then please initial. {opt out? \_\_\_\_\_}

**Accessibility Accommodation Request**

The City of Austin is proud to comply with the Americans with Disabilities Act so that ALL individuals can enjoy and benefit from our recreation and leisure services. If you require assistance or a modification for participation in our programs or use of our facilities, please call 512-974-3914 to consult with an Inclusion Coordinator at least two weeks prior to an event, activity or registration deadline. Do you require accommodations? {Yes \_\_\_\_\_} {No \_\_\_\_\_} (Optional)

**Standards of Care Notification**

Children's programs/activities supervised by Parks and Recreation Department and requiring enrollment/registration in order to participate are not licensed by the state, but follow standards of care adopted in the City of Austin Ordinance No. 20120426-123. A copy is available and posted at each site.

**Release of Liability**

In consideration of participant being allowed to participate in the registered class(es) or program(s), the undersigned hereby releases the City, its employees and agents, from any action, claim or demand for personal injury or property loss arising from or due to any negligent act or omission of the City, its agents or employees. This release shall have no effect with regard to damages caused by the City's gross negligence. In the event the City or a volunteer provides transportation for the registered participant, this waiver and release shall extend to and release the City employee driver from any and all liability. Permission is given for any emergency medical treatment, operation or anesthesia which might become necessary. I agree to be responsible for the expense of medical treatment or service.

Please Print Name: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**A. Adult Registration Information** (please print and fully complete in blue or black ink)



200 S. Lamar  
Austin, Texas 78704  
Phone: 512-974-6700

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_ Provider: \_\_\_\_\_

Birthdate: \_\_\_\_/\_\_\_\_/\_\_\_\_ Gender:  Male  Female Email Address: \_\_\_\_\_

**B. Please list at least two Emergency Contacts that reside in a household other than your own.**

Emergency Contact Name:	Relation:	Home Phone:	Work Phone:	Cell Phone:

**C. Medical and Release**

**Medical Care Information**

1. Any known allergies to food/drugs, insect stings, poison ivy/other plants, etc.? **{Yes }** **{No }** Please specify: \_\_\_\_\_
2. Any known existing illnesses? **{Yes }** **{No }** Please specify: \_\_\_\_\_
3. Please list any physical condition that could restrict activities or have a need requiring special care in order to participate in program/activity: \_\_\_\_\_

**Personal Information Privacy Policy**

We collect personally identifiable information, like names, postal addresses, email addresses, etc., when voluntarily submitted by our visitors. The information you provide is used to fulfill your specific request. This information is only used to fulfill your specific request, unless you give us permission to use it in another manner, for example to add you to one of our mailing lists. **{email opt out? \_\_\_\_\_ }**

**Image Release Waiver**

I hereby consent to allow usage of photographs and video taken during this program and at our sites for publicity purposes in printed materials, and on our website. Photographs remain the property of the City of Austin Parks and Recreation Department. If you do not want to allow photos or videos, then please initial. **{opt out? \_\_\_\_\_ }**

**Accessibility Accommodation Request**

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**Release of Liability**

In consideration of participant being allowed to participate in the registered class(es) or program(s), the undersigned hereby releases the City, its employees and agents, from any action, claim or demand for personal injury or property loss arising from or due to any negligent act or omission of the City, its agents or employees. This release shall have no effect with regard to damages caused by the City's gross negligence. In the event the City or a volunteer provides transportation for the registered participant, this waiver and release shall extend to and release the City employee driver from any and all liability. Permission is given for any emergency medical treatment, operation or anesthesia which might become necessary. I agree to be responsible for the expense of medical treatment or service.

Please Print Name: \_\_\_\_\_ Date: \_\_\_\_\_ Signature: \_\_\_\_\_

## **Mayor and City Council Members**

Lee Leffingwell, Mayor  
Sheryl Cole, Mayor Pro Tem  
Chris Riley, Place 1  
Mike Martinez, Place 2  
Kathie Tovo, Place 3  
Laura Morrison, Place 4  
Bill Spelman, Place 5

## **City Managers Office**

Marc Ott, City Manager  
Michael McDonald, Deputy City Manager  
Robert Goode, Assistant City Manager  
Sue Edwards, Assistant City Manager  
Bert Lumbreras, Assistant City Manager  
Anthony Snipes, Acting Assistant City Manager  
Ray Baray, Acting Chief of Staff

## **Parks and Recreation Department**

Sara L. Hensley, CPRP, Director  
Kimberly A. McNeeley, CPRP, Assistant Director  
Jesse Vargas, Assistant Director  
Cora D. Wright, Assistant Director

## **Parks and Recreation Board**

Jane Rivera, Chair  
Jeff Francell, Vice Chair  
William Abell, Board Member  
Susana Almanza, Board Member  
Dale Glover, Board Member  
Lynn Osgood, Board Member  
Susan Roth, Board Member

## **Austin Parks and Recreation Department Mission Statement**

The purpose of the Austin Parks and Recreation Department is to provide, protect, and preserve a park system that promotes quality recreational, cultural and outdoor experiences for the Austin Community.

## **Persons with Disabilities**

The City of Austin is proud to comply with the Americans with Disabilities Act. Individuals with disabilities are encouraged to participate in the Austin Parks and Recreation programs. You may request special accommodations to facilitate participation and inclusion in these programs. Reasonable modifications and equal access will be provided upon request. Call (512) 974-6700.



## **City of Austin Ordinance**

# 20120426-123

Standards of Care for Children's Programs Children's programs/activities supervised by the Parks and Recreation Department and requiring enrollment/registration in order to participate are not licensed by the state, but follow local standards of care as adopted. A copy of the ordinance is available and posted at each site.

## **Photo Policy**

The Parks and Recreation Department regularly takes photos of participants in our classes, special events and other activities. The photos are for department use and may be used in presentations, brochures, flyers, public service announcements and other media uses. If you do not wish to have pictures taken please tell the photographer.