



DISTRICT 728 Community Education

Lifelong Learning...unlock your potential

SEPTEMBER-DECEMBER
FALL 2013
CLASS SCHEDULE

ADULTS

trips, online learning, health,
arts, fitness, technology, GED

YOUTH

middle school sports, arts,
theater, trips, academics,
before & after school childcare

EARLY CHILDHOOD

ECFE, preschool, screening

WWW.728COMMUNITYED.COM

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CLASSES, CONTESTS & MORE!

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TECHNOLOGY



FEATURED INSTRUCTOR DIANA MILLS

Weather Hotline:

Check our Twitter feed @ CE728ALERT
or call 612-253-5109.

Community Education Office

763-241-3520
communityed@elkriver.k12.mn.us

ECFE & Discovery Learning

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ecfe@elkriver.k12.mn.us
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kathryn.simonson@elkriver.k12.mn.us
Lynne Kopitzke (763-241-3524)
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Early Childhood Screening

Laura Orwoll (763-241-3400 x5577)
laura.orwoll@elkriver.k12.mn.us

Club Summer and EdVenture Club

Pauline Nelson / Billing and Registration
(763-241-3544)
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ISD 728 Facility Scheduling

Colleen Sweet (763-241-3400 x5539)
facilities@elkriver.k12.mn.us

A.B.E. & G.E.D.

Pam Moriarity (763-241-3400 x5525)
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Website: www.elkriver.k12.mn.us/webpages/pmoriarty



Diana Mills teaches violin and voice lessons for
ISD 728 Community Education.

Describe your background and experience:

I have a wealth of experience with violin from competitions to solo performance and community orchestras, string quartets and the orchestra pit, as well as many years of leadership in church music, which includes writing, producing and directing holiday productions, choir directing and music leadership during services. I currently assist with the choir at my church as

well as teach here at ISD 728. Mr. Francis Stockwell of the North Star Boys Choir is my instructor on how to teach voice.

What level of experience is needed for your class(es)?

The most important part of learning an instrument or improving your voice is the desire to learn. Although string students begin even at pre-school age, I've noticed that age can be a factor when it comes to voice... for most students, I've found it best to begin no younger than 10 years of age.

How do you educate, inspire or empower your class participants?

I want to show students as much about music as I can as it relates to their instrument/voice. We work at individual as well as group playing in class and in our recitals with violin students. Voice students are trained solo and at times in small groups. The National Anthem is a must for all voice students. I've had students perform at the Mall of America over the last four years, giving them a chance to perform in public.

What are the benefits of enrolling in one of your classes?

A fun-filled experience in learning, along with positive reinforcement.

What advice do you have for a child/adult considering taking your class?

Enjoy the learning experience... take the time to practice your instrument, practice singing. For my adult students, it's always good to have a goal in mind when choosing an instrument or voice class.



OUR MISSION

To build community through citizen involvement and lifelong learning while **educating**, **inspiring** and **empowering** ALL of our learners across ISD 728.

ADULT ACTIVE MINDS

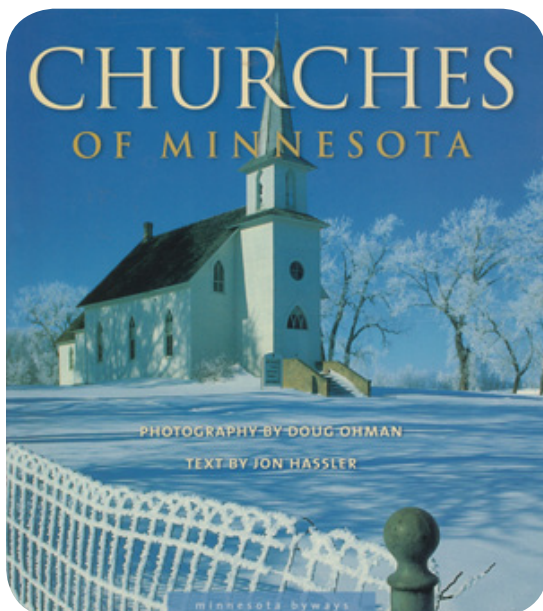
WELCOME to ACTIVE *Minds*

A program geared for the adult looking for intriguing topics, in-depth dialog and new topics to explore. Classes are led by academic leaders and experts in the field. Register for an annual membership and enjoy up to 40 classes per year for only \$169 per individual or \$330 per couple. Otherwise sign up individually by class. We hope you enjoy this fall's selection!

NEW! Hennepin, Marquette, and Carver: Exploration and Settlement Along the Mississippi

Join the curator of the James Ford Bell Library, Dr. Marguerite Ragnow, for an excursion into the fascinating history of exploration and early settlement in Minnesota and elsewhere along the Mississippi. During the first session in Elk River, Dr. Ragnow shares travel narratives written about these explorers. The second session will be at the Bell Library at the University of Minnesota, 309 19th Avenue S, Minneapolis.

Fridays Sep 6 & 20 | 10:00am-12:00pm | 2 sessions
\$39 Individual/\$75 Couple
Handke Center Rm 111 Door 4 | Ragnow | #8110-1F



NEW! "I shall go down in history as the greatest German!" - Adolf Hitler

How did a self-pitying, paranoid, Austrian art school reject manipulate his way to supreme power in Germany, surround himself with ghoulish disciples, establish murderous concentration camps and wage the deadliest war in the history of the world? Meet Adolf Hitler and his henchmen, a tyrant in the "Titans and Tyrants Lecture Series."

Thursdays Sep 12 & 19 | 10:00am-12:00pm | 2 sessions
\$39 Individual/\$75 Couple
Handke Center Rm 210 Door 4 | Worner | #8110-2F

Making Sense of Technology and Social Media

Are you lost in a world of smartphones, operating systems, and WiFi? Discover what you need to know to keep pace in this technology-based world. We'll explore "what you need to know," then dig deeper into interest areas.

Mon/Wed Sep 16 & 18 | 5:00-7:00pm | 2 sessions
\$39 Individual/\$75 Couple
VandenBerge MS Media Center Door 4 | Feld | #8110-3F

NEW! Sink Your Teeth Into Architecture

Explore the functional and aesthetic goals of an architect and learn how architectural elements are utilized when designing a building. You'll take an architectural tour of Eliel and Eero Saarinen's Christ Church and Jean Nouvel's Guthrie Theater and leave class with a deeper understanding of these two specific buildings and the elements that went into designing each of them. Christ Church Lutheran is located at 3244 34th Avenue S, Minneapolis. Guthrie Theater is located at 818 S 2nd Street, Minneapolis.

Tuesday Sep 24 | 5:30-7:00pm | Christ Church Lutheran Mpls
Tuesday Oct 1 | 6:00-7:30pm | Guthrie Theatre Minneapolis
2 sessions | \$39 Individual/\$75 Couple | Jursik | #8110-8F

NEW! Classic Minnesota Churches: A Photographic Study

Learn from and work side-by-side with award-winning photographer Doug Ohman. On the first night, Doug will begin with a discussion on a variety of Minnesota churches, the history of some of them and insights on creating images of these structures. The second class will be held at unique area churches; don't forget to bring your camera or sketch-pad.

Wed/Mon Oct 2 & 7 | 6:30-8:30pm | 2 sessions
\$39 Individual/\$75 Couple
Handke Center Rm 111 Door 4 | Ohman | #8110-4F

ADULT ACTIVE MINDS



NEW! Gettysburg: A History for the People

The Battle of Gettysburg continues to captivate the American imagination. After 150 years, millions still visit its fields and commemorate the tremendous struggle. In "Gettysburg: A History for the People," licensed battlefield guide John D. Cox brings to life the story of America's greatest battle with the vibrant touch of a master storyteller.

Mondays Oct 7 & 21 | 6:00-8:00pm | 2 sessions
\$39 Individual/\$75 Couple
Handke Center Rm 6 Door 4 | Cox | #8110-5F

Are Your Ancestors in the Cloud?

Get introduced to the most effective ways to use the Internet for accurate and useful genealogical research. Through lecture, discussion and demonstration, discover how to effectively search the Internet for people and records, key genealogical websites and how to use them, how to use the Internet as a learning tool and how to find others with common interests. Recommend participants visit www.FamilySearch.org and www.Ancestry.com prior to class.

Wednesdays Oct 9 & 23 | 6:30-8:30pm | 2 sessions
\$39 Individual/\$75 Couple
Handke Center Rm 111 Door 4 | Rice | #8110-6F

NEW! Irish Crime Novels: The Science, History, Folklore, and Music That Goes Into Making a Great Mystery

The New York Times wrote, "Hart writes with a lovely eloquence about how character is shaped by the music, the architecture and the history of this harsh and beautiful land." Dive into what it takes to write a great mystery with author Erin Hart.

Tuesdays Oct 15 & 29 | 6:00-8:00pm | 2 sessions
\$39 Individual/\$75 Couple
Rogers MS Rm 110 Door A | Hart | #8110-7F

NEW! Four Score: A Concert on the 150th Anniversary of the Gettysburg Address

Composers respond to war through musical compositions and choices of text. Through an in-depth analysis of two works, layers of meaning can be revealed - sometimes clear, sometimes contradictory. The course will culminate in a live performance of the works performed by the Anoka-Ramsey Concert Choir, Chorale, and Concert Band, along with a professional orchestra and soloists.

Mon/Tue Nov 4 & 19 | 7:00-9:00pm | 2 sessions
\$39 Individual/\$75 Couple
Handke Center Rm 111 Door 4 | Bergstrom | #8110-9F

NEW! Swedish Emigration and Immigration, Past and Present

A tidal wave of Swedish emigration to the United States began in the 1840s when the first organized immigrant groups settled in New York. By 1910, there were 1.4 million Swedish immigrants living in America. Explore the history and reasons that Swedish immigrants left their homes and settled here. Recommended reading: Vilhelm Moberg's "Emigrants" series. Additional class location information will be posted on our website at www.728communityed.com.

Wednesdays Nov 6 & 20 | 3:30-5:30pm | 2 sessions |
39 Individual/\$75 Couple
University of Minnesota Minneapolis | Norrman | #8110-11F

NEW! Jenzi Silverman and The Rose Ensemble: Early American Christmas

Love American folk music? Bluegrass and Appalachian ballads? Or have you ever been entranced by the unique beauty of Shaker shape-note hymn singing? Join us to explore these amazing musical styles with an introductory lecture, a discussion on the origins of this music in early America, and a visit from Minnesota's own premier early music group, The Rose Ensemble. First session at Handke Center; second session at Elk River HS.

Mondays Nov 25 & Dec 9 | 6:00-8:00pm | 2 sessions
\$39 Individual/\$75 Couple
Handke Center Rm 210 Door 4; Elk River HS Little Theater Door H
Silverman | #8110-10F

JOIN our ACTIVE *Minds* mailing list to receive additional class information by calling 763.241.3520.

ADULT HISTORY

NEW! Transfer of Memory Exhibit

We are honored to share this exhibit that illustrates Holocaust survivors living in Minnesota. Each is a story of survival. As a collection, these images focus on life and hope. From Europe to Minnesota, it was here they fashioned their dreams, their futures and their families. Their lives are a reminder of the value of freedom and the enduring human spirit.

Mon-Sat Oct 1-30 | Free
Mon-Fri 9:00am-5:00pm; Tue/Thu 6:00-8:00pm; Sat 9:00-11:00am
Handke Center Lower Art Rm Door 4

NEW! Transfer of Memory Exhibit Opening

Join us for the official opening night of the Transfer of Memory Exhibit featuring some words from the exhibit photographer, David Sherman, along with Executive Director Steve Hunegs and other representatives from the Jewish Community Relations Council of Minnesota and the Dakotas. There will be time for viewing the exhibit.

Thursday Oct 3 | 6:00-8:00pm | 1 session | Free
Handke Center Lower Art Rm Door 4 | #8127-1F

Leo Weiss: Holocaust Survivor. "A Chance Encounter"

Leo's philosophy for surviving in a concentration camp was simple; don't bring attention to yourself and don't stand out. But sometimes you just act. About to be sent to what he knew would be certain death, Leo bravely told the commanding officer that he wouldn't leave without his wife. Leo wasn't married, but his schoolmate was in the next cell. Surprisingly, the officer let them stay. Hear this amazing story and the surprising twist of fate that occurred years later.

Monday Oct 7 | 6:30-7:45pm | 1 session | \$9 Adult/\$2 Student
Handke Center Lower Art Rm Door 4 | #8127-2F

But Some Survive: Esther's Story; presented by her daughters.

Narrated by Esther's grandson, this documentary follows Esther's life from her happy childhood in Poland to her imprisonment at Auschwitz. Woven with historical Lodz footage and images from the family's return to Poland, the film illustrates Esther's triumph as she begins to "live again." Esther's daughters will share more of Esther's story along with time for Q & A.

Tuesday Oct 22 | 6:30-7:45pm | 1 session
\$9 Adult/\$2 Student
Handke Center Lower Art Rm Door 4 | #8127-3F



DISTRICT 728
Community
Education

on loan by...



JEWISH COMMUNITY
RELATIONS COUNCIL
MINNESOTA & THE DAKOTAS

TRANSFER OF MEMORY MINNESOTA HOLOCAUST SURVIVOR PORTRAIT PROJECT

OCT. 1, 2013 THROUGH OCT. 30, 2013

Photography by David Sherman
Text by Lili Chester



HANDKE CENTER | 1170 MAIN ST. | ELK RIVER, MN

ADULT HISTORY | GENERAL INTEREST

NEW! Select WWII Sites in Europe: An Inside Look

Ever wanted to travel to Europe and see some WWII sites? Even if you aren't planning a trip, you will enjoy this course. Get a firsthand look at 25 to 30 sites and attractions of wartime Europe through the instructor's photos. For those who are considering travel, you will obtain tips on how to make the most of your time and money.

Mondays Sep 16 & 23 | 6:00-8:30pm | 2 sessions
\$9 Adult/\$2 Student
Handke Center Rm 111 Door 4 | Johnson | #8126-1F

Follow the Bone Deer Cutting

Learn the basic skills to cut and cook deer including the proper care of the deer, field dressing, skinning and cleaning of the carcass. You will also learn how to cut the deer using a road kill deer for hands-on experience. Students will receive a picture book and DVD to take home for future quick reference.

Tuesday Oct 15 | 7:00-9:00pm | 1 session | \$49/person or pair
Elk River HS Rm 343 Door H | Swendsen | #8131-1F

NEW! Write Your Own Healthcare Directive

If you become incapacitated, who will carry out your wishes regarding your healthcare and personal finances? Having a plan is important. Learn about, draft and leave class with a valid Healthcare Directive and Power of Attorney. Participants should be comfortable using a computer. Some prep work is required; a packet will be sent prior to class.

Wednesday Oct 9 | 6:30-8:30pm | 1 session
\$35 Individual/\$65 Couple
Handke Center Rm 210 Door 4 | Helseth | #8067-1F

Saving the Family Cabin

The focus of this class is to help you and your family maintain the things you value! In this class we will discuss how to protect your estate and assets that are most important to you through proper planning. We will also discuss ways to establish a family legacy, gifting rules and long-term care planning. Handouts will be provided.

Tuesday Oct 29 | 7:00-8:30pm | 1 session
\$9 Individual/\$15 Couple
Handke Center Rm 111 Door 4 | Bigalke | #8065-1F

Estate Preservation

Planning where your estate will go before you are gone may save your heirs extra legal fees and taxes. We'll discuss healthcare, power of attorney, living wills, trusts, probate expenses, what to do before you see an attorney and the importance of planning for long-term health care. An estate audit planning form will be provided to help you start planning!

Tuesday Oct 8 | 7:00-8:30pm | 1 session | \$9 Individual/\$15 Couple
Handke Center Rm 111 Door 4 | Bigalke | #8064-1F

NEW! Write Your Own Will

If you were to pass away, would your wishes be known? Class is appropriate for individuals with less than one-million dollars in assets (including real estate, life insurance, and retirement). You will create a legal and effective basic will with the help of a licensed attorney. A questionnaire must be completed and brought to class. Basic computer skills are helpful.

Wednesday Oct 2 | 6:00-9:30pm | 1 session
\$55 Individual/\$99 Couple
Handke Center Rm 210 Door 4 | Helseth | #8066-1F

NEW! Conversational German

Learn to converse in German from a German native! This 6-week course will introduce the German language with a focus on surviving in a German-speaking country or impressing German-speaking visitors.

Saturday Sep 14 | 10:00am-1:00pm | 1 session
\$19 Individual/\$35 Pair
Twin Lakes Elem Lounge Door 3 | Zaczkowski | #8088-1F



ADULT GENERAL INTEREST | HOME

DID YOU KNOW...

Cathy Mahr has trained 1,000 dogs with Community Education's Dog Obedience classes! Enroll your dog today!

Cathy Mahr trained her first dog at the age of 9 while working with the 4-H program. Eventually, she taught classes for 4-H and began showing in AKC obedience trials as a teenager. She began teaching obedience classes through Elk River Community Education approximately 20 years ago. Cathy also runs a full service training center in Monticello where she teaches everything from puppy kindergarten to competition obedience, hunting retriever classes, agility classes and therapy dog classes. She always works with a partner, one of her Chesapeake Bay retrievers, to serve as a demo dog to help everyone visualize what the goal is. Over the past 24 years, her dogs have earned multiple obedience and hunt test titles.



Cathy Mahr with Cedar

Dog Obedience

Learn the basics of on-leash obedience, including commands such as heel, sit, down, come, stand and stay. Handlers will learn to give commands and use praise to reward proper behavior. Fee is per dog. Puppies must be at least three months old and have begun their shot series. Bring a leash and dog treats.

Fridays Sep 27-Oct 25 | 7:00-8:00pm | 5 sessions | \$65
Handke Center Cafeteria, Door 4 | Mahr | #8100-1F

Fridays Nov 8-Dec 13 | 7:00-8:00pm | 5 sessions | \$65
Handke Center Cafeteria Door 4 | Mahr | Not meeting Nov 29
#8100-3F



Dog Obedience, Intermediate

Continue where the Dog Obedience class left off. We will begin with a review of basic exercises and then continue with off-leash work and introducing new exercises: the drop on recall, the retrieve and basic jumping. Puppies must be at least three months old and have begun their shot series. Bring a collar, a six-foot leather leash and a retrieving dumbbell.

Fridays Sep 27-Oct 25 | 8:00-9:00pm | 5 sessions | \$65
Handke Center Cafeteria, Door 4 | Mahr | #8100-2F

Fridays Nov 8-Dec 13 | 8:00-9:00pm | 5 sessions | \$65
Handke Center Cafeteria Door 4 | Mahr | Not meeting Nov 29
#8100-4F

NEW! Fall Decorating and Entertaining

Welcome the arrival of fall by joining us for an evening loaded with creative fall decorating tips and scrumptious recipes to wow family and friends. You will make a centerpiece to take home while tasting some yummy treats.

Thursday Nov 7 | 6:30-8:00pm | 1 session | \$15
Zimmerman Home & Garden Zimmerman | LeGare | #8235-1F

Soap-Making 101

Discover the delight of homemade soap! Using the cold process method, you will learn how to make soap through demonstration and participation. Color and scent your raw soap to take home or give as a gift. Complete handouts and recipes provided.

Thursday Oct 10 | 6:30-9:00pm | 1 session | \$39
Elk River HS Rm 352 Door H | Thomas | #8330-1F



**Scan this
QR code and
watch our
Soap Making 101
class in action!**

NEW! Holiday Decorating and Entertaining

Set a holiday mood throughout your home with these simple, yet inspiring holiday ideas. Learn tips and tricks on how to add a holiday touch to every room whether you decorate elegantly or prefer an up-north feel. You will have an opportunity to make a holiday arrangement while enjoying delicious party food ideas.

Thursday Dec 5 | 6:30-8:00pm | 1 session | \$15
Zimmerman Home & Garden Zimmerman | LeGare | #8237-1F

Holiday Spruce Tip Container

Design your own Spruce Tip Container choosing from a variety of decorations to suit your own personal style. Then create your own container and learn how to care for it. We'll finish by discussing other holiday decorating tips and ideas.

Saturday Nov 23 | 10:00-11:30am | 1 session | \$39
Zimmerman Home & Garden Zimmerman | LeGare | #8236-1F

Bent Willow Chair

Create a fan-backed, bent willow chair in one weekend. Select and cut the saplings for the frame and assemble it during the first day. On the second day, learn how to bend the willow to create the lines of a traditional fan-backed chair. Lunch is provided. Bring a friend to help for only \$15. Location directions will be sent to participants.

Sat/Sun Oct 12 & 13 | 9:00am-5:00pm | 2 sessions
\$200 Individual/\$215 Pair (same project)
Red Wing Barn Red Wing | McNeely | #8463-2F

Twigs and Lunch

Choose one of the following twig projects: Slab Garden Bench, Whimsical Twig Chair or a Barn Board Table. Bring a friend to help with your project for only \$15 additional. Children are welcome to assist; minimum age is 10. Directions to the class location near Red Wing and a list of simple tools to bring will be mailed upon receipt of your registration. Lunch is provided.

Saturday Oct 5 | 9:00am-5:00pm | 1 session
\$100 Individual/\$115 Pair (same project)
Red Wing Barn Red Wing | McNeely | #8463-1F

LOCATION

Zimmerman Home & Garden
13375 1st Avenue South, Zimmerman

TRY THIS...

NEW! Fruit Bouquet

Would you like to have a beautiful fruit bouquet as the centerpiece for your next entertainment event, but can't afford one with your budget? No problem! Learn to make these delightful, edible focal points that will quickly become your signature dish at your holiday events! This is a hands-on class.

Tuesday Oct 15 | 6:30-8:30pm | 1 session | \$45
Elk River HS Rm 352 Door H | Decker | #8144-1F

NEW! How to Organize Your Home

Learn the basics of home organizing from a professional organizer. This class includes discussions on many aspects of home organizing including creating a plan, integrating that plan, controlling clutter and maintaining your space once it's organized. There will be time for questions.

Monday Sep 30 | 6:30-9:00pm | 1 session | \$19 Individual/\$35 Pair
Handke Center Rm 6 Door 4 | Snyder | #8070-1F

Cord Rug Crocheting

Learn to make a beautiful rug using macrame cord and simple crochet stitches. Even if you have never crocheted, you can learn how by making this simple rug. The rugs are machine washable and last for years. They also make a great gift!

Thursday Nov 14 | 6:00-9:00pm | 1 session | \$35
Handke Center Rm 111 Door 4 | Decker | #8324-1F



ADULT MUSIC | TRIPS



The Crescendo Music Program

This program features a wide variety of individual and group music opportunities in Elk River, Rogers and Zimmerman, both daytime and evenings. Private individual music lessons for voice, piano, guitar, drums, strings, woodwinds and brass. For more information visit our website or call Community Education at 763-241-3520.

Our Lessons are:

- Tailored to meet the goals of the individual students.
- Conveniently scheduled in our schools. • Available year-round.
- Designed to provide performance opportunities.

Our Instructors:

- Share a love of music and the desire to teach.
- Have a degree in music education and/or years of experience in teaching music.

Individual Music Lessons

No more excuses! There are many reasons why NOW is the time to enjoy and challenge yourself. Music can enhance flexibility, boost brain power and energize your outlook. Take advantage of a special discounted rate for these individual half-hour lessons. Other dates/times are available; contact Community Education at 763-241-3520.

Voice, Violin

Wednesdays Oct 2-Nov 13 | 11:00am-1:00pm | 7 sessions | \$95
Handke Center Music Rm 2 Door 4 | #8366-2F

Guitar, Piano, Woodwinds, Ukulele

Thursdays Oct 3-Nov 14 | 12:00-2:00pm | 7 sessions | \$95
Handke Center Music Rm 2 Door 4 | Crum | #8366-1F

Just Once Guitar

Want to start playing the guitar but can't find the time? In a few hours you can learn enough guitar skills for years of musical enjoyment. Learn basic chords and start playing along with your favorite songs. Includes book and DVD. Bring your acoustic guitar.

Monday Sep 30 | 6:30-9:00pm | 1 session | \$59
Elk River HS Rm 111 Door 4 | Baker | #8362-1F

Holidazzle Parade

Watch the Holidazzle parade from your very own *hot seat* with a cup of cocoa. You'll see illuminated floats and hundreds of whimsical characters in glowing costumes. We'll also tour the Macy's Holiday display prior to the parade. Bring money for souvenirs and dinner. This trip is in partnership with our H.O.P.E. program. We will be taking the Northstar Rail (times TBA).

Saturday Dec 7 | 3:00-8:00pm | 1 session | \$25
Macy's Minneapolis | #6141-1F

NEW! Wildlife Science Center

Join us on our trip to the Wildlife Science Center where we will learn about wolves in the wild. We will end this fabulous trip with a bonfire and marshmallows. Don't forget your camera!

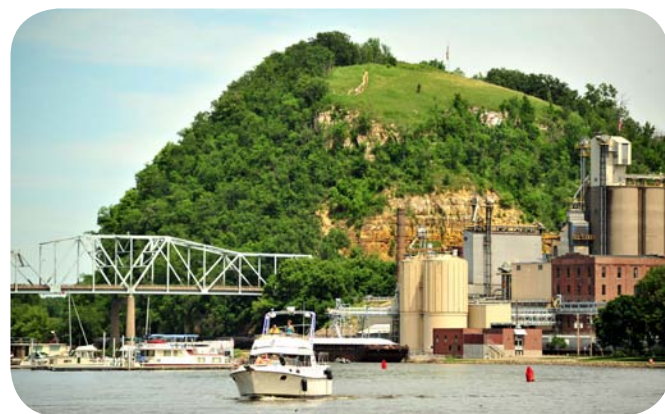
Saturday Oct 19 | 1:30-6:50pm | 1 session | \$15
Zimmerman MS Parking Lot | #6303-3F

Saturday Oct 19 | 2:00-6:30pm | 1 session | \$15
Handke Center Parking Lot | #6303-6F

NEW! Bluff Countries Byways Tour

Join Photographer Doug Ohman and Community Educator Jay Grammond on an educational and inspirational tour of the byways of Bluff Country in southeast Minnesota. This 2-day trip will include visits to multiple historical sites and buildings, a night at the Hampton Inn & Suites in Rochester, the evening meal and an optional program by Doug Ohman in the evening.

Sat/Sun Sep 21 & 22 | 8:00am-7:00pm | 1 session
\$189/person Double Occupancy
Bus pick-up: Handke Center Parking Lot 7:45am | Grammond
6142-2F



NEW! Family Day Out - MN Landscape Arboretum

Take a day and explore the beautiful gardens at the Minnesota Landscape Arboretum. Those who are interested in a guided tour may partake, or you can explore on your own (there will be time to explore after the tour also). Trip includes lunch.

age 6-12 w/parent

Saturday Sep 21 | 10:00am-4:00pm | 1 session | \$39/pair
Rogers Activity Center Parking Lot | #6301-5F

Saturday Sep 21 | 9:40am-4:20pm | 1 session | \$39/pair
Handke Center Parking Lot | #6301-2F

adult

Saturday Sep 21 | 10:00am-4:00pm | 1 session | \$25
Rogers Activity Center Parking Lot | #6301-6F

Saturday Sep 21 | 9:40am-4:20pm | 1 session | \$25
Handke Center Parking Lot | #6301-3F

Wabasha Street Caves Tour

Join us for a ride around St. Paul to hear the tales of spirits (and we don't mean the kinds that come in bottles). We will take a private guided tour of the Wabasha Street Caves and a narrated bus tour of the Wabasha Street Area. Wear comfortable shoes and bring money for lunch and souvenirs. This trip is a partnership with our H.O.P.E. Program.

Saturday Oct 12 | 6:45am-3:30 pm | 1 session
\$25 Individual/\$47 Pair
Wabasha Street Caves St Paul | #6140-1F

Bus Pick-Ups:

Options, Big Lake 6:45am
Lincoln Elem East Parking Lot Elk River 7:00am
Approximate Return 3:30pm

Adventures to Europe Travel Info Night

Join us for this special presentation as professional tour guide Arlette Gerber shows you the highlights of several trip options including Paris, Loire Valley, Brittany, Normandy beaches, Giverny, the French Riviera, Prague, Salzburg and Munich.

Monday Oct 14 | 6:30-7:30pm | 1 session | Free
Elk River HS Rm 105 Door A | Gerber | #6105-4F



Adventures to Europe: Paris and the French Riviera 2014

This 10-day adventure starts in Paris, then winds its way to the south of France via the high-speed train. The sunny Riviera will be our playground for more than half our vacation with Juan-les Pins/Antibes' as our home base. We'll trek to Eze village via a goat trail, stroll through Nice's flower market and Promenade des Anglais, explore the principality of Monaco and other coastal villages. This is NOT a bus tour, all escapades on the Mediterranean will be by train and walking, so lace up your comfy shoes!

Early to Mid-June 2014 | \$1999 Land Package/Adult
Per person based on double occupancy | #6105-2F

Adventures to Europe: Paris, Loire Valley, Brittany, Normandy beaches, Giverny and more 2014

In nine lively days you'll experience the best of Paris along with its stunning surroundings--the Loire Valley's exquisite châteaux including Chambord, Amboise and Villandry, Brittany's charming port of St-Malo, Normandy's magical Mont St-Michel, stirring D-Day beaches and American cemetery and Monet's gardens in Giverny. This classic itinerary is sure to please everyone.

Early June 2014 | \$1899 Land Package/Adult
Per person based on double occupancy | #6105-1F

For additional information

About any trips offered through
ISD 728 Community Education,
contact the CE office at 763-241-3520.

ADULT TRIPS

Adventures to Europe: The Best of Prague and Budapest 2014

Beginning in Prague, you'll spend eight enchanting days in two of Europe's great historic capitals. Explore Prague's mighty castle, Baroque churches and the fascinating Jewish Quarter. Then it's on to Budapest, with its elegance, hidden courtyards, remarkable markets and tales of a tumultuous history. You will be charmed.

Oct 2014 | \$1799 Land Package/Adult
Per person based on double occupancy | #6105-3F

Collette Vacations Travel Info Night

Join our host, Kent Van Roekel, and get your questions answered as he presents information and pictures on three exciting travel opportunities: Rediscover Cuba, Memorials of War: Normandy and Paris, and Italian Family Discovery. Everyone welcome, including armchair travelers.

Tuesday Oct 1 | 5:30-8:30pm | 1 session | Free
Handke Center Rm 112 Door 4 | Van Roekel | #6107-3F

Collette Vacations: Italian Family Discovery

Take an unforgettable 9-day family adventure through Italy's most magical cities - Venice, Florence and Rome. Explore Italy by foot, train and boat and experience its dramatic history. You'll also get to see the splendors of Vatican City, the Vatican Museums and St. Peter's basilica. All of this and more with free time worked in!

Aug 2-10, 2014 | \$4549/Adult; \$3699/Child age 4-14
Per person based on double occupancy | #6107-2F

Collette Vacations: Memorials of War - Normandy & Paris

This 10-day action-packed trip was specially planned to recognize the 70th Anniversary of D-Day. Highlights include Paris, Vel d'Hiv Memorial, an Eiffel Tower dinner, Normandy, Memorial Peace Museum, D-Day landing beaches, St. Mere Eglise, Bayeux Tapestry, Le Mont St-Michel and the Chartres Cathedral.

June 12-21, 2014 (70th Anniversary of D-Day) | \$4549/Adult
Per person based on double occupancy | #6107-1F

Collette Vacations: Rediscover Cuba

ISD 728 Community Education is happy to refer you to Collette Vacations' Rediscover Cuba - A Cultural Exploration. Highlights of this nine-day trip include Trinidad, Cienfuegos, Havana, Cuban Fine Arts Museum, and Casa Fuster. Contact Collette Vacations directly for more information or to register.

Mar 11-19, 2014 | \$4569/Adult
Per person based on Double Occupancy



Premier World Discovery: Albuquerque Balloon Fiesta

Experience one of the most-photographed events in the world, the Albuquerque International Balloon Festival with 100+ hot air balloons. Visit the Bandelier National Monument, the Los Alamos Bradbury Science Museum, explore Santa Fe and its Plaza, Loretto Chapel and Palace of the Governors. A trip to Taos and its attractions will finish the trip.

Oct 2014 | \$1950/Adult | Per person based on double occupancy
#6106-2F

Premier World Discovery Travel Info Night

Join us for this special presentation on these travel destinations: California Rail Discovery, Albuquerque Balloon Fiesta, and England & Scotland.

Monday Oct 21 | 6:30-7:45pm | 1 session | Free
Handke Center Rm 111 Door 4 | #6106-4F

Premier World Discovery: California Rail Discovery

Discover California by rail and cruise. Visit San Francisco, Lake Tahoe, Napa Valley and Sacramento. Cross the Golden Gate Bridge, ride the Napa Valley Wine Train, visit historic Virginia City and enjoy a Lake Tahoe Paddlewheeler Cruise.

Apr 2014 | \$2175/Adult | Per person based on double occupancy
#6106-1F

Premier World Discovery: England & Scotland

Few places have as much to offer as England and Scotland - history, natural beauty, art, architecture and hospitality. During this 10-day vacation, visit the Edinburgh Castle, enjoy a Scotch Whiskey Tour and Tasting, see the famous Shambles, York Minster Cathedral, Stratford-Upon-Avon, Salisbury Cathedral, Stonehenge, Bristol, the Roman Baths Museum and more. For complete information contact Community Education.

May 2014 | \$3345/Adult | Per person based on double occupancy
#6106-3F

AARP Driver Safety Program, 4-Hour Refresher

Refresher course for ages 50+ who have completed an insurance company-approved 8-hour certified driver course and includes new approaches and concepts. Completion required to maintain auto insurance discount; please verify discount with your insurance company. ***Bring driver's license and AARP Member number (if member) to class.***

Tuesday Sep 24 | 5:00-9:00pm | 1 session
\$16 AARP Members/\$18 Non-Members
Handke Center Rm 111 Door 4 | Halgren | #5007-1F

Thursday Oct 24 | 5:00-9:00pm | 1 session
\$16 AARP Members/\$18 Non-Members
Handke Center Rm 111 Door 4 | Boelter | #5007-3F

Thursday Nov 14 | 5:00-9:00pm | 1 session
\$16 AARP Members/\$18 Non-Members
Handke Center Rm 111 Door 4 | Boelter | #5007-4F

Monday Nov 25 | 5:00-9:00pm | 1 session
\$16 AARP Members/\$18 Non-Members
Handke Center Rm 111 Door 4 | Halgren | #5007-2F

AARP Driver Safety program, 8-Hour

Improve your skills and knowledge and learn about the effects of aging and medication on driving along with suggestions for overcoming limitations. Course completion may qualify you for insurance discounts; check with your insurance company. ***Bring your driver's license and AARP Member number (if member) to class.*** No driving or tests. This class should only be taken once.

Mon/Tue Oct 14 & 15 | 5:00-9:00pm | 2 sessions
\$16 AARP Members/\$18 Non-Members
Handke Center Rm 111 Door 4 | Halgren | #5006-1F

Attacking Stress, Anxiety, and Depression

Anxiety is frightening and can be debilitating. You feel scared and alone. Be assured you are NOT alone as Cindy Lovelette shares her journey and shows that YOU can conquer your anxiety and live the life you were meant to live. Not meeting Sep 24 .

Tuesdays Sep 10-Dec 17 | 10:00-11:00am | 14 sessions | \$85
Handke Center Rm 112 Door 4 | Lovelette | #5037-3F

Tuesdays Sep 10-Dec 17 | 6:30-7:30pm | 14 sessions | \$85
Handke Center Rm 112 Door 4 | Lovelette | #5037-4F

NEW! Dealing With Stress, Anxiety, & Depression: For Students/Parents

The start of another school year can create stress and anxiety at home. Take this opportunity for you and your student to learn how to deal with it. The instructor shares her journey and shows that YOU can conquer your anxiety and live the life you were meant to live. Class is for student/parent teams.

Thursday Sep 19 | 6:30-8:00pm | 1 session | \$9 Pair
Handke Center Rm 111 Door 4 | Lovelette | #5037-1F

NEW! Attacking Stress and Anxiety Through Life-Coping Skills: For Men

Stressed at work? Does that stress carry over into your family life? Step up to the plate and learn how to cope with the stress and anxiety of life. You'll be thankful that you spent these few hours addressing the situation - and your family will also thank you!

Thursdays Oct 3-24 | 6:30-7:30pm | 4 sessions | \$25
Handke Center Rm 112 Door 4 | Lovelette | #5037-2F



Cindy Lovelette, Instructor for Stress, Anxiety & Depression

From personal experience, Cindy Lovelette knows, "Anxiety is very frightening and can be debilitating." Cindy battled anxiety throughout her childhood, starting at about age 5, and well into adulthood before finally learning how to cope with her fears and learning to "live the life she was meant to live." In 2012 Cindy partnered with ISD 728 Community Education and launched a major effort to reach out to people suffering the ill effects of stress, anxiety and depression. More than 50 people attended the initial workshop, and follow-up support groups were created. When asked for feedback part-way through the support class, the responses were overwhelming. Participants responded that it had been "life-changing" and wish they had been given this information earlier in their lives; they can only wonder how different their lives could have been. Cindy said the key to her success in reaching people has been that she speaks from real life experience.

Photo and information courtesy of Elk River Star News.

ADULT HEALTH & WELLNESS

American Heart Association Basic Life Support for the Healthcare Professional CPR

The BLS Healthcare Provider Course (American Heart Association) teaches CPR skills for helping victims of all ages and includes ventilation with a barrier device, a bag mask device, oxygen, use of Automated External Defibrillator (AED) and relief of foreign-body airway obstruction (FBAO). Class intended for certified or noncertified, licensed or nonlicensed healthcare professionals.

Monday Dec 9 | 6:00-10:00pm | 1 session | \$75
Handke Center Rm 210 Door 4 | Neiss | #5005-3F

American Heart Association CPR/AED

Did you know the save rate in the northern suburbs of the Twin Cities is five times the national average? The main reason is more lay persons are trained in CPR and Automated External Defibrillators. Learn how to do CPR and use AEDs and barrier devices on adults, children and infants.

Monday Oct 14 | 6:00-10:00pm | 1 session | \$69
Handke Center Rm 210 Door 4 | Neiss | #5005-1F

Monday Nov 4 | 6:00-10:00pm | 1 session | \$69
Handke Center Rm 210 Door 4 | Neiss | #5005-2F

American Red Cross Standard First Aid

Be prepared with the knowledge and skills necessary to prevent, recognize, and provide basic care for injuries and sudden illnesses until advanced medical personnel arrive. Fee includes book and American Red Cross Certification.

Monday Oct 7 | 6:00-10:00pm | 1 session | \$59
Handke Center Rm 210 Door 4 | Neiss | #5002-1F

Aromatherapy

Experience the difference essential oils can make in your everyday life including uses for stress reduction, creating energy or overall wellness. Take home your very own homemade aromatherapy products. Celina is a nationally-certified massage therapist, certified infant massage instructor, certified reflexologist and is the program chair at the Minnesota School of Business. Register by Oct 4.

Friday Oct 18 | 9:00am-12:00pm | 1 session | \$15
Minnesota School of Business Lobby | McKenzie | #5042-1F



TRY THIS...

NEW! Eat Well

Lasting weight loss and better health are within reach! Let personal trainer and nutrition coach Christina passionately introduce you to the basics of a healthy lifestyle based on good nutrition! Class includes an optional weekly weigh-in of body weight and body fat the first 15 minutes of class followed by a 45-minute lesson.

Thursdays Sep 12-Oct 10 | 6:00-7:00pm | 5 sessions | \$29
Twin Lakes Elem Lounge Door 3 | Zaczkowski | #5182-1F

NEW! Be Happy

Happiness is the one life-goal that makes every other goal—love, abundance, and success—possible and meaningful. The more you learn about TRUE happiness, the more you discover who YOU are, what YOU really want and what YOUR life is really about. This class provides the tools you need to be healed, be free, be happy and be YOU!

Mondays Sep 16-Oct 21 | 6:30-7:30pm | 6 sessions | \$29
Handke Center Rm 112 Door 4 | Soul Fitness Instructor
#5038-1F

Ucare **MHP**

Members may take **\$15 off**
most classes offered.

Basketball As Fitness

Looking for a new fitness experience? Try our newest class and have a lot of fun at the same time. This class is for women age 40 and better. We'll get in shape by doing drills and scrimmages that develop your aerobic stamina as well as strengthen and stretch your muscles.

Sundays Sep 22-Oct 27 | 5:30-7:00pm | 6 sessions
\$29 Individual/\$55 Pair
Vandenberge MS Small Gym Door N | Mayo | #5143-1F

Lap Swim | age 14+

Enjoy this ultimate, low-impact workout where you set the pace. Why pay for a club membership when all you need is the pool? Lifeguard supervised. Not meeting Nov 28, Dec 24, 25, 26, 29, 31, Jan 1, 2, Apr 20.

Sundays Sep 8-May 18 | 6:30-8:00pm
Tue & Thu Sep 10-May 22 | 5:45-7:00am
Wednesdays Sep 11-May 21 | 7:30-8:45pm
VandenBerge MS Pool Door M | \$5/day; \$45 for 10-session pass

Aqua Fitness

Use the resistance of the water with low impact aerobic moves for overall fitness. You do not need to know how to swim to take this introductory class. Deep water exercise is involved in this class. Spectators or children not allowed during these sessions. Bring a water bottle, towel and suit (aqua shoes are optional).

Sundays Sep 15-Nov 3 | 8:00-9:00pm | 8 sessions
\$65 Individual/\$125 pair
Vandenberge MS Pool Door M | Holien | #5120-1F

Group Step® Kick-Off

Community Education has an exciting fitness opportunity called Group Step®. This program strengthens and shapes the lower body one step at a time. Bring your friends and see what all the excitement is about; there will be door prizes!

Thursday Sep 12 | 6:00-7:00pm | 1 session | Free
Handke Center Gym Door 4

LOCATIONS

Minnesota School of Business
11500 193rd Avenue, Elk River

Bella Barre Fitness Studio
9125 Quaday Avenue NE, #105, Otsego

Group Step®

Discover new heights with Group Step®! Utilizing the step in many positions and heights, this compelling 60-minute cardio program strengthens and shapes the lower body one step at a time. Energetic music and motivating instructors create a spunky group experience. Step this way with Group Step®.

Tue/Thu 6:00-7:00pm; Sat 8:15-9:15am
Tue/Thu/Sat Sep 24-Oct 22 | 12 sessions | \$59 Individual/\$115 pair
Handke Center Gym Door 4 | Not meeting Oct 12 | #5142-1F

Tue/Thu/Sat Oct 24-Nov 26 | 12 sessions | \$59 Individual/\$115 pair
Handke Center Gym Door 4 | Not meeting Oct 31, Nov 5 & 23
#5142-2F

Tue/Thu/Sat Dec 3-21 | 8 sessions | \$39 Individual/\$75 pair
Handke Center Gym Door 4 | Not meeting Dec 7 | #5142-3F

TRY THIS...

NEW! BarreAmped

The precision-oriented techniques of BarreAmped focuses on small, isolated movements within deeply held and challenging postures. BarreAmped is proven to increase metabolism, burn fat and lengthen tight muscles. Make a commitment to the technique and you'll get results exactly where you want them.

Wednesdays Sep 18-Oct 23 | 10:30-11:30am | 6 sessions | \$29
Bella Barre Fitness Studio Otsego | Mohr | #5176-1F



TRY THIS...

NEW! Hot Yoga

Our Hot Yoga classes will follow the moderate flow Vinyasa. The elevated temperature of the room will allow you to safely reach new levels of flexibility, breathe in a full and controlled manner and help your heart work the same way it does when running a mile. The postures are detoxifying for your muscles, organs and glands.

Sundays Sep 22-Oct 27 | 8:15-9:15pm | 6 sessions | \$29
Soul Fitness Elk River | #5180-1F

NEW! OW Yoga

OW Yoga, also known as "adaptive" Yoga, accommodates individuals suffering from demobilizing disorders such as arthritis, MS, fibromyalgia, back pain, or simply limited flexibility. This class breaks down complicated poses and movements into smaller steps and sub-steps and often uses chairs, straps, blocks, blankets and more. Instructors are educated on the human body and experienced with the safe and effective variations of Yoga.

Saturdays Sep 21-Oct 26 | 9:30-10:30am | 6 sessions | \$29
Soul Fitness Elk River | #5181-1F

Beginning Yoga

Interested in learning the basic poses, correct alignment, and breathing techniques of Yoga? Experience not necessary to take this class, all fitness levels welcome! You can gain strength, stamina, and balance as you explore Yoga. Wear comfortable clothing and bring an exercise mat if possible.

Mondays Sep 16-Oct 21 | 7:05-8:05pm | 6 sessions | \$29
Handke Center Rm 212 Door 4 | Curran | #5100-3F

Tuesdays Sep 17-Oct 22 | 9:15-10:15am | 6 sessions | \$29
Handke Center Stage Door 4 | Curran | #5100-4F

Mondays Oct 28-Dec 2 | 7:05-8:05pm | 6 sessions | \$29
Handke Center Rm 212 Door 4 | Curran | #5100-5F

Tuesdays Oct 29-Dec 10 | 9:15-10:15am | 6 sessions | \$29
Handke Center Stage Door 4 | Curran | Not meeting Nov 5
#5100-6F

Fitness Yoga

This class is geared for the intermediate to advanced yoga students who want to challenge their strength, stamina and balance with more challenging yoga poses.

Tuesdays Sep 17-Oct 22 | 10:20-11:20am | 6 sessions | \$29
Handke Center Stage Door 4 | Curran | #5100-8F

Tuesdays Oct 29-Dec 10 | 10:20-11:20am | 6 sessions | \$29
Handke Center Stage Door 4 | Curran | Not meeting Nov 5
#5100-10F

Yoga Basics

Interested in learning the basic poses, correct alignment, and breathing techniques of Yoga? Experience not necessary to take this class, all fitness levels welcome! You can gain strength, stamina, and balance as you explore Yoga. Wear comfortable clothing and bring an exercise mat if possible.

Tuesdays Sep 10-Oct 15 | 10:45-11:40am | 6 sessions | \$29
Three Rivers Fitness Otsego | #5100-1F

Tuesdays Oct 29-Dec 10 | 10:45-11:40am | 6 sessions | \$29
Three Rivers Fitness Otsego | Not meeting Nov 5 | #5100-2F

Mondays Sep 9-Oct 14 | 6:30-7:30pm | 6 sessions | \$29
Rogers MS House A Hallway Door A
Three Rivers Fitness Instructor | #5100-7F

Mondays Oct 28-Dec 2 | 6:30-7:30pm | 6 sessions | \$29
Rogers MS House A Hallway Door A
Three Rivers Fitness Instructor | #5100-9F



ADULT FITNESS

Yogilates

Yogilates integrates Yoga and Pilates for complete fitness, strength and flexibility. Please bring a water bottle and a mat.

Wednesdays Sep 11-Oct 16 | 9:30-10:25am | 6 sessions | \$29
Three Rivers Fitness | #5105-1F

Mondays Sep 16-Oct 21 | 6:00-7:00pm | 6 sessions | \$29
Handke Center Rm 212 Door 4 | Curran | #5105-2F

Mondays Oct 28-Dec 2 | 6:00-7:00pm | 6 sessions | \$29
Handke Center Rm 212 Door 4 | Curran | #5105-3F

Wednesdays Oct 30-Dec 4 | 9:30-10:25am | 6 sessions | \$29
Three Rivers Fitness Otsego | #5105-4F

Group Strength

Learn how to effectively strengthen your entire body with minimal equipment. This strength training class in a small group setting will sculpt and tone all the muscles in your body.

Tuesdays Sep 10-Oct 15 | 8:10-9:05pm | 6 sessions | \$29
Twin Lakes Elem Gym Door 3 | inFIT Instructor | #5104-1F

Thursdays Sep 12-Oct 17 | 7:10-8:05pm | 6 sessions | \$29
Twin Lakes Elem Gym Door 3 | inFIT Instructor | #5104-3F

Saturdays Sep 14-Oct 26 | 8:00-8:55am | 6 sessions | \$29
Twin Lakes Elem Gym Door 3 | inFIT Instructor
Not meeting Sep 21 | #5104-5F

Thursdays Oct 24-Dec 12 | 7:10-8:05pm | 6 sessions | \$29
Twin Lakes Elem Gym Door 3 | inFIT Instructor
Not meeting Oct 31 & Nov 28 | #5104-4F

Tuesdays Oct 29-Dec 10 | 8:10-9:05pm | 6 sessions | \$29
Twin Lakes Elem Gym Door 3 | inFIT Instructor
Not meeting Nov 5 | #5104-2F



Members may take **\$15 off**
most classes offered.

Christy Berg, Personal Trainer

Christy Berg is a University of Notre Dame graduate and Certified Personal Trainer through the American Council on Exercise (ACE) and the National Academy of Sports Medicine (NASM). She has over ten years of experience in personal training and teaching group fitness classes.



Personal Training

Personal training with ACE & NASM certified personal trainer Christy Berg. This 6-week program will meet for approximately one hour weekly. You will receive one-on-one or small group guidance and a personalized workout routine specific to your health and physical history and your current weight loss, health and fitness goals. For small groups of 1-4 people.

\$425 | Berg | #5146-1F

CONQUER

Conquer your own body weight with high-intensity interval training that will work every muscle while giving you the cardiovascular training of your life! The moves and style of this class are different and guaranteed to make you first sore, then stronger and more FIT!

Tuesdays Sep 10-Oct 15 | 7:10-8:05pm | 6 sessions | \$29
Twin Lakes Elem Gym Door 3 | inFIT Instructor | #5106-1F

Saturdays Sep 14-Oct 26 | 9:00-9:55am | 6 sessions | \$29
Twin Lakes Elem Gym Door 3 | inFIT Instructor
Not meeting Sep 21 | #5106-2F

Tuesdays Oct 29-Dec 10 | 7:10-8:05pm | 6 sessions | \$29
Twin Lakes Elem Gym Door 3 | inFIT Instructor
Not meeting Nov 5 | #5106-3F

LOCATIONS

Three Rivers Fitness

9201 Quaday Avenue NE, Otsego

Soul Fitness

318 Jackson Avenue, Elk River

Bella Barre Fitness Studio

9125 Quaday Avenue NE, #105, Otsego

ADULT FITNESS



NEW! Kickboxing

Cardio-kickboxing is a non-contact workout that includes both cardio and strength training routines in a high energy, fun environment. It incorporates kicks, jabs, hooks and uppercuts to improve flexibility, endurance, and overall power. For the beginner to the highly experienced exerciser, instructor focuses on proper form and offers more challenging options to experienced participants.

Thursdays Sep 12-Oct 17 | 6:00-7:00pm | 6 sessions | \$29
Twin Lakes Elem Gym Door 3 | Soul Fitness Instructor | #5107-1F

Thursdays Oct 24-Dec 12 | 6:00-7:00pm | 6 sessions | \$29
Twin Lakes Elem Gym Door 3 | Soul Fitness Instructor
Not meeting Oct 31 & Nov 28 | #5107-2F

NEW! Hip Hop Hustle

A fun cardio class that combines dance moves in and easy to follow format.

Mondays Sep 6-Nov 4 | 5:15-6:00pm | 8 sessions | \$29
Hassan Elem Gym Door 1 | Jensrud | #5101-1F

Aikido

Aikido is a Japanese martial art defense system that teaches confidence and control with principles based on harmonizing the mind and body with a partner's attack. Explore hand-to-hand, sword and staff techniques as you develop mental and physical discipline. There are no tournaments or competitions with this program. Instructor is a 5th-degree black belt.

Thursdays Sep 5-Oct 24 | 7:30-9:00pm | 8 sessions | \$65
Salk MS Balcony Door U | Larson | #5130-1F

Thursdays Nov 7-Dec 19 | 8:05-9:35pm | 6 sessions | \$49
Salk MS Balcony Door U | Larson | Not meeting Nov 28 | #5130-2F

Indoor Walking

Here's your opportunity to get moving on a healthy activity with an individualized program where you set the pace. We provide a safe, supervised route with time or mileage tracking. Register for your preferred location, but walk at other sites any time during walking hours. Late registering? Fee can be adjusted - contact Community Education at 763-241-3520.

Mon/Tue/Thu Jan 2-Mar 31 | 3:00-7:30pm | 38 sessions
\$39 Individual/\$75 Pair
Zimmerman MS/HS Hallways Door A | #5140-1W
VandenBerge MS Hallways Door N | #5140-2W
Rogers MS Hallways Door A | #5140-3W

TRY THIS...

NEW! Kickball | age 14-adult

This relaxed league is perfect for anyone who enjoys a good game of kickball. Join with friends or on your own; either way, you'll get to play. Schedule depends on the number of participants registered. Officiated by teams playing.

Fridays Oct 18-Dec 13 | 6:30-8:30pm | 8 sessions | \$35
Rogers MS Gym Door A | Not meeting on Nov 29 | #4015-1F

Rock Climbing

Intro to Rock Climbing is a beginning-level class designed to introduce the basics of indoor rock climbing to students, while exposing them to a new form of lifetime physical activity that offers a full-body workout. Students will learn essential rock climbing skills such as knot-tying, belaying, bouldering, climbing commands, gear management and risk management. Cost includes facility fee, instruction and climbing gear (harness, shoes, belay, tool, chalk, etc.). Transportation NOT included; meet at Vertical Endeavors. Waiver required. Vertical Endeavors is located at 2540 Nicollet Avenue S, Minneapolis.

Tuesdays Oct 8-22 | 7:00-9:00pm | 3 sessions | \$59
Vertical Endeavors Minneapolis | #5154-1F



**Scan this QR code for
the waiver required
for the Rock Climbing
activity.**

Open Gym | all ages

Supervised recreational gym time. Please note that the schedule may change; always check in at the school before dropping off a child. All participants must wear gym shoes. No organized practices allowed.

\$3/individual, \$20/10-session pass; \$8/family, \$40/10-session pass

all ages

Sundays Sep 29-May 4 | 6:00-8:00pm
Zimmerman HS Gym Door K | Not meeting Dec 1, Mar 23, Apr 20

families and youth grades 4-8 7:00-8:30pm

grades 9-adult 8:30-10:00pm.

Wednesdays Oct 2-May 7
Zimmerman HS Gym Door K | Not meeting Nov 27, Dec 25, Jan 1

families (all ages)/Individuals age 11+

Sundays Sep 29-May 4 | 6:00-8:00pm | 29 sessions
Rogers MS Gym Door A | Not meeting Dec 1, Mar 23, Apr 20

grade 9-adult

Wednesdays Oct 2-May 7 | 7:00-9:30pm | 29 sessions
Rogers HS Gym Door I | Not meeting Nov 27, Dec 25, Jan 1

Men's Basketball League

Community Education, in cooperation with Rogers Recreation, is offering an Adult Winter Basketball League. This 10-week league is great for those who love the game and have a group ready to play. Each team will have 9-10 games per season (depending upon number of teams registered). Referees will officiate games in accordance with the Minnesota Sports Federation rules.

Wednesdays Jan 15-Mar 19 | 7:00-9:15pm
10 sessions | \$525/team
Rogers HS Gym Door I | #4140-1W



NEW! Pickle Ball

It's all the rage for adults who are young at heart. Pickle Ball combines ping pong and tennis. Use our equipment or your own and play against some friendly competition. Don't know how to play? Don't let that stop you. The first 15 minutes of each session can be used to explain rules, practice and warm up. First-come, first-served with a rotation for all those who want to play. Check-in begins 15 minutes before activity start time.

Pay at door; \$5/day or \$35/10-session pass. Passes are good at any ISD 728 building that hosts Pickle Ball.

Fridays Sep 13-Dec 20 | 8:45-10:15am | 14 sessions
Handke Center Gym Door 4 | Not meeting Nov 29
Offered in cooperation with the City of Elk River

Mondays Sep 16-Dec 16 | 5:30-7:30pm | 14 sessions
Handke Center Gym Door 4
Offered in cooperation with the City of Elk River

Sundays Sep 29-Dec 15 | 5:00-6:30pm | 11 sessions
Zimmerman HS Gym Door K | Not meeting Dec 1
Offered in cooperation with the City of Zimmerman

Fridays Sep 13-Dec 20 | 6:30-8:30pm | 14 sessions
Rogers MS Gym Door A | Not meeting Nov 29
Offered in cooperation with the City of Rogers Parks & Rec

Sundays Sep 29-May 4 | 6:00-8:00pm | 29 sessions
Rogers MS Gym Door A | Not meeting Dec 1, Mar 23, Apr 20
Offered in cooperation with the City of Rogers Parks & Rec



ADULT DANCE FITNESS

Zumba, Beginner

For the true beginner...learn Zumba at a beginner's pace with other beginners so you don't feel left behind.

Tuesdays Sep 10-Oct 15 | 6:00-7:00pm | 6 sessions | \$29
Twin Lakes Elem Gym Door 3 | Three Rivers Fitness Instructor
#5112-5F

Tuesdays Sep 10-Oct 15 | 7:45-8:45pm | 6 sessions | \$29
Westwood Elem Gym Door 1 | Soul Fitness Instructor | #5112-6F

Thursdays Sep 12-Oct 17 | 7:15-8:15pm | 6 sessions | \$29
Handke Center Gym Door 4 | Three Rivers Fitness Instructor
#5112-7F

Thursdays Oct 24-Dec 12 | 7:15-8:15pm | 6 sessions | \$29
Handke Center Gym Door 4 | Three Rivers Fitness Instructor
Not meeting Oct 31 & Nov 28 | #5112-10F

Tuesdays Oct 29-Dec 10 | 6:00-7:00pm | 6 sessions | \$29
Twin Lakes Elem Gym Door 3 | Three Rivers Fitness Instructor
Not meeting Nov 5 | #5112-8F

Tuesdays Oct 29-Dec 10 | 7:45-8:45pm | 6 sessions | \$29
Westwood Elem Gym Door 1 | Soul Fitness Instructor
Not meeting Nov 5 | #5112-9F

Zumba, Fitness

Zumba fuses hypnotic Latin rhythms and easy-to-follow moves to create a dynamic workout system that will blow you away! Add some Latin flavor and international zest into the mix and you've got Zumba!

Mondays Sep 9-Oct 14 | 7:30-8:30pm | 6 sessions | \$29
Rogers MS Gym Door A | Three Rivers Fitness Instructor | #5112-1F

Fridays Sep 13-Oct 18 | 5:30-6:30pm | 6 sessions | \$29
Three Rivers Fitness Otsego | #5112-2F

Mondays Oct 28-Dec 2 | 7:30-8:30pm | 6 sessions | \$29
Rogers MS Gym Door A | Three Rivers Fitness Instructor | #5112-3F

Fridays Nov 1-Dec 13 | 5:30-6:30pm | 6 sessions | \$29
Three Rivers Fitness Otsego | Not meeting Nov 29 | #5112-4F

NEW! Ballroom Basics: Tango and Waltz

Fusions of old- and new-school music help create new intensity to the familiar dance of tango and waltz, two of the four smooth ballroom dances.

Tue/Thu Sep 24-Oct 10 | 8:20-9:20pm | 6 sessions | \$55 Pair
Handke Center Gym Door 4 | Christian | #5175-1F

NEW! Dance Sampler Workshop

Explore the world of dance! Check out this free event featuring sample steps from each adult dance class currently offered. No matter your style, you will find something you like. Breakdance 9:00-9:30am; Tango 9:45-10:15am; Zumba 10:30-11:00am; Salsa 11:15-11:45am; Rumba 12:00-12:30pm; Belly Dance 12:45am-1:15pm; West Coast Swing 1:30-2:00pm.

Saturday Sep 14 | 9:00am-2:00pm | 1 session | Free
Handke Center Gym Door 4

Belly Dance for Fitness and Exercise

Belly dancing is a great way to stay toned and fit. This course builds the muscle and agility needed to express yourself in dance. A dance routine will be developed. Wear loose-fitting clothing, leotards, or harem pants; veils provided. Instructor has 18 years of training. New and experienced students welcome.

Tuesdays Sep 24-Oct 29 | 6:30-7:45pm | 6 sessions
\$45 Individual/\$85 Pair
Rogers MS Cafeteria Door A | Isenor | #5172-1F



Uare MHP

Members may take **\$15 off**
most classes offered.

ADULT DANCE FITNESS

NEW! Private Dance Lessons

Tried a class and now want individual help? Not quite ready to take a class until you feel comfortable with some basics? Just need to brush up on your skills? If you answered yes, consider private dance lessons. Hour-long lessons will focus on what you want to learn, with individual help in achieving your goals. For groups of 1-6 students. Call Community Education at 763-241-3520 to arrange days/time/location.

6 sessions | \$315 | Christian | #5173-1F

NEW! Rhythm Dance: Rumba and Samba

Feel the heat from a slow, sexy Rumba to a lively Samba. This class alternates cardio and sleek movements to music from Enrique Iglesias, Christina Aguilera, Group 1 Crew and more.

Mon/Wed Oct 7-16 | 7:30-9:00pm | 4 sessions | \$55 Pair
Handke Center Gym Door 4 | Christian | #5175-3F

NEW! Salsa Club: Cumbia and Bachata

Try something new and learn two dances you've probably never heard of. Bachata expresses romance and sweet passion in a simplistic manner, while Cumbia's catchy rhythms bring energy and enthusiasm in any crowd.

Mon/Wed Oct 21-30 | 7:30-9:00pm | 4 sessions | \$55 Pair
Handke Center Gym Door 4 | Christian | #5175-4F

Dancing can...

breathe new life into a tired soul;

make a spirit soar;

unleash locked-away creativity;

unite generations and cultures;

trigger long-forgotten memories;

all while being a good form of exercise.

"Let's Dance to Health"



NEW! Salsa Club: Salsa and Marengue

Get your spice on with the first of a two part-series designed to prepare you for the dance floor at any social Salsa club. Both Marengue and Salsa are lively and catchy - a sure way to make your friends wish they "knew how to do that."

Mon/Wed Nov 4-13 | 7:30-9:00pm | 4 sessions | \$55 Pair
Handke Center Gym Door 4 | Christian | #5175-6F

NEW! Social and Western: Hustle and Nightclub Two-Step

Whether headed to a wedding or a club, this course will groove to Abba, Chris Brown, Elliot Yamin, Shania Twain, Hinder and more. Increase your dancing versatility in this three-week course. The second in a two-part series.

Mon/Wed Sep 23-Oct 2 | 8:20-9:20pm | 4 sessions | \$55 Pair
Handke Center Gym Door 4 | Christian | #5175-2F

NEW! Social and Western: West Coast Swing and Cha Cha

West Coast Swing, the staple dance of western clubs, is versatile enough to be danced to music not only by artists like Luke Bryan and Dierks Bently, but also Charlie Wilson, Maroon 5 and even Taio Cruz. This is your opportunity to explore the Cha Cha and West Coast Swing.

Tue/Thu Oct 15-Nov 5 | 8:20-9:20pm | 6 sessions | \$55 Pair
Handke Center Gym Door 4 | Christian | Not meeting Oct 31
#5175-5F

ADULT WORKPLACE



ONLINE! Accounting Fundamentals

Demand for accounting professionals currently exceeds supply. With this course you'll learn the basics of double-entry bookkeeping, how to analyze and record financial transactions, prepare financial reports, accounts receivable/payable, payroll, sales taxes and various banking activities. We'll cover all the bases, from writing checks to preparing an income statement and closing out accounts at the end of each fiscal period. Online classes are six weeks.

Register at www.ed2go.com/728commmed-pro

Start Dates: Sep 18; Oct 16; Nov 13; Dec 11 | ed2go | \$99

Creating an Effective Business Plan

Whether you're seriously considering starting a business or need to reconsider certain business elements because of the changing world, this seminar is for you. We will look at purpose, vision, target marketing, mass marketing, organization and budgets. The Business Plan is a roadmap that will help you get from where you are to where you want to be.

Tuesday Oct 8 | 6:00-8:00pm | 1 session | \$29
Handke Center Rm 212 Door 4 | McCormick | #8166-1F

ONLINE! Creating Web Pages

Create and post your own Web site using HTML in this extensive, hands-on, six-week workshop. You'll learn the fundamentals of web design, plan content, structure and layout, create pages, build links, add color, backgrounds, graphics and tables. Discover information on securing the best possible location in search engine listings and powerful no-cost or low-cost web marketing strategies.

Register at www.ed2go.com/728commmed-pro

Start Dates: Sep 18; Oct 16; Nov 13; Dec 11 | ed2go | \$99

Marketing for Small Business

Successful marketing includes getting the many variables right such as products or services, packaging, pricing, promotion, personal selling and place. It also includes precisely defining your target markets and utilizing product, market and customer research. Start on the road to success by meeting a need in the marketplace while generating profits for your business.

Thursday Oct 10 | 6:00-8:00pm | 1 session | \$29
Handke Center Rm 212 Door 4 | McCormick | #8166-2F

ONLINE! Medical Terminology: A Word Association Approach

This course teaches medical terminology from an anatomical approach. Root terms are divided by each body system. The origin, a combined form, and an example of non-medical everyday usage is provided for each root term with word associations provided as a learning tool. Your learning culminates in the interpretation of several paragraphs of medical notes.

Register at www.ed2go.com/728commmed-pro

Start Dates: Sep 18; Oct 16; Nov 13; Dec 11 | ed2go | \$99

ONLINE! Project Management Fundamentals

Projects to create new computer applications, erect bridges and buildings, develop new products and reorganize company operations are started everyday. If you're organized, perceptive, detail-oriented, and an excellent communicator, you just might have what it takes to succeed in the fast-growing field of project management. This course will also help prepare for the Project Management Professional (PMP®) and Certified Associate in Project Management (CAPM®) exams offered by the Project Management Institute, PMI®.

Register at www.ed2go.com/728commmed-pro

Start Dates: Sep 18; Oct 16; Nov 13; Dec 11 | ed2go | \$99



Technology for Small Business

Are you a small business owner struggling with all the rapid advancements in technology? Do you wonder how technology can help make your business grow? Learn about social media, smartphones, tablets, cloud computing, video conferencing, virtual assistants and more. Get up to speed! Don't be left on the side of the information highway.

Tuesday Oct 15 | 6:00-8:00pm | 1 session | \$29
Handke Center Rm 212 Door 4 | McCormick | #8166-3F

ONLINE! Grammar Refresher

Gain confidence in your ability to produce grammatically correct writing. Whether you're a student, professional, or a published or beginning writer, this course will help you master the linguistic twists and turns inherent in English grammar. An instructor will support you throughout the course with plenty of interactive exercises to give you ample opportunity to put into practice everything you learn.

Register at www.ed2go.com/728commmed-pro

Start Dates: Sep 18; Oct 16; Nov 13; Dec 11 | ed2go | \$99



Now offering over 300 online classes

- Instructor facilitated.
- Fun, convenient and interactive.
- Courses run 6 weeks.
- Courses start monthly.
- Option available including professional skill enhancement, personal interest and enrichment.

View a list of all online classes offered at:
www.ed2go.com/728commmed-pro

TRY THIS...

Intro To Microsoft Word

Looking to update your basic workplace skills? Are you new to computers? Want to learn more about Microsoft Word? This class is the perfect place for you as our instructor will lead you through introductory lessons in using the program and exploring the many things it has to offer.

Thursdays Sep 19-Nov 7 | 6:00-8:00pm | 4 sessions | \$49
Elk River HS Rm 101 Door A | Bade
Not meeting Sep 26 and Oct 3, 24, 31 | #8001-1F

ONLINE! Introduction to Microsoft Excel 2010

If you work with numbers, you need to master Microsoft Excel 2010. This online course offers dozens of shortcuts and tricks for setting up fully-formatted worksheets quickly and efficiently. You'll learn to write formulas, use functions, sort and analyze data, design charts, create three-dimensional workbooks, build links, work with templates and create macros and custom toolbar buttons.

Register at www.ed2go.com/728commmed-pro

Start Dates: Sep 18; Oct 16; Nov 13; Dec 11 | ed2go | \$99

ONLINE! Introduction to SQL

Learn the key concepts of Structured Query Language (SQL) and gain a solid working knowledge of this powerful and universal database programming language. You'll learn the basic structure of relational databases, how to read and write simple and complex SQL statements, and advanced data manipulation techniques.

Register at www.ed2go.com/728commmed-pro

Start Dates: Sep 18; Oct 16; Nov 13; Dec 11 | ed2go | \$99



ADULT TECHNOLOGY



NEW! Camera Basics

With the explosive popularity of social media, it seems that everyone has a digital camera. Today's cameras are amazing, but come with lots of buttons and functions! Learn the basics of your camera; it will make your picture-taking more enjoyable and allow you to be more creative.

Monday Sep 30 | 6:00-8:00pm | 1 session | \$19
Handke Center Rm 210 Door 4 | Feld | #8004-1F

TRY THIS...

NEW! Importing Photos

So you've taken tons of photos...now what? Find out in this 3-part series on what to do with your pictures once you take them. Part one covers the process of importing your photos to another device such as your computer or "the cloud." Part 1 of a 3-part series.

Thursday Oct 3 | 6:00-8:00pm | 1 session
\$19 One Class/\$50 3-part series
Handke Center Rm 210 Door 4 | Feld | #8005-1F

NEW! Editing Photos

Part 2 of a 3-part series. Now that you have figured out how to get your pictures from the camera to the computer, it's time to edit and organize them. This is an important step in both sharing photos and being able to locate photos in the future.

Monday Oct 7 | 6:00-8:00pm | 1 session
\$19 One Class/\$50 3-part series
Elk River HS Rm 105 Door A | Feld | #8005-2F

NEW! Sharing Photos

Part 3 of a 3-part series. We'll show you easy ways to share your images with family, friends and the world!

Wednesday Oct 9 | 6:00-8:00pm | 1 session
\$19 One Class/\$50 3-part series
Handke Center Rm 112 Door 4 | Feld | #8005-3F

TRY THIS...

NEW! Importing Videos

Most of the digital cameras today are equipped to shoot video. Learn how to get the videos off your camera and onto your computer or into "the cloud." Part 1 of a 3-part series.

Monday Oct 21 | 6:00-8:00pm | 1 session
\$19 One Class/\$50 3-part series
Handke Center Rm 210 Door 4 | Feld | #8006-1F

NEW! Editing Videos

Part 2 of a 3-part series. Your videos have been downloaded...now for the fun part! Learn how to edit your videos prior to sharing them.

Wednesday Oct 23 | 6:00-8:00pm | 1 session
\$19 One Class/\$50 3-part series
Handke Center Rm 210 Door 4 | Feld | #8006-2F

NEW! Sharing Videos

Do you have some great video footage that you want to share, but aren't sure how to do it? In this third part of the Video Series, you'll learn how to easily share your videos with friends and relatives. Part 3 of a 3-part series.

Tuesday Oct 29 | 6:00-8:00pm | 1 session | \$19 One Class/\$50 3-part series
Handke Center Rm 210 Door 4 | Feld | #8006-3F

*These classes are perfect...
for the person that has a new camera,
tablet, or smartphone and uses it for
photos. Get the most out of your new
technology and discover how creative
you can be!*

ADULT TECHNOLOGY

NEW! iCloud Basics

Have you heard the phrase, "It's in the Cloud"? Did you glance at the sky and wonder what the person was talking about? Learn some great uses for this tool including data storage that doesn't take up space on your computer and accessing documents normally just kept on your work computer.

Monday Nov 18 | 7:00-9:00pm | 1 session | \$19
Handke Center Rm 210 Door 4 | Feld | #8009-1F



NEW! iPad Basics

Do your kids use your iPad more than you? Are you unsure what to do with it? Learn the basics of this amazing product and a great and useful tool it can be..

Tuesday Sep 24 | 6:00-8:00pm | 1 session | \$19
Handke Center Rm 212 Door 4 | Feld | #8002-1F

NEW! iPhone Basics

They are cool! Everyone seems to have one - including you! Learn all the things you can do with your iPhone including the basics to get you started. Knowing your gear is important to getting great results.

Thursday Sep 26 | 6:00-8:00pm
1 session | \$19
Handke Center Rm 111 Door 4 | Feld | #8003-1F



NEW! iTunes Basics

If you enjoy listening to music, you've probably heard of iTunes. Join us to learn how to use iTunes and get the most from it.

Thursday Nov 7 | 7:00-9:00pm | 1 session | \$19
Handke Center Rm 210 Door 4 | Feld | #8007-1F

NEW! App Store Basics

"There's an app for that!" Discover what applications are available on your phone or tablet for fun, productivity, entertainment, education and more. There is an "app" for just about everything.

Wednesday Nov 13 | 7:00-9:00pm | 1 session | \$19
Handke Center Rm 210 Door 4 | Feld | #8008-1F

NEW! Computer Basics for Beginners: Mac

Learn your way around a Mac computer in this one-day workshop covering the basics. Course covers getting familiar with your Mac so you can start to use it for all kinds of things.

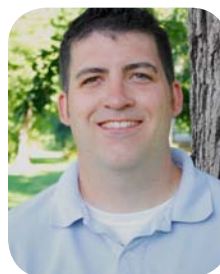
Thursday Nov 21 | 7:00-9:00pm | 1 session | \$19
Elk River HS Computer Lab Door H | Feld | #8010-1F

Computer Basics for Beginners: PC

Are you apprehensive about using a computer? Not sure what to do? Now's the time to get started! This course is designed to familiarize you with computers and how they work. Learn to perform tasks like starting programs, opening files, saving work and other basic tasks.

Tuesdays Oct 1-22 | 6:00-8:00pm | 4 sessions | \$39
Elk River HS Rm 101 Door A | Bade | #8000-1F

Joel Feld, Technology Instructor



The past five years Joel worked for Apple teaching technology, fixing iPhones and iPads, and working at the Genius Bar at an Apple Store. He has acquired several certifications in software like Final Cut Pro, Motion, iLife and others. Joel currently works for ISD 728 keeping the schools up and running with the latest software and technology.

ADULT ONLINE LEARNING



More than 300 online courses available from the comfort of your home!

Our instructor-facilitated online courses are informative, fun, convenient, and highly interactive. Our instructors are famous for their ability to create warm and supportive communities of learners. All courses run for six weeks (with a 10-day grace period at the end). Courses are project-oriented and include lessons, quizzes, hands-on assignments, discussion areas, supplementary links, and more. You can complete any course entirely from your home or office. Anytime of the day or night.

Accounting and Finance

Accounting | Banking | Capital markets | Finance | Personal Finance and Investments

Business

Business Communications | Call Center | Entrepreneurship | General Business Skills | Human Resources | International Business | Management and Leadership | Nonprofit | Operations | Sales and Marketing

Computer Applications

Adobe | Corel | IBM | Microsoft | Other Applications

Design and Composition

Graphic and Multimedia Design | Photography | Print Design | Web Design

Government

Law Enforcement | Public Sector

Health Care and Medical

Alternative Medicine | Ancillary | Dietitians and Nutrition | EMS and Firefighters | Ethics, legal and Compliance | Health Care Certificate | Health Information Management | Industry Specific Medical Billing and Coding | Mental Health Conditions | Mental Health Education | Nursing | Nursing Specialization | Operational Veterinary

Industrial skills

General Skills | Specific Skills—Other

Language and Arts

Arts | Languages | Photography | Writing

Law and Legal

Business and Corporate | Criminal Law | LSAT Preparation | Paralegal

Personal Development

Entrepreneurship | Health and Wellness | Job Search | Personal Enrichment | Personal Finance and Investments | Photography | Test Prep

Schools

Administration | Teaching and Education

Service and Hospitality

Food and Beverage | Hospitality Training

Technology

Adobe | Business Strategies | Certification Prep | Cisco | Computer Fundamentals | Computer Programming | Database Management | Graphic and Multimedia Design | Microsoft | Oracle | Networking and Communications | Operating Systems | Security | System Architecture | Web Programming | Web Technology | Website Fundamentals

**COURSES AS
LOW AS \$99!**

www.ed2go.com/728commmed-pro

ADULT

HELPING OTHER PEOPLE EXCEL

Welcome to the H.O.P.E. program!

From outings to events, activities and classes, we have a wide variety to keep you busy. There are always some of your favorites and a few new ones to try.

Please note that you can also access program information and register online at www.728communityed.com. Participants are asked to bring a staff or family member if personal care assistance is needed. If attending alone, the participant should be able to function independently in a group setting, follow simple directions, and communicate their needs. All reasonable accommodations will be made to meet the needs of the participants. Please allow at least one week to make accommodations; this includes sign language interpretation. Community Education welcomes persons of all abilities to participate in any of the activities throughout this brochure.

These activities are designed for adults with developmental disabilities (age 18+).

EVENTS

Sep 15 Twins Game
Sep 21 Itasca State Park Trip
Sep 28 Riding the Northstar Rail Line
Oct 10 Bowling Party
Oct 12 Wabasha Street Caves Tour
Oct 19 Sandhill Crane Tour
Oct 26 Prairie Fire Beauty & the Beast
Nov 2 Pool Party
Nov 9 MOA Shopping Trip
Nov 24 Vikings Game & Pizza
Dec 7 Holidazzle
Dec 15 Disney on Ice
Dec 19 Pizza & Movie
Dec 21 Christmas Tour of the Alexander Ramsey House

Winter Season Kick Off

Join us tonight to get your H.O.P.E. Winter flier hot off the press! Please RSVP 763-241-3520.

Monday Dec 16 | Activity Time 6:30-8:30pm
1 session | Handke Center Cafeteria Door 4 | Free



Gift in a Jar

Hand-made gifts are always treasured. Here's your chance to make a gift for someone special that includes soup, something sweet and hot chocolate. You'll also decorate the packaging and take the recipes home. All supplies included.



Monday Dec 9 | Activity Time 5:30-6:45pm
1 session | Handke Center Art Rm Door 4
#9209-1F Participant \$16
#9209-2F Assistant \$0

Monday Dec 9 | Activity Time 6:45-8:00pm
1 session | Handke Center Art Rm Door 4
#9209-3F Participant \$16
#9209-4F Assistant \$0

CLASSES

Sep 16 Bingo & Treat
Sep 19 Exercise in Disguise - Week Day Walkers
Sep 23 How to Ride The Northstar Line and Beyond
Sep 30 Fall Craft
Oct 7 Fall Birthday Celebration
Oct 17 Exercise in Disguise - Zumba
Oct 21 Healthy Eating
Oct 28 Game Night
Oct 31 Halloween Bingo & Treat
Nov 4 Thanksgiving Craft
Nov 7 Exercise in Disguise
Nov 11 Veteran's Day Activity & Craft
Nov 18 Bingo & Treat
Nov 25 Pizza & Planning Meeting
Dec 2 Holiday Craft
Dec 5 Fleece Blankets
Dec 9 Gift in a Jar
Dec 16 Winter Season Kick Off

ADULT BASIC EDUCATION

START YOUR **SUCCESS** STORY

GED

**GED EXAMS
WILL CHANGE
IN 2014**

**THE TIME
TO TEST
IS NOW**

BE PREPARED

Prepare for **FREE** at the Adult Basic Education program located at the Handke Center, Elk River or study online with I-Pathways.

IT'S TIME TO FINISH

Individuals who have not completed the tests by 2014 will need to take ALL tests again. Just starting? There is time to finish by December 2013.

MAKE AN INVESTMENT

Adults who have their degree make more money, are prepared for college and set a good example to their children.



**CALL OUR ELK RIVER
CAMPUS TODAY!**

763-241-3400 x 5525

Adult Basic Education

Did you know that 5 out of 4 adults have problems with fractions?

Adult Basic Education is more than a GED! Of the 300 adults enrolled at the Elk River Learning Lab in 2012-13, approximately 1/3 came to get a GED, 1/3 enrolled to get a high school diploma, and 1/3 enrolled to work on goals of preparing for college, improving English communication, or re-entering the workforce. A small percentage of these students came in to just improve their skills in solving fraction problems! If you belong in one of these categories, come join us!

Adult Diploma Program

Earn credits to complete your high school diploma! To be eligible, you must be age 18+ and your class has graduated. Upon completion of all graduation requirements, you will receive your high school diploma.

I-Pathways

Want to study for the GED test on-line? I-Pathways is an on-line program for GED instruction and preparation. Only a select number of eligible students will have an opportunity to take part in this program. Interested students must schedule an intake appointment with an instructor to see if they meet the eligibility requirements.

College Prep/Career Exploration

AccuPlacer, SAT, ACT got you all tangled up in knots? Unsure of your skills, interests or potential career path? Come to ABE to get untangled and prepare for your next step in education.

GED Preparation

Increase your potential to pass the GED exam. Take practice tests to determine what you need to review prior to taking the actual exam. The GED is a high school equivalency diploma. Prepare on-line, 1:1 help or in a small group setting.

CURRENT GED Testing Information

- Five exams in the areas of writing skills, social studies, science, literature and mathematics.
- Nearest testing site is Anoka Tech.
- Call 763-433-4054 for schedule and information.
- The cost is \$80 for the entire series of tests; paid at the first session.
- Testing is open to adults age 19+. Students under age 19 may apply for an age waiver by contacting the Elk River Learning Lab at 763-241-3400 x5525.

GED Tests 2014 Testing Information

How will the new tests be different from the old tests?

- The new tests will continue to provide the opportunity to earn a high school credential, but also measures career and college-readiness skills that are the focus of today's curriculum and tomorrow's success.
- There are four content areas—literacy, mathematics, science, and social studies.
- A GED® test graduate must remain competitive with students who complete their high school credentials in a traditional manner. Evidence suggests that test-takers who demonstrate fluency with the skills measured in the new assessment will be better prepared for the future.
- A graduate will no longer hold just a high school equivalency credential, but a roadmap for life's success. It's a stepping-stone to college, a better career and a family sustaining wage.
- The new tests will be computer based with written short answer responses embedded into the different content areas.
- The cost of the exam will increase.

ADULT ENGLISH AS A SECOND LANGUAGE



English as a Second Language (ESL)

Learn and improve your English skills:

- speaking
- listening
- reading
- writing
- grammar
- TOEFL prep

We have classes for beginning, intermediate and transitional level.

Citizenship & ESL/Citizen Classes

In this 8-week class, you'll learn how to:

- fill out the INS N-400 application
- answer US history and government questions
- prepare for the test
- speak in the oral interview

Dates to be determined.

Contact 763-241-3400 x5525.

FREE Childcare Availability

Free on-site childcare is available for most Adult Basic Education and English as a Second Language classes. You must register at least 24 hours in advance. To register your child, call 763-241-3400 x5528.

Did you know?

*Our classes are customized to meet
your needs. Call and schedule an
in-take appointment today!*

Join our Team of ABE & ESL Volunteers

Here's your opportunity to make a contribution to your community in a personal way. Classroom and one-to-one volunteers are needed for a variety of positions: classroom assistant, clerical assistant and technology assistant. Work with individuals or small groups tutoring basic skills or English as a Second Language. If you would like to learn more about becoming a volunteer, **contact the Volunteer Coordinator at 763-783-4920.**

Elk River Learning Lab ABE/ESL Fall Class Schedule

September 9 - December 18, 2013

Mornings: Mondays-Thursdays

Afternoons: Mondays-Thursdays

Evening (4:00-8:00pm): Tuesdays

Not Meeting Dates:

Thursday, October 17

Wednesday, November 27

Thursday, November 28

Thursday, December 3, 12, and 19

Contact Information

Please call 763 241-3400 ext 5525 to arrange an orientation and intake appointment. *Orientation and intake is where you can learn more about our program and design your personalized schedule.*

Elk River Learning Lab
Community Education
at The Handke Center
1170 Main Street
Elk River, MN 55330

Coordinator: Pam Moriarity

Instructor: Sherry Smith

Instructor: Rallou Rice

Contact Information:

763-241-3400 x5525

pamela.moriarity@elkriver.k12.mn.us

Website: www.elkriver.k12.mn.us/webpages/pmoriarity

ECFE

EARLY CHILDHOOD FAMILY EDUCATION

{ Come for your **CHILD...** }
{ STAY FOR YOURSELF! }

It's for you and your young children - birth to before kindergarten.

ECFE offers high quality learning activities for you and your children, helps children grow and develop, enriches family life, and provides information and support for your important role as a parent!

What happens when we come to ECFE parent/child activities?

Staff will greet you and the room will be set up with activities. All ECFE instructing staff have, at minimum, a four year degree plus teaching licensure in Parent Education, Early Childhood Education or Early Childhood Family Education. Usually there are three parts to the sessions: Time together for parents and children, parent discussion time, and children's activity and exploration time.

What are the rooms like?

The ECFE rooms are set up for young children with child-sized furniture, toys and materials that are appealing to kids! We have one room set up just for infants - 2 years, others for a variety of ages up to 5 years.

What are the activities?

Activities will be set up in the room. You and your child can choose what you want to try. Some activities like painting become weekly favorites. We encourage you to "take your child's lead" and enjoy the special time together. At times we will do group activities with all parents and children. Usually there's a time when the ECFE staff have all the parents and children together in order to get acquainted. There will be a variety of activities depending on the age of the children. For older children there will be stories, songs, fingerplays. In some classes parents will "step back" and watch the children's learning in action.



What happens during parent discussion time?

While your child participates in the children's time in the ECFE classroom with the Early Childhood Educator, you'll meet with parents and the ECFE Parent Educator. Parent discussion will be in the children's room for parents with young children; it will be in another room for parents with older children. It's a comfortable situation where you'll be able to talk about the joys and concerns of being a parent. You'll be able to take time to look at and consider many ideas. Often parents say this is one of their most important times during the week. Research tells us that getting information and support for our role as parents is one of the most important things we can do for ourselves and our children!

What happens during the children's time and how will parents be involved?

The children participate in activities in the classroom while moms, dads or caregivers participate in the discussion. The Early Childhood Educator prepares the room and activities gauged for the children's ages. Both teacher lead and child initiated activities are planned. In some classes parents take turns working with the teacher in the classroom. This provides an opportunity for parents to observe children's time and how their child responds. It also provides an opportunity to learn more about children's development and behavior. It's a chance to get involved and have fun!



Infants-You and Your Baby | age 0-12 months

Babies change your life - it's both rewarding and challenging. This is your time to play with your baby in a new setting, talk with a parent educator and other parents about development, reading a baby's cues, sleeping and feeding, your changing needs as an adult and as a parent and more. Discussion is in the room with the children.

Mondays Sep 23-Nov 11 | 5:00-6:00pm | 6 sessions | Free
Handke Center Rm 9 Door 6 | Not meeting Oct 14 & 21 | #700-1

Mondays Dec 2-Feb 3 | 5:00-6:00pm | 6 sessions | Free
Handke Center Rm 9 Door 6 | Not meeting Dec 23 & 30, Jan 20 & 27 | #700-2

Mondays Feb 24-Apr 14 | 5:00-6:00pm | 6 sessions | Free
Handke Center Rm 9 Door 6 | Not meeting Mar 3 & 10 | #700-3

Wednesdays Sep 25-Nov 6 | 1:00-2:00pm | 6 sessions | Free
Handke Center Rm 9 Door 6 | Not meeting Oct 16 | #701-1

Wednesdays Dec 4-Jan 22 | 1:00-2:00pm | 6 sessions | Free
Handke Center Rm 9 Door 6 | Not meeting Dec 25, Jan 1 | #701-2

Wednesdays Feb 26-Apr 9 | 1:00-2:00pm | 6 sessions | Free
Handke Center Rm 9 Door 6 | Not meeting Mar 12 | #701-3

Fridays Sep 27-Nov 8 | 11:00am-12:00pm | 6 sessions | Free
Handke Center Rm 9 Door 6 | Not meeting Oct 18 | #702-1

Fridays Dec 6-Jan 24 | 11:00am-12:00pm | 6 sessions | Free
Handke Center Rm 9 Door 6 | Not meeting Dec 27, Jan 3 | #702-2

Fridays Feb 28-Apr 11 | 11:00am-12:00pm | 6 sessions | Free
Handke Center Rm 9 Door 6 | Not meeting Mar 14 | #702-3

Infant Massage: Good for you and your baby! | age 4 weeks-6 months

Massage has been shown to benefit both baby and parent. It enhances baby's development, improves digestion and sleep, and promotes the bond between baby and parents!

Thursdays Sep 19-Oct 3 | 1:30-2:30pm | 3 sessions | \$14/child
Handke Center Rm 9 Door 6 | #713-1

Breastfeeding Basics for Moms & Dads | age 0-12 months

For pregnant and breastfeeding women and their significant others. This class will discuss the benefits of breastfeeding, the risks of formula feeding, how to breastfeed, initial challenges, milk supply, going back to work, storing breastmilk, breast pump information, weaning, resources and more. Pre-registration is encouraged.

Monday Oct 14 | 6:00-8:00pm | 1 session | Free
Handke Center Rm 6 Door 6 | #714-1

Read  ECFE BLOG
isd728earlychildhoodfamilyeducation.com



{ Join us for an ECFE Open House!
Thursday, Sept. 5
6:00-7:30pm
Handke Center }

ECFE TODDLERS

Toddlers - Moving and Exploring | age 12-24 months

Moving and exploring – that’s a toddler! Your child wants to experience everything—to build and knock down, empty, pull apart, feel, twist, squeeze and move quickly from one activity to the next! How do you keep up, keep them safe and still allow them to explore and learn? Play with your toddler in a room geared for toddlers. Then, meet with other parents and one of our friendly and knowledgeable parent educators. Topics may include development, temperament, setting limits, communicating with your partner about parenting, and observing and reflecting on development. Discussion will be in the room with the children.

Wednesdays Sep 25-Nov 20 | 10:45am-12:00pm | 8 sessions | \$46
Handke Center Rm 9 Door 6 | Not meeting Oct 16 | #703-1

Wednesdays Dec 4-Feb 5 | 10:45am-12:00pm | 8 sessions | \$46
Handke Center Rm 9 Door 6 | Not meeting Dec 25, Jan 1 | #703-2

Wednesdays Feb 26-Apr 30 | 10:45am-12:00pm | 8 sessions | \$46
Handke Center Rm 9 Door 6 | Not meeting Mar 12, Apr 16 | #703-3

Thursdays Sep 26-Nov 21 | 10:45am-12:00pm | 8 sessions | \$46
Handke Center Rm 9 Door 6 | Not meeting Oct 17 | #704-1

Thursdays Dec 5-Feb 6 | 10:45am-12:00pm | 8 sessions | \$46
Handke Center Rm 9 Door 6 | Not meeting Dec 26, Jan 2 | #704-2

Thursdays Feb 27-May 1 | 10:45am-12:00pm | 8 sessions | \$46
Handke Center Rm 9 Door 6 | Not meeting Mar 13, Apr 17 | #704-3



LET'S GO...

12-24 Months Year Round!

(children must be 12 months by Sep 1, 2013)

You'll join other parents and their one-year-olds in the same class over the course of the fall and winter. Develop longer-term relationships with other parents and ease transitions for your child. Class begins with parent-child time followed by time for children with the early childhood educator and time for parents (in the same room) for parent discussion with a parent educator. Educators remain the same for the length of the class. Children should be one by Sept. 1, 2013.

Thursdays Sep 26-May 1 | 9:00-10:30am | 24 sessions | \$162 or 2
pmts of \$81
Handke Center Rm 9 Door 6 | Not meeting Oct 17, Nov 28, Dec 26,
Jan 2, Feb 13 & 20, Mar 13, Apr 17 | #705

MUSIC...



Munchkin Musik | age 6 months-3 years

With instructor Dayna Koehn, your child will wiggle and giggle during 45 minutes of educational musical fun! Come sing, dance, and explore instruments from around the world, all while helping your child develop their social, language, and motor skills. What better way to spend your time than bonding with your little one through music? Be sure to join us for Session II for lots of Springtime fun as well! (Sliding fee scale does not apply to this class.)

Tuesdays Oct 22-Dec 17 | 6:00-6:45pm | 8 sessions | \$100
Handke Center Rm 13 Door 6 | Not meeting Nov 26 | #716

Wednesdays Oct 23-Dec 18 | 6:00-6:45pm | 8 sessions | \$100
Rogers Elem ECFE Rm Door 1 | Not meeting Nov 27 | #717

*Feeling pinched by
your budget? Let us know and we
can adjust the fees!*

ECFE 2'S TO KINDERGARTEN

2-Year-Olds - On the Go! | age 24-36 months

Your 2-year-old is finding out how it works, questioning, using new words and wanting it now! How do you keep up and channel their energy in positive ways? Enjoy part of the time with your 2-year-old in the classroom with activities planned by the early childhood educator. Then spend time learning, sharing and even laughing as you meet with other parents and a parent educator. Get new ideas and information, learn about brain development, behavior, dealing with "No" and more. Children must be the correct age within 2 weeks of class start date.

Mondays Sep 23-Nov 18 | 9:00-10:30am | 7 sessions | \$46
Handke Center Rm 5 Door 6 | Not meeting Oct 14 & 21 | #706-1

Mondays Dec 2-Feb 10 | 9:00-10:30am | 7 sessions | \$46
Handke Center Rm 5 Door 6 | Not meeting Dec 23 & 30, Jan 20 & 27 | #706-2

Mondays Feb 24-May 5 | 9:00-10:30am | 8 sessions | \$54
Handke Center Rm 5 Door 6 | Not meeting Mar 3 & 10, Apr 21 | #706-3

Mondays Sep 23-Nov 18 | 10:45am-12:15pm | 7 sessions | \$46
Handke Center Rm 5 Door 6 | Not meeting Oct 14 & 21 | #707-1

Mondays Dec 2-Feb 10 | 10:45am-12:15pm | 7 sessions | \$46
Handke Center Rm 5 Door 6 | Not meeting Dec 23 & 30, Jan 20 & 27 | #707-2

Mondays Feb 24-May 5 | 10:45am-12:15pm | 8 sessions | \$54
Handke Center Rm 5 Door 6 | Not meeting Mar 3 & 10, Apr 21 | #707-3

Tuesdays Sep 24-Nov 19 | 10:45am-12:15pm | 8 sessions | \$54
Handke Center Rm 5 Door 6 | Not meeting Oct 15 | #708-1

Tuesdays Dec 3-Feb 4 | 10:45am-12:15pm | 8 sessions | \$54
Handke Center Rm 5 Door 6 | Not meeting Dec 24 & 31 | #708-2

Tuesdays Feb 25-Apr 29 | 10:45am-12:15pm | 8 sessions | \$54
Handke Center Rm 5 Door 6 | Not meeting Mar 11, Apr 15 | #708-3



JOIN IN...

Year 'Round for 2 Year Olds

(Children should be 2 years by Sep 1, 2013)

You'll join other parents and their two-year-olds over the course of the fall and winter. Develop longer-term relationships with other parents and ease transitions for your child. Class begins with parent-child time followed by time for children with the early childhood educator and time for parents (in another room) for parent discussion with a parent educator. Educators remain the same for the length of the class. Children should be two by Sept. 1, 2013

Wednesdays Sep 25-Apr 30 | 9:00-10:30am | 24 sessions | \$162 or 2 pmts of \$81

Handke Center Rm 5 Door 6 | Not meeting Oct 16, Nov 27, Dec 25, Jan 1, Feb 12 & 19, Mar 12, Apr 16 | #709

Your 3-, 4-, 5-Year-Old | age 36 months-Kindergarten

The world of your 3-, 4-, 5-year-old is expanding! This is an exciting time of questions, imitations, imagination and increased physical abilities. Enjoy fun and learning with your child in a preschool classroom. Meet with other parents and a parent educator to discuss and learn about fostering your child's growth and development, parenting challenges, understanding your child's behavior (and options to try), preparing for school and more! Class size is limited. Discussion is in separate room for all 3-, 4-, 5-year-old classes.

Tuesdays Sep 24-Nov 19 | 9:00-10:30am | 8 sessions | \$54
Handke Center Rm 5 Door 6 | Not meeting Oct 15 | #710-1

Tuesdays Dec 3-Feb 4 | 9:00-10:30am | 8 sessions | \$54
Handke Center Rm 5 Door 6 | Not meeting Dec 24, 31 | #710-2

Tuesdays Feb 25-Apr 29 | 9:00-10:30am | 8 sessions | \$54
Handke Center Rm 5 Door 6 | Not meeting Mar 11, Apr 15 | #710-3

Not So Scary Fun at the Nature Explore Center | all ages

Take the scary out of bugs, bats, and owls and have some Halloween fun! A non-scary, (no mask or costume) event. Have some treats, activities and family fun on the Nature Explore Center! Co-sponsored by EC FE and Friends of Sherburne Wildlife Refuge. We'll be indoors if it rains. Event is free, but you should pre-register.

Saturday Oct 26 | 11:00am-12:30pm | 1 session | Free | Handke Center Nature Explore Center | #735

ECFE MULTI-AGE AND DROP IN

Family Fun Multi Age | age birth-kindergarten

If you're looking for a class to attend with one or more of your preschool children, try one of the following!! Enjoy the fun and learning activities in the classroom with children ages birth to Kindergarten. Then while children enjoy activities together with the early childhood staff, parents meet with the parent educator for parent discussion. Class begins with parent-child time. Discussion will be in another room.

Thursdays Sep 26-Nov 21 | 6:00-7:30pm | 8 sessions | \$54
Handke Center Rm 5 Door 6 | Not meeting Oct 17 | #711-1

Thursdays Dec 5-Feb 6 | 6:00-7:30pm | 8 sessions | \$54
Handke Center Rm 5 Door 6 | Not meeting Dec 26, Jan 2 | #711-2

Thursdays Feb 27-May 1 | 6:00-7:30pm | 8 sessions | \$54
Handke Center Rm 5 Door 6 | Not meeting Mar 13, Apr 17 | #711-3

T.G.I.F Multi-Age | age birth-Kindergarten

Enjoy the fun and learning activities in the classroom with children ages birth to Kindergarten. Then while children enjoy activities together with the early childhood staff, parents meet with the parent educator for parent discussion. Class begins with parent-child time. Discussion will be in another room.

Fridays Sep 27-Nov 22 | 9:15-10:45am | 8 sessions | \$54
Handke Center Rm 5 Door 6 | Not meeting Oct 18 | #712-1

Fridays Dec 6-Feb 7 | 9:15-10:45am | 8 sessions | \$54
Handke Center Rm 5 Door 6 | Not meeting Dec 27, Jan 3 | #712-2

Fridays Feb 28-May 2 | 9:15-10:45am | 8 sessions | \$54
Handke Center Rm 5 Door 6 | Not meeting Mar 14, Apr 18 | #712-3

Saturday Morning Gym Times | age birth-Kindergarten

Have children who need to run off extra energy? Gym Time lets kids climb, run, jump, play ball and lots more. Come join the fun! No pre-registration; pay at the door. For an added discount, purchase a Drop-In Play pass for \$10. Each time you attend, we will punch your card.

Saturdays Nov 9 & 23, Dec 21, Jan 25, Feb 15 & 22, Mar 8-29 | 9:30-11:30am | 11 sessions
\$2 child/day with pass; \$2.50 child/day w/o pass | Handke Center Gym Door 4

NEW...

Saturday Morning Multi-Age | age birth-Kindergarten

Enjoy the fun and learning activities in the classroom with children ages birth to Kindergarten. Then while children enjoy activities together with the early childhood staff, parents meet with the parent educator for parent discussion. Class begins with parent-child time. Discussion will be in another room.

Saturdays Sep 28, Oct 26, Nov 16, Dec 14 | 9:30-11:00am | 4 sessions | \$27
Handke Center Rm 5 Door 6 | #715-1

Saturdays Jan 11, Feb 1, Mar 1, Apr 5, May 3 | 9:30-11:00am | 4 sessions | \$27
Handke Center Rm 5 Door 6 | #715-2

Drop-In Playtime | age birth-Kindergarten

Looking for something to do with your child at the last minute? Drop in at ECFE and play in one of the ECFE rooms or in the gym when available. First-come, first-served; space is limited. Family childcare providers need to meet child-to-adult ratios. For an added discount, purchase a Drop-In Play pass for \$10. Each time you attend, we will punch your card.

Thursdays Sep 26-May 1 | 9:30-11:30am | 24 sessions | \$2 child/day with pass; \$2.50 child/day w/o pass
Handke Center Rm 5 Door 6 | Not meeting Oct 17, Nov 28, Dec 26, Jan 2, Feb 13 & 20, Mar 13, Apr 17

Wednesdays Sep 25-Apr 30 | 6:15-7:30pm | 14 sessions | \$2 child/day with pass; \$2.50 child/day w/o pass
Handke Center Rm 5 Door 6 | Not meeting Oct 16, Nov 27, Dec 25, Jan 1, Feb 12 & 19, Mar 12, Apr 16

Saturday Morning Nature Explore – Drop-In | age birth-Kindergarten

This is similar to our 'Saturday Open Gym Time' but is outdoors. Get fresh air and explore our Nature Center! Nature toys, sandbox, gardening tools, art materials and water table will be available to use. Pay at the gate, no pre-registration. For an added discount, purchase a Drop In Play pass for \$10. Each time you attend, we will punch your card.

Saturdays Sep 21, Oct 19, Nov 2 | 9:00-11:00am | 3 sessions | \$2 child/day with pass; \$2.50 child/day w/o pass
Handke Center Nature Explore Center

(Saturday Oct 26 will be a special non-scary Halloween event!
See page 33 for details!)

ECFE ONE TIME AND TRIPS

The Mitten - Theater Trip

A ballet-inspired wonderland! One of Stages Theatre Company's proudest accomplishments was the creation of the ballet-inspired stage version of "The Mitten" by Jan Brett. For their 30th season, they are bringing back this audience favorite. Watch the book come to life in this exciting production as woodland creatures seek a warm place in the snow-filled forest; a single lost mitten. Registration deadline January 8th.

Wednesday Jan 22 | 8:45am-1:30pm | 1 session | \$14/person
Handke Center Door 6 | Bus pick up Handke Door 6 | #730

Sherburne County Wildlife Festival

Visit our ECFE Nature Explore Activities at the Festival!

The annual fall celebration of wildlife, featuring author, and wildlife photographer, Sparky Stensaas! Live birds, horse-drawn wagon rides, bonfire, nature crafts, bird education, wildlife discovery, Eagle's Nest Nature Store, silent auction and food. Activities are free. Events south of the Old School House on Co. Rd. 9



Saturday Oct 5 | 10:00am-3:00pm | No pre-registration | Sherburne National Wildlife Refuge Zimmerman

Advisory Council Information Night

Wondering if the Parent Advisory Council is for you? Not sure if you have the time? Wonder what the council really does? Want to find ways to help out with the activities your child loves? Interested in connecting with other parents of young children? Attend the ECFE and School Readiness Advisory Council Information Night to get all your questions answered! Childcare provided, but you must pre-register your child by calling the ECFE office at 763-241-3524.

6:00-6:30 Pizza

6:30-7:00 Informational Meeting-All about the Advisory Council

7:00-8:00 Short Regular Advisory Council Meeting

Tuesday Oct 22 | 6:00-8:00pm | 1 session | Free
Handke Center Rm 6 Door 6



Don't Miss the Scholastic Book Fair

Mon-Sat Oct 7-12 | Handke Center North Wing Hallway Doors 4 & 6
| Open during regular ECFE and Discovery class times

ECFE FALL CLASS SCHEDULE AT A GLANCE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING	24-26 Months 9:00-10:30am 24-36 Months 10:45am-12:15pm	36 Months-Kdgn 9:00-10:30am 24-36 Months 10:45am-12:00pm	24-36 Mos, Year Long 9:00-10:30am 12-24 Months 10:45am-12:15pm	12-24 Mos, Year Long 9:00-10:30am 12-24 Months 10:45am-12:00pm Multi-Age Drop In Play 9:30-11:30am	TGIF Multi-Age 9:15-10:45am 0-12 Months 11:00am-12:00pm
AFTERNOON			0-12 Months 1:00-2:00pm	Infant Massage (3 wk) 1:30-2:30pm	
EVENING	0-12 Months 5:00-6:00pm	Munchkin Musik 6:00-6:45pm Single Parents 6:00-8:00pm	Multi-Age Drop In Play 6:15-7:30pm	Family Fun Multi-Age 6:00-7:30pm	SATURDAYS • Multi-Age Class • Nature Play Times • Gym Times

ECFE DISCOVERY LEARNING PRESCHOOL 13/14

ELK RIVER

Discovery 3's & 4's

Classes for children who are "3" by Sep 1, 2013
Parent/Child Day is Thursday

Tues/Thurs | 9:15-11:15 am | 2 classes **Full**
\$90/month | Handke Center | #750

Discovery 4's & 5's

Classes for children who are "4" by Sept 1, 2013

Mon/Wed/Fri | 8:50-11:20 am | 2 classes **Full**
\$159/month | Handke Center | #753

Tues/Wed/Thur | 8:50-11:20 am | 1 class **Full**
\$159/month | Handke Center | #754

Tues/Wed/Thur | 12:50-3:20 pm | 2 classes **Full**
\$159/month | Handke Center | #755

Tues/Wed/Thur | 3:45-5:45 pm | 1 class **Full**
\$129/month | Handke Center | #757

Tues/Thur | 5:45-8:00 pm | 1 class **Full**
\$95/month | Handke Center | #758

ZIMMERMAN

Discovery 3's & 4's

Classes for children who are "3" by Sep 1, 2013
Parent/Child Day is Tuesday

Tues/Thurs | 9:15-11:15 am | 1 class **Full**
\$90/month | Zimmerman Elem | #770

Discovery 4's & 5's

Classes for children who are "4" by Sep 1, 2013

Mon/Wed/Fri | 9:15-11:30 am | 1 class **Full**
\$159/month | Zimmerman Elem | #771

Tues/Wed/Thur/Fri | 12:45-3:15 pm | 1 class **Full**
\$212/month | Zimmerman Elem | #773

Tues/Wed/Thur | 12:45-3:15 pm | 1 class
\$159/month | Zimmerman Elem | #774

ROGERS

Discovery 3's & 4's

Classes for children who are "3" by Sep 1, 2013
Parent/Child Day is Thursday

Tues/Thurs | 9:30-11:30 am | 1 class **Full**
\$90/month | Rogers Elem | #760

Discovery 4's & 5's

Classes for children who are "4" by Sep 1, 2013

Mon/Wed/Fri | 9:15-11:45 am | 1 class **Full**
\$159/month | Rogers Elem | #761

Tues/Wed/Thur | 1:00-3:30 pm | 1 class **Full**
\$159/month | Rogers Elem | #762

SITE LOCATIONS

ELK RIVER: Handke Center, 1170 Main St.

ROGERS: Rogers Elementary, 12521 Main St.

ZIMMERMAN: Zimmerman Elementary, 25959 West 4th St.

Classes begin in mid-September and end mid-May.
Classes may be joined at any time on a space available basis.
A \$49 non-refundable deposit is collected at registration.
Payments are monthly, September - May.

We accept Visa, Mastercard and Discover.



ECFE DISCOVERY LEARNING PRESCHOOL 13/14



How to Register for 2013/14 DISCOVERY LEARNING CLASSES

Registration began in early March for Fall 2013 Discovery Learning Preschool. There are limited spaces available in some of our preschool classes.

Please contact the ECFE office for questions regarding space availability. Waiting lists will be maintained for all full classes.

- You must complete the registration forms packet at the time of registration. Forms are available at the ECFE office or online at 728communityed.com. All forms must be received for your registration to be considered complete.
- Fees are divided into 9 monthly payments. Payments begin in September and end in May. Fees are rounded up to the nearest dollar. A registration fee of \$49 which is non-refundable is due when you register. This fee does not apply to the total cost. Fees will be pro-rated for families joining during the year.
- Information regarding our sliding fee scale is included with the Registration Guide. If you have any questions, please call the ECFE office at 241-3524. No one will be turned away because of inability to pay. We accept Visa, Mastercard and Discover.
- Sibling care is available during Parent/Child classes at an additional fee.

Discovery Learning Open Houses

(for families already registered for Fall class)

Zimmerman: Tues, Sep 3, 5-6:00pm-3's, 6-7:00pm-4's am, 7-8:00-4'spm

Rogers: Tues, Sep 3, 5-6:00pm-3's, 6-7:00pm-4's am, 7-8:00-4'spm

Handke: Wed, Sep 4, 5-6:00pm-3's, 6-7:00pm-4's am, 7-8:00-4'spm

Handke: Thur, Sep 5, 6-7:00pm - Late PM & Evening Classes

ECFE Open House at Handke, Thur Sep 5, 6-7:30pm - All are Welcome!



Discovery Learning Preschool... an ISD 728 Early Childhood Program

Choosing the right preschool program is essential for giving your child the tools needed to be successful in school and in life. Discovery Learning Preschool, offered through District 728 Early Childhood Family Education, is a highly recognized and sought-after program to attend.

Unparalleled Results and Comprehensive Curriculum.

With unmatched programming in the state of Minnesota, ISD 728 Discovery Learning Preschool is seeing unprecedented results with their customized classroom experiences. Discovery Learning Preschool has revolutionized their curriculum and embedded core fundamentals in each of their classrooms. We use: Building Blocks Math Curriculum, EZ Write Handwriting Curriculum, Creative Curriculum (Teaching Strategies Gold), TACSEI Social Emotional Curriculum, Seeds of Literacy Curriculum with Minnesota Reading Corps Implementation, LANA Nutrition Curriculum. Opportunities for learning provided through individual and group times. Literacy (skills needed for reading), mathematics, science, social studies, the arts, and technology are all part of the program curriculum.

Parent Education and Involvement.

Core to our program is parent education. A professional and highly trained Parent Educator is assigned to each classroom. The Parent Ed component focuses on not just the child's experience in preschool, but the family as a whole.

Highly Trained Staff.

Of utmost importance to parents, is the relationship their child has with their teacher. With Discovery Learning Preschool, not only do you receive highly trained staff members, you also receive warm, caring adults committed to your child's success.

Discovery Learning Preschool... the right choice for you and your child.

For more information, log onto our website at www.728communityed.com or by calling Early Childhood Family Education at 763-241-3524.



ECFE EARLY CHILDHOOD SCREENING



Calling all 3 Year Olds! It's time for Screening!

Early Childhood Screening provides an opportunity for children and their parents to participate in a health and developmental screening after their third birthday. State law requires screening for all children entering public school kindergarten, ideally at 3 years old. Identifying potential health, developmental problems or concerns early allows time for intervention and remediation during the critical formative years. Families participating in Early Childhood Screening may be referred to community health and educational services including School Readiness and ECFE.

Early Childhood Screening includes:

- Immunization records
- Hearing and vision
- Speech and developmental screening
- Height and weight
- Summary interview with parents

What Happens During Screening?

The parent attends the entire screening process with their child along with a team of specialists. Your child will have a developmental progress review by a speech/language clinician. A review of your child's vision, hearing, height, weight and immunization history will be conducted by one of our health professionals. The parent/s will then participate in a family factors interview to review the screening process and talk about any concerns that they may have.

Who Needs to be Screened?

All children living in District 728 who are 3, 4, or 5 years old and not currently enrolled in kindergarten NEED to participate in this FREE screening program before entering kindergarten or have an equivalent screening from a doctor. Age three is the recommended age for screening. Children who attend Head Start or Early Childhood Special Education Services programs may not have to participate in Early Childhood Screening.

Is the Program Required?

Yes. Minnesota state law requires that your child must be screened for enrollment in a public school. (Children are not permitted to enter public school without having Early Childhood Screening and up-to-date immunizations.)

Invitations have been mailed to families with children turning 4 years old prior to May 1, 2014. Please call the Screening office at 763-241-3525 if you did not receive your invitation, or to schedule an appointment.

If you are planning to send your child to private or home school the screening is not required by law, however, we still encourage you to participate. This is a wonderful opportunity for you to find out how your child is developing.

A BIG "THANK YOU" TO OUR NATURE EXPLORE CENTER VOLUNTEERS



The ECFE Nature Explore Center Committee is incredibly thankful for all of the volunteers who work in our outdoor Nature Explore Center or who donate supplies or funds to our grounds. Summer of 2013 featured numerous volunteers who have been weeding, planting, watering and making our grounds beautiful!

Thank you for building, donating, planting and working!

- Chad Briggs
- Becca Dey
- Jesse Ewert Tree Service
- Matt Frink
- Kevin Gelhaye
- Melinda Goetsch
- Sue Hix
- Brad LeBlanc
- Nicole Martin
- Kelly Rogers
- Richard Simonson
- Jim & Minnell Tralle

Thank you for "adopting" a spot on the NEC!

- Paul and Janelle Seefeld
- Joan Frick
- Nikki Nordmeier
- Sandy Lauer
- Zonja Matushenko
- Carly Dohmeyer

Additional thanks to

- Sherburne Wildlife Refuge for the native plantings!
- Debra Blair and the American Indian Education Program and students for the tipi installation, tipi dedication and the educational materials!
- Liz Frink for her enthusiasm and dedication coordinating the Nature Explore Center work!



THANK YOU!

ECFE

MORE ECFE PROGRAMS

Young Parent Program for Pregnant or Parenting Teens

Provides pregnant or parenting teens with information about pregnancy, birth, parenting and community resources. Open to District 728 students and area residents who may not be in school. For more information or to register contact ECFE at 763-241-3524 or contact the school counselor, school nurse or Ivan Sand Community School. Home visits are also available. Co-sponsored by District 728 Ivan Sand Community School and ECFE. Classes are held at Handke Center in the ECFE Rooms. Use Door 6. Classes are on going during the school year. No fee. Call the ECFE/SR office at 763-241-3524 for information on days and times. Special events funding provided by Three Rivers Community Foundation.

Parenting Apart

A program to help minimize the negative impact of parenting apart and/or divorce on children birth to age 18 at a time when parents are naturally preoccupied with their own adjustments. Jointly presented by a variety of Sherburne County agencies and professionals. Classes are held each month. Scholarships available on request. For registration information, call 763-241-3524 or register online at www.728communityed.com. Check the course catalog for Parenting Apart.

BIG... building better behaviors for success in school, childcare & at home

BIG is an intervention and prevention program for preschoolers who are at risk of losing their childcare or preschool placement because of negative behaviors. BIG works with parents, teachers and childcare providers as a team to build positive behavior skills. BIG is a behavior intervention group including educators, emotional health professionals and specialists to coordinate expertise and resources for success. If you are interested in BIG please call the ECFE office at 763-241-3524 for further information. BIG is funded by ISD 728 Family & Children's Collaborative, a part of Wright County Family Services Collaborative.

"I learned I am not alone in my parenting challenges."
- ECFE Parent

"ECFE On Wheels" Home Visits

A program that comes to you and is designed "just for you." The program features visits to your home (or one to one visits at the ECFE center). Visits provide ideas for creative, fun, age appropriate activities, as well as time to discuss questions on kids and family. Information and ideas on child development, parenting and community resources are also available. Call the ECFE office at 241-3524. There is no fee for home visits.

Single Parents—Short Term, Long Term - Whatever the reason!

For ISD 728 parents who are parenting alone. Military families, work situations, separation, divorce, loss of spouse or single parents—all are welcome to attend! Bring your children and enjoy a meal together. Parents will meet for parenting support and information while young children participate in early childhood activities. School-age children will meet in another classroom for activities and support. Join at any time. To register or for more information, call the ECFE/SR office at 763-241-3524.

Tuesdays Sep 24-Apr 29 | 6:00-8:00pm | 23 sessions | Free
Handke Center Rm 5 Door 6 | Not meeting Oct 15, Nov 26, Dec 24 & 31, Feb 4-18, Mar 11, Apr 15 | #780

Single Parents
is funded in part by:

Sherburne County Area
United Way



Also funded in part by the Three Rivers Community Foundation.



ECFE FAMILY FUN ON THE NEC | SATURDAY OCT 12



GRAND OPENING CELEBRATION, OCT 12! Celebrate the installation of the Nature Explore Center's Entry Feature Art Work designed and created by Sue Seeger

The celebration will follow the Family Fun Run at 11 AM on October 12th. A short "grand opening" ceremony, followed by free, fun, activities, music and food will be held. Meet the artist, take a picture with the deer and have a great time!

Thank you to the Central Minnesota Arts Board for selecting this public art project. It was designed to pique the imagination and entice people to enter and engage in the Nature Explore Center and it will do just that. The Center offers many hands on opportunities to enjoy outdoor play, to learn about nature, to learn about the American Indian culture and history. It also offers the chance to just stroll along the gardens and enjoy the day. Taking a break from screen time and interacting with nature can be a profound experience that we don't want children and adults to miss. Come on out for the celebration and then visit the Nature Explore Center again and again.

This activity is made possible by the voters of Minnesota through a grant from the Central Minnesota Arts Board, thanks to a legislative appropriation from the arts and cultural heritage fund.



4th Annual Family Fun Walk/Run! | all ages

Grab your running shoes and join us for a morning of fun and help support ECFE and School Readiness programs! Run our 5K or walk our 1K with your family on a beautiful autumn morning. Afterwards join us for free healthy snacks, fall art projects, face painting, the Scholastic Book Fair, fun on our Nature Explore Center or in the Handke gym! Inflatable bounce houses, games, music and other activities will keep your family moving! Register as a family for a discounted rate. Sponsored by the ECFE Parent Advisory Council. All proceeds will directly benefit ECFE/SR programs. Watch our website at www.728communityed.com for more details.

Saturday Oct 12 | Registration 9:00am; Run/Walk 10:00am; Events 10:30am-12:30pm | \$15/individual; \$25/Family
Handke Center Door 6 | #785 Individual/#786 Family

Don't miss.... Not So Scary Fun at the Nature Explore Center | all ages | Saturday Oct 26 See page 33 for registration details!



*Enter, Engage and Enjoy...the
new public art entry feature at
the Nature Explore Center!*

Kelly Rogers Program Assistant for Events and Parent Advisory Council

I firmly believe in the power of Early Childhood Family Education. I have seen how valuable it is for children, and I know important it is for families. I have been involved in ECFE with my own children since my oldest was only a few weeks old. When we moved to the Elk River area five years ago, the first community event we went to as a family was an ECFE fundraising event at the Handke Family Center. We were welcomed by staff and volunteers, my daughter had a blast, and we were hooked!

I then became a member of the volunteer Parent Advisory Council, and was an active member for four years. I realized how much parents could help to make a difference – not only in the lives of their own children, but in the lives of others in the community. My husband and I have three children ages 7, 5, and 2, and realize the stressors and challenges that come with having young children, balancing busy schedules, potty training, discipline, teaching manners, and everything else that comes with trying to raise a happy, well-balanced child, while maintaining some time for ourselves. And I have found a lot of help through the ECFE/SR program. It has been a great place for my children, and a great place for me! Now I have been graced with the opportunity to work for the program, and am looking forward to working with more children, families, teachers, and staff to help our youngest learners to thrive.

As a Program Assistant for Events and Advisory Council, I work with parents and families in the community to help to come together by volunteering for the program with teachers, staff, and other family members. We have been working together on many different projects and fundraisers. I enjoy and appreciate meeting new volunteer community members who help out by joining our Advisory Council, working at a fundraising event, or even donating supplies or time to the classrooms. This year I am looking forward to meeting even more parents and family members as we work together to build a stronger community. For one day, these young children will be young adults, and soon will be leading us in the community, the nation . . . the world! I know that the more attention and positive support we can give these young learners, the better for everyone.

It is no exaggeration when I say that EVERY day I think about something I learned as a parent in my ECFE classes that reminds me how to be a better parent, and helps my children and me to grow in a positive way. Because of that, I have dedicated myself to helping other parents and families to be able to learn and appreciate the time that we have with these little ones, and to come together to build a better community through Early Childhood Family Education. If you are interested in joining our team as a



volunteer, whether you can dedicate two hours a week, one hour a month, or one night a year, please contact me at Kelly.Rogers@elkriver.k12.mn.us. I would love to work with you and your family to make a real difference in the lives of these children!

2013/14 ECFE/SR Parent Advisory Council

- Kelly Rogers
- Jenny Dupre
- Chris Gelhaye
- Jessica Andreasen
- Beth Bode
- Crystal Nelson
- Dave Sobiech
- Rebekah Vevle
- Sara Burfeind
- Chris Dziuk
- Elizabeth Lies
- Pam Carlson

A Big Thank You to our retiring council members!

- Shauna Coons
- April Kiel
- Chris Gelhaye
- Tony Pietrzak
- Laura Rike



**Interested in learning more about the
Council? See page 35!**

ECFE REGISTRATION

Registration for Early Childhood Family Education classes

Register for classes at the ECFE Office in Room 10 at Handke Center 1170 Main St., Elk River, MN –use door 6 (off 4th St.), by phone at 763.241.3524, by mail, or online at www.728communityed.com. See page 72 for a registration form. We continue to take registrations until classes fill and take names for a wait list after they fill.

Fees—ECFE Classes

Fees are based on the number of times the class meets. The first payment is due when you register. The second payment is due when class begins. Full payment is due when you register on-line. We accept VISA and MasterCard. A sliding fee scale is available, see page 43. No one will be turned away because of inability to pay. Please call our office to ask questions, make other arrangements or to have fees waived or reduced.

Cancellations

If you need to cancel from a class, we will refund the fee minus the number of classes that have been held prior to your request. There are no refunds for missed classes due to illness, or due to inclement weather. Credits will be issued, if requested, for classes cancelled due to inclement weather.

Immunizations Required

Minnesota laws require that all children be immunized before entering school. Up to date immunizations must be submitted to ECFE before your child attends classes. Please enclose a copy of your child's record with your registration, pick up a form in the ECFE/SR office or on the ECFE website.

Parent Participation

Parents (moms, dads or both) must accompany and participate in the classroom with the child and discussion with other moms and dads for all ECFE Parent/Child classes. Grandparents or other caregivers may participate in classes, however parents must give permission on the ECFE registration form. Permission slips are not required for Drop-In Play or one time events. Information on volunteer opportunities will be available at classes. Parents will be asked for donations of consumable and snack items to be used for classes.

Special Needs

We welcome persons of all abilities to participate in our classes and activities. If any special accommodations are needed, please let us know at the time you register. We are not able to provide transportation to classes.



Child Care during ECFE

Child care for brothers and sisters is provided during ECFE classes. We cannot accommodate other children in your care. Registration for child care should be completed at the same time as class registration. To request childcare on a one-time basis, you must call to check availability at least 1 day prior to the class. Children must be at least 6 weeks old to be eligible for childcare; prior to 6 weeks infants may accompany parents to class discussions. Children 6 weeks to 3 months may accompany parents to discussions, or they may attend childcare. At 3 months of age, children must attend childcare.

Cost is

Infants \$4.00 per hour
Toddlers \$3.25 per hour
Preschoolers \$3.00 per hour
Additional Children \$2.50/hr

Child Care on a one-time basis —\$5.00 per hour

Child care fee may be divided into payments. The sliding fee scale and fee reductions, waivers and payment plans will apply for child care also. Call 763.241.3400, Ext. 5528 for more information.

COUPON

\$10 off the price of an ECFE class!

**Clip this coupon for \$10 off
the ECFE class of your choice!**

**Discount does not apply to Discovery Learning,
Munchkin Musik or trips
Classes subject to space availability
Good for 2013/14 ECFE classes only #700-799**

ECFE SCHOOL READINESS STAFF

Manager
Kathy Simonson

Secretary
Lynne Kopitzke

Secretary
Laura Orwoll

**Parent Facilitators
& Home Visitors**
Mary Dwyer

**Parent Facilitator &
Young Parent Instructor**
Kathleen Holthaus

Parent Facilitator
Nicole Martin

**Parent Facilitator &
Child Educator**
Beth Britt

ECFE Child Educators
Cindy Nyquist
Ann Ostby
(and Internal MRC Coach)

**SR Coordinator & TACSEI &
CLASS Coach**
Tiffany Sorensen

Discovery Learning Instructors
Rebecca Dey
(and MRC Educator Corp)

**Discovery Learning
Instructors**
Rebecca Dey
(and MRC Educator Corp)

Kris Radke
Sherrie Lorentz
Nicole Martin
Kristen Pollworth
Angela Talbot

Classroom Assistants
Wanda Anderson
Elizabeth Frink
(and MRC Educator Corp)

Maureen Bolin
Terry Briggs
Lisa Davis
Linda Potter
Virginia Larsen
Teresa Sizen

**Minnesota Reading Corps
Tutor**
Tina Poseley

**New Minnesota Reading
Corps Tutors**
Alyssa Castonguay
Anne Techendorf

Join us for an ECFE Open House!
Thursday, Sept. 5
6:00-7:30pm
Handke Center

■ Early Childhood Family Education Office Hours: 8am-4:30pm, Monday - Friday

■ ECFE phone 763.241.3524, SEE PAGE 72 FOR REGISTRATION FORMS

District 728 ECFE Class & Discovery Learning Preschool Sliding Fee Scale

Number of persons in household	Full Fee	80% of Full Fee	65% of Full Fee	15% of Full Fee	Waived Fee
2	\$34,044 +	\$30,261 - 34,043	\$27,992 - 30,260	\$19,670 - 27,991	\$0 - 19,669
3	42,954 +	38,181 - 42,953	35,318 - 38,180	24,818 - 35,317	0 - 24,817
4	51,864 +	46,101 - 51,863	42,644 - 46,100	29,966 - 42,643	0 - 29,965
5	60,774 +	54,021 - 60,773	49,970 - 54,020	35,114 - 49,969	0 - 35,113
6	69,684 +	61,941 - 69,683	57,296 - 61,940	40,262 - 57,295	0 - 40,261
More than 6 persons, add this amount for each additional person	7,326	7,326	7,326	7,326	5,148



Reduced Tuition Amount	Full Fee	80% of Full Fee	65% of Full Fee	%15 of Full Fee	Waived Fee
2 day 2 hour	\$90/month	\$72/month	\$59/month	\$14/month	\$0/month
2 day 2-1/4 hour	\$95/month	\$76/month	\$62/month	\$15/month	\$0/month
3 day 2 hour	\$129/month	\$103/month	\$84/month	\$19/month	\$0/month
3 day 2-1/2 hour	\$159/month	\$127/month	\$103/month	\$24/month	\$0/month
4 day 2-1/2 hour	\$212/month	\$170/month	\$138/month	\$32/month	\$0/month
ECFE \$27/class	\$27/class	\$22/class	\$17/class	\$4/class	\$0/class
ECFE \$46/class	\$46/class	\$37/class	\$30/class	\$7/class	\$0/class
ECFE \$54/class	\$54/class	\$43/class	\$35/class	\$8/class	\$0/class
ECFE \$162/class	\$162/class	\$130/class	\$105/class	\$24/class	\$0/class

EXTENDED DAY PROGRAMS

EDVENTURE CLUB | GR K-5

EdVenture Club (Grades K-5)

More than daycare

Welcome to EdVenture Club, a unique program that combines fun enrichment activities with extended hours for your convenience! Since 1997, EdVenture Club has continuously provided a successful and quality extended day experience that complements the school day. Featured enrichment includes reading and math activities, physical education, science, art and more! Kindergarten students can attend from 6:00am to the start of school and following K-Club through 6:00pm.

Morning Program

Students attend between 6:00am and school starting time Monday through Friday. A variety of games, gym time, playground and other choices are available. Enrichment activities are planned up to three times per week. Healthy snacks and juice are provided daily.

Afternoon Program

Students attend following K-Club until 6:00pm Monday through Friday. Each day includes enrichment and recreation activities as well as a healthy snack and juice. Site schedules are posted weekly that list activities by days and grade levels.



Elk River, Otsego & Rogers Area Elementary Schools

Before School 6:00am to school start time

Full-time (4-5 days) \$40/week

Part-time (2-3 days) \$28/week

A.M. One-Day rate \$15/day

After School / K-Club* 3:30 to 6:00pm

*K-Club (2:30-3:30pm) Please see rates on pg. 45

Full-time (4-5 days) \$48/week

Part-time (2-3 days) \$35/week

P.M. One-Day rate \$18/day

Zimmerman Area Elementary Schools

Before School 6:00am to school start time

Full-Time (4-5 days) \$37/week

Part-Time (2-3 days) \$25/week

A.M. One-day rate \$13/day

After School / K-Club* 3:30 to 6:00pm

*K-Club (2:30 - 3:30p.m.) Please see rates on pg. 45

Full-Time (4-5 days) \$48/week

Part-Time (2-3 days) \$35/week

P.M. One-day rate \$18/day

Locations

- Hassan Elementary, Rogers
- Lincoln Elementary, Elk River
(students will be walked over to Parker Elementary)
- Meadowvale Elementary, Elk River
- Otsego Elementary, Otsego
- Parker Elementary, Elk River
(Also serves Lincoln & St. Andrews)
- Rogers Elementary, Rogers
(Also serves Mary Queen of Peace & Kaleidoscope)
- Twin Lakes Elementary, Elk River
- Zimmerman Elementary, Zimmerman
- Westwood Elementary, Zimmerman (a.m. only/ No K-Club)

EdVenture Club features
PART-TIME & FULL-TIME
options available throughout the
school year and **NO** long term
contracts are required.

Secure your child's spot TODAY! Register online at www.728communityed.com

(click on Extended Day/EdV Club tab).

EXTENDED DAY PROGRAMS

K-CLUB/FEATURED SITE LEADER | GR K

K-Club (Kindergarten-Only Program)

Welcome to K-Club! A one-hour after school kindergarten program featuring focused curriculum in arts, fitness, science and enrichment for this grade level. Students can attend one to five days per week for a small fee. After K-Club, students have the option to ride the bus home with students in grades 1-5 or extend their stay after school by signing up for **EdVenture Club**.

Locations

- Hassan Elementary, Rogers
- Lincoln Elementary, Elk River
(students will be walked over to Parker Elementary)
- Meadowvale Elementary, Elk River
- Otsego Elementary, Otsego
- Parker Elementary, Elk River
- Rogers Elementary, Rogers
- Twin Lakes Elementary, Elk River
- Zimmerman Elementary, Zimmerman

Schedule/Rates

1 day rate= \$4.00/student
2-3 days a week= \$7.00/student
4-5 days a week= \$11.00 /student

Secure your child's spot TODAY!

Fill out the Family/Child Information Form & Parent Compliance Agreement and the September 2013 Attendance/Payment Calendar online at:

www.728communityed.com.

(Click on the Extended Day tab)



NEW! Featured Site Leader

EdVenture Club site leaders are an important part in the success of our Extended Day Programs. They have specific leadership qualities and a clear vision of the goals and mission of our programs and are committed and dedicated to your children. They love working with children and are available to answer your questions. All site leaders have training specific to the childcare environment with skills and knowledge of children's health, development and psychology. The average length of employment of our site leaders in our programs is ten years, with several of them having worked for the program since it began in 1997.

Introducing....Stacy Tenold, Rogers Elementary Site Leader

What site do you work at? Rogers Elementary

How long have you work for Community Education? Eleven years

How long have you been a site leader? Eleven years

Describe your background and experience: I have worked with children in daycare settings for 17 years. I have an AAS Degree in Child Development.

What is the favorite part of your job? Listening to the kids' stories; they make me laugh!

How do you educate, inspire or empower your students? I set up choice activities that are different every day which allow the students to explore new things. I also help them with homework and respond to whatever their needs are. I ask for their ideas so they can learn to be a leader and help make choices for our program, yet still have rules to keep them safe and happy!



***"Listening to the kids' stories;
they make me laugh!"***

EXTENDED DAY PROGRAMS

NON-SCHOOL DAYS | GR K-5

Non-School Days | grades K-5

Fun enrichment activities and outings are offered on days that school is not in session. Students are divided by grade levels for the planned activities, including art or science topics, physical education and games, academic-related activities and more. All students should bring a lunch and beverage. These are full-day activities, held 9:00am-3:00pm, that are planned in a day camp format. Extended hours are available for your drop-off and pick-up convenience; the sites are open 6:00am-6:00pm. When registering, please include the course number, as well as the site/time preference listed below. For example: to register for "Spooktacular" at Parker for 9:00am-3:00pm, your course number would be #6003-1F.

Site/Time Preferences:

-1F	Parker Elem, Door 3	9:00am-3:00pm
-2F	Parker Elem, Door 3	6:00am-6:00pm
	*Parker also serves Lincoln, Meadowvale	
-3F	Zimmerman Elem, Door 1	9:00am-3:00pm
-4F	Zimmerman Elem, Door 1	6:00am-6:00pm
	*Zimmerman also serves Westwood	
-5F	Hassan Elem, Door 1	9:00am-3:00pm
-6F	Hassan Elem, Door 1	6:00am-6:00pm
	*Hassan also serves Otsego	
-9F	Rogers Elem, Door 1	9:00am-3:00pm
-10F	Rogers Elem, Door 1	6:00am-6:00pm
-11F	Twin Lakes Elem, Door 3	9:00am-3:00pm
-12F	Twin Lakes Elem, Door 3	6:00am-6:00pm

NOTE: In the event of low or high enrollment, sites may be combined or additional sites opened.

Fees: 9:00am-3:00pm | \$29
6:00am-6:00pm | \$38

Mystery Field Trip Day!

Today will be a trip to a mystery surprise location. Parents can check our website, our facebook page or with the site leader, but we'll keep the surprise for your EdVenture Club student.
Thursday Oct 17 | 1 session | #6001

Making Sense of our Senses

The power of the human mind! According to research, it doesn't matter in what order the letters in a word are, the only important thing is that the first and last letter be in the right place. Join us for a day of sensory illusions.
Friday Oct 18 | 1 session | #6002

Spooktacular

It's a day of spooky fun as we create scary crafts to share at home and we learn why certain animals are thought to be spooky!
Monday Oct 21 | 1 session | #6003

Changing of the Leaves

Going back to school and football? What does fall mean to you? When there is a nip in the air and crunchy leaves under our feet, it's time to think about fall decorating. Today we'll celebrate Fall!
Monday Nov 25 | 1 session | #6004

Waterpark Day

Today is a special day for indoor waterparks! Each site will be heading to a different waterpark. Check with your EdVenture Club site for the locations. Remember to bring a swimming suit & towel!
Tuesday Nov 26 | 1 session | #6007

Holidays Around the World

Around the world in eight hours! Join us as we transport ourselves and experience some of the different celebrations around the world.
Wednesday Nov 27 | 1 session | #6005

Slurp and Slide

Join us for a day of winter activities. We will have it all...sledding, hot cocoa and fun! This is a day you will not want to miss.
Thursday Dec 26 | 1 session | #6008

Luau Party

It may be winter outside but it's tropical inside as we transport ourselves to the island of Hawaii and explore the native cultures.
Friday Dec 27 | 1 session | #6009

Let's Go LEGO!

Did you know the first plastic legos were made in 1949? Today will be a day filled with creativity, competitions and fun!
Monday Dec 30 | 1 session | #6010

New Year's Fun

Reflect with us as we look back at the year 2013 and celebrate. Then prepare for 2014 by making some great decorations for your own New Year's party!
Tuesday Dec 31 | 1 session | #6011

District Early Release Day | grades K-5

Plan to have your child join EdVenture Club students for an afternoon of fun. When registering for the early release day, please include the course number, as well as the site preference listed under the non-school days for the 6am-6pm option. For example, to register for Parker, your course number would be 6641-2F.

Monday Nov 18 | 1 session | \$18* | #6641

*Students enrolled in EdVenture Club should register for 2-hour early release on the regular EdVenture Club Payment/Attendance calendar.

After School Special EdVentures | grades K-5

Stay after school and join us for an afternoon of fun activities. Please dress appropriately for painting activities. Parent should send a note to school informing staff that the student is staying after school. Lincoln students will wait in front of the Lincoln office and will be walked to Parker by Community Education staff. Lincoln parents should pick up their students at Parker.

EdVenture Club families: Please check with your site leader to see when these Special EdVentures (included in your fee) will be held at your EdVenture Club site.

Great Pumpkin Party

It's the 10th annual Great Pumpkin Party! We have all of your favorites including painting and decorating a wooden pumpkin, making a yummy snack and playing Halloween bingo for prizes.

\$12 thru Sep 22/\$15 starting Sep 23

Monday Oct 7 | 3:00-5:00pm | 1 session

Westwood Elem Gym Door 1 | #2999-1F
Zimmerman Elem Cafeteria Door 5C | #2996-1F

Tuesday Oct 8 | 3:45-5:45pm | 1 session

Hassan Elem Gym Door 1 | #2998-1F
Parker Elem Gym Door 3 | #2995-1F

Wednesday Oct 9 | 3:45-5:45pm | 1 session

Otsego Elem Gym Door 4 | #2993-1F
Twin Lakes Elem Gym Door 3 | #2992-1F

Thursday Oct 10 | 3:45-5:45pm | 1 session

Meadowvale Elem Cafeteria Door 7 | #2994-1F
Rogers Elem Gym Door 3 | #2997-1F



Holiday House

It's that time of year again to let your imagination race as you create the sensational Holiday House. Made with graham crackers, frosting, loads of candy and a swish of sugar. You'll create a sensational masterpiece!

\$12 thru Sep 22/\$15 starting Sep 23

Monday Dec 2 | 3:00-5:00pm | 1 session

Westwood Elem Gym Door 1 | #2999-2F
Zimmerman Elem Cafeteria Door 5C | #2996-2F

Tuesday Dec 3 | 3:45-5:45pm | 1 session

Hassan Elem Gym Door 1 | #2998-2F
Parker Elem Gym Door 3 | #2995-2F

Wednesday Dec 4 | 3:45-5:45pm | 1 session

Otsego Elem Gym Door 4 | #2993-2F
Twin Lakes Elem Gym Door 3 | #2992-2F

Thursday Dec 5 | 3:45-5:45pm | 1 session

Meadowvale Elem Cafeteria Door 7 | #2994-2F
Rogers Elem Gym Door 3 | #2997-2F

Loopy Holiday Tree

Pretty paper loops create this whimsical tree that will be the perfect decoration for the holidays. We'll also make some unique sweet treats for all to enjoy.

\$12 thru Sep 22/\$15 starting Sep 23

Monday Dec 9 | 3:00-5:00pm | 1 session

Westwood Elem Gym Door 1 | #2999-3F
Zimmerman Elem Cafeteria Door 5C | #2996-3F

Tuesday Dec 10 | 3:45-5:45pm | 1 session

Hassan Elem Gym Door 1 | #2998-3F
Parker Elem Gym Door 3 | #2995-3F

Wednesday Dec 11 | 3:45-5:45pm | 1 session

Otsego Elem Gym Door 4 | #2993-3F
Twin Lakes Elem Gym Door 3 | #2992-3F

Thursday Dec 12 | 3:45-5:45pm | 1 session

Meadowvale Elem Cafeteria Door 7 | #2994-3F
Rogers Elem Gym Door 3 | #2997-3F

YOUTH ENRICHMENT | ACADEMICS | GR K-8



Chess | grades K-8

Want to amaze your friends and impress your opponents? Increase your IQ and have fun playing chess while competing for various prizes. Learn from Twin Cities Chess Club instructors who have years of experience.

grades K-5

Thursdays Sep 19-Oct 31 | 4:15-5:15pm | 6 sessions | \$65
Hassan Elem Media Door 1 | Twin Cities Chess Club
Not meeting Oct 17 | #3400-1F

Saturdays Oct 19-Nov 23 | 10:00-11:00am | 6 sessions | \$65
Handke Center Lounge Door 4 | Twin Cities Chess Club | #3400-3F

grades 6-8

Mondays Oct 7-Nov 11 | 3:00-5:00pm | 6 sessions | \$29
Salk MS Lounge Door S | Not meeting Oct 21 | #3401-1F

Saturdays Oct 19-Nov 23 | 10:00-11:00am | 6 sessions | \$65
Handke Center Lounge Door 4 | Twin Cities Chess Club | #3400-2F

Home Alone | grades 3-6

Will you be home alone after school or for short periods of time while your parents run errands? Learn what to do in emergency situations such as severe weather, injuries and strangers at the door. Plus, have fun coming up with ideas for activities to avoid boredom when staying home alone.

Saturday Oct 12 | 8:00am-12:00pm | 1 session | \$35
Handke Center Lounge Door 4 | #2604-1F

Saturday Nov 16 | 8:00am-12:00pm | 1 session | \$35
Rogers MS Rm 561 Door A | #2604-2F

Tutoring | grades K-8

Start the year on a positive note and gain the confidence needed to conquer your academic goals! Support and preparation provided by a licensed teacher will boost the skills needed for success. Focused on individualized needs and scheduled at schools throughout District 728. Contact Community Education at 763-241-3520 for additional information. Individualized, one-hour instruction in eight weekly sessions is \$295.

Babysitting Training | age 11+

New to babysitting or looking for ways to polish your skills? Gain the knowledge every prepared babysitter should have. Develop safe, fun and educational activities, focus on preventing accidents, and learn to care for the needs of various ages of children. Receive a handbook, resources and a certificate of completion. Bring a lunch.

Saturday Sep 28 | 9:00am-4:00pm | 1 session | \$49
Handke Center Lounge Door 4 | #2600-1F

Friday Oct 18 | 9:00am-4:00pm | 1 session | \$49
Hassan Elem Lounge Door 1 | #2600-2F

Saturday Nov 2 | 9:00am-4:00pm | 1 session | \$49
Handke Center Lounge Door 4 | #2600-3F

Saturday Dec 7 | 9:00am-4:00pm | 1 session | \$49
Handke Center Lounge Door 4 | #2600-4F

Monday Dec 30 | 9:00am-4:00pm | 1 session | \$49
Zimmerman Elem Lounge Door 1 | #2600-5F

Horseback Riding Camp | grades K-8

Enjoy the excitement of horseback riding camp! Learn how to work with the horse including balance and control in the saddle, leading, and in-hand work. Then participate in fun crafts and activities such as giving baths, horse tag, and helping to feed, water, and care for horses. Boulder Pointe Equestrian and Event Center is located at 6612 189th Lane NW, Nowthen. Additional information and waiver form on our website.

Saturday Sep 21 | 9:00am-3:00pm | 1 session | \$99
Boulder Point Equestrian and Event Center Nowthen | Keacher
#2439-5F

Thursday Oct 17 | 9:00am-3:00pm | 1 session | \$99
Boulder Point Equestrian and Event Center Nowthen | Keacher
#2439-6F

Try This...

NEW! GoSolar! Jr. Explorers: Solar Robot Machines | grades K-5

Stimulate your creativity by designing and building epic, solar-powered robots from easy-to-assemble parts. Build solar-powered cranes, lift bridges and many other designs. Explore the world of solar energy while learning how to problem-solve and stretch your imagination.

Tuesdays Nov 5-Dec 10 | 6:00-7:00pm | 6 sessions | \$65
Handke Center Rm 210 Door 4 | GoSolar! | #2596-1F

NEW! GoSolar! Jr. Explorers: Solar Vehicles | grades K-5

Design and build solar energy vehicles from easy, LEGO-like parts in this exciting class. Construct solar-powered motorbikes, helicopters, off-roaders, dragsters and more. Have a blast running your new gadgets with a remote controller.

Tuesdays Sep 17-Oct 22 | 6:00-7:00pm | 6 sessions | \$65
Handke Center Rm 210 Door 4 | GoSolar! | #2595-1F

NEW! GoSolar! Engineers: Solar Gadget Charger | grades 6-8

Electronic gadgets make our lives easier, from phones to tablets to computers. But all these devices use batteries that end up in landfills. Help solve this issue by making your own solar power charger to charge cell phones and other USB devices. Uncover the exciting concepts of solar energy while making the world a more sustainable place!

Tuesdays Nov 5-Dec 10 | 3:15-4:15pm | 6 sessions | \$85
Salk MS Rm 205 Door S | GoSolar! | #3516-1F

NEW! GoSolar! Engineers: Solar Racecars | grades 6-8

Use the sun to get your motor running! Did you know that some solar cars can go as fast as 100 miles per hour? Have a blast building and bringing home your very own solar race car. Get creative learning the concepts of solar energy while exploring basic engineering principles.

Tuesdays Sep 17-Oct 22 | 3:15-4:15pm | 6 sessions | \$85
Salk MS Rm 205 Door S | GoSolar! | #3515-1F



Jr. Veterinarian Mini-Camp | grades 3-5

Do you love animals and dream of working in veterinary medicine when you grow up? Here's your chance to go behind the scenes. Study x-rays, practice examination techniques and interact with live animals. Gain confidence in caring for your pets and safety around all animals. Classes fill quickly, so sign up today!

Friday Oct 18 | 9:00am-12:00pm | 1 session | \$19
Minnesota School of Business Lobby | Kupczyk | #2540-4F

NEW! Lemonade Stand Accounting | youth

Are you an entrepreneur with big dreams for your future? Learn from staff and students at the Minnesota School of Business how to be successful in starting, owning, and operating your own business. If you love math, this is a great way to learn about possible career options in the accounting field as well.

Friday Oct 18 | 9:00am-12:00pm | 1 session | \$15
Minnesota School of Business Lobby | Malenowski | #3543-1F

Medical Technology Camp | grades 4-8

Dive in, dig deeper and explore the field of medical technology. Staff and students from the Minnesota School of Business will provide lots of hands-on activities that will let you experience what professionals in the field need to know.

Friday Oct 18 | 9:00am-12:00pm | 1 session | \$19
Minnesota School of Business Lobby | Pearson | #3542-2F

Location

Minnesota School of Business
11500 193rd Ave, Elk River

YOUTH ACADEMICS | ENRICHMENT | GR K-9



NEW! Great Reactions | grades 1-5

Discover the fascinating world of chemistry! Experiment with mixtures that are foamy, soapy and slimy while investigating the difference between chemical reactions and physical changes. Please dress so you can get messy for this fun, hands-on class.

Monday Oct 21 | 9:30am-12:00pm | 1 session | \$29
Handke Center Rm 113 Door 4 | Science Explorers | #3555-1F

NEW! Spanish: Vamos al pueblo y Vamos a la ciudad-(Let's go to the town and Let's go to the city!) | grades K-5

Don't miss out on this year's all-new and exciting Spanish adventure! Learn practical conversation skills as well as vocabulary related to the home, community, health, sports and pastimes. Act now to ensure your child is a part of this comprehensive bilingual experience! Payment option available with completed form and credit card information on file: \$149 due by Sep 20 and balance due on Jan 2.

Tuesdays Oct 1-Apr 1 | 3:50-4:50pm | 16 sessions | \$249
Meadowvale Elem Media Door 7 | Futura Language Professionals
Not meeting Nov 26-Jan 28, Mar 11 | #2204-2F

Wednesdays Oct 2-Apr 2 | 3:50-4:50pm | 16 sessions | \$249
Hassan Elem Media Door 1 | Futura Language Professionals
Not meeting Nov 27-Jan 29, Mar 12 | #2204-3F

Mondays Oct 7-Apr 14 | 3:50-4:50pm | 16 sessions | \$249
Twin Lakes Elem Rm B101 Door 3 | Futura Language Professionals
Not meeting Oct 21, Nov 18, 25, Dec 23-Jan 27, Feb 17, Mar 3, 10
#2204-1F

NEW! LEGO X: Enginetics | grades 1-5

GET PLUGGED IN... LEGO STYLE! Drag racers, cranes, go-carts, motorized dogs and more. Build them all, connect them to an engine and watch 'em go! Build multiple projects and investigate basic engineering concepts. All-new curriculum that is sure to electrify the most discerning LEGO builder. Check in with EdVenture Club after school and receive a snack before class starts.

Mondays Oct 14-Nov 11 | 4:15-5:15pm | 4 sessions | \$49
Hassan Elem Rm A110 Door 1 | Youth Enrichment League
Not meeting Oct 21 | #2573-1F

Tuesdays Oct 15-Nov 5 | 4:15-5:15pm | 4 sessions | \$49
Twin Lakes Elem Rm E106 Door 3 | Youth Enrichment League
#2573-2F

Wednesdays Oct 16-Nov 6 | 4:15-5:15pm | 4 sessions | \$49
Parker Elem Rm 161 Door 3 | Youth Enrichment League
#2573-3F

Wednesdays Nov 13-Dec 11 | 4:15-5:15pm | 4 sessions | \$49
Meadowvale Elem Rm 215 Door 7 | Youth Enrichment League
Not meeting Nov 27 | #2573-4F

Fridays Nov 15-Dec 13 | 3:30-4:30pm | 4 sessions | \$49
Zimmerman Elem Rm 138 Door 5C | Youth Enrichment League
Not meeting Nov 29 | #2573-5F

Mondays Dec 2-Jan 6 | 4:15-5:15pm | 4 sessions | \$49
Rogers Elem Rm A104 Door 3 | Youth Enrichment League
Not meeting Dec 23 & 30 | #2573-6F

Lego League | grades 3-9

A competitive, team-based program that works with the LEGO Mindstorms product to build and program robots made from scratch. Find out more about LEGO League and how you can become involved. Teams will begin forming during the meetings and registration for each team will open the week following the meetings!

Tuesday Aug 20 | 6:30-8:00pm | Free
Rogers Elem Cafeteria Door 1

Tuesday Sep 10 | 6:30-8:00pm | Free
Handke Center Cafeteria Door 4

Art Studio I | grades K-3

Painting, sculpting, drawing and more! Explore a variety of techniques and learn about famous artists. Stretch your creative muscles while experimenting with color, texture and shape! Not meeting Nov 28.

Thursdays Nov 14-Dec 12 | 3:50-4:50pm | 4 sessions | \$59
Hassan Elem Rm A112 Door 1 | Abrakadoodle | #2388-1F

Clay: Throw, Carve and Create | grades 4-7

Experiment with a variety of methods for constructing a ceramic piece including hand-building, coil, slab and wheel throwing - techniques that guarantee success with your first efforts. Complete your design with a variety of glazing techniques for the finishing touch. Projects can be functional, sculptural or decorative!

Tuesdays Oct 22-Nov 19 | 6:30-8:30pm | 5 sessions | \$65
Handke Center Rm 113 Door 4 | Zahler | #3360-1F

NEW! Dare 2 Draw | grades K-3

Charcoal, watercolor pencils, pastels and more! Try it all in this art class that explores the FUNdamentals of drawing. Using an easy, step-by-step method you'll learn to draw people, animals and still lifes. Not meeting Oct 17.

Thursdays Sep 26-Oct 24 | 3:50-4:50pm | 4 sessions | \$59
Twin Lakes Rm A108 Door 3 | Abrakadoodle | #2384-1F

NEW! Glitter and Glam | grades K-3

Do you love paint, glitter and gems? In this fun class you'll draw, paint, and sculpt masterpieces that will glow and sparkle. Create things you can wear, or use to decorate your room.

Tuesdays Oct 15-Nov 5 | 3:50-4:50pm | 4 sessions | \$59
Hassan Elem Rm A112 Door 1 | Abrakadoodle | #2389-1F

Wednesdays Oct 16-Nov 6 | 3:50-4:50pm | 4 sessions | \$59
Twin Lakes Rm A108 Door 3 | Abrakadoodle | #2389-2F

Kids 'n Clay | grades 1-3

Dig in and have fun making pinch pots, tiles, animals and more! Celebrate your individuality while you sculpt, squish, paint and glaze. Create memories that will last forever.

Tuesdays Oct 22-Nov 19 | 5:30-6:30pm | 5 sessions | \$39
Handke Center Rm 113 Door 4 | Zahler | #2300-1F



NEW! Ninjago | grades K-3

If you love LEGOS and Ninjagos then this is the class for you! Draw, sculpt and paint your favorite characters including Kay, Jay, Cole and Zane.

Mondays Sep 30-Oct 28 | 3:50-4:50 | 4 sessions | \$59
Meadowvale Elem Rm 135 Door 7 | Abrakadoodle
Not meeting Oct 21 | #2387-1F

Tuesdays Nov 12-Dec 10 | 3:50-4:50pm | 4 sessions | \$59
Rogers Elem Rm A103 Door 3 | Abrakadoodle
Not meeting Nov 26 | #2387-2F

NEW! Masters on Canvas | grades K-5

Recreate famous works of art like VanGogh's Sunflowers, Monet's Water Lilies, Matisse's The Flight of Icarus and others, all on real canvas boards. Make room on your walls for these awesome masterpieces! Not meeting Oct 19.

Saturdays Oct 5-Nov 2 | 9:30-10:30am | 4 sessions | \$59
Handke Center Rm 113 Door 4 | KidCreate Studio | #2385-1F

NEW! Star Wars Art Camp | grade K-5

Obi Wan Kenobi and Anakin would be proud of the Star Wars masterpieces the young Jedi will create in this class. You'll sculpt star fighters, create Yoda-inspired art and draw yourself as a Jedi. Leave the light sabers at home—glow-in-the-dark paint will create the magic force!

Mon/Tue Nov 25 & 26 | 9:00am-12:00pm | 2 sessions | \$65
Handke Center Rm 113 Door 4 | KidCreate Studio | #2386-1F

YOUTH DANCE

Dance: Ballet & Tap | age 6-10

You can turn your dreams of dancing into reality as you learn dance terminology and practice basic dance steps. Improve coordination, grace, posture and self-esteem. Wear comfortable clothing, ballet or soft-soled shoes and hard-soled or tap shoes.

Mondays Sep 30-Dec 9 | 7:30-8:15pm | 10 sessions | \$49
Handke Center Stage Door 4 | K. Miller | Not meeting Nov 25
#2001-1F

Dance: Creative Movement | age 3-5

Creative Movement is a great introduction to fundamental movement skills in an atmosphere of discovery and fun. Boys and girls welcome! Wear comfortable clothing and soft-soled shoes. Not meeting Nov 25.

Mondays Sep 30-Dec 9 | 11:00-11:40am | 10 sessions | \$39
Handke Center Stage Door 4 | K. Miller | #2031-1F

Mondays Sep 30-Dec 9 | 5:15-5:55pm | 10 sessions | \$49
Handke Center Stage Door 4 | K. Miller | #2031-2F

Dance: Me & My Shadow | age 2-3 w/adult

Designed for children who enjoy dance but are not ready to take a class on their own. Parent/guardian joins the fun as basic dance fundamentals are introduced through the use of themes, props and familiar songs. Not meeting Nov 25.

Mondays Sep 30-Dec 9 | 10:15-10:55am | 10 sessions | \$39
Handke Center Stage Door 4 | K. Miller | #2021-1F

Mondays Sep 30-Dec 9 | 6:00-6:40pm | 10 sessions | \$49
Handke Center Stage Door 4 | K. Miller | #2021-2F

Dance: Pre-Ballet and Tap | age 4-5

Develop rhythm, coordination, musicality and early classroom etiquette through simple imaginative exercises, skipping, creative dance and early ballet and tap steps. Wear comfortable clothing, ballet or soft-soled shoes and hard-soled or tap shoes. Not meeting Nov 25.

Mondays Sep 30-Dec 9 | 9:30-10:10am | 10 sessions | \$39
Handke Center Stage Door 4 | K. Miller | #2011-1F

Mondays Sep 30-Dec 9 | 4:10-4:50pm | 10 sessions | \$49
Rogers MS Cafeteria Door A | L. Waite | #2011-3F

Mondays Sep 30-Dec 9 | 6:45-7:25pm | 10 sessions | \$49
Handke Center Stage Door 4 | K. Miller | #2011-2F

Dance: Hip Hop | grades K-8

Have fun while learning the fundamentals of hip hop - poppin', locking, tutting, breakin', social hop, body isolations, bounce and rhythm - to the latest sounds in rap, R & B and pop. Classes are taught with age-appropriate music and choreography.

grades K-2

Mondays Sep 30-Dec 9 | 5:00-5:50pm | 10 sessions | \$49
Rogers MS Cafeteria Door A | L. Waite | Not meeting Nov 25
#2039-1F

Tuesdays Oct 1-Dec 9 | 5:00-5:50pm | 10 sessions | \$49
Handke Center Stage Door 4 | L. Waite | Not meeting Nov 26
#2039-4F

grades 3-5

Mondays Sep 30-Dec 9 | 6:00-6:50pm | 10 sessions | \$49
Rogers MS Cafeteria Door A | L. Waite | Not meeting Nov 25
#2039-2F

Tuesdays Oct 1-Dec 9 | 6:00-6:50pm | 10 sessions | \$49
Handke Center Stage Door 4 | L. Waite | Not meeting Nov 26
#2039-5F

grades 6-8

Mondays Sep 30-Dec 9 | 7:00-7:50pm | 10 sessions | \$49
Rogers MS Cafeteria Door A | L. Waite | Not meeting Nov 25
#2039-3F

Tuesdays Oct 1-Dec 9 | 7:00-7:50pm | 10 sessions | \$49
Handke Center Stage Door 4 | L. Waite | Not meeting Nov 26
#2039-6F

DANCE RECITAL

All Fall dance classes will share what they have learned in a Dance Recital. Family and friends are invited to attend. Further information will be provided during class.

Monday Dec 9 | 7:00pm
Handke Center Gym Door 4





The Crescendo Music Program | all ages

This program features a wide variety of individual and group music opportunities in Elk River, Rogers and Zimmerman, both daytime and evenings. Private individual music lessons for voice, piano, guitar, drums, strings, woodwinds and brass. For more information visit our website or call Community Education at 763-241-3520.

Our Lessons are:

- Tailored to meet the goals of the individual students.
- Conveniently scheduled in schools in supervised settings.
- Available throughout the school year with and optional summer session.
- Designed to provide performance opportunities to celebrate students achievement.

Our Instructors:

- Share a love of music and the desire to teach.
- Have a degree in music education and/or years of experience in teaching music.
- Are familiar with school curriculum and will tie in opportunities where possible.
- Are District 728 employees familiar with school curriculum and have passed background and reference checks.

Guitar Lessons; Group | grades 3-5

A fun, easy introduction to playing the guitar including all the fundamentals you need to know to succeed. Get started with positioning the guitar, basic left- and right-hand technique, tuning and music notation. You'll be jamming on simple, but cool, rhythm and lead patterns in no time. Not meeting Oct 19.

Saturdays Oct 5-Nov 16 | 11:00-11:55am | 6 sessions | \$55
Handke Center Band Rm Door 4 | Crum | #2130-1F

Piano Lessons; Group | grades 1-5

Start your musical journey in this small group setting where everyone has fun and is successful. Begin to learn note reading, fingering and counting rhythms. Play a piano during class; practice will not be required between sessions. All music and materials included. Take the first step! Not meeting Oct 19.

grades 1-2

Saturdays Oct 5-Nov 16 | 9:00-9:55am | 6 sessions | \$55
Handke Center Band Rm Door 4 | Crum | #2132-1F

grades 3-5

Saturdays Oct 5-Nov 16 | 10:00-10:55am | 6 sessions | \$55
Handke Center Band Rm Door 4 | Crum | #2132-2F

YOUTH MUSIC | THEATER

Violin Lessons; Group | age 5-10

Explore the excitement of learning to play and care for your violin. Instruction will focus on the Suzuki method of learning to play by ear that gives the student a strong foundation for note reading. Students who wish to continue will be scheduled for private or semi-private instruction. You must supply your own instrument and practice time is required between lessons.

age 5-6

Tuesdays Sep 24-Nov 19 | 6:00-7:00pm | 9 sessions | \$75
Handke Center Rm 209 Door 4 | #2118-3F

age 7-10

Mondays Sep 23-Nov 18 | 7:00-8:00pm | 9 sessions | \$75
Handke Center Band Rm Door 4 | #2118-1F

Mondays Sep 23-Nov 18 | 7:00-8:00pm | 9 sessions | \$75
Rogers MS Band Rm Door A | #2118-2F

Thursdays Sep 26-Nov 21 | 5:30-6:30pm | 9 sessions | \$75
Zimmerman HS Band Rm Door A | Schugg | #2118-4F



Beauty and the Beast - Prairie Fire Theater | age 7-16

Be in the cast of this original version including Beauty, Her Sisters and Brothers, The Gypsies, Gargoyles, Servants and the Prince. Led by professional actors/directors, students are chosen based on a variety of factors including enthusiasm, age and ability to

follow directions. You must be able to attend the full audition, all rehearsals and performances. \$35 refund if not selected. No refunds for participants who audition, receive a part and then withdraw. Performance tickets available beginning Oct 22 for \$5.

Auditions

Monday Oct 21 | Check-in 4:15; Auditions 4:30-6:30pm | \$45
Some cast members may need to stay after auditions until 8:30pm for rehearsal.
Lincoln Elem Gym Door 2 | #2080-1F

Rehearsals

Tue-Fri Oct 22-25 | 4:30-8:45pm
Elk River HS Little Theater Door H

Performances

Friday Oct 25 | 7:30pm
Saturday Oct 26 | 11:00am and 1:30pm
Elk River HS Little Theater Door H

YOUTH RECREATION

After School Golf Academy | grades K-8

Learn a game that you can play forever. Lessons by professionals from the After School Golf Academy. Individual attention with focus on grip, stance and swing fundamentals, pointers on the long and short game, etiquette, rules and an explanation of the game. Equipment provided.

grades K-5

Wednesdays Sep 25-Oct 16 | 4:15-5:15pm | 4 sessions | \$59
Hassan Elem Gym Door 1 | #4365-1F

Wednesdays Sep 25-Oct 16 | 5:45-6:45pm | 4 sessions | \$59
Hassan Elem Gym Door 1 | #4365-2F

grades 6-8

Wednesdays Sep 25-Oct 16 | 5:45-6:45pm | 4 sessions | \$59
Hassan Elem Gym Door 1 | #4365-3F

Karate | age 4-12

Karate is a great way for students to increase their sense of responsibility, decrease their willingness to take foolish risks, and build higher self-esteem. Choose martial arts to supplement your child's education and see how your kids will benefit.

age 4-6

Tue/Thu Oct 8-24 | 6:25-6:55pm | 6 sessions | \$39
Handke Center Cafeteria Door 4 | #2662-1F

Mon/Wed Oct 21-Nov 6 | 6:00-6:30pm | 6 sessions | \$39
Zimmerman MS Hallway Door A | #2662-3F

Tue/Thu Nov 5-21 | 6:25-6:55pm | 6 sessions | \$39
Handke Center Cafeteria Door 4 | #2662-5F

Tue/Thu Dec 3-19 | 6:25-6:55pm | 6 sessions | \$39
Otsego Elem Music Room Door 4 | #2662-7F

age 7-12

Tue/Thu Oct 8-24 | 7:00-7:45pm | 6 sessions | \$49
Handke Center Cafeteria Door 4 | #2662-2F

Mon/Wed Oct 21-Nov 6 | 6:35-7:20pm | 6 sessions | \$49
Zimmerman MS Hallway Door A | #2662-4F

Tue/Thu Nov 5-21 | 7:00-7:45pm | 6 sessions | \$49
Handke Center Cafeteria Door 4 | #2662-6F

Tue/Thu Dec 3-19 | 7:00-7:45pm | 6 sessions | \$49
Otsego Elem Music Room Door 4 | #2662-8F



Try This...

NEW! Half-Pint Yoga | age 3-5

Children will learn the basics of yoga while developing the skills of breathing and posture. Yoga enhances the development of relaxation techniques, skills to help achieve good communication, emotional awareness, self regulation and improves strength and flexibility. Music, fun and games are used to keep your child interested and focused.

Wednesdays Sep 18-Oct 23 | 6:30-7:00pm | 6 sessions | \$45
Lincoln Elem Cafeteria Door 2 | Roehl | #2890-1F

Wednesdays Oct 30-Dec 11 | 6:30-7:00pm | 6 sessions | \$45
Lincoln Elem Cafeteria Door 2 | Roehl | Not meeting Nov 27
#2890-2F

Fencing | age 6+

Fencing is a fun hobby and challenging sport. This program from MN Sword Play introduces the fundamentals of fencing with an emphasis on skills such as building concentration and self-discipline. Activities are developmentally appropriate. Equipment provided.

age 6-10

Thursdays Sep 26-Oct 31 | 6:15-7:15pm | 6 sessions | \$99
Otsego Elem Cafeteria Door 4 | MN Sword Play | #3267-1F

Thursdays Nov 7-Dec 19 | 6:15-7:15pm | 6 sessions | \$99
Otsego Elem Cafeteria Door 4 | MN Sword Play
Not meeting Nov 28 | #3267-3F

age 11+

Thursdays Sep 26-Oct 31 | 6:15-7:15pm | 6 sessions | \$99
Otsego Elem Cafeteria Door 4 | MN Sword Play | #3267-2F

Thursdays Nov 7-Dec 19 | 6:15-7:15pm | 6 sessions | \$99
Otsego Elem Cafeteria Door 4 | MN Sword Play
Not meeting Nov 28 | #3267-4F

YOUTH MIDDLE SCHOOL SPORTS | GR 6-8

NEW! ZMS Sports | grades 7-8

Check out the 2013 7th and 8th grade fall sports offered to Zimmerman Middle School students. Teams practice up to four days per week with games scheduled throughout the season with other schools in the Granite Ridge Conference. A great opportunity to participate in a school activity in a fun team environment! A shuttle bus will be provided from ZMS to Westwood at 2:35pm for sports scheduled at that site.

ZMS Soccer - Boys | grade 7

Mon-Thu Starts Sep 3 | 2:30-4:30pm | \$125

Zimmerman MS Cafeteria Door A | Check in at cafeteria | #3001-1F

ZMS Soccer - Boys | grade 8

Mon-Thu Starts Sep 3 | 2:30-4:30pm | \$125

Zimmerman MS Cafeteria Door A | Check in at cafeteria | #3001-2F

ZMS Soccer - Girls | grade 7

Mon-Thu Starts Sep 3 | 2:30-4:30pm | \$125

Zimmerman MS Cafeteria Door A | Check in at cafeteria | #3002-1F

ZMS Soccer - Girls | grade 8

Mon-Thu Starts Sep 3 | 2:30-4:30pm | \$125

Zimmerman MS Cafeteria Door A | Check in at cafeteria | #3002-2F

ZMS Volleyball - Girls | grade 7

Mon-Thu Starts Sep 3 | 2:30-4:30pm | \$125

Zimmerman MS Gym Door K | Check in at cafeteria | #3012-1F

ZMS Volleyball - Girls | grade 8

Mon-Thu Starts Sep 3 | 2:30-4:30pm | \$125

Zimmerman MS Gym Door K | Check in at cafeteria | #3012-2F

ZMS Basketball - Boys | grade 7

Mon-Thu Starts Oct 22 | 3:15-5:00pm | \$125

Westwood Elem Gym Door 1 | Start date is a Tuesday | #3003-1F

ZMS Basketball - Boys | grade 8

Mon-Thu Starts Oct 22 | 3:15-5:00pm | \$125

Westwood Elem Gym Door 1 | Start date is a Tuesday | #3003-2F

ZMS Wrestling | grades 7-8

Mon-Thu Starts Nov 11 | 2:30-4:30pm | \$125

Zimmerman HS Wrestling Rm/Gym Door K | #3005-1F

ZMS Basketball - Girls | grade 7

Mon-Thu Starts Jan 6 | 3:15-5:00pm | \$125

Westwood Elem Gym Door 1 | #3004-1F

ZMS Basketball - Girls | grade 8

Mon-Thu Starts Jan 6 | 3:15-5:00pm | \$125

Westwood Elem Gym Door 1 | #3004-2F



NEW! ZMS Sports | grade 6

These sports activities are skill-based only and will offer opportunity to grow as an athlete. No competitions are scheduled with other schools; we will plan scrimmages within the team. Shuttle bus provided from ZMS to Westwood at 2:35pm.

ZMS Volleyball - Girls

Mon/Wed Sep 30-Oct 30 | 3:15-5:00pm | \$65

Westwood Elem Gym Door 1 | #3015-1F

ZMS Basketball - Boys

Fridays Nov 1-Dec 20 | 3:15-5:00pm | \$65

Westwood Elem Gym Door 1 | #3015-2F

ZMS Basketball - Girls

Fridays Jan 17-Feb 21 | 3:15-5:00pm | \$65

Westwood Elem Gym Door 1 | #3015-1W

RECREATION STAFF NEEDED

Zimmerman Middle School Coaches

Girls Soccer, Boys Soccer, Girls Basketball, Boys Basketball, Wrestling and Volleyball. 7th and 8th grades will be competing in the Granite Ridge Conference. 6th grade skills program - no competition. Coaches (age 18+) **Rate of pay:** \$12-\$16/hour.

SOCCER - VOLLEYBALL - BASKETBALL - WRESTLING

Fill out an application online at
www.728communityed.com

YOUTH FITNESS | ATHLETICS



Wrestling | grades 6-8

Looking for a team where you can shine as both an individual and a team player? Wrestling builds self-discipline, confidence and teamwork. All you need is a pair of wrestling shoes and the desire to see what a difference your efforts can make! Parent Information meeting in conjunction with RHS wrestling parent meeting TBA; watch the Community Ed website for updated information. Activity does not meet on non-school days or Dec 12.

Mon-Thu Nov 25-Jan 30 | 3:15-5:15pm | \$125
Rogers MS Gym Door A | #3010-1F

Open Gym | all ages

Supervised recreational gym time. Please note that the schedule may change; always check in at the school before dropping off a child. All participants must wear gym shoes. No organized practices allowed.

\$3/individual, \$20/10-session pass; \$8/family, \$40/10-session pass

all ages

Sundays Sep 29-May 4 | 6:00-8:00pm
Zimmerman HS Gym Door K | Not meeting Dec 1, Mar 23, Apr 20

families and youth grades 4-8 7:00-8:30pm

grades 9-adult 8:30-10:00pm.

Wednesdays Oct 2-May 7
Zimmerman HS Gym Door K | Not meeting Nov 27, Dec 25, Jan 1

families (all ages)/Individuals age 11+

Sundays Sep 29-May 4 | 6:00-8:00pm | 29 sessions
Rogers MS Gym Door A | Not meeting Dec 1, Mar 23, Apr 20

grade 9-adult

Wednesdays Oct 2-May 7 | 7:00-9:30pm | 29 sessions
Rogers HS Gym Door I | Not meeting Nov 27, Dec 25, Jan 1

Open Gym - Basketball | grades 6-8

Stick around after school and play a pick-up game of basketball or work on your shot with some friends. The gym is open for use.

Thursdays Oct 3-Nov 21 | 3:00-5:00pm | 7 sessions
\$29/session or \$5/day
VandenBerge MS Gym Door M | Not meeting Oct 17 | #3006-1F

Open Gym - Floor Hockey | grades 6-8

Stick around after school and play a pick up game of floor hockey or work on your skills with some friends. The gym is open for use.

Tuesdays Oct 1-Dec 10 | 3:00-5:00pm | 9 sessions
\$29/session or \$5/day
Salk MS Gym Door U | Not meeting Oct 15, Nov 26 | #3005-1F

5th & 6th Grade Party | grades 5-6

Grab your friends and dance the night away, or play basketball or other games. Concessions are available, so bring spending money. Parents: Please do not drop your child off before 6:45pm and be at the school by 9:00pm for pick-up. Early release is allowed if student knows to be at the table and a parent checks them out. Volunteers needed! Please contact Theresa Heinkel at 763-291-5676. Pre-registration encouraged to alleviate long lines at check-in; those who pre-register will get a one day Open Gym or Open Swim pass.

Friday Nov 1 | 7:00-9:00pm | 1 session | \$5/person
Salk MS Gym Door U | #6355-1F

Friday Jan 10 | 7:00-9:00pm | 1 session | \$5/person
Salk MS Gym Door U | #6355-1W



Use the space at one of our school buildings for an ultimate party experience!

We provide a convenient and easy way to celebrate birthdays, team sport successes and just-for-fun events. Choose from themes including Party in the Pool, Princess or Superhero, Artistic Masterpieces, Jumpin' Gym Time, or request your own idea. Cost is \$125 with Bounce House available for additional fee. We provide the facility and staff and you bring the food, utensils and decorations. To sign up, complete the Party Request Form under "Waivers and Forms" on our website or call Community Education at 763-241-3520. All applications must be submitted at least three weeks prior to the party. Party dates are based on space and staff availability and are 2 hours. No latex balloons allowed.

NEW! Family Night | all ages

Everyone needs a little family time. These activities are for the whole family to enjoy; play in the gym, make crafts, dance, play BINGO, participate in contests and more. Everyone will leave excited for the next Family Night. Single-serve food and snack items available for purchase. Family rate available (max 5); at least one adult/guardian must attend.

Saturday Oct 12 | 6:00-8:30pm | 1 session
Pre-registered \$4/person or \$15/family (max 5);
At the Door \$5/person or \$20/family (max 5)
VandenBerge MS Gym Door M | #6300-1F

Saturday Oct 26 | 6:00-8:30pm | 1 session
Pre-registered \$4/person or \$15/family (max 5);
At the Door \$5/person or \$20/family (max 5)
Rogers MS Gym Door A | #6300-2F

Saturday Nov 16 | 6:00-8:30pm | 1 session
Pre-registered \$4/person or \$15/family (max 5);
At the Door \$5/person or \$20/family (max 5)
Westwood Elem Gym Door 1 | #6300-3F

Saturday Dec 7 | 6:00-8:30pm | 1 session
Pre-registered \$4/person or \$15/family (max 5);
At the Door \$5/person or \$20/family (max 5)
Otsego Elem Gym Door 1 | #6300-4F

Intro to Rock Climbing | age 14-adult

This is a beginning-level class designed to introduce the basics of indoor rock climbing to students, while exposing them to a new form of lifetime physical activity that offers a full-body workout. Students will also learn essential rock climbing skills such as knot-tying, belaying, bouldering, climbing commands, gear management and risk management. Cost includes facility fee, instruction and climbing gear (harness, shoes, belay, tool, chalk, etc.). Transportation NOT included; meet at Vertical Endeavors. Waiver required. Vertical Endeavors is located at 2540 Nicollet Avenue, Minneapolis.

Tuesdays Oct 8-22 | 7:00-9:00pm | 3 sessions | \$59
Vertical Endeavors Minneapolis | #5154-2F



Scan this QR code
for the waiver
required for the Rock
Climbing activity.



NEW! Wildlife Science Center | age 3+

Join us on our trip to the Wildlife Science Center where we will learn about wolves in the wild. We will end this fabulous trip with a bonfire and marshmallows. Don't forget your camera!

age 3-12 w/parent

Saturday Oct 19 | 1:30-6:50pm | 1 session | \$25/Pair
Zimmerman MS Parking Lot | #6303-2F

Saturday Oct 19 | 2:00-6:30pm | 1 session | \$25/Pair
Handke Center Parking Lot | #6303-5F

grades 6-12

Saturday Oct 19 | 1:30-6:50pm | 1 session | \$15
Zimmerman MS Parking Lot | #6303-1F

Saturday Oct 19 | 2:00-6:30pm | 1 session | \$15
Handke Center Parking Lot | #6303-4F

NEW! MN Landscape Arboretum | age 6+

Take a day and explore the beautiful gardens at the Minnesota Landscape Arboretum. Those who are interested in a guided tour may partake, or you can explore on your own (there will be time to explore after the tour also). Trip includes lunch.

age 6-12 w/parent

Saturday Sep 21 | 10:00am-4:00pm | 1 session | \$39/pair
Rogers Activity Center Parking Lot | #6301-5F

Saturday Sep 21 | 9:40am-4:20pm | 1 session | \$39/pair
Handke Center Parking Lot | #6301-2F

grades 6-12

Saturday Sep 21 | 10:00am-4:00pm | 1 session | \$25
Rogers Activity Center Parking Lot | #6301-4F

Saturday Sep 21 | 9:40am-4:20pm | 1 session | \$25
Handke Center Parking Lot | #6301-1F

YOUTH TRIPS



NEW! Middle School Trip Grand Slam | grades 6-8

Another boring Friday night? Hang out with your friends at Grand Slam. You'll get unlimited laser tag, mini-golf and crazy cars, 4 game tokens, 1 batting cage coin, a slice of pizza and a pop. Bring money for extra food or tokens. Check in at cafeteria. No re-entry to school upon return.

\$25 thru Sep 30/\$29 Oct 1

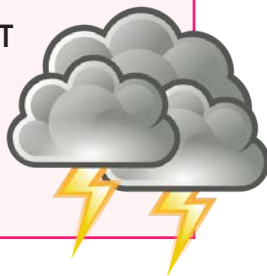
Friday Oct 25 | 2:30-9:00pm | 1 session
Zimmerman MS Cafeteria Door A | #6350-4F

Friday Oct 25 | 3:00-8:30pm | 1 session
Rogers MS Cafeteria Door A | #6350-1F

Friday Oct 25 | 3:00-8:45pm | 1 session
VandenBerge MS Cafeteria Door N | #6350-2F

Friday Oct 25 | 3:00-8:45pm | 1 session
Salk MS Cafeteria Door S | #6350-3F

Check our Twitter Feed @ **CE728ALERT**
or our weather hotline number
612-253-5109 for possible inclement
weather cancellations of activities
or late return time from outings.



NEW! Middle School Trip River City Extreme | grades 6-8

Another Friday night out with your friends! This time we are off to bowl and golf. Cost includes bowling, golf and tokens. Bring money for dinner. Check in at cafeteria; no re-entry to school upon return.

\$25 through Sep 30; \$29 Oct 1

Friday Nov 22 | 2:30-7:00pm | 1 session
Zimmerman MS Cafeteria Door A | #6351-4F

Friday Nov 22 | 3:00-6:30pm | 1 session
Rogers MS Cafeteria Door A | #6351-1F

Friday Nov 22 | 3:00-6:45pm | 1 session
VandenBerge MS Cafeteria Door N | #6351-2F

Friday Nov 22- | 3:00-6:45pm | 1 session
Salk MS Cafeteria Door S
Salk students will be returned to VandenBerge MS | #6351-3F

Sea Life MN - Overnight | ages 6+

Are you a Sand Tiger Shark lover, a Giant Green Turtle fancier, or a Clownfish groupie? Go on a nighttime hike through the aquarium, get a behind-the-scenes tour, have a pizza party, enjoy great activities and sleep under the sea in the tunnel at Sea Life MN. The next morning enjoy a donut and juice and get a souvenir t-shirt before heading out. Transportation NOT included; meet at Sea Life MN at 6:30pm Friday; concludes at 9:00am Saturday. Bring a sleeping bag and pillow, pajamas, toothbrush and toothpaste. No refunds after Oct 31.

ages 6-10 w/parent

Fri/Sat Nov 8-9 | 6:30pm-9:00am | 1 session | \$140
Sea Life MN Mall of America Bloomington | #6305-1F

grade 6-12

Fri/Sat Nov 8-9 | 6:30pm-9:00am | 1 session
\$75 or \$115 includes snorkling package
Sea Life MN Mall of America Bloomington | #6305-2F

YOUTH TRIPS | GR 6-12



Middle School Ski & Snowboard Club grades 6-9

Join your friends on the slopes of Powder Ridge. This club is great if you enjoy skiing or snowboarding, includes three days of skiing/snowboarding and allows for one makeup day. If you attend all three days, the makeup day becomes a bonus (four days for the price of three). Check in at cafeteria. Not meeting Jan 20 & 27, Feb 17.

Mondays Jan 13-Feb 24 | 2:30-9:45pm | 4 sessions
\$130 Ski Lift Only; \$175 Lift w/Ski Rental; \$195 Lift w/Board Rental;
\$9 Helmet Rental (all days)
Zimmerman MS Cafeteria Door A | #3250-4W

Mondays Jan 13-Feb 24 | 3:00-8:45pm | 4 sessions
\$130 Ski Lift Only; \$175 Lift w/Ski Rental; \$195 Lift w/Board Rental;
\$9 Helmet Rental (all days)
Rogers MS Cafeteria Door A | #3250-1W

Mondays Jan 13-Feb 24 | 3:00-9:15pm
\$130 Ski Lift Only; \$175 Lift w/Ski Rental; \$195 Lift w/Board Rental;
\$9 Helmet Rental (all days)
VandenBerge MS Cafeteria Door N | #3250-2W

Mondays Jan 13-Feb 24 | 3:00-9:15pm | 4 sessions
\$130 Ski Lift Only; \$175 Lift w/Ski Rental; \$195 Lift w/Board Rental;
\$9 Helmet Rental (all days)
Salk MS Cafeteria Door S | #3250-3W



Scan this QR code for the
waivers and forms needed
for all trips.

NEW! High School Ski Trip/Club | grades 9-12

FINALLY...for High School skiers and snowboarders! Spend your Fridays nights this winter at Wild Mountain where you are welcome to enjoy a winter playground with its mix of terrains for all levels, novice to expert. Choose the package that suits your needs. Bring money for dinner or food from home. No re-entry to school upon return.

Fridays Jan 31-Feb 28 | 2:30-10:15pm | 5 sessions
\$175 Lift Ticket Only; \$275 Lift Ticket & Rentals; \$289/Lift Ticket,
Rentals & Helmet
Rogers HS Bus Parking Lot | #3251-1W

Fridays Jan 31-Feb 28 | 2:45-10:00pm | 5 sessions
\$175 Lift Ticket Only; \$275 Lift Ticket & Rentals; \$289/Lift Ticket,
Rentals & Helmet
Elk River HS Bus Parking Lot | #3251-2W

Fridays Jan 31-Feb 28 | 3:00-9:30pm | 5 sessions
\$175 Lift Ticket Only; \$275 Lift Ticket & Rentals; \$289/Lift Ticket,
Rentals & Helmet
Zimmerman HS Bus Parking Lot | #3251-3W



YOUTH HIGH SCHOOL

TRY THIS...

Driver Education | age 15+

Do you want to gain your driver's permit and learn to drive? You'll be on your way when you take driver's training from ISD 728 Community Education. Complete the 30 hours of classroom instruction required to operate a vehicle in Minnesota in our interactive, engaging classroom. Once you have your permit, schedule Behind the Wheel training with one of our experienced, state-certified instructors. Flexible registration and pricing allows you to pick the package that is right for you. Parents, watch for important information sent home with students at the first class. Remember, students must be 15 years old by the last day of class.

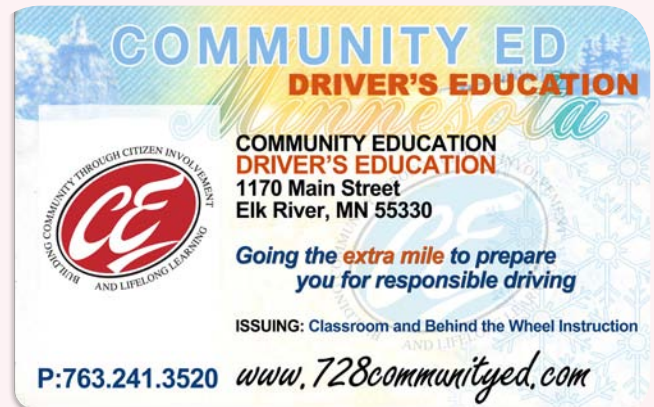
Tue/Thu Sep 17-Oct 22 | 6:00-9:00pm | 10 sessions
Elk River HS Rm 105 Door A | Not meeting Oct 17 | #3895-1F

Mon-Thu Sep 30-Oct 15 | 3:00-6:00pm | 10 sessions
Rogers HS Rm B103 Door I | #3895-2F

Mon-Thu Oct 28-Nov 12 | 3:00-6:00pm | 10 sessions
Elk River HS Rm 105 Door A | #3895-3F

Tue/Thu Nov 5-Dec 10 | 6:00-9:00pm | 10 sessions
Rogers HS Rm B103 Door I | Not meeting Nov 28 | #3895-4F

Mon-Thu Dec 2-Dec 17 | 3:00-6:00pm | 10 sessions
Zimmerman HS Rm 222 Door A | #3895-5F



Complete Training Package | \$339 Total
\$139 at registration/\$200 due by last class

Classroom instruction only is available for \$75. Behind the Wheel Training for \$280 as a separate option for students who have previously completed the classroom training. Please contact our office to register for these options at 763-241-3520.

Behind the Wheel | age 15+

Behind the Wheel Training is available as a separate option of \$280 for students who have previously completed classroom training. Please contact our office at 763-241-3520 to register and receive a list of instructors.



Crescendo Music Program | teen/adult

The Crescendo Music Program features a wide variety of individual and group music opportunities in Elk River, Rogers and Zimmerman, both daytime and evening. Private individual music lessons for voice, piano, guitar, drums, strings, woodwinds and brass. Inquire by calling Community Education at 763-241-3520. Immediate openings available for summer.

Zap the ACT

ACT test scores are widely used in college admissions and scholarship decisions. This popular workshop is for students of any ability level and will cover a variety of general test-taking skills and strategies. From past experience, students who take this workshop score higher on the ACT. Receive practice tests and a manual to take home.

Wed/Thu Oct 9 & 10 | 6:30-9:00pm | 2 sessions | \$89
Elk River HS Rm 168 Door A | Zaps Learning Company | #3590-1F

Options for High Schoolers

Did you know that you can also register for any adult class if space is available.

American Red Cross Swimming Lesson Curriculum

ISD 728 Community Education is proud to offer the American Red Cross Swimming and Water Safety program, which combines the best in swim instruction with an even stronger emphasis on drowning prevention and water safety - ideal for anyone who wants to enjoy the water safely, regardless of age, level or skill.

Please see the information below to determine which level your child should be placed in. Signing up for a level above or below ability will only cause frustration for the student and class. Students that are in the incorrect level will not be allowed to participate unless space is available in an appropriate class. **Note: classes fill quickly!**

Parent/Child Level 1 | age 6 months-3 years

This is a great class for your child to become comfortable with the water with your assistance. Your child will learn to enter and exit the water safely, float, change positions and play safely in the water. As a parent, you will learn how to hold and support your child in the water, select and fit a life jacket and water safety for the whole family.

Parent/Child Level 2 | age 6 months-3 years

In this class you and your child will continue to practice skills that were introduced in the Parent/Child Level 1 class and explore more arm and leg actions that will lead to swimming skills.

Preschool A | age 4-5

This class helps participants feel comfortable in the water. Skills will include how to enter/exit water, blow bubbles, submerge face, open eyes under water and retrieve submerged objects, front and back glides, back float, roll over, tread water, leg and arm actions on front and back and water safety topics.

Preschool B | age 4-5

This class is for children who have passed Preschool Level A. Children will work on fundamental skills covered in Preschool A as well as front float, combining arm and leg actions on front and back, finning and additional water safety topics.

Preschool C | age 4-5

Children will continue to build on skills learned in Preschool Level B with additional practice in deeper water. They will learn to enter water by jumping in, fully submerge and hold breath, bob, perform the jellyfish and tuck floats, back float and glide, change direction while swimming, tread water and water safety topics.

Level 1: Intro to Water Skills | age 6+

This class helps students feel comfortable in the water and enjoy the water safely. Students learn elementary aquatic skills and develop good attitudes and safe practices around the water.

Level 2: Fundamental Aquatic Skills | age 6+

This level marks the beginning of true locomotion skills. Students explore simultaneous and alternating arm and leg motions on the front and back to lay the foundation for future strokes. Adds to skills begun in Level 1; student must have passed Level 1.

Level 3: Stroke Development | age 6+

Build on the skills of Level 2 with guided practice. Students will learn to coordinate the front and back crawl, elements of the butterfly, treading water and rules for head-first entries. Student must have passed Level 2.

Level 3.5: Stroke Development | age 6+

This level was created for students who have already participated in Level 3 and are close to passing yet need extra help with a certain skill. Once the whole group passes all the Level 3 skills they will begin to work on Level 4. Students who register for this class must have completed at least one session of Level 3.

Level 4: Stroke Improvement | age 6+

Students will improve their skills and increase their endurance by swimming familiar strokes (front and back crawl) for greater distances. They will continue to build the butterfly stroke and be introduced to the breaststroke, elementary backstroke, elements of the sidestroke and basic turns. Student must have passed Level 3 or Level 3.5.

Level 5: Stroke Refinement | age 6+

Students continue to refine all the strokes: front crawl, back crawl, butterfly, breaststroke and sidestroke. Students will increase their distance and be introduced to flip turns. Students must have passed Level 4 or 4.5.

Level 6: Swim & Personal Water Safety | age 6+

Refine strokes and learn to swim with ease, efficiency, power and smoothness over greater distances. This course includes skills, personal water safety and practices the prerequisites for the Lifeguard and Water Safety Instructor certification. Must have passed Level 5.



AQUATICS

Fall I Swim Lessons Sundays Sep 8-Oct 27

8 sessions | VandenBerge MS Pool Door M

Parent/Child 1

5:00-5:25pm | \$39 | #1014-1F

Parent/Child 2

5:30-5:55pm | \$39 | #1015-1F

Preschool A

4:00-4:25pm | \$39 | #1011-1F

Preschool B

5:00-5:25pm | \$39 | #1012-1F

Preschool C

5:30-6:00pm | \$39 | #1013-1F

Level 1

4:30-4:55pm | \$39 | #1110-1F

Level 2

4:00-4:50pm | \$55 | #1120-1F

5:00-5:50pm | \$55 | #1120-2F

Level 3

4:00-4:50pm | \$55 | #1130-1F

5:00-5:50pm | \$55 | #1130-2F

Level 3.5

5:00-5:50pm | \$55 | #1130-6F

Level 4

5:00-5:50pm | \$55 | #1140-1F

Level 5

6:00-6:50pm | \$55 | #1150-1F

Level 6

6:00-6:50pm | \$55 | #1160-1F



Fall II Swim Lessons Tuesdays Oct 29-Dec 10

7 sessions | VandenBerge MS Pool Door M

Parent/Child 1

6:30-7:00pm | \$39 | #1014-3F

Preschool A

6:30-7:00pm | \$39 | #1011-3F

Preschool B

6:30-7:00pm | \$39 | #1012-3F

Level 1

6:30-7:00pm | \$39 | #1110-3F

Level 2

7:05-8:00pm | \$55 | #1120-5F

Level 3

7:05-8:00pm | \$55 | #1130-5F

Level 4

7:05-8:00pm | \$55 | #1140-3F

Level 5

7:05-8:00pm | \$55 | #1150-3F

Level 6

6:30-7:25pm | \$55 | #1160-2F

Fall III Swim Lessons Sundays Nov 3-Dec 22

8 sessions | VandenBerge MS Pool Door M

Parent/Child 1

5:00-5:25pm | \$39 | #1014-2F

Parent/Child 2

5:30-5:55pm | \$39 | #1015-2F

Preschool A

4:00-4:25pm | \$39 | #1011-2F

Preschool B

5:00-5:25pm | \$39 | #1012-2F

Preschool C

5:30-6:00pm | \$39 | #1013-2F

Level 1

4:30-4:55pm | \$39 | #1110-2F

Level 2

4:00-4:50pm | \$55 | #1120-3F

5:00-5:50pm | \$55 | #1120-4F

Level 3

4:00-4:50pm | \$55 | #1130-3F

5:00-5:50pm | \$55 | #1130-4F

Level 3.5

5:00-5:50pm | \$55 | #1130-7F

Level 4

5:00-5:50pm | \$55 | #1140-2F

Level 5

6:00-6:50pm | \$55 | #1150-2F

Level 6

6:00-6:50pm | \$55 | #1160-3F





Lap Swim | age 14+

Enjoy this ultimate, low-impact workout where you set the pace. Why pay for a club membership when all you need is the pool? Lifeguard supervised. Not open Nov 28, Dec 24, 25, 26, 29, 31, Jan 1, 2, Apr 20

Sundays Sep 8-May 18 | 6:30-8:00pm
Tue & Thu Sep 10-May 22 | 5:45-7:00am
Wednesdays Sep 11-May 21 | 7:30-8:45pm
VandenBerge MS Pool Door M | \$5/day; \$45 for 10-session pass

Open Swim | all ages

Grab your family and friends and head to the pool for some water fun. Play games or practice swim skills; whatever you do it'll be a great time. Lifeguard supervised. Pay at the door. Not open Apr 20.

Sundays Sep 8-May 18 | 1:00-3:00pm
\$3 student; \$4 adult;
\$10 immediate family (max 6; adult must swim);
Children under 3 swim free
VandenBerge MS Pool Door M

Aqua Fitness

Use the resistance of the water with low impact aerobic moves for overall fitness. You do not need to know how to swim to take this introductory class. Deep water exercise is involved in this class. Spectators or children not allowed during these sessions. Bring a water bottle, towel and suit (aqua shoes are optional).

Sundays Sep 15-Nov 3 | 8:00-9:00pm | 8 sessions
\$65 Individual/\$125 pair
VandenBerge MS Pool Door M | Holien | #5120-1F

Semi-Private Swim Lessons | all ages

These lessons are for students who need more individual attention in order to learn to swim and/or improve their skills to pass to the next level of swim lessons. Focus will be on the individual's goals.

Sundays Sep 8-Oct 27 | 3:15-3:45pm | 6 sessions | \$79
VandenBerge MS Pool Door M | #1301-1F

Tuesdays Oct 29-Dec 10 | 6:30-7:00pm | 7 sessions | \$79
VandenBerge MS Pool Door M | #1301-3F

Sundays Nov 3-Dec 8 | 3:15-3:45pm | 6 sessions | \$79
VandenBerge MS Pool Door M | #1301-2F

Private Swim Lessons | all ages

These lessons are for students who need more individual attention in order to learn to swim and/or improve their skills to pass to the next level of swim lessons. Focus will be on the individual's goals.

Sundays Sep 8-Oct 27 | 3:15-3:45pm | 6 sessions | \$79
VandenBerge MS Pool Door M | #1302-1F

Sundays Nov 3-Dec 8 | 3:15-3:45pm | 6 sessions | \$79
VandenBerge MS Pool Door M | #1302-2F

Lessons & Pool Activities are held at: VandenBerge MS | 948 Proctor Rd | Elk River

- Only swim wear may be worn in the pool.
- Spectator seating is open during lessons and open swim times.
- Showers are required of all participants before entering the pool.
- Use of water wings, floating toys, rafts, inner tubes, life jackets, etc. is not allowed.
- Shoes MAY NOT be worn on pool deck by participants or spectators. No food or beverages are allowed.

ROGERS RECREATION

ROGERS



Basketball | grades K-5

Basketball is a great sport for boys and girls. Benefits include increased confidence, coordination and social skills. Each day will include individual and team drills, mini games and scrimmages. Wear comfortable clothes and gym shoes.

grades K-1

Tuesdays Oct 1-29 | 5:40-6:40pm | 5 sessions | \$29
Rogers Elem Gym Door 1 | #3223-1F

Wednesdays Nov 6-Dec 11 | 5:30-6:25pm | 5 sessions | \$29
Hassan Elem Gym Door 1 | Not meeting Nov 27 | #3223-3F

grades K-2

Mon-Thu Nov 4-7 | 4:00-5:00pm | 4 sessions | \$10
Rogers Elem Gym Door 3 | #2670-2F
Check in with EdVenture Club after school; snack included.

Mon-Thu Dec 9-12 | 4:00-5:00pm | 4 sessions | \$10
Hassan Elem Gym Door 1 | #2670-9F
Check in with EdVenture Club after school; snack included.

grades 2-4

Tuesdays Oct 1-29 | 6:45-7:45pm | 5 sessions | \$29
Rogers Elem Gym Door 1 | #3223-2F

Wednesdays Nov 6-Dec 11 | 6:30-7:25pm | 5 sessions | \$29
Hassan Elem Gym Door 1 | Not meeting Nov 27 | #3223-4F

grades 3-5

Mon-Thu Nov 11-14 | 4:00-5:00pm | 4 sessions | \$10
Rogers Elem Gym Door 3 | #2670-4F
Check in with EdVenture Club after school; snack included.

Mon-Thu Dec 16-19 | 4:00-5:00pm | 4 sessions | \$10
Hassan Elem Gym Door 1 | #2670-10F
Check in with EdVenture Club after school; snack included.

Soccer | grades K-5

Fall soccer for kids who love the game. Practice drills and mini-games to work on the skills necessary to become a great soccer player. There will be scrimmages at the end of most days to see how your skills are improving. Check in with EdVenture Club after school; snack included.

grades K-2

Mon-Thu Oct 28-31 | 4:00-5:00pm | 4 sessions | \$10
Hassan Elem Gym Door 1 | #2674-7F

grades 3-5

Tue-Fri Oct 22-25 | 4:00-5:00pm | 4 sessions | \$10
Hassan Elem Gym Door 1 | #2674-5F

Tennis | age 6-10

This is an introduction to basic strokes such as forehand, backhand and serves. Court strategy will also be covered. In addition to hitting balls, each session will end with a group game emphasizing fun while developing skills. Please bring your own racket.

age 6-8

Saturdays Sep 14-Oct 12 | 10:35-11:20am | 5 sessions | \$35
Rogers MS Tennis Courts | #4030-1F

age 8-10

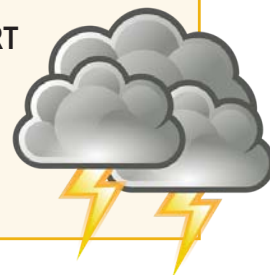
Saturdays Sep 14-Oct 12 | 11:25am-12:10pm | 5 sessions | \$35
Rogers MS Tennis Courts | #4030-2F

Tennis 2 | age 10-12

For students who have had tennis lessons and have basic knowledge and skills of the game. Focus is on improving stroke technique, footwork and serve. Students should be able to exercise forehand and backhand strokes and keep score. If skills are not at the same level as others, you may be asked to participate in another section at the coach's request.

Saturdays Sep 14-Oct 12 | 9:45-10:30am | 5 sessions | \$35
Rogers MS Tennis Courts | #4031-1F

Check our Twitter Feed @CE728ALERT
or our weather hotline number
612-253-5109 for possible inclement
weather cancellations of activities
or late return time from outings.



ROGERS RECREATION ROGERS

Mini Sportsters | age 2-3 with parent

Designed to energize and encourage your child to participate in sports and games. Basic skills and good sportsmanship are emphasized. Wear comfortable clothes and gym shoes. Activities include creative movement, parachute/gym games, soccer, net games, gymnastics/tumbling.

Mondays Sep 30-Nov 4 | 5:15-5:45pm | 6 sessions | \$19
Hassan Elem Gym Door 1 | #4250-1F

Thursdays Oct 10-Nov 14 | 5:15-5:45pm | 6 sessions | \$19
Rogers Elem Gym Door 1 | #4250-2F

Little Sportsters | age 3-7

Designed to energize and encourage your child to participate in sports and games. Basic skills and good sportsmanship are emphasized. Wear comfortable clothes and gym shoes. Activities include creative movement, parachute/gym games, soccer, net games, gymnastics/tumbling.

age 3-5 w/parent

Mondays Sep 30-Nov 4 | 6:00-6:45pm | 6 sessions | \$35
Hassan Elem Gym Door 1 | #4251-1F

age 3-5 w/parent

Thursdays Oct 10-Nov 14 | 6:00-6:45pm | 6 sessions | \$35
Rogers Elem Gym Door 1 | #4251-3F

age 5-7

Mondays Sep 30-Nov 4 | 6:55-7:40pm | 6 sessions | \$35
Hassan Elem Gym Door 1 | #4251-2F

Thursdays Oct 10-Nov 14 | 6:55-7:40pm | 6 sessions | \$35
Rogers Elem Gym Door 1 | #4251-4F



Tumbling & Movement | age 18 months-5 years w/parent

This fun and instructional program allows you and your toddler to interact in an active environment. With the assistance of the instructor(s) and you, your toddler will learn listening skills, coordination and cooperation with peers. Basic positions may be introduced. Not meeting Nov 26.

age 18 months-3 years w/parent

Tuesdays Nov 5-Dec 10 | 5:30-6:00pm | 5 sessions | \$25
Rogers Elem Gym Door 1 | #4200-1F

age 3-5 w/parent

Tuesdays Nov 5-Dec 10 | 6:05-6:35pm | 5 sessions | \$25
Rogers Elem Gym Door 1 | #4200-2F

Gymnastics & Movement | age 6-9

Your child will love this program whether they want to learn basic gymnastics skills or are ready to enhance some of the skills they already have. Students will work on basic tumbling and flexibility in a safe manner. Added benefits are improved listening skills, coordination and cooperation with peers.

Tuesdays Nov 5-Dec 10 | 6:45-7:30pm | 5 sessions | \$29
Rogers Elem Gym Door 1 | Not meeting Nov 26 | #4200-3F



**Community Education
is accepting applications for
Gymnastics Instructors & Assistants
Please see ad on page 72.**

ROGERS RECREATION

ROGERS



Flag Football | age 4-grade 3

An introduction of basic skills for young athletes including, catching, passing and blocking. Offensive and defensive strategies will be taught through interactive games and drills.

age 4-6 w/parent

Saturdays Sep 28-Oct 26 | 10:00-10:50am | 5 sessions | \$35
Hassan Elem Field | #4075-1F

grades 1-3

Saturdays Sep 28-Oct 26 | 11:00-11:50am | 5 sessions | \$35
Hassan Elem Field | #4075-2F

*Drop-N-Play | age 5-10

This program is so popular that we will continue into Fall. Parents enjoy an evening out for relaxation while your child is having fun in our themed events with games, crafts and other supervised activities, including a snack. To reserve your spot, call 763-428-0975 or mail in registration form found at www.parkandrec.cityofrogers.org.

Per session | \$20 first child/\$10 additional child(ren)
Rogers Activity Center Multi-purpose Rm | 21080 141st Ave Rogers

Friday Sep 13 | 6:00-9:00pm | Super Hero
Friday Oct 18 | 6:00-9:00pm | Leaf Marauders
Friday Nov 15 | 6:00-9:00pm | It's Turkey Time
Sunday Dec 15 | 2:30-6:00pm | Slip, Slide, Skate

**These activities are brought to you by Rogers Parks and Recreation. For more information:
www.parkandrec.cityofrogers.org | 763-428-0975*

NEW! Afterschool Kickball | grades K-5

Hang out after school and play kickball with your friends. Everyone loves kickball! Check in with EdVenture Club after school; snack included.

grades K-2

Mon-Thu Sep 16-19 | 4:00-5:00pm | 4 sessions | \$10
Rogers Elem Gym Door 3 | #2672-1F

grades 3-5

Mon-Thu Sep 23-26 | 4:00-5:00pm | 4 sessions | \$10
Rogers Elem Gym Door 3 | #2672-2F

NEW! Youth Kickball | grades K-5

Get into the gym and learn the rules and skills for playing kickball. This is a great game that everyone can play. Games will be played each day.

grades K-2

Mondays Nov 11-Dec 16 | 5:30-6:20pm | 5 sessions | \$29
Hassan Elem Gym Door 1 | Not meeting on Nov 25 | #4015-2F

grades 3-5

Mondays Nov 11-Dec 16 | 6:30-7:20pm | 5 sessions | \$29
Hassan Elem Gym Door 1 | Not meeting on Nov 25 | #4015-3F

NEW! Kickball | age 14+

This relaxed league is perfect for anyone who enjoys a good game of kickball. Join with friends or on your own; either way, you'll get to play. Schedule depends on the number of participants registered. Officiated by team playing.

Fridays Oct 18-Dec 13 | 6:30-8:30pm | 8 sessions | \$35
Rogers MS Gym Door A | Not meeting on Nov 29 | #4015-1F



ROGERS RECREATION ROGERS



NEW! Pickle Ball | age 18+

Pickle Ball is a cross between ping pong and tennis. It's a fast-growing sport for adults and seniors. If you don't know how to play, we'll teach you; you'll be sure to love it. This is a drop-in activity; pay as you go. Court availability is first come-first served with new player rotation upon completion of the game. 10-day passes good for Fridays and Sundays.

Fridays Sep 13-Dec 20 | 6:30-8:30pm | 14 sessions
\$5/day or \$35/10-day pass
Rogers MS Gym Door A | Not meeting Nov 29

Sundays Sep 29-May 4 | 6:00-8:00pm | 29 sessions
\$5/day or \$35/10-day pass
Rogers MS Gym Door A | Not meeting Dec 1, Mar 23, Apr 20

Open Gym | all ages

Supervised recreational gym time sponsored by the City of Rogers Recreation. Please note that the schedule may change; always check in at the school before dropping off a child. All participants must wear gym shoes. No organized practices allowed.

Families (all ages)/Individuals age 11+

Sundays Sep 29-May 4 | 6:00-8:00pm | 29 sessions | \$3/individual, \$20/individual pass; \$8/family, \$40/family pass
Rogers MS Gym Door A | Not meeting Dec 1, Mar 23, Apr 20

grade 9-adult

Wednesdays Oct 2-May 7 | 7:00-9:30pm | 29 sessions | \$3/individual, \$20/individual pass; \$8/family, \$40/family pass
Rogers HS Gym Door I | Not meeting Nov 27, Dec 25, Jan 1

Men's Basketball League | age 18+

Community Education, in cooperation with Rogers Recreation, is offering an Adult Winter Basketball League. This 10-week league is great for those who love the game and have a group ready to play. Each team will have 9-10 games per season (depending upon number of teams registered). Referees will officiate games in accordance with the Minnesota Sports Federation rules.

Wednesdays Jan 15-Mar 19 | 7:00-9:15pm | 10 sessions
\$525/team
Rogers HS Gym Door I | #4140-1W

***Rogers Farmers' Market**

The farmers' market runs through Oct 9. Don't miss the great fall vegetables including squash, pumpkins and gourds.

Wednesdays through Oct 9 | 3:30-7:00pm
Rogers Activity Center Ice Arena parking lot



Geocaching: Modern Day Treasure Hunting Families (all ages)/Individuals age 11+

Learn the basics of geocaching with your family, then proceed to find some local treasures. GPS available on a first-come, first-served basis; please note on registration if you will need one.

Saturday Sep 28 | 3:00-5:00pm | 1 session | \$10
North Community Park Picnic Pavilion Rogers | #4916-1F

ROGERS RECREATION

LEARN TO SKATE



Learn to Skate | age 3-adult

The Basic Skill Program is designed by U.S. Figure Skating Association (USFSA) and serves the needs of hockey, recreational and figure skaters. Designed for all ages, this program provides a simple progressive method of group ice skating instruction. Classes are taught by sanctioned instructors over the course of six weeks. Group lessons consist of a 30-minute lesson (on and off ice) and free open skate passes for practice. All skaters will be assessed the first week of classes to ensure proper levels. It is common for children to repeat a level before advancing to the next level. Attendance is important to learn new skills that build on the previous class. Please arrive 20 minutes early the first day of class to pick up badges.

- Classes are held at the Rogers Activity Center.
- Rental skates available for \$2/pair weekly.
- Helmets are available for \$1 weekly; helmets are required for ages 3-6 and all hockey classes.
- Double-blade skates are not allowed.
- Parents are not allowed on ice during lesson times except for Parent/Tot classes.

Registrations are taken online through the ISD728 Community Education website at www.728communityed.com, or via phone at 763-241-3520. Registration deadline for all classes is the Wednesday prior to the start of class. No pro-rating of fee for classes missed. No refunds once session starts except for extenuating circumstances.

"This was a great opportunity for my child to try something new close to home!" - Learn to Skate Parent

Parent/Tot | age 3-5

Parent is on-ice with their child and must wear skates. Class designed to teach parents how to instruct and encourage their child to skate following the same guidelines as Snowplow Sam classes.

Snowplow Sam Program | age 3-5

A three-level badge program designed for pre-school skaters to develop coordination and strength to move on skates.

Basic Skating | age 6+

We currently offer three of the eight levels of this program including introducing fundamental moves, forward and backward skating, stops, edges, crossovers, turns and more. Basic 1 and 2 are true beginning levels of skating and geared for everyone. Basic 3 and above are geared for figure skating techniques. For levels over 3, please contact Cherie at 763-428-0975.

NEW! Hockey Learn to Skate | age 4+

Skating ability is the most important skill in the development of a hockey player. This program consists of four badge levels where skaters learn to balance, stop, maneuver faster and build agility on the ice with and without sticks. This program is coordinated with the guidelines of USFSA and USA Hockey learn-to-skate techniques and focuses on skating techniques and skills. Sticks will be introduced no later than the third week, pending abilities. Helmets, shin guards, hockey gloves and stick are required; other padding highly recommended. Skaters will be evaluated first day and placed in proper Prep class. This program allows for flexibility to deviate from skill-sets to focus on skills needed by ability of skaters. Class is approximately one hour (some free time) with multiple stations based on number of skaters and abilities.

Hockey Prep Basics Jr | age 4-5

Designed for first-time skaters who want to play hockey, but have little or no skating ability. Utilization of Snowplow Sam 1-3 classes is initiated. Skaters younger than 6 can participate in other prep levels providing they have the ability to keep up with the class.

Hockey Prep Basics | age 6+

This program has primary hockey prep levels based on USFSA Basic Skills Skating and USA Hockey.

- Beginner level covers the basic beginning format of skating including stance, quick get-up from falls, forward skating, dips, snowplow stop, scooter/T-pushes and proper way to hold stick.
- Advanced beginner focuses on glide turns, proper way to hold stick, backward skating, stopping and some stick-puck handling.
- Advanced skaters are ready for crossovers and other more challenging skills such as quick stop and starts, crossovers, c-cuts, one-foot pushes and glides on circles, mohawks, hockey stop and stick-puck handling drills. This is a great class for those who have played before, but need to work on skating skills.

ROGERS RECREATION SKATING

Learn to Skate

Saturdays Sep 7-Oct 12 | 6 sessions

Class ID	Class Name	Time	Fee
#4979-1F	Parent/Tot	9:45-10:15am	\$69
#4980-1F	Snowplow Sam 1	9:45-10:15am	\$69
#4981-1F	Snowplow Sam 2	9:45-10:15am	\$69
#4982-1F	Snowplow Sam 3	9:45-10:15am	\$69
#4983-1F	Basic 1	9:45-10:15am	\$69
#4984-1F	Basic 2/3	9:45-10:15am	\$69
#4994-1F	Hockey Prep Basics Jr	8:45-9:45am	\$89
#4995-1F	Hockey Prep Basics	8:45-9:45am	\$89

Saturdays Oct 19-Nov 23 | 6 sessions

Class ID	Class Name	Time	Fee
#4979-2F	Parent/Tot	8:45-9:15am	\$69
#4980-2F	Snowplow Sam 1	8:45-9:15am	\$69
#4981-2F	Snowplow Sam 2	8:45-9:15am	\$69
#4982-2F	Snowplow Sam 3	8:45-9:15am	\$69
#4983-2F	Basic 1	8:45-9:15am	\$69
#4984-2F	Basic 2/3	8:45-9:15am	\$69
#4994-2F	Hockey Prep Basics Jr	9:15-10:15am	\$89
#4995-2F	Hockey Prep Basics	9:15-10:15am	\$89

*Try Hockey for a Day | age 4-9

Experience ice hockey and learn the basics of the sport in a free hockey session with quality coaching instruction. This is an opportunity for kids to get a sample of the game and learn some basic skills such as skating, puck handling and shooting. Above all, kids will have fun in a positive and safe environment. All necessary hockey equipment will be available for newcomers, with on-ice support to teach kids how to get dressed, stand on skates, hold a stick and skate around. The highlight of the clinic will be a short scrimmage for participants to experience their first hockey game. For more information or to pre-register, please visit www.rac.cityofrogers.org or www.rogershockey.com.

Saturday Nov 2 | 10:30am | Free
Rogers Activity Center Ice Arena



*Special Event Open Skates

Sunday Sep 8 | 4:00-5:30pm | Back to School
Free admission if you wear Rogers apparel

Wednesday Oct 30 | 6:00-7:15pm | Haunted Skate
Free admission if you come in costume

Wednesday Nov 20 | 6:00-7:15pm | Gobbler Skate
Free admission if you bring a non-perishable food item for local Food Shelf

Wednesday Dec 18 | 6:00-7:15pm | Holiday Skate
Free hot chocolate with paid admission

*Open Skate | all ages

Sundays Sep 8-Mar 9 | 4:00-5:30pm
Wednesdays Sep 4-Mar 12 | 11:30am-1:00pm & 6:00-7:15pm
\$4/skater, age 5 & under Free

*Outdoor Open Skate

Neighborhood skating rinks will be open to the public mid-December (weather permitting). When the temperature drops to -20 degrees with wind chill, the warming houses will be closed. For more information, call Rogers Activity Center at 763-428-1033.

*Adult & Pond Open Hockey

See www.RAC.cityofrogers.org for schedules (updated weekly).
\$7/skater, goalies free for Adult Hockey / 2 goalies free for Pond Hockey

A promotional poster for 'Hockey Day Minnesota' in Elk River for 2014. The background is dark blue with a white, icy, mountain-like silhouette at the top. The text is arranged in a central, stylized layout. 'WELLS FARGO' is in yellow. 'HOCKEY DAY MINNESOTA' is in large, white, block letters with a blue gradient. 'ELK RIVER X 2014' is in white. The 'FOX SPORTS NORTH' logo is in the center. 'JANUARY 18, 2014' is in large yellow letters. 'HANDKE PIT' is in large white letters. At the bottom, contact information is provided in white and yellow.

WELLS FARGO

**HOCKEY DAY
MINNESOTA**

ELK RIVER X 2014

FOX SPORTS NORTH

JANUARY 18, 2014

HANDKE PIT

**FOR MORE INFORMATION
CONTACT: 763-241-3425**

WWW.ELKRIVERHOCKEY.ORG
WWW.ELKRIVER.K12.MN.US/HOCKEYDAYMN2014

ADVERTISEMENTS

Join a Cub Scout Pack, Boy Scout Pack or Venturing Crew today!



Cub Scouts

For boys in 1st-5th grades
(7 to 10 years old)



Boy Scouts

For boys 11-17 years old
or that have completed 5th grade



Venturing

Coed for those 14-20 years old
or 13 and completed 8th grade

ELK RIVER AREA:

Troop 90

Scoutmaster: Randy Arko
763.441.8581

Troop 99

Scoutmaster: Wendy Walters
763.438.3050

Troop 111

Scoutmaster: Gene Carlson
763.441.1002

Pack 90 (Otsego Elem)

Cubmaster: Brad LeBlanc
612.803.8271

Pack 95 (Twin Lakes Elem & St. John's Lutheran School)

Cubmaster: Tony Davis
612.424.1354

Pack 97 (Meadowvale Elem)

Cubmaster: Dave Trehey
320.251.3930

Pack 98 (Lincoln Elem)

Cubmaster: Dennis Alexander
763.274.1593

Pack 99 (St. Andrews)

Cubmaster: Kathy Reed
763.441.8586

Pack 111 (Parker Elem)

Pack Chair: Jennifer Carlson
763.441.1002

Venturing Crew 111

Advisor: Dave Andreasen
612.965.7028

ZIMMERMAN AREA:

Troop 91

Scoutmaster: Dean Kossila
763.856.2236

Pack 91

Cubmaster: Eric Aune
763.238.2385

Venturing Crew 961

Advisor: Steve Hill
763.389.2012

Boy Scouts of America | Central Minnesota Council
www.bsacmc.org

District Executive: Chris Nehring
(Ph) 320.398.2936 | (Email) chris@bsacmc.org

2013 Event Schedule

Sherburne National Wildlife Refuge

SEPTEMBER

Saturday, September 7 - 8:00am to 11:00am

Bird Tour - Meet your guide at Refuge HQ to begin the car caravan tour.

Saturday, September 14 - 10:00am to 12:00pm

Wildflower Tour - Meet your guide at Refuge HQ to begin the car caravan tour.

OCTOBER

Saturday, October 5 - 10:00am to 3:00pm

Wildlife Festival - Our annual fall celebration of wildlife, featuring author, and wildlife photographer, Sparky Stensaas! Live birds, horsedrawn wagon rides, bonfire, nature crafts, bird education, wildlife discovery, Eagle's Nest Nature Store, silent auction and food. Activities are free. Events south of the Old School House on Co. Rd. 9.

Saturday, October 19 - 6:30am to 8:30am

Sunday, October 20 - 6:30am to 8:30am

Sandhill Crane Tour - Meet your guide at Refuge HQ, then car caravan to a viewing area. Same tour both days. Maps and information on viewing areas will be provided.



DECEMBER

Saturday, December 14 - 7:00am to 5:00pm

Christmas Bird Count - Join Friends of Sherburne Refuge to count birds on the refuge and in the local area during this annual event.

Sherburne National Wildlife Refuge & Friends of Sherburne
17076 293rd Ave, Zimmerman, MN 55398

<http://www.fws.gov/refuge/sherburne/>
sherburne@fws.gov | 763-389-3323

Refuge HQ is located on CR 9, five miles west of Hwy. 169
~ Directions from area communities are on our website



Refuge HQ & Eagle's Nest Nature Store Hours:
Monday - Friday 8am to 4pm ~ Closed federal holidays

Community Education reserves the right
to refuse requests for advertisements.

ADVERTISEMENTS

STAFFING NEEDED

Adults 18 yrs old +

FOR AFTER SCHOOL & EVENING ACTIVITIES

\$10+ /Hour DOQ

After school and evening activities staff needed for many ISD 728 preschool, elementary and middle school programs.

Most activities are sports and recreation related. Potential staff will need to work well with children and students, be active and understand the skills required for the sport. There are also a few enrichment and trip chaperone openings.

This is really a great opportunity for adults (18+) who enjoy being active and working with kids.

Fill out an application online at
www.728communityed.com

RECREATION STAFF NEEDED

Zimmerman Middle School Coaches

Girls Soccer, Boys Soccer, Girls Basketball, Boys Basketball, Wrestling and Volleyball. 7th and 8th grades will be competing in the Granite Ridge Conference. 6th grade skills program - no competition. Coaches (age 18+) **Rate of pay:** \$12-\$16/hour.

SOCCER - VOLLEYBALL - GYMNASTICS - BASKETBALL - WRESTLING

Gymnastics Instructors & Assistants for Rogers Recreation gymnastics program

Candidates should have knowledge and experience working with preschool and elementary students. Duties will include planning each class for introduction to basic skills and safety of gymnastics in a fun and safe environment.

Rate of pay:

Instructors (age 18+) \$12-\$14/hour DOQ
Assistants (age 15-17) \$8-10/hour DOQ

Fill out an application online at
www.728communityed.com



WWW.728COMMUNITYED.COM

**COMING to a
NEIGHBORHOOD
NEAR YOU...
FITNESS CLASSES**

**DISTRICT 728
Community
Education**

Handke Center
Twin Lakes Elementary
Westwood Elementary
Rogers Middle School
.....

Yoga Basics • Beginning Yoga • Yoga Fitness • Group Strength • Yogilates • CONQUER
Zumba • Group Step® • Basketball • Belly Dancing • Fit Club • P90X • Kickboxing

ADVERTISEMENTS

The ECFE Parent Advisory Council presents



The 2013 Family Fun Walk/Run

October 12, 2013

The Handke Center, Elk River



Drawings!
bounce houses!

Pre-registration begins at 9am

Walk/Run begins at 10am

Events to follow Walk/Run is from 10:30am-12:30pm

Prizes!



Proceeds to benefit ECFE programs

activities!



Get your family moving and join us for a great family fun event at The Handke Center. Join our 2K Walk or 5K Walk/ Run promoting family togetherness, staying active and being healthy! Kids' bikes and trikes are welcome.

Directly following the event, enjoy a snack, activities and games. Inflatable bounce houses, outdoor activities, face painting, the Nature Explore Center and a Scholastic Book Fair will all be featured.

Who can attend? Anyone! Community members of Elk River, Rogers, Otsego, Zimmerman and other nearby communities with a focus on families and friends are all invited.

Where? The Handke Center is located at 1170 Main Street in Elk River at the intersection of Proctor & Main.

Walk/Run Details: Two courses are laid out for a 2K Walk and a 5K Walk/Run. Routes will begin and end at The Handke Center. In the event of severe weather, the Walk/Run will be cancelled but events will continue.

Cost: \$15 per individual/\$25 per family. Two t-shirts per family registration and one t-shirt per individual registration.

Sponsored By:



ROGERS PRINTING
and Promotional
We're more than just ink on paper.



PARTSTOCK
COMPUTER
REPAIR TECHNOLOGY GROUP



Register Today with ECFE!

On-line: www.728communityed.com

Phone: 763-241-3524

Office: 1170 Main Street, Elk River, MN

REGISTRATION

ONLINE

www.728communityed.com

Secure registration 24 hrs/day using Visa, MasterCard, Discover.

IN PERSON, MAIL, DROP BOX

Handke Center
1170 Main St.
Elk River 55330

See office hours at right. There is a 24-hour drop box located at Door 4.

PHONE

763.241.3520

FAX

763.241.3521

WEATHER HOTLINE

Check our Twitter feed @ CE728ALERT or call 612-253-5109

COMMUNITY EDUCATION

- **Community Education Office Hours:**
8:00am-4:30pm, Summer Hours
8:30am-5:00pm, Labor Day-Memorial Day
- **E-mail address:**
communityed@elkriver.k12.mn.us
- **Make checks payable to:**
ISD 728 Community Education
- Participants must be the correct age and/or grade by the last day of class, unless otherwise noted.
- Cancellations must be made at least 3 business days prior to activities. Refunds or credits cannot be given for forgotten classes.
- Adults are given priority for adult classes, unless specified. Ages 15-17 may be able to register if space permits.
- We take photographs which may be used in our brochures, news releases, website or displays at events. Please let us know in writing if you do not wish to have photos in our publication.

- Some activities, supplies or tickets are not refundable.
- Fee assistance is available for most youth programs (except child care, outings, some private lessons, and Behind the Wheel Training).

ECFE

- **Early Childhood Family Education Office Hours:** 8am-4:30pm
- **ECFE phone:** 763.241.3524
- See special information on deposits and/or payment plans available for some ECFE activities in the ECFE section.



Home Phone w/area code _____ E-mail address _____

Participant's Last Name _____ First Name _____
CLASS # _____ CLASS TITLE _____ FEE _____ ☐ Child care needed*
Child's Birth Date & Age _____ School _____ Current Grade _____ (13-14)

Participant's Last Name _____ First Name _____
CLASS # _____ CLASS TITLE _____ FEE _____ ☐ Child care needed*
Child's Birth Date & Age _____ School _____ Current Grade _____ (13-14)

Participant's Last Name _____ First Name _____
CLASS # _____ CLASS TITLE _____ FEE _____ ☐ Child care needed*
Child's Birth Date & Age _____ School _____ Current Grade _____ (13-14)

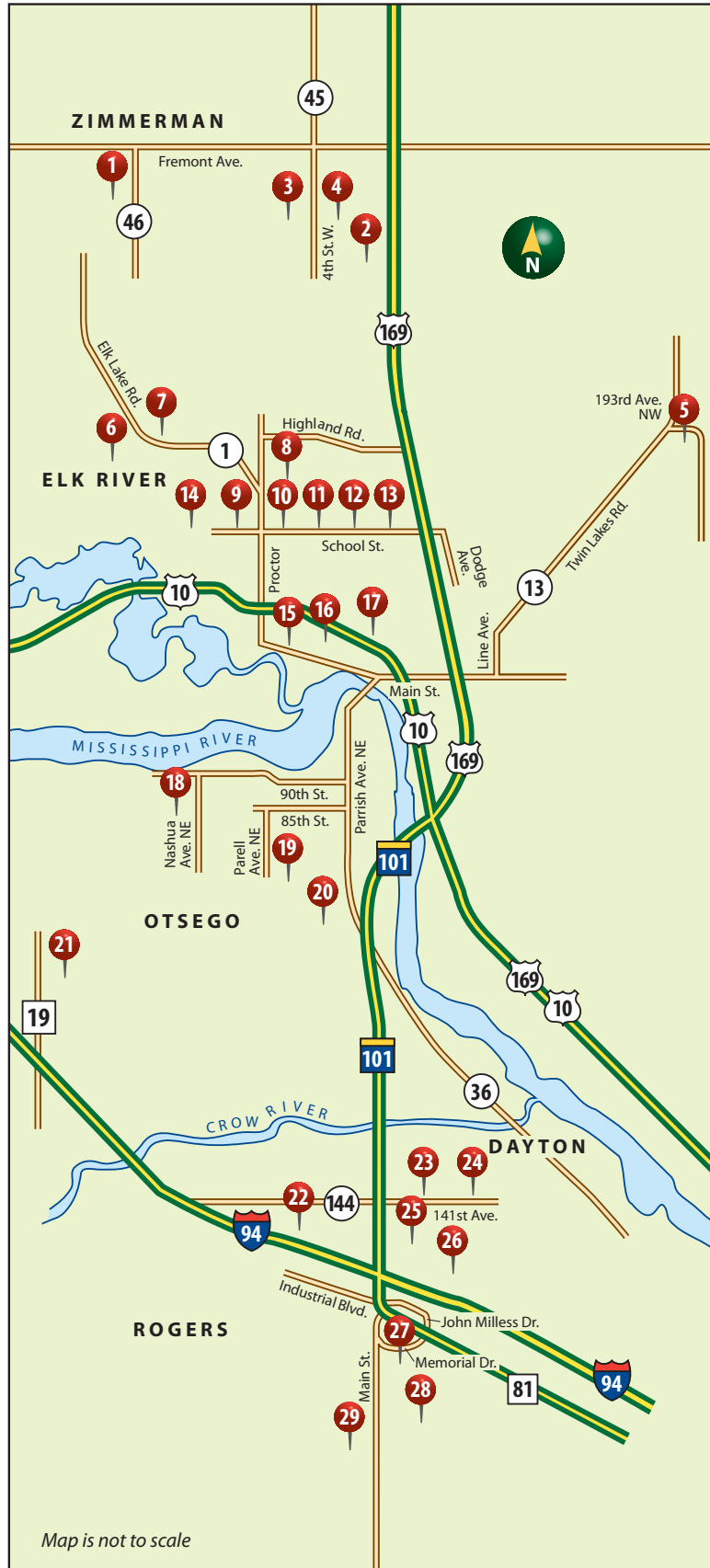
Address _____ City _____ Zip Code _____
If participant is a child, Parent Names _____ Work Phone _____
Health concerns: _____ Emergency phone # & contact _____

*Sibling/child care needed with class (when available, as noted): Child Name _____ Birth Date _____
Child Name _____ Birth Date _____ Child Name _____ Birth Date _____

☐ Check ☐ Cash ☐ MasterCard/VISA/Discover# _____ - _____ - _____ Exp _____
Signature _____



FACILITY LOCATIONS



ISD 728 Facilities & Community Education Activity Locations

Beaudry Meadow Park 11313 77th St. NE, Otsego	21
Community Education and ECCE The Handke Family Center 1170 Main St., Elk River	15
District Service Center 19072 Triangle Road, Elk River	6
Educational Technology Center 1230 School Street, Elk River	9
Elk River Senior High 900 School St., Elk River	11
Elk River Senior Center 350 Evans, Elk River	17
Hassan Elementary 14055 Orchid Ave., Hassan	22
ISD 728 District Office 815 Highway 10, Elk River	16
Ivan Sand Community School 1232 NW School St., Elk River	14
Lincoln Elementary 600 School St., Elk River	12
Meadowvale Elementary 12701 Elk Lake Road, Elk River	7
North Community Park 13750 Bittersweet Lane, Rogers	26
Otsego City Hall/Prairie Park 8899 Nashua Ave. NE, Otsego	18
Otsego Elementary 8125 River Road NE, Otsego.	20
Parker Elementary 500 School St., Elk River	13
Randy Hanson Park 2nd St. E., Zimmerman	2
Rogers Activity Center 21080 141st Ave., Rogers	23
Rogers Elementary 12521 Main St., Rogers	29
Rogers Fire Hall 21201 Memorial Drive, Rogers	27
Rogers High School 21000 141st Ave., Rogers	24
Rogers Middle School 20855 141st Ave., Rogers	25
Salk Middle School 11970 Highland Road, Elk River	8
School Knoll Park 11501 83rd St. NE, Otsego	19
Triangle Park 21400 Rouillard Blvd., Rogers	28
Twin Lakes Elementary 10051 191st Avenue NW, Elk River	5
VandenBerge Middle School 948 Proctor Road, Elk River	10
VandenBerge Pool 948 Proctor Road, Elk River	10
Westwood Elementary 13651 Fourth Ave. S., Zimmerman	1
Zimmerman Elementary 25959 4th St.W., Zimmerman	4
Zimmerman Middle/High School 25900 4th St.W., Zimmerman	3



DISTRICT 728
Community
Education

Lifelong Learning...unlock your potential

ISD 728 Community Education
1170 Main Street
Elk River, MN 55330

REGISTER ON-LINE AT:

www.728communityed.com

JOIN US ON FACEBOOK:

ECFE, Community Ed Adult
& Community Ed Youth

JOIN OUR MAILING LIST:

www.728communityed.com

TWEET ON TWITTER:

ECFE728 & Communityed728

» **LEARN MORE ON PAGE 6**



TRANSFER OF MEMORY

MINNESOTA HOLOCAUST SURVIVOR PORTRAIT PROJECT

EXHIBIT HOURS:

Mon, Wed, Fri | 9 a.m.-5 p.m.

Tue & Thu | 9 a.m.-8 p.m.

Sat. | 9-11 a.m.

Oct. 3, 2013 | 6-8 p.m.

Opening reception with:

David Sherman, Photographer

Steve Hunegs, Executive Director of the
Jewish Community Relations Council of
MN & the Dakotas

Oct. 7, 2013 | 6:30-7:45 p.m.

Holocaust Survivor Leo Weiss

Oct. 22, 2013

6:30-7:45 p.m.

Survivor documentary presented
by Lili Chester and Sylvia Fine,
Second Generation Survivors



DISTRICT 728
Community
Education

on loan by...



JEWISH COMMUNITY
RELATIONS COUNCIL
MINNESOTA & THE DAKOTAS

Photography by David Sherman
Text by Lili Chester



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