

WITC Continuing Education

ARTS | COMPUTERS | DIY | LEISURE | HEALTH | HOBBIES | SPORTS

LIFE & LEISURE



WISCONSIN
INDIANHEAD
TECHNICAL
COLLEGE

SPRING 2014

Find classes in YOUR area! **Details on page 2.**

WITC Continuing Education

SPRING 2014

ARTS

- Drawing & Painting
- Handcrafts
- Photography
- Textile Arts
- Writing & Literature

COMPUTERS & TECHNOLOGY

- Computer Software

DO-IT-YOURSELF

- Animals
- Automotive
- Machine Shop
- Small Engine Repair
- Welding
- Woodworking

HEALTHY LIVING

- Health & Wellness
- Sports & Fitness

HOME & LEISURE

- Consumer Economics
- Family & Relationships
- Financial Planning
- Food & Drink
- Gardening & Landscaping

LIFELONG LEARNING

- Communication Skills
- History
- Hobbies & Avocations
- Language
- Natural Science
- Reading
- Social Science & Culture

SAFETY & TRANSPORTATION

- Driver/Traffic Safety
- Motorcycle Safety

ONLINE

LIFE & LEISURE

Find classes in your WITC Region:

ASHLAND *pages 3 – 11*

NEW RICHMOND *pages 11 – 18*

RICE LAKE *pages 19 – 35*

SUPERIOR *pages 35 – 44*

It's Easy to Register!

ONLINE: Find classes, register and pay at witic.edu/search.

PHONE OR FAX: Provide your registration and credit card payment information by phone or fax.

IN PERSON: Cash, checks and credit cards are accepted. Call or go online to check business hours of your local campus.

MAIL: Send completed registration to the appropriate campus. Your registration must be received before your course begins.

For additional registration information — and the phone and address details for your local campus — please see **page 46**.

Guide to Course Listings

Class Title

Catalog Number 12-345-678

Class description and class notes. This section will also include information regarding needed supplies and textbooks, as well as prerequisites.

Class ID

12345	Start/End Dates	Day(s)	Times	Fee/Senior Fee

Region: Class Location

Class Instructor



WISCONSIN
INDIANHEAD
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Ashland Region

ARTS

Pastels: Beginners and Beyond

60-815-605

Dramatic and versatile - chalk pastels can be one of the most beautiful, yet intimidating of materials. Your instructor will help you remove any inhibitions, giving you practical insight into this wonderful media. Through the use of your photos, demonstrations and critique, still life and live gestural drawing, you will learn basic compositional concepts, how to best translate your reference into a drawing and more. Become encouraged and equipped to use pastel with confidence and have fun in the process. For beginner and advanced students alike. You may bring your own supplies or purchase a kit or individual supplies as needed from instructor. Washburn offers many options for take-out lunches and a refrigerator is available on site for bagged lunches and snacks.

25396*Feb 21 – Feb 22 F Sa \$45.25/\$24.62
 Washburn: Karlyn's Gallery Tonja Sell
 *Class meets F 5:30-9p, and Sa 10:30a-4p

The Expressive Figure

60-815-605

Through the ages, the figure has been the focus of all serious artists. Intimidated, many emerging artists shy away from incorporating people into their work. Don't let a lack of understanding of the human form keep you from creating all that is available to you. Discover how to navigate the human figure, gaining practical tips and techniques to translate the figure in a two dimensional format. We will work with a clothed figure. Learn to quickly do gestural drawings, better understand proportion, composition and color as it relates to skin tones. With demonstrations and critique, your instructor will help you remove any inhibitions, giving you practical and useful information. For beginner and advanced students alike. You may bring your own supplies or purchase a kit or individual supplies as needed from instructor. Washburn offers many options for take-out lunches and a refrigerator is available on site for bagged lunches and snacks.

25397* Mar 21 – Mar 22 F Sa \$45.25/\$24.62
 Washburn: Karlyn's Gallery Tonja Sell
 *Class meets F 5:30-9p, and Sa 10:30a-4p

Art: Acrylic Painting

60-815-600

Bring your art materials, a smile and an open mind to Joan Einsman's Acrylic Painting Workshop. Topics on how and why to use acrylics will be discussed. Share your works for critique in preparation for exhibiting. Your instructor will provide a list of materials.

25003 Apr 24 – Apr 25 ThF 9a-5p \$70/\$37
 Bayfield: Bethesda Luth Ch Joan Einsman

Art: Beyond Watercolor

60-815-600

Explore a variety of watercolor techniques as you experiment with subjects including flowers and landscapes. Your instructor will guide you in finding proper techniques to achieve your best work and will adapt instruction for you as a beginner or experienced artist. Please go to: witc.edu/supplies for a full supply list or contact Jasmin at 800.243.9482 ext. 6800 (all supplies available at Karlyn's Gallery).

24884 Jan 22 – Jan 23 WTh 10a-4p \$53.50/\$28.75
 Washburn: Karlyn's Gallery Wei Lan Lorber

24885 Feb 19 – Feb 20 WTh 10a-4p \$53.50/\$28.75
 Washburn: Karlyn's Gallery Wei Lan Lorber

24886 Mar 12 – Mar 13 WTh 10a-4p \$53.50/\$28.75
 Washburn: Karlyn's Gallery Wei Lan Lorber

24887 Apr 2 – Apr 3 WTh 10a-4p \$53.50/\$28.75
 Washburn: Karlyn's Gallery Wei Lan Lorber

24888 Apr 30 – May 1 WTh 10a-4p \$53.50/\$28.75
 Washburn: Karlyn's Gallery Wei Lan Lorber

Art: Nature Painting

60-815-600

Open your eyes to the wonder of color as you experience the art of nature painting. Attention will be given to composition and drawing as we work with pencil sketches to begin our project and acrylic paints to finish our pieces. Beginning or advanced students welcome. Individual instruction will be given based on your ability level. Please go to: witc.edu/supplies for a full supply list or contact Jasmin Burt at 800.243.9482 ext. 6800.

24897 Feb 3 – Mar 24 M 6-9p \$103/\$53.50
 Hurley: High School Daniel Perotti

Art: Watercolor Open Studio

60-815-600

Come join Lois Osterberg's open lab where beautiful watercolor reigns supreme! Lois will get you started in the easy basics of the medium, and you'll be inspired by working alongside helpful like-minded painters. You will never see the natural world in quite the same way again once you begin

watercolor painting, according to the instructor. Beginners welcome! For continuing students, come and paint in a relaxed atmosphere, as you complete work on abstracts, mandalas, still lifes or landscapes, or begin a new series in this class. Please contact Lois Osterberg at 715-742-3290 for a complete supply list.

24889	Apr 1 – Apr 22	Tu 9a-1p	\$70/\$37
	<i>Cornucopia: Immanuel Luth Ch</i>		<i>Lois Osterberg</i>
24890	May 6 – May 27	Tu 9a-1p	\$70/\$37
	<i>Cornucopia: Immanuel Luth Ch</i>		<i>Lois Osterberg</i>

Pastels-Painting Flower Garden

60-815-600

Express the textures, color and vibrancy of flower gardens by using strokes of pastel pigment on paper. Use photos taken on your own or someone else's garden to plan the composition, select the focal point and create paintings with contrasts, rhythm and harmony. We'll use dry pastel sticks, not oil pastels. The instructor will demonstrate pastel painting techniques. This class is for all levels but drawing experience is helpful. You may bring a sack lunch; or you may fill out a menu form in class to order lunch from the Brick House Cafe. Please visit www.witc.edu/continuing-education/supplies.htm for your supply list or phone 800-243-9482, ext. 3170 to have one mailed to you.

24882	Apr 14	M 10a-4p	\$28.75/\$16.37
	<i>Cable: UCC Church</i>		<i>Diana Randolph</i>

Pastels-People in Landscapes

60-815-600

Use your own photos for inspiration to create pastel paintings on paper depicting one person or several people in a landscape during any season. Perhaps your photo would show a friend in a garden or cross-country skiing. Or try a painting of yourself reading a book or doing another hobby. We'll start out doing an exercise working from the same black and white photo of a person to practice seeing the shapes of light, middle and dark values; and translating them into color, to make vivid paintings with strong contrasts. The instructor will demonstrate pastel painting techniques. We will use dry pastel sticks (not the oil type). This class is for all levels but drawing experience is helpful. You may bring a sack lunch; or you may fill out a menu form in class to order lunch from the Brick House Cafe. Please visit www.witc.edu/continuing-education/supplies.htm for your supply list or phone 800-243-9482, ext. 3170 to have one mailed to you.

24883	Apr 2	W 10a-4p	\$28.75/\$16.37
	<i>Cable: Natural History Museum</i>		<i>Diana Randolph</i>

Braided Seagrass Swing

60-815-620

This basket is absolutely stunning and weaves up very fast. It features a beautiful solid oak base that measures 12" across. Embellishments like an oak handle and rows of color and braided seagrass along the sides will complete your basket. All materials will be pre-cut, so all you have to do is start weaving. Please bring a pan to soak reed, heavy duty scissors, tape measure, pencil, towel, and a \$37 material fee payable to instructor. You MUST register at least two weeks in advance to allow instructor time to prepare materials. Please contact instructor pziburski@aol.com for photo or questions regarding this class.

25393	Mar 10	M 10a-4p	\$28.75/\$16.37
	<i>Ashland: 003</i>		<i>Patricia Ziburski</i>

Photography/Camera Techniques

60-203-602

Take your digital photography to the next level as you focus on some of the specialized settings of digital cameras, understand composition and practice image editing using Photoshop. Appreciate examples of work from various genres and experiment with your own style. Your instructor is studying photography in her Masters of Fine Arts program and is a professional photographer.

25388*	Feb 5 – Feb 12	W Sa 6-8p	\$28.75/\$16.37
	<i>Ashland: 208</i>		<i>Lucia Stanley</i>
	<i>*Class meets W 6-8pm, and Sa 10a-12p</i>		

COMPUTERS & TECHNOLOGY

Comp: Absolute Beg 1st Step

42-107-413

Learn about hardware and terminology necessary to use a computer. New users of personal computers will gain an understanding of word processing, spreadsheets, databases and Windows.

26009	Jan 28 – Feb 13	TuTh 5:30-7:30p	\$40.66/\$4
	<i>Ashland: 207</i>		<i>Karen Heglund</i>

Comp: Absolute Beg Next Step

42-107-413

Learn about hardware and terminology necessary to use a computer. New users of personal computers will gain an understanding of word processing, spreadsheets, databases and Windows.

26010	Feb 18 – Mar 6	TuTh 5:30-7:30p	\$40.66/\$4
	<i>Ashland: 207</i>		<i>Karen Heglund</i>

Computers: Absolute Beginner

42-107-413

Learn about hardware and terminology necessary to use a computer. New users of personal computers will gain an understanding of word processing, spreadsheets, databases and Windows.

24931 Feb 24 – Mar 5 MW 9a-12p \$40.66/\$4
Ashland: Senior Citizens Ctr Randy VanVlack

Computers: Digital Photo Editing

60-107-607

Students develop skills to fix photos, add special effects, print or e-mail photos. Students select a project including cards, calendars, collages, frames, invites or albums using digital/scanned photos.

24968 Jan 27 – Jan 29 MW 6-9p \$28.75/\$16.37
Ashland: 208 Randy VanVlack

24969 Mar 17 – Mar 19 MW 9a-12p \$28.75/\$16.37
Ashland: Senior Citizens Ctr Randy VanVlack

Comp: Facebook Basics

60-107-602

This course is for home and personal use of computers.

24959 Feb 5 W 6-9p \$20.50/\$12.25
Ashland: 210 Randy VanVlack

24960 Feb 12 W 9a-12p \$20.50/\$12.25
Ashland: Senior Citizens Ctr Randy VanVlack

Comp: How to Use eBay

60-107-602

This course is for home and personal use of computers.

26049 Mar 17 – Mar 19 MW 6-9p \$28.75/\$16.37
Ashland: 207 Randy VanVlack

26050 Mar 24 – Mar 26 MW 9a-12p \$28.75/\$16.37
Ashland: Senior Citizens Ctr Randy VanVlack

Comp: Open Lab

60-107-602

This course is for home and personal use of computers.

26028 Mar 20 – Apr 3 TuTh 5:30-7:30p \$70/\$37
Ashland: 207 Karen Hoglund

Get to Know Your Laptop

60-107-602

This course is for home and personal use of computers.

26047 Apr 15-Apr 17 TuTh 5:30-7:30p \$20.50/\$12.25
Ashland: 208 Karen Hoglund

iDevice: Apps, Cloud & More

60-107-602

Hand held devices like the iPad have changed how we connect to our world. Whether you are considering an iPad purchase, or already own one, we will have fun exploring how these devices work and how to use an iPad and its applications. In this class you will learn common skills such as how to download apps, send email, use the built-in camera and how to share photos with others. Apple products only.

26044 Apr 8-Apr 10 TuTh 5:30-7:30p \$20.50/\$12.25
Ashland: 208 Karen Hoglund

Computers: Introduction to Internet

42-107-490

Learn how to connect to the Internet and World Wide Web to find and download information. Understand how to communicate with others electronically. Come prepared with basic computer skills.

24946 Mar 10 – Mar 12 MW 9a-12p \$22.33/\$4
Ashland: Senior Citizens Ctr Randy VanVlack

26011 Apr 22 – Apr 29 TuTh 5:30-7:30p \$22.33/\$4
Ashland: 207 Karen Hoglund

Comp: Windows 7 1st Step

60-103-601

Questions about Windows 7? Learn tips and tricks to make the software easier to use.

26015 Mar 11-Mar 18 TuTh 5:30-7:30p \$28.75/\$16.37
Ashland: 207 Karen Hoglund

Windows 8

60-103-601

Questions about Windows 8? Learn tips and tricks to make the software easier to use.

24955 Feb 24 – Mar 3 MW 5:30-8p \$37/\$20.50
Ashland: 208 Keith Hasart

DO-IT-YOURSELF**Machine Tool Open Shop**

47-420-455

This course is intended to provide training on machine tool equipment at the beginning and intermediate levels. Opportunities to work and learn safe machine tool operation will be provided for persons working in, or interested in the machine trades. Students will work independently on selected vocational objectives with the assistance of an instructor. Additional supply cost depending on student project.

24918* Feb 6 – Apr 3 Th 5:30-9:30p \$121.16/\$23.40
 Ashland: 119 Carl Anderson
 Class will not meet Mar 20

Outboard Motor Servicing

47-461-411

Learn how to maintain and repair your outboard motor. Students will receive personalized instruction related to the repair of their outboard motor. Bring your outboard motor to the first night of class. Please no sterndrive powered boats. Limited space is available for outboard powered boats under 18'. Student should furnish basic hand tools and safety glasses.

24982 Mar 26 – Apr 23 W 5-8p \$55.38/\$6.50
 Ashland: 120 Todd Larson

HEALTHY LIVING

Old Time Group Dancing

60-807-630

If you're looking for an enjoyable way to get some physical exercise this winter, Old Time Group Dancing is the class for you. Under the guidance of our enthusiastic instructor, Donn Christensen, you will learn Appalachian circle dances, square dances, contra dances and some international dances. All dances are called by the instructor and are accompanied by lively music. Partners are not required. Beginners, singles and all ages are welcome. Expect to have a good time! Wear comfortable shoes and clothing for dancing.

24914 Feb 5 – Mar 12 W 3-5p \$53.50/\$28.75
 Cornucopia: Community Ctr Donn Christensen

Pilates: Beginning Mat

60-807-629

Perfect for the beginner or anyone looking to brush up on their skills. Mat Pilates is a fun and challenging way to strengthen and tone all the body's core muscles through targeted exercises. With guidance from your instructor you will be challenged to focus on specific muscle groups to help build tremendous core strength. Strong core muscles support the spine, reduce back pain, add an amazing new depth to yoga practice, and are an integral component of athletic performance as well as every day balance. No Pilates experience is necessary. All ability levels welcome.

24917 Jan 13 – Mar 17 M 5:30-6:30p \$45.25/\$24.62
 Washburn: Cultural Center Kim Armington

24920* Apr 14 – Jun 23 M 5:30-6:30p \$45.25/\$24.62
 Washburn: Cultural Center Kim Armington
 *Class does not meet May 26

Pilates: Intermediate Mat

60-807-629

Designed for the experienced Pilates student, Pilates Intermediate reviews the fundamentals of the beginner class while moving on to more challenging exercises and repertoire. Using the body's own resistance, a series of movements is performed designed to improve circulation, breathing, posture, and body awareness. Engagement of the deep core muscles will enhance athletic ability and improve strength for any activity.

24919 Jan 14 – Mar 18 Tu 5-6p \$45.25/\$24.62
 Washburn: Cultural Center Kim Armington

24921 Apr 15 – Jun 17 Tu 5-6p \$45.25/\$24.62
 Washburn: Cultural Center Kim Armington

Hatha Yoga

60-807-628

Yoga focuses on developing balance, flexibility and strength for body, mind and spirit through mindful movement, mindful breathing practices (pranayama) and meditation. Yoga will help you open your spine, release tension, provide gentle strengthening and stretching for all major muscle groups as well as strengthen the immune system. Pranayama practice (breathing exercises) will strengthen the respiratory system. You will calm your mind with relaxation, centering and meditation. This class is for students of all levels. Students will be encouraged to deepen their own body awareness. Please bring your own mat, a blanket and a towel. As with any new exercise program, please check with your physician.

24899 Jan 13 – Mar 10 M 4-5:30p \$61.75/\$32.87
 Cable: Natural History Museum Joan Shumway

24904 Jan 14 – Mar 11 Tu 4-5:30p \$61.75/\$32.87
 Drummond: Civic Center Joan Shumway

24907* Jan 14 – Mar 11 Tu 1:30-3p \$61.75/\$32.87
 Barnes: Town Hall Joan Shumway
 *Class will not meet Jan. 21. Make-up class will be held Friday, Jan. 24.

24898 Mar 24 – May 12 M 4-5:30p \$53.50/\$28.75
 Cable: Natural History Museum Joan Shumway

24906* Mar 25 – May 13 Tu 4-5:30p \$53.50/\$28.75
 Drummond: Civic Center Joan Shumway
 *Class will not meet Apr. 1. Make-up class will be held Friday, Apr. 4.

24910* Mar 25 – May 13 Tu 1:30-3p \$53.50/\$28.75
 Barnes: Town Hall Joan Shumway
 *Class will not meet Apr. 1. Make-up class will be held Friday, Apr. 4.

HOME & LEISURE

Household: Finances

60-308-601

Would you like to see your savings account grow and your bills get paid with a little less worry? In this budgeting workshop, you will leave with the tools necessary to plan a monthly budget and gain a few ideas on how to cut expenses and save money. Review the basics of savings and checking accounts, balance each, and create a savings plan for your future. Join us to see if you can find ways to reduce the worry and increase peace of mind!

24865 Mar 5 W 6-8p \$12.25/\$8.12
Ashland: 203 John Beirl

Wills and Trusts

42-102-404

This course will cover the basics of estate planning, including wills, durable powers of attorney, health care documents, living trusts and an introduction to estate tax planning.

24459 Apr 11 F 10a-12p \$10.11/\$4
Ashland: 204 Susan Miley

Life Insurance: Consumer Basics

42-162-409

Gain a comprehensive overview of the major life insurance policies that are available today. Understand policies including term, whole life, universal life, variable whole life, adjustable whole life and universal variable whole life. Your instructor will discuss the need for these policies as well as policy structure. This course is open to the general public.

25041 May 15 Th 1:30-5:30p \$16.22/\$4
Ashland: 209 Robert Houser

The Art & Science of Beer

60-319-600

Beer and pizza anyone? Whether you've tried South Shore microbrews or not, you have the opportunity to delve into the details of their beer brewing process from mashing to fermentation. It truly is an art and a science as the Brewmaster adds flare to the conversion of grains into each uniquely flavored beer. Participants of drinking age will get to sample each brew and then clear the palate with home-made gourmet pizza.

24881 Mar 8 Sa 10a-12p \$12.25/\$8.12
Ashland: South Shore Brewery Brewery Staff

Responsible Beverage Service

47-311-400

Students will learn responsible beverage service techniques. Local and state laws will be discussed. Techniques for creating a more profitable business environment by preventing negative and/or unsafe situations in the serving of alcoholic beverages are included. Content will also include implications for legal action against owners and operators of beverage service facilities from inappropriate patron behavior. In general the course is designed to increase the awareness of alcoholic beverage service techniques for owners/operators and the potential for increasing profits through responsible management practices. This course was jointly developed by the Wisconsin Restaurant Association and the Wisconsin Technical College System and may fulfill or partially fulfill local municipal ordinance requirements for beverage servers.

24002 May 12 M 5-9p \$23/\$10.78
Ashland: 203 Brenda Spurlock

LIFELONG LEARNING

Chequamegon Bay Birding

60-891-602

Embark on a birding journey of Chequamegon Bay. Join a Department of Natural Resources Research Scientist to discover where to find birds and appreciate why the area is rich in species. The first class will take place in the classroom where you will learn about field identification and birding resources. On Saturday, you will travel/carpool from an Ashland meeting location around the bay to look for songbirds, waterfowl, and migrating raptors. Please bring a lunch and outdoor amenities along with binoculars, field guides, and a spotting scope if you have one. Rain date for the Saturday field trip is Sunday, April 13.

25006* Apr 10 - Apr 12 Th Sa \$45.25/\$24.62
Ashland: 203 Ryan Brady
*Class meets Th 6-9p, and Sa 8a-2p

Spanish Intermediate

60-802-600

This class is a continuation of Jim Oakleys Spanish Beginning course. Participants should have some knowledge of Spanish. The course will stress speaking and listening skills with flexibility according to the interest of class members. James Oakley, a 30-year Spanish instructor, has traveled to all the Spanish-speaking countries. Aspects of Spanish speaking cultures will be part of the classroom discussion.

24891 Apr 24 - May 19 MTh 4:30-6:30p \$70/\$37
Ashland: 206 James Oakley

Brownstone Quarries I

42-806-410

Explore the brownstone quarries of Bayfield County. Join naturalist Tom Gerstenberger as he guides you through the quarries of Cornucopia and discover the rich account of these excavations which date back to the late 1800s. Each has a unique history with remnants still seen today in the notable brownstone buildings of the region. Meet at the Community Center for carpooling and bring food/beverage, camera and dress for the weather.

25007 Apr 29 Tu 9a-4p \$28.44/\$4
Cornucopia: Community Ctr Tom Gerstenberger

Brownstone Quarries II

42-806-410

See description above.

25015 May 6 Tu 9a-4p \$28.44/\$4
Cornucopia: Community Ctr Tom Gerstenberger

Brownstone Quarries III

42-806-410

See description above.

25017 May 13 Tu 9a-4p \$28.44/\$4
Cornucopia: Community Ctr Tom Gerstenberger

Brownstone Quarries IV

42-806-410

See description above.

25019 May 20 Tu 9a-4p \$28.44/\$4
Cornucopia: Community Ctr Tom Gerstenberger

Explore Bayfield Co Forest I

42-806-410

Our Bayfield County Forests abound with opportunities to learn about and appreciate the flora, fauna and waterways of northern Wisconsin. Get out your thermal underwear and winter boots for outdoor adventures. Tentative destinations include the Raspberry River, Spring Creek, Siskiwit River, Schact Creek and Valhalla Fire Tower. Winter survival skills will be emphasized. Be prepared to trek 3-5 miles over uneven terrain. Please bring lunch, water, warm layers of clothing, snacks, hiking pole and hot beverage.

25105 Jan 16 Th 10a-3p \$22.33/\$4
Cornucopia: Community Center Judy Florence

Explore Bayfield Co Forest II

42-806-410

See description above.

25108 Jan 30 Th 10a-3p \$22.33/\$4
Cornucopia: Community Center Judy Florence

Explore Bayfield Co Forest III

42-806-410

See description above.

25110 Feb 13 Th 10a-3p \$22.33/\$4
Cornucopia: Community Center Judy Florence

Explore Bayfield Co Forest IV

42-806-410

See description above.

25115 Feb 27 Th 10a-3p \$22.33/\$4
Cornucopia: Community Center Judy Florence

Exploring Apostle Islands

42-806-410

Get ready for the Apostle Island National Lakeshore excursions! Naturalist Tom Gerstenberger and outdoor educator Richard Florence will be your guides. Join them for a visit to Rocky Island, South Twin Island and Otter Island. Please be prepared to hike 2-4 miles and bring your lunch, snacks, water, rain gear and other amenities. An additional fee for the charter boat must be paid at the time of registration (checks only). Please make checks payable to WITC in the amount of \$42.35. Both checks and registration can be mailed in or dropped off to Bev Schuelke at WITC - Ashland. Class meets at the Community Center and for students near Bayfield meet at the Bayfield Boat Landing.

25385 May 27 Tu 9a-4p \$28.44/\$4
Cornucopia: Community Ctr Tom Gerstenberger

Natural History - Critters I

42-806-410

Explore the Natural History of Critters in the Northland. Join Tom Gerstenberger as he guides you through different adventures each week. Meet at the Community Center for a brief history on deer, coyote, fox and bobcats before heading out on the trails. Bring food, beverage, camera, waterproof gear, sun protection and other amenities. Trips may be subject to minor changes based on weather and accessibility.

25021 Apr 1 Tu 9a-4p \$28.44/\$4
Cornucopia: Community Ctr Tom Gerstenberger

Natural History - Critters II

42-806-410

See description above.

25022 Apr 8 Tu 9a-4p \$28.44/\$4
Cornucopia: Community Ctr Tom Gerstenberger

Natural History - Critters III

42-806-410

See description above.

25023 Apr 15 Tu 9a-4p \$28.44/\$4
Cornucopia: Community Ctr Tom Gerstenberger

Natural History - Critters IV

42-806-410

See description above.

25024 Apr 22 Tu 9a-4p \$28.44/\$4
Cornucopia: Community Ctr Tom Gerstenberger

Films - Portray Social Issues

42-809-400

The inquiring minds in our Films - Portray Social Issues course have viewed and discussed more than 100 films since they began the series in 2004. We always welcome new participants in our screening and discussion. Emphasis is on artistic, cultural, and historic films that address many of the social issues that affect our families, neighborhoods, and global communities today. Participants will be expected to read brief introductory materials, research one of the films, and participate in discussion following each viewing. Films provided with the cooperation of the local Libraries. Class will meet 4 times every other week. Pop and popcorn are available.

25098* Jan 10 – Feb 21 F 1-4p \$40.66/\$4
Washburn: Public Library Judy Florence
 *Class meets every other Friday.

25101* Jan 13 – Feb 24 M 1-4p \$40.66/\$4
Bayfield: Library Judy Florence
 *Class meets every other Monday.

25103* Jan 13 – Feb 24 M 6-9p \$40.66/\$4
Cornucopia: Immanuel Luth Ch Judy Florence
 *Class meets every other Monday.

SAFETY & TRANSPORTATION

Motorcycle - Basic Rider 1

42-816-400

This 16-hour course is approved by the Department of Transportation. It is designed to teach the beginner or experienced rider the safe techniques to riding a motorcycle. It consists of 6 hours of classroom and 10 hours of on-cycle instruction. After Successful completion of this class you would receive a "waiver" to take to the DMV that may waive you from taking the road test in order to obtain your Motorcycle Endorsement.

24240 May 10 – May 11 SaSu 8a-5p \$250.20
Ashland: 206 WITC TBD

24241 May 19 – May 22 MTuWTh 4-9p \$250.20
Ashland: 206 WITC TBD

24249 May 31 – Jun 1 SaSu 8a-5p \$250.20
Ashland: 206 WITC TBD

Paddlesports America

42-817-402

Canoeists and kayakers are boaters too! Get to know your paddlecraft and how to plan for safety before you get underway. Understand storage, dressing for safety, safe operation skills such as entering and exiting, US Aids to Navigation, local hazards, legal requirements and boating emergency preparation. Your instructor is accredited by the American Canoe Association. He will be teaching in person at the Ashland campus and via Interactive Television (ITV) at other locations.

25368 Mar 29 Sa 8a-12p \$16.22/\$4
Ashland: 209 Chris Bandy

Suddenly in Command

42-817-402

You are on a new boat and the captain becomes incapacitated or falls overboard. You are Suddenly In Command. Literature contains many horror stories about a passenger, who does not know how to start the engine or operate the radio, watches in horror as a strong wind blows the boat away faster than the overboard captain can swim. This boating safety primer is designed for those not generally at the helm and will help you to be prepared with the basics in case of an emergency. Learn about your vessel, including nomenclature and operating principles. Discover what causes boating mishaps and how to minimize them, basic boat handling and what equipment should be on board. Misfortune occurs in seconds and you have the rest of your life to be grateful that you knew what to do because you were prepared. Your instructor is a District Captain of the US Coast Guard Auxiliary. He will be teaching in person at the Ashland campus and via Interactive Television (ITV) at other locations.

25360 Apr 5 Sa 8a-12p \$16.22/\$4
Ashland: 209 Carl Broberg

Traffic Safety for Point Reduction

42-812-404

Participants of the Traffic Safety course will examine their driving behavior and review traffic laws and penalties. Emphasis will be placed on ways to drive responsibly. The Traffic Safety class will show participants how to develop a change plan to reduce their risk of traffic violations and crashes. Students who successfully complete this Traffic Safety class may be eligible to receive a three-point reduction from their driving record. This class also meets the requirements for anyone that has received a 'Failure to Yield Right of Way Violation' 2011 Wisconsin Act 173-346.18. Books will be provided at class.

24981 Apr 26 – May 3 Sa 8:30a-3p \$62.91/\$26.25
 Ashland: 204 Casey Johnstone

CPR and AED - ASHI

47-531-471

CPR and AED is a combined program designed specifically for laypeople. This program is good for the community and the workplace. Students will learn about sudden Cardiac Arrest. How to perform CPR and use the AED and how to perform the Heimlich maneuver. This course will certify a person for 2 years in CPR and AED.

25619 Feb 3 – Feb 5 MW 6-9p \$29.58/\$11.25
 Ashland: WITC TBD

25620 Apr 7 – Apr 9 MW 6-9p \$29.58/\$11.25
 Ashland: 427 WITC TBD

CPR Health Care Provider - AHA

47-531-437

The AHA for Health Care Providers Course is designed to teach the skills of CPR for victims of all ages including ventilation with a barrier device and use of an automated external defibrillator (AED), and relief of foreign-body airway obstruction (FBAO). It is intended for participants who provide health care to patients in a hospital setting and out-of-hospital settings. This course is for anyone that is required to take a health care provider course for employment. All participants who successfully complete the course, including the written examination and skill demonstrations will receive a BLS for Health Care provider completion card that will certify them for two years (credential.) Book will be provided at the beginning of class.

25320 Jan 6 – Jan 8 MW 6-10p \$43.63/\$19.19
 Ashland: 003 WITC TBD

25332 Mar 3 – Mar 5 MW 6-10p \$43.63/\$19.19
 Ashland: 003 WITC TBD

25339 Apr 21 – Apr 23 MW 6-10p \$43.63/\$19.19
 Ashland: 003 WITC TBD

CPR Health Care Provider Renewal - AHA

47-531-439

This course is intended for the biennial renewal of the CPR Healthcare Provider. Students must successfully complete skills testing on one-and two-rescuer CPR (adult,child,infant), foreign body airway obstruction (FBAO) procedures (adult,child,infant), and mask with one-way valve usage. A minimum of 84 percent must be attained on the written test. (PREREQUISITE: CPR Healthcare Provider successful completion within previous two years.) Students must be current with HCP within two years

25321 Jan 14 Tu 6-10p \$25/\$12.78
 Ashland: 427 WITC TBD

25330 Feb 17 M 6-10p \$25/\$12.78
 Ashland: 003 WITC TBD

25334 Mar 26 W 6-10p \$25/\$12.78
 Ashland: 003 WITC TBD

25337 Apr 15 Tu 6-10p \$25/\$12.78
 Ashland: 427 WITC TBD

25404 May 13 Tu 6-10p \$25/\$12.78
 Ashland: 003 WITC TBD

CPR/AED/Basic First Aid Renewal-ASHI

47-531-459

This course will recertify students in CPR/AED & Basic first aid. Students will renew their skills in CPR/AED and first aid. PREREQUISITE: Students must have taken the original course within the last 2 years.

26407 Jan 20 M 6-10p \$25/\$12.78
 Ashland: 427 WITC TBD

26432 May 1 Th 6-10p \$25/\$12.78
 Ashland: 427 WITC TBD

CPR/AED/Basic First Aid-ASHI

47-531-419

This course is a combined CPR/AED & Basic first aid program designed specifically for laypeople. The program is good for the community and the workplace setting. This course is designed to teach people the knowledge and skills that they need to recognize emergencies and perform CPR and use an AED and perform first aid until EMS arrives. This course will certify a person for 2 years in CPR/AED/Basic First Aid.

25621 Feb 10 – Feb 12 MW 6-10p \$35.69/\$11.25
 Ashland: 427 WITC TBD

25622 Mar 17 – Mar 19 MW 6-11p \$35.69/\$11.25
 Ashland: 427 WITC TBD

25623 May 5 – May 7 MW 6-10p \$35.69/\$11.25
 Ashland: 427 WITC TBD

Pediatric Medic First Aid & CPR

47-531-464

This course will help students gain the knowledge, skills and confidence necessary to respond to and manage medical emergencies involving children and infants until more advanced help is available. A student will be taught the updated guidelines of CPR, and an automated external defibrillator (AED), and first aid for children and infants. This course will certify a student for 2 years in CPR/AED/1st AID. Book will be provided at the beginning of class.

25324 Jan 27 – Jan 29 MW 6-10p \$38.94/\$14.50
 Ashland: 003 WITC TBD

**Pediatric Medic First Aid & CPR
Recertification**

47-531-477

This course will recertify a student in Pediatric Medic First Aid & CPR. Students will renew their skills in CPR, an automated external defibrillator (AED) and first aid for infants and children. Students must have taken the original course, Pediatric Medic First Aid & CPR 47531464 within the last two years. This course will renew a student's certification for 2 years. Book is provided at class.

25331 Feb 19 W 6-10p \$35.50/\$23.28
Ashland: 003 WITC TBD

New Richmond Region**ARTS****Birches, Pines & Snow - Oh My!**

60-815-600

The winter landscape is a great subject for watercolor, and what a wonderful way to spend a cold winter day! We will be saving the white of the paper and playing with stencils, masking fluid and salt to achieve the effect of snow and atmosphere in our landscapes. This class is for painters with some experience in watercolors. Please bring your brushes, paints, photo references, and masking fluid. Thanks to the Bethanne Sommers Art Education fund, many other materials for this class will be provided. Please bring a sack lunch for Saturday and \$10 material fee payable to instructor. Registration deadline is January 30.

25453* Feb 7 – Feb 8 F Sa \$37/\$20.50
Amery: ArtZ Gallery Bonnie Hagen
*Class meets F 5-7p, and Sa 9a-3p

Watercolor Landscapes

60-815-600

Take advantage of this unique opportunity to discover the joy and challenge of working with watercolors. Experiment with wet on wet for soft muted backgrounds as well as wet on dry for details in two different landscapes. We will explore types of brushes and papers as well as different paints and color mixing. This is a great class for beginners as most materials are provided through the Bethanne Sommers art education fund. Please bring a \$5 material fee payable to the instructor, and a sack lunch for Saturday. Registration deadline is December 16.

25452* Jan 3 – Jan 4 F Sa \$37/\$20.50
Amery: ArtZ Gallery Bonnie Hagen
*Class meets F 5-7p, and Sa 9a-3p

Collage: Constant Metamorphosis

60-815-608

This relaxing 2-day workshop will encourage you to explore the medium of collage incorporating basic techniques for the beginner and creative and technical challenges for the more advanced artist. Using a variety of materials and objects, you will create exciting visual effects with great potential for personal expression! Be creative in the materials you bring as just about anything can work for collage. Much of the required materials can be found in your home. A more specific materials list will be provided to registrants before class.

25451 Feb 26 – Feb 27 WTh 10a-4p \$53.50/\$28.75
Amery: ArtZ Gallery Judy Hostvet-Paulson

Birch Bark Candy Basket

60-815-620

Experience a great art from a talented, expert in-

Can you hear me now?

Excited about your new technology but don't know how to use it? Visit the Technology Petting Zoo and learn how to use tablets, smart phones, Windows 8 laptops, more! BYOT (bring your own technology) and walk out using it.

Technology Petting Zoo

Saturday, January 11 9am-3pm WITC-New Richmond
\$28.75 (\$16.37 age 65+)
Class #24929



structor who has a passion for basket weaving and take home a completed Birch Bark basket. Prepare the bark then practice a popular Scandinavian Double Diagonal weave to make your candy dish measuring approximately 4 square inches. Bring a good scissor and lots of enthusiasm! Please bring a supply fee of \$20 payable to instructor.

25450 Feb 10 M 6-10p \$20.50/\$12.25
Amery: Intermediate School Phyllis Knutson

Crocheting: Beginning

60-306-600

Learn the satisfying and relaxing art of crochet. Gain a solid introduction of crocheting vocabulary of styles, types and sizes of hooks, yarns and threads. Learn to read yarn labels and crochet patterns. Become comfortable with 4 to 5 basic stitches as you complete a scarf pattern. If time allows, you will be introduced to crocheting in rounds. Supplies needed: Sizes C, G, and I hooks, 300 yds. main color of plain worsted weight yarn, 100 yards of a contrasting color (do not recommend Super Saver brand yarn for beginner crocheters, nor using either black or white yarn).

25645* Jan 28 – Feb 13 Tu Th 6-8p \$45.25/\$24.62
Luck: High School Alise Leguizamon
*Class meets 6-8p on Jan. 28, and 6-7:30p all remaining class dates.

25478 Feb 25 – Mar 13 TuTh 6-7:30p \$45.25/\$24.62
Amery: Intermediate School Alise Leguizamon

Memory T Shirt Quilt

60-304-615

Do you have too many tee-shirts you can't part with? Need a unique graduation gift? Are your drawers overflowing with race commemoratives, favorite team tees and the like? A memory quilt is a clever way to keep those tees in circulation! Plan to bring 10-30 clean tee-shirts, your sewing machine and sewing supplies. A complete supply list will be provided to registrants. No fabric purchase needed until after the first class. Please bring a \$14 material fee to payable to instructor.

25480 Feb 16 – Mar 9 Su 2-5p \$53.50/\$28.75
Amery: High School Lisa Ruehlow

COMPUTERS & TECHNOLOGY

Computers: Absolute Beginner

42-107-413

Learn about hardware and terminology necessary to use a computer. New users of personal computers will gain an understanding of word processing,

spreadsheets, databases and Windows.

24939 Feb 17 – Mar 17 M 6-9p \$52.88/\$4
New Richmond: 141 Bonnie Cronk

Using Shutterfly

60-107-607

Learn how to make a personalized, professionally bound photo book using Shutterfly - a free, privacy-controlled website. Create an account at shutterfly.com and learn how to upload your digital images. The fun begins when we choose page layouts before adding photos, text and embellishments to design a fabulous album. Choose album sizes, cover and unique page backgrounds. There is no charge to create an account, store photos, or create an album, but there is a charge to print an album. Bring an email address and 10-20 favorite photos in JPEG format saved on a flash drive.

25474 Apr 8 – Apr 15 TuTh 6-8:30p \$37/\$20.50
Amery: Intermediate School Marilyn Averbek

Technology Day Petting Zoo

60-107-602

Excited about the new piece of technology you just received as a gift but don't know how to use it? We are here to help, we will cover all types of technology and YOU will walk out using them. We will show you how to use tablets, smartphones, windows 8 laptops, and much more. Join us for a day long workshop and get all YOUR questions answered. BYOT Bring Your Own Technology, you'll leave with your own device set-up and ready to go.

24929 Jan 11 Sa 9a-3p \$28.75/\$16.37
New Richmond: 141 Tina Nygren

Help for Beg Computer User

60-103-601

If you are a new computer user or having difficulty, your instructor will help you find your way. Using Windows 7, understand how to use word processing, spreadsheets, graphics, the Internet and email.

25323 Jan 28 – Jan 30 TuTh 6-8p \$20.50/\$12.25
Glenwood City: High School Bonnie Cronk

MS Excel, Beginning

60-103-601

Learn the basics of using a Microsoft Excel spreadsheet. Create simple formulas and functions to streamline your mathematical calculations and make repetitive tasks easy by using this timesaving program.

25335 Mar 11 – Mar 13 TuTh 6-8p \$20.50/\$12.25
Glenwood City: High School Bonnie Cronk

MS Excel, Intermediate

60-103-601

Expand your spreadsheet knowledge using Excel to create charts and graphs, format your spreadsheets for presentations, and use advanced formulas such as conditional formatting. Discover how to create a template, use multiple sheets and workbooks, copy contents to other workbooks, consolidate your worksheets and simplify your workload with shortcut techniques.

25338 Mar 25 – Mar 27 TuTh 6-8p \$20.50/\$12.25
Glenwood City: High School Bonnie Cronk

MS Excel, Intro

60-103-601

Join us for a one-night introduction to Excel for those who have never created a spreadsheet. It is the perfect introduction to prepare you for a regular Excel class. Basic terminology and data entry will be covered in a relaxed setting among other beginners. Prerequisite: Basic computer skills.

25473 Apr 22 Tu 6-8p \$12.25/\$8.12
Amery: Intermediate School Marilyn Averbek

You will be amazed at what Excel can do for you. Learn to create worksheets for work and personal use. Understand the basics of navigating through the cells, formatting and setting up a spreadsheet for maximum efficiency using Office 2010. Discover how easy it is to have your numbers calculated for you in just seconds and how to sort through long ponderous lists with absolute ease. Prerequisites: Basic computer skills and some Excel knowledge.

25472 Apr 24 – May 6 TuTh 6-8:30p \$45.25/\$24.62
Amery: Intermediate School Marilyn Averbek

MS Publisher for Beginners

60-103-601

Learn how to use this program to create your own unique greeting cards, brochures, posters, calendars, award certificates, newsletters, programs, business cards and more.

25326 Feb 4 – Feb 6 TuTh 6-8p \$20.50/\$12.25
Glenwood City: High School Bonnie Cronk

MS Word Beginner

60-103-601

Learn the basics of word processing from starting a document to learning quick methods of correction and use of shortcut keys. Understand formatting skills, inserting pictures, clipart and text boxes, using the ruler, printing hints, inserting word art, using the tab key and organization tips for your files and folders. Beginner, intermediate, home and office users are welcome.

25328 Feb 18 – Feb 20 TuTh 6-8p \$20.50/\$12.25

Glenwood City: High School Bonnie Cronk

Maximize the power of Microsoft Word using Office 2010. Learn word processing basics and tips to create, edit and format documents; understand files and folders; check spelling and grammar; change font; create tables, tabs, envelopes, labels, borders and shading and much more for both work and home use. Prerequisite: Absolute Beginner computer class or comparable and/or basic computer and keyboarding skills.

25454 Mar 11 – Mar 20 TuTh 6-8:30p \$45.25/\$24.62
Amery: Intermediate School Marilyn Averbek

MS Word Intermediate

60-103-601

Advance your basic word processing skills for home or office use. After brief review, learn to use and create bullets, special symbols, headers and footers, tables (including shading and borders), charts from tables, paragraph styles and indenting, mail merge including the data base, letters, envelopes and labels.

25329 Mar 4 – Mar 6 TuTh 6-8p \$20.50/\$12.25
Glenwood City: High School Bonnie Cronk

This course is a continuation of MS Word Beginner and is designed for those with intermediate to advanced level word processing skills. Understand formatting a document, margin settings, headers and footers, formatting tables, setting tabs, templates/custom forms, and other applications for home and office use. Prerequisites: Absolute Beginner and Microsoft Word Beginner classes or comparable.

25471 Mar 25 – Apr 3 TuTh 6-8:30p \$45.25/\$24.62
Amery: Intermediate School Marilyn Averbek

Windows 8

60-103-601

Questions about the new Windows 8? Learn tips and tricks to make the software easier to use.

24954 Jan 27 – Feb 5 MW 5-7p \$37/\$20.50
New Richmond: 215 Tina Nygren

DO-IT-YOURSELF**Welding**

47-442-406

If you wish to advance your present welding skills, join us to review oxy-fuel, shielded metal arc, gas metal arc and gas tungsten arc welding processes. Your project will be reviewed by instructor. Bring safety glasses and welding gloves(available in bookstore). Wear cotton clothes and high top, all leather, work boots. Purchase pocket welding guide (\$6) and welding calculator(\$6) in bookstore

if desired. Bring notebook. This 30-hour course meets the hourly requirements for apprentices.

24915 Jan 24 – Mar 14 F 4:15-8p \$133.09/\$41.44
 New Richmond: 235 Joshua Hoivik

Artistic Welding

60-442-600

Welding: An Artistic Perspective! Do you have little or no experience with welding? Explore welding in a safe environment with a focus on its artistic possibilities. Collaborative and individual projects are encouraged. For supply list go to witc.edu/supplies. No loose clothing and hair must be tied back.

24926 Mar 21 – Apr 4 F 4-8p \$66.08/\$41.33
 New Richmond: 235 Dan Wilkinson

Woodwork: Make a LongBow, Beg

60-409-601

Enjoy good conversation and humor while learning from a woodworking pro. Your instructor, Tony Jenson, will lead you through the process of making a functional, heirloom longbow that will last a lifetime. You will have a choice of the Neolithic European Design or Eastern Native American Design. All wood used is indigenous to our area. Please call Luck Community Education (715-472-2152 ext. 103) for a tool and material list. Staves will be available for \$25 from the instructor.

25382 Feb 6 – Mar 27 Th 6-9p \$103/\$53.50
 Luck: High School Tony Jenson

HEALTHY LIVING

Herbal Adaptogens: Anti-Stress Solutions

60-560-610

Lifes hectic pace can wreak havoc on your Immunity, Nerves and Endocrine System. There are several categories of herbs, one called Adaptogens, well suited for those particular systems...soothing and supporting some of the bodys primary functions. Don't miss this session on botanicals for a stressed out society. Everyone will benefit. This class is offered via ITV to New Richmond and Superior locations. The instructor is in-person at the Rice Lake location.

25277 Mar 5 W 6-9p \$20.50/\$12.25
 New Richmond: 131 Gigi Stafne

Creating Home Herbal Medicine Garden

60-560-610

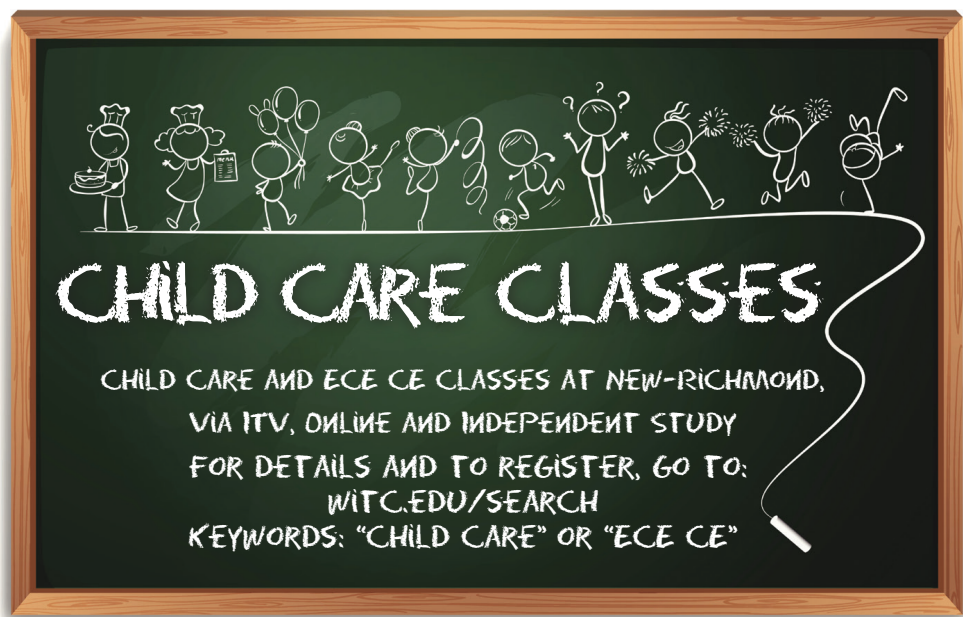
Certain medicinal herbs are easy to grow and perfect for your Herbal Garden in the upcoming season. Learn which herbs grow well, the health ailments they are good for, plus a plethora of abundant natural health information. This class is offered via ITV to New Richmond and Superior locations. The instructor is in-person at the Rice Lake location.

25316 May 14 W 6-8p \$12.25/\$8.12
 New Richmond: 151 Gigi Stafne

Spring into Health

60-560-610

Feeling sluggish after a long northern winter? Time to energize your body...naturally. There are some herbs and other natural supports for the five main



eliminative channels in the body that are perfect for this. Learn more about these, along with sundry botanical recipes that you can blend yourself at home. Prepare yourself for a path of health and wellness this season. This class is offered via ITV to New Richmond and Superior locations. The instructor is in-person at the Rice Lake location.

25274 Mar 4 Tu 6-8:30p \$20.50/\$12.25
New Richmond: 129 Gigi Stafne

Super Spice Secrets

60-560-610

Common culinary spices and herbs carry incredible medicinal properties. Why not begin using more every meal? Learn the health care properties of all-time favorite spices. Stock your kitchen cabinet after this class for prevention and wellness. This class is offered via ITV to New Richmond and Superior locations. The instructor is in-person at the Rice Lake location.

25284 Mar 26 W 6-8p \$12.25/\$8.12
New Richmond: 151 Gigi Stafne

Top Ten Herbs

60-560-610

Learn the characteristics and nature of the most popular herbs in the U.S. and Canada to date, from common health and prevention uses to contraindications that everyone should know. Important herbal basics for everyone. This class is offered via ITV to New Richmond and Superior locations. The instructor is in-person at the Rice Lake location.

25312 Mar 20 Th 6-8p \$12.25/\$8.12
New Richmond: 142 Gigi Stafne

Women's Health Naturally

60-560-610

Womens Health Naturally: Part 1. Listen to your body's language on a deeper level. Respond to your physical and emotional needs with natural and botanical methods that are gentle, non-invasive. Experience optimal health. Join Naturopath, Master Herbalist and Womens Health Educator, Gigi Stafne, for this 2-part session on Womens Health Naturally covering health issues and herbs for the three main cycles of womens lives.

25297 May 28 W 6-9p \$20.50/\$12.25
New Richmond: 142 Gigi Stafne

Womens Health Naturally: Part 2. Listen to your body's language on a deeper level. Respond to your physical and emotional needs with natural and botanical methods that are gentle, non-invasive. Experience optimal health. Join Naturopath, Master Herbalist and Womens Health Educator, Gigi Stafne, for this 2-part session on Womens Health Naturally covering health issues and herbs for the three main

cycles of womens lives.

25305 May 29 Th 6-9p \$20.50/\$12.25
New Richmond: 142 Gigi Stafne

Water Aerobics

60-807-606

Enjoy the benefits of a cardio workout without the high impact of regular aerobics. The resistance of the water provides a good all-over workout, while you strengthen various muscle groups. The buoyancy of the water equals less stress on your body. No swimming skills are required.

24823* Jan 7 – Feb 13 TuTh 5-6p \$28.75/\$16.37
Balsam Lake: Unity School District Laurie Paulsen
*Students choose and pay for 6 of the 12 hours offered.

24824* Jan 7 – Feb 13 TuTh 5-6p \$53.50/\$28.75
Balsam Lake: Unity School District Laurie Paulsen
*Students choose and pay for 12 of the 12 hours offered.

24825* Feb 18 – Apr 3 TuTh 5-6p \$28.75/\$16.37
Balsam Lake: Unity School District Laurie Paulsen
*Students choose and pay for 6 of the 12 hours offered. Class will not meet Mar 11 or 13.

24826* Feb 18 – Apr 3 TuTh 5-6p \$53.50/\$28.75
Balsam Lake: Unity School District Laurie Paulsen
*Students choose and pay for 12 of the 12 hours offered. Class will not meet Mar 11 or 13.

24827* Apr 8 – May 15 TuTh 5-6p \$28.75/\$16.37
Balsam Lake: Unity School District Laurie Paulsen
*Students choose and pay for 6 of the 12 hours offered.

24828* Apr 8 – May 15 TuTh 5-6p \$53.50/\$28.75
Balsam Lake: Unity School District Laurie Paulsen
*Students choose and pay for 12 of the 12 hours offered.

24829* May 20 – Jun 26 TuTh 5-6p \$28.75/\$16.37
Balsam Lake: Unity School District Laurie Paulsen
*Students choose and pay for 6 of the 12 hours offered.

24830* May 20 – Jun 26 TuTh 5-6p \$53.50/\$28.75
Balsam Lake: Unity School District Laurie Paulsen
*Students choose and pay for 12 of the 12 hours offered.

You'll feel and see the results of this class; it includes a fun regiment of stretching, cardio, and core strengthening. Weight-resistance training with foam bar bells and noodles helps tone your arms, legs, and abdominals. All skill levels are welcome to try water aerobics; buoyancy allows for low impact on your body. Ongoing classes every 6 weeks. Contact Luck Comm. Ed. for additional class details at 715-472-2152 ext. 103 or amya@lucksd.k12.wi.us.

25358 Jan 13-Feb 19 MW 5:45-6:45p \$53.50/\$28.75
Luck: Country Inn Pool Janet Erickson

25376 Jan 13 – Feb 19 MW 8:30-9:30a \$53.50/\$28.75
Luck: Country Inn Pool Janet Erickson

25348 Jan 14-Feb 20 TuTh 8:30-9:30a \$53.50/\$28.75
Luck: Country Inn Pool Janet Erickson

25349 Jan 14-Feb 20 TuTh 9:30-10:30a \$53.50/\$28.75

	<i>Luck: Country Inn Pool</i>		<i>Janet Erickson</i>	
25356	Feb 24-Apr 2	MW 5:45-6:45p	\$53.50/\$28.75	<i>Janet Erickson</i>
	<i>Luck: Country Inn Pool</i>			
25357	Feb 24-Apr 2	MW 8:30-9:30a	\$53.50/\$28.75	<i>Janet Erickson</i>
	<i>Luck: Country Inn Pool</i>			
25346	Feb 25-Apr 3	TuTh 8:30-9:30a	\$53.50/\$28.75	<i>Janet Erickson</i>
	<i>Luck: Country Inn Pool</i>			
25347	Feb 25-Apr 3	TuTh 9:30-10:30a	\$53.50/\$28.75	<i>Janet Erickson</i>
	<i>Luck: Country Inn Pool</i>			
25352	Apr 7-May 14	MW 5:45-6:45p	\$53.50/\$28.75	<i>Janet Erickson</i>
	<i>Luck: Country Inn Pool</i>			
25354	Apr 7-May 14	MW 8:30-9:30a	\$53.50/\$28.75	<i>Janet Erickson</i>
	<i>Luck: Country Inn Pool</i>			
25344	Apr 8-May 15	TuTh 8:30-9:30a	\$53.50/\$28.75	<i>Janet Erickson</i>
	<i>Luck: Country Inn Pool</i>			
25345	Apr 8-May 15	TuTh 9:30-10:30a	\$53.50/\$28.75	<i>Janet Erickson</i>
	<i>Luck: Country Inn Pool</i>			
25378	May 19-Jun 25	MW 5:45-6:45p	\$53.50/\$28.75	<i>Janet Erickson</i>
	<i>Luck: Country Inn Pool</i>			
25380	May 19-Jun 25	MW 8:30-9:30a	\$53.50/\$28.75	<i>Janet Erickson</i>
	<i>Luck: Country Inn Pool</i>			
25350	May 20-Jun 26	TuTh 8:30-9:30a	\$53.50/\$28.75	<i>Janet Erickson</i>
	<i>Luck: Country Inn Pool</i>			
25351	May 20-Jun 26	TuTh 9:30-10:30a	\$53.50/\$28.75	<i>Janet Erickson</i>
	<i>Luck: Country Inn Pool</i>			

Soma Yoga

60-807-628

Find freedom and ease of movement in your body. Regardless of age, muscles can become tight and inflexible. Explore how the body's responses to stress can become habituated within the muscles, and how this can affect physical functioning. Learn simple movements that can increase coordination, physical functioning, and mobility. Your instructor combines somatics, therapeutic yoga, and classic asana allowing you to safely explore your range of motion in muscles and joints.

25147	Jan 30 – Feb 20	Th 7-8p	\$20.50/\$12.25	<i>Lisa Genke</i>
	<i>New Richmond: 162</i>			

HOME & LEISURE

DIY Cleaning Products

60-308-601

Our grandparents and great grandparents used to make many household cleaning products with simple supplies they routinely had on hand. Learn how to make laundry soap, carpet cleaner/freshener and a household disinfectant that you can take home with you. Please bring a container which can hold 1 1/2 cups of dry laundry soap, a 12 oz. spray bottle, and a \$10 material fee payable to instructor.

25481	Mar 27	Th 6-8p	\$12.25/\$8.12	<i>Alise Leguizamon</i>
	<i>Amery: Intermediate School</i>			

Communicating With Children

60-305-615

Enhance your relationship with your children and grandchildren by learning about two aspects of more effective communication: Positive vs. negative language and giving directions. Your instructor has a background in Speech Therapy and has an interest in the world of communicating. Her engaging presentation will guide you in improving communications at home.

25479	Mar 25	Tu 6-8p	\$12.25/\$8.12	<i>Alise Leguizamon</i>
	<i>Amery: Intermediate School</i>			

Life Insurance: Consumer Basics

42-162-409

Gain a comprehensive overview of the major life insurance policies that are available today. Understand policies including term, whole life, universal life, variable whole life, adjustable whole life and universal variable whole life. Your instructor will discuss the need for these policies as well as policy structure. This course is open to the general public.

25039	May 15	Th 1:30-5:30p	\$16.22/\$4	<i>Robert Houser</i>
	<i>New Richmond: 142</i>			

Homebrewing Basics

60-303-600

Did you know that over 1 million Americans brew beer at home? It is easy, fun and rewarding. Learn the basics from your instructor who has been homebrewing for seven years. Understand the ingredients and equipment needed to craft your own brew.

26181	Jan 28	Tu 6-8p	\$12.25/\$8.12	<i>David Hagstrom</i>
	<i>New Richmond:</i>			

Foods: Sanitation for Restaurant Managers

47-303-405

This course provides the background information needed for the National Restaurant Association's Certification exam for sanitation. This exam meets state certification requirements for restaurant managers effective January 1, 1995. The exam will be given at the end of the last class. Course topics include: Microorganisms and food-borne diseases, safe food handling and storage, and standards for cleanliness and sanitation.

Students are strongly encouraged to review the information at this website prior to registering for class. <http://www.servsafe.com/downloads/pdf/>

SSFS_Examinee_Handbook.pdf Students may purchase book by contacting the WITC Rice Lake Bookstore at 800.243.9482, extension 5474. You MUST bring your textbook to class. Book: "ServSafe Essentials" 6th edition.

24073 Mar 1 – Mar 8 Sa 9a-4p \$40.66/\$4
New Richmond: 160 Marsha Stoeberl

Responsible Beverage Service

47-311-400

Students will learn responsible beverage service techniques. Local and state laws will be discussed. Techniques for creating a more profitable business environment by preventing negative and/or unsafe situations in the serving of alcoholic beverages are included. Content will also include implications for legal action against owners and operators of beverage service facilities from inappropriate patron behavior. In general the course is designed to increase the awareness of alcoholic beverage service techniques for owners/operators and the potential for increasing profits through responsible management practices. This course was jointly developed by the Wisconsin Restaurant Association and the Wisconsin Technical College System and may fulfill or partially fulfill local municipal ordinance requirements for beverage servers.

23994 Jan 27 M 6-10p \$23/\$10.78
New Richmond: 160 Kristin Samp

23995 Mar 24 M 6-10p \$23/\$10.78
New Richmond: 160 Kristin Samp

23996 May 19 M 6-10p \$23/\$10.78
New Richmond: 210 Kristin Samp

LIFELONG LEARNING

Write Right Now!

42-801-402

Whether you are creating short stories, a novel, memoir or play, or a piece for your local newspaper, this is a place to come for hints to improve your project and for inspiration and encouragement from other listeners/readers/writers.

24464 Jan 28 – Mar 4 Tu 4-6p \$40.66/\$4
Frederic: High School Carolyn Wedin

25384* Jan 30 – Mar 6 Th 4-6p \$40.66/\$4
Luck: High School Carolyn Wedin
*Class will meet in the library.

24463* Apr 1 – May 13 Tu 4-6p \$40.66/\$4
Frederic: High School Carolyn Wedin
*Class will not meet Apr 22.

25383* Apr 3 – May 8 Th 4-6p \$40.66/\$4
Luck: High School Carolyn Wedin
*Class will meet in the library.

Spanish Beginning

60-802-600

You will gain a working knowledge of Spanish pronunciation, parts of speech and cultural tips. Practice vocabulary for food, travel, clothing and other practical words and phrases. You will benefit from this class if you are an absolute beginner or have minimal knowledge of Spanish. Material fee of \$7 payable to the instructor first day of class. No class 02/13, 02/27, 03/13, 03/27, and 04/03.

25034* Jan 23 – Apr 17 Th 6-8p \$70/\$37
New Richmond: 164 Leslie Bleskacek
*Class will not meet Feb 13, 27, Mar 13, 27, and Apr 3.

Drama in the Northwoods

42-808-401

Join us as we read and see William Shakespeare's Hamlet and Tom Stoppard's Rosencrantz and Guildenstern Are Dead at the Guthrie in Minneapolis, and the one-man show based on Tim O'Brien's The Things they Carried at the History Theater in St. Paul.

24465* Mar 31 – May 12 M 6:30-8:30p \$40.66/\$4
Frederic: High School Carolyn Wedin
*Class will not meet Apr 21.

Join us for a study of variations of William Shakespeare's Othello, in print and on screen, culminating in seeing the production of Othello at the Guthrie in Minneapolis on March 8.

24462 Jan 27 – Mar 3 M 6:30-8:30p \$40.66/\$4
Frederic: High School Carolyn Wedin

SAFETY & TRANSPORTATION

Motorcycle - Basic Rider 1

42-816-400

This 16-hour course is approved by the Department of Transportation. It is designed to teach the beginner or experienced rider the safe techniques to riding a motorcycle. It consists of 6 hours of classroom and 10 hours of on-cycle instruction. After Successful completion of this class you would receive a "waiver" to take to the DMV that may waive you from taking the road test in order to obtain your Motorcycle Endorsement.

24259* Apr 12 – Apr 27 Sa Su \$250.20
New Richmond: 605 WITC TBD
*Meets Apr 12, 9a-4p; Apr 26 & 27, 8a-1p

24260* Apr 12 – Apr 27 Sa Su \$250.20
New Richmond: 605 WITC TBD
*Meets Apr 12, 9a-4p; Apr 26 & 27, 2-7p

24263* Apr 26 – May 4 Sa Su \$250.20
New Richmond: 604 WITC TBD

**Meets Apr 26, 9a-4p; May 3 & 4, 8a-1p*

24264*	Apr 26 – May 4	Sa Su	\$250.20
	New Richmond: 604		WITC TBD
	<i>*Meets Apr 26, 9a-4p; May 3 & 4, 2-7p</i>		
24265*	May 3 – May 11	Sa Su	\$250.20
	New Richmond: 605		WITC TBD
	<i>*Meets May 3, 9a-4p; May 10-11, 8a-1p</i>		
24268*	May 3 – May 11	Sa Su	\$250.20
	New Richmond: 605		WITC TBD
	<i>*Meets May 3, 9a-4p; May 10-11, 2-7p</i>		
24270*	May 10 – May 18	Sa Su	\$250.20
	New Richmond: 604		WITC TBD
	<i>*Meets May 10, 9a-4p; May 17-18, 8a-1p</i>		
24271*	May 10 – May 18	Sa Su	\$250.20
	New Richmond: 604		WITC TBD
	<i>*Meets May 10, 9a-4p; May 17-18, 2-7p</i>		
24272*	May 17 – Jun 1	Sa Su	\$250.20
	New Richmond: 605		WITC TBD
	<i>*Meets May 17, 9a-4p; May 31-Jun 1, 8a-1p</i>		
24276*	May 17 – Jun 1	Sa Su	\$250.20
	New Richmond: 605		WITC TBD
	<i>*Meets May 17, 9a-4p; May 31-Jun 1, 2-7p</i>		

Paddlesports America

42-817-402

Canoeists and kayakers are boaters too! Get to know your paddlcraft and how to plan for safety before you get underway. Understand storage, dressing for safety, safe operation skills such as entering and exiting, US Aids to Navigation, local hazards, legal requirements and boating emergency preparation. Your instructor is accredited by the American Canoe Association. He will be teaching in person at the Ashland campus and via Interactive Television (ITV) at other locations.

25371 Mar 29 Sa 8a-12p \$16.22/\$4
New Richmond: 142 Chris Bandy

Suddenly in Command

42-817-402

You are on a new boat and the captain becomes incapacitated or falls overboard. You are Suddenly In Command. Literature contains many horror stories about a passenger, who does not know how to start the engine or operate the radio, watches in horror as a strong wind blows the boat away faster than the overboard captain can swim. This boating safety primer is designed for those not generally at the helm and will help you to be prepared with the basics in case of an emergency. Learn about your vessel, including nomenclature and operating principles. Discover what causes boating mishaps and how to minimize them, basic boat handling and what equipment should be on board. Misfortune occurs in seconds and you have the rest of your life to be grateful that you knew what to do because you were prepared. Your instructor is a District Captain of the US Coast Guard Auxiliary. He will be teaching in person at the Ashland campus and via Interactive Television (ITV) at other locations.

25363 Apr 5 Sa 8a-12p \$16.22/\$4
New Richmond: 142 Carl Broberg

Traffic Safety for Point Reduction

42-812-404

Participants of the Traffic Safety course will examine their driving behavior and review traffic laws and penalties. Emphasis will be placed on ways to drive responsibly. The Traffic Safety class will show participants how to develop a change plan to reduce their risk of traffic violations and crashes. Students who successfully complete this Traffic Safety class may be eligible to receive a three-point reduction from their driving record. This class also meets the requirements for anyone that has received a 'Failure to Yield Right of Way Violation' 2011 Wisconsin Act 173-346.18.

Books will be provided at class.

24978	Jan 21 – Jan 30	TuTh 6-9p	\$62.91/\$26.25
	New Richmond: 160		Eric Lockwood
24979	Apr 15 – Apr 24	TuTh 6-9p	\$62.91/\$26.25
	New Richmond: 151		Eric Lockwood

Emergency Medical Technician Training

Start and continue your career education as an EMT.

For more information, go to witc.edu/continuing-education/ems or call your regional training specialist at 800.243.9482:

- Ashland – Cindy Lazorik, ext. 3126
- New Richmond – Greg Carlson, ext. 4202
- Rice Lake – Steve Mackiewicz, ext. 5244
- Superior – Lee Kennedy, ext. 6331



Like "WITC Continuing Education" on Facebook and get updates on new classes, conferences, events and more!

Rice Lake Region

ARTS

Art: Portrait Drawing

60-815-605

Using black and white materials, learn to draw portraits from photos you bring along to class. We'll learn about proportions of facial features, do warm-up exercises, look in a mirror to create a self-portrait using contour lines, draw profiles and other angles of portraits from photos with shading. The instructor will demonstrate various drawing techniques including capturing the shapes of darks and lights. If you have the book *Drawing on the Right Side of the Brain* by Betty Edwards, please read chapter 9, Facing Forward: Portrait Drawing with Ease, for background information (optional). Bring a sack lunch and beverage for the lunch break. There's a supply list for this class at: www.witc.edu/supplies. Class size limit: 14.

25194 Apr 28 M 9:30a-3:30p \$28.75/\$16.37
Hayward: WITC-Hayward Diana Randolph

25406 Apr 29 Tu 9:30a-3:30p \$28.75/\$16.37
Hayward: WITC-Hayward Diana Randolph

Rosemaling I

60-306-606

Discover the Norwegian folk art of Rosemaling: decorative painting on wood or woodenware. You will learn brush handling, application and mixing of colors; along with planning and painting your design. Please be prepared to pay your instructor an additional fee of approximately \$30 depending upon materials needed. Please go to witc.edu/supplies for a full supply list.

24864 Feb 24 – Mar 31 M 6:30-8:30p \$53.50/\$28.75
Chetek: C-W High School Patricia Vork

Art: Mosaic Art

60-815-608

Join us to make an easy mosaic glass art project; choose one of the following, a side table, a plant stand or a birdfeeder. The tedious glass cutting is done and ready to go. Bring your design ideas or use some of the easy-to-do patterns supplied by the instructor. The process is fun and simple and all but guarantees success for even the least creative students, Really!!!! Bring material fee of \$18-\$28 (depending on your project choice) which will be paid to instructor at beginning of class.

25196 Apr 3 – Apr 10 Th 5:30-8:30p \$28.75/\$16.37
Hayward: WITC-Hayward Peggy Ingles

Braided Seagrass Swing

60-815-620

This basket is absolutely beautiful and weaves up very fast. It features a beautiful solid oak base and oak handle. The sides have rows of color and braided seagrass. This basket measures 12' across the top. Please bring pencil, tape measure, an old towel, sharp heavy duty scissors and a pan to soak reed in. All materials will be pre-cut and all you have to do is start weaving! Beginners are always welcome. \$37 material fee payable to the instructor. Please contact instructor pziburski@aol.com for photo or questions regarding this class. You MUST register at least two weeks in advance to allow instructor time to prepare materials.

25191 Mar 6 Th 10a-5p \$37/\$20.50
Hayward: WITC-Hayward Patricia Ziburski

Red Wagon Wheels

60-815-620

This basket is a fun weave and features red reed dyed by the instructor. It is a medium sized basket with a Cherokee wheel design. These wheels will be demonstrated in class but are easier to do when the basket is dry so you may choose to complete these at home. Please bring pencil, tape measure, an old towel, sharp heavy duty scissors and a pan to soak reed in. All materials will be pre-cut and all you have to do is start weaving! Beginners are always welcome. \$35 material fee payable to the instructor. Please contact instructor pziburski@aol.com for photo or questions regarding this class. You MUST register at least two weeks in advance to allow instructor time to prepare materials.

25189 Feb 6 Th 10a-5p \$37/\$20.50
Hayward: WITC-Hayward Patricia Ziburski

Square on Square

60-815-620

This basket is not only quick and easy to create but fun, too! This basket features colored reed woven in to reveal a plaid pattern. All materials will be pre-cut, so all you have to do is start weaving! Please bring a pan to soak reed, heavy duty scissors, tape measure, pencil, towel, and a \$35 material fee payable to instructor. You MUST register at least two weeks in advance to allow instructor time to prepare materials. Please contact instructor pziburski@aol.com for photo or questions regarding this class.

25192 Apr 23 W 10a-5p \$37/\$20.50
Hayward: WITC-Hayward Patricia Ziburski

25094 Apr 28 M 10a-3:30p \$28.75/\$16.37
Rice Lake: 225 Patricia Ziburski

Building a Willow Trellis

60-815-640

Create a willow trellis or experiment with other outdoor, garden or patio furniture. Learn about types of trellises, bending techniques and construction. Please bring a hammer, work gloves, and pruning shears (if you have them) and \$5 material fee payable to instructor.

25093	Apr 3	Th 6-8p	\$12.25/\$8.12
	<i>Rice Lake: 183</i>		<i>Sydney Tanner</i>
24863	Apr 24	Th 6-8p	\$12.25/\$8.12
	<i>Chetek: C-W High School</i>		<i>Sydney Tanner</i>

Fiber Art Creations

60-815-640

Learn the method of traditional or primitive rug hooking using a hook and simple frame to create a fun project! Learn which tools to use, how to use fibers from yard goods and reclaimed clothing and complete a project using patterns and prepared wool. A display of completed rugs and other projects like purses, decorative accessories, pillows and wearable art will be provided by your instructor, an artist and teacher of this medium since 2006. Please bring a \$48 material fee payable to instructor and scissors with you to class. Note: This is not latch hooking. Feel free to check out the instructors blog at orangesink.blogspot.com.

25079	Feb 20 – Mar 6	Th 6-8p	\$28.75/\$16.37
	<i>Rice Lake: 225</i>		<i>Cathleen Greschner</i>

Rope Making

60-815-640

Join us to make hand-made rope. Using locally gathered wild materials such as common milkweed, dogbane and deer sinew, you will learn two different traditional methods of making rope. After this class, you will never look at your cotton shirt the same way. Please bring a \$5 material fee is payable to instructor.

25398	Feb 13	Th 5-8p	\$20.50/\$12.25
	<i>Rice Lake: 174</i>		<i>Amy Schmidt</i>

Mosaic Sampler

60-306-630

Brighten your home with a beautiful mosaic glass plant stand (approx. 24' H X 144' W) or impress guests with a colorful, one of a kind, serving tray (approx. 11' X 15') that you design and make. Please bring a \$15 (tray) or \$20 (plant stand) material fee payable to instructor to the 1st class; and to the 2nd class bring an old bath towel, pint-sized, covered container with lid and work clothes.

24877	May 22 – May 29	Th 6-9p	\$28.75/\$16.37
	<i>Spooner: High School</i>		<i>Peggy Ingles</i>

Spruce up your home or cabin with your original art work. Using this easy mosaic glass technique, create a colorful mosaic mirror (approx. 15' wide) or make a statement with word art decor. The process is fun, easy, and all but guarantees success for even the most artistically challenged! Please bring a \$9 - \$20 material fee payable to instructor to the 1st class; and to the 2nd class bring an old bath towel, pint-sized, covered container with lid and work clothes.

24876	Apr 7 – Apr 14	M 6-9p	\$28.75/\$16.37
	<i>Spooner: High School</i>		<i>Peggy Ingles</i>

Beginners Log Cabin Quilt

60-304-615

Have you always wanted to learn to quilt? If so, this is the class for you. We will be working on a traditional log cabin quilt using easy, modern techniques. This class is for the beginner or anyone looking for a better way to make this fabulous quilt. You will receive a supply list at class.

25095	Jan 20 – Feb 10	M 6-8:30p	\$45.25/\$24.62
	<i>Rice Lake: 225</i>		<i>Diann Raymond</i>

Carrot Table Topper

60-304-615

Come learn how to make this cute giant fabric carrot. You can display it on a table or a wall for Easter. You'll need various shades of orange for the striped carrot. Bring your sewing machine. A complete list of fabric needed will be provided before the first class.

25258	Mar 15	Sa 9a-3p	\$28.75/\$16.37
	<i>Ladysmith: WITC-Ladysmith</i>		<i>Staci Prasnicki</i>

Crazy Nine Patch Quilt

60-304-615

Choose nine coordinating 'fat quarters', and using a 'stack n whack' cutting method, you can make a fabulous quilt. Add a couple of borders and you'll have a bed-size quilt. Come join the fun. Bring your sewing machine. A complete list of fabric needed will be provided before the first class.

25253	Mar 4 – Mar 25	Tu 6-8p	\$37/\$20.50
	<i>Ladysmith: WITC-Ladysmith</i>		<i>Staci Prasnicki</i>

Cutting Twenty Quilt

60-304-615

Shop for twenty 'fat quarters' of various coordinating and contrasting colors and prints, and we'll show you how to turn them into a fantastic bed-size quilt. No additional fabric necessary. Come join the fun. Bring your sewing machine.

25254	Apr 8 – Apr 29	Tu 6-8p	\$37/\$20.50
	<i>Ladysmith: WITC-Ladysmith</i>		<i>Staci Prasnicki</i>

Free Motion Quilting

60-304-615

Drop your 'feed dogs' and learn how to get started free motion quilting using your home domestic sewing machine. We will provide you with tips, tricks, and designs to get you going. Bring your sewing machine, thread, scissors, and a free motion quilting foot/darning foot, if you have one. Also bring a 24' x 24' quilting sandwich to practice your skills.

25245 Feb 18 Tu 6-9p \$20.50/\$12.25
Ladysmith: WITC-Ladysmith Staci Prasnicki

Liberty Blossoms Wall Hanging

60-304-615

Learn how to make this patriotic wall hanging featuring a flag and a pot of flowers. You will learn how to rotary cut, piece quilt, and applique. Its not hard! Bring your sewing machine. A complete list of fabric needed will be provided before the first class.

25257 May 13 – May 20 Tu 6-9p \$28.75/\$16.37
Ladysmith: WITC-Ladysmith Staci Prasnicki

UFO Quilting

60-304-615

Have you started a quilting project or two, and never finished? Bring your 'UFOs' (un-finished objects) and we'll help you finish them! If you're stuck and need help, we can help you. Bring your sewing machine and supplies, and your 'UFO' and finish it!

25255 Apr 5 Sa 9a-3p \$28.75/\$16.37
Ladysmith: WITC-Ladysmith Staci Prasnicki

25256 May 10 Sa 9a-3p \$28.75/16.37
Ladysmith: WITC-Ladysmith Staci Prasnicki

Bags and Organizers

60-301-605

Sew beautiful bags and organizers and learn loads of tricks and tips for easy construction. Creations in this class will be different than previous projects, so join as a new or repeat student. Basic sewing knowledge is necessary. You will receive a supply list at the first class.

25096 Feb 17 – Mar 3 M 6-8:30p \$37/\$20.50
Rice Lake: 225 Diann Raymond

Recycled Blue Jean Purse

60-301-605

All of us have old denim jeans we have either out grown, torn up, or they are just out of fashion. Don't add to the area landfill by throwing old jeans away! Instead, repurpose them, and make a purse! Bring your portable sewing machine, an old pair of jeans, and one yard of fabric for the lining. You may also want to add some bling to decorate your purse,

such as pins, buttons, sequins, ribbons, glitter, etc. Make it uniquely your own!

25211 Mar 22 Sa 1-5p \$20.50/\$12.25
Hayward: WITC-Hayward Jerilyn Dunlap

25260 Apr 5 Sa 12-4p \$20.50/\$12.25
Ladysmith: WITC-Ladysmith Jerilyn Dunlap

Recycled Sweater Purse

60-301-605

Do you have an old sweater that you can't bear to part with? Maybe it doesn't fit anymore, or it has a hole in it you can't fix. You can recycle that sweater and turn it into a purse. Bring your portable sewing machine, an old sweater, and one yard of fabric for the lining. You may also want to add pins or buttons to decorate your purse. Come have some fun!

25210 Feb 15 Sa 1-5p \$20.50/\$12.25
Hayward: WITC-Hayward Jerilyn Dunlap

25259 Feb 22 Sa 12-4p \$20.50/\$12.25
Ladysmith: WITC-Ladysmith Jerilyn Dunlap

Creative Writing II

60-801-601

Do you have the yen to polish your writing skills? Expand your skills and flex your imagination. Your instructor, Katy King, is a nature photographer and author of ten novels. Bring writing utensils and/or laptop for writing.

24875 Apr 10 – May 1 Th 6-8p \$37/\$20.50
Spooner: High School Kathleen King

Writing Your Life Story

60-801-601

Develop effective and concise writing styles and techniques as you write about the different stages of your life. You will have the opportunity to share your memorable stories in class and with loved ones.

25042 Mar 24 – Apr 28 M 9:30-11:30a \$53.50/\$28.75
Rice Lake: 168 Helen Block

Creative Writing

60-801-601

Transform your story into fascinating fiction or lively memoir. Expand your creativity as you work on skills and techniques to improve your writing. Your instructor, Katy King, is a nature photographer and author of ten novels. Bring writing utensils and/or laptop for writing.

24874 Apr 8 – Apr 29 Tu 6-8p \$37/\$20.50
Spooner: High School Kathleen King

COMPUTERS & TECHNOLOGY

Computers: Absolute Beginner

42-107-413

A course for new users of personal computers. You will be introduced to the hardware and terminology necessary to use a computer, and to word processing and using the internet. We will start with the basics — how to use the mouse! This is a must-have class for the true computer novice.

25243 Apr 8 – Apr 29 Tu 12:30-2:30p \$28.44/\$4
Ladysmith: WITC-Ladysmith Stephanie Novak

If you are new to computers, you must attend this class. You will learn the basics of operating a computer and get practice on the keyboard. You will learn how to safely boot it up, shut it down, and operate some of the most common features within it. You will practice creating and saving a basic document and understand the importance of naming it so you can retrieve it later. You will print a document and discuss the basics of managing the files (documents) you store on your computer.

24127 Jan 22 – Feb 12 W 1-4p \$40.66/\$4
Hayward: WITC-Hayward Patti Rumler

24942 Feb 3 – Mar 3 M 5:30-8p \$40.66/\$4
Rice Lake: 160 Cindy Tripp

Computers: Open Lab

60-107-602

So you have a specific computer question or project and you're stumped?! Where can you get help? Join this Open Lab computer class and bring your question(s)/project(s) to class for one-on-one help. If the topic is of interest to the entire group, a group presentation will be provided. Feel free to bring your laptop or use our computers. Potential topics? Facebook marketing for non-profits, a specific Excel project, a beginning or more advanced Word document, etc. More advanced topics like website design will not be covered. If you have questions regarding the appropriateness of your topic please call 715-634-5167. Please bring your e-mail address and login information to class.

25145 Mar 13 – Mar 27 Th 1-4p \$45.25/\$24.62
Hayward: WITC-Hayward Patti Rumler

Facebook Marketing

60-107-602

Social media is a powerful tool to market your organization or business! You can reach out to customers, clients and volunteers by creating your own Facebook page for your non-profit or business. Once done, you can send short updates to those contacts in MINUTES! Your customers can even

SHARE your good news with others, thus increasing your exposure. Attend this short class to learn about the power of Facebook marketing!

25231 Apr 2 W 1-4p \$20.50/\$12.25
Hayward: WITC-Hayward Patti Rumler

Intro to Facebook

60-107-602

Facebook has one billion users and growing! Learn how to set up an account, create your profile and secure your privacy. This class will be a perfect introduction to key social networking concepts and terms, for the newbie as well as the old pro, as participants learn how Facebook helps share stories, photos, and re-connect with family and friends. If you do not have an email account, you will learn how to create and manage an email account. The second class offers more tips and tricks about online social networking features and functions. Specific time is devoted to uploading content, securing your privacy and creating lasting relationships online.

25229 Mar 19 W 1-4p \$20.50/\$12.25
Hayward: WITC-Hayward Patti Rumler

iPad - Taking & Editing Photo

60-107-602

In addition to replacing books, the iPad replaces photo albums. You can literally carry thousands of photos with you on your iPad. Plus, your iPads screen is a beautiful way to display photos. Learn to sync photos from your computer or use a camera connect accessory, browse and view, and take photos with your iPad.

24966 May 14 W 6-8p \$12.25/\$8.12
Rice Lake: 160 Sara Ducos

iPad - The world of Apps!

60-107-602

Apps that come with your iPad and the iWork suite are just the tip of the iceberg. The App Store now contains 375,000 apps from third-party developers, with more added each day. Discover how to use the App Store to purchase new apps, find free ones, and how to organize them.

24967 May 1 Th 6-8p \$12.25/\$8.12
Rice Lake: 160 Sara Ducos

Pinterest Fun

60-107-602

Pinterest is where you go to discover new things and collect stuff you love—and its free. If you find something online you want to build, cook, buy or do, just Pin It to your personal Pinterest site and you can easily access it any time. Its a great place to save recipes, building projects, crafting ideas, travel sites, and any kind of wish list you can envision! You MUST be able to access your e-mail account from the WEB for this class.

25230 Mar 26 W 1-4p \$20.50/\$12.25
Hayward: WITC-Hayward Patti Rumler

Save/Organize Documents

60-107-602

You will learn how to move/organize & rename your documents & photos into folders that are manageable and recognizable. You will also learn how to back up your most valuable files for sakekeeping.

25227 Feb 13 Th 1-4p \$20.50/\$12.25
Hayward: WITC-Hayward Patti Rumler

Word & Excel Basics

60-107-602

Join this class to learn the basic skills in MS Word and MS Excel. Learn how to create a basic document, edit, save it, and apply simple formatting enhancements. On the second day, you'll learn the basic skills in Excel—how to create a basic spread-

sheet, modify it, insert simple formulas, and save it. Interest in this class will determine if there is sufficient interest to develop more MS classes.

25226 Mar 5 – Mar 12 W 1-4p \$28.75/\$16.37
Hayward: WITC-Hayward Patti Rumler

Internet & Email Skills

42-107-490

Learn how to connect to the Internet and World Wide Web to find and download information. Understand how to communicate with others electronically. Come prepared with basic computer skills.

26012 Mar 17 – Mar 26 MW 6-8p \$28.44/\$4
Rice Lake: Cindy Tripp

Comp: Windows 7 1st Step

60-103-601

Learn about the basic features of Windows 7

24956 Feb 24 – Feb 28 MWF 1-4p \$45.25/\$24.62
Rice Lake: Senior Citizens Ctr Ronald Gehler

Comp: Windows 7 Next Step

60-103-601

Learn about some of the more advanced features of Windows 7

24957 Mar 3 – Mar 7 MWF 1-4p \$45.25/\$24.62
Rice Lake: Senior Citizens Ctr Ronald Gehler

Ready, Set, Go Preschool classes

The classes offered through New Richmond Community Education. This is a preschool program for 3-1/2 through 5-year-olds that gives children the opportunity to develop skills in the following areas: social/emotional, fine and gross motor, cognitive, creative (arts, crafts, songs), and sensory awareness.



For information, or to register, call 715.243.7421 or visit
www.newrichmond.k12.wi.us/Page/21

Windows 8

60-103-601

Introductory course on Windows 8. This course does not cover the touch screen features of Windows 8.

25209	Feb 15	Sa 10a-3:30p	\$28.75/\$16.37
	Hayward: WITC-Hayward		Michael Miller
24951	Feb 11-Feb 18	TuTh 5:30-8:30p	\$45.25/\$24.62
	Rice Lake: 160		Michael Miller
24952	Apr 8-Apr 15	TuTh 5:30-8:30p	\$45.25/\$24.62
	Rice Lake: 160		Michael Miller

Get Smart with Your Smartphone

60-107-608

Smartphones aren't just for phone calls! Join us to learn how to organize your contacts, take photos and send them in e-mail, surf the web, add social network accounts, customize your device and much more. Bring your instruction booklet and fully charged phone to class.

25233	Apr 2 – Apr 9	W 5:30-7:30p	\$20.50/\$12.25
	Hayward: WITC-Hayward		Kerri O'Bel

iPad Essentials

60-107-609

Bring your iPad and charger to this one-day class for hands-on practice with essential iPad skills! You will learn essential "settings" features like searching for wi-fi connections, anchoring your most used apps, and adjusting key settings commands. You'll also practice communicating via e-mails (with attachments), skype or facetime, move apps across screens, and investigate the "messaging" app. In addition, you will spend time using your camera and video features, surfing the internet, loading apps, and organizing your schedule with the calendar. Your iPad is your mobile personal assistant; join us to learn how to make it work to its potential! Prerequisite requirement: complete the preparatory tasks on the instructor's worksheet located at: witc.edu/supplies before you attend class.

25212	Mar 29	Sa 9a-3p	\$28.75/\$16.37
	Hayward: WITC-Hayward		David Viner

DO-IT-YOURSELF**Welding**

47-442-406

If you wish to advance your present welding skills, join us to review oxy-fuel, shielded metal arc, gas metal arc and gas tungsten arc welding processes. Your project will be reviewed by instructor. Please bring notebook, pliers, safety glasses and welding

goggles/helmet. This 30-hour course meets the hourly requirements for apprentices.

24913	Feb 4-Mar 6	TuTh 6:30-9:30p	\$133.09/\$41.44
	Rice Lake: 188		Paul Larson

Artistic Welding

60-442-600

Welding: An Artistic Perspective! Do you have little or no experience with welding? Explore welding in a safe environment with a focus on its artistic possibilities. Collaborative and individual projects are encouraged. For supply list go to witc.edu/supplies. No loose clothing and hair must be tied back.

24925	Mar 11-Apr 1	TuTh 6:30-9:30p	\$121.14/\$75.77
	Rice Lake: 188		Paul Larson

Woodworking: Open Shop

60-409-601

Whether you are a novice or advanced wood carver, your instructor will guide you to complete a project of your choice. You will gain an understanding of the properties of wood, hand and power tools, safety and how to market your wood products. Be prepared to provide your own materials and safety glasses. Class is held at the old Weyerhaeuser Schools shop room.

24838	Mar 5 – Mar 26	W 5-8p	\$53.50/\$28.75
	Weyerhaeuser School		Richard Manor

24839	Apr 2 – Apr 23	W 5-8p	\$53.50/\$28.75
	Weyerhaeuser School		Richard Manor

Woodworking

60-409-601

Students will be offered the opportunity to work on their own woodworking projects in this open shop atmosphere. You'll have the opportunity to work with Robert Hardy, a local shop teacher of over 31 years. Beginners welcome. Please bring own material. Winter High Schools tools and equipment are available for use.

24924	Mar 5 – Apr 9	W 5-7p	\$53.50/\$28.75
	Winter: High School		Robert Hardy

HEALTHY LIVING**Green Medicine/Tinctures**

60-560-610

Sustainable Green Medicine Series. Mini sessions: handcrafted botanical products for the home with Master Herbalist & Naturopath, Gigi Stafne. Attend one or all of these unique make-n-take herbalism classes. Creating Herbal Tinctures. A traditional method of preserving herbs and botanicals in liq-

uid solvents for your home natural medicine apothecary. Learn to prepare several in class. Gigi Stafne, Master Herbalist of 20 plus years on this plant ID walk to learn about medicinal, wild edible and unique cultural uses of plants in the Northern ecosystem. Gigi Stafne, MH, ND, MI is an enthusiastic educator, activist and writer in the botanical and natural medicine world, presently the coordinator of Herbalists without Borders, a national and international non-profit organization addressing issues of natural medicine health care access globally. Earth ethics, ecology, sustainability and environmental health are woven into all the courses that she presents. She teaches through Green Wisdom and operates Wild Earth Eco Tours offering programs on herbalism to cross cultural ethno botany tours. Gigi invites you to join her in a program with open heart, head and hands. After registration please check the Course Supply List page online for the materials list of a few items you need to bring to each class. <http://www.witc.edu/continuing-education/supplies.htm>

25287 Apr 2 W 6-9p \$20.50/\$12.25
Rice Lake: 225 Gigi Stafne

Green Medicine/Oils

60-560-610

Sustainable Green Medicine Series. Mini sessions: handcrafted botanical products for the home with Master Herbalist & Naturopath, Gigi Stafne. Attend one or all of these unique make-n-take herbalism classes. Creating Herbal Tinctures. A traditional method of preserving herbs and botanicals in liquid solvents for your home natural medicine apothecary. Learn to prepare several in class. After registration please check the Course Supply List page online for the materials list of a few items you need to bring to each class. witc.edu/supplies.

25289 Apr 9 W 6-9p \$20.50/\$12.25
Rice Lake: 225 Gigi Stafne

Green Medicine/Salves

60-560-610

Sustainable Green Medicine Series. Mini sessions: handcrafted botanical products for the home with Master Herbalist & Naturopath, Gigi Stafne. Attend one or all of these unique make-n-take herbalism classes. Creating Herbal Tinctures. A traditional

Healthy Living Classes with Master Herbalist Gigi Stafne

Feeling sluggish after a long winter? Learn to heal and energize your body naturally with Master Herbalist Gigi Stafne. Her courses will unlock the secrets of herbs, spices and green medicine.

Classes offered in person and via ITV.



method of preserving herbs and botanicals in liquid solvents for your home natural medicine apothecary. Learn to prepare several in class. After registration please check the Course Supply List page online for the materials list of a few items you need to bring to each class. witc.edu/supplies.

25291 Apr 16 W 6-9p \$20.50/\$12.25
Rice Lake: 225 Gigi Stafne

Green Medicine/Essences

60-560-610

Sustainable Green Medicine Series. Mini sessions: handcrafted botanical products for the home with Master Herbalist & Naturopath, Gigi Stafne. Attend one or all of these unique make-n-take herbalism classes. Handcrafting Flower Essences. Explore the delicate world of Flower Essences, handcrafting a traditional blend of 'Rescue Remedy' and others for emotional balancing. After registration please check the Course Supply List page online for the materials list of a few items you need to bring to each class: witc.edu/supplies.

25292 Apr 23 W 6-9p \$20.50/\$12.25
Rice Lake: 225 Gigi Stafne

Herbal Adaptogens: Anti-Stress Solutions

60-560-610

Lifes hectic pace can wreak havoc on your Immunity, Nerves and Endocrine System. There are several categories of herbs, one called Adaptogens, well suited for those particular systems...soothing and supporting some of the bodys primary functions. Don't miss this session on botanicals for a stressed out society. Everyone will benefit. This class is offered via ITV to New Richmond and Superior locations. The instructor is in-person at the Rice Lake location.

25276 Mar 5 W 6-9p \$20.50/\$12.25
Rice Lake: 128 Gigi Stafne

Creating Home Herbal Medicine Garden

60-560-610

Certain medicinal herbs are easy to grow and perfect for your Herbal Garden in the upcoming season. Learn which herbs grow well, the health ailments they are good for, plus a plethora of abundant natural health information. This class is offered via ITV to New Richmond and Superior locations. The instructor is in-person at the Rice Lake location.

25314 May 14 W 6-8p \$12.25/\$8.12
Rice Lake: 131 Gigi Stafne

Spring into Health

60-560-610

Feeling sluggish after a long northern winter? Time to energize your body...naturally. There are some herbs and other natural supports for the five main eliminative channels in the body that are perfect for this. Learn more about these, along with sundry botanical recipes that you can blend yourself at home. Prepare yourself for a path of health and wellness this season. This class is offered via ITV to New Richmond and Superior locations. The instructor is in-person at the Rice Lake location.

25273 Mar 4 Tu 6-8:30p \$20.50/\$12.25
Rice Lake: 128 Gigi Stafne

Super Spice Secrets

60-560-610

Common culinary spices and herbs carry incredible medicinal properties. Why not begin using more every meal? Learn the health care properties of all-time favorite spices. Stock your kitchen cabinet after this class for prevention and wellness. This class is offered via ITV to New Richmond and Superior locations. The instructor is in-person at the Rice Lake location.

25282 Mar 26 W 6-8p \$12.25/\$8.12
Rice Lake: 155 Gigi Stafne

Top Ten Herbs

60-560-610

Learn the characteristics and nature of the most popular herbs in the U.S. and Canada to date, from common health and prevention uses to contraindications that everyone should know. Important herbal basics for everyone. This class is offered via ITV to New Richmond and Superior locations. The instructor is in-person at the Rice Lake location.

25310 Mar 20 Th 6-8p \$12.25/\$8.12
Rice Lake: 123 Gigi Stafne

Walk on the Wild Side

60-560-610

Get out and meander along the Medicine Trail for some tales about plants of your region with Master Herbalist, Gigi Stafne. Learn about wild edibles, medicinal uses of common plants and other interesting cultural uses of plants and trees along a NW Wisconsin pathway. Dress for the weather and a short, brisk hike. Please bring your plant journal & camera if you care to. See you on the trail.

25294 May 15 Th 5-7p \$12.25/\$8.12
Rice Lake: 168 Gigi Stafne

Women's Health Naturally

60-560-610

Womens Health Naturally: Part 1. Listen to your bodys language on a deeper level. Respond to your physical and emotional needs with natural and botanical methods that are gentle, non-invasive. Experience optimal health. Join Naturopath, Master Herbalist and Womens Health Educator, Gigi Stafne, for this 2-part session on Womens Health Naturally covering health issues and herbs for the three main cycles of womens lives.

25296 May 28 W 6-9p \$20.50/\$12.25
Rice Lake: 123 Gigi Stafne

Womens Health Naturally: Part 2. Listen to your bodys language on a deeper level. Respond to your physical and emotional needs with natural and botanical methods that are gentle, non-invasive. Experience optimal health. Join Naturopath, Master Herbalist and Womens Health Educator, Gigi Stafne, for this 2-part session on Womens Health Naturally covering health issues and herbs for the three main cycles of womens lives.

25303 May 29 Th 6-9p \$20.50/\$12.25
Rice Lake: 123 Gigi Stafne

Begin Cardio/Strength Interval

60-807-607

Fire up your metabolism with this workout alternating short bursts of fat blasting cardio with intervals of muscle conditioning. This high energy workout is meant to get your heart pumping & get ready to sweat and have fun doing it!

25172 Jan 14 – Mar 4 Tu 5-6p \$37/\$20.50
Hayward: Northwoods Fitness Ctr Nicole Nathan

25173 Mar 18 – May 6 Tu 5-6p \$37/\$20.50
Hayward: Northwoods Fitness Ctr Nicole Nathan

Cardio Boot Camp

60-807-607

Take good old fashioned military style exercise and ramp it up with fresh kick-butt moves and you've got yourself a fun and explosive workout! This hour long class will utilize familiar exercises like squats, push ups and agility drills. Plus, learn innovative styles of cardio intervals and muscle conditioning to MAXIMIZE the body's calorie consumption and after-burn potential.

25185 Jan 13 – Mar 3 M 4-5p \$37/\$20.50
Hayward: Intermediate School Nicole Nathan

25186 Mar 10 – May 5 M 4-5p \$37/\$20.50
Hayward: Intermediate School Nicole Nathan

Kickboxing

60-807-607

Punch, kick and strike your way to leaner and stron-

ger body. You'll utilize core strength, cardiovascular endurance, and power moves to energize you for the whole day! Nicole focuses mainly on using traditional moves like jabs, knee strikes, leg kicks, elbow strikes alongside jump jacks, push ups and sit ups for a full kickboxing experience.

25187 Jan 13 – Mar 3 M 5:15-6:15p \$37/\$20.50
Hayward: Middle School Nicole Nathan

25188 Mar 10 – May 5 M 5:15-6:15p \$37/\$20.50
Hayward: Middle School Nicole Nathan

Pilates: Beginning Mat

60-807-629

Mat Pilates will help you to strengthen your core, trim that tummy and waist area, provide back support, and help your posture and balance. All work is done on the mat, no other equipment is necessary. This is a beginners class. Please bring a yoga mat, comfortable clothes and a bath towel. Always consult a physician before starting an exercise program.

25235* Jan 23 – Mar 20 Th 5:30-6:30p \$37/\$20.50
Hayward: Middle School Gail Grassel
*Class will not meet Feb 20.

25236 Apr 3 – May 22 Tu 5:30-6:30p \$37/\$20.50
Hayward: Middle School Gail Grassel

Level 1 Swimming

60-807-645

To begin developing positive attitudes, good swimming habits and safe practices in and around the water. Level 1 introduces fundamental strokes, with support, for learners to practice being independent in the water. Suggested for age 6 or after completing Preschool 2. Bring your own towel to each class.

25239 Mar 10-20 MTuWTh 5:45-6:30p \$28.75/\$16.37
Hayward: LCO Casino Adrienne Graese

Level 2 Swimming

60-807-645

To give participants success with fundamental skills, including learning how to float without support and to recover to a vertical position. Level 2 encourages independence for swimmers to be comfortable performing safe skills in the water. Suggested for children who have completed Level 1. Bring your own towel to class.

25240 Mar 24-Apr 3 MTuWTh 4:15-5p \$28.75/\$16.37
Hayward: LCO Casino Adrienne Graese

Level 3 Swimming

60-807-645

Builds on the skills in Level 2 through additional guided practice in deeper water.

25241 Mar 24-Apr 3 MTuWTh 5:15-6p \$28.75/\$16.37
Hayward: LCO Casino Adrienne Graese

Pre-School 1 Swimming

60-807-645

Preschool 1 is meant to orient preschool-age children to the aquatic environment and to help them acquire rudimentary levels of basic aquatic skills. This course primarily focuses on comfort in an aquatic environment and learning how to safely enjoy being in and around water. Suggested for ages 3 and 4. Bring your own towel to each class.

25237 Mar 10-20 MTuWTh 4:15-4:45p \$20.50/\$12.25
Hayward: LCO Casino Adrienne Graese

Pre-School 2 Swimming

60-807-645

Preschool 2 is meant to orient preschool-age children to the aquatic environment and to help them acquire rudimentary levels of basic aquatic skills. This course extends from the focus of Preschool 1, introducing more basic aquatic skills to prepare for Level 1. Suggested for ages 4 and 5 or after completing Preschool 1. Bring your own towel to each class.

25238 Mar 10-20 MTuWTh 5-5:30p \$20.50/\$12.25
Hayward: LCO Casino Adrienne Graese

Tai Chi for Arthritis

60-807-640

Tai Chi is a great way to learn some basic routines involving movement and breathing techniques designed to bring more oxygen into our cells, help with balance, coordination, and enhance overall wellness. Tai Chi can help release toxins, improve balance, and eliminate stress-related tension. Wear loose clothing and comfortable shoes.

25268 Mar 4 – Mar 27 TuTh 5-6p \$37/\$20.50
Ladysmith: Rusk County Library Colleen Peters

Aquatics

60-807-606

The Arthritis Foundation Aquatic Program is a warm-water exercise program shown to reduce pain and improve overall health. Suitable for every fitness level, the classes are held in a friendly and supportive environment that encourages social interaction among participants. Led by a certified instructor, the classes are designed to be a fun, safe way to exercise and stay fit. The buoyancy of the water means less stress on your body. No swimming skills are required.

25261 Apr 8 – May 1 TuTh 12-1p \$37/\$20.50
Ladysmith: High School Colleen Peters

Fundamentals of Yoga

60-807-628

Treat yourself to everlasting mobility! Whether you

are new or experienced, explore the fundamentals of yoga practice including asana (postures), breathing techniques, mindfulness and relaxation. Please bring your own yoga mat and an open mind.

25077 Feb 5 – Mar 26 W 6-7p \$37/\$20.50
Rice Lake: Eden Yoga Studio Andrea D'Angelo

Power Yoga

60-807-628

Power Yoga focuses on healing, flexibility, and strengthening of joints while coordinating breath and movements. Pilates emphasizes exercise to strengthen abdominals and improve posture, stabilize and lengthen the spine, improve balance and overall strength. Combine the two for a spectacular workout that is sure to help you maintain a quality lifestyle.

25204 Jan 23 – Mar 13 Th 5:30-6:30p \$37/\$20.50
Hayward: Northwoods Fitness Ctr R. Bennett

25205 Mar 20 – May 8 Th 5:30-6:30p \$37/\$20.50
Hayward: Northwoods Fitness Ctr R. Bennett

Yoga Level 1

60-807-628

Level 1 Yoga focuses on developing balance, flexibility and strength for body, mind and spirit through mindful movement, breathing and meditation. Yoga will help you open your spine, release tension, provide gentle strengthening and stretching for all major muscle groups as well as strengthen the immune system. Pranayama practice (breathing exercises) will strengthen the respiratory system. You will calm your mind with relaxation, centering and meditation. This class is for beginning students and students seeking gentle movement. Focus is on breathing and moving with awareness through specific warm ups to open the body in preparation for the yoga poses being taught. Please bring your own mat, a blanket and a towel. As with any new exercise program, please check with your physician. Class size is limited; register early.

25201* Jan 15 – Mar 12 W 2-3:30p \$53.50/\$28.75
Hayward: Northwoods Fitness Ctr Joan Shumway
*Class will not meet Mar 19.

25199 Apr 2 – May 21 W 2-3:30p \$53.50/\$28.75
Hayward: Northwoods Fitness Ctr Joan Shumway

Zumba Gold

60-807-631

Zumba Gold targets baby boomers and those just starting their fitness journey. It takes the Zumba formula and modifies the moves and pace to suit the needs of those starting their journey to a fit and healthy lifestyle. The Zumba Fitness Party is known for its zesty music, easy-to-follow dance steps, and

invigorating atmosphere. Bring water and a small towel to class. Wear comfortable clothes and shoes. As always, consult a physician before starting this or any other exercise program.

25262	Jan 6 – Feb 10	M 5:10-6:10p	\$28.75/\$16.37
	<i>Ladysmith: Middle School</i>		<i>Kathryn Elling</i>
25263	Feb 24 – Mar 31	M 5:10-6:10p	\$28.75/\$16.37
	<i>Ladysmith: Middle School</i>		<i>Kathryn Elling</i>
25265	Apr 14 – May 19	M 5:10-6:10p	\$28.75/\$16.37
	<i>Ladysmith: Middle School</i>		<i>Kathryn Elling</i>

Zumba Kids

60-807-631

Zumba Kids© classes are high-energy fitness-parties that offer real results. Packed with specially choreographed routines and the latest music - like hip-hop and reggaeton - Zumbatomic classes increase focus and self-confidence, boost metabolism and improve coordination. More than just a great way to stay active and healthy, Zumbatomic classes offer a welcoming and upbeat atmosphere for kids. This class is for kids in grades 3-5 and is stacked with the Kids, Jr. class.

25163	Jan 20 – Feb 10	M 3:30-4:15p	\$20.50/\$12.25
	<i>Hayward: Primary School</i>		<i>Gail Grassel</i>
25166*	Feb 24 – Mar 17	M 3:30-4:15p	\$20.50/\$12.25
	<i>Hayward: Primary School</i>		<i>Gail Grassel</i>
	<i>*Class will not meet Feb 17.</i>		
25171	Apr 7 – Apr 28	M 3:30-4:15p	\$20.50/\$12.25
	<i>Hayward: Primary School</i>		<i>Gail Grassel</i>

Zumba Kids, Jr

60-807-631

Zumba Kids, Jr.© classes are high-energy fitness-parties that offer real results. Packed with specially choreographed routines and the latest music - like hip-hop and reggaeton - Zumbatomic classes increase focus and self-confidence, boost metabolism and improve coordination. More than just a great way to stay active and healthy, Zumbatomic classes offer a welcoming and upbeat atmosphere for kids. This class is for kids in grades K-2.

25161	Jan 20 – Feb 10	M 3:30-4p	\$12.25/\$8.12
	<i>Hayward: Primary School</i>		<i>Gail Grassel</i>
25164	Feb 24 – Mar 17	M 3:30-4p	\$12.25/\$8.12
	<i>Hayward: Primary School</i>		<i>Gail Grassel</i>
25169	Apr 7 – Apr 28	M 3:30-4p	\$12.25/\$8.12
	<i>Hayward: Primary School</i>		<i>Gail Grassel</i>

Zumba

60-807-631

Dance away the calories with Roni Tennent, in this Latin inspired fitness class. This course offers you a fun and energizing party-like workout. Not recommended for anyone with hypertension. Bring a water bottle and a small towel to class. Please wear

comfortable clothing and shoes with a smoother sole like court or dance shoes. As always, consult with your physician before starting this or any other exercise program.

25097	Feb 4 – Apr 8	Tu 5:30-6:30p	\$45.25/\$24.62
	<i>Rice Lake: Pure Energy LLC</i>		<i>Roni Tennant</i>

Zumba© is a fun and exciting dance workout set to Latin- and International-inspired music (Arabic, African, Bhangra and others). The routines and dance steps (salsa, samba, cha cha, merengue and more) are basic and easy to learn. Bring water and a small towel to class and wear comfortable, breathable clothing and shoes with a smoother sole like court or dance shoes. As always, consult with your physician before starting this or any other exercise program.

25158	Jan 15 – Mar 5	W 9:30-10:30a	\$37/\$20.50
	<i>Stone Lake: Stone Lake Lion's Hall</i>		<i>Christine Patko</i>
25148*	Jan 20 – Mar 20	MTuTh	\$103/\$53.5
	<i>Hayward</i>		<i>Lynn Fitch</i>
	<i>*You may use all 24 of the 24 available sessions of the M/Tu/Th class. No class on 2/17, 2/20 or 3/18. Tuesdays are at the Primary School Gym @ 5:30-6:30 p; M/Th at Hayward Vets Center @ 5:15-6:15 p.</i>		
25149*	Jan 20 – Mar 20	MTuTh	\$70/\$37
	<i>Hayward</i>		<i>Lynn Fitch</i>
	<i>*You may use any 16 of the 24 available sessions of the M/Tu/Th class. No class on 2/17, 2/20 or 3/18. Tuesdays are at the Primary School Gym 5:30-6:30 p; M/Th at Hayward Vets Center @ 5:15-6:15 p.</i>		
25150*	Jan 20 – Mar 20	MTuTh	\$45.25/\$24.62
	<i>Hayward</i>		<i>Lynn Fitch</i>
	<i>*You may use any 10 of the 24 available sessions of the M/Tu/Th class. No class on 2/17, 2/20 or 3/18. Tuesdays are at the Primary School Gym @ 5:30-6:30 p; M/Th at Hayward Vets Center @ 5:15-6:15 p.</i>		
25159	Mar 19 – May 7	W 9:30-10:30a	\$37/\$20.50
	<i>Stone Lake: Stone Lake Lion's Hall</i>		<i>Christine Patko</i>
25153*	Mar 24 – May 19	MTuTh	\$103/\$53.5
	<i>Hayward</i>		<i>Lynn Fitch</i>
	<i>*You may use all 24 of the 24 available sessions of the M/Tu/Th class. Tuesdays are at the Primary School Gym @ 5:30-6:30 p; Mo/Th at Hayward Vets Center @ 5:15-6:15 p.</i>		
25154*	Mar 24 – May 19	MTuTh	\$70/\$37
	<i>Hayward</i>		<i>Lynn Fitch</i>
	<i>*You may use any 16 of the 24 available sessions of the M/Tu/Th class. Tuesdays are at the Primary School Gym @ 5:30-6:30 p; M/Th at Hayward Vets Center @ 5:15-6:15 p.</i>		
25155*	Mar 24 – May 19	MTuTh	\$45.25/\$24.62
	<i>Hayward</i>		<i>Lynn Fitch</i>
	<i>*You may use any 10 of the 24 available sessions of the M/Tu/Th class. Tuesdays are at the Primary School Gym 5:30-6:30 p; M/Th at Hayward Vets Center @ 5:15-6:15 p.</i>		

HOME & LEISURE

DIY Cleaning Products

60-308-601

Our grandparents and great grandparents used to make many household cleaning products with simple supplies they routinely had on hand. Learn how to save money and make a variety of household cleaning products at home. Please bring an \$8 supply fee payable to the instructor and containers for your finished products.

24862	Mar 27	Th 6-8p	\$12.25/\$8.12
	<i>Chetek: C-W High School</i>		<i>Sydney Tanner</i>

Wills and Trusts

42-102-404

This course will help you understand what your current estate plan will achieve for you, teach you how to avoid probate of your assets, and reduce or eliminate taxes to the extent possible. You will also learn how to effectively pass on your assets in the way that you desire.

24138	Mar 27	Th 10a-12:30p	\$16.22/\$4
	<i>Hayward: WITC-Hayward</i>		<i>Susan Miley</i>

24139	Mar 27	Th 10a-12:30p	\$16.22/\$4
	<i>Ladysmith: WITC-Ladysmith</i>		<i>Susan Miley</i>

Life Insurance: Consumer Basics

42-162-409

Gain a comprehensive overview of the major life insurance policies that are available today. Understand policies including term, whole life, universal life, variable whole life, adjustable whole life and universal variable whole life. Your instructor will discuss the need for these policies as well as policy structure. This course is open to the general public.

25040	May 15	Th 1:30-5:30p	\$16.22/\$4
	<i>Rice Lake: 122</i>		<i>Robert Houser</i>

25046	May 15	Th 1:30-5:30p	\$16.22/\$4
	<i>Hayward: WITC-Hayward</i>		<i>Robert Houser</i>

25047	May 15	Th 1:30-5:30p	\$16.22/\$4
	<i>Ladysmith: WITC-Ladysmith</i>		<i>Robert Houser</i>

Love and Logic Series

42-307-454

Teaching children to develop responsibility while putting the fun back into parenting takes Love and Logic. Your instructor shares practical techniques you can use immediately to raise responsible and respectful kids who resist society's pressures to experiment with drugs, alcohol, promiscuity and other dangerous behaviors. This presentation may be geared toward elementary families and it reach-

es out to all who connect with children, whether every day or during grandparent weekends. Please bring a material fee of \$10 payable to instructor and writing materials. Complete this course series and receive \$10 back from your instructor.

24878	Jan 9-Feb 13	Th 5-7:30p	\$52.88/\$4
	<i>Spoooner High School Media Center</i>		<i>TBD</i>

Artisan Breads

60-314-600

Dig right into dough as we learn to bake various types of Artisan breads. Please bring a \$10 material fee payable to the instructor, take home containers and an apron!

24861	Feb 13	Th 6-9p	\$20.50/\$12.25
	<i>Chetek: C-W High School</i>		<i>Sydney Tanner</i>

Seasonal Pies

60-314-600

Easy as Pie! Learn to make a variety of crusts and fillings perfect for the springtime. Bring containers for your creations along with a \$10 supply fee payable to the instructor at the start of class. Parking available in the north parking lot. Use entrance N7.

25089	Mar 4	Tu 6-9p	\$20.50/\$12.25
	<i>Rice Lake: High School</i>		<i>Sydney Tanner</i>

Cake Decorating-Beginning

60-303-607

Fay Olson, owner of Fays Fantasy Cakes, will teach you her secrets to flowers, frosting stacked and character cakes, border work, colors, and cake themes. Register early to ensure you get the opportunity to experience the excitement of successfully decorating your first cake. For a complete supply list and the instructor's information go to witc.edu/ supplies.

25081	Apr 8 - Apr 29	Tu 6-8p	\$40.15/\$23.65
	<i>Rice Lake: High School</i>		<i>Fay Olson</i>

Cooking Chinese in a Hurry

60-303-610

Learn to make Chinese cuisine that is delicious, quick and easy. Please bring a \$10 material fee payable to the instructor, take home containers and an apron!

24840	Jan 30	Th 6-9p	\$20.50/\$12.25
	<i>Chetek: C-W High School</i>		<i>Sydney Tanner</i>

Creative Casseroles

60-303-610

By definition, a casserole is a deep dished pan that is filled with food and baked. Come join us for an evening of creative hot dish fun. Bring containers

for your creations along with a \$10 supply fee payable to the instructor at the start of class. Parking available in the north parking lot. Use entrance N7.

25088 Feb 6 Th 6-9p \$20.50/\$12.25
Rice Lake: High School Sydney Tanner

Gluten Free Eats for Health

60-303-610

Join us for an evening of gluten free cooking. This is a hands-on event, with ideas for meals, desserts, and entertaining. Bring containers for your creations along with a \$10 supply fee payable to the instructor at the start of class.

25084 Jan 28 Tu 1-4p \$20.50/\$12.25
Cameron: Senior Citizens Ctr Sydney Tanner

Going Crackers

60-303-610

Discover how to make several varieties of home-made crackers. You will never go back to store-bought again! Please bring a \$10 material fee payable to the instructor and zip-lock bags.

24842 Apr 10 Th 6-9p \$20.50/\$12.25
Chetek: C-W High School Sydney Tanner

Homebrewing Basics

60-303-600

Did you know that over 1 million Americans brew beer at home? It is easy, fun and rewarding. Learn the basics from your instructor who has been homebrewing for seven years. Understand the ingredients and equipment needed to craft your own brew.

26182 Feb 4 Tu 6-8p \$12.25/\$8.12
Rice Lake: David Hagstrom

In a Pickle

60-303-610

Are you in a pickle? Get hands-on experience as you learn how to make delicious home canned pickled vegetables. Please bring \$10 payable to instructor and your own canning jars (pints) and new lids.

24841 Mar 13 Th 6-9p \$20.50/\$12.25
Chetek: C-W High School Sydney Tanner

Food Manager Recertification

47-316-430

This course prepares certified managers for re-certification by the Wisconsin Department of Health Services, and is based on the requirements of Wisconsin Food Code Chapter 12-402.11 and the Council on Food Protection Practices Guidelines relating to re-certification training course approval. Course competencies include the requirements for

continuing education found in DHS 196.

24085 Mar 29 Sa 8:30a-12:30p \$35/\$22.78
Rice Lake: 223 Marsha Stoerber

Foods: Sanitation for Restaurant Managers

47-303-405

This course provides the background information needed for the National Restaurant Association's Certification exam for sanitation. This exam meets state certification requirements for restaurant managers effective January 1, 1995. The exam will be given at the end of the last class. Course topics include: Microorganisms and food-borne diseases, safe food handling and storage, and standards for cleanliness and sanitation.

Students are strongly encouraged to review the information at this website prior to registering for class. http://www.servsafe.com/downloads/pdf/SSFS_Examinee_Handbook.pdf Students may purchase book by contacting the WITC Rice Lake Bookstore at 800.243.9482, extension 5474. You MUST bring your textbook to class. Book: 'ServSafe Essentials' 6th edition.

24086 May 3 - May 10 Sa 9a-4p \$40.66/\$4
Rice Lake: 164 Marsha Stoerber

Responsible Beverage Service

47-311-400

Students will learn responsible beverage service techniques. Local and state laws will be discussed. Techniques for creating a more profitable business environment by preventing negative and/or unsafe situations in the serving of alcoholic beverages are included. Content will also include implications for legal action against owners and operators of beverage service facilities from inappropriate patron behavior. In general the course is designed to increase the awareness of alcoholic beverage service techniques for owners/operators and the potential for increasing profits through responsible management practices. This course was jointly developed by the Wisconsin Restaurant Association and the Wisconsin Technical College System and may fulfill or partially fulfill local municipal ordinance requirements for beverage servers.

23997 Feb 17 M 5:30-9:30p \$23/\$10.78
Rice Lake: 156 Debra Lehmann

23992 Mar 24 M 5:30-9:30p \$23/\$10.78
Hayward: WITC-Hayward Elaine Schuck

23998 Apr 14 M 5:30-9:30p \$23/\$10.78
Rice Lake: 156 Debra Lehmann

23993 Apr 28 M 5:30-9:30p \$23/\$10.78
Ladysmith: WITC-Ladysmith Elaine Schuck

Beyond Basil

60-001-602

Beyond Basil-A Dozen Not So Common Herbs to Grow: Lemon grass, Anise Hyssop, Chervil and more! This class will explore some of the more unusual but very useful herbs to grow. We will cover growing requirements and how to use each herb for both health and pleasure.

25217 Mar 25 Tu 1-3p \$12.25/\$8.12
Hayward: WITC-Hayward Kathryn Schiederemayer

Gardening: Vegetable Garden

60-001-602

Grow with confidence the vegetables you and your family like. Planting, growing, and harvesting the most popular vegetables will be discussed in detail. This class will cover the basics such as seed starting, soil preparation, transplants, crop selection, rotation, site selection, pests, diseases, fertilizing and watering. Even if you are an experienced gardener there will be science-based information that may debunk some of your long-held practices. In addition we will briefly discuss new methods for intensive gardening for smaller spaces.

25220 Apr 10 Th 1-4p \$20.50/\$12.25
Hayward: WITC-Hayward Susan Reinardy

25222 Apr 17 Th 5:30-8:30p \$20.50/\$12.25
Hayward: WITC-Hayward Susan Reinardy

No Weed Gardening

60-001-602

Learn some new 'old' methods of gardening: Straw-bale, square foot and lasagna gardening. These no weed, no till methods are fun and easy, and no... there is no tomato sauce involved!

25091 Mar 20 Th 6-8p \$12.25/\$8.12
Rice Lake: 225 Sydney Tanner

25092 Apr 29 Tu 1-3p \$12.25/\$8.12
Cameron: Senior Citizens Ctr Sydney Tanner

Summer Bulbs

60-001-602

Add something exotic to your gardens this year with summer bulbs. This course will focus in detail on the many bulbs that grow well in our gardens such as Allium, Caladium, Calla Lily, Canna, Crocus, Dahlia, Elephant Ear, Gladiolus, Iris, Lily, and Tuberous Begonia. Many are tubers, corms and rhizomes. They are all classified as geophytes, but grouping them as bulbs is a habit for most gardeners. Learn when to plant, how to grow and maintain, and for those tender ones how to over-winter successfully. Many of these plants will provide color late into the summer and early fall that compliments your other perennials.

25225 Apr 3 Th 10a-12p \$12.25/\$8.12
Hayward: WITC-Hayward Susan Reinardy

Sun Gardening

60-001-602

Sunny, hot, dry locations present just the right conditions for many plants. There is a wide selection of plants, many native to Wisconsin, that thrive in these conditions. In this class you will learn how to select and care for annuals, perennials, shrubs and trees for sunny locations with a focus on the use of native plants.

25224 Apr 3 Th 1-3p \$12.25/\$8.12
Hayward: WITC-Hayward Susan Reinardy

LIFELONG LEARNING

Primitive Wilderness Skills

60-891-650

If faced with a survival situation, do you know what to do? This unique class offers hands-on opportunities to practice critical core survival skills. These abilities are necessary for anyone who spends time outdoors or wants more confidence in themselves in any situation. You will learn primitive and opportunistic fire making, water sources, shelter building, hazards and how to be prepared. You are your greatest resource. Please bring a \$15 material fee payable to instructor.

25400 May 1 - May 22 Th 5-8p \$53.50/\$28.75
Rice Lake: 131 Amy Schmidt

Solar Ovens

60-891-650

Do you wish to cook on hot days without heating up your house? Are you looking for alternative ways to save energy? Discover cooking with solar ovens. Learn how solar ovens work and how they can be incorporated into your life. Your instructor will demonstrate the at-home oven and a back-packing style oven. Take home recipes and do-it-yourself plans. Please bring a \$15 material fee payable to instructor.

25401 Feb 27 Th 5-8p \$20.50/\$12.25
Rice Lake: 131 Amy Schmidt

Sign Language-Beginning

42-810-415

In this beginning course students will learn to communicate on a basic level using common phrases, questions, negatives, the manual alphabet, signs of greeting, family signs, pronouns, numbers, etc. Instruction will also include information on facial af-

fect, sentence structure, yes/no responses, pluralizing, proper terminology related to deafness, and much more. By communicating with Deaf guests, students will gain a greater appreciation for their language and culture.

25044* Mar 3 – Apr 14 M 6:30-9:30p \$58.99/\$4
Rice Lake: 208 Betsy Phillips Wolford
*Class will not meet Mar 31

This course is for individuals who want to learn American Sign Language, and the culture of deaf/hard-of-hearing people. You will learn common phrases, questions, the manual alphabet, greetings, etc. Come have some fun and learn a new language and a new culture. Bring a notebook and pen to class.

25270 Apr 1 – May 6 Tu 6-8p \$40.66/\$4
Ladysmith: WITC-Ladysmith Donna Lehr

Sign Language-Intermediate

42-810-415

This intermediate course is designed for students who have completed a beginning sign language class. This may include individuals who possess a demonstrated knowledge of sign language. This course will provide students with additional vocabulary, polish existing signing skills, and continue with instruction on other aspects of sign language structure. As students begin to develop conversational skills they will learn to construct dialogues based on common situations. Deaf guests will be available for communication.

25045 Mar 4 – Apr 8 Tu 6:30-9:30p \$58.99/\$4
Rice Lake: 208 Betsy Phillips Wolford

SAFETY & TRANSPORTATION

Motorcycle - Basic Rider 1

42-816-400

This 16-hour course is approved by the Department of Transportation. It is designed to teach the beginner or experienced rider the safe techniques to riding a motorcycle. It consists of 6 hours of classroom and 10 hours of on-cycle instruction. After Successful completion of this class you would receive a "waiver" to take to the DMV that may waive you from taking the road test in order to obtain your Motorcycle Endorsement.

24277* Apr 12 – Apr 27 Sa Su \$250.20
Rice Lake: 401 WITC TBD
*Meets Apr 12, 9a-4p; Apr 26 & 27, 8a-1p

24278* Apr 12 – Apr 27 Sa Su \$250.20
Rice Lake: 155 WITC TBD
*Meets Apr 12, 9a-4p; Apr 26 & 27, 2-7p

24279* Apr 26 – May 4 Sa Su \$250.20
Rice Lake: 155 WITC TBD
*Meets Apr 26, 9a-4p; May 3 & 4, 8a-1p

24280* Apr 26 – May 4 Sa Su \$250.20
Rice Lake: 155 WITC TBD
*Meets Apr 26, 9a-4p; May 3 & 4, 2-7p

24286* May 3 – May 11 Sa Su \$250.20
Rice Lake: 155 WITC TBD
*Meets May 3, 9a-4p; May 10 & 11, 8a-1p

24287* May 3 – May 11 Sa Su \$250.20
Rice Lake: 155 WITC TBD
*Meets May 3, 9a-4p; May 10 & 11, 2-7p

24288* May 10 – May 18 Sa Su \$250.20
Rice Lake: 155 WITC TBD
*Meets May 10, 9a-4p; May 17 & 18, 8a-1p

24336* May 10 – May 18 Sa Su \$250.20
Rice Lake: 155 WITC TBD
*Meets May 10, 9a-4p; May 17 & 18, 2-7p

24337* May 17 – Jun 1 Sa Su \$250.20
Rice Lake: 155 WITC TBD
*Meets May 17, 9a-4p; May 31 & Jun 1, 8a-1p

24338* May 17 – Jun 1 Sa Su \$250.20
Rice Lake: 155 WITC TBD
*Meets May 17, 9a-4p; May 31 & Jun 1, 2-7p

Paddlesports America

42-817-402

Canoeists and kayakers are boaters too! Get to know your paddlecraft and how to plan for safety before you get underway. Understand storage, dressing for safety, safe operation skills such as an entering and exiting, US Aids to Navigation, local hazards, legal requirements and boating emergency preparation. Your instructor is accredited by the American Canoe Association. He will be teaching in person at the Ashland campus and via Interactive Television (ITV) at other locations.

25370 Mar 29 Sa 8a-12p \$16.22/\$4
Rice Lake: 123 Chris Bandy

Traffic Safety for Point Reduction

42-812-404

Participants of the Traffic Safety course will examine their driving behavior and review traffic laws and penalties. Emphasis will be placed on ways to drive responsibly. The Traffic Safety class will show participants how to develop a change plan to reduce their risk of traffic violations and crashes. Students who successfully complete this Traffic Safety class may be eligible to receive a three-point reduction from their driving record. This class also meets the requirements for anyone that has received a 'Failure to Yield Right of Way Violation' 2011 Wisconsin Act 173-346.18. Books will be provided at class.

24976 Feb 8 – Feb 15 Sa 8a-2:30p \$62.91/\$26.25
Rice Lake: 214 Timothy Smith

24977 May 10 – May 17 Sa 8a-2:30p \$62.91/\$26.25
Rice Lake: 131 Timothy Smith

Suddenly in Command

42-817-402

You are on a new boat and the captain becomes incapacitated or falls overboard. You are Suddenly In Command. Literature contains many horror stories about a passenger, who does not know how to start the engine or operate the radio, watches in horror as a strong wind blows the boat away faster than the overboard captain can swim. This boating safety primer is designed for those not generally at the helm and will help you to be prepared with the basics in case of an emergency. Learn about your vessel, including nomenclature and operating principles. Discover what causes boating mishaps and how to minimize them, basic boat handling and what equipment should be on board. Misfortune occurs in seconds and you have the rest of your life to be grateful that you knew what to do because you were prepared. Your instructor is a District Captain of the US Coast Guard Auxiliary. He will be teaching in person at the Ashland campus and via Interactive Television (ITV) at other locations.

25362 Apr 5 Sa 8a-12p \$16.22/\$4
Rice Lake: 123 Carl Broberg

CPR Health Care Provider - AHA

47-531-437

The AHA for Health Care Providers Course is designed to teach the skills of CPR for victims of all ages including ventilation with a barrier device and use of an automated external defibrillator (AED), and relief of foreign-body airway obstruction (FBAO). It is intended for participants who provide health care to patients in a hospital setting and out-of-hospital settings. This course is for anyone that is required to take a health care provider course for employment. All participants who successfully complete the course, including the written examination and skill demonstrations will receive a BLS for Health Care provider completion card that will certify them for two years (credential.) Book will be provided at the start of class

24045	Jan 11	Sa 8:30a-4:30p	\$43.63/\$19.19
	Rice Lake: 155		WITC TBD
24849	Feb 1	Sa 9a-5p	\$43.63/\$19.19
	Rice Lake: 168		WITC TBD
24047	Feb 17 – Feb 18	MTu 6-10p	\$43.63/\$19.19
	Rice Lake: 168		WITC TBD
24051	Mar 8	Sa 8:30a-4:30p	\$43.63/\$19.19
	Hayward: WITC-Hayward		Matthew Fitch
24049	Mar 22	Sa 8:30a-4:30p	\$43.63/\$19.19
	Rice Lake: 168		WITC TBD
24060	Apr 28 – Apr 29	MTu 6-10p	\$43.63/\$19.19
	Rice Lake: 165		WITC TBD
24061	May 31	Sa 8:30a-4:30p	\$43.63/\$19.19
	Rice Lake: 165		WITC TBD

CPR Health Care Provider Renewal - AHA

47-531-439

This course is intended for the biennial renewal of the CPR Healthcare Provider. Students must successfully complete skills testing on one-and two-rescuer CPR (adult,child,infant), foreign body airway obstruction (FBAO) procedures (adult,child,infant), and mask with one-way valve usage. A minimum of 84 percent must be attained on the written test. (PREREQUISITE: CPR Healthcare Provider successful completion within previous two years.)

22277	Jan 8	W 9a-1p	\$25/\$12.78
	Rice Lake: 165		Janet Thompson
24046	Jan 11	Sa 12:30-4:30p	\$25/\$12.78
	Rice Lake: 155		WITC TBD
24048	Feb 18	Tu 6-10p	\$25/\$12.78
	Rice Lake: 165		WITC TBD
24052	Mar 8	Sa 12:30-4:30p	\$25/\$12.78
	Hayward: WITC-Hayward		Matthew Fitch
24050	Mar 22	Sa 12:30-4:30p	\$25/\$12.78
	Rice Lake: 168		WITC TBD
24092	Apr 28 – Apr 29	Tu 6-10p	\$25/\$12.78
	Rice Lake: 165		WITC TBD
24062	May 31	Sa 12:30-4:30p	\$25/\$12.78
	Rice Lake: 165		WITC TBD

Defibrillation Heartsaver AED - AHA

47-531-463

The Heartsaver AED course teaches the basic techniques of adult CPR and the use of the automated external defibrillator (AED). You will learn about using barrier devices in CPR and giving first aid for choking. This course follows American Heart Association guidelines for performing CPR and using the AED.

23555 Feb 11 Tu 9-11a \$10.11/\$4
Cameron: Senior Citizens Ctr Janet Thompson

Medic First Aid

47-531-404

This course will help students gain the knowledge, skills, and confidence necessary to manage a medical emergency using CPR, an automated external defibrillator (AED), and first aid until more advanced help is available. This course will certify a student for two years in CPR/AED/1st Aid. Book will be provided at the start of class.

24063	Feb 1	Sa 8:30a-4:30p	\$38.94/\$14.50
	Rice Lake: 165		WITC TBD
24065	Mar 22	Sa 8:30a-4:30p	\$38.94/\$14.50
	Hayward: WITC Hayward		Matthew Fitch

24067	Apr 1 – Apr 2	TuW 6-10p	\$38.94/\$14.50
	<i>Rice Lake: 168</i>		<i>WITC TBD</i>
24069	Apr 12	Sa 8:30a-4:30p	\$38.94/\$14.50
	<i>Ladysmith: WITC-Ladysmith</i>	<i>Janet Thompson</i>	
24072	May 17	Sa 8:30a-4:30p	\$38.94/\$14.50
	<i>Rice Lake: 168</i>		<i>WITC TBD</i>

Medic First Aid Recertification

47-531-405

This course will recertify students in Medic First Aid. Students will renew skills in CPR, an automated external defibrillator (AED) and first aid. PREREQUISITE: Students must have taken the original course, 47531404 Medic First Aid within the last two years. This course will renew your certification for two years. Book is provided at class.

24064	Feb 1	Sa 8:30a-12:30p	\$35.50/\$23.28
	<i>Rice Lake: 165</i>		<i>WITC TBD</i>
24066	Mar 22	Sa 8:30a-12:30p	\$35.50/\$23.28
	<i>Hayward: WITC-Hayward</i>	<i>Matthew Fitch</i>	
24068	Apr 1	Tu 6-10p	\$35.50/\$23.28
	<i>Rice Lake: 168</i>		<i>WITC TBD</i>
24071	Apr 12	Sa 8:30a-12:30p	\$35.50/\$23.28
	<i>Ladysmith: WITC-Ladysmith</i>	<i>Janet Thompson</i>	
24074	May 17	Sa 8:30a-12:30p	\$35.50/\$23.28
	<i>Rice Lake: 168</i>		<i>WITC TBD</i>

Pediatric Medic First Aid & CPR

47-531-464

This course will help students gain the knowledge, skills and confidence necessary to respond to and manage medical emergencies involving children and infants until more advanced help is available. A student will be taught the updated guidelines of CPR, and an automated external defibrillator (AED), and first aid for children and infants. This course will certify a student for 2 years in CPR/AED/1st AID. Book is provided at class.

24077	Feb 22	Sa 8:30a-4:30p	\$38.94/\$14.50
	<i>Rice Lake: 165</i>		<i>WITC TBD</i>
24079	Mar 22	Sa 8:30a-4:30p	\$38.94/\$14.50
	<i>Ladysmith: WITC-Ladysmith</i>	<i>Janet Thompson</i>	
24081	Apr 12	Sa 8:30a-4:30p	\$38.94/\$14.50
	<i>Hayward: WITC-Hayward</i>	<i>Matthew Fitch</i>	
24083	May 10	Sa 8:30a-4:30p	\$38.94/\$14.50
	<i>Rice Lake: 168</i>		<i>WITC TBD</i>

Pediatric Medic First Aid & CPR Recertification

47-531-477

This course will recertify a student in Pediatric Medic First Aid & CPR. Students will renew their skills in CPR, an automated external defibrillator (AED) and first aid for infants and children. Students must have taken the original course, Pediatric Medic First Aid & CPR 47531464 within the last two years. This

course will renew a student's certification for 2 years. Book is provided at class.

24078	Feb 22	Sa 8:30a-12:30p	\$35.50/\$23.28
	<i>Rice Lake: 165</i>		<i>WITC TBD</i>
24080	Mar 22	Sa 8:30a-12:30p	\$35.50/\$23.28
	<i>Ladysmith: WITC-Ladysmith</i>	<i>Janet Thompson</i>	
24082	Apr 12	Sa 8:30a-12:30p	\$35.50/\$23.28
	<i>Hayward: WITC-Hayward</i>	<i>Matthew Fitch</i>	
24084	May 10	Sa 8:30a-12:30p	\$35.50/\$23.28
	<i>Rice Lake: 168</i>		<i>WITC TBD</i>

Superior Region

ARTS

Art: Water Color

60-815-600

Want to learn how to use the natural beauty of watercolors and learn the key elements of art to enhance and exhilarate your paintings? Then this class is for you! Your instructor, Stephen Staurseth, will demonstrate basic techniques as you work through 3 paintings. Subject areas are landscapes, still-life, flowers, farm scenes, etc. Bring your own supplies (instructor will also give out a list the first day of class) and come enjoy the fun with other students as they encourage you along the way.

25242	Feb 6 – Apr 10	Th 6-9p	\$128.63/\$66.76
	<i>Superior: 310</i>		<i>Stephen Staurseth</i>

Rosemaling/Folk Art

60-306-606

The Norwegian folk art of Rosemaling, which is decorative painting on wood or woodenware, will be taught in this course. Instruction in brush handling, application and mixing of colors, planning and painting the design will be covered.

25100	Feb 5 – Mar 5	W 9a-3p	\$127.75/\$65.87
	<i>Superior: Richard I Bong Vet Center</i>	<i>June Nyberg</i>	
25099	Feb 6 – Mar 6	Th 9a-3p	\$127.75/\$65.87
	<i>Superior: Richard I Bong Vet Center</i>	<i>June Nyberg</i>	

Ball Footed Cutie

60-815-620

You'll find many uses for this fabulous basket. It features a square base with 1.5' half ball feet, dyed cane accents, and a beautiful oak handle. All materials will be pre-cut, so all you have to do is start weaving! Please bring a pan to soak reed, heavy duty scissors, tape measure, pencil, towel, and a \$35 material fee payable to instructor. You MUST register at least two weeks in advance to allow instructor time

to prepare materials. For pictures and extra kits email instructor: pziburski@aol.com.

25117 Jan 20 M 5-10p \$28.75/\$16.37
Superior: 310 Patricia Ziburski

Braided Seagrass Swing

60-815-620

This basket is absolutely stunning and weaves up very fast. It features a beautiful solid oak base that measures 12' across the top. Embellishments like an oak handle and rows of color and braided seagrass along the sides will complete your basket. All materials will be pre-cut, so all you have to do is start weaving! Please bring a pan to soak reed, heavy duty scissors, tape measure, pencil, towel, and a \$37 material fee payable to instructor. You MUST register at least two weeks in advance to allow instructor time to prepare materials. Please contact instructor pziburski@aol.com for photo or questions regarding this class.

25120 Mar 24 M 5-10p \$28.75/\$16.37
Superior: 310 Patricia Ziburski

Colorful Curls Basket

60-815-620

Watch your basket come alive with peek-a-boo colors accented behind beautiful handmade curls made from paper thin oak. You won't want to miss out on this basket. All materials will be pre-cut, so all you have to do is start weaving! Please bring a pan to soak reed, heavy duty scissors, tape measure, pencil, towel, and a \$35 material fee payable to instructor. You MUST register at least two weeks in advance to allow instructor time to prepare materials. Please contact instructor pziburski@aol.com for photo or questions regarding this class.

25119 Mar 18 Tu 10a-3:30p \$28.75/\$16.37
Superior: 310 Patricia Ziburski

Red Wagon Wheels

60-815-620

What a fun weave this basket will be! When you're done you will have a medium sized basket featuring a Cherokee wheel design with red reed, dyed by the instructor. All materials will be pre-cut, so all you have to do is start weaving! Please bring a pan to soak reed, heavy duty scissors, tape measure, pencil, towel, and a \$35 material fee payable to instructor. You MUST register at least two weeks in advance to allow instructor time to prepare materials. Please contact instructor pziburski@aol.com for photo or questions regarding this class.

25118 Feb 10 M 5-10p \$28.75/\$16.37
Superior: 310 Patricia Ziburski

Square on Square

60-815-620

This basket is not only quick and easy to create but fun, too! This basket features colored reed woven in to reveal a plaid pattern. All materials will be pre-cut, so all you have to do is start weaving! Please bring a pan to soak reed, heavy duty scissors, tape measure, pencil, towel, and a \$35 material fee payable to instructor. You MUST register at least two weeks in advance to allow instructor time to prepare materials. Please contact instructor pziburski@aol.com for photo or questions regarding this class.

25121 Apr 21 M 5-10p \$28.75/\$16.37
Superior: 310 Patricia Ziburski

Make a Novel Purse

60-815-640

Turn a hardcover novel into a unique book purse! Personalize it by using a classic book from a garage sale or your latest favorite read. Use a smaller book to hold your smartphone or a children's book to carry a favorite stuffed animal. These purses make a

KEEP YOUR EYES PEELED!

WITC is gearing up for its annual **College for Kids** – fun, educational summer courses for kids. Watch our website for details!
witc.edu/continuing-education

statement, are great conversation-starters and can be given as very unique gifts. Matching fabric, handles and button enclosure will be on hand or you can bring your own unique accessories. Please bring 2 books (pages will be torn out), scissors and glue gun with extra glue sticks to class. A supply fee of no more than \$10 will be paid to the instructor depending on embellishments used.

25102 Feb 17 – Feb 19 MW 5-8p \$28.75/\$16.37
Superior: 310 Molly Martens

Handspinning

60-815-640

Join us for an introduction to the spinning wheel to learn about types, parts and purchasing considerations. Discover various fiber selections and preparation. View demonstrations and try it yourself. You can also try spinning with a drop spindle and learn how to make your own. Your instructor has been handspinning for 10 years using wool, alpaca, llama and dog fibers.

25389 Feb 1 Sa 9a-12p \$20.50/\$12.25
Superior: 110 Debra Emery

Totem-ly Crazy Yard Art

60-815-640

Get that old China out of those boxes or cabinets and stack them up to create lovely garden totems for smaller focal points in your garden beds. Old vases, dinner plates, little bowls and random pieces are all fair game! Teapots, silverware, cut glass and other odd items can be used in any color combination to create an artful decoration for your yard or to give as a holiday gift. There will be a \$5 supply fee payable to the instructor at the start of class. Please go to: witc.edu/supplies for a full supply list.

25449 May 24 Sa 9a-12p \$20.50/\$12.25
Superior: 200 Geraldine Hughes

Writing Your Life Story

60-801-601

Give your friends and family a lasting treasure by recording your memories - your life story. Your instructor is a Personal Historian and published writer who will show you how to tackle this daunting task by breaking it down into simple, fun, creative writing exercises. You will have the opportunity, and the option, to share your memories with classmates in a safe, friendly environment. Be ready to laugh and even shed tears together as you take this incredible journey. Writing experience/expertise is not required.

25394 Mar 25 – Apr 29 Tu 1-3p \$53.50/\$28.75
Superior: 110 Mary Frost

COMPUTERS & TECHNOLOGY

Comp: Absolute Beg Next Step

42-107-413

Learn about hardware and terminology necessary to use a computer. New users of personal computers will gain an understanding of word processing, spreadsheets, databases and Windows.

24932 Jan 21 – Feb 25 Tu 9-11:30a \$52.88/\$4
Superior: Senior Citizen Ctr Roberta Grube

24933 Jan 21 – Feb 25 Tu 12-2:30p \$52.88/\$4
Superior: Senior Citizen Ctr Roberta Grube

24936 Jan 23 – Feb 27 Th 9-11:30a \$52.88/\$4
Superior: Senior Citizen Ctr Roberta Grube

24934 Mar 4 – Apr 8 Tu 9-11:30a \$52.88/\$4
Superior: Senior Citizen Ctr Roberta Grube

24935 Mar 4 – Apr 8 Tu 12-2:30p \$52.88/\$4
Superior: Senior Citizen Ctr Roberta Grube

24937 Mar 6 – Apr 10 Th 9-11:30a \$52.88/\$4
Superior: Senior Citizen Ctr Roberta Grube

24941 Mar 24 – Apr 21 M 6-8:30p \$40.66/\$4
Superior: 304 Sandra Peterson

Comp: For Seniors

42-107-413

Learn about hardware and terminology necessary to use a computer. New users of personal computers will gain an understanding of word processing, spreadsheets, databases and Windows.

24944 Jan 13 – Feb 10 M 1-4p \$52.88/\$4
Superior: Senior Citizen Ctr Vicki Garro

24945 Apr 7 – May 5 M 1-4p \$52.88/\$4
Superior: Senior Citizen Ctr Vicki Garro

Computers: Absolute Beginner

42-107-413

Learn about hardware and terminology necessary to use a computer. New users of personal computers will gain an understanding of word processing, spreadsheets, databases and Windows.

24940 Feb 3 – Mar 3 M 6-8:30p \$40.66/\$4
Superior: 304 Sandra Peterson

24938 Feb 6 – Mar 13 Th 12-2:30p \$52.88/\$4
Superior: 318 Roberta Grube

Computers: Digital Photo Editing

60-107-607

Learn types of scanners, best file formats, resolution and best scanning practices for genealogy photos. Understand cropping and restoring old photos, labeling, cloud storage, file sharing and more. You are invited to bring your photos. Please bring a flash drive.

24970 Jan 16 – Jan 30 Th 1-4p \$45.25/\$24.62
 Superior: Senior Citizen Ctr Vicki Garro

Using Photoshop Elements, you will learn the basics of how to improve a digital photo. Learn cropping, red eye removal, straightening, replacing a dull sky, clone tool, resizing the image and resizing the canvas. You are invited to bring some of your own digital photos to work with and a flash drive to store work.

24971 Mar 13 – Mar 27 Th 1-4p \$45.25/\$24.62
 Superior: Senior Citizen Ctr Vicki Garro

Beginning Genealogy

60-107-602

Discover the types of records your ancestors may have left behind and where to find them. Become familiar with pedigree charts, kinship reports, family group sheets, different genealogy software programs, genealogy filing systems and some genealogy websites. Please bring your library card, flash drive, and your genealogy data and laptop if you

have one.

24965 Jan 17 – Jan 31 F 1-4p \$45.25/\$24.62
 Superior: 304 Vicki Garro

Genealogy Internet Research

60-107-602

Explore different aspects of genealogy and use the Internet to search for records your ancestors may have left behind including census, vital records, land records, immigration and more. Learn about sourcing found information, saving and organizing digital files and metadata. Please bring your library card, flash drive, and your genealogy data and laptop if you have one.

24963 Feb 14 – Feb 28 F 1-4p \$45.25/\$24.62
 Superior: 304 Vicki Garro

24964 Apr 25 – May 9 F 1-4p \$45.25/\$24.62
 Superior: 304 Vicki Garro

Herbal Apprentice Certification

Whether you've dabbled in herbalism and would like to be more proficient or you're currently a health care provider seeking additional credentials, the Herbal Apprentice Certificate Course is for you!

This course is a special offering certificate level; a strong pathway and prerequisite for those who desire to pursue a future degree in Master of Herbalism.

**WITC-Rice Lake on March 28; Class #24985
 WITC-New Richmond April 11; Class #24986**



*SCOOTER
 CLASSES*

Held at WITC-Rice Lake

- June 23-June 26, 5-9pm
- July 12 & July 13, 8am-5pm
- August 4 & August 5, 8am-5pm



Get to Know Your Laptop

60-107-602

Understand the Windows operating system, use Wi-Fi to connect to the Internet and become more familiar with what your laptop can do for you. You are invited to bring your own laptops and power cables to class.

24961 Feb 26 – Mar 26 W 1-4p \$70/\$37
Superior: 110 Vicki Garro

24962 Apr 3 – May 7 W 1-4p \$70/\$37
Superior: Senior Citizens Ctr Vicki Garro

Windows 8

60-103-601

Questions about Windows 8? Learn tips and tricks to make the software easier to use.

24953 Feb 11 – Feb 13 TuTh 5-8p \$28.75/\$16.37
Superior: 300 Amy Pozniak

DO-IT-YOURSELF**Dog Obedience**

60-091-620

Students will learn to train their dogs the basic commands of sit, stay, down, come, swing and around finish, heel. Students should bring their dog's favorite treats, a 4-6 ft leash (no flexi leads) and a training collar. Also bring a copy of your dog's rabies vaccination that we can keep on file.

25146 Apr 1 – May 21 W 6-7p \$40.80/\$24.30
Superior: Maranatha Academy Vicki Garro

Auto Mechanics for Mechanics

47-404-411

Work on your own vehicle during this open lab. You will learn component identification, basic tune-up, oil change, fuel systems, basic electrical system troubleshooting, tires and suspension and drive line maintenance.

24923 Jan 30 – Apr 3 Th 6-9p \$101.40/\$9.75
Superior: 117 Terrance Tucker

Basic Hydraulics

47-461-404

Explore the fundamentals of hydraulics which include basic components, basic circuits, and the principles of speed control and pressure control. This is a suitable introductory or refresher class. Please bring safety glasses as they are required.

24866 Feb 13 – Feb 20 Th 6-8p \$16.22/\$4
Superior: 110 Steve Miller

Machine Tool Open Shop

47-420-455

Safety glasses required, recommended ear plugs and boots with good sole.

24916 Jan 30 – Apr 17 Th 6-9p \$136.31/\$26.33
Superior: 119 Steven Merling

Home Interior Painting

60-410-600

Painting does not have to be a chore! Learn tips and techniques to make home interior painting easy and fast. Understand wall preparation and repair; choosing paint, primer, color and finishes; techniques for rolling and painting on different surfaces and final cleanup. Bring your questions from past or current projects.

25386 Feb 4 Tu 5-8p \$20.50/\$12.25
Superior: 225 Molly Martens

Small Engine Repair for Mechanics

47-461-401

Troubleshoot and repair small engines such as lawn equipment, rototillers, weed trimmers, chainsaws and more. Your instructor will provide direct and individual attention. Please bring your project, safety glasses and rubber gloves to each class. No class on 2/26.

24922 Jan 29 – Apr 9 W 6-9p \$103.84/\$12.19
Superior: 117 Terrance Tucker

Welding

47-442-406

This course will include a review of oxy-fuel, shielded metal arc, gas metal arc, and gas tungsten arc welding processes. Class is designed for the individuals looking to advance present welding skills. Projects should be reviewed with instructor. Bring notebook, pliers, safety glasses and welding goggles/helmet to class.

24912* Jan 24 – May 9 F 6-9p \$204.07/\$63.54
Superior: 118 Jerry Thompson
Class will not meet Apr 18

HEALTHY LIVING**Herbal Adaptogens: Anti-Stress Solutions**

60-560-610

Lifes hectic pace can wreak havoc on your Immunity, Nerves and Endocrine System. There are several categories of herbs, one called Adaptogens, well suited for those particular systems...soothing and supporting some of the bodys primary functions. Dont miss this session on botanicals for a

stressed out society. Everyone will benefit. This class is offered via ITV to New Richmond and Superior locations. The instructor is in-person at the Rice Lake location.

25279 Mar 5 W 6-9p \$20.50/\$12.25
Superior: 216 Gigi Stafne

Creating Home Herbal Medicine Garden

60-560-610

Certain medicinal herbs are easy to grow and perfect for your Herbal Garden in the upcoming season. Learn which herbs grow well, the health ailments they are good for, plus a plethora of abundant natural health information. This class is offered via ITV to New Richmond and Superior locations. The instructor is in-person at the Rice Lake location.

25317 May 14 W 6-8p \$12.25/\$8.12
Superior: 216 Gigi Stafne

Spring into Health

60-560-610

Feeling sluggish after a long northern winter? Time to energize your body...naturally. There are some herbs and other natural supports for the five main eliminative channels in the body that are perfect for this. Learn more about these, along with sundry botanical recipes that you can blend yourself at home. Prepare yourself for a path of health and wellness this season. This class is offered via ITV to New Richmond and Superior locations. The instructor is in-person at the Rice Lake location.

25275 Mar 4 Tu 6-8:30p \$20.50/\$12.25
Superior: 216 Gigi Stafne

Super Spice Secrets

60-560-610

Common culinary spices and herbs carry incredible medicinal properties. Why not begin using more every meal? Learn the health care properties of all-time favorite spices. Stock your kitchen cabinet after this class for prevention and wellness. This class is offered via ITV to New Richmond and Superior locations. The instructor is in-person at the Rice Lake location.

25286 Mar 26 W 6-8p \$12.25/\$8.12
Superior: 216 Gigi Stafne

Top Ten Herbs

60-560-610

Learn the characteristics and nature of the most popular herbs in the U.S. and Canada to date, from common health and prevention uses to contraindications that everyone should know. Important

herbal basics for everyone. This class is offered via ITV to New Richmond and Superior locations. The instructor is in-person at the Rice Lake location.

25313 Mar 20 Th 6-8p \$12.25/\$8.12
Superior: 0115A Gigi Stafne

Women's Health Naturally

60-560-610

Womens Health Naturally: Part 1. Listen to your bodys language on a deeper level. Respond to your physical and emotional needs with natural and botanical methods that are gentle, non-invasive. Experience optimal health. Join Naturopath, Master Herbalist and Womens Health Educator, Gigi Stafne, for this 2-part session on Womens Health Naturally covering health issues and herbs for the three main cycles of womens lives.

25300 May 28 W 6-9p \$20.50/\$12.25
Superior: 0115A Gigi Stafne

Womens Health Naturally: Part 2. Listen to your bodys language on a deeper level. Respond to your physical and emotional needs with natural and botanical methods that are gentle, non-invasive. Experience optimal health. Join Naturopath, Master Herbalist and Womens Health Educator, Gigi Stafne, for this 2-part session on Womens Health Naturally covering health issues and herbs for the three main cycles of womens lives.

25308 May 29 Th 6-9p \$20.50/\$12.25
Superior: 0115A Gigi Stafne

Youth Archery-Beginning

60-891-630

Come learn the basics of archery, and open the door to a new recreational activity and skill for your child. No students under age 6. Students are not required to bring equipment. However, if they have their own, they are encouraged to bring it to class.

25137 Jan 25 - Feb 22 Sa 9-10a \$28.75/\$16.37
Superior: Custom Archery & Outdoors Michael Jaszczak & Wayne Benesch

25139 Jan 25-Feb 22 Sa 10:15-11:15a \$28.75/\$16.37
Superior: Custom Archery & Outdoors Michael Jaszczak & Wayne Benesch

25141 Mar 1 - Mar 29 Sa 9-10a \$28.75/\$16.37
Superior: Custom Archery & Outdoors Michael Jaszczak & Wayne Benesch

25142 Mar 1-Mar 29 Sa 10:15-11:15a \$28.75/\$16.37
Superior: Custom Archery & Outdoors Michael Jaszczak & Wayne Benesch

Youth Archery-Intermediate

60-891-630

This course is designed for students who are familiar with the recreational sport of archery. Come brush up on your skills. No students under age 8.

Students are not required to bring equipment. However, if they have their own they are encouraged to bring it to class.

25140 Jan 25-Feb 22 Sa 11:30a-12:30p \$28.75/\$16.37
Superior: Custom Archery & Outdoors Michael Jaszczak & Wayne Benesch

25143 Mar 1-Mar 29 Sa 11:30a-12:30p \$28.75/\$16.37
Superior: Custom Archery & Outdoors Michael Jaszczak & Wayne Benesch

Adaptive Karate

60-807-607

Adaptive Karate accommodates students of varying degrees of ability and is suited for people who face physical, emotional or cognitive challenges which may make taking other karate classes a challenge. You will gain confidence, focus, increased strength, self-control and balance while having fun and meeting new people in a safe environment. Your instructor is a first Don Black Belt, has experience coaching children and adults in need of accommodations, was a paraprofessional for 13 years and has worked as a social worker.

25395 Feb 3 – Mar 10 M 6-7p \$28.75/\$16.37
Superior: 136 Betty Bockovich

Body by Beth

60-807-607

Body by Beth is like having your own personal trainer. Beth will focus on shaping your body through the proper toning and strength training, while maintaining a healthy heart rate to continue the fat burn! This class is open to anyone who is interested in losing weight the healthy way. Be prepared, as Beth is certain to whip that body into shape! As always, check with your physician before starting any new exercise program.

25112 Feb 5 – Mar 12 W 5-6p \$28.75/\$16.37
Superior: UWS Wellness Ctr Beth Reichensperger

25113 Apr 2 – May 7 W 5-6p \$28.75/\$16.37
Superior: UWS Wellness Ctr Beth Reichensperger

Strong Seniors

60-807-607

Get strong, get fit and learn to maintain a healthy lifestyle! This popular fitness class is helping adults and seniors alike get in the best shape of their lives. You'll use hand weights and incorporate exercise for arms, legs, abs and buns, including cardio exercises utilizing the step. Come join our friendly group. Please bring your preferred set of hand weights to class.

25104 Jan 6 – Feb 5 MW 9:30-10:30a \$45.25/\$24.62
Superior: Central Assembly of God Judith Azmitia

25106 Feb 17-Mar 19 MW 9:30-10:30a \$45.25/\$24.62
Superior: Central Assembly of God Judith Azmitia

25107 Mar 31-Apr 30 MW 9:30-10:30a \$45.25/\$24.62
Superior: Central Assembly of God Judith Azmitia

Tai Chi

60-807-640

Tai Chi is a great way to improve your balance and coordination, strength and vitality, and to rehabilitate and regain lost conditioning. You'll learn the Simplified 24 Forms involving movement and breathing techniques to enhance your overall health by releasing toxins and bringing in more oxygen to your cells. This course is open to people of all ages.

25133 Jan 8 – Mar 12 W 10-11a \$45.25/\$24.62
Superior: Country Peace Presb Ch Thomas Ross

25131 Jan 13 – Mar 17 M 5:30-6:30p \$45.25/\$24.62
Superior: North Star Health & Fitness Thomas Ross

25134 Mar 26 – May 28 W 10-11a \$45.25/\$24.62
Superior: Country Peace Presb Ch Thomas Ross

25132* Mar 31 – Jun 9 M 5:30-6:30p \$45.25/\$24.62
Superior: North Star Health & Fitness Thomas Ross
*Class will not meet May 26

Yoga After 50

60-807-628

Reclaim your body! Gain strength, flexibility and health during this gentle yoga course. Learn basic yoga postures, breath awareness and relaxation. Please bring a yoga mat to class or you may purchase one the first class.

25116 Jan 21 – Mar 18 Tu 9:30-10:30a \$45.25/\$24.62
Superior: Yoga Tree Catherine Anderson

Yoga

60-807-628

Treat yourself to everlasting mobility whether you are new or experienced. In this gentle yoga class students will learn basic yoga postures, breath awareness and relaxation. You will need a yoga mat or one can be purchased at the Yoga Tree studio.

25114 Jan 30 – Apr 3 Th 5-6:15p \$61.75/\$32.87
Superior: Yoga Tree Catherine Anderson

HOME & LEISURE

Wills and Trusts

42-102-404

This course will cover the basics of estate planning, including wills, durable powers of attorney, health care documents, living trusts and an introduction to estate tax planning.

24460 Mar 28 F 10a-12p \$10.11/\$4
Superior: 110 Susan Miley

Life Insurance: Consumer Basics

42-162-409

Gain a comprehensive overview of the major life insurance policies that are available today. Understand policies including term, whole life, universal life, variable whole life, adjustable whole life and universal variable whole life. Your instructor will discuss the need for these policies as well as policy structure. This course is open to the general public.

25043 May 15 Th 1:30-5:30p \$16.22/\$4
 Superior: 0115A Robert Houser

Asian Satay & Salads Party!

60-303-610

Looking for an idea for your upcoming party with some F-U-N? Famous in Asia, Satay or Sate is a skewer with marinated meat that's grilled to perfection. It is enjoyed with its partner, the peanut sauce. Learn how to whip up Asian salads (without the mayonnaise) - a guaranteed crowd pleaser! Please bring an apron, dinner plate, utensils, leftover container and a supply fee of \$8 payable to instructor at class.

25124 Apr 12 Sa 10a-2p \$20.50/\$12.25
 Superior: Superior Middle School May Joseph

Delectable Chinese Dumplings

60-303-610

A mixture of meat, choice of seasonings and carefully selected vegetables sing melodies when wrapped up and steamed or pan fried. Learn the art of making three different dumplings, each with its own distinct delectable taste. Impress yourself and your guests with this preparation technique. Please bring an apron, dinner plate, utensils, leftover container and a supply fee of \$6 payable to instructor at class.

25126 Mar 8 Sa 10a-2p \$20.50/\$12.25
 Superior: Superior Middle School May Joseph

Happy Spring (Roll)!

60-303-610

Love those Egg rolls when you do Oriental take outs. Join us in this class and learn how you can make your very own Egg Rolls and Fresh Spring Rolls at home. Once you see how simple these are rolling out, they will surely be a crowd pleaser at the next family gathering. Please bring an apron, dinner plate, utensils, take away container for leftovers and a supply fee of \$6 payable to instructor at class.

25125 Mar 22 Sa 10a-2p \$20.50/\$12.25
 Superior: Superior Middle School May Joseph

The Art & Science of Beer

60-319-600

Beer and pizza anyone? Whether you've tried Thirsty Pagan microbrews or not, you have the opportunity to delve into the details of their beer brewing process from mashing to fermentation. It truly is an art and a science as the Brewmaster adds flare to the conversion of grains into each uniquely flavored beer. Participants of drinking age will get to sample each brew and then clear their palate with homemade gourmet pizza.

25122 Mar 15 Sa 10a-12p \$12.25/\$8.12
 Superior: Thirsty Pagan Brewing Brewery Staff

Responsible Beverage Service

47-311-400

Students will learn responsible beverage service techniques. Local and state laws will be discussed. Techniques for creating a more profitable business environment by preventing negative and/or unsafe situations in the serving of alcoholic beverages are included. Content will also include implications for legal action against owners and operators of beverage service facilities from inappropriate patron behavior. In general the course is designed to increase the awareness of alcoholic beverage service techniques for owners/operators and the potential for increasing profits through responsible management practices. This course was jointly developed by the Wisconsin Restaurant Association and the Wisconsin Technical College System and may fulfill or partially fulfill local municipal ordinance requirements for beverage servers.

23999 Feb 15 Sa 10a-2p \$23/\$10.78
 Superior: 111 Daniel Corbin

24000 Apr 5 Sa 10a-2p \$23/\$10.78
 Superior: 111 Daniel Corbin

24001 May 31 Sa 10a-2p \$23/\$10.78
 Superior: 111 Daniel Corbin

Gardening: Ornamental Edibles

60-001-602

Did you know you could incorporate edible plants into your landscape? Not only will they look beautiful around your home, they are a good snack and you won't go hungry while gardening. Use them in salads or as decoration on cakes.

25390 Apr 10 Th 6-8p \$12.25/\$8.12
 Superior: 136 Geraldine Hughes

Soil-Get Down & Dirty!

60-001-602

Good soil means healthy plants. Learn how to take soil samples for a soil lab test, how to read a test evaluation and how to build a good soil base with

amendments. Your instructor is a Douglas County Extension certified master gardener volunteer.

25391 May 10 Sa 10a-12p \$12.25/\$8.12
Superior: Richard I Bong Vet Ctr Geraldine Hughes

LIFELONG LEARNING

Unusual Military History

42-803-405

Gather at the Bong Veterans Historical Center to discuss anecdotes, incidents and the little known and unusual aspects of military history in such areas as 'The Arts & War', 'War in the Palm of Your Hand', 'War & Remembrance' and 'War in Cinema'. Your instructor is the Executive Director of the historical center and has extensive experience in military history research.

25135 Apr 9 – Apr 30 W 5:30-7:30p \$28.44/\$4
Superior: Richard I Bong Vet Ctr Robert Fuhrman

Sign Language-Beginning

42-810-415

This course is for individuals who want to learn about American Sign Language and the culture of deaf and hard of hearing people. We will learn signs and conversations conducted in sign language. Participation is required in the class. Come have some fun and learn about a new language and new culture. Bring a notebook and pen to each class.

25123* Feb 5 – Apr 16 W 6-8p \$65.10/\$4
Superior: 112 Natalie Stanley
*Class will not meet Feb 26.

Spanish II

60-802-600

Intermediate Spanish is for anyone who has had some solid prior experience with the language and is somewhat familiar with pronunciation, common vocabulary, etc. Participants with past or recent experience in business or travel scenarios are encouraged to prepare and present summaries of their experiences. Learning will be highly participatory.

25136 Jan 27 – Mar 17 M 6-8:30p \$86.50/\$45.25
Superior: 110 Gary Valley

SAFETY & TRANSPORTATION

Motorcycle - Basic Rider 1

42-816-400

This 16-hour course is approved by the Department

of Transportation. It is designed to teach the beginner or experienced rider the safe techniques to riding a motorcycle. It consists of 6 hours of classroom and 10 hours of on-cycle instruction. After Successful completion of this class you would receive a "waiver" to take to the DMV that may waive you from taking the road test in order to obtain your Motorcycle Endorsement.

24250 May 10 – May 11 Sa Su 8a-5p \$250.20
Superior: 136 WITC TBD

24251 May 17 – May 18 Sa Su 8a-5p \$250.20
Superior: 136 WITC TBD

24252 May 31 – Jun 1 Sa Su 8a-5p \$250.20
Superior: 136 WITC TBD

Paddlesports America

42-817-402

Canoeists and kayakers are boaters too! Get to know your paddlecraft and how to plan for safety before you get underway. Understand storage, dressing for safety, safe operation skills such as entering and exiting, US Aids to Navigation, local hazards, legal requirements and boating emergency preparation. Your instructor is accredited by the American Canoe Association. He will be teaching in person at the Ashland campus and via Interactive Television (ITV) at other locations.

25369 Mar 29 Sa 8a-12p \$16.22/\$4
Superior: 0115A Chris Bandy

Suddenly in Command

42-817-402

You are on a new boat and the captain becomes incapacitated or falls overboard. You are Suddenly In Command. Literature contains many horror stories about a passenger, who does not know how to start the engine or operate the radio, watches in horror as a strong wind blows the boat away faster than the overboard captain can swim. This boating safety primer is designed for those not generally at the helm and will help you to be prepared with the basics in case of an emergency. Learn about your vessel, including nomenclature and operating principles. Discover what causes boating mishaps and how to minimize them, basic boat handling and what equipment should be on board. Misfortune occurs in seconds and you have the rest of your life to be grateful that you knew what to do because you were prepared. Your instructor is a District Captain of the US Coast Guard Auxiliary. He will be teaching in person at the Ashland campus and via Interactive Television (ITV) at other locations.

25361 Apr 5 Sa 8a-12p \$16.22/\$4
Superior: 0115A Carl Broberg

Traffic Safety for Point Reduction

42-812-404

Participants of the Traffic Safety course will examine their driving behavior and review traffic laws and penalties. Emphasis will be placed on ways to drive responsibly. The Traffic Safety class will show participants how to develop a change plan to reduce their risk of traffic violations and crashes. Students who successfully complete this Traffic Safety class may be eligible to receive a three-point reduction from their driving record. This class also meets the requirements for anyone that has received a 'Failure to Yield Right of Way Violation' 2011 Wisconsin Act 173-346.18. Books will be provided at class.

24980 Mar 22 – Apr 5 Sa 8:30a-3p \$62.91/\$26.25
Superior: 110

CPR Health Care Provider - AHA

47-531-437

The AHA for Health Care Providers Course is designed to teach the skills of CPR for victims of all ages including ventilation with a barrier device and use of an automated external defibrillator (AED), and relief of foreign-body airway obstruction (FBAO). It is intended for participants who provide health care to patients in a hospital setting and out-of-hospital settings. This course is for anyone that is required to take a health care provider course for employment. All participants who successfully complete the course, including the written examination and skill demonstrations will receive a BLS for Health Care provider completion card that will certify them for two years (credential.) Book will be provided at the start of class.

24847	Jan 4	Sa 9a-5p	\$43.63/\$19.19
	<i>Superior: 136</i>		<i>WITC TBD</i>
24851	Mar 1	Sa 9a-5p	\$43.63/\$19.19
	<i>Superior: 136</i>		<i>WITC TBD</i>
24987	Apr 5	Sa 9a-5p	\$43.63/\$19.19
	<i>Superior: 136</i>		<i>WITC TBD</i>
24993	May 3	Sa 9a-5p	\$43.63/\$19.19
	<i>Superior: 136</i>		<i>WITC TBD</i>

CPR Health Care Provider Renewal - AHA

47-531-439

This course is intended for the biennial renewal of the CPR Healthcare Provider. Students must successfully complete skills testing on one-and two-rescuer CPR (adult,child,infant), foreign body airway obstruction (FBAO) procedures (adult,child,infant), and mask with one-way valve usage. A minimum of 84 percent must be attained on the written test. (PREREQUISITE: CPR Healthcare Provider successful completion within previous two years.) Students must bring their BLS for Health Care Provider book to class.

24848	Jan 4	Sa 1-5p	\$25/\$12.78
	<i>Superior: 136</i>		<i>WITC TBD</i>
24850	Feb 1	Sa 1-5p	\$25/\$12.78
	<i>Superior: 168</i>		<i>WITC TBD</i>
24852	Mar 1	Sa 1-5p	\$25/\$12.78
	<i>Superior: 136</i>		<i>WITC TBD</i>
24988	Apr 5	Sa 1-5p	\$25/\$12.78
	<i>Superior: 136</i>		<i>WITC TBD</i>
24994	May 3	Sa 1-5p	\$25/\$12.78
	<i>Superior: 136</i>		<i>WITC TBD</i>

Defibrillation Heartsaver AED - AHA

47-531-463

The Heartsaver AED course teaches the basic techniques of adult CPR and the use of the automated external defibrillator (AED). You will learn about using barrier devices in CPR and giving first aid for choking. This course follows American Heart Association guidelines for performing CPR and using the AED.

24989	Jan 28	Tu 6-10p	\$16.22/\$4
	<i>Superior: 136</i>		<i>WITC TBD</i>
24990	May 1	Th 6-10p	\$16.22/\$4
	<i>Superior: 136</i>		<i>WITC TBD</i>

First Aid Heartsaver - AHA

47-531-421

The Heartsaver First Aid Course is designed to teach rescuers the knowledge and psychomotor skills they need to recognize emergencies and to give CPR and first aid until EMS arrives. The goal of the course is to train laypeople in first aid assessments and actions that have been shown to make a difference in mortality and morbidity rates.

24991	Jan 30	Th 6-10p	\$16.22/\$4
	<i>Superior: 136</i>		<i>WITC TBD</i>
24992	Apr 29	Tu 6-10p	\$16.22/\$4
	<i>Superior: 136</i>		<i>WITC TBD</i>

Online Courses

Assisting Aging Parents

This compassionate and comprehensive class will give you tools, techniques, and insights to assist parents or other loved ones. You will learn what to expect, what to watch for, how to deal with physical and emotional challenges, and where to find resources to help. You'll understand the impact of retirement, learn how to choose a nursing home, and be prepared to deal with death. You'll learn about financial and legal considerations, health issues, and family interpersonal relationships. You'll be introduced to special communication skills, observa-

tion methods, and coping mechanisms to ease the burden for everyone involved. You'll learn to handle most of the challenges you will face while coming to appreciate and cherish the privilege of the journey. Classes are 6 weeks in length, with start dates Jan. 15 and Feb. 19.

Feb 19 - Apr 2 24/7 \$85
Online *ed2go staff*

Drawing for the Absolute Beginner

Have you always been interested in drawing, but never really knew how to get started? If so, then this is definitely the course for you! Gain a solid foundation and understanding of the basics to drawing and become the artist you've always dreamed you could be! You'll become familiar with paper types, drawing styles, rendering techniques, and the basic principal of perspective, layout, design, lighting, volume, and space. You'll even discover how best to get in touch with your right brain. Classes are 6 weeks in length, with start dates Jan. 15 and Feb. 19.

Feb 19 - Apr 2 24/7 \$85
Online *ed2go staff*

Introduction to Digital Scrapbooking

Learn to use digital editing techniques to show off your photos and memorabilia! Using Photoshop Elements 11, this course will teach you how to make the most of your scrapbooking talents and artistic ideas when you combine traditional and digital scrapbooking. You'll learn how to build pages, use artistic journaling, and produce sophisticated illustrations. Photoshop Elements 11 lets you build your own clip art, create frames, and develop multi-layer pages with an endless array of layouts and designs. You'll see how to draw and create your own art, build collages and scrapbooks to share, and work with both color and black and white. If you need to restore or age images the tools are all available to you. Classes are 6 weeks in length, with start dates Jan. 15 and Feb. 19.

Feb 19 - Apr 2 24/7 \$85
Online *ed2go staff*

Luscious, Low-Fat, Lightning-Quick Meals

You'll learn how to ferret out fat in recipes, and discover how to reduce fat without sacrificing flavor or texture. Explore how to use flavor profiling to expand your culinary horizons. Learn how to prepare casseroles, crock-pot dishes, vegan dishes, oven-fried foods, meat-based meals, and many other entrees that are both nutritious and delicious! You'll discover how to get in and out of the kitchen faster,

including tips for grocery shopping, menu planning, food preparation, and quicker cooking. You'll also learn a dietitian's tricks of the trade for encouraging reluctant family members to eat more healthfully. You'll have the chance to try out over 50 exciting and easy lowered-fat recipes for tasty entrees, side dishes, desserts, and garnishes, with each recipe demonstrating a topic that's covered in the lessons. Classes are 6 weeks in length, with start dates Jan. 15 and Feb. 19.

Feb 19 - Apr 2 24/7 \$85
Online *ed2go staff*

Start Your Own Arts & Crafts Business

In this class, you'll learn how to start your own arts and crafts business from a professional artist. You'll discover how to find your niche within your chosen craft and how to create your own unique business identity. You'll also see what makes marketing in the arts and crafts business different from marketing in most other enterprises, and you'll find a sales approach that meshes with your personality and preserves your creative integrity. You'll get insider secrets too, learning how to find and get into the best craft shows, as well as design booths that really draw customers in. You'll also discover how to price your work effectively so you can set yourself up for success whether you're selling through craft shows, in galleries, online, or even in your own retail store. Classes are 6 weeks in length, with start dates Jan. 15 and Feb. 19.

Feb 19 - Apr 2 24/7 \$85
Online *ed2go staff*

Where Does All My Money Go?

This course will teach you the very basics of how to get control of your finances rather than letting them control you. It is the help you need before learning about investing, debt elimination, retirement or college planning. There aren't many places that you can go to learn these principles, so take advantage of this opportunity to learn online. Start to make conscious decisions about spending and saving. Find out where your money goes. Make your own informed choices about where you want it to go. Learn how to fund your dreams and how to save money for everything from emergencies to vacations. If you have ever felt lost about where to start working on your finances, this course is for you. You can't afford not to take this course and change your habits. This course is an investment in your future and you will save the cost of the course many times over by applying what you learn. Classes are 6 weeks in length, with start dates Jan. 15 and Feb. 19.

Feb 19 - Apr 2 24/7 \$85
Online *ed2go staff*

Registration Information

It's Easy to Register!

- ONLINE** Register and submit your credit card payment online at witic.edu/search.
- PHONE/FAX** You may fax your registration or register by phone. Only credit card payments will be accepted by fax or phone.
- IN PERSON** Please go online to witic.edu or call ahead to check business hours of your local campus. Cash, checks and credit cards are accepted.
- MAIL** Fill out the registration and mail it with your payment to the appropriate campus. Your registration must be received before you begin courses.

Registration Locations

WITC-Ashland

2100 Beaser Ave, Ashland, WI 54806
715.682.4591, x 3170 / fax: 715.682.8040

WITC-New Richmond

1019 S. Knowles Ave, New Richmond, WI 54017
715.246.6561, x 4221 / fax: 715.246.2777

WITC-Rice Lake

1900 College Drive, Rice Lake, WI 54868
715.234.7082, x 5409 or 5410 / fax: 715.234.5172

WITC-Superior

600 N. 21st Street, Superior, WI 54880
715.394.6677, x 6269 / fax: 715.394.3771

REGISTRATION POLICIES

Nondiscrimination Notice

Wisconsin Indianhead Technical College does not discriminate on the basis of race, color, religion, sex, national origin, age, disability or status in any group protected by state or local law in employment, admissions or its programs or activities. The following person has been designated to handle inquiries regarding the College's nondiscrimination policies: Cher Vink, AA/EEO Officer/Associate Vice President, Human Resources & Employee Relations, Administrative Office, 505 Pine Ridge Drive, Shell Lake WI 54871, 715-468-2815 ext. 2225, cher.vink@witic.edu. Wisconsin Relay System TTY:711

Accommodations for Persons With Disabilities

Reasonable accommodations for persons with disabilities will be made to ensure access to academic programs, activities, services and employment in accordance with 504 of the Rehabilitation Act of 1973, the Americans With Disabilities Act of 1990 and the Americans with Disabilities Act (ADA) Amendments Act of 2008. If accommodations are needed, the student should contact the campus Accommodations Specialist or Cher Vink, WITC Affirmative Action Officer/Title IX, Section 504 and Title VII Coordinator, at 715.468.2815, TTY 711, 30 days in advance of needed assistance.

Senior Fees

WITC has implemented a waiver for students ages 62 plus. This waiver is for personal enrichment courses only (the catalog number begins with 60) and provides up to a 50% discount. (Amount varies based on material fees.) Student's age must be 62 plus at the start of the term (6/1 for summer, 9/1 for fall and 1/1 for spring). Students ages 62 plus who are enrolled in professional courses (catalog number begins with 42 or 47) are still exempt from program fees under State Statute 38.24 (1)(b) and only required to pay material fees, which is approximately \$4 for many courses.

REGION INDEX

ASHLAND

Ashland
Barksdale
Butternut
Cable
Drummond
Glidden
Hurley
Iron River
Mason
Mellen
Montreal
Port Wing
Washburn

RICE LAKE

Almena
Barron
Barronett
Birchwood
Bruce
Cameron
Chetek
Conrath
Coudera
Cumberland
Dallas
Exeland
Glen Flora
Haugen

NEW RICHMOND

Amery
Baldwin
Balsam Lake
Centuria
Clear Lake
Deer Park
Dresser
Farmington
Frederic
Glenwood City
Grantsburg
Hammond
Hudson
Luck
Milltown
New Richmond
Osceola
Roberts
St. Croix Falls
Siren
Somerset
Star Prairie
Webster
Wilson
Woodville

Hawkins
Hayward
Ingram
Ladysmith
Prairie Farm
Radisson
Rice Lake
Sarona
Sheldon
Shell Lake
Spooner
Tony
Trego
Turtle Lake
Weyerhaeuser
Winter

SUPERIOR

Dairyland
Gordon
Lake Nebagamon
Maple
Minong
Oliver
Poplar
Solon Springs
Superior



REGISTRATION FORM

for Continuing Education (non-credit) Courses

Last Name _____ First _____ Middle Initial _____
Former last name (if applicable)

Student ID (enter if known) _____ Social Security No. _____

Date of Birth _____ Age 62+

My address information has changed since my last WITC registration.

Email address (needed for important communication with all students) _____

Home phone _____ Cell phone _____

Home address _____

City _____ State _____ ZIP code _____

Mailing/Permanent Address (if different from above) _____

City _____ State _____ ZIP code _____

Legal resident of: Township Village City (check one) _____ County _____ State _____

School District in which you live _____

Last high school attended _____

City _____ State _____

H.S. Graduate (Date) _____ GED HSED (Date completed) _____

Check highest grade COMPLETED:

Did not attend Third grade Sixth grade Ninth grade Twelfth grade
 First grade Fourth grade Seventh grade Tenth grade Above 12th grade
 Second grade Fifth grade Eighth grade Eleventh grade

- Work status at enrollment**
- 01 Employed Full-time
 - 02 Employed Part-time
 - 03 Underemployed
 - 04 Unemployed Seeking Employment
 - 05 Not in Labor Market
 - 06 Dislocated Worker
 - 99 Student Refused

- Highest Credential Earned**
- 01 = No Credential
 - 02 = GED
 - 03 = HSED
 - 04 = High School Diploma
 - 05 = Some college credit
 - 06 = Short-term Diploma or Certificate
 - 07 = 1yr Diploma
 - 08 = 2yr Diploma
 - 09 = Associate Degree
 - 10 = Associate Degree Plus Additional Credential
 - 11 = Baccalaureate
 - 12 = More than Baccalaureate
 - 99 = Student Declined/Unknown

Single Parent?
 You are unmarried or legally separated with custody or joint custody of one or more minor children or pregnant.
 01 Yes 02 No 9 Student Declined

Economically Disadvantaged?
 You or a member of your family receives need-based financial assistance, or whose income is at or below the poverty level as defined by the U.S. Department of Health and Human Services.
 01 Yes 02 No 9 Student Declined

Displaced Homemaker?
 • Worked in the home for a substantial number of years providing unpaid household services for family members

• Is not gainfully employed or would have difficulty securing employment

• Lost income support of another household member due to death, divorce, separation or disability or has been dependent on public assistance but is no longer eligible for such assistance or termination of public assistance or child support will occur within two years.

Check Yes, if all three apply:
 01 Yes 02 No 9 Student Declined

THANK YOU!!! This information can help to reduce the cost of education.

The following information is required for state and federal reporting purposes and will be kept confidential. Accurate data enables WITC to obtain state and federal funding that reduces the cost of education.

U.S. citizen Yes No Gender Male Female

Ethnicity: Are you Hispanic/Latino (a person of Cuban, Mexican, Puerto Rican, South or Central American or other Spanish culture or origin, regardless of race)? Yes No

Racial Identity (check all groups that apply): American Indian/Alaska Native Asian Black/African American Native Hawaiian/Other Pacific Islander White

Youth Options student? Yes No Do you have a disability? Yes No

CLASS ID	CATALOG NO.	COURSE TITLE	LOCATION	START DATE	CLASS FEE
				TOTAL	

By enrolling in classes, you agree to be responsible for the payment of related tuition and fees according to the college payment policy. Should you choose not to attend a class, you will need to drop it prior to the day it begins to avoid any charges. Any drops that occur on or after the first day of a class will result in tuition charges to your account. Failure to pay your tuition bill can result in suspension of registration and records access, collection agency action and additional collection fees added to your balance. With parent/guardian approval, WITC courses are open to students age 16 or younger when the course meets outside student's normal school hours. Some courses may have minimum age prerequisites. WITC is an Equal Opportunity/Access Employer and Educator.

OFFICE USE ONLY

Term _____

38.14 Contract # _____

Employer # _____

Course Fees \$ _____

Other _____

Fee collected by _____

Date _____

Contact # _____

Signature of Student/Parent/Legal Guardian _____ Date _____

PAYMENT METHOD: Check or Money Order payable to WITC Cash MasterCard VISA DISCOVER Exp. Date |__|_| - |__|_| - |__|_| Security Code |__|_|_|

Agency bill - attach written authorization

Credit Card No: _____ Name on Credit card: _____ Signature of Cardholder: _____

If an agency or employer has agreed to pay your tuition, complete the section below and attach written authorization.

Employer Sponsor/Agency _____ EMS/Fire Sponsor _____

I authorize WITC to forward information regarding the completion of this course to the sponsor listed above. 05.12

Mark your calendars!

CMA conference – March 1, 2014 at WITC-Rice Lake

Emergency Services Conference – March 13-15, 2014 at WITC-Rice Lake

CMA conference – WITC-New Richmond on April 5, 2014

Safety Day – April 8, 2014 at WITC-Rice Lake

CNA Conference – WITC-Ashland on April 9, 2014

Nonprofit Conference – WITC-Ashland on April 23, 2014

Nurses Professional Day – WITC-Rice Lake on April 25, 2014

Go online for details at witic.edu/continuing-education/featured



Wisconsin Indianhead Technical College
505 Pine Ridge Drive
Shell Lake, WI 54871

WITC Continuing Education | January-May 2014