

SCHOOL DISTRICT OF MENOMONEE FALLS

# CE&Rec

Community Education & Recreation

# Activity Guide

W152 N8645 Margaret Rd. Menomonee Falls, WI 53051 | (262) 255-8460 | fallsrec.org

SUMMER 2015



SCHOOL DISTRICT OF MENOMONEE FALLS

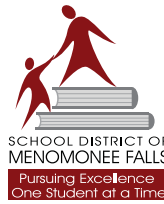
## Summer School

See page 28 for Summer School Course Offerings!

# Welcome!



## A Message From The Superintendent



Dear Parents and Community Members,

It is time to register for our summer school and CE & Recreation summer activities. We are so excited to show you what we have to offer! Our programming to bridge the summer months has never been better. Our principals, teachers, and program leaders can't wait to see you.

Summer learning is so important for our students, and our programming for students and adults is simply outstanding. Summer school participation is at record high levels. Our CE & Rec youth programming highlights many new opportunities; examples include Young Rembrandts Cartooning, Pirates, Aliens, Robots, and Who?, and Sports of all Sorts. Our adult programming highlights exciting new trips, beekeeping, healthy eating, poetry, and retirement planning. In addition, our summer school classes continue to expand. We are a recognized educational leader in the state. We encourage you to check out the offerings to extend the learning over the summer months.

Registration is well underway for the 2015-16 school year. We are honored to serve this community well. Please contact your school office and register your children early. Our schools and our Community Education and Recreation Programs are recognized for excellence. Quality programs, excellent teachers, energized coaches, and program leaders make the difference in the School District of Menomonee Falls. We perform among the very best of all schools in Wisconsin. Our achievement is at an all time high in SDME. We provide the depth of programming and excellence in service that you and your children deserve.

The mission of Community Education and Recreation is to enhance the quality of life by providing recreational, educational, and social opportunities in partnership with our schools and our community organizations. The mission of our schools is to achieve excellence one student at a time. From preschool programming to our senior center, everyone is touched by the quality of our team's service. We look forward to serving you this summer.

Please take a moment to look at the range of opportunities available and plan to join us this session. Register early!

Patricia Fagan Greco, Ph.D.  
Superintendent of Schools

SCHOOL DISTRICT OF MENOMONEE FALLS



**The Recreation Commission** meets at the Community Center the 1st Monday of the month. For meeting dates, please call our office at 262-255-8460.

### Recreation Commission Members



L-R: Chris Pitrof, Barb Taggart, Larry Podolske, Carol Hennessy, Lou Yaeger, Harry Goetz

### Recreation Department Staff



L-R: Julie Hardy, Patti Pirlot, Dan Zeroth, Lori Oertel, Deb Williamson, Joan Erickson and Jason Husslein.

## Menomonee Falls Community Education & Recreation Department

Located in the Menomonee Falls Community Center  
W152 N8645 Margaret Road  
Menomonee Falls, WI 53051

[www.fallsrec.org](http://www.fallsrec.org)

### Office Hours

Monday - Friday 8:00 AM - 4:30 PM

Phone 262-255-8460

Fax 262-255-8411

*Office will be closed April 3, May 25, and July 3.*

### At Your Service

- **Joan Erickson, Director**
- **Jason Husslein, Recreation Supervisor**
- **Dan Zeroth, Recreation Supervisor**
- **Lori Oertel, Older Adult and Volunteer Supervisor**
- **Patti Pirlot, Administrative Assistant**
- **Julie Hardy, Administrative Assistant**
- **Deb Williamson, Administrative Assistant**

### What Do These Symbols Mean?



First time offered, give them a try!



A cooperative program agreement with other local recreation departments or agencies. Please note: Min./Max. are cut in half to accommodate each department.



Senior discount applies.



This class includes a T-shirt, please indicate size on registration form. *Please register at least two weeks prior to the start of the program to insure that your child will receive a shirt.*

## CLASS CANCELLATION LINE 262-255-8376

Call the information line FIRST for cancellation notices due to inclement weather. Cancellations will also be posted on our website and Facebook page.



# Easy On-line Registration at fallsrec.org

1. Go to [fallsrec.org](http://fallsrec.org) and click on 

2. Sign In to your account and begin registering for programs.

## If you are not yet registered, create a new account:

If you are unable to create an account online, please complete the form on last page.

Creating a New Account is Easy!

Note: Create an account for an adult first, then any children after (even if the adult will not be registering for an activity).

1. Click on the *Create an Account* link
2. Fill in any field with an \* next to it as you scroll down the page. Once you have filled in all the required fields, click *Create Account* if you are the only person registering for a program. If you need to register another family member click *Create Account* and *Add Family Member*.
3. **IMPORTANT! Confirmation Required!**  
Go to your email account that you listed within your account registration. You should receive an email within a few moments, and click on the link to confirm your account registration. You must complete this step before the system will allow you to register for any programs.

# DISCOUNT TICKETS

Theme Park & Attraction Tickets

- Great America
- Noah's Ark
- The Springs Water Park
- Milwaukee County Zoo

See page 27 for details.

Menomonee Falls CE & Rec Department is a proud member of:



Register online

[www.fallsrec.org](http://www.fallsrec.org)

## Summer 2015

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## WHEN TO REGISTER

**RESIDENT**  
Online Registration Begins

Sunday, April 19  
at 9:00 PM

Mail/Drop Box/Fax  
Monday, April 20

**OPEN/NON-RESIDENT**  
Online Registration Begins

Thursday, April 23  
at 9:00 PM

Mail/Drop Box/Fax  
Friday, April 24

The School District of Menomonee Falls does not discriminate in employment, program opportunities, or delivery of services. WI Statute 118.13

Register at [fallsrec.org](http://fallsrec.org)

# Aquatics

## IMPORTANT POLICIES Regarding All Aquatic Programs **SAFETY FIRST!**

Pool rules are enforced at the discretion of the Head Lifeguard. Safe, appropriate behavior is expected by all swimmers. Those making a safe environment difficult will lose the privilege of swimming for a specified time period.

### Supervision

Children who are 6 years or younger must be within 6 feet of an ADULT (age 18+) at all times. Adult must be swimming with child at all times.

### When should participants arrive?

Swimmers should arrive to allow enough time in the locker room but should not go out to the pool until 5 minutes prior to scheduled swim. The swim staff does NOT supervise participants either prior to or after dismissal from pool.

### What to bring?

Participants must furnish their own suits, locks and towels. We are not responsible for participants' belongings.

### Locker Room

Attendants are NOT on duty. You are responsible to assist your child in the locker room. A shower is required prior to entry in the pool area. PLEASE NOTE: Youth 5 years or older must use the appropriate gender locker room. Plan accordingly.

### Spectators

For health and safety reasons ONLY instructors/lifeguards and participants are permitted in the pool area. Viewing is allowed from the balcony area only. Street shoes are NOT allowed on the pool deck.

### Pool Toys

Toys from home are not allowed. There are many toys provided at the pool for all to enjoy. Participants are allowed to wear lifejackets and water wings per lifeguard's discretion.

### Pool Closings

Pool closure is determined when the lifeguard declares an emergency situation that includes, but not limited to the following:

- Rescue / accident situation
- Lightning or inclement weather

# OPEN SWIM!



### Swim Passes

A family or child swim pass entitles the owner admission to Open and/or Lap Swim at the North Middle School Pool. Passes can be purchased at the CE & Rec Office or North Middle School Pool. Proof of residency may be required. A list of all pass holders will be kept at the pool.

### Punch Cards

An Adult or Senior Punch Card entitles the owner admission 12 times to Open and/or Lap Swim at the North Middle School Pool. Punch cards can be purchased at the CE & Rec Office or North Middle School Pool. Cards expire one year from date of purchase. Cards are non-transferrable.

### Summer Swim Pass

Valid June 15 – August 28

	Resident	Non-Resident
Child	\$24	\$29
Family	\$59	\$71

	Resident	Non-Resident
Adult	\$27	\$33
Senior	\$24	\$30

### Open/Adult Lap Swim

	Open/Adult Lap Swim Fees Per Use
Child (3–17)	\$2.00 (under 3 Free)
Adult (18+)	\$3.00

### Spring Special Spring Break Hours

North Middle School Pool | April 6, 8 & 10 | Open Swim 2:00–4:00 Lap Swim 4:00–6:00

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lap Swim 4:00–4:45 PM	Lap Swim 3:45–5:00 PM	Lap Swim 4:00–4:45 PM	Lap Swim 3:45–5:00 PM	Lap Swim 4:00–4:45 PM	Lap Swim 12:00–1:00 PM
Open Swim 7:00–9:00 PM*	Open Swim not available	Open Swim 7:00–9:00 PM	Open Swim not available	Open Swim 7:00–9:00 PM	Open Swim 1:00–3:00 PM
Closed 4/6, 5/25	Closed 4/7	Closed 4/8	Closed 4/9	Closed 12/26, 1/2, 4/3, 4/10, 5/22	Closed 12/27, 1/3 4/4, 4/11, 4/18, 5/23

### Summer

North Middle School Pool | June 15–August 15 | Pool closed 7/3, 7/4 & 7/11 from 1:00–3:00

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lap Swim 7:30–8:30 AM	Lap Swim 7:30–8:30 AM	Lap Swim 7:30–8:30 AM	Lap Swim 7:30–8:30 AM	Lap Swim 7:30–8:30 AM	
Lap Swim 12:00–1:00 PM	Lap Swim 12:00–1:00 PM	Lap Swim 12:00–1:00 PM	Lap Swim 12:00–1:00 PM	Lap Swim 12:00–1:00 PM	Lap Swim 12:00–1:00 PM
Open Swim 1:00–3:00 PM	Open Swim 1:00–3:00 PM	Open Swim 1:00–3:00 PM	Open Swim 1:00–3:00 PM	Open Swim 1:00–3:00 PM	Open Swim 1:00–3:30 PM
Lap Swim 3:45–4:45 PM	Lap Swim 3:45–4:45 PM	Lap Swim 3:45–4:45 PM	Lap Swim 3:45–4:45 PM	Lap Swim 3:45–4:45 PM	Not Available
Open Swim 7:00–9:00 PM	Not Available	Not Available	Not Available	Family Swim 7:00–9:00 PM	Open Swim 4:30–7:00 PM

### High School Pool | August 17 – August 28

Monday	Tuesday	Wednesday	Thursday	Friday
Lap Swim 12:00–1:00 PM	Lap Swim 12:00–1:00 PM	Lap Swim 12:00–1:00 PM	Lap Swim 12:00–1:00 PM	Lap Swim 12:00–1:00 PM
Open Swim 1:00–3:00 PM	Open Swim 1:00–3:00 PM	Open Swim 1:00–3:00 PM	Open Swim 1:00–3:00 PM	Open Swim 1:00–3:00 PM
Lap Swim 3:45–4:45 PM	Lap Swim 3:45–4:45 PM	Lap Swim 3:45–4:45 PM	Lap Swim 3:45–4:45 PM	Lap Swim 3:45–4:45 PM



## NEW PARTICIPANTS: How to Determine Level

- ✓ Testing is not needed if enrolling in Parent and Child Aquatics.
- ✓ If your child has not participated in swim lessons through Menomonee Falls CE & Rec, they MUST be tested before enrolling in class.
- ✓ Children may be tested, free of charge, at the North Middle School Pool during any open swim times.



## Aquatic Program Level Descriptions

### Parent/Child Aquatics – Ages 1 to 4 years with parent or caregiver

Parent/Child Aquatics familiarizes young children to the water and prepares them to learn to swim. It is not designed to teach children to become good swimmers or to survive in the water on their own, but gives parents safety information and teaches techniques to help orient their children to the water.

#### Parent/Child Level 1 (Ages 1 & 2)

Provides experiences and activities for children to:

- Learn to ask for permission before entering the water
- Learn how to enter and exit the water in a safe manner
- Feel comfortable in the water
- Explore submerging
- Explore buoyancy on the front and back position
- Change body position in the water
- Learn how to play safely
- Experience wearing a life jacket



#### Parent/Child Level 2 (Ages 3 & 4)

Builds upon the skills learned in P/C Level 1 and provides experiences and activities for children to:

- Establish expectation for adult supervision
- Learn ways to enter and exit the water safely
- Explore submerging in a rhythmic pattern
- Glide on the front and back with assistance
- Perform combined stroke on front and back with help
- Change body position in the water
- Experience wearing a life jacket in the water

### Preschool Aquatics – Ages 4 and 5 years, under 42" tall

#### Preschool Level 1

Orients children to the aquatic environment and helps them gain basic aquatic skills listed below.

- Enter and exit water using ladder, steps or side
- Blow bubbles through mouth and nose
- Submerge mouth, nose and eyes
- Open eyes under water and retrieve submerged objects
- Front and back glides and recover to a vertical position
- Back float and recover to a vertical position
- Roll from front to back and back to front
- Tread with arm and hand actions
- Alternating and simultaneous leg actions on front and back
- Alternating and simultaneous arm actions on front and back
- Combined arm and leg actions on front and back

#### Preschool Level 2

Helps children gain greater independence in the skills listed below, and develop more comfort in and around water.

- Enter water by stepping in
- Exit water using ladder, steps or side
- Bobbing
- Open eyes under water and retrieve submerged objects
- Front and back floats and glides
- Recover from a front or back float or glide to a vertical position
- Roll from front to back and back to front
- Tread water using arm and leg actions
- Combined arm and leg actions on front and back
- Finning arm action on back

### Learn-to-Swim – Ages 5 years and up and at least 42" tall

Throughout this 6 level program, participants build on their skills to learn various propulsive movements on the front, back and side. As the levels increase, participants learn to refine the different strokes and build endurance. For an overview of the skills taught in each level, visit the Aquatics Page at fallsrec.org

#### Level 1 – Introduction to Water Skills

Helps participants feel comfortable in the water.

#### Level 2 – Fundamental Aquatic Skills

Gives participants success with fundamental skills.

#### Level 3 – Stroke Development

Builds on the skills in Level 2 through additional guided practice in deeper water.

#### Level 4 – Stroke Improvement

Develops confidence in the skills learned and improves other aquatic skills.

#### Level 5 – Stroke Refinement

Provides further coordination and refinement of strokes.

#### Level 6 – Swimming & Skill Proficiency

Refines the strokes so participants swim them with ease, efficiency, power and smoothness over greater distances.

# Daily Swim Lessons

Daily Lesson classes will be held Monday through Thursday

If classes need to be cancelled during the week due to lightning, inclement weather, accident or incident, make-up classes will be held on Friday of that week.

Monday – Thursday, 8 classes	Fee: \$41 Resident, \$50 Non-Resident						Fee: \$46 R, \$56 NR			
Level	Parent/ Child 1	Parent/ Child 2	Preschool 1	Preschool 2	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6
<b>Session I June 15 – June 25</b>										
8:30 – 9:00 a.m.	12795				12861	12910	12958			
8:45 – 9:30 a.m.								12993		
9:05 – 9:35 a.m.			12815		12862	12911	12960			
9:35 – 10:20 a.m.									13011	
9:40 – 10:10 a.m.				12833	12863	12912	12961			
10:15 – 10:45 a.m.		12802			12864	12913	12962			
10:25 – 11:10 a.m.								12994		
10:50 – 11:20 a.m.			12816		12865	12914				
10:50 – 11:35 a.m.								12995		
11:15 – 12:00 p.m.										13020
11:25 – 11:55 a.m.				12834	12866		12964			
<b>Session II June 29 – July 9</b>										
8:30 – 9:00 a.m.	12796				12867	12915	12966			
8:45 – 9:30 a.m.								12996		
9:05 – 9:35 a.m.			12817		12868	12916	12967			
9:35 – 10:20 a.m.									13012	
9:40 – 10:10 a.m.				12835	12869	12917	12968			
10:15 – 10:45 a.m.		12803			12870	12918	12969			
10:25 – 11:10 a.m.								12997		
10:50 – 11:20 a.m.			12818		12871	12919				
10:50 – 11:35 a.m.								12998		
11:15 – 12:00 p.m.										13021
11:25 – 11:55 a.m.				12836	12872		12970			
<b>Session III July 13 – July 23</b>										
8:30 – 9:00 a.m.	12797				12873	12920	12971			
8:45 – 9:30 a.m.								12999		
9:05 – 9:35 a.m.			12820		12874	12921	12972			
9:35 – 10:20 a.m.									13013	
9:40 – 10:10 a.m.				12838	12875	12922	12973			
10:15 – 10:45 a.m.		12804			12876	12923	12974			
10:25 – 11:10 a.m.								13000		
10:50 – 11:20 a.m.			12819		12877	12924				
10:50 – 11:35 a.m.								13001		
11:15 – 12:00 p.m.										13018
11:25 – 11:55 a.m.				12837	12878		12975			
<b>Session IV July 27 – August 6</b>										
8:30 – 9:00 a.m.					12879	12925	12976			
8:45 – 9:30 a.m.								13002		
9:05 – 9:35 a.m.			12821			12927	12977			
9:35 – 10:20 a.m.									13014	
9:40 – 10:10 a.m.				12839	12880		12978			
10:15 – 10:45 a.m.					12881	12928	12979			
10:25 – 11:10 a.m.								13003		
10:50 – 11:20 a.m.					12882	12929				
10:50 – 11:35 a.m.								13004		
11:15 – 12:00 p.m.										13019
11:25 – 11:55 a.m.						12930	12980			



# Swim Lessons



For more information on Aquatic programs, please email Luther Himsel, Aquatic Coordinator at [HimsLut@sdmfschools.org](mailto:HimsLut@sdmfschools.org) or contact the CE&Rec office at (262) 255-8460.

Periodically pool closures may occur due to lightning, inclement weather, and fecal incidents. When possible, classes will be rescheduled, however, refunds will not be issued for classes missed due to unforeseen pool closures. If an unforeseen pool closure should occur and the class cannot be rescheduled, a Complimentary One Time Use Family Swim Pass will be issued to each swim lesson participant.

## IMPORTANT NOTICE

Please check with your child's instructor, or wait until your child has completed their current swim level before registering for the next session of swim. In the event you register for an incorrect level, a **\$10 fee will be charged** for transfers or cancellations.

## NORTH MIDDLE SCHOOL POOL SWIM LESSONS 8-Weeks | Ages 1-18 years

You may register your child for only one session of swim lessons at a time.

Weekly Lessons <small>8 Classes</small>	Fee: \$41 Resident, \$50 Non-Resident						Fee: \$46 R, \$56 NR			
	Parent/ Child 1	Parent/ Child 2	Preschool 1	Preschool 2	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6
<b>Mondays June 15 – August 3</b>										
3:15 - 3:45 p.m.			12807		12842	12885				
4:35 - 5:20 p.m.							12983			
4:45 - 5:15 p.m.			12808		12843	12886	12934			
5:20 - 5:50 p.m.	12793				12844	12887	12935			
5:25 - 6:10 p.m.									13007	
5:55 - 6:25 p.m.				12824	12845	12888	12936			
6:15 - 7:00 p.m.								12984		
6:30 - 7:00 p.m.					12846	12889	12937			
<b>Tuesdays June 16 – August 4</b>										
3:15 - 3:45 p.m.			12809		12847	12890				
4:35 - 5:20 p.m.							12985			
4:45 - 5:15 p.m.			12810		12848	12891	12938			
5:20 - 5:50 p.m.	12794				12849	12892	12940			
5:25 - 6:10 p.m.									13008	
5:55 - 6:25 p.m.				12825	12850	12893	12941			
6:15 - 7:00 p.m.								12986		
6:30 - 7:00 p.m.					12851	12894	12942			
<b>Wednesdays June 17 – August 5</b>										
3:15 - 3:45 p.m.				12826		12895	12943			
4:35 - 5:20 p.m.							12987			
4:45 - 5:15 p.m.				12827	12852	12896	12944			
5:20 - 5:50 p.m.		12800			12853	12898	12945			
5:25 - 6:10 p.m.										13016
5:55 - 6:25 p.m.			12811		12854	12899	12946			
6:15 - 7:00 p.m.								12988		
6:30 - 7:00 p.m.					12855	12900	12947			
<b>Thursdays June 18 – August 6</b>										
3:15 - 3:45 p.m.				12828		12901	12948			
4:35 - 5:20 p.m.							12989			
4:45 - 5:15 p.m.				12829	12856	12902	12950			
5:20 - 5:50 p.m.		12801			12857	12903	12951			
5:25 - 6:10 p.m.										13017
5:55 - 6:25 p.m.			12812		12858	12904	12952			
6:15 - 7:00 p.m.								12990		
6:30 - 7:00 p.m.				12830	12859	12905	12953			

Friday and Saturday classes continued on next page →

Register at [fallsrec.org](http://fallsrec.org)

# Weekly Swim Lessons, continued

Weekly Lessons <small>8 classes</small> <i>continued</i>	Fee: \$41 Resident, \$50 Non-Resident						Fee: \$46 R, \$56 NR			
	Parent/ Child 1	Parent/ Child 2	Preschool 1	Preschool 2	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6
<b>Fridays</b> June 19 – August 14 No class July 3										
3:15 - 3:45 p.m.						12907	12955			
3:15 - 4:00 p.m.								12991		
4:45 - 5:15 p.m.			12813			12908	12956			
5:20 - 5:50 p.m.				12831	12860					
5:20 - 6:05 p.m.									13010	
5:55 - 6:25 p.m.			12814			12909				
6:10 - 6:55 p.m.								12992		
6:30 - 7:00 p.m.				12832			12957			
<b>Saturdays</b> June 20 – August 15 No class July 4										
9:00 - 9:30 a.m.	12792									
9:35 - 10:05 a.m.		12799								
9:45 - 10:15 a.m.							12933			
9:45 - 10:30 a.m.								12982		
10:20 - 10:50 a.m.						12884				
10:35 - 11:20 a.m.									13006	
10:55 - 11:25 a.m.			12806							
11:30 - 12:00 p.m.				12823	12841					

## AQUATICS

### Aquapals

**Ages 5 - 15 w/disabilities**

Children with disabilities will learn and improve swimming skills with specialized swimming instruction. We provide one instructor per 3 students.

6/15-8/3 **Class #12786**  
Mon, 6:30 PM, 30m

6/20-8/15 **Class #12783**  
Sat, 10:10 AM, 30m

6/20-8/15 **Class #12784**  
Sat, 10:45 AM, 30m

6/20-8/15 **Class #12785**  
Sat, 11:20 AM, 30m

No class July 4  
North Middle School Pool  
R \$41 NR \$50 8 classes

### Adult/Teen Swim

**Ages 13+**

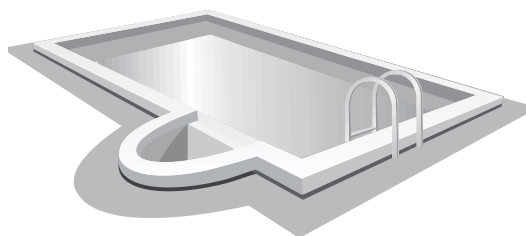
This class is for students who have never taken swimming lessons, or who just need help with strokes or skills. Individual plans are developed to meet your needs.

6/16-8/4 **Class #12788**  
Tues, 6:30 PM, 30m  
R \$41 NR \$50 8 classes

6/17-8/5 **Class #12789**  
Wed, 6:30 PM, 30m  
R \$41 NR \$50 8 classes

6/20-8/15 **Class #12790**  
No class July 4  
Sat, 9:00 AM, 40m  
R \$46 NR \$56 8 classes

North Middle School Pool



**JULY:**

## Celebrate National Parks & Recreation Month!

**Wacky Water Day** | Saturday, July 11 from 1:00 - 3:00 p.m.

Join the staff for crazy games, exciting relays, and fabulous prizes. Contests will take place periodically throughout Open Swim. Children \$5, Adults free. Registration required - **Course #13068**.

**Free Pool Admission** | Week of July 13  
Free pool admission at any open swim session when you show your participation certificate from the "Chalk It Up" contest held at North Middle School on July 8. (See page 25 for details).





Summer

# Kids

Entering Grades 4K-6 **INC**

**Malkin's** *Creating Raving Fans Every Day!*  
FLOORING [malkins.com](http://malkins.com)

## Summer 2015

Available June 15–August 28

### How To Register

**Annual Registration Fee of \$15 Required.** Annual registration must be completed prior to registering for any individual dates. Annual registration is required each year, and is separate from the school year Kids INC registration fee. A registration form can be completed and turned into our office or registration can be done online.

- Summer school for students entering grades 4K–2 will take place at Ben Franklin.
- Summer school for students entering grades 3–5 will take place at Shady Lane.
- Summer school for students entering grades 6–8 will take place at North.
- Non-residents and families not participating in the elementary summer school program are encouraged to register their children for Kids INC at North.



Grade In Fall	Program	Class #	Location
Grade 4K or 5K	Kids INC Jr.	12251	Ben Franklin
Grades 1 – 6	Kids INC	12243	North
Grades 1 – 6	Kids INC	12247	Ben Franklin
Grades 1 – 6	Kids INC	12237	Shady Lane

### When to Register for Individual Dates

**Registration is due by Wednesday.** Once annual registration has been completed you must register your child through the CE & Rec office by 4:30 PM, or online by 11:30 PM by the Wednesday prior to the week you wish to have your child participate in the program. Registration received after Wednesday will include a \$5 late fee per option.

**Daily Fee:** A minimum of 8 days per month is required.

Kids INC Jr: Grades 4K & 5K	Kids INC: Grades 1 – 6
6:30 AM – 6:00 PM	6:30 AM – 6:00 PM
<u>Resident Fees</u> \$37 per day or \$42 if late	<u>Resident Fees</u> \$27 per day or \$32 if late
<u>Non-Resident Fees</u> \$45 per day or \$50 if late	<u>Non-Resident Fees</u> \$33 per day or \$38 if late



### What if my child is attending Summer School?

If your child is attending Summer School, please sign them up for full day care. Our staff will then make sure your child gets to and from the summer school classes they are registered for. The above daily fees apply. Transportation between sites is not available.

# Kids INC

Grades 4K-5

**School Year  
2015-16**

▶ **MINIMUM of  
2 times per week or  
8 times per month  
is required.**



## Kids INC Explained ...

Kids INC is a before and after school care program for students enrolled in grades 4K-5. Offered at each of the four elementary schools, this safe and fun environment allows children to receive care without having to leave their school building. Activities include: homework time, group sports and activities, arts and crafts, games, special events and more. Field trips are planned throughout the year, and admission fees are included in the cost of the daily Kids INC registration fee.

## Annual Registration Fee of \$25 Required; \$50 for 4K students

Annual Registration must be completed prior to registering for any individual dates.

Annual Registration is required each year, and is separate from the Summer Kids INC registration fee. A registration form can be completed and turned into our office, or registration can be done online if registering prior to the beginning of the school year. Once the school year begins, registration must be done in person.

## Other Important Information

- Once registration has been submitted, fees cannot be transferred if switching your child from one day to another day.
- Credit is not given for days your child misses due to illness, disciplinary action, or other circumstances.
- Select "Kids INC" in the left column at fallsrec.org for a copy of the Kids INC Family Handbook. It includes additional important information.

## Emergency Contact Form Required

An Emergency Contact Form is required and must be supplied with annual registration prior to registering your child for individual dates. If you register online, you will be prompted to provide the information. If registering in person, forms can be downloaded at fallsrec.org, or picked up at the CE & Rec office.



**Tori Uecker**  
Kids INC Coordinator

Please feel free to contact Tori with any comments, questions, or concerns regarding the Kids INC program. She can be reached by email at uecktor@sdmfschools.org, or feel free to leave a voicemail at 262-250-6471.

## \$50 Class Voucher!

If your child is utilizing the program on a regular basis (an average of 8 options per month, every month) and you complete your annual registration by July 31, you will receive a voucher good for \$50 off select after school programs offered in our Fall 2015 Activity Guide. Classes will be marked with an "After School Program" symbol:



**NEW!**



# Wrap Around CARE

Ben Franklin Elementary School

4K "Wrap Around" care provides programming for 4K students the other half of the day when they are not attending their traditional 4K class. The program encourages physical, emotional and social growth through play and recreation. Activities in the program include arts & crafts, indoor and outdoor group games, puzzles, story time, quiet/rest time, music, free time, and more. Periodically, students will participate in field trips and special events when there is no school.



## \$50 Annual Registration

Registration codes:

**Morning "Wrap Around"**  
Course #12773

**Afternoon "Wrap Around"**  
Course #12774



### Daily Fees for 4K Wrap Around Care

4K Before School 6:30 AM – 8:45 AM	4K Morning "Wrap Around" 8:45 AM – 1:00 PM Maximum 40 students	4K Afternoon "Wrap Around" 11:30 AM – 3:45 PM Maximum 40 students	4K After School 3:45 PM – 6:00 PM	4K Full Day Available from 6:30 AM – 6:00 PM when there is no school
\$8.25 per day or \$13.25 if late (B)	\$22.50 per day or \$27.50 if late (L)	\$22.50 per day or \$27.50 if late (L)	\$9.25 per day <b>\$10.25 on Wed.</b> or \$14.25 (\$15.25 on Wednesdays) if late (S)	\$35.25 per day or \$40.25 if late (B) (L) (S)

(B) Breakfast can be purchased through the school lunch program.

(S) Includes snack. Student can bring an additional snack. No peanut products please.

(L) Student must provide own lunch. NOTE: There is no access to cooling or heating appliances.



## Registering Online for Kids INC

Online registration closes at 4:00pm Friday for the following week.

- Visit [www.fallsrec.org](http://www.fallsrec.org).
- Select Online Registration from left hand column.
- Sign In using your username and password by clicking the blue Sign In box on the right side. If you have not yet created an account, please select Create an Account and follow the prompts. You must create an account for the adult first, and then add your child/children one at a time by selecting Add a Family Member.
- Search for your activity. It is recommended you search using the name of the school your child attends. For the Annual Registration, you may search using the class number listed at the right.
- Select the week you wish to enroll your child and select Enroll Now. You will select only the dates you need at a later screen.
- Select the name of the child from the drop down menu and select Continue.
- Click on the box under each individual date that you want to register for in this week and then select Add To Cart.
- Follow the prompts and continue through the screens to check out process. You will have the option to continue shopping, register another child for this same activity, or check out.

### School Year Kids INC for Gr. 5K-5 Annual Registration Codes

Children must utilize the program on a regular basis (minimum of 8 options per month, every month). Complete your annual registration using these course codes.

Ben Franklin - 12769

Riverside - 12770

Shady Lane - 12771

Valley View - 12772



### When to Register for Individual Dates

Once annual registration has been completed and paid for, individual date registration is due into the CE & Rec office by Wednesday at 4:30 PM, or online by Wednesday at 11:30 PM, prior to the week you would like your child to participate in the program. Registration will still be accepted in our office or online on Thursday, and Friday by 4:00 PM, but will include a \$5.00 late fee per option.

### Daily Fees (Grades 5K-5)

Before School 6:30 AM - 8:45 AM	After School 3:45 PM - 6:00 PM	Wednesday Early Release 2:30 PM - 6:00 PM	Full Day * 6:30 AM - 6:00 PM
\$8.25 per day or \$13.25 if late (B)	\$9.25 per day or \$14.25 if late (S)	\$10.25 per day or \$15.25 if late (S)	\$35.25 per day or \$40.25 if late (B)(L)(S)

#### \* Full Day Note:

- Students who attend Valley View or Ben Franklin must register at Ben Franklin.
- Students who attend Shady Lane or Riverside must register at Riverside.

(B) Breakfast can be purchased through the school lunch program.

(S) Includes snack. Student can bring an additional snack. No peanut products please.

(L) Student must provide own lunch. NOTE: There is no access to cooling or heating appliances.

### Where to Submit Calendar

**Online** - Register your child by choosing the dates you would like your child to attend the program. Payment with credit card is required.

**Drop box, in person or by FAX** - Paper registration calendars are used, and are available at the CE & Rec office or online. Fees must be turned in with your calendar. Cash, check or credit cards accepted. Calendars/Payments are not accepted at the sites. Fax number is (262) 255-8411.



## PRESCHOOL

### Pirates, Aliens, Robots and Who?

**Ages 3 - 6**

Alas...the pirates have landed and are looking for their treasure chest! This class is filled with adventure and robots of every kind. Go on a treasure hunt with Roamer the Robot, dig up dinosaur bones with Bee Bot, rev your Engines with Speedy the Race car, land on the moon with the aliens from outer space and much more. Students will work with several versions of LOGO Programming (simple sequence programming using numbers, shapes, colors, etc.) Guaranteed to generate smiles, giggles, and laughs at every class.

8/3-8/6 **Class #12210**  
 Mon - Thu, 9:30 AM, 45m  
 Community Center Rm 109  
 Computer Explorers Staff  
 R \$38 NR \$46 4 classes

### Beginning Ballet

**Age 3**

Children will learn coordination and rhythm while learning basic ballet steps and having fun with creative movement. Children should wear clothes they can move in and bring ballet shoes.

6/17-7/8 **Class #13026**  
 Wed, 1:30 PM, 30m

7/22-8/12 **Class #13027**  
 Wed, 1:30 PM, 30m

B Inspired Dance Studio  
 Appleton Ave, Menomonee Falls  
 Chelsea Bushman  
 R \$28 NR \$33 4 classes



### Ballet & Tap

**Age 4**

Your child will develop coordination and rhythm while learning the basics of tap & ballet. Children should wear clothes that they can move in, and bring tap and ballet shoes.

6/17-7/8 **Class #13029**  
 Wed, 2:10 PM, 50m

7/22-8/12 **Class #13030**  
 Wed, 2:10 PM, 50m

B Inspired Dance Studio  
 Appleton Ave, Menomonee Falls  
 Chelsea Bushman  
 R \$36 NR \$42 4 classes

### Safety Town

**Age 5 & Registered for Kindergarten**

Safety Town will teach your child to evaluate the safe from unsafe when confronted with potentially dangerous situations. Safety awareness issues including: home, outdoors, water, animals, cars, streets, bus, gun safety, strangers, and more, are taught in indoor classroom facilities and outdoors where children will learn safety while riding their pedal cars through the streets of Safety Town. Field trips, songs, games, stories and art projects reinforce the lessons.

6/15-6/24 **Class #13066**  
 1st week: Mon-Fri, 10:30 AM, 2h  
 2nd week: Mon-Wed

6/15-6/24 **Class #13067**  
 1st week: Mon-Fri, 1:30 PM, 2h  
 2nd week: Mon-Wed

Riverside School Rm 102  
 Ann Reese & Dena Buehler  
 R \$49 NR \$61 8 classes



### Young Rembrandts –

#### Dr. Seuss Preschool Drawing

**Ages 3 - 5**



If your preschooler loves Dr. Seuss like we do, they are certain to enjoy this camp. Each day we will read a different

Dr. Seuss Book and then draw aspects of the book that we enjoyed. Our creativity and imagination will play together as we create these fun characters.

8/3-8/6 **Class #12479**  
 Mon - Thu, 8:30 AM, 1h30m  
 Ben Franklin School Rm 131  
 Young Rembrandts Staff  
 R \$64 NR \$77 4 classes

### Miss Julie's Music Fun

**Ages 1 - 5 w/adult**

Through participating in music, and learning to keep the beat, your child will enhance their enjoyment and understanding of music. We will explore movement, finger plays, rhythm and more. Please register child only.

6/17-7/1 **Class #13064**  
 Wed, 10:00 AM, 45m

8/12-8/26 **Class #12226**  
 Wed, 10:00 AM, 45m

Faith Lutheran Church, G-Town  
 Julie Thompson  
 R \$30 NR \$40 3 classes

### Firefighters Are Your Friends

**Ages 3 - 5**

Spend some time with your friendly firefighters! See their clothes, what they drive and even what they eat. Parents must stay for class. Please register child only - one adult is included in fee.

5/7 **Class #12286**  
 Thu, 6:00 PM, 1h  
 G-Town Fire Station #2  
 R \$7 NR \$7 1 class

**REGISTER EARLY**  
 to avoid disappointment

# Preschool, Youth

## Oodles of Art

**Ages 1 ½ - 4 ½ w/adult**

Adult and child participate together in this hands-on art class. Through sculpting, drawing, painting, songs, story time and movement activities, your young child's imagination will soar. There will be a new theme each week. All supplies and snacks are provided. Please bring a smock for your child. Please register child only—one adult is included in fee.

**Ages 1 ½ - 4 ½ w/adult**

6/16-7/14 **Class #12293**

No class June 30

Tue, 5:30 PM, 1h

**Ages 1 ½ - 2 w/adult**

6/18-7/16 **Class #12291**

No class July 2

Thu, 9:30 AM, 1h

**Ages 3 - 4 ½ w/adult**

6/18-7/16 **Class #12292**

No class July 2

Thu, 10:45 AM, 1h

G-Town Department of Public Works

Laura Wanek

R \$35 NR \$40 4 classes

## Kids GymSports

**Ages 2 - 5**

GymSports is a professionally designed program that includes a variety of fun games and activities to help your child develop sport-specific and general skills, like eye-hand and foot-eye coordination, large and fine motor skills, muscle development, body balance and agility, and more. Classes are taught in a relaxed environment with a focus on beginning an active lifestyle.



**Ages 2 - 3 ½ w/adult**

7/20-8/24 **Class #12239**

Mon, 5:00 PM, 40m

**Ages 3 ½ - 5**

7/20-8/24 **Class #12240**

Mon, 5:45 PM, 40m

Community Center Gym

KidsSports Staff

R \$69 NR \$83 6 classes

## Kids Multi-Sport

**Ages 2 - 5**

Multi-Sport will provide general physical development, while introducing your child to many popular sports in a fun, simple learning environment. Each week will focus on a different sport including individual, small group, and team based games such as soccer, baseball, football, kickball and more.

**Ages 2 - 3 ½ w/adult**

6/8-7/13 **Class #12233**

Mon, 5:00 PM, 40m

**Ages 3 ½ - 5**

6/8-7/13 **Class #12234**

Mon, 5:45 PM, 40m

Community Center Gym

KidsSports Staff

R \$69 NR \$83 6 classes

## Introduction To Baseball

**Ages 3 - 5**

This program is designed to introduce children to the game of baseball. Classes will help your child develop important baseball skills such as throwing, catching, hitting, and base running. Developmentally appropriate equipment and games are used to teach baseball in a fun, exciting and positive environment.

**Ages 3 - 4**

6/10-7/15 **Class #12242**

Wed, 5:00 PM, 40m

7/22-8/26 **Class #12244**

Wed, 5:00 PM, 40m

**Ages 4 - 5**

6/10-7/15 **Class #12246**

Wed, 5:45 PM, 40m

7/22-8/26 **Class #12245**

Wed, 5:45 PM, 40m

Community Center Gym

KidsSports Staff

R \$69 NR \$83 6 classes

## Sports of All Sorts – Sports Sampler

**Ages 4 - 10**

This multi-sport camp will introduce students to baseball, soccer, kickball, football, rugby, and more. Participants will learn the basics of each sport, and then use

their skills to play fun games. Please bring a water bottle to class.

**Ages 4 - 5**

7/27-8/6 **Class #13055**

Mon - Thu, 12:00 PM, 1h

**Ages 6 - 7**

7/27-8/6 **Class #13056**

Mon - Thu, 1:15 PM, 1h

**Ages 8 - 10**

7/27-8/6 **Class #13057**

Mon - Thu, 2:30 PM, 1h

*Rain Date 8/7*

North Middle School Soccer Field

Josh Boyer

R \$31 NR \$39 8 classes

## Sports of All Sorts – Baseball

**Ages 4 - 10**

Participants will learn hitting, fielding, and throwing techniques. Mini games will also be played during class. Please bring a glove, hat, and water bottle.

**Ages 4 - 5**

6/15-6/25 **Class #13044**

Mon - Thu, 12:00 PM, 1h

**Ages 6 - 7**

6/15-6/25 **Class #13045**

Mon - Thu, 1:15 PM, 1h

**Ages 8 - 10**

6/15-6/25 **Class #13046**

Mon - Thu, 2:30 PM, 1h

*Rain Date 6/26*

Ben Franklin Corner Ball Diamond

Josh Boyer

R \$31 NR \$39 8 classes

## Sports of All Sorts – Football

**Ages 4 - 10**

Audible your summer plans and get ready for some pre-season football! Participants will learn the basics of how to pass, catch, run, block and kick. Scrimmage games will also be played during class. Please bring a water bottle.

**Ages 4 - 5**

7/13-7/23 **Class #13052**

Mon - Thu, 12:00 PM, 1h



**Ages 6 - 7**  
7/13-7/23 **Class #13053**  
Mon - Thu, 1:15 PM, 1h

**Ages 8 - 10**  
7/13-7/23 **Class #13054**  
Mon - Thu, 2:30 PM, 1h

*Rain Date 7/24*  
North Middle School Soccer Field  
Josh Boyer  
R \$31 NR \$39 8 classes

## Sports of All Sorts – Soccer **NEW!**

**Ages 4 - 10**  
GOAL! Children will have fun while learning the basics of how to pass, dribble, and shoot a soccer ball. Scrimmage games will also be played during class. Please bring a water bottle.

**Ages 4 - 5**  
6/29-7/9 **Class #13049**  
Mon - Thu, 12:00 PM, 1h

**Ages 6 - 7**  
6/29-7/9 **Class #13050**  
Mon - Thu, 1:15 PM, 1h

**Ages 8 - 10**  
6/29-7/9 **Class #13051**  
Mon - Thu, 2:30 PM, 1h

*Rain Date 7/10*  
North Middle School Soccer Field  
Josh Boyer  
R \$31 NR \$39 8 classes

## Basketball Drills & Skills **NEW!**

**Ages 4 - 8**  
Are you ready for some fun while learning the basic fundamentals of basketball? Players will participate in different fundamental drills, skill challenges, team play, and fun games. We provide a non-competitive environment to develop and excite the kid's vision of the game of basketball. Each camper will receive a t-shirt.

**Ages 4 - 5**  
6/16-6/19 **Class #12755**  
Tue - Fri, 9:00 AM, 1h

8/11-8/14 **Class #12757**  
Tue - Fri, 9:00 AM, 1h

## SPECIAL NEEDS: YOUTH AND ADULTS

### Wheelchair Sports / Adaptive Recreation

**Ages 6 - Adult**

IndependenceFirst offers a variety of wheelchair sports and adaptive recreation programs for youth and adults with disabilities. Wheelchair sports such as: basketball, tennis, softball, and street hockey are appropriate for individuals with primary physical disabilities. Adaptive recreation programs such as downhill skiing, snowboarding, water skiing and bocce ball are appropriate for people with varying ability levels.

For more information regarding dates, times and locations: Kathy Mohar at 414-226-8375.



**Ages 6 - 8**  
6/16-6/19 **Class #12756**  
Tue - Fri, 10:15 AM, 1h

8/11-8/14 **Class #12758**  
Tue - Fri, 10:15 AM, 1h

Community Center Gym  
John Leavell, Hooper Hands  
R \$72 NR \$86 4 classes

### Learn To Skate

**Ages 4 - 11**



Your child will develop confidence on the ice by learning forward and backward skating, turns, stops, falling and recovery. Jacket, hat and gloves are necessary and bicycle or hockey style helmets are highly recommended.

Skate rental is included in fee. For more information call Eble Ice Arena at 262-784-5155.

**Ages 4 - 6**  
5/28-6/25 **Class #13059**  
Thu, 5:00 PM 30m

7/9-8/6 **Class #13060**  
Thu, 5:00 PM 30m

**Ages 7 - 11**  
5/28-6/25 **Class #13061**  
Thu, 5:00 PM 30m

7/9-8/6 **Class #13062**  
Thu, 5:00 PM 30m

Eble Ice Arena, Brookfield  
R \$55 NR \$55 5 classes

### KidsSports Field Hockey **NEW!**

**Ages 6 - 9**

This program is designed to introduce the game of field hockey in a fun, but challenging environment. Our trained instructors will teach proper basic skills like dribbling, passing, pushing, scooping, trapping, defending, and other basic concepts and rules.

**Ages 6 - 7**  
6/13-7/11 **Class #12482**  
*No class July 4*  
Sat, 9:00 AM, 45m

**Ages 8 - 9**  
6/13-7/11 **Class #12483**  
*No class July 4*  
Sat, 10:00 AM, 45m

North Middle School Football Field  
KidsSports Staff  
R \$63 NR \$76 4 classes

### KidsSports Lacrosse **NEW!**

**Ages 6 - 9**

This program is designed to introduce the growing sport of Lacrosse in a fun, but challenging environment. Children will be taught the basic offensive skills like ground ball, passing, catching, shooting, and dodging. Defensive essentials like footwork and team defense using fun age appropriate drills, games and activities will also be taught.

**Ages 6 - 7**  
8/1-8/22 **Class #12485**  
Sat, 9:00 AM, 45m

## Youth

Ages 8 - 9

8/1-8/22 Class #12486

Sat, 10:00 AM, 45m

North Middle School Football Field

KidsSports Staff

R \$63 NR \$76 4 classes

## Beginning Archery

Ages 7 - 15 w/adult

Bulls eye! This class will give instruction to beginners or those wanting to improve their archery skills. Concepts of proper safety will be explained in full and enforced in class.

Children must have a parent or guardian present throughout the class period.

Students can provide their own equipment: bow, arrows, quiver, tab or release and arm guard. No crossbows or broad head arrows are permitted. Park entrance fee is included.

Please register child only - one adult is included in fee.

6/16-7/7

Tue, 5:30 PM, 2h

Student provides equip. R \$25 NR \$25

Class #12528

Equipment Provided R \$35 NR \$35

Class #12527

Menomonee Park- Archery Range

Waukesha County Parks Staff 4 classes

## Girls Basketball Camp

Entering Grades 4 - 9

A knowledgeable staff will instruct you on the fundamentals needed to become a better basketball player. Shooting, ball handling, and defensive and offensive techniques will be emphasized within the framework of individual instruction. Contests, drills and games will also be part of the daily schedule.

Entering Grades 4 - 6

6/22-6/25 Class #12741

Mon - Thu, 12:30 PM, 2h

Entering Grades 7 - 9

6/22-6/25 Class #12742

Mon - Thu, 3:00 PM, 2h

High School New Gym

Craig Amundson

R \$62 NR \$74 4 classes

## Cross Country Running Camp

Entering Grades 4 - 8

Coaches from the High School Cross Country team will introduce athletes to the finer points of short and long distance running. Participants will receive instruction on running technique, stretching, hydration, nutrition, and overall physical fitness. Campers meet at MFHS Track, but may depart to run to other locations. Class will run rain or shine. If there is severe weather during class, participants will seek shelter inside the school.

6/22-7/15 Class #12478

Mon & Wed, 8:30 AM, 1h30m

High School Track

Tom Shannon

R \$50 NR \$60 8 classes

## Family Dodgeball

Ages 6+ w/adult

Registered children must be accompanied by a registered adult. Get some exercise while enjoying some family fun time. Teams will be formed on site each week. Please register each participating member of your family.

6/19-7/31 Class #12230

No class July 3

Fri, 6:30 PM, 1h

Kennedy Middle School Gym, G-Town

Anita Hilleman

R \$12 NR \$23 6 classes

## High School Dodgeball

Entering Grades 9 - 12



Don't DODGE the fun, have a BALL. Get your friends together and sign up for High School Dodgeball. Teams will be formed on site each week. A great way to hang out with

your friends while having fun in a non-competitive sport.

6/19-7/31 Class #12235

No class July 3

Fri, 7:30 PM, 1h

Kennedy Middle School Gym, G-Town

Anita Hilleman

R \$20 NR \$30 6 classes

## Coed Flag Football League

Entering Grades 5 - 8

Hut-Hut-HIKE! Take to the gridiron this fall for some competitive flag football action against teams from other area rec departments. This is a no cut, no tryout, 7 vs. 7 team sport highlighting fun. Practice on Wednesdays will mix football drills and game planning for Saturday games. Players should wear weather appropriate attire and cleats. Mouth guards are optional. Please bring a water bottle. The game schedule will be finalized in summer, with the anticipated first game taking place on August 29<sup>th</sup>.

Entering Grades 5 - 6

8/12-10/21 Class #12766

Wed, 3:00 PM, 1h30m

Entering Grades 7 - 8

8/12-10/21 Class #12767

Wed, 3:00 PM, 1h30m

North Middle School Football Field

Dan Zeroth

R \$75 NR \$90 11 classes



OPTIMIST  
INTERNATIONAL

## Tri-Star Baseball Contest Boys & Girls Ages 7 - 12

This FREE event is co-sponsored by the Menomonee Falls Optimist Club. Children are invited to test their skills at running, throwing and hitting. The first place winner in each age group will receive a trophy, \$25 gift card, and will be pictured in the local newspaper. Registration will take place at the field the day of the event.

Saturday, April 25, 9:00 AM - Noon Ben Franklin School Ball Diamond

## We've Gone Social



facebook.com/fallsrec



@fallsrec



## Ultimate Frisbee

**Ages 8 - 14**

Are you looking for a new challenge? Get your friends together and sign up for Ultimate Frisbee. This is a non-contact team sport which combines quick passing and catching with the ultimate goal to get it in the end zone. Teams will be formed on site each week. A great way to hang out with your friends while having fun in a non-competitive sport.

6/19-7/31 **Class #12222**

No class July 3

Fri, 5:15 PM, 1h

Kennedy Middle School Soccer Field,  
G-Town

Anita Hilleman

R \$20 NR \$30 6 classes

## MFHS Boys & Girls Golf Camp

**Ages 14 - 17**



This camp is intended for any boys or girls interested in trying out for a High School Golf Team this coming school year, and is a great way to tune up for the upcoming season. Time will be

spent on the range, the putting green and on the course. The time of these sessions is contingent on the availability of facilities at Silver Spring Golf Course. Participants will be notified the week prior to camp regarding the exact meeting times, but it will be sometime in the afternoon.

Sessions will typically start at 1:00 or 3:00 and participants can attend one or both, whichever fits their schedule. For more information, Contact Coach Thompson at 262-946-2305 or thomjef@sdmfschools.org.

7/13-7/16 **Class #12490**

Mon - Thu, 1:00 PM, 4h

7/20-7/23 **Class #12491**

Mon - Thu, 1:00 PM, 4h

7/27-7/30 **Class #12492**

Mon - Thu, 1:00 PM, 4h

Silver Spring Golf Club  
MFHS Golf Coach, Jeff Thompson  
R \$100 NR \$120 4 classes

9th Annual

# Middle School Lock-In

⊙ Basketball ⊙ Swimming ⊙ Inflatables ⊙ DJ Dylan ⊙ Prizes and more!

## May 1, 2015

7:00 to 10:00 PM  
North Middle School

\$7 if registered by April 30, \$10 at the door

Register online using Class #12652

## Menomonee Falls Teen Center

June 12–August 21 (closed July 3)

Fridays 6:30 to 10:00 PM

Students must be picked up by 10:00 PM

### Entering Grades 6–9 in the Fall

**Course #13070**

The purpose of the Center is to provide a safe, supervised, active, nurturing, and healthy environment for youth which promotes positive choices and an environment free of alcohol and other drugs.

- Video Games
- Basketball / Pool / Air Hockey / Ping Pong
- Cards / Special Events / Dances
- Computers
- Concessions

### Annual Registration Fee

(Year runs June 1 thru May 31)

- An annual registration fee of \$5 per participant is required.
- An initial registration form is available at the CE & Rec office or online and may also be completed at the Teen Center with a parent or guardian present.

### Fees Payable at door:

- \$2 Resident of M.F. or student enrolled in a Menomonee Falls School
- \$3 Non-Resident

### Sign Out Policy

The Teen Center is open from 6:30 to 10:00 p.m. Any student wishing to exit the building prior to 9:45 must have a parent or guardian sign him or her out. A student car pooling with a friend will be allowed to leave with the parent or guardian of that friend. Once a student leaves, he or she will not be allowed back into the Teen Center for the remainder of the evening. Beginning at 9:45, students will be allowed to exit the building without a parent or guardian present. All students must be picked up by 10:00 p.m.

### Volunteer Opportunities

The Teen Center runs special events throughout the school year. Many adult volunteers are needed in order for these events to be successful. If you are interested in volunteering please contact Jason Husslein at (262) 255-8460 or by e-mail at hussjas@sdmfschools.org.



# Youth

## Junior Indians Boys & Girls Golf

**Ages 10 - 14**

This program is for all abilities, and is a great way for players who intend to play in High School to hone their skills. In an effort to help each golfer move from their current level to the next, time will be spent on the range, on the putting green, and on the course. There will be a minimum of 12 sessions that will meet at various times between July 13 and August 7. The time of the sessions is contingent on the availability of the facilities at Silver Spring Golf Course, but it will be sometime in the afternoon. Sessions will typically start at 1:00 or 3:00 and participants can attend one or both. For more information, contact Coach Thompson at 262-946-2305 or at thomjef@sdmfschools.org.

7/13-8/3 **Class #12493**  
Mon, 1:00 PM, 1h30m  
MFHS Golf Coach, Jeff Thompson  
R \$150 NR \$180 12 classes

## Horseback Riding

**Ages 7 - 17**



Get ready to be absorbed into the world of horses! Students will learn proper grooming, tacking, and riding techniques in addition to gaining knowledge of general horse care. Items necessary for class: jeans or riding breeches, ankle-high boot with low heel, preferably rubber-soled (NO tennis shoes) and riding release form signed by a parent. Release forms are available at the CE & Rec office, or online @ fallsrec.org, located on the bottom right side of the page under Documents. For more information, please visit bluespringfarms.com. Classes are 1 hour with a maximum of 3 students per class.

6/16-6/30 Tuesday  
4:00 PM **Class #12515**  
5:00 PM **Class #12516**  
6:00 PM **Class #12517**  
R \$109 NR \$131 3 classes

7/7-7/28 Tuesday  
4:00 PM **Class #12518**  
5:00 PM **Class #12519**  
6:00 PM **Class #12520**  
R \$149 NR \$179 4 classes

8/4-8/25 Tuesday  
4:00 PM **Class #12521**  
5:00 PM **Class #12522**  
6:00 PM **Class #12523**  
R \$149 NR \$179 4 classes

Blue Spring Farm  
Ingrid Knippelmeyer

## Family Kickball

**Ages 6+ w/adult**

A registered child must be accompanied by a registered adult. Get some exercise and have some family fun time while playing kickball. Teams will be formed on site each week. Please register each participating member of your family.

6/16-7/28 **Class #12231**  
*No class July 21*  
Tue, 6:30 PM, 1h  
Haupt Strasse Park Diamond, G-Town  
Anita Hilleman  
R \$7 NR \$12 6 classes

## Rock Climbing Day Camp

**Ages 6 - 12**

Let Adventure Rock fill your child's day with theme based games, crafts, activities, and lots of climbing. Camp will include instruction on safety systems, essential knots, and proper equipment use. Participants must bring a bag lunch. Before and After Camp child care is available for an additional fee, but you must register thru Adventure Rock by calling 262-790-6800.

Mon - Fri, 9:00 AM, 7h

**Great Outdoors**  
6/15-6/19 **Class #12153**

**Animals**  
6/22-6/26 **Class #12154**

**Wet & Wild**  
7/6-7/10 **Class #12155**

**Around the World**  
7/13-7/17 **Class #12156**

**Survivor**  
7/20-7/24 **Class #12157**

**Treasure Trove**  
7/27-7/31 **Class #12158**

**Dino Days**  
8/3-8/7 **Class #12159**

**Goofy Giggles**  
8/10-8/14 **Class #12160**

**Best Of**  
8/17-8/21 **Class #12161**

Adventure Rock, Brookfield  
R \$225 NR \$225 5 classes

## Coed Flag Rugby –

**FREE TRIAL**

**Entering Grades 3 - 9**

Not sure if Flag Rugby is for you? This FREE practice session will provide a basic introduction to the sport, along with sample games and drills that are featured during normal practice. Coaches will be on hand to answer any questions about the program. Please wear cleats or running shoes, and bring a water bottle.

6/3 **Class #12141**  
Wed, 4:00 PM, 1h15m  
North Middle School Football Field  
Dan Zeroth

**FREE**, but registration is required

## Coed Flag Rugby

**Entering Grades 3 - 9**

Give one of the most popular sports in the world a try! Rugby combines elements of football and soccer into a unique game that is easy to learn and requires no prior knowledge to play. Practices will focus on basic skills and incorporating them into drills and games. Tournaments are held on Saturdays and feature numerous games against teams from all around the state. Tournament dates: 6/27@ Milwaukee Lakefront, 7/11 at Fond du Lac, 7/25 at Menomonee Falls, 8/1 at Appleton. Participants should wear cleats or running shoes, and bring a water bottle. An additional fee may be charged for tournament participation, more information will be available at practice.

**Entering Grades 3 - 5**  
6/17-7/29 **Class #12139**  
Wed, 4:00 PM, 1h15m

**Entering Grades 6 - 9**  
6/17-7/29 **Class #12140**  
Wed, 4:00 PM, 1h15m

North Middle School Football Field  
Dan Zeroth  
R \$45 NR \$54 7 classes





## GENERAL TENNIS INFORMATION

All classes will be held at the Menomonee Falls High School Tennis Courts. Please bring your own racquet, unless noted, and a water bottle to each class.

### Pee Wee Tennis I

#### Ages 4 - 5

Your little athlete will be introduced to the game of tennis. Basic skills such as forehand, backhand, and volleys will be taught and incorporated into fun games. We will use foam balls designed to bounce at a speed that is accessible for your child. Racquets will be provided if needed. Please bring a water bottle.

Mon - Thu, 12:00 PM, 25m

6/15-6/25	<b>Class #12656</b>	R \$29 NR \$35	8 classes
6/29-7/9	<b>Class #12657</b>	R \$29 NR \$35	8 classes
7/13-7/23	<b>Class #12658</b>	R \$29 NR \$35	8 classes
7/27-8/5	<b>Class #12659</b>	R \$25 NR \$30	7 classes

Mon & Wed, 5:00 PM, 25m

6/15-7/8	<b>Class #12575</b>	R \$29 NR \$35	8 classes
7/13-8/5	<b>Class #12577</b>	R \$29 NR \$35	8 classes

Tue & Thu, 5:00 PM, 25m

No class July 2

6/16-7/9	<b>Class #12576</b>	R \$25 NR \$30	7 classes
7/14-8/4	<b>Class #12578</b>	R \$25 NR \$30	7 classes

### Pee Wee Tennis II

#### Ages 5 - 7

This class is for students that have completed at least one session of Pee Wee Tennis I, or have previous tennis experience. Basic skills will be reviewed and felt balls with reduced bounce will be used to help introduce students to serving and rallying. Racquets will be provided if needed.

Mon & Wed, 5:30 PM, 25m

6/15-7/8	<b>Class #12570</b>	R \$29 NR \$35	8 classes
7/13-8/5	<b>Class #12572</b>	R \$29 NR \$35	8 classes

Tue & Thu, 5:30 PM, 25m

No class July 2

6/16-7/9	<b>Class #12571</b>	R \$25 NR \$30	7 classes
7/14-8/4	<b>Class #12573</b>	R \$25 NR \$30	7 classes

### Parent/Child Tennis

#### Ages 4 - 7

The participants in this class will be a parent and their child. The instructor will teach a skill to everyone and then the parents will go to the courts and work on it with their child. Youth racquets are provided if needed, but adults will need to provide their own racquet. Please bring a water bottle. Register child only - one adult is included in fee.

Tue & Thu, 6:30 PM, 1h

No class July 2

6/16-7/9	<b>Class #12567</b>	R \$42 NR \$50	7 classes
7/14-8/4	<b>Class #12568</b>	R \$42 NR \$50	7 classes

### Tennis - Beginner

#### Ages 7 - 11

Students will be introduced to the game of tennis. Forehand and backhand groundstrokes and volleys will lead into basic games and movement around the court. The foundation taught in this class will serve the player in their development and progression to future levels.

Mon - Thu, 1:00 PM, 50m

6/15-6/25	<b>Class #12591</b>	R \$39 NR \$47	8 classes
6/29-7/9	<b>Class #12592</b>	R \$39 NR \$47	8 classes
7/13-7/23	<b>Class #12593</b>	R \$39 NR \$47	8 classes
7/27-8/5	<b>Class #12594</b>	R \$34 NR \$41	7 classes

### Tennis - Advanced Beginner

#### Ages 7 - 12

Students who have completed at least one session of a beginner tennis class will be given a quick review of the skills they have already learned. Moving forward, students will build rallying skills and work on shot placement. Class will progress to the basics of serving.

Mon - Thu 2:00 PM, 50m

6/15-6/25	<b>Class #12586</b>	R \$39 NR \$47	8 classes
6/29-7/9	<b>Class #12587</b>	R \$39 NR \$47	8 classes
7/13-7/23	<b>Class #12588</b>	R \$39 NR \$47	8 classes
7/27-8/5	<b>Class #12589</b>	R \$34 NR \$41	7 classes

### Tennis - Intermediate

#### Ages 7 - 12

Prerequisite: Prior structured tennis experience and the ability to rally with a partner. We will review all tennis skills including forehand, backhand, volleys, overheads, and rallying. Students will receive more in-depth instruction on serving and the different grips that can be used to serve the ball. Singles and double matches will be played with an emphasis on strategy.

Mon - Thu, 3:00 PM, 50m

6/15-6/25	<b>Class #12581</b>	R \$39 NR \$47	8 classes
6/29-7/9	<b>Class #12582</b>	R \$39 NR \$47	8 classes
7/13-7/23	<b>Class #12583</b>	R \$39 NR \$47	8 classes
7/27-8/5	<b>Class #12584</b>	R \$34 NR \$41	7 classes

### Small Group Tennis Lessons

#### Ages 6 - 8

Small group lessons are perfect for the student who needs additional work on stroke or match play, or for those who need more flexibility in their schedules. A maximum of 4:1 participant to instructor ratio will ensure personalized attention to your student's tennis progression and skills development.

(cont'd next page)

# Youth Tennis

## Small Group Tennis Lessons Ages 6-8 (continued)

Mon-Thur / *Mon-Wed	12:30 PM	25 Min	
6/15-6/18	<b>Class #12683</b>	R \$18 NR \$22	4 classes
6/22-6/25	<b>Class #12684</b>	R \$18 NR \$22	4 classes
6/29-7/2	<b>Class #12685</b>	R \$18 NR \$22	4 classes
7/6-7/9	<b>Class #12686</b>	R \$18 NR \$22	4 classes
7/13-7/16	<b>Class #12687</b>	R \$18 NR \$22	4 classes
7/20-7/23	<b>Class #12688</b>	R \$18 NR \$22	4 classes
7/27-7/30	<b>Class #12689</b>	R \$18 NR \$22	4 classes
8/3-8/5*	<b>Class #12690</b>	R \$14 NR \$17	3 classes

Mon-Thur / *Mon-Wed	3:05 PM	25 Min	
6/15-6/18	<b>Class #12691</b>	R \$18 NR \$22	4 classes
6/22-6/25	<b>Class #12692</b>	R \$18 NR \$22	4 classes
6/29-7/2	<b>Class #12693</b>	R \$18 NR \$22	4 classes
7/6-7/9	<b>Class #12694</b>	R \$18 NR \$22	4 classes
7/13-7/16	<b>Class #12695</b>	R \$18 NR \$22	4 classes
7/20-7/23	<b>Class #12696</b>	R \$18 NR \$22	4 classes
7/27-7/30	<b>Class #12697</b>	R \$18 NR \$22	4 classes
8/3-8/5*	<b>Class #12698</b>	R \$14 NR \$17	3 classes

Mon-Thur / *Mon-Wed	5:30 PM,	25 Min	
6/15-6/18	<b>Class #12667</b>	R \$18 NR \$22	4 classes
6/22-6/25	<b>Class #12668</b>	R \$18 NR \$22	4 classes
6/29-7/1*	<b>Class #12669</b>	R \$14 NR \$17	3 classes
7/6-7/9	<b>Class #12670</b>	R \$18 NR \$22	4 classes
7/13-7/16	<b>Class #12671</b>	R \$18 NR \$22	4 classes
7/20-7/23	<b>Class #12672</b>	R \$18 NR \$22	4 classes
7/27-7/30	<b>Class #12673</b>	R \$18 NR \$22	4 classes
8/3-8/5*	<b>Class #12674</b>	R \$14 NR \$17	3 classes

## Small Group Tennis Lessons

### Ages 9 - 12

Small group lessons are perfect for the student who needs additional work on stroke or match play, or for those who need more flexibility in their schedules. A maximum of 4:1 participant to instructor ratio will ensure personalized attention to your student's tennis progression and skills development.

Mon-Thur / *Mon-Wed	12:30 PM,	25 Min	
6/15-6/18	<b>Class #12699</b>	R \$18 NR \$22	4 classes
6/22-6/25	<b>Class #12700</b>	R \$18 NR \$22	4 classes
6/29-7/2	<b>Class #12701</b>	R \$18 NR \$22	4 classes
7/6-7/9	<b>Class #12702</b>	R \$18 NR \$22	4 classes
7/13-7/16	<b>Class #12703</b>	R \$18 NR \$22	4 classes
7/20-7/23	<b>Class #12704</b>	R \$18 NR \$22	4 classes
7/27-7/30	<b>Class #12705</b>	R \$18 NR \$22	4 classes
8/3-8/5*	<b>Class #12706</b>	R \$14 NR \$17	3 classes

Mon-Thur / *Mon-Wed	3:35 PM,	25 Min	
6/15-6/18	<b>Class #12707</b>	R \$18 NR \$22	4 classes
6/22-6/25	<b>Class #12708</b>	R \$18 NR \$22	4 classes
6/29-7/2	<b>Class #12709</b>	R \$18 NR \$22	4 classes
7/6-7/9	<b>Class #12710</b>	R \$18 NR \$22	4 classes
7/13-7/16	<b>Class #12711</b>	R \$18 NR \$22	4 classes

7/20-7/23	<b>Class #12712</b>	R \$18 NR \$22	4 classes
7/27-7/30	<b>Class #12713</b>	R \$18 NR \$22	4 classes
8/3-8/5*	<b>Class #12714</b>	R \$14 NR \$17	3 classes

Mon-Thu / *Mon-Wed	6:00 PM	25 Min	
6/15-6/18	<b>Class #12675</b>	R \$18 NR \$22	4 classes
6/22-6/25	<b>Class #12676</b>	R \$18 NR \$22	4 classes
6/29-7/1*	<b>Class #12677</b>	R \$14 NR \$17	3 classes
7/6-7/9	<b>Class #12678</b>	R \$18 NR \$22	4 classes
7/13-7/16	<b>Class #12679</b>	R \$18 NR \$22	4 classes
7/20-7/23	<b>Class #12680</b>	R \$18 NR \$22	4 classes
7/27-7/30	<b>Class #12681</b>	R \$18 NR \$22	4 classes
8/3-8/5*	<b>Class #12682</b>	R \$14 NR \$17	3 classes

## Beginner Junior Team Tennis

### Ages 6 - 8

Skill work and preparing for games will be the main focus of this program. Specific skill development will be taught with incorporation of one-on-one time, games, and more.

6/15-8/5 **Class #12579**  
 Mon & Wed, 5:00 PM, 1h  
 R \$49 NR \$59 16 classes

## Junior Team Tennis

### Ages 8 - 18

This program is for the experienced student ready for competition. Tennis skills will be refined through individual and group drills leading up to weekly competition. Students will compete against other local recreation department agencies at beginner, intermediate, and high school levels. Busing to and from matches will be provided for all students. Please note that due to travel times, participants may be asked to report early on match days and may arrive back later than 3pm. A complete match and practice schedule will be issued at the first practice.

6/15-8/5 **Class #12595**  
 No class July 3  
 Mon - Fri, 1:00 PM, 2h  
 R \$90 NR \$108 37 classes



## Teen Tennis

### Ages 13 - 16

Designed for teens that are picking up the racquet for the first time, or just need a refresher. Class will review the basics of forehand, backhand, volleys, overheads, ready position, and moving to the ball. Skills will then be incorporated into active games and drills.

Mon - Thu, 11:00 AM, 50m			
6/15-6/25	<b>Class #12661</b>	R \$39 NR \$47	8 classes
6/29-7/9	<b>Class #12662</b>	R \$39 NR \$47	8 classes
7/13-7/23	<b>Class #12663</b>	R \$39 NR \$47	8 classes
7/27-8/5	<b>Class #12664</b>	R \$34 NR \$41	7 classes



**Registration for these Soccer Programs available online only at: [ChallengerSports.com](http://ChallengerSports.com)**

**TetraBrazil Soccer Camp**

**Ages 6 - 18**

TetraBrazil is an organization of professional soccer educators who bring the flair and passion of Brazilian soccer to the USA. Your child will receive a solid foundation in the basic skills of the game, and will work on tactics, technique, footwork, and moves. Fun, refinement of skills and an introduction to the fundamentals of teamwork are all given special attention. Registration fee includes a ball, shirt, evaluation and poster. **Register by May 1 to receive a free jersey (shipping charges apply).**

- \$10 late registration fee after 6/5
- \$40 cancellation fee before 6/5
- No Refund after 6/6

6/15-6/19

**Ages 6 - 9**

M-F 9:00 AM - 12:00 PM

**Ages 10 - 14**

M-F 1:00 PM - 4:00 PM

**Ages 15-16**

M-F 1:00 PM - 4:00 PM

Oakwood Park

Challenger Sports Staff

R \$153 NR \$153 5 classes

**British Soccer Camp**

**Ages 3 - 14**

Join the largest soccer camp in the U.S. All classes will be taught by Challenger Sports-British Soccer Coaches. Registration fee includes a ball and shirt.

**Register online only by June 26 to receive a free Jersey (shipping charges apply).**

- \$10 late registration fee after 8/1
- \$40 cancellation fee before 8/1
- No Refund after 8/2

**First Kicks Soccer**

**Ages 3 - 4**

Young players are introduced to the sport of soccer through fundamental activities, games and challenges. Parents are encouraged to join in and help guide their child through this fun learning experience.

**A:** 8/10-8/14 M-F 9:00 AM - 10:00 AM

**B:** 8/10-8/14 M-F 1:00 PM - 2:00 PM

Oakwood Park

R \$95 NR \$95 5 classes

**Mini Soccer Camp**

**Ages 4 - 6**

Children will participate in fun games, competitions and skill-building activities designed to enlighten and develop budding soccer players.



**A:** 8/10-8/14 M-F 10:30 AM - 12:00 PM

**B:** 8/10-8/14 M-F 2:30 PM - 4:00 PM

Oakwood Park

R \$112 NR \$112 5 classes

**Half Day Soccer Camp**

**Ages 6 - 14**

In this all action soccer camp, emphasis is placed upon skill development and mastery of core techniques through individual and small group practices and coached games.

**Ages 6 - 9**

8/10-8/14 M-F 9:00 AM - 12:00 PM

**Ages 10 - 14**

8/10-8/14 M-F 1:00 PM - 4:00 PM

Oakwood Park

R \$148 NR \$148 5 classes

2015 Menomonee Falls Optimist Club

**Kids Fishing Contest**

**Saturday, May 9 at Mill Pond**

**Registration 9-10am | Contest from 10-Noon**



The contest is free and is open to all boys and girls ages 3-16 that reside or attend school in Menomonee Falls. All participants will receive a t-shirt and a chance to win a door prize. Trophies will be awarded to boys and girls in five age divisions for the longest fish and most fish caught during the contest.

Presentation of trophies and door prizes will be at noon. Bring your own fishing equipment. A limited supply of bait will be provided. Children under 9 years old must be accompanied by an adult. 16 year olds must have a fishing license. Food will be sold during the event by the Menomonee Falls Neighborhood Watch.

Call Tom Walkner at 262-255-2994 for more information.



Sponsored by the Menomonee Falls Police Department, the Village of Menomonee Falls, RB Enterprises, Pops Frozen Custard, Krueger's Entertainment Center and the Menomonee Falls Optimist Club.

# Youth

## Girls Indians Volleyball Camp

**Entering Grades 5 - 9**

Experienced and new players will benefit from drills, skill sessions, and games tailored to all ability levels. Campers will work on individual skills, team concepts, and offensive /defensive schemes under the supervision of the MFHS Girls Varsity Volleyball team, coaching staff, and alumni.

**Entering Grades 5 - 7**

7/6-7/9 **Class #12506**  
Mon - Thu, 4:00 PM, 1h30m  
R \$42 NR \$50 4 classes

**Entering Grades 8 - 9**

7/6-7/9 **Class #12507**  
Mon - Thu, 12:30 PM, 3h  
R \$77 NR \$92 4 classes

High School Gym  
JC Brunns & Staff



## Advanced Skills Girls Indians Volleyball Camp

**Entering Grades 10 - 12**

Enhance your Volleyball skills and prepare for the Fall Season! This camp is geared toward players trying out for JV or Varsity level teams.

7/27-7/29 **Class #12508**

Mon- Wed, 12:30 PM, 3h  
High School Gym  
Volleyball coach, JC Brunns  
R \$52 NR \$62 3 classes

## Boys Volleyball Camp

**Entering Grades 3 - 8**

Learn the fundamentals necessary to play the game of Volleyball. Serving, passing, setting, attacking and blocking will be covered, as well as basic defensive and offensive volleyball concepts. Must register by July 16.

**Entering Grades 3 - 5**

7/27-7/31 **Class #12472**  
Mon - Fri, 9:30 AM, 1h30m  
R \$31 NR \$46 5 classes

**Entering Grades 6 - 8**

7/27-7/31 **Class #12473**  
Mon - Fri, 11:30 AM, 2h  
R \$41 NR \$59 5 classes

G-Town High School Gym  
Brian Rushmer

## Boys Volleyball Camp

**Entering Grades 9 - 12**

Some experience required and highly recommended if interested in playing Volleyball at the High School level. Basic offensive and defensive strategies will be taught and developed, as well as some advanced techniques. A tournament will conclude the camp. Must register by July 16.

7/27-7/31 **Class #12474**

Mon - Fri, 2:00 PM, 2h30m  
G-Town High School Gym  
Brian Rushmer  
R \$48 NR \$69 5 classes

## Pre-Beginner Irish Dance

**Ages 3 - 12**

This is a fun, low-risk opportunity for your child to take their first step into the world of Irish Dancing. Focus is placed on foot positioning and muscle development. Short drills and exercises will be used to lay the foundation for Irish Dance, and repetition of proper form will ensure success. In addition to the dance, participants will be energized by electrifying Irish music, and will learn Irish history and culture. During the last 15 minutes of the last class, a special performance will be given for family and friends.

6/15-6/25 **Class #12761**

Mon - Thu, 10:15 AM, 45m  
Community Center Rm 2 & 3 LL  
Cronin School Of Irish Dance Staff  
R \$45 NR \$54 8 classes

## Get Ready to JIG at Irish Fest

**Ages 4 - 12**

Prerequisite: Pre-Beginner Irish Dance. Don't miss this amazing chance to build on your Irish Dance foundation, learn the Jig, and perform at Irish Fest 2015! Continued repetition of proper form will be on-going. Additional exercises and drills will be added to the dancer's repertoire. The first step of the Irish Jig is introduced to dancers and rehearsed in preparation for Irish Fest the weekend of August 13 - 16. This



class will be held at the Cronin School of Irish Dance studio in Brookfield to provide ample dual-mirrored space for the dance troupe. Each registration includes a t-shirt, dancer admission to Milwaukee Irish Fest 2015 and one free Adult admission to Irish Fest.

7/13-8/10 **Class #12762**

Mon, 5:45 PM, 45m  
Cronin School Of Irish Dance, Brookfield  
R \$45 NR \$54 5 classes

## Ballet & Tap

**Ages 5 - 9**

Your child will develop coordination and rhythm while learning the basics of tap & ballet. Children should wear clothes that they can move in, and bring tap and ballet shoes.

**Ages 5 - 6**

6/17-7/8 **Class #13031**  
Wed, 3:10 PM, 50m

7/22-8/12 **Class #13032**

Wed, 3:10 PM, 50m

**Ages 7 - 9**

6/17-7/8 **Class #13033**  
Wed, 4:10 PM, 50m

7/22-8/12 **Class #13034**

Wed, 4:10 PM, 50m

B Inspired Dance Studio  
Appleton Ave, Menomonee Falls  
Chelsea Bushman  
R \$36 NR \$42 4 classes

## Fusion Dance

**Ages 7 - 11**

Fusion Dance is where East meets West. This class teaches a combination of free-style and disco from the west with a blend of Bollywood styles from the east. No previous experience is required, just a desire to dance and have fun. There will be a recital at the end of the session. Please wear comfortable clothing.

6/3-7/8 **Class #12227**

Wed, 6:00 PM, 1h  
Community Center Rm 102 A & B  
Nidhi Oberoi  
R \$23 NR \$28 6 classes



## Jazz Dance

**Ages 7 - 9**

Your child will have fun, develop their coordination, and use their creativity, as they learn basic jazz dance technique. Jazz shoes or tennis shoes are required.

6/17-7/8 **Class #13037**  
Wed, 5:00 PM, 30m

7/22-8/12 **Class #13038**  
Wed, 5:00 PM, 30m

B Inspired Dance Studio  
Appleton Ave., Menomonee Falls  
Chelsea Bushman  
R \$28 NR \$33 4 classes

## Mix It Up Dance

**Ages 4 - 9**

No previous dance experience is required, just a desire to dance and have fun. Participants will receive technique training and learn routines in different styles of dance. Parents are welcome to attend the final class only.

**Ages 4 - 5**  
7/15-8/19 **Class #12553**  
Wed, 6:00 PM, 30m  
R \$22 NR \$27 6 classes

**Ages 6 - 9**  
7/15-8/19 **Class #12554**  
Wed, 6:45 PM, 45m  
R \$26 NR \$31 6 classes

Community Center Rm 102 A  
Jennifer Nagy

## MFHS Varsity Dance Team Pom Pon Camp

**Ages 5 - 12**

Join the MFHS Varsity Dance Team for four days of fun! Dancers will be split into age appropriate groups and will learn routines and dance techniques. Participants will perform the routine they learn at halftime of the MFHS Varsity Football game on August 28. Each participant will receive a set of poms and a t-shirt. Please wear movable clothing, hair tied back and tennis shoes. You must register by August 14 to receive a t-shirt.

8/25-8/28 **Class #12759**  
Tue - Fri, 9:00 AM, 1h30m  
High School New Gym  
Jennifer Nagy  
R \$40 NR \$48 4 classes

## Middle School Dance Clinic

**Ages 10 - 14**

Have fun this summer working on your dance skills. Each lesson will be taught by the North Middle School Dance Coach along with dancers from the Menomonee Falls Varsity Dance Team. Participants will work on technique, dance skills, flexibility, and conditioning. Each session will cover different skills and material. No experience is necessary. Great for anyone thinking of trying out for the Middle School Dance Team.

6/22-6/26 **Class #12173**  
Mon - Fri, 2:30 PM, 2h

7/13-7/17 **Class #12174**  
Mon - Fri, 2:30 PM, 2h

8/3-8/7 **Class #12175**  
Mon - Fri, 2:30 PM, 2h

Community Center Gym  
Amanda Jacobi  
R \$35 NR \$40 5 classes

## Hula Hoop Fitness

**Ages 7 - 11**

Hooping is a fusion of dance, exercise, and fun. Students will exercise to some popular songs and upbeat music while learning new hula hooping tricks along the way. A little hooping experience is a plus, but not necessary. Hoops will be provided during the class. Wear comfortable clothes and footwear and be ready to join in the fun.

6/3-7/8 **Class #12228**  
Wed, 7:00 PM, 45m  
Community Center Rm 102 A  
Nidhi Oberoi  
R \$23 NR \$28 6 classes

## Girls Fun Camp

**Ages 7 - 11**

Grab a friend and join this camp for girls only! Exciting and fun activities will include nail art, tattoos and face painting. Our day will start off with dancing and hula hooping, followed by a game and craft. Snacks will be provided each day.

6/22-6/26 **Class #12229**  
Mon - Fri, 1:30 PM, 3h  
Community Center Rm 2 LL  
Nidhi Oberoi  
R \$79 NR \$95 5 classes

## Don't Be Bullied

**Ages 4 - 14**

This fun and informative class will boost your child's self-confidence as they learn several defensive skills, strategies, and basic karate techniques to help keep them safe from bullies. The focus here is on AVOIDING trouble with a bully BEFORE it escalates into a physical confrontation. Sensei Stan has over 30 years of martial arts, self-defense, and safety experience.

6/23 **Class #12129**  
Tue, 5:45 PM, 50m  
Community Center Rm 106  
Sensei Stan  
R \$12 NR \$14 1 class

## TaeKwonDo Classes

**Ages 7 - Adult**

TaeKwonDo combines exercise, meditation, respect and self-discipline as you learn one of the most popular forms of martial arts in the world today. Please note that at the end of each session there will be an option for each student to test for their next rank at an additional cost. See instructor for further information.



6/16-7/30 **Class #12127**  
Tue & Thu, 6:00 PM, 1h  
Community Center Rm 2 LL  
James Donne  
R \$38 NR \$45 14 classes

## Learn Not To Burn

**Ages 4 - 7**

Using the Learn Not to Burn Program developed by the National Fire Protection Assoc., students will learn the basics of fire safety and burn prevention. Stories, songs, videos and activities are used by firefighters to introduce the children to fire safe behaviors.

7/23-8/13 **Class #12288**  
Thu, 6:30 PM, 1h  
Survive Alive House, G-Town  
R \$12 NR \$17 4 classes

## Youth

### Chess Scholars Chess Camp

**Ages 5 - 12**

Great for beginners or experienced young players, each class will consist of a fun interactive teaching period and guided practice time. New and returning participants are welcome and will get to the next level under the guidance of an experienced Chess Scholars Coach. Children will have an opportunity to test for a Chess Belt under a unique Chess Scholars system patterned after martial arts belts. There will also be a chess competition with prizes! Please bring your own snacks. No peanut products please.

6/15-6/19 **Class #12199**  
Mon - Fri, 10:00 AM, 1h30m

8/3-8/7 **Class #12201**  
Mon - Fri, 10:00 AM, 1h30m

8/10-8/14 **Class #12202**  
Mon - Fri, 10:00 AM, 1h30m

Community Center Rm 120  
Chess Scholars Staff  
R \$87 NR \$99 5 classes

### Beginning Guitar

**Ages 6+**

This class is intended for students who are new to guitar, and is intended to provide a strong technical foundation. We will begin with a scale and simple melodies, and progress to strumming chords and playing songs. You don't need to know how to read music to participate in this class. Please bring your guitar and pick. All other materials will be provided. Students ages 6 - 9 must get consent from the instructor prior to registering,

by calling 414-628-7627.

**Register by May 27**

6/3-7/15 **Class #12144**  
No class July 1  
Wed, 6:00 PM, 50m

Rockfield Music & Media  
Guy Fiorentini  
R \$62 NR \$67 6 classes

### Driver's Education Program

The CE & Rec Department and *just drive* have teamed up to offer a Driver's Education Program at Menomonee Falls High School.



#### About *just drive*

- Classes completed in three weeks
- 30 hours classroom, 6 hours driving, 6 hours observation
- PowerPoint driven curriculum
- Fun and dynamic instructors
- Fully insured, DOT certified
- Students can start at age 14-1/2
- Classes run Monday - Friday
- \$380 program fee

#### Upcoming Schedule at MFHS

May 4 - May 26	5:30-7:30 PM
June 1 - June 19	4:00-6:00 PM
July 6 - July 24	4:00-6:00 PM
Aug. 3 - Aug. 21	4:00-6:00 PM

**Questions? Contact *just drive* at (262) 437-7300 or see their website for details**

**Register online at [www.justdriveWI.com](http://www.justdriveWI.com)**

### Learn Magic with Glen Gerard

**Ages 8 - Adult**

Professional Magician Glen Gerard teaches stunning magic tricks that you can perform with items found around the home. Students will learn sleight of hand, misdirection and showmanship. Fool your friends and family with magic and be a hit at any event.

8/19 **Class #12285**  
Wed, 10:30 AM, 1h  
G-Town Department of Public Works  
Glen Gerard  
R \$17 NR \$20 1 class

### Cooking With Kids

**Ages 6 - 12**

Your child will prepare recipes for breakfast, lunch, snack time and more, all while learning kitchen safety. Kids will even have a chance to create their own recipe. The last day of class will be a cook off!

6/1-7/6 **Class #12748**  
Mon, 6:30 PM, 1h15m  
North Middle School Rm 124  
Cindy & Stephanie Paul  
R \$74 NR \$88 6 classes



### Basic First Aid for Kids

**Ages 8 - 13**

Your child will have fun while learning the basics of what to do in case of an emergency. Bandaging, burn care, and calling 911, will be some of the topics covered.

6/1 **Class #12287**  
Mon, 6:00 PM, 1h  
G-Town Fire Station #2  
R \$7 NR \$7 1 class

### Babysitters Training

**Ages 11 - 18**

Your student will learn everything they need to become a responsible babysitter including: how to respond to emergencies and illness with first aid, rescue breathing and other appropriate care, how to make decisions under pressure, how to communicate with parents, recognize safety issues, feed, diaper and care for infants, and start their own babysitting business. Cancellations must be made 7 days prior to class to receive a refund.

6/17 **Class #12142**  
Wed, 9:00 AM, 6h30m  
Please bring a lunch to class.  
Riverside School Cafeteria

7/20-7/21 **Class #12143**  
Mon & Tue, 9:00 AM, 3h30m  
Community Center Rm 2 LL

American Red Cross Staff  
R \$99 NR \$119





## Noah's Ark Waterpark Trip

Entering Grades 6-12



Noah's Ark Water Park in Wisconsin Dells offers fun for all ages with a variety of water slides, wave

pools and lazy rivers. Enjoy Scorpion's Tail, America's first near vertical looping water slide; Quadzilla, a four-lane need for speed, head first, mat racing ride; and all that Noah's Ark has to offer. Fee includes admission to the park and transportation. Bring a bag lunch or money to purchase lunch on your own, swimsuit, towel, and sunscreen.

Register by June 1

6/15 Class #12169

Mon, 7:00 AM, 14h

G-Town Village Hall Parking Lot

R \$24 NR \$24

## Great America Trip

Entering Grades 6 - 12

Six Flags Great America is located between Chicago and Milwaukee and offers over 100 rides and attractions. Experience some of the fastest, tallest and wildest, heart-pumping rides in the country! Fee includes admission to the park and transportation. Things to Bring: a bag lunch, sunscreen, and money to purchase meals on your own. If your child wishes to use the waterpark, bring a swimsuit, towel, and extra \$7 on the day of the event.

Register by June 26

7/9 Class #12170

Thu, 8:00 AM, 12h

G-Town Village Hall

Parking Lot

R \$45 NR \$45



## Day of Fun Under the Sun

Entering Grades 6-12

Co-sponsored by Germantown Youth Futures. Join your friends for a day of fun at Phantom Ranch Camp in Mukwonago! Spend your day at the beach, paintballing, horseback riding or participating in a variety of field games. Fee includes all day swimming at the beach and participation in basketball, dodgeball, Frisbee golf, carpetball and archery. The fee also includes your choice of Paint Balling, Horseback Riding or a Banana Boat ride. All participants should bring a swimsuit, towel, sunscreen, money for snacks or other activities, and a bag lunch.

Register by July 20

8/3 Class #12171

Mon, 8:30 AM, 8h

Rain date is August 10

G-Town Village Hall Parking Lot

R \$30 NR \$30

## Young Rembrandts Aliens & Cartoon Drawing

Ages 5 - 12

If your child loves to draw and has a fantastic sense of humor, our cartoon drawing camp is the perfect summertime activity. Our students will create out-of-this world illustrations. Using our imaginations, we will explore different life forms throughout the galaxy. Colorful aliens and mysterious flying objects will be the subjects of our eye-catching illustrations.

7/13-7/16 Class #12480

Mon - Thu, 1:00 PM, 1h30m

Shady Lane Rm 134

Young Rembrandts Staff

R \$64 NR \$77 4 classes

## Young Rembrandts Cartooning Under the Sea

Ages 5 - 12

If you love sea creatures, this camp is a must! Our fish characters will consist of sharks, jelly fish, octopus and others. We will give our fish characters expressions and will place them in fun, action scenes. On our final day, we will draw a large scene of

the coral reef environment, inviting a great opportunity to use a variety of colors and textures.

8/3-8/6 Class #12525

Mon - Thu, 10:30 AM, 2h

Shady Lane Rm 134

Young Rembrandts Staff

R \$76 NR \$91 4 classes

## Young Rembrandts Underwater Explorers Cartoon Drawing

Ages 5 - 12



Underwater exploration comes to life in this cartoon camp. Follow our

four cartoon characters as they explore the deep blue sea. Students draw the cartoon characters in their underwater sea station, draw jokes about life on the job, and illustrate other crazy encounters with Sketch and his animal friends.

8/17-8/20 Class #12524

Mon - Thu, 9:00 AM, 2h

Shady Lane Rm 134

Young Rembrandts Staff

R \$76 NR \$91 4 classes

## Chalk It Up

Ages 2 - 17

Celebrate National Recreation and Parks Month with this free event. Participants can work individually, or in small teams, to create their own chalk masterpiece. In addition to lots of prizes, participants will also receive a week long swim pass. Express your Picasso without spending any Monet! Please arrive at least 10 minutes early. The event will begin promptly at 1:15.

7/8 Class #12190

Wed, 1:00 PM, 1h

Rain Date is 7/15

North Middle School Sidewalk

**FREE**, but registration is required

## Kids and Clay

Ages 9 - 16

Students will learn to use a variety of clay building techniques to make amazing projects. Ideas will be provided, but students will be free to use their imagination to make items of their choice: sculptures or bowls, mobiles or night lights. The possibilities are endless. Class fee includes clay, glazes, firing and instruction.

## Youth

7/8-7/29 **Class #12185**  
Wed, 5:30 PM, 2h  
Riverside Rm 107  
Sue Ishihara  
R \$79 NR \$94 4 classes

### Soap Carving

**Ages 7 - 17**

Do you want to learn to wood carve but are too young? Learn the basics of carving using soap. Taught by local author and artist, Greg Young, you will learn to carve an animal and a simple relief carving using etching techniques. Participants will use plastic knives and pattern etchers during class. Class includes all fees.

7/16 **Class #12272**  
Thu, 3:00 PM, 1h30m

8/13 **Class #12273**  
Thu, 3:00 PM, 1h30m

Survive Alive House, G-Town  
Greg young  
R \$16 NR \$20 1 class

### Introduction to Paper Mache

**Ages 5 - 12**

This introduction to paper mache and art will give participants the opportunity to use their skills to envision, create and complete individual and group projects, all made out of recyclable materials. Each class is customized to our individual students. Art is creative, fun and flexible! Can't wait to see you there!

6/17-7/15 **Class #12558**  
Wed, 12:00 PM, 1h30m  
Ben Franklin Rm 115

7/30-8/27 **Class #12557**  
Thu, 4:00 PM, 1h30m  
Community Center Rm 102 A

Jon & Korie Mitchell  
R \$44 NR \$54 5 classes

### Paper Mache for the Summer

**Ages 5 - 12**

Students will use paper mache to design, create and paint summer themed decor and gifts.

6/17-7/15 **Class #12561**  
Wed, 2:00 PM, 1h30m  
Ben Franklin Rm 115

7/30-8/27 **Class #12560**  
Thu, 6:00 PM, 1h30m  
Community Center Rm 102 A

Jon & Korie Mitchell  
R \$44 NR \$54 5 classes

### STEM Sampler Week

**Ages 7 - 12**

Step into the STEM Zone (Science, Technology, Engineering and Math) and sample some of the newest technology programs. Each class will explore a different concept: GPS, Video Game Design, Lego Engineering, Catapults, Digital Movie Making and many more.

8/3-8/6 **Class #12208**  
Mon - Thu, 10:30 AM, 1h30m  
Community Center Rm 109  
Computer Explorers Staff  
R \$59 NR \$71 4 classes

### Lego – Simple Machines

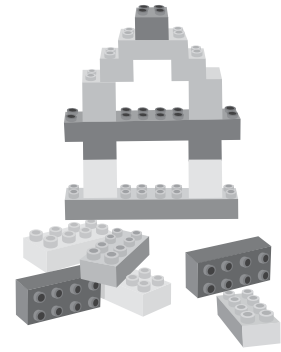
**Ages 7 - 13**

We will use Lego Science sets to discover the physics behind several simple machines. Students will learn how to use levers to lift, cams to build walking machines, and how to gear up and down. We will be learning while having fun, and use our imagination to explore each simple machine concept.

7/6-7/9 **Class #12164**  
Mon - Thu, 2:45 PM, 2h

8/3-8/6 **Class #12165**  
Mon - Thu, 12:30 PM, 2h

Community Center Rm 2 & 3 LL  
Sue Ishihara  
R \$41 NR \$51 4 classes



### Lego – Problem Solving

**Ages 7 - 13**

How tall can you build a Lego tower? How strong can you make a lever? How fast can you make a sail car go? We will use LEGO Science sets to solve these problems and many more. We will learn some basics of simple machines and how to use our imaginations.

7/6-7/9 **Class #12167**  
Mon - Thu, 12:30 PM, 2h

8/3-8/6 **Class #12168**  
Mon - Thu, 10:00 AM, 2h

Community Center Rm 2 & 3 LL  
Sue Ishihara  
R \$41 NR \$51 4 classes

### Pirates, Aliens, Robots and Who? NEW!

**Ages 3 - 6**

Alas...the pirates have landed and are looking for their treasure chest! This class is filled with adventure and robots of every kind. Go on a treasure hunt with Roamer the Robot, dig up dinosaur bones with Bee Bot, rev your Engines with Speedy the Race car, land on the moon with the aliens from outer space and much more. Students will work with several versions of LOGO Programming (simple sequence programming using numbers, shapes, colors, etc.) Guaranteed to generate smiles, giggles, and laughs at every class.

8/3-8/6 **Class #12210**  
Mon - Thu, 9:30 AM, 45m  
Community Center Rm 109  
Computer Explorers Staff  
R \$38 NR \$46 4 classes

# Register Early

## INCLEMENT WEATHER CANCELLATIONS

For information regarding cancellations due to bad weather, call (262) 255-8376.



## CSI: Crime Scene Investigation

**Ages 6 - 12**

Do you like solving puzzles and looking for clues? Junior sleuths will learn crime solving techniques, how to identify hair, powder samples, fingerprints, and various evidence left at the crime scene. The last class will include a class crime scene activity. Which one of your classmates is a suspect in the case? Possibly, maybe...even you!

8/3-8/6 **Class #12209**  
 Mon - Thu, 12:30 PM, 1h  
 Community Center Rm 109  
 Computer Explorers Staff  
 R \$49 NR \$61 4 classes

## Mad Science - Bubbles, Smoke, Explosions

**Ages 5 - 12**

You are invited to have fun with chemistry in this exciting summer camp. Build a real fire extinguisher and watch a film canister explode! Learn about our solar system and make a comet using everyday items. Have a "shocking" good time with a Van de Graff generator and experience lightning first hand.



6/17 **Class #13023**  
 Wed, 12:30 PM, 4h  
 Community Center Rm 120  
 Mad Science Staff  
 R \$49 NR \$59 1 class

## Mad Science – Science Mysteries and Magic

**Ages 5 - 12**

Kids will become an engineer, chemist and even a magician! We will investigate physics fundamentals and use our scientific minds to analyze simple magic tricks. Jr. Scientists will be shocked by what they learn about electricity, and be blown away by their experiments with air pressure.

8/18 **Class #13022**  
 Tue, 12:30 PM, 4h  
 Community Center Rm 120  
 Mad Science Staff  
 R \$49 NR \$59 1 class

# DISCOUNT TICKETS

## Theme Park & Attraction Tickets

In cooperation with the Wisconsin Park and Recreation Association (WPRA), our department is happy to offer the discount tickets listed. With the exception of Great America WPRA week (July 4– July 12) tickets are good on any day of the week during the summer.

- Tickets are on sale May 4–August 21 between the hours of 8:15 a.m. and 4:00 p.m., Monday–Friday.
- Tickets may be purchased by cash, check, Visa or Mastercard. • All Sales are final, no refunds.
- Call (262) 255-8460 or go to fallsrec.org for more information.

### Great America & Hurricane Harbor Water Park

**Save \$24.75 on any day tickets!**

Gate Price: \$69.00

**Your Price: \$44.25**

**Save \$34.75 in WPRA Week July 4-12!**

**Your Price: \$34.25**

*Children age 2 and under are free at all attractions. We do not sell child tickets. Under 54" tall is considered a child.*

### Milwaukee County Zoo

**Save up to \$3.75!**

**Adult Ticket (Ages 13+)**

Gate Price: \$14.25

**Your Price: \$10.50**

**Child Ticket (Ages 3-12)**

Gate Price: \$11.25

**Your Price: \$8.50**

### The Springs Water Park

**Save up to \$6.00!**

**Weekday Water Park Pass (M-Th)**

Gate Price: \$16.00

**Your Price: \$13.00**

**Weekend Water Park Pass (Fri-Sun)**

Gate Price: \$26.00

**Your Price: \$20.00**

*Children younger than 16 must be accompanied by an adult.*

### Noah's Ark in Wisconsin Dells

**Save \$10.27!**

Gate Price: \$41.52

**Your Price: \$31.25**

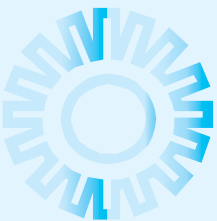
# HELP WANTED

## Middle School Lock-In Lock-In Volunteers Needed:

Adult and high school student volunteers are needed for the Middle School Lock-In on Friday, May 1. If you are interested, contact Jason Husslein at (262) 255-8460, or by email at hussjas@sdmfmschools.org.

# SCHOOL DISTRICT OF MENOMONEE FALLS

# Summer School



Bus transportation is not available for students.

## Who Can Register for Summer School?

- Students who live within the boundaries of the School District of Menomonee Falls.
- Students who are enrolled in the School District of Menomonee Falls for the 2015-2016 school year and live outside district boundaries.
- Non-resident students who do not meet requirements can register at a cost of \$175.00 for a 3-week course and \$300.00 for a 6-week course. Please contact the CE & Rec Department at (262) 255-8460 before registering.



Summer School will run in two sessions, with classes held Monday – Thursday unless otherwise noted:

**Session I**  
**June 22– July 9**  
*must register by June 12*

**Session II**  
**July 13 – July 30**  
*must register by July 6*

Register on-line or through the CE & Rec office by these dates to be enrolled in the Summer School sessions.

**MOST CLASSES ARE FREE!**

As you plan for your child's summer experience, please keep these points in mind when registering:



- ✓ Register for classes based on the grade the student WILL be entering in Fall 2015 except where otherwise noted in the course offerings.
- ✓ The elementary program will be divided across two sites: Grades 4K–2 will be at Ben Franklin and Grades 3–5 will be at Shady Lane. Times across sites will be staggered to provide time to get students to the various sites.
- ✓ A teacher's referral and code is required when registering for supportive programs.
- ✓ Most classes are FREE. If there is a nominal fee, it is listed. The district uses this money to purchase consumable materials that students use in the class.
- ✓ Waiting list priority will be given to students who are not already enrolled in another class at that time.
- ✓ The class content for courses with multiple date offerings is the same for each class. Students will not be allowed to take the same course twice.
- ✓ Bus transportation is not available for students.

## Scheduling Matrix

Use the chart below to outline the courses for your child. THIS IS NOT A REGISTRATION FORM.

Child's Name	Session I: June 22 – July 9		Session II: July 13 – July 30	
	Class 1	Class 2	Class 1	Class 2

# Courses for Grades 4K-2

## Entering Grades 4K – 2 held at Ben Franklin Elementary

Grades 4K-2 will be held at Ben Franklin Elementary starting at 8:15 and ending at 11:20 unless otherwise noted. PLEASE NOTE: The class content for courses with multiple date offerings is the same for each class. Students will not be allowed to take the same course twice.

### At-A-Glance Summary

For Students entering 4K	<b>June 22 – July 30</b>
	8:15 – 11:15
<b>Get Set for 4K</b>	12337

For Students entering 5K	<b>June 22 – July 30</b>
	8:15 – 11:20
<b>Gateway to 5K</b>	12345

Entering Grades 1-2	June 22–July 9		July 13–July 30	
	8:15–9:45	9:50–11:20	8:15–9:45	9:50–11:20
<b>Art Camp - 3D Art</b>	12341	12342	12343	12344
<b>I-Movie</b>	12389	12390	12391	12392
<b>Games with Math</b>	12357	12358	12359	12360
<b>Golf for Beginners</b>	12456	12457		
<b>How to be an Historian</b>	12464	12465	12466	12467
<b>Readers/Writers</b>	12382	12383	12384	12385
<b>Lego Camp</b>	12352	12353	12354	12355
<b>Music &amp; Drama</b>	12347	12348	12349	12350
<b>Phy. Ed. Fun</b>	12362	12363	12364	12365
<b>Earth Science</b>	12459	12460	12461	12462
<b>Spanish Celebrations</b>	12372	12373	12374	12375
<b>Team Building, Fitness &amp; Leadership</b>	12377	12378	12379	12380
<b>Weather Camp</b>	12367	12368	12369	12370

Entering Grades 5K-3	June 22–July 9	July 13–July 30
<b>Girls Volleyball/Basketball</b>	12:30 – 1:30 12469	12:30 – 1:30 12470

\* \* \* \* \*

Teacher referral required	June 22 - July 30	
	8:15 – 9:45	9:50 – 11:20
<b>*Supportive Math–Grade 1</b>	12542	12543
<b>*Supportive Reading–Grade 1</b>	12531	12532
<b>*Supportive Math–Grade 2</b>	12544	12545
<b>*Supportive Reading–Grade 2</b>	12533	12534

\*Teacher referral code required

## Grades 4K-2 Course Descriptions



### Get Set for 4K

8:15-11:15 | 6 Week Course

Children will have the opportunity to interact with students their own age to ease the transition to 4K. With a focus on socialization, children will enjoy games, songs, stories, projects and get a sneak preview of the Menomonee Falls 4K program. Each week will be a new unit of fun. Our room will be filled with excitement, song, and dance!

### Gateway to 5K

8:15-11:20 | 6 Week Course

Have your child join us for a fun-filled class of dramatic play. Each week will be a new unit of fun. Children will learn through play, expand their vocabularies, create projects and work on basic literacy and math skills to help transition to kindergarten.

### Art Camp – 3D Art (\$10.00 Fee)

Available 8:15-9:45 and 9:50-11:20 both sessions  
3 Week Course



Students will have an opportunity to sketch, draw, sculpt, paint, and make crafts out of a variety of available materials. Our focus this summer will be 3D art that can be handled, touched, or perceived by its length, width, and depth.

### Computer Camp – I-Movie

Available 8:15-9:45 and 9:50-11:20 both sessions  
3 Week Course

Lights, Camera, Action. Campers will have an opportunity to explore and create fun videos using an iPad. Students will work on story boards, take video footage and do basic editing techniques.

### Games with Math

Available 8:15-9:45 and 9:50-11:20 both sessions  
3 Week Course

This hands-on math class is full of fun and exciting games. Take this class if you like to have fun while learning the fundamentals of math. This summer students will have an opportunity to work on problem solving as they create and build their own math games.

### Girls Volleyball/Basketball Camp Gr. 5K-2

Held at Ben Franklin Elementary from 12:30-1:30  
3 Week Course available both sessions



Students will learn the basics of volleyball and basketball in this fun, fast paced camp. Campers will spend 30 minutes learning proper volleyball techniques and taking part in drills to increase their hitting, setting, bumping and serving while playing games with other campers. They will also have 30 minutes of basketball where they will take part in a variety of ball handling and shooting activities, as well as playing basketball games to enhance their skills and have fun.

## Golf for Beginners *(\$10.00 Fee)*

Available 8:15-9:45 and 9:50-11:20 first session

3 Week Course

Golf for Beginners will focus on the fundamentals of golf such as grip, stance and posture. Students will also learn the basics of chipping, putting and swinging.



## How to be an Historian

Available 8:15-9:45 and 9:50-11:20 both sessions

3 Week Course

Through stories and fun hands on projects, campers will become historians while learning about the history of the United States.

## Introduction to Readers/Writers Camp

Available 8:15-9:45 and 9:50-11:20 both sessions

3 Week Course

Campers who enjoy the world of literature will enjoy reading and writing a variety of genres. Students will be given the opportunity to enhance their skills by writing, editing, and publishing their own work. They will be able to unlock their imagination and enjoy the world of books.

## Lego Camp *(\$10.00 Fee)*

Available 8:15-9:45 and 9:50-11:20 both sessions

3 Week Course

Campers will use building techniques, visual skills and communication to creatively complete Lego projects such as boats, simple machines, animals, food and skyscrapers. They will also use teamwork to build in groups as well as complete individual projects.



## Music & Drama Camp

Available 8:15-9:45 and 9:50-11:20 both sessions

3 Week Course

This fun filled introduction to theater will include acting, movement, songs and dance. Campers will experience a variety of different plays and skits as they work on their acting skills.



## Phy. Ed. Fun

Available 8:15-9:45 and 9:50-11:20 both sessions

3 Week Course

Students will learn basic rules and skills for a variety of games. Emphasis will be on skill building, leadership and sportsmanship. Come and have fun with us in this non-threatening, activity based class.

## Science Camp: Earth Science

Available 8:15-9:45 and 9:50-11:20 both sessions

3 Week Course

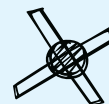
Through hands-on learning and fun experiments, your student will discover many interesting earth science topics in and around our school.

## Spanish Celebrations

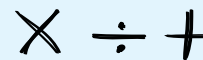
Available 8:15-9:45 and 9:50-11:20 both sessions

3 Week Course

Children will enjoy learning Spanish as they participate in games, music, stories and projects. Your child will learn how to say colors, animals, food, family and places. We will have lots of fun, muy divertido, this summer.



## Supportive Math



*(Teacher Referral Code Required to Sign Up for this Course)*

Available at both 8:15-9:45 and 9:50-11:20

6 Week Course

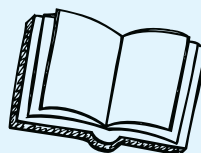
This program is designed for students who need to further develop the skills and concepts in the district's math curriculum. The course will employ six different math strands (estimations/prediction, patterns and relations, geometry, measurement, statistics, and probability) to teach the needs of individual students, as well as encourage understanding and application of the grade level outcomes.

## Supportive Reading

*(Teacher Referral Required to Sign Up for this Course)*

Available at both 8:15-9:45 and 9:50-11:20

6 Week Course



This reading course uses a reading workshop format to provide early readers with a strong literacy foundation. It includes lessons focusing on early phonics skills, using reading comprehension strategies, literature appreciation, and writing.

## Team Building, Fitness, and Sports

Available 8:15-9:45 and 9:50-11:20 both sessions

3 Week Course

Campers will engage in fitness activities, obstacle courses, parachute games, relay races, beanbag activities, and team sports while learning the concepts of adventure and leadership.

## Weather Camp

Available 8:15-9:45 and 9:50-11:20 both sessions

3 Week Course

Children will be introduced to the wonders of weather and nature. They will learn how weather affects plants and nature by taking part in weather experiments. We will also focus on how weather is created and precautions necessary for different types of weather.



### QUESTIONS?

For questions regarding Summer School programs for Grades 4K-5, please contact Mrs. Kohel - KoheKat@sdmfschools.org.



# Courses for Grades 3-5

## Entering Grades 3 - 5

held at Shady Lane Elementary

Grades 3-5 will be held at Shady Lane Elementary starting at 8:00 and ending at 11:05 unless otherwise noted. PLEASE NOTE: The class content for courses with multiple date offerings is the same for each class. Students will not be allowed to take the same course twice.

## At-A-Glance Summary

Entering Grades 3-5	June 22-July 9		July 13-July 30	
	8:00-9:30	9:35-11:05	8:00-9:30	9:35-11:05
<b>Photography</b>	12394	12395	12396	12397
<b>Computer Coding</b>	12439	12440	12441	12442
<b>Fitness and Sports</b>	12419	12420	12421	12422
<b>Golf for Beginners</b>			12454	12455
<b>Lego Design Camp</b>	12404	12405	12406	12407
<b>Music Camp</b>	12399	12400	12401	12402
<b>Phy. Ed. Experience</b>	12414	12415	12416	12417
<b>Problem Solving Games with Math</b>	12409	12410	12411	12412
<b>Reading &amp; Writing for Non Fiction</b>	12424	12425	12426	12427
<b>Geocaching</b>	12444	12445	12446	12447
<b>U.S. History</b>	12449	12450	12451	12452
<b>Space Camp</b>	12429	12430	12431	12432
<b>Spanish Regions</b>	12434	12435	12436	12437

Entering Grades 5K-3 Held at Ben Franklin Elementary	June 22-July 9	July 13-July 30
<b>Girls Volleyball/Basketball</b>	12:30 - 1:30	12:30 - 1:30
	12469	12470

Only For Students Entering Grade 5 Held at Menomonee Falls High School	June 22-July 23
<b>Speed &amp; Agility</b>	8:30 - 9:30 12640

Teacher referral required	June 22 - July 30	
	8:00-9:30	9:35-11:05
<b>*Supportive Math-Grade 3</b>	12546	12547
<b>*Supportive Reading-Grade 3</b>	12535	12536
<b>*Supportive Math-Grade 4</b>	12548	12549
<b>*Supportive Reading-Grade 4</b>	12537	12538
<b>*Supportive Math-Grade 5</b>	12550	12551
<b>*Supportive Reading-Grade 5</b>	12539	12540

\*Teacher referral code required



## Grades 3-5 Course Descriptions

### Art Camp – Photography (\$10.00 Fee)

Available 8:00-9:30 and 9:35-11:05 both sessions

3 Week Course

This course will familiarize students with photography techniques, and introduce them to the concept of point-of-view. They will participate in hands on activities such as building pin-hole cameras, and putting together picture stories of life around school and the community.

### Computer Camp

Available 8:00-9:30 and 9:35-11:05 both sessions

3 Week Course

Students in this class will need to be creative as they use their imagination to design and program computer animations. We will use Scratch, an interactive program designed specifically to introduce young minds to the field of computer science. If your child is interested in exploring the areas of science, technology and math in an interactive and hands-on environment, this is the class for them.

### Fitness and Sports

Available 8:00-9:30 and 9:35-11:05 both sessions

3 Week Course

Individual Fitness and Sports will focus on health, wellness, and the dynamics of team sports. We will play a variety of sports in the gym as well as outdoors.



### Girls Volleyball/Basketball Camp Gr. 3

Held at Ben Franklin Elementary from 12:30-1:30

3 Week Course available both sessions

Students will learn the basics of Volleyball and Basketball in this fun, fast paced camp. Campers will spend 30 minutes learning proper Volleyball techniques and taking part in drills to increase their hitting, setting, bumping and serving while playing games with other campers. They will also have 30 minutes of Basketball where they will take part in a variety of ball handling and shooting activities, as well as playing Basketball games to enhance their skills and have fun.

### Golf for Beginners (\$10.00 Fee)

Available 8:00-9:30 and 9:35-11:05 second session

3 Week Course

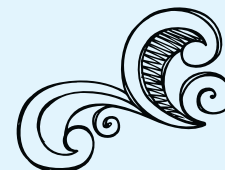
Golf for Beginners will focus on the fundamentals of golf such as grip, stance and posture. Students will also learn the basics of chipping, putting and swinging.

### Lego Design Camp (\$10.00 Fee)

Available 8:00-9:30 and 9:35-11:05 both sessions

3 Week Course

Campers will be given a task or goal to complete using a variety of sophisticated Legos. They will use their creativity to complete their Lego designs, test them out and compare their unique design to original designs from the task.

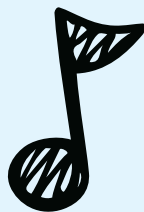


## Music Camp

Available 8:00-9:30 and 9:35-11:05 both sessions

3 Week Course

Attention Music Lovers! In this camp, students will learn about different kinds of music and how they are created. Campers will be exposed to singing different types of songs, moving to different types of music, learning about a variety of instruments and playing each one to create their own musical sounds.



## Phy. Ed. Experience

Available 8:00-9:30 and 9:35-11:05 both sessions

3 Week Course

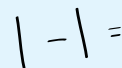
Students will learn basic rules and skills of many team games. Emphasis will be on leadership and sportsmanship. Come and have fun with us in this non-threatening, activity based class.

## Problem Solving Games with Math

Available 8:00-9:30 and 9:35-11:05 both sessions

3 Week Course

Your child will have fun this summer, and have the opportunity to keep their math skills sharp at the same time! We will explore many of the math concepts found in 3rd-5th grade, focusing specifically on problem solving.



## Reading & Writing for Non-Fiction

Available 8:00-9:30 and 9:35-11:05 both sessions

3 Week Course

This reading and writing camp will help your student strengthen their skills by exploring non-fiction texts such as magazines and newsprint. Students will have the opportunity to write, edit and publish their own work focusing on persuasive writing.

## Science Camp : Geocaching

Available 8:00-9:30 and 9:35-11:05 both sessions

3 Week Course

Geocaching is a fun game of adventure. It is a treasure hunt that focuses on hands-on experiences in the outdoor learning environment. Students will learn about latitude and longitude and what geocaching is and how it is used.

## Social Studies – U.S. History

Available 8:00-9:30 and 9:35-11:05 both sessions

3 Week Course

Using literature, technology resources and hands on learning, students will learn about significant events and important people throughout U.S. History.

## Space Camp

Available 8:00-9:30 and 9:35-11:05 both sessions

3 Week Course

Space Camp is an adventure of a lifetime! This course encourages our future astronauts to pursue science, technology, engineering and math through hands-on educational activities. If you have an inquiring mind and want to have fun this summer, this is the camp for you.

## Spanish Regions & Geography

Available 8:00-9:30 and 9:35-11:05 both sessions

3 Week Course

Hola! This class is directed toward students who are interested in the Spanish culture. We will participate in fun activities and projects, while learning about the different Spanish speaking regions. This course will have an emphasis on learning the geography and cultural celebrations of Spanish speaking countries.

## Speed & Agility Gr. 5

Available 8:30-9:30 at MFHS, M-Th

June 22-July 23

This course will meet at Menomonee Falls High School. This class will focus on the importance and value of exercise. Cardiovascular fitness, strength development, muscular endurance, speed development, and flexibility will be promoted through the use of all physical education facilities and equipment. Other areas that will be covered include strength training program design, proper spotting techniques and weight room safety. No class June 29 - July 3.

## Supportive Math



(Teacher Referral Code Required to Sign Up for this Course)

Available at both 8:00-9:30 and 9:35-11:05

6 Week Course

This program is designed for students who need to further develop the skills and concepts in the district's math curriculum. The course will employ six different math strands (estimations/prediction, patterns and relations, geometry, measurement, statistics, and probability) to teach the needs of individual students, as well as encourage understanding and application of the grade level outcomes.



## Supportive Reading

(Teacher Referral Required to Sign Up for this Course)

Available at both 8:00-9:30 and 9:35-11:05

6 Week Course

This reading course uses a reading workshop format to provide early readers with a strong literacy foundation. It includes lessons focusing on early phonics skills, using reading comprehension strategies, literature appreciation, and writing.

### QUESTIONS?

For questions regarding Summer School programs for Grades 4K-5, please contact Mrs. Kohel - KoheKat@sdmfschools.org.

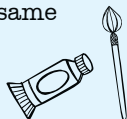


# Middle School Courses

## Entering Grades 6 – 8

held at North Middle School

Grades 6–8 will be held at North Middle School starting at 8:15 and ending at 11:20. PLEASE NOTE: The class content for courses with multiple date offerings is the same for each class. Students will not be allowed to take the same course twice.



## At-A-Glance Summary

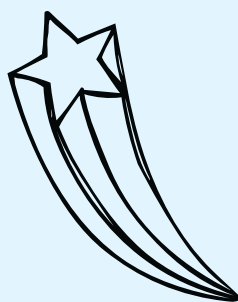
Entering Grades 6	June 27-28	July 29-30	August 3-4	August 5-6
	12:30–3:30	12:30–3:30	8:30–11:30	8:30–11:30
<b>North Sneak Peak: Transition to 6th Grade</b>	122644	12265	12266	12267

Entering Grades 6	June 22–July 30	
<i>Teacher referral required</i>	8:15–9:45	9:50–11:20
<b>*Supportive Math</b>	12323	12324
<b>*Supportive Reading</b>	12329	12330

Entering Grades 7	June 22–July 30	
<i>Teacher referral required</i>	8:15–9:45	9:50–11:20
<b>*Supportive Math</b>	12325	12326
<b>*Supportive Reading</b>	12331	12332

Entering Grades 8	June 22–July 30	
<i>Teacher referral required</i>	8:15–9:45	9:50–11:20
<b>*Supportive Math</b>	12327	12328
<b>*Supportive Reading</b>	12333	12334
<b>*Bridge to Algebra</b>	12335	12336

\*Teacher referral code required



Entering Grades 6–8	June 22–July 9		July 13–July 30	
	8:15–9:45	9:50–11:30	8:15–9:45	9:50–11:30
<b>Art - Open Studio</b>	12295	12298	12296	12297
<b>Back to Our Future</b>	12317	12318		
<b>Creative Writing</b>			12299	12300
<b>Entrepreneur Innovations</b>		12315	12316	
<b>Financial Literacy</b>	12313			12314
<b>German</b>		12258		
<b>Keyboarding Camp</b>	12305	12306		
<b>Play It! Fitness</b>	12319	12320	12321	12322
<b>Spanish Grades</b>	12257			
<b>Tween Cuisine</b>	12309	12310	12311	12312
<b>Village Bells</b>		12256		
<b>Village Voices</b>	12255			

Entering Grades 6–8	June 22–July 7		July 8–July 23	
	8:15–9:45	9:50–11:30	8:15–9:45	9:50–11:30
<b>Lego Robotics</b>	12301	12302	12303	12304

Entering Grades 6–8	
	June 22 - July 23   8:30 - 9:30
<b>Speed, Agility &amp; Strength</b>	12639
	June 22 - July 16   8:00 - 10:00
<b>Wrestling Fundamentals</b>	12629

## Middle School Course Descriptions

### Art – Open Studio (\$10.00 fee)

Available 8:15-9:45 and 9:50-11:20 both sessions  
3 Week Course

Students will have the opportunity to explore a broad array of art media and techniques in an open studio setting. Students who respond best to structure and guidance from the instructor will be able to look at samples and create artwork based on a predetermined format. Students who prefer to explore techniques and discover the limitations of media on their own will be allowed to self pace and work independently to create drawings, paintings, painted found objects such as furniture or t-shirts, sculpture and jewelry. The learning environment will be conducive to collaboration, innovation and creativity.

### Back to Our Future: Being College and Career Ready

Available 8:15-9:45 and 9:50-11:20 first session  
3 Week Course

Learn career and college skills through project based learning. We will examine and experience the 21st century skills that we all need to succeed in a world that's getting smaller and smaller. Between short lessons and working on our individual projects, we will even take time to tour colleges, listen to guest speakers and visit some businesses. The culmination will be an Open House presentation of all our hard work on July 7 from 5-7pm. We will be taking a field trip on July 8 from 8am - 4pm.

### Bridge to Algebra

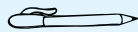
(Teacher Referral Code Required to Sign Up for this Course)

Available 8:15-9:45 and 9:50-11:20  
6 Week Course

Teacher Referral Required to Sign up for this Course. Students enrolled in this course did not meet criteria for placement into 8th grade Algebra or could benefit from additional support in order to be successful in 8th grade Algebra. They have been recommended by their seventh grade math teacher because they have the potential to be successful in Algebra with more practice of prerequisite skills. Students will complete lessons and activities based on the 300 Level College and Career Readiness Skills and become familiar with the 8th grade assessment process. Skill bands included will be: Basic Operations and Applications, Probability, Statistics, and Data Analysis, Number Concepts and Properties, Graphical Representations, Measurement, Properties of Plane Figures and Expressions, Equations, and Inequalities. If students demonstrate proficiency of skills assessed throughout this course, they will be placed into 8th grade Algebra in Fall.



## Creative Writing



Available 8:15-9:45 and 9:50-11:20 second session

3 Week Course

Participants will explore the dynamics of creative writing through short stories, novelettes, screen plays and poetry. Instructors will introduce students to creative writing through modeling and practice. Students will engage in interesting, hands-on activities that will guide and enrich their skills in writing and learning. The final product of this journey will be a compilation of original works and illustrations by each participant.

## Entrepreneur Innovations

Available 9:50-11:20 first session | 3 week course

Available 8:15-9:45 second session | 3 week course

Do you want to come up with a new, unique product or service to address a specific market niche? This summer school course will include fascinating, hands-on classroom activities that allow middle school students to think creatively and invent new products that address everyday opportunities. If you are an innovative entrepreneur, then this course is the one you want to take!

## Financial Literacy

Available 8:15-9:45 first session | 3 week course

Available 9:50-11:20 second session | 3 week course

Do you like to learn by using online simulations? Do you want to learn more about money, finances, and the stock market? This course will include web-based classroom simulations and activities that allow middle school students to learn more about personal financial literacy. Take this course if you want a head start on becoming financially independent.



## German (\$5.00 fee)

Available 9:50-11:20 first session | 3 Week Course

Students will be introduced to useful German conversational phrases and basic vocabulary, as well as cultural activities, foods, and crafts. Topics will range with age and experience of students and may include (but may not be limited to): animals, families, jobs and professions.

## Keyboarding Camp

Available 8:15-9:45 and 9:50-11:20 first session

3 Week Course

It's a fact: more and more middle schools and virtually all high schools are requiring students to submit highly polished, typed documents. In this high-energy, hands-on class, students will learn keyboarding skills essential for success in school, college, and eventually the workplace. Come to keyboarding camp and move from hunting and pecking to touch typing.

## Lego Robotics

Available 8:15-9:45 and 9:50-11:20

June 22-July 7 & July 8-July 23

Using the Lego Mind storm robotic material and engineering curriculum, students will build and program a variety of robotic projects to accomplish a variety of tasks along with robotic challenges and problem solving. We will be using the Lego Mind storm and NXT equipment computer lab, to design, build, and program these exciting robots. Students will also be exposed to blueprint reading, computer code writing and other technological concepts.



## North Sneak Peek: Transition to 6<sup>th</sup> Grade

Session 1: July 27-28 12:30-3:30

Session 2: July 29-30 12:30-3:30

Session 3: August 3-4 8:30-11:30

Session 4: August 5-6 8:30-11:30



Feeling a little nervous about middle school? Join us for a sneak peek of North Middle School as we get ready to start the new school year. Take a scavenger hunt to learn your way around the building. Learn to access and navigate the school network by using a variety of technology tools. Practice study strategies and organizational skills through hands-on activities. Plus, meet some of your classmates and teachers.



## Play It! Fitness

Available 8:15-9:45 and 9:50-11:20 both sessions  
3 Week Course

Are you interested in learning new, fun and fast-action games such as: Eclipse ball, Tennis, Badminton, Pickleball, Table Tennis or Styxball? Maybe you would like to learn more about weight training or other lifetime activities? Grab a friend and have fun while keeping active and motivated during the summer.

## Spanish (\$5.00 fee)

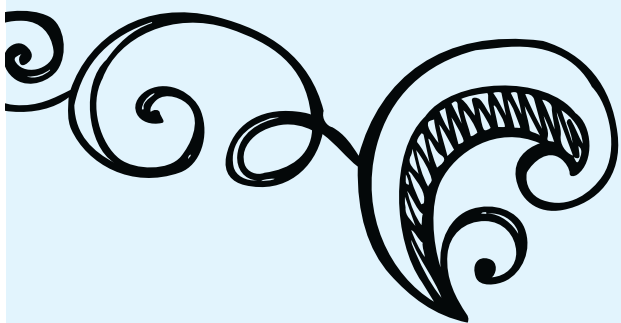
Available 8:15-9:45 first session | 3 Week Course

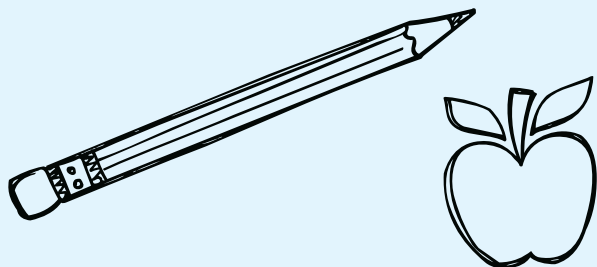
Students will be introduced to useful conversational phrases and basic Spanish vocabulary. We will also explore cultural activities, foods, and crafts. Topics will range with age and experience of students and may include (but may not be limited to): animals, families, jobs and professions.

## Speed, Agility, & Strength

Available 8:30 - 9:30 at MFHS | June 22-July 23, M-Th

This class will focus on the importance and value of exercise. Cardiovascular fitness, strength development, muscular endurance, speed development, and flexibility will be promoted through the use of all physical education facilities and equipment. Other areas that will be covered include strength training program design, proper spotting techniques and weight room safety. This class will meet at Menomonee Falls High School. No class the week of June 29 - July 3.





## Supportive Math Gr. 6-8

(Teacher Referral Code Required to Sign Up for this Course)

Available 8:15-9:45 and 9:50-11:20 | 6 Week Course

Teacher Referral Required to Sign Up for this course. This program is designed for students who need to further develop the skills and concepts in the district's math curriculum. The course will employ five different math strands (Mathematical Processes, Measurement, Algebraic Relationships, Geometry, and Statistics and Probability) to teach the needs of individual students, as well as encourage understanding and application of the grade level outcomes.

## Supportive Reading Gr. 6-8

(Teacher Referral Code Required to Sign Up for this Course)

Available 8:15-9:45 and 9:50-11:20 | 6 Week Course

Teacher Referral Required to Sign Up for this Course. This reading course uses a project-based learning format to provide readers an opportunity to further their literacy foundation. Four different reading strands will be applied (Word Meaning and Context, Understanding Text, Analyze Text, and Evaluate and Extend Text) to teach the needs of individual students, as well as encourage understanding and application of the grade level outcomes.

## Tween Cuisine (\$10.00 fee)

Available 8:15-9:45 and 9:50-11:20 both sessions

3 Week Course

What do Rachel Ray, Jamie Oliver, and Julia Child all have in common? You guessed it - their love for cooking. This course will give you a chance to develop your passion for cooking. We will spend time searching for recipes or even brainstorming our own recipes, cooking, serving and eating. We'll also have a friendly competition and host a bake sale. Summer doesn't get any better than that! As Julia Child said, "Bon Appétit".

## Village Bells (Bells)

Available 9:50-11:20 first session | 3 Week Course

This class is designed to explore bell playing using a variety of musical literature, and will focus on proper ringing technique, performance etiquette, and musical expression. Ringers will also learn to read music if they do not already know how. The group will complete grade level 1 by the end of the 3 weeks.

## Village Voices (Choir)

Available 8:15-9:45 first session | 3 Week Course



No experience is needed to join this fun-filled singing group. We will learn several different styles of songs with staging and choreography. You will also learn proper singing and breathing techniques, along with other skills necessary to become a fantastic singer! Join us and we'll make some great music together!

## Wrestling Fundamentals and Skills

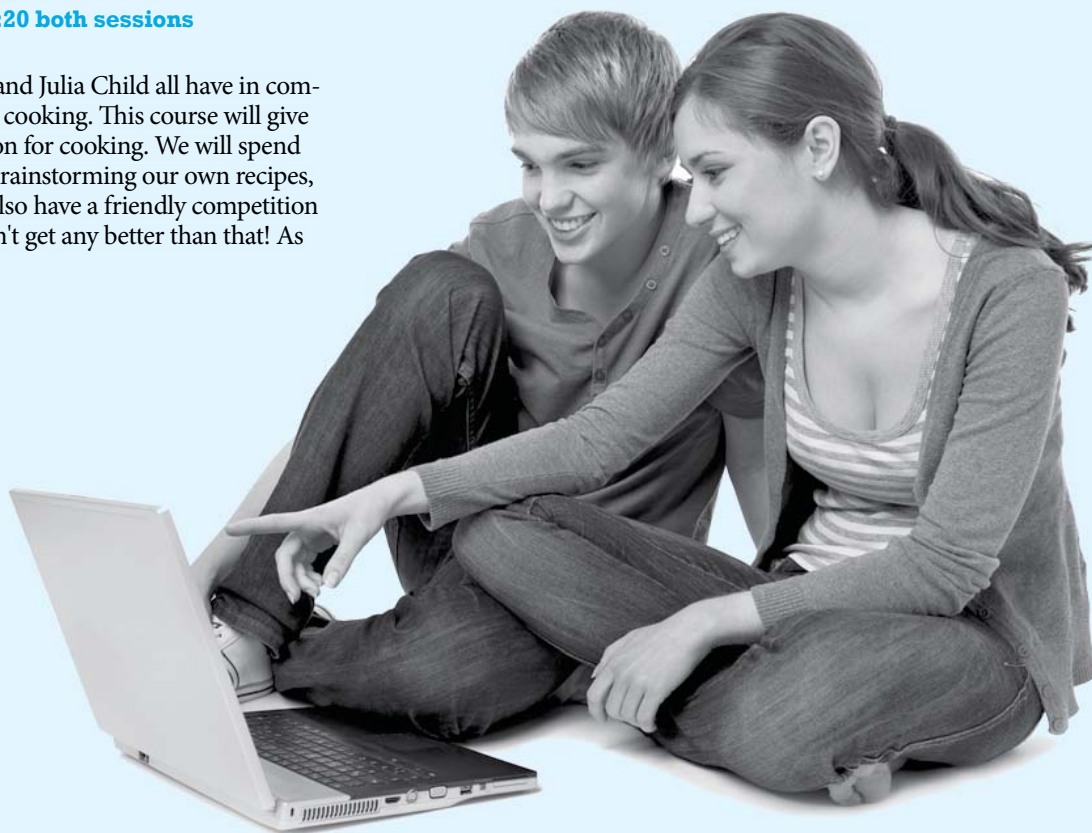
Available 8:00-10:00 at MFHS | June 22 - July 16

This 4 week wrestling skills class will focus on the fundamental skills needed to become a successful wrestler. There will also be work on strength and conditioning.



### QUESTIONS?

For questions regarding Summer School programs for Grades 6 – 8, please contact Mr. Marty – [MartSco@sdmfschools.org](mailto:MartSco@sdmfschools.org).



# High School Courses



## Entering Grades 9 – 12

### held at Menomonee Falls High School

Grades 9-12 will be held at Menomonee Falls High School starting at 8:00 and ending at 12:15, unless otherwise noted. PLEASE NOTE: The class content for courses with multiple date offerings is the same for each class. Students will not be allowed to take the same course twice.

## At-A-Glance Summary

Entering Grades 9	June 22–25	June 29–July 2	July 6–9	July 13–16	July 20–23	July 27–30
<b>High School Sneak Peak:</b>	8:00–10:00 12716	8:00–10:00 12718	8:00–10:00 12720	8:00–10:00 12722	8:00–10:00 12724	8:00–10:00 12726
<b>Transition to High School</b>	10:15–12:15 12717	10:15–12:15 12719	10:15–12:15 12721	10:15–12:15 12723	10:15–12:15 12725	10:15–12:15 12727

Entering Grades 9	July 20–23	July 27–July 30
<b>Jump Start into H.S. Science</b>	8:00–10:00 12625	8:00–10:00 12626

Entering Grades 9	June 22–July 30	
<i>Teacher referral required</i>	8:00–10:00	10:15–12:15
<b>*Strategic Reading</b>	12733	12734

Entering Grade 9	June 15–July 23	
<b>Speed, Agility, and Strength</b>	7:00–9:00	12638

Entering Grades 9-12		
<b>Basics of Relativity</b>	June 29–July 2   9:00–12:00	12649
<b>Cross Country Track</b>	June 22 – Aug. 7   7:30–9:00	12650
<b>Summer Outdoor Adventure</b>	June 22–July 2   8:00–10:00	12633
<b>Wrestling Fundamentals</b>	June 22–July 16   8:00–10:00	12629

Entering Grades 10	June 22–July 30	
<i>Teacher referral required</i>	8:00–10:00	10:15–12:15
<b>*Strategic Reading</b>	12735	12736

Entering Grades 10-12	June 15–July 23	
<b>Speed, Agility, and Strength</b>	6:00–8:00	12637

Entering Grades 10-12	July 14–July 15	
<b>Geology of WI State Parks</b>	8:00–5:00	12665

*\*Teacher referral code required*

Entering Grades 11	June 23	
<b>Student/Parent Post Secondary Planning</b>	8:00–9:15 12730	11:45–1:00 12636

Entering Grades 11 & 12	June 29–July 30	
<b>Prep AP Art Studio</b>	10:15–12:15	12644

Entering Grades 11 & 12	June 22–July 30	
<i>Teacher referral required</i>	8:00–10:00	10:15–12:15
<b>*Strategic Reading</b>	12737	12738

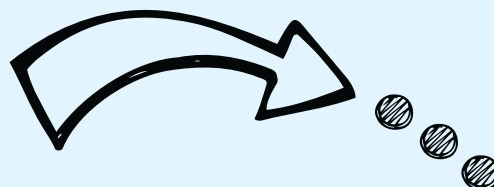
Entering Grades 11-12	June 23–July 9	July 14–July 30
<b>Bridge to AP English (T, Th Only)</b>	8:00–10:00 12622	8:00–10:00 12623

Credit Recovery Courses (Entering Gr. 9–12)	June 22–July 30	
	8:00–10:00	10:15–12:15
<b>Algebra Semester 1</b>	12613	
<b>Algebra Semester 2</b>		12614
<b>Algebra II Semester 1</b>	12619	
<b>Algebra II Semester 2</b>		12620
<b>Biology Semester 1</b>	12610	
<b>Biology Semester 2</b>		12611
<b>Economics (Gr. 11-12 only)</b>	12597	
<b>English Sem 1 or 2</b>	12604	12605
<b>Geometry Semester 1</b>	12616	
<b>Geometry Semester 2</b>		12617
<b>Government</b>		12598
<b>Physical Science Semester 1</b>	12607	
<b>Physical Science Semester 2</b>		12608
<b>US History Semester 1</b>	12601	
<b>US History Semester 2</b>		12602
<b>World History Semester 1</b>	12647	
<b>World History Semester 2</b>		12648

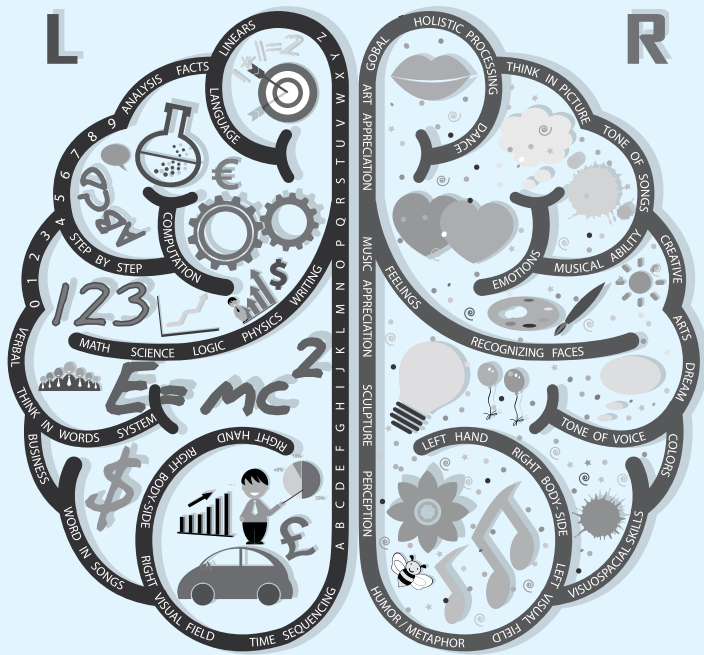
Entering Gr. 10-12	June 22–July 30	
<i>Teacher referral required</i>	Available Online Only	
<b>*On Line Learning</b>	12653	

Entering Grades 9–12	June 22–July 30	
	8:00–10:00	10:15–12:15
<b>ACT Prep Plus</b>		12645
<b>Automotive Servicing</b>		12627
<b>CPR/AED and First Aid Class</b>		12634
<b>*FBLA Officer Team Development</b>	12728	
<b>Manufacturing and Robotics</b>	12628	
<b>*Pre AP Spanish V Workshop</b>	12729	
<b>*Skills to Pay the Bills</b>	12631	12632
<b>Study Skills for Success</b>	12642	12643

*\*Teacher referral code required*



# BRAIN SIGN



## High School Course Descriptions

### ENRICHMENT

### COURSES Gr. 9-12 (unless otherwise noted)

#### **ACT Prep Plus** (\$60.00 fee)

Available 10:15-12:15 | 7 sessions + full practice test

The ACT Prep Plus course consists of seven sessions and a full Practice Test. The seven sessions will focus on the content of the five areas tested (English, Math, Reading, Science, and the Writing Test). Test strategies will also be taught and practiced. The curriculum uses actual ACT questions, giving students a distinct competitive edge on Test Day. A full length Practice Test will be given and scored. The class fee includes the ACT folder, copies of retired tests in English, Math, Reading and Science, and a copy of a full Practice ACT Test. A full Practice Test will be given the last day of class from 8:00 am - 12:15 pm.

#### **Automotive Servicing** (\$10.00 fee)

Available 10:15-12:15 second session | 3 Week Course

This fundamental automotive course will teach students how an automobile operates and functions. Areas of study include: engine construction, lubrication, cooling, electrical, computer controls, brakes, suspension, and emission control. Students will be servicing live automobiles as they learn routine preventative maintenance and how to rebuild various parts.

#### **Basics of Relativity**

Available 9:00-12:00 | June 29-July 2

The Basics of Relativity will be explored as they relate to space and time. Time dilation, length contraction, momentum, and energy will be explored. An understanding of Algebra is required.

#### **CPR/AED and First Aid Class** (\$20.00 fee)

Available 10:15-12:15 | 6 Week Course

Get your Red Cross certification. Learn how to save a life. It looks great on job applications and on your resume.

#### **Cross Country/Track**

Available 7:30-9:00 | June 22-August 7, M-F  
6 Week Course

This class is for those students who wish to improve their cardiovascular conditioning and overall physical fitness through stretching, running and lifting weights.

#### **FBLA Officer Team Development**

(Teacher Referral Code Required to Sign Up for this Course)

Available 8:00-12:15 | 6 Week Course

This course is EXCLUSIVELY for newly elected Future Business Leaders of America (FBLA) Officers. The team will understand each other's roles, create a program of work for the new school year, create the organization's financial statements, prepare for registration, and other activities.

#### **Geology of WI State Parks Gr. 10-12** (\$25.00 fee)

Available 8:00-5:00 | July 14 -15 | 2 Day Course

We will travel to the Kettle Moraine and Kohler Andrea State Park areas to experience nature and learn about the geology of Wisconsin. Course will include day trip to local Wisconsin State Parks.

#### **High School Sneak Peak:**

#### **Transitioning to the High School Grade 9**

Available 8:00-10:00 & 10:15-12:15 | 4 day course

- Session 1: June 22-25
- Session 2: June 29-July 2
- Session 3: July 6-July 9
- Session 4: July 13-July 16
- Session 5: July 20-July 23
- Session 6: July 27-July 30



This four day course is designed specifically for incoming freshmen and other students who will be new to the high school. Students will get a jump start on knowing the high school lay out, personnel, staff, requirements, expectations, clubs, activities, and procedures by participating in a variety of activities: hearing guest speakers, interacting with the high school environment, and disseminating materials designed for high school students. Be part of this meaningful interaction between and among students, high school teachers, guidance counselors, administrators, and upperclassmen.

## Jump Start Into H.S. Science Grade 9

Available 8:00-10:00 | July 20-23 & July 27-30

1 Week Course

The intent of the course is to welcome incoming Freshman to the High School, and to give them a head start on their High School science career. Students will complete various lessons that will expose them to some of the more difficult topics in Physical Science.

## Manufacturing and Robotics (\$25.00 fee)

Available 8:00-10:00 | 6 Week Course

This hands-on project based course will introduce students to the Manufacturing career pathway, focusing on design and the processes necessary to manipulate metal into a finished product. As a class, we will visit a local manufacturer to gain insight on real world experience. Our main project will be to design and build a battle bot.



## Pre AP Spanish V Workshop

(Teacher Referral Code Required to Sign Up for this Course)

Available 8:00-12:15 | 6 Week Course

Small groups will meet once a week to develop interpretive, interpersonal and presentational communication skills in Spanish. The goal is to familiarize each student with all parts of the AP Spanish Language and Culture exam, as well as to develop skills that will help them communicate more effectively and perform at a high level in Spanish V.



## Prep AP Art Studio Grades 11 & 12

Available 10:15-12:15 | June 29-July 30

5 Week Course

This course is intended to prepare students for any of the four AP Studio Art Portfolio courses offered at MFHS. Weekly assignments will encourage artistic exploration, and daily writing will enhance creative thinking skills. Students will develop and hone their ability to communicate visually using various art mediums.

## Skills to Pay the Bills

Available 8:00-10:00 and 10:15-12:15 | 6 Week Course

Have you ever wondered what employers are looking for in a good employee? When looking for your first job, do you know what skills you need to make sure you can keep a job once you get it? This course teaches why "soft skills" such as Communication, Enthusiasm & Attitude, Teamwork, Networking, Problem Solving and Critical Thinking and Professionalism are the top six characteristics that employers are looking for in their employees. Learn how to increase your strengths in these areas and build up your skills in areas where you may need to.



## Speed, Agility, & Strength Grade 9

Available 7:00-9:00 | June 15-23, Monday-Friday



This class will focus on the importance and value of exercise. Cardiovascular fitness, strength development, muscular endurance, speed development, and flexibility will be promoted through the use of all physical education facilities and equipment. Other areas that will be covered include strength training program design, proper spotting techniques and weight room safety. No class June 29 - July 3.

## Speed, Agility & Strength Grades 10-12

Available 6:00-8:00 | June 15-July 23, Monday-Friday

This class will focus on the importance and value of exercise. Cardiovascular fitness, strength development, muscular endurance, speed development, and flexibility will be promoted through the use of all physical education facilities and equipment. Other areas that will be covered include strength training program design, proper spotting techniques and weight room safety. No class June 29 - July 3.

## Student/Parent Post Secondary Planning Grade 11

8:00-9:15 and 11:45-1:00 | One Day Course on June 23

The school Counselors at MFHS would like to assist in making your child's high school experience more meaningful. We feel that looking ahead and gaining valuable information relating to post secondary planning can help to guarantee a successful transition beyond high school for you and your student. Topics to be covered include: review of MFHS graduation requirements, current academic progress, the college application process, ACT/SAT information, and information about scholarships, financial aid, campus visits, and military opportunities.

## Summer Outdoor Adventure (\$100.00 fee)

Available 8:00-10:00 | June 22-July 2



An exciting new adventure is awaiting you this summer! We will be partnering with APEX Adventure Alliance, LLC. to offer students an opportunity to take a trip to Devil's Lake to go camping, climbing, canoeing, and hiking. The trip to Devils Lake will take place June 30-July 2.

## Study Skills for Success

Available 8:00-10:00 and 10:15-12:15 | 6 Week Course

Take control of your time and give yourself the best opportunity for success. Learn the organizational skills, time management and study techniques you need to make your study time more efficient. Learn note-taking and test taking strategies, memory strategies, and methods to jump start the brain. Discover strategies most effective for your personal learning style. We will also learn self-management of distracters (like cell phones and television). Stress management techniques will also be covered.

## Wrestling Fundamentals and Skills

Available 8:00-10:00 from June 22 - July 16

This 4 week wrestling skills class will focus on the fundamental skills needed to become a successful wrestler. There will also be work on strength and conditioning.

## CREDIT RECOVERY COURSES Gr. 9-12 (unless otherwise noted)

### Algebra

Semester 1 (8:00-10:00) or Semester 2 (10:15-12:15)

6 Week Course

The Algebra I course will focus on skills in the 20-23 range of the ACT College and Career Readiness Standards while reviewing skills in the 16-19 range and extending into skills in the 24-27 range. This includes the study of the order of operations, properties of the real number system, equations and inequalities, systems of equations, polynomials, exponents and radicals, products and factoring, quadratic equations, graphical representations in the coordinate plane, basic probability and statistics concepts, and an introduction to relations and functions.

### Algebra II

Semester 1 (8:00-10:00) or Semester 2 (10:15-12:15)

6 Week Course

The Algebra II course will focus on skills in the 28-32 range of the ACT College and Career Readiness Standards while reviewing skills in the 24-27 range and extending into skills in the 33-36 range. This includes the extending study of relations and functions, polynomials, trigonometry, graphical representations in the coordinate plane, and probability and statistics from Algebra I and Geometry. New topics include matrices, complex numbers, conic sections and logarithmic and exponential functions.



### Biology

Semester 1 (8:00-10:00) or Semester 2 (10:15-12:15)

6 Week Course

This course has been designed to expose students to the apparent unity and diversity among living organisms. Laboratory exercises and demonstrations are used in presenting topics of biochemistry, cellular biology, plant and animal processes, and the ecology of water quality. Students completing two semesters of this course should have developed certain concepts about life that will enable them to better understand nature's living realm.

### Economics Gr. 11-12

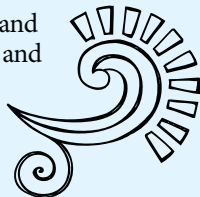
Available 8:00-10:00 | 6 Week Course

This course is intended to introduce students to some basic economic concepts. Students will become acquainted with the rationale that a nation uses to develop its particular style of economic system as it attempts to produce, consume, and exchange goods and services.

### English – Semester 1 or Semester 2

Available 8:00-10:00 and 10:15-12:15 | 6 Week Course

This course is required for all 9-12 grade students and includes the study of novels, short stories, drama, and non-fiction. An emphasis is placed on reading comprehension and essay composition.



\* Teacher referral code required

\*\* Course available for students in grades 9-12 unless otherwise noted

### Geometry – Semester 1 or Semester 2

Semester 1 (8:00-10:00) or Semester 2 (10:15-12:15)

6 Week Course

Students will study the properties of both two and three-dimensional figures. Emphasis is given to the process of deductive reasoning in both mathematical and non-mathematical situations. Opportunities are provided for original and creative thinking and for the development of an understanding of planar and spatial relationships. The student must have a graphing calculator. TI-83 or TI-84 preferred.



### Government

10:15-12:15 | 6 Week Course

This course examines contemporary issues and problems facing American government. Both the structure and the current operation of the institutions of government will be studied.

### On-Line Learning Lab Grades 10-12

(Teacher Referral Code Required to Sign Up for this Course)

Available online only | 6 Week Course

Enrollment is limited to students working online under special circumstances with prior approval from their assigned counselor. ALL online students must report to the online room in person on June 22 between 7:30 AM - 1:00 PM to pick up course materials. Students should expect this process will take 30 minutes to complete.

### Physical Science

Semester 1 (8:00-10:00) or Semester 2 (10:15-12:15)

6 Week Course

This survey course covers the principles of chemistry and physics and is designed for the student with good reading ability and average math ability. Classroom discussion and reading are used to introduce a topic. Experimentation is used to expand the understanding of the concept.



### US History

Semester 1 (8:00-10:00) or Semester 2 (10:15-12:15)

6 Week Course

This course is intended to directly follow the 8th grade course in pre-Civil War U.S. History. It is designed to provide the student with an awareness of the diverse heritage of American society and to identify the place and role of the United States in the modern world. The course will trace developments in U.S. History from the end of the Civil War through the Reagan-Bush era. Students will be expected to develop skills in critical thinking and writing. Students will also be encouraged to formulate their own ideas as to historic causation. In addition to history, the following concepts are presented and developed: economic, political, social and geographical.

### World History

Semester 1 (8:00-10:00) or Semester 2 (10:15-12:15)

6 Week Course

This course provides a chronological survey of European history from the Enlightenment to the Post World War II era. The focus of the course will be the development of the major institutions characterizing modern western civilization. Particular emphasis will be placed upon the origins of democratic government and free market economics.

## \*SUPPORTIVE PROGRAMS

### **Bridge to AP English – Grades 11 & 12**

(Teacher Referral Code Required to Sign Up for this Course)

**Available 8:00-10:00 | June 23–July 9 or July 14–July 30**  
**Meets Tuesdays & Thursdays**

This course is designed for incoming AP English students. Both AP language and AP literature students are welcome. Students will get a jump start on what to expect in these courses, along with an opportunity to hone the skills needed to be successful in an AP English course. This is also an opportunity to get additional support with AP summer assignments. This course is highly recommended for those taking AP English for the first time, especially if transitioning from non-honors course of study.

### **Strategic Reading Grade 9**

(Teacher Referral Code Required to Sign Up for this Course)

**Available 8:00-10:00 and 10:15-12:15 | 6 Week Course**

This course is designed to assist students in moving toward grade level in reading skills. Course activities will focus on expanding vocabulary skills, improving comprehension skill, and strengthening listening, speaking, and writing skills. Students will learn reading strategies to use with a broad range of fiction and non-fiction texts, and how to respond orally and in written forms. The development of these skills will enable students to become life-long strategic readers.

\* Teacher referral code required

\*\* Course available for students in grades 9-12 unless otherwise noted

### **Strategic Reading Grade 10**

(Teacher Referral Code Required to Sign Up for this Course)

**Available 8:00-10:00 and 10:15-12:15 | 6 Week Course**

This course is designed to assist students in moving toward grade level in reading skills. Course activities will focus on expanding vocabulary skills, improving comprehension skill, and strengthening listening, speaking, and writing skills. Students will learn reading strategies to use with a broad range of fiction and non-fiction texts, and how to respond orally and in written forms. The development of these skills will enable students to become life-long strategic readers.

### **Strategic Reading Grades 11 & 12**

(Teacher Referral Code Required to Sign Up for this Course)

**Available 8:00-10:00 and 10:15-12:15 | 6 Week Course**

This course is designed to assist students in moving toward grade level in reading skills. Course activities will focus on expanding vocabulary skills, improving comprehension skill, and strengthening listening, speaking, and writing skills. Students will learn reading strategies to use with a broad range of fiction and non-fiction texts, and how to respond orally and in written forms. The development of these skills will enable students to become life-long strategic readers.



#### **QUESTIONS?**

For questions regarding Summer School programs for Grades 9 –12, please contact Mr. Vitale – VitaRob@sdmfschools.org.

## **VOLUNTEER HELP WANTED**

### **Community Commuter Informational Meeting**

**Ages 18+**

Do you, or someone else you may know, want to help out in your community?

Volunteer your time helping students in our school district gain real life work experience. This informational session will describe the unique opportunity for you to transport students with mild disabilities to and from different job sites, as they venture out into new careers. Locations are within the Menomonee Falls community. Times vary during the week day. Julie Mlagan, Transition Coordinator will be on hand to answer questions you may have about this unique opportunity. Jeff Gross, Director of Business Services, will be available for questions you may have regarding insurance, liability and mileage reimbursement. If you are unable to attend this meeting but would like more information, please contact Julie Mlagan, Transition Coordinator for the School District of Menomonee Falls at (262) 946-2102 or via email at [mlagjul@sdmfschools.org](mailto:mlagjul@sdmfschools.org)

7/7

Tue, 6:00 PM - 7:00 PM

Community Center Rm 123

Call 262-255-8460 to register for meeting



### **Discover Tuscany - 10 Day Tour** NEW!

**Ages 18+**

Your adventure begins with an overnight flight to Italy for a vacation filled with rolling landscapes, savory wines, delicious food, stunning architecture, and so much more. Join us for a slide show and find out how you can “Discover Tuscany” with Collette Tours, where we seamlessly handle the details. All you have to do is enjoy the adventure. Register now to reserve your seat and be included in our door prize drawing. Trip will take place April 21- April 30, 2016.

Informational Meeting Tuesday, May 12

6:00 - 7:30 PM

Community Center Rm 123

**FREE**, but you must register by calling 262-255-8469.



## ADULT

### EZ Defense for Women

**Ages 16+**

Turn fear into POWER. Learn how to assess danger, become assertive, set clear verbal boundaries, and prevent physical attacks. You will also learn several defensive techniques that are easy to memorize and extremely effective in a real-life situation.

6/23 **Class #12128**  
Tue, 6:45 PM, 1h45m  
Community Center Rm 106  
Sensei Stan  
R \$20 NR \$24 1 class

### BUG OFF! –

### The Natural Way

**Ages 18+**

Tell mosquitoes to BUG OFF without all the harsh chemicals. Learn how to make all natural repellent and how to identify plants and natural products that can relieve painful stings. If you are heading outside for picnics, sporting events, yard work, or relaxing on the patio, chances are you're going to get bit, stung, or irritated. Students will make a sample product to take home.

6/2 **Class #12270**  
Tue, 6:30 PM, 1h30m  
Community Center Rm 123  
Hannah Heinritz  
R \$27 NR \$32 1 class

### Prepare Your Student For A Healthy School Year

**Ages 18+**



This workshop explores various topics such as: how to pack healthy lunches, proper stress management, proper posture and how to properly wear a backpack.

We will explore ways to stay healthy during school and maximize focus.

8/19 **Class #12339**  
Wed, 6:30 PM, 1h  
G-Town Community Library  
Dr. Brenda Holland  
**FREE**, but registration is required 1 class

### Implementing A Healthy Diet

**Ages 18+**

Learn how to make yourself successful with healthy eating. Class will include strategies for planning meals, wise grocery shopping, and healthy cooking tips.

6/18 **Class #12289**  
Thu, 1:00 PM, 1h  
G-Town Village Hall  
Melissa Fryatt, Registered Dietitian  
**FREE**, but registration is required 1 class

### Get Your Book Published

**Ages 18+**

Have you ever thought about writing a book, or perhaps you've already started one, but you don't know what to do next? Milwaukee author and Journal Sentinel news reporter, Tom Kertscher, will share his experiences in getting two books published. He will provide information on developing a book proposal and seeking out publishers and agents. The class is also a great opportunity to get your questions answered. Tom's books include: "Brett Favre: A Packer Fan's Tribute".

6/16 **Class #12476**  
Tue, 7:00 PM, 1h30m  
G-Town Community Library  
Tom Kertscher  
R \$20 NR \$22 1 class

### Rubber Stamping - Card Making

**Ages 13+**

Put your creativity to work and let's make some fantastic stamping projects. This program is great for the beginner or experienced stamper. Many new projects will be demonstrated each week. \*\*Plus \$6 fee per week for supplies.\*\*

6/8-7/13 **Class #12183**  
Mon, 7:00 PM, 2h  
R \$23 NR \$27 6 classes

7/20-8/31 **Class #12184**  
Mon, 7:00 PM, 2h  
R \$27 NR \$32 7 classes

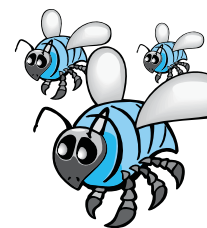
Community Center Rm 2 LL  
Diane Tritz

### Introduction to Backyard Beekeeping

**Ages 18+**

Find out what the 'buzz' is all about! If you are new to beekeeping, this class will help you understand what the process entails, how to get started, and where to find helpful resources.

6/9 **Class #12269**  
Tue, 6:30 PM, 1h30m  
Community Center Rm 123  
Hannah Heinritz  
R \$15 NR \$18 1 class



### Knitting

**Ages 18+**

All talent levels are welcome. Learn about the different qualities of yarn, knitting needles, and how to read a pattern. Each participant will choose a personal project to work on during class and will receive help as needed. You will also be taught some useful knitting tricks. Please bring size 8 needles and 4-ply yarn if this is your first class.

6/2-7/14 **Class #12744**  
No class June 30  
Tue, 9:30 AM, 2h

6/4-7/16 **Class #12745**  
No class July 2  
Thu, 9:30 AM, 2h

7/21-8/25 **Class #12746**  
Tue, 9:30 AM, 2h

7/23-8/27 **Class #12747**  
Thu, 9:30 AM, 2h

Community Center Rm 102 A  
Shirley Mattson  
R \$52 NR \$63 6 classes

### Poetry Writers' Guild

**Ages 18+**

Get together with other poetry enthusiasts to read and share your poetry in a relaxed environment. The goal of this program is to share ideas and feelings through poetry, not to critique others. Light snacks and beverages will be provided.

6/1-7/6 **Class #12562**  
Mon, 7:00 PM, 1h30m

Community Center Rm 120  
Jon & Korie Mitchell  
R \$14 NR \$19 6 classes

## Adult

### Patios, Walls and Walks

**Ages 18+**

Learn the basic knowledge needed to build a retaining wall or sitting wall. From concrete to pavers, you can create additional patio space or install a walkway using the wide variety of block products available today. Planning a big project? Get the information needed to plan your project and select the proper contractor.

6/13 **Class #12130**

Sat, 10:00 AM, 1h

Wendland Nursery, G-Town

Josh Tarantino

R \$5 NR \$10 1 class

### Oil Painting

**Ages 18+**

Love the idea of painting with oils but don't know where to start? Are you a painter with unfinished work? Our teacher will assist you with a project of your choice and guide you through suggestions, check composition, help with color mixing, and show you techniques to obtain certain effects. Please pick up a suggested supply list at the CE & Rec office.

6/12-8/21 **Class #12529**

No class July 3

Fri, 9:30 AM, 2h

Community Center Rm 106

Simone Rogina

R \$62 NR \$75 10 classes

### Learn to Wood Carve

**Ages 11 - Adult**

Local author and artist, Greg Young, will be teaching basic or intermediate woodcarving techniques to create a unique bottle stopper. Sharpening techniques will also be taught. Please bring a carving or filleting glove which can be found at any local outdoor store such as Fleet Farm. Any questions regarding the program or the type of glove needed, please call the instructor at 414-573-6008.

#### Woodspirit

6/18 **Class #12275**

Thu, 6:00 PM, 2h30m

#### Owl

7/16 **Class #12276**

Thu, 6:00 PM, 2h30m

### Wizard Head

8/13 **Class #12277**

Thu, 6:00 PM, 2h30m

Survive Alive House, G-Town

Greg Young

R \$27 NR \$38 1 class

### Broadway In Chicago:

#### Jersey Boys

**Ages 18+**

Join us as we head to Chicago to see one of Broadway's most popular productions, Jersey Boys, at the historic Cadillac Palace Theatre. This Tony and Grammy award winning hit musical tells the story of Frankie Valli and The Four Seasons, a group of blue-collar boys from the wrong side of the tracks who became one of the biggest American pop music sensations of all time, with over 175 million records sold nationwide. Prior to the show we will enjoy lunch at the world famous Walnut Room, located in Macy's Department Store. Fee includes coach bus transportation, lunch/gratuity, lower balcony seat, and snack and water on the bus ride home. The name and phone number of your doctor is required when registering. **Please sign in at 8:15. Bus leaves promptly at 8:30.**

Please indicate your choice of meal: Chicken Pot Pie, Oven Baked Meatloaf or Mandarin Salad.

**Register by April 30**

5/16 **Class #11904**

Sat, 8:30 AM - 6:30 PM

Meet in the Thomas Jefferson Parking Lot

R \$149 NR \$184

### Trip to Madison's Farmers Market

**Ages 18+**

Put on your walking shoes, grab your shopping bag, and join us as we enjoy the day shopping over 200 vendors at the Madison Farmers Market. Enjoy live music, visit the Wisconsin Veterans Museum on the Capitol Square, or take a stroll down State Street to do some people watching. Our last stop will be Memorial Union Terrace on the shores of Lake Mendota, where we will picnic on a purchased lunch

or on our own market finds. Please note: you must supply your doctor's name and phone number at time of registration. **Please sign in at 6:15. Bus leaves promptly at 6:30.**

**Register by August 20**

8/29 **Class #13041**

Thu, 6:30 AM - 2:00 PM

Thomas Jefferson School Parking Lot

R \$29 NR \$34

### Trip to Warren's Cranberry Festival

**Ages 18+**

Our coach bus is headed to Warren for the world's largest Cranberry Festival. Bring your walking shoes, and explore over 850 arts and crafts booths, 70 food booths, and over 100 farmers' market booths! Coffee and donuts will be provided prior to departure. For more information, go to cranfest.com. Please note: you must supply your doctor's name and phone number at time of registration. **Please sign in at 6:30. Bus leaves promptly at 6:45.**

**Register by September 15**

9/26 **Class #13040**

Sat, 6:45 AM - 8:00 PM

Thomas Jefferson School Parking Lot

R \$34 NR \$41

### Retirement Investing

**Ages 18+**

What you think you know might be hurting you! Wondering what to do with your retirement plan? Many investors, concerned with safely growing their assets, spend time understanding the basics. In this class you will have the opportunity to learn the fundamental principles of investing taught in the spirit of Benjamin Graham, billionaire Warren Buffett's mentor. The class will use Graham's book "The Intelligent Investor" as a guide.

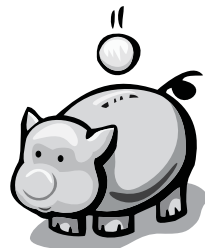
6/23 **Class #12189**

Tue, 6:00 PM, 1h30m

Community Center Rm 106

Adam Ryback

R \$5 NR \$6 1 class



## Community Band

**Ages 13+**



Under the direction of Mr. John Woger, and sponsored by Menomonee Falls Band Bunch, the Community Band is open to adults of any age, and students entering grades 8 - 12. No auditions are

required, but you must be able to read and play band music. Recent experience is not required, so dust off your old instruments and join the band! Band membership is free. There will be an opportunity to order a concert T-shirt during the first two rehearsals. For more information contact Karen Burzinski at [kburzinski@wi.rr.com](mailto:kburzinski@wi.rr.com) or 262-703-0679.

The concert will be held on July 16th, 6:30 PM, at North Middle School Auditorium.

6/16-7/14 **Class #12294**

Tue, 7:00 PM, 1h30m  
High School Band Rm 170  
John Woger

**FREE**, but registration is required  
5 meetings

## Clutter Free Home Office

**Ages 18+**

Do you tend to make piles of papers to deal with later? Learn an easy system for managing all your paperwork, whether you run a business from your home, or are just trying to keep track of your mail. Reduce stress and increase your productivity.

6/16 **Class #12177**

Tue, 6:30 PM, 2h

6/26 **Class #12178**

Fri, 10:00 AM, 2h

Community Center Rm 106  
Kathi Miller  
R \$13 NR \$16 1 class

## Selling Your Home With the Quickest & Best Results

**Ages 18+**

Sell your home fast and with the best results! Licensed Realtors will provide essential information about the selling process including: how deferred maintenance effects

the marketing, how to negotiate defects determined by the home inspector, what questions need to be answered prior to listing a property, is an attorney needed, what is the role of the title company, and should you offer a home warranty to the buyer?

8/17 **Class #12282**

Mon, 6:30 PM, 1h30m  
Community Center Rm 106  
Kathleen Golembiewski  
R \$5 NR \$6 1 class

## Purchasing a Home or Condo

**Ages 18+**

In the market for a new home? Learn the difference between a traditional real estate agent and a buyer's agent for representation. How important is it to have a market analysis prior to writing an offer? Learn about mortgage pre-approval, inspection, negotiation, defects uncovered in the home inspection, gap insurance, escalator clause, and how to write the offer in your best interest.

8/19 **Class #12283**

Wed, 6:30 PM, 1h30m  
Community Center Rm 106  
Kathleen Golembiewski  
R \$5 NR \$6 1 class

## Stress Relief Workshop



**Ages 18+**

Protect your future from the effects of today's stress. Discover exactly what inner and outer stress does at a mental, physical, and chemical level.

This workshop covers personal habits that interest everyone, such as: diet, exercise, water consumption, basic nutrition and stress relief. Factors maximizing energy and alertness are emphasized.

7/15 **Class #12338**

Wed, 6:30 PM, 1h  
G-Town Community Library  
Dr. Brenda Holland

**FREE**, but registration is required 1 class



## Introduction to Meditation

**Ages 16+**

Are you constantly feeling overwhelmed and stressed? Learn how meditation can benefit your health. You will learn two methods of meditation that are used by millions of people worldwide, two proven breathing practices to center your mind and calm your body, and how to overcome common stumbling blocks. Please bring a blanket and pillow to class.

6/9-6/30 **Class #12488**

Tue, 6:00 PM, 1h30m  
Community Center Rm 120  
Kate Hunt-Matthes  
R \$57 NR \$68 4 classes



## Restorative Yoga

**Ages 16+**

This class is deeply calming and therapeutic. Movements are slower and poses are held longer, allowing your mind to become quiet and return to a state of balance, while gently stretching and opening the body. Please bring a mat to class.

6/1-7/6 **Class #12187**

Mon, 7:00 PM, 1h15m

7/20-8/24 **Class #12188**

Mon, 7:00 PM, 1h15m

Community Center Rm 123

Melissa Teske  
R \$49 NR \$59 6 classes

## Easy Yoga



**Ages 18+**

This gentle yoga class will emphasize alignment, stretching, and calming of the mind. Includes breath work, strengthening movement, soothing stretches and strategies for conscious relaxation. You will leave class relaxed and refreshed. Please wear comfortable workout attire, and bring a yoga mat and water bottle.

6/15-7/27 **Class #12279**

No class 6/29

Mon, 10:30 AM, 45m

6/17-7/29 **Class #12280**

No class July 1

Wed, 10:30 AM, 45m

Community Center Rm 4 LL

Carmen Bond  
R \$25 NR \$30 6 classes

# Adult

## ADULT FALL SPORT LEAGUES AGES 18+

### Fall Softball

Leagues will begin the week of Aug. 31

Leagues offered:

- Coed
- Men's Inseam

**Contract deadline**  
August 5



### Fall/Winter Volleyball

Leagues will begin in early October

Leagues offered:

- Coed – Tuesday & Thursday
- Men's – Monday
- Women's – Monday

**Contract deadline**  
September 9



## Country Line Dance

**Ages 18+**

It's time to kick, stomp and scuff your way to a boot scootin' good time. You don't need a partner and everyone is sure to have fun, even if they have never line danced before. New dances are taught each week, and previously learned dances are reviewed. Street attire is appropriate, western gear optional and hard soled shoes suggested.

6/2-7/7 **Class #12180**  
Tue, 6:00 PM, 1h

7/21-8/25 **Class #12181**  
Tue, 6:00 PM, 1h

Community Center Rm 102 A & B  
Ingrid Mielke  
R \$21 NR \$25 6 classes

## Belly Dance – Beginner

**Ages 16+**

Shimmy your way to fitness and health. Learn the basics of Belly Dancing while increasing strength, flexibility and improving posture. Have fun and discover your inner goddess through this ancient dance form. Great for any age, size or fitness level. No prior dance experience necessary.

6/3-7/1 **Class #12563**  
Wed, 6:45 PM, 1h

G-Town Dept. of Public Works  
Laura Grunert  
R \$33 NR \$48 5 classes

## Belly Dance – Level 2

**Ages 16+**

For students who have completed at least two sessions of Beginning Belly Dance.

This class will build on the techniques and movements already learned, and will introduce and focus on traveling, transitions, layering, choreography and improvisational skills. Middle Eastern rhythms and cultural aspects of the dance will be covered, as well as instruction in zill (Finger Cymbal) playing. The instructor will provide zills (required) for a one time fee of \$17.00.

6/3-7/1 **Class #12564**  
Wed, 8:00 PM, 1h  
G-Town Dept. of Public Works  
Laura Grunert  
R \$38 NR \$55 5 classes

## Body Basics

**Ages 18+**

Work toward personal fitness goals at your own pace in a supportive group environment. You will learn basic exercises using resistance tubing, free weights, barbells, body bars and stability balls. Safe techniques are used while participating in exercises that will increase the muscle and bone strength needed to increase fat burning ability and decrease the risk of osteoporosis.

6/2-7/16 **Class #12503**  
*No class June 25, 30 & July 2*  
Tue & Thu, 7:15 PM, 50m  
R \$39 NR \$47 11 classes

7/21-8/20 **Class #12504**  
Tue & Thu, 7:15 PM, 50m  
R \$35 NR \$42 10 classes

Community Center Rm 4 LL  
Anita Kress-Marx



## Pilates

**Ages 18+**

Focus is on proper breathing techniques, balance, posture, and core strengthening. Pilates mat exercises are at an intermediate level, incorporating some reformer style exercises. Participants should have previous pilates experience. Class will periodically incorporate some Yoga exercises that help encourage posture, flexibility and strength needed in pilates. Please bring yoga mat to class.

6/1-7/1 **Class #12494**  
Mon & Wed, 6:25 PM, 55m  
Community Center Rm 4 LL  
Julinda Prekop  
R \$35 NR \$42 10 classes

## Resistance Training

**Ages 18+**

Interval training is used to maximize fat burning by raising and lowering the heart rate throughout the workout. To accomplish this, we use weight lifting exercises and circuit training concepts with exercise variations, repetitions and tempo changes. By mixing weights with an aerobic workout you can burn off fat and build muscle strength.

6/1-7/1 **Class #12495**  
Mon & Wed, 5:25 PM, 55m  
Community Center Rm 4 LL  
Julinda Prekop  
R \$35 NR \$42 10 classes



## Step Aerobics

**Ages 18+**

Step your way to a healthier you with this low impact, high energy workout. This dynamic class includes warm up, cardio, strength training, body toning and flexibility segments. Burn calories, build endurance and have FUN! Steps are provided.

6/2-6/30 **Class #12500**  
Tue & Thu, 5:45 PM, 1h15m  
R \$44 NR \$53 9 classes

7/14-8/20 **Class #12501**  
Tue & Thu, 5:45 PM, 1h15m  
R \$50 NR \$60 12 classes

Community Center Rm 4 LL  
Pam Oliveren



## Deep Water Workout

**Ages 18+**

This high energy, zero impact aqua cardio class will focus on strength, flexibility, form, range of motion, and cardiovascular endurance. A great workout for those with ankle, knee, back or hip issues. Flotation devices are available for class participants, or you may bring your own.

6/3-8/12 **Class #12191**  
Wed, 7:15 PM, 1h  
North Middle School Pool  
Jennifer Barton  
R \$42 NR \$50 11 classes

## Zumba Gold

**Ages 18+**

Zumba Gold is the low impact version of the original Latin inspired dance fitness program, Zumba. Classes will emphasize the basics, and have been modified for the active older adult, the beginning participant, or other special populations that may need modifications for success.

6/15-7/27 **Class #12281**  
*No class June 29*  
Mon, 9:30 AM, 45m  
Community Center Rm 4 LL  
Carmen Bond  
R \$25 NR \$30 6 classes

## Indoor Cycling

**Ages 18+**

This class utilizes stationary bikes to provide an awesome, low impact workout. Throughout the session you'll increase your cardiovascular fitness, build muscle, and burn calories. Your instructor will push you to your fitness goals at your pace. Perfect for the beginner, but challenging enough for the advanced student. Included in this class is 10 minutes of upper body and core work to complete your total body workout. Please bring a water bottle, hand towel, padded bike seat or padded shorts, hard-soled tennis or running shoes, or cycling shoes with cleats.

6/1-6/24 **Class #12497**  
Mon & Wed, 7:30 PM, 1h  
8/3-8/26 **Class #12498**  
Mon & Wed, 7:30 PM, 1h

Community Center Rm 4 LL  
John Gerkhardt  
R \$35 NR \$42 8 classes

## Pickleball – FREE INTRODUCTORY CLASS

**Ages 18+**

Not sure if Pickleball is for you? Attend an introductory class the first Monday evening or Tuesday morning of the month. No sign up necessary. Instructors will be on hand to teach you the basics and introduce you to the group.

## Pickleball

**Ages 18+**

No experience is needed to play one of the fastest growing sports in the county!

Pickleball is a blend of tennis and ping pong, and is played on a badminton sized court using a restricted flight plastic ball similar to a Whiffleball. All equipment is provided. For more information on the sport, visit [www.usapa.org](http://www.usapa.org). Please wear athletic shoes. All equipment is provided.

5/11-7/15 **Class #12750**  
*No class May 25*  
Mon & Wed, 5:30 PM, 2h  
R \$19 NR \$23 19 classes

5/12-7/16 **Class #12752**  
Tue & Thu, 9:00 AM, 2h  
R \$20 NR \$24 20 classes

7/20-9/23 **Class #12751**  
*No class Sept 7*  
Mon & Wed, 5:30 PM, 2h  
R \$19 NR \$23 19 classes

7/21-9/24 **Class #12753**  
Tue & Thu, 9:00 AM, 2h  
R \$20 NR \$24 20 classes

Oakwood Park Tennis Courts  
Lynn M Debroux

## Disc Golf Extravaganza

**All Ages**

This event will focus on families, friends, and fun. Games, concessions and demonstrations from professional disc golfers will go on throughout the evening.



Pre-register early to be eligible for a player's package. Entire families are encouraged to come out and participate in Germantown's newest lifetime activity. Nine holes takes approximately 45 minutes to play. We will play in "light" rain, but not if there is a storm. For more information visit [lifetimedisksports.com](http://lifetimedisksports.com). If you are interested in participating in a league, contact Terry Miller at 414-803-3307 or [terry@ProDiscGolfer.com](mailto:terry@ProDiscGolfer.com). **Register by August 4th**

8/11 **Class #12475**  
Tue, 4:30 PM, 1h30m

*Rain Date: Thu, 8/13*  
G-Town Spassland Park  
Terry Miller  
R \$3 NR \$3 1 class

## Climbing 101

**Ages 18+**

This program is the perfect opportunity for newer climbers to meet people and learn the ins and outs of the sport. Classes will focus on different aspects of climbing including; safety skills, technique, route reading, rappelling and more. Membership to Adventure Rock is included for the duration of the program, and participants will have the opportunity to reunite at Devil's Lake for an outdoor climbing experience on either July 12 or Sept. 13.

6/1-7/6 **Class #12149**  
Mon, 6:30 PM, 2h30m

7/13-8/17 **Class #12150**  
Mon, 6:30 PM, 2h30m

Adventure Rock, Brookfield  
R \$125 NR \$150 6 classes

## Group Rock Climbing

**Ages 4 - Adult**

Learn basic climbing techniques and the proper way to wear a harness. Participants will be climbing on the wall within 10 minutes. Belaying and knot tying instruction will not be given.

6/19 **Class #12146**  
Fri, 7:00 PM, 2h

8/7 **Class #12147**  
Fri, 7:00 PM, 2h

Adventure Rock, Brookfield  
R \$15 NR \$18 1 class

# Older Adults 55+



## Menomonee Falls SENIOR CENTER

- Our programs are open to all residents and non-residents ages 55+
- Programs consist of a variety of services and activities in such areas as education, creative arts, recreation, health and nutrition, leisure, and entertainment.
- The center includes media information for seniors, pool table, card playing lounge and a lending library stocked by the older adults.
- The Community Center's facilities and parking lot are handicap accessible.



### SENIOR CENTER MISSION STATEMENT

To advocate for and enhance the opportunities of senior citizens to ensure their dignity and respect in the community.

## Menomonee Falls Senior Center

Open Monday - Friday, 8:00am - 4:30pm

The Senior Center will be closed April 3, May 25, and July 3.



For more information on Adults 55+ programs, call Lori Oertel, Senior Supervisor at (262) 255-8469 Monday-Friday 8:00 a.m. - 4:30 p.m.

### Bus Service

**Ages 60 and over and adults with developmental disabilities Sunday - Friday**



**\$2 each way for local trips.** Rides are available for medical appointments, shopping, County Meal site, recreation activities, etc.

#### 1st Thursday only

Rides will be provided to and from Brookfield Square. Pick-up begins at 9:30 a.m., with arrival at Brookfield Square about 11:00 a.m. Pick-up at Brookfield Square will be at 1:00 p.m.

#### Every Monday

Every Monday the bus takes passengers to Mequon Rd. in Germantown from 9:00 a.m. to 1:30 p.m.

For more information or to make a reservation, please call Johnson Bus Co. at (262) 251-4230, Monday - Friday. Ride requests must be made at least one day in advance.

## Eirenicon Club 55+

Eirenicon Club meetings include entertainment or guest speakers, refreshments, cards, bingo and socializing. A Christmas party, anniversary party and an annual picnic are open to members only. For more information, please contact Marilyn Jaeger at 250-9867. Dues include a bi-monthly newsletter. Sign up is also available at the meetings.

1st & 3rd Wed. of the Month  
1:00 PM Community Center Rm 102  
\$14 per year

## Sing Along 55+

Anyone who likes to sing is welcome. A good voice is not required!

1st & 3rd Wed. of the Month at 10:30 AM  
Community Center  
Rm 106

**FREE**



## Warm Up America

Do you like to knit and crochet? With your help we can help those in need. Use your time and talent to create 7" x 9" rectangles in the comfort of your home. Yarn is available at the Senior Center if needed.

You can drop off your completed rectangles at the Community Center Monday - Friday, 8 a.m. to 4:30 p.m. If you would like to help assemble the squares into afghans, you can join our friendly group on Tuesdays between 9:30 - 11:00 AM.

## Drop-In Beginners Bridge

**Ages 55+**

Are you a beginner or a player not quite ready to play with "seasoned" players? Drop-in to play bridge with others at your same skill level.

6/4 - 8/27  
Thu, 1:00 - 3:30 PM  
Community Center Rm 106

**FREE**, No registration required

## Nutrition Site-Lunch Program

Community Center

Monday - Friday, Lunch served at Noon

All older adults 60+ are welcome to enjoy a delicious lunch at the nutrition site. Registration for the meal is REQUIRED one day in advance. Reserve in person or by phone at (262) 251-3406 between 9:30 a.m. and 12:30 p.m. You are encouraged to make a donation based on what you can afford - suggested amount of \$4.00. A menu is available at the nutrition site. The nutrition site is sponsored by the Aging & Disability Resource Center of Waukesha County.



## OLDER ADULT

### Low/No Vision Support Group

**Ages 18+**

Join our friendly fun group for those with impaired vision. Learn new things, listen to speakers, and make new friends with others who understand your concerns.

M 10:00 AM 1hr  
6/8, 7/13, 8/10  
Community Center Rm 106

**FREE**

### Toe Nail Trimmers

**Ages 55+**

We have registered nurses who are specially trained to trim nails. No soaking of feet is needed. **Registration is required by calling (262) 719-0336.**

W 9:00 AM – 3:30 PM  
Community Center Rm 102A  
\$27 each visit

*Make check payable to Toe Nail Trimmers*

### Books Are Us

**Ages 18+**

Join our special group of booklovers. Everyone gets to give their thoughts and point of view. Discussions are lively and thought provoking. For the current book selection or additional information, call Mary Jo at (262) 251-8917.

W 1:00 PM 1hr 30m  
The Classics 6/10, 7/8, 8/12  
Book Lover 6/24, 7/22, 8/26  
Community Center Rm 106

**FREE**

### Blood Pressure Check

**Ages 55+**

Continuous high blood pressure is a serious condition. Blood pressure can be controlled in most cases, but you need to monitor your pressure. Come in for a free check-up every month to help yourself stay healthy.

Mondays, 10:30 AM - Noon  
6/15, 7/20, 8/17  
Community Center Rm 139  
Marie Simek, LPN

# Bunko!

**Wednesdays**

**9:30 - 11:30 AM**

6/24, 7/22, 8/26

Community Center Rm 106

**\$1.00 for kitty**

**Ages 55+**

This fast paced dice game is easy enough for anyone to play. No experience necessary. Instruction will be provided to those new to the game. You might even win a prize!



### Made With Love

**Ages 40+**

If you have any kind of handwork or unfinished knitting or crochet projects, but have lost your motivation to complete them, or you would like to start a new project, this drop-in group is for you! Meet new friends, relax, and visit, as you work on your project. You'll have your project done in no time!

W 1:00 PM 2h 30m  
6/24, 7/22, 8/26  
Community Center 102B

**FREE**, No registration required

### Keep Your Golden Years Golden NEW!

**Ages 55+**

*Presented my Community Memorial Hospital.* Learn how to safely sit and stand up, prevent falls and injuries, and recognize balance issues in your home and community environment.

7/8 **Class #12565**  
Wed, 9:30 AM, 1h  
Community Center Rm 123

**FREE**, but registration is required 1 class

### Cooking Under Pressure— Nutrition Tips & Recipes NEW!

**Ages 55+**

Variety is the spice of life. Keep meals interesting and healthy by mixing up your food choices every day. Learn stress-free grocery shopping and meal preparation tips

and recipes from Amy Suttle with Home Instead Senior Care. A healthy snack will be provided.

6/10 **Class #12284**  
Wed, 10:00 AM, 1h  
Community Center Rm 123  
Amy Suttle, Home Instead Senior Care  
**FREE**, but registration is required 1 class

### Knitting

**Ages 18+**

All talent levels are welcome. Learn about the different qualities of yarn, knitting needles, and how to read a pattern. Each participant will choose a personal project to work on during class and will receive help as needed. You will also be taught some useful knitting tricks. Please bring size 8 needles and 4-ply yarn if this is your first class.

6/2-7/14 **Class #12744**  
*No class June 30*  
Tue, 9:30 AM, 2h

6/4-7/16 **Class #12745**  
*No class July 2*  
Thu, 9:30 AM, 2h

7/21-8/25 **Class #12746**  
Tue, 9:30 AM, 2h

7/23-8/27 **Class #12747**  
Thu, 9:30 AM, 2h

Community Center Rm 102 A  
Shirley Mattson  
R \$52 NR \$63 6 classes

## Older Adults 55+

### Remembering When – Fire and Fall Prevention

Ages 55+

This fall and fire prevention program focuses on eight topics to help older adults live safely at home. You may also sign up for a one-on-one home assessment at class. Presented by the M.F. Fire Department.

6/19 Class #12781

Fri 10:00 AM, 1h

Community Center Rm 109

**FREE**, but registration is required 1 class

### Retirement, 401K Plans & IRA's

Ages 55+

This course is designed to explain the different types of retirement plans with advantages and disadvantages to each. Questions will be taken at the end of the presentations. Class is free but you must pre-register.

6/22 Class #12477

Mon, 10:00 AM, 1h30m

Community Center Rm 123

Bill Doan, Assured

**FREE**, but registration is required 1 class

### Living In Your Home As Long As Possible

Ages 55+

Many people you know are moving into long term care facilities, but you may have another choice. Common sense modifications can allow you to live in your home far into the future. These changes promote safety from falls, ability to move freely about your house, and peace of mind for you and your family. Some changes are surprisingly inexpensive.

6/24 Class #12552

Wed, 10:00 AM, 1h

Community Center Rm 123

Mike Paskov, Heart & Home Midwest

**FREE**, but registration is required 1 class

## Register Early.

# Game Time!

at Menomonee Falls Senior Center

No program 4/3, 5/25 and 7/3



### Bridge

Tuesday & Friday 1:00–3:00 PM

All levels welcome.

*This is NOT an instructional class.*

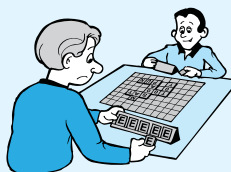
Tuesday Rm 106, Friday Rm 102A

### Scrabble

Thursday 1:00–3:30 PM

All levels welcome.

Room 120



### Sheepshead

Monday & Friday 12:00–3:00 PM

*This is NOT an instructional class.*

Room 106

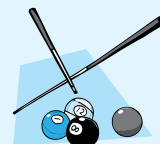


### Mah Jongg

Mondays 1:00–3:30 PM

All levels welcome

Room 102B

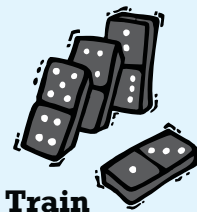


### Pool

Friday 9:30 AM–11:30 AM

All levels welcome.

Room 102A



### Mexican Train Dominos

Tuesdays 1:00–3:30 PM Room 102A

Fridays 1:00–3:30 PM Room 106

## UPCOMING EVENTS

# SAVE THESE DATES

Ages 55+

**Mid-Continent Railway Train Ride &  
International Crane Foundation – October**

**Grayslake Art & Craft Show, Illinois**  
Saturday, October 3

**“A Wonderful Life” at the Fireside**  
Thursday, November 19

**Christmas in Kohler, WI – Early December**



## Wake Up Work Out

**Ages 55+**

This low impact work out is a great way to keep your body limber and in good health. We will exercise to maintain flexibility and muscle tone. Grab a friend and join today.

6/2-7/7 **Class #12510**  
Tue, 8:30 AM, 1h

6/4-7/9 **Class #12512**  
Thu, 8:30 AM, 1h

7/21-8/25 **Class #12511**  
Tue, 8:30 AM, 1h

7/23-8/27 **Class #12513**  
Thu, 8:30 AM, 1h

R \$26 NR \$31 6 classes  
Community Center Rm 4 LL



## AARP Smart Driver Class

**Ages 55+**

Smart Driving is an updated AARP driver safety course that contains up-to-date information about changes that take place in ourselves, our vehicles and our roads, as time goes on. This course will help boost your safety awareness, refresh and improve driving skills, minimize crash risk, increase confidence, prolong mobility and maintain independence. There will be a break during the class.

9/2 **Class #12192**  
Wed, 8:30 AM, 4h  
Community Center Rm 123  
Marie Renn  
R \$20 NR \$20 1 class

## Oil Painting

**Ages 18+**

Love the idea of painting with oils but don't know where to start? Are you a painter with unfinished work? Our teacher will assist you with a project of your choice and guide you through suggestions, check composition, help with color mixing, and show you techniques to obtain certain effects. Please pick up a suggested supply list at the CE & Rec office.

6/12-8/21 **Class #12529**  
*No class July 3*  
Fri, 9:30 AM, 2h  
Community Center Rm 106  
Simone Rogina  
R \$62 NR \$75 10 classes



# BINGO!



## Monthly Jackpot BINGO

**Ages 55+**

**Monthly BINGO is here! Every player puts \$2 into the "kitty". We will play 10 games. May luck be with you!**

**Thursdays 1:15–2:30 PM**

6/4, 6/18, 7/2, 7/16, 8/6, 8/20

\$2.00 Cash, paid day of game

Community Center Rm 102

**NO REGISTRATION REQUIRED**

**FUN!  
FUN!  
FUN!**

## Hearing Loss Information Series

**Ages 18+**

Did you know hearing loss is more than just about your ears? Join us each month for a different topic related to hearing loss and your health. Each session will include a lecture as well as question & answer time. Information about telephone assistance will also be available at each session. If you have hearing aids, feel free to bring them along for a cleaning!



**June 8 11:00 AM - Noon "Hearing Better on the Telephone"**

Even if you don't have hearing loss, sometimes it can be difficult to understand others on the telephone. If you are having trouble hearing clearly on your land line or cell phone, our audiologist will guide you with individualized solutions for easier telephone conversation. Telephone assistance applications for free and low-cost amplified telephones will be taken and processed at no charge today.

**July 13 11:00 AM - Noon "What To Look For In A Hearing Aid"**

Are you confused and/or overwhelmed by all of the features and information out there about hearing aids? Our audiologist will break down the important features of hearing aids for you, and will explain which features are most appropriate for specific people, their lifestyles, and hearing goals. If you have a hearing aid(s), bring it along for a free clean & check today.

**August 10 11:00 AM - Noon "Free Hearing Screening Day"**

Free hearing screenings provided to all registered participants. Handouts will also be provided regarding the link between hearing loss and various other common health conditions such as diabetes, dementia, and heart disease.

Community Center Rm 102A

Melissa Born, Sonus

**FREE**, but registration is required by calling 262-255-8469

## Older Adults 55+

### Easy Yoga

**Ages 18+**

This gentle yoga class will emphasize alignment, stretching, and calming of the mind. Includes breath work, strengthening movement, soothing stretches and strategies for conscious relaxation. You will leave class relaxed and refreshed. Please wear comfortable workout attire, and bring a yoga mat and water bottle.

6/15-7/27 **Class #12279**

No class June 29

Mon, 10:30 AM, 45m

6/17-7/29 **Class #12280**

No class July 1

Wed, 10:30 AM, 45m

Community Center Rm 4 LL

Carmen Bond

R \$25 NR \$30 6 classes

### Zumba Gold

**Ages 18+**

Zumba Gold is the low impact version of the original Latin inspired dance fitness program, Zumba. Classes will emphasize the basics, and have been modified for the active older adult, the beginning participant, or other special populations that may need modifications for success.

6/15-7/27 **Class #12281**

No class June 29

Mon, 9:30 AM, 45m

Community Center Rm 4 LL

Carmen Bond

R \$25 NR \$30 6 classes

### Are You Ready For Medicare?

**Ages 55+**

Will you or a family member be eligible for Medicare this year? If so, please join us as we explain Medicare in easy to understand language. Any questions you may have will be addressed, and you will leave with solid information about available options, how to qualify for extra help, and information about the "Donut Hole".

7/16 **Class #12193**

Thu, 7:00 PM, 1h30m

Jeff Martin, Platinum Benefits

Community Center Rm 123

**FREE**, but registration is required 1 class

## Puttin' On The Ritz

### Formal Dance

Age 55+

Put on your fancy clothes and join us for a delightful time dancing, or just listening, to the music of "A Little Bit Of Heaven". The group will perform a mixture of polkas, waltzes, 2-steps, novelty songs, old favorites and gospel music. No partner is necessary, high school students will be on hand to dance with anyone who needs a partner. Refreshments will be served.

Wednesday, May 6

3:00 - 4:00 PM

Community Center Gym

**FREE**,

but registration is required by  
calling 262-255-8469



## BIG BUCK\$

# BINGO

**Age 55+**

No money needed. Non-cash prizes will be awarded.

Sponsored by Heritage Senior Living

Wednesday, July 29 1:15-2:30pm

Community Center Rm 102

**FREE**, no registration required



## Rudolph Grotto Gardens - Trip to Central Wisconsin



**Ages 55+**

Our coach bus is headed to the beautiful Rudolph Grotto Gardens, where we will meander over five acres of paths, and enjoy various shrines depicting the Fourteen Stations of the Cross and the Seven Sorrows of Mary. Bright with flowers, plants and trees, the gardens and shrines provide a spiritual setting where one can spend quiet moments. We will enjoy a picnic style lunch provided by the ladies of the church. Then off to Glacial Lake Cranberries for a tour of the cranberry beds, which will be covered with delicate pink cranberry blossoms. We will finish our day with a brief stop in downtown Wisconsin Rapids to enjoy the sights and sounds of the Cranberry Blossom Festival. Please note: you must supply your doctor's name and phone number at time of registration. **Please sign in at 7:00. Bus leaves promptly at 7:15.**

**Register by May 22**

6/18 Class #13039  
Thur, 7:15 AM - 6:30 PM  
Thomas Jefferson School Parking Lot  
R \$69 NR \$74

## Experience Chicago – By Land & By Water



**Ages 55+**

Join us as we head to Chicago to experience the city by land and by sea. We will begin our day enjoying the shops, sights and sounds of the world famous Navy Pier. Our next stop will be a buffet style lunch at an Irish Pub. Then we are headed to the Wrigley Building where we will depart for a 90 minute cruise offering breathtaking views and a live narration highlighting Chicago's rich history and architectural heritage. Lunch is included in fee. Please note: you must supply your doctor's name and phone

number at time of registration. **Please sign in at 8:00. Bus leaves promptly at 8:15.**

**Register by June 20**

7/14 Class #13042  
Thu, 8:15 AM - 5:30 PM  
Thomas Jefferson School Parking Lot  
R \$74 NR \$79

## Go Pack Go - Trip to Green Bay



**Ages 55+**

Join us as we travel by coach bus to the home of the Green Bay Packers! We will begin our day with a guided bus tour of the Packers Heritage Trail. Twenty two bronze commemorative plaques, located throughout Green Bay, tell the historical story of the Green Bay Packers. We will stop at a few points of interest for some great photo opportunities, and if time permits, we will even watch the Packers practice. Lunch will be enjoyed on the Fox River at Titledown Brewing Company, where you will have a choice of Baked Cod, Smothered Chicken or Titledown Chop Steak. Our last stop will be the Lambeau Field Atrium and the Packer Pro Shop. Please indicate your meal choice when registering. Please note: you must supply your doctor's name and phone number at time of registration. **Please sign in at 6:45. Bus leaves promptly at 7:00.**

**Register by July 6**

8/4 Class #12779  
Tue 7:00 AM - 5:30 PM  
Thomas Jefferson School Parking Lot  
R \$54 NR \$59

## Trip to Madison's Farmers Market



**Ages 18+**

Put on your walking shoes, grab your shopping bag, and join us as we enjoy the day shopping over 200 vendors at the Madison Farmers Market. Enjoy live music,

visit the Wisconsin Veterans Museum on the Capitol Square, or take a stroll down State Street to do some people watching, the choice is yours. Our last stop will be Memorial Union Terrace on the shores of Lake Mendota, where we will picnic on a purchased lunch or on our own market finds. Please note: you must supply your doctor's name and phone number at time of registration. **Please sign in at 6:15. Bus leaves promptly at 6:30.**

**Register by August 20**

8/29 Class #13041  
Sat, 6:30 AM - 2:00 PM  
Thomas Jefferson School Parking Lot  
R \$29 NR \$34

## Discover Kenosha



**Ages 55+**

Join us as we travel by coach bus to Discover Kenosha. We will begin our day with a guided tour of the Civil War Museum. Next we will have a scenic tour of Lake Michigan and the historic downtown by way of an electric streetcar. We will enjoy a buffet style lunch of broasted chicken and roast beef at the Boat House Pub, Kenosha's original harbor side restaurant. The Southport Light Station Museum at Simmons Island Park will be our next stop, where we will tour the lighthouse keeper's cottage, which has been restored to a 1908 time period. There will be an option to climb the 72 steps to the top of the 55 foot tall lighthouse for an additional \$10, payable that day. On our way out of town, we will make a final stop at Tenuta's Italian Market & Delicatessen, where you can pick up imported meats, cheeses or get a fresh homemade cannoli! Please note: you must supply your doctor's name and phone number at time of registration. **Please sign in at 8:30. Bus leaves promptly at 8:45.**

**Register by August 7**

9/10 Class #12780  
Thu, 8:45 AM - 5:30 PM  
Thomas Jefferson School Parking Lot  
R \$59 NR \$64



### Trip Refund Policy

*We understand that plans can change and you may not be able to attend a trip for which you have registered. However, refunds can only be given if we can register someone from our waiting list to take your place.*

# Community Events & Activities

## Food Pantry

N85 W15382 Menomonee River Pkwy.



Open:

Tuesday & Thursday

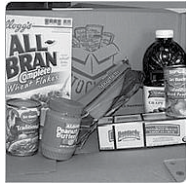
12:30 - 2:00 PM &

5:30 - 7:00 PM

For more information, call  
(262) 251-6848.

## Stock Box Distribution

Ages 60+



Distributed by the Hunger Task Force, the box contains 35 pounds of food from the U.S. government. To qualify, your income must be \$1,275 or less per month for a single person, or \$1,726 for a household

of two. New sign-ups are accepted on distribution dates. Please bring proof of residency and a photo ID that includes your date of birth.

Distribution Dates:

6/15, 7/20, 8/17

12:30 - 1:30 PM

MF Community Center Rm 102A

## The Parent Connection

A support group for parents with special needs children. Please call Stephanie Schneider at (262) 255-9112, for more information.

## Menomonee Falls Fire Dept.



The MF Fire Dept. is proud to offer programs and services including; Life File, Senior Safety and Home Inspection. For more information on these and other programs offered by the Department, please call (262) 532-8823 or visit [menomonee-falls.org/fire](http://menomonee-falls.org/fire).



## Volunteer VoICE

in Community Education

VoiCE is a central source for volunteerism in Menomonee Falls. We connect individuals and groups with meaningful opportunities that benefit the schools and community.

If you have a need for a volunteer, or would like to be a volunteer and make a difference, please contact Lori Oertel (262) 255-8469, or email Lori at [Oertlor@sdmfschools.org](mailto:Oertlor@sdmfschools.org).

## How to Reserve a Park

Menomonee Falls Park Department

(262) 532-4200

Menomonee Park (Lannon)

(262) 255-1310

## Other Important Numbers

Menomonee Falls Public Library

[home.mf.lib.wi.us](http://home.mf.lib.wi.us)

(262) 532-8900

Menomonee Falls Village Hall

[www.menomonee-falls.org](http://www.menomonee-falls.org)

(262) 532-4200

Menomonee Falls Community Chamber

[fallschamber.com](http://fallschamber.com)

(262) 251-2430

Menomonee Falls Village Centre

[menomoneefallsdowntown.com](http://menomoneefallsdowntown.com)

(262) 251-8797



## Upcoming Village Events

### Farmers Market

May 6–October 28

North MS parking lot off of Main St.

[menomoneefallsdowntown.com](http://menomoneefallsdowntown.com)

### Easter Egg Hunt

Friday, April 3 - 7:00pm

Village Park, 6:00 clowns, 7:00 Egg hunt starts. Bring your basket.

[menomoneefallsdowntown.com](http://menomoneefallsdowntown.com)

### Village & Park Clean-Up

Saturday, April 18

Rotary Park Shelter 1, 9:00 AM - Noon

### Memorial Day Program

Thursday, May 21 – 9am

North Middle School auditorium.

### Memorial Day Parade

Monday, May 25 - 10am

[fallsparades.org](http://fallsparades.org)

### Independence Day Parade

Friday, July 3 – 7:00pm

[fallsparades.org](http://fallsparades.org)

### Falls Fest

Thurs., July 23 – Sun., July 26

Village Park

[falls-fest.com](http://falls-fest.com)

### Wheeling for Healing

Saturday, August 8

Register online in June at [communitymemorialfoundation.com](http://communitymemorialfoundation.com); call (262) 257-3761.

### HAWES Pet Fair

Saturday, August 15

Rotary Park Shelter 1, Free, 9 AM–4 PM.

### Old Falls Village Events

May 30–31: Old Falls Village Days

July 18-19: Civil War Encampment

Sept. 18-20: Artist Ride

Oct. 23-24: Halloween Fun Night





# MEMORIAL DAY —PROGRAM—

*Students and Veterans honoring our Military*

**THURSDAY, MAY 21, 2015**

North Middle School Auditorium  
N88 W16750 Garfield Drive

9:00 – 9:15 a.m.	Gathering Time
9:15 – 10:15 a.m.	Presentation
10:15 – 11:00 a.m.	Refreshments

**The Menomonee Falls School District does not directly plan or administer the following programs. Please contact the respective program providers for further information and how to get involved!**

**Accompany of Kids**      262-251-5225      [aokwi.org](http://aokwi.org)

This MF based premier performing arts group trains youth ages 4-20 in vocal, dance and performance techniques. Members are showcased in various venues throughout Southeastern Wisconsin.

**Art Guild of M.F.**      414-719-6613      [artguildmf.org](http://artguildmf.org)

Our focus is to provide art lovers and local artists of all ages living in and around MF with opportunities and resources for networking, exhibitions, and artistic development. Meetings are held at the Menomonee Falls Library.

**MF Angels**      [FallsAngels.com](http://FallsAngels.com)

This competitive, girls fast pitch organization emphasizes softball fundamentals in order to develop skills, build character and create leaders.

**MF Jr. Indian Baseball**      [eteamz.com/mfjibaseball](http://eteamz.com/mfjibaseball)

A select youth baseball program for boys, ages 9-14, who reside in the M.F. school district. Teams play in the Wisconsin State Youth Baseball League.

**MF Camera Club**      262-251-7106      [falls-photo.org](http://falls-photo.org)

Adults 18+ can attend meetings consisting of programs by professional photographers, field trips, photo competitions and workshops. Meet and associate with others who have an interest in photography. Contact Bill Rietz.

**MF Dolphinettes**      262-623-6100      [mfdsynchro.org](http://mfdsynchro.org)

The Olympic Sport of synchronized swimming open to girls ages 8-18, and will teach swim routines to music. Competition and participation in the annual water show is open to all members. Contact Linda Loehndorf.

**MF Jr. Indian Basketball**      [mfyba.com](http://mfyba.com)

Dedicated to fun and learning through recreational basketball for boys & girls in grades 3 - 8. Jr Indians Basketball is a more competitive select league for 5th - 8th grade students that requires tryouts.

**MF Jr. Indian Football/Cheerleading**

[eteamz.com/MFjrIndiansFootball](http://eteamz.com/MFjrIndiansFootball)

Full contact football with teams in 5th – 8th grade divisions, open to all students enrolled in the MF School District. Learn the basic offensive and defensive plays of the MF High School.

**MF Little League Baseball/Softball**      [fallslittleleague.org](http://fallslittleleague.org)

A developmental softball and baseball league open to MF resident children ages 4 –18. Registration takes place in January, with the season running through the end of June and an in-house tournament in July.

**MF Jr. Indian Wrestling**      262-781-7258      [fallswrestling.com](http://fallswrestling.com)

Open to youth K-8 with the goals of teaching the fundamentals of wrestling, providing competition and teaching good sportsmanship. Season runs December thru March with registration in late October. Contact Tom Daly.

**MF Patio Players**      **Box Office 262-255-8372**

**Email [fallspatioplayers@yahoo.com](mailto:fallspatioplayers@yahoo.com) | [fallspatioplayers.com](http://fallspatioplayers.com)**

This community theatre group will entertain you with quality productions of plays and musicals. For information regarding upcoming shows, or to order tickets online, please check out our website.

**MF Swim Club**      [mfswim.org](http://mfswim.org)

MFSC is a year round competitive swimming team instructed by experienced and certified coaches, offering stroke technique, training and competition to young people ages 5 and up.

**Milwaukee Kickers – Falls**      [mksc.org](http://mksc.org)

Open to boys and girls aged 6-16, the club offers a great opportunity for kids to compete in multiple levels of team soccer.

# REGISTRATION FORM Online registration is available at fallsrec.org



**HEAD OF HOUSEHOLD**

Last / First Name \_\_\_\_\_ Birthdate (Month/Date/Year) \_\_\_\_\_ Gender (M or F) \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone (\_\_\_\_\_) \_\_\_\_\_ Work Phone (\_\_\_\_\_) \_\_\_\_\_ Email address \_\_\_\_\_

Cell Phone (\_\_\_\_\_) \_\_\_\_\_ Cell Phone Carrier\* \_\_\_\_\_ Must be included to receive a receipt

\*By providing your carrier, you agree to receive text messages from MF CE & Rec.

Which school district boundary do you live in?  Menomonee Falls  Hamilton (Sussex)  Other

**EMERGENCY CONTACT**

Your emergency contact should NOT be a contact within the same household, but rather an alternate contact in the local area. The emergency contact is only contacted if we cannot reach the primary household contact (e.g. parent/guardian) already on file.

Name \_\_\_\_\_ Relationship \_\_\_\_\_ Home Phone \_\_\_\_\_ Other Phone \_\_\_\_\_

**PARTICIPANT INFORMATION**

Participant First & Last Name	M/F	Birthdate	Attend SDMF Schools	T-Shirt Size (mandatory)	Activity Name	Class #	Date, Day & Time of Class	Fee
			[ ] Yes [ ] No	Youth: S M L Adult: S M L XL				
			[ ] Yes [ ] No	Youth: S M L Adult: S M L XL				
			[ ] Yes [ ] No	Youth: S M L Adult: S M L XL				
			[ ] Yes [ ] No	Youth: S M L Adult: S M L XL				

**PAYMENT**

**Make checks payable to:** MF CE & Rec, **mail to** W152 N8645 Margaret Rd., Menomonee Falls, WI 53051 **or fax to** (262) 255-8411

Cardholder Name: \_\_\_\_\_ Number: \_\_\_\_\_

Exp. \_\_\_\_\_ VCode \_\_\_\_\_ Cardholder Signature \_\_\_\_\_

**ADULT SIGNATURE REQUIRED!** I hereby understand that I or my child has registered to participate in a program sponsored by the Menomonee Falls Community Education & Recreation Dept. I understand that participating in this activity has some inherent risk and I assume full responsibility for injuries incurred while participating in this program. I understand that photos may be taken of myself or my child and used for promotional purposes. **Please notify your instructor if the participant has any special medical conditions or needs.**

**Adult Signature** \_\_\_\_\_ Date \_\_\_\_\_

## PLEASE READ BEFORE REGISTERING FOR ANY PROGRAM OR ACTIVITY

### RETURNED CHECK POLICY

A \$30 service charge is assessed on all checks returned due to insufficient funds.

### RESIDENTS/NONRESIDENTS

**Residents:** A resident is defined as a taxpayer or a dependent of a taxpayer that resides in the Village of Menomonee Falls (this includes renters). Children who do not live in Menomonee Falls but attend a public school within the School District of Menomonee Falls are considered residents, but their parents are considered nonresidents. **Nonresidents:** A nonresident is defined as a person who does not live within the Village of Menomonee Falls. Nonresidents who register using false information will forfeit their right to participate and no refund will be given.

### AGE MINIMUM

Participants registered for any class must meet the minimum age requirement prior to or on the first day the class begins. Please do not request to have your child put in a class where they do not belong. The ages are set to ensure the safety and benefit of the participants as well as the program leaders.

### FEE POLICY

Program fees are assessed in order to defray the cost of program operation. The CE & Rec Dept. believes in providing program services to all who desire to participate in recreation activities. Financial assistance is available to Menomonee Falls residents through employment, scholarships or volunteerism by contacting the Director at 262-255-8460.

- A 5% sales tax is included in the fee on all non-instructional programs.
- Program fees are not prorated.

### SWIM LESSON TRANSFER/ CANCELATION POLICY

Please check with your child's instructor, or wait until your child has completed their current swim level before registering for the next session of swim. In the event

### 100% Program Satisfaction

## Guarantee!

The CE&Rec team is constantly striving to provide you with high quality recreation activities, events and programs. We are confident that you will like these programs - so confident that we will ensure our promise to provide that high quality. If you or your child are participating in a program, and you are not completely satisfied, please notify us. We will send you a refund application to complete. Once we have received your completed application, we will then arrange for you to do one of the following:

- Repeat the class at no charge
- Credit your account to be used on a future registration.
- Receive a refund

Requests must be made on the provided application within 10 business days after the program has been completed. **Exclusions to this policy include Adult and Youth Athletic Leagues, Club Sports, Trips, and the Kids INC program.**

you register for an incorrect level, a \$10 fee will be charged for any transfers or cancellations.

### WAITING LIST

Any participant who desires to enroll in a class that is full may place their name on the waiting list. There are no guarantees for placement. The waiting list is compiled on a first come first serve basis.

### CANCELATIONS

When the School District cancels due to weather conditions, all CE & Rec activities will also be canceled. Cancellations due to inclement weather will be announced on our website and our Program Information Line at 262-255-8376. Participants will be notified by email, in writing or by phone of any cancellations caused by instructor or facility changes. **NOTICE: Every effort will be made to reschedule classes canceled due to inclement weather. However, if classes cannot be rescheduled, no refunds will be given.**

### INSURANCE POLICY

The CE & Rec Dept. does not provide accident insurance for participants in any of its programs. All participants assume some inherent risk of injury from their involvement in the programs or activities outlined in this brochure.

### MEDICAL CONDITIONS

If there is any medical condition or other information you are aware of that could affect someone's participation in a recreation program or activity, please contact the Department to discuss this matter, and notify your instructor on the first day of class.

### NO SMOKING/ ALCOHOL USE POLICY

The use of all tobacco products or drinking of alcoholic beverages on premises owned by the School District of Menomonee Falls is forbidden by State Law. Your cooperation in upholding this law is mandatory.

### SENIOR DISCOUNT



Adults 60 years and older are entitled to approximately a 20% discount on selected programs. The senior discount does not apply to all programs. Programs designated for individuals 55+ are already discounted. Please present proof of age when registering. For information about senior discounts, please call 262-255-8460.

Register online at [fallsrec.org](http://fallsrec.org)





100% Program Satisfaction  
Guaranteed!

Non-Profit Org.  
U.S. Postage  
**PAID**  
Menomonee Falls, WI  
Permit #31

W152 N8645 Margaret Road  
Menomonee Falls, WI 53051

ECRWSS  
RESIDENTIAL CUSTOMER

NEW CLASSES!

**Youth**

- Pre-Beginner Irish Dance
- Get Ready to JIG at Irish Fest
- Jazz Dance
- KidsSports–Field Hockey, Multi-Sport
- Sports of All Sorts–Baseball, Soccer, Football, Sampler
- Young Rembrandts Cartooning Under the Sea
- Young Rembrandts Underwater Explorers Cartoon Drawing
- Kids and Clay
- Pirates, Aliens, Robots and Who?
- Young Rembrandts—Dr. Seuss Preschool Drawing

**Older Adult**

- Retirement, 401K Plans & IRA's
- Keep Your Golden Years Golden
- Remembering When–Fire and Fall Prevention
- Cooking Under Pressure–Nutrition Tips & Recipes
- Living In Your Home As Long As Possible
- Go Pack Go–Trip to Green Bay
- Discover Kenosha
- Rudolph Grotto Gardens–Trip to Central Wisconsin
- Experience Chicago by Land & By Water

**Adult**

- Prepare Your Student For A Healthy School Year
- Implementing A Healthy Diet
- Introduction to Backyard Beekeeping
- Poetry Writer's Guild
- Trip to Warren's Cranberry Festival
- Trip to Madison's Farmers Market

ONLINE  
REGISTRATION  
OPENS

Sunday, April 19  
at 9:00pm

(Non-Resident April 23)



MEMORIAL DAY  
—PROGRAM—

THURSDAY, MAY 21  
NORTH MIDDLE SCHOOL

See page 53 for more information



**fallsrec.org**



facebook.com/fallsrec

@fallsrec