

SCHOOL DISTRICT OF MENOMONEE FALLS

CE&Rec

Community Education & Recreation

Activity Guide

W152 N8645 Margaret Rd. Menomonee Falls, WI 53051 | (262) 255-8460 | fallsrec.org

Summer 2017



See page 27 for
Falls Summer Academy program courses!



Hi!

WELCOME



A Message From The Superintendent



Dear Parents and Community Members,

It is time to register for our Summer Learning Academy and our CE & Recreation summer activities. We are so excited to share what we have to offer! The quality of our classes and programs is among the very best. Our principals, teachers, and program leaders can't wait to see you.

Summer learning is so important for our students and our participation continues at record numbers. Our CE & Rec youth programming highlights many new opportunities. Highlights include painting, archery, kayaking, legos, and nature quest. Our adult programming highlights memoir writing, watercolor, summer crafts, and a fire pit installation workshop. Our learning seminars include strategies to protect your assets, memory screening, caregiver support group, and funding senior care. The list of new offerings is extensive.

Registration for the 2017-18 school year is underway. We are honored to serve this community and to educate each child well within our schools. Please contact your school office if you have a school aged child needing to be registered for fall. Our schools and our CE & Rec programs are recognized for excellence. Quality programs, excellent teachers, energized coaches and program leaders make a difference within the School District of Menomonee Falls. We perform among the very best of all schools in Wisconsin. Our community has valued the depth of programming and excellence in service.

Please take a moment to look at the range of opportunities available and plan to join us over the summer months. Register early as many offerings will fill fast.

Sincerely,

Patricia Fagan Greco, Ph.D.
Superintendent of Schools

SCHOOL DISTRICT OF MENOMONEE FALLS

CE&Rec

Community Education & Recreation

OUR MISSION:

Enhancing the quality of life by providing recreational, educational, and social opportunities in partnership with schools, organizations, and the community.

Recreation Commission Members:

Chris Pitrof, Barb Taggart,
Larry Podolske, Carol Hennessy,
Harry Goetz and Julie Jakubowski.

Recreation Commission Meetings

The Recreation Commission meets at the Community Center the 1st Monday of the month. For meeting dates, please call our office at 262-255-8460.

Menomonee Falls Community Education & Recreation Department

Offices are located in the
Menomonee Falls Community Center
W152 N8645 Margaret Road
Menomonee Falls, WI 53051
www.fallsrec.org

Office Hours

Monday - Friday 8:00 AM - 4:30 PM

Phone 262-255-8460

Fax 262-255-8411

**Office will be closed April 14, May 29,
and July 4.**

At Your Service

Jason Husslein, Director

Dan Zeroth, Recreation Supervisor

Candice Southcott, Recreation Supervisor

Lori Oertel, Older Adult and Volunteer
Supervisor

Patti Pirlot, Administrative Assistant

Julie Hardy, Administrative Assistant

Deb Williamson, Administrative Assistant

Inclement Weather Cancellations

Call 262-255-8376



Call the information line
FIRST for cancellation
notices due to inclement
weather.

Cancellations will also be posted on our
website and Facebook page.



FallsSummerAcademy

MOST CLASSES ARE FREE!

See page 27



WHEN TO REGISTER

RESIDENT online registration begins Sun, April 23, 9:00 PM
Mail/Drop Box/Fax Mon, April 24
NON-RESIDENT online registration begins Thurs, April 27, 9:00 PM



5 Easy Ways to Register

Register Online - Best chance to get into the class that you want.

Go to www.fallsrec.org and click on "View Activities and Register Online"

- Sign in to your account.
- If you do not have an account, select "Create an account". You must create an account for an adult first, then add any children.

Register by FAX

Complete the registration form at the back of the guide and fax it to (262) 255-8411.

Register by Mail

Complete the registration form at the back of the guide and mail it to: CE & Rec Dept. W152 N8645 Margaret Rd., Menomonee Falls, WI 53051

Drop In Registration

8:00 AM - 4:30 PM

Stop in our office with a completed registration form, or blank forms are available in our office.

After Hours Outdoor Drop Box

There is an outdoor drop box located next to the front entrance of the Community Center. Box is emptied Monday - Friday at 8:15 AM.



Please Note! All registrations received prior to the appropriate registration date will be held and processed when registration begins.

Summer 2017

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Menomonee Falls CE & Rec is a proud member of:



The School District of Menomonee Falls does not discriminate in employment, program opportunities, or delivery of services. WI Statute 118.13



OPEN SWIM



Important Policies

Pool rules are enforced at the discretion of the Head Lifeguard. Safe, appropriate behavior is expected by all swimmers. Those making a safe environment difficult will lose the privilege of swimming for a specified time period.

Supervision

Children who are 6 years or younger must be within 6 feet of an ADULT (age 18+) at all times. Adult must be swimming with child at all times.

When should participants arrive?

Swimmers should arrive to allow enough time in the locker room but should not go out to the pool until 5 minutes prior to scheduled swim. The swim staff does NOT supervise participants either prior to or after dismissal from pool.

What to bring?

Participants must furnish their own suits, locks and towels. We are not responsible for participants' belongings.

Locker Room

Attendants are NOT on duty. You are responsible to assist your child in the locker room. A shower is required prior to entry in the pool area. PLEASE NOTE: Youth 5 years or older must use the appropriate gender locker room.

Spectators

For health and safety reasons, viewing is allowed from the balcony area only.

Pool Toys

Toys from home are not allowed. There are many toys provided at the pool for all to enjoy. Participants are allowed to wear lifejackets and water wings per lifeguard's discretion.

Pool Closings

Pool closure is determined when the lifeguard declares an emergency situation that includes, but not limited to the following:

- Rescue / accident situation
- Lightning or inclement weather

Pool Facts ...

Pool size is 25 Yards / 6 Lanes
Depth ranges from 3-1/2 to 12 feet
1 mile = 72 lengths or 36 laps
Average temperature is 84 degrees

Open Swim

North Pool Swim Pass

A family or child swim pass entitles the owner admission to Open and/or Lap Swim at the North Middle School Pool. Passes can be purchased at the CE & Rec Office or the North pool. Proof of residency may be required. A list of all pass holders will be kept at the pool.

Summer Swim Pass

Valid June 12 – August 5

	Resident	Non-Resident
Child	\$24	\$29
Family	\$59	\$71

Open/Adult Lap Swim Fees Per Use

Child (3-17)	\$2.00 (under 3 Free)
Adult (18+)	\$3.00

Open/Adult Lap Swim

Spring Session: March 1 – June 10 (Closed 5/27, 5/29)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lap Swim 3:45–4:45 PM	Lap Swim 3:45–5:00 PM	Lap Swim 3:45–4:45 PM	Lap Swim 3:45–5:00 PM	Lap Swim 3:45–4:45 PM	Lap Swim 12:00–1:00 PM
Open Swim 7:00–9:00 PM	Open Swim not available	Open Swim 7:00–9:00 PM	Open Swim not available	Open Swim 7:00–9:00 PM	Open Swim 1:00–3:00 PM
Closed 4/10, 4/17	Closed 4/11	Closed 4/12	Closed 4/13	Closed 4/14	Closed 4/15



SPECIAL Spring Swim:

Monday, April 10 & Wednesday, April 12

Family Swim 2:00–4:00 PM | Lap Swim 4:00–6:00 PM

Summer Session: June 12 – August 8 (Closed 7/3 after 5 PM and 7/4)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lap Swim 12:00–1:00 PM	Lap Swim 12:00–1:00 PM	Lap Swim 12:00–1:00 PM	Lap Swim 12:00–1:00 PM	Lap Swim 12:00–1:00 PM	Lap Swim 12:00–1:00 PM
Open Swim 1:00–4:00 PM	Open Swim 1:00–4:00 PM	Open Swim 1:00–4:00 PM	Open Swim 1:00–4:00 PM	Open Swim 1:00–4:00 PM	☺ Family Fun 1:00–4:00 PM
Lap Swim 4:00–4:45 PM	Lap Swim 4:00–4:45 PM	Lap Swim 4:00–4:45 PM	Lap Swim 4:00–4:45 PM	Lap Swim 4:00–4:45 PM	Not Available
Open Swim 7:00–9:00 PM	Not Available	Not Available	Not Available	☺ Family Fun 7:00–9:00 PM	Not Available



FAMILY FUN Swim:

Family Fun swim time provides inner tubes, pool noodles and other pool toys for extra family fun! Regular open swim fees apply.



The North pool will close on Aug. 9 due to construction. Additional open swim and /or lap swim times may be added at the High School. Visit our website and Facebook page throughout the summer for updates.



Punch Cards

An Adult or Senior Punch Card entitles the owner admission 12 times to Open and/or Lap Swim. Punch cards can be purchased at the CE & Rec Office or the North pool. Cards expire one year from date of purchase. Cards are non-transferrable.

	Resident	Non-Resident
Adult	\$35	\$42
Senior	\$28	\$34



American Red Cross Daily Swim Lessons Ages 1–18 years

Daily Lesson classes will be held Monday through Thursday at North Middle School Pool. If classes need to be cancelled during the week due to lightning, inclement weather, accident or incident, make-up classes will be held on Friday of that week.

Monday – Thursday, 8 classes		Fee: \$44 Resident, \$55 Non-Resident					Fee: \$49 R, \$64 NR		
Level	Parent/Child 1 & 2	Preschool 1	Preschool 2	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6
Session I: June 12 –22									
9:00 – 9:30 a.m.			16752	16759		16785			
9:00 – 9:45 a.m.							16803		
9:35 – 10:05 a.m.				16760	16771	16786			
9:50 – 10:35 a.m.								16811	
10:10 – 10:40 a.m.		16748			16772	16787			
10:40 – 11:25 a.m.							16804		
10:45 – 11:15 a.m.				16761	16773	16788			
11:20 – 11:50 a.m.	16756				16774	16789			
11:30 – 12:15 p.m.									16815
Session II: June 26 – July 7									
No class July 4									
9:00 – 9:30 a.m.			16753	16762		16790			
9:00 – 9:45 a.m.							16805		
9:35 – 10:05 a.m.				16763	16775	16791			
9:50 – 10:35 a.m.								16812	
10:10 – 10:40 a.m.		16749			16776	16792			
10:40 – 11:25 a.m.							16806		
10:45 – 11:15 a.m.				16764	16777	16793			
11:20 – 11:50 a.m.	16757				16782	16794			
11:30 – 12:15 p.m.									16816
Session III: July 10 – July 20									
9:00 – 9:30 a.m.			16754	16765		16795			
9:00 – 9:45 a.m.							16807		
9:35 – 10:05 a.m.				16766	16778	16796			
9:50 – 10:35 a.m.								16813	
10:10 – 10:40 a.m.		16750			16779	16797			
10:40 – 11:25 a.m.							16808		
10:45 – 11:15 a.m.				16767	16780	16798			
11:20 – 11:50 a.m.	16758				16781	16799			
11:30 – 12:15 p.m.									16817
Session IV: July 24 – August 3									
9:00 – 9:30 a.m.			16755			16800			
9:00 – 9:45 a.m.							16809		
9:35 – 10:05 a.m.				16768	16783				
9:50 – 10:35 a.m.								16814	
10:10 – 10:40 a.m.		16751				16801			
10:40 – 11:25 a.m.							16810		
10:45 – 11:15 a.m.				16769	16784				
11:20 – 11:50 a.m.				16770		16802			
11:30 – 12:15 p.m.									16818



WEEKLY SWIM LESSONS

North Middle School Pool 8-Weeks | Ages 1-18 years



You must wait until your child has completed their current swim level before registering for the next level. You may register your child for only one session of swim lessons at a time.

How to Determine Swim Level

- ✓ Testing is not needed if enrolling in Parent/Child Aquatics.
- ✓ If your child has not participated in swim lessons through Menomonee Falls CE & Rec, they MUST be tested before enrolling in class.
- ✓ Children may be tested, free of charge, at the North Middle School Pool during any open swim times.



Weekly Lessons	Fee: \$44 Resident, \$55 Non-Resident								Fee: \$49 R, \$64 NR		
	Parent/ Child 1	Parent/ Child 2	Parent/ Child 1 & 2	Preschool 1	Preschool 2	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6
Mondays June 12-August 7 (No class July 3)											
4:45 – 5:15 p.m.					16670			16702			
4:45 – 5:30 p.m.									16714		
5:20 – 5:50 p.m.				16664			16690				
5:35 – 6:20 p.m.										16722	
5:55 – 6:25 p.m.						16682		16703			
6:30 – 7:00 p.m.							16691				
Tuesdays June 13-August 8 (No class July 4)											
4:45 – 5:15 p.m.					16671		16692				
4:45 – 5:30 p.m.									16715		
5:20 – 5:50 p.m.				16666			16693				
5:25 – 6:10 p.m.											
5:35 – 6:20 p.m.										16723	
5:55 – 6:25 p.m.						16683		16704			
6:25 – 7:10 p.m.									16716		
6:30 – 7:00 p.m.						16684	16694				
Wednesdays June 14-August 2											
4:45 – 5:15 p.m.				16665	16672		16695				
5:20 – 5:50 p.m.			16677			16685		16705			
5:55 – 6:25 p.m.						16686	16696	16706			
6:30 – 7:00 p.m.					16673			16707			
6:30 – 7:15 p.m.											16725
Thursdays June 15-August 3											
4:45 – 5:15 p.m.				16667				16708			
4:45 – 5:30 p.m.									16717		
5:20 – 5:50 p.m.					16674		16697				
5:35 – 6:20 p.m.											16726
5:55 – 6:25 p.m.			16678					16709			
6:25 – 7:10 p.m.									16718		
6:30 – 7:00 p.m.						16687	16698				

WEEKLY SWIM LESSONS & AQUATIC PROGRAMS



Weekly Lessons, cont'd	Fee: \$44 Resident, \$55 Non-Resident								Fee: \$49 R, \$64 NR		
	Parent/ Child 1	Parent/ Child 2	Parent/ Child 1 & 2	Preschool 1	Preschool 2	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6
Fridays June 16-August 4											
4:45 – 5:30 p.m.									16719		
4:45 – 5:15 p.m.						16688	16699				
5:20 – 5:50 p.m.					16675			16710			
5:35 – 6:20 p.m.										16724	
5:55 – 6:25 p.m.				16668			16700				
6:25 – 7:10 p.m.									16720		
6:30 – 7:00 p.m.			16679					16711			
Saturdays June 17-August 5											
9:00 – 9:30 a.m.	16680										
9:35 – 10:05 a.m.		16681									
9:45 – 10:30 a.m.									16721		
9:50 – 10:20 a.m.				16669							
10:25 – 10:55 a.m.					16676						
10:35 – 11:05 a.m.								16712			
11:00 – 11:30 a.m.						16689					
11:10 – 11:40 a.m.							16701				
11:35 – 12:05 p.m.								16713			



It's never too late to learn how to swim ...

Adult/Teen Swim

Ages 13+

This class is designed for students who have never taken swimming lessons, or who need help with strokes or skills. Individual plans are developed to meet your needs.

6/17-8/5 Class #16643
Sat, 9:00 AM, 45m
North Middle School Pool
R \$49 NR \$64 8 classes

Aquapals

Ages 5 - 16 w/disabilities

Children with special needs will learn and improve swimming skills with specialized swimming instruction. We provide one instructor per 3 students.

6/12-8/7*
6:30 PM Class #16638
Mon, 30m

6/17-8/5
10:10 AM Class #16639
10:45 AM Class #16640
11:20 AM Class #16641
Sat, 30m

*No class July 3
North Middle School Pool
R \$44 NR \$55 8 classes

Adult Beginner Swim

Ages 18+

This class is for adults who have never taken swimming lessons, or just need help with strokes or skills. Individual plans are developed to meet your needs.

6/12-8/7 Class #16642
No class July 3
Mon, 6:25 PM, 30m
North Middle School Pool
R \$44 NR \$55 8 classes

Summer Kids INC

Entering Grades 4K-6

June 12–August 23 (No program on July 4, August 24 & 25)

How To Register

Annual Registration Fee of \$15 Required. Annual registration must be completed prior to registering for any individual dates. Annual registration is required each year, and is separate from the school year Kids INC registration fee. A registration form can be completed and turned into our office or registration can be done online.

Falls Summer Academy will take place at the following locations:

- Grades 4K–2 at Ben Franklin.
- Grades 3–5 at Riverside.
- Grades 6–8 at MFHS.

Grade In Fall	Program	Location	Class #
Grade 4K or 5K	Kids INC Jr.	Ben Franklin	16539
Grades 1 – 6	Kids INC	Ben Franklin	16538
Grades 1 – 6	Kids INC	Riverside	16540

When to Register for Individual Dates

Registration is due by Wednesday. Once annual registration has been completed you must register your child through the CE & Rec office by 4:30 PM, or online by 11:00 PM by the Wednesday prior to the week you wish to have your child participate in the program. Registration received after Wednesday will include a \$5 late fee per option.

Daily Fee: A minimum of 8 days per month is required.

Kids INC Jr: Grades 4K & 5K 6:30 AM – 6:00 PM	Kids INC: Grades 1 – 6 6:30 AM – 6:00 PM
Resident Fees \$39 per day or \$44 if late	Resident Fees \$29 per day or \$34 if late
Non-Resident Fees \$47 per day or \$52 if late	Non-Resident Fees \$35 per day or \$40 if late

What if my child is attending Summer School?

If your child is attending Summer School, please sign them up for full day care. Our staff will then make sure your child gets to and from the summer school classes they are registered for. The above daily fees apply. Transportation between sites is not available.

Malkin's *Creating Raving Fans Every Day!*
FLOORING malkins.com

Weekly Themes

June 12–16 Getting to Know You
June 19–23 Art Spectacular
June 26–30 Animal Adventures
July 3–7 America the Beautiful
July 10–14 Under the Sea
July 17–21 Lights, Camera, Action
July 24–28 Amazing Race
July 31–Aug 4 Up Up and Away
Aug 7–11 Rockin Beach Party
August 14–18 Disneyland
August 21–23 Back to School Bash

Wear it Wednesday!

Every Wednesday we will have a special dress-up day that either fits the weekly theme or allows children to show their wild and crazy side.

Kids INC: 5K-5

Kids INC is a before and after school care program for students enrolled in grades 4K-5. Offered at each of the four elementary schools, this safe and fun environment allows children to receive care without having to leave their school building. The 4K program is offered at Ben Franklin. Activities include: homework time, group sports and activities, arts and crafts, games, special events and more. Field trips are planned throughout the year, and most admission fees are included in the cost of the daily Kids INC registration fee.



Daily Fees for 5K-5

MINIMUM of 2 options per week or 8 options per month is required Annual Registration Fee \$25			
Before School 6:30 AM – 8:45 AM	After School 3:45 PM – 6:00 PM	Wednesday Early Release 2:30 PM – 6:00 PM	Full Day 6:30 AM – 6:00 PM
\$8.50 per day or \$13.50 if late (B)	\$9.50 per day or \$14.50 if late (S)	\$10.50 per day or \$15.50 if late (S)	\$36.00 per day or \$41.00 if late (B) (L) (S)

(B) Breakfast can be purchased through the school lunch program.

(S) Includes snack. Student can bring an additional snack. No peanut products please.

(L) Student must provide own lunch. NOTE: There is no access to cooling or heating appliances.

Kids INC: 4K Wrap Around Care

4K Wrap Around Care provides programming for 4K students the other half of the day when they are not attending their traditional 4K class. The program encourages physical, emotional and social growth through play and recreation. Activities in the program include arts & crafts, indoor and outdoor group games, puzzles, story time, quiet/rest time, music, free time, and more. Periodically, students will participate in field trips and special events when there is no school.

- For child only using Kids INC 4K Wrap Around Care: Register for either AM or PM 4K Wrap Around Care annual registration.
- For child using Kids INC 4K Wrap Around and Before and/or After School care: Register only for either AM or PM 4K Wrap Around care annual registration.



Daily Fees for 4K

4K before school care	If your child attends afternoon 4K ...	If your child attends morning 4K ...	Minimum of 8 options per month required Annual Registration Fee \$50	
Kids INC Before School Care 6:30 - 8:45 AM	4K AM Wrap Around 8:47 AM until your afternoon 4K begins	4K PM Wrap Around From 4K class end until 3:45 PM	Kids INC After School Care After school until 6:00PM	Kids INC Full Day 6:30 AM – 6:00 PM
\$8.50 per day (B) or \$13.50 if late	\$23.00 per day (L) or \$28.00 if late	\$23.00 per day (L) or \$28.00 if late	\$9.50 per day (S) or \$14.50 if late \$10.50 on Wed. or \$15.50 if late	\$36.00 per day (B/L/S) or \$41.00 if late

(B) Breakfast can be purchased through the school lunch program.

(S) Includes snack. Student can bring an additional snack. No peanut products please.

(L) Student must provide own lunch. NOTE: There is no access to cooling or heating appliances.

How to Register for Kids INC & 4K Wrap Around

Annual Registration Fee Required!

\$50 for 4K students, \$25 for all other students

- Annual Registration for any of the Kids INC programs must be completed prior to signing up for any individual dates.
- The Kids INC Annual Registration fee is separate from the Summer Kids INC program registration fee.

4K Wrap Around

(AM)	Course #16078
(PM)	Course #16081

Kids INC

Ben Franklin	Course #16660
Riverside	Course #16661
Shady Lane	Course #16662
Valley View	Course #16663



Online Registration

Annual Registration

- Visit www.fallsrec.org, and select *Online Registration* from the left column.
- Sign in, or create a new account if needed.
- Search by entering the name of the school your child attends. For 4K Wrap Around, search "4K".
- Complete the registration process and check out.
- To register for individual dates, sign back into the registration site and begin registering.

Registering Online for Individual Dates

Due by Wednesday at 11:00 PM

- To pay the regular daily rate, individual daily registration must be completed online by 11:00 PM on the Wednesday prior to the week you need care for your child. Registration will still be accepted until Friday at 4:00 PM, but will include a \$5.00 late fee per option.
- Log in to your account. Search by entering your school name or "4K"
- Select the week you would like to enroll your child and select *Enroll Now*. You will select only the dates you need at a later screen.
- Select the name of the child from the drop down menu.
- Select individual dates by selecting the box under the day you would like, and add to cart.
- Follow the prompts and continue through the registration process.



Paper Registration

Paper Forms

Annual Registration forms and calendars are available in our office, or are available for download at fallsrec.org. Cash, check or credit cards are accepted. Please Note! Annual Registration and calendars are not accepted at the sites.

Annual Registration Form

Must be completed in full and submitted with proper registration fee prior to registering for individual dates.

Registering for Individual Dates

(Calendar)

Due by Wednesday 4:30 PM

- Calendars can be turned in weekly, but to pay the regular daily rate, calendars must be submitted to the CE & Rec office by 4:30 PM on the Wednesday prior to the week you need care for your child. Calendars will still be accepted until Friday at 4:00 PM, but will include a \$5.00 late fee per option.



Important Registration Information

- Once registration has been submitted, fees cannot be transferred if switching your child from one day to another.
- Credit is not given for days your child misses due to illness, change of schedule, disciplinary action, or other circumstances.
- Select "Kids INC" in the left column at fallsrec.org for a copy of the Kids INC Family Handbook. It includes additional important information.



Miss Julie's Music Fun with Baby

Up to age 1

Your baby's brain development—mental, emotional, social, and physical—can be supported and enhanced with music and movement. This nurturing class will help you bond with your baby as you learn a new lullaby, sing and move with your infant, play peek-a-boo with scarves and connect with other parents. Julie Thompson is a performer, recording artist and children's author. Please register your baby only.

6/6 Class #16127
7/11 Class #16128

Tue, 11:00 AM, 30m
Faith Lutheran Church, G-Town
W172 N11187 Division Rd.
Julie Thompson
R \$8 NR \$11 1 class

Miss Julie's Music Fun w/adult

Ages 1 - 5

Through participating in music, and learning to keep the beat, your child will enhance their enjoyment and understanding of music. We will explore movement, finger plays, rhythm, and more. Please register child only.

6/6-6/20 Class #16125
7/11-7/25 Class #16126

Tue, 10:00 AM, 45m
Faith Lutheran Church, G-Town
W172 N11187 Division Rd.
Julie Thompson
R \$30 NR \$45 3 classes

Time for Two Toddlers

Ages 12 - 24 months w/adult

Through theme related games, group activities, and parachute time, your toddler will improve their social skills while increasing their self-esteem and gross motor activities. Please register child only.

6/24-7/15 Class #16114
Sat, 10:00 AM, 30m
G-Town DPW Highway Dept. Bldg.
N122 W17177 Fond du Lac Ave.
Elle Huebner
R \$35 NR \$40 4 classes

Time For Two Explorers

Ages 2 - 3 w/adult

Games with themes such as: ocean adventure, farm fun, camping and jungle safari, will spark your child's imagination as they have fun learning with their peers. Social skills, imagination, and gross motor skills will all be improved as we play, learn, and work together as a group. Please register child only.

6/24-7/15 Class #16115
Sat, 10:45 AM, 30m
G-Town DPW Highway Dept. Bldg., N122 W17177 Fond du Lac Ave.
R \$35 NR \$40 4 classes

Oodles of Art

Ages 1 ½ - 4 ½ w/adult

Adult and child will participate together in this hands-on art class. Through sculpting, drawing, painting, songs, story time and movement activities, your young child's imagination will soar. There will be a new theme each week. All supplies and snacks are provided. Please bring a smock for your child. Please register child only.

Ages 1 ½ - 2 w/adult	Ages 3 - 4 ½ w/adult
6/15-7/6 Class #16111	6/15-7/6 Class #16112
Thu, 9:30 AM, 1h	Thu, 10:45 AM, 1h

Ages 1 ½ - 4 ½ w/adult
6/13-7/11* Class #16113
Tue, 5:30 PM, 1h

*No class July 4

G-Town DPW Highway Dept. Bldg., N122 W17177 Fond du Lac Ave.
Elle Huebner
R \$35 NR \$40 4 classes

Safety Town

Ages 5 and registered for 5K

Safety Town will teach children to evaluate the safe from unsafe when confronted with potentially dangerous situations. Safety awareness issues including: home, outdoors, water, animals, cars, streets, bus, gun safety, strangers, and more, are taught in indoor classroom facilities, and outdoors where children will learn safety while riding their pedal cars through the streets of Safety Town. Field trips, songs, games, stories and art projects reinforce the lessons.

8:00 AM	Class #16503	7/31-8/10, Mon-Fri, 2h
10:30 AM	Class #16504	Riverside School, Rm 103
1:30 PM	Class #16505	Ann Reese & Dena Buehler
		R \$59 NR \$71 9 classes





YOUTH ACTIVITIES & SPORTS



Community Rummage Sale

Friday, June 23 – 8:00 AM - Noon
MF Community Center Gym

All are welcome to attend this indoor Community Rummage Sale! No need to worry about bugs or weather, you will be wheeling & dealing in the comfort of our air conditioned gym.

VENDORS WANTED!

Register by June 2 Course #16625

If you are interested in selling at the Community Rummage Sale on June 23, please stop by the CE & Rec Office or register online at fallsrec.org. Register as Course #16625.

Please indicate number of tables you would like to reserve at check-out. One 6' table will be provided with each reservation fee of \$10.



No gas powered items, alcohol, tobacco, firearms or other weapons are allowed. No professional vendors please. Refunds will not be given unless the event is cancelled by the CE & Rec Dept. We reserve the right to refuse the sale of questionable items. Sellers must register by June 2.

KidsSports' programs are designed to use games and activities that encourage kids to develop generic and sport-specific skills. All classes are taught by our professional and specially trained instructors that work to foster an attitude of accomplishment and positive self-esteem through age appropriate, but challenging tasks.



KidsSports SportsStart

Ages 2 - 5

Through fun and unique skill building games and activities, your child will be introduced to various sports concepts such as throwing, catching, hitting, jumping, bouncing and more. Please register child only.

Ages 2 - 3 w/adult Class #16516
Mon, 5:15 PM, 40m

Ages 4 - 5 Class #16517
Mon, 6:05 PM, 40m

7/24-8/21
Community Center Gym
R \$56 NR \$68 5 classes

KidsSports Baseball

Ages 3 - 6

SportsStart Baseball is a unique child development program created to introduce kids to the game of baseball, while helping them develop important skills such as throwing, catching, hitting, and base running. Developmentally appropriate equipment and games are used to teach your child in a fun, exciting and positive environment. Parent participation will be helpful during batting practice.

Ages 3 - 4
6/14-7/12 Class #16520
7/19-8/16 Class #16521
Wed, 5:15 PM, 40m

Ages 5 - 6
6/14-7/12 Class #16522
7/19-8/16 Class #16523
Wed, 6:05 PM, 40m

Community Center Gym
R \$56 NR \$68 5 classes

KidsSports MultiSport

Ages 3 - 6

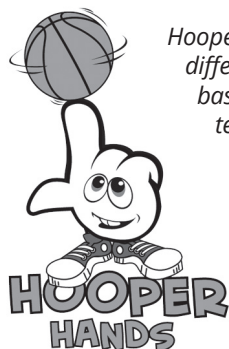
This program will introduce your child to the sports of soccer, baseball, football, and kickball. Participants will learn basic sports techniques in a fun, simple, learning environment.

Ages 3 - 4 Class #16518
Mon, 5:15 PM, 40m

Ages 5 - 6 Class #16519
Mon, 6:05 PM, 40m

6/12-7/17
No Class July 3
Ben Franklin Gym
R \$56 NR \$68 5 classes

*An Active Child =
A Healthy Child*



Hooper Hands Basketball Academy strongly highlights the fundamentals of dribbling, the art of shooting, different defensive strategies, rebounding, and making good sharp passes. Along with learning the game of basketball, your child will increase their level of confidence, learn self-discipline, and inherit how to be a team player. All classes are taught by John Leavell Jr. All Classes held in the Community Center Gym.



Hooper Hands— Drills, Skills & Games

Ages 4 - 8

Are you ready for some fun while learning the basic fundamentals of Basketball? Little Hoopers will participate in different fundamental drills, skill challenges, team play and fun games. We provide a non-competitive environment to develop and excite your child's vision of the game of basketball. Please provide a t-shirt size when registering.

Ages 4 - 5
6/13-6/16 Class #16530
Tue-Fri, 9:00 AM, 1h

Ages 6 - 8
6/13-6/16 Class #16531
Tue-Fri, 10:15 AM, 1h

Community Center Gym
John Leavell Jr.
R \$75 NR \$90 4 classes

Hooper Hands— Little Hooper 3 on 3 League

Ages 5 - 9

This is a mini basketball league class. The first 15 minutes of class will be devoted to completing a series of fundamental drills and skills, then Little Hoopers will participate in 30 minutes of game play. We provide a non-competitive environment to develop and excite your child's vision of the game of basketball. Please provide a t-shirt size when registering.

Ages 5 - 6
6/13-7/25* Class #16545
Tue, 5:30 PM, 45m

Ages 7 - 9
6/13-7/25* Class #16546
Tue, 6:20 PM, 45m

*No class July 4
Community Center Gym
John Leavell Jr.
R \$60 NR \$72 6 classes

Jr Soccer League

Entering Grades 4K - 3

This introductory soccer program will give your child the foundation needed to excel at future levels, and will concentrate on skill development, teamwork, basic rule understanding, and game play. The first week of class will consist of a full hour practice. The remaining 6 weeks will include a 30 minute practice followed by a 30 minute scrimmage game. Scores and standings will not be kept, and everyone will play. Cleats, shin guards, and a water bottle are recommended. When registering, please indicate child's T-shirt size, if your child would like to be partnered with another child (no guarantees), and if a parent is interested in coaching.

Register by May 19 to receive a T-shirt.

Ages 4 & 5 Class #16527
Ages 6-8 Class #16528

6/7-7/26 Wed, 1h

No class July 5

Times rotate between 5:30 & 6:30 PM.

Schedules will be sent to participants prior to the first week of class.

North Middle School Football Field
James Edwards
R \$39 NR \$47 7 classes





YOUTH ACTIVITIES & SPORTS

Introduction to Bowhunting

Ages 10+ w/Adult

This course is for beginners who are interested in learning about the necessary skills to successfully bow hunt. Learn how to pick a hunting location, understand the inner workings of a deer, track an animal, and above all stay safe in the woods. Previous archery experience is suggested. All equipment is provided, or students may bring their own. If providing your own equipment, please arrive 15 minutes early to the first class for a safety check. Park entrance is included in fee. Please register child only. An adult must accompany student to all classes. Rain date is 7/15.

6/17-7/8 Class #16274
Sat, 5:00 PM, 2h
Menomonee Park Archery Range
W220 N7884 Town Line Rd.
R \$48 NR \$48 4 classes

Beginning Archery

Ages 7 - 17

Bulls eye! This class will give instruction to beginners or those wanting to improve their archery skills. Concepts of proper safety will be explained in full and enforced in class. Parent help is always appreciated, please see instructor at class if you are able to assist. All equipment is included, or students may provide their own. If using your own equipment, you must arrive 15 minutes early on the first day of class to have your equipment safety checked. Park entrance is included in the fee.

Ages 7-12
6/12-7/10* Class #16261
7/24-8/14 Class #16262
Mon, 4:45 PM, 1h30m

Ages 13-17
6/12-7/10* Class #16263
7/24-8/14 Class #16264
Mon, 6:30 PM, 1h

*No Class, 7/3
Menomonee Park- Archery Range
W220 N7884 Town Line Rd.
R \$48 NR \$48 4 classes

Advanced Archery NEW!

Ages 10 - 18

Building on the concepts and practices of the Beginning Archery class, this Advanced class will focus on furthering the development of the archer. All equipment is included, or students may provide their own. If you are using your own equipment, you must arrive 15 minutes early on the first day of class for instructor to do a safety check. Park entrance is included in fee. Pre-requisite: Beginning Archery. Rain date is 8/18.

7/21-8/11 Class #16268
Fri, 6:30 PM, 1h
Menomonee Park Archery Range
W220 N7884 Town Line Rd.
R \$48 NR \$48 4 classes

Cross Country Coed Running Camp

Entering Grades 4 - 8

Taught by the coaches and athletes from the MF High School Cross Country and Track team members, your student athlete will participate in physical fitness games while learning the basic skills of running. Stretching, form, technique, sprinting, distance running and cross-training will be covered. Workouts will benefit short and long distance athletes. Please wear weather appropriate running gear and bring a water bottle. Campers meet at the MFHS Track, but may depart to run to other locations. Class will run rain or shine.

6/19-7/20 Class #16442
No class July 3 & 5
Mon & Wed, 8:30 AM, 1h30m
MF High School Track
Tom Shannon
R \$50 NR \$60 9 classes

Family Dodgeball

Ages 6+ w/adult

Registered children must be accompanied by a registered adult. Get some exercise while enjoying some family fun time. Teams will be formed on site each week. Please register each participating member of your family.

6/16-7/21 Class #16123
Fri, 6:30 PM, 1h
Kennedy Middle School Gym, G-Town
W160 N11836 Crusader Ct
R \$11 NR \$22 6 classes

Family Kickball

Ages 6+ w/adult

Registered children must be accompanied by a registered adult. Get some exercise while enjoying some family fun time. Teams will be formed on site each week. Please register each participating member of your family.

6/13-7/25 Class #16124
No class July 4
Tue, 6:30 PM, 1h
Haupt Strasse Park, G-Town
N116 W16952 Main Street
R \$7 NR \$12 6 classes

Parent / Child Golf Lessons

Ages 6 - 17 w/adult

This unique setting allows adult and child to learn together. This lesson series will include instruction on putting, chipping, woods, irons, rule and etiquette overview, and simulated on-course practice. Clubs will be provided for all participants, but you are welcome to bring your own if you have them. This small group lesson setting with no more than 6 children, provides more one-on-one attention and is ideal for beginner to intermediate levels. Please register one child only-one adult is included in fee. If you would like to register more than one child, please call the CE&Rec Dept at 262-255-8460.

6/19-7/10* Class #16156
7/17-7/31 Class #16157
8/7-8/21 Class #16158
Mon, 4:00 PM, 1h

6/19-7/10* Class #16159
7/17-7/31 Class #16160
8/7-8/21 Class #16161
Mon, 6:00 PM, 1h

*No class July 3
Wanaki Golf Course, MF
N50 W20830 Lisbon Rd.
R \$100 NR \$100 3 classes



Junior Indians Golf

Entering Grades 5 - 8

This program is for golfers of all abilities, and is a great way for players who intend to play in high school to hone their skills. In an effort to help each golfer move from their current level to the next, time will be spent on the putting green, range and on the course. Class times are flexible, but please register for the class time you are most likely to attend. Once registered, golfers may attend either the 1:00-2:30, or the 2:30-4:00 time slot by contacting Coach Thompson. Younger golfers with some prior experience are welcome, but must contact Coach Thompson prior to registering. For more information please contact Coach Thompson at 262-946-2305 or thomjef@sdmfschools.org.

6/19-7/6*, 1:00 Class #16510
6/19-7/6*, 2:30 Class #16511

7/10-7/27, 1:00 Class #16512
7/10-7/27, 2:30 Class #16513

Mon-Thu, 1h30m
*No class July 4
Silver Spring Golf Club, MF
N56 W21318 Silver Spring Dr.
HS Coach, Jeff Thompson
R \$175 NR \$175

High School Coed Golf

Entering Grades 9 - 12

This camp is intended for students playing on a High School Golf Team, or interested in trying out for a team. Time will be spent on the range, on the putting green and on the course. The time of these sessions is contingent on the availability of the facilities at Silver Spring Golf Course, but they will be flexible to meet the needs of each student. Participants will be notified before camp regarding times for the first week.

6/19-7/6* Class #16508
7/10-7/27 Class #16509

Mon-Thu, 1:00 PM, 3h
*No Class July 4

Silver Spring Golf Club, MF
N56 W21318 Silver Spring Dr.
HS Coach, Jeff Thompson
R \$150 NR \$180

Horseback Riding

Ages 7 - 18

Get ready to be absorbed into the world of horses! Students will learn proper grooming, tacking, and riding techniques in addition to gaining knowledge of general horse care. Items necessary for class: jeans or riding breeches, ankle-high boot with low heel, preferably rubber-soled (NO tennis shoes) and riding release form signed by a parent. Release forms are available at the CE & Rec office, or online at fallsrec.org, located on the right side of the home page under "Documents". For more information please visit bluespringfarms.com.

All classes are 1 hr. and held on Tuesdays

6/13-6/27
4:00 PM Class #16428
5:00 PM Class #16429
6:00 PM Class #16430
R \$115 NR \$138 3 classes

7/11-7/25
4:00 PM Class #16431
5:00 PM Class #16432
6:00 PM Class #16433
R \$115 NR \$138 3 classes

8/1-8/22
4:00 PM Class #16434
5:00 PM Class #16435
6:00 PM Class #16436
R \$150 NR \$180 4 classes

Blue Spring Farm, MF
W220 N9110 Town Line Rd.
Ingrid Knippelmeyer



**Inclement
Weather
Cancellations**

For information regarding class cancellations due to bad weather, call (262) 255-8376.

TetraBrazil Summer Soccer Preview

Ages 6 - 14

Join us for a free session of soccer and preview our offerings for TetraBrazil Soccer Camp. All participants in attendance will be placed in a drawing to win a free week of camp (\$156 value). This session will be held rain or shine. Cleats and shin guards are recommended. If weather is inclement we will use the North Middle School Gym, so please bring tennis shoes in the event of wet weather.

Ages 6 - 9
9:00 AM, 1h Class #16394

Ages 10 - 14
10:15 AM, 1h Class #16395

Sat, 4/29
Oakwood Park
FREE, but registration is required

TetraBrazil Soccer Camp

Ages 6 - 14

TetraBrazil camps will inspire players to practice and improve their ball control, foot skills and moves that Brazilian soccer is famous for. Our program combines learning, playing, competing and fun, while providing players with authentic Brazilian coaching. The TetraBrazil curriculum has been designed by our professional staff to provide players with the same expert level of training received by professional clubs in Brazil. Registration fee includes a ball, shirt, and evaluation.

Register by 5/5 to receive a free jersey. There is a \$10 late registration fee after 6/9.

Register online at: challengersports.com

Ages 6 - 9 9:00 AM, 3h
Ages 10 - 14 1:00 PM, 3h

Mon-Fri, 6/19-6/23
Oakwood Park
R \$156 NR \$156 5 classes





YOUTH ACTIVITIES & SPORTS

FREE TRIAL

Coed Flag Rugby

Entering Grades 3 - 9

Not sure if Flag Rugby is for you? This free practice session will provide a basic introduction to the sport, along with sample games and drills that are featured during normal practice. Coaches will be on hand to answer any questions about the program. Please wear cleats or running shoes, and bring a water bottle.

5/31 Class #16105

Wed, 4:00 PM, 1h15m

North Middle School Football Field

Dan Zeroth

FREE, but registration is required.

Coed Flag Rugby

Entering Grades 3 - 9

Give one of the most popular sports in the world a try! Rugby combines elements of football and soccer into a unique game that is easy to learn and requires no prior knowledge to play. Practices will focus on basic skills and incorporating them into drills and games. Tournaments are held on Saturdays and feature numerous games against teams from all around the state. Participants should wear cleats or running shoes, and bring a water bottle. An additional fee will be charged for tournament participation.

Entering Grades 3 - 4

Class #16106

Entering Grades 5 - 6

Class #16107

Entering Grades 7 - 9

Class #16108

6/7-7/26

Wed, 4:00 PM, 1h15m

North Middle School Football Field

Dan Zeroth

R \$59 NR \$71 8 classes



Learn To Skate

Ages 4 - 11

Your child will develop confidence on the ice by learning forward and backward skating, turns, stops, falling and recovery. Jacket, hat and gloves are necessary and bicycle or hockey style helmets are highly recommended. Skate rental is included in the fee. Call Eble Ice Arena at 262-784-7512 for more information.

Ages 4 - 6

5/30-6/27

Class #16230

7/11-8/8

Class #16231

Ages 7 - 11

5/30-6/27

Class #16232

7/11-8/8

Class #16233

Tue, 5:00 PM, 30m

Eble Ice Arena, Brookfield

19400 W. Bluemound Rd.

R \$55 NR \$55 5 classes



Smile!

For program promotional purposes, photographs may be taken of participants. If you do not wish to have your photo taken, please notify the photographer and/or class instructor.

2017 Menomonee Falls Optimist Club

Kids Fishing Contest

Saturday, May 13 at Mill Pond

Registration 9-10am | Contest from 10-Noon

FREE
Ages 3-16

The contest is free and is open to all boys and girls ages 3-16 that reside or attend school in Menomonee Falls. All participants will receive a t-shirt and a chance to win a door prize. Trophies will be awarded to boys and girls in five age divisions for the longest fish and most fish caught during the contest.

Presentation of trophies and door prizes will be at noon. Bring your own fishing equipment. A limited supply of bait will be provided.

Children under 9 years old must be accompanied by an adult. 16 year olds must have a fishing license. Food and non-alcoholic beverages will be sold during the event.

Call Tom Walkner at 262-255-2994 for more information.



Sponsors/Supporters of the event include the MF Police Department, MF Neighborhood Watch, Village of Menomonee Falls, RB Enterprises, Pops Frozen Custard, Krueger's Entertainment Center, Yo Cool Frozen Yogurt, Sandy Spring Farm and the Menomonee Falls Optimist Club.



Volleyball -Coed Open Gym

Ages 14+

A drop in fee of \$3 for residents and \$5 for non-residents is due to the gym supervisor at entry. Cash only. Pre-registration is not required. You do not need to be a player in our leagues to participate.

6/5-8/28

Mon, 7:00-9:00 PM (no program July 3)

MF High School Gym

R \$3 NR \$5



Boys Volleyball Camp

Entering Grades 3 - 8

Learn the fundamentals necessary to play the game of volleyball. Serving, passing, setting, attacking and blocking will be covered, as well as basic defensive and offensive volleyball concepts. Register by July 13.

Entering Grades 3 - 5

7/24-7/28 Class #16534

Mon-Fri, 9:00 AM, 1h15m

Entering Grades 6 - 8

7/24-7/28 Class #16535

Mon-Fri, 10:30 AM, 1h30m

G-Town High School Gym

W180 N11501 River Lane

G-Town Coach, Brian Rushmer

R \$34 NR \$49 5 classes

Boys Volleyball Camp

Entering Grades 9 - 12

Highly recommended for students interested in playing volleyball at the high school level. Some experience is required. Basic offensive and defensive strategies, as well as some advanced techniques will be taught and developed. A tournament will conclude the camp. Register by July 13.

7/24-7/28 Class #16536

Mon-Fri, 12:30 PM, 2h30m

G-Town High School Gym

W180 N11501 River Lane

G-Town Coach, Brian Rushmer

R \$52 NR \$73 5 classes

Jr Indians

Girls Volleyball Club

Entering Grades 5 - 8

Presented by Falls Focus Volleyball. The Menomonee Falls Jr Indians are joining the Wisconsin Youth Volleyball League (WVVL). Players will benefit by having fun learning fundamental skills while playing in a structured competitive environment that helps to promote the high school programs. Registration is open to students that live in the Menomonee Falls School District, although some exceptions may be allowed. Registration is first come/first served with no tryouts.

Practice will be held on Tuesdays and Thursdays beginning August 15 at either 6:00-7:30 or 7:30-9:00. Matches will be on Saturdays or Sundays at Center Court in Waukesha in September and October for a total of 16 matches (48 games!) followed by a league tournament.

Entering Grade 5

Class #16560

Entering Grade 6

Class #16566

Entering Grade 7

Class #16567

Entering Grade 8

Class #16568

Community Center Gym

Coaches Cindy & Stephanie Paul

R \$330 NR \$396 21 classes



Refunds will not be given for this program unless it is cancelled by the CE&Rec Dept.



Girls Volleyball Camp

Entering Grades 5 - 12

Camp is designed to get students ready to tryout for the upcoming seasons of school or club volleyball. Skills will be worked on and games will be played. Staff includes Varsity Head Coach JC Bruns, members of his staff, and current varsity players.

Entering Grades 5 - 8

7/24-7/27 Class #16396

Mon-Thu, 12:30 PM, 2h30m

R \$64 NR \$77 4 classes

Entering Grades 9 - 12

7/24-7/26 Class #16397

Mon-Wed, 4:00 PM, 3h

R \$52 NR \$62 3 classes

HS Gym

Coach JC Bruns

Tri-Star Baseball Contest

Boys & Girls Ages 7- 12



This FREE event is co-sponsored by the Menomonee Falls Optimist Club. Children

are invited to test their skills at running, throwing and hitting. Trophies will be awarded for all divisions, and pictures will be sent to the local newspaper.

Saturday, April 29

9:00 AM - Noon

Ben Franklin Ball Diamond

Register at the field on

April 29





YOUTH ACTIVITIES & SPORTS

GENERAL TENNIS INFORMATION

All classes will be held at the Menomonee Falls High School Tennis Courts. Please bring your own racquet, unless noted, and a water bottle to each class. No class July 4.

Tennis - Parent / Child

Ages 4 - 8 w/adult

Enjoy the sport of tennis, receive instruction, and participate in fun games and drills while spending quality time with your child. Adults will need to provide their own racquet. Youth racquets are provided if needed. Register child only.

6/13-7/6 Class #16168
No class July 4
Tue & Thu, 6:00 PM, 1h
R \$40 NR \$48 7 classes

7/11-8/3 Class #16169
Tue & Thu, 6:00 PM, 1h
R \$45 NR \$54 8 classes

Tennis - Pee Wee

Ages 4 - 6

Your little athlete will be introduced to the game of tennis. Basic skills such as forehand, backhand, and volleys will be taught and incorporated into fun games. We will use foam balls designed to bounce at a speed that is accessible for your child. Youth racquets will be provided if needed.

6/12-6/22 Class #16164
6/26-7/6* Class #16165
7/10-7/20 Class #16166
7/24-8/3 Class #16167

12:15 PM, 45m
1st week runs Mon-Fri
2nd week runs Mon-Thu

R \$34 NR \$41 9 classes

*R \$30 NR \$36 8 classes
No class July 4

Tennis - Beginner

Ages 7 - 12

Students will be introduced to the game of tennis. Forehand and backhand, groundstrokes, and volleys will lead into basic games and movement around the court. The foundation taught in this class will serve the player in their development and progression to future levels.

6/12-6/22 Class #16170
6/26-7/6* Class #16171
7/10-7/20 Class #16172
7/24-8/3 Class #16173

1:00 PM, 50m
1st week runs Mon-Fri
2nd week runs Mon-Thu

R \$45 NR \$54 9 classes

*R \$40 NR \$48 8 classes
No class July 4

Tennis - Advanced Beginner

Ages 7 - 12

Students who have completed at least one session of a beginner tennis class will be given a quick review of the skills they have already learned. Moving forward, students will build rallying skills and work on shot placement. Class will progress to the basics of serving.

6/12-6/22 Class #16174
6/26-7/6* Class #16175
7/10-7/20 Class #16176
7/24-8/3 Class #16177

2:00 PM, 50m
1st week runs Mon-Fri
2nd week runs Mon-Thu

R \$45 NR \$54 9 classes

*R \$40 NR \$48 8 classes
No class July 4

Tennis - Intermediate

Ages 7 - 12

Prerequisite: Prior structured tennis experience and the ability to rally with a partner. We will review all tennis skills including forehand, backhand, volleys, overhands, and rallying. Students will receive more in-depth instruction on serving and the different grips that can be used. Singles and doubles matches will be played with an emphasis on strategy.

6/12-6/22 Class #16178
6/26-7/6* Class #16179
7/10-7/20 Class #16180
7/24-8/3 Class #16181

3:00 PM, 50m
1st week runs Mon-Fri
2nd week runs Mon-Thu

R \$45 NR \$54 9 classes

*R \$40 NR \$48 8 classes
No class July 4





Tennis - Jr Team

Entering Grades 3 - 12

This program is for the experienced student ready for competition. Tennis skills will be refined through individual and group drills leading up to weekly competition. Students will compete against other local recreation department agencies. Busing to and from matches will be provided for all students. Please note that due to travel times, participants may be asked to report as early as 12:30 pm on match days and may arrive back later than 4:00 pm. A complete match and practice schedule will be issued at the first practice.

Entering Grades 3 - 8
6/12-8/4* Class #16184
Mon-Fri, 1:00 PM, 1h30m

Entering Grades 9 - 12
6/12-8/4* Class #16183
Mon-Fri, 2:30 PM, 1h30m

*No class July 4
R \$90 NR \$108 39 classes

Tennis - Jr Team Next Level

Entering Grades 9 - 12

Competitive High School Jr Team
Tennis players are encouraged to bring their game to the next level. Class will consist of conditioning, skill work and discussion of strategy to help improve overall match play.

6/12-7/31 Class #16182
Mon, 4:00 PM, 1h
R \$25 NR \$29 8 classes



Every effort will be made to reschedule classes cancelled due to inclement weather. However, if classes cannot be rescheduled, refund will not be given.

Small Group Tennis

Ages 6 - 12

Small group lessons are perfect for the student who needs additional work on stroke or match play, or for those who need more flexibility in their schedules. A maximum of 4:1 participant to instructor ratio will ensure personalized attention to your student's tennis progression and skills development. Participants need to supply racquet. Please bring a water bottle.



Monday - Thursday, 25m

Ages 6 - 8, 12:00 PM

6/12-6/15	Class #16186
6/19-6/22	Class #16187
6/26-6/29	Class #16188
7/3-7/6*	Class #16189
7/10-7/13	Class #16190
7/17-7/20	Class #16191
7/24-7/27	Class #16192
7/31-8/3	Class #16193

Ages 9 - 12, 12:30 PM

6/12-6/15	Class #16198
6/19-6/22	Class #16199
6/26-6/29	Class #16200
7/3-7/6*	Class #16201
7/10-7/13	Class #16202
7/17-7/20	Class #16203
7/24-7/27	Class #16204
7/31-8/3	Class #16205

Tuesday & Thursday, 25m

Ages 6 - 8, 5:00 PM

6/13-6/22	Class #16194
6/27-7/6*	Class #16195
7/11-7/20	Class #16196
7/25-8/3	Class #16197

Ages 9 - 12, 5:30 PM

6/13-6/22	Class #16206
6/27-7/6*	Class #16207
7/11-7/20	Class #16208
7/25-8/3	Class #16209

R \$21 NR \$25 4 classes

*R \$16 NR \$19 3 classes
No class July 4

Driver's Education Program

The CE & Rec Department and just drive have teamed up to offer a Driver's Education Program at Menomonee Falls High School.



About just drive

- Classes completed in three weeks
- 30 hours classroom, 6 hours driving, 6 hours observation
- PowerPoint driven curriculum
- Fun and dynamic instructors
- Fully insured, DOT certified
- Students can start at age 14-1/2
- Classes run Monday - Friday

Upcoming Schedule at MFHS

June 5 - June 23	4:30 - 6:30 PM
July 6 - July 26	4:30 - 6:30 PM
Aug. 1 - Aug. 21	4:30 - 6:30 PM

Questions? Contact just drive at (262) 437-7300 or see their website for details

Register online at www.justdriveWI.com



YOUTH ACTIVITIES & SPORTS

Don't Be Bullied— Easy Defense for Kids

Ages 6 - 15

This fun and informative class will boost your child's self-confidence as they learn several defensive skills, strategies, and basic karate techniques to help keep them safe from bullies. The focus here is on avoiding trouble with a bully before it escalates into a physical confrontation. Sensei Stan has over 30 years of martial arts, self-defense, and safety experience.

6/14 Class #16101
Wed, 5:45 PM, 45m
Community Center Rm 106
Sensei Stan
R \$12 NR \$14 1 class

TaeKwonDo

Ages 7+

TaeKwonDo combines exercise, meditation, respect and self-discipline as you learn one of the most popular forms of martial arts in the world today. Please note that at the end of each session there will be an option for each student to test for their next rank at an additional cost. See instructor for further information.

6/13-7/27 Class #16224
No class July 4
Tue & Thu, 6:00 PM, 1h
Community Center Rm 102 A
Blackbelt James Donne
R \$38 NR \$45 13 classes

Kids Martial Arts - SURGE

Ages 4 - 14

Through this entertaining and interactive course, your child will learn the fundamentals of martial arts and invaluable life skills such as listening, respect, focus and concentration, confidence, self discipline and self defense. Courses are age specific for maximum fun and learning. Individuals may only register for this program once through the CE & Rec. Dept.

Ages 4 - 6
6/13-7/8* Class #16547
7/25-8/19 Class #16548
Tue & Thu, 4:45 PM / Sat, 11:30 AM, 45m

Ages 7 - 14
6/12-7/7 Class #16549
7/24-8/18 Class #16550
Mon & Wed, 4:45 / Fri, 5:45 PM, 45m

*No class July 4
Surge Martial Arts, MF
N56 W14044 Silver Spring Dr.
Neil Rajadhyaksha, Master Instructor
R \$39 NR \$47 11 classes

Mix It Up Dance

Ages 4 - 9

No previous dance experience is required, just a desire to dance and have fun. Participants will receive technique training and learn routines in different styles of dance. Parents are welcome to attend the final class only.

Ages 4 - 5
7/26-8/23 Class #16543
Wed, 6:00 PM, 30m
R \$20 NR \$24 5 classes

Ages 6 - 9
7/26-8/23 Class #16544
Wed, 6:35 PM, 45m
R \$24 NR \$28 5 classes

Community Center Rm 102 A & B
Jennifer Nagy, Former Dance Coach

Middle School Dance Clinic

Entering Grades 6 - 8

No experience is necessary to have fun learning new dance skills. Each lesson will be taught by the North Middle School Dance Coach along with dancers from the MF Varsity Dance Team. Participants will work on technique, dance skills, flexibility, and conditioning. Each session will cover different skills and material. Great for anyone thinking of trying out for the Middle School Dance Team.

5/9-5/12 Class #16615
6/13-6/16 Class #16616
7/11-7/14 Class #16617

Tue-Fri, 5:30 PM, 1h30m
Ben Franklin Gym
R \$35 NR \$40 4 classes

Chalk It Up

Ages 2 - 17

Celebrate National Recreation and Parks Month with this FREE event. Participants can work individually or in small teams to create their own chalk masterpiece. Participants will receive a complimentary week-long swim pass. Express your Picasso without spending any Monet! Please arrive at least 10 minutes early.

7/12 Class #16216
Rain Date - 7/19
Wed, 1:00 PM, 1h
North Middle School Sidewalk
FREE, but registration is required

Henna Tattoo Workshop

NEW!

Ages 9 - 15

Henna Tattoos are the latest fashion craze. Why pay a professional when you can learn how to do it yourself? The henna used is made from the best henna plants, contains no chemicals or dyes, and is completely safe. Students will receive instruction on how to hold and apply henna with a Henna cone, and will practice drawing elementary designs on paper prior to drawing a design on your hands, arm or feet. Designs will last 1-3 weeks. Please bring a smock.



6/29 Class #16819
7/6 Class #16820
8/17 Class #16821

Thu, 4:15 PM, 1h15m
Survive Alive House, G-Town
N115 W18700 Edison Dr.
Khushbu Randerwala
R \$15 NR \$18 1 class

We've Gone Social!





Nature Quest *NEW!*

Ages 8 - 13

Join us for a day of fun outdoor adventures with the Waukesha County Environmental Education Team! The day will begin by learning how to make your own recycled paper, then move on to learn about nature's ultimate recyclers - worms! Next we will discover the many creatures that live in our local water bodies and see firsthand how runoff causes pollution in our local streams and lakes. The afternoon will include outdoor treasure hunting with a geocaching/letterboxing activity, followed by an exploration of wildlife habitats from the viewpoint of animals that live in the park. We will learn about the insect world using sweep nets, and end the day with water safety instruction and a supervised swim in the lake. The program will take place rain or shine. Activities will be moved indoors if needed. Park entrance is included in fee. Participants should bring a bag lunch, sunscreen, swimsuit & towel, and dress for weather conditions.

7/27 Class #16109
Thu, 8:15 AM, 8h
Menomonee Park
W220 N7884 Town Line Rd.
Drop off: Picnic Area #2
Pick up: Beach House
R \$25 NR \$25 1 class

Recreational Tree Climbing *NEW!*

Ages 7 - 17

Fun, Fitness, Adventure! Peaceful and invigorating, recreational tree climbing allows climbers to ascend into and explore trees safely. Gain a new appreciation for trees, nature, and our county parks. All gear and instruction is provided. Participants should wear long pants, sturdy shoes, and bring a sense of adventure. Participants must sign a waiver from Tree Top Explorers prior to participation. Waivers will be available at the class. Park entrance is included in the fee. Register by July 14.

7/21 Class #16227
Fri, 5:30 PM, 2h
Menomonee Park
W220 N7884 Town Line Rd.
Tree Top Explorers
R \$35 NR \$35 1 class

Acrylic Painting *NEW!*

Ages 9 - 15

Students will receive step by step instruction as they learn to create form and illusions using techniques such as shading, highlighting, color contrast, stroke work, brush loading, and more. Drawings will be used as a base of reference. No experience or drawing skills necessary. All supplies are included. Please bring a smock.

6/12-7/3 Class #16826
Mon, 4:15 PM, 1h15m
Survive Alive House, G-Town
N115 W18700 Edison Dr.
Khushbu Randerwala
R \$43 NR \$48 4 classes

Watercolor Painting

Ages 9 - 15

Enjoy the creative expression of watercolor painting by learning the basic techniques and principles through an organized and accessible step by step approach. Our focus will be on gaining skills for the beginner or refining the style of the more experienced painter. All supplies are included. Please bring a smock.

7/24-8/14 Class #16828
Mon, 4:15 PM, 1h15m
Survive Alive House, G-Town
N115 W18700 Edison Dr.
Khushbu Randerwala
R \$43 NR \$48 4 classes

Madhubani Folk Art Painting *NEW!*

Ages 9 - 15

Students will receive step by step instruction as they learn the centuries old art of Indian Madhubani Folk Art Painting. This vibrantly colored, detailed traditional art helps develop concentration and hand-eye coordination. All supplies are included. Please bring a smock.

8/2 & 8/16 Class #16830
Wed, 4:15 PM, 1h15m
Survive Alive House, G-Town
N115 W18700 Edison Dr.
Khushbu Randerwala
R \$28 NR \$33 2 classes

All Kinds of Art Fun

Ages 5 - 13

Students will participate in traditional sketching and painting, but will also explore creating art with other tools, mediums and non typical processes.

7/13-8/10 Class #16387
Thu, 4:00 PM, 1h30m
Community Center Rm 102 B
Jon Mitchell
R \$45 NR \$55 5 classes

Paper Mache Fun

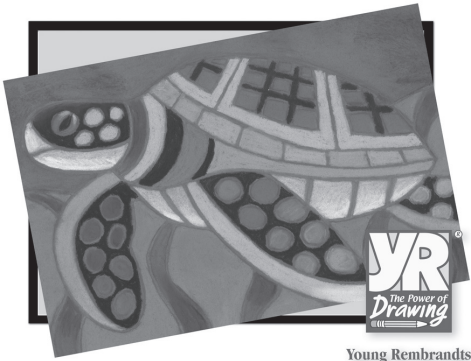
Ages 5 - 13

Your child will use their imagination to create paper mache art out of common household recyclable items.

7/11-8/15 Class #16388
Tue, 4:00 PM, 1h30m
Community Center Rm 102 B
Jon Mitchell
R \$45 NR \$55 6 classes



YOUTH ACTIVITIES & SPORTS



Young Rembrandts

Don Eisenhauer, Program Director

Ocean Life Pastel Drawing

Ages 6 - 12

Your child will explore ocean life as they learn to draw and color ocean-themed subjects with pastels. We will draw sea stars along the shoreline, a pair of vibrant clown fish, illustrate a sea turtle with bold patterns, a blue crab and a wondrous scene of jellyfish. Our instruction will bring remarkable results that will be suitable for framing.

7/31-8/3 Class #16631
Mon-Thu, 1:00 PM, 2h
Ben Franklin Rm 131
R \$80 NR \$80 4 classes

Apps & Video Games Drawing

Ages 6 - 12

Art is all around us, including in our phone and online. Students will learn new illustration and coloring techniques inspired by popular, classic and new apps and video games. Artwork will be inspired by pixel block characters, plants, zombies and more. Your child will have a blast putting their own personal touches on some of these favorites.

7/10-7/13 Class #16630
Mon-Thu, 1:00 PM, 2h
Ben Franklin Rm 131
R \$80 NR \$80 4 classes



Diggin' up Dinos

Ages 5 - 9

Investigate geology and paleontology as we spend time learning about dinosaurs. See how these ancient beasts lived, played and hunted. We will assemble skeletons of these extinct behemoths, and cast replicas of fossils that you can take home.

8/2 Class #16507
Wed, 12:30 PM, 4h
Community Center Rm 109
R \$49 NR \$59 1 class

Mad Science NASA Camp **NEW!**

Ages 5 - 12

Mad Science has teamed up with NASA in a quest for exploration! We'll take a voyage into the atmosphere and beyond as we explore planets, moons, and other space phenomena in our solar system. Things will heat up as we examine the sun and other stars and discover the difficulties of space travel. For added fun, we'll learn about the various technologies that make space exploration possible while bouncing lasers around the room. Kids will love to build their own Mad Science rocket and participate in a real "NASA" style rocket launch. Campers will have lots of projects to make and many cool NASA take homes, including a gravity assisted launcher, a Shuttle Copter, and more! Mad Science is the only organization licensed by NASA to use these activities for summer camps and school programs.

8/14-8/18 Class #16632
Mon-Fri, 12:30 PM, 3h30m
Community Center Rm 109
Mad Science Staff
R \$199 NR \$239 5 classes

Roaring Racecars and Machine Mania **NEW!**

Ages 8 - 12

Get ready for some super simple machines. Discover the power behind levers and see if you can hit the bullseye as you launch items using your very own Catapult. Race against the clock as you experiment with lifting and moving objects in our Micro Pincher relay. Investigate wheels and axels as you build your very own Drag Racer and participate in our Mad Science Drag Racer Derby.

8/3 Class #16506
Thu, 12:30 PM, 4h
Community Center Rm 109
R \$49 NR \$59 1 class



Chess Scholars Camp

Ages 5 - 12

Great for beginners or experienced young players, each class will consist of a fun interactive teaching period and guided practice time. New and returning participants are welcome and will get to the next level under the guidance of an experienced Chess Scholars Coach. Children will have an opportunity to test for a Chess Belt under a unique Chess Scholars system patterned after martial arts belts. There will also be a chess competition with prizes! Please bring your own snacks. No peanut products please.

6/12-6/16 Class #16622
7/31-8/4 Class #16623
8/14-8/18 Class #16624

Mon-Fri, 10:00 AM, 1h30m
Community Center Rm 120
Chess Scholars Staff
R \$89 NR \$109 5 classes



Pirates, Aliens, Robots and Who?

Ages 3 - 6

Alas...the Pirates have landed and are looking for their Treasure Chest! This class is filled with adventure and Robots of every kind. Go on a treasure hunt with Roamer the Robot, dig up dinosaur bones with Bee Bot, rev your engines with Speedy the Race car, land on the moon with the Aliens from outer space, and much more. Students will work with several versions of LOGO Programming (simple sequence programming using numbers, shapes, colors, etc.) Guaranteed to generate smiles, giggles, and laughs at every class.

8/7-8/10 Class #16439
Mon-Thu, 9:00 AM, 45m
Community Center Rm 109
R \$39 NR \$49 4 classes

STREAM Sampler Week

Ages 4 - 12

Step into the STREAM Zone (Science, Technology, Reading, Engineering, Arts & Math) and sample some of the newest technology programs. Each class will explore a different concept which could include; Coding, Robotics & Engineering with LEGO Educational kits, Video Game Design, Catapults, Digital Movie Making, LOGO Programming, GPS, Snap Circuits, Creative Writing, Art Exploration, and more.

Ages 4 - 6
8/7-8/10 Class #16440
Mon-Thu, 10:00 AM, 45m
R \$39 NR \$49 4 classes

Ages 7 - 12
8/7-8/10 Class #16441
Mon-Thu, 11:00 AM, 1h
R \$49 NR \$59 4 classes

Community Center Rm 109

365 Things To Do With LEGOS *NEW!*

Ages 7 - 12

This is the ultimate hands-on LEGO Class! Students will pick and choose daily challenges from the official 365 Things To Do With LEGOS book. Chopstick Challenge, Top Spinners, and board game design are only some of the challenges available. Instruction and free build will be encouraged to ensure everyone is being challenged while having fun with their friends.

8/7-8/10 Class #16437
Mon-Thu, 12:30 PM, 1h
Community Center Rm 109
R \$49 NR \$59 4 classes

CSI: Crime Scene Investigation

Ages 7 - 12

Get ready to become part of the biggest crime scene investigation of the century! It's up to you to solve the crime using CSI techniques used by the experts. Think lie detectors, motion detectors and surveillance cameras. Digital microscopes will be used to examine items left at the crime scene, such as fingerprints, hair samples, powder samples and much more. Which one of your classmates is the suspect in the case? It may even be you! Note-We offer different classes every season.

8/7-8/10 Class #16438
Mon-Thu, 1:45 PM, 1h
Community Center Rm 109
R \$49 NR \$59 4 classes



Students signing up for back-to-back classes may stay with the instructor between classes. If attending both the 11:00 & 12:30 class, students are welcome to bring a lunch.



Babysitter Training - American Red Cross

Ages 11 - 18

Created by industry-leading experts, this class will cover a wide range of information that can help new babysitters gain the skills and confidence needed to care for infants and children. Along with basic child care and first aid, students will learn how to recognize, understand and handle behavior issues, how to stay safe, what to do in an emergency, and how to start their own babysitting business. Participants will receive certification upon successful completion of the class. Please send a lunch with your child.

6/12 Class #16211
(Cancel by 5/25 for refund)
Mon, 9:00 AM, 7h30m

6/13 Class #16212
(Cancel by 5/25 for refund)
Tue, 9:00 AM, 7h30m

7/12 Class #16213
(Cancel by 6/26 for refund)
Wed, 9:00 AM, 7h30m

Community Center Rm 2 LL
American Red Cross Staff
R \$99 NR \$119 1 class

Basic First Aid for Kids

Ages 8 - 14

Your child will have fun while learning the basics of what to do in case of an emergency. Topics include: bandaging, burn care, calling 911, and more.

6/5 Class #16121
Mon, 6:00 PM, 1h
Germantown Fire Station #2
N115 W18752 Edison
R \$6 NR \$6 1 class



YOUTH ACTIVITIES & SPORTS

Learn Not To Burn

Ages 4 - 7

Using the Learn Not to Burn Program developed by the National Fire Protection Assoc., students will learn the basics of fire safety and burn prevention. Stories, songs, videos and activities are used by firefighters to introduce the children to fire safe behaviors.

7/20-8/10 Class #16122
Thu, 6:30 PM, 1h
Survive Alive House, G-Town
N115 W18700 Edison
R \$12 NR \$17 4 classes

Beginning Guitar

Ages 6+

This class is intended for students who are new to guitar, and will provide a strong technical foundation. We will begin with a scale and simple melodies, and progress to strumming chords and playing songs. You don't need to know how to read music to participate in this class. Please bring your guitar and pick. All other materials will be provided. Students ages 6 - 9 must get consent from the instructor prior to registering by calling 414-628-7627. Register by May 31.

6/7-7/12 Class #16110
Wed, 6:00 PM, 50m
Rockfield Music & Media
N132 W17225 Rockfield Rd.
Guy Fiorentini
R \$62 NR \$67 6 classes

Girls Fun Camp

Ages 7 - 11

Grab a friend and join this camp for girls only! Exciting and fun activities will include nail art, tattoos and face painting. Our day will start off with dancing and hula hooping, followed by a game and craft. Snacks will be provided each day.

6/26-6/30 Class #16628
Mon-Fri, 1:15 PM, 3h
Community Center Rm 2 LL
Nidhi Oberoi
R \$79 NR \$95 5 classes

Learn Magic with Glen Gerard

Ages 8+

Professional Magician Glen Gerard teaches stunning magic tricks that you can perform with items found around the home. Students will learn sleight of hand, misdirection and showmanship. Fool your friends and family with magic and be a hit at any event.

7/19 Class #16218
Wed, 10:30 AM, 1h
G-Town DPW Highway Dept. Building
N122 W17177 Fond du Lac Ave.
Glen Gerard
R \$17 NR \$20 1 class

Community Band

Ages 13+



Under the direction of Mr. John Woger, and sponsored by Menomonee Falls Band Bunch, the Community Band is open to adults of any age, and students entering grades 8 - 12.

There are no auditions, but you must be able to read and play band music. Recent experience is not required, so dust off your instruments and join the band! There will be an opportunity to order a concert T-shirt at the first two rehearsals. A concert will be held on July 27, 6:30 PM at the MF High School Auditorium.

6/20-7/25 Class #16386
Tue, 7:00 PM, 1h30m
High School Rm 170
FREE, but registration is required.



Discount Tickets

Theme Park & Attraction Tickets

In cooperation with the Wisconsin Park and Recreation Association (WPR&A), our department is happy to offer the discount tickets listed.

- Tickets can be purchased Monday - Friday, May 1 - August 18, 8:15 am - 4:00 pm
- Tickets can be purchased by cash, check, Visa or Mastercard
- All sales are final. No refunds.

Milwaukee County Zoo

Tickets valid May 29 - Sept. 4, 2017.
Age 2 and under Free

Adult - Your Price: \$10.50
Savings \$3.75

Child - Your Price: \$8.50
Savings \$2.75

Noah's Ark in Wisconsin Dells

Tickets valid May 27 - Sept. 4, 2017
Children Under 36" Free

Child & Adult - Your Price: \$27.00
Child Savings \$3.95
Adult Savings \$14.62

Six Flags Great America

Tickets valid April 29 - Nov. 5, 2017
Age 2 and under Free

Any Day Ticket
Adult - Your Price: \$48.25
Savings \$26.93

WPR&A Week Ticket (July 1-9)
Adult - Your Price: \$36.25
Savings \$38.93

Children age 2 and under are free at all attractions. We do not sell child tickets. Under 54" tall is considered a child.



Summer Day Trips for Teens!

Noah's Ark Waterpark Trip

Entering Grades 6 - 12

Noah's Ark Water Park in Wisconsin Dells offers a variety of water slides, wave pools and lazy rivers. Fee includes admission to the park, a hot dog lunch and transportation. Bring money to purchase snacks on your own, a swimsuit, towel, and sunscreen. Please Note: Germantown is the first pick up and last drop off location.

Register by June 2

6/16 Class #16635
Fri, 7:00 AM - 7:00 PM
G-Town Village Hall Parking Lot
N112 W17001 Mequon Rd.
R \$32 NR \$32

Teen Kayak Trip **NEW!**

Ages 12 - 18

Join Milwaukee Kayak Company (MKC) as we explore Milwaukee's urban water trail through Downtown Milwaukee on the Milwaukee River. Plan to enjoy a bit of exercise and lots of fresh air as we casually paddle upriver and then back downriver to the MKC dock while taking in the sights and sounds of the city. Kayak, life jacket and paddles are provided. After you register, we will send you materials on what to bring along and what to expect. For more information about MKC, please visit our website at milwaukeekayak.com. Please bring money for a lunch stop on the way home.

Register by July 13

7/18 Class #16514
Tue, 9:15 AM, 5h45m
Community Center Parking Lot
R \$40 NR \$49 1 class

Great America Trip

Entering Grades 6 - 12

Experience some of the fastest, tallest and wildest, heart-pumping rides in the country! Fee includes admission to the park and transportation. If you have a season pass and want to attend, the trip fee will be \$14.00, but registration must be done at the CE & Rec Dept. office. Participants must bring a bag lunch, sunscreen, and money to purchase meals on your own. If your child wishes to use the waterpark, bring a swimsuit, towel, and extra \$8 on the day of the event.

Register by June 23

7/6 Class #16637
Thu, 8:00 AM - 8:00 PM
G-Town Village Hall Parking Lot
N112 W17001 Mequon Rd.
R \$50 NR \$50

Day of Fun Under the Sun

Entering Grades 6 - 12

Join your friends for a day of fun at Phantom Ranch Camp in Mukwonago! Fee includes all day swimming at the beach and participation in basketball, dodgeball, Frisbee golf, carpetball and archery. The fee also includes your choice of one of the following: Paint Ball, Horseback Riding or a Banana Boat ride. Please indicate your choice when registering. Participants wishing to partake in an additional choice may do so at an additional cost, payable at the ranch. All participants should bring a swimsuit, towel, sunscreen, money for snacks or other activities, and a bag lunch.

Register by July 24

8/7 Class #16636
Mon, 8:30 AM - 4:30 PM
G-Town Village Hall Parking Lot
N112W17001 Mequon Rd.
R \$40 NR \$40

Art for All Ages



OPEN HOUSE

Enjoy this special exhibit of artwork done by Menomonee Falls School District students and adult participants from various CE & Rec Dept. programs.

Friends and family are encouraged to attend. Refreshments will be served.

Saturday, April 29
10:00 AM - Noon
MF Community Center

FREE





MENOMONEE FALLS TEEN CENTER



Hours for 2017 Summer

Fridays / Grades 6-8

6:30 to 10:00 PM

June 9 – August 25

No program 6/30, 9/1

Students must be picked up by 10:00 PM

END OF YEAR
PARTY



June 2,
6:30-10:00 PM

Students entering 6th grade in
Fall 2017 are also welcome to
attend this event.

Teen Center registration for
2017-2018 school year is required
prior to attending.



What is the Teen Center?

Entering Grades 6-9 in Fall

Located in the Community Center

The Teen Center provides a safe, supervised, active, healthy and fun environment for youth, which promotes positive choices and an environment free of alcohol and other drugs. Activities include:

- Air Hockey, Ping Pong
- Cards, Video Games, Computers
- Basketball
- Concessions, Special Events and Dances

Fees

Annual Registration (June - May)

- An annual registration fee of \$7 per participant is required.
- Annual registration can be completed online, at the CE & Rec office, or completed at the Teen Center with a parent or guardian present.

Class #16839

Fees are payable at door:

- \$3 Resident / \$5 Non-Resident



Any student wishing to exit the building prior to 9:45 must have a parent or guardian sign them out.

A student car pooling with a friend will be allowed to leave with the parent or guardian of that friend. Once a student leaves, he or she will not be allowed back into the Teen Center for the remainder of the evening. All students must be picked up by 10:00 PM.



MIDDLE SCHOOL LOCK-IN

BASKETBALL | SWIMMING | INFLATABLES | DJ DYLAN | PRIZES AND MORE!

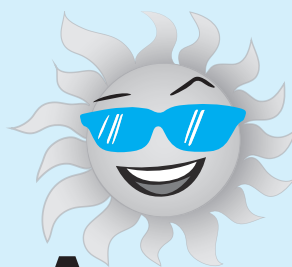
\$10 if registered by May 12 by noon
\$15 at the door

Class #16008

MAY 12, 2017

**7:00 TO 10:00 PM
NORTH MIDDLE SCHOOL**

If you are interested in volunteering, please contact Candice Southcott at (262) 255-8460 or soutcan@sdmfschools.org.



Falls Summer Academy

Register on-line or through the CE & Rec office.

Session I

June 19–July 6 (no class July 3 & 4)

Must register by June 1

Session II

July 10–July 27

Must register by June 22

Classes run Monday–Thursday unless noted.

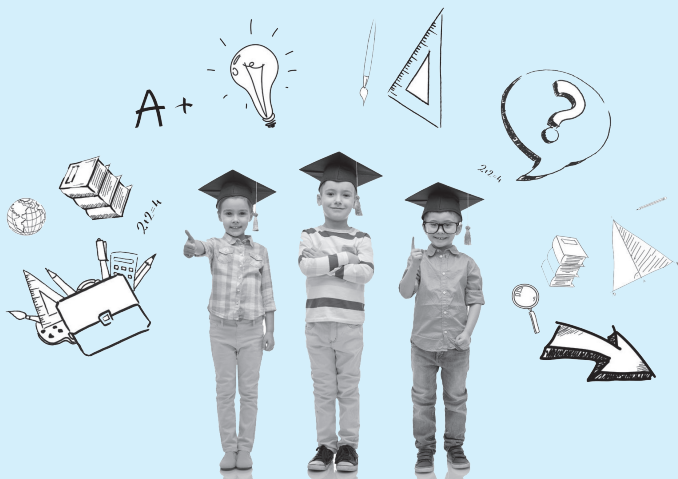
Who Can Register?

- Students who live within the boundaries of the School District of Menomonee Falls and attend a Menomonee Falls public or parochial school. (Students living within the Sussex Hamilton School District are considered non-residents.)
- Students who are enrolled with the School District of Menomonee Falls for the 2017–2018 school year, but live outside district boundaries.
- Non-resident students who do not meet requirements can register at a cost of \$175.00 for a 3-week course and \$300.00 for a 6-week course. Please contact the CE & Rec Dept. at (262) 255-8460 to register.

MOST *FREE!*
CLASSES ARE

Keep these points in mind when registering:

- ✓ Register for classes based on the grade the student will be entering in Fall 2017, except where otherwise noted in the course offerings.
- ✓ The class content for courses with multiple date offerings is the same for each class. Students will not be allowed to take the same course twice.
- ✓ The elementary program will be divided across two sites: Grades 4K–2 will be at Ben Franklin and Grades 3–5 will be at Riverside. Times across sites will be staggered to provide time to get students to the various sites.
- ✓ A teacher's referral and code is required when noted.
- ✓ Most classes are FREE. If there is a nominal fee, it is listed. The district uses this money to purchase consumable materials that students use in the class.
- ✓ Waiting list priority will be given to students who are not already enrolled in another class at that time.
- ✓ Bus transportation is not available for students.



Courses for Grades 4K-2

Entering Grades 4K-2 held at Ben Franklin Elementary

PLEASE NOTE: The class content for courses with multiple date offerings is the same for each class. Students will not be allowed to take the same course twice.

At-A-Glance Summary

Monday – Thursday Classes (no class July 3 & 4)

For Students entering 4K	June 19 – July 27
	8:15 – 11:15
Get Set for 4K	16235

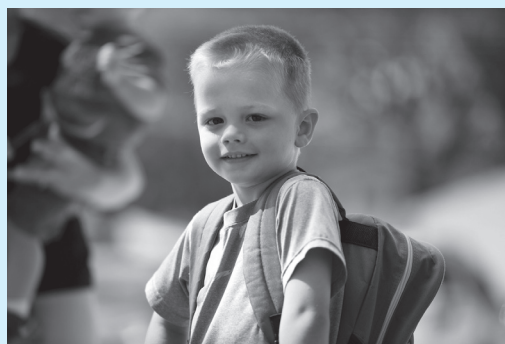
For Students entering 5K	June 19 – July 27
	8:15 – 11:15
Gateway to 5K	16236

Entering Grades 1-2	June 19–July 6		July 10–July 27	
	8:15–9:45	9:50–11:20	8:15–9:45	9:50–11:20
American Girl ...	16340	16341	16342	16343
Dance, Dance, Dance	16284	16285	16286	16287
Drama Camp	16249	16250	16251	16252
Golf for Beginners	16360	16361	—	—
Hola! Spanish Speaking Fun	16325	16326	16327	16328
Lego StoryStarter	16257	16258	16259	16260
Let's Get Cooking ...	16348	16349	16350	16351
Math Problem Solving	16271	16272	16273	16275
Mixed Media	16237	16238	16239	16240
Playground Games	16280	16281	16282	16283
Reading, Writing, Technology	16296	16297	16298	16299
Weather Camp	16317	16318	16319	16320

Entering Grades 5K-2	June 19–July 6	July 10–July 27
Girls Volleyball/Basketball	12:30 – 1:30	12:30 – 1:30
	16364	16365

Teacher referral required	June 19 - July 27	
	8:15 – 9:45	9:50 – 11:20
Supportive Math–Grade 1	16376	16377
Supportive Reading–Grade 1	16366	16367
Supportive Math–Grade 2	16378	16379
Supportive Reading–Grade 2	16368	16369

Entering Grades 5K-2	Tue & Thur June 20–July 27
Future Champions–Wrestling Fundamentals (at MFHS)	12:30–1:30
	16626



Get Set for 4K

8:15-11:15 | 6 Week Course

Students must be 4 years old by Sept. 1, 2017. Children will have the opportunity to interact with students their own age to ease the transition to 4K. With a focus on socialization, children will enjoy games, songs, stories, projects, and also a sneak preview of the Menomonee Falls 4K program. Our room will be filled with excitement, song, and dance. Each week will be a new unit of fun.

Gateway to 5K

8:15-11:15 | 6 Week Course

Students must be 5 years old by Sept. 1, 2017. Have your child join us for a fun-filled class of dramatic play. Children will learn through play, expand their vocabularies, create projects, and work on basic literacy and math skills to help transition to kindergarten. Each week will be a new unit of fun.

American Girl Journey Thru History

8:15-9:45 and 9:50-11:20 both sessions

3 Week Course

Campers will follow the adventures of the characters in the American Girl series. By participating in fun hands on projects, your child will learn about life in the past and how it relates to life in the present.

Dance, Dance, Dance

8:15-9:45 and 9:50-11:20 both sessions

3 Week Course

Students will work on strength and flexibility while learning hip hop, jazz and pom moves. They will also try out their dance skills and see what it takes to be part of a group dance. On the last week of class, students will have the opportunity to perform in front of their parents.

Drama Camp

8:15-9:45 and 9:50-11:20 both sessions

3 Week Course

This fun filled class will introduce students to acting techniques, using props and creating settings. Campers will experience the different aspects of putting on a short play by performing for fellow campers and family members.



QUESTIONS? For questions regarding Falls Summer Academy programs for Grades 4K-5, please contact Mr. Eisenbach - eiseand@sdmfschools.org.

Girls Volleyball/Basketball Camp

12:30–1:30 both sessions

3 Week Course

Students will learn the basics of volleyball and basketball in this fun, fast paced camp. Campers will spend 30 minutes learning proper volleyball techniques, and taking part in drills to increase their hitting, setting, bumping and serving while playing games with other campers. They will also have 30 minutes of basketball where they will take part in a variety of ball handling and shooting activities. Athletes will also enhance their skills while having fun playing basketball games.

Golf for Beginners

8:15-9:45 and 9:50–11:20 | June 19–July 6

3 Week Course

Golf for Beginners will focus on the fundamentals of golf such as grip, stance and posture. Students will also learn the basics of chipping, putting and swinging.

Hola! Spanish Speaking Fun

8:15-9:45 and 9:50-11:20 both sessions

3 Week Course

Do you want to learn Spanish? Do you like to learn about other places in the world? If you said yes to both, this is the class for you. We will use stories, songs and projects to learn about different Spanish speaking countries.

Future Champions–Wrestling Fundamentals

Tue & Thu, 12:30–1:30 | June 20–July 27

6 Week Course

The MF wrestling program is excited to announce their first annual coed youth wrestling program. The cornerstone of our philosophy is that wrestling should be enjoyable and fun for all young athletes. Students will learn the basic skills of wrestling while building strength and body awareness that will cross over to other sports. Classes meet twice a week at MFHS. No class 7/4 & 7/6.

Lego Camp StoryStarter (\$10.00 Fee)

8:15-9:45 and 9:50-11:20 both sessions

3 Week Course

Lego StoryStarter is a hands-on, minds-on, literacy solution designed to create confident writers and readers. StoryStarter combines a unique LEGO set with curriculum and software designed to engage and teach 21st century skills.

Let's Get Cooking - Book Cooks (\$10.00 Fee)

8:15-9:45 and 9:50-11:20 both sessions

3 Week Course

This fun class will incorporate popular children's books with cooking. A story will be shared with the students, and a recipe will be prepared that is related to the book. Cooking safety, making healthy food choices, and cleaning up will all be incorporated into the class.



QUESTIONS? For questions regarding Falls Summer Academy programs for Grades 4K–5, please contact Mr. Eisenbach - eiseand@sdmfschools.org.

Problem Solving – STEM

8:15-9:45 and 9:50-11:20 both sessions

3 Week Course

Students will work on problem solving real life events in a challenging and fun way while developing their skills in Science, Technology, Engineering, and Mathematics.

Mixed Media (\$10.00 Fee)

8:15-9:45 and 9:50-11:20 both sessions

3 Week Course

Explore how to create works of art on multiple surfaces using many different materials, such as paint and chalk. We will also create smaller works of art on unique surfaces, such as found items or stools.

Playground Games

8:15-9:45 and 9:50-11:20 both sessions

3 Week Course

Students will have a blast while learning how to play popular and fun playground games. They will learn the rules, and how to adapt the games for a fun new challenge.

Reading, Writing & Technology

8:15-9:45 and 9:50-11:20 both sessions

3 Week Course

Calling all readers! Campers will have the opportunity to incorporate reading, writing and technology in this fun hands-on camp. Students will work on a story board, read a variety of literature, and then have an opportunity to explore and create videos about the books using iPads.

Supportive Math

8:15-9:45 and 9:50-11:20

6 Week Course

Teacher Referral Required to Sign Up for this Course. This program is designed for students who need to further develop the skills and concepts in the district's math curriculum. We will teach to the needs of individual students, as well as encourage understanding and application of the grade level outcomes.

Supportive Reading

8:15-9:45 and 9:50-11:20

6 Week Course

Teacher Referral Required to Sign Up for this Course. This reading course uses a reading workshop format to provide early readers with a strong literacy foundation. It includes lessons focusing on early phonics skills, using reading comprehension strategies, literature appreciation, and writing.

Weather Camp (\$10.00 Fee)

8:15-9:45 and 9:50-11:20 both sessions

3 Week Course

Your little camper will be introduced to the wonders of weather. They will learn how weather affects plants and nature by taking part in weather experiments. We will also focus on how weather is created and precautions necessary for different types of weather.



Courses for Grades 3-5

Entering Grades 3-5 held at Riverside Elementary

PLEASE NOTE: The class content for courses with multiple date offerings is the same for each class. Students will not be allowed to take the same course twice.

At-A-Glance Summary

Monday – Thursday Classes (no class July 3 & 4)

Entering Grades 3-5	June 19–July 6		July 10–July 27	
	8:00–9:30	9:35–11:05	8:00–9:30	9:35–11:05
3D Art	16245	16246	16247	16248
Art Camp ...	16241	16242	16243	16244
Business Basics	16356	16357	16358	16359
Chemistry & Cooking	16336	16337	16338	16339
Computer Coding	16333	16334	16335	16472
Dance, Dance, Dance	16288	16289	16290	16291
Engineering - STEM	16276	16277	16278	16279
German ...	16329	16330	16331	16332
Golf for Beginners	---	---	16362	16363
Intro to Robotics	16321	16322	16323	16324
Lego Design	16265	16266	16267	16269
Reading Adventures	16300	16301	16302	16303
Scrapbooking	16352	16353	16354	16355
Team Building ...	16292	16293	16294	16295
Theater Camp	16253	16254	16255	16256
World Adventures	16344	16345	16346	16347

Entering Grade 3 Held at Ben Franklin Elementary	June 19–July 6	July 10–July 27
Girls	12:30 – 1:30	12:30 – 1:30
Volleyball/Basketball	16364	16365

Entering Grades 3-5 Held at MFHS	June 19–July 27 11:15 – 12:15
Boys Basketball	16553

For Students Entering Grade 5 Held at Menomonee Falls High School	June 19–July 20
	8:30 – 9:30
Speed & Agility	16466

Teacher referral required	June 19 - July 27	
	8:00–9:30	9:35–11:05
Supportive Math–Grade 3	16380	16381
Supportive Reading–Grade 3	16370	16371
Supportive Math–Grade 4	16382	16383
Supportive Reading–Grade 4	16372	16373
Supportive Math–Grade 5	16384	16385
Supportive Reading–Grade 5	16374	16375

Entering Grades 3–5	Tue & Thur June 20–July 27
Future Champions–Wrestling Fundamentals (at MFHS)	12:30–1:30 16626
Entering Grades 4–5	Mon – Thurs June 19–July 27
Girls Basketball (at MFHS)	8:00–9:30 16501

3D Art (\$10 Fee)

8:00-9:30 and 9:35-11:05 both sessions

3 Week Course

Students have an opportunity to sketch, draw, sculpt, paint, and make crafts out of a variety of available materials. Our focus this summer will be 3D art that can be handled, touched, or perceived by its length, width, and depth.

Art Camp–Photography & Drawing (\$10 Fee)

8:00-9:30 and 9:35-11:05 both sessions

3 Week Course

This class will familiarize students with photography techniques and introduce them to the concept of point of view. They will utilize iPads to take pictures of a variety of natural objects outdoors, as well as portraits. Drawing techniques will also be taught and practiced.

Boys Basketball

11:15-12:15 | June 19–July 27

6 Week Course

Come join our High School Coaching Staff and receive a summer full of basketball skill development, instruction, and plenty of fun! Summer is the most important time for athletes to develop individually as a complete basketball player. The focus of this class will be on developing fundamentals and skills, increasing basketball IQ, playing team basketball, and plenty of live games! Held at MFHS. No class 6/26–7/6.

Business Basics

8:00-9:30 and 9:35-11:05 both sessions

3 Week Course

Through game playing and various activities, students will learn about earning, spending, sharing, managing and saving money. We will also identify businesses that students can start or jobs they can perform to earn money.

Chemistry and Cooking (\$10 Fee)

8:00-9:30 and 9:35-11:05 both sessions

3 Week Course

Yes, try this at home. In this hands on class, campers will get the opportunity to explore different scientific processes using edible items. These experiments will help them better understand how different elements react with one another. Some experiments will even be edible.



QUESTIONS? For questions regarding Falls Summer Academy programs for Grades 4K–5, please contact Mr. Eisenbach - eiseand@sdmfschools.org.

Computer Camp Coding

8:00-9:30 and 9:35-11:05 both sessions

3 Week Course

Students will use their creativity and imagination to design and program computer animations. We will use Scratch, an interactive program designed specifically to introduce young minds to the field of computer science. If your child is interested in exploring the areas of science, technology, and math in an interactive and hands-on environment, this is the class for them.

Dance, Dance, Dance

8:00-9:30 and 9:35-11:05 both sessions

3 Week Course

Students will work on strength and flexibility while learning hip hop, jazz and pom moves. They will also try out their dance skills and see what it takes to be part of a group dance. On the last week of class, students will have the opportunity to perform in front of their parents.

Engineering Adventures – STEM

8:00-9:30 and 9:35-11:05 both sessions

3 Week Course

This class will use a Science, Technology, Engineering and Mathematics based curriculum to solve engineering design challenges based on real events around the world. This will be a fun and challenging learning experience.

Future Champions–Wrestling Fundamentals

Tue & Thu, 12:30–1:30 | June 20–July 27

6 Week Course

The MF wrestling program is excited to announce their first annual coed youth wrestling program. The cornerstone of our philosophy is that wrestling should be enjoyable and fun for all young athletes. Students will learn the basic skills of wrestling while building strength and body awareness that will cross over to other sports. Held at MFHS. No class 7/4 & 7/6.

German Language & Culture

8:00-9:30 and 9:35-11:05 both sessions

3 Week Course

Students will learn basic phrases, including colors, greetings, foods, alphabet, body parts, songs, and much more in German. They will also explore cultural traditions and how they are celebrated in German speaking countries.

Girls Basketball (Grades 4–5)

8:00–9:30 | June 19–July 27

6 Week Course

Students will have fun and increase their basketball IQ while developing the fundamentals and skills needed to play basketball. We will play plenty of games, and athletes will also have the opportunity to play against friends and even the high school players. Held at MFHS.

Girls Volleyball/Basketball (Grade 3)

12:30–1:30 both sessions

3 Week Course

Students will learn the basics of volleyball and basketball in this fun, fast paced camp. Campers will spend 30 minutes learning proper volleyball techniques, and taking part in drills to increase their hitting, setting, bumping and serving while playing games with other campers. They will also have 30 minutes of basketball where they will take part in a variety of ball handling and shooting activities. Athletes will also enhance their skills while having fun playing basketball games. Held at Ben Franklin Elementary.

Golf for Beginners

8:00-9:30 and 9:35-11:05 | July 10–27

3 Week Course

Golf for Beginners will focus on the fundamentals of golf such as grip, stance and posture. Students will also learn the basics of chipping, putting and swinging.

Introduction to Robotics (\$10 Fee)

8:00-9:30 and 9:35-11:05 both sessions

3 Week Course

The LEGO Education WeDo Construction Set introduces young students to robotics. Students will build LEGO models featuring working motors and sensors. They will program the models, and explore a series of cross-curricular, theme-based activities while developing skills in science, technology, engineering, mathematics, language, literacy, and social studies.

Lego Design (\$10 Fee)

8:00-9:30 and 9:35-11:05 both sessions

3 Week Course

Using problem solving models, campers will investigate to understand the operation of simple and compound machines found in everyday life, such as: wheels and axles, levers and pulleys, gears and more.

Reading Adventures-Book Club

8:00-9:30 and 9:35-11:05 both sessions

3 Week Course

This course will offer students an opportunity to build their comprehension skills and use appropriate reading strategies through book talk discussions and activities. Students will also have fun completing creative projects that coincide with the books they are reading. Each student will leave with booklists and a motivation to read all summer long.

Scrapbooking (\$15 Fee)

8:00-9:30 and 9:35-11:05 both sessions

3 Week Course

Help keep your special memories by creating a scrapbook. Students will put together scrapbook pages for a variety of topics, including pets, vacations, holidays, family, friends and much more. Bring your pictures to class or add them to your finished layouts later. Students will leave class with a special keepsake of their favorite memories.



Speed, Agility & Strength *(Grade 5)*

8:30-9:30 | June 19-July 20

This class will focus on the importance and value of exercise. Cardiovascular fitness, strength development, muscular endurance, speed development, and flexibility will be promoted through the use of all physical education facilities and equipment. Other areas that will be covered include strength training program design, proper spotting techniques and weight room safety. Held at MFHS. No class 7/3-7/6.

Supportive Math

8:00-9:30 and 9:35-11:05

6 Week Course

Teacher Referral Required to Sign Up for this Course. This program is designed for students who need to further develop the skills and concepts in the district's math curriculum. We will teach to the needs of individual students, as well as encourage understanding and application of the grade level outcomes.

Supportive Reading

8:00-9:30 and 9:35-11:05

6 Week Course

Teacher Referral Required to Sign Up for this Course. This reading course uses a reading workshop format to provide early readers with a strong literacy foundation. It includes lessons focusing on early phonics skills, using reading comprehension strategies, literature appreciation, and writing.

Team Building & Adventure Camp

8:00-9:30 and 9:35-11:05 both sessions

3 Week Course

Students will have a great time while participating in a variety of team building games and activities. We will use problem solving strategies, teamwork and creativity to compete in relay races and to complete obstacles.

Theater Camp

8:00-9:30 and 9:35-11:05 both sessions

3 Week Course

From start to finish, campers will learn what it takes to put on a play. They will work on projection, stage directions, developing scenery, and utilizing props for a performance they will put on for the other classes and their families.

World Adventures

8:00-9:30 and 9:35-11:05 both sessions

3 Week Course

Students will explore different countries and continents throughout the world, and learn information such as interesting facts, education experiences, food, climate, weather and more. As we travel throughout the world, we will read stories, listen to music, and experience some of the local cuisine.



QUESTIONS? For questions regarding Falls Summer Academy programs for Grades 4K-5, please contact Mr. Eisenbach - eiseand@sdmfschools.org.



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Middle School Courses

Entering Grades 6 – 8 held at MF High School



Due to construction at North Middle School, all classes other than North Sneak Peek will take place at the MF High School.

PLEASE NOTE: The class content for courses with multiple date offerings is the same for each class. Students will not be allowed to take the same course twice.

At-A-Glance Summary

Entering Grades 6	Aug 7	Aug 7	Aug 8	Aug 8	Aug 9	Aug 10
North Sneak Peek:	8:00–11:00	12:00–3:00	8:00–11:00	12:00–3:00	8:00–11:00	12:00–3:00
Transition to 6th Grade	16609	16610	16611	16612	16613	16614

Classes are held Monday – Thursday (No class July 3 & 4)

Entering Grade 6	June 19–July 27	
Teacher referral required	8:05–9:35	9:40–11:10
Supportive Math	16595	16596
Supportive Reading	16601	16602

Entering Grade 7	June 19–July 27	
Teacher referral required	8:05–9:35	9:40–11:10
Supportive Math	16597	16598
Supportive Reading	16603	16604

Entering Grade 8	June 19–July 27	
Teacher referral required	8:05–9:35	9:40–11:10
Supportive Math	16559	16600
Supportive Reading	16605	16606
Bridge to Algebra	16607	16608

Entering Grades 6–8	June 19–July 6		July 10–July 27	
	8:05–9:35	9:40–11:10	8:05–9:35	9:40–11:10
Art - Open Studio	16556	16557	16558	16559
Back to Our Future	16589	16590	---	---
Creative Writing	---	---	16561	16562
Entrepreneur Innovat.	16584	---	---	16585
Financial Literacy	---	16582	16583	---
Keyboarding Camp	16569	16570	16571	16572
Lego Robotics	16564	16565	---	---
Play It! Fitness	16591	16592	16593	16594
Reading the Movies	16578	16579	16580	16581
Tween Cuisine	16573	16574	16575	16576
Village Bells	---	16588	---	---
Village Voices	16587	---	---	---

Entering Grades 6–8	June 19–July 27 10:00–11:00
Boys Basketball	16474

Entering Grades 6–8	June 19–July 20 8:30–9:30
Speed, Agility & Strength	16466

Entering Grade 6	Tue & Thur June 20–July 27
Future Champions–Wrestling Fundamentals	12:30–1:30 16626

Entering Grades 7–8	Tue & Thur June 20–July 27
Indians Wrestling Academy	1:30–2:30 16627

Entering Grades 6–8	Mon – Thur June 19–July 27
Girls Basketball	8:00–9:30 16501

Art – Open Studio (\$10.00 fee)

8:05-9:35 and 9:40-11:10 both sessions

3 Week Course

Students will have the opportunity to explore a broad array of art media and techniques in an open studio setting. Students who respond best to structure and guidance from the instructor will be able to look at samples and create artwork based on a predetermined format. Students who prefer to explore techniques and discover the limitations of media on their own will be allowed to self pace and work independently to create drawings, paintings, painted found objects such as furniture or t-shirts, sculpture and jewelry. The learning environment will be conducive to collaboration, innovation and creativity.

Back to Our Future

8:05-9:35 and 9:40-11:10 | June 19–July 6

3 Week Course

Learn career and college skills through project based learning. We will examine and experience the 21st century skills that we all need to succeed in a world that's getting smaller and smaller. Between short lessons and working on our individual projects, we will even take time to tour colleges, listen to guest speakers and visit some businesses. The culmination will be an Open House presentation of all our hard work.

Boys Basketball

10:00-11:00 | June 19–July 27

Come join our High School Coaching Staff and receive a summer full of basketball skill development, instruction, and plenty of fun! Summer is the most important time for athletes to develop individually as a complete basketball player. The focus of this class will be on developing fundamentals and skills, increasing basketball IQ, playing team basketball, and plenty of live games! No class 6/26–7/6.



QUESTIONS: For questions regarding Falls Summer Academy programs for Grades 6 – 8, please contact Mr. Marty – MartSco@sdmfsschools.org.



Bridge to Algebra

8:05-9:35 and 9:40-11:10 | June 19-July 27

6 Week Course

Teacher Referral Required to Sign up for this Course.

Students have been recommended by their seventh grade math teacher because they did not meet criteria for placement into 8th grade algebra, or could benefit with additional support and more practice of prerequisite skills. Students will complete lessons and activities based on the 300 Level College and Career Readiness Skills and become familiar with the 8th grade assessment process. Skill bands included will be: Basic Operations and Applications, Probability, Statistics, and Data Analysis, Number Concepts and Properties, Graphical Representations, Measurement, Properties of Plane Figures and Expressions, Equations, and Inequalities. If students demonstrate proficiency of skills assessed throughout this course, they will be considered for placement into 8th grade Algebra in Fall.

Creative Writing

8:05-9:35 and 9:40-11:10 | July 10-July 27

3 Week Course

Participants will explore the dynamics of creative writing through short stories, novelettes and screen plays. Instructors will also introduce students to various forms and conventions of poetry prose and creative writing through modeling and practice. Students will enjoy lessons using the creative process to assist them in formulating their own thoughts and ideas. Using the writing process, students will engage in interesting, hands-on activities that will guide and enrich their skills in writing and learning. The final product of this journey will be a compilation of original works and illustrations by each writer.

Entrepreneur Innovations

8:05-9:35 | June 19-July 6

9:40-11:10 | July 10-July 27

3 Week Course

Do you want to come up with a new, unique product or service to address a specific market niche? This course will include fascinating, hands-on classroom activities that will allow you to think creatively and invent new products that address everyday opportunities. If you are an innovative entrepreneur, then this course is for you!

Financial Literacy

9:40-11:10 | June 19-July 6

8:05-9:35 | July 10-July 27

3 Week Course

Do you like to learn by using online simulations? Do you want to learn more about money, finances, and the stock market? This course will include web-based classroom simulations and activities that allow middle school students to learn more about personal financial literacy. Take this course if you want a head start on becoming financially independent.

Future Champions-

Wrestling Fundamentals (Grade 6)

Tue & Thu, 12:30-1:30 | June 20-July 27

6 Week Course

The MF wrestling program is excited to announce their first annual coed youth wrestling program. The cornerstone of our philosophy is that wrestling should be enjoyable and fun for all young athletes. Students will learn the basic skills of wrestling while building strength and body awareness that will cross over to other sports. No class 7/4 & 7/6.

Girls Basketball (Grades 6-8)

8:00-9:30 | June 19-July 27

6 Week Course

Students will have fun and increase their basketball IQ while developing the fundamentals and skills needed to play basketball. We will play plenty of games, and athletes will also have the opportunity to play against friends and even the high school players.

Indians Wrestling Academy (Grades 7-8)

Tue & Thu, 1:30-2:30 | June 20-July 27

6 Week Course

Students will be separated by age and skill level. Less experienced students will focus on tumbling, strength development and technical knowledge, while the older more experienced students will focus on fine tuning their wrestling techniques and more live wrestling. Classes meet twice a week. No class 7/4 & 7/6.

Keyboarding Camp

8:05-9:35 and 9:40-11:10 both sessions

3 Week Course

It's a fact: more and more middle schools and virtually all high schools are requiring students to submit highly polished, typed documents. In this high-energy, hands-on class, students will learn keyboarding skills essential for success in school, college, and eventually the workplace. Come to keyboarding camp and move from hunting and pecking to touch typing.

Lego Robotics (\$10 Fee)

8:05-9:35 and 9:40-11:10 | June 19-July 6

3 Week Course

Using the Lego Mind Storm robotic material and engineering curriculum, students will build and program a variety of robotic projects to accomplish a variety of tasks along with robotic challenges and problem solving. We will be using the Lego Mind Storm and NXT Equipment Computer Lab, to design, build, and program these exciting robots. Students will also be exposed to blueprint reading, computer code writing and other technological concepts.



QUESTIONS: For questions regarding Falls Summer Academy programs for Grades 6 – 8, please contact Mr. Marty – MartSco@sdmfschools.org.

North Sneak Peek

Session 1: Aug 7	8:00-11:00
Session 2: Aug 7	12:00-3:00
Session 3: Aug 8	8:00-11:00
Session 4: Aug 8	12:00-3:00
Session 5: Aug 9	8:00-11:00
Session 6: Aug 10	12:00-3:00

Feeling a little nervous about middle school? Join us for a sneak peek of North Middle School as we get ready to start the new school year. Meet some of your teachers and future classmates, learn your way around the building, learn how to open lockers, and get advice to make the first week of school a breeze. Students will also practice study strategies and organizational skills through hands-on activities.

Play It! Fitness

8:05-9:35 and 9:40-11:10 both sessions

3 Week Course

Are you interested in learning new, fun and fast-action games such as: Eclipse Ball, Tennis, Badminton, Pickleball, Table Tennis or Styxball? Maybe you would like to learn more about weight training or other lifetime activities? Grab a friend and have fun while keeping active and motivated during the summer.

Reading The Movies

8:05-9:35 and 9:40-11:10 both sessions

3 Week Course

Most students enjoy movies, but do you know how to “read” them? Students will watch films and apply many of the concepts used in reading books to help us appreciate movies on a deeper level. By analyzing a variety of literary elements, students will start noticing more in a film, and develop skills that can be transferred to written texts. Some short writing assignments will be completed in class.

Speed, Agility & Strength

8:30-9:30 | June 19-July 20

This class will focus on the importance and value of exercise. Cardiovascular fitness, strength development, muscular endurance, speed development, and flexibility will be promoted through the use of all physical education facilities and equipment. Other areas that will be covered include strength training program design, proper spotting techniques and weight room safety. This class will meet at Menomonee Falls High School. No class 7/3-7/6.

Supportive Math

8:05-9:35 and 9:40-11:10

6 Week Course

Teacher Referral Required to Sign Up for this course.

This program is designed for students who need to further develop the skills and concepts in the district's math curriculum. The course will employ five different math strands (Mathematical Processes, Measurement, Algebraic Relationships, Geometry, and Statistics and Probability) to teach the needs of individual students, as well as encourage understanding and application of the grade level outcomes.



Supportive Reading

8:05-9:35 and 9:40-11:10

6 Week Course

Teacher Referral Required to Sign Up for this Course. This reading course uses a project-based learning format to provide readers an opportunity to further their literacy foundation. Four different reading strands will be applied (Word Meaning and Context, Understanding Text, Analyze Text, and Evaluate and Extend Text) to teach the needs of individual students, as well as encourage understanding and application of the grade level outcomes.

Tween Cuisine (\$15 Fee)

8:05-9:35 and 9:40-11:10 both sessions

3 Week Course

What do Rachel Ray, Jamie Oliver, and Julia Child all have in common? You guessed it—their love for cooking. This course will give you a chance to develop your passion for cooking. We will spend time searching for recipes or even brainstorming our own recipes, cooking, serving and eating. We'll also have a friendly competition and host a bake sale.

Village Bells

9:40-11:10 | June 19-July 6

3 Week Course

This class is designed to explore bell playing using a variety of musical literature, and will focus on proper ringing technique, performance etiquette, and musical expression. Ringers will also learn to read music if they do not already know how. The group will complete grade level 1 by the end of the three weeks.

Village Voices

8:05-9:35 | June 19-July 6

3 Week Course

No experience is needed to join this fun-filled singin group. We will learn several different styles of songs with staging and choreography. You will also learn proper singing and breathing techniques, along with other skills necessary to become a fantastic singer! Join us and we'll make some great music together!



QUESTIONS: For questions regarding Falls Summer Academy programs for Grades 6 – 8, please contact Mr. Marty – MartSco@sdmfschools.org.



High School Courses

Entering Grades 9 – 12 held at MF High School

At-A-Glance Summary

No class July 3 & 4

Entering Grade 9	June 26–29	July 10–13	July 17–20	July 24–27
High School Sneak Peek:	8:00–10:00 16454	8:00–10:00 16456	8:00–10:00 16458	8:00–10:00 16460
Transition to High School	10:15–12:15 16455	10:15–12:15 16457	10:15–12:15 16459	10:15–12:15 16461

Entering Grades 9–12	June 12–July 20
Speed, Agility, and Strength (Gr. 9)	7:00–9:00 16467
Speed, Agility, and Strength (Gr. 10–12)	6:00–8:00 16468

Entering Grades 9 – 12	June 19–29 10:15–12:15	July 17–July 27 10:15–12:15
ACT Prep Plus	14409	14410

Entering Grades 11–12	June 19–July 27
*Prep for AP Biology	16449
*Prep for AP Chemistry	16450

Entering Grades 9–12	June 19–July 27
Study Skills for Life	8:00–10:00 16469 10:15–12:15 16470

	June 19–July 27
Manufacturing & Robotics	8:00–10:00 16463 10:15–12:15 ---
*Prep for AP Art Studio (Gr. 11–12)	16659 16451
*Reading With A Purpose (Gr. 9)	16443 ---
*Reading With A Purpose (Gr. 10–12)	16444 ---
Skills to Pay the Bills	16464 16465
21st Century Wellness	16453 16454

Entering Grades 10–12	June 19–29	July 5–13	July 17–27
*Apparel Store Training	9:00–11:00 16496	9:00–11:00 16497	9:00–11:00 16498

Entering Grades 10–12	June 19–July 7, Mon –Fri
Baseball Fundamentals	10:00–11:30 16495

Entering Grades 11–12	July 11–July 13, Tue & Thur
*Jump Start to AP Language	8:00–10:00 16493 10:15–12:15 16494

Entering Grades 10–12	June 19–July 6	July 10–July 27
Literacy Strategies for Success	10:15–12:15 16445	10:15–12:15 16446

Entering Grades 9–12	June 19–July 27 12:15–2:15
Boys Basketball	16473
Cross Country/Track	June 19–July 27 7:30–9:00 16471
Cruise Into Your Career (Job Shadow)	June 19–21 & 7/13 8:00–10:00 16657
Einstein Relativity	June 19–June 22 9:00–12:00 16492
*FBLA Officer Team Developmt.	June 19–July 27 9:00–11:00 16452
Girls Basketball	June 19–July 27 10:00–12:00 16500
Online Workshop for College Letters of Application	July 10–14 Mon–Fri 16586
Indians Wrestling Academy	June 20–July 27 T & Th 1:30–2:30 16627

Credit Recovery Courses (Entering Gr. 10–12)	June 19–July 27
	8:00–10:00 10:15–12:15
Algebra I Sem. 2 (Gr. 11–12)	16479 ---
Algebra II Sem. 2 (Gr. 11–12)	--- 16482
Biology Semester 1	16475 ---
Biology Semester 2	--- 16476
Economics (Gr. 11–12)	16483 ---
English Sem 1 or 2	16484 16485
General Science	--- 16555
Geometry Semester 2	--- 16487
Government (Gr. 11–12)	--- 16490
US History Semester 1	16477 ---
US History Semester 2	--- 16478
World History Semester 1	16488 ---
World History Semester 2	--- 16489

Entering Grades 10–12	June 19–July 27
*On Line Learning	16491

***Teacher referral code required**



QUESTIONS: For questions regarding Falls Summer Academy programs for Grades 9 – 12, please contact Ms. Thomas – Thomsuz@sdmfschools.org.

Enrichment Courses

GRADES 9-12 UNLESS OTHERWISE NOTED

ACT Prep Plus (\$60 Fee)

10:15-12:15 | June 19-29, July 17-27

The ACT Prep Plus course consists of seven sessions and a Full Practice Test. Class will focus on the content of the five areas tested (English, Math, Reading, Science, and the Writing Test). Test strategies will also be taught and practiced. The curriculum uses actual ACT questions, giving students a distinct competitive edge on test day. The class fee includes the ACT folder, copies of retired tests in English, Math, Reading and Science, and a copy of a Full Practice ACT Test.

Apparel Store Training (Grades 10-12)

9:00-11:00 / June 19-June 29, July 5-July 13, July 17-July 27

Teacher Referral Code required to sign up for this course. This hands on course is for students in the Business Academy. Learn the ins and outs of the brand new MFHS Apparel Store (opening in August). Work on floor layout, design of displays, inventory, pricing and marketing. Mornings will be spent in the new space getting it ready for the grand opening. This class will prepare you to work in this new store throughout the school year.

Baseball Fundamentals (Grades 10-12)

Mon-Fri, 10:00-11:30 | June 19-July 7

This course is designed to help the athlete develop throwing, hitting, catching, pitching, and the fundamentals of baseball. Please dress for outdoor weather. On wet days, please stop at Trenary Field for further instruction.

Boys Basketball

12:15-2:15 | June 19-July 27

Come join our High School Coaching Staff and receive a summer full of basketball skill development, instruction, and plenty of fun! Summer is the most important time for athletes to develop individually as a complete basketball player. The focus of this class will be on developing fundamentals and skills, increasing basketball IQ, playing team basketball, and plenty of live games! No class 6/26-7/6.

Cross Country / Track

7:30-9:00 | June 19-July 27

This class is for those students who wish to improve their cardiovascular conditioning and overall physical fitness through stretching, running and lifting weights.

Cruise Into Your Career (Job Shadow)

8:00-10:10 | June 19-June 21 & July 13

Students will have the opportunity to shadow four different careers at two or more companies during this 4 week course. We will meet Monday-Wednesday the first week for class instruction. Students will then have the following three weeks to complete their career shadows at various job sites. We will meet on July 13 to showcase the job shadow experiences to the class. Students must provide their own transportation to job sites.

Einstein Relativity

9:00-12:00 | June 19-June 22

This mini course is designed to cover principles of General Relativity. The topics to be explored will include time dilation, length contraction,

relative velocities, and the effects of traveling close to the speed of light. Be prepared to completely change how you view the world around us.

FBLA Officer Team Development

9:00-11:00 | June 19-July 27

Teacher Referral Code required to sign up for this course. This course is for newly elected FBLA officers. The team will learn each other's roles, create a program of work for the new school year, create the organizations financial statements, prepare for registration, and more.

Girls Basketball

10:00-12:00 | June 19-July 27

Join our High School Coaching Staff and receive a summer full of basketball skill development, instruction, and plenty of fun! Summer is the most important time for athletes to develop individually as a complete basketball player. The focus of this class will be on developing fundamentals and skills, increasing basketball IQ, playing team basketball, and plenty of live games. There will also be an emphasis on basketball specific fitness and weight-lifting opportunities.

High School Sneak Peek (Grade 9)

8:00-10:00 and 10:15-12:15 | June 26-June 29

8:00-10:00 and 10:15-12:15 | July 10-July 13

8:00-10:00 and 10:15-12:15 | July 17-July 20

8:00-10:00 and 10:15-12:15 | July 24-July 27

This four day course is designed specifically for incoming freshmen and other students who will be new to the high school. Students will become familiar with the high school building, staff, graduation requirements, behavior expectation, clubs, activities and procedures. Students will participate in a variety of activities: hearing guest speakers, interacting with the high school environment, and disseminating materials designed for high school students. Be part of this meaningful interaction between and among students, teachers, guidance counselors, administrators, and upperclassmen.

Indians Wrestling Academy (Grades 9-12)

Tue & Thu, 1:30-2:30 | June 20-July 27

6 Week Course

Students will be separated by age and skill level. Less experienced students will focus on tumbling, strength development and technical knowledge, while the older more experienced students will focus on fine tuning their wrestling techniques and more live wrestling. Classes meet twice a week. No class 7/4 & 7/6.

Jump Start to AP Language (Grades 11-12)

Tue & Thu, 8:00-10:00 and 10:15-12:15 | July 11-July 13

Teacher Referral Code required to sign up for this class. This course is intended for students wishing to enter AP Language and Composition in the coming school year (typically incoming Juniors). The course will introduce some of the major components of AP Language including how to use and identify rhetorical techniques and devices, how to compose an effective argument, how to synthesize multiple sources into a cohesive piece of writing, and how to analyze an author's craft. This summer class will also help students with their summer vocabulary and reading assignments.



Literacy Strategies for Success

10:15–12:15 | June 19–July 6 and July 10–July 27

Teacher Referral Code Required to Sign Up for this Course. This course is designed to engage students by allowing them to read a variety of fiction and nonfiction texts that match their needs and interests. Fiction text activities include: analyzing different connections throughout the book, noticing and noting the changes characters experience, and learning why important events occur over and over. During non-fiction reading, students will read for meaning, synthesize an author's thoughts from various sources, and collaborate with others. By reading and interacting with a variety of texts over the summer, students will continue growing as a strategic life-long reader.

Manufacturing and Robotics (\$20 Fee)

8:00–10:00 and 10:15–12:15 | June 19–July 27

This hands on project based course will introduce students to our FIRST Robotics team, focusing on design, build, and computer programming. Our main goal will be to learn basic power tool safety, basic computer programming, and assemble a robot chassis with a computer program so that it is able to move using a Xbox controller.

Online Workshop for College Letters of Application

Times will vary, Mon–Fri | July 10–July 14

Students who would like help crafting their college letters of application can sign up for this summer online course. Workshop sessions will open during the week of July 10. Ideas and formats specific to students choice of schools, as well as revision and editing is available from an experienced MFHS English teacher. Times will vary; instructor will contact students with specific online office hours.

Prep for AP Art Studio (Grades 11–12)

8:00–10:00 and 10:15–12:15 | June 19 – July 27

Teacher referral Code Required to Sign Up for this Course. This course is intended to prepare students for any of the four AP Studio Art Portfolio courses offered at MFHS. Weekly assignments will encourage artistic exploration, and daily writing will enhance creative thinking skills. Students will develop and hone their ability to communicate visually using various art mediums. Artwork created is used for the Breadth portfolio submission to the College Board.

Prep for AP Biology (Grades 11–12)

June 19–July 27

Teacher Referral Code Required to Sign Up for this Course. Attendance at the high school not required. This course includes a required summer assignment. Specific details about this assignment will be shared with students in meetings held in June prior to the end of the school year. HS staff will contact students with dates. All meetings for the course will be held online during office hours determined by the instructor.

Prep for AP Chemistry (Grades 11–12)

June 19–July 27

Teacher Referral Code Required to Sign Up for this Course. Attendance at the high school during the summer school session is not required. This course includes a required summer assignment. Specific details about this assignment will be shared with students in meetings

held in June prior to the end of the school year. HS staff will contact students with dates. All meetings for the course will be held online during office hours determined by the instructor.

Skills to Pay the Bills

8:00–10:00 and 10:15–12:15 | June 19–July 27

Have you ever wondered what employers are looking for in a good employee? When looking for your first job, do you know what skills you need to make sure you can keep a job once you get it? This course teaches why "soft skills" such as Communication, Enthusiasm & Attitude, Teamwork, Networking, Problem Solving and Critical Thinking and Professionalism are the top six characteristics that employers are looking for in their employees. Learn how to increase your strengths in these areas and build up your skills in areas where you may need to.

Speed, Agility & Strength

Grade 9: 7:00–9:00 | June 12–July 20 (Mon–Fri)

Grade 10–12: 6:00–8:00 | June 12–July 20 (Mon–Fri)

This class will focus on the importance and value of exercise. Cardiovascular fitness, strength development, muscular endurance, speed development, and flexibility will be promoted through the use of all physical education facilities and equipment. Other areas that will be covered include strength training program design, proper spotting techniques and weight room safety. No class 7/3–7/7.

Study Skills for Life

8:00–10:00 and 10:15–12:15 | June 19–July 27

Take control of your time and give yourself the best opportunity for success. Learn the organizational skills, time management and study techniques you need to make your study time more efficient. Learn note-taking and test taking strategies, memory strategies, and methods to jump start the brain. Discover strategies most effective for your personal learning style. We will also learn self-management of distractions (like cell phones and television). Stress management techniques will also be covered.

21st Century Wellness (Grades 10–12)

8:00–10:00 and 10:15–12:15 | June 19–July 27

This class focuses on issues related to health & wellness in high school, college, and through adulthood. We will cover seven areas of wellness including mental health, stress management, nutrition, alcohol/tobacco/other drug use and abuse, and human growth and development. **This class is required for graduation.**

Credit Recovery Courses

GRADES 10–12 UNLESS OTHERWISE NOTED

Algebra I Semester 2

8:00–10:00 | June 19–July 27

This course is for students who failed second semester Algebra 1. Students will re-learn the essential skills from our second semester units including: solving using roots, evaluating expressions, polynomials, writing expressions, slope and the coordinate plane, systems of equations, angles & parallel lines, right triangles, similarity, and geometric formulas.

Algebra II Semester 2

10:15–12:15 | June 19–July 27

This course is for students who failed second semester Algebra II. Students will re-learn the essential skills from our second semester units including: linear functions & graphs, quadratic functions & graphs, circles & parabolas, composite functions, trigonometry, averages & distributions, probability, and data and graphs.

Biology

Semester 1: 8:00–10:00 | June 19–July 27

Semester 2: 10:15–12:15 | June 19–July 27

This course has been designed to expose students to the apparent unity and diversity among living organisms. Laboratory exercises and demonstrations are used in presenting topics of biochemistry, cellular biology, plant and animal processes, and the ecology of water quality. Students completing two semesters of this course should have developed certain concepts about life that will enable them to better understand nature's living realm.

Economics (Grades 11–12)

8:00–10:00 | June 19–July 27

This course is intended to introduce students to some basic economic concepts. Students will become acquainted with the rationale that a nation uses to develop its particular style of economic system as it attempts to produce, consume, and exchange goods and services.

English Semester 1 or 2

8:00–10:00 and 10:15–12:15 | June 19–July 27

This course is required for all 9–12 grade students and includes the study of novels, short stories, drama, and non-fiction. An emphasis is placed on reading comprehension and essay composition.

General Science

10:15–12:15 | June 19–July 27

This course will emphasize the physical environment and our interaction with it. Emphasis on Earth processes affecting humans and the impact of humans upon the environment along with the application of the science of Geology, Chemistry and Physics to these impacts. This course will include explorations of how chemistry impacts the environment, public health, energy policies, and other contemporary social issues. Selected topics from physics will also be included. Field trip(s) may be required.

Geometry Semester 2

10:15–12:15 | June 19–July 27

This course is for students who failed second semester. Students will re-learn the essential skills from our second semester units including: volume, arcs, angles & chords, slope & linear equations, inequalities, transformations, rules of exponents, polynomials, factoring, solving quadratics, and probability.

Government (Grades 11–12)

10:15–12:15 | June 19–July 27

This course examines contemporary issues and problems facing American government. Both the structure and the current operation of the institutions of government will be studied.

On Line Learning (Grades 10–12)

online only

Teacher Referral Code Required to Sign Up for this Course. Enrollment is limited to students working online under special circumstances with prior approval from their assigned counselor. All students must report to the online room for approximately 30 minutes on June 19, between 8:00–11:00 am to pick up course materials. Times will vary; see online instructor after enrollment

US History

Semester 1: 8:00–10:00 | June 19–July 27

Semester 2: 10:15–12:15 | June 19–July 27

This course is intended to directly follow the 8th grade course in pre-Civil War U.S. History. It is designed to provide the student with an awareness of the diverse heritage of American society and to identify the place and role of the United States in the modern world. We will trace developments in U.S. History from the end of the Civil War through the Reagan-Bush era. Students will be expected to develop skills in critical thinking and writing, and will also be encouraged to formulate their own ideas as to historic causation. Economic, political, social and geographical concepts will also be presented and developed.

World History

Semester 1: 8:00–10:00 | June 19–July 27

Semester 2: 10:15–12:15 | June 19–July 27

This course provides a chronological survey of European history from the Enlightenment to the Post World War II era. The focus of the course will be the development of the major institutions characterizing modern western civilization. Particular emphasis will be placed upon the origins of democratic government and free market economics.

Supportive Programs

Reading With A Purpose

8:00–10:00 | June 19–July 27

Teacher Referral Code required to Sign Up for this Course. This course is designed to engage students by allowing them to read a variety of fiction and nonfiction texts that match their needs and interests. Course activities will focus on improving their reading comprehension using the seven cognitive strategies of effective readers. The goal is for students to read for meaning, to be curious, and to apply learned strategies to all of their classes. Students will practice reading strategies and strengthen their ability to respond to reading in classroom discussion and writing. The development of these skills will enable your student to become a life-long strategic reader.



QUESTIONS: For questions regarding Falls Summer Academy programs for Grades 9–12, please contact Ms. Thomas – Thomsuz@sdmfschools.org.



Archery for Women *NEW!***Ages 18+**

Expert archer, Sashie Ehlke will introduce you to the sport of archery. You will learn the basics of technique, shooting form and safety. Your skills will be fine tuned with practice on the range. All equipment will be provided or you may bring your own. If you provide your own equipment, please arrive 15 minutes early on the first day of class for a safety check.

9/11-9/25 Class #16270
Mon, 5:30 PM, 1h
Menomonee Park Archery Range
Waukesha County Parks Staff
R \$30 NR \$30 3 classes

Disc Golf Extravaganza**All Ages**

This event will focus on families, friends, and fun. Games, concessions and demonstrations from professional disc golfers will go on throughout the evening. We will play in "light" rain, but not a storm. Fee includes hot dog or nachos and drink, and disc check out. Register by August 2.

8/8 Class #16537
Tue, 4:30 PM, 1h30m
G-Town Spassland Park
W160 N10000 Colonial Dr.
R \$3 NR \$3 1 class

Social Tennis**Ages 18+**

Enjoy the game of tennis while meeting new people. Guided play with an instructor will help you improve your game. Regardless if you're new to tennis, haven't played in a while, or are just looking to find a place to regularly play, Social Tennis should be marked on your calendar this summer.

6/13-8/3 Class #16185
No class July 4
Tue & Thu, 7:00 PM, 1h
HS Tennis Courts
R \$29 NR \$35 15 classes

EZ Defense for Women**Ages 16+**

(Ages 16 & 17 may register w/adult) Learn how to assess danger, become assertive, set clear verbal boundaries, and prevent physical attacks. Learn several defensive techniques that are easy to memorize and extremely effective in a real-life situation.

6/14 Class #16102
Wed, 6:45 PM, 2h
Community Center Rm 106
Sensei Stan
R \$24 NR \$30 1 class

Golf Lessons**Ages 18+**

These classes are intended to teach students how to swing and feel comfortable when playing. We will focus on the full swing, short game, and putting. Training aids, video analysis, and handouts will be used to help speed the learning. Please bring along a 6, 7, 8 or 9 iron to the first class. Students must purchase golf balls at the range. Classes will be held rain or shine.

5/22-6/12 Class #16223
No class May 29
Mon & Wed, 9:00 AM, 1h
Swing Time Golf Range, G-Town
W197 N10340 Appleton Ave.
R \$62 NR \$67 6 classes

Enjoy outdoors!

Open Gym Co-ed Volleyball**Ages 14+**

A drop in fee of \$3 for residents and \$5 for non-residents is due to the gym supervisor at entry. Cash only. Pre-registration is not required. You do not need to be a player in our leagues to participate.

6/5 – 8/28
Mon, 7:00–9:00 PM
No program July 3
MF High School Gym

Open Volleyball is held on Monday or Wednesday, year-round. Please check our website for locations and times at fallsrec.org > Adults > Athletics.

**Running 101****Ages 18+**

No running experience—no problem. This class leads new runners through non-competitive, run/walk interval workouts leading up to a 5K! Workouts range from 1.5 to 3.1 miles. Perfect for the novice runner looking to complete his/her first 5K. Participants should be comfortable walking 2 miles continuously.

6/19-8/14 Class #16215
No class July 3
Mon, 6:00 PM, 45m
Kinderberg Park, G-Town
Buckthorn Dr.
R \$50 NR \$60 8 classes

Pickleball**Ages 18+**

No experience is needed to learn how to play one of the fastest growing sports in the country! Pickleball is a blend of tennis and ping pong, and is played on a badminton sized court using a restricted flight plastic ball similar to a Whiffleball. Visit usapa.org for more information on the sport. All equipment is provided, or you can bring your own.



Please check our website fallsrec.org or call our office at 262-255-8460 for class information.

Trip to Warren's Cranberry Festival

Ages 18+

Our coach bus is headed to Warren for the world's largest Cranberry Festival. Bring your walking shoes and explore over 850 arts and craft booths, 70 food booths, and over 100 farmers' market booths! Coffee and donuts will be provided prior to departure. For more information, go to cranfest.com. Register by September 15.

Saturday, Sept. 23 Class #16650

Sign-In 6:30 AM
Bus Leaves 6:45 AM
Bus Returns 8:30 PM

Community Center Parking Lot
R \$39 NR \$44

Watercolor Painting *NEW!*

Ages 16+

Enjoy the creative expression of watercolor painting by learning the basic techniques and principles through an organized and accessible step-by-step approach. Our focus will be on gaining skills for the beginner or refining the style of the more experienced painter. All supplies are included.

7/24 & 7/31 Class #16829
Mon, 6:00 PM, 2h
G-Town, Survive Alive House
N115W18700 Edison Dr.
Khushbu Randerwala
R \$48 NR \$53 2 classes



2nd Thursday of each month
3:00-4:30 PM
Community Center Rm 106

FREE. registration is not required

Fire Pit Installation Workshop *NEW!*

Ages 18+

Learn how to construct a durable and yet attractive fire pit to add a warm ambiance to your backyard. This workshop will teach you how to set the proper base and install a fire pit kit that has no cutting needed. Learn the rules and regulations required for these structures and the gas and wood burning options available.

6/17 Class #16087
7/15 Class #16088

Sat, 10:30 AM, 1h
Wendland Nursery, G-Town
W177 N10415 Division Rd.
R \$6 NR \$10 1 class

Knitting

See page 50

Rubber Stamping

Ages 18+

Put your creativity to work and let's make some fantastic stamping projects. This program is great for the beginner or experienced stamper. Many new projects will be demonstrated each week. **Plus \$6 fee per week for supplies.**

7/24-8/28 Class #16093
Mon, 7:00 PM, 2h
Community Center Rm 2 & 3 LL
Diane Tritz
R \$23 NR \$27 6 classes

Caregiver Support Group

Ages 18+

You are not alone. All caregivers are welcome to attend this monthly support group to connect and learn from others who face the same challenges. You may also gain valuable information from hearing others share their experiences. Various topics including Alzheimer's and Dementia will be discussed.

Henna Tattoo Workshop *NEW!*

Ages 16+

Henna Tattoos are the latest fashion craze. Why pay a professional when you can learn how to do it yourself? The henna used is made from the best henna plants, contains no chemicals or dyes, and is completely safe. Students will receive instruction on how to hold and apply henna with a henna cone, and will practice drawing elementary designs on paper prior to drawing a design on their hands, arm or feet. Designs will last 1-3 weeks. Please bring a smock, or dress accordingly.

6/29 Class #16822
7/6 Class #16823
8/17 Class #16824

Thu, 6:00 PM, 1h15m
G-Town, Survive Alive House
N115W18700 Edison Dr.
Khushbu Randerwala
R \$15 NR \$18 1 class

Acrylic Painting *NEW!*

Ages 16+

Students will receive step by step instruction as they learn to create form and illusions using techniques such as shading, highlighting, color contrast, stroke work, brush loading, and more. Drawings will be used as a base of reference. No experience or drawing skills necessary. All supplies are included.

6/12 & 6/19 Class #16827
Mon, 6:00 PM, 2h
Survive Alive House, G-Town
N115W18700 Edison Dr.
Khushbu Randerwala
R \$48 NR \$53 2 classes

Watercolor Techniques *NEW!*

Ages 18+

Class will focus on a range of techniques, paper usage, color and individual creative style. Perspective and values of form will also be touched on. A suggested supply list is available at the CE & Rec office, or at fallsrec.org.

9:30 AM Class #16219
12:30 PM Class #16220

Thu, 6/22-8/3, 2h
No class July 6
Community Center Rm 106
Nancy Lohmiller
R \$36 NR \$44 6 classes

Madhubani Folk Art Painting *NEW!*

Ages 16+

Students will receive step by step instruction as they learn the centuries old art of Madhubani Folk Art Painting. This vibrantly colored, detailed traditional Indian art helps develop concentration and hand-eye coordination. All supplies are included.

8/2 & 8/16 Class #16831
Wed, 6:00 PM, 2h
G-Town, Survive Alive House
N115W18700 Edison Dr.
Khushbu Randerwala
R \$35 NR \$40 2 classes

Make Your Own Watercolor Book *NEW!*

Ages 16+

Make your own watercolor books while learning about the history and craft of book making. Basic principles of format, artistic process and construction, alignment usage and design will be covered. The accordion fold and content will be a primary focus, along with three other types of books. Supply lists are available in the CE & Rec office. Please bring a lunch and beverage to class. Register by July 14.

Enjoy Walking Outdoors at the MF High School Track

Open Monday - Friday, dawn to dusk. Note! Track will not be available if there is snow on the ground or if there is a HS athletic event taking place. Enter by the main gate.

FREE, registration is not required

8/5 Class #16633
Sat, 10:00 AM, 5h
Community Center Rm 106
Nancy Lohmiller
R \$29 NR \$35 1 class

From Fiber to Yarn— The Art of Spinning *NEW!*

Ages 18+

Learn about and watch the amazing process of spinning fiber into beautiful yarn. From cleaning the fiber, to preparing and spinning it on a spinning wheel, you will get an appreciation of this fascinating art. You will also learn how to spin using a drop spindle.

6/5 Class #16838
Mon, 6:30 PM, 1h30m
Germantown Library
N112 W16957 Mequon Rd.
Hannah Heinritz
R \$18 NR \$21 1 class

Drawing Portraits from Photographs

Ages 16+

Anyone can learn the technique of drawing lifelike images from photographs. Once your photo has been duplicated, outlining and shading will be used to create a portrait. Please bring a photo to class. All supplies can be purchased in class for \$5.

6/28-8/2 Class #16619
Wed, 6:00 PM, 1h30m
Community Center Rm 106
Barbara Kelsey
R \$31 NR \$37 6 classes



Belly Dance - Level 2

Ages 16+

For students who have completed at least two sessions of Beginning Belly Dance. This class will build on the techniques and movements already learned, and will introduce and focus on traveling, transitions, layering, choreography and improvisational skills. Middle Eastern rhythms and cultural aspects of the dance will be covered, as well as instruction in zill (Finger Cymbal) playing. The instructor will provide zills (required) for a one time fee of \$17.

6/14-7/26* Class #16525
8/16-9/20 Class #16526

Wed, 7:15 PM, 1h
*No class July 5
G-Town DPW Hwy Dept. Bldg.
N122 W17177 Fond du Lac Ave.
Kelley Kling
R \$38 NR \$55 6 classes

Wellness, One Step at a Time

Ages 18+

Join this informational class to learn tips and tricks that will help you begin your journey and achieve your desired wellness goals. Healthy family meal planning, posture tips, stretching, and more will be covered.

5/23 Class #16225
Tue, 6:30 PM, 1h
Germantown Library
N112 W16957 Mequon Rd.
Dr. Brenda Holland
FREE, but registration is required

Top 5 Secrets to Keep Your Family Healthy

Ages 18+

True health doesn't come in a lotion, potion or a pill. It comes from making good choices for you and your family. This course discusses the top 5 secrets for a healthier you.

7/18 Class #16226
Tue, 6:30 PM, 1h
Germantown Library
Dr. Brenda Holland
FREE, but registration is required

ADULT FALL SPORT LEAGUES AGES 18+ For additional information and contracts, go to fallsrec.org

Fall Softball

Leagues will begin the week of Aug. 28

Leagues offered:

- Coed
- Men's Inseam

Contract deadline

Returning Teams: July 19

New Teams: July 21



Fall/Winter Volleyball

Leagues will begin October 2

Leagues offered:

- Coed – Tuesday & Thursday
- Men's – Monday
- Women's – Monday

Contract deadline

Returning Teams:

August 30

New Teams:

September 1



Short League Basketball

Leagues will begin September 13

Leagues offered:

- Wednesday Men's

Contract deadline

Returning Teams:

August 30

New Teams:

September 1



Inclement Weather Cancellations

For information regarding class cancellations due to bad weather, call (262) 255-8376.

Nutrition & Physical Activity for a Healthy Weight

Ages 18+

Low fat? Low carb? Paleo? Gluten Free? Nutrition is complicated, especially for weight loss. We will cover proper nutrition and physical activity for people interested in healthy weight loss. Food choices, meal timing, supplements, and exercise will all be discussed.

6/7 Class #16210

Wed, 6:30 PM, 1h

Germantown Library

Christopher Weber, MD.CSCS

FREE, but registration is required

Retirement Investing

Ages 18+

Looking to grow your assets for your retirement? Learn the fundamental principles of investing taught in the spirit of Benjamin Graham, billionaire Warren Buffett's mentor! The class will use *The Intelligent Investor*, as a guide.

6/21 Class #16103

8/9 Class #16104

Wed, 6:00 PM, 1h30m

Community Center Rm 106

Adam Ryback

FREE, but registration is required

Indoor Cycling

Ages 18+

This class utilizes indoor stationary bikes, upbeat music, and a variety of body movement and cadence strategies to provide an awesome, low-impact exercise experience.

Your instructor will push you to your fitness

goals at your pace. Includes warm-up, cool-down, and stretching components. Perfect for all ages and fitness levels. Please bring a water bottle, towel, and hard-soled tennis, running, or cycling shoes. Padded bike seats or padded shorts are recommended but not required.

6/5-6/28 Class #16221

8/7-8/30 Class #16222

Mon & Wed, 6:25 PM, 1h

Community Center Rm 4 LL

John Gerkhardt

R \$39 NR \$47 8 classes

Senior Price - R \$31.20 NR \$37.60



Kickboxing—SURGE

Ages 14+

Surge Kickboxing / Self Defense focuses on developing core kickboxing techniques into repetitive and pragmatic movements that develop muscle memory to help you alter the outcome of a dangerous encounter. This class is also a fun and fantastic way to get in shape. You may attend any or all class times offered. Individuals may only register for this program once through the CE & Rec Dept.

6/13-7/6*

Class #16551

7/25-8/17

Class #16552

Tue & Thu, 6:45 PM, 1h

*No class July 4

Surge Martial Arts, MF

N56 W14044 Silver Spring Dr.

Neil Rajadhyaksha, Master Instructor

R \$39 NR \$47

Tai Chi - True Beginner

Ages 18+

See Page 48

Tai Chi - Plus

Ages 18+

See Page 48

Try something
NEW!

Gentle Vinyasa Flow Yoga

Ages 18+

Movements are introduced to a variety of postures and breath work within a moderate pace flow. Focus is on breath and body awareness while moving thru yoga postures with a healthy alignment. Please bring mat to class.

6/6-7/11* Class #16392
7/25-8/22 Class #16393

Tue, 5:45 PM, 1h15m
*No class July 4
Community Center Rm 123
Maren Olinski
R \$35 NR \$42 5 classes

Restorative Yoga

Ages 16+

In this deeply calming and therapeutic class, movements are slower and poses are held longer, allowing your mind to become quiet and return to a state of balance, while gently stretching and opening the body. Please bring a mat to class.

6/5-7/17* Class #16228
R \$50 NR \$60 6 classes

7/24-8/21 Class #16229
R \$42 NR \$50 5 classes

Mon, 7:00 PM, 1h15m
*No class July 3
Community Center Rm 123
Melissa Teske

Yoga Without a Mat

Ages 18+

See Page 49

Body Basics

Ages 18+

Work toward personal fitness goals at your own pace in a supportive group environment. You will learn basic exercises using resistance tubing, free weights, barbells, body bars and stability balls. Safe techniques are used while participating in exercises that will increase the muscle and bone strength needed to increase fat burning ability and decrease the risk of osteoporosis.

6/6-7/6* Class #16620
R \$34 NR \$41 9 classes
Senior Price - R \$27.20 NR \$32.80

7/11-8/17 Class #16621
R \$44 NR \$53 12 classes
Senior Price - R \$35.20 NR \$42.40

Tue & Thu, 7:15 PM, 50m
*No class July 4
Community Center Rm 4 LL
Anita Kress-Marx

Resistance Training

Ages 18+

Interval training is used to maximize fat burning by raising and lowering the heart rate throughout the workout. To accomplish this, we use weight lifting exercises and circuit training concepts with exercise variations, repetitions and tempo changes. By mixing weights with an aerobic workout you can burn off fat and build muscle strength. Weight lifting experience is required.

6/5-6/28 Class #16084
Mon & Wed, 5:25 PM, 55m
Community Center Rm 4 LL
Julinda Prekop
R \$29 NR \$35 8 classes
Senior Price - R \$23.20 NR \$28.00

Zumba

Ages 18+

Have fun while getting fit in this fast, Latin-inspired dance fitness program. You may even learn a few moves for the dance floor! All fitness levels are welcome, and no dance experience is necessary.

6/8-7/13 Class #16541
R \$24 NR \$29 6 classes
Senior Price - R \$19.20 NR \$23.20

7/27-8/24 Class #16542
R \$20 NR \$24 5 classes
Senior Price - R \$16 NR \$19.20

Thu, 5:45 PM, 1h
Community Center Gym
Melissa Backhaus

Zumba Gold

Ages 18+

See Page 48

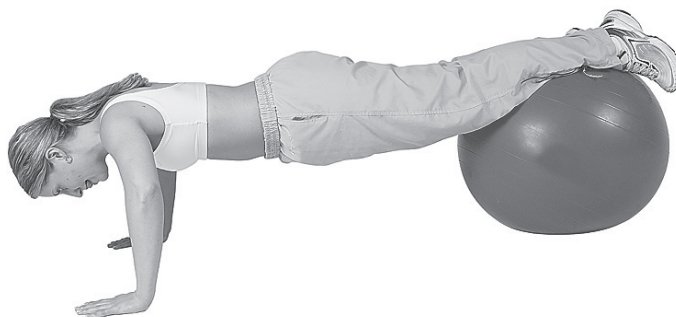
Step Aerobics

Ages 18+

Step your way to a healthier you with this low impact, high energy workout. This dynamic class includes warm up, cardio, strength training, body toning and flexibility segments. Burn calories, build endurance and have fun! Steps are provided.

6/6-7/27 Class #16389
No class July 4
Tue & Thu, 5:45 PM, 1h15m
Community Center Rm 4 LL
Pamela A Oliversen
R \$54 NR \$65 15 classes
Senior Price - R \$43.20 NR \$52

We've Gone Social!





Senior Center Mission Statement

To advocate for and enhance the opportunities of senior citizens to ensure their dignity and respect in the community.



For more information on Adults 55+ programs, call Lori Oertel, Senior Supervisor at (262) 255-8469 Monday-Friday 8:00 a.m. – 4:30 p.m.

Nutrition Site- Lunch Program

**Monday–Friday, served at Noon
at the Community Center**



All older adults 60+ are welcome to enjoy a delicious lunch at the nutrition site.

Registration for the meal is **REQUIRED** one day in advance. Reserve in person or by phone at (262) 251-3406 between 9:30 a.m. and 12:30 p.m. You are encouraged to make a donation based on what you can afford – suggested amount of \$4.00.

A menu is available at the nutrition site or online at fallsrec.org. The nutrition site is sponsored by the Aging & Disability Resource Center of Waukesha County.

Menomonee Falls Senior Center

Open Monday–Friday 8:00 AM–4:30 PM

The Senior Center will be closed April 10-14, May 29, July 4

- Our programs are open to all residents and non-residents ages 55+.
- Programs consist of a variety of services and activities in such areas as education, creative arts, recreation, health and nutrition, leisure, and entertainment.
- The center includes media information for seniors, pool table, card playing lounge and a lending library stocked by the older adults.
- The Community Center's facilities and parking lot are handicap accessible.

Bus Service

Ages 60 and over and adults with developmental disabilities

Sunday 8:00 AM – 1:00 PM
Monday - Friday 9:00 AM – 2:00 PM

\$2 each way for local trips. Rides are available for medical appointments, shopping, County Meal site, recreation activities, etc.

1st Thursday only

Rides will be provided to and from Brookfield Square. Pick-up begins at 9:30 a.m., with arrival at Brookfield Square about 11:00 a.m. Pick-up at Brookfield Square will be at 1:00 p.m.

Every Monday

Every Monday the bus takes passengers to Mequon Rd. in Germantown from 9:00 a.m. to 1:30 p.m.

For more information or to make a reservation, please call Johnson Bus Co. at (262) 251-4230, Monday – Friday. Ride requests must be made at least one day in advance.

Eirenicon Club

Ages 55+

Eirenicon Club meetings include entertainment or guest speakers, refreshments, cards, bingo and socializing. A Christmas party, anniversary party and an annual picnic are open to members only. For more information, please contact Marilyn Fenske at (262) 251-2732. Dues include a bi-monthly newsletter. Sign up is also available at the meetings.

1st & 3rd Wed. of the Month
1:00 PM Community Center Rm 102
\$14 per year

Sing Along

Ages 55+

Anyone who likes to sing is welcome. A good voice is not required!

1st & 3rd Wed. of the Month at
11:30 - 12:30
Community Center Rm 106 **FREE**

Yarn Needed

Donated yarn will be used to create items for families in need. Yarn donations can be dropped off at the Community Center.





ADULTS 55+

Help Those in Need

Warm Up America

Do you like to knit and crochet? With your help we can help those in need. Use your time and talent to create 7" x 9" rectangles in the comfort of your home. Yarn is available at the Senior Center if needed. You can drop off your completed rectangles at the Community Center Monday through Friday, 8 AM to 4:30 PM.

Afgan Assembly

If you would like to help assemble the squares into afghans, you can join our friendly group on Tuesdays between 9:30 - 11:00 AM, Room 106.

Low/No Vision Support Group

Ages 18+

Join our friendly fun group for those with impaired vision. Learn new things, listen to speakers, and make new friends with others who understand your concerns.

Mon 10:00 AM 1hr
6/12, 7/10, 8/14

Community Center Rm 106

FREE, Registration not required

Toe Nail Trimmers

Ages 55+

We have registered nurses who are specially trained to trim nails. No soaking of feet is needed.

Registration is required by calling (262) 719-0336.

Wed 8:30 AM - 4:30 PM
Community Center Rm 102A
\$27 each visit, make check payable to Toe Nail Trimmers



Inclement Weather Cancellations

For information regarding class cancellations due to bad weather, call (262) 255-8376.

Bunko!

Ages 55+

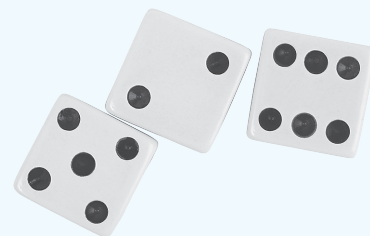
This fast paced dice game is easy enough for anyone to play. No experience necessary. Instruction will be provided to those new to the game. You might even win a prize!

Wednesdays 9:30 - 11:30 AM

6/28, 7/26, 8/23

Community Center Rm 106

\$1.00 for kitty



Books Are Us

Ages 18+

Join our special group of book lovers. Everyone gets to give their thoughts and point of view. Discussions are lively and thought provoking. For the current book selection or additional information, call Mary Jo at (262) 251-8917.

Wed 1:00 PM 1hr 30m

The Classics 6/14, 7/12

Book Lover 6/28, 7/26

Community Center Rm 106

FREE, Registration not required

Blood Pressure Check

Ages 55+

Continuous high blood pressure is a serious condition. Blood pressure can be controlled in most cases, but you need to monitor your pressure. Come in for a free check-up every month to help yourself stay healthy.

Mon, 10:30 AM - Noon

6/19, 7/17, 8/21

Community Center Rm 139

Marie Simek, LPN

FREE, Registration not required

Sit & Knit

Ages 40+

If you have any kind of handwork or unfinished knitting or crochet projects, but have lost your motivation to complete them, or you would like to start a new project, this drop-in group is for you! Meet new friends, relax, and visit, as you work on your project.

Wed 1:00 PM 2h 30m

6/28, 7/26, 8/23

Community Center 102B

FREE, Registration not required





Hearing Loss Information

Ages 18+

Alzheimers & Hearing Loss

According to research, patients with hearing loss are more likely to develop Alzheimer's disease and dementia compared to those with normal hearing. Stop in to receive a free hearing check.

Monday, June 12 Class #16422
11:00 AM - Noon

Hearing Loss: Technology Update

Learn how hearing aid technology has evolved and made significant changes over the past several years. Sonus Hearing Care will be providing free ice cream for attendees.

Monday, August 14 Class #16423
11:00 AM - Noon

Community Center Rm 102 A
Sonus Hearing

FREE, but registration is required

Summer Crafts with Menomonee Place **NEW!**

Ages 55+

Join us for an hour of fun making a simple craft. All supplies will be provided. New craft each month.

Wednesday 10:00 - 11:00 AM
May 3 Class #16097
June 7 Class #16098
July 12 Class #16099
August 2 Class #16100

Community Center Rm 106

FREE, but registration is required



2nd Thursday of each month
3:00-4:30 PM

Community Center Rm 106

FREE, registration is not required

Free Memory Screening **NEW!**

Ages 55+

Afraid you may have signs of early Dementia? Early detection is important. A memory screening is a wellness tool that creates a baseline so future changes in memory and cognition can be monitored. These screenings are for those who don't already have a diagnosis of Dementia.

30 minute appointments are available
Thursday, July 20
10:00 AM - 3:30 PM
Community Center Rm 123

FREE, but you must make an appointment by calling 262-255-8460.

Are You Ready For Medicare?

Ages 55+

Will you or a family member be eligible for Medicare this year? If so, please join us as we explain Medicare in easy to understand language. Any questions you may have will be addressed, and you will leave with solid information about available options, and how to qualify for extra help.

7/13 Class #16095
Thu, 7:00 PM, 1h30m
Community Center Rm 123
Jeff Martin, Platinum Benefits
FREE, but registration is required.

You matter ...

Caregiver Support Group

Ages 18+

You are not alone. All caregivers are welcome to attend this monthly support group to connect and learn from others who face the same challenges. You may also gain valuable information from hearing others share their experiences. Various topics including Alzheimer's and Dementia will be discussed.

Can Alzheimer's Be Prevented? **NEW!**

Ages 55+

We will discuss the normal age-related changes in brain function as well as pathological conditions. You will learn about brain agility and the proactive actions that can be taken to minimize decline in brain function.

7/12 Class #16316
Wed, 10:00 AM, 1h
Community Center Rm 123
April Zwaschka, Brookdale
FREE, but registration is required

Dementia 101 **NEW!**

Ages 55+

Join us as we learn to identify the different types of dementia and the characteristics that differentiate each one. Learn how to distinguish between reversible and irreversible types of dementia while understanding the progression of the disease. Learning how to communicate with people who have dementia will also be discussed. Enjoy some ice cream with us during question and answer time.

8/8 Class #16618
Tue, 1:00 PM, 1h30m
Community Center Rm 123
Jessie Mays, Silverado
FREE, but registration is required

Are you a caregiver or know someone who is?

Please take our quick survey.

We are conducting a community survey to determine future need for a non-profit adult day care center in Menomonee Falls. Thank you for helping.

Go to www.fallsadulthoodcare.org
or call 262.255.0857

friendsplace
adult day
care project



ADULTS 55+

Strategies to Protect Your Assets NEW!

Ages 55+

Plan now so your assets are not depleted if you or your spouse need long term medical care. Learn ways to protect your assets from Medicaid, how to avoid probate, and the best way to save the family home. Attendees will have the option for a private 45 minute free consultation with an attorney on a separate date.

6/28 Class #16833

Wed, 10:00 AM, 1h

Community Center Rm 123

Scott Scheuren, Investment Broker

FREE, but registration is required

Funding for Senior Care NEW!

Ages 55+

About 70 percent of individuals over age 65 will require at least some type of long-term care services during their lifetime. Long term care insurance generally covers services not covered by health insurance, Medicare, or Medicaid. Learn what long-term care insurance is, how it works, and what is covered. Discussion of veterans benefits, and a question and answer time will also be included.

6/7 Class #16234

Wed, 10:00 AM, 1h

Community Center Rm 123

D.R. Salemo, Amada Senior Care

FREE, but registration is required

Tai Chi – True Beginner

Ages 18+

This simple, gentle, slow-moving exercise form will help you relieve stress, while improving your balance, flexibility, and coordination. Tai Chi is a mindful, directed body-empowered exercise for all ages.

6/6-6/27 Class #16645

R \$25 NR \$30 4 classes

7/11-8/15 Class #16646

R \$37 NR \$45 6 classes

Tue, 12:30 PM, 1h

Community Center Rm 4 LL

Virginia Mathias

Tai Chi – Plus

Ages 18+

Designed for students that have experience with Tai Chi and are looking for a continued challenge. You will learn new forms while taking your practice deeper.

6/6-6/27 Class #16648

R \$25 NR \$30 4 classes

7/11-8/15 Class #16649

R \$37 NR \$45 6 classes

Tue, 11:00 AM, 1h

Community Center Rm 4 LL

Virginia Mathias

Wake Up Work Out

Ages 55+

This low impact work out is a great way to keep your body limber and in good health. We will exercise to maintain flexibility and muscle tone.

6/6-6/27, Tue Class #16424

6/8-6/29, Thu Class #16425

R \$18 NR \$22 4 classes

7/11-8/8, Tue Class #16426

7/13-8/10, Thu Class #16427

R \$22 NR \$26 5 classes

8:30 AM, 1h

Community Center Rm 4 LL

Josh Goetz

Zumba Gold

Ages 18+

Zumba Gold is the low impact version of Zumba. Classes will emphasize the basics and have been modified for the active older adult, the beginning participant, or other special populations that may need modifications for success. Please bring a water bottle to class.

6/5-7/10, Mon Class #16150

6/7-7/12, Wed Class #16152

R \$21 NR \$25 6 classes

Senior Price - R \$16.80 NR \$20

7/24-8/21, Mon Class #16151

7/26-8/23, Wed Class #16153

R \$18 NR \$22 5 classes

Senior Price - R \$14.40 NR \$17.60

9:30 AM, 45m

Community Center Rm 4 LL

Carmen Bond

Stay active, Stay Fit, Be Well!

BINGO BLAST!

Ages 55+

This BINGO event is sponsored by Sonus Hearing. No money needed. Non-cash prizes will be awarded.

8/30 Wed, 1:15-2:30 PM

Community Center Rm 102

FREE, no registration required

Thursday BINGO

Ages 55+

Each player receives two cards. We will play 10 games.

Thursdays 1:15-2:30 PM

6/1, 6/15, 7/6, 7/20, 8/3, 8/17

\$2.00 Cash, paid day of game

Community Center Rm 102





Amish in Wisconsin **NEW!**

Ages 18+

Are you fascinated by the Amish culture, or maybe just curious? Richard Dawley, a well know lecturer and author of several books about Amish culture, will be on hand to share 35 years of experiences of visiting and living with the Amish. If time allows, Richard will also share information about the Mennonites and Hutterites.

7/6 Class #16832

Thu, 10:00 AM, 1h

Community Center Rm 123

Author, Richard Dawley

FREE, but registration is required

Watercolor Techniques

Ages 18+

Class will focus on a range of techniques, paper usage, color and individual creative style. Perspective and values of form will also be touched on. A suggested supply list is available at the CE & Rec office, or at www.fallsrec.org.

9:30 AM Class #16219

12:30 PM Class #16220

Thurs, 6/22-8/3, 2h

No class July 6

Community Center Rm 106

Nancy Lohmiller

R \$36 NR \$44 6 classes

Oil Painting

Ages 18+

Love the idea of painting with oils but don't know where to start? Are you a painter with unfinished work? Learn techniques to obtain certain effects, and get helpful suggestions to make your painting look amazing. Our instructor will also assist you with composition, color mixing, technique and more. A suggested supply list is available at the CE & Rec office, or at www.fallsrec.org.

6/9-8/11 Class #16096

Fri, 9:30 AM, 2h

Community Center Rm 106

Simone Rogina

R \$62 NR \$75 10 classes

Make Your Own Watercolor Book

See Page 42

Easy Yoga

Ages 18+

This gentle yoga class will emphasize alignment, stretching, and calming of the mind. Includes breath work, strengthening movement, soothing stretches and strategies for conscious relaxation. You will leave class relaxed and refreshed. Please wear comfortable workout attire, and bring a yoga mat and water bottle.

Mon, 6/5-7/10*, 45m

10:30 AM Class #16144

11:30 AM Class #16146

R \$21 NR \$25 6 classes

Senior Price - R \$16.80 NR \$20

Mon, 7/24-8/21, 45m

10:30 AM Class #16145

11:30 AM Class #16147

R \$18 NR \$22 5 classes

Senior Price - R \$14.40 NR \$17.60

Wed, 6/7-7/12, 45m

10:30 AM Class #16148

R \$21 NR \$25 6 classes

Senior Price - R \$16.80 NR \$20

Wed, 7/26-8/23, 45m

10:30 AM Class #16149

R \$18 NR \$22 5 classes

Senior Price - R \$14.40 NR \$17.60

*No class July 3

Community Center Rm 4 LL

Carmen Bond

Yoga Without a Mat

Ages 18+

Increase flexibility, strength and balance without getting up and down on a mat. Safe and effective seated and standing yoga poses will be presented. A chair will be available if needed. This is an excellent format for people who need extra modifications to be successful.

6/7-7/12 Class #16154

R \$21 NR \$25 6 classes

Senior Price - R \$16.80 NR \$20

7/26-8/23 Class #16155

R \$18 NR \$22 5 classes

Senior Price - R \$14.40 NR \$17.60

Wed, 11:30 AM, 45m

Community Center Rm 4 LL

Carmen Bond

Introduction to Memoir Writing **NEW!**

Ages 55+

A memoir is a cherished legacy to share with your loved ones. Students will gain knowledge about the essential part of a good story, and how to add your personal truth while learning various exercises that will help you write about a unique experience, a special location or an unforgettable person.

6/14 Class #16634

Wed, 10:00 AM, 1h30m

Community Center Rm 123

Darlene Carleson

R \$13 NR \$16 1 class

Puttin' On The Ritz Dance **Ages 55+**

Join us for a delightful time dancing, or just listening, to the music of *A Little Bit Of Heaven*. The group will perform a mixture of polkas, waltzes, 2-steps, novelty songs, old favorites and gospel music. No partner is necessary. Refreshments will be served.

Wednesday, June 21 - 1:30-2:30 PM

Community Center Gym

FREE, registration is not required.





ADULT 55+

Knitting

Ages 18+

All talent levels are welcome. Learn about the different qualities of yarn, knitting needles, and how to read a pattern. Each participant will choose a personal project to work on during class and will receive help as needed. You will also be taught some useful knitting tricks. Please bring size 8 needles and 4-ply yarn if this is your first class.

5/30-7/18*, Tue Class #16116
R \$58 NR \$69 7 classes

6/1-7/20*, Thu Class #16118
R \$58 NR \$69 7 classes

7/25-8/29, Tue Class #16117
R \$52 NR \$63 6 classes

7/27-8/31, Thu Class #16119
R \$52 NR \$63 6 classes

9:30 AM, 2h

*No class July 4, July 6

Community Center Rm 102 A
Shirley Mattson

Drawing Portraits from Photographs

Ages 16+

Anyone can learn the technique of drawing lifelike images from photographs. Once your photo has been duplicated, outlining and shading will be used to create a portrait. Please bring a photo to class. All supplies can be purchased in class for \$5.

6/28-8/2 Class #16619
Wed, 6:00 PM, 1h30m
Community Center Rm 106
Barbara Kelsey
R \$31 NR \$37 6 classes

MEMORIAL DAY

— PROGRAM —

Students and Veterans honoring our Military

Thursday, May 25

9:30 AM

Refreshments to Follow

North Middle School Gym
N88 W16750 Garfield Drive



Game Time

No program 4/10-4/14, 5/29, 7/4

Monday	Tuesday	Wednesday	Thursday	Friday
Sheepshead 12:00-3:00 Rm. 106 American Mah Jongg 12:00-3:30 Rm 102A / 123 Hand and Foot* 1:00-3:00 Rm 102B	Bridge - Seasoned 1:00-3:00 Rm 106 Mexican Train Dominos* 1:00-3:30 Rm 102A	Bunko!* 9:30-11:30 Rm 106 \$1.00 for kitty 5/24, 6/28, 7/26, 8/23	Bridge - Intermediate 1:00-3:30 Rm 102A/106 Scrabble* 1:00-3:30 Rm 106/102B	Sheepshead 12:00-3:00 Rm. 106 Bridge - Seasoned 1:00-3:00 Rm 102A Mexican Train Dominos* 1:00-3:30 Rm 106

* Beginners welcome.



Fireside – Back to the 50's

Ages 55+

We are headed back to the 1950's at the Fireside where we will enjoy a delicious dinner and a musical production of Back to The 50's that will thrill and delight audiences of all ages. Join us as we pay tribute to the most exciting musical decade of them all. The decade that brought us TV dinners, hula hoops, and the birth of Rock and Roll. The Fireside band will bring you the music and the fun from such artists as Jerry Lee Lewis, Buddy Holly, Little Richard, Patsy Cline, Nat King Cole, Ricky Nelson, Johnny Mathis and The Everly Brothers. On the way to the Fireside we will be stopping at the Jones Dairy Farm Outlet. Register by June 12.

Thursday, July 6 Class #16094

Sign In	7:45 AM
Bus Leaves	8:00 AM
Bus Returns	5:30 PM

Community Center Parking Lot
R \$94 NR \$99

Exploring the Culture of Chicago

Ages 55+

Join us on our coach bus as we visit some of the most beautiful, historical and popular sites in Chicago. Our day will begin at the Chicago Cultural Center. This stunning landmark is home to two magnificent stained-glass domes, along with amazing ornate mosaic walls. We will experience the art of old world cuisine at The Red Apple Buffet, voted one of the 12 greatest buffets in America. After lunch we will take a bus tour of Old Polina "Polish Downtown", where we will learn about the history, people, food and architecture that make up this historical neighborhood. There will even be an opportunity to purchase some of the areas authentic foods. Register by June 30.

Wednesday, July 19 Class #16653

Sign-In	6:45 AM
Bus Leaves	7:00 AM
Bus Returns	6:30 PM

Community Center Parking Lot
R \$89 NR \$94

Zooriffic Adventure

Ages 45+ w/child age 5+

This trip is intended for an adult and child to attend together. Note! Price is per person. Enjoy the day as we travel by coach bus to the unique Henry Vilas Zoo in Madison. This small, beautiful zoo features open exhibits and attractions for the whole family. We will enjoy a fun lunch at Ella's Deli where we will get to ride their 1927 Parker Carousel. Adults will have a choice of a Garden House Salad, BBQ Beef Sandwich or a Chicken Salad Sandwich. Kids will have a choice of a Hamburger, Hot Dog or 3 Piece Chicken Strips. Please indicate your meal choice when registering. Unless your guest lives with you, a separate registration form with their information and adult signature is required. We are sorry, but online registration is not available. Register by July 8.

Thursday, August 10 Class #16515

Sign-In	8:00 AM
Bus Leaves	8:15 AM
Bus Returns	3:45 PM

Community Center Parking Lot
R \$44 NR \$44 Per person

Warren's Cranberry Festival

See page 41

Go Pack Go— Trip to Green Bay

Ages 55+

Join us for a Packer filled day as we head to Green Bay. Our exciting day starts with a guided tour of Lambeau Field, where we will learn about the incredible history of the Packers. We will visit the skybox suite, the player's tunnel, and more. We

will remain at the stadium for lunch and enjoy broasted chicken with garlic mashed potatoes, sautéed green beans and rolls. We will tour the new Packer Hall of Fame, and shop at the Pro Shop. On the way home we will stop at Kelley's Creamery for an on-your-own ice cream treat. Please note that this tour includes a great deal of walking, but there are places to sit along the stadium tour. Register by July 21.

Tuesday, August 15 Class #16214

Sign-In	7:15 AM
Bus Leaves	7:30 AM
Bus Returns	7:00 PM

Community Center Parking Lot
R \$79 NR \$84

Wild Wisconsin Dells

Ages 55+

Join us for a day of exploration as we enjoy the best scenery, food and attractions in the Wisconsin Dells area. Our day begins with a stop at a wildlife park where you can view and interact with the amazing animals. We will enjoy a delicious family-style lunch at the famous Paul Bunyan's Cook Shanty, then off to experience excitement on wheels and waves aboard the famous amphibious Wisconsin Dells Ducks for an up-close view of some of the most beautiful scenery in the Dells. Register by August 15.

Thur, September 7 Class #16654

Sign-In	7:15 AM
Bus Leaves	7:30 AM
Bus Returns	6:00 PM

Community Center Parking Lot
R \$84 NR \$89

Trip Refund Policy. We understand that plans can change and you may not be able to attend a trip for which you have registered. However, refunds can only be given if we can register someone from our waiting list to take your place.

Registration Requirement. For emergency purposes, the name and phone number of your doctor is required when registering.

Transportation. All trips travel by coach bus unless specified.



COMMUNITY SERVICES & EVENTS

Wisconsin Home Energy Assistance Program

Ages 18+

Do you live in Waukesha County and need home energy assistance? This is an income based benefit. Qualifying applicants will receive a credit toward your entire energy bill.

Applicants must provide: Proof of income, Social Security numbers for all residents in your home, photo ID, a current heating and electric bill, and verification of the previous 3 months of income. If heat is included in your rent, you must bring a rent statement or letter from your landlord confirming that heat is included with your rent.

To see if you qualify, call 1-800-506-5596 to make an appointment with a Waukesha County representative.

Representatives will be at the MF Community Center 9:00 am - 1:00 pm Tuesday, May 9.

Food Pantry

N85 W15382 Menomonee River Pkwy.
Open: Tuesday & Thursday
12:00-2:00 PM and 5:00-7:00 PM
For more information,
call (262) 251-6848.

Stock Box Distribution

Ages 60+

Distributed by the Hunger Task Force, the box contains 35 pounds of food from the U.S. government. To qualify, your income must be \$1,287 or less per month for a single person, or \$1,736 for a household of two. New sign-ups are accepted on distribution dates. Please bring proof of residency and a photo ID that includes your date of birth.
Distribution Dates:

Third Monday of each month
5/15, 6/19*, 7/17, 8/21
12:30 - 1:30 PM
MF Community Center Rm 102A
* Recertification Day

The Parent Connection

A support group for parents with special needs children. Please call Stephanie Schneider at (262) 255-9112, for more information.

How to Reserve a Park

Menomonee Falls Park Department

(262) 532-4200

Menomonee Park (Lannon)
(262) 255-1310

Other Important Numbers

Menomonee Falls Public Library

home.mf.lib.wi.us
(262) 532-8900

Menomonee Falls Village Hall

www.menomonee-falls.org
(262) 532-4200

Menomonee Falls Community Chamber

fallschamber.com
(262) 251-2430

Menomonee Falls Community League

cleague@communityleague.com

Rummage

Saturday, April 8, 9 AM-3 PM
MF High School

Mosiacs Garden Tour

Saturday, June 24, 10 AM-3 PM

Wisconsin Senior Olympics

Are you over 50 years old and looking for



some fun, fitness and competition this summer? The Wisconsin Senior Olympics offers over twenty different sports. Horseshoes, Shuffleboard or Lawn Bowling are all great games for beginners. More competitive events include Cycling and 3:3 Basketball. More info at www.wiseniorolympics.com.



Upcoming Village Events

Farmers Market

May 3-October 25
menomoneefallsdowntown.com

Village & Park Clean-Up

Saturday, April 22
Rotary Park Shelter 1,
9:00 AM-Noon

Memorial Day Program

Thursday, May 25 at 9:30 AM
North Middle School Gym

Falls MemorialFest

Saturday, May 27 from Noon-10 PM
Downtown Street Party
menomoneefallsdowntown.com

Memorial Day Parade

Monday, May 29 at 10:00 AM
fallsparades.org

Independence Day Parade

Monday, July 3 at 7:00 PM
fallsparades.org

Wheeling for Healing

Saturday, August 12
Register online in June at
communitymemorialfoundation.com
or call (262) 257-3761.

HAWS Pet Fair

Saturday, August 19
Rotary Park Shelter 1, **FREE**
9:00 AM-4:00 PM

Old Falls Village Events

In Touch with History: June 2
Old Falls Village Days: June 3 & 4
Civil War Encampment
& *Ice Cream Social:* July 15-16
Artist Ride: September 15-17
Halloween Fun Night: Oct. 20-21
Silver Tea: December 3



Affiliates

The Menomonee Falls School District does not directly plan or administer the following programs. Please contact the respective program providers for further information and how to get involved!

Accompany of Kids

262-251-5225 aokwi.org

This MF based premier performing arts group trains youth ages 4-20 in vocal, dance and performance techniques. Members are showcased in various venues throughout SE Wisconsin.

Art Guild of M.F.

414-719-6613 artguildmf.org

Our focus is to provide art lovers and local artists of all ages living in and around MF with opportunities and resources for networking, exhibitions, and artistic development. Meetings are held at the Menomonee Falls Library.

MF Angels

FallsAngels.com

This competitive, girls fast pitch organization emphasizes softball fundamentals in order to develop skills, build character and create leaders.

MF Jr. Indian Baseball

www.mfjibaseball.com

A select youth baseball program for boys, ages 9-14, who reside in the M.F. school district. Teams play in the Wisconsin State Youth Baseball League.

MF Camera Club

262-251-7106 falls-photo.org

Adults 18+ can attend meetings consisting of programs by professional photographers, field trips, photo competitions and workshops. Meet and associate with others who have an interest in photography. Contact Bill Rietz.

MF Dolphinettes

262-623-6100 mfdsynchro.org

The Olympic Sport of synchronized swimming open to girls ages 5-18, will teach swim routines to music. Recreation and competitive programs available. Contact Linda Loehndorf.

MF Jr. Indian Basketball

mfyba.com

mfybabasketball@gmail.com

Dedicated to fun and learning through recreational basketball for boys & girls in grades 3 - 8. Jr Indians Basketball is a more competitive select league for 5th - 8th grade students that requires tryouts.

MF Jr. Indian Football/Cheerleading

eteamz.com/MFJrIndiansFootball

Full contact football with teams in 5th - 8th grade divisions, open to all students enrolled in the MF School District. Learn the basic offensive and defensive plays of the MF High School.

MF Little League Baseball/Softball

fallslittleleague.org

secretary@fallslittleleague.org

A developmental softball and baseball league open to MF resident children ages 4 - 18. Registration takes place in January, with the season running through the end of June and an in-house tournament in July.

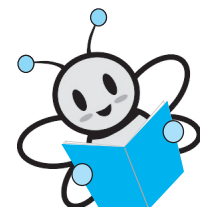
MF Jr. Indian Wrestling

fallswrestling.com | 262-781-7258

Open to youth K-8 with the goals of teaching the fundamentals of wrestling, providing competition and teaching good sportsmanship. Season runs December thru March with registration in late October. Contact Tom Daly.

Summer Library Program: "Build a Better World"

Menomonee Falls Public Library



Reading program for kids, teens and adults. Sign up starts June 1.

Reading earns passes to attractions, treat coupons, and prize drawing entries. Activities include story hours, book discussions and films.

Check out the list of featured family variety shows and more details at:

MenomoneeFallsLibrary.org

Art for All Ages



OPEN HOUSE

Enjoy this special exhibit of artwork done by Menomonee Falls School District students and adult participants from various CE & Rec Dept. programs.

Friends and family are encouraged to attend. Refreshments will be served.

Saturday, April 29

10:00 AM - Noon

MF Community Center

FREE



MF Patio Players

Box Office 262-255-8372

Email fallspatioplayers@yahoo.com

fallspatioplayers.com

This community theatre group will entertain you with quality productions of plays and musicals. For information regarding upcoming shows, or to order tickets online, please check out our website.

MF Swim Club

mfwswim.org

MFSC is a year round competitive swimming team instructed by experienced and certified coaches, offering stroke technique, training and competition to young people ages 5+.

Milwaukee Kickers - Falls

mksc.org

Open to boys and girls aged 6-16, the club offers a great opportunity for kids to compete in multiple levels of team soccer.

Online registration is available at fallsrec.org

HEAD OF HOUSEHOLD

Last / First Name _____ Birthdate (Month/Date/Year) _____ Gender (M or F) _____

Address _____ City _____ Zip _____

Home Phone (_____) _____ Work Phone (_____) _____ Email address _____ Must be included to receive a receipt

Cell Phone (_____) _____ Cell Phone Carrier* _____

*By providing your carrier, you agree to receive text messages from MF CE & Rec.

Which school district boundary do you live in? ☐ Menomonee Falls ☐ Hamilton (Sussex) ☐ Other

EMERGENCY CONTACT

Your emergency contact should NOT be a contact within the same household, but rather an alternate contact in the local area. The emergency contact is only contacted if we cannot reach the primary household contact (e.g. parent/guardian) already on file.

Name	Relationship	Home Phone	Other Phone

PARTICIPANT INFORMATION						
Participant First & Last Name	M/F	Birthdate	Attend SDMF Schools	T-Shirt Size (mandatory)	Activity Name	Class #
Date, Day & Time of Class						Fee
			[] Yes [] No	Youth: S M L Adult: S M L XL		
			[] Yes [] No	Youth: S M L Adult: S M L XL		
			[] Yes [] No	Youth: S M L Adult: S M L XL		
			[] Yes [] No	Youth: S M L Adult: S M L XL		
Total Fee						
Credit						
Total Due						

ADULT SIGNATURE REQUIRED! I hereby understand that I or my child has registered to participate in a program sponsored by the Menomonee Falls Community Education & Recreation Dept. I understand that participating in this activity has some inherent risk and I assume full responsibility for injuries incurred while participating in this program. I understand that photos may be taken of myself or my child and used for promotional purposes. **Please notify your instructor if the participant has any special medical conditions or needs.**

Adult Signature X _____
Date _____

Make checks payable to: MF CE & Rec, **mail to** W152 N8645 Margaret Rd., Menomonee Falls, WI 53051 or **fax to** (262) 255-8411

Cardholder Name: _____ Number: _____

Exp. _____ VCode _____ Cardholder Signature _____



IMPORTANT INFORMATION

Returned Check Policy

A \$30 service charge is assessed on all checks returned due to insufficient funds.

Residents/Nonresidents

Residents: A resident is defined as a taxpayer or a dependent of a taxpayer that resides in the Village of Menomonee Falls (this includes renters). Children who do not live in Menomonee Falls but attend a public school within the School District of Menomonee Falls are considered residents, but their parents are considered nonresidents. **Nonresidents:** A nonresident is defined as a person who does not live within the Village of Menomonee Falls. For residency requirements specific to Falls Summer Academy, see page 27. Nonresidents who register using false information will forfeit their right to participate and no refund will be given.

Age Minimum

Participants registered for any class must meet the minimum age requirement prior to or on the first day the class begins. Please do not request to have your child put in a class where they do not belong. The ages are set to ensure the safety and benefit of the participants as well as the program leaders.

Fee Policy

Program fees are assessed in order to defray the cost of program operation. The CE & Rec Dept. believes in providing program services to all who desire to participate in recreation activities.

- A 5% sales tax is included in the fee on all non-instructional programs.
- Program fees are not prorated.

Waiting List

Any participant who desires to enroll in a class that is full may place their name on the waiting list. There are no guarantees for placement. The waiting list is compiled on a first come first serve basis.



100% Program Satisfaction Guarantee

The CE&Rec team is constantly striving to provide you with high quality recreation activities, events and programs. We are confident that you will like these programs, so confident that we will ensure our promise to provide that high quality.

If you or your child are participating in a program, and you are not completely satisfied, please notify us. We will send you a refund application to complete. Once we have received your completed application, we will then arrange for you to do one of the following:

- Repeat the class at no charge
- Credit your account to be used on a future registration.
- Receive a refund

Requests must be made on the provided application within 10 business days after the program has been completed. Exclusions to this policy include Adult and Youth Athletic Leagues, Club Sports, Trips, and the Kids INC program.

Swim Lesson Transfer/ Cancellation Policy

Please check with your child's instructor, or wait until your child has completed their current swim level before registering for the next session of swim. In the event you register for an incorrect level, a \$10 fee will be charged for any transfers or cancellations.

Cancellations

When the School District cancels due to weather conditions, all CE & Rec activities will also be canceled. Cancellations due to inclement weather will be announced on our website and our Program Information Line at 262-255-8376. Participants will be notified by email, in writing or by phone of any cancellations caused by instructor or facility changes. **NOTICE:** Every effort will be made to reschedule classes canceled due to inclement weather. However, if classes cannot be rescheduled, refunds will not be given.

Insurance Policy

The CE & Rec Dept. does not provide accident insurance for participants in any of its programs. All participants assume some inherent risk of injury from their involvement in the programs or activities outlined in this brochure.

Medical Conditions

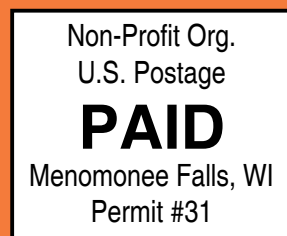
If there is any medical condition or other information you are aware of that could affect someone's participation in a recreation program or activity, please contact the Department to discuss this matter, and notify your instructor on the first day of class.

No Smoking/ Alcohol Use Policy

The use of all tobacco products or drinking of alcoholic beverages on premises owned by the School District of Menomonee Falls is forbidden by State Law. Your cooperation in upholding this law is mandatory.

Senior Discount

Adults 55 years and older are entitled to a discount on select adult programs.



W152 N8645 Margaret Road
Menomonee Falls, WI 53051

ECRWSS
RESIDENTIAL CUSTOMER

NEW PROGRAMS!

- Advanced Archery
- Recreational Tree Climbing
- Nature Quest
- Henna Tattoo Workshop
- Acrylic Painting
- Madhubani Folk Art Painting
- Roaring Racecars and Machine Mania
- Mad Science NASA Camp
- 365 Things To Do With LEGOS
- Teen Kayak Trip
- Beginning Archery for Women
- Fire Pit Installation Workshop
- Make Your Own Watercolor Book
- Amish in Wisconsin
- Can Alzheimer's Be Prevented?
- Funding for Senior Care
- Strategies to Protect Your Assets
- Dementia 101
- Free Memory Screening
- Summer Crafts with Menomonee Place
- Introduction to Memoir Writing
- Caregiver Support Group
- From Fiber to Yarn: The Art of Spinning

Online Registration Opens...

**Sunday,
April 23
at 9:00pm**

**Non-Resident
April 27**



MEMORIAL DAY

— PROGRAM —

Thursday, May 25

See page 50 for more information



fallsrec.org

