Adult Evening EDUCATION

2019 Summer Course Catalog



INFORMATION SESSION:

Open to All!

June 12, 2019 | 11am-12pm

110 Corning Road | Cary, NC

Learn how to TRADE STOCK profitably

page 15

 EXPLORE your creative side with Acrylic Pouring

pages 4





Welcome!

Adult Evening Education is a part of Wake County Public School System (WCPSS) where you can enjoy courses that are educational, recreational, cultural, civic, and social in nature. Classes are offered both on-site and online.

Check out our *Adult Evening Education (AEE)* catalog published three times per year (fall, spring, and summer) available online, in libraries, schools, community centers, and select businesses throughout the county.

If you're 16 years old to 109 years young, you're invited to come grow and learn with us!



- **y** @WCPSSAdultEdu
- fb.me/WCPSSlifelonglearning

Lifelong Learning Program Calendar

Summer 2019 Semester:

Monday-Thursday, May 20-July 25

Holidays:

May 27 - Memorial Day

July 4 - Independence Day





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Welcome our new site Garner Magnet High School

21

Arts and Crafts

Acrylic Pouring with Linda

Acrylic Pouring 101

Materials \$

Acrylic pouring has quickly become one of the top artist techniques in the country. Hone your creativity through helpful instruction, demonstrated techniques, followed by hands-on practice with this new painting technique. No artistic talent is needed, just an interest in trying something new with paint and color! The artists will be able to take their painting(s) home with a cheat sheet so they can paint more at home.

I will accept cash, and I have a Square as an option, with a small service charge. No checks, please.

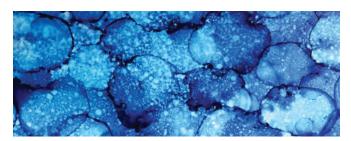
See page 39 to register online, by phone, or mail; call the Provider, Linda Long, at 704-214-6676 for more information.

Sanderson HS | 6:30-8:30 PM | Th | 6/13 | \$50

What people are saying...

"Linda's personalized approach to sharing her talents and animated personality throughout the class enticed me to sign up for future classes."

> -Elise Sedore Acrylic Pouring 101



Fluid Painting with Jenny

Alcohol Ink Exploration 101

Materials \$

Energize your creative spirit through a fast drying medium of alcohol inks. Create bright colorful works of art on different surfaces including Yupo paper, ceramic tile, and glass. A supply list will be provided once enrolled.

See page 39 to register online, by phone, or mail; call the Provider, Artful JEM, L.L.C., at 919-323-6971 for more information.

Fuguay Varina MS | 7:00-9:00 PM | T | 5/21-6/4 | \$92



Acrylic Pouring 102

Materials \$ Pre-Rec

Acrylic Pouring 102, is designed for participants that have attended Acrylic Pouring 101, or have experience with the pouring technique. We will explore a variety of methods used after the initial pour. You will be instructed, then shown these techniques before experimenting with them vourself!

I will accept cash, and I have a Square as an option, with a small service charge. No checks, please.

See page 39 to register online, by phone, or mail; call the Provider, Linda Long, at 704-214-6676 for more information.

Sanderson HS | 6:30-8:30 PM | Th | 6/20 | \$50



Linda Long is a retired teacher and lifelong artist. For a number of years, her main interests were in watercolor and pastel techniques. The last few years more abstract painting has piqued her interest, and that's where the technique of acrylic

pouring evolved. She is enthusiastic to share her artistic knowledge with you. Follow Linda on Instagram: uniquely Linda, or on Facebook to see the fun she has been having.



New Fluid Acrylic Painting 101

Get your creative juices flowing by pouring acrylic paint onto wood painting panels. Create seasonal inspired artwork that will brighten up any space.

See page 39 to register online, by phone, or mail; call the Provider, Artful JEM, L.L.C., at 919-323-6971 for more information.

Garner HS | 7:00-9:00 PM | T | 6/11-6/25 | \$92



Jenny McAllister loves to create through a variety of mediums including graphic design, videography, photography, paper, drawing, and painting. She enjoys sharing her joy and passion for art to help inspire the creativity in others.



Calligraphy with Jessica

Calligraphy 102

Materials \$

This 12-hour beginner's calligraphy class will cover three lettering styles, Blackletter, Carolingian, and Roman. The class will give you a history of letter styles, how to care and adjust the penholder, as well as exercises, instructions, and practice sheets. Cover each letter group and discuss letter formations and variations. Practice pen and nib control. Discuss paper, ink, and overall construction of words. This class, taught by calligrapher Jessica Yee, will give you an engaging introduction to the beautiful vintage art of calligraphy. Register early. This class fills up fast. Overflow students will be waitlisted for the next session. Supply kits can be purchased at http://www.johnnealbooks.com/prod_detail_list/jessica-yee. Please select your kit based on the class title.

See page 39 to register online, by phone, or mail; call the Provider, The Oblique Pen, at 919-650-3135 for more information.

Sanderson HS | 6:30-8:30 PM | T | 6/4-7/9 | \$135

Modern Calligraphy I

Materials 5

Let your pen loose and join me as we explore 'What is Modern Calligraphy?' The resurgence in beautiful loose lettering styles has graced the covers of wedding magazines to cute coffee shop signs. Come learn how to create your own style of beautiful handwriting. Fee includes all supplies needed.

See page 39 to register online, by phone, or mail; call the Provider, The Oblique Pen, at 919-650-3135 for more information.

Fuguay Varina MS | 6:30-8:30 PM | Th | 6/6-7/18 | \$135



Jessica Yee spends her days writing, but she is not a writer. The locally renowned calligrapher puts pen to paper masterfully spelling out names and addresses; honing her technique; and experimenting with new letter art. Jessica began studying the

lettering arts thirty years ago, learning from some of the premier calligraphers and letter artists of the world. The founder of the Oblique Pen finds beauty in letters and how they are created. Jessica loves the elegant smooth and fluid scripts that a pointed pen creates. Moreover, she enjoys meeting and working with clients, sharing in their poignant moments while bringing art to life. When the married mother of four is not busy creating an artistic expression of a wonderful occasion, Jessica is heavily involved in serving the arts locally.

Drawing with Katie

Drawing 101: Essentials

Materials \$

Did you know that you can draw? Everyone has the potential to be a great artist, all you need is to find your own style! Learn basic elements of drawing that can be applied to any type of art you want to create. Explore how to consider linework, composition, light, color, and more to make appealing drawings. Whether you want to draw realistic portraits, impressive landscapes, or fantastical comics, with either traditional or digital techniques, these principles will be essential. If you already draw regularly and want to improve, or if you're a total beginner, this class is for you!

See page 39 to register online, by phone, or mail; call the Provider, Katie Finan, at 919-345-3975 for more information.

Sanderson HS | 6:30-8:30 PM | M | 6/17-7/22 | \$135





Katie Finan has been a self-taught artist since she could hold a crayon. She loves using bright, bold colors in her work, and enjoys watching her art improve from year to year. In her free time, she enjoys drawing, reading, playing video games,

and spending time with her husband and their cat, Eevee.

Memory Books with Billy

Memory Books 101

Materials \$

Enjoy creating an amazing memory book! Honor that someone special on their birthday, graduation, anniversary, or retirement. Imagine making a timeless treasure that can be passed down for generations to come. Appreciate and celebrate a loved one with this gift of a lifetime, full of unforgettable memories.

See page 39 to register online, by phone, or mail; call the Provider, Memory Books, LLC, at 919-632-9416 for more information.

Sanderson HS | 7:15-8:30 PM | T | 5/21-6/11 | \$37

Military Memory Books 102

Materials \$

Want to explore a clever way to pay tribute to someone who has or is serving our country? Come join us as we go on a guided discovery to honor and remember your loved one! Imagine creating a memory book, with heartwarming results. Pass this treasured keepsake on through generations to come.

See page 39 to register online, by phone, or mail; call the Provider, Memory Books, LLC, at 919-632-9416 for more information.

Sanderson HS | 7:15-8:30 PM | W | 5/22-6/12 | \$37





Billy Dibbert created a memory book about his Dad who was killed in Vietnam. The letters and pictures from family and friends brought his Dad back to life. Now he is passionate about helping others make these timeless treasures to honor their loved ones, living or deceased.



Become an Adult Evening **Education Instructor!**

Earn extra money on a schedule that works for you



wcpss.net/adult-edu

Wake County Public School System's Adult Evening Education offers you the opportunity to earn extra money by creating classes and instructing students in an area that matches your skills. Class categories include career, languages, art, culinary, computers, finance, fitness, and much more.

We invite all interested persons to apply, but we are currently seeking teachers for these specific courses:

- Acting and Improv
- Computer Programming Exam Preps
- Dance
- Teacher CEUs
- IT Certification
- NC Contractor/ **Building Exam Prep**

Career Skills



Discover the Benefits of Becoming an NC Notary

Why would I become a notary?

You can enhance your professional career, serve the public as a trusted public official, and earn additional income. Notaries work in a variety of professions including as court reporters, paralegals, attorneys, mobile notaries, bankers, and increasingly as signing agents within the mortgage industry.

What do NC Notaries do?

Notaries witness signatures on a variety of high value and important business and professional documents. Some specific tasks include administering oaths and affirmations related to affidavits, taking acknowledgments, inventorying abandoned safe deposit boxes, and notarizing absentee voter ballots.

Steps to becoming a notary:

STEP 1: Purchase the "2016 North Carolina Notary Public Manual."

STEP 2: Take a 6-hour notary course. (These include the classes shown on the right)

STEP 3: Pass the final exam with at least 80%.

STEP 4: Submit a notarized application along with a \$50 fee.

STEP 5: Take the Oath of Office at the Register of Deeds office.

STEP 6: Obtain a notary seal and a notary journal.

Watch this video for more details: https://sosnc.gov/divisions/notary/become_a_notary

Notary Public Certification

Learn to perform the five notarial acts authorized in North Carolina including acknowledgments, oath and affirmations, verification's and proofs, inventorying abandoned safe deposit boxes, and notarizing voter absentee ballots. This course is designed to equip you to take and pass the notary public examination and prepare you to serve the public with a high degree of professionalism as a notary public. Review the NC Notary website to ensure eligibility and requirements for the class. Requirements: a current state or federal picture identification and prior book purchase of 'North Carolina Notary Public Manual, 2016' ISBN: 9781560118510. Prepay for class with credit or debit card via PayPal: https://www.paypal.com/ cgi-bin/webscr?cmd= s-xclick&hosted button id=JS338K62NCNCW

Garner HS | 6:30-9:30 PM | MT | 6/3-6/4 | \$75 Fuquay Varina MS | 6:30-9:30 PM | TTh | 6/11-6/13 | \$75 Sanderson HS | 6:30-9:30 PM | TTh | 6/18-6/20 | \$75 Reedy Crk MS | 6:30-9:30 PM | MT | 7/15-7/16 | \$75 Athens Dr HS | 6:30-9:30 PM | TTh | 7/23-7/25 | \$75

New Electronic Notary Public Certification

The electronic notary course covers the Electronic Notary Act and provides practical applications and demonstrations of state-approved electronic notarization solutions. Students must score 80% on the exam administered onsite. Please bring a Wi-Fi capable device to take the online exam. Requirements: Bring a current ID for admission to class (Driver license, passport, state ID, etc.); Have a current N.C. notary commission; More information about the North Carolina Electronic Notary program can be found at: https://sosnc.gov/divisions/notary/e_notary

Students MUST prepay for class with credit or debit card via PayPal at the following secure link: https://www.paypal.com/cgi-bin/webscr?cmd=_s-xclick&hosted_button_id=6QSM6QXDT8G7E

Athens Dr HS | 6:30-9:30 PM | M | 5/20 | \$78 Garner HS | 6:30-9:30 PM | M | 6/24 | \$78 Sanderson HS | 6:30-9:30 PM | Th | 7/18 | \$78

All courses are taught by North Carolina Certified Notary Public Instructors.

See page 39 to register online (see above), by phone, or mail; call the Provider, Xpert Notary Instruction, at 919-586-4889 or email Xpertnotary@gmail.com for more information.

Medical Office Administration

Our Medical Office Assistant program curriculum prepares you for working in a medical office setting by introducing you to essential topics like medical terminology, laws and ethics, medical office administration skills, records management, coding, and billing. Lessons also touch on basic clinical procedures, patient relations, and provider involvement.

See page 39 to register online, by phone, or mail; call the Provider, Brittney Stone, at 919-444-9595 for more information.

Athens Dr HS | 6:30-8:30 PM | W | 5/22-7/17 | \$150



Brittney Stone is a North Carolina native with over 10 years of experience in the healthcare industry. She attended the University of North Carolina at Greensboro and Colorado Technical University. With a passion for healthcare management

and leading others, she finds joy in being able to share her wealth of knowledge with students who are eager and willing to learn a new industry.

Strengthen your Business with Brandi

New Recruiting and Retaining Volunteers

Volunteering is such an incredible experience. It can help participants find friends, feel connected to the community, acquire new skills, and even advance a career. So why do organizations struggle with volunteer numbers that wax and wane? Learn how to find and keep volunteers for your organization from experienced volunteer coordinator, Brandi Brown. Topics will include identifying potential volunteers, marketing volunteer opportunities, and showing volunteer appreciation.

Athens Dr HS | 6:30-9:00 PM | W | 6/26 | \$30

New Social Media for Small Business

Did you know social media could improve your business but aren't sure where to start? Are you unsure how Facebook works to sell your business? Do you get overwhelmed with the choices? This course is for you! Over two evenings, learn how to select the best social media platforms for your small business and begin to build your online audience using tools you learn in the course.

Garner HS | 6:30-8:30 PM | M | 7/15-7/22 | \$50

See page 39 to register online, by phone, or mail; call the Provider, Brandi Brown, at 919-279-0669 for more information.



Brandi Brown is a freelance writer with a background in political and business writing. She currently manages www. CaringForZebras.com and www. SideGigFamily.com. Brandi is experienced in photography, videography, and using

social media to build traffic. In her free time, she volunteers, reads, and spends time with her family.

New Non-Profit Management 101

Thinking about leading a nonprofit organization? Internationally renowned Organizational Management Leader, Doris Dzameshie provides a preface on nonprofit management and leadership. She explains how nonprofits are different from for-profits and the challenges and opportunities that come with leading them. In addition, she provides a comprehensive overview of grant-writing, talent recruiting and retention, governance, and accounting work at a nonprofit level. She also shares her insights on how to scale both your organization and the impact your organization has on the world.

See page 39 to register online, by phone, or mail; call the Provider, Doris Dzameshie, at 202-716-8752 for more information.

Sanderson HS | 7:00-9:15 PM | Th | 5/23 | \$49

Create a Bakery in your Own Home with Detra



How to Operate A Home-Based Bakery Micro Course

The North Carolina Home-based Bakery Course is created for food artisans living in the State of North Carolina. Learn what you need to know to operate a legal home bakery business.

See page 39 to register online, by phone, or mail; call the Provider, Foodpreneur Institute, at 919-412-9158 for more information

Reedy Crk MS | 6:30-9:00 PM | Th | 6/6-6/27 | \$174



Detra 'Denay' Davis, is a home-based baker, and cottage food operator. She founded the Foodpreneur Institute in 2009, an educational hub assisting cottage food operators across the U.S. She is the author of "How to Start a Home-based

Bakery Business," who in 2014 opened the Charlotte Pie Authority in Charlotte, NC. Today Detra travels across North Carolina sharing her knowledge and experience as a cottage food operator, helping others take their products from kitchen to market.

Life Support Skills with Donna



CPR for Healthcare Providers (Initial and Renewal)

Teaches single and team basic life support skills on adults, children, and infants including AED. This class is for new or current healthcare providers that are getting their CPR certification for the first time, have an expired certification, or need a renewal. For those needing a renewal, you must present a current copy of your CPR card. No expired cards will be accepted for the renewal course.

See page 39 to register online, by phone, or mail; call the Provider, The Right Hands Healthcare, LLC, at 919-626-3426 for more information.

Fuquay Varina MS | 6:30-9:30 PM | Th | 5/23 | \$60 Garner HS | 6:30-9:30 PM | Th | 6/5 | \$60 Garner HS | 6:30-9:30 PM | W | 7/10 | \$60 Fuguay Varina MS | 6:30-9:30 PM | Th | 7/18 | \$60

CPR/First Aid for Day Care Providers (AHA)

Teaches single and team basic life support skills on children and infants including AED and First Aid.

See page 39 to register online, by phone, or mail; call the Provider, The Right Hands Healthcare, LLC, at 919-626-3426 for more information

Garner HS | 6:30-9:30 PM | Th |6/6 | \$100 Garner HS | 6:30-9:30 PM | W | 7/17 | \$100

Med Aide Certification-Career Advancement for CNAs

This is an ideal class for Nursing Students who want to learn how to administer medications prior to graduating or for Certified Nursing Assistants who want to advance their careers and become a Med Aide or Med Tech in LTC, Group Homes or Assisted Living Facilities.

See page 39 to register online, by phone, or mail; call the Provider, The Right Hands Healthcare, LLC, at 919-626-3426 for more information.

Garner HS | 6:30-9:30 PM | MTWTh | 5/20 - 6/4 | \$325 Garner HS | 6:30-9:30 PM | MTWTh | 6/11 - 6/20 | \$325



Donna Frederick is a Registered Nurse with more than 35 years of nursing experience in hospital, long-term care and private sector settings and specializes in educating licensed and non-licensed healthcare professionals and health

care regulation. She looks forward to sharing her vast experiences to foster quality healthcare.

Voice-Overs with Such a Voice

Voice-Overs...Now Is Your Time!

In what could be one of the most enlightening two hours you've ever spent, this class will show you how YOU could actually begin using your speaking voice for commercials, films, and videos! Most people go about it the wrong way. In this class, you will learn about a unique, outside-of-the-box way to cash in on one of the most lucrative full or part-time careers out there! This is a business that you can handle on your own terms, on your own turf, in your own time, and with practically no overhead! And NOW is the best time to make this happen as new companies are looking for new voices like never before. This exciting and fun class could be the game changer you've been looking for!

See page 39 to register online, by phone, or mail; call the Provider, Such a Voice, at 802-275-0154 for more information.

Sanderson HS | 7:00-9:00 PM | M | 6/24 | \$35





Justine Reiss has done looping (post production voices) on numerous Film TV projects: Leverage, Private Practice, NCIS New Orleans, and many more. She has voiced many narrations for documentaries, video games, and CD-ROMs. Justine is

thrilled to share her passion for voice-over with others. Come join her for a fun-filled evening!

Communications 🌽



Basic Grant Writing with Doris

Basic Grant Writing 101 (CEU=0.25)

Writing a grant is not as simple as writing a letter. Grant writing is essential for preparing effective grant proposals, and this course is about acquiring a skill that involves quite a bit of writing. Grantmaking is not about receiving charity. While most private funders are philanthropic, even they look at grant making as an investment. And like all investors, the funder is looking for a good return. If you have never written grant proposals before, this course will help you get over the initial panic of not knowing where to start. It will serve as your step-by-step guide and reference in developing your first proposal and many others to come. CEU=0.25

See page 39 to register online, by phone, or mail; call the Provider, Doris Dzameshie, at 202-716-8752 for more information.

Sanderson HS | 7:00-9:30 PM | Th | 6/20 | \$49



Publish your Book with Spencer

90 Days to Published Author on Amazon

Meet once a month onsite to go over your drafts and learn the steps to self-publishing. You'll create a publishing account on Amazon and finish your book by working through tight revisions with instructor feedback. At the conclusion of the course, you will have work ready to publish on Amazon, Kindle, and available to stores like Barnes and Noble. This course prepares you to replicate the process for future works as you build your writing career. Payment plan available.

See page 39 to register online, by phone, or mail; call the Provider, TeachTechU, at 919-916-8939 for more information.

Sanderson HS | 6:30-8:30 PM | M | 5/20-7/22 | \$499

Social Media for Small Business

See Career Skills, page 8.

Voice-Overs...Now is Your Time!

See Career Skills, page 9



Business Writing with Anthony

Fundamentals of Business Writing

Writing is something professionals do every day. Emails, letters, memos, reports, performance reviews, budget justifications, signs, tweets, blogs—the business world is awash in writing opportunities. Good writing gets results, and this course will help you, a working professional, achieve those results. Through a focus on purpose, tone, and structure, you will gain the confidence and skill to write with clarity and precision.

See page 39 to register online, by phone, or mail; call the Provider, Anthony Aycock, at 704-718-3650 for more information.

Fuquay Varina MS | 7:00-9:00 PM | TTh | 5/21-5/23 | \$50 Fuquay Varina MS | 7:00-9:00 PM | TTh | 6/11-6/13 | \$50 Fuquay Varina MS | 7:00-9:00 PM | TTh | 7/9-7/11 | \$50



Anthony Aycock is a librarian, freelance writer, and instructor of English. He has taught English at Fayetteville Technical Community College and at Campbell University since 2010. He has worked in public, academic, corporate, and

government libraries since 2001. His writing has appeared in the Missouri Review, the Gettysburg Review, Ploughshares, Creative Nonfiction, Medium, The Millions, Information Today, and the Chronicle of Higher Education. His first book, The Accidental Law Librarian, was published in 2013.



Blogging with Spencer

Become a Pro Blogger Or Just Create One For Fun

Materials \$

Start a blogging side job or begin one that connects with the world in fun ways. Blogging is one of the easiest ways to express and promote your ideas, your dreams, your goals, and/or your business. Take this class and learn how to create and produce your own basic or advanced blog. Each student will leave the course with a shiny new blog that is fully formed, designed, connected to social media. and growing with content that you create each meeting. If you've ever wanted to blog and didn't know where to start, this is the course for you.

See page 39 to register online, by phone, or mail; call the Provider, TeachTechU at, 919-916-8939 for more information.

Sanderson HS | 6:30-8:00 PM | Th | 6/6-6/27 | \$199

What people are saying...

"Spencer was positive and very detailed in her explanations. She assigned very useful homework and explained aspects of blogging I had no idea about! "

-Morgan Ford

Become a Pro Blogger Or Just Create One For Fun





Spencer Davis is an author who has used her knowledge of Amazon's selfpublishing platform to publish her own works. She enjoys showing budding authors how to do the same. She is also an experienced blogger who created a

former top 100 lifestyle blog on Amazon. Her books and blogs reflect her passion for the written word. She has been sharing that passion with students for years and looks forward to helping them ignite and finish their own creative projects.



Cake Decorating with Chef Angela

Cake Decorating

Materials \$

Cakes are the centerpiece of any party, and you can learn how to decorate them with professional results! In this hands-on class, explore cake decorating techniques such as applying buttercream and fillings; leveling cakes; piping; and working with fondant, gum paste, royal icing, and cake decorating tools. Learn to make roses and other flowers as well as what's trending in cake decorating. Professional cake decorator, Angela Daniel will take you carefully through the steps of cake decorating, so you leave with the confidence to make cake designs that wow friends and family!

See page 39 to register online, by phone, or mail; call the Provider, Mable's Sweet Table, at 443-629-0348 for more information

Garner HS | 6:30-9:30 PM | TTh | 6/11-6/13 | \$75



Angela Daniel has over 15 years of baking experience and has taught baking and cake decorating through Wake County Public Schools as a guest Chef. She found her love of baking while making extravagant cakes for her family. She realized that she had a talent when friends started asking her to

bake for their family events. With the passion for baking, she will get you ready to make lovely and delicious tasting French Macarons in your own home with professional results.

What people are saying...

"I learned new, better techniques than I had previously been taught. The class was great! "

> -Cindy Clowers Cake Decorating

Fitness 💢

Tai Chi with Howie

Beginning Tai Chi-Basics and 24 Movement **Form**

Materials \$

Tai Chi Chuan is an ancient Chinese Internal Martial Art that enables you to rediscover your natural flow and rhythm through movement. Classes will look at the many dimensions of Yang style Tai Chi Chuan. Explore the classical 24 movement form, and use it to build a strong core through correct structure, basic exercises, and body alignment practices. Tai Chi is known to greatly enhance health, flexibility, and stress management.

See page 39 to register online, by phone, or mail; call the Provider, Howard Gottfried, at 631-974-2462 for more information.

Reedy Crk MS | 7:00-8:30 PM | T | 5/21-6/25 | \$100



Howie Gottfried has been practicing Tai Chi Chuan for over 27 years and has studied with several high-level teachers. From 2005, Howie lived for 5 years in Shanghai, China to study with Dr. Wang Zhi Xiang, an internationally renowned

Tai Chi Master. From his experience in the art, he brings to his classes an extensive and precise knowledge of Tai Chi forms, energies, principles, martial arts, and push hands. Howie knows how to engage students at their level of Tai Chi development in a clear and concise manner. Through Tai Chi, he has helped students regain health, balance, flexibility, and manage stress while gaining a sense of peace and calm in daily life.



Intermediate Tai Chi—Yang Style 24 **Movement Form**

Materials \$ Pre-Rec

Enroll in this continuation of the Beginners Tai Chi Class. A further refinement of the 24 Movement Yang Style Tai Chi form helps deepen your study of Tai Chi through form corrections, single movement exercises, Tai Chi principles, Qigong, and energetics. If you have previous Tai Chi experience with another teacher, please contact the instructor before signing up for this class.

See page 39 to register online, by phone, or mail; call the Provider, Howard Gottfried, at 631-974-2462 for more information.

Reedy Crk MS | 7:00-8:30 PM | W | 5/22-6/26 | \$100

Shibashi Tai Chi with My Hao Tran

Shibashi Tai Chi

Materials \$

Shibashi Tai Chi is a 5,000-year-old Chinese healthcare modality. The practices have been developed to improve individuals' general health and well being. The methods emphasize synchronizing 18 movements with gentle rhythmic techniques to improve circulation, flexibility, strengthen joints for balance, and to increase digestion. These techniques integrate body postures along with controlled breathing methods that are good for lung conditions and asthma. Overall effectiveness of the Shibashi Tai Chi is to reduce mental stress and muscle tensions. This practice can benefit all age groups.

See page 39 to register online, by phone, or mail; call the Provider, My Hao Tran, at 919-210-0324 for more information.

Sanderson HS | 6:30-7:30 PM | T | 5/21-7/23 | \$185



My-Hao Tran received her B.A. from NCSU in Multidisciplinary Studies in 1995. Her passion for holistic healing led her to pursue studies in massage therapy. She trained at Medical Art Massage School and obtained her NCLMBT license in 2002

and Thai massage and yoga in Thailand in 2005. Further expanded in area of wellness, she obtained yoga instructor training at Kripalu Yoga and Health Center in Lenox, Massachusetts and received the certification in 2007. Her services and teaching emphasize the importance of a whole person and encourage individuals to develop an optimum quality lifestyle by bringing full awareness in practices that integrate body, mind, and spirit.



Garden Design with Joan

Garden Design - Beginner

For the new homeowner, or a recent transplant to this area, this design information will give you the facts and the confidence to create a garden or expand a foundation planting, or even renew a tired landscape. Let's jazz up your curb appeal!

See page 39 to register online, by phone, or mail; call the Provider, Joan McAndrews, at 919-552-7727 for more information.

Fuguay Varina MS | 6:30-8:00 PM | T | 5/21-6/4 | \$145

Joan McAndrews is a retired CPA who transformed an 'empty' 1/2 acre property into a pollinator paradise, a Certified Wildlife Habitat (through NWF), and a participant in the 2017 Fuguay Varina Garden tour -- all within five years.





Study English as a Second Language (ESL)

ESL

ESL classes are for non-native English speaking adults who want to learn English to get a job or go to college. The program focuses on developing college and career readiness skills; including technology, civics, and workplace skills through reading, writing, listening, and speaking experiences.

Call Wake Tech at 919-334-1501 for more information.

Athens Dr HS | 6:30-9:30 PM | MTWTh | 7/8-8/29 | \$0 *New and Continuing students register on 7/8 and 7/9.

Garner HS | 6:30-9:30 PM | MTWTh | 7/8-8/22 | \$0

*New and Continuing students register on 7/8 and 7/9.

ESL/ABE

ESL/Adult Basic Education (ABE) classes are for students that have tested out of ESL, and need to increase their literacy skills. Students develop foundational reading and vocabulary skills for college and career readiness. This class prepares students for their next academic step; including a High School Equivalency Preparation program or a college or university curriculum program.

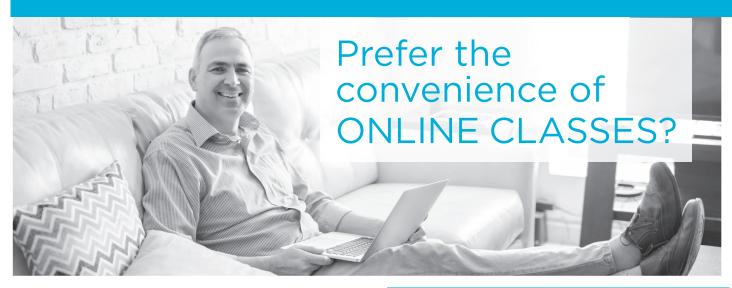
Call Wake Tech at 919-334-1521 for more information.

Athens Dr HS | 6:30-9:30 PM | MTWTh | 7/8-8/29 | \$0 *New and Returning Student Registrations on 7/8 and 7/9.

ESL classes are free.

Call Wake Tech at 919-334-1501 for more information or visit esl.waketech.edu.

Online Classes



Adult Evening Education now offers a multitude of instructor-led and self-paced ONLINE CLASSES. Choose from our list of classes in business, design, law, technology, and more. Earn a CERTIFICATE in drafting, wedding planning, healthcare, real estate, and more. Whatever your need, we have you covered.



Personal & Professional Enrichment

wcpss.net/AdultEd-Online

- * Accounting and Finance
- * Business
- * College Readiness
- * Computer Applications
- * Design and Composition
- * Healthcare and Medical
- * Language and Arts
- * Law and Legal
- * Personal Development
- * Teaching and Education
- * Technology
- * Writing and Publishing



Career Training & Certificates

wcpss.net/AdultEd-Career

- * Arts and Design
- * Business
- * Career Online High School
- * Computer Applications
- * Computer Programming
- * Construction and Trades
- * Health and Fitness

- * Hospitality
- * Information Technology
- * Language
- * Legal
- * Teacher Professional Development
- * Writing



Teachers! Need CEUs?



Earn CEUs through our in-person, online instructor-led, or online self-paced classes. Just pick your classes, follow the procedure below, and reap the rewards of learning something new that you can directly utilize in the classroom. The general policy is 1 CEU for every 10 hours of seat time. Most classes offer 2 CEUs.

CEU PROCEDURE

- 1. Turn in the prior approval form to the appropriate school personnel.
- 2. Take the course.
- 3. Obtain a certificate of completion from the instructor or download when online.
- 4. Give the certificate of completion to the Staff Development Contact at your school. At the elementary level it is the Instructional Resource Teacher (IRT). At the Middle/High School level it is often an Assistant Principal or IRT.
- 5. Check to ensure that your information has been updated in eSchools.



Instructor Profile: Sam Doctor

Sam Doctor has been a private consultant for more than 35 years. He has taught individuals and groups leading him first to Westchester County, New York, then to West Hartford Continuing Education in Connecticut, and eventually to Adult Evening Education with Wake County Public School System.

How would you describe your hometown and upbringing?

Very disciplined and rewarding.

Describe your educational journey.

It was full of learning experiences on a variety of different subjects, that taught me many things in life. Above all, I took the time to self-learn the art of constructing stock charts and the science of interpreting them to fire my very own proprietary. I learned the buy and sell signals for trading stocks and the generation of the firepower of stock options. This information is what I pass on to my students so that they can trade very safely, take control of their financial future, and have a life-changing experience. My students do not have to depend on the talking heads on TV or have to rely on the articles published by financial newspapers and magazines that tout stocks to buy as they have a vested interest.

When did you first become interested in the stock market? Over 30 years ago.

What motivated you to begin teaching about building wealth through stocks?

I saw many relatives, friends, and neighbors who lost money in the stock market. I witnessed a few people who lost their life savings during the dot com bubble, and during 2008 and 2009. To this day there is no proper place that I know of, where one can go and learn how to trade the markets.

There are even some outfits where people go and pay not only hundreds of dollars but also thousands of dollars to learn, but still lose money.

What I teach is a once in a lifetime education course that teaches my students everything they need to know from scratch.

My students learn the elementary art of constructing stock charts and the science of interpreting them, which they can build on their own from free websites without subscribing to any service or incurring any additional cost. Since charts are not the Holy Grail, even the best-constructed charts can, could, may, or will sometimes fail due to overnight manipulation in the stock market. For this reason, students learn how to protect their investment by using the firepower of stock options, so that they do not lose their shirt during a sudden overnight downturn in the price of stocks.



If you could give one tip about using the stock market, what would it be?

Never, ever, invest your hard-earned money in the stock market, without acquiring the proper knowledge for trading, as most of the people who enter the stock market lose money just like the majority of people who go to the casino. Trading is a combination of art and science. Take the time to learn, as it is easy to learn and not at all complicated. It is not rocket science.

Basic Stock Options Wealth Builder

Accelerate and build your wealth in the stock market through the time-tested Fort Knox Trading System. Discover powerful techniques to transform your portfolio with profitable trades. Within reason, repair most stocks that have lost value. Generate monthly income, even if your stock pays no dividend. Capture the potential upside appreciation in a stock. Bulletproof your stocks for a guaranteed price, if the stock drops in value. Master these techniques to manage your personal and retirement accounts without any outside help. Bring a pocket calculator and laptop (optional) to class. Discounted Class Fee of \$175.00, for seniors, clergy, Active and Retired Police Officers, Firefighters, Medics, Military, and Government Employees, and two people from the same household.

See page 39 to register online, by phone, or mail; call the Provider, Sam Doctor, at 203-983-8075 for more information.

Wake Forest HS | 7:00-9:00 PM | T | 6/4-7/9 | \$195

Health and Wellness



Caregiving with Judith

Navigating Home Care

Materials \$

Do you know what it takes to ensure that you and your loved one have a positive home caregiving experience? Caregiving for your loved one at home can be a complicated journey filled with challenges and surprises. Navigating the caregiving and coordination activities takes knowledge and resources. Critical topics of Advance Directives, financial and insurance implications, essential considerations of caregiving, communication strategies, tools, and resources and tips to simplify caregiving will be discussed. A copy of Navigating Home Hospice: The Caregiver's Guide will be provided, as part of the tuition. No checks. Cash, Money Order, or Venmo payments accepted.

See page 39 to register online, by phone, or mail; call the Provider, Judith R. Sands, at 954-663-3580 for more information.

Sanderson HS | 6:30-9:30 PM | T | 6/4-6/25 | \$139



Judith Sands has over 30 years of experience as a healthcare professional and is a recognized authority in the areas of care coordination, quality, risk management, and patient safety. She earned a Bachelor of Science in Nursing

from the University of Florida and a Master of Science in Leadership from Nova Southeastern University. Judith is a registered nurse, holding state and national certifications in case, quality, and risk management. Ms. Sands has been a speaker at various local and national conferences. Her current focus is on ensuring patient safety, care coordination, and bringing dignity to end-of-life care.

Tai Chi Classes

See Fitness, page 12

Languages Online

Choose your class structure. Many classes are offered as self-paced and instructor-led.

- Speed Spanish
- Spanish in the Classroom
- Beginning Conversational French



Register Online: wcpss.net/AdultEd-Online

Languages

American Sign Language with Jennifer

Beginning American Sign Language (ASL)

Interested in learning key elements of American Sign Language? Join me and together we will engage in interactive lessons and practice to put our communication skills to use. Learning through practice is the best way to learn! Class is great for those interested in sign language from beginners to those looking to expand their skills. Signs can be catered to the needs of the group.

See page 39 to register online, by phone, or mail; call the Provider, Jennifer Walczak (WCPSS), at 336-687-5163 for more information.

Garner HS | 6:30-8:30 PM | W | 5/29-7/3 | \$150



Jennifer Walczak is a Teacher of the Deaf at Wake County Public Schools. She loves teaching and enjoying time with students during the day. She is a twin mom that spends her spare time with her boys and husband.



Esperanto with Charles



Esperanto for English Speakers

For over one hundred years the Esperanto language has been used to bridge the communication gap between people that speak different languages. If you are interested in learning Esperanto and you are taking 'Esperanto for English Speakers' on the free language website www. Duolingo.com, this class is for you. The course includes an introduction to the Esperanto community, history, Internet resources, and the global culture. The focus is on speaking and understanding and building vocabulary by playing games, singing, and using clever ways to remember new words. Experience a new way to communicate.

See page 39 to register online, by phone, or mail; call the Provider, Charles Mays, at 919-744-8003 for more information.

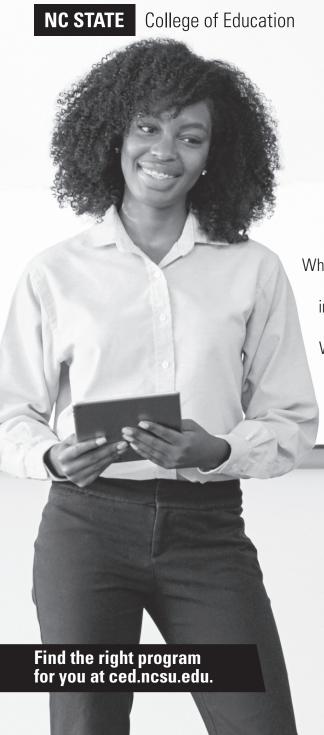
Athens Dr HS | 6:30-9:00 PM | Th | 5/23-7/18 | \$100

What people are saying...

"It was great to meet so many Esperanto enthusiasts and learn about the language and the community.

-Haritha Malladi

Esperanto for English Speakers



Prepare to Lead. **Improve Educational** Outcomes. And Change Lives.

Pursue a Graduate Degree at the NC State College of Education.

Whether you're an experienced educator or new to the profession, and whatever your background and interests, we have a program that will enhance your ability to transform lives, schools and communities. We offer 40+ flexible master's and doctoral degrees that cover the spectrum — from elementary education and counselor education to educational leadership and policy.

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Quality | Learn from some of the nation's best faculty and researchers in the field of education



Value | Earn a degree at one of the nation's best values among public universities



Relevancy | Prepare for the opportunities and challenges you face in your workplace settings and communities

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#1 Performing*

Teaching Alumni on Statewide Performance Measures #1 In Education Research*

Productivity by Faculty in N.C.

ced.ncsu.edu ⊚ lin



#1 Ranked*

Value of Online Graduate Education Programs in N.C.

Teacher CEUs

Make Math Fun with Ashley

Math Made Easy with Abacus (CEUs=0.9)

Is your student struggling to grasp math concepts through traditional math instruction? Are you an elementary or special education teacher seeking a new math manipulative that your students can master with just five minutes of instruction twice a week? Implement the traditional Japanese abacus (soroban) into your mathematics education with this authentic, easy, and fun course. Learn addition, subtraction, multiplication, and division, with some discussion on square roots. Plus, make your own abacus the very first night of class. Soroban calculation makes math a fun and very visual, hands-on, and engaging activity. Parents can register with one child aged 9+ for \$130. All others 16+ are encouraged to register for just \$100. CEUs=0.9

See page 39 to register online, by phone, or mail; call the Provider, Ashley Vernon Hedrick, at 252-762-3050 for more information.

Wake Forest HS | 8:30-9:30 PM | T | 5/21-7/16 | \$125

Basic Grant Writing 101 (CEU=0.25)

See Communications, page 10



Choose from 100's of available **ONLINE CEU** classes

wcpss.net/AdultEd-Online



Strengthen your ACT/SAT scores

SAT and ACT Preparation Program

Educational Services Center's test preparation program divides each three-hour class into math and verbal sessions. The math section reviews basic mathematical concepts and basic and advanced algebra and geometry. The verbal review includes evidence-based reading, writing (grammar, punctuation, structure, and style), and essay writing. Students are taught to work strategically, effectively eliminating wrong answer choices, and fully understanding the patterns of both the SAT and ACT exams, so it is advantageous for them. 43% discount for students who qualify for school free and reduced meal plans. Ages 14+

See page 39 to register online, by phone, or mail; call the Provider, Educational Services Center, at 609-953-4001 for more information.

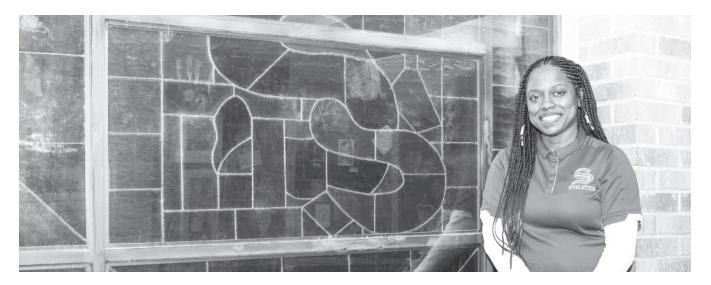
Wake Forest HS | 6:30-9:30 PM | TTh | 6/27-7/25 | \$395 Reedy Crk MS | 6:30-9:30 PM | MW | 7/1-7/24 | \$395



What people are saying...

"The class taught me some very useful strategies that helped me to better understand the SAT/ACT."

> -Adfan Warraich SAT and ACT Preparation Program



Site Coordinator Profile: Rashunda Jennings

Rashunda Jennings is a site coordinator for Adult Evening Education at Sanderson High School. She spends her days as a counselor for the school before taking on her duties with us in the evenings.

Where did you grow up and what was it like growing up there?

I grew up in a small town in South Carolina that was roughly 45 minutes away from Myrtle Beach. Growing up in a small town everyone knows your name, well almost everyone. If they don't know you, they will definitely know your family! In fact, it seems as if everyone is related or connected in some way, shape, or form. It was great growing up in South Carolina; however, sometimes or most times, it was boring. One would have to be very creative to find entertainment especially if I didn't go to the beach or larger cities nearby for simple things as in the movies, malls, and restaurants.

What would you describe as your defining moments growing up?

Growing up I was surrounded by a close-knit family and community where everyone looked out for one another. As a result, small town living shaped me to value family and friendships and to appreciate the time that you have with them. It taught me to give back and to be involved in the community by helping those that are in need. Defining moments in life have taught me that life never goes as planned or expected and to never allow situations to define who you are or dictate your future.

What are you most excited or passionate about?

There are two things that I'm passionate about and one is family. Family is everything as each calendar year passes; I value them more and more. The other thing that I'm passionate about is being of service to those in need. My entire career focused on advocacy, support, and awareness which involved working with children and families from various backgrounds. I've served in positions

such as family advocate at Head Start, Human Services case manager, domestic violence crisis counselor/case manager, and now in my current role as a school counselor.

Where did you go to college and describe your college experience?

I attended Saint Augustine's University located in Raleigh. Not only did I leave St. Augustine's University with a degree, but I also left with lifetime friends that are now considered family. My college, just like my city, was a small close-knit environment. My college experience was priceless. Many memories, lessons, and skills that were learned shaped me into the person that I am today.

Do you have one person that influenced your life for the better? If so, explain.

The person that has influenced my life the most is my mother. I can write a book about how she shaped my life. Instead, I will summarize her by saying, she is the epitome of what strength, dedication, hardworking, resilient, independent, loving, and kind embodies. I'm forever grateful for her many sacrifices and showing me that giving up and failure is not an option.

As you know, we are always growing and learning. Is there any one thing you would like to take the time to learn?

I would love to learn more about photography. I love taking pictures and creating memories.

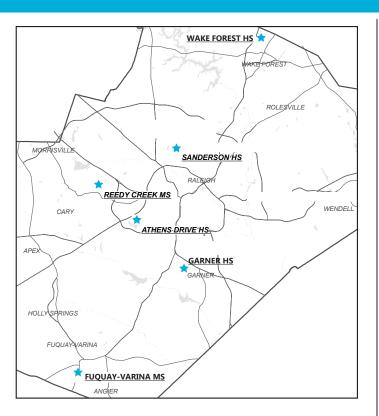
What do you like most about being a Site Coordinator?

What I like most is providing assistance, interacting, and meeting new people.

If you could share one bit of advice you've learned in life, what would it be?

Live in the moment, make memories, and cherish your loved ones. Also, be kind for everyone you meet is fighting a hard battle.

Sites and Directions



Six Adult Evening Education Sites **Across Wake County**

Athens Drive Magnet High School

1420 Athens Drive Site Coordinator: Raleigh, NC 27606 Krista McGivern

Hours: 6:30-9:30 PM Phone: 919-233-4050 x24921 Email: kmcgivern@wcpss.net Days: Monday - Thursday

Directions from North Raleigh:

Take 1-440 to Melbourne exit. Turn left onto Melbourne from the exit. Turn right onto Kaplan Drive. Turn left onto Athens Drive. Turn right onto Avent Ferry Road. Turn right into the Athens Library parking lot. Enter the library entrance.

Directions from Cary:

Take I-440 to Jones Franklin Road exit. Turn left onto Jones Franklin, Turn right onto Athens Drive, Turn right onto Avent Ferry Road. Turn right into the Athens Library parking lot. Enter the library entrance.

Fuguay-Varina Middle School

109 N Ennis Street Fuguay-Varina, NC 27526

Hours: 6:30-9:30 PM Days: Tuesday and Thursday

Site Coordinator: Justin Viens

Phone: 919-557-2727 x24120 Email: jviens@wcpss.net

Directions from I-540:

Take the last exit on 540 East for Holly Springs/Fuguay-Varina, turning on NC55-E. Follow 55-E through downtown Fuguay. Turn Right on North Ennis St, crossing the railroad tracks and through the light (across Main Street). Once you pass the athletic fields on the right side, turn into the parking lot at the intersection, or next to the cafeteria. The entrance is next to the cafeteria.

Directions from 401 or I-40:

Take 401-S through Raleigh and Garner. Once in Fuguay, turn left onto Judd Parkway, then a right onto East Academy St (right before the big Methodist Church). At the next stoplight turn right on North Ennis Street. Park in the lot at the intersection, or next to the cafeteria. The entrance is next to the cafeteria.

Garner Magnet High School

2101 Spring Drive Garner, NC 27529

Hours: 6:30-9:30 PM Days: Monday - Thursday Site Coordinators: Darla Baker

Phone: 919-662-2379 EXT. 23612

Email: djbaker@wcpss.net

Directions from I-440:

Take I-440/Beltline to exit 299 - Hammond Rd. Turn left onto Hammond Rd. Continue onto Timber Dr. Use the 2nd from the left lane to turn left onto US-70E. Turn right onto Loop Rd. Continue onto Coldwater Dr. Turn right onto Spring Dr.

Directions from 40:

Take I-40 to exit 298A - S. Saunders St. Continue on US-70E. Turn right onto Loop Rd. Continue onto Coldwater Dr. Turn right onto Spring Dr.

Reedy Creek Magnet Middle School

930 Reedy Creek Road Cary, NC 27513 Hours: 6:30-9:30 PM Days: Monday - Thursday Site Coordinators: Michelle Parker-Van Dyke Rachel Menegos Phone: 919-460-3504

Email: mparkervandyke@wcpss.net

rmenego@wcpss.net Fax: 919-460-3391

Directions from Cary:

From I-40 W, take the Harrison Avenue exit (#287) and turn left at the exit ramp light. Proceed to the stop light at Reedy Creek Road (this is the next stop light after the Cary Academy stoplight). Turn left onto Reedy Creek Road and proceed for .3 miles. Turn left at the sign for Reedy Creek Middle School. Reedy Creek Middle is the first school on this campus.

Sanderson High School

5500 Dixon Drive Raleigh, NC 27609 Hours: 6:30-9:30 PM

Hours: 6:30-9:30 PM Days: Monday - Thursday Site Coordinators: Rashunda Jennings and Lisa Messick

Phone: 919-881-4800 Email: rjennings@wcpss.net Imessick@wcpss.net

Fax: 919-881-5006

Directions from I-440:

Take Six Forks Road north past North Hills shopping center for 1.5 miles. At the intersection with Millbrook Road turn left. Take a right onto Dixon Drive at the first traffic light. The school is 2 blocks ahead on your right.

Directions from I-540:

Take exit 11 for Six Forks Road (4.1mi). Turn right onto W Millbrook Rd (0.5mi). Turn right onto Dixon Dr (331ft). Sanderson HS on your right. Park in the main parking lot and go up the stairs on ramp into the main entrance.

Wake Forest High School

420 West Stadium Drive Wake Forest, NC 27587 Hours: 6:30-9:30 PM

Hours: 6:30-9:30 PM Days: Tuesday and Thursday

Site Coordinator: Emily Adams

Phone: 919-554-8611 x23681 Email: eadams@wcpss.net

Directions from I-440:

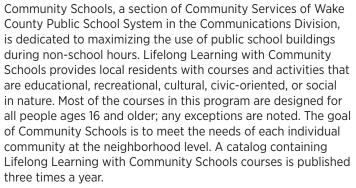
Take Exit 11 for US-1 N/US-401 N/Capital Boulevard from I-440. In 13.5 miles, turn right onto Stadium Dr. Park in the main school parking lot and enter through the front doors.

Directions from I-540:

Take Exit 16 via I-540 E. Drive 9 miles and turn right onto Stadium Dr. Park in the main school parking lot and enter through the front doors.

Register Today!

What is Community Schools?



Community Schools Staff Linda Willcox

Director Community Services

Brian Thacker

Senior Administrator Lifelong Learning with Community Schools

Krista McGivern

Administrator Lifelong Learning with Community Schools

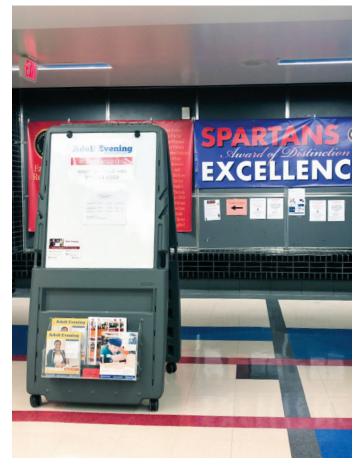
Jan Ruede

Coordinator Lifelong Learning with Community Schools

Jenny McAllister

Community Schools Technician Lifelong Learning with Community Schools







How to Register for Adult **Evening Education Classes**

Use one of these methods to register:



Online

- Go to www.wcpss.net/adult-edu.
- Click the course category of interest.



Call

 Call Jan Ruede at 919-694-0559 to reserve your spot today!



• Email lifelonglearning@wcpss.net.



 Call Jan Ruede at 919-694-0559 to ensure the class will run.

* Some providers accept cash, debit/credit cards, or money orders only.

Important

* Make checks payable on the first evening of a one-night class and by the second evening of a multi-night class to the provider listed in the course description where it says, "Call the Provider..."

FAQS

Where is my class? Room assignments for classes are posted visibly inside of the school on the first night of class. Site coordinators will greet and guide you. The schools open at 6:15 PM. Please arrive on campus after that time.

What is the age for attendees? Unless otherwise noted, the courses are normally for anyone 16 or older. Classes for younger people will state so in the description.

Is childcare provided? We regret that childcare is not available for the children of students of the Lifelong Learning program. Children and family members are not allowed on campus.

Are Teacher Continuing Education Units (CEUs)

available? For specific teacher-targeted courses, see the section labeled "Teacher CEU/Parent." "CEU" will be listed next to the course description. If you have a question regarding whether or not a class is appropriate for your certification, call DPI at 1-800-577-7994, or the Licensure Specialist with the NC Department of Public Instruction at 919-807-3310, extension 3. 100% attendance is required to receive teacher CEUs.

Where do I park? Park in designated spaces for regular cars only. Do not park in a bus lot.

Is smoking allowed on campus? No. Smoking is not allowed on campus. All Wake County Public Schools' campuses are tobacco free! That includes cigarettes, vaping, chewing tobacco, and all other tobacco products.

What if my class is canceled? How do I get my refund?

It is up to the provider as to whether there are enough students to hold the class. If the provider decides to cancel the class then your refund would come from that provider. Refunds are the responsibility of the provider, not Lifelong Learning with Community Schools. To avoid classes being canceled, it is best to register early.

What about inclement weather? If a school is closed due to inclement weather, it will be posted on the Wake County Public Schools' website at wcpss.net and the Community Schools' website at cs.wcpss.net and announced on local radio and television stations. It will be up to the providers to decide if and how they will make up the missed classes.

How do I learn more about a class I am interested In?

If you desire additional information on a course, please call the number that is listed below the course description. For general questions about the Lifelong Learning Program, call 919-694-0559 or send an email to lifelonglearning@wcpss. net.

Can I teach a course through Lifelong Learning? Yes! We look for providers three times per year for fall, spring, and summer. Providers create their own courses and teach them. The provider decides the schools, dates, times, and fees for the class. For more information, send an email to lifelonglearning@wcpss.net.

Can I register by 'walk-in' registration? It is suggested that you always pre-register. However, if you're unable to, call the provider and arrive at the class location 15 minutes prior to class.

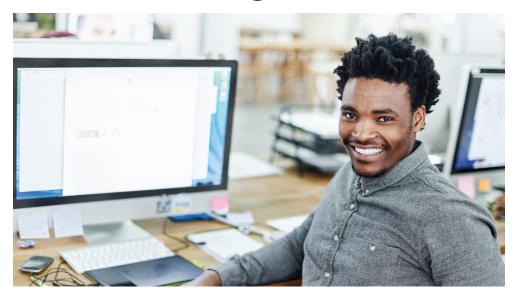


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Adult Evening

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- **□** CompTIA[™] Network+ Certification Training | 110 Hrs
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- Security+ | 480 Hrs
- □ CompTIA™ A+ Certification Training | 290 Hrs

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wcpss.net/adult-edu



