

Spring 2014 Child Care Training



A special community service provided by the Florissant Valley Family and Consumer Sciences Department and Continuing Education.

Funded in part by the Missouri Department of Elementary and Secondary Education.

For more information, call Darlene Neil at 314-513-4391.

To register, call 314-984-7777. January 2!



**St. Louis
Community
College**

Continuing Education

Child Care Training Locations

- | | |
|---|--|
| • St. Louis Community College Florissant Valley
3400 Pershall Road, 63135 | • St. Louis Community College South County Education & University Center
4115 Meramec Bottom Road, 63129 |
| • St. Louis Community College Forest Park
5600 Oakland Ave, 63110 | • St. Louis Community College Wildwood
2645 Generations Dr, 63040 |
| • St. Louis Community College Meramec
11333 Big Bend Road, 63122 | • Hixson Middle School
630 South Elm Ave, 63119 |
| • St. Louis Community College William J. Harrison Education Center
3140 Cass Ave, 63106 | • Lindbergh Senior High School
4900 South Lindbergh, 63126 |

Caring for Kids

Continuing Education

Caring for Kids Program

St. Louis Community College offers a variety of workshops for those employed in the child care field or for those interested in learning more about working with children.

All clock hour training from St. Louis Community College has been approved by the Department of Health and Senior Services.

The following child care clock training hours are available January through May. For more information, call 314-513-4391.

To register call 314-984-7777.

Discipline for School-agers

Learning to manage groups of school-agers (ages 5-10) is always a challenge. We will look at ways to enrich the environment and increase developmentally appropriate choices for school-agers to reduce discipline challenges. You will gain positive techniques and tips to manage group activities and your day will go smoother.

CCPR:702 | \$15

552 Tu 7pm-9pm
May 13

Geraldine Jasper
FV - CDC, DINING RM

770 W 7pm-9pm
May 14

Geraldine Jasper
Hixson Mid. School, 117

Discipline and Guidance of Young Children

How do you redirect children's behavior? How do you promote positive peer interactions? How do you communicate with young children and build their self-esteem? Learn new things to do and say in guiding young children.

CCPR:702 | \$30

480 Sa 9am-1pm
Feb. 8

Geraldine Jasper
FP - G Tower, 119

580 Sa 9am-1pm
March 8

Geraldine Jasper
FV - CDC, 112

Discipline for Young Children

Learning to manage behavior with groups of children is always a challenge. You will learn techniques to diminish targeted behaviors and promote positive peer interactions.

CCPR:702 | \$15

350 Tu 7pm-9pm
Feb. 18

Geraldine Jasper
WW, 209

550 Tu 7pm-9pm
March 4

Geraldine Jasper
SCEUC, 100

Discipline for Toddler and Twos

Do you think of "Terrible Toddlers and Twos" or "Terrific Toddlers and Twos"? Knowing how to manage this age group and understanding their development will get you thinking "Terrific Toddlers and Twos"! You will explore many positive ways to work with this age group.

CCPR:702 | \$15

551 Tu 7pm-9pm
April 1

Geraldine Jasper
SCEUC, 100

351 Tu 7pm-9pm
April 15

Geraldine Jasper
WW, 208

551 W 7pm-9pm
April 23

Geraldine Jasper
FV - CDC, DINING RM

450 Tu 7pm-9pm
April 29

Geraldine Jasper
FP - G Tower, 115

Making Sensory Exploration Materials: Playdough, Goop, and More

Come to this hands-on workshop and learn the importance of sensory exploration materials in the classroom. You'll make several "mixtures" and will receive recipes for all the creative doughs.

CCPR:703 | \$15

550 Th 7pm-9pm
Feb. 13

Holly Aslin
FV - CDC, 112

780 W 7pm-9pm
April 30

Holly Aslin
Lindbergh Sr. H.S., 31

Parachutes, Streamers, and More: Fun Movement Activities for Young Children

Experience new, fun movement activities that you can incorporate into your daily schedule as a way to combat weight gain in children.

CCPR:703 | \$15

551 Th 7pm-9pm
April 10

Holly Aslin
FV - CDC, 112

781 W 7pm-9pm
April 16

Holly Aslin
Lindbergh Sr. H.S., 46

Nurturing Toddlers and Twos - Encouraging Self Help Skills

Embrace those incredible independent toddlers and twos by implementing simple self-help skills in the classroom or home. 18-month olds wiping their own nose? Absolutely! Two-year olds helping make lunch? You bet! By allowing independence you will see less temper tantrums and more smiles!

CCPR:707 | \$15

550 Th 7pm-9pm
March 6

Lisa Gahan
FV - CDC, 112

780 M 7pm-9pm
Feb. 10

Lisa Gahan
Lindbergh Sr. H.S., 46

550 Th 7pm-9pm
May 1

Lisa Gahan
SCEUC, 101



Understanding the Temperaments of Infants and Toddlers

Infants come into the world with different temperaments that influence their behavior and relationships with their caregivers both at home and in child care. This workshop will introduce the key concepts of temperaments and temperament types. Caregivers will gain an understanding of how they can be more responsive to infants and toddlers in their care.

CCPR:707 | \$15

450 M 7pm-9pm
April 14

Gloria Hampton
FP - G Tower, 115

551 Th 7pm-9pm
May 1

Gloria Hampton
FV - CDC, 112

Infant/Toddler Seminar-6 clock hours

Session 1: "Activities, Lesson Planning, and Setting Up Your Room for Hands-on Learning with Infants and Toddlers" - What makes the infant/toddler environment successful? How do you plan creative learning activities for this age group? Do you plan for outside as well as inside play time? Our experienced toddler teacher will answer these questions in an exciting Saturday seminar!

Session 2: "Intervention Techniques for Infants and Toddlers with Special Needs." - Language and social development, sensory stimulation, play skills, adaptive toys, and sleep patterns. Our instructor is an early intervention specialist. You will attend both sessions in the 6 clock hour Infant/Toddler Seminar.

Box lunch included.

CCPR:707 | \$39

580 Sa 9am-3:30pm
Feb. 1

Anna-Marie Mann
FV - SC, MULTI-PURP

680 Sa 9am-3:30pm
May 3

Anna-Marie Mann
MC - SC, 200

How to Use Music and Movement Throughout the Day

Songs and movements make transitions fun and help children tune in when they appear to be tuned out. Even if you can't sing you can make a song out of anything.

CCPR:708 | \$15

450 M 7pm-9pm
May 5

Rose Anderson-Rice
FP - G Tower, 111

550 Th 7pm-9pm
March 27

Rose Anderson-Rice
FV - CDC, 112

Science Activities for Young Children

Science is all around us! Learn to help children explore science through a variety of hands-on activities both inside the classroom and outdoors.

CCPR:710 | \$30

480 Sa 9am-1pm
Jan. 25

Geraldine Jasper
FP - G Tower, 119

ATTENTION!

Bring Your State MOPD ID # to ALL Workshops.

The state is requiring the ID on the Sign-In Sheet for all clock-hour training.

To obtain or to look up your MOPD ID # go to www.openinitiative.org

Nature and Young Children Seminar - 6 clock hours

The morning session: No Child Left Inside - Outdoor Play to Explore Nature and Science! Explore the natural world outside through new fun science activities you can integrate into your daily schedule. Help children wonder, explore, and discover with hands-on activities planned for the outdoors.

The afternoon session: Connecting with Nature - Gardening and Cooking with Children! Encourage healthy eating as you help children learn about fruits and vegetables; and take produce from the garden to the table. Hands-on simple recipes, cooking activities and gardening tips will be shared. Our goal is to encourage children to learn to taste, eat and enjoy more fruits and vegetables. You will see new teaching materials - "Early Sprouts Cook Book" and "Lana's Favorite Recipes." Box lunch included.

CCPR:710 | \$39

680 Sa 9am-3:30pm
March 22

Geraldine Jasper
MC - CE

580 Sa 9am-3:30pm
April 5

Geraldine Jasper
FV - CDC, 112

Do you know your MOPD ID number?

To obtain or to look up your MOPD ID, go to www.openinitiative.org

Child Care Provider: Heartsaver Pediatric First Aid CPR/AED

The Heartsaver Pediatric First Aid CPR/AED course is designed to meet the clock hour requirement for child care workers in Missouri. It teaches child care providers and others to respond to and manage illnesses and injuries in a child or infant in the first few minutes until professional help arrives. It covers the four steps of first aid and first aid skills such as finding the problem, stopping bleeding, bandaging and using an Epinephrine pen, as well as child CPR/AED, infant CPR and modules in adult CPR/AED, child mask, infant mask and Asthma Care Training for Child Care Providers. Registration one week prior to course start date is required. Due to the nature of the course you must arrive on time. No admittance after stated start time. Half Hour Lunch Break – Bring a Sack Lunch.

CCPR:711 | \$97

- 480 Sa 8:15am-4pm
Feb. 15 *FP - G Tower, 121*
- 680 Sa 8:15am-4pm
Jan. 25 *MC - CP*
- 580 Sa 8:15am-4pm
March 1 *FV - CDC, 112*
- 681 Sa 8:15am-4pm
April 26 *MC - CP*
- 581 Sa 8:15am-4pm
May 17 *FV - CDC, 112*

Supporting and Involving Families - Creating Partnerships for Learning

Families are the most important people in a child's life. Learn methods to reach out to parents and families to help them become partners in their child's education. How can you support families? What questions and concerns do parents have? How can you build and create partnerships for learning?

CCPR:714 | \$15

- 550 Th 7pm-9pm
March 20 *Gina Dattilo
SCEUC, 101*
- 770 W 7pm-9pm
Feb. 12 *Gina Dattilo
Hixson Mid. School, 117*
- 450 W 7pm-9pm
April 2 *Gina Dattilo
FP - G Tower, 119*
- 780 W 7pm-9pm
Feb. 5 *Gina Dattilo
Lindbergh Sr. H.S., 46*
- 550 Th 7pm-9pm
Jan. 16 *Gina Dattilo
FV - CDC, 112*

How and When to Talk to Parents

Gain helpful methods for communicating your concerns with parents about their child's education. Specific consultation strategies and techniques are demonstrated. Discussion of how to talk to parents to build and maintain positive relationships. Co-sponsored by Learning Disabilities Association, Inc.

CCPR:714 | \$15

- 781 M 7pm-9pm
Feb. 24 *Lindbergh Sr. H.S., 46*
- 451 M 7pm-9pm
Jan. 27 *FP - G Tower, 111*

Starting a Family Child Care Business

Learn what it takes to start and operate a successful child care business. Everything from marketing to meals and the learning environment will be discussed. Whether you have been in business a while or you are ready to embark on a new venture as a family care provider, this class will help make your family child care successful and profitable.

CCPR:715 | \$30

- 580 Sa 9am-1pm
Jan. 18 *Lisa Gahan
FV - CDC, 112*

Help Your Children Enter The Wonderful World of Books - Second Set of Books

Are you looking for ways to help young children fall in love with books and stories while they gain valuable language skills? Come discover fresh, fun techniques for sharing books with young children. Participants will receive a set of seven (7) children's books: Moo La La La; Ten, Nine, Eight; Each Peach Pear Plum; The Hello, Goodbye Window; Frederick; The Napping House and Harold and the Purple Crayon. Presented by Annette Harrison, dynamic educator and storyteller.

CCPR:718 | \$25

- 580 Sa 12pm-3pm
Jan. 18 *Annette Harrison
FV - CDC, DINING RM*
- 680 Sa 12pm-3pm
April 5 *Annette Harrison
MC - LB, CNFL*

Language Development - Birth to Age Five

This workshop discusses brain development, the importance of reading to language development, age appropriate books, developmental milestones, and appropriate activities for each milestone. Co-Sponsored by St. Louis Learning Disabilities Association.

CCPR:718 | \$15

- 781 M 7pm-9pm
March 10 *Lindbergh Sr. H.S., 46*

Language Development - Phonological Awareness and Alphabetical Knowledge

Discussion of language development in pre-school years. Provides specific tools to encourage phonological awareness and alphabetical knowledge. Co-sponsored by St. Louis Learning Disabilities Association.

CCPR:718 | \$15

- 782 M 7pm-9pm
March 24 *Lindbergh Sr. H.S., 46*

Emergent Literacy - Helping Children Want to Become Readers and Writers

What are literacy, emergent literacy, intentional teaching or Missouri standards? Come explore new ways to think about literacy and language. You will gain creative ideas for helping young children want to become readers and writers. With hands-on activities in the book/library center, art/writing center, and through-out the classroom children become engaged in emergent literacy.

CCPR:718 | \$15

- 780 W 7pm-9pm
May 14 *Gina Dattilo
Lindbergh Sr. H.S., 46*
- 550 Th 7pm-9pm
Feb. 13 *Gina Dattilo
SCEUC, 101*

Child Care Clock Hour Training
Clock Hour Certificates are granted for all CCPR workshops and seminars. If you have questions or need more information about CCPR workshops and seminars for Child Care Providers, call the Caring for Kids Program at 314-513-4391.

You must arrive on time to get the full amount of clock hours for each workshop.

College policy states that you cannot take children to class or leave them in the hall during class. For the child's safety, unattended children may be picked up by campus police.

Asking Questions: Encouraging Children's Thinking

Throughout all the learning areas - blocks, dramatic play, books, science, and others - encourage critical thinking, creativity, and problem-solving by asking questions. Learn many techniques for asking questions in your everyday activities with children.

CCPR:721 | \$15

- 550 Tu 7pm-9pm
Feb. 4 *Geraldine Jasper
FV - CDC, DINING RM*

Understanding Autism

Characteristics of autism spectrum disorder and how symptoms can affect each child in a unique way will be discussed. You will learn of methods for working with these children and available community resources. Co-sponsored by St. Louis Learning Disabilities Association, Inc.

CCPR:723 | \$15

- 551 Th 7pm-9pm
Feb. 27 *FV - CDC, 112*
- 770 M 7pm-9pm
April 14 *Hixson Mid. School, 117*
- 351 Tu 7pm-9pm
May 6 *WW, 208*

Understanding ADHD Attention Deficit Hyperactivity Disorder

Characteristics of ADHD and how symptoms can affect each child in unique ways will be discussed. You will learn techniques for coping with behavior and receive resources for additional help. Co-sponsored by St. Louis Learning Disabilities Association, Inc.

CCPR:723 | \$15

- 550 Th 7pm-9pm
Jan. 23 *FV - CDC, 112*
- 450 M 7pm-9pm
March 3 *FP - G Tower, 111*
- 350 Tu 7pm-9pm
March 18 *WW, 208*
- 771 M 7pm-9pm
April 28 *Hixson Mid. School, 117*

Planning Transitions to Prevent Challenging Behaviors

Transitions are the times in the day when children move or change from one activity to another. Challenging behavior is more likely to occur when transitions are not planned as part of the daily schedule. Through this workshop, you will gain a "transition tool kit" of ideas to make your transition times go more smoothly.

CCPR:724 | \$15

- 550 Th 7pm-9pm
May 8 *Holly Aslin
FV - CDC, 112*

Surviving Nap Time: Creative Ways to Make Nap Time a Pleasant Experience

Learn to make nap Time a peaceful and relaxing experience for both children and adults. You'll discuss appropriate expectations.

CCPR:727 | \$15

- 770 W 7pm-9pm
Feb. 26 *Geraldine Jasper
Hixson Mid. School, 117*
- 550 W 7pm-9pm
Feb. 19 *Geraldine Jasper
FV - CDC, DINING RM*

For Child Care Providers - Keeping Kids Safe in Today's World

Lockdown, intruder guidelines, social media issues, identify security all are factors to plan for in the 21st century. We will discuss many security factors that can affect children's safety in your center or home day care.

CCPR:765 | \$15

- 550 Th 7pm-9pm
March 20 *Sally Brooks
FV - CDC, 112*

**Mail**

Complete the registration form (below) and mail with check (*payable to St. Louis Community College*) to:

STLCC Continuing Education, 3221 McKelvey Road, Suite 250, Bridgeton, MO 63044

Students who register by mail should assume they are registered unless otherwise notified. A registration confirmation is mailed to students who register by mail; however, the confirmation may not be received prior to the beginning of the class. If you have enrollment questions, please call Continuing Education: 314-984-7777.

**In Person at STLCC Continuing Education Offices M-F 8:30 am - 4 pm****Meramec**

802 Couch Avenue
St. Louis, MO 63122

Florissant Valley

At the Center for Workforce Innovation
3400 Pershall Rd., Ferguson, MO 63135

Forest Park

Forest Park, G Tower-320-322
5600 Oakland Ave., St. Louis, MO 63110

You may want to first call the Continuing Education office at 314-984-7777, to check that openings exist.

**By Phone**

Call to complete your registration by charging fees to MasterCard, Visa, American Express or Discover.

Telephone: 314-984-7777

Before calling to register, have this information ready:

1. Course Title / Course Code (letter prefix with number) / Section Number
2. Student Contact Info (name / address / phone number/email address)

3. Student Number or UIN

4. Credit Card Number with Expiration Date

Mail-In Registration form Please print in ink.

Please register me for the following courses:

Course Code	Section	Course Title	Day/Time	Fees
Total				

☐ Male ☐ Female

Senior Citizen?

☐ Yes ☐ No

Check Payment:

Please make checks payable to St. Louis Community College, and mail with form (address above).

Credit Card Payment:

Charge fees to:

- ☐ MasterCard
☐ VISA
☐ Discover
☐ American Express

Email Address: _____

UIN or Student#: _____ Birthdate: _____

Name: _____
LAST FIRST MIDDLE INITIAL

Address: _____
STREET OR POST OFFICE BOX

CITY STATE ZIP CODE

Telephone/Home: _____ Work: _____

CARD NUMBER Expiration Date: _____

Signature: _____

Mail-In Registration form Please print in ink.

Please register me for the following courses:

Course Code	Section	Course Title	Day/Time	Fees
Total				

☐ Male ☐ Female

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☐ VISA
☐ Discover
☐ American Express

Email Address: _____

UIN or Student#: _____ Birthdate: _____

Name: _____
LAST FIRST MIDDLE INITIAL

Address: _____
STREET OR POST OFFICE BOX

CITY STATE ZIP CODE

Telephone/Home: _____ Work: _____

CARD NUMBER Expiration Date: _____

Signature: _____