

# *Fall 2014 Nursing and Allied Health Continuing Education*



St. Louis  
Community  
College

**Continuing Education**

Advanced Cardiac Life Support  
CPR/First Aid Programs  
Occupational Therapy  
Physical Therapy

Nursing and Allied Health  
Continuing Education  
Healthcare Occupations  
Emergency Medical Services  
Nursing Home Administration

**[stlcc.edu/ce](http://stlcc.edu/ce)**

# General Information

St. Louis Community College offers a wide selection of nursing and allied health continuing education courses and workshops. Please take a few moments to read the course descriptions. There are new offerings that have been developed in response to requests.

Courses are approved or pending approval for continuing education credit as noted. Approval by another accrediting entity or for professional licensure is the sole responsibility of the participant.

Contact hours will be awarded to participants who attend the entire education activity if it is a single session; or 80 percent of an activity with multiple sessions and completes the education activity evaluation.

St. Louis Community College is an approved provider of continuing nursing education by the Missouri Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

St. Louis Community College believes that all planners, presenters and content experts taking part in continuing nursing education learning activities must adhere to a fair, unbiased and evidence-based approach in presenting content, and declare any relationships with commercial organizations. Any real or apparent conflict of interest will be disclosed to participants.

When commercial support is received for a continuing nursing education activity, the planning committee will maintain complete control of speaker selection and content.

St. Louis Community College, the Missouri Nurses Association, and the American Nurses Credentialing Center's Commission of Accreditation do not endorse any commercial product which may be on display at an educational activity or may be mentioned during a presentation. Participants will be notified during the educational activity of any product use for a purpose other than that for which it was approved by the Food & Drug Administration.



**American  
Heart  
Association®**

**AUTHORIZED  
TRAINING  
C E N T E R**

St. Louis Community College serves as a Community Training Center for the American Heart Association whose mission is to reduce disability and death from cardiovascular disease and stroke and sets guidelines for emergency cardiovascular care and training. The American Heart Association strongly promotes knowledge and proficiency in BLS, ACLS and PALS and has

developed instructional materials for this purpose. Use of these materials in an educational course does not represent course sponsorship by the American Heart Association. Any fee charged for a course, except for a portion of the fee needed for American Heart Association course material, does not represent income to the Association.

St. Louis Community College is accredited by the Missouri Unit of EMS as an approved training entity for EMT and Paramedic CEUs.

## ***Clinical and Field Work***

Some degree and certificate programs offered by the college require students to obtain clinical or other field experience as part of their course work. Students with criminal convictions or drug use may have difficulty progressing in these programs. Hospitals and facilities may mandate that a criminal background check and/or drug screening check (at the student's expense) may be conducted prior to placement in a clinical or field setting. Students not passing these checks may be prohibited from participating in the clinical or field experience thus rendering the student ineligible to satisfactorily meet the course/program requirements.

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# Continuing Education

## Advanced Cardiac Life Support

Registration **THREE WEEKS** prior to course start date is required to ensure appropriate student-to-instructor ratios and to ensure arrival of pre-course materials.

**DUE TO THE NATURE OF THE PROGRAM YOU MUST ARRIVE ON TIME. NO ADMITTANCE AFTER THE STATED START DATE.**

### ACLS: Provider

This American Heart Association course is designed to review, organize and prioritize the skills and didactic information needed to handle a cardiac arrest, events leading to a cardiac arrest and events that follow a cardiac arrest. Please note that written and practical skills (hands-on manikin simulation) evaluation and testing are required for course completion. Upon successful completion each participant will receive an ACLS course completion card in approximately two weeks.

#### Intended Audience:

Personnel staffing emergency, intensive care or critical care departments, emergency medical providers such as physicians, nurses, emergency technicians, paramedics, respiratory therapists; and other professionals who may have a need to respond to a cardiovascular emergency.

#### Textbooks:

Two books are provided for this course. The ACLS Provider manual with CD helps you prepare for the case based (not subject based) ACLS Provider Course. The Handbook of Emergency Cardiovascular Care provides daily quick reference and continued learning. This pocket handbook displays the ACLS algorithms and provides information about the medications and interventions needed to manage the core cases. Materials will be mailed prior to the program for extensive self-paced pre-course preparation. Access to a computer will be necessary for this course work.

### ACLS:701 | \$270

480 SaSu 8am-5pm  
Nov. 22 – Nov. 23

FP - G Tower, 121

## CPR/First Aid Programs

Registration **ONE WEEK** prior to course start date is required to ensure appropriate student-to-instructor ratios. Late registrations will be considered on a space-available basis only.

**DUE TO THE NATURE OF THE PROGRAM YOU MUST ARRIVE ON TIME. NO ADMITTANCE AFTER THE STATED START DATE.**

### Healthcare Provider CPR

This American Heart Association course is designed for the healthcare provider. Each participant must obtain an 84 percent or higher on the written evaluation and demonstrate proficiency in all CPR skills. Skills include adult, child and infant CPR, FBAO management of the conscious victim, adult/infant/child two rescuer CPR, mouth-to-mask ventilation and automatic external defibrillation (AED). Written and practical skills (hands-on manikin simulation) evaluation and testing are required for course completion. Students who enroll at least one week in advance and successfully complete the course will receive BLS completion card at the end of the class. No transfers between sessions or refunds given within five business days of class date. Due to the nature of the course, you must arrive on time. No admittance after stated start time. This course meets the STLCC nursing department admission requirements.

### CPRR:707 | \$69

|     |                        |                                  |     |                           |                                  |     |                          |                                     |
|-----|------------------------|----------------------------------|-----|---------------------------|----------------------------------|-----|--------------------------|-------------------------------------|
| 350 | W 5pm-10pm<br>Sept. 24 | Carol Pikey<br>WW, 204           | 480 | Sa 9am-3:30pm<br>Sept. 13 | Carol Pikey<br>FP - G Tower, 121 | 650 | M 5pm-10pm<br>Nov. 17    | Gail Back<br>MC-CE, Classroom       |
| 401 | F 9am-3:30pm<br>Dec. 5 | Carol Pikey<br>FP - G Tower, 121 | 500 | Tu 9am-3:30pm<br>Nov. 11  | Gordon Back<br>FV - CWI, 136     | 680 | Sa 9am-3:30pm<br>Nov. 22 | Gail Back<br>MC-CE, Classroom       |
| 450 | Th 5pm-10pm<br>Sept. 4 | Gordon Back<br>FP - G Tower, 121 | 550 | W 5pm-10pm<br>Oct. 22     | Gordon Back<br>FV - TC, 105      | C01 | Tu 5pm-10pm<br>Sept. 16  | Gordon Back<br>Corp. College, 215   |
| 451 | Tu 5pm-10pm<br>Oct. 7  | Gordon Back<br>FP - G Tower, 121 | 580 | Sa 9am-3:30pm<br>Sept. 20 | Gordon Back<br>FV - TC, 105      | H80 | Sa 9am-3:30pm<br>Oct. 25 | Gordon Back<br>Harrison Ed Ctr, 100 |
| 452 | Th 5pm-10pm<br>Nov. 6  | Carol Pikey<br>FP - G Tower, 121 | 600 | M 9am-3:30pm<br>Sept. 8   | Gail Back<br>MC-CE, Classroom    | S01 | Th 9am-3:30pm<br>Oct. 9  | Carol Pikey<br>SCEUC, 102           |
| 453 | Tu 5pm-10pm<br>Dec. 2  | Gordon Back<br>FP - G Tower, 121 | 601 | M 9am-3:30pm<br>Oct. 13   | Gail Back<br>MC-CE, Classroom    | S02 | W 9am-3:30pm<br>Dec. 10  | Carol Pikey<br>SCEUC, 212           |
| 454 | Th 5pm-10pm<br>Dec. 18 | Gordon Back<br>FP - G Tower, 121 | 602 | M 5pm-10pm<br>Dec. 15     | Gail Back<br>MC-CE, Classroom    |     |                          |                                     |

### Heartsaver CPR AED: Adult

The Heartsaver CPR AED Course teaches lay rescuers when to dial 911, how to give CPR, how to use an AED and how to provide relief of choking. The course targets individuals who are expected to respond to cardiovascular emergencies in the workplace and may be used to teach CPR to lay rescuers who are required to obtain a course completion card documenting completion of a CPR course that includes use of an AED for job, regulatory or other requirements. Course is for the learner with limited or no medical training. Registration one week prior to course start date is recommended. Due to the nature of the course you must arrive on time.

**CPRR:701 | \$45**

650 M 6:30pm-8:30pm  
Nov. 10

Gail Back  
MC-CE, Classroom

### Heartsaver AED: Adult and Pediatric

The Heartsaver AED Course teaches lay rescuers when to dial 911, how to give CPR, how to use an AED and how to provide relief of choking. The course targets individuals who are expected to respond to cardiovascular emergencies in the workplace. The course may be used to teach CPR to lay rescuers who are required to obtain a course completion card, a credential, documenting completion of a CPR course that includes use of an AED. The course is for the learner with limited or no medical training and needs a course completion in first aid, CPR and AED for job, regulatory or other requirements.

Written and practical skills (hands-on manikin simulation) evaluation and testing are required for course completion.

Card will be issued after successful completion of the program.

**CPRR:701 | \$59**

350 Th 6pm-9:30pm  
Oct. 23

Carol Pikey  
WW, 204

### Heartsaver Pediatric First Aid CPR AED for Child Care Providers

The Heartsaver Pediatric First Aid CPR AED course is designed to meet the regulatory requirements for child care workers in all fifty United States. It teaches child care providers and others to respond to and manage illnesses and injuries in a child or infant in the first few minutes until professional help arrives. It covers the four steps of first aid and first aid skills such as finding the problem, stopping bleeding, bandaging and using an Epinephrine pen, as well as child CPR AED, infant CPR and optional modules in adult CPR AED, child mask, infant mask and Asthma Care Training for Child Care Providers. Registration one week prior to course start date is required. Due to the nature of the course you must arrive on time. No admittance after stated start time.

**CCPR:711 | \$97**

680 Sa 8:30am-4pm  
Sept. 27

MC - CE, Classroom

580 Sa 8:30am-4pm  
Oct. 18

FV - CDC, 110

450 Sa 8:30am-4pm  
Nov. 15

FP - G Tower, 121

581 Sa 8:30am-4pm  
Dec. 20

FV - CDC, 110

### Heartsaver First Aid CPR AED

Heartsaver First Aid CPR/AED is a classroom, video-based, instructor-led course that teaches students critical skills needed to respond to and manage a first aid, choking or sudden cardiac arrest emergency in the first few minutes until emergency medical service (EMS) arrives. It is designed to meet OSHA requirements. Students learn skills such as how to treat bleeding, sprains, broken bones, shock and other first aid emergencies. This course also teaches adult CPR and AED use. Written and practical skills (hands-on-manikin simulation) evaluation and testing are required for course completion. Upon successful completion each participant will receive a course completion card. Registration one week prior to course start date is recommended. Due to the nature of the course you must arrive on time.

**CPRR:706 | \$99**

500 W 8:30am-4:30pm  
Nov. 5

Gordon Back  
FV - CWI, 136



## CPR Instructor Course

The Instructor Course is designed to prepare American Heart Association (AHA) instructors to disseminate the science, skills and philosophy of resuscitation programs to participants enrolled in AHA courses. The purpose of the AHA BLS/CPR Instructor Course is to provide instructor candidates with the knowledge and skills necessary to reach and teach potential BLS providers. The AHA BLS/CPR Instructor course provides a structured initiation for the instructor candidates and serves as the foundation for their development. It provides instructor candidates the opportunity to develop and refine their presentation skills. Please note there is extensive self-paced course work. Access to a computer will be necessary for this course work. Prerequisite: Current AHA Healthcare Provider CPR status.

**CPRR:708 | \$250**

400 M 8am-5pm  
Oct. 27

Gail Back  
FP - G Tower, 121

## CPR Instructor Renewal

To successfully complete the American Heart Association CPR Instructor Renewal course, the instructor will demonstrate acceptable provider skills and successful completion of the provider written examination. The renewal course may include an update addressing new course content or methodology and review TC, regional and national ECC information. Prerequisite: The instructor must have taught at least four CPR courses and attended updates as required within the previous two years. The instructor must be monitored while teaching before instructor status expiration.

**CPRR:709 | \$65**

400 M 1pm-5pm  
Dec. 22

Gail Back  
FP - G Tower, 121

450 Th 6pm-10pm  
Sept. 18

Gail Back  
FP - G Tower, 121

## Heartsaver Pediatric First Aid CPR AED

The Heartsaver Pediatric First Aid CPR AED course is designed to meet the regulatory requirements for child care workers in all fifty United States. It teaches child care providers and others to respond to and manage illnesses and injuries in a child or infant in the first few minutes until professional help arrives. It covers the four steps of first aid and first aid skills such as finding the problem, stopping bleeding, bandaging and using an Epinephrine pen, as well as child CPR AED, infant CPR and optional modules in adult CPR AED, child mask, infant mask and Asthma Care Training for Child Care Providers. Registration one week prior to course start date is required. Due to the nature of the course you must arrive on time. No admittance after stated start time.

**CPRR:711 | \$97**

680 Sa 8:30am-4pm  
Sept. 27

Carol Pikey  
MC-CE, Classroom

580 Sa 8:30am-4pm  
Oct. 18

Carol Pikey  
FV - CDC, 110

480 Sa 8:30am-4pm  
Nov. 15

Carol Pikey  
FP - G Tower, 121

581 Sa 8:30am-4pm  
Dec. 20

Carol Pikey  
FV - CDC, 110

*The American Heart Association strongly promotes knowledge and proficiency in all AHA courses and has developed instructional materials for this purpose. Use of these materials in an educational course does not represent course sponsorship by the AHA. Any fees charged for such a course, except for a portion of fees needed for AHA course materials, do not represent income to the AHA.*

## Allied Health Continuing Education

### Occupational Therapy

#### Treatment Considerations for the Neurological Population

This education activity is designed for the Occupational Therapist and Occupational Therapy Assistant. The class will address an occupational therapy approach to treatment strategies for medical issues encountered by people with neurological impairments that impact the ability to perform functional tasks optimally. The class will focus on an overview of functional and medical considerations when treating people with traumatic brain injury, multiple sclerosis, CVA, spinal cord injury and spinal surgeries and treatment strategies to improve performance outcomes.

**AHCE:773 | \$25**

650 Th 6pm-8:15pm  
Oct. 2  
.2 CEUs

Carolyn Stecher, OTR/L  
MC - AS, 104B

### Physical Therapy

#### An Update on Electrical Modalities Across the Treatment Spectrum

This education activity is designed for the Physical Therapist and Physical Therapist Assistant. This course is designed to be a refresher for the use of modalities in different clinical settings, from outpatient to SNF and acute care. Review and rationale regarding indications and contraindications will be presented. Modalities discussed will include: NMES/FES, IFC, Russian, high volt, TENS/PENS. Various forms of biofeedback will also be discussed if time allows. Refresh your memory for the best methods with which to use these modalities to facilitate your treatment. Lab time will be available to practice techniques. Cost for adults 60 and over \$23.00.

**AHCE:774 | \$39**

680 Sa 9am-12pm  
Oct. 11  
.3 CEUs

Christina Cohoon, PT, DPT, OCS  
MC - AS, 104A

## Nursing Continuing Education

### **The Affordable Care Act: Where Are We Today?**

Join Thomas McAuliffe, Health Policy Director with the Missouri Foundation for Health for an informative presentation discussing the Affordable Care Act. The key points in the Affordable Care Act will be summarized and their implementation explained. For the first time, uninsured Missourians have access to affordable health insurance. Detailed information about the Health Insurance Marketplace in Missouri and the opportunities it affords the uninsured will be discussed. Current Medicaid requirements and Medicaid expansion as outlined in the Affordable Care Act will be explained. Do not miss this opportunity to expand your knowledge and understanding about this health care law.

**AHCE:734 | \$30**

**650** W 6pm-8:15pm  
Oct. 8

Thomas McAuliffe, MA  
MC - CE

2 Contact Hours

Clock Hours pending

### **Practical Applications of Evidence Based Nursing**

Patients expect that the care they receive will be based on the most-up-to-date scientific findings. Evidence Based Practice (EBP) is recognized as the gold standard framework for implementing clinical decision making and delivering high quality patient care. The purpose of this class will be to examine ways EBP is infused into clinical experience.

**NSNG:716 | \$49**

**450** W 6pm-8:15pm  
Oct. 15

Georgia Urban, PH. D., RN  
FP - G Tower, 117

2 Contact Hours

### **Pharmacology: A Review of Top Drugs for Chronic Conditions**

This course designed for registered nurses reviews the top prescribed medications for ambulatory chronic diseases. We will review mechanism, common and severe side effects, dosing and administration. Classes of medications to be reviewed include anti-hypertensive and cholesterol medications, anti-diabetic medications, asthma medications, osteoporosis medications and others from the top 200 list. Participants will gain pearls on therapeutic interchange, counseling points and patient-related concerns with these medications.

**NURS:706 | \$35**

**550** W 6pm-9:15pm  
Oct. 1

Nicole Gattas, Pharm. D., BCPS  
FV - B, 211

3 Contact Hours

Clock Hours pending

### **Mental Health First Aid Certification**

This certification course is held 10/7 through 10/28. Mental Health First Aid is a certification course designed to assist participants in giving first aid to individuals experiencing a mental health crisis and/or who are in the early stages of a mental health disorder. The course teaches an appropriate response plan and the signs and symptoms of common health problems: anxiety, depression, psychosis, eating disorders and substance use disorders. Textbook is required and available in the Florissant Valley Bookstore.

**NSNG:786 | \$101**

**550** Tu 5:30pm-8:45pm  
Oct. 7 - Oct. 28

Ellen Nickrent  
FV - IR, 112

### **Medical Terminology for Nursing and Allied Health Occupations**

Medical terms and language are complex and not often easily understood. Nursing and allied health textbooks are filled with many words that have been derived from the combination of word forms from Latin suffixes and prefixes. Attend this course for a "jumpstart" to learn the meaning of these complex words and to gain the "extra edge" when reading textbooks filled with medical language. Refund/withdrawal deadline date: 8/15. No refunds after that date. No class 8/30.

**NURS:708 | \$79**

**4D1** Sa 8am-5pm  
Aug. 23 - Sept. 6

Alverta Smith, MA, BSN, RN  
FP - G Tower, 121

## EMS Continuing Education

St. Louis Community College is accredited by the Missouri Bureau of EMS as an approved training entity for EMT and Paramedic CEUs.

### **EMT Core Curriculum**

This course is held 8/18-12/14. It meets all the current requirements for Missouri EMT-B license renewal. It includes the assessment and care of the sick and injured, pediatric and geriatric emergencies, childbirth, defibrillation, hazardous material situations and the use of adjunctive EMS equipment. Does not include CPR. Attendance at first class is required. A strict attendance policy is enforced. Course is not for initial EMT-Basic training. Registration deadline before class begins on 8/18. No class 9/1.

**EMSS:700 | \$270**

**H50** MW 6pm-10pm  
Aug. 18 - Dec. 14

Steven Newcomb  
Harrison Ed Ctr, 200

# Healthcare Occupations



**Nurse Assistant for Nursing Homes**



**mk**  
In partnership  
with MK  
Education

**Pharmacy Technician  
Certification Training**

This training meets requirements of the Missouri Omnibus Nursing Act. This course exceeds the required 75 hours of classroom instruction and 100 hours of supervised on-the-job training. Class meets twice a week for 20 sessions; each four hours in length. The 104 hours of on-the-job training are in addition to the scheduled class time.

The course content includes training in basic nursing skills, fire safety, disaster training, nursing home resident safety and rights, the social and psychological problems of nursing home residents, methods of caring for mentally confused residents such as those with Alzheimer's disease and related disorders, food service, personal care, elimination, restorative nursing, infection control and special procedures.

Upon successful completion of the course the student is eligible to take the state examination. A strict attendance policy is enforced throughout this training.

Prerequisite: Family Care Safety Registry Worker Registration letter is required at time of registration. Only original letter will be accepted. Letter cannot be older than six months. Registration obtained online at [www.dhss.mo.gov/FCSR/](http://www.dhss.mo.gov/FCSR/).

To enroll in this state approved training program the student must be employable in a skilled nursing facility or intermediate care facility in direct resident care. This will be assured by verification with the Family Care Safety Registry Worker Registration, the Missouri state registry for nurse assistants, Employee Disqualification list, Criminal Background Check and Drug Screen. Intermediate or higher proficiency in English is recommended.

**Required Nursing Skills Lab: Saturday, 9/20, 8 am - 4:30 pm.**  
**Refund/withdrawal deadline: 9/9. No refunds after that date. No class 10/23 and 11/6.**

**NURS:723 | \$699**

4D1 TuTh 4:30pm-8:30pm Alverta Smith, MA, BSN, RN  
Sept. 16 – Nov. 20 Forest Park - G Tower, 121  
Sa 8am-4:30pm  
Sept. 20 Forest Park - C Tower, 415

**All Healthcare Occupations must  
register in person  
with Continuing Education  
at Forest Park G 322/324**

This training is held from September 8, 2014 through January 15, 2015. Required orientation: Thursday, September 4, 6 p.m. - 8 p.m. Register in person only in Continuing Education at Forest Park, G 322. This training prepares the student for entry level employment as a pharmacy technician. The course provides 105 hours of classroom instruction and 60 hours of externship experience. Class meets twice a week, Monday and Thursday (September 8 - December 15), for 28 sessions; each 3.5 hours in length. The 60 hours of externship experience (December 16, 2014 - January 9, 2015) follows the classroom experience. Final exam: January 15, 2015. Students will learn about the top medications dispensed in the United States and be introduced to the basic concepts of pharmacy calculations for proper medication dispensing. A strict attendance policy is enforced throughout this training. Upon successful completion of the course the student is eligible to take a certification exam. Prerequisites: Student must be 18 years of age; High school diploma or a High School Equivalency Certificate; Test of Adult Basic Education (TABE) Test Letter stating a minimum score of 8.9 on both Vocabulary and Comprehension tests and a minimum score of 7.0 Mathematics Concepts and Application. Family Care Safety Registry-Worker registration letter: Register on online at [www.dhss.mo.gov](http://www.dhss.mo.gov). Only the original letter will be accepted. Letter cannot be older than six months. No class 11/27. Refund/withdrawal deadline: 8/29. No refunds after that date.

**AHCE:786 | \$2,100**

**CD1** MTh 6pm-9:30pm  
Sept. 4 – Jan. 15

Corp. College, 276

*The following section is for students using payment plan. Individuals must have approval of MK Education to register.*

**CD2** MTh 6pm-9:30pm  
Sept. 4 – Jan. 15

Corp. College, 276

## **FREE Pharmacy Technician Information Session**

This **free** session is designed to provide information to individuals interested in the Pharmacy Technician Training. The presentation will include an explanation of the pre-requisites, an overview of the training and requirements needed for certification. The orientation is free but registration is required. To register for the information session, please call Central Registration at 314-984-7777.

**AHCE:786 | No Fee**

**CO1W** 6pm-7pm  
Oct. 29

Corp. College, 209

**Registration for these two Healthcare Occupation programs opens July 28**

# New

## Central Sterile Processing Technician

### Central Sterile Processing Technician Information Session

This **free session** is designed to provide information to individuals interested in the Central Sterile Processing Technician Training. The presentation will include an explanation of the pre-requisites, an overview of the training and requirements needed for certification. The session is free but registration is required. To register for the information session, please call Central Registration at 314-984-7777.

**AHCE 788 | No Fee**  
**450** Thurs., Nov. 6; 6-7pm *FP- G Tower 119*

Whether starting a career in Central Sterile Processing or already working in the field, this program will help you establish a foundation in:

- Central service workflow and concerns
- Basic job knowledge and skills
- Basic job responsibilities

At the end of this program, you'll be prepared to take a national certification exam as well as for entry-level employment as a Central Sterile Processing Technician.

#### Tier 1

This class is for the individual working in the field of Central Sterile Processing who only needs the 100 hours of classroom instruction.

This training is held from September 22 through December 22, 2014.

Class meets twice a week, Monday and Wednesday (September 22 - December 22), for 27 sessions; each 3.5 hours in length.

Final exam: January 5, 2015.

Topics presented in the program include anatomy and physiology, medical terminology, infection prevention and control, tools for cleaning, safety and decontamination.

This program will prepare successful students to take a national certification exam.

**AHCE:788 | \$2,000**

#### 4D1

Mondays, Wednesdays

6pm-9:30pm

Sept. 22 – Dec. 22

FP - G Tower, 121

#### Final Exam:

M 6pm-9:30pm

Jan. 5

FP - G Tower, 121

#### Tier 2

This section is for the individual entering the field of Central Sterile Processing who needs both the classroom instruction and externship.

This training is held from September 22, 2014 through May 1, 2015.

Class meets twice a week Monday and Wednesday (September 22 - December 22), for 27 sessions; each 3.5 hours in length.

Final exam: January 5, 2015.

Externship begins January 6, 2015 and ends May 1, 2015.

This program offers the student a direct pathway to success in Central Sterile Processing.

Topics presented in the program include anatomy and physiology, medical terminology, infection prevention and control, tools for cleaning, safety and decontamination.

This program will prepare successful students to take a national certification exam.

**AHCE:788 | \$2,625**

#### 4D2

Mondays, Wednesdays

6pm-9:30pm

Sept. 22 – Dec. 22

FP - G Tower, 121

#### Final Exam:

M 6pm-9:30pm

Jan. 5

FP - G Tower, 121

#### Externship:

M-F TBA

Jan. 6 - May 1

FP - Off Campus (CR)



In partnership with  
MK Education

A strict attendance policy is enforced throughout this training

Prerequisites: Student must be 18 years of age; High school diploma or a High School Equivalency Certificate; Test of Adult Basic Education (TABE) Test Letter stating a minimum score of 8.9 on both Vocabulary and Comprehension tests and a minimum score of 7.0 in Mathematics Concepts and Application. Family Care Safety Registry-Worker registration letter: Register on online at [www.dhss.mo.gov](http://www.dhss.mo.gov). Only the original letter will be accepted. Letter cannot be older than six months. Refund/withdrawal deadline: 9/15. No refunds after that date.

A payment plan is available for this program. Individuals must contact and have approval from MK Education to register using the payment plan.

### Phlebotomy

This training program is held from 9/2 - 11/13. Register in person only in Continuing Education at Forest Park, G 322/324. This training prepares the student for entry level employment as a phlebotomist. The course provides classroom, lab instruction and clinical experience. 120 hours of clinical experience is in addition to scheduled class time. Course content includes basic anatomy pertinent to blood collection, as well as communication skills, specimen processing, related interdisciplinary tasks, lab experience of blood drawing techniques and practical experience of blood drawing techniques in the clinical setting. A strict attendance policy is enforced throughout this training. Prerequisites: Student must be 18 years of age; High school diploma or a High School Equivalency Certificate; Test of Adult Basic Education (TABE) Test Letter stating a minimum score of 8.9 on both Vocabulary and Comprehension tests and a minimum score of 7.0 Mathematics Concepts and Application; Family Care Safety Registry-Worker registration letter. Only original letter will be accepted. Letter cannot be older than six months. Register on online at [www.dhss.mo.gov](http://www.dhss.mo.gov) to obtain letter.

**Refund/withdrawal deadline: 8/26. No refunds after that date.**

**AHCE:785 | \$1,400**

#### 4D1

TuTh 5pm-8pm

Karen Taylor, MLS (ASCP)<sup>CM</sup>

Sept. 2 – Nov. 13

FP - B Tower, 417



**Registration for these two Healthcare Occupations programs begins on August 4 in person with Continuing Education at Forest Park G 322/324**



# Caregiving at Home Series

## Caregiving at Home Workshop

Whether you are a family member, a concerned friend, or a community volunteer helping a senior with household tasks, personal and/or health care in the home setting or transportation, this 8 week workshop will provide you with helpful information. Come to the entire workshop or select individual classes that will enable you to ensure the senior continues to thrive during life's most difficult times of aging. Throughout this workshop resources and support for the caregiver will be addressed. While this course is primarily for the nonprofessional caregiver, portions of the course may be very useful to professionals providing care for family or close friends.

**AHCE:701 | \$129**

650 Th 6:30pm-9pm

Cathy Flasar MSN, APRN Sept. 11 – Oct. 30 MC - SS, 108

## Caregiving at Home - Getting Started

The need for caregiving in the home may occur suddenly with an illness or injury or, as with chronic illness or frailty due to aging; it may develop over a period of time. There are a variety of factors to be considered when the need for caregiving arises. Join us for the first evening of the workshop to discuss the beginning of caregiving in the home.

**AHCE:701 | \$29**

651 Th 6:30pm-9pm  
Sept. 11

Cathy Flasar MSN, APRN  
MC - SS, 108

## Caregiving at Home - Conditions, Events and Emotional Experiences

This evening's class will look at conditions and events requiring care in the home and the related stress and emotion experienced by the senior as well as the caregiver.

**AHCE:701 | \$29**

652 Th 6:30pm-9pm  
Sept. 18

Janice Palmer PhD, RN, CNE  
MC - SS, 108

## Caregiving at Home-Eldercare Law and Order

Join us for an interactive presentation on eldercare law. Some of the topics to be presented include Advanced Directives, Living Wills, Power of Attorney, and Trust Funds.

**AHCE:701 | \$29**

653 Th 6:30pm-9pm  
Sept. 25

Christine Alsop  
MC - SS, 108

## Caregiving at Home-Medicare: The Basics

This evening's class will focus on Medicare, the federal health care program for those 65 years and older. Join us for a discussion on Medicare Part A and B, Medicare Part D (Prescription Drugs), Medicare Supplements and Medicare Advantage Plans.

**AHCE:701 | \$29**

654 Th 6:30pm-9pm Beverly White-Williams, MBA, RN  
Oct. 2 MC - SS, 108

## Caregiving at Home - Do No Harm: Proper Body Mechanics

How do you safely move a senior in bed, transfer, and assist with walking? Learn the proper body mechanics that will assure the safety of the person being assisted and the caregiver. Please wear flat shoes and slacks for this session.

**AHCE:701 | \$29**

655 Th 6:30pm-9pm  
Oct. 9

Mary Christman, PT  
MC - AS, 104A

## Caregiving at Home - Basic Care: Hygiene, Nutrition and Fluid Intake

This evening's class will turn our attention to the hygiene, nutrition needs and fluid intake of the senior.

**AHCE:701 | \$29**

656 Th 6:30pm-9pm  
Oct. 16

Cathy Flasar MSN, APRN  
MC - SW, 111

## Caregiving at Home - Medications and Pain Management

This week we will discuss medications and current trends in pain management for the senior. While this course is primarily for the nonprofessional caregiver, portions of the course may be very useful to professionals providing care for family or friends.

**AHCE:701 | \$29**

657 Th 6:30pm-9pm  
Oct. 23

Cathy Flasar MSN, APRN  
MC - SS, 108

## Caregiving at Home-Putting It All Together

During this final evening of the Caregiving at Home Workshop we will discuss arrangement of household needs such as shopping, cooking, housekeeping, medical supplies and transportation. While this course is primarily for the nonprofessional caregiver, portions of the course may be very useful to professionals providing care for family or friends.

**AHCE:701 | \$29**

658 Th 6:30pm-9pm  
Oct. 30

Cathy Flasar MSN, APRN  
MC - SS, 108

*Come to the entire workshop or select individual classes that will enable you to ensure the senior continues to thrive during life's most difficult times of aging.*

**Call 314-984-7777 to register beginning August 4!**

## Withdrawals and Refunds

Since continuing education (non-credit) classes are self-supporting, the decision to run a class is based on the number of people enrolled. The college reserves the right to cancel if sufficient enrollment is not achieved. Registrants will be notified by phone or mail if a class is cancelled. Full refunds will be issued for classes cancelled by the college. If you drop a class, you will receive a 100 percent refund for most classes if the class is dropped one business day before the first meeting. A 50 percent refund will be given for a class dropped within one business day of the first class meeting and before the second class meeting. See the course schedule for classes that require notice beyond one business day for cancellation and eligibility for a refund. Requests of withdrawals should be submitted in writing to the Continuing Education office. Calculation of refunds will be based on the date the written request is received by the office. If you have a situation that warrants an override of the above policy, an explanation of the circumstances should be made in writing to the Continuing Education office. Refunds should be received within 30 days.

## Firearms on College Property

Except for licensed police officers, no person shall possess or carry any firearm, visible or concealed, on college property (including college buildings and grounds-leased or owned by the college-college athletic fields and parking lots) or in any college van or vehicle or at college-sponsored activities. College employees, students and visitors who hold concealed carry endorsements as allowed by Missouri law may not carry or bring any firearms, visible or concealed, on college property, owned or leased, or at any college activities.

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# AHCE CLASS LOCATIONS

**Corporate College**  
3221 McKelvey Road  
Bridgeton, MO 63044  
314-984-7777

**Forest Park**  
5600 Oakland Ave.  
St. Louis, MO 63110  
314-644-9100

**Wildwood**  
2645 Generations Drive  
Wildwood, MO 63040  
636-422-2000

**William J. Harrison  
Education Center**  
3140 Cass Avenue  
St. Louis, MO 63106  
314-763-6000

**Florissant Valley**  
3400 Pershall Road  
St. Louis, MO 63135  
314-513-4200

**Meramec**  
11333 Big Bend Road  
St. Louis, MO 63122  
314-984-7500

**South County Education  
& University Center**  
4115 Meramec Bottom Rd.  
St. Louis, MO 63129  
314-984-7200

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## Nursing Home Administration

*Offerings pending approval by the Missouri Board of Nursing Home Administrators. Sessions must be attended in their entirety to obtain certificate and clock hours.*

Course Number: AHCE 734 650  
***The Affordable Care Act:  
Where Are We Today?***

Course description found on page 6.

Course Number: NURS 706 550  
***Pharmacology: A Review of Top Drugs  
for Chronic Conditions***

Course description found on page 6.



Individuals with speech or hearing impairments may call via Relay Missouri by dialing 711.

## Registration is Easy!



### Mail

Complete the registration form (below) and mail with check (*payable to St. Louis Community College*) to:  
**STLCC Continuing Education, 3221 McKelvey Road, Suite 250, Bridgeton, MO 63044**

Students who register by mail should assume they are registered unless otherwise notified. A registration confirmation is mailed to students who register by mail; however, the confirmation may not be received prior to the beginning of the class. If you have enrollment questions, please call Continuing Education: 314-984-7777.



### In Person at STLCC

**Meramec, Florissant Valley, and Forest Park: M-F 8:30am-4pm**

You may want to first call the Continuing Education office at 314-984-7777, to check that openings exist.



### Telephone: 314-984-7777

*Before calling to register, have this information ready:*

- |  |   |
|--|---|
| Call to complete your registration by charging fees to MasterCard, Visa, Discover or American Express. | <ol style="list-style-type: none"> <li>1. Course Title / Course Code (letter prefix with number) / Section Number</li> <li>2. Student Contact Info (name / address / phone number)</li> <li>3. Student Social Security Number or UIN</li> <li>4. Credit Card Number with Expiration Date</li> </ol> |
|--|---|



### Visit [www.stlcc.edu/ce](http://www.stlcc.edu/ce)

where you can view current class offerings and to register for classes.

Enrollment in classes within this brochure, except for youth section classes, is limited to persons 16 years or older.

### Registration Deadline

All non-credit courses are limited in enrollment. Advanced registration is required.

### Automatic Bank Payment (ACH)

All checks will be converted to an electronic Automated Clearing House (ACH) transaction whether the payment was made in person or mailed.

### Mail-In

**Registration form** *Please print in ink.*

*Please register me for the following courses:*

| Course Code  | Section | Course Title | Day/Time | Fees |
|--------------|---------|--------------|----------|------|
|              |         |              |          |      |
|              |         |              |          |      |
|              |         |              |          |      |
| <b>Total</b> |         |              |          |      |

Male  Female

Senior Citizen?

Yes  No

### Check Payment:

*Please make checks payable to St. Louis Community College, and mail with form (address above).*

### Credit Card Payment:

Charge fees to:

- MasterCard  
 VISA  
 Discover  
 American Express

Email Address: \_\_\_\_\_

UIN or Student#: \_\_\_\_\_ Birthdate: \_\_\_\_\_

Name: \_\_\_\_\_  
LAST FIRST MIDDLE INITIAL

Address: \_\_\_\_\_  
STREET OR POST OFFICE BOX

CITY STATE ZIP CODE

Telephone/Home: \_\_\_\_\_ Work: \_\_\_\_\_

Expiration Date: \_\_\_\_\_  
CARD NUMBER

Signature: \_\_\_\_\_



# Continuing Education Fall 2014

## *Accommodations Statement*

St. Louis Community College is committed to providing access and reasonable accommodations for individuals with disabilities. If you have accommodation needs, please contact the Continuing Education Access office at least six weeks prior to the start of class to request accommodations. Event accommodation requests should be made with the event coordinator at least two working days prior to the event. Documentation of disability may be required. Contact Anne Marie Schreiber at 314-984-7704.

## *Non-Discrimination*

St. Louis Community College is committed to non-discrimination and equal opportunities in its admissions, educational programs, activities and employment regardless of race, color, creed, religion, sex, sexual orientation, national origin, ancestry, age, disability, genetic information or status as a disabled or Vietnam-era veteran and shall take action necessary to ensure non-discrimination. For information, contact: Lesley English-Abrams, Manager, Community Services 3221 McKelvey Road, Bridgeton, MO 63044, 314-539-5480.

For non-discrimination information, contact:

**Corporate College**  
Lesley English-Abram  
Manager, Community  
Services  
STLCC Corporate  
College  
3221 McKelvey Road  
Bridgeton, MO 63044  
314-539-5480

**Cosand Center/Em-  
ployment**  
Patricia Henderson  
Senior Manager of  
Employment  
300 S. Broadway  
St. Louis, MO 63102  
314-539-5214

**Districtwide Title IX  
Coordinator**  
Pam McIntyre  
President, Wildwood  
2645 Generations  
Drive  
Wildwood, MO 63040  
636-422-2240

**Florissant Valley**  
Joe Worth,  
Vice President, Student  
Affairs  
3400 Pershall Road  
St. Louis, MO 63135  
314-513-4250

**Forest Park**  
Deborah Carter, Acting  
Vice President, Student  
Affairs  
5600 Oakland Avenue,  
St. Louis, MO 63110,  
314-644-9212,

**Meramec**  
Kim Fitzgerald, Vice  
President, Student  
Affairs  
11333 Big Bend Road  
St. Louis, MO 63122  
314-984-7607

**Wildwood**  
Laura Davidson,  
Director of Student  
Affairs  
2645 Generations  
Drive, Wildwood, MO  
63040  
636-422-2004

**Section 504/Title II  
Coordinator**  
Dr. Donna Dare  
Vice Chancellor of  
Academic Affairs  
300 S. Broadway  
St. Louis, MO 63102  
314-539-5285



St. Louis  
Community  
College

Continuing Education