

Continuing Education

at St. Louis Community College

Summer 2014

It's Your Time to Shine!



St. Louis
Community
College

Registration begins May 5

For more information about Continuing Education classes,
visit stlcc.edu/ce



College for Kids

Kids on Campus

Summer 2014

Florissant Valley - Kids on Campus
June 16 - 20 and June 23 - 27

Wildwood - Kids on Campus
Aug. 4 - 8

Meramec - Kids on Campus
July 28 - Aug. 1 and Aug. 4 - 8

Meramec - College for Kids
July 28 - Aug. 1 and Aug. 4 - 8

Call 314-984-7777 to register today!

Registration begins May 5.

HOW TO READ COURSE LISTINGS
The listing details found below a course title and description provide this information:

COURSE CODE	COURSE FEE	DAY + TIME	INSTRUCTOR
SECTION NUMBER	MEETING DATES	LOCATION	

ABCD:123 | \$15
250 Th 7pm-8:30pm
June 5 - July 10

John Smith
FP - G Tower, 113



St. Louis Community College expands minds and changes lives every day. We create accessible, dynamic learning environments focused on the needs of our diverse communities.

- BOARD OF TRUSTEES**
- Libby Fitzgerald
 - Doris Graham
 - Theodis Brown, Sr.
 - Hattie R. Jackson
 - Craig H. Larson
 - Joan McGivney

Great care has been taken to provide accurate information about the courses in this schedule. Occasionally, an error may occur. Information is subject to change and/or correction. For more information on Continuing Education programs at St. Louis Community College, visit www.stlcc.edu and click on the Continuing Education tab. More details and up-to-date information, including senior fees, can be found online.

Summer 2014 STLCC Continuing Education

**It's Your Time to Shine
with Continuing Education!**

More than ever, life presents daily challenges to learn more, do more, and be more.

Our programs provide workforce training to meet your professional needs as well as educational opportunities for the exploration and pursuit of your personal interests. Classes are offered at campuses and centers throughout St. Louis, as well as online.

Join us this summer, and shine brightly with
Continuing Education!

www.stlcc.edu/ce 314-984-7777

TABLE OF CONTENTS

Professional Development

ESSENTIALS TRAINING

Small Business Essentials	5
Career Essentials	5
Essential Nonprofit	6

CAREER STUDIES

Nursing and Allied Health	7
Healthcare Occupations	7
Childcare Training	8
Communications	9
CPR and First Aid	9
Fitness Training	10
Restaurant Management	10

COMPUTERS AND TECHNOLOGY

Applications and Systems	11
Desktop Publishing	12
Mobile Basics	12
Personal Computing	12
Social Networks	12
Tech Savvy Fridays	12
Web Development	13
DATA	14

CONSTRUCTION AND INDUSTRIAL TECHNOLOGIES

OSHA	16
------	----

EDUCATION AND TEST PREP

High School Equivalency	16
Test Prep	16

Personal Enrichment

AGELESS LEARNING

Senior Fitness	17
Social Security Benefits	17

CREATIVE ARTS

Crafts	18
Culinary Arts	20
Dance	22
Fine Arts	23
Music	24
Photography	25
Writing	26

NATURE, HOME AND GARDEN

Animal Care	27
Home Improvement	28
Real Estate	29
Master Naturalist	29
Gardening	31
Ecology	31

PERSONAL FINANCE

Personal Finance	32
Investing	32
Retirement Planning	3

PERSONAL INTEREST

History	32
Languages	33
Sign Language	34

PERSONAL SAFETY

Firearm Safety	34
Self Defense	35

RECREATION, FITNESS AND WELLNESS

Aerobic Exercise	35
Aquatics	36
Cards and Games	37
Fitness	37
Golf	38
Motorcycle Rider Training	39
Outdoor Activities	39
Personal Development	40
T'ai Chi	40
Team Sports	40
Tennis	41
Tours and Trips	42
Wellness	43
Youth and Family	43

NEED TO KNOW...

Locations	45
General Information	46
Registration	47

Is it time for a New You?



Adult Career Exploration Sessions

**Thurs., May 15 and
Tues., Aug. 5, 6 to 7:30 p.m.**
Forest Park, Student Center Café East
Questions? Call 314-644-9107

**Tues., May 6 and
Thurs., June 26, 6 to 7:30 p.m.**
Florissant Valley, Training Center Room
201 Questions? Call 314- 513-4561

**Wed., May 7 and
Thurs., July 24, 6 to 7:30 p.m.**
Meramec, BA 105
Questions? Call 314-984-7159

Wed., May 21, 6 to 7:30 p.m.
Wildwood Room 105
Questions? Call 636-422-2005

Whether you're just starting out, looking to re-enter the workforce or wanting to switch careers—but you're not sure about an area of study—St. Louis Community College's **Adult Career Exploration Session** will help you identify your interests, discover your passion, and point you toward the career that's right for you!

- Receive a FREE interest inventory to identify your primary interest areas.
- Discover how your interests can lead to good career decisions.
- Learn how your interests relate to career programs at STLCC.
- Hear about resources to pay for school.
- Find out how to get started at STLCC!



For more information call 314-539-5002 or email AskUs@stlcc.edu

Register TODAY at stlcc.edu/Visit
and get started on the New You!

TAKE
YOUR
KNOWLEDGE
TO THE NEXT
DEGREE

Through **Plus 50**, St. Louis Community College is providing services and programs that make it **easier than ever** for adult learners to earn credit toward a degree or certificate.

We offer support and flexibility to help you **reach your goals**, from choosing a course of study and scheduling classes to applying for financial aid.

Contact one of our
Plus 50 concierges
to get started today!

Florissant Valley
314-513-4238

Forest Park
314-644-9101

Meramec
314-984-7584

Wildwood
636-422-2014



 St. Louis
Community
College
Continuing Education
[www.stlcc.edu/
plus50completion](http://www.stlcc.edu/plus50completion)

Our Seats Fill Fast!

Registration
begins May 5.



PROFESSIONAL DEVELOPMENT



Take charge of your professional development this Summer!

Continuing Education has the courses you need to **gain knowledge, sharpen your skills and advance your career.**

ESSENTIALS TRAINING

Small Business *Essentials*

Starting and Managing a Small Business

Are you thinking about starting and managing a small business in Missouri? Designed for individuals who are considering starting a business, have made the decision to start or who have been in business for less than two years, this program will discuss: the basics of business ownership, planning for success, organizational forms of business, legal and regulatory environment, recordkeeping and information management, marketing, financing and resources. Program is offered in collaboration with the Small Business and Technology Development Center.

BUSS:701 | \$59

680 Sa 9am-12pm Lynette Watson
June 21 – June 28 MC - BA, 118

Artisans and Crafters: Making Money with Your Business

You've been honing your talent and finding a demand for your handmade craft or artistic products, but how do you navigate the "indie" marketplace? Learn tips from award winning artist, 35 year veteran in the arts and former Executive Director of Best of Missouri Hands, "Mike" Ochonicky as she discusses: effective marketing techniques, outlets to sell online and in-person, balancing creativity with administrative tasks, and more.

BUSS:701 | \$29

650 W 6pm-9pm Michelle "Mike" Ochonicky
June 18 MC - SO, 111

Understanding Accounting

Designed for individuals with non-financial backgrounds who work with budgets or those wanting to enter an office manager position, this course provides an overview of accounting terminology and processes, analyzing financial activities and statements, and applying the fundamentals of accounting. Course will cover debits, credits, general ledgers, assets, liabilities, balance sheets, profit and loss statements and more.

BUSS:741 | \$29

680 Sa 9am-12pm Kimberly Franklin
June 28 MC - BA, 124

Understanding Patents, Trademarks and Copyrights

If you are a business or creative person selling a product or service, then you need to know how to protect your trademark, copyright, and patents so that you can profit by their use. In this problem-solving course, you will explore topics relating to the law for intellectual property such as patents, trademarks, trade names, copyrights, and trade secrets. Taught by an attorney.

BUSN:729 | \$55

680 Sa 8:30am-1:30pm Morris Turek
June 28 MC - BA, 112

S.C.O.R.E Seminar

You will enjoy this special short course to acquaint the small business owner or operator with current management principles as they relate specifically to small business operations. It is designed to be particularly helpful if you are planning to start your own business. Topics include business terms, forms and risks of ownership, marketing, recordkeeping, legal aspects and insurance needs. Finding capital, financial planning, tax considerations and other business functions will also be discussed. All students must register with the SCORE Office online at www.stlscore.org. Lunch not provided. Fee for class materials payable to SCORE at registration; \$50 early registration; \$55 after the 1st of the month prior to seminar date; \$60 at the door.

BUSS:701

681 Sa 8:15am-3pm MC - SO, 109
June 7
682 Sa 8:15am-3pm MC - SO, 109
July 12

Exclamation Point!

Writing Your Resume to Impress

"Jacqueline Meaders-Booth was an excellent instructor and very inspiring. I really enjoyed her class."

Mary – Ballwin, MO

Career *Essentials*

Writing Your Resume to Impress

First impressions are everything. Your resume makes your first impression to a potential employer. Make sure it stands out and you'll be receiving that phone call in no time. Work with an expert in the employment field to construct your perfect resume: one that will play up your experience, play down liabilities, and improve your chances to land an interview. Choose the best type of resume for the job, tailor it to the employer's needs and write a great cover letter. We'll explore online submission of resumes and cover letters while building your best resume ever.

CPDV:704 | \$39

650 Tu 6pm-8pm Jacqueline Meaders-Booth
June 10 – June 24 MC - BA, 208

Using LinkedIn for Your Job Search

This introductory session will allow you to start using this powerful tool that should be a part of your professional networking. LinkedIn operates the world's largest professional network on the Internet with more than 150 million members in over 200 countries and territories. Learn the basics of using LinkedIn, how to build your network, make connections (past and present colleagues and classmates), join and get involved in groups, perform job searches, and find answers from industry experts.

CPDV:705 | \$25

650 Tu 6:30pm-9:30pm Laurie Lombardo
June 17 MC - BA, 124
450 Tu 6:30pm-9:30pm Laurie Lombardo
July 8 FP - G Tower, 113

Finding Job Leads

Learn how to find job leads (i.e. internet, recruiters, staffing companies, placement services, associations, and job fairs), navigate job boards, the importance of networking, and the role social networking can now play in your job search. This interactive workshop is necessary for all those job seeking-no matter the industry. It will provide you with the tools necessary to find job leads in today's market.

CPDV:705 | \$25

651 W 6:30pm-9:30pm Laurie Lombardo
June 25 MC - BA, 124



+50 Employment: Purpose, Process and the Payoff

Is retirement not your immediate plan? Whether by design or a result of the economy, you want to find employment where you can earn a living and perhaps make a difference. Re-inspired? A career counselor will work with you to determine your values and goals. Re-hired? We will explore resumes and interview strategies. Re-wired? By networking, using LinkedIn, Craigslist, submitting online applications and cover letters, you will use new skills to land the next opportunity.

CPDV:730 | \$45

- 550 Th 6:30pm-8:30pm **Edwin Penfold**
June 5 – June 26 *FV - B, 125*
- 650 Th 6:30pm-8:30pm **Edwin Penfold**
July 10 – July 31 *MC - SW, 206*

+50: What's Your Encore?

Do you need to retool your professional skills after many years? Are you a Baby Boomer nearing retirement? Do you need a new direction? Determine what may replace the traditional retirement path in your life through a powerful interactive learning experience. Clarify your intentions, set your goals and take action all while supporting other group members who share similar objectives.

CPDV:730 | \$59

- 651 Tu 6:30pm-9:30pm **Carol Watkins**
June 3 – June 17 *MC - SO, 204*
- 480 Sa 9am-12:30pm **Carol Watkins**
July 12 – July 26 *FP - G Tower, 119*

Exclamation Point!

CPR classes with Gail Back
(pages 9 and 10)

"Gail Back gave us so much valuable information. Her willingness to help even after the class is greatly appreciated."

Mike W. – Overland, MO

Finding Purpose and Passion in the Third Chapter

Are you facing the uncharted post-career years and wondering what's next? Many of us in the third chapter of life feel unsettled, restless, and adrift. We believe the years between 50 and 75 can be some of the best, but don't know how to make sense of the changes we're facing. If you are looking for new meaning in work and life, this powerful interactive learning experience will teach you how to tap into the power of purpose. Whether you're seeking an encore career, looking for enlivening volunteer work, or reinventing your sense of identity, knowing your purpose will guide you to increased vitality, creativity, and fulfillment

CPDV:730 | \$65

- 680 Sa 9am-4pm **Carol Watkins**
June 28 *MC - SO, 109*

Nonprofit Essentials

Establishing and Running a Nonprofit Organization: Part I

This popular seminar provides an overview of the legal basics for establishing and running a nonprofit organization. Presented by Amy Hereford, an attorney and entrepreneur who speaks from her experience in working with nonprofit start-ups. Class includes practical tips, useful resources including the Nonprofit Tax-exempt Corporation Workbook, an e-book (PDF) that presents the process of establishing a nonprofit in a step-by-step format with ample space for notes, charts for gathering necessary information and tables for developing time-lines and assigning responsibilities. An excellent tool for assisting in nonprofit formation, orienting new board members and nonprofit directors.

NPAD:703 | \$29

- 680 Sa 10am-12pm **Amy Hereford**
June 21 *MC - BA, 112*

Establishing and Running a Nonprofit Organization: Part II

This seminar builds on the previous session and provides more information. It will explore the legal requirements of operating a nonprofit business organization, board responsibilities, business law for nonprofits and legal compliance. Newer business models for nonprofits including fiscal sponsorship, nonprofit alliances, nonprofit/for profit joint ventures and other collaborative structures will also be discussed.

NPAD:703 | \$29

- 681 Sa 1pm-3pm **Amy Hereford**
June 21 *MC - BA, 112*

Coming Fall 2014

Central Sterile Processing Technician

Central Sterile Processing Technicians decontaminate, inspect, assemble and sterilize instruments and surgical trays. The technician also manages inventory control, orders and supplies, inspects, maintains and delivers, and retrieves equipment and instruments for the surgery suite, emergency room, and intensive care units. This allows them to ensure the efficient management storage and maintenance of medical devices.

Classes for fall 2014 begin September 22.

Find out more about Central Sterile Processing by registering for one of our FREE Information sessions this summer!

Information Session 1:

Monday, June 23 – 6pm-7pm
FP-G Tower, 121

Information Session 2:

Monday, August 11 – 6pm-7pm
FP-G Tower, 121

Call 314-984-7777 to register for a free information session beginning May 5.

Demand for pharmacy technicians is growing!

Join us for a FREE Pharmacy Technician information session this summer!

This free session is designed to provide information to individuals interested in the Pharmacy Technician Training. The presentation will include an explanation of the pre-requisites, an overview of the training and requirements needed for certification. The **fall 2014 Pharmacy Technician program begins September 8.**

Join us this summer for this free information session offered at the STLCC Corporate College.

The session is free but registration is required.

Call 314-984-7777 for more information.



AHCE:786

Section CO1
Tuesday, May 13
6pm-7pm
Corp. College, 209

Section CO2
Tuesday, June 10
6pm-7pm
Corp. College, 209

Section CO3
Tuesday, July 8
6pm-7pm
Corp. College, 209

stlcc.edu/pharm-tech

CAREER STUDIES

NURSING AND ALLIED HEALTH

ACLS Provider

Class will be held on 6/21 and 6/22. This American Heart Association course is designed to review, organize and prioritize the skills and didactic information needed to handle a cardiac arrest, events leading to a cardiac arrest and events that follow a cardiac arrest. Please note that written and practical skills (hands-on manikin simulation) evaluation and testing are required for course completion. Upon successful completion each participant will receive an ACLS course completion card in approximately two weeks. Intended audience: Personnel staffing emergency, intensive care or critical care departments, emergency medical providers such as physicians, nurses, emergency medical technicians, paramedics, respiratory therapists, and other professionals who may have a need to respond to a cardiovascular emergency. Materials will be mailed prior to the program for extensive self-paced pre-course preparation. Access to a computer will be necessary for pre-course work. Registration three weeks prior to course start date is required to ensure arrival of pre course material. Due to the nature of the program, you must arrive on time. No admittance after stated start time.

ACLS:701 | \$270

480 SaSu 8am-5pm
June 21 – June 22

FP - G Tower, 121

New Medical Terminology for Nursing and Allied Health Occupations

This course is held 6/24 - 7/17. Medical terms and language are complex and not often easily understood. Nursing and allied health textbooks are filled with many words that have been derived from the combination of word forms from Latin suffixes and prefixes. Attend this course for a "jumpstart" to learn the meaning of these complex words and to gain the "extra edge" when reading textbooks filled with medical language. Refund/withdrawal deadline date: 6/17. No refunds after that date.

NURS:708 | \$79

6D1 TuTh 6pm-8pm
June 24 – July 17

Mary Dorsey
MC - LH, 101

Exclamation Point!

Pharmacy Technician Certification Training (Starting September 8)

"I am looking forward to receiving my certificate from STLCC and MK. AND I have some great news: I was hired for my first pharmacy job and begin in a few weeks. For now, it's back to studying for my PTCB, once again thank you for working with me and providing the opportunity."

Bill C. – St. Louis

HEALTHCARE OCCUPATIONS

EMT Core Curriculum

This course is held Monday, Tuesday and Thursday 5/13-7/24. It meets all the current requirements for Missouri EMT-B license renewal. It includes the assessment and care of the sick and injured, pediatric and geriatric emergencies, childbirth, defibrillation, hazardous material situations and the use of adjunctive EMS equipment. Does not include CPR. Attendance at first class is required. A strict attendance policy is enforced. Course is not for initial EMT-Basic training. Registration deadline before class begins on 5/13. No class 5/26.

EMSS:700 | \$270

H50 MTuTh 6pm-10pm
May 13 – July 24

Norman Corley
Harrison Ed Ctr, 200

GENERAL INFORMATION for Nursing and Allied Health Programs



Allied Health Continuing Education of St. Louis Community College offers a wide selection of courses and workshops. Please take a few moments to read the course descriptions. There are new offerings that have been developed in response to requests.

Courses are approved or pending approval for continuing education credit as noted. Approval by another accrediting entity or for professional licensure is the sole responsibility of the participant.

Contact hours will be awarded to participants who attend the entire educational activity if it is a single session; or 80 percent of an activity that meets multiple sessions and completes the education activity evaluation.

St. Louis Community College is an approved provider of continuing nursing education by the Missouri Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

St. Louis Community College believes that all planners, presenters and content experts taking part in continuing nursing education learning activities must adhere to a fair, unbiased and evidence-based approach in presenting content and declare any relationships with commercial organizations. Any real or apparent conflict of interest will be disclosed to participants.

When commercial support is received for a continuing nursing education activity, the planning committee will maintain complete control of speaker selection and content.

St. Louis Community College, the Missouri Nurses Association and the American Nurses Credentialing Center's Commission on Accreditation do not endorse any commercial product which may be on display at an educational activity or may be mentioned during a presentation. Participants will be notified during the educational activity of any product use for a purpose other than that for which it was approved by the Food and Drug Administration.

Allied Health Continuing Education of St. Louis Community College serves as a Community Training Center for the American Heart Association whose mission is to reduce disability and death from cardiovascular disease and stroke and set guidelines for emergency cardiovascular care and training. The American Heart Association strongly promotes knowledge and proficiency in BLS, ACLS and PALS and has developed instructional materials for this purpose.

Use of these materials in an educational course does not represent course sponsorship by the American Heart Association. Any fee charged for a course, except for a portion of the fee needed for American Heart Association course material, does not represent income to the Association.

Clinical and Field Work

Some degree and certificate programs offered by the college require students to obtain clinical or other field experience as part of their course work. Students with criminal convictions or drug use may have difficulty progressing in these programs. **Hospitals and facilities may mandate that a criminal background check and/or drug screening check (at the student's expense) may be conducted prior to placement in a clinical or field setting. Students not passing these checks may be prohibited from participating in the clinical or field experience, thus rendering the student ineligible to satisfactorily meet the course/program requirements.** Students should contact an academic advisor or the program coordinator for further details.



American Heart Association®

AUTHORIZED TRAINING CENTER

Registration begins May 5

Nurse Assistant for Nursing Homes

This training meets requirements of the Missouri Omnibus Nursing Act.

This course provides the required 75 hours of classroom instruction and 100 hours of supervised on-the-job training. Class meets twice a week for 20 sessions; each four hours in length. The 100 hours of on-the-job training are in addition to the scheduled class time.

The course content includes training in basic nursing skills, fire safety, disaster training, nursing home resident safety and rights, the social and psychological problems of nursing home residents, methods of caring for mentally confused residents such as those with Alzheimer's disease and related disorders, food service, personal care, elimination, restorative nursing, infection control and special procedures.

Upon successful completion of the course the student is eligible to take the final examination. A strict attendance policy is enforced throughout this training.

Prerequisite: Family Care Safety Registry Worker Registration letter is required at time of registration. Only original letter will be accepted. Letter cannot be older than six months. Registration obtained online at www.dhss.mo.gov/FCSR/.

Register in person only in Continuing Education at Forest Park G 322/324.

To enroll in this state approved training program the student must be employable in a skilled nursing facility or intermediate care facility in direct resident care. This will be assured by verification with the Family Care Safety Registry Worker Registration, the Missouri state registry for nurse assistants, Employee Disqualification list, Criminal Background Check and Drug Screen. Intermediate or higher proficiency in English is recommended.

NURS:723 | \$699

4D1 TuTh 4:30pm-8:30pm
Ramona Smith
 June 3 - Aug. 7
 FP - G Tower, 121
 Sa 8am-4:30pm
 June 7
 Forest Park - C Tower, 415

Required Nursing Skills Lab: Saturday, 6/7, 8 am - 4:30 pm. Refund/withdrawal deadline: 5/27. No refunds after that date. No class 7/1 and 7/3.



Registration begins May 5

CHILDCARE PROVIDER TRAINING

CHILD CARE CLOCK HOUR TRAINING

Clock Hour Certificates are granted for all CCPR Workshops and seminars. If you have questions or need more information about the CCPR workshops and seminars for Care Providers, call the Caring for Kids Program at 314-513-4391.

Discipline and Guidance of Young Children

How do you redirect a child's behavior? How do you promote positive peer interactions? How do you communicate with young children and build their self esteem? Learn new things to do and say in guiding young children.

CCPR:702 | \$30

680 Sa 9am-1pm
 June 28

Geraldine Jasper
 MC - SO, 108

Outdoor Play Activities and Playground Safety

Make your outdoor play space more than just a place to run off steam. Make it a special learning center that includes a variety of activities and open-ended low-cost materials for children to explore.

CCPR:706 | \$30

580 Sa 9am-1pm
 June 14

Geraldine Jasper
 FV - CDC, 112

Child Care Provider: Heartsaver Pediatric First Aid CPR AED

The Heartsaver Pediatric First Aid CPR/AED course is designed to meet the clock hour requirement for child care workers in Missouri. It teaches child care providers and others to respond to and manage illnesses and injuries in a child or infant in the first few minutes until professional help arrives. It covers the four steps of first aid and first aid skills such as finding the problem, stopping bleeding, bandaging and using an Epinephrine pen, as well as child CPR/AED, infant CPR and modules in adult CPR/AED, child mask, infant mask and Asthma Care Training for Child Care Providers. Registration one week prior to course start date is required. Due to the nature of the course you must arrive on time. No admittance after stated start time. Half Hour Lunch Break- Bring a Sack Lunch

CCPR:711 | \$97

680 Sa 8:30am-4pm
 June 14

MC-CE

580 Sa 8:30am-4pm
 June 26

FV - CDC, 112

Child Abuse: What a Child Caregiver Needs to Know

Learn the important facts about child abuse, neglect, and shaken baby syndrome. Topics include: recognize the signs and symptoms of abuse and neglect, requirements of mandated reporter, process of reporting and investigation, and preventing child abuse through strengthening families.

CCPR:717 | \$15

450 Tu 7pm-9pm
 June 3

Darlene Neil
 FP - G Tower, 119

550 Th 7pm-9pm
 June 12

Darlene Neil
 FV - CDC, 112

Fun with Books: Making a Story Time Bag

Reading to children of all ages forms the basis of early literacy. You will create and take home a story-time bag. All ideas shared use easy-to-find and inexpensive supplies that can be used for a variety of activities to expand your story time.

CCPR:718 | \$15

550 M 7pm-9pm
 June 9

Sally Brooks
 FV - CDC, 112

Communicating with Young Children

Can you talk so children will listen? Do you really listen to children when they talk? Learn ways to improve your communication skills with the children you care for. You'll be surprised how much smoother your day will go!

CCPR:721 | \$15

550 Tu 7pm-9pm
 June 17

Geraldine Jasper
 FV - CDC, 112

450 Th 7pm-9pm
 June 26

Geraldine Jasper
 FP - G Tower, 119

Asking Questions... Encouraging Children's Thinking

Throughout all the learning areas- blocks, dramatic play, books, science and others- encourage critical thinking, creativity, and problem-solving by asking questions. Learn many techniques for asking questions in your everyday activities with children.

CCPR:721 | \$15

451 Th 7pm-9pm
 June 19

Geraldine Jasper
 FP - G Tower, 119

551 Tu 7pm-9pm
 June 24

Geraldine Jasper
 FV - CDC, 112

Language Development- Birth to Age 5

This workshop discusses brain development, the importance of reading to language development, age appropriate books, developmental milestones, and appropriate activities for each milestone. Co-sponsored by St. Louis Learning Disabilities Association.

CCPR:723 | \$15

650 M 7pm-9pm
 June 16

MC - SO, 109

Language Development-Phonological Awareness and Alphabetical Knowledge

Discussion of language development in pre-school years. Provides specific tools to encourage phonological awareness and alphabetical knowledge. Co-sponsored by St. Louis Learning Disabilities Association.

CCPR:723 | \$15

651 M 7pm-9pm
 June 30

MC - SO, 109

Understanding Autism

Characteristics of autism spectrum disorder and how symptoms can affect each child in a unique way will be discussed. You will learn of methods for working with these children and available community resources. Co-sponsored by St. Louis Learning Disabilities Association, Inc.

CCPR:723 | \$15

652 W 7pm-9pm
 June 4

MC - SO, 109

Call 314-984-7777 to register beginning May 5.

Understanding ADHD Attention Deficit Hyperactivity

Characteristics of ADHD and how symptoms can affect each child in unique ways will be discussed. You will learn techniques for coping with behavior and receive resources for additional help. Co-sponsored by St. Louis Learning Disabilities Association, Inc.

CCPR:723 | \$15

653 W 7pm-9pm
June 18 MC - SO, 105

COMMUNICATIONS

Get Paid to Talk: Breaking Into the Voiceover Industry

Have you been told that you have a great voice? Have you always wanted the independence to work from home doing something you love? Learn how to get started in the voiceover industry! This introductory course will include a real-world overview of the industry, including the good, the bad and the ugly parts, from a St. Louis voice artist that has been in the industry for almost 30 years.

PERD:765 | \$39

650	W 6pm-9pm July 23	Troy Duran MC - SW, 105
680	Sa 9am-12pm June 7	Troy Duran MC - SW, 210
682	Sa 9am-12pm July 19	Troy Duran MC - SW, 210

Voiceovers: Making Money with Your Voice

If you enjoyed our introductory course, Get Paid To Talk - Breaking Into the Voiceover Industry, this is your next step! Voiceover professional Troy Duran will guide you through real-life voice training exercises and techniques to help you become a performing professional. You should arrive with a basic understanding of the voiceover business, because this course dives right into the mechanics of reading copy. At the end of the class, you'll also have a basic grasp of capturing your performance using recording software, and be able to take home a copy of your personal session's voiceover! Pre-requisite: Get Paid to Talk - Breaking Into the Voiceover Industry. Bring 1Gb flashdrive.

PERD:765 | \$39

683	Sa 12:30pm-3:30pm July 19	Troy Duran MC - SW, 210
681	Sa 12:30pm-3:30pm June 7	Troy Duran MC - SW, 210



Do you have a voice that can sell anything? Check out the Voiceover industry with our Communications classes.

CPR AND FIRST AID

Heartsaver CPR AED: Adult

The Heartsaver CPR AED Course teaches lay rescuers when to dial 911, how to give CPR, how to use an AED and how to provide relief of choking. The course targets individuals who are expected to respond to cardiovascular emergencies in the workplace and may be used to teach CPR to lay rescuers who are required to obtain a course completion card documenting completion of a CPR course that includes use of an AED for job, regulatory or other requirements. Course is for the learner with limited or no medical training. Registration one week prior to course start date is required. No admittance after stated start time.

CCPR:701 | \$45

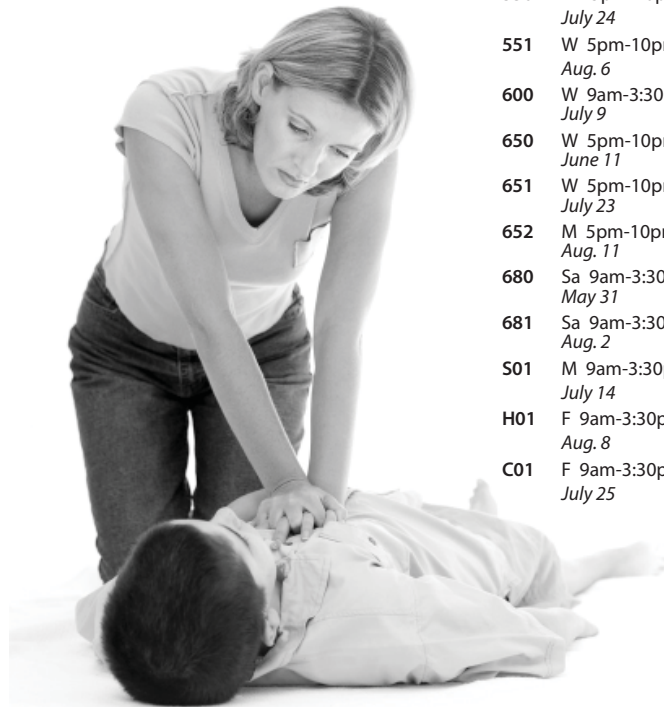
C01	Tu 4pm-6pm June 17	Gordon Back Corp. College, 210
C02	Tu 7pm-9pm June 17	Gordon Back Corp. College, 210
600	W 6pm-8pm July 16	Gail Back MC-CE

Heartsaver First Aid CPR AED

Heartsaver First Aid CPR/AED is a classroom, video-based, instructor-led course that teaches students critical skills needed to respond to and manage a first aid, choking or sudden cardiac arrest emergency in the first few minutes until emergency medical service (EMS) arrives. It is designed to meet OSHA requirements. Students learn skills such as how to treat bleeding, sprains, broken bones, shock and other first aid emergencies. This course also teaches adult CPR and AED use. Written and practical skills (hands-on-manikin simulation) evaluation and testing are required for course completion. Upon successful completion each participant will receive a course completion card in approximately two weeks. Registration one week prior to course start date is required. Due to the nature of the course you must arrive on time. No admittance after stated start time.

CCPR:706 | \$97

680	Sa 8:30am-4:30pm Aug. 23	Gail Back MC-CE
-----	-----------------------------	---------------------------



Healthcare Provider CPR

This American Heart Association course is designed for the healthcare provider. Each participant must obtain an 84 percent or higher on the written evaluation and demonstrate proficiency in all CPR skills. Skills include adult, child and infant CPR, FBAO management of the conscious victim, adult/infant/child two rescuer CPR, mouth-to-mask ventilation and automatic external defibrillation (AED). Written and practical skills (hands-on manikin simulation) evaluation and testing are required for course completion. Students who enroll at least one week in advance and successfully complete the course will receive BLS completion card at the end of the class. No transfers between sessions or refunds given within five business days of class date. Due to the nature of the course, you must arrive on time. No admittance after stated start time. This course meets the STLCC nursing department admission requirements.

CCPR:707 | \$69

300	M 9am-3:30pm June 23	Carol Pikey WW, 102B
400	F 9am-3:30pm July 18	Gordon Back FP - G Tower, 121
350	Tu 5pm-10pm July 22	Carol Pikey WW, 102B
401	W 9am-3:30pm Aug. 13	Carol Pikey FP - G Tower, 121
450	W 5pm-10pm June 18	Gordon Back FP - G Tower, 121
451	W 5pm-10pm July 9	Gordon Back FP - G Tower, 121
452	W 5pm-10pm July 30	Gail Back FP - G Tower, 121
480	Su 9am-3:30pm Aug. 17	Carol Pikey FP - G Tower, 121
500	M 9am-3:30pm June 9	Gordon Back FV - CWI, 136
501	W 9am-3:30pm July 16	Gordon Back FV - CWI, 136
502	F 9am-3:30pm Aug. 15	Gordon Back FV - CWI, 136
550	Th 5pm-10pm July 24	Gordon Back FV - TC, 110
551	W 5pm-10pm Aug. 6	Gordon Back FV - TC, 110
600	W 9am-3:30pm July 9	Gail Back MC-CE
650	W 5pm-10pm June 11	Gail Back MC-CE
651	W 5pm-10pm July 23	Gail Back MC-CE
652	M 5pm-10pm Aug. 11	Gail Back MC-CE
680	Sa 9am-3:30pm May 31	Gail Back MC-CE
681	Sa 9am-3:30pm Aug. 2	Gail Back MC-CE
S01	M 9am-3:30pm July 14	Carol Pikey SCEUC, 213
H01	F 9am-3:30pm Aug. 8	Gordon Back Harrison Ed Ctr, 100
C01	F 9am-3:30pm July 25	Gordon Back Corp. College, 210

CPR Instructor Course

The Instructor Course is designed to prepare American Heart Association (AHA) instructors to disseminate the science, skills and philosophy of resuscitation programs to participants enrolled in AHA courses. The purpose of the AHA BLS/CPR Instructor Course is to provide instructor candidates with the knowledge and skills necessary to reach and teach potential BLS providers. The AHA BLS/CPR Instructor course provides a structured initiation for the instructor candidates and serves as the foundation for their development. It provides instructor candidates the opportunity to develop and refine their presentation skills. Please note there is extensive self-paced course work. Access to a computer will be necessary for this course work. Prerequisite: Current AHA Healthcare Provider CPR status.

CPRR:708 | \$250

400 M 8am-5pm
Aug. 4

Gail Back
FP - G Tower, 121

CPR Instructor Renewal

To successfully complete the American Heart Association CPR Instructor Renewal course, the instructor will demonstrate acceptable provider skills and successful completion of the provider written examination. The renewal course may include an update addressing new course content or methodology and review TC, regional and national ECC information. Prerequisite: The instructor must have taught at least four CPR courses and attended updates as required within the previous two years. The instructor must be monitored while teaching before instructor status expiration.

CPRR:709 | \$65

450 W 6pm-10pm
June 25
451 Tu 6pm-10pm
Aug. 26

Gail Back
FP - G Tower, 121
Gordon Back
FP - G Tower, 121

New Heartsaver Pediatric First Aid CPR AED

The Heartsaver Pediatric First Aid CPR AED course is designed to *meet the regulatory requirements for child care workers in all fifty United States*. It teaches child care providers and others to respond to and manage illnesses and injuries in a child or infant in the first few minutes until professional help arrives. It covers the four steps of first aid and first aid skills such as finding the problem, stopping bleeding, bandaging and using an Epinephrine pen, as well as child CPR AED, infant CPR and optional modules in adult CPR AED, child mask, infant mask and Asthma Care Training for Child Care Providers. Registration one week prior to course start date is required. Due to the nature of the course you must arrive on time. No admittance after stated start time.

CPRR:711 | \$97

680 Sa 8:30am-4pm
June 14
580 Sa 8:30am-4pm
June 28

Carol Pikey
MC-CE
Carol Pikey
FV - CDC, 112

FITNESS TRAINING

ACE Personal Trainer Certification

Ready for a career change? Become a CERTIFIED PERSONAL TRAINER! Designed to give you the knowledge and understanding necessary to prepare for the ACE Personal Trainer Certification Exam and become an effective personal trainer, this course presents the ACE Integrated Fitness Training® (ACE IFT®) Model as a comprehensive system for designing individualized programs based on each client's unique health, fitness, and goals. The information covered and the ACE IFT Model will help you learn how to facilitate rapport, adherence, self-efficacy and behavior change in clients, as well as design programs that help clients to improve posture, movement, flexibility, balance, core function, cardiorespiratory fitness, and muscular endurance and strength. Due to the specialized nature of this class, NO REFUNDS WILL BE ISSUED ONE WEEK PRIOR TO THE CLASS START DATE. STUDENT MUST BE AT LEAST 18 YEARS OF AGE OR HAVE A HIGH SCHOOL DIPLOMA/GED AND HOLD CPR/AED CERTIFICATION BEFORE TAKING EXAM. Fee includes cost of exam, textbook, study guide, and sample test. Additional fee to retake exam. Voucher for exam must be used within 6 months of course start date. Class is not eligible for Senior Scholarship. No refunds after withdrawal date.

PEDU:753 | \$695

6D1 M 5pm-9pm
May 26 - July 28

Eric Vahey
MC - SO, 112
Registration/withdrawal deadline: 5/19

4D1 F 8am-1:30pm
June 13 - Aug. 8

Melissa Baumgartner
FP - A Tower, 325
No class 6/20, 7/4
Registration/withdrawal deadline: 6/5.



Above: Get your ServSafe Certification with STLCC Continuing Education.

Below: Become a Certified Personal Trainer with the ACE Personal Trainer Certification class at STLCC.



RESTAURANT MANAGEMENT



ServSafe Food Safety Certification

St. Louis City and St. Louis County Health Departments require that at least one person within each food service facility be certified in food safety. This nationally recognized class offers this training to individuals who are employed by, manage, or own food service operations in the hospitality industry. The second class concludes with the exam. Fee includes textbook, answer sheet, and proctored exam. Those achieving a grade of 75% or higher on the exam will be awarded a ServSafe certificate. Bring a sack lunch to class.

RMGT:700 | \$169

400 M 8am-3pm
June 2 - June 16
No class 6/9

Almut Stephan Marino
FP - HSP, 221

580 Sa 8am-3pm
June 28 - July 12
No class 7/5

Almut Stephan Marino
FV - B, 243

680 Sa 8am-3pm
Aug. 9 - Aug. 23
No class 8/16

Almut Stephan Marino
MC - SO, 107

ServSafe Food Safety Certification Review and Retest

This class is only for those who were not successful on a recent exam. It is recommended that you study the text before coming to class. An opportunity to ask review questions will be provided before re-attempting the exam. Fee includes answer sheet and proctored exam. Those achieving a grade of 75% or higher on the exam will be awarded the nationally-recognized ServSafe certificate.

RMGT:700 | \$79

401 M 8am-3pm
June 16

Almut Stephan Marino
FP - HSP, 221

581 Sa 8am-3pm
July 12

Almut Stephan Marino
FV - B, 243

681 Sa 8am-3pm
Aug. 23

Almut Stephan Marino
MC - SO, 107

Like us on Facebook



**St. Louis
Community
College
Continuing
Education**

COMPUTERS AND TECHNOLOGY

APPLICATIONS AND SYSTEMS

Personal Computers & Technology - Introduction: In a Day

Learn the basics of using a PC in a day! Do you call yourself "computer illiterate"? Does current technology boggle your mind? Then this class is for you! Build a strong foundation for your computer skills and get familiar with other digital technologies. This course emphasizes hands-on experience using a PC to teach essential concepts and commands and develop user confidence. Basic terms regarding computer hardware, software and current technology are covered, as are basics regarding the use of computers, printers, and drives. It's a class designed for those with little or no computer skills.

COMP:701 | \$99

C81 Sa 9am-4pm
June 7 Corp. College, 208

Microsoft Windows 7: In a Day

Explore Windows 7 and all its user-friendly features in this course. Students learn mouse techniques and examine the desktop interface; including the menu, taskbar, and standard icons. Topics include using computer, managing files and folders, using Help, working with applications, creating shortcuts, customizing the desktop, and exchanging information between applications. Prerequisite: Personal Computers Introduction class or equivalent experience.

COMP:705 | \$99

C01 Sa 9am-4pm
June 14 Corp. College, 208

New Microsoft Windows 8: Introduction

Explore Windows 8 and all its user-friendly features in this course. Topics include using Start Screen, Live tiles, Hot corners, Charm Bar, Sky Drive and many others. Prerequisite: Personal Computers Introduction class or equivalent experience. This course is not for tablets or touch screen and students will use a mouse to navigate. Personal Computers Introduction class or equivalent experience.

COMP:705 | \$109

C02 W 9am-12pm
June 4-June 11 Patti Bossi
Corp. College, 206

Overview of Microsoft Office 2010: In a Day

Learn the basics of MS Office 2010 in one day! In this class you'll touch on the basics of Word, Excel, Access & PowerPoint spending about 1.5 hours on each application. If you need a crash course or a basic understanding of the applications in Office 2010 then this class is for you! Prerequisite: Windows Introduction class or equivalent experience.

COMP:713 | \$89

680 Sa 9am-4pm
June 21 Corp. College, 206

Microsoft Word 2010: In a Day

Learn the basics of MS Word in one day! You'll create and save documents; enter and edit text; learn to indent, set tabs, and enhance documents; make block moves, deletes, and copies; use spell checker; find and replace text; use shortcut keys; and print. Prerequisite: Windows Introduction class or equivalent experience.

COMP:715 | \$99

C02 Sa 9am-4pm
June 28 Corp. College, 206
S01 F 9am-4pm
July 18 SCEUC, 207

Microsoft Word 2010 Basics for Business

Learn to create professional looking documents using this powerful word processing software. Discover how editing and formatting tools are at your fingertips as you work with the toolbar ribbon. Leave with the skills to create a document, format, change styles and fonts, cut/paste, import text, and edit a document with confidence.

COMP:715 | \$129

C01 F 9am-4pm
May 30 Cris Heffernan
Corp. College, 208

Microsoft Excel 2010: In a Day

Learn the basics of MS Excel in one day! In this introductory course you'll learn how to create spreadsheets for all kinds of applications including accounting, expense analysis, budgeting, etc. Topics include setting up worksheets, labeling, entering values, editing cells, copying, saving, and other commands. Prerequisite: Windows Introduction class or equivalent experience.

COMP:720 | \$99

C01 Sa 9am-4pm
July 12 Corp. College, 208
680 Sa 9am-4pm
July 26 MC - BA, 202

Microsoft Excel 2010: Introduction

Create spreadsheets using Microsoft Excel. Learn Excel terminology, to navigate the Excel window, and the basic characteristics of a worksheet and workbook. Enter text values and formulas, move and copy data, format worksheet appearance, and work with charts. Prerequisite: Windows Introduction class or equivalent experience.

COMP:720 | \$109

650 W 6:30pm-9:30pm
May 28 - June 25 Roy Lenox
MC - SW, 202

Introduction to Microsoft Excel 2010 for Business

In this introductory class you will learn the fundamentals of Excel. Topics covered include setting up worksheets, labeling, entering values, editing cells, copying, formatting, and saving. Prerequisite: Windows Introduction class or equivalent experience.

COMP:720 | \$129

C02 F 9am-4pm
June 6 Cris Heffernan
Corp. College, 206

Intermediate Excel 2010 for Business

Build on previous knowledge and further your spreadsheet skills by managing multiple workbooks, creating more complex formulas and functions, enhancing the appearance of your documents, and by creating custom reports with pivot tables and pivot charts. Prerequisite: Microsoft Excel Introduction class or equivalent experience.

COMP:721 | \$129

C01 F 9am-4pm
June 27 Cris Heffernan
Corp. College, 206

Microsoft Excel 2010: Charts, Tables & Lists

Use Excel to manage lists and create charts and tables from your existing data. Sort, filter, and use other database functions in Excel. Present your data in easy to understand graphical format. Learn to create effective charts that clearly and accurately convey the meaning of your data. Add graphics to your spreadsheets and charts for clarification. Prerequisite: Microsoft Excel Introduction class or equivalent experience.

COMP:720 | \$79

651 W 6:30pm-9:30pm
July 9 - July 16 Roy Lenox
MC - SW, 202

Microsoft Access 2010: In a Day

Learn the basics of Access in one day! In this class you'll learn how to plan and design a database system, add, change, and delete information as well as how to create simple reports and how to query the database to find display data. Prerequisite: Windows Introduction class or equivalent experience.

COMP:725 | \$99

C80 Sa 9am-4pm
July 26 Corp. College, 208

Introduction to Microsoft Access 2010 for Business

Learn the foundations to plan and design a database system. Learn to create and work with tables, forms, and reports; use queries; and create and maintain a database. Prerequisite: Windows Introduction class or equivalent experience.

COMP:725 | \$129

C01 F 9am-4pm
July 11 Cris Heffernan
Corp. College, 208

Intermediate Access 2010 for Business

Learn the basics of MS PowerPoint 2007 in a day! This is an introductory course in using PowerPoint to create effective graphic presentations. Learn to use word processing and drawing tools to create and edit text, logos, and artwork. Additional topics include importing clip art, using templates, and rearranging your presentation. Prerequisite: Windows Introduction class or equivalent experience.

COMP:726 | \$129

C01 F 9am-4pm
July 18 Cris Heffernan
Corp. College, 208

Microsoft PowerPoint 2010: In a Day

Learn the basics of MS PowerPoint in one day! This is an introductory course in using PowerPoint to create effective graphic presentations. Learn to use word processing and drawing tools to create and edit text, logos, and artwork. Additional topics include importing clip art, using templates, and rearranging your presentation. Prerequisite: Windows Introduction class or equivalent experience.

COMP:730 | \$99

C01 Th 9am-4pm
June 26 Corp. College, 208

Exclamation Point!

"I have enjoyed taking Technology courses with Continuing Education. Concepts were explained in a clear, concise manner, and they are well taught by great instructors who always listen and help when asked."

Roberta C. - St. Louis

PROFESSIONAL DEVELOPMENT

QuickBooks

This class introduces students to QuickBooks, an easy to use, complete accounting system for small businesses. Students will create a company and use QuickBooks to maintain financial records. Topics to be covered include: setting up customer and vendor lists, entering sales and invoices, receiving payments, making deposits, handling expenses and bills, working with bank accounts, analyzing financial data, handling sales tax, and managing inventory. Prerequisite: Windows Introduction class or equivalent experience. No class 7/2.

COMP:734 | \$115

550 W 6:30pm-9:30pm
June 18 – July 23

Mike Woodruff
SCEUC, 209

DESKTOP PUBLISHING

Adobe Photoshop CS6: In a Day

Learn the Basics of Adobe Photoshop CS6 in a day! You will learn how to manipulate digital images from a digital camera, previously scanned images, or internet graphics. Concepts covered include Selection Tools, Paintbrush Tools, Layers and Masking. Students will work hands-on with a wide variety of images. Prerequisite: Windows Introduction class or equivalent experience.

COMP:755 | \$99

600 F 9am-4pm
June 13

Francis Zych
MC - BA, 203

C01 W 9am-4pm
July 16

Francis Zych
Corp. College, 206

Adobe Photoshop CS6: Intermediate

Adobe Photoshop CS6 Intermediate covers advanced techniques of the concepts learned in the introductory class, along with Channels, Sharpening, Actions, Advanced Filters, Color control, and Basic Web Graphics Creation. Students will work hands-on with a wide variety of images. Prerequisite: Adobe Photoshop Introduction class.

COMP:755 | \$115

681 Tu 6pm-9pm
July 1 – July 22

Francis Zych
Corp. College, 206

Adobe Photoshop CS6: Introduction

This course, utilizing Adobe Photoshop CS6 software, shows students how to manipulate digital images from a digital camera, previously scanned images, or internet graphics. Concepts covered include Selection Tools, Paintbrush Tools, Layers and Masking. Students will work hands-on with a wide variety of images. Prerequisite: Windows Introduction class or equivalent experience.

COMP:755 | \$99

C50 Tu 6pm-9pm
June 3 – June 24

Francis Zych
Corp. College, 206

MOBILE BASICS

Learn the Basics of an iPhone

Did you finally break down and purchase an iPhone only to discover that you can barely use it? Come to this class to learn the basics and functionality of an iPhone. Please note universal functions of the iPhone platform will be taught and that specific "apps" may vary from phone to phone. Students must bring their own iPhone to the class. This class will only discuss the Apple iPhone. Other smart phone devices will not be covered.

COMP:765 | \$25

681 Su 12pm-3pm
July 20

Jeffrey Morgan
MC - BA, 212

680 Sa 9am-12pm
June 21

Jeffrey Morgan
MC - BA, 212

Android Smart Phone Basics

Did you finally break down and purchase an Android smart phone only to discover that you can barely use it? Come to this class to learn the basics and functionality of an Android smart phone. Please note universal functions of the Android Operating system will be taught and that specific "apps" may vary from phone to phone. Students must bring their own Android phone to the class. This class will only discuss Android phones. Other smart phone devices will not be covered.

COMP:765 | \$25

580 Sa 9am-12pm
June 21

Robert Lewis
FV - B, 127

PERSONAL COMPUTING

Introduction to Craigslist

Craigslist is a fantastic website and provides a wonderful community service to cities all over the United States. This site is about more than just buying and selling. Come find out what all of the hype is about! Prerequisite: Windows Introduction class or equivalent experience.

COMP:742 | \$25

650 Tu 6pm-9pm
June 24

Rachel Bufalo
SCEUC, 206

Introduction to eBay: Buying and Selling

Come join the millions buying and selling on eBay. This hands-on course will teach you: to choose a Userid, to search for items, to bid, win auctions, to sell items-including fees, to add a picture, to complete a sale, ship and what to do if an item doesn't sell. Look at other eBay issues: safety measures, feedback, what to do if you receive "spam" from eBay use and keeping updated on changes. Prerequisite: Windows Introduction class or equivalent experience.

COMP:742 | \$39

S52 Th 6:30pm-9pm
June 19 – June 26

William Bearden
SCEUC, 206

Exclamation Point!

"STLCC Continuing Education was a great choice for me. I improved my job skills, giving me the potential for advancement and I did it at my convenience."

Fernando D. – Mehlville

Like us on Facebook



St. Louis
Community
College
Continuing
Education

SOCIAL NETWORKS

Facebook for Business

Facebook is proving to be a powerhouse tool for small and large businesses everywhere. Come to this class to learn how to utilize Facebook to grow and promote your business. This class will not cover the functionality of Facebook for personal use and students should already have a basic knowledge of Facebook prior to class. Prerequisite: Windows Introduction class or equivalent experience.

COMP:742 | \$29

C01 F 9am-12pm
June 13

Rachel Bufalo
Corp. College, 208

550 Tu 6pm-9pm
July 15

Rachel Bufalo
SCEUC, 206

Facebook

Facebook has over one billion users! That means one out of every seven people in the WORLD are on Facebook! In a few more years communicating on this social networking site will be as second nature to you as email. Don't get left in the dust. Come and learn how to navigate this fun and exciting site! Prerequisite: Windows Introduction class or equivalent experience.

COMP:742 | \$25

651 Tu 6pm-9pm
June 3

Rachel Bufalo
SCEUC, 206

350 W 6pm-9pm
July 9

Erin De Vore
WW, 207

TECH SAVVY FRIDAYS

Tech Savvy: iPads & Tablets

Touch screen technology is everywhere these days. Come to this class to learn about all of the latest touchscreen devices and some of the differences.

COMP:765 | \$19

S01 F 9am-11am
June 6

Patti Bossi
SCEUC, 206

Tech Savvy Fridays: Creating Folders and File Management

One of the trickiest concepts for new computer users to master is folders. Come to this work-shop and learn how to create them, how to use them, but best of all, where to find them! This two hour class will help you de-clutter your files and folders. Prerequisite: Windows Introduction class or equivalent experience. Class will be using Windows 7.

COMP:765 | \$19

S02 F 9am-11am
June 13

Patti Bossi
SCEUC, 206

Tech Savvy Fridays: Flash Drives

Some call it a thumb drive, a memory stick, a jump drive, a USB drive, etc. Regardless of what you call it, Flash Drives have become the most widely used device in portable data storage. Come find out how to use and love this cool little gadget. Class includes your very own flash drive to use in the class and keep. Prerequisite: Windows Introduction class or equivalent experience. Fee includes a flash drive.

COMP:765 | \$24

S03 F 9am-11am
July 11

Patti Bossi
SCEUC, 206

Tech Savvy Fridays: What is The Cloud?

The "cloud" is the latest technological "term" being thrown around that you don't have any idea what it means. Come to this class to find out.

COMP:765 | \$19

S04 F 9am-11am
July 18

Patti Bossi
SCEUC, 206

WEB DEVELOPMENT

Optimizing WordPress for Your Business

Take your basic WordPress site to the next level! Learn more advanced techniques such as template optimization, site customization and search engine optimization. Prerequisite: Windows Introduction class and Create Your Own Website with WordPress or equivalent experience. This class will move at a fast pace. Students must already have a generic email account through gmail, yahoo or hotmail and know this email address and password when coming to class.

COMP:745 | \$39

C02 F 9am-12pm
July 11

Jerry Bearden
Corp. College, 206

Create Your Own Website with WordPress

Anyone can learn how to create their own website in just a few hours using WordPress, the most popular website creator tool on the Internet. WordPress is used by almost 15% of the top 1 million websites and, as of August 2011, powers 22% of all new websites. Whether you are just a beginner using graphically based templates or want to get down into the nitty-gritty code, WordPress is your answer and it's FREE and you don't have to be a techie! DIY with your creativity and WordPress. Walk away from this class with a basic website and the skills to go as far as you want. The sky's the limit! Prerequisite: Windows Introduction class or equivalent experience and Basic Introduction to WordPress or equivalent experience. This class will move at a fast pace. Students must already have a generic email account through gmail, yahoo or hotmail and know this email address and password when coming to class.

COMP:745 | \$99

C01 F 9am-4pm
June 6

Jerry Bearden
Corp. College, 208

Ease into WordPress

Anyone can learn how to create their own website in just a few hours using WordPress, the most popular website creator tool on the Internet. WordPress is used by almost 15% of the top 1 million websites and, as of August 2011, powers 22% of all new websites. Whether you are just a beginner using graphically based templates or want to get down into the nitty-gritty code, WordPress is your answer and it's FREE and you don't have to be a techie! DIY with your creativity and WordPress. Walk away from this class with a basic website and the skills to go as far as you want. The sky's the limit! Prerequisite: Windows Introduction class or equivalent experience. This class will move at a slow pace. Students must already have a generic email account through gmail, yahoo or hotmail and know this email address and password when coming to class.

COMP:745 | \$109

350 Th 6pm-9pm
June 19 - July 3

Jerry Bearden
WW, 206

**Best In-Class Experience For Your Next Business Event
Meeting and Event Services at the Corporate College**

The Corporate College, conveniently located at the intersection of I-70 and I-270, offers a best in class experience for your next business meeting or event. With over 18,000 square feet available, the Corporate College is the perfect venue for:

- Board meetings
- Lectures and symposiums
- Staff retreats
- Conferences
- Public meetings
- Training sessions

Corporate College's meeting and event services include:

- All inclusive pricing covering standard room set-up, audio-visual equipment and support
- Reception area and staff for conference needs
- Free on-site parking
- Free high speed wi-fi
- Available catering services
- Outstanding customer service



Come See for yourself! Call 314-539-5360 to book your next event or schedule a tour of the facility. Visit STLCC.edu/CorporateCollege to view spaces and for current rental rates.

3221 McKelvey Road • Bridgeton, MO 63044

Exclamation Points!

"The instructors with Continuing Education are absolutely wonderful and I can't tell you how grateful I am to have had such a terrific experience with STLCC. I would not hesitate to recommend their classes to anyone I know and I will be back to ask for more training myself, from time to time. Again, thank you."

Linda P. – Maryland Heights

"The training I obtained with STLCC Continuing Education has really paid off. Your staff, instructors, and facilities were very nice and everyone I worked with was very accommodating. If I have the chance to take more classes, I most certainly will pursue it."

Rena S. – Crestwood

Registration begins May 5.

No place like home.

Take ed2go courses from the comfort of your home or office at the times that are most convenient for you.

We offer you hundreds of engaging online courses for adults, covering every topic from SAT Test Preparation to Web Design.

Each ed2go course comes equipped with a patient and caring instructor, lively discussions with your fellow students, and plenty of practical information that you can put to immediate use.



Digital Media Professional Workshops

Call 314-984-7019 with questions.

Adobe Photoshop CS6 for Professionals-The First Step

This workshop introduces practical methods for working with the software. Carefully crafted tutorials provide an overview and reinforce the student's understanding of Photoshop tools, including Layers, Making Selections, Masking, Basic Color, the Type Tool, Extraction Filter, Image Resolution, and the conversion from RGB to Grayscale. Image repairs with the Healing Patch and Clone Stamp will be explored. The ability to create unique fictional images without a camera or scanner will be introduced. Lots of discussion and guided demonstrations by a Photoshop expert will encourage class participation in an atmosphere of mutual support.

CVTW:701 | \$139

600 F 8:30am-4:30pm
July 11

Zak Zych
MC - HE, 233

Adobe Photoshop CS6 for Professionals - the Next Step

This workshop presents essential techniques for graphic designers, photographers and digital artists who are already regular users of Photoshop. This level of instruction will demonstrate precise selections using the pen tool and compositing two images together based on displacement maps. You will explore the brush engine, typography, filters, channels, advanced masking and the new vanishing point tool. Be prepared for an intensive hands-on learning experience that will assist you in expanding creativity.

CVTW:701 | \$139

601 F 8:30am-4:30pm
July 18

Zak Zych
MC - HE, 233

Introduction to Adobe Photoshop Lightroom 5

This workshop introduces the basics of Lightroom 5. A powerful and comprehensive set of digital photography tools that enables you to organize and bring out the best in your images, achieving amazing image quality. Lightroom 5 is designed as an end-to-end photographic workflow process for both amateur and professional photographers.

CVTW:701 | \$139

602 F 8:30am-4:30pm
Aug. 1

Charles LaGarce
MC - HE, 233

Adobe Photoshop Lightroom 5: Special Development Techniques for Professionals

This workshop will cover image development techniques focusing on output. You will learn eye-catching techniques for the presentation of your work. You will learn how to create a photobook, slideshow and how to best prepare an image for print, as well as, how to achieve amazing image quality. Lightroom 5 is designed as an end-to-end photographic workflow process, geared especially for professional photographers.

CVTW:701 | \$139

603 F 8:30am-4:30pm
Aug. 15

Charles LaGarce
MC - HE, 233

Adobe InDesign CS6 for Professionals-the First Step

Enhance your graphic design skills and productivity with InDesign. Learn how to import illustrations and photos and set type correctly for flyers, brochures, and other basic applications. Learn how to convert Quark documents into Adobe InDesign documents. Learn key commands and other great tips for making easy work of your layouts.

CVTW:702 | \$139

680 Sa 8:30am-4:30pm
May 31

D Tjaden
MC - HE, 233

Adobe InDesign CS6 for Professionals-the Next Step

Don't know the best way to set up your brochure or multi-page document? Learn how to optimize your page set up for better productivity. Modern typesetting techniques, including examples from the top magazines, show you how to make your document look great. Introduction to style sheets allows you to keep your work looking consistent and professional.

CVTW:702 | \$139

681 Sa 8:30am-4:30pm
July 19

D Tjaden
MC - HE, 233

Adobe Illustrator Certification Series

Illustrator is a leading graphic creation application, popular among graphic designers, illustrators, and photographers. Illustrator's numerous features work together to provide a comprehensive toolset for you, the design professional. This course delves into basic features of Illustrator so that the student can navigate the environment and use Illustrator tools to work with photographic images, along with some of the more advanced image creation and editing techniques. This series offers you hands-on activities that demonstrate how these techniques can be used in combination to create exciting visual effects in preparation for the Official Adobe Illustrator Certification test that will be offered on the third and final day of the series.

CVTW:702 | \$487

682 Sa 8:30am-4:30pm
June 7

D Tjaden
MC - HE, 233

Sa 8:30am-4:30pm

June 21

MC - HE, 233

Sa 8:30am-4:30pm

June 28

MC - HE, 233

Digital Painting for Professionals

Students will learn inventive digital painting and drawing techniques, image tracing and cloning capabilities and virtually unlimited customization options. These tools will give users total freedom for creative expression, as well as enhance graphic quality and streamline the drawing process to increase productivity and profits.

CVTW:703 | \$139

600 F 8:30am-4:30pm
June 20

James Leick
MC - HE, 233

AfterEffects for Professionals: the First Step

Gain understanding and skill in utilizing AfterEffects to create motion graphics. We focus on learning the interface in AfterEffects, putting graphics in motion and rendering finished movie and animation projects. Participants will also explore a workflow between Photoshop and AfterEffects. Be prepared for an intensive hands-on learning experience.

CVTW:704 | \$139

600 Th 8:30am-4:30pm
May 15

Timothy Linder
MC - HE, 233

AfterEffects for Professionals: the Next Step

Now that you know the basics of adding assets and key framing motion in AfterEffects, investigate more advanced techniques. Get a deeper understanding of options in the effects panel and other topics including background keying, motion tracking and the 3-D workspace. Be prepared for an intensive, hands-on learning experience.

CVTW:704 | \$139

601 Th 8:30am-4:30pm
May 29

Timothy Linder
MC - HE, 233

Digital Storytelling Techniques for Professionals

Using Photoshop and iMovie, this workshop will immerse beginners into the art of crafting and capturing a story electronically. From idea generation and basic scripting in the morning, this workshop will allow participants to create a short story in the afternoon. Students should come prepared with a story they want to tell. Bring your own videos and photos to include.

CVTW:706 | \$139

600 F 8:30am-4:30pm
July 25

Anthony Carosella
MC - HE, 233

Final Cut Pro X - Video Editing: the First Step

An introduction to professional video editing for people that have used iMovie or other consumer editing software and want to expand their skills. Learn to import video, arrange clips and transitions. Add titles and trim edits to fine tune your video.

CVTW:706 | \$139

680 Sa 8:30am-4:30pm
June 7

Anthony Carosella
MC - HE, 232

Final Cut Pro X: Video Editing: the Next Step

Learn how to share your projects in one click to your Apple devices, the web, Blu-ray Disc, and DVD. Collaborate in real time from anywhere in the world with support for iChat Theater. Change clip speeds with ease using redesigned speed tools. Enjoy dozens of additional enhancements, including native support for AVC-Intra, streamlined alpha transition creation, improved markers, large timecode window and more.

CVTW:706 | \$139

681 Sa 8:30am-4:30pm
June 14

Anthony Carosella
MC - HE, 232

GoPro Camera for Professionals and Adventurers

Professional photographers and videographers will learn how to use the full range of features offered on the GoPro HD Hero Camera. Focus will be given on learning how to use it as a still camera, a timelapse camera, and as an HD video camera capable of filming in difficult conditions. Students will also learn how to edit photos and videos using GoPro's software. Action photographers will learn how to attach the GoPro camera to helmets, bikes, surfboards, ski binding and cars. Be prepared for an intense learning experience.

CVTW:710 | \$139

600 F 8:30am-4:30pm **Anthony Carosella**
May 16 *MC - HE, 233*

Digital Photography for Professionals

Learn your camera controls and how to set them. You will perfect your skills in dealing with varied light sources and wide ranges of light using the techniques available through high dynamic resolution (HDR) software and functions. Learn to apply similar principles to product photography to bring out fine details.

CVTW:710 | \$139

680 Sa 8:30am-4:30pm **Darlene McGee**
June 28 *MC - HE, 233*

Digital Architectural Photography for Professionals

Acclaimed photographer Richard Sprengher will lead a day-long workshop in creating successful photographs of architecture. Methods for approaching composition, exposing for varied lighting conditions and raw image processing will be explored. Some experience with Adobe Photoshop and Lightroom is preferred. A tripod and DSLR are recommended, but not required.

CVTW:710 | \$139

681 Sa 8:30am-4:30pm **Richard Sprengher**
July 26 *MC - HE, 233*

How to Convert Photos to Paintings

This workshop provides a resource for the growing number of professional photographers, web designers, printers, creative directors, production supervisors, artists, advertising executives or publishers to learn how to change photos to paintings.

CVTW:710 | \$139

601 Sa 8:30am-4:30pm **James Leick**
May 31 *MC - HE, 136*

Create, Publish, and Distribute ebooks with Smashwords

In this workshop, students will learn step-by-step instructions that make it easy for anyone to create, publish, and distribute an eBook. Authors will learn how to format their manuscripts so that the completed Microsoft Word files can be uploaded to Smashwords, a self-serve publishing web service. Smashwords will deliver the files into multiple eBook formats for reading on various eBook reading devices. Once published and approved by Smashwords, the books will be available for sale online at a price set by you the author.

CVTW:712 | \$139

600 F 8:30am-4:30pm **Jenny Gibbons**
June 6 *MC - HE, 233*

iPad for Professionals: Business Strategies

The iPad has landed and the business world will never be the same. This intro to iPad workshop will fully explore how Apple's new device will streamline your workflow and increase your profits. Bring your own iPad 2 or one will be provided for you during class.

CVTW:712 | \$139

680 Sa 8:30am-4:30pm **Anthony Carosella**
July 12 *MC - HE, 233*

3-D Printing Workshop for Beginners

Have you ever wished that you had the power to design anything your heart desired and have it magically created out of thin air? Now you can. Learn how to design and print objects using software such as Adobe Illustrator, Google Sketch Up or Blender. Explore how digital design can reveal new ideas and provide fresh inspiration for your future projects. The workshop consists of two parts, an introduction to 3-D design and a demonstration of a MakerBot Replicator 2 printer. Class is suitable for beginners. No code writing or 3-D printing experience required. Knowledge of any other 3-D printing software is helpful, but not required.

CVTW:712 | \$139

681 Sa 8:30am-4:30pm **John Schmitt**
May 31 *MC - HE, 232*

Social Media Marketing for Professionals

This social media workshop will cover the concepts and application of social media marketing and will equip you with skills needed to plan and implement a successful social media marketing strategy. Topics will include the use of email marketing, using social media tools such as Twitter, and blogging, and how to use Facebook to create a fan page and increase traffic to your business page.

CVTW:713 | \$139

600 F 8:30am-4:30pm **Anthony Carosella**
June 27 *MC - HE, 233*

Facebook for Business - Effective Marketing Techniques for Professionals

In this workshop students will be introduced to the basics of how to build a website using Dreamweaver CS6. Students will learn how to setup and use the Site Manager as well as how to use the automated templates to create cascading style sheet (CSS) based layouts and then use those layouts to build a basic web template including copy, image links and the basic design for all of the other pages of your website. This course also covers the basic design principles involved in creating a professionally engaging website.

CVTW:713 | \$139

680 Sa 8:30am-4:30pm **Kevin Ward**
July 19 *MC - HE, 136*

Increase Profits Using Web Analytics for Professionals

In this workshop you will learn about website analytics, work basic assumptions, assumed interest, what a "hit" really means, measuring accuracy and how to apply this information to improve sales and profits.

CVTW:750 | \$139

600 F 8:30am-4:30pm **Kevin Ward**
June 13 *MC - HE, 233*

EZ Websites for Professionals

Learn to create a professional website without costly software. Students will learn how to register a domain name and use free website tools and templates to create and maintain a professional website.

CVTW:750 | \$139

601 F 8:30am-4:30pm **Kevin Ward**
May 30 *MC - HE, 233*

Dreamweaver: Quick Start for Professionals

In this workshop students will learn how to setup and use the Dreamweaver site manager. We will use the automated templates to create cascading style sheet (CSS) based layouts and then use those layouts to build a basic web template including copy, image links, and basic design for all of the other pages of your website. This course also covers basic design principles for the creation of a professionally engaging website.

CVTW:750 | \$139

680 Sa 8:30am-4:30pm **Kevin Ward**
July 12 *MC - HE, 136*

WordPress for Professionals

This workshop offers students new to WordPress a quick start, step-by-step plan for learning what WordPress is all about. We will cover its features, the importance of web typography, what blogging is about, as well as how to use the WordPress online blog system to create and manage personal and professional websites.

CVTW:750 | \$139

681 Sa 8:30am-4:30pm **Kevin Ward**
June 21 *MC - HE, 136*

Gain Valuable Computer Skills for the Workplace
from the comfort of your home!
Visit our site to learn more.
www.ed2go.com/stlcc

No More Film!
Go Digital.
ed2go courses will guide you through the world of Digital Photography!
• Discover the possibilities
• Learn to use photograph enhancement tools
• Explore new tricks and strategies
• Receive expert advice on taking better photographs
www.ed2go.com/stlcc

OSHA

10 Hour OSHA Construction Safety and Health Training Certification

This course meets the required laws for working on public job sites. Led by an OSHA certified trainer the course covers the mandated OSHA topics including OSHA regulations, general health and safety, basic electrical safety, fall protection, ladder and scaffold safety, hand and power tools, material handling, etc. Upon successful completion students will receive the 10 hour OSHA course completion card. Class meets Thursday evening and Saturday.

CONS:736 | \$119

C00 Th 5pm-9pm Patricia Dalton
June 19 Corp. College, 207

Sa 8am-3:30pm
June 21

Corp. College, 207

C01 Th 5pm-9pm Patricia Dalton
July 17 Corp. College, 207

Sa 8am-3:30pm
July 19

Corp. College, 207

10 Hour OSHA General Industry Certification

This 10 hour OSHA course is for supervisors and others with responsibilities for general and employee safety and health responsibilities. Students will be introduced to OSHA policies, procedures, and standards as well as general industry safety and health principles covered in OSHA Act Part 1910. Special emphasis will be placed on areas most hazardous using OSHA standards as a guide. Students will receive an OSHA card after successful completion of the course. Class meets Thursday evening and Saturday.

CONS:736 | \$119

C02 Th 5pm-9pm Patricia Dalton
June 26 Corp. College, 207

Sa 8am-3:30pm
June 28

Corp. College, 207

30 Hour OSHA Construction Health and Safety Certification Completion

This is a 20 hour completion course for those who have completed OSHA 10 Hour Construction Health and Safety Certification within the past six months and wish to pursue the OSHA 30 Hour Certification. Class meets four times - Thursday evenings 7/31 and 8/14 and Saturdays 8/2 and 8/16 from 8:00am until 3:30PM.

CONS:736 | \$239

C30 Th 5pm-9pm Patricia Dalton
July 31 - Aug. 14 Corp. College, 207

Sa 8am-3:30pm
Aug. 2-Aug. 16

Corp. College, 207

Like us on facebook



St. Louis
Community
College
Continuing
Education

EDUCATION AND TEST PREP

Adult Basic Education and English as a Second Language

St. Louis Community College at Meramec offers programs in the following school districts: Affton, Bayless, Kirkwood, Lindbergh, Mehlville, Valley Park and Webster Groves.

Call 314-984-7777 for more information

Please note: Graduates of the STLCC-Meramec AEL program who are also Mehlville School District residents are eligible to receive an honorary degree from Mehlville and participate in their commencement ceremonies at the end of the school year. For more information, contact John DeWalle at dewallej@mehlilleschooldistrict.net or call 314-467-5267.

City of St. Louis Public Schools
314-367-5000

Serving the school districts of St. Louis city, Ferguson-Florissant, Hancock Place, Jennings, Normandy, Riverview Gardens and Wellston

Parkway Schools - 314-415-4940

Serving the school districts of Brentwood, Clayton, Hazelwood, Pattonville, Ladue, Maplewood, Richmond Heights and Parkway

Rockwood Schools - 636-733-2161

Serving the school district of Rockwood

Ritenour Schools - 314-426-7900

Serving the school district of Ritenour

University City Schools - 314-290-4052

Serving the school district of University City .

Visit www.uctyaelprogram.org.

ACT Test Preparation

All subjects of the ACT exam are covered. This is a complete review for the ACT exam using materials developed by Cambridge Education services. Text and practice test included - bring a calculator to class.

EDUC:712 | \$169

600	W 9am-12pm	Toshi Floyd
	June 25 - Aug. 6	MC - CS, 119
5W1	Sa 9am-12pm	Toshi Floyd
	July 12 - Aug. 23	FV - B, 124
400	M 9am-12pm	Toshi Floyd
	June 30 - Aug. 11	FP - G Tower, 111

Math Boot Camp - Placement Test Preparation

Math Boot Camp: Placement Test Preparation is a 4 day intensive review that is built around the key topics covered by the Pre-Algebra section of the COMPASS Placement Test. Topics covered include fractions, decimals, percentages, proportions, word problems and more. This intense review is in a workshop format with mini-lectures and Instructor-led discussions on each topic. Individualized practice is available using computer software that determines areas of weakness for each student and provides targeted review problems with step-by-step help. This review is for those who have not yet taken the COMPASS placement test (required for credit Math Courses at STLCC) as well as those who have taken the test and placed into MTH 020 Pre Algebra and feel they could do better with review. A permission to retake the placement test will be provided to those that attend. Over 60 % of previous attendees were able to move up at least one math course after attending the review, saving both time and money.

MATH:715 | \$29

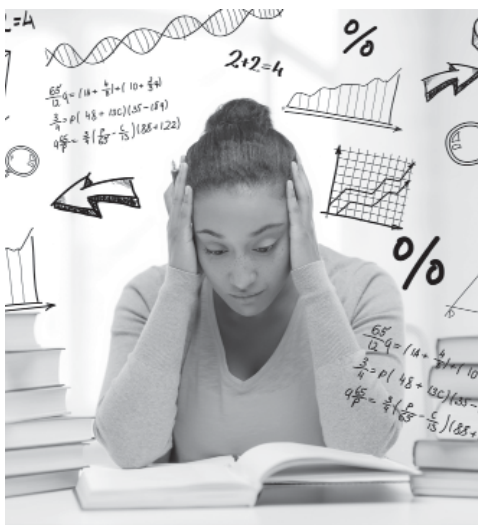
501	M-Th 9am-12pm	John Valley
	July 14 - July 17	FV - B, 120
401	M-Th 9am-12pm	John Valley
	July 28 - July 31	FP - D Tower, 313
601	M-Th 9am-12pm	John Valley
	Aug. 4 - Aug. 7	MC - BA, 203

Math Review for Chemistry Students

Don't let Chemistry get you down! Get a head start on the materials you will need to succeed in Chemistry (CHM:101 or CHM:105). Topics include algebra review, calculator operations, scientific notation, metric system, dimensional analysis, and study skills. Please bring a TI-30, TI-35, or any scientific calculator to class. Over 80% of the students completing this review went on to pass their Chemistry courses with a grade of "C" or higher.

MATH:752 | \$49

600	TuWTh 8:30am-12:30pm	Suzanne Saum
	May 27 - May 29	MC - SO, 111



PERSONAL ENRICHMENT

Just for fun...Just for You!

You'll shine with classes in the arts, green living, home maintenance, crafts, cooking, photography, culinary arts, personal finance and more.



AGELESS LEARNING

SENIOR FITNESS

Line Dancing for Older Adults: Beginning

Come learn fun line dances you can do without a partner. This is a great class if you're single or in a group of friends who want to dance. So put on your dancing shoes and learn the hottest new line dances as well as the all-time classics. Be prepared for lots of fun, cardiovascular exercise, and meeting good friends. No partner required.

SENR:703 | \$49

- M01 F 12:30pm-1:30pm **Gerry & Marlene Strait**
June 6 – July 18 *Afton White-Rodgers, GYM*
No class 7/4
- M02 F 12:30pm-1:30pm **Gerry & Marlene Strait**
July 25 – Aug. 29 *Afton White-Rodgers, GYM*

Line Dancing for Older Adults: Easy Intermediate

Step it up a notch! This class is for those who have mastered the beginning class and want to learn more dances. Come learn fun line dances you can do without a partner. This is a great class if you're single or in a group of friends who want to dance. So put on your dancing shoes and learn the hottest new line dances as well as the all-time classics. Be prepared for lots of fun, cardiovascular exercise, and meeting good friends. Prerequisite: Beginning Line Dancing for Older Adults. No partner required.

SENR:703 | \$49

- M03 F 1:45pm-2:45pm **Gerry & Marlene Strait**
June 6 – July 18 *Afton White-Rodgers, GYM*
No class 7/4
- M04 F 1:45pm-2:45pm **Gerry & Marlene Strait**
July 25 – Aug. 29 *Afton White-Rodgers, GYM*



Look for more Senior classes in the Recreation, Fitness and Wellness section beginning on page 35.

Yoga for Seniors

Open your mind to a new understanding of your body. Gentle, slow-paced combination of stretch and strength work. Introduction to pranayama, breath work and meditation. Great for calming and relieving stress. Bring a yoga mat, towel and water.

SENR:704 | \$79

- M01 Th 10am-11am
June 5 – July 24 *Masterpeace Studios*

SOCIAL SECURITY BENEFITS

Social Security Benefits America: Retirement, How Do You Qualify for Benefits?

How do you qualify for retirement benefits? Learn how to estimate your benefits using the online retirement estimator. You will learn the rules for working and receiving benefits and find out about benefits for family members and Medicare enrollment periods. Registration required. Class offered by the Social Security Administration.

SENR:766

- 300 Tu 1pm-3pm
June 10 *WW, 204*

Social Security Benefits America: Disability, Basic Eligibility and Entitlement Factors

What are disability benefits? Who qualifies for disability benefits? What does it mean to be "insured" for Social Security Benefits? Learn about the process of filing for Disability, what happens once you file your application and how to appeal the decision if necessary. Registration required. Class offered by the Social Security Administration.

SENR:766

- 301 Tu 1pm-3pm
June 24 *WW, 204*

Social Security Benefits America Series: What Every Woman Should Know About Social Security

As a woman, what challenges will you face in the retirement years? Learn about Spousal Benefits, Widow's Benefits and Divorced Spouse's Benefits. Registration required. Class offered by the Social Security Administration.

SENR:766

- 302 Tu 1pm-3pm
July 8 *WW, 204*

Social Security Benefits America: Medicare and Medicare Drug Programs

Are you confused about Medicare? Get your questions answered by a Social Security Representative and a Medicare Expert. In this session you will learn about other health plans and prescription drug companies and find out about Part A, Part B, and Part D of Medicare.

SENR:766

- 303 Tu 1pm-3pm
July 22 *WW, 204*

Social Security Benefits America: Seniors and Caregivers - What You Need to Know

Who can be a Representative Payee? What effects will a move to a Skilled Nursing Facility have on your loved one's Social Security benefits? In this session, you will learn the do's and don'ts of being a Representative Payee, and possible entitlements to other benefits for your loved one. Registration required. Class offered by the Social Security Administration.

SENR:766

- 304 Tu 1pm-3pm
Aug. 5 *WW, 204*

Call 314-984-7777 to register beginning May 5!

CREATIVE ARTS

CRAFTS

Plastic Fusion

Don't go to the fabric store for your next sewing project. Everything you need is in your pantry! Students will learn plastic fusion, the process of applying heat to layers of plastic to make a stronger material that can be used as free fabric for sewing projects. Class is the perfect introduction to Everything But the Thread since the fused plastic you make will be enough material for a sewing project. Bring your sewing machine to this class. Supply list sent.

CRFT:713 | \$29

350 Tu 6:30pm-9pm
June 24

Rebecca Schantz
WW, 227

Everything But the Thread

How would you like to walk away from a class with a sewing project that used all recycled or upcycled materials? Well, Everything But the Thread students will learn how to design and sew functional items from existing materials such as one or more of the following: messenger bag, laptop bag, iPad/tablet sleeve, or cell phone case. Beginners or experts at sewing are welcome, but students must bring their own sewing machine and have knowledge of its use. Supply list sent.

CRFT:713 | \$49

351 Tu 6:30pm-9pm
July 8 - July 15

Rebecca Schantz
WW, 227

Shibori Dyeing for Crafters & Quilters

Shibori dyeing is an ancient technique that literally means "shaped-resist dyeing." The shaping process leaves areas undyed that become patterns when the cloth is dyed. Rather than treating cloth as a two-dimensional flat surface, shibori techniques give it a three dimensional form by folding, crumpling, stitching, plaiting, or plucking and twisting. Further, a cloth may be dyed repeatedly using a different shaping method each time. In this class we will make a total of 6 yards of cotton fabric in shibori patterns. Perfect for stash building or plan your color choices for a special project. We will learn many stitched and folded shibori techniques as well as vat dyeing and dye removal. Supplies included in the cost of the class. Bring ziplock bags, rubber gloves and an old towel to class. Dress to work with dye.

CRFT:718 | \$139

550 W 6pm-9pm
June 18 - July 9

Nicole Ottwell
FV-H, 107

Knit 101: Beginning Techniques for All Seasons

Knitting isn't just for making winter garments and accessories. Use linen, silk and lighter threads and yarns to make projects and garments that will be useful all year round. We will still cover the basics - casting on, increasing and decreasing, finishing, a variety of stitches and more. Get lots of information and tips for future projects as well as help reading patterns. Students may bring unfinished projects. All levels welcome. Supply list sent.

CRFT:720 | \$49

450 W 6:30pm-8:30pm
June 11 - June 25

Thi Miller
FP - G Tower, 115

Knitting: Advanced Project: Baby Surprise Jacket

Join us as we learn to knit the Baby Surprise Jacket. This beloved baby sweater is cleverly designed and has been knitted the world over for many years. The jacket is knit in a single piece with just two seams that run across the shoulders and down the length of the sleeves. It is also incredibly adorable. Knit either a newborn or a six-month-old size. Prerequisites: Ability to cast on, knit, purl, and bind off.

CRFT:722 | \$59

450 W 6:30pm-8:30pm
July 9 - July 30

Thi Miller
FP - G Tower, 115



Crochet 101: Beginning Techniques for All Seasons

Crocheting isn't just for making winter hats. Use linen, silk and lighter threads and yarns to make projects and garments that will be useful all year round. Crochet basic stitches - single, double and triple, learn to decrease and increase. Make a simple piece and get help reading patterns. You may bring your unfinished project. Both beginning and continuing students welcome. Supply list sent.

CRFT:724 | \$49

550 Tu 7pm-9pm
June 10 - June 24

Anne Frese
FV - C, 113

550 W 7pm-9pm
June 11 - June 25

Tammy Smith
SCEUC, 200

450 W 6:30pm-8:30pm
Aug. 6 - Aug. 20

Thi Miller
FP - G Tower, 115

Crochet: The Next Step

Go beyond the basics of crochet with this class. Learn the half-double and treble crochet stitches, how to increase and decrease. Practice reading patterns. After this class, you will be an Intermediate Crocheter! Students may bring their own projects. Prerequisite: Crocheting 101 or equivalent experience. Supply list sent.

CRFT:724 | \$49

551 Th 7pm-9pm
June 12 - June 26

Tammy Smith
SCEUC, 200

550 Tu 7pm-9pm
July 8 - July 22

Anne Frese
FV - C, 113

Knitting allows you to steep yourself in creativity and forget the stress and anxiety of your day. Crafts like knitting engage both your mind and body, causing optimistic feelings about your life and future. Knitters also tend to be more social and outgoing, especially as they interact with others who share their passion. Join us this summer for a stitch or two.

Like us on facebook



St. Louis
Community
College
Continuing
Education



American
Heart
Association

AUTHORIZED
TRAINING
CENTER

St. Louis Community College
American Heart Association Training Center

Open Enrollment classes in:

- Healthcare Provider CPR
- Heartsaver AED
- Heartsaver First Aid CPR/AED
- Pediatric First Aid CPR/AED
- CPR Instructor/Instructor Renewal
- ACLS

Call 314-984-7777 to register.

Customized training
available at your
workplace.

Call 314-644-9931
for more information.



St. Louis
Community
College

stlcc.edu/ce

Crochet a Swimsuit Cover Up

Come for a crochet-a-long to make an intricate pattern to create a beautiful swimsuit cover up. Also learn how to read patterns and use other designs for this pattern. Prerequisite: Crocheting 101 or equivalent experience. Supply list sent.

CRFT:724 | \$49

650 Tu 6:30pm-8:30pm **Carletta Kemp**
June 10 – June 24 MC - CN, 201
552 Th 6:30pm-8:30pm **Carletta Kemp**
June 12 – June 26 FV - C, 104

Crocheted Jewelry with Beading

Let's spruce up your jewelry collection. Come and learn how to make a wonderful beaded bracelet, anklet or choker. This technique will show you how to add beading to collars, pillowcases and anywhere else.

CRFT:724 | \$49

651 Tu 6:30pm-8:30pm **Carletta Kemp**
July 8 – July 22 MC - CN, 201
551 Th 6:30pm-8:30pm **Carletta Kemp**
July 10 – July 24 FV - C, 104

Sassy Stitches: Pillow Case Embroidery

Come and learn traditional embroidery techniques while embroidering a set of bed pillow cases. Perfect for a holiday gift, wedding present, or to keep for yourself. Personalize each case for the sleeper's personality, or make a "HIS/HERS" or "YOURS/MINE" pair. Supplies included in the cost of the class.

CRFT:728 | \$65

550 Th 6pm-9pm **Nicole Ottwell**
June 19 – June 26 FV - SM, 133

Sassy Stitches: Tea Towels

Come and learn some traditional embroidery techniques presented with a new twist. These will not be your grandma's tea towels when we're done with them! Personalize the design to match your own style and taste. Supplies included in the cost of the class.

CRFT:728 | \$65

551 Th 6pm-9pm **Nicole Ottwell**
July 17 – July 24 FV - SM, 133

Hand Painted Bubble Bowl

Paint an 8" bubble bowl - it looks just like a fish bowl but would be perfect to display your summer fruit salads or fresh flowers. You choose the colors and add designs for your own personal touch. Pieces will be fired and may be picked up one week after the class ends at the shop. Fee includes materials and firing. Paints are lead free and food-safe.

CRFT:743 | \$35

M02 W 7pm-9pm **Cathy Cody**
July 9 Painted Zebra - Krkwd

Basic Wire Wrap

No other jewelry class can match this quick, easy way to wire wrap! Get tons of tips and tricks on how to apply hammered wire to stone and to work with metal. Fee includes use of necessary tools. Supplies for project must be purchased from DEEsigs. Supplies are extra and will cost approximately \$25. Photos of similar projects are available at the Meramec Continuing Education office. Students may bring safety and magnifying glasses for personal use.

CRFT:753 | \$45

MD1 Th 6pm-9pm **DEEsigs Studio**
June 19
MD2 Sa 9:30am-12:30pm **DEEsigs Studio**
June 28

Advanced Wire Wrap

Get tons of tips and tricks on applying hammered wire to stone and working with metal. Fun and unique class for unusual designs. Fee includes use of necessary tools. Supplies for project must be purchased from DEEsigs. Supplies are extra and will cost approximately \$25. Photos of similar projects are available at the Meramec Continuing Education office. Students may bring safety and magnifying glasses for personal use. Prerequisite: Basic Wire Wrap class.

CRFT:753 | \$45

MD4 Sa 9:30am-12:30pm **DEEsigs Studio**
July 26

Basic Stamping on Metal

Learn to stamp on sterling silver wire, sheet, discs, and more for different applications. Other skills covered in this class are doming, forging, piercing, and filing. Try pendants, charms, a bracelet, necklace, or earrings. Prerequisite: Basic Wire Wrap class. Fee includes use of necessary tools. Supplies for project must be purchased from DEEsigs. Supplies are an extra cost of approximately \$25. Photos of similar projects are on view at the Meramec CE office. Students may bring safety and magnifying glasses for personal use.

CRFT:753 | \$45

MD3 Sa 9:30am-12:30pm **DEEsigs Studio**
July 12

Exclamation Point!

"Carletta Kemp was very good with beginners. She would stop at each desk and take time to watch us, then tell us what we needed to do to get our instructions right. She was also good at helping us with other projects already started, to get them finished."

Cassie – St. Louis

Check out Carletta's other crochet classes on this page.

Basic Metalsmithing Techniques

Learn the fundamentals and basic techniques of moving metal. Basic skills such as sinking, stretching, making cones and spiculums and riveting will be taught in order to make two finished pieces, a bowl and a spoon. This is a beginning level class, no prior knowledge is necessary. Students who have some experience in metal forming will be able to learn and expand on more advanced projects. Tools and metal are supplied in a class fee. No class 6/7.

CRFT:753 | \$135

680 Sa 9am-12pm **Leia Zumbro**
May 31 – June 28 MC - HE, 131

Stamp A Stack (with a Punch)

Punch art that is. We will use the oval punch, heart punch, circle punches and a few more punches to create five handmade all occasion cards. The instructor will demonstrate how to use an oval punch to create a flower, mouse and other fun shapes. Fun, fun, fun - using many punches, stamps and embellishments to create a total of five beautiful cards. LAST DAY TO ENROLL OR WITHDRAW FROM THIS CLASS IS 7/11.

CRFT:762 | \$39

4D1 Sa 9am-12pm **Patti Bossi**
July 19 MC - CE

Stamping Birthday Bash

Everybody you know has a birthday, right? Come stamp with us to create a variety of projects to celebrate birthdays! We'll be making 2 birthday cards, 2 gift tags, a gift card holder and decorate a small gift bag. All you need to bring is scissors and adhesive we will supply the rest. LAST DAY TO ENROLL OR WITHDRAW FROM THIS CLASS IS 6/20.

CRFT:762 | \$41

4D2 Sa 9am-12pm **Patti Bossi**
June 28 MC - CE

Silk Scarf Dyeing

Come and get a bit messy while hand-dyeing beautiful scarves. We will use quick techniques to bring color to silk and have fun doing it. You will leave with two beautiful scarves that will look amazing for years to come. Supplies included in the cost of the class. Come dressed to work with dyes. Bring rubber gloves, and old towel and ziplock bags to take home scarves.

CRFT:765 | \$49

552 W 6pm-9pm **Nicole Ottwell**
June 11 FV - SM, 249
550 Tu 6pm-9pm **Nicole Ottwell**
June 17 FV - SM, 249



Join Continuing Education this summer. We've got exciting craft classes for you to explore, create and learn!

PERSONAL ENRICHMENT

Bookmaking & Bookbinding

Practice the slow art of creating your own books. In this class we will make 4 kinds of hardcover books. Bookmaking is the creative way to personalize your own sketchbook, journals, guest books or scrapbooks. Make a special gift for the holidays or take them all home for yourself. We will learn to stitch the pages, cover the books, and glue everything together for a completed book. Supplies included in the cost of the class.

CRFT:765 | \$139

551 Tu 6pm-9pm
July 8 - July 29

Nicole Ottwell
FV - E, 154

Authentic Soapmaking

Come and learn the art of soapmaking! This is a fascinating ancient craft that you will enjoy for years to come. In this hands-on class, we will use a blend of moisturizing oils and sodium hydroxide (lye) to create handcrafted soaps. You will learn about herbs and botanicals to use in your soapmaking. You will scent your soap with essential or fragrance oils. This class is a demonstration and hands-on class, dress appropriately. Please bring a pair of rubber gloves or latex gloves and an apron to protect your clothing.

CRFT:765 | \$45

680 Sa 9:30am-11:30am
June 14

Kathleen Behrmann
MC - SW, 102

650 Tu 6:30pm-8:30pm
July 15

Kathleen Behrmann
MC - SW, 102

Authentic Soapmaking: The Next Step: Color and Scents

Take your soapmaking skills to the next step with coloring and scenting your product. We will blend colorants to make beautiful soaps. You will learn how to create many different designs including layers and swirls. You will learn how to scent your soaps using fragrances and essential oils. You will also explore the advantages of various additives. Prerequisite: Authentic Soapmaking or equivalent experience. This class is not for beginners with no experience making soap.

CRFT:765 | \$45

681 Sa 9:30am-11:30am
Aug. 2

Kathleen Behrmann
MC - SW, 102

Hypertufa Planter Workshop

Students will learn the basic steps for making modern, lightweight concrete planters known as hypertufa. We will create a series of pots for indoor or outdoor use. Pots made in class will be small, but the technique can easily be expanded to create large planters or sculptures for the garden. Please bring your own plastic containers to use as molds. Instructor will supply all materials needed for each student to make three to five vessels.

CRFT:765 | \$45

682 Sa 1pm-3pm
June 14

MC - SS, 107

DIY Green Cleaning Products for Your Home

In this workshop, students will use simple DIY formulas to make effective, healthy, and environmentally sustainable cleaning products that will save you tons of money and have your house sparkling clean while smelling terrific. Recipes include laundry soap, surface cleaner, clothing freshener/de-wrinkler, wood polish, and a window cleaner. Instructor supplies all materials and packaging for you to take your products home.

CRFT:765 | \$45

651 W 6pm-9pm
July 9

MC - SS, 107

CULINARY ARTS

German Pastries

German pastries are individual-sized baked goods. They're perfect for when a whole cake is too much or you'd like to have a variety of choices on hand for your guests. In this class, we'll be making cream puffs (which can be filled with sweet or savory fillings), Danube Waves cake, Bee Sting cake (with almonds and honey), and traditional apple strudel. Class is part demonstration with some hands-on. Park on Hartford or Hampton. Flagpole in front.

FOOD:705 | \$39

P01 Tu 6:30pm-9:30pm
June 17

Debra Hennen
Cul. Arts House

Amish Sweets & Treats

Authentic Amish recipes from Pennsylvania Dutch country. These wholesome pies, cakes and breads have the old-fashioned taste of Amish tradition, but we'll show you some kitchen shortcuts that will make the recipes as easy as they are delicious. We'll make Shoofly Pie, soft molasses cookies, Lemon Sponge Pie, Pennsylvania Peaches 'n Cream Cheese Crustle, Amish Boiled Cookies, and a fruit-filled coffee cake. Come watch, help, and sample these delightful treats! Class is part demonstration with some hands-on. Park on Hartford or Hampton. Flagpole in front.

FOOD:705 | \$39

P02 Tu 6:30pm-9:30pm
July 15

Debra Hennen
Cul. Arts House

Ice Cream and Frozen Desserts You Can Make at Home

Come watch and learn how to make perfect summer desserts: cool, refreshing, and full of flavor. Escape the summer heat with delicious frozen desserts including ice cream, sorbet, granita, and more (time permitting). Some are machine-churned, some are not. We'll show you application ideas with bases and flavorings for maximum variety. Sit, watch, and sample; then go home with our recipes and make them yourself! Park on Hartford or Hampton. Flagpole in front.

FOOD:712 | \$39

P01 Tu 6:30pm-9:30pm
June 24

Mary Autrey
Cul. Arts House

Edible Fruit Bouquets

You can use seasonal fruits to create a beautiful and edible "floral"-like arrangement to grace your table or as a unique and distinctive gift. Everyday kitchen tools are used to create this centerpiece. You'll be able to re-create this at home again and again with a variety of favorite fruits for your own special occasions! Class is hands-on. Park on Hartford or Hampton. Flagpole in front.

FOOD:712 | \$39

P02 Tu 6:30pm-9:30pm
July 1

Debra Hennen
Cul. Arts House



Make a beautiful fruit bouquet for your friends and family to enjoy!

Down on the Farm: Cooking with Lavender

Come on out to the farm to experience and enjoy how lavender can subtly enhance the flavor of beverages, desserts, and savory foods. Discover how you can use varieties of lavender as a culinary herb in your own kitchen. Food presentation and sampling will be held in the old red barn, lakeside (fans but no air conditioning - dress appropriately for the season). Tour the blooming lavender fields, weather permitting (wear walking shoes); expect full sun and uneven ground. For directions to the lavender farm: www.WindingBrookEstate.com. Registration/withdrawal deadline: 7/11. No refunds after that date.

FOOD:718 | \$29

3D1 Sa 10:30am-12:30pm
July 19

Winding Brook Est.

New Cheese-making at Home - DIY for Beginners

Homemade cheeses are delicious and not that difficult to make. In this day-long workshop, our experienced instructor will demonstrate the steps and explain all the important things you need to know to be successful. In this first class you'll get an understanding of the basics of cheese-making by learning make Neufchâtel, ricotta, yogurt and yogurt cheese, and a lemon yogurt cheesecake. Demonstration with class participation. In addition to tasting them all, you'll get to take home samples along with a simple starter kit for doing it yourself, directions and recipes, and a list of local and online resources for cheese-making supplies. Bring a sack lunch for the noon break. Park on Hartford or Hampton. Flagpole in front.

FOOD:747 | \$65

P01 Sa 9am-3pm
June 7

Lisa Payne
Cul. Arts House

New Cheese-making at Home - DIY (Beyond the Basics)

Homemade cheeses are delicious and not that difficult to make. In this day-long workshop, our experienced instructor will demonstrate the steps and explain all the important things you need to know to be successful. In this class you'll get an understanding of more advanced cheese-making by learning to make Feta, Mozzarella, and Gouda cheeses. Demonstration with class participation. In addition to tasting them all, you'll get to take home samples along with a simple starter kit for doing it yourself, directions and recipes, and a list of local and online resources for cheese-making supplies. It is recommended (but not required) that you take the basic cheese-making class first. Bring a sack lunch for the noon break. Park on Hartford or Hampton. Flagpole in front.

FOOD:747 | \$65

P02 Sa 9am-3pm
June 21

Lisa Payne
Cul. Arts House

So Easy to Preserve: Water Bath Canning Workshop

Preserve the summer's bounty with the skills you'll learn participating in this hands-on class. Our instructor uses only USDA tested recipes. She is a Certified Master Food Preservationist with years of experience in home canning and a Missouri State Fair Blue Ribbon Winner. Spend the morning helping to make: Spiced Strawberry Jam, Spiced Apples Slices, Peach Apple Salsa, Sweet Pickle Relish, and Peach Chutney, just to name a few. Take home finished jars of your favorites. You won't find this quality anywhere but made at home with locally grown produce (you'll never eat store bought again!). You can do it!

FOOD:754 | \$39

580 Sa 9:30am-1:30pm
July 12

Eileen Fraser
FV - SM, 1

The Cake Decorating Certificate with Continuing Education

Do you enjoy creating beautiful food? Would you like to develop your talent and pave the way to extra income? If baking is your passion, and you have artistic flair, a Cake Decorating Certificate from STLCC will help you build new skills, focus on your strengths and learn the tricks of the trade that you'll need for a successful future in cake decorating.

Classes may be taken individually or as a part of the Cake Decorating Certificate Program.

Call 314-984-7777 for a copy of the Cake Decorating brochure.

Cake Decorating for Fun or Profit: Beginning

Unleash your creativity with cake decorating! This introductory course includes instruction and practice in the use of basic tools to torte, fill, and ice your cakes. Decorate them with flowers, writing, figure piping and borders to make your cakes creative, casual, elegant or romantic. Join for fun or for the rewards of starting your own business. Supply list sent. This class can be taken by itself or as part of the Cake Decorating Certificate Program. Park on Hartford or Hampton. Flagpole in front.

FOOD:701 | \$59

P01 M 6:30pm-9pm Cynthia Sciaroni
June 9 – June 30 Cul. Arts House

Cake Decorating for Fun or Profit: Beginning & Intermediate

Unleash your creativity with cake decorating! This combined course begins with instruction and practice in the use of basic tools to torte, fill, and ice your cakes. Decorate them with flowers, writing and borders to make your cakes creative, casual, elegant or romantic. Then you'll enhance your artistic skills and creative abilities with the icing rose, run sugar techniques, figure piping, and basket weave. More as time permits. Join for fun or for the rewards of starting your own business. Supplies extra. This class can be taken by itself or as part of the Cake Decorating Certificate Program.

FOOD:701 | \$79

550 Tu 6:30pm-8:30pm Maisam Ghannam
June 3 – July 22 FV - SC, PDR-A

Cake Decorating for Fun or Profit: Intermediate

Enhance your artistic skills and creative abilities in this intermediate level class. Learn the icing rose, run sugar techniques, additional flowers, and basket weave. More as time permits. Basic cake decorating skills required. This class can be taken by itself or as part of the Cake Decorating Certificate Program. Supply list sent. Park on Hartford or Hampton. Flagpole in front.

FOOD:702 | \$59

P01 M 6:30pm-9pm Cynthia Sciaroni
July 7 – July 28 Cul. Arts House

Airbrushing Techniques for Cake Decorating

Airbrushing is a unique technique for creatively adding color to special occasion cakes. Liquid food-safe colors are sprayed through a needle tip with compressed air, giving the cakes a beautiful "painted" look. In this hands-on class you'll get experience using an airbrush like the pro's do it, enabling you to make your creative pictures on cakes. You'll practice using ready-made stencils and learn how to make your own, do shadowing and shading to make things look dimensional, and learn how to layer colors. Equipment is provided for use in class and supplies are included. Airbrushing techniques can take your decorated cakes to the next level, giving them a distinctive, professional finish. This class can be taken by itself or as part of the Cake Decorating Certificate Program. Park on Hartford or Hampton. Flagpole in front.

FOOD:703 | \$59

P01 Su 12pm-5pm Debra Hennen
June 29 Cul. Arts House

Cake Decorating: Contemporary Wedding Cakes

What wedding cake styles are modern brides requesting? Come join us to learn contemporary wedding design including Quilting, the Ombre Effect, Lacy Embossing, Fondant Appliques, and the easiest way to add shimmer to your cakes. You'll also learn about support, transportation, and set up. The first class is informational and a supply list will be given. This class can be taken by itself or as part of the Cake Decorating Certificate Program. Park on Hartford or Hampton. Flagpole in front.

FOOD:704 | \$59

P01 M 6:30pm-9pm Cynthia Sciaroni
Aug. 4 – Aug. 18 Cul. Arts House



So Easy to Preserve: Pressure Canning Workshop

Preserve the summer's bounty with the skills you'll learn participating in this hands-on class. Our instructor uses only USDA tested recipes. She is a Certified Master Food Preservationist with years of experience in home canning and a Missouri State Fair Blue Ribbon Winner. If you are hesitant to "pressure can," let our instructor show you how. We'll pressure-can green beans with oregano, glazed carrots, stewed tomatoes, basic green beans, tomatoes with okra, tomatoes, and more, all designed to help you learn the technique of pressure canning. Take home finished jars of your favorites. By the time you leave you'll be comfortable enough to try it at home, on your own, with summer's abundant, locally grown veggies! You can do it!

FOOD:754 | \$39

581 Sa 9:30am-1:30pm Eileen Fraser
July 26 FV - SM, 129

Couples Cook: 4th of July Celebration

Enjoy this fabulous summertime spread for the two of you that includes delicious recipes for entertaining family and friends with flair and style: Entertain family and friends with these delicious dishes: marinated raspberry vinaigrette pork tenderloin, grilled potato salad with tomatoes & Dijon vinaigrette, grilled chicken burgers with adobo mayonnaise, cranberry apple spinach salad, strawberry cobbler, just to name a few. Our instructor will have an array of recipes of you to prepare and enjoy. Partners only. Fee is per person. Class is hands-on.

FOOD:765 | \$29

580 F 7pm-9:30pm Eileen Fraser
June 20 FV - SM, 129

Couples Cook: Summertime Favorites

The fresh flavors of summer will shine in this class. Bring your partner for a delightful evening of cooking (and eating) what will quickly become delicious summertime favorites. Dishes to be prepared include: blackberry-chipotle sauce pork tenderloin, honey mustard grilled chicken, roasted tomatoes gratin, Italian basil pasta salad, mixed salad greens with lemon Greek vinaigrette, mustard aioli grilled potatoes with herbs, prosciutto wrapped deviled eggs, peach and blackberry cobbler with streusel topping. As always, our instructor will have an array of delicious recipes for everyone to prepare and enjoy! Class is hands-on. Partners only. Fee is per person.

FOOD:765 | \$29

581 F 7pm-9:30pm Eileen Fraser
July 18 FV - SM, 129

Exclamation Point!

Edible Fruit Bouquets was such a fantastic class. Deb Hennen was very organized. She worked with the class well and managed the large group perfectly. The Culinary Arts House was a great place to learn.

Cassie – St. Louis

PERSONAL ENRICHMENT

DANCE

Ballet Tone and Stretch for Beginners

Beginning techniques of classical ballet will be combined with toning and stretching on mat and barre for overall body conditioning. No prior ballet experience required. Leotard, tights, and ballet shoes required. Studio is located behind a kitchen and bath design store.

DANC:701 | \$59

M01 M 7pm-8pm
June 2 – July 7 *Adiva Dance Center*

Ballet: Beginning

This fun class is designed for the student who has never studied ballet before or hasn't taken a recent class. You'll learn to utilize your center/core for strong ballet technique. The fun and exciting movement of ballet is a great way to get into shape, with music and movement that is as good for the soul as it is for the body! Ballet shoes required.

DANC:701 | \$59

M02 Tu 8pm-9pm
June 17 – Aug. 5 *Studio-Brentwood*

Ballet: Intermediate

If you have studied classical ballet consistently, have a good understanding of basic barre work and centre work and are seeking to develop your technique, musicality, and artistry, this is the class for you! You'll refine your technique at the barre, with emphasis on Cecchetti, Royale and Vaganova methods of technique. Centre combinations will be given, including leaps and turns. Ballet shoes and appropriate attire is required.

DANC:702 | \$59

M01 M 8pm-9pm
June 16 – Aug. 4 *Studio-Brentwood*

Tap Dancing: Beginning

Designed for the beginner as well as someone with limited tap experience. Basic tap steps and tap combinations will be taught as well as a tap routine. Develop your sense of movement while practicing basic rhythm tap techniques. A fun way to exercise!

DANC:707 | \$59

M01 M 8pm-9pm
June 2 – July 7 *Adiva Dance Center*

Do not purchase tap shoes until after first class. Studio is located behind a kitchen & bath design store.

M02 Th 8pm-8:45pm
June 19 – Aug. 7 *Studio-Brentwood*

Bring tap shoes to first class. Call the Studio directly for specific purchasing information: 314-968-4881.

Tap Dancing Review

Once you've mastered the basics, take the next steps to advance your dancing technique. Or, if you haven't danced in awhile and would like to get back in step, this review class will get you there. You'll learn and practice new steps and combinations that will make you a more proficient tapper. Previous tap experience and tap shoes required.

DANC:708 | \$59

M01 Tu 6:30pm-7:30pm
June 3 – July 8 *Bonnie Kleyboecker
St. John's Ev. UCC, CAFE*

Slide Dancing for Fun & Fitness: Beginning

Come learn the latest party slide dances in the St Louis area and around the nation. Imagine yourself joining in the fun at parties and social events when the slide dancers take to the floor. After taking this class you will be able to do just that! Explicit instructions will make slide dancing easy to learn. Slide dancing is a fun way to exercise, reduce stress, and enjoy friendships. Class meets in the Emerson Center Lobby. No class 7/5.

DANC:734 | \$59

580 Sa 10am-11:30am
June 14 – July 26 *Stephanie Crusoe
FV - EC. LOBBY*



Belly Dancing: Fun & Fitness

If you're looking for a fun and entertaining new way to exercise, try belly dancing. This class will teach you to perform various forms in the belly dance genre. It's a workout to middle eastern music that just might be what you're looking for, whether your goal is exercise or performance. Wear fitness style clothing for freedom of movement. No baggy sweat clothes. Studio is located behind a kitchen & bath design store.

DANC:745 | \$59

M01 Tu 7pm-8pm
June 3 – July 8 *Adiva Dance Center*

Latin Dancing for Couples

Round out your dancing skills with these basic Latin rhythms: Cha Cha, Rumba, and Merengue/Salsa. The techniques and dance rhythms you'll practice in this course will help you feel confident and look great. You'll learn the best form for body positioning, posture, and balance, and techniques for men to lead and ladies to follow for perfect harmony on the dance floor. This course is designed for those who have no dance experience as well as for those who have done other styles of dance. Partners required. Fee is per person. Dress shoes recommended. No tennis shoes. No class 7/4.

DANC:746 | \$69

M03 F 6pm-7:15pm
June 6 – Aug. 1 *Diane Brown
RiverChase-Fenton*

Hot & Spicy Salsa for Beginners

It's fun, it's social, it's Salsa and we'll have you out on the floor in no time! You'll learn the Salsa rhythm, steps, footwork, and styling, plus lead and follow techniques. Join the Latin club scene or be the first one on the floor at parties. Get an impressive edge that will give you the confidence you're looking for. Dress shoes recommended. No tennis shoes. Partner required.

DANC:746 | \$49

M01 M 8pm-9:30pm
June 9 – June 30 *Sharon Martin
Concordia Luth.-Krkwd, CAFE*

Social Dancing for Couples

In this fun class you'll learn how to look good and move with confidence on the dance floor. It's fun, it's social, and you'll be out in the center of it all when the music starts playing at your next social event. You'll get help learning how to dance on the beat of the music; the best form for body positioning, posture, and balance; and how to lead and follow. You'll learn Night Club 2-Step, Foxy, Swing, and Waltz. Great music, lots of fun and all you need to know for your next social gathering or night on the town. Partners only. Fee is per person. Dress shoes recommended. No tennis shoes. No class 7/4.

DANC:750 | \$69

M01 F 7:30pm-8:45pm
June 6 – Aug. 1 *Diane Brown
RiverChase-Fenton*

Club Dancing

Do you want to go out dancing and strut your stuff to your favorite music, but aren't sure you look cool doing it? Here's your chance to learn from the best! By the end of this short course you'll move with style. Come learn and practice your moves in a fun, energizing atmosphere. You'll be out on the floor looking good in no time! No partner required. Dress shoes recommended. No tennis shoes.

DANC:765 | \$49

M01 M 7pm-8:30pm
July 7 – July 28 *Sharon Martin
Concordia Luth.-Krkwd, CAFE*

Exclamation Point!

"I enjoyed Stephanie Crusoe's teaching style. She was thorough and enthusiastic about her class and worked to ensure that everyone was successful."

Sandra G. – St. Louis

Get a Quick Start on Your Summer Dancing!

Let's Swing! Quick Start for New Dancers

Swing is one of the most popular dances in St. Louis because it's lively, fun, easy, and the music is great. Three short lessons are all it takes to get you started. Come try it out and see if you like it. If you're looking for a new leisure-time couple's activity, enjoyable exercise, or just a fun time out with friends, swing dancing has it all. Bring two left feet, two right feet, or one of each. Partners only. Fee is per person. Dress shoes recommended. No tennis shoes. No class 6/23.

DANC:738 | \$35

M01 M 6:30pm-7:45pm
Bob and **Gerry Tevlin**
June 9 - June 30
Concordia Luth.-Krkwd, CAFE

Let's Cha Cha! Quick Start for New Dancers

Cha Cha is a popular Latin social dance with an irresistible rhythm. Come try it and see how you like it - we're betting you'll get hooked by the fantastic beat and how quickly you'll start looking good on the dance floor. These three short lessons will get you and your partner started with the basic moves, styling, and leading. If you're looking for a friendly gathering of dance-enthusiasts and an opportunity to start learning this Latin rhythm, this class is for you. Partners only. Fee is per person. Dress shoes recommended. No tennis shoes.

DANC:746 | \$15

M02 Tu 7pm-8:15pm
Bob and **Gerry Tevlin**
June 3 - June 17
Resurrection-Luth., GYM

Let's Rumba! Quick Start for New Dancers

Rumba is a popular Latin rhythm danced to sensuous, romantic music. Come try it and see how smooth it flows and how quickly you can look good on the dance floor. These three short lessons will get you and your partner started with the basic moves, styling, and leading. If you're looking for a friendly gathering of dance-enthusiasts and an opportunity to start learning this Latin rhythm for social dancing, this class is for you. Partners only. Fee is per person. Dress shoes recommended. No tennis shoes.

DANC:746 | \$15

M04 Tu 7pm-8:15pm
Bob and **Gerry Tevlin**
July 1 - July 15
Resurrection-Luth., GYM

Exclamation Point!

"Maureen Brodsky was wonderful and knowledgeable in her field. She was particularly adept at introducing unusual materials for use in art projects, stretching my imagination. She also presented the historical background of this art form."

Bill W. - Sappington, MO

FINE ARTS

Drawing: All Media: All Levels

This introductory course teaches the basic skills needed for drawing. Working with a variety of materials and techniques, including charcoal and pencils, students explore the rendering of geometric forms, volume, and perspective, with an emphasis on personal gesture marks. No class 7/3.

ARTS:709 | \$99

350 Th 6pm-9pm
June 12 - July 17
Lisa Payne
The Timbers - Eureka

Drawing: Traditional Pencil Basics

Discover the fundamentals of an essential art - drawing. Use pencil to create line, perspective, value and composition. No experience necessary and individualized instruction included. Supply list sent. This class is for beginners only. No class 7/3.

ARTS:709 | \$99

550 Th 6pm-9pm
June 12 - July 17
No class 7/3
Brenda Schilling
FV - H, 104
680 Sa 12:30pm-3:30pm
June 14 - July 26
No class 7/5
Sean Long
MC - HE, 125

Drawing: Beginning/Intermediate

Learn the tools, materials, visual and artistic perception needed for this essential art form. Drawing fundamentals will be covered - line, perspective, value and composition. Advanced students will expand their skills with more sophisticated projects. Students will use pencil, pen, and charcoal. Supply list sent.

ARTS:709 | \$99

601 Tu 9:30am-12pm
June 10 - July 15
Ruth Kolker
MC - HE, 125
S01 W 12pm-2:30pm
June 11 - July 16
Ruth Kolker
SCEUC, 102

Drawing With Colored Pastels

Drawing With Pastels gives you an overview of the materials, techniques, and strategies used when working with pastels. Students will discover the expressive qualities of the medium as they learn how to block-in, layer and blend colors using wet and dry techniques. They will experience working with different surfaces and will consider color theory, color mixing, mark making, composition and content throughout the class. Prerequisite is Beginning Drawing or equivalent experience. No class 7/2.

ARTS:716 | \$99

550 W 6pm-9pm
June 11 - July 16
Brenda Schilling
FV - SS, 103

Perspective Drawing and Still Life

In a relaxed atmosphere, explore drawing fundamentals - line, perspective, value, and composition. No experience necessary and much individualized instruction given. Intermediate level students advance with more sophisticated projects. Supply list discussed at first class. Bring pencil and sketch pad to first class.

ARTS:709 | \$99

450 M 6:30pm-9:30pm
June 9 - July 7
William Neukomm
FP - G Tower, 412

Create a masterpiece in Fine Arts classes at St. Louis Community College!

Botanical Illustration: Beginning/Continuing

Inspired by antique styles, create contemporary pieces with new methods. Try watercolor, pen and ink, and/or colored pencils. Learn composition and color skills with models from dried plants, fruit, and fresh flowers. All levels welcome. Supply list sent. No class 7/3.

ARTS:709 | \$99

600 Th 12pm-3pm
June 12 - July 17
Maureen Brodsky
MC - HE, 219

Architectural and Perspective Drawing

With a focus on perspective techniques and creating form in space, students will render buildings and other architectural structures. All levels welcome, some basic drawing experience preferred. Supply list sent.

ARTS:721 | \$99

350 Tu 6pm-9pm
June 10 - July 8
WW, 309

Uncial Calligraphy

Uncial is a modern version of Medieval calligraphy. It is a Majuscule (capital letter) alphabet closely connected to Ireland and England. At its peak, it was used to write important manuscripts. As we study historic Uncial, we will work on a modern version for your use.

ARTS:725 | \$85

650 M 7pm-9:30pm
June 9 - July 7
Leslie Barnes
MC - CE

Cartooning

Explore cartooning and comics with an overview of tools used in an overlooked art form. Investigate comic strip creation, comic book layout, political cartooning, basic character design, hand drawn animation and more. Gain an understanding of basics, skills and techniques. Prerequisite: Basic Drawing class or equivalent experience. Supply list sent. There will be homework assignments. No class 7/5.

ARTS:733 | \$79

680 Sa 9:30am-11:30am
June 14 - July 26
Sean Long
MC - HE, 125

Pottery: All Levels

Create projects in which skills in hand-building (for beginners) and wheel throwing (for more advanced students) are investigated and improved. All levels of experience are welcome. Fee includes most materials.

ARTS:727 | \$135

550 Tu 6:30pm-9pm
June 10 - July 15
Carl Behmer
FV - H, 109
580 Sa 9:30am-12pm
June 14 - July 26
Sheow Chang
FV - H, 109
No class 7/5

Watercolor: Beginning/Advanced Beginning

Paint with the brilliant color and fluid stroke of watercolor. Students will practice various techniques in transparent watercolor and learn the best paint, paper type and preparation. Prerequisite: Basic drawing class or equivalent experience. Supply list sent.

ARTS:735 | \$99

600 Tu 1pm-3:30pm
June 10 - July 15
Beverly Hoffman
MC - HE, 125
680 Sa 10am-12:30pm
June 14 - July 26
Beverly Hoffman
MC - HE, 215
No class 7/5

PERSONAL ENRICHMENT

Watercolor: Intermediate/Advanced

Paint transparent watercolor on a more advanced level. Students must be proficient in drawing with basic watercolor skills. Attempt the more difficult techniques of layered washes, modeling with color, unusual textural accents, etc. Prerequisite: Beginning Watercolor class or equivalent experience. No class 6/13.

ARTS:736 | \$185

300 F 9am-12pm
May 30 – Aug. 15
Phyllis Smith Piffel
WW, 309

301 F 12pm-3pm
May 30 – Aug. 15
Phyllis Smith Piffel
WW, 309

Oil or Acrylics: All Levels

Explore oil paint's richness or acrylic's speed in a class that covers color theory, artistic perception, composition, and paint mixing/application. Progress at your own rate with individualized instruction as you learn techniques to enhance painting skills. Recommend beginning students attend first three classes. Supply list sent. Bring supplies to first class. Water-based oils are the only type allowed in the classroom.

ARTS:740 | \$185

300 Th 1pm-4pm
June 5 – Aug. 14
The Timbers - Eureka
No class 7/3

400 F 9am-12pm
June 6 – Aug. 15
FP - G Tower, 413
No class 7/4

500 F 9am-12pm
June 6 – Aug. 15
William Neukomm
FV - H, 104
No class 7/4

P01 M 1pm-4pm
June 9 – Aug. 11
Sarah Paulsen
U. City Public Lib.

Portraiture for All Mediums

Combine your enjoyment of drawing and painting! Have you always wanted to capture a person's likeness with a portrait? In this class, you will learn proportions, helpful tips, essential techniques and follow step-by-step demonstrations for portraiture. We will begin with drawing and work into the paint medium of your choice. Water-based oil paints are the only type allowed in the classroom. This class is perfect for all skill levels. No class 7/5.

ARTS:748 | \$185

480 Sa 1pm-4pm
May 31 – Aug. 9
William Neukomm
FP - G Tower, 413

Acrylic Impressions

Fledgling artists-try painting, those with experience-loosen your style to paint like the Impressionists. You'll work in a small size to quickly complete your own vibrant, light-filled piece. Instructor provides prints and photos. Painting board provided. Supply list sent. All levels welcome.

ARTS:748 | \$185

650 W 6:30pm-9:30pm
June 4 – Aug. 13
Phyllis Smith Piffel
MC - HE, 217
No class 6/11

600 Tu 12:30pm-3:30pm
June 3 – Aug. 12
Phyllis Smith Piffel
MC - HE, 219
No class 6/10

**Get creative with Continuing Education
at St. Louis Community College**

All About Framing Artwork

Learn what's new as well as framing design basics. Learn how to place artwork to beautify and protect the work. Students will learn what is important for their needs - how to best prep their work for a show, how to prep art so it will look good for a long time, how and where to hang art (and where it should never be hung). Some traditional and non-traditional custom framing and DIY ideas will be presented. Bring questions and photos of your rooms and art or bring your art! Students may bring a lunch to eat during the Q&A portion of the class.

ARTS:765 | \$30

680 Sa 10am-1pm
June 28
Deborah Weltman
MC - HE, 216

MUSIC

Guitar: Beginning

This class is for students who have never played a guitar and have no background in music. The class will cover tuning, string changing, how to select a new guitar and a brief history of the guitar. Students will learn to play first position and open position chords, simple scales, melodies and right hand strumming techniques. We will introduce tablature and guitar notation. Must bring own (acoustic) guitar and an extra set of strings.

MUSIC:705 | \$69

550 Th 7:30pm-9pm
May 29 – July 24
Christina Springer
FV - C, 114
No class 7/3
Text required – bring to first class

650 Tu 7pm-9pm
June 10 – July 15
James Renz
MC - HW, 102
No text required.

Piano: Beginning

In this enjoyable, relaxed approach to the piano, you will learn: 1) the letter names of notes and where they are on the keyboard, 2) simple chords to accompany melodies, 3) easy rhythm patterns, 4) pedaling. Text and headphones with 1/4 inch adapter required.

MUSIC:710 | \$69

650 M 6pm-7:30pm
June 2 – July 21
Ronald Krausch
MC - HE, 112

Piano: Beginning and More

In this enjoyable, relaxed approach to the piano, you will learn: 1) the letter names of notes and where they are on the keyboard, 2) simple chords to accompany melodies, 3) easy rhythm patterns, 4) pedaling. Text and headphones with 1/4 inch adapter required. Course is intended for those with little or no piano or music experience.

MUSIC:711 | \$79

550 Tu 5:30pm-7:30pm
June 3 – July 22
Christina Springer
FV - C, 114

Piano: Advanced Beginning

Learn: more advanced rhythms - dotted rhythms and triplets, major chords and their functions, staccato playing, major scales and exercises, and expression marks and phrasing. 'Pop' music introduced. Songs will be played in major keys. There is a review at course's beginning if needed. Prerequisite: Basic knowledge of keyboard and letter names of notes recommended. Text and headphones with 1/4 inch adapter required.

MUSIC:711 | \$69

650 M 7:30pm-9pm
June 2 – July 21
Ronald Krausch
MC - HE, 112

Piano: Advanced Beginning and More

Learn: more advanced rhythms - dotted rhythms and triplets, major chords and their functions, staccato playing, major scales & exercises, and expression marks & phrasing. 'Pop' music introduced. Songs will be played in major keys. There is a review at course's beginning if needed. Prerequisite: Basic knowledge of keyboard and letter names of notes recommended. Text and headphones with 1/4 inch adapter required. No class 7/3.

MUSIC:710 | \$79

550 Th 5:30pm-7:30pm
May 29 – July 24
Christina Springer
FV - C, 114

Harmonica: Beginning

The harmonica is a fun and easy musical instrument to learn. In just three sessions you will be able to play dozens of folk and campfire type songs. Fee includes student guide/song-book and a 10-hole, "C" diatonic harmonica. Instructor is a member of the Gateway Harmonica club.

MUSIC:720 | \$39

650 W 7pm-8pm
June 11 – June 25
MC - SW, 208

Like us on Facebook



St. Louis
Community
College
Continuing
Education

Registration begins May 5.

PHOTOGRAPHY

Take Better Pictures: Introduction

Gain photography skills and take better pictures as you learn about the operation of your camera. Improve your techniques to enhance family, vacation and nature images. Get tips that will help you use your camera to the fullest and boost your creativity. No darkroom/lab. You will need a camera (digital or 35 mm) and your own film or memory card. Please note: Due to the large variety of camera brands, your individual camera's features cannot be discussed. Class covers generalities of how cameras operate. Read the camera's manual prior to the first class and bring it to class.

PHOT:701 | \$55

S50 Tu 7pm-9pm

June 10 – July 8

SCEUC, 213



Look for Photoshop classes in the Technology section, under Desktop Publishing on page 12.

Digital Photography Essentials Certificate

If taking pictures is your passion, and you have artistic flair, the Digital Photography Essentials Certificate from STLCC will help you build new skills, focus on your strengths and learn the tricks of the trade necessary to take your passion to the next level.

The following photography classes meet the curriculum requirements of the Digital Photography Essentials Certificate. Additional classes are required for this certificate.

Classes may be taken individually or as a part of the program.

Call 314-984-7777 for a copy of the Digital Photography Certificate brochure.

Digital Photography Introduction

Come learn the basic skills involved in photography, such as camera skills, and the use of light, exposure, and composition. Understand aperture, shutter speed, ISO, basic composition, depth of field and histograms. You will need a digital camera and your own film or memory card. Provide own transportation. This course meets the curriculum requirements of the Digital Photography Certificate.

PHOT:704 | \$69

650 Th 6:30pm-9pm

June 5 – June 26
MC - SW, 208

Digital Photography: Intermediate

This class is geared for you to continue and expand on learning about composition and lighting techniques. You will learn how lighting and composition will change the way you take photos and enhance your skills as a photographer. This class is the next step for introductory photography students or those who have a fundamental knowledge of their camera functions. Bring your camera and accessories. Prerequisite: Take Better Pictures: Introduction, 35MM and Digital Photography: Introduction or equivalent experience. This course meets the curriculum requirements of the Digital Photography Certificate.

PHOT:704 | \$69

651 Th 6:30pm-9pm
Russell Rosener
July 10 – July 31
MC - SW, 208

Nature & Outdoor Photography

Improve your outdoor photography skills and expand your creativity. In this hands-on class, you'll learn the techniques to transform your nature and outdoor photography with infield, hands-on photo instruction coupled with classroom sessions and image critiques. You'll gain a greater understanding of what makes a great photo, learn the techniques required, and pick up some tips and tricks professional photographers use. This class will meet in a classroom and in a nature setting. You will need to have your photos developed or printed and brought to the last class. Prerequisite: Take Better Pictures: Introduction or equivalent experience. Bring digital camera to class. Field trips required. Details to be announced in class. Provide own transportation. This course meets the curriculum requirements of the Digital Photography Certificate.

PHOT:708 | \$59

680 Sa 9am-11:30am

June 7 – June 28
MC - SW, 208

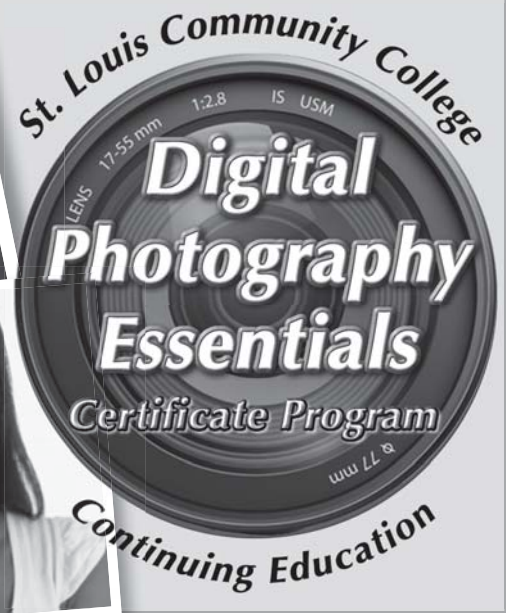
Field Photography: Sporting Events, Weddings, etc.

A large percentage of professional photography these days is done in the field at events like weddings, plays, award ceremonies and sporting events. Learn how to shoot and pose like a pro! Also covered in this class will be customer service, contracts, album design and much more! Bring digital camera to class. Field trips required. Details to be announced in class. Provide own transportation. Prerequisite: Take Better Pictures: Intermediate, 35MM and Digital Photography: Intermediate or equivalent experience. Bring digital camera to class. Field trips required. Details to be announced in class. Provide own transportation. This course meets the curriculum requirements of the Digital Photography Certificate.

PHOT:712 | \$59

680 Sa 9am-11:30am

July 12 – Aug. 2
MC - SW, 208



WRITING

The St. Louis Community College Continuing Education Writing Certificate is designed for beginning or experienced writers who are looking for a course of study that will provide them with an opportunity to develop their own writing voice, build expertise in the art and craft of writing, and gain insight into today's publishing environment.

Courses may be taken individually or towards completion of a certificate.

Writing Certificate Requirements:

- One course from each of the four areas of study
- Two electives from any of the areas
- Three years to complete program
- Portfolio review capstone evaluation course with a faculty member

For a complete brochure on the Writing Certificate program, call 314-984-7777.

Unleashing the Writer Within

Every one of us has a special story to tell, but it can be hard in this busy modern world to access that creativity. In this class, we'll peel away the familiar outer layers of doubt, distraction and writer's block. We'll get to the core of what we're actually trying to say, and we'll learn to say it with language that is irreplaceably unique to each of us. When the writer within is unleashed, the words will come freely - and the stories we need to tell will finally occur to us. It will not be a class requirement, but those interested in sharing their work will receive the benefit of a thorough, productive critique from the instructor and fellow students. You'll need to make copies of your work to share.

WRIT:701 | \$69
 680 M 7pm-9:30pm
 Jordan Oakes
 June 2 - June 23
 MC - BA, 120

An Insider's Look at Self-Publishing

Thanks to the changing book publishing world, writers today have many avenues to get their works into print. Published authors Jo Hiestand and Esther Luttrell (who have more than two dozen published books between them) will talk about traditional publishing and self-publishing: seeking a publisher, contracts and what to watch for; legitimate self-publishing houses and self-publishing scams; manuscript format and cover design; book trailer creation and use; book promotion and marketing; ebooks AND the red-hot world of audio books. Bring a sack lunch — you'll have the opportunity to ask individual questions, informally network, and share your publishing experiences.

WRIT:704 | \$59
 680 Sa 9am-2pm
 Jo Hiestand
 June 7
 MC - SO, 107

Writing Basics Brush-up (What You Should Have Learned in High School!)

Few of us will admit it, but even the best writers can't always remember the difference between "affect" and "effect" or the correct use of semi-colons. If you sometimes struggle with the basics in your personal or professional writing, come spend the day with us. You'll brush up on proofreading, grammar, sentence structure, word usage, spelling and punctuation. Review the basics and you'll be able to edit your work like a pro.

WRIT:706 | \$69
 650 Tu 7pm-9:30pm
 Jordan Oakes
 June 3 - June 24
 MC - BA, 116

New Revising & Editing - A Writer's Workshop

Writing workshops are a time-tested strategy for aspiring professional writers who want to improve their writing skills. Our instructor and your classroom peers will guide you as you explore the craft of writing, using your own work as a basis for advancement and growth. Students need to bring several copies of a work in progress to share (bring to first class).

WRIT:706 | \$69
 651 W 7pm-9:30pm
 Jordan Oakes
 June 4 - June 25
 MC - BA, 118

New Reading Like a Writer

Every good writer knows there is a secret to learning how to craft good fiction. Want to know what it is? Reading! But do fiction writers read differently than those just reading for pleasure? The answer is YES. This three-week course will teach you the secrets of reading like a writer through selected short stories and guided discussion. In addition, we'll get those creative juices flowing by using what we read as springboards for in-class writing exercises. Get ready to see fiction in a whole new light and walk away with fresh tools to use in your own writing. Copies of most reading assignments will be provided. No class 7/3.

WRIT:765 | \$59
 650 Th 7pm-9:30pm
 Angela Mitchell
 June 19 - July 10
 MC - SO, 109

Portfolio Review - Certificate Program

This class is for confirmation that students have met the requirements of the Writing Certificate program. You must submit your portfolio to Continuing Education for review. The work should exhibit increased proficiency in writing techniques and should aspire to high literary standards. You will receive a confirmation response from a writing program faculty member. Upon satisfactory review of the portfolio, the faculty member will notify Continuing Education to award the Writing Certificate. If the portfolio does not meet acceptable standards, the instructor will make recommendations. You may repeat the portfolio review class again, until the faculty member is satisfied with the quality of your work.

WRIT:765 | \$69
 651 TBA
 Heather Luby
 June 2 - Aug. 29
 MC - TBA
 652 TBA
 Jordan Oakes
 June 2 - Aug. 29
 MC - TBA

Exclamation Point!

"I thought that this class was very interesting and well organized-- it had the right balance between instructor-focused material and group participation. I think Jordan Oakes made a real effort to involve everyone and to direct the content to the needs and interests of the students. He is a capable and engaging instructor."

Marian R. - Kirkwood, MO

Well-chosen words
 add up to great sentences.

Join us for

The Writing Certificate

 St. Louis
 Community
 College
 Continuing Education

Now your own words can add up to a Writing Certificate from St. Louis Community College.

For a complete brochure on the Writing Certificate, call 314-984-7777.

NATURE, HOME AND GARDEN

ANIMAL CARE

Puppy Kindergarten

You can raise a happy, well-adjusted and confident puppy through socialization, along with basic commands and manners training. You'll also learn leadership, grooming skills, and behavioral problem-solving. Completion of all six classes qualifies you and your puppy to take the AKC S.T.A.R. Puppy Test on the sixth week. (STAR: Socialization, Training, Activity, Responsibility). Successful completion of the test enables you to send for an AKC STAR Puppy Certificate and Medallion. Puppies must be 9 weeks to 1 year old, have 2 series DHLPP & Bordetella immunizations. Proof of vaccinations required. Bring puppy to first class. No class 7/5.

ANIM:703 | \$69

M01 Sa 9:30am-11am
May 31 - July 12
Susan Baxter-Carr
RiverChase-Fenton

Fun Tricks to Teach Your Dog

Every dog can do fun tricks. You'll learn how to teach your dog standard tricks, such as Shake Hands, Fetch & Release, High 5, Speak, Kiss, Give a Hug, (and our favorite) "Cookie on the Nose," plus we'll introduce you to some that are designed to use your dog's specific abilities, such as Wave, Take a Bow, Figure 8, Take a Nap, and more. Dogs should be at least one year old and well-controlled around other dogs. Previous obedience class or training is preferred, but not required as long as dog obeys: Sit, Down, and Wait or Stay commands. You must be willing to practice at home. Training is by Positive Reinforcement. Bring your dog and required training equipment to class: buckle or training collar, 4-6 ft. leash, yummy dog treats or a favorite toy. No class 7/5.

ANIM:704 | \$49

M01 Sa 11am-12pm
May 31 - July 12
Susan Baxter-Carr
RiverChase-Fenton

Dog Sports: K9 Nose Work

Dogs see the world through their noses. This sport is designed to develop your dog's remarkable sense of smell and natural scenting abilities by using their desire to hunt and their love of treats, toys, and exercise. It is a great way for your dog to build confidence and burn both mental and physical energy while having fun. If your dog has a nose, it can play this K9 Nose Work game. Bring your dog and learn together how to play this fun, new sport with our certified instructor. It's fun for both of you! Dogs must be at least 6 months old, with current immunizations. Bring soft treats your dog likes (with a distinct scent), a 6-foot leash (no reels) plus flat collar (no choke collars) or harness, and crate or kennel for your pet. If you prefer to attend without your dog, see ANIM 706 M02 for a discount.

ANIM:706 | \$69

M01 W 7:30pm-8:45pm
June 4 - July 9
Sandra Ellison
RiverChase-Fenton

Dog Sports: K9 Nose Work (without the dog)

This class is the same as ANIM 706 M03, without the dog. If you would like to learn to play this sport with your dog but due to your dog's shy, nervous, or reactive behavior aren't comfortable bringing him/her to a multi-dog activity, you are welcome to register to attend for yourself, to learn and watch and do the exercises with your dog at home.

ANIM:706 | \$59

M02 W 7:30pm-8:45pm
June 4 - July 9
Sandra Ellison
RiverChase-Fenton

Canine Good Citizen

The Canine Good Citizen Program is designed to reward dogs who have good manners both at home and in the community. Class instruction is for all 10 parts of the CGC Test. Dog must be at least 6 months old and have basic obedience skills. Proof of vaccinations required. Bring dog to first class. Successful completion of the test qualifies dog for a CGC patch (available for purchase separately).

ANIM:706 | \$59

M05 Sa 11am-12pm
July 19 - Aug. 23
Susan Baxter-Carr
RiverChase-Fenton

Advanced K9 Nose Work: Vehicle Searches and Exterior Hides

If you and your dog loved our DogSports K9 Nose-work course, you'll love the new challenges presented in these follow-up sessions. This advanced course will introduce new elements used in trials, though competition is not the goal or a requirement. Class will be held outdoors (weather permitting) and will include both exterior "hides" and vehicle searches. The trainer will also work on your ability to read your dog. These new search areas will be both challenging and more exciting for the dog and handler. Give your sniff-loving canine new skills. Prerequisite: Dogs must have successfully completed the beginning K9 Nose Work course.

ANIM:706 | \$59

M03 W 6pm-7pm
June 4 - July 9
Sandra Ellison
RiverChase-Fenton

Exclamation Point!

"Sandy Ellison is an excellent teacher. My dog and I both thoroughly enjoyed the class."

Jacob B. - Florissant, MO

Dog Training: Basic Skills and Manners for the Family Dog

Do you walk your dog or does your dog walk you? If your time is limited and your budget won't spare the expense of private lessons, this is the perfect alternative! This course in basic skills and manners will give you and your dog a good introduction to beginning obedience commands over a period of 6 weeks. Accomplish your training goals quickly and start getting those behavior problems under control. Class topics also touch on basic grooming, vaccinations, flea/tick control and traveling in the car. Bring your questions! Dog must be at least 6 months old and proof of vaccinations is required. Bring dog to first class.

ANIM:706 | \$69

M04 Sa 9:30am-11am
July 19 - Aug. 23
Susan Baxter-Carr
RiverChase-Fenton

The new **Animal Welfare Assistant Certificate program** will help you sort out the options, focus on your strengths, and build the knowledge base you'll need for **a successful future in animal welfare organizations.**



The People Ingredient: Working in an Animal Welfare Organization (Class #5)

If you're thinking about working or volunteering in an animal welfare agency, you'll need a variety of important "people" skills. There are so many possibilities: you may be matching pets with new families, working with people surrendering their pets, educating adults and kids in the community, or interacting with other agency staff. In this class, you'll gain an overview of many of the skills you'll need to perform a variety of tasks within animal welfare organizations. There are many joys and rewards to working in animal welfare, but some sadness, too, so we'll share with you our ways of coping with the inevitable heart-breaking side of the business. This class can be taken by itself, or as part of the Animal Welfare Assistant Certificate Program for initial training/preparation for work in a range of public and private animal welfare agencies and organizations. Presented in partnership with the APA of Missouri, Humane Society of Missouri, and St. Louis County Animal Care & Control.

ANIM:741 | \$29

650 Tu 7pm-9:30pm
June 24

Animal Care Basics for Animal Welfare Workers (Class #6)

In this class it's all about the animals! We'll cover basic health considerations, including prevention measures and spay/neuter issues. Acquiring some knowledge of animal behavior is a vital key to safe handling for yourself and the animals you work with. You'll learn about caring for and feeding a variety of animals, including what to do in disaster situations to assure their safety and well-being. You'll hear from several shelters, who'll explain their basic animal care-taking operations. If you're interested in working directly with animals, this class is a must! This class can be taken by itself, or as part of the Animal Welfare Assistant Certificate Program for initial training/preparation for work in a range of public and private animal welfare agencies and organizations. Presented in partnership with the APA of Missouri, Humane Society of Missouri, and St. Louis County Animal Care & Control.

ANIM:741 | \$29

651 Tu 7pm-9:30pm
July 29
MC - SO, 206

Registration begins May 5! Request a brochure at 314-984-7777.



St. Louis
Community
College
Continuing Education

HOME IMPROVEMENT

Kitchen Design for Home Remodeling

Whether you're planning a simple update, completely remodeling, or starting from scratch, your first step should be attending this informative class. Our expert will get you started with the knowledge you need to help you understand your options in cabinetry, countertops, and much more. Bring your ideas and questions for this open discussion on how to create a functional, affordable, and beautiful kitchen. One of the best decisions you'll make about your new kitchen starts here!

HOME:703 | \$29

651 M 7pm-9:30pm
June 16

Kimberly Hany
MC - BA, 118

Kitchen Planning for Home Remodeling

Explore the possibilities for your kitchen with this hands-on kitchen design class. Learn the basics of functional appliance and cabinetry placement, the specifics of kitchen cabinet sizes and the many features and options available. Bring a pencil, paper, and ruler. Measurements and photos of your existing kitchen recommended.

HOME:703 | \$29

652 M 7pm-9:30pm
July 14

Kimberly Hany
MC - BA, 118

Exclamation Point!

"This course was very organized. Kimberly Hany allows enough time to ask each participant what specific questions/issues they had and then gave thoughtful, helpful solutions."

-Anne W. - Kirkwood

Bathroom Design for Home Remodeling

Whether you're planning a simple update, completely remodeling, or starting from scratch, your first step should be attending this informative class. Our expert will get you started with the knowledge you need to create an affordable and beautiful bathroom. She'll talk about the basics of functional fixture placement and explore the many features and options available in vanities, linen cabinets, vanity tops, etc. One of the best decisions you'll make about your new bathroom starts here!

HOME:703 | \$29

650 Th 7pm-9:30pm
June 5

Kimberly Hany
MC - SO, 109

Interior Design: Color Schemes

Discover how to choose the best colors for that special room and how to incorporate them expertly. We'll examine how the weight and balance of your colors impact your final room design. We'll take a look at color placement, choice of fabrics, mixing patterns, and types of woods for furniture, surface products, cabinets, fixtures, and hardware.

HOME:708 | \$29

650 M 6:30pm-9:30pm
June 2

Kathryn Leinauer
MC - BA, 118

Interior Design: Accessories

Learn from our experienced interior design professional how to choose the right shape and size accessories, how to mix accessories with different patterns and to put colors in the right proportions. You will begin to see your own personality reflected in your choice of accessories.

HOME:709 | \$29

650 Tu 6:30pm-9:30pm
June 3

Kathryn Leinauer
MC - BA, 118

Fearless Home Repair: 5 Repairs Every Homeowner Should Know

You should be able to do a few simple household repairs and tasks without using special hand tools. Come learn to locate utility shut offs, re-light a pilot light, fix a faucet, replace a furnace filter and replace electrical outlets and switches. Performing these few tasks yourself can save you a lot of money!

HOME:713 | \$19

550 W 7pm-9pm
June 4

Jean Linton
FV - SC, PDR-B

Do-It-Yourself Drywalling

Our experienced handy person will show you how to measure, cut, and hang drywall. You'll learn how to prep the room prior to installing the 2x4 framing, including proper layout. Instruction will include cut-to-size with minimal drywall seams and cut out for electric boxes. Also learn how to apply seam tape (both paper tape and self-stick mesh tape) and mud (joint compound). If you have a drywall project in your future, get to this class before getting started.

HOME:713 | \$19

551 W 7pm-9pm
June 11

Jean Linton
FV - SC, PDR-B

Do-It-Yourself Painting

Of course you can paint, but can you paint like a pro? Learn how to prepare surfaces - what to use and what not to use. We'll tell you if and what you need to prime with primer vs. stain blockers. Our instructor will talk about techniques for texturing to make your patches not look like a patch. You can make your paint brush do the work - sounds simple but we'll explain how that makes the job easier. And of course, finishing the job: ways to keep clean-up easy and/or quick. Class covers a variety of painting applications: interior, exterior, metal, wood, plastic, drywall etc.

HOME:713 | \$19

650 Th 7pm-9pm
June 12

James Hanneke
MC - SW, 204

552 W 7pm-9pm
June 18

Jean Linton
FV - SC, PDR-B

Do-It-Yourself Ceramic Tiling

Come learn how to repair, re-grout, or install new ceramic tile and grout on floors and walls in your home. Distinguish between the different sizes of tile and why each are used in certain places. You'll learn how to design, layout, prepare, cut, and install ceramic tile and grout. See the tools you'll need and watch a demonstration of how and why to use them.

HOME:713 | \$19

553 W 7pm-9pm
June 25

Jean Linton
FV - SC, PDR-B

Simple Home Repairs for Women: Be Your Own Plumber

When something needs fixing who do you call? Fix it yourself and save time, money and hassle! A variety of simple home repairs will be presented with a "hands-on" focus. If your toilet runs, your drains are slow, you need a new faucet, this course is for you! The ideal home repair toolbox for women will be presented. We'll look at how-to, when-to and when it's safer NOT to. Come prepared to be amazed at what you can do yourself!

HOME:713 | \$19

554 W 7pm-9pm
July 9

Jean Linton
FV - SC, PDR-B

Simple Home Repairs for Women: Electrical

When something needs fixing who do you call? Fix it yourself and save time, money and hassle! A variety of simple home repairs will be presented with a "hands-on" focus. If you need a new ceiling fixture, wall switch or outlet, this course is for you! The ideal home repair toolbox for women will be presented. We'll look at how-to, when-to and when it's safer NOT to. Come prepared to be amazed at what you can do yourself!

HOME:713 | \$19

555 W 7pm-9pm
July 16

Jean Linton
FV - SC, PDR-B

Basic Electrical Repairs for the Home Handyman (or Woman!)

If you're looking for helpful, handy tips and practical advice about home electrical repairs that you can do yourself, this is the class for you. You can save money - it's not difficult when you know what to do. We'll talk about electricity, safety, and different types of wiring, then move on to a discussion of fuses and circuit breaker boxes. You'll see how to replace or fix light fixtures, switches, and outlets. There will be a demonstration of specialty electric diagnostic tools. Bring a screwdriver and a pair of needle nose pliers. We'll cover the basic electrical repairs that your home might need - you can do it!

HOME:713 | \$19

651 Th 7pm-9pm
June 19

James Hanneke
MC - SW, 204

Give your home a makeover with Home Improvement Continuing Education classes!

Basic Plumbing Repairs for the Home Handyman (or Woman!)

If you're looking for helpful, handy tips and practical advice about home plumbing repairs you can do yourself, this is the class for you. You can save money by doing simple repairs such as unclogging drains, repairing drain traps, soldering pipes, and fixing leaky toilets, faucets and valves. There will be a demonstration of specialty plumbing tools. We'll cover common kitchen and bathroom plumbing problems that you can fix yourself, once you know how to do it!

HOME:713 | \$19

652 Th 7pm-9pm
June 26

James Hanneke
MC - SW, 204

REAL ESTATE

Buyer Be Aware...Knowledge is Power!

"If only we had known..." is the sad tale of too many home buyers. Come spend a valuable evening preventing mistakes that don't have to happen. Purchasing a home is the largest investment you'll ever make. Come get the inside scoop on what you need to know before you purchase, what you can expect throughout the process, the strategies to use to obtain the best value, and how to safeguard yourself in any market.

REAL:701 | \$19

350 Tu 7pm-9pm
June 3

WW, 202

Home Selling: Your Guide to a Successful Sale

If you've never sold a home before (or even if you have, but it's been a while), it's important to know your marketing options. You need to know what to expect from the home selling process, how to get top dollar for your home by staging and pricing it right, the pros and cons of "for sale by owner," and how to find the right agent to sell your house. Come spend a short evening learning the inside track that will get you the best deal for your home.

REAL:701 | \$19

351 Tu 7pm-9pm
June 10

WW, 208

How to Be a Successful Landlord

Increase the income on your real estate investments by improving your skills as a landlord. You can lower property damages and eviction costs by performing effective initial screening of potential tenants. Our experienced instructor will explain how to be creative and to use the telephone, interview, computer, rental application and lease expectations to avoid an undesirable tenant-landlord relationship. Lunch on your own.

REAL:720 | \$59

480 Sa 9am-5pm
July 12

Mary Hankins
FP - G Tower, 115

Exclamation Point!

"Excellent class. 'Mike' Ochonicky provided a little bit of scientific background and a lot of practical information. The variety of sample herbs she brought to class inspired me to try new plants and change my growing techniques."

Ryan - Hazelwood, MO

NATURE/MASTER NATURALIST



The Master Naturalist Certificate Program consists of **three components:**

- Completion of **five** biology, geology, physical science or horticulture related college credit courses
- Attend **six** Continuing Education Master Naturalist designated noncredit programs offered through St. Louis Community College in the area of Nature, Ecology, or Gardening.
- Volunteer **25 hours** with a local nature related organization.

For additional information, contact the Office of Continuing Education at 314-984-7777.

Classes may be taken individually, or as part of the Master Naturalist Certificate Program.

Caves & Caverns

Learn about the mysterious underground world of caves. Discover interesting insights into their origin, cave life, mineral formations and other geological features, and cave ecology. Historical notes, such as cave discoveries, cave art, mining and other uses of caves, as well as health/safety/legal issues and man's effects on caves will also be included. Instructor has 12 years of experience leading cave tours and has personally visited over 40 caves throughout the US. Class includes field trip to a cave which is optional for participants. Provide own transportation and possible \$12 cave entrance fee. Appropriate attire and location for field trip will be discussed in class.

NATR:701 | \$39

650 W 7pm-9pm
June 18 - June 25
Sa
June 28

Martin Ferris
MC - SO, 109
MC-Off Campus

Looking at Summer Night Skies

Class meets on Mondays and Wednesdays. Observe and enjoy the night skies of summer. Learn how to find and identify the constellations and planets of this summer with the unaided eye, binoculars and telescopes. Discover how to observe meteors, auroral displays, artificial satellites and other naked eye phenomena. An introduction on how to observe the moon, planets, stars, constellations and nebula with a telescope will also be covered. Field trip to the Planetarium will be discussed in class.

Required: The current issue of Astronomy magazine Sky & Telescope (Sky Publishing) and The Night Sky 30°-40° planisphere (Large; North Latitude) \$11.35 on amazon.com or equivalent planisphere. Publication Date: January 1, 1998; ISBN-10: 0961320753 or ISBN-13: 978-0961320751.

NATR:701 | \$59

651 MW 7pm-9:30pm
July 21 - July 30

Michael Malolepszy
MC - SO, 111

Exploring Hummingbirds

Explore the magnificent little hummingbird. Learn about the habits and happenings, as well as tips to improve your home environment to attract hummingbirds to your garden and the best locations to view hummingbirds in the St. Louis area. Offered in partnership with the St. Louis Audubon Society.

NATR:709 | \$19

651 Tu 7pm-9pm
June 24

Marty Smigell
MC - SO, 109

New The Sniff Test: Can Birds Detect Scent?

Get ready to be fascinated by bird behaviors! You know that birds communicate through vision, calls and songs but can birds detect scent? Do birds have a sixth sense? Join a local St. Louis Audubon educator to learn about new research in this area, dispel old myths and explore new technologies at work. Offered in partnership with the St. Louis Audubon Society.

NATR:709 | \$19

652 Tu 7pm-9pm
July 8

MC - BA, 114

Exclamation Point!

"Michael Malolepszy is a most knowledgeable instructor about the skies. Lots of helpful handouts and field trips!"

Leon C. - O'Fallon, MO

Become a

Master Naturalist





New Introduction to Bird Watching

According to the U.S. Fish & Wildlife Service, more than 45 million Americans identify birding as one of their favorite pastimes. Whether you are an amateur bird enthusiast, or are interested in learning more about bird identification, migratory patterns, and wildlife in your own backyard, this class is for you! Join educators from the St. Louis Audubon Society to discover how to identify bird species by sight, song, physical attributes, and behaviors. You'll also learn how to research your findings in guidebooks and how to attract more birds to your backyard through feeding and landscaping. Field trip on Saturday will allow you to practice your new skills and learn about the best places to view a variety of birds in the St. Louis area. Field trip details to be discussed in class. Provide own transportation. Class is offered in partnership with the St. Louis Audubon Society.

NATR:709 | \$29

650 Tu 7pm-9pm
June 10
Sa 8am-10am
June 14

Marty Smigell
MC - SO, 108
MC - Off Campus

New Snakes of Missouri

Snakes are one of the most widely misunderstood animals in nature. Learn to identify common Missouri venomous and nonvenomous snakes and dispel those popular myths you might have heard. Join Jamie Hubert, Interpretive Resource Coordinator at St. Francois State Park and Janet Price, Interpretive Resource Specialist at Johnson's Shut-Ins State Park as they discuss "tips and tricks" to help you distinguish differences between the species and help you gain accurate knowledge of local serpents.

NATR:721 | \$19

650 M 6:30pm-8:30pm
June 23

Jamie Hubert
Janet Price
MC - SO, 109

New How to Identify Common Missouri Plants for Novices

Are you interested in learning about the scientific approach to identifying plants? Whether plants are a hobby of yours or you are a budding enthusiast, this program is designed for the beginning "botanist." Presentation will introduce botanical taxonomic terms using pictures and specimen examples for successfully identifying wildflowers in an easy-to-understand format. Class includes two classroom presentations followed by a field trip on June 21 to complement the classroom learning. Field trip details to be announced in class. Provide own transportation. Offered in partnership with the Missouri Native Plant Society: George Van Brunt, John Oliver, Ron Colatskie, Nels Holmberg.

NATR:723 | \$39

650 W 7pm-9pm
June 11 - June 18
Sa 9am-12pm
June 21

MC - SW, 108
MC-Off Campus

Geology of Missouri

Spend a few hours learning about the geology and geography of Missouri in an informal atmosphere. We will discuss how our state has been shaped by glaciations, earthquakes, uplift and warm, shallow seas. Learn about the processes that gave us the nickname "The Cave State". We will also take a look at the economic impact rocks and minerals have had on our state's economy.

NATR:765 | \$25

680 Sa 9am-12pm
June 28

Jeffrey Smith
MC - SW, 106

Overview of Oaks: Local and Abroad

Are you interested in learning more about the native oak trees that live among us and others from around the world? Join Mike Walsh, Forestry Programs Manager at Forest ReLeaf of Missouri and explore the many varieties of native oaks and other interesting oak trees and facts including oak history, differences in red and white oaks, commercial, ecological, urban and wildlife benefits, and much more. You will also learn how Forest ReLeaf grows all kinds of oaks and how you can too! Offered in partnership with Forest ReLeaf of Missouri.

NATR:723 | \$19

350 Th 6pm-8pm
Aug. 7

Mike Walsh
WW, 208

Small Native Trees and Shrubs for Yards

Do you have a location in your yard that is just too small for a large tree, but would like to plant something native to Missouri? Join Mike Walsh, Forestry Programs Manager with Forest ReLeaf of MO to learn all about some great options for your yard. We will look at and discuss what native trees and shrubs are suitable for planting in small spaces, where to find them, and how to take care of them. Wear comfortable shoes and dress for walking outdoors. Offered in partnership with ForestReleaf of Missouri.

NATR:723 | \$19

651 Th 6pm-8pm
June 26

Mike Walsh
MC - BA, 124

Native Tree Identification

This class meets Thursday and Saturday. Learn about Missouri tree identification with Mike Walsh, Forestry Programs Manager with Forest ReLeaf of MO, using characteristics and samples such as twigs, leaves, bark, fruit and more. First class is a lecture format on the Wildwood campus followed by a weekend field trip at Rockwood Reservations (one mile from campus) 2751 Glencoe Rd, Wildwood. Wear comfortable shoes and dress for walking outdoors. Resource booklets provided. Provide own transportation. Offered in partnership with Forest ReLeaf of Missouri.

NATR:723 | \$29

351 Th 6pm-8pm
July 24
Sa 10am-12pm
July 26

Mike Walsh
WW, 208
WW - Off Campus

Common Mushrooms of Missouri - Part I

Trametes vericolor, Lycoperdon perlatum, Strobilomyces confusus, oh my! Take the fear out of fungi and learn to identify some of the most common mushrooms in Missouri. Class is a combination of lecture, discussion and field exploration. Bring sack lunch and hiking shoes. Class held at Babler State Park Visitors Center. Offered in partnership with Missouri Mycological Society (MOMS).

NATR:723 | \$25

M01 Sa 10am-12pm
June 7

Babler State Park

Common Mushrooms of Missouri - Part II

If you missed Part I or you want to discover more of the hundreds of mushrooms of Missouri, then this class is for you. Starting with a presentation, learn how to identify several mushroom species and then take to the field to explore and find some. Bring a sack lunch and hiking shoes. Class held at Babler State Park Visitors Center. Offered in partnership with the Missouri Mycological Society (MOMS).

NATR:723 | \$25

M02 Sa 10am-12pm
Aug. 2

Babler State Park

Thunderstorms, Tornadoes, and Floods: Severe Weather Spotter - Level I

Are you interested in the weather and basic meteorology - how storms form, how to find a tornado in a storm, what causes hail, and much more? Join Michael Redman, former severe weather trainer and weather program manager for the St. Louis County Police Department and current managing director of the Traveling Weather Show, as he shares his knowledge. Learn how to identify cloud formations and weather indicators that will make you an asset to the region in an emergency. Learn safety information that can save your life! You'll get your own spotter number to use, if needed; a training certificate; a CD of weather brochures and manuals, and handout material on severe weather. Children ages 14-15 may register if accompanied by a registered adult.

NATR:765 | \$25

S01 Tu 6pm-9pm
June 17

Michael Redman
SCEUC, 118

Thunderstorms, Tornadoes and Floods: Severe Weather Spotter - Level II

Improve the basic meteorological and severe weather skills you learned in the Level 1 class by taking the region's only Level 2 (advanced) program. We'll discuss computer resources, convective outlooks, watch and warning messages, cloud definition, radar interpretation, and more. You'll get lots of handouts and certification, too. Pre-requisite: Level 1 class. Children ages 14-15 may register if accompanied by a registered adult.

NATR:765 | \$25

S02 Th 6pm-9pm
June 19

Michael Redman
SCEUC, 118

Exclamation Point!

"Jeffrey Smith gave lots of information in an interesting presentation. It is one of the best classes I have attended with Continuing Education."

Gina V. - Spanish Lake, MO

GARDENING

Vegetable Gardening

There's still time to get started to "grow your own" this summer! Learn tips for planting, maintaining and harvesting your own fresh veggies. Topics for discussion include raised beds, container gardening and more. Bring your questions for Nancee Kruescheck our gardening expert and local nursery owner.

HORT:701 | \$19

680 Sa 9am-11:30am
June 7

Nancee Kruescheck
MC - SO, 108

Herb Gardening

Are you interested in starting (or expanding) an herb garden but aren't sure where to start? Whether you have a few herbs in your yard or an extensive herb garden, you can learn how get the most for your effort in this one-night class. Come hear the best advice on how to plant, maintain, and harvest an herb garden. You'll also get tips on using herbs in and around your home as well as the best way to freeze and preserve herbs for future use.

HORT:701 | \$25

650 W 6pm-9pm
June 11

Michelle "Mike" Ochonicky
MC - SO, 108

Hot Summer Heat: Keeping Your Yard & Garden Alive

Keeping your yard and garden flourishing throughout a typical St. Louis summer is a challenge for all of us. In May and June our yards are lush and green, our gardens are blooming; then comes July and August with their intense sun and drought conditions. Join our gardening expert and nursery owner, Nancee Kruescheck, as she teaches you how to keep your plants and turf less stressed in our Midwest heat, humidity, water (lack of) and soils. Also, she'll talk about plants that like it here and do well in our area.

HORT:708 | \$19

680 Sa 9am-11:30am
June 14

Nancee Kruescheck
MC - SO, 108

Soil and Composting: Get the "Dirt" on Successful Gardening

The first step in successful gardening is working from the ground up. Join Master Gardener "Mike" Ochonicky to learn the "dirt" on successful gardening as she'll discuss easy to understand information on soil types, practical tips on preparation and the "how to" and benefits of composting for your home garden. A beneficial class for both beginning and experienced homeowners.

HORT:709 | \$19

350 Tu 7pm-9pm
June 10

Michelle "Mike" Ochonicky
WW - 214

ECOLOGY

New It's OK to Eat the Weeds: Edible Wild Plants of Summer

The next time you weed your garden, you might find you have the makings for a unique dish! Join Dr. Catrina Adams, Ph.D. in Paleoethnobotany (how people have used plants in the past) to learn about some of the common edible plants that grow in and around St. Louis in the summer. You'll discover: where to find them, how to identify and collect them, and how to eat them! Then, take a tour of the campus to identify edible and useful plants you probably walk past every day. Some wild edibles are lovely native plants that you may want to cultivate in your own backyard. Others might be growing in your lawn or garden already, for better or for worse.

ECOL:700 | \$25

681 Sa 9am-12pm
June 21

Dr. Catrina Adams
MC - SO, 108

New Conserve Water with a Rain Barrel

Don't let your money go down the drain! You can save some cash by capturing rain water off your roof using a rain barrel. Capturing rain water not only saves you money, it's good for the environment, great for your landscape and helps your garden stay healthy and hydrated. Join Christina Ritter of Respect Earth's Resources to explore water scarcity, water conservation, and assessing the best rain barrel design for your water needs. You'll learn about proper maintenance and how to avoid potential problems like pesky mosquitoes. Lots of handouts included.

ECOL:700 | \$15

651 Tu 6:30pm-8pm
June 17

Christina Ritter
MC - SO, 109

Backyard Chickens for the Beginner

Have you thought about keeping chickens in your city or suburban backyard? There's a lot to find out about before you get started. Learn about local ordinances and where to find more information for the area where you live. You'll also hear about the benefits of keeping chickens, appropriate housing and feeding, and different ways of keeping your chickens healthy and happy. Instructor has years of personal and professional experience and is an enthusiastic and knowledgeable healthy-chicken farmer!

ECOL:700 | \$39

680 Sa 9am-1pm
June 14

Guy Niere
MC - SW, 108

Beyond the Coop: Advanced Topics for Experienced Backyard Chicken-Keepers

This class is for individuals who have been keeping chickens for a while and are looking for more in-depth information on the following topics: diseases, parasites and treatments; chicken anatomy and egg development; incubation and broody hatching; culling and processing; breed characteristics, showing, and judging for standards of perfection, supporting heritage breeds; and changing ordinances. Bring your questions to class! This is an intermediate level class and will not include introductory information covered in previous class: Backyard Chickens for the Beginner.

ECOL:700 | \$29

682 Sa 9am-12pm
June 28

Guy Niere
MC - SW, 108

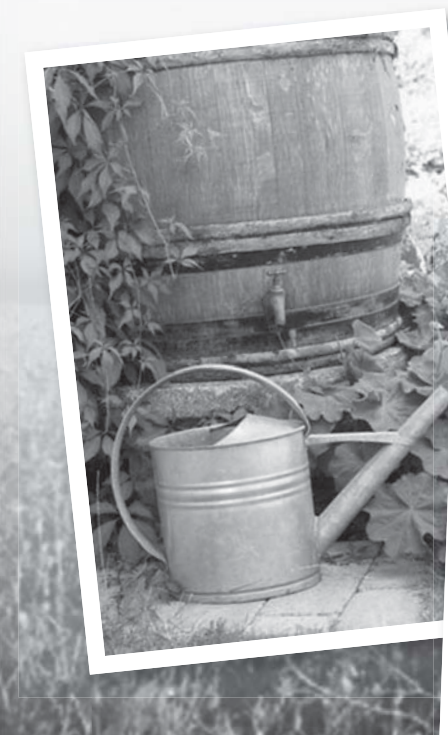
Indoor Composting: Make and Take Home a Bokashi Bucket

Up to 20% of household trash can be composted! In this hands-on session, you will construct and learn to maintain an indoor composting system capable of decomposing food and house plant trimmings for a family of four. In a space-saving bokashi system, effective microorganisms transform all types of kitchen waste into a nutrient-rich soil amendment. All equipment, materials and handouts provided and included in fee. You'll leave class with a working indoor composting system in the form of a bokashi bucket. Class offered in collaboration with the Missouri Botanical Garden Earthways Center.

ECOL:700 | \$49

650 Th 7pm-8:30pm
June 12

Kat Golden
MC - SS, 105



PERSONAL FINANCE

New Bring Balance to Your Budget

Sharpen your spending and savings strategies! Learn about: setting personal financial goals; balancing saving, spending and borrowing to achieve your goals; strategies for controlling debt and improving credit scores; and practical savings options for now through retirement.

FINC:704 | \$19

650 Tu 6:30pm-8:30pm
July 8

Margie Bittner
MC - BA, 118

INVESTING

Foundations of Investing

Are you just getting started with personal investing or want to learn more so that you can better communicate with your current financial advisor? Come learn about the basics of investing including the key features of bonds, stocks and mutual funds; the investment pyramid and the importance of asset allocation; risk tolerance and the portfolio objective that is right for you; and the impact of inflation and tax diversity on your long-term goals.

FINC:714 | \$25

650 Tu 6:30pm-9pm
June 17

Margie Bittner
MC - BA, 118

Preserving Capital and Making it Grow: A Winning Strategy for Good Times and Bad

This class is designed to empower the individual investor with strategies for stock market success as used by successful investors of our time. We'll discuss: historical precedent and how it applies today, selecting and purchasing the best investments, determining when to protect yourself by selling investments and minimizing potential risk while maximizing potential gain. Instructor owns and operates an investment firm that successfully avoided the fall 2008 collapse of the U.S. Stock Market. Lunch on your own.

FINC:714 | \$79

C80 Sa 9am-4pm
June 21 - June 28

Brian Bingham
Corp. College, 208

RETIREMENT PLANNING

New Retirement Roadblocks: Mistakes Retirees Often Make

Understand common mistakes that retirees can make over and over again and how you can overcome them! This class will explore being too conservative, having an unsuitable asset allocation strategy, paying too much in taxes and helping out the kids-how much is too much.

FINC:736 | \$19

350 Th 7pm-9pm
June 26

Laura Boedges
Steve Glazer
WW - 208

Understanding Retirement Healthcare and Social Security

As people approach retirement, a common concern is the answer to the question, "What if I get sick?" This class will prepare you to make important decisions about your healthcare by helping you to understand your health insurance options. You will learn about healthcare decisions to be made before and at retirement including what Medicare does and does not offer in plain English. You will also learn about Social

Security, the original source of guaranteed income for life, including how it can pay to delay, how your Social Security income will be taxed, and the little-understood effect of earned income on Social Security benefits.

FINC:736 | \$19

S01 Th 7pm-9pm
June 12

Laura Boedges
Steve Glazer
SCEUC, 104

651 Tu 7pm-9pm
June 24

Laura Boedges
Steve Glazer
MC - BA, 124

New Retirement Income Planning

Make the most out of your retirement savings. During this workshop you will learn the steps you need to take to create an income strategy and how to manage five common retirement risks. You will also get information on how to make your savings last and to help ensure a comfortable retirement by covering both your "needs" and "wants".

FINC:736 | \$19

650 Tu 7pm-9pm
June 17

Laura Boedges
Steve Glazer
MC - BA, 114

PERSONAL INTEREST

HISTORY

Civil War: 1861

This summer history series will remember the Civil War during this 150th anniversary (1861-1865). We'll start with a detailed look at why and how the war began, starting with the election of Abraham Lincoln in November of 1960 and the quick secession of South Carolina from the Union in December. You'll learn why ten additional states seceded during 1861 and why Missouri and the other three "slave states" stayed with the Union. We'll cover the early battles in the war; how the Union army came so close to probably winning the war; how Robert E. Lee surprised the North and South; and what was the most important result of America's bloodiest day at Antietam in 1862.

HIST:705 | \$19

350 Th 7pm-9pm
June 5

Wynn Ward
WW, 208

Civil War: 1862-1863

This summer history series continues with the Civil War during this 150th anniversary (1861-1865). During the two middle years of the great Civil War there was continuous fighting in some areas, but in others it was sporadic enough that Lee was shifting troops to bolster areas where they were needed more. See what brings this tactic to an end. Notice the importance of past military associations in guiding generals in making new decisions. You decide if Gettysburg was the most crucial battle, or just the bloodiest one in the war and whether or not Vicksburg was a greater victory for Grant.

HIST:705 | \$19

351 Th 7pm-9pm
June 12

Wynn Ward
WW, 208

Civil War: 1864-1865

This is the concluding session of the summer history series on the Civil War during this 150th anniversary (1861-1865). The final battles of the war include major ones in Virginia, Georgia, the largest battle west of the Mississippi, in Westport Missouri in 1864, and the final ones leading to Appomattox. Learn what might have been done. Why didn't the confederacy demand peace? Why was Jefferson Davis never put on trial? And finally, would Lincoln, had he lived, been able to bring about a kinder reconciliation for the South, instead of the rather vindictive reconciliation they were given?

HIST:705 | \$19

352 Th 7pm-9pm
June 19

Wynn Ward
WW, 208



Gain an understanding of the present and training for the future by building a foundation through knowledge of the past with our history classes this summer.

By The Rockets' Red Glare: War of 1812 Bicentennial

In this year of the bicentennial of the Star Spangled Banner and the burning of Washington, spend an evening looking back at the War that gave us our national anthem, the phrase "Don't Give Up The Ship," and Andrew Jackson as a national hero. Why was the War of 1812 fought? Was it our Second War of Independence? Who won? The United States? Great Britain? Canada? Come and find out.

HIST:709 | \$19

650 Tu 7pm-9pm
June 10

James Gallen
MC - BA, 118

Like us on Facebook



St. Louis
Community
College
Continuing
Education

Exclamation Point!

Wynn Ward is a very knowledgeable and entertaining instructor. I have taken over 24 classes with Wynn, and hope to continue to take all the classes offered in the future."

Jennifer T. - Bridgeton

The Road To War: 1914

As we enter the Centennial of the Great War, spend an evening looking at its build-up and first year. Was World War I inevitable? Were the national leaders failing as "The lamps are going out all over Europe"? What were they thinking? Spend an evening considering how our civilization slipped into the slaughter that still casts its shadows over our world.

HIST:712 | \$19

650 Tu 7pm-9pm
June 24

James Gallen
MC - BA, 118

In Search of the Historic King Arthur

We have all heard of King Arthur. Monty Python even made a movie about him. But was there a real King Arthur? Join us on our "trip" throughout Great Britain to various sites to find out what is real and what is myth.

HIST:712 | \$19

651 Th 7pm-9:30pm
July 24

Charles Kilker
MC - BA, 118

New Pakistan Series: Foundations: Pakistan at its Inception

Though they were both formally emancipated from British rule on August 15, 1947, Pakistan celebrates its independence on August 14th, while India recognizes the 15th as its birthday. This is not the only issue on which the subcontinent's nuclear powers disagree. This first installment of our new series on Pakistan will discuss the reasons for partition, i.e., the establishment of a separate Muslim state that emerged during the fight for Indian independence after nearly a century of British colonial rule. By examining the role of the Muslim League, Mahatma Gandhi, geography, religion, resources, and history in the creation of Pakistan, this course will create a foundational framework through which to understand some of the underlying issues that have shaped the Islamic Republic of Pakistan.

HIST:713 | \$19

650 W 7pm-9:30pm
June 18

Katie Young
MC - BA, 120

The Arab-Israeli Conflict: The Post-Intifada Spring of Hope and its Aftermath

The iconic photo of President Clinton standing between Israeli prime minister Yitzhak Rabin and PLO chairman Yasser Arafat on the White House lawn in 1993 represents the hope for peace that followed the end of the First Intifada. This course will study that optimistic period, in which, despite continued violence, key figures on both sides believed in and worked toward the establishment of a Palestinian state in exchange for peace. It will examine the roles of the United States, internal Israeli politics, a divided Palestinian people, regional strife, and international forces in the pursuit and devastating collapse of peace. The series will conclude with an overview of the key issues that continue to thwart a comprehensive Arab-Israeli settlement.

HIST:713 | \$19

651 W 7pm-9:30pm
June 4

Katie Young
MC - BA, 120

Exclamation Point!

"Katie Young was a fantastic instructor and was very enthusiastic and knowledgeable on the Middle East conflict. I hope to take more courses with her. Thank you!"

Jennifer W. - St. Louis

LANGUAGES

Chinese for First Timers

If you've never learned a word of Chinese, this course is for you. You'll be introduced to pronunciation, the Pin Yin system, greetings, and basic sentences. No text required.

FLCH:702 | \$49

650 M 7pm-9pm
June 16 - July 7

John Yeh
MC - SO, 105

French for the Traveler

A quick, easy, and very practical course in the French language. Learn survival phrases, how to read menus, understand cultural differences, transportation schedules and more. A jump-start course in the French language for smart travelers. Bring a pocket folder, notebook and pen.

FLFR:701 | \$75

600 MW 4:30pm-6:30pm
July 7 - July 23
No text required

Marcel Kyle
MC - CN, 228

650 TuTh 7pm-9pm
June 10 - June 26
Text required - bring to first class.

Patricia Adams
MC - CN, 204

French Language: Beginning I

In a relaxed and informal atmosphere you will learn practical vocabulary, correct pronunciation, and the basic sentence structure necessary to understand and use the French language. Especially helpful for persons planning to travel in Canada or Europe. Concentration will be on the oral use of the language in dealing with everyday situations. No text required. Bring a pocket folder, notebook and pen.

FLFR:702 | \$99

650 MW 7pm-9pm
July 7 - July 30

Marcel Kyle
MC - CN, 228

French Conversation: Intermediate I

Designed for individuals who have taken French Conversation: Beg II or who previously studied French and need a more advanced refresher. Concentration will be on the oral use of the language dealing with everyday situations. No text required. Bring a pocket folder, notebook and pen.

FLFR:705 | \$99

650 TuTh 7pm-9pm
July 8 - July 31

Marcel Kyle
MC - CN, 226

German for the Traveler

Enjoy an easy and practical introduction to the German language. Learn survival phrases, how to read signs, menus, transportation schedules, and more. Understand cultural differences and be prepared to enjoy your adventure. A jump-start course for smart travelers. Text required - bring to first class.

FLGE:701 | \$75

650 Tu 6:30pm-9:30pm
June 10 - June 24

Bryan Young
MC - BA, 205

450 W 6pm-8:15pm
June 11 - July 2

Dustin Glastetter
FP - G Tower, 111

Italian for the Traveler

An easy and practical introduction to the Italian language. Emphasis will be on conversation for transportation, food, lodging, and basic shopping as well as observation of cultural differences. A jump-start course for smart travelers. Text required-bring to first class.

FLIT:701 | \$75

600 M 4pm-6pm
June 9 - July 14

Annunciata Buzzai
MC - CS, 119

650 M 7pm-9pm
June 9 - July 14

Annunciata Buzzai
MC - CS, 119

Japanese Language: Beginning I

This class introduces the Japanese language and culture through conversation. The goal is mastery of the basic grammatical structures. Cultural aspects of the class include customs, modern topics and traditions. No text required. Handouts provided. One class will be held at a Japanese Restaurant-Cost not included in fee. No class 7/5.

FLJP:702 | \$99

480 Sa 10am-12pm
June 7 - Aug. 2

Satoko Kimzey
FP-G Tower, 111

Get paid to talk!
Sign up for
**Breaking into
the Voiceover
Industry**
on page 9.



**Learn a new language this summer
at St. Louis Community College.**

Spanish for the Traveler

An easy and practical introduction to the Spanish language. Learn survival phrases, how to read signs, menus, transportation schedules and more. Understand cultural differences and be prepared to enjoy your adventure. A jump-start course for smart travelers. Text required - bring to first class.

FLSP:701 | \$75

350 Tu 5:30pm-7:30pm **Burnette McNamee**
June 3 – July 8 WW, 222

Spanish Language: Beginning I

In a relaxed and informal atmosphere you will learn practical vocabulary, correct pronunciation and basic sentence structure necessary to understand and use the Spanish language. Text required-bring to first class.

FLSP:702 | \$99

600 Th 4pm-6pm **Ann Matthews**
June 5 – Aug. 7 MC - CS, 206
No class 7/3, 7/17

350 M 7pm-9pm **Ann Matthews**
June 9 – Aug. 4 WW, 202
No class 7/14

550 Th 6:30pm-8:30pm **Maria de la Garza**
June 5 – July 31 FV - C, 103
No class 7/3

450 Th 7pm-9pm **Diana Schott**
June 5 – July 31 FP - G Tower, 111
No class 7/3

W01 W 6pm-8pm **Margaret Poth**
May 28 – July 16 The Timbers - Eureka

Spanish Language: Beginning II

Class is for students who have some experience with the Spanish language. Continue to increase your knowledge of the Spanish language including speaking, grammar and vocabulary. Prerequisite: Spanish - Beginning I or equivalent experience. Text required-bring to first class.

FLSP:704 | \$99

450 Tu 7pm-9pm **Diana Schott**
June 10 – July 29 FP - G Tower, 111

650 W 7pm-9pm **Ann Matthews**
June 11 – Aug. 6 MC - CS, 206
No class 7/16

550 W 6:30pm-8:30pm **Maria de la Garza**
June 11 – July 30 FV - C, 103

Spanish Language: Beginning III

Class is for students who have some experience with the Spanish language. Continue to increase your knowledge of the Spanish language including speaking, grammar and vocabulary. Prerequisite: Spanish - Beginning II or equivalent experience. Text required-bring to first class.

FLSP:704 | \$99

651 Th 7pm-9pm **Ann Matthews**
June 5 – Aug. 7 MC - CS, 206
No class 7/3, 7/17

451 M 7pm-9pm **Diana Schott**
June 9 – July 28 FP - G Tower, 111

Spanish Conversation: Advanced

Advanced level course which stresses spoken Spanish by reading and discussing short selections on a variety of topics. Increase your vocabulary and conversational skills. Prerequisite: Conversational Spanish - Intermediate or equivalent experience. No text required. No class 7/3.

FLSP:706 | \$99

650 Th 7pm-9pm **Lorenzo Gonzalez**
June 5 – July 31 MC - CN, 224

Introduction to the Culture of Mexico

What do you know about the culture of Mexico? Explore the grandeur of activities and ways of life that are unique to the Mexican society including history, customs, traditions, celebrations and food. Taught by a native Spanish language instructor and former tour guide, get introduced to why the people cook with milk, why the country celebrates and offers gifts to the spirits, the role of religion, holiday festivals and more.

FLSP:708 | \$25

650 M 6pm-9pm **Maria de la Garza**
June 23 MC - BA, 118

SIGN LANGUAGE

Sign Language: Beginning I

Learn the fundamentals of ASL including finger spelling and hand signs. A brief overview of deaf culture will be discussed. Text required - bring to first class.

SIGN:701 | \$99

550 M 6pm-8pm **Steven DeShetler**
June 9 – July 28 FV - C, 111

Sign Language: Intermediate

Class is designed for people who have completed Sign Language: Beginning I and want to continue learning additional ASL concepts, finger spelling and hand signs. Text required-bring to first class.

SIGN:702 | \$99

551 Tu 6pm-8pm **Steven DeShetler**
June 10 – July 29 FV - C, 111

PERSONAL SAFETY

FIREARM SAFETY

Firearm Safety: Beginning Skills

If you have never shot a handgun, this is the course for you. You will focus on safety, loading and unloading, using ammunition and marksmanship. You will discuss cleaning, storing and using accessories such as grips and holsters. **Due to ammunition shortages, students are advised to purchase ammunition well in advance of class start date.** Bring a picture ID proving you are at least 21. Also, bring a check or money order for \$25 made payable to Berkeley Police Department for use of the range.

GNSF:701 | \$69

Florissant Valley Campus

580 Sa 8am-5pm **Jack Bender**
June 7 FV - SS, 108

The classroom portion meets from 8am-4pm; one hour range time is scheduled after that. **Before coming to class you must take your handgun--unloaded and in a locked container--to the Florissant Valley police office to be checked in and tagged. Please put your name on your gun box or bag when bringing them to Campus Police.** Guns are not allowed on campus. After class, you will pick up your gun(s) from the Campus Police office and report to the range at your assigned time.

Firearm Safety for Concealed Carry

Course meets the requirements of the Concealed Carry Missouri Law. Your instructor is a certified police officer firearm safety instructor. You must shoot both a revolver and a semi-auto per the law for the live firing exercise on the range. You will need to furnish one gun, preferably both (any caliber of your choice). If you can, please bring the gun you intend to carry or use to qualify with. The instructor will provide the other gun but you will need to provide the 40 rounds of ammunition (factory only) for that gun. **Due to ammunition shortages, students are advised to purchase ammunition well in advance of class start date.** The guns available are a .38 Special revolver and a 22 long rifle semi-auto. (No magnum or plus P loads for the revolver and no reloads for safety reasons). Guns are not allowed on campus. In addition, bring a picture ID proving you are at least 21 years old. Finally, bring a check or money order made payable to Berkeley Police Department for \$25 to pay for use of the range. Course includes earplugs, goggles, target and documentation needed to secure your permit if you successfully complete the course. Some handgun experience is required. This is not a course to teach you how to shoot, but to qualify for a conceal-carry permit.

GNSF:700 | \$119

Florissant Valley Campus

580 Sa 8am-8pm **Jack Bender**
June 21 FV - SS, 108

Course meets 8am-noon on campus, 1-5pm at the range. **Before coming to class you must take your handgun to the campus police office to be checked in and tagged.** If you don't own one then you can use the instructor's (We do prefer that you use your own). The guns he has available are a **.38 Special revolver** and a **22 long rifle semi-auto**. Ammunition—bring 80 rounds—may be kept in your car for use at the range. You must check in by 7:45am. If you do not check in with the campus police, you will not be admitted to class. There are **NO** exceptions. Guns are not allowed on campus.

Meramec Campus

680 SaSu 8am-2pm **Jack Bender**
July 19 – July 20 MC - SW, 108

Course meets Saturday on campus and Sunday at the range. Guns are not allowed on campus. You will receive detailed range instructions during the classroom portion.

No More Film!

Go Digital.

ed2go courses will guide you through the world of **Digital Photography!**

- Discover the possibilities
- Learn to use photograph enhancement tools
- Explore new tricks and strategies
- Receive expert advice on taking better photographs

www.ed2go.com/stlcc

SELF DEFENSE

Self Defense for Women

Designed for ladies who want to learn to protect themselves at all times! Class is taught by a fifth degree black belt, who also specializes in Judo and Jujitsu and has been teaching for 30 years. Come dressed as you are and leave feeling safe and prepared for anything! No class 7/15.

PEDU:743 | \$59

M01 Tu 7pm-8pm
June 3 – July 29
Sunset Hills CC

Systema: Russian Self Defense

Learn the extremely innovative and versatile self-defense tactics of Systema, the Russian Martial Art. Systema tactics are time practical, realistic and effective against any type of opponent under any circumstance. All tactics are based on instinctive reactions, individual strengths and characteristics, specifically designed for fast learning. In Systema, the synergy of three components creates a TRUE WARRIOR - Combat Skill, Strong Spirit and Healthy Body.

PEDU:743 | \$89

P01 Tu 6:30pm-7:30pm
May 27 – July 29
StL Combat Inst.

P03 Sa 10am-11am
May 24 – Aug. 9
StL Combat Inst.
No class 6/21, 7/5

Class Nikita: Covert Self-Defense for Women

Arm yourself with the appropriate tools to handle any violent or confrontational situation with this highly individualized, real and practical training. This is not a fitness-based workout, nor is it a sport-based martial art modified for the street. After taking this course, you should be able to utilize common objects as weapons in defense and handle most common street applicable attacks while protecting yourself and others. Training will include: hand-to-hand self-defense, situational awareness, armed and unarmed tactical training, child protection, improvised weapons, use of clothing as a weapon, vehicle and home defense, weapon recognition and concealment, defense against multiple attackers, and psychological manipulation of attackers.

PEDU:743 | \$89

P02 Th 5:45pm-6:45pm
May 29 – July 31
StL Combat Inst.

RECREATION, WELLNESS AND FITNESS

The college can assume no liabilities for injuries or for the aggravation of individual's medical condition, which may be incurred in connection with its on-and-off campus course offerings. Although accidents rarely occur, those participating in sports and recreational events in particular should have their own insurance or be aware that expenses for any medical treatment or care must be borne by the individual student. Students engaging in dance, sports, or recreational type activities should understand that a physical activity of this type is potentially hazardous. It is strongly recommended if a participant is of an age, has a medical condition, or leads a sedentary lifestyle that may affect their health due to participation in this activity, that they receive a complete physical examination before the start of the program.

AEROBIC EXERCISE

Zumba

Dance your way to fitness with Zumba. Let the Latin music take you away with a combination of Salsa, Merengue, Samba, and Cumbia. It's a great high-energy low-impact workout that's fun!

PEDU:747 | \$45

550 M 7pm-8pm
June 9 – July 21
Paula Taylor
FV - SC, MULTI-PURP

Zumba: Continuing

Now that you are used to the steps, kick it up a notch in this fast-paced Zumba class! Quickly burn calories and have a blast during a high-energy workout that proves fitness is fun!

PEDU:747 | \$45

580 Sa 10am-10:50am
June 7 – July 26
No class 7/5
Tonya Miller
FV - SC, MULTI-PURP
M04 Sa 10am-10:50am
June 7 – July 19
No class 7/5
Theresa Daniels
Adiva Dance Center

Zumba Gold for Seniors

Designed for the older active adult or individuals with limited physical activity, Zumba Gold takes a lower intensity, gentle approach to Zumba dance. Exercises are modified to work on your posture, strength, and balance. This non-strenuous class will also work on breathing and stretching. Come join in the fun and get fit with the upbeat tempo of Latin and International music.

PEDU:747 | \$45

M01 W 11am-11:50am
June 4 – July 9
Theresa Daniels
Adiva Dance Center

Zumba Toning: Beginning

Sculpt your arms, abs, glutes and thighs as you participate in a healthy workout with Latin infused Zumba moves matched to Latin and International music. Using lightweight maraca-like toning sticks, you'll get a strength-training dance exercise workout like you've never done before! Join this new and exciting beginner level class to shape your body naturally into a fit new you! Please bring two 1 lb. Zumba toning sticks to class. Available for purchase online.

PEDU:747 | \$45

M02 W 6pm-6:50pm
June 4 – July 9
Theresa Daniels
Adiva Dance Center

Zumba: Beginning

Designed for the beginning student, this class is a lower intensity, exhilarating, and effective way to get fit and increase your energy level! Join in the Zumba craze featuring easy to learn routines set to Latin and International music designed to quickly burn calories. Give it a try, and you'll be convinced that exercise fitness can be fun. No class 7/5.

PEDU:747 | \$45

M03 Sa 9am-9:50am
June 7 – July 19
Theresa Daniels
Adiva Dance Center

Dance Aerobics

A fun, full body workout including cardio and toning set to contemporary music. Bring light weights (1-3 lbs.) and a mat. No dance experience required.

PEDU:750 | \$79

550 MW 6pm-6:50pm
June 2 – July 21
Susan Pellegrino
FV - TC, 202

Aerobic Kickboxing

This class begins with warm-up and stretching followed by an aerobic workout including floor work and self-defense moves. A great workout with an experienced instructor from The Martial Arts Center. Bring a mat for floorwork.

PEDU:744 | \$59

M01 W 7pm-8pm
June 4 – Aug. 6
Timothy Toeniskoetter
Martial Arts Ctr (Mehl)



Get fit with Continuing Education

AQUATICS

Attention Water Students:

Due to circumstances related to inclement weather, building and/or equipment malfunctioning or maintenance, the Pool facilities used by Continuing Education may have to be closed with little or no advance notice. In these cases, no refunds will be offered, nor will make-ups be available because of tight scheduling of swimming, water exercise and other physical education classes. For additional information regarding the various college Pools, please call

- Meramec Pool: 314-894-7172
- Forest Park Pool: 314-644-9717
- Florissant Valley Pool: 314-513-4275

Lap Swim

The pool is open for lap swimming during this time. Lockers are available; however you must provide your own towel & lock for your valuables.

PEDU:721

Florissant Valley | \$89

500 M-F 6:30am-7:45am
June 3 – July 25
No class 7/4
FV - PE, POOL

Meramec | \$39

601 Tu 7am-7:50am
June 3 – July 22
MC - PE, POOL

602 Th 7am-7:50am
June 5 – July 24
MC - PE, POOL

Open Lap Swim - Meramec

The pool is open for lap swimming during this time. Lockers are available; however you must provide your own towel & lock for your valuables.

PEDU:721 | \$49

600 M-Th 8am-8:50am
June 2 – July 24
MC - PE, POOL

Swimming Skills: Beginning/Intermediate

Designed for persons who want to acquire basic through intermediate swimming skills, enabling them to feel confident in the water and around water activities. Emphasis is on the primary strokes, buoyancy techniques, breath control and acquiring endurance.

PEDU:722 | \$85

600 MW 10am-10:50am
June 2 – July 16
MC - PE, POOL



Water Exercise

Get a total body workout as you tone, strengthen, and achieve flexibility and circulatory endurance while exercising in the water. No more stiff and sore muscles! All skill levels are welcome as you will work at your own pace.

PEDU:729

7 Sessions | \$45

580 Sa 9am-9:50am
June 14 – Aug. 2
No class 7/5
FV - PE, POOL

581 Sa 10am-10:50am
June 14 – Aug. 2
No class 7/5
FV - PE, POOL

12 Sessions | \$75

651 TuTh 6pm-6:50pm
June 3 – July 22
No class 6/5, 6/12, 7/3.
MC - PE, POOL

15 Sessions | \$89

600 MW 9am-9:50am
June 2 – July 21
Gary Ketcherside
MC - PE, POOL

601 TuTh 9am-9:50am
June 3 – July 22
Gary Ketcherside
MC - PE, POOL

602 MW 11am-11:50am
June 2 – July 21
MC - PE, POOL

603 TuTh 2pm-2:50pm
June 3 – July 22
Jill Woehrle
MC - PE, POOL

604 MW 2pm-2:50pm
June 2 – July 21
Jill Woehrle
MC - PE, POOL

605 TuTh 10am-10:50am
June 3 – July 22
MC - PE, POOL

606 TuTh 11am-11:50am
June 3 – July 22
MC - PE, POOL

500 MWF 9am-9:50am
June 16 – July 21
No class 7/4
Barbara Harris
FV - PE, POOL

501 MWF 10am-10:50am
June 16 – July 21
No class 7/4
Barbara Harris
FV - PE, POOL

Aqua Zumba

Splash and dance your way to fitness in this fun, low-impact, water-based workout! Aqua Zumba integrates the Latin-inspired, dance-fitness moves of the traditional Zumba class with water-based exercises. No class 7/5.

PEDU:729 | \$45

582 Sa 11am-11:50am
June 14 – Aug. 2
Tonya Miller
FV - PE, POOL

Gentle Aqua Zumba

Splash and dance your way to fitness in this fun, easy to follow, low-impact, water-based workout! Gentle Aqua Zumba integrates the Latin-inspired, dance-fitness moves of the traditional Zumba class with water-based exercises, just at a slower pace.

PEDU:729 | \$49

550 Th 6pm-6:50pm
June 5 – July 24
Neil Skid
FV - PE, POOL

Ai Chi

Are you looking for a new way to relax and de-stress? Ai Chi is the perfect class for you! Similar to Tai Chi in the water, this class combines deep breathing and slow, broad movements to help improve your balance, coordination, range of motion, and relaxation ability. No swimming skills required.

PEDU:729 | \$49

551 Tu 6pm-6:50pm
June 3 – July 22
Laura Payer
FV - PE, POOL

Water Exercise - Shallow/Deep Aerobics Combo

Challenge your body and mind with this intense workout in both shallow and deep water. Great exercise for toning as well as increasing strength and endurance. Non-swimmers are required to wear a safety belt - available at most sporting goods stores. Life jackets NOT recommended. No class 6/9, 7/9.

PEDU:729 | \$79

650 MW 6pm-6:50pm
June 4 – July 23
Gary Ketcherside
MC - PE, POOL

Deep Water Aquacise - Mid-County Family YMCA

This is a full body workout with no impact on your joints. Includes warm up, cardio workout and cool down designed to maintain cardio health and joint flexibility. Comfort in deep water required. A buoyancy belt is provided.

PEDU:729 | \$49

M01 M 8:15am-9am
June 16 – July 28
Mid-County YMCA

M02 W 8:15am-9am
June 18 – July 30
Mid-County YMCA

M03 F 8:15am-9am
June 13 – Aug. 1
No class 7/4
Mid-County YMCA

Shallow Water Aquacise - Mid-County Family YMCA

A cardio workout held in the shallow water. Includes muscle strengthening and flexibility. No swimming skills required.

PEDU:729 | \$49

M04 M 7pm-7:45pm
June 16 – July 28
Mid-County YMCA

Jump into the pool with Continuing Education.



CARDS AND GAMES

Bridge: Supervised Party Bridge with Intermediate Instruction

Practice what you learn in a structured party bridge setting. You will be playing bridge, keeping score, and learning how to play your hand more skillfully. Prerequisite: A firm grasp of Beginning Bridge.

BRID:702 | \$65

V01 Th 7pm-9pm George Hawley
June 5 – July 17 Bridge Haven

Chess I: Beginning to Intermediate

This class is designed for those who want to learn the basics of chess or who would like to advance their basic skills and improve their tournament play. Beginning skills covered will include moves of the pieces, reading and writing chess notation, move selection principles, middle game tactics, endgame principles and checkmate. More advanced players will learn opening system for white, opening system for black, middle game tactics, endgame studies, and review of masters games. Cost includes chess book provided at first class. Instructor is on the Board of Directors of Missouri Chess Association and has over 30 years of chess coaching experience.

BRID:710 | \$59

P01 Tu 7pm-9pm Edward Baur
May 27 – June 24 Chess Club & Schol. Ctr

FITNESS

Boot Camp with Shark Fitness

Challenge yourself! Classes consist of resistance training, calisthenics, short runs, and drills designed to work every major muscle group in the 60-minute class. You will learn the correct way to train in terms of form, tempo, and exercise selection. Despite the group setting, this class challenges participants individually to give their best and expect optimal results. Must be able to jog 300 yards without rest. Bring a towel or mat and water. Class will be held outside - meet at the entrance to the PE Building on O Parking Lot.

PEDU:755 | \$170

601 MWF 5:45am-6:45am
May 28 – July 2 MC - PE

PEDU:755 | \$160

602 MWF 5:45am-6:45am
July 14 – Aug. 15 MC - PE

Dynamic Stretch

Increase the range of motion in your muscles and joints through specialized lengthening and stretching techniques designed to help release muscle tension, decrease stress, and enhance coordination.

PEDU:755 | \$45

600 Tu 8am-8:50am Gary Ketcherside
June 3 – July 15 MC - PE, GYM

604 Th 8am-8:50am Gary Ketcherside
June 5 – July 17 MC - PE, GYM

Nia: A Combination of Cardio and Strength Training

NIA blends the grace and spontaneity of modern and ethnic dance, the stillness and concentration of Tai Chi, the dynamic poses of yoga, and the explosive power of martial arts to make it an expressive mind-body-spirit movement class offering a holistic approach to cardiovascular fitness. Wear comfortable clothing. No class 7/5.

PEDU:755 | \$59

M01 Sa 8:30am-9:25am Karol McNutt
June 7 – July 19 Affton White-Rodgers, GYM

20/20/20

Short on time in achieving your optimal physical conditioning? Cover all the bases in this class with cardio, toning with small hand weights, ab work and stretching. Bring a towel, sticky mat and small hand weights (3-5 lbs).

PEDU:755 | \$85

605 MW 5pm-5:50pm
June 2 – July 16 MC - PE, GYM

Rise and Shine: Senior Workout

This class is a total body senior workout program for active older individuals. Join this early morning session for a variety of exercises that are designed to increase muscular strength, range of motion, agility, and heart-healthy movement supporting the skills required for your daily life. Wake up, work out and feel energized for the rest of the day. No running or jumping in this class. Wear tennis shoes. Bring water, towel, small rug or yoga mat and one pair of 2-3lb. weights.

PEDU:755 | \$69

606 TuTh 5:55am-6:55am Gail Velten
June 3 – June 26 MC - PE, 201

Pilates

Strengthen, lengthen and tone muscle as well as increase your flexibility. You'll learn how to execute the movements while focusing on breathing, allowing the mind and body to unite. Bring a towel and mat.

PEDU:756

6 Sessions | \$49

600 F 9am-9:50am Katherine Hanewinkel
June 20 – Aug. 1 MC - PE, 201
No class 7/4

650 M 6:30pm-7:25pm Katherine McMeans
June 16 – July 21 MC - PE, 105

651 W 6:30pm-7:25pm Katherine McMeans
June 18 – July 23 MC-PE, 105

8 Sessions | \$59

M02 Tu 6:30pm-7:25pm Denise Motta
June 10 – July 29 Garden of Life, MP

10 Sessions | \$69

450 W 5:30pm-6:25pm Jill Woehrle
May 28 – July 30 FP - B Tower, 013

Yogalates

Get the benefits of yoga, pilates and core strengthening as you exercise and stretch. A challenging and relaxing workout in just one class. Beginners to any class should come 10 minutes early for a brief introduction. Bring water, towel and yoga mat.

PEDU:756 | \$95

M01 Th 5:30pm-7pm Denise Motta
May 29 – July 31 Affton White-Rodgers, A

Iyengar Yoga

Well known for its highly developed teaching methodology and rigorous Teacher Training program, Iyengar Yoga's complete integration of postures and Yoga philosophy brings physical health and vigor, mental clarity, and emotional serenity and poise. Postures are taught by certified teachers in a safe orderly progression with emphasis on body alignment, intelligent actions in each posture, observation and correction of the students. Lowest level of Iyengar Yoga certification takes 7-10 years. Tiki is one of the few Iyengar certified teachers in the St. Louis area. Bring a yoga mat.

PEDU:761 | \$85

351 W 7pm-8:30pm Bishnupriya Misra
June 4 – July 23 WW, 102B

Gentle Yoga

A gentle combination of yoga exercises helping to improve flexibility and core balance. Great for stress relief. Individual yoga practice will be encouraged. Bring a yoga mat and towel.

PEDU:761 | \$59

350 W 6pm-6:50pm Bishnupriya Misra
June 4 – July 23 WW, 102B

Gentle Yoga- MSPC

A gentle combination of yoga exercises helping to improve flexibility and core balance. Great for stress relief. Individual yoga practice will be encouraged. Bring a yoga mat, towel and water.

PEDU:761 | \$79

M10 W 7pm-8pm Masterpeace Studios
June 4 – July 23

Yoga

Relax, calm your mind, experience vibrant healing energy. Learn to use breathing, stretching and relaxation techniques to bring a total sense of well-being and integration of mind and body. Bring a yoga mat.

PEDU:761

6 Sessions | \$49

600 F 10am-10:50am Katherine Hanewinkel
June 20 – Aug. 1 MC - PE, 201
No class 7/4

8 Sessions | \$59

M08 M 5:30pm-6:25pm Sharon Danyluck
June 9 – July 28 Sunset Hills CC

M09 W 5:30pm-6:25pm Sharon Danyluck
June 4 – July 23 Sunset Hills CC

M11 Tu 7:30pm-8:25pm Denise Motta
June 10 – July 29 Garden of Life, MP

10 Sessions | \$69

450 W 6:30pm-7:25pm Jill Woehrle
May 28 – July 30 FP - B Tower, 013

12 Hours (8 Sessions) | \$89

M01 Tu 1pm-2:30pm Julie Garland
June 3 – July 22 Big Bend Yoga

Yoga Basics

New to yoga or desire a slow, gentle pace? Learn standard yoga postures, flexibility, and correct breathing techniques. Bring a yoga mat, towel and water.

PEDU:761 | \$69

M04 M 12:15pm-1:15pm Kelly Kauffmann
June 2 – Aug. 4 Affton White-Rodgers, GYM

Yoga Basics- MSPC

New to yoga or desire a slow, gentle pace? Learn standard yoga postures, flexibility, and correct breathing techniques. Bring a yoga mat, towel and water.

PEDU:761 | \$79

M07 W 9am-10am Masterpeace Studios
June 4 – July 23

Exclamation Point!

"Denise Motta is a wonderful Yogalates instructor. Her class is well-paced but gentle. I found the exercises challenging and I love how relaxed I feel after the class. Fantastic stress reliever!"

Heather E. – St. Louis, MO

Yoga: Continuing

Designed for individuals with prior yoga experience, continue to build your skills while learning to relax, calm your mind, and experience vibrant healing energy. Learn to use breathing, stretching and relaxation techniques to bring a total sense of well-being and integration of mind and body. Prerequisite: Prior yoga experience. Bring a towel & mat.

PEDU:761

10 Sessions | \$69

M05 M 1:30pm-2:30pm **Kelly Kauffmann**
 June 2 – Aug. 4 *Affton White-Rodgers, GYM*

12 Hours (8 Sessions) | \$89

M02 Th 9am-10:30am **Melanie Klug**
 June 5 – July 24 *Big Bend Yoga*

New Mommy and Me Yoga

Get a relaxing workout while bonding with your child. All levels of yoga welcome and children of all ages. Registration and signed waiver required for each participant (mom and child). Bring yoga mat, towel, water and pumpkin seat/stroller for infants. No class 7/15.

PEDU:761 | \$49

M06 Tu 9am-9:50am **Angelicia Fingers**
 June 10 – July 22 *Faust Park - Carosel Gallery*

Exclamation Points!

“Rich Manley at the GolfPort of Maryland Heights was great! He used techniques and methods that were easy to use and remember. The course was a wonderful place to learn golf.”

Mary G. - Overland

“We enjoyed the Landings at Spirit golf course for our Continuing Education classes. It is a great golf club with a friendly staff and a challenging but fair course.”

-John H., Ladue

Like us on Facebook



St. Louis Community College Continuing Education

GOLF

Golf Classes - Extra fee for balls

Every effort will be made to schedule a make-up class for outdoor classes missed due to rain-outs. However, no refunds will be given for rained-out classes.

Golf: Beginning I

Learn the basic fundamentals of golf: grip, set up, mini-swing, full swing, putting and chipping.

PEDU:730

4 Sessions | \$45

- 800** Th 6pm-7pm **Rich Manley**
 June 5 – June 26 *GolfPort-Maryland Hghts*
- 801** Sa 10am-11am **Rich Manley**
 July 12 – Aug. 2 *GolfPort-Maryland Hghts*
- 810** W 7pm-8pm **Big Bend Golf**
 May 28 – June 18
- 811** M 6pm-7pm **Big Bend Golf**
 June 2 – June 23
- 812** M 7pm-8pm **Big Bend Golf**
 June 2 – June 23
- 813** M 7pm-8pm **Big Bend Golf**
 July 7 – July 28
- 814** Sa 8am-9am **Big Bend Golf**
 June 7 – June 28
- 840** Tu 5pm-6pm **Landings - Spirit GC**
 May 27 – June 17

6 Sessions | \$59

- 890** Th 9am-10am **Tower Tee**
 May 29 – July 3
- 891** Th 10am-11am **Tower Tee**
 May 29 – July 3
- 892** W 7pm-8pm **Tower Tee**
 May 21 – June 25
- 893** W 6pm-7pm **Tower Tee**
 July 9 – Aug. 13
- 894** W 7pm-8pm **Tower Tee**
 July 9 – Aug. 13
- 895** Sa 9am-10am **Tower Tee**
 May 31 – July 5
- 880** Tu 6pm-7pm **First Tee**
 May 27 – July 1
- 860** W 7:15pm-8:15pm **Robert Jeep**
 May 28 – July 2 *Sunset Hills Golf Ctr*
- 861** M 6:15pm-7:15pm **Robert Jeep**
 June 2 – July 7 *Sunset Hills Golf Ctr*
- 862** M 7:15pm-8:15pm **Robert Jeep**
 July 21 – Aug. 25 *Sunset Hills Golf Ctr*
- 873** Sa 9am-10am **Ruth Park GC**
 May 31 – July 12
 No class 7/5
- 872** Th 6pm-7pm **Ruth Park GC**
 May 29 – July 3
- 875** Sa 11am-12pm **Ruth Park GC**
 May 31 – July 12
 No class 7/5

Women Only-6 Sessions | \$59

- 871** Tu 6pm-7pm **Ruth Park GC**
 May 27 – July 1
- 874** Sa 10am-11am **Ruth Park GC**
 May 31 – July 12
 No class 7/5

12 Sessions | \$149

- 870** TuTh 4pm-5:30pm **Ruth Park GC**
 May 27 – July 3

Golf: Beginning II

Review fundamentals presented in Golf: Beginning I with special emphasis on correcting individual swing faults.

PEDU:731

4 Sessions | \$45

- 800** Th 6pm-7pm **Rich Manley**
 July 10 – July 31 *GolfPort-Maryland Hghts*
- 801** Sa 10am-11am **Rich Manley**
 June 7 – June 28 *GolfPort-Maryland Hghts*
- 810** W 6pm-7pm **Big Bend Golf**
 May 28 – June 18
- 811** M 6pm-7pm **Big Bend Golf**
 July 7 – July 28
- 820** Sa 10am-11am **Eagle Springs GC**
 June 7 – June 28

6 Sessions | \$59

- 890** Tu 7pm-8pm **Tower Tee**
 July 8 – Aug. 12
- 891** Th 7pm-8pm **Tower Tee**
 July 10 – Aug. 14
- 892** Sa 10am-11am **Tower Tee**
 July 12 – Aug. 16
- 880** W 6pm-7pm **First Tee**
 May 28 – July 2
- 860** M 7:15pm-8:15pm **Robert Jeep**
 June 2 – July 7 *Sunset Hills Golf Ctr*
- 861** W 7:15pm-8:15pm **Robert Jeep**
 July 23 – Aug. 27 *Sunset Hills Golf Ctr*

Golf: Combo Class

Class is a combination of short game, full swing and on course lessons. The first few classes will be on the practice range and remaining will be on the course. On course strategy and mental game will be discussed.

PEDU:732 | \$59

- 893** Tu 5pm-6pm **Tower Tee**
 July 8 – Aug. 12
- 891** Th 6pm-7pm **Tower Tee**
 May 22 – June 26
- 895** Th 5pm-6pm **Tower Tee**
 July 10 – Aug. 14

Putting, Chipping, Wood & Iron Play

Class covers putting, chipping, and the use of woods and irons.

PEDU:732 | \$59

- 896** Th 6pm-7pm **Tower Tee**
 July 10 – Aug. 14
- 892** Th 7pm-8pm **Tower Tee**
 May 22 – June 26
- 894** Tu 6pm-7pm **Tower Tee**
 July 8 – Aug. 12

Putting, Chipping, Pitching & Sand Shots

Class will cover putting, chipping, pitching, and sand shots and will cater to the beginner student as well as the student wanting to improve their game.

PEDU:732

4 Sessions | \$45

- 840** Tu 6pm-7pm **Landings - Spirit GC**
 May 27 – June 17

6 Sessions | \$59

- 890** W 6pm-7pm **Tower Tee**
 May 21 – June 25
- 897** Sa 8am-9am **Tower Tee**
 July 12 – Aug. 16

Golf: Short Game Skills

Class will cover putting, chipping, pitching and sand shots and will cater to the beginner student as well as the student wanting to improve his game.

PEDU:732 | \$59

880 Tu 6pm-7pm
July 8 – Aug. 12 *First Tee*

Golf: Parent/Child

Parent attends class with a child, ages 7-15. Registration required for each participant.

PEDU:732 | \$45

810 W 7pm-8pm
July 2 – July 23 *Big Bend Golf*

811 Sa 9am-10am
June 7 – June 28 *Big Bend Golf*

Playing Golf Lessons

Enjoy this unique opportunity to play with an experienced golf instructor. PGA professional will take you and three other students on course to play up to nine holes. Class is for golfers who have had prior instruction but have difficulty taking their game to the next level. Be prepared to pay Eagle Springs approximately \$15 to play up to nine holes on the course (includes a riding cart). Meet instructor at Eagle Springs Clubhouse. Tee time is 5pm sharp.

PEDU:732 | \$39

820 M 5pm-7:30pm
June 9 *Eagle Springs GC*

821 M 5pm-7:30pm
June 23 *Eagle Springs GC*

822 M 5pm-7:30pm
July 7 *Eagle Springs GC*

Backyard Golf

Golf swings are complex and precise physical acts requiring regular correct practice to master. However in today's economy, spending time and money at a range or golf course isn't always an option. Learn specific and effective practice drills that you can use in your own backyard and home to continue practicing and becoming the best golfer you can be! Class meets at Creve Coeur's Municipal Golf Course, 11400 Olde Cabin Rd., 63141, (mandatory first class meets Tuesday, 6/3, with remainder of classes meeting on Sunday, 6/8-6/29 from 9-10am) and an optional 2-hole round (\$7) is available to test what you learn. Golf balls provided for class. Contact instructor 314-434-4715, MelKlearman@att.net for details.

PEDU:732 | \$39

V01 Tu 5:30pm-7pm **Melvin Klearman**
June 3 *Creve Coeur Mun. Golf Course*
Su 9am-10am
June 8-June 29 *Creve Coeur Mun. Golf Course*

Golf for Seniors

Learn the basic fundamentals of golf: grip, set-up, mini-swing, full swing, putting and chipping. Class will move at a slower pace. Adults 60 and older.

PEDU:732 | \$45

800 Tu 10am-11am **Rich Manley**
June 3 – June 24 *GolfPort-Maryland Hghts*

MOTORCYCLE RIDER TRAINING

Motorcycle Safety Basic Rider Course (BRC)

The Basic Rider Course (MSF-BRC) is geared toward the novice motorcyclist or scooter operator, but will also provide an excellent skills update for the returning rider or those experienced with no previous formal training. The course consists of classroom and on-bike instruction with furnished motorcycles or scooters (loaner scooters are limited - check availability before registering; however personal scooters are permitted). Those who successfully complete the course will be issued a completion card from the Missouri Motorcycle Safety Program which is a waiver for the road test portion of the Missouri license endorsement. Students must be at least 15-1/2 years old and able to ride a bicycle. Those under 18 years of age must have a release form signed by a legal guardian or parent. Students must bring DOT-approved helmet (loaner helmets available), boots, gloves, long-sleeved jacket or heavy shirt, eye protection, sturdy pants, bring a photo ID, and show proof of medical insurance. At the discretion of the instructors, students who are unable to safely operate the motorcycles will be dismissed from class for their own protection and the safety of the group. No refunds will be given if you are unable to complete the class for any reason. Class held rain or shine. Call for a detailed brochure: (314) 984-7777. To view a 5-minute video of Basic Rider Course highlights, go to msf-usa.org.

MOTR:701 | \$195

Weekend classes

480 SaSu 7am-5pm
May 31 – June 1 *FP - D Tower, 215*

481 SaSu 9am-7pm
May 31 – June 1 *FP - D Tower, 215*

482 SaSu 7am-5pm
June 7 – June 8 *FP - D Tower, 215*

483 SaSu 9am-7pm
June 7 – June 8 *FP - D Tower, 215*

484 SaSu 9am-7pm
June 14 – June 15 *FP - D Tower, 215*

485 SaSu 7am-5pm
June 21 – June 22 *FP - D Tower, 215*

486 SaSu 9am-7pm
June 28 – June 29 *FP - D Tower, 215*

488 SaSu 9am-7pm
July 12 – July 13 *FP - D Tower, 215*

489 SaSu 9am-7pm
July 19 – July 20 *FP - D Tower, 215*

490 SaSu 9am-7pm
July 26 – July 27 *FP - D Tower, 215*

491 SaSu 9am-7pm
Aug. 16 – Aug. 17 *FP - D Tower, 215*

492 SaSu 7am-5pm
Aug. 23 – Aug. 24 *FP - D Tower, 215*

493 SaSu 9am-7pm
Aug. 23 – Aug. 24 *FP - D Tower, 215*

Weekday class

400 MTu 9am-7pm
Aug. 4 – Aug. 5 *FP - D Tower, 215*

THE GREAT OUTDOORS

Recreational Tree Climbing I and II

Class does not teach participants how to climb on their own. Participants need basic physical fitness - able to easily climb a flight of stairs.

All gear is provided. STUDENTS MUST BE REGISTERED, BRING PHOTO ID, AND SIGN WAIVER TO PARTICIPATE IN CLASS.

Recreational Tree Climbing I

Experience the exhilaration of being in the trees as never before! Climb safely to heights and access parts of the canopy that you never thought possible. Enjoy this new sport using ropes and harnesses just like the professionals. Learn some basics about tree biology and the procedures for climbing, then all participants will have the opportunity to climb a tree. The class ends with a survey of climbing gear and techniques.

PEDU:765 | \$39

M01 Sa 9am-12pm
Guy Mott
June 14
Camp Wyman

V01 Sa 1pm-4pm
Guy Mott
July 12
Earth Dance Farms

Recreational Tree Climbing - Level II

Advance to the next step in recreational tree climbing. Use advanced techniques to ascend multiple pitches and reach the very top of a tree. Build upon what you learned in Recreational Tree Climbing with state-of-the-art climbing methods that allow you to travel throughout the canopy. Small class size and one-on-one training from your instructor, who climbs into the canopy with you, make this a compelling learning experience. Prerequisite: Recreational Tree Climbing or previous introductory climb experience (MOBOT canopy climb, Adventure Tree open climb, etc).

PEDU:765 | \$49

M02 Sa 12:30pm-4:30pm
Guy Mott
June 14
Camp Wyman

V02 Su 12pm-4pm
Guy Mott
July 13
Earth Dance Farms

New SUP: Stand Up Paddleboarding - Introduction

Stand Up Paddleboarding is a rapidly growing sport that is suitable for almost anyone. Have fun and soak up the benefits of a great exercise while learning how to SUP! Before you hit the water, you will be given proper paddling instruction and will be matched up with the right board for your stature and paddling style. Once on the water, you will receive continuous instruction as you practice and get comfortable on your board. Fee includes all equipment. Classes held at Simpson Lake, 1234 Marshall Road, Valley Park, MO 63088; more information to be sent.

PEDU:770 | \$59

M01 W 5pm-7pm
June 18 – June 25 *Simpson Lake*

M02 Sa 10am-12pm
July 12 – July 19 *Simpson Lake*



PERSONAL ENRICHMENT

New SUP: Stand Up Paddleboarding - River Trip

Now that you know what you're doing, join us on a new adventure in Stand Up Paddleboarding! There really is something about paddling our local rivers and being out among nature. Let SUP St. Louis take you there on a custom guided river trip. Students will meet at Greentree Park, 2202 Marshall Rd, Saint Louis, MO 63122. Fee includes all equipment and transportation up river. More information to be sent. Prerequisite: SUP Introduction class.

PEDU:770 | \$49

M03 Sa 10am-12pm
July 26

Greentree Park

PERSONAL DEVELOPMENT

Discover Your Talents

Have you ever wondered what your true strengths are? Many people find it difficult to identify their own strengths, much less know how to articulate them well. Use the highly acclaimed Strengths Finder 2.0 assessment to identify your top five strengths and uncover your talents! Learn what differentiates you from others and how to create your own unique recipe for success as you design new life directions. Text required - bring to first class.

PERD:709 | \$39

680 Sa 10am-12pm
June 7
June 14

Carol Watkins
MC - BA, 216
MC - BA, 220

Meditation

You'll discover the benefits of meditation: relaxation, mental clarity, emotional balance, and spiritual attainment. In addition, you'll learn a variety of meditation techniques so you can discover which one works best for you and how to utilize it for greater health, emotional calm and connection with your spiritual self. All levels welcome.

PERD:732 | \$65

450 Tu 7pm-9pm
June 3 - July 1

Rhonda Leifheit
FP - B Tower, 013

The "Psi Factor" - Examining Parapsychology

Are you fascinated by the paranormal? Have you, personally, had a mysterious experience? Come explore the field of Parapsychology; learn about and discuss topics such as: ESP, Telepathy, Clairvoyance, Telekinesis, Spiritualism, Ghosts and so much more! The only pre-requisite is an open mind.

PERD:734 | \$59

650 M 6:30pm-8pm
June 30 - July 21

Daniel Guilfooy
MC - LH, 102



Convenient, Affordable, and Effective.

Take ed2go courses anywhere and when it's most convenient for you.

We offer you hundreds of engaging online courses for adults, covering every topic from SAT Test Preparation to Web Design.

Each ed2go course comes equipped with a patient and caring instructor, lively discussions with your fellow students, and plenty of practical information that you can put to immediate use.

Enroll today at www.ed2go.com/stlcc

T'AI CHI

T'ai Chi Chih: Beginning

T'ai Chi Chih is a moving meditation consisting of 19 movements and 1 pose. Its purpose is to circulate and balance one's "chi" or vital force life energy. Health benefits include better balance, blood pressure control, and reduction in symptoms associated with stress, shingles, and arthritis. No special attire or equipment.

PEDU:766 | \$59

M01 M 10:45am-11:45am
June 9 - July 21

Gale Portman
MC-TBA

P01 Tu 2:30pm-3:30pm
June 10 - Aug. 5
No class 7/15

Jeanette Miller
Solar Yoga Center

500 Th 4:30pm-5:25pm
June 12 - July 31
No class 7/17

Jeanette Miller
FV - SC, MULTI-PURP

T'ai Chi Chih: Continuing

Designed for students who have completed a beginning T'ai Chi Chih class and want to enhance their practice. Each week we will complete a practice of all 19 movements and the final pose, explore key principles of the form, and refine individual movements.

PEDU:767 | \$59

650 W 5pm-5:50pm
June 11 - July 23

Gale Portman
MC - PE, 201

P01 Tu 1:15pm-2:15pm
June 10 - Aug. 5
No class 7/15

Jeanette Miller
Solar Yoga Center

TEAM SPORTS

New Pickleball

Come join the fun! Pickleball is a fast-growing sport for many good reasons: It's easy to learn and play, has simple rules, and is great exercise for all ages and abilities. Learn the basics of Pickleball then enjoy recreational play. Already know how to play Pickleball? Just register and come play! All equipment provided; dress appropriately for outdoor court.

PEDU:739 | \$59

M01 Tu 5:30pm-6:30pm
June 17 - July 29

Michael Haynes
Kennedy Rec. Ctr



Join Continuing Education for Pickleball: the latest sports craze!

Advance your life personally and professionally with certificate programs from St. Louis Community College Continuing Education

- Lean Six Sigma Green Belt
- Project Management
- Mental Health Interpreter
- Master Naturalist
- CPR/First Aid
- Phlebotomy
- Small Business Essentials
- Digital Photography
- Nurse Assistant for Nursing Homes
- ACE Personal Trainer
- Web Development
- Pharmacy Technician
- Animal Welfare Assistant
- Cake Decorating
- NISM Social Media
- Central Sterile Processing (Fall 2014)

Questions? Call 314-984-7777
www.stlcc.edu/ce



TENNIS

National Tennis Rating Program (NTRP)

- 1.0 *This player is just starting to play Tennis*
- 2.0 *May have had some lessons; needs on-court experience*
- 2.5 *Can sustain a short rally of slow pace; needs to develop form*
- 3.0 *Consistent on medium-paced shots; needs work on form and strategy*
- 3.5 *Consistent with directional control; needs to work on specialty shots*
- 4.0 *Dependable with directional control and depths has specialty shots. Needs to play more percentage tennis*

Designations used as a tool to assist students when registering for Tennis classes:

Beginning I (1.0-2.0): Designed for beginners and those who have limited experience with basic Tennis strokes. Proper techniques of all strokes will be covered. Drills will be used and Tennis etiquette and rules will be discussed. Players will be grouped according to ability.

Beginning I and II (1.0-2.5): Designed for beginners and those who need to brush up on the basics. Techniques covered are forehand, backhand, serve, volley, basic strategy as well as drill exercises. Players will be grouped according to ability.

Beginning II (2.5): Further emphasized is proper stroke development and footwork through the use of drills. Tennis etiquette and rules will be reviewed. Constancy of stroke production is a major goal.

Intermediate I (3.0-3.5): A refresher on proper stroke execution. Drills are used and emphasis is on improved consistency and directional control. Strategy and some match play are covered.

Intermediate II to Advanced (3.5-4.0): This course includes more advanced drills, work on strategy and match play, with a goal of playing better percentage tennis.

Bring tennis shoes and racket. Tennis balls provided. Every effort will be made to schedule a make-up class for outdoor classes missed due to rain-outs. However, no refunds will be given for rained-out classes.

Tennis: Beginning I (NTRP 1.0-2.0) Vetta

See NTRP Rating Box. Tennis balls provided. Facility is not air-conditioned, dress appropriately.

PEDU:733 | \$59

- M04 M 6pm-7pm
June 2 – July 7 Vetta-Concord
- M05 M 6pm-7pm
July 21 – Aug. 25 Vetta-Concord

Tennis: Beginning I and II (NTRP 1.0-2.5)

See NTRP Rating Box. Tennis balls provided.

PEDU:733

4 Sessions (Outdoor) | \$55

- 580 Sa 10am-11am
June 7 – June 28 FV - PE, TENNIS
- P01 Sa 9am-10am
May 31 – June 21 Francis Park
- P02 Sa 9am-10am
July 19 – Aug. 9 Francis Park
- M02 Su 1pm-2pm
June 1 – June 29 Sunset Hills-Watson Trls
No class 6/15

6 Sessions (Outdoor) | \$75

- 720 MW 6pm-7pm
June 2 – June 18 Ladue M.S.
- 721 MW 7pm-8pm
June 2 – June 18 Ladue M.S.
- M03 Th 7pm-8pm
June 5 – July 10 Queeny Park

6 Sessions (Indoor) | \$85

- M01 Sa 4pm-5pm
June 28 – Aug. 2 Forest Lake TC

Tennis: Beginning II (NTRP 2.5) - Vetta

See NTRP Rating Box. Tennis balls provided. Facility is not air-conditioned, dress appropriately.

PEDU:734 | \$59

- M01 M 7pm-8pm
June 2 – July 7 Vetta-Concord
- M02 M 7pm-8pm
July 21 – Aug. 25 Vetta-Concord

Tennis: Intermediate I (NTRP 3.0) - Vetta

See NTRP Rating Box. Tennis balls provided. Facility is not air-conditioned, dress appropriately.

PEDU:735 | \$89

- M02 Tu 2pm-3:30pm
May 27 – July 1 Vetta-Concord
- M03 Th 2pm-3:30pm
May 29 – July 3 Vetta-Concord
- M04 Tu 2pm-3:30pm
July 15 – Aug. 19 Vetta-Concord
- M05 Th 2pm-3:30pm
July 17 – Aug. 21 Vetta-Concord

Tennis: Intermediate I (NTRP 3.0)

See NTRP Rating Box. Tennis balls provided.

PEDU:735

4 Sessions (Outdoor) | \$55

- P01 Sa 10am-11am
May 31 – June 21 Francis Park
- P02 Sa 10am-11am
July 19 – Aug. 9 Francis Park

6 Sessions (Outdoor) | \$75

- 721 TuTh 7pm-8pm
June 3 – June 19 Ladue M.S.
- 720 TuTh 6pm-7pm
June 3 – June 19 Ladue M.S.

6 Sessions (Indoor) | \$85

- M01 Sa 4pm-5pm
June 28 – Aug. 2 Forest Lake TC

Exclamation Point!

"I'm so fortunate to have found the tennis classes through STICC Continuing Education. I get great exercise this way!"

Holly S. – Breckenridge Hills, MO

**Our Seats
Fill Fast!
Registration
begins
May 5.**



TOURS AND TRIPS

Re-live the 1904 World's Fair

Join us for an illustrated, narrated tour of the actual fair grounds of the 1904 World's Fair in and around Forest Park. Travel back in time through a narrated 3-D stereoscopic slide presentation, then travel to the sites of the marvels you've just seen. Fee includes a light lunch of foods made famous at the fair and print materials (including maps). Special 3-D glasses are supplied for this course. Some walking required. Provide own transportation for the tour. Rain date: 7/12.

TRIP:701 | \$39

480 Sa 8:30am-1:30pm

Charles Koehler

Doug Schneider

June 7

FP - G Tower, 115

Calvary & Bellefontaine Cemetery Tour

From fur traders and explorers, inventors and senators, to the famous and the infamous, these two cemeteries have them all. Come spend the day exploring with us. Trip includes transportation, tour guide, box lunch and drink, and gratuities. Meet tour bus in Lot E on NW side of the Meramec campus. Registration/withdrawal deadline: 5/20. No refunds after that date.

TRIP:701 | \$59

MD1 W 9:30am-3:30pm

Joan Huisinga

June 4

MC - Off Campus

Prohibition is OVER! Tour

Your morning will begin at the Missouri History Museum Special exhibit: "American Spirits: The Rise & Fall of Prohibition" and include a private curator talk: "Kettle to Keg: Brewing in St. Louis." Lunch, with a tour and tasting, will be at Square One Brewery & Distillery, the first microdistillery restaurant in the state of Missouri and one of the first in the country. The tour will continue with stops and tastings at 2 additional microbreweries (possibly Urban Chestnut and Four Hands). Trip includes guided tour, transportation, food, tastings, admissions, and gratuities. Meet tour bus in Lot E on NW side of the Meramec campus. Field trip release form required. Registration/withdrawal deadline: 6/28. No refunds after that date.

TRIP:701 | \$65

MD2 F 9:30am-4pm

Dea Hoover

July 18

MC - Off Campus

Best of the Vine & the Wurst (via Amtrak)

The tour bus will pick you up at the Meramec campus for the short drive to the Kirkwood Amtrak station and a train ride to Hermann, MO. Tour Historic Hermann's German School Museum with costumed interpreter, which will include the Clock Tower, the collections in the River Room and an authentic goose feather Christmas Tree. You'll lunch at the new Hermann Hill Village German cuisine buffet followed by a tour of the Hermann Hill including one of the cottages and a champagne toast (juice if you prefer) at the Wedding Chapel. Wine/juice tasting at Hermanoff Winery and a tour of the Wurst Haus sausage-making and meat processing rooms where you'll enjoy a taste of sausage prepared just for you. Return by tour bus to Meramec. Trip includes guided tour, tour bus and train transportation, lunch (wine extra), admissions, tastings, and gratuities. Meet tour bus in Lot E on NW side of the Meramec campus. Field trip release form required. Registration/withdrawal deadline: 5/30. No refunds after that date.

TRIP:702 | \$89

MD3 F 8:30am-5pm

Dea Hoover

Aug. 22

MC - Off Campus

Quincy: See the Unexpected

We'll arrive at Underbrink's Bakery for a behind the scenes tour and enjoy a sweet tray of their tasty treats. This authentic German Bakery has been open since 1929. You'll also explore stunning interior murals of nearby St. Francis Catholic Church (built in 1884) as well as their extensive Gothic Revival style white marble adornments. Next is a narrated architectural tour of this river city. Styles range from an authentic Mediterranean villa built on the Mississippi bluffs in 1900, majestic mansions on Maine Street, to the humble shotgun houses in the city's German District, Calftown. You'll enjoy a buffet lunch at The Pier, cantilevered over the Mississippi. There will be a visit to Villa Kathrine, the Mediterranean castle overlooking the Mississippi built in 1900, plus a tour of two private homes in Quincy's renowned East End Historic District. Trip includes guided tour, transportation, lunch, admissions, tastings, and gratuities. Meet tour bus in Lot E on NW side of the Meramec campus. Field trip release form required. Registration/withdrawal deadline: 6/1. No refunds after that date.

TRIP:702 | \$79

Meramec Pick-up:

Meet tour bus in Lot E on NW side of the Meramec campus.

MD1 Sa 7am-5:30pm

Dea Hoover

June 21

MC - Off Campus

Florissant Valley Pick-up:

Meet tour bus at the top of the circular driveway between the Administration and Social Science buildings at the Florissant Valley campus.

VD1 Sa 6:40am-5:50pm

Dea Hoover

June 21

FV - Off Campus

Mississippi River Bluff Paddle wheel Sightseeing & Lunch Cruise

All aboard for a fun daytime excursion to Grafton, Illinois. We'll take a coach to Grafton, cruise the Mississippi River on the Spirit of Peoria Riverboat for a 2-hour sightseeing cruise and delicious lunch on board. You'll enjoy watching the boat's paddle wheel churning through the water or listening to the Captain's captivating commentary. There will be time to browse in the unique shops in Grafton prior to the cruise. Tour includes transportation, escort, cruise, lunch tickets, tax, gratuities. Field trip release form required. Refund/withdrawal deadline: 7/25.

TRIP:702 | \$89

Meramec Pick-up:

Meet tour bus in Lot E on NW side of the Meramec campus.

MD4 W 9:30am-4pm

Cindy Fricke

Aug. 27

MC - Off Campus

Florissant Valley Pick-up:

Meet tour bus at the top of the circular driveway between the Administration and Social Science buildings at the Florissant Valley campus.

VD2 W 10am-3:30pm

Cindy Fricke

Aug. 27

FV - Off Campus

Scenic I-44 Day Trip

Known for decades as "Missouri's Buried Treasure," Meramec Caverns boasts an underground river, mineral formations that are thousands of years old, ranger-led tours on well-lighted walkways, and a magnificent light and musical presentation on "The Stage Curtain." This scene is projected on stalactites which are 70 feet high, 60 feet wide, and 35 feet thick. The 45-minute tour is part walking and part seated presentation (there are handrails and is very accessible). A jacket is essential for the 58 degree temperature. We'll stop at Sybill's Restaurant and Gift Shop in St. James for a delicious lunch with time to shop at the elegant gift shop next door. You'll also enjoy a complimentary wine tasting at St. James Winery and a tour of the winery (time permitting). Tour includes transportation, escort, cavern admission, lunch, taxes, and gratuities. Meet tour bus in Lot E on NW side of the Meramec campus. Field trip release form required. Refund/withdrawal deadline: 6/5. No refunds after that date.

TRIP:702 | \$99

MD2 Th 8:30am-4:30pm

Cindy Fricke

June 26

MC - Off Campus

New Armchair Travels: Tanzania - Experiencing Africa

Are you a fan of the Lion King? Have you been wanting to go on safari in Tanzania and experience the Serengeti and Ngorongoro Conservation area? Enjoy this presentation that is one half travelogue and one half information on preparation and planning information for a visit to exotic Africa, our second largest continent. Prepare to be amazed!

TRIP:703 | \$19

650 W 7pm-9:30pm

Dea Hoover

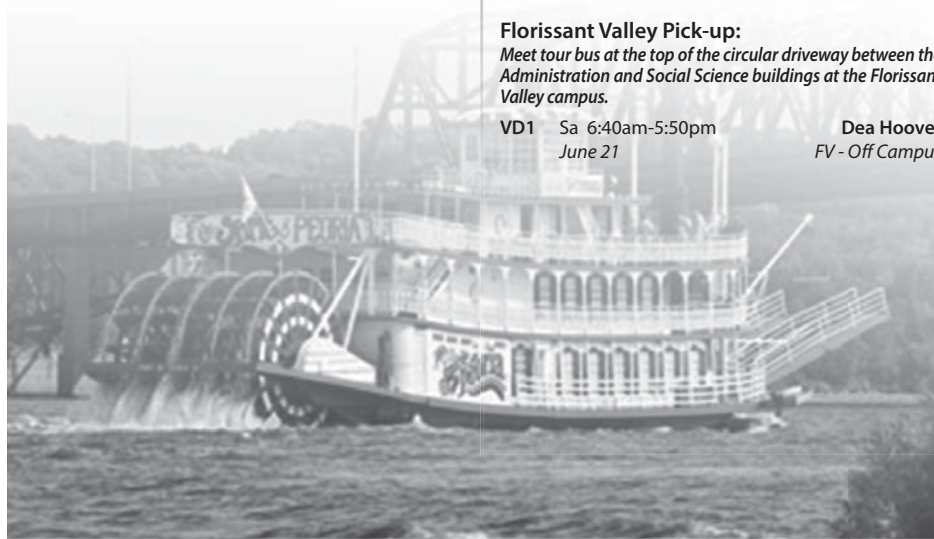
July 23

MC - BA, 118

Exclamation Point!

"This was our first trip with Cindy Fricke and she was a great tour guide. My wife and I thoroughly enjoyed our trip on the Mississippi River and we look forward to going on more trips with her."

Sean B. - Concord



WELLNESS

Lavender Aromatherapy

Aromatherapy is the art of treating body, mind and spirit with aromatic substances harvested from nature's rich store. Lavender is generally regarded as the most versatile essence therapeutically. Drawing on research and clinical studies, this in-depth class will explore all aspects of lavender used for these purposes. Each participant will even get to take home a bottle of lavender essential oil for their own use. Class will be held lakeside in the old red barn (fans but no air conditioning - dress appropriately for the season). There will also be a brief tour of the blooming lavender fields (walking shoes required). Expect full sun and uneven ground. For directions to the lavender farm: www.WindingBrookEstate.com. Registration/Withdrawal deadline: 7/9.

HEAL:701 | \$29

WD1 Sa 10:30am-12pm
July 12 *Winding Brook Est.*

Systema: Health and Breathing

Learn how to defend yourself against a very different enemy; the silent killers of stress, tension, pain and fatigue. Through new and advanced breathing techniques, you will learn the capacity to significantly change your quality of life as you go about your daily routines. If you are seeking to enhance your life - this is your best way to uncover the infinite new reserves of energy, power and health.

HEAL:701 | \$59

P01 M 5:45pm-6:45pm
May 26 - July 28 *StL Combat Inst.*

Couples Massage

Find gentle ways to comfort and relax your partner. Methods based on Swedish, Russian Massage, and Trigger Point Therapy. Partner required. Fee is per person. Supply list sent.

HEAL:704 | \$49

680 Sa 9:30am-3:30pm
July 19 *Alice Sanvito
MC - SW, 106*

480 Sa 9:30am-3:30pm
June 21 *Alice Sanvito
FP - HSP, 219*

New A Bucket of Life

Many adults in the United States are overweight and that puts them at risk for high blood pressure, high cholesterol, cardiovascular disease, and diabetes. Learn how to make small changes that produce big results over time. Class will discuss content from "A Bucket of Life," a medically-based fitness fable designed to educate and engage adult students in reclaiming fitness. Students expected to read book before class and be prepared to discuss content. A Bucket of Life, ISBN# 978-0615764146.

HEAL:713 | \$39

680 Sa 9am-12pm
June 28 *Dr. James Toombs
MC - AS, 108*

The Magic of Coincidence

A guide to greater awareness of "meaningful coincidences" in life. Discover how to trust intuition and receive the power of synchronicities.

HEAL:765 | \$25

680 Sa 10am-12pm
July 19 *Roselyn Mathews
MC - SO, 109*

YOUTH AND FAMILY

From A to Z in Clay

You'll learn to create all sorts of things in clay from a professional artist who loves to work with kids. You'll use the same materials as adults and work in a college clay studio that is safe and appropriate for all ages. Ages 6 to 14. Fee includes most materials. No class 7/5.

KIDS:701 | \$99

580 Sa 1pm-3pm
June 14 - July 19 *Sheow Chang
FV - H, 109*

New Mommy and Me Yoga

Get a relaxing workout while bonding with your child. All levels of yoga welcome and children of all ages. Registration and signed waiver required for each participant (mom and child). Bring yoga mat, towel, water and pumpkin seat/stroller for infants. No class 7/15.

PEDU:761 | \$49

M06 Tu 9am-9:50am
June 10 - July 22 *Angelicia Fingers
Faust Park - Carosel Gallery*

Mini Movers: Child Only - Ages 3-5

Jump, swing and roll! Promote motor development for your preschooler by using fun and exciting mat shapes, gymnastics and other play equipment to explore balance, coordination and sensory development. Led by a pediatric physical therapist and gymnastics instructors, class is designed to accommodate children of all abilities and special needs. Signed waiver required for all participants.

KIDS:711 | \$79

650 Tu 5:30pm-6:25pm
June 17 - Aug. 5 *Sarah Hasser, Lauren Legg
MC - PE, 105*

Mini Movers: Parent/Child - Ages 6 months to 3 years

Come play with us! Promote motor development with fun gymnastics activities that you can enjoy with your child. Children will explore balance, coordination and sensory development using fun and exciting mat shapes, gymnastics and other play equipment. Led by a pediatric physical therapist and gymnastics instructors, class is designed to accommodate children of all abilities and special needs. \$79 fee covers one parent/guardian and maximum of 2 children. All parents/guardians MUST register under KIDS 738 600 and children MUST be registered under KIDS 738 601. Signed waiver required for each participant.

KIDS:738 | \$79

600 Tu 4:30pm-5:15pm
June 17 - Aug. 5 *Sarah Hasser, Lauren Legg
MC - PE, 105*

Parents/guardians of children that have registered and paid for KIDS 738 600 should register for PEDU 738 601. Maximum 2 parent/guardian for each \$79 child registration.

601 Tu 4:30pm-5:15pm
June 17 - Aug. 5 *Sarah Hasser, Lauren Legg
MC - PE, 105*

Karate for Kids

Karate for Kids is a program designed to build self-confidence, self-esteem, and self-discipline. It teaches the basic concepts of karate as well as self-control, coordination and focus. Safety and fun are the most important elements of this program. For boys and girls ages 4-10. No class 7/5.

KIDS:707 | \$59

V01 Sa 10am-11am
May 31 - Aug. 9 *Martial Arts Ctr (Flor.)*

M01 Sa 10am-11am
May 31 - Aug. 9 *Timothy Toeniskoetter
Martial Arts Ctr (Mehl)*

Tennis for Youth: Beginning I and II

Class designed for beginners and those who need to brush up on the basics. Techniques covered include forehand, backhand, serve, volley, basic strategy as well as drill exercises. Players will be grouped according to ability. Tennis balls provided.

KIDS:709

Ages 7-10

4 Sessions (Outdoor) | \$55

580 Sa 9am-10am
June 7 - June 28 *FV - PE, TENNIS*

6 Sessions (Outdoor) | \$75

M04 Th 6pm-7pm
June 5 - July 10 *Queeny Park*

6 Sessions (Indoor) | \$85

M01 Sa 4pm-5pm
June 28 - Aug. 2 *Forest Lake TC*

Ages 11-15

4 Sessions (Outdoor) | \$55

M02 Su 2pm-3pm
June 1 - June 29 *Sunset Hills-Watson Trls*
No class 6/15

Tennis for Youth: Pee Wee I - OUTDOOR

This is a series of group lessons specifically designed to introduce a young child, 4-6 years of age, to the game of tennis. The class will include hand-eye coordination exercises as well as building skills for forehand, backhand, serve and volley. Tennis balls provided. Prince rackets available for use in class.

KIDS:709 | \$75

M03 Th 5pm-6pm
June 5 - July 10 *Queeny Park*

Golf for Youth: Beginning I

Beginning Golf for children. Ages 7-15. Extra fee for balls.

KIDS:710 | \$45

890 Sa 10am-11am
May 31 - June 21 *Tower Tee*

891 Sa 9am-10am
July 12 - Aug. 2 *Tower Tee*


810 W 6pm-7pm
July 2 - July 23 *Big Bend Golf*

811 Sa 10am-11am
June 7 - June 28 *Big Bend Golf*

6 Sessions | \$59

860 W 6:15pm-7:15pm
May 28 - July 2 *Robert Jeep
Sunset Hills Golf Ctr*

Advocate for the animals with our Animal Welfare Assistant certificate program on page 27.



**Do you enjoy creating beautiful food?
Develop your talent and pave the way to extra income.**

If baking is your passion and you have artistic flair, a **Cake Decorating Certificate** from St. Louis Community College will help you **build new skills, focus on your strengths, and learn the tricks of the trade** that you'll need for a **successful future in cake decorating**. See page 21 for more details.



**Request a brochure
at 314-984-7777.**



New Girls Basketball Camp - Ages 9-15

Learn fundamental skills and have a great time attending this fun-filled week of drills, team play, and some friendly competition! The STLCC Girls Basketball Camp is a great way to take your game to the next level this summer! Campers will work on: speed, agility, footwork, vertical jump, defensive skills, passing, dribbling, shooting, offensive skills, screens, rebounding, and the rules and mental aspects of the game. Campers must bring their own sack lunch Monday-Thursday and Friday is pizza day! Campers may be swimming, if pool is available, so be sure to bring your suit! For more information, including before/after care, contact coordinator Melanie Marcy at mmarcy1@stlcc.edu or 618-719-4933.

CAMP:710 | \$169

- 600 M-F 9am-4pm
June 16-June 20
- 602 M-F 9am-4pm
July 14-July 18

Melanie Marcy
MC-PE, GYM
Melanie Marcy
MC-PE, GYM

Japanese for Youth - Ages 11-17

Do you enjoy Japanese manga, anime and music? Do you wish you knew what they were saying? Learn the basics of the Japanese language and culture and begin to build your grammar skills through key sentences, dialogs and activities using games, exercises and anime. Introductory Japanese conversation as well as reading and writing Japanese characters will be covered.

KIDS:719 | \$45

- W01 W 4:30pm-6:30pm
June 11 - June 25

Noriko McLeer
The Timbers - Eureka

Swimming for Children: Beginning

You'll learn to swim like a fish-maybe a shark-while practicing beginning swimming strokes & personal water safety skills and overcoming any fear you may have of the water. Ages 8 and up. No class 7/5.

KIDS:720 | \$35

- 580 Sa 12pm-12:45pm
June 14 - July 26
- 581 Sa 1pm-1:45pm
June 14 - July 26
- 582 Sa 2pm-2:45pm
June 14 - July 26
- 583 Sa 3pm-3:45pm
June 14 - July 26

Jeanne Schulte
FV - PE, POOL
Jeanne Schulte
FV - PE, POOL
Jeanne Schulte
FV - PE, POOL
Jeanne Schulte
FV - PE, POOL

Fencing for Youth: Beginning I

Learn the basics of swordplay in beginning fencing. Class emphasizes basics of footwork, bladework and bouting. Equipment provided. Ages 8-15.

KIDS:720 | \$59

- 650 M 5:30pm-6:20pm
June 2 - July 21

Patrick Dorsey
MC - PE, 201

**New Junior Baker:
Summer Cookie Bouquet**

A fun activity for young bakers ages 10-14. You'll develop your baking skills and knowledge in this class, learning to make, bake, and decorate your own special cookie creations with summer themes, perfect for picnics, birthdays, special celebrations, family get-togethers... The possibilities are endless. Four different decorating techniques will be taught and you'll take home your own bouquet. Class is a combination of demonstration and hands-on. Park on Hartford or Hampton. Flagpole in front.

KIDS:730 | \$39

- P01 F 9:30am-12:30pm
July 25

Debra Hennen
Cul. Arts House

**New Parent-Child in the Kitchen:
Bake Your Own Healthy Dog
Treats**

For children ages 8-12 with an adult. What could be more exciting for your favorite dog than treats made in your own kitchen with good-for-you ingredients? We'll make 3 baked treats, 1 microwave treat, 1 no-bake treat, and a doggie "ice cream." Our treats are both healthy and tasty, the perfect combination for the special pup in your life or the ones on your gift list. Bring a rolling pin and take home container. Fee is per person. Each child must register with an adult. Class is a combination of demonstration and hands-on. Park on Hartford or Hampton. Flagpole in front.

FOOD:765 | \$39

- P01 M 9:30am-12:30pm
June 9

Debra Hennen
Cul. Arts House



**Have you been working at a
job that is just that - a job?**

**Are you ready to finally
choose a career path?**

**Attend a
Career Exporation Session
and let us help you plan
your path to success.**

- | | |
|---------------------------|-------------------|
| Florissant Valley: | Meramec: |
| • Tues., May 6 | • Wed., May 7 |
| • Thurs., June 26 | • Thurs., July 24 |
| Forest Park: | Wildwood |
| • Thurs., May 15 | • Wed., May 21 |
| • Tues., Aug. 5 | |



Find out more at stlcc.edu/Visit and get started on the New You!

LOCATION INDEX

STLCC Continuing Education
Registration
begins May 5

Adiva Dance Center
943 S. Kirkwood Rd, 63122

Affton White-Rodgers
Community Center
(Affton White-Rodgers)
9801 Mackenzie Road, 63123

Babler Memorial State Park
Highway 109, 63005

Berkeley Police Firing Range
Intersection of Frost and Eva,
63134

Bernard Middle School
1054 Forder Road, 63129

Big Bend Golf Center
3390 Quinette Road, 63088

Big Bend Yoga Center
88 North Gore, 63119

Bridge Haven
6205 No. Lindbergh Blvd, 63042

Bridgeton Trails Library
3455 McKelvey Road, 63044

BRDG Park at the Donald
Danforth Plant Science Center
1005 No Warson Rd, 63132

Camp Wyman
600 Kiwanis Drive, 63025

Ces and Judy's
10405 Clayton Rd, 63131

Chess Club and Scholastic
Center of St. Louis
4657 Maryland Ave, 63108

Chesterfield Ridge Center Bldg.,
1st floor
16401 Swingley Ridge Rd.,
63017

City Seeds Urban Farm
2200 Pine Street, 63103

Clayton High School
#1 Mark Twain Circle, 63105

Columbia Bottom Conservation
Area
Columbia Bottoms
& Strodtman Rds, 63138

Concordia Lutheran Church
505 S. Kirkwood Rd., 63122

Crestview Middle School
16025 Clayton Road, 63011

Creve Coeur Municipal Golf
Course
11400 Olde Cabin Rd, 63141

Culinary Arts House
3137 Hampton Avenue, 63139

DEEsigs Studio
9920 Watson Rd. Ste 200, 63126

Defensive Focus
16401 Swingley Ridge Rd,
63017

Eagle Springs Golf Course
2575 Redman Rd. 63136

EarthDance Farms
233 S Dade Ave, 63135

Faust Park
15189 Olive Blvd, 63017

First Tee (South County)
6286 Lemay Ferry Road, 63129

Fischer's Cake & Candy
620 Charbonier Rd., 63031

Forest Lake Tennis Club
1012 N. Woods Mill Road, 63011

Francis Park
Donovan and Eichelberger,
63109

Frontenac Racquet Club
10455 German Blvd., 63131

Garden of Life Spiritual Center
9525 Eddie and Park Rd., 63126

GolfPort-Maryland Heights
1 GolfPort Drive, 63146

Greentree Park
2202 Marshall Rd, 63122

Hawn State Park
12096 Park Drive
Ste Genevieve MO 63670

Humane Society of Missouri
1201 Macklind Ave., 63110

Hixson Middle School
630 South Elm Ave, 63119

Kaufman Park
8000 Blackberry, 63130

Kennedy Recreation Complex
6050 Wells Road, 63128

Kirkwood Community Center
111 South Geyer Road, 63122

Kirkwood Senior High School
801 West Essex, 63122

Kirkwood Public Library
140 East Jefferson, 63122

K.I.S.S Fitness
2318 N. Hwy 67, 63033

LaSalle Springs Middle School
3300 Highway 109, 63038

Ladue Middle School
9701 Conway Road, 63124

Landings at Spirit Golf Club
180 No. Eatherton Road, 63005

Lindbergh Senior High School
4900 South Lindbergh, 63126

Little Creek Nature Area
2295 Dunn Road, 63033

Lutheran Church of the
Resurrection
9907 Sappington Rd., 63128

Martial Arts Center (Mehlville)
3712 Lemay Ferry Road, 63125

Martial Arts Center (FV area)
12683 New Halls Ferry Rd,
63033

Masterpeace Studios (Inside
Arden Mead Youth and
Community Center)
17 Selma Ave., 63119

Meramec State Park
115 Meramec Park Rd
Sullivan MO, 63080

Mid-County Family YMCA
1900 Urban Drive, 63144

Missouri History Museum
5700 Lindell Blvd, 63112

Nottingham Elementary School
4915 Donovan, 63109

Painted Zebra
10907 Manchester Road, 63122

Queeny Park--Greensfelder
Recreation Complex
550 Weidman Road, 63011

RiverChase of Fenton
990 Horan Drive, 63026

Rockwood Summit High School
1780 Hawkins Road, 63026

Rockwood Valley Middle School
1220 Babler Park Dr., 63038

Ruth Park Golf Course
8211 Groby Road, 63130

Selvidge Middle School
235 New Ballwin Road, 63021

Shaw VPA Community Center
5329 Columbia, 63139

Simpson Lake
1234 Marshall Road, 63088

Solar Yoga Center
6002 Pershing at Des Peres,
63112

Sperrang Middle School
12111 Tesson Ferry Road, 63128

St. John's Evangelical UCC
11333 St. John's Church Road,
63123

St. Louis Combat Institute
5017 Northrup Ave., 63110

**St. Louis Community College
Florissant Valley (FV)**
3400 Pershall Road, 63135

**St. Louis Community College
Forest Park (FP)**
5600 Oakland Ave, 63110

**St. Louis Community College
Meramec (MC)**
11333 Big Bend Road, 63122

**St. Louis Community College
Wildwood (WW)**
2645 Generations Dr.
Wildwood, 63040

**St. Louis Community College
William J. Harrison
Education Center
(Harrison Ed. Ctr)**
3140 Cass Ave, 63106

**St. Louis Community College
South County Education
& University Center (SCEUC)**
4115 Meramec Bottom Road,
63129

**St. Louis Community College
Corporate College
(Corp. College)**
3221 McKelvey Road, 63044

**St. Louis Community College
Center for Workforce
Innovation (CWI)**
3344 Pershall Rd., 63135

St. Louis Genealogical Society
4 Sunnen Drive, 63143

St. Louis Wine and Beer Making
231 Lamp and Lantern Village,
63017

Sunset Hills Community Center
(Sunset Hills Comm. Ctr)
3915 South Lindbergh, 63127

Sunset Hills Golf Learning Ctr
13550 West Watson Rd, 63127

Sunset Tennis Center
10911 Gravois Ind'l Court,
63128

Sunset Hills Watson Trails
12450 W Watson Rd, 63127

The Studio, Inc.
1332 Strassner Drive, 63144

The Timbers of Eureka
1 Coffey Park Lane, 63025

Thomas Dunn Memorial
Learning Center
(Thomas Dunn Mem. Ctr)
3113 Gasconade, 63118

Thornhill Branch/St. Louis
County Library
12863 Willowyck Dr, 63146

Tower Tee Golf Center
6727 Heege Road, 63123

Trinity Lutheran Church
14088 Clayton Road, 63017

U Can Dance Studio
3570 Adie Rd., 63074

University City High School
(U. City H.S.)
7401 Balson Avenue, 63130

University City Public Library
6701 Delmar Blvd, 63130

Valley Park High School
One Main Street 63088

Vetta Sports-Concord
12320 Old Tesson Ferry Road,
63128

Wildlife Rescue Center
1128 New Ballwin Rd., 63021

Winding Brook Estate
3 Winding Brook Estate Drive
63025

Wine Barrel
3828 South Lindbergh,
Suite 111, 63127

Woods Mill Racquet Club
910 Old Woods Mill Road, 63017

CAMPUS LEGEND

FLORISSANT VALLEY = FV

A	ADMINISTRATION
B	BUSINESS
CDC	CHILD DEVELOPMENT CENTER
C	COMMUNICATIONS
EC	EMERSON CENTER
E	ENGINEERING
H	HUMANITIES
IR	INSTRUCTIONAL RESOURCES
PE	PHYSICAL EDUCATION
S	SERVICE BUILDING
SM	SCIENCE-MATHEMATICS
SS	SOCIAL SCIENCES
SC	STUDENT CENTER
T	THEATER
TC	TRAINING CENTER
CWI	CTR FOR WORKFORCE INNOVATION

FOREST PARK = FP

A	A-TOWER
B	B-TOWER
C	C-TOWER
D	D-TOWER
F	F-TOWER
G	G-TOWER
HSP	HOSPITALITY
LB	LIBRARY
PE	PHYSICAL EDUCATION
SC	STUDENT CENTER
T	THEATRE
AA	ART ANNEX

MERAMEC = MC

AC	ASSESSMENT CENTER
AD	ADMINISTRATION/CLARK HALL
AS	APPLIED SCIENCE
BA	BUSINESS ADMINISTRATION
CE	CONTINUING EDUCATION
CP	CAMPUS POLICE
CN	COMMUNICATIONS NORTH
CS	COMMUNICATIONS SOUTH
GH	GREENHOUSE
HE	HUMANITIES EAST
HW	HUMANITIES WEST
LH	LECTURE HALLS
L	LIBRARY
PE	PHYSICAL EDUCATION
SC	STUDENT CENTER
SO	SOCIAL SCIENCE
SS	SCIENCE SOUTH
SW	SCIENCE WEST
T	THEATRE

WILDWOOD = WW

EXTENSION CAMPUSES

South County Education and
University Center = SCEUC

William J. Harrison Education
Center = Harrison Ed. Ctr

STLCC Corporate College =
Corp. College

GENERAL INFORMATION

Enrollment in classes within this brochure, except for youth section classes, is limited to persons 16 years or older.

Accommodations Statement

St. Louis Community College is committed to providing access and reasonable accommodations for individuals with disabilities. If you have accommodation needs, please contact the Continuing Education Access office at least six weeks prior to the start of class to request accommodations. Event accommodation requests should be made with the event coordinator at least two working days prior to the event. Documentation of disability may be required. Contact Anne Marie Schreiber at 314-984-7704.

Students Rights and Responsibilities

All students are responsible for adhering to college policies and procedures. Please refer to www.stlcc.edu/Document_Library/FactFinder.pdf to review and/or download a copy of the Fact Finder Student Handbook including student rights and responsibilities or call the Continuing Education office.

Postponement/Cancellation Due to Inclement Weather

Occasionally, continuing education classes are cancelled due to inclement weather. Cancellations will be broadcast on KMOX-AM (1120) and on KMOVTV, KSDK-TV and KTVI/Fox 2. When St. Louis Community College cancels classes, off-campus classes are also cancelled. In addition, when a particular host school district or institution closes, the continuing education classes at that location will not meet.

Refund of Fees

Since continuing education (non-credit) classes are self-supporting, the decision to run a class is based on the number of people enrolled. The college reserves the right to cancel if sufficient enrollment is not achieved. Registrants will be notified by phone or mail if a class is cancelled. Full refunds will be issued for classes cancelled by the college.

If you drop a class, you will receive a 100 percent refund for most classes if the class is dropped one business day before the first meeting. A 50 percent refund will be given for most classes dropped between one business day before the first class meeting and prior to the second meeting of the class. See the course schedule for classes (such as daytrips) that require notice beyond one business day for cancellation and eligibility for a refund.

Requests of withdrawals should be submitted in writing to the Continuing Education office. Calculation of refunds will be based on the date the written request is received by the office. If you have a situation that warrants an override of the above policy, an explanation of the circumstances should be made in writing to the Continuing Education office. Refunds should be received within 30 days.

Fee Reduction for Older Adults

Older adults (those 60 years and older) may enroll in most courses for a reduced fee. This reduction is half the price of the class fee only, plus whatever material costs are associated with the class. Material costs include fees for expenses such as books and materials, facility usage, tour and travel costs, computer lab usage, online courses, food supplies and other items needed for the class. NOTE: Those wishing to take advantage of this fee reduction must do so at the time of registration. Before registering, please contact the Continuing Education office to see if your course contains a material fee.

Senior Citizen Scholarship

Missouri residents who are at least sixty-five years of age will be awarded a scholarship to be exempt from maintenance fees to enroll in courses on a space available basis. There will be a non-refundable registration fee of \$5 per course to a maximum of \$25 per semester. Student is responsible for other fees, such as materials, supplies and books. At the earliest, students may enroll in the class two days prior to the first class date. Students may not receive a refund for a paid course in order to enroll for a scholarship space in that same course. PLEASE CALL THE CONTINUING EDUCATION OFFICE TO GET SPECIFICS REGARDING THE SENIOR SCHOLARSHIP. The senior scholarship discount does not apply to online classes.

Safety and Program Guidelines for Youth Classes

All children under the age of 16 who are enrolled in programs through the St. Louis Community College Office of Continuing Education, must be accompanied to and signed-in at the beginning of each program session by a responsible party. In addition, a responsible party must also meet the participant at the end of the session and sign them out. Appropriate behavior is expected. Students may be disenrolled for misbehavior.

Unattended Children

Students are not permitted to bring children to class, nor should children be left unattended in the halls, offices, library or common areas. The college reserves the right to protect the safety and welfare of unattended children. If students leave children unattended, the college will institute disciplinary action.

Textbooks — can be purchased at the campus bookstores.

Library and Computer Lab Privileges

If you are registered in continuing education courses, you may enjoy library and computer lab privileges by showing your student ID. To obtain a student ID take your paid fee receipt to the Campus Life office and the personnel there will provide you with an ID.

Firearms on College Property

Except for licensed police officers, no person shall possess or carry any firearm, visible or concealed, on college property (including college buildings and grounds leased or owned by the college-college athletic fields and parking lots) or in any college van or vehicle or at college-sponsored activities. College employees, students and visitors who hold concealed carry endorsements as allowed by Missouri law may not carry or bring any firearms, visible or concealed, on college property, owned or leased or at any college activities.

Notice of Non-Discrimination

St. Louis Community College is committed to non-discrimination and equal opportunities in its admissions, educational programs, activities and employment regardless of race, color, creed, religion, sex, sexual orientation, national origin, ancestry, age, disability, genetic information or status as a disabled or Vietnam-era veteran and shall take action necessary to ensure non-discrimination. For information contact:

Corporate College

Lesley English-Abram, Manager, Community Services
STLCC Corporate College, 3221 McKelvey Road, Bridgeton, MO 63044
314-539-5480

Cosand Center/Employment

Patricia Henderson, Senior Manager of Employment
300 S. Broadway, St. Louis, MO 63102-2800, 314-539-5214

Florissant Valley

Joe Worth, Vice President, Student Affairs
3400 Pershall Road, St. Louis, MO 63135-1408, 314-513-4250

Forest Park

Thomas Walker, Jr., Vice President, Student Affairs
5600 Oakland Avenue, St. Louis, MO 63110-1316, 314-644-9212

Meramec

Kim Fitzgerald, Acting Vice President, Student Affairs
11333 Big Bend Road, St. Louis, MO 63122-5720, 314-984-7609

Wildwood

Marilyn Taras, Director of Student Affairs
2645 Generations Drive, Wildwood, MO 63040-1168, 636-422-2004

Section 504/Title II Coordinator

Dr. Donna Dare, Vice Chancellor of Academic and Student Affairs
300 S. Broadway, St. Louis, MO 63102-2800, 314-539-5285

Registration is Easy!!!



Mail

Complete the registration form (below) and mail with check (*payable to St. Louis Community College*) to:

STLCC Continuing Education, 3221 McKelvey Road, Suite 250, Bridgeton, MO 63044

Students who register by mail should assume they are registered unless otherwise notified. A registration confirmation is mailed to students who register by mail; however, the confirmation may not be received prior to the beginning of the class. If you have enrollment questions, please call Continuing Education: 314-984-7777.



In Person at STLCC Continuing Education Offices M-F 8:30 am - 4 pm

Meramec

802 Couch Avenue
St. Louis, MO 63122

Florissant Valley

At the Center for Workforce Innovation
3344 Pershall Rd., Ferguson, MO 63135

Forest Park

Forest Park, G Tower-320-322
5600 Oakland Ave., St. Louis, MO 63110

You may want to first call the Continuing Education office at 314-984-7777, to check that openings exist.



By Phone

Call to complete your registration by charging fees to MasterCard, Visa, American Express or Discover.

Telephone: 314-984-7777

Before calling to register, have this information ready:

1. Course Title / Course Code (letter prefix with number) / Section Number
2. Student Contact Info (name / address / phone number / email)
3. Student Number or UIN
4. Credit Card Number with Expiration Date



Online: www.stlcc.edu

Visit our website and click on the "Continuing Education" link — where you can view current class offerings and to register for classes.

Enrollment in classes within this brochure, except for youth section classes, is limited to persons 16 years or older, unless otherwise noted.

Registration Deadline – All non-credit courses are limited in enrollment. Advanced registration is required.

Automatic Bank Payment (ACH) – All checks will be converted to an electronic Automated Clearing House (ACH) transaction whether the payment was made in person or mailed.

Mail-In

Registration form Please print in ink.

Please register me for the following courses:

Course Code	Section	Course Title	Day/Time	Fees
Total				

Male Female

Senior Citizen?

Yes No

Check Payment:

Please make checks payable to St. Louis Community College, and mail with form (address above).

Credit Card Payment:

Charge fees to:

- MasterCard
 VISA
 Discover
 American Express

Email Address: _____

UIN or Student#: _____ Birthdate: _____

Name: _____
LAST FIRST MIDDLE INITIAL

Address: _____
STREET OR POST OFFICE BOX

CITY STATE ZIP CODE

Telephone/Home: _____ Work: _____

_____ Expiration Date: _____
CARD NUMBER

Signature: _____

RESIDENTIAL CUSTOMER



Printed on
recycled paper.

Continuing Education Feature Five



Get certified in CPR.
Check out classes on
page 9.



Become an
Animal Welfare Assistant.
Check out page 27.



Healthcare Occupations
Information Sessions this
summer. Check out page 6.



Become a
Master Naturalist
starting on page 29.



Get into the
Great Outdoors starting
on page 39.



Registration begins May 5!

Questions? Call 314-984-7777

www.stlcc.edu/ce

ST. LOUIS COMMUNITY COLLEGE...

is celebrating 50 years of expanding minds and changing lives in 2012. Fifty years ago, ground was broken for the Arch and votes approved the formation of the Junior College District of St. Louis-St. Louis County. The Arch made St. Louis the "Gateway City" and the college provided another gateway, an "open door" of education for all citizens in the St. Louis region.

Since 1962, more than 1.2 million people have passed through our doors to take a class, earn a degree, upgrade their career skills or enrich their lives. Each year, more than 81,000 students enroll in:

- College transfer and career programs leading to associate degrees
- Job skill and personal development classes
- College preparatory courses
- Specialized performance programs sponsored by local employers

Associate degrees in Arts, Science, Fine Arts, Applied Science and Teaching are offered as well as Certificates of Proficiency and Specialization. The college's Workforce and Community Development division also serves the local business community through assessment, counseling, consulting and training services.

Learning is convenient via:

- Four campuses-Florissant Valley, Forest Park, Meramec and Wildwood
- Three education centers-south and north St. Louis County and north St. Louis City
- Numerous business, industrial and neighborhood sites throughout the metro area
- Online instruction

100XXX 4/2014

Governed by a board of six elected trustees and supported by local taxes, state funds and student fees, the college has an annual budget of more than \$200 million. The college is accredited by the Higher Learning Commission of the North Central Association of Colleges and Schools. St. Louis Community College focuses its resources on helping students find the right academic and career pathways. Through its alumni and community partnerships, the college is helping St. Louis become the best place to live and work in the 21st century.