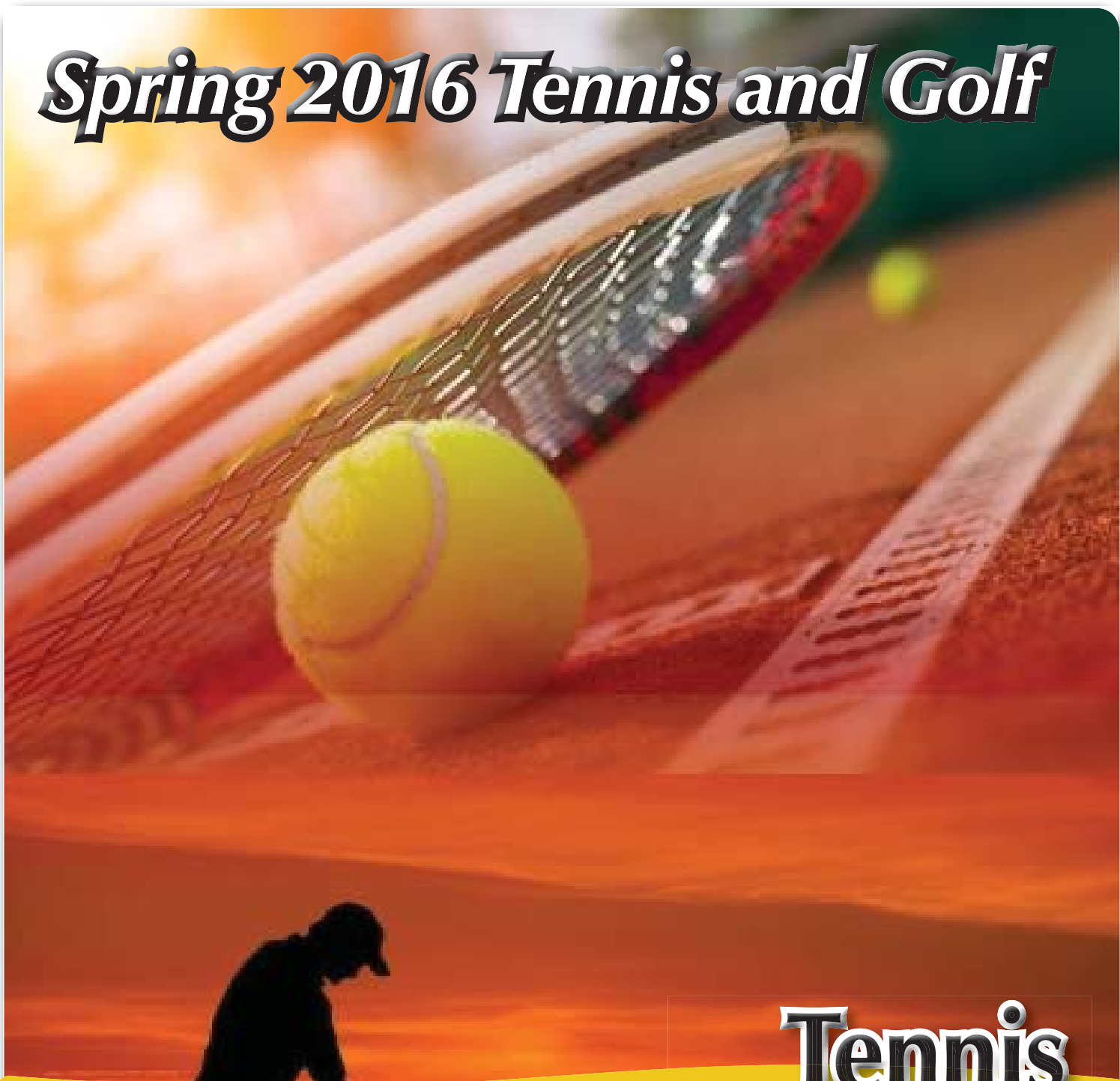


# Spring 2016 Tennis and Golf



## Tennis and Golf



St. Louis  
Community  
College

**Continuing Education**

3221 McKelvey Road, Suite 250  
Bridgeton, MO 63044  
314-984-7777

Like us on Facebook



St. Louis  
Community  
College  
Continuing  
Education

## Golf: Beginning I

Learn the basic fundamentals of golf: grip, set up, mini-swing, full swing, putting and chipping.

PEDU:730

Four Sessions | \$45

801	Th 7pm-8pm March 24 – April 14	Golfport-MH
802	Th 6pm-7pm April 28 – May 19	Golfport-MH
803	Sa 10am-11am April 2 – April 23	Golfport-MH
810	W 7pm-8pm March 30 – April 20	Big Bend GC
811	M 5pm-6pm April 11 – May 2	Big Bend GC
812	Sa 10am-11am April 23 – May 14	Big Bend GC
813	Su 1pm-2pm April 24 – May 15	Big Bend GC
820	Sa 10am-11am April 2 – April 23	Eagle Springs

Women Only

800	Th 6pm-7pm March 24 – April 14	Golfport-MH
804	Sa 11am-12pm April 30 – May 21	Golfport-MH
Six Sessions   \$59		
880	Tu 7pm-8pm April 5 – May 10	The First Tee
881	W 6pm-7pm April 6 – May 11	The First Tee
882	Sa 10am-11am April 2 – May 7	The First Tee
890	Tu 9am-10am March 29 – May 3	Tower Tee
891	M 7pm-8pm March 21 – April 25	Tower Tee

## Golf Classes

### Extra fee for balls

Every effort will be made to schedule a make-up class for outdoor classes missed due to rain-outs. However, no refunds will be given for rained-out classes.

892	Th 6pm-7pm April 7 – May 12	Tower Tee
893	Sa 11am-12pm Feb. 13 – March 19	Tower Tee
860	M 6pm-7pm Feb. 29 – April 4	Ron Muse Sunset Hills Golf LC
861	W 6pm-7pm March 2 – April 6	Ron Muse Sunset Hills Golf LC
862	Sa 10am-11am Feb. 27 – April 9 No class 3/26	Ron Muse Sunset Hills Golf LC

## Golf: Beginning II

Review fundamentals presented in Golf: Beginning I with special emphasis on correcting individual swing faults.

PEDU:731

Four Sessions | \$45

800	Tu 11am-12pm April 26 – May 17	Golfport-MH
801	Th 7pm-8pm April 28 – May 19	Golfport-MH
803	Sa 10am-11am April 30 – May 21	Golfport-MH
810	W 5pm-6pm March 30 – April 20	Big Bend GC
811	M 6pm-7pm April 11 – May 2	Big Bend GC
812	M 7pm-8pm April 11 – May 2	Big Bend GC
813	Sa 9am-10am April 23 – May 14	Big Bend GC

Six Sessions | \$59

880	Tu 6pm-7pm April 5 – May 10	The First Tee
881	W 7pm-8pm April 6 – May 11	The First Tee
890	Tu 10am-11am March 29 – May 3	Tower Tee
891	Th 5pm-6pm Feb. 18 – March 24	Tower Tee
892	M 6pm-7pm March 12 – April 25	Tower Tee

893	Sa 9am-10am April 2 – May 7	Tower Tee
860	M 6pm-7pm April 11 – May 16	Ron Muse Sunset Hills Golf LC
861	W 6pm-7pm April 13 – May 18	Ron Muse Sunset Hills Golf LC
862	Sa 10am-11am April 16 – May 21	Ron Muse Sunset Hills Golf LC

Women Only

802	Sa 11am-12pm April 2 – April 23	Golfport-MH
-----	------------------------------------	-------------

### Golf: Combo Class

Class is a combination of short game, full swing and on course lessons. The first few classes will be on the practice range and remaining will be on the course. On course strategy and mental game will be discussed.

PEDU:732 | \$59

890	Th 9am-10am Feb. 18 – March 24	Tower Tee
893	W 7pm-8pm March 30 – May 4	Tower Tee
895	Sa 10am-11am Feb. 13 – March 19	Tower Tee
896	Sa 8am-9am April 2 – May 7	Tower Tee
898	Sa 11am-12pm April 2 – May 7	Tower Tee

### Golf: Parent/Child - 4 Sessions

Attend class with your child, ages 7-15, and have fun learning the basics of golf together! Registration required for each participant.

PEDU:732 | \$45

810	W 6pm-7pm March 30 – April 20	Big Bend GC
811	Su 12pm-1pm April 24 – May 15	Big Bend GC

### Golf: Short Game Skills

Whether you are a beginning student or just wanting to improve your golf game, this class will cater to you. Class will cover putting, chipping and pitching.

PEDU:732

Four Sessions | \$45

820	M 6pm-7pm March 28 – April 18	Eagle Springs
-----	----------------------------------	---------------

Six Sessions | \$59

891	Th 10am-11am Feb. 18 – March 24	Tower Tee
892	W 6pm-7pm March 30 – May 4	Tower Tee
894	Th 7pm-8pm April 7 – May 12	Tower Tee
897	Sa 10am-11am April 2 – May 7	Tower Tee
882	Sa 11am-12pm April 2 – May 7	The First Tee

### Play Better Golf

Become the best golfer you can be! Instruction will focus on putting, short game skills, and learning how to drive the ball further with more accuracy so you can start lowering your scores today. Open for all skill levels and balls will be provided. Class meets at Creve Coeur's Municipal Golf Course (mandatory first class meets Tuesday, 4/19; remainder of classes meet on Sunday, 4/24-5/15). For details contact instructor (314-434-4715, melklearman@att.net).

PEDU:732 | \$39

V01	Tu 5:30pm-7pm April 19 Su 9am-10am April 24-May 15	Melvin Klearman Creve Coeur Mun. Golf Creve Coeur Mun. Golf
-----	---	---

### Golf for Seniors - 4 Sessions

Learn the basic fundamentals of golf: grip, set-up, mini-swing, full swing, putting and chipping. Class will move at a slower pace.

PEDU:732 | \$45

800	Tu 10am-11am April 26 – May 17	Golfport-MH
-----	-----------------------------------	-------------

## Youth Golf Classes

### Golf for Youth: Beginning I - 4 Sessions

Beginning Golf for children. Ages 7-15.

KIDS:710 | \$45

810	Sa 11am-12pm April 23 – May 14	Big Bend GC
-----	-----------------------------------	-------------

**Tennis: Beginning I (NTRP 1.0-2.0)**

See NTRP Rating Box.

PEDU:733 | \$69

M02	Tu 1pm-2pm		
	Feb. 2 – March 15	Vetta	
M04	Sa 2:30pm-3:30pm		
	Feb. 6 – March 19	Vetta	

**Tennis: Beginning I & II (NTRP 1.0-2.5)**

See NTRP Rating Box.

PEDU:733

Four Sessions | \$55

M03	Th 6pm-7pm		
	April 28 – May 19	Sunset Hills Watson Trails	

Six Sessions | \$85

M06	Su 6pm-7pm		
	Feb. 14 – March 20	Frontenac RC	
M07	Su 6pm-7pm		
	April 10 – May 15	Frontenac RC	
M08	Sa 9am-10am		
	April 9 – May 14	Queeny Park Rec	
720	MW 6pm-7pm		
	May 2 – May 18	Ladue Mid. School	

Seven Sessions | \$69

M01	M 11am-12pm		
	Feb. 1 – March 21	Chesterfield Ath.	
	No class 2/15		
M05	Su 10am-11am		
	Feb. 7 – April 3	Chesterfield Ath.	
	No class 2/14, 3/27		

**Tennis Workshop: Beginning I & II**

Learn to play and love tennis in this FREE workshop with Mark Platt! Registration required for all participants.

PEDU:733 | No Fee

580	Sa 11am-11:55am		
	April 23 – May 7	FV - PE, TENNIS	

**Tennis: Beginning II (NTRP 2.5)**

See NTRP Rating Box.

PEDU:734 | \$69

M01	Tu 1pm-2pm		
	March 29 – May 10	Vetta	
M02	Sa 3:30pm-4:30pm		
	Feb. 6 – March 19	Vetta	
M03	Sa 3:30pm-4:30pm		
	April 2 – May 14	Vetta	

**Tennis: Intermediate I (NTRP 3.0)**

See NTRP Rating Box.

PEDU:735

Four Hours | \$55

M05	Th 5pm-6pm		
	April 28 – May 19	Sunset Hills Watson Trails	

Six Hours | \$85

M06	Sa 4pm-5pm		
	Jan. 30 – March 5	Forest Lake TC	
M07	Sa 4pm-5pm		
	April 2 – May 7	Forest Lake TC	
M09	Sa 10am-11am		
	April 9 – May 14	Queeny Park Rec	
720	MW 7pm-8pm		
	May 2 – May 18	Ladue Mid. School	

Nine Hours | \$89

M03	Th 8:30pm-10pm		
	Feb. 11 – March 17	Woods Mill RC	
M04	Th 8:30pm-10pm		
	March 31 – May 5	Woods Mill RC	

10.5 hours | \$95

M01	Tu 2pm-3:30pm		
	Feb. 2 – March 15	Vetta	
M02	Th 2pm-3:30pm		
	March 31 – May 12	Vetta	
M08	Sa 4:30pm-6pm		
	April 2 – May 14	Vetta	

**Tennis: Intermediate I - Advanced (NTRP 3.0-4.0)**

See NTRP Rating Box.

PEDU:736 | \$95

M03	Tu 2pm-3:30pm		
	March 29 – May 10	Vetta	
M02	Th 2pm-3:30pm		
	Feb. 4 – March 17	Vetta	
M04	Sa 4:30pm-6pm		
	Feb. 6 – March 19	Vetta	
M05	Sa 2pm-3:30pm		
	April 2 – May 14	Vetta	
M01	Tu 1pm-2:30pm		
	Feb. 2 – March 15	Chesterfield Ath.	

**Youth Tennis Classes****Tennis for Youth: Pee Wee**

Series of group lessons specifically designed to introduce your young child, 4-6 years of age, to the game of tennis. Class will include eye-hand coordination exercises as well as building skills for forehand, backhand, serve and volley.

KIDS:709 | \$85

M03	Su 5pm-6pm		
	Feb. 14 – March 20	Frontenac RC	

**Tennis for Youth Workshop: Beginning I & II**

Learn to play and love tennis in this FREE workshop with Mark Platt! Registration required for all participants.

KIDS:709

Ages 7-10 | No Fee

580	Sa 9am-9:55am		
	April 23 – May 7	FV - PE, TENNIS	

Ages 11-15 | No Fee

581	Sa 10am-10:55am		
	April 23 – May 7	FV - PE, TENNIS	

**Tennis for Youth: Beginning I & II**

Designed for beginners and those who need to brush up on the basics. Techniques covered include forehand, backhand, serve, volley, basic strategy as well as drill exercises. Players will be grouped according to ability.

KIDS:709

Six Sessions | \$85

Ages 7-10

M04	Su 6pm-7pm		
	Feb. 14 – March 20	Frontenac RC	
720	MW 6pm-7pm		
	May 2 – May 18	Ladue Mid. School	

Four Sessions | \$55

M07	Th 4pm-5pm		
	April 28 – May 19	Sunset Hills Watson Trails	

Six Sessions | \$85

Ages 11-15

M01	Sa 5pm-6pm		
	Jan. 30 – March 5	Forest Lake TC	
M06	Sa 11am-12pm		
	April 9 – May 14	Queeny Park Rec	

**Tennis for Youth: Intermediate I**

Continue to hone your skills and use drills to improve your game. Players must have had previous instruction and will be grouped according to ability. Tennis balls provided.

KIDS:709 | \$85

Ages 7-10

M05	Su 7pm-8pm		
	April 10 – May 15	Frontenac RC	

Ages 11-15

M02	Sa 5pm-6pm		
	April 2 – May 7	Forest Lake TC	

**National Tennis Rating Program (NTRP)**

- This player is just starting to play Tennis*
- May have had some lessons; needs on-court experience*
- Can sustain a short rally of slow pace; needs to develop form*
- Consistent on medium-paced shots; needs work on form and strategy*
- Consistent with directional control; needs to work on specialty shots*
- Dependable with directional control and depths has specialty shots. Needs to play more percentage tennis*

**Designations used as a tool to assist students when registering for Tennis classes:****Beginning I (1.0-2.0):** Designed for beginners and those who have limited experience with basic Tennis strokes. Proper techniques of all strokes will be covered. Drills will be used and Tennis etiquette and rules will be discussed. Players will be grouped according to ability.**Beginning I and II (1.0-2.5):** Designed for beginners and those who need to brush up on the basics. Techniques covered are forehand, backhand, serve, volley, basic strategy as well as drill exercises. Players will be grouped according to ability.**Beginning II (2.5):** Further emphasized is proper stroke development and footwork through the use of drills. Tennis etiquette and rules will be reviewed. Consistency of stroke production is a major goal.**Intermediate I (3.0-3.5):** A refresher on proper stroke execution. Drills are used and emphasis is on improved consistency and directional control. Strategy and some match play are covered.**Intermediate II to Advanced (3.5-4.0):** This course includes more advanced drills, work on strategy and match play, with a goal of playing better percentage tennis.

**Bring tennis shoes and racket. Tennis balls provided. Facilities may not be air-conditioned. Please dress appropriately. Every effort will be made to schedule a make-up class for outdoor classes missed due to rain-outs. However, no refunds will be given for rained-out classes.**

**Check out other STLCC Continuing Education brochures:**

- **Health and Wellness**
- **Aquatics**

**Call 314-984-7777 to request more information or to register today!**

**Non-Discrimination/Accommodations Statement**

St. Louis Community College is committed to non-discrimination and equal opportunities in its admissions, educational programs, activities, and employment regardless of race, color, creed, religion, sex, sexual orientation, national origin, ancestry, age, disability, genetic information, or status as a disabled or Vietnam-era veteran, and shall take action necessary to ensure non-discrimination. Sexual harassment, including sexual violence, is also prohibited. For information or concerns related to discrimination or sexual harassment, contact William Woodward, associate vice chancellor for student affairs, 314-539-5374.

If you have accommodation needs, please contact Ann Marie Schreiber, 314-984-7704, at least six weeks prior to the class or event.

**Pickleball: Basics and Continuing**

Come join the fun! Pickleball is a fast-growing sport for good reason: it's easy to learn, easy to play and is great exercise for all ages and abilities. Beginners will learn the basics of Pickleball while Continuing students enjoy recreational play at a more advanced level. All equipment provided. Dress appropriately for outdoor court.

PEDU:739 | \$49

**M01** M 5pm-5:55pm

April 11 – May 16

**M02** M 6pm-6:55pm

April 11 – May 16

**M03** Sa 9am-9:55am

April 9 – May 14

**M04** Sa 10am-10:55am

April 9 – May 14

Allyson Duffin  
Frank Dalton  
Kennedy Rec

Allyson Duffin  
Frank Dalton  
Kennedy Rec

Allyson Duffin  
Frank Dalton  
Kennedy Rec

Allyson Duffin  
Frank Dalton  
Kennedy Rec

**Registration is Easy!!!**



**Mail**

Complete the registration form (below) and mail with check (payable to *St. Louis Community College*) to:  
**STLCC Continuing Education, 3221 McKelvey Road, Suite 250, Bridgeton, MO 63044**

Students who register by mail should assume they are registered unless otherwise notified. A registration confirmation is mailed to students who register by mail; however, the confirmation may not be received prior to the beginning of the class. If you have enrollment questions, please call Continuing Education: 314-984-7777.



**In Person at STLCC Continuing Education Offices M-F 8:30 am - 4 pm**

**Meramec**

802 Couch Avenue  
St. Louis, MO 63122

**Florissant Valley**

At the Center for Workforce Innovation  
3400 Pershall Rd., Ferguson, MO 63135

**Forest Park**

Forest Park, G Tower-320-322  
5600 Oakland Ave., St. Louis, MO 63110

You may want to first call the Continuing Education office at 314-984-7777, to check that openings exist.



Call to complete your registration by charging fees to MasterCard, Visa, American Express or Discover.

**Telephone: 314-984-7777**

**Call Center Hours: M-Th 8:30 am - 7:30 pm; Fridays 8:30 am-4 pm**

Before calling to register, have this information ready:

1. Course Title / Course Code (letter prefix with number) / Section Number
2. Student Contact Info (name / address /email/ phone number)
3. Student Social Security Number or UIN
4. Credit Card Number with Expiration Date



**Online: www.stlcc.edu**

Visit our website and click on the "Continuing Education" link — where you can view current class offerings and to register for classes.

Enrollment in classes within this brochure, except for youth section classes, is limited to persons 16 years or older.

**Registration Deadline**

All non-credit courses are limited in enrollment. Advanced registration is required.

**Automatic Bank Payment (ACH)**

All checks will be converted to an electronic Automated Clearing House (ACH) transaction whether the payment was made in person or mailed.

**Mail-In**

**Registration form Please print in ink.**

**Please register me for the following courses:**

Course Code	Section	Course Title	Day/Time	Fees
<b>Total</b>				

Male  Female

Senior Citizen?

Yes  No

**Check Payment:**

Please make checks payable to St. Louis Community College, and mail with form (address above).

**Credit Card Payment:**

Charge fees to:

- MasterCard
- VISA
- Discover
- American Express

Email Address: \_\_\_\_\_

UIN or Student#: \_\_\_\_\_ Birthdate: \_\_\_\_\_

Name: \_\_\_\_\_  
LAST FIRST MIDDLE INITIAL

Address: \_\_\_\_\_  
STREET OR POST OFFICE BOX

CITY STATE ZIP CODE

Telephone/Home: \_\_\_\_\_ Work: \_\_\_\_\_

CARD NUMBER Expiration Date: \_\_\_\_\_

Signature: \_\_\_\_\_