

# ***Spring 2018 Tennis and Golf***



**Keep your eye  
on the ball!**



St. Louis Community College  
**Continuing Education**

3221 McKelvey Road, Suite 250 • Bridgeton, MO 63044 • 314-984-7777

[stlcc.edu/CE](http://stlcc.edu/CE)

**New Golf: Learning the Basics**

Explore the game of golf before you even touch a club! Basic rules, etiquette and philosophy of golf will be discussed in a relaxed classroom setting. Great introduction to the game for newbies and a great refresher for the experienced golfer getting back to the basics. First two classes will meet at the Corporate College, last two classes will be held at GolfPort of Maryland Heights driving range to apply techniques learned in classroom. Clubs available for use at range.

**PEDU:730 | \$49**

- 013 Th 7 pm-7:55 pm **Rich Manley**  
March 8-March 15 *Corp. College*  
March 22 - March 29 *Golfport-MH, Range*
- 014 Tu 11 am-11:55 am **Rich Manley**  
April 10-April 17 *Corp. College*  
April 24 - May 1 *Golfport-MH, Range*

**Golf: Basics and Beyond**

Learning to play correctly is key to a great golf game. New golfers get started on the right track and more experienced golfers will get back to basics to help 'unlearn' any bad habits. Class will cover putting, chipping, pitching, rules, etiquette, full swing with iron and full swing with wood. A great mix for beginning students just learning to play and experienced golfers brushing up on skills and rules of play as a refresher course!

**PEDU:730 | \$99**

- 003 M 5:30 pm-7 pm **Eagle Springs**  
April 9 - May 7
- 004 Sa 10 am-11:30 am **Eagle Springs**  
April 14 - May 12

**Golf: Beginning I**

Start from the beginning and learn the basic fundamentals of golf: grip, set up, mini-swing, full swing, putting and chipping. Perfect introductory class for new players and a great way for experienced golfers to sharpen rudimentary golf skills.

**PEDU:730**

**Four Sessions | \$49**

- 009 W 7 pm-7:55 pm *Big Bend GC, Range*  
March 28 - April 18
- 010 M 5 pm-5:55 pm *Big Bend GC, Range*  
April 9 - April 30
- 012 Su 1 pm-1:55 pm *Big Bend GC, Range*  
April 15 - May 6
- 011 Sa 10 am-10:55 am *Big Bend GC, Range*  
April 21 - May 12
- 016 Sa 9 am-9:55 am **Rich Manley**  
March 24 - April 14 *Golfport-MH, Range*
- 015 Th 7 pm-7:55 pm **Rich Manley**  
April 12 - May 3 *Golfport-MH, Range*

**Six Sessions | \$59**

- 008 Sa 11 am-11:55 am *Tower Tee, Range*  
Feb. 10 - March 17
- 006 M 7 pm-7:55 pm *Tower Tee, Range*  
Feb. 26 - April 2
- 005 Tu 9 am-9:55 am *Tower Tee, Range*  
March 27 - May 1
- 007 Th 6 pm-6:55 pm *Tower Tee, Range*  
April 5 - May 10
- 001 W 6 pm-6:55 pm *First Tee, Range*  
April 4 - May 9
- 002 Sa 10 am-10:55 am *First Tee, Range*  
April 7 - May 12

**Golf: Beginning II**

Review, practice and expand on fundamentals presented in Golf: Beginning I class. With an emphasis on correcting individual swing faults, this is the perfect class for beginner golfers with previous instruction.

**PEDU:731**

**Four Sessions | \$49**

- 011 Tu 7 pm-7:55 pm **Rich Manley**  
April 24 - May 15 *Golfport-MH, Range*
- 012 Sa 9 am-9:55 am **Rich Manley**  
April 28 - May 19 *Golfport-MH, Range*
- 007 W 5 pm-5:55 pm *Big Bend GC, Range*  
March 28 - April 18
- 009 M 6 pm-6:55 pm *Big Bend GC, Range*  
April 9 - April 30
- 008 M 7 pm-7:55 pm *Big Bend GC, Range*  
April 9 - April 30
- 010 Sa 9 am-9:55 am *Big Bend GC, Range*  
April 21 - May 12

**Six Sessions | \$59**

- 002 W 7 pm-7:55 pm *First Tee*  
April 4 - May 9
- 001 Tu 6 pm-6:55 pm *First Tee*  
April 10 - May 15
- 004 Th 5 pm-5:55 pm *Tower Tee, Range*  
Feb. 15 - March 22
- 005 M 6 pm-6:55 pm *Tower Tee, Range*  
Feb. 26 - April 2
- 003 Tu 10 am-10:55 am *Tower Tee, Range*  
March 27 - May 1
- 006 Sa 9 am-9:55 am *Tower Tee, Range*  
April 7 - May 12

**Golf: Short Game Skills**

Whether you are a beginning student or just wanting to improve your golf game, this class will cater to you. Spend each week focused on a short game skill: putting, chipping and pitching. Final class will be spent playing a practice green.

**PEDU:765 | \$59**

- 008 Th 10 am-10:55 am *Tower Tee, Range*  
Feb. 15 - March 22
- 009 W 6 pm-6:55 pm *Tower Tee, Range*  
March 28 - May 2
- 010 Th 7 pm-7:55 pm *Tower Tee, Range*  
April 5 - May 10
- 011 Sa 10 am-10:55 am *Tower Tee, Range*  
April 7 - May 12
- 001 Tu 7 pm-7:55 pm *First Tee*  
April 10 - May 15

**Golf: Combo Class**

Enjoy a combination of short game, full swing and on-course lessons. The first few classes will be on the practice range and remaining will be on the course. On-course and mental game strategies will be discussed.

**PEDU:765 | \$59**

- 005 Sa 10 am-10:55 am *Tower Tee, Range*  
Feb. 10 - March 17
- 003 Th 9 am-9:55 am *Tower Tee, Range*  
Feb. 15 - March 22
- 004 W 7 pm-7:55 pm *Tower Tee, Range*  
March 28 - May 2
- 006 Sa 8 am-8:55 am *Tower Tee, Range*  
April 7 - May 12
- 007 Sa 11 am-11:55 am *Tower Tee, Range*  
April 7 - May 12

**New Golf: The Swing of Things**

Get into the Swing of Things! This fun class is essential for every golfer! Perfecting your swing is not all about hitting the ball; it's learning and understanding how to use your body motion to create your perfect swing.

**PEDU:765 | \$49**

- 016 Tu 6 pm-6:55 pm **Rich Manley**  
April 24 - May 15 *Golfport-MH, Range*

**Golf: On-Course Lesson**

Unique opportunity to play with an experienced golf instructor by your side. Golf professional will take you and just a few other students on course to play up to nine holes. Class is for golfers who have had prior instruction but have difficulty taking their game to the next level. Be prepared to pay Eagle Springs approximately \$15 to play some holes on the course (includes a riding cart). Meet instructor at Eagle Springs Clubhouse. Tee time is at the start time so be sure to arrive a few minutes early.

**PEDU:765 | \$39**

- 002 M 5 pm-7:30 pm *Eagle Springs*  
May 14

**New Golf: Tee for Two**

Want to enjoy the game of golf with your significant other? Whether you've played for years or never picked up a club, couples can enjoy time together while learning and improving golf skills. Open to all levels. Each participant must register. Clubs available for use at range.

**PEDU:765 | \$49**

- 014 Th 6 pm-6:55 pm **Rich Manley**  
April 12 - May 3 *Golfport-MH, Range*
- 015 Sa 11 am-11:55 am **Rich Manley**  
April 28 - May 19 *Golfport-MH, Range*

**Golf: Parent/Child**

Enjoy time with your child, ages 7-15, and have fun learning the basics of golf together! Improve your game and help your child practice his/her golf skills. Registration required for each participant.

**PEDU:765 | \$49**

- 018 Sa 10 am-10:55 am **Rich Manley**  
April 28 - May 19 *Golfport-MH, Range*
- 012 W 6 pm-6:55 pm *Big Bend GC, Range*  
March 28 - April 18
- 013 Su 12 pm-12:55 pm *Big Bend GC, Range*  
April 15 - May 6

**Golf for Seniors**

Learn the basic fundamentals of golf: grip, set-up, mini-swing, full swing, putting and chipping. Class will move at a slower pace.

**PEDU:765 | \$49**

- 017 Tu 10 am-10:55 am **Rich Manley**  
April 24 - May 15 *Golfport-MH, Range*



**Golf Classes**  
**Extra fee for balls**

Every effort will be made to schedule a make-up sessions for outdoor classes cancelled due to rain-outs. However, no refunds will be given for rained-out classes.





**Tennis: Beginning I (NTRP 1.0-2.0)**

See NTRP rating Box. Tennis balls provided.

**PEDU:733 | \$69**

002	Sa 2 pm-2:55 pm	
	Feb. 3 – March 17	Vetta
001	Tu 1 pm-1:55 pm	
	Feb. 6 – March 20	Vetta

**Tennis: Beginning I and II (NTRP 1.0-2.5)**

See NTRP rating Box. Tennis balls provided.

**PEDU:733****Four Sessions | \$55**

006	Th 7 pm-7:55 pm	
	April 26 – May 17	Sunset Hills Watson Trails

**Six Sessions | \$85**

003	Su 6 pm-6:55 pm	
	Feb. 4 – March 11	Frontenac RC
004	Su 6 pm-6:55 pm	
	March 25 – May 6	Frontenac RC
	No Class 4/1	
005	MW 7 pm-7:55 pm	
	April 30 – May 16	Lake School Park

**Tennis: Beginning II (NTRP 2.5)**

See NTRP rating Box. Tennis balls provided.

**PEDU:734 | \$69**

001	Sa 3:30 pm-4:25 pm	
	Feb. 3 – March 17	Vetta
002	Sa 3:30 pm-4:25 pm	
	March 31 – May 12	Vetta

**Tennis Intermediate I (NTRP 3.0)**

See NTRP rating Box. Tennis balls provided.

**PEDU:735****Six Sessions | \$85**

004	Sa 4 pm-4:55 pm	
	Jan. 27 – March 3	Forest Lake TC
005	Sa 4 pm-4:55 pm	
	March 17 – April 21	Forest Lake TC

**10.5 Hours | \$95**

001	Tu 2 pm-3:25 pm	
	Feb. 6 – March 20	Vetta
002	Th 2 pm-3:25 pm	
	March 29 – May 10	Vetta
003	Sa 4:30 pm-5:55 pm	
	March 31 – May 12	Vetta

**Tennis: Intermediate I - Advanced (NTRP 3.0 - 4.0)**

See NTRP rating Box. Tennis balls provided.

**PEDU:736 | \$95**

002	Th 2 pm-3:25 pm	
	Feb. 1 – March 15	Vetta
003	Sa 4:30 pm-5:55 pm	
	Feb. 3 – March 17	Vetta
001	Tu 2 pm-3:25 pm	
	March 27 – May 8	Vetta
004	Sa 2 pm-3:25 pm	
	March 31 – May 12	Vetta

**Pickleball: Basics and Continuing**

Come join the fun! Pickleball is a fast-growing sport for good reason: it's easy to learn, easy to play and is great exercise for all ages and abilities. Beginners will learn the basics of Pickleball while continuing students enjoy recreational play at a more advanced level. All equipment provided.

**PEDU:740****Six Hours | \$59**

Dress appropriately for outdoor court.

001	Sa 9 am-9:55 am	
	April 7 – May 12	Frank Dalton Kennedy Rec Ctr
002	Sa 10 am-10:55 am	
	April 7 – May 12	Frank Dalton Kennedy Rec Ctr
003	M 5 pm-5:55 pm	
	April 9 – May 14	Frank Dalton Kennedy Rec Ctr
004	M 6 pm-6:55 pm	
	April 9 – May 14	Frank Dalton Kennedy Rec Ctr

**New Location Nine Hours | \$89**

007	W 8:30 am-9:55 am	
	Jan. 24 – Feb. 28	Vetta
005	M 8:30 am-9:55 am	
	Feb. 5 – March 19	Vetta
006	Tu 9:30 am-10:55 am	
	Feb. 13 – March 20	Vetta
008	Th 11:30 am-12:55 pm	
	Feb. 15 – March 22	Vetta

**Youth Golf and Tennis classes  
on the back of this brochure**

**National Tennis Rating Program (NTRP)**

- 1.0 *This player is just starting to play Tennis*
- 2.0 *May have had some lessons; needs on-court experience*
- 2.5 *Can sustain a short rally of slow pace; needs to develop form*
- 3.0 *Consistent on medium-paced shots; needs work on form and strategy*
- 3.5 *Consistent with directional control; needs to work on specialty shots*
- 4.0 *Dependable with directional control and depths has specialty shots. Needs to play more percentage tennis*

**Designations used as a tool to assist students when registering for Tennis classes:****Beginning I (1.0-2.0):** Designed for beginners and those who have limited experience with basic Tennis strokes. Proper techniques of all strokes will be covered. Drills will be used and Tennis etiquette and rules will be discussed. Players will be grouped according to ability.**Beginning I and II (1.0-2.5):** Designed for beginners and those who need to brush up on the basics. Techniques covered are forehand, backhand, serve, volley, basic strategy as well as drill exercises. Players will be grouped according to ability.**Beginning II (2.5):** Further emphasized is proper stroke development and footwork through the use of drills. Tennis etiquette and rules will be reviewed. Consistency of stroke production is a major goal.**Intermediate I (3.0-3.5):** A refresher on proper stroke execution. Drills are used and emphasis is on improved consistency and directional control. Strategy and some match play are covered.**Intermediate II to Advanced (3.5-4.0):** This course includes more advanced drills, work on strategy and match play, with a goal of playing better percentage tennis.

**Bring tennis shoes and racket. Tennis balls provided. Facilities may not be air-conditioned. Please dress appropriately. Every effort will be made to schedule a make-up class for outdoor classes missed due to rain-outs. However, no refunds will be given for rained-out classes.**

**Non-Discrimination/Accommodations Statement**

St. Louis Community College is committed to non-discrimination and equal opportunities in its admissions, educational programs, activities, and employment regardless of race, color, creed, religion, sex, sexual orientation, national origin, ancestry, age, disability, genetic information, or status as a disabled or Vietnam-era veteran, and shall take action necessary to ensure non-discrimination. Sexual harassment, including sexual violence, is also prohibited. For information or concerns related to discrimination or sexual harassment, contact Mary Zabriskie, J.D. at 314-539-5345.

Access Office – disAbility Support Services for students with documented disabilities are available through campus Access offices. These services include: advising and academic counseling, coordination of academic accommodations and support services, consultation with faculty and staff regarding accommodation needs as well as help with connecting to community professionals and agencies. To qualify for services complete the online Application for Services and contact the Access Office on the campus where you plan to attend. Applications are accepted at any time during the semester, but the College recommends submitting requests as early as possible to allow time to make any necessary arrangements in time for the start of classes. Accommodations are generally not provided retroactively so it is important for you to apply for accommodations and provide documentation that supports your requested accommodations as soon as you can. For more information, visit [stlcc.edu/disability](http://stlcc.edu/disability) or call the Access Office on your campus.

**Register online at [stlcc.edu/CE](http://stlcc.edu/CE) or call 314-984-7777**

**Golf for Youth: Beginning I**

Learn and enjoy the game of golf while practicing basic skills! Great introduction to golf that is fun for kids. Ages 7-15. Extra fee for balls.

**KIDS:710 | \$49**

001 Sa 11:05 am-12 pm  
April 21 – May 12 Big Bend GC, Range

**New Golf for Youth: Beginning II**

Have fun reviewing, practicing and expanding on fundamentals learned in Beginning I class. Students should have had previous instruction and eager to play golf. Ages 7-15. Extra fee for balls.

**KIDS:710 | \$49**

002 Sa 12:05 pm-1 pm  
April 21 – May 12 Big Bend GC, Range

**Golf: Parent/Child**

Enjoy time with your child, ages 7-15, and have fun learning the basics of golf together! Improve your game and help your child practice his/her golf skills. Registration required for each participant. Extra fee for balls.

**PEDU:765 | \$49**

018 Sa 10 am-10:55 am  
April 28 – May 19 Golfport-MH, Range  
012 W 6 pm-6:55 pm  
March 28 – April 18 Big Bend GC, Range  
013 Su 12 pm-12:55 pm  
April 15 – May 6 Big Bend GC, Range

**Tennis for Youth: Pee Wee I Ages 4-6**

Series of group lessons specifically designed to introduce your young child, 4-6 years of age, to the game of tennis. Class will include eye-hand coordination exercises as well as building skills for forehand, backhand, serve and volley. Tennis balls provided.

**KIDS:709 | \$55**

001 Su 5:30 pm-6 pm  
Feb. 4 – March 11 Frontenac RC  
004 Th 5:30 pm-6 pm  
April 26 – May 17 Sunset Hills Watson Trails

**Tennis for Youth: Beginning I and II Ages 7-10**

Designed for beginners and those who need to brush up on the basics. Techniques covered include forehand, backhand, serve, volley, basic strategy as well as drill exercises. Players will be grouped according to ability. Tennis balls provided.

**KIDS:709 | \$85**

002 Su 6 pm-7 pm  
Feb. 4 – March 11 Frontenac RC  
003 Su 6 pm-7 pm  
March 25 – May 6 Frontenac RC  
No Class 4/1  
005 Th 6 pm-7 pm  
April 26 – May 17 Sunset Hills Watson Trails

# Youth Golf and Tennis classes



**Mail**

Complete the registration form (below) and mail with check (payable to St. Louis Community College) to: **STLCC Continuing Education, 3221 McKelvey Road, Suite 250, Bridgeton, MO 63044**

Students who register by mail should assume they are registered unless otherwise notified. A registration confirmation is mailed to students who register by mail; however, the confirmation may not be received prior to the beginning of the class. If you have enrollment questions, please call Continuing Education: 314-984-7777.



**In Person at STLCC**

**Meramec, Florissant Valley and Forest Park:** M-F 8:30am-4pm  
You may want to first call the Continuing Education office at 314-984-7777, to check that openings exist.



**Try our NEW online registration system.**

**Online: www.stlcc.edu/CE**

Visit our website and click on the "Continuing Education" link — where you can view and register for current class offerings. *Email address required for online registration. Payment via credit/debit card is due at time of registration.*



Call to complete your registration by charging fees to MasterCard, Visa, American Express or Discover.

**Telephone: 314-984-7777 NEW-Call Center Hours: M-Th 8:30 am - 5 pm; Fridays 8:30 am-4 pm**

Before calling to register, have this information ready:

- 1. Course Title / Course Code (letter prefix with number) / Section Number
- 2. Student Contact Info (name / address / phone number)
- 3. Student Social Security Number or UIN
- 4. Credit Card Number with Expiration Date

**Mail Registration Form Please print in ink.**

**Please register me for the following courses:**

Course Code	Section	Course Title	Day/Time	Fees
<b>Total</b>				

Male  Female

Email Address: \_\_\_\_\_

Senior Citizen?

Student#: \_\_\_\_\_ Birthdate: \_\_\_\_\_

Yes  No

Name: \_\_\_\_\_  
LAST FIRST MIDDLE INITIAL

*Reduction of fees for adults 60+ will be calculated at checkout. Reduced fees are available in the online course description.*

Address: \_\_\_\_\_  
STREET OR POST OFFICE BOX

CITY STATE ZIP CODE

Telephone/Home: \_\_\_\_\_ Work: \_\_\_\_\_

**Check Payment:**

*Please make checks payable to St. Louis Community College, and mail with form (address above).*

**Credit Card Payment:**

Charge fees to:

MasterCard  VISA  Discover  American Express

Expiration Date: \_\_\_\_\_ Sec. Code: \_\_\_\_\_

CARD NUMBER

Signature: \_\_\_\_\_