

Summer 2015 Tennis and Golf



Tennis and Golf



St. Louis
Community
College

Continuing Education

3221 McKelvey Road, Suite 250
Bridgeton, MO 63044
314-984-7777

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St. Louis
Community
College
Continuing
Education

Golf Classes

Extra fee for balls

Every effort will be made to schedule a make-up class for outdoor classes missed due to rain-outs. However, no refunds will be given for rained-out classes.

Golf: Beginning I

Learn the basic fundamentals of golf: grip, set up, mini-swing, full swing, putting and chipping.

PEDU:730

4 Sessions | \$45

- 811 M 6pm-7pm
June 1 – June 22
Big Bend GC
- 812 M 7pm-8pm
June 1 – June 22
Big Bend GC
- 810 W 7pm-8pm
May 27 – June 17
Big Bend GC
- 813 M 7pm-8pm
July 6 – July 27
Big Bend GC
- 814 Sa 8am-9am
June 6 – June 27
Big Bend GC
- 800 Th 6pm-7pm
June 4 – June 25
Golfport-MH
- 802 Sa 10am-11am
July 11 – Aug. 1
Golfport-MH

Women Only

- 801 Th 7pm-8pm
June 4 – June 25
Golfport-MH

6 Sessions | \$59

- 880 Tu 7pm-8pm
June 2 – July 14
The First Tee
- No class 7/7
- 881 Sa 10am-11am
June 6 – July 25
The First Tee
- No class 7/4, 7/11
- 860 M 6pm-7pm
June 1 – July 6
Sunset Hills Golf
- 861 W 7pm-8pm
June 3 – July 8
Sunset Hills Golf
- 862 M 7pm-8pm
July 20 – Aug. 24
Sunset Hills Golf
- 863 Sa 10am-11am
June 13 – July 25
Sunset Hills Golf
- No Class 7/4
- 890 W 7pm-8pm
May 20 – June 24
Tower Tee
- 891 W 6pm-7pm
July 8 – Aug. 12
Tower Tee

- 892 W 7pm-8pm
July 8 – Aug. 12
Tower Tee
- 893 Sa 9am-10am
May 30 – July 11
Tower Tee
- No Class 7/4

Women Only

- 871 Sa 10am-11am
May 30 – July 11
Ruth Park GC
- No class 7/4.

12 Sessions | \$109

- 870 TuTh 11am-12pm
May 26 – July 2
Ruth Park GC

Golf: Beginning II

Review fundamentals presented in Golf: Beginning I with special emphasis on correcting individual swing faults.

PEDU:731

4 Sessions | \$45

- 810 W 6pm-7pm
May 27 – June 17
Big Bend GC
- 811 W 6pm-7pm
July 1 – July 22
Big Bend GC
- 812 M 6pm-7pm
July 6 – July 27
Big Bend GC
- 813 Sa 9am-10am
June 6 – June 27
Big Bend GC
- 820 Sa 10am-11am
June 6 – June 27
Eagle Spring GC
- 800 Th 6pm-7pm
July 9 – July 30
Golfport-MH
- 802 Sa 10am-11am
June 6 – June 27
Golfport-MH

Women Only

- 801 Th 7pm-8pm
July 9 – July 30
Golfport-MH

6 Sessions | \$59

- 880 Tu 6pm-7pm
June 2 – July 14
The First Tee
- No Class 7/7
- 881 Sa 11am-12pm
June 6 – July 25
The First Tee
- No Class 7/4, 7/11
- 870 Tu 11am-12pm
July 14 – Aug. 18
Ruth Park GC
- 860 M 7pm-8pm
June 1 – July 6
Sunset Hills Golf-LC
- 861 W 7pm-8pm
July 22 – Aug. 26
Sunset Hills Golf-LC
- 862 Sa 9am-10am
June 13 – July 25
Sunset Hills Golf-LC
- No Class 7/4
- 890 M 6pm-7pm
June 1 – July 6
Tower Tee
- 891 Th 7pm-8pm
July 9 – Aug. 13
Tower Tee
- 892 Sa 9am-10am
July 18 – Aug. 22
Tower Tee

Golf: Playing Lessons

Enjoy this unique opportunity to play with an experienced golf instructor. PGA professional will take you and other students on course to play up to nine holes. Class is for golfers who have had prior instruction but have difficulty taking their game to the next level. Be prepared to pay Eagle Springs approximately \$15 to play up to nine holes on the course (includes a riding cart). Meet instructor at Eagle Springs Clubhouse. Tee time is 5pm sharp.

PEDU:732 | \$39

- 820 M 5pm-7:30pm
June 8 Eagle Spring GC
- 821 M 5pm-7:30pm
July 6 Eagle Spring GC

Golf: Combo Class

Class is a combination of short game, full swing and on course lessons. The first few classes will be on the practice range and remaining will be on the course. On course strategy and mental game will be discussed. Extra fee for balls.

PEDU:732 | \$59

- 891 M 7pm-8pm
June 1 – July 6 Tower Tee
- 893 Th 6pm-7pm
May 21 – June 25 Tower Tee
- 895 Sa 10am-11am
July 18 – Aug. 22 Tower Tee

Golf: Short Game Skills

Class will cover putting, chipping, pitching, and sand shots and will cater to the beginner student as well as the student wanting to improve their game. Extra fee for balls.

PEDU:732 | \$59

- 890 W 6pm-7pm
May 20 – June 24 Tower Tee
- 892 Th 7pm-8pm
May 21 – June 25 Tower Tee
- 894 Sa 10am-11am
May 30 – July 11 Tower Tee
- No Class 7/4

Play Better Golf

Become the best golfer you can be! Instruction will focus on putting, short game skills, and learning how to drive the ball further with more accuracy so you can start lowering your scores today. Open for all skill levels and balls will be provided. Class meets at Creve Coeur's Municipal Golf Course (mandatory first class meets Tuesday, 6/2; remainder of classes meet on Sunday morning, 6/7-6/28). For details contact instructor, (314-434-4715, melklearman@att.net).

PEDU:732 | \$39

- V01 Tu 5:30pm-7pm
June 2 Melvin Klearman
Creve Coeur Mun. GC
- Su 9am-10am
June 7-June 28 Creve Coeur Mun. GC

Golf for Seniors

Learn the basic fundamentals of golf: grip, set-up, mini-swing, full swing, putting and chipping. Class will move at a slower pace. Extra fee for balls.

PEDU:732 | \$45

- 800 Tu 10am-11am
June 2 – June 23 Golfport-MH

Youth Golf Classes

Golf for Youth: Beginning I

Beginning Golf for children. Ages 7-15. Extra fee for balls.

KIDS:710 | \$45

- 810 Sa 11am-12pm
June 6 – June 27 Big Bend GC

Golf: Parent/Child - 4 Sessions

Parent attends class with a child, ages 7-15. Registration required for each participant. Extra fee for balls.

PEDU:732 | \$45

- 810 W 7pm-8pm
July 1 – July 22 Big Bend GC
- 811 Sa 10am-11am
June 6 – June 27 Big Bend GC

Call 314-984-7777 to register beginning May 4!

Tennis Classes

Bring tennis shoes and racket. Tennis balls provided. Facilities may not be air-conditioned. Please dress appropriately. Every effort will be made to schedule a make-up class for outdoor classes missed due to rain-outs. However, no refunds will be given for rained-out classes.

New Tennis Workshop: Beginning I & II

Learn to play and love tennis in this FREE workshop with Mark Platt! Registration required for all participants.

PEDU:734 | No Fee

580 Sa 11am-12pm
June 13 – June 27

Mark Platt
FV - PE, TENNIS

Tennis: Beginning I & II (NTRP 1.0-2.5)

See NTRP Rating Box. Tennis balls provided.

PEDU:734

Outdoor | \$55

P01 Sa 9am-10am
July 11 – Aug. 1

Kaufman Park

720 MW 6pm-7pm
June 22 – July 1

Ladue Middle School

M01 Th 7pm-8pm
June 11 – July 2

Sunset Hills Watson Trails

Indoor | \$59

M02 M 3pm-4pm
June 1 – July 6

Vetta

M03 W 3pm-4pm
June 3 – July 8

Vetta

Tennis: Intermediate I (NTRP 3.0)

See NTRP Rating Box. Tennis balls provided.

PEDU:735

Outdoor | \$55

P01 Sa 10am-11am
July 11 – Aug. 1

Kaufman Park

720 MW 7pm-8pm
June 22 – July 1

Ladue Middle School

Indoor

4 hours | \$55

M01 Sa 4pm-5pm
June 6 – June 27

Forest Lake TC

M02 Sa 4pm-5pm
July 11 – Aug. 1

Forest Lake TC

9 hours | \$89

M03 M 4pm-5:30pm
June 1 – July 6

Vetta

M04 W 4pm-5:30pm
July 15 – Aug. 19

Vetta

Tennis: Intermediate I - Advanced (NTRP 3.0-4.0) -Indoor

See NTRP Rating Box. Tennis balls provided.

PEDU:736 | \$89

M01 W 4pm-5:30pm
June 3 – July 8

Vetta

M02 M 4pm-5:30pm
July 13 – Aug. 17

Vetta

Youth Tennis Classes

New Tennis for Youth Workshop: Beginning I & II

Learn to play and love tennis in this FREE workshop with Mark Platt! Registration required for all participants.

KIDS:709 | No Fee

Ages 7 - 10

580 Sa 9am-10am
June 13 – June 27

Mark Platt
FV - PE, TENNIS

Ages 11 - 15

581 Sa 10am-11am
June 13 – June 27

Mark Platt
FV - PE, TENNIS

Tennis for Youth: Beginning I & II

Class designed for beginners and those who need to brush up on the basics. Techniques covered include forehand, backhand, serve, volley, basic strategy as well as drill exercises. Players will be grouped according to ability.

KIDS:709 | \$55

Ages 7 - 10

M01 Sa 4pm-5pm
June 6 – June 27

Forest Lake TC

M02 Sa 4pm-5pm
July 11 – Aug. 1

Forest Lake TC

720 MW 6pm-7pm
June 22 – July 1

Ladue Middle School

M04 Th 6pm-7pm
June 11 – July 2

Sunset Hills Watson Trails

Ages 11 - 15

P01 Sa 11am-12pm
July 11 – Aug. 1

Kaufman Park

721 MW 7pm-8pm
June 22 – July 1

Ladue Middle School

M03 Th 5pm-6pm
June 11 – July 2

Sunset Hills Watson Trails

National Tennis Rating Program (NTRP)

- 1.0 This player is just starting to play Tennis
- 2.0 May have had some lessons; needs on-court experience
- 2.5 Can sustain a short rally of slow pace; needs to develop form
- 3.0 Consistent on medium-paced shots; needs work on form and strategy
- 3.5 Consistent with directional control; needs to work on specialty shots
- 4.0 Dependable with directional control and depths has specialty shots. Needs to play more percentage tennis

Designations used as a tool to assist students when registering for Tennis classes:

Beginning I (1.0-2.0): Designed for beginners and those who have limited experience with basic Tennis strokes. Proper techniques of all strokes will be covered. Drills will be used and Tennis etiquette and rules will be discussed. Players will be grouped according to ability.

Beginning I and II (1.0-2.5): Designed for beginners and those who need to brush up on the basics. Techniques covered are forehand, backhand, serve, volley, basic strategy as well as drill exercises. Players will be grouped according to ability.

Beginning II (2.5): Further emphasized is proper stroke development and footwork through the use of drills. Tennis etiquette and rules will be reviewed. Constancy of stroke production is a major goal.

Intermediate I (3.0-3.5): A refresher on proper stroke execution. Drills are used and emphasis is on improved consistency and directional control. Strategy and some match play are covered.

Intermediate II to Advanced (3.5-4.0): This course includes more advanced drills, work on strategy and match play, with a goal of playing better percentage tennis.

Pickleball

Come join the fun! Pickleball is a fast-growing sport for many good reasons: it's easy to learn and play, has simple rules, and is great exercise for all ages and abilities. Learn the basics of Pickleball then enjoy recreational play. Already know how to play Pickleball? Just register and come play! All equipment provided; dress appropriately for outdoor court.

PEDU:740 | \$49

M01 Sa 9am-9:55am
June 6 – July 18
No class 7/4

Allyson Duffin
Kennedy Rec Plex

M02 Sa 10am-10:55am
June 6 – July 18
No class 7/4

Allyson Duffin
Kennedy Rec Plex

M03 M 5:30pm-6:25pm
June 8 – July 13

Allyson Duffin
Kennedy Rec Plex

M04 M 6:30pm-7:25pm
June 8 – July 13

Allyson Duffin
Kennedy Rec Plex



Non-Discrimination/Accommodations Statement

St. Louis Community College is committed to non-discrimination and equal opportunities in its admissions, educational programs, activities, and employment regardless of race, color, creed, religion, sex, sexual orientation, national origin, ancestry, age, disability, genetic information, or status as a disabled or Vietnam-era veteran and shall take action necessary to ensure non-discrimination. Sexual harassment, including sexual violence, is also prohibited. For information or concerns related to discrimination or sexual harassment, contact William Woodward, Associate Vice Chancellor for Student Affairs, 314-539-5374.

If you have accommodation needs, please contact Anne Marie Schreiber, 314-984-7704, at least two working days prior to the event.

Call 314-984-7777 to register beginning May 4!

Registration is Easy!!!



Mail

Complete the registration form (below) and mail with check (*payable to St. Louis Community College*) to:
STLCC Continuing Education, 3221 McKelvey Road, Suite 250, Bridgeton, MO 63044

Students who register by mail should assume they are registered unless otherwise notified. A registration confirmation is mailed to students who register by mail; however, the confirmation may not be received prior to the beginning of the class. If you have enrollment questions, please call Continuing Education: 314-984-7777.



In Person at STLCC Continuing Education Offices M-F 8:30 am - 4 pm

Meramec

802 Couch Avenue
 St. Louis, MO 63122

Florissant Valley

At the Center for Workforce Innovation
 3400 Pershall Rd., Ferguson, MO 63135

Forest Park

Forest Park, G Tower-320-322
 5600 Oakland Ave., St. Louis, MO 63110

You may want to first call the Continuing Education office at 314-984-7777, to check that openings exist.



Call to complete your registration by charging fees to MasterCard, Visa, American Express or Discover.

Telephone: 314-984-7777

Call Center Hours: M-Th 8:30 am - 7:30 pm; Fridays 8:30 am-4 pm

Before calling to register, have this information ready:

- 1. Course Title / Course Code (letter prefix with number) / Section Number
- 2. Student Contact Info (name / address /email/ phone number)

- 3. Student Social Security Number or UIN
- 4. Credit Card Number with Expiration Date



Online: www.stlcc.edu

Visit our website and click on the "Continuing Education" link — where you can view current class offerings and to register for classes.

Enrollment in classes within this brochure, except for youth section classes, is limited to persons 16 years or older.

Registration Deadline

All non-credit courses are limited in enrollment. Advanced registration is required.

Automatic Bank Payment (ACH)

All checks will be converted to an electronic Automated Clearing House (ACH) transaction whether the payment was made in person or mailed.

Mail-In

Registration form *Please print in ink.*

Please register me for the following courses:

Course Code	Section	Course Title	Day/Time	Fees
Total				

Male Female

Senior Citizen?

Yes No

Check Payment:

Please make checks payable to St. Louis Community College, and mail with form (address above).

Credit Card Payment:

Charge fees to:

- MasterCard
- VISA
- Discover
- American Express

Email Address: _____

UIN or Student#: _____ Birthdate: _____

Name: _____
LAST FIRST MIDDLE INITIAL

Address: _____
STREET OR POST OFFICE BOX

CITY STATE ZIP CODE

Telephone/Home: _____ Work: _____

CARD NUMBER Expiration Date: _____

Signature: _____