

LIVE

LIFESTYLE & LEISURE



WAUBONSEE
COMMUNITY COLLEGE

Pure MAGIC

**ENJOY TWO EVENINGS
OF MAGICAL FAMILY
ENTERTAINMENT**

Pages 17 and 19

**DISCOVER YOUR
NEW FAVORITE PLACE –
travel to exotic
destinations or take
a local excursion**

Pages 15-17

**INDULGE IN A
UNIQUE EXPERIENCE –
memorable things
to do hosted by
local experts**

Page 19

**Over 75 new, revised and
returning courses designed
to EDUCATE AND INSPIRE**

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**COMMUNITY EDUCATION
FALL 2015**

waubonsee.edu/communityed



Take a Chilling Tour of Elgin's Most Haunted Cemeteries

Think this haunted tour is just another Halloween related event? YOU'RE DEAD WRONG. Because this four hour guided motor coach tour takes you inside the most haunted, terrifying cemeteries in Elgin, with a genuine EMF ghost meter clutched in your hands . . . in the dead of night!

FRIDAY, OCTOBER 30, 2015

6 p.m. – midnight

\$89

Purchase tickets at www.waubonseetickets.com



Miracles of the Mind

AMAZING ENCORE PERFORMANCE!
BRIAN IMBUS

Waubensee favorite Brian Imbus returns for an all-new spectacle of hypnotism and mentalism. Warning: Imbus sold out in 2013 and will do so again. Get your tickets early!

SATURDAY, OCTOBER 10, 2015

7 p.m.

Sugar Grove Campus, Auditorium

\$19 adults

\$12 children 12 and under

Purchase tickets at www.waubonseetickets.com



A Better Way to Learn Spanish

Our popular Learn a Little Spanish and Learn More Spanish courses (p. 7) are designed for absolute beginners and now meet twice a week rather than just once a week. Meeting more frequently helps you retain what you've learned and makes each class session more effective.

Discover the Power of Self-Hypnosis and More

Don't miss a unique opportunity to discover how self-hypnosis can help you lose weight, eliminate negative habits and achieve more in life. Sign-up for a special Unique Experience with hypnosis expert Brian Imbus. Or, indulge in one of our other many Unique Experiences hosted by local experts and learn how to craft cocktails, perform magic tricks and more (p. 19)

Pure
MAGIC

COMMUNITY EDUCATION

PURE MAGIC

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(Found in center section of schedule)

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Fall 2015 Offering Classes for Everyone

Looking for short, intense courses designed to improve your skills at work?

Flip this book over and browse the offerings of the college's Workforce Development department. Classes are offered in such topics as CAD, Communication, Computers, Food Service and Sanitation, Health Care, and Office Essentials.

COMMUNITY EDUCATION OFFERINGS

ASTRONOMY

Introduction to Astrophotography

Learn how to take quality digital photographs of the night sky using inexpensive equipment and free software. Learn to use your point and shoot camera, DSLR or low end CCD imager to image the sky. Skip the common traps and mistakes that often befall beginning astrophotographers with this low-pain high-gain entry into a great hobby. For additional training follow this course with Next Steps in Astrophotography.

CLASS FEE: \$19

161SKY835.800 (11798) 7:00pm- 9:00pm F APC120 Davy
Meets on: Sep. 25

Next Steps in Astrophotography

Expand your skills in astrophotography without frustration. Learn how to select and use a high end digital SLR camera or a dedicated CCD camera and how to use state of the art techniques for taking images you'll be proud of. Prerequisite: Introduction to Astrophotography is recommended.

CLASS FEE: \$19

161SKY837.800 (11799) 7:00pm- 9:00pm F APC120 Davy
Meets on: Oct. 9

Image Processing for Astrophotographers

Learn to make the best of the image data that you've collected with telescope and camera. Unlike general photography where images often can be displayed and shared direct from the camera, astro-images often require extensive processing. This course focuses on photo imaging software that can be used to stretch and sharpen long exposures of very faint objects. The result is a final professional quality image that you will be proud to share. Prerequisite: Next Steps in Astrophotography is recommended. CLASS FEE: \$19

161SKY839.800 (11800) 7:00pm- 9:00pm F APC120 Davy
Meets on: Oct. 23

COMPUTERS AND TECHNOLOGY

Computers 101

New to computers? Take part in this relaxed, hands-on class and learn keyboard and mouse skills. Find out about the parts of a computer and everything that goes along with it, as well as computer terminology. Learn about hardware and software, the basics of navigation, file management and much more. Demonstrations on an overhead projector will help get you started on practice exercises assigned in class. Continue learning with Microsoft Office at home. For more information about the specific content of this course, contact the Community Education department at (630) 466-2360.

Note: Please come to class prepared with your X number and password. CLASS FEE: \$69

161INT804.600 (11797) 6:30pm- 8:30pm W HCC105 Meyer
Meets between: Sep. 2-Sep. 23

Microsoft Office at Home

New to Microsoft Office? Join us for this relaxed, hands-on six-week course. Start with MS Word to create basic documents then move up to using backgrounds, borders, pictures and bullets to create an eye-catching flyer. Master tabs, tables, columns, page breaks, headers, footers, and much more! Next, learn the basics of MS Excel by creating a sample budget spreadsheet, using basic formulas, sorting and more. Finally, discover what you can do with a MS PowerPoint presentation! An experienced instructor in computers and technology, Carrie Swift, will lead this class at a comfortable pace for students. Note: Please come to class prepared with your X number and password. CLASS FEE: \$79

161INT845.600 (11760) 6:30pm- 8:30pm W HCC105 Swift
Meets between: Oct. 7-Nov. 11

Blogging Boot Camp

Are you interested in creating a blog but don't know how to get started? Blogging does not come naturally to everyone - don't be intimidated - be outstanding! Discover best practices and tools and techniques for creating an effective online presence. Experienced blogger Diane Desmond will teach you blogging techniques, critical elements of every blog, and how to make a good blog entry even better. Novice and experienced bloggers welcomed. CLASS FEE: \$39

161INT810.600 (11765) 6:00pm- 9:00pm T HCC101 Desmond
Meets on: Sep. 1



Take one of our practical courses for beginners and learn how to use computers and simple software.

Computers 101

New to computers? This relaxed, hands-on class is where you need to start.

Microsoft Office at Home

Instructor Carrie Swift leads this course at a comfortable pace for beginners.

See computer course listings on this page.



SELL ONLINE, LEARN TO CROCHET AND MORE WITH DIANE DESMOND

Multi-talented and passionate, Diane has over 15 years of online selling experience and was recognized as a Power Seller and a top rated seller on Ebay. In addition, she has 40 years of experience in crochet and has won numerous awards for antiques, collecting, crafting, needlework and canning at the Sandwich Fair. Her fall courses include:

- Get Hooked! Crochet Basics
- Stay Hooked! Crochet Continued.
- Learn to Crochet: It's a Wrap!
- How to Sell Your Used Treasures Online
- Blogging Boot Camp

Diane's crochet courses now held at Hobby Lobby in Oswego! See pages 3-4 for details.

How to Sell Your Used Treasures Online

Grab some quick cash with what you already own --- the extras from your basement, attic or storage room! Learn the basics to fast and effective techniques to begin earning income on Ebay, Bookoo, Craigslist and other profitable online sites. Whether you're saving cash for a vacation, special gift or dream car, our instructor and experienced internet seller Diane Desmond will see that you become introduced to researching, listing, selling and shipping with ease. Bring an item to class for hands-on practice and leave with confidence to begin listing, selling and earning immediately! Note: Please come to class prepared with your X number and password.

CLASS FEE: \$59

161INT809.600 (11795) 6:30pm-8:30pm T HCC101 Desmond
Meets between: Sep. 8-Sep. 22

ARTS AND CRAFTS

Learn to Needle Felt: Fall Pumpkins

Create perfect autumn décor for home and hearth using wool and needle felting techniques! From their life-like ridges, tendrils, and stems to the sweet-smelling surprise of apple mulling spices tucked inside, the 6-inch pumpkins we'll create are fall memory makers worth celebrating. Perfect for the novice crafter, needle felting is a relaxing, easy-to-learn technique that uses a special needle to tangle the wool fibers into felt that can be sculpted. As a shepherd and an award-winning artist, your instructor delights in introducing this synergy of fiber and creativity. Fee includes: all materials.

CLASS FEE: \$25

161HOL803.600 (11787) 6:30pm-8:30pm Th WGL110 Lewis
Meets on: Oct. 15

Learn to Needle Felt: Elves n' Trees

NEW! Using locally grown and hand dyed wool, create an adorable little elf and a pine tree to grace your home this holiday season! The 5" elf's long red hat compliments the beautiful green wool used for the 10" pine tree creating a very cheerful display. Shepherd and award-winning artist, Natasha Lewis will teach you about the basics of needle felting while shaping and sculpting the three dimensional figurines. This workshop welcomes all skill levels and encourages the novice crafter with the easy, fun art of needle felting! Fee includes: all materials. CLASS FEE: \$25

161HOL805.600 (11789) 6:30pm-9:00pm Th WGL110 Lewis
Meets on: Nov. 12

Learn to Needle Felt: Twiggy Reindeer

Learn how to shape and sculpt wool into felt while ringing in the holidays with an adorable woodland reindeer. From his twiggy legs and bittersweet berry antlers to his red nose and perky tail, he's oh-so-cute and simple to create. Perfect for the novice crafter, needle felting is a creative, easy to learn and relaxing technique that uses a special needle to tangle the wool fibers into felt that can be sculpted. As a shepherd and an award-winning artist, your instructor delights in introducing this new and novel craft! Fee includes: all materials.

CLASS FEE: \$25

161HOL804.600 (11788) 6:30pm-8:30pm T WGL120 Lewis
Meets on: Nov. 17

Learn to Crochet: It's a Warm Wrap!

Learn basic crochet while making a holiday gift for a loved one! We'll work from start to finish in a basic single crochet stitch and learn how it is easily adapted to different projects. Whichever wrap you choose to create -- cowl, neck gaiter, hand warmers, scarf, throw, or blanket -- this easy-to-grasp class and its talented instructor, who has 40 years of experience, is just what you'll need to complete a successful first project. This class is so friendly that it even comes complete with drinks and cookies. Join us! Fee includes: all materials. CLASS FEE: \$29

161HOL802.600 (11794) 6:00pm-8:00pm W HBLB Desmond
Meets on: Nov. 11

Fashion Wrap Jewelry

NEW! Create the latest trend in jewelry making - the wrap bracelet! Made from leather and beautiful beads, your finished product will look similar to those sold at the higher-end retail stores. Wrap bracelets make a perfect gift for birthdays, holidays, or just build a collection for yourself! Jewelry expert Janis Madison will show you how easy, fun, and inexpensive it is to make your own jewelry. No prior jewelry making skills or tools needed. Beginners are welcome! Fee includes: all materials. CLASS FEE: \$29

161ART827.600 (11780) 6:30pm-8:30pm T WGL120 Madison
Meets on: Oct. 6

The Art of Zentangle

Learn the basics of the beautiful Zentangle art form that everyone is talking about. It's an easy-to-learn, relaxing, and fun way to create beautiful images by using repetitive structured patterns and deliberate pen strokes. Certified instructor, Starla Snead, will go over the origins of Zentangle and teach you six different 'tangles'. No previous experience required! A perfect introduction if you're looking for a new hobby, a way to relax, increased focus or a creative outlet. Fee includes: all materials. CLASS FEE: \$25

161ART848.600 (11806) 6:30pm- 9:00pm T WGL120 Snead
Meets on: Nov. 3

Zentangle Continued

Now that you had a chance to fall in love with the art of Zentangle, take your creativity to the next level with certified instructor Starla Snead in this one-day workshop that will teach you six more 'tangles' as well as shading techniques. You're sure to impress your family and friends and be proud of the wonderful art work that you personally created. Come join the fun and tangle! Prereq: The Art of Zentangle or equivalent zentangle experience. Fee includes: all materials. CLASS FEE: \$25

161ART849.600 (11807) 6:30pm- 9:00pm T WGL120 Snead
Meets on: Nov. 10

Get Hooked! Crochet Basics

Learning to crochet is not as difficult as it appears. With 40 years of experience, instructor Diane Desmond can help you begin to crochet in just four weeks. You'll be introduced to basic crochet techniques in a step-by-step easy process. Simple projects will be available for practice to build confidence while learning the six basic stitches including: slip-stitch, chain, single crochet, half-double crochet, double crochet and triple-crochet. During class you'll have the opportunity to take a field trip into the store to explore the possibilities. Fee includes: basic starter materials. Additional materials must be purchased separately. Note: Classes are held at Hobby Lobby (2402 US Hwy 34, Oswego.) CLASS FEE: \$59

161SEW806.600 (11792) 6:00pm- 8:00pm W HBLB Desmond
Meets between: Sep. 16-Oct. 7

Stay Hooked! Crochet Continued

You have mastered the first six stitches of crochet and are now ready to move forward! It's time to learn about different patterns and how they are read. Begin to crochet from a starting chain in order to practice filet crochet and edging. You'll also be taught to crochet in the round to learn motifs. The picot will be a challenge no longer! Award-winning crochet artist Diane Desmond leads this class. Fee includes: basic starter materials. Additional materials must be purchased separately. Note: Classes are held at Hobby Lobby (2402 US Hwy 34, Oswego.) CLASS FEE: \$59

161SEW834.600 (11793) 6:00pm- 8:00pm W HBLB Desmond
Meets between: Oct. 14-Nov. 4

Beginning Drawing

Learn the fundamentals of drawing in a relaxed, encouraging environment with MFA artist Andrew Blair. Working primarily in pencil and charcoal, you'll practice the principles of composition, shading, perspective and more. By the end of this six-week course you'll have the confidence and the skills needed for further study of drawing and painting. Note: Anticipate approximately \$70 investment for supplies. Supplies may be purchased at WCC Boosktore. Email communityed@waubonsee.edu for supply list. CLASS FEE: \$79

161ART836.600 (11755) 6:30pm- 9:00pm Th WGL120 Blair
Meets between: Sep. 17-Oct. 22

Beginning Acrylic Painting

Artist and teacher Gary Schirmer introduces beginning painting students to the versatile medium of water-based acrylics. Basic concepts in composition, observational painting from still-life set-ups, color mixing and paint application are considered, as well as special aspects of the medium that make it suitable for mixing with other materials. Prereq: The Art of Zentangle or equivalent zentangle experience. Note: Anticipate approximately \$100 investment in paints, tools, and painting grounds. Supplies may be purchased at WCC Boosktore. Email communityed@waubonsee.edu for supply list. CLASS FEE: \$79

161ART843.820 (11769) 9:00am- 12:00pm Sa WGL120 Schirmer
Meets between: Sep. 19-Oct. 24

Ceramic Arts: Handbuilding and Wheel Throwing

Find deep satisfaction in designing and creating your own pottery, whether you're a beginner or an advanced student of ceramics. You'll learn the best practices in handbuilding, wheel throwing, decorating and glazing, and then use the campus kiln to fire your original creations. If you're a beginner, you'll benefit from instructor Mary DeRose's reputation for careful guidance, but if you're a more advanced student, you'll delight in her balanced approach of giving pointers while allowing you to expand your skills and explore your passions. Note: Additional cost for materials. Prepared kit may be purchased at Waubonsee bookstore. CLASS FEE: \$179

161ART807.600 (11801) 6:00pm- 9:00pm Th CER104 DeRose
Meets between: Sep. 10-Nov. 12

PHOTOGRAPHY

Capturing Autumn Beauty

NEW! Capture the mesmerizing beauty of the fall season with its stunning display of vibrant color. Professional photographer Donnell Collins will share his artistic vision as he guides you in the exploration of nature. You'll learn when the best times are to photograph landscapes and discover the proper way to use an electronic flash outdoors. Gain hands on experience by taking your own photos in a natural setting. A perfect photography class for those who appreciate the outdoors. No photography experience is necessary. Note: Bring your own DSLR camera to class. CLASS FEE: \$59

161PIC821.820 (11796) 9:00am- 11:00am Sa APC180 Collins
Meets between: Sep. 5-Sep. 26

Wildlife Photography: A Trip to the Zoo

NEW! Instead of just seeing the wild animals momentarily at the zoo, why not capture the moment forever? Learn the basics of wildlife photography with professional photographer Mike Smith as he guides you in capturing those perfect shots! Spend the first day of class learning useful wildlife photo-taking techniques in preparation for the second day where you'll have the opportunity to put those techniques to work at Brookfield Zoo! Come back to the classroom on the last day to share your images with others. Both beginners and experienced photographers are welcome! Note: Bring your own DSLR camera, a telephoto lens, and tripod to class (if possible). Students are responsible for any entrance fees and travel arrangements to Brookfield Zoo. Instructor will provide details before the trip. CLASS FEE: \$59

161PIC822.860 (11802) 10:00am- 12:00pm Su APC160 Smith
Class meets on Sundays, Oct. 4 and 18, from 10 a.m.-noon on the Sugar Grove campus. On Sunday, Oct. 11, class will meet from 10 a.m.-1 p.m. at the Brookfield Zoo.

Digital Photography in Focus

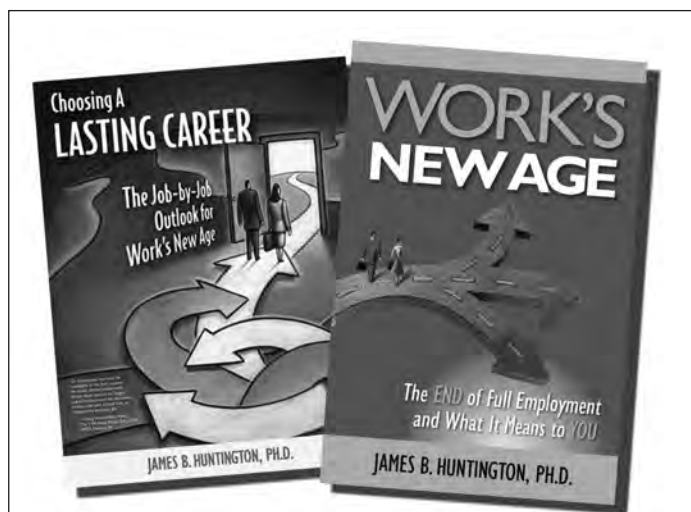
Elevate your digital photography skills from “weak to WOW” while mastering easy-to-learn techniques in this hands-on workshop. Anchor your art with knowledge of composition, exposure and the fundamentals of camera settings, before moving on to technical aspects such as selecting memory cards, transferring images to PC/Mac and backing photos up. Together, your class will gain a full understanding of how to use depth of field, resolution, white balance, color adjustment, compression and file formats. Learn to make your photos picture perfect! Note: Bring your own DSLR camera to class. CLASS FEE: \$89

161PIC810.600 (11766) 6:30pm- 9:00pm T APC260 Collins Staff

Meets between: Aug. 25-Sep. 22

161PIC810.601 (11767) 6:30pm- 9:00pm Th APC185 Collins Staff

Meets between: Oct. 1-Oct. 29



FIND A LASTING CAREER IN THE NEW AGE OF WORK

The future may not be so bright if you work for a living. Dr. James B. Huntington, author of *Work's New Age: The End of Full Employment and What It Means to You* and *Choosing a Lasting Career: The Job-by-Job Outlook for Work's New Age* will discuss the new world of work and the 20 lasting career principles you need to know now.

Thursday, November 5, 2015

7 p.m.

Sugar Grove Campus,
Academic and Professional Center
\$10

Purchase tickets at www.waubonseetickets.com

Photoshop Elements for Digital Photographers

Get the photo you want, not the photo you took! Learn how affordable Photoshop Elements software can help you correct, enhance, optimize and organize your digital photos. You can even create a variety of artistic effects with just a touch of a button. Class is held in a computer lab so you'll get direct, hands-on experience with the software. Be sure to bring some digital photos on a flash drive or have them available for download during class. Note: Please come to class prepared with your X number and password. Basic computer knowledge is required for this class. CLASS FEE: \$85

161PIC818.600 (11759) 6:30pm- 8:30pm W APC165 Lockwood

Meets between: Sep. 2-Oct. 7

CREATIVE WRITING

Creative Non-Fiction Writing

Become the writer you want to be. In this 10-week workshop, you'll gain the skills and confidence you need to get your work published. With author John O'Donnell as your guide, you'll improve your writing skills, gain insights from the masters, and receive valuable feedback from fellow writers in the class. You'll also get verbal and written feedback on assignments from the instructor (up to five pages reviewed per assignment). Join us as we assist each other and grow as writers. Note: "Writing Life Stories" by Bill Roorbach with Kristen Keckler is required and may be purchased at WCC Bookstore. CLASS FEE: \$125

161WWS805.600 (11781) 6:30pm- 9:00pm M BDE102 O'Donnell

Meets between: Sep. 14-Nov. 16

MUSIC

Learn to Play the Harmonica

Call it the mouth harp, tin fiddle or Mississippi saxophone - it's the coolest instrument around. Whether you want to play songs around the campfire or trade licks with a Chicago blues band, local musician and professional harmonica player Dave Skirmont will teach you how to play this hip, happening and versatile instrument. Dave will also show you how to care for and maintain your harmonica. Note: Ten hole diatonic harmonica required. CLASS FEE: \$59

161MUS802.600 (11764) 6:30pm- 8:00pm Th VON137 Skirmont

Meets between: Sep. 17-Oct. 15

Class Guitar I

This course provides beginning guitar instruction in playing and reading chords, chord symbols, picking, strumming patterns, reading musical notation and playing chord progressions, and a variety of guitar styles. Note: Guitar must be brought to the first class. For credit course see MUS154 in the credit schedule. CLASS FEE: \$236

161MUS890.600 (11827) 6:00pm- 7:40pm T VON137 Salazar

Meets between: Aug. 25-Dec. 15

Class Instruction in Piano I

This course provides beginning instruction in piano and is conducted in the electronic piano lab. No previous background needed. Students learn music notation, chords and harmonization. Music study includes popular, folk and classical music for beginners. Note: For credit course see MUS151 in the credit schedule. CLASS FEE: \$236 * LAB FEE: \$30

161MUS891.600 (11826) 6:30pm- 8:10pm M VON231 Anderson-Cordogan
Meets between: Aug. 24-Dec. 14

Community Steel Drum Band

Learn or continue to develop the percussion techniques of the Caribbean-style steel drum band. Members are separated according to ability. Note: For credit course see MUS176 in the credit schedule. CLASS FEE: \$177

161MUS893.600 (11831) 6:00pm- 7:40pm W VON137 Check
Meets between: Aug. 26-Dec. 16

Jazz Ensemble

This course focuses on the performance of jazz music composed for the standard 15-17 piece ensemble. Music of the swing, bebop and contemporary periods is performed. Note: For credit course see MUS160 in the credit schedule. CLASS FEE: \$118

161MUS894.600 (11828) 6:30pm- 8:10pm M VON137 Staff
Meets between: Aug. 24-Dec. 14

Rock Music Ensemble

This course is a study of the various styles and techniques of rock music from the 1950s to the present through a performance group. Open to all musicians - guitar, percussion, keyboards, horns, singers and any other instruments used in rock music performance. Note: For credit course see MUS162 in the credit schedule. CLASS FEE: \$118

161MUS895.001 (11829) 2:00pm- 3:40pm Th VON137 Popowitch
Meets between: Aug. 27-Dec. 17

Instrumental Ensemble

This course is an instrumental ensemble for chamber music, folk or other special combinations. Note: For credit course see MUS164 in the credit schedule. CLASS FEE: \$118

161MUS896.001 (11841) 11:00am- 12:40pm F VON137 Patti
Meets between: Aug. 28-Dec. 18

Vocal Ensemble: Waubonsee Chorale

The Waubonsee Chorale is a vocal ensemble of approximately 20 male and female singers, led by a faculty member, designated teaching assistant, or under the supervision of a faculty member. The group explores the lively art of small ensemble singing through performances of selected music including madrigals, spirituals and other traditional choral music forms. Note: For credit course see MUS166 in the credit schedule. CLASS FEE: \$118

161MUS898.001 (11830) 12:30pm- 1:45pm TTh VON125 Lathan
Meets between: Aug. 25-Dec. 17

DANCE**Belly Dance for Beginners**

Improve your posture and muscle tone while empowering your mind, body and spirit. Perfect for all ages and body types, belly dancing is low impact movement that's still one of the world's most timeless popular – and fun – forms of dance! All of our belly dance instructors have successfully passed the intensive Raksanna apprenticeship program and are thoroughly trained in this art that's native to North Africa, Asia and the Middle East. Come dance with us! Note: Wear comfortable clothing (yoga, dance, exercise) and dance barefoot or with dance shoes. Street shoes not permitted. CLASS FEE: \$69

161DAN888.600 (11753) 7:00pm- 8:00pm W FLD254 Roberts
Meets between: Sep. 2-Oct. 7

Belly Dance: Drums, Veils, Cymbals and More

Who knew there was so much MORE to belly dancing? Take belly dance to the next level of skill and confidence with sword dancing, Saidi (stick), Pharonics (ancient Egyptian), drum solo, veil work and finger cymbals! You'll master the subtleties of these timeless arts from instructors certified through the intensive Raksanna apprenticeship program. Optionally, choose to further develop your talent by purchasing the specialized dance products (practice CD, swords, sticks) offered in class. NOTE: Wear comfortable clothing (yoga, dance, exercise) and dance barefoot or with dance shoes. Street shoes not permitted. CLASS FEE: \$69

161DAN889.600 (11754) 7:00pm- 8:00pm W FLD254 Roberts Staff
Meets between: Oct. 14-Nov. 18

Ballroom-Swing-Country Dance

Prepare to relax and enjoy any social dance occasion! Beginners and those who want to brush up will start with in-studio instruction and practice in the basic moves of the fox trot, waltz, and swing. Then get ready to step and stomp your way through the Texas two-step and more. Emphasis is on technique and lead-and-follow. Finally, put your skills to work with an optional night at an area dance club (small additional fee, details provided in class). Note: Couples only. Partners register separately. Wear smooth-soled shoes; no black soles. CLASS FEE: \$45

161DAN896.600 (11803) 7:00pm- 8:15pm Th FLD254 Ray
Meets between: Sep. 24-Oct. 29

Social Dance

Develop your techniques of leading and following with this class for the beginner and the individual wanting to brush up on technique and style. Learn the basic steps and several variations of the fox trot, waltz, swing, and cha-cha. Then get ready to put your skills to work with an optional night at an area dance club (small additional fee, details provided in class). Note: Couples only. Partners register separately. Wear smooth-soled shoes; no black soles. CLASS FEE: \$45

161DAN898.800 (11804) 7:00pm- 8:15pm F FLD254 Ray
Meets between: Sep. 25-Oct. 30

WORLD LANGUAGES

French Language and Culture for Travel

Explore beyond the Eiffel Tower with the insider information you'll need to enjoy your trip to France. Learn salutations and etiquette, as well as the simple language skills you'll need for reading schedules and counting euros, eating beyond the café, and handling medical emergencies. You'll also become conversant with abundances of French life, regional differences and destinations, hints for planning and packing, and much more. Bon voyage! CLASS FEE: \$79

161LAN816.600 (11762) 6:30pm- 8:30pm Th BDE104 Gajardo Munoz
Meets between: Sep. 3-Oct. 8

Italian Language and Culture for Travel

You don't need to be a maestro to make the most of your trip to Italy! Learn greetings and other etiquette (scusa o scusi?) as well as the simple language skills you'll need for reading schedules and counting euros, eating beyond the ristorante and trattoria, and handling medical emergencies. You'll also become acquainted with the gusto of everyday Italian life, regional differences, piazzas in several destinations, hints for planning and packing, and much more. Buon viaggio!
CLASS FEE: \$79

161LAN825.600 (11763) 6:30pm- 8:30pm Th BDE104 Gajardo Munoz
Meets between: Oct. 15-Nov. 19

Learn a Little Spanish

Overcome your fear of learning a new language in this six week class - designed for individuals who have had no previous Spanish experience, but who want to start speaking and understanding the language. You'll begin to feel comfortable using Spanish both in class and in the real world. Class will be taught at a slow pace and will start from the beginning of learning the Spanish language. Follow this class with Learn More Spanish. Note: For more information about the specific content of this course email communityed@waubonsee.edu.
CLASS FEE: \$179

161LAN805.600 (11790) 6:30pm- 9:00pm MW BDE104 Gajardo Munoz
Meets between: Aug. 31-Oct. 7
Note: Class will not meet on Sept. 7.

Learn More Spanish

If you have the most basic Spanish language skills, but are ready for more, you'll progress in this vocabulary-building class suited for those with some prior exposure to the language. You'll begin speaking in class the very first week as you grow comfortable with vital conversational builders including fundamental grammar, working phrases and important vocabulary. This essentials class hands you necessary language tools you can put to work as you walk out of the classroom door and into the Spanish-speaking world.
Note: For more information about the specific content of this course email communityed@waubonsee.edu. Prereq: Learn a Little Spanish or equivalent Spanish language skills.
CLASS FEE: \$129

161LAN808.600 (11791) 6:30pm- 9:00pm MW BDE104 Gajardo Munoz
Meets between: Oct. 12-Nov. 4

COOKING AND CULINARY

Creative Cupcake Basics

NEW! Create beautiful decorated cupcakes for any occasion. Have a blast while you learn the basics of icing and decorating cupcakes and with creative designs. Bring 12 plain, boring cupcakes to class and go home with 12 fabulous cupcakes decorated by you! Bring a friend or come alone, but you don't want to miss this class! Email communityed@waubonsee.edu for a list of supplies to bring with you on the first day.
CLASS FEE: \$25

161EAT846.600 (11779) 6:30pm- 9:30pm W OHS189 Baluk
Meets on: Nov. 11

Let Them Eat Cake: Decorating Basics

"Did YOU make that?!" You'll create beautiful cakes like a pro after this skill-building course where you'll grow to understand basic cake decorating styles and come away with a working knowledge of professional tools and techniques. Whether you're baking your first cake or your 100th, you'll be proud of your newly-acquired proficiency and ready to showcase it in your very next culinary project. Plan to pick up a supply of tools from a list that's given the first night (approx. \$35, but which will last through many years of projects). Fee includes: a cake decorating guide. CLASS FEE: \$69

161EAT818.600 (11777) 6:30pm- 9:30pm W OHS189 Baluk
Meets between: Sep. 9-Sep. 30

Create Flowers: Advanced Cake Design

Don't just decorate a cake, create a masterpiece! In this advanced course you'll learn the design principles of impressive cake floral arrangements and create button flowers such as pansies, roses, rosebuds, daffodils and violets with a combination of gum paste, fondant and royal icing. You'll learn about the dividing wheel, tiers and cutting cakes. You'll finish up by perfecting basket weave, reverse shell, rope border as well as many other advanced techniques. Be ready to bring your supply of tools to the first night of class. Email communityed@waubonsee.edu if you need supply list. Fee includes: a cake decorating guide. Magnificent! Prereq: Let Them Eat Cake: Decorating Basics. CLASS FEE: \$69

161EAT819.600 (11778) 6:30pm- 9:30pm W OHS189 Baluk
Meets between: Oct. 7-Oct. 28

Cooking 101

No more take-out! In this very popular class you'll learn the basics of cooking and shopping with experienced chef Harry Park. Begin by reviewing what staples should be in your pantry and how to develop easy menus for every day of the week. Then learn how to choose and use knives, pots and pans, and other kitchen equipment. Lastly, develop new skills with basic cooking methods such as poaching, sautéing, broiling and pan frying! Fee includes: All supplies.
CLASS FEE: \$85

161EAT803.600 (11770) 6:30pm- 8:30pm T OHS189 Park
Meets between: Sep. 1-Sep. 22

Cooking 102

After you've learned the basics in Cooking 101 let experienced chef Harry Park show you how to turn up the heat in the kitchen with delicious menu ideas for your family and guests! Learn how to plan, budget, and execute delicious yet simple meals. Make ordinary ingredients extraordinary and discover additional techniques such as the preparation of stocks, soups and sauces. While you're at it, learn about spices, vegetables, starches, convenience products, nutrition and use of kitchen tools. Prereq: Cooking 101 or equivalent cooking experience. Fee includes: All supplies.
CLASS FEE: \$95

161EAT804.600 (11771) 6:30pm- 8:30pm T OHS189 Park
Meets between: Sep. 29-Oct. 20

Cooking 103

NEW! Take your cooking to the next level! Delve deeper into cooking and learn new techniques and skills that will make you feel like a pro in any kitchen. Chef Harry Park will lead you through learning additional cooking methods as you find out how to create meals using new recipes. Prereq: Cooking 101 and Cooking 102 or equivalent cooking experience. Fee includes: all supplies. CLASS FEE: \$95

161EAT851.600 (11823) 6:30pm- 8:30pm T OHS189 Park
Meets between: Oct. 27-Nov. 17

Wine Appreciation

Experience the study of wines from three of the major wine producing countries: France, Italy and the United States. Robert Kovacs, a 30-year veteran of the wine business leads this four-week course introducing you to traditional styles and types of wine, labels, wine value and pairing. At least eight representative wines are tasted per session. This course is perfect for the beginning and intermediate wine student. Classes are held at Geneva Wine Cellars and Tasting Room (227 S. Third Street, Geneva). Space is limited so register early! Participants must be 21 years of age or older. Cheers!

Note: A lab fee of \$85 is collected the first night of class. Students should bring a notebook and pen/pencil. CLASS FEE: \$35

161SIP800.600 (11758) 7:00pm- 9:00pm W GWCT Kovacs
Meets between: Oct. 7-Oct. 28



LEARN SURVIVAL SEWING

Experienced seamstress Paula Sabbia leads this hands-on class for the sewing challenged.

When a button falls off your favorite shirt, a zipper rips or a hem opens you don't need to panic or pay someone to make simple repairs for you. Save money, time and aggravation by learning how to make simple repairs yourself.

Thursday, Oct. 1 - 8
6:30-8:30 p.m.
\$39

See the course listing on this page.

**HOBBIES AND
SPECIAL INTERESTS****Survival Sewing**

NEW! Save money and fix your own clothes in this class for the sewing challenged. No more getting rid of clothes when buttons fall off or paying someone else to do it for you. Experienced seamstress Paula Sabbia will teach you how to sew on a standard or shank button, a set of snaps, or hooks and eyes that may need repair. Differentiate between the different types of hems for sleeves, slacks or jeans and build skills for restoring garments to their original form. You can do it yourself now! Fee includes: all materials except scissors.

Note: Bring a pair of scissors to class. CLASS FEE: \$39

161SEW823.600 (11805) 6:30pm- 8:30pm Th BDE105 Sabbia
Meets between: Oct. 1-Oct. 8

**An Introduction to Voiceovers -
Getting Started in Voice Acting**

Are people always telling you that you have a great voice? Do you often find yourself listening to your favorite audiobook, commercial or cartoon character and thinking, "I could do that?" This fun and empowering two-hour introductory workshop covers the different types of voiceovers and what tools are needed in order to find success in the industry. You'll be coached as you perform a real voiceover script and be recorded to receive a professional voiceover evaluation later. After class you'll have the knowledge necessary to help you decide if this is something you'd like to pursue. Note: Taught by a professional voice actor from Voices For All.

CLASS FEE: \$49

161ART860.600 (11808) 6:00pm- 8:00pm M BDE105 Staff
Meets on: Sep. 21

Private Pilot Ground School

Take wing with this comprehensive "rules of the road" course as you learn about aerodynamics, aircraft systems, flight planning, weather and FAA regulations. Successful completion of this class will help all hope-to-be pilots prepare for the required FAA private pilot (non-flight) exam. Others simply fascinated with flight and airplanes will also find unique value. FAA licensed ground instructor Ed Hausknecht has instructed this course for more than 12 years.

Note: Anticipate approximately \$150 investment for textbook and supplies. The required text is available at WCC Bookstore and additional supplies will be discussed on the first day of class. A free informational session about this class and becoming a pilot will be held 1-2 weeks before the start of class. For details contact the Community Education department at (630) 466-2360 or email community@waubonsee.edu. CLASS FEE: \$265

161FLY800.600 (11768) 6:30pm- 9:30pm W SCI236 Hausknecht
Meets between: Aug. 26-Dec. 9

Note: Class will not meet on Nov. 25.

PETS**Acupuncture for Pets Workshop**

NEW! Ever wondered if Acupuncture could help improve your pet's quality of life? Acupuncture and herbal remedies have been used for thousands of years to treat people and animals in China. Learn how to heal your pet naturally with Acupuncture and herbal medications. Certified Veterinary Acupuncturist Dr. Judy McBeth will explain how it works, what conditions it can be used to treat and demonstrate how it is done. Note: Animals are not allowed in class. CLASS FEE: \$19

161PET810.820 (11782) 2:00pm- 4:00pm Sa FRVC McBeth
Meets on: Sep. 12

What's Your Dog Trying to Tell You?

Do you really KNOW your dog(s)? Are you interpreting their gestures and body language correctly or is your “humanness” getting in the way? Certified canine consultant and trainer Angela Murray leverages two decades in the field to teach you how to truly “see” and understand dogs. She'll work with you to discover developmental stages, how dogs communicate emotions, distinctiveness of breed characteristics, and what the basic needs of every dog are. Whether you're a dog lover, owner, or professional, this skill-building class will help you truly connect with dogs. Note: Animals are not allowed in class. CLASS FEE: \$39

161PET802.600 (11756) 6:30pm- 8:30pm T WGL120 Murray
Meets between: Sep. 8-Sep. 22

Be the Best Pet Parent, Have the Best Dog!

Are you a good dog mom or dog dad? Have you ever considered what it means to be a good pet parent? In this class you will learn the best practices for meeting basic canine needs for food, healthcare, affection and getting along in the world. CCPDT Angela Murray, Director of Training for Nurture Your Pets and Mentor for the Animal Behavior College and Catch Training Academy, will teach you how to raise a happy dog with confidence, trust, and respect. This class is perfect for current dog parents or if you are thinking about becoming one! Note: Animals are not allowed in class.

CLASS FEE: \$19

161PET806.600 (11757) 6:30pm- 8:30pm T WGL120 Murray
Meets on: Oct. 13

MIND AND BODY

Clear Skin Boot Camp

NEW! Give your skin the best care possible! Led by licensed esthetician, Cathy India, this four-day workshop includes an overview of the skin's anatomy and normal functions, with a brief review of skin gone wrong...acne, rosacea, sun damage and cancer. Learn how to cleanse your skin effectively and safely, and choose skin care products that give you the most for your money. Additionally, you will be prepared to combat environmental stress and make wise nutritional choices to keep that beautiful healthy glow. If your skin is not in the shape you desire, the Clear Skin Boot Camp is for you. Note: Students 18 and under must be accompanied by a registered parent or guardian. CLASS FEE: \$49

161MNB875.600 (11761) 6:30pm-9:30pm MTWTh AKL206 India
Meets between: Oct. 26-Oct. 29

The Art of Self Defense: Hapkido

Violent attacks happen each day to victims who least expect it. Be prepared to protect yourself by learning Hapkido, an ancient Korean martial art that is used in personal defense classes the world over. You'll learn techniques that don't require strength and in conflict situations will allow you to gain control with minimal effort and without aggression or injuries to the attacker. Learn how to keep yourself safe, boost your self-confidence and improve your physical and mental strength. Note: A Hapkido uniform is required for all students. A fee of \$30 is collected the first night of class for your uniform. Also note: classes are held at BH Martial Arts and Learning Center, 664 W. Veterans Pkwy (Unit G) in Yorkville. CLASS FEE: \$109

161REC840.600 (11814) 7:30pm- 8:30pm TW BHMA Staff
Meets between: Sep. 8-Sep. 30



*The first step in learning to fly is
Private Pilot Ground School*

Take wing with this comprehensive “rules of the road” course taught by FAA licensed ground instructor Ed Hausknecht. Learn about aerodynamics, aircraft systems, flight planning, weather and regulations. Successful completion of this class will help all hope-to-be pilots prepare for the required FAA private pilot written exam and/or flight training. Others simply fascinated with flight and airplanes will also find unique value.

Wednesday, Aug. 28 – Dec. 9
6:30 – 9:30 p.m.
\$265

For more information about learning how to fly or the Private Pilot Ground School course contact the Community Education department at 630.466.2360 or email communityed@waubonsee.edu.

You must be at least 15 years old to take the FAA private pilot exam. You can begin flight training at any age; however, to fly solo in the aircraft you need to be at least 16 years old. To be eligible for a private pilot license, you must be at least 17 years old.

Hatha Yoga for Beginners

Experience the benefits of Hatha Yoga. Firm and tone your body while learning how to reduce stress, improve balance, flexibility and concentration. Designed for those new to Hatha Yoga, you will learn specific postures in combination with controlled breathing, as well as how to focus on breathing and relaxation techniques. Wear loose, comfortable clothing and bring an exercise mat. CLASS FEE: \$55

161MNB801.600 (11783) 8:10pm- 9:10pm W FLD254 Van Geison
Meets between: Sep. 2-Oct. 7

Hatha Yoga Continued

Hatha Yoga is the slow and deliberate stretching of muscles and stimulation of inner organs. One way to think of Hatha Yoga is the union occurring between mind, body and spirit. Continue your practice of Hatha Yoga and refine your techniques. Designed for those who have taken Hatha Yoga for Beginners or have a similar level of experience. This class can be repeated as many times as desired. CLASS FEE: \$55

161MNB803.600 (11784) 8:10pm- 9:10pm W FLD254 Van Geison
Meets between: Oct. 14-Nov. 18

Meditate in the Hawaiian Huna Tradition

Calm your breathing and learn to center mind and body with the ancient Hawaiian Huna tradition of "center to center" or Piko Piko meditation. Whether or not you're familiar with any other form of meditation, you'll quickly learn to replicate this and other techniques that will take you on a journey to the depths of your imagination and help you to gain insights into your life. In-class meditations will guide you toward your spiritual, health, financial, and relationship advisors. Explore or change a bad dream or memory that's keeping you stuck in the past. Learn to embrace the power of NOW!

CLASS FEE: \$29

161MNB809.600 (11772) 6:30pm- 9:00pm W FLD251 Drake
Meets on: Sep. 30

Develop Your Psychic Abilities

Use the psychic gifts you were born with! Discover ancient scrying methods that may assist you toward future events. Sharpen your intuition with newly-honed skills of sensory perception, divination, dowsing, mandalas for empowerment and other time-tested ways of inner knowing. With the assistance of metaphysics expert Jana Drake, this uplifting and enlightening workshop will help you welcome a prosperous synchronicity and a heightened awareness back into your daily life. Who knew? You did! CLASS FEE: \$29

161MNB810.600 (11773) 6:30pm- 9:00pm W FLD251 Drake
Meets on: Oct. 7

Huna Healing

Create more energy, more purpose, more huna with knowledge of seven simple principles, such as "energy flows where attention goes" and bringing light, health, and balance into your life. Jana Drake has studied with Hawaiian Shaman and author Dr. Serge Kahili King on Kauai, Hawaii. Her class allows you to experience these principles, use them in divination, and learn a more powerful, yet simple, energy technique for health of yourself and others around you.

CLASS FEE: \$29

161MNB847.600 (11774) 6:30pm- 9:00pm W FLD251 Drake
Meets on: Oct. 14

Stone Lore: No Stone Unturned

Explore the metaphysical and mystical properties of gems and stones. Learn about their myths and legends, and find out why some stones have different meanings. Discover how stones can be used for their (healing) energy properties. Delve into your experience as you choose a crystal to cleanse, personally program and take home. You will also have the opportunity to choose from a variety of stones to take one home with you. Divination and stones will also be discussed.

Note: Stones and crystals provided. CLASS FEE: \$29

161MNB854.600 (11775) 6:30pm- 9:00pm W FLD251 Drake
Meets on: Oct. 21

In Your Dreams

Through guided meditation, Reiki Master and Hawaiian Shaman Jana Drake will take you through your dream world and help you analyze your sleeping moments. Find out how to interpret your dreams and learn techniques to change a dream or stop a nightmare. You'll learn how to visit a dream and ask for more clarity. Lucid dreaming will also be covered.

CLASS FEE: \$29

161MNB853.600 (11776) 6:30pm- 9:00pm W FLD252 Drake
Meets on: Oct. 28

TELEVISION PRODUCTION

Public Access Television Production Training

Public Access Television training gives you the chance to use professional video equipment to create programs to air on local cable television and the internet! In four 4-hour classes you'll learn the basics of studio production, field camera work, lighting, audio and non-linear editing. These skills will prepare you to produce your own show or assist in a variety of crew positions in professional and student productions. Completing this class certifies you to use the equipment and facilities of Fox Valley Television free of charge and gives you access to our local public access channel to air your programs. CLASS FEE: \$100 * MAJOR CODE: VS25

161TVP001.820 (11785) 12:00pm- 4:00pm Sa COL115 Rennels
Meets between: Oct. 3-Oct. 24

Public Access Television – Intermediate Editing/DVD

This course provides students with advanced instruction in non-linear video editing and DVD production. The class is a follow up to TVP001 and is not required for Public Access Certification. Students learn advanced non-linear editing techniques utilizing Final Cut Studio software including: titling, key-frame animation, advanced transitions and effects. DVD production instruction is based on DVD Studio Pro software. Students receive instruction in audio and video compression, surround sound and advanced DVD creation techniques. Prereq: Successful completion of TVP001.

CLASS FEE: \$100 * MAJOR CODE: VS25

161TVP002.820 (11786) 12:00pm- 4:00pm Sa COL115 Rennels
Meets between: Nov. 7-Nov. 21



WAUBONSEE TOTAL FITNESS CENTER

Offering a complete health and fitness experience with quality and value **you** can feel good about!

PROGRAMS

- Lifestyle/Fitness Assessments
- Individualized Exercise Programs
- Personal Training
- Group Training Opportunities
- Motivational Incentive Activities

FACILITIES

- Cybox Strength Training Machines
- Free Weights
- The Latest in Cardiovascular Equipment
- CardioTheater Entertainment Center
- Locker Rooms with Showers
- Complimentary Workout Towels

HOURS:

- Mon.-Thur. 5:30 a.m.-8 p.m.
- Fri. 5:30 a.m.-7 p.m.
- Sat. 6:30 a.m.-1 p.m.

MEMBERSHIP

Membership rate options available. Call (630) 466-2530 to arrange your complimentary visit.

Waubonsee Community College
 Erickson Hall, Rm. 126
 Route 47 at Waubonsee Drive
 Sugar Grove, Illinois



WAUBONSEE
 COMMUNITY COLLEGE

TOTAL FITNESS CENTER

Fitness Center Membership

Explore your fitness options at Waubonsee's Total Fitness Center. We feature CardioTheater - an entertainment center that makes exercise fun; a free weight area; Cybex Eagle strength systems; and the latest in cardiovascular equipment. Highly skilled staff assist you with your exercise program and answer fitness-related questions. Call the fitness center at (630) 466-2530 for registration information and to schedule an orientation. Note: The fitness center is open to anyone 16 years of age or older.

3-Month Individual	\$89
161FIT800.700 (11595) ERK126 Staff	
6-Month Individual	\$169
161FIT802.700 (11596) ERK126	
Year Individual	\$299
161FIT804.700 (11597) ERK126	
Year Couple (two people; same household)	\$469
161FIT811.700 (11601) ERK126	
Additional Third and Fourth Member *	\$129 /each
161FIT814.700 (11602) ERK126	
Additional Fifth Member *	\$59
161FIT815.700 (11603) ERK126	

** Requires corresponding Year Couple membership.*

Daily passes and monthly memberships are also available by visiting the Total Fitness Center in Erickson Hall.

Daily Pass	\$8
Monthly Membership	\$35

Prices subject to change without notice.

Body Fat Analysis

Weight alone is a deceptive indicator of body composition. Determine your percentages of body water, fat and lean mass by electrical impedance and have trained staff explain your results. Call (630) 466-2530 to schedule your appointment.

CLASS FEE: \$12

161FIT806.700 (11599) TBA	ERK126	Anderson
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Metabolism Matters

Weight management success is just a simple measurement away! With BodyGem, a device used to measure your metabolism, you can easily and quickly determine your resting metabolic rate. Your metabolic measurement can then be used to determine an accurate daily calorie target designed to best assist you with meeting your personalized weight management goals. Call the Total Fitness Center at (630) 466-2530 for more information and to schedule an appointment. Note: BodyGem includes a metabolic measurement, a printed report of calorie budgets and a review of the results.

CLASS FEE: \$39

161FIT860.700 (11604) TBA	ERK126	Anderson
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FITNESS AND WELLNESS

Zumba

Working out can be lots of things, but it's never been known to be an exhilarating experience . . . until now! The Zumba program fuses hypnotic Latin rhythms and easy-to-follow moves to create a one-of-a-kind fitness class that will blow you away. The goal is simple: we want YOU to WANT to work out, to LOVE working out and to get HOOKED. Achieve long-term benefits while experiencing an absolute blast in one exciting hour. Note: For credit course see PED134 in the credit schedule. CLASS FEE: \$118

161FIT827.001 (11835) 1:00pm- 1:50pm MW FLD254 Medina
Meets between: Aug. 24-Dec. 16

161FIT827.002 (11836) 2:00pm- 2:50pm MW FLD254 Medina
Meets between: Aug. 24-Dec. 16

161FIT827.003 (11837) 4:45pm- 5:35pm TTh FLD254 Medina
Meets between: Aug. 25-Dec. 17

Nordic Walking - Walking is Good, Nordic Walking is Better!

Nordic Walking is a great total body workout for people interested in a fun physical activity with maximum health benefits. This low-stress, easy-to-master workout is fantastic for weight loss and great for your body and mind. Keep fit, toned and healthy at any age. For details and to register, call (630) 466-2530. Note: 30-minute private session with a certified Nordic Walking instructor; poles provided. CLASS FEE: \$29

161FIT865.700 (11607) TBA ERK126 Anderson

Group Training

Program participation includes small group personal training sessions that meet three times per week; accountability; weekly weigh-ins and a six-week Total Fitness Center membership. CLASS FEE: \$189

161FIT816.001 (11658) 6:00am- 7:00am MWF ERK126 Anderson
Meets between: Sep. 14-Oct. 24

161FIT816.002 (11702) 8:00am- 9:00am MWF ERK126 Anderson
Meets between: Sep. 14-Oct. 24

161FIT816.003 (11659) 6:00am- 7:00am MWF ERK126 Anderson
Meets between: Nov. 2-Dec. 19
Note: No classes Nov. 23-28.

161FIT816.004 (11703) 8:00am- 9:00am MWF ERK126 Anderson
Meets between: Nov. 2-Dec. 19
Note: No classes Nov. 23-28.

161FIT816.600 (11704) 7:00pm- 8:00pm MW ERK126 Anderson
and: 8:00am- 9:00am Sa ERK126 Anderson
Meets between: Sep. 14-Oct. 24

161FIT816.601 (11706) 7:00pm- 8:00pm MW ERK126 Anderson
and: 8:00am- 9:00am Sa ERK126 Anderson
Meets between: Nov. 2-Dec. 19
Note: No classes Nov. 23-28.

Women on Weights

Produce optimum results in a minimal amount of time. For only thirty minutes, twice a week, you can blast your metabolism and keep body fat at bay. This small group class is designed for women of all ages and offers the support and motivation to improve your fitness. CLASS FEE: \$72

161FIT874.600 (11722) 5:00pm- 5:30pm TF ERK126 Anderson
Meets between: Sep. 15-Oct. 23

161FIT874.602 (11723) 5:00pm- 5:30pm TF ERK126 Anderson
Meets between: Nov. 3-Dec. 18
Note: No classes Nov. 23-27.



A FITNESS OPTION FOR EVERY BODY

TRX EXPRESS

Build strength and improve balance, coordination and flexibility the TRX way.

KETTLEBELL 101

Build power, strength and endurance under the guidance of an experienced, certified trainer.

POWER YOGA

Build your core with vigorous fitness-based approach to yoga that emphasizes strength and flexibility.

For details on these and other fitness course see listings on p. 13.

Total Fitness Center (630) 466-2530
www.waubonsee.edu/fitnesscenter

TRX Express

Burn calories using the fun and dynamic TRX. The TRX suspension training system builds strength by using your own body weight and gravity. It improves balance, coordination and flexibility. Plus, every exercise engages your core!

CLASS FEE: \$37

161FIT875.001 (11715) 7:00am-7:30am M FLD254 Anderson
Meets between: Sep. 14-Oct. 19

161FIT875.002 (11718) 7:00am-7:30am Th FLD254 Anderson
Meets between: Sep. 17-Oct. 22

161FIT875.003 (11716) 7:00am-7:30am M FLD254 Anderson
Meets between: Nov. 2-Dec. 14
Note: No class on Nov. 23.

161FIT875.004 (11719) 7:00am-7:30am Th FLD254 Anderson
Meets between: Nov. 5-Dec. 17
Note: No class on Nov. 26.

161FIT875.600 (11720) 6:30pm-7:00pm T FLD254 Anderson
Meets between: Sep. 15-Oct. 20

161FIT875.601 (11721) 6:30pm-7:00pm T FLD254 Anderson
Meets between: Nov. 3-Dec. 15
Note: No class on Nov. 24.

Fusion Fitness

Fusion Fitness is the best total body workout fitness has to offer. This 30-minute class combines TRX, kettlebells and more to keep you moving and motivated. Fusion Fitness will burn fat while building strength. Improving your workout improves your body. CLASS FEE: \$72

161FIT878.001 (11707) 2:00pm-2:30pm TTh FLD254 Anderson
Meets between: Sep. 15-Oct. 22

161FIT878.002 (11708) 2:00pm-2:30pm TTh FLD254 Anderson
Meets between: Nov. 3-Dec. 17
Note: No classes Nov. 23-26.

161FIT878.600 (11709) 5:00pm-5:30pm MW FLD254 Anderson
Meets between: Sep. 14-Oct. 21

161FIT878.601 (11712) 6:00pm-6:30pm MW FLD254 Anderson
Meets between: Sep. 14-Oct. 21

161FIT878.602 (11710) 5:00pm-5:30pm MW FLD254 Anderson
Meets between: Nov. 2-Dec. 16
Note: No classes Nov. 23-26.

161FIT878.603 (11713) 6:00pm-6:30pm MW FLD254 Anderson
Meets between: Nov. 2-Dec. 16
Note: No classes Nov. 23-26.

Yoga

Designed as an introduction to Hatha Yoga, this course focuses on the union of mind, body and breath through asana practice complemented by relaxation and meditation. The techniques shown enhance muscular strength, flexibility, energy, concentration and relaxation. Note: For credit course see PED146 in the credit schedule. CLASS FEE: \$118

161MNB899.003 (11840) 4:45pm-5:35pm MW FLD254 Staff
Meets between: Aug. 24-Dec. 16

161MNB899.001 (11838) 9:00am-10:40am W FLD254 Shah
Meets between: Aug. 26-Dec. 16

161MNB899.002 (11839) 11:00am-12:15pm W FLD254 Shah
Meets between: Aug. 26-Dec. 16

Power Yoga

This vigorous fitness-based approach to yoga emphasizes strength and flexibility. Following a set series of poses, Power Yoga focuses on building the core strength needed to support more advanced postures. Prepare to work up a sweat!

CLASS FEE: \$54

161FIT829.001 (11726) 7:00am-7:45am T FLD254 Anderson
Meets between: Sep. 15-Oct. 20

161FIT829.002 (11727) 7:00am-7:45am T FLD254 Anderson
Meets between: Nov. 3-Dec. 15
Note: No class on Nov. 24.

161FIT829.600 (11728) 6:00pm-6:45pm Th FLD254 Anderson
Meets between: Sep. 17-Oct. 22

161FIT829.601 (11729) 6:00pm-6:45pm Th FLD254 Anderson
Meets between: Nov. 5-Dec. 17
Note: No class on Nov. 26.

Yoga Fitness

Overcome the mystery of yoga by participating in this practical, user-friendly approach to fitness. Whether an athlete or fitness novice, Yoga Fitness is designed to improve your health, performance and mental acuity. Each session uses yoga poses and light resistance to blend balance, strength, flexibility and endurance in a fitness format. CLASS FEE: \$54

161FIT831.001 (11815) 2:00pm-2:45pm F FLD254 Anderson
Meets between: Sep. 18-Oct. 23

161FIT831.002 (11817) 4:45pm-5:30pm F FLD254 Anderson
Meets between: Sep. 18-Oct. 23

161FIT831.003 (11816) 2:00pm-2:45pm F FLD254 Anderson
Meets between: Nov. 5-Dec. 18
Note: No class on Nov. 27.

161FIT831.004 (11818) 4:45pm-5:30pm F FLD254 Anderson
Meets between: Nov. 6-Dec. 18
Note: No class on Nov. 27.

Kettlebell 101

Interested in getting started with kettlebell training? Learn how you can safely and effectively use kettlebells to build power, endurance, strength and stamina. Under the guidance of an experienced certified kettlebell trainer, you will master foundation exercises such as the swing, clean, press and snatch. Take your fitness to a new level! CLASS FEE: \$75

161FIT881.820 (11724) 9:30am-10:30am Sa FLD254 Anderson
Meets between: Sep. 19-Oct. 24

161FIT881.821 (11725) 9:30am-10:30am Sa FLD254 Anderson
Meets between: Nov. 7-Dec. 19
Note: No class on Nov. 28.

RECREATION AND SPORTS

Horsemanship I

Horsemanship I is for the beginning or inexperienced rider and includes English riding (Saddleseat), grooming, leading, saddling and bridling. Students must have shoes (no slippers) with hard soles and low heels for riding, long pants, riding or bike helmet, tee shirts or sweatshirts (no tank tops).

Note: Weight restriction of under 160 lbs. per stable requirements. For credit course see PED108 in the credit schedule. CLASS FEE: \$249

161REC892.600 (11832) 8:00pm- 9:40pm T HUNT Reed
Meets between: Aug. 25-Oct. 13

Horsemanship II

Horsemanship II is a continuation of skills learned in Horsemanship I, only more in-depth. Riders work on diagonals, simple figure work and horse psychology.

Note: Maximum weight limit: 160 lbs., per stable requirements. For credit course see PED109 in the credit schedule. Prereq: Consent of instructor. CLASS FEE: \$249

161REC893.600 (11833) 8:00pm- 9:40pm Th HUNT Reed
Meets between: Aug. 27-Oct. 15

Personal Defense

This course is designed to help students acquire confidence and the ability to cope with unexpected attacks and emergencies. Self-defense techniques, including methods of preventing attacks, breaking falls and basic throw, are taught. Note: For credit course see PED118 in the credit schedule. CLASS FEE: \$118

161REC890.600 (11834) 6:00pm- 7:40pm M TTK Tyson
Meets between: Aug. 24-Dec. 14

ACT TEST PREPARATION

Raise Your Score – ACT Math (Ages 15 and Up)

This 12-hour course reviews six core ACT subject areas: pre-algebra, algebra, intermediate algebra, plane geometry, coordinate geometry and trigonometry. You'll also acquire abilities in problem-solving, concepts, and strategies proven to assist you in working through problems and respond when you are unsure of the correct answer. Note: Textbook is required for this class and may be purchased at WCC Bookstore. Email communityed@waubonsee.edu for the title. Come prepared to each class with a notebook, pencils and ACT-approved calculator (www.act.org). Add an hour of science review to your ACT preparation by registering for the section ending in 821 and starting one hour earlier. Limited to those age 15 and above. CLASS FEE: \$109

161TST806.820 (11812) 10:00am- 12:00pm Sa APC170 Venters
Meets between: Sep. 5-Oct. 10

161TST806.821 (11813) 9:00am- 12:00pm Sa APC170 Venters
Meets between: Sep. 5-Oct. 10

Note: Fee for this extended session is \$119.

Raise Your Score – ACT English (Ages 15 and Up)

Prepare for the English portion of the ACT exam in this 12-hour course focusing on punctuation and grammar skills. You'll review the crucial subject matter tested on the ACT and learn strategies proven to help you when you are unsure of the correct answer. Note: Textbook is required for this class and may be purchased at WCC Bookstore. Email communityed@waubonsee.edu for the title. Come prepared to each class with a notebook and pencil/pen. Add an hour of reading and writing practice to your ACT preparation by registering for the section ending in 821 and starting one hour earlier. Limited to those age 15 and above. CLASS FEE: \$109

161TST807.820 (11810) 10:00am- 12:00pm Sa APC170 Abbott
Meets between: Oct. 17-Nov. 21

161TST807.821 (11811) 9:00am- 12:00pm Sa APC170 Abbott
Meets between: Oct. 17-Nov. 21

Note: Fee for this extended session is \$119.

KIDS AND TEENS

Anatomy: Stimulating Senses (Ages 7-10)

NEW! Save a Saturday morning for your senses with experiments, activities, videos, and worksheets. See how eyes work (upside down!) and view the parts in a video. Hear good vibrations with eyes and test your ears with online decibels. Savor two universal foods with tastebuds and digest your gustatory ability for flavors. Detect smells and get nose about olfactory nerves and why nostrils "run." Feel through your body's skin, then make and eat a model with gelatin and marshmallows. Come explore! CLASS FEE: \$25

161SCI711.820 (11824) 9:00am- 11:30am Sa WGL125 Abbott
Meets on: Oct. 3

Milky Way, Meteor Showers, and More! (Ages 11-14)

NEW! Discover the brilliant night sky! Start with your favorite solar system as you learn more about planets and moons and create the schoolyard solar system. Next, you'll appreciate constellations and star hopping by traveling with Stellarium, a freeware program you can also use at home, and telephone apps. Then unearth the fun of watching a meteor shower with only a blanket and warm clothes! Top it all off by adding an early evening observation at Waubonsee Community College's observatory parking lot from 4:30 – 5:30 p.m! Note: Evening observation is optional. CLASS FEE: \$25

161SKY700.820 (11825) 9:00am- 11:30am Sa APC120 Abbott
Meets on: Dec. 5

TRIPS & TOURS FALL 2015

**DISCOVER YOUR
NEW FAVORITE PLACE**

Travel to far-away destinations or make new discoveries close to home. Explore dozens of local excursions and extended tours created and curated by Community Education.

For more details and registration information, visit:
www.waubonsee.edu/trips or call our travel specialist at
(630) 466-2360

For registration information:

www.waubonsee.edu/trips
(630) 466-2360

LOCAL EXCURSIONS**Boats,
Brews and Brats!**

Experience the best our neighbor to the north – Milwaukee - has to offer. Start the day at one of Milwaukee's great architectural landmarks – the Pabst Mansion. Enjoy lunch at Mader's, voted one of the most famous German restaurants in North America. Then, see the sights as you cruise the Milwaukee River and end the day with a stop at the Great Lakes Distillery. Under 21 must be accompanied by an adult. Some walking, wheelchair accessible with assistance. Fee includes: Transportation, parking, tours, lunch and boat ride. Note: Trip departs at 7:30 a.m. from Erickson Hall/Fieldhouse on the Sugar Grove campus and returns to Erickson Hall/Fieldhouse at approximately 6:15 p.m.. Sign up by August 20, 2015. No refunds after August 20, 2015. CLASS FEE: \$99

161TRP814.001 (11614) 7:30am-6:15pm Th Staff
Meets on: Sep. 3

For Guys and Dolls - "Fabulous Frank"

Guys will enjoy the Beller Car Museum showcasing products of Detroit's heyday. Gals will enjoy an inside peek at one of the area's best kept secrets - the Wilton School of Cake Decorating in Darien. In between, celebrate the 100th Anniversary of Frank Sinatra's birth with a fresh, unique, ultra-modern salute to Ol' Blue Eyes! This rousing tribute stars Peter Oprisko, voted Best Jazz Entertainer at the 2015 Chicago Music Awards. Enjoy Romeoville's White Fence Farm's famous chicken and stroll the antiques in the lobby before the show. Some walking, wheelchair accessible. Fee includes: Transportation, tours, lunch and show. Note: Trip departs at 9:00 a.m. from Erickson Hall/Fieldhouse on the Sugar Grove campus and returns to Erickson Hall/Fieldhouse at approximately 5:15 p.m. Pick up at 9:15 a.m. at Aurora Walmart return Aurora Walmart at 5:00 p.m. Sign up by September 10, 2015. No refunds after September 10, 2015. CLASS FEE: \$89

161TRP816.001 (11615) 9:00am-5:15pm Th Staff
Meets on: Sep. 24

"Route 66" at Circa '21

Cross the Mississippi River to Davenport, Iowa, for a tour and shopping at Chocolate Manor, a locally owned shop that handcrafts artisan chocolate using the finest Belgian cacao. Then, get ready for the main attraction - cruising down Route 66 with this new romantic comedy featuring down-home lyrics and catchy songs that move to the rhythm of America. Wheelchair accessible. Fee includes: Transportation, tour, lunch and show.

Note: Trip departs at 7:45 a.m. from Erickson Hall/Fieldhouse on the Sugar Grove campus and returns to Erickson Hall/Fieldhouse at approximately 6:30 p.m.. Sign up by September 30, 2015. No refunds after September 30, 2015.

CLASS FEE: \$99

161TRP826.001 (11616) 7:45am-6:30pm W Staff
Meets on: Oct. 14

"Midwest Dueling Pianos" at White Pines

First stop, Merlin's Greenhouse and Flowers and The Other Side Boutique all festively decorated for the holiday season. Then, enjoy a rousing afternoon of "Midwest Dueling Pianos" - an amazing and wildly entertaining experience unlike any other. The witty, very talented musicians play requests without ever looking at a sheet of music! And, they're so hilarious you'll be singing, cheering and laughing so hard your cheeks will hurt - guaranteed. Fee includes: Transportation, lunch and show.

Note: Trip departs at 9:00 a.m. from Erickson Hall/Fieldhouse on the Sugar Grove campus and returns to Erickson Hall/Fieldhouse at approximately 4:15 p.m.. Sign up by November 4, 2015. No refunds after November 4, 2015.

CLASS FEE: \$89

161TRP833.001 (11617) 9:00am-4:15pm W Staff
Meets on: Nov. 18

**"A Wonderful Life" at the Fireside**

Everyone's favorite, the Fireside Dinner Theater, presents the story of George Bailey and his wonderful life in Bedford Falls. "A Wonderful Life" captures all the magic of the film and so much more with humor, beautiful dancing and a brilliant musical score. The bonus first stop is Jones Dairy Farm in Ft. Atkinson featuring delicious sausage made using a 100-year old family recipe (we make it easy to take some home.) Fee includes: Transportation, lunch and show.

Note: Trip departs at 7:45 a.m. from Erickson Hall/Fieldhouse on the Sugar Grove campus and returns to Erickson Hall/Fieldhouse at approximately 6:30 p.m.. Sign up by November 27, 2015. No refunds after November 27, 2015.

CLASS FEE: \$99

161TRP856.001 (11618) 7:45am-6:30pm F Staff
Meets on: Dec. 11

EXTENDED TOURS



Yellowstone Photography Trek

Experience the majesty of Yellowstone National Park on this amazing hands-on photography adventure. Professional landscape and wildlife photographer Mike Smith instructs and leads this six-day trek into Yellowstone. Each day is packed with opportunities to experience the beauty of nature from both sides of the lens. Due to the high level of individualized photography instruction provided, this trip is limited to six participants. Find more details and register at www.waubonseetickets.com

September 10 – 17, 2015
\$2,850 - \$2,995 per person, double



Great Gatsby Party at the Historic Grand Hotel

Limited seats available Fancy-Free Holidays

Imagine yourself transported to 1922 when summer evenings were alive with dancing and merriment. There's no better setting than the Grand Hotel on Mackinac Island to experience the glamour and exuberance of the roaring 20s. Dance and costume competitions, cocktail parties and the music of the Grand Hotel Orchestra are just part of your magical journey through time. Limited space available.

September 12 – 16, 2015
From \$1,899 per person, double



San Francisco and Wine Country

Limited seats available Mayflower Tours

All aboard the cable car to explore San Francisco, one of America's most unique and historic cities. Cruise the bay; then journey into wine country to enjoy tastings, shopping and a scenic rail excursion.

October 5 – 9, 2015

From \$1,974 per person, double (*includes round-trip air from Chicago*)

Feel the Warmth of the Florida Keys

Mayflower Tours

Shed that winter coat and curl your toes in the warm sand of the Sunshine State. Shimmering waters, powdery beaches, history, culture and nature await you in this delightful Florida get-away.

January 30 – February 12, 2016

From \$2,998 per person, double



Gulf Shore Breezes

Value Tour

Mayflower Tours

Feel the warm breezes of Gulf Shore from the comfort of your beachfront hotel. Tap your toes in Nashville – “The Music City” - and visit maritime museums and the U.S. Space and Rocket Center. This Value Tour wouldn't be complete without a trip to the French Quarter shopping district.

March 5–12, 2016

From \$1,498 per person, double

Panama Canal Cruise

Mayflower Tours

This sixteen-day cruise aboard Norwegian Cruise Lines Pearl takes you through the Panama Canal – an engineering marvel and the world's greatest shortcut! Stops in Colombia, Costa Rica and Mexico's Riviera highlight this once-in-a-lifetime journey.

April 13–30, 2016

From \$2,299 per person, double (*includes round-trip air from Chicago*)

Gardens and Mansions

Premier World Discovery

Imagine yourself in the “Big Easy” when the flowers are in full bloom and the Antebellum Mansions glimmer in the sun. Languid nights in the French quarter, Cajun cuisine and a steamboat cruise highlight your magical journey.

May 15–21, 2016

From \$2,295 per person, double (includes round-trip air from Chicago)



Downton Abbey and English Castles

Fancy Free Vacations

Highclere Castle - set amidst acres of spectacular parkland is one of England’s most beautiful Victorian castles and the filming location for the popular series “Downton Abbey”. This grand tour also includes visits to The British Museum, Buckingham Palace, Westminster Abbey, The Tower of London, Windsor Castle, Stonehenge and other amazing historical landmarks.

August 6–13, 2016

From \$4,577 per person, double (includes round-trip air from Chicago)

Small Ship Cruising on America’s Great Lakes

Mayflower Tours

See all five Great Lakes on a 1-day journey aboard the luxurious MS Saint Laurent. Tour Toronto and area wineries. Experience the majesty of the Niagara Falls aboard the new Hornblower cruise vessel. A full day on beautiful Mackinac Island top off this magical cruise!

August 12 – 23, 2016

From \$4,769 per person, double

Nova Scotia and Canada’s Maritimes Featuring Halifax, the Cabot Trail and Prince Edward Island

Mayflower Tours

Home to the world’s highest tides, breathtaking beaches and forests, historic harbors and the freshest seafood, Nova Scotia is where memories are made.

September 9–17, 2016

From \$2,698 per person, double
(includes round-trip air from Chicago)

Fall Colors of New England, Quebec and Montreal

Vacations by Rail

Dramatic rail excursions, grand hotel stays and brilliant autumn scenery highlight this fall foliage adventure

September 27 - October 7, 2016, or October 2 – 12, 2016
From \$2,295 per person, double

Discover more trip and tour options at:
www.waubonsee.edu/communityed or
call our travel specialist at (630) 466-2360

SPECIAL EVENTS FALL 2015



Miracles of the Mind Amazing encore performance!

Brian Imbus

Waubonsee favorite Brian Imbus returns for an all-new spectacle of hypnotism and mentalism. Laugh as Brian leads hypnotized audience volunteers through a magical journey of imagination. Ask yourself “how does he do that?” as he reads minds and makes predictions on the spot. There is no doubt that you’ll leave knowing exactly why Imbus has become one the country’s most sought after entertainers! Warning: Brian Imbus sold out in 2013 and will do so again. Get your tickets early!

Saturday, October 10, 2015

7 p.m.

Sugar Grove Campus, Auditorium

\$19 adults

\$12 children 12 and under

Purchase tickets at www.waubonseetickets.com

How to Find a Lasting Career in the New Age of Work

Dr. James B. Huntington

The future may not be so bright if you work for a living. Adapting to this new reality is a challenge for young and old alike. How can you successfully navigate through the new world of work and emerge on solid ground?

Dr. James B. Huntington, author of *Work’s New Age: The End of Full Employment and What It Means to You and Choosing a Lasting Career: The Job-by-Job Outlook for Work’s New Age* will discuss the new world of work and the 20 lasting career principles you need to know now. His insights and recommendations, occasionally controversial, nonetheless encourage you to think about your own future and the future of those you love.

Thursday, November 5, 2015

7 p.m.

Sugar Grove Campus, Academic and Professional Center

\$10

Purchase tickets at www.waubonseetickets.com

Oliver!

Music, Lyrics and Book by Lionel Bart
Licensed by Arrangement with Oliver Productions, Ltd. and
Oliver Promotions, Ltd.

Consider yourself invited!

Charles Dickens' unforgettable characters burst to life in this classic Tony Award-winning musical about an innocent orphan and the gang of street urchins who report to the cunning master pick-pocket himself.... Fagin. The sensational score includes many favorites including "You've Got to Pick a Pocket or Two," "Consider Yourself at Home," "Where is Love?" and the scrumptious "Food, Glorious Food."

October 16–18, 2015
 Sugar Grove Campus, Auditorium
 \$20

Purchase tickets at www.waubonseetickets.com

**A Chilling Tour of Elgin's Most Haunted Cemeteries**

Think this haunted tour is just another Halloween related event? YOU'RE DEAD WRONG. Because this four hour guided motor coach tour takes you inside the most haunted, terrifying cemeteries in Elgin, with a genuine EMF ghost meter clutched in your hands...in the dead of night!

Friday, October 30, 2015
 6 p.m. – midnight
 \$89

Departure and return site: Sugar Grove Campus, Erickson Hall
Must be 14 and above to participate. Anyone age 14-15 must be accompanied by an adult at all times. Tour includes extensive walking and hilly terrain. Light refreshments will be provided on the motorcoach.

Purchase tickets at www.waubonseetickets.com

ASSET EARTH

Exploring people and their environment

**Exploring 'New' Environments on Earth**

Dr. Ross Powell
Distinguished Research Professor, Geology and Environmental
Geosciences, Northern Illinois University

You don't need to visit another planet to discover new environments and ecosystems - there are still places here on Earth that humans have yet to see, let alone explore. Join NIU professor, world-renowned geologist and polar explorer Ross Powell for this presentation about exciting new discoveries and their implications. No stranger to extreme environments, Dr. Powell will also show how he and other scientists conduct operations in the coldest place on earth – Antarctica.

Thursday, September 24, 2015
 7 p.m.
 Sugar Grove Campus, Auditorium
 Free

**What Science Can Teach You about Dating, Love and Sex (That Sex Ed Didn't)**

Justin Hoshaw
Biology Instructor, Waubonsee Community College
 Novel scientific advice for both genders will be presented to help you succeed on the first date, find love and more. Find out how to ask her out or how to find and pick Mr. Right. And, if you're already in a relationship, discover how to maximize your happiness as well as your sex life (all according to science!).

Thursday, November 12, 2015
 7 p.m.
 Sugar Grove Campus, Auditorium
 Free

UNIQUE LOCAL EXPERIENCES™

Memorable things to do hosted by local experts.

Attend a Hawaiian Style Psychic Intuitive Gathering

Take a sneak peak into your future with a personal reading from metaphysics expert Jana Drake. Also learn how to do readings for yourself and others. You'll receive your own Huna token casting kit and etched glass talisman to keep. Related jewelry, stones, and items will also be available for purchase.

Since 1989, Jana been teaching others about Huna, stone lore, meditation, psychic intuitive development, as well as conducting readings for individuals and groups.

Friday, September 25, 2015

6:30 – 9:30 p.m.

Sugar Grove Campus

\$29



Craft Your Own Cocktails

Master the art and science of mixology with classically trained bartender and owner of Stockholm's restaurant and brewery in Geneva - Michael Olesen. After an introduction to basic bar techniques, terminology and trends, you'll explore the science behind flavor combinations as you mix your own cocktails to sample (and share). Spirits, mixers and juices are provided. The cocktail shaker is yours to keep.

Sunday, September 27, 2015

3 – 4:30 p.m.

Stockholm's, Geneva

\$69

Have a Girls Night Out!

Enjoy a glass of wine and relax with your BFFs while learning how to decorate cakes and handcraft delicious candies. Demonstrations featuring sugar paste-fondant, butter-cream frosting, and confectioners' chocolate prepare you to go ahead and try your hand at decorating cupcakes, candy and mini-treats. Enjoy your creations immediately or take them home to share.

Thursday, October 1, 2015

6:30 – 8:30 p.m.

PME School of Cake Decorating & Confectionery Art, Aurora

\$49

Discover the Power Of Self-Hypnosis With the Amazing Brian Imbus

Don't miss this unique opportunity to discover how self-hypnosis can help you lose weight, stop smoking, improve your memory and achieve more in life. Popular stage magician and hypnotist Brian Imbus has been helping people harness the power of hypnosis to improve their everyday lives for more than 20 years.

Saturday, October 10, 2015

3 – 4:30 p.m.

Sugar Grove Campus

\$49

Create and Enjoy an All-Natural Facial Treatment

Skin care never tasted so good! Enjoy this hands-on experience with licensed esthetician and the owner of The Skin You're In, Catherine India, as she shows you how to prepare customized facials from a variety of readily available natural foods such as milk, yogurt, eggs, berries, lemons, avocados and more. Leave with the know-how to mix up your own purifying facials at home.

Saturday, October 17, 2015

9 – 11:30 a.m.

The Skin You're In, Aurora

\$29



Attend a Happy Hour Jewelry Making Party

Expert jeweler Karen Hollis will help you handcraft your own beautifully conceived bracelet as she guides you through the basic concepts of jewelry design. Relax and socialize with friends as you enjoy a selection of wine, hors d'oeuvres and your own unique creations.

Friday, November 6, 2015

6:30 – 8:30 p.m.

K. Hollis Jewelers, Batavia

\$59

Purchase tickets for Unique Local Experiences™ at www.waubonseetickets.com

Unless otherwise specified, Unique Local Experiences™ are intended for those 18 and above. Must be 21 to attend experiences that include alcohol.



Please print in ink. Use this form to register for youth programs only. Return this form via the following methods (phone and online are not available for youth registration):

Walk-in Registration:

Sugar Grove (Student Center, Room 249)
Aurora Campus (First floor, Room 112)
Copley Campus (Second floor, Room 215)
Plano Campus (First floor, Room 127)

Mail:

Registration and Records
Waubonsee Community College
Route 47 at Waubonsee Drive
Sugar Grove, IL 60554-9454

FAX:

Fill out the form and
fax to (630) 466-4964

Youth Registration Details: For questions regarding registration, call (630) 466-7900, ext. 2370. If you have specific program questions, call (630) 466-7900, ext. 2360. Refunds: Participants who wish to withdraw and receive a full refund must do so at least four calendar days prior to the first class meeting.

Student ID (if known) X _____

Child's Social Security No. _____ - _____ - _____

Student Name: _____

Last First Middle

Birth Date: ____ / ____ / ____ Gender ____ M ____ F

Address: _____

Street City State Zip

Has child attended WCC previously? ____ Yes ____ No

Parent or Guardian Name: _____

Last First Middle

Parent or Guardian Phone Number: _____

Emergency Contact Name: _____

Last First Middle

Emergency Contact Phone Number: _____

Relationship to Student: _____

Ticket #	CRN	Course Name	Location	Fees

IMPORTANT! In consideration of my child's participation in youth programs offered through Waubonsee Community College Community Education, I, the undersigned parent/guardian, attest that my child is in good health to participate in this activity. I agree that my child/ward will abide by the rules and regulations of Waubonsee Community College and recognize that failure to do so may result in my child's exclusion from the class. I am aware of the risks involved with this activity and assume those risks. I release Waubonsee Community College, its trustees, officers, employees and agents from any and all claims for any injury, loss, damage, accident or expense arising from child's participation in the youth program.

Signature of Parent or Guardian _____ Date _____

Note: Payment is due at the time of registration.

Check one:

Cash ____ Check ____ VISA ____ MasterCard ____ Discover ____ American Express ____

Card #: _____

Expiration Date: _____

Authorized Credit Card Signature

Name Printed on Credit Card

Total Fees:

Financial Code

1. _____

2. _____