

LIVE

PERSONAL ENRICHMENT

DO SOMETHING MEMORABLE

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photography workshops
that will inspire you.**
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amazing destinations
guaranteed to
take your breath away.**
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**Get ready for summer –
Xcelerate enrichment
camps for kids ages 4-14
begin June 8!**
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**COMMUNITY EDUCATION
SUMMER 2015**

waubonsee.edu/communityed



WAUBONSEE
COMMUNITY COLLEGE

COMMUNITY EDUCATION

DO SOMETHING **MEMORABLE**

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Summer 2015 Offering Classes for Everyone

Looking for short, intense courses designed to improve your skills at work?

Flip this book over and browse the offerings of the college's Workforce Development department. Classes are offered in such topics as CAD, Communication, Computers, Food Service and Sanitation, Health Care, and Office Essentials.

COMMUNITY EDUCATION OFFERINGS

ASTRONOMY

How to Observe the Moon

Use your telescope or binoculars to see the Moon with new eyes! Explore topics that the curious have pondered for centuries: Which events shaped the features of the moon? Why does it have different regions? Where did the mountains and lunar mares come from? What are moon craters and are they always round? The answers may surprise you! Instructor Ken Davy will share his experience with his personal observatories in both Illinois and New Mexico as well as his photography of the moon and deep sky objects like nebula and galaxies. CLASS FEE: \$19

153SKY855.800 (30784) 7:00pm- 9:00pm F APC120 Davy
Meets on: June 19

How We Went to the Moon

NEW! July 2014 marked the 45th anniversary of the epic Apollo 11 flight that landed the first humans on the moon. Some of us still remember watching the grainy black and white image of Neil Armstrong stepping off the lander. Here's the true and exciting story of how it was done. Learn about the great gains, great losses, audacious risks and remarkable rewards. Experience the story of one of history's greatest adventures!

CLASS FEE: \$19

153SKY854.800 (30785) 7:00pm- 9:00pm F APC120 Davy
Meets on: July 17

COMPUTERS AND TECHNOLOGY

Computers 101

New to computers? Join us in this relaxed, hands-on class and learn keyboard and mouse skills. Find out about the parts of a computer and everything that goes along with it. Demystify all those computer icons and learn about file management. Discover internet search strategies, how to find online entertainment, social media and internet safety. Find out what you can do with Microsoft Office to make your life easier. Bring your questions to class! Note: Please come to class prepared with your X number and password. CLASS FEE: \$69

153INT804.600 (30783) 6:30pm- 8:30pm T HCC105 Meyer
Meets between: May 26-June 16

Microsoft Office at Home

New to Microsoft Office? Join us for this relaxed, hands-on six-week course. Start with MS Word to create basic documents then move up to using backgrounds, borders, pictures and bullets to create an eye-catching flyer. Master tabs, tables, columns, page breaks, headers, footers, and much more! Next, learn the basics of MS Excel by creating a sample budget spreadsheet, using basic formulas, sorting and more. Finally, discover what you can do with a MS PowerPoint presentation! An experienced instructor in computers and technology, Carrie Swift, will lead this class at a comfortable pace for students. Note: Please come to class prepared with your X number and password. CLASS FEE: \$79

153INT845.600 (30748) 6:30pm- 8:30pm T HCC105 Swift
Meets between: June 23-July 28



ACCOMPLISH MORE WITH COMPUTERS AND TECHNOLOGY

Take one of our practical courses and learn how to use simple software, computers and technology to get things done!

- Computers 101
- Microsoft Office at Home
- It's an iWorld
- How to Sell Your Treasures Online
- Elevate Your Career: Learn LinkedIn
- Create a Small Business Website

For details on these courses see the listings on pages 2-3.

Questions? Call us at (630) 466-2360.

Elevate Your Career: Learn LinkedIn

Stand out from the crowd on LinkedIn, the social media network for business professionals! Under the experienced guidance of Social Media Consultant Ernie Katko, learn to use this great tool for networking, referrals, job hunting, and marketing. Get hands-on training through the mechanics of creating an account, building an effective profile, understanding connections, posting updates and joining/utilizing groups. Learn best practices on conducting a job search, fine tuning your company pages, plus much more! Note: Please come to class prepared with your X number and password. CLASS FEE: \$39

153INT830.600 (30770) 6:30pm- 8:30pm W HCC105 Katko
Meets between: June 10-June 17

Create a Small Business Website

NEW! Do you have a website? This question should be answered by every business owner with a YES! Well, in case you don't have one yet, here is an opportunity to learn how to build a website - from the domain name to going live (if desired)! Using the WordPress platform, social media consultant Ernie Katko will guide you through the steps to building your own website - no coding required. Promote yourself, your organization or your business with an online presence. Note: Creating a live website is optional. General cost of a live site is \$30-\$50 per year. Instructor will provide more information on the first day of class. Note: Please come to class prepared with your X number and password. CLASS FEE: \$59

153INT842.600 (30772) 6:30pm- 8:30pm W HCC105 Katko
Meets between: June 24-July 8

It's an iWorld!

Do you have a new iDevice or have you had one for awhile but feel like you aren't getting as much from it as you could? Join us in this interactive class that starts with the basic settings, gestures and apps. Work your way up to advanced settings, backing up your device, using camera, email, calendars, and much more. Bring your iPad, iPad mini or iPhone and join us! CLASS FEE: \$29

153INT832.600 (30749) 6:30pm- 9:00pm W HCC111 Swift
Meets on: July 22

How Much is it Worth?

Find out if that vase your great aunt gave you is worth a fortune or barely enough for decaf cappuccino. Whether it's a family heirloom or an unwanted item from your college days, use online resources to discover its pedigree and value. Bring as many items as you wish and work with experienced internet seller Diane Desmond (and your classmates) to find out what they are and what they're worth. Note: Please come to class prepared with your X number and password. CLASS FEE: \$29

153INT815.600 (30750) 6:30pm- 9:00pm T HCC101 Desmond
Meets on: July 7

How to Sell Your Used Treasures Online

Grab some quick cash with what you already own --- the extras from your basement, attic or storage room! Learn the basics to fast and effective techniques to begin earning income on Ebay, Bookoo, Craigslist and other profitable online sites. Whether you're saving cash for a vacation, special gift or dream car, our instructor and experienced internet seller Diane Desmond will see that you become introduced to researching, listing, selling and shipping with ease. Bring an item to class for hands-on practice and leave with confidence to begin listing, selling and earning immediately! Note: Please come to class prepared with your X number and password. CLASS FEE: \$59

153INT809.600 (30751) 6:30pm- 8:30pm T HCC101 Desmond
Meets between: July 14-July 28

ARTS AND CRAFTS

The Art of Zentangle – Summer Workshop

NEW! Learn the basics of the beautiful Zentangle art form that everyone is talking about. It's an easy-to-learn, relaxing, and fun way to create beautiful images by using repetitive structured patterns and deliberate pen strokes. Certified instructor, Starla Snead, will go over the origins of Zentangle and teach you six different 'tangles'. No previous experience required! A perfect introduction if you're looking for a new hobby, a way to relax, increased focus or a creative outlet. Fee includes: all supplies. CLASS FEE: \$25

153ART848.600 (30794) 6:30pm- 9:00pm M WGL125 Snead
Meets on: June 22

153ART848.601 (30795) 6:30pm- 9:00pm W WGL125 Snead
Meets on: July 15

Zentangle Continued – Summer Workshop

NEW! Now that you had a chance to fall in love with the art of Zentangle, take your creativity to the next level with this one-day workshop that will teach you six more 'tangles' as well as shading techniques. You're sure to impress your friends and be proud of the wonderful art work that you personally created. Come join us and tangle! Fee includes: all supplies. CLASS FEE: \$25

153ART849.600 (30796) 6:30pm- 9:00pm M WGL125 Snead
Meets on: June 29

Beginning Chalk Pastel Painting

Accomplished artist and teacher Gary Schirmer will introduce you to the beautiful potential of chalk pastel. You'll learn the basic concepts of composition and practice observational drawing from still-life set-ups, the landscape and photographs. Color mixing with respect to pastel application will also be covered along with recommended products and techniques. Note: Anticipate approximately a \$50 investment in pastels, paper and spray fixative. Email communityed@waubonsee.edu for supply list. CLASS FEE: \$79

153ART830.820 (30774) 9:00am- 12:00pm Sa WGL125 Schirmer
Note: No class on July 4.

Meets between: June 13-July 25

Felted Garden Fairy – Summer Workshop

NEW! Let the magic come alive as you transform wool into an imaginative little garden fairy! Standing about 5" tall, she has sparkling wings, soft hair, a petal dress and an innocently sweet face. Shepherd and award-winning artist, Natasha Lewis will teach you about the basics of needle felting while shaping and sculpting a three-dimensional figurine. This workshop welcomes all skill levels, and encourages the novice crafter with the easy, fun art of needle felting! Fee includes: all materials. CLASS FEE: \$25

153ART852.600 (30790) 6:00pm- 8:30pm Th WGL125 Lewis
Meets on: June 18

Felt Takes Flight - Summer Workshop

NEW! Make a life-sized bird ornament with beautiful hand dyed wool fibers and the technique of needle felting. Perfect for the novice, needle felting is a fun, easy-to-learn technique that uses a special needle to tangle wool fibers into felt that you sculpt. Your instructor Natasha Lewis - a shepherd and award-winning artist - delights in introducing people everywhere to this unique synergy of fiber and creativity. Fee includes: all materials. CLASS FEE: \$25

153ART851.600 (30791) 6:00pm- 8:00pm Th WGL120 Lewis
Meets on: July 23

Beginning Italic Calligraphy

Who says that beautiful handwriting is a dying art? Learn italic calligraphy - the most versatile and popular of all styles - and turn any quotation into a work of art! Other uses for italic calligraphy you'll cherish for years to come include invitations, hand written letters, and cover pages for scrapbooks. Fine art and design instructor Lauren Davies will show you what you can do with pen, ink, and a little practice! Fee includes: all materials. CLASS FEE: \$109

153ART822.600 (30856) 6:30pm- 8:30pm W WGL120 Davies
Meets between: June 10-July 8

Ceramic Arts: Handbuilding and Wheel Throwing

Find deep satisfaction in designing and creating your own pottery, whether you're a beginner or an advanced student of ceramics. You'll learn the best practices in handbuilding, wheel throwing, decorating and glazing, and then use the campus kiln to fire your original creations. If you're a beginner, you'll benefit from instructor Mary DeRose's reputation for careful guidance, but if you're a more advanced student, you'll delight in her balanced approach of giving pointers while allowing you to expand your skills and explore your passions. Note: Additional cost for materials. Prepared kit may be purchased at Waubonsee bookstore. CLASS FEE: \$169

153ART807.600 (30788) 6:00pm- 9:00pm T CER104 DeRose
Meets between: June 9-July 28

Summer Jewelry Making Workshop

Handcraft one-of-a-kind beaded jewelry in this fun summer workshop led by design expert Janis Madison. Create bracelets, necklaces or earrings and discover just how easy and inexpensive it is to make your own beautiful jewelry. You'll leave each class session with a completed piece. Fee includes: all materials. CLASS FEE: \$39

153ART826.600 (30781) 6:30pm- 8:30pm Th WGL120 Madison
Meets between: July 9-July 16

Get Hooked! Crochet Basics

Discover the joyous meeting of hook yarn and pattern while creating up to two simple projects of your choice. With over 35 years of crocheting experience, needlework expert Lauren Davies will help you build on a succession of six basic stitches including slip-stitch, chain, single crochet, half-double crochet, double crochet and triple crochet to help you grow in this easy-to-learn skill. You'll learn to understand hook sizes, count stitches, determine gauge and tension, to select and read pattern directions, and to select the most appropriate yarns for a project. Fee includes: basic starter materials. Additional materials must be purchased separately. CLASS FEE: \$59

153SEW806.600 (30786) 6:30pm- 8:30pm T BDE107 Davies
Meets between: June 9-June 30

Stay Hooked! Crochet Continued

Use the six basic crochet stitches in ever widening adventures and applications! Begin by selecting your own pattern and yarn to complete up to two in-class projects. You'll learn how to crochet in the round, increase and decrease stitches, master filet crochet, make crochet borders, and crochet several variations of the picot stitch. You'll also be able to explore gauge and tension with simple patterns to practice and apply your newly-acquired skills. Needlework expert Lauren Davies will lead this class.

Prereq: Get Hooked! Crochet Basics or equivalent crocheting experience. Fee includes: basic starter materials. Additional materials must be purchased separately. CLASS FEE: \$59

153SEW834.600 (30787) 6:30pm- 8:30pm T BDE107 Davies
Meets between: July 7-July 28



S U M M E R PHOTOGRAPHY WORKSHOPS

New workshops designed to inspire both professional and amateur photographers alike

BETTER PHOTOGRAPHY FOR REALTORS

Gain a competitive edge – learn how to take better and more effective photos of your listings.

PRODUCT PHOTOGRAPHY WORKSHOP

Learn and practice the techniques you can use to take amazing photos of everyday objects.

FROM PHOTOGRAPHY TO VIDEOGRAPHY

Discover how today's DSLR cameras can be used to create phenomenal videos.

PORTRAIT PHOTOGRAPHY WORKSHOP

Learn how to capture great photos of your friends and family by mastering the techniques professionals use to get the perfect shot.

CITY PHOTOGRAPHY WALK

Sharpen your outdoor and architectural photography skills as you explore downtown Aurora with award-winning professional photographer, Donnell Collins.

DIGITAL PHOTOGRAPHY IN FOCUS

Our introductory course in digital photography.

For details on summer photography workshops see the listings on page 5.

Questions? Call us at (630) 466-2360.

PHOTOGRAPHY

Digital Photography in Focus

Elevate your digital photography skills from “weak to WOW” while mastering easy-to-learn techniques in this hands-on workshop. Anchor your art with knowledge of composition, exposure and the fundamentals of camera settings, before moving on to technical aspects such as selecting memory cards, transferring images to PC/Mac and backing photos up. Together, your class will gain a full understanding of how to use depth of field, resolution, white balance, color adjustment, compression and file formats. Learn to make your photos picture perfect! Note: Bring your own DSLR camera to class. CLASS FEE: \$89

153PIC810.600 (30740) 6:30pm- 9:00pm W APC260 Collins
Meets between: June 3-July 1

City Photography Walk

NEW! Enjoy the fresh air and warm weather while taking beautiful photos of downtown Aurora with award-winning professional photographer, Donnell Collins. After a brief camera lesson in the classroom, head downtown to photograph some of the amazing architecture that Aurora has to offer. After the photo walk, everyone will have the opportunity to share their shots back in the classroom and learn additional techniques for improving your photo taking skills. Note: Bring your own DSLR camera and tripod. CLASS FEE: \$59

153PIC820.600 (30741) 6:30pm- 9:00pm W APC195 Collins
Meets between: July 15-Aug. 5

Portrait Photography Workshop

NEW! Do you want to improve your portrait taking skills? Professional photographer Bob Lockwood will guide you in all you need to know to capture great photos of your friends and family. Learn the basics from understanding lighting to how to best pose your subject. Also, learn some inside tips and tricks that professionals use to get the perfect shot. Practice what you’ve learned by photographing a model in class. Note: Bring your own DSLR camera to class. CLASS FEE: \$59

153PIC827.600 (30743) 6:30pm- 8:30pm TTh BDE106 Lockwood
Meets between: June 2-June 11

Product Photography Workshop

NEW! Have you ever wondered how products displayed in magazines look so amazing? Well, it’s simple; it’s with good photography. Learn the tips and tricks you need to take photos of everyday objects. Learn about lighting, composition and set-up, then create your own style as you venture into product photography. You’ll also have the opportunity to practice what you’ve learned in class and build a portfolio. Note: Bring your own DSLR camera to class. CLASS FEE: \$59

153PIC828.600 (30744) 6:30pm- 8:30pm TTh BDE106 Lockwood
Meets between: June 16-June 25

From Photography to Videography

NEW! Did you know that today’s DSLR cameras are phenomenal tools for video production? Whether you’re a pro photographer, semi-pro, or just someone interested in video, this is the course for you. Professional photographer and videographer Bob Lockwood will teach you the basics of continuous lighting, audio, and storytelling using multiple shots. Also, learn how to transition other equipment you may have such as go pros, smart phones and other cameras for videography. Note: Bring your own DSLR camera to class. CLASS FEE: \$65

153PIC825.600 (30745) 6:30pm- 8:30pm TTh BDE106 Lockwood
Meets between: July 21-July 30

Better Photography for Realtors

As a realtor you know how competitive the market can be - it’s more important than ever to make sure your listings stand out from the crowd. The best way to do so is to ditch the smartphone, pick up an SLR camera and learn how to take professional quality photographs. A recent study found that homes represented with professional quality photographs were viewed longer online and sold for significantly more than those with lower quality images. Professional photographer Bob Lockwood leads this hands-on workshop on photographic techniques for realtors including effective composition and image enhancement using Adobe Photoshop. Note: Must bring an SLR (Single Lens Reflex) camera to class. Class will meet on campus and at select off-campus locations. CLASS FEE: \$59

153PIC855.600 (30742) 6:30pm- 8:30pm TTh BDE106 Lockwood
Meets between: July 7-July 16

CREATIVE WRITING

Fiction Writing Workshop

The Fiction Writing Workshop is a community for writers of all abilities, whether you’re looking for a push to get started or a place to hone your craft. Through exercises and readings, you’ll explore narrative techniques and see how stories take shape. The heart of this workshop is your own fiction - examined in roundtable format. You’ll learn through experience, written critiques and thoughtful discussion of each other’s work. CLASS FEE: \$95

153WWS816.600 (30789) 6:30pm- 9:00pm Th BDE213 Thompson
Note: No class on July 2.

Meets between: June 11-Aug. 6

DANCE

Latin Dance Summer Sampler

NEW! Add some spice to your life as you learn hot moves from three of the most popular Latin dances: the Salsa, Cha Cha and Rumba. With over 35 years of ballroom dance experience, instructor Patricia Ray will have you swinging and swaying to some of your favorite Latin music in no time! It’s easy and fun so grab your partner and join us! CLASS FEE: \$39

153DAN845.600 (30799) 7:15pm- 8:30pm Th FLD237 Ray
Meets between: July 9-Aug. 6

Belly Dance for Beginners

Improve your posture and muscle tone while empowering your mind, body and spirit. Perfect for all ages and body types, belly dancing is low impact movement that’s still one of the world’s most timeless popular – and fun – forms of dance! All of our belly dance instructors have successfully passed the intensive Raksanna apprenticeship program and are thoroughly trained in this art that’s native to North Africa, Asia and the Middle East. Come dance with us! Note: Wear comfortable clothing (yoga, dance, exercise) and dance barefoot or with dance shoes. Street shoes not permitted. CLASS FEE: \$69

153DAN888.600 (30746) 7:00pm- 8:00pm W FLD237 Roberts
Meets between: May 27-July 1

Belly Dance: Drums, Veils, Cymbals and More

Who knew there was so much MORE to belly dancing? Take belly dance to the next level of skill and confidence with sword dancing, Saidi (stick), Pharonics (ancient Egyptian), drum solo, veil work and finger cymbals! You'll master the subtleties of these timeless arts from instructors certified through the intensive Raksanna apprenticeship program. Optionally, choose to further develop your talent by purchasing the specialized dance products (practice CD, swords, sticks) offered in class. NOTE: Wear comfortable clothing (yoga, dance, exercise) and dance barefoot or with dance shoes. Street shoes not permitted. CLASS FEE: \$69

153DAN889.600 (30747) 7:00pm- 8:00pm W FLD237 Roberts
Meets between: July 8-Aug. 12

WORLD LANGUAGES

Learn a Little Spanish

Overcome your fear of learning a new language in this class. Designed for individuals who have had no previous Spanish experience but want to start speaking and understanding the language. You'll begin to feel comfortable using Spanish both in class and in the real world. Class will be taught at a slow pace and will start from the beginning of learning the Spanish language. CLASS FEE: \$179

153LAN805.600 (30792) 6:30pm-9:00pm MW BDE106 Gajardo Munoz
Meets between: June 15-July 22

Italian Language and Culture for Travel

You don't need to be a maestro to make the most of your trip to Italy! Learn greetings and other etiquette (scusa o scusi?) as well as the simple language skills you'll need for reading schedules and counting euros, eating beyond the ristorante and trattoria, and handling medical emergencies. You'll also become acquainted with the gusto of everyday Italian life, regional differences, piazzas in several destinations, hints for planning and packing, and much more. Buon viaggio! CLASS FEE: \$79

153LAN825.600 (30752) 6:30pm- 8:30pm Th BDE215 Gajardo Munoz
Meets between: June 11-July 16

HOBBIES AND SPECIAL INTEREST

How to Throw Creative and Exciting Parties the Frugal Way

Take hosting a party to the next level! Instructor and Queen-of-Frugal Valerie LaBerge has transformed 40 years of money saving expertise and event-hosting into an easy-to-follow party planning system you'll love. Learn how to throw great adult and childrens' parties using simple planning and prep that won't stress you OR your bank account. You'll gain insight and usable skills on a portfolio from knockout invitations, budget-friendly food, and repurposed decorations to fun games and quality entertainment. Get ready to totally impress your family and friends at your next birthday party, backyard barbeque, graduation party or bridal shower! CLASS FEE: \$29

153HBY850.600 (30798) 6:00pm- 9:00pm Th APC160 LaBerge
Meets on: June 4

How to Save Money With Coupons

Ever wonder how you can actually save real money with coupons? Jump right in with other novices to learn how to easily find, understand, organize and use both online and brick-and-mortar coupons. Our instructor, who brings over 40 years of experience to the classroom, will share expert tricks to help us navigate proper couponing etiquette, understand store policies, track savings, and get the best possible deals. Come prepared to find freebies and to save money! CLASS FEE: \$49

153HBY835.600 (30797) 6:30pm- 8:30pm M BDE108 LaBerge
Meets between: June 8-June 29

What's Your Dog Trying to Tell You?

Do you really KNOW your dog(s)? Are you interpreting their gestures and body language correctly or is your "humanness" getting in the way? Certified canine consultant and trainer Angela Murray leverages two decades in the field to teach you how to truly "see" and understand dogs. She'll work with you to discover developmental stages, how dogs communicate emotions, distinctiveness of breed characteristics, and what the basic needs of every dog are. Whether you're a dog lover, owner, or professional, this skill-building class will help you truly connect with dogs. Note: Animals are not allowed in class.

CLASS FEE: \$39

153PET802.600 (30737) 6:30pm- 8:30pm Th BDE107 Murray
Meets between: July 9-July 23

Socializing Your Dog: The Good, the Bad, and the Ugly

Dog parks, daycare, neighborhood walks, or just having guests over for a party puts your pet into many unfamiliar and potentially threatening situations. Learn how to best socialize and influence your dog's behavior under the watchful eye of CCPDT Angela Murray, Director of Training for Nurture Your Pets and Mentor for the Animal Behavior College and Catch Training Academy. You'll learn how to make socialization positive from your dog's perspective (not yours) and how to read your dog's body language to optimally socialize your dog in the most mentally healthy and positive way. Note: Animals are not allowed in class. CLASS FEE: \$19

153PET808.600 (30739) 6:00pm- 9:00pm Th BDE107 Murray
Meets on: Aug. 6

A Tired Dog is a Good Dog!

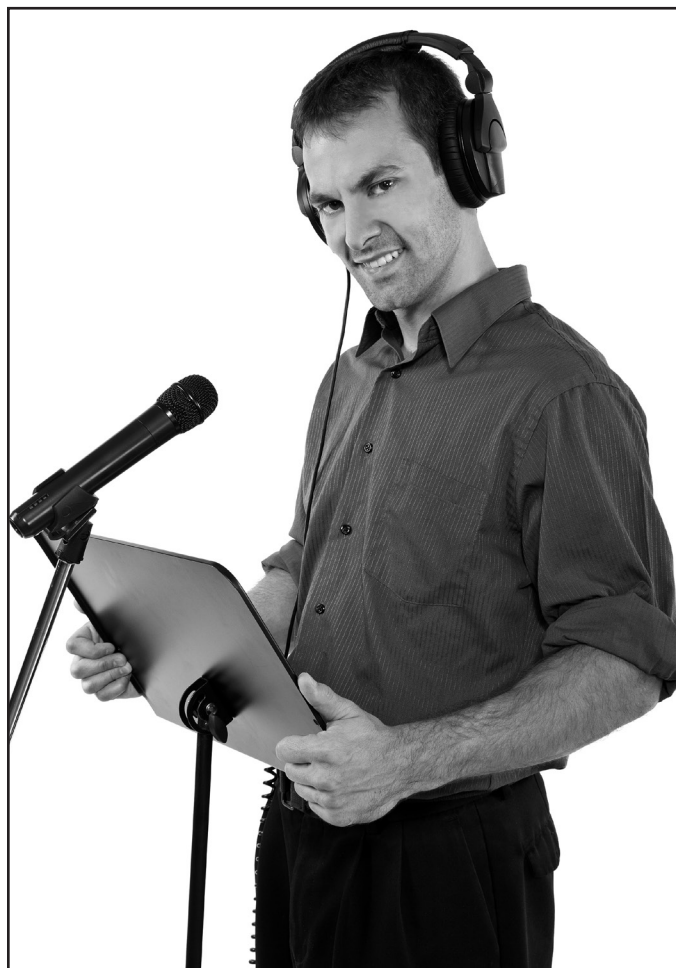
Can't get your dog to let go of the ball or walk without pulling? It may be that your dog doesn't get enough mental stimulation. This class offers great alternative ways to mentally challenge and physically tire your dog out. Learn new exercises that tap into your dog's ability to think and you'll be amazed at how tired he or she will be. The best part is that some of the exercises don't even require the owner to participate. Note: Animals are not allowed in class. CLASS FEE: \$19

153PET804.600 (30738) 6:00pm- 9:00pm Th BDE107 Murray
Meets on: August 13

An Introduction to Voiceovers – Getting Started in Voice Acting

Are people always telling you that you have a great voice? Do you often find yourself listening to your favorite audiobook, commercial or cartoon character and thinking, "I could do that?" This fun and empowering two-hour introductory workshop covers the different types of voiceovers and what tools are needed in order to find success in the industry. You'll be coached as you perform a real voiceover script and be recorded to receive a professional voiceover evaluation later. After class you'll have the knowledge necessary to help you decide if this is something you'd like to pursue. Note: Taught by a professional voice actor from Voices For All. CLASS FEE: \$49

153ART860.600 (30793) 6:00pm- 8:00pm T BDE217 Staff
Meets on: July 14



INTRODUCTION TO VOICEOVERS

For 10 years and counting - one of our most popular courses! Find out if you have what it takes to be a success in the professional voiceover industry.

Tuesday, July 14
6-8 p.m.
\$49

See page 6.

Questions? Call us at (630) 466-2360.

BUSINESS AND NETWORKING

Turn Your Hobby Into a Business

Turn your idea or a hobby you love into a full-fledged business and become the entrepreneur you've always wanted to be! Explore the critical questions all fledgling entrepreneurs should ask themselves to get started on the right foot. Learn to develop a business plan and to differentiate your business from the competition. Get information on the key elements of starting a business in Illinois and discover resources to help it grow. Best of all, the instructor is a repeat entrepreneur! CLASS FEE: \$39

153PFG833.600 (30780) 6:30pm-8:30pm T BDE102 Madison
Meets between: June 16-June 23

Questions: Call (630) 466-2360, or email communityed@waubonsee.edu

MIND AND BODY

The Art of Self Defense: Hapkido

NEW! Violent attacks happen each day to victims who least expect it. Be prepared to protect yourself by learning Hapkido, an ancient Korean martial art that is used in personal defense classes the world over. You'll learn techniques that don't require strength and in conflict situations will allow you to gain control with minimal effort and without aggression or injuries to the attacker. Learn how to keep yourself safe, boost your self-confidence and improve your physical and mental strength. Note: A Hapkido uniform is required for all students. A fee of \$30 is collected the first night of class for your uniform. Also note: classes are held at BH Martial Arts and Learning Center, 664 W. Veterans Pkwy (Unit G) in Yorkville. CLASS FEE: \$109

153REC840.600 (30948) 7:30pm-8:30pm TW BHMA Staff
Meets between: June 2-June 24

Finding What You Never Lost: Women's Reperment

Feeling stuck, bored, restless or lost concerning who you are or what you once wanted? Reconnect with your personal power, reignite your passion for life, and realign your values and goals to what is most important to you with the help of businesswoman and Certified Professional Coach Julia Skeesick. Explore and create actionable strategies and structures to find your personal direction, define your plans, attain your goals, and reclaim your confidence and self-esteem. This course will help you begin to enjoy life more as you choose to be increasingly authentic, positive and proactive. Break out! CLASS FEE: \$39

153PFG857.600 (30782) 6:30pm-8:30pm T BDE105 Skeesick
Meets between: Aug. 4-Aug. 18

Hatha Yoga for Beginners

Experience the benefits of Hatha Yoga. Firm and tone your body while learning how to reduce stress, improve balance, flexibility and concentration. Designed for those new to Hatha Yoga, you will learn specific postures in combination with controlled breathing, as well as how to focus on breathing and relaxation techniques. Wear loose, comfortable clothing and bring an exercise mat. CLASS FEE: \$39

153MNB801.600 (30854) 8:00pm-9:00pm W ELCC Van Gieson
Meets between: June 3-June 24

Hatha Yoga Continued

Hatha Yoga is the slow and deliberate stretching of muscles and stimulation of inner organs. One way to think of Hatha Yoga is the union occurring between mind, body and spirit. Continue your practice of Hatha Yoga and refine your techniques. Designed for those who have taken Hatha Yoga for Beginners or have a similar level of experience. This class can be repeated as many times as desired. CLASS FEE: \$39

153MNB803.600 (30855) 8:00pm-9:00pm W ELCC Van Gieson
Meets between: July 8-July 29

Meditate in the Hawaiian Huna Tradition

Calm your breathing and learn to center mind and body with the ancient Hawaiian Huna tradition of "center to center" or Piko Piko meditation. Whether or not you're familiar with any other form of meditation, you'll quickly learn to replicate this and other techniques that will take you on a journey to the depths of your imagination and help you to gain insights into your life. In-class meditations will guide you toward your spiritual, health, financial, and relationship advisors. Explore or change a bad dream or memory that's keeping you stuck in the past. Learn to embrace the power of NOW! CLASS FEE: \$29

153MNB809.600 (30775) 6:30pm-9:00pm W BDE107 Drake
Meets on: July 1



THREE CLASSES FOR DOG OWNERS *with* ANGELA MURRAY

WHAT'S YOUR DOG TRYING TO TELL YOU?

Do you really know your dog(s)? Are you interpreting their gestures and body language correctly or is your "humanness" getting in the way? Discover developmental stages, how dogs communicate emotions, distinctiveness of breed characteristics and the basic needs of your dog.

SOCIALIZING YOUR DOG:

THE GOOD, THE BAD, AND THE UGLY

Dog parks, daycare, neighborhood walks, or just having guests over for a party puts your pet into many unfamiliar and potentially threatening situations. Learn how to best socialize and influence your dog's behavior.

A TIRED DOG IS A GOOD DOG!

Can't get your dog to let go of the ball or walk without pulling? It may be that your dog doesn't get enough mental stimulation. Learn new exercises that tap into your dog's ability to think and you'll be amazed at how tired he or she will be.

Angela Murray has over 20 years of experience teaching pet obedience classes, private lessons and working with canine behavioral problems. She is a Certified Pet Dog Trainer (CCPDT), having learned the principles and techniques of canine behavior modification and animal psychology from Purdue University. CPR certified for dogs and cats from both the Red Cross and Pet Tech, she is currently the Director of Training for Nurture Your Pets

See page 6 for details on these classes.

Develop Your Psychic Abilities

Use the psychic gifts you were born with! Discover ancient scrying methods that may assist you toward future events. Sharpen your intuition with newly-honed skills of sensory perception, divination, dowsing, mandalas for empowerment and other time-tested ways of inner knowing. With the assistance of metaphysics expert Jana Drake, this uplifting and enlightening workshop will help you welcome a prosperous synchronicity and a heightened awareness back into your daily life. Who knew? You did! CLASS FEE: \$29

153MNB810.600 (30776) 6:30pm- 9:00pm W BDE107 Drake
Meets on: July 8

Huna Healing

Create more energy, more purpose, more huna with knowledge of seven simple principles, such as "energy flows where attention goes" and bringing light, health, and balance into your life. Jana Drake has studied with Hawaiian Shaman and author Dr. Serge Kahili King on Kauai, Hawaii. Her class allows you to experience these principles, use them in divination, and learn a more powerful, yet simple, energy technique for health of yourself and others around you. CLASS FEE: \$29

153MNB847.600 (30777) 6:30pm- 9:00pm W BDE107 Drake
Meets on: July 15

Stone Lore: No Stone Unturned

Explore the metaphysical and mystical properties of gems and stones. Learn about their myths and legends, and find out why some stones have different meanings. Discover how stones can be used for their (healing) energy properties. Delve into your experience as you choose a crystal to cleanse, personally program and take home. You will also have the opportunity to choose from a variety of stones to take one home with you. Divination and stones will also be discussed. Note: Stones and crystals provided. CLASS FEE: \$29

153MNB854.600 (30778) 6:30pm- 9:00pm W BDE107 Drake
Meets on: July 22

In Your Dreams

Through guided meditation, Rieki Master and Hawaiian Shaman Jana Drake will take you through your dream world and help you analyze your sleeping moments. Find out how to interpret your dreams and learn techniques to change a dream or stop a nightmare. You'll learn how to visit a dream and ask for more clarity. Lucid dreaming will also be covered. CLASS FEE: \$29

153MNB853.600 (30779) 6:30pm- 9:00pm W BDE107 Drake
Meets on: July 29

TELEVISION PRODUCTION

Public Access Television Production Training

This class is required for Waubonsee students and in particular residents of North Aurora, Plano, Sandwich and Yorkville (the Southwest Cable and Telecommunications Consortium) interested in creating public access television programs to air on FVTV, cable channel 17. In four, four-hour sessions you learn the basics of studio production, field camera work, lighting and non-linear editing in preparation for producing your own television show. Upon successful completion, individuals will be certified to produce their own programs or act as crew members for other productions utilizing FVTV equipment and facilities. CLASS FEE: \$100 * MAJOR CODE: VS25

153TVP001.820 (30800) 12:00pm- 4:00pm Sa COL115 Rennels
Meets between: May 23-June 13



WAUBONSEE TOTAL FITNESS CENTER

OFFERING A COMPLETE HEALTH AND FITNESS EXPERIENCE WITH QUALITY AND VALUE **YOU** CAN FEEL GOOD ABOUT!

PROGRAMS

- Lifestyle/Fitness Assessments
- Individualized Exercise Programs
- Personal Training
- Group Training Opportunities
- Motivational Incentive Activities

FACILITIES

- Cybex Strength Training Machines
- Free Weights
- The Latest in Cardiovascular Equipment
- CardioTheater Entertainment Center
- Locker Rooms with Showers
- Complimentary Workout Towels

HOURS:

- Mon.-Thur. 5:30 a.m.-8 p.m.
- Fri. 5:30 a.m.-7 p.m.
- Sat. 6:30 a.m.-1 p.m.

MEMBERSHIP

Membership rate options available. Call (630) 466-2530 to arrange your complimentary visit. Waubonsee Community College Erickson Hall, Rm. 126 Route 47 at Waubonsee Drive Sugar Grove, Illinois



WAUBONSEE
COMMUNITY COLLEGE

TOTAL FITNESS CENTER

Fitness Center Membership

Explore your fitness options at Waubonsee's Total Fitness Center. We feature CardioTheater - an entertainment center that makes exercise fun; a free weight area; Cybex Eagle strength systems; and the latest in cardiovascular equipment. Highly skilled staff assist you with your exercise program and answer fitness-related questions. Call the fitness center at (630) 466-2530, for registration information and to schedule an orientation. Note: The fitness center is open to anyone 16 years of age or older.

3-Month Individual			\$89
	153FIT800.700	(30684)	ERK126
6-Month Individual			\$169
	153FIT802.700	(30685)	ERK126
Year Individual			\$299
	153FIT804.700	(30686)	ERK126
Year Couple (two people, same household)			\$469
	153FIT811.700	(30690)	ERK126
Additional Third and Fourth Member *			\$129
	153FIT814.700	(30691)	ERK126
Additional Fifth Member *			\$59
	153FIT815.700	(30692)	ERK126

* Requires corresponding Year Couple membership.

Daily passes and monthly memberships are also available by visiting the Total Fitness Center in Erickson Hall.

Daily Pass			\$8
Monthly Membership			\$35

Prices subject to change without notice.

Body Fat Analysis

Weight alone is a deceptive indicator of body composition. Determine your percentages of body water, fat and lean mass by electrical impedance and have trained staff explain your results. Call (630) 466-2530 to schedule your appointment. CLASS FEE: \$12

153FIT806.700	(30688)	TBA	ERK126	Staff
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Shaping Up Is No Sweat

Learn to incorporate the components of physical fitness into your exercise plan. Participate in a fitness screening and develop realistic goals to start and maintain your fitness program. Participants receive a free visit to the Total Fitness Center. Call (630) 466-2530 to schedule your appointment. CLASS FEE: \$30

153FIT808.700	(30947)	TBA	ERK126	Staff
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Metabolism Matters

Weight management success is just a simple measurement away! With BodyGem, a device used to measure your metabolism, you can easily and quickly determine your resting metabolic rate. Your metabolic measurement can then be used to determine an accurate daily calorie target designed to best assist you with meeting your personalized weight management goals. Call the Total Fitness Center at (630) 466-2530 for more information and to schedule an appointment. Note: BodyGem includes a metabolic measurement, a printed report of calorie budgets and a review of the results. CLASS FEE: \$39

153FIT860.700	(30700)	TBA	ERK126	Staff
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FITNESS AND WELLNESS

Insanity Workout

Max out your results with a workout so effective it is totally insane! Insanity is a cardio-based, total-body exercise program designed to use only your body weight as resistance. This super intense workout keeps you working crazy hard for 50 minutes. Ready to push past your limits?

CLASS FEE: \$49

153FIT851.001 (30961) 6:00am- 6:50am TThSa FLD237 Anderson
Meets between: May 19-May 30

153FIT851.600 (30962) 6:30pm- 7:20pm TTh FLD237 Anderson
 and: 8:00am- 8:50am Sa FLD237 Anderson
Meets between: May 19-May 30

Nordic Walking - Walking is Good, Nordic Walking is Better!

Nordic Walking is a great total body workout for people interested in a fun physical activity with maximum health benefits. This low-stress, easy-to-master workout is fantastic for weight loss and great for your body and mind. Keep fit, toned and healthy at any age. For details and to register, call (630) 466-2530. Note: 30-minute private session with a certified Nordic Walking instructor; poles provided. CLASS FEE: \$29

153FIT865.700 (30949) TBA ERK126 Anderson

Group Training

Program participation includes small group personal training sessions that meet three times per week; accountability; weekly weigh-ins and an eight-week Total Fitness Center membership. CLASS FEE: \$249

153FIT816.001 (30964) 6:00am- 7:00am MWF ERK126 Anderson
Note: No classes June 29-July 3.
Meets between: June 1-July 31

153FIT816.002 (30965) 8:00am- 9:00am MWF ERK126 Anderson
Note: No classes June 29-July 3.
Meets between: June 1-July 31

153FIT816.600 (30966) 7:00pm- 8:00pm MW ERK126 Anderson
 and: 8:00am- 9:00am Sa ERK126 Anderson
Note: No classes June 29-July 4.
Meets between: June 1-Aug. 1

PowerYoga

A vigorous fitness-based approach to yoga designed to tone and sculpt. This class focuses on building core strength to support you in more advanced postures. Prepare to work hard and sweat. CLASS FEE: \$79

153FIT829.001 (30953) 7:15am- 8:00am T FLD237 Anderson
Note: No class on June 30.
Meets between: June 2-July 28

153FIT829.600 (30954) 6:15pm- 7:00pm Th FLD237 Anderson
Note No class on July 2.
Meets between: June 4-July 30

Running

Group workouts can help you run farther and faster while having more fun. Whether you are an experienced or novice runner, this class will help you achieve your goals. A variety of coached workouts such as walk to run, speed work, intervals, hills and tempo runs will keep you challenged. CLASS FEE: \$65

153FIT869.001 (30955) 6:00am- 7:00am T ERK126 Anderson
Note: No class on June 30.
Meets between: June 2-July 28

153FIT869.600 (30956) 5:00pm- 6:00pm Th ERK126 Anderson
Note: No class on July 2.
Meets between: June 4-July 30

Kettlebell 101

Interested in getting started with kettlebell training? Learn how you can safely and effectively use kettlebells to build power, endurance, strength and stamina. Under the guidance of an experienced certified Kettlebell trainer, you will master foundation exercises such as the swing, clean, press and snatch. Take your fitness to a new level! CLASS FEE: \$99

153FIT881.800 (30950) 9:30am- 10:30am Sa FLD237 Anderson
Note: No class on July 4.
Meets between: June 6-Aug. 1

TRX Express

Burn calories using the fun and dynamic TRX. The TRX suspension training system builds strength by using your own body weight and gravity. It improves balance, coordination and flexibility. Plus, every exercise engages your core! CLASS FEE: \$49

153FIT875.003 (30959) 4:45pm- 5:15pm T FLD237 Anderson
Note: No class on June 30.
Meets between: June 2-July 28

153FIT875.600 (30960) 6:30pm- 7:00pm T FLD237 Anderson
Note: No class on June 30.
Meets between: June 2-July 28

153FIT875.001 (30957) 6:00am- 6:30am Th FLD237 Anderson
Note No class on July 2.
Meets between: June 4-July 30

153FIT875.002 (30958) 7:00am- 7:30am Th FLD237 Anderson
Note: No class on July 2.
Meets between: June 4-July 30

Fusion Fitness

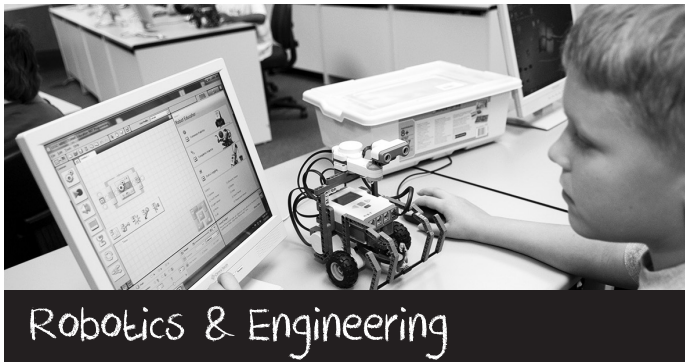
Fusion Fitness is the best total body workout fitness has to offer. This 30-minute class combines TRX, kettlebells and more to keep you moving and motivated. Fusion Fitness will burn fat while building strength. Improving your workout improves your body. CLASS FEE: \$96

153FIT878.600 (30952) 6:00pm- 6:30pm MW FLD237 Anderson
Note: No class on June 29 and July 1.
Meets between: June 1-July 29



XCELERATE your summer!

ENRICHMENT CAMPS FOR AGES 4-14
www.waubonsee.edu/Xcelerate



Robotics & Engineering

Robotics for Beginners (Ages 7-10)

Test your technical and problem-solving skills as you learn to create and program robots! You'll work in pairs to build a robot using LEGO® WeDo kits and special software. Then, make your robots take action with your commands, and try out even more feats of engineering using unique K'NEX® kits. On the last day, you'll get a small LEGO® gift to take home! CLASS FEE: \$179

153INT704.001 (30725) 9:00am- 12:00pm MTWThF HCC103 Striedl
 Meets between: June 22-June 26

153INT704.002 (30726) 1:00pm- 4:00pm MTWThF PC111 Striedl
 Meets between: July 6-July 10

LEGO® Robot Battles (Ages 11-14)

Work in pairs to design and build a fighting robot using LEGO® Mindstorms kits and special programming software. Then, see the laws of physics in action as you unleash your best creation against your classmates' best creations in a battle for supremacy. On the last day of the elimination tournament, the members of the winning team will each receive a LEGO® kit worth up to \$50. Everyone will receive a small LEGO® gift to take home! CLASS FEE: \$179

153INT705.001 (30829) 1:00pm- 4:00pm MTWThF HCC103 Moss
 Meets between: July 13-July 17

Ultimate Amusement Park Challenge (Ages 11-14)

NEW! Imagine if you could create your own amusement park! How would it look? What would you call it? What types of rides would it have? Learn about the history, design and physics behind the most popular rides and parks. Then, using K'NEX® kits and other materials you'll work in pairs to design your own amusement park (including a giant roller coaster!). But, you're not done until you learn how to create a business plan to sell your amusement park concept to our panel of judges. Winning team members will each receive two tickets (1 adult/1 child) to Six Flags Great America! CLASS FEE: \$199

153INT725.001 (30830) 9:00am- 12:00pm MTWThF HCC103 Moss
 Meets between: Aug. 3-Aug. 7



Gaming & Digital Arts

Game Master I

Don't just play video games – make them! Use software to design a fully-functional action/adventure game complete with custom characters, levels, backgrounds and more. Each day, working with game designer John Meyer, you'll also learn a new feature to add to your program. At the end of the camp, you'll know both the technical and artistic concepts of games, and have your finished creation on a USB to take home. Fee includes: USB memory stick. CLASS FEE: \$109

153INT701.001 (30704) 1:00pm- 4:00pm MTWThF HCC104 Meyer
 Meets between: June 8-June 12
 Ages 7-10

153INT701.002 (30705) 9:00am- 12:00pm MTWThF HCC104 Meyer
 Meets between: June 15-June 19
 Ages 7-10

153INT701.005 (30706) 1:00pm- 4:00pm MTWThF HCC104 Meyer
 Meets between: June 15-June 19
 Ages 11-14

153INT701.006 (30709) 1:00pm- 4:00pm MTWThF HCC104 Meyer
 Meets between: June 22-June 26
 Ages 11-14

153INT701.007 (30710) 9:00am- 12:00pm MTWThF HCC104 Meyer
 Meets between: July 13-July 17
 Ages 11-14

153INT701.003 (30707) 1:00pm- 4:00pm MTWThF HCC104 Meyer
 Meets between: July 13-July 17
 Ages 7-10

153INT701.004 (30708) 9:00am- 12:00pm MTWThF PC111 Meyer
 Meets between: July 20-July 24
 Ages 7-10

153INT701.008 (30711) 1:00pm- 4:00pm MTWThF PC111 Meyer
 Meets between: July 20-July 24
 Ages 11-14

Game Master II

Take your skills even further with game creator John Meyer. Explore the next level of game design by crafting features previously unknown. Delve deeper into development as you pick up new techniques and functions to add to characters and games. You'll receive a copy of your finished game on USB to take home. Prerequisite: Game Master I or equivalent gaming experience required. CLASS FEE: \$109

153INT706.001 (30712) 9:00am- 12:00pm MTWThF HCC104 Meyer
Meets between: July 6-July 10
Ages 7-10

153INT706.003 (30714) 1:00pm- 4:00pm MTWThF HCC104 Meyer
Meets between: July 6-July 10
Ages 11-14

153INT706.004 (30715) 1:00pm- 4:00pm MTWThF PC111 Meyer
Meets between: July 27-July 31
Ages 11-14

153INT706.002 (30713) 9:00am- 12:00pm MTWThF PC111 Meyer
Meets between: Aug. 3-Aug. 7
Ages 7-10

Animation Creation (Ages 11-14)

Try your hand at all types of animation including digital, traditional, and stop motion. Learn key animation techniques and terminologies as you animate characters frame by frame, develop dynamic panoramic backgrounds, create storyboards and even make your own personalized movie! You'll also view examples of award-winning animation from around the world. Fee includes: USB memory stick. CLASS FEE: \$109

153ART768.001 (30674) 9:00am- 12:00pm MTWThF HCC104 Meyer
Meets between: July 27-July 31

Digital Artists (Ages 11-14)

NEW! Unleash your creativity as you learn the basics of Adobe Photoshop. You'll use this versatile and powerful program to create awesome digital art including band collages, vintage style photos, self pop-art and even comic strips. Note: All skill levels are welcome, but campers should have some experience with computers and software prior to enrolling. CLASS FEE: \$109

153ART764.001 (30716) 1:00pm- 4:00pm MTWThF HCC105 Hunter
Meets between: June 8-June 12

Lights, Camera, Action! (Ages 11-14)

With a completed script, real equipment and a professional director, work alongside your classmates to produce a short film in Waubonsee's television studio. By the end of the week, you'll understand the roles of actor, director, camera operator and editor, and you'll go home with your own copy of the movie. Last day of camp will be a showing of the film in the College's Auditorium - complete with popcorn! Note: Enrollment is limited to nine students. CLASS FEE: \$109

153PIC700.001 (30675) 9:00am- 12:00pm MTWThF COL115 Rennels
Meets between: July 6-July 10

153PIC700.002 (30676) 1:00pm- 4:00pm MTWThF COL115 Rennels
Meets between: July 20-July 24



X-Tech Computer Camp (Ages 7-10)

Sure, you've used a computer practically since birth. Now delve into the essentials! Step by step, learn the parts and care of the machine and how it works, be able to label inside mechanisms, figure out the best way to save your files to find them later, and get the latest safety tips for computer users. Finally, learn how to use software such as MS Word, Excel and Power Point and how to research on the Web. Fee includes: USB memory stick. CLASS FEE: \$109

153INT700.001 (30673) 9:00am- 12:00pm MTWThF HCC105 Striedl
Meets between: July 13-July 17

Computer Programming Camp (Ages 11-14)

NEW! Instead of just using software, why not create it? Develop your thinking, coding and programming skills as you solve complex problems using a computer. You'll use a programming language (Python) and drag-and-drop tools to learn and practice basic computing concepts and techniques. By the end of the camp you'll be able to code and test computer programs and more. Fee includes: USB memory stick. CLASS FEE: \$109

153INT712.001 (30723) 9:00am- 12:00pm MTWThF HCC105 Hopkins
Meets between: June 22-June 26

153INT712.002 (30724) 9:00am- 12:00pm MTWThF HCC105 Hopkins
Meets between: July 20-July 24

Website Builders (Ages 11-14)

Whether you're somewhat experienced or just starting out, here's an opportunity to explore the mechanics of website creation. Learn and use HTML code to create a website header and body, as well as several other codes to create a basic site complete with text, background, photos and links. Time permitting, you'll also use an online drag-and-drop program for a more professional look. Fee includes: USB memory stick. CLASS FEE: \$109

153WWW700.001 (30721) 9:00am- 12:00pm MTWThF HCC105 Hopkins
Meets between: June 8-June 12

153WWW700.002 (30722) 9:00am- 12:00pm MTWThF HCC105 Hopkins
Meets between: Aug. 3-Aug. 7



Science XPLOSION! (Ages 7-10)

Calling all junior scientists! Have a blast while applying the same principles used by chemists, biologists, physicists, forensics and earth scientists! Led by Waubonsee Assistant Professor Dani DuCharme, you'll conduct all types of experiments and build a variety of innovative creations. Examine microbes, process crime scenes, dissect bugs, launch rockets and more! There's always a fresh burst of projects each year! CLASS FEE: \$125

153SCI720.001 (30701) 1:00pm- 4:00pm MTWThF WGL107 DuCharme
Meets between: June 22-June 26

153SCI720.002 (30702) 1:00pm- 4:00pm MTWThF PC211 DuCharme
Meets between: July 20-July 24

Camp Insecta (Ages 7-10)

Did you know that there are more species of insects than all other land animals put together? Join entomologist and Waubonsee Assistant Professor Dani DuCharme in an exploration of all things insect! Study the basics of their anatomy and physiology, collect all kinds of species and even have the opportunity to try one or two tasty bugs (if you'd like). By the end of the week you'll have a cool collection of insects to take home. CLASS FEE: \$125

153SCI740.001 (30703) 1:00pm- 4:00pm MTWThF WGL107 DuCharme
Meets between: July 6-July 10

Animal Explorers – Dogs and Cats (Ages 7-10)

Many of us have pets, but what do we really know about those cuddly creatures sharing our home? Explore the world of *Canis lupus familiaris* and *Felis catus* - the domestic dog and cat. Learn about their anatomy, the characteristics of different breeds and how both dogs and cats communicate with each other and their owners. Then, discover how best to keep your furry friends safe and healthy (hint: exercise, proper nutrition and training). Note: Guest dogs and/or cats may visit throughout the camp week. CLASS FEE: \$99

153SCI727.001 (30849) 9:00am- 12:00pm MTWThF WGL120 Staff
Meets between: July 27-July 31

Animal Explorers: Horses (Ages 8-12)

Majestic, beautiful and powerful; the horse (*Equus ferus caballus*) captures our imaginations and has played an important role in human history. In this perfect companion to the Horseback Riding Camp (153REC713.001 and 153REC713.002) you'll learn more about this amazing animal. Learn about anatomy and conformation, the nature of different breeds and how horses communicate. Then, discover how to properly feed, exercise and train our Equine friends. Note: Held at the Sugar Grove campus on Monday and Friday only. CLASS FEE: \$45

153SCI725.001 (30841) 1:00pm- 4:00pm MF WGL120 Staff
Meets on: June 15 and June 19

153SCI725.002 (30845) 1:00pm- 4:00pm MF WGL107 Staff
Meets on: July 27 and July 31

Horseback Riding (Ages 8-12)

Designed especially for those with little or no prior experience, learn how to ride as well as care for and groom a horse. Each day, you'll take turns riding, grooming and learning more about our equine friends including the parts of a horse. In-between, you'll even do themed crafts. Campers must wear Velcro® or tie shoes, socks, long pants, t-shirt (no spaghetti straps) and a riding or bicycle helmet. Safety restrictions dictate a maximum weight of 150 pounds.

Note: This camp runs for three days: Tuesday, Wednesday, and Thursday and meets at Huntoon Stables in North Aurora. For a complete Monday - Friday camp experience please also register for Animal Explorers – Horses (153SCI725.001 or 153SCI725.002). CLASS FEE: \$179

153REC713.001 (30831) 1:00pm- 4:00pm TWTh HUNT Staff
Meets between: June 16-June 18

153REC713.002 (30833) 1:00pm- 4:00pm TWTh HUNT Staff
Meets between: July 28-July 30



Camp Ukulele (Ages 7-10)

The Ukulele is hotter than ever! Learn to play this cool instrument in a unique camp taught by recording artist and educator Kevin Presbrey. Learn basic chords and melodies, finger picking techniques and how to tune your ukulele as you play simple songs. On the last day, you'll perform a song with your fellow campers (parents are welcome). Brand new Ukuleles are provided and will be yours to keep! Fee includes: Ukulele. Note: Important! Registration for this class closes on May 22 for placing ukulele orders. CLASS FEE: \$139

153MUS700.001 (30735) 1:00pm- 4:00pm MTWThF BDE105 Presbrey
Meets between: June 8-June 12

Camp Ukulele Continued (Ages 7-10)

NEW! Advance your mad Uke skills in this continuation of Camp Ukulele taught by recording artist and educator Kevin Presbrey. Expand your knowledge of chords and methods while you increase your song base. Note: this camp is intended for those who have completed Camp Ukulele or have previous experience. Note: Campers must bring their own Ukulele. Prereq: Camp Ukulele or equivalent ululele experience. CLASS FEE: \$109

153MUS702.001 (30736) 1:00pm- 4:00pm MTWThF BDE105 Presbrey
Meets between: June 15-June 19

Camp Steel Drums (Ages 11-14)

NEW! Bring the rhythm of island music home as you learn how to play the the Steel Drums. Led by professional musician, Scott McConnell, you'll discover a musical instrument unlike any other. Steel Drums are easy to learn, energetic and most of all - fun! This unique camp opens new musical horizons as you learn the functions of each drum and even play in a group ensemble. CLASS FEE: \$129

153MUS717.001 (30837) 9:00am- 12:00pm MTWThF VON137 McConnell
Meets between: July 6-July 10

Camp Steel Drums Continued (Ages 11-14)

NEW! Now that you've learned the basics, continue to perfect your skills in this continuation of Camp Steel Drums (153MUS 717.001). Professional steel drums musician, Scott McConnell, will help you to take your musical skills to the next level with additional lessons and practice. Enjoy the beautiful beats of the Caribbean! Prereq: Camp Steel Drums or equivalent steel drums experience required. CLASS FEE: \$129

153MUS718.001 (30840) 9:00am- 12:00pm MTWThF VON137 McConnell
Meets between: July 13-July 17

Jewelry Creations (Ages 7-10)

NEW! Set the trend this summer as you design your very own unique pieces of jewelry using various materials and techniques. Your creativity will be challenged as you learn to make necklaces and bracelets using beads, paper, rainbow looms, fabric, shrinky dink and more. You're sure to make a statement this summer when you take your creations home! CLASS FEE: \$99

153ART706.001 (30834) 1:00pm- 4:00pm MTWThF WGL120 Hunter
Meets between: July 13-July 17

Pop-Up Art (Ages 11-14)

NEW! Now for something completely different! Explore new ways to create and display temporary art in unusual places. Artist Rhiannon Hunter will teach you how to use the natural surroundings and recycled materials to make amazing pop-up art. See how creative you can be as you try out chalk stencils, yarn and fabric bombing, repetition sculptures and more. CLASS FEE: \$99

153ART763.001 (30717) 9:00am- 12:00pm MTWThF WGL120 Hunter
Meets between: June 15-June 19

153ART763.002 (30718) 1:00pm- 4:00pm MTWThF WGL120 Hunter
Meets between: July 27-July 31

Paint and Canvas (Ages 7-10)

NEW! Splash some color on your canvas this summer. With artist Rhiannon Hunter try your hand at watercolor and acrylic painting. Learn common watercolor techniques as well as the basic principles of acrylic painting while you complete a picture. Go ahead – make a mess! All levels are welcome. Please wear clothes that can get dirty. CLASS FEE: \$109

153ART717.001 (30719) 1:00pm- 4:00pm MTWThF WGL125 Hunter
Meets between: June 22-June 26

153ART717.002 (30720) 9:00am- 12:00pm MTWThF WGL125 Hunter
Meets between: July 20-July 24

All Tangled Up (Ages 11-14)

NEW! Try Zentangle© - the new art technique everyone's been talking about! By using easy-to-learn patterns and pen strokes, you'll create beautiful abstract pieces of art. Start with the traditional Zentangle© method of "black on white" and move into creating your own mandala (a circular geometric design). Then, discover techniques to adapt the patterns to work with 3D objects of different shapes and sizes, including fabric. Finish off the week with a show on Friday to display all the cool works of art! CLASS FEE: \$99

153ART770.001 (30733) 9:00am- 12:00pm MTWThF APC195 Snead
Meets between: June 8-June 12

153ART770.002 (30734) 1:00pm- 4:00pm MTWThF APC195 Snead
Meets between: June 15-June 19

Triple Threat Training (Musical Theatre)

(Ages 7-14)

NEW! This new, intensive, two-week camp offers a unique opportunity for young actors ages 7-14 to study the performance aspects of acting and musical theatre with industry professionals. Immerse yourself in Triple Threat Training with focus in musical theatre voice styles, acting techniques and improvisation, and dance. The camp culminates with a performance for friends and family in the Waubonsee Auditorium. Don't miss out on this amazing opportunity!

CLASS FEE: \$229

153THE706.001 (30826) 9:00am- 12:00pm MTWThF AUD200 Staff
Meets between: June 8-June 19

153THE706.002 (30827) 9:00am- 12:00pm MTWThF AUD200 Staff
Meets between: July 6-July 17

Promising Young Writers

Ready, set, write! With children's author Carmela Martino, read excerpts from great children's books, play word-related games, generate several variations of writing and share your works with each other. You'll receive advice for revising and polishing your texts, and find magazines and contests that seek submissions from students your age. Composition book and pencil are provided, so arrive ready to write! Fee includes: all materials. CLASS FEE: \$99

153WWS705.001 (30677) 9:00am- 12:00pm MTWThF APC195 Martino
Meets between: July 20-July 24

Ahoy, Matey!

(Ages 4-6)



Just for preschoolers

Welcome aboard matey! Sail the seven seas in search of adventure, experiment with materials that float, learn the art of knot tying, design your own spyglass, and learn to read a map to find hidden treasure. X marks the spot! Grab your eye patch and compass and become part of this crew! CLASS FEE: \$69

153PDY732.001 (30678) 9:15am- 11:45am MTWThF A Luna
Meets between: June 8-June 12

All Things Frozen

(Ages 4-6)

NEW! What better time than summer to explore all things frozen? Learn about the properties of ice and water and then help the Snow Princess build an ice castle. Make a frozen fractals collage. Experiment with and compare different types of crystals and create snowflakes and rock candy with everyday household items. Make a snowman's favorite treat – ice cream! And, of course, you'll finally discover what happens to snowmen in summer! CLASS FEE: \$69

153SCI730.001 (30727) 9:15am- 11:45am MTWThF A Luna
Meets between: June 15-June 19

Build It!**(Ages 4-6)**

Explore physics and challenge your engineering skills! Use LEGO® Duplo®, and other blocks and recyclable materials to create pulleys, levers, gears, wheels and axles while investigating the concepts of energy, buoyancy and balance. Learn about various tools and safety while constructing your very own toolbox - to keep!

CLASS FEE: \$69

153SCI703.001 (30728) 9:15am- 11:45am MTWThF A Luna
Meets between: June 22-June 26

Nature Quest**(Ages 4-6)**

Grab your hiking shoes for a journey of discovery on the Virgil L. Gilman Trail and the beautiful Waubonsee Campus. Determine what animals live nearby and how they survive by learning how to “read” the different tracks and signs they leave for us. Learn more about each animal and make a casting of an animal footprint. Explore colors and patterns found in nature. Experiment to learn how plants grow and adapt and even create your own stepping stone for the flower garden at home. CLASS FEE: \$69

153SCI735.001 (30730) 9:15am- 11:45am MTWThF A Folkerts
Meets between: July 6-July 10

3, 2, 1.....Blast Off!**(Ages 4-6)**

NEW! Discover what it takes to be an astronaut! Learn about rocket science, then design and build a puff rocket. Make and eat some rehydrated food, just like real astronauts. Find out where the sun goes at night and how the moon gets its light. Experiment to discover how the moon’s regolith and craters were formed. Take a closer look at the planets, stars and comets. Even try out some astronaut training exercises! CLASS FEE: \$69

153SCI705.001 (30731) 9:15am- 11:45am MTWThF A Folkerts
Meets between: July 13-July 17

Story Time S.T.E.M.**(Ages 4-6)**

NEW! Some of our favorite storybook characters need your help! You’ll use S.T.E.M. (Science, Technology, Engineering and Math) concepts to help them out of some sticky situations. Engineer a bridge for the Gingerbread Man to safely cross the river. Design a way for Humpty Dumpty to be protected from his great fall. Construct a sturdy house for the Three Little Pigs. You’ll even help Cinderella get ready for the ball! Are you up to the challenge of helping these characters and more? CLASS FEE: \$69

153SCI731.001 (30732) 9:15am- 11:45am MTWThF A Folkerts
Meets between: July 20-July 24

Digging for Dinosaurs**(Ages 4-6)**

Dig into the past and travel to a time when dinosaurs roamed the earth. What did dinosaurs look like? Sound like? Can you tell an herbivore from a carnivore? Are you bigger than a dinosaur? Explore the history of life on Earth with hands-on activities while hypothesizing and problem solving to discover the answers to these questions and more. Junior paleontologists will love excavating at our dig site while searching for a Tyrannosaurus Rex. Each participant will also find and remove the sediment from their own trilobite fossil to take home! CLASS FEE: \$69

153SCI701.001 (30729) 9:15am- 11:45am MTWThF A Folkerts
Meets between: July 27-July 31

**Relaxation Station****Relaxation Station****(Ages 7-14)**

If you have signed up for a morning and afternoon session, the relaxation station is a great place to be in between camps! Take a break, eat lunch, or just relax. The relaxation station is a supervised classroom space where kids can hang out in between camps. Note: Bring a sack lunch. Students enrolled will be escorted to and from their scheduled classes. CLASS FEE: \$9

153REC715.001 (30758) 12:00pm- 1:00pm MTWThF WGL125 Staff
Meets between: June 8-June 12

153REC715.002 (30760) 12:00pm- 1:00pm MTWThF WGL125 Staff
Meets between: June 15-June 19

153REC715.003 (30761) 12:00pm- 1:00pm MTWThF WGL120 Staff
Meets between: June 22-June 26

153REC715.004 (30762) 12:00pm- 1:00pm MTWThF WGL125 Staff
Meets between: July 6-July 10

153REC715.005 (30764) 12:00pm- 1:00pm MTWThF WGL125 Staff
Meets between: July 13-July 17

153REC715.006 (30765) 12:00pm- 1:00pm MTWThF WGL120 Staff
Meets between: July 20-July 24

153REC715.007 (30767) 12:00pm- 1:00pm MTWThF PC209 Staff
Meets between: July 20-July 24

153REC715.008 (30769) 12:00pm- 1:00pm MTWThF WGL125 Staff
Meets between: July 27-July 31

How to register for Xcelerate:

1. Review the detailed parent information at www.waubonsee.edu/Xcelerate
2. Print the registration form at www.waubonsee.edu/Xcelerate or use the form on page 19.
3. Mail or FAX the form to the location indicated on the form.

Questions? Call Community Education at (630) 466-2360. Camps fill early – don’t delay!

Trips & Tours Summer 2015

DISCOVER YOUR NEW FAVORITE PLACE

Local excursions, overnight trips and extended tours created and curated by Community Education at Waubonsee Community College.

When you travel with Community Education you're assured of:

- A selection of the best extended tours offered by our travel partners
- Every detail of your trip expertly planned by our travel specialist
- Unique destinations you won't find anywhere else
- Expert hosts to lead select extended tours

For registration information:

www.waubonsee.edu/trips
(630) 466-2360

LOCAL EXCURSIONS



A Touch of Glass

Take our first annual "White Bag Tour" and fill up with free goodies from each North Shore attraction! First stop - Patterson Glass in Mundelein for a studio and gallery tour. Then you're off to The Button Room in Gurnee, a unique museum featuring an amazing array of vintage and antique buttons. Enjoy lunch with a grand view at Illinois Beach State Park. End your day at one of the 'Seven Wonders of Illinois', the spectacular Baha'i Temple in Wilmette.

Wednesday, May 13, 2015

7:15 a.m. – 6:45 p.m.

\$99



Here Comes the Judge!

Tour behind-the-scenes and watch the noon news report live at the NBC studios in downtown Chicago. After a delightful lunch at Navy Pier return to the NBC Tower to attend a taping of the popular Judge Mathis show where you're a part of the audience! Sign up by May 14. No refunds after May 28. CLASS FEE: \$99

153TRP866.001 (30680) 9:30am- 8:00pm Th Staff
Meets on: June 11



Fireside – Guys on Ice

This wildly popular tale of the secret world of ice fishermen spans a day in the life of Marvin and Lloyd - fishing buddies and home grown philosophers. And now this Wisconsin favorite gets the full Fireside treatment that is guaranteed to thaw out your funny bone with songs like "The Wishing Hole," "Ode to the Snowmobile Suit," "Fish is a Miracle Food," and "The One That Got Away." Sign up by May 27. No refunds after June 10. CLASS FEE: \$99

153TRP869.001 (30681) 8:15am- 6:30pm W Staff
Meets on: June 24



Celebration Belle River Cruise – The Legends Review

Enjoy a rousing tribute to hits by the Beach Boys, the Oak Ridge Boys, the Rat Pack, the Four Seasons, Johnny Cash, the Carpenters, Patsy Cline and more as you cruise the Mississippi and dine on a scrumptious two-entrée lunch. No refunds after June 25. CLASS FEE: \$99

153TRP875.001 (30682) 8:15am- 5:30pm Th Staff
Meets on: July 9



Play Ball! A Day with Chicago Baseball

Don't miss the exciting opportunity to tour behind-the-scenes at the legendary home of the Chicago Cubs - Wrigley Field. This classic, must-see Chicago attraction is alive with over 100 years of baseball history. See the dug-outs, press box, clubhouses, the field and more. After lunch at Murphy's Bleachers (and a rooftop tour), venture to U.S. Cellular Field and watch the Cubs play the Sox. Bring home a win for your favorite Chicago team to top off this exciting day! Fee includes: Transportation, parking, tours, lunch and game.

Note: Trip departs at 8:30 a.m. from Erickson Hall on the Sugar Grove campus and 8:45 a.m. from the Aurora Walmart and returns to the Aurora Walmart at approximately 7:30 p.m. and Erickson Hall on the Sugar Grove campus at approximately 7:45 p.m. Sign up by June 26. No refunds after July 17. CLASS FEE: \$129

153TRP877.001 (30683) 8:30am- 7:45pm F Staff
Meets on: Aug. 14

OVERNIGHT TRIPS

Amish Acres – Plain & Simple

Immerse yourself in Amish culture on this delightful overnight trip to Amish Acres - a historic farm and resort in Nappanee, Indiana. Enjoy shopping, tours of the countryside and a family style feast of traditional Amish favorites. Live musical theatre in the Round Barn is always a treat. Lodging in one of the cozy country inns, breakfast and lunch is included. Sign up by May 1. No refunds after May 15. CLASS FEE: \$229 per person, double.

153TRP865.001 (30679) 10:30am- 5:00pm FSa Staff
Meets between: May 29-May 30

EXTENDED TOURS



Holland Tulip Festival

See Holland, Michigan ablaze with acres of tulips in brilliant color set among a panorama of windmills, drawbridges and canals. Stroll Windmill Island to see a 240-year-old working windmill, and a miniature Netherlands Village, a candle-making shop and an antique carousel with hand carved wooden horses and beautiful paintings. End your tour in grand style on Mackinac Island, where nothing intrudes on the serenity and natural beauty.

May 8 - 14, 2015
Mayflower Tours
From \$1,698 per person, double



Elbe River Cruise

Featuring Berlin, Potsdam and Prague

Old World culture and modern cities await you on this cruise that includes charming Czech towns, historic German villages and two European capitals -Berlin and Prague. Fairytale castles and church steeples are just some of the amazing sights you'll enjoy onboard the exclusively chartered river vessel *MS Swiss Ruby*.

May 12 – 23, 2015

Mayflower Tours

From \$5,349 per person, twin. Includes airfare from Chicago

Islands of New England

Featuring Martha's Vineyard and Nantucket

Spend a delightful summer vacation touring the beautiful islands of New England. Visit opulent gilded-age mansions, see historic sites and sample America's maritime culture and food.

June 27 – July 3, 2015

Mayflower Tours

From \$2,548 per person, double. Includes air from Chicago.



Calgary Stampede and the Rockies

Kick up your heels at "The Greatest Outdoor Show on Earth" featuring one of the world's largest rodeos, a parade, midway, stage shows, concerts, agricultural competitions and chuck wagon racing. You'll also enjoy visits to some of the most spectacular sights within the Canadian Rockies including Banff National Park, the Columbia icefields, and lovely Lake Louise.

July 5 – 13, 2015

Vacations by Rail

From \$2,595 per person, double



Best of London

Walk in the footsteps of Shakespeare, Churchill and the powerful kings and queens of yore in one of Europe's most ancient and dynamic cities. See the castles, palaces and famous places that make London so enchanting. Enjoy traditional pub grub and take an excursion to the charming English countryside.

August 15 – 21, 2015

Mayflower Tours

From \$3,259 per person, double. Includes air from Chicago.



Great Gatsby Party at the Historic Grand Hotel

Imagine yourself transported to 1922 when summer evenings were alive with dancing and merriment. There's no better setting than the Grand Hotel on Mackinac Island to experience the glamour and exuberance of the roaring 20s. Dance and costume competitions, cocktail parties and the music of the Grand Hotel Orchestra are just part of your magical journey through time.

September 12 – 16, 2015

Fancy-Free Holidays

From \$1,899 per person, double or twin

For registration information:

www.waubonsee.edu/trips

(630) 466-2360

COMMUNITY EDUCATION