

Continuing Education

at St. Louis Community College

Fall 2014

It's Good to Know!



Knowledge
Ahead

Mid-semester edition

Explore the road to Lifelong Learning



Registration is open NOW!

For more information about Continuing Education classes,
visit stlcc.edu/ce

Continuing Education Feature Five

Career *Essentials*, a series of workshops for those just entering the workforce as well as those who are taking a new career path!



Check out classes on page 6.



Check out a variety of workshops for those employed in the child care field or for those interested in learning more about working with children on page 8.

Check out the *Culinary Arts* classes and create some incredible edibles with STLCC.



Class listings begin on page 20.

Get creative with *Fine Arts classes*, and *Craft classes*.



Fine Arts class listings begin on page 21. Craft class listings begin on page 18.



Celebrate the Mind, Body and Spirit with our Health and Wellness courses. See listings beginning on page 29.



Registration begins August 4!

Questions?
Call 314-984-7777
www.stlcc.edu/ce

Seats are still available. Call 314-984-7777 to register!

HOW TO READ COURSE LISTINGS

The listing details found below a course title and description provide this information:



St. Louis Community College expands minds and changes lives every day. We create accessible, dynamic learning environments focused on the needs of our diverse communities.

BOARD OF TRUSTEES

Libby Fitzgerald
Doris Graham
Theodis Brown, Sr.
Hattie R. Jackson
Craig H. Larson
Joan McGivney

Great care has been taken to provide accurate information about the courses in this schedule. Occasionally, an error may occur. Information is subject to change and/or correction. For more information on Continuing Education programs at St. Louis Community College, visit www.stlcc.edu and click on the Continuing Education tab. More details and up-to-date information, including senior fees, can be found online.

Fall 2014

STLCC Continuing Education

Explore the road to Lifelong Learning with Continuing Education

More than ever, life presents daily challenges to learn more,
do more and be more.

Our programs provide workforce training to meet your profes-
sional needs as well as educational opportunities for the explo-
ration and pursuit of your personal interests. Classes are offered
on our campuses and locations throughout St. Louis,
as well as online.

Explore, Create and Learn this fall with Continuing
Education!

www.stlcc.edu/ce 314-984-7777

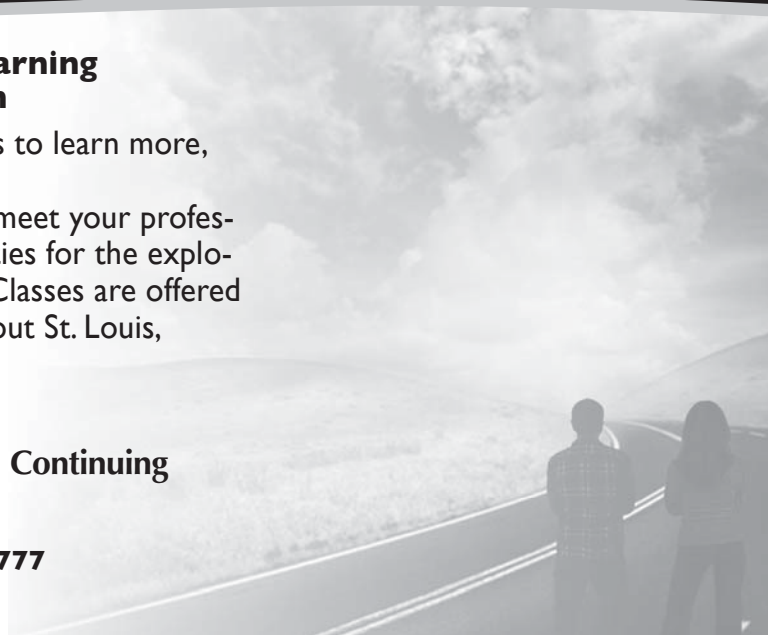


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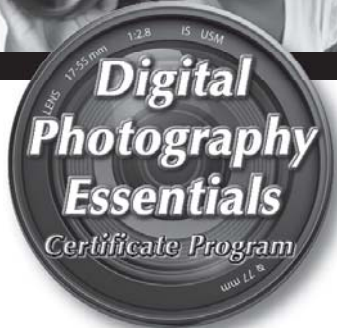
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Take your passion for photography to the next level.

See page 22 for more details.

Our Seats Fill Fast!

Registration begins August 4.



Do you enjoy creating beautiful food? Develop your talent and pave the way to extra income.



See page 20 for more details.

It All Starts Here.



Adult Career Exploration Sessions

Oct. 14 – Meramec – 6-7:30pm, BA 105

Nov. 5 – Wildwood – 6-7:30pm, Room 223

Dec. 4 – Meramec – 6-7:30pm, BA 105



Whether you're just starting out, looking to re-enter the workforce or wanting to switch careers—but you're not sure about an area of study—St. Louis Community College's **Adult Career Exploration Session** will help you identify your interests, discover your passion, and point you toward the career that's right for you!

- Receive a FREE interest inventory to identify your primary interest areas.
- Discover how your interests can lead to good career decisions.
- Learn how your interests relate to career programs at STLCC.
- Hear about resources to pay for school.
- Find out how to get started at STLCC!



For more information call 314-539-5002 or email AskUs@stlcc.edu

Register TODAY at stlcc.edu/Visit and get started on the New You!

PROFESSIONAL DEVELOPMENT



Take charge of your professional development this Fall!

Continuing Education has the courses you need to **gain knowledge, sharpen your skills and advance your career.**

Business Start-Up

S.C.O.R.E. Seminar

You will enjoy this special short course to acquaint the small business owner or operator with current management principles as they relate specifically to small business operations. It is designed to be particularly helpful if you are planning to start your own business. Topics include business terms, forms and risks of ownership, marketing, record keeping, legal aspects and insurance needs. Finding capital, financial planning, tax considerations and other business functions will also be discussed. All students must register with the SCORE Office online at www.stlscore.org. Lunch not provided. Fee for class materials payable to SCORE at registration; \$50 early registration; \$55 after the 1st of the month prior to seminar date; \$60 at the door.

BUSS:701

- | | | |
|-----|--------------------------|--------------|
| 682 | Sa 8:15am-3pm
Oct. 11 | MC - SO, 109 |
| 683 | Sa 8:15am-3pm
Nov. 8 | MC - SO, 109 |
| 684 | Sa 8:15am-3pm
Dec. 6 | MC - SO, 109 |

Finance

Keeping Records for a Small Business

As a small business owner, it is important for you to have good record keeping procedures and accurately follow tax guidelines. Taught by small business tax professional, T. Spector, CPA, class topics include internal and external financial records, different forms of business ownership (and their specific record keeping requirements), setting up your own books, management reporting, travel and entertainment expenses, home office expenses, methods for tracking and deducting vehicle expenses. The instructor welcomes a two way discussion and questions about your specific situation.

BUSS:705 | \$69

- | | | |
|-----|------------------------------------|----------------------------|
| 650 | Th 6pm-9:30pm
Oct. 16 - Oct. 23 | T. Spector
MC - BA, 124 |
|-----|------------------------------------|----------------------------|

Small Business Tax Seminar

If you are thinking of starting a small business or have already done so, this program is designed for you. Join small business tax professional, T. Spector, CPA, and learn the essentials of starting a business; business use of the home, recordkeeping, independent contractor versus employee, hobby versus business, federal income tax and employment tax requirements. This program is designed for sole proprietors, but much of the information relates to all forms of business ownership. The instructor welcomes a two way discussion and questions about your specific situation.

BUSS:706 | \$39

- | | | |
|-----|---------------------------|----------------------------|
| 680 | Sa 9am-12:30pm
Oct. 11 | T. Spector
MC - BA, 124 |
|-----|---------------------------|----------------------------|

Promotion

Creating a Breakthrough Marketing Program for Your Small Business

Get a hands-on approach to understanding the foundational pieces of a marketing program and how to create a marketing plan that can help your small business move beyond the basics of marketing. Learn to develop objectives and strategies to assist you in meeting your goals. Program is offered in collaboration with the Small Business and Technology Development Center.

BUSS:710 | \$35

- | | | |
|-----|------------------------|--------------------------------|
| 680 | Sa 9am-12pm
Oct. 25 | Lynette Watson
MC - BA, 220 |
|-----|------------------------|--------------------------------|

Gain the competitive edge to succeed in your business with the Small Business *Essentials* Certificate Program

The Small Business *Essentials* Certificate is designed to provide a pathway for new and current entrepreneurs interested in exploring the components of small business startup, operations, and to learn business management skills essential for the success of their endeavor.

- Two classes from each of the three core areas of startup (BUSS), finance (BUSS), management (BUSN)
- Three marketing classes (BUSS)
- Two classes from designated technology options (COMP)

Classes must be taken via CE including up to three from AMA® or Ed2Go™ online programs. Courses may be taken individually or towards completion of a certificate.



Call 314-984-7777 to request a brochure.
stlcc.edu/ce

Career *Essentials*

Using LinkedIn for Your Job Search

This introductory session will allow you to start using this powerful tool that should be a part of your professional networking. LinkedIn operates the world's largest professional network on the Internet with more than 150 million members in over 200 countries and territories. Learn the basics of using LinkedIn, how to build your network, make connections (past and present colleagues and classmates), join and get involved in groups, perform job searches, and find answers from industry experts.

CPDV:705 | \$29

- | | | |
|-----|-----------------------------|--------------------------------------|
| 450 | Th 6:30pm-9:30pm
Oct. 9 | Laurie Lombardo
FP - G Tower, 115 |
| 653 | Th 6:30pm-9:30pm
Oct. 23 | Laurie Lombardo
MC - SO, 205 |

How to Craft Your Elevator Speech: Floor-by-Floor

Competition for jobs and business opportunities is strong and you need to stand out. Whether you are at a networking event, meeting or called upon to speak at a seminar, you have only a limited amount of time to capture the attention of the listeners, introduce yourself and get noticed. In this class, you'll use a template to develop and refine your "elevator speech," wow your audience and open up a whole new set of opportunities.

CPDV:765 | \$25

- | | | |
|-----|-----------------------|-----------------------------|
| 650 | Tu 6pm-9pm
Oct. 14 | Fred Miller
MC - SO, 107 |
|-----|-----------------------|-----------------------------|

***New* Strategies for Success: Mastering the Behavioral Based Interview**

Behavioral-based interviewing is fast becoming the preferred method of recruiters to screen and select top notch candidates. From the initial screening process to building rapport with interviewers, this class will help you gain insight into providing interest, showcasing your accomplishments, highlighting your skill sets and preparing exceptional responses to questions for prospective positions. Through familiarity and preparation of behavioral based interview questioning, you'll develop the best opportunity for success in securing a job.

CPDV:703 | \$19

- | | | |
|-----|----------------------|-----------------------------------|
| 651 | Th 6pm-8pm
Oct. 9 | Sherita Reinhardt
MC - BA, 114 |
|-----|----------------------|-----------------------------------|



+50 Employment: Purpose, Process and the Payoff

Is retirement not your immediate plan? Whether by design or a result of the economy, you want to find employment where you can earn a living and perhaps make a difference. Re-inspired? A career counselor will work with you to determine your values and goals. Re-hired? We will explore resumes and interview strategies. Re-wired? By networking, using LinkedIn, Craigslist, submitting online applications and cover letters, you will use new skills to land the next opportunity.

CPDV:730 | \$55

- | | | |
|-----|---------------------------------------|-------------------------------------|
| 550 | Th 6:30pm-8:30pm
Oct. 30 - Nov. 20 | Edwin Penfold
Corp. College, 206 |
|-----|---------------------------------------|-------------------------------------|

+50: Reimagining Your Life Now

Are you a Baby Boomer nearing retirement? Do you need a new direction? Determine what may replace the traditional retirement path in your life through a powerful interactive learning experience. Clarify your intentions, set your goals and take action all while supporting other group members who share similar objectives.

CPDV:730 | \$59

- | | | |
|-----|------------------------------------|-------------------------------|
| 680 | Sa 9am-12:30pm
Oct. 25 - Nov. 8 | Carol Watkins
MC - CN, 126 |
|-----|------------------------------------|-------------------------------|

**Call 314-984-7777
to register today!**



Nonprofit *Essentials*

Basic Grant Writing for Nonprofit Organizations

This course provides an overall review of the grant writing process offering practical guidelines for identifying and pursuing potential foundation and corporate funders. Students will learn methods to start a grantmaker relationship, Key elements of proposals and tips for developing a successful grant. Lunch on your own. Bring a 1", three ring binder to class.

NPAD:701 | \$59

- | | | |
|-----|-----------------------|-------------------------------|
| 680 | Sa 9am-4pm
Oct. 18 | Jennifer Bush
MC - BA, 118 |
|-----|-----------------------|-------------------------------|

Career Studies

Nursing and Allied Health

GENERAL INFORMATION for Nursing and Allied Health Programs



Allied Health Continuing Education of St. Louis Community College offers a wide selection of courses and workshops. Please take a few moments to read the course descriptions. There are new offerings that have been developed in response to requests.

Courses are approved or pending approval for continuing education credit as noted. Approval by another accrediting entity or for professional licensure is the sole responsibility of the participant.

Contact hours will be awarded to participants who attend the entire educational activity if it is a single session; or 80 percent of an activity that meets multiple sessions and completes the education activity evaluation.

St. Louis Community College is an approved provider

of continuing nursing education by the Missouri Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

St. Louis Community College believes that all planners, presenters and content experts taking part in continuing nursing education learning activities must adhere to a fair, unbiased and evidence-based approach in presenting content and declare any relationships with commercial organizations. Any real or apparent conflict of interest will be disclosed to participants.

When commercial support is received for a continuing nursing education activity, the planning committee will maintain complete control of speaker selection and content.

St. Louis Community College, the Missouri Nurses Association and the American Nurses Credentialing Center's Commission of Accreditation do not endorse any commercial product which may be on display at an educational activity or may be mentioned during a presentation. Participants will be notified during the educational activity of any product use for a purpose other than that for which it was approved by the Food and Drug Administration.

Allied Health Continuing Education of St. Louis Community College serves as a Community Training Center for the American Heart Association whose mission is to reduce disability and death from cardiovascular disease and stroke and set guidelines for emergency cardiovascular care and training. The American Heart Association strongly promotes knowledge and proficiency in BLS, ACLS and PALS and has developed instructional materials for this purpose.

Use of these materials in an educational course does not represent course sponsorship by the American Heart Association. Any fee charged for a course, except for a portion of the fee needed for American Heart Association course material, does not represent income to the Association.

Clinical and Field Work

Some degree and certificate programs offered by the college require students to obtain clinical or other field experience as part of their course work. Students with criminal convictions or drug use may have difficulty progressing in these programs. **Hospitals and facilities may mandate that a criminal background check and/or drug screening check (at the student's expense) may be conducted prior to placement in a clinical or field setting. Students not passing these checks may be prohibited from participating in the clinical or field experience, thus rendering the student ineligible to satisfactorily meet the course/program requirements.** Students should contact an academic advisor or the program coordinator for further details.



American Heart Association®

AUTHORIZED TRAINING CENTER

Advanced Cardiovascular Life Support

Class will be held on 11/22 and 11/23. This American Heart Association course is designed to review, organize and prioritize the skills and didactic information needed to handle a cardiac arrest, events leading to a cardiac arrest and events that follow a cardiac arrest. Please note that written and practical skills (hands-on manikin simulation) evaluation and testing are required for course completion. Upon successful completion each participant will receive an ACLS course completion card in approximately two weeks. Intended audience: Personnel staffing emergency, intensive care or critical care departments, emergency medical providers such as physicians, nurses, emergency medical technicians, paramedics, respiratory therapists, and other professionals who may have a need to respond to a cardiovascular emergency. Materials will be mailed prior to the program for extensive self-paced pre-course preparation. Access to a computer will be necessary for pre-course work. Registration three weeks prior to course start date is required to ensure arrival of precourse material. Due to the nature of the program, you must arrive on time. No admittance after stated start time.

ACLS:701 | \$270

480 SaSu 8am-5pm
Nov. 22 – Nov. 23

FP - G Tower, 117

Practical Applications of Evidence Based Nursing

Patients expect that the care they receive will be based on the most-up-to-date scientific findings. Evidence Based Practice (EBP) is recognized as the gold standard framework for implementing clinical decision making and delivering high quality patient care. The purpose of this class will be to examine ways EBP is infused into clinical experience.

NSNG:716 | \$49

450 W 6pm-8:15pm
Oct. 15

Georgia Urban
FP - G Tower, 117

Pharmacy Technician Information Session

This **free** session is designed to provide information to individuals interested in the Pharmacy Technician Training. The presentation will include an explanation of the pre-requisites, an overview of the training and requirements needed for certification. The orientation is free but registration is required.

AHCE:786

CO1 W 6pm-7pm
Oct. 29

Corp. College, 209

Central Sterile Processing Technician Information Session

This free session is designed to provide information to individuals interested in the Central Sterile Processing Technician Training. The presentation will include an explanation of the pre-requisites, an overview of the training and requirements needed for certification. The session is free but registration is required.

AHCE 788 | No Fee

450 Th 6-7pm
Nov. 6

FP - G Tower 119

Like us on Facebook



St. Louis Community College Continuing Education

Classes are starting soon!

Child Care Training

CHILD CARE CLOCK HOUR TRAINING

Clock Hour Certificates are granted for all CCPR Workshops and Seminars. If you have questions or need more information about the CCPR workshops and seminars for Care Providers, call the Caring for Kids Program at 314-513-4391.

Discipline for School-Agers

Learning to manage groups of school-agers (ages 5-10) is always a challenge. We will look at ways to enrich the environment and increase developmentally appropriate choices for school-agers to reduce discipline challenges. You will gain positive techniques and tips to manage group activities and your day will go smoother.

CCPR:702 | \$15

- | | | |
|-----|-----------------------|---|
| 450 | Tu 7pm-9pm
Oct. 14 | Geraldine Jasper
FP - G Tower, 119 |
| 770 | W 7pm-9pm
Oct. 15 | Geraldine Jasper
Hixson Mid. School, 117 |
| 552 | Th 7pm-9pm
Dec. 4 | Geraldine Jasper
SCEUC, 100 |

Discipline for Toddlers and Twos

Do you think of "Terrible Toddlers and Twos" or "Terrific Toddlers and Twos?" Knowing how to manage this age group and understanding their development will get you thinking "Terrific Toddlers and Twos!" You will explore many positive ways to work with this age group.

CCPR:702 | \$15

- | | | |
|-----|-----------------------|-----------------------------------|
| 550 | W 7pm-9pm
Nov. 12 | Geraldine Jasper
FV - CDC, 112 |
| 551 | Th 7pm-9pm
Nov. 13 | Geraldine Jasper
SCEUC, 100 |

Supervision & Safety in an Early Childhood Facility

A review of techniques to make supervision and safety a high priority in every childcare facility.

CCPR:702 | \$31

- | | | |
|-----|-----------------------|---------------------------------------|
| 480 | Sa 9am-1pm
Oct. 18 | Geraldine Jasper
FP - G Tower, 119 |
| 581 | Sa 9am-1pm
Dec. 6 | Geraldine Jasper
FV - CDC, 110 |

Discipline and Guidance of Young Children

How do you redirect children's behavior? How do you promote positive peer interactions? How do you communicate with young children and build their self-esteem? Learn new things to do and say in guiding young children.

CCPR:702 | \$31

- | | | |
|-----|-----------------------|----------------------------------|
| 680 | Sa 9am-1pm
Nov. 15 | Geraldine Jasper
MC - L, CNFL |
|-----|-----------------------|----------------------------------|

How to Use Music and Movement Outside of Group Time: You Can Make a Song Out of Anything!

Songs and movement make transitions fun and help children tune in when they appear to be tuned out. Even if you can't sing, you can make a song out of anything.

CCPR:708 | \$15

- | | | |
|-----|----------------------|---|
| 550 | W 7pm-9pm
Dec. 17 | Rose Anderson-Rice
FV - CDC, 112 |
| 770 | M 7pm-9pm
Nov. 10 | Rose Anderson-Rice
Hixson Mid. School, 117 |

Child Care Providers Saturday Seminars

6 clock hours for each program

Quality Infant/Toddler Seminar

Morning Session-Social Emotional Development for Terrific One and Two Year Olds: Learn how to support one and two year old children's social and emotional growth and development by helping them to regulate themselves. The nurturing child care provider is attuned to each child. In this interactive workshop you will gain strategies to build relationships, promote self-esteem and better understand and help the children deal with the challenging behaviors of a toddler's stage of development. Afternoon Session-Feeding the Picky Infant and Toddler: You will engage in activities and discussion to expand your knowledge of feeding infants and toddlers. This session will focus on parent/caregiver collaboration, establishing effective mealtime routines, and identifying approaches for interacting with families of picky eaters and children who have challenges with eating. You will gain an understanding of causes for children's feeding challenges and basic intervention strategies.

CCPR:707 | \$43

- | | | |
|-----------------------------|---------------|---|
| 580 | Sa 9am-3:30pm | Leslie Hernandez
Catherine Hoyt Drazen |
| Nov. 22 FV - SC, MULTI-PURP | | |
| 480 | Sa 9am-3:30pm | Leslie Hernandez
Catherine Hoyt Drazen |
| Dec. 6 FP - SC, Cafe East | | |
| 680 | Sa 9am-3:30pm | Leslie Hernandez
Catherine Hoyt Drazen |
| Nov. 1 MC - SC, 200 | | |

Nature and Young Children

Morning Session - No Child Left Inside: Outdoor play to explore nature and science! Explore the natural world outside through new fun science activities you can integrate into your daily schedule. Help children wonder, explore, and discover with hands-on activities planned for the outdoors. Afternoon Session - Connecting with Nature: Gardening and cooking with children! Encourage healthy eating as you help children learn about fruits and vegetables and take produce from the garden to the table. Hands-on, simple recipes, cooking activities and gardening tips will be shared. Our goal is to encourage children to learn to taste, eat and enjoy more fruits and vegetables. You will see new teaching materials, "Early Sprouts Cookbook" and "Lana's Favorite Recipes."

CCPR:710 | \$43

- | | | |
|----------------------|---------------|------------------|
| 580 | Sa 9am-3:30pm | Geraldine Jasper |
| Oct. 4 FV - CDC, 110 | | |

**Sack lunch is provided.
For complete schedule and
registration brochure, call
314-513-4391.**

Registration begins August 4

Call 314-984-7777 to register

Heartsaver Pediatric First Aid CPR AED for Child Care Providers

The Heartsaver Pediatric First Aid CPR AED course is designed to meet the regulatory requirements for child care workers in all fifty United States. It teaches child care providers and others to respond to and manage illnesses and injuries in a child or infant in the first few minutes until professional help arrives. It covers the four steps of first aid and first aid skills such as finding the problem, stopping bleeding, bandaging and using an Epinephrine pen, as well as child CPR AED, infant CPR and optional modules in adult CPR AED, child mask, infant mask and Asthma Care Training for Child Care Providers. Registration one week prior to course start date is required. Due to the nature of the course you must arrive on time. No admittance after stated start time.

CCPR:711 | \$97

- | | | |
|-----|--------------------------|-------------------|
| 580 | Sa 8:30am-4pm
Oct. 18 | FV - CDC, 110 |
| 450 | Sa 8:30am-4pm
Nov. 15 | FP - G Tower, 121 |
| 581 | Sa 8:30am-4pm
Dec. 20 | FV - CDC, 110 |

New Quality School-Age Programming

What does a good SAC program look like? What is my role with children/youth development? How can I maintain relationships with families? These and other questions will be explored at this interactive workshop.

CCPR:713 | \$15

- | | | |
|-----|-----------------------|---|
| 450 | Th 7pm-9pm
Dec. 18 | Gloria Hampton
FP - G Tower, 119 |
| 550 | W 7pm-9pm
Nov. 19 | Gloria Hampton
FV - CDC, 112 |
| 770 | M 7pm-9pm
Dec. 1 | Gloria Hampton
Hixson Mid. School, 117 |

PROFESSIONAL DEVELOPMENT

Emergent Literacy: Helping Children Want to Become Readers and Writers

What is literacy, emergent literacy, intentional teaching or Missouri Standards? Come explore new ways to think about literacy and language. You will gain creative ideas for helping young children want to become readers and writers. With hands-on activities in the book/library center, art/writing center and through-out the classroom; children will become engaged in emergent literacy.

CCPR:718 | \$15

450	W 7pm-9pm Nov. 19	Gina Dattilo FP - G Tower, 117
770	W 7pm-9pm Dec. 17	Gina Dattilo Hixson Mid. School, 117

New Encouraging the Love of Books for Preschoolers

Learn how to grow readers by engaging your preschoolers with stories, books, nursery rhymes and other activities that help promote the reading readiness skills. Participants in the workshop will explore high quality children's books, discover new ways to make books and stories come alive, and learn how to make connections between books and the child's world. Participants will take home a wealth of ideas and a variety of books to use with preschoolers. Presented by Annette Harrison, dynamic educator and storyteller. This class is designed for preschool teachers and caregivers. Co-sponsored by the Missouri Humanities Council.

CCPR:718 | \$25

480	Sa 12pm-3pm Dec. 13	Annette Harrison FP - SC, Cafe East
580	Sa 12pm-3pm Nov. 8	Annette Harrison FV - CDC, DINING RM

New Encouraging the Love of Books for Infants and Toddlers

Learn how to start growing readers by introducing babies and toddlers to stories, books, nursery rhymes, and activities that promote language development. In this highly interactive workshop you will learn how to connect very young children's real life experiences to rhymes and finger plays and to books and stories. Participants will take home lots of ideas and even books to use with babies and toddlers. Presented by Annette Harrison, dynamic educator and storyteller. This class is designed for infant/toddler teachers and caregivers. Co-sponsored by the Missouri Humanities Council.

CCPR:718 | \$25

581	Sa 12pm-3pm Oct. 25	Annette Harrison FV - CDC, DINING RM
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Language Development: Phonological Awareness and Alphabetic Knowledge

Discussion of language development in the pre-school years. Provides specific tools to encourage phonological awareness and alphabetical knowledge. Co-sponsored by St. Louis Disabilities Association, Inc.

CCPR:718 | \$15

782	M 7pm-9pm Nov. 3	CE Org Staff Lindbergh H.S., 46
770	M 7pm-9pm Nov. 17	CE Org Staff Hixson Mid. School, 117

New Fun with Books: Making a Story Time Bag

Reading to children of all ages forms the basis of early literacy. You will create and take home a story-time bag. All ideas shared use easy-to-find and inexpensive supplies that can be used for a variety of activities to expand your story time.

CCPR:718 | \$15

551	W 7pm-9pm Nov. 5	Sally Brooks FV - CDC, 112
780	M 7pm-9pm Dec. 8	Sally Brooks Lindbergh H.S., 46

Asking Questions... Encouraging Children's Thinking

Learn many techniques for asking questions in your everyday activities with children throughout all the learning areas: blocks, dramatic play, books, science and others. Encourage critical thinking, creativity and problem-solving by asking questions.

CCPR:721 | \$15

550	W 7pm-9pm Oct. 29	Geraldine Jasper FV - CDC, 112
550	Th 7pm-9pm Oct. 30	Geraldine Jasper SCEUC, 100
780	W 7pm-9pm Dec. 3	Geraldine Jasper Lindbergh H.S., 46

Understanding Autism

Characteristics of autism spectrum disorder and how symptoms can affect each child in a unique way will be discussed. You will learn of methods for working with these children and available community resources. Co-sponsored by St. Louis Learning Disabilities Association, Inc.

CCPR:723 | \$15

450	Tu 7pm-9pm Nov. 11	CE Org Staff FP - G Tower, 119
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Understanding ADHD: Attention Deficit Hyperactivity Disorder

Characteristics of ADHD and how symptoms can affect each child in unique ways will be discussed. You will learn techniques for coping with behavior and receive resources for additional help. Co-sponsored by St. Louis Learning Disabilities Association, Inc.

CCPR:723 | \$15

781	M 7pm-9pm Oct. 20	CE Org Staff Lindbergh H.S., 46
451	Tu 7pm-9pm Dec. 2	CE Org Staff FP - G Tower, 119

Early Warning Signs of Learning Disabilities (Children Birth to Age 5)

Discussions of observable characteristics and behaviors that may suggest disabilities, delays, or potential learning problems, and the need for further assessment/evaluation. The focus is on birth to age five. Co-sponsored by St. Louis Learning Disabilities Association, Inc.

CCPR:723 | \$15

552	W 7pm-9pm Dec. 10	CE Org Staff FV - CDC, 112
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Child Care Settings-Keep Kids Safe in Today's World! (Intruder Safety)

Lockdown, intruder guidelines, social media issues, identity security, all are factors to plan for in the 21st century. We will discuss many security factors that can affect children's safety in your center or home child care

CCPR:765 | \$15

550	W 7pm-9pm Dec. 3	Sally Brooks FV - CDC, 112
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Like us on Facebook



St. Louis
Community
College
Continuing
Education

Communications

No Sweat Public Speaking

Speaking opportunities are business, career, and leadership opportunities! Are you taking and making the most of those speaking opportunities? Learn how to develop, practice and deliver Knock Your Socks Off presentations with - NO SWEAT! In class, the instructor will present:

- The components
- Parts and elements of a presentation
- Tips for taking a presentation from blah to ah
- The fear of public speaking (Why we have it and nuggets to lessen it).

Class is taught by a local speaker, coach, and author.

COMM:715 | \$39

650	Tu 6:30pm-8:30pm Nov. 11 - Dec. 2	Fred Miller MC - CN, 202
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No class 11/18

Get Paid to Talk: Breaking Into the Voiceover Industry

Have you been told that you have a great voice? Have you always wanted the independence to work from home doing something you love? Learn how to get started in the voiceover industry! This introductory course will include a real-world overview of the industry, including the good, the bad and the ugly parts, from a St. Louis voice artist that has been in the industry for almost 30 years.

PERD:765 | \$39

651	W 6pm-9pm Oct. 15	Troy Duran MC - SW, 207
480	Sa 9am-12pm Oct. 25	Troy Duran FP - G Tower, 115
680	Sa 9am-12pm Nov. 8	Troy Duran MC - SW, 210

Voiceovers: Making Money with Your Voice

If you enjoyed our introductory course, Get Paid To Talk - Breaking Into the Voiceover Industry, this is your next step! Voiceover professional Troy Duran will guide you through real-life voice training exercises and techniques to help you become a performing professional. You should arrive with a basic understanding of the voiceover business, because this course dives right into the mechanics of reading copy. At the end of the class, you'll also have a basic grasp of capturing your performance using recording software, and be able to take home a copy of your personal session's voiceover! Pre-requisite: Get Paid to Talk - Breaking Into the Voiceover Industry. Bring 1Gb flashdrive.

PERD:765 | \$39

481	Sa 12:30pm-3:30pm Oct. 25	Troy Duran FP - G Tower, 115
652	W 6pm-9pm Nov. 12	Troy Duran MC - SW, 207
681	Sa 12:30pm-3:30pm Nov. 8	Troy Duran MC - SW, 210

Exclamation Point!

"Excellent presentation! Very knowledgeable! Troy Duran is personable, encouraging with a very interesting topic."

- Jim R., student

CPR and First Aid

Heartsaver CPR AED: Adult

The Heartsaver CPR AED Course teaches lay rescuers when to dial 911, how to give CPR, how to use an AED and how to provide relief of choking. The course targets individuals who are expected to respond to cardiovascular emergencies in the workplace and may be used to teach CPR to lay rescuers who are required to obtain a course completion card documenting completion of a CPR course that includes use of an AED for job, regulatory or other requirements. Course is for the learner with limited or no medical training. Registration one week prior to course start date is recommended. Due to the nature of the course you must arrive on time.

CPRR:701 | \$45

650 M 6:30pm-8:30pm **Gail Back**
Nov. 10 *MC-CE, Classroom*

Heartsaver CPR AED: Adult and Pediatric

The Heartsaver CPR AED Course teaches lay rescuers when to dial 911, how to give CPR, how to use an AED and how to provide relief of choking. The course targets individuals who are expected to respond to cardiovascular emergencies in the workplace. The course may be used to teach CPR to lay rescuers who are required to obtain a course completion card documenting completion of a CPR course that includes use of an AED for job, regulatory or other requirements. Course is for the learner with limited or no medical training. Registration one week prior to course start date is recommended. Due to the nature of the course you must arrive on time.

CPRR:701 | \$59

350 Th 6pm-9:30pm **Carol Pikey**
Oct. 23 *WW, 204*

Heartsaver First Aid CPR AED

Heartsaver First Aid CPR/AED is a classroom, video-based, instructor-led course that teaches students critical skills needed to respond to and manage a first aid, choking or sudden cardiac arrest emergency in the first few minutes until emergency medical service (EMS) arrives. It is designed to meet OSHA requirements. Students learn skills such as how to treat bleeding, sprains, broken bones, shock and other first aid emergencies. This course also teaches adult CPR and AED use. Written and practical skills (hands-on-manikin simulation) evaluation and testing are required for course completion. Upon successful completion each participant will receive a course completion card. Registration one week prior to course start date is recommended. Due to the nature of the course you must arrive on time.

CPRR:706 | \$99

500 W 8:30am-4:30pm **Gordon Back**
Nov. 5 *FV - CWI, 136*



Healthcare Provider CPR

This American Heart Association course is designed for the healthcare provider. Each participant must obtain an 84 percent or higher on the written evaluation and demonstrate proficiency in all CPR skills. Skills include adult, child and infant CPR, FBAO management of the conscious victim, adult/infant/child two rescuer CPR, mouth-to-mask ventilation and automatic external defibrillation (AED). Written and practical skills (hands-on manikin simulation) evaluation and testing are required for course completion. Students who enroll at least one week in advance and successfully complete the course will receive BLS completion card at the end of the class. No transfers between sessions or refunds given within five business days of class date. Due to the nature of the course, you must arrive on time. No admittance after stated start time. This course meets the STLCC nursing department admission requirements.

CPRR:707 | \$69

- 401 F 9am-3:30pm **Carol Pikey**
Dec. 5 *FP - G Tower, 121*
- 452 Th 5pm-10pm **Carol Pikey**
Nov. 6 *FP - G Tower, 121*
- 453 Tu 5pm-10pm **Gordon Back**
Dec. 2 *FP - G Tower, 121*
- 454 Th 5pm-10pm **Gordon Back**
Dec. 18 *FP - G Tower, 121*
- 500 Tu 9am-3:30pm **Gordon Back**
Nov. 11 *FV - CWI, 136*
- 550 W 5pm-10pm **Gordon Back**
Oct. 22 *FV - TC, 105*
- 601 M 9am-3:30pm **Gail Back**
Oct. 13 *MC-CE, Classroom*
- 602 M 5pm-10pm **Gail Back**
Dec. 15 *MC-CE, Classroom*
- 650 M 5pm-10pm **Gail Back**
Nov. 17 *MC-CE, Classroom*
- 680 Sa 9am-3:30pm **Gail Back**
Nov. 22 *MC-CE, Classroom*
- H80 Sa 9am-3:30pm **Gordon Back**
Oct. 25 *Harrison Ed Ctr, 100*
- 502 W 9am-3:30pm **Carol Pikey**
Dec. 10 *SCEUC, 212*

CPR Instructor Course

The Instructor Course is designed to prepare American Heart Association (AHA) instructors to disseminate the science, skills and philosophy of resuscitation programs to participants enrolled in AHA courses. The purpose of the AHA BLS/CPR Instructor Course is to provide instructor candidates with the knowledge and skills necessary to reach and teach potential BLS providers. The AHA BLS/CPR Instructor course provides a structured initiation for the instructor candidates and serves as the foundation for their development. It provides instructor candidates the opportunity to develop and refine their presentation skills. Please note there is extensive self-paced course work. Access to a computer will be necessary for this course work. Prerequisite: Current AHA Healthcare Provider CPR status.

CPRR:708 | \$250

400 M 8am-5pm **Gail Back**
Oct. 27 *FP - G Tower, 121*

CPR Instructor Renewal

To successfully complete the American Heart Association CPR Instructor Renewal course, the instructor will demonstrate acceptable provider skills and successful completion of the provider written examination. The renewal course may include an update addressing new course content or methodology and review TC, regional and national ECC information. Prerequisite: The instructor must have taught at least four CPR courses and attended updates as required within the previous two years. The instructor must be monitored while teaching before instructor status expiration.

CPRR:709 | \$65

400 M 1pm-5pm **Gail Back**
Dec. 22 *FP - G Tower, 121*

Heartsaver Pediatric First Aid CPR AED

The Heartsaver Pediatric First Aid CPR AED course is designed to meet the regulatory requirements for child care workers in all fifty United States. It teaches child care providers and others to respond to and manage illnesses and injuries in a child or infant in the first few minutes until professional help arrives. It covers the four steps of first aid and first aid skills such as finding the problem, stopping bleeding, bandaging and using an Epinephrine pen, as well as child CPR AED, infant CPR and optional modules in adult CPR AED, child mask, infant mask and Asthma Care Training for Child Care Providers. Registration one week prior to course start date is required. Due to the nature of the course you must arrive on time. No admittance after stated start time.

CPRR:711 | \$97

- 580 Sa 8:30am-4pm **Carol Pikey**
Oct. 18 *FV - CDC, 110*
- 480 Sa 8:30am-4pm **Carol Pikey**
Nov. 15 *FP - G Tower, 121*
- 581 Sa 8:30am-4pm **Carol Pikey**
Dec. 20 *FV - CDC, 110*

Restaurant Management



ServSafe Food Safety Certification

St. Louis City and St. Louis County Health Departments require that at least one person within each food service facility be certified in food safety. This nationally recognized class offers this training to individuals who are employed by, manage, or own food service operations in the hospitality industry. The second class concludes with the exam. Fee includes textbook, answer sheet, and proctored exam. Those achieving a grade of 75% or higher on the exam will be awarded a ServSafe certificate. Bring a sack lunch to class.

RMGT:700 | \$169

- 680 Sa 8am-3pm **Almut Stephan Marino**
Oct. 25 - Nov. 8 *MC - SO, 108*
No class 11/1
- 480 Sa 8am-3pm **Shirley Rauh**
Nov. 22 - Dec. 6 *FP - HSP, 221*
No class 11/29

ServSafe Food Safety Certification Review & Retest

This class is only for those who were not successful on a recent exam. It is recommended that you study the text before coming to class. An opportunity to ask review questions will be provided before re-attempting the exam. Fee includes answer sheet and proctored exam. Those achieving a grade of 75% or higher on the exam will be awarded the nationally-recognized ServSafe certificate. Bring a sack lunch to class.

RMGT:700 | \$79

- 681 Sa 8am-3pm **Almut Stephan Marino**
Nov. 8 *MC - SO, 108*
- 481 Sa 8am-3pm **Shirley Rauh**
Dec. 6 *FP - HSP, 221*

Computers and Technology

Applications and Systems

Exclamation Point!

"Cris Heffernan is great! I learned things in the Microsoft Word 2010: Business Basics class that I didn't know and needed to know. The class was interesting, fun and totally helpful!"

-Marjorie R., student

New Transitioning to Windows 8

Where did everything go? Are you missing your Accessories, Desktop and how about the Start button? Come find out where Microsoft moved all your familiar icons. This two hour session we will break it all down for you. This class will be using Windows 8.1 with a mouse. Prerequisite: Personal Computers Introduction class or equivalent experience and experience with Windows Vista or Windows 7.

COMP:705 | \$39

C01 W 9am-12pm
Nov. 5

Patti Bossi
Corp. College, 206

Microsoft Word 2013: In a Day

Learn the basics of MS Word in one day! You'll create and save documents; enter and edit text; learn to indent, set tabs, and enhance documents; make block moves, deletes, and copies; use spell checker; find and replace text; use shortcut keys; and print. Prerequisite: Windows Introduction class or equivalent experience.

COMP:715 | \$99

680 Sa 9am-4pm
Oct. 11

Amanda Yancey
MC - BA, 203

C02 Sa 9am-4pm
Nov. 15

Cris Heffernan
Corp. College, 208

Microsoft Excel 2013: In a Day

Learn the basics of MS Excel in one day! In this introductory course you'll learn how to create spreadsheets for all kinds of applications including accounting, expense analysis, budgeting, etc. Topics include setting up worksheets, labeling, entering values, editing cells, copying, saving, and other commands. Prerequisite: Windows Introduction class or equivalent experience.

COMP:720 | \$99

C02 Sa 9am-4pm
Nov. 22

Tracy McMurtry
Corp. College, 208

680 Sa 9am-4pm
Dec. 13

Roy Lenox
MC - BA, 203

Microsoft Excel 2013: Intermediate

This course is a continuation of our Introduction to Excel class. Further your spreadsheet skills by managing multiple sheet workbooks, creating more complex formulas and functions, enhancing the appearance of your document, and by creating custom reports with pivot tables and pivot charts. Prerequisite: Microsoft Excel Introduction class or equivalent experience.

COMP:721 | \$149

750 W 6:30pm-9:40pm
Oct. 15 - Nov. 12

Roy Lenox
Kirkwood St. H.S., W 205

Exploring Topics in Excel: Advanced Functions, Lookup Tables, Macros, and More

Continue to expand your Excel expertise as you work with lookup tables, create macros and explore many more of Excel's advanced features. Prerequisite: Windows Introduction class or equivalent experience and Introduction to Excel or equivalent experience.

COMP:722 | \$129

C01 F 9am-4pm
Oct. 10

Cris Heffernan
Corp. College, 208

Microsoft Access 2013: In a Day

Learn the basics of Access in one day! In this class you'll learn how to plan and design a database system, add, change, and delete information as well as how to create simple reports and how to query the database to find display data. Prerequisite: Windows Introduction class or equivalent experience.

COMP:725 | \$99

600 F 9am-4pm
Dec. 12

Cris Heffernan
MC - BA, 202

Introduction to Microsoft Access 2013 for Business

Learn the foundations to plan and design a database system. Learn to create and work with tables, forms, and reports; use queries; and create and maintain a database. Prerequisite: Windows Introduction class or equivalent experience.

COMP:725 | \$129

C01 F 9am-4pm
Oct. 24

Cris Heffernan
Corp. College, 208

Intermediate Access 2013 for Business

Get the skill you need to enhance your database designs. Learn to query multiple tables for customized forms and reports, create more complex queries, and customize forms. Prerequisite: Windows Introduction class or equivalent experience and Introduction to Access or equivalent experience.

COMP:726 | \$129

C01 F 9am-4pm
Nov. 7

Cris Heffernan
Corp. College, 208

Microsoft PowerPoint 2013: In a Day

Learn the basics of MS PowerPoint in one day! This is an introductory course in using PowerPoint to create effective graphic presentations. Learn to use word processing and drawing tools to create and edit text, logos, and artwork. Additional topics include importing clip art, using templates, and rearranging your presentation. Prerequisite: Windows Introduction class or equivalent experience.

COMP:730 | \$99

C80 Sa 9am-4pm
Nov. 8

Kevin Ward
Corp. College, 206

QuickBooks Pro 2014

This class introduces students to QuickBooks, an easy to use, complete accounting system for small businesses. Students will create a company and use QuickBooks to maintain financial records. Topics to be covered include: setting up customer and vendor lists, entering sales and invoices, receiving payments, making deposits, handling expenses and bills, working with bank accounts, analyzing financial data, handling sales tax, and managing inventory. Prerequisite: Windows Introduction class or equivalent experience. This course does not cover the QuickBooks online version.

COMP:734 | \$149

C01 Th 9am-12pm
Nov. 6 - Dec. 11

Amanda Yancey
Corp. College, 208

Exclamation Point!

I learned a lot more about my computer than I expected, even though I've worked on a computer for years. Great information! Great class! Everyone working on computers should take "How to Tune Up a PC".

- Rylan K., student

Computer Maintenance and Security

How to Tune Up a PC

Does your computer need a performance boost? You know you should keep your car in tip-top running shape, so why not do the same for your computer? In this hands-on course, you'll spend one evening learning a variety of tips and techniques to speed up Windows performance. Our user-friendly computer instructor will teach you how! Just a few examples: add more RAM, optimize your hard drive's performance with defrag and scandisk, convert to a permanent swap file, reduce the number of fonts in use, convert to FAT32, and many many more. Prerequisite: Windows Introduction class or equivalent experience.

COMP:793 | \$25

680 Sa 9am-12pm
Nov. 1

Patrick Karl
MC - BA, 208

Desktop Publishing

Microsoft Publisher 2013: In a Day

Learn the basics of MS Publisher in one day! You will learn to design publications which are ready for printing. Topics include: importing and formatting text, inserting clip art, creating multi-column pages, using page wizard and design galley, and adding type effects. Prerequisite: Windows Introduction class or equivalent experience.

COMP:731 | \$99

680 Sa 9am-4pm
Oct. 25

MC - BA, 203

Adobe InDesign Creative Cloud (CC): In a Day

Learn the basics of InDesign in one day! In this course you will gain an understanding of the tools, menus and palettes required to produce digital page layout, including placement of text and pictures and typographic design control. Prerequisite: Windows Introduction class or equivalent experience.

COMP:731 | \$99

C80 Sa 9am-4pm
Dec. 6

Corp. College, 206

Adobe Illustrator Creative Cloud (CC): In a Day

Learn the basics of Illustrator in one day! In this course you will gain an understanding of creating vector art objects or typographic designs for print, as well as the tools, menus and palettes required to create and edit vector art object and typographic designs using color on layers. Prerequisite: Windows Introduction class or equivalent experience.

COMP:752 | \$99

C80 Sa 9am-4pm
Nov. 22

Corp. College, 206

No More Film!

Go Digital.

ed2go courses will guide you through the world of **Digital Photography!**

- Discover the possibilities
- Learn to use photograph enhancement tools
- Explore new tricks and strategies
- Receive expert advice on taking better photographs

www.ed2go.com/stlcc

Adobe Photoshop Creative Cloud (CC): Advanced

Adobe Photoshop Creative Cloud advanced builds on the skills learned in the beginning and intermediate classes covering subjects including the Brush Engine, Displacement Maps, Channels, Sharpening, Actions and Shadow and Highlight adjustments. Students will work hands-on with a wide variety of images. Prerequisite: Adobe Photoshop Intermediate class. This course meets the curriculum requirements of the Digital Photography Certificate.

COMP:755 | \$135

C52 W 6pm-9pm Nov. 5 - Dec. 3 **Zak Zych** Corp. College, 206

Adobe Photoshop Creative Cloud (CC) Intermediate: In a Day

Get more advanced Photoshop skills in one day! Adobe Photoshop CC Intermediate picks up right where the introductory workshop left off. Topics may include (but are not limited to) Auto Adjustments, Adjustment Layers, using the histogram to improve image contrast, the Spot Healing Brush Tool, the Crop Tool, the Red Eye Tool, Blending Modes, aligning and distributing layers, and understanding the difference between Image Size and Canvas Size. Students will work hands-on with a wide variety of images. Prerequisite: Adobe Photoshop Introduction or In a Day.

COMP:755 | \$99

681 Sa 9am-4pm Oct. 11 **Zak Zych** MC - BA, 212

Mobile Basics

Android Smart Phone Basics

Did you finally break down and purchase an Android smart phone only to discover that you can barely use it? Come to this class to learn the basics and functionality of an Android smart phone. Please note universal functions of the Android Operating system will be taught and that specific "apps" may vary from phone to phone. Students must bring their own Android phone to the class. This class will only discuss Android phones. Other smart phone devices will not be covered.

COMP:765 | \$25

C80 Sa 9am-12pm Dec. 6 **Patrick Karl** Corp. College, 208

Learn the Basics of an iPad

Did you finally break down and purchase an iPad only to discover that you can barely use it? Come to this class to learn the basics and functionality of an iPad. Please note universal functions of the iPad platform will be taught and that specific "apps" may vary from iPad to iPad. Students must bring their own iPad to the class. This class will only discuss the Apple iPad. Other tablet devices will not be covered.

COMP:765 | \$25

C81 Sa 9am-12pm Nov. 15 **Patrick Karl** Corp. College, 207

Learn the Basics of an iPhone

Did you finally break down and purchase an iPhone only to discover that you can barely use it? Come to this class to learn the basics and functionality of an iPhone. Please note universal functions of the iPhone platform will be taught and that specific "apps" may vary from phone to phone. Students must bring their own iPhone to the class. This class will only discuss the Apple iPhone. Other smart phone devices will not be covered.

COMP:765 | \$25

C82 Sa 9am-12pm Oct. 25 **James Prater** Corp. College, 208

Personal Computing

Introduction to eBay: Buying and Selling

Come join the millions buying and selling on eBay. This hands-on course will teach you: to choose a UserID, to search for items, to bid, win auctions, to sell items-including fees, to add a picture, to complete a sale, ship and what to do if an item doesn't sell. Look at other eBay issues: safety measures, feedback, what to do if you receive "spam" from eBay use and keeping updated on changes. Prerequisite: Windows Introduction class or equivalent experience.

COMP:742 | \$49

C80 Sa 9am-3pm Nov. 15 **William Bearden** Corp. College, 206

Photoshop Elements 12: Basic Overview

This entry level course will introduce you to the basics of this incredible program. First we will learn the terminology of the program. Then we will touch on the "organizer" feature of Elements and learn what it does and what it can do for you. Next you will launch into the "editor" section including the tool bar and palette and edit a photo with basic techniques. Finally, we will embark on the "create" section and catch a glimpse of its amazing creativity. This course is designed to prepare you for the specialty classes of Adobe Elements. Prerequisite: Windows Introduction class and Digital Pictures Introduction class or equivalent experience.

COMP:755 | \$59

S50 Tu 6pm-9pm Nov. 4 - Nov. 18 **Rachel Bufalo** SCEUC, 206

Photoshop Elements 12: Special Techniques and Retouching Faces

Bye-bye crow's feet! Want whiter teeth? No problem! Look fantastic in every picture from now on. In this course you'll learn the basics such as removing red-eye and blemishes to more advanced techniques such as making the subject thinner with a smaller nose! Learn to remove unwanted objects, make a photo black and white or sepia & put someone's head on a different body and more! This course will use the "editor" portion of Elements 12. Prerequisite: Adobe Elements: Basic Overview class or equivalent experience.

COMP:755 | \$49

S51 Tu 6pm-9pm Nov. 25 - Dec. 2 **Rachel Bufalo** SCEUC, 206

Productivity

Internet Research and Investigations: Public Records

Explore a wide range of public records on the internet. We'll look at real estate records, criminal records, court judgements, marriages, births, deaths, etc. Prerequisite: Windows Introduction class or equivalent experience. Some internet experience helpful.

COMP:742 | \$29

681 Su 12:30pm-3:30pm Nov. 16 **Jean Bradley** MC - BA, 208

Social Media

New Twitter

Hashtag? What in the world is a hashtag? If you've ever asked this question, then this class is for you! Twitter is all the rage for Gen Y, celebrities and an increasingly important source of information. Come to this class to find out more about one of the most popular social media sites. Prerequisite: Windows Introduction class or equivalent experience.

COMP:742 | \$25

650 Th 6pm-9pm Nov. 13 **Rich Vagen** SCEUC, 207

Tech Savvy Fridays

Tech Savvy Fridays: Helpful Apps for your iPad

Did you finally purchase an iPad and now you're wondering what's so great about having a tablet? The magic is in the apps! Come to this class to hear about tons of fantastic tools right at your fingertips. This class is not hands-on and is only about iPads, not other types of tablets. Prerequisite: Windows Introduction class or equivalent experience.

COMP:765 | \$19

C03 F 9am-11am Nov. 14 **Patti Bossi** Corp. College, 206

New Tech Savvy Fridays: Creating Folders and File Management with Windows 8

One of the trickiest concepts for new computer users to master is folders. Come to this work-shop and learn how to create them, how to use them, but best of all, where to find them! This two hour class will help you de-clutter your files and folders. Prerequisite: Windows Introduction class or equivalent experience. Class will be using Windows 8.

COMP:765 | \$19

C02 F 9am-11am Oct. 24 **Patti Bossi** Corp. College, 206

Tech Savvy Fridays: Pinterest Basics

Pinterest is the latest must-see website and it is so very cool! Come to this class and find out what it's all about. This class is an overview of Pinterest and is not hands-on. Prerequisite: Windows Introduction class or equivalent experience.

COMP:765 | \$19

S04 F 9am-11am Nov. 21 **Patti Bossi** SCEUC, 206

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St. Louis Community College Continuing Education

Web Development

Dreamweaver Creative Cloud (CC): In a Day

Learn the basics of Dreamweaver in one day! You will learn the basics in the Dreamweaver environment; how to create and enhance documents; basic formatting skills; how to create and manage a new site with site maps and templates; how to link pages using anchors; work with images, tables and frames; and how to publish your web site. Prerequisite: Windows Introduction class or equivalent experience. HTML experience recommended. Bring a thumb/flash drive.

COMP:745 | \$99

C80 Sa 9am-4pm

Oct. 18

Corp. College, 206

Create Your Own Website with WordPress

Anyone can learn how to create their own website in just a few hours using WordPress, the most popular website creator tool on the Internet. WordPress is used by almost 15% of the top 1 million websites and, as of August 2011, powers 22% of all new websites. Whether you are just a beginner using graphically based templates or want to get down into the nitty-gritty code, WordPress is your answer and it's FREE and you don't have to be a techie! DIY with your creativity and WordPress. Walk away from this class with a basic website and the skills to go as far as you want. The sky's the limit! Prerequisite: Windows Introduction class or equivalent experience and Basic Introduction to WordPress or equivalent experience. This class will move at a fast pace. Students must already have a generic email account through gmail, yahoo or hotmail and know this email address and password when coming to class.

COMP:745 | \$99

S51 Th 6pm-9pm
Oct. 9 - Oct. 16

Jerry Bearden
SCEUC, 207

600 F 9am-4pm
Nov. 7

Jerry Bearden
MC - BA, 202

New Internet Marketing with WordPress

Internet marketing is a different concept than traditional marketing and employs different techniques. Learn about resources available to you, strategies to get noticed, and ways to measure how your methods are working for you. The class will be focused on WordPress websites, but the techniques learned are equally applicable to any website. Prerequisite: Create Your Own Website with WordPress or equivalent experience.

COMP:745 | \$49

S52 Th 6pm-9pm
Nov. 13

Jerry Bearden
SCEUC, 207

Exclamation Point!

"The training I obtained with STLCC Continuing Education has really paid off. Your staff, instructors, and facilities were very nice and everyone I worked with was very accommodating. If I have the chance to take more classes, I most certainly will pursue it."

Rena S. – student



Digital
Arts and
Technology
Alliance

Digital Media

Professional Workshops

Call 314-984-7019 with questions.

Introduction to Adobe Photoshop Lightroom 5

This workshop introduces the basics of Lightroom 5. A powerful and comprehensive set of digital photography tools that enable you to organize and bring out the best in your images, achieving amazing image quality. Lightroom 5 is designed as an end-to-end photographic workflow process for both amateur and professional photographers.

CVTW:701 | \$139

602 F 8:30am-4:30pm
Nov. 7

Charles LaGarce
MC - HE, 233

Adobe InDesign CS6 for Professionals-the Next Step

Don't know the best way to set up your brochure or multi-page document? Learn how to optimize your page set up for better productivity. Modern typesetting techniques, including examples from the top magazines, show you how to make your document look great. Introduction to style sheets allows you to keep your work looking consistent and professional.

CVTW:702 | \$139

681 Sa 8:30am-4:30pm
Dec. 13

MC - HE, 233

Digital Painting and Drawing for the Professional- the Next Step

Take the next step beyond the basics of Corel Painter. Learn to create breathtaking works of art using enhanced brush control palettes, frames-per-second control, and customizable shortcut keys. Professional users can extend their creative possibilities with enhancements that include Artists' Oils Painting System and Snap-to-Path Painting.

CVTW:703 | \$139

680 Sa 8:30am-4:30pm
Nov. 22

James Leick
MC - HE, 233

AfterEffects for Professionals - the Next Step

Now that you know the basics of adding assets and key framing motion in AfterEffects, investigate more advanced techniques. Get a deeper understanding of options in the effects panel and other topics including background keying, motion tracking and the 3D workspace. Be prepared for an intensive, hands-on learning experience.

CVTW:704 | \$139

601 F 8:30am-4:30pm
Oct. 17

Timothy Linder
MC - HE, 233

GoPro HD Hero Camera for Professionals and Adventurers

Professional photographers and videographers will learn how to use the full range of features offered on the GoPro HD Hero Camera. Focus will be given on learning how to use it as a still camera, a timelapse camera, and as an HD video camera capable of filming in difficult conditions. Students will also learn how to edit photos and videos using GoPro's software. Action photographers will learn how to attach the GoPro camera to helmets, bikes, surfboards, ski binding and cars. Be prepared for an intense learning experience.

CVTW:710 | \$139

600 F 8:30am-4:30pm
Oct. 31

Anthony Carosella
MC - HE, 233

Digital Architectural Photography for Professionals

Acclaimed photographer Richard Sprengeler will lead a day-long workshop in creating successful photographs of architecture. Methods for approaching composition, exposing for varied lighting conditions and raw image processing will be explored. Some experience with Adobe Photoshop and Lightroom is preferred. A tripod and DSLR are recommended, but not required.

CVTW:710 | \$139

681 Sa 8:30am-4:30pm
Oct. 18

Richard Sprengeler
MC - HE, 233

Graphic Design for Digital Photography

Tired of hiring a graphic designer to do your design work? Wish you could use Photoshop and do the design work on your next project? You can! You will learn four secrets to great graphic design that will ensure your promotional materials will always look their best. You will put these design elements into practice on several projects including a business card, an ad, and an event flyer. Bring your own digital files to use or we can provide some.

CVTW:710 | \$139

682 Sa 8:30am-4:30pm
Dec. 6

Darlene McGee
MC - HE, 136

3D Printing Workshop for Beginners

Have you ever wished that you had the power to design anything your heart desired and have it magically created out of thin air? Now you can. Learn how to design and print objects using software such as Adobe Illustrator, Google Sketch Up or Blender. Explore how digital design can reveal new ideas and provide fresh inspiration for your future projects. The workshop consists of two parts, an introduction to 3D design and a demonstration of a MakerBot Replicator 2 printer. Class is suitable for beginners. No code writing or 3D printing experience required. Knowledge of any other 3D printing software is helpful, but not required.

CVTW:713 | \$139

680 Sa 8:30am-4:30pm
Oct. 11

John Schmitt
MC - HE, 136

Social Media Marketing for Professionals

This social media workshop will cover the concepts and application of social media marketing and will equip you with skills needed to plan and implement a successful social media marketing strategy. Topics will include the use of email marketing, using social media tools such as Twitter, and blogging, and how to use Facebook to create a fan page and increase traffic to your business page.

CVTW:713 | \$139

600 F 8:30am-4:30pm
Nov. 21

Anthony Carosella
MC - HE, 233

Web Analytics for Professionals

In this workshop you will learn about website analytics, work basic assumptions, assumed interest, what does a "hit" really mean, measuring accuracy and how to apply this information to improved sales and profits.

CVTW:750 | \$139

680 Sa 8:30am-4:30pm
Nov. 22

Kevin Ward
MC - HE, 136

Dreamweaver: Quick Start for Professionals

In this workshop students will learn how to setup and use the Dreamweaver site manager. We will use the automated templates to create cascading style sheet (CSS) based layouts and then use those layouts to build a basic web template including copy, image links, and basic design for all of the other pages of your website. This course also covers basic design principles for the creation of a professionally engaging website.

CVTW:750 | \$139

683 Sa 8:30am-4:30pm **Kevin Ward**
Oct. 25 *MC - HE, 233*

Dreamweaver for Professionals - Advanced Techniques

Picking up from where Quick Start ends, this workshop takes you through some of the advanced tools available in Dreamweaver CC. You will also be learning some advanced image and design techniques, enabling you to significantly improve the capabilities of your website.

CVTW:750 | \$139

600 F 8am-4:30pm **Kevin Ward**
Dec. 12 *MC - HE, 233*

Avid Media Composer 7 Video Editing

This workshop will cover the basics of Avid Media Composer. Avid is a powerful SD and HD professional video editor for Mac or Windows. Media Composer is Avid's top video editing program, and it offers integrated DVD authoring, surround sound audio processing, and thousands of powerful, real-time effects. Media Composer's integrated toolset provides all of the components needed to create the highest quality productions and finish to tape, DVD or web streams.

CVTW:706 | \$139

683 Sa 8am-4:30pm **Anthony Carosella**
Nov. 8 *MC - HE, 233*

Create, Publish, and Distribute eBook's with Smashwords

In this workshop, students will learn step-by-step instructions that make it easy for anyone to create, publish, and distribute an eBook. Authors will learn how to format their manuscripts so that the completed Microsoft Word files can be uploaded to Smashwords, a self-serve publishing web service. Smashwords will deliver the files into multiple eBook formats for reading on various eBook reading devices. Once published and approved by Smashwords, the books will be available for sale online at a price set by you the author. Cost for adults 60 and over \$69.50.

CVTW:712 | \$139

600 F 8am-4:30pm **Jenny Ruth Gibbons**
Oct. 10 *MC - HE, 233*

iBooks Author & iPhoto – iBooks is Idea Ready with Graphics and Words, and Easily Create Professional Photo Books using iPhoto

With your book idea ready to go (graphics & story), you can take iBooks Author (an amazing new app) and create beautiful Multi-Touch textbooks and just about any other kind of book for iPad. With galleries, video, interactive diagrams, 3D objects, and more, these books bring content to life in ways the printed page never could. Students will learn how to create exciting photobooks using iPhoto.

CVTW:712 | \$139

601 F 8am-4:30pm **Anthony Carosella**
Dec. 5 *MC - HE, 233*

The "Cloud" and What you Need to Know for Professionals

This course goes through the various aspects of using cloud storage to organize and store your digital assets. Learn about Cloud Storage services such as Google Drive and how to use apps and plugins to create, store and manage all of your digital information. Learn about security best practices to ensure you keep your information safe and secure. Other Cloud Services covered are Drop-Box and Wiggio.

CVTW:713 | \$139

681 Sa 8am-4:30pm **Kevin Ward**
Nov. 15 *MC - HE, 233*

Maya for Professionals-The First Step

Learn the concepts and basic tools for creating imagery in 3D using Autodesk's Maya. Starting with a road-map to the main interface, students will learn how to construct shapes and geometry using polygons. Once built, they will learn how to "texture" these polygons so that they appear to have surface detail, how to use the lighting tools to illuminate the objects they've created. We will discuss the basics of animation, making our objects and camera move through time. Finally, we will learn "rendering", or the final output of our work to a finished, playable animation file which each student will have created.

CVTW:704 | \$139

680 Sa 8am-4:30pm **Anthony Carosella**
Nov. 1 *MC - HE, 233*

SOLAR

Solar Courses= NABCEP Certified Courses

STLCC is now offering North American Board of Certified Energy Practitioners (NABCEP) approved solar training courses, from beginner to advanced levels. Simply curious to know more about solar energy? Register for Solar Basics. Perhaps you require more in-depth knowledge to begin or advance your career in solar. Need training for your current employees, or are looking to expand your business into solar? If this sounds like you, register for the series of solar courses listed here and be eligible to take the NABCEP Photovoltaic Entry Level Exam. If you complete these courses, you will also receive 34 advanced CEUs. Don't let this moment pass you by. Now is the time to start making a change in the world and yourself.



Advanced PV Sizing Electrical Design

In this course students will learn how to equate temperature differences using temp coefficients for string sizing, as required by the National Electric Code. There will be exercises in proper wire sizing, overcurrent protection sizing and system sizing for stand-alone and grid-tied systems. This course will also include basic troubleshooting techniques. This and the previous classes are required to sit for the NABCEP entry level exam.

CONS:721 | \$189

5C4 TuTh 5pm-8pm **Jeffrey Foster** Oct. 14 – Oct. 28 *FV - CWI, 120*

Advanced NEC for Photovoltaics and NABCEP Installer Exam Preparation

In this course students will learn the 2011/2014 requirements for photovoltaic systems. This is an advanced class and an electrical background is needed. This is a continuation education class that is worth 24 advanced hours and is meant to prepare students for the NABCEP installers test. Text Included. No class 11/27.

CONS:721 | \$259

5C5 TuTh 5pm-8pm **Jeffrey Foster** Nov. 4 – Dec. 2 *FV - CWI, 120*

OSHA Training at STLCC

St. Louis Community College Continuing Education offers courses to deliver occupational safety and health training to public and private sector workers, supervisors and employees.

Call 314-984-7777 to register today!

10 Hour OSHA General Industry Safety and Health Training Certification

This 10 hour OSHA course is ideal for supervisors with safety and health responsibilities, and for employee safety and health awareness. Students will be introduced to OSHA policies, procedures and standards as well as general industry safety and health principles covered in OSHA Act Part 1910. Special emphasis will be placed on areas most hazardous using OSHA standards as a guide. Students will receive an OSHA card after completion of the course.

CONS:736 | \$119

CE2 MW 4:30-9:45pm Patricia Dalton Oct. 27-29 Corp. College, 205

30 Hour OSHA General Industry Certification Completion

This is a 20 hour completion course for those who have completed OSHA 10 Hour General Industry Safety Certification within the past six months and wish to pursue the OSHA 30 Hour Certification.

CONS:736 | \$239

C06	Th 5pm-9pm Nov. 13-20 Sa 8am-3:30pm Nov. 15-22	Patricia Dalton Corp. College, 209 Corp. College, 209
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10 Hour OSHA Construction Safety and Health Training Certification

This course meets the required laws for working on public job sites. Led by an OSHA certified trainer the course covers the mandated OSHA topics including OSHA regulations, general health and safety, basic electrical safety, fall protection, ladder and scaffold safety, hand and power tools, material handling, etc. Upon successful completion students will receive the 10 hour OSHA course completion card.

CONS:736 | \$119

C02	Th 5-9pm Oct. 16 Sa 8am-3:30pm Oct. 18	Patricia Dalton Corp. College, 209 Corp. College, 209
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30 Hour OSHA Construction Safety and Health Certification Completion

This is a 20 hour completion course for those who have completed OSHA 10 Hour Construction Health and Safety Certification within the past six months and wish to pursue the OSHA 30 Hour Certification.

CONS:736 | \$239

C05	Th 5-9pm Oct. 23-30 Sa 8am-3:30pm Oct. 25-Nov. 1	Patricia Dalton Corp. College, 209 Corp. College, 209
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Education and Test Prep

Adult Basic Education and English as a Second Language

St. Louis Community College at Meramec offers programs in the following school districts: Affton, Bayless, Kirkwood, Lindbergh, Mehlville, Valley Park and Webster Groves. Call 314-984-7777 for more information.

Please note: Graduates of the STLCC-Meramec AEL program who are also Mehlville School District residents are eligible to receive an honorary degree from Mehlville and participate in their commencement ceremonies at the end of the school year.

For more information, contact John DeWalle at dewallej@mehlvilleschooldistrict.net or call 314-467-5267.

City of St. Louis Public Schools 314-367-5000

Serving the school districts of St. Louis city, Ferguson-Florissant, Hancock Place, Jennings, Normandy, Riverview Gardens and Wellston

Parkway Schools - 314-415-4940

Serving the school districts of Brentwood, Clayton, Hazelwood, Pattonville, Ladue, Maplewood, Richmond Heights and Parkway

Rockwood Schools - 636-733-2161

Serving the school district of Rockwood

Ritenour Schools - 314-426-7900

Serving the school district of Ritenour

University City Schools - 314-290-4052

Serving the school district of University City. Visit www.ucityaelprogram.org.

ACT Test Preparation Workshop

All subjects of the ACT exam are covered. This is a complete review for the ACT exam using materials developed by Cambridge Education services. Text included - bring a calculator to class. There will be a test simulation at the beginning of the course and computer diagnostic assessment to identify areas for improvement.

EDUC:712 | \$169

4W1 Sa 9am-12pm
Oct. 18 - Dec. 6

Toshi Floyd
FP - G Tower, 113



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Ageless Learning

AGELESS LEARNING SEMINARS

ALS: What is the Cloud?

The "cloud" is the latest technological mystery term. Come to this class to find out what the Cloud is and what it can do for you.

SENR:702

603 Tu 10am-12pm
Oct. 21

Rachel Bufalo
MC - L, CNFL

503 Th 1pm-3pm
Nov. 6

Rachel Bufalo
FV - CWI, 136

ALS: Election Day - the Making of a Candidate

If we take the opportunity to vote on Election Day, most of us are "political consumers," using our vote to buy the packaged candidates and political platform of one party or the other. But, we have no say in what goes into the package. Presented by a former member of the Missouri General Assembly, we will discuss how the package is created, how the "right" candidate is selected and learn how each of us can become involved in grassroots politics. The history and function of political parties will be examined, the qualities required of an individual to make him or her the "right" candidate will be analyzed, the role expected of volunteers will be discussed, and voter expectation of a "winnable" candidate will be evaluated.

SENR:702

302 Th 1pm-3pm
Oct. 9

WW, 102A

ALS: Living the Artist's Life

Enjoy this glimpse into Michelle "Mike" Ochonicky's journey as a professional artist. She is the owner of Stone Hollow Studio and specializes in scrimshaw work. Two of her pieces are owned by the Dedalo Museum of Contemporary Art in Abruzzo, Italy, and are on permanent exhibition. She also has nine works owned by the Missouri Governor's Mansion. She will share her latest adventure, creating the state of Missouri's Christmas Tree Ornament for the White House for the second year in a row! Must register to attend class.

SENR:702

303 Th 1pm-3pm
Oct. 30

Michelle Ochonicky
WW, 102A

Through **Plus 50**, St. Louis Community College provides a gateway to make it **easier than ever** for adult learners to earn credit toward a degree or certificate.

We offer support and flexibility to help you **reach your goals**, from choosing a course of study and scheduling classes to applying for financial aid.

Email us at us at **Plus50@stlcc.edu** to get started today!



www.stlcc.edu/plus50completion

ALS: Tulip Time in Holland

Travel to Bruges, Belgium with Bob and Betty Cook. A beautiful quaint city known for its canals, its chocolate, lace, fries and beer. Visit the Atlantic Wall on the coast created by the Germans during World War for defense from an expected Allied Invasion. Embark on a riverboat in Antwerp, Belgium for a ten night cruise, including stops at Ghent, Veere, Rotterdam, Schoonhover, Hoorn, Enkhuizen, and Amsterdam. View Holland's extensive flower production and world-wide distribution center, including Keulenhof Flower Park. Visit a giant levee and dam site showing how they manage the sea from flooding much of Holland. The city of Amsterdam was decked out in orange for the celebration of the crowning of their first king during the trip.

SENR:702

501 Th 1pm-3pm
Oct. 9

FV - CWI, 136

ALS: Geneology

SENR:702

304 Th 1pm-3pm
Nov. 13

WW, 102B

ALS: Women of Power - Latin American Female Presidents

Out of thirty-five Latin American countries, eleven have female presidents. Is this a new trend or has Latin America always had powerful women behind the scenes? Who are they and how have they come to lead their countries? Will this trend last, and what will it hold for the future of the American continent?

SENR:702

502 Th 1pm-3pm
Oct. 23

Lorenzo Gonzalez
FV - CWI, 136

PERSONAL ENRICHMENT

ALS: Medical Marvels

10/20-Medical Quackery: Fraud and Flimflam.
11/17-Polio: Tragedy and Triumph.
12/10-Faith Healers or Fake Healers?

SENR:702

P03	M 10:30am-12pm Oct. 20	Beverly Schuetz MO Hist. Museum, ATT
	M 10:30am-12pm Nov. 17	MO Hist. Museum, ATT
	W 10:30am-12pm Dec. 10	MO Hist. Museum, ATT

ALS: St. Louis City History

10/27-Pictorial St. Louis: Metropolis of the Mississippi 1875. 11/19-George Catlin and Karl Bodmer: Artists in the Early American West. 12/8-Why Was St. Louis Built Here? All lectures presented by Andy Hahn, Director, Campbell House Museum.

SENR:702

P04	M 10:30am-12pm Oct. 27	Andy Hahn MO Hist. Museum, ATT
	W 10:30am-12pm Nov. 19	MO Hist. Museum, ATT
	M 10:30am-12pm Dec. 8	MO Hist. Museum, ATT

ALS: Trade and Trepidation: the Osage and Spanish in St. Louis

Presented by Mike Dickey of Arrow Rock State Historic Site.

SENR:702

P06	M 10:30am-12pm Nov. 10	Mike Dickey MO Hist. Museum, ATT
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ALS: Florissant Valley Holiday Party

SENR:702

S04	Th 1pm-3pm Dec. 4	FV - CWI, 136
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Enrichment Seminars

Enrichment Seminar: Cactus and Succulent Plants

SENR:766

S01	F 12pm-1:30pm Oct. 17	J. Eric Driskill FV - IR, 112
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Enrichment Seminar: Slave Narratives

SENR:766

S02	F 12pm-1:30pm Nov. 14	Lonetta Oliver FV - TC, 105
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Senior Fitness

Line Dancing for Older Adults: Beginning

Come learn fun line dances you can do without a partner. This is a great class if you're single or in a group of friends who want to dance. So put on your dancing shoes and learn the hottest new line dances as well as the all-time classics. Be prepared for lots of fun, cardiovascular exercise, and meeting good friends. No partner required.

SENR:703 | \$49

SENR:703 | \$59

P02	W 10am-11:30am Oct. 22 - Dec. 3 No class 11/26	Sandra Derickson Thomas Dunn Mem. Ctr
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Yoga for Seniors

Open your mind to a new understanding of your body. Gentle, slow-paced combination of stretch and strength work. Introduction to pranayama, breath work and meditation. Great for calming and relieving stress. Bring a yoga mat, towel and water.

SENR:704 | \$79

M02	Th 10am-11am Oct. 23 - Dec. 18 No class 11/27	Masterpeace Studios
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Social Security Benefits America Series

SSBA Series: What Every Woman Should Know About Social Security

As a woman, what challenges will you face in the retirement years? Learn about Spousal Benefits, Widow's Benefits and Divorced Spouse's Benefits. Registration required. Class offered by the Social Security Administration.

SENR:766

S03	Th 1pm-3pm Oct. 9	CE Org Staff SCEUC, 101
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SSBA Series: Medicare and Medicare Drug Programs

Are you confused about Medicare? Get your questions answered by a Social Security Representative and a Medicare Expert. In this session you will learn about other health plans and prescription drug companies and find out about Part A, Part B, and Part D of Medicare.

SENR:766

S04	Th 1pm-3pm Oct. 23	CE Org Staff SCEUC, 101
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SSBA Series: Disability, Basic Eligibility and Entitlement Factors

What are disability benefits? Who qualifies for disability benefits? What does it mean to be "insured" for Social Security Benefits? Learn about the process of filing for Disability, what happens once you file your application and how to appeal the decision if necessary. Registration required. Class offered by the Social Security Administration.

SENR:766

H03	W 1pm-3pm Oct. 22	CE Org Staff Harrison Ed Ctr, 100
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SSBA Series: Seniors and Caregivers - What You Need to Know

Who can be a Representative Payee? What effects will a move to a Skilled Nursing Facility have on your loved one's Social Security benefits? In this session, you will learn the do's and don'ts of being a Representative Payee, and possible entitlements to other benefits for your loved one. Registration required. Class offered by the Social Security Administration.

SENR:766

H04	W 1pm-3pm Nov. 5	CE Org Staff Harrison Ed Ctr, 100
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S05	Th 1pm-3pm Nov. 6	CE Org Staff SCEUC, 101
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SSBA Series: Retirement, How Do You Qualify for Benefits?

How do you qualify for retirement benefits? Learn how to estimate your benefits using the online retirement estimator. You will learn the rules for working and receiving benefits and find out about benefits for family members and Medicare enrollment periods. Registration required. Class offered by the Social Security Administration.

SENR:766

H05	W 1pm-3pm Nov. 19	CE Org Staff Harrison Ed Ctr, 100
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St. Louis Community College American Heart Association Training Center



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Open Enrollment classes in:

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- Heartsaver First Aid CPR/AED
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Customized training available at your workplace.

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Call 314-984-7777 to register.



stlcc.edu/ce

Creative Arts

Crafts

Holiday Wreath

Do you have tons of wreaths pinned on your Pinterest boards? Get them off the boards and onto your door. All supplies included in class cost. Be prepared to leave with your holiday wreath at the end of class.

CRFT:765 | \$35

350 Th 6:30pm-8:30pm **Brenda Cabrera**
Nov. 13 WW, 222

New Macrame! Plant Hanger

Retro is rad! In a flashback to the 70s, macrame is trending. Try your hand at the craft of creative knotting. In this introductory class, we will use a variety of fibers, tie them together using a variety of knots, to create a trendy & useful macrame plant hanger.

CRFT:713 | \$35

751 W 6pm-9pm **Kimberly Hany**
Oct. 15 Kirkwood Sr. H.S., SA 1

New Fall Felt: Plenty of Poinsettias

Just in time for the holidays! In this class we will create a festive array of poinsettias using a combination of craft felt and needle felting. The felt poinsettias make beautiful additions to holiday decorations, holiday gift wrapping, even holiday cards. Imagine your holiday table set with a stunning bouquet of handmade poinsettias.

CRFT:713 | \$35

752 W 6pm-9pm **Kimberly Hany**
Nov. 12 Kirkwood Sr. H.S., SA 1

Plastic Fusion

Don't go to the fabric store for your next sewing project. Everything you need is in your pantry! Students will learn plastic fusion, the process of applying heat to layers of plastic to make a stronger material that can be used as free fabric for sewing projects. Class is the perfect introduction to Everything But the Thread since the fused plastic you make will be enough material for a sewing project. Bring your sewing machine to this class. Supply list sent.

CRFT:713 | \$29

350 Tu 6:30pm-9pm **Nicole Ottwell**
Oct. 14 FV-H, 109

Everything But the Thread

How would you like to walk away from a class with a sewing project that used all recycled or upcycled materials? Well, Everything But the Thread students will learn how to design and sew functional items from existing materials such as one or more of the following: messenger bag, laptop bag, iPad/tablet sleeve, or cell phone case. Beginners or experts at sewing are welcome, but students must bring their own sewing machine and have knowledge of its use. Supply list sent.

CRFT:713 | \$49

351 Tu 6:30pm-9pm **Nicole Ottwell**
Oct. 28 - Nov. 4 WW, 220

New Pet Projects: Pet Bed and Toys

Pamper your favorite feline or tiny dog with a soft and cozy handmade patchwork bed and some fun new catnip toys using new and upcycled materials. Using a patchwork pattern students will use fabric to design a bed that is attractive and functional. Basic sewing skills are required. Students will bring their own machine to work on. A supply list will be sent prior to the class.

CRFT:713 | \$40

930 Sa 9am-1pm **Cassandra Schroeder**
Oct. 11 Thomas Dunn Mem. Ctr

Sewing: Intermediate

Intermediate students will advance their sewing skills by constructing more advanced projects. Practice skills learned from beginning sewing and add new ones: making a piped seam, inserting a lining, stitching in the ditch, inserting a lapped zipper, turning a square corner, edge stitching, and applying bias binding. Projects vary but may include a sewing machine dust cover, a decorator pillow, and a microwave bowl potholder. All make great gifts. Bring sewing machine to second class. Supplies are additional and will be discussed at first class. Be prepared to go shopping at a local fabric store during the last part of the first class. Provide own transportation. Dismissal will be from the store. A field trip release form will be provided at the first class.

CRFT:713 | \$59

551 M 7pm-9:30pm **Carolyn Rubsam**
Oct. 13 - Nov. 3 FV - TBA

New Art Quilting: Fall Sampler

Art quilting is a contemporary textile art based on traditional elements but incorporating new techniques, materials and forms - abstracts, crazy quilting and fabric painting. Students will come out with a variety of quilt squares that explore non-traditional piecing, fusible products, utilizing photographic images and found objects such as paper fibers, beads, buttons, or yarn. Supply list sent. Prerequisite: Students must know basic sewing stitches and be comfortable working in a free-form style.

CRFT:718 | \$110

650 W 6:30pm-8:30pm **Melanie Redler**
Oct. 15 - Nov. 19 MC-CE, Classroom

Shibori Dyeing for Crafters and Quilters

Shibori dyeing is an ancient technique that literally means "shaped-resist dyeing." The shaping process leaves areas undyed that become patterns when the cloth is dyed. Rather than treating cloth as a two-dimensional flat surface, shibori techniques give it a three dimensional form by folding, crumpling, stitching, plaiting, or plucking and twisting. A cloth may be dyed repeatedly using a different shaping method each time. In this class we will make a total of 6 yards of cotton fabric in shibori patterns. Perfect for stash building or plan your color choices for a special project. We will learn many stitched and folded shibori techniques as well as vat dyeing and dye removal. Supplies included in the cost of the class. Bring ziplock bags, rubber gloves and an old towel to class. Dress to work with dye.

CRFT:718 | \$139

500 F 9am-12pm **Nicole Ottwell**
Oct. 10 - Oct. 31 FV-H, 109

New Ombre: Gradient Dyeing for Crafters & Quilters

Have you wanted to learn how to dye your own fabrics? We will dye several gradients light to dark or one color to another. Think about a group of fabric that go from green to yellow or several shades of one color. You will learn about the dye chemistry and how easy it is to continue to dye your own cloth at home using fiber reactive dyes which are permanent. We will dye 12 yards of fabric in this class in your choice of gradients. Come with an old towel, rubber gloves and old clothes because we can get a bit messy.

CRFT:718 | \$85

450 Tu 6pm-9pm **Nicole Ottwell**
Nov. 18 - Nov. 25 FV-H, 107

Knitting: Intermediate

Broaden your skills beyond basic knitting and purling. Learn techniques for increasing and decreasing, making lace, cabling, fixing mistakes and simple pattern reading. Prerequisite: Knit 101 or equivalent experience. Supply list sent.

CRFT:722 | \$49

P02 Tu 6pm-8pm **Thi Miller**
Nov. 4 - Nov. 18 Nottingham, 109

Knit in the Round: Two Socks on Two Circular Needles

Try sock knitting! It is a favorite among many knitters. Using circular needles is a fun alternative to double-pointed needles. The cold weather is coming! Nothing beats a pair of hand-knit socks in the wintertime. Prerequisite: Knitting 101 or equivalent experience. Supply list sent.

CRFT:722 | \$59

452 Th 6pm-8pm **Thi Miller**
Oct. 9 - Oct. 30 FP - G Tower, 117

Knit Hats

Come and knit a multitude of hats! Techniques will cover casting-on, knitting, decreasing and shaping, weaving in ends and finishing, and, most importantly, working in the round. You'll learn how to use both a circular needle and a double-pointed needles. After this class you will be well on your way to being a more advanced knitter. Prerequisite: Knit 101 or equivalent experience. Supply list sent.

CRFT:722 | \$49

453 Th 6pm-8pm **Thi Miller**
Nov. 6 - Nov. 20 FP - G Tower, 117

Fingerknitting

Finger knitting is a form of knitting where a knitted cord is created using only hands and fingers during the entire process, instead of knitting needles or other traditional tools. Come find out how to do this easy craft in a matter of moments and what you can make with your knitted chains. From bracelets, to scarves, we will explore new materials, embellishments and more ideas will make this a fun family craft.

CRFT:724 | \$29

554 Tu 6:30pm-8:30pm **Carletta Kemp**
Oct. 14 FV-TC, 109

Tangled Fibers: Felting

Felting is the process of tangling fibers together. In this course we will cover a variety of techniques and create felted fabrics, functional textiles, and wool sculptures. Techniques include nuno felting, wet felting with resists, and needle felting. Fiber and needles provided in cost of class. Supply list sent - cost of additional materials from \$5-\$20

CRFT:765 | \$115

652 Tu 6pm-9pm **Nicole Ottwell**
Oct. 21 - Nov. 11 MC-CE, Classroom

Crochet 101: Beginning

Crochet basic stitches - single, double and triple, learn to decrease and increase. Make a simple piece and get help reading patterns. You may bring your unfinished project. Both beginning and continuing students welcome. Supply list sent.

CRFT:724 | \$49

450 W 6:30pm-8:30pm **Carletta Kemp**
Nov. 5 - Nov. 19 FP - G Tower, 113

Crochet: The Next Step: Intermediate

Go beyond the basics of crochet with this class. Learn the half-double and treble crochet stitches, how to increase and decrease. Practice reading patterns. After this class, you will be an Intermediate Crocheter! Students may bring their own projects. Prerequisite: Crocheting 101 or equivalent experience. Supply list sent.

CRFT:726 | \$49

553 Tu 7pm-9pm **Anne Frese**
Nov. 4 - Nov. 18 FV-SS, 105

Make It & Take It: Potato Chip Scarf

Funny name, cute scarf. A quick and easy project that you can make and take home the same day! Crocheting a potato chip scarf is just like eating potato chips, you can't make just one. Make a bunch for holiday gifts but keep one for yourself. Prerequisite: Crocheting 101 or equivalent experience. Supply list sent

CRFT:724 | \$29

552 Tu 6:30pm-8:30pm **Carletta Kemp**
Oct. 21 FV-TC, 109

PERSONAL ENRICHMENT

Make It & Take It: Winter Cow!

A quick and easy project that you can make and take home the same day. Wear this convertible piece around the neck as a chunky collar or pull it up over your head like a hood - either way, it will keep you wonderfully warm in style. Prerequisite: Crocheting 101 or equivalent experience. Supply list sent.

CRFT:724 | \$29

553 Tu 6:30pm-8:30pm **Carletta Kemp**
Oct. 28 *FV - TC, 109*

Crochet: Fingerless Gloves or Wrist Warmers

Come and learn how to make simple gloves as you learn to read crochet patterns. Get started on a holiday gift or make a pair for yourself! Must be able to make a chain, and work single and double crochet stitches. Prerequisite: Crochet 101 or similar experience.

CRFT:726 | \$49

550 Tu 6:30pm-8:30pm **Carletta Kemp**
Nov. 4 - Nov. 18 *FV - TC, 109*

Crocheted Socks

Socks are not just for knitting. Come and learn to make a crochet pair of socks; read patterns and different techniques for embellishing. Come and make a pair as a gift or for yourself! Previous crochet experience is required. Supply list sent.

CRFT:726 | \$49

452 M 6:30pm-8:30pm **Carletta Kemp**
Oct. 13 - Oct. 27 *FP - G Tower, 113*

Basketweaving - Egg Basket

Weave a traditional egg basket using reed in this two day class. A fun and functional basket to have in your home. Supplies included in cost of class. Bring an old towel to class.

CRFT:730 | \$72

500 F 9am-12pm **Nicole Ottwell**
Nov. 14 - Nov. 21 *FV - E, 156*

Basic Wire Wrap

No other jewelry class can match this quick, easy way to wire wrap! Get tons of tips and tricks on how to apply hammered wire to stone and to work with metal. Fee includes use of necessary tools. Supplies for project must be purchased from DEEsigs. Supplies are extra and will cost approximately \$25. Photos of similar projects are available at the Meramec Continuing Education office. Students may bring safety and magnifying glasses for personal use.

CRFT:753 | \$45

M02 Sa 9:30am-12:30pm **DEEsigs Studio**
Oct. 11

M03 Th 6pm-9pm **DEEsigs Studio**
Oct. 23

Advanced Wire Wrap

Get tons of tips and tricks on applying hammered wire to stone and working with metal. Fun and unique class for unusual designs. Fee includes use of necessary tools. Supplies for project must be purchased from DEEsigs. Supplies are extra and will cost approximately \$25. Photos of similar projects are available at the Meramec Continuing Education office. Students may bring safety and magnifying glasses for personal use. Prerequisite: Basic Wire Wrap class.

CRFT:753 | \$45

M04 Sa 9:30am-12:30pm **DEEsigs Studio**
Nov. 8

Gemology 102: Colored Stones and Pearls

Learn about the wide variety of precious and semi-precious gemstones, and pearls. Learn about the qualities that determine beauty, rarity, and value. This class is for beginners who want to know about colored gemstones and pearls.

CRFT:753 | \$55

S51 W 7pm-9pm **Stacy Minden**
Oct. 22 - Nov. 5 *SCEUC, 120*

Metalsmithing Intermediate Techniques for Jewelry "Rings and Things"

In this course you will learn how to make rings from sheet metal and wire. Different methods of soldering will also be taught. We will cover a ring band, twisted ring, rolling ring, ring within a ring and bezel settings. Students who have previous experience working with metal may move onto more advanced projects. Tools and metals included in class fee. Prerequisite: Beginning Metalsmithing Techniques for Jewelry or equivalent experience. No class 11/29, 12/6.

CRFT:753 | \$219

681 Sa 9am-12pm **Leia Zumbro**
Oct. 25 - Dec. 13 *MC - HE, 131*
No class 11/29, 12/6

New Enameling Techniques for Jewelrymakers

Enameling is the act of melting glass and fusing it to the surface of metal. In this class we will explore fusing enamel to the surface of copper with a torch, achieving various colors, patterns and textures. Liquid and sifted enamels will be used to create unique wearable and decorative pieces. No experience with metal or enamel is needed.

CRFT:753 | \$219

682 Th 6:30pm-9:30pm **Leia Zumbro**
Oct. 23 - Dec. 11 *MC - HE, 131*
No class 11/27

Holiday Scrapbook: Accordion Style

Accordion scrapbooks are quick and easy to make. Come learn how to create this custom scrapbook - it would make a great gift for the holidays! Who doesn't love a brag book full of pictures? We will use stamping techniques, embellishments and more to create this one-of-a-kind seasonal scrapbook. We will complete the scrapbook in class, all you will have to do is add your pictures when you get home. Fee includes most materials. Supply list sent. LAST DAY TO ENROLL OR DROP IS 10/10. NO REFUNDS AFTER 10/10.

CRFT:762 | \$40

MD1 Sa 9am-12pm **Patti Bossi**
Oct. 18 *Afton White-Rodgers*

Miniature Marvels: Vendor Stand

We will be making a miniature (1:12 inch scale) vendor stand display. Bring Tacky glue, sandpaper, and Xacto knife. Deadline to register or withdraw is Friday, 10/4. No refunds after Friday, 10/4.

CRFT:762 | \$29

5D1 Sa 9am-12pm **Carole Weusthoff**
Oct. 11 *FV - E, 160*

Bows Like a Pro

Make perfect bows using florist techniques. Tie a dozen bows in various widths and textures to use for gifts or your own floral arrangements. Fee includes materials.

CRFT:765 | \$29

770 W 7pm-9pm **Christine Knipp**
Nov. 19 *Hixson Mid. School, 122*

Hypertufa Planter Workshop

Students will learn the basic steps for making modern, lightweight concrete planters know as hypertufa. We will create a series of pots for indoor or outdoor use. Pots made in class will be small, but the technique can easily be expanded to create large planters or sculptures for the garden. Please bring your own plastic containers to use as molds. Instructor will supply all materials needed for each student to make three to five vessels.

CRFT:765 | \$45

680 Sa 10am-12pm **Heather Ellison**
Oct. 18 *MC - SW, 102*

DIY Green Cleaning Products

In this workshop, students will learn the how and why of green cleaning and use simple DIY formulas to make effective, healthy, and environmentally sustainable cleaning products. These products are fun and easy to make, will save you money and have your house sparkling clean and smelling terrific. We will use pure essential oils for fragrance. Recipes include powdered laundry soap, surface cleaner, clothing de-wrinkler, a window cleaner and an alternative to cleanser. Instructor supplies all materials and packaging for you to take your products home.

CRFT:765 | \$45

930 Sa 9:30am-12:30pm **Christine Ritter**
Oct. 18 *Thomas Dunn Mem. Ctr*

681 Sa 9:30am-12:30pm **Christine Ritter**
Nov. 8 *MC - SW, 106*

Candle Making for Fun and Profit

Discover candle making and how to profit from this craft. Make one votive candle and take home molds, wax, wicks, fragrance and putty for a 3 x 3 inch candle. Have fun in an educational, hands-on class. Fee includes all materials. Half hour lunch break - bring a sack lunch. Wear closed-toed shoes, old clothes & long-sleeved shirt for protection against wax splashes.

CRFT:765 | \$45

683 Sa 9:30am-1:30pm **Thomas Fortenberry**
Oct. 11 *MC - SW, 104*

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**St. Louis
Community
College
Continuing
Education**

CULINARY ARTS



The Cake Decorating Certificate with Continuing Education

Do you enjoy creating beautiful food? Would you like to develop your talent and pave the way to extra income? If baking is your passion, and you have artistic flair, a Cake Decorating Certificate from STLCC will help you build new skills, focus on your strengths and learn the tricks of the trade that you'll need for a successful future in cake decorating.

Classes may be taken individually or as a part of the Cake Decorating Certificate Program.

Call 314-984-7777 for a copy of the Cake Decorating brochure.

Gumpaste Flowers

Few things distinguish a decorated cake like exquisitely crafted gumpaste flowers. Learn to make a rose, orchid, dogwood, hydrangea, and more as time permits. Supplies extra (tools range \$60 - \$90). This class may be taken by itself or as part of the Cake Decorating Certificate Program. Park on Hartford or Hampton. Flagpole in front.

FOOD:703 | \$69

P02 Su 1pm-3:30pm
Oct. 19 - Nov. 2

Cynthia Sciaroni
Culinary Arts House

Icings & Fillings

No matter how pretty your creations are, the same basic tasting cake can get tiresome. So if you're looking to expand your repertoire of icings and fillings, this is the class for you. Come learn to make Italian buttercream, ganache, lemon curd, mousse and more. You'll enjoy taste-testing lots of samples! This class can be taken by itself or as part of the Cake Decorating Certificate Program. Park on Hartford or Hampton. Flagpole in front.

FOOD:703 | \$39

P03 Sa 9am-1pm
Dec. 6

Debra Hennen
Culinary Arts House

Cake Decorating: Rolled Fondant

Dazzle your family and friends with the elegant look of a rolled fondant cake. In just 3 classes, you'll learn how to achieve this European style and create an edible masterpiece for your next special occasion. Basic cake decorating skills required. Supplies extra. This class may be taken by itself or as part of the Cake Decorating Certificate Program.

FOOD:703 | \$49

770 M 6:30pm-9pm
Nov. 3 - Nov. 17

Cynthia Sciaroni
Hixson Mid. School, 121

Chocolate Lover's Dream Desserts

These desserts are a dream-come-true for dedicated chocolate-lovers. We'll make chocolate lava cake (a decadent flourless chocolate cake with a dark chocolate ganache filling), chocolate truffles, and chocolate fudge crinkle cookies. All are easy to recreate at home and perfect for your own personal indulgence or for your holiday get-togethers and gift giving. Class is a combination of demonstration with some hands-on. There will be plenty of taste-testing plus you can take some home for later (or for the car ride home!). Park on Hartford or Hampton. Flagpole in front.

FOOD:708 | \$39

P02 Th 6:30pm-9:30pm
Nov. 20

Debra Hennen
Culinary Arts House

Halloween Cookie Bouquet

Make, decorate, and construct a Halloween Cookie Bouquet. You'll leave class with a completed "bouquet" to keep or to give that special Trick-or-Treater in your life. Fee includes a cookie bouquet to take home.

FOOD:708 | \$39

P01 M 9:30am-12:30pm
Oct. 27

Debra Hennen
Thomas Dunn Mem. Ctr

Dessert "Shots": Holiday Dessert Buffet

Let your delighted guests help themselves to one-of-each of these surprisingly simple, sweet treats. Learn to make single-serving desserts, often referred to as "dessert shots." From fresh fruit to chocolate to favorite desserts, we'll show you how to mini-size them in a way that elicits a resounding "wow!" for the dessert display at your next party. We'll cover ingredients, containers, and presentation. Class is a combination of demonstration with some hands-on. Come prepared to taste-test these little treasures. Park on Hartford or Hampton. Flagpole in front.

FOOD:724 | \$39

P02 F 6:30pm-9:30pm
Dec. 12

Debra Hennen
Culinary Arts House

Creative Halloween Treats

It's a whole new twist on "finger foods!" Come learn to make hauntingly tasty treats and drinks. You'll make "finger" cookies, apple "bites," "eyeball" cake pops, and more as time permits. Wash it down with some "brain" shooters, warm witches' "blood," and "brain hemorrhage." Bring a take home container for your goodies. Class is hands-on. Park on Hartford or Hampton. Flagpole in front.

FOOD:724 | \$39

P01 F 6:30pm-9:30pm
Oct. 24

Debra Hennen
Culinary Arts House

Sweet & Savory Quick Breads

Buttermilk biscuits, blueberry muffins, pumpkin bread, and cranberry scones are all called quick breads. They are called that because they are quick to mix together and quick to bake. You'll learn how to use chemical leavening agents (primarily baking powder and baking soda) properly. We'll prepare quick breads using the biscuit method, muffin method and creaming method. We'll use a variety of flours, fruits, nuts, spices and vegetables in our breads. Class is part demonstration, part hands-on. Park on Hartford or Hampton. Flagpole in front.

FOOD:706 | \$39

P03 Sa 9:30am-12:30pm
Oct. 18

Dianne Johnson
Culinary Arts House

Gluten-free Holiday Baking

Are you fretting over what to bake for yourself or a family member following a gluten-free diet this holiday season? Fear not! In this class you'll learn to prepare a variety of holiday treats that do not contain gluten, but will be enjoyed by all of your guests. Bring take home containers. Class is a combination of demonstration and hands-on. *Note: We will be working in a facility that may have been cross-contaminated with some gluten-containing ingredients.

FOOD:718 | \$39

P04 Tu 6:30pm-9:30pm
Nov. 11

Dianne Johnson
Culinary Arts House

MORE Vegetarian-Vegan Main Dishes

Take the Meatless Monday Campaign a step further. Learn to create delicious, appetizing and healthy vegetarian and vegan dishes that even devout meat eaters will enjoy. Whether you're vegetarian or vegan or just want to incorporate more vegetables and nonmeat proteins into your diet, this class will give you easy, and delicious ways to naturally do so without adding soy meat substitutes into your recipes. You'll help prepare dishes using seasonal organic ingredients, whole grains, beans, vegetables, and fruits. Dishes may include: Sancocho (root vegetable and plantain soup), buffalo chickpea pitas with ranch dressing, spaghetti pomodoro with grilled garlicky tempeh and creamy corn-crusting tempeh pot pie and more. Class is part demonstration, part hands-on. Park on Hartford or Hampton. Flagpole in front.

FOOD:718 | \$39

P03 Th 6:30pm-9:30pm
Nov. 13

Dianne Johnson
Culinary Arts House

Campbell House Christmas Dinner

Celebrate the season by recreating a Gilded Age dinner, such as those made famous at the historic Campbell House Museum. Vintage recipes featured: cream of onion soup, beef chasseur, winter salad with tomato aspic, Roman punch, and Queen of Sheba cake with Chantilly cream. Class is hands-on.

FOOD:724 | \$39

751 Tu 6:30pm-9:30pm
Dec. 2

Suzanne Corbett
Kirkwood Sr. H.S., C 191

Holiday Appetizers

Looking for different appetizers that will delight your guest at your next holiday party? Whether you're having an impromptu get-together or an elegant feast, here's your chance to shine. Holiday entertaining can be easy when you have these do-ahead, time-saving appetizer recipes that your guests will love. Come experience a taste of the holidays with: cranberry brie fillo tarts, cremini crostini, mushroom-onion crescents, oregano-Swiss slices, Italian sausage pizza roll-ups and more. Something perfect for everyone. Class is hands-on.

FOOD:724 | \$29

550 Th 7pm-9:30pm
Nov. 20

Eileen Fraser
FV - SM, 129

PERSONAL ENRICHMENT

Perfect Pot Pies

Pot pies were a staple in peasant cottages throughout the centuries, as well as in American homes up through the 1950's and 60's, then declined for several decades. But as nouveau cuisine continues to put a new spin on old favorites, many traditional dishes, such as pot pies, are making a resurgence. Pot pies are a one-dish meal that used to be made with scraps of vegetables and meats, covered with a pastry topping. Let's rediscover what made them so satisfying and flavorful. Class is hands-on. Bring an apron and hat or hair net and wear closed-toe shoes.

FOOD:742 | \$39

480 Sa 9:30am-12:30pm Mark Williams
Oct. 18 FP - HSP, 111

Savory Soups, Broths, & Stews: From Simple to Exotic

Soups have the power to soothe and comfort. From a light, clear broth to a hearty stew, nothing is so satisfying as a steaming bowl of soup. We'll get you ready for cooler weather, making some traditional well-known favorites as well as exploring a couple of exotic Asian soups, using all-encompassing basic techniques that will serve you well as the base for many other soups. Class is hands-on. Bring an apron and hat or hair net and wear closed-toe shoes.

FOOD:742 | \$39

481 Sa 9:30am-12:30pm Mark Williams
Nov. 8 FP - HSP, 111

Retro Classics: The 1970s

Get a taste of the past along with a little history as you cook and sample the decade of the 1970's. We'll prepare and enjoy: cheese fondue, quiche Lorraine, beef stroganoff, strawberry kiwi salad, Watergate salad, Harvey Wallbanger cake. Class is hands-on.

FOOD:744 | \$39

751 W 6:30pm-9:30pm Suzanne Corbett
Oct. 22 Kirkwood Sr. H.S., C 191

Retro Classics: The 1960's

Get a taste of the past along with a little history as you cook and sample the decade of the 1960's. We'll prepare and enjoy: chicken a la king, lobster Newburg, cheese soufflé, the wedge salad with thousand island dressing, and the famous "tunnel of fudge" cake. Class is hands-on.

FOOD:744 | \$39

750 W 6:30pm-9:30pm Suzanne Corbett
Oct. 15 Kirkwood Sr. H.S., C 191

Junior Baker: Holiday Cookies

A fun activity for young bakers ages 9-14. You'll develop your baking skills and knowledge in this class, learning to make, bake, and decorate your own special cookie creations. You'll make a variety of rolled, drop and bar-type cookies. After this experience, you'll be able to go home and be the family cookie-baker for holiday celebrations. Class is a combination of demonstration and hands-on. Bring containers to take home your finished cookies. Park on Hartford or Hampton. Flagpole in front.

KIDS:730 | \$39

P01 Sa 2pm-5pm Debra Hennen
Dec. 6 Culinary Arts House

Dazzling Dessert Sauces

From coulis to chantilly cream, develop techniques for making simple, elegant and delicious sauces to take desserts to a presentation level — including plate painting and glazes. We'll include using puff pastry and phyllo plus a demonstration of the preparation of choux-paste (you'll be surprised how easy it is!) for making éclairs, cream puffs, and Napoleons. Perfect for the holidays! Class is hands-on.

FOOD:747 | \$39

752 W 6:30pm-9:30pm
Nov. 5 Kirkwood Sr. H.S., C 191

Make Your Own Wine at Home

Would you like to try making your own wine? Home winemaking is an enjoyable and satisfying hobby. The quality of home-made wines can be amazing. Taking this class can lead the way to making the process easy; simple instructions ensure success. Many tips from our experienced home winemaking expert will enhance and improve your own efforts at home. This is a demonstration "show & tell" class (no drinking), with step-by-step instructions that will take you from start to finish. Participants will assist in preparing a batch of wine (unfermented) and take a sample to ferment at home. Must show proof of 21 years or older.

FOOD:760 | \$35

M05 W 6pm-9pm
Oct. 22 St Louis Wine & Beermaking

Couples Cook: Fall Entertaining

Get a jump on ideas for upcoming seasonal parties with delicious recipes that will dazzle your friends and family. In this hands-on couples class, you'll prepare and enjoy: Sautéed chicken with tarragon cream sauce, roasted carrots with honey mustard, chipotle butternut squash soup, pork chops with blackberry-zinfandel sauce, plus dessert and much more. Our instructor will have an array of recipes for you to try. Come share this wonderful evening activity for partners only. Fee is per person. Class is hands-on.

FOOD:765 | \$29

581 F 7pm-9:30pm Eileen Fraser
Oct. 10 FV - SM, 129

Couples Cook: Holiday Dinners

Join us for an evening of fun in this couples class, preparing and sampling delicious recipes that are great for the upcoming holidays. Recipes will include: pork tenderloin with apple salsa, Brussels sprouts and cauliflower gratin, baby carrots with mint gremolata, apple cider chicken with pecans, salad greens with raspberry vinaigrette, acorn squash and apple soup, dessert and more! Our instructor will have an array of recipes for you to try. Come share this wonderful evening activity for partners only. Fee is per person. Class is hands-on.

FOOD:765 | \$29

582 F 7pm-9:30pm Eileen Fraser
Oct. 24 FV - SM, 129



Dance

Electric Slide: Beginning

If you've never tried slide dancing, or you haven't danced this style in a while and would like a refresher, this is the class for you. Our instructors will start at the beginning and take you to fantastic! No experience required.

DANC:734 | \$49

582 Sa 11am-11:50am Laverne Gee
Oct. 25 - Dec. 6 FV - PE, 233
No class 11/26

Electric Slide Plus

This is a strictly-for-fun course that is designed to teach you the Electric Slide and many of its popular variations. Be on top of the latest steps and routines so you can be confident on the dance floor at the next party or social event. Some experience recommended.

DANC:734 | \$49

583 Sa 12pm-12:50pm Laverne Gee
Oct. 25 - Dec. 6 FV - PE, 233
No class 11/26

Slide Dancing for Fun & Fitness: Intermediate

Now you can learn to do the latest slide dances and hustles sweeping the nation. This high energy class is perfect for the slide dancer ready for more beyond the basics. Intricate dance routines will be taught in easy to follow steps. Slide dancing encourages fun, wellness and creativity. If you already have slide dancing abilities and want to increase your skills, this class is a must! Pre-requisite: Beginning Slide Dancing for Fun and Fitness. No class 11/1, 11/29.

DANC:734 | \$59

H81 Sa 10am-11:30am Stephanie Crusoe
Oct. 25 - Dec. 13 Harrison Ed Ctr, 206

Fine Arts

New Artful Saturdays

Enjoy three Saturday mornings exploring museum collections both inside and outside. Tours will be led by Betsy Solomon and will feature a specific theme each time, 10/18-Saint Louis Art Museum: A Selection of American Artists, 10/25-Laumeier Sculpture Park: A Monumental Experience, 11/1-Saint Louis Art Museum: "Isms" of 19th Century Art. Participants must provide their own transportation. Information about where to meet will be provided with registration confirmation.

ARTS:705 | \$65

680 Sa 10am-12pm Elizabeth Solomon
Oct. 18, Oct. 25, Nov. 1 MC - Off Campus (CE)

Drawing: Beginning/Intermediate

Learn the tools, materials, visual and artistic perception needed for this essential art form. Drawing fundamentals will be covered - line, perspective, value and composition. Advanced students will expand their skills with more sophisticated projects. Students will use pencil, conte crayon and charcoal. Supply list sent.

ARTS:709 | \$99

601 Tu 9:30am-12pm Ruth Kolker
Oct. 21 - Nov. 25 MC-CE, Classroom

Drawing: Intermediate/Advanced

Learn the tools, materials, visual and artistic perception needed for this essential art form. Drawing fundamentals will be covered - line, perspective, value and composition. Advanced students will expand their skills with more sophisticated projects. Students will use pencil, conte crayon and charcoal. Supply list sent.

ARTS:709 | \$99

P02 W 6:30pm-9pm Lisa Payne
Oct. 15 - Nov. 19 Nottingham, 110

Perspective Drawing and Still Life

In a relaxed atmosphere, explore drawing fundamentals - line, perspective, value, and composition. No experience necessary and much individualized instruction given. Intermediate level students advance with more sophisticated projects. Supply list discussed at first class. Bring pencil and sketch pad to first class.

ARTS:709 | \$99

651 Th 6:30pm-9pm William Neukomm
Oct. 23 - Dec. 4 Ladue H.S., 135

Botanical Illustration: Continuing

A follow-up to our basic Botanical Illustration class. Build on the skills acquired in the initial class. Choose your medium from watercolor, pen and ink, and/or colored pencils. Continue to develop your compositional and color skills with models from dried plants, bulbs, fresh flowers and more! Prerequisite: Beginning Drawing or equivalent experience. Supply list sent

ARTS:709 | \$99

603 Th 12pm-3pm Maureen Brodsky
Oct. 23 - Nov. 20 MC-CE, Classroom

Drawing: Traditional Pencil Basics

Discover the fundamentals of an essential art - drawing. Use pencil to create line, perspective, value and composition. No experience necessary and individualized instruction included. Supply list sent. This class is for beginners only.

ARTS:709 | \$75

680 Sa 12pm-3pm Sean Long
Sept. 20 - Oct. 11 MC-HE, 215

681 Sa 12pm-3pm Sean Long
Oct. 18 - Nov. 8 MC-HE, 215

Caricature Drawing

Draw the likeness of a person in an exaggerated form - caricature! This course introduces the student to the special art of caricature. Focus is on how to draw a portrait of a person involving a degree of graphic exaggeration and distortion of facial and/or body features. The caricature is a time-honored form of illustration. The student will learn how to observe through the eyes of a caricaturist and how to approach the actual drawing of the subject/model. The desired outcome, through practice, is for the student to be able to create a recognizable portrait of a subject/model. Surprise friends by capturing their quirkiness as a cartoon character. Supply list sent.

ARTS:721 | \$75

651 W 6pm-9pm Sean Long
Oct. 22 - Nov. 12 MC-HE, 137

Calligraphy Basics

Learn Calligraphy basics for letters and numbers - pen angle, letter slant, size and spacing. Discover how to use this art form in practical ways. Supply list sent.

ARTS:722 | \$65

S01 F 10am-12pm Kristine Scharfenberger
Oct. 24 - Nov. 21 SCEUC, 101

Pottery for the Novice/Beginner

For the person who has never worked in clay or prefers a slower pace. Start with the basics of handbuilding and wheelthrowing while you work your way up to creating a variety of personal projects. Tool supply list sent. Approximate cost of tools is \$18. Fee includes most materials.

ARTS:727 | \$135

721 M 6:30pm-9pm Guy Sachs
Oct. 20 - Nov. 24 Ladue H.S., 132

Pottery: Intermediate/Advanced

Explore projects in which skills in hand-building and wheel-throwing are practiced and improved. Prerequisite - Beginning Pottery or Novice Pottery or equivalent experience. Tool supply list sent. Approximate cost of tools is \$18. Fee includes most materials.

ARTS:727 | \$135

723 Th 6:30pm-9pm Guy Sachs
Oct. 9 - Nov. 20 Ladue H.S., 132

Pottery: All Levels

Explore projects in which skills in hand-building (for beginners) and wheel throwing (for more advanced students) are investigated and improved. All levels of experience are welcome. Fee includes most materials.

ARTS:727 | \$135

581 Sa 9:30am-12pm Sheow Chang
Oct. 18 - Nov. 22 FV - H, 109

551 Tu 6:30pm-9:30pm Carl Behmer
Oct. 14 - Nov. 18 FV - H, 109

Watercolor: Intermediate/Advanced Techniques

Paint transparent watercolor on a more advanced level. Students must be proficient in drawing with basic watercolor skills. Attempt the more difficult techniques of layered washes, modeling with color, unusual textural accents, etc. Prerequisite: Beginning Watercolor class or equivalent experience.

ARTS:736 | \$185

600 Tu 1pm-3:30pm Beverly Hoffman
Oct. 21 - Nov. 25 MC-CE, Classroom

Watercolor Portraits: People and Pets

Use watercolor to paint portraits-people and/or pets from photographs. Explore techniques to get a likeness in facial features, show fur or skin variations, and add backgrounds with washes and modeling. Work from your own or instructor's photographs. Prerequisite: Watercolor class or equivalent experience. Students must be at the intermediate or advanced level and proficient in drawing. No class 10/13.

ARTS:738 | \$99

601 M 10am-12:30pm Beverly Hoffman
Oct. 27 - Dec. 1 MC-CE, Classroom

Acrylic Impressions: Workshop

Fledgling artists-try painting, those with experience-loosen your style to paint like the Impressionists. You'll work in a small size to quickly complete your own vibrant, light-filled piece. Instructor provides prints and photos. Painting board provided. Supply list sent. All levels welcome.

ARTS:748 | \$79

M02 Tu 12:30pm-3:30pm Phyllis Smith Piffel
Nov. 11 - Dec. 2 Kirkwood Comm. Ctr

701 W 6:30pm-9:30pm Phyllis Smith Piffel
Nov. 12 - Dec. 10 LaSalle Sprgs Mid. School, 400

All About Framing Artwork

Learn what's new as well as framing design basics. Learn how to place artwork to beautify and protect the work. Students will learn what is important for their needs - how to best prep their work for a show, how to prep art so it will look good for a long time, how and where to hang art (and where it should never be hung). Some traditional and non-traditional custom framing and DIY ideas will be presented. Bring questions and photos of your rooms and art or bring your art! Students may bring a lunch to eat during the Q&A portion of the class.

ARTS:765 | \$30

680 Sa 10am-1pm Deborah Weltman
Oct. 25 MC-HE, 134

Photography

Digital Pictures: Introduction

This course is an introduction to digital images and photos. If you don't know the answer to the following questions then this class is for you. How do I get a photo into my computer? How do I get the photo from my digital camera into my computer? How do I download a picture that someone sent me in an email? Where do I put my photos in my computer? How do I find the photos once they are in my computer? What's a jpeg? This is an entry level class. Because digital cameras vary, the class will cover universal methods of inputting digital images into your computer including using SD (secure digital) and CF (compact flash) memory cards. In some cases, the methods may not apply to your specific digital camera.

PHOT:707 | \$49

550 Tu 6pm-9pm Rachel Bufalo
Oct. 21 - Oct. 28 SCEUC, 207

Take Better Pictures: Intermediate

Learn how to take even better pictures with your digital or 35mm camera. Examine the fundamentals of exposure and light. Understand aperture, shutter speed, ISO, basic composition, depth of field and histograms. No darkroom/lab. You will need a camera (digital or 35 mm) and your own film or memory card. Please note: Due to the large variety of camera brands, your individual camera's features cannot be discussed. Class covers generalities of how cameras operate. Read the camera's manual prior to the first class and bring it to class. Prerequisite: Take Better Pictures: Introduction, 35MM & Digital Photography: Introduction, or equivalent experience.

PHOT:701 | \$69

781 M 7pm-9pm
Oct. 20 - Nov. 17 Lindbergh H.S., 54

Darkroom Developing and Printing for B&W Photography

Students will learn to develop and print black and white pictures in a darkroom. Students will learn chemical mixture, exposure time and use of darkroom equipment. Students must provide film and 35 mm camera. Chemicals, developing equipment and some paper will be provided. This is a film developing class, not a photography instruction class.

PHOT:705 | \$99

650 Tu 6:30pm-9pm
Oct. 14 - Nov. 11 MC-HE, 225



WRITING

The St. Louis Community College Continuing Education Writing Certificate is designed for beginning or experienced writers who are looking for a course of study that will provide them with an opportunity to develop their own writing voice, build expertise in the art and craft of writing, and gain insight into today's publishing environment.

Courses may be taken individually or towards completion of a certificate.

Writing Certificate Requirements:

- **One course from each of the four areas of study**
- **Two electives from any of the areas**
- **Three years to complete program**
- **Portfolio review capstone evaluation course with a faculty member**

For a complete brochure on the Writing Certificate program, call 314-984-7777.

***New* Jump Start Your Fiction Writing: Weekend Intensive**

Discover new motivation and refresh your creative juices in this half-day seminar. Creative exercises will focus on writing from the senses and exploring techniques that will yield more vivid, authentic renderings of both narrative and scenes in your fiction. This course is appropriate for both beginning writers who don't quite know where to start and advanced writers looking for new inspiration. Bring a sack lunch.

WRIT:701 | \$39

680 Sa 9am-1pm
Nov. 8

Angela Mitchell-Phillips
MC - SO, 206

How to Publish Your Own Book: What You Need to Know

Have you been thinking about writing a book (or perhaps you have written one) and are curious about how to publish it yourself? In this four-hour workshop we will cover the realities of independent publishing, how editing and design can make your book look great, options for getting your book into print, sales channels, eBook production and tips for book marketing. Presented by the St. Louis Publishers Association.

WRIT:704 | \$39

680 Sa 8am-12pm
Nov. 1

CE Org Staff
MC - SO, 206

***New* Better Grammar for Serious Writers**

Starting your book, short story, article or essay without a good sense of grammar is like setting off on a journey in a beautiful car with bad tires. It's an indisputable fact that powerful readers, particularly lit agents and magazine editors, will throw error-filled prose into the rejection pile, no matter how mesmerizing your metaphors. With good copy editors costing around \$40 per hour, it pays to write well enough to avoid them as much as possible. In this class, you'll brush up on how to write better dialogue and spruce up your prose, improve your spelling and learn how to clear up common grammatical confusions. You won't learn all the things high school should have taught you — but, your writing will garner enough respect to rise to the next level after applying what you learn in this class.

WRIT:706 | \$79

653 M 7pm-9:30pm
Oct. 13 – Nov. 17

Jordan Oakes
MC - SO, 204

Advanced Fiction Writing Workshop

Could your novel, essay or short story benefit from an additional critique? Are you interested in working with a network of writers who share similar goals? In this critique-based workshop, we will combine brief lectures on craft with a traditional workshop environment. Intended for students already writing original creative work, this course will focus on sharpening your skills while working toward completion of publishable work. Prepare to discuss and refine manuscripts in a highly supportive workshop environment with both instructor and peer feedback. Prerequisite: A complete or nearly completed writing project. Copies of your manuscript must be made available to each class member. Up to 25 pages (per manuscript) will be copied in sufficient quantity for each student (included in course fee). Your work must be emailed to campus by 10/8. Call 314/ 539-5745 for details.

WRIT:706 | \$79

650 W 7pm-9:30pm
Oct. 15 – Nov. 12

Heather Luby
MC - CS, 209

Focus on Fiction: How to Write Dialogue Like a Pro

In this fast paced and hands-on class, you'll get a mixture of brief lectures that hit the high-points of writing dialogue plus writing exercises that let you immediately try your hand at what you've just learned. The class provides an excellent overview of how to write dialogue that is successful and dynamic, ideal for both the beginner and someone wanting a quick refresher course. Come to class with a notepad, pen, and desire to learn. Students are encouraged to bring samples of their writing, but it is not required. By the end of the day, you'll be a more knowledgeable and skilled writer.

WRIT:706 | \$29

651 Tu 7pm-9:30pm
Nov. 4

Heather Luby
MC - CS, 209

How to Map a Murder

Ever have the urge to write a whodunit? Published mystery authors Jo Hiestand and Pam DeVoe will lead you through the intricacies of plotting, character development, descriptive scene writing, and setting clues, as well as a brief description of publishing choices open to writers. A St Louis-area police officer, who co-authors with Jo Hiestand, will discuss various aspects of police work and demonstrate defensive tactics.

WRIT:719 | \$39

681 Sa 9am-1pm
Oct. 18

Jo Hiestand
MC - SO, 206

Playwriting

Many Hollywood writers get their start as play writers. In this four week class, you'll explore story writing for theatre by applying form and structure that will add visualization and characterization to your creative writing techniques. There will be in-class exercises and you'll workshop creative projects. The goal is for you to complete a ten-minute play and learn the art of submitting a script to a theatre company for a potential production. We'll also discuss short plays by various successful playwrights from around the country. If you have a work-in-progress, bring it to class.

WRIT:719 | \$59

653 Th 7pm-9pm
Oct. 9 – Oct. 30

MC - CS, 205

***New* The Art of Interviewing**

You don't have to be Barbara Walters or a Bob Woodward to learn the art of interviewing. And you don't have to be interested in writing nonfiction articles for interviews to be useful in your writing life. Interviews can provide valuable backstory for family histories, memoirs, and more. And learning how and when to ask the right questions can improve everything from your job search skills to your personal relationships with friends and family. This class will feature audio and video examples of real-world interviews with sources ranging from corporate executives to college football coaches. Participants should also come prepared to conduct their own interview with a classmate and generate questions for an after-class interview with a source of their choice. Bring a sack lunch.

WRIT:719 | \$39

680 Sa 9am-2pm
Oct. 11

Charlene Oldham
MC - SO, 206

Portfolio Review - Certificate Program

This class is for confirmation that students have met the requirements of the Writing Certificate program. You must submit your portfolio to Continuing Education for review. The work should exhibit increased proficiency in writing techniques and should aspire to high literary standards. You will receive a confirmation response from a writing program faculty member. Upon satisfactory review of the portfolio, the faculty member will notify Continuing Education to award the Writing Certificate. If the portfolio does not meet acceptable standards, the instructor will make recommendations. You may repeat the portfolio review class again, until the faculty member is satisfied with the quality of your work.

WRIT:765 | \$69

651 Aug. 11 – Dec. 19 (TBA)
652 Aug. 11 – Dec. 19 (TBA)

Jordan Oakes
Heather Luby



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**St. Louis
Community
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Continuing
Education**

Nature, Home and Garden

Animal Care

Dog Training: Basic Skills & Manners for the Family Dog

Do you walk your dog or does your dog walk you? If your time is limited and your budget won't spare the expense of private lessons, this is the perfect alternative! This course in basic skills and manners will give you and your dog a good introduction to beginning obedience commands over a period of 6 weeks. Accomplish your training goals quickly and start getting those behavior problems under control. Class topics also touch on basic grooming, vaccinations, flea/tick control and traveling in the car. Bring your questions! Dog must be at least 6 months old and proof of vaccinations is required. Bring dog to first class.

ANIM:706 | \$69

M04 Sa 9:30am-11am Susan Baxter-Carr
Oct. 18 – Nov. 22 RiverChase-Fenton

Canine Good Citizen

The Canine Good Citizen Program is designed to reward dogs who have good manners both at home and in the community. Class instruction is for all 10 parts of the CGC Test. Dog must be at least 6 months old and have basic obedience skills. Proof of vaccinations required. Bring dog to first class. Successful completion of the test qualifies dog for a CGC patch (available for purchase separately).

ANIM:706 | \$59

M05 Sa 11am-12pm Susan Baxter-Carr
Oct. 18 – Nov. 22 RiverChase-Fenton

Behavior Troubleshooting for the Family Cat(s)

Got cat troubles? Our animal behavior trainer can help you understand them. There are several problems that often arise in a cat-caring family: urinating outside the litter box (not medical-related); adding a new cat to the home of an existing cat and other adjustment issues; furniture scratching; conflicts in multi-pet households; fear issues; and feeding and enrichment concerns. Keep your cat and resolve those issues! The helpful tips in this class can help you prevent problems as well as stop them. This class is for you; do not bring your pet.

ANIM:710 | \$19

S01 W 7pm-8:30pm Mindy Held
Oct. 8 SCEUC, 104

Home Improvement

Kitchen Planning for Home Remodeling

Explore the possibilities for your kitchen with this hands-on kitchen design class. Learn the basics of functional appliance and cabinetry placement, the specifics of kitchen cabinet sizes and the many features and options available. Bring a pencil, paper, and ruler. Measurements and photos of your existing kitchen recommended.

HOME:703 | \$29

652 Th 7pm-9:30pm Kimberly Hany
Oct. 9 MC - BA, 205

Refinish, Reface, or Replace?

Thinking of changing your kitchen cabinetry? Wondering what option is best for you and your kitchen? Join us for an in-depth discussion of the pros and cons of refinishing, refacing, or replacing your kitchen cabinetry. Learn about the processes and products available so you can make an educated decision about which option you choose.

HOME:703 | \$29

653 Th 7pm-9:30pm Kimberly Hany
Oct. 16 MC - BA, 205

Interior Design: Color Schemes

Learn from our experienced interior design professional how to choose the best colors for your room and how to incorporate them into the room properly. We'll discuss how the weight and balance of your colors impact your final room design. We'll take a look at color placement, choice of fabrics, mixing patterns, and types of woods for furniture, surface products, cabinets, fixtures, and hardware. Second class meeting is a 2-hour field trip on Saturday (TBA). Provide own transportation.

HOME:708 | \$39

350 W 7pm-10pm Kathryn Leinauer
Oct. 15 (plus field trip) WW, 222

Interior Design: Accessories

Learn from our experienced interior design professional how to choose the right shape and size accessories, how to mix accessories with different patterns and to put colors in the right proportions. You will begin to see your own personality reflected in your choice of accessories. Second class meeting is a 2-hour field trip on Saturday (TBA). Provide own transportation.

HOME:709 | \$39

350 W 7pm-10pm Kathryn Leinauer
Oct. 22 (plus field trip) WW, 222

De-cluttering for Home Office Success

A clutter-free, well-designed home office is as important as the products and services you're selling. Using time-honored Feng Shui principles of intentional placement and de-cluttering, learn how to bring new life to your office and establish your space as command-central for career and business success. Bring photos and a floor plan sketch of your room and we'll re-design it in class together. Learn how to place your furniture for maximum productivity, and how to use color and imagery to create a foundation for business success. A clutter-free office helps you focus on the task at hand, stimulates your creativity, and supports your goals and future growth. Put yourself in the power-seat of your career, energized and motivated for success.

HOME:710 | \$25

752 W 6:30pm-9pm Samantha Shields
Oct. 15 Kirkwood Sr. H.S., E 184

De-clutter Your Bedroom for Rest, Renewal & Romance

Your bedroom may be serving several purposes: perhaps you have an area with a desk as an office, a sewing corner, or craft space. All of these potential "activities" can create un-ease in a bedroom, but by incorporating the time-honored Feng Shui principles of intentional placement and de-cluttering, you can learn how to create a place for rest, renewal and romance. Learn to create your own personal sanctuary and how to place your furniture for maximum impact. Discover how the use of color, personal symbols, open space, mirrors, electronic equipment and more can influence your environment. Bring photos and a floor plan sketch of your room and we'll re-design it in class together.

HOME:710 | \$25

754 W 6:30pm-9pm Samantha Shields
Oct. 29 Kirkwood Sr. H.S., E 184

De-clutter Your Basement or Garage: Reclaim Valuable Space in Your Home

So much of our clutter ends up in the basement or in the garage: "out of sight, out of mind." Clutter is time-consuming, messy, and demotivates us by bringing down our energy. Just the thought of sorting through everything feels overwhelming, so we continue to ignore it. Using time-honored Feng Shui principles of intentional placement and de-cluttering, we can learn how to simplify tasks, organize our clutter and release our "stuff." We'll discuss the different forms of clutter and learn to respect and understand the accumulation of clutter in our life - eliminating it for good. Learn to live clutter-free, incorporating these effective techniques with a positive outlook, and reclaim your valuable real estate, turning it into usable space - from a place to park your car to a game room, theatre, exercise space or a man cave - the possibilities are endless. Bring photos and a floor plan sketch of your basement or garage and we'll re-design it in class together.

HOME:710 | \$25

753 W 6:30pm-9pm Samantha Shields
Oct. 22 Kirkwood Sr. H.S., E 184

Fearless Home Repair: Electrical

When something needs fixing who do you call? Fix it yourself and save time, money and hassle! A variety of simple home repairs will be presented with a "hands-on" focus. We'll talk about electricity and safety, most people's #1 concern. If you need a new light fixture, wall switch or outlet, this class will guide you. We'll talk about other small electrical problems and the difference between aluminum and copper wiring and how to work with both. We'll look at how-to, when-to and when it's safer NOT-to. You won't need to fear performing your own simple DIY electrical repairs or have to pay someone else to do it for you after this class.

HOME:713 | \$19

553 W 7pm-9pm Jean Linton
Oct. 29 FV - SC, PDR-B

Fearless Home Repair: Simple Plumbing Repairs for Kitchens & Bathrooms

When something needs fixing who do you call? Fix it yourself and save time, money and hassle! A variety of simple home repairs will be presented with a "hands-on" focus. If your toilet runs, your drains are slow, you need a new faucet, this course is for you! We'll look at how-to, when-to and when it's better NOT-to. We'll cover common kitchen and bathroom plumbing problems that you can fix yourself, once you know how to do it!

HOME:713 | \$19

554 W 7pm-9pm Jean Linton
Nov. 5 FV - SC, PDR-B

Basic Car Maintenance

This course is designed to help you better understand your cars, the auto repair industry and service problems you may encounter. Combines lecture on specific maintenance problems with laboratory sessions during which you will have the opportunity to inspect and perform minor repairs and maintenance on your own car.

AUTO:701 | \$29

P01 Th 6pm-9pm Michael Silva
Oct. 9 Advanced Auto Service

Spring 2015 registration begins January 5!

NATURE/MASTER NATURALIST



The Master Naturalist Certificate Program consists of **three components**:

- Completion of **five** biology, geology, physical science or horticulture related college credit courses
- Attend **six** Continuing Education Master Naturalist designated noncredit programs offered through St. Louis Community College in the area of Nature, Ecology, or Gardening.
- Volunteer **25 hours** with a local nature related organization.

Exploring Fall and Winter Night Skies

Class meets on Mondays and Wednesdays. Learn how to use the unaided eye, binoculars or small to medium sized telescopes to find, identify and observe the astronomical objects & events of late fall and winter of 2014 including the moon, planets, artificial satellites, meteors, comets, stars, constellations and nebula. Bring to class: a Planisphere 35 - 45 degree latitude, such as Phillip's planisphere 6" or larger, and current issue of "Sky & Telescope" magazine. One field trip required. Details to be announced in class. Provide own transportation.

NATR:701 | \$59

651	M 7pm-9pm	Michael Malolepszy
	Oct. 27 - Nov. 3	MC - BA, 120
	W 7pm-9pm	
	Oct. 29-Nov. 5	MC - BA, 120

Something to Crow About

American crows are prevalent across much of the continent distinguished by their large, all-black features and cawing voices. Come explore the world of the exceptional American crow including problem solving and behaviors as they interact with their habitat. Learn about food sources, nesting and other educational facts. Offered in cooperation with St. Louis Audubon Society.

NATR:709 | \$19

652	Tu 7pm-9pm	Marty Smigell
	Oct. 21	MC - SO, 204

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St. Louis Community College Continuing Education

Introduction to Beekeeping

Missouri is home to more than 400 bee species, including 10 bumblebee species, of the 4,000 native species of bees that live in North America. Honey bees are an exotic species first introduced into the New World in 1622. Bees play an important role in agriculture as pollinators of flowering plants that provide food, fiber, spices, medicines and animal forage. Beekeeping can be a hobby, a secondary business, or a full-time vocation. It is a relatively inexpensive hobby that provides a sweet bonus each year. Is beekeeping right for you? Come and learn how to attract native pollinators and honey bees by planting a pollinator-friendly garden and constructing nesting habitat for native pollinators. We will also present introductory information on getting started with beekeeping and honey bee products of the hive.

NATR:715 | \$25

680	Sa 9am-12pm	Yvonne Von Der Ahe
	Dec. 6	MC - SO, 108

Geology of Missouri

Spend a few hours learning about the geology and geography of Missouri in an informal atmosphere. We will discuss how our state has been shaped by glaciations, earthquakes, uplift and warm, and shallow seas. Learn about the processes that gave us the nickname "The Cave State." We will also take a look at the economic impact rocks and minerals have had on our state's economy.

NATR:765 | \$25

680	Sa 9am-12pm	Jeffrey Smith
	Oct. 11	MC - SW, 106

Ecology

Climate Change 101

What is climate change? How are rising temperatures impacting the ecosystems, forests, oceans and even the St. Louis area? What is the biggest concern from scientists? What are the best solutions? Why do Americans disagree so strongly about this issue? Join park ranger Brian Ettling as he shares the basic science, shows the 'unusual suspects' that accept the science, and debunks many of the myths. Learn how to effectively educate others on the topic using humor and optimistic to inspire them to take action.

ECOL:700 | \$19

680	Sa 9am-12pm	Brian Ettling
	Nov. 8	MC - BA, 112

Real Estate

Buying a Home? Top Home Buying Mistakes to Avoid

"If only we had known..." is the sad tale of too many home buyers. Come spend a valuable evening preventing mistakes that don't have to happen. Purchasing a home is the largest investment you'll ever make. Come get the inside scoop to avoid surprises at closing. We'll discuss what you need to know before you purchase, what you can expect throughout the process, the strategies to use to obtain the best value, the importance of understanding the contracts you sign, getting the right inspections before closing the deal and how to safeguard yourself in any market.

REAL:701 | \$19

S01	Tu 7pm-9pm	Christina Filla
	Oct. 14	SCEUC, 100

How to Be a Successful Landlord

Increase the income on your real estate investments by improving your skills as a landlord. You can lower property damages and eviction costs by performing effective initial screening of potential tenants. Our experienced instructor will explain how to be creative and to use the telephone, interview, computer, rental application and lease expectations to avoid an undesirable tenant-landlord relationship. Lunch on your own.

REAL:720 | \$59

480	Sa 9am-5pm	Mary Hankins
	Oct. 11	FP - G Tower, 115

Personal Finance

Investing

Foundations of Investing

Are you just getting started with personal investing or want to learn more so that you can better communicate with your current financial advisor? Come learn about the basics of investing including the key features of bonds, stocks and mutual funds; the investment pyramid and the importance of asset allocation; risk tolerance and the portfolio objective that is right for you; and the impact of inflation and tax diversity on your long-term goals.

FINC:714 | \$25

650	Tu 6:30pm-9pm	Margie Bittner
	Nov. 4	MC - SO, 107

New Advanced Research for Buy and Sell Decisions in Common Stocks

This course builds on the strategies presented in the course, Preserving Capital and Making It Grow: A Winning Strategy for Good Times and Bad. If you are retired, building wealth for retirement, or just want to understand how the Stock Market works, the combination of these two courses provides a comprehensive view of how methodical the stock market is, and how this knowledge may benefit you. Prerequisite course required for enrollment. Lunch on your own.

FINC:714 | \$49

C81	Sa 9am-4pm	Brian Bingham
	Nov. 8	Corp. College, 208

Retirement Planning

Retirement Roadblocks: Mistakes Retirees Often Make

Understand common mistakes that retirees can make over and over again - and how you can overcome them! This class will explore being too conservative, having an unsuitable asset allocation strategy, paying too much in taxes and helping out the kids-how much is too much.

FINC:736 | \$19

351	W 7pm-9pm	Steve Glazer
	Oct. 15	WW, 224

653	Tu 7pm-9pm	Steve Glazer
	Oct. 21	MC - SO, 107

Understanding Retirement Healthcare and Social Security

As people approach retirement, a common concern is the answer to the question, "What if I get sick?" This class will prepare you to make important decisions about your healthcare by helping you to understand your health insurance options. You will learn about healthcare decisions to be made before and at retirement including what Medicare does and does not offer in plain English. You will also learn about Social Security, the original source of guaranteed income for life, including how it can pay to delay, how your Social Security income will be taxed, and the little-understood effect of earned income on Social Security benefits.

FINC:736 | \$19

350	W 7pm-9pm	Steve Glazer
	Oct. 8	WW, 224



Personal Interest

Communication Arts

Nonverbal Communication: How to Speak and Listen Without Words

Learn about the extraordinary amount of information that can be provided through nonverbal communication. A simple movement or facial expression can completely contradict what message you are trying to get across. Understand how to identify, interpret and use basic nonverbal cues to be a better communicator and avoid miscommunication.

COMM:718 | \$29

650 W 6:30pm-8:30pm
Oct. 22 – Oct. 29

Erin De Vore
MC - BA, 124

Genealogy

Getting the Most From Genealogical Records

To expand your family tree you need to glean everything you can from a record. Many genealogists look at a record for only one or two items. Take this class and you'll learn how to get the most from every genealogical record you collect.

GENE:704 | \$25

601 W 1pm-3pm
Oct. 22 – Oct. 29

Mary Stamm
MC-CE, Classroom

History

Gunfighters of the Old West

During this fascinating evening of American history, you'll hear stories about nineteen of our country's most prominent gunfighters, including one woman. These are the famous and the infamous of that curious, lawless period in American history - the last two or three decades of the 1800's. We'll talk about men like Wyatt Earp, Wild Bill Hickok, Bat Masterson (all lawmen) and outlaws like Jesse James, Bill Longley, and "Curly Bill" Brocius. We'll be sure to include one of the most famous gunfights: the shootout at the OK Corral in Tombstone, Arizona. Come hear the real account, as related by Wyatt Earp to his deputy.

HIST:701 | \$19

650 Th 7pm-9pm
Nov. 6

Wynn Ward
MC - BA, 118

The Pilgrims, The Mayflower, Plymouth Rock & Thanksgiving

Join us for a stimulating evening as we discuss the religious separatists who later became known to us as the Pilgrims in America. They were a ragtag group with interesting travels and travails as they set about to found Plymouth Colony. It's a thrilling account, but we'll let you decide if they truly laid the foundation for democracy in the New World (or not!).

HIST:704 | \$19

650 Th 7pm-9pm
Nov. 13

Wynn Ward
MC - BA, 118

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Civil War—The Battle of Gettysburg

The most famous battle in the Civil War started by accident. Neither army expected, nor even wanted a great battle around the little town of Gettysburg, Pennsylvania. But when scouting parties collided, the battle was on. Follow the development of this very large and important battle as 150,000 Confederate and Union soldiers became engulfed in close fighting that continued for 3 days in the hot July sun. Everyone has heard of the Battle of Gettysburg - we invite you to come hear all about it. Call for directions to the Thomas Dunn Learning Center: 314/353-3050.

HIST:705 | \$19

P01 Tu 10am-12pm
Oct. 28

Wynn Ward
Thomas Dunn Mem. Ct

Civil War: Two Great Gambles

Both sides knew the border states were crucial areas in their efforts to win the war. Each was ready to take a gamble. A Union regiment was sent to Lexington, Missouri, to keep that busy river port city from aiding the Confederacy with supplies and recruits. At the same time, Major General Sterling Price was headed there with a larger force of Confederates. This battle is famous in Missouri. In another gamble, Stonewall Jackson hoped the Confederates' smaller force would defeat the Union at Cedar Mountain. Come find out how each of these ventures turned out.

HIST:705 | \$19

653 Th 7pm-9pm
Oct. 9

Wynn Ward
MC - BA, 118

Civil War: The Petersburg Campaign (1864)

At this point in the Civil War, U.S. Grant with the Army of the Potomac had forced Robert E. Lee's Army of Northern Virginia to Petersburg, Virginia, the railroad center of lines going into Richmond. The Confederates dug earthworks all along the line protecting Richmond where they had to hold the line at all costs. It began a siege which lasted into 1865. Understand the importance of several battles that took place during that siege; hear what was likely the biggest mistake the Union army made during the whole war.

HIST:705 | \$19

654 Th 7pm-9pm
Oct. 16

Wynn Ward
MC - BA, 118

Misconceptions of World War II

A class for history-buffs with a solid knowledge of WWII or for those interested in sorting "fact from fiction" about commonly misunderstood facets of the war. This class will explore issues such as which country really had the edge in technology, how "General Winter" was not the cause of defeat in front of Moscow in 1941, what "blitzkrieg" really was, and other common misconceptions of the war.

HIST:712 | \$19

P03 M 10am-12:30pm
Nov. 10

Chris Ketcherside
Thomas Dunn Mem. Ctr

Battle of the Bulge

Spend an evening studying Hitler's last desperate gamble to drive to the sea, split the Allies and snatch victory. How close did it come to succeeding? Did it delay or extend the war?

HIST:712 | \$19

655 M 7pm-9pm
Nov. 3

James Gallen
MC - BA, 112

dividing up the rest of the world and ultimately reverted to war to settle their issues. The Spanish Armada attacked England in 1588 in an epic struggle. The smaller English Navy had better leaders and nature helped turn the tide in their favor. In the 1600's, England and Holland began a series of conflicts pitting the English fleet against the smaller Dutch forces. But the Dutch had some remarkable naval leaders. These naval conflicts helped shape the course of European history.

HIST:712 | \$19

656 Th 7pm-8:30pm
Nov. 6

Kenneth Velten
MC - CS, 205

Espionage: World War I

Wars provide plenty of intrigue and espionage on all sides, and World War I was no exception. You'll hear of the sabotage here in the United States, secret codes, and the famous "Zimmerman telegram." Many telegrams were sent from the German Foreign Office to their envoys in the United States, but this particular one may have been the biggest reason we joined the Allied nations and entered the war, making it perhaps, the most important telegram ever sent.

HIST:712 | \$19

654 Th 7pm-9pm
Oct. 30

Wynn Ward
MC - BA, 118

New Weapons of World War I

This is the centennial year of the beginning of The Great War, as World War I was first known. It wasn't until halfway through World War II that their similarities brought about the numbers of I and II to distinguish them. In this class we'll consider the perfection of the machine gun, improvement of cannons, the first use of airplanes, tanks, and poison gas, as well as the extensive use of railroads. On the seas for the first time, submarines became an important part of naval warfare, dreadnoughts entered the battles as did aircraft carriers. More new and different weapons than any war in history were introduced. Some were successful, some not and all required new tactics.

HIST:712 | \$19

653 Th 7pm-9pm
Oct. 23

Wynn Ward
MC - BA, 118

The Great Irish Potato Famine

The Great Potato Famine in Ireland is considered one of the major sociological events of the 19th century. This class will examine Ireland in the pre-famine years, the causes of the famine itself, the impact upon the population and the long term impact upon Irish society. The class has been updated with new written sources not previously available.

HIST:712 | \$39

657 Th 7pm-9:30pm
Nov. 6 – Nov. 13

Charles Kilker
MC - SO, 205

Mongols to Mao Tse-tung

Twice the size of Caesar's Roman Empire, the Mongols eradicated the old world order and connected the Eastern and Western Worlds. Their extensive trade network opened China to the West and fueled an insatiable desire for Asian goods. The Mongols destruction of the civilizations in China and Persia gave rise to a new Asia that reaches into the modern era.

HIST:713 | \$19

P05 Th 10am-12pm
Nov. 6

Timothy Neckermann
Thomas Dunn Mem. Ctr

Call 314-984-7777 to register for Fall 2014 classes!

Classical Anti-Semitism vs. Modern Anti-Israelism

During World War II, the Grand Mufti of Jerusalem, Hajj Amin al-Husseini recruited 20,000 volunteers to work with the SS in implementing Hitler's "Final Solution." The Mufti's efforts to bring Hitler's program of extermination of Jews to the "Arab world" mark a missing link of sorts, between the classical form of anti-Semitism, which motivated Hitler, and modern anti-Israelism. The former is marked by a series of distinct characteristics related to history, religion, and culture, which this course will discuss in detail. The latter, perhaps equally dangerous breed, carries a religious component but is grounded in what many Arabs, Muslims, and other observers deem Israel's illegal "occupation" of its country at the expense of displaced Palestinians. This class will distinguish between the two forms of animosity toward the world's Jewish population and discuss the role of each in shaping regional and global policies and opinions.

HIST:713 | \$19

653 W 7pm-9pm
Oct. 8

Katie Young
MC - CS, 205

Immigration: Rethinking Secure Borders

As a nation, we face many issues along our borders. These problems are not new; many peoples in the past have tried to control the ebb and flow across their borders (e.g. Romans and Chinese). Are we letting history repeat itself by merely following ancient practices? Can we envision a new way to think about border security? This class will examine the successes and failures of past civilizations to help find a workable solution for our future.

HIST:765 | \$19

P05 W 10am-12pm
Nov. 5

Timothy Hetrick
Thomas Dunn Mem. Ctr

Birth of an Industry: U.S. Airlines before 1940

Beginning with the historic flight of the Wright Brothers in 1903, the industry of carrying passengers in airplanes developed in the US and abroad. In this class, you'll hear the story of the early airlines and the U.S. airline pioneers who created an industry. The story of the development of the Douglas DC3, the plane that made the industry possible, will be highlighted and the role that government played. We'll finish the evening with how the airlines prepared for World War II and helped win the war.

HIST:765 | \$19

650 Th 7pm-8:30pm
Nov. 13

Kenneth Velten
MC - CS, 205

Understanding Iran

Some say Iran is one of our many Achilles' heels in the Middle East. Iran is a fundamentalist Muslim [Shia] theocracy under the Ayatollah Ali Khamenei [Supreme Leader]. It's number four in world production of oil and our "enemy" since 1979. Join us for a two-part class involving a brief history since the 1940's [under The Shah and his secret police - the Savak] to the takeover of the US Embassy in Tehran in 1979; the role of the revolution in Iranian life; and the role the USA plays in her survival as an Islamic [Shia] theocracy.

HIST:710 | \$29

651 M 7pm-9pm
Oct. 20 - Oct. 27

Thomas St John
MC - BA, 112

Afghanistan: The Soviet Invasion & Its Consequences

The period in which it attempted to subjugate and firmly install its brand of communism in Afghanistan is often referred to as the Soviet Union's Vietnam. This course will examine the decade long struggle, considering the role of such key players as the United States, Pakistan, the Soviets, and the American-backed mujahedeen who ultimately defeated and hastened the demise of a superpower. It will explain the Soviet invasion in the context of Afghanistan's complex geography, tribalism, Muslim identity, and alliances. Lastly, it will discuss the Afghanistan that remained as the Soviets departed, piecing together the story of how Afghanistan became the haven for terrorism and extremism that provoked another superpower invasion just over a decade after the Soviet withdrawal. Join us to discuss this crucial period of Afghan and global history.

HIST:713 | \$19

655 W 7pm-9pm
Oct. 22

Katie Young
MC - CS, 205

Afghanistan: The Taliban & the Modern State

When the Soviets left Afghanistan in 1989, the CIA withdrew most of its funding and influence. What remained was a power vacuum in which old tribal rivalries resumed, now powered by radical Islam, American-provided Kalashnikovs, and well-organized militias armed with the confidence of having just defeated the Soviet giant. This class will chronicle the post-Soviet Afghanistan, from its struggles to install a government, to the rise of the Taliban, to its quest to retain a viable state among a people whose tribal history contravenes the very concept of central government. The Afghanistan we know is marred by official corruption, terrorism, scarce resources, and a portion of the population that resists entry into the 21st (or even 20th) century. Join us in this important and difficult study of the enigma that is modern Afghanistan.

HIST:713 | \$19

656 W 7pm-9pm
Nov. 12

Katie Young
MC - CS, 205

Pakistan Series IV: The Challenges of Modern Pakistan

The 2011 capture of Osama bin Laden just 75 miles outside of Pakistan's capital city, Islamabad, illustrates the complications of America's relationship with our important ally in the War on Terror. The Pakistani state has gained notoriety for dealing with subversive elements for the purpose of advancing its aims. This class will discuss the objectives of these associations, as well as the threat of another round of armed conflict with India, attempts at conciliation, domestic political intrigue, including the return and assassination of Benazir Bhutto, and Pakistan's classification by multiple outlets as the most dangerous country on the planet. Can a nation that has neglected its infrastructure in favor of military development maintain the vestiges of a democratic state? Should a state associated with corruption and heavy-handed domestic policies be trusted to combat regional terrorism? What is the alternative? Join us to discuss whether Pakistan is an indispensable partner or dangerous fifth column in the tense climate of modern global affairs.

HIST:713 | \$19

P04 M 10am-12:30pm
Oct. 20

Katie Young
Thomas Dunn Mem. Ctr

Fireside Book Club: The Imperial Cruise

Picture yourself seated fireside in a cozy book-lined library room, sipping a warm beverage. You've read a fascinating book and are eager to hear more about the historical events, people, and culture. Joining you are several others who've read the same book and a group leader who is an expert on the subject. If this sounds like a perfect way to spend a crisp fall morning... come join us! This month's book will be: "The Imperial Cruise" (James Bradley), a secret American story of empire and war in Asia from 1904-1909, uncovering the myth of American benevolence in Asia. Come prepared for a lively, informative discussion! Call for directions to the Thomas Dunn Learning Center: 314/353-3050.

HIST:765 | \$19

P04 M 10am-12pm
Nov. 3

Thomas St John
Thomas Dunn Mem. Ctr.

Languages

French Language: Beginning I

In a relaxed and informal atmosphere you will learn practical vocabulary, correct pronunciation, and the basic sentence structure necessary to understand and begin to formulate conversations in French. Text required-bring to first class.

FLFR:702 | \$99

750 W 7pm-9pm
Oct. 8 - Dec. 3

Marcel Kyle
Kirkwood Sr. H.S., W 122

No class 11/26 - No text required

French Language: Beginning II

This class is a continuation of French: Beginning I. You will continue to increase your knowledge of the French language including speaking, grammar and vocabulary. Concentration will be on oral use of the language in dealing with everyday situations. Prerequisite: French-Beginning I or equivalent experience. Text required-bring to first class.

FLFR:704 | \$99

P01 Tu 7pm-9pm
Oct. 21 - Dec. 16
No class 11/11

Mary Schwartz
Nottingham, 108

German for the Traveler

Enjoy an easy and practical introduction to the German language. Learn survival phrases, how to read signs, menus, transportation schedules, and more. Understand cultural differences and be prepared to enjoy your adventure. A jump-start course for smart travelers. Text required - bring to first class.

FLGE:701 | \$75

450 W 6:15pm-8:30pm
Nov. 12 - Dec. 3

Dustin Glastetter
FP - G Tower, 115

German Language: Beginning I

This course is for the student with minimal or no knowledge of the German language. It will cover reading, writing, understanding and speaking simple German in conversational practice. No text required.

FLGE:702 | \$99

751 Tu 6:30pm-9:30pm
Oct. 28 - Nov. 18

Bryan Young
Kirkwood Sr. H.S., E 182

Italian for the Traveler

An easy and practical introduction to the Italian language. Emphasis will be on conversation for transportation, food, lodging, and basic shopping as well as observation of cultural differences. A jump-start course for smart travelers. Text required-bring to first class.

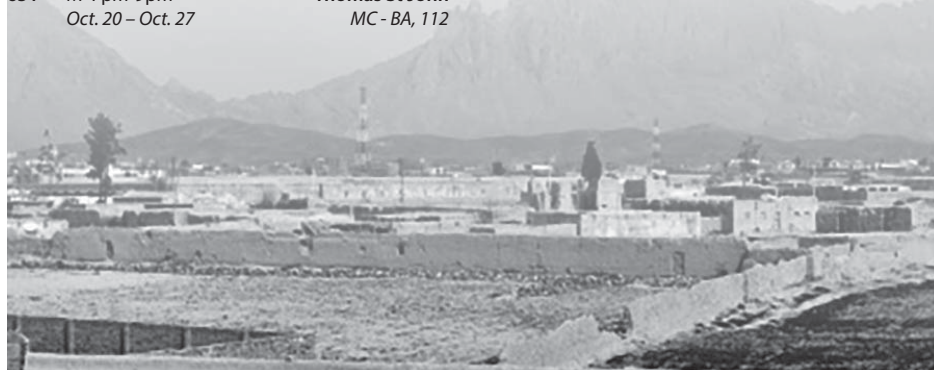
FLIT:701 | \$75

600 M 4pm-6pm
Nov. 3 - Dec. 8

Barbara Klein
MC - CS, 209

650 M 7pm-9pm
Nov. 3 - Dec. 8

Barbara Klein
MC - CS, 209



Italian Language: Beginning I

Class will cover the major parts of speech including articles, adjectives, adverbs and verbs. Verb conjugation will concentrate on present tense along with some irregular verbs. Vocabulary will revolve around situations commonly found abroad. Text required-bring to first class.

FLIT:702 | \$99

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|-----|--|---|
| 450 | Tu 7pm-9pm
Oct. 21 – Dec. 9 | Barbara Klein
FP - G Tower, 111 |
| 751 | W 7pm-9pm
Oct. 15 – Dec. 10
No class 11/26 | Maria Brandle
Kirkwood Sr. H.S., E 183 |

Italian Language: Beginning II

Class is designed for students who have completed one semester of Italian or have similar experience. Past, future, and imperative tenses will be covered. Conversation with cultural elements will be emphasized. The class will be conducted almost exclusively in Italian. Prerequisite: Italian - Beginning I or equivalent experience. Text required-bring to first class.

FLIT:704 | \$99

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|-----|---|------------------------------------|
| 450 | Th 7pm-9pm
Oct. 23 – Dec. 18
No class 11/27 | Barbara Klein
FP - G Tower, 111 |
|-----|---|------------------------------------|

Italian Language: Beginning III

Class is designed for students who have completed one semester of Italian or have similar experience. Past, future, and imperative tenses will be covered. Conversation with cultural elements will be emphasized. The class will be conducted almost exclusively in Italian. Prerequisite: Italian - Beginning II or equivalent experience. Text required-bring to first class.

FLIT:704 | \$99

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|-----|--|---|
| 751 | Tu 7pm-9pm
Oct. 14 – Dec. 9
No class 10/21 | Maria Brandle
Kirkwood Sr. H.S., E 181 |
|-----|--|---|

Russian Language: Beginning I

An introductory course to the Russian language and culture. While covering all four aspects (reading, writing, understanding and speaking), this course will primarily focus on oral proficiency. Prerequisite: Russian for First Timers or a good understanding of the Russian alphabet. Text required-bring to first class.

FLRU:702 | \$99

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|-----|--------------------------------|--------------------------------------|
| 780 | Tu 7pm-9pm
Oct. 14 – Dec. 2 | Valerie Powers
Lindbergh H.S., 54 |
|-----|--------------------------------|--------------------------------------|

Spanish Language: Beginning I

In a relaxed and informal atmosphere you will learn practical vocabulary, correct pronunciation and basic sentence structure necessary to understand and use the Spanish language. Text required-bring to first class.

FLSP:702 | \$99

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|-----|---|--|
| 450 | Th 7pm-9pm
Oct. 23 – Dec. 18
No class 11/27 | Adriana Szczesny
FP - G Tower, 115 |
| 780 | M 7pm-9pm
Oct. 27 – Dec. 15 | Adriana Szczesny
Lindbergh H.S., 51 |

Spanish Language: Beginning II

This class is for students who have some experience with the Spanish language. You will continue to increase your knowledge of the Spanish language including speaking, grammar and vocabulary. Prerequisite: Spanish - Beginning I or equivalent experience. Text required-bring to first class.

FLSP:704 | \$99

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|-----|--|---|
| 551 | Tu 6:30pm-8:30pm
Oct. 28 – Dec. 16 | Maria de la Garza
FV - C, 104 |
| 770 | W 7pm-9pm
Oct. 22 – Dec. 17
No class 11/26 | Ann Matthews
Hixson Mid. School, 115 |

Spanish Language: Beginning III

This class is for students who have some experience with the Spanish language. You will continue to increase your knowledge of the Spanish language including speaking, grammar and vocabulary. Prerequisite: Spanish - Beginning II or equivalent experience. Text required-bring to first class.

FLSP:704 | \$99

- | | | |
|-----|--------------------------------|---------------------------------------|
| 451 | Tu 7pm-9pm
Oct. 21 – Dec. 9 | Adriana Szczesny
FP - G Tower, 115 |
| 651 | M 7pm-9pm
Oct. 27 – Dec. 15 | Ann Matthews
MC - CS, 104 |

Spanish Conversation: Intermediate I

Class is designed for continued expansion of conversational skills in Spanish through focus on everyday vocabulary and situations. Basic grammar and sentence structure will be examined and reviewed. Aspects of Latino culture will be introduced and highlighted as topics of conversation throughout the class. Prerequisite: Spanish Language - Beginning III or equivalent experience. Text required-bring to first class.

FLSP:705 | \$99

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|-----|---------------------------------|---------------------------------------|
| 451 | Tu 7pm-9pm
Oct. 28 – Dec. 16 | Lorenzo Gonzalez
FP - G Tower, 113 |
|-----|---------------------------------|---------------------------------------|

Spanish Conversation: Intermediate II

Class is designed for continued expansion of conversational skills in Spanish through focus on everyday vocabulary and situations. More advanced grammar and sentence structure will be examined and reviewed. Aspects of Latino culture will be introduced and highlighted as topics of conversation throughout the class. Prerequisite: Spanish Conversation-Intermediate I or equivalent experience. Text required - bring to first class. No class 11/26.

FLSP:705 | \$99

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|-----|--------------------------------|--|
| 781 | W 7pm-9pm
Oct. 22 – Dec. 17 | Lorenzo Gonzalez
Lindbergh H.S., 57 |
|-----|--------------------------------|--|

Spanish Conversation: Advanced

Advanced level course which stresses spoken Spanish by reading and discussing short selections on a variety of topics. Increase your vocabulary and conversational skills. Prerequisite: Spanish Conversation - Intermediate III or equivalent experience. Text required - bring to first class.

FLSP:706 | \$99

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|-----|---|----------------------------------|
| 651 | Th 7pm-9pm
Oct. 23 – Dec. 18
No class 11/27 | Lorenzo Gonzalez
MC - CS, 206 |
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New Spanish Practice

Do you need extra practice for your Spanish class? Come to these practice sessions and get extra help where you struggle the most. Instructor will work with students on an individual and group basis to help all students in various areas. All levels welcome.

FLSP:765 | \$29

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| 681 | Sa 10am-12pm
Nov. 15 – Dec. 6
No class 11/22, 11/29 | Ann Matthews
MC - CS, 205 |
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Sign Language

Sign Language: Beginning I

Learn the fundamentals of ASL including finger spelling and hand signs. A brief overview of deaf culture will be discussed. Text required - bring to first class. Learning American Sign Language ISBN 0205275532.

SIGN:701 | \$99

- | | | |
|-----|-------------------------------|------------------------------|
| 550 | M 6pm-8pm
Oct. 13 - Dec. 1 | Steve DeShetler
FV-C, 106 |
|-----|-------------------------------|------------------------------|

Silent Weekend

You'll experience silence and new communication challenges. You will take mini-workshops conducted at beginning, intermediate, or advanced levels. If you are a student of sign and/or IEP programs, special education teacher, parent with deaf and hard-of-hearing children, supervisor who works with deaf and hard-of-hearing employees, community volunteer, interpreter, or person interested in improved communication with the deaf and hard-of-hearing, you will benefit from this retreat. At the end of the weekend you will realize a deeper understanding of the "silent" experience. No matter what level you are, you are welcome! Weekend begins at Friday 6pm and continues until Sunday noon. No refunds after October 23, 2014.

SIGN:725 | \$125

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| VD1 | FSaSu
Nov. 7 – Nov. 9 | Regina Driskill
** Babler State Park |
|-----|--------------------------|---|

Religion

Understanding the Hajj (the Fifth Pillar of Islam): Compulsory Pilgrimage to Mecca

According to the central tenets of the faith, every Muslim must undertake the Hajj, the annual pilgrimage to Mecca, at least once in his or her lifetime. The rites and rituals associated with the Hajj are performed at prescribed places and times during the Islamic month of Dhu al-Hijjah, commemorating key events in the religion's history. Each year, the designated Custodian of the Two Holy Places, the Saudi government in modern times, organizes and hosts more than two million pilgrims from around the world. Bringing together Sunni, Shi'ite, and Sufi men and women, from friendly and hostile nations, for the most profound religious experience of their lives constitutes a massive feat of coordination, cost, and diplomacy. This class will outline and discuss the significance of the Hajj program, including how the beliefs and proclivities of the host impacts the experience.

HIST:713 | \$19

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| 654 | W 7pm-9pm
Oct. 15 | Katie Young
MC - CS, 205 |
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Radical Christianity: The Quakers in America

Quakers were one of the most reviled and persecuted sects in 17th century England. They are also one of the few to survive into the 21st century. This class session will trace the various people and events that influenced the emigration of Quakers from England to Colonial America and their historical development to the present day. You will discover new insights into Quaker faith and practice, Christian spirituality and American history. (Prerequisite: "Radical Christianity- the Quakers in England" is recommended, but not required.)

RELG:701 | \$19

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|-----|----------------------------|---|
| P02 | Th 10am-11:30am
Oct. 23 | Timothy Hetrick
Thomas Dunn Mem. Ctr |
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Does God Really Exist?

People through the centuries have pondered the question: "Does God Really Exist?" In this class, we'll explore the arguments for and against God's existence, from Aristotle to Aquinas to Richard Dawkins. We'll consider all views, from the rational to the emotional, and discuss those we feel have merit. Be prepared to examine for yourself where your own thoughts and feelings about God's existence match up with those of some of the most brilliant minds in history.

RELG:701 | \$19

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|-----|-----------------------|-----------------------------|
| 652 | Tu 7pm-9pm
Nov. 11 | Kevin Walsh
MC - BA, 112 |
|-----|-----------------------|-----------------------------|

Personal Safety

Firearm Safety

Tactical Shooting Course for Beginners

This 8-hour course is designed to prepare you with the reality of self-defense with practical training that includes legal issues, mindset, clearing malfunctions, close quarters combat (Krav Maga), tactical firearm handling, shooting and tactical self defense. Glock 19 Airsoft gun, ammo, holster and safety gear are provided. Students must bring pants with belt loops, a belt, comfortable street clothes and a long sleeve shirt or sweatshirt. No live firearms will be used. No firearm experience required. **GNSF:701 | \$149**

M01 Su 9am-5pm
Nov. 9 *Xtreme Tactical Defense*

Recreation, Fitness and Wellness

Aerobic Exercise

Zumba

Dance your way to fitness with Zumba. Let the Latin music take you away with a combination of Salsa, Merengue, Samba, and Cumbia. It's a great high-energy, low-impact workout that's fun!

PEDU:747 | \$69

550 MW 7pm-8pm *Paula Taylor*
Sept. 8 – Oct. 8 *FV - PE, 233*

551 MW 7pm-8pm *Paula Taylor*
Oct. 20 – Nov. 19 *FV - PE, 233*

Girls Night (Work) Out - Zumba

Grab your best girlfriends and attend the Hottest Group Dance Class out there! Spice up your body with this hot Latin workout! Guaranteed to burn fat & sculpt curves while learning Latin steps & sexy hip movements from meringue to salsa funk.

PEDU:747 | \$79

M06 M 6pm-6:55pm
Oct. 13 – Dec. 1 *FitChix-Creve Coeur*

Girls Night (Work) Out - Yoga Fit

A multi-dimensional and dynamic yoga practice that is a total body workout! Challenge your core, flexibility, strength and balance to create an elongated body.

PEDU:747 | \$79

M08 M 7pm-7:55pm
Oct. 13 – Dec. 1 *FitChix-Creve Coeur*

Girls Night (Work) Out - Flirty Fit

Grab your best girlfriends and attend this fun and flirty fitness class. Have a great time with this series of fun workouts that incorporate cardio with sexy dance moves and pole/chair dancing to achieve your fitness goals! Wear comfortable fitness attire. High Heels are recommended and preferred, but not required!

PEDU:747 | \$79

M07 Tu 7pm-7:55pm
Oct. 14 – Dec. 2 *FitChix-Creve Coeur*

Girls Night (Work) Out - Kickboxing

Punch and kick your way to a sexy, strong physique! Put on the boxing gloves and drip sweat while you hit heavy bags and kick box targets. Burn 600-800 calories in just one hour!

PEDU:747 | \$79

M10 W 5pm-5:55pm
Oct. 15 – Dec. 3 *FitChix-Creve Coeur*

Girls Night (Work) Out - Booty Camp

Lift your booty and so much more! Let Booty Camp break away whatever has been holding you back, one hour at a time, with this full body bootcamp style workout! Certified personal trainers will help you reach new fitness heights through this program, while having a good time. Workouts will include Kettle bells, TRX, Bosu Balls, Obstacle Courses, Target Kickboxing, and so much more. No class 11/27.

PEDU:747 | \$79

M05 Th 6pm-6:55pm
Oct. 9 – Dec. 4 *FitChix-Creve Coeur*

Girls Night (Work) Out - Ballet Fit

Have you always wanted to have the legs and strong core that are typical for dancers? Get the lean sexy muscles of a ballerina through this energizing ballet based workout! This combination of dynamic exercise and stretching will also help to improve your posture. No ballet experience necessary. No class 11/27.

PEDU:747 | \$79

M09 Th 7pm-7:55pm
Oct. 9 – Dec. 4 *FitChix-Creve Coeur*

Aquatics

Attention Water Students:

Due to circumstances related to inclement weather, building and/or equipment malfunctioning or maintenance, the pool facilities used by Continuing Education may have to be closed with little or no advance notice. In these cases, no refunds will be offered, nor will make-ups be available because of tight scheduling of swimming, water exercise and other physical education classes. For additional information regarding the various college pools, please call

- Meramec Pool: 314-894-7172
- Forest Park Pool: 314-644-9717
- Florissant Valley Pool: 314-513-4275

Lap Swim

Come and get a great workout before you start your day! Pool will be set up for students to swim laps during this time. Lockers are available; however you must provide your own towel & lock for your valuables.

PEDU:721

Florissant Valley | \$75

501 M-F 6:30am-7:45am
Oct. 27 – Dec. 9 *FV - PE, POOL*
No class 11/27, 11/28

Water Exercise: Shallow/Deep Aerobics Combo

Challenge your body and mind with this intense workout in both shallow and deep water. Great exercise for toning as well as increasing strength and endurance. Non-swimmers are required to wear a safety belt - available at most sporting goods stores. Life jackets NOT recommended.

PEDU:729 | \$89

651 MW 6pm-6:50pm
Oct. 15 – Dec. 3 *Angelicia Fingers*
MC - PE, POOL

Water Exercise

Get a total body workout! Tone, strengthen, and achieve flexibility and circulatory endurance while exercising in the water. No more stiff and sore muscles! All skill levels are welcome as you will work at your own pace.

PEDU:729

15 sessions | \$89

604 TuTh 9am-9:50am *Gary Ketcherside*
Oct. 14 – Dec. 4 *MC - PE, POOL*
No class 11/27

606 TuTh 2pm-2:50pm *Lisa Huseman*
Oct. 14 – Dec. 4 *MC - PE, POOL*
No class 11/27

607 MW 9am-9:50am *Gary Ketcherside*
Oct. 15 – Dec. 3 *MC - PE, POOL*

16 sessions | \$95

505 MWF 8am-8:50am *Barbara Harris*
Oct. 20 – Nov. 24 *FV - PE, POOL*

507 MWF 10am-10:50am *Barbara Harris*
Oct. 20 – Nov. 24 *FV - PE, POOL*

Aqua Zumba

Splash and dance your way to fitness in this fun, low-impact, water-based workout! Aqua Zumba integrates the Latin-inspired, dance-fitness moves of the traditional Zumba class with water-based exercises.

PEDU:729

12 sessions | \$75

554 TuTh 7:05pm-7:55pm *Barbara Harris*
Oct. 23 – Dec. 4 *FV - PE, POOL*
No class 11/27

16 sessions | \$95

506 MWF 9am-9:50am *Barbara Harris*
Oct. 20 – Nov. 24 *FV - PE, POOL*

Ai Chi

Are you looking for a new way to relax and de-stress? Ai Chi is the perfect class for you! Similar to T'ai Chi in the water, this class combines deep breathing and slow, broad movements to help improve your balance, coordination, range of motion, and relaxation ability. No swimming skills required.

PEDU:729 | \$75

551 MW 6:45pm-7:35pm *Laura Payer*
Oct. 20 – Nov. 26 *FV - PE, POOL*

Bowling

Bowl with a Pro

Have fun and learn new techniques, whether you are just beginning or looking to bring your game up a notch. Class will bowl 2 games with a professional bowler while learning proper swing technique, footwork, release points and basic pocket alignment. Extra fees for games and shoe rental each week.

PEDU:772 | \$49

M01 Tu 3pm-5pm *Charles Kelly*
Nov. 4 – Nov. 25 *Brunswick Zone Chesterfield*

Cards and Games

Bridge: Supervised Party Bridge with Intermediate Instruction

Practice what you learn in a structured party bridge setting. You will be playing bridge, keeping score, and learning how to play your hand more skillfully. Prerequisite: A firm grasp of Beginning Bridge.

BRID:702 | \$39

650 M 5pm-7pm *Phyllis Siegel*
Nov. 17 – Dec. 15 *MC - SW, 209*

651 M 7:01pm-9pm *Phyllis Siegel*
Nov. 17 – Dec. 15 *MC - SW, 209*

M01 Tu 2:45pm-4:45pm *Phyllis Siegel*
Nov. 11 – Dec. 16 *Affton White-Rodgers, A*

Fitness

Fun with Fitness

Ready to reduce stress, increase energy and just have FUN? Get a consistent cardiovascular work-out, increase overall strength with resistance training, and improve your balance, agility and flexibility to change your body from head to toe. This class is designed for all levels of fitness.

PEDU:755 | \$79

601 MW 4pm-4:50pm Angelicia Fingers
Oct. 27 – Dec. 8 MC - PE, 201

Rise and Shine Senior Workout

This class is a total body senior workout program for active older individuals. Join this early morning session for a variety of exercises that are designed to increase muscular strength, range of motion, agility, and heart-healthy movement supporting the skills required for your daily life. Wake up, work out and feel energized for the rest of the day. No running or jumping in this class. Wear tennis shoes. Bring water, towel, small rug or yoga mat and one pair of 2-3lb. weights.

PEDU:755 | \$69

609 TuTh 5:55am-6:55am Gail Velten
Oct. 21 – Nov. 25 MC - PE, GYM
No class 11/4

Nia: A Combination of Cardio and Strength Training

Nia is a fun, rocking fitness program that blends the movements of dance, martial arts and healing arts (such as yoga). Classes are taken to soul-stirring music in more than 48 countries. You will learn how to workout without pain and enjoy the process of getting fit with movement. Every experience can be adapted to individual needs and abilities. Nia is rooted in sensory awareness, joy, pleasure and love for your body as it is now and for its potential to transform. Join a Nia class and free your spirit!

PEDU:755 | \$59

M02 Tu 6pm-6:55pm Karol McNutt
Oct. 28 – Dec. 2 MC-Off Campus
M04 Sa 8:30am-9:25am Karol McNutt
Nov. 1 – Dec. 13 MC-Off Campus
No class 11/29

Boot Camp with Sharkfitness

Challenge yourself! Classes consist of resistance training, calisthenics, short runs, and drills designed to work every major muscle group in the 60-minute class. You will learn the correct way to train in terms of form, tempo, and exercise selection. Despite the group setting, this class challenges participants individually to give their best and expect optimal results. Must be able to jog 300 yards without rest. Bring a towel or mat and water. Class will be held outside-weather permitting. Meet at the entrance to the PE Building on O Parking Lot. Later start classes meet in the gym.

PEDU:755

14sessions | \$150

604 MWF 5:45am-6:45am
Oct. 27 – Nov. 26 MC - PE, GYM

650 MW 6pm-7pm
Nov. 3 – Dec. 17 MC - PE, GYM

9 sessions | \$100

605 MWF 5:45am-6:45am
Dec. 1 – Dec. 19 MC - PE, GYM

Power Pilates

Same great Pilates Method Exercises, but on a 10! Improve the health, strength and flexibility of your abdominal muscles, spine, hip and shoulder joints with this great morning workout! Bring water, towel and yoga mat.

PEDU:756 | \$79

601 TuTh 7am-7:50am Denise Motta
Oct. 28 – Dec. 9 MC - PE, GYM

Yoga: Basics

New to yoga or desire a slow, gentle pace? Learn standard yoga postures, flexibility, and correct breathing techniques. Bring a towel and mat.

PEDU:761 | \$79

M08 W 9am-10am
Oct. 22 – Dec. 10 Masterpeace Studios

Gentle Yoga

A gentle combination of yoga exercises helping to improve flexibility and core balance. Great for stress relief. Individual yoga practice will be encouraged. Bring a yoga mat, towel and water.

PEDU:761 | \$79

M10 W 7pm-8pm
Oct. 22 – Dec. 10 Masterpeace Studios

GOLF

Golf Classes Extra fee for balls

Every effort will be made to schedule a make-up class for outdoor classes missed due to rain-outs. However, no refunds will be given for rained-out classes.

Golf: Beginning I

Learn the basic fundamentals of golf: grip, set up, mini-swing, full swing, putting and chipping.

PEDU:730

4 sessions | \$45

811 M 7pm-8pm
Oct. 13 – Nov. 3 Big Bend Golf Ctr*

Golf: Beginning II

Review fundamentals presented in Golf: Beginning I with special emphasis on correcting individual swing faults. Extra fee for balls.

PEDU:731

4 sessions | \$45

811 M 6pm-7pm
Oct. 13 – Nov. 3 Big Bend Golf Ctr*

812 W 7pm-8pm
Oct. 15 – Nov. 5 Big Bend Golf Ctr*

813 Sa 9am-10am
Oct. 11 – Nov. 1 Big Bend Golf Ctr*

Golf: Parent/Child - 4 Sessions

Parent attends class with a child, ages 7-15. Registration required for each participant. Extra fee for balls.

PEDU:732 | \$45

810 W 6pm-7pm
Oct. 15 – Nov. 5 Big Bend Golf Ctr*

812 Sa 10am-11am
Oct. 11 – Nov. 1 Big Bend Golf Ctr*

*Lighted Driving Range. Heated Stalls

Like us on Facebook



St. Louis
Community
College
Continuing
Education

Motorcycle Rider Training

Motorcycle Safety Basic Rider Course (BRC)

The Basic Rider Course (MSF-BRC) is geared toward the novice motorcyclist or scooter operator, but will also provide an excellent skills update for the returning rider or those experienced with no previous formal training. The course consists of classroom and on-bike instruction with furnished motorcycles or scooters (loaner scooters are limited - check availability before registering; however personal scooters are permitted). Those who successfully complete the course will be issued a completion card from the Missouri Motorcycle Safety Program which is a waiver for the road test portion of the Missouri license endorsement. Students must be at least 15-1/2 years old and able to ride a bicycle. Those under 18 years of age must have a release form signed by a legal guardian or parent. Students must bring DOT-approved helmet (loaner helmets available), boots, gloves, long-sleeved jacket or heavy shirt, eye protection, sturdy pants, bring a photo ID, and show proof of medical insurance. At the discretion of the instructors, students who are unable to safely operate the motorcycles will be dismissed from class for their own protection and the safety of the group. No refunds will be given if you are unable to complete the class for any reason. Class held rain or shine. Call for a detailed brochure: (314) 984-7777. To view a 5-minute video of Basic Rider Course highlights, go to msf-usa.org.

MOTR:701 | \$195

485 SaSu 9am-7pm
Oct. 11 – Oct. 12 FP - D Tower, 215

486 SaSu 9am-7pm
Oct. 18 – Oct. 19 FP - D Tower, 215

487 SaSu 9am-7pm
Oct. 25 – Oct. 26 FP - D Tower, 215

Personal Development

Discover Your Talents

Have you ever wondered what your true strengths are? Many people find it difficult to identify their own strengths, much less know how to articulate them well. Use the highly acclaimed Strengths Finder 2.0 assessment to identify your top 5 strengths and uncover your talents! Learn what differentiates you from others and how to create your own unique recipe for success as you design new life directions. Text required - bring to first class. Strengths Finder 2.0, ISBN: 9781595620156.

PERD:709 | \$49

680 Sa 9am-12pm Carol Watkins
Oct. 11 MC - BA, 216
Oct. 18 MC - BA, 220

Living the Adventure of Life

It is never too late to blossom into yourself. Rediscover your passion for life and recognize that the most important work you will ever do is become who you were meant to be, no matter what your age. Bring a notebook and pen.

PERD:709 | \$29

681 Sa 10am-12pm Roselyn Mathews
Oct. 25 MC - SO, 109

Overview of Stress Relief

Is stress running you down? Learn over 12 different stress reducing techniques that can help you take hold of your stress and handle it in healthy, beneficial ways. Explore a variety of options so that you can discover which ones address your personal needs for stress reduction. Class is an overview of numerous modalities of stress reduction.

PERD:712 | \$29

450 Tu 6:30pm-8:30pm Audrey Alexander
Nov. 11 FP - G Tower, 117

PERSONAL ENRICHMENT

How to Avoid Falling in Love With a Jerk (or Jerkette)

Do you want to find "the one"? Whether you are looking for someone or have a relationship, hear how to avoid the "love is blind" syndrome. Learn to pace a relationship and explore key areas that foreshadow what a partner will be like over the long term. Gain the tools you need to judge your partner's character. Find out how to break unhealthy dating patterns and focus on your own emotional health. Fee includes textbook.

PERD:741 | \$39

710 W 7pm-9pm
Oct. 8 – Oct. 15

Kim Harness
Clayton H.S., 108

Simplify Life

Is your life becoming busier and more chaotic with less time to do things you really want to do? It's time to make a change. Learn how to simplify your life with great tips, from a Professional Organizing Consultant! Improve your time management and learn how to make a big difference in your home with small changes.

PERD:765 | \$29

650 Th 6:30pm-8:30pm
Oct. 16 – Oct. 23

Kimberly Meredith
MC - CN, 230

T'ai Chi

T'ai Chi Chih: Continuing

Designed for students who have completed a beginning T'ai Chi Chih class and want to enhance their practice. Each week we will complete a practice of all 19 movements and the final pose, explore key principles of the form, and refine individual movements.

PEDU:767 | Mini session | \$39

P02 Tu 1:15pm-2:15pm
Nov. 18 – Dec. 16

Jeanette Miller
Solar Yoga Center

Tennis

Tennis: Beginning I (NTRP 1.0-2.0)

See NTRP Rating Box. Tennis balls provided. Facility is not air-conditioned, dress appropriately.

PEDU:733 | \$69

M07 Sa 2:30pm-3:30pm
Oct. 25 – Dec. 13
No class 11/29

Vetta

Tennis: Beginning I and II (NTRP 1.0-2.5)

See NTRP Rating Box. Tennis balls provided.

PEDU:733 | Indoor | \$85

M04 Su 6pm-7pm
Nov. 9 – Dec. 14

Frontenac Racquet Club

Tennis: Beginning II (NTRP 2.5)

See NTRP Rating Box. Tennis balls provided. Facility is not air-conditioned, dress appropriately.

PEDU:734 | \$69

M05 Tu 10am-11am
Oct. 28 – Dec. 9

Vetta

Tennis: Intermediate I (NTRP 3.0)

See NTRP Rating Box. Tennis balls provided.

PEDU:735

9 hours | \$89

M02 Th 8:30pm-10pm
Oct. 16 – Nov. 20

Woods Mill Racquet Club

10.5 hours | \$95

M07 Tu 2pm-3:30pm
Oct. 28 – Dec. 9

Vetta

M08 Th 2pm-3:30pm
Oct. 9 – Nov. 20

Vetta

M10 Sa 4:30pm-6pm
Oct. 25 – Dec. 13

Vetta

No class 11/29

National Tennis Rating Program (NTRP)

1.0 *This player is just starting to play Tennis*

2.0 *May have had some lessons; needs on-court experience*

2.5 *Can sustain a short rally of slow pace; needs to develop form*

3.0 *Consistent on medium-paced shots; needs work on form and strategy*

3.5 *Consistent with directional control; needs to work on specialty shots*

4.0 *Dependable with directional control and depths has specialty shots. Needs to play more percentage tennis*

Designations used as a tool to assist students when registering for Tennis classes:

Beginning I (1.0-2.0): Designed for beginners and those who have limited experience with basic Tennis strokes. Proper techniques of all strokes will be covered. Drills will be used and Tennis etiquette and rules will be discussed. Players will be grouped according to ability.

Beginning I and II (1.0-2.5): Designed for beginners and those who need to brush up on the basics. Techniques covered are forehand, backhand, serve, volley, basic strategy as well as drill exercises. Players will be grouped according to ability.

Beginning II (2.5): Further emphasized is proper stroke development and footwork through the use of drills. Tennis etiquette and rules will be reviewed. Constancy of stroke production is a major goal.

Intermediate I (3.0-3.5): A refresher on proper stroke execution. Drills are used and emphasis is on improved consistency and directional control. Strategy and some match play are covered.

Intermediate II to Advanced (3.5-4.0): This course includes more advanced drills, work on strategy and match play, with a goal of playing better percentage tennis.

Bring tennis shoes and racket. Tennis balls provided. Facilities may not be air-conditioned. Please dress appropriately. Every effort will be made to schedule a make-up class for outdoor classes missed due to rain-outs. However, no refunds will be given for rained-out classes.

Tennis: Intermediate I (NTRP 3.0)

See NTRP Rating Box. Tennis balls provided.

PEDU:735 | Indoor | \$85

M03 Sa 4pm-5pm

Sept. 13 – Oct. 18

Forest Lake Tennis Club

M04 Sa 4pm-5pm

Nov. 1 – Dec. 6

Forest Lake Tennis Club

Wellness

Couples Massage

Find gentle ways to comfort and relax your partner. Methods based on Swedish, Russian Massage, and Trigger Point Therapy. Partner required. Fee is per person. Supply list sent.

HEAL:704 | \$49

680 Sa 9:30am-3:30pm
Oct. 18

Alice Sanvito
MC - SW, 106

MELT®: Hand and Foot

Do you suffer from chronic pain? The MELT Method®: Hand and Foot is a great way to alleviate chronic pain and re-balance the neural core. Learn techniques for your hands and feet to erase pain and feel better in minutes. This simple, proactive approach to maintaining a healthy, pain-free, active lifestyle is the best first step for anyone looking to feel better. Regardless of your age, gender, or current activity level, anyone can learn to MELT®!

HEAL:709 | \$75

M01 Tu 4pm-4:50pm
Oct. 14 – Nov. 4

CJ Thomas
Body by Pilates

Meditation for Health and Harmony

Meditation brings relaxation, mental clarity, emotional balance and spirituality. Discover meditation techniques and find the one that's best for you.

HEAL:706 | \$49

450 W 7pm-9pm
Oct. 15 – Nov. 5

Rhonda Leifheit
FP - B Tower, 013

The Great Outdoors

Recreational Tree Climbing - Level II

Advance to the next step in recreational tree climbing. Use advanced techniques to ascend multiple pitches and reach the very top of a tree. Build upon what you learned in Recreational Tree climbing with state-of-the-art climbing methods that allow you to travel throughout the canopy. Small class size and one-on-one training from your instructor, who climbs into the canopy with you, make this a compelling learning experience. Class does not teach participants how to climb on their own. Participants need basic physical fitness - able to easily climb a flight of stairs. All gear is provided. Prerequisite: Recreational Tree Climbing or previous introductory climb experience (MOBOT canopy climb, Adventure Tree open climb, etc). STUDENTS MUST BE REGISTERED, BRING PHOTO ID, AND SIGN WAIVER TO PARTICIPATE IN CLASS.

PEDU:765 | \$49

V02 Su 12pm-4pm
Oct. 12

Guy Mott
EarthDance Farms

YOUTH AND FAMILY

Jr. Docs & Vets: Dissection

Put on your aprons and gloves and get ready to explore the inside structures found in different specimens such as a pig, frog, shark, and snake. You'll learn to use dissection equipment properly and to identify the organs in these animals. Ages 8-15. Specimens vary based on availability.

KIDS:706 | \$35

- 480 Sa 9:30am-12pm **Jeanne Schulte**
Nov. 15 *FP - G Tower, 225*
- 580 Sa 9:30am-12pm **Jeanne Schulte**
Nov. 8 *FV - E, 156*
- 680 Sa 9:30am-12pm **Jeanne Schulte**
Dec. 6 *MC - SS, 105*

Tennis for Youth: Beginning I and II

Class designed for beginners and those who need to brush up on the basics. Techniques covered include forehand, backhand, serve, volley, basic strategy as well as drill exercises. Players will be grouped according to ability. Ages 7-10. Tennis balls provided.

KIDS:709

Indoor | \$85 Ages 7-10

- M02 Sa 4pm-5pm
Nov. 1 - Dec. 6 *Forest Lake Tennis Club*
 - M06 Su 6pm-7pm
Nov. 9 - Dec. 14 *Frontenac Racquet Club*
- Ages 11-15**
- M08 Su 7pm-8pm
Nov. 9 - Dec. 14 *Frontenac Racquet Club*

Junior Baker: Holiday Cookies

A fun activity for young bakers ages 9-14. You'll develop your baking skills and knowledge in this class, learning to make, bake, and decorate your own special cookie creations. You'll make a variety of rolled, drop and bar-type cookies. After this experience, you'll be able to go home and be the family cookie-baker for holiday celebrations. Class is a combination of demonstration and hands-on. Bring containers to take home your finished cookies. Park on Hartford or Hampton. Flagpole in front.

KIDS:730 | \$39

- P01 Sa 2pm-5pm **Debra Hennen**
Dec. 6 *Culinary Arts House*

Me & Mom: Basic Sewing

Pre-teens and teens, get basic sewing skills. You'll make a sewing tote. Also make a fleece pillow, an American Girl doll dress OR denim purse. Learn to make a flat-fell seam, a bound buttonhole and read pattern instructions. Sewing machine use included. Adult and child (age 9-14) each must register (ONE CHILD PER ADULT - adult serves as helper) and pay \$39. Fee includes all materials (basic sewing supplies.) No sewing machine necessary. Bring a sack lunch. Class meets Girl Scout requirements for sewing badge.

KIDS:738 | \$39

- 580 Sa 9:30am-1:30pm **Jeanne Zipp**
Oct. 25 *FV - SS, 103*

Mini Movers: Child Only - Ages 3-5

Jump, swing and roll! Promote motor development for your preschooler by using fun and exciting mat shapes, gymnastics and other play equipment to explore balance, coordination and sensory development. Led by a pediatric physical therapist and gymnastics instructors, class is designed to accommodate children of all abilities and special needs. Registration and signed waiver required for all participants.

KIDS:711 | \$79

- 651 Tu 5:30pm-6:25pm **Sarah Hasser**
Laura Legg
Oct. 21 - Dec. 16 *MC - PE, 105*
No class 11/25

Mini Movers: Parent/Child - Ages 6 months to 3 years

Come play with us! Promote motor development with fun gymnastics activities that you can enjoy with your child, ages 6 mos to 3 years. Children will explore balance, coordination and sensory development using fun and exciting mat shapes, gymnastics and other play equipment. Led by a pediatric physical therapist and gymnastics instructors, class is designed to accommodate children of all abilities and special needs. \$79 fee covers one child and up to two parents/guardians. All children MUST be registered under KIDS 738 600/602 and parents/guardians MUST register under KIDS 738 601/603. Signed waiver required for each participant.

KIDS:738 | \$79

- 602 Tu 4:30pm-5:15pm **Sarah Hasser**
Laura Legg
Oct. 21 - Dec. 16 *MC - PE, 105*
No class 11/25

The following sections are for Parents/Guardians of children that have registered and paid for KIDS 738 600/602. Maximum 2 parent/guardian for each \$79 child registration.

- 603 Tu 4:30pm-5:15pm
Oct. 21 - Dec. 16 *MC - PE, 105*
No class 11/25



**Registration for
Spring 2015
begins January 5, 2015**

LOCATION INDEX

STLCC Continuing Education
**Registration
 is now open!**

Adiva Dance Center
 943 S. Kirkwood Rd, 63122

Affton White-Rodgers
 Community Center
 (Affton White-Rodgers)
 9801 Mackenzie Road, 63123

Babler Memorial State Park
 Highway 109, 63005

Berkeley Police Firing Range
 Intersection of Frost and Eva,
 63134

Bernard Middle School
 1054 Forder Road, 63129

Big Bend Golf Center
 3390 Quinette Road, 63088

Big Bend Yoga Center
 88 North Gore, 63119

Body by Pilates
 (inside Studio Rue)
 7905 Big Bend Blvd., Ste. 103,
 63119

Bridge Haven
 6205 No. Lindbergh Blvd, 63042

Bridgeton Trails Library
 3455 McKelvey Road, 63044

BRDG Park at the Donald
 Danforth Plant Science Center
 1005 No Warson Rd, 63132

Brunswick Zone Chesterfield
 176 Four Seasons Shopping
 Center, 63017

Camp Wyman
 600 Kiwanis Drive, 63025

Ces and Judy's
 10405 Clayton Rd, 63131

Chess Club and Scholastic
 Center of St. Louis
 4657 Maryland Ave, 63108

Chesterfield Ridge Center Bldg.,
 1st floor, 16401 Swingley Ridge
 Rd., 63017

City Seeds Urban Farm
 2200 Pine Street, 63103

Clayton High School
 #1 Mark Twain Circle, 63105

Columbia Bottom Conservation
 Area
 Columbia Bottoms
 & Strodtman Rds, 63138

Concordia Lutheran Church
 505 S. Kirkwood Rd., 63122

Crestview Middle School
 16025 Clayton Road, 63011

Creve Coeur Municipal Golf
 Course
 11400 Olde Cabin Rd, 63141

Culinary Arts House
 3137 Hampton Avenue, 63139

Dance Arts St. Louis
 8045 Big Bend, Suite 200B,
 63119

DEEsigs Studio
 9920 Watson Rd. Ste 200, 63126

Defensive Focus
 16401 Swingley Ridge Rd,
 63017

Eagle Springs Golf Course
 2575 Redman Rd. 63136

EarthDance Farms
 233 S Dade Ave, 63135

Endangered Wolf Center
 6750 Tyson Valley Road, 63025

Faust Park
 15189 Olive Blvd, 63017

First Tee (South County)
 6286 Lemay Ferry Road, 63129

Fischer's Cake & Candy
 620 Charbonier Rd., 63031

Forest Lake Tennis Club
 1012 N. Woods Mill Road, 63011

Francis Park
 Donovan and Eichelberger,
 63109

Frontenac Racquet Club
 10455 German Blvd., 63131

Garden of Life Spiritual Center
 9525 Eddie and Park Rd., 63126

GolfPort-Maryland Heights
 1 GolfPort Drive, 63146

Greentree Park
 2202 Marshall Rd, 63122

Hawn State Park
 12096 Park Drive
 Ste Genevieve MO 63670

Humane Society of Missouri
 1201 Macklind Ave., 63110

Hixson Middle School
 630 South Elm Ave, 63119

Kaufman Park
 8000 Blackberry, 63130

Kennedy Recreation Complex
 6050 Wells Road, 63128

Kirkwood Community Center
 111 South Geyer Road, 63122

Kirkwood Senior High School
 801 West Essex, 63122

Kirkwood Public Library
 140 East Jefferson, 63122

K.I.S.S Fitness
 2318 N. Hwy 67, 63033

LaSalle Springs Middle School
 3300 Highway 109, 63038

Ladue Middle School
 9701 Conway Road, 63124

Lindbergh Senior High School
 4900 South Lindbergh, 63126

Little Creek Nature Area
 2295 Dunn Road, 63033

Lutheran Church of the
 Resurrection
 9907 Sappington Rd., 63128

Martial Arts Center (Mehlville)
 3712 Lemay Ferry Road, 63125

Martial Arts Center (FV area)
 12683 New Halls Ferry Rd,
 63033

Masterpeace Studios
 (inside Fellowship Hall of
 Christ Lutheran Church)
 1 Selma Ave., 63119

Meramec State Park
 115 Meramec Park Rd
 Sullivan MO, 63080

Mid-County Family YMCA
 1900 Urban Drive, 63144

Missouri History Museum
 5700 Lindell Blvd, 63112

Nottingham Elementary School
 4915 Donovan, 63109

Painted Zebra
 10907 Manchester Road, 63122

Queeny Park--Greensfelder
 Recreation Complex
 550 Weidman Road, 63011

RiverChase of Fenton
 990 Horan Drive, 63026

Rockwood Summit High School
 1780 Hawkins Road, 63026

Rockwood Valley Middle School
 1220 Babler Park Dr., 63038

Ruth Park Golf Course
 8211 Groby Road, 63130

Selvidge Middle School
 235 New Ballwin Road, 63021

Shaw VPA Community Center
 5329 Columbia, 63139

Simpson Lake
 1234 Marshall Road, 63088

Solar Yoga Center
 6002 Pershing at Des Peres,
 63112

Sperrung Middle School
 12111 Tesson Ferry Road, 63128

St. John's Evangelical UCC
 11333 St. John's Church Road,
 63123

St. Louis Combat Institute
 4208 Sarpy Ave, 63110

**St. Louis Community College
 Florissant Valley (FV)**
 3400 Pershall Road, 63135

**St. Louis Community College
 Forest Park (FP)**
 5600 Oakland Ave, 63110

**St. Louis Community College
 Meramec (MC)**
 11333 Big Bend Road, 63122

**St. Louis Community College
 Wildwood (WW)**
 2645 Generations Dr.
 Wildwood, 63040

**St. Louis Community College
 William J. Harrison
 Education Center
 (Harrison Ed. Ctr)**
 3140 Cass Ave, 63106

**St. Louis Community College
 South County Education
 & University Center (SCEUC)**
 4115 Meramec Bottom Road,
 63129

**St. Louis Community College
 Corporate College
 (Corp. College)**
 3221 McKelvey Road, 63044

**St. Louis Community College
 Center for Workforce
 Innovation (CWI)**
 3344 Pershall Rd., 63135

St. Louis Genealogical Society
 4 Sunnen Drive, 63143

St. Louis Wine and Beer Making
 231 Lamp and Lantern Village,
 63017

Sunset Hills Community Center
(Sunset Hills Comm. Ctr)
 3915 South Lindbergh, 63127

Sunset Hills Golf Learning Ctr
 13550 West Watson Rd, 63127

Sunset Tennis Center
 10911 Gravois Ind'l Court,
 63128

Sunset Hills Watson Trails
 12450 W Watson Rd, 63127

The Studio, Inc.
 1332 Strassner Drive, 63144

The Timbers of Eureka
 1 Coffey Park Lane, 63025

Thomas Dunn Memorial
 Learning Center
(Thomas Dunn Mem. Ctr)
 3113 Gasconade, 63118

Thornhill Branch/St. Louis
 County Library
 12863 Willowyck Dr, 63146

Tower Tee Golf Center
 6727 Heege Road, 63123

Trinity Lutheran Church
 14088 Clayton Road, 63017

U Can Dance Studio
 3570 Adie Rd., 63074

University City High School
 (U. City H.S.)
 7401 Balson Avenue, 63130

University City Public Library
 6701 Delmar Blvd, 63130

Valley Park High School
 One Main Street 63088

Vetta Sports-Concord
 12320 Old Tesson Ferry Road,
 63128

Winding Brook Estate
 3 Winding Brook Estate Drive
 63025

Wine Barrel
 3828 South Lindbergh,
 Suite 111, 63127

Woods Mill Racquet Club
 910 Old Woods Mill Road, 63017

Xtreme Krav Maga/Xtreme
 Tactical
 639 Gravois Bluffs Blvd. Suite
 C, 63026

CAMPUS LEGEND

FLORISSANT VALLEY = FV

A ADMINISTRATION
 B BUSINESS
 CDC CHILD DEVELOPMENT
 CENTER
 C COMMUNICATIONS
 EC EMERSON CENTER
 E ENGINEERING
 H HUMANITIES
 IR INSTRUCTIONAL RESOURCES
 PE PHYSICAL EDUCATION
 S SERVICE BUILDING
 SM SCIENCE-MATHEMATICS
 SS SOCIAL SCIENCES
 SC STUDENT CENTER
 T THEATER
 TC TRAINING CENTER
 CWI CTR FOR WORKFORCE
 INNOVATION

FOREST PARK = FP

A A-TOWER
 B B-TOWER
 C C-TOWER
 D D-TOWER
 F F-TOWER
 G G-TOWER
 HSP HOSPITALITY
 LB LIBRARY
 PE PHYSICAL EDUCATION
 SC STUDENT CENTER
 T THEATRE
 AA ART ANNEX

MERAMEC = MC

AC ASSESSMENT CENTER
 AD ADMINISTRATION/CLARK
 HALL
 AS APPLIED SCIENCE
 BA BUSINESS ADMINISTRATION
 CE CONTINUING EDUCATION
 CP CAMPUS POLICE
 CN COMMUNICATIONS NORTH
 CS COMMUNICATIONS SOUTH
 GH GREENHOUSE
 HE HUMANITIES EAST
 HW HUMANITIES WEST
 LH LECTURE HALLS
 L LIBRARY
 PE PHYSICAL EDUCATION
 SC STUDENT CENTER
 SO SOCIAL SCIENCE
 SS SCIENCE SOUTH
 SW SCIENCE WEST
 T THEATRE

WILDWOOD = WW

EXTENSION CAMPUSES

South County Education and
 University Center = SCEUC

William J. Harrison Education
 Center = Harrison Ed. Ctr

STLCC Corporate College =
 Corp. College

GENERAL INFORMATION

Enrollment in classes within this brochure, except for youth section classes, is limited to persons 16 years or older.

Accommodations Statement

St. Louis Community College is committed to providing access and reasonable accommodations for individuals with disabilities. If you have accommodation needs, please contact the Continuing Education Access office at least six weeks prior to the start of class to request accommodations. Event accommodation requests should be made with the event coordinator at least two working days prior to the event. Documentation of disability may be required. Contact Anne Marie Schreiber at 314-984-7704.

Students Rights and Responsibilities

All students are responsible for adhering to college policies and procedures. Please refer to www.stlcc.edu/Document_Library/FactFinder.pdf to review and/or download a copy of the Fact Finder Student Handbook including student rights and responsibilities or call the Continuing Education office.

Postponement/Cancellation Due to Inclement Weather

Occasionally, continuing education classes are cancelled due to inclement weather. Cancellations will be broadcast on KMOX-AM (1120) and on KMOV-TV, KSDK-TV and KTVI/Fox 2. When St. Louis Community College cancels classes, off-campus classes are also cancelled. In addition, when a particular host school district or institution closes, the continuing education classes at that location will not meet.

Refund of Fees

Since continuing education (non-credit) classes are self-supporting, the decision to run a class is based on the number of people enrolled. The college reserves the right to cancel if sufficient enrollment is not achieved. Registrants will be notified by phone or mail if a class is cancelled. Full refunds will be issued for classes cancelled by the college.

If you drop a class, you will receive a 100 percent refund for most classes if the class is dropped one business day before the first meeting. A 50 percent refund will be given for most classes dropped between one business day before the first class meeting and prior to the second meeting of the class. See the course schedule for classes (such as daytrips) that require notice beyond one business day for cancellation and eligibility for a refund. Requests of withdrawals should be submitted in writing to the Continuing Education office. Calculation of refunds will be based on the date the written request is received by the office. If you have a situation that warrants an override of the above policy, an explanation of the circumstances should be made in writing to the Continuing Education office. Refunds should be received within 30 days.

Fee Reduction for Older Adults

Older adults (those 60 years and older) may enroll in most courses for a reduced fee. This reduction is half the price of the class fee only, plus whatever material costs are associated with the class. Material costs include fees for expenses such as books and materials, facility usage, tour and travel costs, computer lab usage, online courses, food supplies and other items needed for the class. NOTE: Those wishing to take advantage of this fee reduction must do so at the time of registration. Before registering, please contact the Continuing Education office to see if your course contains a material fee.

Senior Citizen Scholarship

Missouri residents who are at least sixty-five years of age will be awarded a scholarship to be exempt from maintenance fees to enroll in courses on a space available basis. There will be a non-refundable registration fee of \$5 per course to a maximum of \$25 per semester. Student is responsible for other fees, such as materials, supplies and books. At the earliest, students may enroll in the class two days prior to the first class date. Students may not receive a refund for a paid course in order to enroll for a scholarship space in that same course. PLEASE CALL THE CONTINUING EDUCATION OFFICE TO GET SPECIFICS REGARDING THE SENIOR SCHOLARSHIP. The senior scholarship discount does not apply to online classes.

Safety and Program Guidelines for Youth Classes

All children under the age of 16 who are enrolled in programs through the St. Louis Community College Office of Continuing Education, must be accompanied to and signed-in at the beginning of each program session by a responsible party. In addition, a responsible party must also meet the participant at the end of the session and sign them out. Appropriate behavior is expected. Students may be disenrolled for misbehavior.

Unattended Children

Students are not permitted to bring children to class, nor should children be left unattended in the halls, offices, library or common areas. The college reserves the right to protect the safety and welfare of unattended children. If students leave children unattended, the college will institute disciplinary action.

Textbooks — can be purchased at the campus bookstores.

Library and Computer Lab Privileges

If you are registered in continuing education courses, you may enjoy library and computer lab privileges by showing your student ID. To obtain a student ID take your paid fee receipt to the Campus Life office and the personnel there will provide you with an ID.

Firearms on College Property

Except for licensed police officers, no person shall possess or carry any firearm, visible or concealed, on college property (including college buildings and grounds leased or owned by the college-college athletic fields and parking lots) or in any college van or vehicle or at college-sponsored activities. College employees, students and visitors who hold concealed carry endorsements as allowed by Missouri law may not carry or bring any firearms, visible or concealed, on college property, owned or leased or at any college activities.

Notice of Non-Discrimination

St. Louis Community College is committed to non-discrimination and equal opportunities in its admissions, educational programs, activities and employment regardless of race, color, creed, religion, sex, sexual orientation, national origin, ancestry, age, disability, genetic information or status as a disabled or Vietnam-era veteran and shall take action necessary to ensure non-discrimination. For information contact:

Corporate College

Lesley English-Abram, Manager, Community Services
STLCC Corporate College, 3221 McKelvey Road, Bridgeton, MO 63044
314-539-5480, labram@stlcc.edu

Cosand Center/Employment

Patricia Henderson, Senior Manager of Employment
300 S. Broadway, St. Louis, MO 63102-2800, 314-539-5214, phenderson@stlcc.edu

Florissant Valley

Joe Worth, Vice President, Student Affairs
3400 Pershall Road, St. Louis, MO 63135-1408, 314-513-4250, jworth@stlcc.edu

Forest Park

Deborah Carter, Acting Vice President, Student Affairs
5600 Oakland Avenue, St. Louis, MO 63110-1316, 314-644-9212,

Meramec

Kim Fitzgerald, Vice President, Student Affairs
11333 Big Bend Road, St. Louis, MO 63122-5720, 314-984-7609, kfitzgerald@stlcc.edu

Wildwood

Laura Davidson, Director of Student Affairs
2645 Generations Drive, Wildwood, MO 63040-1168, 636-422-2004, ldavidson@stlcc.edu

Section 504/Title II Coordinator

Dr. Donna Dare, Vice Chancellor of Academic Affairs
300 S. Broadway, St. Louis, MO 63102-2800, 314-539-5285, ddare@stlcc.edu

Title IX Coordinator:

Pam McIntyre, President, Meramec
11333 Big Bend Road, St. Louis, MO 63122-5720. 314-984-7763. pmcintyre@stlcc.edu

Registration is Easy!!!



Mail

Complete the registration form (below) and mail with check (*payable to St. Louis Community College*) to:

STLCC Continuing Education, 3221 McKelvey Road, Suite 250, Bridgeton, MO 63044

Students who register by mail should assume they are registered unless otherwise notified. A registration confirmation is mailed to students who register by mail; however, the confirmation may not be received prior to the beginning of the class. If you have enrollment questions, please call Continuing Education: 314-984-7777.



In Person at STLCC Continuing Education Offices M-F 8:30 am - 4 pm

Meramec

802 Couch Avenue
St. Louis, MO 63122

Florissant Valley

At the Center for Workforce Innovation
3400 Pershall Rd., Ferguson, MO 63135

Forest Park

Forest Park, G Tower-320-322
5600 Oakland Ave., St. Louis, MO 63110

You may want to first call the Continuing Education office at 314-984-7777, to check that openings exist.



By Phone

Call to complete your registration by charging fees to MasterCard, Visa, American Express or Discover.

Telephone: 314-984-7777

Before calling to register, have this information ready:

1. Course Title / Course Code (letter prefix with number) / Section Number
2. Student Contact Info (name / address / phone number / email)
3. Student Number or UIN
4. Credit Card Number with Expiration Date



Online: www.stlcc.edu

Visit our website and click on the "Continuing Education" link — where you can view current class offerings and to register for classes.

Enrollment in classes within this brochure, except for youth section classes, is limited to persons 16 years or older, unless otherwise noted.

Registration Deadline – All non-credit courses are limited in enrollment. Advanced registration is required.

Automatic Bank Payment (ACH) – All checks will be converted to an electronic Automated Clearing House (ACH) transaction whether the payment was made in person or mailed.

Mail-In

Registration form Please print in ink.

Please register me for the following courses:

Course Code	Section	Course Title	Day/Time	Fees
Total				

Male Female

Senior Citizen?

Yes No

Check Payment:

Please make checks payable to St. Louis Community College, and mail with form (address above).

Credit Card Payment:

Charge fees to:

- MasterCard
 VISA
 Discover
 American Express

Email Address: _____

UIN or Student#: _____ Birthdate: _____

Name: _____
LAST FIRST MIDDLE INITIAL

Address: _____
STREET OR POST OFFICE BOX

CITY STATE ZIP CODE

Telephone/Home: _____ Work: _____

_____ Expiration Date: _____
CARD NUMBER

Signature: _____

RESIDENTIAL CUSTOMER



*Advance your life personally
and professionally...*



*...with certificate programs from
St. Louis Community College
Continuing Education*



www.stlcc.edu/ce

- Lean Six Sigma Green Belt
- Project Management
- Mental Health Interpreter
- Master Naturalist
- CPR/First Aid
- Phlebotomy
- Small Business Essentials
- Digital Photography
- Nurse Assistant for Nursing Homes
- ACE Personal Trainer
- Web Development
- Pharmacy Technician
- Animal Welfare Assistant
- Cake Decorating
- NISM Social Media
- Central Sterile Processing Technician

Questions? Call 314-984-7777

ST. LOUIS COMMUNITY COLLEGE...

Since 1962, more than 1.2 million people have passed through our doors to take a class, earn a degree, upgrade their career skills or enrich their lives. Each year, more than 80,000 students enroll in:

- College transfer and career programs leading to associate degrees
- Job skill and personal development classes
- College preparatory courses
- Specialized performance programs sponsored by local employers
- Associate degrees in Arts, Science, Fine Arts, Applied Science and Teaching are offered as well as Certificates of Proficiency and Specialization. The college's Workforce Solutions Group also serves the local business community through assessment, counseling, consulting and training services.

Learning is convenient via:

- Four campuses-Florissant Valley, Forest Park, Meramec and Wildwood
- Three education centers-south and north St. Louis County and north St. Louis City
- Numerous business, industrial and neighborhood sites throughout the metro area
- Online instruction

100454 4/2014

Governed by a board of six elected trustees and supported by local taxes, state funds and student fees, the college has an annual budget of more than \$200 million. The college is accredited by the Higher Learning Commission of the North Central Association of Colleges and Schools. St. Louis Community College focuses its resources on helping students find the right academic and career pathways. Through its alumni and community partnerships, the college is helping St. Louis become the best place to live and work in the 21st century.