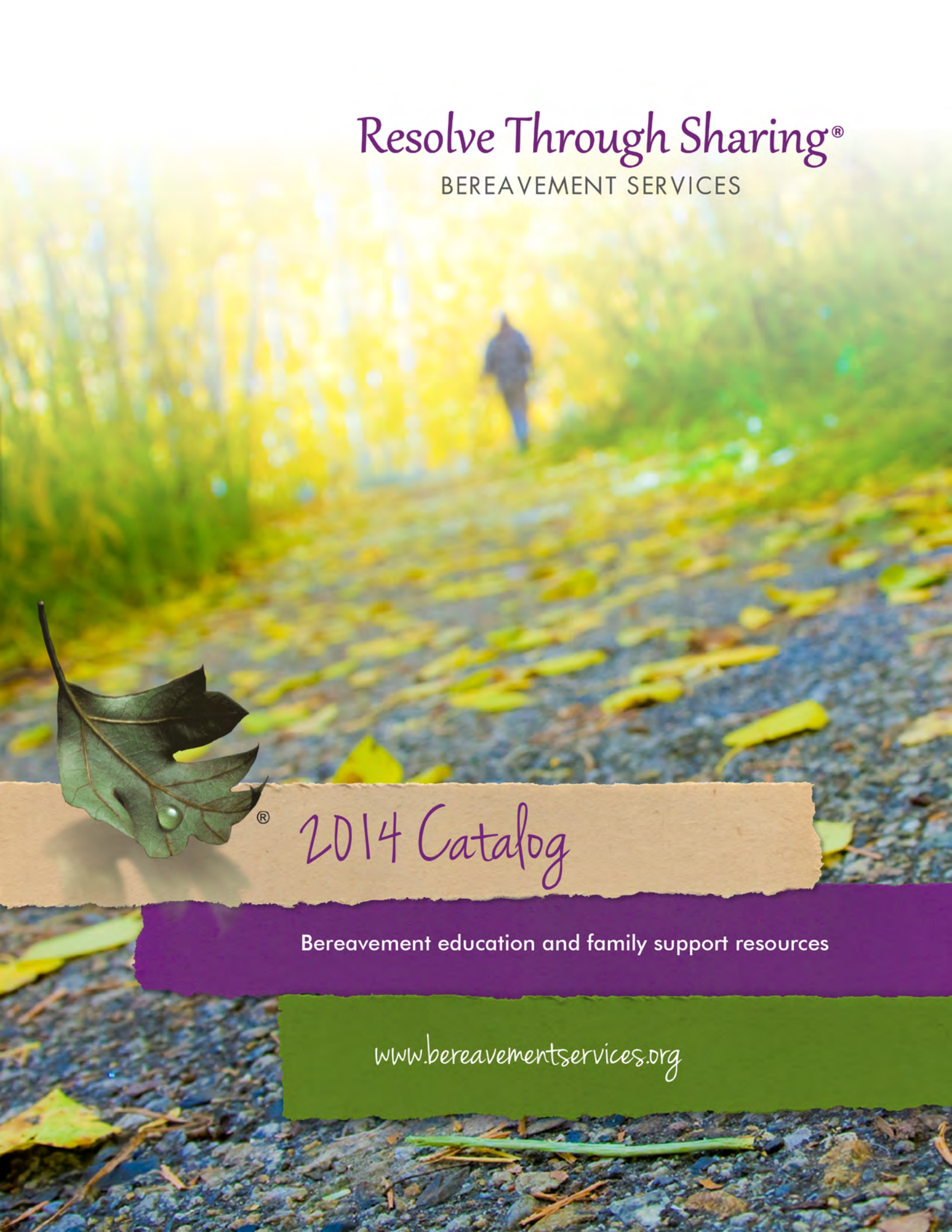


Resolve Through Sharing®

BEREAVEMENT SERVICES



2014 Catalog

Bereavement education and family support resources

www.bereavementservices.org

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A private label for Resolve Through Sharing® (RTS) made by Memories Unlimited, Inc. The RTS Remembrance Box™, RTS Memory Box™, RTS Memento Box™, RTS Keepsake Impressions Kit™, and Preshand System™ are tools providing bereavement support for caregivers working with grieving families.

Return Policy

Our materials are packaged carefully to prevent damage during shipping. However, if you receive damaged items, just call within 30 days of placing your order, and we will gladly replace them. Returns not subject to damage will incur a 20% restocking fee and must be in resalable condition when they reach our fulfillment center (including DVD seals and original packaging intact). You are responsible for return shipment costs. Your account will be credited when we confirm the condition of the returned materials.

Dear Friends,

Since we first began offering Resolve Through Sharing® (RTS) training in perinatal death I have heard over and over again how transformative the education was. "RTS changed my practice," or "It's the best course I've ever attended" are all constant reminders to me of how important and effective this work is.

Whether face-to-face or online, perinatal, pediatric, or adult, the Resolve Through Sharing educational programs are carefully designed to focus on relationship. Our trainings are an educational experience rather than a series of presentations. Our faculty members are long-time RTS coordinators who understand what it means to develop a bereavement program throughout a system.

"Why reinvent the wheel?" The Resolve Through Sharing trainings provide everything you need to begin, revive, or sustain a system-wide bereavement program. The interprofessional team who brought RTS to reality in 1981 had a vision that in order to provide effective, meaningful, and quality bereavement care, it was necessary to include people from all hospital units who come in contact with grieving families. We created a dissemination approach that included the emergency room, outpatient/ambulatory settings, surgical areas, and all inpatient units. Care for the caregiver, a topic that many of you know is key to providing care to others, is the focus of the new book, *Meaningful Moments: Ritual and Reflection When a Child Dies*, featured on page 19. The publication is filled with reflective readings, examples of ritual for families and care providers, beautiful photography and poetry, and note pages.

Meaningful Moments is just one example of the over 125 carefully created items available for you and the families you care for. Over 7,000 hospitals and organizations around the world use our support materials in their facility and we remain dedicated to this cause as we develop new products and educational opportunities.



Respectfully,

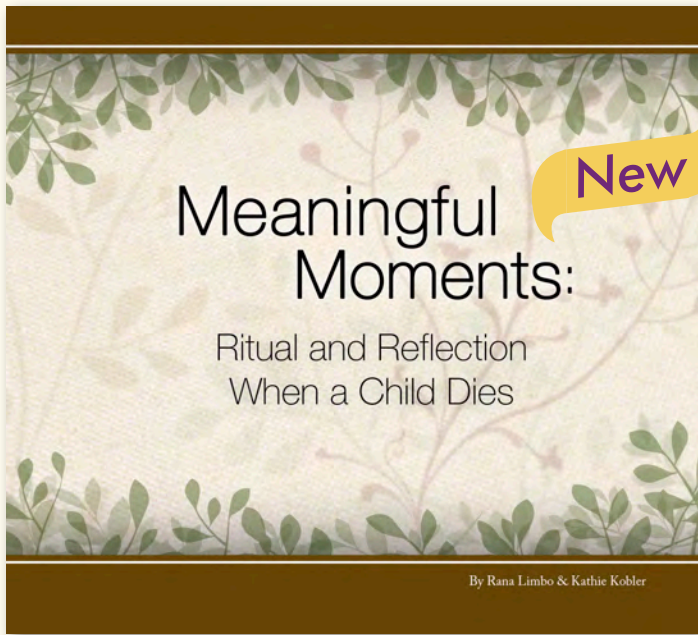
Rana

Rana Limbo, PhD, RN, PMHCNS-BC, CPLC, FAAN,
Associate Director of Resolve Through Sharing
Manager of Faculty, Research, and Development, Resolve Through Sharing

Her bereavement career began in 1981 when she became the first coordinator of Resolve Through Sharing and helped to establish the program as an internationally-known gold standard of bereavement care and education. She is the co-author of the classic, *When a Baby Dies: A Handbook for Healing and Helping* and

of *Meaningful Moments: Ritual and Reflection When a Child Dies*. Known for speaking, writing, and research in perinatal bereavement, Dr. Limbo is a Fellow of the American Academy of Nursing and an elected member of the International Work Group on Death, Dying, and Bereavement.

New Products



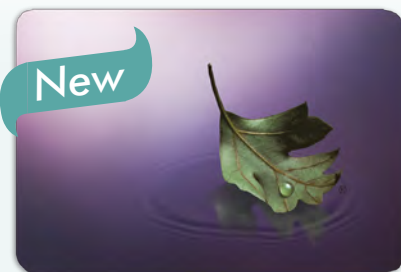
Meaningful Moments: Ritual & Reflection when a Child Dies

Rana Limbo and Kathie Kobler wrote *Meaningful Moments: Ritual and Reflection When a Child Dies* to shed light on the tender moments between children, parents, and caregivers. Known for their writing, speaking, and research that focuses on relationship, the authors skillfully bring together elements of relationship, reflection, ritual, suffering, and hope, and introduce a guided approach to co-creation of ritual. (see page 19)



PRAM Card

PRAM (Pause, Reflect, Acknowledge, be Mindful), a framework developed by Kathie Kobler and Rana Limbo, is described on this durable, one-of-a-kind card as a resource for interprofessional team members. (see page 7)



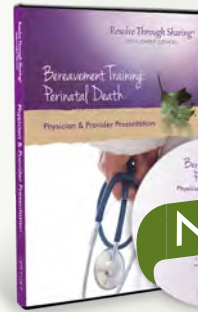
Magnetic Door Card

Place this bereavement door card on a hospital room door to alert the staff that a death has occurred. The leaf and teardrop photo serves as a reminder to be sensitive when entering the room. The card may be given to the family as a keepsake in memory of their loved one. (see page 15)



Reflections Journal

Families use the journal to record meaningful moments and special thoughts of their loved one. (see page 15)



Bereavement Training: Perinatal Death Physician & Provider Presentation

This hour-long PowerPoint presentation is designed to give provider participants an understanding of Resolve Through Sharing's principles and practice. (see page 16)



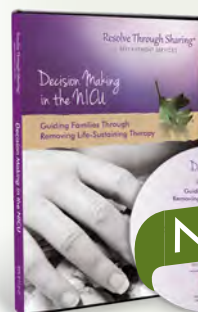
Perinatal Bereavement Overview Principles and Practice

This narrated PowerPoint is intended for staff who have not had the opportunity to attend Resolve Through Sharing (RTS) Bereavement Training in Perinatal Death. (see page 16)



Supporting Angry Families

Grief research and literature identify that anger is a normal, healthy response to loss. Yet, many healthcare providers are unprepared and lack the skills to effectively deal with the anger of patients and families. (see page 16)



Decision Making in the NICU Guiding Families Through Removing Life- Sustaining Therapy

This video demonstrates the use of Guided Participation as a method to engage families in relationship development, communication, and decision making. (see page 16)

Training

Are you interested in providing the best possible bereavement care to those who are dying and their grieving family members? RTS offers two relationship-based training options: RTS Bereavement Training: Perinatal Death and RTS Bereavement Training: Pediatric and Adult Death. Both 2-day courses are comprehensive, family and patient centered, evidence-based, and personally and professionally meaningful. The curriculum is modified regularly to reflect the latest in research, innovations in practice, and updated systems. Our pre- and post-course surveys indicate that over 95% of all participants are more comfortable caring for bereaved families, have enough knowledge to create a relationship with a bereaved family, and have the skills to effectively communicate with bereaved families, after taking the course(s).



RTS Tools for Education

Jump start your perinatal RTS program! This kit includes the basics for providing staff in-services and workshops at your facility. (see page 7)



Perinatal Bereavement Sample Kit

Designed to give professional caregivers an overview of available RTS perinatal family support literature, the RTS Perinatal Sample Kit is available in English and Spanish. (see page 13)

Course Audits

Already attended RTS Bereavement Training: Perinatal Death? Audit the course to learn about the latest research, innovations in practice and systems, and the new relationship-based approach to perinatal bereavement care. Visit our website for details.

RTS Bereavement Training: Perinatal Death

Who should attend?

The target audience includes nurses, social workers (all levels of practice), chaplains, midwives, genetic counselors, physicians, physician assistants, child life specialists, ultrasonographers, and funeral directors.

Participants may practice in the following settings: high risk antepartum; labor and delivery; mother/baby; pediatric/neonatal intensive care; perinatal hospice; emergency room; surgery (including outpatient, inpatient, and recovery); and obstetrics/gynecology, genetics, and family practice clinics.

Topics - Day 1

- Welcome and introduction
- Understanding relationship-based care giving
- Theoretical framework of perinatal loss and intervention
- Understanding grief
- Communicating with the bereaved
- Relationship in practice: Giving care with each type of perinatal death
- Memory making, keepsakes, and photography
- Parents share their experiences

Topics - Day 2

- Ritual and spiritual care
- Establishing and maintaining relationship with fathers, teens, grandparents, and same sex partners
- Understanding the needs of bereaved children
- Perinatal palliative care
- Honoring hope
- Leaving the hospital
- Respectful disposition of remains
- Follow up
- Policies and standards
- Relationship-based care as a foundation for caring for yourself

Pre-requirement: Three online modules

RTS Bereavement Training helps you comply with The Joint Commission standard for end-of-life care PC.02.02.13.



"I was so thrilled to be a part of RTS Training, and was able to incorporate much of what I learned immediately into my conversations. It was both informative and energizing to experience RTS. Thank you."

Liz Youngs, Participant
RTS Bereavement Training: Perinatal Death

RTS Bereavement Training: Pediatric and Adult Death

New

Who should attend?

This course is open to nurses, social workers (all levels of practice), chaplains/clergy, physicians, child life specialists, and emergency medical system/first responders.

Topics - Day 1

- Welcome and introduction
- Introduction to relationship in pediatric and adult death
- Using theoretical frameworks to understand relationship
- Working with bereaved families using Guided Participation
- Communication strategies
- Caring for children who are dying and their families
- Caring for bereaved children and teens
- Sudden, traumatic, and stigmatizing death
- Family presence during CPR and viewing the body
- Autopsy
- Wartime death and bereavement
- Complicated grief
- Family panel

Topics - Day 2

- End-of-life care including palliative and hospice care
- Reducing barriers in end-of-life discussions
- Pediatric and adult advance care planning
- Spiritual care and the role of hope
- Honoring relationship through ritual
- Creating memories through keepsakes and photography
- Loss, grief, and growth
- Follow-up after a child or adult dies
- Relationship-based care as a foundation for caring for yourself

Pre-requirement: Three online modules

Training



PRAM Card

PRAM (Pause, Reflect, Acknowledge, be Mindful), a framework developed by Kathie Kobler and Rana Limbo, is described on this durable, one-of-a-kind pocket card as a resource for interprofessional team members. (see page 7)



Reflections Journal

Participants use the new Reflections Journal during RTS Bereavement Training to enhance learning. (see page 7)



Register at www.bereavementservices.org

Training

RTS Coordinator Training

Since 1985, Resolve Through Sharing has trained over 5,000 individuals as RTS Coordinators. This one-day course, which is updated and enhanced regularly, provides quality education and leadership training.

RTS Coordinator Training teaches you how to implement and maintain RTS perinatal bereavement or RTS pediatric and adult bereavement care as a standard of care at your facility. It focuses on the role of the interprofessional team, and addresses leadership, program implementation, change and conflict, and the importance of administrative support. It incorporates adult learning principles and focuses on effective teaching strategies.

RTS Coordinators may teach RTS Bereavement Training to staff within their hospital system. Participants receive the RTS Coordinator Manual, other educational resources appropriate for a variety of educational situations, a Certificate of Completion, and continuing education credits.

Who should attend?

RTS Coordinator Training is open to those who have completed RTS Bereavement Training: Perinatal Death or RTS Bereavement Training: Pediatric and Adult Death and intend to initiate RTS as a standard of care at their facility.

Topics

- Collecting data
- Writing a proposal
- Implementation
- Leading change
- Negotiating conflict
- Administrative support

Pre-requirement: Completion of RTS Bereavement Training: Perinatal Death or RTS Bereavement Training: Pediatric & Adult Death



RTS Perinatal Coordinator Starter Kit

This kit contains the basics for teaching RTS Bereavement Training: Perinatal Death.

Contents:

- Decision Making in the NICU:
Guiding Families Through Removing Life-Sustaining Therapy (DVD)
- Guided Participation (DVD)
- Bereavement Training: Perinatal Death
Physician & Provider Presentation (CD)
- Perinatal Palliative Care Tool Kit
- RTS Bereavement Training: Perinatal Death Powerpoint (CD)

(see page 8)

Advanced Skills in Perinatal Bereavement Care

Those who provide perinatal bereavement care often ask about education that will take them beyond the basics. That's what this workshop is designed to do.

This workshop is clinically-based, practical, and systems oriented. It features an outstanding roster of clinical experts who will challenge and engage you in skill development. Held annually in La Crosse, WI, with new topics each year.

Participants receive course materials, a Certificate of Completion, and continuing education credits.

Who should attend?

Professionals interested in cutting-edge technical and communication skills.

"Loved the enthusiasm, expertise, humor, and participant involvement... an amazing amount of information presented... really powerful!"



Register at www.bereavementservices.org

Training



Blueprint for a Perinatal Palliative Care Program® Series

The Blueprint for a Perinatal Palliative Care Program series workshops are intended for healthcare professionals who want to provide the best care possible to families who continue their pregnancy after learning their baby has a life-limiting condition.

Clinically based, practical, and systems oriented, these workshops are based on our experience of integrating perinatal palliative care into our already-existing bereavement program, Resolve Through Sharing. Excellent speakers, new and exciting evidence-based presentations, and a work group format allow for problem solving and networking. Examples of content categories include birth and neonatal care planning, scope of services, and comfort care. Parent presentations highlight the workshops.

Participants receive course materials, a Certificate of Completion, and continuing education credits.

Who should attend?

Professionals who interact with and care for families whose baby is diagnosed during pregnancy with a life-limiting condition.

Held annually in La Crosse, WI, these workshops provide an exceptional educational opportunity and a blueprint for applying what you learn in your own setting.

"The Blueprint for perinatal palliative care workshop was truly inspirational. Much of my new role will be working with the MFM clinic, genetics, and patients to develop birth and life plans. Thank you for your incredible program and being an inspiration!"

Blueprint for a Perinatal Palliative Care Program®: The Basics

New

This course is designed to assist facilities in creating a perinatal palliative care program for their hospital. Participants will receive a copy of the Blueprint Toolkit and have the opportunity to learn how Gundersen Health System implemented their program. The presenters will review the components needed to implement a perinatal palliative care program and share examples of policies, standard operating procedures, planning committee meeting topics, and algorithms to follow when providing care.

Participants receive course materials, a Certificate of Completion, and continuing education credits.

Who should attend?

Professionals who interact with and care for families whose baby is diagnosed during pregnancy with a life-limiting condition.

This workshop is held annually in La Crosse, WI.

Perinatal Palliative Care Program Tool Kit (see page 9)

"RTS has developed an excellent resource for people wanting to begin a program. I'm delighted to have a professional-quality resource to recommend."

- Amy Kuebelbeck

(Author of *Waiting With Gabriel* and *A Gift of Time*)



Our Comfort Care Parent Package

was created to provide special support to parents who choose to continue their pregnancy after learning their baby has a life-limiting condition. (see page 9)



Waiting for Birth and Death: Knowing Your Baby Will Not Survive

A brochure written for parents who choose to continue a pregnancy knowing that their baby's life will be short. (see page 12)



Register at www.bereavementservices.org

Training

Online Training for Healthcare Professionals, Students, and Organizations

Our online courses offer an introduction to the basics of bereavement care, a refresher for those who've already taken bereavement training, or a tool for competency development. They are designed to address individual educational needs and to help healthcare facilities meet The Joint Commission standards for end-of-life care¹ ... the kind of care that makes a difference.

For the healthcare professional

To try our online courses demo, visit www.bereavementservicesonline.org

For the healthcare organization

To arrange for the implementation of online bereavement education for staff at your institution, call 800.503.5199, or email bereavement@learnatvidid.com.

For students attending or enrolled

at a college or university, contact Danielle Luckner at 608-775-3568, or email dluckne@gundersenhealth.org.

You receive a Certificate of Completion and continuing education credits.

View our demo at www.bereavementservicesonline.org

¹ The Joint Commission standard PC.02.02.13 (2011) states, "The hospital provides staff with education about the unique needs of dying patients and their families."



Online Modules

Communicating with the Bereaved

Upon completion of this course, students will be able to identify the key components of sensitive communication, (i.e., nonverbal and verbal), describe three common types of responses or categories of communication with the bereaved, demonstrate awareness of what to say and not say when conversing with the bereaved, and apply cultural sensitivity into communication with the bereaved.

Caring for the Family Experiencing Perinatal Death

Hopes and dreams are part of every pregnancy, but for some, their dreams don't come true. Each year, over half a million dreams are shattered by early pregnancy loss, stillbirth, or newborn death. In this lesson you will learn the definitions, common myths and misconceptions related to perinatal loss, and a Standard of Care for perinatal loss. In addition, you will learn what bereaved parents find helpful in coping with their loss.

Theoretical Framework of Grief

This course covers the definitions of grief, mourning, and bereavement as well as signs associated with grief. Students will learn to identify the phases of bereavement and dimensions of grief, develop self-awareness regarding their values and beliefs about death, and identify risk factors for complicated grief. Finally, students will learn about the cardinal rules of grief support.

Webinars

Learn at your convenience – anytime, anywhere! Online registration is easy. Webinar topics and dates are available at www.bereavementservices.org. All webinars are recorded and available on demand.

Live or On-Demand Webinar Fees

Individual - one viewer \$49

Group - multiple viewers from one computer \$229

We welcome your input

Email your ideas for webinars to berservs@gundersenhealth.org

Training Tools



RTS Tools for Education

Jump start your perinatal RTS program! This kit includes the basics for providing staff in-services and workshops at your facility. (For your convenience, the kit is packaged in the RTS tote bag.)

Teaching Kits

- Pregnancy Attachment and the Need to Create Memories
- Facilitating Healing in Families Who Experience Miscarriage
- Who's Taking Care of You?

RTS 2016 \$249

Teaching Tools

- RTS Perinatal Bereavement Overview: Principles & Practices (DVD)
- A Bridge to Hope (DVD)
- When A Baby Dies: a Handbook for Healing and Helping
- Parent Support Group Guide

Teaching Kits

Each of the following teaching kits includes everything you need to provide a one-hour staff development workshop: a CD, instructor narrative, participant handouts, and evaluation. The format makes it easy to apply for continuing education credits.



Pregnancy Attachment and the Need to Create Memories

This kit helps improve sensitivity to families who experience early pregnancy loss, stillbirth, or newborn death.

RTS 2017 \$34.95



Facilitating Healing in Families Who Experience Miscarriage

This kit helps improve sensitivity to families who experience miscarriage.

RTS 2018 \$34.95



Who's Taking Care of You?

For professionals whose work focuses on death, dying, and bereavement, this kit addresses the importance of self-care and personal wellness.

RTS 2019 \$34.95



Reflections Journal

RTS Bereavement Training participants use the new Reflections Journal to enhance learning. Research speaks to the usefulness of self-reflection in learning; learning can be enhanced when one reflects on the context of what they are learning. The journal measures 4.75 x 8.5.

RTS 2012-I
RTS 2012-P

\$4.95 each
\$19.95 (Pack of 5)



PRAM Card

PRAM (Pause, Reflect, Acknowledge, be Mindful), a framework developed by Kathie Kobler and Rana Limbo, is described on this one-of-a-kind durable card as a tool for interprofessional team members. The PRAM acronym reminds caregivers, who are often part of emotionally intense experiences, to take time to stop and be present in the moment. Printed on no-tear, waterproof stock, the PRAM card can be carried in the providers pocket, placed in their locker, or posted on the unit. The card measures 6 x 4.25.

RTS 2014-I
RTS 2014-P

\$2.95 each
\$19.95 (Pack of 10)



Parent Support Group Guide

This is a step-by-step guide to developing perinatal bereavement self-help groups, from planning through evaluation. It includes sample invitations, letters, brochures, and news releases.

RTS 2026

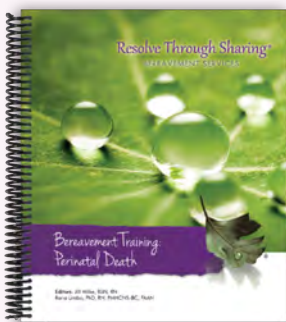
\$13.50

RTS Coordinator Resource Center

Welcome

The work you are doing is crucial to bereaved patients and their families. It is also vitally important to your hospital, clinic, and community.

We are continually thinking of ways to help you carry out your RTS Coordinator responsibilities as efficiently and easily as possible.



RTS Bereavement Training Manual: Perinatal Death

The RTS Bereavement Training Manual is designed for RTS Coordinators to distribute to each participant of RTS Bereavement Training: Perinatal Death. To maintain RTS bereavement educational

standards for accuracy and currency, the manual is updated on a regular basis.

RTS 1012 (8th Edition) \$122.95 each

Manual with Certificate of Completion

RTS 1012-C \$126.70 each



RTS Bereavement Training Manual: Pediatric and Adult Death

The RTS Bereavement Training Manual is designed for RTS Coordinators to distribute to each participant of RTS Bereavement Training: Pediatric and Adult Death. To maintain RTS

bereavement educational standards for accuracy and currency, the manual is updated on a regular basis.

RTS 1013 \$84.95 each

Manual with Certificate of Completion

RTS 1013-C \$88.70 each



RTS Perinatal Bereavement Coordinator Starter Kit

This kit includes everything you need to teach RTS Bereavement Training: Perinatal Death. Plus, to make it easier for you, we updated the PowerPoint to include notes for each slide. (For your convenience, the kit is packaged in the RTS tote bag.)

- Decision Making in the NICU: Guiding Families Through Removing Life-Sustaining Therapy (DVD)
- Guided Participation (DVD)
- Bereavement Training: Perinatal Death Physician & Provider Presentation (CD)
- Perinatal Palliative Care Tool Kit
- RTS Bereavement Training: Perinatal Death Powerpoint (CD)

RTS 2015 \$399.00



RTS Certificate of Completion

The color, 8-1/2" x 11" certificate includes lines for the participant's name, and date and location of training. It may be used in laser printers and is suitable for framing.

RTS 1015 \$3.75 each

RTS PowerPoint Presentations (Including speaker notes)

These presentations are for RTS Coordinators who teach RTS Bereavement Training. The slides are arranged according to the RTS training agenda and include speaker notes for each slide. RTS Coordinators can also use the slides for other perinatal bereavement education.

RTS Bereavement Training: Perinatal Death - RTS 1012-P \$299.00

RTS Bereavement Training: Pediatric and Adult Death - RTS 1013-P \$299.00

Accessories



Leaf and Teardrop Pin

The pin has a polished gold finish with a matte leaf, raised detail, and inset synthetic diamond. Size: 3/4 x 3/4

RTS 5410 Bereavement Pin, w/stone \$13.00

RTS 5411 Bereavement Pin, w/o stone \$5.30



Tote Bag

Tote is water resistant and has a zipper closure.

RTS 5501

\$14.75

Perinatal Palliative Care



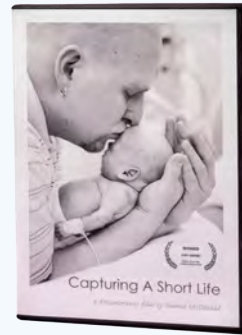
Perinatal Palliative Care Program Tool Kit

This tool kit is available to anyone who needs the resources to develop a Perinatal Palliative Care Program at their facility. The kit is divided into sections:

- Organizing your work
- Communication and documentation
- Educational resources for parents
- Educational resources for staff

The kit includes handouts, sample forms, algorithms, and more.

RTS 2025 \$29.99



Capturing a Short Life DVD

Capturing A Short Life is a beautiful and life-affirming documentary about families dealing with the loss of a child in the first few months of life. Use this chaptered DVD to introduce perinatal palliative care/perinatal hospice to your staff or your organization. (see page 17)



Waiting for Birth and Death: Knowing Your Baby Will Not Survive

A brochure written for parents who choose to continue a pregnancy knowing that their baby's life will be short. (see page 12)



Comfort Care Parent Package (for Perinatal Palliative Care)

Created especially for parents who choose to continue their pregnancy after learning their baby has a life-limiting condition.

The Comfort Care Parent Package includes brochures to guide and support parents, along with keepsake items, all nestled inside the Leaf and Teardrop Bereavement Folder. The package also includes the Deluxe Keepsake Impression Kit for baby's hand or foot prints.

Brochures

Waiting for Birth and Death: Knowing your baby will not survive, Planning a Special Goodbye When Your Baby Dies, A Father's Grief, Talking With Children About Perinatal Loss, Family and Friends, Autopsy, and Grief of Grandparents.

Keepsakes

In Memory of My Precious Baby (Remembrance Journal), Heart and Teardrop note card (2), Baby Ring, Deluxe Keepsake Impression Kit

RTS 5203-E (English) \$30.00

RTS 5203-S (Spanish) \$30.00

Perinatal Bereavement Support Essentials



Miscarriage

Responses to a miscarriage vary. This brochure addresses the response to miscarriage of both women and men and helps them understand that people react in different ways. Some mourn deeply; others do not. Based on research and stories of women and families, this compassionate and sensitive brochure is a helpful resource for anyone experiencing miscarriage.

RTS 4113-E (English)	1-149	\$2.10 ea
RTS 4113-S (Spanish)	150 & up	\$1.95 ea

Parents Booklet

The Parents Booklet addresses the concern that bereaved parents most often express: the unique parenting and bereavement experience of perinatal loss. Topics include mending a broken heart, our grief seems so different, what do you say, saying goodbye, explaining death to children, sexuality, and thinking about another pregnancy. To read again and again, the words of these bereaved parents hold meaning for other bereaved parents. Folder cover with pockets for additional resources and mementos.

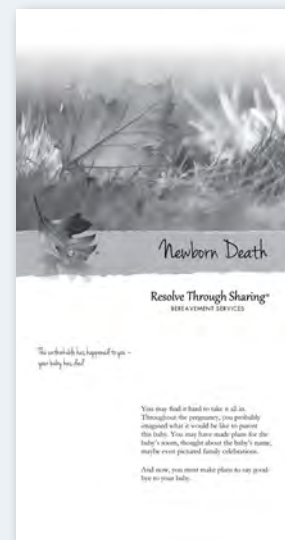
RTS 4112-E (English)	1-149	\$6.50 ea
RTS 4112-S (Spanish)	150 & up	\$6.25 ea



Stillbirth

Stillbirth is a silent tragedy. Parents wonder “why?” or “why me?” Helpful in validating parents’ emotions and questions, this brochure offers comfort and insight to parents who suffer this unique loss.

RTS 4119-E (English)	1-149	\$2.10 ea
RTS 4119-S (Spanish)	150 & up	\$1.95 ea



Newborn Death

When the unthinkable happens and a baby dies at birth, the Newborn Death brochure can help parents. It expresses feelings other parents have had and shares their thoughts about how to cope with this tragedy. Newborn Death also includes a basic explanation of medical terms that helps parents’ overall understanding of the medical setting.

RTS 4120-E (English)	1-149	\$2.10 ea
RTS 4120-S (Spanish)	150 & up	\$1.95 ea

Perinatal Bereavement Support Essentials

A Father's Grief

It may be difficult for a father to express his grief at the loss of his baby. A Father's Grief helps fathers explore their reactions and understand common misconceptions about the way fathers grieve. It also helps with issues such as saying goodbye, resolving differences, intimacy, and having another child.

RTS 4118-E (English)

RTS 4118-S (Spanish)

1-149 \$2.10 ea

150 & up \$1.95 ea



Talking With Children About Perinatal Loss

Telling children about the death of their baby brother or sister in a way that children understand is not easy. This brochure guides parents in telling siblings about perinatal loss. It provides guidelines for talking with children in various age groups and offers parents assurance about their role in this difficult task.

RTS 4121-E (English)

RTS 4121-S (Spanish)

1-149 \$2.10 ea

150 & up \$1.95 ea

Grief of Grandparents

When a baby dies, grandparents grieve for the loss of their grandchild, and hurt deeply for the pain of their child. This brochure helps them understand their feelings and offers practical advice about how they can help their children.

RTS 4116-E (English)

1-149

\$2.10 ea

RTS 4116-S (Spanish)

150 & up

\$1.95 ea



Family and Friends How You Can Help When a Baby Dies

When a baby dies, friends and family want to help, but often, they just don't know what to say or do. This brochure offers sensitive, yet practical suggestions about how family and friends can show their love and support. Professionals find it to be useful in helping family and friends talk with newly bereaved parents.



RTS 4117-E (English)

1-149

\$.85 ea

RTS 4117-S (Spanish)

150 & up

\$.70 ea

Planning a Special Goodbye When Your Baby Dies

When a baby dies, the thought of planning for a funeral or other memorial service and burial is daunting. Written to help parents whose baby dies during pregnancy or shortly after birth, this brochure provides options and suggestions from other bereaved parents for honoring their baby's brief life.



RTS 4127-E (English)

1-149

\$.85 ea

RTS 4127-S (Spanish)

150 & up

\$.70 ea



Order at www.bereavementservices.org

Perinatal Bereavement Support Essentials

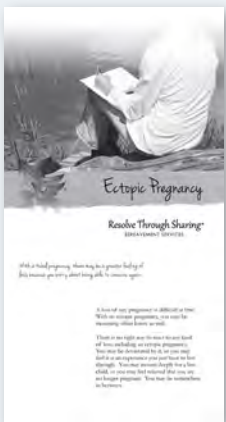


Peace & Remembrance

Written for parents whose baby died in a neonatal intensive care setting, this booklet helps parents understand how to meet with medical staff, tell other children, respond to other people, and make funeral plans.

RTS 4123-E (English)
RTS 4123-S (Spanish)

1-149 \$4.25 ea
150 & up \$3.95 ea



Ectopic Pregnancy

An ectopic pregnancy occurs when the fertilized egg implants somewhere other than in the uterus. Most often, it implants in the fallopian tube, which cannot support the growing embryo. Using illustrations and parents' stories, this pamphlet explains the complex issues of an ectopic pregnancy, including medical diagnosis and treatment decisions, loss of the pregnancy, and possible effects on future fertility.

RTS 4115-E (English)
RTS 4115-S (Spanish)

1-149 \$1.35 ea
150 & up \$1.20 ea



A Teenager's Grief When a Baby Dies

This brochure was written to engage and offer support to a teen. It explains grief in a down-to-earth manner and includes many creative suggestions, such as challenging negative thoughts, keeping a diary or journal, and even listing ways of monitoring caffeine intake.

RTS 4131-E (English)
RTS 4131-S (Spanish)

1-149 \$2.10 ea
150 & up \$1.95 ea



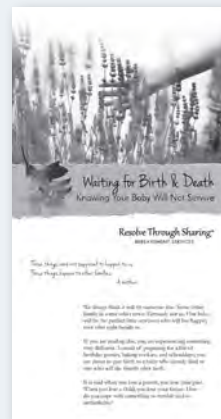
Difficult Choices: Medical Interruption of Pregnancy When You Know Your Baby Will Not Survive

An important source of information for the period immediately before medical interruption or during the days following, this brochure helps parents who end their pregnancy because of a diagnosis of fetal abnormalities or maternal complications. It discusses

common reactions of parents following pregnancy interruption; the physical, social, emotional, and spiritual components of grief; different ways of grieving; and steps that help with the healing process.

RTS 4124-E (English)
RTS 4124-S (Spanish)

1-149 \$2.10 ea
150 & up \$1.95 ea



Waiting for Birth & Death: Knowing Your Baby Will Not Survive

"We always think it will be someone else. Some other family in some other town. Certainly not us. Our baby will be perfect and will live happily ever after right beside us." This brochure, written for parents who choose to continue a pregnancy when they know that their baby's life will be short, tells

a compelling story from parents' perspectives. It is a resource for perinatal palliative care and hospice services.

RTS 4128-E (English)
RTS 4128-S (Spanish)

1-149 \$2.10 ea
150 & up \$1.95 ea



Learning You Will Miscarry

Intended for women who will miscarry in the first 12 weeks, this brochure helps women and their families walk through the experience of the unexpected ending of a pregnancy. Topics include treatment choices that might be available, the importance of taking time to decide, what to expect during a miscarriage, and what to do afterwards. Learning That You Will Miscarry is an evidence-based brochure that fills a unique need for written information after an impending miscarriage is diagnosed.

RTS 4129-E (English)
RTS 4129-S (Spanish)

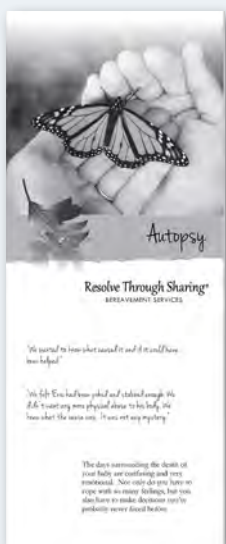
1-149 \$1.35 ea
150 & up \$1.20 ea



Loss of One or More Multiples

When one or more babies of a multiple gestation pregnancy die, parents often struggle with both joy and grief, and may feel cheated of the opportunity to parent children with a unique sibling bond. Some are faced with the reality of disabilities or no surviving babies. Written for parents who know prior to delivery that their baby(ies) died, this pamphlet is also helpful for parents at the time of birth.

RTS 4126-E (English) 1-149 \$2.10 ea
 RTS 4126-S (Spanish) 150 & up \$1.95 ea



Autopsy

One of the most difficult decisions for families after the death of a baby is whether or not to authorize an autopsy. Parents can be torn between wanting to know more and feeling their baby has been through enough. This brochure discusses the decision-making process and helps parents understand what they may or may not learn from medical examination of their baby after death.

RTS 4114-E (English) 1-149 \$.85 ea
 RTS 4114-S (Spanish) 150 & up \$.70 ea



Caring for Yourself After a Loss

Standard postpartum discharge instructions often address how to manage discomforts of breastfeeding and contain information that presumes that a mother's baby is alive. This newly revised brochure from Bereavement Services contains postpartum instructions that are tailored to the mother whose baby died. The writers provide information on managing the emotions and physical discomfort of lactation and not having a baby to breastfeed.

They also address how the mother can assess her emotional well being, including information on postpartum depression. Sections on vaginal or cesarean birth, breast care, care of sutures or incision, and sexual activity, among others, provide a succinct guide to postpartum care for the bereaved mother.

RTS 4130-E (English) 1-149 \$.85 ea
 RTS 4130-S (Spanish) 150 & up \$.70 ea

Perinatal Bereavement Support Essentials



Perinatal Bereavement Sample Kit

The Perinatal Bereavement Sample Kit is designed to give caregivers an overview of available perinatal bereavement family support literature. The kit provides an opportunity to see the quality of the RTS materials, review the contents, and decide which items would be most beneficial to your patients. The following items are included:

English

Parents Booklet, Door Card, Baby Ring, Remembrance of Blessing card, In Memory Of card, Gone But Not Forgotten card. Pamphlets: A Father's Grief, Autopsy, Difficult Choices: Medical interruption of Pregnancy When Your Baby Will Not Survive, Ectopic Pregnancy, Family and Friends, Grief of Grandparents, Learning That You Will Miscarry. Loss of One or More Multiples, Miscarriage, Newborn Death, Pregnancy Following Loss, Stillbirth, Talking with Children About Perinatal Loss, Waiting for Birth and Death: Knowing Your Baby Will Not Survive, Planning a Special Goodbye When Your Baby Dies, A Teenager's Grief When a Baby Dies, Caring for Yourself After a Loss.

RTS 2020-E \$27.00

Spanish

Excludes Gone But Not Forgotten card.

RTS 2020-S \$24.00



Pregnancy Following Loss

After experiencing the death of a baby, parents sometime find that their next pregnancy is shadowed with anxiety and fear. They may feel as though they are betraying the baby who died. This brochure describes some of these normal reactions and offers suggestions to help parents feel more in control. Helpful for parents who are considering another pregnancy after a loss or for those who are already pregnant.

RTS 4125-E (English) 1-149 \$2.10 ea
 RTS 4125-S (Spanish) 150 & up \$1.95 ea



Order at www.bereavementservices.org

Keepsakes



Baby Ring

Family, friends, caregivers ... a delicate expression of your sympathy. The tiny 10-carat gold-plated baby ring is attached to the Special Memory card with a ribbon to symbolize connection and remembering. This tangible memento of baby's short life helps you express sympathy and caring. The card provides space for a personal note.

RTS 5100-E (English) 1-149 \$3.95 ea
 RTS 5100-S (Spanish) 150 & up \$3.80 ea



Remembrance of Blessing

A blessing for their baby can help comfort parents. With space provided for the date of birth, name of baby and parents, and person offering the blessing, the card becomes a keepsake and the ritual, a precious memory. 5" x 7", envelope included.

RTS 5112-E (English) 1-149 \$1.55 ea
 RTS 5112-S (Spanish) 150 & up \$1.40 ea



In Memory of My Precious Baby

Record hopes, dreams, and precious memories This journal offers an opportunity to record the experience of a pregnancy that ended early.

RTS 4122-E (English) 1-149 \$4.25 ea
 RTS 4122-S (Spanish) 150 & up \$3.95 ea



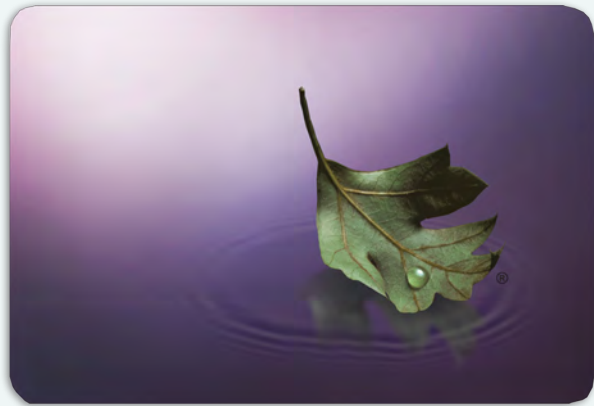
In Memory Of

Because parents have such a short time with their baby who has died, helping them create memories is critically important. On this keepsake record, with the help of staff, parents can record information about baby, add baby's footprints, a photo, a lock of hair, or baby's hospital bracelet. Suitable for framing, 8-1/2" x 11".

RTS 5111-E (English) 1-149 \$2.15 ea
 RTS 5111-S (Spanish) 150 & up \$2.00 ea



Keepsakes



Door Card

Place this bereavement door card on a hospital room door to alert the staff that a death has occurred. The leaf and teardrop photo serves as a reminder to be sensitive when entering the room. The card may be offered to families as a keepsake in memory of their loved one.

6 x 4-1/4"

RTS 5101-E (English)	1-149	\$.70 ea
RTS 5101-S (Spanish)	150 & up	\$.65 ea

New Magnetic Door Card

RTS 5101-M	1-149	\$3.95 ea
	150 & up	\$3.25 ea



Heart and Teardrop Pin

Both caregivers and parents wear this pin as a symbol of healing and hope for the future.

RTS 5412 (Blue)	\$5.20
RTS 5413 (Pink)	\$5.20

Gone But Not Forgotten Card



A heartfelt expression of sympathy. The front of the card is a picture of the leaf and teardrop on a rippling pond, symbolizing both loss and hope. The inside is blank for a personal message or for all of the staff to sign for the bereaved family. Envelope included. 4-1/4" x 6-1/4"

RTS 5102	1-149	\$1.15 ea
	150 & up	\$1.05 ea



Reflections Journal

Families use the journal to record meaningful moments and special thoughts of their loved one. The journal becomes a treasured keepsake that provides a lifetime of comforting memories.

RTS 2013-I	\$4.95 each
RTS 2013-P	\$19.95 (Pack of 5)

A Mother's Memory

The death of a mother during her childbearing experience is a rare, yet devastating, occurrence. Resolve Through Sharing has developed A Mother's Memory for families. Included are an ivory brocade memory box, brochure, baby ring, a hand-print poem, and other items to help staff and family members preserve meaningful keepsakes for surviving children.

RTS 5202-E (English)	\$59.95 ea
RTS 5202-S (Spanish)	\$59.95 ea



DVD Library



Perinatal Bereavement Overview Principles and Practice

Resolve Through Sharing Perinatal Bereavement Overview: *Principles and Practice* is a narrated PowerPoint intended for staff who have not had the opportunity to attend Resolve Through Sharing (RTS) Bereavement Training: Perinatal Death. The content focuses on interprofessional care, creating memories, and honoring the parent/child relationship. After watching the DVD, staff will understand the principles and practice of the RTS model of perinatal bereavement care and have beginning competencies in delivering care. 32 minutes.

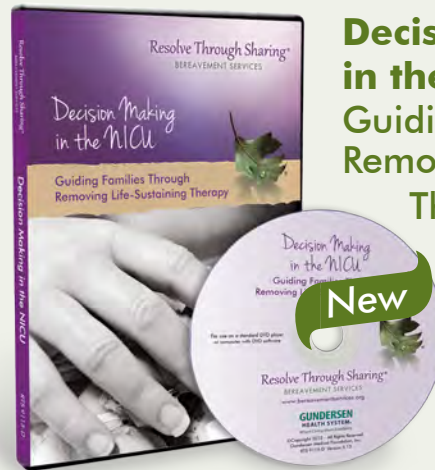
RTS 9114 \$99.00



Supporting Angry Families

Grief research and literature identify that anger is a normal, healthy response to loss. Yet, many healthcare providers are unprepared and lack the skills to effectively deal with the anger of patients and families. Mismanaged anger can actually escalate an individual's feelings and lead to violence. Supporting Angry Families reviews the causes of anger in those who are grieving, common responses of healthcare providers to expressions of anger, and interventions for supporting and facilitating anger in grief. 50 minutes.

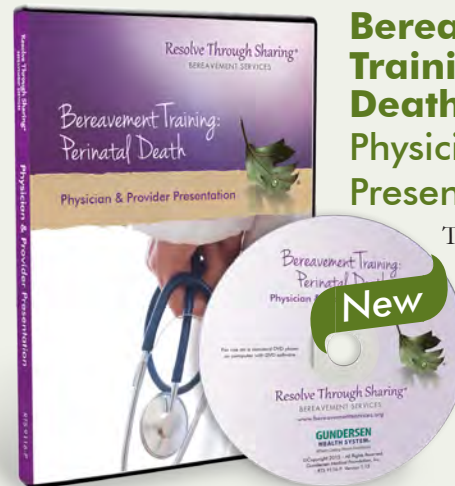
RTS 9117 \$49.00



Decision Making in the NICU Guiding Families Through Removing Life-Sustaining Therapy

A family is faced with the heartbreaking decision of removing their baby from life-sustaining therapy. What happens next? This DVD demonstrates the use of Guided Participation as a method to engage families in relationship development, communication, and decision making. Watch and learn as the Bereavement Coordinator guides a set of parents through decision making centered on the death of their daughter. The DVD features conversations about comfort measures, holding the baby, and including the siblings. The coordinator and parents also explore spiritual care, ritual and keepsake creation, lactation, and ultimately preparing the family for what death may look like. This DVD presentation is chaptered to allow specific segments to be easily accessed for educational purposes. 35 minutes.

RTS 9115 \$75.00



Bereavement Training: Perinatal Death Physician & Provider Presentation

This PowerPoint presentation is designed to give provider participants an understanding of Resolve Through Sharing's principles and practice. It explains the grief process, highlighting the support and guidance bereaved families need. Notes are included in the unnarrated presentation. Presenters have the option to adapt the notes as needed for their specific hospital setting. 60 minutes.

RTS 9116 \$49.00



DVD Library



A Bridge to Hope Specially designed to begin your RTS program

A Bridge to Hope features the story of bereaved parents and caregivers who supported them. Use this DVD to

introduce perinatal bereavement care, either to your class or your organization. This brief story captures the hopes and dreams of parenthood devastated by the tragedy of loss. Not all dreams come true, but we know that professional bereavement care serves as a bridge between the loss of a precious baby and hope for tomorrow. 7 minutes.

RTS 9118 \$24.95



Nurses Grieve Too Insights into Experiences with Perinatal Loss

This research-based documentary answers the question: What is the experience of grieving for obstetrical and neonatal nurses

cares for families who experience perinatal loss? Nurses describe the professional and personal impact of grieving, what helps them, and how the experience has changed them and helped them grow. It aspires to support nurses so they do not feel alone or isolated in their experiences of grieving, as many nurses carry the pain and memories of the families' loss with them for years. 23 minutes.

(DVD available at York University, Health Leadership & Learning Network, 416.736.2100, ext. 22170)



Guided Participation

Guided Participation demonstrates the effectiveness of a method to engage families in relationship development, communicating, and decision making. Scenario A shows standard discharge teaching for a family in labor and delivery whose baby died the night

before. In Scenario B, the nurse enhances discharge teaching using Guided Participation to help the parents anticipate and prepare themselves for going home. Includes scenario analysis of components and clinical application.

Guided Participation can be shown as a stand-alone for orientation and brief in-services, or as a part of a longer educational session. 20 minutes.

RTS 9119 \$17.95



Why Did Baby Die? Mothering children living with the loss, love and continuing presence of a baby sibling

This DVD captures the profound impact children have on a mother's grief after the loss of her baby. In this research-based documentary, mothers also tell how young children respond to the loss of their baby sibling. Despite the permanence of the physical loss, children continue to connect with their deceased siblings in various ways while creating new meanings of their experience of loss and love that they carry into adolescence. This short documentary is a segment in the DVD Enduring love: Transforming loss. 18 minutes.

RTS 9120 \$24.95



Capturing a Short Life

Capturing A Short Life is a beautiful and life-affirming documentary about families dealing with the loss of a child in the first few months of life. It explores how critical it is to remember these beautiful babies who are only with us for a moment, and how impossible it is to forget them. Use this chaptered DVD to introduce perinatal palliative care/perinatal hospice to your staff or your organization. Ideal for RTS trainings and workshops. 54 minutes.

\$109.25

To order, go to www.capturingashortlife.com/dvd



Enduring Love Transforming Loss

This research-based documentary answers the question: What is the experience of living and transforming with loss for mothers whose babies died? This

documentary identifies patterns that emerged in each of their narratives. Mothers described the agony of their loss, appreciating the acknowledgement of their child by others, receiving and giving help, personal growth, the importance of mothering children who grieve and mourn, the abiding presence of their deceased baby, creating touchstones, and the acceptance of the death while celebrating a life and the ongoing connections. 50 minutes.

RTS 9121 \$34.95

Pediatric and Adult Bereavement Support



Bereavement Packet

The leaf and teardrop design in full color on the front of the folder provides a sensitive way to offer support materials to bereaved families. Ideal for bereaved families during the first few months after the death of a loved one, use the Bereavement Packet as part of your bereavement follow-up program. Concise, but complete and easy to read, topics include: Helping Yourself Heal, Common Grief Reactions, Am I Grieving Normally, Hints for Holiday Coping, Helping Children Through Loss, and Recommended Readings. The packet consists of a pocket folder with ladderback inserts, a slot for business cards and room for additional support literature.

Folders with Inserts

RTS 5104-E (English) 1-149 \$4.50 ea
RTS 5104-S (Spanish) 150 & up \$3.95 ea

Inserts Only

RTS 5105-E (English) 1-149 \$2.45 ea
RTS 5105-S (Spanish) 150 & up \$2.35 ea

Folder Only

RTS 5103-E (English) 1-149 \$2.30 ea
RTS 5103-S (Spanish) 150 & up \$2.15 ea

Parchment Notecards

Embossed on the front with a leaf and teardrop, the card is blank on the inside and serves as a sympathy card, or helps communicate sensitive and caring notes. Bereaved parents also use it to let people know about their baby's life and death. Each package contains 10 note cards and envelopes. 4-1/4" x 5-1/2"

RTS 5301 1-9 pkgs \$6.50 per pkg
10 pkgs \$6.00 per pkg



With Deepest Sympathy

With Deepest Sympathy helps you meet the immediate needs of bereaved families. Use With Deepest Sympathy to record details for them: time of death, decisions about organ donation, autopsy, and funeral home. It contains space for hospital contact information and the names of the staff who provided care. It also helps prepare families for the next phase, with discussions about funeral services, grief, and grief support resources.

RTS 5310-E (English) 1-149 \$.65 ea
RTS 5310-S (Spanish) 150 & up \$.55 ea



When Your Parent Dies

When your parent dies, you gradually become aware of all you have lost. The reflections in this brochure will help you accept the loss of your parent by once again embracing what your parent gave you through the years.

RTS 4132 1-149 \$.85 ea
150 & up \$.70 ea



A Time for Peace

Families in Critical Care have to face difficult end-of-life decisions such as withdrawal of life support or changing resuscitation status. Written to help the family understand what to expect once death occurs, give families this booklet only after the physician and staff have fully informed the family of the situation.

RTS 4133 1-149 \$1.35 ea
150 & up \$1.20 ea



Handprint Poem

Help families create a precious memento. This unique handprint memento is available in adult handprint size (14" x 11"), and child handprint size (11" x 8-1/2"). Sold in packages of 25. Envelopes and instructions included. (Ink and paint not included.)

RTS 5320-E (Child/English) \$55.00 per pack of 25
RTS 5320-S (Child/Spanish) \$55.00 per pack of 25
RTS 5321 (Adult/English) \$55.00 per pack of 25



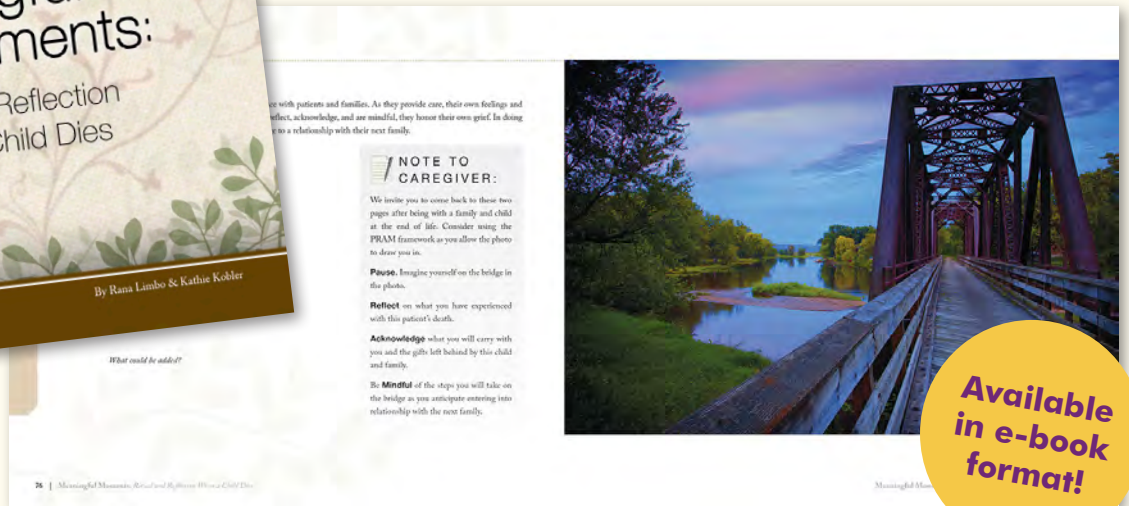
Stickers

A reminder to staff of the need for sensitivity in working with bereaved families. Use the stickers to mark charts, to signal staff in other departments, or as seals for sympathy cards. Diameter 3/4".

RTS 5502 \$14.00 per thousand



Bookstore

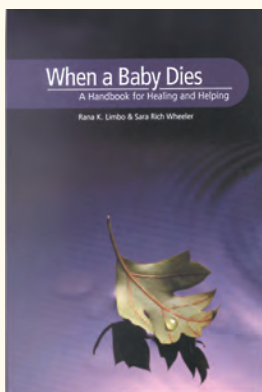


Meaningful Moments: Ritual & Reflection when a Child Dies

Rana Limbo and Kathie Kobler wrote *Meaningful Moments: Ritual and Reflection When a Child Dies* to shed light on the tender moments between children, parents, and caregivers. Known for their writing, speaking, and research that focuses on relationship, the authors skillfully bring together elements of relationship, reflection, ritual, suffering, and hope and introduce a guided approach to co-creation of ritual. This thought-provoking and spiritually rich book features stunning photography and reflection points that allow the reader to pause and consider the book's content juxtaposed with

the reader's own experiences. Parents of a child who died at any age will find stories from other bereaved parents, which will provide ideas and inspiration for honoring their child's memory. The book is a treasure for those who are looking for literature on "care for the caregiver," including an entire section devoted to "Ritual for Caregivers." As Dr. Danai Papadatou writes in her foreword, "These 'meaningful moments' are not measurable, but fully lived; they render the reality of loss more bearable, meaningful, and—whenever experienced as 'extraordinary'—are carried in memory forever." Also available in e-book format.

RTS 7100 \$29.95
RTS 7100-EB (e-book) \$29.95

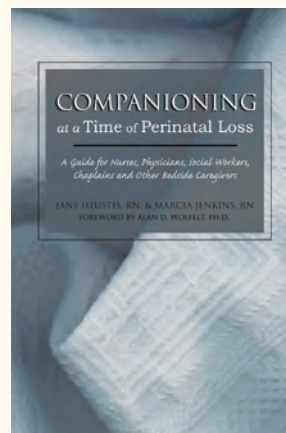


When a Baby Dies: A Handbook for Healing and Helping

Authors Rana Limbo & Sara Rich Wheeler
When a Baby Dies: A Handbook for Healing and Helping was written to help families find hope and to provide support to healthcare professionals. The book looks at individual stories of perinatal death, with specific chapters about miscarriage, ectopic pregnancy, stillbirth, newborn death,

and loss in a multiple gestation pregnancy. *When a Baby Dies* addresses issues that occur when family members grieve differently, the grief of grandparents, and children's response to loss. The book also addresses the role of healthcare professionals and includes checklists helpful in caring for bereaved families.

RTS 7101 \$16.10 ea

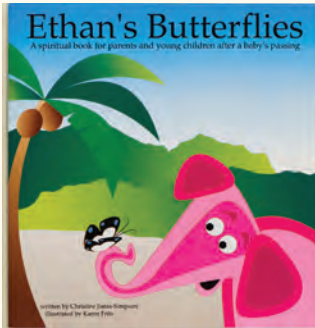


Companioning at a Time of Perinatal Loss

Authors Jane Heustis & Marcia Meyer Jenkins
The OB unit is the only hospital environment where life begins and sometimes tragically ends. Staff must alternate masks of comedy and tragedy as they care for patients whose delivery ends with the death of their baby. Written by seasoned support nurses, *Companioning at a Time of Perinatal Loss* outlines a framework for bereavement care in the obstetrical arena. The book describes loss from the family's perspective, defines the caregiver's role, offers bedside strategies, and reviews the work of mourning in the weeks and months after. Real-life stories teach what is important during times of intense sorrow.

RTS 7102 \$19.95 ea

Bookstore

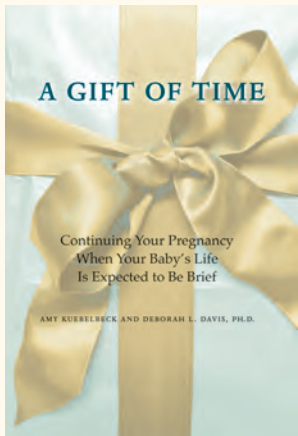


Ethan's Butterflies

Author Christine Jonas-Simpson
Ethan's Butterflies is a spiritual book for young children and their parents after the loss of a baby. The book provides a way for parents and professionals to connect with and talk to young children who experience the death of a long-awaited sibling. This story is written from a young child's perspective and told by a pink elephant named Emma. Emma

describes her deep sadness, anger, and fears, and poses many questions that children often raise. Emma shows how she and her family learn to live with the loss of her baby brother Ethan and how they continue to connect with him in many ways.

RTS 7103 \$9.95 ea

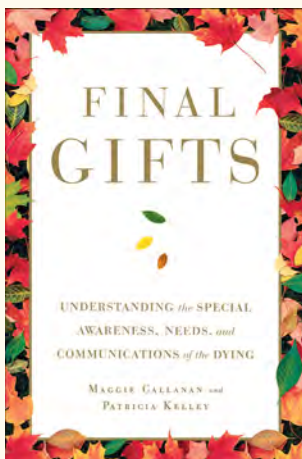


A Gift of Time

Authors Amy Kuebelbeck and Deborah L. Davis
A Gift of Time is practical guide for parents who are (or are considering) continuing their pregnancy knowing that their baby's life will be brief. When prenatal testing reveals that an unborn child is expected to die before or shortly after birth, some parents will choose to proceed with the pregnancy. *A Gift of Time* is a step-by-step resource to help parents through this challenging and emotional experience—from the infant's life-limiting prenatal diagnosis

and the decision to have the baby, to coping with the pregnancy and making plans for the baby's birth and death.

RTS 7104 \$15.95 ea



Final Gifts: Understanding the Special Awareness, Needs, and Communications of the Dying

Authors Maggie Callanan & Patricia Kelley
In this moving and compassionate book, hospice nurses share their intimate experiences with the terminally ill patients they cared for. Through these stories, the reader comes to appreciate the ways in

which the dying communicate their needs, reveal their feelings, and even choreograph their own final moments.

RTS 7105 \$17.00 ea



Still.

Author Stephanie Paige Cole
Still. contains honest, gut wrenching journal entries written by baby Madeline's mother Stephanie, who delivered her daughter stillborn at 41 weeks gestation. Stephanie shares her grief journey in the first year after Madeline's death. The entries are short, filled with sentiment, and will provide relief for grieving parents who think they are alone in their thoughts. Bereaved moms and dads can take in as much as they choose and easily pick up where they left off.

RTS 7106 \$10.00 ea



The Eleventh Hour

Author Barbara Karnes
The hours to minutes before imminent death are generally filled with fear and helplessness for anyone at the bedside. *The Eleventh Hour* offers information, ideas, and support on how to care for a person in the hours to minutes before death and just after.

RTS 7107 \$4.00 ea



Gone From My Sight: The Dying Experience

Author Barbara Karnes
The biggest fear of watching someone die is fear of the unknown - not knowing what dying will be like or when death will actually occur. *Gone From My Sight* explains the process of dying from disease, and the fear associated with death and dying.

RTS 7108 \$4.00 ea



A Time To Live

Author Barbara Karnes
When a person receives the diagnosis of a life threatening illness, all activity becomes centered on their disease and treatment. Fear and uncertainty replace confidence and self-identity. *A Time To Live* offers guidance for living with a life-threatening illness.

RTS 7109 \$4.00 ea



My Friend, I Care

Author Barbara Karnes
Grief is a natural response to the loss. Feelings of anger, depression, fear, and anxiety can make the grieving process more difficult. *My Friend, I Care: The Grief Experience* is intended for the newly grieving. It addresses the normalness of grieving while offering suggestions for moving forward.

RTS 7110 \$4.00 ea

Set of 4

RTS 7111 \$13.95 ea

Bereavement Tools

**A private label for
Resolve Through Sharing®**
by *memories*
UNLIMITED

Memories Unlimited has provided the soft purple satin fabric and hand-crafted paper Bereavement Support Tools for Resolve Through Sharing (RTS) since 1994. The 'private label' purple RTS Family of Memory Boxes, Preshand System, and Keepsake Impressions Kits coordinate with all RTS literature and training materials, enhancing recognition of the RTS continuum of care. By working together, we hope to reach more caregivers and educators to provide these professionals with the specific bereavement tools they need to support, comfort, and care for grieving families.



For Early Pregnancy Loss

RTS Remembrance Box™

RTS Keepsake Impressions Kit™

For Infant Loss

RTS Premium Memory Box™

RTS Deluxe Memory Box™

RTS Basic Memory Box™

RTS Preshand System™

RTS Keepsake Impressions Kit™

For Pediatric and Adult Loss

RTS Memento Box™

RTS Book-like Keepsake Impressions Kit™

**Order the products featured on pages 21-25
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Bereavement Tools

Infant Loss

RTS Premium Complete Memory Box™



Covered with soft dark purple satin fabric and a deeper size design, the padded RTS Premium Memory Box has a ribbon closure and two interior panel frames. Offered as Box Only or Complete. 9-1/2" x 8" x 3-1/2" outer dimensions.

RTS Premium Complete Memory Box

The RTS Premium Complete includes a staff checklist and the following components:

RTS Deluxe Keepsake Impressions Kit, Size specific full length gown and knit cap, card for a wisp of baby's hair, scented sachet heart pillow, deluxe panel cards for baby's prints and baby's birth data, listing of resources and selected readings, condolence card with envelope to be signed by caregivers who were involved with the family, and an explanation card of the Memory Box.

Gown Size	Product Numbers
Extra, Extra, Extra Small (up to 1 lb.)	803111-E (English) / 803111-S (Spanish)
Extra, Extra Small (up to 2 lbs.)	80311-E (English) / 80311-S (Spanish)
Extra Small (up to 3 lbs.)	8031-E (English) / 8031-S (Spanish)
Small (up to 4 lbs.)	8032-E (English) / 8032-S (Spanish)
Medium (4-6 lbs.)	8034-E (English) / 8034-S (Spanish)
Large (6-8 lbs.)	8036-E (English) / 8036-S (Spanish)
Extra Large (8-9 lbs.)	8038-E (English) / 8038-S (Spanish)
Extra Extra Large (9-11 lbs.)	8039-E (English) / 8039-S (Spanish)

RTS Premium – Box Only

Product Number 8030-X	Quantity	Price Each	Minimum order of 6	Quantity	Price Each
6-11	36-47	\$36.54 ea	36-47	48-59	\$33.14 ea
12-17	48-59	\$35.54 ea	48-59	60-99	\$32.64 ea
18-23	60-99	\$34.54 ea	60-99	100+	\$32.14 ea
24-35	100+	\$33.54 ea	100+		\$31.64 ea

Quantity	Price Each	Quantity	Price Each	Quantity	Price Each	Quantity	Price Each
6-11	\$55.94 ea	18-23	\$53.94 ea	36-47	\$52.54 ea	60-99	\$51.54 ea
12-17	\$54.94 ea	24-35	\$53.14 ea	48-59	\$52.04 ea	100+	\$51.04 ea

Minimum order of 6. OK to mix sizes and languages.

RTS Deluxe Complete Memory Box™



Covered and padded with soft dark purple satin fabric, the RTS Deluxe Memory Box features a ribbon closure, two interior panel frames, and offered as Box Only or Complete. 9-1/2" x 8" x 2-1/2" outer dimensions.

RTS Deluxe Complete Memory Box

The RTS Deluxe Complete is packaged with a staff checklist and the following components:

Size specific poncho and smock with two knit caps, one blanket, card for a wisp of baby's hair, scented sachet heart pillow, deluxe panel cards for baby's prints and baby's birth data, resources card with selected readings, condolence card with envelope to be signed by caregivers who were involved with the family, and an explanation card of the Memory Box.

Clothing Size	Product Numbers
Extra Small (up to 3 lbs.)	8041-E (English) / 8041-S (Spanish)
Small (up to 4 lbs.)	8042-E (English) / 8042-S (Spanish)
Medium (4-6 lbs.)	8044-E (English) / 8044-S (Spanish)
Large (6-8 lbs.)	8046-E (English) / 8046-S (Spanish)
Extra Large (8-9 lbs.)	8048-E (English) / 8048-S (Spanish)
Extra Extra Large (9-11 lbs.)	8049-E (English) / 8049-S (Spanish)

RTS Deluxe – Box Only

Product Number 8050-X	Quantity	Price Each	Minimum order of 6	Quantity	Price Each
6-11	36-47	\$32.84 ea	36-47	48-59	\$29.74 ea
12-17	48-59	\$31.84 ea	48-59	60-99	\$29.24 ea
18-23	60-99	\$30.94 ea	60-99	100+	\$28.74 ea
24-35	100+	\$30.34 ea	100+		\$28.24 ea

Quantity	Price Each	Quantity	Price Each	Quantity	Price Each	Quantity	Price Each
6-11	\$48.24 ea	18-23	\$46.34 ea	36-47	\$45.14 ea	60-99	\$44.14 ea
12-17	\$47.24 ea	24-35	\$45.74 ea	48-59	\$44.64 ea	100+	\$43.64 ea

Minimum order of 6. OK to mix sizes and languages.

Infant Loss

Order the products featured on pages 21-25 directly from Memories Unlimited, Inc.

Phone: 360.491.9819 Fax: 360.491.9827 Email: info@memoriesunlimited.com
www.memoriesunlimited.com

9511 Johnson Point Loop NE, Olympia, WA 98516

Bereavement Tools

Infant Loss

RTS Basic Memory Box™



Covered with soft padded purple pressed paper with two interior panel frames and matching ribbons to secure its precious contents. Offered as Box Only or Complete. 9-1/2" x 8" x 3-1/2" outer dimensions.

RTS Basic Complete Memory Box

The RTS Basic Complete includes a staff checklist and the following components:

One size poncho and knit cap, resealable baggie for a wisp of baby's hair, scented sachet heart pillow, blank card for baby's prints and baby's birth data card, basic condolence card with resources printed on reverse side, and an explanation card to provide family with a sensitive description of the Memory Box.

Product Description	Product Number	Price Each	Minimum order of 6. OK to mix languages. No quantity discounts.
RTS Basic Complete Memory Box	8060-E (English) / 8060-S (Spanish)	\$30.14 ea	

RTS Basic - Box Only

Product Description	Product Number	Price Each	Minimum order of 6. No quantity discounts.
RTS Basic Memory Box	8070X	\$22.84 ea	

RTS Remembrance Box™



RTS Remembrance Box

Designed *specifically* for parents experiencing pregnancy loss at an early gestational stage. This Box contains materials to support parents when closer-to-term infant loss bereavement tools, such as infant clothing, may not be appropriate. The soft fabric padded Remembrance Box has ribbons to tie together at the side and includes a verse card, remembrance journal, scented sachet heart pillow, and baby ring. 6 1/2" x 5" x 1 1/2" outer dimensions.

Product Description	Product Number	Price Each	Minimum order of 6. OK to mix languages.
RTS Remembrance Box	8080-E (English) / 8080-S (Spanish)	\$28.94 ea	

Early Pregnancy Loss

RTS Memento Box™



RTS Memento Box

When a child or adult family member dies, caregivers can return personal items to the family in the RTS Memento Box. Soft and padded, the Memento Box is the largest of the RTS bereavement boxes, offering room for added mementos and photos of a loved one. Sold as Box Only in dark purple satin fabric and purple pressed paper with matching ribbon closure and a Memento Box explanation card. 12" x 9 3/4" x 4" outer dimensions.

Contact Memories Unlimited for quantity discounts.

Product Description	Product Number	Price Each
RTS Satin Fabric Memento Box	8300X	\$46.54 ea
RTS Hand-Crafted Paper Memento Box	8100X	\$38.84 ea

Pediatric and Adult Loss

Order the products featured on pages 21-25 directly from Memories Unlimited, Inc.

Phone: 360.491.9819 Fax: 360.491.9827 Email: info@memoriesunlimited.com
www.memoriesunlimited.com

9511 Johnson Point Loop NE, Olympia, WA 98516

Bereavement Tools

A private label for
Resolve Through Sharing®

by *memories*
UNLIMITED



THE Preshand™ SYSTEM

Developed to provide a dignified, sensitive, and practical way of **Presenting and Handling** the death of an infant. The Preshand System helps complete the continuum of care surrounding an infant loss.

The **Presentation** portion of the system was created to offer parents a comforting memory of their baby cradled in a Presentation Basket, giving a warmer, and less clinical, last image of their infant.

The **Handling** part of the system was created with the staff in mind. The Insert provides a final resting place for baby, and when used with the Handling Carrier, it provides staff with a solution to confidently transport the baby through public areas to the morgue or pathology in a manner that is respectful to both the caregiver, and the baby.

Presentation & Handling

Lay baby in Insert, Present baby in basket



In staff area, remove Insert with baby from Basket



Prepare baby, use coverlet, put keepsakes in Memory Box™



Secure Insert w/ ribbons, fill out ID label



Place Insert inside Handling Carrier



Transport baby with confidence through facility



Preshand Starter System™

Presentation Baskets and Handling Carriers are both reusable, Inserts are used one per infant and reordered by sizes that coordinate with Memory Box clothing sizes. The Starter System has everything needed to implement the Preshand System in your facility at a special value and includes the following items:

Small Presentation Basket & Nesting Filler
Small Handling Carrier
Small Insert (3 pack)

Large Presentation Basket & Nesting Filler
Large Handling Carrier
Large Insert (3 pack)

Extra Large Insert (3 pack)

Product Description	Product Number	Price Each
RTS Preshand Starter System	89050	\$522.54 ea



Preshand Presentation Baskets™

Each Basket includes a Nesting Filler designed to nestle two size options of the Insert snugly inside each basket. Baskets are woven with white flexible resin in a rattan-looking design. The Large Basket has a removable hood secured by Velcro® for easy storage. Basket and Nesting Filler are reusable.

Product Description	Product Number	Price Each
Small Presentation Basket & Nesting Filler (fits Small & Medium Inserts)	89120	\$66.34 ea
Large Presentation Basket & Nesting Filler (fits Large & XL Inserts)	89140	\$85.54 ea



Preshand Insert™

Made of purple pressed paper with a matching ribbon, and a patient ID card. Each includes a fabric coverlet and a verse card designed to help staff with closure. An impermeable layer helps retain fluids and keep its integrity in cold storage. Suitable for cremation. Sold in a package of three. Each Insert is for single use only.

Product Description	Recommended Infant Weight	Product Number	Price Each
Small Preshand Insert	up to 4 lbs.	89320	\$67.54 per 3 pk
Medium Preshand Insert	4 to 6 lbs.	89340	\$78.54 per 3 pk
Large Preshand Insert	6 to 8 lbs.	89360	\$107.54 per 3 pk
Extra Large Preshand Insert	8 to 11 lbs.	89380	\$139.74 per 3 pk



Preshand Handling Carrier™

Made of purple nylon with "Fragile, Handle with Care" printed on the outside. Includes a place to identify the using department name for easy returns if left behind. Carriers fold flat for storage. Handling Carriers are reusable.

Product Description	Product Number	Price Each
Small Handling Carrier (fits Small & Medium Inserts)	89530	\$29.14 ea
Large Handling Carrier (fits Large & XL Inserts)	89550	\$39.54 ea

**RTS Deluxe
 Keepsake Impressions Kit™**



Covered and padded in dark purple satin fabric, taking the impressions of baby's foot or hand in minutes is easy with the no-mix, non-toxic molding material. Opposite the impression oval is a card for baby's birth data or a place for baby's photo. Kits include air-dry molding material and instructions. Ribbons wrap around to tie at the side. 5" x 6" x 1½" outer dimensions.

Product Description	Product Number	Price Each
RTS Deluxe Keepsake Impressions Kit	82600-E (English) / 82600-S (Spanish)	\$14.94 ea

**RTS Oval Bulk Pack
 Keepsake Impressions Kit™**



Made of purple pressed paper with an ID label and easel-back stand for display. This simple style is perfect for taking impressions of very tiny babies. The Oval Kit is small enough to fit inside the RTS Remembrance Box. 3" x 4" outer dimensions.

Offered in a re-sealable bulk pack with 12 Ovals, 12 molding material packets, and 1 set of instructions. English Only.

Product Description	Product Number	Price Each
RTS Oval Bulk Pack Keepsake Impressions Kit	82200E-TX (English Only)	\$72.84 ea

**Keepsake Impressions
 made in minutes...**

Spread the molding material to the edges of the Oval.



Flip the Oval over onto a clean surface. Press hard to flatten material and lift slowly to reveal a smooth impression surface.



Take Impression in rolling motion; if unsatisfied try again by repeating steps 2-4.



Leave the Impression uncovered to air dry ± 24 hours.

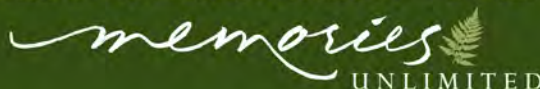


RTS Book-like Keepsake Impressions Kit™ (sized for Youth or Adult)

Covered in purple pressed paper and sized for youth and most adult hands, this Kit provides a tactile connection to a loved one. The larger impression space can accommodate more than one smaller hand or foot, making this style also appropriate for use with twins. Impressions can be taken in portrait or landscape orientation and the Kit can be hung on a wall by the closure loop, displayed open on a shelf, or safely tucked away inside the Memento Box. Kit includes panel cards, photo sequence instructions, and packet of non-toxic, air dry molding material that can be pressed out and tried again if not satisfied with the first try. After taking the impression(s), Kit needs to remain open to air dry. 10½" x 7½" x 1½" Kit outer dimensions.

Product Description	Impression Space (approximate)	Product Number	Price Each
RTS Book-like Keepsake Impressions Kit	8½" x 5½"	83300E (English) / 83300S (Spanish)	\$27.24 ea

**TO PLACE AN ORDER FOR BEREAVEMENT TOOLS ON PAGES 21-25
 CONTACT**



Memories Unlimited, Inc.
 9511 Johnson Point Loop NE, Olympia, WA 98516
 Phone: 360.491.9819 • Fax: 360.491.9827 • Email: info@memoriesunlimited.com

Orders may be placed by phone, e-mail, fax or mail. Memories Unlimited office hours are Monday-Friday from 8:00am to 4:30pm PST.

When contacting Memories Unlimited to place an order for items on pages 21-25, please provide the following information:

- Billing and shipping* address
- Item number with product description and quantity desired
- Purchase order number (if applicable)
- Ordering contact name, phone number, fax number and e-mail address

*Shipping is prepaid and added to the invoice. Please indicate on your order request if a shipping quote is needed in advance.

IF YOU DO NOT RECEIVE A CONFIRMATION FOR ORDERED ITEMS FEATURED ON PAGES 21-25, PLEASE CONTACT MEMORIES UNLIMITED.

Fallen.
Drifting aimlessly on a sea of hope
and pain,
the leaf cradles a teardrop.
Offers refuge.
Embodies hope.
Just as winter awakens to spring,
our deepest sorrow harbors the seed of hope renewed.
Hope renewed.

- by Susan Ring



Resolve Through Sharing®

BEREAVEMENT SERVICES

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La Crosse, WI 54601

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800.362.9567 ext. 54747

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www.bereavementservicesonline.org

Register or Order Online
www.bereavementservices.org



GUNDERSEN
HEALTH SYSTEM®
Where Caring Meets Excellence

Gundersen Health System has long recognized the importance of bereavement care. Beginning with hands-on care for families whose baby died, and the creation and implementation of our Resolve Through Sharing (RTS) course in newborn death in 1981, Bereavement Services has extended its perinatal bereavement education to organizations around the world.

Today, RTS has trained more than 30,000 health care professionals in all 50 states, the Philippines, Switzerland, England, Iceland, Spain, Ireland, Italy, Germany, Japan, and Canada.

Our mission is to

- provide and promote dignified, respectful, and compassionate bereavement care for patients and families suffering loss throughout the continuum of life;
- develop and distribute bereavement training and support resources for healthcare professionals and their patients, and for organizations and communities concerned for the health of their members; and to
- establish and maintain professional expertise and international leadership in bereavement care education and support services

Bereavement Services is a department of Gundersen Medical Foundation.

About Gundersen Medical Foundation

Gundersen Medical Foundation is an independent, nonprofit organization. Its mission is to enhance and support quality healthcare with emphasis on medical and health/wellness education, clinically based research, and community health outreach.