

CITY OF MANHATTAN BEACH **PARKS & RECREATION**

# MANHAPPENINGS

PLAY | NATURE | EXERCISE | POSITIVE SPACE | GATHERING PLACE

**LIGHT GATE SUNSET**  
January 27, 2017  
5:20 PM  
#mblightgate

**EXCLUSIVE!**

**LIGHT GATE  
MB NEWS**



@mbparksandrec



**WINTER 2017**

# WINTER REGISTRATION

**MB RESIDENTS** ..... 12/5

**NON-MB RESIDENTS** ..... 12/19

# MB NEWS >

## EXCLUSIVE!

**LIGHT GATE**

See Page 25



- 06** SPECIAL EVENTS
- 10** TOT
- 13** YOUTH
- 17** TEEN
- 19** ADULT
- 26** AQUATICS
- 28** TENNIS
- 32** OLDER ADULT



# #manhappenings

VETERANS PARKWAY





# MB NEWS

## 2016-17 REFUSE & STREET SWEEPING HOLIDAY SCHEDULE

The following 6 holidays are observed by Waste Management (WM) and Athens Services.

- Memorial Day
- Independence Day
- Labor Day
- Thanksgiving Day
- Christmas Day
- New Year's Day

Refuse collection (WM) will occur one-day late following an observed holiday. If the observed holiday falls on a Saturday or Sunday, no changes will be made to the residential collection schedule. Street sweeping (Athens) will not occur on the above listed holidays and will not be made up.

## HOLIDAY TREE & LIGHT RECYCLING

Between December 26, 2016 – January 14, 2017, single and multi-family residence may place holiday trees next to their carts/bins by 7:00 AM on collection day for free pick up and recycling. Trees must be no taller than 7 feet or cut into 7-foot sections. Please remove all lights, decorations, tinsel, ornaments, and metal stands. Flocked trees will be collected but cannot be recycled.

Need to recycle holiday lights? Contact At Your Door Hazardous Waste Collection for a doorstep pick up of household hazardous waste, including

unwanted holiday lights (which are e-waste). Call (800) 449-7587 Monday through Friday, from 5:00 AM – 5:00 PM, to schedule a pick up.

## THE BEST GIFT FOR PLANET EARTH

The holiday season is a special time. The best gift you can give planet Earth is protection of natural resources. Incorporate practices to reduce waste and reuse materials. Here are some tips to get you started:

- Plan meals carefully. Use grocery lists, and avoid impulse buys.
- Avoid “individual” packs; purchase bulk foods and buy grains, nuts, and spices from bulk bins.
- Use reusable containers to send leftovers home with family.
- Recycle the food waste you do have. The curbside program is easy! Put all food scraps into a bag. Tie it off. Place in your green waste cart. Voila!
- Utilize reusable bags, tote bags, or cosmetic bags instead of gift bags, wrapping and tissue paper – the bag becomes part of the gift!
- Online shopping? Take packing peanuts to the local UPS or shipping store for reuse. Decorate shipping boxes and reuse.
- Donate clothes, toys, household goods and electronics in working condition to a local donation center. Receiving a gift for the house? Donate household items from lighting to a vanity to the Habitat for Humanity ReStore in Torrance.

Ask your family for additional ideas and be kind to the planet this holiday season.

## AWARDS

The City has also received statewide recognition for its efforts in environmental sustainability and its innovative Older Adults programming. This year, we were honored to be one of eight cities to receive a 2016 Beacon Award from the Institute for Local Government and the Statewide Energy Efficiency Collaborative for the City's comprehensive approach to climate change. Manhattan Beach strives to be a leader in its sustainability practices, whether it's prohibiting smoking in public places, addressing food waste or reducing greenhouse gas emissions. In addition, the League of California Cities presented the City with the prestigious 2016 Helen Putnam Award for Excellence in recognition of its recent multi-generational, collaborative initiative called Connected!. This program, offered through our Parks and Recreation Department's Older Adults Division, brought together volunteers, local students and staff around the growing challenge of technology and older adults. This multi-generational team developed a creative approach to connecting older adults with technology tools and the resources to learn how they work. These efforts have built new relationships and kept our older adult community informed and connected to their communities.

Stay connected and learn about news like this by following us on Facebook and Twitter @citymb!



## EV CHARGING STATIONS UPDATE

Thanks to funding from the Clean Transportation grant from South Coast Air Quality Management District's Mobile Source Air Pollution Reduction Review Committee (MSRC), the City has been able to expand Electric Vehicle charging stations to two parking lots – the Metlox garage and Lot 3 – in addition to the existing Electric Vehicle charging stations in the lower Civic Center parking lot and Lot 4. All stations are metered at \$0.75 per hour and limited to two hours charging time in order to maximize the public's opportunity to charge their electric vehicles. Meters are enforced 7 days per week, 24 hours per day.



## MB CARES

Our City has a lot to be proud of. We strive to create an accessible, safe and responsive community for our residents, businesses and visitors. Recently, our staff has created a philanthropic group called MB CARES, dedicated to connecting City employees through volunteering.

The MB CARES team has held a beach clean-up, walked in the Skechers Pier-to-Pier Friendship Walk (and raised \$750!), collected food for those in need, sent holiday cards to deployed military troops and held a holiday toy drive for kids. Thank you to all of the employees who have been involved and stay on the lookout as our MB CARES team continues to help this community thrive!

## RIDE BEACH CITIES TRANSIT

Ride BCT Line 109 with local stops in Manhattan Beach at The Pier, Manhattan Beach Public Library, Civic Center, North Manhattan Beach and Manhattan Village Mall. Stay connected with Beach Cities Transit by following them on Twitter for rideshare updates and more. @redondobeachbct #ridebct



## CITY OFFICIALS

- Tony D'Errico ..... Mayor
- David Lesser ..... Mayor Pro-Tem
- Amy Howorth ..... Councilmember
- Wayne Powell ..... Councilmember
- Mark Burton ..... Councilmember
- Tim Lilligren ..... City Treasurer

## ADMINISTRATIVE OFFICIALS

- Mark Danaj ..... City Manager
- Nadine Nader ..... Assistant City Manager
- Liza Tamura ..... City Clerk

City Council meets the 1<sup>st</sup> and 3<sup>rd</sup> Tuesday at City Hall, 6:00 PM



## FIRST AID, CPR/AED TRAINING

2 year certificate offered by MB CERT and Beach Cities Health District

Dates: Saturdays in 2017: 2/4, 4/1, 6/3, 8/5, 10/14, and 12/2

Times: 8:00 AM to 3:00 PM

Limited to 30 participants each class. Please arrive at least 20 minutes before to get settled in.

Class will start on time.

Location: Joslyn Community Center, 1601 N. Valley Drive, Manhattan Beach 90266. Just North of Fire Station #1.

Parking: Parking passes will be made available.

To RSVP: You must pre-enroll to be assured a seat in class. Please email Jeanne (1certtraining@gmail.com) with your full name, phone, email and home address.

Cost: There is no charge to residents and employees of Manhattan Beach, Hermosa Beach and Redondo Beach. Beach Cities Health District has partnered with us so we may provide you with this lifesaving training. The fee for those living and working outside the Beach Cities is \$55. Your certificate will be emailed to you. Make sure we have the correct email address.

MB CARES



# WINTER '17

1.

## ROSE PARADE 2017

**WHEN:** January 2

**TIME:** 5:30 AM to 12:30 PM

**WHERE:** Pasadena, CA

**ACTIVITY NUMBER:** 26567

**Res:** \$113 Nonres: \$124

Each New Year's Day the world focuses its attention on the City of Pasadena, home of the Tournament of Roses Parade and Rose Bowl game. It's a celebration more than a century old, a festival of flowers, music and sports. With grandstand seats on Colorado Boulevard for up-close viewing, it will be a day to remember. We should be back in time to see the Rose Bowl game on television. Pickup will be at both Joslyn Community Center and Manhattan Heights Park. (Ages 5+)



2.

## LIGHT GATE SUNSET

**WHEN:** January 27

**TIME:** 5:20 PM

**WHERE:** Light Gate on Highland Ave.

*Light Gate* is located at the top of 14th St., between City Hall and the new library, along Highland Ave. The artwork is made of glass, laminated with prismatic lighting film that will create rich and varied light effects with the sun. *Light Gate* will focus the view through an opening down 14th St. to the Ocean. Each January 27th and November 14th, the sunset will align within the keyhole.

#mblightgate



## ART EXHIBITIONS

**MBAC (MANHATTAN BEACH ART CENTER): 1560 MANHATTAN BEACH BLVD.**

Gallery Hours: Wednesday - Saturday 10:00 AM to 9:00 PM and Sunday 10:00 AM to 5:00 PM \*Closed on major holidays and for installation. Free to the public and hosts some of the most important art exhibitions in the region.



## VERY CINEMATIC NARRATIVE

January 13 through March 12, 2017

**Opening Reception:** January 13, 2017 • 6:00 PM to 9:00 PM

An exhibition of kinetic artwork by William Sandell and cinematic oil paintings by Cynda Valle. For more information, please visit [www.citymb.info/exhibition](http://www.citymb.info/exhibition).

#mbartshow

#mbsummer

2017

SUMMER CAMP

EXPO



SAT. MARCH 4, 9-11 AM

AMERICAN MARTYRS CHURCH BLACKTOP, 1701 LAUREL AVE.

[WWW.CITYMB.INFO/SUMMERCAMPS](http://WWW.CITYMB.INFO/SUMMERCAMPS)

# MEET THE CONTRIBUTORS



**JOJO, STEPHANIE & KRISTIN**  
Content Managers



**DEBORAH**  
Cultural Arts



**TIFFANY**  
Teen Center



**CASSADY**  
Teen Center



**VANESSA**  
Teen Center



**RYAN**  
Teen Center



**SUZANNA**  
REC Program



**JACQUELINE**  
Older Adults Program



**CAMILLE**  
Aquatics



**JASPER**  
Aquatics



**KYLE**  
Teen Center



**BUKHARI**  
Teen Center



**@mbparksandrec**



MB

CLASS

PASS



**JOIN THE SCENE IN 2017!**  
**JANUARY 15TH-21ST**

The City of Manhattan Beach Parks and Recreation Department is celebrating the New Year by offering one free trial class during the week of January 15th through the 21st. Get active, try new classes, and start the New Year by becoming a new you. Classes are offered for all ages and include gymnastics, music, sports and fitness, yoga, and comedy improv! For a complete listing of eligible classes, visit

[www.citymb.info/mbclasspass](http://www.citymb.info/mbclasspass)



## ARTS AND CERAMICS

### PEE WEE PICASSO!

15m but less than 3

Res: \$152 Nonres: \$167 (8 Weeks)

Students will be exposed to a variety of age appropriate activities that develop and improve fine motor skills. Curiosity, discovery, and self-expression are the focus of this fantastic class by using glitter paint, play dough, collage, water colors, and more. Parents, come join the fun and learn that through art, a child can increase his or her self-esteem and self-confidence. Projects and lessons rotate quarterly. For more information, visit [www.art2growon.com](http://www.art2growon.com).

Instructor: Art To Grow On Staff

Location: Manhattan Beach Art Center

26886      9:30am to 10:15am      1/13-3/3      F

### PLAY DOUGH AND PICASSO!

2 but less than 6

Res: \$152 Nonres: \$167 (8 Weeks)

Monet, Van Gogh, Picasso, and more! Students will be exposed to a variety of Master Artist lessons along with different projects that will foster curiosity, discovery, and self-expression! Come learn that a child can increase his or her self-esteem and self-confidence through art. Projects and lessons rotate quarterly. For more information, visit [www.art2growon.com](http://www.art2growon.com).

Instructor: Art To Grow On Staff

Location: Manhattan Beach Art Center

26892      10:45am to 11:35am      1/13-3/3      F

## DANCE, MUSIC AND THEATER

### MUSIC RHAPSODY BABIES MAKE MUSIC

3m but less than 1

Res: \$184 Nonres: \$202 (8 Weeks)

Babies instinctively react to music! Parents and babies learn delightful rhymes, lullabies, floor and lap games, action songs, and dances that stimulate your baby's natural response to music. Gather fascinating information each week on infant musical development and learn activities to use at home with your little one. Our early childhood programs have been proven successful since 1983! For one time materials fee, please call Music Rhapsody at (310) 376-8646. No class 1/16 and 2/20.

Instructor: Music Rhapsody Staff

Location: Joslyn Community Center

26873      11:15am to 12pm      1/9-3/13      M

### MUSIC RHAPSODY TODDLERS MAKE MUSIC

1 but less than 3

Res: \$184 Nonres: \$202 (8 Weeks)

Delightful songs, dances, and musical activities using percussion instruments develop the timing, coordination, pitch matching, and language skills of the toddler. In addition, the high quality instruments, puppets, stories, and colorful props make this an engaging time of learning! Our early childhood music education program has been a proven success since 1983! For one time materials fee, please call Music Rhapsody at (310) 376-8646. For more information on the Toddlers Make Music class, visit [www.musicrhapsody.com](http://www.musicrhapsody.com). No class 1/16 and 2/20.

Instructor: Music Rhapsody Staff

Location: Joslyn Community Center

26876      9:15am to 10am      1/9-3/13      M  
26877      12:15pm to 1pm      1/9-3/13      M

## MUSIC RHAPSODY KIDS MAKE MUSIC

2 but less than 4

Res: \$184 Nonres: \$202 (8 Weeks)

The young child and parent will sing, dance, and play instruments. Solo singing is encouraged to develop listening, pitch-matching, and language skills. Concepts such as high and low, soft and loud, up and down are taught in a game-like atmosphere and increase self-confidence. Our early childhood music education program has been a proven success since 1983! For onetime materials fee, please call Music Rhapsody at (310) 376-8646. For more information on the class, visit [www.musicrhapsody.com](http://www.musicrhapsody.com). No class 1/16 and 2/20.

Instructor: Music Rhapsody Staff

Location: Joslyn Community Center

26874 10:15am to 11am 1/9-3/13 M

## MUSICAL FUN FOR TOTS

1m but less than 5

Res: \$140 Nonres: \$154 (8 Weeks)

Discount for 2 or more participants

Developed for tots and their caregivers, this class is a compilation of contemporary and nursery music. Using instruments and props, we dance, sign, sing, and enjoy music. Flannel board songs and beautifully illustrated book to music capture the imagination. The emphasis is on creativity and movement. Parent or guardian participation is expected.

Instructor: Wanda Borgerding

Location: Manhattan Beach Art Center

26879 9:15am to 10am 1/12-3/2 Th  
 26880 10am to 10:45am 1/12-3/2 Th  
 26881 2pm to 2:45pm 1/12-3/2 Th

## SPORTS

### BEACH BABIES ON ICE

3 but less than 4

Res: \$68 Nonres: \$75 (4 Weeks)

Parent and me ice skating class will teach you and your child how to skate, be safe, and enjoy this pastime. Wear warm, flexible clothing and bring your mittens. Includes skate rental, four public sessions and two guest passes. No class 3/18 and 3/19.

Instructor: Toyota Sports Center Staff

Location: Toyota Sports Center

26818 12:15pm to 12:45pm 1/7-1/28 Sa  
 26819 10:50am to 11:20am 1/8-1/29 Su  
 26820 12:15pm to 12:45pm 2/4-2/25 Sa  
 26822 10:50am to 11:20am 2/5-2/26 Su  
 26821 12:15pm to 12:45pm 3/4-4/1 Sa  
 26823 10:50am to 11:20am 3/5-4/2 Su

### GYMNASTICS-DEVELOPMENTAL

3 but less than 6

Res: \$140 Nonres: \$154 (10 Weeks)

Cartwheels, rolls of all kinds, bar stunts, trampoline, swinging rings and balance beam skills are taught in this fun class! Superkids Gymnastics enhances coordination, balance, flexibility and confidence!

Instructor: Superkids Staff

Location: Manhattan Heights Park

26765 4:30pm to 5:20pm 1/12-3/16 Th  
 26766 10:30am to 11:20am 1/15-3/19 Su



## SPORTS-TINY PROS

2 but less than 3 1/2

Res: \$185 Nonres: \$204 (10 Weeks)

Get in the game! A beginner sports class designed for energetic kids who want to learn the basics of soccer, baseball, and basketball. This fast paced class for boys and girls is full of drills, games and fun. If any of our Tiny Pros made it to be the next 'sports superstar' we would be delighted, but our real goal is to instill a sense of confidence, coordination, friendship, and a love of sports. Instructor: Tiny Pros Coaches

Location: Live Oak Park

26925 10am to 10:45am 1/9-3/13 M  
 26926 2pm to 2:45pm 1/9-3/13 M  
 26927 3pm to 3:45pm 1/9-3/13 M  
 26928 10am to 10:45am 1/10-3/14 Tu  
 26931 2pm to 2:45pm 1/10-3/7 Tu  
 26933 10am to 10:45am 1/11-3/15 W  
 26923 10am to 10:45am 1/12-3/16 Th  
 26935 2pm to 2:45pm 1/12-3/16 Th  
 26929 10am to 10:45am 1/13-3/17 F  
 26934 2pm to 2:45pm 1/13-3/17 F

Location: Grand View Elementary School

26924 9am to 9:45am 1/14-3/18 Sa

3 1/2 but less than 5

Res: \$185 Nonres: \$204 (10 Weeks)

Get in the game! A beginner sports class designed for energetic kids who want to learn the basics of soccer, baseball, and basketball. This fast paced class for boys and girls is full of drills, games and fun. If any of our Tiny Pros made it to be the next 'sports superstar' we would be delighted, but our real goal is to instill a sense of confidence, coordination, friendship, and a love of sports. Instructor: Tiny Pros Coaches

Location: Live Oak Park

26943 11am to 11:45am 1/9-3/13 M  
 26938 11am to 11:45am 1/10-3/14 Tu  
 26937 3pm to 3:45pm 1/10-3/14 Tu  
 26946 11am to 11:45am 1/11-3/15 W  
 26939 11am to 11:45am 1/12-3/16 Th  
 26945 3pm to 3:45pm 1/12-3/16 Th  
 26940 11am to 11:45am 1/13-3/17 F  
 26947 3pm to 3:45pm 1/13-3/17 F

Location: Grand View Elementary School

26942 10am to 10:45am 1/14-3/18 Sa

## T-BALL PREP-TINY PROS

3 but less than 6

Res: \$185 Nonres: \$204 (10 Weeks)

An introductory T-ball class, preparing all participants for a future in T-ball or Baseball, by learning the bare basics. Dads/moms are encouraged to participate throughout the duration of the session, which will include a specific skills day/game day schedule. The skills learned will be applied in game situations.

Instructor: Tiny Pros Coaches

Location: Grand View Elementary School

26949 11am to 11:45am 1/14-3/18 Sa

FOR MORE INFORMATION AND DAILY SCHEDULE

VISIT: [www.britwestsoccer.com](http://www.britwestsoccer.com) / [www.tinypros.com](http://www.tinypros.com)



## SOCCKER-TINY PROS "LEARN 2 KICK"

1 1/2 but less than 2

Res: \$135 Nonres: \$149 (8 Weeks)

Classes indulge each child's natural curiosity and playfulness while introducing them to the beautiful game of soccer. Activities are geared towards a toddlers, unique way of learning and include imagination games, bubbles, parachutes and lots of scoring goals. Parent participation required.

Instructor: Brit West Soccer Coaches

Location: Manhattan Village Field

27083	10am to 10:45am	1/16-3/6	M
26918	9:15am to 9:55am	1/19-3/9	Th
26919	10am to 10:45am	1/20-3/10	F

Location: Grand View Elementary School

26920	11am to 11:45am	1/15-3/5	Su
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## SOCCKER-TINY PROS

2 but less than 3 1/2

Res: \$135 Nonres: \$149 (8 Weeks)

Children are introduced to soccer activities. They enjoy kicking the ball in a given direction, running and moving the ball with their feet, stopping the ball without using hands and shooting on goal.

Instructor: Brit West Soccer Coaches

Location: Manhattan Village Field

27084	11am to 11:45am	1/16-3/6	M
26907	10am to 10:45am	1/19-3/9	Th
26908	11am to 11:45am	1/20-3/10	F

Location: Grand View Elementary School

26906	9am to 9:45am	1/15-3/5	Su
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3 1/2 but less than 5

Res: \$135 Nonres: \$149 (8 Weeks)

We continue to develop technique including dribbling, passing, turning and shooting through FUN games. Not only is every child physically active but they will have a ball exploring how to put these newly acquired techniques into a real game.

Instructor: Brit West Soccer Coaches

Location: Manhattan Village Field

27084	11am to 11:45am	1/16-3/6	M
26911	11am to 11:45am	1/19-3/9	Th
26912	2:30pm to 3:15pm	1/19-3/9	Th

Location: Grand View Elementary School

26910	10am to 10:45am	1/15-3/5	Su
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5 but less than 7

Res: \$135 Nonres: \$149 (8 Weeks)

We continue to teach technique and agility and put newly acquired skills in the game situation. Small team scrimmages increase skill acquisition, game understanding and confidence.

Instructor: Brit West Soccer Coaches

Location: Manhattan Village Field

26915	3:15pm to 4pm	1/19-3/9	Th
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Location: Grand View Elementary School

26916	11am to 11:45am	1/15-3/5	Su
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## GYMNASTICS BIRTHDAY PARTIES

A SuperKids Party is designed with two to seven year olds in mind. Swinging rings, stunt bar, balance beams, mini-trampoline, spring board, vault, incline and roller mats, are some of the fun equipment featured. Instructors alternate game time, free play, and structured time. Also included is use of kitchen and a separate room with tables and chairs for eating time. Birthday parent provides food, paper goods and the kids—SuperKids provides the entertainment and the fun!

\$365—Up to 20 children and 2 instructors provided.

\$395—Up to 30 children and 3 instructors provided.

**LOCATION: Manhattan Heights Community Center**

Saturdays Option 1—11:00 am—1:00 pm

Sundays Option 2—12:30 pm—2:30 pm

Sundays Option 3—3:30 pm—5:30 pm

**FOR MORE INFORMATION:**

City Hall (310) 802-5410

SuperKids (310) 378-4800



## GYMNASTICS-FAMILY GYM

18m but less than 4

Res: \$140 Nonres: \$154 (10 Weeks)

Join our fun class designed for the family with young children. We teach basic gymnastics, balance and coordination skills on our swinging rings, stunt bar, springboard, and mini trampolines. Learn partner stunts as well as games to develop coordination.

Instructor: SuperKids Staff

Location: Manhattan Heights Park

26768	9:30am to 10:20am	1/11-3/15	W
26769	9:30am to 10:20am	1/15-3/19	Su

## HOCKEY BASICS 6 & UNDER

4 but less than 7

Res: \$68 Nonres: \$75 (4 Weeks)

Learn to skate with emphasis on hockey, be safe and enjoy this great pastime. Wear warm, flexible clothing and bring your mittens. Includes skate rental, four public sessions and two guest passes. No class 3/18 and 3/19.

Instructor: Toyota Sports Center Staff

Location: Toyota Sports Center

26788	10:45am to 11:15am	1/7-1/28	Sa
26789	10:50am to 11:20am	1/8-1/29	Su
26790	10:45am to 11:15am	2/4-2/25	Sa
26792	10:50am to 11:20am	2/5-2/26	Su
26791	10:45am to 11:15am	3/4-4/1	Sa
26793	10:50am to 11:20am	3/5-4/2	Su



## ICE SKATING FOR TOTS

4 but less than 6

Res: \$68 Nonres: \$75 (4 Weeks)

Learn how to skate, be safe, and enjoy this great pastime. Wear warm, flexible clothing and bring your mittens. Includes skate rental, four public sessions and two guest passes. No class 3/18 and 3/19.

Instructor: Toyota Sports Center Staff

Location: Toyota Sports Center

26831	4pm to 4:30pm	1/3-1/24	Tu
26825	12:15pm to 12:45pm	1/7-1/28	Sa
26826	10:20am to 10:50am	1/8-1/29	Su
27114	4pm to 4:30pm	1/31-2/21	Tu
26827	12:15pm to 12:45pm	2/4-2/25	Sa
26829	10:20am to 10:50am	2/5-2/26	Su
27115	4pm to 4:30pm	2/28-3/28	Tu
26828	12:15pm to 12:45pm	3/4-4/1	Sa
26830	10:20am to 10:50am	3/5-4/2	Su



## ARTS AND CERAMICS

### CERAMICS ADVENTURES IN CLAY

6 but less than 13

Res: \$139 Nonres: \$153 (8 Weeks)

Learn the basics of working with clay while making fun projects. Inspire your imagination while making and decorating your pieces. Projects may include masks, fanciful creatures, decorative cups, plates, planters and items of the artist's own design. Fee includes materials and firing.

Instructor: Thomas Trulove

Location: Live Oak Park, Ceramics Studio

26709 4:30pm to 6pm 1/11-3/1 W

### CERAMICS FOR KIDS-ALL LEVELS

8 but less than 13

Res: \$139 Nonres: \$153 (8 Weeks)

Explore the dynamic world of Ceramics! In this class children will be introduced to handbuilding clay. Students will learn techniques such as slab and coil building, making pinch pots, decorating and glazing. Projects will include functional pottery as well as sculptural work. Fee includes materials and firing. All levels welcome!

Instructor: Cally Kallenberg

Location: Live Oak Park, Ceramics Studio

26718 4:30pm to 6pm 1/10-2/28 Tu  
26719 4:30pm to 6pm 1/12-3/2 Th

### CERAMICS JUNGLE-KIDS PLAY WITH CLAY

4 but less than 7

Res: \$119 Nonres: \$131 (8 Weeks)

Introduce your young artist to the amazing medium of clay! Kids will explore the tactile properties of clay, slip and glaze, and work on imaginative projects. Students will be introduced to making simple

projects like bowls and animals while embracing their creativity and growing their fine motor skills. Fee includes materials and firing. All levels welcome!

Instructor: Cally Kallenberg

Location: Live Oak Park, Live Oak Hall

27103 9am to 10am 1/9-2/27 M  
27104 9am to 10am 1/11-3/1 W

### EXPLORATION IN ART

5 but less than 12

Res: \$179 Nonres: \$197 (10 Weeks)

Create your own masterpiece each week while learning elements and principles of art by using a variety of mediums, techniques and approaches that were used by important artists and art movements. Fee includes all materials.

Instructor: Parks & Rec Staff

Location: Manhattan Beach Art Center

27060 3:30pm to 5pm 1/9-3/13 M

### STILL LIFE PAINTING

Res: \$199 Nonres: \$219 (8 Weeks)

Students will learn basic painting and drawing skills while observing shapes, color and texture. The young artists will explore master paintings and create their own masterpieces.

Instructor: Parks & Rec Staff

Location: Manhattan Beach Art Center

5 but less than 7

27058 3:30pm to 5pm 1/10-2/28 Tu

7 but less than 13

27059 3:30pm to 5pm 1/11-3/1 W

# AFTERSCHOOL REC SCHOOL YEAR '16-'17

September - June  
M T TH F: 2:15 PM - 6:00 PM  
W: 1:45 PM - 6:00 PM



**Afterschool REC Membership 2016 - 2017**  
Includes all after school days and school district half days\*, local holidays\*\*, and Martin Luther King Jr. Day\*\*. Does not include vacation days or summer camps.  
Closed on 12/24, 12/25, 12/26, 1/2, 5/29

Res: \$144 Nonres: \$158  
(Additional child discount: 10%)  
M Tu Th F • 2:15pm to 6pm . . . . . (8/29/16 - 6/9/17)  
W • 1:45pm to 6pm . . . . . (8/31/16 - 6/7/17)  
\*Program open 12:30pm to 6:00pm  
\*\*Program open 7:15am to 6:00pm

**Afterschool REC 2016 - 2017 with Extended Care**  
REC staff will meet your child at their elementary school and walk them to the Afterschool REC Program, where the fun begins! This program is for grades 1-5. Automatic payment plan is available. Does not include camps. Afterschool REC Membership must be purchased to add on Extended Care.

Res: \$180 Nonres: \$198 per month  
(Additional child discount: 10%)  
M-F • End of school day to 6pm . . . . . (9/1-6/9)

**Live Oak Park, 1901 Valley Dr.**  
Grand View: 26520  
Pacific: 26522

**Manhattan Heights Park, 1600 MB Blvd.**  
Meadows: 26521  
Pennekamp: 26523

To withdraw from the Extended Care Program, a refund request form must be submitted 2 weeks prior to the first of the month. Child(ren) may continue in the program until the end of the current paid month.



## REC CAMP '16-'17

WINTER & SPRING • 7:15 AM - 6:00 PM

REC Camp is active during Manhattan Beach Unified School District vacations and when the Afterschool REC Program is not in session. There is a limit of 80 children maximum per week. Registration confirmation is required at the first day of camp.

[www.citymb.info/recvacations](http://www.citymb.info/recvacations)

### WINTER BREAK

Res: \$144 Nonres: \$158 per week: 26524  
Winter Break week 1 . . . . . (12/27-12/30)  
Winter Break week 2 . . . . . (1/3-1/6)

### SPRING BREAK

Res: \$180 Nonres: \$198 per week: 26673  
Spring Break . . . . . (4/10-4/14)

## DANCE, MUSIC AND THEATER

### FILMMAKING

7 but less than 13

Res: \$179 Nonres: \$197 (8 Weeks)

Learn to create a story in script format designed for a short film, movie trailer, or music video. Students will participate in pre-production, shooting and editing. Materials needed for this class: Camera, iPad, or iPhone and Mac laptops with iMovie 11 or latest version. Instructor will also provide a camera, laptop and editing software.

Instructor: Anna Giannotis

Location: Joslyn Community Center

26740 4pm to 5:30pm 1/ 11-3/1 W

## SPORTS

### BEACH VOLLEYBALL AFTERNOONS

5 but less than 17

Res: \$150 Nonres: \$165 (10 Classes)

Getting back to basics! The City of Manhattan Beach, the Home of Beach Volleyball, is proud to offer beginning volleyball classes for those who have never tried playing volleyball before, and also those who want to continue their knowledge in the sport. The class will be divided by skill level. This class will teach terminology and skills to give a better understanding of the sport while having fun.

Instructor: Marlon Johnson

Location: Manhattan Beach Pier, Southside

26695 3:30pm to 5pm 1/9-2/8 M W  
 26696 3:30pm to 5pm 1/10-2/9 Tu Th  
 26698 3:30pm to 5pm 2/13-3/15 M W  
 26699 3:30pm to 5pm 2/14-3/16 Tu Th  
 26697 9:30am to 11am 1/14-3/18 Sa

### GOLF-CHILD AND PARENT

4 but less than 8

Res: \$125 Nonres: \$137 (5 Weeks)

This class introduces the child to the game of golf in a fun environment. They will learn the grip and set up, pitching and full swing, putting and chipping, golf etiquette and rules around the game.

Instructor: Scott Robert

Location: Lakes at El Segundo

26762 2pm to 3pm 1/14-2/11 Sa  
 26763 2pm to 3pm 2/25-3/25 Sa

### GYMNASTICS-FUN AND FIT GYMNASTICS

5 but less than 9

Res: \$140 Nonres: \$154 (10 Weeks)

Swing on the rings, learn basic and intermediate gymnastics skills on mats, bars, balance beam and vault. Increase fitness, flexibility, and confidence in an atmosphere of fun and encouragement.

Instructor: SuperKids Staff

Location: Manhattan Heights Park

26770 3:30pm to 4:20pm 1/12-3/16 Th

### HOCKEY BASICS 14 & UNDER

7 but less than 15

Res: \$68 Nonres: \$75 (4 Weeks)

This class introduces the skater to ice hockey and teaches basic safety and skating skills. Forward and backward skating, balance, and

edges are covered. Protective equipment is recommended, but not provided. Includes skate rental, four public sessions and two guest passes. No class 3/18 and 3/19.

Instructor: Toyota Sports Center Staff

Location: Toyota Sports Center

26781 11:15am to 11:45am 1/7-1/28 Sa  
 26782 10:20am to 10:50am 1/8-1/29 Su  
 26783 11:15am to 11:45am 2/4-2/25 Sa  
 26785 10:20am to 10:50am 2/5-2/26 Su  
 26784 11:15am to 11:45am 3/4-4/1 Sa  
 26786 10:20am to 10:50am 3/5-4/2 Su



### ICE SKATING FOR YOUTH

6 but less than 15

Res: \$68 Nonres: \$75 (4 Weeks)

Children will learn how to skate safely and enjoy this great pastime. Wear warm, flexible clothing and bring mittens. Includes skate rental, four public sessions and two guest passes. No class 3/18 and 3/19.

Instructor: Toyota Sports Center Staff

Location: Toyota Sports Center

26839 4:30pm to 5pm 1/3-1/24 Tu  
 26833 12:15pm to 12:45pm 1/7-1/28 Sa  
 26834 10:20am to 10:50am 1/8-1/29 Su  
 27116 4:30pm to 5pm 1/31-2/21 Tu  
 26835 12:15pm to 12:45pm 2/4-2/25 Sa  
 26837 10:20am to 10:50am 2/5-2/26 Su  
 27117 4:30pm to 5pm 3/7-3/21 Tu  
 26836 12:15pm to 12:45pm 3/4-4/1 Sa  
 26838 10:20am to 10:50am 3/5-4/2 Su

### INTRODUCTION TO BADMINTON

8 but less than 12

Res: \$100 Nonres: \$110 (8 Weeks)

Instructor, Dean Schoppe, will introduce players to the game of badminton. All equipment will be supplied, please come in athletic clothing and court shoes.

Instructor: Badminton Club Staff

Location: Manhattan Beach Badminton Club

26842 5pm to 6pm 1/23-3/13 M

### SOCCER-MANHATTAN BEACH DEVELOPMENT LEAGUE

Res: \$135 Nonres: \$149 (8 Weeks)

Play soccer with friends every Saturday. Develop your game during our 15 minute skills session and then play a game. Our qualified coaches will facilitate and provide coaching during the game. This approach gives young players the green light to experiment, be creative and improve while enjoying the game. Week 1 players will be assessed and placed on a balanced team. Includes a game shirt. Teams will be invited to play in the Brit West Invitational Tournament against other Westside City teams.

Instructor: Brit West Soccer Coaches

Location: Manhattan Village Field

4 but less than 6  
 26902 8:30am to 9:30am 1/21-3/11 Sa

6 but less than 8  
 26903 9:30am to 10:30am 1/21-3/11 Sa

8 but less than 10  
 26904 10:30am to 11:30am 1/21-3/11 Sa

# YOUTH

## SOCCER-TINY PROS

5 but less than 7

Res: \$135 Nonres: \$149 (8 Weeks)

We continue to teach technique and agility and put newly acquired skills in the game situation. Small team scrimmages increase skill acquisition, game understanding and confidence.

Instructor: Brit West Soccer Coaches

Location: Manhattan Village Field

26915 3:15pm to 4pm 1/19-3/9 Th

Location: Grand View Elementary School

26916 11am to 11:45am 1/15-3/5 Su

## SOCCER CLUB PROS

7 but less than 13

Res: \$135 Nonres: \$149 (8 Weeks)

Club pros is 30 minutes of warm up and skills training followed by 30 minutes of small sided game time. Coaching continues during the game to reinforce technique, tactics and positional play in the game situation.

Instructor: Brit West Soccer Coaches

Location: Manhattan Village Field

26921 4pm to 5pm 1/19-3/9 Th

## THE BOOST LACROSSE PROGRAM

5 but less than 14

Res: \$140 Nonres: \$154 (4 Weeks)

The BOOST Lacrosse Program by SBLC is an improvement series that runs for our beginner, intermediate and advanced players. This class is designed to provide boys and girls with a fun and competitive environment to build on their personal skills as well as various team concepts. All players are required to provide their own lacrosse sticks and protective equipment. All participants will receive a UA reversible jersey.

Instructor: Ian Mills

Location: Manhattan Village Field

26998 6:15pm to 7:45pm 1/5-1/26 Th

## THE SCOOP LACROSSE PROGRAM

5 but less than 14

Res: \$125 Nonres: \$137 (4 Weeks)

The SCOOP Program by SBLC is an introductory series tailored to our beginner boys and girls between the ages of 5 to 14. Curriculum will have an emphasis on building a fundamental foundation necessary to succeed in the sport of lacrosse. Players will be put through a variety of drills and games focusing on passing, catching, shooting and dodging. The SCOOP Program will be non-contact (lacrosse sticks only with cleats). All players must have their own lacrosse sticks.

Instructor: Ian Mills

Location: Manhattan Village Field

26999 6:15pm to 7:45pm 2/2-2/23 Th

## UNIQUE ACTIVITIES

### HEALTHY HANDS COOKING-CORE COOKING CLASS

6 but less than 13

Res: \$150 Nonres: \$165 (4 Weeks)

This is our signature program for any child looking to help out with a family meal or build confidence in the kitchen. Your child will learn how to make healthy snacks, breakfast, lunches and dinners for

themselves. \$60 non-refundable, materials, food and supplies fee due to instructor. Bring an apron, a food container for left overs and your own drink (no sodas). Please note any food allergies.

Instructor: A Yummy Future, INC.

Location: Manhattan Heights Park

26776 4pm to 6pm 1/11-2/1 W  
26777 4pm to 6pm 2/15-3/8 W

## READING BUILDS CHARACTER

5 but less than 12

Res: \$130 Nonres: \$143 (8 Weeks)

Reading Builds Character is an enrichment course for elementary students who love to read. Students will read aloud, discuss vocabulary, word origins and write a 1 page summary each week. A \$10 supply fee payable to the instructor on the first day. No class 1/16 and 2/20.

Instructor: TCD Kids Foundation

Location: Marine Avenue Park

27014 4pm to 5:30pm 1/9-3/13 M  
27015 4pm to 5:30pm 3/20-5/8 M

## YOUNG WRITERS

5 but less than 12

Res: \$130 Nonres: \$143 (8 Weeks)

Young Writers is an enrichment course designed for elementary students who have a love for writing. Students will learn the writing process in a fun and engaging way plus practice their prewriting, drafting, editing and publishing skills.

Instructor: TCD Kids Foundation

Location: Marine Avenue Park

27017 4pm to 5:30pm 1/10-2/28 Tu  
27018 4pm to 5:30pm 3/7-4/25 Tu







## ARTS AND CERAMICS

### CERAMICS FOR TEENS-ALL LEVELS

10 but less than 18

Res: \$159 Nonres: \$174 (8 Weeks)

Discover and nurture the inner artist with this hands-on class. Students will be introduced to the art of wheelthrowing and handbuilding. They will have an opportunity to make functional pottery as well as sculptural artwork. Techniques discussed will include slab and coil building, wheelthrowing and trimming as well as decorating and glazing. Fee includes materials and firing.

Instructor: Thomas Trulove

Location: Live Oak Park, Ceramics Studio

**26721** 4pm to 6pm 1/9-2/27 M

### CERAMICS TEENS ON THE WHEEL-ALL LEVELS

10 but less than 18

Res: \$159 Nonres: \$174 (8 Weeks)

Students will learn how to throw, trim, decorate and glaze their work through the art of wheelthrowing. Simple projects like mugs and bowls will be made. Fee includes materials, and firing. All levels welcome!

Instructor: Thomas Trulove

Location: Live Oak Park, Ceramics Studio

**26726** 12:15pm to 2:15pm 1/14-3/4 Sa

## UNIQUE ACTIVITIES

### GOLDEN HEART RANCH COOKING CLASS

13 but less than 31

\$33

Golden Heart Ranch Social Living Club will be holding weekly cooking classes for young adults with special needs at the Joslyn Center. Whether you are new to the kitchen or an experienced chef, join us to learn everything from food safety to meal planning.

Instructor: Golden Heart Ranch

Location: Joslyn Community Center

<b>27063</b>	4pm to 6pm	1/5	Th
<b>27023</b>	4pm to 6pm	1/12	Th
<b>27024</b>	4pm to 6pm	1/19	Th
<b>27025</b>	4pm to 6pm	1/26	Th
<b>27064</b>	4pm to 6pm	2/2	Th
<b>27026</b>	4pm to 6pm	2/ 9	Th
<b>27027</b>	4pm to 6pm	2/16	Th
<b>27028</b>	4pm to 6pm	2/ 23	Th
<b>27029</b>	4pm to 6pm	3/2	Th
<b>27030</b>	4pm to 6pm	3/9	Th
<b>27031</b>	4pm to 6pm	3/16	Th
<b>27032</b>	4pm to 6pm	3/23	Th
<b>27065</b>	4pm to 6pm	3/30	Th

# TEEN CENTER SNOWBOARD & SKI TRIPS



## BEAR MOUNTAIN & SNOW SUMMIT

Join the Teen Center for their annual day trips to Bear Mountain and Snow Summit. Transportation provided by charter bus service. Bus amenities include TV, restroom and reclining seats. The Teen Center Snowboard and Ski Trips are open to teens ages 11 but less than 19.

### GENERAL INFORMATION:

Bus departs from and returns to the Teen Center at Manhattan Heights Park. Please print out, complete and sign waiver. Return waivers to Teen Center staff on the day of the trip. If you purchase the All Inclusive Package and are renting a snowboard or skis, you will pick up your equipment at the mountain. Depart Time: 5:30 AM, Return Time: 8:00 PM.

### DATES:

- January 21:** Snow Summit (A# 26952)
- February 11:** Bear Mountain (A# 26953)
- March 11:** Snow Summit (A# 26954)

### PACKAGE OPTIONS:

**\$25**

**Season Pass Holder Package** includes supervision and transportation only.

**\$75**

**Basic Trip Package** includes supervision, transportation, and a lift ticket.

**\$95**

**All Inclusive Package** includes supervision, transportation, lift ticket, ski or snowboard rental with helmet and an optional lesson with the mountain's Ski School.

## TEEN CENTER VACATION CAMPS

The Teen Center Vacation Programs are drop-in, noncustodial programs, open to all 6th, 7th and 8th graders. Teen Center Vacation Camps are concurrent with the Manhattan Beach Unified School District break schedule.

**Residents:** Free if enrolled in the School Year Program.  
**Nonresidents:** See cost below.

**WINTER:** W1: M-W • 12/27-12/30 | W2: M-W • 1/3-1/6 • \$150 (includes both weeks)  
**SPRING:** 4/10-4/14 • \$75

10:00 AM to 6:00 PM



## ARTS AND CERAMICS

### ACRYLIC PAINTING WITH ANN PITTS

18 and up

Res: \$229 Nonres: \$252 (10 Weeks)

Use acrylic paints to explore your creativity. Enjoy learning about light and shadow, color theory, composition, and techniques through discussions and exercises. Students can bring in photos for inspiration and develop their own style. Instructor, Ann Pitts, brings a unique perspective of an anthropologist, marine life naturalist, and graphic designer to this colorful world. Beginners and advanced students welcome. Supply list will be emailed to participants prior to class.

Instructor: Parks & Rec Staff

Location: Manhattan Beach Art Center

27094      9am to 12pm      1/11-3/15      W

### ART OF OIL

18 and up

Res: \$149 Nonres: \$164 (10 Weeks)

Through the use of mediums, color, value, shape and line on canvas, students will learn the skills of oil painting. Please download list of supplies before the first meeting.

Instructor: Morgan Kari

Location: Manhattan Beach Art Center

26685      9:30am to 12pm      1/9-3/13      M

### ASSEMBLAGE AND FOUND OBJECT ART

18 and up

Res: \$229 Nonres: \$252 (10 Weeks)

Explore the art of Assemblage and create narrative artwork using found, recycled and upcycled objects and imagery. This hands-on class will introduce students to the history of Assemblage ranging from the Dada and Surrealist movements to contemporary artists working with found objects. Students will learn the basics of collecting materials, the best tools, materials and techniques to use, as well as how to incorporate a narrative into their artwork. Some materials

included, additional supply list will be provided. All levels welcome!

Instructor: Pamela Smith-Hudson

Location: Manhattan Beach Art Center

27096      6:30pm to 9:30pm      1/9-3/13      M

### BEGINNING JEWELRY WIRE WRAPPING

18 and up

Res: \$229 Nonres: \$252 (10 Weeks)

Explore the art of jewelry wire wrapping. Students will be introduced to making jewelry while learning the basics about metals, beads and stones. Projects may include earrings, rings, necklaces, bracelets and brooches. Basic tools and materials included but students may choose to purchase additional materials and supplies. All levels welcome!

Instructor: Kristina Catanese

Location: Manhattan Beach Art Center

26704      6:30pm to 9:30pm      1/10-3/14      Tu

### CERAMICS ADVANCED PROJECTS

18 and up

Res: \$229 Nonres: \$252 (10 Weeks)

In this class advanced students will work on more ambitious pieces with the guidance of the instructor. Students will work on projects of their choosing, while exploring technical aspects of construction, decoration, glazing and firing. Students must be able to independently construct a handbuilt or wheelthrown form. Fee includes glazes, firing and \$10 Ceramics Bucks to use at students' discretion.

Instructor: Jennifer Windham

Location: Live Oak Park, Ceramics Studio

26725      1pm to 4pm      1/12-3/16      Th

## CERAMICS BEGINNING WHEELTHROWING

18 and up

Res: \$229 Nonres: \$252 (10 Weeks)

If you have always wanted to try your hand at the potter's wheel, this class is for you! This class is specifically formatted and conducted for those who have never been on the wheel or feel they still need to solidify the basics. This class will focus on foundation concepts such as centering, pulling up, opening, and shaping the pieces as well as trimming, glazing, and decorating. Simple forms like bowls and mugs will be explored. Fee includes glazes, firing, and \$10 Ceramics Bucks to use at the students' discretion.

Instructor: Jennifer Windham

Location: Live Oak Park, Ceramics Studio

26716 10am to 1pm 1/11-3/15 W

## CERAMICS INTERMEDIATE AND ADVANCED WHEELTHROWING

18 and up

Res: \$229 Nonres: \$252 (10 Weeks)

This class goes beyond the basics of throwing on the wheel. Students will explore new and more complicated forms such as plates, lidded containers, pouring vessels, and more. Students will also explore advanced concepts such as throwing off the hump, throwing large pieces, and combining multiple thrown pieces. To participate in this class, students must be comfortable with throwing basic forms such as bowls or cylinders. Fee includes glazes, firing, and \$10 Ceramics Bucks to use at the students' discretion.

Instructor: Jennifer Windham

Location: Live Oak Park, Ceramics Studio

26729 10am to 1pm 1/10-3/14 Tu

# OPEN LAB

18 and up

\$10 per 4 hour session

This is non-instructional time for students to work on their projects in the ceramics studio. Students must be currently enrolled or have been enrolled in the past 12 months in a ceramics class through Manhattan Beach Parks and Rec or received approval by the supervisor. Only purchased clay from the City of Manhattan Beach can be used.

### OPEN LAB HOURS:

**MONDAY:**

10:00 AM to 2:00 PM

**THURSDAY:**

8:00 AM to 12:00 PM

**FRIDAY AFTERNOONS:**

1:30 PM to 5:30 PM

**FRIDAY EVENINGS:**

5:30 PM to 9:30 PM

**SUNDAY MORNINGS:**

10:00 AM to 2:00 PM

**SUNDAY AFTERNOONS:**

2:00 PM to 6:00 PM



### CERAMICS BUCKS

CERAMICS BUCKS are just like cash! Use them to pay for clay or Open Lab. Please purchase your Ceramics Bucks at City Hall during regular business hours. Ceramics bucks are non-refundable and do not expire. Open Lab and clay can only be purchased using Ceramics Bucks.

## CERAMICS SURFACE DECORATING

18 and up

Res: \$229 Nonres: \$252 (10 Weeks)

This class targets intermediate to advanced students who are capable of making basic ceramic shapes on the potter's wheel or by hand and are interested in learning more about surface decorating techniques. Students will explore techniques such as painting, carving, stenciling and texturing the surface to give their work more interest and their creativity a boost. Fee includes glazes, firing, and \$10 Ceramics Bucks to use at the students' discretion.

Instructor: Jennifer Windham

Location: Live Oak Park, Ceramics Studio

26723 1:15pm to 4:15pm 1/10-3/14 Tu

## CERAMICS WHEELTHROWING-ALL LEVELS

18 and up

Res: \$229 Nonres: \$252 (10 Weeks)

Students of all levels will learn the art of throwing on the potter's wheel. Beginners will learn about properties of clay and make basic wheel thrown forms such as bowls and mugs. Intermediate and advanced students will develop their skills and work on more complex forms as well as decorating and glazing. Fee includes glazes, firing and \$10 Ceramics Bucks to use at the students' discretion.

Instructor: Parks & Rec Staff

Location: Live Oak Park, Ceramics Studio

26728 6:30pm to 9:30pm 1/12-3/16 Th

## CERAMICS HANDBUILDING - ALL LEVELS

18 and up

Res: \$229 Nonres: \$252 (10 Weeks)

Beginning to advanced students will share space and learning experiences from pinch pots and coil building, to slab construction and sculpture. Students will learn about shaping, forming and joining clay as well as decorating, glazing, carving and more. Fee includes glazes, firing and \$10 Ceramics Bucks to use at the students' discretion.

Instructor: Jennifer Windham

Location: Live Oak Park, Ceramics Studio

26724 1:15pm to 4:15pm 1/11-3/15 W

## LANDSCAPE PASTEL PAINTING

16 and up

Res: \$229 Nonres: \$252 (10 Weeks)

Enjoy the creative process of painting with soft pastels. Students will learn the necessary tools to create beautiful landscapes inspired from their own photographs. Through instructor demonstrations and personal guidance, students will develop an understanding of how to see, interpret and paint the landscape with pastels.

Instructor: Frances Nichols

Location: Manhattan Beach Art Center

26869 9am to 12pm 1/12-3/16 Th

## ORIENTAL WATERCOLOR

16 and up

Res: \$149 Nonres: \$164 (10 Weeks)

Noted artist and instructor Hisako Asano will share her approach to a world of delicate ancient watercolor painting. Special attention will be focused on technique and styles which allow for a creative and individual approach to painting.

Instructor: Hisako Asano-Gould

Location: Manhattan Beach Art Center

26884 9am to 11am 1/10-3/14 Tu

## PAINTING INTENSIVE WITH ALEX WEINSTEIN

18 and up

Res: \$349 Nonres: \$384 (4 Weeks)

Manhattan Beach artist Alex Weinstein is a renowned painter, exhibiting as well as selling his work throughout the U.S.A., Asia, South America, and Australia. This winter, Alex opens the doors to his sunlit Gardena studio and invites a few students to join him in this incredible, hands-on painting workshop. Over the span of 4 weeks, students will paint alongside Alex and explore fundamental concepts in modern art making such as figuration vs. abstraction, gesture, color relationships, and compositional strategies. While this will be a painting workshop, the focus will be on experimentation and exploration of personal work and ideas as well as critical thinking. All levels welcome! Activity will take place in artist's studio; address, directions and supply list will be provided upon sign up.

Instructor: Alex Weinstein

Location: Artist's Studio

27090 10am to 1pm 1/11-2/1 W  
27091 6:30pm to 9:30pm 1/11-2/1 W  
27092 10am to 1pm 2/15-3/8 W  
27093 6:30pm to 9:30pm 2/15-3/8 W

## PAPIER MACHE HOME DECOR

18 and up

Res: \$229 Nonres: \$252 (10 Weeks)

Explore the ancient art of Papier Mache and make unique home décor items. Students will be introduced to the history and techniques of this versatile medium through a variety of projects such as figurines, decorative boxes, faux animal wall mounts and even small furniture. A list of materials will be discussed at the first meeting. All levels welcome!

Instructor: Elizabeta Andaluza-Ealy

Location: Manhattan Beach Art Center

27098 6:30pm to 9:30pm 1/12-3/16 Th

## PETS AND PORTRAITS IN WATERCOLOR

18 and up

Res: \$229 Nonres: \$252 (10 Weeks)

Learn to capture the mood and expression of your favorite person, pet or even yourself, by using shadow, light, and proportion. We will explore a variety of painting techniques and find ways not only to create a likeness but to convey emotion and feeling. We will work from photographs of your favorite human or pet. No previous watercolor painting experience necessary. A materials list will be provided by instructor on the first day of class.

Instructor: Robin Wade

Location: Manhattan Beach Art Center

27095 6:30pm to 9:30pm 1/12-3/16 Th



## CERAMICS FOR ALL LEVELS

18 and up

Res: \$229 Nonres: \$252 (10 Weeks)

Beginning students will learn basic handbuilding techniques and be introduced to wheel throwing. Intermediate and advanced students will continue to hone their techniques of wheel throwing and handbuilding, sculpture, surface decoration and glazing. Fee includes glazes, firing and \$10 Ceramic Bucks to use at the students' discretion.

Location: Live Oak Park, Ceramics Studio

26711 6:30pm to 9:30pm 1/9-3/13 M  
Thomas Trulove

26712 6:30pm to 9:30pm 1/11-3/15 W  
Thomas Trulove

26715 6:30pm to 9:30pm 1/10-3/14 Tu  
Robert Simcik

27100 10am to 1pm 1/13-3/17 F  
Jennifer Windham

27101 2:30pm to 5:30pm 1/14-3/18 Sa  
Parks & Rec Staff

## PRECIOUS METAL CLAY JEWELRY

16 and up

Res: \$149 Nonres: \$164

In this workshop beginners and returning students will learn how to make one of a kind Silver Earrings using Precious Metal Clay (PMC). Participants will learn several ways to set cabochon stones. The techniques will include texturing, layering, making small wire like shapes, and balls. There will also be an opportunity to make leaves and flowers. The small class offers plenty of individual attention. The workshop fee includes all materials. All tools will be available for use during the class. Firing will be done offsite. Bring your lunch and glasses for detailed work if you need them.

Instructor: Chris Brooks

Location: Manhattan Beach Art Center

26895 9:30am to 3pm 2/4 Sa

# ADULT

## PRINTMAKING WITHOUT A PRESS

18 and up

Res: \$229 Nonres: \$252 (10 Weeks)

Learn the art of Printmaking without a printing press. Students will explore traditional and innovative techniques of printmaking to produce one-of-a-kind and small run artworks on paper. Students will create prints exploring texture, color, mark-making and variety of printing methods and techniques. Some materials included, additional supply list will be provided. All levels welcome!

Instructor: Pamela Smith-Hudson

Location: Manhattan Beach Art Center

27106 6:30pm to 9:30pm 1/11-3/15 W

## REEL STORIES-THE ART OF DOCUMENTARIES

18 and up

Res: \$149 Nonres: \$164 (10 Weeks)

Is what we see always real? Explore the world of non-scripted media from documentary films and news magazines to reality TV and video poetry. In this class students will gain a greater understanding and appreciation of the current techniques used in documenting our world. Students will view selected films, clips, and other visuals and participate in guided discussions to learn how to think critically about "Truth vs. Fiction" in today's media landscape.

Instructor: Parks & Rec Staff

Location: Manhattan Beach Art Center

27097 2pm to 4pm 1/8-3/12 Su

## DANCE, MUSIC AND THEATER

### INTRODUCTION TO BALLROOM DANCE

15 and up

Res: \$85 Nonres: \$94 (10 Weeks)

Learn the basic steps, style and technique to four popular ballroom dances as you meet people and have fun. Take your new steps to the dance floor at a very special wedding. Partner suggested.

Instructor: Kathleen Llorens

Location: Joslyn Community Center

26843 7pm to 8pm 1/11-3/15 W

### INTRODUCTION TO WEST COAST SWING

15 and up

Res: \$85 Nonres: \$94 (10 Weeks)

West Coast Swing is a fun and versatile dance using big band, fifties, country/western, and current music. Feel confident on a dance floor with five basic steps plus several variations. You will also learn some styling and technique. Partner suggested.

Instructor: Kathleen Llorens

Location: Joslyn Community Center

27110 8pm to 9pm 1/11-3/15 W

### RECORDERS PLUS

18 and up

Res: \$110 Nonres: \$121 (10 Weeks)

Intermediate to advanced participants will enjoy music through the ages with an emphasis on Renaissance/Baroque music while performing on recorders and other early music instruments. Beginners who can read music can be accommodated.

Instructor: Brenda Bittner

Location: Manhattan Beach Art Center

26897 6:30pm to 9pm 1/11-3/15 W

## FITNESS

### BEACH BOOT CAMP WITH G.I. JOE

18 and up

G. I. Joe is back... and then some! G.I Joe's group workout is designed to help students lose weight, tone bodies, build endurance and network with others. Joe Charles, assisted by Linda Meighan, will inspire you to get in the best shape of your life in a short amount of time. All levels welcome.

Instructor: Erlinda Meighan

Location: Manhattan Beach Pier, Southside

Res: \$200 Nonres: \$220 (24 Sessions)

27002 6am to 7am 1/2-2/24 M W F

27003 8am to 9am 1/2-2/24 M W F

27076 6am to 7am 3/6-4/28 M W F

27077 8am to 9am 3/6-4/28 M W F

Res: \$130 Nonres: \$143 (16 Sessions)

27072 5pm to 6pm 1/2-2/22 M W

27075 6pm to 7pm 1/2-2/22 M W

27078 5pm to 6pm 3/6-4/26 M W

27109 6pm to 7pm 3/6-4/26 M W



### CARDIO-STRENGTH FITNESS CLASS

18 but less than 65

Res: \$120 Nonres: \$132 (6 Weeks)

This fitness class will develop cardio endurance, conditioning and overall strength with special attention to core strengthening to help alleviate lower back pain and reduce any stiffness in the body. Each week will be different but will finish with stretching.

Instructor: Lana Rizika

Location: Bruce's Beach

26707 8:30am to 9:30am 1/4-2/8 W

26708 8:30am to 9:30am 2/15-3/22 W

## FITNESS AT LEVEL 10

18 and up

Improve strength, flexibility, aerobic capacity, reduce body fat, enhance a stronger mind and have fun! Training will include dynamic warm-up, full-body strengthening, metabolic conditioning and mobility. Small group trainings will be indoor and outdoor. Choose one, two or three classes per week from the following class schedule: Monday and Wednesday at 6am, 7am, 9am or 6pm, Tuesday and Thursday at 7am, 9am or 6pm or Friday at 6am, 7am or 9am.

Instructor: Meredith Miller

Location: Fitness at Level 10

### 1x Week

Res: \$156 Nonres: \$172 (6 Sessions)

26745	See Description	1/9-2/17	M Tu W Th F
27054	See Description	2/20-3/31	M Tu W Th F

### 2x Week

Res: \$288 Nonres: \$317 (12 Sessions)

26746	See Description	1/9-2/17	M Tu W Th F
27055	See Description	2/20-3/31	M Tu W Th F

### 3x Week

Res: \$396 Nonres: \$436 (18 Sessions)

26747	See Description	1/9-2/17	M Tu W Th F
27056	See Description	2/20-3/31	M Tu W Th F

## HATHA YOGA

18 and up

Res: \$99 Nonres: \$109 (8 Weeks)

The ancient practice of Hatha Yoga reduces stress, slims and tones the body, focusing on proper breathing techniques. Slow the aging process, gain more flexibility and enjoy a surge of renewed energy, balancing the body and mind in a relaxed setting. Please bring a mat.

Instructor: Dorene Coles

Location: Joslyn Community Center

26772	5pm to 6:15pm	1/10-2/28	Tu
26773	6:30pm to 7:45pm	1/10-2/28	Tu

## HEALTH & FITNESS 30 DAY PROGRAM

18 and up

Res: \$199 Nonres: \$218 (5 Weeks)

Restore & Recharge through this 30 day real food and Pilates program. Enhance your overall health, digestion and weight loss; stop food cravings; strengthen your immune system, build athletic stamina, and tone the body. Program kick-off seminar on 1/14/17 will be 2 hours and the 4 Pilates classes will be 55 minutes each.

Instructor: Body & Mind Coe-Dynamics Staff

Location: Body & Mind Coe-Dynamics

26774	1pm to 3pm	1/14-2/11	Sa
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## PILATES CIRCUIT SESSION

18 and up

Res: \$80 Nonres: \$88 (5 Weeks)

Burn calories, strengthen the core, build muscle strength, improve cardio and balance with the use of the Pilates Jumpboard and TRX.

Instructor: Body & Mind Coe-Dynamics Staff

Location: Body & Mind Coe-Dynamics

26887	6pm to 6:55pm	1/9-2/9	M
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## BEACH VOLLEYBALL

Beginner

18 and up

Res: \$99 Nonres: \$109 (8 Weeks)

This class is designed for the student that has little to no knowledge of the basic fundamental skills necessary to play volleyball. Students will learn the rules of the game, passing, serving, setting, digging and hitting. Court defense will be taught as well. Slow paced drills will be used to practice newly acquired skills.

26690	9am to 10:30am	1/28-3/18	Sa
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Intermediate

18 and up

Res: \$99 Nonres: \$109 (8 Weeks)

This class is designed for the student that has basic knowledge of the fundamental skills and rules necessary to play volleyball. Students must demonstrate moderate ball control in passing, setting, hitting and serving with some consistency. You will begin to learn offensive and defensive strategies. Instructors will use slow to moderately paced drills to practice technique and continue the development of fundamental skills.

26691	9am to 10:30am	1/28-3/18	Sa
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Intermediate/Advanced

18 and up

Res: \$99 Nonres: \$109 (8 Weeks)

This class is designed to get you ready for the advanced coed or competition classes. Demonstrate that you can consistently pass, pepper and hit in the first session or have the intermediate instructor's approval for placement in this class.

27121	10:30am to 12pm	1/28-3/18	Sa
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Advanced

18 and up

Res: \$99 Nonres: \$109 (8 Weeks)

This class is designed for students with considerable knowledge of the game. Students must be able to execute fundamental skills and ball control with a high level of consistency. Instructors will reinforce and develop skills in passing, setting, serving, hitting, digging and blocking using fast-paced drills.

26689	10:30am to 12pm	1/28-3/18	Sa
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Women's Advanced Competition

18 and up

Res: \$99 Nonres: \$109 (8 Weeks)

This class will include instruction in refining skills already attained as well as further developing your game by utilizing real game drills and further enhancing techniques. This class will include hitting, serving, setting and offensive clinics with guest instructors who are USA Beach Volleyball certified.

26693	9am to 10:30am	1/28-3/18	Sa
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Men's Advanced Competition

18 and up

Res: \$99 Nonres: \$109 (8 Weeks)

This class will include instruction in refining skills already attained as well as further developing your game by utilizing real game drills and further enhancing techniques. This class will include hitting, serving, setting and offensive clinics with guest instructors who are USA Beach Volleyball certified.

26692	10:30am to 12pm	1/28-3/18	Sa
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# ADULT

## PILATES REFORMER-FIT PRIVATE

18 and up  
 Res: \$180 Nonres: \$198 (4 Weeks)  
 Private Pilates sessions gives student access to all equipment of the Pilates studio. One-on-one direct training with a comprehensive certified Pilates teacher accomplishes specific goals of the individual for a healthy body, mind, and soul.  
 Instructor: Body & Mind Coe-Dynamics Staff  
 Location: Body & Mind Coe-Dynamics

26889 11am to 11:55am 1/14-2/4 Sa

## PILATES REFORMER FIT

18 and up  
 Res: \$100 Nonres: \$110 (4 Weeks)  
 Pilates Reformer Fit is designed to strengthen and tone the whole body while improving posture, alleviating many forms of body aches from neck to ankles. This workout promotes muscle strengthening, balance, range of motion and calorie burning.  
 Instructor: Body & Mind Coe-Dynamics Staff  
 Location: Body & Mind Coe-Dynamics

26891 7pm to 7:55pm 1/10-1/30 Tu

## YOGA FLOW LEVEL 1/2

18 and up  
 Res: \$110 Nonres: \$121 (11 Weeks)  
 Yoga (Vinyasa) Flow connects movement with breath, allowing the mind to relax while the body both stretches and strengthens. The class is both energizing and rejuvenating as it flows from one pose to the next. Open to beginners and seasoned practitioners. Please bring a mat.  
 Instructor: Eden Serina  
 Location: Joslyn Community Center

27004 5:45pm to 7pm 1/12-3/23 Th

## ZUMBA

16 and up  
 Res: \$96 Nonres: \$106 (8 Weeks)  
 Zumba is a fusion of Latin and International music. This high energy class is a combo of motivating music, body sculpting movements with easy to follow dance steps. No class 1/28.  
 Instructor: Nelly Korenevsky  
 Location: Manhattan Heights Park

27008 7pm to 7:50pm 1/12-3/2 Th  
 27009 9am to 9:50am 1/14-3/11 Sa

## SPORTS

### GOLF-BEGINNER SERIES

18 and up  
 Res: \$125 Nonres: \$137 (5 Weeks)  
 Beginner and intermediate golfers begin with pitching and full swing fundamentals, small swings with chipping and putting, learn rules and etiquette, while enjoying a fun introduction to the game of golf.  
 Instructor: Scott Robert  
 Location: Lakes at El Segundo

26753 6pm to 7pm 1/9-2/6 M  
 26754 10am to 11am 1/10-2/7 Tu  
 26755 6:30pm to 7:30pm 1/10-2/7 Tu  
 26756 10am to 11am 1/12-2/9 Th  
 26757 6pm to 7pm 2/20-3/20 M  
 26758 10am to 11am 2/21-3/21 Tu  
 26759 6:30pm to 7:30pm 2/21-3/21 Tu  
 26760 10am to 11am 2/23-3/23 Th

## ICE HOCKEY FOR ADULTS

15 and up  
 Res: \$68 Nonres: \$75 (4 Weeks)  
 This class introduces the skater to ice hockey and teaches basic safety and skating skills. Forward and backward skating, balance, and edges are covered. Protective equipment is recommended, but not provided. Includes skate rental, four public sessions and two guest passes. No class on 3/18 and 3/19.  
 Instructor: Toyota Sports Center Staff  
 Location: Toyota Sports Center

26804 7pm to 7:30pm 1/3-1/24 Tu  
 26802 11:45am to 12:15pm 1/7-1/28 Sa  
 26803 11:20am to 11:50am 1/8-1/29 Su  
 27112 7pm to 7:30pm 1/31-2/21 Tu  
 26805 11:45am to 12:15pm 2/4-2/25 Sa  
 26806 11:20am to 11:50am 2/5-2/26 Su  
 27113 7pm to 7:30pm 2/28-3/31 Tu  
 26807 11:45am to 12:15pm 3/4-4/1 Sa  
 26808 11:20am to 11:50am 3/5-4/2 Su



## ICE SKATING FOR ADULTS

15 and up  
 Res: \$68 Nonres: \$75 (4 Weeks)  
 Learn to skate while having fun. Wear warm, flexible clothing and bring mittens. Includes skate rental, four public sessions and two guest passes. No class on 3/18 and 3/19.  
 Instructor: Toyota Sports Center Staff  
 Location: Toyota Sports Center

27118 7pm to 7:30pm 1/3-1/24 Tu  
 26810 11:45am to 12:15pm 1/7-1/28 Sa  
 26811 11:20am to 11:50am 1/8-1/29 Su  
 27119 7pm to 7:30pm 1/31-2/21 Tu  
 26812 11:45am to 12:15pm 2/4-2/25 Sa  
 26814 11:20am to 11:50am 2/5-2/26 Su  
 26816 7pm to 7:30pm 2/28-3/31 Tu  
 26813 11:45am to 12:15pm 3/4-4/1 Sa  
 26815 11:20am to 11:50am 3/5-4/2 Su

## INTRODUCTION TO BADMINTON

18 and up  
 Res: \$100 Nonres: \$110 (8 Weeks)  
 Instructor, David Levin, will introduce players to the game of badminton. All equipment will be supplied, please come in athletic clothing and court shoes.  
 Instructor: Badminton Club Staff  
 Location: Manhattan Beach Badminton Club

26841 10am to 11am 1/23-3/13 M

## PICKLEBALL (BEGINNING-ADVANCED BEGINNING)

18 and up  
 Res: \$150 Nonres: \$165 (8 Weeks)  
 Pickleball is a game that combines elements of tennis, badminton and ping pong. This class covers pickleball basics and is for the beginning to advanced beginning player.  
 Instructor: Lila Brady  
 Location: Manhattan Heights Park Tennis Courts

27061 11am to 12pm 1/11-3/1 W

## PICKLEBALL (LOW INTERMEDIATE-INTERMEDIATE)

18 and up  
 Res: \$150 Nonres: \$165 (8 Weeks)  
 This class is for the pickleball player that has some experience. The class will cover pickleball techniques and strategies. Develop and improve your dink, drop shot, lob and court positioning.  
 Instructor: Annie Lewis  
 Location: Manhattan Heights Park Tennis Courts

27062 10am to 11am 1/11-3/1 W





# LIGHT GATE

HARRIES & HÉDER COLLABORATIVE  
MANHATTAN BEACH

## LIGHT GATE PROJECT:

Centennial Art Project, *Light Gate* is located at the top of 14th St., between City Hall and the new library, along Highland Ave. *Light Gate* was selected in 2012 from 150 submissions, to celebrate the City's centennial year and to create an exceptional visual experience for locals and visitors while celebrating the City's past and inspiring future generations. This unique and iconic artwork focuses the view through an opening down 14th Street to the ocean. Every January 27th and November 14th, the sunset aligns within the keyhole. As you move around and through the sculpture, it shifts unexpectedly from transparency, to prismatic refraction to mirror reflection. The artwork is made of glass, laminated with prismatic lighting film that creates rich and varied light effects with the sun creating a place of constantly shifting light and view.

"Successful visual art in a community can foster discussion, celebrate a city's unique culture, engage and inspire the mind and senses, and anchor a key community place."

- Mayor Wayne Powell at *Light Gate* dedication, February 25, 2015



## POOL RULES

All patrons entering the facility during recreational/lap swim times are required to pay the facility admission fee, including spectators, except those seated in the bleacher area.

- Swim suit required
- Children not potty trained must wear a swim diaper
- Children under age 7 must be accompanied by an adult in the water at all times (4 children max per 1 adult)
- Water toys and U.S. Coast Guard Type III approved lifejackets may be used at the Pool Manager's discretion. Each individual wearing a U.S. Coast Guard Type III lifejacket must be accompanied by an adult in the pool, within arms reach.

### NOT ALLOWED IN POOL OR POOL AREA

- Flotation devices
- Diving
- Running
- Pets
- Smoking
- Breath-holding games

### NO EXCEPTIONS

- The City reserves the right to refuse access at any time
- All patrons are required to exit the pool from 1:55 PM-2:00 PM for a mandatory restroom break.

## FISH TICKETS

Fish Tickets can be used for any drop-in recreation activity. Tickets cost \$20 and are good for \$25 worth of activities. You can purchase your fish tickets from the pool staff at the Begg Pool office or in the Parks and Recreation Department, 1400 Highland Avenue.

## LAP SWIM

\$4/person/visit • January 9-April 6

### BEGG POOL

Mondays 1& Wednesdays:

7:00 PM - 8:00 PM

(ages 9-16 only)

8:00 PM - 9:00 PM

(ages 16+ only)

Tuesdays & Thursdays:

8:00 PM - 9:00 PM

(3 lanes for ages 9-16,  
3 lanes for 17+)

### MIRA COSTA POOL (16+)

Mondays & Wednesdays:

6:15 PM - 7:00 PM and

8:45 PM - 9:45 PM

## BEGG POOL MASTERS

6:00 AM-7:00 AM • Monday through Friday

\$45/month • A# 24860

\$5/person/visit

Begg Pool Masters is designed to help swimmers improve fitness and/or train for specific goals and offer active support for a healthy lifestyle through friendship and camaraderie. Workouts are structured for all swimming abilities ranging from beginning lap swimmers to college athletes. Swimmers are required to join Southern Pacific Masters Association (SPMA) within their first month of enrollment. Membership of SPMA is good for the entire year and the cost is approximately \$48. We invite you to come and swim with us! Coach: Steve Hyde

## JR. GUARD PREP CLASS

9 but less than 15

Prepare to meet the qualifications for the Los Angeles County Jr. Lifeguard Program, with this class focusing mainly on freestyle. No class 2/20.

Instructor: Begg Pool Staff

Location: Begg Pool

Res: \$288 Nonres: \$317

26845	3:30pm to 4:10pm	1/9-4/5	M W
26846	4:15pm to 4:55pm	1/9-4/5	M W
26849	7pm to 7:40pm	1/9-4/5	M W

Res: \$300 Nonres: \$330

26847	3:30pm to 4:10pm	1/10-4/6	Tu Th
26848	4:15pm to 4:55pm	1/10-4/6	Tu Th

## WATER AEROBICS

16 and up

\$4/person/session (drop-in) or \$52 for entire session

This class is designed for men and women who are looking to get in shape, for low impact cardiovascular exercise that will increase cardiovascular endurance and to meet new friends. Workout includes a warm-up, aerobic exercise, stretching exercises and relaxation exercises to increase flexibility. Knowing how to swim is not a prerequisite for participation in this class. No class 2/20.

Instructor: Begg Pool Staff

Location: Begg Pool

27000	3pm to 4pm	1/9-4/5	M W
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## LIFEGUARD TRAINING CLASS

15 and up

Res: \$200 Nonres: \$220

Gain the certifications and training to become a pool pro! Certificates include American Red Cross C.P.R. for the Professional Rescuer, AED and First Aid. Participants successfully completing this program will be qualified for lifeguard positions in Manhattan Beach and other public and private agencies. Be prepared to swim each class, bring a swim suit, towel, goggles, swim cap, pen/pencil and paper. LGT books will be available for loan but may be purchased for \$35.

Friday, March 17, 2017

the class will meet at Mira Costa High School Pool from 6:30 - 7:30pm for the prerequisite swim test.

Saturday, April 1, 2017 / Sunday, April 2, 2017 will meet at Manhattan Heights Community Center in the Mount Baldy Room.

26870



PHOTO BY:  
Araby Patch

SAVE THE DATE:

50TH ANNUAL  
**MBO**TENNIS  
TOURNAMENT



**JULY 21-23, 2017**

## TOTS

### TENNIS WITH ANNIE-HOT SHOTS

3 but less than 7

Res: \$150 Nonres: \$165 (8 Weeks)

Kids will get active, learn new tennis strokes and have fun through skill-building games and engaging activities. Develop hand-eye coordination, learn to keep the ball in play, and begin mastering the basic strokes of tennis including the forehand, backhand, volley and overhead, while participating in a supportive and healthy athletic environment. No prior tennis experience is necessary. No class 2/14.

Instructor: Annie Lewis

Location: Live Oak Park Tennis Courts

26965

1pm to 1:45pm

1/10-3/7

Tu

### TENNIS WITH ANNIE-HOT SHOTS PARENT AND ME

3 but less than 7

Res: \$150 Nonres: \$165 (8 Weeks)

Parents and kids alike will enjoy this interactive beginner class! Through skill-building games and activities, children will develop hand-eye coordination and learn basic tennis strokes including backhand, forehand, volley and overhead. Join in the fun and learn the sport of tennis in a supportive and healthy athletic environment. No prior tennis experience is necessary. Parent participation is required. No class 2/18.

Instructor: Annie Lewis

Location: Mira Costa High School Tennis Courts

26966

10am to 10:45am

1/14-3/11

Sa

# YOUTH TENNIS WITH ANNIE & LILA

## TEAM TENNIS

8 but less than 13  
 Res: \$210 Nonres: \$231 (10 Weeks)  
 Includes drills and match play for intermediate and advanced players. Juniors must currently be in a Team Tennis class or contact Kevin Brady at wctennis@bradycamps.com.  
 Instructor: Annie Lewis  
 Location: Live Oak Park Tennis Courts

26950 5pm to 6pm 1/10-3/14 Tu

## FUTURE STARS

4 but less than 9  
 Res: \$150 Nonres: \$165 (8 Weeks)  
 This class is designed to accommodate the after-school kids schedule. We will focus on building tennis fundamentals through fun games and drills, movement and rally play. Kids will continue to develop the basic tennis strokes including the forehand, backhand, volley and overhead, working towards consistency and keeping the ball in play. No class 2/14, 2/16 and 2/20.  
 Location: Live Oak Park Tennis Courts

Instructor: Lila Brady  
 26970 3:15pm to 4pm 1/9-3/6 M

Instructor: Annie Lewis  
 26962 3:15pm to 4pm 1/10-3/7 Tu  
 26963 3:15pm to 4pm 1/12-3/9 Th

## MAIN DRAW

Res: \$150 Nonres: \$165 (8 Weeks)  
 In this class, we will continue to fine-tune basic stroke technique and production through fun drills, games, movement and rally play. Players should have some experience with the 4 basic tennis strokes and be able to keep the ball in play and place shots with some consistency, but kids new to tennis are welcome. No class 2/14, 2/16 and 2/20.  
 Location: Live Oak Park Tennis Courts

6 but less than 11  
 Instructor: Lila Brady  
 26973 4pm to 5pm 1/9-3/6 M  
 26974 4pm to 5pm 1/11-3/1 W

7 but less than 11  
 Instructor: Annie Lewis  
 26968 4pm to 5pm 1/10-3/7 Tu  
 26969 4pm to 5pm 1/12-3/9 Th

## GRAND SLAM

9 but less than 13  
 Res: \$150 Nonres: \$165 (8 Weeks)  
 Designed for players who have developed the basic fundamental strokes of tennis and can rally from the baseline, this class focuses on improving consistency and technique. Players will enhance their skills through drills, point play, introduction to strategy and shot selection. Emphasis will be placed on ball control, placement and serving. No class 2/16.  
 Instructor: Lila Brady  
 Location: Live Oak Park Tennis Courts

27006 4pm to 5pm 1/12-3/9 Th

## GOLD SLAM

9 but less than 15  
 Res: \$150 Nonres: \$165 (8 Weeks)  
 This class is designed for the intermediate player who is preparing for competitive play and wants to take their game to the next level. Players will have developed sound stroke technique, including the ability to control the ball and rally with consistency. Class instruction will focus on point play, tennis strategy, shot selection and placement, service variety and attacking at the net and increasing tennis IQ.

Instructor: Lila Brady  
 Location: Live Oak Park Tennis Courts

26971 4pm to 5pm 1/10-2/28 Tu

## YOUTH TWEEN TENNIS

9 but less than 15  
 Res: \$150 Nonres: \$165 (8 Weeks)  
 Designed for the advanced beginner who is older elementary to middle-school aged. Players should be able to rally from the baseline and demonstrate a strong understanding of the basic fundamental strokes of tennis. We will enhance technique and ball control through interactive drills, while emphasizing game strategy, placement and serve for point play. No class 2/16.

Instructor: Lila Brady  
 Location: Live Oak Park Tennis Courts

27006 4pm to 5pm 1/12-3/9 Th

## TEENS

### YOUTH TENNIS WITH KEVIN

8 but less than 17  
 Res: \$360 Nonres: \$396 (9 Weeks)  
 Tennis class with Kevin Brady. Includes drills and match play for intermediate and advanced players.  
 Instructor: South Bay Tennis Academy  
 Location: Mira Costa High School Tennis Courts

27005 9am to 11am 1/7-3/4 Sa

## ADULTS

### ADULT INTERMEDIATE TENNIS

14 and up  
 Res: \$150 Nonres: \$165 (8 Weeks)  
 Brush up on the core fundamentals of tennis including the forehand, backhand, volley, overhead and serve as you meet new friends and get into shape too! No class 2/16.  
 Instructor: Annie Lewis  
 Location: Live Oak Park Tennis Courts

26682 6pm to 7pm 1/12-3/9 Th

### ADULT INTERMEDIATE/ADVANCED TENNIS

14 and up  
 Res: \$150 Nonres: \$165 (8 Weeks)  
 Improve your tennis strokes, consistency, and placement of the ball, as you create topspin, improve foot positioning, and solidify good

form. This class is designed for the player who is ready to put their skills and training into action and play live ball. No class 2/16.

Instructor: Annie Lewis  
 Location: Live Oak Park Tennis Courts

26683 7pm to 8pm 1/12-3/9 Th

### FIT TENNIS!

18 and up  
 Res: \$150 Nonres: \$165 (8 Weeks)  
 Looking to improve the speed, agility and power of your tennis game while increasing lean body tissue and lose body fat? Students will use a variety of equipment such as battle ropes, TRX, medicine balls and more! Intermediate to advanced players. All levels welcome. 2/20.

Instructor: Annie Gorzkowski  
 Location: Live Oak Park Tennis Courts

26742 11am to 12pm 1/9-3/6 M

Location: Manhattan Heights Park Tennis Courts  
 26743 11am to 12pm 1/11-3/1 W

### TENNIS ADULT CO-ED DOUBLES LEAGUE

18 and up  
 Res: \$92 Nonres: \$101 (7 Weeks)  
 Each week players are matched with a different partner in League play to determine League MVP; at the end of 7 weeks. New balls for league matches provided by Walt. All levels welcome in this doubles only event. This is a 7 week non-instructional league.

Instructor: Walt Meyers  
 Location: Mira Costa High School Tennis Courts

26955 6:30pm to 8pm 1/30-3/13 M

# TENNIS

## ANNUAL PASS

**\$14 per year**

The pass is good for one calendar year from date of purchase; unlimited use as available.

Available for Juniors (15 years and under); good for free play Monday through Friday, 3:00-5:00pm

Available for Older Adults (55 years+); good for free play Monday through Friday, 7:00-9:00am and 2:00-4:00pm

## PRIVATE LESSONS

Certified USPTA tennis pros will work one-on-one with individuals seeking to advance their game of tennis. Whether you're new to the sport or preparing for high ranked tournaments, Manhattan Beach Tennis Pros are here to guide you along the way. To schedule a private lesson, please contact a Tennis Pro.

## TENNIS FACILITIES

### Live Oak Park

1901 Valley Drive,  
6 lighted courts  
Monday-Friday  
7:00am-10:00pm,  
Saturday  
7:00am-8:00pm,  
Sunday  
7:00am-5:00pm,

### Court Fee:

**\$8** (Monday-Friday,  
7:00am-4:00pm)  
**\$10** (Monday-Friday,  
5:00-10:00pm & Weekends)  
For more information,  
please call (310) 545-0888

### Manhattan Heights Park

1600 Manhattan Beach Boulevard,  
2 lighted courts  
Monday-Friday  
8:00am-9:00pm,  
Saturday & Sunday  
8:00am-8:00pm  
No reservations required

### Mira Costa High School

Corner of Artesia Boulevard and  
Meadows Avenue,  
10 lighted courts  
Monday-Thursday, 5:00-9:00pm,  
Weekends, 8:00am-2:00pm  
**Court Fee: \$9**

## FOR MORE INFORMATION:

Contact the Parks and Recreation Department at (310) 802-5448 or via email at mbparksandrec@citymb.info or stop by the department (Monday-Thursday, 7:30am to 5:30pm; Alternating Fridays 8:00am-5:00pm; Closed every other Friday).

### LOCATED IN:

City Hall, 1400 Highland Avenue, Manhattan Beach, CA 90266.

## TENNIS STRATEGIES-INTERMEDIATE

18 and up

Res: \$92 Nonres: \$101 (7 Weeks)

Adult Tennis Strategies for the intermediate player for both singles and doubles; men and women. Baseline and net play, as well as balls on the up of the bounce and the half-volley.

Instructor: Walt Meyers

Location: Mira Costa High School Tennis Courts  
26957 8pm to 9pm 1/31-3/14  
26958 8pm to 9pm 2/2-3/16  
26960 9am to 10am 2/4-3/18

Location: Manhattan Heights Park Tennis Courts  
26959 10am to 11am 2/3-3/17

## TENNIS WITH WALT-LEVEL 1.0

18 and up

Res: \$92 Nonres: \$101 (7 Weeks)

Students will learn hitting systems for both sides of the body, the serve, the rules of the game, the scoring system, the court, and where they should stand and why. Instructor: Walt Meyers

## PRIVATE INSTRUCTOR CONTACT INFORMATION

Tamas Batyi - batyit@unlv.nevada.edu  
Aisling Bowyer - Abowyer@scta.usta.com  
Kevin Brady - wctennis@bradycamps.com  
Lila Brady - lila@bradycamps.com  
Kerry Giardino - kerryg3@hotmail.com  
Anna Gorzkowski - anna.kennedy@gmail.com  
Paul Hing - paulhing@earthlink.net  
Vilar (Dr. V) Larsson - vilar@verizon.net  
Annie Lewis - annieglewis@gmail.com  
Troy Mass - info@beachcitytennis.com  
Dan McCormick - tennispro333@gmail.com  
Walt Meyers - walt@waltmeyerstennis.com  
Brian More - brianmore@cox.net  
Josh Osswald - tennacity@icloud.com  
Bennett Slusarz - bennets@tennismatrix.net  
Landon Shields - trashtennis@gmail.com

## TENNIS MATRIX

Seasonal tennis ladders & round robins held at Live Oak Park. The TennisMatrix.net Challenge Ladder was established to provide players of all abilities an opportunity to sharpen their tennis skills, build match play awareness, and meet new people along the way! Go to www.tennismatrix.net, click on Join a Ladder (top toolbar) & create your account. \*Attn. Click on Bennet Slusarz as your Director at bottom of page! Please review all ladder rules. Please contact Bennet Slusarz for all ladder questions at (310) 372-8648 or bennets@tennismatrix.net.

## LEAGUES

Marine League hosts round robin tournaments at Live Oak Park in spring and fall and USTA hosts round robin tournaments at Mira Costa High School throughout the year. For more information, please call (310) 545-0888

Parks & Recreation Co-Ed Doubles League meets Monday evenings at Mira Costa. For more information, please call Walt Meyers at (310) 701-4595.

Location: Mira Costa High School Tennis Courts			
26982	6pm to 7pm	1/31-3/14	Tu
26983	11am to 12pm	2/4-3/18	Sa

Location: Manhattan Heights Park Tennis Courts			
26981	9am to 10am	2/2-3/16	Th

## TENNIS WITH WALT-LEVEL 2.0

18 and up	Tu
Res: \$92 Nonres: \$101 (7 Weeks)	Th
For the advanced beginners, students will learn positioning for doubles and the volley, playing the net, as well as consistency for both ground strokes, and the serve. Students will also try the lob and the slam.	Sa
Instructor: Walt Meyers	F

Location: Mira Costa High School Tennis Courts			
26986	6pm to 7pm	2/2-3/16	Th
26987	11am to 12pm	2/5-3/19	Su

Location: Manhattan Heights Park Tennis Courts			
26985	9am to 10am	1/31-3/14	Tu

## TENNIS WITH WALT-LEVEL 3.0

18 and up

Res: \$92 Nonres: \$101 (7 Weeks)

Students will learn to hit with a purpose, directional hitting, as well as offense and defense for transitioning through the court. Grip pressure control for distance control, second serve, positioning for doubles and the consequence of same will also be covered.

Instructor: Walt Meyers

Location: Mira Costa High School Tennis Courts

26989	7pm to 8pm	1/31-3/14	Tu
26991	7pm to 8pm	2/2-3/16	Th
26992	10am to 11am	2/4-3/18	Sa

Location: Manhattan Heights Park Tennis Courts

26990	10am to 11am	2/2-3/16	Th
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## TENNIS WITH WALT-LEVEL 3.5

18 and up

Res: \$92 Nonres: \$101 (7 Weeks)

Students will learn the half-volley, as well as directional control for return of serve, and consequence of same. Point construction for both Singles and Doubles, as well as offense and defense as a consequence of ball altitude and second serve spin.

Instructor: Walt Meyers

Location: Mira Costa High School Tennis Courts

26996	10am to 11am	2/5-3/19	Su
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Location: Manhattan Heights Park Tennis Courts

26994	10am to 11am	1/30-3/13	M
26995	10am to 11am	1/31-3/14	Tu

## TENNIS WITH WALT-LEVEL 4.0

18 and up

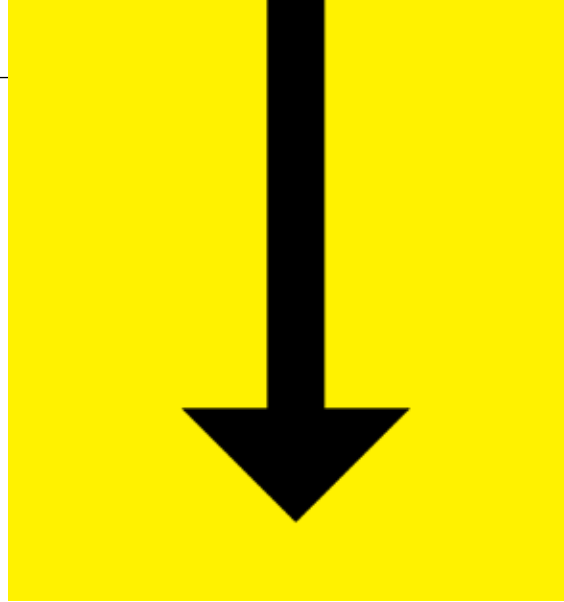
Res: \$92 Nonres: \$101 (7 Weeks)

Advanced students will learn spin as a function of ball altitude and how to stay on swing plan with spin when the ball is outside the strike zone.

Instructor: Walt Meyers

Location: Mira Costa High School Tennis Courts

26997	9am to 10am	2/5-3/19	Su
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# SELF RATING

## GUIDE FOR TENNIS CLASSES

### National Tennis Rating Program General Characteristics of Various Playing Levels

#### BEGINNING 1.0 TO 1.5

- 1.0 This player is just starting to play tennis.
- 1.5 This player has limited experience and is still working primarily on getting the ball into play.

#### ADVANCED BEGINNING 2.0

- 2.0 This player needs on-court experience; this player has obvious stroke weakness but is familiar with basic positions for singles and doubles play.

#### INTERMEDIATE 2.5 TO 3.0

- 2.5 This player is learning to judge where the ball is going although court coverage is weak; this player can sustain a rally of slow pace with other players of the same ability.

- 3.0 This player is consistent with hitting medium placed shots, but is not comfortable with all strokes and lacks control when trying for directional intent, depth or power.

#### ADVANCED 3.5 TO 4.0

- 3.5 This player has achieved improved stroke dependability and direction on moderate shots, but still lacks depth and variety. This player is starting to exhibit more aggressive net play, has improved court coverage, and is developing teamwork in doubles.
- 4.0 This player has dependable strokes, including directional intent and depth on both forehand and backhand sides on moderate shots, plus the ability to use lobs, overheads, approach shots and volleys with some success. This player occasionally forces errors when serving and teamwork in doubles is evident.



## TENNIS

### INTERMEDIATE SENIOR TENNIS WITH ANNIE

55 and up

Res: \$100 Nonres: \$110 (8 Weeks)

Are you 55 or over and want to play tennis but you either haven't played in a while, can't find a game, or think you are too rusty? Come on out with Coach Annie this winter and brush up on your skills. No class 2/20.

Instructor: Annie Lewis

Location: Live Oak Park Tennis Courts

26840 2pm to 3pm 1/9-3/6 M

## DANCE, MUSIC & THEATER

### COMEDY IMPROV FOR OLDER ADULTS

55 and up

Learn comedy improv in a safe, supportive and fun environment. All levels welcome, no experience necessary. No class 1/16 & 2/20.

Instructor: Doris Usui

Location: Joslyn Community Center

4 Weeks

Res: \$40 Nonres: \$44

26731 4pm to 6pm 1/9-3/13 M

8 Weeks

Res: \$60 Nonres: \$66

26732 4pm to 6pm 1/9-3/13 M

## FITNESS

### SENIOR YOGA

55 and up

Res: \$110 Nonres: \$121 (10 Weeks)

Hatha yoga helps improve balance, flexibility, strength and breathing. Individual differences and abilities accommodated. Bring a yoga mat and towel.

Instructor: Teri Thompson

Location: Manhattan Heights Park

26900 11am to 12:15pm 1/11-3/15 W

### SENIOR YOGA BEGINNING

55 and up

Res: \$100 Nonres: \$110 (10 Weeks)

Stretch, strengthen and soothe. A great class for those who are new to yoga and need to take it easy. Individual modifications are given. Option to use a chair is available. Bring a mat and beach towel.

Instructor: Eden Serina

Location: Manhattan Heights Park

26901 10am to 11:15am 1/10-3/14 Tu



## SOUTH BAY ADULT SCHOOL

### BASIC TECHNIQUES IN DRAWING

Learn basic drawing techniques using drawing and colored pencils, charcoal, pen and ink and blending tools. Bring a 9x12 DRAWING pad, #2 pencil and pink or white eraser to first class. All levels welcome, especially beginners.

When: Tuesday's, 1/10-2/28

Cost: \$89

Time: 10:00am-12:00pm

Instructor: Cynthia Svezia

Location: Joslyn Community Center

To register, call (310) 937-3340.



## MEDICARE

Questions about Medicare? There is a HICAP Volunteer Counselor here in Manhattan Beach to help you with your questions. The state-registered Health Insurance Counseling and Advocacy Program (HICAP) volunteer counselors provide unbiased information, counseling, and assistance on Medicare and related health care coverage, including Original Medicare (Parts A & B), Medicare prevention Services, Long-Term Care and more.

**WHEN:** 1st and 3rd Monday of the month

**TIME:** 10:00am-1:00pm by appointment only,  
(310) 802-5447 for appointments

**WHERE:** JCC

**COST:** Free



# BUS EXCURSIONS



## BUS EXCURSIONS

There are many interesting trips planned. Enjoy Bus Excursions and mini-bus trips, exploring out of area and local points of interest. We may be gone 4 hours or 12 hours.

Learn about the trips and more by getting on the Older Adult Program Mailing List.

Call: (310) 802-5447 to add your name.

## BUS EXCURSIONS RULES AND REGULATIONS

### RULES AND REGULATIONS

Excursions are in comfortable motor coaches with restroom facilities, accompanied by parks and recreation tour escorts. There are no assigned seats; there are two pick up locations of your choice, beginning at the Joslyn Center, then Manhattan Heights. If you want to sit with someone, please board the bus together. Smoking is not permitted on board.

### TYPES OF EXCURSIONS:

Adult: Adults 18 years and up. (unless specified)

General Trip: For all ages with Parent/Guardian. Older

Adult: ages 55 +.

### REFUND POLICY:

All refunds are subject to a \$25 administration fee. Refunds after the trip deadline will be made only if your reservation can be filled from the waiting list or a person designated by you. Replacement's name and waiver form must be in our office 24 hours prior to tour departure or, in case of a Sunday/Monday departure, no later than noon on Wednesday. Due to insurance reasons, there can be no passenger substitutions the day of the tour.

### DEPARTURE/RETURN LOCATIONS:

Bus Excursions have two pick up/drop off locations: Joslyn Center, 1601 Valley Drive and Manhattan Heights Community Center, 1600 Manhattan Beach Blvd.

If you cannot make it on the day of the trip, please call (310) 877-0517.

All participants must bring photo identification on all bus excursions. Please notify us if you require special accommodations.

# BUS EXCURSIONS

## SANTA ANITA HORSE RACES

55 and up

Res: \$44 Nonres: \$49

Join us for a day of thoroughbred racing at the base of the San Gabriel Mountains. Our group will have reserved tables in the Club Court area of the Clubhouse, a program and a professional handicapper on hand to go over the day's races. We will also enjoy a special buffet luncheon. Pickup and drop off will be at both JCC and MHP.

26899      10:15am to 7:30pm      3/9      Th

## CATALINA ISLAND

55 and up

Res: \$25 Nonres: \$28

Board the Catalina Express and cruise 26 miles to picturesque Catalina Island! Once you arrive, the day is yours to leisurely explore the island. You may want to explore the shops, try a restaurant, take one of the scenic tours or even zip line! Pickup and drop off will be at both JCC and MHP.

27086      8:00am to 7pm      4/5      W

## SUNNYLANDS

55 and up

Res: \$80 Nonres: \$88

Sunnylands, the former Annenberg Estate is a 200 acre estate in Rancho Mirage. Rich with history, the property has been used by numerous celebrities and public officials. Some refer to it as the "Camp David of the West." This trip will include a tour of the historic house, a catered box lunch and time to explore the beautiful gardens. Pickup and drop off will be at both JCC and MHP.

27088      9am to 6:30pm      5/10      W

## Bus Trip Registration Form

**Bus Trips** involve physical activities including: walking, running, sitting, and eating. Other injuries to legs, joints, and back, as well as sprained muscles, bruises and more serious injury are possible. In applying to participate, I assume the risk of this activity including any and all injuries which may ensue. In consideration of acceptance of my entry to Bus Trips, I waive any and all claims for myself and my heirs against officials or sponsors of Bus Trips, the City of Manhattan Beach, its officers, agents and employees for any claims, demands, injuries, illness, damages, or actions to my person or property arising out of or in connection with or which may directly or indirectly result from my participation. I further state that we are in proper physical condition to participate in this event. I hereby hold the City of Manhattan Beach, its employees and agents and the sponsors and operators of Bus Trips harmless from all claims which may be brought against them by myself, on my behalf, or by any third party for any such injuries or claims aforesaid.

Participant Information	
Name:	
Primary Phone Number:	
Signature:	
Bus Trip Name or Activity Number	
1.	
2.	
3.	
Emergency Contact Information	
Name:	Relationship:
Primary Phone Number:	
Secondary Phone Number:	



## **AGILITY, BALANCE AND COORDINATION**

Have you ever felt slightly off balance with occasionally shaky ankles, or occasional unsure steps? If you've wondered if there was a way to improve your balance this class may be just for you. Agility is the ability to change the direction of the body in an efficient and effective manner, requiring a combination of balance and coordination. This class will be using common dumbbell weights, balance balls, ladders and cones to perform fun coordination exercises that combine eyehand cooperation working towards greater stationary and moving body balance.

**WHEN:** Mondays 8:30 AM - 9:30 AM &  
Wednesdays 9:00 AM - 10:00 AM &  
3:00 PM - 4:00 PM

**WHERE:** Surf Dance Studio in JCC

**COST:** Free, registration required. Register at the Older Adult Program Office in JCC or call the OAP office for registration information (310) 802-5447.

**WHO:** 55+

## **LUNCH BUNCH**



**WHEN:** Tuesday & Thursday at 11:30 AM

**WHERE:** Ocean Banquet Hall in JCC

**COST:** \$3.00 Residents  
\$5.00 Nonresidents

**WHO:** 55+

**RSVP:** For lunch reservations, please call (310) 802-5430 at least 24 hours in advance.

## **SONG JAM & SING-A-LONG!**



Like to sing? Enjoy all types of music? Join Janet Cornwell, a longtime folk singer to sing all your favorites.

**WHEN:** First Sunday of each month

**TIME:** 12:30 PM - 3:30 PM

**WHERE:** OASIS in JCC

**COST:** Free

**WHO:** 55+



## ARTHRITIS FOUNDATION exercise program

**\$40 | 55 and up** The Arthritis Foundation Exercise Program was designed to help people with arthritis maintain joint flexibility, muscle strength and to help reduce pain and stiffness. People with less pain may be able to reduce their reliance on pain medication. Class is taught by an Arthritis Foundation certified instructor who has received detailed training specifically to work with people with arthritis and receives ongoing training to remain current on the latest recommended exercises and arthritis information. The resident discount does not apply to this class. Instructor: Victoria Johnson

**26113 9am to 10am 9/13-11/17 Tu Th**

**26114 9am to 10am 11/22-1/26 Tu Th**

## TEA & TAI CHI



Start with some tea, then settle into a wonderful set of warm up exercises to help you unwind from your busy week. Learn the basic six postures of our Tai Chi form, well known for its ability to help adults with range of motion, balance or arthritis issues.

**WHEN:** Every Friday

**TIME:** 4:00 PM - 5:00 PM

**WHERE:** Ocean Banquet Hall in JCC

**COST:** Free

(Supported by Beach Cities Health District)

**WHO:** 55+

## COLOR YOUR WORLD



Coloring has therapeutic potential to reduce anxiety, create focus, and bring about more mindfulness.

**WHEN:** Every Tuesday

**TIME:** 9:00 AM - 10:30 AM

**WHERE:** Ocean Banquet Hall in JCC

**WHO:** 55+

# OLDER ADULT

	WEEK 1	WEEK 2
MON	8:00am: Pickleball at MHP 8:30am: Walking Group at MV-T 9:30am-12:00pm: Discussion Group-JCC-O (every Monday) 10:00am-11:00am: Club Business Meeting & White Elephant Sale at JCC 10:00am-1:00pm: Assistance with Medicare 10:00am: Ping Pong at LOP-SH 10:30am-12:30pm: Bingo and Snacks	8:00am: Pickleball at MHP 8:30am: Walking Group at MV-T 9:30am-12:00pm: Discussion Group-JCC-O 10:00am: Ping Pong at Scout House 11:30am-2:00pm: Heights Senior Club Meeting & Potluck at MHP-CC 1:30pm: "Acting out Again" at JCC 2:00pm-4:00pm: Cards & Games at MHP-CC
TUE	8:00am: Pickleball at MHP 9:00am-10:30am: Color Your World at JCC 10:00am: Horseshoes at JCC 10:00am: Ping Pong at SH 11:30am-1pm: Lunch Bunch at JCC 1:30pm-3:30pm: Play Reading at JCC 3:30pm-4:30pm: Blankets of Love at JCC	8:00am: Pickleball at MHP 9:00am-10:30am: Color Your World at JCC 10:00am: Horseshoes at JCC 10:00am: Ping Pong at SH 11:30am-1:00pm: Lunch Bunch at JCC 1:00pm-2:30pm: Senior Advisory Committee 1:00pm-3:00pm: Poetry Reading Circle at JCC 3:30pm-4:30pm: Blankets of Love at JCC
WED	8:30am: Walking Group at MV-T 10:00am: Chess at JCC 10:00am: Ping Pong at SH 10:15am-11:45am: Let's Talk Woman to Woman Discussion at JCC 12pm-2:00pm: Craft Club at JCC 1:00pm: Mah Jong at JCC 1:30pm: Shuffleboard at JCC 4:00pm: Night on the Town through Dial-a-Ride	8:30am: Walking Group at MV-T 10:00am: Chess at JCC 10:00am: Ping Pong at Scout House 10:15am-11:45am: Let's Talk Woman to Woman Discussion Group at JCC 12:00pm-2:00pm: Craft Club at JCC 1:00pm: Mah Jong at JCC 1:30pm: Shuffleboard at JCC 2:00pm-3:30pm: Stamp Group at JCC 4:00pm: Night on the Town through Dial-a-Ride
THU	8:00am: Pickleball at MHP 8:30am-10:30am: Walking Group at MV-T 10:30am-11:30am: Mindfulness at JCC 11:30am-1:00pm: Lunch Bunch 2.0 at JCC 1:00pm-2:00pm: By Heart-Singing at JCC 1:00pm-3:00pm: Petanque 1:30pm-4:00pm: Scrabble at JCC-O 3:00pm-4:30pm: Line Dancing at JCC	8:00am: Pickleball at MHP 8:30am-10:30am: Walking Group at MV-T 10:30am-11:30am: Mindfulness at JCC 11:30am-1:00pm: Lunch Bunch 2.0 at JCC 1:00pm-2:00pm: By Heart-Singing at JCC 1:00pm-3:00pm: Petanque at LOF 1:30pm-4:00pm: Scrabble at JCC-O 3:00pm-4:30pm; Line Dancing at JCC Dial-A-Ride open until 9pm
FRI	9:00am-10:00am: Tai Chi 10:00am-11:30am: Senior Resources Committee (SRC) Monthly Meeting-MHP-CC 10:00am: Ping Pong at SH 10:00am-3pm: Bridge at JCC 11:30am-2:00pm: Bingo at MHP-CC 1:30pm-3:30pm: The OASIS Movie Club at JCC 2:00pm-4:00pm: Card Games at MHP-CC	9:00am-10:00am: Tai Chi 10:00am: Ping Pong at SH 10:00am-3:00pm: Bridge at JCC 11:30am-2:00pm: Bingo at MHP-CC 1:30pm-3:30pm: The OASIS Movie Club at JCC 2:00pm-4:00pm: Card Games at MHP-CC 8:00pm-11:00pm: Swing 'n Sway Dance at JCC

All events are subject to change. Joslyn (JCC), OASIS and Manhattan Heights (MHCC) Locations may be subject to change.

# OLDER ADULT

WEEK 3		WEEK 4	
8:00am: Pickleball at MHP 8:30am: Walking Group at MV-T 9:30am-12:00pm: Discussion Group JCC-O 10:00am-1:00pm: Assistance with Medicare 10:00am: Ping Pong at LOP-SH 10:30am-12:30pm: Fun Bingo and White Elephant Sale at JCC	8:00am-Pickleball at MHP 8:30am Walking Group at MV-T 9:30am-12:00pm Discussion Group JCC 10:00am Ping Pong at LOP-SH 1:30pm-3:30pm Acting Out Again at JCC	8:00am: Pickleball at MHP 9:00am-10:30am: Color Your World at JCC 10:00am: Horseshoes at JCC 10:00am: Ping Pong at SH 11:30am-1:00pm: Lunch Bunch at JCC 12:30pm-2pm: Tell Your Story at JCC 3:30pm-4:30pm: Blankets of Love at JCC	8:00am: Pickleball at MHP 9:00am-10:30am: Color Your World at JCC 10:00am: Horseshoes at JCC 10:00am: Ping Pong at SH 11:30am-1:00pm: Lunch Bunch at JCC 1:00pm-3:00pm: Poetry Reading Circle at JCC 3:30pm-4:30pm: Blankets of Love at JCC
8:30am: Walking Group at MV-T 10:00am: Chess at JCC 10:00am: Ping Pong at LOP-SH 10:15am-11:45am: Let's Talk Woman to Woman Discussion Group at JCC 12:00pm-2:00pm: Craft Club at JCC 1:30pm-3:30pm: Movie to Enlighten at JCC 1:00pm: Mah Jong at JCC 1:30pm: Shuffleboard at JCC 4:00pm: Night on the Town through Dial-a-Ride	8:30am: Walking Group at MV-T 10:00am: Chess at JCC 10:00am: Ping Pong at SH 10:15am-11:45am: Let's Talk Woman to Woman Discussion Group at JCC 12:00pm-2:00pm: Craft Club at JCC 1:30pm: Mah Jong at JCC 1:30pm: Shuffleboard at JCC 4:00pm: Night on the Town through Dial-a-Ride	8:30am-10:30am: Walking Group at MV-T 10:30am-11:30am: Mindfulness at JCC 11:30am-1:00pm: Lunch Bunch 2.0 at JCC 1:00pm-2:00pm: By Heart-Singing at JCC 1:00pm-3:00pm: Petanque at LOF 1:30pm-4pm: Scrabble at JCC-O 3:00pm-4:30pm: Line Dancing at JCC	8:00am: Pickleball at MHP 8:30am-10:30am: Walking Group at MV-T 10:30am-11:30am: Mindfulness at JCC 11:30am-1:00pm: Lunch Bunch 2.0 at JCC 1:00pm-2:00pm: By Heart-Singing at JCC 1:00pm-3:00pm: Petanque at LOF 1:30pm-4:00pm: Scrabble at JCC-O 3:00pm-4:30pm: Line Dancing at JCC 5:30pm-7:30pm: Your Book Club at JCC Dial-A-Ride open until 9:00pm
9:00am-10:00am: Tai Chi 10:00am: Ping Pong at SH 10:00am-3:00pm: Bridge at JCC 11:30am-2:00pm: Bingo at MHP-CC 1:30pm-3:30pm: The OASIS Movie Club at JCC 2:00pm-4:00pm: Card Games at MHP-CC	9:00am-10:00am: Tai Chi 10:00am: Ping Pong at SH 10:00am-3:00pm: Bridge at JCC 11:30am-2:00pm: Bingo at MHP-CC 1:30pm-3:30pm: The OASIS Movie Club at JCC 2:00pm-4:00pm: Card Games at MHP-CC		

For weekend activities or more information please call the Older Adults Program (310) 802-5447.

## LINE DANCING



Get out your cowboy hat and boots for some line dancing! Jackie Leon, a well-known line dancing instructor with many years of experience teaching beginning and intermediate line dancing classes in the South Bay is now teaching at the Joslyn Community Center. Jackie will give a one and a half hour class covering the basics of line dancing.

**WHEN:** Every Thursday  
**TIME:** 3:00 PM - 4:00 PM  
**WHERE:** Joslyn Community Center  
**COST:** \$3.00 per class  
**WHO:** 55+

Please RSVP by calling the Older Adults Program at (310) 802-5430.

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## SLOW PITCH LEAGUE



### MEN'S SENIOR (60+)

**On-going sign ups:**  
Dorsey Field | March- November

Pick up games played Tuesdays 9:00 AM to 12:00 PM. Skill drills conducted Mondays and Fridays 9:00 AM to 12:00 PM. League games played Thursdays 9:00 AM to 1:00 PM.

For more information go to the Manhattan Beach Senior Softball Association website [mbssa.webs.com](http://mbssa.webs.com) or call Steven Nicholson (Commissioner) at (310) 529-1248.

# SCHEDULE YOUR RIDE TODAY!

**(310) 545-3500**

**DIAL-A-RIDE** is a shared ride, curb to curb bus service offered by the City of Manhattan Beach for its senior and disabled citizens. All buses are specially equipped for the elderly and are wheelchair accessible. In addition, drivers provide boarding and disembarking assistance at the vehicle as needed. Fares within city limits are 25 cents one way. Fares outside of city limits (for medical appointments or special destinations) are 50 cents.

Dial-A-Ride may be used for any activity within the City of Manhattan Beach, and is provided on a first come, first served basis. Services are available to most area medical facilities. Hours of service are M-F from 7:30 AM to 5:00 PM, 2nd and 4th Thursdays until 9 PM. On Wednesday evenings, you may take Dial-A-Ride out to dinner with our Older Adults Night on the Town program.



### WHO QUALIFIES FOR A RIDE:

All Manhattan Beach residents ages 55 and over and residents of any age who have a disability are welcome to use Dial-A-Ride.

### HOW TO GET A RIDE:

Dial (310) 545-3500; Monday through Friday from 6:30 AM to 5:30 PM and weekends from 8 AM to 5 PM for a reservation. Our office is closed for lunch from 12:00 to 1:00 PM. The Dial-A-Ride dispatcher will assist you in scheduling your ride.



## COMMUNITY DEVELOPMENT

### COMMUNITY DEVELOPMENT

Main Line ..... 310.802.5500  
Fax ..... 310.802.5501  
Director ..... 310.802.5503  
Executive Secretary ..... 310.802.5503

### BUILDING DIVISION:

Building Official ..... 310.802.5525  
Secretary ..... 310.802.5505  
Code Enforcement ..... 310.802.5538  
Construction Officers ..... 310.802.5506  
310.802.5539

Inspection Requests ..... 310.802.5542  
Inspection cancellations before ... 310.802.5533

8:30 A.M. on day of scheduled inspection

Permit Processing & Plan Check

status Info ..... 310.802.5532  
310.802.5535  
310.802.5536

Technical Plan Check Info ..... 310.802.5527

### PLANNING DIVISION:

Planning & Zoning ..... 310.802.5504  
Planner on Duty ..... 310.802.5520

### TRAFFIC DIVISION:

Traffic Engineer ..... 310.802.5522

## CITY OFFICIALS AND ADMINISTRATION

Mayor ..... 310.802.5053  
City Council ..... 310.802.5053  
City Manager ..... 310.802.5053  
City Attorney ..... 310.802.5061  
City Clerk ..... 310.802.5056  
City Treasurer ..... 310.802.5553  
City Cable Liaison ..... 310.802.5054  
Comment/Suggestion ..... 310.802.5000 x7700

## COMMUNITY RECREATIONAL FACILITIES AND ORGANIZATIONS

AYSO Soccer (Ages 5-18) ..... 310.546.4106  
AYSO HOTLINE ..... www.ayso18.org  
Beach Cities Health District ..... 310.374.3426 x26  
Boy Scouts-Leigh Noda ..... 310.545.2568  
Chamber of Commerce ..... 310.545.5313  
Department of Beaches ..... 310.305.9543  
Dispute Resolution Services ..... 310.376.7007  
Girl Scouts ..... 310.450.3720  
Historical Society ..... 310.374.7575  
Jr. Lifeguard ..... 310.939.7214  
Lab/Aquarium ..... 310.379.8117  
Manhattan Beach  
Botanical Garden ..... 310.379.4447  
Manhattan Beach Country Club ... 310.546.5656  
Manhattan Beach Library ..... 310.545.8595  
Manhattan Beach 10K Run ..... 310.374.2397

Manhattan Beach Youth Basketball (MBYB) (K-8) ..... www.mbyb.clubspaces.com

Manhattan Beach Little League ..... 310.546.1449

Marriott Municipal Golf Course ..... 310.939.1465

Mira Costa Pony League-HOTLINE ... 310.379.3479

MTA-Metro Bus Information .... 1.800.266.6883

Neighborhood Watch ..... 310.802.5183

Hometown Fair ..... 310.546.5219

Roundhouse Marine Studies ..... 310.379.8117

Sister City Committee Meeting. ... 310.374.4532

South Bay Adult School ..... 310.937.3340

South Bay Soccer Club ..... 310.546.9440

Unified School District ..... 310.318.7345

VOICE ..... 310.226.2927

## POLICE

Court Liaison ..... 310.802.5128

Community Affairs ..... 310.802.5186

Detectives ..... 310.802.5120

Information ..... 310.802.5140

Fax ..... 310.802.5107

Police Records ..... 310.802.5152

Parking and Animal Control ..... 310.802.5160

Traffic Control ..... 310.802.5160

Victim's Assistance ..... 310.802.5185

## FINANCE

Accounts Payable ..... 310.802.5564

Ambulance Billing ..... 310.802.5560

Business and Animal Licensing ... 310.802.5560

Parking Citation Information ..... 310.802.5561

Purchasing ..... 310.802.5568

Refuse Billing ..... 310.802.5559

Water Billing ..... 310.802.5559

## FIRE

Fire Inspector ..... 310.802.5206

Fire Marshal ..... 310.802.5205

Fire Station #1 ..... 310.802.5203

Fire Station #2 ..... 310.802.5220

Fax ..... 310.802.5201

## HUMAN RESOURCES

Job Listings ..... 310.802.5250

Employment Verification ..... 310.802.5256

General Personnel Information ... 310.802.5258

Fax ..... 310.802.5251

## PUBLIC WORKS

### SEWER & WATER MAIN EMERGENCIES:

8:00 A.M.-4:30 P.M. (Mon-Fri) ... 310.802.5304

4:30 P.M.-8:00 A.M. & Weekends . 310.802.5140

Engineering ..... 310.802.5350

Environmental Programs ..... 310.802.5341

Public Works Construction Projects . 310.802.5353

### REFUSE/RECYCLING COLLECTION:

Waste Management ..... 310.830.7100

City Contact ..... 310.802.5313

Refuse/Water Billing ..... 310.802.5559

Sewer and Wastewater Info ..... 310.802.5320

Street Maintenance ..... 310.802.5311

### Street Sweeping:

Athens Services ..... 888.336.6100

City Contact ..... 310.802.5313

Street Use Permit Processing ..... 310.802.5535

Water Quality ..... 310.802.5304

Fax ..... 310.802.5301

Engineering Fax ..... 310.802.5351

## PARKS AND RECREATION

### DIRECTOR:

Mark Leyman ..... 310.802.5414

### RECREATION SERVICES MANAGERS:

Idris J. Al-Oboudi ..... 310.802.5404

Eve Kelso ..... 310.802.5407

Martin Betz ..... 310.802.5406

Jessica Vincent ..... 310.802.5405

Cultural Arts Program ..... 310.802.5440

Park Maintenance ..... 310.802.5326

Dial-A-Ride ..... 310.545.3500

Field Conditions Hotline ..... 310.802.5454

Older Adult Programs ..... 310.802.5430

After School REC Program ..... 310.802.5419

Ceramics Program ..... 310.802.5450

Class Registration ..... 310.802.5448

Begg Pool ..... 310.802.5428

### FACILITIES:

Manhattan Beach Arts Center ..... 310.802.5440

Facilities Reservations ..... 310.802.5410

Joslyn Community Center ..... 310.802.5420

OASIS Room ..... 310.802.5446

Manhattan Hghts Community

Center ..... 310.802.5425

Marine Ave Park ..... 310.802.5427

Teen Center ..... 310.802.5426

TENNIS RESERVATIONS:

Live Oak ..... 310.545.0888

Heights ..... 310.374.8315

Mira Costa ..... 310.374.8315

TDD 310.546.3501

FAX 310.802.5001

FIRE/POLICE EMERGENCY DIAL 911

# FACILITIES

# RESERVATION

## INFORMATION GUIDE

.....

**W**ithin the City of Manhattan Beach there are a variety of facilities, picnic areas, a community pool and fields available for public, private, and commercial events and meetings. A fee is required to reserve City facilities.

Parks are open to the public from 8am to sunset, seven days per week. Unless reserved, the picnic areas are available on a first-come-first-served basis.

For special events requiring additional City services, please call Linda Robb, (310) 802-5403

### SAND DUNE PARK



#### PICNIC SHELTER

**Capacity:** 50  
**Length of use:** 2 hours – 6 hours  
**Appropriate for:** Parties, picnics and outdoor gatherings

### LIVE OAK PARK



#### ACTIVITY HALL

**Capacity:** 50  
**Length of use:** 2 hours minimum  
**Availability:**  
 Mon. – Fri. (8:00 am to 10:00 pm)  
 Sat. – Sun. (8:00 am to 8:00 pm)  
**Appropriate for:** Meetings, parties, performance rehearsals

### BEGG POOL



**Capacity:** 150  
**Length of use:** 1 hour – 4 hours  
**Availability:**  
 Varies according to season  
**Appropriate for:** Birthday parties, social gathering and family parties  
**Amenities:**  
 PA sound system for music

### JOSLYN COMMUNITY CENTER



**Availability:**  
 Mon. – Fri. (8:00 am to 10:00 pm)  
 Sat. – Sun. (8:00 am to 8:00 pm)  
**Length of use:**  
 2 hours minimum



**SUNSET ROOM**  
**Capacity:** 20  
**Appropriate for:**  
 Meetings, classes and small gatherings



**SUNRISE ROOM**  
**Capacity:** 30  
**Appropriate for:**  
 Meetings, classes and small gatherings

### MANHATTAN HEIGHTS PARK AND COMMUNITY CENTER



**MT. WHITNEY BANQUET HALL**  
**Capacity:** 150, dinning 100  
**Availability:**  
 8:00 am – 10:00 pm daily  
**Appropriate for:**  
 Meetings, lectures, wedding receptions, parties, retirements and other large gatherings

**COMMERCIAL KITCHEN**  
**Capacity:** 10  
**Availability:**  
 8:00 am – 10:00 pm daily  
**Appropriate for:** Catering



**MT. BALDY ROOM**  
**Capacity:** 20  
**Availability:**  
 8:00 am – 10:00 pm daily  
**Appropriate for:**  
 Meetings and small gatherings



**PICNIC AREA**  
**Capacity:** 50  
**Availability:**  
 8:00 am to dusk daily  
**Appropriate for:** Small children's activities such as birthday parties, playgroups and other outings

## POLLIWOG PARK



### AMPHITHEATER

**Capacity:** 1,000  
**Length of use:** 2 hours – 6 hours  
**Appropriate for:** Performances, weddings, meetings and other large group gatherings  
**No amplified sound permitted**  
**MC (12.48.050)**



### GAZEBO

Central Gazebo, Rose Gazebo and Pond Gazebo are available to rent separately  
**Capacity:** 50 per gazebo  
**Length of use:** 2 hours – 3 hours  
**Appropriate for:** Gatherings and social events



### PICNIC AREA

Ten different picnic areas to choose from. Five of those areas have one table, two of those areas have two tables, and three of those areas have three tables  
**Capacity:** 25 people per table  
**Length of use:** 2 hours – 6 hours  
**Appropriate for:** Parties & outdoor meetings



### PAVILION

**Capacity:** 75  
**Length of use:** 2 hours – 6 hours  
**Appropriate for:** Parties, family reunions, gatherings and social events



### GAZEBO

**Capacity:** 50  
**Length of use:** 2 hours – 3 hours  
**Availability:** 8:00 am to dusk daily  
**Appropriate for:** Small events for children such as birthday parties, playgroups and other outings



### NORTH END

**Capacity:** 50  
**Length of use:** 2 hours – 6 hours  
**Availability:** 8:00 am to dusk daily  
**Appropriate for:** Parties and small gatherings

## MARINE AVENUE PARK



### PICNIC AREA

**Capacity:** 25 per table  
**Length of use:** 2 hours – 6 hours  
**Availability:** 8:00 am to dusk daily  
**Appropriate for:** Birthday parties and other children's outings  
**Amenities:** Climbing wall



### ACTIVITY HALL

**Capacity:** 50  
**Length of use:** 2 hours minimum  
**Availability:** 8:00 am – 10:00 pm daily  
**Appropriate for:** Meetings and small gatherings  
**Amenities:**

- Electric hot water dispenser
- Flat screen TV
- Refrigerator
- Microwave
- Mats (5)



### SURF DANCE STUDIO

**Capacity:** 30  
**Appropriate for:** Dance and fitness classes



### OCEAN BANQUET HALL

**Capacity:** 275, dining 170  
**Appropriate for:** Meetings, parties and wedding receptions

### COMMERCIAL KITCHEN (Banquet rental required)

**Capacity:** 10  
**Appropriate for:** Catering parties or events

### JOSLYN COMMUNITY CENTER AMENITIES

- 39 inch TV & Blu-ray or DVD
- Easels
- Electric hot water dispenser
- Podium
- Portable chalkboard
- Portable movie screen
- Portable P.A. system
- Wireless microphone

### MANHATTAN HEIGHT PARK AND COMMUNITY CENTER AMENITIES

- 39 inch TV & DVD
- Gymnastic mats (4'x8')
- Electric hot water dispenser
- Movie Screen (retractable from ceiling)
- Wireless Microphones
- Built-In P.A. system
- Podium
- Portable dry erase white board

## MAKE A RESERVATION

### Stop by in person:

Monday - Thursday:  
7:30am - 5:30pm

Alternate Open Fridays:  
8:00am - 5:00pm

### Fax reservation form:

(310) 802-5401

### Mail reservation form:

Parks & Recreation Dept.  
Attn: Facility Reservations  
1400 Highland Ave.  
Manhattan Beach, CA  
90266

## IMPORTANT INFORMATION

Bring your reservation permit with you to your event.

All reservations must be made at least ten working days prior to the event date.

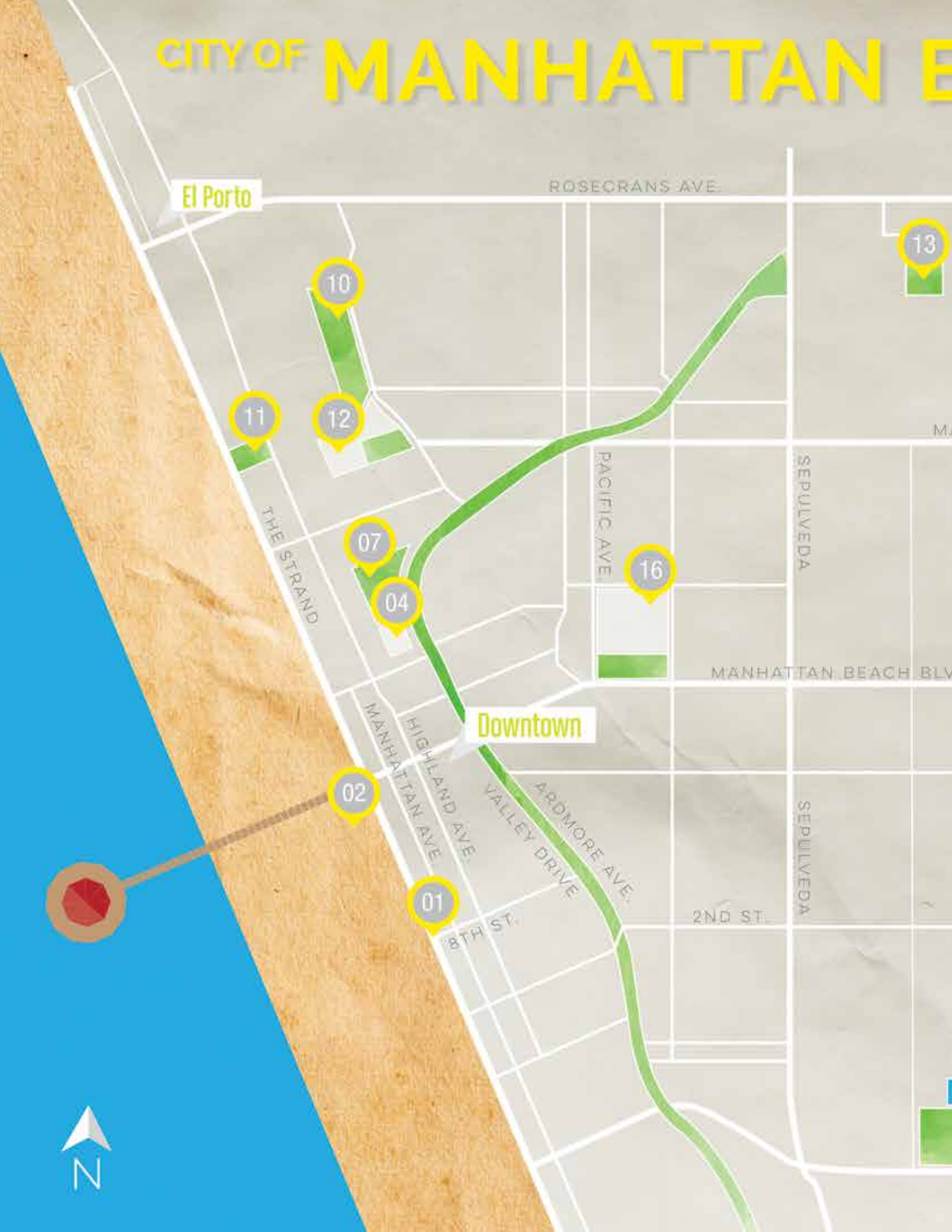
Cancellations must be made five business days prior to reservation date in person or via email. Not all fees will be returned.

All parties are expected to follow reservations rules and regulations.

If rules and regulations are not followed, deposit will not be returned.

**For more reservation information, please call (310) 802-5410.**

# CITY OF MANHATTAN B



El Porto

ROSECRANS AVE.

13

10

11

12

THE STRAND

07

04

PACIFIC AVE.

16

SEPULVEDA

MANHATTAN BEACH BLV.

Downtown

02

MANHATTAN AVE.

HIGHLAND AVE.

VALLEY DRIVE

ARDMORE AVE.

01

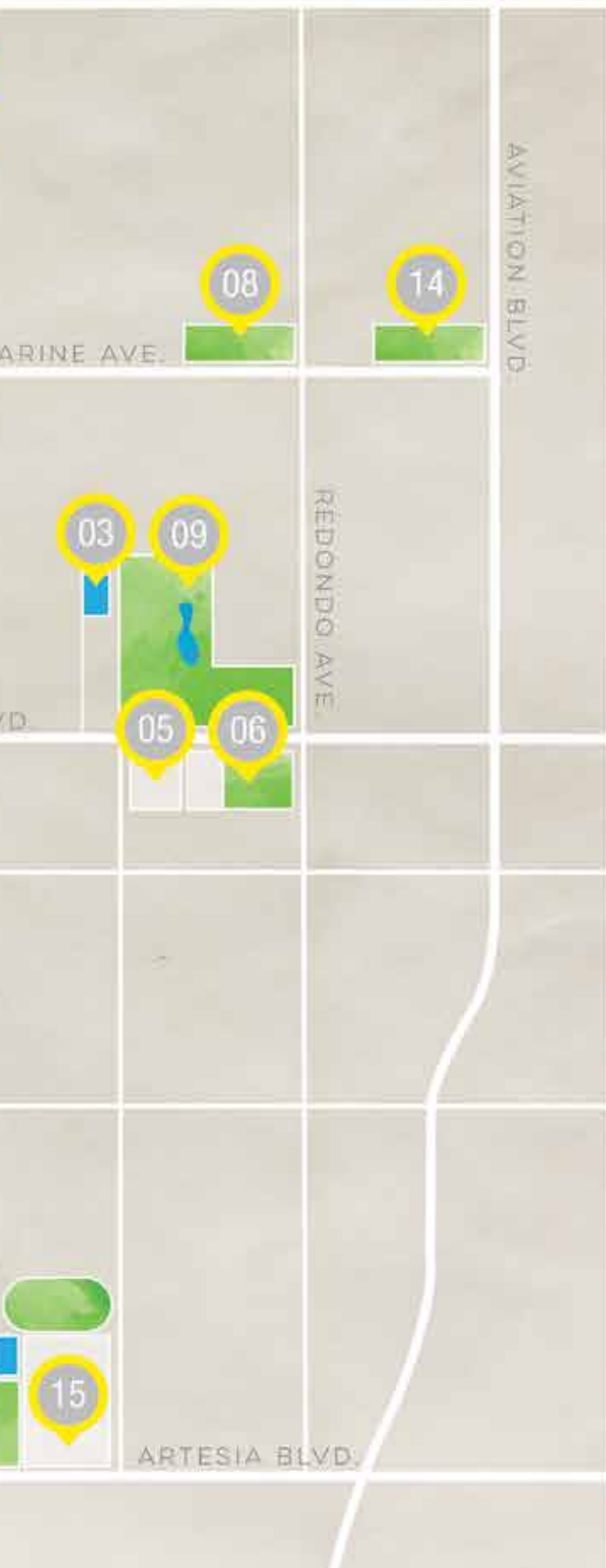
8TH ST.

SEPULVEDA

2ND ST.



# BEACH



**01** 8th Street  
8th street / The Strand

**02** Manhattan Beach Pier: South Side

## COMMUNITY CENTERS

**03** Begg Pool  
1402 Manhattan Beach Blvd.

**04** Joselyn Community Center  
1601 Valley Dr.

**05** Manhattan Beach Art Center  
1560 Manhattan Beach Blvd.

**06** Manhattan Heights Park & Community Center  
1600 Manhattan Beach Blvd.

## PARKS

**07** Live Oak Park  
1901 Valley Dr.

**08** Marine Avenue Park  
1625 Marine Ave.

**09** Polliwog Park  
1601 Manhattan Beach Blvd.

**10** Sand Dune Park  
33rd St. & Bell Ave.

**11** Bruce's Beach  
26th / 27th at Highland Ave.

## FIELDS

**12** Grand View Elementary School  
455 24th St.

**13** Manhattan Village  
1300 Park View Ave.

**14** Marine Sports Complex  
1801 Marine Ave.

**15** Mira Costa High School  
1401 Artesia Blvd.

**16** Pacific Elementary School  
1200 Pacific Ave.

# REGISTRATION FORM

**PLEASE PRINT ALL INFORMATION**

**MAIN CONTACT FULL NAME:**

First Name

Last

**RESIDENTIAL ADDRESS:**

Street

City

Zip

E-mail Address

Phone-Primary (      )

Cell

Other

Phone-Secondary (      )

Cell

Other

Yes, I agree to receive text messages. Cell service provider is:

Check here if this is a new address / phone number

Participant Name	DOB	Sex M/F	Activity Number	Activity Title	Activity Fee

Please identify any special accommodations that are needed to improve the student's experience here:

**GRAND  
TOTAL =**

**OFFICE USE ONLY:**

Cash  Check-Print Check Number:

Credit Card Number:

Expiration Date: Month/Year:

Security Code

Cardholder's Signature:

RELEASE OF LIABILITY I hereby certify that I am a participant in the above listed course conducted by the City of Manhattan Beach Parks & Recreation Department. I further certify that I am of good health, and have no physical or other impairment which would endanger me when participating in such a program. I absolve and hold harmless the City of Manhattan Beach, its employees, officers or agents from any liability which may result from my participation or that of any minor in my legal custody, in the above activity. If the participant is a minor, I also give my permission for his/her participation in the above activity, and for any necessary medical treatment. I understand the City has no obligation to supervise my children at the close of the above activity, and I release the City, its officers, employees and agents from any liability resulting from any lack of supervision of my children at the close of the above activity. I understand that the City has adopted a Civility Policy, which among other things requires that all interactions with other participants, instructors and staff be conducted in a respectful manner, and provides that threats of violence and loud, insulting, demeaning or offensive communication will not be tolerated. A copy of the Civility Policy is available upon request. Participants involved in Parks & Recreation programs/activities may be photographed and such photography may be used to publicize City programs/activities. City staff is not responsible for storing and or providing medications of any kind for participants in Parks and Recreation classes and activities.

Participant, Parent or Guardian Signature:

Date:

# 4 EASY WAYS TO REGISTER

## ONLINE

Visit [www.citymb.info](http://www.citymb.info)  
Pay by credit card.  
All online transactions incur  
a convenience fee.

## FAX-IN

Pay by credit card.  
Fax completed form to  
(310) 802-5401

## MAIL-IN

Pay by credit card or check.  
Make checks payable to  
"City of Manhattan Beach"

### Mail to:

City of Manhattan Beach  
Parks & Recreation Department  
ATTN: Class Registration  
1400 Highland Avenue  
Manhattan Beach, CA 90266

## WALK-IN

City Hall  
Parks & Recreation Department  
1400 Highland Avenue  
Manhattan Beach, CA

**Monday - Thursday 7:30 AM - 5:30 PM**  
**Alternate Open Fridays 8:00 AM - 5:00 PM**  
**\*Closed every other Friday**  
Pay by credit card, check or cash.

## REFUND POLICY

A FULL REFUND (INCLUDING CONVENIENCE FEE) WILL BE ISSUED FOR ANY PROGRAM, ACTIVITY, OR EVENT THAT IS CANCELED FOR ANY REASON BY THE DEPARTMENT.

ANY PERSON REQUESTING A REFUND BEFORE THE SECOND CLASS MAY RECEIVE A REFUND MINUS THE CONVENIENCE FEE. A REFUND REQUEST FORM MUST BE SUBMITTED FOR ALL REFUND REQUESTS. CAMPS AND BUS EXCURSIONS ARE NOT INCLUDED. CONTACT (310) 802-5448 FOR REFUND DETAILS.

A "REFUND REQUEST FORM" MAY BE PICKED UP AT CITY HALL, PARKS & REC DEPARTMENT DURING BUSINESS HOURS, BY MAIL OR EMAILED BY CALLING (310) 802-5448.

## POLICIES

NONRESIDENT REGISTRATION FEES MAY INCLUDE UP TO A 10% ADDITIONAL FEE. ADVANCED REGISTRATION IS REQUIRED FOR ALL CLASSES. FEES WILL NOT BE PRORATED FOR LATE REGISTRATIONS. GYMNASTICS CLASSES WILL NOT ACCEPT REGISTRATIONS AFTER TWO WEEKS FROM START DATE. ALL ACTIVITIES, DATES AND FEES ARE SUBJECT TO CHANGE. CLASSES NOT REACHING REQUIRED ENROLLMENT MAY BE CANCELED BY THE DEPARTMENT. A RESIDENT IS DEFINED AS AN INDIVIDUAL RESIDING IN MANHATTAN BEACH. ACCEPTABLE PROOF OF RESIDENCY INCLUDES: GOVERNMENT ISSUED ID OR UTILITY BILL SHOWING CURRENT MANHATTAN BEACH ADDRESS. MUST BE THE AGE SPECIFIED FOR THE ACTIVITY. PROOF OF AGE MAY BE REQUIRED FOR ALL CLASSES WITH AN AGE REQUIREMENT. FALSE INFORMATION REGARDING NAME, AGE, OR ADDRESS WILL RESULT IN BEING DROPPED FROM THE CLASS WITHOUT REFUND. YOU MAY BE ASKED FOR ID AT THE FIRST CLASS. NO REGISTRATION WILL BE TAKEN OVER THE PHONE. WHEN REGISTERING BY MAIL, YOUR NAME WILL BE PLACED ON A WAITING LIST IF THE REQUESTED CLASS IS FULL. YOU WILL BE NOTIFIED BY THE PARKS AND REC DEPARTMENT IF THERE IS AN OPENING. IF ON A WAITING LIST, DO NOT ATTEND THE FIRST CLASS IF YOU HAVE NOT BEEN NOTIFIED TO DO SO. ACTIVENET REQUIRES THAT ALL ACTIVITY REGISTRATIONS INCUR A CONVENIENCE FEE OF 5.35% OF THE TOTAL CHARGE.

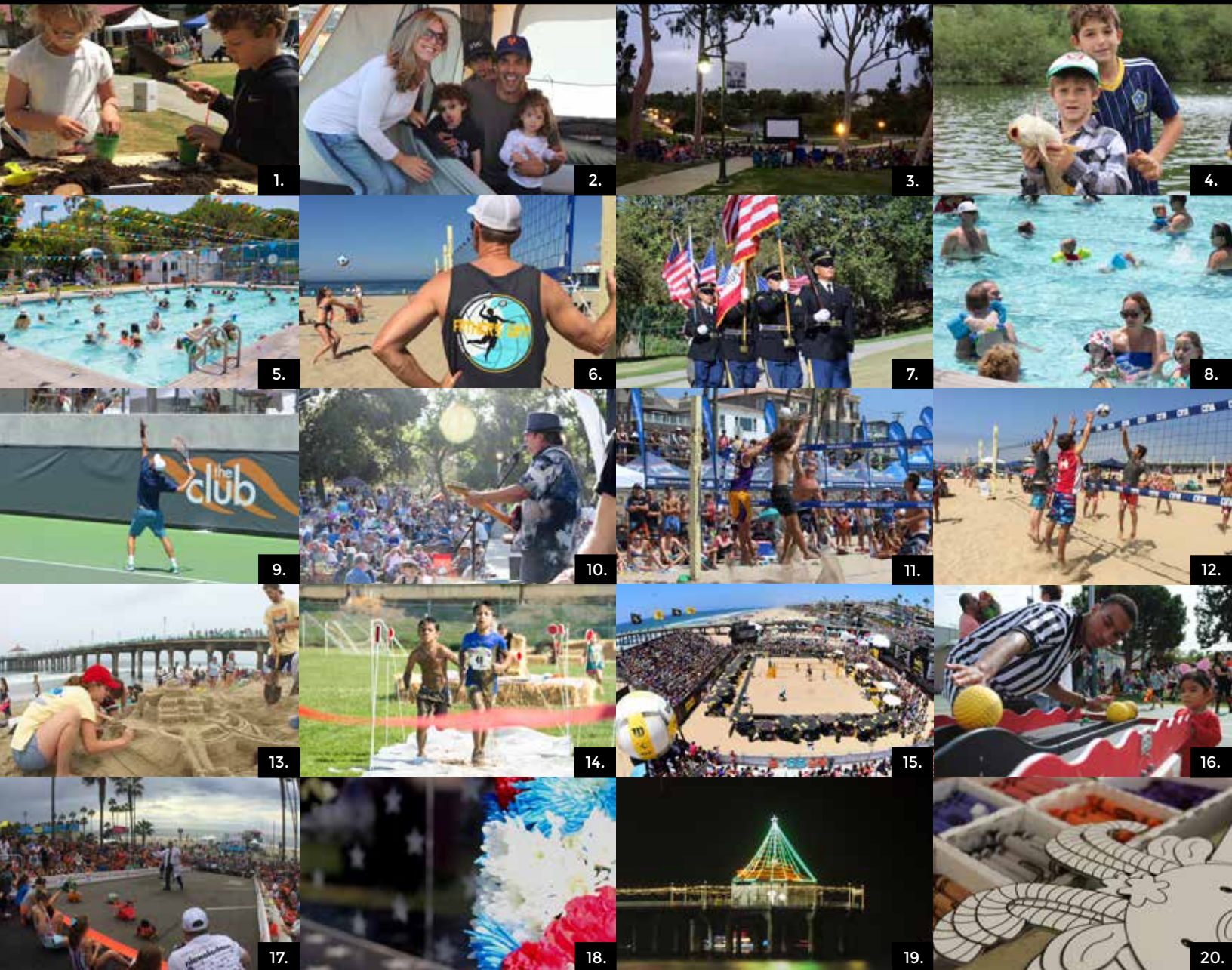
If Undeliverable,  
Do Not Return

PRSR STD  
US POSTAGE  
PAID  
PERMIT NO. 15  
MANHATTAN BEACH  
CALIFORNIA

Residential Customer  
Manhattan Beach  
CA 90266

\*\*\*ECRWSSDDM\*\*\*  
Postal Customer

# 2017 EVENTS



1. Earth Day: 4/22 • 2) Family Campout 5/20 • 3) Movie in the Park: 5/20 • 4) Fishing Derby: 5/21  
5) Begg Pool Kick-off Party: 6/17 • 6) Father's Day Volleyball Tournament: 6/18 7) Salute to the Troops: 7/2  
8) 4th of July Pool Party: 7/4 • 9) MBO Tennis Tournament: 7/21-23 • 10) Summer Concerts Series: 7/2-9/3  
11) 6-Man Beach Volleyball Tournament: 8/3-4 • 12) Jr. 6-Man Beach Volleyball Tournament: 8/6 • 13) Sand Castle Contest: 8/6  
14) Kids Extreme: 8/20 • 15) AVP MBO: 8/17-20 • 16) Halloween Carnival: 10/21 • 17) Pumpkin Race: 10/29  
18) Veterans Day: 11/11 • 19) Pier Lighting: 11/15 • 20) Family Holiday Crafts Night: 12/9  
*Please Note: Dates subject to change*