

See the

MAGIC

this fall at Granite Peaks

INTRODUCING OUR NEW MEMBERSHIPS!

Become a Life Long Learner Member
and enjoy a year of classes
at a discounted price

join
today

Classes fill quickly

REGISTER NOW

385-646-5439 granitepeaks.org



HOME



ARTS



EDUCATION



PLAY



WORK



YOUTH



contents



HOME

Improve your home, strengthen relationships and empower your mind with these courses.

- 01 Cooking
- 02 Family
- 03 Garden
- 03 Home Improvement
- 04 Personal Finances
- 04 Pets
- 05 Relationships
- 05 Self

ARTS

Enrich your life with the arts. Acquire a second language, write a book, paint a masterpiece.

- 06 Crafts
- 06 Dance
- 07 Languages
- 08 Music
- 09 Performing Arts
- 09 Visual
- 10 Writing

EDUCATION

Get your high school diploma or GED. Take English as a Second Language classes.

- 11 Academic Enrichment
- 22 Adult ESL
- 24 Adult High School Completion

PLAY

Eliminate stress through our exercise and relaxation classes. Take a golf class or experience Tai Chi.

- 11 Health & Wellness
- 13 Outdoor Recreation
- 14 Sports & Fitness
- 15 Unique

WORK

Prepare for a new career or improve your current one. Build up computer skills, manage finances.

- 16 Business/Career
- 17 Certification
- 18 Food Handlers
- 18 New Skills
- 18 Real Estate
- 19 Technology

YOUTH

Inspire children to create and explore in a variety of classes including crafts, sports and dance.

- 21 Education
- 21 Health & Wellness
- 21 Performing Arts
- 22 Play
- 22 Special Events/Activities
- 23 Sports & Fitness



We love our LifeLong Learners and want to further your quest for knowledge

INTRODUCING OUR NEW MEMBERSHIPS!

MEMBERSHIP DUES ARE ONLY \$10!
BECOME A LIFE LONG LEARNER MEMBER AND ENJOY A YEAR OF CLASSES
AT A DISCOUNTED PRICE





Cooking

CAKE DECORATING WITH WILTON COURSE 1

New Fresh inspiration and modern cake design are presented in this new class! Learn a variety of classic buttercream decorating techniques, including six different piped flowers! Create Zinnias, Sunflowers, Hydrangeas and many more which will give you extraordinary results for any cupcake or cake. Come join in the fun in Course 1! Instructor contacts those who are registered with the materials needed for class. Pre-registration required.

1 TAYLORSVILLE W 6:30 PM - 8:30 PM 4X SEP 3 \$49

CAKE DECORATING WITH WILTON COURSE 2

New Fresh bouquets of flowers await you in our new Course 2! Come learn the art of Royal icing and create breathtaking flowers such as pansies, lilies, the famous Wilton Rose and more. Be inspired as you learn new techniques to create beautiful arrangements for that special occasion! Instructor contacts registered students with supply list. Pre-registration required.

1 TAYLORSVILLE W 6:30 PM - 8:30 PM 4X OCT 1 \$49

CAKE DECORATING WITH WILTON COURSE 3

New The crÈme de la crÈme class. Perfect your cake decorating skills with Easter lilies, poinsettias, exotic flowers, and more. Our instructor shows you how to create an edible masterpiece with a two-tier cake. This class is Wilton Cake Course 3. Must have taken courses 1 and 2 to take this class. Instructor contacts registrants with list of supplies needed for class. Pre-registration is required.

1 TAYLORSVILLE TU 6:30 PM - 8:30 PM 4X NOV 4 \$49

CAKE POPS

Get ready for the most stick-tacular treats that ever popped up at a party. It's time for cake pops. Goodies on a stick you'll love to dip, decorate and devour. Pre-registration is required.

1 COTTONWOOD W 6:15 PM - 7:15 PM 1X OCT 29 \$29

MAKING MARSHMALLOW FONDANT

Did you know you can make fondant from scratch? And not just any fondant, marshmallow fondant. Use it to cover cakes, cupcakes, petit fours, and more. Regular fondant is expensive and very few people like the taste of it. Save your pocketbook and your friends' taste buds and learn how to make and use marshmallow fondant. Students are advised to bring an apron. The special refund policy applies to this class. See inside back cover for details.

1 COTTONWOOD W 7:35 PM - 9 PM 1X OCT 29 \$35

GLUTEN/GRAIN FREE CUPCAKE EXTRAVAGANZA

New The cupcake phenomenon has reached the gluten-free world! Gluten-free baker, Trish Withus, is back in the kitchen whipping up amazing cupcakes. In this class discover professional techniques and tips on how to perfect this delectable little treat. Cupcakes, perfect for any occasion! Special refund policy applies to this class. See inside back cover for details.

1 COTTONWOOD W 6:30 PM - 8:30 PM 1X SEP 10 \$49



GLUTEN/GRAIN-FREE HOLIDAY COOKIES

New A tradition for many of us during the holiday season is cookie baking. Being gluten-free doesn't mean missing out on that tradition. Join Pastry Chef, Trish Withus, as she brings her bakery secrets into the classroom. She shares with you specific techniques that will help make your gluten-free cookies turn out perfect every time! Get back into the tradition of the holidays. Special Refund Policy Applies to this class. See inside back cover for details.

1 COTTONWOOD TH 6:30 PM - 8:30 PM 1X DEC 4 \$49

GLUTEN-FREE BREAKFAST TREATS

New Many of us associate breakfast with some form of sweet treats. Now there is no need to rely on the prepackaged or store bought mixes to satisfy that craving. Professional gluten-free Pastry Chef, Trish Withus, brings into the classroom some easy yet delicious treats just screaming breakfast. Menu: Perfect Waffles, Cinnamon Rolls. The Special Refund Policy applies to this class, see inside back cover for details.

1 COTTONWOOD TH 6:30 PM - 8:30 PM 1X DEC 18 \$49

GLUTEN-FREE COFFEE CAKES

New A staple for breakfast, snacking and entertaining is the delectable coffee cake. Coffee cakes do not contain coffee, they are simply enjoyed while having a cup of coffee or tea. Join professional gluten-free Pastry Chef, Trish Withus, as she brings these delightful treats into the classroom. She will bring all of her bakery secrets to show you how to make these treats easily and flawlessly every time. Menu: Sour Cream Coffee Cake, NY Style Crumb Cake.

1 COTTONWOOD W 6:30 PM - 8:30 PM 1X SEP 24 \$49

GLUTEN-FREE COMFORT FOOD

New Gluten-Free Chef, Trish Withus, is back in the kitchen and this time it's all about comfort food! Being gluten-free doesn't mean you have to give up your favorite comfort foods! First up is amazing homemade macaroni and cheese. Next on the list is chocolate chip cookies. You won't believe this perfect gluten-free replica of the traditional Tollhouse cookie. Join Trish as she shows you the way to gluten-free comfort food! Special refund policy applies to this class. See inside back cover for details.

1 COTTONWOOD TH 6:30 PM - 8:30 PM 1X NOV 20 \$49

GLUTEN-FREE HOLIDAY PIES

New Pie season is upon us once again! Being gluten-free doesn't mean you have to miss out on all the pies of the season. A good pie dough in your repertoire can give you the starting place for some incredibly creative pies and tarts. Join Pastry Chef, Trish Withus, as she reveals her bakery secrets for making perfect gluten-free pie dough each and every time. Join Trish and learn how to bring your favorite pie to the table. Menu Perfect Pie Dough, Chocolate Pecan Pie.

1 COTTONWOOD TH 6:30 PM - 8:30 PM 1X NOV 13 \$49


Visit our website for Online Registration
granitepeaks.org

GLUTEN-FREE PERFECT PIZZA

Ready for a really good gluten-free pizza dough? This recipe is the best! Gluten-free baker, Trish Withus, shares her fantastic recipe for basic pizza dough, and then incredible ideas to make your toppings extra special. Now that's got to be better than take out. Special refund policy applies to this class. See inside back cover for details.


1 COTTONWOOD TH 6:30 PM - 8:30 PM 1X SEP 18 \$49

GLUTEN-FREE SENSATIONAL SOUPS

 Soup season is in full swing! Chef Trish shows us the fundamentals of soups including a basic clear chicken stock, which is the basis for many other classic soups. Start with the basics and how to create some fantastic warming soups all on your own. Learn specific flavoring enhancing techniques that you didn't learn from your grandmother or mother, and definitely ones they don't teach you in cook books. Get ready for soup season with all gluten-free and dairy-free soups!! Specialty Class Refund policy applies. Menu: Basic Clear Chicken Stock and Creamy Butternut Pancetta Soup.


1 COTTONWOOD TH 6:30 PM - 8:30 PM 1X NOV 6 \$49

GLUTEN-FREE TRADITIONAL CHRISTMAS TREATS

 You don't have to miss out on your favorite traditional holiday treats just because you are gluten-free! Food is such a big part of the holidays and now your traditional ethnic treats don't need to be left out! Join professional Gluten-Free Pastry Chef, Trish Withus, as she teaches you how to bring these treats back home for the holidays. Learn the fundamental skills of gluten-free baking as well as ingredient substitution so you can bring your favorite holiday treats back to your table! Specialty Class Refund policy applies. Menu: Christmas Stollen and Pizelles


1 COTTONWOOD TH 6:30 PM - 8:30 PM 1X DEC 11 \$49

HALLOWEEN CUPCAKES

 Spooks and goblins scream with delight as we decorate three hauntingly good cupcakes. Make cupcakes so wickedly amazing that you won't want to eat them. Call for a list of ghoulish supplies you will need to bring including 6-12 cupcakes for our night of fun. Pre-register only.

1 TAYLORSVILLE TU 6 PM - 8:30 PM 1X OCT 28 \$29


HALLOWEEN FUN FOOD FOR KIDS

 Make Halloween memories with your kids by learning how to create unique, fun holiday treats from witch fingers to mummy hot dogs and more. Cook up some spooky snacks that the whole family can enjoy!

1 TAYLORSVILLE TU 6:30 PM - 7:30 PM 1X OCT 14 \$29

2 COTTONWOOD TH 6:30 PM - 7:30 PM 1X OCT 23 \$29


THANKSGIVING PARTY PLEASERS

 Do you love to host people for Thanksgiving but don't know what to cook? Are you tired of making the same old traditional food? Come to Thanksgiving Party Pleasers to learn how to make some unique seasonal foods that will have your guests begging for seconds and thirds.

1 TAYLORSVILLE TU 6:00 PM - 7:15 PM 1X NOV 4 \$35


2 COTTONWOOD W 6:00 PM - 7:15 PM 1X NOV 12 \$35

AUTUMN HARVEST WINES *

 Autumn is in the air! With cooler evenings and shorter days, now is a good time to experience and learn about the different autumn wines including Syrah, Grenache and Zinfandel. Discuss which wines pair well with heartier foods eaten in the fall. Must be 21 years or older to take this class. Please bring photo ID to class. Special refund policy applies to this class. Please see inside back cover for details.

1 FRATELLI'S W 7:00 PM - 9:00 PM 1X OCT 15 \$55

PINOT NOIR NEW WORLD VS. OLD WORLD WINES *


 If you enjoy a good Pinot Noir and are curious as to the different origin of this wine, this class is for you. Explore the different aspects and temperaments of Pinot Noir comparing this wine from Old World countries such as France and Italy to the New World regions of California and Oregon. Tips on wine pairings with food are given by Brooke Holyoak, our wine expert. Special refund policies apply to this class. Please see inside back cover for details. Students must be 21 years or older. Please bring photo ID to class.

1 FRATELLI'S W 7:00 PM - 9:00 PM 1X OCT 1 \$65

**For off site locations, please call*


385-646-5439

SAUVIGNON BLANC AND CHARDONNAY – OLD WORLD VS. NEW WORLD *

 If you enjoy Sauvignon and Chardonnay and are curious as to the different origins of these wine varietals, this class is for you. Taste the difference in how a grape's address can affect the wine. Explore the different aspects and temperaments of each comparing these wines from Old World countries such as France and Italy to the New World regions of California and Oregon. Tips on wine pairings with food are given by Brooke Holyoak, our wine expert. Special refund policies apply to this class. Please see inside back cover for details. Students must be 21 years or older. Please bring photo ID to class.

1 FRATELLI'S TU 7:00 PM - 9:00 PM 1X SEP 16 \$65

WINE 101 *

 Get more out of each sip! If you are new to wine or want to increase your wine knowledge, this class is for you. Our knowledgeable instructor guides you through four basic wine styles - soft white wines, dry white wines, round red wines, and big red wines. We discuss wine production and wine and food pairing. Special Refund Policy applies to this class. See inside back cover for details. Must be 21 years or older. Please bring a photo ID to the first class.

1 FRATELLI'S W 7:00 PM - 9:00 PM 1X OCT 29 \$55

Family


GIFT WRAPPING

 Is your Christmas shopping piling up? Have you picked out the perfect gift but it looks like a ten-year-old wrapped it? Learn all the tricks you'll need to wrap your presents so beautifully that your loved ones won't want to open them!

1 GRANGER M 6:00 PM - 7:15 PM 1X DEC 8 \$29

2 COTTONWOOD W 6:00 PM - 7:15 PM 1X DEC 10 \$29

HOLIDAY TRADITIONS FOR THE ENTIRE FAMILY

 From folklore to food to games to activities, learn the traditions of the fall holidays and discover new ideas of things you can do with your family and friends. Learn the history and culture to help enrich your holiday season and bring your family closer together.

1 GRANGER TU 7:00 PM - 8:00 PM 1X SEP 30 \$29

2 COTTONWOOD W 7:00 PM - 8:00 PM 1X OCT 8 \$29

KITCHEN APOTHECARY

New Hippocrates, the Father of Medicine said, 'Let food be thy medicine and medicine be thy food.' Get ready to discover how the spices and foods that you have in your kitchen can help you live a healthier life. Travel through some of the folklore and history of food, take a peek at the latest research, and share recipes that you can use to create easy, flavorful and health-filled snacks and meals for yourself, family and friends.

1	TAYLORSVILLE	TU	6:30 PM - 8:00 PM	4X	SEP 9	\$49
2	CONNECTION	W	6:30 PM - 8:00 PM	4X	OCT 15	\$49
3	TAYLORSVILLE	TU	6:30 PM - 8:00 PM	4X	NOV 18	\$49

CHILD PARENT RELATIONSHIP (CPR)

New A strong parent-child relationship is the foundation for your child's future success. The demands of parenting often leave parents feel frustrated, out of control, and with little time to focus on relationship quality. Learn skills and techniques proven highly effective for helping you communicate with and discipline your children more effectively. This play-based approach not only helps you learn to manage your child's behavior successfully, it also provides you with keys to enhancing and strengthening the parent-child bond while having fun.

1	TAYLORSVILLE	W	6:30 PM - 8:30 PM	10X	SEP 3	\$135
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PARENTING WITH LOVE AND LOGIC

Raise kids who are self-confident and motivated. Take advantage of this win-win approach to parenting. Help your children learn responsibility by solving their own problems. Establish healthy control without resorting to anger or nagging. Practice communication skills that work. Receive a certificate of completion for state license renewal for foster parents or home day care. Taught by a certified Love and Logic teacher. Couples/\$69, Singles/\$49. Please call to register for couples' discount.

1	TAYLORSVILLE	W	6:30 PM - 8:00 PM	6X	SEP 3	\$59
2	COTTONWOOD	W	6:00 PM - 7:30 PM	6X	OCT 1	\$59

Garden

HERBAL PREPAREDNESS *

Now that you know how to make herbal preparations and the basics of herbal medicine, learn what herbs are best to have on hand to keep your family healthy. We discuss herbs for ordinary illnesses, herbal first-aid and also some useful culinary herbs. Class taught at Millcreek Herbs, 3191 South 3300 East. Call 801-450-3137 if you get lost. Pre-registration is required. Pre-Requisite: Medicinal Herbs Intensive class first.

1	MILLCREEK HERB	SAT	12:00 PM - 3:00 PM	1X	NOV 15	\$45
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MEDICINAL HERBS INTENSIVE *

Mix pleasing preparations, read labels effectively, and use herbs safely and appropriately. Make a tincture and healing salve to take home with you. Botany, history and lore, harvest and preservation, essential oils, sacred plant medicine, and more are discussed. All materials included. Class held at Millcreek Herbs, 3191 South 3300 East, west side lower level. Please pre-register. If you get lost please call 801-450-3137. Note - This class is required before taking the Herbal Preparedness class.

1	MILLCREEK HERB	SAT	12:00 PM - 3:00 PM	1X	NOV 8	\$45
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WINTERIZING YOUR GARDEN *

New You might think that with the cool temps of fall, your gardening duties are done. Actually, fall is the start of next year's growing season. Properly putting your fruit and vegetable gardens to bed for the winter will ensure your plants are snugly tucked in to survive the cold Utah winters. It also ensures your soil is analyzed, fertilized and nutrient dense, resulting in better crops next year. Learn how easy it is to make your garden comfy and cozy for winter.

1	APOSHIAN GARDEN	TH	7:00 PM - 9:00 PM	1X	SEP 18	\$45
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Home Improvement

BASEMENT FINISHING

Save money and finish your own basement. Learn the tricks of the trade from a carpenter with over forty years of experience. Get all the tips needed to complete your basement project from the planning stages to the final touches.

1	TAYLORSVILLE	TU	6:30 PM - 8:30 PM	2X	SEP 16	\$45
2	TAYLORSVILLE	TU	6:30 PM - 8:30 PM	2X	OCT 14	\$45
3	TAYLORSVILLE	TU	6:30 PM - 8:30 PM	2X	NOV 11	\$45



BASEMENT FINISHING

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1	TAYLORSVILLE	TU	6:30 PM - 8:30 PM	2X	SEP 16	\$45
2	TAYLORSVILLE	TU	6:30 PM - 8:30 PM	2X	OCT 14	\$45
3	TAYLORSVILLE	TU	6:30 PM - 8:30 PM	2X	NOV 11	\$45

INTERIOR DESIGN – ACCESSORIZE FOR THE HOLIDAYS

New Do you love to decorate for the holidays but are afraid of clashing with your home's design? Join us for this one-week interior design class that teaches you how to coordinate your decorations with your decor. Taught by a designer with over 10 years of professional experience, this one-week course will show you the tricks of the trade to give your home a little seasonal face lift!

1	GRANGER	W	7:30 PM - 8:30 PM	1X	OCT 1	\$29
2	COTTONWOOD	TH	7:00 PM - 8:00 PM	1X	OCT 2	\$29
3	GRANGER	W	7:30 PM - 8:30 PM	1X	NOV 5	\$29
4	COTTONWOOD	TH	7:00 PM - 8:00 PM	1X	NOV 6	\$29
5	GRANGER	W	7:30 PM - 8:30 PM	1X	DEC 3	\$29
6	COTTONWOOD	TH	7:00 PM - 8:00 PM	1X	DEC 4	\$29

INTERIOR DESIGN – WORKSHOP

Join us for a three week interior design class taught by an interior designer with over 10 years of professional experience. The class will go over the most popular questions clients have for their homes including color, space planning, and discovering your own design style. Come learn the tricks of the trade on how to give your home a seasonal face lift!

1	GRANGER	W	7:30 PM - 8:30 PM	3X	SEP 3	\$49
2	COTTONWOOD	TH	7:00 PM - 8:00 PM	3X	SEP 4	\$49

ORGANIZE YOUR HOME SO IT STAYS ORGANIZED

Professional organizer, Christi Youd, teaches you how to organize your home and everything in it. Her seven steps and seven strategies cause your things to stay organized. Break free of clutter and chaos; at the same time break free of hours of maintenance. Demonstrations given on organizing your paperwork, clothing, toys, games, CDs and more. Cut your time spent dealing with those things by 50%. Class includes a book and handouts.

1	TAYLORSVILLE	TU	6:00 PM - 9:00 PM	1X	SEP 16	\$49
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*For off site locations, please call
385-646-5439

Personal Finances

CASH PLANNING: CREATING SAVINGS & SPENDING PLANS

Do you cringe when people say the phrase 'Personal Finances'? Learn how to create and actually live on the dreaded 'B' word: budget! The most successful businesses all have a plan when it comes to their money and you should too. In this class, you finish your own personal budget with the guidance of our instructor. This is a 2-for-1 class, so bring your spouse because he/she gets in free!

- 1 TAYLORSVILLE TU 4:30 PM - 6:00 PM 1X SEP 30 \$29
- 2 TAYLORSVILLE TU 4:30 PM - 6:00 PM 1X NOV 25 \$29

GET OUT OF DEBT

A recent study done by CNN said about half of Americans are now at poverty level. A big reason for this is because we've amassed a lot of debt. This class is taught from the perspective that debt is dumb. This course changes your perspective on how to view debt while teaching you the fundamentals of getting out and staying out of debt in order to build some wealth. This class does not go over wealth building.

- 1 TAYLORSVILLE TU 7:00 PM - 8:00 PM 4X NOV 4 \$49

HELP! I WANT TO RETIRE IN 1 TO 4 YEARS

Are you planning or just hoping you can retire in 1-4 years? Learn the things you need to be considering to help you prepare financially for this exciting day. Topics include: retirement income planning, social security, structuring investments, and health care.

- 1 TAYLORSVILLE TU 7:00 PM - 8:30 PM 2X SEP 9 \$29
- 2 COTTONWOOD TH 7:00 PM - 8:30 PM 2X NOV 6 \$29

HOW TO BEGIN INVESTING

Are you tired of not earning anything at the bank in savings accounts and cd's? Are you at a point where you have money each month to invest? Does your employer not offer a way to begin saving for retirement? Come learn the basics of how to invest, different investments options (stocks, bonds, mutual funds, real estate, and more) the risks of investing and how to minimize them, and where to start on any budget.

- 1 HUNTER TU 7:00 PM - 8:30 PM 1X SEP 23 \$29

SAVVY SOCIAL SECURITY PLANNING

What do baby boomers need to know to maximize retirement outcome? After being told for years that Social Security is going broke, baby boomers are realizing that it will soon be their turn to collect. This informative course covers the basics of social security and reveals strategies for maximizing your benefits. Learn the five factors to consider before applying, how to coordinate spousal benefits, and how to minimize taxes on social security benefits.

- 1 HUNTER TH 6:30 PM - 8:00 PM 1X SEP 11 \$29
- 2 SKYLINE TH 6:30 PM - 8:00 PM 1X SEP 18 \$29
- 3 COTTONWOOD W 6:30 PM - 8:00 PM 1X OCT 1 \$29
- 4 HUNTER TH 6:30 PM - 8:00 PM 1X NOV 13 \$29
- 5 COTTONWOOD W 6:30 PM - 8:00 PM 1X DEC 3 \$29

STOCK MARKET INVESTING BASICS

Have you been intrigued by the stock market and want to participate as an active investor but haven't known how. Come learn the basics of opening an account, buying and selling, the risks, and the potential returns for being a stock investor.

- 1 COTTONWOOD TU 7:00 PM - 8:30 PM 1X OCT 7 \$29

UNDERSTANDING SOCIAL SECURITY, MEDICARE AND LONG TERM CARE

If you are nearing retirement, or in retirement, understand how social security works and what your options are for retirement planning. Discuss when you should take social security, how Medicare works, how to protect yourself against losses due to Long Term Care expenses, and how to plan appropriately to make sure you never run out of money during retirement.

- 1 COTTONWOOD W 6:30 PM - 8:30 PM 1X SEP 10 \$19
- 2 SKYLINE TU 6:30 PM - 8:30 PM 1X OCT 14 \$19
- 3 CONNECTION TU 6:30 PM - 8:30 PM 1X NOV 18 \$19

Pets

DOG TRAINING

Enjoy a well-behaved K-9 citizen in your home. Owners are instructed how to introduce commands including: sit, down, come, stay and heel. Bring your 16 week or older dog on the first night of class with a nylon or leather leash and a flat buckle collar. Bring proof of current vaccinations.

- 1 TAYLORSVILLE W 6:00 PM - 7:00 PM 6X SEP 3 \$75

*For off site locations, please call
385-646-5439

PET CARE AT HOME FOR YOUR CAT *

We have all heard cats clean themselves, but is it true? Yes and no. Some Cats need help to keep their coat in optimal condition. Age, weight, arthritis, injury, and simply too much fur can keep your cat from cleaning themselves. In this class you and your cat share a one on one grooming experience with a Certified Feline Master Groomer. Learn which grooming tools work best for your cat, how to keep up with your cat's coat, and how to trim nails. Topics also include bathing, ear cleaning, dental health, and nutrition. Please bring your cat and all home grooming tools and products.

- 1 MEOWSER W 7:00 PM - 8:00 PM 1X SEP 10 \$45
- 2 MEOWSER W 7:00 PM - 8:00 PM 1X OCT 8 \$45
- 3 MEOWSER TH 7:00 PM - 8:00 PM 1X NOV 13 \$45
- 4 MEOWSER W 7:00 PM - 8:00 PM 1X DEC 3 \$45

PET CARE AT HOME FOR YOUR DOG *

Are you tired of getting charged extra by your groomer? Or, would you just like to increase your at home skills in caring for your pet in between grooming appointments? Our professional gives you one on one instruction on proper combing and brushing, home bathing, nail trimming, ear cleaning, eye care, and tooth brushing. Bring your dog for practice. Also, please bring any home tools and products you regularly use on your pet.

- 1 MEOWSER TH 7:00 PM - 8:00 PM 1X SEP 18 \$45
- 2 MEOWSER TH 7:00 PM - 8:00 PM 1X OCT 16 \$45
- 3 MEOWSER W 7:00 PM - 8:00 PM 1X NOV 5 \$45
- 4 MEOWSER TH 7:00 PM - 8:00 PM 1X DEC 11 \$45



Relationships



THE ENERGY OF RELATIONSHIPS

New Would you like to reduce your stress by communicating more effectively with others of a different stress style mode? Discover your primary sensory stress mode you revert to when stressed and learn techniques to balance your energy to achieve positive communication with others in fun interactive ways. Bring a spouse, a friend, or a family member to learn each other's styles and the best de-stress energy techniques to have a relationship filled with harmony.

1 TAYLORSVILLE W 6:00 PM - 7:30 PM 2X NOV 5 \$45

Self

BODY LANGUAGE – A GUIDE TO NON-VERBAL COMMUNICATION

Learn how to read your own and others' body language by gaining an understanding of body positioning, movements, and gestures. Develop your observational skills and become a better communicator.

1 SKYLINE TU 7:30 PM - 9:30 PM 1X SEP 9 \$29
 2 SKYLINE TU 7:30 PM - 9:30 PM 1X OCT 7 \$29

DON'T STRESS OUT!

Do all the things going on in your life have you stressed? Relax. Stress impacts your mind and body and overall well-being. Learn preventative skills to reduce the severity of stress and de-escalation techniques to manage it once it occurs.

1 TAYLORSVILLE TU 6:30 PM - 8:00 PM 1X SEP 16 \$29
 2 TAYLORSVILLE TU 6:30 PM - 8:00 PM 1X OCT 21 \$29

EMPOWER YOUR LIFE TO SUCCESS

New Do you want to have a more successful and happier life? Come and learn how to get rid of your negative thoughts, employ the two solid character-building traits that are essential to your success, strengthen your confidence to reach your desired goals, have better relationships at home, become more successful at work, and enhance your success employing techniques that are long-lasting and life-changing.

1 SKYLINE W 7:00 PM - 9:00 PM 3X SEP 3 \$49

ENERGY ENHANCEMENT FOR WOMEN

Learn to balance your energy and find more joy in the most important times in a woman's life: PMS, menopause, fertility/pregnancy/delivery and my favorite weight management. Learn great energy techniques in this class to help all phases of a woman's life.

1 TAYLORSVILLE W 6:00 PM - 7:30 PM 3X SEP 3 \$49

MAP OF YOUR INNER BEING – ENJOY THE JOURNEY!

Understand better the functions of the conscious and subconscious mind for personal growth and self-awareness. Empower yourself by understanding how the mind creates your identity and reality. Learn simple and effective words and patterns of language you can use to attain your goals in life. Discover the answers to some of the questions inside of you and enjoy the journey of accessing them.

1 SKYLINE TU 5:30 PM - 7:30 PM 1X SEP 9 \$29
 2 SKYLINE TU 5:30 PM - 7:30 PM 1X OCT 7 \$29

MEDICARE BASICS

Are you confused with all the fine print and need someone to clarify questions? Let our expert show you everything there is to know about Medicare: the paperwork, the processes, the benefits. Find out what you and your family are entitled to and if you are eligible for benefits. Leave class with a plan to make it work for you.

1 HUNTER W 6:00 PM - 7:30 PM 1X SEP 10 \$19
 2 COTTONWOOD W 6:00 PM - 7:30 PM 1X SEP 17 \$19
 3 HUNTER W 6:00 PM - 7:30 PM 1X OCT 8 \$19
 4 COTTONWOOD W 6:00 PM - 7:30 PM 1X OCT 15 \$19
 5 HUNTER W 6:00 PM - 7:30 PM 1X NOV 12 \$19
 6 COTTONWOOD W 6:00 PM - 7:30 PM 1X NOV 19 \$19
 7 HUNTER W 6:00 PM - 7:30 PM 1X DEC 10 \$19
 8 COTTONWOOD W 6:00 PM - 7:30 PM 1X DEC 17 \$19

RELATIONSHIPS CAN BE FOREVER!

Be the very best person we can be to ourselves. People change from the inside out, and we are in charge of changing ourselves. The research and literature refers to activating, nurturing, strengthening, and protecting our inner real self. Enjoy class activities for singles and couples who want to meet others with similar goals and values. Taught by the popular Dr. Ken Hennefer. Each week is a different topic/class. Classes begin September 3. Best deal for a weekly boost. Pay \$5 per week at the door, room 209. Please park on the south side of Cottonwood High School.

1 COTTONWOOD W 7:00 PM - 9:00 PM 1X WEEKLY \$5

TAROT CARD READING – INTRODUCTION

Look into your future, and even see the present more clearly. Interested in reading tarot cards? This course is designed to show you how to use the tarot cards for yourself. The first known tarot cards were created in northern Italy during the 15th century. The original purpose of tarot cards was for playing games, and then later became associated with mysticism and magic. Explore the history of tarot cards and learn how to read the cards for yourself. This is an informational, introductory class. Bring your deck of tarot cards the first night of class.

1 TAYLORSVILLE TU 6:00 PM - 7:30 PM 6X SEP 2 \$55
 2 COTTONWOOD TH 6:00 PM - 7:30 PM 6X SEP 4 \$55
 3 TAYLORSVILLE TU 6:00 PM - 7:30 PM 6X OCT 21 \$55
 4 COTTONWOOD TH 6:00 PM - 7:30 PM 6X OCT 23 \$55



It is the policy of Granite School District that no person shall on the grounds of race, religion, color, sex, national origin, or mental or physical disability be excluded from participation in, denied the benefits of, or be subject to discrimination in employment or services rendered.





ARTS

Crafts

BEGINNING QUILTING

If you have ever been interested in learning how to piece a quilt, join Beginning Quilting. Our instructor has years of quilting experience and is eager to share the knowledge she has gained. Learn all the ins and outs of making an entire quilt in just three weeks. Pattern is included. Materials are separate and can be found on our website. Sewing machines provided.

1 TAYLORSVILLE W 6:30 PM - 8:30 PM 3X SEP 3 \$55

INTERMEDIATE QUILTING

Love beginning Quilting! Come to this new intermediate class and learn how to make more by adding onto what you already know. You will learn points, stars, and new tricks for your quilt piecing. Just like in beginning you will have a fun quilt at the end of your three short weeks.

1 TAYLORSVILLE W 6:30 PM - 8:30 PM 3X OCT 15 \$55

CRAFT NIGHT OUT – PHRASE BLOCKS

Come to our make-and-take craft night out! We are making decorative phrase blocks, perfect for sprucing up your mantle or bookshelf. There are hundreds of colors and styles to choose from. All supplies included. Photo shows the 'Spring' phrase; however, the following phrases will also be available: Family, Love, Home, Spring, Summer. You may also request a custom phrase of 6 letters or less; requests must be made at least 48 hours before class. Call 385-646-5439 for more information.

1 COTTONWOOD W 8:00 PM - 9:00 PM 1X SEP 17 \$35

2 COTTONWOOD W 7:30 PM - 9:00 PM 1X OCT 22 \$35

3 COTTONWOOD W 6:30 PM - 8:00 PM 1X DEC 10 \$35

GLASS ETCHING

Learn a new crafty skill and get a night out too! Learn the techniques and tricks on how to etch glass in this hands on class. Etched glass makes a wonderful, personalized gift year round. Take home your creations at the end of class. All supplies provided.

1 COTTONWOOD W 6:30 PM - 7:30 PM 1X OCT 22 \$29

2 COTTONWOOD W 8:00 PM - 9:00 PM 1X DEC 10 \$29

HOMEMADE CHRISTMAS ORNAMENTS



Personalize your Christmas tree decorations—and get into the spirit of the season!—as you create your own homemade Christmas ornaments. Discover ideas that you can make on your own or do with the entire family. All materials provided.

1 GRANGER M 6:30 PM - 8:30 PM 1X DEC 1 \$39

2 COTTONWOOD TH 6:30 PM - 8:30 PM 1X DEC 4 \$39

KNITTING AND CROCHET

What would be more enjoyable on a cold winter's evening than gathering with friends and knitting? Learn how to complete knitting or crochet patterns. Take your skills to the next level whether you are a beginner or an intermediate knitter. Bring your needles and yarn the first night of class. Patterns are offered.

1 COTTONWOOD W 7:00 PM - 9:00 PM 6X SEP 10 \$59

CROCHET

Open to everyone - the young and the young at heart, beginners through advanced. Create works of art using yarn and crochet hooks with the instructor offering assistance and advice. Bring two ounce cotton yarn and size H crochet hook.

1 TAYLORSVILLE TU 7:00 PM - 8:00 PM 8X SEP 9 \$49

KNITTING KNOW HOW

Snuggle up with a warm creation on chilly nights. Cast on, knit, purl, calculate gauge, increase, decrease, and create basic stitch patterns. Get started on a new knitting project. Both beginning and intermediate students are welcome. Please bring a skein of yarn and needles with you to class. Patterns for several simple items are supplied.

1 TAYLORSVILLE TU 6:00 PM - 7:00 PM 8X SEP 9 \$49

PINTEREST 101

Have you heard of Pinterest? Pinterest is a visual discovery tool on the internet that people use to collect ideas for their different projects and interests. People create and share collections (called 'boards') of visual bookmarks (called 'pins') that they use to do things like plan trips and projects, organize events, or save articles and recipes. Pinterest can be a very useful tool for anybody and everybody! Learn how to use Pinterest in this fun new class.

1 COTTONWOOD W 7:45 PM - 9:00 PM 1X NOV 12 \$29

Dance

BALLROOM – BEGINNING

Great date night. Learn fun, easy, beginning level patterns in a variety of dances plus lead, follow, styling, and technique so you can hit the dance floor in style. Class taught by Margene Anderson. Tuition is per couple.

1 COTTONWOOD TH 6:30 PM - 7:30 PM 6X SEP 4 \$69

2 COTTONWOOD TH 6:30 PM - 7:30 PM 6X OCT 23 \$69

BELLY DANCE – BEGINNING

Dismiss all those rumors you've heard about belly dancing. An ancient oriental style of dance, belly dancing has been around since biblical times. Used as a form of celebration, it is a great way to improve your posture while getting in shape. If the gym just isn't your thing, try this unique and fun alternative.

1 GRANGER W 7:00 PM - 8:00 PM 6X SEP 10 \$55

2 TAYLORSVILLE W 8:00 PM - 9:00 PM 6X SEP 24 \$55

3 TAYLORSVILLE W 8:00 PM - 9:00 PM 6X NOV 5 \$55

BELLY DANCE – INTERMEDIATE

Our professional belly dance instructor incorporates more advanced movements and combinations for you to master. You are encouraged to work at your own level as you use beautiful moves for a great workout.

1 GRANGER W 6:00 PM - 7:00 PM 6X SEP 10 \$55

2 TAYLORSVILLE W 8:00 PM - 9:00 PM 6X SEP 24 \$55

3 TAYLORSVILLE W 8:00 PM - 9:00 PM 6X NOV 5 \$55

BELLY DANCE BURN

Shake up your heartbeat with the shimmy and other belly dance moves. Bring a friend and burn calories while having fun in this alternative to a traditional workout. A beginning level belly dance class is recommended before taking this class.

1 SKYLINE TH 7:00 PM - 8:00 PM 6X SEP 4 \$55

2 SKYLINE TH 7:00 PM - 8:00 PM 6X OCT 23 \$55

HIP HOP

Get your groove on. Forget the stresses of the day as you move in rhythm to today's hottest music. Strengthen your coordination, build balance, and develop your own personal style. Be the next craze on the dance floor. Please wear comfortable clothing.

1 HUNTER TH 8:00 PM - 9:00 PM 6X SEP 4 \$55



SALSA AND MERENGUE DANCING

New Sizzle on the dance floor with these exciting Latin rhythms. Learn fun, easy, beginning level patterns plus lead, follow, styling, and technique so you can hit the dance floor with confidence! Class taught by Margene Anderson. Tuition is per person.

1 COTTONWOOD TH 7:30 PM - 8:30 PM 4X SEP 4 \$39

SWING

New Discover how much fun swing dancing is and how it can be used in many dance settings. Explore different styles including East Coast Swing and West Coast Swing. Learn fun, easy, beginning-level patterns, plus lead, follow, styling, and technique so you can hit the dance floor with confidence. Class taught by Margene Anderson. Tuition is per couple.

1 COTTONWOOD TH 7:30 PM - 8:30 PM 6X OCT 2 \$39

Languages

CHINESE – BEGINNING 1

Begin your journey of Mandarin Chinese, the most commonly spoken language in the world. Chinese has long been stigmatized as one of the hardest languages to learn. Many aspects of Chinese are actually quite easy. The instructor gives you all the necessary tools to begin understanding the aspects of the language that are genuinely difficult to master. Spend time working on pronunciation (Pinyin), tones, and syntax. Listening and speaking is our emphasis, reading and writing is not covered. Join us in this course and remember the words of the ancient philosopher Lao Tzu, 'The journey of a thousand miles begins with one step.'

1 CONNECTION M 6:00 PM - 7:30 PM 8X SEP 8 \$75

CHINESE – BEGINNING 2

Welcome back, Chinese Beginning 1 students and all learners with some experience in Mandarin Chinese. Begin to structure your sentences, learn to say what you want to say, and answer any questions from your personal studies with this class. Find the support and hands-on learning you need to continue in your study of Mandarin Chinese, as well as access to the tools you need. Remember the words of the ancient philosopher Lao Tzu, "If you do not change direction, you may end up where you are heading."

1 CONNECTION M 7:30 PM - 9:00 PM 8X SEP 8 \$75

2 CONNECTION M 6:00 PM - 7:30 PM 7X NOV 3 \$69

CHINESE – BEGINNING 3

New Welcome back Chinese Beginning 2 students and all learners with some experience in Mandarin Chinese. Improve your sentence structure, learn to say what you want to say, and answer any questions from your personal studies with this class. This class prepares you for the intermediate level. The instructor is a native speaker. Find the support and hands-on learning you need to continue in your study of Mandarin Chinese, and access to the tools you need. Remember the words of the ancient philosopher Lao Tzu, 'If you do not change direction, you may end up where you are heading.'

1 CONNECTION M 7:30 PM - 9:00 PM 7X NOV 3 \$69

FRENCH – BEGINNING

Bienvenue! Welcome to French, the language of romance. Begin your study of French with the basics. Start off with an introduction to the alphabet and pronunciation, numbers, calendar, family, weather, and simple vocabulary. Be introduced to important key verbs and simple present tense. Practice simple questions, greetings and farewells in basic conversation. Specifically designed for those with no previous exposure to French or would like a continuation of French for Travelers class.

1 SKYLINE TU 6:00 PM - 7:30 PM 8X SEP 2 \$75

2 COTTONWOOD W 6:00 PM - 7:30 PM 8X SEP 10 \$75

NO CLASSES HELD

OCTOBER 16 & 17, 2014
NOVEMBER 26 - 28, 2014

FRENCH – INTERMEDIATE

Continue to improve your conversational French. Emphasis is placed on more complex linguistic structures, reading, writing, and speaking skills. Use a Carnet des Petites Choses (tidbit journal). The instructor has lived in France multiple times and provides a cultural experience while teaching the language at an intermediate level.

1 COTTONWOOD W 7:30 PM - 9:00 PM 8X SEP 10 \$75

2 SKYLINE TU 7:30 PM - 9:00 PM 8X OCT 28 \$75

FRENCH FOR TRAVELERS

Obtain the speaking skills a tourist would need on a vacation or trip to a French-speaking country. Learn the most commonly used words and verbs with basic grammar taught throughout the course. Tailored for travelers, learn about greetings, the weather, getting around, asking for directions, and ordering food. A cheese tasting from different French towns is also included. This fun class is a quick way to learn basic French and conversation and even some traveling tips for those target destinations.

1 COTTONWOOD TH 7:30 PM - 9:00 PM 4X SEP 11 \$49



GERMAN – BEGINNING

Did you know the official language of the U.S. was almost German in colonial times? Discover this language of rich history and tradition in a conversational approach to basic grammar and vocabulary. Great for travelers too.

1 CONNECTION W 6:00 PM - 7:30 PM 8X SEP 3 \$75

GERMAN – INTERMEDIATE

Mein Deutsch ist nicht sehr gut. Is your German in need of some polishing? Refresh those language skills through speaking, writing, reading, and listening.

1 CONNECTION W 7:30 PM - 9:00 PM 8X SEP 3 \$75

KOREAN – BEGINNING

Learning the Korean language is not as hard as you think with the help of our experienced instructor. She uses different techniques to help the learning process. You start out learning the authentic Korean script and alphabet called, Hangul. Culture is incorporated into each lesson. Experience the Asian culture and language and see how fun it can be!

1 CONNECTION TH 6:00 PM - 7:30 PM 8X SEP 4 \$75

KOREAN – BEGINNING 2

Continue your studies of the Korean language at the beginning level. Our experienced instructor continues the learning process of the authentic Korean script and alphabet called, Hangul. Culture is incorporated into each lesson and new vocabulary words are added. Experience the Asian culture and language and see how fun it can be!

1 CONNECTION TH 7:30 PM - 9:00 PM 8X SEP 4 \$75

SIGN LANGUAGE – BEGINNING

American Sign Language (ASL) is a beautiful visual language. Be introduced to conversational strategies, spatial referencing, constructive structure, and facial expression to teach the basics of conversation. Emphasis is on the development of expressive and receptive skills as well as awareness of the deaf culture.

1 HUNTER TU 7:00 PM - 8:30 PM 8X SEP 2 \$75
 2 COTTONWOOD W 7:00 PM - 8:30 PM 6X OCT 15 \$59
 3 HUNTER TU 7:00 PM - 8:30 PM 8X OCT 28 \$75

SIGN LANGUAGE – INTERMEDIATE

Strengthen your American Sign Language (ASL) skills from our first class. Practice more complexities of the language with advanced hand positions, facial expressions, and body posture. We also strengthen interpretation of others' expressions and movement.

1 HUNTER TU 5:30 PM - 7:00 PM 8X SEP 2 \$75
 2 HUNTER TU 5:30 PM - 7:00 PM 8X OCT 28 \$75

SPANISH – BEGINNING 1

Begin your study of Spanish with the basics. Start off with an introduction to the alphabet and pronunciation, numbers, gender, adjectives, simple vocabulary, and colors. Be introduced to simple present tense. Practice greetings and farewells in basic conversation. This class is specifically designed for those who have no previous exposure or experience with Spanish.

1 GRANGER TU 6:00 PM - 7:30 PM 8X SEP 9 \$75
 2 GRANGER TU 6:00 PM - 7:30 PM 6X NOV 4 \$59

SPANISH – BEGINNING 1 AND 2

Do you have a little experience with the Spanish language but don't feel you're ready for an intermediate class? This combination class was made for you in mind! Start off with an introduction to the alphabet and pronunciation, numbers, gender, and simple present tense. Once the basics have been taught, continue to improve those skills by adding upon what you've already learned. Build sentence structure with the simple present and the present progressive. Practice and understand conjugation with both regular and irregular verbs. Remember practice makes perfect in this level 1 and 2 combined Spanish class!

1 TAYLORSVILLE TU 6:00 PM - 8:00 PM 6X SEP 9 \$75
 2 TAYLORSVILLE TU 6:00 PM - 8:00 PM 6X OCT 28 \$75

SPANISH – BEGINNING 2

Focus on improving basic skills in Spanish by adding upon what you've already learned. Continue building sentence structure with the simple present and the present progressive. Practice and understand conjugation with both regular and irregular verbs. Pre-requisite: Spanish Beginning 1 or equivalent.

1 GRANGER TU 7:30 PM - 9:00 PM 8X SEP 9 \$75
 2 GRANGER TU 7:30 PM - 9:00 PM 6X NOV 4 \$59

SPANISH – INTERMEDIATE 1

Master your knowledge with the present tense as well as learning the future tense. While focusing on the conjugations, we continue to practice with prepositions and more intermediate grammar points. Ability to conjugate regular and irregular verbs in the present tense is required. An introduction of the past tense will be integrated towards the end of the session. Pre-requisite: Spanish Beginning 2 or equivalent.

1 GRANGER W 6:00 PM - 7:30 PM 8X SEP 3 \$75
 2 GRANGER W 6:00 PM - 7:30 PM 6X NOV 5 \$59

SPANISH – INTERMEDIATE 2

Now that you've studied reading, spelling, irregular verbs and regular verbs in present, past and future tenses, it's time to become comfortable with all areas of the past tense. These four areas are preterit, imperfect, past progressive and used to with the verb *soler*. In this class, practice makes perfect! Pre-requisite: Spanish Intermediate 1 or equivalent.

1 GRANGER W 7:30 PM - 9:00 PM 8X SEP 3 \$75
 2 GRANGER W 7:30 PM - 9:00 PM 6X NOV 5 \$59

SPANISH – ADVANCED 1

Direct and Indirect objects are taught in their entirety in this class. As we take the time to learn this concept, we continue to practice present, past and future tenses. Pre-requisite: Spanish Intermediate 2 or equivalent.

1 GRANGER TH 6:00 PM - 7:30 PM 6X SEP 4 \$59
 2 GRANGER TH 6:00 PM - 7:30 PM 6X NOV 6 \$59

SPANISH – ADVANCED 2

Understand how to properly use the perfect tense. This is applied to all previously learned tenses: past, present and future. While learning the perfect tense, we continue to practice the direct and indirect objects and pronouns. Pre-requisite: Spanish Advanced 1 or equivalent.

1 GRANGER TH 7:30 PM - 9:00 PM 6X SEP 4 \$59
 2 GRANGER TH 7:30 PM - 9:00 PM 6X NOV 6 \$59

SPANISH – ADVANCED 3

Continue speaking, reading and writing in Spanish while learning the command and subjunctive modes. The verb *Gustar* is also introduced and practiced. Pre-requisite: Spanish Advanced 2 or equivalent.

1 CONNECTION M 6:00 PM - 7:30 PM 8X SEP 8 \$75
 2 CONNECTION M 6:00 PM - 7:30 PM 6X NOV 3 \$59

SPANISH – ADVANCED 4

Practice all that you have learned in your previous language experience, whether it is from living in another country or learning it in a class. Grammar, reading, spelling and writing skills are practiced. Culture is also added to this class to encourage proper use of the language. The teacher will focus on the students' needs to keep your skills up. This class is for those who are at a high fluency level and it is taught entirely in Spanish. Pre-requisite: Spanish Advanced 3 or equivalent.

1 CONNECTION M 7:30 PM - 9:00 PM 8X SEP 8 \$75
 2 CONNECTION M 7:30 PM - 9:00 PM 6X NOV 3 \$59

Music

BANJO – BLUEGRASS 1

Sit down with an experienced banjo player to practice the basic Earl Scruggs picking styles and techniques for the five-string banjo. We review tuning, roll-patterns, chords, and accompaniment techniques for beginning and intermediate-level songs. Bring a five-string banjo to class. Supplemental materials are offered.

1 GRANGER TU 6:00 PM - 7:00 PM 8X SEP 16 \$59

385.646.5439

Please call for more information

BANJO – BLUEGRASS 2

For the intermediate and advanced bluegrass enthusiasts that are looking for a little bit more, come share and jam with your fellow pickers and grinders. Build your circle of friends and your skills at the same time. Materials are offered but bring a five-string banjo.

1 GRANGER TU 7:00 PM - 8:00 PM 8X SEP 16 \$59

BANJO – BLUEGRASS 3

Are you an intermediate banjo player with the ability to read and play new tablatures at a glance? Explore string tricks and techniques as well as an in-depth study of the fingerboard and chord positions up and down the neck. Count on some great new songs that introduce improvisational concepts, kickers, tags and endings. Pre-requisite classes are Banjo 1 and 2. Bring a five string banjo and note taking materials to the first class. Supplemental class materials are offered.

1 GRANGER TU 8:00 PM - 9:00 PM 8X SEP 16 \$59

BEHOLD THE HARMONICA

Harmonica pro Evan Williams teaches introductory harmonica instruction, guiding students onto a new plane of confident musicianship. The harmonica is a pathway to learning basic music theory and understanding how to play along with other musicians. Few people are learning to play the harmonica these days; those who do are the last best hope for the survival of a wicked sound. A 10 hole diatonic Honer Harmonica in the key of C is required for the course.

1 CONNECTION W 6:30 PM - 8:00 PM 6X SEP 3 \$69

2 CONNECTION W 6:30 PM - 8:00 PM 6X OCT 22 \$69

BEHOLD THE HARMONICA 2

New The sequel to Behold the Harmonica 1 is for intermediate players who wish to improve, and for students who took Behold the Harmonica 1. Advanced songs, playing harp with guitar, bending philosophy, and playing songs by ear will be emphasized (Wicked will become your middle name). So if you've played the harmonica for a while and have hit a wall, this class is for you.

1 CONNECTION TU 6:30 PM - 8:00 PM 6X SEP 9 \$59

2 CONNECTION TU 6:30 PM - 8:00 PM 6X OCT 21 \$69



GUITAR – BEGINNING

Strum to your heart's content as you are introduced to tuning, chords, chord progression, strumming, picking and fingering. Build a foundation for intermediate and advanced techniques. No previous experience necessary or expected. Please bring your guitar, a guitar tuner, notebook, and pen to class. Supplemental materials are offered for practice.

1 GRANGER M 6:00 PM - 7:00 PM 8X SEP 15 \$59

2 GRANGER M 7:00 PM - 8:00 PM 8X SEP 15 \$59

GUITAR – BLUEGRASS 1

Study lead and rhythm guitar in a bluegrass setting. We cover the basics to intermediate bluegrass rhythms and backup styles of famous artists. All levels and styles welcome. It is not necessary to have taken the Guitar - Beginning class, however, some knowledge of chords and previous guitar experience is helpful. Bring your guitar.

1 GRANGER W 6:00 PM - 7:00 PM 8X SEP 17 \$59

GUITAR – BLUEGRASS 2

New Take it up a notch towards bluegrass and explore flat-picking melodies and various lead techniques. Hear your ability to play improve each week. Bring your guitar to the first class. Taught by Tim Morrison. Pre-requisite: Guitar: Bluegrass 1 or approval from instructor.

1 GRANGER W 7:00 PM - 8:00 PM 8X SEP 17 \$59

GUITAR – BLUEGRASS 3

We really take it up another notch in this third class, specifically geared towards bluegrass and exploring flat-picking melodies and various lead techniques. Hear your ability to play improve each week! Bring your guitar to the first class. Taught by Tim Morrison. Pre-requisite: Guitar: Bluegrass 2 or approval from instructor.

1 GRANGER W 8:00 PM - 9:00 PM 8X SEP 17 \$59

GUITAR – ACOUSTIC BEGINNING

New This low-key class is for the beginner who has always wanted to learn to play the guitar but thought it was too difficult. Learn how easy it is to strum and pick your favorite tunes. Class covers tuning, chords, keys, strumming, and picking. Teens and adults. Bring your own acoustic guitar. Teacher: T. Pat Leary.

1 COTTONWOOD W 5:00 PM - 6:00 PM 8X SEP 3 \$59

2 COTTONWOOD W 5:00 PM - 6:00 PM 7X OCT 29 \$55

INTRODUCTION TO THE HARP

New The Harp is one of the oldest known musical instruments. The Harp in its simplest form dates back to ancient Egypt and Mesopotamia. It also has a rich Celtic history. Have you always wanted to try the harp but thought, "I don't even know where to start?" Well, start here. Our professional harpist wants to share her passion of the harp with everyone. Join her as she gives a basic history and overview of this beautiful instrument. No need to bring a harp as our instructor will have one for you to try.

1 SKYLINE TH 5:00 PM - 6:00 PM 1X SEP 11 \$19

2 SKYLINE TH 5:00 PM - 6:00 PM 1X OCT 9 \$19

3 SKYLINE TH 5:00 PM - 6:00 PM 1X NOV 13 \$19

HARP LESSONS

New Register for six private half-hour lessons. Have the opportunity to play this beautiful instrument. Emphasis placed on helping each student develop strong, sound techniques. Children who take this class must have the ability to read. Call 385-646-5439 to register and reserve a spot for you or your child!

1 SKYLINE TH 5:00 PM - 9:00 PM 6X SEP 18 \$75

Performing Arts

ACTING LESSONS

Are you a star looking for a stage? Find your way with acting lessons! Focus on improving stage presence, method and building the confidence necessary to succeed in acting. Mark your calendar for the last session when students show what they know and perform skits for family and friends.

1 CONNECTION M 8:00 PM - 9:00 PM 6X SEP 8 \$55

Visual

HALLOWEEN FACE PAINTING

New Want a Halloween costume that will stand out above the crowd? Take it to the next level by learning how to face paint. From ghouls and goblins to fairies and princesses, learn how to make any costume come to life! Study the designs the teacher brings to class, or bring your own to create. All materials provided.

1 TAYLORSVILLE W 6:00 PM - 7:15 PM 1X OCT 22 \$29

2 COTTONWOOD TH 6:00 PM - 7:15 PM 1X OCT 23 \$29



INTRO TO DIGITAL PHOTOGRAPHY

New Do you know what to do with all those fabulous pictures you've taken on your digital camera? Join our experts as they show you how to upload your pictures onto your computer. Once on your computer you can put your pictures into a variety of programs to use in many ways. Learn all about those programs and how to best access them from our experts. Time to take pictures. Ready Set Click!

1 HUNTER	TU	6:00 PM - 8:00 PM	1X	SEP 2	\$35
2 SKYLINE	TH	6:00 PM - 8:00 PM	1X	OCT 2	\$35
3 HUNTER	TU	6:00 PM - 8:00 PM	1X	NOV 4	\$35

PHOTOGRAPHY WITH DSLR CAMERA

Do you own a DSLR (digital single-lens reflex) or are planning to buy one in the very near future? Learn how to take your camera off 'auto' and put it into manual mode. Discover everything you need to know to take fantastic pictures using f stops, shutter speeds, ISO, white balance, lighting, lenses and filters. Composition also is covered by our expert teacher.

1 COTTONWOOD	TH	7:00 PM - 9:00 PM	4X	SEP 11	\$79
2 TAYLORSVILLE	TU	7:00 PM - 9:00 PM	4X	OCT 28	\$79

**For off site locations, please call
385-646-5439*

ADOBE PHOTOSHOP BASIC INTRODUCTION

Are you new to Photoshop? Have you heard how fabulous Photoshop is and want to get an introduction to its functions? Our professional teacher starts with the basics and works her way up to editing. Explore all the Photoshop functions, tools, and techniques that will help make your images into finished products. Learn how to resize and save your photos, remove flaws, fix blemishes and smooth skin, adjust color and levels, change color photos to black and white, and work with layers. By the end of class, understand the basics of Photoshop and be well on your way to making digital masterpieces. Earn re-licensure points for attending this class.

1 CONNECTION	W	6:30 PM - 8:30 PM	4X	SEP 3	\$79
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WATERCOLOR AND OIL PAINTING *

Re-capture the wonder of nature in art. Create a memorable masterpiece using specific mediums that make your artwork come to life. Work at your own level with help and tips from our instructor. This class is for people that have some watercolor and oil painting experience. Taught by Earl Duerden at Millcreek Activity Center. Call 385-646-5439 for location address. Bring your own painting supplies.

1 MILLCREEK CTR	TH	9:30 AM - 12:30 PM	6X	SEP 11	\$99
2 MILLCREEK CTR	TH	9:30 AM - 12:30 PM	6X	OCT 30	\$99

Writing

E-BOOKS

Learn how to create your very own e-book. E-books are a great way to earn some quick cash, but they can also be a valuable incentive for your website members, and potential clients. E-books must be published in multiple formats to best fit the many devices being used to read e-books today. Learn how to do it right. (Windows Operating Systems Only) Prerequisite: Must have basic computer skills and be comfortable on a computer.

1 COTTONWOOD	W	8:00 PM - 9:00 PM	1X	SEP 10	\$29
2 COTTONWOOD	W	8:00 PM - 9:00 PM	1X	NOV 5	\$29

EDITING YOUR BOOK – WRITER'S CIRCLE

Writing a book and need some direction? Bring your manuscripts (1-10 pages) to be work-shopped in a writers' circle. Our professional editor guides the process with feedback on clarity, mechanics, and cohesion in a friendly, caring environment. Please only submit G/PG-13 rated novels, short stories, and poetry.

1 SKYLINE	TH	6:30 PM - 9:00 PM	6X	SEP 11	\$79
2 SKYLINE	TH	6:30 PM - 9:00 PM	6X	OCT 30	\$79

WRITE YOUR MEMOIRS

Do you remember that story your mom used to tell you about her mom when you were young? What do you remember as a child, a teen, an adult? Maybe you think your life is nothing to write about. Well, you're wrong. You'll be surprised how the mundane transforms into a thought provoking statement. Dive into your past. No one has the same experience in the exact same way. We all feel, see, and interpret things differently. Our instructor offers ideas and techniques in organizing memories and putting your stories into words using maps, floor plans, and senses to create your own historical record. Your kids will appreciate it...your grandkids will love it...and your great-grandkids won't even believe it. The text, 'How to Write Your Own Life Story' is provided.

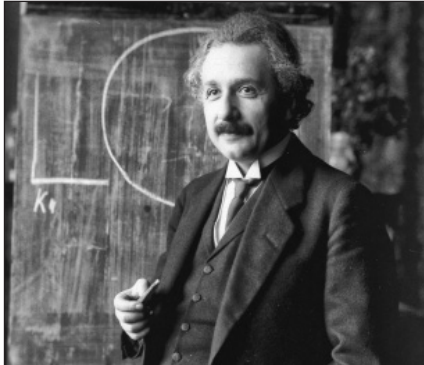
1 COTTONWOOD	TH	6:00 PM - 7:30 PM	8X	SEP 11	\$85
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EDUCATION

Academic Enrichment



THE SCIENCE OF RELATIVITY AND COSMOLOGY

New Albert Einstein completely changed our understanding of time and space as well as motion and gravity, with the theories of Special and General Relativity. These changes led to the discovery that the universe was changing and gave us a way to explore the way that the universe itself came to be as it is now. General Relativity is a cornerstone of modern physics, and is of major importance in its applications to cosmology (the science of the origin and development of the universe). Some of the questions that we explore in this course: What happens when you travel at close to the speed of light? How does relativity change our understanding of time, the past and the future? How do scientists explore the events of the first seconds of the Universe? Have the laws of nature themselves changed, and if so, how could this happen? This class doesn't require a background in physics or math.

1 CONNECTION W 6:30 PM - 8:00 PM 6X SEP 10 \$69

THE SCIENTISTS AND IDEAS OF QUANTUM PHYSICS

"Anyone who is not shocked by quantum theory has not understood it." Niels Bohr. Gain a basic understanding of Quantum Physics from Einstein to Hawking. Focus on a different scientist and their concepts each week for seven weeks. Delve into the life of each scientist and the theories they have brought to the forefront of our world. For a full listing of each week's scientist and the theory highlighted, see our website. Quantum physics has enormous success in explaining many features of our world. Explore the possibilities!

1 CONNECTION W 6:30 PM - 8:00 PM 5X OCT 29 \$69

ACUPREP MATH BASICS: IMPROVE COLLEGE MATH PLACEMENT TEST SCORES

New Trying to test into college / university math classes for credit? Our instructor helps you to prepare for the math placement tests given at local Utah colleges and universities. With classroom instruction, guided practice, and practice tests, our math teacher better prepares you to take the placement test. Curriculum includes: Algebraic operations, solutions of equations and inequalities, coordinate geometry, applications and other algebra topics, functions and trigonometry. Don't get caught in the expensive trap of basic college math classes for no credit; take Acuprep Math Basics and up your scores.

1 CONNECTION W 6:00 PM - 7:30 PM 6X SEP 10 \$69

2 CONNECTION W 6:00 PM - 7:30 PM 6X OCT 22 \$69

ACUPREP MATH 2: IMPROVE COLLEGE MATH PLACEMENT TEST SCORES

New Trying to test into higher level college / university math classes? Go beyond the basics, preparing you to pass math placement tests given at local Utah colleges and universities at a Math 1050 level. Cover the math needed to increase your math placement scores through classroom instruction, guided practice, and practice tests. Curriculum includes: Algebraic operations, Solutions of equations and inequalities, coordinate geometry, Applications and other algebra topics, Functions and trigonometry. Save time and money by taking Acuprep Math 2 and up your placement scores to a Math 1050 level.

1 CONNECTION W 7:30 PM - 9:00 PM 6X SEP 10 \$69

2 CONNECTION W 7:30 PM - 9:00 PM 6X OCT 22 \$69



PLAY

Health & Wellness

ARCHETYPES, CHAKRAS AND HOW TO AWAKEN THE HERO WITHIN

The hero within us lives and it is time to awaken this part of ourselves, so we can maximize our true potential and live meaningful authentic lives. Archetype can be defined as a universal and original pattern of behavior that governs everything we do. There are a number of archetypes that are not only profoundly within us but are also essential to the Journey of the Hero and each archetype is also deeply interwoven with a different chakra. This class offers some of the most profound knowledge in terms of being able to understand ourselves, others, our relationships, areas of pain and suffering and why we attract certain types of people and situations over and over again.

1 CONNECTION W 6:00 PM - 8:00 PM 1X SEP 10 \$49



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If you like Granite Peaks on FaceBook or start to follow us on Twitter, get a **\$5 voucher** towards your next Granite Peaks class!



CONSCIOUS BREATH WORK *

Conscious Breath work is a dynamic breath work that has ability to heal just about anything from stress, anxiety, trauma, fears, shame, guilt, anger as well as physical ailments and disease. It does not put a lid on the problem like some conventional medicines and therapies, but heals it from the root cause to create everlasting positive change. Based on the theory that all disease exists in toxic anaerobic conditions, where individual cells are starved of oxygen because we do not know how to breathe properly, Conscious Breath work teaches us not only to breathe air, but energy and life force. By oxygenating cells in the right way, we can push out all negative energies and disease to bring about healing. The bottom line - disease and energy cannot exist in the same space at the same time. Those who have attended this class have healed many conditions - often in a single session. Please bring a sleeping bag and pillow as this class involves laying on the ground.

- 1 SAFETY BUILDING W 6:00 PM - 9:00 PM 1X SEP 3 \$49
- 2 SAFETY BUILDING TH 6:00 PM - 9:00 PM 1X OCT 9 \$49
- 3 SAFETY BUILDING TH 6:00 PM - 9:00 PM 1X NOV 13 \$49

FELDENKRAIS AWARENESS THROUGH MOVEMENT

New The Feldenkrais Method improves the ability to move, think and feel. It focuses on the relationship between movement, thought and creativity. In an Awareness through Movement (ATM) lesson, explore patterns of movement to discover what other options are available. Learn how to move with more ease and comfort. Whether you want to be comfortable standing, sitting at your desk or performing your favorite pastime, Feldenkrais can improve your overall sense of wellness. The instructor takes you through a series of movement proposals while lying on the ground. The movements are slow, gentle and exploratory. Wear comfortable clothing and bring a mat or blanket. Each week focuses on a different movement. Fall Series: Options for better sitting and standing.

- 1 TAYLORSVILLE W 7:30 PM - 8:30 PM 4X OCT 1 \$65

FINDING YOUR WINGS – INTRODUCTION TO ENERGY HEALING

New Explore meditation, breath work, chakras, auras, Reiki, Quantum-Touch, 2012, pendulums, muscle-testing, and using sound and color for healing. Learn some Emotional Freedom Techniques (EFT) for self, family, friends, and pets. Explore Remote Viewing, Psychometry, Akashic Records, Theta Healing, Forgiveness, Mayan Calendar and the Water Blessing. This introductory class helps you get in touch with your gifts, find your higher purpose, and attain more peace. Clear subconscious thoughts and toxins that make you sick. This class taught by Utahna Tassie.

- 1 CONNECTION W 6:30 PM - 8:30 PM 8X SEP 10 \$89

FORK BENDING FOR THE SOUL

New If you can warm and soften stainless steel with your mind, then easily sculpt it using only your fingers, what else are you capable of? No more excuses! Learn techniques to tap away fears of failure or success. Learn how some EFT tapping, Theta meditation, and the power of intention can help overcome resistance and achieve your goals. Two forks per person provided. Utahna Tassie, LMT, EFT.

- 1 CONNECTION W 7:00 PM - 9:00 PM 1X NOV 19 \$29

LAUGHTER FOR THE SOUL

Laugh and de-stress with The Laughing DJs and Spin-A-Grin while you're here. Laughter for the Soul generates sunshine from the inside out, making you feel oh-so much better after a session of laughing and playing together. It combines yogic breathing and laughter exercises to make a fun-for-all workout routine everyone will enjoy. Join us and connect with some awesome people and nurture your feeling of well-being. Top your chart with record breaking fun!

- 1 COTTONWOOD W 7:00 PM - 8:00 PM 8X SEP 3 \$69

MASTERING THE ART OF SELF HYPNOSIS

Balance your emotions through self-hypnosis. Eliminate stress, jealousy, shyness, and other issues you may struggle with. Feel more confident, attain more energy, and find your inner power. We cover the process for self-hypnosis, hypnotic recall, the subconscious mind, hypnosis for change, and more.

- 1 GRANGER W 6:30 PM - 8:00 PM 6X OCT 15 \$65

PROCESS JOURNALING: CREATIVE MEDITATIONS FOR SELF EXPRESSION

Dive below the surface of your everyday routine to make unexpected connections and have surprising insights by creating your own visual journal. Take this opportunity to playfully and creatively practice self-trust, self-discovery and self-kindness. Gather and collage images from magazines, books, photos, junk mail, ticket stubs, old receipts, and more. Students spontaneously and intuitively enhance and enrich pages with personal writings and collected images, to make a treasured journal in a creative workshop environment. No art experience necessary.

- 1 SKYLINE TU 6:30 PM - 8:30 PM 6X SEP 9 \$79
- 2 SKYLINE TU 6:30 PM - 8:30 PM 6X NOV 4 \$79

Visit our website for Online Registration
granitepeaks.org

SUPER STRETCH

Muscle flexibility is fundamental for all levels of fitness. Movements are based loosely on Yoga, Pilates, and dance. Great for someone that wants to get more flexible in a relaxed atmosphere. Please bring a mat or beach towel and water bottle.

- 1 SKYLINE TU 8:45 PM - 9:15 PM 6X SEP 2 \$39

CORE YOGA FLOW

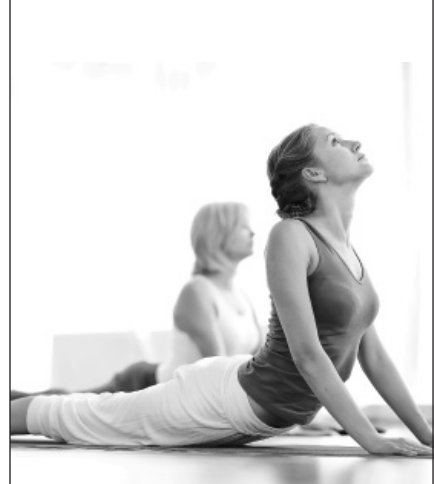
Fire up your center with fluid core work. Breathe, sweat, and move through a variety of yoga poses designed to build core strength. Core Yoga Flow uses fluid movement and balancing sequences that leave you feeling refreshed, in touch with your breath, and strong. With continued practice notice more tone in your entire body as well as increased range of motion, flexibility, circulation, posture, and abdominal strength. Bring your yoga mat.

- 1 SKYLINE TU 7:30 PM - 8:45 PM 7X SEP 2 \$59
- 2 SKYLINE TU 7:30 PM - 8:45 PM 7X OCT 28 \$59

GENTLE YOGA

Gentle Yoga is a form of classical hatha yoga taught by Jamie Chandler. It is perfect for people of any size or any age or fitness level including pregnant women. Gentle Yoga is designed to alleviate fears or challenges you may have about doing yoga. The gentle poses and techniques reduce stress, assist with weight management, and produce greater health and well-being. Students need to be able to get up and down from the floor. A yoga mat and a blanket are required equipment.

- 1 TAYLORSVILLE W 6:00 PM - 7:00 PM 7X SEP 3 \$59
- 2 TAYLORSVILLE W 6:00 PM - 7:00 PM 7X OCT 29 \$59



GENTLE YOGA FLOW

Gentle Yoga Flow is designed to alleviate fears or challenges you may have about doing Yoga. The gentle poses and techniques reduce stress, assist with weight management, and produce greater health and well-being. Students need to be able to get up and down from the floor. Leave each class feeling relaxed, refreshed, and renewed. Bring your yoga mat (block and strap optional). Skyline classes taught by Kristin Liszkowski.

1	SKYLINE	TU	6:00 PM - 7:15 PM	7X	SEP 2	\$59
2	SKYLINE	TU	6:00 PM - 7:15 PM	7X	OCT 28	\$59

RESTORATIVE YOGA

New Come de-stress, deep stretch, and delight in a healthier body. Increase range of motion and counteract unhealthy postural habits that are so common today. Restorative Yoga explores body and mind working in harmony. Leave feeling relaxed, refreshed, and renewed. Bring your yoga mat (block and strap optional).

1	CONNECTION	TH	6:00 PM - 7:15 PM	7X	SEP 4	\$59
2	CONNECTION	TH	6:00 PM - 7:15 PM	7X	OCT 30	\$59

**For off site locations, please call
385-646-5439*

YOGA

Integrate your mind, body, and spirit through Yoga. Incorporate physical postures, breath control, and meditative techniques to lower stress levels, reduce pain, alleviate depression, boost the immune system and increase your flexibility. Work every muscle and every system of the body from inside out. Bring yoga sticky mat, 6 ft. yoga strap, one yoga block, and a stiff blanket.

1	HUNTER	TU	7:15 PM - 8:45 PM	7X	SEP 2	\$59
2	TAYLORSVILLE	W	7:15 PM - 8:45 PM	1X	SEP 3	\$59
3	CONNECTION	TH	7:30 PM - 8:45 PM	7X	SEP 4	\$59
4	HUNTER	TU	7:15 PM - 8:45 PM	7X	OCT 28	\$59
5	TAYLORSVILLE	W	7:15 PM - 8:45 PM	7X	OCT 29	\$59
6	CONNECTION	TH	7:30 PM - 8:15 PM	7X	OCT 30	\$59

ZEN MEDITATION AND SELF HYPNOSIS

Dive into the exciting world of your subconscious mind! Discover the beauty and value of your own personal truths, and powers while having fun. Get hands-on experience with meditation and other trance/hypnosis states. Learn and develop your own tools for personal empowerment including guided meditation/hypnoterapeutic experiences that can be modified and practiced, an understanding and working knowledge of self-hypnosis and meditation, practice writing personalized affirmations for personal goals, and practice writing your own self-hypnosis scripts. Join us and have fun exploring the reservoir of our subconscious mind.

1	CONNECTION	W	6:30 PM - 7:45 PM	6X	OCT 8	\$59
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Outdoor Recreation

BASICS OF FISHING

New Renowned fisherman, Evan Williams offers an extensive look into the most important aspects of learning to fish. Casting techniques, simple knot science, use of drag, use of gait, lures, and flies are just a few of the skills to be covered. A perfect class for beginners of all ages, as well as the experienced anglers. Along with fishing skills-local fishing destinations will be thoroughly examined.

1	CONNECTION	TH	6:00 PM - 7:30 PM	6X	SEP 4	\$69
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FALL HIKING *

Be prepared to meet paradise when you hike with us. Every week you will be introduced to a new trail in the Wasatch Mountains. Many of the trails are easier than you might expect. All hiking abilities and experience are welcome to attend. Orientation is held weekly throughout the year, 30 minutes prior to leaving on the hike. Time of orientations and hikes are slightly adjusted four times a year to accommodate the specific season. Expect to be off the trail before 12 noon. Pre-registration is required so you know exactly when to attend. Bring your receipt with you. Meet us at 6200 South Wasatch Blvd., UTA Park and Ride, far south end of parking lot.

1	PARK & RIDE	SAT	8:00 AM - 11:30 AM	8X	SEP 6	\$45
2	PARK & RIDE	SAT	8:00 AM - 11:30 AM	8X	NOV 1	\$45



We love our LifeLong Learners
and want to further
your quest
for knowledge

INTRODUCING OUR NEW MEMBERSHIPS!

MEMBERSHIP DUES ARE ONLY \$10!

BECOME A LIFE LONG LEARNER MEMBER AND ENJOY A YEAR OF CLASSES
AT A DISCOUNTED PRICE



GEMS, MINERALS, FOSSILS AND ROCK COLLECTING

This class is presented by ROCK, an educational organization made up of members with knowledge and skills in many areas such as geology, lapidary work, paleontology, and mineralogy. Learn a little about Utah's geological history, how and where to do collecting, identify and classify your findings. Discuss tools and equipment used for cutting, tumbling and polishing. Discuss safety in collecting rocks and current laws related to collecting. Receive handout materials on locations and contacts for local rock clubs, rock shows and rock shops. Build a collection in class with various specimens to take home. We also recommend the Gold Prospecting Class following this class.

1	GRANGER	TH	5:00 PM - 7:00 PM	1X	SEP 18	\$39
2	HUNTER	TH	5:00 PM - 7:00 PM	1X	NOV 20	\$43
3	COTTONWOOD	TH	5:00 PM - 7:00 PM	1X	DEC 18	\$39

GOLD PROSPECTING

Only 5% of the world's gold has been discovered. With gold trading at an all-time high of approximately \$1,700 an ounce, panning for gold has made a huge comeback. Our instructor shows you how and where to find gold locally, and also demonstrates new methods of prospecting and panning gold that you can now implement throughout the year! Tuition also includes prospecting equipment you take home with you.

1	GRANGER	TH	7:00 PM - 8:30 PM	1X	SEP 18	\$49
2	HUNTER	TH	7:00 PM - 8:30 PM	1X	NOV 20	\$49
3	COTTONWOOD	TH	7:00 PM - 8:30 PM	1X	DEC 18	\$49

EXTREME VOLLEYBALL INTERMEDIATE TO ADVANCED

Get ready to block, set, and spike! Come play this favorite summer sport inside an indoor, air-conditioned gym. Get a workout and play with other adults of similar ability. A coach is available during play. Best fitness deal in town: \$5 per person per night. Bring a friend and join the excitement.

1	COTTONWOOD	TH	7:00 PM - 9:00 PM	1X	SEP 4	\$5
2	COTTONWOOD	TH	7:00 PM - 9:00 PM	1X	SEP 11	\$5
3	COTTONWOOD	TH	7:00 PM - 9:00 PM	1X	SEP 18	\$5
4	COTTONWOOD	TH	7:00 PM - 9:00 PM	1X	SEP 25	\$5
5	COTTONWOOD	TH	7:00 PM - 9:00 PM	1X	OCT 2	\$5
6	COTTONWOOD	TH	7:00 PM - 9:00 PM	1X	OCT 9	\$5
7	COTTONWOOD	TH	7:00 PM - 9:00 PM	1X	OCT 23	\$5
8	COTTONWOOD	TH	7:00 PM - 9:00 PM	1X	OCT 30	\$5

FENCING

Zorro studied the way of the sword and so can you. Learn the Olympic sport of fencing. Drills, games and competition are used to teach skills needed to enjoy a lifetime of fencing. This great sport has been described as an athletic form of chess. Both beginning and advanced courses are taught. All equipment is provided.

1	HUNTER	TH	7:00 PM - 9:00 PM	6X	SEP 4	\$55
2	HUNTER	TH	7:00 PM - 9:00 PM	6X	OCT 30	\$55

FLASHDANCE FITNESS

New Ladies, this is a dance workout that's fun and empowering. Give yourself a massive dose of body confidence while strengthening your core, toning your body, and improving your posture. This class will have you shaking and shimmying all week long. All body types and fitness levels welcome.

1	SKYLINE	TH	8:00 PM - 9:15 PM	7X	SEP 4	\$49
2	SKYLINE	TH	6:30 PM - 7:45 PM	7X	SEP 4	\$49
3	SKYLINE	TH	6:30 PM - 7:45 PM	7X	OCT 30	\$49
4	SKYLINE	TH	8:00 PM - 9:15 PM	7X	OCT 30	\$49

GOLF WITH A PGA MASTERS PRO *

Get in the swing! Join PGA Master Golf Professional and three-time Salt Lake County Teacher of the Year, Jeff Waters, as he guides you through The Ten Commandments of Golf, Proven Principles that Make Your Golf Game Better. Improve your golf game whether you are a beginner, intermediate, or advanced player by getting the tools to succeed whether it be full-swing, short-game, putting, chipping, club-fitting, trouble shots, rules, etiquette, on-course behavior, or other skills. This class is held at Mick Riley Golf Course (421 East Vine Street). Price includes five hours of instruction, practice Balls, and a download of his instruction book, The Ten Commandments of Golf, Proven Principles That Make Your Golf Game Better.

1	MICK RILEY	SAT	10:00 AM - 11:00 AM	5X	SEP 6	\$149
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JIU JITSU

Interested in learning a martial art from Japan? Jiu Jitsu consists of grappling and striking techniques. Practitioners build endurance, flexibility and learn time tested techniques.

1	TAYLORSVILLE	W	7:30 PM - 9:00 PM	4X	SEP 3	\$29
2	TAYLORSVILLE	W	7:30 PM - 9:00 PM	4X	OCT 1	\$29
3	TAYLORSVILLE	W	7:30 PM - 9:00 PM	4X	OCT 29	\$29

MODERN MARTIAL ART – AIKIDO

Learn to defend yourself using this modern martial art. Aikido is a Japanese discipline focused on harmonizing with your situation rather than using aggression or conflict. Learn self-improvement techniques through the practice of mind and body unification. Study physical techniques to roll/fall safely, as well as breathing and meditation exercises. This class is for 18 and older. Taught by a licensed instructor.

1	COTTONWOOD	TH	7:00 PM - 8:30 PM	4X	SEP 4	\$35
2	COTTONWOOD	TH	7:00 PM - 8:30 PM	4X	OCT 2	\$35
3	COTTONWOOD	TH	7:00 PM - 8:30 PM	4X	NOV 6	\$35



OPTI-STRETCH VS BACK PAIN

Opti-Stretch is a program that teaches optimum therapeutic stretching. Low/upper back pain and neck pain are most commonly caused by muscle strain. Once the problem of movement asymmetry is isolated, neutral stretches gradually restore healthier strain-resistant muscles. Muscle management for a healthy back. Bring exercise mat. Class cost includes book/DVD.

1	CONNECTION	TU	7:00 PM - 8:30 PM	3X	SEP 2	\$69
2	CONNECTION	TU	7:00 PM - 8:30 PM	3X	SEP 30	\$69
3	CONNECTION	TU	7:00 PM - 8:30 PM	3X	NOV 4	\$69
4	CONNECTION	TU	7:00 PM - 8:30 PM	3X	DEC 2	\$69



Sports & Fitness

BARRE FITNESS

Use Ballet Barre techniques to get a great core and lower body work out. If you want long and lean muscles, learn the elements necessary to tone and strengthen the entire body. No dance or ballet experience is necessary for this class. All levels are welcome.

1	SKYLINE	TU	7:45 PM - 8:45 PM	6X	SEP 2	\$55
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CLOSE QUARTER COMBAT – SELF DEFENSE

New Learn how to defend yourself from a variety of dangers in multiple situations. Gain skills to protect yourself whether you are on the ground or standing. Instructor Dane Phouthavongsay has six years of teaching experience and military background. All genders welcome, ages 18 and up. Please bring your own water bottle and wear comfortable clothing.

1	SKYLINE	TU	7:30 PM - 9:00 PM	4X	SEP 2	\$59
2	SKYLINE	TU	7:30 PM - 9:00 PM	4X	OCT 7	\$59
3	SKYLINE	TU	7:30 PM - 9:00 PM	4X	NOV 4	\$59

TAI CHI – PUSHING SKY, BEGINNING YANG

New Join a slow motion form of exercise that has its roots in ancient China. Tai Chi is sometimes called a moving meditation and is highly regarded for its health benefits. An excellent low-impact workout, Tai Chi can relieve stress, promote strength and enhance overall physical and emotional well-being. Our instructor introduces you to the exercises, basic concepts, applications and movements of the traditional Yang Style Form of Tai Chi. Continuing students will expand their understanding of Section II of the 108 move form, Rolling, Push Hands and the 13 Powers. Teens and adults. Taught by a certified Master.

- 1 COTTONWOOD W 6:15 PM - 7:15 PM 7X SEP 3 \$59
- 2 COTTONWOOD W 6:15 PM - 7:15 PM 7X OCT 29 \$55

HOMEMADE HALLOWEEN COSTUMES

New Do you have young kids who love to dress up—or are young at heart yourself? Be the best-dressed trick-or-treater on the block with your own homemade costume. Learn from one of the patterns the instructor has in-class, or bring one of your own if you have specific questions.

- 1 COTTONWOOD W TH 6:00 PM - 8:00 PM 2X OCT 8 \$45
- 2 TAYLORSVILLE TU W 6:00 PM - 8:00 PM 2X OCT 14 \$45

PONY CART DRIVING *

New Experience the fun of pony cart driving in a safe structured format, particularly for those adults who love being in the company of horses but are not comfortable with horseback riding. Learn to drive a pony from the ground and then progress to a cart. Because this program uses rescued and rehabilitated horses, it not only exposes the students to the joy and serenity of being around horses, but also provides the public with the opportunity to help these rescued horses adjust to their new lives through rehabilitation. The classes are held at The Stable Place, a nonprofit rescue.

- 1 STABLE PLACE TH 5:30 PM - 7:00 PM 2X OCT 2 \$105

INTRODUCTION TO EQUINE RESCUE AND REHABILITATION *

Do you want to learn more about horses? This class is for you! The class meets at The Stable Place where neglected and orphaned horses are taken in. You will be taught about taking care of horses, communicating with them, proper stewardship over them, etc. You will do ground work with them and get in the saddle. This class meets the needs of beginners to intermediate level of horsemanship. Feel more comfortable around them and realize how magnificent they really are!

- 1 STABLE PLACE TH 5:30 PM - 7:00 PM 3X SEP 11 \$145

INTRODUCTION TO HOMEBREWING *

Be introduced to the basics of homebrewing. From equipment and ingredients, to hops and sanitation techniques, our knowledgeable brewers guide you through the process from beginning to end. Come one, come all, let the chaos, fun, and camaraderie of home brewing ensue! This class is held at The Beer Nut, 1200 South State. Must be 21 years or older. Please bring photo ID to first class.

- 1 THE BEER NUT SUN 6:00 PM - 8:00 PM 1X SEP 28 \$45
- 2 THE BEER NUT SUN 6:00 PM - 8:00 PM 1X OCT 26 \$45

INTRODUCTION TO HORSEBACK RIDING *

Rediscover your love of horses and enjoy being in their company. This class offers an opportunity for a gentle and un intimidating introduction to horseback riding, particularly for mature adult riders who have never ridden, or who have left the saddle many years ago. The Stable Place offers a series of equine experiences using these rescued horses, providing individual and group coaching, specifically designed to facilitate the participant's understanding of horses, their communication and behaviors, and to guide students to a better appreciation of the equine partnership, be it on the ground, or in the saddle. The program will help develop skills and horse knowledge, increase confidence, improve fitness, and guide the progress of students ensuring they have fun along the way to rehabilitating each horse and developing that special bond.

- 1 STABLE PLACE TH 6:00 PM - 7:30 PM 3X OCT 16 \$145

SIXTH SENSE

Your intuition is a valuable tool for living. Your sixth sense gives you information that seems to come from nowhere yet is often accurate. Psychic Medium Laurel Cohoon comes from a family of psychics and she is delighted to share with you her psychic abilities and how she became a respected medium. She shares how to use different reading tools such as psychometrics to enhance psychic awareness, trusting your own intuition, opening up your Chakras (key energy centers in your body that help keep you strong), protecting yourself from negative energies, meditation, automatic writing, and channeling! Also learn how to communicate with your higher self, your Spirit Guides, and even loved ones who have crossed over. By the end of the class you will be able to give psychic readings of your own!


- 1 CONNECTION TU 6:00 PM - 8:00 PM 7X SEP 2 \$69
- 2 CONNECTION TU 6:00 PM - 8:00 PM 7X OCT 28 \$69

STAND-UP COMEDY – FROM CLASSROOM TO LIVE STAGE PERFORMANCE

Ever wanted to do stand-up comedy but don't know where to begin? Understand the basic workings of doing stand-up comedy including putting together a routine, writing your own material, the ethics of the stage, stage presence and confidence. Opportunity is given to perform your routine at various local comedy spots with the final experience of being showcased at a local comedy spot in the show, Class Clowns: The Final Exam. This fun course promises to lead you down the right path in the local comedy scene. Note: Due to the content and places required to perform, students must be 21 years of age or older to attend.

- 1 TAYLORSVILLE W 7:00 PM - 9:00 PM 6X SEP 10 \$69

**For off site locations, please call
385-646-5439*



ZUMBA GOLD

Have you ever wanted to try Zumba but were intimidated by the moves? Zumba Gold is not your typical class. All the moves are broken down and slower to allow you to learn at your own pace, while still getting a great workout. Zumba Gold is ideal for the new or unconditioned fitness fanatic, but everyone is welcome. Taught by a licensed Zumba instructor. Come fall in love with the Latin beats and dances like Cumbia, Reggaeton, Salsa, and Merengue! Bring your water bottle, comfortable shoes, and dance your way to fitness!

- 1 COTTONWOOD W 5:30 PM - 6:30 PM 4X SEP 3 \$49
- 2 COTTONWOOD W 5:30 PM - 6:30 PM 4X OCT 1 \$49
- 3 COTTONWOOD W 5:30 PM - 6:30 PM 4X OCT 29 \$49
- 4 COTTONWOOD W 5:30 PM - 6:30 PM 3X DEC 3 \$39

Unique

BASIC ASTROLOGY DISCOVERING YOUR BIRTH CHART

New Astrology is an ancient tool anyone can use to gain useful insights into one's own personality and life. Receive your own birth charts to explore and gain personal understanding of the basics. Learn how to read a chart, recognize the symbols for the planets and houses, and how they align for you and others. Some of the topics include birth signs, personality traits, and astrological compatibility. It's all in the stars. Text book needed: The Only Way to Learn Astrology volume one, by Marion D. March & Joan McEvers

- 1 SKYLINE TU 6:30 PM - 8:00 PM 6X SEP 9 \$69



CLASSES FOR ADULTS WITH DISABILITIES



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WE SALUTE THOSE WHO LOVE TO LEARN!

Wednesday Nights at the NEW Hartvigsen Campus

- Blast of Crafts
- Your Voice, Hartvigsen Style
- Bowling
- Yummies for Your Tummy
- Swimming for Fun
- Snack Attack
- Sparkle Up Your Jewelry
- iPads, SmartPhones, and Laptops OH MY!
- Let's Dance!
- Treasures of Hartvigsen
- Modge Podge of Art

THE HOBBIT – BEYOND THE MOVIE

New Interested in J.R.R. Tolkien's world of The Hobbit? Now is your chance to study the book with an expert guide, and compare it to the hit movie. Learn about the author, to speak the Elvish language, and celebrate this enchanting world and the man who created it. Great for students with book report assignments. Our instructor has studied Tolkien for over forty years and is excited to share her vast knowledge. A fun and interesting class for ages 12 and up.

1 SKYLINE TU 7:00 PM - 8:30 PM 8X OCT 21 \$59

VENTRILOQUISM

Speak without moving your lips. Throw your voice. Drink a glass of water while your character is singing. Using these techniques and voice development, create your own character. Our master ventriloquist teaches what you need to know to make your own character and how to write your own scripts.

1 TAYLORSVILLE W 6:30 PM - 7:30 PM 4X SEP 3 \$45

Visit our website for Online Registration
granitepeaks.org

WORK

Business/Career



ACCOUNTING 1

While nationally, the employment arena is uncertain, Utah is still experiencing growth with new companies being formed every day. Take advantage of this unique market by acquiring a new skill in bookkeeping. Acquire the basic accounting functions needed that enable you to seek employment in general collections, accounts payable, accounts receivable, bookkeeping, or as a payroll clerk or office assistant. We progressively work through general collections, general ledger, assets, liabilities, debts, credits, bank reconciliation, and payroll entries. Become a candidate that an employer won't turn down.

1 TAYLORSVILLE TU 6:00 PM - 8:00 PM 6X OCT 21 \$69

ACCOUNTING 1

While nationally, the employment arena is uncertain, Utah is still experiencing growth with new companies being formed every day. Take advantage of this unique market by acquiring a new skill in bookkeeping. Acquire the basic accounting functions needed that enable you to seek employment in general collections, accounts payable, accounts receivable, bookkeeping, or as a payroll clerk or office assistant. We progressively work through general collections, general ledger, assets, liabilities, debts, credits, bank reconciliation, and payroll entries. Become a candidate that an employer won't turn down.

1 TAYLORSVILLE TU 6:00 PM - 8:00 PM 6X OCT 21 \$69

BOOKKEEPING

Bookkeeping: The art of keeping books. Sounds simple enough, right? Bookkeeping is the basis for accounting and is necessary, not just as the first step to becoming an accountant, but to becoming a full-charge bookkeeper and keeping a business's books, accurately. Learn specific bookkeeping information including definitions of debits and credits, how to take care of the general ledger, why the IRS has to get involved, how to reconcile the checkbook, and how to protect business assets and cash. Skills are taught for any entry-level accounting position or a full-charge bookkeeper. Even improve how owners can view their businesses and help them make sure employees are doing things accurately. Join in and improve your skills adding value to your resume. Required Text: Bookkeeping for Dummies. Please bring to first class.

1 TAYLORSVILLE TU 6:00 PM - 7:30 PM 6X SEP 2 \$69

CONSTRUCTION JOB COSTING FOR BOOKKEEPERS, ACCOUNTANTS AND OWNERS

If you are a bookkeeper, accountant, and/or business owner learn how to assign the proper costs to the proper place to provide accurate records for construction and manufacturing trades. Job Cost Accounting, or costing, is really a step beyond regular bookkeeping with providing more detail. We talk about setting a job and its cost codes up to receive those costs assigned to it. We discuss fixed costs and variable costs, job costing software and how it works, the whole pie and how to make pieces out of it. Earn that definite advantage on your resume, especially if you are looking into work in the construction or manufacturing fields. Join in the fun and learn more than just class theory. Learn the costing experience. Pre-requisite: Bookkeeping or job experience in bookkeeping or accounting.

1 TAYLORSVILLE W 6:00 PM - 7:30 PM 4X SEP 3 \$55

EXPLORING A CAREER IN REAL ESTATE – INVESTOR

Is a career in real estate right for you? Learn what it takes to be a successful real estate investor. Our real estate professional discusses all the topics you need to make an educated decision if real estate investing business is right for you. Topics include license requirements, types of investments, running a sales business, and income potential. Take both Exploring a Career in Real Estate and receive a 10% discount.

- 1 COTTONWOOD TH 6:00 PM - 8:00 PM 1X SEP 25 \$35
- 2 COTTONWOOD TH 6:00 PM - 8:00 PM 1X OCT 30 \$35
- 3 COTTONWOOD TH 6:00 PM - 8:00 PM 1X NOV 20 \$35
- 4 COTTONWOOD TH 6:00 PM - 8:00 PM 1X DEC 18 \$35

EXPLORING A CAREER IN REAL ESTATE – LICENSED AGENT

Is a career in real estate right for you? Learn what it takes to become a successful, licensed sales agent. Our real estate professional covers multiple topics including education and licensing, types of specialization, running a sales business, and income potential. If you've ever considered a career in real estate, now is the chance to ask all those questions you've been thinking. Take both Exploring a Career in Real Estate classes and receive a 10% discount.

- 1 COTTONWOOD TH 6:00 PM - 8:00 PM 1X SEP 18 \$35
- 2 COTTONWOOD TH 6:00 PM - 8:00 PM 1X OCT 23 \$35
- 3 COTTONWOOD TH 6:00 PM - 8:00 PM 1X NOV 13 \$35
- 4 COTTONWOOD TH 6:00 PM - 8:00 PM 1X DEC 11 \$35



MEDICAL BILLING AND CODING ICD-10-CM PRINCIPLES PART 1

Forget the waiting lists at local colleges and schools, and start your transition to this new coding system with Connection. Before focusing on the diseases and injuries covered in ICD-10-CM, it is important to understand how the code book is organized and how the coding process is designed. Part one introduces the history, content, format, and structure of ICD-10-CM. Please bring the required books the first night of class, Principles of ICD-10-CM Coding, ISBN: 978-1-60359-532-2 and Step-By-Step, by Carol Buck ISBN: 978-1455744657. Pre-requisite: Medical Terminology & Basic Anatomy.

- 1 CONNECTION M TH 6:00 PM - 8:00 PM 8X SEP 4 \$95

MEDICAL BILLING AND CODING ICD-10-CM PRINCIPLES PART 2

Don't get left behind with the transition to ICD-10-CM and its impact on physician practices. Class builds on Part 1 with step by step presentations outlining guidelines for correct coding procedures. Specific examples and exercises improve the learning of this new system. Please bring required book, Principles of ICD-10-CM Coding, ISBN: 978-1-60359-532-2, the first night of class. Pre-requisite: ICD-10-CM Principles Part 1.

- 1 CONNECTION M 6:00 PM - 8:00 PM 6X OCT 13 \$105

MEDICAL TERMINOLOGY AND BASIC ANATOMY

Want to work in the medical field? Memorize the medical vocabulary necessary to communicate with others. Those who finish the course receive a certificate of completion. Purchase Medical Terminology: A Short Course by Davi-Ellen Chabner 6th edition (ISBN 978-1437734409), * Anatomy Coloring Book by Mosby (ISBN 978-0323019712), and Essential Atlas of Anatomy by Barrons (ISBN 978-0764118333). Bring books the first night of class. * Optional for the Hunter Class

- 1 HUNTER W 6:00 PM - 8:00 PM 8X OCT 1 \$95

PROGRAMMABLE LOGIC CONTROLLERS (PLC)

Programmable Logic Controllers AKA PLCs are self-contained computers used to control industrial automation operations. This course covers the basics of PLC control set-up, wiring, and RSX (Ladder Logic) programming. PLC training-simulation software is included in the course so students can practice and master the skills taught.

- 1 HUNTER W 6:00 PM - 8:00 PM 4X SEP 3 \$69
- 2 HUNTER W 6:00 PM - 8:00 PM 4X OCT 29 \$69

VOICE OVERS – NOW IS YOUR TIME

You've heard Bill Sleeper on TV and radio commercials! Now hear Bill live as he illustrates how you could actually begin using your speaking voice for commercials, films, and videos. Most people go about it the wrong way. Bill shows you a unique, outside the box way to cash in on the voice over industry. This is a business that you can handle on your own terms, on your own turf, in your own time, and with practically no overhead! Now is the best time to make this happen as new companies are looking for new voices like never before. Bill Sleeper's voice can be heard on commercials and narrations for such clients as the Nevada Health Centers, The Alamo, Pearson Interactive, and Liberty University.

- 1 COTTONWOOD W 7:00 PM - 9:00 PM 1X NOV 5 \$39

Certifications

FIRST AID/CPR/AED

Be prepared for emergencies by learning standard first aid and CPR for adults, children, and infants as well as how to successfully use an automatic external defibrillator (AED) for both adults and children. This class is taught by an American Red Cross certified instructor. It is also taught under the American Red Cross new guidelines for 2011. Participants receive a certification card that is valid for two years upon successful completion of the course. Course materials and supplies are included in the price. Please bring a sack lunch as this class extends through the early afternoon. Special refund policy applies to this class. See inside back cover for details.

- 1 CONNECTION MWTH 6:00 PM - 9:00 PM 3X NOV 3 \$85



UNDERSTANDING CLASS DETAILS

1	TAYLORSVILLE	TU	6:30PM-7:30PM	1X	SEP 21	\$9
Session	School/Campus	Days	Time Class is being held	# of classes being held	Starting Date	Cost

HUNTER SAFETY EDUCATION

Learn the safety rules for hunting in Utah. This class includes a manual, the hunter safety test, and a patch. Please purchase a Registration Certificate (\$10) before attending this class. You may purchase a certificate at any division office, licensed agent or online at <http://www.wildlife.utah.gov>. You must bring this certificate to your first day so that the instructor can complete the enrollment process. Parent will need to sign the voucher for anyone under the age of 18 taking the class. Parents pay half price if they attend with their child.

1 HUNTER M W 6:00 PM - 9:00 PM 5X OCT 6 \$15

PHLEBOTOMY

Enter the medical field with a marketable skill. Our six week course teaches you all the essentials in the field of phlebotomy. Practice and perfect blood drawing techniques, safety standards, basic anatomy, physiology, and other factors involved in this profession. Upon completion, participate in an 'externship' in a real-work environment to receive your certification. Taught by a certified instructor from the Utah School of Phlebotomy.

1 COTTONWOOD W 5:00 PM - 7:00 PM 6X SEP 3 \$509
2 COTTONWOOD W 5:00 PM - 7:00 PM 6X OCT 15 \$509



PAYROLL 101

New Are you currently working at a company where you're in charge of payroll? Many owners out there fail to properly train their payroll representatives on the complicated process that is payroll. Are you currently in business or wanting to go into business and unfamiliar with its ins and outs? Or you could just be interested in your own paycheck and why this guy named FICA keeps taking so much money out of it! No matter where you're at, this is a great class to take to learn from a payroll expert just how the system works. You'll even be able to calculate your own net pay before your check ever hits your bank account.

1 TAYLORSVILLE TU 6:00 PM - 7:00 PM 4X OCT 7 \$49
2 TAYLORSVILLE TU 6:00 PM - 7:00 PM 4X NOV 4 \$49

Food Handlers

CLASES DE PERMISO DEL MANIPULADOR DE ALIMENTOS – FOOD HANDLER PERMIT IN SPANISH

Obtenga su Permiso del Manipulador de Alimentos que se requiere para todos los trabajadores de servicios de comida. Los permisos de manipulador de alimentos son válidos por tres años. Ofrecemos una clase en español el primer y tercer lunes de cada mes a las 6 de tarde. No hay clases en los días de festivos.

1 CONNECTION 6:00 PM - 7:30 PM 1X 1ST & 3RD MON \$30

FOOD HANDLER PERMIT

Earn your Food Handler Permit, which is required for all food service workers. Effective July 1, 2013, Food Handler Permits are valid for three years. We offer classes on Mondays at Connection (formerly Granite Peaks Learning Center) and on Wednesdays at Taylorsville High. Classes are not held on legal holidays. Special child care permits are no longer required. On-site training for your organization can be arranged by calling 385-646-5439. Bring receipt to class. Picture ID is required. Call 385-646-4328 for more information.

1 CONNECTION M 3:30 PM - 5:00 PM 1X WEEKLY \$30
2 CONNECTION M 6:00 PM - 7:30 PM 1X WEEKLY \$30
3 TAYLORSVILLE W 3:30 PM - 5:00 PM 1X WEEKLY \$30
4 TAYLORSVILLE W 6:00 PM - 7:30 PM 1X WEEKLY \$30

NO CLASSES HELD

OCTOBER 16 & 17, 2014
NOVEMBER 26 - 28, 2014

New Skills

ANALYTICAL ELECTRONIC DIAGNOSTICS AND REPAIR – BASIC

Learn the skills needed to be able to diagnose most electrical and electronic problems. Focus on learning power-off reverse engineering skills. These skills mastered can be used to determine causes of electrical or electronic problems even when little or no technical data schematics for the item are available. This skill is a must have to progress in the electrical and electronic fields. All students receive training and practice software and a digital multi-meter to help them perfect their skills.

1 HUNTER W 6:00 PM - 8:00 PM 4X OCT 1 \$69

Real Estate



ABC'S OF HOME BUYING

Stay abreast of all the changes in the housing market. Make the market ups and downs work for you. Do you want to buy a home of your own but don't know where to start? We help you understand the simple steps of home buying. Explore options in finding a real estate agent and mortgage lender. Investigate how to obtain the best credit and interest rates. Analyze various down payment and loan programs. Lower your closing costs. Bring a partner for free!

1 COTTONWOOD W 6:30 PM - 9:00 PM 1X OCT 1 \$29
2 TAYLORSVILLE W 6:30 PM - 9:00 PM 1X OCT 15 \$29
3 TAYLORSVILLE TU 6:30 PM - 9:00 PM 1X NOV 11 \$29
4 COTTONWOOD W 6:30 PM - 9:00 PM 1X DEC 3 \$29



Technology



BASIC COMPUTER SKILLS 1

Learn the basics of how to use a PC. Understand the difference between hardware and software, as well as how to use a mouse and extended keyboard. Discover where files are stored on your computer and how to find them when you need them. No experience is required.

1	TAYLORSVILLE	TU	6:00 PM - 7:00 PM	4X	SEP 2	\$59
2	SKYLINE	TH	6:00 PM - 8:00 PM	2X	SEP 4	\$59
3	COTTONWOOD	W	6:15 PM - 7:45 PM	2X	SEP 10	\$55
4	SKYLINE	TH	6:00 PM - 8:00 PM	2X	OCT 23	\$59

BASIC COMPUTER SKILLS 2

Improve your confidence with computers. Build on the skills you learned in Basic Computer Skills 1. We continue with a brief overview on word processing, spreadsheets, e-mail, and the internet. Understand what points to consider, whether you're a first time buyer or just want to upgrade. Pre-requisite: Basic Computer Skills 1 or teacher approval.

1	SKYLINE	TH	6:00 PM - 8:00 PM	2X	SEP 18	\$59
2	SKYLINE	TH	6:00 PM - 8:00 PM	2X	SEP 18	\$59
3	TAYLORSVILLE	TU	6:00 PM - 7:00 PM	4X	OCT 7	\$59

COMPUTER SKILLS FOR THE WORKPLACE EXCEL 2010 – BEGINNING

With Excel, you have a powerful tool to help you analyze data and find solutions. We cover the basics of spreadsheets, tables, numbers, formulas, charts and graphs. It is recommended that you have basic computer skills and familiarity with Microsoft Word. No prior Excel skills required. Sign up for both Computer Skills for the Workplace and receive 10% discount.

1	TAYLORSVILLE	TU	7:00 PM - 9:00 PM	4X	OCT 7	\$79
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COMPUTER SKILLS FOR THE WORKPLACE WORD 2010 – BEGINNING

Create, edit, and format your own professional looking documents. Using Microsoft Word 2010, choose spacing, font, font size, and more. After your document is finished, check for spelling or grammar errors, and then preview it before printing. Saving and retrieving documents also covered. Sign up for both Computer Skills for the Workplace and receive 10% discount.

1	TAYLORSVILLE	TU	7:00 PM - 9:00 PM	4X	SEP 2	\$79
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EXCEL – QUICK TRACK BEGINNING

A fast paced class to get you going with MS Excel basics in just two weeks. Starting with definitions of the Excel components, we work through opening, modifying and saving worksheets and workbooks in this powerful spreadsheet application. Enter and edit various data types, as well as formatting the data for a professional looking worksheet. The class concludes with a short introduction to charts, and basic printing techniques. While it is recommended that you have some basic computer skills, no prior Excel skills are required.

1	SKYLINE	TU	6:00 PM - 8:30 PM	2X	SEP 2	\$75
2	SKYLINE	TU	6:00 PM - 8:30 PM	2X	OCT 28	\$75

EXCEL – QUICK TRACK INTERMEDIATE

Build on the knowledge you gained in the beginning class. Once you know about styles and conditional formatting and functions, focus on table and list data. Manage large groups of data including filters, subtotals, sorting and grouping data, as well as how to create pivot tables to present the data in a meaningful format. Customize a chart and explore several printing options to round out the class. Pre-requisite: Excel-Beginning or approval from instructor with a general basic knowledge of Excel.

1	SKYLINE	TU	6:00 PM - 8:30 PM	2X	SEP 16	\$75
2	SKYLINE	TU	6:00 PM - 8:30 PM	2X	NOV 11	\$75

EXCEL – QUICK TRACK ADVANCED

The final part of the Excel Quick Track series is not for the faint of heart. Start out simple enough by discussing Workbook themes, how to insert other objects such as images and shapes and how to save time by using templates. Then we move into working with multiple files where you link data across other sheets and workbooks and combine data from multiple sheets into a single sheet. The Excel series climaxes when we cover advanced charting concepts, Macros and highly analytical functions to help with business analysis. Pre-Requisite: Excel - Intermediate or approval from instructor with a solid understanding of Excel principles.

1	SKYLINE	TU	6:00 PM - 8:00 PM	2X	DEC 2	\$65
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BUILD A WEBSITE WITH HTML AND CSS

Ever wanted to know how to put up a website? Here is your chance to learn the basics of how to build a website and publish it for all your family, friends, and clients to see! Not only learn how websites are built, build one yourself during the course.

1	COTTONWOOD	W	6:15 PM - 7:45 PM	4X	SEP 24	\$79
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BUILD A WEBSITE WITH WORDPRESS

Did you know that Wordpress offers a full content management system for building websites? Learn how to use the popular CMS Wordpress to build a fully developed website. Walk through all the steps needed, from domains and hosts to building your website and publishing it on the web. Prerequisite: Must have basic computer skills and be comfortable on a computer. This is not a blogging class.

1	COTTONWOOD	W	8:00 PM - 9:00 PM	4X	SEP 24	\$69
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BASIC HOME WIRELESS & WIRED NETWORKING

New From basic troubleshooting to wireless security, come learn how to setup and manage your home network. Learn how easy it is to setup your router and modem, share files between computers, manage your wireless network, and troubleshoot when problems occur. We will take you through the basics of everything you need to know in order to help keep your home network running smoothly.

1	HUNTER	TU	6:00 PM - 8:00 PM	1X	SEP 30	\$39
2	SKYLINE	TU	6:00 PM - 8:00 PM	1X	OCT 28	\$39
3	HUNTER	TU	6:00 PM - 8:00 PM	1X	DEC 9	\$39

HOW TO BUILD YOUR OWN PC

New You can build your own personal computer. Our professional computer geeks instruct you on everything you need to know to plan, build and customize your own computer. Learn everything from selecting compatible parts, assembling the computer and installing the operating system. Now is a great time to stop paying for cheap generic computers at the box stores and build a quality, long-lasting computer that will fit your needs. Samples and hands-on experience are a part of this class, but you will build your own computer after class ends on your own.

1	HUNTER	TU	6:00 PM - 8:00 PM	1X	DEC 2	\$45
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PC HEALTH, FIX YOUR COMPUTER!

Do you have a slow computer? Is your internet acting funny? Are there popups, or tool bars that you did not invite to your company? You may have a spyware or a virus! A virus can wipe out your entire hard drive, if you let it! Learn how to diagnose your computer problems, make simple repairs, and remove spyware and viruses from your PC yourself (Windows operating systems only). Prerequisite: Must have basic computer skills and be comfortable on a computer.

1	COTTONWOOD	TH	7:00 PM - 9:00 PM	1X	NOV 20	\$45
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POWERPOINT 2010

Discover the intricacies of PowerPoint. Engage in hands-on techniques for designing effective PowerPoint presentations. Create custom slideshows with impact and appeal. Dazzle your audience with your presentation, from multimedia slides and charts to outlines and graphs. Pre-registration is required. Basic computer skills are necessary to be successful in this class.

1	SKYLINE	TU	6:00 PM - 9:00 PM	2X	SEP 30	\$79
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PHOTO EDITING & CREATING DIGITAL SLIDESHOWS

Turn photo prints and digital photos into long lasting fun slideshows. Learn how to import both physical and digital photos, prepare and edit as well as create interesting and exciting slideshows. These slideshows can be played back on a PC or burned to a DVD all with software that is probably already on your home computer. This is a great way to preserve family photos, weddings, vacations, and share them with your friends and family. So, bring a few photos and create memories! This class is for beginners.

1	HUNTER	TU	6:30 PM - 8:30 PM	1X	SEP 23	\$39
2	SKYLINE	TU	6:30 PM - 8:30 PM	1X	OCT 21	\$39
3	HUNTER	TU	6:30 PM - 8:30 PM	1X	NOV 25	\$39

QUICKBOOKS PRO

Boost your career with new computer skills. Explore the most popular small business accounting software that makes accounting easy as you organize your finances all in one place. Create a new company, invoices, pay bills, reconcile accounts, do basic payroll, and pull financial reports.

1	COTTONWOOD	W	7:00 PM - 9:00 PM	7X	SEP 10	\$95
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SPYWARE/MALWARE & TOOLBAR REMOVAL

New Doesn't it seem like you can't go anywhere on the internet and not get a toolbar, spyware or malware? Learn how to get rid of those pesky programs and, more importantly, learn how to identify where they come from and how to avoid them. Our tech savvy instructor shows how to use free software to remove the problems and prevent them from coming back. Anyone who uses the internet finds this class helpful!

1	HUNTER	TU	6:00 PM - 8:00 PM	1X	SEP 9	\$49
2	HUNTER	TU	6:00 PM - 8:00 PM	1X	OCT 7	\$49
3	HUNTER	TU	6:00 PM - 8:00 PM	1X	NOV 11	\$49

WINDOWS 8

Learn everything about Windows 8 to effectively use this new operating system with ease. Bring a laptop if possible. This class is taught in presentation style because we don't have labs that support Windows 8. Delve into how the Windows 8 operating system works, discussing the advantages and disadvantages, customizing your operating system to fit your needs, and the differences between operating systems. Also learn how to install and uninstall programs on your computer and the best ways to prevent viruses.

1	HUNTER	TU	6:00 PM - 8:00 PM	1X	SEP 16	\$35
2	SKYLINE	TU	6:00 PM - 8:00 PM	1X	OCT 14	\$35
3	HUNTER	TU	6:00 PM - 8:00 PM	1X	NOV 18	\$35

FACEBOOK 101

Confused about how to use the popular social media website Facebook? Learn how to use Facebook today! Our patient and knowledgeable instructor takes you through all the steps, from setting up your profile, to posts and likes, and everything in-between. Facebook is a great way to keep in touch with friends and family members, as well as organize events, groups, and holidays. Businesses and Non-Profits are also encouraged to sign up. Learn about all the things you can do with social media; it's time to get connected!

1	COTTONWOOD	W	6:30 PM - 7:45 PM	2X	NOV 5	\$39
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YOUTH

Education

GIRL POWER! AN EXPLORATION OF POSITIVE POSSIBILITIES!

New Girl's Rule! Discover your personal power and abilities to help you gain confidence, independence and happiness in life. This fun and interactive class includes personal development, beauty and self-image, goal setting, friendships and relationships and health and happiness! Sessions 1 and 2 are focused for girls ages 9 to 13. Sessions 3 and 4 are focused for girls ages 14 to 18.

1	CONNECTION	W	5:00 PM - 6:30 PM	4X	SEP 3	\$69
2	CONNECTION	W	7:00 PM - 8:30 PM	4X	SEP 3	\$69
3	SKYLINE	TH	7:00 PM - 8:30 PM	4X	SEP 4	\$69
4	SKYLINE	TH	5:00 PM - 6:30 PM	4X	SEP 4	\$69

ROBOTICS MERIT BADGE (AGES 12 AND UP)

New Is your scout interested in earning the Robotics Merit Badge? This course covers all the essential skills needed for the merit badge. Skills covered include robot design, construction, and programming with an emphasis on getting your scout ready for VEX robotics competition.

1	HUNTER	TH	6:00 PM - 8:00 PM	4X	SEP 4	\$49
2	HUNTER	TH	6:00 PM - 8:00 PM	4X	OCT 30	\$49

Health & Wellness

FUN AND FIT (AGES 6 – 11) WASATCH FIT KIDS

New Start your summer playing games designed to build fitness, strength and flexibility through active fun. Yes, it all starts with fun! Join Wasatch FitKids learning lifelong skills through fitness and nutrition. Sign up for Fun and Zen too!

1	COTTONWOOD	W	6:00 PM - 6:45 PM	6X	SEP 17	\$55
2	COTTONWOOD	W	6:00 PM - 6:45 PM	6X	OCT 29	\$55

FUN AND ZEN (AGES 6 – 11) WASATCH FIT KIDS

New Find your fun and your Zen through building fitness strength and flexibility through active fun and kid-friendly yoga. Kid-friendly yoga de-stresses and enhances focus and emotional control. Besides all that, it's fun! Sign up for Fun and Fit Kids too!

1	COTTONWOOD	W	6:45 PM - 7:30 PM	6X	SEP 17	\$55
2	COTTONWOOD	W	6:45 PM - 7:30 PM	6X	OCT 29	\$55

Performing Arts

ACTING LESSONS (AGES 9–12)

Are you a star looking for a stage? Find your way with acting lessons! Focus on improving stage presence, method and building the confidence necessary to succeed in acting. Mark your calendar for the last session to show your family and friends what you learned.

1	CONNECTION	M	7:15 PM - 8:00 PM	6X	SEP 8	\$45
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BALLET – BEGINNING (AGES 3–5)

Calling all little ballerinas! Get ready to pirouette, jete, and pliÉ your way to the front of the stage! Improve your balance, flexibility, and confidence while you have fun learning these beautiful styles of dance. In addition to learning basic ballet skills, our tiny dancers learn to create and express through dance. Show off what you learn to family and friends on the last day of class. Ballet shoes are required with the class at Connection.

1	CONNECTION	W	5:30 PM - 6:15 PM	6X	SEP 3	\$45
2	CONNECTION	W	5:30 PM - 6:15 PM	6X	OCT 15	\$45

BALLET – BEGINNING (AGES 6–8)

Calling all ballerinas! Get ready to pirouette, jete, and plie your way to the front of the stage! Improve your balance, flexibility, and confidence while having fun dancing these beautiful styles. In addition to learning basic ballet skills, our dancers learn to create and express through dance. Show off what you learn to family and friends on the last day of class. Ballet shoes are required with the class at Connection.

1	CONNECTION	W	6:15 PM - 7:00 PM	6X	SEP 3	\$45
2	CONNECTION	W	6:15 PM - 7:00 PM	6X	OCT 15	\$45

CREATIVE DANCE AGE 4

New Spin, swing, sway and skip. Dancers participating in creative dance will explore the world around them through the art form of dance. Studying the basic elements of dance young dancers will be able to develop bodily awareness and coordination as they master basic locomotor skills such as skipping, galloping, leaping and turning. Dancers will also gain greater understanding of space, time and energy. Creative dance is a great introduction for young movers that focuses on skill building, creativity, and connecting to the outside world. Creative dance is a great basis for dance training in all genres. No special clothing is required, but barefoot dancing is encouraged.

1	COTTONWOOD	TH	6:15 PM - 7:00 PM	6X	SEP 4	\$45
2	COTTONWOOD	TH	6:15 PM - 7:00 PM	6X	OCT 23	\$45

CREATIVE DANCE AGE 5

New Spin, swing, sway and skip. Dancers participating in creative dance will explore the world around them through the art form of dance. Studying the basic elements of dance young dancers will be able to develop bodily awareness and coordination as they master basic locomotor skills such as skipping, galloping, leaping and turning. Dancers will also gain greater understanding of space, time and energy. Creative dance is a great introduction for young movers that focuses on skill building, creativity, and connecting to the outside world. Creative dance is a great basis for dance training in all genres. No special clothing is required, but barefoot dancing is encouraged.

1	COTTONWOOD	TH	6:15 PM - 7:00 PM	6X	SEP 4	\$45
2	COTTONWOOD	TH	6:15 PM - 7:00 PM	6X	OCT 23	\$45

DANCE (AGES 3–4)

Does your child get excited when music is playing? Encourage their physical development through dance. Our teachers provide basic creative dance steps in a fun, positive, and nurturing environment. No special clothing or shoes required.

1	SKYLINE	TU	6:30 PM - 7:00 PM	6X	SEP 2	\$39
2	HUNTER	TH	6:00 PM - 6:30 PM	6X	SEP 4	\$39
3	CONNECTION	M	6:45 PM - 7:15 PM	6X	SEP 8	\$39

HIP HOP BEGINNING (AGES 5–8)

Shut down the computer, turn off the TV, and join other kids in this fun, energetic class. Enjoy great music while acquiring rhythm, balance, and coordination. Please wear comfortable clothes you can easily move in.

1	SKYLINE	TU	7:00 PM - 7:45 PM	6X	SEP 2	\$45
2	HUNTER	TH	6:30 PM - 7:15 PM	6X	SEP 4	\$45

HIP HOP BEGINNING (AGES 9–12)

Release some of that stress from homework. The music is playing and it's time to get up and dance. Move your feet and arms to the music of today's favorite artists such as Rihanna, Michael Jackson, and Beyoncé. Who knows? You could be the next dance star.

1	HUNTER	TH	7:15 PM - 8:00 PM	6X	SEP 4	\$45
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Visit our website for Online Registration
granitepeaks.org

MOMMY AND ME DANCE

New No more watching on the sidelines, it is time to dance. In this class you and your son or daughter will be able to work together as you explore your physical capabilities and artistic sensibilities through dance. While this class is rigorous and challenging for the children it is only enjoyable and comfortable for the parents. There is nothing like seeing the joy of movement and creativity up close in your child's face. Parents do not need any prior training or skill to participate and there are no specific clothing requirements.

1	COTTONWOOD	TH	5:30 PM - 6:15 PM	6X	SEP 4	\$45
2	COTTONWOOD	TH	5:30 PM - 6:15 PM	6X	OCT 23	\$45

SINGING FOR KIDS (AGES 6–12)

New The hills are alive with the sound of music! Come sing fun songs accompanied by an elementary singing teacher. Learn to express yourself through music and to gain new confidence. All experience levels welcome. A performance will be held for family and friends on the last night of class.

1	TAYLORSVILLE	W	4:30 PM - 5:30 PM	8X	SEP 10	\$65
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THE ART OF MAGIC

New Build your imagination and confidence while learning a really cool skill - magic! Learn the art of magic as well as the basics of what it means to be a magician. Our instructor has been doing magic for over ten years. He shares many tips and tricks so you can perform sleight of hand and other magic tricks. Bring your family and friends the last night of class to show off what you learned. Abracadabra!

1	TAYLORSVILLE	W	6:30 PM - 8:00 PM	4X	SEP 3	\$49
2	TAYLORSVILLE	W	6:30 PM - 8:00 PM	4X	OCT 15	\$49
3	TAYLORSVILLE	W	6:30 PM - 8:00 PM	4X	NOV 19	\$49

Play



GIRLS LONGBOARDING (AGES 8–16)

New OK girls, let's hit the pavement! Learn the basics of longboarding: equipment, technique, practice. Our girls' longboarding crew meets once a week to longboard, get personalized instruction, and learn the ins and outs of longboarding as a sport and as a culture. Get exercise, gain confidence, and bond with your skater-sisters. Gear not necessary first night of class.

1	SKYLINE	TH	5:00 PM - 6:15 PM	7X	SEP 11	\$59
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**For off site locations, please call
385-646-5439*

LEGO, K'NEX AND CAPSELLA CREATIONS (AGES 4–7)

New Have your 4-7 year old come have fun designing and building objects using the Hunter High Robotics Labs' HUGE collections of these fun and inspirational design-building toys. Students will be building powered vehicles, magnetic levitation cars and other fun items.

1	HUNTER	TU	6:00 PM - 8:00 PM	4X	SEP 2	\$49
2	HUNTER	TU	6:00 PM - 8:00 PM	4X	OCT 7	\$49

PARENT AND ME INTRODUCTION TO THE WONDERFUL WORLD OF HORSES *

Does your preschool-aged child always ask to ride a horse? Now is your chance to bond with your child while bonding with a horse. Come together and learn all about horses, how to take care of them, how to communicate with them, and even how to ride. Class is held at the Stable Place, a non-profit organization that takes in abused, neglected, and orphaned horses. This will be a memory you don't want to miss!

1	STABLE PLACE	TU	5:30 PM - 6:30 PM	1X	SEP 16	\$55
2	STABLE PLACE	TU	5:30 PM - 6:30 PM	1X	OCT 14	\$55

Special Events/Activities

ELECTRONIC GAME DESIGN (AGES 7 – 14)

Have you ever dreamed of building your very own video game? Learn the basics of programming and coding in a fun, hands-on class. The two sessions of this class follow the evolution of the video game. Students taking classes that begin in May will create the classic Pong, a platform style game (think of your favorite plumber in a red jumpsuit) and a racing game. Students taking classes that begin in June will build the classic Breakout, space invader defense game, and a tower defense game. Students take all their games home at the end of the course. Students may also pay an optional material fee to purchase the software (at a discount compared to retail price) to create games at a home. These courses are designed to allow students to share computers.

1	GRANGER	M	6:00 PM - 7:30 PM	6X	OCT 27	\$105
2	SKYLINE	TU	6:00 PM - 8:00 PM	6X	OCT 28	\$105
3	COTTONWOOD	W	6:00 PM - 7:30 PM	6X	OCT 29	\$105

FIGHTING ROBOT COMPETITION (AGES 8 – 12)

New Get ready to battle - your robots! Learn what it takes to create a robot that can withstand the Fighting T-Rex robot. Once you understand the logistics of building robots, learn the techniques used in battling robots by competing using SUMO wrestling robots and our own locally designed and built Fighting T-Rex robots.

1	HUNTER	TU	6:00 PM - 8:00 PM	4X	NOV 4	\$49
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ESL

ENGLISH AS A SECOND LANGUAGE

Granite Peaks offers multiple levels of English instruction. We place students in classes with the appropriate language level to help them succeed. Study grammar topics, learn life and work skills, improve reading, writing, listening and speaking.

Evening ESL

Connection High campus registration and testing every Tuesday-Thursday from 5 p.m. – 7 p.m.

Classes are Mon-Wed from 6 – 8:30 p.m.

Granger High campus registration and testing every Monday, Tuesday and Thursday from 5 p.m. – 7 p.m.

Classes are Tues-Thurs from 6-8:30 p.m.

Daytime ESL

Connection High Campus registration and testing every Monday-Thursday from 8:30 a.m. – 10 a.m.

Classes are ongoing.

Call 385-646-4363 for more information.

ROCKETRY (AGES 9 AND UP)

New Build your own rocket! Learn about rockets while making your own. Will your rocket go the highest? Is it stable enough to fly? Find out and more as the last day of class is Launch Day. T-Minus 7 hours to launch!

1	CONNECTION	M	6:30 PM - 8:00 PM	5X	SEP 8	\$65
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*Sports & Fitness***KARATE KIDS – BEGINNING (AGES 7 – 12)**

Do you want to be like the Karate Kid? Improve basic punches, kicks, and blocks of multiple martial arts forms. Have fun doing this while building respect for yourself and others.

1	SKYLINE	TU	6:30 PM - 7:30 PM	6X	SEP 2	\$49
2	TAYLORSVILLE	W	6:30 PM - 7:30 PM	6X	SEP 3	\$49
3	COTTONWOOD	TH	6:00 PM - 7:00 PM	6X	SEP 4	\$49
4	SKYLINE	TU	6:30 PM - 7:30 PM	6X	OCT 28	\$49
5	TAYLORSVILLE	W	6:30 PM - 7:30 PM	6X	OCT 29	\$49
6	COTTONWOOD	TH	6:00 PM - 7:00 PM	6X	OCT 30	\$49

TINY TIGERS (AGES 4–6)

Channel all that energy. Practice blocks, chops, kicks, and other karate moves in a safe and fun environment. With careful guidance, build self-confidence, leadership skills, and good manners. Acquire respect for others and for yourself. It's a great way to appreciate physical fitness while having fun.

1	SKYLINE	TU	5:30 PM - 6:30 PM	6X	SEP 2	\$49
2	TAYLORSVILLE	W	5:30 PM - 6:30 PM	6X	SEP 3	\$49
3	COTTONWOOD	TH	5:00 PM - 6:00 PM	6X	SEP 4	\$49
4	SKYLINE	TU	5:30 PM - 6:30 PM	6X	OCT 28	\$49
5	TAYLORSVILLE	W	5:30 PM - 6:30 PM	6X	OCT 29	\$49
6	COTTONWOOD	TH	5:00 PM - 6:00 PM	6X	OCT 30	\$49

KIDS' VOLLEYBALL (AGES 7–14)

Learn this favorite summer sport by practicing indoors during the Fall. Join other kids, make new friends, and get a great workout. Our volleyball coaches provide a safe environment while teaching sportsmanship, volleyball rules, and helping you master those skills. Beginner and Intermediate students welcome.

1	COTTONWOOD	W	6:30 PM - 7:30 PM	4X	SEP 3	\$39
2	COTTONWOOD	W	6:30 PM - 7:30 PM	4X	OCT 8	\$39

PARKOUR/FREERUNNING KIDS (AGES 4–7)

Do you have active kids who are ready for a new adventure? Girls and boys have fun, gain self-confidence, get in better shape, and make friends in our Parkour/Freerunning class! Parkour teaches kids a safe way to overcome obstacles, as well as learning how to creatively and playfully interact with one's environment. Parkour helps young people grow mentally and overcome fear through structured 'running around'. Experience the fun and adventure of parkour!

1	HUNTER	W	4:30 PM - 5:15 PM	5X	SEP 3	\$49
2	SKYLINE	TH	4:30 PM - 5:15 PM	5X	SEP 4	\$49
3	HUNTER	W	4:30 PM - 5:15 PM	5X	OCT 8	\$49
4	SKYLINE	TH	4:30 PM - 5:15 PM	5X	OCT 23	\$49
5	HUNTER	W	4:30 PM - 5:15 PM	5X	NOV 12	\$49

PARKOUR/FREERUNNING YOUTH (AGES 8–15)

Ready for a new adventure? Have fun, gain self-confidence, get in better shape, and make friends in our Parkour/Freerunning class! Parkour teaches discipline by learning how to overcome obstacles, as well as learning to creatively and playfully interact with one's environment. Parkour helps young people grow mentally and overcome fear through adventurous conditioning. Experience the fun and adventure of parkour!

1	HUNTER	W	5:15 PM - 6:45 PM	5X	SEP 3	\$49
2	HUNTER	W	6:45 PM - 8:15 PM	5X	SEP 3	\$49
3	SKYLINE	TH	6:45 PM - 8:15 PM	5X	SEP 4	\$49
4	SKYLINE	TH	5:15 PM - 6:45 PM	5X	SEP 4	\$49
5	HUNTER	W	6:45 PM - 8:15 PM	5X	OCT 8	\$49
6	HUNTER	W	5:15 PM - 6:45 PM	5X	OCT 8	\$49
7	SKYLINE	TH	5:15 PM - 6:45 PM	5X	OCT 23	\$49
8	SKYLINE	TH	6:45 PM - 8:15 PM	5X	OCT 23	\$49
9	HUNTER	W	5:15 PM - 6:45 PM	5X	NOV 12	\$49
10	HUNTER	W	5:15 PM - 6:45 PM	5X	NOV 12	\$49

SOCCER SKILLS (AGES 3–5)

Soccer is a fun way for your child to develop their ability to interact and work together through teamwork. Watch your small one practice skills such as dribbling, shooting on goal, and passing, while developing small and large motor skills. Increase listening skills and self-confidence while playing various games with the ball. Bring a soccer ball if you have one.

1	HUNTER	TU	5:00 PM - 5:30 PM	4X	SEP 9	\$35
2	HUNTER	TU	5:00 PM - 5:30 PM	4X	OCT 7	\$35

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**LEARN
MORE
BECOME
MORE**



GRANITE PEAKS ADULT EDUCATION

Granite Peaks Lifelong Learning is an integral part of Granite School District providing a comprehensive program for adults to improve their academic skills, to earn their high school diploma or to prepare for the GED Test. Granite Peaks provides the most current and up-to-date learning programs for adult learners at all levels of academic proficiency.

GRANITE PEAKS LIFELONG LEARNING WHERE EDUCATION IS:

- RELEVANT –
- EMPOWERING –
- INDIVIDUALIZED –

To learn about all of Granite Peaks Adult Education programs and information on current options available, attend our orientation. This free, informational seminar is provided by the staff of Granite Peaks. There is no cost or obligation for attending the orientation. Once you have selected a program, there are modest registration and class fees.

Students must attend orientation and meet with a counselor before registering for class.

The last orientation of the school year will be in May.

Contact each campus for specific date.

Orientations will resume on August 26, 2014.

Granite Connection High.....Tuesdays at 6:30 pm
501 East 3900 South, Salt Lake City, Utah

Granger Campus.....Tuesdays at 6:30 pm
3580 South 3600 West, West Valley City, Utah

Hunter Campus.....Tuesdays at 6:30 pm
4200 South 5600 West, West Valley City, Utah



CAMPUS AND ADDRESSES

LOCATIONS

Cottonwood	5715 South 1300 East, SLC, UT 84121	Room 503
Granite Connection High	501 East 3900 South, SLC, UT 84107	Main Office <i>(formerly Granite Peaks Learning Center)</i>
Granger	3580 South 3600 West, WVC, UT 84119	Room 130
Hartvigsen	1510 West 5400 South, Taylorsville, UT 84123	Room 213
Hunter	4200 South 5600 West, WVC, UT 84120	Commons Area
Skyline	3251 East 3760 South, SLC, UT 84109	Room 158A
Taylorsville	5225 South Redwood Road, SLC 84123	Room F-101

REGISTRATION INFORMATION

1 ONLINE granitepeaks.org

The fastest, easiest way to register! Pay securely online with a Visa or MasterCard. A confirmation email is sent automatically upon registration.

2 PHONE 385.646.5439

Use your Visa or MasterCard to register. For personal assistance, please call Mon from 11am to 6pm; Tue - Thur from 11am to 8pm.

3 MAIL Granite Peaks Learning Center

501 East 3900 South, Salt Lake City, Utah 84107. Send check or money order with completed registration form. Consider yourself enrolled unless you are notified that the class is filled.

4 FAX 385.646.4667

Fax your completed registration form. You will be called so you may privately relay your Credit Card information.

5 IN PERSON Any Campus Location

Show up in person and sign up at the campus you wish to attend. Campus addresses are found on page 24.


PLEASE NOTE: Fees listed are for tuition and material fees where applicable unless otherwise noted. Teacher salaries are funded by tuition.

REFUNDS: If you cannot attend a course as planned, you may receive a full refund if you notify us before the class starts. You may receive a credit voucher after the class has met. This credit voucher is good for one year from the date created. Material fees cannot be refunded once the class starts. If you pay by check or cash, refunds will be given as a check. Vouchers will be given for refunds less than \$10. If you pay by credit card, we will refund your credit card.

SPECIAL REFUND POLICY: Some classes require materials to be purchased by the instructor prior to the start of class based on the number of students enrolled. These materials generally are perishable or non-refundable. Therefore material fees cannot be refunded one week prior to the start of class.

DISCOUNTS: Senior citizens 60 and over and Granite School District employees may receive a 10% discount on community education classes. Registration for three or more people within the same transaction for the same class may receive a 10% discount. Discount is given on tuition not on material fee.

CANCELLATIONS: Sometimes a great class gets cancelled because people wait to register until the last minute. Sign up early and if you find you cannot attend the class, just call and we will be happy to give you a credit for a future class.

 **REGISTRATION FORM** Birthdate

Name

Address

City Zip

Email Address Male Female

Phone

Class _____

Start Date _____ Amount \$ _____

Campus _____

Class _____

Start Date _____ Amount \$ _____

Campus _____

Class _____

Start Date _____ Amount \$ _____

Campus _____

Make checks payable to Granite Peaks, 501 East 3900 South, Salt Lake City, Utah 84107

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LIFELONG LEARNING

PERIODICAL

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Salt Lake City, Utah 84107

RESIDENTIAL CUSTOMER



RENEW YOUR PASSION FOR HIKING



LITTLE ONES LOVE CHILDREN'S DANCE



GROOM YOUR DOG OR CAT WITH PET CARE

