



Volume 7 Issue 1
January 2013
Western Wyoming Community College

Course Information

COMMUNITY EDUCATION

EXPLORE

PERSONAL AND COMMUNITY ENRICHMENT

www.wwcc.wy.edu/comm_svs

307.872.1323

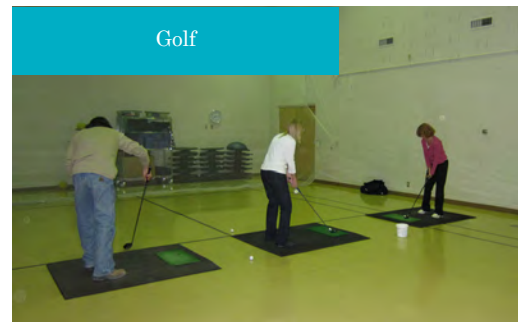
Basic Car Care



Cake Decorating



Golf



Arts & Crafts • Children's Classes • Computers • Exercise & Physical Activity
Health & Family • Music & Language • Sports & Outdoors • Theater

JANUARY TO AUGUST 2013 COURSES

Community Education's Role in WWCC's Mission

Community Education supports the following aspect of WWCC's mission: Western's fundamental purpose is to provide high quality learning opportunities to students who are at various stages of life and have differing needs and expectations. Committed to quality and success, Western encourages flexibility, innovation, and active learning for students, faculty and staff. The College understands that learning occurs inside and outside the classroom and, therefore, seeks to create an environment where lifelong learning is encouraged and where students and employees interact in an atmosphere of mutual respect.

Registration Process

Community Education courses are offered for non-credit. Charges associated with an individual course or event are based upon the direct cost of offering the course or event plus a 35% administrative fee.

Sweetwater County residents age 60 years or over may enroll for courses offered at Western with payment of tuition waived. Special fees for supplies or other costs remain the financial responsibility of each student, regardless of age, and cannot be waived. The College Board of Trustees reserves the right to change tuition and fees at any time.



Mail your registration to:

**Community Education
WWCC-GRC
#1 College Way
Green River, WY 82935**



Call Community Education:
307.872.1323



In person at:
**Western Wyoming Community College
in Rock Springs or Green River**

Phone Numbers

WWCC Green River Center	307.872.1301
Community Education	307.872.1323
Workforce Development.....	307.872.1326
WWCC Rock Springs Campus.....	307.382.1600
Aquatic Center	307.382.1694

Abbreviation Legend

M	Monday	RSC	Rock Springs Campus
T	Tuesday	GRC	Green River Center
W	Wednesday	TBA.....	To Be Arranged
TH.....	Thursday	◆	Green River Classes
F.....	Friday	✂	Rock Springs Classes
S	Saturday	●	Farson Classes
SU.....	Sunday		

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Quick Reference With Start Dates

Arts & Crafts

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Course 1: Cake Decorating Basics	1/24/13
Custom Lawn Chairs	1/28/13
Custom Lawn Chairs (evening)	1/29/13
Course 4: Advanced Gum Paste Flowers	2/5/13
Valentine Candy	2/8/13
Valentine Candy	2/9/13
Basic Sewing	2/13/13
Jewelry Making	2/16/13
Course 2: Flowers and Cake Design	2/21/13
Custom Lawn Chairs	2/25/13
Watercolor Painting	3/5/13
Custom Lawn Chairs (evening)	3/5/13
Course 3: Gum Paste and Fondant	4/4/13
Outdoor Digital Photography	4/8/13
Kids Fondant Fun Cake Class	4/12/13
Cards for All Occasions	4/17/13
Kids Cookie Bouquet	5/11/13
Beginning Stained Glass	TBA
Intermediate Stained Glass	TBA
Lead Stained Glass	TBA
Custom Lawn Chairs	5/6/13
Custom Lawn Chairs (evening)	5/7/13
Custom Lawn Chairs	6/3/13

Children's Courses

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Swimming Lessons, Session 1	1/14/13
Ballet Registration	1/15/13
Beginning Movement & Dance	TBA
Beginning Ballet	TBA
Beginning Jazz	TBA
Beginning Pointe	TBA
Modern Dance	TBA
Swimming Lessons, Session 2	3/18/13
Swimming Registration for Summer	5/8/13

Computers

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How to Use Your iPad	1/28/13
Computer Basics	1/29/13

Exercise & Physical Activity Page 5

Exercise For Fun	1/22/13
Yoga for Every "BODY"	1/23/13
Yoga	1/28/13
Piloxing	1/29/13
West Coast Swing Workshop	4/14/13
Zumba Fitness	TBA

Health & Family

Pages 5 & 6

Cooking with the College - All	1/29/13
Cooking/College - Aphrodisiac/Gods	1/29/13
Italian Cuisine	1/30/13
Cooking/College - Norwegian Desserts	2/5/13
Cooking/College - Death by Chocolate	2/12/13
Cooking/College - Cheesecakes	2/19/13
Cooking/College - Great Cakes	2/26/13
Cooking/College - Creeping Crust Cobbler	3/5/13
Diabetes & Me	3/5/13

Music & Language

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Tickle the Ivories	1/21/13
Guitar Lessons	1/22/13
Beginning Group Adult Violin	2/5/13
Beginning Group Adult Fiddle	4/2/13

Sports & Outdoors

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Golf	3/19/13
Basic Car Care	4/10/13
Dutch Oven Cooking	4/25/13
Hunter Education	TBA

Theater Trips

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Dream Girls	2/9/13
Shrek	3/2/13
West Side Story	4/20/13
Jersey Boys	6/8/13

Would you like to receive e-mails about upcoming classes? E-mail us at comed@wwcc.wy.edu or give us a call at 307.872.1323

Community Education courses are taught at several locations in Sweetwater County. Please check the locations for the courses you would like to attend. Registration continues until the course begins unless the class fills or is cancelled. To avoid cancellation, please register at least 10 days prior to the start date. New courses are added during the semester. Check our website at www.wwcc.wy.edu/comm_svs or call 307.872.1323 for the latest information.

Community Education courses are non-refundable unless the course is cancelled.

Spring 2013 Community Education Schedule

ARTS & CRAFTS

WATERCOLOR PAINTING ◆

This class will explore water-media techniques, composition, color theory and drawing. Students will express their individual imagination, choosing their own subject matter with help from the instructor. The class will include traditional and abstract styles in painting. Instructor will give instruction on a one-to-one basis and advice on the use of materials.

Course Number: NCART 112 G1, Fee: \$51

Instructor: Angie Bennett

Location: Golden Hour Senior Center

T: 3/5/13 to 4/9/13, 1:30 PM to 3:30 PM

6 Weeks, Class Limit: 10

BEGINNING STAINED GLASS ◆

Beautify your home with a stained glass sun catcher. You will learn cutting, grinding, cleaning and soldering. The supply fee of \$33 is included in the total fee.

Course Number: NCART 117 G1, Fee: \$83

Instructors: Patty & Hank Castillon

Location: GRC-112

Please call for dates and times

1 Week, Class Limit: 8

INTERMEDIATE STAINED GLASS ◆

Choose a stained glass project to exhibit in your home. This class will do a more advanced project than the first class. Students should take the beginning class or have prior experience before taking this class. The supply fee of \$43 is included in the total fee.

Course Number: NCART 118 G1, Fee: \$93

Instructors: Patty & Hank Castillon

Location: GRC-112

Please call for dates and times

1 Week, Class Limit: 8

LEAD STAINED GLASS ◆

Use lead to make a window with stained glass. Students should take the beginning and intermediate classes or have prior experience before taking this class. The supply fee of \$53 is included in the total fee.

Course Number: NCART 119 G1, Fee: \$132

Instructors: Patty & Hank Castillon

Location: GRC-112

Please call for dates and times

1 Day, Class Limit: 6

JEWELRY MAKING ✨

Design and make necklaces, earrings, bracelets and rings in this exciting jewelry class. Make gifts for others or holiday jewelry for yourself. The supply fee of \$35 is included in the total fee.

Course Number: NCART 130 R1, Fee: \$114

Instructor: Hazel Anderson

Location: Local Color

S: 2/16/13 to 3/9/13, 12:00 PM to 4:00 PM

4 Weeks, Class Limit: 10

CARDS FOR ALL OCCASIONS

Once again Amanda Merkle will be leading a card making workshop. Make and take home a variety of cards. Have fun socializing with friends while learning a new skill. This has been a popular class with an enthusiastic instructor. The supply fee of \$8 is included in the total fee.

Course Number: NCART 209 RF1, Fee: \$32

Instructor: Amanda Merkle

Location: Farson Eden H.S. Library

W: 4/17/13 to 4/24/2013, 6:00 PM to 9:00 PM

2 Weeks, Class Limit: 20

OUTDOOR DIGITAL PHOTOGRAPHY ✨



Outdoor Digital Photography is a great course for someone looking to take better landscape pictures. The course will cover photography basics, composition, and editing. Students are required to bring their own digital camera. All digital cameras are allowed; however, a DSLR (such as Canon EOS Rebel or Nikon D300) is preferred.

Course Number: NCART 410 R1, Fee: \$64

Instructor: RJ Pieper

Location: RSC-1430

M: 4/8/13 to 5/13/13, 6:30 PM to 8:30 PM

6 Weeks, Class Limit: 13

BASIC SEWING ✨

You will learn the basic sewing techniques with step-by-step demonstrations for straight stitching, zig-zag seams, patching, putting in zippers, blind-stitch hems, seam ripping, basic alterations, measuring and small projects. In later weeks make an apron, placemat, simple lap quilt or purse/totebag. Class will not be held on 3/13/13.

Course Number: NCHOE 200 R1, Fee: \$67

Instructor: Tena Atkins

Location: RSC-TBA

W: 2/13/13 to 4/10/13, 6:00 PM to 8:00 PM

8 Weeks, Class Limit: 12

COURSE 1: CAKE DECORATING BASICS ✨



This Cake Decorating Basics Course is the perfect place to start! Michelle, your Wilton method instructor, will show you the right way to decorate, step by step, so that you experience the excitement of successfully decorating your first cake. You'll understand how to bake a great cake, see how to make and color icing and learn the best way to ice the cake. Along the way, you'll learn to create icing drop flowers, rosettes, shells, pompom flowers, leaves, shaggy mums and the ribbon rose. You'll also decorate cookies, cupcakes ... and of course cakes! The \$5 book is included in the course fee. The student kit will cost about \$35. A supply list will be provided.

Course Number: NCHOE 101 R1, Fee: \$41
Instructor: Michelle Schutten
Location: Young At Heart Senior Center
TH: 1/24/13 to 2/14/13, 6:30 PM to 8:15 PM
4 Weeks, Class Limit: 16

COURSE 2: FLOWERS AND CAKE DESIGN ✨

Prerequisite: Course 1 ~ Cake Decorating Basics
Flowers and Cake Design is an intermediate class. In this class, you'll explore sophisticated ways to bring your cakes and desserts to life! Michelle, your Wilton Method Instructor, will teach you to create breathtaking icing flowers such as pansies, lilies, the rose, and many more. Then, you'll discover the secrets of arranging them in a beautifully balanced cake-top bouquet. Your amazing flowers will be framed by an impressive border treatment or basket weave design. A supply list will be provided. The student kit will cost about \$35. The \$5 book is included in the course fee. Class will not be held on 3/14/13.

Course Number: NCHOE 102 R1, Fee: \$41
Instructor: Michelle Schutten
Location: Young At Heart Senior Center
TH: 2/21/13 to 3/21/13, 6:30 PM to 8:15 PM
4 Weeks, Class Limit: 16

COURSE 3: GUM PASTE AND FONDANT ✨

Prerequisite: Course 1 ~ Cake Decorating Basics
Gum Paste and Fondant is an intermediate cake decorating class. In this class, you will discover one of the most exciting and satisfying ways to decorate a cake. Michelle, your Wilton Method Instructor, will lead you every step of the way as you create amazing hand-shaped flowers, beautiful borders and bold accents using these easy-to-shape icings. As you learn each technique – an artful bow, mum, rose, carnation, calla lily, rosebud, daisy and embellished borders – you'll be closer to your crowning achievement: A Final Course Cake that displays your skills. A supply list will be provided. The student kit will cost about \$35. The \$5 book is included in the course fee.

Course Number: NCHOE 102 R2, Fee: \$41
Instructor: Michelle Schutten
Location: Young At Heart Senior Center
TH: 4/4/13 to 4/25/13, 6:30 PM to 8:15 PM
4 Weeks, Class Limit: 16

COURSE 4: ADVANCED GUM PASTE FLOWERS ✨

Prerequisite: Course 3 ~ Fondant and Gum Paste
Take your cakes to a whole new level with beautiful lifelike gumpaste flowers! In this class, you'll learn to make stargazer lilies, gerbera daisies, briar rose, stephanotis and more! You'll also learn how to create wired bouquets, and how to use color dusts to make your flowers come to life. You'll be amazed at the artistic quality you can achieve! As a bonus, the class includes one day of fondant figurines where you will create cute little figurines out of fondant to adorn cakes, cupcakes and more. The \$5 book is included in the course fee and a supply list will be provided.

Course Number: NCHOE 102 R3, Fee: \$50
Instructor: Michelle Schutten
Location: RSC-1444
T: 2/5/13 to 3/5/13, 6:30 PM to 8:15 PM
5 Weeks, Class Limit:

VALENTINE CANDY 🏠 & ✨

In one fun 2-hour class, you'll learn to work with candy melts and candy clay to make roses, dessert bowls, elegant candy accents and more! These desserts are sure to impress your guests, and are a great hostess gift idea! The techniques taught in this class can easily be applied to making candy creations for all holidays and celebrations. You can alter the colors and molds to make candy for Halloween, Thanksgiving, Christmas and other winter holidays!! A supply list will be provided. The \$3 supply fee will cover some of the supplies.

Course Number: NCHOE 210 R1, Fee: \$16
Instructor: Michelle Schutten
Location: RSC-1332
F: 2/8/13, 6:00 PM to 8:00 PM
1 Day, Class Limit: 16
OR
Course Number: NCHOE 210 G1, Fee: \$16
Instructor: Michelle Schutten
Location: GRC- 215
S: 2/9/13, 10:00 AM to 12:00 PM
1 Day, Class Limit: 16

KIDS FONDANT FUN CAKE CLASS ✨



Give treats a new twist! Kids learn how to WOW the family with creative fondant cake decorating techniques. Show off skills for Mom's and Dad's birthdays and holidays. A supply list will be provided. The course fee includes a \$3 supply fee that will cover some of the supplies.

Course Number: NCHOE 210 R2, Fee: \$16

Instructor: Michelle Schutten

Location: RSC-1332

F: 4/12/13, 6:30 PM to 8:30 PM

1 Day, Class Limit: 16

KIDS COOKIE BOUQUET ✨



Just in time for Mother's Day, kids will learn how to make a tasty cookie bouquet just for Mom. The shaped rice krispy treat cookies will be decorated as cookie pops and will look beautiful and fun in a decorated display container. A supply list will be provided. The course fee includes a \$3 supply fee that will cover some of the supplies.

Course Number: 12/SU NCHOE 210 R3, Fee: \$16

Instructor: Michelle Schutten

Location: RSC-1332

S: 5/11/13, 10:00 AM to 12:00 PM

1 Day, Class Limit: 16

CUSTOM LAWN CHAIRS ♣

Instead of throwing out your old lawn chair take a class on macrame chairs and make the old chair new, or start with everything new. These chairs make great gifts that will last a long time. Supplies for each chair will be approximately \$50. Supplies are not included in the fee.

Instructor: Robert Trujillo, Fee: \$67

Location: Golden Hour Senior Center

AFTERNOON CLASSES

4 Weeks, Class Limit: 10

Course Number: NCHOE 400 G1

M/TH: 1/28/13 to 2/21/13, 1:00 PM to 3:00 PM

OR Course Number: NCHOE 400 G3

M/TH: 2/25/13 to 3/21/13, 1:00 PM to 3:00 PM

OR Course Number: 13/SU NCHOE 400 G5

M/TH: 5/6/13 to 5/30/13, 1:00 PM to 3:00 PM

OR Course Number: 13/SU NCHOE 400 G7

M/TH: 6/3/13 to 6/27/13, 1:00 PM to 3:00 PM

EVENING CLASSES

5 Weeks, Class Limit: 10

Course Number: NCHOE 400 G2

T: 1/29/13 to 2/26/13, 6:00 PM to 9:15 PM

OR Course Number: NCHOE 400 G4

T: 3/5/13 to 4/2/13, 6:00 PM to 9:15 PM

OR Course Number: 13/SU NCHOE 400 G6

T: 5/7/13 to 6/4/13, 6:00 PM to 9:15 PM

OR Course Number: 13/SU NCHOE 400 G8

T: 6/11/13 to 7/9/13, 6:00 PM to 9:15 PM

CHILDREN'S COURSES

BALLET ♣

Registration times:

T: 1/15/13

Ages 3 - 5 at 4:00 PM

Ages 6 - 13 at 4:30 PM

Ages 14 - 19 at 5:00 PM

Location: GRC - Lobby



It is recommended that parents sign their children up at the scheduled registration time when college staff and instructors will be available. Late registrations will be accepted provided there is space available in the courses. Courses offered include Beginning Movement and Dance, Beginning Ballet, Beginning Jazz, Pre-Pointe and Modern Dance. Please call for more information. Courses start the week of 1/22/13.

SWIMMING LESSONS - AQUATIC CENTER ✨

See the Aquatic Center information on the inside back cover.



Other courses for children include:
"Kids Fondant Fun Cakes" on page 4
"Kids Cookie Bouquet" on page 4
"Tickle the Ivories" on page 6
"Hunter Education" on page 7

COMPUTERS

COMPUTER BASICS ✨

If you are new to computers or just need some extra help, this class is for you. Teresa will help you get started and make your time on a computer more enjoyable. The course fee includes a \$7 supply fee.

Course Number: NCCMP 100 R1, Fee: \$80

Instructor: Teresa Shafe

Location: RSC-1430

T: 1/29/13 to 3/5/13, 6:00 PM to 9:00 PM

6 Weeks, Class Limit: 24

HOW TO USE YOUR IPAD ✨

If you have an iPad and aren't sure how to use it or want to learn some shortcuts, take this class to get you off to a great start. You will be amazed at the tips Angie will share with you to make it easier, faster and more fun than ever to use your iPad.

Course Number: NCCMP 305 R1, Fee: \$28

Instructor: Angie Spann

Location: RSC-1404

M/W: 1/28/13 to 2/6/13, 6:30 PM to 8:00 PM

2 Weeks, Class Limit: 20

Courses continued on page 5

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 New Year's Day	2	3	4 5	
6	7	8	9	10	11	12
13	14 • Swimming Lessons	15 • Ballet Registration	16	17	18	19
20	21 • Tickle the Ivories Martin Luther King Day – WWCC closed	22 • Guitar Lessons • Exercise for Fun	23 • Yoga for Every "BODY"	24 • Cake Decorating Basics	25	26
27	28 • Yoga • Custom Lawn Chairs • How to Use Your iPad	29 • Computer Basics • Custom Lawn Chairs • Piloxing • Cooking/College Aphrodisiac of the Gods	30 • Italian Cuisine	31	• Cake Decorating Basics - Farson	

February 2013

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	<ul style="list-style-type: none"> Advanced Gum Paste Flowers Cooking/College Norwegian Desserts Beginning Group Adult Violin 	6	7	8	9
	10	11	12	13	14	15
		<ul style="list-style-type: none"> Cooking/College Death by Chocolate 	<ul style="list-style-type: none"> Basic Sewing 			16
17	18	19	20	21	22	23
	President's Day – WWCC closed	<ul style="list-style-type: none"> Cooking/College Cheesecake 		<ul style="list-style-type: none"> Flowers & Cake Design 		
24	25	26	27	28		
	<ul style="list-style-type: none"> Custom Lawn Chairs 	<ul style="list-style-type: none"> Cooking/College Great Cakes 				



Remove for future reference

March 2013

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2 • Shrek Theater Trip to SLC
3	4	5 • Watercolor Painting • Custom Lawn Chairs • Cooking/College Creeping Crust Cobbler • Diabetes and Me	6	7	8	9
10	11	12	13	14	15	16
17 • Swimming Lessons	18	19 • Golf	20	21	22	23
24	25	26	27	28	29 Good Friday – WWCC Closed	30
Easter 31						

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Easter Break – WWCC closed	2 • Beginning Group Adult Fiddle	3	4 • Gum Paste & Fondant	5	6
7	8 • Outdoor Digital Photography	9 WWCC Early Registration for Fall Classes	10 • Basic Car Care	11	12 • Kids Fondant Fun Cakes	13
14 • West Coast Swing Workshop	15	16	17 • Cards for All Occasions	18	19	20 • West Side Story Theater Trip to SLC
21	22	23	24	25 • Dutch Oven Cooking	26	27
28	29	30	May-August Classes 5/6/13 – Custom Lawn Chairs, classes also begin 5/7, 6/3 and 6/11 5/8/13 – Swimming Registration for Summer 5/11/13 – Kids Cookie Bouquet 6/8/13 – Jersey Boys Theater Trip to SLC 7/31/13 – Swimming Registration for Fall			

EXERCISE & PHYSICAL ACTIVITY

Note: All students in exercise and physical activity courses will need to fill out medical releases and may need permission from their physician to take the course. Please request the form when you register.

YOGA FOR EVERY "BODY"

This is your time to reduce stress, gain flexibility and strength, relax and have fun. This class is for both beginners and for those who already do yoga. Bring your own mat and props (strap and block) if you have them; one cushion or pillow and a blanket.

Course Number: NCPEA 107 G1, Fee: \$79

Instructor: Tammy Morlock

Location: GRC-211

W: 1/23/13 to 4/10/13, 7:00 PM to 9:00 PM

12 Weeks, Class Limit: 15

YOGA

What does Yoga do for your body? Strengthens and revitalizes internal organs, improves flexibility, strengthens muscle and bones, better posture and body alignment, improves digestion, circulation and immunity, enhances function of neurological and endocrine organs and increases energy.

And what does it do for your mind? Develops intuition, reduces stress and calms the mind, sharpens intellect, enhances memory, increases clarity and blossoms creativity in one's life.

Experience a combination of gentle and vigorous series of asanas that enhance a well-being of the body, while an equal emphasis is placed on techniques for nurturing the mind and spirit.

Yoga has much to offer, whether it is for the mind, spirit or body, making a difference in your life. Bring your own Yoga mat. Class will not be held on Feb. 18.

Course Number: NCPEA 107 R1, Fee: \$28

Instructor: Karen Bonomo

Location: Young At Heart Senior Center

M: 1/28/13 to 3/25/13, 5:30 PM to 6:30 PM

8 Weeks, Class Limit: 20

ZUMBA FITNESS

The Zumba® program fuses hypnotic Latin rhythms and easy-to-follow moves to create a one-of-a-kind fitness program that will blow you away. Our goal is simple: We want you to want to work out, to love working out, and to get hooked. Zumba® fanatics achieve long-term benefits while experiencing an absolute blast in one exciting hour of calorie-burning, body-energizing, awe-inspiring movements meant to engage and captivate for life!

Course Number: NCPEA 111 RF1, Fee: \$56

Instructor: Misty Hay

Location: Farson High School

Please call for dates and times

6 Weeks, Class Limit: 40

PILOXING

PILOXING is an exciting, fun workout that uniquely mixes Pilates, Boxing and Dance moves into a calorie blasting, muscle toning, core-centric interval workout. The class is both fun and challenging. PILOXING blends the power, speed and agility of boxing with the beautiful sculpting and flexibility of Pilates along with fun and exciting dance moves. To complement the Pilates and boxing movements, PILOXING incorporates the use of 1/2 pound weighted gloves which adds a muscular and cardio challenge. Please bring a mat and prepare to have fun!!

Course Number: NCPEA 119 G1, Fee: \$28

Instructor: Karen Bonomo

Location: GRC-GYM

T: 1/29/13 to 3/19/13, 5:30 PM to 6:30 PM

8 Weeks, Class Limit: 20

EXERCISE FOR FUN

This class is a gentle stretch and exercise program from your chair for our forever young senior citizens or those with limited mobility. This program is designed to tone you up and make you feel better physically and mentally.

Course Number: NCPEA 202 G1, Fee: \$79

Instructor: Shannon Thomas

Location: Mansface Terrace-GR

T/TH: 1/22/13 to 4/9/13, 1:30 PM to 2:30 PM

12 Weeks, Class Limit: 20

WEST COAST SWING WORKSHOP

Have you watched the dance shows and wish you could do some of those moves? You'll be taught the West Coast Swing step by step, one move at a time. Everything is carefully explained and demonstrated.

Course Number: NCTHE 105 G1, Fee: \$28

Instructors: Vince Weis & MaryAnn Huebner

Location: GRC-GYM

SU: 4/14/13, 9:00 AM to 12:00 PM

1 Day, Class Limit: 14

HEALTH & FAMILY

DIABETES AND ME

This class is designed to help you take care of your diabetes. Take control of your diabetes and be the vibrant, energetic person you can be. Diabetes causes some special problems for men and women, so see how you can avoid the problems of diabetes. If you are new to diabetes or have had it for a long time, find out ways to feel better and look better. Learn in a class with lots of friendship, support and fun. No lectures, no long videos. Get your questions answered and much more. Learn the newest ways to take care of diabetes, and some free resources available in the community.

Course Number: NCHLE 104 R1, Fee: \$87

Instructor: Kathleen Thomas

Location: Mount of Olives Church

T: 3/5/13 to 4/16/13, 9:30 AM to 11:30 AM

7 Weeks, Class Limit: 20



COOKING WITH THE COLLEGE



Would you like to learn some new cooking skills and get to better know some of Western Wyoming Community College's faculty and staff? Join us for six exciting weeks of dessert classes taught by Western's talented employees. You may register for all six weeks for \$50 or register for just specific weeks at \$10 each. The course fee covers the supplies for the classes. Each class is limited to 20 students.

Course Number: NCHOE 212 R1, Fee: \$50

Instructor: Staff

Location: RSHS - 319

T: 1/29/13 to 3/5/13, 6:30 PM to 9:00 pm

6 Weeks, Class Limit: 20 per week

NCHOE 212 R2: Aphrodisiac of the Gods, (Chocolate)

Instructor: Lora Meredith

1/29/13

NCHOE 212 R3: Norwegian Desserts

Instructor: Joyce Corcoran

2/5/13

NCHOE 212 R4: Death by Chocolate

Instructor: Amy Williamson

2/12/13

NCHOE 212 R5: Cheesecake from Scratch

Instructor: Kay Cooley

2/19/13

NCHOE 212 R6: Great Cakes from Scratch

Instructor: Michelle Schutten

2/26/13

NCHOE 212 R7: Creeping Crust Cobbler

Instructor: Dianna Renz

3/5/13

ITALIAN CUISINE

Italian-American food surrounds us from popular restaurants to products on our grocery shelves. Unlike true Italian food our understanding of what we know is heavy, saucy & cheesy. Learn about authentic Italian Cuisine from fresh pasta to sauces to flavors of surprising origin. Leave this class with a recipe book and the warmth of knowledge to prepare authentic, rustic Italian Cuisine. The course fee includes a \$52 supply fee for the food.

Course Number: NCHOE 212 R8, Fee: \$98

Instructor: Eve Piza

Location: RSHS-Kitchen

W: 1/30/13 to 2/20/13, 6:30 PM to 8:00 PM

4 Weeks, Class Limit: 12



MUSIC & LANGUAGE

GUITAR LESSONS



In this private half hour lesson you will learn the basics of the guitar, including but not limited to, basic major and minor pentatonic and full scale shapes, triad chords in different positions and brief introduction of dominant seventh chords, reading in the open position, basic music theory as it applies to the guitar including construction of major/minor harmonized scales, introduction to improvising and learning songs that demonstrate these different concepts.

Course Number: NCMUS 102 R1, Fee: \$175

Instructor: Jason Dreher

Location: RSC-B103

1/22/13 to 4/15/13, Day and time to be arranged with instructor

13 Weeks, Class Limit: 10

TICKLE THE IVORIES

Whether you want to learn a new skill or just become more proficient at the piano, enrolling in private lessons will help you to develop reading fluency, technique, stylistic interpretations, and performance skills. Students will be offered weekly hour lessons; divided between 30 minutes at the piano and 30 minutes in the computer/keyboard lab. Students will need to schedule time and day of lesson with the instructor before registering for the class.

Course Number: NCMUS 103 G1, Fee: \$220

Instructor: Eileen Evans

Location: Instructor's Home

1/21/13 to 5/6/13, Day and time to be arranged with instructor

16 Weeks, Class Limit: 5

TICKLE THE IVORIES

Whether you want to learn a new skill or just become more proficient at the piano, enrolling in private lessons will help you to develop reading fluency, technique, stylistic interpretations, and performance skills. Students will be offered weekly 30 minute lessons. Students will need to schedule time and day of lesson with the instructor before registering for the class.

Course Number: NCMUS 103 R1, Fee: \$175

Instructor: David Baker

Location: RSC-TBA

Day and time to be arranged with instructor

13 Weeks, Class Limit: 5

BEGINNING GROUP ADULT VIOLIN



(ages 12 and up)

This course introduces students to the background of the violin, basic care, tuning, and ear training to get them started on their first songs. Students will learn several songs by the end of the course. Students may bring their own instruments or rent locally for about \$20 a month.

Course Number: NCMUS 111 R1, Fee: \$20

Instructor: Lora Meredith

Location: RSC-B103

T: 2/5/13 to 2/26/13, 7:00 PM to 8:00 PM

4 Weeks, Class Limit: 15

BEGINNING GROUP ADULT FIDDLE

(ages 12 and up)

This course introduces students to the history of different types of fiddle, covers basic instrument care, cross tunings used in fiddle music, and ear training. Students will learn several basic fiddle tunes and how to play with guitar accompaniment.

Course Number: NCMUS 105 R1, Fee: \$20

Instructor: Lora Meredith

Location: RSC-B103

T: 4/2/13 to 4/23/13, 7:00 PM to 8:00 PM

4 Weeks, Class Limit: 15



GOLF

This course is designed to introduce fundamental skills to beginning level golfers. Course content includes etiquette, rules, grip, alignment and swing plus putting fundamentals. Please wear comfortable clothes and bring your own equipment.

Course Number: NCPEA 109 G1, Fee: \$40

Instructor: Jerry Torres

Location: GRC-GYM

T: 3/19/13 to 4/30/13, 6:45 PM to 8:00 PM

7 Weeks, Class Limit: 8

OR

Course Number: NCPEA 109 G2, Fee: \$40

T: 3/19/13 to 4/30/13, 8:00 PM to 9:15 PM

SPORTS & OUTDOORS

BASIC CAR CARE



This course is designed for people who really don't know anything about their car except how to drive it and how to fill up the tank. This class will offer students instruction in the basics of simple automotive services such as changing a flat tire, checking the oil, understanding maintenance schedules, preventive maintenance and repair along with the terminology, proper use of tools, and procedures required to perform these tasks. This class will empower the students to not only be able to perform simple tasks themselves, but it will help them to have confidence if they take their car into the shop to have someone else work on it.

Course Number: NCAUT 900 R1, Fee: \$57

Instructor: Tracey Hind

Location: RSC-1515

W: 4/10/13 to 4/24/13, 6:00 PM to 9:00 PM

3 Weeks, Class Limit: 15

DUTCH OVEN COOKING

Course Number: NCHOE 103 G1, Fee: \$55

Instructor: Michael Green

Location: GRC-211

TH: 4/25/13 to 5/23/13, 6:00 PM to 9:00 PM

5 Weeks, Class Limit: 15

Learn all the tips and tricks to cook in your Dutch Oven!

The first week will be a one-hour discussion. During the remaining weeks students will bring their own Dutch ovens and food to cook for the class.

One adult friend may join you to eat at 8 PM.

HUNTER EDUCATION &

Completion of this course will entitle the student to receive the HUNTER EDUCATION Certification. Students must attend ALL classes and pass an exam to receive their certificate. All work is done in the classroom. An adult must accompany children under 16 years of age. Pre-registration required! Enroll early, class fills fast. Please bring a notebook and pen to class.

Course Number: NCPEP 100, Fee: \$15

Check the Game and Fish Department website or call 872-1323 to see if Hunter Education classes in Rock Springs or Green River are available.

HUNTER EDUCATION INTERNET FIELD DAY &

Hunter Education Internet Field Day classes are designed with busy adults in mind. To receive your Hunter Education card by taking the internet class, you must first go to the Wyoming Game and Fish Department website and complete the online section of the class. Print all of your quizzes and bring those to your Internet Field Day course. You will take an entry quiz to be admitted to the class. After passing that quiz, you can complete the course and take the final exam. Pre-registration required! Enroll early; this class fills fast. Please bring your quizzes, a notebook and pen to class.

Course Number: NCPEP 101, Fee: \$15

Check the Game and Fish Department website or call 872-1323 to see if Hunter Education Internet Field Day classes in Rock Springs or Green River are available.

THEATER TRIPS

UTAH THEATER BUS TRIPS &

NCOTH 503 Q1, Salt Lake City, UT

Western Wyoming Community College is planning trips to Broadway Across America in Salt Lake City, Utah. Spend a leisurely day with good company, good food, and

outstanding entertainment. You may buy season tickets, individual theater tickets and bus tickets or take the bus for a leisurely day in Salt Lake City without attending the theater. The bus fee is \$30 for each trip. You must purchase your theater tickets through Broadway in Utah or another source if you do not order the season tickets through Western Wyoming Community College. Please contact the Community Education Department to reserve a bus seat or for more information.

Shows this season include:

- Dream Girls 2/9/13
- Shrek 3/2/13
- West Side Story 4/20/13
- Jersey Boys 6/8/13

The bus will leave on Saturday from the Rock Springs Campus @ 7:15 AM and in Green River at the West end parking lot @ 7:30 AM. For more information please call 307.872.1323. Special thanks to Sweetwater BOCES for their support of this program.



Western Wyoming Community College Community Education Registration Form

Green River Center

1 College Way ▪ Green River, WY 82935 ▪ Phone (307) 872-1323 ▪ FAX (307) 875-6705

Rec. No. _____	By _____
Check # _____	
Cash _____	
CC# _____	
<input type="checkbox"/> Visa	<input type="checkbox"/> MC Expiration Date _____

PLEASE PRINT OR TYPE ALL INFORMATION REQUESTED.

Name _____	Social Security No. _____
Address Street/P.O. Box _____	Student ID No. _____
City/State/Zip _____	E-mail _____
Home Phone _____	Work Phone _____
Date of Birth _____	Age* _____ Sex* <input type="checkbox"/> Male <input type="checkbox"/> Female
How long have you lived at the address above? _____	
If a Wyoming resident, how long have you lived in Wyoming? _____ If not at least one year, where did you reside before? _____	
Do you give WWCC permission to release your name, address, and enrollment status as part of our directory information? <input type="checkbox"/> Yes <input type="checkbox"/> No	
Ethnicity* (Mark one) <input type="checkbox"/> White <input type="checkbox"/> Asian <input type="checkbox"/> Black <input type="checkbox"/> Hispanic/Latino <input type="checkbox"/> Hawaiian/Pacific Islander <input type="checkbox"/> American Indian/Alaska Native <input type="checkbox"/> Non-Resident Alien (Foreign Student)	
*Required for reporting purposes only.	

COURSE NUMBER	COURSE TITLE	FEE

I am enrolling in this course/activity for the following reasons:

<input type="checkbox"/> Degree seeking from WWCC	<input type="checkbox"/> Build basic skills before taking credit classes
<input type="checkbox"/> Upgrade current job skills	<input type="checkbox"/> Workshop required by employer
<input type="checkbox"/> Develop new job skills	<input type="checkbox"/> Physical activity/health
<input type="checkbox"/> Teacher recertification	<input type="checkbox"/> Basic skills (ABE, GED, ESOL)
<input type="checkbox"/> Coursework toward degree from another institution	<input type="checkbox"/> Children's programming
<input type="checkbox"/> Personal enrichment	<input type="checkbox"/> Other (specify) _____

Community Education classes are non-refundable unless the class is cancelled. If a class is cancelled, I authorize the College to automatically issue a refund check.

I understand that once my registration is processed, I am officially registered for the semester and am responsible for all debts incurred. If my account is not paid in full, I understand that the College may hire a collection agency to take action. If my account is assigned to a collection agency, I understand that I am responsible for all attorney fees, court costs or delinquency fees that may be incurred during the collection of my debt. I understand that the delinquency fee will be equal to 50% of the principal amount owed.

Signature _____
Date

Mailed or faxed registrations do not guarantee a spot in a course. Please confirm your registration by phone.

Workforce Training

Call 307.872.1326 or visit www.wvcc.wy.edu/workforce for more information.

- ▷ Oil & Gas
- ▷ Industrial Applications
- ▷ Medical
- ▷ Driving
- ▷ Health, Safety & Environment
- ▷ OSHA (Occupational Safety & Health Administration)
- ▷ MSHA (Mine Safety & Health Administration)
- ▷ Law Enforcement
- ▷ Computer
- ▷ Professional Development
- ▷ Online Courses
- ▷ Customized Training
- ▷ PTSD recertification classes
- ▷ DEQ recertification classes
- ▷ POST recertification classes

Aquatic Center

Registration for Children's Swimming Lessons

Registration for Summer 2013 is 5/8/13 at 8:00 AM

Registration for Fall 2013 is 7/31/13 at 8:00 AM

In person registration is recommended at Registration and Records, OR phone-in registrations will be taken at 307.382.1637 as phone lines and personnel are available.

Registrations are non-refundable and non-transferable.

Classes fill quickly. Call 307.382.1694 for information on levels or visit www.wvcc.wy.edu/aqua_ctr for more course information



- ▷ Parent/Child Aquatics
- ▷ Preschool/Level 1
- ▷ Levels 2 & 3
- ▷ Level 4
- ▷ Level 5
- ▷ Level 6 A (Personal Water Safety)
- ▷ Level 6 B (Fundamentals of Diving)
- ▷ Competitive (Off-Season) Training
- ▷ Credit Course information, check the course catalog or website.

WWCC Learning Center

Rock Springs and Green River

Call 382-1829 or 872-1319 for schedules and more information.

- ▷ February is Free GED Month
- ▷ ESL (English as a Second Language) classes
- ▷ GED preparation and testing
- ▷ Classes to brush up on reading, math and language skills

Credit Courses

Credit courses are listed in the Spring 2013 Schedule of Courses. Stop at the Green River Center or Rock Springs Campus to pick up your copy. For more information call 307.382.1600 or visit www.wvcc.wy.edu

- ▷ Credit Day Courses
- ▷ Credit Evening & Weekend Courses
- ▷ Credit On-line Courses
- ▷ Credit Open Lab Courses
- ▷ Late Start Courses
- ▷ Short Block Courses

Western Wyoming Community College is an Equal Opportunity institution and as such, does not discriminate on the basis of race, color, national origin, sex, age, religion, disability status, disabled veteran, or veteran of the Vietnam, Gulf, or any other era in admission or access to, or treatment or employment in, its educational programs or activities.

Inquiries concerning Title VI, Title IX, Section 504, ADA, and other related laws may be referred to the V.P. for Administrative Services, WWCC Administrative Offices, P.O. Box 428, Rock Springs, Wyoming 82902-0428, (307) 382-1609; or Office for Civil Rights, Denver Office, U.S. Department of Education, Cesar E. Chavez Memorial Building, Suite 310, 1244 Spear Avenue Blvd., Denver, CO 80204-3582, (303) 844-5695, FAX (303) 844-4303 or TDD (303) 844-3417 or the Wyoming Labor Standards Department, 1510 East Pershing Blvd., Cheyenne, Wyoming 82002 (307) 777-7261.

ECRWSS
Postal Patron

Watch for the Fall Explore coming in September 2013

Early registration for Fall 2013 courses begins April 10, 2013

Outdoor Digital Photography



Cooking With The College



Basic Sewing



New classes offered this semester include:

- Beginning Group Adult Fiddle
- Beginning Group Adult Violin
- Beginning Jazz
- Guitar Lessons
- Italian Cuisine
- Kids Cookie Bouquet
- Kids Fondant Fun Cakes
- Modern Dance
- Valentine Candy

The Community Education Department of Western Wyoming Community College offers these non-credit classes for your fun and personal enrichment.

Would you like to earn extra money while sharing your hobby with others? Call to teach a Community Education Class.

For more information see the class schedule inside or call 307.872.1323