

FURMAN UNIVERSITY continuing education

Learning for you

Fall Schedule
September–December 2013



Take a class. Take a trip. Be an even better you.

Pursue your passions and grow personally with Furman University's Learning for You—continuing education classes for learners of all ages. Explore your interests, perfect a skill, express your creativity, travel to new destinations, or learn ways to plan for your best future.

Many new classes have been added, including **AquaZumba**, writing classes, wine & food pairings, self-defense, Japanese, **faux finishes**, and a wide range of new **cooking classes**. Our ceramics classes find a new home through our new partnership with the **William Felton School of Crafts** in historic Taylors Mill. You'll find exciting art classes for a variety of skill levels.

Explore new opportunities for a lifetime of learning!

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Social Media classes to help you connect with others or boost your online presence.

Full schedule p. 6

INSTRUCTOR PROFILES>>

Find more instructor profiles at furman.edu/LearningforYou

Shane Bryant is passionate about keeping the traditions of art and fine craft alive in Greenville. In 2003 he founded the William Felton School of Crafts, now housed in the historic Taylors Mill. Learning for You is pleased to partner with Shane to offer top-notch ceramics instruction to our students. [page 2](#)

Anthony Conway is a leader in the contemporary art scene with the revival of classical painting. Having studied at the New York Parson's School of Design, and with a master's degree in medical art, Anthony is an eminently qualified teacher and artist. This fall he is working with Learning for You to offer classes in plein air painting, figure painting, figure drawing, and equine painting. [page 2](#)

Breighannah Newnham's foodie passion is infectious! A Furman alumna and owner of Everyday Organics, Breighannah is a self-taught cook with a passion for healthy organic food. She specializes in vegan and vegetarian cuisine, as well as traditional from-scratch cooking and baking. She will teach two vegan classes as well as "Organic on a Budget." [page 5](#)

Chumley Cope is an historian, native Carolinian, and former prep school teacher, who uncovers an authentic "sense of place" wherever he travels. Participants say, "Chumley encourages discussion. His stories and knowledge could make any place very interesting. He leads us to places I would never have found on my own." Join Learning for You and Chumley this fall on trips to Virginia, Alabama, and both Carolinas. [page 6](#)

REGISTER ONLINE AT www.furman.edu/LearningforYou

Non Profit Org.
US Postage
PAID
Greenville, SC
Permit 1284

Ceramics

Beginning Pottery

Shane Bryant

No experience required! This is the class for folks who have always wanted to try pottery making. Students will move through the various methods of creating work in clay, including hand-building, wheel throwing and glazing. All materials provided.

CRM200, Mon., 10 sessions, Sept. 16–Nov. 18, 6:30–9 p.m., William Felton School of Crafts, \$225

NEW

Pottery Inspired by Nature

Dana Kimmell

Local artist and teacher Dana Kimmell will use nature as an inspiration to lead students through the various methods of creating objects from clay. Students will learn hand building, wheel throwing, and glazing techniques to create sculptural as well as functional works. All materials provided.

CRM201, Tues., 10 sessions, Sept. 17–Nov. 19, 3–5:30 p.m., William Felton School of Crafts, \$225

NEW

Raku Fired Pottery

Shane Bryant

Do you Raku? Would you like to? In this class explore the art of Raku fired pottery. Emphasis will be placed on the firing process and participation in the firing of the kiln. Basic forming skills are a prerequisite for the class. All materials provided.

CRM202, Wed., 10 sessions, Sept. 18–Nov. 20, 6:30–9 p.m., William Felton School of Crafts, \$265

NEW

Raku Intensive Workshop

Shane Bryant

Learn the basics of Raku fired pottery. The first Saturday, concentrate on creating hand-built, not wheel built, forms. The next Saturday, glaze pots and participate in the firing of the kiln, firing until all work is finished. Take finished work home that day. Some clay experience is preferred, but not required. Students MUST be present to have their pots fired. All materials provided.

CRM203, Sat., 2 sessions, Oct. 12–19, 9:30 a.m.–12:30 p.m., William Felton School of Crafts, \$165

NEW

Drawing

Beginning Drawing

Beth Whigham

Drawing is foundational to the visual artist. Artist and educator Beth Whigham will start this class emphasizing the fundamentals: line, value, shape, texture, and depth. Class time will be predominantly active drawing time, delving into understanding contour drawing, various shading techniques, and perspective. With these tools, create bold drawings with variety and depth. Materials list online. DRW111 Sat., 4 sessions, Sept. 21–Oct. 12, 9:30 a.m.–12:30 p.m., HRG005, \$99

Drawing on the Right Side of the Brain

Gregg Davis

Be amazed at your own hidden ability to draw. Drawing well is a skill anyone can learn. Guided by experienced art teacher Gregg Davis, you will use exercises to access and engage the right side of your brain—the more creative, less judgmental side. Learn to make the mental shift to a different mode of information processing so that drawing becomes pleasurable. This class is designed for every skill level, from absolute beginner to advanced. Supplies needed: sketchbook and a #2 pencil. DRW102, Tues. & Thurs., 8 sessions, Sept. 17–Oct. 10, 6–8 p.m., FBG 10–11 grade classroom, \$129

Botanical Drawing Basics I

Nancy Jaramillo

Combine your loves of art and nature as you learn to draw a botanical still-life. With an exuberant subject of native & exotic flowers, the first class will focus on loose and quick practice drawings using vine charcoal on white paper. During the last three classes students will work on one 14"x17" drawing of the still-life using rich black charcoal and white conté crayon on light gray paper. Nancy will share and demonstrate the elements of essential structure, proportions, and composition. All materials provided.

DRW105, Wed., 4 sessions, Sept. 18–Oct. 9, 6–8 p.m., HRG113, \$79

Botanical Drawing Basics II

Nancy Jaramillo

Join us as a continuation of the first class or for those with some experience. Review fundamental techniques of siting angles, taking visual measurements, and creating a simplified model. Continue to work from direct observation, drawing from two floral arrangements, native plants and flowering tropical plants. Using a combination

of charcoal, pencil, and conté crayon you will create two 14" x 17" botanical drawings. All materials provided.

DRW110, Wed., 4 sessions, Oct. 16–Nov. 6, 6–8 p.m., HRG113, \$79

Composition in Drawing

Paul Flint

How do you choose to interpret your drawn subjects? Improve your drawings by crafting spot-on compositions. Experienced teacher and artist Paul Flint will help you evaluate your compositional choices as you work to develop your drawing techniques. For intermediate to advanced artists. Materials list online.

DRW109, Thurs., 8 sessions, Sept. 12–Oct. 31, 6:30–8:30 p.m., HRG113, \$149

New Approaches to Classical Figure Drawing

Anthony Conway

Create dynamic figure drawings from a live model. Focus on enhancing observation and technical skills through exercises and detailed demonstrations. Learn classical techniques in contemporary figure drawing, selective observation, and perceptual awareness. Gain a deeper understanding of anatomy, materials, proportion, line, values, form, gesture, and movement. One-on-one critiques and instruction benefit both beginner and intermediate students. Materials list online.

DRW108, Sat., 6 sessions, Oct. 19–Nov. 23, 10 a.m.–1 p.m., HRG005, \$189

Crafts

Greeting Cards with Heart

Angie Smith

Are you tired of trying to find just the right card, with just the right message? Learn how to make your own greeting cards for any occasion including Birthday, Thinking of You, etc. Class will include basic paper crafting techniques and tips, and how to use the many tools on the market. Send a message from your heart! All materials provided for 6–8 cards.

CRF113, Sat., 1 session, Oct. 5, 9 a.m.–1 p.m., MCC, \$49



NEW

Holiday Card Workshop

Angie Smith

This year, give the gift of a beautiful, handmade card. Learn to make your own holiday cards for Halloween, Thanksgiving, and Christmas. Class will include basic paper crafting techniques and tips, and how to use the many tools. All materials provided for 6–8 cards.

CRF115, Sat., 1 session, Nov. 2, 9 a.m.–1 p.m., HRG113, \$49

NEW

Fabrics & Alternative Materials

Handmade Paper Workshop

Carole Funke

Explore the art of handmade paper with this hands-on workshop. Learn the history of handmade paper, different processes of making paper, how to make paper at home and about projects for using your handmade paper. Learn basic techniques including pulling paper, creating texture in paper, pulp painting, embedding, molding, and embossing. All materials are provided including deckles, sponges, towels, special things to put into paper (ribbon, sparkles, string etc.) pigment for coloring pulp, blender, paper pulp, and artwork to inspire students. Wear something old and bring newspaper.

CRF114, Sat., 1 session, Nov. 9, 9 a.m.–4 p.m., HRG113, \$99

NEW

Gourds: Wax Resist, Carving, Handles, & Weaving Rim Embellishments: Six weeks of Fun!

Debbie Wilson

Prepare gourds by sanding, drilling, and adding reeds for weaving & coiling. Create attractive designs with ink, leather dyes, and wax resist techniques. Use round reed, sisal cord, jute, and other materials to utilize the twining technique for weaving. Explore embellishments and covered cane handles. Gourds, dyes, rotary bits, spray fixative, and all weaving materials (\$35 value) provided. Additional materials list online.

CRF105, Mon., 6 sessions, Oct. 7–Nov. 11, 6–8:30 p.m., HRG005, \$139

Painting

En Plein Air: Furmanescapes/ Greenvillescapes

Anthony Conway

Few places provide lovelier scenery for plein air painting than the Furman campus and Greenville's downtown. Anthony Conway will assist your foray into plein air painting, using your own preferred medium, with two sessions at Furman and two sessions in Greenville. PNT114, Sat., 4 sessions, Sept. 14–Oct. 5, 9 a.m.–noon, HRG113 and remote locations, \$159

NEW

Art of the Horse

Anthony Conway

The horse has been a subject in art for centuries. Follow noted equine painter Anthony Conway as he guides you on the basics of drawing and painting the horse from life. The class will be held at Riverbend Equine Park near Furman, where students will work directly with the horses there. Materials list online.

PNT113, Wed., 2 sessions, Sept. 18–25, 4–7 p.m., Riverbend: Greenville County Recreation District Equine Center, \$99

NEW

Creative Photoshop

Susan Molnar

Photoshop has the ability to take your creativity beyond cameras and photos. Push the boundaries of your creativity by learning techniques to create images of your dreams. Susan Molnar, formerly with Parsons School of Design, has more than ten years of experience creating digital art. Classes will cover the basics of digital painting using a Wacom tablet, best practices for taking drawings and paintings into Photoshop, and creative use of scanners and digital collage.

PHG112 Thurs., 5 sessions, Sept. 19–Oct. 17, 6:30–8:30 p.m., HRG104, \$129

NEW

From the Ground Up: Oil Painting Basics

Janina Tukarski Ellis

Artists of all levels are invited to build up their artistic confidence while winding down after a hard day at work. Janina Tukarski Ellis will demonstrate and mentor students in the basic steps necessary to complete a successful oil painting. Students will learn the ins and outs of working with oil paint and oil mediums, while gaining a deeper understanding of the basic elements or art (color, form, line, etc.). Materials list online.

PNT110, Wed., 8 sessions, Sept. 25–Nov. 20 (No class October 23), 7–9 p.m., HRG005, \$159

Watercolor: Fun & Easy I

Pat Grills

Try your hand at watercolor with this popular class for beginners. As stated by a former student, "I always heard how hard watercolors are; Pat made it easy and fun. I'm totally inspired now!" This outstanding and award winning instructor provides the perfect combination of technical demonstration and creative freedom. He will guide you to mastering the many basic techniques and subtleties of watercolor. Individualized instruction, coupled with mini-lectures and demonstration in a studio format, maximize your learning. Materials list online.

PNT101, Tues., 5 sessions, Oct. 15–Nov. 12, 7–9 p.m., HRG005, \$89

Watermedia and Collage Workshop

Jane Todd Butcher

This two-day workshop will introduce artists of all levels to water media collage combined with painting and other art forms. Jane will demonstrate the dyeing, staining, and texturing of art tissue and rice papers with inks and acrylics. Artists will then create their own papers and explore some of the ways that these beautiful papers may be utilized in watercolor or acrylic paintings, or even combined with drawing, photography, poetry, and more. The emphasis is on experimentation, color and design, rather than traditional painting technique. Find ways to incorporate collage into your own work! Materials list online. Bring a bag lunch.

PNT115, Fri. & Sat., 2 sessions, Sept. 27–Sept. 28, 9:30a.m.–3:30 p.m., HRG113, \$149

Rendering Figure in Paint

Anthony Conway

Create confident portrait and figure paintings from life. Learn from this highly rated teacher's methods as he demonstrates a sensible approach to the techniques of Old Masters. Particular attention will be given to composition, observation of light, value, control of edges, color theory, and glazing and scumbling techniques. One-on-one instruction enables students to understand how to intuitively make good painting decisions. All levels welcome. Materials list online

PNT112, Sat., 6 sessions, Oct. 19–Nov. 23, 2:30–5:30 p.m., HRG005, \$189

Metals & Glass

Chain, Chain, Chain! Ages 15–Adult

Katie Poterala

Learn to bend, shape, and forge wire, as well as create your own chains from start to finish. Explore a variety of styles, and see demonstrations of all steps of the process. Bring along grandma's pearls, that earring that's missing its pair, or anything else you'd like to incorporate into your chains. Leave the class with a small collection of chains of your own creation in hammered aluminum, copper, and brass. All materials provided.

JWL107, Sat., 1 session Oct. 19, 9 a.m.–3 p.m., HRG113, \$109

NEW



Beginning Stained Glass Workshop

Aaron Anderson

Design and create an original stained glass window panel! With twenty-five years of experience in stained glass design, fabrication, and restoration, our instructor will demonstrate and teach the skills of designing a pattern, selecting and cutting the glass, copper foiling, leading, soldering and applying patina. As you complete a 7" x 9" panel, practice the entire process. Most tools provided. \$20 materials fee payable to instructor at first class. Lead soldering not advisable for women who are pregnant. Materials list online. CRF104, Sat., 1 session, Sept. 14 (Bring a bag lunch.), 9 a.m.–2 p.m., HRG005, \$69

Textured Metal Jewelry, Ages 15–Adult

Katie Poterala

Learn to texture metal for jewelry fabrication with a local artist and metalsmith. Create metal jewelry with tactile textures and surfaces. Working with copper and brass, design and make your own pieces from start to finish. Learn ways to add hammer textures, and how to acid etch and stamp designs. Form complete jewelry objects: bracelets, earrings, and pendants. Finishing materials, tools, and all supplies including sheet copper, sheet brass, and sterling silver ear wire (value \$40) included. www.katiepoterala.com JW1106, Mon., 6 sessions, Oct. 7–Nov. 11, 6–8 p.m., HRG113, \$179

Photography

iPhotography

Somer Grasser

Remember the days when you carried your camera with you to special events? Now we rely almost solely on our phone to capture special moments in our life. Come to this photo editing class to learn how to use your iPhone to its highest potential when taking photos and video. Learn how to fix bad photos, edit good photos to make them great, put fun text and filters on pictures, and join in the popular apps for photo-sharing. PHG113, Tues., 1 session, Oct. 22, 6:30–8:30 p.m., HRG104, \$35

NEW

Digital Photography for Beginners

George Lee

Have a new digital camera and are still figuring out how to use it? Explore camera controls and functions; use creative composition; vary shutter speed for action and aperture for depth of field. Create electronic slideshow presentations and archive for storage and printing. Practice and critique are essential elements of the class. Bring your digital camera, memory card, and instruction manual to class. PHG101A, Mon., 5 sessions, Sept. 9–Oct. 7, 9:30–11:30 a.m., FBG AYMC/6–7 gr. Classroom, \$99 PHG101B, Tues., 5 sessions, Sept. 10–Oct. 8, 6–8 p.m., FH111, \$99

Intermediate Digital Photography

Tara Botka

Continue to the next level, whether from our beginner class or other experiences. Gain further knowledge of your SLR digital camera by using various custom functions. Achieve better control of exposures, speed settings and custom white balance. Learn basic use of flash photography. Be introduced to basic digital darkroom (Photoshop Elements software). Use this class to take an assigned creative project from start (at the beginning of the class) to finish (for critique at the last class). Prerequisite: basic proficiency with digital photography or

completion of beginner class and a SLR digital camera. PHG102A, Mon., 5 sessions, Oct. 14–Nov. 11, 9:30–11:30 a.m., FBG AYMC/6–7 grade classroom, \$99 PHG102B, Tues., 5 sessions, Oct. 15–Nov. 12, 6–8 p.m., RNK152, \$99

Learning to See Photographically: For Intermediate and Advanced Photographers

Blake Praytor

Improve your ability to create engaging images by the use of observation, composition, design, and craft. First, we will critique six images from each student. The second session will be a shooting field trip (time and location will be determined by members of class at first meeting). The third session will be a review of the improved imagery. Photographs presented may be black and white or color 8" x 10" print format. PHG111, Wed., 3 sessions†, Oct. 2 & Oct. 16, 6:30–8:30 p.m., FH107, \$74
†Second class is field trip; date and time to be determined at first class.

Photoshop CS6—Introduction

Susan Molnar

Learn the basics of Photoshop for image manipulation. Understand and integrate a digital component into your work, including how to show your work digitally. Designed for beginners or those with a little working knowledge, this course will cover basic issues including resolution and image size optimization of images for web and print. Learn best practices for image manipulation including changing colors, correcting exposure and image compositing. Prerequisite: Camera ready for use, basic computer and camera proficiency, a scanner, and a USB drive for transporting images, ideally 4GB+ PHG104, Wed., 5 sessions, Sept. 11–Oct. 9, 6:30–8:30 p.m., HRG104, \$129

See also *Creative Photoshop*, p.2

Youth Art Classes

Drawing Cartoons, Grades 2–8

Gregg Davis

Want to design your own comic strip? Invent a new character? As someone in a previous class said, "This class rocked!" Learn the basics of cartooning. Using Gregg's tips, you can learn how to cartoon in 3-D and then create your own character and comic strip. Bring felt-tip pen, pencils and sketchpad. DRW104, Sat., 6 sessions, Sept. 28–Nov. 2, 9–10 a.m., MCC Art Room, \$64

Drawing on the Right Side of the Brain, Grades 2–8

Gregg Davis

You will be amazed at what your child can actually draw after this class with an experienced and motivating teacher. Watch your son/daughter learn how to use the creative right side of the brain to draw. The comparison of first and last pictures from the class is remarkable! Bring sketchpad and several pencils. DRW103, Sat., 6 sessions, Sept. 28–Nov. 2, 10:15–11:15 a.m., MCC Art Room, \$64



Janina Turkaski Ellis

WORDS & music

Legacy Stories

Heather Marshall

Legacy stories capture the spirit of your family's lives. Whether you are a new parent, hoping to gather and retain special moments as your children grow, or a grandparent hoping to pass along family history, you will develop the skills to craft engaging family stories that capture the essence of what your family is all about. In six sessions, you will explore memoir and flash fiction, develop themes, craft stories, and learn about a variety of ways of preserving and sharing your stories. Bring paper and a pen. WRT106, Tues, 6 sessions, Sept. 24–Oct. 29, 6:30–8:30 p.m., HRG103, \$99

NEW

What's Your Story?

Heather Marshall

What's your story? Are you contemplating a change, or are you at a crossroads in your life? Using writing techniques that help you fully engage your vision and capture it on the page, published author and experienced educator Heather Marshall will guide your creation of stories that capture where you are now in life, and where you would like to go. Bring paper and a pen. WRT105, Thur., 1 session, Oct. 10, 6–9 p.m., HRG103, \$49

NEW

Basic Harmonica Ages 13–Adult

Max Hightower, Austin Brazier

The Mac Arnold Band knows a bit about playing soulful music. And the band's harmonica player, Max Hightower, can teach you a thing or two about playing the harmonica. Bring your harmonica to this unique workshop, and learn from Max and fellow band member Austin Brazier. MSC105, Mon., 1 session, Sept. 9, 6:30–8 p.m., HRG103, \$35

NEW

Hootin' Harmonicas Grades 3–6

Max Hightower, Austin Brazier

Max Hightower and Austin Brazier, members of the Mac Arnold Band, invite children to learn harmonica! In this workshop, kids will get (and take home) their own harmonica and begin learning the techniques that will get them started. This is a unique opportunity for children to be introduced to such an approachable, inexpensive instrument—by the best players in the Upstate! MSC106, Wed., 1 session, Sept. 18, 4:30–5:15 p.m., MCC, \$29



NEW

Writing & Illustrating Children's Books

Tim Davis and Melinda Long

Get advice and instruction from this team of successfully published authors and illustrator as they help you write and illustrate for children. Tim will guide you to refine the story idea, discuss design and illustration, and lead constructive critique discussion. Melinda will focus on strong beginnings and endings and teach you about the importance of voice, significant characters, and the effective use of humor. They will coach you as you progress and offer publishing strategies for emerging children's writers. One session features the additional expertise of Cynthia Faber Smith, consulting art director of *Highlights* magazine for children. WRT103, Tues, 6 sessions, Sept. 10–Oct. 15, 6:30–8:30 p.m., HRG003, \$129

Guitar Skills for Beginners Ages 15–Adult

Leslie Smith

Is learning to play guitar on your bucket list? Tried to play before but didn't get past the early challenges? Learn basic skills of rhythm guitar to accompany singers, play with other musicians, or play for your own enjoyment. Learn to get clear sound, play basic chords, tips for moving smoothly from

chord to chord, and common strum patterns. Practical instruction helps you play songs you love. Bring any basic guitar. MSC107, Tues., 10 sessions, Sept. 10–Nov. 12, 6:30–7:30 p.m., FBG, AYMC/8–9 grade classroom, \$129

Piano—Playing Instantly

Deborah Belcher

As seen on *Good Morning America*—Learning to play the piano need not be a tortuous regimen of scales, exercises, note reading, counting and theory. Take a few entertaining hours to learn how to play the way the pros do—with chords. Save time and money with this innovative approach that shows you the easy way to play several songs right in class. Cover how chords work in music, musicians' shortcuts, how to speed read sheet music, how to derive chords—and much more. Then develop your techniques at home using the class workbook and sixty-minute CD. You'll be playing your favorite songs before you know it! This course also works well for those who have traditional piano experience. Future refresher courses free. Workbook and practice CD included in materials fee of \$25 payable by cash or check at class. MSC103, Thurs., 1 session, Oct. 3, 6–9 p.m., FH214, \$63

FITNESS & FUN

AquaZumba

Debbie Stroud

NEW

Dancing in the pool! AquaZumba combines some of the traditional elements of aqua fitness classes with the upbeat, Latin-infused dance moves and music that Zumba is famous for. Come for fun and a great low-impact workout, with moves that focus on the muscles of the core combined with muscle strengthening exercises that work both the upper and lower body. A great total-body routine.

FTN104A, Thurs., 8 sessions, Sept. 12–Oct. 31, 9–10 a.m., PAC pool, \$79

FTN104B, Tues., 8 sessions, Sept. 10–Oct. 29, 3:30–4:30 p.m., PAC pool, \$79

Self Defense with Krav Maga

Chris Cromer

NEW

Protect yourself with easy-to-master self-defense fundamentals! Krav Maga was originally designed for the Israeli Military. There, everyone must serve in the army, so these techniques were designed to be efficient and easy for anyone to learn. With the use of these methods, develop environmental awareness and avoidance of danger, along with greater fitness and coordination.

FTN105, Mon. & Wed., 8 sessions, Sept. 9–Oct. 2, 5:30–7 p.m., Knights of Siena, \$99

Beginning Sailing

Ron Moede

Learn the basics of sailing, a lifelong sport which knows no gender or age boundaries. Master the basic theory of how a sailboat works and how you safely and skillfully operate it. Then put your skills into practice at Western Carolina Sail Club on Lake Hartwell. This program utilizes both classroom and on-the-water instruction by a US Sailing certified small boat instructor. Participants must provide their own life jackets, Coast Guard approved Type III. The textbook *Start Sailing Right* may be purchased for \$15 at the first class. Tuition includes ninety-day membership at Western Carolina Sailing Club. SPR102, Thurs., Sat. & Sun., 5 sessions, Thurs., Sept. 12 & Sept. 19, 7–9 p.m., HRG003; Sat., Sept. 14 & Sept. 21, Sun., Sept. 22, 8:30 a.m.–4:30 p.m., WCSC, \$239

Intermediate Sailing

Ron Moede

If you have taken our first class or know the basics and feel comfortable sailing, then this class is for you. Develop proficiency with tacking, jibing, knots and navigation. Improve and transfer your skill to larger boats. This course consists of both classroom and on-the-water instruction, demonstration and practice at Western Carolina Sailing Club. The instructor, Ron Moede, is a Coast Guard licensed captain and a US Sailing certified instructor. Participants must provide their own life jackets, Coast Guard approved Type III. Instructional materials may be purchased for \$15 at the first class. Tuition includes ninety-day membership at Western Carolina Sailing Club.

SPR103, Thurs., Sat. & Sun., 5 sessions, Thurs., Sept. 26 & Oct. 3, 7–9 p.m., HRG003; Sat., Sept. 28 & Oct. 5, Sun., Oct. 6, 8:30 a.m.–4:30 p.m., WCSC, \$239

Beginning Shag

Kae Childs

If you live around here, it's essential to know how to shag. Not only is the shag the official South Carolina state dance, it is also a carefree, timeless step that connects the generations at any gathering. Enroll in this class for absolute beginners to learn the basic steps and rhythm. Then, progress to several different turns with instruction and demonstration from our professional shag teacher who loves the dance and enjoys sharing it with others. No partner required. Wear leather sole shoes or dance in your socks.

DNC101, Wed., 4 sessions, Sept. 11–Oct. 2, 7–8:15 p.m., FBG Practice Gym, \$79

Intermediate Shag

Kae Childs

Designed for those who have had our beginning shag class or are comfortable with the basic steps and turns, this class will expand your ability and your fun. Enroll in this class to learn more advanced steps such as the pivot and the boogie walk, while perfecting and integrating the steps and turns you already know. No partner required. Wear leather sole shoes or dance in your socks.

DNC102, Wed., 4 sessions, Oct. 9–Oct. 30, 7–8:15 p.m., FBG Practice Gym, \$79

Golf Fundamentals

Chuck Lackey

Cover the fundamentals of the game in this class designed for the beginner and high handicapper. Practice the appropriate use of all clubs progressing from putting and chipping to irons and woods. Furman's own teaching pro will demonstrate and teach the proper grip, posture, alignment and full swing, as well as rules and course strategy. A small class, individual attention and ample practice time gives you the opportunity to learn or significantly improve your game. Bring your clubs.

SPR104, Thurs., 6 sessions, Sept. 19–Oct. 24, 5:30–7 p.m., Furman Golf Course, \$139

Advanced Golf

Chuck Lackey

Take your game to the next level, become more consistent, and improve your score with this class. Focus on specialty shots such as bunker shots and recovery shots so that you know when to use them and how to execute them for success. Discuss game management and strategy as well as the rules of golf so that you increase your knowledge and skill, enhancing your overall enjoyment of the game. Spend time on the practice range and the course, refining your game with demonstration and practice. Bring your clubs.

SPR105, Wed., 6 sessions, Sept. 18–Oct. 23, 5:30–7 p.m., Furman Golf Course, \$139

T'ai Chi

Keith Davis

T'ai Chi Chuan is a traditional Chinese art form that includes exercise of the physical, mental, and spiritual, and has been referred to as "the perfect exercise."

Benefits include balance control, flexibility, and cardiovascular fitness. It can also increase psychological wellbeing, reducing stress, fatigue, sleeplessness, and depression, and enhancing mood. Keith Davis has been studying T'ai Chi Chuan and other martial arts for over twenty years.

FTN103, Thur., 10 sessions, Sept. 12–Nov. 14, 9–10 a.m., PAC Dance Studio, \$99

Beginning Swimming I for Adults

Danee Frederick

For adults with limited or no swimming experience, this class will take you to a point where you are comfortable and confident in the water. Very small classes allow for individual attention from our experienced and well-qualified teacher. Learn beginning skills such as getting settled in the water, controlling your breathing, floating on your back and front, buoyancy levels, and beginning basic stroke development.

SWM101, Wed., 6 sessions, Oct. 2–Nov. 6, 6:45–7:45 p.m., PAC Pool, \$99

Intermediate Swimming I for Adults

Danee Frederick

For adults who are able to swim, this class will group the students according to ability and work to improve strokes and increase endurance. Our certified and experienced teacher will demonstrate, coach, and help you with swim technique, strength, conditioning, and proficiency for the front crawl, back crawl, backstroke, and breaststroke. Instruction will be based on your skill level and goals.

SWM105, Wed., 6 sessions, Oct. 2–Nov. 6, 7:45–8:45 p.m., PAC Pool, \$99

Youth Fencing

Alan Blakeborough

Learn the basics of modern Olympic fencing, a lifelong sport for people of varying athletic abilities and body types. Cover proper use of the equipment and correct techniques for the foil, epee, and saber. Under the tutelage of the USFCA certified instructors, master the basic rules and begin to practice the fundamentals of fencing. Fee includes all equipment, including masks, jackets, and weapons. Wear loose clothing such as sweat pants and tennis shoes and bring a water bottle. SPR101, Thurs., 6 sessions, Sept. 19–Oct. 24, 6–7:30 p.m., Knights of Siena, \$89

Money MATTERS

Financial Strategies for Successful Retirement

William Johnson

Prepare financially for retirement and alleviate financial anxieties by learning how to protect assets from erosion while minimizing taxes. This informal and interesting course will cover maximizing pension benefits, lump sum distribution, reducing taxes, risk management, investment choices, retirement alternatives, asset allocation, and estate planning. This class is educational in nature and format and will not endorse any particular investment, company, or option. Spouse/partner free with registered participant. Fee includes workbook and optional individual conference.

MNY101A, Mon., 4 sessions, Sept. 9–Sept. 30, 6:30–9 p.m., UCG204, \$79

MNY101B, Tues., 4 sessions, Sept. 10–Oct. 1, 6:30–9 p.m., UCG204, \$79

MNY101C, Mon, 4 sessions, Oct. 28–Nov. 18, 6:30–9 p.m., UCG204, \$79

MNY101D, Tues., 4 sessions, Oct. 29–Nov. 19, 6:30–9 p.m., UCG204, \$79

Wealth Advantage

William Johnson

NEW

Wealth isn't just a number—it is the result of thoughts held and actions taken. Reaching your total wealth potential depends upon the actions you take today. Wealth Advantage provides tools to build financial success from the inside out. This seminar serves as a bridge between your inner world of how you think about wealth, and the results you observe in your outer world. Increase your ability to organize and use the knowledge you've acquired to develop the habits, thoughts, and actions of wealthy people. Spouse/partner free with registered participant. Fee includes workbook and optional individual conference.

MNY105A, Mon., 3 sessions, Oct. 7–21, 6–9 p.m., UCG204, \$75

MNY105B, Tues., 3 sessions, Oct. 8–22, 6–9 p.m., UCG204, \$75

MNY105C, Thurs., 3 sessions, Oct. 10–24, 6–9 p.m., UCG204, \$75

See also *5000 Choices: Planning, Preparing & Paying for College, p.5*

CULINARY

Hobbies

Breads—Quick!

NEW

Mary Katherine Wyeth

Baking bread has never been easier or quicker! Chef Mary Katherine Wyeth will introduce you to the three classic mixing methods—creaming, rubbing and blending. You'll apply those methods to specific baking formulas to create cranberry orange scones, flaky buttermilk biscuits, blueberry lemon muffins, chocolate chip walnut cookies, and pumpkin spice cake with cream cheese frosting.

CKG111, Sun., 1 session, Sept. 15, 1–5 p.m., HRG106, \$69

Organic on a Budget

NEW

Breighanna Newnham

The importance and benefits of an organic diet are undeniable, but not everyone can afford an organic lifestyle. Under the guidance of Breighanna Newnham, co-owner of Everyday Organic Restaurant, learn how to plan seasonal menus, where to find budget friendly organic produce, and how to get involved with your local CSA, along with other money saving tips. Learn how to cook quick and easy family-friendly meals with interactive cooking demonstrations. No class Oct.31.

CKG112, Thurs., 4 sessions, Oct. 17–Nov. 14, 6:30–8:30 p.m., HRG106, \$89

Healthy Holiday Eats

NEW

Kelly Frazier

The key to lightening up holiday fare is to center your menu around colorful vegetable and fruit dishes. Come celebrate the bounty of the season as we prepare and sample Sauteed Brussels Sprouts with Turkey Bacon; Cheddar Smashed Potatoes with Cauliflower; Green Beans with Toasted Almonds; Roasted Root Vegetables; Maple Acorn Squash Stuffed with Apples, Dates, and Raisins; Spinach Salad with Pomegranate Seeds, Clementines, and Goat Cheese, and more. Furman Health Sciences lecturer Kelly Frazier will discuss the foundations of healthy eating through this interactive healthy eating workshop.

CKG120, Sat., 1 session, Nov. 9, 9 a.m.–noon, HRG106, \$55

Soups, Stocks & Sauces

NEW

Mary Katherine Wyeth

In this small, hands-on course, learn from chef Mary Katherine Wyeth two basic, but important culinary techniques—sauce and soup-making. Perfect three classic culinary sauces—bechamel, hollandaise, and bearnaise —and explore various styles of soups including French onion, roasted butternut squash, and creamy potato and cheddar.

CKG113, Sun., 1 session, Oct. 27, 1–5 p.m., HRG106, \$69

Vegan Basics: Dinner

NEW

Breighanna Newnham

Learn how to stock your pantry with vegan essentials and transform your diet with ease. Breighanna Newnham, co-owner of Everyday Organic Restaurant, will teach you the basics of “going vegan” with interactive cooking

demonstrations, substitutions for your favorite comfort food dishes, and other tips on how to incorporate veganism in your current lifestyle.

CKG116, Sun., 1 session, Sept. 22, 2–6 p.m., HRG106, \$69

Special Occasion Cookies

NEW

Michal Jones-Smith

Gain an inside look into the professional world of baking! From cookie recipes and icing to detailed decorations all made by hand, learn chef techniques and secrets for perfect cookies. After a short lecture and demonstration, create and practice making, baking and decorating cookies you'll be proud to serve for special occasion treats and birthday, wedding and shower giveaways.

CKG114, Sat., 1 session, Sept. 14, 9 a.m.–1 p.m., HRG106, \$59

Vegan Basics: Breakfast & Snacks

NEW

Breighanna Newnham

No eggs? Bacon? Cheese? So what do vegans eat for breakfast? In the second part of Vegan Basics, taught by Everyday Organic restaurant owner, Breighanna Newnham, learn how to start the day right, the vegan way. With interactive cooking demonstrations of filling and healthy recipes, this class may change the way you think about breakfast and snacking.

CKG115, Sun., 1 session, Oct. 20, 2–6 p.m., HRG106, \$69

See also *Furman University Eat Lean (FUEL) Basics, p.7*

International

World Flavors and Wine: Argentina

NEW

Mary Katherine Wyeth and Stephen Hadden

Wine and dine Argentina style! Chef Mary Katherine Wyeth will demonstrate and share Argentine chicken empanadas, seared strip steak with a fresh chimichurri sauce, roasted peruvian potatoes, and dulce de leche alfajores (shortbread sandwich cookies). Total Wine's Stephen Hadder will share a flight of wines from the region tailored to the menu. Escape to Furman's culinary venue and give your palate an adventuresome outing! Learn basic staples and practices, plus great resources for more recipes and ideas.

CKG117, Thurs., 1 session, Sept. 26, 6–8 p.m., HRG106, \$59

World Flavors and Wine: Italy

NEW

Mary Katherine Wyeth and Stephen Hadden

Enjoy wine and delicious food from Italy. Chef Mary Katherine Wyeth will demonstrate and share papardelle bolognese, using homemade pasta made in class, a panzanella salad, and zabaglione with strawberries for dessert. Total Wines will share a flight of wines from the region, tailored to the menu. Escape to Furman's culinary venue, park conveniently, and give your palate an adventuresome outing! Learn basic staples and practices, plus great resources.

CKG118, Thurs., 1 session, Oct. 10, 6–8 p.m., HRG106, \$59

Professional Development

5000 Choices: Planning, Preparing & Paying for College

NEW

Lindsey Walker

Lindsey Walker, senior assistant director of Admission at Furman, prepares students and their parents to navigate the decisions, dates, and deadlines of the college admission process. In this two session course you will develop a college prep timeline, research scholarships and hear an insider's opinion on finding the right school for you. This course pairs well with “500 Words or Less . . . The College Admission Essay,” offered in the spring. Cost is for student and parent(s).

PRD105, Tues., 2 sessions, Oct. 1 & Oct. 15, 6:30–8:30 p.m., HRG110, \$69

Connections: Women Leaders of the Upstate, 2014

Furman's premier women's leadership program seeks to develop Upstate women in further maximizing their individual leadership potential by leveraging the power of the collective. As indicated with the name “Connections,” we believe leadership is best fostered in a context of interconnectedness. In Connections: Women Leaders of the Upstate, you will build your network of colleagues, identify mentors, discuss challenges together, and collaborate across professional lines. Through a thematic approach to leadership development, you will learn from other women leaders to make meaning of your experiences, build an integrated core of personal identity, and grow in your appreciation of the connections that bind us together corporately. Nominations and applications are being accepted now for participation in the January–April, 2014 class designed for recognized and emerging women leaders.

For information or an application, visit www.furman.edu/LearningforYou, call 864.294.2153, or email donna.rogers@furman.edu.

Beginning Crochet

NEW

Heather Weber

Have you always wanted to learn to crochet? Join us to learn the very basics: picking yarn and hook sizes, chaining, single and double crochet, changing colors, finishing, and weaving in ends. No experience necessary! The skills taught are enough for the students to be able to complete a basic scarf or washcloth. Materials list online.

CRF117, Tues., 3 sessions, Nov. 5–19, 6:30–8:30 p.m. HRG115, \$69

Beekeeping Introduction with Hands-on Practice!

Buddy May

Explore the world of honey bees and the art of keeping them, whether for interesting fun or to obtain your own pure local honey for good taste and good health. Discover secrets of beekeeping, an 8,000-year-old practice, while learning the practical realities of beekeeping today. Cover honey bee biology, bees' relationship with flowers, management of the honey bee in each season, and honey extraction. Understand the hive and its parts, installing bees and the various threatening parasites, diseases and hive invaders. Our journeyman-level beekeeper and operator of forty hives will then oversee hands-on practice with frames of honey bees at his apiary. Veil and hat required; may purchase from instructor; est. cost \$35–40. Course prepares participants for the (optional) SC Certified Beekeeper exam. Recommended text: *First Lessons in Beekeeping* by Keith Delaplane.

HME102, Tues. & Sun., 7 sessions, Tues., Sept. 10–Oct. 1, 6:30–8:30 p.m., FH109, Sun., Oct. 6–20, 2–3:30 p.m., May Farms Apiary near Furman, \$89

Knitting: Beginning

Heather Weber

How better to spend a cold winter evening than around the fireplace learning to knit? Whether you have little experience or none, join instructor Heather Weber for a fireside knitting class to explore the very basics of knitting: casting on, the knit stitch, the purl stitch, changing colors, and binding off. You will be able to complete a basic scarf. Materials list online.

CRF107, Thur., 3 sessions, Sept. 26–Oct. 10, 6:30–8:30 p.m., HRG115, \$69

Knitting: Keep Knitting



Heather Weber

Continue knitting with instructor Heather Weber, who will conduct a fireside class to help you increase, decrease, gauge your stitches, choose yarns, and join in the round. You will be able to complete a small project. Materials list online.

CRF108A, Tues., 3 sessions, Oct. 15–Oct. 29, 6:30–8:30 p.m., MCC Community Room, \$69

CRF108B, Thurs., 3 sessions, Oct. 17–Oct. 31, 6:30–8:30 p.m., HRG115, \$69

Sewing: Beginner . . . Sew, Sew Fun!

Beth Chandler

Learn basic sewing techniques including operating a sewing machine, measuring & cutting fabric, laying out patterns, and sewing seams. In doing so, you'll construct a pillowcase, a tote bag, and a reversible apron! Join instructor Beth Chandler (elizabethchandlerdesigns.com) and a small class to have fun learning a new skill! Bring your own machine, or one will be provided. Materials list online (est. cost: \$10–20)

CRF109, Thurs., 3 sessions, Sept. 12–Sept. 26, 6–9 p.m., HRG005, \$125

See also *Falling for Faux!, p.7*

State!

Plantations, Towns & Stories of the Pee Dee **NEW**

Chumley Cope

Join us for another South Carolina ramble, as we explore the stories and ancient communities of the Old Pee Dee region. We'll learn stories about the Revolutionary War—and the famous Marsh Tacky horses associated with Francis Marion; the cotton economy that dominated the region for decades; and visit specific historic sites, including the lovely Columns Plantation in Florence County. Great fun and fellowship will abound! Other highlights include backroads history and scenic drives; a visit to Pearl Fryar's topiary garden; exploration of lovely churches and plantations in the area; exploration of the town of Marion (including guided touring); and a visit to a Marsh Tacky horse farm. Price includes all touring / activities; comfortable bus or van transportation; accommodations at the Hampton Inn Florence (or similar), all meals; price does not include alcohol or bus driver tip.

EXC444, Mon.–Tues., 2 sessions, Nov. 11–Nov. 12, depart from Furman DMC, \$389 per person double occupancy, single supplement \$65.

Four Hole Swamp & Hidden Treasures of the Low Country **NEW**

Chumley Cope

This is our next adventure in active exploration—by foot and paddle. Join Chumley Cope for hiking in the Congaree Swamp—home of the largest lowland hardwood trees in the Southeast, and for a guided canoeing excursion in the Four Hole Swamp. Our immersion in nature will be complemented by visits to two outstanding regional cultural sites: the beautiful Kensington Mansion and the Mepkin Abbey—adorned for the annual crêche festival. Price includes all touring/activities; comfortable van transportation; accommodations at the Hampton Inn Monck's Corner (or similar), all meals; price does not include alcohol.

EXC445, Thurs.–Fri., Dec. 5–6, depart from Furman DMC, \$419 per person double occupancy, single supplement \$60.

Region & Nation!

Abingdon, Saltville, and Roan Mountain **NEW**

Chumley Cope

Join regional historian Chumley Cope to visit the historic Holston River region. After a beautiful drive and lunch in Kingsport, Tennessee, we will settle in to pretty Abingdon, Virginia, and dinner at the Martha Washington Inn. Thursday will find us in Saltville, one of the most historic sites in the Southeast. Enjoy a first person portrayal by Francis Asbury, followed by the a visit to the Museum of the Middle Appalachians. That evening enjoy a performance of *Ghost in the Meadow* at the Barter Theater. Return via the Doe River valley and Roan Mountain. Price includes comfortable van transportation, lodging for two nights in the Comfort Inn and Suites Abingdon (or similar), breakfasts at the hotel, two lunches, dinner at the Martha Washington Inn, Barter Theatre production, all entrances/admissions/activities described in the itinerary (see full itinerary online), guide and concierge service throughout the trip. Price does not include one lunch, one dinner, optional tips, personal expenditures, traveler's insurance.

EXC443, Wed.–Fri., Sept. 11–13, depart from Furman DMC, \$699 per person double occupancy, single supplement, \$125

Autumn Adventure: Waynesville & Haywood Counties **NEW**

Chumley Cope

Travel west to beautiful Haywood County, home of the Appalachian's tallest & most majestic mountain range, the Plott Balsams. Bob Plott, a grand descendant of one of the region's original families and author of *Strike and Stay: The Story of the Plott Hound*, will narrate and guide our access into some of the most beautiful and remote areas of the Southern Highlands. Visit secluded, once-private coves dotted with ancient homesites, follow along Rutherford's Trace, and drop into vast orchards of Heritage Apples. This scenic daytrip offers comfortable and spacious accommodations, a personalized glimpse into American history (Appalachian-style), and a down-home local lunch of vegetables, meats, and famous pies. Price includes lunch, motorcoach transportation, special presentation, and all touring described.

DYT407, Tues., 1 session, Oct. 15, 9 a.m.–5:30 p.m. (approximate), \$115

ON THE HORIZON: Boston in Bloom (June 2014); National Parks of the Old West (July 2014); France (September 2014)

1963–2013: Celebrating Fifty Years of Civil Rights in Birmingham

Chumley Cope and Sean O'Rourke

Join Learning for You for an evocative trip to Birmingham, Alabama, as we learn about the Civil Rights movement and important events that catalyzed Birmingham and the nation in 1963. We will tour the acclaimed Birmingham Civil Rights Institute, visit the 16th Street Baptist Church, and enjoy excellent dining and accommodations. The expertise and insights of Furman faculty and civil rights scholar Sean O'Rourke will add depth of understanding to this unique tour. Price includes comfortable chartered motorcoach transportation from Furman, all scheduled entrances/activities, guide and concierge services throughout the trip, breakfasts, two lunches, two dinners, two nights lodging. Price does not include one lunch, alcohol, bus driver tip, miscellaneous personal expenditures, trip insurance.

EXC441, Thurs.–Sat., Sept. 19–21, depart from Furman DMC, \$699 per person double occupancy, single supplement \$125.

Ride the Rails

Greg Cornwell

Travel through the mountains by train—the best way to view the spectacular Nantahala Gorge—and be touched by the nostalgia of old-time rail. Go by chartered coach to Dillsboro, North Carolina, and enjoy some time to explore the town and have a family-style lunch at the Jarrett House before driving on to Bryson City. Take a quick look at the Smoky Mountain Trains Museum, featuring such classics as the 1934 Blue Comet Passenger set and the more recent Joshua Lionel Cowen Challenger steam locomotives, and board the train for a round trip excursion through the gorge. See highlights including the Horseshoe Curve, Fontana Lake Trestle, Little Tennessee River and an hour to explore the Nantahala Outdoor Center. Your naturalist guide will note the flora and fauna to enhance your enjoyment of autumn's splendor. Trip goes, rain or shine. Box supper en route home is included. No refunds. Fee includes transportation, train ride, lunch, museum admission, supper, and naturalist guide. We regret this trip is not handicapped accessible.

DYT401, Sat., 1 session, Oct. 19, 8:30 a.m.–9 p.m. approximate, depart from Furman DMC, \$149

Golf Cruise in the Antebellum South and Georgia's Golden Isles

The Intracoastal Waterway is a grand highway that leads you to superb cultural attractions, fascinating historic sites, and wetlands and islands teeming with wildlife. During this seven-day voyage, golfers will have opportunities to play at four renowned clubs. The ocean views from the Sea Island Golf Club remind many of the links at St. Andrews in Scotland. At the Links at Stono Ferry in Charleston, golfers enjoy the breeze of the Intracoastal Waterway as they test themselves on the heart-pounding back nine holes. The Club at Savannah Harbor boasts a four-star rating from *Golf Digest* and is ranked among the Top 100 of America's Golf Courses by *Condé Nast Traveler*. And outside Beaufort, South Carolina, the Secession Golf Club's mandatory walking policy brings the game back to an earlier era. Non-golfers enjoy sights in Charleston, Beaufort, Savannah, St. Simon's Island, and Cumberland Island. Complete itinerary online.

EXC442 Thurs.–Thurs., Nov. 7–14. Prices depend upon cabin chosen, from \$3,995. Visit Furman.edu/learningforyou for registration link.

Globe!

Samba Rhythms Cruise, March 16–29, 2014 **NEW**

The eyes of the world are turning south! With Brazil hosting the upcoming 2014 World Cup and 2016 Summer Olympics, now is the time to experience South America. Cruise along South America's eastern shores and discover the pulsating rhythms, natural beauty and colorful traditions that thrive along the coasts of Argentina, Uruguay and Brazil. Depart from Buenos Aires aboard the graceful and inviting 684-passenger Oceania Cruises *Regatta*. Experience Buenos Aires, the "Paris of South America," an unforgettable city that is the birthplace of the tango and home to a wealth of eclectic architecture. Sail the Atlantic to Uruguay with stops in Montevideo, the country's cosmopolitan capital, and Punta del Este, a chic beach resort dotted with museums. Continue on to some of Brazil's most captivating ports: Rio Grande, Porto Belo, Sao Paulo, Parait, Ilha Grande, and Buzios. Conclude your adventure with a day in celebrated Rio de Janeiro, whose harbor is marked by the iconic Sugarloaf Mountain. Price depends on cabin selection, so call 800.842.9023 to inquire. Visit the Furman website for more details.

TECHNOLOGY & Social Media

Social Media Series: Facebook

Somer Grasser

Everybody and their mothers are on Facebook these days. However, just because you have a Facebook account doesn't mean you know how to use it to its full potential. This class will teach you how to become a "Super Facebook User." Come discover how to upload pictures faster, tag your friends, and keep people from requesting that you play Farmville with them!

CMP104, Tues., 1 session, Sept. 10, 6:30–8:30 p.m., HRG104, \$35

Social Media Series: LinkedIn

Somer Grasser

LinkedIn is all about business! If you are connected on LinkedIn you are connected with people that WANT to do business with you! This class will teach you how to build a LinkedIn profile and company page that will attract maximum attention, drive more potential customers to your company's website, capitalize on LinkedIn's powerful advertising opportunities, effectively share company news, and implement the best practices of LinkedIn's most successful corporate users.

CMP105, Tues., 1 session, Sept. 17, 6:30–8:30 p.m., HRG104, \$35

Social Media Series: YouTube

Somer Grasser

YouTube is the second largest search engine out there today. People are using it for everything from promoting their business to sharing family video with family members half way across the globe. This course will teach you the basics of YouTube, from making sure that your video looks good, to how to upload and share it.

CMP106, Tues., 1 session, Sept. 24, 6:30–8:30 p.m., HRG104, \$35

There's an App for That!

Somer Grasser

With over 700,000 Apps available for the iPhone figuring out where to start can be a bit overwhelming. Discover the best apps for YOUR life and how to maximize them for increased productivity and occasional fun. Learn the top apps from each lifestyle category, and discuss benefits of free apps vs paid apps. Bring your iPhone, and come prepared to learn.

CMP107, Tues., 1 session, Oct. 1, 6:30–8:30 p.m., HRG104, \$35

iPad: Get on Board

Somer Grasser

Learn to use your iPad to its full potential. Learn the basics of iPad, including how to download apps, organize your iPad for fast use, watch your favorite TV shows, use your iPad in business meetings, and tailor your iPad to accommodate your line of work or play.

CMP115, Tues., 1 session, Oct. 8, 6:30–8:30 p.m., HRG104 \$35

iPhone: More Than Dialing

Somer Grasser

You finally bought your iPhone . . . now how do you use it? Come to this fun-filled class and learn the basics of iPhone use, including downloading apps, organizing your screen, sending and uploading pictures, video chatting, and much more. Learn tips and tricks that make iPhone use easier! Bring your phone and hardest questions.

CMP116, Tues., 1 session, Oct. 15, 6:30–8:30 p.m., HRG104, \$35

See also *iPhotography*, p. 3

Gardening & LIFESTYLE

Gardening

Creating a Backyard Wildlife Habitat

Suzy Seagrave

With just a few steps, you can create an environment that will attract beautiful wildlife and help restore crucial habitat. Assess your backyard, and learn about plant material and simple vehicles to attract wildlife on a year round basis. Explore basic wildlife needs: food, water, cover, and a space to reproduce and raise their young. A lovely habitat awaits you!

GRD112, Tues., 1 session, Sept. 17, 6:30–8 p.m., HRG005, \$29

Fall and Winter Vegetable Gardening

Suzy Seagrave

With the best planning, planting, and maintaining, you can have a vegetable garden that will produce from September to April! Learn the effects of site, soil, change of position, sun and temperatures on plant growth. Discuss appropriate cool season crops (seeds or plants), optimal planting dates and strategies for continuous production of vegetables. Master gardener and popular teacher Suzy Seagrave will also share tips on fertilization, control of weeds, insects and diseases, and soil building for better garden year-round!

GRD116, Tues., 1 session, Sept. 10, 6:30–8 p.m., HRG005, \$29

Plant Propagation: Making More of What You Love!

Suzy Seagrave

Fall is the best time to make more of the plants you love! Mimic nature's processes for plant division and seed starting. Through demonstrations, learn about tools, timing and techniques. Annuals, perennials, bulbs and some woody plants will be discussed, with techniques of "divide and conquer." Discuss collection and selection of seeds and a variety of seed starting techniques; setting up and maintaining the right environment; and what to expect from germination to a grown plant. Choose a favorite plant, and we will discuss it!

GRD108, Wed., 3 sessions, Sept. 4–Sept. 18, 6:30–8 p.m., HRG005, \$69

Winterize Your Garden: Put Your Beds to Bed

Suzy Seagrave

Work hard and smart in the cool fall weather to cut down on heavy work in the future! Learn the "6 Big Concepts" for flower and vegetable garden success:

effects of season change, soil building, making and using mulch, composting, research & planning, and great tips on the Web. Suzy will also give you a month-by-month review of garden activity; what plants are doing and what you should do for them.

GRD117, Tues., 1 session, Sept. 24, 6:30–8 p.m., HRG005, \$29

See also *Beekeeping*, p. 5

Lifestyle

Dressing with What You Have:

NEW

A Fashion Consultation

Corey Urbina

Do you wish you had a wardrobe you loved to wear? Would you like to feel more fashionable and confident in your clothes? Learn to build a wardrobe that suits your figure and lifestyle. Gain style skills to create looks for every occasion using the clothes you own. Discuss body type and proportions, color fundamentals, current trends and personal style. Gain hands-on experience by participating in personalized styling sessions in class members' homes (located within twelve miles of The Lofts of Greenville, 29611) First class at Furman.

HME112, Mon., 6 sessions, Sept. 9–Oct. 14, 6–8 p.m., HRG003, \$109

Falling for Faux!

NEW

April Minetree

Join decorative artist April Minetree in exploring the basic techniques used in faux finishings. Using sample boards, molding, and picture frames or other small items from home, manipulate colors, stains and glazes to produce depth and visual interest. Go away with the introductory skills you need to layer tones and colors to make your home decorating projects uniquely yours. Materials provided.

HME113, Mon., 4 sessions, Sept. 9–Sept. 30, 7:30–9 p.m., HRG113, \$139

Stage, Price, Sell!

NEW

Heather Durbin

In such a competitive market, your home needs to be staged, priced and positioned correctly; but do you, the homeowner, know where to start? "Stage, Price, Sell!" is the place to start. Before you contact a realtor, this class will give you the knowledge of what you need to do before starting the process of getting your house ready

to sell! Experienced realtor and educator Heather Durbin will help you navigate the process.

HME111, Tues., 4 sessions, Sept. 24–Oct. 15, 6–7:30 p.m., HRG113, \$79

Furman University Eat Lean (FUEL) Basics

Kelly Frazier

FUEL up! Kelly Frazier, MA, has been a lecturer of Health Sciences at Furman for eleven years. She pioneered the FUEL plate-based dietary intervention that assesses the effect of diet and exercise on health outcomes associated with obesity, cardiovascular disease, and type 2 diabetes. This in-depth workshop will explore the ingredients of the FUEL plate, common nutrition misconceptions, recent findings from the FUEL interventions, and practical strategies to help you improve your health—one plate at a time.

CKG119, Thurs., 1 session, Oct. 3, 6:30–8:30 p.m., HRG105 \$39

Happiness 101

Lola Bradley

Would you like to discover your life's mission, and to evaluate and improve the state of your wellbeing? This course, led by certified life coach Lola Bradley, introduces current theories on happiness and positivity. You'll find out about essential parts of your personality such as your personality type, character strengths and values. You'll use hands-on activities to set goals, define action steps, identify your resources and start working toward achieving your goals. Recommended text, *The How of Happiness: A New Approach to Getting the Life You Want* by Sonja Lyubomirsky

HLT109, Wed., 6 sessions, Sept. 18–Oct. 23, 6–7:30 p.m., HRG004, \$89

Meditation for Relaxation: An Intro to Buddhist Meditation

Kelsang Nyema

The concepts of mindfulness and meditation are very popular these days, but how do you actually get started with meditation? During this four-week class series with American Buddhist nun and resident teacher of Ganden Buddhist Center, Gen Kelsang Nyema, students will learn how to meditate and how to bring the peace of meditation into daily life.

HLT100, Mon, 4 sessions, Sept. 9–Sept. 30, 7–8:15 p.m., JH208, \$65

History

The Cherokee Path

NEW

Scott Withrow

The Cherokee Path (Trading Path) was an important part of the colonial Carolina landscape. Explore this intriguing path from its beginnings—with trade, warfare, diplomacy and natural history—to a time when churches, communities and colleges were established along its route. Scott Withrow, published author of *The Grant Expedition Against the Cherokee*, has long been interested in the path and has searched for remnants of the original route. Join him for a journey back in time! Optional group travel to sites along the path and suggestions for individual travel will be discussed.

HST111, Thurs., 4 sessions, Sept. 12–Oct. 3, 6:30–8 p.m, HRG110, \$59

Art History: Live at Furman!

Pat Grills

Have you ever wanted to understand art? Pat Grills will help you get inside the minds and thoughts of some of the world's most creative artists. Climb the scaffolding with Michelangelo to paint the Sistine Chapel. Help get Caravaggio out of prison so he might finish the Conversion of Paul. Paint lamp shades and blinds with Monet during the day so you might discover Impressionism in the afternoon. Sign up for one or all three two-hour sessions!

The Italian Renaissance

HST108, Mon., 1 session, Sept. 9, 7–9 p.m., FH107, \$37

The Baroque

HST109, Mon., 1 session, Sept. 16, 7–9 p.m., FH107, \$37

Impressionism

HST110, Mon., 1 session, Sept. 23, 7–9 p.m., FH107, \$37

Greenville's History

Pat Grills

Discover local history of Greenville, from the Catawbas, Cherokees and Richard Pearis on up 'til the present. Hear about significant actions, remarkable decisions and prominent Greenvillians, of whom neither the school books nor most people can tell you. Created for the interested native or the inquisitive newcomer, this course brings history up close and personal.

HST100, Mon., 1 session, Oct. 28, 7–9 p.m., FH111, \$37

Culture

Japanese Culture, Ages 14–Adult

NEW

Courtney Andrews

Japan—the esoteric yet inviting island country of Asia. For Japanese enthusiasts and fans of foreign culture alike, your journey begins here! This course will explore Japan abroad and Japan in South Carolina. We will delve into Japan's national character and interact with its rich history and religious traditions, traditional and popular culture, and the ills of modern Japan, including an aging society and a declining birth rate.

CAR107, Mon, 4 sessions, Oct. 7–Oct. 28, 6:30–8:30 p.m., HRG105, \$119

Japanese: Beginning Language, Ages 14–Adult

NEW

Courtney Andrews

Culturist, curious, or adventurous? Learn to speak Japanese and be culturally polite through this beginner course for students with some or no prior exposure to the Japanese language. You will learn pronunciation, greetings, personal introductions, everyday expressions, and basic vocabulary for travel, life, and conversations with your friends and neighbors. This course is taught in a highly communicative small group setting.

JPN100, Mon, 4 sessions, Sept. 9–Sept. 30, 6:30–8:30 p.m., HRG105, \$119

