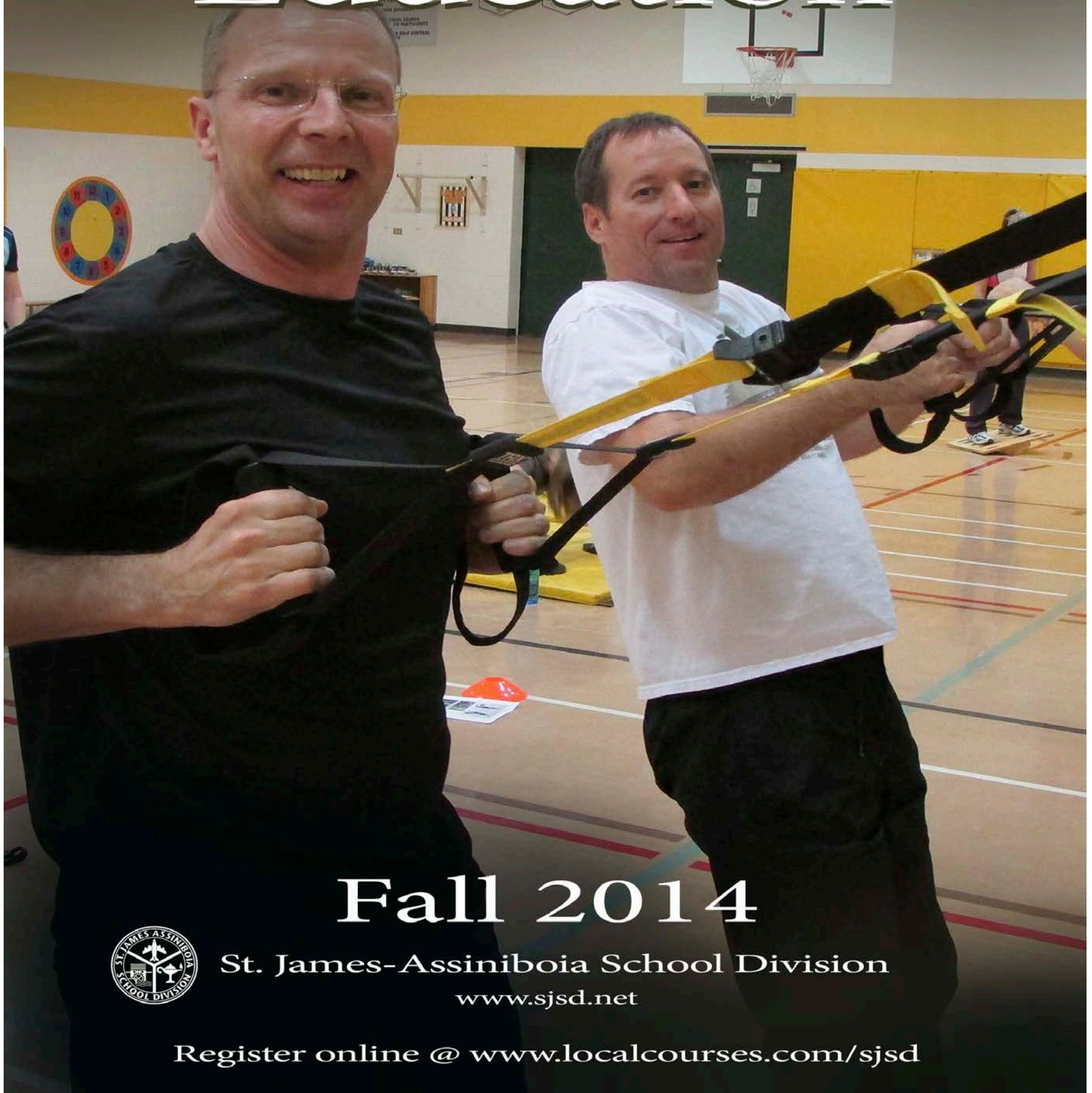


Continuing Education



Fall 2014



St. James-Assiniboia School Division

www.sjsd.net

Register online @ www.localcourses.com/sjsd

WELCOME to our FALL 2014 SESSION

Welcome to the St. James-Assiniboia Continuing Education 2014 Fall session.

Come out and experience our unique and exciting courses. They include: Create Your Path to Optimal Wellness, Event Planning, Mental Health and Your Family, Scrapbooking, Pet Portraits, Introduction to Publisher, Restoring Old Photographs Digitally, Beginner Street Jazz/Hip Hop and much more. Also new are two fun and interesting Saturday courses for children, Drawing for Kids and Robot Building.

Our full-time certificate programs provide students with hands-on learning for transition to a new career path. We offer the Health Care Aide, Health Unit Clerk, Educational Assitant, Veterinary Hospital Office Assistant and Taxi Cab Driver Training Programs. These programs will give you the skills and the knowledge required to gain employment in these fields. Our instructors are experts in their respective fields and will ensure that you receive the most up-to-date information and training.

Come and join us on the path to fun and learning!

Wanda Taylor, Assistant Director

FITNESS

ZUMBA

Join the party!! Zumba fuses hypnotic Latin rhythms and easy-to-follow moves to create a dynamic fitness program that will blow you away.

Mondays (6X) 6:00 - 7:00 pm. \$69.00	September 15 to October 27 Stephanie Botincan FFT2-14 (JT)
Tuesdays (6X) 7:00 - 8:00 pm. \$69.00	October 28 to December 9 Jessica Rambally FFT13-14 (JT)
Thursdays (6X) 7:00 - 8:00 pm. \$69.00	January 8 to February 12 Jessica Rambally FFT18-14 (WS)



ZUMBA GOLD

Come prepared to have fun! This program is designed for the older adult, the beginner, individuals with limited physical mobility and for those not used to exercising. It is done at a slightly lower intensity than our regular Zumba class with easy-to-follow moves.

Saturdays (6X) 9:30 - 10:30 am. \$69.00	September 13 to October 25 Tania Woodfield FFT1-14 (JT)
Saturdays (6X) 9:30 - 10:30 am.	November 8 to December 13 FFT17-14 (JT)
Saturdays (6X) 9:30 - 10:30 am. \$69.00	January 17 to February 28 Tania Woodfield FFT27-14 (JT)

THE JOYS OF BELLY DANCING

Belly dancing is energizing, graceful, calming and easy to practice. This experienced teacher will have you moving to Middle Eastern rhythms. Gain flexibility, strength, tone and improved posture, as well as self-confidence and self-esteem. Wear loose fitting clothing and a scarf.

Wednesdays (9X) 6:30 - 7:45 pm. \$79.00	September 17 to November 12 FFT3-14 (WS)
Wednesdays (9X) 6:30 - 7:45 pm.	January 14 to March 11 FFT23-14 (WS)

Ildiko Gyarmati

*"Ildiko was a fantastic instructor. She made sure we understood all the steps before continuing and was very encouraging."
-Gail*

MORE JOY OF BELLY DANCING

For those who have some experience and wish to learn more dance moves. Continue to explore the meditative qualities and experiment with personal expressions of the dance. Ildiiko will take you to the next level with your interpretation and choreography.

Wednesdays (9X) 8:00 - 9:15 pm. \$79.00	September 17 to November 12 FFT4-14 (WS)
Wednesdays (9X) 8:00 - 9:15 pm.	January 14 to March 11 FFT24-14 (WS)

Ildiko Gyarmati

BRING A FRIEND!

"Friends are built-in coaches and cheerleaders."

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LAND PADDLING

Have you heard of land paddling? Like stand-up paddling on a surfboard, you propel yourself on pavement instead of water. Easy to learn and lots of fun. Try this two hour class. All equipment (paddles, boards, helmets, knee/elbow pads) provided. Location T.B.A.

Thursday 7:00 - 9:00 pm. \$20.00	September 18 Gord Hanna FFT5-14 (OT)
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PEOPLE WITH ARTHRITIS CAN EXERCISE (PACE)

PACE is an exercise program created and designed for people with arthritis. This program taught by a certified PACE instructor, will help you to keep joints flexible, muscles strong and help reduce the pain and stiffness associated with arthritis.

Tuesdays (6X) 6:00 - 7:00 pm. \$69.00	September 23 to October 28 FFT6-14 (JT)
Saturdays (6X) 11:00 am. - 12:00 pm.	January 10 to February 21 FFT19-14 (JT)

Katherine Salsman



REGISTER EARLY!
Courses may fill up quickly or be cancelled due to low enrollment.



GENTLE YOGA FOR ACTIVE SENIORS

This course aims to improve flexibility, balance, posture and strength. Your breath and gravity takes you gently into each pose without pulling or straining. Gentle Yoga disciplines the body, mind and spirit. Each lesson begins and ends with a 5 minute relaxation/meditation session.

Wednesdays (6X) September 24 to October 29

6:15 - 7:15 pm. FFT7-14 (JT)

Wednesdays (6X) January 14 to February 18

6:15 - 7:15 pm. FFT22-14 (JT)

\$69.00 Andrea Baryliuk

RESTORATIVE YOGA

Relax and rejuvenate with this restorative yoga class. The use of props and long supported holds soothe the mind and allow for a deeper release, bringing a calming end to your day. Bring a mat, towel and a water bottle. For students at all levels.

Wednesday (6X) September 24 to October 29

7:45 - 8:45 pm. FFT8-14 (JT)

Wednesday (6X) January 14 to February 18

7:45 - 8:45 pm. FFT21-14 (JT)

\$69.00 Andrea Baryliuk

HULA HOOPING WITH KATHY

Hula Hooping provides a total body workout and if you wish to get even more out of your exercise, you can use weighted hoops. Fun, exciting but simple. Hula hoops provided.

Thursdays (8X) September 25 to November 13

6:30 - 7:30 pm. FFT9-14 (JT)

Thursdays (8X) January 15 to March 5

6:30 - 7:30 pm. FFT26-14 (JT)

\$75.00 Katherine Salsman



LOWER BODY TONING (Abs, Glutes & Thighs)

Get fit! Focus on core stabilization as well as toning and shaping exterior muscles. Perfect for participants of all ages and fitness levels!

Wednesdays (6X) October 1 to November 5

6:00 - 7:00 pm. FFT10-14 (SM)

\$69.00 Katherine Salsman

BRING A FRIEND!

“Friends make you laugh which increase endorphins and reduce stress!”

DYNABODY TOTAL FITNESS

Doug's boot camps are famous! This fun and challenging workout focuses on all areas of fitness and will improve your strength, stamina, coordination and energy levels. The focus is on functional exercises, cross-training and intervals - which is the best for conditioning the body, burning fat and improving your heart health. Innovative activities incorporate calisthenics, cardio drills, resistance training, abdominal and core body exercises. With the emphasis on proper technique and coaching - there is no better way to refresh your body, restore your energy and beat stress. Enjoy the camaraderie and the challenge!

Tuesdays (10X) October 7 to December 16

6:30 - 8:00 pm. FFT11-14 (BA)

Thursdays (10X) October 9 to December 11

6:30 - 8:00 pm. FFT12-14 (SM)

Tuesdays (10X) January 13 to March 17

6:30 - 8:00 pm. FFT20-14 (BA)

Thursdays (10X) January 15 to March 19

6:30 - 8:00 pm. FFT25-14 (SM)

\$79.00 Doug Yaholkoski



BEGINNER STREET JAZZ/HIP HOP

This high energy class teaches beginner-level street dance moves.

The overall focus is on having a good time while challenging the participant during this well-structured class.

**Wear stretch pants, shorts or sweats, non-marking runners. Bring water – but not in glass containers.*

Mondays (6X) November 3 to December 8

6:00 - 7:00 pm. FFT14-14(JT)

\$69.00 Stephanie Botincan

SALSA DANCE

Discover the fun and enjoyment of this popular Latin dance. Learn the basic foundation steps and movements that are common in all styles of Salsa dance. No experience or partner required.

Wednesdays (6X) November 5 to December 10

6:30 - 7:15 pm. FFT15-14 (JT)

Wednesdays (6X) November 5 to December 10

7:30 - 8:15 pm. FFT16-14 (JT)

\$69.00 Stephanie Okabe

HEALTH and WELLNESS

CANNING AND PRESERVING

Canning and freezing is a safe and economical way to preserve quality food at home. Get started in the tradition of canning and preserving your own foods.

Mondays (2X) September 15 to September 22

6:30 - 8:30 pm. FHL1-14 (JT)

\$40.00 Jill Graham



EATING ON THE RUN

Boost your overall energy levels, improve your current eating habits and lose weight with Jill's balanced snacks. Learn to create and enjoy snacks for work or school and how to schedule meals to reduce carbohydrate cravings. The benefits of this course are stabilized blood sugars, decreased cravings, improved moods and higher energy levels.

Saturdays (2X) September 27 to October 4

9:30 - 11:30 am. FHL4-14 (JT)

\$40.00 Jill Graham

A NUTRITIONIST'S GUIDE TO THE SUPERMARKET

This is the supermarket tour that comes to you! Find out which products should end up in your cart and which ones should stay on the shelves. Learn which crackers, yogurts, cereals, breads and soups are the healthiest for you and your family.

Wednesdays (2X) October 8 to October 15

6:30 - 8:30 pm. FHL7-14 (JT)

\$40.00 Jill Graham

EATING FOR EXERCISE AND SPORTS

Are you interested in maximizing your workout efforts and getting the fastest results? Effective workouts demand complete nutrition and this course will help you make the right choices to refuel your body. Learn what nutrition is necessary before, during and after training and competitions. Great class for beginners, parents and advanced exercise enthusiasts.

Saturday October 18

9:30 am. - 12:30 pm. FHL8-14 (JT)

\$29.00 Jill Graham

Jill Graham is a CanFit Pro Certified Nutrition and Wellness Specialist offering nutritional counselling, lifestyle advice and motivational support to all age groups.

CREATING YOUR PATH TO OPTIMAL WELLNESS



Re-discover some ancient truths of our universal connection with others and nature. This workshop will include topics such as social vibrations and impact on wellness,

Monday September 22
6:30 - 9:30 pm. FHL2-14 (SHC)
\$45.00 Tara Maniar

MEDITATION, RELAXATION, INSIGHT & HEALING

Enjoy this weekly time of relaxation. Learn techniques and experience guided meditations that will assist you in relaxing, gaining insight and assisting your body in healing. No previous meditation experience necessary.

Tuesdays (10X) September 16 to November 25
7:00 - 9:00 pm. FHL3-14 (SM)
\$125.00 Pamela Thrift

APPLYING INTUITION TO THE EVERYDAY



Take this opportunity to step away from your daily busy-ness and routine and experience your own wisdom. The instructor will guide you through various meditations designed to listen and apply your intuitive wisdom. Relax and discover something new.

Saturday October 25
10:00 am. - 2:00 pm. FHL10-14 (SHC)
\$39.00 Pamela Thrift

BRAIN GYM FOR A FIT MIND - TRAINING FOR A NIMBLE MIND

Blow away brain fog, ward off memory decline and maintain mental clarity. There are many things that we can do on a daily basis to keep our minds sharp. Be the caretaker of your brain with activities that stimulate, rejuvenate and relax your mind. Some activities are based on the Brain Gym® program. Bring a water bottle.

Thursdays (4X) October 2 to October 23
6:30 - 8:30 pm. FHL5-14 (SHC)
Thursdays (4X) January 8 to January 29
6:30 - 8:30 pm. FHL10-14 (SHC)
\$49.00 Noreen Kolesar



MENTAL HEALTH AND YOUR FAMILY IN TODAY'S WORLD



This workshop will provide valuable information about mental health issues, how to recognize signs and how to get the needed help.

Monday October 6
6:00 - 9:30 pm. FHL6-14 (SHC)
\$25.00 Tina Holland

BE THE CHANGE YOU WANT TO SEE IN THE WORLD



The sages of ancient times realized that peace is determined by our internal attitude which manifests in our external world. When we are at peace within, we are better able to respond to the challenges at work, at home and at play and can make a positive impact. This workshop includes: yogasana/postures, discussions, introspection exercises and much more.

Mondays (4X) October 20 to November 10
6:30 - 9:30 pm. FHL9-14 (SHC)
\$65.00 Tara Maniar

LANGUAGES

AMERICAN SIGN LANGUAGE

This class fills up really fast! This American Sign Language (ASL) (non-credit) course is designed for individuals who want to improve their ASL skills. This class is taught by a certified ASL Instructor from Manitoba Education. All are welcome but the class is limited to 20 people.

Thursdays (4X) September 25 to October 16
6:30 - 8:00 pm. FLA4-14 (JT)

Thursdays (4X) January 8 to January 29
6:30 - 8:00 pm. FLA10-14 (JT)

No Charge



FRENCH TO GO

Bonjour! Learn the basics quickly in preparation for your next vacation or refresh your high school French.

Saturdays (3X) October 25 to November 8
9:00 am. - 12:00 pm. FLA6-14 (SHC)
\$55.00

Saturdays (3X) January 17 to January 31
9:00 am. - 12:00 pm. FLA13-14 (SHC)
\$55.00

Laura Gallant

"Our French teacher was fantastic. She made it interesting with games and activities that required practical application."

-Esti



ITALIAN - GETTING STARTED

Immerse yourself in Italian language, culture and traditions from this Italian instructor. Learn basic Italian conversation, grammar and verbs. Different regions of Italy will be highlighted. Have fun as you prepare for your next trip.

Thursdays (6X) September 18 to October 23
6:30 - 8:30 pm. FLA3-14 (SHC)
\$79.00 Patricia Busca



ITALIAN TO GO

Learn the basics quickly in preparation for your next vacation! Learn greetings, directions, weather, ordering food and simple expressions to survive in Italy.

Saturdays (3X) October 25 to November 8
9:00 am. - 12:00 pm. FLA7-14 (SHC)
\$55.00 Patricia Busca

PORTUGUESE GETTING STARTED

Come out and enjoy a friendly experience learning Portuguese. The instructor will cover the language spoken in Portugal and Brazil. The focus will be on common expressions and customs, as well as vocabulary related to hotel, restaurant and tourist attractions.

Tuesdays (6X) October 7 to November 18
6:30 - 8:30 pm. FLA5-14 (SHC)
\$79.00 Juliano Silva



PORTUGUESE TO GO

Learn the basics quickly in preparation for your next vacation! Learn greetings, directions, weather conditions, ordering food and simple expressions to survive in a Portuguese speaking country.

Saturdays (3X) October 25 to November 8
9:00 am. - 12:00 pm. FLA8-14 (SHC)

Saturdays (3X) January 17 to January 31
9:00 am. - 12:00 pm. FLA11-14 (SHC)
\$55.00 Juliano Silva

SPANISH - GETTING STARTED

Sehabla Espanol? Well you can! Come and enjoy a friendly experience with South American Spanish. The focus will be on common expressions, customs and money, as well as vocabulary related to hotel, restaurant and tourist attractions.

Tuesdays (8X) September 16 to November 4
7:00 - 9:00 pm. FLA1-14 (SHC)
\$89.00 Ines Mora

"Knowing Spanish will completely transform your travel experience."

-Lorraine

SPANISH TO GO

Learn the basics quickly in preparation for your next vacation! Learn greetings, directions, weather conditions, ordering food and simple expressions to survive in a Spanish speaking country.

Saturdays (3X) October 25 to November 8
9:00 am. -12:00 pm. FLA9-14 (SHC)
Saturdays (3X) January 17 to January 31
9:00 am. - 12:00 pm. FLA12-14 (SHC)
\$55.00 Ines Mora

SWEDISH - GETTING STARTED

Hej! Join us for this beginner's conversational course, where you will learn some useful travel language; how to get around on public transport, ask directions, find accommodation, and what to order in the restaurants. You will also learn a few standard greetings, and do a bit of writing, but mainly a lot of talking, practicing some of those impossible sounds.

Wednesdays (6X) September 17 to October 22
7:00 - 9:00 pm. FLA2-14 (SHC)
\$79.00 Ellen Boryen

"The Swedish course was great! We had fun and Ellen was good at helping us to remember the words and pronunciations."

-Debbie

ON-LINE

Our brochure is available on-line with secure registration and confirm capabilities.
www.localcourses.com/sjcd

REGISTER ON-LINE!

CRAFTS

SEWING FUN-damentals

Welcome to the wonderful world of sewing! Unlock the world of economical options to expanding your wardrobe or decorating your home. Please bring your sewing machine, and one half meter of any cotton fabric, spool of thread and scissors.

Thursdays (4X) September 18 to October 9
6:30 - 9:30 pm. FFC4-14 (NM)
Thursdays (4X) January 8 to January 29
6:30 - 9:30 pm. FFC25-14 (NM)
\$55.00 Catherine Chatterley



"Catherine was wonderful! I liked her steady approach from the very first details to the more advanced section."

-Charlotte

T-SHIRT QUILT

Just can't part with your favourite T-shirts from concerts, sports teams or special events? Then this project is for you! Create a unique heirloom quilt in this quick and easy workshop. Bring 25-30 T-shirts to create a twin sized quilt.

Thursdays (4X) October 23 to November 13
6:30 - 8:30 pm. FFC16-14 (NM)
\$55.00 Catherine Chatterley



BRING A FRIEND!

"Taking a friend to class is more fun!"

INTRODUCTION TO EMBROIDERY - DON'T BE CREWEL

Discover the art of embroidery with this introductory course. Bring new life and beauty when you embellish your old jeans. Bring a pair of small, sharp embroidery scissors to class. Taught by a member of the Winnipeg Embroiderer's Guild. Material list will be provided.

Mondays (4X) September 22 to October 20
6:30 - 9:30 pm. FFC7-14 (NM)
\$55.00 Linda Lassman

EMBROIDERY, THE NEXT LEVEL - MAKE IT COUNT

Learn the beautiful basics of counted thread embroidery while you create two seasonal ornaments, perfect for gifting or to proudly display yourself. Taught by a member of the Winnipeg Embroiderer's Guild. Bring a pair of small scissors to class. Material list will be provided.

Mondays (4X) November 17 to December 8
6:30 - 9:30 pm. FFC21-14 (NM)
\$55.00 Kathryn Drummond

KNITTING BASICS - PURL ONE, KNIT ONE

Learn the basics of knitting such as purling, casting on, casting off and simple beginner stitches. Students need to bring needles - 6mm or higher, 10 inch length, wool 4 (medium weight) or 5 (bulky weight).

Tuesdays (4X) September 30 to October 21
6:30 - 9:30 pm. FFC9-14 (NM)
Tuesdays (4X) January 6 to January 27
6:30 - 9:30 pm. FFC23-14 (NM)
\$55.00 Catherine Chehowy

KNITTING THE NEXT STEP

Take the next step and learn more stitches used to create a more challenging piece to show off to your friends. Students need to bring needles - 6mm or higher, 10 inch length, wool 4 (medium weight) or 5 (bulky weight).

Tuesdays (4X) November 4 to December 2
6:30 - 9:30 pm. FFC17-14 (NM)
\$55.00 Catherine Chehowy



"Catherine had great personalized instruction. I like the knowledge and approachability of the instructor"

-Laura

CROCHETING FOR BEGINNERS

Have you always wanted to learn how to crochet? Then this beginner course is for you! Complete 3 projects using basic stitches. Materials needed are: crochet hooks in sizes 5mm, 6mm, 10mm and hand-crafter cotton yarn (6 oz.)

Wednesdays (6X) October 1 to November 5
6:30 - 8:30 pm. FFC10-14 (NM)
\$59.00 Marion Krienke

SCRAPBOOKING - INTRODUCTION

Discover a fresh and fun new way to scrapbook your memories! This interactive class will have you making mini-albums from cardstock and chipboard. You will learn all the tricks and techniques and come away with a beautiful and unique scrapbook. Material list will be provided.

Mondays (4X) **October 6 to November 3**
6:30 - 8:30 pm. FFC12-14 (SHC)
\$45.00 Lisa Ali



SCRAPBOOKING - CHRISTMAS MEMORIES

Mondays (4X) **November 17 to December 8**
6:30 - 8:30 pm. FFC20-14 (SHC)
\$45.00 Lisa Ali



FLORAL DESIGN WORKSHOP - ARRANGEMENT

Transform your home with your beautiful centre piece creation. Our experienced florist will teach you techniques for creating your own 6" round centre piece. The arrangement will be able to hold 1 to 3 large sized candles. Bring small garden cutting shears and a pair of sharp scissors. Materials included.

Saturday **December 6**
9:30 am. - 1:30 pm. FFC22-14 (JT)
\$49.00 Christine Lyons



FLORAL DESIGN WORKSHOP

This hands-on course will teach you the aspects of design including composition, how to cut flowers and set-up an oasis container and decorative elements. Leave with a completed floral design to display. Bring small garden cutting shears and a pair of sharp scissors. Materials included.

Saturday **January 17**
9:30 am. - 1:30 pm. FFC28-14 (JT)
\$49.00 Christine Lyons



JEWELRY

WIRE-WRAP JEWELRY

Learn how to crimp and attach a clasp and voilà- a beautiful bracelet or necklace you are sure to wear everyday! Bring a pair of wire cutters and needle-nose pliers. Material list will be provided.

Monday **September 15**
6:30 - 8:30 pm. FFC2-14 (SHC)
Thursday **January 29**
6:30 - 8:30 pm. FFC39-14 (SHC)
\$25.00 Cynthia Jones



JEWELRY CONSTRUCTION - BASIC METALSMITHING LEVEL 1

Discover metalsmithing as an art form and the rich history associated with it. Learn basic techniques for piercing with a jeweler's saw, hard soldering, sizing rings and roller embossing. Create three projects: a ring, pendant and bug. Copper and brass supplied. Students are responsible to supply their own sterling silver for projects.

Thursdays (10X) **September 18 to November 20**
6:30 - 9:30 pm. FFC5-14 (SHC)
\$319.00 Doreen Lapointe

FUSED GLASS JEWELRY

Create fabulous and fun jewelry using fusible glass. New glass designs will be available. You will make two pendants, or one pendant and a pair of earrings. Learn about the process of fusing two or three layers of glass together. A rope necklace can be made for your pendants.

Mondays (2X) **September 22 to September 29**
6:30 - 9:00 pm. FFC6-14 (SHC)
\$35.00 Linda Oleschuk

ARTS

ACRYLICS FOR BEGINNERS

Join us for fun and learning. You will be going home with a complete picture every evening. Bring your brushes, canvasses, palette knife, water containers, newspapers for the tables and paper towels. Wear old clothes.

Tuesdays (8X) **September 9 to October 28**
7:00 - 9:30 pm. FFC1-14 (SHC)
\$105.00 Charmaine Watt
\$20 material fee pd. to instructor



OIL PAINTING FOR BEGINNERS

Paint like a pro! Take home a completed picture each evening. Material list: paper towels, newspaper for the table, wax paper for your paints, 4-12 x 16 canvases or canvas board, oil brushes - one large fan brush, # 5 and # 8 flat brushes, # 1 or # 2 round brushes (or approx. sizes), liner brush and palette knife. Wear old clothes.

Thursdays (4X) **October 16 to November 6**
7:00 - 9:30 pm. FFC13-14 (SHC)
Thursdays (4X) **January 8 to January 29**
7:00 - 9:30 pm. FFC24-14 (SHC)
\$59.00 Charmaine Watt
\$15 material fee pd. to instructor

PRAIRIE ELEVATOR IN WATERCOLOURS

Come join us for a relaxing and fun day creating a beautiful prairie scene in watercolours. Paint an older grain elevator complete with daisies and clouds. You will be taking home a completed painting ready to hang. All supplies are provided so all you have to do is bring a lunch and wear old clothes.

Saturday **October 4**
10:00 am. - 4:00 pm. FFC11-14 (SHC)
\$45.00 Charmaine Watt
\$20 material fee pd. to instructor



BRING A FRIEND!
"Friends make each minute of a class more meaningful"



We can help you improve your computer knowledge whether you are a novice or an experienced computer user. See pages 8 & 9 for courses and dates.

NORTHERN LIGHTS WATERCOLOUR

Paint the spectacular northern lights in multiple colours, clouds and stars out in full force over a northern lake. Spend a relaxing few hours painting your masterpiece and at the end of the class have it ready for hanging. Everything is supplied so all you have to bring is a nut free lunch and your enthusiasm. Wear old clothes.

Saturday November 15
10:00 am. - 4:00 pm. FFC19-14 (SHC)
\$45.00 Charmaine Watt
\$20 material fee pd. to instructor



DRAWING WITH CONFIDENCE

Have you always wanted to learn the art of drawing? Then this course is for you! Learn about line drawing, shading techniques, how to render textures and much more. Material list provided.

Wednesday September 17
6:30 - 9:30 pm. FFC3-14 (SHC)
\$35.00 Alan Sideen

CARICATURES AND CARTOONING

Increase your joy of art. Learn to draw simple styles of body, hands and facial features; use various pens to give you the most experience to develop your own style. Great for beginners. Material list provided.

Wednesdays (3X) September 24 to October 8
6:30 - 9:30 pm. FFC8-14 (SHC)
\$45.00 Alan Sideen

DRAWING FOR KIDS!

Kids will have a great time in this class. Learn to draw simple styles of body, hands and facial features using various pens to give you the most experience to develop your own style. Great for beginners. Ages 9 and up. Material list provided.

Saturdays (2X) October 18 to October 25
9:30 am. - 12:30 pm. FFC15-14 (SHC)
Saturdays (2X) January 17 to January 24
9:30 am. - 12:30 pm. FFC27-14 (SHC)
\$45.00 Alan Sideen



"Alan Sideen was patient and showed us clear, step-by-step explanations and examples."

Diane

PENCIL PORTRAITS FOR THE BEGINNER

Learn four ways to draw a face. Develop value scales and learn which materials to use. Ideal for the beginner. Material list provided.

Wednesdays (3X) October 15 to October 29
6:30 - 9:30 pm. FFC14-14 (SHC)
\$39.00 Alan Sideen



PET PORTRAITS

Learn to draw a beautiful portrait of your pet. Learn to align the facial features of your pet using various types of pencils, papers and erasers. Bring a photo of your pet. Material list provided.

Wednesdays (3X) November 5 to November 19
6:30 - 9:30 pm. FFC18-14 (SHC)
\$39.00 Alan Sideen

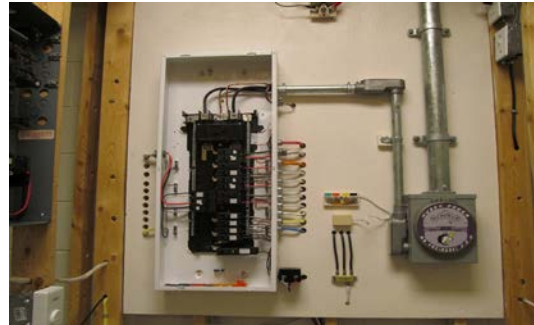


LEISURE

ELECTRICAL HOUSE WIRING

Learn the basics of electrical house wiring following the City of Winnipeg and Canadian Electrical Code rules and guidelines. This course is perfect for learning how to wire your rec room, garage, cabin, or to do routine house maintenance. Baseboard heating, sub panels, 3 way switches, aluminum wiring, knob and tube wiring are some of the topics covered. Basic electrical tools are provided to use, or bring your own.

Tuesdays (8X) September 16 to November 4
6:30 - 9:30 pm. FLE2-14 (SHC)
Tuesdays (8X) January 6 to February 24
6:30 - 9:30 pm. FLE16-14 (SHC)
\$175.00 Gary Yakimoski
\$20 material fee pd. to instructor



WELDING

Very useful, very practical and fun too! Learn basic welding and brazing. You will be introduced in a hands-on way to gas, arc, mig and tig techniques. Learn to make or repair tools, objets d'art and other nifty things.

Tuesdays (10X) September 16 to November 25
6:30 - 9:30 pm. FLE1-14 (SHC)
Tuesdays (10X) January 6 to March 10
6:30 - 9:30 pm. FLE17-14 (SHC)
\$215.00 John Schmitt
\$75 material fee pd. to instructor

STAR GAZING - AN INTRODUCTION TO ASTRONOMY

Have you ever wondered what's up in the sky? Satisfy your curiosity with this short course. Topics will include: learning constellations, observations of planets, stars, aurora and space exploration. You will also be able to use a telescope to get a glimpse into the universe.

Wednesdays (4X) September 24 to October 15
6:30 - 9:30 pm. FLE5-14 (JT)
\$45.00 Gerry Smerchanski



INTRODUCTION TO DIGITAL PHOTOGRAPHY

Are you new to digital photography? Would you like to learn how to take better pictures? This beginners class will get you started and you will be amazed as to what you can do with your camera. Go from fear to fun! Bring your camera, charged battery and memory card.

Wednesdays (3X) September 17 to October 1
6:30 - 8:30 pm. FLE3-14 (SHC)
Wednesdays (3X) January 14 to January 28
6:30 - 8:30 pm. FLE18-14 (SHC)
\$45.00 Teri Hofford



GETTING MORE FROM YOUR DIGITAL CAMERA

Digital cameras can be very confusing. What are all those controls, buttons and menus for, and when do you use them? This course answers all these questions and more. Take a hands-on tour of your camera's features, learning technical terms, photographic concepts and shooting techniques as you go. Bring your digital camera and attachments to class.

Wednesdays (4X) October 15 to November 5
6:30 - 8:30 pm. FLE10-14 (SHC)
\$65.00 Teri Hofford

Check out one of our many



courses!

Improve your outlook
mind and body
Register for a Class!

ATTRACTING WINTER BACKYARD BIRDS

This is a popular course! Take the blues out of your winter and brighten your backyard with the beauty of wild birds. Learn to attract this season's most beautiful birds and select types of feeders and foods that will bring results and keep your yard clean.

Thursday September 18
7:00 - 9:00 pm. FLE4-14 (JT)
\$25.00 Sherry Versluis

THE IMPORTANCE OF PUTTING YOUR GARDEN TO BED

Autumn is a great time to purchase and plant perennials but you need to know what you are doing to help their survival through the winter. Pruning is also important in the fall.

Wednesday September 24
6:00 - 9:30 pm. FLE6-14 (JT)
\$35.00 Charlotte Tataryn

ROBOT BUILDING FOR KIDS

Would your kids like to build their own robot and enter the annual Manitoba Robot Games? This experienced instructor will take them through the technical steps to the finished product. Materials included. Ages 11-14
Saturday (4X) October 4 to November 1
9:30am. - 12:30 pm. FLE7-14 (SHC)
\$85.00 Bill Smart
*For further information on the Manitoba Robot Games please go to www.mbrobotgames.ca



BRING A FRIEND!
"Friends give you energy to keep to your commitment."



MAKE YOUR OWN SOAPS

Have you ever wanted to learn to make your own all-natural soap from scratch? Then this class is for you! Come and learn how to make beautiful soaps for the holiday season. Great idea for gift giving.

Monday October 20
6:00 - 9:30 pm. FLE13-14 (JT)
\$39.00 Ildiko Gyarmati



MAKE YOUR OWN BODY BUTTER

Make your own natural, luxurious whipped body butter. You will be using all natural materials to create nourishing body butter from vegetable oils and butters. Great idea for gift giving as well as a holiday treat for yourself.

Monday November 17
6:00 - 9:30 pm. FLE15-14 (JT)
\$39.00 Ildiko Gyarmati



EVENT PLANNING

Discover how to plan and execute your next major event from this experienced event planner. This is great for those who are planning a wedding, social celebration, work-related or fundraising events.

Saturday October 18
9:30 am. - 4:30 pm. FLE11-14 (SHC)
\$45.00 Emma Singh



CREATIVE WRITING

Do you enjoy writing? Experiment in journal writing, poetry, fiction, and more. You will acquire the necessary skills for "dynamic" and creative writing by exploring description, sensory detail and scene writing.

Mondays (5X) October 20 to November 17
6:30 - 8:30 pm. FLE12-14 (SHC)
\$55.00 Chris Rutkowski

MATURE DRIVER WORKSHOP

This free workshop presented by MPI is designed for experienced drivers, aged 55 and older, who want to brush up on their skills and enhance their driving performance. Increase your confidence and driving ability, learn updated traffic laws and road safety rules, brush up on defensive driving techniques and learn how to compensate for changes in hearing, vision, flexibility and reaction time.

Thursday October 23
6:00 - 9:00 pm. FLE14-14 (JT)
No Charge

Going on Vacation?
Learn the basics of a language to make your trip more enjoyable!
See page 4 for language classes.

SUPER- PUP LIFE SKILLS CLICKER TRAINING

Have a new puppy? Bring your puppy to learn basic training and socialization. Turn your puppy into a Super Pup! Includes basic clicker training, collar/leash training, gentle leader, positive training methods, sit & stay commands. Learn solutions to common problems (chewing, separation anxiety, mouthing, house training issues, jumping up, barking, etc.). Normal canine development, puppies and children, and puppy nutrition included. Includes clicker.

Tuesdays (6X) October 14 to November 25
7:30 - 8:30 pm. FLE8-14 (HCC)
\$99.00 Karen Fisk

PLEASE NOTE: Dogs must have their second series of vaccinations (DA2PP + Bordatella). Proof of vaccinations is required and must be brought to class. Bring a collar, leash, treats and a supply of baggies. If you have a known aggressive dog/reactive, please contact the instructor prior to registration so we may tailor to your needs.

SUPER-DOG OBEDIENCE - CLICKER TRAINING

Positive clicker training methods commands such as, sit/stay, down/stay and come. Designed for dogs over 9 months of age. Includes clicker.

Tuesdays (8X) October 14 to December 9
6:00 - 7:00 pm. FLE9-14 (HCC)
\$119.00 Karen Fisk

Karen Fisk - RAHT, CCT
Karen is a Registered Animal Health Technologist who graduated from RRC in 1996. She has been working in clinic and as a teacher for the past 18 years. In 2000, she began working with dogs and behaviour modification techniques. In addition to teaching the dog obedience and life skills courses, she also teaches the Veterinary Hospital Office Assistant Program.



PERSONAL FINANCE

CREATING YOUR RETIREMENT PAYCHEQUE

Do you know how much money you need to retire comfortably and remain comfortably retired. Topics include changes to CPP, Pension Income Splitting, TFSA or RRSP- which is better? Create the cash flow needed for a worry free retirement.

Wednesday September 24 FBU3-14 (SHC)
7:00 - 8:15 pm.
Wednesday January 21 FBU16-14 (SHC)
7:00 - 8:15 pm.
No Charge Paul Fust/Andrew McGrath

TOP 12 FINANCIAL PLANNING TIPS

Come out and get information on the top 12 tips for financial planning. Learn about mortgages, taxes, retirement planning, wills and estates and more.

Wednesday November 5 FBU11-14 (SHC)
7:00 - 8:15 pm.
No Charge Paul Fust/Andrew McGrath

WOMEN & MONEY

With an increasing number of women in charge of essential financial and buying decisions, being well educated has never been more important. Join us for a fresh outlook on investing from a woman's perspective and learn how we can help you achieve your financial goals.

Wednesday November 19 FBU12-14 (SHC)
7:00 - 8:15 pm.
No Charge Page Studler

WILLS & ESTATE PLANNING

Learn how to prevent the family sanctuary from becoming the family battleground. You will gain information on the tax-planned will, different types of power of attorney, the use of trusts, executors and their roles, beneficiary designations, and registered vs. non-registered assets.

Wednesday October 8 FBU7-14 (SHC)
7:00 - 8:15 pm.
No Charge Paul Fust/Andrew McGrath

Paul and Andrew are Senior Consultants with Investors Group Financial Services. They have many years of experience in developing detailed, comprehensive financial plans for clients. They provide educational sessions in worksites throughout the city.

BUSINESS

ADVERTISING ON SOCIAL MEDIA FOR A SMALL BUSINESS

Do you have, or are you starting, a small business? Are you confused about advertising, branding, social media and how these things affect your business? Take advantage of the instructor's wealth of information and experience.

Tuesdays (3X) September 23 to October 7
6:30 - 9:30 pm FBU1-14 (SHC)
Tuesdays (3X) January 13 to January 27
6:30 - 9:30 pm FBU14-14 (SHC)
\$55.00 Jim Goldrup

INTRODUCTION TO BLOGGING

Are you new to the social media world? If so, discover how to set up your own free website using blogging sites. This class will show you the websites that are out there and how to utilize them to view/track statistics for your website and how to drive traffic to your site. Great for small business owners or emerging bloggers.

Wednesday September 24 FBU2-14 (JT)
6:30 - 9:30 pm.
\$35.00 Selene Paul

INTRODUCTION TO LINKEDIN

Discover how you can increase your professional network with this simple, easy to use social media application. You will learn the steps to sign in to the site and how to effectively utilize its functions.

Saturday October 25 FBU9-14 (JT)
9:30 am. - 1:30 pm.
\$49.00

SMALL BUSINESS START-UP AND DEVELOPMENT

If you're thinking about starting your own business, this course will teach you the steps from start-up to development. Topics include: legal structures of business, licenses and name registration, market research, business plan development, financing, sales, customer service, taxation (GST/PST, income taxes), basic financial reports, insurance, contracts, projecting revenue, risk management, marketing and promotion (including Internet presence).

Wednesdays (4X) October 1 to October 22
6:00 - 9:30 pm. FBU5-14 (SHC)
Tuesdays (4X) January 6 to January 27
6:00 - 9:30 pm. FBU13-14 (SHC)
\$169.00 Selene Paul

"Selene Paul was well prepared for the class and was very resourceful. There was an excellent variety of information. There was enough time to go over the information without feeling rushed and time to ask questions."

-Katy

FUNDAMENTALS OF BUSINESS ACCOUNTING

This course is designed for a quick overview of basic accounting concepts, terminology and procedures. Understand debits, credits and practice how to record journals, ledgers and create simple financial statements.

Thursdays (5X) September 25 to October 23
6:30 - 9:30 pm. FBU4-14 (SHC)
\$95.00 Valerie Taylor

"Valerie was well prepared and made the class fun."

-Guy

SUPERVISION ESSENTIALS

Develop the tools you need to manage effectively. Topics include: team building, communication skills, leadership styles, performance appraisals, progressive discipline and much more. This course contains very valuable material for new supervisors and managers.

Wednesdays (2X) October 29 to November 5
6:30 - 9:30 pm. FBU10-14 (SHC)
\$55.00 Selene Paul

RESUMES THAT WORK

Get on the right track for your job search! The first step is to write an effective resume that will open doors. Draft a more interesting and functional resume.

Tuesdays (2X) October 7 to October 14
6:30 - 8:30 pm. FBU6-14 (JT)
Tuesdays (2X) January 20 to January 27
6:30 - 8:30 pm. FBU15-14 (JT)
\$45.00 Melissa Flanigan

INVESTING IN REAL ESTATE

Explore the exciting opportunity of investing in real estate. This seminar will provide useful information before you finalize your decision to invest. This experienced real estate agent will look at the pros and cons with this type of investment, as well as the legal aspects of it.

Wednesday October 15 FBU8-14 (SHC)
6:30 - 9:00 pm.
Wednesday January 28 FBU18-14 (SHC)
6:30 - 9:00 pm.
No Charge Nikki Burgess

FIRST TIME HOME BUYERS SEMINAR

Thinking about buying a home? Join us to learn more about financing, rates, home inspections, appraisals, contracts, current market trends and what an experienced realtor can do for you. Bring your questions!

Wednesday January 21 FBU17-14 (SHC)
6:30 - 9:00 pm.
No Charge Nikki Burgess

COMPUTERS

COMPUTER BASICS

Computer skills for the absolute beginner! Learn about the Windows Operating System, word processing, file management, Internet and e-mail.

Thursdays (6X) September 18 to October 23
6:30 - 9:30 pm. FCO2-14 (SHC)
\$129.00

COMPUTER BASICS, THE NEXT STEP

Enhance your basic computer knowledge and build upon the topics covered in Computers Basics class. Students will have the opportunity to practice skills in a lab setting. You will learn more about Windows, word processing, email and the Internet. Please bring a memory stick to class.

Thursdays (5X) November 6 to December 4
6:30 - 9:30 pm. FCO14-14 (SHC)
\$75.00

Would you like to learn to
crochet, knit or sew?

See pg. 5
for more details

KEYBOARDING MADE EASY

Learn to type and master the computer keyboard. Develop efficient, accelerated keyboarding, letter writing skills, formatting, saving and editing documents.

Tuesdays (4X) September 23 to October 14
6:30 - 8:30 pm. FCO11-14 (JT)
\$89.00 Marny Bennett

MS OFFICE 2010 - INTRODUCTION

Learn introductory hands-on skills in Word, Excel and Power Point. Word skills include tools, tables, tabs and mail merge. Excel skills include tips for entering data, formulas, functions and charts. Power Point skills include creating presentations with pictures and animation.

Tuesdays (8X) September 30 to November 25
6:30 - 9:30 pm. FCO5-14 (JT)
\$189.00 Marny Bennett

BRING A FRIEND!
"Friends won't let you give up on
your dreams"

INTRODUCTION TO PUBLISHER

Would you like to learn to create eye-catching brochures and newsletters? This course will show you how to use the various features available on Publisher templates. You can pick your favourite template, create your document and save it on a memory stick.

Thursdays (4X) October 23 to November 13
6:30 - 9:30 pm. FCO9-14 (JT)
\$75.00 Richard Magil



MS WORD - LONG DOCUMENT ESSENTIALS

Have fun creating your own unique group recipe book while learning advanced word processing skills for working with long documents. You will learn how to apply techniques to format your document with ease. By the end of the course you will be able to generate and update an attractive table of contents in seconds, create an index, add page numbering and headers and footers. Each student must bring 1 USB flash drive and a minimum of 4 recipes.

Thursdays (4X) January 8 to January 29
6:30 - 9:30 pm. FCO17-14 (SHC)
\$65.00



MS EXCEL 2010 - INTRODUCTION

Learn this popular spreadsheet program on a Saturday. Includes formulas, formatting, printing and charting. Shortcuts provided.

Saturday September 20
9:30 am. - 3:30 pm. FCO3-14 (JT)
Saturday November 1
9:30 am. - 3:30 pm. FCO13-14 (JT)
\$89.00 Ianthe Warner

MS EXCEL 2010 - INTERMEDIATE

Excel with Excel! Learn chart formatting, absolute referencing, "if" statements, sheet references and 3-D referencing and formulas. Pre-requisite: Intro. To Excel

Saturday December 6
9:30 am. - 3:30 pm. FCO15-14 (JT)
\$89.00 Ianthe Warner

Starting a new business?
What is a blog?
See page 9 for Business Courses

GET CONNECTED TO SOCIAL MEDIA

Facebook, Twitter, YouTube, Skype - are all of these social media programs causing your brain to hurt? Then this course is for you. You will be looking at each of these programs, setting up your account and getting started on the road to social networking.

Mondays (3X) September 15 to September 29
6:30 - 8:30 pm. FCO1-14 (SHC)
\$65.00 Jim Goldrup

RESTORING OLD PHOTOGRAPHS DIGITALLY

Do you have a faded family photo that you love? Discover how to restore photos to their old glory. In just a few hours, learn simple computer techniques that will have you restoring those beautiful photographs.

Saturday October 25
10:00 am. - 2:00 pm. FCO10-14 (SHC)
Saturday January 17
10:00 am. - 2:00 pm. FCO19-14 (SHC)
\$39.00 Jim Goldrup

INTRODUCTION TO MAC

Familiarize yourself with components and jargon. You will be introduced to the operating system and learn to work in this user-friendly environment. Students will be taught to double-click, make a new folder, cut, and copy/paste, customize the computer, and much more!

Mondays (3X) October 6 to October 27
6:30 - 8:30 pm. FCO8-14 (SHC)
Mondays (3X) January 12 to January 26
6:30 - 8:30 pm. FCO18-14 (SHC)
\$65.00 Marny Bennett

GETTING TO KNOW IPHOTO

Discover this popular Apple software. The course will cover the many features such as categorizing and combining images into custom collections using iPhotos geotagging and face detection, how to build customized slideshows and create calendars, books and greeting cards. Pre-requisite: knowledge of Mac computers.

Thursdays (3X) September 25 to October 9
6:30 - 8:30 pm. FCO4-14 (SHC)
\$65.00 Howie Morrow

HAVE FUN WITH YOUR iPad/iPhone

Acquire more functionality from your high tech devices without hassles. This is the place to start. Learn the basics, get all your questions answered and enjoy your iPad/iPhone. Please bring your iPad and iPhones to class.

Thursdays (3X) October 2 to October 16
6:30 - 8:30 pm. FCO7-14 (SHC)
Thursdays (3X) January 8 to January 22
6:30 - 8:30 pm. FCO16-14 (SHC)
\$65.00 Jim Goldrup

IMOVIE FOR THE MAC

Create personalized videos of all your favourite moments. This workshop will have you editing your material quickly. Capture footage on your MAC, edit, add visual effects, sound, and then burn the project on a DVD.

Thursdays (4X) October 30 to November 20
6:30 - 8:30 pm. FCO12-14 (SHC)
\$65.00 Jim Goldrup

CAREER & EMPLOYMENT

MEDICAL TERMINOLOGY

This intensive course teaches the basic elements of medical terminology, diagnostic tests, abbreviations and some pharmacology related to body functions, structures and health care systems. Body systems and human anatomy will be reviewed. Textbooks provided. (60 Hours)

Mondays and Thursdays (15X)

September 4 to October 30

6:00 - 10:00 pm.

\$390.00

Mary-Grace Tesoro

FCA18-14 (JT)

WEVAS - WORKING EFFECTIVELY WITH VIOLENT/AGGRESSIVE STUDENTS

Do you work with people who may become anxious, agitated, aggressive or even violent? WEVAS is designed to help develop and improve communication skills used to enable these people to return to their optimal state.

Wednesdays (2X) November 5 to November 12

6:00 - 10:00 pm.

\$129.00

Barry Wolfe

FCA13-14 (JT)

"The real life situations that Barry described and how he dealt with them were very helpful. Also, nice class size."

-Karen

FOOD SAFE - CERTIFIED FOOD HANDLERS TRAINING

Do you want to work in the food service industry? The City of Winnipeg Food Handlers Certificate is required for employees handling food who have contact with the public. Food Safe is able to accommodate special needs for English as an Additional Language, literacy, hearing and visual challenges.

Saturday October 4 FCA6-14 (SHC)

Saturday November 15 FCA7-14 (SHC)

Saturday December 6 FCA8-14 (SHC)

Saturday January 17 FCA9-14 (SHC)

9:00 am. - 4:30 pm.

\$120.00

Lesley Andrews

\$17 (optional) manual fee pd. to instructor

CANADIAN RED CROSS LEVEL C CPR

In only one day you can learn the skills to save a life. This course includes adult, child and infant CPR and choking maneuvers, recognizing the signs and symptoms of a heart attack and stroke, and how to reduce the chances of developing cardiovascular disease. Learn how to use an AED (Automated External Defibrillator). CPR manual and certificate will be provided.

Saturday October 25

8:30 am. - 4:30 pm

\$79.00

Gord Hanna

FCA1F-14 (SHC)

EDUCATIONAL ASSISTANT

Students are trained to work with children who have special needs or behavioural challenges at all grade levels. Course includes the role of the Educational Assistants in schools, special needs and behaviour theory, instructional techniques, observation and record keeping, Standard First Aid, Non-Violent Crisis Intervention and MS Office. There will be two 50-hour practicums, held Monday-Friday during school hours. Evening and Saturday classes are scheduled.

September 4, 2014 to June 6, 2015

Tuesdays & Thursdays 6:00 - 9:30 pm.

Selected Saturdays 9:00 am. - 2:00 pm.

\$3195.00

HEALTH CARE AIDE

Students are trained to become health care workers. Graduates work with hospital patients, personal care home residents, or home care clients to meet their physical, emotional, and social needs. Course includes growth and development, gerontology, activities of daily living, care of the chronically ill, communications, medical terminology, anatomy and physiology. There are Saturday and evening requirements. There are two 120-hour practicums. 620 Hours

\$2945.00

Part Time Program

October 7, 2014 to July 22, 2015

Tuesdays & Thursdays 6:00 - 9:30 pm.

Selected Saturdays 9:00 am. - 4:00 pm.

Full Time Program

January 19, 2015 to June 1, 2015

Monday to Friday 9:00 am. - 3:00 pm.

HEALTH UNIT CLERK

Students are trained in the health care delivery system. Course includes maintaining patients and unit records, medical terminology, processing physician orders, diagnostic and laboratory orders, managing unit supplies, CPR, Non-Violent Crisis Intervention and MS Office 2010. There are Saturday and evening requirements. 160-hour practicum.

484 Hours

\$3145.00

Full Time Program

January 5, 2015 to May 4, 2015

Monday to Friday 9:00 am. - 1:30 pm.

Selected Saturdays 9:00 am. - 4:00 pm.

VETERINARY HOSPITAL OFFICE ASSISTANT

This program provides you with the skills you need to work with small or large animals in the veterinary industry. There is a 110-hour practicum. There are selected evenings (obedience classes) and selected Saturdays. 730 Hours.

Full Time Program

September 22, 2014 to May 29, 2015

Monday to Friday 1:30 - 5:30 pm.

\$6995.00

CERTIFICATE PROGRAM APPLICATION PROCESS

Please provide the following documentation:

- Grade 12 transcript or equivalent
- Current certificates for any related course
- Language Proficiency Level, if English is not your first language
- Current immunizations (if required)
- Criminal Record and Adult/Child Abuse Registry checks (if required)

A \$200 administration fee (non-refundable) is required at time of registration.

Those applying for student loans or EI grants must provide complete documentation as soon as possible.

Criminal Record Check - The cost is approximately \$39. Please go to Winnipeg Police at 151 Princess or Police Community Service Centres.

Child Abuse and Adult Abuse Registry Check - The cost is \$15 each. Child Abuse Records Office at 777 Portage Avenue.

Immunizations and Letter from your Doctor/Chiropractor. The cost is approximately \$150. Please see your personal health care professional.

For more information, please contact:

**Wanda Taylor, Assistant Director
(204)832-9637 (Work)
(204)888-0945 (Fax)
coned@sjsd.net**

TAXICAB DRIVER TRAINING

ENGLISH ASSESSMENT TESTING

Every Tuesday. Begins 8:00 am. sharp. John Taylor Collegiate
470 Hamilton Avenue, Winnipeg, MB R2Y 0H4

\$15. Call 204-832-9637 for an appointment.

***Must pass English Assessment Test before booking into the
Taxicab Driver Training Program.***



GETTING HERE IS EASY!

St. James-Assiniboia
Continuing Education
470 Hamilton Avenue,
Winnipeg, MB R2Y 0H4
Phone: 204-832-9637

OFFICE HOURS

Monday to Thursday

8:00 am. - 6:30 pm.

Friday

8:00 am. - 4:30 pm.

The following Winnipeg Transit
buses stop at our location:

#24 & #25

TAXICAB DRIVER TRAINING - EVENING COURSE (12 Evenings)

Monday to Friday September 3 to September 18
6:00 - 9:30 pm. Exam: September 23
\$300.00 FTAX4-14 (JT)

Monday to Friday September 24 - October 9
6:00 - 9:30 pm. Exam: October 14
\$300.00 FTAX5-14 (JT)

Monday to Friday October 15 - October 30
6:00 - 9:30 pm. Exam: November 4
\$300.00 FTAX6-14 (JT)

Monday to Friday November 5 - November 21
6:00 - 9:30 pm. Exam: November 25
\$300.00 FTAX7-14 (JT)

Monday to Friday November 26 to December 11
6:00 - 9:30 pm. Exam: December 16
\$300.00 FTAX9-14 (JT)

Monday to Friday January 7 to January 22
6:00 - 9:30 pm. Exam: January 27
\$300.00 FTAX12-14 (JT)

TAXICAB DRIVER TRAINING - DAYTIME COURSE (10 Days)

Monday to Friday November 24 to December 5
9:00 - 1:30 pm. Exam: December 16
\$300.00 FTAX8-14 (JT)

Monday to Friday December 8 to December 19
9:00 - 1:30 pm. Exam: December 22
\$300.00 FTAX10-14 (JT)

Monday to Friday January 5 to January 16
9:00 - 1:30 pm. Exam: January 27
\$300.00 FTAX11-14 (JT)

****Note: Your attendance is important! You are expected to attend ALL classes. This is a requirement of the Taxicab Board. If you miss any classes or are late for class, you will not be permitted to write the final exam until you have made up that time.**

TAXICAB DRIVER TRAINING

Offered in conjunction with the Manitoba Taxicab Board. Mandatory before obtaining a Taxicab Driver's License. Includes Taxicab Industry Structure, Geography, Map Reading and Route Planning, Quality Customer Service, Transporting Passengers with Special Needs, Safety and Defensive Driving. Driving a taxi, limo or executive car provides employment opportunities with flexible hours. Must attend all classes, in full, prior to writing exam.

See www.gov.mb.ca/ia/taxicab/driver.html

CANCELLATION POLICY

Full refunds will be issued if a cancellation is provided, in writing, five working days before the beginning of a course. Refunds will not be granted for cancellations received after this time. A full refund will be provided for courses cancelled by the Continuing Education Program.

PARENTING TODAY FALL 2014

Workshops will be held from 6:00 - 8:30 pm. at Educational Support Services - Jameswood School, 1 Braintree Crescent (off Olive and Ness). Free pizza supper offered from 6:00 - 6:30 pm. and workshops are from 6:30 - 8:30 pm. To register please call 204-885-9555 or email: ptregistrations@sjsd.net. **FREE CHILDCARE IS PROVIDED FOR SESSIONS.** When registering, please indicate for how many children and their ages. Once registered, if you cannot attend, please call 204-885-9555 or email ptregistrations@sjsd.net

**Tuesdays, October 7, 14, 21 and 28
(4 group sessions)**

Positive Parenting Program
Facilitated by Kristy Wake, Behavior Intervention Resource Teacher and Matthew Janzen, Bachelor of Social Work.

Saturday, October 25

Positive Parenting: Families Working Together
Presented by Kristy Wake, Behavior Intervention Teacher, Matthew Janzen, Bachelor of Social Work and Jeffrey Kerr, Bachelor of Social Work.

Tuesday, November 18

K to 8 Fun with Math, Presented by Rachel McAnallen.

Tuesday, December 9

Teens
Presented by Jeff Kerr, Bachelor of Social Work and Hayley Plesh, Bachelor of Social Work.

Thursday, January 15, 2015

ADHD/ADD
Presented by Marilyn MacKinnon, Bachelor of Social Work, Executive Director, Learning Disabilities of Manitoba.


FREE ADULT HIGH SCHOOL UPGRADING AND LITERACY COURSES

Upgrade your English, Math or other high school courses to obtain your high school diploma. Day or evening classes are held at Stevenson-Britannia Adult Learning Centre, located at Jameswood School, 1 Braintree Crescent. For more information, please call 204-837-3521.

SITE CODES AND LOCATIONS

Code	School	Location
(BA)	Bannatyne School	363 Thompson Dr.
(BU)	Buchanan School	815 Buchanan Blvd.
(JT)	John Taylor Collegiate	470 Hamilton Ave.
(NM)	Ness Middle School	3300 Ness Ave.
(SM)	Strathmillan School	339 Strathmillan Rd.
(SHC)	Sturgeon Heights	2665 Ness Ave.
(WS)	Westwood Collegiate	360 Rouge Rd.
(HCC)	Heritage Community Centre	950 Sturgeon Rd.

Five Easy Ways to Register

1. **Register On-line** Enroll instantly at  www.localcourses.com/sjsd with a Mastercard or Visa. Your credit card security is guaranteed. Registration will be confirmed and the credit card details will be removed.

2. **Phone-in 204-832-9637.** Payment by credit card. Have your credit card and expiration date ready.

3. **Fax** your registration **204-888-0945.**
Fax the registration form with your credit card information.

4. **Mail** the registration form provided in this brochure with your cheque (make payable to St. James-Assiniboia Continuing Education) or credit card payment to 470 Hamilton Avenue, Wpg, MB R2Y 0H4.

5. **Walk-in.** John Taylor Collegiate, 470 Hamilton Ave. (Side Entrance - 2nd Floor) during office hours.



Does your office or company need training?

Supervision Essentials
CPR
WEVAS
Food Safe-Certified Food
Handlers Training

Call 204-832-9637 for more
information!

ACCEPTING APPLICATIONS FOR THE FOLLOWING PROGRAMS FOR SEPTEMBER 2014/JANUARY 2015

EDUCATIONAL ASSISTANT
- PART TIME SEPTEMBER 2014 -
JUNE 2015

HEALTH CARE AIDE
-- PART TIME OCTOBER 2014 -
JULY 2015
- FULL TIME JANUARY 2015

HEALTH UNIT CLERK
- PART TIME SEPTEMBER 2014-
JUNE 2015
- FULL TIME JANUARY 2015

**VETERINARY OFFICE HOSPITAL
ASSISTANT**
- FULL TIME SEPTEMBER 2014-
MAY 2015

FOR MORE INFORMATION
CALL 204-832-9637

CANCELLATION POLICY

Full refunds will be issued if a cancellation is provided, in writing, **five** working days before the beginning of a course. Refunds will not be granted for cancellations received after this time. A full refund will be provided for courses cancelled by the Continuing Education Program. Application fees are non-refundable.

ON-LINE

Our brochure is available on-line with secure registration and confirm capabilities.
www.localcourses.com/sjsd

REGISTER ON-LINE!



MAIL REGISTRATION FORM TO :

St. James-Assiniboia
Continuing Education
470 Hamilton Avenue
Winnipeg, MB R2Y 0H4

REGISTER EARLY!

Courses may fill up quickly or be cancelled due to low enrollment.

PLEASE PRINT	REGISTRATION FORM ST. JAMES-ASSINIBOIA CONTINUING EDUCATION		ONE FORM per COURSE	Office Use Only	
				CASH REC# _____	
COURSE: _____		COURSE ID#: _____	MANUAL REC # _____		
LAST NAME: _____		FIRST NAME: _____	REGISTRATION INFO		
ADDRESS: _____		CITY: _____	RegDate: _____		
P/CODE: _____		PHONE(H) _____ (W): _____	Time: _____		
FEE \$ _____		MANUAL/MATERIAL FEE (if necessary) _____	Phone: _____		
CREDIT CARD# _____		EXPIRY DATE _____	Fax: _____		
Signature _____		Email address _____	Walk In: _____		
			Mail: _____		
			CREDIT CARD APPROVAL # _____		

Privacy Consent I agree that my contact information be shared for the purpose of emailing course updates. Yes/No

PLEASE PRINT	REGISTRATION FORM ST. JAMES-ASSINIBOIA CONTINUING EDUCATION		ONE FORM per COURSE	Office Use Only	
				CASH REC# _____	
COURSE: _____		COURSE ID#: _____	MANUAL REC # _____		
LAST NAME: _____		FIRST NAME: _____	REGISTRATION INFO		
ADDRESS: _____		CITY: _____	RegDate: _____		
P/CODE: _____		PHONE(H) _____ (W): _____	Time: _____		
FEE \$ _____		MANUAL/MATERIAL FEE (if necessary) _____	Phone: _____		
CREDIT CARD# _____		EXPIRY DATE _____	Fax: _____		
Signature _____		Email address _____	Walk In: _____		
			Mail: _____		
			CREDIT CARD APPROVAL # _____		

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Call 204-832-9637 to register by phone



**STUDENTS FROM HEALTH CARE AID PROGRAM, SPRING 2014
ST. JAMES ASSINIBOIA CONTINUING EDUCATION**

HEALTH CARE AIDE CERTIFICATE PROGRAM

“My overall experience with this course is that I’ve been left with a boost of confidence not only to my academic life but my personal life. The course has been designed perfectly, with the proper in class time and structure to the planning of course material delivered.

The overall class setting was also perfect, only having 15 students in my class made it easy to learn and adapt because you felt like a family. I always wanted to be there because it was quiet and we all had the same goal. I would recommend anyone wanting to get into this field to take this course at this location because you won’t go wrong with how you feel when it’s all over!!! Confident and amazing!!!”

- Stacey L.

VETERINARY HOSPITAL OFFICE ASSISTANT CERTIFICATE PROGRAM

“This Vet Assistant program is fantastic! I gained so much knowledge through the classroom education and the plethora of opportunity for hands on experiences. Karen is very passionate about animals and dedicated to teaching others how to properly care for them. Her knowledge and encouragement kept me motivated and exhilarated. I finished the program feeling very equipped to work in a clinic or any facility that requires animal care and handling. I value both my time and money so I can tell you that nothing was wasted on this program.”

- Camille W.



EDUCATIONAL ASSISTANT CERTIFICATE PROGRAM

“ The Education Assistant program was an amazing and successful experience! The teachers were inspirational and a treat to be around for the past nine months! I fully recommend this course to anyone thinking of pursuing a career in working with special needs kids and without a doubt I give this experience a 5 star rating. Thank you St. James-Assiniboia Continuing Education!”

- Kevin G



HEALTH UNIT CLERK CERTIFICATE PROGRAM

“I learned an amazing amount of information, took what I learned and “wowed” them during my practicum. Started as a permanent part-time Health Care Aide and came out as a full time permanent nursing assistant. I absolutely love what I can do now! Thanks for the education St. James-Assiniboia Continuing Education, you rock!!!!

- Tanis L.



www.sjsd.net

St. James-Assiniboia School Division
Great Schools for Growing and Learning
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