

# CLASS

Fall 2014

Community Learning And Skill Sharing

Power  
up with  
**CLASS!**

**New!**

**CLASS**  
4Kids

page 27

COMMUNITY LEARNING AND SKILL SHARING



**CLASS**

at the Salina Public Library



Registration Kickoff will be  
Saturday, Aug. 9, at Central Mall!  
[www.salinapubliclibrary.org](http://www.salinapubliclibrary.org)

# Pow! Welcome to CLASS!

I have been fortunate to know some real-life superheroes, and one thing they seem to have in common is a deep commitment to lifelong learning. The great thing about community-based education is that you can always learn and be empowered to do more, regardless of your age, abilities and strengths, or past experience.

This fall brings another great assortment of instructors and course topics, so I hope you will consider taking advantage of a one-of-a-kind learning opportunity with CLASS. We are also excited to introduce CLASS 4 Kids! Check out the back part of this catalog for unique courses, designed for kids, with a few for families, too!

Please note our registration kickoff event will be Saturday, Aug. 9, at Central Mall! Join us — and Salina Parks & Recreation — at Center Court from 11 a.m.-1 p.m. Not only can you register for your courses, but you can also enjoy entertainment from our instructors and enter prize drawings. We hope to see you there!

If you can't make it to our kickoff event, registration will also open online at [www.salinapubliclibrary.org/class](http://www.salinapubliclibrary.org/class) at 11 a.m. on Aug. 9. We will also be open at the Community Learning Center, 308 W. Elm, during the week from 9 a.m.-5 p.m.

Please stop by any time to say “hello” and let me know how I can help to make this the best semester of CLASS yet!



In service,

A handwritten signature in black ink that reads "Morgan".

Morgan Davis  
Community Learning Coordinator  
(785) 825-4624, ext. 218  
[mdavis@salpublib.org](mailto:mdavis@salpublib.org)

**Favorites!**

## Our favorites!


We've highlighted some tried and true CLASS offerings. Look for the Favorites icon!

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## Try something new ...

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*Look for the "New" logo to find more new adult courses. Adult courses are designed for those 16 and older unless otherwise noted.*



## Beginning Jujutsu

This is your chance to learn Jujutsu! This Japanese martial art includes striking, blocking, joint controls and throwing techniques. We will focus on training for self-defense only and this style is especially well-suited to teens, smaller adults and women, although it is beneficial to everyone. We will spend two weeks each, looking at ukemi and basics, joint controls, throwing techniques and striking. You may wear your own uniform or borrow one from the dojo. No base knowledge or fitness is required.

Oct. 3-Dec. 19 (F) 10-11 a.m. (No class Oct. 31 or Nov. 28)

Register by Sept. 26

Shinzenkan Dojo, 911 W. Crawford  
Fee: \$19

## Fitness for the Holidays




Do you worry about staying fit for the holidays? Do you usually set a New Year's resolution to lose the weight you gained during the holidays? This course is for you! Over five weeks, we will spend time discussing strategies for not over-indulging during the holiday season, and then have a great bodyweight workout to break a sweat and help us get in shape. Workouts are all easily adaptable, so everyone will benefit.

Nov. 12 - Dec. 17 (W) 7:30-8:30 p.m. (No class Nov. 26)

Register by Nov. 5

Shinzenkan Dojo, 911 W. Crawford  
Fee: \$15

## Beginning Self-Defense

 Learn how to avoid dangerous situations and diffuse aggressive action. This course will cover a variety of situational self-defense scenarios: being grabbed, thrown to the ground, dragged into a vehicle, choked, etc. We will spend a bit of time stretching and moving with each class. Each week will focus on a different type of attack and a different type of defense skill, so attendance at each class meeting is important. Participants younger than 18 years of age must be accompanied by a parent for the entire first class. No particular physical skills or abilities are required, though we will stand or sit on the floor to practice.


Oct. 13-Dec. 8 (M) 7:30-8:30 p.m.  
(No class Nov. 24)

Register by Oct. 6

Shinzenkan Dojo, 911 W. Crawford  
Fee: \$19

*Instructor Robin Hamerdinger has been studying martial arts for more than 30 years. She has trained in a number of systems and currently trains in and teaches Judo and a style of Japanese Jujutsu that is extremely well-suited to smaller adults, women, teens and older adults, although is very good for everyone. She is a certified level 2 USJA coach and has taught college judo athletes and Olympic hopefuls, since being a college judo player herself. Robin enjoys sharing martial arts with as many people as possible.*

## Evening Yoga

 Balance and center yourself with an evening yoga asana class. Build a strong foundation in body awareness and alignment by allowing yourself to explore your own personal experience of yoga through inner focus and surrender. Creative hatha and vinyasa make this course great for beginning to intermediate levels. If needed, most poses can be modified to make your yoga practice rewarding. Be sure to wear comfortable clothing and bring a yoga mat.

### Mondays:

Session 1: Sept. 8-Oct. 13 (M) 5:30-6:30 p.m.

Register by Sept. 1

Session 2: Oct. 27-Dec. 8 (M) 5:30-6:30 p.m. (No class Nov. 24)

Register by Oct. 20

Webster Conference Center, 2601 N. Ohio

Fee: \$29 each session

### Wednesdays:

Session 1: Sept. 10-Oct. 15 (W) 5:30-6:30 p.m.

Register by Sept. 3

Session 2: Oct. 29-Dec. 17 (W) 5:30-6:30 p.m. (No class Nov. 26 or Dec. 10)

Register by Oct. 22

Prescott Room, Salina Public Library

Fee: \$29 each session

## Chair Yoga

Are you looking for lower-impact yoga? In this weekly course, Melanie Back will teach you how you can breathe properly, stretch, strengthen and twist, all while seated. Not just for seniors, these yoga moves can also be done at your office desk. Explore the benefits of yoga while sitting in a chair.

Session 1: Sept. 10-Oct. 15 (W) 12:15-12:45 p.m.

Register by Sept. 3

Session 2: Oct. 29-Dec. 10 (W) 12:15-12:45 p.m. (No class Nov. 26)

Register by Oct. 22

Community Learning Center

Fee: \$19 each session

*Instructor Melanie Back began her study of yoga through the CLASS program. She is a certified 200 hour registered yoga teacher through Yoga Alliance. She received her certification at the Shambhava School of Yoga in Rollinsville, Colo.*



## Tai Chi for Arthritis

Tai chi is considered a moving meditation, a gentle exercise, with origins in China. It is comprised of slow movement and deep breathing. In addition to increasing flexibility, muscular strength and fitness, this course will include forms that are specific to health concerns you may have, like lower back pain, insomnia and high blood pressure. Please join in, whether you have arthritis or are simply looking for lower impact exercise.

Oct. 6-Dec. 1 (M) 7-8 p.m. (No class Nov. 24)

Register by Sept. 29

Prescott Room, Salina Public Library

Fee: \$29

*Instructor Leslie Hargis first took a tai chi class in 2000 and has been studying the forms with a variety of teachers and masters since then. She has focused on Qi-gong forms and is certified in Tai Chi for Arthritis. Leslie's educational background is in teaching and she enjoys sharing her passion for this art.*

## Turn the page ...

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## Zumba® Gold



This easy-to-follow program lets you get moving at your own speed. Zumba® Gold is a fitness program designed to take exciting Latin and international dance rhythms created in the original Zumba® and bring them to the active older adult, beginners or those not used to exercising. Created to emphasize the basics, Zumba® Gold will provide you with a safe and effective total body workout.

Session 1: Sept. 9-Oct. 9 (T & Th)  
9-9:45 a.m.

Register by Sept. 2

Session 2: Oct. 21-Nov. 20 (T & Th)  
9-9:45 a.m.

Register by Oct. 14

Community Learning Center, 308 W. Elm

Fee: \$29 each session

*Instructor Angelina Lawrence has been a certified Zumba instructor since 2010. She has had a love of dance throughout her life, though was not truly fulfilled when teaching salsa and the cha-cha out of her home. Joining the YMCA in 2006 is what introduced Angelina to Zumba and she has been involved since then. She is also certified in Zumba Toning, Zumba Gold and Aqua Zumba. Angelina loves helping people improve their health and fitness through this exciting dance style.*



## Meditation: Quieting the Mind



More people are meditating every day for the benefits it can offer your health, mind and spirit. The goal is to quiet the mind and feel a sense of peace, no matter what is happening around you. In this beginner course, you will learn about various practices, some current teachings on meditation and techniques to assist in meditation. You will practice meditating for short intervals and discuss your experiences. This meditation is not affiliated with any particular religion or belief system.

Oct. 11 & 18 (S) 2-3:30 p.m.

Register by Oct. 4

Community Learning Center, 308 W. Elm

Fee: \$9

*Instructors Thea Nietfeld, Dee Boyd and Willow Leenders are members of the Community Meditation Group in Salina. The group has been together for more than three years, meeting weekly for an hour of reflective reading, sitting and walking meditation, and conversation on individual meditation practices. The group offers support for personal practices and each instructor is excited to present a meditation approach which they value.*



## Living Well with Fibromyalgia



Fibromyalgia is a chronic disease, characterized by widespread pain and fatigue. The disease brings a host of symptoms and, as with any chronic illness, affects all aspects of a person's life. Join three local experts for a discussion on practical ways to live a full life when dealing with this health issue, whether you have fibromyalgia or care about someone who does.

Oct. 7 (Tu) 6:30-8:30 p.m.

Register by Sept. 30

Community Learning Center, 308 W. Elm

Fee: \$9

*Maria Chaney is a licensed clinical social worker at Veridian Behavioral Health in Salina. She works with many people who have serious health issues and provides a practical knowledge of dealing with chronic illness on a day-to-day basis.*

*Dr. Maria Rapp is a chiropractor at Chiropractic Wellness Center in Salina. She has extensive knowledge of fibromyalgia and successfully treats patients who suffer from it every day. She believes that good health involves wellness of the body, mind and spirit.*

*Karen Weber is a working professional who has lived with chronic illness for more than 20 years. She has a passion for helping others to see the positive side of living with chronic health issues. She has led a chronic illness support group in Salina for the past two years.*

## Loss, Grief & Trauma in the Workplace



Coping with the loss of someone close to you is difficult, whether they are family or colleague. When dealing with the very real problems of loss, grief and trauma — whether inside or outside of your job — we must consider how workplace issues affect us and our work environment. How can we best tackle the issues that result and prevent greater problems? Learn how you can effectively address these issues within yourself and also with those around whom you work.

Sept. 23 & 25 (T & Th) 6-8 p.m.

Register by Sept. 16

Community Learning Center, 308 W. Elm

Fee: \$19

*Instructor Gerry R. Cox, Ph.D., is a professor emeritus of sociology at University of Wisconsin - La Crosse. He served as the Director of the Center for Death Education & Bioethics. He has more than 100 publications, including 17 books. Gerry has served as editor of *Illness, Crisis, and Loss* and *The Midwest Sociologist*. He is a member of the International Work Group on Dying, Death, and Bereavement, and numerous sociological societies.*



## Powerful Tools for Caregivers



When you care for someone with health concerns, you put their needs before your own.

This course is designed to help you find some balance in caring for yourself, too. Studies show high rates of depression and anxiety, and increased vulnerability to health problems, among caregivers. Frequently, restriction of personal activities and social life are problematic, and there is a feeling of no control over events. Feeling powerless has a significant negative effect on caregivers' physical and emotional health. In this six-session course, you will develop a wealth of self-care tools to reduce personal stress, change negative self-talk, communicate your needs to family members and health care or service providers, communicate more effectively in challenging situations, plus make tough caregiving decisions. Your course fee includes a copy of "The Caregiver Helpbook," developed specifically for this course.

Sept. 11-Oct. 16 (Th) 2-4 p.m.

Register by Sept. 4

Technology Center Conference Room,  
Salina Public Library

Fee: \$19

*Instructors Lisa Newman, Leah Robinson and Debra Wood are extension agents for the Central Kansas Extension District, offering programming and training for residents of Saline and Ottawa counties. Lisa is a family and child development agent; Leah is a nutrition, food safety and health agent; and Debra is a family resource management agent.*

## SoulCollage®: Honoring the Second Half of Life

Angeles Arrien said, "Unfortunately, our culture's current perspective is that the second half of life offers only decline, disease, despair and death," but many cultures regard elders as living treasures. This course serves as a "welcome home" on this journey into the rich second half of life, honoring aspects of who we've been, who we are and who we are becoming. The simple, artistic, soul-tending practice of SoulCollage® has the potential to transform your inner landscape through imagination, intuition and images. Time will allow for the creation of one or two personal SoulCollage® cards. No artistic ability is necessary. Please bring a journal and water.

Nov. 16 (Su) 1-5 p.m.

Register by Nov. 9

Community Learning Center, 308  
W. Elm

Fee: \$29

*Instructor Hazel Hutchinson is a soul trekker, SoulCollage® facilitator and one who is learning to embrace her elderhood with grace, flexibility and movement (of self and things). Hazel intends to leave the world a better place by compassionately and enthusiastically sharing SoulCollage® with others on the journey.*



### Cemetery Tour of Gypsum Hill



If you missed this popular tour last fall, here is your chance to explore Gypsum Hill Cemetery! Our cemeteries are filled

with fascinating tales about the lives of ordinary people. Join us for a day-light tour of Gypsum Hill Cemetery and listen to these stories as you stroll among the interesting tombstones of the men and women who have gone before us. Learn about Salina’s founders and their impact on our history. The walk will take approximately 1½ hours and begins at the cemetery of-fice.

Sept. 25 (Th) 5:30-7 p.m.

Register by Sept. 18

Gypsum Hill Cemetery, 2020 E. Iron (Enter from Iron Ave. entrance)

Fee: \$9

*Tour leader Judy Lilly is the former Kansas librarian at Salina Public Library, where she oversaw a Kansas and local history collection. She has published a collection of local history articles, and a volume called “Voices from the Valley.” She was a member of the history committee which compiled “Salina, 1858-2008” for the sesqui-centennial. She has also published short fiction and historical nonfiction in various anthologies.*

### Historic Stiefel Theatre Tour

The Stiefel Theatre, located in the heart of downtown Salina, is a cultural gem, and you are invited to take a peek behind the scenes. The theater originally opened in 1931 as the Fox-Watson Theatre. The building, designed by a prominent Kansas City architectural firm, was constructed for \$400,000, featuring a lavish art deco style, with gleaming chandeliers, mirrored ceilings, a glamorous staircase and glittering gold leaf throughout. It was restored and its grand re-opening took place on March 8, 2003, with a sell-out concert by Jim Belushi and the Sacred Hearts.

Oct. 1 (W) 6-7:30 p.m.

Register by Sept. 24

Stiefel Theatre, 151 S Santa Fe

Fee: \$9

*Executive Director Jane Gates and Technical Director Bill Tuzicka will lead this tour.*



Photo courtesy of Stiefel Theatre



## Church Tours

This is your chance to visit two of Salina's original churches and hear all of the history as you tour the beautiful buildings!

### First Presbyterian Church

Salina's first church was established on May 12, 1860. Its first building was dedicated in 1870 at 118 S. Eighth. A second building was constructed in 1900 at the same location. The current structure, designed by prominent Salina architect Charles Shaver, was built in 1922-23. Shaver held the No. 1 architect's license in the state at the time. The structure features a large resurrection stained glass window on the east end of the sanctuary.

Sept. 13 (Sa) 1-2 p.m.

Register by Sept. 6

First Presbyterian Church, 308 S. Eighth  
Fee: \$5

*Church historian Jan Carr will lead the tour.*

### Immanuel Lutheran Church

Originally known as Swedish Lutheran Church, Immanuel was founded on May 11, 1870, on the northeast corner of Seventh Street and Mulberry, where its current congregation continues to worship and minister to the community today. This historical tour will include a look at the beauty of the sanctuary and stained glass windows, and you will hear from some members who were present for Immanuel's hallmark moments.


Sept. 20 (Sa) 1-2 p.m.

Register by Sept. 13

Immanuel Lutheran Church, 255 S. Seventh  
Fee: \$5

*Pastor Kent Happel will lead the tour.*

## Plains Indians of Central Kansas

 Have you ever wondered who lived in the Salina area before the first homesteaders arrived? In this course, we will explore the various Native American tribes who inhabited North-Central Kansas for hundreds of years: the Cheyenne, Pawnee and Kansa, to name a few. We will discuss their culture and histories, and also talk about the local landmarks the Indians left behind.

Nov. 6 (Th) 7-8:30 p.m.


Register by Oct. 30

Community Learning Center, 308 W. Elm

Fee: \$9

*Instructor Tom Fleming has written extensively about the homesteader period in central Kansas. He earned his Master of Arts from the University of Texas at Austin and is currently a professor at Bethany College in Lindsborg.*

## Tour The Land Institute

 Last year's tour was so popular, we're going back! Have you always wanted to learn more about what happens at The Land Institute? This is your chance to interact with The Land Institute researchers as you tour the perennial grain breeding plots and ecological experiments housed on-site. This course is intended to give you a solid understanding for the rationale of The Land Institute's work and an overview of progress to date in developing perennial alternatives to the major grain crops.

Sept. 11 (Th) 1:30-4:30 p.m.

Register by Sept. 4

The Land Institute, 2440 E. Water Well Road

Fee: \$9

*The tour will be led by various Land Institute researchers.*



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## An Ale of a Good Time

Taste and evaluate various styles from around the world — pale ales, Belgian tripel, barleywine, just to name a few. Learn about pale and dark beer, and what role geography plays in how it tastes. Food pairings will be provided to sample with each beer. Participants must be at least 21 years of age.

Sept. 17 (W) 6-7:30 p.m.

Register by Sept. 10

Crestwood, 601 E. Water Well Road  
Fee: \$39

## Fine Wines from Around the World



A certified sommelier, Chad will offer a unique wine tasting experience for those who would like to taste smaller production, higher quality wines from estates around the globe. Wines from California, Oregon, Italy, France and Spain will be included in this entertaining and educational course. Food pairings will be provided to sample with each wine. Participants must be at least 21 years of age.

Nov. 20 (Th) 6-7:30 p.m.

Register by Nov. 13

Martinelli's Little Italy,  
158 S. Santa Fe  
Fee: \$49

## Wines of Italy



There are very few areas where food and wine are as intertwined and as complimentary as in the Italian culture.

We will explore Italy's native food and wine pairs as we move around the country from region to region. Piedmont, Tuscany, Sicily and the Veneto will be a few areas of focus. Join Chad in exploring the Italian food and wine culture! Food pairings will be provided to sample with each wine. Participants must be at least 21 years of age.

Oct. 22 (W) 6-7:30 p.m.

Register by Oct. 15

Martinelli's Little Italy,  
158 S. Santa Fe  
Fee: \$49

*Instructor Chad Bowman earned dual degrees in entrepreneurship and marketing from Kansas State University, where he now teaches wine courses offered through hospitality management and dietetics. Chad works for LDF Distributors, a wine and spirits distribution company based in Wichita, with a focus on handmade, organic and sustainably farmed wineries.*





## A Passport to Grilling & Cooking

 Take a flavor trip around the world! Join Danny and Angie on a whirlwind culinary tour. You will visit each continent and the Pacific Islands as you learn about cooking styles and the history of grilling in each region. Try lamb recipes from the Middle East, elk from New Zealand and sausage varieties from Europe. Pick up cooking tips and delicious recipes along the way. You can expect lots of tasty samples, so come hungry!

Oct. 4 (Sa) 11 a.m.-2 p.m.

Register by Sept. 27

Krehbiels Specialty Meats, 1636


Mohawk Road, McPherson

Fee: \$19

*Danny Williamson and Angie Krehbiel, of Krehbiels Specialty Meats, will instruct this course. The business was started on the family farm by Homer Krehbiel in 1978, where he sold frozen ground beef, raw honey and raw milk from his dairy. Homer's son Jeff and his wife, Angie, have taken over the day-to-day running of the company. Danny currently works as the store manager.*



## Easy as Pie!

 Pies are an American tradition, though not just for dessert! They can also be hearty main dishes and even appetizers; the possibilities are almost limitless. Of course, they all start with the crust and this course will explore the versatility of pie crusts, with tips and techniques, plus the science of their production. Barry and Meta will prepare mini chili cheese pies as an appetizer, savory chicken pot pie for the main dish and pecan-topped pumpkin pie for dessert. Then, it's your turn to roll up your sleeves and try your hand at making an "easy as pie" crust that will be ready to take home and fill. You'll dine on the pies demonstrated in class, so come hungry! Please bring with you a pie pan, pastry blender, mixing bowl and rolling pin. An apron is also suggested.

Nov. 3 (M) 6-8:30 p.m.

Register by Oct. 27

Kitchen4Hire, Salina Masonic Center

Fee: \$39

*Instructors Barry & Meta Newell West both taught in the public school system: Barry taught art for 28 years and Meta taught family and consumer science for 33 years. The couple has attended workshops and classes at the School of Culinary Arts of the Colorado Institute of Art. Barry was a chef at Abilene Country Club and The Kirby House Restaurant. Meta was the catering manager of The Kirby House Restaurant for eight years and wrote "The Kirby House Cookbook." Both enjoy working together and presenting cooking classes around the state.*



## Great Grains in Delicious Dishes



You have probably heard about the benefits of cooking with whole grains. Some studies suggest that diets rich in whole grains can help prevent coronary heart disease, Type II diabetes, gum disease and more. Whole grains are more filling and satisfying, and they provide an economical way to add nutrient-dense foods to your meals. Best of all, they taste delicious! In this course, you will learn what “whole grain” means and the difference between quinoa, farro and bulgur. Paula and Brigid will answer all of your grainy questions as you learn how to prepare easy, flavorful, grain-based dishes. After you prepare and taste five different dishes, the class will head next door to Prairieland Market, where you can see a variety of whole grains and learn more about how to purchase them. Participants will enjoy 10 percent off anything you choose to buy and everyone will take home the recipes used.

Oct. 16 (Th) 6-8:30 p.m.

Register by Oct. 9

Friends of the River Foundation, 159 S. 4th Street

Fee: \$19

*Instructors Paula Fried and Brigid Hall are members of the weekly crew that makes prepared food for Prairieland Market. They both love to cook and are excited to share some of their favorite recipes with you.*

### Turkish Cuisine



Turkish cuisine reflects a rich historical and cultural heritage, especially of the Ottoman Empire. It is a fusion of Balkan Slavic, Mediterranean, Middle Eastern, traditional Turkic and Central Asian cuisines. Turkey stands at the crossroads of many cultures; the country is located partly in Europe and partly in Asia. The flavors of the Mediterranean and Middle East come together in Turkey. The most important characteristic of Turkish cooking is its reliance on fresh ingredients. Our menu will include “Ispanakli Peynirly Yufka Böregi” (rolled savory pastry filled with feta and spinach or eggplant), “Kabak Dolması” (stuffed courgettes with İç Pilav), “Coban Salatası” (shepherd’s Turkish salad with sumac), “Ali Nazik” (yogurt and garlic sauce), “Sehriyeli Pilav” (rice pilaf with orzo), “Yogurtlu Kebap” (lamb kebabs with pistachios), and “Ayra” (yogurt drink). To drink, Kamila will show you how to make Turkish coffee (Türk kahvesi) in a “çezve” and tea (çay) in a traditional “çaydanlık.”

Sept. 30 (Tu) 6-8:30 p.m.

Register by Sept. 23

Crestwood, 601 E. Water Well Road  
Fee: \$39

### Turn the page ...

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### Royal Hyderabadi Cuisine



Hyderabadi cuisine has its own distinct identity and became a royal legacy of the Nizam monarch of Hyderabad state 400 years ago. An amalgamation of Turkish, Persian and Mughal, along with Telugu, have come together in the creation of a distinctive culinary art. In Hyderabad, the Mughal’s love for meat and rich sauces was blended with skillful use of fiery spices, coconut and tamarind of the south Indian state, Andhra Pradesh. The royal cuisine of Hyderabad is famous for its variety of kebabs and “Hyderabadi Mutton Biryani,” well-known as a celebration meal. In addition to the biryani, Kamila will create a delicious menu for you to enjoy, including lamb kheema, Chowgra (mixed vegetable curry), and a popular Indian drink, “Sharbat.”

Oct. 30 (Th) 6-8:30 p.m.

Register by Oct. 23

Crestwood, 601 E. Water Well Road  
Fee: \$39

*Kamila Dandu is a popular instructor for CLASS and has offered a variety of fun and delicious culinary experiences. She has lived in and traveled to many different countries, allowing her the opportunity to experiment and adapt to various culinary styles. She enjoys sharing her knowledge and experiences.*





## Cold Process Soap Making Essentials

Learn the fundamentals of cold process, a fun, easy and traditional way of making soap. More and more people are going back to using handmade bars of soap. They are mild and moisturize the skin, with very little packaging, making them even more eco-friendly. This course teaches the basics of soapmaking with a simple recipe and demonstrates how to make an all-natural herbal soap. We will cover various processes. Included in your course fee is a copy of "The Soapmaker's Companion," an equipment list and three handmade soaps from Prairie Lavender Farm.

Oct. 18 (Sa) 10 a.m.-Noon

Register by Oct. 11

Prairie Lavender Farm, 69 Alpine Ridge Lane, Bennington

Fee: \$49

## Make a Lavender Wreath



Wreaths are a simple and beautiful way to bring a touch of lavender into your home. Learn what goes into creating a lavender wreath, and watch your wreath bloom as you complete each step in the process. Your course fee includes all supplies, even lavender from Prairie Lavender Farm. You will leave with a boxed, decorative 12-inch circular lavender wreath to give as a gift or enjoy for years to come.

Nov. 22 (Sa) 10 a.m.-Noon

Register by Nov. 15

Prairie Lavender Farm, 69 Alpine Ridge Lane, Bennington

Fee: \$49

## Make Your Own Lavender Products

Learn more about the practical uses of lavender. We will begin by learning about using essential oils, then Mike will demonstrate making several products during class. Creations will include a solid perfume, insect repellent, room spray, a general purpose cleaner and lip balm. You will learn how to make clean, environmentally safe and healthy choices for adding useful products to your life and home. Take products home with you, along with all the information you need to make them at home!

Sept. 20 (Sa) 10 a.m.-Noon

Register by Sept. 13


Prairie Lavender Farm, 69 Alpine Ridge Lane, Bennington

Fee: \$49

*Instructor Mike Neustrom has been the owner and operator of Prairie Lavender Farm, just north of Salina, for 12 years. Mike has taught classes for more than 100 students, helping them experience the benefits and joys of using herbs in their daily lives. He is a founder and former board member for the United States Lavender Growers Association.*



## Beginning Sewing

 Looking for the perfect beginner sewing project? Scarves have made a comeback, so jump in and take your sewing skills up a notch, while you work to create an infinity scarf! In this course, you will learn the essentials and some exciting ways to embellish your scarf to make it unique. Please bring with you your sewing machine, scissors, pins, rotary cutter and mat (if you have them), 1 yard of fabric (or you may purchase from Shawn for \$5), ½ yard of coordinating fabric or lace (or you may purchase from Shawn for \$2.50) and thread that matches your scarf fabric. Fabric can be sheer or solid, and any blend of fibers with a soft drape that flows. Stiff, crisp fabric will not work. No sewing experience is necessary.

Session 1: Sept. 16 (Tu) 6-8 p.m.

Register by Sept. 9

Session 2: Sept. 23 (Tu) 6-8 p.m.

Register by Sept. 16

Community Learning Center, 308 W. Elm

Fee: \$9 each session

## Sewing Machine 101

Sewing machine problems can make any sewing project a nightmare. This one-time course will cover all the basics of using your machine, from using the accessories, to cleaning and oiling, and other routine maintenance. Plus, we will cover the difficult and frustrating problems with tension. Bring your machine, all the attachments, instruction booklet, bobbins, and some fabric and thread for experimenting. Don't forget to bring your questions and frustrations, and Shawn will try to help you find an answer.

Nov. 4 (T) 6-8 p.m.

Register by Oct. 28

Community Learning Center, 308 W. Elm

Fee: \$9

*Instructor Shawn Delker's bio appears on page 19.*



## String Quilts: The Ultimate Scrap Quilt



When you begin the sewing journey, it doesn't take long to acquire a huge pile of scraps, most of which don't seem to go together. A string quilt is your scrap pile solution! Forget the "color rules"; everything goes together in this quilt. It is fun and easy to make, a great beginner project, and so very scrappy that the more colors of fabric you have, the more fun the quilt looks. Really! Bring your sewing machine, a rotary cutter and mat, an acrylic ruler, pencil, scissors, thread of any color, and all those scraps of quality, 100 percent cotton fabric. They can even measure as small as 2-inch squares. This quilt can be made in any size you like, with any size blocks you like. Shawn will have scraps you can use, too!

Oct. 7 & 14 (Tu) 6-8 p.m.

Register by Sept. 30

Community Learning Center, 308 W. Elm

Fee: \$19

*Instructor Shawn Delker has been teaching quilting for more than 10 years and never tires of exploring new quilting techniques. She started her first quilt in 1976 during the bicentennial. After learning quilting techniques, she became hooked on quilting and finds that there is always more to learn about it. Shawn has been exploring art quilts for the past few years and has taken numerous workshops from well-known quilt artists.*

## Greeting Cards Made Easy

Whether you are a beginner or seasoned crafter, you will enjoy using the masking technique to create quick, easy, handcrafted greeting cards! Pam will provide everything you need and give you step-by-step instructions along the way as you make 20 cards to take home with you. Goodies include twine, clips, adhesive die-cuts, a three-piece stamp set, clear stamp block, dimensionals and an ink pad that you get to keep. Just bring your favorite pair of scissors.

Sept. 22 & 23 (M) 5:30-7:30 p.m.

Register by Sept. 8

Small Conference Room 2, Salina Public Library

Fee: \$29

*Instructor Pam Wells has been a State of Kansas district court reporter for more than 20 years. She primarily does stamping as a hobby, and enjoys hosting classes and workshops to share her love of the craft with others. She has been demonstrating cardmaking and crafts since 2005.*



## Turn the page ...

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**Beginning Spanish**, Page 24

**Health Insurance 101**, Page 25





## Add New Pizzazz to Your Photos



Don't come home from vacation or a drive in the country with the same old photos. This single session will help you put something special into your pictures. You'll see a variety of great photos and discuss photographic concepts like point of view, angle, focal point, lighting, camera angle and the best times of day to take photos. This class is for you whether you have a digital or film camera, but it is not a "How does my camera work?" session. You will leave with ideas and inspiration for taking great pictures.

Nov. 11 (Tu) 6:30-8 p.m.

Register by Nov. 4

Community Learning Center, 308 W. Elm

Fee: \$9

*Dale Cole has nearly 30 years of photographic experience. Many of his photographs have been selected for exhibition at the annual Hays Arts Council Five-State Photography Competition. He is a past winner of the Kansas City Star's Travel Photo contest and is a recipient of a Horizons Grant from Salina Arts and Humanities.*

## Zentangle® Exploration

Relax, decompress and de-stress! Zentangle® your way to relaxation while unleashing your creativity. This easy-to-learn method of creating unique works of art through drawing repetitive patterns is relaxing and fun for anyone, anytime, anywhere! Start your tangled journey here and discover how "anything is possible one stroke at a time."

Sept. 20 (Sa) 2-4 p.m.

Register by Sept. 13

Community Learning Center, 308 W. Elm

Fee: \$19

*Instructor Brenda Smith has enjoyed doing art and craft projects for many years. She was fortunate to attend a workshop with certified Zentangle® teachers and the creators of Zentangle® method, Maria Thomas and Rick Roberts. Brenda has created many pieces of Zentangle® inspired artwork, including gourds, ShrinkyDinks, canvas and lamps.*



## Casting Shadows



Drawing light and shadows can be daunting to an advanced artist, as well as the beginner. This course will address how to train the eye to see shadows and translate those shadows into a visual dialogue. We will begin the investigation of shadows with black and white and then advance into interpreting shadow with color. We will also explore the different types of shadows and how they are interpreted differently.

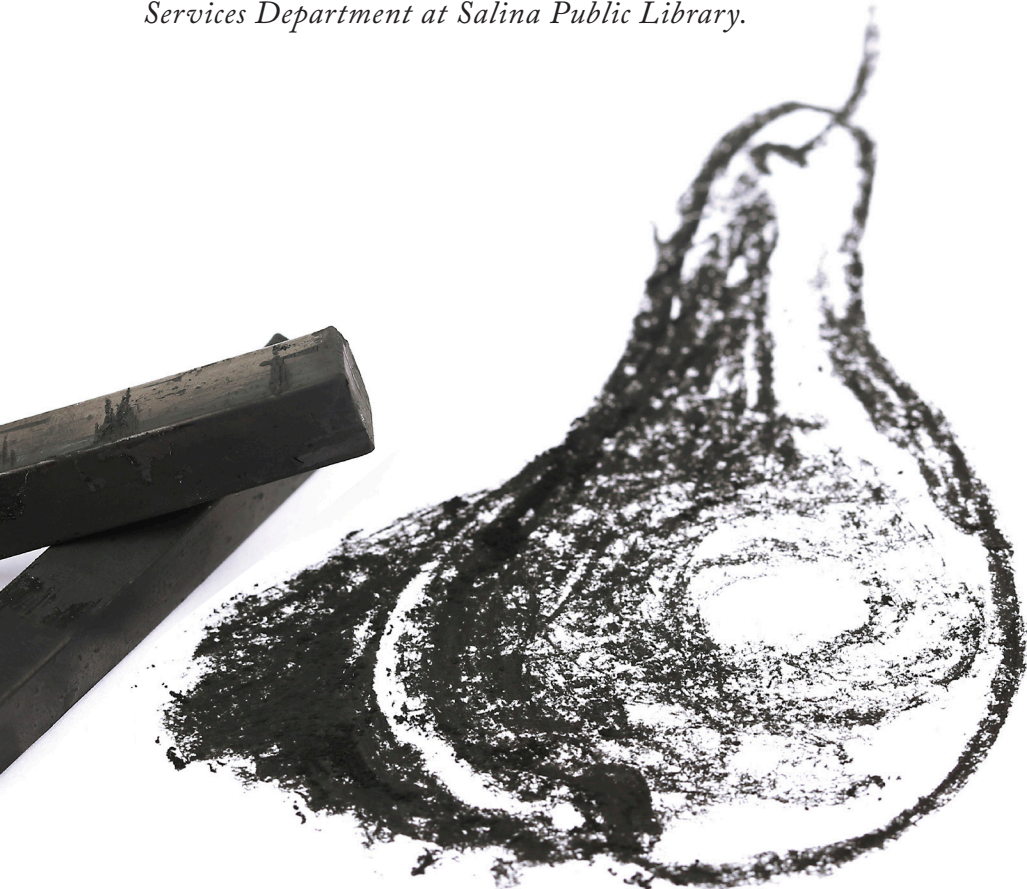
Oct. 25 (Sa) 9:30 a.m.-Noon

Register by Oct. 18

Three Rivers Gallery, 200 N. Nelson, Bennington

Fee: \$19

*Instructor Debbie Wagner is a pastel artist and painter living in Bennington, Kan. She has exhibited in numerous galleries, art centers and museums throughout the Midwest. She has also painted a number of public murals, including the one in the Imagination Station, found in the Youth Services Department at Salina Public Library.*





### Get Back to Green

**New!** Kansas lawns and landscapes can take a beating due to weather conditions that often come in the form of extremes. Wind, drought, heat, insects, wildlife and other factors leave gardeners wondering how to get the green back. Fall is a great time to take steps toward greening up your lawn and landscape. Come learn about the steps in lawn renovation and winterization, as well as tips you can use to help keep other landscape plants green and healthy through another Kansas fall and winter.

Sept. 16 (T) 6-7:30 p.m.

Register by Sept. 9

Community Learning Center, 308 W. Elm

Fee: \$9

*Instructor Jason Graves studied horticulture at Kansas State University and his degree is in landscape and turf management. He worked in the plant health field for several years before taking his current position as horticulture agent for the Central Kansas Extension District.*

### Putting Your Garden to Bed

**New!** What happens to your garden in the winter? Come learn all about how to put your plants to bed and prepare for the cold. Jeremy will share the best way to dispose of dead and non-producing plants, so your garden will come back good as new in the spring!

Oct. 23 (Th) 6:30-8 p.m.

Register by Oct. 16

Community Learning Center, 308 W. Elm

Fee: \$9

*Instructor Jeremy Obermeyer is owner of Obermeyer Heritage Farms and is a natural foods advocate. He has done lawn care and gardening for 30 years and recently switched from lawn care to primarily gardening and natural foods. He enjoys helping people to become more aware of what "health food" means and to work toward self-sufficiency.*





## Basic Car Maintenance for Women



Ladies, this one's for you! Join a local car expert for this beginning course on all the basics, including how to check your oil and knowing when to change it, how to check your fluid levels, finding your fuse box and changing a tire. You will get to be part of a hands-on demonstration, so be ready to spend some time outside and maybe get a little dirty!

Sept. 24 (W) 6-7:30 p.m.

Register by Sept. 17

Community Learning Center, 308 W. Elm

Fee: \$9

*Instructor Kevin Wood has enjoyed selling car parts and doing car maintenance for more than 40 years. He has been manager of AutoZone in Salina for 17 years and is Automotive Service Excellence certified. He enjoys teaching others about his passion and is actively involved with automotive education at Salina Area Technical College.*

### Beginning Spanish



This popular course is a great way to learn the basics of the Spanish language in a fun and supportive atmosphere.

Learn pronunciation, vocabulary, verbs, sentence structures and more in this five-week course. Through practice, reading and conversation, you will learn Spanish in the same way your instructor learned to speak English. Homework assignments are short and speed your progress so you move quickly through the course. Class size will be small to ensure individual attention. Each student should bring a portable Spanish-English dictionary, notebook and pen. Please remember that learning a new language requires practice and dedication, so attendance at all class meetings is important.

Sept. 29-Oct. 30 (M & Th) 5:30-7:30 p.m.

Register by Sept. 22

Community Learning Center, 308 W. Elm

Fee: \$89

*Instructor Dina Girón is a Human Relations Specialist with the Salina Community Relations Department. She deals daily with people who don't speak English, as well as serving as liaison between City of Salina personnel and Spanish-speaking customers. Born and raised in El Salvador, Dina has been a citizen of Salina since 1997. She has made it her purpose to provide the chance for all to learn a second language, English or Spanish.*

### Community Spanish

This nongrammar-based Spanish course is for anyone who wants a quick and easy way to learn basic words and phrases. Community Spanish was created by Command Spanish® to fill an ever-growing need in the United States to build understanding between English and Spanish speakers. You will begin speaking Spanish during the first class and learn several practical, common phrases and questions. You will be encouraged to memorize your “top 50” words or phrases, which you use most often. Your course fee includes your textbook.

Oct. 14-Dec. 9 (Tu) 6-8 p.m. (No class Nov. 25)

Register by Oct. 7

Community Learning Center, 308 W. Elm

Fee: \$79

*Instructor Tricia Friesen earned a bachelor's degree in Spanish, with minors in French and history. She studied at the Cultural Institute of Oaxaca in Mexico. She has taught at South Middle School in Liberal, at St. John's Military School in Salina, and outreach classes for Barton County Community College. She has been a certified Command Spanish® instructor since 2001.*



Turn the page ...

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**Baby Sign**, Page 29

**Animal Behavior Training**,  
Page 30





## Handbell Ringing: Technique & Skills




Try your hand at bells! Handbell choirs are experiencing a resurgence in popularity and are no longer limited to church services. This course will delight the beginner-intermediate ringer. Handbells can be very easy to learn and, once you have the basics, different techniques create variety in the music. If you have played before, this is your chance to try new techniques, including martolettos, mallets, weaves and thumb damps, in this three-octave choir. Handbell music has a great range, and we will play music from traditional to show tunes, and conclude with a mini concert tour. A relaxed atmosphere will allow you to expand your skills in a supportive group of ringers. Basic music reading skills are required, though no prior bell ringing experience is necessary. Your course fee includes gloves and music.

Sept. 8-Oct. 6 (M) 7-8:30 p.m.  
Register by Sept. 1  
Assurance Partners, 201 E. Iron  
Fee: \$19

*Dale Swindler and the Church of the Cross Bell Choir will instruct this course. Dale has directed COC's bell choir for more than 15 years and has been ringing bells for nearly 25 years. He has received training in bell ringing through regional bell workshops and is experienced in both ringing and directing. Dale has also performed in bell duets and has directed multiple church bell choirs with a wide range of skill levels.*

## Health Insurance 101



Whether you purchase health insurance through your employer or through the Marketplace, you may have choices to make when selecting a plan. Are you dreading the decision-making? Are you confused by the options? Do you know the information you need to make smart decisions when selecting and using your health plan? This course is designed to help you select a plan to best fit your needs, understand terminology and how plans work, and give you tips for using your health insurance to make the wisest use of your dollars.

Oct. 8 (W) 6:30-8 p.m.  
Register by Oct. 1  
Community Learning Center, 308  
W. Elm  
Fee: \$9

*Instructor Debra Wood serves as the family resource management agent for the Central Kansas Extension District. She earned her master's degree in personal financial planning from Kansas State University and is a certified financial planner. Debra's goal is to increase the financial capability of area residents by providing unbiased education to help them make informed decisions.*

## Intro to Inventor Software



If you have ever wanted to work with 3D modeling software, this course is for you! We will use Inventor in the class, and the concepts learned will be applicable to other software, including SolidWorks, CATIA and Creo (formerly Pro-E). Learn how to use simple commands in Inventor to generate part models, view the models and edit them. Basic computer knowledge will be helpful, though instructor-led, click-by-click directions will be given.

Sept. 9, 16, 23 (T) 6-8 p.m.

Register by Sept. 2

Salina Area Tech, Building A, Room 241

Fee: \$19

*Instructor Ryan Weber is in his fifth year as Computer Aided Drafting Instructor at Salina Area Technical College. He earned a bachelor's degree in business management from Kansas Wesleyan University and a master's degree in career and technical education from Pittsburg State University. He has obtained the Certified SolidWorks Associate software credential. His practical work experience spans six years as a drafter for a local manufacturing company.*

## StrengthsQuest™

Are you an activator? Is your strength responsibility or communication? Join this innovative course to learn more about your own strengths and how you can use them in every aspect of your life! In preparation for the course, you will take the Clifton StrengthsFinder assessment and be introduced to StrengthsQuest™. More than 7 million people around the world have utilized StrengthsQuest™. You can join them to develop yourself personally and professionally. Your course fee includes the book "StrengthsQuest™, 2nd Edition," so be sure to pick up your copy from the Community Learning Center before class begins!

Oct. 21 & 28 (Tu) 6-8 p.m.

Register by Oct. 14

Community Learning Center, 308 W. Elm

Fee: \$29

*Instructor Levi Esses earned a bachelor's degree in secondary math education from Bethany College in 2002 and a Master of Education from Wichita State University. After teaching high school math and coaching for three years, he was assistant director of student services at K-State Salina from 2007-13. He now works as associate dean for student development and director of first year initiatives at Bethany. Levi enjoys spending time with family and friends and is deeply committed to Lindsborg and the Bethany community.*

# CLASS4Kids

Power up with CLASS!



# About CLASS 4 Kids!

This is our first semester of CLASS 4 Kids and we are so excited to see the program grow! These courses are a part of the greater CLASS program, so if you have any questions, don't hesitate to contact Morgan Davis, Community Learning Coordinator, at 825-4624, ext. 218, [mdavis@salpublib.org](mailto:mdavis@salpublib.org) or the Community Learning Center, 308 W. Elm.

## Register!

CLASS courses require registration and payment. Registration begins at our kickoff event, Saturday, Aug. 9, from 11 a.m.-1 p.m. at Central Mall. Registration also starts online at 11 a.m. Aug. 9. If you can't make it that day, you can come into the library's Community Learning Center, 308 W. Elm, between 9 a.m.-5 p.m. during the following weeks, or call Morgan at 825-4624, ext. 218.

In order to offer an enjoyable experience for participants, course sizes are limited. Spots are filled on a first-come, first-served basis. Please note that your spot is not reserved until payment is received.

Turn to pages 38 and 39 for more information or visit the CLASS website at [www.salinapubliclibrary.org/class](http://www.salinapubliclibrary.org/class).

## Family!

Family courses are your chance to learn along with your child! Courses designated as "family" learning opportunities are for one child and a parent or other adult. Each registration will be for one

child, so if you have more than one who want to enroll, you may register each separately. This ensures that we will have enough space and materials for everyone who wants to take the class.

## Children!

Children's courses are just for them! Parents are always welcome and encouraged to hang around, but you won't be actively participating in these learning opportunities. These

courses are designed for students of all ages to experience hands-on learning on their own. Appropriate ages for each course are listed.





## Baby Sign

Want to increase your baby's vocabulary and work on their fine motor skills at the same time? Join Crystal for a one-time baby sign class and learn American Sign Language for basic first words. No books are necessary; handouts will be provided, as well as reliable resource information. Register yourself and your baby for this special course.

Oct. 18 (Sa) 10-11 a.m.

Register by Oct. 11

Prescott Room, Salina Public Library

Fee: \$5

Ages: 0-18 months with an adult

*Instructor Crystal DeWindt, transplanted Texan and mother of three, has more than 20 years of experience interpreting for the Deaf and hard-of-hearing community. She works as an interpreter and paraprofessional for USD 305 and also enjoys teaching sign language for Smoky Valley Home Educators.*

## Learn How to Juggle

Anyone can juggle! Learning how is easy and fun if you simply follow some basic rules. This course will give you all the tools you need to get started and become a confident juggler. This is a great opportunity to learn to juggle with your child, grandchild or young friend. Larry will show you how to start with the basics and coach you along the way. Your course fee includes three juggling balls you can take home to continue practicing.

Oct. 4 (Sa) 9:30-10:15 a.m.

Register by Sept. 27

Prescott Room, Salina Public Library

Fee: \$9

Ages: 4-11 with an adult

*Instructor Larry Pankratz has been performing juggling shows and teaching juggling for more than 30 years. He has taught more than 1,000 people to juggle and is excited to teach you, too!*



## Overnight Adventure at the Zoo

Come see what happens at the zoo at night! This exciting overnight adventure will focus on the settling of North America. We will interact with live animals, learn biofacts about the 1607 founding of Jamestown, and go through the American Adventure exhibit and wildlife museum. We will also play a Native American/Settler game, enjoy a themed snack and make a take-home craft. After the sun goes down, we will take a nocturnal hike through the zoo, then pop in a movie and snack on popcorn at bedtime. In the morning, wake up to pancakes, yogurt, coffee and juice for breakfast. Enjoy a morning tram ride through the zoo. After we wrap up at 9 a.m., you are welcome to stay and go through the zoo and museum on your own, at no extra charge. Need more info? Call Morgan for all the details at 825-4624, ext. 218.

Oct. 11-12 (Sa-Su) 7 p.m.-9 a.m.

Register by Oct. 4  
Rolling Hills Zoo,  
625 N. Hedville Road  
Fee: \$69  
Ages: 5-17 with an adult

*Instructor Anita Butler has been the director of education and volunteers at Rolling Hills Zoo for more than 10 years and enjoys sharing her passion and knowledge with the community.*

## Animal Behavior Training

Do you ever wonder how zoo keepers train the animals? This is your chance to see behind the scenes at Rolling Hills Zoo! You will learn why training the zoo animals is important and experience a demonstration with a real zoo keeper. We will play a training game and train each other at the Discovery Center. Register yourself and your child to experience behavior training together. Please dress appropriately for outside activities.

Sept. 13 (Sa) 9-10:30 a.m.

Register by Sept. 6  
Rolling Hills Zoo, 625 N. Hedville Road  
Fee: \$15  
Ages: 8-13 with an adult

*Instructor Cynthia Woodard volunteered for more than 10 years at Rolling Hills Zoo before working as the education and volunteer coordinator for five years. Now enjoying retirement, Cynthia is a program leader at the zoo. Her degree is in journalism from the University of Southern California.*



## Family Judo/Jujutsu

Here is your chance to try Judo and Jujutsu together! This course will focus on striking and blocking techniques from Jujutsu and throwing and grappling techniques from Judo. We will focus on training for self-defense with some application of sport for kids. No base knowledge or fitness is required. You may bring your own uniform or use one provided by the dojo.

Sept. 14-Nov. 16 (Su) 2-4 p.m.

Register by Sept. 7

Shinzenkan Dojo, 911 W. Crawford

Fee: \$19

Ages: 5-12 with an adult

*Instructor Robin Hamerdinger has been studying martial arts for more than 30 years. She has trained in a number of systems and currently trains and teaches Judo and a style of Japanese Jujutsu that is extremely well-suited to smaller adults, women, teens and older adults, although is very good for everyone. She is a certified level 2 USJA coach and has taught college judo athletes and Olympic hopefuls, since being a college judo player herself. Robin enjoys sharing martial arts with as many people as possible.*

## Turn the page ...

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**Play with Your Food!**,  
Page 33

**Story times**, Page 37

## Earth Day Every Day

Whether it's including your child in recycling everyday items, planting a garden together or creating fun art projects from reused objects, parents have the opportunity everyday to teach kids to live "green." This will make a difference in how they learn to value our world. Join this 90-minute course, where parents and children will be encouraged to see all the uses of an item, with eco-friendly and recycled materials. Projects will include making lanterns, terrariums and a tree stump checkerboard. Please bring a glass jar with you.

Nov. 15 (Sa) 10-11:30 a.m.

Register by Nov. 8

Prescott Room, Salina Public Library

Fee: \$9

Ages: 8-12 with an adult

*Mindful about recycling, repurposing and non-toxic living, instructors Rachel Hinde and her daughter Liv Mancino-Hinde enjoy creating green products and crafts together.*

*Rachel works locally as a public relations director and Liv is in the fourth grade.*





## Children

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### Beginning Judo

Judo is often referred to as physical chess, as students must learn to think and plan ahead. Judo will help improve balance, flexibility and agility while also helping students improve their logic and thinking skills. Kids in this beginner course will learn how to fall without being hurt, throw and pin, and primarily focus on Kodokan style. You will learn the basics of self-defense, Japanese terminology and counting, as well as competition rules. Each child will receive a white belt to keep and show progress through colored stripes. It is possible to complete the requirements for a yellow belt in class. Parents, please plan to stick around during class.

Sept. 26-Dec. 12 (F) 6-7 p.m. (No class Oct. 31 or Nov. 28)

Register by Sept. 19

Shinzenkan Dojo, 911 W. Crawford

Fee: \$29

Ages: 5-12

*Instructor Robin Hamerdinger has been studying martial arts for more than 30 years. She has trained in a number of systems and currently trains and teaches Judo and a style of Japanese Jujutsu that is extremely well-suited to smaller adults, women, teens and older adults, although is very good for everyone. She is a certified level 2 USJA coach and has taught college judo athletes and Olympic hopefuls, since being a college judo player herself. Robin enjoys sharing martial arts with as many people as possible.*

### Google SketchUp

Learn about 3D modeling with SketchUp! Start by drawing lines and shapes, then push and pull surfaces to turn them into 3D forms. Stretch, copy, rotate and paint anything you like. If you've ever wanted to create buildings, landscapes, do planning, construction, production design, game design or engineering within just a couple of hours, SketchUp is for you. When 3D becomes a part of a project, it becomes a part of how you think and solve problems. Join Ryan for this 3-week introduction.

Oct. 7, 14, 21 (Tu) 6-8 p.m.

Register by Sept. 30

Technology Center Training Lab,

Salina Public Library

Fee: \$9

Ages: 12-17

*Instructor Ryan Weber is in his fifth year as computer-aided drafting instructor at Salina Area Technical College. He earned a bachelor's degree in business management from Kansas Wesleyan University and a master's degree in career and technical education from Pittsburg State University. He has obtained the Certified SolidWorks Associate software credential. His practical work experience spans six years as a drafter for a local manufacturing company.*



## Learn How to Juggle

Anyone can juggle! Learning how is easy and fun if you simply follow some basic rules. This one-time course will give you all the tools you need to get started and become a confident juggler. Larry will show you how to start with the basics and coach you along the way. Your course fee includes three juggling balls you can take home to continue practicing.

Sept. 29 (M) 6:30-8 p.m.

Register by Sept. 15

Prescott Room

Fee: \$9

Ages: 12 and older

*Instructor Larry Pankratz has been performing juggling shows and teaching juggling for more than 30 years. He has taught more than 1,000 people to juggle and is excited to teach you, too!*



## Play with Your Food!

Who says you can't play with your food? Whether you are interested in a culinary career or just like to eat, come play with Barry and Meta. Create artful vegetable bouquets, radish mice and unique vegetable birds. Decorate a cupcake with a candy flower, help make a snackable fruit palm tree and take a turn at melon carving. Your course fee includes a cupcake and fruit snack, plus all the good stuff we'll create. Please note: we will have supervised knife use in this session. Special thanks to Dillons for a donation of supplies!

Sept. 22 (M) 3:30-5 p.m.

Register by Sept. 15

Prescott Room, Salina Public Library

Fee: \$15

Ages: 12-17

*Instructors Barry & Meta Newell*

*West both taught in the public school system: Barry taught art for 28 years and Meta taught family and consumer science for 33 years. The couple has attended workshops and classes at The School of Culinary Arts of the Colorado Institute of Art. Barry was a chef at Abilene Country Club and The Kirby House Restaurant. Meta was the catering manager of The Kirby House Restaurant for eight years and wrote "The Kirby House Cookbook." Both enjoy working together and presenting cooking classes around the state.*



The following classes and services are offered by Salina Public Library in addition to the CLASS program. These services are free and some require registration. Please contact the department or person listed to find out more information or to reserve a spot.

### Reference USA Tutorials

One-on-one assistance is offered for this business database. It provides both business and residential information for the United States and can be used to meet many research needs, including marketing. It's like having a city directory to the whole country.

Contact **Nancy Jo Leachman** at 825-4624 or [nancyjo@salpublib.org](mailto:nancyjo@salpublib.org) to arrange a session.

### Searching for Grants Tutorial

One-on-one assistance is offered for an introduction to using the Foundation Directory Online Professional database. Invaluable in aiding nonprofit organizations looking for funds, it provides detailed profiles for more than 98,000 foundations, corporate donors and grantmaking public charities.

Contact **Nancy Jo Leachman** at 825-4624 or [nancyjo@salpublib.org](mailto:nancyjo@salpublib.org) to arrange a session.

### Virtual Library

Salina Public Library is your gateway to numerous resources, many of them available from your home computer. From foreign languages to automobile repair, from writing research papers to lists of the best books to read, from e-

books to audio books, let an Information Services librarian teach you how to take advantage of all your library has to offer.

To make an appointment, call the library at 825-4624 and ask for the Information Services Department.

### One-on-One Tech Help

Get personal help with all your computer and tech gadget questions. This hands-on session will help you master your devices. Patrons can schedule one session per week.

Contact **Helen Gregg** at 825-4624 or [trainer@salpublib.org](mailto:trainer@salpublib.org) to schedule a session.

### Technology Classes

Salina Public Library offers a range of technology classes every month. There are classes designed for beginner to advanced computer users. They cover the newest technology, as well as basic computing. For the latest schedule of classes, visit [salinapubliclibrary.org](http://salinapubliclibrary.org) or come to the library. Classes are free and registration is required for some classes that offer individual assistance.

Contact **Helen Gregg** at 825-4624 or [trainer@salpublib.org](mailto:trainer@salpublib.org) for more information.

## Genealogy Club

The Salina Public Library Genealogy Club meets on the third Thursday of the month from August–November and January–May. They meet from 6:30–8:30 p.m. in the Technology Center Training Lab, the Campbell Room or the Prescott Room, depending on the topic. Each month a speaker will give information on a subject of interest to genealogists. No registration is required, and if you show up, you are automatically a member of the club!

**Aug. 21:** Judy Lilly, former Kansas Librarian, will give a presentation on writing up your genealogy research and self-publishing a family history book.

**Sept. 18:** Genealogist Mary Douglass will speak on planning a genealogy trip.

**Oct. 16:** Three genealogists, Mary Jane McIntire, Mary Douglass and Kathy Rippel, will discuss their experiences with DNA testing for genealogy.

**Nov. 20:** Sandy Farrell from the LDS Family History Center will talk on how to use FamilySearch.org to find page images of original records, how to order in microfilm from Salt Lake City and will introduce new modules being offered on the FamilySearch.org website.

## Genealogy Workshop

Salina Public Library is partnering with the Mary Wade Strother Chapter, Daughters of the American Revolution to present a genealogy workshop in the library's Technology Center Training Lab from 9:30 a.m.–2:30 p.m. Sept. 13.

The meeting will be led by Janice Wichman, Manhattan, who is the Kansas Daughters of the American Revolution Lineage Research State Chair. Janice will present a general introduction to genealogical research and answer specific questions that members of the workshop may have. There will be help available for women who are working on their DAR applications.

The workshop is free and open to the public. No registration is required.

## The Genealogist Is In!

Salina Public Library will arrange to have assistance from genealogy volunteers available to patrons who would like to work on their family history. Currently this service is being offered on the first Monday and the third Thursday of each month from 4–6 p.m. in the Campbell Room of Kansas History. Sessions may be added if needed. Patrons may make an appointment if they wish, but walk-ins are welcome!

If possible, bring a completed family tree form, which can be accessed at the library or [http://www.mymcpl.org/\\_uploaded\\_resources/MGC-sixgenchart.pdf](http://www.mymcpl.org/_uploaded_resources/MGC-sixgenchart.pdf)

*For more information on any of the services on this page, contact **Barbara Mulvihill** at 825-4624 or [bmulvihill@salpublib.org](mailto:bmulvihill@salpublib.org).*



## Monday Night Book Discussions

This book group is a place to discuss great reads with others who share your passion for reading. We want your point of view. Several copies of each book are available for two-week checkout on a special shelf near the circulation desk.

- Aug. 11: “A Northern Light” by Jennifer Donnelly
- Sept. 8: “Truth in Advertising” by John Kenney
- Oct. 13: “The Warmth of Other Suns” by Isabel Wilkerson
- Nov. 10: “The Book Thief” by Markus Zusak
- Dec. 8: “A Girl Named Zippy” by Haven Kimmel

Meetings of the book group will be from 7-9 p.m. in the Technology Center Conference Room.

Contact *Nancy Jo Leachman* at 825-4624 or [nancyjo@salpublib.org](mailto:nancyjo@salpublib.org) for more information.

**Salina Reads**  
September & October

“The Worst Hard Time” by Timothy Egan

**your connection to community**

301 W. Elm • (785) 825-4624 • [www.salinapubliclibrary.org](http://www.salinapubliclibrary.org)

The graphic features a stylized sun with rays rising over an open book. To the right, a stack of four books in green, blue, red, and yellow is shown. The text 'Salina Reads' is prominently displayed in a large, colorful font, with 'Salina' in yellow and 'Reads' in blue. Below it, the dates 'September & October' are written in a smaller font. The title of the featured book, 'The Worst Hard Time' by Timothy Egan, is centered below the dates. At the bottom, the slogan 'your connection to community' is written in a bold, lowercase font, with 'community' in green. The contact information and social media icons (Facebook, Twitter, and Google+) are located at the very bottom of the graphic.

## Imagination Station

The Youth Services Department in the library includes an interactive play area call the Imagination Station. Here you can find games, educational toys, computers for children to use and, of course, books.

## Story times

Smart Kids Storytimes are offered multiple times a week throughout the year. These story times are for children 2 and older and include finger play, songs, puppets and stories.

Brainy Babies Storytimes are offered at 9:30 a.m. Wednesdays and Saturdays. They are designed for babies age birth to 2.

## Special events

Youth Services offers special events throughout the year. These include craft days, special story-tellers, events for

Halloween and Christmas and more. Activities are often offered on days when classes are not in session in USD 305, such as in-service days and spring break. Check the library's calendar at [www.salinapubliclibrary.org](http://www.salinapubliclibrary.org) to find out what is coming up.

## 6 by 6

6 by 6 is a program that emphasizes the six skills that parents and caregivers can help children develop before they learn to read, at about the age of 6. The library can help parents find fun, easy ways to encourage reading habits in their young children.

*For more information on any of the services on this page, contact Kristi Hansen at 824-4624, ext. 231, or [khansen@salpublib.org](mailto:khansen@salpublib.org).*



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## About Us

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### 4 Easy Ways to Register!

#### **Kick off: Central Mall**

Registration begins at our kickoff event, Saturday, Aug. 9, from 11 a.m.-1 p.m. at Central Mall.

#### **Online: [www.salinapubliclibrary.org](http://www.salinapubliclibrary.org)**

Fast, easy, secure! Online registration will begin at 11 a.m. Aug. 9. Use a Visa or MasterCard to register and reserve your spot. You will receive an email confirmation for each registration.

#### **In House: 308 W. Elm**

Bring your completed registration form and payment to the Community Learning Center (north of the library) from 9 a.m.-5 p.m. Monday-Friday beginning Aug. 11. Make checks payable to Salina Public Library. Your payment guarantees your registration.

#### **Dropbox: 308 W. Elm**

You may leave your registration and payment in our secure drop box, located on the front of the building, and we will process registrations every morning. Make checks payable to Salina Public Library. Your payment guarantees your registration.

### Satisfaction guaranteed

If you are dissatisfied for any reason with a course you have attended, we will gladly offer you a CLASS gift certificate for the cost of the course. Refunds are not issued for non-attendance.

A 100 percent refund will be issued if you cancel your enrollment in a course one week before the course begins or if the course is cancelled by the library, unless otherwise stated in a course description. Refunds may require up to 10 days to process.

If a course is cancelled due to inclement weather, every effort will be made to reschedule the course.

### Want to know more about CLASS?

Thank you for your support of this program! If you want to learn more about CLASS and Salina Public Library, please visit us online at [www.salinapubliclibrary.org/class](http://www.salinapubliclibrary.org/class).

### Questions

Morgan Davis

Community Learning Coordinator  
(785) 825-4624, ext. 218

[mdavis@salpublib.org](mailto:mdavis@salpublib.org)



“Like” CLASS-Salina Public Library on Facebook and watch for updates, sneak peeks and opportunities to give input!



Sign up for emails from CLASS! Visit [www.salinapubliclibrary.org](http://www.salinapubliclibrary.org) and under the Programs & Services tab, select Library Newsletters.

# CLASS Registration Form

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Name \_\_\_\_\_

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Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

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Phone/Day \_\_\_\_\_ Evening \_\_\_\_\_ Email Address \_\_\_\_\_

Course Title	Date(s)	Fee

**Method of payment**

- Check     Cash  
 I authorize the use of my:  
 Visa     MasterCard

CLASS Fee Total \_\_\_\_\_

Pass the Buck\* + \_\_\_\_\_

Total Included \_\_\_\_\_

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Card Number \_\_\_\_\_ CVV \_\_\_\_\_ Exp. Date \_\_\_\_\_

**Liability release information**

The CLASS liability release encourages you to make responsible decisions and be aware of your own safety as you attend courses.

By signing, you agree to release Salina Public Library, other sponsoring agencies, and all representatives from liability for any injury, harm or complication resulting from participation in any and all program(s). You also give permission for sponsoring agencies' employees to seek necessary medical treatment for any injuries incurred as a part of the program, with you holding responsibility for all expenses. Salina Public Library and other sponsoring agencies do not provide accident insurance.

You also agree to the use of photographs taken during class for the purpose of promoting and informing the community about CLASS activities. You may sign a release for yourself and your child.

To read the entire liability release, please visit [www.salinapubliclibrary.org/class](http://www.salinapubliclibrary.org/class) or the Community Learning Center, 308 W. Elm.

**\*Pass the Buck**

Thanks to participants who donate to Pass the Buck for supporting the scholarship fund for the library. Fee reductions are available to all who need financial help in order to participate in a course. Contact Morgan Davis to arrange a fee reduction if you want to take a course but are unable to pay the entire fee.

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Signature *I have read and agree to all CLASS policies.* \_\_\_\_\_ Date \_\_\_\_\_

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Child/Children's Names (please print) \_\_\_\_\_



**CLASS**  
@ Salina Public Library  
301 W. Elm  
Salina, KS 67401  
[www.salinapubliclibrary.org](http://www.salinapubliclibrary.org)

Non-Profit  
Organization  
U.S. Postage  
PAID  
Permit No. 122  
Salina, Kansas

## Registration Kickoff!

11 a.m.-1 p.m.

Saturday, Aug. 9

Central Mall

in partnership with  
Salina Parks & Recreation