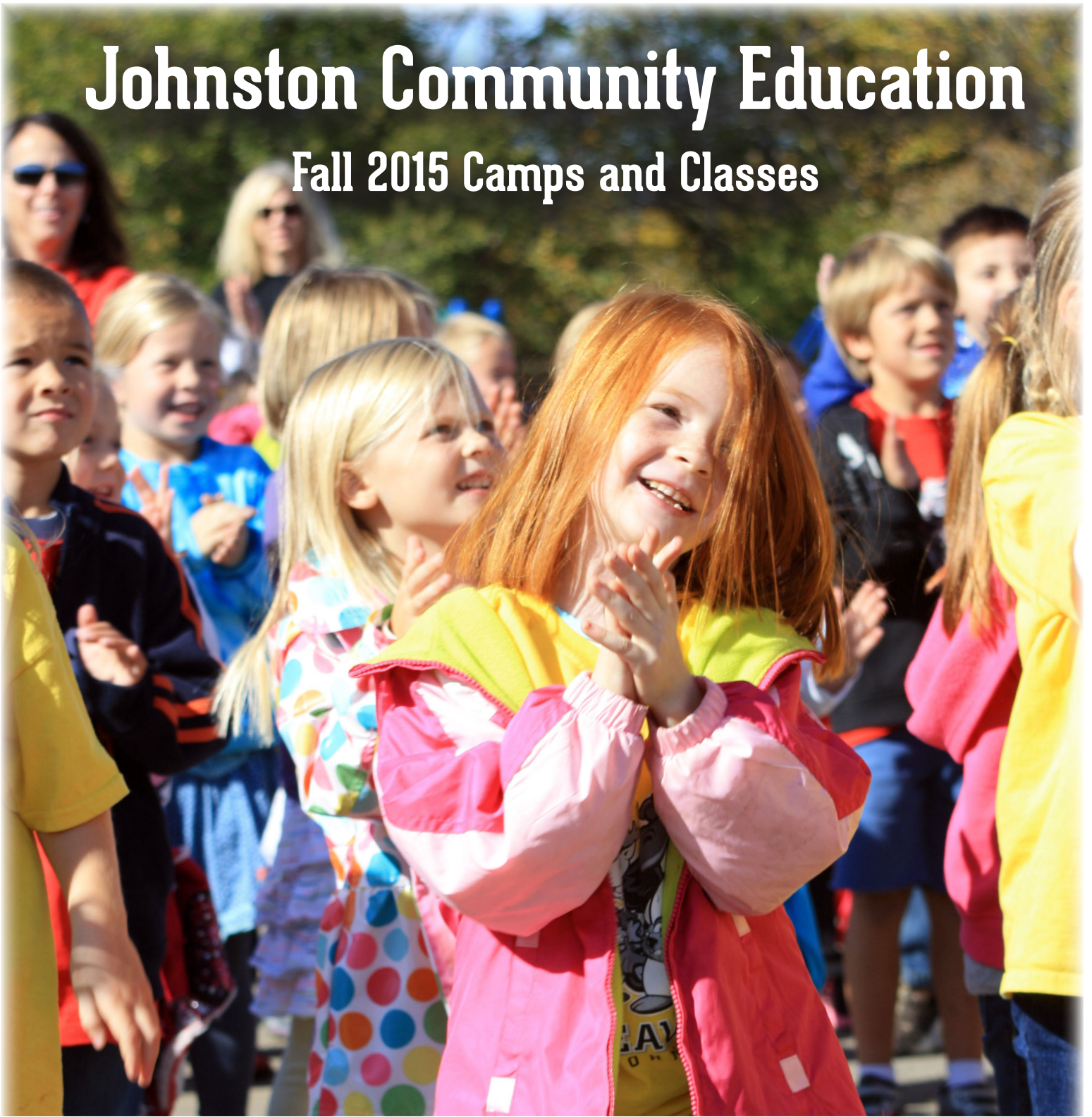


Johnston Community Education

Fall 2015 Camps and Classes



Back to School!

Add a little fun to your school load this semester! Sign up for sports and enrichment classes today!



For more information
call 515-278-0552

Little Ninjas (Ages 4-5)

This early childhood education program will teach the basic fundamentals of Tae Kwon Do and Karate, focusing on self-respect, self-confidence, coordination of mind and body, and self-discipline. Students must sign up on or before the first class of the session.

Day	Date	Time	Location	Cost	Code
Th	8/20-9/24	6-6:30 p.m.	Wallace	\$22	3102.409
Th	10/8-12/3	6-6:30 p.m.	Wallace	\$22	3104.410
Th	1/7-2/11	6-6:30 p.m.	Wallace	\$22	3102.411

Little Dragon Basketball (Gr. K-1)

Participants will be introduced to basketball fundamentals, such as dribbling, passing, shooting, defense, and rebounding, as well as sportsmanship and skill development. Cost includes t-shirt. Limit 40 kids per session. *Registration deadline: December 30*

Grade	Day	Date	Time	Location	Cost	Code
K	Sa	1/9-1/30	1-2 p.m.	HZE Gym	\$57	3102.412
K	Sa	1/9-1/30	2-3 p.m.	HZE Gym	\$57	3102.413
1st	Sa	1/9-1/30	1-2 p.m.	BCE Gym	\$57	3102.414
1st	Sa	1/9-1/30	2-3 p.m.	BCE Gym	\$57	3102.415

S.A.S. Sports (Gr. 6-7)

Due to the district-wide elimination of 7th grade sports, Summit Middle School and Johnston Community Education are pleased to offer the following sport opportunities. Physicals recommended.

Grade	Day	Date	Time	Location	Cost	Code
Girls Volleyball						
6th	MTTh	8/27-10/15	3-4:30 p.m.	SMS Gym	\$125	3100.416
7th	MTTh	8/27-10/15	3-4:30 p.m.	SMS Gym	\$125	3100.417
Girls Cheerleading						
6th	MTTh	10/19-12/17	3-4:30 p.m.	SMS Cafe	\$125	3100.426
7th	MTTh	01/11-02/25	3-4:30 p.m.	SMS Cafe	\$125	3100.427
Girls Basketball						
6th	MTTh	10/19-12/17	3-4:30 p.m.	SMS Gym	\$125	3100.418
7th	MTTh	10/19-12/17	3-4:30 p.m.	SMS Gym	\$125	3100.419
Boys Basketball						
6th	MTTh	1/11-2/25	3-4:30 p.m.	SMS Gym	\$125	3100.420
7th	MTTh	1/11-2/25	3-4:30 p.m.	SMS Gym	\$125	3100.421
Boys Track						
6th	MTTh	4/4-4/28	3-4:30 p.m.	SMS Gym	\$90	3100.422
7th	MTTh	4/4-4/28	3-4:40 p.m.	SMS Gym	\$90	3100.423
Girls Track						
6th	MTTh	5/2-5/27	3-4:30 p.m.	SMS Gym	\$90	3100.424
7th	MTTh	5/2-5/27	3-4:30 p.m.	SMS Gym	\$90	3100.425



Tae Kwon Do (Ages 6+)

This Korean art of self-defense improves health, balance, agility, and poise, and is also a philosophy of mental alertness and moral ethics. This program is year-round but sessions may be taken on an individual basis. Students must sign up on or before the first day of the session. Instructor: Phil Dickey

Day	Date	Time	Location	Cost	Code
Th	8/20-9/24	6:30-7:30 p.m.	Wallace	\$32	3102.406
Th	10/8-12/3	6:30-7:30 p.m.	Wallace	\$32	3102.407
Th	1/7-2/11	6:30-7:30 p.m.	Wallace	\$32	3102.408

Johnston Youth Basketball (Gr. 2-6)

Participants will be placed on teams for an 8-game season. Teams will practice one night a week starting Nov. 2. Cost includes a t-shirt. 5th and 6th grade will be combined. Volunteer coaches needed.

Registration deadline: 10/19

Grade	Gender	Day	Game Dates	Location	Cost	Code
2nd	Boys	Sa	12/5-2/6	TBD	\$80	3102.416
2nd	Girls	Sa	12/5-2/6	TBD	\$80	3102.421
3rd	Boys	Sa	12/5-2/6	TBD	\$80	3102.417
3rd	Girls	Sa	12/5-2/6	TBD	\$80	3102.422
4th	Boys	Sa	12/5-2/6	TBD	\$80	3102.418
4th	Girls	Sa	12/5-2/6	TBD	\$80	3102.423
5th	Boys	Sa	12/5-2/6	TBD	\$80	3102.419
5th	Girls	Sa	12/5-2/6	TBD	\$80	3102.424
6th	Boys	Sa	12/5-2/6	TBD	\$80	3102.420
6th	Girls	Sa	12/5-2/6	TBD	\$80	3102.425

Youth Winter Break Open Gym (Gr. K-8)

Students and parents are invited to the Summit Middle School gym during winter break for open gym. Sign in and pay at the door, no registration required. Bring your own basketball.

M-W	12/28-30	1-3 p.m.	SMS Gym	\$2
-----	----------	----------	---------	-----

Youth Open Gym (Gr. K-8)

Sunday afternoons, parents are invited to attend open gyms with their children for some family fun. Sign in and pay at the door, no registration required. Bring your own basketball.

Su	1/3-1/24	2-4 p.m.	SMS Gym	\$2
----	----------	----------	---------	-----

For more information
call 515-278-0552



S.A.S. Activities (Gr. 6-7)

After-school activities offered Wednesday and Fridays for Summit students. Dates and times subject to change. Call 515-278-0552 or go to www.johnston.k12.ia.us to register.

Grade	Day	Date	Time	Location	Cost	Code
Tennis						
6/7	WF	8/26-9/25	W: 1:50-4:30 p.m. F: 2:50-4:30 p.m.	JHS Courts	\$59	3100.401
Archery						
6/7	WF	10/7-10/23	W: 1:50-4:30 p.m. F: 2:50-4:30 p.m.	TBD	\$29	3100.403
Powder Puff Game (teams of 7-10)						
6th	F	10/9	2:50-4:30 p.m.	SMS Gym	\$20	3100.404
7th	F	10/9	2:50-4:30 p.m.	SMS Gym	\$20	3100.415
Dodgeball/Kickball						
6/7	W	11/4-11/18	1:50-4:30 p.m.	SMS Gym	\$29	3100.411
Paddle Sports						
6/7	W	12/2-12/16	1:50-4:30 p.m.	SMS Gym	\$29	3100.406
Co-ed Volleyball						
6/7	WF	1/6-1/22	W:1:50-4:30 p.m. F: 2:50-4:30 p.m.	SMS Gym	\$39	3100.407
Swimming						
6/7	W	1/27-2/10	1:50-4:30 p.m.	SMS Pool	\$29	3100.408
Floor Hockey						
6/7	W	2/17-2/24	1:50-4:30 p.m.	SMS Gym	\$29	3100.409
March Madness (teams of 3-5)						
6/7	WF	3/2-3/9	W:1:50-4:30 p.m. F: 2:50-4:30 p.m.	SMS Gym	\$20	3100.410
Bowling						
6/7	WF	3/23-4/1	W: 1:50-4:30 p.m. F: 2:50-4:30 p.m.	Plaza Lns	\$39	3100.405
Tae Kwon Do						
6/7	W	4/6-4/20	1:50-4:30 p.m.	SMS Gym	\$29	3100.412
Soccer						
6/7	W	4/27-5/4	1:50-4:30 p.m.	SMS Gym	\$29	3100.413
Golf						
6/7	W	5/11-5/25	1:50-4:30 p.m.	SMS Gym	\$29	3100.414



Mini Dance Team Camp (Gr. K-5)

Move and groove with the Johnston Dance Team during this three day camp. Learn the latest dance moves and perform prior to a varsity football game. Participants should report to their school gym after school each day. Wednesday practices will go from 2:45-3:45 p.m. On September 4, game day, report to the HS commons at 4:30 p.m. Cost includes t-shirt and daily snack. *Registration deadline: August 24*

Day	Date	Time	Location	Cost	Code
T-Th	9/1-9/3	3:45-4:45 p.m.	BCE Gym	\$30	3102.426
T-Th	9/1-9/3	3:45-4:45 p.m.	HZE Gym	\$30	3102.427
T-Th	9/1-9/3	3:45-4:45 p.m.	LAE Gym	\$30	3102.428
T-Th	9/1-9/3	3:45-4:45 p.m.	WAE Gym	\$30	3102.429
T-Th	9/1-9/3	3:45-4:45 p.m.	TRE Gym	\$30	3102.430

Middle School Fall Tennis Clinic (Gr. 6-8)

An opportunity for tennis players to work on skill development through the use of games. Playing strategies will be emphasized. All levels of experience are welcome and girls and boys will play together. Instructors: Tim Brickley & Leslie Shipp

Day	Date	Time	Location	Cost	Code
TTh	8/25-9/16	5:45-7 p.m.	JHS Courts	\$67	3102.436

Little Dragon Fun Run (Gr. K-6)

The Fun Run will be approximately 1/2 mile through the woods and across a footbridge. No times or places will be recorded. All entrants will receive a participation ribbon and goodies. Sign in by 4:15 p.m. *Early register for \$10 by Sept. 9, then the cost goes up to \$15.*

Day	Date	Time	Location	Cost	Code
Th	9/10	4:30 p.m.	Walnut Rdg	\$10	3102.405



Cheer Camp (Gr. K-5)

At this camp, High School cheerleaders will teach cheering technique, jumps, and cheers and then participants will perform at half time of a junior varsity football game. Participants should report to their school gym after school each day. Wednesday practices will go from 2:45-3:45 p.m. On October 16, game day, meet at the softball fields at 4:45 p.m. Cost includes t-shirt and daily snack. *Registration deadline: October 8*

Day	Date	Time	Location	Cost	Code
M-Th	10/12-10/15	3:45-4:45 p.m.	BCE Gym	\$32	3102.431
M-Th	10/12-10/15	3:45-4:45 p.m.	HZE Gym	\$32	3102.432
M-Th	10/12-10/15	3:45-4:45 p.m.	LAE Gym	\$32	3102.433
M-Th	10/12-10/15	3:45-4:45 p.m.	WAE Gym	\$32	3102.434
M-Th	10/12-10/15	3:45-4:45 p.m.	TRE Gym	\$32	3102.435



For more information
call 515-278-0552

Signed English (All Ages)

Students will learn signs for basic conversation with deaf/hard-of-hearing people, focusing on fingerspelling, numbers, colors, family, home, and activity signs. Uses Signing Exact English language.

Day	Date	Time	Location	Cost	Code
T	9/15-10/20	6:30-8 p.m.	JMS	\$69	3101.401

Spanish (Gr. K-5)

Learn Spanish or improve your skills and knowledge with this class, full of fun, hands-on, and practical principles.

Instructor: Mrs. Guelly Mendoza, guellymendoza@gmail.com

Day	Date	Time	Location	Cost	Code
Th	9/10-10/15	3:35-4:35 p.m.	HZE	\$79	3101.406
T	9/15-10/20	3:35-4:35 p.m.	BCE	\$79	3101.402
W	9/16-10/21	2:35-3:35 p.m.	WAE	\$79	3101.404
Th	10/22-12/17	3:35-4:35 p.m.	HZE	\$79	3101.407
T	10/27-12/8	3:35-4:35 p.m.	BCE	\$79	3101.403
W	10/28-12/9	2:35-3:35 p.m.	WAE	\$79	3101.405



Mad Science of Iowa (Gr. K-5)

Enroll your child in a meaningful STEM class! Sample science topics such as the brain, heart, lungs, detective science, air, meteorology, and engineering, or discover evidence at crime scenes and learn about detective processes. Max. 18

Day	Date	Time	Location	Cost	Code
Sampling Science (Gr. K-2)					
M	9/14-9/28	3:45-5:45 p.m.	TRE	\$73	3101.464
T	9/15-9/29	3:45-5:45 p.m.	LAE	\$73	3101.465
M	10/5-10/19	3:45-5:45 p.m.	BCE	\$73	3101.466
T	10/6-10/20	3:45-5:45 p.m.	WAE	\$73	3101.467
M	11/2-11/16	3:45-5:45 p.m.	HZE	\$73	3101.468

Forensics Science (Gr. 3-5)

M	9/14-9/28	3:45-5:45 p.m.	TRE	\$73	3101.469
T	9/15-9/29	3:45-5:45 p.m.	LAE	\$73	3101.470
M	10/5-10/19	3:45-5:45 p.m.	BCE	\$73	3101.471
T	10/6-10/20	3:45-5:45 p.m.	WAE	\$73	3101.472
M	11/2-11/16	3:45-5:45 p.m.	HZE	\$73	3101.473

Iowa Circus Academy (Gr. 1-5)

Learn circus arts from a real circus performer. Try out activities like juggling, hooping, balancing, aerial and floor acrobatics, and even roll around in a human-size hamster ball.

Instructor: Iowa Circus Academy, www.iowacircusacademy.com

Day	Date	Time	Location	Cost	Code
W	10/7-11/11	2:35-3:35 p.m.	BCE	\$50	3101.442
Sa	1/23-2/27	9:30-10:30 p.m.	TBD	\$50	3101.443

Computer Classes (Gr. 4-6)

Want to create your own characters and animations? Learn Scratch! Scratch is a programming language that teaches kids how to create things using computers. Max. 12

Pre-req: Intro Scratch class required before Scratch 2 or team project.

Contacts: Ian Overton, brokenmetal@gmail.com

Binu Abraham, babraham999@gmail.com

Day	Date	Time	Location	Cost	Code
Scratch 1: Introduction to Scratch					
T	9/15-11/3	6-7 p.m.	SMS	\$65	3103.406
Scratch 2: Animations					
T	9/15-11/3	5-6 p.m.	SMS	\$65	3103.407
Scratch Team Project					
M	9/14-11/2	6-7 p.m.	SMS	\$65	3103.408

Babysitting Clinic (Gr. 5-8)

Gain skills to be a great babysitter. Topics include caring for infants and young children, development traits of ages 0-5, safe cooking skills and safe meal prep, emergency situations, basic first aid, what to ask before parents leave, expectations, activity ideas, and how to make babysitting a business.

Instructor: Iowa State University Extension & Outreach - Polk County

Day	Date	Time	Location	Cost	Code
Sa	12/5	9 a.m. - 3 p.m.	SMS Rm 135	\$30	3101.444
M	2/15	9 a.m. - 3 p.m.	SMS Rm 135	\$30	3101.445

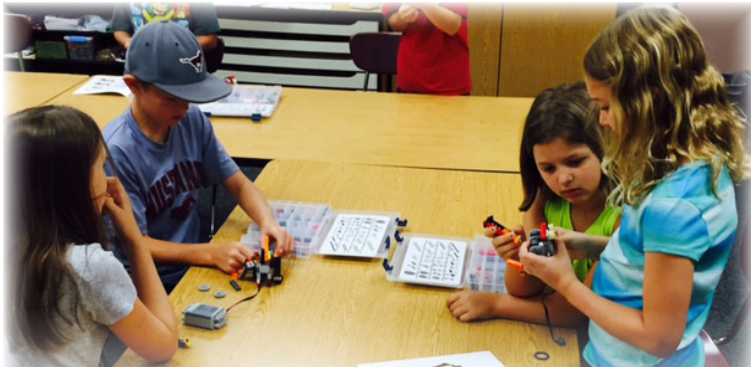


S.A.S. Enrichment (Gr. 6-7)

Join the Society of Women Engineers for an afternoon of hands-on engineering activities, learn circus arts from a real circus performer, or learn all about paychecks, banks accounts, and more!

Grade	Day	Date	Time	Location	Cost	Code
Girls in Engineering (Max. 30)						
6/7	W	9/9	2-4:30 p.m.	SMS Rm 210	\$10	3101.435
6/7	W	11/11	2-4:30 p.m.	SMS Rm 210	\$10	3101.436
Iowa Circus Academy (Min. 4 Max. 30)						
6/7	W	8/26-9/30	2-4 p.m.	SMS Gym	\$65	3101.441
Wages, Paychecks, & Accounts! Oh my! (Max. 15)						
6-8	W	9/30	2-3:30 p.m.	SMS	\$15	3101.474
6-8	W	11/4	2-3:30 p.m.	SMS	\$15	3101.475

For more information
call 515-278-0552



BRICKS 4 Kidz (Gr. K-5)

Build models to resemble classic arcades and video games or create battles between barbarians and archers! Min. 10 Max. 20

Day	Date	Time	Location	Cost	Code
Classic Gamers Brick Adventure					
T	9/15-9/29	3:45-4:45 p.m.	BCE	\$40	3101.430
W	9/16-9/30	2:45-3:45 p.m.	WAE	\$40	3101.432
W	11/4-11/18	2:45-3:45 p.m.	LAE	\$40	3101.431
Clash of the Bricks					
T	10/6-10/20	3:45-4:45 p.m.	HZE	\$40	3101.433
T	12/1-12/15	3:45-4:45 p.m.	TRE	\$40	3101.434

Pinterest for Kids

Do you have a future Pinterester? Join Ms. Kathy to do Pinterest projects together! The instructor will send you a list of needed supplies after registration.

Instructor: Kathy Comstock, kathy.comstock@johnston.k12.ia.us

Day	Date	Time	Location	Cost	Code
Sa	9/12	9-11 a.m.	JHS FCS Rm 203	\$19	3101.485
Sa	10/10	9-11 a.m.	JHS FCS Rm 203	\$19	3101.486
Sa	11/14	9-11 a.m.	JHS FCS Rm 203	\$19	3101.487

Clay Classes (Gr. K-8)

Create a bowl that looks like a snail, a four-legged friend, or 3D portrait, all out of clay! Projects will be fired in a kiln and available for pick-up 2-3 weeks after the class. Tools and materials included.

Grade	Day	Date	Time	Location	Cost	Code
Snail Bowls						
K-8	Sa	10/24	10 a.m.-12 p.m.	SMS	\$35	3101.437
Tube Trotters						
1-8	Sa	10/24	12:30-2 p.m.	SMS	\$35	3101.438
Picasso Portraits						
K-8	Sa	10/24	2:30-4:30 p.m.	SMS	\$35	3101.439

Art 101 (Gr. 1-6)

Join the Des Moines Art Center and try your hand at sculpting, drawing, printmaking, or painting.

Grade	Day	Date	Time	Location	Cost	Code
1-3	Th	9/17-10/15	4:30-6 p.m.	HZE	\$85	3101.493
4-6	Th	10/22-12/3	4:30-6 p.m.	BCE	\$85	3101.494

Mom & Me Holiday Apron (Ages 8+)

Bring your child or grandchild and make matching holiday aprons! Some sewing experience required. Bring own machine or one will be provided. Instructor will send you a list of needed supplies and fabric after registration. Price includes both adult and child. Max. 12 groups
Instructor: Kathy Comstock, kathy.comstock@johnston.k12.ia.us

Day	Date	Time	Location	Cost	Code
Sa	12/5	9 a.m. - Noon	JMS FCS Rm 146	\$39	3101.476



Holiday Cookies & Desserts (Gr. 6-10)

Join in holiday baking from Halloween to Christmas. Students will bake and decorate cookies and create a seasonal dessert. Max. 24

Day	Date	Time	Location	Cost	Code
Sa	10/10	9-11:30 a.m.	JHS FCS Rm 201	\$30	3103.408
Sa	10/24	9-11:30 a.m.	JHS FCS Rm 201	\$30	3103.409
Sa	11/7	9-11:30 a.m.	JHS FCS Rm 201	\$30	3103.410
Sa	11/21	9-11:30 a.m.	JHS FCS Rm 201	\$30	3103.411
Sa	12/5	9-11:30 a.m.	JHS FCS Rm 201	\$30	3103.412
Sa	12/12	9-11:30 a.m.	JHS FCS Rm 201	\$30	3103.413

Private Guitar Lessons (Ages 12+)

Whether you're a beginner, looking to polish your skills, or in need of a challenge, private lessons can advance your skills. Lessons cover reading, playing notes and chords, strumming and picking, and more.

Day	Date	Time	Location	Cost	Code
M	9/14-10/19	3:45-4:30 p.m.	BCE	\$180	3101.408
M	9/14-10/19	4:30-5:15 p.m.	BCE	\$180	3101.409
M	9/14-10/19	5:15-6 p.m.	BCE	\$180	3101.410
M	9/14-10/19	6-6:45 p.m.	BCE	\$180	3101.411
M	9/14-10/19	6:45-7:30 p.m.	BCE	\$180	3101.412
M	9/14-10/19	7:30-8:15 p.m.	BCE	\$180	3101.413
M	9/14-10/19	8:15-9 p.m.	BCE	\$180	3101.414
T	9/15-10/20	3:30-4:15 p.m.	BCE	\$180	3101.422
T	9/15-10/20	4:15-5 p.m.	BCE	\$180	3101.423
T	9/15-10/20	5-5:45 p.m.	BCE	\$180	3101.424
T	9/15-10/20	5:45-6:30 p.m.	BCE	\$180	3101.425
M	11/2-12/7	3:45-4:30 p.m.	BCE	\$180	3101.415
M	11/2-12/7	4:30-5:15 p.m.	BCE	\$180	3101.416
M	11/2-12/7	5:15-6 p.m.	BCE	\$180	3101.417
M	11/2-12/7	6-6:45 p.m.	BCE	\$180	3101.418
M	11/2-12/7	6:45-7:30 p.m.	BCE	\$180	3101.419
M	11/2-12/7	7:30-8:15 p.m.	BCE	\$180	3101.420
M	11/2-12/7	8:15-9 p.m.	BCE	\$180	3101.421
T	11/3-12/8	3:30-4:15 p.m.	BCE	\$180	3101.426
T	11/3-12/8	4:15-5 p.m.	BCE	\$180	3101.427
T	11/3-12/8	5-5:45 p.m.	BCE	\$180	3101.428
T	11/3-12/8	5:45-6:30 p.m.	BCE	\$180	3101.429



For more information
call 515-278-0552

Movement for Healing (18+)

Combines methods of qigong, breath, and other healing movement traditions for soft, gentle, and easy-to-perform exercises. The exercises are performed to nourish qi/chi, foster healing, reduce stress, and help increase quality of life. Instructor: Richard Lehman

Day	Date	Time	Location	Cost	Code
M	9/14-10/19	6:30-7:30 p.m.	SMS	\$39	3101.440

Morning Combo Package

A combination of cardiovascular exercise, strength training, and flexibility training to raise your heart rate and increase your physical and mental strength and endurance. Min. 3 Max. 16

5:00 Class: M-circuits, T-circuits, W-abs/stretch, Th-trekk, F-circuits
5:45 Class: M-circuits, T-yoga, W-resistance, Th-cardio, F-circuits

Day	Date	Time	Location	Cost	Code
M-F	9/8-10/30	5-5:45 a.m.	JHS Fit Cntr	\$127	3101.446
M-F	9/8-10/30	5:45-6:30 a.m.	JHS Fit Cntr	\$127	3101.447
M-F	11/2-12/18	5-5:45 a.m.	JHS Fit Cntr	\$106	3101.448
M-F	11/2-12/18	5:45-6:30 a.m.	JHS Fit Cntr	\$106	3101.449

Morning Classes

These classes are held during the morning combo sessions but are for those that do not want to participate in the package. Do not sign up for these classes if you are signed up for the morning combo package. Max. 4 for each class.

Day	Date	Time	Location	Cost	Code
Circuits					
M	9/14-10/26	5-5:45 a.m.	JHS Fit Cntr	\$35	3101.450
M	9/14-10/26	5:45-6 a.m.	JHS Fit Cntr	\$35	3101.451
T	9/8-10/27	5-5:45 a.m.	JHS Fit Cntr	\$39	3101.453
T	9/8-10/27	5:45-6:30 a.m.	JHS Fit Cntr	\$39	3101.454
F	9/11-10/23	5-5:45 a.m.	JHS Fit Cntr	\$39	3101.462
F	9/11-10/23	6-6:45 a.m.	JHS Fit Cntr	\$39	3101.463
M	11/2-12/14	5-5:45 a.m.	JHS Fit Cntr	\$35	3101.495
M	11/2-12/14	5:45-6:30 a.m.	JHS Fit Cntr	\$35	3101.496
T	11/3-12/15	5-5:45 a.m.	JHS Fit Cntr	\$35	3101.497
T	11/3-12/15	5:45-6:30 a.m.	JHS Fit Cntr	\$35	3101.498
F	11/6-12/18	5-5:45 a.m.	JHS Fit Cntr	\$31	3103.404
F	11/6-12/18	5:45-6:30 a.m.	JHS Fit Cntr	\$31	3103.405

Stretch/Abs

W	9/9-10/28	5-5:45 a.m.	JHS Fit Cntr	\$39	3101.456
W	9/9-10/28	5:45-6:30 a.m.	JHS Fit Cntr	\$39	3101.457
W	11/4-12/16	5-5:45 a.m.	JHS Fit Cntr	\$35	3101.499
W	11/4-12/16	5:45-6:30 a.m.	JHS Fit Cntr	\$35	3103.401

Trekking

Th	9/10-10/29	5-5:45 a.m.	JHS Fit Cntr	\$39	3101.459
Th	11/5-12/17	5-5:45 a.m.	JHS Fit Cntr	\$31	3103.402

Cardio

Th	9/10-10/29	5:45-6:30 a.m.	JHS Fit Cntr	\$39	3101.460
Th	11/5-12/17	5:45-6:30 a.m.	JHS Fit Cntr	\$31	3103.403

Evening Classes

These classes are held weekday evenings and must be signed up for individually. Max. 20 for circuits. Max. 6 for women on weights.

Day	Date	Time	Location	Cost	Code
Circuits					
W	9/9-10/28	6-6:45 p.m.	JHS Fit Cntr	\$39	3101.458
M	9/14-10/26	6-6:45 p.m.	JHS Fit Cntr	\$35	3101.452
M	11/2-12/14	6-6:45 p.m.	JHS Fit Cntr	\$35	3101.489
W	11/4-12/16	6-6:45 p.m.	JHS Fit Cntr	\$35	3101.491

Women on Weights

T	9/8-10/27	6-7 p.m.	JHS Fit Cntr	\$55	3101.455
Th	9/10-10/29	6-7 p.m.	JHS Fit Cntr	\$55	3101.461
T	11/3-12/15	6-7 p.m.	JHS Fit Cntr	\$49	3101.490
Th	11/5-12/17	6-7 p.m.	JHS Fit Cntr	\$43	3101.492

Personal Training

Personal training programs provide one-on-one instruction. Whether you need to lose weight, improve balance, increase endurance, gain strength, or train for a specific event, your personal trainer will be able to design a program to help you attain your goals. Sessions last for an hour and schedules determined by you and your trainer.

Cost: \$55 per session, \$163 for 3 sessions, or \$240 for 6 sessions.

Open Gym

Basketball Open Gym (18+)

Adults age 18 and older, and out of high school, are invited to participate in this open gym. Please sign in and pay at the door, no registration is required. Limit 50 participants. No children allowed. *No open gym on 11/25, 12/23, 12/30, & 3/16.*

Day	Date	Time	Location	Cost
W	11/4-4/27	7-9 p.m.	JHS Gym	\$2 per night

Basketball Open Gym (35+)

Adults age 35 and older are invited to participate in this open gym at Johnston Middle School. Pick up games will be held on two courts. Please sign in and pay at the door. No children allowed.

No open gym on 11/27, 12/27, 2/7, 3/13, & 3/27.

Day	Date	Time	Location	Cost
Su	11/1-4/24	6-8 p.m.	JMS Large Gym	\$2 per night

Pickle Ball Open Gym (18+)

Adults age 18 and up, and out of high school, are invited to this open gym. Please sign in and pay at the door, no registration required. Pick-up games will be self refereed. No children allowed.

No open gym on 11/25, 12/23, & 12/30.

Day	Date	Time	Location	Cost
W	10/14-3/9	7-9 p.m.	JMS Gym	\$2 per night

For more information
call 515-278-0552



Pinterest for Adults

Ever wanted to delve more into Pinterest? Join fellow Pinterest fans and do projects together! The instructor will send you a list of needed supplies after registration. Max. 15

Instructor: Kathy Comstock, kathy.comstock@johnston.k12.ia.us

Day	Date	Time	Location	Cost	Code
T	9/8	6-8 p.m.	JHS FCS Rm 203	\$19	3101.477
T	9/15	6-8 p.m.	JHS FCS Rm 203	\$19	3101.478
T	10/6	6-8 p.m.	JHS FCS Rm 203	\$19	3101.479
T	10/20	6-8 p.m.	JHS FCS Rm 203	\$19	3101.480
T	11/3	6-8 p.m.	JHS FCS Rm 203	\$19	3101.481
T	11/17	6-8 p.m.	JHS FCS Rm 203	\$19	3101.482
T	12/1	6-8 p.m.	JHS FCS Rm 203	\$19	3101.483
T	12/15	6-8 p.m.	JHS FCS Rm 203	\$19	3101.484

Learn to Quilt (18+)

Ever wanted to learn to quilt? Learn the basics of quilting with a simple rail fence baby quilt. The instructor will send you a list of need supplies and fabric after registration. Max. 15

Instructor: Kathy Comstock, kathy.comstock@johnston.k12.ia.us

Day	Date	Time	Location	Cost	Code
Sa	9/26, 10/3, & 10/10	9 a.m. - Noon	JHS FCS Rm 203	\$69	3101.477

Holiday Baking with Ms. Kathy (18+)

Join Ms. Kathy on December 12 for some simple holiday baking! Make fudge, chocolate mocha mint cookies, and more! Price includes all supplies/food. Instructor: Kathy Comstock

Day	Date	Time	Location	Cost	Code
Sa	12/12	9 a.m. - Noon	JHS FCS Rm 203	\$49	3101.488



Community Education is now offering online courses!

Don't have time to sit in a classroom during the day? Or can't find a class for what you want to learn? Johnston Community Education has a solution!

JCE is pleased to partner with UGotClass and the Learning Resources Network (LERN), the largest continuing education association in the world, to offer a variety of online classes for adults.



UGotClass provides courses in a variety of subjects including:

- Business
- Business Communication
- Career Skills
- New Media Marketing
- Professional Development
- Health
- Human Resources
- Social Media for Business
- Leadership
- LEED Green Workplace
- Management Training in areas such as designing webinars, online teaching, blended instruction, and more!

There are also courses that deal with parenting your children or dealing with aging parents.

So if you want to learn a new skill or refresh one that maybe you haven't needed in a while, visit www.yougotclass.org for the complete Johnston catalog.

For more information, contact the JCE office at 515-278-0552.



For more information
call 515-986-0951

Pool Admission

Daily admission or punch cards are good for open swim and lap swim.

	2 & under	Youth (3-18)	Adult	Family
Daily Admission	Free	\$2	\$3	---
Punch Card	---	\$30 for 20 punches	\$50 for 20 punches	---

Pool Hours

The pool may be shared with other activities during these times.

	Open Swim	Lap Swim
Saturday	1:30-3:30 p.m. Starting Sept. 12	1:30-3:30 p.m. Starting Sept. 5
Sunday	1:30-3:30 p.m. Starting Aug. 16	1:30-3:30 p.m. Starting Aug. 16

Pool Closures

Check pool schedules online and at the pool for updates and changes.

Month	Dates
August	1-19, 22, & 29
September	1, 5-8, & 15
October	10, 13, 19, 24, 25, 29, & 31
November	26-29
December	3, 10, 17, 24, & 25
January	1, 9, 21, 23, 25, 30, & 31
February	7

Aqua Aerobics

Each class is centered on a 25-30 minute aerobic workout and includes muscle toning for arms, stomach, hips, and legs, along with flexibility and relaxation exercises. Min. 8

Day	Date	Time	Location	Cost	Code
MW	8/19-9/16	8:15-9 p.m.	SMS Pool	\$38	4913.441
MW	9/21-10/14	8:15-9 p.m.	SMS Pool	\$38	4913.442
MW	10/21-11/16	8:15-9 p.m.	SMS Pool	\$38	4913.443
MW	11/18-12/16	8:15-9 p.m.	SMS Pool	\$38	4913.444



The Johnston Blaze Swim Club engages in a multi-level competition program with United States Swimming that attempts to provide challenging yet success-oriented competitive situations for swimmers of all ages and abilities.

Visit www.johnstonblaze.com for more information on the Johnston Blaze Swim Club.

Blaze Parent Information Night - Oct. 4

The Blaze parent information night will be on Sunday, October 4 in the Summit cafeteria from 6-9 p.m. Order your child's team swimsuit and warm-up, sign the USA Swimming registration form, register for the Fall season, get your child's team shirt and cap, find out how to sign up for meets, meet members of the Anchor Club and coaching staff, and more! Visit all of the various stations to learn more about the swim club and have all your questions answered.

Intro to Competitive Swimming

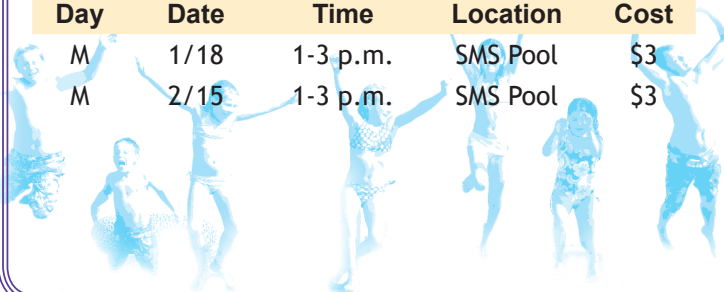
Enroll in the Blaze intro to competitive swimming class and learn all four competitive swim strokes, drills, starts, turns, and sport rules!

Age	Day	Date	Time	Location	Cost	Code
6-10	SaSu	11/14-12/13	5:45-6:30 p.m.	SMS Pool	\$38	4915.441
11-18	SaSu	11/14-12/13	6:30-7:15 p.m.	SMS Pool	\$38	4915.442

NO SCHOOL DAYS

Enjoy a fun afternoon of swimming with friends on a No School day!

Day	Date	Time	Location	Cost
M	1/18	1-3 p.m.	SMS Pool	\$3
M	2/15	1-3 p.m.	SMS Pool	\$3



For more information
call 515-986-0951



Learn to Swim!

Learn to swim for \$49 per class. Courses consist of eight 30-minute lessons. Various classes and levels are available for those of all ages. Contact Johnston Community Education or visit our website for more information.

Day	Date	Time	Code
Parent/Tot			
SaSu	11/14-12/13	4:55-5:25 p.m.	4907.441
Intro to Swim			
SaSu	8/29-9/27	4:20-4:50 p.m.	4900.441
SaSu	10/3-11/8	3:45-4:15 p.m.	4900.442
SaSu	10/3-11/8	4:55-5:25 p.m.	4900.443
SaSu	11/14-12/13	4:20-4:50 p.m.	4900.444
SaSu	11/14-12/13	4:55-5:25 p.m.	4900.445
Level I			
SaSu	8/29-9/27	3:45-4:15 p.m.	4901.441
SaSu	8/29-9/27	4:55-5:25 p.m.	4901.442
SaSu	10/3-11/8	4:20-4:50 p.m.	4901.443
SaSu	10/3-11/8	4:55-5:25 p.m.	4901.444
SaSu	11/14-12/13	3:45-4:15 p.m.	4901.445
SaSu	11/14-12/13	4:55-5:25 p.m.	4901.446
Level II			
SaSu	8/29-9/27	3:45-4:15 p.m.	4902.441
SaSu	8/29-9/27	4:20-4:50 p.m.	4902.442
SaSu	10/3-11/8	3:45-4:15 p.m.	4902.443
SaSu	10/3-11/8	4:20-4:50 p.m.	4902.444
SaSu	11/14-12/13	3:45-4:15 p.m.	4902.445
SaSu	11/14-12/13	4:20-4:50 p.m.	4902.446



Day	Date	Time	Code
Level III			
SaSu	8/29-9/27	3:45-4:15 p.m.	4903.441
SaSu	8/29-9/27	4:55-5:25 p.m.	4903.442
SaSu	10/3-11/8	4:20-4:50 p.m.	4903.443
SaSu	11/14-12/13	3:45-4:15 p.m.	4903.444
SaSu	11/14-12/13	4:20-4:50 p.m.	4903.445
Level IV			
SaSu	8/29-9/27	4:20-4:50 p.m.	4904.441
SaSu	10/3-11/8	3:45-4:15 p.m.	4904.442
SaSu	11/14-12/13	3:45-4:15 p.m.	4904.443
Level V			
SaSu	8/29-9/27	4:55-5:25 p.m.	4905.441
SaSu	10/3-11/8	4:55-5:25 p.m.	4905.442
SaSu	11/14-12/13	4:55-5:25 p.m.	4905.443
Level VI			
SaSu	11/14-12/13	4:20-4:50 p.m.	4906.441



REGISTRATION DETAILS

For classes starting on August 29:

- Online registration: Aug. 24, 6 p.m. @ www.johnston.k12.ia.us
- Walk-in registration: Aug. 24, 6 p.m. @ SMS Pool
- Phone-in registration: Aug. 25, 7:45 a.m. @ 515-278-0552

For classes starting on October 3:

- Online registration: Sept. 21, 6 p.m. @ www.johnston.k12.ia.us
- Walk-in registration: Sept. 21, 6 p.m. @ SMS Pool
- Phone-in registration: Sept. 22, 7:45 a.m. @ 515-278-0552

For classes starting on November 14:

- Online registration: Oct. 26, 6 p.m. @ www.johnston.k12.ia.us
- Walk-in registration: Oct. 26, 6 p.m. @ SMS Pool
- Phone-in registration: Oct. 27, 7:45 a.m. @ 515-278-0552



Special Events

Holiday Season

For more information
call 515-278-0552



Fall Festival

FREE festival for children up to third grade on Saturday, October 10 from 3-5 p.m. in the Horizon Cafeteria/Gym. Games, cookies, storytelling, and special treats provided by Johnston Community Education. You may come in costume.

Gingerbread House Competition

Create your own gingerbread house and enter it in the annual Holidays in Johnston Gingerbread House Competition. Categories include: Age 11 and under, Family, and Adult. Prizes will be awarded for first and second place in each category. Entry forms and houses will be accepted at the Johnston Public Library December 2-4 and will be judged on December 5 and displayed at the "Holidays in Johnston" event. First and second place houses will be displayed at the Johnston Public Library through December 19. Call Community Education for an entry form and rules.

Letters to Santa

Santa is stationed at the North Pole getting ready for the busy Christmas season. He and Mrs. Claus are eagerly awaiting your Christmas Wish Lists. Sit down with mom or dad and let Santa know what you would like under your Christmas tree this year. Santa will, in turn, send you a letter from the North Pole. Please send your letters by December 7 so Santa has enough time to reply.

Send letters to:
Letters to Santa
c/o Johnston Community Education
P.O. Box 10
Johnston, IA 50131



Kids Connection (KTC) will start its 2015-16 school year on August 24!

Register by August 19 in order to participate on the first day of school. All registration, scheduling, and payments are now done online through FeePay at johnston.ce.feepay.com.

Contact the KTC office at 515-252-8490 with questions.

One person per registration form please.

Date _____ Name of Participant _____ JCSD Resident? Yes No

May we take photos and/or video of the participant for use in JCE print/electronic publications? Yes No

Does participant have special accommodation needs to enjoy JCE programs? Yes No

If yes, please provide more information:

Address _____ City _____

Zip _____ Home Phone _____ Date of birth _____

Class Name				
Class Code				
Fee				

Grade in 2015-2016? (if a student) _____ School Attends? _____ Gender of Participant? _____
 T-shirt size: ___YS ___YM ___YL ___AS ___AM ___AL ___AXL

Parent Name(s)		
Work Phone Number		
Cell Phone Number		
E-mail address		

Additional notes/requests:

HOW TO REGISTER

For more information call JCE at 515-278-0552.

Mail

Send your registration form & check by mail to:
 Johnston Community Education
 P.O. Box 10
 Johnston, IA 50131

In Person

Register in person at the Community Education Center at 6600 NW 62nd Ave. in Johnston.
 Registration hours are Monday through Friday, 7:45 a.m. to 4:15 p.m. A drop box is available in the parking lot to drop off registrations before or after registration hours.

Phone

Phone-in registrations are accepted at 515-278-0552 when paying with a MasterCard or Visa.

Online

Online registration is available 24/7 at <https://apm.activecommunities.com/johnston>.

JCE POLICIES

Refunds

Refund requests must be made before the second class/program session is held. There will be a \$5 administration fee per class on all refunds. Full fee is only returned if JCE cancels the class.

Cancellations

Johnston Community Education reserves the right to cancel classes. Classes will be cancelled if there is insufficient enrollment.

Inclement Weather Cancellations

Call 515-252-8488 for program-related cancellations. For more weather-related information, visit the District website.

Scholarships

Scholarships are available to those who qualify. Please contact the coordinator in charge of the program you are interested in prior to registering. Scholarships are subject to approval.

Johnston Community Education is a partnership between the Johnston Community School District and the City of Johnston.