

Waukeee Community Education

# Course Catalog for Adults and Students

Fall 2013 Volume 5, Issue 3

**Learn.  
Serve.  
Thrive.**



**Registration Begins Now!**

Visit our Website: [www.waukeee.k12.ia.us/communityeducation](http://www.waukeee.k12.ia.us/communityeducation)  
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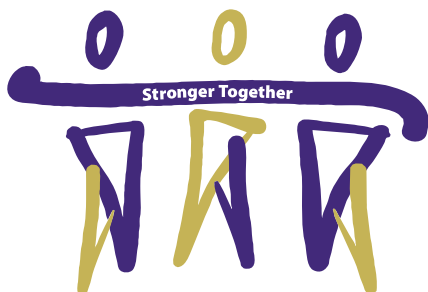
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# Welcome Letter

Dear Waukee Community Members,

The 2013-2014 school year is here! This fall marks the fifth year that the Community Education department has been serving Waukee school district staff, area organizations, and our community members. We are humbled to remember where we have come from in that time, and also excited to think about the possibilities in the future! We continue to grow each year, and several examples of our expansion are shown in the figures below. Our success would not be possible without the unwavering support from YOU!

## Child Care Services

(Wee Warriors/Beyond the Bell Participants)

2012-2013:	<b>451</b>
2011-2012:	408
2010-2011:	355
2009-2010:	326

## Silver Cord

(Waukee High School Students)

2012-2013:	<b>509</b>
2011-2012:	473
2010-2011:	330
2009-2010:	205

## Continuing Education & Waukee Academy

(Class Registrations)

2012-2013:	<b>1,851</b>
2011-2012:	1,634
2010-2011:	1,250
2009-2010:	813

## Facility Reservations

(# of hours staffed by Facility Supervisors)

2012-2013:	<b>3,800</b>
2011-2012:	3,665
2010-2011:	3,214
2009-2010:	2,259

As we look towards this fall, we have a number of exciting NEW learning opportunities that include: Girl Talk, Yoga-Mixed Levels, Parent & Toddler Cookie Decorating, The Peak Energy Solution, Just Once Piano, Introduction to Music/Piano (4-5 year olds), Mad Science (Wednesday early-out days), Safe Sitter, Technology Student Association, and Waukee Invitational Cross Country Mile Run.

There is something for everyone, so I encourage you to try something new as we continue to provide wonderful opportunities for all ages to Learn, Serve, and Thrive!

As always, please feel free to contact me. I welcome your feedback on how we can continue to grow Waukee Community Education and better serve our community members. We are Waukee!

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# Community Education Staff

**Jeff Longman**, *Director*  
**Andrea Wilmes**, *Associate Director of Childcare Services*  
**Sonya Johnson**, *Administrative Assistant*  
**Casey Condon-Yu**, *Silver Cord Coordinator*

*This publication is produced courtesy of*



# Fall 2013 Opportunities

## Parent University

### Financial Planning for Families with Special Needs or Disabilities

Are you the parent of a child with a special need and/or a disability and have questions about their financial future? You don't know where to start or are worried that what you have already done makes sense? This can be overwhelming. A Life Care Plan may help with this uncertainty. A Life Care Plan is a coordinated program of future care planning, financial, and legal strategies.

Instructor: Dennis Burns

**F1301** Tuesday 6:30 - 8:00pm  
October 22nd  
South Middle School  
Tuition: \$17

### Intro to the College Search

Jump-start the college application process with advice and tips from an expert. You will learn the details of the college search process including finding the best college for your student and tips for highlighting your student's strengths within the application. This introduction will prepare you to manage the search, application, and scholarship process and arm you with the resources you need to make it less mysterious and overwhelming. Taught by a college counselor with years of college admission experience. Cost covers two parents.

Instructor: Emily Selden

**F1302** Tuesday 7:00 - 9:00pm  
November 12th  
Waukee High School  
Tuition: \$19

### Strengthening Families



Learn how to maintain and/or build a positive relationship with your youth during those challenging teen years and prevent your youth from having serious behavior and substance abuse problems. This skills-building program from Iowa State University Extension and Outreach is for parents to attend with their youth ages 10-14. Parents will sharpen their nurturing skills that support their children and enhance their skills in effectively disciplining and guiding their youth. Youth will be given a healthy future orientation and an increased appreciation of their parents, plus learn skills for dealing with stress and peer pressure. Each week a meal will be provided for all attending families along with free child care for younger children.

Instructor: ISU Extension and Outreach staff

**F1303** Sunday 5:00 - 7:30pm  
October 6th - November 17th  
Waukee Elementary  
Tuition: \$19

### Girl Talk



Girl Talk is a fun, informative and interactive class for 5th and 6th grade girls to attend with their moms. Participants will increase the quality and quantity of communication about sexuality issues within the

context of the family, provide necessary factual information about sexuality, explore sexuality attitudes, feelings, and values, promote positive self-esteem and acceptance of sexuality, learn about the importance of breast self-exams and how to perform the exam correctly, and learn about the importance of hygiene and female health issues.

Instructor: ISU Extension and Outreach staff and a medical professional.

**F1304** Tuesday 6:30 - 8:30pm  
September 17th - October 8th  
Waukee Elementary  
Tuition: \$10

## Arts & Crafts

### Knitting 101

Learn to knit a scarf, start to finish! In the first class session, learn to knit stitch and how to cast-on and knit a basic scarf. You will work getting the stitches right and learn how to fix mistakes. The time period between the two classes is your time to knit the majority of the scarf, bringing it close to a finishing point. You will use the second class to learn the purl stitch and also finish the scarf – binding off, adding fringe and weaving in the ends. You will learn all the basics of knitting! Participants need to bring their own supplies to the first class. Ask for supply list when registering. Adults and students age 13 and up are welcome.

Instructor: Jen Geigley

**F1305** Wednesday 6:30 - 8:30pm  
November 6th & November 20th  
South Middle School  
Tuition: \$34

## Community Education E-Newsletter

Stay up to date with all of Community Education's exciting programs! Subscribe to our Community Education e-newsletter. Visit the following link and click the "Waukee Community Education" box near the bottom of the page:  
<http://goo.gl/A8afC>

## Business & Finance

### Preparing for Retirement

Afraid you can't afford to retire? Will you stay ahead of inflation and not outlive your money? Concerned about the stock market or rising health care and long-term care costs? Our panel of experts will share a vast array of knowledge in the areas of investments, Medicare, long-term care, reverse mortgages and real estate. They will help answer your tough retirement questions. Class is taught by a panel of experts with more than 30+ years of experience in multiple fields.



**F1306** Thursday 6:30 - 8:30pm  
September 26th  
South Middle School  
Tuition: \$10

## Computers & Technology

### Exploring the Internet

This class is for students who want to learn how to use the Internet for personal use as well as business use. Today the Internet is used for banking, gaming, shopping, research, and much more. We use it for communication in the form of email, instant messaging, video messaging, and social media. This class will cover how to set up a home page, work with different browsers, take screenshots, find the files you have downloaded, and explore different search engines to supplement your productivity. Students will have access to an online classroom where they can download course resources, as well as post questions that come up after class has ended.

Instructor: Kim Mayrose

**F1362** Monday 6:30 - 8:30pm  
September 16th  
South Middle School  
Tuition: \$24

### Have Fun Using Social Media

Learn to use Facebook, Twitter, YouTube, LinkedIn, Pinterest, Google+, Foursquare, and Instagram. Students will learn how to stay in touch with family and friends all over the world. Students will also learn to use social media to find special discounts available online, as well as their favorite local stores. Social media can be used to stay on top of the weather, keep track of your favorite sports teams, road closings, your children's school announcements, and much more! Students will also have access to an online classroom where they can download course resources.

Instructor: Kim Mayrose

**F1361** Monday 6:30 - 8:30pm  
September 23rd - October 7th  
South Middle School  
Tuition: \$52

### WordPress Website Design

WordPress isn't just for Bloggers! You can create a blog, a website, or CMS (Content Management System) using the power of WordPress. In this course, you will learn how to set up your WordPress site, how to customize

your site, and how to optimize your site for search engines. We'll also explore some of the many templates and plug-ins available to the WordPress community. Students will have access to an online classroom where they can download course material.  
Instructor: Kim Mayrose

**F1360** Monday 6:30 - 8:30pm  
October 14th - October 21st  
South Middle School  
Tuition: \$38

## Exercise & Fitness

### Yoga: Mixed Levels

**New!**

This class is designed for a variety of levels from beginners to more advanced students to work side by side practicing solid fundamentals and classic yoga asana. Gain a deeper awareness of your body and develop higher levels of focus, strength, flexibility and endurance. You can expect a flowing series of postures coordinated with your breath, ending with a relaxation to integrate the practice. Modifications will be introduced so that beginners can work comfortably at their own level. Please wear comfortable clothes and bring a mat. Ages 16+ are welcome.

Instructor: Jolene de Bruijn

**F1307** Tuesdays 4:30 - 5:30pm  
September 17th - October 22nd  
Waukee Middle School, Small Gym  
Tuition: \$54

**F1308** Tuesdays 4:30 - 5:30pm  
November 5th - December 17th\*  
Waukee Middle School, Small Gym  
Tuition: \$54

\*No class on November 26th

### *What Parent University participants are saying:*

*"I have a better understanding on the college admission and financial aid process." (Intro to the College Search)*

*"This class gave me a chance to get on the same page as my daughter on the college decision making process." (Intro to the College Search)*

*"I can start making better plans for my child's care throughout her lifetime." (Financial Planning for Families with Special Needs or Disabilities)*

*Community Education  
A place to Learn, Serve, and Thrive*

## Foods & Cooking

### Parent & Toddler Cookie Decorating

**New!**

A fun-filled two hours for parents/children to come and create memories together. You will be instructed on how to decorate cookies and then take home your delicious creations! All materials are included in the class, you only have to show up and bring your creativity! Parents and children 2-6 years are welcome.

Instructor: Echo Boland

**F1309** Monday 6:00 - 7:00pm  
October 14th  
South Middle School  
Tuition: \$40 (couple)

### Parent & Child Cake Decorating: Beginning

Come and enjoy two hours of parent/child cake decorating. Learn the basic cake decorating techniques. Lots of fun and smiles! Go home with a yummy cake created by you! Parents and children 7+ are welcome.

Instructor: Echo Boland

**F1311** Monday 6:30 - 8:30pm  
October 21st  
South Middle School  
Tuition: \$40 (Couple)

### Parent & Child Cake Decorating: Advanced

Come and advance your cake decorating skills with your child in this two-hour class. Refresh what you know and learn even more! You will go home with a finely-decorated, delicious cake. Parents and children 7+ are welcome.

Instructor: Echo Boland

**F1312** Monday 6:30 - 8:30pm  
October 28th  
South Middle School  
Tuition: \$40 (Couple)

### Adult Cake Decorating: Beginning

Dessert anyone? Do you want to make a fabulous decorated cake and don't know how to begin? Come join a fun class that will inspire you to make your own special occasion cakes! Now you will have the know-how to "WOW" your guests and family at home. Fun for a ladies' night out too! All materials are included and you will take home your creation. Ages 18 and up.

Instructor: Echo Boland

**F1313** Monday 6:30 - 8:30pm  
November 11th  
South Middle School  
Tuition: \$34

### Adult Cake Decorating: Advanced

Ready to take the next step? This class is for participants that have completed Beginning Cake Decorating. Participants will continue to explore the design process and the wide variety of tools and materials available. Come join a fun class that will enable you to make your own cakes that stand out! All materials are included and you will take home your cake. Ages 18 and up. Instructor: Echo Boland

**F1314** Monday 6:30 - 8:30pm  
November 18th  
South Middle School  
Tuition: \$34

### Parent & Child Cookie Decorating

A fun-filled two hours for parents/children to come and create memories together. You will be instructed on how to decorate cookies and then take home your delicious creations! All materials are included in the class, you only have to show up and bring your creativity! Parents and children 7+ years are welcome.

Instructor: Echo Boland

**F1363** Monday 6:30 - 8:30pm  
December 9th  
South Middle School  
Tuition: \$40(Couple)

## Health & Wellness

### The Peak Energy Solution

**New!**

If you find that you are lacking the amount of energy you need to get through the day, then the Peak Energy Solution Workshop is geared towards you! There are seven specific changes;

### What Continuing Education participants are saying:

*"I learned new cake decorating skills and tips. I liked this class because it was parent/child. It gave me a chance to spend some quality time with my daughter while doing something fun and learning."* (Parent/Child Cake Decorating)

*"This course gave me more confidence to pursue learning the guitar."* (Instant Guitar)

*"It (class) accomplished teaching me something I've wanted to do for several years."* (Knitting 101)

*"I have found a new hobby I love."* (Knitting 101)

*"We will use the tips and information gained from attending the class to make our trip to Disney World an enjoyable experience."* (Tips & Tricks for Your Disney Vacation)

*"It has helped me a lot with my web site."* (WordPress Website Design)

some very effortless and other more complex, that each person must incorporate into their way of life in order to have the ability to function at their peak energy. Ages 16+ are welcome.  
Instructor: Dr. Jessa Kane

**F1315** Thursday 6:30 - 7:30pm  
November 14th  
South Middle School  
Tuition: \$5

### **Understanding Retirement Healthcare Expenses**

This class reviews what options are available for healthcare at retirement. If you will have retiree healthcare benefits from your employer, understand what will be covered and how much it will cost. If you will not have such benefits, determine what healthcare coverage options will be available to you at retirement. Get the details on Medicare and Medicare-related programs designed to provide for healthcare expenses at age 65 and beyond. Learn how to prepare for other significant healthcare-related expenses that may not be covered by your healthcare plans.  
Instructor: Todd Breen

**F1375** Thursday 6:30 - 8:00pm  
November 21st  
South Middle School  
Tuition: \$5

## **Music**

### **Just Once Piano**

In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment. How? Using chords. You can learn all of the chords you'll need to play any song in this one class. Any song, style, or key. Topics that will be covered include: how chords work in a song, how to form the three main types of chords, how

to handle different keys and time signatures, and how to avoid counting. Fee includes a book and practice CD.  
Instructor: David Black

**F1316** Monday 6:30 - 9:30pm  
September 30th  
South Middle School  
Tuition: \$50

### **Instant Guitar**

Have you ever wanted to learn to play the guitar but time and money for private lessons has kept you away? Then this class is for you! This ONE-TIME 2 ½ hour class will teach all the basics of playing the guitar so you can play your favorite songs right away. No past experience with music or the guitar is required. Designed for beginners, the emphasis is on having the correct tools and instruction to have fun learning chords and strumming patterns, not technical perfection. This interactive class uses an easy-to-use instruction manual and plenty of hands-on experience to help you feel comfortable knowing you have the proper tools and instruction to enjoy your guitar for years to come. Bring your acoustic guitar. Ages 12+ are welcome. Fee includes a workbook.  
Instructor: Phil Buntenbach



**F1317** Thursday 6:30 - 9:00pm  
October 17th  
South Middle School  
Tuition: \$37

### **Late Registration: You Snooze... We Lose.**

Nothing kills a course quicker than waiting until the last minute to register for it! If there are not enough registrations at the registration deadline (one week prior to the start of the course), the course may be cancelled. Please register at least one week prior to the start of the course to ensure the success of the course!

**Thank you!**

**F1318** Thursday 6:30 - 9:00pm  
December 5th  
South Middle School  
Tuition: \$37

## **Special Interest**

### **Table Manners & Civility for Boys & Girls**

This class focuses on everyday civility and table manners. The class is an interactive activity. Participants will feel special while learning to believe in themselves. Boys are invited to wear nice pants (such as khaki), nice shirt and shoes. Girls are encouraged to wear a skirt or dress, and nice shoes. For boys and girls, ages 5-12 years old.  
Instructor: Patricia Tice

**F1319** Tuesday 6:30 - 7:30pm  
October 8th  
South Middle School  
Tuition: \$29

### **Manners for Teens: Prepping for Prom and Table Manners**

Your teen will gain the essential skills needed to give them confidence and skills on important occasions such as prom. This class is co-ed. Teens are encouraged to dress nicely for the class: nice trousers, dress skirt, nice shoes. No ball caps or sandals. For teens ages 13-18 years old.  
Instructor: Patricia Tice

**F1320** Thursday 6:30 - 7:30pm  
October 10th  
South Middle School  
Tuition: \$29

### **Tips for Traveling to Europe**

Planning a trip to Europe in the future? This class will teach you the ten essential things you need to know before you go! Instructor is a Waukee High School German teacher and has visited Europe 13 times. Learning these essentials will help you experience a more safe, affordable, and enjoyable

trip.  
Instructor: Tammy Getting

**F1321** Monday 6:00 - 8:00pm  
December 2nd  
Waukee High School  
Tuition: \$18

### **Tips and Tricks for Your Disney Vacation**

Looking for ways to make the most of your Disney vacation? This interactive course will help you with several aspects of planning, navigating crowds, and making the most of your vacation. Even if you have been before, these sessions will help you learn more about the parks and the things you can do to make the most of your time there. Instructor has made 50+ trips to Disney Parks in the USA and is an authorized Disney Vacation Planner.  
Instructor: Rob Brookhart

**F1322** Thursday 6:30 - 9:00pm  
September 26th & October 3rd  
South Middle School  
Tuition: \$19

## **Waukee Academy**

### **ACT Prep: English & Reading (Grades 9-12)**

#### **Session I**

Experienced Waukee English instructor with Master's Degree in Education and 16 years of ACT test prep experience will review grammar, punctuation, sentence and paragraph structure, and style. An emphasis will be placed on finding the shortcut on the English test as well as test-taking tips for this particular section of the ACT. Students will also review the reading test, types of passages, time management suggestions, and how to approach the reading exam. Students will complete a total of 7.5 hours of review. Please purchase the class workbook separately online

through Community Ed\*\*. This is the same book being used for the Science & Math review courses.  
Instructor: Ann Hanigan

**F1323** Times and TBD, will lead up to the fall/winter testing dates of October 26th and December 14th.  
Waukee High School Room 363  
Tuition: \$85

### **ACT Prep: English & Reading (Grades 9-12)**

#### **Session II, Session III**

Experienced Waukee English instructor with Master's Degree in Education will review grammar, punctuation, sentence and paragraph structure, and style. An emphasis will be placed on finding the shortcuts on the English test as well as test-taking tips for this particular section of the ACT. Students will also review the reading test: types of passages, time management suggestions, and how to approach the reading exam. Students will complete a total of 7.5 hours of review. Please purchase the class workbook separately online through Community Ed\*\*. This is the same book being used for the Science & Math review courses.  
Instructor: Adam Werley

**F1324** M-F 3:15 - 4:45pm  
October 14th - October 18th  
Waukee High School Room 404  
Tuition: \$85

**F1371** M-F 3:15 - 4:45pm  
December 2nd - December 6th  
Waukee High School Room 404  
Tuition: \$85

### **ACT Prep: Math (Grades 9-12)**

Instructor has 13 years of experience in teaching high school math in Waukee. This class will focus on test-taking strategies for the math portion of the ACT. Students will review math



concepts commonly found on the ACT and take and discuss several practice exams. Fee includes a workbook. Please purchase the class workbook separately online through Community Ed\*\*. This is the same book being used for the Grammar, Science, and Reading review courses.  
Instructor: TBD

**F1326** Times and TBD, will lead up to the fall/winter testing dates of October 26th and December 14th  
Waukee High School Room 661  
Tuition: \$85

### **ACT Prep: Science (Grades 9-12)**

Instructor has Master's Degree in Education, experience in teaching ACT test preparation, and high school science teaching experience for eleven years in Waukee. This class will focus on test-taking strategies for the science portion of the ACT. Students will review science concepts commonly found on the science portion of the ACT: Charts and Graphs, Experiments, and Fighting Scientists. Students will take and discuss several practice exams during this review. Please purchase the class workbook separately online through Community Ed\*\*. This is the same book being used for the Grammar, Math and Reading review courses.  
Instructor: Dan Briggs

**F1325** Saturday 8:45am - 12:30pm  
October 5th and October 19th  
Waukee High School Room 724  
Tuition: \$85

### **\*\*ACT Prep: Workbook**

The Princeton Review "Cracking the ACT 2013 Edition" This is the workbook being used for all of the Waukee Academy ACT Prep courses. To receive the book through Community Ed, please enroll using the course number F1370 in addition to enrolling in

your chosen ACT Prep course.

### **F1370 Workbook only**

Cost: \$12

### **Balloon Twisting (Grades 4-8)**

Have you ever wanted to make things from balloons? In this class you will learn to create basic balloon animals, hats, and other fun things! All teaching will be hands-on learning. The instructor has taught ballooning for 6 years. All supplies are provided by the instructor. For students in grades 4-5 and 6-8.

Instructor: Christine Carroll

Grades 4 - 5

**F1327** Thursday 3:50 - 5:20pm

November 7th

Maple Grove Elementary

Tuition: \$15

Grades 6 - 8

**F1328** Thursday 3:05 - 4:35pm

November 14th

South Middle School

Tuition: \$15

### **Bricks 4 Kidz:**

#### **After School**

#### **Sessions**

#### **(Grades (K-5))**

Bricks 4 Kidz® offers project-based programs designed to teach principles and methods of engineering and architecture, as well as concepts across a variety of subject areas including math, science, and history using LEGO® bricks. The activities are designed to trigger a child's lively imagination, encourage problem solving and enable children to learn not only by listening and observing, but also by using their fine motor skills and spatial intelligence. Participants build a new project each week. Best for students grades K-5th grade. Students of any age are welcome. Instructor: Bricks 4 Kidz staff



### **Session 1: Construction Craze**

Put on your hardhat and head on over to our construction site! Make your own motorized models of tools-of-the-trade from a hand-held power drill and power saw to a tough, all-terrain bulldozer and dump truck. Would you be surprised to learn that one of these objects has a history stretching from the Stone Age to the Space Age?

#### **Session 1**

**F1329a** Monday 3:50 - 4:50 pm

September 16th - October 7th

Walnut Hills Elementary

Tuition: \$39

**F1329b** Tuesday 3:50 - 4:50 pm

September 17th - October 8th

Waukee Elementary

Tuition: \$39

**F1329c** Thursday 3:50 - 4:50 pm

September 19th - October 10th

Maple Grove Elementary

Tuition: \$39

### **Session 2: Exploring the Everglades**

On our Bricks 4 Kidz "tour" of the Florida Everglades you can build an alligator with a mouth that opens and closes, an airboat to speed across the water, and a bird with wings that flap up and down. This unique and fragile ecosystem is the only sub-tropical preserve in North America, and students will also learn a little about what

*Community  
Education  
Thanks  
You!*



Community Education has been awarded a 2013 Prairie Meadows Community Betterment Grant! The grant totals \$3,000 and provides youth scholarships for qualified Waukee students to attend CE classes. Community Education would like to say **THANK YOU** to Prairie Meadows for their generous support of our students and programs!

makes it such a special place.

### **Session 2**

**F1330a** Monday 3:50 - 4:50 pm

October 21st - November 11th

Shuler Elementary

Tuition: \$39

**F1330b** Tuesday 3:50 - 4:50 pm

October 22nd - November 12th

Eason Elementary

Tuition: \$39

**F1330c** Thursday 3:50 - 4:50 pm

October 24th - November 14th

Woodland Hills Elementary

Tuition: \$39

### **Bricks 4 Kidz Kidz Night Out**

#### **(Grades K-5)**

Bricks 4 Kidz Night

Out is an evening of

creative FUN sure to please kids and their parents! Three hours of LEGO activities including loads of free play LEGOS, motorized models, zip-line races, board games, organized games and challenges, and LEGO movies, videos and more. Bring them hungry! We will provide pizza and a beverage. No need to worry about dinner for the kids! Each Night Out event will feature different LEGO-themed building stations that may include LEGO Friends, City, Ninjago, and Star Wars themes. Our event is great for kids ages 4-12, so leave them with us and enjoy a night out! You'll feel great knowing your kids are in a safe, enriching environment and the kids will be happy to have an evening of fun dedicated to them!

Instructor: Bricks 4 Kidz staff

**F1331 (Single Child)**

**F1331s (Child & Sibling)**

Friday 6:00 - 9:00pm

September 13th

Prairieview School

Tuition: \$28 (single child)

\$44 (child & sibling)





**F1332 (Single Child)  
F1332s (Child & Sibling)**

Friday 6:00pm - 9:00pm  
October 25th  
Prairieview School  
Tuition: \$28 (single child)  
\$44 (child & sibling)

**F1333 (Single Child)  
F1333s (Child & Sibling)**

Friday 6:00pm - 9:00pm  
December 6th  
South Middle School  
Tuition: \$28 (single child)  
\$44 (child & sibling)

**Introduction to  
Music/Piano  
(4-5 year-olds)**



"Will my child like music?" Parents want to introduce many exciting activities to their children to see where their interests lie. This class is designed to introduce 4-and 5-year-old children to music and the piano in a fun and exciting way. Class objectives include singing, listening, movement, rhythm and beginning activities at the keyboard. Class will be held in a small group setting at Arrow Academy of Music in Urbandale. Class fee includes an instruction/coloring book.  
Instructor: Arrow Academy of Music

**F1334** Friday 4:15 - 5:00pm  
October 25th - November 15th  
Arrow Academy (Urbandale)  
Tuition: \$60

**Mad Science: NASA Space!  
(Grades K-3)**

Take advantage of Early-Out Wednesdays by having a science camp-like afternoon for your child that will engage them at all times! Age-appropriately modified for Kindergarten, 1st, 2nd & 3rd Grades. This programming was co-designed and co-developed with NASA itself. This allows your child to learn at their age what

the world's experts know as most important to becoming a future space explorer! NASA employs over 50,000 people between itself and contractors devoted exclusively to NASA. This includes astronauts, chemists, doctors, engineers, lawyers, physicists, other scientists, secretaries, teachers and more! Invest in your child's future. Specific topics Mad Science will cover are: Living in Space; Planets & Moons; Rocket Science; Space Technology; Space Travel; and, Sun & Stars. Just \$69.00 for six great topics ... three each Wednesday!

**Registration is limited to the first 18 students in grades K-3.**

Cost includes all supplies and take-homes.  
Instructor: Mad Science of Iowa

**F1335** Wednesday 1:55 - 5:15 pm  
September 11th & September 25th  
Shuler Elementary  
Tuition: \$69

**F1336** Wednesday 1:55 - 5:15 pm  
October 9th & October 23rd  
Brookview Elementary  
Tuition: \$69

**F1337** Wednesday 1:55 - 5:15 pm  
November 6th & November 13th  
Waukee Elementary  
Tuition: \$69

**F1338** Wednesday 1:55 - 5:15 pm  
November 20th & December 11th  
Maple Grove Elementary  
Tuition: \$69

**PSAT Prep  
(Grades 9-12)**

The Preliminary-SAT (PSAT) is essentially the same test as the SAT, without the essay component. Students who take the PSAT exam generally do so for one of two reasons: To compete for the prestigious National Merit Scholarship or to gain realistic practice for the SAT



college admissions test. This test-preparation seminar provides students with highly effective tips and strategies to prepare them for success on the PSAT (as well as the SAT), regardless of their motivation for taking the exam. Students who take this seminar – and practice the tips and strategies at home – typically raise their PSAT scores by 5 to 15 points and their SAT scores by 50 to 150 points. Also included, students will take shortened practice tests, receive a comprehensive study guide, and practice-test workouts with answer explanations, reduce their test anxiety, and gain confidence. All materials are included in the registration fee. Instructor: ZAPS Learning Company

**F1310** Mon. & Tues. 6:30 - 9:00pm  
September 23rd & 24th  
Waukee High School  
Tuition: \$89

*What Waukee  
Academy parents  
are saying:*

*"My child seemed to really enjoy this class and learned a lot while attending. I think it was nice that the class size was kept small for more individual learning." (Mad Science)*

*"Thank you for offering this class!" (Babysitter's Training)*

*"Love the B4K events. Such a great way for the kids to spend an evening. Educational and fun!" (Bricks 4 Kidz - Kidz Night Out)*

*"The Waukee Academy provides excellent opportunities for your children outside the school curriculum. My children have enjoyed each of the classes they have taken."*

## Road Warriors Running Club (Grades 6 & 7)

The Road Warriors Running Club is for 6th and 7th grade girls and boys interested in learning about and participating in distance running activities. It is for all levels of runners from beginner to experienced. Athletes will complete distance workouts as well as learn about proper nutrition and healthy lifestyles. Athletes will also have opportunities to enter local road races (separate fees) as a team. A Road Warriors running shirt is included in the cost of the camp. Enrollment after August 25th will incur additional charges if you would like a shirt. Taught by Waukee High School Teacher & Cross Country Coach, Stephanie Grothouse.

**SS1304** M, T, & TH 3:20 - 4:20pm  
August 19 - October 10th  
Centennial Park (Picnic Shelter)  
Tuition: \$85

## Safe Sitter: Babysitter's Training (Ages 11-15)



Safe Sitter prepares young adolescents for the responsibilities of nurturing and protecting children. Participants will learn: how, why, and where injuries happen so so they can be prevented from happening in the first place, how to get help if they need it, how to keep themselves safe when babysitting, how a child's age affects how to care for them, how to prevent problem behavior, and how to rescue a choking infant or child. The class

will include hands-on manikin practice in rescue skills, small group interactive learning, role-playing, and games. At the end of each section, each participant must pass a written exam proving they understand the key concepts. Students must also demonstrate their skills in care of the choking infant/child and in infant/child CPR. Upon successful completion, students will receive a Safe Sitter certification card. Students will also keep their handbook. Please bring a sack lunch.  
Instructor: Safe Sitter staff

**F1339** Saturday 9:00am - 4:00pm  
November 9th  
Waukee Elementary  
Tuition: \$49

**F1340** Saturday 9:00am - 4:00pm  
November 23rd  
Maple Grove Elementary  
Tuition: \$49

**F1341** Saturday 9:00am - 4:00pm  
December 7th  
Waukee Elementary  
Tuition: \$49

**F1342** Saturday 9:00am - 4:00pm  
December 14th  
Maple Grove Elementary  
Tuition: \$49

## Technology Student Association: New Students (Grades 9-12)

The Technology Student Association fosters personal growth, leadership, and opportunities in technology,

innovation, design, and engineering. Students integrate science, technology, engineering and mathematics concepts through co-curricular activities, competitive events and related programs. By participating in TSA's competitive events, students gain a broader understanding of these specific content areas, and at the same time experience the satisfaction that comes from applying them to real-life problem solving situations. Cost includes state and national dues, local and state competition entrance fees, project materials, and Waukee TSA t-shirt. Group will meet once per week on Monday mornings throughout the school year. Group is led by Prairieview Industrial Technology teacher, Jeremy Cooper.

**This registration is for  
NEW TSA students only.**

**F1343** Monday 7:30 - 7:50am  
August 26th - May 5th  
Prairieview School Room 605-4  
Tuition: \$184

## Technology Student Association: Returning Students (Grades 9-12)

The Technology Student Association fosters personal growth, leadership, and opportunities in technology, innovation, design, and engineering. Students integrate science, technology, engineering and mathematics concepts through co-curricular activities, competitive events and related programs. By participating in TSA's competitive events, students gain a broader understanding of these specific content areas, and at the same time experience the satisfaction that comes from applying them to real-life problem solving situations. Cost includes state and national dues, local and state competition entrance fees,

Healthy, vibrant communities are Learning Communities. Community Education contributes to this vibrancy by providing opportunities for all ages to Learn, Serve, and Thrive. Community Education partners with business, civic, and community organizations to create lifelong learning and service opportunities for individuals, families, and neighborhoods.

For more information, go to [www.waukee.k12.ia.us/communityeducation](http://www.waukee.k12.ia.us/communityeducation)  
or please call us at 515-987-2761.

project materials, and Waukee TSA t-shirt. Group will meet once per week on Monday mornings throughout the school year. Group is led by Prairiview Industrial Technology teacher, Jeremy Cooper.

**This registration is for RETURNING TSA students only.**

**F1344** Monday 7:30 - 7:50am  
August 26th - May 5th  
Prairiview School Room 605-4  
Tuition: \$154

**Warrior Power Performance (Grades 6-8)**

Warrior Power Performance Camp is an introduction to strength and conditioning training for incoming 6-8 grade students. The camp focuses on developing an athlete's linear & lateral speed, quickness, strength, power, flexibility, mobility, and endurance by focusing on a variety of fun, challenging, and competitive exercises and activities. Taught by Waukee High School Strength and Conditioning Coach. Registration fee includes t-shirt.  
Instructor: Jay Dahl

**F1345** Tues. & Thurs. 4:45 - 5:45pm  
September 3rd - October 24th  
Waukee High School Fitness Center  
Tuition: \$49

**Waukee Invitational Cross Country Mile Run (Grades 3-7)**

Join the excitement of a true cross-country experience! Participants will run a one-mile course on the grounds of Eason Elementary School. The top three place winners in each grade level receive a medal and all runners receive a ribbon. A traveling trophy is awarded to the elementary school with the top finishers. Spectators are encouraged to line the course and cheer for all of the runners. This event is open to all third through seventh grade students attending Waukee Schools.

Race times:

- 3-4 grade girls: 4:30 PM
- 3-4 grade boys: 4:45 PM
- 5-6 grade girls: 5:00 PM
- 5-6 grade boys: 5:15 PM
- 7 grade (all): 5:30 PM

Rain date is Thursday, October 3rd. Participants are encouraged to bring a water bottle and arrive at least 10 minutes prior to their race time.

Coordinator: Missy Brush.  
Contact Missy with questions at [mbrush@waukeeschools.org](mailto:mbrush@waukeeschools.org)

Monday September 30th  
See race times above

- 3-4 grade girls: **F1346a**
- 3-4 grade boys: **F1346b**
- 5-6 grade girls: **F1346c**
- 5-6 grade boys: **F1346d**

7 grade (all):  
Eason Elementary  
Tuition: \$3

**F1346e**

**Additional K-12 Opportunities**

**Tutoring**

Are you looking for extra one-on-one instruction for your student? Waukee has it! We have full-time teaching staff that are available to tutor. Please e-mail the Community Education office at [communityed@waukeeschools.org](mailto:communityed@waukeeschools.org) for more information.



**Registration is open now!**

Visit our Website:  
[www.waukee.k12.ia.us/communityeducation](http://www.waukee.k12.ia.us/communityeducation)



**SYMPHONY ACADEMY PROGRAM: Private String & Piano Lessons with the DM Youth Symphony**

The Des Moines Symphony Academy is delighted to continue offering private string and piano instruction to any interested student in the Waukee School District. Beginners at any age are welcome. All private lessons are given outside of the school day in district buildings and are taught by Des Moines Symphony Academy faculty members Sydney Gerritsen, violin, and David Rubin, piano.

*"As a teacher, bringing private violin instruction from the Des Moines Symphony Academy to Waukee and getting to know the participating students and their families has been a wonderful experience. I believe that this program is a great opportunity for students in Waukee because they are being given the chance to study with Symphony Academy faculty right in their own community."* – violin teacher Sydney Gerritsen

- (5) lessons = \$141.63
- (10) lessons = \$283.25
- (15) lessons = \$424.88



For more information on these lessons, please contact Joshua Barlage, Symphony Academy Managing Director, at 515-280-3332 or [joshua@dmsymphony.org](mailto:joshua@dmsymphony.org) OR to register for lessons with Waukee Community Education, call 515-987-2761 or e-mail [communityed@waukeeschools.org](mailto:communityed@waukeeschools.org)



# The Silver Cord Program



The purpose of the Waukee Silver Cord Program is to instill within the students the importance of community service, and encourage students to be accountable for investing in their own education and in the community on a regular basis during their school years.

The silver cord is a cord worn at the graduation ceremony to celebrate the accomplishments of students who actively participated in community service during their time at Waukee.

For more information, please visit the Community Education website at [www.waukee.k12.ia.us/communityeducation](http://www.waukee.k12.ia.us/communityeducation)



# WAUKEE COMMUNITY EDUCATION REGISTRATION FORM

Participant Name \_\_\_\_\_

D. O. B. \_\_\_\_/\_\_\_\_/\_\_\_\_ Gender \_\_\_\_\_ Waukee Community School District Resident? Yes  No

Address \_\_\_\_\_ City \_\_\_\_\_ State/ZIP \_\_\_\_\_

Phone (day) [\_\_\_\_] - \_\_\_\_ (evening) [\_\_\_\_] - \_\_\_\_ (cell) [\_\_\_\_] - \_\_\_\_

Email: \_\_\_\_\_

School & Grade in 2013-14 (if student): \_\_\_\_\_

Parent's Name (if applicable): \_\_\_\_\_

Special Accommodations/Allergies/Health Concerns? Yes  No  If Yes, please specify: \_\_\_\_\_

How did you hear about us?  Program Guide  Newspaper  Website  Friend  Flyer  Email  Other: \_\_\_\_\_

Method of Payment  MasterCard  VISA  Discover  Check (No. \_\_\_\_\_) *Please make checks payable to Waukee Community Schools*

Name on Card \_\_\_\_\_

Card No. \_\_\_\_ - \_\_\_\_ - \_\_\_\_ Exp. Date \_\_\_\_/\_\_\_\_ Signature \_\_\_\_\_

Program Name \_\_\_\_\_ Program Code \_\_\_\_\_ Date(s) \_\_\_\_\_ Time(s) \_\_\_\_\_ Fee \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

***\*Community Education reserves the right to utilize photos and the names of participants for publicity purposes. Participants desiring their names/photograph not to be used for publicity must notify Community Education in writing at the time of registration.***

## CONSENT AND RELEASE FORM

I am aware that my or my child's participation in this Program is completely voluntary and that I, or my child, may cease participation in the Program at any time. I also understand that I, or my child, may be removed from participation in the Program at any time, at the discretion of the District, for failure to follow District policies, rules or procedures with regard to the Program participation.

I understand that participation in the Program may expose me, or my child, to some risk. Understanding that certain dangers and risks are associated with participation in the Program, and in consideration of my or my child's desire to participate in the Program, I agree to participate in this Program or grant permission for my child to take part in this Program.

I authorize designated Program personnel and staff to exercise necessary authority to protect, render medical attention, discipline, and control me, or my child, as they may deem necessary. My permission is also given for me, or my child, to receive emergency medical treatment in case of injury or illness. I further understand that the District does NOT carry health/accident insurance to cover participants in the Program and, thus, I am responsible for any medical expenses not covered by my, or my child's, insurance policy.

Understanding the potential risks involved in my, or my child's, participation in the Program, I, acting for myself, my heirs and assigns, do hereby release, absolve and forever discharge the Waukee Community School District, its Board of Directors, officers, employees, representatives, agents and chaperones, individually and collectively from, and agree to hold them harmless against, any and all liability, including claims at law or in equity, for any accident or injury, fatal or otherwise or for any property loss or damage which may result from my, or my child's, participation in the Program.

Participant Signature (REQUIRED) \_\_\_\_\_

Parent/Guardian Signature (if participant is under 18 years of age) \_\_\_\_\_

## 5 Easy Ways to Register

### Online

Go to: <http://www.waukee.k12.ia.us/communityeducation>. Then click "Online Registration."

### By Phone

Call 987-2761 between 8:00am and 4:00pm to pre-register for classes.

### In Person or by Mail

Bring your completed registration form in person, or mail to 560 SE University, Waukee, IA 50263. Our office hours are 8:00am–4:00pm, Monday through Friday. Make checks payable to Waukee Community Schools.

### By Fax

Fax your completed form with your complete credit card number and expiration date to 515-987-2701 between 8:00am and 4:00pm.

### Register Early

Please Note! Instructors need to know how many students will be attending to help them plan materials. Some classes fill quickly and have size limits. Late registration may cause a class to be cancelled due to low enrollments, so please sign up as soon as possible.

### Pre-Registration

Please pre-register for all classes or call ahead for availability as some classes have enrollment limits. Also, pre-registration

requires payment. We aren't able to just "hold a seat" for you. Thank you for understanding.

### Confirmations

Once you have submitted your registration form, you are registered for the class unless we notify you otherwise. To help keep our classes reasonably priced, we do not send out confirmation notices by mail. If you register online, you do receive an e-mail confirmation.

### Changes/Cancellations

You will be notified by e-mail if there are any changes in your class or if a class is cancelled. Please make sure we have your e-mail address so we may contact you. We will notify you at least 24 hours prior to the first class.

### Weather Closings

Continuing Education classes are automatically cancelled when Waukee Schools are closed due to weather. Cancelled classes will be rescheduled if possible. WATCH LOCAL NEWS PROGRAMMING FOR DISTRICT CLOSURES.

### Class Participants with Special Needs

If you need any special accommodations, please let us know when registering.

**REGISTRATION OPEN NOW!**

## Refunds & Cancellations

Requests for refunds must be made before the second meeting of a multi-session class, program, or activity. When a timely refund request is submitted, an \$8 administrative fee will be deducted from the original amount paid by the participant.

Refund requests for a single-session class, program, or activity must be made 48 hours prior to the class session. A \$5 administrative fee will be deducted from the original amount paid by the participant.

Waukee Community Education reserves the right to cancel classes if there is insufficient enrollment. Should that occur, full refunds will be given.

## Be part of Community Ed!

Do you have an interesting skill, craft or hobby you would like to share with our community? Please call 515.987.2761 or visit:

**[www.waukee.k12.ia.us/  
communityeducation](http://www.waukee.k12.ia.us/communityeducation)**

Look for Waukee Academy  
flyers in Waukee Backpack.

View backpack online at  
[http://blogs.waukee.k12.ia.us/  
waukeebackpack/](http://blogs.waukee.k12.ia.us/waukeebackpack/)



## Facility Reservations

Are you looking to reserve school district facility space?

Do you want to know more about what is going on in the school district?

Visit our on-line calendar at [www.waukee.k12.ia.us](http://www.waukee.k12.ia.us) and stay connected with the district, as well as submit your facility request on-line.

The Waukee Community School District actively seeks to respond to the educational, recreational and cultural needs of its total community through the total resources of the community schools. Community Education schedules the use of district facilities before and after school, during evenings, weekends, and school breaks.

Questions? Contact Community Education at 515-987-2761 or  
[communityed@waukeeschools.org](mailto:communityed@waukeeschools.org)

## City Offices

### Waukee Police

1300 L.A. Grant Parkway  
Phone: 987-1073  
Emergency: **911**  
24-hour line: 993-4567

### Waukee Fire Department

1300 L.A. Grant Parkway  
Phone: 987-4712  
Emergency: **911**

### Parks and Recreation

805 University Avenue  
Phone: 978-0007

### Waukee Public Works

805 University Avenue  
Phone: 987-4363

### Waukee City Hall

230 W. Hickman Rd.  
Phone: 987-4522

### Waukee Public Library

950 Warrior Lane  
Phone: 987-1280

### Waukee Community Center

445 Maple Street  
Phone: 987-8390

## Civic Contacts

### 4-H

Sandy Bland..... 515-987-8160

### American Legion

Jay Oxenford .....515-480-0733

### American Legion Auxiliary

Sue Cline..... 515-987-3046

### Boy Scouts

www.waukeetroop178.com

Kurt Sundermann .....515-987-1841

### Crime Stoppers

Lynn Hakenson .....515-987-4162

### Cub Scouts

Kurt Sundermann .....515-987-1841

### Friends of the Library

Bill Mueller .....515-457-9122

### Garden Club

Bev Pous ..... 515-367-2648

### Girl Scouts

Please visit: [www.girlscoutsiowa.org](http://www.girlscoutsiowa.org)

### Optimist Club

www.waukeeothers.org

Scott Gustafson ..... 515-865-1829

### Plus 50 Club

Delores Betchold ..... 515-987-5981

### Rotary Club

Sue Rasmussen ..... 515-223-4841

### VFW

Richard Kroemer ..... 515-987-8780

### Vision Soccer Academy

www.visionsocceracademy.com  
Office.....515-978-8040

### Walnut Creek Little League

E-mail inquiries to: [jhender518@aol.com](mailto:jhender518@aol.com)

### Wau-Tri-Kee

Charlene Beichley .....515-987-1063

### Waukee Girl's Softball

Parks & Recreation.....515-978-0007

### Waukee Area Chamber of Commerce

www.waukeechamber.com

Melinda Behn ..... 515-978-7115

### Waukee Area Arts Council

www.waukeearts.org

Karen Dluhos..... 515-402-7870

### Women's Club (Day Meetings)

Fran Jolliffe ..... 515-987-4607

### YMCA

www.dmymca.org

Eric Kress ..... 515-987-9996

Is there additional community information that you would like to see included on this page?

If so, please let us know at 987-2761 or e-mail:

[communityed@waukeeschools.org](mailto:communityed@waukeeschools.org)



## Beyond the Bell

Waukee Community Schools



**Beyond the Bell** is a before and after school program for elementary school students operated by the Waukee Community School District. Offered at Maple Grove, Shuler, Walnut Hills, and Woodland Hills (beginning in fall 2013) Elementary Schools. Beyond the Bell provides children with a safe, fun, and positive environment to develop cognitive, social, and physical skills.

### Beyond the Bell 2013/2014 School Year

Children can get help with homework, play games in the gym, do crafts, enjoy the great outdoors, learn about eating healthy, and much, much more at Beyond the Bell. Beyond the Bell is open from 6:30 – 8:40 before school and open from 3:40 – 6:00 after school. Enrollment is available at all 4 sites for the current school year.

**Please visit: [www.waukee.k12.ia.us/our-district/community-education/child-care-services/elementary-beyond-the-bell](http://www.waukee.k12.ia.us/our-district/community-education/child-care-services/elementary-beyond-the-bell) for schedules, enrollment, and up-to-date information.**

# Map and Facility Addresses

**Check us out on Facebook!**  
[www.facebook.com/WaukeeCommEd](http://www.facebook.com/WaukeeCommEd)



**Brookview Elementary**  
 8000 Ep True Parkway  
 West Des Moines, IA 50266

**Eason Elementary**  
 605 Boone Drive  
 Waukee, IA 50263

**Maple Grove Elementary**  
 1455 - 98th Street  
 West Des Moines, IA 50266

**Prairieview**  
 655 SE University Ave  
 Waukee, IA 50263

**Shuler Elementary**  
 16400 Douglas Pkwy  
 Clive, IA 50325

**South Middle School**  
 2350 SE LA Grant Pkwy  
 Waukee, IA 50263

**Vince Meyer Learning Center**  
 430 Ashworth Drive  
 Waukee, IA 50263

**Walnut Hills Elementary**  
 4240 - 156th Street  
 Urbandale, IA 50323

**Waukee Elementary**  
 850 - 6th Street  
 Waukee, IA 50263

**Waukee Fire Station**  
 1300 SE LA Grant Pkwy  
 Waukee, IA 50263

**Waukee High School**  
 555 SE University Ave.  
 Waukee, IA 50263

**Waukee Middle School**  
 905 S Warrior Lane  
 Waukee, IA 50263

**Waukee School District Office**  
 560 SE University Ave.  
 Waukee, IA 50263

**Woodland Hills Elementary**  
 1120 South 95th Street  
 West Des Moines, IA 50266



**DISTRICT MISSION**  
 Dedicated to optimizing learning  
 and potential for success in a global  
 community.

**BOARD OF EDUCATION**  
 Susan Bunz (President)  
 Dave Duncan, Larry Lyon,  
 Jerry Ripperger, Mary Scheve,  
 Tracy Lepeltak, Russ Wiesley,  
 Dr. Dave Wilkerson (Superintendent)

## NON-DISCRIMINATION STATEMENT

It is the policy of the Waukee Community School District not to illegally discriminate on the basis of race, color, national origin, gender, disability, religion, creed, age (for employment), marital status (for programs), genetic information (for employment), sexual orientation, gender identity and socioeconomic status (for programs) in its educational programs and its employment practices. There is a grievance procedure for processing complaints of discrimination. If you have questions or a grievance related to this policy please contact the district's Equity Coordinator, Mr. Terry Welker, Director of Human Resources, 560 SE University Avenue, Waukee, IA 50263. Phone number: 515-987-5161; or to the Director of the Iowa Civil Rights Commission, Des Moines, Iowa; or to the Director of the Region VII Office of Civil Rights, Department of Education, Chicago, Illinois. The Waukee Community School District complaint procedure in its entirety is located in the Board of Directors' Policy Manual. Procedures for staff are outlined in Board policy 405.5. Procedures for parents, students and community members are referred to in Board policy 502.9 and 1003.3. Copies of the Policy Manual are located in each Principal's office, the Administrative Office, the Waukee Public Library and the District's website, <http://www.waukee.k12.ia.us>.