

WORKFORCE DEVELOPMENT

FOCUS ON TRAINING



COMMUNITY EDUCATION

PERSONAL ENRICHMENT



Project Development and Grantwriting

This 8-hour training will cover how to discover better ways to target your programming to the needs of your organization and the people you serve; learn a system to plan and track your project's activities; and receive instruction that will aid you in composing engaging and successful grant applications, as well as tips on finding funding agencies that suit the goals and mission of your organization.



Tuesdays & Thursdays evenings, March 17, 19, 24, & 26, 2015 Instructor: Misty Springer; 6-8 pm at WWCC-Green River Center; Cost: \$110



formerly Red Desert Trauma Conference

Red Desert EMS & Rescue Conference May 1st & 2nd, 2015 PHTLS Pre-conference – April 29th & 30th

Check it out on our website:

www.westernwyoming.edu/workforce

or follow us on Facebook (Facebook logo??)

Team 2.0 – Together Everyone Accomplishes More - June 4, 2015

Action-packed ½ day workshop with proven strategies and techniques to help everyone in the company build teamwork and reduce employee turnover.

Contact Rock Springs Chamber of Commerce at 362-3771 for information & to sign up.

Bill Drury is on a mission to help businesses win and retain customers. He researches, writes, speaks, and travels extensively. Bill has proven to be one of the most effective and entertaining speakers in the industry; noted for his humorous and enthusiastic presentations. He believes learning must be fun to be productive. His presentation will enhance your organization's ability to compete in the rapidly changing business world of today.



Brought to you by partnership:



Table of Contents

Computer Page 2

Access Basic 2010	3/17/15
Access Intermediate 2010	3/24/15
Excel Basic 2010	2/12/15
Excel Intermediate 2010	2/19/15
Quickbooks 2015 Level 1	1/23 or 4/17/15
Quickbooks 2015 Level 2	1/30 or 4/24/15
Designing Dynamic PowerPoint 2010	5/19/15
Word 2010	4/16/15

Professional Development Page 2 & 3

Business Writing	3/31/15
Conflict Resolution	4/14/15
Customer Service	5/7/15
Time Management	2/24/15
Project Development & Grantwriting	3/17, 19, 24, & 26/15

Driving Page 3

Check calendar for dates:
<http://westernwyoming.edu/workforce>

Defensive Driving	
Winter Driving	
Off-Road Driving	
Commentary Driving	

Energy Services Page 3 - 5

Check calendar for dates:
<http://westernwyoming.edu/workforce>

- PEC Basic Orientation (Safeland)
- General Industry Safety I (OSHA)
- H2S Annual Certification
- H2S Fit Testing
- Control of Hazardous Energy (Lockout/Tagout) for:
 - Employees (4-hr.)
 - Supervisors (8-hr.)
- Confined Space
- Fire Extinguisher Training
- Forklift
- HazWoper
- HazWoper Annual Refresher
- Asbestos
- Silica Awareness
- Bloodborne Pathogens
- Fall Protection
- HazMat (Shipping Hazardous Materials) DOT 49 CRF 172.704
- Protect Your Back

Industrial Applications Page 5

Check calendar for dates:
<http://westernwyoming.edu/workforce>

National Electrical Code Update	June, 2015
---------------------------------	------------

Medical Page 5 & 6

Principles of Phlebotomy	1/12/15 – 5/6/15
Phlebotomy Practicum	1/12/15 – 5/6/15
Advanced Cardiac Life Support (ACLS)	4/17 – 4/19/15
EMR (Emergency medical Responder)	2/3/15 - 5/2/15
Pediatric Advanced Life Support (PALS)	5/8 – 5/10/15
CPR-BLS for Healthcare Providers (AHA)	
First Aid-Heartsaver (AHA)	
CPR & First Aid – National Safety Council (NSC)	

Mine Safety & Health Admin.(MSHA) Pages 7-8

Check calendar for dates:
<http://westernwyoming.edu/workforce>

Surface New Miner	offered twice monthly
Surface Annual Refresher	offered twice monthly
Underground New Miner	offered twice monthly
Underground Annual Refresher	offered once monthly
Experienced Miner	upon request

Ed2go Online Page 9

Classes begin third Wednesday of each month

Gaitlin Online Page 10

Classes begin anytime

Cash for Classes Page 11

Registration Information & Form Page 12

**Registration continues until the course begins unless the class fills or is cancelled.
 To avoid cancellation, please register at least 7 days prior to the start date. Check our website at:
www.wvcc.wy.edu/workforce or call 307.872.1326 for the latest information.**

Need **PTSB** recertification credit? Call 307-872-1326 for qualifying class.

A Continuing Education Unit (CEU) is defined as “ten contact hours of participation or equivalent in an organized continue education experience under responsible sponsorship, capable direction and continue qualified instruction” Most non-credit classes at Western Wyoming Community College include the award of CEU’s.

SPRING 2015 WORKFORCE DEVELOPMENT SCHEDULE

Computer Classes

Access 2010 Basic

Create an Access database, build and modify tables, and manipulate data within a table. Create and use forms, build and modify select queries, and use different methods to generate reports.

Tuesday, March 17, 2015;

8am-4pm; WWCC-GR Center 104;

Instructor: Teresa Shafe; NCCMP 108 T1 \$125

Access 2010 Intermediate

Expand on the power of Access by learning more about relations in databases, using lookup fields in related tables, and using advanced queries. Make your forms and reports easier to use by including calculations, graphics, combo boxes and charts. Other topics include PivotTables and PivotCharts.

Tuesday, March 24, 2015;

8am-4pm; WWCC-GR Center 104;

Instructor: Terese Shafe; NCCMP 109 T1 \$125

Excel 2010 Basic

Learn the many shortcuts and timesaving features in Excel. Start by learning the basics of setting up a worksheet and modifying it, then adding formulas, functions and formatting. You will also learn to create charts and work with large workbooks. Little tricks in Excel can save a lot of time and work!

Thursday, February 12, 2015;

8am-4pm; WWCC-GR Center 104;

Instructor: Terese Shafe; NCCMP 106 T1 \$125

Excel 2010 Intermediate

Expand your knowledge of Excel by learning how to work with advanced charting and formatting, using multiple workbooks including formula linking, learning list management, documenting, auditing, web features and using templates.

Thursday, February 19, 2015; 8am-4pm;

WWCC-GR Center 104; NCCMP 107 T1

Instructor: Terese Shafe \$125

QuickBooks 2013 Level 1

Learn the basics of QuickBooks, including customer transactions, vendor transactions, banking, and creating your company file. Backing up your file and restoring it will also be covered. Students using other recent versions of QuickBooks will find this course useful.

Friday, January 23 or April 17, 2015;

8:30am-12pm; WWCC-RS Rm 1430 N1;

Instructor: Phyllis Mayo; NCCMP 113 T1 \$149

QuickBooks 2013 Level 2

Level 2 teaches advanced concepts for small businesses. It illustrates the accounting that happens "behind the scenes" when a student enters a transaction.

Friday, January 30 or April 24, 2015;

8:30am-12pm; WWCC-RS Rm 1430 N1;

Instructor: Phyllis Mayo; NCCMP 117 T1 \$149

Word 2010 Basic

Create and edit professional-looking documents with ease! Learn how to move, copy, and format characters and text. More advanced topics include creating and managing tables, controlling page layout, using proofing tools and adding graphics.



Thursday, April, 16, 2015;

8am-4pm; WWCC-GR Center 104;

Instructor: Terese Shafe; NCCMP 103 T1; \$125

Designing Dynamic PowerPoint 2010

PowerPoint can be exciting! Spice up work presentations to be visually pleasing and more informative. Learn how to insert charts, format tables, or embed video or audio clips. Create a dynamic PowerPoint utilizing the various transitions and animations available.

Tuesday, May 26, 2015

8:30-11:30 am; WWCC-GR Center 104;

Instructor: Terese Schafe; NCCMP 312 T1; \$49

Professional Development

Business Writing

Many people struggle with writing, a key method of communicating in business. This training will give students a refresher on basic writing concepts and overview of the most common business documents.

Tuesday, March 31, 2015;

8am-5pm; WWCC-RS-Workforce Training Center;

Instructor: Cammie Pollastro; NCENG 106 T1; \$125

Conflict Resolution

This training will give students a seven-step conflict resolution process to use and modify to resolve conflict disputes of any size.

Tuesday, April 14, 2015;

8am-5pm; WWCC-RS-Workforce Training Center;

Instructor: Cammie Pollastro; NCBAD 207 T1; \$125

Customer Service

This training will look at all types of customers and how to serve them better and improve ourselves in the process. Students will be given a strong skillset including phone techniques, dealing with difficult customers, and generating return business.

Thursday, May 7, 2015;
8am-5pm; WWCC-RS-Workforce Training Center;
Instructor: Cammie Pollastro; NCCOM 305 T1; \$125

Time Management

Personal time management skills are essential for professional success in any workplace. This training will cover crucial strategies including personal motivation, delegation skills, organization tools and crisis management.

Tuesday, February 24, 2015;
8am-5pm; WWCC-RS-Workforce Training Center;
Cammie Pollastro; NCBAS 201 T1; \$125

Project Development and Grantwriting

Personal time management skills are essential for professional success in any workplace. This training will cover crucial strategies including personal motivation, delegation skills, organization tools and crisis management.



Tuesday & Thursday, March 17, 19, 24, & 26, 2015;
6-8 pm; WWCC-GRC, Room 204;
Instructor: Misty Springer; NCBAS 201 T1; \$110

Driving

Defensive Driving

The National Safety Council Defensive Driver Training is a 4-hour driver improvement program that offers practical strategies to reduce collision-related injuries, fatalities and costs. It addresses the importance of attitude in preventing accidents and reinforces the good driving skills students already possess. Most importantly, this course shows students the consequences of the choices they make behind the wheel. Check website training calendar.

Friday; 8 am to noon; WWCC-Workforce Training Center;
NCTTD 101 T1; \$85



Other Driving classes that can be offered or customized with specific company content:

- Winter Driving
- Off-Road Driving
- Fatigue Driving
- Commentary Driving (NSC DDC & Driving)

Energy Services

PEC Basic Orientation (Safeland)

This course is an orientation of basic safety policies and procedures, which many oil and gas operators/producers require in order to work on a well site. Using the PEC Premier Basic Orientation Workbook, students will learn the basic occupational and safety requirements for many operator/producers, acceptable worksite policies and procedures, hazardous situations, incidence reporting and emergency response plans. This course is approved for S/U grading. Must Pre-Register-Class limit 25

Monday, 2nd or 4th of each month unless holiday
7:30 am–5:30 pm; WWCC-RS-Workforce Training Center
SAFE 1561 T1; 0.5 Credit; \$185*
(Students not in the classroom by 7:45 could be denied entrance in the class.)

General Industry Safety I (OSHA)

Meets Federal OSHA Regulations
 This 10-hour program is intended to provide a variety of training on General Industry Safety and Health to entry level workers. Hazard identification, avoidance, control and prevention, along with presentation of applicable OSHA standards are covered. Mandatory topics include such things as OSH Act, General Duty Clause 5 (a)(1), Inspections, Citations, and Penalties (CFR Part 1903), Recordkeeping(CFR Part 1904), Walking and Working Surfaces (Subpart D), Exit Routes, Emergency Action Plans, Fire Prevention Plans, and Fire Protection, Subparts E & L, and Electrical, Subpart S.

Check website training calendar.
WWCC-RSC; SAFE 1551 T; 0.5 Credit; \$197*
(optional book an additional \$60)

H2S Annual Certification

This course meets the required elements of ANSI Z390.1-2006 Acceptable Practices For Hydrogen Sulfide Training Programs.

Must Pre-Register – Call 307-872-1326
Friday - Check website training calendar for dates
7 am-11:30 am; WWCC-RS-Workforce Training Center;
NCIND 202; \$95
[Optional fit testing available for an additional \$40]

H2S Fit Testing

We currently have adapters to fit test:

- 3M All Models w/ detachable filters
- Scott Full face AV2000, AV3000, Scott-O-Vista, 65, 66
- North masks including 5500, 7700, 7600, 5400, 7800, 80004, 80004S, 85400A, 85500A, 800 Series SCBA
- MSA—some models
- Spearian Survivair masks

Must be clean shaven for fit test and have a current medical evaluation for respirators. Must Pre-Register Friday - Check website training calendar for dates RS-Workforce Training Center; NCIND 203; \$40 per test

Control Of Hazardous Energy-

Lock Out/Tag Out for Employees or Supervisors

4-hour program for employees or 8-hour program for supervisors is intended to provide employees with necessary training in controlling hazardous energy in accordance with the Occupational Safety and Health Administrations (OSHA) 1910.147 standard requirements. This program will cover the hazards associated with the unexpected energization or startup of machines or equipment (release of stored energy) that could harm employees performing service or maintenance. This training provides methods for protecting employees during operations using lockout/tagout procedures in accordance with the standard.

Check website training calendar for dates.

Employees: 8am-12pm; WWCC-RS-Workforce Training Center; NCSAF 301; \$85

Supervisors: 8am-5 pm; WWCC-RS-Workforce Training Center; SAFE 2990 T1; 0.5 credit; \$145

Confined Space

Students will be introduced, in accordance with OSHA requirements, to a basic level of understanding of a confined space, common hazards and what procedures are followed prior to entering the space. Students will have the opportunity to explore an actual confined space by entering a homemade tunnel leading to a tent and led back out through an alternate tunnel.



Check website training calendar for dates.

8am-12pm; WWCC-RS-Workforce Training Center; NCSAF 306; \$135

Fire Extinguisher Training

This public education training program targets local business and industry as well as community citizens.

The BullEx Fire Extinguisher product line safely incorporates live-fire into our training program which includes actually fighting a fire using the BullEx fire extinguishers.

Check website training calendar for dates.

8am-12pm; RS Workforce Training Center NCSAF 100 T1; \$85

Forklift

The NSC “Coaching the Lift Truck Operator II Course” covers the OSHA training requirements for Pre-Start Safety Inspections, Design Considerations, Picking up the Load, Moving the Truck,



Setting down the Load, and Pedestrian Safety. Also includes a Hands-On Training Session to evaluate basic operational skills of class participants. Additional training is required to meet the OSHA Forklift Operator certification requirements for specific models and application by the employer in their working environments.

Friday - Check website training calendar for dates 1:00-5:00 pm; RS-Workforce Training Center; NCIND 920 T1; \$95

HazWoper

This Hazardous Waste Operations and Emergency Response (HAZWOPER) course will cover safety, health and other potential site hazards; use of personal protective equipment (PPE); spill containment; waste minimization; remediation; safe use of engineering controls and equipment; and a demonstration of chemical and physical properties.

Check website training calendar for dates

Monday-Thursday; April 13-16, 2015; 8am-5pm; WWCC-GRC Rm 215; SAFE 1544 T1, 2.5 credits Myra Peak; \$879*

HazWoper Annual Refresher

This refresher course is offered to any individual having prior HAZWOPER certification. This course provides the mandatory annual 8-hr. OSHA (Occupational Safety and Health Administration) training for those who work with hazardous materials. Students will cover material in the Department of Transportation Emergency Response Guidebook and the National Institute of Safety & Health Pocket Guide to Chemical Hazards.

8am-5pm; WWCC-GRC, Rm. 215;

Myra Peak, SAFE 2990 T1; \$204*

H2S Training available for additional \$25

Asbestos

This asbestos awareness program informs employees about the potential hazards associated with the presence of asbestos containing material (ACM) The major objectives of the program are to provide the participants with the ability to identify the presence and location of ACM at their facility; recognize potentially hazardous situations involving ACM; avoid and minimize disturbance of ACM through proper methods and work practices; contact appropriate personnel and follow established procedures when asbestos related concerns or emergencies arise.

Check website training calendar for dates

3 hrs.; WWCC-RS Workforce Training Center; \$80

Silica Awareness

Silica Awareness is designed to cover materials put forth by OSHA (1910) and (NIOSH) Publication No. 2012-166. This course focuses on worker exposures to silica in the air. It covers the health effects of breathing silica, recommends ways to protect workers, and teaches safety and health regulatory guidelines set by OSHA, MSHA, and NIOSH, as well as environmental standards and best management practices. The purpose of this training is to alert employees to the serious health hazards of silica dust.

Check website training calendar for dates
3 hrs.; WWCC–RS Workforce Training Center; \$80

Other Safety Classes available:
(Check website for descriptions and training dates)
<http://www.wvcc.wy.edu/workforce>

Bloodborne Pathogens
 2 hrs.; NCHLT 107; \$55

Fall Protection
 4 hrs.; NCSAF 309; \$95

HazMat (Shipping Hazardous Materials)
 DOT 49 CFR 172.704

Protect Your Back
 4 hrs.; NCSAF 210; \$69

Industrial Applications

National Electrical Code Update

This course will provide CEUs for Wyoming Licensed electricians. The course will cover 2014 electrical code changes and other industry-relevant topics such as: new, revised, relocated information affecting definitions, personnel safety, fuses and circuit breakers, grounding, wiring methods, wiring devices, industrial control panels, motors, special occupancies, special equipment & conditions, communications, circuit facts, grounding & bonding for power & electronic, review of hazardous location rules, & safety related facts & requirements: NFPA 70E, OSHA.

Friday & Saturday, June, 2015
Check website training calendar for dates
8 am-5 pm; RS Campus 1302; NCELT 106 T1; \$275



307.872.1326

Other Industrial Classes available for Contract Training:

- Basic DC Electricity for Industry
- Basic AC Electricity for Industry
- Compressed Natural Gas (CNG) Fuel System Inspector Certification
- Electrical Print Reading
- Instrumentation II for Industry
- Motor Controls
- PLC RS Logic 500 Programmable Controllers
- Fundamentals of Rigging
- Mechanical Drives
- Industrial Mechanics
- Piping for Industry
- Basic Separator & Dehydration
- Basic Alignment

Medical Classes



Advanced Cardiac Life Support (ACLS) Provider

This course is an intensive program that meets the standards of the American Heart Association (AHA) for training participants as Providers in Advanced Cardiac Life Support (ACLS). It is primarily directed toward physicians, nurses, dentists, paramedical and allied health personnel whose daily occupation demands proficiency in the knowledge and skills of ACLS. For your success, we strongly encourage to take the pre-test prior to attending class (85% or lower, then attend Friday night). Reasonable remediation with the instructor and the participant can take the test one more time. Private or further remediation is \$50 per hour. A valid CPR card is required.

Saturday & Sunday, April 18 & 19, 2015; 8 am-5 pm
WWCC-RS Campus 1328, Instructor: Larry Macy;
HLTK 1501 T1; \$225; 0.5 Credit; \$225*
Or attend this class AND Prepare for ACLS on Friday night, April 17, for only \$285 (HLTK 1502 T1, 1 Credit)

Pediatric Advanced Life Support (PALS) Provider

The goal of the Pediatric Advanced Life Support Course is to provide the student with information needed to recognize infants and children at risk for cardiopulmonary arrest, information and strategies needed to prevent cardiopulmonary arrest in infants and children and the cognitive and psychomotor skills needed to resuscitate and stabilize infants and children in respiratory failure, shock or cardiopulmonary arrest. For your success, we strongly encourage attending the Prepare for PALS class.

Saturday & Sunday, May 9 & 10, 2015;
8 am-5 pm, WWCC-RS Campus 1328; Instructor: Larry Macy
HLTK 1503 T1; 0.5 Credit; \$225**
Or attend this class AND Prepare for PALS on Friday night (May 8th) for only \$285; 6pm-9 pm; HLTK 1504 T1; 1 Credit**

CPR-BLS for Healthcare Providers –

American Heart Association (AHA)

Learn one-person, two-person, child and infant CPR, conscious and unconscious choking victim care, airway management and use of an AED. Meets American Heart Association (AHA) guidelines for healthcare providers, but everyone welcome! American Heart Association requires all students to have access to a study book prior to class. Book is available at the WWCC Bookstore located in Rock Springs. Call 307.382.1673 or visit: www.wwccbookstore.com

**Tuesday, January 6 or Thursday, January 15, or
Tuesday, March 10 or Wednesday, March 25, 2015
4 hours; WWCC-RS Campus 1328; NCHLT 103; \$55**

First Aid-American Heart Association (AHA)

Prepares the participant to respond in an emergency situation with proper assessment and care of an injured and/or ill person. Great for nurses, EMTs, CNA's, therapists, and school personnel or anyone with an interest in First Aid.

This course meets American Heart Association (AHA) guidelines for First Aid Training.

**Check website training calendar for dates.
4 hrs.; WWCC-RS Campus; NCHLT 103; \$55**

CPR & First Aid-National Safety Council (NSC)

Standard CPR & First Aid course covers topics such as Good Samaritan Law, scene safety, bloodborne pathogens, adult CPR/AED, bleeding, wound care, shock, burns, heat and cold emergencies and moving victims. All students are required to complete the hands-on portion of CPR during this class. A final written exam is given at the end of the day.

First or Third Monday of each month (unless holiday)

Check website training calendar for dates

**6 hrs; 8:00 am-3:00 pm;
WWCC-RS Campus; NCSAF 305; \$99**

EMR (Emergency Medical Responder)

The Emergency Medical Responder course is designed to prepare students to identify hazardous conditions and safely provide medical intervention for medical and trauma emergencies. This entry level training enables students to seek employment in the field of pre-hospital emergency medicine as paid or volunteer providers and provides an important professional link into other allied health professions.

Successful completion qualifies students to sit for the State of WY final exam, apply to the State of WY for EMR Certification, and be eligible to take the National Registry (NREMT) exam for the EMR level.

**Tuesdays & Thursdays, 5:30-8:30 pm; February 3 - May 2, 2015
Saturdays, 2/28, 3/28, 4/11, 4/25 & 5/2/15; 8 am-5 pm**

Instructor: Andrew Applebee

WWCC-RSC, Room 1328

HLTK 1670 T1; 4 credits, \$1150

Principles of Phlebotomy

This didactic course will introduce the student to the profession and practice of phlebotomy. Course activities and projects provide the student with knowledge and skills necessary to perform a variety of blood collection methods using proper techniques and precautions including: vacuum collection devices, syringes, capillary skin puncture, butterfly needles and blood culture specimen collection on adults, children and infants. Emphasis will be placed on infection prevention, universal precautions, proper patient identification, specimen acquisition, handling, processing, labeling, and quality assurance. Professional conduct, certification and federal regulatory issues covered as well. Successful completion of this course and Phlebotomy Practicum qualifies students to sit for their American Medical Technologists (AMT) national certification.

Pre-requirements of registration:

- Current American Heart Assoc. or Red Cross CPR card (First Aid card is optional)
- Proof of Hepatitis B vaccination or waiver

**Mondays & Wednesdays, 5:30 pm-8:30 pm;
January 12 to May 6, 2015; Instructor: Andrew Applebee;
WWCC-RSC, Workforce Training Center;
PHLB 1800 T1; 3 Credits, \$591***

Phlebotomy Practicum

This clinical laboratory practicum will introduce the student to the profession and practice of phlebotomy. Students will observe and practice phlebotomy skills and job tasks. Emphasis is placed on the performance of phlebotomy knowledge and skills learned in Principles of Phlebotomy. Patient confidentiality must be maintained at all times and professional conduct is expected and assessed as part of the student grade.

Successful completion of this course and Principles of Phlebotomy qualifies students to sit for their American Medical Technologists (AMT) national certification.

**Mondays & Wednesdays,
5:30 pm-8:30 pm
January 12 to May 6, 2015;
Instructor: Andrew Applebee
WWCC-RSC, WTC;
PHLB 1970 T1; 3 Credits, \$303***

*out-of-state tuition may apply



Mine Safety & Health Administration (MSHA)

MSHA classes are offered monthly at the Green River Center. These courses can also be scheduled and taught specifically for your employees either at your site or at the Green River Center of WWCC. Call 307. 872.1322 (Tim Warren) or 307.872.1326 (Terry Watterson) for more information.

MSHA-Surface Annual Refresher

Surface annual refresher training is mandatory retraining which allows students to maintain current MSHA certification to work in surface mines. Students must complete all New Miner course requirements which include 8 hours of actual mine site training, and provide proof of current certification before taking this course.

6:50am-4p; GR Center 200; Tim Warren; MINE 1855 T; 0.5 Credit; \$75

MSHA-Surface Annual Refresher Dates

M	T	W	TH	F
January				
		1/14		
		1/28		
February				
		2/11		
		2/25		
March				
		3/11		
		3/25		
April				
		4/15		
		4/29		
May				
		5/13		
		5/27		
June				
		6/10		
		6/24		

MSHA-Experienced Miner

This class scheduled on an "as needed" basis. Contact the MSHA Training Center at 307.872.1322 for more information

MSHA-Surface New Miner

Qualifies the successful student to work at surface mines. The program provides 24 classroom hours of mandatory MSHA instruction. Required onsite training will complete the student's certification. The student is responsible for the onsite portion of the training.

6:50am-4pm; GR Center 200; Tim Warren; MINE 1850 T; 1.5 Credits; \$224

MSHA-Surface New Miner Dates

M	T	W	TH	F
January				
	1/5-1/7			
	1/20-1/22			
February				
	2/2-2/4			
	2/17-2/19			
March				
	3/2-3/4			
	3/16-3/18			
April				
	4/7-4/9			
	4/20-4/22			
May				
	5/4-5/6			
	5/18-5/20			
June				
	6/1-6/3			
	6/15-6/17			



MSHA-Underground Annual Refresher

Underground annual refresher training is mandatory retraining which allows students to maintain current MSHA certification to work in underground mines. Students must complete all Underground New Miner course requirements which include 8 hours of actual mine site training, and provide the proof of current certification before taking this course.

6:50am-4pm; GR Center 200; Tim Warren; MINE 1875 T; 0.5 Credit; \$75

MSHA-Underground Annual Refresher Dates

M	T	W	TH	F
January				
	1/27			
February				
	2/24			
March				
	3/24			
April				
	4/28			
May				
	5/26			
June				
	6/23			

**MSHA-Underground New Miner
(Surface New + 1 day)**

Qualifies the successful student to work at underground mines. The program provides 32 of the 40 mandatory hours of MSHA instruction. The remaining 8 hours of onsite training is the student's responsibility and must be completed at an actual mine site.

6:50am-4p; GR Center 200; Tim Warren; MINE 1870 T; 2 Credits; \$225 + \$75= \$299

MSHA-Underground New Miner Dates

M	T	W	TH	F
January				
Attend Surface New 1/5-7, add 1/8/15				
Attend Surface New 1/20-22, add 1/23/15				
February				
Attend Surface New 2/2 – 2/4, add 2/5/15				
Attend Surface New 2/17 - 19, add 2/20/15				
March				
Attend Surface New 3/2 - 4, add 3/5/15				
Attend Surface New 3/16 - 18, add 3/19/15				
April				
Attend Surface New 4/7-9, add 4/10/15				
Attend Surface New 4/20-22, add 4/23/15				
May				
Attend Surface New 5/4-6, add 5/7/15				
Attend Surface New 5/18-20, add 5/21/15				
June				
Attend Surface New 6/1-3, add 6/4/15				
Attend Surface New 6/15-17, add 6/18/15				

Online Courses from Ed2go

Anytime, anywhere...just a click away

Over 300 Online Courses

Include:

- Expert Instructor
- 24-Hour Access
- Online Discussion Areas
- 6 Weeks of Instruction
- Hundreds of courses to choose from
- New sessions begin each month

Online Courses are informative, fun, convenient, and highly interactive. Courses are project-oriented and include lessons, quizzes, hands-on assignments, discussion areas, six-week format, supplementary links, and more.

You can complete any course entirely from your home or office any time of the day or night.

Courses Start as low as: \$89

Many courses pre-approved for 1.5 PTSB credit—check website:
<http://ptsb.state.wy.us.dnnmax.com>

Speed Spanish

Learn six easy recipes to glue Spanish words together into sentences, and you'll be speaking Spanish in no time.

Intro to Microsoft Access

Store, locate, print, and automate access to all types of information.

Become a Veterinary Assistant

Practicing veterinarian prepares you to work in a veterinary office or hospital.

Introduction to QuickBooks

Learn how to quickly and efficiently gain control over the financial aspects of your business.

Grammar Refresher

Gain confidence in your ability to produce clean, grammatically correct documents and speeches.

Everyday Math

Gain confidence in your basic math skills and start using math to your advantage.

GRE Preparation - Part 1

Discover powerful strategies for success in the verbal and analytical sections of the GRE.

Introduction to Microsoft Word

Learn how to create and modify documents with the world's most popular word processor.

Project Management Fundamentals

Gain the skills you'll need to succeed in the fast-growing field of project management.

Achieving Top Search Engine Positions

Learn proven, step-by-step strategies to achieve higher positions with major search engines.

More Courses Available – Check:

<http://www.ed2go.com/wwcc>

Medical Terminology: A Word Association Approach

Prepare for a career in the health services industry by learning medical terminology in a memorable and enjoyable fashion.

Start Your Own Small Business

Stop dreaming and learn how to start your own successful small business.

A to Z Grantwriting

Learn how to research and develop relationships with potential funding sources, organize grantwriting campaigns, and prepare proposals.

Introduction to Microsoft Excel

Discover the secrets to setting up fully formatted worksheets quickly and efficiently.

Creating Web Pages

Learn the basics of HTML so you can design, create, and post your very own site on the Web.

Accounting Fundamentals

Gain a marketable new skill by learning the basics of double-entry bookkeeping, financial reporting, and more.



Gaitlin Online

Now offering online open enrollment programs designed to provide the skills necessary to acquire professional level position for many in-demand occupations.

The following programs are designed by a team of professionals from each respective field, who work to provide the most effective web-based learning experience available today. Instructors/mentors are actively involved in your online learning experience. Each program includes a set of lessons and evaluations; grades are a combination of the instructor/mentor's evaluation of students' work and computer graded tests. We know you'll appreciate the quality as well as the convenience of anytime, anywhere learning!

Courses below are a sample of the courses available, more courses available at:
<http://www.gatlineducation.com/westernwyoming>

Management and Corporate (\$595 to \$2695/class for each class listed below)

- Entrepreneurship: Start-Up and Business Owner Management
- Management Training
- Payroll Practice and Management
- Project Management
- Purchasing & Supply Chain Mgmt.

Healthcare and Fitness (\$795 to \$2795/class for each class listed below)

- Emergency Management Training for First Responders
- Administrative Dental Assistant
- Administrative Medical Specialist with Medical Billing and Coding
- ICD-10 Medical Coding
- Veterinary Assistant

IT and Software Development (\$595 to \$3095/class for each class listed below)

- CompTIA™ A+ Certification Training
- Management for IT Professionals
- Microsoft Access 2007
- Microsoft Excel 2007
- Microsoft PowerPoint 2007
- Microsoft Word 2007
- Webmaster

Business and Professional (\$595 to \$2595/class for each class listed below)

- Certified Bookkeeper
- Grant Writing
- Microsoft Office 2007 applications
- Paralegal
- Technical Writing

IT and Software Development (\$1695 to \$5995/class for each class listed below)

- Digital Arts Certificate
- Marketing Design Certificate
- Video Game Design & Development

Skilled Trades and Industrial (\$1895 to \$3095/class for each class listed below)

- Home Inspection Certificate
- HVAC Technician

Hospitality and Service Industry (\$1395 to \$2795/class for each class listed below)

- Personal Fitness Trainer
- Travel Agent Training
- Video Game Design & Development

More courses available at: <http://www.gatlineducation.com/westernwyoming>

\$\$ CASH FOR CLASS \$\$

BUSINESSES

Grants for Existing Positions

Grants for Existing Positions are tailored to a business's existing employees who need a skill upgrade or retraining in a particular occupation. Allow up to \$2,000 per employee per fiscal year with businesses required to match 40 percent of the total training costs and Training Fund covers the remaining 60 percent (some restrictions may apply).

Grants for New Positions

Grants for New Positions are valuable as recruitment and expansion tools for economic development in Wyoming. Employees may qualify for funding under this program if the business is new or expanding. To qualify as a new position, businesses must document that the position was created within the last 180 days and constitutes a net increase in the number of employees working for the business. Allows between \$1,000-\$4,000 per employee per fiscal year, depending on the amount of the hourly wage.

Accessing Business Training Grants is easy! Just follow these steps:

- Determine the training needed and whether Grants for Existing Positions or Grants for New Positions best for the business's current situation.
- Visit: <http://wyomingworkforce.org/employers-and-businesses/workforce-development-training-fund/Pages/default.aspx> and fill out the Business Registration under Online application.

Once the business registration has been completed, log on to business's online account and fill out the online application no less than 45 days prior to the training date.

After approval, the Department of Workforce Services will pay 75 percent of the approved grant amount. Ninety days after training, businesses will submit a final report, Department of Workforce Services will review final report. When all reporting criteria are satisfied, the business will be paid an amount up to the remaining 25 percent.

PRE-HIRE ECONOMIC DEVELOPMENT GRANTS

Pre-Hire Economic Development Grants provide pre-employment, industry-specific skill training to develop a workforce for businesses or industry when there exists a shortage of skilled workers.

Requirements:

Pre-Hire Economic Development Grants may be utilized by Wyoming based training entities in partnership with local businesses, economic development entities and the local Department of Workforce Services' Workforce Center. In the past, the Pre-Hire Economic Development program has made available funding to assist businesses in training individuals to receive initial skills training through training entities. Occupations include:

- Commercial Truck Drivers
- Apprentice Electricians
- HVAC Apprentices
- Health Care
- Carpentry Apprentices

The application and instructions can be downloaded at <http://wyomingworkforce.org/employers-and-businesses/workforce-development-training-fund/Pages/default.aspx>

Want to know more?

Please visit the Workforce Development Training Fund website at <http://wyomingworkforce.org/employers-and-businesses/workforce-development-training-fund/Pages/default.aspx>

To speak with a representative, please call (307) 777-8650.

INDIVIDUALS

Workforce Investment Act Funds (WIA)

Assistance in paying class fees and associated costs may be available to individuals through the Workforce Investment Act Funds. For more information attend an informational orientation offered every Wednesday at 10 am at the Rock Springs Department of Workforce Services office at 2451 Foothill Blvd, Suite 100.

Department of Workforce Services
2451 Foothill Blvd. Suite 100
Rock Springs, WY 82901
307-382-2747 or 307-875.2300

**For information on WWCC financial aid,
Please contact:
WWCC Financial Aid; 2500 College Drive;
Rock Springs, WY 82901; 307-382-1643**

SIGN UP NOW!



Register Online:
www.wvcc.wy.edu/workforce



Call Terry:
307.872.1326
307.872.1318



Mail Your Registration:
Workforce Development
#1 College Way
Green River, WY 82935



In Person:
Workforce Development
Office Hours:
7am-5pm Monday – Friday
Location:
Room 209, WVCC-Green River Center

- Register Today! Class space is limited. Unfortunately, courses will cancel 7 days prior to start date if there is not sufficient enrollment.
- From time to time a course may have to be canceled due to low enrollment or unforeseen circumstances. If the college cancels a course, you will receive a rain check or a refund.
- In the event that an instructor is not available to teach a scheduled course, we may substitute another qualified instructor.
- For courses awarding college credit, out-of-state tuition may apply to non-residents of Wyoming not currently working for a company in Wyoming.
- If you need to cancel, you may send a substitute from your organization. Generally, registration fees are not refundable for Workforce Development classes within 7 days before the course starts. Contact Workforce Development for more information.
- Course registration fees are subject to change in accordance with college policy.

Student Information:

Code: 914

Name _____
 Soc Sec # _____
 Home Address _____

 Home Phone _____
 Work Phone _____
 Sign up for:
 Course Name _____
 Course Name _____

E-mail _____
 Date of Birth _____
 Gender* Male Female
 Ethnicity* Black American Indian White
 Hispanic Asian Non-Resident Alien
**Required for reporting purposes only*

Date	Price**
_____	_____
_____	_____

Payment Method:

Check payable to: Western Wyoming Community College
 Bill Company: _____ Mailing Address: _____
 Visa or Master Card (circle one) CC#: _____ Exp. Date: _____

I am enrolling in this course/activity for the following reasons:

- | | |
|--|--|
| <input type="checkbox"/> Upgrade current job skills | <input type="checkbox"/> Coursework toward degree from another institution |
| <input type="checkbox"/> Develop new job skills | <input type="checkbox"/> Build basic skills before taking credit classes |
| <input type="checkbox"/> Teacher re-certification (PTSB) | <input type="checkbox"/> Personal Enrichment |
| <input type="checkbox"/> DEQ re-certification | <input type="checkbox"/> Other (specify) _____ |
| <input type="checkbox"/> Workshop required by employer | |
| <input type="checkbox"/> Degree seeking from WVCC | |

Please duplicate form for additional registrations.

**For courses awarding college credit, out-of-state tuition applies for non-residents of Wyoming not currently working for a company in Wyoming

How long have you lived in WY? _____ If less than one year, where did you reside before? _____
 Country of Citizenship: _____ If not US what is visa status? _____
 (All non US citizens must submit a copy of Visa)

I understand that once my registration is processed, I am officially registered for the class and am responsible for all debts incurred. If my account is not paid in full, I understand that the College may hire a collection agency to take action. If my account is assigned to a collection agency, I understand that I am responsible for all attorney fees, court costs or delinquency fees that may be incurred during the collection of my debt. I understand that the delinquency fee will be equal to 50% of the principal amount owed. If a refund is due from my account, I authorize the College to automatically issue a refund check.

Signature _____ Date _____

Community Education

Quick Reference with Start Dates

Arts & Crafts Pages 14 & 15

Woodworking Basics	1/14/15
Custom Lawn Chairs	1/19/15
Intermediate Crochet	1/22/15
Watercolor Made Ridiculously Simple	1/22/15
Watercolor Painting	1/27/15
Intermediate Sewing	2/5/15
Custom Lawn Chairs	2/16/15
Braided Rugs	2/21/15
Cards for All Occasions	3/18/15
Faux Stained Glass Art	3/19/15
Creating an Altered Book	4/1/15

Children's Courses Pages 15 & 16

Play with Me	1/21/15
Beginning Movement & Dance	1/29/15
Beginning Ballet	1/29/15
Beginning Pointe	1/29/15
Pre-Pointe	1/29/15
Child Pet Care	2/14/15
Back to Basics: How to style Girls Hair	3/7/15
Safe Sitter® R.S.	3/7/15
Safe Sitter® R.S.	5/16/15
Safe Sitter® R.S.	6/15/15

Digital Technology Page 16

Facebook	1/20/15
Internet Basics G.R.	1/21/15
Internet Basics R.S.	1/26/15
Windows Microsoft Office for Beginners	2/3/15
Photoshop for Beginners	2/11/15

Photography Pages 16 & 17

Outdoor Digital Photography	3/23/15
Get to know your DSLR Camera	4/14/15

Exercise & Physical Activity Pages 17-19

Zumba Gold G.R.	1/12/15
Zumba Gold R.S.	1/13/15
Yoga	1/19/15
Power TaeKwon-Do	1/20/15
Exercise For Fun	1/20/15
Yoga for Every "BODY"	1/21/15
Hatha Flow	1/22/15
Beginning Yoga	1/22/15
Yoga for Everybody-Farson	1/22/15
Hatha Yoga	1/26/15
Tai Chi For Health II	1/26/15
Tai Chi For Health	1/28/15
Zumba Gold G.R.	3/2/15
Zumba Gold R.S.	3/3/15
Swing Dance	4/17/15
Waltz and Fox Trot	4/18/15
Latin Dances	4/18/15

Open Dancing	4/18/15
West Coast Swing Workshop	4/19/15

Health & Food Pages 19 & 20

Building Buttercream Skills	1/27/15
Fondant and Gum Paste	2/5/15
Valentine's Day bookie Bouquet	2/13/15
Live Well..Eat Well with Diabetes	3/24/15
Advanced Gum Paste Flowers	3/26/15
Easter Bunny Cake R.S.	3/27/15
Easter Bunny Cake G.R.	3/28/15
Dutch Oven Cooking	4/1/15
Cooking on the Green	4/15/15
Fondant Figurines	4/30/15

Music & Language Page 20

Tickle the Ivories	1/19/15
Conversational Spanish	3/17/15

Animals & Science Page 20

Introduction to Rock and Mineral Collecting	2/24/15
Beginning Dog Obedience	3/10/15
The Geology of Our Area	4/25/15

Finance Page 21

Financial Strategies for Successful Retirement	3/10/15
Financial Strategies for Successful Retirement	3/11/15
Financial Strategies for Successful Retirement	4/1/15
Financial Strategies for Successful Retirement	4/2/15

Historical Literature Page 21

Reading in Wyoming History	1/29/15
----------------------------	---------

Sports & Lesire Page 21 & 22

Commercial Instrument Ground School	1/20/15
Basic Pistol G.R.	1/23/15
Gardening in the High Desert	2/18/15
Beginners Texas Hold'em	2/5/15
Basic Pistol R. S.	2/27/15
Basic Car Care	4/9/15
Basic Wilderness Survival	4/10/15
Hunter Education	TBA

Trips & Events Page 22

The Holocaust in Europe- Study Abroad	5/19/15
Archeological Field Site	5/29/15
The Wild Calls	TBA
Race on the Rock	8/29/15
Theater	
Once	4/11/15
The Illusionists	6/27/15
The Book of Mormon	8/1/15

Community Education courses are taught at several locations in Sweetwater County. Please check the locations for the courses you would like to attend. Registration continues until the course begins unless the class fills or is cancelled. To avoid cancellation, please register at least 10 days prior to the start date. New courses are added during the semester. Check our website at www.wvcc.wy.edu/comm_svs or call 307.872.1323 for the latest information. Community Education courses are non-refundable and non-transferrable unless the course is cancelled.

SPRING 2015 COMMUNITY EDUCATION SCHEDULE

Arts and Crafts

Woodworking Basics ● **NEW!**

Students will have the opportunity to learn the basics of woodworking from material cost to techniques. After learning some skills students will have the opportunity to select a project to make. Due to the project selection material costs will be determined during the class.

W: 1/14 to 2/11 6:00PM to 7:30PM – 5 weeks

Instructor: Tom McMakin

Location: Farson Eden School Woodshop

Fee: \$25

Custom Lawn Chairs◆

Instead of throwing out your old lawn chair, take a class on macramé chairs and make the old chair new, or start with everything new. These chairs make great gifts that will last a long time. Supplies for each chair are approximately \$50 unless you bring your own frame.

M/TH: 1/19 to 2/17 1:00PM to 3:00PM

T: 6:00PM to 9:15PM – 5 weeks

Instructor: Robert Trujillo

Location: Golden Hour Senior Center

Fee: \$127 Course Number: NCHOE 400 G1

OR

M/TH: 2/16 to 3/24 1:00PM to 3:00PM

T: 6:00PM to 9:15PM – 5 weeks

Fee: \$127 Course Number: NCHOE 400 G2

Watercolor Made Ridiculously Simple◆

Inspire yourself! Join us as we discover the illusive medium of watercolor. We will learn the proper preparation, care and cleaning of supplies, as well as techniques for washes, brush control and detail, masking, layering, creating texture and transparent effects. It is recommended to have a basic understanding of sketching for this class. A supply list will be provided.

TH: 1/22 to 3/26 6:30PM to 8:30 PM – 10 weeks

Instructor: Rachel Johnson

Location: GRC-215

Fee: \$80 Course Number: NCART 112 G2

Braided Rugs ●

In this class students will learn techniques to use material to braid a rug. Due to personal preference students are asked to bring ½ yard of 5 different materials for use in the rug. **Additional instructions to follow registration.**

S: 2/21 to 2/28 9:00AM to 11:00AM – 2 weeks

Instructor: Rachel Staley

Location: Farson Eden School Art Room

Fee: \$15



Intermediate Crochet✂

Explore more crochet stitches and different patterns in Intermediate Crochet. Students will explore how basic stitches can be combined to make beautiful projects.

TH: 1/22 to 2/26 6:30PM to 8:00PM – 6 weeks

Instructor: Ruth Radford

Location: RSC-1306

Fee: \$54 Course Number: NCHOE 217 R1

Watercolor Painting◆

This class will explore water-media techniques, composition, color theory and drawing. Students will express their individual imagination, choosing their own subject matter with help from the instructor. The class will include traditional and abstract styles of painting. Instructor will give instruction on a one-to-one basis and advice on the use of materials.

T: 1/27 to 3/17 1:30PM to 3:30PM – 8 Week Class

Instructor: Angie Bennett

Location: Golden Hour Senior Center

Fee: \$60 Course Number: NCART 112 G1

Intermediate Sewing◆ **NEW!**

Learn some advanced sewing techniques as students work on a project or projects they select. Students will learn different seam finishes, basic hand sewing techniques used in hemming, sewing on buttons and snaps. Students will gain an understanding of when to interface and what type of interfacing should be used for different fabrics. Students need to have some basic sewing experience but do not need to be proficient.

TH: 2/5 to 3/12 6:00PM to 8:00PM – 6 weeks

Instructor: Jacqueline Warriner

Location: Young at Heart Senior Center

Fee: \$82 Course Number: NCHOE 201 R1

Faux Stained Glass Art ● **NEW!**

Using the most simple of supplies we will be able to make works of art that resemble true stained glass.

TH: 3/19 to 3/26 6:00PM to 8:00PM – 2 weeks

Instructor: Rachel Staley

Location: Farson Eden School Art Room

Fee: \$25

Cards for All Occasions ●

Once again Amanda Merkley will be leading a card making workshop. Make and take home a variety of cards. Have fun socializing with friends while learning a new skill. This has been a popular class with an enthusiastic instructor. The supply fee of \$8 is included in the total fee.

Instructor: Amanda Merkley

Location: Farson Eden Elementary Library

W: 3/18 to 3/25 6:00PM to 9:00PM – 2 weeks

Fee: \$32 Course Number: NCART 209 RF1

Creating an Altered Book ● **NEW!**

Do you ever wonder what could be done with those old books that no one is ever going to read again? Well in this class you will find out how to turn them into a one of a kind scrapbook for yourself or get it done just in time for a Mother’s day gift!

W: 4/1 to 4/29 6:30PM to 8:00PM – 5 weeks

Instructor: Rachel Staley

Location: Farson Eden School Art Room

Fee: \$30

Children’s Courses

Beginning Movement and Dance ◆

Ballet is a very good way for your young child to learn grace and coordination as well as gain confidence and have fun. In this class, children ages 3-5 will learn the basics of the art of ballet. Basic ballet dress is required.



TH: 1/29 to 3/26 4:30PM to 5:00PM – 9 weeks

Instructor: Jennifer Morrell

Location: GRC-217

Fee: \$25 Course Number: NCCLD 107 G1

Beginning Ballet ◆

In this fun class, students age 6-8 will learn the basics of ballet. The art of ballet helps with grace, coordination, strength and confidence. Basic ballet dress is required.

TH: 1/29 to 3/26 5:00PM to 6:00PM – 9 weeks

Instructor: Jennifer Morrell

Location: GRC-217

Fee: \$39 Course Number: NCCLD 108 G1

Beginning Pointe ◆

This is a ballet class to instruct students in Pointe ballet, an advanced technique where weight is distributed to the tips of the fully extended feet. Students will need to provide their own Pointe shoes and must have instructor’s permission to enroll in the class.

TH: 1/29 to 3/26 6:00PM to 6:30PM – 9 weeks

Instructor: KymberLee Mullins

Location: GRC-217

Fee: \$39 Course Number: NCCLD 110 G1

Pre-Pointe ◆

Ballet is an art from combining discipline, grace, and dexterity. This class is for middle school age children or older with at least 2 years previous ballet training. The purpose is to establish positive attitudes about classical dance contribute to a personal sense of well-being and prepare students for more advanced ballet training.

TH: 1/29 to 3/26 7:00PM to 7:30PM – 9 weeks

Instructor: KymberLee Mullins

Location: GRC-217

Fee: \$25 Course Number: NCCLD 109 G1

Play With Me ✨

In this class we will sing, dance, play simple instruments, move, listen, learn musical patterns and more. Together we will create a musical environment that nurtures the natural musicality in children. As your child learns you will see how they will continue to enjoy doing the activities at home as well. This class will help with musical and language development and also build listening skills. For children ages 0-4 and a caregiver (parent, grandparent, etc.). Families may register as one unit. Families will receive a CD, book and instrument for more play at home. These are all included in the supply fee that is part of the course fee.

M: 1/21 to 4/8 10:00-10:40am – 12 weeks

Instructor: Emily Durrant

Location: RSC- Children’s Center Mustang Room

Fee: \$69 Course Number: NCCLD 205 R1

Safe Sitter ® ✨ ◆

Is your teen starting to stay home alone or beginning to babysit? Then it’s time for a Safe-Sitter ® class. This class will empower teens with wisdom in how to deal with situations while on their own. Taught by a skilled nurse, this small class will learn sensible decision making skills, safety skills and much more. For 11-14 years old.

S: 3/7 OR 6/15 9:00AM to 4:00PM – 1 day class

Instructor: Michelle Cordova

Location: RSC-1348

Fee: \$20 Course Number: NCOTH 201 R1 and R2

OR

S: 5/17 9:00AM to 4:00PM – 1 day class

Location: GRC-211

Fee: \$20 Course Number: NCOTH 201 G1

Child Pet Care ✨ **NEW!**

Does your child want to have a family pet but you’re not sure if they will be responsible enough to take care of it? This class will teach young children the various responsibilities and skills needed when taking care of an animal. Experienced instructor Tara, will teach the children how to properly feed, water, clean and fully take care of the animal your child is interested in having. Over the three week course your child will be exposed to several different animals giving them a range of valuable skills they will need to know



when they own their own first pet. Ages 6 -10 years old.

S: 2/14 to 2/28 10:00AM to 11:30AM – 3 weeks

Instructor: Tara Tyler

Location: RSC- 1330

Fee: \$30

Back to Basics: How to Style Girls Hair ✨

Bring a friend, a daughter, or granddaughter and learn the basics of hairstyling. Short hair, long hair, we don't care! We can teach all the basics for any length! You will learn how to do a French braid, fish tail braid, pony tails, buns and other basic hair styling techniques for beginners. You will receive a comb, water bottle and hair ties.

S: 3/7 to 3/ 14 10:30AM to 12:00PM – 2 weeks

Instructor: Megan Gabol

Location: RSC- 1444

Fee: \$41 Course Number: NCOTH 121 R1

Easter Bunny Bake – Mom and Me Class ✨

With all supplies included (except for a cookie sheet), you will make a cute Easter Bunny Cake! The bunny will be complete with ears, a bow tie, and cute little whiskers.

F: 3/27 6:00PM to 8:00PM – 1 day

Instructor: Michelle Schutten

Location: Young at Heart Senior Center

Fee: \$25 Course Number: NCHOE 210 R1

OR

S: 3/28 10:00AM to 12:00PM – 1 day

Location: GRC-211

Fee: \$25 Course Number: NCHOE 210 R2

Swimming Lessons

Aquatic Center ✨

See Details on Back cover



Digital Technologies

Facebook ✨

This class will help students find their way around the world of Facebook. Accounts will be created for those who don't already have one. Users will learn how to set privacy and account settings. In addition, students will be shown how to load photos and create photo albums. There will also be discussion on safety, tagging friends, unfriending, and blocking other users.

T/TH: 1/20 to 1/29 6:00PM to 8:00PM – 2 weeks

Instructor: Miranda Riggs

Location: RSC-1430

Fee: \$29 Course Number: NCCMP 210 R1

Internet Basics ✨ **NEW!**

In this course you will learn basic internet tools and information to help you navigate the internet in an efficient manner. Topics

will include how to use different browsers, how to use search bars, using links and setting up accounts. This is for those who want or need to become more comfortable with everyday use of the internet.

W: 1/21 to 2/4 10:30AM to 12:00PM – 3 weeks

Instructor: Rina Martinez

Location: GRC- 110

Fee: \$36 Course Number: NCCMP 120 G1

OR

M: 1/26 to 2/9 6:30PM to 8:00PM – 3 weeks

Location: RSC-1430

Fee: \$36 Course Number: NCCMP 120 R1

Windows Microsoft Office for Beginners – An Office Mini Series ✨

This introduction into Windows Microsoft Office will cover basic skills in Word, Excel and PowerPoint. You will learn how to create and design basic documents, spreadsheets, and PowerPoint slides that you can use in everyday life. The supply fee of \$20 is included in the course fee. Class will not meet the week of Spring Break.

T: 2/3 to 3/31 6:00PM to 8:00PM – 8 weeks

Instructor: Cathy Samsel

Location: RSC- 1430

Fee: \$79 Course Number: NCCMP 111 R1

Photoshop for Beginners ✨

This class is your first step in learning the basics of editing digital photographs using Adobe Photoshop features. Course will include an introduction to the Photoshop interface and tools, basic photo editing and enhancing photos with artistic effects. Personal photos are encouraged but not required. Basic computer skills required. Class will not meet the week of Spring Break.

W: 2/11 to 3/25 6:00PM to 8:00PM – 6 weeks

Instructor: Allyson Cross

Location: RSC-North Lab 2 1430

Fee:\$75



Photography

Get to know your DSLR Camera ✨

Do you have a DSLR camera and don't know what all of the button functions do? In this class you will go over the camera settings and what each of these buttons control in depth. There will be some opportunities to put what you learn to use by taking photos throughout the class. Please bring the manual along with your camera. There will also be an opportunity to go out on a Saturday morning to take photos.

T: 4/14 to 5/12 6:30PM to 8:30PM – 5 weeks

Instructor: Ken Tiede

Location: RSC-1406

Fee: \$51 Course Number: NCART 104 R1

Outdoor Digital Photography ✨

Outdoor Digital Photography is a great course for someone looking to take better landscape pictures. The course will cover photography basics, composition, and editing. Students are required to bring their own digital DSLR camera. There is a \$10 supply fee included in the course fee that will cover the cost of printing. There will be one optional full day field trip. Class will not meet the week of Easter.

M: 3/23 to 5/4 6:30PM to 8:30PM – 6 weeks

Instructor: RJ Pieper

Location: RSC-1430

Fee: \$73 Course Number: NCART 410 R1

Exercise and Physical Activity

Note: All students in exercise and physical activity courses will need to fill out medical releases and may need permission from their physician to take the course.

Yoga ✨

What does Yoga do for your body? Strengthens and revitalizes internal organs, improves flexibility, strengthens muscle and bones, improves posture, body alignment, digestion, circulation and immunity, and increases energy.

And what does it do for your mind? Develops intuition, reduces stress and calms the mind, sharpens intellect, enhances memory, increases clarity and blossoms creativity in one's life. Experience a combination of gentle and vigorous series of asanas that enhance a well-being of the body, while an equal emphasis is placed on techniques for nurturing the mind and spirit. Yoga has much to offer, whether it is for the mind, spirit or body, it makes a difference in your life. Bring your own Yoga mat.

M: 1/19 to 2/23 5:30PM to 6:30PM – 6 weeks

Instructor: Karen Bonomo

Location: Young at Heart Senior Center

Fee: \$28 Course Number: NCPEA 107 R1

Yoga for Every 'Body' 🏠

This is your time to reduce stress, gain flexibility and strength, relax and have fun. This class is for both beginners and for those who already do yoga. Bring your own mat and props (strap and block) if you have them; one cushion or pillow and a blanket.

W: 1/21 to 4/8 7:00PM to 9:00PM – 12 weeks

Instructor: Tammy Morlock

Location: GRC-211

Fee: \$79 Course Number: NCPEA 107 G1

Yoga for Everybody 🟡

Have you been needing a way to stretch out sore muscles or increase flexibility? Join us for an introduction to yoga! No experience is required so take this opportunity to come relax

and have fun. (Classes will meet every other Thursday for a total of 10 classes)

TH: 1/22 to 5/21 5:00PM to 6:00PM – 10 weeks

Instructor: Whitney Sorenson

Location: Farson Eden High School Library

Fee: \$25 Course Number: NCPEA 107 RF1

Hatha Flow ✨

This class blends elements of several styles of yoga, with a focus on proper alignment, building strength and stamina, and moving mindfully through a series of yoga postures, connecting the flow of the body with the flow of the breath. During the final fifteen to twenty minutes of each class, students will be guided through a short series of gentle and restorative postures, breathing exercises, and/or meditation to help quiet the mind and encourage deeper relaxation of the body and the release of tension.

TH: 1/22 to 4/9 7:00PM to 8:30PM – 12 weeks

Instructor: Leanna Flaherty

Location: RSC-1662 Wellness Center

Fee: \$62 Course Number: NCPEA 107 R3

Beginning Yoga ✨

This class focuses on learning basic yoga poses and techniques to improve body alignment and postural awareness. Yoga can help to relax, relieve stress and improve strength and flexibility. Registered Yoga teacher Sue Bishop, offers supportive guidance with modifications to meet the needs of students. Bring your own props (mats, blocks, straps, blanket). Each class ends with a 6-8 minute guided relaxation.

TH: 1/22 to 3/19 6:00PM to 7:00PM – 8 weeks

Instructor: Sue Bishop

Location: Young at Heart Senior Center

Fee: \$41 Course Number NCPEA 107 R2

Hatha Yoga 🏠

This is a 75-minute class to increase strength, flexibility and balance. Bring your own yoga mat if you have one. Yoga reduces stress and allows you to enhance your focus. Students with all capabilities are welcome.

M: 1/26 to 5/4 6:00PM to 7:15PM – 15 weeks

Instructor: Sarah Davidson

Location: GRC-217

Fee: \$70 Course Number: NCPEA 107 G2

Power Taekwon-Do 🏠

"Tae" means to kick or smash with the foot, "Kwon" means to punch or destroy with the fist; "Do" means way or method. Taken collectively, Taekwon-Do is the art of hand and foot fighting. More than that, it is the scientific use of the body in the method of self-defence; a body that has gained the ultimate use of its facilities through intensive physical and mental training. Though it is a martial art, its discipline, technique and mental training are the mortar for building

a strong sense of justice, fortitude, humility and resolve. Families: Ask about a discounted price. Ages 10+
T/W: 1/20 to 4/8 5:30PM to 6:30PM – 12 weeks
Instructor: Brian Kaumo
Location: GRC-217
Fee: \$59 Course Number: NCPEA 123 G1

Zumba Gold

Join Us for ZUMBA Gold! Ditch the workout and join the party with ZUMBA Gold! The low-impact formula of this 1-hour class delivers an hour-long ZUMBA party designed for beginning dancers, active adults, and everyone ready to rock!
Instructor: Amanda Garrison
Location: Golden Hour Senior Center
M/W/F: 1/12 to 4/24 9:15AM to 10:15AM – 14 weeks
Fee: \$89 Course Number: NCPEA 111 G1
OR
M/W/F: 3/2 to 4/24 9:15AM to 10:15AM – 7 weeks
Fee: \$40 Course Number: NCPEA 111 G2
OR
Location: Young at Heart Senior Center
T/TH: 1/13 to 4/23 9:00AM to 10:00AM – 14 weeks
Fee: \$62 Course Number: NCPEA 111 R1
OR
T/TH: 3/3 TO 4/23 9:00AM to 10:00AM – 7 weeks
Fee: \$30 Course Number NCPEA 111 R2

Exercise for Fun

This class is a gentle stretch and exercise program from your chair for our forever young senior citizens or those with limited mobility. This program is designed to tone you up and make you feel better physically and mentally.
T/TH: 1/20 to 4/6 1:30PM to 2:30PM –12 weeks
Instructor: Shannon Thomas
Location: Mansface Terrace
Fee: \$79 Course Number: NCPEA 202 G1

Tai Chi for Health

Tai Chi is one of the most effective ways for you to improve both your physical and mental health. It is an ancient Chinese exercise that uses slow, gentle movements to reduce stress and lower your blood pressure. It also improves your balance, strength, flexibility and mental focus. This Sun Style Tai Chi for health class is suitable for everyone (moves can be modified, if necessary). Sometimes referred to as moving meditation, it included Qi Gong (pronounced chee gong) breathing techniques, and adheres to the essential principles of Tai Chi.
W: 1/28 to 3/25 4:15PM to 5:15PM – 8 weeks
Instructor: Sue Arambel
Location: GRC-217
Fee: \$36 Course Number: NCPEA 100 G1

Tai Chi for Health Part II **NEW!**

This is a continuation of Tai Chi for Health.
M: 1/26 to 3/23 6:00PM to 7:00PM – 8 weeks
Instructor: Sue Arambel
Location: RSC-Auxiliary Gym
Fee: \$36 Course Number: NCPEA 125 R1

DANCE CLASSES

The following dance classes are taught by Vince Weis and MaryAnn Huebner. They come from out of state so we must have enough students registered by April 1 or we will have to cancel the classes. Please register early. All are one day classes and will be taught in the Green River Center in the Gym. The class Limit for each class is 14 students.

SWING DANCE

Swing Dance Class: Swing can be danced to slower music in a single-time swing beat or to faster music in a triple-time beat—also known as the Jitterbug. Swing dancing started in New York and has been around since the 1940's. The jazzy music, steps and moves of Swing dancing is what makes it fun, exciting and popular. The class is taught step-by-step, one move at a time—starting with the very basic steps with everything carefully explained and demonstrated for both men and women.



F: 4/17 6:00PM to 9:00PM

Fee: \$29 Course Number: NCTHE 105 G1

WALTZ AND FOX TROT

Waltz—the most beautiful and romantic of all ballroom dances. Fox trot—still one of the most popular ballroom dances of all times. The class is taught step-by-step, starting with the very basic steps with everything carefully explained and demonstrated for both men and women. Start with basics, then work your way up to combinations and moves that are easy to learn and impressive on the dance floor.

S: 4/18 9:00 AM to 12:00 PM

Fee: \$29 Course Number: NCTHE 105 G2

LATIN DANCES

The Cha-cha and Rumba came to the United States from Cuba while the Rumba originated in Argentina. The Latin dances each have a unique style of its own and you will master the basic steps quickly with step-by-step instruction, one move at a time. The Cha-cha has a tropical rhythm and with a hip-swaying movement. In the Rhumba, all of the movement happens below the waist—learn the steps and the music does the rest. Tango is considered the most passionate and dramatic of the ballroom dances—a fiery dance with dramatic music and dramatic movements. Start with the basics of these dances and then work your way up to combinations and moves that are easy to learn with step-by-step explanation and demonstration for both men and women.

S: 4/18 1:00PM to 4:00PM

Fee: \$29 Course Number: NCTHE 105 G3

OPEN DANCING

Come practice what you've learned in the swing class, waltz-fox trot class and the Latin dance classes with your instructors to help you practice and perfect your steps. Vince and MaryAnn have taught many people just like you how to dance. They use proven techniques and a clear, easy-to-

follow style. Dancing is fun and it is a good exercise as well as a way to socialize and communicate. Although these dances are considered ballroom dances, the basic steps are the same steps as those used in many country western dances and, therefore, can be easily adjusted to the country music beat.

S: 4/18 7:00 PM to 9:00 PM

Fee: \$20 Course Number: NCTHE 105 G4

WEST COAST SWING WORKSHOP 🏠

Have you watched the dance shows and wish you could do some of those moves? You'll be taught the West Coast Swing step-by-step, one move at a time. Everything is carefully explained and demonstrated.

SU: 4/19 9:00 AM to 12:00 PM

Fee: \$29 Course Number: NCTHE 105 G5

Health and Food

Live Well...Eat Well with Diabetes 🌸

When people are diagnosed with diabetes, the first question that comes to mind is, what should I eat? Are favorite foods still allowed? In this course, you will learn how to eat healthy while still eating tasty food. We will share recipes, snacks and jazz up favorite foods to work with your diabetes care and even improve your blood glucose levels. The last half hour of each class will be devoted to diabetes support.

T: 3/24 to 5/5 9:30AM to 11:30AM – 7 weeks

Instructor: Kathleen Thomas

Location: Mount of Olives Lutheran Church

Fee: \$89 Course Number: NCHLE 100 R1

Dutch Oven Cooking 🌸

Learn all the tips and tricks to cook in your Dutch Oven! After some discussion students will bring their own Dutch Ovens and food and learn how to cook in a Dutch Oven as a class. Together you will learn some great techniques and eat some great food! This class is held outdoors so come prepared with a jacket when needed. On the last class you may bring one adult friend or your significant other to join us to eat.

W: 4/1 to 4/22 6:00PM-9:00PM

S: 5/2 10:00AM to 1:00PM – 5 weeks

Instructor: Ed Yenne

Location: Young at Heart Senior Center

Fee: \$60 Course Number: NCHOE 103 R1

Cooking on the Green 🏠

Want to learn how to make Baklava like your grandma did? Join us and learn how to make some of those old time recipes that have been handed down from generation to generation. We will integrate the old and the new to create some delicious food together with inspiration from women that have been cooking their entire lives.

W/TH: 4/15 to 4/23 10:00AM to 12:00PM – 2 weeks

Instructor: Pat Cywinski

Location: GRC-211

Fee: \$15

Building Buttercream Skills 🌸

Learn how to decorate cakes and sweet treats with basic buttercream techniques and six simple-to-pipe flowers that transform ordinary cakes into extraordinary results. Michelle will help you pipe classic buttercream decorating techniques to create modern and traditional cake designs.

T: 1/27 to 2/3 6:00PM to 9:00PM – 2 weeks

Instructor: Michelle Schutten

Location: Young at Heart Senior Center

Fee: \$39 Course Number: NCHOE 101 R1

Fondant and Gum Paste 🌸

Learn how to work with fondant and gum paste. From covering your cakes to cutting shapes and painting on fondant, you'll learn all the essentials, and get to create flowers, like calla lilies, roses and carnations!

The class will include a bonus day to practice covering various shaped cakes in fondant.

TH: 2/5 to 3/5 6:30PM to 8:30PM – 5 weeks

Instructor: Michelle Schutten

Location: Young at Heart Senior Center

Fee: \$55 Course Number: NCHOE 210 R1

Valentine's Day Cookie Bouquet 🌸

Forget flowers – make a Valentine's Day Cookie Bouquet for or with your loved ones. You will learn elegant, yet easy, techniques to decorate your heart shaped cookies. Then, you will display your cookies in a stand for a lovely bouquet!



Instructor: Michelle Schutten

Location: Young at Heart Senior Center

F: 2/13 6:30PM to 8:30PM – 1 day

Fee: \$39 Course Number: NCHOE 210 R2

Advanced Gum and Paste Flowers 🌸

Learn how to create realistic, wedding-cake-worthy gum paste flowers, like Gerbera daisies and stargazer lilies. Plus, learn to create lifelike leaves, blossoms and bouquet designs that'll bring your cake decorations to life!

Instructor: Michelle Schutten

Location: Young at Heart Senior Center

TH: 3/26 to 4/16 6:30PM to 8:30PM – 4 weeks

Fee: \$45 Course Number: NCHOE 210 R3

Easter Bunny Bake – Mom and Me Class 🏠🌸

With all supplies included (except for a cookie sheet), you will make a cute Easter Bunny Cake! The bunny will be complete with ears, a bow tie, and cute little whiskers.

F: 3/27 6:00PM to 8:00PM – 1 day

Instructor: Michelle Schutten

Location: Young at Heart Senior Center

Fee: \$25 Course Number: NCHOE 210 R4

OR

S: 3/28 10:00AM to 12:00PM – 1 day
Location: GRC-211
Fee: \$25 Course Number: NCHOE 210 G1

Fondant Figurines ✨ **NEW!**

Personalize cakes and other treats with cute and edible 3D figures. You will learn to turn a simple ball of fondant (edible clay) into a cute animal, cartoon character, and more!

Instructor: Michelle Schutten
Location: Young at Heart Senior Center
TH: 4/30 6:30PM to 8:30PM – 1 day
Fee: \$25 Course Number: NCHOE 210 R5

Music and Language

Tickle the Ivories ♠

Whether you want to learn a new skill or just become more proficient at the piano, enrolling in private lessons will help you to develop reading fluency, technique, stylistic interpretations, and performance skills. Students will be offered weekly 1-hour lessons; divided between 30 minutes at the piano and 30 minutes in the computer/keyboard lab. Students will need to schedule time and day of lesson with the instructor before registering for the class.

1/19 to 5/11- 16 Weeks-Time arranged with Instructor
Instructor: Eileen Evans
Location: Instructor's home
Fee: \$220 Course Number: NCMUS 103 G1

Conversational Spanish ✨

If you have some prior Spanish language experience and would like to hold some tangible conversation, this is your next step. This class will increase your vocabulary and focus on fluency. The instructor will put your Spanish into action as the class covers different topics; school, food, etc., and enables students to put conversation together. \$10 book fee included in class fee.

W: 3/17 to 4/21 6:00PM to 8:00PM – 6weeks
Instructor: Monica Anderson
Location: RSC-1306
Fee: \$79 Course Number: NCLAN 103 R1

Animals and Science

Beginning Dog Obedience ✨

Beginning Dog Obedience will teach the owner and the dog(s) to heel on a leash, sit, lay down, and work on focus training and stays. It will also help with distractions and making sure that the dog will listen outside the class room where most distractions will happen. Both a leash and a choke collar will be included with the fees of the class.



T: 3/10 to 4/14 6:00PM to 7:00PM – 6 weeks
Instructor: Stephanie Schwartz
Location: Ghrian Maidin Kennel and Dog Training
Fee: \$70 Course Number: NCOTH 301 R1
20 wwwcc.wy.edu/comm_svs

♠ = Green River

Introduction to Rock and Mineral Collecting ✨ **NEW!**

So, you've got a bunch of rocks that you love and want to share, but you're not sure how to show them off. Here's your chance to learn how to organize your collection and turn it into something that you will enjoy sharing with your friends and family. We'll focus on activities that will help you understand and share your understanding with others. Some topics will include: Labeling, Cleaning, Displaying, Curating, Valuing, etc. To make it more enjoyable, each week samples will be provided for you to label and keep. If you haven't started yet, don't worry, this is your chance to learn a new hobby. \$30 supply fee towards samples included in price.



T: 2/24 to 3/24 6:00PM to 7:30PM – 5 weeks
Instructor: Keith Hayes
Location: RSC-1212
Fee: \$83

The Geology of Our Area ✨

Take a geologic tour with Dr. Dana Pertermann as she explores and explains the area's geological history and features. We will be driving around Rock Springs and Sheep Creek Geological Loop. Lunch will be provided.

S: 4/25 AND 5/2 9:00AM to 3:30PM – 2 weeks
Instructor: Dana Pertermann
Fee: \$59 Course Number: SU/15 NCOTH 700 R1

Finance

Financial Strategies for Successful Retirement ✨ ♠

This financial class will introduce you to the key concepts and practices for money management. Our goal is to inform you about how to manage your money, allowing you to potentially accumulate more wealth and provide more freedom in lifestyle. Take time out now to protect your future.

T: 3/10 to 3/24 6:00PM to 8:00PM – 3 weeks
Instructor: Michael Onkes
Location: RSC-1306
Fee: \$45 Course Number: NCBAD 310 R1
OR
W: 3/11 to 3/25 6:00PM to 8:00PM – 3 weeks
Location: GRC -204
Fee: \$45 Course Number: NCBAD 310 G1
OR
W: 4/1 to 4/15 6:00PM to 8:00PM – 3 weeks
Location: RSC-1330
Fee: \$45 Course Number: NCBAD 310 R2
OR
TH: 4/2 to 4/16 6:00PM to 8:00PM – 3 weeks
Location: GRC -204
Fee: \$45 Course Number: NCBAD 310 G2

✨ = Rock Springs

♠ = Farson

307.872.1323

Historical Literature

Rocky Road Café: Reading in Wyoming History ✨

Join Dr. Jessica Clark, an assistant professor of history from Western Wyoming Community college, on a journey through Wyoming history by participating in the Rocky Road Café – a book club devoted to reading works about Wyoming, from fictional pieces, to memoirs, to poetry, to monographs. This club will meet 4 times per semester to read and discuss 3 books. The book club is devoted to life on the Rocky Mountains, in particular Wyoming. This semester we will examine the history and identity of our hometown -- Rock Springs, Wyoming by reading a non-fiction town history, a personal memoir, and a historical fiction novel. Books will be available to buy on the first day of class.

TH: 1/29, 2/26, 3/26, 4/30 6:30PM to 8:00PM

Instructor: Dr. Jessica Clark

Location: Java Peddler (inside Bike and Trike)

Fee: \$41 Course Number: NCHIS 103 R1

Sports and Leisure

Basic Pistol 🏠 ✨

This is an introductory class that will teach students the basic fundamentals, safe operation and handling of a pistol. The class will cover basic pistol safety, pistol mechanics for both semi-autos and revolvers, fundamentals of marksmanship, proper draw stroke, proper stance and more. Students will have the opportunity to receive a Concealed Weapon Certificate if they choose.

F: 1/23 to 2/13 7:00PM to 9:00PM - 4 Weeks

Instructors: Anthony Peel & Robert Mullin

Location: GRC-105

Fee: \$67 Course Number: NCOth 509 G1

OR

F: 2/17 to 3/20 7:00PM to 9:00PM – 4weeks

Instructors: Anthony Peel & Robert Mullin

Location: RSC – 1439

Fee: \$67 Course Number: NCOth 509 R1

Gardening in the High Desert 🏠 **NEW!**

If you have been wanting to grow a garden but having trouble with the soil or finding plants that will actually grow in this area- this is the class for you! Students will learn from the ground up with soil preparation, plant selection, weed/pest control and diseases. Additionally, students will have the opportunity to learn more about the resources available through the Sweetwater County Weed and Pest.

W: 2/18 to 3/11 6:30PM to 7:30PM – 4 weeks

Instructor: Dan Madsen

Location: Farson Eden High School Library

Fee: \$15



Basic Car Care ✨

This course is designed for those who want to know more about how to maintain their car. Automotive Technology Instructor Tracey Hind, will cover the basics of simple automotive services. You will learn how to change a flat tire, check your oil, and understand maintenance schedules. You will be taught preventive maintenance and repair along with the terminology and proper use of tools. This class will give students the knowledge and skills to work on their car as well as confidence when taking it in to be worked on.

TH: 4/9 to 4/23 6:00PM to 9:00PM – 3 weeks

Instructor: Tracey Hind

Location: RSC-1515

Fee: \$59 Course Number: NCAUT 900 R1

Basic Wilderness Survival 🏠 **NEW!**

This class will teach the skills to survive while overnight or stuck out in the wilderness. The rules of three and how they apply to survival will be discussed along with the mechanisms of heat loss. You will learn multiple ways of fire starting, shelter construction and how to locate water in our southwest Wyoming desert along with trapping skills, navigation techniques and so much more. If you ever wanted to learn how to survive in the Wyoming desert, this class is for you!

F: 4/10 to 5/1 5:00PM to 7:00PM – 4 weeks

Instructor: Anthony Peel

Location: GRC-105 and outdoor areas

Fee: \$ 39 Course Number: NCPEA 110 G1

Texas Hold'em Poker for Beginners ✨

Have you wanted to play Texas Hold'em but never had the chance? Come learn how to play the 'Cadillac' of all poker games, the wildly popular Texas Hold'em. This course is intended for beginners and will cover the fundamentals of proper play, hand rankings, basic strategies for regular and tournament play, calculating mathematical odds, and psychological tells. This interactive game is a memory-intensive activity that is fun to learn and even better to win! An optional field trip to a poker tournament at the Windriver Casino will follow the completion of the class (additional fee required).

TH: 2/5 to 2/19 6:30PM to 8:30PM – 3 weeks

Instructor: Stephen Miraglia

Location: Young at Heart Senior Center

Fee: \$50 Course Number: NCOth 128

R1



Have a hobby or skill that you want to share with others? Give us a call. We are always looking for qualified instructors to expand our classes to meet community needs.

Can't find something you want to take? Let us know! We will try our best to create a class. If you want to take it, chances are others do too!

COMMERCIAL INSTRUMENT GROUND SCHOOL ◆

This class is designed for pilots or future pilots. In this class students will have the opportunity to learn commercial, private and instrument topics such as: Federal Aviation Regulations for Commercial Operations, Aerodynamics and Aircraft Operations, Navigation, aircraft Instruments, Aeronautical Information Manual, Aircraft Performance for Commercial Operations, Weight and Balance Theory and also Low and High Weather Theory, Reports and Forecasts. Students will become familiar with instrument pilot topics such as: airplane Instruments, Altitude Instrument Flying and Aerodynamics, Navigation Systems, Federal Aviation Regulations, Airports, Air Traffic Control, and Airspace, Holding and Instrument Approaches, Aeromedical Factors, aviation Weather and Weather Services, IFR En Route and IFR Flights. Students must register at least a week before the class begins so supplies can be purchased. The \$50.00 supply fee is included in the course fee.

T/TH: 1/20 to 4/9 6:00 PM to 9:00 PM – 12weeks

Instructor: Ed DeCastro

Location: GRC-204

Fee: \$390 Course Number: NCOTH 132 G1

Hunter Education

Completion of this course will entitle the student to receive the HUNTER EDUCATION Certification. Students must attend ALL classes and pass an exam to receive their certificate. All work is done in the classroom. An adult must accompany children under 16 years of age. Pre-registration on the Wyoming Game and Fish website is required. Enroll early, class fills fast. Please bring a notebook and pen to class.

Fee: \$15 Course Number: NCPEP 100

Check the Game and Fish Department website or call 872-1323 to see if Hunter Education classes in Rock Springs or Green River are available.

Trips and Events

Archeological Field Sites

Learn the basic tools and techniques of Archaeology with Dr. Dana L Pertermann as she leads you through some of Wyoming’s archaeological field sites. Overnight camping will be required, and you will need to provide your own camping equipment. Dinners each night included with supply fee.

F/S/SU: 5/29 to 5/31 8:00AM to 5:00PM

Instructor: Dana Pertermann

Location: Meet at RSC- 1223

Fee: \$100 Course Number: SU/15 NCOTH 101 R1

The Wild Calls

Under the direction of Professor Charlie Love, the Wild Calls trips will feature fun, educational filled adventures to our surrounding area. You will learn about the geology of the land while riding on a lavish bus toward a fun destination. These trips will include a range of locations and dates.

Call Community Education 872-1325 to hear about our next adventure!



Utah Theater Bus Trips

These trips include Broadway Across America tickets plus the bus fee. Single show tickets are available as well as 4 pack tickets and 5 pack tickets. Bus picks up in Rock Springs and Green River. The shows for the 2014-2015 season are:

Once – 4/11/15

The Illusionists – 6/27/15

The Book of Mormon – 8/1/15

Call for seats and pricing

The Holocaust in Europe: Study Abroad

There’s no better place to study the Holocaust than in Europe – seeing is believing. This life-changing program includes visits to Berlin, Warsaw, Krakow, Prague, Nuremberg, and Munich, as well as the concentration camps of Auschwitz and Dachau. In addition to learning about the Holocaust, you’ll get to experience European culture and foodways. The cost includes roundtrip airfare, lodging, transportation, entrance fees, and ½ of your meals. Join us on this unforgettable journey through Europe. **Contact Jessica Clark if you have any questions or concerns: jclark@wwcc.wy.edu or 307-382-1864**

Pre-trip meetings: TBA

Trip: May 19th – 31st

Under 30: \$4,230*

30 and older: \$4,560*

***Price is subject to change. To lock in the lowest rate possible, register sooner rather than later.**

To register call 877-485-4184.



Race on the Rock – Adult ✨

This event is an Olympic and Sprint race Distance Triathlon. The swim portion of the event will take place in the Aquatic Center at the College. The bike and the run portions of the race will be on the city streets in, around, starting and ending at WWCC.

S: 8/29/15 6:00AM

Fees: \$65 Olympic Distance

\$35 Sprint Distance

\$80 Olympic Team

\$50 Sprint Team

Race on the Rock – Kids ✨

For this second year of this USA Triathlon Sanctioned race at the Western Wyoming Community we will also be hosting a KIDS RACE!!! The Kids race will involve a 100m swim, a 3 mile bike ride and a 1 mile run.

S: 8/29/15 6:00AM

Fee: \$20

All participants in sanctioned events must have a valid USAT membership card to present on the day of the race or purchase a one day membership for \$12 at the time of registration. If you do not have your valid membership card available participants will be required to pay the one day fee.

Post race awards ceremony and party with refreshments will be held at the college starting point, please be sure to stay for music and refreshments. We will have a specific award for first time racers.

Western Wyoming Community College Community Education Registration Form

Green River Center

1 College Way ▪ Green River, WY 82935 ▪ Phone (307) 872-1323 ▪ FAX (307) 875-6705

Rec. No. _____	By _____
Check # _____	
Cash _____	
CC# _____	
<input type="checkbox"/> Visa	<input type="checkbox"/> MC Expiration Date _____

PLEASE PRINT OR TYPE ALL INFORMATION REQUESTED.

Name _____	Social Security No. _____
Address Street/P.O. Box _____	Student ID No. _____
City/State/Zip _____	E-mail _____
Home Phone _____	Work Phone _____
Date of Birth _____	Age* _____ Sex* <input type="checkbox"/> Male <input type="checkbox"/> Female
How long have you lived at the address above? _____	
If a Wyoming resident, how long have you lived in Wyoming? _____ If not at least one year, where did you reside before? _____	
Do you give WWCC permission to release your name, address, and enrollment status as part of our directory information? <input type="checkbox"/> Yes <input type="checkbox"/> No	
Ethnicity* (Mark one) <input type="checkbox"/> White <input type="checkbox"/> Asian <input type="checkbox"/> Black <input type="checkbox"/> Hispanic/Latino <input type="checkbox"/> Hawaiian/Pacific Islander <input type="checkbox"/> American Indian/Alaska Native <input type="checkbox"/> Non-Resident Alien (Foreign Student)	
*Required for reporting purposes only.	

COURSE NUMBER	COURSE TITLE	FEE

I am enrolling in this course/activity for the following reasons:

<input type="checkbox"/> Degree seeking from WWCC	<input type="checkbox"/> Build basic skills before taking credit classes
<input type="checkbox"/> Upgrade current job skills	<input type="checkbox"/> Workshop required by employer
<input type="checkbox"/> Develop new job skills	<input type="checkbox"/> Physical activity/health
<input type="checkbox"/> Teacher recertification	<input type="checkbox"/> Basic skills (ABE, GED, ESOL)
<input type="checkbox"/> Coursework toward degree from another institution	<input type="checkbox"/> Children's programming
<input type="checkbox"/> Personal enrichment	<input type="checkbox"/> Other (specify) _____

Community Education classes are non-refundable unless the class is cancelled. If a class is cancelled, I authorize the College to automatically issue a refund check.

I understand that once my registration is processed, I am officially registered for the semester and am responsible for all debts incurred. If my account is not paid in full, I understand that the College may hire a collection agency to take action. If my account is assigned to a collection agency, I understand that I am responsible for all attorney fees, court costs or delinquency fees that may be incurred during the collection of my debt. I understand that the delinquency fee will be equal to 50% of the principal amount owed.

Signature

Date

Mailed or faxed registrations do not guarantee a spot in a course. Please confirm your registration by phone.

Distance Learning

Obtain your Associate Degree through online learning
Over 160 online courses for Spring 2015!

For additional information contact:

Nancy Johnson, Director of Distance Learning

njohnson@wwcc.wy.edu or 307-382-1757

or visit http://www.wwcc.wy.edu/dist_ed/default.htm

Aquatic Center

Registration for Children's Swimming Lessons

- In person registration is recommended at Registration and Records, **OR** phone-in registrations will be taken at 307.382.1637 as phone lines and personnel are available. Registrations are non-refundable and non-transferable.
 - Classes fill quickly. Call 307.382.1694 for information on levels or visit
 - www.wwcc.wy.edu/aqua_ctr for more course information.
- Parent/Child Aquatics
- Preschool/Level I
- Level 2 & 3
- Level 4
- Level 5
- Level 6 A (Personal Water Safety)
- Level 6 B (Fundamentals of Diving)
- Competitive (Off-Season) Training
- Credit Course information, check the course catalog or web site.



WWCC Learning Center

Rock Springs and Green River Call 382-1829 or 872-1319 for schedules and more information

- **February is Free Wyoming High School Equivalency Certificate (formerly GED) Month**
- Preparation and testing for Wyoming High School Equivalency Certificate
- ESL (English as a Second Language) classes
- Classes to brush up on reading, math and language skills

Credit Courses

Credit courses are listed in the Fall 2013 Schedule of Courses. Stop at the Green River Center or Rock Springs Campus to pick up your copy. For more information call 307.382.1600 or visit

www.wwcc.wy.edu

- Credit Day Courses
- Credit Open Lab Courses
- Credit Evening & Weekend Courses
- Late Start Courses
- Credit On-line Courses
- Short Block Courses

Box 428, Rock Springs, WY 82902-0428, (307) 382-1609; or the Office for Civil Rights, Denver Office, Department of Education, Federal Office Building, Suite 310, 08-7010, 1244 Speer Blvd., Denver, CO 80204-3582, (303) 844-5695, Fax (303) 844-4303 or TDD (303) 844-3417; email: OCR_Denver@ed.gov or Wyoming Department of Education, Office for Civil Rights, 2nd Floor Hathaway Building, Cheyenne, WY 82002, (307) 777-6218.

Western Wyoming Community College is an Affirmative Action/Equal Opportunity institution and as such, does not discriminate on the basis of race, color, national origin, sex, age, religion, handicap status, disabled veteran, or veteran of the Vietnam era in admission or access to, or treatment or employment in, its educational programs or activities. Inquiries concerning Title VI, Title IX and Section 504 may be referred to the Dean of Administration, WWCC Administrative Offices, P.O.



Remove for future reference

January 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

4

5

6

7

8

9

10

11

12

13

14

15

16

17

18

19

20

21

22

23

24

25

26

27

28

29

30

31

11

- Zumba Gold

12

- Zumba Gold

13

- Zumba Gold

14

- Woodworking Basics

15

16

17

18

19

- **Martin Luther King Day**
- Yoga
- Custom Lawn Chairs
- Tickle the Ivories

20

- Commercial Ground School
- Power Taekwon-Do
- Exercise for Fun

21

- Yoga for Every 'Body'
- Basic Internet

22

- Intermediate Crochet
- Hatha Flow
- Beginning Yoga
- Watercolor Simple
- Yoga for Everybody

23

- Basic Pistol

24

25

- Hatha Yoga
- Tai Chi for Health II

26

- Watercolor Painting
- Building Buttercream Skills

27

- Tai Chi For Health

28

- Beginning Movement
- Beginning Ballet
- Pre-Pointe
- Beginning Pointe
- Reading in Wyoming History

29

30

31



Remove for future reference

February 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3 <ul style="list-style-type: none"> • Microsoft Office for Beginners 	4	5 <ul style="list-style-type: none"> • Intermediate Sewing • Texas Hold'em for Beginners • Fondant and Gum Paste 	6	7
8	9	10	11 <ul style="list-style-type: none"> • Photoshop for Beginners 	12	13 <ul style="list-style-type: none"> • Valentine's Day Cookie Bouquet 	14 <ul style="list-style-type: none"> • Child Pet Care
15	16 President's Day <ul style="list-style-type: none"> • Custom Lawn Chairs 	17	18 <ul style="list-style-type: none"> • Gardening in the High Desert 	19	20	21 <ul style="list-style-type: none"> • Braided Rugs
22	23	24 <ul style="list-style-type: none"> • Introduction to Rock and Mineral Collecting 	25	26	27 <ul style="list-style-type: none"> • Basic Pistol 	28



Remove for future reference

March 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 • Zumba Gold	3 • Zumba Gold	4	5	6	7 • Safe Sitter • Back to Basics: How to Style Girls Hair
8	9 Spring Break	10 Spring Break • Beginning Dog Obedience • Financial Strategies R.S.	11 Spring Break • Financial Strategies G.R.	12 Spring Break	13 Spring Break	14
15	16	17 • Conversational Spanish	18 • Cards for all Occasions	19 • Faux Stained Glass Art	20	21
22	23 • Cards for all Occasions	24 • Live Well...Eat Well with Diabetes	25	26 • Advanced Gum Paste Flowers	27 • Easter Bunny Cake R.S.	28 • Easter Bunny Cake G.R.
29	30	31				



Remove for future reference

April 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 <ul style="list-style-type: none"> Dutch Oven Cooking Financial Strategies R.S. Creating an Altered Book 	2 <ul style="list-style-type: none"> Financial Strategies G.R. 	3 Easter Break	4
5	6 Easter Break	7	8	9 <ul style="list-style-type: none"> Basic Car Care 	10 <ul style="list-style-type: none"> Basic Wilderness Survival 	11
12	13	14 <ul style="list-style-type: none"> Get to Know your DSLR Camera 	15 <ul style="list-style-type: none"> Cooking on the Green 	16	17 <ul style="list-style-type: none"> Swing Dance 	18 <ul style="list-style-type: none"> Waltz/Fox Trot Latin Dances Open Dancing
19 <ul style="list-style-type: none"> West Coast Swing Workshop 	20	21	22	23	24	25 <ul style="list-style-type: none"> Geology of our Area
26	27	28	29	30 <ul style="list-style-type: none"> Fondant Figurines 		

Community Education's Role in WWCC's Mission

Community Education supports the following aspect of WWCC's mission: Western's fundamental purpose is to provide high quality learning opportunities to students who are at various stages of life and have differing needs and expectations. Committed to quality and success, Western encourages flexibility, innovation, and active learning for students, faculty and staff. The College understands that learning occurs inside and outside the classroom and, therefore, seeks to create an environment where lifelong learning is encouraged and where students and employees interact in an atmosphere of mutual respect.

Registration Process

Community Education courses are offered for non-credit. Charges associated with an individual course or event are based upon the direct cost of offering the course or event plus a 35% administrative fee.

Sweetwater County residents age 60 years or over may enroll for courses offered at Western with payment of tuition waived. Special fees for supplies or other costs remain the financial responsibility of each student, regardless of age, and cannot be waived. The College Board of Trustees reserves the right to change tuition and fees at any time.



Mail your registration to:

Community Education
 WWCC-GRC
 #1 College Way
 Green River, WY 82935



Call Community Education:

307.872.1323



In person at:

Western Wyoming Community College
 in Rock Springs or Green River



Follow us on Facebook! To keep updated on our newest classes Like us at

www.facebook.com/WWCCcommunityeducation

Phone Numbers

WWCC Green River Center.....	307.872.1301
Community Education	307.872.1323
Workforce Development	307.872.1326
WWCC Rock Springs Campus	307.382.1600
Aquatic Center.....	307.382.1694

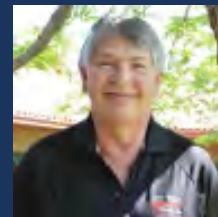
Abbreviation Legend

M.....Monday	RSC Rock Springs Campus
T.....Tuesday	GRC Green River Center
W.....Wednesday	TBA..... To Be Arranged
TH.....Thursday	◆..... Green River Classes
F.....Friday	✕.....Rock Springs Classes
S.....Saturday	●..... Farson Classes
SU.....Sunday	

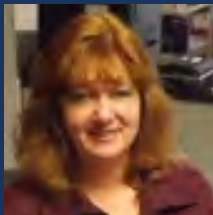
Western Wyoming Community College, (USPS 024-545) is published during the months of Jan, June, July, Sept, Nov and Dec by Western Wyoming Community College, 2500 College Drive, Rock Springs WY 82901. Periodical Postage Paid at Rock Springs, WY and additional mailing offices. POSTMASTER: send address changes to Western Wyoming Community College, 2500 College Drive, Rock Springs WY 82901.

Register Now for Workforce and Community Education!

“Tim Warren was a great instructor who was very knowledgeable in mine safety, and showed a genuine care for the safety of new miners as well as experienced ones.”



Jeremy Smolik
Surface New Miner Class - Workforce Development



“Enjoyed Access Basic. I’m looking forward to Access Intermediate. The facility and equipment is great. Instructor Shafe is very personable and knowledgeable. She is able to help all the students even though they are at varying levels of knowledge and experience. I hope to take other computer courses in the future. WWCC-GR is a great asset to our community. Thank you.”

Chris Dean
Access class - Workforce Development

“Instructor was very personable, empathetic and knowledgeable. He had a charismatic way of answering questions and meeting the class content while listening to class members comments.”

Sheila Syvrud
Financial Strategies for Successful Retirement with
Instructor Michael Onkes - Community Education

“Everyone in the class was so encouraging. I have never done any painting before and now I will attempt to keep practicing.”

Connie Conrad
Watercolor Painting with Instructor
Angie Bennett - Community Education