

Winter 2015

Creating Community Through People, Parks & Programs

Recreation



TINY TOTS PRESCHOOL PROGRAM



Expanding your child's world! See page 49. Register Today!

www.RegeRec.com

CITY OF FREMONT'S 6th GRADE DANCE PARTY!

Valentine Pinks & Love Stinks

February 13th (#219582)

7:00-9:30PM | Teen Center
(39770 Paseo Padre Pkwy | Fremont, CA)

Tickets: \$12 (advance) or \$14 (at the door)

Come and hang with your friends and meet some new ones! We will have a DJ spinnin' discs, large-screen movies, \$1 snacks/drinks, foosball, air hockey and dance contest! Win prizes! First 50 registered will receive a bag of popcorn! If you are paying at the door, your parent will need to sign you in as proof you are in 6th grade and live in or attend a school in Fremont. School dress codes must be followed. PARENTS: The confirmation receipt counts as the ticket!

For more information, call (510) 494-4344 or email RegeRec@fremont.gov

Tickets in advance are \$12.00 and are available until Thu., Feb. 12th at 4:30PM at the registration desk and online on RegeRec.com until 11:59pm.

At the door tickets will be sold at the dance starting at 6:30PM on Friday, Feb 13th.

www.RegeRec.com | (510) 494-4344 | azambrano@fremont.gov

Friday, March 13

Central Park – Teen Center

LEPRECHAUN LAND

for wee folk

CHILD & 1 ADULT

BAR	AGE	TIME	FEE
219591	2-10	5:30PM	\$10
219592	2-10	6:00PM	\$10
219595	2-10	6:30PM	\$10

ADDITIONAL ADULTS

BAR	AGE	TIME	FEE
219593	10 & up	5:30PM	\$2
219594	10 & up	6:00PM	\$2
219596	10 & up	6:30PM	\$2

As St Patrick's Day approaches, enjoy a magical maze, life-size board game filled with elusive magical leprechauns, pots of gold and shamrocks! Bring your wee folks to this special event to learn about Leprechauns and perhaps even catch one of their own in a Leprechaun Trap! Discover GOLD and have fun playing fairy, elfin, pixie and Leprechaun Games while enjoying Lucky Shamrock snacks! Each participant gets: a snack pack, a bag full of Leprechaun goodies, a forest walk through, Leprechaun craft, and leaves with a smile! *The average time needed to complete all the activities is approximately 90 minutes Pre- registration ends at 4:00PM on March 12 Tickets are required for children (Ages 2-10) and includes free entry for 1 adult. Additional non-participants are \$2 each.



www.RegeRec.com

SUMMER JOB FAIR

Thursday, February 24

5:00PM-7:30PM

Teen Center

(39770 Paseo Padre Pkwy.)

Saturday, April 18

10:00AM-1:00PM



- ✓ DRESS PROFESSIONALLY
- ✓ BRING A RESUME & COVER LETTER

- ✓ BE PREPARED TO INTERVIEW
- ✓ BRING LETTERS OF REFERENCE



Join us at the Summer Job Fair! This is a perfect opportunity for students who are looking for a summer job! Come prepared to complete an application and dress professionally for a possible interview!

For more information about working with the City of Fremont, or the Summer Job Fair, email RegeRec@fremont.gov or call (510) 494-4300

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In The Spotlight



School Break Camps pages 4-13



Dance pages 22-24



Tot Sports page 45

OH, NO!

YOU CANCELLED IT!

Sometimes courses are cancelled because people wait too long to register. Please register early to avoid disappointment!

WINTER BREAK CAMPS

JUST FOR FUN CAMPS

Camp Max, Jr Holiday Fun!

Ages 5½-9

For more information, call (510) 494-4344

Maximum activity, maximum fun! This camp will have similar activities as Camp Max but will be appropriate for the younger age and more cooperative in nature. Both groups will join together for morning kick-off and group cheers and day's end for the afternoon 'after burn' huddle. Bring a lunch. *Registrants may enroll in Extended Care at the Central Park Teen Center from 3:00-6:30PM. See page 7 for more information.*

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
214318	5½-9	TNC	Dec22,23	8:00AM-3:00PM	2	M,Tu	\$75
214321	5½-9	TNC	Dec29,30	8:00AM-3:00PM	2	M,Tu	\$75

Camp Max Holiday Fun!

Ages 10-12

For more information, call (510) 494-4344

Maximum challenge, maximum fun! Week I: The campers will plan and develop a kid-friendly holiday-related attraction, decide what it should look like and create it out of cardboard and other materials. It could be a zoo, a toy factory, an arcade, an interactive museum - whatever ends up being formed and shaped by the campers. Week II: For the love of BRICKS: Does your child love bricks? Legos, megablocks and such? We will pack our days with brick-inspired crafts, cooking, science experiments, games..even songs! So much fun to be had! Bring a lunch. Campers may arrive between 8:00-9:00AM when the main program begins; special 'early-bird' activities will take place during the first hour. *Registrants may enroll in Extended Care at the Central Park Teen Center from 3:00-6:30PM. See page 7 for more information.*

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
214303	10-12	TNC	Dec22,23	8:00AM-3:00PM	2	M,Tu	\$75
214307	10-12	TNC	Dec29,30	8:00AM-3:00PM	2	M,Tu	\$75



Rock Climbing & Games Camp

Ages 6-15

For more information, call (510) 494-4334

Encourage-Challenge-Reward! Join City Beach for the adventure camp of a lifetime! Our expert Camp Counselors provide a fun and safe environment for your child to learn and grow with an emphasis on fun. They will climb in our world class indoor Rock Gym (no experience necessary), participate in kid-friendly facilitated games and activities, and build self-esteem and lasting friendships. City Beach will make sure your child can't wait to jump in the car in the morning, and we'll be here to greet them! Activities include: rock climbing, air hockey, basketball, volleyball, facilitated games, foosball, billiards, ping pong, ropes course, crafts, badminton, bocce ball, and more! Healthy snacks and t-shirts provided. All day participants will need to pack a lunch or have the option of purchasing an additional, healthy meal plan through City Beach. Charges will be assessed by City Beach for late pickups. *There are no extended care options for this camp.*

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
214122	6-15	CB	Dec22,23,26	9:00AM-4:30PM	3	M,Tu,F	CB	\$235
214123	6-15	CB	Dec22,23,26	9:00AM-12:30PM	3	M,Tu,F	CB	\$155
214124	6-15	CB	Dec29,30,Jan2	9:00AM-4:30PM	3	M,Tu,F	CB	\$235
214125	6-15	CB	Dec29,30,Jan2	9:00AM-12:30PM	3	M,Tu,F	CB	\$155

**EXTEND YOUR
CHILD'S CAMP!
SEE PAGE 7.**



SPORTS CAMPS

Ultimate Sports Camp

Ages 6-12

For more information, call (510) 790-5520.

How will your child spend their Holiday Break? Have them spend it with us. The Ultimate Sports Camp is held at Central Park, which allows us to utilize everything that the park has to offer, providing fantastic learning experience for all campers. Ultimate Sports Camp is best suited for beginner to intermediate level campers, but our staff has the necessary experience and training to challenge campers of all ability levels. Staff will teach traditional sports and non-traditional games that improve coordination and cardio fitness. The full day camp includes field trips to Fremont Park Golf and Practice Center and/or the Fremont Animal Shelter. For the Full Day, bring water, snack & lunch. For the half day, bring snack & water. For the camps during Winter Break: in the case of inclement weather, campers will be taken to Fremont Community Center for indoor activities. *Registrants for the full day camp may enroll in Extended Care at the Central Park Teen Center from 3:00-6:30PM. See page 7 for more information.*

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
217979	6-12	CPSBC	Dec22-23	8:00AM-3:00PM	2	M,Tu	\$89
217980	6-12	CPSBC	Dec22-23	8:00AM-12:00PM	2	M,Tu	\$59
217982	6-12	CPSBC	Dec29-30	8:00AM-3:00PM	2	M,Tu	\$89
217981	6-12	CPSBC	Dec29-30	8:00AM-12:00PM	2	M,Tu	\$59

Ultimate Sports Camp Jr.

Ages 4-5

For more information, call (510) 790-5520.

This is an introduction to T-Ball, Soccer, Hockey, Flag Football and Basketball. Participants will be taught the basic skills of each sport through games and practice drills. Most importantly, kids will meet new friends and have fun. All equipment is provided. Bring a water bottle, and wear appropriate athletic shoes. For the camps during Winter Break: in the case of inclement weather, campers will be taken to Fremont Community Center for indoor activities. *There are no extended care options for this camp.*

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
217983	4-5	CPSBC	Dec22-23	8:00AM-12:00PM	2	M,Tu	\$59
217984	4-5	CPSBC	Dec29-30	8:00AM-12:00PM	2	M,Tu	\$59



Tennis Holiday Camp

Ages 5-17

For more information, call (510) 790-5510

Campers will learn to rally on age appropriate balls and courts. All City of Fremont camp instructors have undergone extensive training based on the USTA National Player Development Coaching philosophies and methodology. Lead camp instructors are PTR certified and Campers should wear sturdy tennis shoe (no black soles). Bring a snack and a racquet. *Registrants may enroll in Extended Care at the Central Park Tennis Center from 8:00-9:00AM and/or 3:00-6:30PM. See page 7 for more information.*

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
216426	5-17	FTC	Dec22,23,24	9:00AM-12:00PM	3	M,Tu,W	\$99
216427	5-17	FTC	Dec22,23,24	9:00AM-3:00PM	3	M,Tu,W	\$189
217829	5-17	FTC	Dec29,30,31	9:00AM-12:00PM	3	M,Tu,W	\$99
217830	5-17	FTC	Dec29,30,31	9:00AM-3:00PM	3	M,Tu,W	\$189

Holiday Indoor Sports Jam

Ages 5-12

For more information, call (510) 494-4334

Indoor Sports Jam is the perfect way to spend the holiday with your friends! ISJ is a Full Day or Half Day option sports camp and is a fun way to play a variety of sports with friends throughout the day and to meet new friends, while jammin' to music! Basketball, Badminton, Volleyball, Soccer, Kickball, Baseball, and Dodgeball are just some of the sports we will play. Come enjoy the holiday weeks of great sports fun with our friendly staff! Children are split up by ages and skill level. We will also have an arts 'n' craft portion of the day and watch a movie for about 30 mins/per day/per AM and PM session. Bring a snack for the AM and PM, along with a lunch if you are attending the Full Day. Don't forget your water, and don't miss out on hangin' with your friends! Wear athletic clothing and shoes. *Registrants may enroll in Extended Care at the Irvington Community Center from 8:00-9:00AM and/or 4:00-6:00PM. See page 7 for more information.*

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
214129	5-12	IRCC	Dec29,30,Jan2	9:00AM-4:00PM	3	M,Tu,F	\$119
214130	5-12	IRCC	Dec29,30,Jan2	9:00AM-12:00PM	3	M,Tu,F	\$69
214131	5-12	IRCC	Dec29,30,Jan2	1:00PM-4:00PM	3	M,Tu,F	\$69

ACADEMIC ENRICHMENT

MAD SCIENCE

For more information, call (510) 791-4318

Winter Wonder-Lab

Ages 5-12 New!

Step into our 'cool' Mad Science Winter Wonder-Lab and watch a snowman sublimate before your very eyes! We'll be tinkering with technology and building strings of holiday lights as we learn about electricity. Kids will discover polymers and make their own Mad Science Bouncy Ball ornament! 2 days of non-stop FUN!! Camp fee includes water and non-carbonated beverage. Bring a bag lunch. *Registrants may enroll in Extended Care at the Central Park Teen Center from 8:00-9:00AM and/or 3:00-6:30PM.*

See page 7 for more information.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
217986	5-12	TNC	Dec22,23	9:00AM-3:00PM	2	M,Tu	Mad Science	\$129



COMMUNICATION ACADEMY

For more information, call (510) 494-4344

For curriculum questions, please call (408) 777-8876 or visit communicationacademy.com

Combo Camps

Ages 8-11

Spaces are limited! Camps are taught at age-appropriate level. Material fees are due on the *first day*. Full Day: \$30, Half Day: \$15 *Registrants may enroll in Extended Care at the Central Park Teen Center from 8:00-9:00AM and/or 3:00-6:30PM. See page 7 for more information.*

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
214297	8-11	CPVSC	Dec22,23	9:00AM-3:00PM	2	M,Tu	CA	\$225
214298	8-11	TNC	Dec29,30	9:00AM-3:00PM	2	M,Tu	CA	\$225

Essay Writing:

Ages 8-11

Focus and Accuracy

Writers use different kinds of writing for different purposes. In order to achieve specific goals, students will learn to tailor their writing-style to particular audiences. Various genres and styles of writing will be explored, and students will try their hand at each.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
214295	8-11	CPVSC	Dec22,23	9:00AM-11:30AM	2	M,Tu	CA	\$125



Public Speaking: Improv

Ages 8-11

Improv is a fun and exciting form of Public Speaking which asks students to make-up characters and dramatic scenarios on the spot. Students will learn valuable Public Speaking skills such as quick-thinking, personal magnetism, and self-esteem, all while laughing and having fun.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
216084	8-11	CPVSC	Dec22,23	12:30PM-3:00PM	2	M,Tu	CA	\$125

Essay Writing:

Ages 8-11

Student Publication

Students will learn to write a polished manuscript for final publication. This course emphasizes skills necessary to finalize and perfect a piece of writing. Students will work on a single piece of publication-quality material.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
214296	8-11	TNC	Dec29,30	9:00AM-11:30AM	2	M,Tu	CA	\$125

Public Speaking:

Ages 8-11

Student Leadership

Student Leadership encourages students to develop intensive research skills, diplomatic speaking and writing skills, and student advocacy skills. Students learn how to dialogue with elected officials, draft advocacy letters, write and make presentations for social media.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
214300	8-11	TNC	Dec29,30	12:30PM-3:00PM	2	M,Tu	CA	\$125

**EXTEND YOUR
CHILD'S CAMP!
SEE PAGE 7.**



EXTENDED CARE

WINTER BREAK

Do you need all day child care? Extend your child's Spring Break Camp by registering for the AM, PM, or even both! A variety of games, activities, and snacks will be provided! Responsible staff will either walk or drive children to/from any City of Fremont camp in Central Park. Campers will be transported by City of Fremont Staff in City of Fremont Vehicles.

Central Park - Teen Center

For more information, call (510) 790-5520

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
214594	5-14	TNC	Dec22,23	8:00AM-9:00AM	2	M,Tu	\$15
214603	5-14	TNC	Dec22,23	3:00PM-6:30PM	2	M,Tu	\$29
214600	5-14	TNC	Dec22	3:00PM-6:30PM	1	M	\$19
214601	5-14	TNC	Dec23	3:00PM-6:30PM	1	Tu	\$19
214599	5-14	TNC	Dec29,30	8:00AM-9:00AM	2	M,Tu	\$15
214607	5-14	TNC	Dec29,30	3:00PM-6:30PM	2	M,Tu	\$29
214604	5-14	TNC	Dec29	3:00PM-6:30PM	1	M	\$19
214605	5-14	TNC	Dec30	3:00PM-6:30PM	1	Tu	\$19

Central Park - Fremont Tennis Center

For more information, call (510) 790-5510

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
217833	5-14	FTC	Dec22,23,24	8:00AM-9:00AM	3	M,Tu,W	\$19
217836	5-14	FTC	Dec22,23,24	3:00PM-6:00PM	3	M,Tu,W	\$29
217834	5-14	FTC	Dec29,30,31	8:00AM-9:00AM	3	M,Tu,W	\$19
217835	5-14	FTC	Dec29,30,31	3:00PM-6:00PM	3	M,Tu,W	\$29

Irvington

For more information, call (510) 494-4334

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
214116	5-12	IRCC	Dec29,30,Jan2	8:00AM-9:00AM	3	M,Tu,F	\$15
214117	5-12	IRCC	Dec29,30,Jan2	4:00PM-6:00PM	3	M,Tu,F	\$25

**REGISTER
TODAY!**



SPRING BREAK

Do you need all day child care? Extend your child's Spring Break Camp by registering for the AM, PM, or even both! A variety of games, activities, and snacks will be provided! Responsible staff will either walk or drive children to/from any City of Fremont camp in Central Park. Campers will be transported by City of Fremont Staff in City of Fremont Vehicles.

Central Park - Teen Center

For more information, call (510) 790-5520

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
219199	5-14	TNC	Apr6-10	3:00PM-6:30PM	5	M-F	\$69
219200	5-14	TNC	Apr6-10	8:00AM-9:00AM	5	M-F	\$29

Irvington

For more information, call (510) 494-4334

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
219177	4-14	IRCC	Apr6-10	8:00AM-9:00AM	5	M-F	\$29
219178	4-14	IRCC	Apr6-10	4:00PM-6:00PM	5	M-F	\$29

Ardenwood Historical Farm

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
219839	5-12	AHF	Apr6-10	8:00AM-9:00AM	5	M-F	\$29
219840	5-12	AHF	Apr6-10	3:00PM-6:00PM	5	M-F	\$59

FREE SUPERVISED LUNCH

Olive Hyde Art Center

For more information, call (510) 494-4322

If you are looking for a safe supervised place for your loved one to have their lunch, between Magic Wizard Camp & Cook N Art Camp sign up for this FREE lunch supervision. Please select the appropriate date and location for your child's camp. Bring a lunch, water, and snack!

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
220116	6-10	OHAC	Apr6-10	12:00PM-1:30PM	5	M-F	\$0



SPRING BREAK CAMPS

JUST FOR FUN

Little Bit of Everything Camp!

Ages 4-7

For more information, call (510) 494-4344

A camp that has everything you want, arts, crafts, academics, cooking, and outdoor fun! We will make learning fun while making awesome art, doing simple science and enjoying some outdoor fun! This camp will be an indoor/outdoor camp. *Registrants may enroll in Extended Care at the Central Park Teen Center from 8:00-9:00AM (BAR# 219200) and/or 3:00-6:30PM (BAR# 219199).*

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
220163	4-7	FCC	Apr6-10	9:00AM-3:00PM	5	M-F	\$179
220164	4-7	FCC	Apr6-10	9:00AM-12:00PM	5	M-F	\$115

Spring into Fun!

Ages 7-11

For more information, call (510) 494-4344

This camp is packed with a ton of games, crafts, sports, science experiments, storytelling, songs to keep the 7-11 year olds very busy and active during this spring break from school. A great sneak preview of summer camp fun happening in spring time! This program will be indoors/outdoors weather permitting. Bring lunch, water, & snack. *Registrants may enroll in Extended Care at the Central Park Teen Center from 8:00-9:00AM (BAR# 219200) and/or 3:00-6:30PM (BAR# 219199).*

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
220292	7-11	TNC	Apr6-10	9:00AM-3:00PM	5	M-F	\$169

Adventures @ Ardenwood

Ages 5-12

For more information call (510) 791-4196

Spend your Spring Break at Ardenwood Historic Farm! Participants will be exposed to Common Core State Standards while experiencing history, science, and art through hands on activities at the Patterson House. Activities include historical scavenger hunts, nature walks, old fashioned cooking, a horse drawn train ride and much more! Don't forget to bring a lunch, and two snacks. Registrants may enroll in Extended Care at the Ardenwood Historic Farm from 8:00-9:00AM (BAR# 219839) and/or 3:00-6:30PM (BAR# 219840).

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
219835	5-12	AHF	Apr6-10	9:00AM-3:00PM	5	M-F	\$199



Junior Rangers

Ages 7-11

For more information, call (510) 790-5541

The Junior Ranger Camp is being offered as a prelude to our ever popular Jr Ranger summer camp program! Instructed by our very own Central Park Rangers, students will participate in a variety of hands on activities that encourage environmental appreciation and safety during any outdoor experience. This camp highlights themes of three of the Junior Ranger Summer Camps-1) Where the Wild Things Are, 2) ECO Rangers, 3) Nature, Natives, & Nifty Sciences. Curriculum is based on the California State Education Standards, with an emphasis on natural science, local history, ecology, bio-diversity, and general outdoor concepts. A must for young, inquiring minds! Bring lunch, water, and a snack! This camp is located at the southern end of Central Park at the Nature Learning Center (near the back of the Aqua Adventure parking lot). *Registrants may enroll in Extended Care at the Central Park Teen Center from 8:00-9:00AM (BAR# 219200) and/or 3:00-6:30PM (BAR# 219199).*

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
220781	7-11	NLC	Apr6-10	9:00AM-3:00PM	5	M-F	\$189

Hogwart's Academy

Ages 7-12

For more information call (510) 494-4322

Are you a fan of Harry Potter? Are you wishing your Hogwarts Admission letter came? Then, this is your chance! Come and enjoy a Harry Potter-themed program with arts and crafts, magical science experiments, quidditch games, and more! This program focuses on the wizarding world of Harry Potter, yet we will do more than having just games that are centered around the popular books and movies. Participants will be broken into different houses, and will have the opportunity to learn about team development. Participants will have the opportunity to gain better public speaking skills, and have the potential to learn about literary concepts (of course in a fun way). *There are no extended care options for this camp.*

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
219483	7-12	CCC	Apr6-10	9:00AM-3:00PM	5	M-F	Mojadedi	\$195

**EXTEND YOUR
CHILD'S CAMP!
SEE PAGE 7.**



Magic Wizard Camp

Ages 6-10

For more information, call (510) 494-4322

Get ready for afternoons full of magic! Discover how to make an object appear or disappear and 'how to read a mind'. Magic Camp will teach you the basics! Future magicians will gain skills through an encouraging step-by-step approach while gaining self-esteem. Have fun while learning from a qualified magician who has a teaching credential and a Masters in Theater Arts. Each camper will receive his/her own box of tricks and wand. Bring a snack. \$20 material fee due on first day. **MAKE IT A FULL DAY!** Registrants may enroll in Cook N Art Camp from 9:00AM-12:00PM (BAR# 220115) & Free Supervised Lunch (BAR#220116) There are no extended care options for this camp.

BAR	AGE	LOC	DATE	TIME	#	DAY INST	FEE
220084	6-10	OHAC	Apr6-10	1:30PM-4:30PM	5	M-F Wertman	\$125

Just Dance Camp

Ages 7-12 NEW!

For more information, call (510) 791-4351

Alright everyone, it's time to dance! This rockin' dance camp will be incorporating music and movement from the popular 'Just Dance' game. Campers will learn dances in the styles of hip-hop, jazz, and musical theatre. All supply fees are already included! At the end of this camp on Friday, participants will perform a mini show for family and friends to attend. Tennis shoes or jazz shoes required. Bring water and a snack! *There are no extended care options for this camp.*

BAR	AGE	LOC	DATE	TIME	#	DAY INST	FEE
219580	7-12	LCCC	Apr6-10	9:00AM-12:00PM	5	M-F Jessica	\$149



Musical Theatre Glee Camp

Ages 7-12 NEW!

For more information, call (510) 791-4351

All you 'Glee' fans, this one's for you! Have fun being a Triple Threat (singing, dancing, and a little bit of acting) just like the cast of Glee. Join us for a week of learning Musical Theatre combined with dance styles. Some arts & craft projects may be incorporated. Family and friends will be invited to attend our demonstration show on the last day of camp. Jazz shoes or Tennis shoes are needed. Bring a snack, water, 1 drink, and a fun attitude every day! Don't miss out on this New and exciting Glee Triple Threat Camp.

BAR	AGE	LOC	DATE	TIME	#	DAY INST	FEE
219581	7-12	LCCC	Apr6-10	1:00PM-4:00PM	5	M-F Gurule	\$149

Rock Climbing Camp

Ages 6-15

For more information, call (510) 494-4334

Join City Beach for the adventure camp of a lifetime! Activities include tons of indoor rock climbing instruction, high elements ropes course, volleyball, badminton & basketball, ping pong, billiards and much more. Morning, afternoon or full day camps are available. A light snack will be provided during each session. All-day participants should bring a lunch. Charges will be assessed by City Beach for late pickups. *There are no extended care options.*

BAR	AGE	LOC	DATE	TIME	#	DAY INST	FEE
219180	6-15	CB	Apr6-10	9:00AM-12:30PM	5	M-F CB	\$225
219181	6-15	CB	Apr6-10	9:00AM-4:30PM	5	M-F CB	\$379

Young Riders Camp

Ages 8-14

For more information, call (510) 791-4318

How the west was won..Come join us and our horses on a journey through history. Embrace the ranch experience as you learn to ride, dance at our hoedown, sing at our camp fire and mosey along on a hay ride. No prior riding experience is required. A packet of camp information, including directions, will be emailed to you prior to camp. Bring a lunch. Aftercare is available til 5:00 p.m. at \$15.00 per hour. Please contact instructor Rhonda Mott on the first day of camp for more information.

BAR	AGE	LOC	DATE	TIME	#	DAY INST	FEE
221079	8-14	CR	Apr6-10	9:00AM-2:00PM	5	M-F Rhonda	\$395

SPORTS

Indoor Sports Jam Max

Ages 4-14 NEW!

For more information call (510) 494-4334

It's the latest spin off to the ever popular all day/half day camp like the Indoor Sports Jam summer camps. This camp is an indoor camp with some time outdoors to MAXimize the fun! Looking to hang out and have a great time with some friends, then this is the spot. Come enjoy a week of great sports fun indoors and at times outdoors, arts 'n' crafts, and watch a movie for 30 mins/per day/per AM and PM session. Bring a snack for the morning and afternoon along with a lunch for full day participants. Sports, Arts'n' Crafts, Movies, and FUN, you can't go wrong. Wear athletic clothing and shoes. *Registrants may enroll in Extended Care at the Irvington Community Center from 8:00-9:00AM (BAR# 219177) and/or 4:00-6:00PM (BAR# 219178).*

BAR	AGE	LOC	DATE	TIME	#	DAY FEE
219172	4-14	IRCC	Apr6-10	9:00AM-12:00PM	5	M-F \$109
219173	4-14	IRCC	Apr6-10	1:00PM-4:00PM	5	M-F \$109
219174	4-14	IRCC	Apr6-10	9:00AM-4:00PM	5	M-F \$195

Junior Golf Camp

Ages 7-17

For more information, call (510) 790-5520

With years of experience in Junior Golf Camps, our instructors and assistants provide a fun atmosphere for learning the golf swing fundamentals, sportsmanship, rules and etiquette. By the end of camp, your child will know how to play golf safely and with noticeable improvement. Registration includes NCGA membership for all students into the YOUTH ON COURSE program. If you need to rent clubs, please contact the golf course directly at 510-790-1919 to make necessary arrangements. Club rentals are available for \$25 per week. Please note: Full day campers play the course daily from about 1-2:30 p.m. and should bring a lunch. Bring water and wear sunscreen. *Registrants may enroll in Extended Care at the Central Park Teen Center from 8:00-9:00AM (BAR# 219200) and/or 3:00-6:30PM (BAR# 219199).*

BAR	AGE	LOC	DATE	TIME	#	DAY FEE
220381	7-17	FPGPC	Apr6-10	9:00AM-3:00PM	5	M-F \$399
220382	7-17	FPGPC	Apr6-10	9:00AM-12:00PM	5	M-F \$275



Ultimate Sports Camp Jr.

Ages 4-5

For more information call (510) 790-5520

An introduction to T-Ball, Soccer, Hockey, Flag Football and Basketball. Participants will be taught the basic skills of each sport through games and practice drills. Most importantly, kids will meet new friends and have fun. All equipment is provided. Bring a water bottle, and wear appropriate athletic shoes. *Registrants may enroll in Extended Care at the Central Park Teen Center from 8:00-9:00AM (BAR# 219200) and/or 3:00-6:30PM (BAR# 219199).*

BAR	AGE	LOC	DATE	TIME	#	DAY FEE
219203	4-5	CPSBC	Apr6-10	8:00AM-12:00PM	5	M-F \$109

Ultimate Sports Camp

Ages 6-12

For more information, call (510) 790-5520

How will your child spend their Spring Break? Have them spend their Spring Break with us. The Ultimate Sports Camps is held at Central park, which allows us to utilize everything that the park has to offer, to put together a fantastic learning experience for all campers. Ultimate Sports Camp is best suited for beginner to intermediate level campers, but our staff has the necessary experience and training to challenge campers of all ability levels. Staff will teach traditional sports and non-traditional games that improve coordination and cardio fitness. This week will include field trips to Fremont Park Golf and Practice Center and Fremont animal shelter. Bring water, snack & lunch. BBQ lunch will be provided on Friday. *Registrants may enroll in Extended Care at the Central Park Teen Center from 8:00-9:00AM (BAR# 219200) and/or 3:00-6:30PM (BAR# 219199).*

BAR	AGE	LOC	DATE	TIME	#	DAY FEE
219201	6-8	CPSBC	Apr6-10	8:00AM-3:00PM	5	M-F \$199
219202	9-12	CPSBC	Apr6-10	8:00AM-3:00PM	5	M-F \$199

Basketball Elite Clinics

Ages 4-14

For more information, call (510) 494-4334

Elite Basketball Clinics are for players of all levels. Clinics will cover all basketball fundamentals and will target areas of improvement. These Elite Clinics are ran by Castro Valley Boys Varsity Head Coach Pete Vaz, and staff. They are open to boys and girls. Become a better shooter, passer, dribbler, defender, and raise your game to another level with this Elite Clinic! Don't forget to bring your 'A' game! *There are no extended care options for this camp.*

BAR	AGE	LOC	DATE	TIME	#	DAY FEE
219182	4-7	IRCC	Apr6-10	8:30AM-10:00AM	5	M-F \$99
219183	8-10	IRCC	Apr6-10	10:00AM-12:00PM	5	M-F \$99
219184	11-14	IRCC	Apr6-10	12:00PM-2:00PM	5	M-F \$99

ART & COOKING

For more information, call (510) 494-4322

ART CLASSES
PAGE 18



Cook 'n' Art Camp

Ages 6-10

Calling all young artists and chefs! Use your creative talents to explore and create awesome art and cooking projects all in one camp! Each day participants complete a wonderful art project and bring home culinary surprises (unless they eat them at camp, which they probably will!) The week culminates on Friday with an art show and homemade refreshments! Dress for messy fun. Fee includes all supplies and ingredients. **MAKE IT A FULL DAY! Registrants may enroll in Magic Wizard Camp from 1:30PM-4:30PM (BAR# 220084) & Free Supervised Lunch (BAR#220116) There are no extended care options for this camp.**

BAR	AGE	LOC	DATE	TIME	#	DAY INST	FEE
220115	6-10	OHAC	Apr6-10	9:00AM-12:00PM	5	M-F Shultz	\$185

Creative Dramatics

Ages 8-14

Did you know that training in acting improves language and memory skills? The world of theater is educational as well as an exciting and magnificent place for young actors! In this camp, your child will learn to be more self-confident, assured and creative through dramatics, games, and participatory experience! Actors will learn aspects of theater in this theater in the park camp! At the end of camp, actors will perform for parents, family and friends the final day of camp. *There are no extended care options for this camp.*

SHAKESPEARE IN THE PARK							
BAR	AGE	LOC	DATE	TIME	#	DAY INST	FEE
220297	8-14	SHP	Apr6-10	9:00AM-3:00PM	5	M-F Rappa	\$215

Digital Photo Camp

Ages 8-14 NEW!

We will discuss camera basics and techniques for taking better pictures: portraits, family pictures, action pictures, travel pictures, and close-ups and learn online how to use all of the main features of your digital camera. We will cover safe ways to store your pictures outside your camera so you won't lose your pictures. You'll also learn how to re-use the space on your memory card. We will answer familiar questions like: What do the extra controls on my camera mean? How can I use the extra controls to make better pictures? What difference do they make? My camera can make lots of different sizes of pictures. Which size should I use? Should I always make the biggest size picture? *There are no extended care options for this camp.*

BAR	AGE	LOC	DATE	TIME	#	DAY INST	FEE
220200	8-15	SHP	Apr6-10	9:00AM-12:00PM	5	M-F Cook	\$195

Pottery and Plants Camp

Ages 7-12 NEW!

In this NEW camp, students are encouraged to use their hands! Campers will create usable ceramics items, using their hands to manipulate and mold the clay. Campers will also dig in the dirt to grow their very own plant in their creative ceramic container. Students will share their knowledge of plants and planting as well as learn about simple planting techniques. Fee includes all supplies and materials. *There are no extended care options for this camp.*

BAR	AGE	LOC	DATE	TIME	#	DAY INST	FEE
219482	7-12	LCCC	Apr6-10	9:00AM-12:00PM	5	M-F Bettencourt	\$145

YOUNG REMBRANDTS

Curious George

Ages 4-6 NEW!

Pre-school children will explore the world of H.A. and Margaret Rey in this workshop full of art and reading. Each day we will read a different Curious George book. Afterward we will draw a Young Rembrandts lesson which incorporates one aspect of the book we just enjoyed reading together. Our creativity and imagination will play together as we create wonderful drawings. \$10 material fee due on first day. *There are no extended care options for this camp.*

BAR	AGE	LOC	DATE	TIME	#	DAY INST	FEE
221186	4-6	CCC	Apr6-10	9:00AM-10:30AM	5	M-F YR Staff	\$99

Rock On Drawing Workshop!

Ages 7-13 NEW!

During the opening act, students will draw stylized instruments. And the party never seems to end as we illustrate close-up portraits of rock stars. Then it's time for a change of tune as we create rock-inspired cartoons. Next Rocking-out musicians will be the headlining act. And finally, it's time to hit the stage as we draw an awesome concert scene. Long live rock and roll! \$10 material fee due on first day. *There are no extended care options for this camp.*

BAR	AGE	LOC	DATE	TIME	#	DAY INST	FEE
221184	7-13	CCC	Apr6-10	1:00PM-3:00PM	5	M-F YR Staff	\$125

Fashion Runway

Drawing Workshop

Ages 6-10 NEW!

This stylish Young Rembrandts workshop is tailored for the aspiring fashionista. Join us for 5 days of runway chic as we illustrate the various aspects of fashion design. Hip hairstyles and awesome accessories will adorn the close-up drawings of our beautiful models. If you love to design clothes and are hip to the latest fashions, this drawing workshop is a perfect fit. \$10 material fee due on first day. *There are no extended care options for this camp.*

BAR	AGE	LOC	DATE	TIME	#	DAY INST	FEE
221185	7-13	CCC	Apr6-10	10:30AM-12:30PM	5	M-F YR Staff	\$125



SPRING BREAK CAMPS

SPRING BREAK CAMPS

ACADEMIC ENRICHMENT

Chess Camp

Ages 5-13

For more information, call (510) 791-4318

U.S. Chess Mates emphasizes the importance of sportsmanship and the enjoyment of chess. Chess teaches critical and abstract thinking, planning logic and patience. U.S. Chess Mates will teach your child a balance of chess tactics, openings, strategies, checkmating patterns and more. All levels are welcome. We include 25 minutes of instruction then your child will be challenged to use what they have learned during their 25-minute tournament games. Children play their own skill levels. *Registrants may enroll in Extended Care at the Central Park Teen Center from 3:00-6:30PM (BAR# 219199).*

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
221081	5-13	TNC	Apr6-10	12:00PM-3:00PM	5	M-F	U.S. Chess Mates	\$185



LEKHA PUBLISHERS

For more information, call (510) 494-4349

Spaces are limited! Camps are taught at age-appropriate level. Material fees are due on the *first day*. Full Day: \$20, Half Day: \$10 *Registrants may enroll in Extended Care at the Central Park Teen Center from 8:00-9:00AM (BAR# 219200) and/or 3:00-6:30PM (BAR# 219199). See page ## for more information.*

Combo Appreciating Writing & Story Telling

Ages 6-10

This camp combines the Appreciating Writing camp and the Art of Storytelling II for a full day of learning.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
220143	6-10	TNC	Apr6-10	9:00AM-3:00PM	5	M-F	LP	\$375

Appreciating Writing

Ages 6-10

Students will learn proper grammar, sentence structure, and paragraph structure as they write original stories. Art will be used to enhance the joy of storytelling. Children will take home a portfolio of completed work at the end of the session.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
220153	6-10	TNC	Apr6-10	9:00AM-12:00PM	5	M-F	LP	\$195

Creative Writing

Ages 8-12

Published writers will introduce campers to different creative writing techniques. They will learn time-tested methods to overcome writer's block. As they do so, they will write short stories, poems and short skits.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
220119	8-12	CPVSC	Apr6-10	9:00AM-12:00PM	5	M-F	LP	\$195



Young Storytellers

Ages 6-10

Students will be divided into age/skill appropriate groups. A rocketship blasting to another planet, a detective sleuthing to crack the case, a sorcerer summoning an entire world. Students of Lekha School of Creative Writing's Story Writing/Genres class will learn about the genres these characters come from and use that knowledge to write stories of their own. From combining animals, to creating new characters, to mapping out whole new worlds, this class emphasizes using each child's creativity to create original stories of their own. All instructors are published authors with experience teaching.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
220155	6-10	TNC	Apr6-10	12:00PM-3:00PM	5	M-F	LP	\$195

The Fundamental Essay

Ages 8-12

Students will learn the art of writing essays. Depending upon their grade level, they will write three or five paragraph essays, with engaging beginnings and concise thesis statements. Students will learn to use supporting points and relevant examples to make their body paragraphs powerful. They also will learn how to plan and outline their essays properly before writing, as well as how to revise their essays. Classes will be divided by grade level once enrollment reaches 12.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
220128	8-12	CPVSC	Apr6-10	12:00PM-3:00PM	5	M-F	LP	\$195

**EXTEND YOUR
CHILD'S CAMP!
SEE PAGE 7.**



COMMUNICATION ACADEMY

For more information, please call (510) 494-4344

For curriculum questions, please call (408) 777-8876 or visit communicationacademy.com

Essay Writing:

Student Publication

Ages 8-11

Students will learn to write a polished manuscript for final publication. This course emphasizes skills necessary to finalize and perfect a piece of writing. Students will work on a single piece of publication-quality material. Taught at age-appropriate level. Material fee: \$15 due at first day of class. *There are no extended care options for this camp.*

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
221340	8-11	WSSC	Apr6-10	9:00AM-11:30AM	5	M-F	CA	\$295

Public Speaking & Essay

Writing Combo Camps

Ages 8-11

Take part in two valuable camps for a discounted price. SAVE \$40 when you enroll in full day camps which combine two fun back-to-back camps from Communication Academy. Parents maintain peace-of-mind by dropping children off only once for an extended period of time so students can learn two important skills in one sitting. Don't delay on this fantastic opportunity. Students bring own lunch and supervised by teacher. Spaces are limited! \$30 material fee due on first day. *There are no extended care options for this camp.*

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
221342	8-11	WSSC	Apr6-10	9:00AM-3:00PM	5	M-F	CA	\$550

Public Speaking:

Student Leadership

Ages 8-11

Student Leadership encourages students to develop intensive research skills, diplomatic speaking and writing skills, and student advocacy skills. Students learn how to dialogue with elected officials, draft advocacy letters, write and make presentations for social media. Taught at age-appropriate level. \$15 material fee due at first class. *There are no extended care options for this camp.*

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
221341	8-11	WSSC	Apr6-10	12:30PM-3:00PM	5	M-F	CA	\$295



MAD SCIENCE

For more information, call (510) 791-4318

Little Green Thumbs

Ages 4-6

Blossoming minds will love this week! Specially designed for the inquisitive pre-K or kindergartner, this week teaches all about the amazing things that happen in the garden. Explore how things start to grow in the ground, and learn that plants, fruits and vegetables start from seeds. Learn what seeds need to grow and where they get those things as we study weather. Discover the role that bugs and butterflies play in making your garden grow. Please note that most or all activities are conducted indoors for the safety of the children. *There are no extended care options for this camp.*

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
221229	4-6	TNC	Apr6-9	8:30AM-11:30AM	4	M-Th	Mad Science	\$159

Reactions in Action

Ages 5-12

Junior Mad Scientists dive into the realms of the Chemical and Physical world in this crazy week of non-stop action-and Reaction! Kids explore our wonderlab and find eggs that don't break, ice that doesn't melt and discover how to freeze time! Our young chemists perform spectacular hands on experiments and continue the fun at home with the gadgets they've designed in the lab! Camp fee includes water and a non-carbonated beverage. Bring a snack and bag lunch. *There are no extended care options for this camp.*

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
221080	5-12	WSSC	Apr6-10	9:00AM-3:00PM	5	M-F	Mad Science	\$319

**REGISTER
TODAY!**



AQUATICS

For more information, email RegeRec@fremont.gov or call (510) 494-4300

**AQUA ADVENTURE
SEASON PASSES
PAGE 51**



AMERICAN SWIM ACADEMY

Classes are 30 minutes each. All classes are taught in indoor heated pools heated to 92°F, creating a warm, inviting environment. Classes are small. Participants must wear a swimsuit and bring a towel. The required ASA \$30 registration fee is included in the price listed. Registration will close at 4:30PM on December 22nd. To withdraw after December 27th, you must contact the American Swim Academy directly. You will not receive a refund however; you will receive an American Swim Academy credit minus a \$25 cancellation fee. **An American Swim Academy representative will contact you if any changes need to be made to your schedule.

Parent & Child

This class combines water adaptation and safety. Once comfortable in the water, your child will learn safety skills, including holding his/her breath, floating, kicking and climbing out of the water. Non/Newly potty trained children are required to wear a swim diaper. This is a parent participation class and all students must be accompanied by an adult in the water. Maximum 6 per class.

Babies Ages 6mos-17mos

FREMONT LOCATION

BAR	DATE	TIME	#	DAY	FEE
219229	Jan4-Mar8	11:45AM-12:15PM	10	Su	\$210
219230	Jan8-Mar12	5:30PM-6:00PM	10	Th	\$210
219231	Jan3-Mar14	1:30PM-2:00PM	11	Sa	\$228

NEWARK LOCATION

BAR	DATE	TIME	#	DAY	FEE
219239	Jan5-Mar9	6:00PM-6:30PM	10	M	\$210
219240	Jan6-Mar10	10:30AM-11:00AM	10	Tu	\$140
219241	Jan7-Mar11	10:00AM-10:30AM	10	W	\$140

Toddlers Ages 18mos-35mos

FREMONT LOCATION

BAR	DATE	TIME	#	DAY	FEE
219232	Jan4-Mar8	12:30PM-1:00PM	10	Su	\$210
219233	Jan5-Mar9	11:00AM-11:30AM	10	M	\$160
219234	Jan6-Mar10	6:15PM-6:45PM	10	Tu	\$210
219235	Jan7-Mar11	11:30AM-12:00PM	10	W	\$160
219236	Jan8-Mar12	6:00PM-6:30PM	10	Th	\$210
219237	Jan2-Mar13	1:30PM-2:00PM	11	F	\$173
219238	Jan3-Mar14	12:00PM-12:30PM	11	Sa	\$228

NEWARK LOCATION

BAR	DATE	TIME	#	DAY	FEE
219242	Jan5-Mar9	6:30PM-7:00PM	10	M	\$210
219243	Jan7-Mar11	6:00PM-6:30PM	10	W	\$210
219244	Jan8-Mar12	11:00AM-11:30AM	10	Th	\$140
219245	Jan8-Mar12	6:00PM-6:30PM	10	Th	\$210
219246	Jan2-Mar13	10:30AM-11:00AM	11	F	\$151
219247	Jan2-Mar13	5:30PM-6:00PM	11	F	\$228
219248	Jan3-Mar14	1:00PM-1:30PM	11	Sa	\$228

Tots

The ultimate goals for our preschool swimmers are water comfort, water movement, and water safety. Instructors incorporate games and positive reinforcement to get swimmers comfortable in the water. Heavy emphasis is placed on water safety. Maximum 4 students per class.

FREMONT LOCATION

BAR	DATE	TIME	#	DAY	FEE
219249	Jan4-Mar8	2:00PM-2:30PM	10	Su	\$210
219250	Jan5-Mar9	9:00AM-9:30AM	10	M	\$160
219251	Jan5-Mar9	10:00AM-10:30AM	10	M	\$160
219252	Jan5-Mar9	4:30PM-5:00PM	10	M	\$210
219253	Jan6-Mar10	11:30AM-12:00PM	10	Tu	\$160
219254	Jan6-Mar10	3:30PM-4:00PM	10	Tu	\$210
219255	Jan7-Mar11	10:30AM-11:00AM	10	W	\$160
219256	Jan7-Mar11	3:30PM-4:00PM	10	W	\$210
219257	Jan8-Mar12	10:00AM-10:30AM	10	Th	\$160
219258	Jan8-Mar12	4:30PM-5:00PM	10	Th	\$210
219259	Jan2-Mar13	9:00AM-9:30AM	11	F	\$173
219260	Jan2-Mar13	12:00PM-12:30PM	11	F	\$173
219261	Jan3-Mar14	1:45PM-2:15PM	11	Sa	\$228

NEWARK LOCATION

BAR	DATE	TIME	#	DAY	FEE
219262	Jan4-Mar8	1:00PM-1:30PM	10	Su	\$210
219263	Jan4-Mar8	2:00PM-2:30PM	10	Su	\$210
219264	Jan5-Mar9	11:00AM-11:30AM	10	M	\$140
219265	Jan5-Mar9	1:00PM-1:30PM	10	M	\$140
219266	Jan5-Mar9	7:30PM-8:00PM	10	M	\$210
219267	Jan6-Mar10	4:30PM-5:00PM	10	Tu	\$210
219268	Jan7-Mar11	10:30AM-11:00AM	10	W	\$140
219269	Jan8-Mar12	11:00AM-11:30AM	10	Th	\$140
219270	Jan8-Mar12	3:30PM-4:00PM	10	Th	\$210
219271	Jan2-Mar13	11:30AM-12:00PM	11	F	\$151
219272	Jan2-Mar13	12:00PM-12:30PM	11	F	\$151
219273	Jan3-Mar14	1:30PM-2:00PM	11	Sa	\$228
219274	Jan3-Mar14	2:30PM-3:00PM	11	Sa	\$228

Ages 3-4

Youth

Ages 5-9

The ultimate goals for our beginner swimmers include water comfort, water movement and safety and to begin learning the fundamentals of freestyle. All steps are broken down for easy learning and instructors make the class fun with games and positive reinforcement. Maximum 4 students per class.

FREMONT LOCATION

BAR	DATE	TIME	#	DAY	FEE
219275	Jan4-Mar8	2:45PM-3:15PM	10	Su	\$210
219276	Jan5-Mar9	8:30AM-9:00AM	10	M	\$160
219277	Jan5-Mar9	3:30PM-4:00PM	10	M	\$210
219278	Jan5-Mar9	5:00PM-5:30PM	10	M	\$210
219279	Jan6-Mar10	4:00PM-4:30PM	10	Tu	\$210
219280	Jan6-Mar10	5:15PM-5:45PM	10	Tu	\$210
219281	Jan8-Mar12	4:30PM-5:00PM	10	W	\$210
219282	Jan7-Mar11	5:15PM-5:45PM	10	W	\$210
219283	Jan8-Mar12	12:30PM-1:00PM	10	Th	\$160
219284	Jan8-Mar12	3:30PM-4:00PM	10	Th	\$210
219285	Jan2-Mar13	4:00PM-4:30PM	11	F	\$228
219286	Jan3-Mar14	3:00PM-3:30PM	11	Sa	\$228

NEWARK LOCATION

BAR	DATE	TIME	#	DAY	FEE
219287	Jan4-Mar8	2:00PM-2:30PM	10	Su	\$210
219288	Jan5-Mar9	1:30PM-2:00PM	10	M	\$140
219289	Jan5-Mar9	3:30PM-4:00PM	10	M	\$210
219290	Jan5-Mar9	7:00PM-7:30PM	10	M	\$210
219291	Jan6-Mar10	4:30PM-5:00PM	10	Tu	\$210
219292	Jan6-Mar10	7:00PM-7:30PM	10	Tu	\$210
219293	Jan7-Mar11	3:30PM-4:00PM	10	W	\$210
219294	Jan7-Mar11	4:30PM-5:00PM	10	W	\$210
219295	Jan8-Mar12	12:30PM-1:00PM	10	Th	\$140
219296	Jan8-Mar12	3:30PM-4:00PM	10	Th	\$210
219297	Jan2-Mar13	4:00PM-4:30PM	11	F	\$228
219298	Jan3-Mar14	2:00PM-2:30PM	11	Sa	\$228





Youth & Teens: Home-Schooled

Ages 5-14

We offer four levels of beginner classes ranging from first time in the water to perfecting the front crawl stroke. All steps are broken down for easy learning and instructors make classes fun with games and positive reinforcement. Earn Physical Education credits for your home-schooled child. Maximum 4 per class.

Youth

Ages 5-9

FREMONT LOCATION

BAR	DATE	TIME	#	DAY	FEE
219299	Jan5-Mar9	1:00PM-1:30PM	10	M	\$160
219300	Jan7-Mar11	1:00PM-1:30PM	10	W	\$160

NEWARK LOCATION

BAR	DATE	TIME	#	DAY	FEE
219301	Jan6-Mar10	1:00PM-1:30PM	10	Tu	\$140
219302	Jan8-Mar19	1:00PM-1:30PM	11	Th	\$140

Teens

Ages 10-14

FREMONT LOCATION

BAR	DATE	TIME	#	DAY	FEE
219303	Jan5-Mar9	12:30PM-1:00PM	10	M	\$160
219304	Jan7-Mar11	12:30PM-1:00PM	10	W	\$160

NEWARK LOCATION

BAR	DATE	TIME	#	DAY	FEE
219305	Jan6-Mar10	1:00PM-1:30PM	10	Tu	\$140
219306	Jan8-Mar12	1:00PM-1:30PM	10	Th	\$140

Stroke

Ages 7 & up

Stroke training classes are for American Swim Academy graduates, students already competent in all 4 strokes and summer league swimmers. The program focuses on stroke technique and the importance of learning proper form. Students will perform drills that isolate specific fundamentals for each of the 4 competitive strokes. Maximum 6 per class.

FREMONT LOCATION

BAR	DATE	TIME	#	DAY	FEE
219332	Jan5-Mar9	5:45PM-6:15PM	10	M	\$210
219333	Jan3-Mar14	8:15AM-8:45AM	11	Sa	\$228

NEWARK LOCATION

BAR	DATE	TIME	#	DAY	FEE
219334	Jan4-Mar8	3:30PM-4:00PM	10	Su	\$210
219335	Jan3-Mar14	8:30AM-9:00AM	11	Sa	\$151

Teens

Ages 10-14

Grouped primarily by age, this class allows young teens to progress individually. Instructors determine their ability during the first class. Maximum 4 per class.

FREMONT LOCATION

BAR	DATE	TIME	#	DAY	FEE
219317	Jan5-Mar9	4:00PM-4:30PM	10	M	\$210
219318	Jan6-Mar10	7:00PM-7:30PM	10	Tu	\$210
219319	Jan7-Mar11	4:00PM-4:30PM	10	W	\$210
219320	Jan8-Mar12	4:00PM-4:30PM	10	Th	\$210
219321	Jan2-Mar13	4:30PM-5:00PM	11	F	\$228

NEWARK LOCATION

BAR	DATE	TIME	#	DAY	FEE
219322	Jan5-Mar9	4:30PM-5:00PM	10	M	\$210
219323	Jan6-Mar10	7:00PM-7:30PM	10	Tu	\$210
219324	Jan7-Mar11	4:30PM-5:00PM	10	W	\$210
219325	Jan8-Mar12	7:00PM-7:30PM	10	Th	\$210
219326	Jan2-Mar13	4:30PM-5:00PM	11	F	\$228

Adults

Ages 15 & up

Our adult classes are small, personal and self-paced. Classes meet the individual need of every adult ranging from those who have a life-long fear of water to students wanting to perfect their stroke. Maximum 4 per class

CO-ED

Ages 15 & up

FREMONT LOCATION

BAR	DATE	TIME	#	DAY	FEE
219307	Jan5-Mar9	9:00AM-9:30AM	10	M	\$160
219308	Jan6-Mar10	8:30AM-9:00AM	10	Tu	\$160
219309	Jan7-Mar11	9:00AM-9:30AM	10	W	\$160
219310	Jan8-Mar12	8:30AM-9:00AM	10	Th	\$160
219311	Jan2-Mar13	8:30AM-9:00AM	11	F	\$173

NEWARK LOCATION

BAR	DATE	TIME	#	DAY	FEE
219312	Jan5-Mar9	9:00AM-9:30AM	10	M	\$140
219313	Jan5-Mar9	8:00PM-8:30PM	10	M	\$210
219314	Jan7-Mar11	9:00AM-9:30AM	10	W	\$140
219315	Jan8-Mar12	8:00PM-8:30PM	10	Th	\$210
219316	Jan2-Mar13	9:00AM-9:30AM	11	F	\$151

MEN ONLY

Ages 15 & up

NEWARK LOCATION

BAR	DATE	TIME	#	DAY	FEE
219336	Jan2-Mar13	8:00PM-8:30PM	11	F	\$228

WOMEN ONLY

Ages 15 & up

NEWARK LOCATION

BAR	DATE	TIME	#	DAY	FEE
219329	Jan5-Mar9	8:45PM-9:15PM	10	M	\$210
219330	Jan6-Mar10	8:45PM-9:15PM	10	Tu	\$210
219331	Jan7-Mar11	8:45PM-9:15PM	10	W	\$210

**REGISTER
TODAY!**



ACADEMIC ENRICHMENT

COMMUNICATION ACADEMY

For registration questions, call (510) 494-4344

For curriculum questions, call (408) 777-8876 or visit communicationacademy.com

Free Open House — Ages 5-17
Irvington Community Center

1-2PM

Saturday, Jan 10th

(BAR# 220282)

Pre-Public Speaking & Academic Writing/Reading

Ages 5-8

This is a combination class, offering Pre-Public Speaking and Academic Writing in the same class! Two fun and valuable courses back-to-back from Communication Academy. SAVE \$49 when you enroll in the combo class option. Parents maintain peace-of-mind by dropping children off only once for an extended period of time so students can learn two important skills in one sitting. Don't delay on this fantastic opportunity. Space is limited. See individual class descriptions for more specific information. \$40 material fee due at first class.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
220285	5-6	IRCC	Jan21-Mar25	4:00PM-6:15PM	10	W	CA	\$459
220286	7-8	IRCC	Jan21-Mar25	4:00PM-6:15PM	10	W	CA	\$459
221339	9-11	IRCC	Jan22-Mar26	4:00PM-6:15PM	10	Th	CA	\$465

Pre-Public Speaking & Math Olympiad

Ages 7-8

Take part in two valuable camps for a discounted price. SAVE up to \$60 when you enroll in full day camps which combine two fun, back-to-back camps from Communication Academy. Parents maintain peace-of-mind by dropping children off only once for an extended period of time so students can learn two important skills in one sitting. Don't delay on this fantastic opportunity. Students bring own lunch and supervised by teacher. \$45 material fee due at first class.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
220287	7-8	IRCC	Jan31-Apr 4	1:00PM-3:15PM	10	Sa	CA	\$449



Academic Writing & Reading: Persuasive

Ages 5-11

In Persuasive, students develop their critical voice through reading and writing persuasive pieces. Students will learn how sway an audience through implementing textual citations, revising to strengthen arguments, and communicating their main idea clearly. Course emphasizes organization, focus, evidence, word choice, style, and grammar. Detailed feedback from professionals! \$25 material fee due at first class.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
220280	5-6	IRCC	Jan21-Mar25	4:00PM-5:00PM	10	W	CA	\$255
220281	7-8	IRCC	Jan21-Mar25	5:15PM-6:15PM	10	W	CA	\$255
220279	9-11	IRCC	Jan22-Mar26	5:15PM-6:15PM	10	Th	CA	\$259

Math Olympiad

Ages 7-11

Math Olympiad stimulates a student's love for math while introducing and sharpening analytical skills. Featuring challenging word problems from previous Math Olympiad tests, our ongoing Math Olympiad Series is designed to help students strengthen math intuition and master creative problem solving strategies. Students become proficient in problem solving techniques, discover the fun of math, and increase Math Olympiad scores. DIFFERENT TOPICS covered each quarter. \$25 material fee due at first class.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
220283	7-8	IRCC	Jan31-Apr4	1:00PM-2:00PM	10	Sa	CA	\$255
220284	9-11	IRCC	Jan31-Apr4	2:15PM-3:45PM	10	Sa	CA	\$389

Pre-Public Speaking: Confident Voice

Want your child to be an effective class participant and successful public speaker? Confidence is the key! Confident Voice teaches skills vital to developing a strong voice. While students work on voice variation, pace, pitch, and volume, they strengthen their ability to organize ideas and use nonverbal communication. With continuous practice and a creative course curriculum, students develop confidence in a fun environment. Small class, detailed feedback, and professional coaches! \$15 material fee due at first day.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
220288	5-6	IRCC	Jan21-Mar25	5:15PM-6:15PM	10	W	CA	\$255
220289	7-8	IRCC	Jan21-Mar25	4:00PM-5:00PM	10	W	CA	\$255
220290	5-6	IRCC	Jan31-Apr 4	1:00PM-2:00PM	10	Sa	CA	\$255
220291	7-8	IRCC	Jan31-Apr 4	2:15PM-3:15PM	10	Sa	CA	\$255

Public Speaking: Informative Speech

Ages 9-11

What is crucial to success in school and personal life? Good communication! Informative Speech drills the essentials of clear and effective presentation. While students create a speech on a topic of their choice, they learn how to manage public speaking anxiety, research thoroughly, develop informative content, organize ideas clearly, achieve excellent vocal and physical delivery, utilize powerful visual aids, and practice effectively. Most importantly, students develop the confidence they need to excel inside and outside the classroom. Small class, detailed feedback, and professional coaches! Final speeches on DVD. \$25 material fee due at first class.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
221334	9-11	IRCC	Jan22-Mar26	4:00PM-5:00PM	10	Th	CA	\$259

Chess!

Ages 5-13

For more information, call (510) 791-4318

Chess teaches critical and abstract thinking, planning, logic and patience. This class is suited for all levels, from beginner to advanced. Each class will include 25 minutes of instruction and 25 minutes of tournament games. Your child will learn the game of chess and develop life skills that will help them now and in the future. All supplies are provided.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
218379	5-13	CPVSC	Jan13-Feb24	4:30PM-5:30PM	7	Tu	U.S. Chess Mates	\$89
218380	5-13	CPVSC	Mar3-Apr 7	4:30PM-5:30PM	6	Tu	U.S. Chess Mates	\$79
218381	5-13	WSSC	Jan16-Feb27	4:30PM-5:30PM	7	F	U.S. Chess Mates	\$89
218382	5-13	WSSC	Mar6-Apr 10	4:30PM-5:30PM	6	F	U.S. Chess Mates	\$79

Warm Springs After School

Grades K-6th

Care & Homework

For more information, call (510) 791-4318

Worried that your child is not getting enough academic support in after school care? Here is your solution! Our enthusiastic and experienced staff provides students quality care and homework support. This unique program's low student/tutor ratio provides daily homework assistance, well-structured daily curriculum, nutritious snacks, and exciting fun activities at the Warm Springs Community Center. Free pick up from Leitch Elementary School and Warm Springs Elementary School (including early release days). No class Dec. 22-Jan 2, 19, Feb 16, Apr 3-10, May 25.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
218383	5-12	WSSC	Jan9-Feb6	3:00PM-6:00PM	20	F, M-F	\$359
218384	5-12	WSSC	Feb9-Mar9	3:00PM-6:00PM	20	M-F	\$359
218385	5-12	WSSC	Mar10-Apr 14	3:00PM-6:00PM	20	Tu-F, M	\$359



SAT PREPARATION

For more information, call (510) 494-4349 or email dsw12@hotmail.com

Tips + practice + personalized feedback = a higher score on one of the most important exams of a student's life. No material fee-FULL SET of handouts (strategy sheets, worksheets, practice exam sections, homework, and some class notes) included in class fee. This class also prepares students for the PSAT. College admissions requirements and target score strategies will also be discussed. Practice exam sections will be given and graded in class-and personalized feedback will be given to the students. UPCOMING SAT EXAM DATES: Jan 24, Mar 14, and May 2, and June 6 2015.

Critical Reading & Writing **Ages 13 & up**

Students will learn the basic concepts of and strategies for the Critical Reading and Writing sections. Each session includes a practice exam essay and five other practice exam sections graded with personalized feedback from the instructor.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
221279	13 & up	WSSC	Jan10-Feb7	10:00AM-12:00PM	5	Sa	Wang	\$139
221280	13 & up	WSSC	Mar21-May2	10:00AM-12:00PM	5	Sa	Wang	\$139
221281	13 & up	CPVSC	Feb19-Mar19	4:30PM-6:30PM	5	Th	Wang	\$139

Math

Ages 13 & up

An in-depth review of all 4 math topics covered by the SAT. This class also helps students review/relearn all the important math topics that should be mastered for future math classes. Sample problems-both multiple choice & 'grid-ins'-will be demonstrated in class.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
221336	13 & up	CPVSC	Jan15-Feb12	4:30PM-6:30PM	5	Th	Wang	\$139
221337	13 & up	WSSC	Feb14-Mar14	10:00AM-12:00PM	5	Sa	Wang	\$139



ART

For more information, call (510) 494-4322

ART

YOUNG REMBRANDTS

FUNDamental Drawing

Young Rembrandts FUNDamental drawing classes teach children the skills necessary to draw complex images. As they learn to draw with our step-by-step method, children develop observations skills, increase their fine motor skills, handwriting readiness and attention to detail. In Young Rembrandts weekly classes, young children learn how to follow directions, hold and use a pencil, increase their attention span and grow their self-confidence so they will be successful in kindergarten.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
221181	4-6	CCC	Jan10-Feb14	10:30AM-11:30AM	6	Sa	YR Staff	\$99
221182	4-6	CCC	Feb21-Mar28	10:30AM-11:30AM	6	Sa	YR Staff	\$99

Balloon Twisting Workshop

Explore and discover some of the basics of 'one balloon animal' twisting in this NEW special workshop! Participants will learn a simple three-step method to make the balloon animals and decorate them. The instructor has done animal balloon twisting for 20+ years and began teaching groups this art six years ago. \$3 material fee due at class.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
220081	7-11	OHAC	Mar11	3:30PM-5:00PM	1	W	Wertman	\$19

Mommy/Daddy & Me Sewing **Ages 7 & up**

Learn a new skill and bond with your child at the same time! In this NEW class, you will enjoy learning various techniques of hand sewing. Class includes instruction AND project work, with students working independently with instructor's supervision.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
219479	7 & up	SHP	Jan14-Feb11	6:30PM-8:00PM	5	W	Alison Kieft	\$109
219480	7 & up	SHP	Feb25-Mar25	6:30PM-8:00PM	5	W	Alison Kieft	\$109



ART CAMPS
PAGE 11



Valentine Cardmaking Workshop

Ages 5-10 NEW!

Create your own special Valentine's Day cards while learning to draw a wonderful array of hand-made cards the YR way. We will draw a variety of loveable characters and spring imagery. Colorful characters with expressive personalities jump off of the page. No prior experience needed.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
221183	5-10	CCC	Feb7	1:00PM-4:00PM	1	Sa	YR Staff	\$39

Art Studio Intensive

Ages 9-13

In this art studio intensive class, students will have the opportunity to experiment with paint and drawing using various mediums such as acrylic, watercolor, oils, and drawing with pencils on canvas. Students will learn relevant terminology, gaining additional knowledge and insight during critique. Students will focus on composition and color theory. At the end of our final session students will have the opportunity to hold an impromptu gallery showing for family and friends. No class Jan 19 & Feb 16.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
219484	9-13	CCC	Jan12-Feb23	4:00PM-6:00PM	5	M	Benoit	\$129
219487	9-13	CCC	Mar2-30	4:00PM-6:00PM	5	M	Benoit	\$129

Art Studio Workshop

Adults NEW!

Your ability to 'see through the eyes of an artist' will greatly impact your ability to create successful ART! Observing and understanding light and dark, shadows and highlights, scale, volume (3-d), patterns, usage of color, composition and design concepts is essential to produce pleasing paintings and drawings. Develop your skills by choosing Acrylic or Watercolor Paint to experiment with techniques to achieve your goals. Drawing skills will be taught. All levels are welcome. Start at your own level, excel at your own pace.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
220085	13 & up	CCC	Jan20-Feb17	6:30PM-8:30PM	5	Tu	Benoit	\$129
220086	13 & up	CCC	Feb24-Mar24	6:30PM-8:30PM	5	Tu	Benoit	\$129

Stained Glass Design for Adults

Students create a three or five-piece design as their first project. This teaches the student how to handle glass, choose colors and textures, fit glass to patterns, score, run (or break) glass, grind, fit, clean, foil, solder, patina and polish a stained glass piece. This class is for both the beginning and continuing student; each person will create his/her own beautiful stained glass projects. Learn glass cutting, foiling and soldering techniques of this timeless craft to create boxes, window hangings and much more-light box and grinders available for use. Supplies required. Most suppliers give students discounts; many are on-line.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
219488	14 & up	CCC	Jan26-Mar30	6:30PM-9:30PM	9	M	Benoit	\$189



ART

ART

BOBBIN LACE MAKING

Beg/Int

Ages 12 & up

Bobbin Lace is a fascinating type of fiber art that has been around for centuries. This unique craft makes a great hobby that is fun to learn. Beginners' projects follow a clear, step-by-step course and include a series of specially selected designs. Intermediate students gain more experience by moving up to the next level. Starting class members will purchase a supply kit (\$39.00) at the first meeting.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
219040	12 & up	WSCC	Jan14-Mar11	7:30PM-9:30PM	9	W	Colgan	\$109

Continuing

Ages 12 & up

Continuing Bobbin Lace students will be able to refine their skills while working on larger and more intricate patterns. Class projects include a variety of designs with both traditional and contemporary applications. A supply list will be given in class.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
219041	12 & up	WSCC	Jan14-Mar11	7:00PM-9:30PM	9	W	Colgan	\$125

Canvas and Cabernet

Ages 21 & up

Canvas and cabernet is a creative class for both the artistic and not so artistic. Come learn the basics of acrylic painting while enjoying the company of friends. No experience necessary; just join us for an evening of fun as we are dedicated to bringing the creativity out in each individual through simple painting prompts, music and good company! We offer a step by step process to instruct and teach people how they can paint their very own unique, one of a kind art piece. Get ready for an experience that is sure to entertain and delight all those who participate. Expect to leave inspired, having created a painting that is absolutely uniquely your own. Registration fee covers all your supplies (paint, canvas & brushes) and two tastings.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
220178	21 & up	OHAC	Jan22	6:30PM-9:30PM	1	Th	\$79
220179	21 & up	OHAC	Mar12	6:30PM-9:30PM	1	Th	\$79



CERAMICS

Creative Claywork

Ages 4-8

This popular class presents traditional clay working techniques including coiling, sculpting, slab building and free-form modeling. Children learn basic hand-building skills and complete a variety of fun projects while developing perceptual ability, motor skills and artistic confidence. Parents do not participate in this class. Fee INCLUDES firing and glazing fee.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
220092	4-7	LCCC	Jan14-Feb11	1:00PM-2:00PM	5	W	Bettencourt	\$95
220093	4-8	LCCC	Jan15-Feb12	3:45PM-4:45PM	5	Th	Bettencourt	\$95
220094	4-7	LCCC	Feb18-Mar18	1:00PM-2:00PM	5	W	Bettencourt	\$95
220095	4-8	LCCC	Feb19-Mar19	3:45PM-4:45PM	5	Th	Bettencourt	\$95

Hands Together Ceramics

Ages 4-12

This is a parent / child class; parent must attend with child. Roll, pinch and pound! Explore ceramics with your child! Together your child will enjoy a tactile experience using clay, as we hand build playful projects and create personal treasures and memories that will last a lifetime. This is a parent/child class.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
220839	7-12	LCCC	Jan18-Feb15	1:00PM-3:00PM	5	Su	Bettencourt	\$129
220840	7-12	LCCC	Mar1-29	1:00PM-3:00PM	5	Su	Bettencourt	\$129
220841	4-7	LCCC	Jan21-Feb18	5:30PM-6:30PM	5	W	Bettencourt	\$95
220842	4-7	LCCC	Mar4-Apr1	5:30PM-6:30PM	5	W	Bettencourt	\$95

Youth Ceramics

Ages 7-14

Late registrations accepted! Create three-dimensional art projects, both practical and artistic! You will learn handcrafted ceramic techniques while sculpting figures and pots. Build using slab procedures including scoring and slip techniques. Create vases and free forms using coil techniques. Pottery will be medium-fired with use of white clay and non-toxic glazes. Fee includes all materials.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
220098	7-14	LCCC	Jan15-Feb12	5:00PM-7:00PM	5	Th	Bettencourt	\$149
220099	7-14	LCCC	Jan16-Feb13	5:00PM-7:00PM	5	F	Bettencourt	\$149
220100	7-14	LCCC	Feb19-Mar19	5:00PM-7:00PM	5	Th	Bettencourt	\$149
220101	7-14	LCCC	Feb20-Mar20	5:00PM-7:00PM	5	F	Bettencourt	\$149

Ceramics for Adults

Ages 15 & up

Perfect for both beginners and those with experience! Beginning participants will learn hand-building techniques: building a pinch pot, coil pot and slab-built vessel, glazing and an introduction to wheel throwing. Intermediate / continuing students will receive instruction on current works and continuing instruction on the wheel. Students will purchase clay at class-\$12 per bag. (Bring check made payable to 'City of Fremont').

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
220087	15 & up	LCCC	Jan8-Feb12	7:00PM-9:30PM	6	Th	Bettencourt	\$159
220088	15 & up	LCCC	Jan11-Feb15	3:00PM-5:30PM	6	Su	Bettencourt	\$159
220089	15 & up	LCCC	Feb22-Mar29	3:00PM-5:30PM	6	Su	Bettencourt	\$159
220090	15 & up	LCCC	Feb19-Mar26	7:00PM-9:30PM	6	Th	Bettencourt	\$159

**REGISTER
TODAY!**



PHOTOGRAPHY

Instructor Len Cook has 15 years experience as a photojournalist and over 25 years as a photographer and instructor.

Digital Photography

Ages 13 & up

BEGINNER

In our digital photography class, we will discuss camera basics and techniques for taking better pictures: portraits, family pictures, action pictures, travel pictures, and close-ups. Learn safe ways to store your pictures outside your camera so you won't lose your pictures! You'll also learn how to re-use the space on your memory card. We will answer questions like: What do the extra controls on my camera mean? How can I use the extra controls to make better pictures? What difference do they make? My camera can make lots of different sizes of pictures. Which size should I use? Should I always make the biggest size picture?

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
220104	13 & up	IRCC	Jan28-Feb18	7:00PM-9:00PM	4	W	Cook	\$119

INTERMEDIATE

You will learn to control your images and efficiently share them! Focal length, viewpoint, composition, lighting, sharpness and other controls contribute to the message in your photos. You will explore free and low-cost photo editing software as well as free and low-cost online photo sharing. Finally, you will learn how to get the best possible results from online or local printing services. Digital Photography-Intermediate will help you take your photos to the next level.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
220105	13 & up	IRCC	Mar4-25	7:00PM-9:00PM	4	W	Cook	\$149

Focus on Faces -

Portraiture

Ages 13 & up NEW!

Creative portraits of family, friends, pets, and even self-portraits are so much easier with the amazing features in digital cameras. In Focus on Faces we'll see how to get the most out of those cameras and everyday lighting situations at home. We will emphasize indoor portraits, but you'll see how the techniques apply outdoors as well. We'll cover focus, posing, lighting, environment, composition, storytelling, and expressiveness.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
221380	13 & up	CPVSC	Feb3-17	7:00PM-9:00PM	3	Tu	Cook	\$119

Travel & Nature

Photography

Ages 16 & up NEW!

Tired of bland, boring or just outright bad vacation and nature photographs? Whether your travels take you to exotic locales or just the local forest preserve, you can learn how to shoot like a pro. Learn powerful techniques for photographing people, landmarks, landscapes and wildlife. Discover why you should wake up early and nap at noon, and where to put stuff in the frame (a.k.a. composition). Classroom instruction will alternate with field trips for hands-on practice. To get the most benefit from this course you should have a basic understanding of digital or film (35mm) photography and own a camera with manual setting capability and a tripod.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
221379	16 & up	CPVSC	Mar1-15	5:00PM-8:00PM	3	Su	Cook	\$159

Olive Hyde Art Gallery

WINTER EXHIBITION SCHEDULE

"Collective Musings"

January 9 – January 31

Opening Reception: Fri, January 31 | 7-9pm

"TBD"

February 13 – March 14

Opening Reception: Fri, February 13th | 7-9pm



Gallery Hours: Thursday-Sunday, 12pm-5pm | 123 Washington Blvd. | (510) 791-4357

COOKING

For more information, call (510) 494-4322

SMALL CHEFS

A-Z Cooking

Ages 3-5

This ABC cooking class will allow your child to discover cooking while learning their ABC's. The program begins in fall with 'A' and ends in spring with 'Z'; participants learning the alphabet throughout fall/winter/spring. Simple, nutritious and delicious projects will focus on 'special' letters of the alphabet. Letter identification, sound recognition and letter writing will be part of the fun! Additional skills include following directions, measuring, eye-hand coordination, kitchen safety, manners and etiquette. Please let instructor know of any food allergies. Fee includes all cooking ingredients and supplies. Each Small Chef receives their very own cookbook at the end of the session. Parents do not participate in this class.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
220106	3-5	SHP	Jan20-Feb17	4:00PM-5:30PM	5	Tu	Shultz	\$99
220107	3-5	SHP	Feb24-Mar24	4:00PM-5:30PM	5	Tu	Shultz	\$99

Storybook Cooking

Ages 4-7

This Storybook cooking class will focus on a favorite book from children's literature. In a small, intimate setting, the stories we read will inspire the recipes the kids learn to cook. Through hands on cooking, participants will learn how to follow directions, measure, mix and learn kitchen safety, manners and etiquette. Please let instructor know of any food allergies. Fee includes all cooking ingredients and supplies. Each Small Chef receives their very own cookbook at the end of the session. Parents do not participate in this class.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
220112	4-7	SHP	Jan21-Feb18	4:00PM-5:30PM	5	W	Shultz	\$99
220113	4-7	SHP	Feb25-Mar25	4:00PM-5:30PM	5	W	Shultz	\$99

Creative Chefs

Ages 7-11

This hands-on cooking series offers participants an opportunity to develop skills throughout the school-year. Students will learn about food and cooking safety while developing their cooking skills. Participants learn to write grocery lists, organize inventory, prep for cooking projects and clean up. They will end the session with the knowledge and confidence to cook for family and friends. Fall I-Basic Baking; Fall II-Everything But The Turkey; December-Holiday Cookies; Winter I-Simple Suppers; Winter II-Breakfast and Brunch; Spring-Desserts. The small group setting allows for complex projects, more individualized attention and hands-on opportunities. Please let the instructor know of any food allergies; recipes can be adapted for vegetarians. All participants receive a recipe book. Fee includes all ingredients and supplies.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
220109	7-11	SHP	Jan22-Feb19	4:00PM-6:00PM	5	Th	Shultz	\$169
220110	7-11	SHP	Feb26-Mar26	4:00PM-6:00PM	5	Th	Shultz	\$169



Indian Cooking

Ages 18 & up

with Therapeutic Herbs and Spices

If you love Indian food and have been wanting to learn how to make some flavorful dishes, here is some good news! This is a vegetarian cooking and nutrition class combined in one that is being offered again based on excellent feedback in the past and repeated requests. Did you know that the spices, herbs and other ingredients that go into making many Indian dishes are full of antioxidants, have amazing healing properties and are very nutrient dense? It is no wonder that researchers and health professionals all around the world are now recognizing the health benefits of spices and herbs that are used in everyday Indian cooking. If you want to participate in a fun class, learn how to cook simple, healthy and deliciously exotic items and treat your taste buds, come and join me for this three part series. Learn the ABCs of smart nutrition, how to spice up your kitchen and start improving the health of you and your loved ones. Instructor: Ramya Ramakrishnan M.A., N.C. Board certified Nutrition Consultant. Materials fee : \$27 (includes spice samples, recipes, handouts and food sampling). Ingredients used will be certified organic, unprocessed and locally sourced

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
221520	18 & up	SHP	Mar8-22	4:00PM-6:30PM	3	Su	Ramya	\$129

**COOKING CAMPS
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DANCE

For more information, call (510) 791-4351

Classes marked with () are scheduled for the 2015 Spring Recital

Absolutely Ballet Class

Ages 3-7

Beginning instruction to introduce your child to the basics of Ballet. One day, your little princess can grow up and become a true ballerina. Ballet shoes are required.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
218544	3-5	CCC	Jan24-Mar28	9:00AM-9:45AM	10	Sa	Jessica	\$119
218545	3-5	WSCC	Jan24-Feb21	10:55AM-11:40AM	5	Sa	Alexandra	\$59
218546	3-5	WSCC	Feb28-Mar28	10:55AM-11:40AM	5	Sa	Alexandra	\$59
*219929	5-7	CCC	Jan24-Mar28	10:00AM-10:45AM	10	Sa	Jessica	\$109
*219931	5-7	WSCC	Jan24-Feb21	10:00AM-10:45AM	5	Sa	Alexandra	\$59
*220029	5-7	WSCC	Feb28-Mar28	10:00AM-10:45AM	5	Sa	Alexandra	\$59

Bollywood Bugs

Ages 3-4 NEW!

Come have some fun through the music and movement of the Bollywood style. Songs will be chosen that are appropriate for the age group. Simply come and dance and learn something exciting to set stage for a fun indulgence. Focus will be on the children enjoying themselves and having a good time while developing great motor skills and learning something in the process!

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
219185	3-4	LCCC	Jan23-Feb20	12:00PM-12:55PM	5	F	Vaishnavi	\$65
219186	3-4	LCCC	Feb27-Mar27	12:00PM-12:55PM	5	F	Vaishnavi	\$65
219187	3-4	LCCC	Jan21-Feb18	10:30AM-11:25AM	5	W	Vaishnavi	\$65
219188	3-4	LCCC	Feb25-Mar25	10:30AM-11:25AM	5	W	Vaishnavi	\$65

Dance Twinkle Toes

Ages 3-5

A little bit of tap, a little bit of ballet, and a little bit of creative dance just for your little twinkle toe dancer. A great opportunity to enhance mobile movement, flexibility, and social skills. It is a fun environment for both boys and girls and a safe place to explore the art of dance. Tap and ballet shoes are required.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
*219942	3-5	CCC	Jan21-Mar25	5:15PM-6:00PM	10	W	Jessica	\$109

Dancing Darlings

Ages 2-3

Does your little one have energy and like to dance and twirl around the house? We'll direct that rhythmic energy in fun and social ways as we teach them the fundamentals of tap and ballet! Tap and ballet shoes are required. Parents are asked to participate with their child during the class. Please note: there are no refunds based on gender participation. No class Feb 16.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
218533	2-3	WSCC	Jan24-Feb21	11:55AM-12:35PM	5	Sa	Alexandra	\$59
218534	2-3	WSCC	Feb28-Mar28	11:55AM-12:35PM	5	Sa	Alexandra	\$59
219590	2-3	CCC	Jan26-Mar23	5:30PM-6:15PM	8	M	Jessica	\$89



Disney Ballet & Tiny Tappers

Ages 4-5 NEW!

This class is perfect for introducing dance to your little one. It is filled with exciting music and activities that provide your growing child with positive development and also builds their confidence. With Ballet and Tap as the foundation, familiar music from all your Disney Favorites brings the imagination and fun to life! Ballet and Tap shoes are required. No class Feb 16.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
219585	4-5	CCC	Jan21-Feb18	4:15PM-5:00PM	5	W	Jessica	\$59
219586	4-5	CCC	Feb25-Mar25	4:15PM-5:00PM	5	W	Jessica	\$59
219587	4-5	CCC	Jan26-Mar23	4:30PM-5:15PM	8	M	Jessica	\$85

Mother & Daughter

Dance Class

Ages 6 & up NEW!

A class just for you and your precious daughter! This is an opportunity for moms to enjoy some special active time with their daughters. Aunties and nieces are welcome too! Experience the joy and beauty of dancing together. All levels (beginners to advanced) are encouraged to sign up. Wear comfortable clothing. Ballet or Jazz shoes recommended. Fee is for adult/child pair. No class Feb 16.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
219597	6 & up	CCC	Jan26-Mar23	6:15PM-7:00PM	8	M	Jessica	\$89

All About Dance

Ages 7-11 NEW!

This exciting class is a continuation class for students who have previously taken Absolutely Ballet Classes. Miss Jessica will be adding on to basics they have already learned and will teach new, more advanced movements. Ballet shoes are required.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
219932	7-11	CCC	Jan24-Mar28	10:50AM-11:35AM	10	Sa	Jessica	\$109

Bollywood Fusion

Ages 8-14

Come and become part of Something spectacular this spring! If it's your first time dancing, feel nervous or have two left feet, have no fear. Join the Bollywood Dance class and you will be soon dancing to its tunes. In this class students will learn the fundamentals of Bollywood style with a touch of hip hop and world fusion. This class is dedicated to learning, reviewing, and repeating basic body movements and steps in a simple choreographed manner. Song sequences will be taught during the one hour class, with greater emphasis placed on dance fundamentals. This course is designed for dancers and non-dancers who want a cultural experience that focuses more on rhythm, energy, and fun!

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
*219170	5-7	LCCC	Jan20-Feb17	6:00PM-7:00PM	5	Tu	Vaishnavi	\$65
*219171	5-7	LCCC	Feb24-Mar31	6:00PM-7:00PM	6	Tu	Vaishnavi	\$75
*219175	8-14	LCCC	Jan20-Feb17	7:00PM-8:00PM	5	Tu	Vaishnavi	\$65
*219179	8-14	LCCC	Feb24-Mar31	7:00PM-8:00PM	6	Tu	Vaishnavi	\$75

Tap & Creative Dance**Ages 5-8 NEW!**

Participants will learn the basic Tap and Jazz techniques in a fun way that will enhance their coordination and rhythm skills along with helping to increase self-confidence and healthy expression! BlackTap Shoes and Black Jazz or Black Ballet Shoes are required. Come join us and have fun and learn the Art of Dance!

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
218532	5-8	CCC	Jan27-Mar24	3:50PM-4:50PM	9	Tu	Debra	\$105

Hip Hop Mini Groovers**Ages 5-8 NEW!**

Hip Hop Mini Groovers is a dance class that incorporates body awareness, age appropriate music, and social interactions with peers while learning through dance. Your child will be dancing in style! Tennis or jazz shoes required. Have your little one dress comfortably and be ready for some fun!

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
218579	6-8	CCC	Jan27-Mar24	3:00PM-3:40PM	10	Tu	Debra	\$89

Hula Dance**Ages 6-14**

Come experience a little bit of Hawaii right here in Fremont. Let's get back to the basic traditional Hula dancing. In the class you will learn some basic footwork such as the Kaholo, Ka'o, and the Ami. We will tell a story with hand motions. It's like learning Hawaiian sign language! All are welcome to join us as we learn a traditional dance using graceful techniques of this ancient Hula art form. Bring a simple pau or sarong to class. We will dance barefooted. At the end of session we will create our own in class Luau. This is going to be fun for all to learn the Hawaiian culture through the Hula.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
219946	6-14	LCCC	Jan21-Mar18	5:45PM-6:45PM	9	W	Janice	\$99

Tap & Ballet**Ages 6-10 NEW!**

This class is intended for the dancer who has previously taken 1 year of Jazz, Ballet & Tap classes. This class is taught by Miss Jessica. In this class, instruction will build up from basics to advanced steps and combinations. Each class includes a warm-up, Ballet Bar exercise, center work, and sometimes choreography. Tap and Jazz or Ballet shoes are required.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
*219681	6-10	CCC	Jan22-Mar26	3:30PM-4:30PM	10	Th	Jessica	\$109

Urban Hip Hop**Ages 7-17**

Ever wanted to audition to join a dance company? Gain some experience and see for yourself what's it's like to be a part of a Youth Hip Hop Dance group. From learning choreography to blocking and casting, this will be a fun class to increase your dance level. Come join and groove with diverse styles of movement. Whether you have a lot of experience or none at all, come dip your toes in this fun class that is sure to be a hit! Wear sneakers, comfortable clothes, bring water to drink, and be ready to get your groove on!

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
219956	7-12	LCCC	Jan26-Mar23	5:15PM-6:15PM	8	M	Cole	\$89
220039	13-17	LCCC	Jan26-Mar23	6:30PM-7:25PM	8	M	Cole	\$89

ZUMBA
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**Dance Combo****Ages 10-16**

This combo class is great for dancers to learn the styles of Jazz, Tap and Ballet technique. Taught by our very own Miss Jessica Gurule. There is no experience needed, just the urge to learn with a positive attitude. Come get your dance on and have fun doing it! This class requires Tap shoes and Ballet or Jazz shoes.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
*219680	10-16	CCC	Jan22-Mar26	4:35PM-5:35PM	10	Th	Jessica	\$109

Tap & Jazz**Ages 8-18 NEW!**

This class is subject to Teacher's approval and not based on age, but skill level. This class is intended for the intermediate and advanced dancer who has previously taken 1 year of Tap, Jazz, and Ballet. This class is taught by Miss Jessica and the instruction will focus on the differences between Ballet technique and Jazz technique, along with combining the basics of Tap with new exciting steps. Each class includes a warm-up, across the floor, center work, and sometimes choreography. Tap and Jazz shoes are required.

INTERMEDIATE & ADVANCE

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
*219679	8-18	CCC	Jan22-Mar26	5:45PM-6:45PM	10	Th	Jessica	\$109

African Cultural Dance**Ages 18 & up NEW!**

Come join this exciting new African Dance class that is modified to give you a work out while you dance in only 45 mins. In this beginning level class, participants will stretch out their muscles and learn basic beginning technique of African cultural dance moves. Participants should wear comfortable work out clothing. If you have a favorite African material to wrap around your waist, bring it with you to class. Also bring bottled water, and wear Jazz shoes or Jazz sneakers. Bring a Yoga mat for floor stretching. Come ready to have fun and enjoy the rhythms of Africa through dance!

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
*218786	18 & up	CCC	Feb3-Mar24	6:15PM-7:00PM	8	Tu		\$79

Ballet for Adults**Ages 16 & up**

This ballet class will inspire you to dance with flexibility. Students will learn basic ballet technique with grace and flair. Try something out of the ordinary! This class is a chance to express yourself and emote through dance while getting a great workout. No experience necessary. Ballet shoes are required. Wear comfortable clothing. No class Feb 16.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
*219598	16 & up	CCC	Jan26-Mar30	7:15PM-8:15PM	9	M	Jessica	\$99

BOLLYWOOD FUSION FOR KIDS PAGE 22



Salsa Dance for Adults

Ages 16 & up

A Salsa dance class just for YOU. Come join the fun and learn the basic motion of dance with Latin rhythm. In this exciting class participants will learn how to perform basic patterns with leading and following techniques. No experience necessary. Fee is per couple, participants must bring a partner. No class Feb 16.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
217531	16 & up	TNC	Jan26-Feb23	7:30PM-8:30PM	4	M	Mr. Jose	\$69
217533	16 & up	TNC	Mar2-30	7:30PM-8:30PM	5	M	Mr. Jose	\$79

Ballroom for Adults

Ages 16 & up

Come discover such social dances as the timeless elegance of the Waltz, the romantic Rumba, the fun & flirty Cha Cha, the groovin' Swing dances, the hip-shakin' Merengue, the Passionate Tango and many more! Go ahead grab your partner and soon you'll be gliding across the dance floor, ala, Fred Astaire & Ginger Rogers! Wear comfortable clothing and dress shoes. Fee is per couple, participants must bring a partner. No class Feb 16.

BEGINNER

Social ballroom is a beginner course appropriate for those who have never taken lessons in the American Style of Ballroom Dancing. No prior dance experience is required as all dance steps and concepts taught in this class will set you up for success in future courses.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
217534	16 & up	LCCC	Jan23-Feb20	6:45PM-7:45PM	5	F	Mr. Jose	\$79
217535	16 & up	TNC	Jan26-Feb23	6:25PM-7:25PM	4	M	Mr. Jose	\$69
217536	16 & up	LCCC	Feb27-Mar27	6:45PM-7:45PM	5	F	Mr. Jose	\$79
217537	16 & up	TNC	Mar2-30	6:25PM-7:25PM	5	M	Mr. Jose	\$79

INTERMEDIATE

Intermediate Social Ballroom Dance Strictly for continuing students! This exciting course will build on concepts that were introduced in both the Beginning Social Ballroom Dance course. This intermediate course will go into more detail about the traditional Ballroom dances.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
219934	16 & up	LCCC	Jan23-Feb20	7:45PM-8:45PM	5	F	Mr. Jose	\$79
220030	16 & up	LCCC	Feb27-Mar27	7:45PM-8:45PM	5	F	Mr. Jose	\$79

Bollywood Fusion

Ages 17 & up

This exciting class has the energy and the artistic choreography of Bollywood dance. This is not your same old Bollywood dance routine. Come learn the nuances of the real time Bollywood Dance! From tips to tricks to doing it right! Learn this trendy Art form while keeping in shape and enhancing your energy level, while having fun! Come everyone-Be A Star! Bring a water bottle and hand towel. Wear breathable exercise clothes. Everyone, all levels are welcome.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
*219159	17 & up	LCCC	Jan22-Feb19	7:00PM-8:00PM	5	Th	Vaishnavi	\$65
*219163	17 & up	LCCC	Feb26-Apr 2	7:00PM-8:00PM	6	Th	Vaishnavi	\$75
*219189	17 & up	LCCC	Jan23-Feb20	11:00AM-12:00PM	5	F	Vaishnavi	\$65
*219190	17 & up	LCCC	Feb27-Mar27	11:00AM-12:00PM	5	F	Vaishnavi	\$65

TAP DANCE

Do you want to have fun and learn to tap at the same time? This class is for you! Experience the fun rhythms of tap as you learn rhythmic and classic tapping techniques. Tap shoes are required. No class Feb 16.

Beginners

Ages 16 & up

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
219950	16 & up	CCC	Jan24-Mar28	11:45AM-12:45PM	10	Sa	Jessica	\$109

Intermediate

Ages 18 & up

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
219952	18 & up	CCC	Jan21-Mar25	6:15PM-7:15PM	10	W	Jessica	\$109

Advance

Ages 18 & up

This Advanced Tap class is geared toward those who have at least 1 year of previous experience in an Intermediate Tap or Advanced Tap level. It will focus on Tap tricks and turns as well as advanced combinations. Instructor consent is required to register for this Tap section. Pre-registrations will be given to those tappers who qualify.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
219949	18 & up	CCC	Jan21-Mar25	7:20PM-8:20PM	10	W	Jessica	\$109

Intermediate for Seniors

Ages 50 & up

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
219953	50 & up	CCC	Jan26-Mar23	12:00PM-1:00PM	8	M	Venae	\$79

Tap Performance

Ages 50 & up

Tap experience is required. Participants will learn choreography that will prepare them to perform at community events and our annual spring recital. Enrollment is required to participate in performances.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
*219954	50 & up	CCC	Jan26-Mar23	1:45PM-2:45PM	8	M	Venae	\$79

Tap Technique

Ages 55 & up

This is a non-performing tap class. We will work on basic tap technique that will enhance your skill level. Classes will include a warm-up, across the floor exercises and center combinations. Tap shoes are required.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
219955	55 & up	CCC	Jan22-Mar26	2:15PM-3:15PM	10	Th	Jessica	\$109



FITNESS & HEALTH

HEALTH & WELLNESS

Post Holiday Sugar Detox & Healthy Weight Loss **Ages 18 & up**

For more information call (510) 494-4322

Indulged in too much sugar during the holidays? Gained a few pounds, feel fatigued or lethargic? Is one of your new year resolutions to start eating healthy and learn more about what is good for your body? If you answered yes to the above questions, you would benefit from a good detoxification program. This is a whole foods based gentle yet very effective detox workshop that will cleanse your body of accumulated toxins, jump start your body's metabolic motor, help with weight loss, kick sugar cravings, boost energy levels and more. Workshop series includes lectures, food demonstration, handouts with step by step detox guidelines, recipes and menu plan to help you get started on the right track. \$9 material fee due at class.

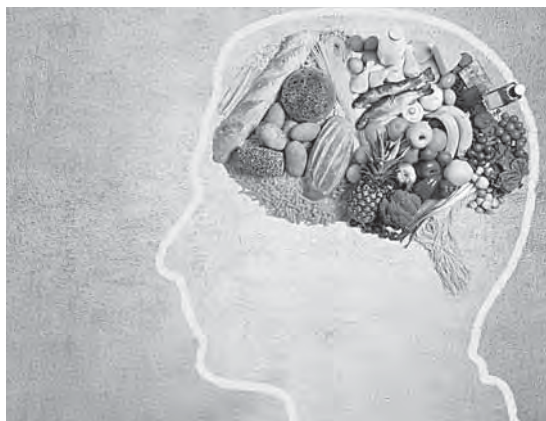
BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
221429	18 and up	SHP	Jan18	4:00PM-6:30PM	1	Su	Ramakrishnan	\$49

Natural & Effective Remedies for Digestive Disorders **Ages 18 & up**

For more information call (510) 494-4322

A healthy gut and excellent digestive capability are critically important to one's overall vitality and well being. Everyday, millions of people suffer from a combination of gastrointestinal disorders like gas, bloating, belching, constipation, diarrhea, indigestion malabsorption etc. Over the counter and prescription meds rarely address the root causes and in many cases, do not even provide relief from the symptoms! This workshop will focus on a step-by-step approach in figuring out why things are out of balance in the first place, what can be done to help with these issues and discuss effective protocols based on sound Ayurvedic and other holistic principles. Hippocrates, the father of medicine knew exactly what he was talking about when he said 'All diseases begin in the gut'. \$9 materials fee due at class.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
221479	18 & up	SHP	Feb8	4:00PM-6:30PM	1	Su	Ramakrishnan	\$49



Powerful Guided Meditations **Ages 18 & up**

For more information, call (510) 791-4318

Powerful Guided Meditations which can be practiced anywhere, anytime for sharper memory, increasing focus, improving sleep, peace of mind, lose weight, increasing motivation and self-confidence, forgiveness and emotional and mental stability. We learn and practice Chakra Balancing and Strengthening with Sound, Breath and Visualization. Self Body Scan, Mindfulness meditations to increase awareness of our daily routine, Manifestation Meditations, experiencing a No-thought state, being an observer. We will also learn breathwork (Alternate Nostril, Bee humming, Victorious Breath), Positive affirmations, tapping and grounding meditations and much more. Please bring water.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
218386	18 & up	WSCC	Jan15-Feb26	6:00PM-7:30PM	7	Th	Govil	\$75
218387	18 & up	WSCC	Mar10-Apr 21	6:00PM-7:30PM	7	Tu	Govil	\$75

Reiki Level 1 **Ages 18 & up**

For more information, call (510) 791-4318

Reiki is an ancient alternate healing therapy for healing and transforming deep rooted emotional, mental and physical issues into peace, contentment and freedom. It is drug free and can be given to ourselves, to children, our family, our goals and plants and animals. The Reiki Channel taps into the Universal Life Force/Prana/Chi/Ki/Energy to restore his/her balance and to channel to others. In the class we learn how to do Self-healing with Reiki, how to channel healing to others, when not to channel Reiki, What are Chakras and how to strengthen them, how to give Reiki to goals and relationships, how to clear of the energy in a place/house. Many experience improve in sleep, healing of allergies, healing of habits and an improved physical, emotional immune system. Reiki is NOT a massage. It can be practiced hands off or hands on. We practice seeing Aura and giving healing in our Aura. The class included a Reiki Level I attunement/Initiation. We discuss traditional and non-traditional Reiki healing. Detailed Manual included. Please bring water along and wear layered comfortable clothing. Bring your Yoga mat if you wish to sit on the ground.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
221329	16 & up	CPVSC	Feb1-15	1:00PM-5:00PM	3	Su	Govil	\$85
221330	16 & up	CPVSC	Feb22-Mar8	1:00PM-5:00PM	3	Su	Govil	\$85

DANCE & FITNESS CLASSES

Baby Bump Fitness

Ages 18 & up

For more information, call (510) 791-4318

Welcome all pregnant moms to this fun and safe fitness environment. Join me through your nine month pregnancy journey and learn dynamic key workouts that will help you stay healthy and happy during and after pregnancy. We will learn safe prenatal exercise warm ups, circuits, cool downs and exercises you can practice on your own. This course will make you feel great and secure knowing you and your baby are receiving all the benefits exercise has to offer a pregnant mom. No class Jan 19 & Feb 16.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
218442	18 & up	WSSC	Jan26-Mar23	6:00PM-7:00PM	8	M	Iglesia	\$149

Belly Dance Workout

Ages 18 & up

For more information, call (510) 791-4351

Belly dance is a beautiful feminine folk dance that celebrates the body and spirit. Grab your hip scarf if you have one, and come learn this ancient art form of SharQui Belly Dance while getting a full-body workout. The SharQui format provides an enjoyable workout experience for women of any size, shape or skill level. Feel sexy, energetic and feminine again as you shake, shimmy and belly dance your way to a better body.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
219936	18 & up	CCC	Jan22-Feb19	7:15PM-8:15PM	5	Th	Monicah	\$69
220031	18 & up	CCC	Feb26-Mar26	7:15PM-8:15PM	5	Th	Monicah	\$69

Bombay Jam Fitness

Ages 18 & up NEW!

For more information, call (510) 791-4351

Come and Burn calories Bollywood style with Bombay Jam !! It is the ultimate dance fitness workout full of authentic Bollywood flavor. This class includes cardio and toning routines in one action packed class. So get ready you will be hooked onto this incredible dance fitness workout.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
218779	18 & up	CCC	Jan22-Feb20	6:00PM-7:00PM	5	F	Gurleen	\$69
218783	18 & up	CCC	Feb27-Mar27	6:00PM-7:00PM	5	F	Gurleen	\$69

W.I.T.S.

Personal Trainer Certification

For more information, call (510) 494-4322

Come join this fun profession and be a part of what Fortune Magazine & ABC NEWS.com states as the 4th hottest job in the U.S. at a national average of \$34 an hour. Whether a career move or for your own personal knowledge, get all the information that you'll need to become a Certified Personal Trainer. This challenging course is taught over a 9 week period (16 hours of lecture, 16 hours of practical training). The National Exam is held on the last week and students who pass both exams are eligible for the 30-hour internship that is required for certification and networks many graduates right into their first job in the fitness field. Key topics include: biomechanics, exercise physiology, fitness testing, equipment usage, and health assessment. World Instructor Training Schools (W.I.T.S.) is the only major certifying body in the country providing comprehensive practical training and internship components. CPR/AED certification is required in order to receive the W.I.T.S Personal Trainer Certification. Purchase of a textbook is required. Order directly from W.I.T.S. at <http://www.witseducation.com/store/Store.htm#Textbooks> or 1-888-330-9487 W.I.T.S. is an approved CEU provider. No class Apr 4.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
220830	18 & up	CPVSC	Mar14-May16	9:00AM-2:00PM	9	Sa	W.I.T.S.	\$969



Hula Fitness

Ages 18 & up

For more information, call (510) 791-4351

Come one, come all and be a part of the Hula craze workout class. This class is designed to make you feel great while you have fun getting in shape. Hula Fitness for all levels is the great way to work your cardio. You will learn basic Hula moves that will help to strengthen your core. You will be surprise how these slow dance movements will increase your strength and definition. One move we will do is the 'kaholo'. It's just like walking which benefits your health. Come join us and have an experience. Be inspired by the sounds of the Pacific Islands and dance to easy Hula movements. Bring a water bottle and a sarong. Dancing barefoot works best. Looking forward to seeing you there!

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
220036	18 & up	WSSC	Jan22-Feb19	12:00PM-1:00PM	5	Th	Janice	\$59
220038	18 & up	WSSC	Feb26-Mar26	12:00PM-1:00PM	5	Th	Janice	\$59

U-Jam Fitness

Ages 18 & up

For more information, call (510) 791-4351

U-Jam Fitness is an athletic Cardio Dance Fitness program that unites World beats with Urban flavor. The Music will take you around the world, from Old School Hip Hop to Bollywood with a workout that will make you sweat, tone your body and leaves you craving more! Bring a water bottle, sweat towel, and a 'I Can Do It' attitude! Wear comfortable workout clothes and tennis shoes. What are U waiting for? Come JAM with us!

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
218784	18 & up	CCC	Jan20-Feb17	5:15PM-6:15PM	5	Tu	Chilou	\$79
218785	18 & up	CCC	Mar3-31	5:15PM-6:15PM	5	Tu	Chilou	\$79

Ages 18 & up NEW!

DON'T MISS OUR EARLY BIRD SPECIAL! Save \$10 each session when registering one week prior to the class start date!

YOGA

For more information, call (510) 791-4318

Come and join our Yoga classes and introduce yourself to the mind and body benefits. Guided by detailed instructions, you will learn foundational poses with proper forms for developing strength and flexibility. No experience required; just a desire to learn and participate.

Each class starts with a deep breathing exercise and ends with relaxation to rejuvenate your mind and body. For the intermediate class, we will review and learn beginner/intermediate level poses to deepen your Yoga practice, further improving strength and flexibility. This class is taught at a faster pace with more challenging poses than the Beginner class. We also practice deep breathing and relaxation, essential to any level of Yoga. Wear comfortable clothing. Bring your own yoga mat and water.

Beginner

Ages 18 & up

EARLY BIRD DISCOUNT

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
218392	18 & up	CCC	Jan8-Feb26	9:30AM-10:30AM	8	Th	Tsoi	\$79
218389	18 & up	TNC	Jan10-Feb7	9:30AM-10:30AM	5	Sa	Tsoi	\$49
218390	18 & up	TNC	Feb21-Mar28	9:30AM-10:30AM	6	Sa	Tsoi	\$59
218394	18 & up	CCC	Mar5-Apr 2	9:30AM-10:30AM	5	Th	Tsoi	\$49

REGULAR PRICE

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
218393	18 & up	CCC	Jan8-Feb26	9:30AM-10:30AM	8	Th	Tsoi	\$89
218391	18 & up	TNC	Jan10-Feb7	9:30AM-10:30AM	5	Sa	Tsoi	\$59
218396	18 & up	TNC	Feb21-Mar28	9:30AM-10:30AM	6	Sa	Tsoi	\$69
218395	18 & up	CCC	Mar5-Apr 2	9:30AM-10:30AM	5	Th	Tsoi	\$59

Intermediate

Ages 18 & up

EARLY BIRD DISCOUNT

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
218398	18 & up	CCC	Jan6-Feb24	9:30AM-10:30AM	8	Tu	Tsoi	\$79
218400	18 & up	TNC	Jan10-Feb7	10:45AM-11:45AM	5	Sa	Tsoi	\$49
218402	18 & up	CCC	Mar3-31	9:30AM-10:30AM	5	Tu	Tsoi	\$49
218404	18 & up	TNC	Feb21-Mar28	10:45AM-11:45AM	6	Sa	Tsoi	\$59

REGULAR PRICE

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
218399	18 & up	CCC	Jan6-Feb24	9:30AM-10:30AM	8	Tu	Tsoi	\$89
218401	18 & up	TNC	Jan10-Feb7	10:45AM-11:45AM	5	Sa	Tsoi	\$59
218403	18 & up	CCC	Mar3-31	9:30AM-10:30AM	5	Tu	Tsoi	\$59
218405	18 & up	TNC	Feb21-Mar28	10:45AM-11:45AM	6	Sa	Tsoi	\$69



ZUMBA

These classes are designed for all levels of fitness and dance. All Zumba classes are taught by a licensed instructor. Bring water and wear tennis shoes and comfortable clothing.

Daytime & Nighttime

Ages 18 & up

It's a Zumba Party ! Come have fun while exercising to Latin inspired beats.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
219958	18 & up	CCC	Jan23-Feb20	12:00PM-1:00PM	5	F	Monicah	\$69
219959	18 & up	CCC	Feb27-Mar27	12:00PM-1:00PM	5	F	Monicah	\$69
218879	18 & up	CCC	Jan21-Feb18	12:05PM-12:50PM	5	W	Debra	\$59
218880	18 & up	CCC	Feb25-Mar25	12:05PM-12:50PM	5	W	Debra	\$59
219962	18 & up	CCC	Jan20-Feb17	7:30PM-8:30PM	5	Tu	Monicah	\$69
219963	18 & up	CCC	Feb24-Mar24	7:30PM-8:30PM	5	Tu	Monicah	\$69

Fusion Workout

Ages 55 & up

A little bit of Zumba and little bit of SOUL! Great for those working adults who need to get away from their desk and get moving for a few minutes. This Zumba Fusion Workout class is a combination of African, Latin, and other dance styles along with use of hand weights for toning exercises. All of this fused together to create a fun and energetic workout that is designed for ALL levels. Go at your own pace! Bring 2 lbs or 3 lbs hand weights, face towel and water bottle to each class. Wear workout clothing and tennis shoes. Also bring an 'I Can Do It' attitude and you will be movin and groovin in no time! You don't want to miss this session!

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
218480	18 & up	CCC	Jan20-Feb17	12:05PM-12:50PM	5	Tu	Debra	\$59
218529	18 & up	CCC	Feb24-Mar24	12:05PM-12:50PM	5	Tu	Debra	\$59

Zumba Gold

Ages 55 & up

Zumba Gold is an easy-to-follow program that lets you move to the beat at your own speed and provides modified, low-impact moves which are used in the regular Zumba classes. It's an invigorating, community-oriented dance-fitness class that feels fresh, and most of all, exhilarating!

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
219960	55 & up	CCC	Jan23-Feb20	10:00AM-11:00AM	5	F	Monicah	\$69
219961	55 & up	CCC	Feb27-Mar27	10:00AM-11:00AM	5	F	Monicah	\$69

SNAP FITNESS

For more information, call (510) 494-4334

Run Club

Ages 6 & up

Ever dreamed of completing a 5K/10K race? Don't hesitate to sign up for this small group training where you will have support and guidance to assist you throughout the training. We will work on making you an efficient runner with emphasis on foot strike and proper running form. This is a great way to meet new running friends. Join Snap Fitness Personal Trainer/Coach on Mondays at 6:15PM. No class on Jan19 & Feb26.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
219034	6 & up	SF	Jan5-26	6:15PM-7:15PM	3	M	\$45
219035	6 & up	SF	Feb2-23	6:15PM-7:15PM	3	M	\$45
219036	6 & up	SF	Mar2-30	6:15PM-7:15PM	5	M	\$75

Women On Weights

Ages 12 & up

This small group training class is designed for women who want to improve their whole body strength and build strong toned muscles in a positive female friendly environment. Classes can be adapted to allow for all levels to participate, if you are new to weights or would like to transform your body. Join Snap Fitness Personal Trainer/Coach on Thursdays at 6PM.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
219037	12 & up	SF	Jan8-29	6:00PM-7:00PM	4	Th	\$59
219038	12 & up	SF	Feb5-26	6:00PM-7:00PM	4	Th	\$59
219039	12 & up	SF	Mar5-26	6:00PM-7:00PM	4	Th	\$59

Yoga Strong

Ages 16 & up NEW!

Yoga Strong is a program that will help you feel strong and peaceful. This vigorous, fitness-based approach to vinyasa-style yoga will revitalize your mind, body, and spirit. Decompress, de-stress, and find inner peace, while healing injury and disease. Create sculpted, lean, long, and balanced muscles with active flexibility through the breath and focus. Join us on Wednesdays from 6-6:55PM. Don't forget to bring some water.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
219829	16 & up	FCC	Jan7-28	6:00PM-6:55PM	4	W	\$59
219830	16 & up	FCC	Feb4-25	6:00PM-6:55PM	4	W	\$59
219831	16 & up	FCC	Mar4-25	6:00PM-6:55PM	4	W	\$59
222129	16 & up	FCC	Jan6-27	7:30PM-8:25PM	4	Tu	\$59
222130	16 & up	FCC	Feb3-24	7:30PM-8:25PM	4	Tu	\$59
222131	16 & up	FCC	Mar3-31	7:30PM-8:25PM	5	Tu	\$75
222132	16 & up	FCC	Jan8-29	7:45PM-8:40PM	4	Th	\$59
222133	16 & up	FCC	Feb5-26	7:45PM-8:40PM	4	Th	\$59
222134	16 & up	FCC	Mar5-26	7:45PM-8:40PM	4	Th	\$59

2-hr Weight Training Workshop

Ages 16 & up

Learn the fundamentals of weight training using free weights, kettlebells, dumbbells, machines, and body weight. A basis routine will be provided with an emphasis on proper form and technique. Join us every 3rd Saturday of the month from 10AM to 12PM. Taught by professional weight training certified personal trainers at Snap Fitness. Bring some water.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
219879	16 & up	SF	Jan17	10:00AM-12:00PM	1	Sa	\$29
219880	16 & up	SF	Feb21	10:00AM-12:00PM	1	Sa	\$29
219881	16 & up	SF	Mar21	10:00AM-12:00PM	1	Sa	\$29

Express Circuit

Ages 16 & up

Express Circuit is an all body workout to include cardio, strength, balance, agility for the busy person, all in 30 minutes. Workout with a 12 exercise circuit routine performed for 4 weeks; guided by Snap Fitness Certified Personal Trainers. No class on Jan19 & Feb26.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
219832	16 & up	SF	Jan5-28	9:30AM-10:00AM	7	M,W	\$105
219833	16 & up	SF	Feb2-25	9:30AM-10:00AM	7	M,W	\$105
219834	16 & up	SF	Mar2-30	9:30AM-10:00AM	9	M,W	\$135

Insane "Insanity" Workouts

Ages 18 & up

Have you heard of 'Insanity'? If you have then you know what this class is all about! This is a high intensity body weight exercises with very little rest, intervals. This workout will make you sweat and burn up to 1000 calories each time. Feel the metabolic effect this class has on fat burning. Melt the fat away like never before. Join the fun and get fit fast. You will never plateau with Insanity. Class taught by Insanity Certified instructor May Sirhan. Don't forget your water, you'll need it!

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
219836	18 & up	IRCC	Jan6-27	9:15AM-10:00AM	4	Tu	\$59
219837	18 & up	IRCC	Feb3-24	9:15AM-10:00AM	4	Tu	\$59
219838	18 & up	IRCC	Mar3-31	9:15AM-10:00AM	5	Tu	\$75
222179	18 & up	IRCC	Jan8-29	9:15AM-10:00AM	4	Th	\$59
222180	18 & up	IRCC	Feb5-26	9:15AM-10:00AM	4	Th	\$59
222181	18 & up	IRCC	Mar5-26	9:15AM-10:00AM	4	Th	\$59

Boot Camp

Ages 18 & up NEW!

Our FUN and functional exercises are designed to get you fit, healthier, energized, and MAXIMIZE CALORIE AND FAT BURN within 45 minutes. The after burn will boost your metabolism for 12-16 hours. Feel the positive team spirit that supports you and your new group of friends through your fitness journey into a beautiful body and mind. Don't forget your water!

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
222182	18 & up	IRCC	Jan5-26	9:15AM-10:00AM	3	M	\$45
222187	18 & up	IRCC	Jan6-27	10:00AM-10:45AM	4	Tu	\$59
222188	18 & up	IRCC	Feb3-24	10:00AM-10:45AM	4	Tu	\$59
222185	18 & up	IRCC	Feb2-23	9:15AM-10:00AM	3	M	\$45
222186	18 & up	IRCC	Mar2-30	9:15AM-10:00AM	5	M	\$75
222189	18 & up	IRCC	Mar3-31	10:00AM-10:45AM	5	Tu	\$75

20-20-20

Ages 18 & up

Try 20 minutes of cardio, 20 minutes of strength, and 20 minutes of stretching. This well balanced class will motivate and get you in shape. Class taught by Certified Personal Trainer.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
219029	18 & up	SF	Jan4-25	10:00AM-11:00AM	4	Su	\$59
219030	18 & up	SF	Feb1-22	10:00AM-11:00AM	4	Su	\$59
219031	18 & up	SF	Mar1-29	10:00AM-11:00AM	5	Su	\$75

Fremont's Biggest Loser

Ages 18 & up

You know the popular show, and now we have it available to you in Fremont. Come join a team, workout with personal trainers, receive lifestyle and nutrition coaching, share success stories, and transform your body. You will be weighed every week and mentored to stay on track. The participant with the biggest amount of weight lost will win a prize and be Fremont's Biggest Winner! Please Note: Tuesday classes meet at 6 to 7:15PM, and Saturday classes meet at 9 to 10:15AM.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
219032	18 & up	SF	Jan6-Feb14	See Description	12	Tu,Sa	\$185
219033	18 & up	SF	Feb17-Mar28	See Description	12	Tu,Sa	\$185



MUSIC

For more information, call (510) 494-4322

KINDERMUSIK

Our Time

9 mos- 3 years

Our Time reflects the emotional foundations of school readiness and the latest research on music and early childhood development. Our Time is a unique opportunity for parent and child to interact and learn together in an unhurried and joyful manner. Fiddle-dee-dee — We'll meet many animal characters in our books, activities, and songs—each specifically chosen for a toddler's emerging interests and physical skills. With silly, bumpy lap bounces we'll help toddlers develop rhythm while further developing their ever-emerging language skills. With a special stringed instrument emphasis in the music from class, parents can bring home the violin, cello, and orchestra sounds to help their toddlers stay happy and engaged learners at home, too. Home Materials: Home material fee of \$65 per family due at first class. Double CD featuring songs from class; two interactive storybooks—This Little Piggy Played the Fiddle and Animal Serenade to develop early literacy skills; Home Activity Book, and a pair of Fiddlestick instruments.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
220131	9-3	NVMH	Feb5-Apr 9	10:40AM-11:25AM	9	Th	Shpits	\$175

Kindermusik Village

Newborn - 9 mos

Village incorporates the most current research on early childhood development and provides families a special place for learning and connecting with other parents and babies through music and movement. The musical poems, bird songs, and the naturally occurring sounds in nature help babies develop an early appreciation—and accelerated aptitude—for language, movement, and music in this class. What a Parent and Child Will Experience in Class: variety of music, instrument play, dance, together time, expert advice! Home material fee of \$65 per family due at first class (includes 2 CDs, the books and a musical instrument).

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
221179	1-9	NVMH	Feb5-Apr 9	9:45AM-10:30AM	9	Th	Shpits	\$175

Little Panda Chinese

Ages 1-4

Music Class

Ni hao means hello in Chinese. Little Panda is a developmentally appropriate music and movement program mostly conducted in Chinese. It nurtures young children's ability to use Mandarin and to participate in dramatic play within a musical context, including singing, chanting, moving, dancing, focused listening, and playing simple instruments. This parent-participation class is fun and informal, providing stimulating experience for both children and caregivers, regardless of one's musical and Mandarin language abilities. NOTE: No make-ups for missed classes/ Fee is per parent/child pair. \$25 material fee due at first class for songbook and CD.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
219379	1-4	IRCC	Jan9-Mar13	9:45AM-10:30AM	10	F	Yeh	\$159
219380	1-4	IRCC	Jan9-Mar13	10:45AM-11:30AM	10	F	Yeh	\$159

REGISTER TODAY!



BEGINNING/CONTINUING MUSIC LESSONS

For more information, call (510) 791-4318

Instructor Julie Thomas, BA Piano and Guitar, AA Performing Arts.

Guitar

Ages 6 & up

Participants will learn the basics of guitar playing including melodies, chords and reading music. Beginners are very welcome and experienced players who join the class will receive lessons tailored to their skill level. Bring your guitar and pick.

YOUTH

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
218426	6-16	WSCC	Jan10-Feb14	9:00AM-9:50AM	6	Sa	Thomas	\$149
218427	6-16	WSCC	Feb21-Mar28	9:00AM-9:50AM	6	Sa	Thomas	\$149

ADULTS

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
218422	17 & up	WSCC	Jan10-Feb14	10:50AM-11:40AM	6	Sa	Thomas	\$149
218423	17 & up	WSCC	Feb21-Mar28	10:50AM-11:40AM	6	Sa	Thomas	\$149

Clarinet & Recorder

Ages 6 & up

Begin first-time lessons on clarinet or recorder or continue to more advanced playing if you already know how to play. The instructor can help you with band assignments if you need extra help for school band. Class covers note reading, technique, performance, and theory. Students need to bring their own instrument to each class.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
218428	6 & up	WSCC	Jan10-Feb14	12:35PM-1:20PM	6	Sa	Thomas	\$149
218429	6 & up	WSCC	Feb21-Mar28	12:35PM-1:20PM	6	Sa	Thomas	\$149

Keyboard

Ages 4 & up

Beginners who have never played before will enjoy a fun introduction to keyboard through learning of finger positions, note reading, theory and rhythm, and ear training. Experienced players will have lessons tailored to their skill level. We will play piano music on keyboards. Bring any type of battery-operated keyboard.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
218424	4 & up	WSCC	Jan10-Feb14	9:55AM-10:45AM	6	Sa	Thomas	\$149
218425	4 & up	WSCC	Feb21-Mar28	9:55AM-10:45AM	6	Sa	Thomas	\$149

Violin Study

Ages 4 & up

This is a group class where students will receive individual instruction specific to each person's own skill level. Children as young as 4 may join and will start on basics. Older children or experienced students will receive continuing lessons at a more advanced level. Class covers note reading, theory, rhythm, composition, technique, and posture for violin and bow. Each student needs to bring a violin and bow to class.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
218430	4 & up	WSCC	Jan10-Feb14	11:45AM-12:35PM	6	Sa	Thomas	\$149
218431	4 & up	WSCC	Feb21-Mar28	11:45AM-12:35PM	6	Sa	Thomas	\$149

MELODY ACADEMY OF MUSIC

For more information, call (510) 494-4322

Only registered students are allowed in the classroom. Class will be held at the Academy of Music, 1972 Driscoll Road, Suite 5.

SCHOOL BREAK CAMPS PAGE 4



Piano Beginners

Ages 4-5

PARENT & CHILD

Parent participation in the class is required and only registered students can be in the classroom. This course will enrich children who have never studied music through a variety of fun activities. Learn the various music skills, such as singing, ear-training, keyboard playing, rhythm ensemble, reading music. \$45 non-refundable material fee due at first class.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
219381	4-5	MAM	Jan10-Feb14	10:00AM-10:45AM	6	Sa	MAM	\$145
219382	4-5	MAM	Jan15-Feb19	3:30PM-4:15PM	6	Th	MAM	\$145
219383	4-5	MAM	Feb1-Mar8	11:00AM-11:45AM	6	Su	MAM	\$145
219384	4-5	MAM	Feb10-Mar17	5:30PM-6:15PM	6	Tu	MAM	\$145
219385	4-5	MAM	Mar1-Apr5	1:00PM-1:45PM	6	Su	MAM	\$145

Piano Beginners

Ages 5-7

Parent participation in the class is required and only registered students can be in the classroom. Class will be held at the Academy of Music, 1972 Driscoll Road, Suite 5 Featuring music theory, keyboard skills and techniques are included in the class. Ear-training and sight-singing skills will be emphasized. Children will also receive instruction in performing keyboard and rhythm instrument. \$45 non-refundable material fee due at first class. Parent participation in the class is required and only registered students can be in the classroom.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
219429	5-7	MAM	Jan10-Feb14	9:00AM-9:45AM	6	Sa	MAM	\$145
219430	5-7	MAM	Jan15-Feb19	4:30PM-5:15PM	6	Th	MAM	\$145
219431	5-7	MAM	Feb1-Mar8	12:00PM-12:45PM	6	Su	MAM	\$145
219432	5-7	MAM	Feb10-Mar17	6:30PM-7:15PM	6	Tu	MAM	\$145
219433	5-7	MAM	Mar1-Apr5	2:00PM-2:45PM	6	Su	MAM	\$145

Cultural Drumming

Ages 18 & up

For more information, call (510) 791-4351

An absolutely fun and jamming drum class that will teach participants to play African and Latin rhythms on Djembe, Doumbek and Latin Drums along with other percussion instruments such as cowbells, double bells, claves and shekeres. This is a level one and level two classes for ages 18 and up. No experience is needed. Students will learn and memorize approximately 5 rhythms. This is a really great class for couples to do together or for family and friends to join in together. Students will learn to listen, concentrate and work as a team. Class will be taught by Ms. Adaku a professional drummer, performer and percussionist. Ms. Adaku has over 12 + years experience as an artist instructor. The last class will be the student's performance for their family and friends and staff. Instructor will provides all instruments.

Come excited and ready to jam!

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
215291	18 & up	IRCC	Jan13-Feb17	6:45PM-7:45PM	5	Tu	Adaku	\$59
215293	18 & up	IRCC	Feb24-Mar31	6:45PM-7:45PM	6	Tu	Adaku	\$69

Todd-o-Piano Basics

Ages 3-4

A new approach to lead toddlers into musical World. A Pre-Piano/Keyboard lesson with introduction to music terminology, keyboard playing and rhythm training using fun store-telling method. The class prepares students for future piano lesson with development to students' Musical character and movement ability. Please note: Parents Participation is REQUIRED.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
219437	3-4	MAM	Jan13-Feb17	10:30AM-11:15AM	6	Tu	MAM	\$145
219438	3-4	MAM	Jan13-Feb17	2:30PM-3:15PM	6	Tu	MAM	\$145
219439	3-4	MAM	Jan16-Feb20	10:30AM-11:15AM	6	F	MAM	\$145
219440	3-4	MAM	Jan16-Feb20	2:30PM-3:15PM	6	F	MAM	\$145
219441	3-4	MAM	Feb2-Mar16	10:30AM-11:15AM	6	M	MAM	\$145
219442	3-4	MAM	Feb12-Mar19	10:30AM-11:15AM	6	Th	MAM	\$145

Group Violin Class

Ages 6-10

Try the violin! Suzuki method is combined with Western teaching methods to provide a strong foundation for playing this sophisticated instrument. Students learn to read notes and become familiar with rhythm and music theory. Non-refundable material fee of \$45 due at first class (includes 6-week violin rental) OR if you have your own violin, a \$25 material fee is due at first class. No class Feb 16.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
219434	6-10	MAM	Jan10-Feb14	2:00PM-2:45PM	6	Sa	MAM	\$145
219435	6-10	MAM	Jan15-Feb19	5:30PM-6:15PM	6	Th	MAM	\$145
219436	6-10	MAM	Feb2-Mar16	6:00PM-6:45PM	6	M	MAM	\$145



VOICE

Tykes

Ages 4-7

This is a music class for young children with a focus on singing. Your child will learn basic vocal exercises and apply these singing skills to a number of songs. Students will learn about breathing and musical notes. All material is taught at a very basic level and in a fun, interactive way.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
220136	4-7	CCC	Jan16-Feb20	5:00PM-5:45PM	6	F	Benites	\$139
220137	4-7	CCC	Feb27-Apr 3	5:00PM-5:45PM	6	F	Benites	\$139

Youth

Ages 8-15

This is a singing class designed for those who like to sing but have never taken a singing class. You will learn the principles of breath support, as well as basic music theory. All exercises will be done as a group with some individual attention for those who need it. Music will be assigned to each student based on their individual abilities and with the purpose of improving their singing technique.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
220138	8-15	CCC	Jan16-Feb20	6:00PM-7:00PM	6	F	Benites	\$169
220139	8-15	CCC	Feb27-Apr 3	6:00PM-7:00PM	6	F	Benites	\$169

Beginning Adult

Ages 15 & up

This is a singing class designed for those who like to sing but have never taken a singing class or feel they are a beginner and would like practice. You will learn the principles of breath support and phonation, as well as basic music theory.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
220134	15 & up	CCC	Jan16-Feb20	7:15PM-8:15PM	6	F	Benites	\$169
220135	15 & up	CCC	Feb27-Apr 3	7:15PM-8:15PM	6	F	Benites	\$169



THEATER ARTS

For more information, call (510) 494-4322

Children's Little Theater

Ages 4-6

Little Theater is a production of the City of Fremont's Children's Repertory Theater. Little Theater is an opportunity for 4 to 6 year olds to have a live stage experience like the big kids. Younger actors will spend class time learning lines, stage direction, and stage voice. Performance date-Saturday, May 16.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
220140	4-6	NVMH	Feb25-May13	4:00PM-5:00PM	12	W	Ewing	\$159

CRT Drama Auditions

Ages 7-16

The Very Unmerry

Adventures of Robin Hood

For youth who enjoy dramatic productions (and don't particularly sing/dance)! Fremont's Children's Repertory Theater offers another great production opportunity. Sherwood Forest is in danger of being destroyed and it's up to Robin and his band of dimwitted Merry Men to save the day. When the Sheriff challenges them to a contest to determine the forest's rightful owner, their skills are put to the test. Unfortunately, archery is only the first round. Robin and his men will also have to win a talent show and a beauty pageant. Will this be the end of Sherwood? Most likely. Participants are required to attend all rehearsals, dress rehearsal, and performances. Rehearsals and performances held at Veteran's Hall, 37154 Second Street. Director: Grant Ewing. Written by: Patrick Greene and Jason Pizzarello.

PERFORMANCE DATES

Fri, May 16th at 7:00PM
Sat, May 15th at 11:00AM

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
220177	7-16	NVMH	Feb25-May13	6:00PM-8:30PM	12	W	Ewing	\$295

Musical Theater Fremont

Ages 4-14 NEW!

The Tale of Beauty and the Beast

This NEW addition to the City of Fremont Recreation Theater program - Musical Theater Fremont! - offers a musical experience for both the young budding actor and older youth actor. As our version of the well-known story goes, a poor widow plucks a forbidden rose from the cursed Beast's castle grounds, and he sentences her to death as punishment. In this adaptation, we meet the widow's two distasteful daughters and greedy sons-in-law who hear her 'insane' story and don't believe a word of it. But her third daughter, Beauty, goes to Beast and promises to stay if her mother's life is spared. You'll be moved by Beast's eventual transformation back into a loving prince, and you'll find thrills and humor when the two sons-in-law slink into the eerie castle and end up encountering a battle with the enchanted furniture! You will be touched by the beautiful work of the actors. Both youngsters and youth will work on the same production but at different times. They will merge their rehearsals a few weeks prior to the performance. All will perform in a live performance at the Teen Center for family and friends. Book by Vera Morris; Music and Lyrics by Bill Francoeur.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
220144	4-6	TNC	Jan9-Mar27	4:30PM-5:30PM	10	F	Rappa	\$195
220154	7-14	TNC	Jan9-Mar27	6:00PM-8:30PM	10	F	Rappa	\$295

SPECIAL INTEREST

Earthquake Walk at Central Park

For more information, call (510) 790-5541

Over the last million years, the natural beauty of Fremont has been shaped by the Hayward Fault. In association with the USGS, Math Science Nucleus instructors will be leading these 'ground breaking' tours and exposing the science and beauty of the Hayward Fault. This fault is one of 10 active faults in the world actually creeping at 5 mm/year. The tour will take place at Central Park (Lake Elizabeth) and explores dramatic faulting effects in both natural and urban environments. View the floor of a building that reveals dramatic evidence of this fault activity. (Children under 14 must be accompanied by an adult) Tours begin at the Fremont Earthquake Exhibit (Fremont Community Center, 40204 Paseo Padre Pkwy-Enter at Mission View Terrace), located in the heart of Central Park on the lake side of the Fremont Community Center.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
220429	8 & up	FCC	Mar21	9:30AM-11:00AM	1	Sa	\$15

Retirement Planning Today®

For more information, call (510) 791-4318

In this course you'll learn how to: manage investment risks, use new tax laws to your advantage, make informed decisions about your company retirement plan, and adjust your estate plan to function properly under the new laws. However, money is only one aspect of retirement planning. This course blends financial education with life planning to help you build wealth, align your money with your values, and achieve your retirement lifestyle goals. This course includes a 225-page illustrated textbook. Couples may attend together for a single registration fee. Class sizes are limited so register today.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
221129	18 & up	WSCC	Feb24-Mar3	6:30PM-9:30PM	2	Tu	Shah	\$49
221130	18 & up	IRCC	Mar7-14	9:00AM-12:00PM	2	Sa	Shah	\$49



MAGIC

For more information, call (510) 494-4322

Abracadabra Kids

Ages 4-6

Hocus pocus-Abracadabra! Students are introduced to magic through simple 'self-working' magic tricks that the junior magicians take home to dazzle their family. This class is an introduction to simple magic tricks that will develop fine motor skills, self-confidence and encourage creativity. Between learning tricks and having fun, the instructor will entertain the children with magic tricks. Each child receives a magic wand, Magician's Assistant Certificate and the simple tricks they have learned. This is a parent participation class. Fee is per parent/child pair. \$4 material fee due at class. Optional Wizard Hat additional \$3.50.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
220079	4-6	CPVSC	Feb6	3:30PM-4:40PM	1	F	Wertman	\$19
220080	4-6	OHAC	Mar11	6:30PM-7:40PM	1	W	Wertman	\$19

Parent/Child Magic Workshop

Ages 7-11

Enjoy an evening of discovering the art of magic with your child! Learn how to make something disappear or how to read a mind. Learning magic tricks develops self-confidence, ignites creativity, may further develop fine motor skills and can spark an interest in reading. This class is designed for students and parents with little or no previous conjuring experience. Potential magicians explore the art of magic through a variety of simple magic tricks in an encouraging and enjoyable environment. Each registrant receives a magic wand, Magician's Assistant Award, several manufactured basic magic tricks and materials to perform the tricks that can be done with household items. Fee is per parent/child pair. \$6 material fee due at class.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
220082	7-11	CPVSC	Feb6	6:45PM-8:45PM	1	F	Wertman	\$25

FRIDAY THE 13TH SPECIAL EDITION!!

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
220083	7-11	CPVSC	Mar13	6:30PM-8:30PM	1	F	Wertman	\$25

PETS

For more information, call (510) 790-5546

Family Dog Basic Training **Ages 14 & up**

This course uses current and effective reward based training methods to train your dogs. Your dog will build confidence and be enthusiastic about learning a variety of behaviors (sit, down, stay, settle, come, leave it, leash manners, focus among distractions, go to your mat and more). Owners and dogs (best friends) will develop a stronger bond and a better understanding of each other, making life more fun together! Make sure your contact information (phone number and especially your email address) is complete so the teacher can get in touch with you in advance of class. Handlers must be accompanied by parent if under 14 years old.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
220729	14 & up	TNC	Feb11-Mar11	8:00PM-8:45PM	5	W	Collett	\$145

Puppy Kindergarten **Ages 14 & up**

Give your puppy the best start in life during this critical learning stage! We will cover all the basics on our way to puppy perfection through socialization, beginning obedience and behavior problem-solving. You will be introduced to the basic obedience commands: come when called, sit, stay, leash walking, maintaining focus among distraction, and much, much more. Topics also discussed: housetraining, chewing, biting, and aggression prevention. Puppies are required to be current on all vaccinations. Puppies must be under 6 months of age and handlers must be accompanied by parent if under 14 years old.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
220681	14 & up	TNC	Feb11-Mar11	7:00PM-7:45PM	5	W	Collett	\$145



TEENS

Drivers Education On-line Class

Ages 15½-17½

For more information, call (510) 494-4344 or email azambrano@fremont.gov

This course is an interactive, educational online course with the latest in animation, video and web technology. It sets the foundation for behind-the-wheel driver's training and is in accordance with the guidelines set by the California Department of Motor Vehicles. It covers the rules of the road, freeway driving, motorcycle and pedestrian safety, major causes of traffic collisions, alcohol & drugs, and much more. Upon successful completion, students will receive a DMV-approved certificate of completion (OL237) via mail of their choice. This course is a requirement for teens to obtain their learner's permit and driver's license. Must be at least 15 and a half at the time of starting course. After enrolling, please email azambrano@fremont.gov or call (510) 494-4344 and give the student's email or phone #. You will be contacted by the agency the next business day. The date/time listed is not the actual day of the class-since class is in your home it can be anytime.

BAR	AGE	LOC	FEE
219584	15½-17½	Your Home	\$59



SPORTS

After School P.E.

Ages 6-12

For more information call (510) 790-5520

Looking for ways to improve your children's coordination or just get them out of the house to be active? Have them join us for After School P.E. In this class your children will improve their coordination and fitness through playing fun sports type playground games. Our fun and energetic staff has the ability to work with children with different levels of fitness and coordination. Wear athletic clothing and shoes. Bring water.

WARM SPRINGS COMMUNITY PARK

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
220578	6-12	WSCC	Feb5-Mar5	4:00PM-5:00PM	5	Th	\$89

NORDVIK COMMUNITY PARK

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
220579	6-12	NP	Feb4-Mar4	4:00PM-5:00PM	5	W	\$89



**SPORTS CAMPS
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BADMINTON

For more information call, (510) 494-4334

Come learn the ins and outs of this exciting sport that is quickly growing in popularity! These courses are taught by former Irvington and Mission San Jose High School varsity players and coaches who have shared their experience and expertise at the community center for years! Learn all the ins and outs of this exciting sport with guaranteed fun while gaining knowledge of technique, footwork, and a variety of shots. Bring a racket.

Level 0

Ages 5-8

This is an introduction to the fun and exciting sport of badminton. This course will be a slower-paced foundation class where students will learn hand-eye coordination, form, and basic shots.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
219008	5-8	IRCC	Jan4-Feb8	10:15AM-11:15AM	6	Su	\$95
219009	5-8	IRCC	Feb15-Mar22	10:15AM-11:15AM	6	Su	\$95

Level I

Ages 8 & up

This is for the beginning player who has limited experience in badminton. Learn key shots, such as clears and serves, in addition to proper court movement.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
219010	8 & up	IRCC	Jan4-Feb8	9:05AM-10:05AM	6	Su	\$95
219011	8 & up	IRCC	Jan4-Feb8	10:15AM-11:15AM	6	Su	\$95
219012	8 & up	IRCC	Feb15-Mar22	9:05AM-10:05AM	6	Su	\$95
219013	8 & up	IRCC	Feb15-Mar22	10:15AM-11:15AM	6	Su	\$95

Level II

Ages 8 & up

A faster paced course for the player that is ready to take on new technique and instruction. This class will build upon the fundamentals taught in the Level 1 course and focus on refining a player's skill to prepare them for the challenge of the Level 3 class.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
219015	8 & up	IRCC	Jan4-Feb8	9:05AM-10:05AM	6	Su	\$95
219016	8 & up	IRCC	Jan4-Feb8	11:30AM-12:30PM	6	Su	\$95
219017	8 & up	IRCC	Feb15-Mar22	9:05AM-10:05AM	6	Su	\$95
219018	8 & up	IRCC	Feb15-Mar22	11:30AM-12:30PM	6	Su	\$95

Level III

Ages 11 & up

Enjoy playing the game of badminton by learning how to play singles and doubles. You will be exposed to rules, strategy, and advanced technique to improve your game. You must be able to rally with some consistency. Ideally will have completed both the Level 1 and 2 classes or have played more than 3 months.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
219019	11 & up	IRCC	Jan4-Feb8	11:30AM-12:30PM	6	Su	\$95
219020	11 & up	IRCC	Feb15-Mar22	11:30AM-12:30PM	6	Su	\$95

Badminton for Adults

Ages 18 & up

This course is for adults who want to learn more about badminton and is designed for all levels. Ranging from anyone who wants to learn the basics to those who want to refine their skill, you will learn the fundamentals of badminton and build upon your experience.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
219021	18 & up	IRCC	Jan4-Feb8	9:05AM-10:05AM	6	Su	\$95
219022	18 & up	IRCC	Feb15-Mar22	9:05AM-10:05AM	6	Su	\$95





BASKETBALL

For more information call (510) 494-4334

Basketball Clinics

Ages 4-10

Come join us for a fun-filled night of basketball! Taught by City staff who are experienced and basketball savvy coaches. Boys and girls will be divided into age groups to work on fundamentals such as dribbling, passing, shooting, footwork, and defense; then participate in lots of fun games. This clinic will benefit all skill levels.

Don't forget your water.

MONDAY

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
218988	4-7	IRCC	Feb23-Mar30	5:00PM-6:00PM	6	M	\$89
218989	8-10	IRCC	Feb23-Mar30	5:00PM-6:30PM	6	M	\$95

WEDNESDAY

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
218998	4-7	IRCC	Feb18-Mar25	5:00PM-6:00PM	6	W	\$89
218999	8-10	IRCC	Feb18-Mar25	6:00PM-7:30PM	6	W	\$95

Jump Start Basketball II

Ages 5-7

This class is a continuation of Jump Start Basketball. Development of the basic skills learned in Jump Start Basketball will be taught and advanced with NEW techniques and skills, along with playing some of the same fun games. Fine motor skills, socializing skills, and listening skills still come into play with this class. It is encouraged for children who have taken Jump Start Basketball. No class Jan19 & Feb16.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
219131	5-7	CCC	Jan7-Feb11	7:00PM-7:45PM	6	W	\$65
219132	5-7	CCC	Feb18-Mar25	7:00PM-7:45PM	6	W	\$65
219133	5-7	CCC	Jan12-Feb23	7:00PM-7:45PM	5	M	\$55
219134	5-7	CCC	Mar2-30	7:00PM-7:45PM	5	M	\$55

**BASKETBALL CAMP
PAGE 18**



FLAG FOOTBALL

For more information, call (510) 790-5520

Preseason Clinic

Ages 6-13

This is a preseason clinic for the City of Fremont Spring Flag Football League. Children will learn skills through drills and games while having fun and getting ready for the spring season with our fun and energetic staff. Flag Football Clinics is held at the newly renovated Karl Nordvik Park. Wear athletic clothes and shoes. Bring water

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
220553	6-8	NP	Jan12-Feb23	5:00PM-6:00PM	5	M	\$99
220554	9-13	NP	Jan12-Feb23	6:00AM-7:00AM	5	M	\$99

Flag Football League

Ages 5-13

The City of Fremont and the Fremont Football league will be offering a Youth Flag Football League for boys and girls. Three age groups will be offered (5-7, 8-10, and 11-13). This league will have a 8 game season with 2 weeks of playoffs. Teams will practice 1 day a week, with the coach/team option of holding another practice on their own if they like, beginning the week of March 3rd. That schedule will be set after teams are formed. The Fremont Football League will schedule fundraising events throughout the season. This league will be offered twice a year (Fall and Spring, Monday nights at the Central Park Softball Complex) For detailed league information, same team requests, schedules, etc. please contact (510) CAN-PASS.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
219191	5-7	CPSBC	Mar9-May 18	5:30PM-8:30PM	10	M	\$135
219192	8-10	CPSBC	Mar9-May 18	5:30PM-8:30PM	10	M	\$135
219193	11-14	CPSBC	Mar9-May 18	5:30PM-8:30PM	10	M	\$135



FENCING

For more information call (510) 790-5546

Instructor supplies all equipment. Students enrolled in the advanced class are encouraged to bring their own equipment. \$10.00 annual fee (or proof of current US Fencing Membership) due at first class.

Youth

Ages 7-12

BEGINNER & INTERMEDIATE

This course is for beginning and intermediate level youth fencers. Various games and activities are used to develop and refine technique, develop a repertoire of fencing actions (footwork and blade work), and develop an understanding of fencing rules.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
220491	7-12	CCC	Jan6-Feb12	3:30PM-4:30PM	12	Tu,Th	Brown	\$149
220492	7-12	CCC	Feb17-Mar26	3:30PM-4:30PM	12	Tu,Th	Brown	\$149

ADVANCED

This course introduces fencers to the world of electric fencing. Various games and activities are used to develop and refine technique, increase repertoire of fencing actions, develop a better understanding of rules, and start physical conditioning. This class is an introduction to competitive fencing; therefore, students are encouraged to get their own equipment.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
220779	7-12	CCC	Jan6-Feb12	4:30PM-5:30PM	12	Tu,Th	Brown	\$149
220780	7-12	CCC	Feb17-Mar26	4:30PM-5:30PM	12	Tu,Th	Brown	\$149

Teens

Ages 13-17

BEGINNER

Students with no fencing experience are introduced to basic technique, movement, tactics and rules of modern sport fencing in a fun and friendly atmosphere.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
220495	13-17	CCC	Jan6-Feb12	5:30PM-6:30PM	12	Tu,Th	Brown	\$149
220496	13-17	CCC	Feb17-Mar26	5:30PM-6:30PM	12	Tu,Th	Brown	\$149

INTERMEDIATE

Refine your technique, increase your repertoire of fencing actions (footwork and blade work), develop a better understanding of the rules, and continue your physical conditioning.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
220497	13-18	CCC	Jan6-Feb12	6:30PM-7:30PM	12	Tu,Th	Brown	\$149
220498	13-18	CCC	Feb17-Mar26	6:30PM-7:30PM	12	Tu,Th	Brown	\$149

Adults

Ages 18 & up

The class will develop your understanding of basic fencing positions, movements, tactics, and rules.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
220499	18 & up	CCC	Jan6-Feb12	7:30PM-8:30PM	12	Tu,Th	Brown	\$149
220500	18 & up	CCC	Feb17-Mar26	7:30PM-8:30PM	12	Tu,Th	Brown	\$149

SPORTS CAMPS
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GOLF

For more information, call (510) 790-5520

Clubs will be provided for all the classes. \$12 material fee due at first class.

Parent & Junior Golf Clinic

Ages 7 & up

Beginner golf class for the whole family! 4 week class will cover the basic Fundamentals to get you and your kids onto the golf course. Basic shots, as well as simple rules/etiquette will be covered. *Minimum one parent per child must sign up with the child. *Will not accept registration for adults or children only.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
219001	7 & up	FPGPC	Feb1-22	12:00PM-1:00PM	4	Su	FPGPC	\$99
219002	7 & up	FPGPC	Feb5-26	6:00PM-7:00PM	4	Th	FPGPC	\$99
219003	7 & up	FPGPC	Mar1-22	12:00PM-1:00PM	4	Su	FPGPC	\$99
219004	7 & up	FPGPC	Mar5-26	6:00PM-7:00PM	4	Th	FPGPC	\$99

Junior Golf

Ages 8-17

This class is aimed at the player with little or no playing experience. We will focus on the grip, stance, posture, and full swing for both irons and woods. You will also learn the basic fundamentals of the short game and putting.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
218990	8-17	FPGPC	Feb1-22	4:00PM-5:00PM	4	Su	FPGPC	\$85
218991	8-17	FPGPC	Feb4-25	4:00PM-5:00PM	4	W	FPGPC	\$85
218992	8-17	FPGPC	Feb5-26	4:00PM-5:00PM	4	Th	FPGPC	\$85
218993	8-17	FPGPC	Mar1-22	4:00PM-5:00PM	4	Su	FPGPC	\$85
218994	8-17	FPGPC	Mar4-25	4:00PM-5:00PM	4	W	FPGPC	\$85
218995	8-17	FPGPC	Mar5-26	4:00PM-5:00PM	4	Th	FPGPC	\$85

Introduction To Golf

Ages 18 & up

This class is aimed at the player with little or no playing experience. We will focus on the grip, stance, posture, and full swing for both irons and woods. You will also learn the basic fundamentals of the short game and putting.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
218979	18 & up	FPGPC	Feb1-22	5:00PM-6:00PM	4	Su	FPGPC	\$125
218980	18 & up	FPGPC	Feb4-25	6:00PM-7:00PM	4	W	FPGPC	\$125
218981	18 & up	FPGPC	Mar1-22	5:00PM-6:00PM	4	Su	FPGPC	\$125
218982	18 & up	FPGPC	Mar4-25	6:00PM-7:00PM	4	W	FPGPC	\$125

GYMNASTICS

For more information, call (510) 791-4351

Please Note: Due to the need of using chalk on the major equipment, there may be chalk dust in the air.

Parent & Me Gymnastics

Ages 3-5

Come join the fun with your child! Little tumblers will be introduced to floor exercises, movement and basic use of equipment including obstacle course, trampolines, bars and balance beam.

Parent participation is required.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST FEE
219545	3-5	DGA	Jan14-Feb11	4:15PM-5:15PM	5	W	DGA \$69
219547	3-5	DGA	Jan17-Feb14	10:00AM-11:00AM	5	Sa	DGA \$69
219548	3-5	DGA	Feb18-Mar25	4:15PM-5:15PM	6	W	DGA \$79
219550	3-5	DGA	Feb21-Mar28	10:00AM-11:00AM	6	Sa	DGA \$79

Tumble Tots

Ages 3-5

Tots will learn advanced motor development through the use of an obstacle courses, floor movements and balance beam. Bridges, advanced cartwheels, basic skills on bars and the trampoline will be introduced.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST FEE
219553	3-5	DGA	Jan12-Feb23	4:15PM-5:15PM	5	M	DGA \$69
219557	3-5	DGA	Jan14-Feb11	5:15PM-6:15PM	5	W	DGA \$69
219565	3-5	DGA	Jan15-Feb12	4:15PM-5:15PM	5	Th	DGA \$69
219567	3-5	DGA	Jan15-Feb12	5:15PM-6:15PM	5	Th	DGA \$69
219559	3-5	DGA	Jan17-Feb14	9:00AM-10:00AM	5	Sa	DGA \$69
219560	3-5	DGA	Jan17-Feb14	10:00AM-11:00AM	5	Sa	DGA \$69
219561	3-5	DGA	Jan17-Feb14	11:00AM-12:00PM	5	Sa	DGA \$69
219569	3-5	DGA	Jan16-Feb13	5:15PM-6:15PM	5	F	DGA \$69
219558	3-5	DGA	Feb18-Mar25	5:15PM-6:15PM	6	W	DGA \$79
219566	3-5	DGA	Feb19-Mar26	4:15PM-5:15PM	6	Th	DGA \$79
219568	3-5	DGA	Feb19-Mar26	5:15PM-6:15PM	6	Th	DGA \$79
219562	3-5	DGA	Feb21-Mar28	9:00AM-10:00AM	6	Sa	DGA \$79
219563	3-5	DGA	Feb21-Mar28	10:00AM-11:00AM	6	Sa	DGA \$79
219564	3-5	DGA	Feb21-Mar28	11:00AM-12:00PM	6	Sa	DGA \$79
219570	3-5	DGA	Feb20-Mar27	5:15PM-6:15PM	6	F	DGA \$79
219554	3-5	DGA	Mar2-30	4:15PM-5:15PM	5	M	DGA \$69

TOPS Advanced (Boys only)

Ages 4-5

This advanced TOPS class will build on previously learned skills. Participants must be able to perform cartwheels, round-offs, and forward/backward rolls. Students will learn a variety of tumbling techniques that may include backbends handstands, balance beam, uneven bars, and trampoline.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST FEE
219551	4-5	DGA	Jan17-Feb14	9:00AM-10:00AM	5	Sa	DGA \$89
219552	4-5	DGA	Feb21-Mar28	9:00AM-10:00AM	6	Sa	DGA \$79



Boys & Girls Beg/Adv L1-2

Ages 5 & up

Participants will learn basic moves on the floor, uneven bars, balance beam and vault, along with conditioning and flexibility. No class Jan 19 & Feb 16.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST FEE
219529	5 & up	DGA	Jan12-Feb23	4:15PM-5:15PM	5	M	DGA \$79
219531	5 & up	DGA	Jan14-Feb11	3:15PM-4:15PM	5	W	DGA \$69
219533	5 & up	DGA	Jan15-Feb12	4:15PM-5:15PM	5	Th	DGA \$69
219537	5 & up	DGA	Jan16-Feb13	6:15PM-7:15PM	5	F	DGA \$69
219539	5 & up	DGA	Jan17-Feb14	10:00AM-11:00AM	5	Sa	DGA \$69
219532	5 & up	DGA	Feb18-Mar25	3:15PM-4:15PM	6	W	DGA \$79
219534	5 & up	DGA	Feb19-Mar26	4:15PM-5:15PM	6	Th	DGA \$79
219538	5 & up	DGA	Feb20-Mar27	6:15PM-7:15PM	6	F	DGA \$79
219540	5 & up	DGA	Feb21-Mar28	10:00AM-11:00AM	6	Sa	DGA \$79
219530	5 & up	DGA	Mar2-30	4:15PM-5:15PM	5	M	DGA \$69

Boys & Girls Intermediate Level 3

Enrolling in the intermediate class level has the prerequisite requirement of prior enrollment in at least 2 sessions at the beginner/advanced beginner. The intermediate level training is a higher level of skills that require that the gymnast has shown adequate skill performance of Beginner/Advanced level skills prior to enrollment in this level. If you have questions about what is the appropriate level for your child please contact Demarays.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST FEE
219543	5 & up	DGA	Jan13-Feb10	6:15PM-7:15PM	5	Tu	DGA \$69
219544	5 & up	DGA	Feb17-Mar24	6:15PM-7:15PM	6	Tu	DGA \$79

Tumble and Trampoline

Ages 5 & up

Youth will learn basic to advanced skills along with conditioning and flexibility training. This is a perfect complement for those students focused on competitive martial arts, cheerleading, and dance.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST FEE
219571	5 & up	DGA	Jan13-Feb10	5:15PM-6:15PM	5	Tu	DGA \$69
219572	5 & up	DGA	Feb17-Mar24	5:15PM-6:15PM	6	Tu	DGA \$79

**DANCE CLASSES
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HORSEMANSHIP

For more information, call (510) 791-4318

PLEASE NOTE: Location is Chaparral Ranch DO NOT USE GPS!

Visit www.chaparralcorporation.com for directions

Horse Fun on the Farm!

Ages 3-5

Old MacDonald had a farm e-i-e-i-o! And on this farm he had a horse. With parent in hand, preschoolers can learn horsemanship! We will learn to halter, feed, curry, dandee, hoof pick, mount, dismount, walk, turn, whoa, and enjoy a basic ride on a horse. Children will learn how to introduce themselves to these majestic animals! All participants and parents must wear long pants and close-toed shoes and bring a bike helmet for your child.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
218436	3-5	CR	Jan10-31	11:00AM-12:00PM	4	Sa	Rhonda	\$95
218437	3-5	CR	Feb7-28	11:00AM-12:00PM	4	Sa	Rhonda	\$95
218438	3-5	CR	Mar7-28	11:00AM-12:00PM	4	Sa	Rhonda	\$95

Breakfast Ride

Ages 8 & up

Breakfast rides for ages 8 and up are available in sunny Ed Levin Park. A continental breakfast is included at the end of the ride!

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
218406	8 & up	CR	Jan11	10:00AM-11:30AM	1	Su	CR	\$55
218407	8 & up	CR	Feb8	10:00AM-11:30AM	1	Su	CR	\$55
218408	8 & up	CR	Mar1	10:00AM-11:30AM	1	Su	CR	\$55

Horse FUNdamentals!

Ages 6 & 7

This introductory course for parent and child includes three classroom sessions and one basic riding lesson for child. Topics include safety, horse care, ownership, tack, horse psychology, and riding techniques.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
218413	6-7	CR	Jan10-31	1:00PM-2:00PM	4	Sa	Rhonda	\$95
218414	6-7	CR	Feb7-28	1:00PM-2:00PM	4	Sa	Rhonda	\$95
218415	6-7	CR	Mar7-28	1:00PM-2:00PM	4	Sa	Rhonda	\$95

Horse Fundamentals:

Ages 8 & up

Level 1

The country is so close to the city-come out and learn to ride at CR! This introductory course includes three classroom sessions and one basic riding lesson. Topics include safety, horse care, ownership, tack, horse psychology, and riding techniques. Adults need to register if they want to participate in the class with their child.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
218410	8 & up	CR	Jan10-31	9:00AM-10:00AM	4	Sa	Rhonda	\$95
218411	8 & up	CR	Feb7-28	9:00AM-10:00AM	4	Sa	Rhonda	\$95
218412	8 & up	CR	Mar7-28	9:00AM-10:00AM	4	Sa	Rhonda	\$95

Trail Rides

Ages 8 & up

Scenic trail rides are available in sunny Ed Levin Park. Beginners are welcome. Trail rides are walking only.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
218416	8 & up	CR	Jan18	12:00PM-1:00PM	1	Su	CR	\$45
218417	8 & up	CR	Feb15	12:00PM-1:00PM	1	Su	CR	\$45
218418	8 & up	CR	Mar15	12:00PM-1:00PM	1	Su	CR	\$45

**HORSEMANSHIP
CAMP PAGE 9**



INLINE SKATING

For more information, call (510) 494-4334

Learn inline skating the right way, from a certified instructor. Mandatory gear required is inline skates with brake, helmet, wrist guards, knee and elbow pads. Don't forget to bring your water.

Introduction

Ages 8 & up

Course is for the inexperienced or beginner skater. In this class, you'll learn a progression of skills to enable you to skate and skate safely.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
219042	8 & up	CP	Mar7-21	8:30AM-9:30AM	3	Sa	\$75

Advanced

Ages 8 & up

Beginner/Intermediate

This course is designed for skaters who have taken the Skate to Success Beginner Class or those who can skate forward and come to a complete stop with a heel brake. A certified instructor will teach you skating skills such as crossovers, backward skating, a variety of turns and stopping techniques, or transitioning from forward to backward skating. Instruction given and skills taught are based on individual student form and skill level. Course is repeatable as all skills cannot be taught in a 2 week session

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
219043	8 & up	CP	Mar7-21	9:30AM-10:30AM	3	Sa	\$75

Freestyle Slalom

Ages 8 & up

Freestyle Slalom is a fun and exciting sport which involves doing tricks around a straight line of equally-spaced cones. Take your skating to the next level; fine-tune your balance and control as you learn some impressive tricks. Enrollment limited to experienced skaters who are comfortable skating and can stop without a heel brake, capable of left and right forward cross-overs, and skating backward. Gear required for participation: helmet, wrist, knee, and elbow pads and well-fitting inline skates with brake removed. Class taught by a certified freestyle slalom skate instructor.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
219044	8 & up	CP	Mar7-21	10:30AM-11:30AM	3	Sa	\$75

MARTIAL ARTS

Beginning Aikido for Kids

Ages 6-12

For more information, call (510) 791-4318

Aikido is a traditional Japanese martial discipline that incorporates exercise, awareness, cooperation, respect, and self-discipline. Children increase their self-confidence and personal safety without learning violence or aggression. Loose fitting clothing which covers arms and legs or a training uniform (preferably a judo gi) is recommended. No class Jan 19, & Feb 16.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
218420	6-12	FCC	Jan12-Mar2	6:15PM-7:15PM	6	M	Pajdowski	\$59
218421	6-12	FCC	Mar9-Apr 13	6:15PM-7:15PM	6	M	Pajdowski	\$59



MARTIAL ARTS AMERICA

For more information, call (510) 791-4351

A MAA School Uniform is required and must be purchased at the school for \$49 No class Jan 19, 24, Feb 16 & Mar 21.

Tiny Tigers Taekwondo

Ages 4-6

Designed by a pre-school physical education teacher. We will focus on fine motor skills, listening, following directions, physical fitness and coordination. A local parent called this, 'The most enjoyable and informative class they ever signed up for!' Come see why this is a sold out program!

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
219576	4-6	MAA	Jan12-Mar30	6:00PM-6:30PM	10	M	MAA	\$169
219577	4-6	MAA	Jan13-Mar17	4:00PM-4:30PM	10	Tu	MAA	\$169
219578	4-6	MAA	Jan15-Mar19	5:00PM-5:30PM	10	Th	MAA	\$169
219579	4-6	MAA	Jan10-Mar28	10:00AM-10:30AM	10	Sa	MAA	\$179

Karate for Kids

Ages 7-11

The Karate for Kids program is the most popular in the USA. Everyone participates and has a great time. The Karate 4 Kids Foundation has helped over 50,000 children improve their self-esteem, confidence, physical fitness, and attention span. Our main rule is that all students try their absolute best at everything they do. We teach life skills and self-discipline that will last a lifetime.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
219573	7-11	MAA	Jan12-Mar30	6:30PM-7:15PM	20	M,Th	MAA	\$199
219574	7-11	MAA	Jan10-Mar28	10:30AM-11:15AM	10	Sa	MAA	\$139

Krav Maga

Ages 16 & up

Krav Maga is based on simple principles and instinctive movements. This reality based self-defense class is designed to teach self-defense in the shortest possible time. Learn to defend against common chokes, grabs and bear hugs, along with weapon defense from knives, guns and sticks. Just as important, we teach you to function during the stress and shock of a sudden attack. You will learn takedown defenses like sprawl, one-fourth Nelson hold, triangles, and leg throws. This class is for the working professional, security personnel, and fitness seekers. Please Note: Krav Maga is for those in good physical health. We do offer a free evaluation at our center before you attend the first class. Call to set up an evaluation two weeks prior to the start of session. Krava gloves are required for this class and can be purchased the first day for \$49. No class Jan 24 & Mar 21.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
219575	16 & up	MAA	Jan10-Mar28	9:00AM-10:00AM	10	Sa	MAA	\$109

**JUST FOR FUN
CAMPS PAGE 4**



Special Winter Rates

SKATEBOARDING

For more information, call (510) 790-5546

JORDAN RICHTER

SKATEBOARDING ACADEMY

Jordan Richter's skateboarding academy provides a holistic approach to learning the fundamentals of skateboarding. Our methods of teaching work to create a strong foundation of skills and confidence, which give each rider a safe and positive skateboarding experience! Full protective gear consisting of a helmet, elbow pads, and knee pads are required at all times. A skateboard purchased from an authentic retail skate shop is highly recommended. A quality board turns better, rolls better, and is much safer to use. This class is taught by our accredited instructors, whom all use the skills checklist to track your progress so you know where you stand at each level of your journey. 1:5 Instructor/Student Ratio

Group Lessons

Ages 7-14

BEGINNER LEVEL

In this course, students will develop the skills that are needed to become confident in the skatepark environment. Skills such as: Safety, skatepark etiquette, foot placement, proper balance, pushing techniques, and most importantly; how to safely navigate the skatepark.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
220984	7-14	FSP	Jan8-29	4:15PM-5:15PM	4	Th	Richter	\$99
220829	7-14	FSP	Jan11-Feb1	9:00AM-10:00AM	4	Su	Richter	\$99
220879	7-14	FSP	Jan12-Feb2	4:15PM-5:15PM	4	M	Richter	\$99
220929	7-14	FSP	Jan12-Feb2	5:30PM-6:30PM	4	M	Richter	\$99
220981	7-14	FSP	Jan13-Feb3	4:15PM-5:15PM	4	Tu	Richter	\$99
220985	7-14	FSP	Feb5-26	4:15PM-5:15PM	4	Th	Richter	\$99
220985	7-14	FSP	Feb5-26	4:15PM-5:15PM	4	Th	Richter	\$99
220831	7-14	FSP	Feb8-Mar1	9:00AM-10:00AM	4	Su	Richter	\$99
220880	7-14	FSP	Feb9-Mar2	4:15PM-5:15PM	3	M	Richter	\$99
220979	7-14	FSP	Feb9-Mar2	5:30PM-6:30PM	4	M	Richter	\$99
220979	7-14	FSP	Feb9-Mar2	5:30PM-6:30PM	4	M	Richter	\$99
220982	7-14	FSP	Feb10-Mar34	1:15PM-5:15PM	4	Tu	Richter	\$99
220982	7-14	FSP	Feb10-Mar34	1:15PM-5:15PM	4	Tu	Richter	\$99
221029	7-14	FSP	Mar5-26	4:15PM-5:15PM	4	Th	Richter	\$99
220834	7-14	FSP	Mar8-29	9:00AM-10:00AM	4	Su	Richter	\$99
220881	7-14	FSP	Mar9-30	4:15PM-5:15PM	4	M	Richter	\$99
220980	7-14	FSP	Mar9-30	5:30PM-6:30PM	4	M	Richter	\$99
220983	7-14	FSP	Mar10-31	4:15PM-5:15PM	4	Tu	Richter	\$99

INTERMEDIATE LEVEL

This class is designed for those who have graduated the Beginning Skateboarding Class and want to learn more advanced skills. Skills covered in this class are increasing height of ollies, basics of flip tricks, grinding ledges, riding the pool and bowl, and overall park usage. This is a fundamental class which can help those wanting to improve and hone their skills.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
220835	7-14	FSP	Jan11-Feb1	11:30AM-12:30PM	4	Su	Richter	\$99
221030	7-14	FSP	Jan11-Feb1	12:45PM-1:45PM	4	Su	Richter	\$99
220836	7-14	FSP	Feb8-Mar1	11:30AM-12:30PM	4	Su	Richter	\$99
221031	7-14	FSP	Feb8-Mar1	12:45PM-1:45PM	4	Su	Richter	\$99
220837	7-14	FSP	Mar8-29	11:30AM-12:30PM	4	Su	Richter	\$99
221032	7-14	FSP	Mar8-29	12:45PM-1:45PM	4	Su	Richter	\$99



ICE SKATING

For more information, call (510) 791-4318

Learn to skate with Professional Skating Instructors! Classes include a 30 minute lesson, skate rental, and free public session the day of the class. Arrive early to put on skates before the start of the class. The temperature of the ice rink 42-48°F, so wear clothing that is warm, comfortable, and easy to move in. A jacket, hat, gloves, or mittens are recommended. Protective gear is optional.

Tots

Ages 3-5

This class develops confidence on the ice while teaching the proper way to fall down, get up, basic forward skating, balance, and introduces glides and stops.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
218432	3-5	SIF	Jan9-Feb13	4:00PM-4:30PM	6	F	SIF	\$79
218433	3-5	SIF	Feb20-Mar27	4:00PM-4:30PM	6	F	SIF	\$79

Youth

Ages 6-17

Youth learn the proper way to fall down, get up, stop, skate the two foot glide, one foot glide, forward swizzles, forward stroking backward swizzles, stopping, and an introductory spin.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
218434	6-17	SIF	Jan7-Feb11	4:00PM-4:30PM	6	W	SIF	\$79
218435	6-17	SIF	Feb18-Mar25	4:00PM-4:30PM	6	W	SIF	\$79

REGISTER TODAY!



SOCCER

For more information, call (510) 790-5520

Competitive Indoor & Outdoor Soccer League

Ages 5-12

INDOOR RECREATION

This is a recreational, non-competitive, small sided, age-appropriate coed soccer league operated by US Soccer Coaching. US Soccer Coaching offers expert soccer coaching to develop youth players and have considerable amounts of fun. US Soccer Coaching prides itself on coaching age appropriate soccer skills to develop technical based attributes while having fun and making friends providing national licensed coaches. NEW: All players will get a t-shirt from USSC!

IRVINGTON COMMUNITY CENTER

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
219197	3-4	IRCC	Feb19-Mar26	5:00PM-5:45PM	6	Th	\$109
219198	5-6	IRCC	Feb19-Mar26	5:00PM-5:45PM	6	Th	\$109
219194	7-8	IRCC	Feb19-Mar26	6:00PM-6:45PM	6	Th	\$109
219195	9-12	IRCC	Feb19-Mar26	6:45PM-7:30PM	6	Th	\$109

OUTDOOR RECREATION

The City of Fremont and US Soccer Coaching has formed an alliance to offer soccer leagues for ages 3 to 8. We will strive to create an environment that will foster the best possible player development while the kids have fun learning the sport of soccer. USSC is providing national licensed coaches with a 4 v 4 League format. Players are not on set teams so we don't have blow out games and everybody gets to have development and fun. Warm up and then play with brand new mini Bow net goals. NEW: All players will get a t-shirt from USSC!

CENTRAL PARK SOFTBALL FIELD #6

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
219787	3-4	CPSBC	Mar2-May11	5:30PM-6:30PM	10	M	\$139
219788	5-6	CPSBC	Mar2-May11	5:30PM-6:30PM	10	M	\$139
219789	7-8	CPSBC	Mar2-May11	6:30PM-7:30PM	10	M	\$139
219790	9-12	CPSBC	Mar2-May11	6:30PM-7:30PM	10	M	\$139

"NEW" COMPETITIVE

This is a competitive based, small sided, age-appropriate non-coed soccer league operated by US Soccer Coaching. This program is for players looking to get a higher level of training by a professional coach from a club level experience to be ready for comp soccer or get all the comp soccer benefits in this program. Players will get 30 minutes of drills and 30 minutes of playing 4 v 4 with no keepers. Players will be pushed and tested, so prior soccer experience is essential. NEW: All players will get a t-shirt from USSC!

NORDVIK COMMUNITY PARK

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
220629	5-6	NP	Feb23-Mar30	5:00PM-6:00PM	6	M	\$125
220630	7-8	NP	Feb23-Mar30	6:00PM-7:00PM	6	M	\$125
220631	9-12	NP	Feb23-Mar30	6:00PM-7:00PM	6	M	\$125



Soccer Clinics

Ages 1½ - 12

US Soccer Coaching provides expert soccer coaching to develop youth soccer players while having considerable amounts of fun! Youth will be coached on age appropriate soccer skills with USSC providing national licensed coaches. NEW: All players will get a t-shirt from USSC! Shin guards are required. Bring water.

NORDVIK COMMUNITY PARK

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
219779	1½-2½	NP	Jan10-Feb7	9:00AM-9:45AM	5	Sa	\$99
220299	1½-2½	NP	Feb21-Mar21	9:00AM-9:45AM	5	Sa	\$99
219780	2½-3½	NP	Jan10-Feb7	9:45AM-10:30AM	5	Sa	\$99
220300	2½-3½	NP	Feb21-Mar21	9:45AM-10:30AM	5	Sa	\$99
219785	3-4	NP	Jan14-Feb11	5:00PM-6:00PM	5	W	\$109
220306	3-4	NP	Feb25-Mar25	5:00PM-6:00PM	5	W	\$109
219781	3½-5	NP	Jan10-Feb7	10:30AM-11:15AM	5	Sa	\$99
220301	3½-5	NP	Feb21-Mar21	10:30AM-11:15AM	5	Sa	\$99
219782	5-6	NP	Jan10-Feb7	9:00AM-10:00AM	5	Sa	\$109
219786	5-6	NP	Jan14-Feb11	5:00PM-6:00PM	5	W	\$109
220302	5-6	NP	Feb21-Mar21	9:00AM-10:00AM	5	Sa	\$109
220307	5-6	NP	Feb25-Mar25	5:00PM-6:00PM	5	W	\$109
219783	7-8	NP	Jan10-Feb7	10:00AM-11:00AM	5	Sa	\$109
219784	7-8	NP	Jan14-Feb11	6:00PM-7:00PM	5	W	\$109
220303	7-8	NP	Feb21-Mar21	10:00AM-11:00AM	5	Sa	\$109
220305	7-8	NP	Feb25-Mar25	6:00PM-7:00PM	5	W	\$109
220295	9-12	NP	Jan10-Feb7	11:00AM-12:00PM	5	Sa	\$109
220298	9-12	NP	Jan14-Feb11	6:00PM-7:00PM	5	W	\$109
220304	9-12	NP	Feb21-Mar21	11:00AM-12:00PM	5	Sa	\$109
220308	9-12	NP	Feb25-Mar25	6:00PM-7:00PM	5	W	\$109

WARM SPRINGS COMMUNITY PARK

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
220318	1½-2½	WSCC	Feb21-Mar21	9:00AM-9:45AM	5	Sa	\$99
220319	2½-3½	WSCC	Feb21-Mar21	9:45AM-10:30AM	5	Sa	\$99
220320	3½-5	WSCC	Feb21-Mar21	10:30AM-11:15AM	5	Sa	\$99
220333	5-6	WSCC	Feb21-Mar21	9:00AM-10:00AM	5	Sa	\$109
220334	7-8	WSCC	Feb21-Mar21	10:00AM-11:00AM	5	Sa	\$109
220335	9-12	WSCC	Feb21-Mar21	11:00AM-12:00PM	5	Sa	\$109

VOLLEYBALL

For more information, call (510) 494-4334

Progressive Development Academy

Grades 7th, 8th, & 9th NEW!

This 2 hour class is designed as a coed program for the player that has played before, has knowledge of the basics of volleyball, or has taken the Volleyball Academy 7th, 8th, and 9th class already with approval from the head coach!!! Youth will be taught by former Stanford Club head coach, certified club coach, and City of Fremont staff! The goal of this class is to better perfect the basics and build on the foundation of the competitive game. We create a practice atmosphere and structure each class to prepare for the next level. Great drills, lots of instructional tips, and actual game playing. Bring your water, and get ready to sweat!

No class Jan 19 & Feb 16.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
219050	12-15	IRCC	Jan5-Feb23	6:30PM-8:30PM	6	M	\$119
219051	12-15	IRCC	Mar2-30	6:30PM-8:30PM	5	M	\$99

Volleyball Academy

Grades 5th-9th

This class is designed as a coed program for beginners and intermediate players. Youth will be taught by former Stanford Club head coach, certified club coach, and City of Fremont staff! We will focus on how to pass, set, and spike in a fun atmosphere. It is our goal to create an encouraging environment while establishing the importance of the basics and teamwork on the volleyball court. Our hopes are to excite young people about volleyball and prepare them to continue into the next grade levels. The atmosphere we create will be to improve skills and understand the role of each player. Participants will become proficient at the basics and can apply them in real game situations.

GRADES 5TH & 6TH

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
219046	9-12	IRCC	Jan9-Feb13	5:00PM-6:00PM	6	F	\$99
219047	9-12	IRCC	Feb20-Mar27	5:00PM-6:00PM	6	F	\$99

GRADES 7TH, 8TH, 9TH

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
219048	12-15	IRCC	Jan9-Feb13	6:00PM-7:30PM	6	F	\$109
219049	12-15	IRCC	Feb20-Mar27	6:00PM-7:30PM	6	F	\$109



ROCK CLIMBING

For more information, call (510) 494-4334

Little Lizards Climbing Lessons **Ages 5-12**

Calling all parents and children! Are you looking for a fun and safe way for your kids to expend a little extra energy each weekend? This new program actually allows your kids to climb the walls! In fact, we encourage it! Little Lizards offers four lessons, every Saturday morning for one month, and introduces curious climbers and their parents to the exciting world of rock climbing. Boost their confidence, and join in the fun. The month of lessons includes a Rock Gym membership which offers unlimited climbing time on the Rock walls, harness, free guest days (perfect for siblings!) and free access to Family Fun Night every Saturday.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
219023	5-12	CB	Jan3-31	9:00AM-10:00AM	5	Sa	CB	\$75
219024	5-12	CB	Feb7-28	9:00AM-10:00AM	4	Sa	CB	\$75
219025	5-12	CB	Mar7-28	9:00AM-10:00AM	4	Sa	CB	\$75

LACROSSE

Lacrosse Academy

Ages 5-18

For more information, call (510) 790-5520

Lacrosse has been called the fastest game on two feet. So come check out the fastest growing sport in the United States. The Fremont Lacrosse Academy provides a fun and instructive course, that has been designed by Santa Clara University Lacrosse Coach Greg Mengis. Coach Mengis and his certified and experienced group of lacrosse instructors will coach the academy participants to help develop fundamental lacrosse skills such as passing, catching, shooting, and scooping ground balls. Lacrosse Academy is a great way to try out the game for the first time, or to warm up your skills to prep for the spring lacrosse seasons! This course is for both boys and girls, and all basic equipment is provided. Players will also receive a Fremont Lacrosse T-shirt to keep for their participation. Make sure to bring water.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
220293	5-13	NP	Jan5-Feb2	5:00PM-6:00PM	4	M	\$49
220294	14-18	NP	Jan5-Feb2	6:00PM-7:00PM	4	M	\$49

TENNIS

FREMONT TENNIS ACADEMY

For more information, call (510) 790-5510

Red Ball 1

Ages 4-6

An introductory program for the young athlete. Fundamental ball skills, movement, and coordination exercises will be emphasized. Players will learn to rally on age appropriate balls and courts. All City of Fremont instructors have undergone extensive training based on the USTA National requirement.

FREMONT TENNIS CENTER

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
220357	4-6	FTC	Jan5-26	3:45PM-4:30PM	4	M	\$49
220358	4-6	FTC	Jan11-25	2:15PM-3:00PM	3	Su	\$39
220359	4-6	FTC	Jan7-28	3:45PM-4:30PM	4	W	\$49
220360	4-6	FTC	Feb2-23	3:45PM-4:30PM	4	M	\$49
220361	4-6	FTC	Feb1-22	2:15PM-3:00PM	4	Su	\$49
220362	4-6	FTC	Feb4-25	3:45PM-4:30PM	4	W	\$49
220363	4-6	FTC	Mar2-30	3:45PM-4:30PM	5	M	\$59
220364	4-6	FTC	Mar1-29	2:15PM-3:00PM	5	Su	\$59
220365	4-6	FTC	Mar4-25	3:45PM-4:30PM	4	W	\$49
220366	4-6	FTC	Jan6-27	4:00PM-4:45PM	4	Tu	\$49
220367	4-6	FTC	Feb3-24	4:00PM-4:45PM	4	Tu	\$49
220368	4-6	FTC	Mar3-31	4:00PM-4:45PM	5	Tu	\$59
220369	4-6	FTC	Jan8-29	4:00PM-4:45PM	4	Th	\$49
220370	4-6	FTC	Feb5-26	4:00PM-4:45PM	4	Th	\$49
220371	4-6	FTC	Mar5-26	4:00PM-4:45PM	4	Th	\$49
220372	4-6	FTC	Jan10-31	10:00AM-10:45AM	4	Sa	\$49
220373	4-6	FTC	Feb7-28	10:00AM-10:45AM	4	Sa	\$49
220374	4-6	FTC	Mar7-28	10:00AM-10:45AM	4	Sa	\$49

NILES COMMUNITY PARK

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
220187	4-6	NCP	Jan10-31	8:45AM-9:30AM	4	Sa	\$49
220188	4-6	NCP	Feb7-28	8:45AM-9:30AM	4	Sa	\$49
220189	4-6	NCP	Mar7-28	8:45AM-9:30AM	4	Sa	\$49

SYLVESTER P. HARVEY COMMUNITY PARK

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
220121	4-6	SPHP	Jan10-31	8:45AM-9:30AM	4	Sa	\$49
220123	4-6	SPHP	Feb7-28	8:45AM-9:30AM	4	Sa	\$49
220126	4-6	SPHP	Mar7-28	8:45AM-9:30AM	4	Sa	\$49

WARM SPRINGS COMMUNITY PARK

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
220309	4-6	WSCC	Jan6-27	3:45PM-4:30PM	4	Tu	\$49
220310	4-6	WSCC	Feb3-24	3:45PM-4:30PM	4	Tu	\$49
220311	4-6	WSCC	Mar3-31	3:45PM-4:30PM	5	Tu	\$55
220312	4-6	WSCC	Jan8-29	3:45PM-4:30PM	4	Th	\$49
220313	4-6	WSCC	Feb5-26	3:45PM-4:30PM	4	Th	\$49
220314	4-6	WSCC	Mar12-Apr2	3:45PM-4:30PM	4	Th	\$49
220315	4-6	WSCC	Jan10-31	8:45AM-9:30AM	4	Sa	\$49
220316	4-6	WSCC	Feb7-28	8:45AM-9:30AM	4	Sa	\$49
220317	4-6	WSCC	Mar7-28	8:45AM-9:30AM	4	Sa	\$49



LOOKING FOR QUALITY PRIVATE LESSONS?

Look no further than the Fremont Tennis Center, whatever your age, experience level of play; we have an instructor for you! All instructors have experience and will deliver the quality you are looking for.

\$60 per hour • \$30 per half hour

For more information,
contact the Fremont Tennis
Center at (510) 790-5510

Red Ball 2

Ages 6-8

This class builds on Red Ball 1 with an emphasis on stroke production in live ball scenarios.

FREMONT TENNIS CENTER

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
220383	6-8	FTC	Jan5-26	4:30PM-5:30PM	4	M	\$69
220384	6-8	FTC	Jan11-25	3:00PM-4:00PM	3	Su	\$55
220385	6-8	FTC	Jan7-28	4:30PM-5:30PM	4	W	\$69
220386	6-8	FTC	Feb2-23	4:30PM-5:30PM	4	M	\$69
220387	6-8	FTC	Feb1-22	3:00PM-4:00PM	4	Su	\$69
220388	6-8	FTC	Feb4-25	4:30PM-5:30PM	4	W	\$69
220389	6-8	FTC	Mar2-30	4:30PM-5:30PM	5	M	\$79
220390	6-8	FTC	Mar4-25	4:30PM-5:30PM	4	W	\$69
220391	6-8	FTC	Mar1-29	3:00PM-4:00PM	5	Su	\$79
220392	6-8	FTC	Jan6-27	4:00PM-5:00PM	4	Tu	\$69
220393	6-8	FTC	Feb3-24	4:00PM-5:00PM	4	Tu	\$69
220394	6-8	FTC	Mar3-31	4:00PM-5:00PM	5	Tu	\$79
220395	6-8	FTC	Jan8-29	4:00PM-5:00PM	4	Th	\$69
220396	6-8	FTC	Feb5-26	4:00PM-5:00PM	4	Th	\$69
220397	6-8	FTC	Mar5-26	4:00PM-5:00PM	4	Th	\$49
220398	6-8	FTC	Jan10-31	10:45AM-11:45AM	4	Sa	\$69
220399	6-8	FTC	Feb7-28	10:45AM-11:45AM	4	Sa	\$69
220400	6-8	FTC	Mar7-28	10:45AM-11:45AM	4	Sa	\$69

NILES COMMUNITY PARK

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
220193	6-8	NCP	Jan10-31	9:30AM-10:30AM	4	Sa	\$69
220195	6-8	NCP	Feb7-28	9:30AM-10:30AM	4	Sa	\$69
220198	6-8	NCP	Mar7-28	9:30AM-10:30AM	4	Sa	\$69

SYLVESTER P. HARVEY COMMUNITY PARK

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
220146	6-8	SPHP	Jan10-31	9:30AM-10:30AM	4	Sa	\$69
220148	6-8	SPHP	Feb7-28	9:30AM-10:30AM	4	Sa	\$69
220151	6-8	SPHP	Mar7-28	9:30AM-10:30AM	4	Sa	\$69

WARM SPRINGS COMMUNITY PARK

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
220321	6-8	WSCC	Jan6-27	4:30PM-5:30PM	4	Tu	\$69
220322	6-8	WSCC	Jan8-29	4:30PM-5:30PM	4	Th	\$69
220323	6-8	WSCC	Jan10-31	9:30AM-10:30AM	4	Sa	\$69
220324	6-8	WSCC	Feb3-24	4:30PM-5:30PM	4	Tu	\$69
220325	6-8	WSCC	Feb5-26	4:30PM-5:30PM	4	Th	\$69
220326	6-8	WSCC	Feb7-28	9:30AM-10:30AM	4	Sa	\$69
220327	6-8	WSCC	Mar3-31	4:30PM-5:30PM	5	Tu	\$79
220328	6-8	WSCC	Mar8-29	9:30AM-10:30AM	4	Sa	\$69
220329	6-8	WSCC	Mar5-26	4:30PM-5:30PM	4	Th	\$69

Orange Ball**Ages 8-10**

This class is for the young player looking to develop stroke production and match play in a fun and active learning environment.

FREMONT TENNIS CENTER

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
220532	9-10	FTC	Jan5-26	4:30PM-5:30PM	4	M	\$69
220538	9-10	FTC	Jan6-27	5:00PM-6:00PM	4	Tu	\$69
220533	9-10	FTC	Jan7-28	4:30PM-5:30PM	4	W	\$69
220541	9-10	FTC	Jan8-29	5:00PM-6:00PM	4	Th	\$69
220544	9-10	FTC	Jan10-31	11:45AM-12:45PM	4	Sa	\$69
220529	9-10	FTC	Jan11-25	4:00PM-5:00PM	3	Su	\$55
220530	9-10	FTC	Feb1-22	4:00PM-5:00PM	4	Su	\$69
220534	9-10	FTC	Feb2-23	4:30PM-5:30PM	4	M	\$69
220539	9-10	FTC	Feb3-24	5:00PM-6:00PM	4	Tu	\$69
220535	9-10	FTC	Feb5-26	4:30PM-5:30PM	4	W	\$69
220542	9-10	FTC	Feb5-26	5:00PM-6:00PM	4	Th	\$69
220545	9-10	FTC	Feb7-28	11:45AM-12:45PM	4	Sa	\$69
220531	9-10	FTC	Mar1-29	4:00PM-5:00PM	5	Su	\$79
220536	9-10	FTC	Mar2-30	4:30PM-5:30PM	5	M	\$79
220540	9-10	FTC	Mar3-31	5:00PM-6:00PM	5	Tu	\$79
220537	9-10	FTC	Mar4-25	4:30PM-5:30PM	4	W	\$69
220543	9-10	FTC	Mar5-26	5:00PM-6:00PM	4	Th	\$69
220546	9-10	FTC	Mar7-28	11:45AM-12:45PM	4	Sa	\$69

NILES COMMUNITY PARK

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
220203	9-10	NCP	Jan10-31	10:30AM-11:30AM	4	Sa	\$69
220207	9-10	NCP	Feb7-28	10:30AM-11:30AM	4	Sa	\$69
220208	9-10	NCP	Mar7-28	10:30AM-11:30AM	4	Sa	\$69

SYLVESTER P. HARVEY COMMUNITY PARK

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
220158	9-10	SPHP	Jan10-31	10:30AM-11:30AM	4	Sa	\$69
220161	9-10	SPHP	Feb7-28	10:30AM-11:30AM	4	Sa	\$69
220162	9-10	SPHP	Mar7-28	10:30AM-11:30AM	4	Sa	\$69

WARM SPRINGS COMMUNITY PARK

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
220336	8-10	WSCC	Jan6-27	5:30PM-6:30PM	4	Tu	\$69
220337	8-10	WSCC	Jan8-29	5:30PM-6:30PM	4	Th	\$69
220338	8-10	WSCC	Jan10-31	10:30AM-11:30AM	4	Sa	\$69
220339	8-10	WSCC	Feb3-24	5:30PM-6:30PM	4	Tu	\$69
220340	8-10	WSCC	Feb5-26	5:30PM-6:30PM	4	Th	\$69
220341	8-10	WSCC	Feb7-28	10:30AM-11:30AM	4	Sa	\$69
220342	8-10	WSCC	Mar4-Apr1	5:30PM-6:30PM	5	Tu	\$79
220343	8-10	WSCC	Mar5-26	10:30AM-11:30AM	4	Th	\$69
220344	8-10	WSCC	Mar7-28	10:30AM-11:30AM	4	Sa	\$69

Green Ball**Ages 10-17**

This class focuses on stroke production and point play development in a fun, positive, and energetic learning environment. The class will use the green dot ball on a 78' court.

FREMONT TENNIS CENTER

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
220559	11-17	FTC	Jan5-26	5:30PM-7:00PM	4	M	\$89
220568	11-17	FTC	Jan6-27	6:00PM-7:30PM	4	Tu	\$89
220560	11-17	FTC	Jan7-28	5:30PM-7:00PM	4	W	\$89
220570	11-17	FTC	Jan8-29	6:00PM-7:30PM	4	Th	\$89
220555	10-13	FTC	Jan10-31	11:45AM-12:45PM	4	Sa	\$69
220561	11-17	FTC	Jan11-25	4:00PM-6:00PM	3	Su	\$99
220562	11-17	FTC	Feb2-23	5:30PM-7:00PM	4	M	\$89
220574	11-17	FTC	Feb3-24	6:00PM-7:30PM	4	Tu	\$89
220563	11-17	FTC	Feb4-25	5:30PM-7:00PM	4	W	\$99
220571	11-17	FTC	Feb5-26	6:00PM-7:30PM	4	Th	\$89
220556	10-13	FTC	Feb7-28	11:45AM-12:45PM	4	Sa	\$69
220564	11-17	FTC	Feb8-Mar1	4:00PM-6:00PM	4	Su	\$119
220566	11-17	FTC	Mar2-30	5:30PM-7:00PM	5	M	\$109
220569	11-17	FTC	Mar4-25	5:30PM-7:00PM	4	W	\$89
220557	10-13	FTC	Mar7-28	11:45AM-12:45PM	4	Sa	\$69
220565	11-17	FTC	Mar8-29	4:00PM-6:00PM	4	Su	\$119
220567	11-17	FTC	Mar10-31	6:00PM-7:30PM	4	Tu	\$89
220572	11-17	FTC	Mar5-2	6:00PM-7:30PM	4	Th	\$89

NILES COMMUNITY PARK

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
220238	10-13	NCP	Jan10-31	11:30AM-12:30PM	4	Sa	\$69
220240	10-13	NCP	Feb7-28	11:30AM-12:30PM	4	Sa	\$69
220244	10-13	NCP	Mar7-28	11:30AM-12:30PM	4	Sa	\$69

SYLVESTER P. HARVEY COMMUNITY PARK

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
220168	10-13	SPHP	Jan10-31	11:30AM-12:30PM	4	Sa	\$69
220169	10-13	SPHP	Feb7-28	11:30AM-12:30PM	4	Sa	\$69
220171	10-13	SPHP	Mar7-28	11:30AM-12:30PM	4	Sa	\$69

WARM SPRINGS COMMUNITY PARK

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
220349	10-13	WSCC	Jan8-29	6:30PM-7:30PM	4	Th	\$69
220350	10-13	WSCC	Jan10-31	11:30AM-12:30PM	4	Sa	\$69
220351	10-13	WSCC	Feb5-26	6:30PM-7:30PM	4	Th	\$69
220352	10-13	WSCC	Feb7-28	11:30AM-12:30PM	4	Sa	\$69
220353	10-13	WSCC	Mar5-26	6:30PM-7:30PM	4	Th	\$69
220354	10-13	WSCC	Mar7-28	11:30AM-12:30PM	4	Sa	\$69

Tennis for Adults**Ages 18 & up****BEGINNER**

Introduction to tennis is for Adults with no prior instruction and limited play experience. Learn how to rally by week one. The focus of this course will be to strokes, rules and match play.

FREMONT TENNIS CENTER

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
220580	18 & up	FTC	Jan5-26	7:00PM-8:00PM	4	M	\$59
220581	18 & up	FTC	Jan10-31	9:30AM-10:30AM	4	Sa	\$59
220582	18 & up	FTC	Jan11-25	11:00AM-12:00PM	3	Su	\$49
220585	18 & up	FTC	Feb1-22	11:00AM-12:00PM	4	Su	\$59
220583	18 & up	FTC	Feb2-23	7:00PM-8:00PM	4	M	\$59
220584	18 & up	FTC	Feb7-28	9:30AM-10:30AM	4	Sa	\$59
220590	18 & up	FTC	Mar1-29	11:00AM-12:00PM	5	Su	\$69
220586	18 & up	FTC	Mar2-30	7:00PM-8:00PM	5	M	\$69
220587	18 & up	FTC	Mar7-28	9:30AM-10:30AM	4	Sa	\$59

INTERMEDIATE

Intermediate tennis is for students that have completed the Adult Beginner class or have little tennis experience. This class builds on the stroke production from the beginner class and introduces tactical and match play.

FREMONT TENNIS CENTER

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
220594	18 & up	FTC	Jan7-28	7:00PM-8:00PM	4	W	\$59
220592	18 & up	FTC	Jan10-31	10:30AM-11:30AM	4	Sa	\$59
220593	18 & up	FTC	Jan11-Feb1	11:00AM-12:00PM	4	Su	\$45
220596	18 & up	FTC	Feb1-22	11:00AM-12:00PM	4	Su	\$59
220597	18 & up	FTC	Feb4-25	7:00PM-8:00PM	4	W	\$59
220595	18 & up	FTC	Feb7-28	10:30AM-11:30AM	4	Sa	\$59
220599	18 & up	FTC	Mar1-29	11:00AM-12:00PM	5	Su	\$75
220600	18 & up	FTC	Mar4-18	7:00PM-8:00PM	3	W	\$45
220598	18 & up	FTC	Mar7-28	10:30AM-11:30AM	4	Sa	\$59

TOT SPORTS

Parent & Child Sports Adventures

Ages 1½-2

For more information, call (510) 494-4334

This class has a variety of fun and lead-up activities with sports and games. Basketball, Soccer, Obstacle courses, Flag Tag, and Bubbles will keep you active with your little one. Kids will start to develop fine motor skills, socializing skills, and listening skills. One parent must attend and be ready to play! Sorry, no unregistered siblings. Fee is per parent/child pair. No class Jan 19 & Feb 16.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
219143	1½-3	CCC	Jan9-Feb13	10:00AM-10:45AM	6	F	\$65
219147	1½-3	CCC	Jan9-Feb13	4:30PM-5:15PM	6	F	\$65
219145	1½-3	CCC	Jan10-Feb14	10:00AM-10:45AM	6	Sa	\$65
219149	1½-3	CCC	Jan12-Feb23	5:00PM-5:45PM	5	M	\$55
219144	1½-3	CCC	Feb20-Mar27	10:00AM-10:45AM	6	F	\$65
219148	1½-3	CCC	Feb20-Mar27	4:30PM-5:15PM	6	F	\$65
219146	1½-3	CCC	Feb21-Mar28	10:00AM-10:45AM	6	Sa	\$65
219150	1½-3	CCC	Mar2-30	5:00PM-5:45PM	5	M	\$55

Jump Start Basketball

Ages 3-5

For more information, call (510) 494-4334

This class has all the fun and excitement of dribble tag, PASS-ket-ball, and mini games, but that's not all. Kids will develop very basic skills in passing, ball handling, and team play, but also in fine motor skills, socializing skills, and listening skills. Making new friends has never been so easy. No class Jan 19 & Feb 16.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
219079	3-5	CCC	Jan9-Feb13	9:00AM-9:45AM	6	F	\$65
219081	3-5	CCC	Jan10-Feb14	9:00AM-9:45AM	6	Sa	\$65
219129	3-5	CCC	Jan12-Feb23	6:00PM-6:45PM	5	M	\$55
219080	3-5	CCC	Feb20-Mar27	9:00AM-9:45AM	6	F	\$65
219082	3-5	CCC	Feb21-Mar28	9:00AM-9:45AM	6	Sa	\$65
219130	3-5	CCC	Mar2-30	6:00PM-6:45PM	5	M	\$55

Kick off Soccer

Ages 3-5

For more information, call (510) 494-4334

This class has all the fun and excitement of dribbling obstacle courses, partner passing and shooting, and mini games, but that's not all. Kids will develop very basic skills in passing, dribbling, and team play, but also in fine motor skills, socializing skills, and listening skills. Making new friends has never been so easy.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
219139	3-5	CCC	Jan7-Feb11	6:00PM-6:45PM	6	W	\$65
219137	3-5	CCC	Jan9-Feb13	6:30PM-7:15PM	6	F	\$65
219141	3-5	WSCC	Jan10-Feb14	9:00AM-9:45AM	6	Sa	\$65
219140	3-5	CCC	Feb18-Mar25	6:00PM-6:45PM	6	W	\$65
219138	3-5	CCC	Feb20-Mar27	6:30PM-7:15PM	6	F	\$65
219142	3-5	WSCC	Feb21-Mar28	9:00AM-9:45AM	6	Sa	\$65

**TINY TOTS
PAGE 46-47**



Playground Palooza

Ages 3-5

For more information, call (510) 494-4334

Playground Palooza is the best way to have your young one introduced to some fun, modified games like tag, kick the can, jump rope, hopscotch, kickball, and many more. These classes involve the same great listening skills and fine motor skills to help teach your young one. Also included is coloring time, chalk art time, and putting puzzles together which helps creative thinking skills. Making new friends has never been so easy!

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
219135	3-5	CCC	Jan9-Feb13	11:00AM-11:45AM	6	F	\$65
219136	3-5	CCC	Feb20-Mar27	11:00AM-11:45AM	6	F	\$65

Rookie Sports and Games

Ages 3-5

For more information, call (510) 494-4334

This class has a variety of fun with sports and games. Find out if basketball, soccer, or other activities will interest your little one. This multi-sport/activities class will emphasize fun with being active. Kids will develop fine motor skills, socializing skills, and listening skills. Making new friends has never been so easy.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
219155	3-5	CCC	Jan7-Feb11	5:00PM-5:45PM	6	W	\$65
219151	3-5	CCC	Jan9-Feb13	5:30PM-6:15PM	6	F	\$65
219152	3-5	CCC	Jan10-Feb14	11:00AM-11:45AM	6	Sa	\$65
219156	3-5	CCC	Feb18-Mar25	5:00PM-5:45PM	6	W	\$65
219153	3-5	CCC	Feb20-Mar27	5:30PM-6:15PM	6	F	\$65
219154	3-5	CCC	Feb21-Mar28	11:00AM-11:45AM	6	Sa	\$65

T-Ball League

Ages 3-5

For more information, call (510) 790-5520

This is a great introduction to the game of baseball/softball. We will cover the basics, teach the children to be part of a team, and demonstrate good sportsmanship! No score is kept-everyone is a winner! The first two weeks of the league will have basic skills training the first half hour and the game the second half hour. The last four weeks will be just the games. We will try to honor all requests for children to be placed on the same team. Requests must be made in writing and turned in at the time of registration Or after registration request may be sent to msa@fremont.gov (please include the barcode) Games will be one-hour. Start time will vary each week. There will be a short parent meeting, April 18 at 9 am, at Sigman Field, which is located at Centerville Community Center

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
220348	3-5	CCC	Apr25-May 30	9:00AM-12:00PM	6	Sa	\$129

TINY TOTS PRESCHOOL PROGRAM

For more information, call (510) 494-4349

For questions about Priority Registration, contact the registration desk at RegeRec@fremont.gov or call (510) 494-4300.

Students may not enroll in more than 12 hours per week. Withdrawals are allowed up to one business day before the class starts. A \$10 withdrawal fee will apply.

Parent & Child Preschool

Ages 1-3

Introduce your child to a Tiny Tot preschool setting for infants and toddlers. One parent and their child participate in activities together that include movement, music, storytelling and circle time activities. In the 1½-2 and 2-3 year old classes, your child will get to participate in group activities, art, and cooking projects. Register today and get ready to laugh, learn, and play! Sorry, no siblings. Registrants for the 3 hour class must bring a snack.

CENTERVILLE COMMUNITY CENTER

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
218639	1½-2	CCC	Jan27-Mar24	9:00AM-10:15AM	9	Tu	Cherryl	\$129
218650	2-3	CCC	Jan27-Mar26	10:45AM-12:00PM	18	Tu,Th	Cherryl	\$255
218652	2-3	CCC	Jan29-Mar26	9:00AM-10:15AM	9	Th	Cherryl	\$129
218656	2-3	CCC	Jan30-Mar27	1:00PM-2:30PM	9	F	Nena	\$155

IRVINGTON COMMUNITY CENTER

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
218651	2-3	IRCC	Jan28-Mar25	5:45PM-7:00PM	9	W	Nena	\$129
218658	2-3	IRCC	Jan30-Mar27	1:00PM-2:30PM	9	F	Cherryl	\$155

LOS CERRITOS COMMUNITY CENTER

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
218636	1-1½	LCCC	Jan29-Mar26	9:00AM-10:15AM	9	Th	Sheetu	\$129
218638	1½-2	LCCC	Jan29-Mar26	10:45AM-12:00PM	9	Th	Sheetu	\$129
218644	2-3	LCCC	Jan27-Mar24	9:00AM-12:00PM	9	Tu	Sheetu	\$269

WARM SPRINGS COMMUNITY CENTER

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
218640	1½-2	WSCC	Jan27-Mar24	10:45AM-12:00PM	9	Tu	Vicki	\$129
218646	2-3	WSCC	Jan27-Mar26	9:00AM-10:30AM	18	Tu,Th	Vicki	\$269
218647	2-3	WSCC	Jan29-Mar26	10:45AM-12:00PM	9	Th	Vicki	\$129

Enrichment

Ages 33 mos-5

This well balanced enrichment program includes exposure to pre-phonics, math concepts, science, dramatics, motor movement, arts and crafts, music plus field trips! Bring a snack to all classes. A student may not enroll in more than 12 hours per week. Parents do not participate in class. Children must be toilet trained.

CENTERVILLE COMMUNITY CENTER

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
218672	33mos-5	CCC	Jan27-Mar26	9:00AM-12:00PM	18	Tu,Th	Jennifer	\$399
218676	33mos-5	CCC	Jan26-Mar25	12:30PM-3:15PM	17	M,W	Jennifer	\$349
218681	33mos-5	CCC	Jan26-Mar27	9:00AM-12:00PM	26	M,W,F	Sonal	\$579

IRVINGTON COMMUNITY CENTER

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
218680	33mos-5	IRCC	Jan27-Mar26	9:00AM-12:00PM	18	Tu,Th	Grace	\$399

LOS CERRITOS COMMUNITY CENTER

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
218674	33mos-5	LCCC	Jan27-Mar26	12:30PM-3:15PM	18	Tu,Th	Sheetu	\$369

NILES COMMUNITY CENTER

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
218686	33mos-5	NPC	Jan27-Mar26	9:00AM-12:00PM	18	Tu,Th	Ellen	\$399

WARM SPRINGS COMMUNITY CENTER

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
218683	33mos-5	WSCC	Jan26-Mar27	9:00AM-12:00PM	26	M,W,F	Vicki	\$579
218687	33mos-5	WSCC	Jan27-Mar26	9:00AM-12:00PM	18	Tu,Th	Reem	\$399

Pre-K

Ages 4-5*

Pre-K classes incorporate kindergarten readiness skills by exposing the student to phonics, pre-writing, science, and math concepts. Along with songs and story telling your child will enjoy a well-balanced program. Bring a snack to all classes. A student may not enroll in more than 12 hours per week. Parents do not participate in class. Children must be toilet trained. *Children must have turned 4 years old by September 1, 2014. Proof of age is required.

CENTERVILLE COMMUNITY CENTER

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
218690	4-5	CCC	Jan26-Mar27	9:00AM-12:00PM	26	M,W,F	Jennifer	\$599
218691	4-5	CCC	Jan27-Mar26	12:30PM-3:15PM	18	Tu,Th	Jennifer	\$385

IRVINGTON COMMUNITY CENTER

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
218694	4-5	IRCC	Jan26-Mar27	9:00AM-12:00PM	26	M,W,F	Grace	\$599

LOS CERRITOS COMMUNITY CENTER

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
218696	4-5	LCCC	Jan26-Mar27	9:00AM-12:00PM	26	M,W,F	Sheetu	\$599

NILES COMMUNITY CENTER

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
218695	4-5	NPC	Jan26-Mar27	9:00AM-12:00PM	26	M,W,F	Ellen	\$599

WARM SPRINGS COMMUNITY CENTER

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
218693	4-5	WSCC	Jan26-Mar27	9:00AM-12:00PM	26	M,W,F	Reem	\$599

WINTER REGISTRATION

Priority Registration: 1/05/15-1/14/15

Transfer Day: 1/15/15

Open Enrollment: January 16, 2015 at 12:01AM (online)



The following Tiny Tots Classes are not subjected to the 12 hour/week limit. Parents do not participate in the following classes. Children must be toilet trained.

Pre-K Literacy

Ages 3½-5 and 4-5*

This literacy class has similar elements to our popular Tiny Tots Pre-K classes, with an emphasis on reading readiness and literacy development. Children will develop literacy skills and readiness through children's literature, sequencing, storytelling and artistic expression, music and more. Parents do not participate in class. Children must be toilet trained. *Children registered for #218704 must have turned 4 years old by September 1, 2014. Proof of age is required.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
218706	3½-5	CPGB	Jan26-Mar27	12:30PM-3:15PM	26	M, W, F	Parikh	\$575
*221629	3-5	IRCC	Jan26-Mar26	12:30PM-3:15PM	34	M,Tu,W,Th	Grace	\$755
218709	3½-5	LCCC	Jan26-Mar25	12:30PM-3:15PM	17	M, W	Sheetu	\$375
218710	3½-5	NPC	Jan26-Mar25	12:30PM-3:15PM	17	M, W	Ellen	\$375
218705	3½-5	WSCC	Jan26-Mar25	12:30PM-3:15PM	17	M, W	Cindy	\$375
*218704	4-5	WSCC	Jan27-Mar26	12:30PM-3:15PM	18	Tu,Th	Jennifer L.	\$395

Basic ABC's For Tiny Tots

Ages 3-5 NEW!

This hour long class will teach your child the ABC's through songs, games and fun! This is an introductory class aimed at first time students.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
218729	33mos-5	CPGB	Jan27-Mar26	1:00PM-2:00PM	18	Tu,Th	Sonal	\$199

Progressive Tots on Phonics

Ages 3-5

This class combines the nationally acclaimed Hooked on Phonics Learn to Read program in a language rich environment with language play (songs, word games, rhymes etc.) and storybooks. Hooked on Phonics award-winning programs are based on scientific research and align with the National Reading Standards of the No Child Left Behind Act. Your child will learn valuable tools to learn to read. Children should possess language skills and know their alphabet. As the class grows and your child learns. The class will be broken into groups based on their ability, beginner, intermediate or advanced.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
218660	3-5	CCC	Jan27-Mar26	4:00PM-5:00PM	18	Tu,Th	\$185
218662	3-5	CCC	Jan26-Mar25	4:00PM-5:00PM	17	M, W	\$185
218663	3-5	IRCC	Jan27-Mar26	9:00AM-10:00AM	18	Tu,Th	\$185
218666	3-5	IRCC	Jan26-Mar25	4:00PM-5:00PM	17	M, W	\$185
218668	3-5	WSCC	Jan26-Mar25	1:00PM-2:00PM	17	M, W	\$185
218670	3-5	NPC	Jan27-Mar26	2:00PM-3:00PM	18	Tu,Th	\$185

Preschool Math!

Ages 3-6

This class is to introduce your preschooler to the world of math! Patterns, numbers and vocabulary all the components that your child will need to be ready for school! This class will give your child a great jump in building a foundation in Math!

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
218031	3-6	IRCC	Jan27-Mar26	10:15AM-11:15AM	18	Tu,Th	\$195
218029	3-6	NPC	Jan27-Mar26	12:30PM-1:30PM	18	Tu,Th	\$195
218030	3-6	WSCC	Jan27-Mar26	1:00PM-2:00PM	18	Tu,Th	\$195

Writing Readiness!

Ages 4-6

Is your child ready to write? This class will provide an opportunity to build a solid base upon which good writing skills will be developed in later years. Building fine motor skills, improving hand eye motor co-ordination, & visual motor co-ordination through hands on activities. Teachers will use this critical time in your child's development by providing paper, white boards, crayons, various writing instruments, teaching a proper pencil grip, and most of all, lots of encouragement and supportive response.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
218633	4-6	WSCC	Jan27-Mar5	3:45PM-4:45PM	12	Tu,Th	\$159
218634	4-6	WSCC	Mar3-May7	3:45PM-4:45PM	12	Tu,Th	\$159
218635	4-6	CCC	Jan28-Mar9	3:45PM-4:45PM	11	W, M	\$159
219014	4-6	CCC	Mar16-Apr29	3:45PM-4:45PM	12	M, W	\$159

Tiny Tot Science

Ages 4-6

This science enrichment class is designed especially for young children between the ages of 4-6 years old. Through a variety of exciting lessons, we will sparks excitement in your preschooler or kindergartner by introducing them to the wonderful world of science. These classes will support vocabulary development, math, literacy, creativity, investigation, and many other important skills as we engage in fun, hands-on, educational science experiments. Each class will have a different science theme. Fun filled class activities include science experiments, indoor/door play, and crafts that enforce learning science concepts. Children must be toilet trained. Please bring a lunch to all classes.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
218629	4-6	WSCC	Jan30-Feb20	1:00PM-2:15PM	4	F	\$75
218630	4-6	WSCC	Mar6-27	1:00PM-2:15PM	4	F	\$75

Building Strong Foundations for the Future!



Developing Literacy & Language Foundations



Cognitive Academic Development



Enriching preschoolers for 40+ years!





*Creating Community Through
People, Parks & Programs*

RECREATION COMMISSION

Meets first Wednesday
of every month at 7 PM
Council Chambers
3300 Capitol Ave Building A

Pavan Vedere, Chair

John Herndon, Vice Chair

Commission Members:

Lila Bringham

John Dutra

Brian Hughes

Frank Pirrone

Laura Winter

Community Services Director
Annabell Holland

CITY COUNCIL

Meets first, second, and third
Tuesday of each month at 7 PM
Additional meeting may be needed,
and with proper noticing special
meetings will be held.

Council Chambers
3300 Capitol Ave, Building A

Bill Harrison, Mayor

Vinnie Bacon, Vice Mayor

Councilmembers:

Anu Natarajan

Suzanne Lee Chan

Raj Salwan

City Manager

Fred Diaz

For City Council Agendas,
call (510) 284-4060

Community Services Department Advisory Bodies

Patterson House Advisory Board
(510) 494-4451

Youth Advisory Commission
(510) 494-4344

The program listings and fees in this
publication are subject to change.

CLASS LOCATIONS

COMMUNITY CENTERS

CCC	Centerville Community Ctr	3355 Country Dr., Fremont 94536	(510) 791-4324
CPGB	Centerville Community Ctr. Playground Bldg	3355 Country Dr., Fremont 94536	(510) 791-4324
FCC	Fremont Community Ctr	40204 Paseo Padre Parkway, Fremont 94538	(510) 790-5541
FRC	Family Resource Ctr.	39155 Liberty Ave., Fremont 94538	(510) 574-2000
IRCC	Irvington Community Ctr. (Wally Pond)	41885 Blacow Rd., Fremont 94538	(510) 791-4334
LCCC	Los Cerritos Community Ctr.	3377 Alder Ave., Fremont 94536	(510) 791-4351
NPC	Niles Program Ctr.	470 School St., Fremont 94536	N/A
OHAC	Olive Hyde Art Ctr.	123 Washington Blvd., Fremont 94539	(510) 494-4322
TNC	Teen Ctr.	39770 Paseo Padre Parkway, Fremont 94538	(510) 790-5541
WSCC	Warm Springs Community Ctr	47300 Fernald St., Fremont 94539	(510) 791-4318
WSPGB	Warm Springs Community Ctr. Playground Bldg.	47300 Fernald St., Fremont 94539	(510) 791-4352

PARKS/FACILITIES AT THE PARKS

AHF	Ardenwood Historical Farm/Patterson House	34600 Ardenwood Blvd., Fremont 94555	(510) 791-4196
AAW	Aqua Adventure Waterpark	40500 Paseo Padre Parkway, Fremont 94538	(510) 494-4331
CPPP	Central Park Performance Pavilion	40000 Paseo Padre Parkway, Fremont 94538	(510) 790-5541
CPVSC	Central Park Visitor Services Ctr.	40000 Paseo Padre Parkway, Fremont 94538	(510) 790-5541
CPSBC	Central Park Softball Complex	1110 Stevenson Blvd., Fremont 94538	(510) 790-5520
CPSC	Central Park Soccer Complex	1110 Stevenson Blvd., Fremont 94538	(510) 790-5520
CCP	Centerville Community Park	3355 Country Dr., Fremont 94536	(510) 791-4324
FPGPC	Fremont Park Golf and Practice Ctr	39751 Stevenson Pl., Fremont 94539	(510) 790-1919
FSP	Fremont Skate Park	40000 Paseo Padre Parkway	(510) 790-5541
FTC	Fremont Tennis Ctr.	1110 Stevenson Blvd., Fremont 94538	(510) 790-5510
LE	Lake Elizabeth	40000 Paseo Padre Parkway, Fremont 94538	(510) 790-5541
IRCP	Irvington Community Park	41885 Blacow Rd., Fremont 94538	(510) 791-4334
NCP	Niles Community Park	37697 3rd St., Fremont 94536	N/A
NGCP	Northgate Community Park	Paseo Padre Parkway & Milton, Fremont 94555	N/A
NLC	Nature Learning Center (Central Park)	40224 Paseo Padre Parkway, Fremont 94538	(510) 790-5541
NP	Nordvik Park	Ardenwood Blvd., Fremont 94555	N/A
SHP	Shinn Historic Park & Arboretum	1251 Peralta Blvd., Fremont 94536	(510) 790-5541
SPHP	Sylvester P. Harvey Park	3850 Grand Lake Dr., Fremont 94555	N/A
WSCP	Warm Springs Community Park	47300 Fernald St., Fremont 94539	(510) 791-4318

OTHER LOCATIONS

ASAF	American Swim Academy, Fremont	4150 Technology Dr., Fremont 94538	(510) 657-7946
ASAN	American Swim Academy, Newark	37400 Cedar Blvd., Newark 94560	(510) 794-7946
CB	City Beach	4020 Technology Pl., Fremont 94538	(510) 651-2500
COFTR	City of Fremont Training Room	3300 Capitol Ave., Bldg B, Fremont 94538	N/A
CR	Chaparral Ranch	(do not GPS) for directions visit www.chaparralcorporation.com	(925) 321-1759
DGA	Demaray's Gymnastics Academy	40511 Albrae St., Fremont 94538	(510) 661-0576
FFTC	Fremont Fire Tactical Training Center	7200 Stevenson Blvd, 94539	N/A
MAA	Martial Arts America	4040 Papazian Way, Fremont 94538	(510) 490-8300
MAM	Melody Academy of Music	1972 Driscoll Rd. Suite #5, Fremont 94539	(510) 656-3489
NVMH	Niles Veterans Memorial Hall	37154 2nd St., Fremont 94536	N/A
PRDO	Recreation Services Office	3300 Capitol Ave, Bldg B, Fremont 94538	(510) 494-4300
SF	SnapFitness	43480 Mission Blvd., Ste #160, Fremont 94539	(510) 226-7627
SIF	Sharks Ice at Fremont	44388 Old Warm Springs Blvd, Fremont 94538	(510) 623-7200
Tule	Tule Ponds at Tyson Lagoon	1999 Walnut Ave., Fremont 94538	N/A



3300 Capitol Ave. Bldg. B
Fremont, CA 94538
Hours: Mon-Fri, 8:30AM-5:00PM
Email: RegeRec@fremont.gov
Phone: (510) 494-4300

REFUND POLICY

Refunds are allowed if requested up to one business day prior to the start of the activity. A \$10 per class withdrawal fee will be deducted from your refund. Please allow up to four weeks for receipt of refund by check.

TRANSFER POLICY

Transfers are allowed up to one business day prior to the start of the class. There is no charge for this service.

CANCELLATIONS

The Community Services Department reserves the right to cancel a class for any reasonable cause. Should this happen, your fee will be refunded in full or you may transfer to any open class.

NON-RESIDENT FEES

For persons not residing in Fremont, the fee is \$5 in addition to the published fee per class.

SENIOR CITIZEN DISCOUNT

Seniors (Ages 60+) receive a 10% discount on all classes except those designated for seniors.

Requests for withdrawals/transfers must be made in writing via email, fax, in person, or our online form.

FINANCIAL ASSISTANCE

The City of Fremont and many local business and organizations have funded a grant program, which provides financial assistance for Fremont Residents. For information regarding eligibility for reduced fees, please call (510) 494-4300.

All requests are kept confidential. Should you or your business wish to contribute to this scholarship program, call (510) 494-4300. Donations are tax deductible.



The City of Fremont does not discriminate on the basis of disability. Reasonable auxiliary aids are provided upon request to persons with disabilities to afford equal opportunity to services, programs, and activities.

NOW IT IS EASIER THAN EVER TO REGISTER!



5 WAYS TO REGISTER!

- ☒ ONLINE at www.RegeRec.com
- ☒ EMAIL registrations (Scan/Photograph)
- ☒ FAX registrations to (510) 494-4375
- ☒ MAIL registrations to our office.
- ☒ WALK IN & register in person!

We only accept:



ACTIVITY REGISTRATION FORM				
Adult Registrant / Parent / Guardian				
LAST NAME: _____		FIRST NAME: _____		
HOME PHONE: _____		WORK [] / CELL PHONE []: _____		
ADDRESS: _____		CITY: _____		ST: _____ ZIP: _____
EMAIL ADDRESS: _____				
BARCODE	PARTICIPANT NAME	BIRTHDATE	M/F	FEE*
<input type="checkbox"/> Visa <input type="checkbox"/> MasterCard Expiration Date: _____ Card Number _____				TOTAL _____
Cardholder Name (printed): _____ Cardholder Signature: _____				*Non-residents add \$5 per class
CITY OF FREMONT RELEASE AGREEMENT FOR ALL PARTICIPANTS				
IN CONSIDERATION OF PERMISSION TO PARTICIPATE IN OR USE ANY CITY OF FREMONT (hereinafter referred to as "City") FACILITIES IN CONNECTION WITH THIS ACTIVITY, THE PARTICIPANT AGREES TO THE FOLLOWING:				
1. THE PARTICIPANT HEREBY RELEASES, WAIVES, DISCHARGES AND COVENANTS NOT TO SUE THE CITY OF FREMONT, ITS EMPLOYEES, OFFICERS AND AGENTS (hereinafter referred to as "releasees") from all liability to the participant, his or her personal representatives, assigns, heirs, and next of kin, for any loss, damage, or claim therefore on account of injury to the person, participant's family member, or property of the participant, whether caused by any negligent act or omission of the releasees or otherwise, while the participant or participant's family member is participating in a City activity or using any City facilities in connection with the activity.				
2. THE PARTICIPANT HEREBY AGREES TO INDEMNIFY AND HOLD HARMLESS the releasees from all liability, claims, demands, causes of action, charges, expenses, and attorney fees (including attorney fees to establish the releasees' right to indemnify incurred on appeal) resulting from involvement in this activity, whether caused by any negligent act or omission of the releasees or otherwise.				
3. THE PARTICIPANT HEREBY ASSUMES FULL RESPONSIBILITY FOR RISK OF BODILY INJURY, DEATH OR PROPERTY DAMAGE to self or participant's family member while upon City property or participating in the activity or using any City facilities and equipment, whether caused by any negligent act or omission of releasees or otherwise. The participant expressly agrees that the foregoing release and waiver, indemnity agreement and assumption of risk, are intended to be as broad and inclusive as permitted by California law and that if any portion thereof is deemed to be held invalid, notwithstanding, the balance shall continue in full legal force and effect.				
I ACKNOWLEDGE THAT I HAVE READ THE FOREGOING and I am aware of the legal consequences of this agreement, including the acknowledgement that it prevents me from suing the City or its employees, agents, or officers, if I or my family member is injured or my property is damaged for any reason as a result of participation in this activity. I further acknowledge that no oral representations, statements or inducements have been made.				
IF THE PARTICIPANTS ARE MINORS his or her custodial parent or legal guardian must read and execute this agreement. I hereby warrant that I am the custodial parent or legal guardian of the participants listed on the registration form.				
Signature: _____				Date: _____

CENTERVILLE COMMUNITY CENTER



OLIVE HYDE ART CENTER



WARM SPRINGS COMMUNITY CENTER



CENTRAL PARK PERFORMANCE PAVILION



LOS CERRITOS COMMUNITY CENTER



CENTRAL PARK PICNIC RESERVATIONS



SHINN HISTORIC PARK



Facility & Picnic Reservations

- ◆ Picnic Reservations
- ◆ Indoor & Outdoor Facilities
- ◆ Small, Medium & Large Capacities
- ◆ Family Events
- ◆ Business/Corporate Events
- ◆ Weddings & Special Events
- ◆ Meetings & Events
- ◆ Ongoing Rentals
- ◆ Birthdays & Parties



(510) 494-4300 ◆ www.Fremont.gov/FacilityRentals

www.fremont.gov | (510) 790-5520 | msa@fremont.gov

SOFTBALL LEAGUE

Traditional Competitive & Recreational Leagues

Tuesday - Friday Nights!

Registration begins: Monday, Feb. 2nd, 2015

Games begin: Tuesday, Mar. 17th, 2015

For more information or how to register,
Call (510) 790-5520 or email msa@fremont.gov



Men's & Co-Ed Teams!

Fremont

SAVE THE DATE!

Saturday, May 16, 2015

Kids 'N Kites Festival



Over 3,500 FREE Kites for Children!

Central Park Meadow, Padeo Padre Parkway
(Between Lake Elizabeth & Aqua Adventure)



Washington Township
Medical Foundation
Part of Washington Regional Healthcare System

www.Fremont.gov/KiteFestival • RegeRec@fremont.gov • (510) 494-4334

DISCOVERY COVE

Drop In Child Care



For more information, call (510) 574-2010 or (510) 494-4381

Do you need time for yourself? Do you have shopping, errands, or appointments that you would rather do without the kids? Never fear, Discovery Cove is here! Discovery Cove offers drop-in, hourly child-care. Children can visit the center up to 12 hours a week. You can relax and enjoy your outing knowing that your children are experiencing a wonderful time filled with activities. Call for reservations.

DISCOVERY COVE FAMILY RESOURCE CENTER

39155 Liberty St. Suite H850

Hours: Monday-Friday
8:30AM-5:00PM

Ages: 2-10
Fee: \$7.00 per hour



Looking for the Perfect Holiday present or Stocking Stuffer?

Aqua Adventure 2015 Season Pass and
Tickets go on sale as of December 2014
at Special Holiday Rates.

Visit GoAquaAdventure.com for more information.

GoAquaAdventure.com

City of Fremont Community Services
3300 Capitol Avenue • Building B
P.O. Box 5006
Fremont, CA 94537-5006

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ECRWSS

SPRING BREAK CAMPS

WEEK OF APRIL 6 - 10 | SEE PAGE 8



We're Hiring! See page 2 for more information!