

Fall 2013 Golf and Tennis Classes



St. Louis
Community
College

Continuing Education

3221 McKelvey Road, Suite 250
Bridgeton, MO 63044
314-984-7777

Tennis and Golf

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St. Louis
Community
College
Continuing
Education

Golf: Beginning I

Learn the basic fundamentals of golf: grip, set up, mini-swing, full swing, putting and chipping. Class limit six. Extra fee for balls.

PEDU:730

Four Sessions | \$45

| | | |
|-----|------------------------------------|------------------------------|
| 810 | M 6pm-7pm Sept. 9 – Sept. 30 | Big Bend Golf Ctr |
| 811 | M 7pm-8pm Oct. 14 – Nov. 4 | Big Bend Golf Ctr |
| 812 | Sa 9am-10am Sept. 7 – Sept. 28 | Big Bend Golf Ctr |
| 840 | Tu 6pm-7pm Sept. 3 – Sept. 24 | Landings at Spirit Golf Club |
| 841 | Sa 9am-10am Sept. 7 – Sept. 28 | Landings at Spirit Golf Club |
| 802 | Th 11am-Noon Aug. 29 – Sept. 19 | Golfport of Maryland Heights |
| 804 | Th 7pm-8pm Oct. 3 – Oct. 24 | Golfport of Maryland Heights |
| 805 | Sa 10am-11am Aug. 31 – Sept. 21 | Golfport of Maryland Heights |
| 820 | Sa 10am-11am Sept. 7 – Sept. 28 | Eagle Springs Golf Course |

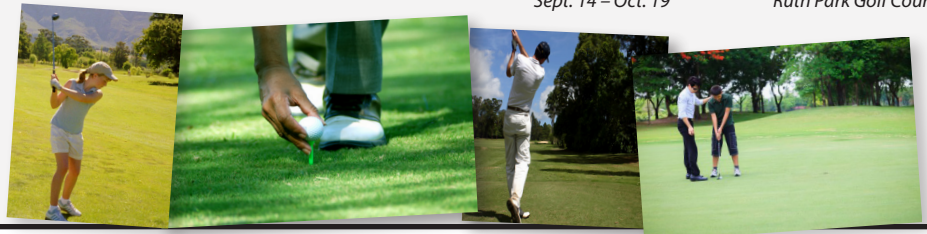
Women Only

| | | |
|-----|-----------------------------------|------------------------------|
| 801 | Tu 9am-10am Aug. 27 – Sept. 17 | Golfport of Maryland Heights |
| 803 | Th 7pm-8pm Aug. 29 – Sept. 19 | Golfport of Maryland Heights |
| 806 | Sa 11am-Noon Oct. 5 – Oct. 26 | Golfport of Maryland Heights |

Six Sessions | \$59

| | | |
|-----|--|---|
| 830 | Tu 6pm-7pm Sept. 3 – Oct. 8 | Family Golfplex & Learning Ctr |
| 831 | W 7pm-8pm Sept. 4 – Oct. 9 | Family Golfplex & Learning Ctr |
| 832 | Sa 11am-Noon Sept. 7 – Oct. 12 | Family Golfplex & Learning Ctr |
| 880 | W 6pm-7pm Sept. 18 – Oct. 23 | The First Tee |
| 881 | Sa 10am-11am Sept. 14 – Oct. 19 | The First Tee |
| 860 | M 6:15pm-7:15pm Sept. 9 – Oct. 14 | Robert Jeep Sunset Hills Golf Learning Ctr |
| 861 | W 7:15pm-8:15pm Sept. 11 – Oct. 16 | Robert Jeep Sunset Hills Golf Learning Ctr |
| 862 | Sa 10:15am-11:15am Sept. 14 – Oct. 19 | Robert Jeep Sunset Hills Golf Learning Ctr |
| 890 | Tu 9am-10am Sept. 10 – Oct. 15 | Tower Tee Golf Ctr |

| | | |
|-------------------|------------------------------------|-----------------------|
| 891 | W 6pm-7pm Sept. 11 – Oct. 16 | Tower Tee Golf Ctr |
| 892 | Th 7pm-8pm Sept. 12 – Oct. 17 | Tower Tee Golf Ctr |
| 893 | Sa 11am-Noon Sept. 14 – Oct. 19 | Tower Tee Golf Ctr |
| 871 | Tu 6pm-7pm Sept. 10 – Oct. 15 | Ruth Park Golf Course |
| 873 | Sa 9am-10am Sept. 14 – Oct. 19 | Ruth Park Golf Course |
| 875 | Sa 11am-Noon Sept. 14 – Oct. 19 | Ruth Park Golf Course |
| Women Only | | |
| 870 | Tu 5pm-6pm Sept. 10 – Oct. 15 | Ruth Park Golf Course |
| 872 | Th 6pm-7pm Sept. 12 – Oct. 17 | Ruth Park Golf Course |
| 874 | Sa 10am-11am Sept. 14 – Oct. 19 | Ruth Park Golf Course |



Golf: Beginning II

Review fundamentals presented in Golf: Beginning I with special emphasis on correcting individual swing faults. Extra fee for balls.

PEDU:731

Four Sessions | \$45

| | | |
|-----|----------------------------------|------------------------------|
| 810 | M 6pm-7pm Oct. 14 – Nov. 4 | Big Bend Golf Ctr |
| 811 | Sa 9am-10am Oct. 12 – Nov. 2 | Big Bend Golf Ctr |
| 812 | Su 1pm-2pm Sept. 8 – Sept. 29 | Big Bend Golf Ctr |
| 840 | Tu 5pm-6pm Sept. 3 – Sept. 24 | Landings at Spirit Golf Club |
| 841 | Sa 10am-11am Oct. 12 – Nov. 2 | Landings at Spirit Golf Club |
| 802 | Th 11am-Noon Oct. 3 – Oct. 24 | Golfport of Maryland Heights |
| 803 | Sa 10am-11am Oct. 5 – Oct. 26 | Golfport of Maryland Heights |

Women Only

| | | |
|----------------------------|------------------------------------|--------------------------------|
| 801 | Tu 9am-10am Sept. 24 – Oct. 15 | Golfport of Maryland Heights |
| 804 | Sa 11am-Noon Aug. 31 – Sept. 21 | Golfport of Maryland Heights |
| Six Sessions \$59 | | |
| 830 | Tu 7pm-8pm Sept. 3 – Oct. 8 | Family Golfplex & Learning Ctr |
| 831 | W 6pm-7pm Sept. 4 – Oct. 9 | Family Golfplex & Learning Ctr |
| 832 | Sa 10am-11am Sept. 7 – Oct. 12 | Family Golfplex & Learning Ctr |
| 880 | Tu 6pm-7pm Sept. 17 – Oct. 22 | The First Tee |

| | | |
|-----|---|---|
| 881 | Sa 11am-Noon Sept. 14 – Oct. 19 | The First Tee |
| 860 | M 7:15pm-8:15pm Sept. 9 – Oct. 14 | Robert Jeep Sunset Hills Golf Learning Ctr |
| 861 | W 6:15pm-7:15pm Sept. 11 – Oct. 16 | Robert Jeep Sunset Hills Golf Learning Ctr |
| 862 | Sa 9:15am-10:15am Sept. 14 – Oct. 19 | Robert Jeep Sunset Hills Golf Learning Ctr |
| 890 | W 9am-10am Sept. 11 – Oct. 16 | Tower Tee Golf Ctr |
| 891 | W 7pm-8pm Sept. 11 – Oct. 16 | Tower Tee Golf Ctr |
| 892 | Sa 10am-11am Sept. 14 – Oct. 19 | Tower Tee Golf Ctr |

Golf for Seniors

Learn the basic fundamentals of golf: grip, set-up, mini-swing, full swing, putting and chipping. Class will move at a slower pace. Adults 60 and older. Extra fee for balls.

PEDU:732 | \$45

| | | |
|-----|------------------------------------|------------------------------|
| 801 | Tu 10am-11am Sept. 24 – Oct. 15 | Golfport of Maryland Heights |
|-----|------------------------------------|------------------------------|

Golf: Parent/Child

Parent attends class with a child, ages 7-15. Registration required for each participant. Extra fee for balls.

PEDU:732 | \$45

| | | |
|-----|-----------------------------------|------------------------------|
| 802 | Sa Noon-1pm Aug. 31 – Sept. 21 | Golfport of Maryland Heights |
|-----|-----------------------------------|------------------------------|

Golf: Putting, Chipping, Wood and Iron Play

Class covers putting, chipping and the use of woods and irons. Extra fee for balls.

PEDU:732 | \$59

| | | |
|-----|------------------------------------|--------------------|
| 890 | Tu 10am-11am Sept. 10 – Oct. 15 | Tower Tee Golf Ctr |
| 894 | Th 6pm-7pm Sept. 12 – Oct. 17 | Tower Tee Golf Ctr |

Playing Golf Lessons

Enjoy this unique opportunity to play with an experienced golf instructor. PGA professional will take you and other students on the regular course (not the par 3 beginner's course) to play nine holes. Class is for golfers who have had prior instruction but have difficulty taking their game to the next level. Be prepared to pay Eagle Springs approximately \$20 to play up to nine holes (includes a riding cart) on the regular course. Meet instructor at Eagle Springs Clubhouse. Tee time is 5pm sharp. Extra fee for balls.

PEDU:732 | \$29

| | | |
|-----|--------------------------|---------------------------|
| 820 | M 5pm-7:30pm Sept. 16 | Eagle Springs Golf Course |
| 821 | M 5pm-7:30pm Sept. 30 | Eagle Springs Golf Course |

Golf: Wood and Iron Play

Class covers the use of woods & irons. Extra fee for balls.

PEDU:732 | \$45

| | | |
|-----|--------------------------------|------------------------------|
| 840 | Tu 5pm-6pm Oct. 8 – Oct. 29 | Landings at Spirit Golf Club |
|-----|--------------------------------|------------------------------|

Backyard Golf

Golf swings are complex and precise physical acts requiring regular correct practice to master. However in today's economy, spending time and money at a range or golf course isn't always an option. Learn specific and effective practice drills that you can use in your own backyard to continue practicing and becoming the best golfer you can be! Class meets at Creve Coeur's Municipal Golf Course (mandatory first class meets Tuesday, 9/24, with remainder of classes meeting on Sunday, 9/29-10/20 from 9-10am) and an optional 2-hole round (\$7) is available to test what you learn. Golf balls provided for class.

PEDU:732 | \$39

| | | |
|-----|--|---|
| V01 | Tu 5:30pm-7pm Sept. 24 Su 9am-10am Sept. 29-Oct. 20 | Melvin Kleerman FV-Off Campus FV-Off Campus |
|-----|--|---|

Golf: Short Game Skills

Class will cover putting, chipping, pitching, and sand shots and will cater to the beginner student as well as the student wanting to improve their game. Extra fee for balls.

PEDU:732 | \$59

| | | |
|------------|------------------------------------|------------------------------|
| 893 | Th 5pm-6pm Sept. 12 – Oct. 17 | Tower Tee Golf Ctr |
| 896 | Sa 9am-10am Sept. 14 – Oct. 19 | Tower Tee Golf Ctr |
| 841 | Sa 10am-11am Sept. 7 – Sept. 28 | Landings at Spirit Golf Club |

Golf: Parent/Child

Parent attends class with a child, ages 7-15. Registration required for each participant. Extra fee for balls.

PEDU:732 | \$45

| | | |
|------------|------------------------------------|-------------------|
| 810 | M 5pm-6pm Sept. 9 – Sept. 20 | Big Bend Golf Ctr |
| 811 | Sa 10am-11am Sept. 7 – Sept. 28 | Big Bend Golf Ctr |
| 812 | Sa 10am-11am Oct. 12 – Nov. 2 | Big Bend Golf Ctr |
| 813 | Su Noon-1pm Sept. 8 – Sept. 29 | Big Bend Golf Ctr |

Youth Golf Classes

Golf for Youth: Beginning I - 4 Sessions

Beginning Golf for children. Ages 7-12. Extra fee for balls.

KIDS:710 | \$45

| | | |
|------------|------------------------------------|-------------------|
| 810 | Sa 11am-Noon Sept. 7 – Sept. 28 | Big Bend Golf Ctr |
|------------|------------------------------------|-------------------|

Accommodations Statement

St. Louis Community College is committed to providing access and reasonable accommodations for individuals with disabilities. If you have accommodation needs, please contact the Continuing Education Access office at the Meramec campus at least six weeks prior to the start of class to request accommodations. Event accommodation requests should be made with the event coordinator at least two working days prior to the event. Documentation of disability may be required. Contact Anne Marie Schreiber at 314-984-7704.

Notice of Non-Discrimination

St. Louis Community College is committed to non-discrimination and equal opportunities in its admissions, educational programs, activities and employment regardless of race, color, creed, religion, sex, sexual orientation, national origin, ancestry, age, disability, genetic information or status as a disabled or Vietnam-era veteran and shall take action necessary to ensure non-discrimination. For information contact:
Corporate College
Lesley English-Abram, Manager, Community Services
STLCC Corporate College, 3221 McKelvey Road, Bridgeton, MO 63044
314-539-5480

Tennis: Beginning I (NTRP 1.0-2.0)

See NTRP Rating Box.

PEDU:733 | \$69

| | | |
|------------|---------------------------------------|---------------------------|
| M01 | W Noon-1pm Sept. 4 – Oct. 16 | The Club at Chesterfield |
| M07 | Tu 8pm-9pm Sept. 24 – Nov. 5 | Sunset Tennis Ctr |
| M02 | W 2pm-3pm Sept. 4 – Oct. 16 | Vetta Concord Sports Club |
| M03 | Sa 2:30pm-3:30pm Sept. 7 – Oct. 19 | Vetta Concord Sports Club |
| M04 | Sa 2:30pm-3:30pm Oct. 26 – Dec. 14 | Vetta Concord Sports Club |
| | No Class 11/30 | |

Tennis: Beginning I and II (NTRP 1.0-2.5) - with Mark Platt

See NTRP Rating Box.

PEDU:733

Indoor | \$85

| | | |
|------------|----------------------------------|--------------------------------------|
| M05 | Su 5pm-6pm Sept. 15 – Oct. 20 | Mark Platt Frontenac Racquet Club |
| M06 | Su 5pm-6pm Nov. 3 – Dec. 8 | Mark Platt Frontenac Racquet Club |

Outdoor | \$75

| | | |
|------------|------------------------------------|-------------------------------|
| P01 | Sa 9am-10am Sept. 14 – Oct. 19 | Mark Platt Francis Park |
| 720 | Sa 11am-Noon Sept. 7 – Oct. 12 | Mark Platt Ladue Mid. Sch. |
| 580 | Sa 10am-11am Sept. 14 – Oct. 19 | Mark Platt FV-PE, TENNIS |

Tennis: Beginning I & II (NTRP 1.0-2.5)

See NTRP rating Box.

PEDU:734 | \$95

| | | |
|------------|--------------------------------------|--------------------------|
| M02 | Su 10:30am-Noon Sept. 8 – Oct. 20 | The Club at Chesterfield |
|------------|--------------------------------------|--------------------------|

Tennis: Beginning II (NTRP 2.5)

See NTRP Rating Box. Facility is not air-conditioned, dress appropriately.

PEDU:734 | \$69

| | | |
|------------|---------------------------------------|---------------------------|
| M03 | Tu 10am-11am Sept. 3 – Oct. 15 | Vetta Concord Sports Club |
| M04 | Tu 10am-11am Oct. 22 – Dec. 3 | Vetta Concord Sports Club |
| M05 | Sa 3:30pm-4:30pm Sept. 7 – Oct. 19 | Vetta Concord Sports Club |
| M06 | Th 8pm-9pm Sept. 19 – Nov. 7 | Sunset Tennis Ctr |
| | No Class 10/31 | |

Cardio Tennis: Beginning II - Intermediate (NTRP 2.5-3.5)

See NTRP Rating Box.

PEDU:734 | \$95

| | | |
|------------|--------------------------------|--------------------------|
| M01 | M 8am-9am Sept. 9 – Oct. 21 | The Club at Chesterfield |
|------------|--------------------------------|--------------------------|

Tennis: Women's Singles League (NTRP 3.0-3.5)

Apply the skills you've learned in this match play only, non-instructional class. Have a great time playing different women and perfecting your game in a singles match each week. Students must meet NTRP 3.0-3.5 rating or have completed a Beginning II Tennis class.

PEDU:735 | \$69

| | | |
|------------|--|--------------------------|
| M02 | M 10:30am-11:30am Sept. 9 – Oct. 21 | The Club at Chesterfield |
|------------|--|--------------------------|

Tennis: Intermediate I (NTRP 3.0)

See NTRP Rating Box.

PEDU:735

Six Sessions | \$89

| | | |
|------------|-------------------------------------|-------------------------|
| M08 | Th 8:30pm-10pm Sept. 5 – Oct. 10 | Woods Mill Racquet Club |
| M09 | Th 8:30pm-10pm Oct. 24 – Dec. 12 | Woods Mill Racquet Club |

Seven Sessions | \$95

| | | |
|------------|------------------------------------|---------------------------|
| M01 | Tu 1pm-2:30pm Sept. 3 – Oct. 15 | The Club at Chesterfield |
| M03 | Tu 2pm-3:30pm Sept. 3 – Oct. 15 | Vetta Concord Sports Club |
| M04 | Tu 2pm-3:30pm Oct. 22 – Dec. 3 | Vetta Concord Sports Club |
| M05 | Th 2pm-3:30pm Oct. 24 – Dec. 12 | Vetta Concord Sports Club |
| | No Class 11/28 | |
| M06 | Sa 4:30pm-6pm Sept. 7 – Oct. 19 | Vetta Concord Sports Club |
| M07 | Sa 4:30pm-6pm Oct. 26 – Dec. 14 | Vetta Concord Sports Club |
| | No Class 11/30 | |

Tennis: Intermediate I (NTRP 3.0) with Mark Platt

See NTRP Rating Box.

PEDU:735

Indoor | \$85

| | | |
|------------|----------------------------------|---------------------------------------|
| M10 | Sa 4pm-5pm Sept. 14 – Oct. 19 | Mark Platt Forest Lake Tennis Club |
| M11 | Sa 4pm-5pm Nov. 2 – Dec. 7 | Mark Platt Forest Lake Tennis Club |

Outdoor | \$75

| | | |
|------------|------------------------------------|----------------------------|
| P01 | Sa 10am-11am Sept. 14 – Oct. 19 | Mark Platt Francis Park |
|------------|------------------------------------|----------------------------|

Tennis: Intermediate I - Advance (NTRP 3.0-4.0)

See NTRP Rating Box.

PEDU:736 | \$95

| | | |
|------------|-------------------------------------|--------------------------|
| M01 | Su 9am-10:30am Sept. 8 – Oct. 20 | The Club at Chesterfield |
|------------|-------------------------------------|--------------------------|

National Tennis Rating Program (NTRP)

- 1.0 This player is just starting to play Tennis
- 2.0 May have had some lessons; needs on-court experience
- 2.5 Can sustain a short rally of slow pace; needs to develop form
- 3.0 Consistent on medium-paced shots; needs work on form and strategy
- 3.5 Consistent with directional control; needs to work on specialty shots
- 4.0 Dependable with directional control and depths has specialty shots. Needs to play more percentage tennis

Designations used as a tool to assist students when registering for Tennis classes:

Beginning I (1.0-2.0): Designed for beginners and those who have limited experience with basic Tennis strokes. Proper techniques of all strokes will be covered. Drills will be used and Tennis etiquette and rules will be discussed. Players will be grouped according to ability.

Beginning I and II (1.0-2.5): Designed for beginners and those who need to brush up on the basics. Techniques covered are forehand, backhand, serve, volley, basic strategy as well as drill exercises. Players will be grouped according to ability.

Beginning II (2.5): Further emphasized is proper stroke development and footwork through the use of drills. Tennis etiquette and rules will be reviewed. Constancy of stroke production is a major goal.

Intermediate I (3.0-3.5): A refresher on proper stroke execution. Drills are used and emphasis is on improved consistency and directional control. Strategy and some match play are covered.

Intermediate II to Advanced (3.5-4.0): This course includes more advanced drills, work on strategy and match play, with a goal of playing better percentage tennis.

Youth Tennis Classes

Tennis for Youth: Pee Wee I

This is a series of group lessons specifically designed to introduce a young child, 4-6 years of age, to the game of tennis. The class will include eye-hand coordination exercises as well as building skills for forehand, backhand, serve and volley. Tennis balls provided. Prince rackets available for use in class.

KIDS:709 | \$85

M06 Sa 4pm-5pm
Nov. 2 – Dec. 7

Mark Platt
Forest Lake Tennis Club

M03 Su 5pm-6pm
Sept. 15 – Oct. 20

Mark Platt
Frontenac Racquet Club

Tennis for Youth: Beginning I & II

Class designed for beginners and those who need to brush up on the basics. Techniques covered include forehand, backhand, serve, volley, basic strategy as well as drill exercises. Players will be grouped according to ability.

KIDS:709

Outdoor | \$75

Ages 7-10

580 Sa 9am-10am
Sept. 14 – Oct. 19

Mark Platt
FV-PE, TENNIS

Ages 11-15

P01 Sa 11am-Noon
Sept. 14 – Oct. 19

Mark Platt
Francis Park

720 Sa Noon-1pm
Sept. 7 – Oct. 12

Mark Platt
Ladue Mid. Sch.

Indoor | \$85

Ages 7-10

M01 Sa 4pm-5pm
Sept. 14 – Oct. 19

Mark Platt
Forest Lake Tennis Club

M07 Sa 4pm-5pm
Nov. 2 – Dec. 7

Mark Platt
Forest Lake Tennis Club

M04 Su 6pm-7pm
Sept. 15 – Oct. 20

Mark Platt
Frontenac Racquet Club

M08 Su 5pm-6pm
Nov. 3 – Dec. 8

Mark Platt
Frontenac Racquet Club

Ages 11-15

M02 Sa 5pm-6pm
Sept. 14 – Oct. 19

Mark Platt
Forest Lake Tennis Club

M05 Su 6pm-7pm
Sept. 15 – Oct. 20

Mark Platt
Frontenac Racquet Club

Registration is Easy!!!



Mail

Complete the registration form (below) and mail with check (*payable to St. Louis Community College*) to:
STLCC Continuing Education, 3221 McKelvey Road, Suite 250, Bridgeton, MO 63044

Students who register by mail should assume they are registered unless otherwise notified. A registration confirmation is mailed to students who register by mail; however, the confirmation may not be received prior to the beginning of the class. If you have enrollment questions, please call Continuing Education: 314-984-7777.



In Person at STLCC Continuing Education Offices M-F 8:30 am - 4 pm

Meramec

802 Couch Avenue
St. Louis, MO 63122

Florissant Valley

At the Center for Workforce Innovation
3400 Pershall Rd., Ferguson, MO 63135

Forest Park

Forest Park, G Tower-320-322
5600 Oakland Ave., St. Louis, MO 63110

You may want to first call the Continuing Education office at 314-984-7777, to check that openings exist.



Call to complete your registration by charging fees to MasterCard, Visa, American Express or Discover.

Telephone: 314-984-7777

Before calling to register, have this information ready:

1. Course Title / Course Code (letter prefix with number) / Section Number
2. Student Contact Info (name / address / phone number)
3. Student Social Security Number or UIN
4. Credit Card Number with Expiration Date



Online: www.stlcc.edu

Visit our website and click on the "Continuing Education" link — where you can view current class offerings and to register for classes.

Enrollment in classes within this brochure, except for youth section classes, is limited to persons 16 years or older.

Registration Deadline

All non-credit courses are limited in enrollment. Advanced registration is required.

Automatic Bank Payment (ACH)

All checks will be converted to an electronic Automated Clearing House (ACH) transaction whether the payment was made in person or mailed.

Mail-In

Registration form Please print in ink.

Please register me for the following courses:

| Course Code | Section | Course Title | Day/Time | Fees |
|--------------|---------|--------------|----------|------|
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| Total | | | | |

Male Female

Senior Citizen?
 Yes No

Check Payment:

Please make checks payable to
St. Louis Community College, and
mail with form (address above).

Credit Card Payment:

Charge fees to:

- MasterCard
 VISA
 Discover
 American Express

Email Address: _____

UIN or Student#: _____ Birthdate: _____

Name: _____
LAST FIRST MIDDLE INITIAL

Address: _____
STREET OR POST OFFICE BOX

CITY STATE ZIP CODE

Telephone/Home: _____ Work: _____

CARD NUMBER Expiration Date: _____

Signature: _____