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Scan for
additional information.

**How to Use Windows 10:
Doreen Balzarini**

She was very helpful in many things and covered additional things we wanted to know.

**Aromatherapy:
Candice Chaffee**

This class was very informative and educational would highly recommend it.

**Photography:
Doug Dellinger**

Fun, exciting, educational class. Doug is an expert in his field and truly enjoys teaching others his trade. Great hands on learning.

Professional Development for Massage Therapists: Susan Krischel

Awesome class touched on every major muscle, gave real life problems and answers, hands on.

student testimonials

**Heirloom Woodworking:
Arnie Bandstra**

Will absolutely take another class from Arnie.

I learned a lot in our 16 hours.

**Dance Classes:
Jane & Rodney Schomas**

So much fun! We will be out on the dance floor now! This class was our weekly date night – thank you Schomas'!

**Mind, Body & Wellness:
Tracie Klieber**

In June I will have my 2 yr. anniversary with Tracy and yoga. I can't believe how far I've come. Thanks to Tracy's encouragement, I keep getting stronger, more flexible and better balance.

Culinary: Tim Freed

I always enjoy Chef Tim's classes. He is an excellent chef and instructor. I feel I've learned a lot from his classes.



Continuing & Professional Education

For busy professionals and career seekers to acquire skills needed to improve work performance or prepare for a new career.

- 2-3 Healthcare Career Programs
- 4-5 Nursing
- 6-7 Massage Therapy
- 8 Online Career Programs
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- 13 Home Inspection & Careers in Sustainable Energy
- 14 OSHA & Safety
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- 16 Teacher
- 17 Food Service Sanitation

Unless otherwise stated, these courses are designed for adults 18 & over.

Featured on cover:
Chef Tim Freed,
IVCC Culinary Instructor

REGISTRATION CONFIRMATION

You will receive a confirmation of your registration in the mail. Confirmation will include a schedule, receipt and information specific to your classes.

REFUND/CANCELLATION POLICY

Registrants who cancel up to seven days prior to the start of a course receive a full refund. No refund will be given after that time, although a substitution of individuals is allowed. Registrants who do not attend and do not withdraw from the class will not receive a refund. Cancellations can be made by calling the Continuing Education Center (815) 224-0427.

The Continuing Education Center reserves the right to cancel classes due to low enrollment. If a class must be canceled by the Continuing Education Center, you will receive a full refund.



Community Education

For people in our community wanting courses, activities and cultural experiences to enrich their lives and continue their learning adventure.

18-20	Trips & Tours	32	Hobbies, Interests & Local History
20	Jewelry		
21	Dance & Music	33	Pet Care
22-23	Creative Arts	34	Dollars & Sense
24	Heirloom Woodworking	35	Online Courses
25	Renewable Energy	36	Registration Form
25	Survival Skills	37	For the Holidays
26	Personal Technology		
27	Photography		
28-29	Culinary		
29	Home Brewing		
30-31	Mind, Body & Wellness		



Look for this icon throughout for classes at the IVCC Ottawa Campus.

Healthcare Career Programs

■ Healthcare Information Session

[Pharmacy Technician & Medical Administrative Assistant]

These programs are offered in partnership with Condensed Curriculum International, Inc. (CCI). Available to both working adults interested in a new career and current professionals, these short term training programs will help you prepare for entry level jobs in healthcare. This free information session will give prospective students information on job outlook, certification requirements and the course content for the Pharmacy Technician and Medical Administrative Assistant programs as well as payment plan options. It is recommended that you check out the local job market and attend this session before registering for the programs. *This session is free, but you must pre-register by calling IVCC at 815-224-0447.*

Wed	9-11 a.m. CTC-124, IVCC	Sep 14 CEX-9952-09	1 Session Free
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■ Pharmacy Technician [Clinical Rotation Available]

This comprehensive 50 hour program will prepare students to work as a pharmacy technician in a retail or other pharmacy setting and to take the Pharmacy Technician Certification Board's PTCB exam. Course content includes: pharmacy medical terminology, the history of pharmacy, the pharmacy practice in multiple environments, pharmacy calculations and measurements, reading and interpreting prescriptions and defining drugs by generic and brand names. Through classroom lecture and hands on labs, students will review dosage calculations, drug classifications, the "top 200 drugs", I.V. flow rates, sterile compounding, dose conversions, aseptic technique, the handling of sterile products, total parental nutrition (TPN), dispensing of prescriptions, inventory control and billing and reimbursement. In addition to classroom lecture and labs, this program includes a clinical externship through a local pharmacy. To be eligible for the clinical externship, students must successfully complete the 50 hour program, submit to a thorough background check, drug screening and meet other requirements. **Prerequisite:** A high school diploma or GED plus a solid background in math. Textbooks and materials are included in the course fee. Cost of the PTCB national exam is NOT included in the course fee. There is no job assistance for this program.

Mon/Wed CCI	6-9:30 p.m. E-320, IVCC	Oct 10-Nov 30 CCE-1720-300	15 Sessions \$1,199
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*No class: Nov. 23

Payment Plan available for students registered by September 21st.

For additional information or assistance with registration please call 815-224-0490 or email Monica_Near@ivcc.edu



■ Medical Administrative Assistant

[Optional Externship Available]

This 50-hour course prepares students to function effectively in many of the administrative and clerical positions in the health care industry. Medical Administrative Assistants, Medical Secretary and Medical Records Clerks are all positions in great demand. This program covers important background information on the medical assisting profession and interpersonal skills, medical ethics and law, medical terminology, basics of insurance billing and coding, telephone techniques, scheduling appointments, medical records management and management of practice finances. This program is intended to provide students with a well-rounded introduction to medical administration so that a student can gain the necessary skills required to obtain a medical administrative assistant position in the health care field. This program meets the necessary requirements to take the National Healthcareer Association (NHA) Certified Medical Administrative Assistant (CMAA) exam, **cost of exam not included in course fee**. This program includes an optional clinical externship rotation for all students. To be eligible for the clinical rotation, students must successfully complete the 50 hour program, submit to a thorough background check, drug screening and meet other requirements. **Textbooks and materials are included in the course fee. There is no job assistance for this program.**

Tue/Thu	6-9:30 p.m.	Oct 11-Dec 1	15 Sessions
CCI	E-232, IVCC	CCE-1740-300	\$999

*No class: Nov. 24

■ Medical Billing and Coding [Online Class]

Medical billing and coding is one of the fastest-growing careers in the healthcare industry today! The need for professionals who understand how to code healthcare services and procedures for third-party insurance reimbursement is growing substantially. Physician practices, hospitals, pharmacies, long-term care facilities, chiropractic practices, physical therapy practices and other healthcare providers all depend on medical billing and coding for insurance carrier reimbursement. This billing and coding program delivers the skills students need to solve insurance billing and coding problems. It details proper assignment of codes and the process to file claims for reimbursement. With the transition to ICD-10, effective as of October 1, 2015, this course will also provide training in ICD-10-CM. This course covers the following key areas and topics: An overview of healthcare & insurance industry. The organization and use of the ICD-9-CM, ICD-10-CM, CPT and HCPCS manuals to identify correct codes. Detailed review and practice using the alphabetic index and tabular list of the ICD-9-CM, ICD-10-CM and practice coding examples within the CPT. Basic claims processes for medical insurance and third-party reimbursements. Completing common insurance forms, tracing delinquent claims and appealing denied claims. **Textbooks and materials are included in the course fee, National exam fees not included. There is no job assistance for this program. Students have six months to complete the program.**

Course Fee: \$1,799

Online program, open enrollment, register anytime by going to healthtoday.com/ivcc or calling 815-224-0490.

Nursing



■ Hearing Loss, Tinnitus, & Hearing Aids 101

If you or a loved one is experiencing signs of hearing loss you are not alone. Hearing loss affects one in three adults and is the third most common health problem in the United States. Treating hearing loss is important. If you are considering purchasing hearing aids you will find there are many choices in providers, brands, options, and styles to consider. This course is designed to help you to better understand hearing loss and to educate you on treatment options. Things to consider when purchasing hearing aids will be discussed in detail. *Beth Wallace, M.S. and Elizabeth Koch, AuD are Audiologists at St. Margaret's Health ENT Clinic. They have 20 years of combined experience in Audiology.* [2 CE hours]

Tue	10 a.m.-12 p.m.	Oct 25	1 Session
Beth Wallace & Elizabeth Cook	CTC-124, IVCC	CPD-3251-10	\$10

■ Aromatherapy for Health and Well-being

Aromatherapy is required coursework in French medical schools and essential oils are revered for their healing benefits in many countries. This workshop is a comprehensive introduction to the many applications of essential oils. Topics include: how to use, buy and store, basic care kit, pharmacological and psychological properties, carrier oils and everyday applications. Students have the opportunity to experience a wide variety of scents and learn the life-enhancing and healing qualities of essential oils. **There is a \$5 material fee payable to the instructor the day of class.** [6 CE hours]

Wed	9 a.m.-3:30 p.m.	Oct 12	1 Session
Candice Chaffee	C-316, IVCC	CPD-3235-10	\$79

■ Advanced Aromatherapy: The Application of Essential Oils

This course is a continuation of Aromatherapy study. It is a more in-depth exploration of essential oils and their uses. Students will learn about chemical constituents and their effects, as well as the basics for mixing therapeutic, skin/personal care and home use products. The basics of hand and foot REFLEXOLOGY will be taught as a modality for enhancing the properties of essential oils. This fun-filled workshop is experiential and students will make and take home their own creative blends. **There is a \$15 material fee payable to the instructor the day of class. Prerequisite: Aromatherapy for Health and Well Being or Aromatherapy for Health Professionals. Please bring notes from previous class for review. Also, feel free to bring your collection of essential oils.** [6 CE hours]

Wed	9 a.m.-3:30 p.m.	Nov 9	1 Session
Candice Chaffee	C-316, IVCC	CPD-3239-11	\$79

■ Family Systems

NEW A Family Systems perspective looks at the importance of the individual's family history and their family of origin. This includes the interactions between and among family members; the set of rules, habits, values and beliefs within their family systems and a set of patterns within their family of origin. Within these Family Systems, we discover who we are, how we develop and change and why we think the way we do at times. In this course, we will explore our own family of origin to gain a better understanding of the Family Systems Theory. You will create your own family genogram. [6 CE hours]

Wed	9 a.m.-3:30 p.m.	Sep 28	1 Session
Kathleen Shea	C-316, IVCC	CPD-3253-09	\$79

Meet Your Instructor: Kathleen Shea is a Licensed Clinical Professional Counselor (LCPC) and a Certified Alcohol and Drug Addictions Counselor (CADC). She is a member of the Illinois Counseling Association. Kathleen has been in private practice for over 20 years. Her business, Serenity On Wheels, Inc., is located in Ottawa, Illinois. Kathleen is a dedicated advocate, experienced with children, adults, adolescents and families. Her background includes a wide variety of recovery strategies including diversified healing retreats, play therapy, recovery groups, etc., which provide vehicles for progress on the path to "serenity".

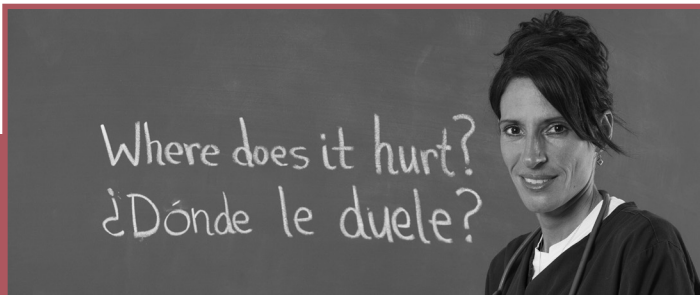


Watch for A NEW Aromatherapy class coming this spring: The Art of Blending!

■ Infectious Disease Update

Join Barb Bancroft for an up-to-the-minute overview and update on the current issues in the world of infectious disease. Barb will answer many questions throughout the seminar including: What exactly is meant by "herd" immunity? How long does immunity last from vaccines? What vaccines should you get as an adult? Why have previously controlled infections such as pertussis, measles and mumps made a "comeback" of sorts? What is meant by immune "amnesia"? How much fecal material do you deposit in your underwear every day? How long does MRSA live on a keyboard? How many diseases can you get from tattooing and piercing? Why were we able to eradicate smallpox? Barb also covers emerging infectious diseases such as the ZIKA virus, SARS, West Nile Virus, VRE, MRSA, EBLS and C. difficile. What are the seven current "trends" in infectious disease? 1. Everything global-economics, travel, warming 2. Zoonoses (pet to human transmission of diseases) 3. Sexually transmitted infections (what's old, what's new, what's borrowed... from C to shining C – condoms to circumcision) 4. Food-borne illnesses (norovirus, salmonella, shigella, campylobacter jejuni, listeria monocytogenes, shiga-producing E. Coli and so many more...) 5. The overuse, misuse and abuse of antibiotics and the concept of antibiotic stewardship 6. The emergence of hospital-acquired infections and what can be done to reduce or prevent them. 7. An ever-ending supply of immunocompromised patients (from the neonate to the nonagenarian). **Breakfast, lunch and hand-outs are included in the course fee. [6 CE hours]**

Thu 8:30 a.m.-3:30 p.m. Oct 27 1 Session
Barb Bancroft C-316, IVCC CPD-3252-10 \$112



■ Spanish for Medical Professionals

[Online Class]

With increasing numbers of Spanish-speaking patients entering the healthcare system every year, it's more crucial than ever for health professionals to learn medical Spanish. Whether you are new to the Spanish language or just want a refresher, this fun and simple course will give you the basic tools you need to bridge the communication gap. This course skips the "touristy" topics and focuses on the survival Spanish medical personnel really need to know in a medical setting. You will learn how to ask about pain, symptoms, medical histories, insurance and patients' feelings. Learn how to talk about body parts, diets and medical care and treatment. By the end of this course, you will have a strong foundation in basic medical Spanish that you can build on for years to come.

Course Number: CPD-3501

Course Fee: \$99

This course is 6 weeks long and 24 contact hours. Log onto ed2go.com/ivcc to register.

NURSING CE HOURS!

Take it Online!

visit:

ed2go.com/ivcc

CE's for Nurses available Online.

These online courses have been approved by Allegra Learning Solutions, an accredited provider of continuing education in nursing by the American Nurses Credentialing Center's Commission of Accreditation.

Courses Begin Monthly.

See page 35 for registration directions.

NEW	Certificate in Infectious Diseases and Infection Control [13 Contact hours]	
	Course Number: CPD-3525	\$78
NEW	Certificate in Energy Medicine [10 Contact hours]	
	Course Number: CPD-3524	\$60
NEW	Certificate in Violence Prevention and Awareness [13 Contact hours]	
	Course Number: CPD-3526	\$78
	Certificate in Legal and Ethical Issues in Healthcare [12 Contact hours]	
	Course Number: CPD-3508	\$72
	Certificate in Complementary and Integrative Health [24 Contact hours]	
	Course Number: CPD-3523	\$189
	Certificate in Pain Assessment and Management [12 Contact hours]	
	Course Number: CPD-3505	\$159
	Certificate in Spirituality, Health and Healing [25 Contact hours]	
	Course Number: CPD-3510	\$159
	Certificate in Food, Nutrition and Health [16 Contact hours]	
	Course Number: CPD-3520	\$96
	Certificate in Perinatal Issues [20 Contact hours]	
	Course Number: CPD-3509	\$109
	Certificate in Healing Environments [16 Contact hours]	
	Course Number: CPD-3521	\$96
	Certificate in Gerontology [25 Contact hours]	
	Course Number: CPD-3506	\$199
	Certificate in End of Life Care [19 Contact hours]	
	Course Number: CPD-3516	\$190

Massage Therapy

■ Ethics for Massage Therapists

This course will fulfill the 3 hours of mandatory ethics credits required for State of Illinois massage license renewal. This course will cover a range of important issues to the professional massage therapist. Learn the concepts important to ethical theory and practice in professional massage and bodywork, examine the value and function of ethical codes and professional standards of conduct and emphasize the delineation of boundaries that define the therapeutic relationship. **This course has been approved by the State of IL and NCBTMB for 3 CE hours.**

Fri	9 a.m.-12 p.m.	Sep 16	1 Session
Pam Booras	G-103, IVCC Gym Building	CPD-3148-09	\$49

■ Introduction to Trigger Point Therapy

At some point in your career as a massage therapist, you will encounter a client suffering from referred pain caused by one or more active trigger points. In this class, participants will learn how to identify referred pain and how to use the resource: *Myofascial Pain and Dysfunction: The Trigger Point Manuals* (Janet Travell and David Simons) as a guide. Students will learn common perpetuating factors that cause chronic pain and dysfunction as well as simple solutions to address these issues. This instruction will focus on developing skills in assessing, locating and treating trigger points and the importance of self care for the client and the therapist. **Please bring your lunch, snacks, a clean set of sheets for the table, two bed pillows, the Travell and Simons books if possible and wear comfortable clothing.** This course is for licensed massage therapists only and has been approved by the State of IL and the NCBTMB for 7 CE hours.

Sat	9 a.m.-4:30 p.m.	Sep 24	1 Session
Susan Krischel	G-106B, IVCC Gym Building	CPD-3135-09	\$139

■ Introduction to Sports Massage

This course will focus on several areas of sports massage. Initially, students will be introduced to the benefits of sports massage, common injuries associated with athletes and how to recognize the specific type of injury and then various techniques to assist the athlete in recovery. A strong emphasis will be placed on body mechanics for the therapist's own health and safe application of techniques; pre-event massage (preparing the athlete for competition); and post-event massage (application of techniques to assist the athlete in recovering from the competition). Techniques that will be covered will include several types of trigger point therapy, stretching, joint mobilization and cramp relief. **Please bring your lunch, snacks, a clean set of sheets for the table and dress comfortably.** This course is for licensed massage therapists only and has been approved by the State of IL and NCBTMB for 8 CE hours.

Sun	8:30 a.m.-5:30 p.m.	Oct 2	1 Session
Mike Hovi	G-106B, IVCC Gym Building	CPD-3140-10	\$139

■ Aromatherapy for Health and Well-being

Aromatherapy is required coursework in French medical schools and essential oils are revered for their healing benefits in many countries. This workshop is a comprehensive introduction to the many applications of essential oils. Topics include: how to use, buy and store, basic care kit, pharmacological and psychological properties, carrier oils and everyday applications. Students have the opportunity to experience a wide variety of scents and learn the life-enhancing and healing qualities of essential oils. **There is a \$5 material fee payable to the instructor the day of class. [State of IL 6 CE hours]**

Wed	9 a.m.-3:30 p.m.	Oct 12	1 Session
Candice Chaffee	C-316, IVCC	CPD-3235-10	\$79

■ Advanced Aromatherapy: The Application of Essential Oils

This course is a continuation of Aromatherapy study. It is a more in-depth exploration of essential oils and their uses. Students will learn about chemical constituents and their effects, as well as the basics for mixing therapeutic, skin/personal care and home use products. The basics of hand and foot REFLEXOLOGY will be taught as a modality for enhancing the properties of essential oils. This fun-filled workshop is experiential and students will make and take home their own creative blends. **There is a \$15 material fee payable to the instructor the day of class. Prerequisite: Aromatherapy for Health and Well Being or Aromatherapy for Health Professionals. Please bring notes from previous class for review. Also, feel free to bring your collection of essential oils. [State of IL 6 CE hours]**

Wed	9 a.m.-3:30 p.m.	Nov 9	1 Session
Candice Chaffee	C-316, IVCC	CPD-3239-11	\$79

Watch for A NEW Aromatherapy class coming this spring: **The Art of Blending!**



■ **Certificate in Healing Environments for Body, Mind and Spirit**

NEW In this innovative certificate program, examine how Optimal Healing Environments (OHEs) impact the health of individuals and communities on a physical, social, psychological and spiritual level. Explore the effect of all the elements of an environment, including color, light, sound art and the role they play in supporting physical and emotional health. In addition, the program examines how a facility can use a focus on nature to create a sense of connection. At the end of this program, you will appreciate all aspects of a healing environment and be able to describe methods of enhancing personal and work environments so they support the health of individuals and surrounding communities in a sustainable, healing manner.

This online course has been approved for 16 contact hours by Allegra Learning Solutions, an NCBTMB approved provider.

See page 35 for details or go to ed2go.com/ivcc
Course Number: CPD-3521

Course Fee: \$96

■ **Certificate in Violence Prevention and Awareness**

NEW Every year across the globe, millions of individuals are affected by violence. In addition to the tremendous physical and emotional toll, violence has substantial medical, societal and environmental costs. Healthcare professionals are a first line of defense in recognizing the signs of violence and supporting violence prevention. In this certificate program, examine the various instances of violence that you may encounter in your work as a medical professional. The program begins by examining workplace violence, which is a major source of inequality, discrimination, stigmatization and workplace conflict. Then it goes on to explore other types of violence including domestic violence, elder abuse, child abuse and the various forms of sexual assault. Designed for medical professionals, this certificate program offers important insights into the signs of violence. By the end of this program, you will have the information you need to respond to and help prevent these forms of violence.

This online course has been approved for 13 contact hours by Allegra Learning Solutions, an NCBTMB approved provider.

See page 35 for details or go to ed2go.com/ivcc
Course Number: CPD-3526

Course Fee: \$78

Online Career Programs

IVCC offers online, open enrollment, instructor-led programs that are designed to provide the skills necessary to acquire entry-level positions for many occupations. Instructors are involved in the student's online learning experience. Each program has a set of lessons and tests; grades are a combination of computer-graded tests and the instructor's evaluation of the student's work.

Additional information and demos are available at careertraining.ed2go.com/ivcc

Cost of books and materials are included in the tuition fee.

To register, contact the

Continuing Education Center at (815) 224-0427.

REFUND POLICY for ed2go Online Classes:

There will be NO refunds granted once the student is provided with an access code. There will be NO exceptions.

■ ICD-10 Medical Coding [200 Hours]

ICD-10 is an upgraded diagnostic and procedural medical coding system that, by law, must be implemented throughout the healthcare industry by October 1, 2015. This new coding system is radically different from the version currently in use, so it's important to start preparing for and implementing the massive changes to the existing coding system. This online program offers you comprehensive, robust training in diagnostic and procedural coding, using the ICD-10-CM (diagnostic) and ICD-10-PCS (procedural) coding manuals. This training includes detailed instructions for using the coding manuals, understanding the coding guidelines and accurately applying the ICD-10 coding steps. There are more than 40 quizzes and exams for diagnoses and procedures by body system to test your knowledge and understanding. You will find information on the impact of the coding changes on medical coders, healthcare staff, physicians, software systems, documentation and information technology. The textbooks for this program are included.

Course Number: CPD-5209

Course Fee: \$1,795

■ Payroll Practice and Management [80 Hours]

Payroll is one of the fastest-changing career fields in the business world today. Constant fluctuation in government rules and regulations make it difficult to keep up. The Payroll Practice and Management Online Training Program will teach you all facets of payroll, from the basics to the complexity of fringe benefits, taxation and garnishments. If you're new to the field, you'll acquire solid skills and knowledge of payroll rules and regulations. If you have payroll experience, this program will refresh your skills, keep you up-to-date with regulations and provide a thorough review for the Certified Payroll Professional test given by the American Payroll Association. Course fee does NOT include National Exam.

Course Number: CPD-5102

Course Fee: \$1,795

Additional Online Career Training Opportunities:

Sustainable Energy & Going Green
Hospitality & Service Industry
Management & Corporate
Healthcare & Fitness

Business & Professional
IT & Software Development
Media & Design
Skilled Trade & Industrial

■ Human Resource Professional [120 Hours]

Are you seeking a career in a high-demand field with plenty of opportunity for advancement? In this online program, you'll master all the skills you need to obtain an entry-level position in the popular field of human resources. In addition, this program will prepare you to take the PHR, Professional in Human Resources certification exam, with HRCI (HumanResource Certification Institute) as the certifying body. Explore everything from the basics of HR to specific areas such as planning and strategizing, human resource laws, hiring disciplines and labor relations. You'll also obtain a reference manual of HR documents. By the time you're done, you'll be fully prepared to begin your career in this exciting and challenging field. If you are planning to take the PHR exam, with HRCI as the certifying body, after completing the program, you will need one of the following: one year of demonstrated professional HR, exempt-level experience with a master's degree or higher, or two years of demonstrated professional HR, exempt-level experience with a bachelor's degree, or four years of demonstrated professional HR, exempt-level experience with less than a bachelor's degree. Course fee does not include national exam.

Course Number: CPD-5109

Course Fee: \$1,795

■ Administrative Professional with Microsoft Office Specialist 2016

NEW [Vouchers included 455 Hours]

Administrative professionals are the backbone of a professional organization, helping keep the team organized and operating efficiently. In this program, you will learn the skills you need to support an organization, manage stressful situations that may arise and excel in an administrative career. This program will also prepare you to sit for the Microsoft Office Specialist Certification 77-727 and 77-728 (Excel), 77-725 and 77-726 (Word), 77-729 (PowerPoint), 77-731 (Outlook), and 77-730 (Access). The registration fee for these exams are included with this program. Upon completion, you will be prepared for a career as an Administrative Assistant, Receptionist, Executive Secretary, Department Secretary and Administrative Representative. Some of the topics covered include how to maintain a professional image, personal and professional ethics, communication and technology essentials, records and financial management, event planning and travel, how to manage one's own career advancement, goal setting and time management, working with different personality types and business writing. You will also learn an advanced level of Microsoft Word, Excel, PowerPoint, Outlook and Access 2016.

Course Number: CPD-5115

Course Fee: \$3,295



Project Management

■ Project Management

Project Management career opportunities are increasing even when the job market is challenging. Developing the project management skills employers' demand can improve your marketability. Ed2go offers two online classes to help you prepare for certification in this field. Students will have 6 months in which to complete the course work and can begin at any time. Once you complete the course of your choice, you will receive a certificate of completion.

■ Project Management Essentials with CAPM® Prep [60 hours]

In this program, you'll learn the knowledge and skills essential to project managers and those who work on projects in other support roles. Once complete, students will meet or exceed the educational pre-requisites for the Certified Associate In Project Management CAPM® certification offered through the Project Management Institute. *Students who are interested in earning the CAPM® credentials must schedule and pay for the exam on their own after program completion. Textbooks included.*

Topics covered include:

- Understand the essential elements of a project management foundation
- Be familiar with most common project management concepts and terminology
- Follow concepts from The Guide to the Project Management Body of Knowledge, PMBOK®

This course is a good choice for those looking for project management experience and those aspiring to obtain a PMI credential. It's also an excellent choice for existing PMI credential holders looking for an approved activity for PMI's continuing certification PDUs.

Course Number: CPD-5112

Course Fee: \$1,195



■ Mastering Project

Management with PMP® Prep [70 hours]

In this program, you will gain a better understanding of how to apply project management concepts and any variations between them. You will learn more advanced project management tasks, such as how to select projects and develop strategies for them, how to create a complex schedule model and how to identify and assess any risks in the project. This program meets or exceeds the educational requirements for those interested in the Project Management Professional PMP® certification. *Students who are interested in earning the PMP® credential must schedule and pay for testing on their own after program completion. Textbooks included.*

Topics covered include:

- Understand project proposals, definitions and selections
- Manage robust planning components and the Project Management Plan
- Fulfill project manager's role during the project's execution phase
- Assess project recovery alternatives and develop recovery plan
- Manage project closure and transitioning process

Students enrolled in this program should have at least two years' experience managing projects.

This course is a good choice for those aspiring to obtain a PMP® credential. It is also an excellent choice for existing credential holders looking for an approved activity for PDUs.

Course Number: CPD-5113

Course Fee: \$1,295

Please visit pmi.org to learn more about PMI® credentials and certifications and how they may fit into your continuing education and professional development plans.

Additional information and demos are available at careertraining.ed2go.com/ivcc

Cost of books and materials are included in the tuition fee.

To register, contact the Continuing Education Center at (815) 224-0427.

REFUND POLICY for ed2go Online Classes:

There will be NO refunds granted once ed2go provides the student with an access code. There will be NO exceptions.

Beginning Word 2013

This class covers key introductory Microsoft Word skills. Topics include the Ribbon interface, working with text, printing, using proof reading tools, creating bulleted and numbered lists, tables, forms and more. This class will benefit new users as well as professionals upgrading from Word 2010. *Textbook and 2GB flash drive required. CEU: 1.2

Thu	6:30-9:30 p.m.	Sep 8-29	4 Sessions
Kathy Baker	Rm 104,	CEU-4025-609	\$99
	Ottawa Center		

Intermediate Word 2013

Expand your knowledge of Word by covering features such as newsletter columns, WordArt and clip art, document themes, styles, picture editing, Mail Merge, footnotes and endnotes, headers and footers, templates, tables of contents and indexes, formatting page backgrounds and more. *Textbook and 2GB flash drive required. CEU: 1.2

Thu	6:30-9:30 p.m.	Oct 6-27	4 Sessions
Kathy Baker	Rm 101,	CEU-4026-610	\$99
	Ottawa Center		

Microsoft OneNote

NEW Learn how to work with a notebook that offers a single place for all of your minutes, records and notes. Keep track of everything you need to recall and accomplish at home, work or at school. Both Microsoft 2013 and 2016 versions will be discussed. *Handouts provided. A 2GB flash drive required.

Sat	9 a.m.-12 p.m.	Sep 24	1 Session
Kathy Baker	Rm 112,	CEX-1220-609	\$29
	Ottawa Center		

Access Queries

NEW In this course you will learn how to use criteria (values) in order to filter data. You will touch upon adding criteria to queries, using AND/OR logic, logical operators and how to utilize wildcards to perform queries on data. Both Microsoft 2013 and 2016 versions will be discussed. *Handouts provided. A 2GB flash drive required.

Sat	9 a.m.-12 p.m.	Oct 15	1 Session
Kathy Baker	Rm 112,	CEX-1219-610	\$29
	Ottawa Center		

PowerPoint Tips & Tricks

NEW Explore the basic tasks for creating a presentation. Learn how to add hyperlinks, speaker notes to slides and multiple animation effects to more than one object. You also cover how to insert data from other Office products to your PowerPoint and reusing presentations. Both Microsoft 2013 and 2016 versions will be discussed. *Handouts provided. A 2GB flash drive required.

Sat	9 a.m.-12 p.m.	Oct 29	1 Session
Kathy Baker	Rm 112,	CEX-1221-610	\$29
	Ottawa Center		

PLEASE NOTE:

Ottawa Center is located at 321 W. Main Street • Ottawa, IL

IVCC Main Campus

Computer Basics [Welcome to Windows 7]

Learn basic skills for using Windows 7 in this hands-on workshop. Begin with turning the computer on and proceed at a comfortable pace. You will learn the features of My Computer, Recycle Bin, customize your desktop, run multiple programs and use shortcuts. Learn to install programs, check your hard disk drive, delete and restore files and change your mouse settings. Your instructor will use plain language and hands-on demonstrations, practice and individual help. *Textbook and a 2GB flash drive required.

Tue	6-9 p.m.	Sep 13-Oct 4	4 Sessions
Doreen Balzarini	A-323, IVCC	CEX-4408-309	\$99

Beginning Excel 2013

In this introductory class, you will gain basic skills which include Ribbon interface; entering and editing data; selecting cell and ranges; printing worksheets; creating formulas and functions; formatting cell contents; inserting and deleting columns, rows and cells; creating different types of charts; and more. This class will benefit new users as well as professionals upgrading from 2010. *Textbook and 2GB flash drive required. CEU: 1.2

Thu	6-9 p.m.	Sep 15-Oct 6	4 Sessions
Doreen Balzarini	A-323, IVCC	CEU-4118-309	\$99

Intermediate Excel 2013

Topics include working with large worksheets and multi-sheet workbooks; building advanced functions; creating and formatting tables; inserting clip art, pictures and SmartArt; creating outlines and templates; digital signatures; and more. *Textbook and 2GB flash drive required. CEU: 1.2

Thu	6-9 p.m.	Oct 13-Nov 3	4 Sessions
Doreen Balzarini	A-323, IVCC	CEU-4119-310	\$99

Advanced Excel 2013

This is an advanced course that will challenge students. Learn to work with PivotTables and macros, financial functions, data analysis, auditing and additional functions, advanced formatting and analysis tools, collaboration and more. *Textbook and 2GB flash drive required.

Nov 10-Dec 8	4 Sessions
CEU-4120-311	\$99

No class: Nov 24. CEU: 1.2

Thu	6-9 p.m.	Nov 10-Dec 8	4 Sessions
Doreen Balzarini	A-323, IVCC	CEU-4120-311	\$99



Computer Classes

■ Microsoft Office 2016

NEW Touch upon the most commonly used features of Word, Excel, Publisher and Outlook and how those features have been enhanced from the 2013 version. Some new features include the ability to create, open, edit and save files in the cloud straight from the desktop, a new search tool for commands and much more. Learn how to accomplish more, in less time, with the new Office 2016! *A 4GB flashdrive is included with the cost of the class. Textbook required.

CEU: 2.4
 Mon 6-9 p.m. Sep 12-Oct 31 8 Sessions
 Kathy Baker E-214, IVCC CEU-4506-309 \$199

■ Quickbooks Pro 2015

Whether you are a first time user or upgrading your software, discover all the features QuickBooks has to offer! You will begin with basic navigations such as paying bills to outside vendors, recording customer payments and analyzing financial data. Then move on to advanced functions which include job costing, tracking, creating estimates working with balance sheets, sales tax, payroll and accounts payable. This class is the complete package! *A 4GB flashdrive is included with the cost of the class. Textbook required.

CEU: 2.4
 Wed 6-9 p.m. Sep 14-Nov 2 8 Sessions
 Kathryn Baker A-323, IVCC CEU-4711-309 \$199

■ Get on Track with Your Mac

NEW Learn the basic fundamentals when working on an Apple Mac. In this hands-on class, you will begin with mouse and keyboard operations. Once comfortable, you will cover word processing features such as opening a document; making changes to it; use cut, copy and paste; how to save the document and much more. You will also learn ways to use the operating system to organize your files and folders. Students will work at a comfortable pace and will be allowed plenty of time to practice various features. *Textbook and a 2GB flash drive required.

Wed 6-9 p.m. Oct 5-26 4 Sessions
 Amy Weber D-104, IVCC CEX-4412-310 \$99

■ Introduction to Internet and Email

Gain the skills to navigate the Internet and Email. Learn basic and advanced web searches, job search, online shopping and online banking. This class will also include internet security, scam avoidance and identity theft warnings. Students will also be introduced to Yahoo webmail, instant messaging and photo sharing websites. *Handouts will be provided. A 2GB flash drive required.

Tue 6-9 p.m. Oct 11-Nov 1 4 Sessions
 Doreen Balzarini A-323, IVCC CEX-4607-310 \$99

■ How to Use Windows 10

Master the basics as you learn how to navigate the user interface, work with files, create user accounts and practice using the tools that make Windows 10 the most efficient Windows upgrade yet. Features covered include program controls, menus, working with the Start menu (it's back!), using the task bar and much more. **This class will NOT be held in a computer lab. It is recommended that you bring your laptop to class in order to work along with the teacher, but not mandatory in order to participate.** *Textbook required.

Tue 6-9 p.m. Nov 8-29 4 Sessions
 Doreen Balzarini A-331, IVCC CEX-4411-311 \$99

DON'T FORGET YOUR TEXTBOOKS!

Books can be purchased at the IVCC Bookstore on Main Campus. If you are taking courses at the Ottawa Center, you can have your textbooks delivered to the center at no charge. Order your books online at www.ivccbookstore.com or call the bookstore at 815-224-0311 for more information.

See page 26 for more details and a listing of additional software and technology classes including: One-on-One classes for iPad users, Create your Own Website, Document Formatting, as well as online classes.

Business

■ Fundamentals of Supervision & Management

Master the basics of business by learning the language of management. In this session, you will focus on how to better manage your time in order to deal with the constant demands of a managerial job. Learn the skills required to delegate responsibility and tips on how to motivate your employees. Problem solving and conflict resolution will also be covered. This class is perfect for people who have recently been promoted to a supervisory or management position or who want to learn how to become a more effective manager.

Course Fee: \$99

■ Achieving Success with Difficult People

Do you know people whose behavior makes completing even the simplest tasks difficult? Would you like to learn how to have more successful relationships with difficult bosses, co-workers, students, neighbors or family members? Join this class and get helpful information for understanding yourself, solving people problems and improving your relationships and personal and professional productivity.

Course Fee: \$99

■ Introduction to Business Analysis

Give yourself an employment advantage by developing analytical skills that are consistently in high demand. This course will teach you powerful quantitative methods that will have you making better, more informed and more effective business decisions. If you are planning a career in business, you cannot afford to miss this course! This course is a good choice for those looking for project management experience and those aspiring to obtain a PMI credential. It's also an excellent choice for existing PMI credential holders looking for an approved activity for PMI's continuing certification PDUs.

Course Fee: \$99

■ Building Teams That Work

Teams are becoming a staple in today's workplace. In this course, learn the components of a successful team and the stages of its development. Master the skills you will need to effectively manage projects, make decisions and solve problems in a team setting. Plus, you will have a chance to learn the pitfalls of unhealthy group interaction and minimize any of its effects on your team. Follow real-life examples and scenarios to help you identify with the team-building process.

Course Fee: \$99

For detailed information on how to get started and register see page 35.

Looking for Employee Training?

Are you an employer who needs to train a group of employees? Many of the courses in this catalog can be offered at your site and customized for employees.

Call Jennifer Scheri in the IVCC Business Training Center for details. 815-224-0547.

Non-Profit

■ Grant-seeking Using the Foundation Directory Online

NEW Ready to begin seeking grant funding for your project or organization, but unsure where to begin? Let the qualified staff at the Jacobs Library empower you with tools to aid in your grant seeking journey. Our resources can help you locate and learn about over 108,000 foundations, corporate giving programs, and grant-making charities. View funder profiles and IRS 990 & 990-PF forms. Read examples of successful grant proposals whose projects received funding. These resources are a valuable addition to your grant-seeking repertoire and are intended for individuals working in the non-profit sector. **This session is free of charge but attendees must register.**

Wed	2-3:30 p.m.	Nov 2	1 Session
Frances Whaley & Susan Markwell	A-211, IVCC	CEX-8417-11	Free

Nonprofit Series

Want to enter the world of working for non-profits? Or are you wanting to start your own nonprofit? The following series of classes will teach you everything you need to know. Register for all three classes in the complete bundle to receive a discount.

■ Introduction to Nonprofit Management

Develop the skills and strategies you need to become an integral part of one of America's fastest growing service sectors. Transform your good intentions into a professional plan of action. You'll understand the unique characteristics of nonprofit organizations while mastering the core knowledge necessary to become an effective leader in the nonprofit arena. Learn skills and develop strategies that will take your organization to new heights of prosperity and productivity.

■ Marketing Your Nonprofit

Under pressure to increase membership, expand program value, attract media, entice donors and develop volunteers, all while keeping an eye on the bottom line? In the face of stiff competition, more worthwhile causes, more regulations, more watchdog agencies and fewer funding opportunities, you need to work smarter, not longer. This course will show you how to use powerful marketing techniques to compete more effectively for customers, donors, members and volunteers. You'll also learn how to persuade the media to communicate your organization's message and further its ideals and goals.

■ Nonprofit Fundraising Essentials

Explore the skills you'll need to become a successful fundraiser. Discover where the best corporate and foundation fundraising jobs are and how to apply for them. Delve into every area of nonprofit fundraising including annual funds, special events, corporate relations, foundation relations, major gifts and planned giving. You'll also learn about capital campaigns and find out why they're a crucial element of nonprofit fundraising.

Visit ed2go.com/ivcc to register.



Home Inspection

■ Home Inspection

Pre-Licensing Program [Online Class]

Prepare for the Illinois Home Inspection State Licensing Exam with this state-approved course. Once the student completes the online portion of the course (approximately 80 hours) they then schedule the five in-field inspections needed to complete the course. Topics include the physical components of a home, communication skills, knowledge of professional practices and insight into what may go wrong as well as the cause and implications of problems that result. Participants will receive clear direction concerning what to look for during an inspection, such as signs of non-performance due to old age, deferred maintenance, weather damage and poor workmanship. The instructors are experienced licensed home inspectors and active members of the American Society of Home Inspectors [ASHI]. **Upon completion of the approved pre-licensing course, applicants must pass the Home Inspection State Licensing Exam before they are eligible for a license in the State of Illinois. Cost of the exam is NOT included in the course fee. Additional fees may apply for the in-field inspections. Email access and an internet connection are required for this course. Open enrollment, register any time.**

Course Number: CPD-4102

Course Fee: \$600

Call 815-224-0490 for additional information or to register.

Sustainable Energy Careers

IVCC's online career programs are open enrollment, you can begin your new career on demand. For more information or to register visit careertraining.ed2go.com/ivcc, call: 815-224-0490, or email Monica_Near@ivcc.edu. Learn about additional sustainable energy programs available including: Natural Gas Plant Operations, Solar Power Professional, Certified Indoor Air Quality Manager, Biofuel Production Operations

"I was able to fit this into my hectic schedule. I learned a lot & intend to continue. Thank you for providing an affordable online course!"

"I've really learned a lot. The subject matter was clearly presented and every lesson was logically built on the last."

■ Principles of Green Buildings [Online Class]

The Principles of Green Buildings online training program is designed to teach you the principles you must know in order to make buildings perform more efficiently. This program will give you the science behind the concept of house-as-a-system by going through all of the major sub-systems that affect the way the entire structure system performs. A building that performs correctly will offer the best energy efficiency, provide a healthy environment for its occupants and maintain its structural integrity. The nine modules of Principles of Green Buildings will take you through all of that material. Materials are included. The program was developed and written in partnership with nationally recognized building science experts from Advanced Energy of North Carolina. The Principles of Green Buildings Online Training Program will also help prepare you for industry credentials for green building. Students are given three months to complete this program.

Course Fee: \$795

■ Wind Energy Professional [Online Class]

Wind energy companies are growing exponentially to meet America's demand for clean, renewable, domestic energy. This entry-level Wind Energy Professional Online Training Program prepares you for a career in the wind energy industry. In this program, learn the basics of wind energy principles, including wind technology, wind energy anatomy, wind farm design, wind business and characteristics of energy sources. This program covers the fundamentals of hydraulics and the basic theory and practice of electrical circuits, including calculations as applied to alternating and direct currents. Students are given six months to complete this program.

Course Fee: \$2,395

OSHA & Safety

■ Chemical Spill Refresher

This refresher course covers employers whose employees are engaged in emergency response procedures, whereas special personal protective equipment are needed and the employees are required to plug, patch or otherwise contain the release of chemicals. This course meets the requirements in OSHA's 1910.120 (q) of the HAZWOPER standard. If you have employees that are to be responsible for cleanup of an accidental release of chemicals, please call for more information to determine the need for this course. *Lunch is included in the course fee.* CEU: .8

Thu 8 a.m.-4 p.m. Sep 22 1 Session
 Jeff Clark Room 101, Bld H CEU-7252-09 \$289
 IVCC-East Campus

■ Electrical Safe Work Practices

This course is directed to qualified and unqualified persons, working on or near electrical energized equipment and who risk the possibility of electrical shock. This training will include the topics of; understanding the OSHA Subpart S electrical standard and NFPA's 70E Arc Flash requirements including required personal protective equipment, developing energy control procedures (Lock Out 29 CFR 1910.147) and the required annual inspections. CEU: .3

Mon 1-4 p.m. Oct 10 1 Session
 Jeff Clark C-325, IVCC CEU-7237-10 \$149

■ 30 HR OSHA General Industry

Many standards promulgated by the Occupational Safety and Health Administration (OSHA) explicitly require the employer to train employees in the safety and health aspects of their jobs. Other OSHA standards make it the employer's responsibility to limit certain job assignments to employees who are "certified," "competent," or "qualified" - meaning that they have had special previous training, in or out of the workplace. The term "designated" personnel means selected or assigned by the employer or the employer's representative as being qualified to perform specific duties. These requirements reflect OSHA's belief that training is an essential part of every employer's safety and health program for protecting workers from injuries and illnesses.

This program will include in-depth training on: Introduction to OSHA Working and Walking Surfaces, Exit Routes and Emergency Action Plans Electrical, Lockout/Tagout, Personal Protective Equipment, Material Handling, Hazard Communication, Machine Guarding, Permit Required Confined Space, Powered Industrial Vehicles (forklifts), Fall Protection Recordkeeping and other selected OSHA topics to meet the site specific needs.

Participants will receive OSHA's 29 CFR 1910 Regulations manual, sample safety policies, sample procedures and training handouts to be used at their facility. OSHA's 30 Hour General Industry card will be earned upon completion of this class. Continental breakfast and lunch are included in the course fee. CEU: 3

Tue 8 a.m.-4:30 p.m. Oct 25-Nov 15 4 Sessions
 Jeff Clark CTC-125, IVCC CEU-7236-10 \$549

■ 10 HR General Industry

Participants will learn the major provisions of the Occupational Safety and Health Act. New and updated information on the regulations will be discussed. Primary topics include: the inspection and citation process, working and walking surfaces, emergency plans and exit routes, the new Global Harmonization System (GHS), electrical safety, machine guarding and record keeping. This course can be customized to meet the participants' needs. *OSHA's 10 Hour General Industry card will be earned upon completion of this class.* CEU: 1.0

Thu/Fri 8 a.m.-3:30 p.m. Nov 17
 Fri 8 a.m.-12 p.m. Nov 18 2 Sessions
 Jeff Clark C-316, IVCC CEU-7203-11 \$299

■ Dept of Transportation (HAZMAT) Hazardous Materials

The Department of Transportation requires training for employees receiving or shipping hazardous materials. This training includes new changes to the 49 CFR hazardous materials table, packaging of materials, shipping papers and other documentation and recognizing potential hazardous conditions when receiving packages. Participants are encouraged to bring a list of products they ship or receive and samples of shipping papers. Review of the Emergency Response Guidebook and Homeland Security training is included in the course. CEU: .4 This training is recommended for persons that:

- Selects a hazardous materials packaging
- Marks or labels a package to indicate that it contains a hazardous material
- Prepares a hazardous materials shipping document
- Loads or unloads hazardous materials for the purpose of transportation
- Operates a vehicle used to transport hazmat

Tue 8 a.m.-12 p.m. Dec 13 1 Session
 Jeff Clark C-316, IVCC CEU-7304-12 \$149

■ Forklift Train-the-Trainer

This program will review the classroom requirements of OSHA's Powered Industrial Truck Standard. Topics covered will include forklift training requirements, inspection documentation, forklift operation and material handling. Handout materials include an operators manual and a trainers compliance guide. Attending this class will satisfy the required classroom portion of the regulation and receive information to develop a site specific forklift program. Driving performance is not included. CEU: .3

Tue 1-4 p.m. Dec 13 1 Session
 Jeff Clark C-316, IVCC CEU-7214-12 \$129



Online Certified Production Technician

CPT Fast Track

Do you have the right skills for a high-paying job in the Manufacturing Industry? The time is NOW! Improve your skills and become more competitive in the job market!

The Manufacturing Skill Standards Council (MSSC) developed the Certified Production Technician (CPT) as the industry standard for production workers. CPT is the national certification supported by the National Association of Manufacturers. Sixteen area employers are endorsing this program as a preferred credential for hire.

This program is strictly online. Please enroll in the modules in the order they are shown*. Success in this program is based off of not only the coursework itself, but prior knowledge and manufacturing experience.

Each module is approximately 15-18 hours of instruction. They consist of:

Manufacturing and Safety

- OSHA Standards
- Production teams
- Training and leadership

Cost includes the one-time registration fee required by MSSC.
Course Number: CEU-5317-09 \$259

Quality and Measurement

- Blueprint reading
- Quality measurement processes
- Problem solving

Course Number: CEU-5318-09 \$199

Manufacturing Processes

- Mechanical principles and linkages
- Machine processes, tooling and operations
- Production planning, workflow and control

Course Number: CEU-5319-09 \$199

Maintenance Awareness

- Machine fundamentals and maintenance
- Basic electrical circuits and measurements
- Machine automation and control concepts

Course Number: CEU-5320-09 \$199

Once a module is complete, students are required to pass a final examination and upon completion of all four modules, the Certified Production Technician Credential will be awarded.

It is the student's responsibility to schedule examinations. Call the Assessment Center at least 1 week prior to the desired testing date at 815-224-0542.

Classes Begin September 12th and are open for enrollment throughout the semester.

Select your start date and work at your own pace!

*Students must provide a valid email address at the time of registration. All communication by IVCC and MSSC will be done via email. See page 36 for registration details.

Call 815-224-0280 for additional questions or assistance with registration.

For more information about Manufacturing Skills Standards Council (MSSC) and the Certified Production Technician (CPT) Credential go to msscusa.org.

Endorsed by these local employers as a preferred credential for employment:

Allegion/ LCN

American Nickeloid Co.

The Black Bros. Co.

Carus Corporation

Eakas Corporation

Hart Electric

HCC, Inc.

Inman Electric Motors

James Hardie

Maze Nails

MBL (USA) Corp.

Plymouth Tube Co. USA

SABIC Innovative Plastics

Transco Products

Vactor Manufacturing, Inc.

Zip-Pak

Teachers



Educator's Fundamentals Series

Whether you're a new teacher or seasoned veteran, these fundamental courses will help you gain control of your classroom and more effectively teach all learner types. Register for all three classes in the complete bundle to receive a discount and earn 72 PD hours!

■ Solving Classroom Discipline Problems I

Why do some teachers enjoy peaceful, orderly classrooms while others face daily discipline battles? The answer is that some teachers know the secrets to solving discipline problems. This course reveals those secrets and presents a step-by-step approach to effective, positive classroom discipline.

■ Solving Classroom Discipline Problems II

In this professional development course, you will get the teacher training you need to deal effectively with serious discipline problems and help even the most challenging students you're teaching make more responsible choices. Discover how to use a new research-based six-step approach to solve severe and chronic discipline problems, including bullying, fighting, using abusive language, stealing and refusing to work.

■ Teaching Students with ADHD

Children with attention deficit hyperactivity disorder (ADHD) are always hearing things like "Try harder," "Pay attention," and "Sit still." And they'd love to do these things; but they don't know how. In this course, discover practical ways to help children with ADHD control their behavior and succeed in school.

Visit ed2go.com/ivcc to register.

Teaching PD Hours Take it Online!

ed2go.com/ivcc

Earn PD's that are Convenient, Affordable, and Effective!

Take IVCC ed2go online courses anywhere and when it's most convenient for you! Classes are 6 weeks long and 24 contact hours.

New classes begin monthly.

Complete course descriptions, syllabus and demos available at ed2go.com/ivcc

For detailed information on how to get started and register see pg. 35.

Empowering Students with Disabilities
CPD-2211 \$99

Teaching Students with Autism: Strategies for Success
CPD-2209 \$99

Spanish in the Classroom
CPD-2305 \$99

Common Core Standards for English Language Arts K-5
CPD-2317 \$99

Get Grants!
CPD-2301 \$99

Differentiated Instruction in the Classroom
CPD-2204 \$99

Using the Internet in the Classroom
CPD-2102 \$99

Enhancing Language Development in Childhood
CPD-2408 \$99

Teaching Students with Learning Disabilities
CPD-2217 \$99

Many more to choose from!
Additional class offerings and topics of concentration are listed on the website.

Food Service Sanitation

IVCC Ottawa Center

These classes are at the IVCC Ottawa Campus.

Take it in Ottawa - IVCC Ottawa Center [321 W. Main Street, Ottawa]

Mon/Thu Sara Smith	5-7:30 p.m. Rm 103, Ottawa Center	Aug 15-25 CEU-1503-638	4 Sessions \$119
Mon/Thu Sara Smith	5-7:30 p.m. Rm 103, Ottawa Center	Sep 26-Oct 6 CEU-1503-639	4 Sessions \$119
Mon/Thu Sara Smith	5-7:30 p.m. Rm 103, Ottawa Center	Nov 7-17 CEU-1503-641	4 Sessions \$119

■ Food Service Sanitation [8 Hr. Class]

Applied Food Service Sanitation is designed to assist the manager or potential manager applying sanitation principles in the operation of a food service establishment. Students will learn to identify the causes of food-borne illness, identify and apply correct procedures for cleaning and sanitizing, recognize problems and potential solutions associated with facility, equipment and layout. The Illinois code related to food service establishments will be discussed. During the last session students will take the ServSafe Protection Food Manager Certification exam.

This class is required in Illinois for food service manager certification and is approved by the Illinois Department of Public Health (IDPH). Upon successful completion of the exam, students will submit their Food Service Sanitation Manager Certification Program Request Form and \$35 fee payable to the IDPH. Food Service Sanitation Manager licenses are valid for five years.

A textbook is required for this class: ServSafe Manager, 6th Edition. The textbook is available at the IVCC Bookstore located at the main campus in Oglesby or can be purchased in advance online at ivccbookstore.com. It is recommended that students purchase the book in advance and begin review prior to the start of class due to the fast paced nature of the class.

Take it at the IVCC Main Campus Oglesby [815 N. Orlando Smith Road, Oglesby]

Mon/Wed Aug 8 Aug 10 Ida Boyle-Bruch	Aug 8 & 10 8 a.m.-3 p.m. 9 a.m.-12 p.m. CTC-123, IVCC	CEU-1503-08	2 Sessions \$119
Tue/Wed/Fri Sep 6, 7 Sep 9 Ida Boyle-Bruch	Sep 6-9 8 a.m.-12 p.m. 8-10 a.m. CTC-123, IVCC	CEU-1503-09	3 Sessions \$119
Mon/Tue/Thu Oct 3, 4 Oct 6 Ida Boyle-Bruch	Oct 3-6 8 a.m.-12 p.m. 8-10 a.m. CTC-123, IVCC	CEU-1503-10	3 Sessions \$119
Mon/Wed/Fri Oct 31, Nov 2 Nov 4 Ida Boyle-Bruch	Oct 31-Nov 4 8 a.m.-12 p.m. 8-10 a.m. CTC-123, IVCC	CEU-1503-20	3 Sessions \$119
Mon/Wed/Fri Nov 28, 30 Dec 2 Ida Boyle-Bruch	Nov 28-Dec 2 8 a.m.-12 p.m. 8-10 a.m. CTC-123, IVCC	CEU-1503-11	3 Sessions \$119

Taste of Ethnic Milwaukee



Includes: motor coach transportation, guided tour of Milwaukee, lunch at Polonez, and samples throughout the day, all tips, gratuities and snacks.

We will explore the ethnic history and culinary influence in Milwaukee including German, Irish, Polish and Italian. Begin the day on legendary Old World 3rd Street where you will receive an overview of Milwaukee's German history and have an opportunity to enjoy sausage, cheese and root beer at the Wisconsin Cheese Mart. This original German neighborhood still boasts several businesses and reminders of the old days. Next we will travel to the Historic Third Ward, which has been a hub of market activity for over a hundred years. Learn about Milwaukee's Irish history while visiting this district that is listed on the National Register of Historic Places. We will make a stop at the Milwaukee Public Market for time to explore the unique, high quality artisan and ethnic products and foods. Enjoy a generous family-style lunch at Milwaukee's last remaining Polish restaurant, Polonez, complete with cheese pierogi, mashed potatoes, sauerkraut, Polish sausage, pork cutlets and red cabbage. After lunch, embark on a driving tour of Milwaukee's beautiful lakefront. See the architectural marvel of the Milwaukee Art Museum and the North Shore Lighthouse! No visit would be complete without a stop on Brady Street, Milwaukee's Italian enclave. Stop at Peter Sciortino's Bakery for cannoli. Home of delicious fresh baked bread and Italian pastries, you will want to take some home with you. While we are in the Italian neighborhood, you can also visit Glorioso's Deli & Italian Market, celebrating 70 years of business, for more shopping and pantry stocking! We will only be counting the fun and not the calories today as we taste our way through Milwaukee! *Please wear comfortable walking shoes, we will be walking and entering/exiting the motor coach throughout the day today.*

Date: Wednesday, September 28
Time: 7 a.m.-7 p.m.
Where: IVCC Parking Lot, #4
Course: HLR-8207-409
Fee: \$129

Looking for Fall Colors



Includes: motor coach transportation to Starved Rock State Park, Spirit of Peoria Paddleboat cruise from Starved Rock to Peoria, motorcoach transportation home, all tips, gratuities and snacks.

Take a trip back in time and join the Captain and crew on Illinois' only authentic paddle wheeler, the Spirit of Peoria. Enjoy panoramic views, marvel at the fall colors, hear river stories from the boat's riverlorian, listen to tunes on the calliope and ragtime piano, sing along with the banjo player, feast on sumptuous food and just RELAX as you gain a unique perspective of life on the Illinois River. Learn about the history and ecology of the Illinois River Valley and view the wildlife as you hear the calliope ring through the valley. The Spirit has three passenger decks, with a pilot house on top. The captain steers the "floating wedding cake" with a seven foot maple wheel located in the pilot house. With a calliope and a cruising speed of 7 mph, the Spirit of Peoria travels at a leisurely pace. Enjoy a day of fun and relaxation on the Illinois River. *Course fee includes bus transportation from IVCC to the paddleboat, cruise to Peoria, continental breakfast on board the boat, buffet lunch, hors de vours, entertainment, snacks, and motorcoach transportation from Peoria to IVCC.* **Note: You may want to bring binoculars, a camera and a jacket, as it is always breezy on the river.**

Date: Tuesday, October 11
Time: 8:45 a.m.-7 p.m.
Where: IVCC Parking Lot, #4
Course: HLR-8251-410
Fee: \$139

Be the first to know!

We are working on additional tours for the holidays! Join IVCC's e-newsletter to receive up to date trip and tour information. Email: kim_koehler@ivcc.edu to be added to the list.



e-NEWSLETTER IVCC

Historic Galena



Includes: motor coach transportation, admission to the Galena Historic Museum & U.S. Grant Museum, tour of the Black Smith Shop, lunch at Fried Green Tomatoes, admission and tour of the Ulysses S. Grant home, tour of Massbach Ridge Winery, all tips, gratuities and snacks.

Enjoy the magnificent fall colors and the beauty of the rolling panoramic countryside as we travel to Galena where the charm of this 19th century historic town will transport you back to the 1850s. So much of Galena's original architecture remains that over 85% of the community is listed on the National Register of Historic Places. We will start our day with a visit to the Galena Historic Museum and the Ulysses S. Grant Museum. Part of the excitement of the museum is its setting, a beautiful Italianate mansion. Learn about the wealthy steamboat captains, prosperous merchants and Civil War heroes who helped build this boom town of the Old Northwest. The sparks will fly at our next stop! The Old Blacksmith Shop is a museum and operating shop, filled with tools and equipment from its 100 year history. The forges are still operable, blacksmiths are often on duty and items made at the local foundry are available for purchase. We will be heading to a well-known Galena restaurant, Fried Green Tomatoes, for lunch. The building was originally built in 1854 as a Leather and Finding Store and has served as a saloon, monument shop, pharmacy and antique store before housing the eatery. Enjoy a delicious Italian lunch featuring chicken parmesan and of course their signature fried green tomatoes, salad and dessert will be included! Following lunch we will tour the home of President Ulysses S. Grant. The home was presented to the Civil War hero when he returned to Galena in 1865 from the war. The home has been restored as it appeared during the post-Civil War period and the Grant Presidency. Enjoy some free time this afternoon to browse some of the shops in downtown Galena. You will feel like you have stepped back into a Victorian streetscape, complete with restored 1800s storefronts and boutiques that are filled with treasures. Before we end our day we will travel through the rolling hills of Galena-Jo Daviess County to visit Massbach Ridge Winery for a tour of the winery and have time for a visit to the tasting room. Learn the magic of how wine is born and how the grapes are cultivated to produce over 15 different distinct Massbach Ridge wines. *Please wear comfortable walking shoes, we will be walking and entering/exiting the motor coach throughout the day today.*

Date: Wednesday, October 26
Time: 7:30 a.m.-8 p.m.
Where: IVCC Parking Lot, #4
Course: HLR-8204-410
Fee: \$119

Chicago at the Holidays with Phantom of the Opera



Includes: motor coach transportation, lunch at Lawry's the Prime Rib & Steakhouse, tickets to Phantom of the Opera, free time in Chicago's Theatre District, all tips, gratuities and snacks.

Celebrate the holidays with a visit to Chicago this December. Take in the lights and sounds as holiday cheer spreads through the city streets. We will start our day with lunch at a Chicago treasure, Lawry's the Prime Rib & Steakhouse located in the heart of the Magnificent Mile. The restaurant occupies the 1890's McCormick Mansion that later became the reknowned Kungsholm Puppet Theatre. Enjoy the rich history, comfortable elegance and menu featuring your choice of the famous roasted prime rib, salmon or vegetarian lasagna. Lunch also includes the famous spinning bowl salad, sourdough bread, mashed potatoes, creamed spinach, creamed corn, Yorkshire pudding and dessert. This afternoon we will take our seats at the Cadillac Palace Theatre for the afternoon performance of Phantom of the Opera, returning to Chicago just in time for the holidays. Based on a French novel, with music by Andrew Lloyd Webber, the plot revolves around the beautiful soprano, Christine Daae, who becomes the obsession of the Phantom, a mysterious musical genius. The production boasts stunning costuming and many exciting special effects including the show's legendary chandelier. The beloved story and thrilling score – with songs like "Music of the Night," "All I Ask Of You," and "Masquerade", will be performed by a cast and orchestra of 52, making this one of the largest productions now on tour. After the show, enjoy free time to explore the theatre district on your own before we head for home. Take in the sights, sounds and best yet the flavors at the German Christkindlmarkt in Daley Plaza. Visit the glass blown ornament and cuckoo clock shops or the schnitzel and pretzel booths. Take in the traditions of the storefront windows and holiday bugles at Macy's, find a unique gift for that someone special, or find a spot to relax and just enjoy your surroundings with a cup of warm Glühwein or hot chocolate as we experience the cheer of the season.

Date: Thursday, December 15
Time: 10 a.m.-7 p.m.
Where: IVCC Parking Lot, #4
Course: HLR-8223-412
Fee: \$149

Looking for the perfect gift? Give the Gift of LIFELONG LEARNING!



Would you like to inspire someone to develop their best qualities, or to just have a little fun? From the curious beginner to the passionate expert, we offer a wide array of experiences sure to delight anyone. Engaging in a lifelong learning class creates an opportunity to meet others with a similar interest, unleash the inner artist, get healthy physically and mentally or even help someone advance in their career with computer or professional development classes.

IVCC Continuing Education gift certificates are available in any amount and can be used towards any classes, trips or tours listed in the Continuing Education catalog.

**Call (815) 224-0427 to order a certificate
for that special someone!**



Jewelry

■ Basic Jewelry 101

Do you love jewelry? Learn how to make beautiful custom made pieces for all occasions. In this class you will learn the basics of bead stringing, crimping, attaching clasps and earring hooks and finishing your designs using the correct tools. Save money by making your own gifts. Learn where to buy supplies and build on your knowledge of materials used to make beautiful but simple jewelry pieces that you will want to wear every day. **Please bring a pair of chain nose pliers. There is a \$20 material fee payable to the instructor on the night of class.**

Mon	5-9 p.m.	Oct 17	1 Session
Kari	B-101, IVCC	HLR-2705-310	\$35
Matuszewski	Art Room		

■ Re-Purposed Jewelry

Have a bunch of broken bits and pieces of costume jewelry that you love but cannot bear to part with? Have coins, small trinkets, or beads and buttons that you want to make into something, but do not know where to start? Then this is the class for you! Students will learn how to turn their old jewelry box "destash" into a unique piece of jewelry. Class includes instruction and use of tools. Chains, jump rings, clasps and more will be provided. **Please bring your broken jewelry pieces, jewelry odds/ends, coins, beads, buttons or other items you would like to use in your finished piece and a pair of chain nose pliers. A \$15 material fee is payable to the instructor on the night of class.** "Destash" is the fine art of cleaning out the jewelry odds and ends, supplies and broken pieces that have accumulated over the years.

Mon	5-9 p.m.	Nov 7	1 Session
Kari	B-101, IVCC	HLR-2749-311	\$35
Matuszewski	Art Room		

■ Vintage Jewelry Tree

NEW Create a holiday focal piece to accent your home. Use vintage or re-purposed jewelry to create a framed jewelry tree for the holidays. This is a great way to showcase grandma's unique jewelry or re-purpose found or broken pieces. Each student needs to bring 10-12 brooches to class to complete their project. It is recommended to visit second hand and resale stores to find unique items or bring pieces from home that have sentimental value. Students are also encouraged to bring beads, pearls, buttons, sequins or rhinestones from old or broken jewelry. The remainder of the project will be filled in with jewels, beads and buttons provided by the instructor. **There is a \$20 material fee payable to the instructor on the night of class.**

Mon	5-9 p.m.	Dec 5	1 Session
Kari	B-101, IVCC	HLR-2774-312	\$35
Matuszewski	Art Room		

Music & Dance

■ IVCC Jazz Ensemble

Have you ever wanted to participate in a jazz ensemble? This course provides a study of style and techniques in the jazz idiom. The course is open to all wind instrument players as well as piano, guitar, bass and drum set players. Students will also participate in public performances during the semester. **Prerequisite:** Performance ability on a wind instrument, piano, guitar or trap drum. The college owns a piano; students playing wind, guitar or drums must own their own instrument. Late enrollments accepted.

Tue 6:30-9 p.m. Aug 23-Dec 13 17 Sessions
 Brandon D-223, IVCC HLR-5116-308 \$25
 Czubachowski

■ Wedding Reception Survival

Tired of making small talk at the table while everyone else is having fun on the dance floor? Learn to survive most social occasions by mastering the reception basics: Electric Slide, Cha Cha Slide, Swing, Waltz as well as some great slow dance moves. ***Please sign up with a dance partner and both persons must register.**

Tue 7-8:15 p.m. Sep 13-Oct 18 6 Sessions
 Jane & Small Gym, HLR-5108-409 \$56
 Rodney Schomas Oglesby Lincoln School

■ Cha Cha Intensive

The first of the Latin basics in Ballroom Dance, Cha Cha is the stepping stone to add a little Latin flair to your dance repertoire.

This will be a basic class, working on footwork and some nice turns. ***Please sign up with a dance partner and both persons must register.**

Tue 8:15-9:30 p.m. Sep 13-Oct 18 6 Sessions
 Jane & Small Gym, HLR-5119-409 \$56
 Rodney Schomas Oglesby Lincoln School

■ Latin Rhythms

If you are planning a trip, a cruise or just want to have fun... this class will help you accomplish your goals. Latin Rhythms will focus on Merengue, Salsa and Bachata. These basics will get you moving. ***Please sign up with a dance partner and both persons must register.**

No Class: Nov 8.
 Tue 7-8:15 p.m. Oct 25-Dec 13 7 Sessions
 Jane & Small Gym, HLR-5122-410 \$65
 Rodney Schomas Oglesby Lincoln School

■ Beginners 2 Swing

This class offering will take you up a notch from the introductory Beginning Swing level. Beginners 2 Swing is designed for those that are not quite ready for the advanced class. **Pre-requisite: Students must have completed a Beginning Swing Dance class in the past year.** ***Please sign up with a dance partner and both persons must register.**

No Class: Nov 8.
 Tue 8:15-9:30 p.m. Oct 25-Dec 13 7 Sessions
 Jane & Small Gym, HLR-5123-410 \$65
 Rodney Schomas Oglesby Lincoln School

n Beginning Swing Dance

Big band, rock, oldies or country? No matter what kind of music you like you can dance swing to it. Learn the moves to take you a step ahead. You'll learn basic patterns, turns and some fancy footwork too. Look like Fred & Ginger on the dance floor, not Fred & Ethel! ***Please sign up with a dance partner and both persons must register.**

No class: Nov 24.
 Thu 7-8:15 p.m. Oct 27-Dec 15 7 Sessions
 Jane & Small Gym, HLR-5102-410 \$65
 Rodney Schomas Oglesby Lincoln School

n Advanced Swing Dance

Now that you have the 6-count mastered, let's take on some fancier footwork! Learn some of the more intricate parts of swing dance including turns, advanced footwork, the Lindy Hop and Charleston moves. ***Please sign up with a dance partner and both persons must register.** *No class: Nov 24.*

Thu 8:15-9:30 p.m. Oct 27-Dec 15 7 Sessions
 Jane & Small Gym, HLR-5103-410 \$65
 Rodney Schomas Oglesby Lincoln School

Creative Arts

■ Learn to Crochet

Crocheting is popular in creating unique, one-of-a-kind projects from crocheted wire jewelry to afghans, sweaters and more. In this class you will learn how to chain stitch, slip stitch, single crochet, double crochet and half double crochet and how to read a pattern. At the end of this class you will have a firm foundation upon which to build. This class is also for students looking to refresh their skills. **There is a \$10 material fee payable to the instructor on the night of class.**

Thu	6-9 p.m.	Sep 22-Oct 6	3 Sessions
Jane Vogt	C-326, IVCC	HLR-2769-309	\$59

■ Crochet [Level II]

Take your crochet skills to the next level. Learn broomstick lace, entrelac, tapestry, Tunisian and filet crochet techniques. Students should have taken "Learn to Crochet" or have experience with crochet prior to taking this class. **A list of supplies will be sent to the student prior to the start of class.**

Thu	6-9 p.m.	Nov 3-17	3 Sessions
Jane Vogt	C-326, IVCC	HLR-2770-311	\$59

U Learn to Knit

Knitting is now popular among all ages for creating unique, one-of-a-kind projects. From basic scarves and pot holders to colorful socks and intricate lace shawls, knitting is being seen everywhere and done by almost everyone. Learn how to cast on, knit, purl, bind off, increase, decrease, garter stitch, stockinette stitch, ribbing, seed stitch and most important of all, how to read a pattern. At the end of this class, you will have a firm foundation upon which to build. *This class is also for students looking to refresh their skills.* **There is a \$10 material fee payable to the instructor on the night of class.**

Thu	6-9 p.m.	Oct 13-27	3 Sessions
Jane Vogt	Rm 101, Ottawa Center	HLR-2712-630	\$59

U Knitting [Level II]

Continue your handmade journey. Learn intarsia, 3-needle, cables and i-chord techniques. Students should have taken "Learn to Knit" or have experience with knitting prior to taking this class. **A list of supplies will be sent to the student prior to the start of class.**

Mon	6-9 p.m.	Nov 21-Dec 5	3 Sessions
Jane Vogt	Rm 101, Ottawa Center	HLR-2713-631	\$59

■ Garden Stepping Stone: Mosaic I

Discover the art of mosaics as you complete a beautiful stepping stone for your garden. For beginners, you'll learn the basic techniques to make a stone that will weather and decorate your garden. This is a first step to mosaics and once you complete this piece you will see endless possibilities to be transformed by mosaics. **Please bring a \$16 material fee to the first class. Registration deadline: Sep 12.**

Mon/Wed	6-8 p.m.	Sep 19-28	4 Sessions
JoEllen Fiorentini	B-101, IVCC Art Room	HLR-2742-309	\$59

■ Garden Mosaic II: You Pick the Project

Advance your mosaic skills. This class is for students who have taken the Garden Mosaics I: Garden Stepping Stone class. The techniques learned in the first class will be applied to a mosaic project of your choice. The student must supply their own project piece (ie. birdhouse, fairy house, bowling ball or pin, flower pot, etc.) with prior arrangements discussed with your instructor one week prior to the start of class. Students will also be able to design and supply pieces of tesserae for their mosaic project. **Please bring a \$12 material fee to the first class. Registration deadline: Sep 12.**

Mon/Wed	6-9 p.m.	Sep 19-Oct 5	6 Sessions
JoEllen Fiorentini	B-101, IVCC Art Room	HLR-2767-309	\$92



U Beginning Quilting

Learn the basics in creating your own original lap top to twin size quilt on a regular sewing machine. This class works for memory fabrics from loved ones, repurposed fabrics, as well as purchased fabrics. Learn about fabric selection, how machine piecing differs from regular sewing, how to baste a quilt and more. Have fun while learning a new skill!! No experience is required. **Students will bring their sewing machine and basic sewing kit to class. A walking foot is helpful, but not required. Easy access to the classroom. Class meets: Sep 24, Oct 15, & 29.**

Sat	9 a.m.-1 p.m.	Sep 24-Oct 29	3 Sessions
Vickie Alsene	Rm 103, Ottawa Center	HLR-2204-609	\$46



Meet Your Instructor: Vickie Alsene taught family and consumer science at Ottawa High School for 42 years before recently retiring. She has taught quilting and sewing for 35 years and is a member of the Illinois Valley Quilters Guild, Bloomington-Normal Modern Quilt Guild and the Professional Art Quilters Association.

U Modern Quilting

NEW See what is new and fresh in the quilting world. Create a modern wall hanging by following liberated modern guidelines, which includes machine quilting with a walking foot. Discuss ideas for designs, edges, binding and thread choices. Some sewing/quilting experience is helpful. **Students will bring their sewing machine, basic sewing kit and walking foot to class. Easy access to the classroom. Class meets: Nov 5 & Dec 3.**

Sat	9 a.m.-1 p.m.	Nov 5-Dec 3	2 Sessions
Vickie Alsene	Rm 103, Ottawa Center	HLR-2204-611	\$35

■ Portrait Painting for Beginners

NEW Learn to become comfortable with acrylic paint and brush techniques while also acquiring the skills it takes to paint portraits both from life and photos. We will start by learning the basics of paint application, sight measuring and gridding techniques. Concepts of color theory, photo realism and human proportions will be applied. This is a great class for beginners, anyone looking to brush up on painting techniques and those looking to go further into painting portraits. **A supply list will be mailed to students prior to the start of class.**

Tue	6-9 p.m.	Sep 27-Nov 8	7 Sessions
Addy Sorce	B-101, IVCC Art Room	HLR-1112-309	\$99

■ Beginning Metal Art

NEW Create your very own metal art. From garden signs or flowers to distinctive family nameplates, you can use your imagination to dazzle your friends with one of a kind metal crafted art. Create your own design or customize one of our pre-designed plans. The computer generated design will be used to operate a Plasma-Cam metal fabricating machine to cut out your project. Put on the finishing touches by metal forming or grinding to complete your project. *Students will need to dress in long pants, no loose clothing and sturdy shoes.* **A material fee of \$10-\$15 is payable to the instructor the day of class, depending on your final design. Class will start in the computer lab in the CTC building on main campus and will conclude at Building J on east campus.**

Sat	9 a.m.-1 p.m.	Oct 1	1 Session
Dorene Data	CTC-119, IVCC	HLR-2775-10	\$49

Heirloom Woodworking

■ Windsor Stool

Construct a Windsor type stool using hand and power tools. Learn to turn legs on the lathe and fabricate the seat from a solid piece of wood. Finishing techniques will be discussed; including old-fashioned milk paint and new polyurethane finishes. Expect to work hard and leave with a beautiful heirloom. This is a beginning level woodworking project, but some woodworking experience is helpful. This class may lead to additional furniture offerings. Please bring a sack lunch that does not require refrigeration. Wear clothing appropriate for woodworking. **There is a \$60 material fee payable to the instructor at class. Studio address will be sent to students in advance of class. Registration deadline: one week before start of class.** *Jim Coonan first learned chair making from Dana Hathaway at the John C. Campbell Folk School. Jim also studied under Joe Graham. He went on to teach woodworking at the John C. Campbell Folk Art School for 13 years. Since 1996, he has made close to 70 chairs and has taught over 300 students.*

Sat/Sun Jim Coonan	8 a.m.-5 p.m. Ransom, IL	Oct 15-16 HLR-2305-410	2 Sessions \$189
Mon/Tue Jim Coonan	8 a.m.-5 p.m. Ransom, IL	Nov 14-15 HLR-2305-411	2 Sessions \$189

Sat/Sun Jim Coonan	8 a.m.-5 p.m. Ransom, IL	Dec 3-4 HLR-2305-412	2 Sessions \$189
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U Coopering

A cooper is best known as a barrel maker, but the local 19th century cooper made household items like buckets, tubs, butter churns and other containers made of staves and hoops. This class will teach you the same hand woodworking skills as the coopers of the old world and revolutionary America. The students will learn and do all the steps of making a cedar bucket and go home with a completed bucket. No prior woodworking is necessary but it will be helpful. **Please bring a sack lunch that does not require refrigeration for classes meeting on Saturdays. Wear clothing appropriate for woodworking. There is a \$10 material fee payable to the instructor at class. Studio address will be sent to students in advance of class.**

Registration deadline: Oct 11.

Tue Arnold Bandstra	8:30 a.m.-4:30 p.m. Ottawa, IL	Oct 18-25 HLR-2306-410	2 Sessions \$179
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U Cabinet & Furniture Joinery Workshop

Learn all the joinery for building cabinets and furniture. Machinery, hand tools and routers will be used to learn how to make a variety of joints, such as, mortise and tendon, dowels, dovetails, biscuits, pocket screws and others. There will be time to ask questions and get answers to improve your woodworking skills. You will be able to make a wide range of projects in your own shop. Participants should be familiar with the use of the typical power tools of a woodworking shop. **Please bring a sack lunch that does not need refrigeration. Wear clothing appropriate for woodworking. Studio address will be sent to students in advance of the class. Registration deadline: Nov 29.**

Tue Arnold Bandstra	8:30 a.m.-4:30 p.m. Ottawa, IL	Dec 6 HLR-2309-412	1 Session \$179
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Preview of Spring Classes

Registration for the classes listed below opens on November 3.

■ Coopering

Thu & Sat Arnold Bandstra	Thu: 6-9 p.m. Ottawa, IL	Jan 26 & Feb 2 HLR-2306-401	4 Sessions \$179
Sat: 8:30 a.m.-1 p.m.		Jan 28 & Feb 4	

■ Shaving Horse

The shaving horse is a basic "workbench" for shaping wood with a draw knife or spoke shave. There are various styles and variations that are seen in illustrations of the 15th and 16th century. Students in this class will make the German/Swiss dumbhead style (German schnitzelbank). This design is adjustable to fit the individual woodworker. Shaving horses were used by various tradesmen including coopers, bodgers (chair makers) and bowyers (hunting bow makers). Today, it is a useful tool for the modern woodworker to work on pieces that otherwise are awkward to position in a vice. **Woodworkers who have taken or will take a coopering or Windsor chair class will want to make their own shaving horse. There is a \$20 material fee payable to the instructor at class. Studio address will be sent to students in advance of class. Registration deadline: Feb 15.**

Tue Arnold Bandstra	8:30 a.m.-4:30 p.m. Ottawa, IL	Feb 21-28 HLR-2307-402	2 Sessions \$179
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Renewable Energy

■ Small Wind Generators

Energy Independence Through Wind Power

Have you ever wondered if you could save money on electricity by installing a small wind generator at your home? Learn what wind energy is, how it works and what it can do for you. In addition, Dr. Vogl will discuss components of wind generators, tower height, how to choose a site for the tower, as well as current legislation and zoning of wind towers. Bring one of your electric bills, a notepad and a calculator to determine the savings on a typical month's performance of a wind tower versus your current source of electricity.

Sat	9:30-11:30 a.m.	Oct 8	1 Session
Robert Vogl	CTC-215, IVCC	HLR-5521-10	\$35

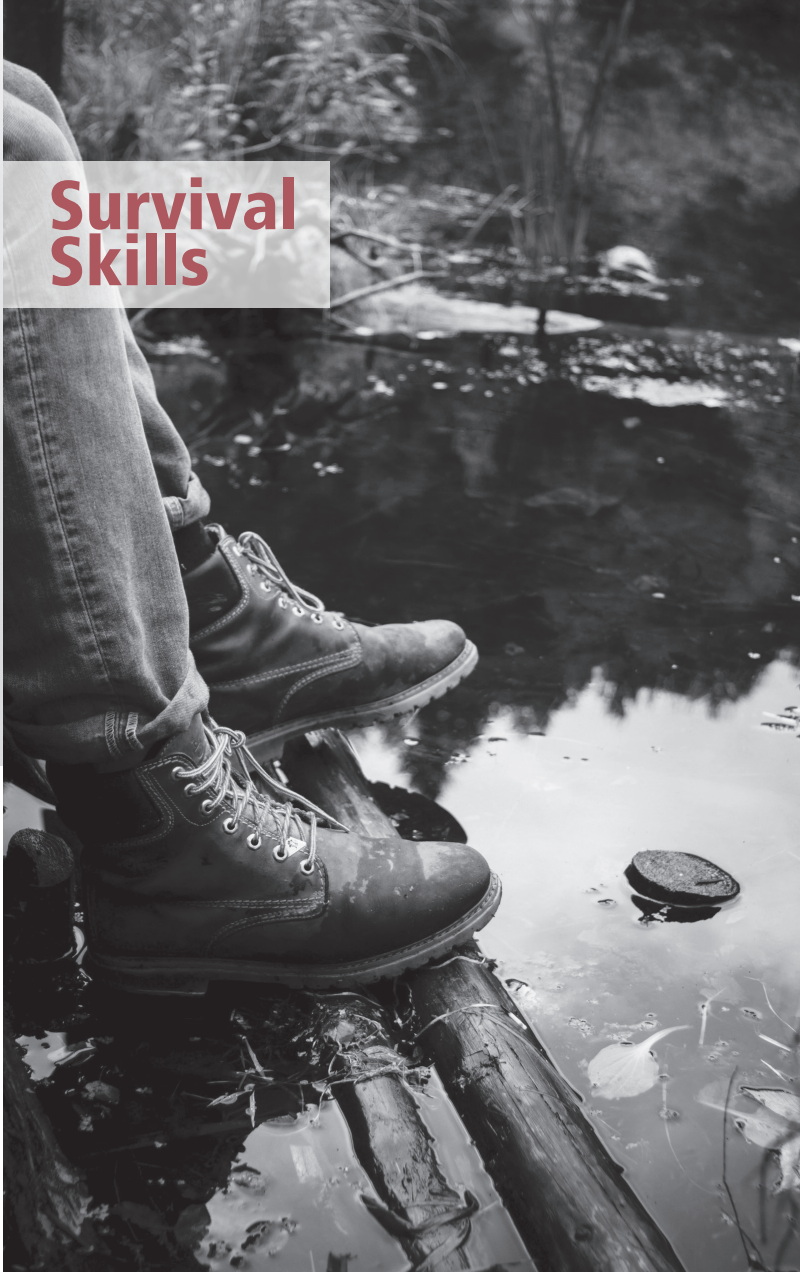
■ Basics of Solar Electricity

Energy Independence Through Wind Power

Due to the growing demand for clean sources of energy, the use of solar cells to convert sunlight into electricity has expanded dramatically in recent years. Learn the basics of photovoltaics, also known as solar energy. Dr. Vogl will explain what it is, how it works and the advantages of a solar system. The cost of installation of a PV system as well as sources of financial assistance will also be discussed. If you are thinking about using the sun's energy as a source of electricity in your home, this class is a great place to get started.

Sat	9:30-11:30 a.m.	Oct 22	1 Session
Robert Vogl	CTC-215, IVCC	HLR-5522-10	\$35

Meet Your Instructors: Drs. Robert and Sonia Vogl, both retired professors from Northern Illinois University, have presented programs on alternative energy and solar electricity in over a dozen countries. They have installed a 3.2 kilowatt grid-connected photovoltaic system and a one kilowatt wind generator which provides 70% of their home electrical power. They are active in preserving natural areas and have dedicated 60 acres of their 180 acre home farm to prairie and woodland restoration projects. Robert and Sonia are founders and officers of the Illinois Renewable Energy.



Survival Skills

■ Native Survival

It is nothing short of amazing how native people survived easily and comfortably from what they gathered and made with their own two hands and skill in the wild, without modern technology or conveniences. You have never made a fire unless you have crafted a bow drill set using only your knife and ingenuity; and busted out your first coal through skill and effort alone. Learn how to make rope naturally, hunt small game with throwing sticks, what plants you can eat and how to make tea and medicine in the wild. View and participate in hands-on demonstrations of skills you can re-create at home such as a trap and snare, friction fire and native cooking. **Please dress appropriately for outdoor weather conditions. Students should bring a knife with a fixed 3" blade. You may also want to bring note-taking materials, camera, lunch, snacks and water. Class is limited to 10 students; must be 18 years of age.**

Sat	10 a.m.-4 p.m.	Sep 24	1 Session
Jason Thompson	G-103, IVCC Gym Building	HLR-5313-09	\$49

Personal Technology

One-on-One Sessions

NEW These customized two-hour classes provide individual tutoring with an instructor skilled in all aspects of creating a website, document formatting and basic iPad usage. The training can be tailored to fit your own specific needs. You may register and attend this class at any time throughout the school term. Upon completion of the registration and payment process, the instructor will be notified to contact you (usually via email) to determine an agreeable appointment date and time. Therefore, it is extremely important to make sure you have entered current phone and email contact information. All classes meet at IVCC's main campus. You must give at least 24 hours' notice to change or cancel your appointment.

■ Create Your Own Website

Own your own business and looking to establish your first website? Interested in reaching the masses by creating a personal blog? In this day and age of social media, it is all about creating an enormous presence for all to see. This can be accomplished by creating your own website using free, cloud-based development platforms, such as Wix or Weebly. Learn how easy it is to "drag and drop" elements into the template, add graphics and customize your site to be blog, site or e-commerce ready. *Initial account set-up is free and you will discuss with the instructor which website is best for you!*

Course Number: CEX-4625-09 \$139

■ Document Formatting

It never fails...you are up against a deadline, you make some tweaks to your margins and then suddenly your Word document layout goes crazy! Putting a professional document together can be tough and if you are not familiar with some of the short cuts offered through MS Word, completing the task can get very frustrating! This session will help you take your written document to the final stages of completion. *Microsoft Word will be used when formatting, but if you are looking for help with another type Office application or software, let us know and we will try and accommodate. This class is for layout purposes only, content must be provided.*

Course Number: CEX-1218-09 \$139

■ Learn to Use Your iPad

This popular beginner's class is back! Navigate your way through the built in features including photos, calendar and video. Learn what an app is and how to get them. You will also learn how to organize and customize your device to suit your lifestyle. *This class is for iPad users only. No other tablets or Apple devices will be covered.*

Course Number: CEX-1207-09 \$139

Please contact Jennifer Sowers at 815-224-0280 before registering for any of the above classes in order to guarantee they meet your expectations and needs.



■ Get on Track with Your Mac

NEW See full description on pg. 11.
 Wed 6-9 p.m. Oct 5-26 4 Sessions
 Amy Weber D-104, IVCC CEX-4412-310 \$99

■ How to Use Windows 10

See full description on pg. 11.
 Tue 6-9 p.m. Nov 8-Nov 29 4 Sessions
 Doreen Balzarini A-331, IVCC CEX-4411-311 \$99

■ Introduction to Google Analytics [Online Class]

Google Analytics is a freemium web service offered by Google that tracks and reports website traffic. By utilizing this service, you will see how you can track not just the traffic to all of your online content, but also determine which content is the most appealing, where your visitors came from, what devices they used, how long they stayed, which links they clicked and where they went when they left. The course guides you step by step, report by report, through the major parts of the interface. From setting up your account, to getting the all-important code you will need to add to your website's pages to begin tracking your visitors, learn everything you need to know through the data that Google Analytics provides. See page 35 for registration information.

Course Fee: \$99

■ Creating Mobile Apps with HTML5 [Online Class]

Do you want to make mobile apps that run on iPhone and iPad, as well as on Android, Blackberry and Windows Phone? Sure you do! Do you want to learn five different programming languages? Of course you don't! Fortunately, you're about to discover a better way to build apps. In this course, you will learn how to imagine, design, build and optimize a cross-platform mobile app using the very latest HTML5 standards. The result will be a mobile app that's fast and runs on just about any smartphone or tablet computer. You will also learn some of the most sought-after skills in Web and mobile development. See page 35 for registration information.

Course Fee: \$99

Photography

■ Intro to Photography & DSLR

This course will answer questions about the basic operation and settings used with DSLR cameras. Basic photography concepts and camera settings will be discussed. A variety of topics introducing the student to the foundational building blocks of digital imaging will be presented. By the end of this class students will have a basic understanding of camera functions, lenses, accessories and an overview of topics related to imagery. **Students should bring a digital SLR camera, lens, memory card and camera manual to class.**

Tue	6-9 p.m.	Sep 6-27	4 Sessions
Doug Dellinger	E-320, IVCC	HLR-2505-309	\$99

■ Beginning Photography & DSLR

This course will delve into more in depth concepts of digital imaging with a digital SLR camera. Achieving proper exposure and color balance will be stressed. The use of both reflected and incident light meters and their differences. An introduction to composition and an overview of the different types of photography and their differences will also be included. At the end of this class you will have the confidence to capture great images in a variety of situations. **Students should bring a digital SLR camera, lens, memory card and camera manual to class. Pre-requisite: Intro to Photography & DSLR.**

Tue	6-9 p.m.	Oct 11-Nov 1	4 Sessions
Doug Dellinger	E-320, IVCC	HLR-2506-310	\$99

■ Intermediate Photography & Lighting

This course will expand on exposure topics to cover challenging lighting situations and using supplemental lighting. Use of LED, incandescent and flash lighting will be discussed and the use of flash will be stressed. Types of flash, metering, triggering and light modifiers will be explored. **Students will have hands on experience using these lights. Students should bring a digital SLR camera, lens, memory card and camera manual to class. Pre-requisite: Beginning Photography & DSLR.**

Tue	6-9 p.m.	Nov 15-Dec 6	4 Sessions
Doug Dellinger	E-320, IVCC	HLR-2507-311	\$99

■ Introduction to Photoshop CC [Online Class]

Photoshop is the world's most popular photo-editing program. Artists, photographers, designers and hobbyists all rely on Adobe Photoshop for image creation and editing. Discover the fastest and most effective ways to use Photoshop from an expert and former columnist for Photoshop User magazine. Learn how to use Photoshop while accessing it from the Creative Cloud (CC). The course provides detailed, step-by-step instructions that you'll have no trouble following, even if you've never used a computer graphics program before! And you'll have a lot of fun doing it.

See page 35 for registration information.

Course Fee: \$99

Additional online photography software classes available including: Photoshop CS5 & CS6, Photoshop Elements and Lightroom.

Visit ed2go/ivcc.com for more information.

■ 30 Minute Meals II [All New Recipes]

NEW Chef Sara Fitzpatrick will teach a second installment of her popular 30 Minute Meals class with all new recipes! Time is a precious commodity with the hectic pace of life. Sometimes our food choices suffer the consequences. Now they don't have to! Learn time saving tips for tasty meals that take no time at all and the whole family can enjoy. Learn to make Prosciutto and Portabella Pasta with Asparagus and other favorite recipes that will take half the time. Quick meals do not have to be boring! **There is a \$20 material fee payable to the instructor the night of class.**

Tue	6-9 p.m.	Sep 13	1 Session
Sara Fitzpatrick	CTC-123, IVCC	HLR-3509-309	\$34

■ Cast Iron Cookery

Cast iron cookware is arguably the most versatile piece of cookware you will ever find. It performs on the stove top, in the oven, over coals, or even on top of a grill. From frying, sautéing, searing, to baking – it's truly the Swiss Army knife of the kitchen. Join Chef Tim for an evening of education and fun as we journey through the world of cast iron cooking. We will discuss different varieties of cast iron cookware available, how to properly season cast iron, how to correctly care for cast iron and some awesome recipes for cooking. Some of our recipes will include: honey cornbread, Louisiana style blackened fish, Steak Diane, Chef Tim's black and blue eyed cobbler and one or two more great cast iron recipes. **There is a \$20 material fee payable to the instructor the night of class.**

Wed	6-9 p.m.	Sep 21	1 Session
Tim Freed	CTC-123, IVCC	HLR-3706-309	\$34

■ New England Cuisine

New England is home of chowder and some of the best seaports in the world. Using classic regional ingredients, we will explore traditional New England staples such as clam chowder, oysters on the half shell, lobster rolls and more. **There is a \$30 material fee payable to the instructor the night of class.**

Wed	6-9 p.m.	Oct 5	1 Session
Tim Freed	CTC-123, IVCC	HLR-3924-310	\$34

■ Cooking with Ancient Grains

NEW Ancient grains provide flavor, texture and rustic elegance for food lovers and the health-conscious. Old World staples such as quinoa move to the forefront of everyday cooking in this class. Because of their sheer variety, health value and versatility, whole grains can provide nutritionally rounded and exciting meals. Discover how satisfying, flavorful and sophisticated whole grains can be. See why these super foods are so special and a great whole food alternative. **There is a \$20 material fee payable to the instructor the night of class.**

Tue	6-9 p.m.	Oct 11	1 Session
Sara Fitzpatrick	CTC-123, IVCC	HLR-3516-310	\$34

■ Cooking with Illinois Craft Beer

NEW Examine beer as a culinary ingredient. While the history of beer stretches back to the Middle Ages, beer as a cooking ingredient is a relatively new idea in culinary history. During this class we will focus on craft beer brewed in Illinois! We will examine different types of beer, their basic flavor profiles and how we can best utilize those flavors with food. We will also discuss how to pair beer with food. **There is a \$20 material fee payable to the instructor at class.**

Wed	6-9 p.m.	Oct 19	1 Session
Tim Freed	CTC-123, IVCC	HLR-3427-310	\$34

■ The Art of Making Pie

NEW Making homemade pie is easier than you think it is! From start to finish, instructor Cathy Lafrenz will teach you her tips and tricks to creating fabulous pies! First, you will learn how to prepare and can your own pie filling to store on the shelf. Then it is time for pie crusts... we will be making several different crusts including a whole wheat crust and butter crust. Finally, let's put it all together for a tasty afternoon treat. Ice cream included! **Please bring a sack lunch and a \$5 material fee payable to the instructor the day of class.**

Sat	9 a.m.-3 p.m.	Nov 5	1 Session
Cathy Lafrenz	CTC-123, IVCC	HLR-3209-11	\$49

■ A German Christmas

Back by popular demand! Join Chef Tim for a German Christmas! We will take a look at traditions, food and history of Christmas in Germany. We will sample some of Germany's traditional Christmas foods. Froliche Weihnachten! **There is a \$25 material fee payable to the instructor at class.**

Wed	6-9 p.m.	Dec 7	1 Session
Tim Freed	CTC-123, IVCC	HLR-3922-312	\$34

Explore Old Country Italian with Dee [Malavolti] Biagi

■ Italian Sauces

NEW Learn to make authentic sauces to add to "store bought" or your home-made pastas. Sauces include: alfredo sauce, a creamy white sauce with asiago cheese melted within to give it a decadent flavor; pesto sauce, a fresh basil and olive oil flavor charmer added to other sauces or it can stand alone. Then, learn how to make marinara sauce. You will use marinara sauce in your home for side dishes, pastas and meats and is a tomato sauce that is tamed with a little milk and explodes with flavor. The sauces will be sampled with pastas and other dishes the night of class. Skip dinner at home for an authentic tour of sauces from the northern region of Italy with Dee (Malavolti) Biagi. There is a \$20 material fee payable to the instructor the night of class.

Tue	6-9 p.m.	Oct 18	1 Session
Dee Biagi	CTC-123, IVCC	HLR-3914-310	\$34

■ Tortellini: Twist, Cook, Eat & Repeat

NEW From a young girl to a married lady, Dee Biagi has been making these twisted treasures. Relatives and elder ladies of Mark, Illinois taught her how to make the authentic tortellini and tortalache. Tortellini is a meat and cheese filled pasta that is twisted to resemble a belly button. As a child we all would sit around the big dining room tables and learn how to make this "staple" pasta by the experts... our relatives from the Old Country. In this class we will learn how to make the dough and filling and how to twist them. Follow by cooking and of course eating them with Dee's "meat sauce." Skip dinner before class and plan to eat with your teacher and classmates! There is a \$20 material fee payable to the instructor the night of class.

Wed	6-9 p.m.	Nov 2	1 Session
Dee Biagi	CTC-123, IVCC	HLR-3901-311	\$34

■ Succarines: The Italian Wedding & Holiday Cookie

NEW Succarines are a small glazed biscuit cookie. They originate from the northern part of Italy and are made for weddings, holidays and given as gifts. Made properly, succarines, are delicate and are coated with a sweet, glaze frosting with the slight flavor of anise. This recipe is over 100 years old and is very complex to make, but we will make together and sample throughout the class with coffee! You will take cookies home as well. *This recipe was misplaced for years but was found when learning how to make them with Dee's dear friend, Tony Lusvardi. The recipe was from her great aunt Enis Malavolti. It is one of Dee's greatest treasures!* There is a \$15 material fee payable to the instructor the day of class.

Sat	1-5 p.m.	Dec 3	1 Session
Dee Biagi	CTC-123, IVCC	HLR-3940-12	\$34

Home Brewing

■ Introduction to Home Brewing

Learn about the art of crafting and brewing at home. Participants will be introduced to the equipment, ingredients, brew kits and the methods used in small scale brewing of extract beers. During the course of this class, you will participate in a hands-on demonstration of the equipment and materials; including initial steeping of grains, transfer to a primary fermenter and practice with bottling. At the end of this introductory class, students will be ready to brew in the comfort of their kitchen, garage or back patio. This class is taught by a beginning brewer, for beginning brewers. You will learn the basics and the "what to do/what not to do" tips to get started on your own endeavor. **Students must be age 21 or older and have valid photo identification upon arrival at class. There is a maximum of 10 students.** Meet your instructor: Randy Koehler's home brewing experience started with a birthday gift from his wife in 2014. Several batches later, including much trial and error, he is now successfully brewing small batch brew at home.

Thu	6-9 p.m.	Oct 27	1 Session
Randy Koehler	CTC-123, IVCC	HLR-3938-310	\$49

Mind, Body, & Wellness

■ Yoga Unique to You

Yoga challenges body and mind while building core power and improving stability. All levels of experience welcome. You will learn sun salutations, standing postures, seated postures and vinyasa. Emphasis will be placed on correct body alignment, holding postures, and meditative flow from one posture to the next. Coordination of breath (pranayama) and movement is also emphasized. **Please bring a yoga mat and towel to class.** *IVCC Fitness Center students will receive 1 visit per class they attend towards their Fitness Center visits. *Tracie Klieber is a Certified Personal Trainer and works at the IVCC Fitness Center. She has practiced and instructed gentle yoga, intermediate yoga and Ashtanga Yoga for 15 years.*

Tue/Thu	6:30-7:30 p.m.	Sep 13-Oct 20	12 Sessions
Tracie Klieber	CTC-121, IVCC	HLR-6218-309	\$59
Tue/Thu	4:45-5:45 p.m.	Oct 25-Dec 6	12 Sessions
Tracie Klieber	CTC-121, IVCC	HLR-6218-310	\$59

*No class: Nov 24.

■ Strength, Core & Fat Burning Cardio

This class will provide you with an opportunity to cross train twice a week by participating in two different training methods.

Strength, Cardio Core: This functional fitness class will encourage coordination skills, tone your body, zap calories and metabolize fat. You will build a strong core: abs, hips and back, to support and improve what you do every day. Come ready to sweat, have fun, and improve your health. Start at a beginner's level and gradually increase to a more advanced level as improvement is shown.

Fat Burning Cardio: Fat Burning Cardio is a HIIT (High Intensity Interval Training). Start with a warm-up then move into moderate pace cardio to harder pace cardio in intervals of 30 sec ending with a cool down stretch. Cardio has functional fitness, heart rate elevating moves. Come ready to sweat, have fun and burn calories long after class has ended.

Please bring water, a sweat towel and an exercise or yoga mat. *IVCC Fitness Center students will receive 1 visit per class they attend towards their Fitness Center visits.

Mon/Wed	4:45-5:15 p.m.	Sep12-Oct 19	12 Sessions
Tracie Klieber	CTC-121, IVCC	HLR-6212-309	\$59
Mon/Wed	4:45-5:15 p.m.	Oct 24-Dec 5	12 Sessions
Tracie Klieber	CTC-121, IVCC	HLR-6212-310	\$59

*No class: Nov 23

■ Breathing for Life

Body, breath and mind are interrelated. Breathing properly is conducive to health and well being, alleviates anxiety, improves sleep, circulation and immune system functioning and calms and relaxes the mind. This is a great opportunity for an introduction to breathing techniques used in yoga. You will learn how to breathe for life! **Bring a blanket and dress comfortably for an exploration of the mechanics and benefits of natural breathing.** *Dan Retoff has taught at Illinois Valley Community College since 1999. In addition to teaching yoga, breathing and T'ai chi classes through the Continuing Education Center, he also teaches Anatomy & Physiology I, Human Growth and Development and Human Body Structure & Function.*

Wed	6-7 p.m.	Sep 14-28	3 Sessions
Dan Retoff	CTC-125, IVCC	HLR-6108-309	\$29
Fri	10-11 a.m.	Dec 2-16	3 Sessions
Dan Retoff	Rm 105, Ottawa Center	HLR-6108-612	\$29

■ Beginning Yoga

Yoga uses gentle stretching, relaxation and breathing techniques to help you build strength, flexibility and endurance. Come away more relaxed, limber and feeling better! Yoga philosophy and its application to everyday life will be covered. **Wear comfortable, loose fitting clothes and athletic shoes and bring a towel or yoga mat.**

Wed	6-7:15 p.m.	Oct 5-Nov 16	7 Sessions
Dan Retoff	CTC-121, IVCC	HLR-6101-310	\$49

■ T'ai Chi

T'ai chi is a set of 19 slowly and gently completed movements and one pose which increases the accumulation, circulation and balancing of the life source. The movements are easy to learn and appropriate for people of all ages and physical abilities. Those who regularly practice T'ai chi experience greater energy, awareness and creativity and an improved quality of life. This class will teach you approximately one half of the movements, enough to enable the student to experience the benefits of practice. **Wear comfortable, loose fitting clothes and athletic shoes.**

Fri	10-11:15 a.m.	Sep 2-30	5 Sessions
Dan Retoff	Rm 101, Ottawa Center	HLR-6104-609	\$39
Fri	10-11:15 a.m.	Oct 7-Nov 4	5 Sessions
Dan Retoff	Rm 101, Ottawa Center	HLR-6104-610	\$39

Join IVCC's e-newsletter to receive wellness class information and about additional course offerings that may be added later this fall. Email kim_koehler@ivcc.edu to be added to the list.



■ Family Systems

NEW A Family Systems perspective looks at the importance of the individual's family history and their family of origin. This includes the interactions between and among family members; the set of rules, habits, values and beliefs within their family systems, and a set of patterns within their family of origin. Within these Family Systems, we discover who we are, how we develop and change and why we think the way we do at times. In this course, you will explore our own family of origin to gain a better understanding of the Family Systems Theory. You will create your own family genogram.

Wed 9 a.m.-3:30 p.m. Sep 28 1 Session
 Kathleen Shea C-316, IVCC HLR-7510-09 \$79

Meet Your Instructor: Kathleen Shea is a Licensed Clinical Professional Counselor (LCPC) and a Certified Alcohol and Drug Addictions Counselor (CADC). She is a member of the Illinois Counseling Association. Kathleen has been in private practice for over 20 years. Her business, Serenity On Wheels, Inc., is located in Ottawa, Illinois. Kathleen is a dedicated advocate, experienced with children, adults, adolescents and families. Her background includes a wide variety of recovery strategies including diversified healing retreats, play therapy, recovery groups, etc., which provide vehicles for progress on the path to "serenity".

■ Hearing Loss, Tinnitus, & Hearing Aids 101

If you or a loved one is experiencing signs of hearing loss you are not alone. Hearing loss affects one in three adults and is the third most common health problem in the United States. Treating hearing loss is important. If you are considering purchasing hearing aids you will find there are many choices in providers, brands, options, and styles to consider. This course is designed to help you to better understand hearing loss and to educate you on treatment options. Things to consider when purchasing hearing aids will be discussed in detail. Beth Wallace, M.S. and Elizabeth Koch, AuD are Audiologists at St. Margaret's Health ENT Clinic. They have 20 years of combined experience in Audiology.

Tue 10 a.m.-12 p.m. Oct 25 1 Session
 Beth Wallace & CTC-124, IVCC SRS-1202-10 \$10
 Elizabeth Cook

■ Aromatherapy for Health and Well-Being

Aromatherapy is required coursework in French medical schools, and essential oils are revered for their healing benefits in many countries. This workshop is a comprehensive introduction to the many applications of essential oils. Topics include: how to use, buy, and store, basic care kit, pharmacological and psychological properties, carrier oils, and everyday applications. You will have the opportunity to experience a wide variety of scents and learn the life-enhancing and healing qualities of essential oils. There is a \$5 material fee payable to the instructor the day of class.

Wed 9 a.m.-3:30 p.m. Oct 12 1 Session
 Candice Chaffee C-316, IVCC HLR-6402-10 \$79

■ Advanced Aromatherapy: The Application of Essential Oils

This course is a continuation of Aromatherapy study. It is a more in-depth exploration of essential oils and their uses. You will learn about chemical constituents and their effects, as well as the basics for mixing therapeutic, skin/personal care, and home use products. The basics of hand and foot REFLEXOLOGY will be taught as a modality for enhancing the properties of essential oils. This fun-filled workshop is experiential, and you will make and take home your own creative blends. There is a \$15 material fee payable to the instructor the day of class. Prerequisite: Aromatherapy for Health and Well Being or Aromatherapy for Health Professionals. Please bring notes from previous class for review. Also, feel free to bring your collection of essential oils.

Wed 9 a.m.-3:30 p.m. Nov 9 1 Session
 Candice Chaffee C-316, IVCC HLR-6421-11 \$79

■ Assisting Aging Parents [Online Class]

Are your parents in their golden years? Learning how to help parents or other loved ones through their transition can prepare us for our own. This compassionate and comprehensive class will give you the tools, techniques, and insights for this passage. Growing older is a part of life. Some aspects are joyful, some bittersweet, some frustrating, some frightening. Learn what to expect, what to watch for, how to deal with physical and emotional challenges and where to find resources to help. Understand the impact of retirement, learn how to choose a nursing home and be prepared to deal with death. Learn about financial and legal considerations, health issues, and family interpersonal relationships. Be introduced to special communication skills, observation methods and coping mechanisms to ease the burden for everyone involved. Learn to handle most of the challenges you will face while coming to appreciate and cherish the privilege of the journey. See page 35 for registration information.

Course Fee: \$99

■ Luscious, Low Fat, Lightening Quick Meals

[Online Class]

Have you ever wished you had a personal chef preparing luscious, low-fat meals for you? Learn how to ferret out fat in recipes and discover how to reduce fat without sacrificing flavor or texture. Explore how to use flavor profiling to expand your culinary horizons. Learn how to prepare casseroles, crock-pot dishes, vegan dishes, oven-fried foods, meat-based meals and many other entrees that are both nutritious and delicious! Discover how to get in and out of the kitchen faster, including tips for grocery shopping, menu planning, food preparation and quicker cooking. Learn a dietitian's tricks of the trade for encouraging reluctant family members to eat more healthfully. See page 35 for registration information.

Course Fee: \$99

Hobbies, Interests, & Local History

■ Learn to Play Disc Golf

Experience the growing sport of disc golf at the IVCC Disc Golf Course. This sport is appropriate for all ages. You will learn all the basics of this lifetime sport such as the drive, the approach and the putt. Learn to throw a disc, similar to a frisbee, farther than you thought possible. There are discs made to go left, right, and straight depending on the hole. Your goal is to get the disc into a big metal basket in as few shots as possible. Find out about more courses available in the local area. Discs will be provided by the instructor for use during the class. Discs are also available for purchase in the IVCC

Bookstore, ranging in price from \$6-\$13.
Thu 5-7 p.m. **Sep 15** 1 Session
Wes Black Parking Lot #4, **HLR-5309-309** \$19
 IVCC

■ How to Publish What You Write

How do you get paid for writing? Marketing and selling your work is crucial to your success. Should you get an agent to represent you? Query publishers directly? Self-publish your book? Learn what it takes to get your work published in newspapers, magazines, books and on the Internet. Learn how to market your writing effectively, how to approach publishers and how to negotiate a contract. We will discuss copyright issues and electronic publishing versus traditional publishing. *Since 1988, Deborah Niemann-Boehle has written hundreds of articles that were published in newspapers, magazines and the internet. She is the author of three traditionally published books.*

Sat 9 a.m.-12 p.m. **Sep 24** 1 Session
Deborah Rm 104, **HLR-5426-609** \$39
Niemann-Boehle Ottawa Center

■ Have Time & Money to Travel [Travel Free]

If you're retired, near retirement, changing careers or a student, learn hundreds of practical ways to free travel, fun work-vacations and new money-making travel careers. Instructor, Gina Henry teaches in 90 cities nationwide and shows you how she affords to travel 12 months a year visiting over 80 countries and 40 states in the past 25 years. Maximize frequent flyer miles and reward points. Volunteer for free travel. Organize your own trips and go free. You will learn how to avoid scams, negotiation tips and the top 50 words to know in any language to travel anywhere. **Tuition includes a resource book**

Travel Free.
Thu 6:30-9:30 p.m. **Oct 6** 1 Session
Gina Henry CTC-124, IVCC **HLR-8104-310** \$49

■ Travel Writing [Online Class]

Learn how to develop the skills of a travel writer. Translate what you experience into publishable articles and books. Understand the writing styles and methods needed to sell material in today's competitive market (including the how-to's of technical aspects of lead paragraphs, descriptive passages and the uses of interviews, quotes and facts). By the end of the course, you'll have the ability to write for the travel market. Pack your sense of adventure, organize your determination and put your keyboard in a comfortable position. **See page 35 for registration information.**

Course Fee: \$99

■ Homesteading 101

So, you think you would like to live in the country, grow your own vegetables, milk goats and raise chickens? We will discuss the advantages and disadvantages of a homesteading lifestyle; and we will talk about the practicalities of choosing your homestead and choosing livestock to fit your lifestyle, with an emphasis on heritage livestock. You will learn the ABC's of living a sustainable lifestyle.

Mon 6-9 p.m. **Nov 14** 1 Session
Deborah CTC-125, IVCC **HLR-5526-311** \$39
Niemann-Boehle

■ Indian Creek Massacre

NEW From Indian Creek to the Bad Axe River, discover the story of 16 settlers who were looking to start a new life; however were victims of hostile action taken by Potawatomie Indians during the time period of the Black Hawk War. We will trace the history of the events that led to the Black Hawk War and the suspicions that developed between the Indians and the demands of the white settlers for their lands that led to this event in 1832.

Thu 6:30-8 p.m. **Sep 8** 1 Session
Heinz Suppan CTC-124, IVCC **HLR-7603-309** \$15

■ Radium Girls of Ottawa

NEW At the turn of the 20th Century radium became a miracle cure for almost any ailment. When radium was introduced into the United States it achieved a similar popularity. After World War I many companies used radium to paint watch dials, a fad that resulted in the manufacture of luminous dials, and sales of wrist watches, pocket watches and alarm clocks. When a luminous dial processing company opened in Ottawa, Illinois, it offered great employment opportunities to many young girls who were paid very well for their work. Little did they know that the radium paint they used proved to be dangerous. You will learn about the fascinating story and local history of the Radium Girls of Ottawa.

Mon 6:30-8 p.m. **Sep 22** 1 Session
Heinz Suppan CTC-124, IVCC **HLR-7604-309** \$15

Pet Care

■ Healthy Tips for Happy Tails

Health Information for Your Canine

Learn to understand your pet's health by learning about dog food ingredients, nutrition, how to read a label and what to avoid. We will talk about why dogs chew on themselves leaving staining and solutions on how to approach it. Discuss dental care, safe treats and safe toys. Learn holistic alternatives for the wellness of your pet. **Supplies are provided for this class that you take home and can be purchased on the first night of class from the instructor. Please bring a material fee of \$50 to be paid to your instructor the first night of class. This class is for pet owners, please leave pets at home.**

Tue	6-10 p.m.	Sep 20	1 Session
Denise Kozell	BJE-117, IVCC	HLR-5604-309	\$25

■ Cats 101 [Care, Training, Grooming]

NEW Learn the differences between personalities of canines and felines. This class will finally explain why cats are more aloof and how to cut through those barriers safely for owner and kitty. Learn from an experienced groomer and certified pet CPR instructor what cats will and will not tolerate. Learn basic first aid & CPR in addition to some of the basics of brushing at home and why you should never use scissors on your cat. This is a class every owner needs to take!

This class is for pet owners, please leave pets at home.

Tue	6-9 p.m.	Sep 27	1 Session
Denise Kozell	CTC-123, IVCC	HLR-5605-309	\$25

U Essential Oils for Pets

NEW This class covers CPTG (Certified Pure Therapeutic Grade) essential oils on pets and their directions of use. Learn what oils will take care of issues or dilemmas you face with your pet such as anxiety, trauma or chronic illness. Learn safety and safe handling of the oils while using them around your pet. In this class you will be taught how to make ear cleaner, toothpaste, a recipe for dry, itchy skin and flea/mosquito repellant to name a few. This class is appropriate for both cat and dog owners.

Sat	10 a.m.-12 p.m.	Oct 1	1 Session
Denise Kozell	CTC-123, IVCC	HLR-5616-10	\$25

Sat	10 a.m.-12 p.m.	Oct 15	1 Session
Denise Kozell	Rm 101, Ottawa Center	HLR-5616-610	\$25

■ Basic Dog Grooming for the Pet Owner

Calling dog owners! This is the class for you. Save money by learning the basics from an experienced dog groomer who is also a certified pet first aid and cpr instructor. You will learn how to trim nails, pluck and clean ears, brush teeth, trim around the feet and more. Learning these skills will help you stretch time needed between full professional grooming. **This class is limited to 5 students to maximize hands-on education and animal safety. All dogs will need to be screened by the instructor before being admitted to class and all dogs should be current on and have proof of shots including rabies. Specific equipment is required for this class and must be purchased on the first night of class from the instructor. Please bring a material fee of \$50 to be paid to your instructor the first night of class. Registration deadline: no less than one week before your registered session.**

Tue	6-9 p.m.	Oct 11-18	2 Sessions
Denise Kozell	BJE-117, IVCC	HLR-5612-310	\$89

Tue	6-9 p.m.	Nov 8-15	2 Sessions
Denise Kozell	BJE-117, IVCC	HLR-5612-311	\$89

■ Advanced Dog Grooming

Finally keep your pet at home and groom them yourself. Take the skills you mastered in the Basic Dog Grooming class and practice more advanced skills to achieve your dog's personality groom. After this five hour hands-on class you will be able to complete your groom and be comfortable grooming your pet. **This class is limited to 3 students to maximize hands-on education and safety. Pre-requisite: Students must complete the Basic Dog Grooming class prior to taking this class. Specific professional equipment is required for this class and must be purchased on the day of class from the instructor. Please bring a material fee of \$149 to be paid to your instructor the day of class.**

Sat	10 a.m.-3 p.m.	Oct 29	1 Session
Denise Kozell	BJE-117, IVCC-East Campus	HLR-5613-10	\$175

Sat	10 a.m.-3 p.m.	Nov 12	1 Session
Denise Kozell	BJE-117, IVCC-East Campus	HLR-5613-11	\$175

Dollars & Sense

■ It's Decision Time

[Understanding Medicare & Medicaid]

Join in an informative and interactive program that will provide you with a better understanding of Medicare and Medicaid. Topics will include Medicare eligibility and enrollment, the benefits of Medicare Parts A and B, the costs that Medicare leaves you to pay and an overview of the standardized Medicare Supplemental Plans in addition to Medicaid spend-down requirements. This program is appropriate for people becoming eligible for Medicare, caregivers of people who are on Medicare and current Medicare beneficiaries who would like a refresher course on their benefits.

Wed 6:30-8 p.m. Sep 28-Oct 12 3 Sessions
 Dick Volker C-325, IVCC SRS-1113-309 \$35

■ Buying Your First Home

Five easy steps to owning a home! All the important steps to home ownership will be covered: the loan process, knowing the housing market, home selection, appraisals, home inspection and the closing. This session is free, but you must pre-register by calling IVCC at 815-224-0447.

Wed 6:30-7:30 p.m. Sep 28 1 Session
 Tracy Tunnell CTC-124, IVCC CDV-5008-309 Free

Sat 10-11 a.m. Oct 15 1 Session
 Tracy Tunnell Rm 104, Ottawa Center CDV-5008-610 Free

■ Foundations of Investing

This class will be geared towards individuals who are either new to investing or need a refresher. Learn the key features of bonds, stocks, mutual funds and different types of accounts including Roth IRA, Traditional IRA and 401K. Find out where you can invest and what the costs are. Learn about the importance of asset allocation, the impact of inflation on your long terms goals and how to plan for your retirement.

Wed 6-7:30 p.m. Oct 19-Nov 2 3 Sessions
 Brian Sellett CTC-124, IVCC CDV-5001-310 \$35

■ AARP Smart Driver Program

The AARP Driver Safety Program is a classroom driver refresher course designed especially for drivers age 50 and over. This program aims to help community members retain their driving competency. Learn driving strategies, understand the effects of aging on driving, reduce the chance of having an accident and know when to retire from driving. At completion of this course; students will receive a certificate that can be presented to their automobile insurance holder that may entitle them to a discount. There is a \$15 fee for AARP members (with AARP membership card); and a \$20 fee for non-members payable to the AARP instructor for materials on the first day of class. Please arrive fifteen minutes early for the first day of class. This class is located at the IVCC Truck Driver Training Center, Building H on East Campus. Park in Lot #7.

Tue/Wed 8:30 a.m.-12:30 p.m. Nov 8-9 2 Sessions
 Regina Leffelman Rm 101, Bldg H SRS-1112-11 AARP Fee
 IVCC-East Campus payable at
 class

■ Have Time & Money to Travel [Travel Free]

If you're retired, near retirement, changing careers or a student, learn hundreds of practical ways to free travel, fun work-vacations and new money-making travel careers. Instructor, Gina Henry teaches in 90 cities nationwide and shows you how she affords to travel 12 months a year visiting over 80 countries and 40 states in the past 25 years. Maximize frequent flyer miles and reward points. Volunteer for free travel. Organize your own trips and go free. Learn how to avoid scams, negotiation tips and the top 50 words to know in any language to travel anywhere. Tuition includes a resource book

Travel Free.
 Thu 6:30-9:30 p.m. Oct 6 1 Session
 Gina Henry CTC-124, IVCC HLR-8104-310 \$49

■ Travel Writing [Online Class]

Learn how to develop the skills of a travel writer. Translate what is seen, heard, tasted, touched, smelled and felt into publishable articles and books. Understand the writing styles and methods needed to sell material in today's competitive market (including the how-to's of technical aspects of lead paragraphs, descriptive passages and the uses of interviews, quotes and facts). By the end of the course, you'll have the ability to write for the travel market. Pack your sense of adventure, organize your determination and put your keyboard in a comfortable position. If you have a desire to write and yearn to travel, you're a perfect candidate to become a travel writer. See page 35 for registration information.

Course Fee: \$99

Online Courses

Convenient, Affordable and Effective

Take IVCC ed2go courses anywhere and when it's most convenient for you.

View IVCC's online lifelong learning catalog at ed2go.com/ivcc

Choose from **over 300** online classes available every month.

**New class sessions will begin:
August 17 ~ September 14 ~ October 12
November 16 ~ December 14**

■ Accounting Fundamentals

Learn the basics of double-entry bookkeeping, as well as how to analyze and record financial transactions. Receive hands-on experience with handling accounts receivable, accounts payable, payroll procedures, sales taxes and various common banking activities. Cover all the bases, from writing checks to preparing an income statement and closing out accounts at the end of each fiscal period. Whether you're a sole proprietor looking to manage your business finances or you simply want to gain an understanding of accounting basics for career advancement or for personal use, this course will give you a solid foundation in financial matters.

Course Fee: \$99

■ Beginning Conversational French

Learn practical, common phrases that will make a trip to the many French-speaking regions of the world more pleasant, or just to learn to speak the language of love for fun. Learn dialogue specific to various settings and you'll be surprised how easy it can be to speak another language! Each lesson introduces a scenario, presented in short dialogues. Practice and learn both sides of the conversation, so you'll easily understand and expect common responses. Proper pronunciation is important to good communication, this course will help you master the best pronunciations. This course has been carefully crafted to ensure you will have no trouble pronouncing French words correctly.

Course Fee: \$99

■ Beginning Writers Workshop

Get a taste of the writing life, improve your writing skills and develop new ways to stretch your creative muscles. This exciting, hands-on course for the creative writing novice is filled with challenging exercises, expert advice and plenty of direct support and encouragement. As you work your way through the lessons, you'll develop your own short, creative fiction or nonfiction piece. Develop your skills through practice, so you'll spend more time writing than reading. Master important concepts by completing enjoyable writing exercises and assignments. Discover a variety of strategies and techniques the pros use to develop characters, create a compelling point of view, build interest through dialogue and add meaning to your stories.

Course Fee: \$99

HOW TO GET STARTED:

1. Visit our Online Instruction Center at ed2go.com/ivcc
2. Click the "Courses" link, choose the department and course title you are interested in and select the "Enroll Now" button. Follow the instructions to enroll and pay for your course. Here you will enter your e-mail and choose a password that will grant you access to the classroom.
3. On the day your course begins return to our Online Instruction Center and click the "Classroom" link. To begin your studies, simply log in with your email and the password you selected during enrollment.

These are just a *few* examples of classes available online please, visit the website for a full listing.

■ Happy and Healthy Pregnancy

Without a doubt, having a baby is a life-changing experience. And it can sometimes feel overwhelming as you prepare for the many changes you'll face. By learning all about pregnancy, childbirth and the basics of newborn care, you'll feel better prepared and ready for the challenges ahead. Learn how the different stages of pregnancy will affect your body, your moods and emotions and even your relationships. Take a look at the latest nutrition, diet and exercise information. Review different types of childbirth preparation classes, how to choose your healthcare provider and options for where you would like to give birth. We also cover the basic physical aspects of childbirth and taking care of mom and baby after the birth. The goal of this class is to help you feel more confident and calm in the many choices you have throughout your pregnancy and birthing time. The first step to a happy and healthy pregnancy is a happy and healthy you.

Course Fee: \$99

■ Discover Sign Language

Discover how to use sign language to communicate with Deaf people. Begin with an introduction to the language itself and learn to create the signs for numbers. Master the sign alphabet so you can fingerspell proper names. Learn to sign phrases, expand to complete sentences and see how to put it all together so you can introduce yourself and start a conversation. You will learn signs for colors, numbers, where you live, family and activities. This course is taught using the best practices of the industry with a minimum of audio support. Gain an introduction to the world of Deaf culture and explore topics such as lip reading, baby signs and the career of interpreting.

Course Fee: \$99

Continuing Education Registration Form

Fall 2016 | Visit our website - ivcc.edu/cec



Pre-registration is required for all classes.

Payment is due at the time of registration.

REGISTER NOW:

Online

ivcc.edu/onlinecec

Mail

IVCC Cashier
815 N. Orlando Smith Road
Oglesby, IL 61348

Phone

Please call (815) 224-0447

Fax

(815) 224-6091

In Person

IVCC – Admissions & Records
Room CTC-101
815 N. Orlando Smith Road
Oglesby, IL 61348

REGISTRATION CONFIRMATION

You will receive a confirmation of your registration in the mail. Confirmation will include a schedule, receipt and information specific to your classes.

REFUND/ CANCELLATION POLICY

Registrants who cancel up to seven days prior to the start of a course receive a full refund. No refund will be given after that time, although a substitution of individuals is allowed. Registrants who do not attend and do not withdraw from the class will not receive a refund. Cancellations can be made by calling the Continuing Education Center (815) 224-0427.

The Continuing Education Center reserves the right to cancel classes due to low enrollment. If a class must be canceled by the Continuing Education Center, you will receive a full refund.

Gender: Male Female **Admission Status:** First time IVCC Student Returning IVCC Student
Social Security Number (must be included) _____

Last Name _____ Former Last Name _____ First Name _____ MI _____

Home Mailing Address _____

City _____ State _____ Zip _____ County _____

Phone: Home () _____ Business () _____ Cell () _____

Date of Birth _____ E-Mail Address _____

Emergency Contact Name _____ Phone () _____

The following items are requested for state reporting.

Ethnic/Ethnicity:

1. Are you Hispanic or Latino? Yes No

2. Are you from one of the following racial groups? (select all that apply)

American Indian/Alaskan Native Asian White Choose not to respond

Black or African American Native Hawaiian or other Pacific Islander

3. Please identify your primary racial/ethnic group. (select one)

American Indian/Alaskan Native Asian Hispanic Choose not to respond

Black or African American Native Hawaiian or other Pacific Islander White

4. Are you in the US on a Visa – Nonresident Alien? Yes No

List type of visa _____ Country of Origin _____

Highest degree previously earned:

GED Certificate Master's Degree Other

H.S. Diploma Associate Degree 1st Professional Degree

Some College Bachelor's Degree Doctoral Degree

COURSE NUMBER	COURSE NAME	FEES
TOTAL		

Student Signature: _____ Date: _____

PAYMENT INFORMATION

Check enclosed, payable to Illinois Valley Community College

Please charge my credit card for the fees indicated above.

Master Card Visa Discover American Express 3-Digit Security Code _____

Card Number _____ Expiration Date _____

Cardholder's signature _____ Per Phone

IVCC does not discriminate on the basis of race, national origin, disability, age, religion, sexual orientation or any legally protected classification.

For the Holidays

■ The Art of Tree Decorating

Be creative and try something new with your Christmas tree this year! Learn tree decorating from a professional visual merchandising manager who decorates the beautiful trees you see in Bergner's. Topics include: types of trees, theme and color schemes, lighting ideas, garland, ribbon, & floral picks, placement of ornaments, tree topper ideas, taking down and storage. Using ideas and decorating tips from this class, you too can personalize your Christmas tree for the holidays. **Participants are asked to bring 3 yards of wide wired ribbon to practice bow making. Class size is limited so register early to reserve your space.**

Mon	6-9 p.m.	Nov 14	1 Session
JoEllen Fiorentini	CTC-124, IVCC	HLR-4401-311	\$29

NEW Design A Holiday Letter/Card Using Publisher

Utilize tools only offered in Publisher to customize a holiday mailing that is sure to wow your family and friends! Create your own color & font schemes, add pictures, borders, columns and backgrounds. You will be shown how to create a one or two-page spread and learn how to include the mailing address so you can send it with or without an envelope. Both Microsoft 2013 and 2016 versions will be discussed. **Please bring a flash drive to class loaded with the pictures you would like to use and contains enough space to save your projects.*

Sat	9 a.m.-12 p.m.	Nov 5	1 Session
Kathy Baker	Rm 112, Ottawa Center	CEX- 1222-611	\$29

NEW Word Mail Merge

NEW Create Holiday Letters, Envelopes & Labels

The holidays just got a whole lot easier! MS Word can help eliminate hours of writing out cards and addressing envelopes. Once you have learned the basic ins and outs of mail merge you will be able to send a universal letter to all. You will also learn how to create envelopes and address labels in just a few steps. Both Microsoft 2013 and 2016 versions will be discussed. **A 2GB flash drive required.*

Sat	9:00 a.m.-12 p.m.	Dec 3	1 Session
Kathy Baker	Rm 112, Ottawa Center	CEX-1223-612	\$29

NEW Succarines: The Italian Wedding & Holiday Cookie

Succarines are a small glazed biscuit cookie. They originate from the northern part of Italy and are made for weddings, holidays and given as gifts. Made properly, succarines, are delicate and are coated with a sweet, glaze frosting with the slight flavor of anise. This recipe is over 100 years old and is very complex to make, but we will make together and sample throughout the class with coffee! You will take cookies home as well. *This recipe was misplaced for years but was found when learning how to make them with Dee's dear friend, Tony Lusvardi. The recipe was from her great aunt Enis Malavolti. It is one of Dee's greatest treasures!* **There is a \$15 material fee payable to the instructor the day of class.**

Sat	1-5 p.m.	Dec 3	1 Session
Dee Biagi	CTC-123, IVCC	HLR-3940-12	\$34

■ Vintage Jewelry Tree

NEW Create a holiday focal piece to accent your home. Use vintage or re-purposed jewelry to create a framed jewelry tree for the holidays. This is a great way to showcase grandma's unique jewelry or re-purpose found or broken pieces. Each student needs to bring 10-12 brooches to class to complete their project. It is recommended to visit second hand and resale stores to find unique items or bring pieces from home that have sentimental value. Students are also encouraged to bring beads, pearls, buttons, sequins or rhinestones from old or broken jewelry. The remainder of the project will be filled in with jewels, beads and buttons provided by the instructor. **There is a \$20 material fee payable to the instructor on the night of class.**

Mon	5-9 p.m.	Dec 5	1 Session
Kari Matuszewski	B-101, IVCC Art Room	HLR-2774-312	\$35

■ A German Christmas

Back by popular demand! Join Chef Tim for a German Christmas! We will take a look at traditions, food and history of Christmas in Germany. We will sample some of Germany's traditional Christmas foods. Froliche Weihnachten! **There is a \$25 material fee payable to the instructor at class.**

Wed	6-9 p.m.	Dec 7	1 Session
Tim Freed	CTC-123, IVCC	HLR-3922-312	\$34



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PARKER EDUCATION

“One of the most enjoyable things that I’ve been able to do after I retired was to take advantage of the travel opportunities offered by IVCC. As soon as I get on the bus I know that I’ll be in good hands for the rest of the day. I’ve seen many interesting museums, heard a variety of music, made various art projects and met lots of interesting people. Eating different kinds of foods is always one of the highlights for me. I’m always excited to see what comes next.”

— Sue Myers, Peru

For more information contact the Continuing Education Center
 Illinois Valley Community College
 815 N. Orlando Smith Road | Oglesby, IL | 61348
 815-224-0427 | ivcc.edu/cec