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No Place So Close Can Take You So Far

vision  
wellness dance  
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culinary management  
ed2go nursing business  
lifelong careers  
**Learning**  
grant writing industry  
technology growth pet care  
success careers  
sewing goals gardening  
community options  
creative arts  
ideas travel  
**IVCC**




Scan for additional information.



Yes, it is true! No Place So Close  
Can Take You So Far.

Opportunity awaits!

**IVCC's Continuing Education Center  
offers Lifelong Learning OPTIONS!**



**BE READY FOR WHAT'S NEXT!**

Continue to build your skills, your knowledge, and your wisdom!

Open Your Mind

Enrich Your Life

Realize Your Abilities

## Student Testimonials

### See what students have said about our classes...

#### Computer Basics : Doreen Balzarini

"Doreen is very well versed and very accommodating. The class was very enjoyable!"

#### Culinary : Sara Fitzpatrick

"One of the most practical cooking classes IVCC has offered to date! Sara has healthy recipes that taste fantastic. I love her approach to cooking!"

#### Windsor Stool : Jim Coonan

"Probably the most enjoyable class I have taken in the last 25 years."

#### A New Approach to Stress & Life Management : Candice Chaffee

"The best class I have taken here, packed with awesome information."

#### Learn to Use Your iPad : Pamela Klarup

"Pamela was very helpful and pleasant. I'm glad I signed up for this class!"

#### Basic Dog Grooming : Denise Kozell

"Denise Kozell taught me way more than I had expected from this class. So glad I enrolled."

#### REGISTRATION CONFIRMATION

You will receive a confirmation of your registration in the mail. Confirmation will include a schedule, receipt, and information specific to your classes.

#### REFUND/CANCELLATION POLICY

Registrants who cancel up to seven days prior to the start of a course receive a full refund. No refund will be given after that time, although a substitution of individuals is allowed. Registrants who do not attend and do not withdraw from the class will not receive a refund. Cancellations can be made by calling the Continuing Education Center (815) 224-0427.

The Continuing Education Center reserves the right to cancel classes due to low enrollment. If a class must be canceled by the Continuing Education Center, you will receive a full refund.

## Continuing & Professional Education

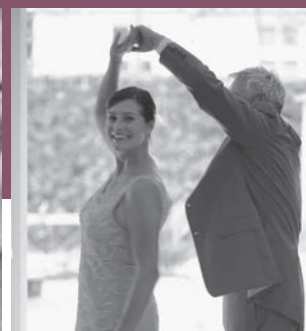
For busy professionals and career seekers to acquire skills needed to improve work performance or prepare for a new career.

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- 9 Online Manufacturing & Industrial Career Program
- 10 Business
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- 12-13 Massage Therapy
- 14-15 Nursing
- 16 Teacher
- 17 Food Service Sanitation

Unless otherwise stated, these courses are designed for adults 18 & over.



ILLINOIS VALLEY  
COMMUNITY COLLEGE



### Community Education

For people in our community wanting courses, activities and cultural experiences to enrich their lives and continue their learning adventure.

18-19	Trips & Tours	31	Jewelry
20-21	Culinary	31	Sewing
21	Home Brewing	32	Personal Technology
22	Dance & Music	33	Online Courses
23	Gardening	34	Heirloom Woodworking
24-25	Mind, Body & Wellness	35	Holiday
26	Dollars & Sense	36	<b>Registration Form</b>
27	Green Technology	37	Family & Youth
27	Outdoor Education		
28-29	Pet Care, Behavior & Grooming		
30	Creative Arts		



Look for this icon throughout for classes at the IVCC Ottawa Campus.

# Healthcare Career Programs



## ■ Pharmacy Technician

[Optional Externship Available NEW!]

This comprehensive 50 hour program will prepare students to work as a pharmacy technician in a retail or other pharmacy setting and to take the Pharmacy Technician Certification Board's PTCB exam.

Course content includes: pharmacy medical terminology, the history of pharmacy, the pharmacy practice in multiple environments, pharmacy calculations and measurements, reading and interpreting prescriptions and defining drugs by generic and brand names.

Through classroom lecture and hands on labs, students will review dosage calculations, drug classifications, the "top 200 drugs", I.V. flow rates, sterile compounding, dose conversions, aseptic technique, the handling of sterile products, total parental nutrition (TPN), dispensing of prescriptions, inventory control and billing and reimbursement. In addition to classroom lecture and labs, this program includes an optional clinical externship through a local pharmacy. To be eligible for the clinical externship, students must successfully complete the 50 hour program, submit to a thorough background check, drug screening and meet other requirements.

**Prerequisite: A high school diploma or GED plus a solid background in math. Textbook and materials are included in the course fee.**

**Cost of PTCB exam is not included in the course fee. There is no job assistance for this program.**

Mon & Wed	6-9:30 p.m.	Oct 5-Nov 30	15 Sessions
CCI	E-320, IVCC	CCE-1720-300	\$1,199

## ■ Exploring Careers in Healthcare Information Session

[Pharmacy Technician & Medical Billing and Coding]

These programs are offered in partnership with Condensed Curriculum International, Inc. (CCI). Available to both working adults interested in a new career and current professionals, these short term training programs will help you prepare for entry level jobs in healthcare. This free information session will give prospective students information on job outlook, certification requirements and the course content for the Pharmacy Technician and Medical Billing and Coding programs as well as payment plan options. It is recommended that you check out the local job market and attend this session before registering for the programs. This session is free, but you must pre-register by calling IVCC at 815-224-0447.

Wed	6-7:30 p.m.	Sep 9	1 Session
CCI	CTC-124, IVCC	CEX-9952-309	FREE





### ■ Medical Billing and Coding

This combined 80 hour billing and coding course offers the skills needed to solve insurance billing problems, how to manually file claims (using the CPT and ICD-9 manual), complete common insurance forms, trace delinquent claims, appeal denied claims and use generic forms to streamline billing procedures. The course covers the following areas: CPT (Introduction, Guidelines, Evaluation and Management), specialty fields (such as surgery, radiology and laboratory), ICD-9 (Introduction and Guidelines) and basic claims processes for medical insurance and third party reimbursements. Students will learn how to find the service and codes using manuals, (CPT, ICD-9 and HCPCS). After obtaining the practical work experience (6 months to 2 years), students who complete this course could be qualified to sit for the American Academy of Professional Coders (AAPC) Certified Professional Coder Exam (CPC or CPC-H Apprentice) American Health Information Management Association (AHIMA) Certified Coding Associate (CCA) exam; and/or other National Certification Exams. **Textbooks and materials are included. Cost of exams are not included in the course fee. There is no job assistance for this program.**

Tue & Thu	6-9:30 p.m.	Oct 6-Dec 8	21 Sessions
CCI	E-213, IVCC	CCE-1750-300	\$1,899
Class also meets:			
Saturdays	Oct 24, Nov 7, Nov 21	9 a.m.-3 p.m.	

### ■ Medical Administrative Assistant [Online]

This program prepares students to function effectively in many of the administrative and clerical positions in the healthcare industry. This course covers information on the medical assisting profession, interpersonal skills, medical ethics, and law, medical terminology, basics of insurance billing and coding, telephone techniques, scheduling appointments, medical records management and management of practice finances. A great course for those interested in a career as a medical office professional! **Optional externship is available upon completion. National certification exam is not included in the course fee. There is no job assistance for this program.**

Offered online only. Open enrollment, register anytime. Students are given 6 months to complete the program.

Course Fee: \$1,299

[www.healthtoday.com/IVCC](http://www.healthtoday.com/IVCC)

Call 815-224-0490  
for additional questions  
or assistance with registration.

# Online Career Programs

Ed2Go is the country's largest and most successful provider of online career training programs. These open enrollment, instructor-led programs are designed to provide the skills necessary to acquire entry-level positions for many occupations. Instructors are involved in the student's online learning experience. Each program has a set of lessons and tests; grades are a combination of computer-graded tests and the instructor's evaluation of the student's work.

Additional information and demos are available at  
[www.careertraining/ed2go.com/ivcc](http://www.careertraining/ed2go.com/ivcc)

Cost of books and materials are included in the tuition fee.

To register, contact the  
Continuing Education Center at (815) 224-0427.

REFUND POLICY for Ed2Go Online Classes:

There will be NO refunds granted once Ed2Go provides the student with an access code. There will be NO exceptions.

## ■ Medical Transcription [240 hours]

Start a new career as a medical transcriptionist with this online training program. You'll gain the skills to transcribe recordings and create medical reports. Your transcription equipment and all materials are included. Students must have a working knowledge of medical terminology and be proficient at keyboarding.

Course Number: CPD-5206

Course Fee: \$1,795

## ■ Wind Energy Professional [240 hours]

Wind energy companies are growing exponentially to meet America's demand for clean, renewable, domestic energy. This entry-level Wind Energy Professional Online Training Program prepares you for a career in the wind energy industry. In this program, you'll learn the basics of wind energy principles, including wind technology, wind energy anatomy, wind farm design, wind business and characteristics of energy sources. This program covers the fundamentals of hydraulics and the basic theory and practice of electrical circuits, including calculations as applied to alternating and direct currents.

Course Number: CPD-5501

Course Fee: \$2,395

## ■ Graphic Design with Photoshop CS5 Training [200 hours]

**NEW** Translate your creative talents into an enjoyable and in-demand career! This nationally recognized training program will teach you the fundamentals of Photoshop CS5, the gold standard for image creation and editing. You'll start with the basics of graphic design and build your skills step by step, mastering the terms and processes that professional graphic artists use. Learn the rules and standards for effective graphic design and discover strategies for creating graphics that convey just the right message, style and tone. By the time you're done, you'll be ready to create images that stand out from the competition. You'll need to have Photoshop CS5 already installed on your computer in order to take this program.

Course Number: CPD-5114

Course Fee: \$1,995

## ■ Administrative Professional [120 hours]

The Administrative Professional program teaches you the fundamental skills needed to obtain employment as an Administrative Professional. You will learn essential skills including how to work in a modern professional office, how to maintain a professional image, personal and professional ethics, communication essentials, technology basics, records and financial management, event planning and travel, and how to advance your career. This program will help you develop verbal and written communication skills to effectively communicate with your coworkers and superiors. You will also explore technology basics like working with computers and other office tools and devices. Learn record keeping and financial management essentials to comfortably take on responsibilities like budgeting or handling invoices. Gain knowledge of event planning basics, so you can organize office meetings and special events. Learn travel basics such as how to create itineraries for other employees and how to book travel. Also, gain career advancement training and job searching skills.

Course Number: CPD-5111

Course Fee: \$695

## ■ Human Resource Professional [120 hours]

This program will prepare you for a career as a Human Resource Professional. Additionally, you can prepare to take the PHR, Professional in Human Resources certification exam with HRCI (Human Resource Certification Institute) as the certifying body. In this program you'll explore everything from the basics of HR to specific areas such as planning and strategizing, human resource laws, hiring disciplines and labor relations. You'll also obtain a reference manual of HR documents. By the time you're done, you'll be fully prepared to begin your career in this exciting and challenging field. If you are planning to take the PHR exam, with HRCI as the certifying body, after completing the program, you will need one of the following: one year of demonstrated professional HR, exempt-level experience with a master's degree or higher, or two years of demonstrated professional HR, exempt-level experience with a bachelor's degree, or four years of demonstrated professional HR, exempt-level experience with less than a bachelor's degree. Course fee does not include national exam.

Course Number: CPD-5109

Course Fee: \$1,795

### Additional Online Career Training Opportunities:

Sustainable Energy  
Hospitality & Service Industry  
Management & Corporate

Healthcare & Fitness  
Business & Professional  
IT & Software Development



# Project Management

## ■ Project Management

Project Management career opportunities are increasing even when the job market is challenging. Developing the project management skills employers' demand can improve your marketability. Ed2Go offers two online classes to help you prepare for certification in this field. Students will have 6 months in which to complete the course work and can begin at any time. Once you complete the course of your choice, you will receive a certificate of completion.

## ■ Project Management Essentials with CAPM® Prep [60 hours]

In this program, you'll learn the knowledge and skills essential to project managers and those who work on projects in other support roles. Once complete, students will meet or exceed the educational pre-requisites for the Certified Associate In Project Management CAPM® certification offered through the Project Management Institute. Students who are interested in earning the CAPM® credentials must schedule and pay for the exam on their own after program completion. *Textbooks included.*

### Topics covered include:

- Understand the essential elements of a project management foundation
- Be familiar with most common project management concepts and terminology
- Follow concepts from The Guide to the Project Management Body of Knowledge, PMBOK®

This course is a good choice for those looking for project management experience and those aspiring to obtain a PMI credential. It's also an excellent choice for existing PMI credential holders looking for an approved activity for PMI's continuing certification PDUs.

Course Number: CPD-5112

Course Fee: \$1,195



## ■ Mastering Project

### Management with PMP® Prep [70 hours]

In this program, you'll gain a better understanding of how to apply project management concepts and any variations between them. You will learn more advanced project management tasks, such as how to select projects and develop strategies for them, how to create a complex schedule model and how to identify and assess any risks in the project. This program meets or exceeds the educational requirements for those interested in the Project Management Professional PMP® certification. Students who are interested in earning the PMP® credential must schedule and pay for testing on their own after program completion. *Textbooks included.*

### Topics covered include:

- Understand project proposals, definitions and selections
- Manage robust planning components and the Project Management Plan
- Fulfill project manager's role during the project's execution phase
- Assess project recovery alternatives and develop recovery plan
- Manage project closure and transitioning process

Students enrolled in this program should have at least two years' experience managing projects.

Course Number: CPD-5113

Course Fee: \$1,295

Additional information and demos are available at  
[www.careertraining/ed2go.com/ivcc](http://www.careertraining/ed2go.com/ivcc)

Cost of books and materials are included in the tuition fee.

To register, contact the  
Continuing Education Center at (815) 224-0427.

REFUND POLICY for Ed2Go Online Classes:

There will be NO refunds granted once Ed2Go provides the student with an access code. There will be NO exceptions.

# American Management Certificate

# Non-Profit

## ■ AMA Online Self Study

IVCC's Continuing Education Center offers quality self-study online courses written and designed by the American Management Association (AMA). Fine-tune your present professional skills, learn new ones and enrich your career with a flexible learning plan that fits your schedule. Measure your knowledge with a variety of testing components, such as pre-test, post-test, chapter exercises, chapter review questions and case studies. You may take individual courses or receive an AMA Self-Study Certificate in an area of concentration by completing your choice of courses totaling **10 CEUs**. *Upon successful completion, you will receive a certificate for the total amount of CEUs earned from AMA.*

## ■ AMA Individual Self Study Courses

Here are some of the topic areas covered by AMA Individual Self Study Courses:

**Accounting/ Communications/ Finance for Managers/ Human Resources/ Leadership/ Management/ Manufacturing/ Quality/ Personal Development/ Time Management**

*You have 3 months to complete each course.* **\$149**

## ■ AMA Self Study Certificate Programs

Earn a certificate by completing a total of 10 CEUs in the following areas:

**Administrative Professional/ Finance & Accounting/ General Management/ Human Resources/ Sales and Marketing/ Strategic Leadership and many more!** *The cost of the certificate programs vary depending on which classes you choose. You will have one year to complete the certificate.*

For more information on classes and additional certificates offered visit: [www.flexclassroom.com/ivcc](http://www.flexclassroom.com/ivcc)

Or contact Jennifer Sowers at 815-224-0280.

## HOW TO GET STARTED:

- Go to [www.flexclassroom.com/ivcc](http://www.flexclassroom.com/ivcc) website.
- Choose your course/certificate program.
- Complete online registration and make payment with a credit card. You will receive a confirmation email from AMA and IVCC.
- Begin your course!



[flexclassroom.com/ivcc](http://flexclassroom.com/ivcc)

## ■ Non-Profit All Day Seminar

Sign-up for both sessions listed below and you will receive a discounted price of \$99 for the entire day. CEU: .6

<b>Thu</b>	<b>9:30 a.m.-4 p.m.</b>	<b>Nov 19</b>	<b>1 Session</b>
<b>Corinne Pierog</b>	<b>C-316, IVCC</b>	<b>CEU-8415-11</b>	<b>\$99</b>

## ■ Grant Writing That Gets Results [Morning Only]

Increase your chances for success in finding grant funding to serve the needs of the people you serve and discover how to write that winning proposal! From identifying potential funding sources to the follow-up steps to take after your proposal is done, this interactive course will cover the basics of grant writing for nonprofit and public agencies. CEU: .3

In this workshop, you will learn:

- about the great variety of funders and where to find them
- key requirements and emerging trends in grant making
- what your organization or agency must do to position itself for successful grant seeking
- critical thinking you must do before writing a proposal
- effective methods you can use to project and measure outcomes

<b>Thu</b>	<b>9:30 a.m.-12:30 p.m.</b>	<b>Nov 19</b>	<b>1 Session</b>
<b>Corinne Pierog</b>	<b>C-316, IVCC</b>	<b>CEU-8401-11</b>	<b>\$59</b>

## ■ Non-Profit Leadership [Afternoon Only]

Many people believe that leadership is simply being the first, biggest or most powerful. Leadership in non-profit organizations has a different and more meaningful definition. The most successful non-profit leaders relentlessly pursue agency growth. Yet, growth-oriented vision is often impeded by the realities of limited finances, an already-stretched staff, a less-than-inspired board, or any number of other undesirable constraints. In this hands-on class, you'll learn best practices for better communication and strategies for cultivating leadership both within and outside of your organization. Learn how to develop and establish an on-going succession plan for key staff and board members. CEU: .3

<b>Thu</b>	<b>1-4 p.m.</b>	<b>Nov 19</b>	<b>1 Session</b>
<b>Corinne Pierog</b>	<b>C-316, IVCC</b>	<b>CEU-8407-11</b>	<b>\$59</b>



**Corinne M. Pierog** has 20 years' experience in managing not-for-profit and community organizations. Her credentials include an extensive background in systems and personnel management, strategic planning, marketing, public relations, budget supervision, fund raising, grant writing, with a specialization in financial oversight and community outreach. Ms. Pierog holds an M.A. from San Francisco State University in theater administration and an MBA from Roosevelt University in non-profit management.



# Home Inspection

# Quality Management

## ■ Home Inspection Pre-Licensing Program [Online]

Open enrollment, register any time.

Prepare for the Illinois Home Inspection State Licensing Exam with this state-approved course. Once the student completes the online portion of the course, approximately 80 hours, they then schedule the five in-field inspections needed to complete the course. Topics include the physical components of a home, communication skills, knowledge of professional practices and insight into what may go wrong; as well as the cause and implications of problems that result. Participants will receive clear direction concerning what to look for during an inspection, such as signs of non-performance due to old age, deferred maintenance, weather damage and poor workmanship. The instructors are experienced licensed home inspectors and active members of the American Society of Home Inspectors [ASHI]. **Upon completion of the approved pre-licensing course, applicants must pass the Home Inspection State Licensing Exam before they are eligible for a license in the State of Illinois. Cost of the exam is NOT included in the course fee. Additional fees may apply for the in-field inspections. Email access and an internet connection are required for this course.**

CPD-4102

\$450

Call 815-224-0490 for additional information or to register.

**Chuck Jenrich** is Vice President of U.S. operations for GBJD which is a quality and environmental system auditing group with offices in Canada, England and the U.S. He recently retired from Prairie State College where he served as the Dean/Senior Executive Director of Corporate Education and Training. His background includes information technology, manufacturing, financial services, consulting and education. He has taught at several of the areas colleges and served as adjunct faculty for Saint Xavier University for twenty seven years, teaching in several subjects and designing their Risk Management Course in their MBA program.

## ■ ISO 9001:2015 Internal Auditor Training

**NEW** This two-day class will give a detailed overview of the changes to come under ISO 9001: 2015. Once those changes have been identified, you will then learn how to develop a strategy for effective implementation of set changes amongst your organization. This latest revision takes into account the vast changes in technology, business diversity and global commerce. *Textbooks included in the cost of the class. Lunch will be provided.* **CEU: 1.4**

Wed/Thu	Oct 7-8	8 a.m.-4 p.m.	2 Sessions
Chuck Jenrich	C-316, IVCC	CEU-6113-10	\$379



# OSHA & Water Supply

## ■ Department of Transportation Hazmat

The Department of Transportation requires training for employees receiving or shipping hazardous materials. This training includes new changes to the 49 CFR hazardous materials table, packaging of materials, shipping papers and other documentation and recognizing potential hazardous conditions when receiving packages. Participants are encouraged to bring a list of products they ship or receive and samples of shipping papers. *Review of the Emergency Response Guidebook and Homeland Security training is included in the course.* CEU: .3

Mon 12:30-3:30 p.m. Sep 14 1 Session  
Jeff Clark C-325, IVCC CEU-7304-09 \$149

## ■ Chemical Spill Refresher

This refresher course covers employers whose employees are engaged in emergency response procedures, whereas special personal protective equipment are needed and the employees are required to plug, patch or otherwise contain the release of chemicals. This course meets the requirements in OSHA's 1910.120 (q) of the HAZWOPER standard. If you have employees that may be responsible to clean up an accidental release of chemicals, please call for more information to determine the need for this course. *Lunch is included in the course fee.* CEU: .8

Wed 8 a.m-4 p.m. Sep 16 1 Session  
Jeff Clark Rm 101, Bldg H IVCC-East Campus CEU-7252-09 \$269

## ■ Forklift Train the Trainer

This program will review the classroom requirements of OSHA's Powered Industrial Truck Standard. Topics covered will include forklift training requirements, inspection documentation, forklift operation and material handling. Handout materials include an operators manual and a trainers compliance guide. Attending this class will satisfy the required classroom portion of the regulation and receive the information needed to develop a site specific forklift program. Driving performance is not included. CEU: .3

Mon 12:30-3:30 p.m. Oct 19 1 Session  
Jeff Clark C-325, IVCC CEU-7214-10 \$129

## ■ Developing a Safety Committee

Employee participation is the key to a proactive safety and health program. Participants will learn the value of team building and effective communication. Review components of safety program development including required written programs, performing job hazard analysis and planning and conducting meetings. Attendees will learn workplace accident investigation and prevention from the investigators and/or investigative team's point of view, finding the root cause and implementing corrective actions. CEU: .3

Mon 12:30-3:30 p.m. Nov 16 1 Session  
Jeff Clark C-325, IVCC CEU-7217-11 \$149

## ■ OSHA 30 Hour General Industry

Many standards promulgated by the Occupational Safety and Health Administration (OSHA) explicitly require the employer to train employees in the safety and health aspects of their jobs. Other OSHA standards make it the employer's responsibility to limit certain job assignments to employees who are "certified," "competent," or "qualified" - meaning that they have had special previous training, in or out of the workplace. The term "designated" personnel means selected or assigned by the employer or the employer's representative as being qualified to perform specific duties. These requirements reflect OSHA's belief that training is an essential part of every employer's safety and health program for protecting workers from injuries and illnesses.

This program will include in-depth training on: Introduction to OSHA Working and Walking Surfaces, Exit Routes and Emergency Action Plans Electrical, Lockout/Tagout, Personal Protective Equipment, Material Handling, Hazard Communication, Machine Guarding, Permit Required Confined Space, Powered Industrial Vehicles (forklifts), Fall Protection Recordkeeping and other selected OSHA topics to meet the site specific needs.

*Participants will receive OSHA's 29 CFR 1910 Regulations manual, sample safety policies, sample procedures and training handouts to be used at their facility. OSHA's 30 Hour General Industry card will be earned upon completion of this class. Continental breakfast and lunch are included in the course fee.* CEU: 3.0

Wed 8 a.m.-4:30 p.m. Oct 14-Nov 4 4 Sessions  
Jeff Clark C-316, IVCC CEU-7236-10 \$549

## ■ Water Supply Operation I

This introductory course on water supply operations prepares operators for the Class C & Class D operator license examinations, which are administered by the Illinois Environmental Protection Agency. The topics include operation and maintenance of water distribution systems, chlorination, fluoridation and water math. Learn about demineralization, reservoir management and intake structures. Drinking water regulations will be discussed. Students will receive 3 hours of college credit for successful completion of this course. **Additional requirements: One year of water treatment operator experience for the Class C and six months experience for the Class D.** *Textbooks are included in the course fee.*

Tue 6-9:20 p.m. Sep 1-Dec 8 15 Sessions  
Eric Thompson Princeton PWS-1200-449 \$549  
Water Plant

### PLEASE NOTE:

Princeton Water Plant is located at 803 Ace Rd • Princeton, IL

# Online Manufacturing & Industrial Classes

## Certified Production Technician

Advance, Achieve and Validate your skills with CPT Fast Track!

According to College for America, 87% of employers in the Advanced Manufacturing field are finding that employees are missing promotable skills in their workforce.

With a high percentage of the local workforce retiring, companies are in need of skilled workers to fill management positions. Whether you are seeking advancement or looking to re-enter the workforce, obtaining the CPT Credential will help you get one step closer to advancing your position and sustaining a lifelong successful career in manufacturing!

The Manufacturing Skill Standards Council (MSSC) developed the Certified Production Technician (CPT) as the industry standard for production workers. CPT is the national certification supported by the National Association of Manufacturers. A number of area employers are endorsing this credential.

**Please note:** this credential is recommended for individuals with at least 5 years manufacturing experience or dislocated workers who have limited time available for study. It is also recommended that individuals be at a 9th-grade math and 10th-grade reading level.

This program is strictly online. Independent study requires a computer with high-speed internet access. Please enroll in the modules in the order they are shown. Success in this program is based off of not only the course work itself, but prior knowledge and manufacturing experience.

Each module is approximately 15-18 hours of instruction. They consist of:

### Manufacturing and Safety

*Cost includes the one-time registration fee, required by MSSC.*

Course Number: CEU-5317-09 \$259

### Quality and Measurement

Course Number: CEU-5318-09 \$199

### Manufacturing Processes

Course Number: CEU-5319-09 \$199

### Maintenance Awareness

Course Number: CEU-5320-09 \$199

Students are required to pass a final examination and will earn a certificate of completion after each module. Once all four component examinations are completed, the nationally recognized Certified Production Technician credential is awarded.

It is the student's responsibility to schedule examinations. Call the Assessment Center at least 1 week prior to the desired testing date at 815-224-0542.

**Classes Begin September 8th and are open for enrollment throughout the semester.**

### HOW TO GET STARTED:

1. Register and pay at IVCC via phone, online, fax, or mail. We accept online registration and payment for courses at [www.ivcc.edu/onlinecec](http://www.ivcc.edu/onlinecec). You can phone your registration to 815-224-0447. Mail or fax registrations using the form on page 36. Be sure you registered at IVCC and have paid no later than the day before your class starts
2. Register with MSSC at <http://candidates.msscusa.org>. You will receive an email from IVCC with a **Registration Code** that is mandatory when setting up your account.
3. Once both registrations have been completed, you will receive an email with an **Activation Code** for the module and additional information on how to begin your classes. Please allow one week from date of registration to begin your classes.

For more information about Manufacturing Skills Standards Council (MSSC) and the Certified Production Technician (CPT) Credential go to [www.msscusa.org](http://www.msscusa.org).

### Endorsed by these local employers as a preferred credential for employment:

American Nickeloid Company	James Hardie
Allegion/LCN	Maze Nails
Black Bros. Co.	MBL (USA) Corporation
Carus Corporation	Plymouth Tube Co USA
Eakas Corporation	SABIC Innovative Plastics
Hart Electric	Transco Products
HCC, Inc.	Vector Manufacturing, Inc.
Inman Electric Motors	Zip-Pak

Additional Information Contact Jennifer Sowers [phone] 815.224.0280 [email] [Jennifer\\_Sowers@ivcc.edu](mailto:Jennifer_Sowers@ivcc.edu)

Continuing Education ■ ■ ■ Questions: [CALL] 815.224.0427 [CLICK] [www.ivcc.edu/cec](http://www.ivcc.edu/cec)

Starved Rock Startups exists to promote awareness of coworking throughout the region and to support the development of new and existing spaces. We believe that quality workspace is a critical component of the entrepreneurial and creative ecosystem within our region.



## 5 Reasons to Consider the Digital Co-Work Space of Ottawa:

1. Meet potential clients
2. The office set up
3. Network without trying
4. Legitimate meeting space
5. Learn something

Call for more information: 815-224-0212 [starvedrockstartups.com](http://starvedrockstartups.com)  
817 Columbus St., Ottawa, IL 61350

## Instagram for Business

**NEW** Come learn about the popular social media app for millennials. Millennials are using Instagram and so should your business. You will learn to engage your followers and build lasting business relationship with the digital natives. Attend this workshop if you are looking to set up your first Instagram account for your business. Then learn the basic tools available inside the Instagram app.

*Recommended that you bring a tablet or smartphone with Instagram already downloaded.*

<b>Fri</b>	<b>8-10 a.m.</b>	<b>Sep 25</b>	<b>1 Session</b>
<b>Gina</b>	<b>C-325, IVCC</b>	<b>CEX-9543-09</b>	<b>\$25</b>
<b>Czubachowski</b>			

<b>Wed</b>	<b>8-10 a.m.</b>	<b>Sep 30</b>	<b>1 Session</b>
<b>Gina</b>	<b>Rm 104,</b>	<b>CEX-9543-609</b>	<b>\$25</b>
<b>Czubachowski</b>	<b>Ottawa Center</b>		

## Intermediate Instagram for Business

**NEW** Taking photos and promoting your business can all be done using the Instagram app. Learn about the various tools within Instagram that enhance your pictures and make them more appealing to your audience. *Attendees should bring tablet or smartphone with Instagram app and 6 digital photos saved on your tablet or smartphone.*

<b>Fri</b>	<b>8-10 a.m.</b>	<b>Oct 2</b>	<b>1 Session</b>
<b>Gina</b>	<b>C-325, IVCC</b>	<b>CEX-9544-10</b>	<b>\$25</b>
<b>Czubachowski</b>			

<b>Wed</b>	<b>8-10 a.m.</b>	<b>Oct 7</b>	<b>1 Session</b>
<b>Gina</b>	<b>Rm 104,</b>	<b>CEX-9544-610</b>	<b>\$25</b>
<b>Czubachowski</b>	<b>Ottawa Center</b>		

## So You Want to Start a Business

Starting a new business is both exciting and frightening. This workshop will provide you an overview of how to write a business plan, register a business name, obtain a tax ID number, appropriate insurance, recordkeeping, legal ownership and other start-up issues. You will gain general knowledge of what basic action need to be implemented along with your plan.

<b>Mon</b>	<b>6-8 p.m.</b>	<b>Oct 5</b>	<b>1 Session</b>
<b>Bev Malooley</b>	<b>C-325, IVCC</b>	<b>CEX-9508-310</b>	<b>\$25</b>

## Facebook for Business

**NEW** Facebook continues to be a popular social media app that people from across the world are using to connect with people and businesses. Facebook offers two types of pages on their social media app. This seminar will go through why your business needs a Facebook Business Page and then discover the types of posts that create buzz for your business. Attendees will start a Facebook Business Page and begin exploring the tools available on Facebook Business Pages.

<b>Thu</b>	<b>8-10 a.m.</b>	<b>Oct 15</b>	<b>1 Session</b>
<b>Gina</b>	<b>C-325, IVCC</b>	<b>CEX-9545-10</b>	<b>\$25</b>
<b>Czubachowski</b>			

<b>Mon</b>	<b>2-4 p.m.</b>	<b>Oct 19</b>	<b>1 Session</b>
<b>Gina</b>	<b>Rm 101,</b>	<b>CEX-9545-610</b>	<b>\$25</b>
<b>Czubachowski</b>	<b>Ottawa Center</b>		

## Intermediate Facebook for Business

**NEW** This workshop is taking the next step in Facebook Pages that are available for businesses and organizations. Attendees will learn the importance of continuous and consistently reviewing your business's Facebook Page. Discussions will revolve around promoting your Facebook Business Pages, learning about the changes happening on the Facebook app and reviewing your business page analytics.

<b>Wed</b>	<b>8-10 a.m.</b>	<b>Oct 21</b>	<b>1 Session</b>
<b>Gina</b>	<b>C-325, IVCC</b>	<b>CEX-9546-10</b>	<b>\$25</b>
<b>Czubachowski</b>			

<b>Mon</b>	<b>2-4 p.m.</b>	<b>Oct 26</b>	<b>1 Session</b>
<b>Gina</b>	<b>Rm 101,</b>	<b>CEX-9546-610</b>	<b>\$25</b>
<b>Czubachowski</b>	<b>Ottawa Center</b>		

## Illinois Small Business Development Center

Businesses Start Here. We provide business owners with resources and confidential consulting for startups and existing businesses at no charge. **Questions?** Please Call: 815.224.0212

or go online – [www.ivcc.edu/sbdc](http://www.ivcc.edu/sbdc)



# Computers



## ■ Computer Basics [Welcome to Windows 7]

Learn basic skills for using Windows 7 in this hands-on workshop. If you're new to computers, we'll start with turning the computer on and proceed at a comfortable pace. You will learn the features of My Computer, Recycle Bin, customize your desktop, run multiple programs and use shortcuts. Learn to install programs, check your hard disk drive, delete and restore files and change your mouse settings. Your instructor will use plain language and use hands-on demonstrations, practice and individual help. *\*Textbook and a 2GB flash drive required.*

**Tue** 6-9 p.m. Sep 8-29 4 Sessions  
Doreen Balzarini A-323, IVCC CEX-4408-309 \$99

## ■ Beginning Excel 2013

In this introductory class, you will gain basic skills which include Ribbon interface; entering and editing data; selecting cell and ranges; printing worksheets; creating formulas and functions; formatting cell contents; inserting and deleting columns, rows, and cells; creating different types of charts and more. This class will benefit new users as well as professionals upgrading from 2010. *\*Textbook and 2GB flash drive required.* CEU: 1.2

**Thu** 6-9 p.m. Sep 10-Oct 1 4 Sessions  
Doreen Balzarini A-323, IVCC CEU-4118-309 \$99

## ■ Intermediate Excel 2013

Topics include working with large worksheets and multi-sheet workbooks; building advanced functions; creating and formatting tables; inserting clip art, pictures and SmartArt; creating outlines and templates; digital signatures and more. *\*Textbook and 2GB flash drive required.* CEU: 1.2

**Thu** 6-9 p.m. Oct 8-29 4 Sessions  
Doreen Balzarini A-323, IVCC CEU-4119-310 \$99

## ■ Advanced Excel 2013

This is an advanced course that will challenge students. Learn to work with PivotTables and macros, financial functions, data analysis, auditing and additional functions, advanced formatting and analysis tools, collaboration and more. *\*Textbook and 2GB flash drive required. No class: Nov 26.* CEU: 1.2

**Thu** 6-9 p.m. Nov 5-Dec 3 4 Sessions  
Doreen Balzarini A-323, IVCC CEU-4120-311 \$99

## ■ QuickBooks Pro 2015

**NEW** Whether you are a first time user or upgrading your software, discover all the features QuickBooks has to offer! You will begin with basic navigations such as paying bills to outside vendors, recording customer payments and analyzing financial data. Then move on to advanced functions which include job costing, tracking, creating estimates working with balance sheets, sales tax, payroll and accounts payable. This class is the complete package! *\*A 4GB flashdrive is included with the cost of the class. Textbook required.*

CEU: 2.4

**Mon** 6-9 p.m. Sep 14-Nov 2 8 Sessions  
Kathryn Baker A-323, IVCC CEU-4711-309 \$199

## ■ Introduction to the Internet and Email

Learn the skills to navigate the internet and email. Learn basic and advanced web searches, job search, online shopping and online banking. This class will also include internet security, scam avoidance and identity theft warnings. Students will also be introduced to Yahoo webmail, instant messaging and photo sharing websites. *\*Textbook and a 2GB flash drive required.*

**Tue** 6-9 p.m. Oct 6-27 4 Sessions  
Doreen Balzarini A-323, IVCC CEX-4607-310 \$99

## ■ Microsoft Publisher 2013

**NEW** Discover all the new features this version has to offer including new templates and improved style galleries! Students will be introduced to the Publisher ribbon, plan and design publications, use various tools to enhance publications, explore templates, add and edit graphic images and modify building blocks. Bring your creative side to class to prepare attractive personal, business and promotional documents. *\*Reference guides and 2GB flash drive required.*

CEU: 1.2

**Tue** 6-9 p.m. Nov 3-24 4 Sessions  
Doreen Balzarini A-323, IVCC CEU-1212-311 \$99

See pg. 32 for more details and a listing of additional software and technology classes including: Learn to Use Your iPad, iPhone Tips & Tricks, Podcasting 101, Understanding Cyber Security, Introduction to Prezi.

## DON'T FORGET YOUR TEXTBOOKS!

Books can be purchased at the IVCC Bookstore on Main Campus. If you are taking courses at the Ottawa Center, you can have your textbooks delivered to the center at no charge. Order your books online at [www.ivccbookstore.com](http://www.ivccbookstore.com) or call the bookstore at 815-224-0311 for more information.

# Massage Therapy



## ■ Introduction to Traditional Naturopathy and Integrative Modalities

**NEW** This course is an introduction into Traditional Naturopathy explaining the history and uses of natural medicine, and several integrative modalities which will include: Bach Flower Essence therapy, Iridology, Tuning Fork and Sound Therapy, and Cupping. Students will learn to use the equipment through demonstration and participation and understand the history, theory, and proper application of these therapies. The learning environment will include both the classroom and the massage lab for experiential learning. *Please bring your lunch, snacks, a clean set of sheets for the table and dress comfortably.* **This course has been approved for 8 CE hours by the State of IL.**

Fri	9 a.m.-5:30 p.m.	Sep 18	1 Session
Pam Booras	G-106B, IVCC Gym Building	CPD-3151-09	\$139

## ■ Reiki I [For Licensed Massage Therapists]

Learn about Reiki energy and how it helps you to relax, reduce stress, and helps you to clear your emotional and physical anxiety throughout your day. Learn Reiki meditation and hand positions. You will learn how Reiki was founded, came to the United States and spread throughout the world, the five precepts and ethics, proper hand techniques, and the color and locations of the seven chakras. Adding Reiki to your massage therapy offers your client more than just relaxation; it helps balance the energy vortexes (chakras) in the body and mind. *Textbook provided. Please bring your lunch, snacks, a clean set of sheets for the table and dress comfortably.* **This course has been approved for 7.5 CE hours by the NCBTMB and the State of IL. Prior to the workshop participants MUST undergo at least one full Reiki Session.** Please call 815-252-1656 to set up an appointment and for additional information.

Sat	9 a.m.-5 p.m.	Oct 17	1 Session
Kristina Dittle	G-106B, IVCC Gym Building	CPD-3101-10	\$139

## ■ Introduction to Sports Massage

This course will focus on several areas of sports massage. Initially, students will be introduced to the benefits of sports massage, common injuries associated with athletes and how to recognize the specific type of injury, and then various techniques to assist the athlete in recovery. A strong emphasis will be placed on body mechanics for the therapist's own health and safe application of techniques; pre-event massage (preparing the athlete for competition); and post-event massage (application of techniques to assist the athlete in recovering from the competition). Techniques that will be covered will include several types of trigger point therapy, stretching, joint mobilization, and cramp relief. *Please bring your lunch, snacks, a clean set of sheets for the table and dress comfortably.* **This course is for licensed massage therapists only and has been approved by the State of IL and NCBTMB for 8 CE hours.**

Sun	8 a.m.-4:30 p.m.	Oct 25	1 Session
Michael Hovi	G-106B, IVCC Gym Building	CPD-3140-10	\$139

## ■ Music and Sound Therapy

**NEW** This course is an introduction into Music and Sound Therapy that will include the history and use of sound, tuning forks, tonalization, music and voice energetics. Students will learn how to use sounds to balance the subtle energies of the body, mind and spirit. Demonstrations will include tuning fork therapy sessions, meditations, and music meditations. The learning environment will include both the classroom and lab for experiential learning. *Please bring your lunch, snacks, a clean set of sheets for the table and dress comfortably.* **This course has been approved for 8 CE hours by the State of IL.**

Fri	9 a.m.-5:30 p.m.	Oct 30	1 Session
Pam Booras	G-106B, IVCC Gym Building	CPD-3152-10	\$139



## ■ Cupping Techniques for Specific Conditions

In this course students will learn to address specific conditions that are common to the massage therapist using cupping methods. These conditions include: carpal tunnel, congested conditions, sprains, strains, general discomfort, scars and adhesions. We will also review the history and theory of massage cupping. Students will learn to use the equipment through demonstration and participation and we will cover the path of pain. *Please bring your lunch, snacks, a clean set of sheets for the table, and dress comfortably.* **This course has been approved for 8 CE hours by the State of IL and the NCBTMB.**

**Sat 9 a.m.-5:30 p.m. Nov 21 1 Session**  
**Pam Booras G-106B, IVCC CPD-3132-11 \$139**  
**Gym Building**

*Pam Booras is a board certified traditional naturopath through American Naturopathic Certification Board (ANCB) and has a post graduate degree in Naturopathic Medicine through Midwest University, College of Naturopathic Medicine. Her undergraduate degrees are in the study of the Metaphysical Sciences through the University of Sedona where she holds several additional degrees in ministry and counseling. She is a Certified Bach Flower Essence Practitioner through Bach, Inc. Her study of Iridology was completed through Midwest University. She is certified through Level 5 as a Certified Tuning Fork therapist through Francine Milford of Venice, FL. She is also certified as a Music and Sound Therapist by Dr. John Beaulieu of Biosonics Healing. She received her certification in cupping through Ace Cupping, Anita Shannon. She is also a Licensed Massage Therapist.*

## ■ Energy Anatomy & Vibrational Healing

**NEW** Vibrational Healing is the new "medicine." This course will explore the anatomy of the energy bodies and currents, and provide tools for balancing the electromagnetic field. Emotional, mental, and spiritual causation of disease are discussed. Participants will learn East Indian and Chinese methods for energetic balancing and re-patterning. The course is presented through a variety of mediums used in complementary healing. Topics include: chakra system, meridians, electromagnetic fields, healing with sound and color, flower essences, homeopathy, and applied kinesiology. **State of IL 6 CE hours.**

**Wed 9 a.m.-4 p.m. Sep 16 1 Session**  
**Candice Chaffee C-316, IVCC CPD-3248-09 \$79**

## ■ Advanced Herbalism

**NEW** As a continuation in the study of herbalism, this course will offer an in-depth study of herbal therapies and formulation of herbal blends to effectively address health needs. We will examine the major body systems, their functions, how they interact, and the corresponding herbs used to balance their activities. You will make and take home your own herbal tincture formula along with a new-found understanding of the role herbs play in maintaining health and balance. **State of IL 6 CE hours.** *Prerequisite: Introduction to Herbalism (Please bring your materials from that class for review).* **Please bring a \$15 material fee payable to the instructor at class. Registration deadline: Sep 30.**

**Wed 9 a.m.-4 p.m. Oct 14 1 Session**  
**Candice Chaffee C-325, IVCC CPD-3249-10 \$79**

## ■ Detoxifying Your Body & Living Environment

Toxicity load is deteriorating our health and quality of life. In the last hundred years, thousands of unresearched chemicals have been introduced into our food, water, medicine, and environment. The average person now carries a "body burden" of 700 or more synthetic chemicals, including Teflon residues, plastics, and dozens of pesticides. This course will examine common chemicals that are sabotaging our bodies, homes, and environment. More importantly, we will explore ways to minimize our exposure, detoxify our bodies, and replace common personal care and cleaning products with natural, non-toxic ingredients. **State of IL 6 CE hours.**

**Wed 9 a.m.-4 p.m. Nov 18 1 Session**  
**Candice Chaffee C-316, IVCC CPD-3240-11 \$79**

*Candice Chaffee is certified as a Master Herbalist and Natural Health Professional. She has studied, practiced and taught holistic health for 25 years; and now divides her time between teaching, public speaking and natural health consulting.*

# Nursing

## ■ Energy Anatomy & Vibrational Healing

**NEW** Vibrational Healing is the new "medicine". This course will explore the anatomy of the energy bodies and currents, and provide tools for balancing the electromagnetic field. Emotional, mental, and spiritual causation of disease are discussed. Participants will learn East Indian and Chinese methods for energetic balancing and re-patterning. The course is presented through a variety of mediums used in complementary healing. Topics include: chakra system, meridians, electromagnetic fields, healing with sound and color, flower essences, homeopathy, and applied kinesiology.

[6 CE Hours]

Wed	9 a.m.-4 p.m.	Sep 16	1 Session
Candice Chaffee	C-316, IVCC	CPD-3248-09	\$79

## ■ Advanced Herbalism

**NEW** As a continuation in the study of herbalism, this course will offer an in-depth study of herbal therapies and formulation of herbal blends to effectively address health needs. We will examine the major body systems, their functions, how they interact, and the corresponding herbs used to balance their activities. You will make and take home your own herbal tincture formula along with a new-found understanding of the role herbs play in maintaining health and balance. *Prerequisite: Introduction to Herbalism (Please bring your materials from that class for review).* **Please bring a \$15 material fee payable to the instructor at class. Registration deadline: Sep 30.**

[6 CE Hours]

Wed	9 a.m.-4 p.m.	Oct 14	1 Session
Candice Chaffee	C-325, IVCC	CPD-3249-10	\$79

## ■ Detoxifying Your Body & Living Environment

Toxicity load is deteriorating our health and quality of life. In the last hundred years, thousands of unresearched chemicals have been introduced into our food, water, medicine, and environment. The average person now carries a "body burden" of 700 or more synthetic chemicals, including Teflon residues, plastics, and dozens of pesticides. This course will examine common chemicals that are sabotaging our bodies, homes, and environment. More importantly, we will explore ways to minimize our exposure, detoxify our bodies, and replace common personal care and cleaning products with natural, non-toxic ingredients. [6 CE Hours]

Wed	9 a.m.-4 p.m.	Nov 18	1 Session
Candice Chaffee	C-316, IVCC	CPD-3240-11	\$79

*Candice Chaffee is certified as a Master Herbalist and Natural Health Professional. She has studied, practiced, and taught holistic health for 25 years, and now divides her time between teaching, public speaking, and natural health consulting.*



# Nursing

# Ed2Go Nursing Take it Online!

[www.ed2go.com/ivcc](http://www.ed2go.com/ivcc)

## ■ NEURO Through the Ages

Barb will cover a myriad of conditions including embryologic development and gender differences in brain activity, teratogenic effects of drugs, viruses, maternal stress, and vitamin deficiencies on the developing nervous system. Clinical correlations include neural tube defects, herpes viruses, and neuroectodermal diseases. The development of mirror neurons will be described and correlated with disorders such as depression, bullying, abusive behavior and autism. Barb will also discuss the "teen-age" brain and how the limbic system rules during those tumultuous years of brain development. A variety of neurological conditions will be discussed as related to various age groups.

- Seizure disorders of childhood compared to seizure disorders in adults
- ADHD in children - the role of big tonsils, big adenoids, and sleep deprivation
- Guillain-Barre compared to multiple sclerosis - causes, treatment and prognosis

Barb will discuss the types of movement disorders observed in specific age groups including: athetosis in childhood, Tourette's syndrome, Huntington's chorea and Parkinson's disease. Cerebellar disease will also be included as it relates to alcohol and other neurologic conditions including multiple sclerosis. Barb will discuss the various causes of dementia; early onset vs. late onset, and the neurological basis of the various signs and symptoms. Common causes of dementia will be described including: Alzheimer's disease, nutritional dementia, Parkinson's dementia, chronic traumatic brain encephalopathy, and Pick's disease. Peripheral neuropathies through the ages will also be discussed. **Breakfast, lunch, and handouts are included in the course fee. [6 CE Hours]**

**Thu 8:30 a.m.-3:30 p.m. Oct 22 1 Session**  
**Barb Bancroft C-316, IVCC CPD-3250-10 \$112**

*Barb Bancroft is a widely-acclaimed national speaker noted for her humorous, entertaining and information packed seminars. She is the author of four books, her latest, Kiss My Asparagus, is an essential guide to nutrition's role in Health and Disease. Many people can conduct health seminars, or write books on health, but very few can make them both thoroughly informative and entertaining. Barb Bancroft makes complex health topics easily understandable, appealing and hilarious. Barb has provided more than 2,400 educational and motivational seminars on clinical topics and health maintenance topics to healthcare professional and corporations throughout the US and Canada.*

## CEU's for Nurses through Allegra Learning Solutions, LLC.

Allegra Learning Solutions is accredited as a provider of continuing education in nursing by the American Nurses Credentialing Center's Commission of Accreditation.

**Courses Begin Monthly.**

**See page 33 for registration directions.**

### Certificate in Complementary and Alternative Medicine [22 Contact hours]

CPD-3504 \$189

### Certificate in Pain Assessment and Management [12 Contact hours]

CPD-3505 \$159

### Certificate in Gerontology [25 Contact hours]

CPD-3506 \$199

### Certificate in Perinatal Issues [20 Contact hours]

CPD-3509 \$109

### Certificate in Spirituality, Health, and Healing [25 Contact hours]

CPD-3510 \$159

### Certificate in Integrative Health [50 Contact hours]

CPD-3519 \$475

### Certificate in Integrative Mental Health [20 Contact hours]

CPD-3512 \$135

### Certificate in End of Life Care [18 Contact hours]

CPD-3516 \$190

### Certificate in Food, Nutrition, and Health [16 Contact hours]

CPD-3520 \$96

### Certificate in Healing Environments [16 Contact hours]

CPD-3521 \$96

### Certificate in Brain Health [10 Contact hours]

CPD-3522 \$66

# Teacher



## Earn PD's that are Convenient, Affordable, and Effective!

Take IVCC Ed2Go online courses anywhere and when it's most convenient for you! Classes are 6 weeks long and 24 contact hours. *New classes begin monthly.*

Complete course descriptions, syllabus and demos available at [www.ed2go.com/ivcc](http://www.ed2go.com/ivcc)

For detailed information on how to get started and register see pg. 33.

**Using the Internet in the Classroom**  
CPD-2102 \$99

**Teaching Students with Autism: Strategies for Success**  
CPD-2209 \$99

**Solving Classroom Discipline Problems**  
CPD-2208 \$99

**Guided Reading and Writing:  
Strategies for Maximum Student Achievement**  
CPD-2407 \$99

**Differentiated Instruction in the Classroom**  
CPD-2204 \$99

**Empowering Students with Disabilities**  
CPD-2211 \$99

**Teaching Math: Grades 4-6**  
CPD-2504 \$99

**Enhancing Language Development in Childhood**  
CPD-2408 \$99

**Teaching Students with ADHD**  
CPD-2214 \$99

Many more to choose from!  
Additional class offerings and topics of concentration  
are listed on the website.

## ■ Common Core Standards for English Language Arts K-5 [Online]

**NEW** Discover the Common Core State Standards (CCSS) for English language arts, and gain confidence in applying them to the K-5 classroom. In this course you'll explore the basic elements of the standards - strands, anchor standards, and grade articulations, and you'll see how they relate to each other. We'll explore the four English language strands - reading, writing, speaking and listening, and language; outlining the goals that students will aim for in each of those areas. We'll discuss the roles of technology, homework, curricula, and assessments in the classroom. And you'll be inspired by loads of easy-to-use, practical examples of CCSS-aligned lessons that you can use with your own students.

CPD-2317 \$99

## ■ Spanish in the Classroom [Online]

If you're struggling to communicate with your Spanish-speaking students and their families, and you don't know your cabeza from your codo (that's your head from your elbow), don't worry help is here! Whether you took a Spanish class 20 years ago and just want to brush up a bit, or you have never taken a Spanish class, you'll learn the essential Spanish for teachers and bridge the communication gap with your Spanish-speaking students and parents. We'll start with the basics of Spanish pronunciation, and then we'll move right into simple words for everyday things, such as colors, numbers, and question words. Then you'll learn more of the basics of conversational phrases, family names, and directions. Next, we'll get into what it's like on the first day of school as we go over words related to enrolling new students, conversing in the classroom, talking about rules and behavior, and basic vocabulary for various academic subjects. We'll also cover Spanish words and phrases to use in the cafeteria, on the playground, and even in the nurses office! Finally, we'll delve into some survival phrases for the parent-teacher conference as you learn to describe how a child is doing, talk about academic or behavior problems, and discuss grades and homework.

CPD-2305 \$99

# Food Service Sanitation

## ■ Food Service Sanitation [8 Hr. Class]

Applied Food Service Sanitation is designed to assist the manager or potential manager apply sanitation principles in the operation of a food service establishment. Students will learn to identify the causes of food-borne illness, identify and apply correct procedures for cleaning and sanitizing, recognize problems and potential solutions associated with facility, equipment and layout. The Illinois code related to food service establishments will be discussed. During the last session students will take the ServSafe Protection Food Manager Certification exam.

This class is required in Illinois for food service manager certification and is approved by the Illinois Department of Public Health (IDPH). Upon successful completion of the exam, students will submit their Food Service Sanitation Manager Certification Program Request Form and \$35 fee payable to the IDPH. Food Service Sanitation Manager licenses are valid for five years.

A textbook is required for this class: *ServSafe Manager, 6th Edition*. The textbook is available at the IVCC Bookstore located at the main campus in Oglesby or can be purchased in advance online at [www.ivccbookstore.com](http://www.ivccbookstore.com).

## IVCC Ottawa Center

These classes are at the IVCC Ottawa Campus.

Take it at the IVCC Ottawa Center [321 W. Main Street, Ottawa]

Mon/Thu Sara Smith	5-7:30 p.m. Rm 103, Ottawa Center	Aug 17-27 CEU-1503-638	4 Sessions \$119
Mon/Thu Sara Smith	5-7:30 p.m. Rm 103, Ottawa Center	Sep 28-Oct 8 CEU-1503-639	4 Sessions \$119
Mon/Thu Sara Smith	5-7:30 p.m. Rm 103, Ottawa Center	Nov 9-19 CEU-1503-631	4 Sessions \$119

Take it at the IVCC Main Campus  
[815 N. Orlando Smith Road, Oglesby]

Mon/Tue/Thu Aug 3, 4 Aug 6 Ida Boyle-Bruch	8 a.m.-12 p.m. 8-10 a.m. CTC-123, IVCC	Aug 3-6 CEU-1503-08	3 Sessions \$119
Mon/Tue/Thu Sep 14, 15 Sep 17 Ida Boyle-Bruch	8 a.m.-12 p.m. 8-10 a.m. CTC-123, IVCC	Sep 14-17 CEU-1503-09	3 Sessions \$119
Mon/Tue/Thu Oct 5, 6 Oct 8 Ida Boyle-Bruch	8 a.m.-12 p.m. 8-10 a.m. CTC-123, IVCC	Oct 5-8 CEU-1503-10	3 Sessions \$119
Mon/Tue/Thu Nov 2, 3 Nov 5 Ida Boyle-Bruch	8 a.m.-12 p.m. 8-10 a.m. CTC-123, IVCC	Nov 2-5 CEU-1503-11	3 Sessions \$119
Mon/Tue/Thu Nov 30, Dec 1 Dec 3 Ida Boyle-Bruch	8 a.m.-12 p.m. 8-10 a.m. CTC-123, IVCC	Nov 30-Dec 3 CEU-1503-21	3 Sessions \$119



## "As Seen on TV"

CHICAGO EATS

*Includes: Motor coach transportation, visits and sampling at Nana Organic, Eataly, 90 Miles Cuban Café, Chicago's Dog House, and Chicago Brauhaus; all tips, gratuities and snacks.*

If there is one thing Chicago is known for, it is great "eats"! Calories do not count today as we delve into establishments that have been featured on the Food Network! Upon arrival start your day at Nana. This restaurant is owned by a crew of four siblings, named after their mother, Maria "Nana". The restaurant focuses on sustainability using locally sourced ingredients to create comfort food. TV host Guy Fieri of Diners, Drive-Ins and Dives devoured the Eggs Nanadict which you will have the opportunity to try. Next stop is an eatery and market influenced by Food Network's Mario Batali...Eataly! Participate in a guided tour and sampling of gelato followed by time to explore the 63,000 square feet of shopping markets, food counters, and cafes. Fresh pasta, aged cheese, wine, imported salamis and more will tempt your senses with the best Italy has to offer. We will head for flavors from south of the border at our third stop of the day, 90 Miles Cuban Café, featured on Diners, Drive-Ins and Dives. The Gonzalez family came from Cuba in 1980 and arrived in Key West, only 90 Miles from their beloved home. They immediately started working towards their American dream. Their dedication has given them the opportunity to be able to share the essence of Cuban culture and authentic Cuban cuisine right from their kitchen table to you. Next we will travel to the *Chicago Dog House* featured on *Outrageous Eats*. This hot dog joint redefines the classic with "frips" and an alligator corn dog for the truly adventurous type! The icing on the cake will be the last stop of the day, *Chicago Brauhaus* in Lincoln Square, also featured on the "Triple D". For over 40 years, Brauhaus has served German specialties in the Lincoln Square Neighborhood. Enjoy the Bavarian atmosphere, as well as the house specialty German Chocolate Cake. Enjoy a little free time to explore the local shops in the square including Gene's Gourmet Sausage Shop & Delicatessen before we begin our journey home!

**Date:** Thursday, October 1  
**Time:** 7 a.m.-7 p.m.  
**Where:** IVCC Parking Lot, #4  
**Course:** HLR-8318-410  
**Fee:** \$135

## Looking for Fall Colors



*Includes: Motor coach transportation from IVCC to the paddleboat, all day cruise to Peoria, continental breakfast, buffet lunch, hors de vours, entertainment, snacks, and motor coach transportation home from Peoria to IVCC.*

Take a trip back in time and join the Captain and crew on Illinois' only authentic paddle wheeler, the Spirit of Peoria. Enjoy panoramic views, marvel at the fall colors, hear river stories from the boat's riverlorian, listen to tunes on the calliope and ragtime piano, sing along with the banjo player, feast on sumptuous food and just RELAX as you gain a unique perspective of life on the Illinois River. Learn the history of the Illinois River and view the wildlife as you hear the calliope ring through the valley. Enjoy eagle sightings, and other waterfowl and wildlife along the river. The Spirit has three passenger decks, with a pilot house on top. The captain steers the "floating wedding cake" with a seven foot maple wheel located in the pilot house. With a calliope and a cruising speed of 7 mph, the Spirit of Peoria travels at a leisurely pace. Enjoy a day of fun and relaxation on the Illinois River. **Note: You may want to bring binoculars, a camera, and a jacket, as it is always windy on the river.**

**Date:** Tuesday, October 20  
**Time:** 8:45 a.m.-7 p.m.  
**Where:** IVCC Parking Lot, #4  
**Course:** HLR-8251-410  
**Fee:** \$139



## Walking IN A MUSICAL WONDERLAND

*Includes: Motor coach transportation, Fisher Nut Outlet, luncheon at the Sanfilippo Carousel Pavilion, live holiday concert at the mansion on the 1927 Wurlitzer Theater Organ, all tips, gratuities, and snacks.*

You will be dazzled when we arrive at the beautiful Sanfilippo Estate for the holidays! Join IVCC for an elegant holiday luncheon in the breath taking Carousel Pavilion before arriving at the mansion for a Christmas concert at this magnificent, privately owned estate in Barrington Hills, Illinois. Dine by the light of the carousel façade. Wonders wait around every corner from a perfectly restored Pullman Palace train car, a Victorian clock tower, steam engine collection and gallery. Experience days gone by with demonstrations of the ornate fair organs including the 1906 Gavioli 110-Key organ that replicates a fifty piece orchestra. Don't miss the crown jewel, the Eden Palais Carousel built in 1890 and restored to original brilliance. Next, step back in time and enjoy a holiday concert in the mansion on the 1927 Wurlitzer Theater Organ. The concert will be performed by world renowned theater organist, Dave Wickerham. The Sanfilippo organ is the world's largest theatre pipe organ, an 80 rank, 8,000 pipe. The auditorium was exclusively built for the organ and features ornate chandeliers and architecture from historic theatres and movie palaces. Following the concert, you will have time to explore the estate and collections of automatic musical instruments including early Edison and Victrola Phonographs, Barrel Organs, Disk Players, Violin Machines, Orchestrions and Nickelodeons, view the Arcade and enjoy the mansion magnificently decorated for the holidays. We will make a stop at the Fisher Nut Outlet, time and weather permitting. *The Sanfilippo 'Place de la Musique' is known worldwide for its magnificent collections of beautifully restored antique music machines, chandeliers, art glass and more; displayed with a breathtaking French Second Empire setting. Jasper Sanfilippo is the second generation of Sanfilippo and sons, the second largest nut processor in the world. He is an avid collector, continuing to acquire items in original condition or for restoration.*

**Date:** Thursday, December 3  
**Time:** 9:30 a.m.-7 p.m.  
**Where:** IVCC Parking Lot, #4  
**Course:** HLR-8319-412  
**Fee:** \$139



## A Christmas Carol CHICAGO YULETIDE PLAYBILL

*Includes: Motor coach transportation, early lunch at Macy's Walnut Room, A-Level Tickets to "A Christmas Carol" at Goodman Theatre, Christkindlmarket, Dessert at Grand Lux Café, all tips, gratuities, and snacks.*

Dazzle your senses on this holiday tour of the Windy City! Our day begins with an early lunch in the magnificent Walnut Room inside Macy's. Next we'll take our seats at the Goodman Theatre for the noon performance of "A Christmas Carol", a favorite local tradition since its debut in 1978. Join millions of Chicagoans – adults and children alike – who have been thrilled by this timeless tale of Scrooge and his voyage into Christmas present, past and future. After the show, take some time on your own to explore the storybook windows of Macy's and/or visit the Christkindlmarket at Daley Plaza, where you'll get a look at Chicago's great Christmas tree, enjoy the smells of fresh gingerbread, and explore the German-styled marketplace to peruse the wood carvings and ornaments. We have 3:30 p.m. reservations at the Grand Lux Café overlooking Michigan Avenue where you'll be in for a treat – a luscious dessert and beverage! Afterwards, you'll have an hour to explore the shops along Michigan Avenue and grab a sandwich to eat on our way home. At 5 p.m., we will depart for home and enjoy Chicago's yuletide displays including Buckingham Fountain, State Street, bridgehouses, and the museum campus all aglow with lights, wreaths, and garlands for the holidays. **\*Please note we will be walking approximately three city blocks from Macy's to the Goodman Theatre and will be on foot after the show to explore the Christkindlmarket.**

**Date:** Wednesday, December 9  
**Time:** 7 a.m.-7:30 p.m.  
**Where:** IVCC Parking Lot, #4  
**Course:** HLR-8249-412  
**Fee:** \$159



# Culinary Arts



**Chef Sara Fitzpatrick** currently works at Uptown Bar & Grill, located in LaSalle, IL. She has 15 years professional experience, earning her degree from the Cooking & Hospitality Institute of Chicago. She is passionate about creating meals that are not only nutritious, but also creative. Sara also focuses on sharing time saving tips for use in the kitchen, recipe variations and helping you stretch your budget.

## ■ Where's the Beef? Burgers Re-invented

**NEW** Take a fun new look at an old classic. Let's change what you put between the bun; from a salmon burger to a veggie burger and beyond! Learn how to properly bind meat, make it more flavorful and healthier! It's not your normal burger anymore. There is a \$20 material fee payable to the instructor at class.

Wed	6-9 p.m.	Sep 16	1 Session
Sara Fitzpatrick	CTC-123, IVCC	HLR-3425-309	\$34

## ■ Keep the Flavor, Lose the Fat

**NEW** It's true we love food! Why not keep the flavor but drop some of the calories? Discover simple swaps that will make your cooking healthier and still keep the family wanting more. Experiment with ingredients you may not have thought of. Learn tips and tricks to apply to your tried and true family favorites. There is a \$20 material fee payable to the instructor at class.

Wed	6-9 p.m.	Oct 14	1 Session
Sara Fitzpatrick	CTC-123, IVCC	HLR-3511-310	\$34

## ■ How to Stretch your Dollar in the Kitchen

**NEW** Grocery bills are on the rise. Learn how to save money in the kitchen. Learn how to buy a few items and have meals all week. Find out how to get more out of chicken and utilize ingredients in your cabinet that you are not sure what to do with. There is a \$20 material fee payable to the instructor at class.

Tue	6-9 p.m.	Nov 10	1 Session
Sara Fitzpatrick	CTC-123, IVCC	HLR-3512-311	\$34

## ■ Playing with your Vegetables

**NEW** Were you the kid who pushed your vegetables around your plate, or do you know someone who does? Learn fun new ways to dress up your veggies and even get kids to eat them. Roast, bake and deconstruct your veggies into new recipes. Recipes prepared in class include an all veggie pizza crust, noodles, and more. There is a \$20 material fee payable to the instructor at class.

Wed	6-9 p.m.	Dec 16	1 Session
Sara Fitzpatrick	CTC-123, IVCC	HLR-3513-312	\$34

## ■ Germany: The Black Forest

The Black Forest is a wooded mountain range in southwestern Germany full of history and wonderful food. This area is abundant in natural resources that provide its residents and wildlife with many regional food items and is often considered a culinary paradise. Recipes featured in class will include Flammkuchen, Veal Cutlets with Capers, Black Forest Cake and other German favorites.

There is a \$20 material fee payable to the instructor at class.

Wed	6-9 p.m.	Sep 9	1 Session
Tim Freed	CTC-123, IVCC	HLR-3923-30 9	\$34

## ■ Knife Skills and Food Prep

Do you have dull knives? Do you want to learn basic skills for the kitchen? Chef Tim will go through everything you need to know about kitchen knives from purchasing, choosing which knife for the job, use, care and sharpening. We will also learn about prepping food items for recipes and make a couple of basic recipes with our prepped ingredients. Please bring the following items to class: a cutting board, potato peeler, and your favorite kitchen knife wrapped in a heavy cloth kitchen towel, secured with a rubber band. There is a \$12 material fee payable to the instructor at class.

Wed	6-9 p.m.	Sep 23	1 Session
Tim Freed	CTC-123, IVCC	HLR-3405-309	\$34

# Home Brewing

## Everything is Better with Bacon

Bacon... possibly one of the best part of the hog, and one of Chef Tim's preferred ingredients. Join us as we examine bacon: how it is made, varieties and some delicious recipes. Fatty and smoky, bacon makes many dishes shine on a plate. Recipes will consist of an entire meal devoted to the hog's belly including bacon cheddar lard biscuits, bacon potato soup, salad, entrée and a dessert of candied bacon.

There is a \$20 material fee payable to the instructor at class.

Wed	6-9 p.m.	Oct 7	1 Session
Tim Freed	CTC-123, IVCC	HLR-3419-310	\$34

## Olive Oil: Which One and Why?

Have you ever found yourself at the grocery store staring at all of the dozens of choices of olive oils on the shelf? Then you see even more kinds of oils such as peanut, walnut, sunflower, canola, sesame and corn. It can be very intimidating. But don't worry, spend a little time with Chef Tim and you can be an olive oil master! We will take an in-depth look at the different kinds of oils and learn about their uses, differences, and how they compare to each other. We will have some essential recipes such as olive oil mashed potatoes, capresse salad and olive oil cake. There is a \$20 material fee payable to the instructor at class.

Wed	6-9 p.m.	Oct 21	1 Session
Tim Freed	CTC-123, IVCC	HLR-3507-310	\$34

## Ultimate Chocolate

Attention chocoholics! If you love chocolate then you can't miss out on this one. Examine the process of making chocolate, where it comes from, the different varieties available to us and of course some wonderful recipes. Take a look at some of the best chocolate pairings including salty and spicy! Of course chocolate is for dessert, but Chef Tim will show you some other applications as well to add to your recipe book including a chocolate coffee seasoning rub and chocolate soup! There is a \$20 material fee payable to the instructor at class.

Wed	6-9 p.m.	Dec 2	1 Session
Tim Freed	CTC-123, IVCC	HLR-3607-312	\$34

## A German Christmas

Back by popular demand! Join Chef Tim for a German Christmas! We will take a look at traditions, food and history of Christmas in Germany. We will sample some of Germany's traditional Christmas foods. Froliche Weihnachten! There is a \$22 material fee payable to the instructor at class.

Wed	6-9 p.m.	Dec 9	1 Session
Tim Freed	CTC-123, IVCC	HLR-3922-312	\$34

## Introduction to Home Brewing

**NEW** Learn about the art of crafting and brewing at home. Participants will be introduced to the equipment, ingredients, brew kits and the methods used in small scale brewing of extract beers. Participants will be ready to brew in the comfort of their kitchen, garage or back patio after this introductory class. This class is taught by a beginning brewer, for beginning brewers. You will learn the basics to get started on your own endeavor. **Students must be age 21 or older and have valid photo identification upon arrival at class.** Randy Koehler's home brewing experiment started with a birthday gift from his wife in 2014. Several batches later, including much trial and error, he is now successfully brewing small batch brew at home.

Wed	6-8 p.m.	Oct 28	1 Session
Randy Koehler	CTC-125, IVCC	HLR-3938-310	\$34

## Dance

### ■ Wedding Reception Survival

Tired of making small talk at the table while everyone else is having fun on the dance floor? Learn to survive most social occasions by mastering the reception basics: Electric Slide, Cha Cha Slide, Swing, Waltz as well as some great slow dance moves. **\*Please sign up with a dance partner and both persons must register.**

Tue	7-8:15 p.m.	Sep 15-Oct 20	6 Sessions
Jane & Rodney	Small Gym,	HLR-5108-409	\$56
Schomas	Oglesby Lincoln School		

### ■ Intro to Foxtrot

Introduction to Foxtrot is a beginner's level dance class. Learn basics and some bronze level turns. The Foxtrot is a smooth progressive dance characterized by long, continuous flowing movements across the dance floor. It is danced to big band music, and the feeling is one of elegance and sophistication. **\*Please sign up with a dance partner and both persons must register.**

Tue	8:15-9:30 p.m.	Sep 15-Oct 20	6 Sessions
Jane & Rodney	Small Gym,	HLR-5121-409	\$56
Schomas	Oglesby Lincoln School		

### ■ Beginning Swing

Big band, rock, oldies or country? No matter what kind of music you like you can dance swing to it. Learn the moves to take you a step ahead. You'll learn basic patterns, turns and some fancy footwork too. Look like Fred & Ginger on the dance floor, not Fred & Ethel! **\*Please sign up with a dance partner and both persons must register.**

*No class: Nov 26.*

Thu	7-8:15 p.m.	Oct 22-Dec 10	7 Sessions
Jane & Rodney	Small Gym,	HLR-5102-410	\$65
Schomas	Oglesby Lincoln School		

■ **Oglesby Lincoln School is located at  
755 Bennett Ave., Oglesby** ■

## Music

### ■ IVCC Jazz Ensemble

Have you ever wanted to participate in a jazz ensemble? This course provides a study of style and techniques in the jazz idiom. The course is open to all wind instrument players as well as piano, guitar, bass and drum set players. Students will also participate in public performances during the semester. **Prerequisite: Performance ability on a wind instrument, piano, guitar, or trap drum. The college owns a piano; students playing wind, guitar or drums must own their own instrument. Late enrollments accepted.**

Tue	6:30-9 p.m.	Aug 18-Dec 15	18 Sessions
Brandon	D-223, IVCC	HLR-5116-308	\$25
Czubachowski			

### ■ Advanced Swing

Now that you have the 6-count mastered, let's take on some fancier footwork! Learn some of the more intricate parts of swing dance including turns, advanced footwork, the Lindy Hop and Charleston moves. **\*Please sign up with a partner and both persons must register. No class: Nov 26.**

Thu	8:15-9:30 p.m.	Oct 22-Dec 10	7 Sessions
Jane & Rodney	Small Gym,	HLR-5103-410	\$65
Schomas	Oglesby Lincoln School		

### ■ Latin Rhythms

**NEW** If you are planning a trip to escape the winter weather, a cruise or just want to have fun... this new class offering will help you accomplish your goals. Latin Rhythms will focus on Merengue, Salsa and Bachata. These basics will get you moving south of the border.

**\*Please sign up with a partner and both persons must register.**

Tue	7-8:15 p.m.	Oct 27-Dec 8	7 Sessions
Jane & Rodney	Small Gym,	HLR-5122-410	\$65
Schomas	Oglesby Lincoln School		

### ■ Intermediate Swing

You've taken beginning swing and want more, but don't feel ready for the advanced class. This is the class for you! Learn intro to Charleston, more turns and intro to closed dance position among others. This class is a great follow up to the Beginning Swing class. Must have at least one beginning swing class completed. **\*Please sign up with a dance partner and both persons must register.**

Tue	8:15-9:30 p.m.	Oct 27-Dec 8	7 Sessions
Jane & Rodney	Small Gym,	HLR-5118-410	\$65
Schomas	Oglesby Lincoln School		



# Gardening

## ■ Growing your own Mushrooms on Logs

**NEW** This course will be designed to give participants the information they need to choose the right mushrooms to grow on logs. We'll discuss different mushrooms that are available, choosing appropriate logs, inoculation process, management, and harvest. Participants will also see a demonstration of a log inoculation. *The tuition for this class has been co-sponsored by University of Illinois Extension.*

Wed 6-7:30 p.m. Sep 23 1 Session  
Grant McCarty CTC-125, IVCC HLR-5240-309 \$25



## ■ Fall into Autumn: Wreath Making

Students will learn the art of wreath making using dried floral pieces from the garden and landscape. Each student will create an autumn wreath. Instructor will provide various materials and supplies for a fee based on what you choose to use in class. A \$15 material fee per container is payable to the instructor at class. Students are also welcome to bring their own dried flowers from their home gardens.

Sat 1-3 p.m. Sep 19 1 Session  
Stephanie Stacy Garden's Gate, HLR-5233-409 \$29  
Ottawa

## ■ Creating a Holiday Container Arrangement

Share an enchanted holiday evening among friends. Enjoy twinkling lights and the scent of fresh cut greens. Join instructor Stephanie Stacy for this hands-on class. Students will create their own holiday winter container arrangement for outdoor display. Learn how to make your entryway pop this holiday season. Students interested in creating their own outdoor container to bring home after class should bring an outdoor container to class. A \$20 material fee per container is payable to the instructor at class.

Sat 1-3 p.m. Nov 21 1 Session  
Stephanie Stacy Garden's Gate, HLR-5218-411 \$29  
Ottawa

## ■ Fresh Cut Wreaths: Make a Little Holiday Cheer

Spend an afternoon with friends among sparkling lights, the scent of fresh cut greens and bright berries. Students will be creating a wreath using fresh cut greens. Students will learn how to assemble a wreath and be able to apply the skills learned in class to future projects.

A \$20 material fee is payable to the instructor at class.

Sat 1-3 p.m. Nov 28 1 Session  
Stephanie Stacy Garden's Gate, HLR-5234-411 \$29  
Ottawa

### PLEASE NOTE:

Garden's Gate is located at 611 E. Dayton Road • Ottawa

# Mind, Body & Wellness



## ■ Breathing for Life

Body, breath and mind are interrelated. Breathing properly is conducive to health and well being, alleviates anxiety, improves sleep, circulation and immune system functioning and calms and relaxes the mind. This is a great opportunity for an introduction to breathing techniques used in yoga. Learn how to breathe for life! **Bring a blanket and dress comfortably for an exploration of the mechanics and benefits of natural breathing.** Dan Retoff has taught at Illinois Valley Community College since 1999. In addition to teaching yoga, breathing and t'ai chi classes through the Continuing Education Center, he also teaches Anatomy & Physiology I, Human Growth and Development and Human Body Structure & Function.

Wed 6-7 p.m. Sep 2-16 3 Sessions  
 Dan Retoff CTC-125, IVCC HLR-6108-309 \$29

## ■ Beginning Yoga

Yoga uses gentle stretching, relaxation and breathing techniques to help you build strength, flexibility and endurance. Come away more relaxed, limber and feeling better! Yoga philosophy and its application to everyday life will be covered. **Wear comfortable, loose fitting clothes and athletic shoes and bring a towel or yoga mat.**

Wed 6-7:15 p.m. Sep 23-Oct 21 5 Sessions  
 Dan Retoff CTC-121, IVCC HLR-6101-309 \$39

## ■ Intermediate Yoga

This class is intended for students who are familiar with fundamentals and basic principles of yoga and are looking for a structured class to support their yoga practice. It is recommended that students take Beginning Yoga or have experience with yoga prior to taking this class. **Wear comfortable, loose fitting clothes and athletic shoes and bring a towel or yoga mat and a sweater.**

No class: Nov 11, 25.

Wed 6-7:15 p.m. Oct 28-Dec 9 5 Sessions  
 Dan Retoff CTC-121, IVCC HLR-6102-310 \$39



This icon indicates classes held at the IVCC Ottawa Campus.

### PLEASE NOTE:

Ottawa Center is located at 321 W. Main Street • Ottawa, IL

## U T'ai Chi [Session I]

T'ai chi is a set of 19 slowly and gently completed movements and one pose which increases the accumulation, circulation and balancing of the life source. The movements are easy to learn and appropriate for people of all ages and physical abilities. People who regularly practice T'ai chi experience greater energy, awareness and creativity and an improved quality of life. This class will teach approximately one half of the movements, enough to enable the student to experience the benefits of practice. **Wear comfortable, loose fitting clothes and athletic shoes.**

Fri 10-11:15 a.m. \*Sep 18-Oct 23 5 Sessions  
 Dan Retoff Rm 101, HLR-6104-609 \$39  
 Ottawa Center

\*No class: Oct 9.

## U T'ai Chi [Session II]

Fri 10-11:15 a.m. \*Oct 30-Dec 4 5 Sessions  
 Dan Retoff Rm 101, HLR-6104-610 \$39  
 Ottawa Center

\*No class: Nov 27.

## ■ Yoga Unique to You

Yoga challenges body and mind while building core power and improving stability. All levels of experience welcome. Learn sun salutations, standing postures, seated postures and vinyasa. Emphasis will be placed on correct body alignment, holding postures, and meditative flow from one posture to the next. Coordination of breath (pranayama) and movement is also emphasized. **Please bring a yoga mat and towel to class.** \*IVCC Fitness Center students will receive 1 visit per class they attend towards their Fitness Center visits. Tracie Klieber is a Certified Personal Trainer and works at the IVCC Fitness Center. She has practiced and instructed gentle yoga, intermediate yoga and Ashtanga Yoga for 15 years.

Tue/Thu 4:45-5:45 p.m. Aug 11-Sep 3 8 Sessions  
 Tracie Klieber CTC-121, IVCC HLR-6218-08 \$39

Tue/Thu 6:30-7:30 p.m. \*Sep 8-Oct 22 12 Sessions  
 Tracie Klieber CTC-121, IVCC HLR-6218-309 \$59

\*No class: Oct 1, 8.

Tue/Thu 4:45-5:45 p.m. \*Oct 27-Dec 17 14 Sessions  
 Tracie Klieber CTC-121, IVCC HLR-6218-10 \$69

\*No class: Nov 26, Dec 3.

## ■ Strength, Cardio & Core

This functional fitness class will encourage coordination skills, tone your body, zap calories and metabolize fat. Build a strong core: abs, hips and back, to support and improve what you do every day. Come ready to sweat, have fun, and improve your health. The instructor will start at a beginner's level and gradually increase to a more advanced level as improvement is shown. **Please bring water, a sweat towel and an exercise or yoga mat. IVCC Fitness Center students will receive 1 visit per class they attend towards their Fitness Center visits.**

**Wed** 4:45-5:45 p.m. Aug 12-Sep 2 4 Sessions  
**Tracie Klieber** CTC-121, IVCC HLR-6217-08 \$20

**Tue/Thu** 4:45-5:45 p.m. \*Sep 8-Oct 22 12 Sessions  
**Tracie Klieber** CTC-121, IVCC HLR-6217-09 \$59

\*No class: Oct 1, 8.

**Tue/Thu** 6:30-7:30 p.m. \*Oct 27-Dec 17 14 Sessions  
**Tracie Klieber** CTC-121, IVCC HLR-6217-310 \$69

\*No class: Nov 26, Dec 3.

## ■ Energy Anatomy & Vibrational Healing

**NEW** Vibrational Healing is the new "medicine." This course will explore the anatomy of the energy bodies and currents, and provide tools for balancing the electromagnetic field. Emotional, mental and spiritual causation of disease are discussed. Participants will learn East Indian and Chinese methods for energetic balancing and re-patterning. The course is presented through a variety of mediums used in complementary healing. Topics include: chakra system, meridians, electromagnetic fields, healing with sound and color, flower essences, homeopathy and applied kinesiology.

**Wed** 9 a.m.-4 p.m. Sep 16 1 Session  
**Candice Chaffee** C-316, IVCC HLR-6316-09 \$79

## ■ Learn to Relax with Reiki

Experience this relaxation method that is easy to learn for oneself or to share with others. Reiki is a vibrational healing art that promotes balance on every level: physical, mental, emotional, spiritual, and even our interaction with the people and places in our daily lives. Reiki can be described as a ray (REI) of sunshine giving us warmth and light giving us the key (KI) energy to relax, reflect, and respond. Anyone can learn Reiki for themselves to relax and enjoy each day, and to share with others, from a touch of the hand to the series of hand placements. In one day you will learn the history of Eastern and Western Reiki, Chakra energy vortexes, learn how to meditate to relax, the hand placements for self and others. The best part is giving and receiving Reiki during a practice session. **Bring a set of twin sheets to cover massage table, a sack lunch and dress comfortably.**

**There will be an optional book available for purchase from the instructor. Instructor Tina Dittle, is a Reiki Master-Teacher of Usui and Karuna Reiki. She is an affiliated member of the International Reiki Association and Therapeutic Massage & Reiki Professionals.**

**Sat** 9 a.m.-4 p.m. Oct 24 1 Session  
**Kristina Dittle** G-106B, IVCC HLR-6419-10 \$125  
 Gym Building



## ■ Advanced Herbalism

**NEW** As a continuation in the study of herbalism, this course will offer an in-depth study of herbal therapies and formulation of herbal blends to effectively address health needs. We will examine the major body systems, their functions, how they interact, and the corresponding herbs used to balance their activities. You will make and take home your own herbal tincture formula along with a new-found understanding of the role herbs play in maintaining health and balance. **Prerequisite: Introduction to Herbalism (Please bring your materials from that class for review). Lab Fee: \$15.00 for supplies payable to instructor at time of class. Registration deadline: Sep. 30.**

**Wed** 9 a.m.-4 p.m. Oct 14 1 Session  
**Candice Chaffee** C-325, IVCC HLR-6315-10 \$79

## ■ Hearing Loss, Tinnitus, & Hearing Aids 101

Are you considering hearing aids, or have family members with hearing loss? Learn about the causes and misconceptions of hearing loss and solutions and sales pitches to be cautious of. Nearly 1 in 6 Americans have hearing loss; but fewer than 1 in 4 Americans with hearing loss own hearing aids. Why? Hearing aids are an expensive investment, have become very sophisticated, and there are several brands and companies to choose from. Obtain more information about hearing aids before purchasing and learn about new features such as Bluetooth compatibility with smart phones and tvs. *Luke Meyers is a Clinical Audiologist, with a Doctorate of Audiology from Illinois State University. Beth Wallace is an Audiologist and ENT and Facial Plastic Surgery Consultant, with an M.S. in Audiology from Illinois State University.*

**Thu** 10 a.m.-12 p.m. Oct 29 1 Session  
**Luke Meyers** CTC-124, IVCC SRS-1202-10 \$10  
**Beth Wallace**

## ■ Detoxifying Your Body & Living Environment

Toxicity load is deteriorating our health and quality of life. In the last hundred years, thousands of un-researched chemicals have been introduced into our food, water, medicine and environment. The average person now carries a "body burden" of 700 or more synthetic chemicals, including Teflon residues, plastics, and dozens of pesticides. This course will examine common chemicals that are sabotaging our bodies, homes, and environment. More importantly, we will explore ways to minimize our exposure, detoxify our bodies, and replace common personal care and cleaning products with natural, non-toxic ingredients.

**Wed** 9 a.m.-4 p.m. Nov 18 1 Session  
**Candice Chaffee** C-316, IVCC HLR-6312-11 \$79

# Dollars & Sense

## So You're Buying Your First Home

Five easy steps to owning a home! All the important steps to home ownership will be covered: the loan process, knowing the housing market, home selection, appraisals, home inspection and the closing.

This session is free, but you must pre-register by calling IVCC at 815-224-0447.

Wed Tracy Tunnell	6:30-7:30 p.m. Rm 105, Ottawa Center	Sep 9 CDV-5008-639	1 Session FREE
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Thu Tracy Tunnell	6:30-7:30 p.m. C-316, IVCC	Oct 8 CDV-5008-310	1 Session FREE
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## It's Decision Time

[Understanding Medicare and Medicaid]

Join in an informative and interactive program that will provide you with a better understanding of Medicare and Medicaid. Topics will include Medicare eligibility and enrollment, the benefits of Medicare Parts A and B, the costs that Medicare leaves you to pay and an overview of the standardized Medicare Supplemental Plans in addition to Medicaid spend-down requirements. This program is appropriate for people becoming eligible for Medicare, caregivers of people who are on Medicare and current Medicare beneficiaries who would like a refresher course on their benefits.

Wed Dick Volker	6:30-8 p.m. C-325, IVCC	Sep 16-30 SRS-1113-309	3 Sessions \$35
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## Understand Your Health Coverage

**NEW** Do you have newly acquired health insurance or recently became eligible for Medicaid? Gain a better understanding of health coverage and options available as a result of the Affordable Care Act. Discuss care models including: PPO, HMO, Medicaid Managed Care (MCO), terminology including: premium, deductible, co-payment and information about preventative services and interaction with insurance companies. Learn how to be your own advocate and respond to denials. Meet your instructor: Dan Eiten is the Regional Program Manager for the Illinois Health Insurance Marketplace and Illinois Public Health Association.

Mon Dan Eiten	9-11 a.m. Rm 104, Ottawa Center	Sep 28 CDV-5018-609	1 Session FREE
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Thu Dan Eiten	6-8 p.m. CTC-125, IVCC	Oct 8 CDV-5018-310	1 Session FREE
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Sat Dan Eiten	9-11 a.m. CTC-124, IVCC	Nov 7 CDV-5018-11	1 Session FREE
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## Foundations of Investing

This class will be geared towards individuals who are either new to investing or need a refresher. Learn the key features of bonds, stocks, mutual funds, and different types of accounts including Roth IRA, Traditional IRA, and 401K. Find out where you can invest and what the costs are. Learn about the importance of asset allocation, the impact of inflation on your long terms goals and how to plan for your retirement.

Wed Brian Sellett	6-7:30 p.m. CTC-124, IVCC	Oct 14-28 CDV-5001-310	3 Sessions \$35
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## Reduce Your Insurance Costs

[AARP Smart Driver Program]

The AARP Driver Safety Program is a classroom driver refresher course designed especially for drivers age 50 and over. This program aims to help community members retain their driving competency. Learn driving strategies, understand the effects of aging on driving, reduce the chance of having an accident and know when to retire from driving. At completion of this course; students will receive a certificate that can be presented to their automobile insurance holder that may entitle them to a discount. There is a \$15 fee for AARP members (with AARP membership card); and a \$20 fee for non-members payable at class. Please arrive fifteen minutes early for the first day of class. This class is located at the IVCC Truck Driver Training Center, Building H on East Campus. Park in Lot #7.

Tue/Wed Regina Leffelman	8:30 a.m.-12:30 p.m. Nov 3-4 Rm 101, Bldg H IVCC-East Campus	SRS-1112-11	2 Sessions
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## Have Time & Money to Travel

[Learn to Travel Free]

If you're retired, near retirement, changing careers or a student, learn hundreds of practical ways to free travel, fun work-vacations and new money-making travel careers. Instructor, Gina Henry teaches in 90 cities nationwide and shows you how she affords to travel 12 months a year visiting over 80 countries and 40 states in the past 25 years. Maximize frequent flyer miles and reward points. Volunteer for free travel. Organize your own trips and go free. Learn how to avoid scams, negotiation tips, and the top 50 words to know in any language to travel anywhere. Tuition includes a resource book "Travel Free".

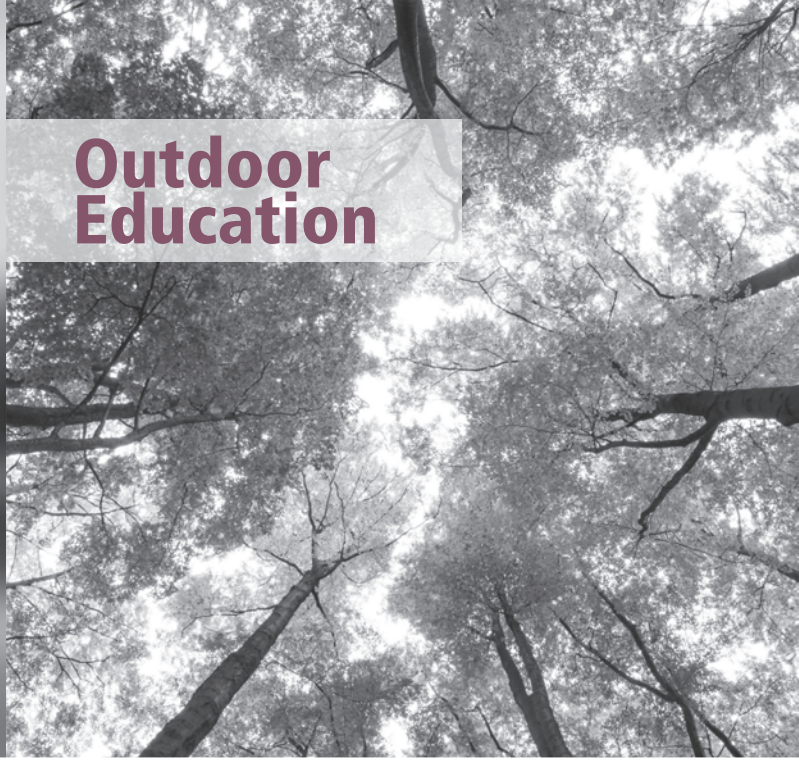
Thu Gina Henry	6:30-9:30 p.m. CTC-124, IVCC	Oct 29 HLR-8104-310	1 Session \$49
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# Green Technology



# Outdoor Education



## ■ Small Wind Generators

### Energy Independence Through Wind Power

Have you ever wondered if you could save money on electricity by installing a small wind generator at your home? Learn what wind energy is, how it works and what it can do for you. In addition, Dr. Vogl will discuss components of wind generators, tower height, how to choose a site for the tower, as well as current legislation and zoning of wind towers. Bring one of your electric bills, a notepad and a calculator to determine the savings on a typical month's performance of a wind tower versus your current source of electricity. *Drs. Robert and Sonia Vogl, both retired professors from Northern Illinois University, have presented programs on alternative energy and solar electricity in over a dozen countries. They have installed a 3.2 kilowatt grid-connected photovoltaic system and a one kilowatt wind generator which provides 70% of their home electrical power. They are active in preserving natural areas and have dedicated 60 acres of their 180 acre home farm to prairie and woodland restoration projects. Robert and Sonia are founders and officers of the Illinois Renewable Energy Association.*

<b>Sat</b>	<b>9:30-11:30 a.m.</b>	<b>Oct 3</b>	<b>1 Session</b>
<b>Robert Vogl</b>	<b>CTC-216, IVCC</b>	<b>HLR-5521-10</b>	<b>\$35</b>

## ■ Basics of Solar Electricity

### Energy Independence Through Solar Power

Due to the growing demand for clean sources of energy, the use of solar cells to convert sunlight into electricity has expanded dramatically in recent years. Learn the basics of photovoltaics, also known as solar energy. Dr. Vogl will explain what it is, how it works and the advantages of a solar system. The cost of installation of a PV system as well as sources of financial assistance will also be discussed. If you are thinking about using the sun's energy as a source of electricity in your home, this class is a great place to get started.

<b>Sat</b>	<b>9:30-11:30 a.m.</b>	<b>Oct 17</b>	<b>1 Session</b>
<b>Robert Vogl</b>	<b>CTC-216, IVCC</b>	<b>HLR-5522-10</b>	<b>\$35</b>

## ■ Learn to Play Disc Golf

Experience the growing sport of disc golf at the IVCC Disc Golf Course. IVCC has one of the top disc golf courses in the Illinois Valley. This sport is appropriate for all ages. Learn all the basics of this lifetime sport such as the drive, the approach, and the putt. Learn to throw a disc, similar to a frisbee, farther than you thought possible. There are discs made to go left, right, and straight depending on the hole. Your goal is to get the disc into a big metal basket in as few shots as possible. Find out about more courses available in the local area. Various discs will be provided by the instructor for use during the class. Discs are also available for purchase in the IVCC Bookstore, ranging in price from \$6-\$13.

<b>Thu</b>	<b>5-7 p.m.</b>	<b>Sep 24</b>	<b>1 Session</b>
<b>Wes Black</b>	<b>Parking Lot #4, IVCC</b>	<b>HLR-5309-309</b>	<b>\$21</b>

## ■ Native Tracking

Tracking is the ultimate in awareness, learning how to see what has happened, whether animal or human, and find it! Tracking is awareness, a native skill that will make you more aware of the world around you, and could possibly save a life, maybe even yours. This is not a class on basic animal track identification; there are already too many good field guides written upon that subject. This class goes beyond the basics to show you how to find and follow tracks in difficult terrain that others simply cannot see! Through skill-building and hands-on experience, as well as "dirt time", you will be able to track where an animal or person has been and is going, as well as interpret what they are doing, looking at, even thinking! The way you look at things and what you see will never be the same again. **Please dress appropriately for outdoor conditions. You may also want to bring note-taking materials, camera, lunch, snacks and water. Class is limited to 10 students; must be 18 years of age or older.**

<b>Sat</b>	<b>10 a.m.-2 p.m.</b>	<b>Sep 26</b>	<b>1 Session</b>
<b>Jason Thompson</b>	<b>G-103, IVCC, Gym Building</b>	<b>HLR-5311-09</b>	<b>\$39</b>

# Pet Care, Behavior & Grooming

## Pet First Aid & CPR

Pet owners consider their pets to be their best friends, members of their family and lifelong companions. This hands-on training will prepare you with the knowledge, skills and techniques to help your pets in the event of a medical emergency. Your certified instructor will demonstrate hands-on skills and cover valuable first aid skills to keep both dogs and cats happy and healthy. Learn how to avoid danger areas, identify mistakes that can turn into emergencies in a second, how to put together your own first aid kit and know how to use it.

**\*Do not bring pets to class. Please bring a \$20 material fee payable to the instructor for the required PetSaver handbook. Upon successful completion, each participant will receive a certificate and wallet card.**

Thu	5:30-9:30 p.m.	Sep 10	1 Session
Denise Kozell	Rm 101, Ottawa Center	HLR-5606-639	\$85
Sat	10 a.m.-2 p.m.	Dec 5	1 Session
Denise Kozell	CTC-206, IVCC	HLR-5606-12	\$85

## ■ Basic Pet Grooming and Health Info

Dog owners – this is the class for you. Save money by learning the basics from an experienced dog groomer. You will learn how to trim nails, pluck and clean ears, brush teeth, express anal glands, and trim around the feet and potty area. Also learn to understand your pets health by learning about dog food ingredients and nutrition, along with healthy and holistic alternatives. We will talk about why dogs chew on themselves leaving staining and solutions on how to approach it. **This class is limited to 8 students to maximize hands-on education and animal safety. All dogs will need to be screened by the instructor before being admitted to class and all dogs should be current on and have proof of shots including rabies. If your dog is over 25 lbs, please call the Continuing Education Center at 815-224-0427 prior to registering. Specific equipment is required for this class and must be purchased on the first night of class from the instructor. Please bring a material fee of \$50 to be paid to your instructor the first night of class. Registration deadline: no less than one week before the first class for your registered session.**

Tue	6-9 p.m.	Sep 8-15	2 Sessions
Denise Kozell	Rm 117, Bldg JE IVCC-East Campus	HLR-5612-309	\$89
Tue	6-9 p.m.	Oct 13-20	2 Sessions
Denise Kozell	Rm 117, Bldg JE IVCC-East Campus	HLR-5612-310	\$89
Tue	6-9 p.m.	Nov 3-10	2 Sessions
Denise Kozell	Rm 117, Bldg JE IVCC-East Campus	HLR-5612-311	\$89



**Denise Kozell** has more than 25 years of experience in dog grooming. She is a certified Vet Assistant, certified instructor through Pet Tech, teaching Pet CPR, First Aid, Safety, and Care. She is also a member of the Professional Dog Groomers Association. Denise previously worked in law enforcement and is an investigator in animal abuse cases in seven counties.

## ■ Advanced Dog Grooming

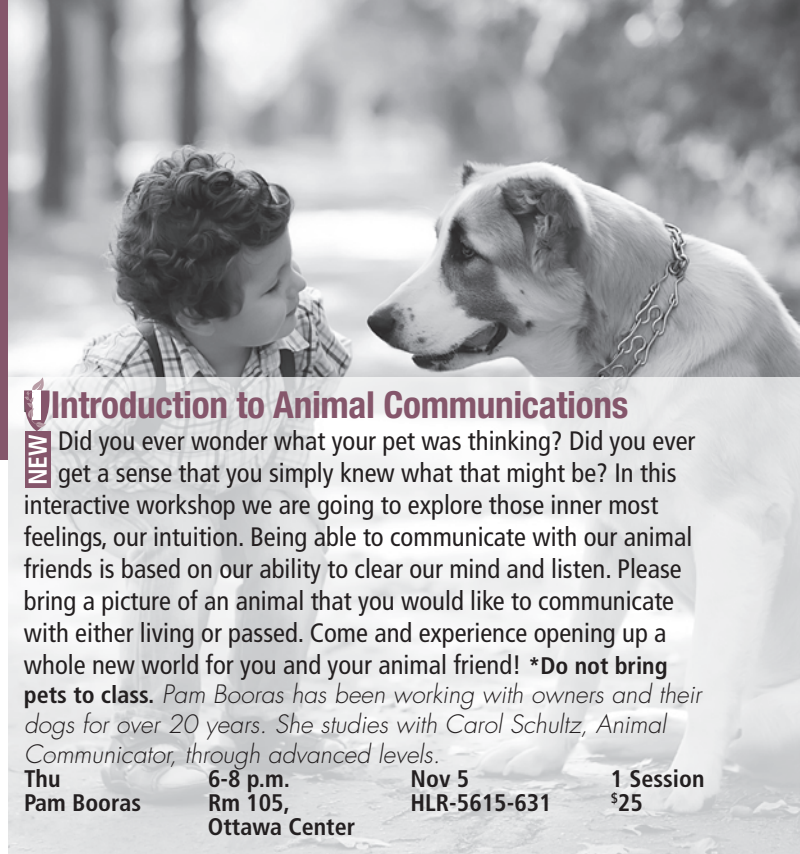
Finally keep your pet at home and groom them yourself. Take the skills you mastered in the Basic Dog Grooming class and practice more advanced skills to achieve your dog's personality groom. After this five hour hands-on class you will be able to complete your groom and be comfortable grooming your pet. This class is limited to 3 students to maximize hands-on education and safety. *Pre-requisite: Students must complete the Basic Dog Grooming class prior to taking this class. Specific professional equipment is required for this class and must be purchased on the day of class from the instructor. Please bring a material fee of \$149 to be paid to your instructor the day of class.*

Sat Denise Kozell	10 a.m.-3 p.m. Rm 117, Bldg JE IVCC-East Campus	Sep 19 HLR-5613-09	1 Session \$175
Sat Denise Kozell	10 a.m.-3 p.m. Rm 117, Bldg JE IVCC-East Campus	Sep 26 HLR-5613-29	1 Session \$175
Sat Denise Kozell	10 a.m.-3 p.m. Rm 117, Bldg JE IVCC-East Campus	Oct 24 HLR-5613-10	1 Session \$175
Sat Denise Kozell	10 a.m.-3 p.m. Rm 117, Bldg JE IVCC-East Campus	Oct 31 HLR-5613-20	1 Session \$175
Sat Denise Kozell	10 a.m.-3 p.m. Rm 117, Bldg JE IVCC-East Campus	Nov 14 HLR-5613-11	1 Session \$175
Sat Denise Kozell	10 a.m.-3 p.m. Rm 117, Bldg JE IVCC-East Campus	Nov 21 HLR-5613-21	1 Session \$175

## U Dog Behavior Problems and Solutions

**NEW** Attention dog owners, if you are looking for help treating your dog's behavior issues then this workshop is for you! In this interactive workshop we will discuss the most common behavior problems people have with their dogs, and a variety of solutions to solve those problems. The problems discussed will include: barking, chewing, digging, separation anxiety, inappropriate elimination, begging, chasing, jumping up, biting and aggression. **\*Do not bring pets to class.** Pam Booras is a certified Third Way Trainer and a certified member of the International Association of Animal Behavior consultants.

Thu Pam Booras	6-8 p.m. Rm 105, Ottawa Center	Oct 1 HLR-5614-630	1 Session \$25
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## U Introduction to Animal Communications

**NEW** Did you ever wonder what your pet was thinking? Did you ever get a sense that you simply knew what that might be? In this interactive workshop we are going to explore those inner most feelings, our intuition. Being able to communicate with our animal friends is based on our ability to clear our mind and listen. Please bring a picture of an animal that you would like to communicate with either living or passed. Come and experience opening up a whole new world for you and your animal friend! **\*Do not bring pets to class.** Pam Booras has been working with owners and their dogs for over 20 years. She studies with Carol Schultz, Animal Communicator, through advanced levels.

Thu Pam Booras	6-8 p.m. Rm 105, Ottawa Center	Nov 5 HLR-5615-631	1 Session \$25
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## ■ Start a Pet Sitting Business [Online Class]

If you're an animal lover, find out how you can start your own pet sitting business to translate your passion into a profitable career! In this course, you'll master the essentials of running a cat and dog sitting business. You'll begin with pet care, including nutrition and exercise. Discover how to handle home visits and impress your potential clients. Explore sticky situations that can arise, such as lost pets, pets that die unexpectedly and pets that need immediate veterinary care. In addition, you'll delve into finances and explore start-up costs, accounting, fee-setting, business plans and low-cost marketing. You'll find out how to obtain required insurance, hire employees as your business expands, and entice financial institutions to loan you money. To complete the picture, you'll identify many opportunities for expanding your pet sitting services. Is a dog-walking service right for you? Can you train puppies? Do you want to look after other animals, including horses? By the end of this course, you'll have all the knowledge you need to become a professional pet sitter. In addition, you'll see how your pet sitting business can grow to continually challenge and satisfy you.

Fee: \$99

**Take IVCC Ed2Go online courses anywhere and when it's most convenient for you! Classes are 6 weeks long and 24 contact hours. New classes begin each month. Complete course description, syllabus and demo lesson is available at [www.ed2go.com/ivcc](http://www.ed2go.com/ivcc)**

For detailed information on how to get started and register see page 33.

# Creative Arts

## ■ Learn to Crochet

Crocheting is popular in creating unique, one-of-a-kind projects from crocheted wire jewelry to afghans, sweaters, and more. In this class you will learn how to chain stitch, slip stitch, single crochet, double crochet and half double crochet, and how to read a pattern. At the end of this class you will have a firm foundation upon which to build. This class is also for students looking to refresh their skills. **There is a \$10 material fee payable to the instructor at class.**

Thu 6-9 p.m. Sep 17-Oct 1 3 Sessions  
Jane Vogt C-326, IVCC HLR-2769-309 \$59

## ■ Crochet [Level 2]

Take your crochet skills to the next level. Learn broomstick lace, entrelac, tapestry, Tunisian and filet crochet techniques. Students should have taken "Learn to Crochet" or have experience with crochet prior to taking this class. **A list of supplies will be sent to the student prior to the start of class.**

Thu 6-9 p.m. Oct 15-29 3 Sessions  
Jane Vogt C-326, IVCC HLR-2770-310 \$59

## U Learn to Knit

Knitting is now popular among all ages for creating unique, one-of-a-kind projects. From basic scarves and pot holders to colorful socks and intricate lace shawls, knitting is being seen everywhere and done by almost everyone. Learn how to cast on, knit, purl, bind off, increase, decrease, garter stitch, stockinette stitch, ribbing, seed stitch and most important of all, how to read a pattern. At the end of this class, you will have a firm foundation upon which to build. This class is also for students looking to refresh their skills. **There is a \$10 material fee payable to instructor at class.**

Tue 6-9 p.m. Sep 29-Oct 13 3 Sessions  
Jane Vogt Rm 105, Ottawa Center HLR-2712-639 \$59

## U Knitting [Level 2]

Continue your handmade journey. Learn intarsia, 3-needle, cables, and i-chord techniques. Students should have taken "Learn to Knit" or have experience with knitting prior to taking this class. **A list of supplies will be sent to the student prior to the start of class.**

Tue 6-9 p.m. Oct 27-Nov 10 3 Sessions  
Jane Vogt Rm 105, Ottawa Center HLR-2713-630 \$59

## ■ Get into the Holiday Spirit with Gourd Art

**NEW** Get ready for fall as you learn how to turn common gourds into works of art. You will work with several types of gourds as you learn how to clean and prepare gourd surfaces for a variety of techniques including painting, sculpting and carving. You will create a unique piece of art with a fall theme. Tools and supplies, including gourds will be provided by your instructor. *Wear comfortable clothes and bring a sack lunch.* **There is a \$20 material fee payable to the instructor at class. Registration deadline: Oct 2.** *Bill Ferguson is a member of the Illinois Gourd Society and American Gourd Society. He has been working with gourds for many years. Bill has a background in Art Education and Art History from Southern Illinois University.*

Sat 9 a.m.-3 p.m. Oct 10 1 Session  
Bill Ferguson Rm 117, Bldg JE HLR-2308-10 \$59  
IVCC-East Campus

## ■ Garden Stepping Stone: Mosaic I

Discover the art of mosaics as you complete a beautiful stepping stone for your garden. For beginners, you'll learn the basic techniques to make a stone that will weather and decorate your garden. This is a first step to mosaics and once you complete this piece you will see endless possibilities to be transformed by mosaics. **Please bring a \$16 material fee to the first class. Registration deadline: Sep 14.**

*JoEllen Fiorentini has created numerous garden mosaics from bowling balls to birdbaths. With a degree in Art from Illinois State University, she has been decorating Bergners for over 35 years. As a member of the Utica Garden Club, she has been inspired to bring art to her garden.*

Mon/Wed 6-8 p.m. Sep 21-30 4 Sessions  
JoEllen Fiorentini B-101, IVCC HLR-2742-309 \$59

## ■ Garden Mosaic II: You Pick the Project

Advance your mosaic skills. This class is for students who have taken the Garden Mosaics I: Garden Stepping Stone class. The techniques learned in the first class will be applied to a mosaic project of your choice. The student must supply their own project piece (ie. birdhouse, fairy house, bowling ball or pin, flower pot, etc.) with prior arrangements discussed with your instructor one week prior to the start of class. Students will also be able to design and supply pieces of tesserae for their mosaic project. **Please bring a \$15 material fee to the first class. Registration deadline: Sep 14.**

Mon/Wed 6-9 p.m. Sep 21-Oct 7 6 Sessions  
JoEllen Fiorentini B-101, IVCC HLR-2767-309 \$92



# Jewelry

## ■ Earring Party III: Bohemian Beauty

**NEW** In this course, you will make three pairs of unique "boho chic" earring using a variety of components including copper, brass, sterling silver, gold and Swarovski crystals. Bring jewelry tools including a pair of wire cutters/nippers and round or needle nose pliers to class. There is a \$25 material fee payable to the instructor the night of class.

Wed	6-8 p.m.	Nov 18	1 Session
Carey Burns	C-326, IVCC	HLR-2762-311	\$25

## ■ Basic Jewelry 101

**NEW** Do you love jewelry? Learn how to make beautiful custom made pieces for all occasions. In this class you will learn the basics of bead stringing, crimping, attaching clasps and earring hooks, and finishing your designs using the correct tools. Save money by making your own gifts. Learn where to buy supplies and build on your knowledge of materials used to make beautiful but simple jewelry pieces that you will want to wear every day. Please bring a pair of chain nose pliers. A \$20 material fee is payable to the instructor on the night of class.

Wed	6-9 p.m.	Sep 9	1 Session
Kari Matuszewski	B-101, Art Room IVCC	HLR-2705-309	\$29

## ■ Re-purposed Jewelry Class

**NEW** Have a bunch of broken bits and pieces of costume jewelry that you love but can't bear to part with? Have coins, small trinkets, or beads and buttons that you want to make into something, but don't know where to start? Then this is the class for you! Students will learn how to turn their old jewelry box "destash" into a unique piece of jewelry. Class includes instruction and use of tools. Chains, jump rings, clasps and more will be provided. Please bring a pair of chain nose pliers. A \$15 material fee is payable to the instructor on the night of class. *"Destash" is the fine art of cleaning out the jewelry odds and ends, supplies and broken pieces that has accumulated over the years.*

Mon	5-9 p.m.	Oct 19	1 Session
Kari Matuszewski	B-101, Art Room IVCC	HLR-2749-310	\$29

## ■ Beaded Statement Earrings

**NEW** Are you obsessed with the look of chandelier earrings? Learn how to use a chevron pattern and beads to make a pair of earrings that is sure to turn heads. Keep these for yourself, or create a custom holiday gift for your fashion loving friend. Please bring a pair of chain nose pliers. A \$15 material fee is payable to the instructor on the night of class.

Wed	6-9 p.m.	Dec 2	1 Session
Kari Matuszewski	B-101, Art Room IVCC	HLR-2741-312	\$29

# Sewing

## ■ Hand Quilting

**NEW** Learn the basic technique of quilting and become part of a legacy. Learn how to transfer a pattern, prepare a quilt top and how to stitch the layers together to create a quilt. Make sure you bring a thimble. There will be a \$5 material fee payable to the instructor the day of class.

Thu	6:30-9 p.m.	Sep 24	1 Session
Ida Boyle-Bruch	CTC-123, IVCC	HLR-2201-309	\$25

## ■ Basic Machine Quilting

**NEW** Learn to use your sewing machine to quilt. Yes, you can quilt on a regular sewing machine. Having a walking foot (dual feed foot) and a darning foot is a start. Please bring your machine, the extra feet that came with your machine and a spool of thread. There will be a \$5 material fee payable to the instructor the day of class.

Sat	9-11:30 a.m.	Oct 3	1 Session
Ida Boyle-Bruch	CTC-123, IVCC	HLR-2204-10	\$25

## ■ Make a Custom Pillow Case

**NEW** With all the cute cotton prints available it is so easy to make a special pillowcase. Learn techniques to make a special pillowcase and you will always have a way to make a perfect gift. This class will be a great way to learn to use a sewing machine. Please bring your sewing machine, basic sewing supplies, 2/3 yd. "fun" cotton fabric, 1/3 yd. coordinating fabric and matching thread.

Tue	6:30-9 p.m.	Oct 13	1 Session
Ida Boyle-Bruch	CTC-123, IVCC	HLR-2406-310	\$25

## ■ Make a Custom Christmas Stocking

**NEW** Let's get started on holiday decorating and presents. During this class you will receive a pattern and instructions to make a simple Christmas stocking. The entire stocking is made using your sewing machine. Please bring your sewing machine, basic sewing supplies, ½ yd. fabric for outside of stocking, ½ yd. fabric for lining and matching thread.

Sat	9-11:30 a.m.	Nov 7	1 Session
Ida Boyle-Bruch	CTC-123, IVCC	HLR-4206-11	\$25

## ■ Learn Foundation Paper Piecing

**NEW** Paper piecing is the best way to get accurate piecing. Intricate designs can be created using this technique. It is also a nice way to use those little scraps left from other quilting projects. Please bring your sewing machine and basic sewing supplies. There will be a \$5 material fee payable to the instructor the day of class.

Mon	9-11:30 a.m.	Nov 9	1 Session
Ida Boyle-Bruch	CTC-123, IVCC	HLR-2232-11	\$25

# Personal Technology

## ■ Learn to Use Your iPad

Join us for a relaxed look at the iPad and all the fun things you can do with it! Navigate your way through the built in features including photos, calendar and video. Learn what an app is and how to get them. You will also learn how to organize and customize your device to suit your lifestyle. This class is strictly for iPad users. No other tablets will be discussed.

Mon	6-9 p.m.	Sep 14	1 Session
Pamela Klarup	G-103, IVCC Gym Building	CEX-1207-309	\$39

Mon	2-5 p.m.	Oct 12	1 Session
Pamela Klarup	G-103, IVCC Gym Building	CEX-1207-10	\$39

## U Understanding Cyber Security

**NEW** As identity theft and data breaches continue to rise, along with the number of devices we use on a daily basis, knowing how to secure your data, accounts and online presence is crucial in this digital age. This class serves as an introduction to cyber security awareness geared towards everyday users. Learn the importance of proper password protection and securing your home network, options for keeping your data protected, as well as, tips for browsing the internet and using email and social media safely. Also, various types of malware and cyber-attacks will be discussed to help answer the question of why cyber security must be seriously considered by all.

Tue/Thu	6-8 p.m.	Sep 15-Sep 17	2 Sessions
Miranda Wolf	Rm 105, Ottawa Center	CEX-1213-639	\$39

## ■ iPhone Tips & Tricks

Calling all new and current iPhone users! This class will teach you all the basis features of an iPhone, while also tackling your specific questions. Learn how to set up and retrieve email, download and print pictures stored, commonly used apps and much more!

Thu	6-8 p.m.	Sep 24	1 Session
Nicole Wiltse	C-325, IVCC	CEX-1210-309	\$29

Thu	6-8 p.m.	Oct 29	1 Session
Nicole Wiltse	A-213, IVCC	CEX-1210-310	\$29

## ■ Technology Tools for Classroom Success

[Parents & Family]

**NEW** Evolution of the classroom is changing at a rapid pace and at times it can be very hard to keep up with for both the student and the parent. In this session you will cover many online tools and apps, such as Google Drive, Google Apps, Khan Academy, Quizlet and several more in order to assist your child with homework, projects and research. Learn the tools needed to help your child succeed in the classroom. This class is geared towards parents, but you are welcome to bring your child if you feel it would be beneficial to them.

Thu	6-8 p.m.	Oct 8	1 Session
Nicole Wiltse	A-211, IVCC	CEX-1214-310	\$29

## ■ Podcasting 101

Podcasting is a new form of online media that is sweeping the nation. Instead of tuning into a radio frequency, podcasts are sent directly to you. It is quickly becoming a popular method to directly transmit a message to your audience. From hobbyist, to small business owners, to large corporations, podcasts are being utilized more and more to convey ideas. The class will start with the podcasting basics and give you the knowledge to produce your own. We will dive right in with a simple and straightforward plan to get you up and running with your own podcast. The class will also detail the current podcast market, where it started, where it is today and the various applications that exist. More advanced topics will be covered including audio file editing, fine tuning and more. *John Spelich and Clayton Jaquins have been producing their own podcast show, called the "IV Alternative Podcast", since October 2010. These childhood friends have taken their knowledge of the Illinois Valley, and passion for podcasting, and turned it into a successful internet show. You can check out one of their shows by going to [www.ivpod.com](http://www.ivpod.com).*

Thu	6-8 p.m.	Oct 15-29	3 Sessions
John Spelich Clayton Jaquins	C-325, IVCC	CEX-4620-310	\$89

## ■ Introduction to Prezi

**NEW** Tired of PowerPoint? Add to your presentation options by investigating Prezi, a popular cloud-based non-linear application that is great for creating dynamic presentations that zoom from point to point. Learn the pros and cons of Prezi; then create and share a sample presentation of your own while in class. **Since the class is "hands-on" set up a free account at [www.prezi.com](http://www.prezi.com) before coming to class.**

*Please note: All presentations created with a free Prezi account are public. To view Prezi Terms of Use go to [www.prezi.com/terms-of-use/](http://www.prezi.com/terms-of-use/).*

CEU: .2

Mon	6-8:30 p.m.	Oct 26	1 Session
Pamela Klarup	A-212, IVCC	CEU-4624-310	\$39

# Online Courses



## Convenient, Affordable and Effective

Take IVCC ed2go courses anywhere and when it's most convenient for you.

View our online course catalog at [www.ed2go.com/ivcc](http://www.ed2go.com/ivcc)

Choose from over **300** online classes available every month.

**New class sessions will begin:**

**August 12 ~ September 16 ~ October 14**

**November 11 ~ December 9**

### ■ Skills for Making Great Decisions

Learn how to make excellent everyday decisions from an experienced counselor and life coach. Learn about abilities we're born with for figuring things out and making good decisions. You'll also see why our instincts and intuition sometimes deceive us and how self-knowledge can help us guard against becoming overly confident. Discover the steps necessary to achieve your goals, as well as the power that ordinary, everyday decisions can have over the quality of your life. Learn how to deal effectively with crisis, how to use your emotions as decision-making tools, and how to work with others to make good decisions. Develop some important guidelines for when to take risks, when to trust your luck, and what to do if you make a mistake. The goal of this course is to give you the power to live the best life you can and make the very most of every opportunity.

Fee: \$99

### ■ Discover Sign Language

Discover how to use this graceful, expressive language to communicate with people who are Deaf. Begin with an introduction to the language itself, and learn to create the signs for numbers, then master the sign alphabet so you can fingerspell proper names. Learn to sign phrases and expand to complete sentences, and see how to put it all together so you can introduce yourself and start a conversation. Learn by watching videos that demonstrate how to make the signs and how to incorporate facial expressions to communicate in this beautiful language. This course is taught using the best practices of the industry with a minimum of audio support. Throughout, you'll be immersed in silence, so you'll gain an understanding of the perspective of Deaf people and sign language. You'll also gain an introduction to the world of Deaf culture and explore topics such as lip reading, baby signs, and the career of interpreting.

Fee: \$99

## HOW TO GET STARTED:

1. Visit our Online Instruction Center at [www.ed2go.com/ivcc](http://www.ed2go.com/ivcc)
2. Click the "Courses" link, choose the department and course title you are interested in and select the "Enroll Now" button. Follow the instructions to enroll and pay for your course. Here you will enter your e-mail and choose a password that will grant you access to the classroom.
3. On the day your course begins return to our Online Instruction Center and click the "Classroom" link. To begin your studies, simply log in with your email and the password you selected during enrollment.

These are just a *few* examples of classes available online please, visit the website for a full listing.

### For Business

- Jump Start your Career with LinkedIn
- Manufacturing Fundamentals
- Individual Excellence
- Accounting Fundamentals
- Managing Customer Service

### For Teachers [Earn PDs]

- Spanish in the Classroom
- Integrating Technology in the Classroom
- Ready Set Read!
- The Creative Classroom

### For Nurses [Earn CE Hours]

- Certificate in Healthy Aging
- Certificate in Gerontology
- Certificate in Perinatal Issues

### For Personal Enrichment

- Drawing for the Absolute Beginner
- Photography
- Foreign Languages
- Understanding Adolescents
- Health and Wellness
- Job Search

# Heirloom Woodworking

## ■ Windsor Stool

Construct a Windsor type stool using hand and power tools. Learn to turn legs on the lathe and fabricate the seat from a solid piece of wood. Finishing techniques will be discussed; including old-fashioned milk paint and new polyurethane finishes. Expect to work hard and leave with a beautiful heirloom. This is a beginning level woodworking project, but some woodworking experience is helpful. This class may lead to additional furniture offerings. *Please bring a sack lunch that does not require refrigeration. Wear clothing appropriate for woodworking.* **There is a \$60 material fee payable to the instructor at class. Studio address will be sent to students in advance of class.** *Jim Coonan first learned chair making from Dana Hathaway at the John C. Campbell Folk School. Jim also studied under Joe Graham. He went on to teach woodworking at the John C. Campbell Folk Art School for 13 years. Since 1996, he has made close to 70 chairs and has taught over 300 students.*

Sat/Sun 8 a.m.-5 p.m. Oct 10-11 2 Sessions  
Jim Coonan Ransom, IL HLR-2305-410 \$189

Sat/Sun 8 a.m.-5 p.m. Oct 24-25 2 Sessions  
Jim Coonan Ransom, IL HLR-2305-420 \$189

Sat/Sun 8 a.m.-5 p.m. Nov 14-15 2 Sessions  
Jim Coonan Ransom, IL HLR-2305-411 \$189



Please Note: Coopering is a Spring 2016 Semester Class  
Registration for this class will open on November 4.

## Coopering

A Cooper is best known as a barrel maker, but the local 19th century cooper made household items like buckets, tubs, butter churns and other containers made of staves and hoops. This class will teach you the same hand woodworking skills as the coopers of the old world and revolutionary America. The students will learn and do all the steps of making a cedar bucket and go home with a completed bucket. No prior woodworking is necessary but it will be helpful. *Please bring a sack lunch that does not require refrigeration for classes meeting on Saturdays. Wear clothing appropriate for woodworking.* **There is a \$10 material fee payable to the instructor at class. Studio address will be sent to students in advance of class. Registration deadline: Jan 14.**

Thu & Sat Thu: 6-9 p.m. Jan 21 & 28 4 Sessions  
Sat: 8 a.m.-1p.m. Jan 23 & 30  
Arnold Bandstra Ottawa, IL HLR-2306-401 \$179



Meet Your Instructor: Arnie Bandstra has 60 years of woodworking experience starting when his father let him use the band saw. This has always been a hobby as his career has been in civil engineering. He has been coopering for approximately 12 years and may be seen demonstrating at local historic festivals. He is a member of the Fox Valley Woodworking Club and the Society of American Period Furniture Makers.



# Holiday



## ■ Christmas Stocking

**NEW** Let's get started on holiday decorating and presents. During this class you will receive a pattern and instructions to make a simple Christmas stocking. The entire stocking is made using your sewing machine. **Please bring: sewing machine, basic sewing supplies, ½ yd. fabric for outside of stocking, ½ yd. fabric for lining, matching thread.**

Sat	9-11:30 a.m.	Nov 7	1 Session
Ida Boyle-Bruch	CTC-123, IVCC	HLR-4206-11	\$25

## ■ The Art of Tree Decorating

Be creative and try something new with your Christmas tree this year! Learn tree decorating from a professional visual merchandising manager who decorates the beautiful trees you see in Bergner's. Topics include: types of trees, theme and color schemes, lighting ideas, garland, ribbon, & floral picks, placement of ornaments, tree topper ideas, taking down, and storage. Using ideas and decorating tips from this class, you too can personalize your Christmas tree for the holidays. **Participants are asked to bring 3 yards of wide wired ribbon to practice bow making. Class size is limited so register early to reserve your space.**

Tue	6-9 p.m.	Nov 17	1 Session
JoEllen Fiorentini	CTC-124, IVCC	HLR-4401-311	\$29

## ■ Creating a Holiday Container Arrangement

Share an enchanted holiday evening among friends. Enjoy twinkling lights and the scent of fresh cut greens. Join instructor Stephanie Stacy for this hands-on class. Students will create their own holiday winter container arrangement for outdoor display. Learn how to make your entryway pop this holiday season. **Students interested in creating their own outdoor container to bring home after class should bring an outdoor container to class. A \$20 material fee per container is payable to the instructor at class.**

Sat	1-3 p.m.	Nov 21	1 Session
Stephanie Stacy	Garden's Gate, Ottawa	HLR-5218-411	\$29

## ■ Fresh Cut Wreaths: Make a Little Holiday Cheer

Spend an afternoon with friends among sparkling lights, the scent of fresh cut greens and bright berries. Students will be creating a wreath using fresh cut greens. Students will learn how to assemble a wreath and be able to apply the skills learned in class to future projects.

**A \$20 material fee is payable to the instructor at class.**

Sat	1-3 p.m.	Nov 28	1 Session
Stephanie Stacy	Garden's Gate, Ottawa	HLR-5234-411	\$29

## ■ Beaded Statement Earrings

**NEW** Are you obsessed with the look of chandelier earrings? Learn how to use a chevron pattern and beads to make a pair of earrings that is sure to turn heads. Keep these for yourself, or create a custom holiday gift for your fashion loving friend. **Please bring a pair of chain nose pliers. A \$15 material fee is payable to the instructor at class.**

Wed	6-9 p.m.	Dec 2	1 Session
Kari Matuszewski	B-101, Art Room IVCC	HLR-2741-312	\$29

## ■ A German Christmas

Back by popular demand! Join Chef Tim for a German Christmas! We will take a look at traditions, food and history of Christmas in Germany. We will sample some of Germany's traditional Christmas foods. Froliche Weihnachten! **There is a \$22 material fee payable to the instructor at class.**

Wed	6-9 p.m.	Dec 9	1 Session
Tim Freed	CTC-123, IVCC	HLR-3922-312	\$34

# Continuing Education Registration Form

Fall 2015 | Visit our website - [www.ivcc.edu/cec](http://www.ivcc.edu/cec)



Pre-registration is required for all classes.

Payment is due at the time of registration.

## REGISTER NOW:

### Online

[www.ivcc.edu/onlinecec](http://www.ivcc.edu/onlinecec)

### Mail

IVCC Cashier  
815 N. Orlando Smith Road  
Oglesby, IL 61348

### Phone

Please call (815) 224-0447

### Fax

(815) 224-6091

### In Person

IVCC – Admissions & Records  
Room CTC-101  
815 N. Orlando Smith Road  
Oglesby, IL 61348

## REGISTRATION CONFIRMATION

You will receive a confirmation of your registration in the mail. Confirmation will include a schedule, receipt, and information specific to your classes.

## REFUND/ CANCELLATION POLICY

Registrants who cancel up to seven days prior to the start of a course receive a full refund. No refund will be given after that time, although a substitution of individuals is allowed. Registrants who do not attend and do not withdraw from the class will not receive a refund. Cancellations can be made by calling the Continuing Education Center (815) 224-0427.

The Continuing Education Center reserves the right to cancel classes due to low enrollment. If a class must be canceled by the Continuing Education Center, you will receive a full refund.

Gender:  Male  Female Admission Status:  First time IVCC Student  Returning IVCC Student  
Social Security Number (must be included) \_\_\_\_\_

Last Name \_\_\_\_\_ Former Last Name \_\_\_\_\_ First Name \_\_\_\_\_ MI \_\_\_\_\_

Home Mailing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ County \_\_\_\_\_

Phone: Home ( ) \_\_\_\_\_ Business ( ) \_\_\_\_\_ Cell ( ) \_\_\_\_\_

Date of Birth \_\_\_\_\_ E-Mail Address \_\_\_\_\_

Emergency Contact Name \_\_\_\_\_ Phone ( ) \_\_\_\_\_

## The following items are requested for state reporting.

### Ethnic/Ethnicity:

1. Are you Hispanic or Latino?  Yes  No

2. Are you from one of the following racial groups? (select all that apply)

American Indian/Alaskan Native  Asian  White  Choose not to respond

Black or African American  Native Hawaiian or other Pacific Islander

3. Please identify your primary racial/ethnic group. (select one)

American Indian/Alaskan Native  Asian  Hispanic  Choose not to respond

Black or African American  Native Hawaiian or other Pacific Islander  White

4. Are you in the US on a Visa – Nonresident Alien?  Yes  No

List type of visa \_\_\_\_\_ Country of Origin \_\_\_\_\_

### Highest degree previously earned:

GED

Certificate

Master's Degree

Other

H.S. Diploma

Associate Degree

1<sup>st</sup> Professional Degree

Some College

Bachelor's Degree

Doctoral Degree

COURSE NUMBER	COURSE NAME	FEES
		TOTAL

Student Signature: \_\_\_\_\_ Date: \_\_\_\_\_

### PAYMENT INFORMATION

Check enclosed, payable to Illinois Valley Community College

Please charge my credit card for the fees indicated above.

Master Card  Visa  Discover  American Express 3-Digit Security Code \_\_\_\_\_

Card Number \_\_\_\_\_ Expiration Date \_\_\_\_\_

Cardholder's signature \_\_\_\_\_  Per Phone

IVCC does not discriminate on the basis of race, national origin, disability, age, religion, sexual orientation or any legally protected classification.

# Family & Youth



## ■ Pet First Aid & CPR [Grades: 7-12]

Pet owners consider their pets to be their best friends, members of their family and lifelong companions. This hands-on training will prepare you with the knowledge, skills and techniques to help your pets in the event of a medical emergency. Your certified instructor will demonstrate hands-on skills and cover valuable first aid skills to keep both dogs and cats happy and healthy. Learn how to avoid danger areas, identify mistakes that can turn into emergencies in a second, how to put together your own first aid kit and know how to use it. **\*Do not bring pets to class. Students will receive a Certificate of Participation.**

Sat	9 a.m.-12 p.m.	Sep 12	1 Session
Denise Kozell	CTC-206, IVCC	HLR-5606-09	\$65

## ■ Technology Tools for Classroom Success

[Parents & Family]

**NEW** Evolution of the classroom is changing at a rapid pace and at times it can be very hard to keep up with for both the student and the parent. In this session you will cover many online tools and apps, such as Google Drive, Google Apps, Khan Academy, Quizlet and several more in order to assist your child with homework, projects and research. Learn the tools needed to help your child succeed in the classroom. This class is geared towards parents, but you are welcome to bring your child if you feel it would be beneficial to them.

Thu	6-8 p.m.	Oct 8	1 Session
Nicole Wiltse	A-211, IVCC	CEX-1214-310	\$29

## ■ Pre-Algebra [Grades: 8-Freshman]

Attention incoming freshman! Make the transition into high school a little easier by taking this pre-algebra course. You will learn the basic skills to be prepared for algebra I including working with fractions, solving equations, order of operations, basic introduction of exponents, and square roots. This course is intended for students who are currently in 8th grade or current high school freshman who are looking for additional help. **Bring a notebook and pencil to class.**

Sat	10-11:30 a.m.	Oct 17-24	2 Sessions
Nicole Wiltse	CTC-215, IVCC	YOU-2205-10	\$29



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