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Scan for
additional information.

Hello 2019

"Stay positive and happy.
Work hard and don't give up hope.
Be open to criticism and keep

LEARNING.

Surround yourself with happy,
warm and genuine people."

- Tene Desea

Why wait? Get started on your 2019 goals today.

Embrace the New Year ... look to IVCC to:

- Explore your creativity with art, jewelry and sewing
- Learn a new skill to enhance your career or maybe even change jobs
- Secure your financial future
- Spice up your culinary skills
- Achieve your wellness goals
- Travel to new destinations



Continuing Education & Business Services

(815) 224-0427 | ivcc.edu/cec

business training, professional development, lifelong learning, trips & tours

Bookstore

(815) 224-0311 | ivccbookstore.com

textbooks, supplies, IVCC swag, refurbished laptops

Career Services

(815) 224-0502 | ivcc.edu/cs

resume, cover letter and job search assistance, job fairs & events

Counseling

(815) 224-0360 | ivcc.edu/counseling

academic counseling, transfer guidance

Registration

(815) 224-0447 | ivcc.edu/onlinecec

register for classes, request transcripts

Adult Education

(815) 224-0358 | ivcc.edu/adulted

ABE, HSE, ESL & Citizenship classes



Continuing & Professional Education

For busy professionals and career seekers to acquire skills needed to improve work performance or prepare for a new career.

- 2-3 Computers
- 4 EI Leadership Series & Business Training Center
- 5 Business Marketing & Economics
- 6 OSHA & Safety
- 7 Warehousing & Certified Production Technician
- 8 Small Business & Leadership Elevation Framework Certificate
- 9 Real Estate & Home Inspection
- 10-11 Advanced Career Training Programs [online courses]
- 12 Healthcare Careers
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- 16 PD for Teachers
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“Really enjoyed this class. Went beyond my expectations and learned many things I didn’t know.”

CE for Massage Therapists - Mike Hovi

“I always enjoy classes with Del and get lots of information to take home and use!”

Mindfulness for Teachers - Del Goodale

“Rarely miss these classes for 6 years now”

Dance - Jane & Rodney Schomas

REGISTRATION CONFIRMATION

You will receive a confirmation of your registration in the mail. Confirmation will include a schedule, receipt and information specific to your classes.

REFUND/CANCELLATION POLICY

Registrants who cancel up to seven days prior to the start of a course receive a full refund. No refund will be given after that time, although a substitution of individuals is allowed. Registrants who do not attend and do not withdraw from the class will not receive a refund. Cancellations can be made by calling the Continuing Education Center (815) 224-0427.

The Continuing Education Center reserves the right to cancel classes due to low enrollment. If a class must be canceled by the Continuing Education Center, you will receive a full refund.

Unless otherwise stated, these courses are designed for adults 18 & over.



Community Education

For people in our community wanting courses, activities and cultural experiences to enrich their lives and continue their learning adventure.

18-21	Trips & Tours	31	Outdoor Education & Gardening
21	Photography		
22-24	Creative Arts	32-33	Mind, Body & Wellness
25-27	Culinary	34	Dollars & Sense
28	Music	35	Online Learning
29	Dance	36	Registration Form
30	Beekeeping & Solar Power	37	High School Test Prep



Look for this icon throughout for classes at the IVCC Ottawa Campus.



Computer Classes

Beginning Word 2016

Begin with creating documents, formatting and editing text. You will be introduced to tables and then shown how to format, modify and sort data. Visual objects such as shapes, WordArt, SmartArt, pictures and text boxes will be utilized. You will also be asked to create a business report and then arrange text in columns, tab stops, headers and footers and much more. **Textbook and 2GB flash drive required.* **CEU: 1.2**

Tue 6-9 p.m.
4 Sessions
A-211, IVCC

Feb 5-26
Doreen Balzarini
CEU-4028-302 \$129

Intermediate Word 2016

This intermediate level will concentrate on mail merges, pulling from data sources and working with labels and envelopes. You will also learn to create a newsletter, add special effects to text and pictures and column set up. Essential tools for long documents, such as formatting, navigating, creating a table of contents and index, headers and footers will also be covered. *The first two sessions will be held in A-211. The last two sessions will be held in A-212. *Textbook and 2GB flash drive required.* **CEU: 1.2**

Tue 6-9 p.m.
4 Sessions
A-211/A-212, IVCC

Mar 5-26
Doreen Balzarini
CEU-4029-303 \$129

Advanced Word 2016 One Day Fast Course

Enroll in this advanced class and tie it all together. You will learn how to highlight, track and review changes, as well as saving and sending files. Practice sharing and securing documents by reviewing compatibility and restricting editing. You will customize your set up options and learn to automate task with macros, integrate Word with Excel, Powerpoint and the Web and embed links to data, objects, create a PDF, as well as web pages. *All materials are included in the cost of this course.* **CEU: .7**

Fri 8:30 a.m.-4 p.m.
1 Session
CTC 208, IVCC

April 5
Mary Smith
CEU-4030-04 \$159

Computer Basics Windows 10

Learn basic skills for using Windows 10 in this hands-on workshop. Begin with turning the computer on and proceed at a comfortable pace. You will learn the features of My Computer, Recycle Bin, customize your desktop, run multiple programs and use shortcuts. Learn to install programs, check your hard disk drive, delete and restore files and change your mouse settings. Your instructor will use plain language and hands-on demonstrations, practice and individual help. **Textbook (same book for Computer Basics and Internet & Email) and a 2GB flash drive required.*

Thu 6-9 p.m.
4 Sessions
A-211, IVCC

Feb 7-28
Doreen Balzarini
CEX-4411-302 \$129

Internet & Email

Now that you've mastered computer basics, move on to the skills that will help you feel comfortable with navigating through the Internet and Email. Learn basic and advanced web searches, job search, online shopping and banking. This class will also include internet security, scam avoidance and identity theft warnings. Students will also be introduced to Yahoo webmail, instant messaging and photo sharing websites. **Textbook (same book for Computer Basics and Internet & Email) and a 2GB flash drive required.*

Thu 6-9 p.m.
4 Sessions
A-211, IVCC

Mar 7-28
Doreen Balzarini
CEX-4607-303 \$129

Beginning Excel 2016

In this introductory class, you will gain basic skills which include Ribbon interface; entering and editing data; selecting cell and ranges; printing worksheets; creating formulas and functions; formatting cell contents; inserting and deleting columns, rows and cells; creating different types of charts; and more. This class will benefit new users as well as professionals upgrading from 2013. **Textbook and 2GB flash drive required.* **No class: Apr 23. CEU: 1.2**

Tue 6-9 p.m.
4 Sessions
CTC-119, IVCC

Apr 2-30
Doreen Balzarini
CEU-4121-304 \$129

Intermediate Excel 2016 One Day Fast Course

Topics include working with large worksheets and multi-sheet workbooks; building advanced functions; creating and formatting tables; inserting clip art, pictures and SmartArt; creating outlines and templates; digital signatures; troubleshooting formulas and more. **All materials are included in the cost of this course.* **CEU: .7**

Fri 8:30 a.m.-4 p.m.
1 Session
CTC-208, IVCC

May 17
Mary Smith
CEU-4122-05 \$159

DON'T FORGET YOUR TEXTBOOKS!

Textbooks are available at the IVCC Bookstore located at the main campus in Oglesby or can be purchased in advance online at ivccbookstore.com. If you are taking courses at the Ottawa Center, you can have your books delivered to the center at no charge.



Advanced Excel 2016 One Day Fast Course

This advanced level will cover working with tables, calculating columns, structured references and various table features. Financial functions and what-if analysis, such as PMT, PV and NPER functions will also be discussed. Work with PivotTables, PivotCharts, macros, workbook protection and inspecting workbooks for compatibility. Take advantage of these classes which are designed to enhance computer skills, at various levels, in just one-day! *All materials are included in the cost of the class.* CEU .7

Fri 8:30 a.m.-4 p.m. 1 Session CTC-208, IVCC	Jun 21 Mary Smith CEU-4123-06	\$159
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IVCC Online Classes

Hundreds of engaging online courses, covering every topic from Grant Writing to Web Design are available through IVCC's Continuing Education Center. These courses are non-credit, but may be eligible for CEU, CE or PD hours needed for professional certification. Each course comes equipped with a patient and caring instructor, lively discussions with your fellow students and plenty of practical information that you can put to immediate use. Ed2go instructors include some of the most trusted names in online education. You can take all of our courses from the comfort of your home or office at the times that are most convenient to you. A new session of each course starts monthly. Most courses run for six weeks and are composed of 12 lessons, representing 24 hours of instruction. You can ask questions and give or receive advice at any time during the course. Upon successful completion of the course, you will be able to download a certificate of completion. Independent study is also available for a selection of courses, allowing you to work at the pace that best suits your schedule. Please contact Cathy Buck at (815) 224-0490 or cathy_buck@ivcc.edu for additional information. Visit ed2go.com/ivcc for a full listing of available classes.

[take it online] Introduction to QuickBooks Online [24 Hours]

In this course, you will learn to manage the financial aspects of your small business quickly and efficiently using QuickBooks Online. This powerful accounting software program has helped thousands of business owners just like you manage their finances. As you explore the pros and cons of online accounting, you will soon see how easy it is to use the navigation features of QuickBooks Online. Gain hands on experience as you learn all the ways this well-designed accounting program makes it a snap to manage your business' finances - from recording income and expenses, to entering checks and bank transfer entries, to setting up a chart of accounts. You will see how to reconcile your checking account and manage credit card and loan payments; create and print invoices, receipts and statements; track your payables, inventory and receivables; create estimates; generate reports; and much more. Whether you're new to QuickBooks or have already used other versions of this software program, this course will empower you to take control of the financial accounting for your business, all with the ease and convenience of an online platform.

Classes start monthly and are 6 weeks in length. Select the month you wish to begin the course. \$115
Register online at ed2go.com/ivcc.

[take it online] Creating Web Pages [24 Hours]

Create and post your very own Web site on the Internet using HTML in this extensive, workshop. First, you will learn about the capabilities of the World Wide Web and the fundamentals of web design. Then, you will plan the content, structure and layout of your Web site, create pages full of neatly formatted text, build links between the pages and to the outside world, and add color, backgrounds, graphics, and tables. This course also covers critical and timely information on securing the best possible location in search engine listings, and powerful no-cost or low-cost web marketing strategies.

Classes start monthly and are 6 weeks in length. Select the month you wish to begin the course. \$115.
Register online at ed2go.com/ivcc.

[take it online] Microsoft Access 2016 Series

[48 Hours]

Take control of your data by learning to organize, store, edit, manage and report on hundreds of thousands of records. Then learn to build an entire database project from scratch. Learn to harness the power of Microsoft Access 2016 in this series of courses which will take you through an introduction to the software and on to more advanced topics and make you more indispensable to any employer. This series bundle includes two courses: Introduction to Microsoft Access 2016 and Intermediate Microsoft Access 2016. **Series bundles are not eligible for partial drops or refunds. Transfers to other open sessions of the same course are available. Please refer to your school for additional details regarding drops, transfers and refunds on series bundles.**

Classes start monthly and are 6 weeks in length. Select the month you wish to begin the course. \$174.
Register online at ed2go.com/ivcc.



EMOTIONALLY INTELLIGENT LEADERS = HIGHLY ENGAGED, MOTIVATED, PRODUCTIVE, EFFICIENT & COMMITTED EMPLOYEES

Leadership Series

Emotional Intelligence (EI) is a set of skills that help us better perceive, understand and manage emotions in ourselves and in others. Your ability to understand your emotions, to be aware of them and how they impact the way you behave and relate to others, will improve your “people” skills and help you ultimately be more satisfied and successful, as a manager, supervisor and leader.

Join Donna Honold, Certified Practitioner of Genos Emotional Intelligence, for this three part series where you will begin by taking a self-assessment focusing on your workplace behaviors. You will then receive a breakdown of your results and then given an action plan, based off of those results. These leadership sessions will focus on YOU as a Leader and your ability to positively influence those around you to create a more engaged workplace.

Who should attend?

- New supervisors, team leaders, & line leaders
- Leaders transitioning from team member to team supervisor
- Supervisors seeking to increase their effectiveness
- Supervisors without formal leadership preparation

Cost of this series includes all materials and the Workplace Self-Assessment. CEU: .9

Wed 8:30-11:30 a.m. Mar 27-Apr 24
3 Sessions Donna Honold
CTC-125, IVCC CEU-8113-03 \$499



Session One

Wednesday, March 27

- Introduce the Genos EI Model
- Discuss the effects on those around us & the relation to employee engagement
- Complete the Workplace Self-Assessment

Session Two

Wednesday, April 10

- Interpret results of self-assessment
- Discuss tips and techniques for improvement
- Develop an action plan

Session Three

Wednesday, April 24

- Continued discussion of results & action plan
- Practice skills & behavior for demonstration in the workplace

Meet your instructor: Donna Honold is a Performance Consultant, helping companies and individuals to achieve more in the workplace. Donna has over 25 years of training and education experience, with a Master of Arts Degree in Adult Education from the University of South Dakota. Donna is certified in DDI, Achieve Global, Myers Briggs, Change Management and most recently Certified Practitioner of Genos Emotional Intelligence. Donna and her husband Charlie have formed RIFFLE, Inc., a communications company that offers custom-designed training, coaching, and facilitation uniquely coupled with a full range of creative, broadcast and design services. Together, they have developed and trademarked a model for Accountability and Problem Solving called Flying Above the Clouds.

According to the World Economic Forum, Future Jobs Report, Emotional Intelligence will be rated as one of the top 10 skills an employer seeks when considering an individual for a supervisory position, by the year 2020.

What are some of the benefits of this training?

- Learning how to engage people and treat them equally
- Being in control of your emotions for positive results
- Understanding conflict and providing the best resolution
- Gaining a better grasp on time management
- Applying concepts not only professionally, but personally



Looking for Employee Training?

- Are you an employer who needs to train a group of employees? Many of our courses in this catalog, as well as many not listed, can be offered at your site and customized to fit your company's needs.
- Call Jennifer Sowers in the IVCC Business Training Center for details at (815) 224-0280 or visit ivcc.edu/btc.

Business Marketing & Economics

NEW Profits First

How Managers Set Group Goals

How many hours should a store stay open or should a factory produce? If you say, as much as we can, you're letting the tail wag the dog. What if you could control your profits AND how much you work? Economics for Managers optimizes business planning that does just that! Many business owners feel in their gut they're often spinning their wheels, even if on paper, it looks like you're making money. Go with your gut. You may be leaking profits! During this session we will discuss how economists look beyond cost accounting to find the most profitable level of work. **CEU: .2**

Thu 2-4 p.m.
1 Session
CTC-125, IVCC

Mar 21
David Barnes
CEU-8036-03 \$20

NEW Comparative Advantage

Why Super Heroes Don't Take Over the World

Should Tom Brady mow his own yard? He could do it better than anyone else, but won't! Why don't people with the greatest abilities just do everything? Even the mythic ancient gods of Mesopotamia created humans to do work they were too busy fighting heavenly battles to do! Learn how the biggest, wealthiest and most productive workers, companies and countries STILL benefit from doing business with and partnering with "lesser" mortals. The genius of comparative advantage is that even people with absolutely no advantages at all can get ahead and help the best of the best do more than they could ever do alone. **CEU: .2**

Thu 2-4 p.m.
1 Session
CTC-125, IVCC

Apr 18
David Barnes
CEU-8309-04 \$20

Meet your instructor: David Barnes is a graduate of the University of Tennessee with a B.S. in Business Administration and Economics, while also receiving his Master's degree in Regional Planning from UNC at Chapel Hill. He is currently working towards a PhD from the University of Delaware and is employed as a full-time instructor at IVCC in economics and business statistics. Born in Tennessee, he's lived in eight states, has owned two small businesses, worked as a regional economic developer helping businesses expand and travelled as a business consultant for mid-sized manufacturers. He is a local pastor and IMA Reserve Chaplain in the Air Force, with two teen children.

Build Your Business Page

Hands-on class

Are you interested in creating our own business page, but don't know where to start? We can help! In this hands-on session you will begin by determining which type of business page fits your marketing needs. You will design and pick a profile picture, create and add a cover photo, write a description in regards to your business and the details of your page, add a call to action for newsletters, among many other features. Additional tools such as "call now, contact us, send a message, or send an email" will be covered, as well as privacy and security settings. **Please have a Facebook account set up prior to the first class.**

Tue 6-8 p.m.
1 Session
A-211, IVCC

Mar 26
Abby Zukowski
CEX-4627-303 \$39

Advanced Business Boosting

Now that you have covered the basics, let's boost your business! In this hands-on on session you will go over additional tips and tricks as you work on your personalized page. You will also be shown how to manage your page on the go by using the Pages Manager App.

Tue 6-8 p.m.
1 Session
A-211, IVCC

Apr 16
Abby Zukowski
CEX-4628-304 \$39

OSHA & Safety



OSHA 10-Hour Construction Course

Participants will learn the major provisions of the Occupational Safety and Health in the Construction Industry. Primary topics include; the inspection and citation process, working and walking surfaces including ladders and scaffolds, hazardous materials, fall protection, electrical safety, material handling and more. Additional topics can be customized to meet the participants' needs. *OSHA's 10 Hour Construction card will be earned upon completion of this class.*

CEU: 1.0

Wed 8 a.m.-3:30 p.m. Jan 30
 Thu 8 a.m.-12 p.m. Jan 31
 2 Sessions Jeff Clark
 CTC-316, IVCC CEU-7222-01 \$329

Forklift Train the Trainer

This program will review classroom requirements of OSHA's Powered Industrial Truck Standard. Topics covered will include forklift training requirements, inspection documentation, forklift operation and material handling. Attending this class will satisfy the required classroom portion of the regulation. Handout material will include an operators manual and a trainers compliance guide. *The required site specific performance (driving) and evaluation is not included.* **CEU: .3**

Thu 9 a.m.-12 p.m. Feb 28
 1 Session Jeff Clark
 CTC-125, IVCC CEU-7214-02 \$159



RCRA/Resource Conservation & Recovery Act

The Resource Conservation and Recovery Act (RCRA) sets forth an approach for handling the volumes of waste generated in the United States each year. Based on the authority granted by RCRA Subtitle C, the EPA developed regulations for the cradle-to-grave management of hazardous waste. Persons who produce hazardous waste are called hazardous waste generators and they must receive RCRA training. In compliance with U.S. EPA regulations, this training is for individuals who deal with or manage hazardous waste and should be provided for employees at the start of their job and on an annual basis. **CEU: .3**

Thu 1-4 p.m. Feb 28
 1 Session Jeff Clark
 CTC-125, IVCC CEU-7242-02 \$159

OSHA 30-Hour General Industry

Many standards promulgated by the Occupational Safety and Health Administration (OSHA) explicitly require the employer to train employees in the safety and health aspects of their jobs. These requirements reflect OSHA's belief that training is an essential part of every employer's safety and health program for protecting workers from injuries and illnesses. This program will include in-depth training on course mandated and other selected OSHA topics to meet the site specific needs. Participants will receive OSHA's 29 CFR 1910 Regulations manual, sample safety policies, sample procedures and training handouts to be used at their facility. *OSHA's 30 Hour General Industry card will be earned upon completion of this class. Continental breakfast and lunch are included in the course fee.* **CEU: 3**

Tue 8 a.m.-4:30 p.m. Mar 5-26
 4 Sessions Jeff Clark
 CTC-125/B-216, IVCC CEU-7236-03 \$800

OSHA 10-Hour General Industry

Participants will learn the major provisions of the Occupational Safety and Health Act. New and updated information on the regulations will be discussed. Primary topics include; the inspection and citation process, the new working and walking surfaces, emergency plans and exit routes, Global Harmonization System (GHS), electrical safety, machine guarding and updated Illness and Injury Recordkeeping. Other topics can be customized to meet the participants needs. Recommended for managers supervisors, team leaders and members of a company safety committee. *OSHA's 10 Hour General Industry card will be earned upon completion of this class.*

CEU: 1.0

Wed 8 a.m.-3:30 p.m. Mar 6
 Thu 8 a.m.-12 p.m. Mar 7
 2 Sessions Jeff Clark
 CTC-125, IVCC CEU-7203-03 \$329



Warehousing

CPT Fast Track

Get on the Fast Track and validate your skills by obtaining the Certified Production Technician Certificate!

If you have manufacturing experience, but are struggling to get your foot in the door, then this is the program for you! The Manufacturing Skill Standards Council (MSSC) developed the Certified Production Technician (CPT) as the industry standard for production workers. CPT is the national certification supported by the National Association of Manufacturers and is recognized by multiple companies throughout the Illinois Valley area. **Sixteen local employers have endorsed this program as a preferred credential for hire.**

This is an online program which consists of 4 key production modules:

- Manufacturing & Safety
- Quality & Measurement
- Manufacturing Processes
- Maintenance Awareness

For more information call Jennifer Sowers at (815) 224-0280 or visit ivcc.edu/cptfasttrack.

Basic Forklift Operation

This course is designed to ensure that all forklift operators, regardless of their degree of experience, have uniform understanding of the safe and efficient operation of forklifts and compliance with the safety rules and OSHA regulations at their worksite. Students will learn safe driving skills while gaining concise knowledge of how a forklift works. Safety will be stressed as means of reducing accidents and injuries in the workplace. This 5 week course is a combination of lecture and lab. **Upon successful completion of this course, you will earn one credit hour from Illinois Valley Community College.**

Sat 9 a.m.-3:30 p.m. Mar 23-Apr 20
5 Sessions KH Stevenson
Rm 116, Bldg. J WHS-1200-01 \$148
IVCC-East Campus

Small Business Development Center

The Illinois Small Business Development Center at the Starved Rock Country Alliance offers no cost, confidential, one-on-one business advising. Our training programs are focused on helping entrepreneurs and small business owners build successful, long-term businesses in the Illinois Valley Region.

For more information on these workshops and other small business focused learning opportunities visit alliance.sbdc.org or contact Amy Lambert at (844)-369-8898.

Your Business Ideas

Have an idea for a new business? Want to explore your idea and see if it is going to work? Join us to as we use this process to build your business model and assess your idea's potential, while also being introduced to The Business Model Canvas.

Mon 6-9 p.m.
1 Session
Rm 105,
Ottawa Center

Feb 11
Amy Lambert
CEX-9540-632 \$30

How to Start a Business

This informative workshop helps entrepreneurs understand many of the steps and requirements of starting a business in Illinois. You'll be taken step-by-step through a variety of topics related to business structure, entrepreneurship and considerations every beginning business owner should take note of.

Mon 6-9 p.m.
1 Session
Rm 101,
Ottawa Center

Feb 25
Amy Lambert
CEX-9508-632 \$30

Organizing Your Business

Need to get your business organized? This class is for you. Join us to learn organizational philosophies, along with tips, tricks and tools that you as a small business owner, manager and professional can use to streamline your processes and get ahead of your information.

Mon 6-9 p.m.
1 Session
Rm 101,
Ottawa Center

Mar 18
Amy Lambert
CEX-9547-633 \$30

Creating an Effective Business Plan

This informative workshop covers all aspects of creating a business plan and emphasizes the importance of documenting the measurable strategies and tactics your business will use as it grows. Topics include defining your business, outlining business plan components, researching your competition, developing operating and marketing plans and the important benchmarks within your financial statements.

Mon 6-9 p.m.
1 Session
Rm 101,
Ottawa Center

Apr 1
Amy Lambert
CEX-9501-634 \$30

Marketing Your Business

Marketing, public relations and sales are vital components to any successful business. This workshop will teach you the components of each discipline and how to combine them to build significant business growth.

Mon 6-9 p.m.
1 Session
Rm 101,
Ottawa Center

Apr 22
Amy Lambert
CEX-9521-634 \$30

Fund Your Business

Will your business require capital outside of what you have available? This workshop discusses four funding roadmaps that your business could use to gather the capital needed to launch your business idea. Adding their perspectives will be area lenders, investors and capital fund managers.

Mon 6-9 p.m.
1 Session
Rm 105,
Ottawa Center

May 6
Amy Lambert
CEX-9532-635 \$30



IVCC Ottawa Center is located at 321 W. Main St., Ottawa

Leadership

Leadership Elevation Framework (LEF)[™] Certificate

[online]

As global competition increases, companies need a dependable way to produce, groom and grow strong leaders. The Leadership Elevation Framework (LEF)[™] Certificate is designed to enhance productivity from understanding how to bring out the best in teams, increase employee engagement through managers who know how to effectively lead people and create a more positive corporate culture where learning is embraced by all. The result is better decision making skills based on strategy and planning versus reacting to problems.

This online training can be accessed from anywhere and the content has been designed by experts to engage learners and support retention. Participants will benefit from the real-time interaction with highly-skilled trainers and other learners. This program has over 20 certification courses embedded within, which helps prepare students in obtaining industry recognized credentials in the following:

- Change Management Foundation[™]
- Change Management Practitioner[™]
- Professional Scrum Master
- DevOps Foundation
- Project Management Professional (PMP)[™]
- Cloud Technology Associate
- Much more...

The (LEF)[™] Certificate provides a clear training pathway that supports leadership and learning through a synergistic selection of online courses. This dynamic training program helps professionals learn at the pace of technology and our expert training consultants work with individual learners to guide them through their learning journey, helping them develop the skills companies value the most. *These courses are for credit and once a total of 16.5 credit hours have been completed, students will receive the (LEF)[™] Certificate, through IVCC. This certificate program is eligible for Financial Aid.*

For more information contact, Jennifer Sowers at (815) 224-0280 or jennifer_sowers@ivcc.edu.

Real Estate

Home Inspection

Pre-Licensing Home Inspection Program Online

[80 Hours]

Prepare for the Illinois Home Inspection State Licensing Exam with this state-approved, self-paced course. Topics include the physical components of a home, communication skills, knowledge of professional practices, insight into what may go wrong as well as the cause and implications of problems that result.

You will be building a home inspection report as you travel through the program. Each section has a quiz to confirm that you have the knowledge to proceed. These quizzes can be taken from your home. A textbook is required and included in the cost of the class. The final exam is a proctored exam.

This program meets the classroom requirements, but you are still required to complete in-field inspections, at an additional cost, in order to be allowed to sit for the state exam. You can attend a live, one-day field training class at \$200 or you can participate in five one-on-one inspections to receive private coaching. The private coaching fee varies by inspector.

Once you complete all the requirements for this program, you will be allowed to challenge the State of Illinois Home Inspector Exam. After this and after you mail in your application and fees, you will be a Licensed Home Inspector in the State of Illinois. **Cost of the exam is NOT included. E-mail access and an internet connection are required for this course. Open enrollment, register any time.**

Course Number: CPD-4102
Course Fee: \$600

Real Estate Broker Pre-License

[90 Hours]

The Real Estate Broker 90 hour course prepares students for entry into the field. Upon successful completion of this course, students have met the pre-license requirements to be eligible for the Illinois Real Estate Broker Examination. All real estate brokers and managing brokers must be licensed by the State of Illinois to conduct transactions in Illinois. *Please Note: If you have any disabilities that require special accommodations, please identify those needs. Textbooks are required and available at the IVCC Bookstore. Credit Hours: 6*

Tue 6-10 p.m.
Sat 8 a.m.-5:30 p.m.
19 Sessions
E-213, IVCC

Jan 15-May 7
Feb 23, Apr 6 & May 4
Carol Wlodarchak
REA-1200-300 \$853



Advanced Online Career Training

IVCC offers online career training programs that vary from 6-18 months in length. These instructor-led programs are designed to provide the skills necessary to acquire entry-level positions for many occupations. All programs are self-paced, allowing you to learn on your schedule and are accessible 24/7. Most books and materials are included. For additional information including course content, prerequisites, requirements, registration and financial assistance please visit the web site at: careertraining.ed2go.com/ivcc.



Certified National Pharmaceutical Representative

[90 Hours]

The Certified National Pharmaceutical Representative Online Training Program will help you become an entry-level, certified pharmaceutical sales representative even if you don't have pharmacology or medical education. In this program you will learn the skills necessary to become a certified pharmaceutical sales representative. The program covers pharmacology, medical terminology, physiology and regulations for selling pharmaceuticals. As a registered student of the CNPR programs, you'll automatically become a member of NAPSRx and you'll be eligible to sit for the CNPR national certification exam at no additional cost.

.....
Course Fee: \$1,795

Mastering Project Management with PMP® Prep

[60 Hours]

This PMP course provides a deeper understanding of project management concepts and applications in the workplace. At the end of this course, you will be prepared to take the Project Management Professional (PMP)® certification exam. The goal of this PMI Talent Triangle training course is to provide a detailed exploration of key project management topics and concepts, all on your own time. Once complete, you'll have an intermediate to advanced-level comprehension and be ready to sit for the exam. Learn about project selection, strategy development, complex schedule modeling, forecasting, risk identification and assessment, statusing, recovery and more. Project proposals, planning components, project evaluation are covered. Discover first-hand the importance of a project manager to an organization. The material covered in this course is guaranteed to meet or exceed the educational prerequisites for PMP certification.

.....
Course Fee: \$1,295

Lean Six Sigma Green Belt

[50 Hours]

This course teaches you Lean Six Sigma process improvement projects from start to finish. Green Belts deliver measurable, sustainable improvement by finding root causes of problems and streamlining processes. Your Green Belt Training course was developed to meet today's changing business environments; and is facilitated by highly experienced and successful Lean Six Sigma Experts. The course draws on what our experts practice every day in the field to provide you with the most effective way to learn and implement Lean Six Sigma. Upon completion of this course and required project, you will be prepared for the Lean Six Sigma Green Belt Certification exam. The registration fee for this exam is included with the program.

.....
Course Fee: \$1,495

Web Design Professional

[330 Hours]

Fascinated by the inner workings of the online world and looking for a career that stimulates both your logical and creative side? Our Web Design Professional course is the perfect fit for you. You will build a strong foundation of skills that will equip you to create amazing websites. This extensive course is one of the best online web design courses available. We'll teach you how to help organizations present their best images using a mix of modern technology and the proper design principles - an invaluable skill in today's web-focused world.

.....
Course Fee: \$2,995



ONLINE TRAINING

Child Development Associate Training [120 Hours]

If you like working with children, a career as a childcare professional might be right for you. This certificate program in Childcare and Education will allow you to earn your national Child Development Associate (CDA) certification, while working at your own pace in a flexible, self directed online learning environment. Through this convenient, affordable program, designed especially for working adult students, you will earn the 120 hours of professional development required by the Council of Professional Recognition for CDA certification. The program is available 24 hours a day, seven days a week and you will benefit from the support of a committed, knowledgeable instructor. You can start the program at any time of the year. Do not let a busy schedule keep you from your career in childcare! Upon completion of this program, you will complete a self-study CDA certificate that meets 120 clock hours of professional development required by The Council of Professional Recognition in order to obtain the National CDA credential.

Course Fee: \$850

Optician Certification Training [150 Hours]

Opticians are in high demand in the job market and the need for eye care professionals is constantly expanding. In this course, you will gain the skills and knowledge to obtain an entry-level job as an optician while you prepare yourself to achieve the American Board of Opticianry (ABO) certification - a certification that's required by many states and is a stepping stone to career advancement. You will master the mathematical formulas that opticians need to know, discover how to read prescriptions for glasses and contact lenses, explore the basics of eyewear styles and materials, become familiar with the equipment opticians use, learn about prisms and lens types and gain an understanding of eye anatomy and eye diseases. By the time you complete this program, you'll be fully prepared to begin a career as an optician. You'll have the skills and knowledge you need to advance in this popular and exciting medical field.

Course Fee: \$1,895

Catering Professional [100 Hours]

Catering is an exceptional platform to show off your culinary expertise. The Catering Professional provides the foundational skills needed for a career in the catering and events industry by teaching the elements of catering services, including overseeing events and functions and collaborating with other catering services. You will gain the ability to plan for successful food preparation and apply beverage management requirements. This course will also demonstrate best practices for marketing a catering business, considerations for preparing and executing contracts, effectively manage human resources and applying basic accounting principles. It will also prepare you for the Certified Professional in Catering and Events (CPCE) through the National Association for Catering and Events.

Course Fee: \$1,295

Many more to choose from online from the following areas:

- Arts & Design
- Business & Legal
- Child Development
- Computer Applications & Programming
- Construction & Trades
- Health & Fitness
- Hospitality
- Information Technology
- Language & Writing

Refund policy for ed2go career training online classes: There will be NO refunds granted once ed2go provides the student with an access code. There will be NO exceptions.

Please contact Cathy Buck at (815) 224-0490 or cathy_buck@ivcc.edu for additional information.





Pharmacy Technician w/Clinical Rotation [50 Hours]

Prerequisite: A high school diploma or GED plus a solid background in math. This comprehensive 50 hour program will prepare students to work as a pharmacy technician in a retail or other pharmacy setting and to take the Pharmacy Technician Certification Board's PTCB exam. Course content includes: pharmacy medical terminology, the history of pharmacy, the pharmacy practice in multiple environments, pharmacy calculations and measurements, reading and interpreting prescriptions and defining drugs by generic and brand names. Through classroom lecture and hands on labs, students will review dosage calculations, drug classifications, the "top 200 drugs", I.V. flow rates, sterile compounding, dose conversions, aseptic technique, the handling of sterile products, total parental nutrition (TPN), dispensing of prescriptions, inventory control and billing and reimbursement. In addition to classroom lecture and labs, this program includes an 80 hour clinical externship through a local pharmacy. To be eligible for the clinical externship, students must successfully complete the 50 hour program, submit to a thorough background check, drug screening and meet other requirements. **Textbooks and materials are included in the course fee. Cost of the PTCB national exam is NOT included in the course fee.**

This program is offered in partnership with Condensed Curriculum International, Inc. (CCI). Available to both working adults interested in a new career and current professionals, this short term training program will help you prepare for an entry level jobs in healthcare. It is recommended that you research the job market before registering for the program.

Please note: There is no refund for this course once class begins. Students who need to drop the class, must do so 7 days prior to the start date in order to receive a full refund.

A payment plan is available for students registered no later than February 22, 2019. For more information about this program, the payment plan, or to schedule an appointment, call (815) 224-0490 or email cathy_buck@ivcc.com.

Tue/Thu 6-9:30 p.m.	Mar 19-May 7	
15 Sessions	CCI	
E-231, IVCC	CCE-1720-300	\$1,199

Medical Billing and Coding [Online Career Training] Certified Professional Coder CPC [340 Hours]

Please visit ed2go.com/careertraining/ivcc for complete details about this course.

This program offers valuable training in legal, ethical and regulatory concepts that are central to the field, including HIPAA compliance and third-party guidelines for filing insurance claims. You will gain hands-on, practical experience in medical billing and coding and work with the main coding manuals: ICD-10-CM, ICD-10-PCS, CPT and HCPCS Level II. You will also learn how to code diagnoses, services and procedures for all systems of the body. Medical Terminology is the language of medicine. You will study word parts and the structures and functions of the human body. You will also learn about the disorders and medical procedures common to each body system, including musculoskeletal, cardiovascular, respiratory, digestive, nervous, endocrine, integumentary, genitourinary, lymphatic and immune. You'll also have the option to complete the all-new Career Roadmap lesson for Medical Billing and Coding. This lesson will help you find, land and keep a job in your new field. Upon completion of this program, you will be well prepared to find your place in this rewarding healthcare career. You will also be able to sit for the Certified Professional Coder (CPC) exam offered by the American Academy of Professional Coders (AAPC), the registration fee for this exam is included with this program. This program will also prepare you to sit for the Certified Coding Associate (CCA) exam. **This program is entirely online and is completed at your own pace. When you register, you will receive twelve (12) months to complete this program.**

In order to sit for national certification exams, candidates must have a high school diploma or equivalent; therefore, it is recommended you have this before enrolling for this program.

After successfully completing your program, you will also receive access to the American Academy of Professional Coders (AAPC) online CPC Exam Review course, to help you study for your certification exam.

Exam voucher and all textbooks are included in the tuition.

Please note: Once the program curriculum is accessed online or through submission of a material shipment confirmation, refunds cannot be issued.

Tuition: \$2,695

To learn more about this program and financing availability visit ed2go.com/careertraining/ivcc or call Cathy Buck at (815) 224-0490 or email cathy_buck@ivcc.edu.

Massage



Incorporating Stretching into Massage Therapy

Do you want to know when it is appropriate to give your clients stretching techniques? Would you like to know when to use stretching techniques within your massage sessions? And would you like specific techniques that allow the tissues to lengthen within a massage session? If so, be prepared to learn a multitude of new stretching techniques that can be used in session and sent home with your client. You will also be taught how and when to use stretching, and when not to use stretching. During this class, you will be introduced to a variety of manual stretching techniques for the neck, shoulders, low back and hips. You will also review postural assessment techniques to determine muscles in need of specific stretching. Finally, you will be shown the techniques of “Pin and Stretch” and “Active Engagement Techniques”, both of which can easily be utilized within a massage therapy session. *Lunch is on your own. Students may bring a sack lunch if preferred. Please dress comfortably and bring one set of linens. This course is for licensed massage therapists only and has been approved by the State of Illinois for CE Hours. This class has been submitted to the NCBTMB for CE hours. [8 CE]*

Fri 8:30 a.m.-5 p.m.
1 Session
G105/106, IVCC
Gym Building

Feb 15
Mike Hovi
CPD-3142-02 \$119

Meet your instructor: Candice Chaffee is certified as a Master Herbalist and Natural Health Professional. She has studied, practiced and taught holistic health for 25 years and now divides her time between teaching, public speaking and natural health consulting.

Palpation for Assessment by the Massage Therapist

When working with the human body within a massage therapy session, there will come times when the client has specific muscles that are contracted, hypertonic, hypotonic, and sometimes they just “aren’t right.” Would you like to be able to identify which specific muscle or muscles are the source of the client’s discomfort? Then take a course that will focus on palpating specific muscles so you can quickly and efficiently assess the muscles and provide a focused treatment. During this class, you will be introduced to a multitude of specific muscles and how to assess them through palpation. A focus will be not only on palpating muscles, but locating specific fiber directions within muscles with the objective of determining which fibers within muscles are likely causing the client’s discomfort. *Lunch is on your own. Students may bring a sack lunch if preferred. Please dress comfortably and bring one set of linens. This course is for licensed massage therapists only and has been approved by the State of Illinois for CE hours. This class has been approved by the NCBTMB for CE hours. [8 CE]*

Fri 8:30 a.m.-5 p.m.
1 Session
G105/G106, IVCC
Gym Building

Jan 25
Mike Hovi
CPD-3154-01 \$119

NEW Emotionally I Am In Pain... Physically I Smile

Gaining a Better Understanding of Mental Health
Ever wonder why people do what they do? Of course, we all do. When mental illness comes into play, there tends to be more questions than answers. Through group work and conversation, this workshop will not only answer those questions, but will also supply the tools needed to help those that suffer from disorders such as anxiety, depression, PTSD, Obsessive Compulsive Disorder and Oppositional Defiant Disorder. Ultimately, you will gain a better understanding of mental illness, the contributing factors and recovery. You will also gain confidence in supporting people who experience mental health issues. In this course, Danielle Stoddard, LCPC, will provide you with a better understanding of mental health and how to identify the symptoms of mental health. You will also learn skills, tools and resources that you can use at your job to help those that suffer from mental health issues. [6 CE]

Thu 9 a.m.-3:30 p.m.
1 Session
C-316, IVCC

Feb 21
Danielle Stoddard
CPD-3259-02 \$119

Introduction to Herbalism

Updated for 2019
“Our food should be our medicine. Our medicine should be our food.” -Hippocrates
Medicinal herbs and plants are steeped in rich tradition and history. Many are high in nutritional and pharmacological properties. Herbs encourage and activate the body’s own healing mechanisms. This course is designed by Candice Chaffee to offer an introduction to medicinal herbs and their history of use in healing. Topics include a brief history of herbal medicine, how herbs work in the human body, herbal properties and characteristics, and demonstrations of how to prepare a wide range of internal and external applications. Participants will gain a basic understanding of how and when to use medicinal herbs to address simple health issues. [6 CE]

Wed 9 a.m.-3:30 p.m.
1 Session
C-316, IVCC

Apr 24
Candice Chaffee
CPD-3245-04 \$109

Nursing

NEW Emotionally I Am In Pain... Physically I Smile

Gaining a Better Understanding of Mental Health
Ever wonder why people do what they do? Of course, we all do. When mental illness comes into play, there tends to be more questions than answers. Through group work and conversation, this workshop will not only answer those questions, but will also supply the tools needed to help those that suffer from disorders such as anxiety, depression, PTSD, Obsessive Compulsive Disorder and Oppositional Defiant Disorder. Ultimately, you will gain a better understanding of mental illness, the contributing factors and recovery. You will also gain confidence in supporting people who experience mental health issues. In this course, Danielle Stoddard, LCPC, will provide you with a better understanding of mental health and how to identify the symptoms of mental health. You will also learn skills, tools and resources that you can use at your job to help those that suffer from mental health issues. [6 CE]

Thu 9 a.m.-3:30 p.m. Feb 21
1 Session Danielle Stoddard
C-316, IVCC CPD-3259-02 \$119

NEW Empowering Nurses in Nutritional Care for Diabetes

With the increased prevalence of diabetes, nurses are encountering patients with diabetes more than ever before. This course is designed to help nurses:

- Understand basic diabetes nutrition guidelines
- Learn how to improve care of patients with diabetes who have other comorbidities
- Better understand their patients' needs
- Assist in improved total care of the patient
- Help patients make small changes to improve diabetes management

This course is presented by Brittney Moutray, MS, RD, LDN and Alyssa Salz, MS, RD, LDN. They are both registered dietitians at Illinois Valley Community Hospital. [2 CE]

Thu 3-5 p.m. Mar 7
1 Session Brittney Moutray &
Alyssa Salz
C-316, IVCC CPD-3261-03 \$49

NEW Endocrine Pathophysiology

It's all about "too much or too little" in the world of endocrinology. Barb Bancroft returns to discuss the hypothalamus and it's myriad of functions - sleep, sex, temperature regulation, onset of puberty, body rhythms, appetite, satiety, sexual orientation and more. Clinical correlations include drugs and the hypothalamus (aspirin, acetaminophen, antipsychotics, steroids, diet pills, sleeping pills, gonadotropin releasing hormones) as well as disorders of the hypothalamus. The hypothalamic pituitary target organ (thyroid, adrenal gland, gonads) axis will be discussed. Disorders of the thyroid gland, adrenal gland, ovaries and testicles will be discussed using the theme - too much hormone or too little hormone. Clinical conditions to be discussed include hypopituitarism, hyper- and hypothyroidism, hyper- and hypoparathyroidism, Cushing's disease and Cushing's syndrome, Addison's disease, primary ovarian failure and primary testicular failure, polycystic ovary syndrome and endometriosis. The concept of negative feedback will also be discussed and correlated with various types of tests used to diagnose endocrine function and dysfunction. Barb will also discuss the treatment of all of the above conditions. Drugs to be discussed include the various hormonal therapies for endocrine cancers, the types of glucocorticoids and their potency profile, metformin, levothyroxine, androgen and estrogen replacement therapies. [6 CE]

A continental breakfast and lunch will be provided.

Wed 8:30 a.m.-3:30 p.m. Mar 20
1 Session Barb Bancroft
C-316, IVCC CPD-3260-03 \$139

Meet your instructor: Barb Bancroft is a widely-acclaimed national speaker noted for her humorous, entertaining and information packed seminars. She is the author of four books, her latest, Kiss my asparagus, an essential guide to nutrition's role in health and disease. Many people can conduct health seminars, or write books on health, but very few can make them both thoroughly informative and entertaining. Barb Bancroft makes complex health topics easily understandable, appealing, hilarious and most importantly, her information is always current and up to date. Barb has provided more than 2400 educational and motivational seminars on clinical topics and health maintenance topics to healthcare professional and corporations throughout the US and Canada.



Hearing Loss & Hearing Aids

Hearing loss is one of the most common medical conditions affecting adults. Approximately one in three people between the ages of 65 and 74 have hearing loss. Having trouble hearing can make it hard to communicate with others and can make it difficult to respond appropriately to environmental sounds. This can be frustrating, embarrassing and even dangerous. This course will help you to better understand hearing loss and the treatment options available for it. Hearing aids will be discussed in detail. Upon completing this course you will be educated with the information needed to confidently pursue hearing help for yourself or a loved one. *This course is presented by Beth Wallace, M.S. and Elizabeth Koch, AuD. They are both audiologists at St. Margaret's Health Ear, Nose and Throat Center with 20+ years of combined experience in the field of audiology. [2 CE]*

Tue 10 a.m.-12 p.m. Apr 9
1 Session Beth Wallace &
Elizabeth Koch
CTC-124, IVCC CPD-3251-04 \$12





Introduction to Herbalism

Updated for 2019

"Our food should be our medicine. Our medicine should be our food." -Hippocrates

Medicinal herbs and plants are steeped in rich tradition and history. Many are high in nutritional and pharmacological properties. Herbs encourage and activate the body's own healing mechanisms. This course is designed by Candice Chaffee to offer an introduction to medicinal herbs and their history of use in healing. Topics include a brief history of herbal medicine, how herbs work in the human body, herbal properties and characteristics and demonstrations of how to prepare a wide range of internal and external applications. Participants will gain a basic understanding of how and when to use medicinal herbs to address simple health issues. **[6 CE]**

Wed 9 a.m.-3:30 p.m. Apr 24
1 Session Candice Chaffee
C-316, IVCC CPD-3245-04 \$109

Spring and Summer Classes! C.N.A Train the Trainer Online

Includes Alzheimer's Disease

This course includes 5 weeks of online instruction and a one day Evaluator Workshop that will be held on IVCC's Main Campus. Students will spend online class time completing readings, discussion postings and assignments. Basic computer skills are helpful. Students should be comfortable with uploading and downloading files and attachments on a computer.

The **Approved Evaluator Workshop Skills** portion is a face-to-face format requiring one day on campus for skills practice and successful return demonstrations.

Student Requirements include: 2 years RN experience, in addition to 1 year long term care experience as an RN. If there is any concern or desire to confirm whether your experience meets the eligibility requirements, contact: Illinois Department of Public Health at (217) 785-9172. ***IMPORTANT: Participants must meet the qualifications outlined in the June 2013 Illinois Administrative Code Section 395.160 Instructor Requirements. All students are expected to have reviewed these requirements PRIOR to registering for class.**

The following textbook is required for this course and can be purchased online or in the IVCC bookstore (participant to purchase prior to class).
DeYoung, S. (2015). Teaching Strategies for Nurse Educators (3rd ed.).
Pearson Education, Inc.: Upper Saddle River, N.J.

Refund/Cancellation Policy: Registrants who cancel up to seven days prior to the start of the course will receive a full refund. No refund will be given after that time or if the registrant has accessed the course. Cancellations may be made by calling the Continuing Education Center at (815) 224-0427. The Continuing Education Center reserves the right to cancel classes due to low enrollment. If a class must be canceled by the Continuing Education Center, you will receive a full refund.

SPRING CLASS INFORMATION

Registration Deadline: April 8

Online Train the Trainer Course: April 15-May 17

On-Campus Workshop: May 17 (mandatory face to face workshop)

April 15-May 17 CPD-3527-104 \$599
Tammy Taylor



SUMMER CLASS INFORMATION

Registration Deadline: June 10

Online Train The Trainer Course: June 17-July 19

On-Campus Workshop: July 19 (mandatory face to face workshop)

June 17-July 19 CPD-3527-106 \$599
Tammy Taylor

NEW Preceptor Refresher

Are you an experienced Preceptor who still aspires to train and mentor new nursing professionals? Are you seeking to update your skills and share your knowledge and experience with other colleagues? This course will provide you the valuable updated information and knowledge that you need to be an effective Preceptor and inspire you to continue in your role. **[8 CE]**

Dr. Maureen Rebholz, EdD, MSN will:

- Review the role of the Preceptor
- Review the competencies of the Preceptor
- Discuss the importance of advocating for the new employee
- Discuss the importance of delivering prompt, constructive feedback
- Lead a roundtable discussion where participants share their Preceptor experience

A continental breakfast and lunch will be provided.

Fri 8 a.m.-5 p.m. May 3
1 Session Dr. Maureen Rebholz
C-316, IVCC CPD-3258-05 \$129



Teachers



NEW From Pre-Write to Publish

The writing process, from pre-writing to publishing, can be incorporated into any curriculum throughout K-8 as an effective way to meet Common Core State Standards, while also providing opportunities for differentiated instruction. When implemented early and often, children will learn to create complex sentences, detailed paragraphs and ultimately, organized essays. This process can be used to teach each type of writing style: descriptive, narrative, persuasive and expository. The course will review the fundamentals of the writing process and connect it to resources and ideas that align the CCSS for individual grade levels and subjects. Join Beth Dellatori-Shaw as she guides you through using the writing process to help teachers align curriculum to the Common Core State Standards. [6 PD]

Mon 9 a.m.-3:30 p.m. Jun 10
1 Session Beth Dellatori-Shaw
C-316, IVCC CPD-1215-06 \$119

Meet your instructor: Beth Dellatori-Shaw has been in education for 23 years. She has a B.S. in Early Childhood Education from Illinois State University with a minor in Linguistics and certification in ECE Special Education. She holds teaching certificates in both Early Childhood Education and Elementary Education with specializations in ELA, Social Sciences and Social Studies. She received her Master's degree in Education from National Louis University with a focus in Curriculum & Instruction. She has taught in both public and private schools in the suburbs and Illinois Valley, teaching grades prekindergarten-4th grade as well as multi-age classrooms. She was an adjunct faculty member at IVCC for 13 years in the Early Childhood and Education departments.



NEW Emotionally I Am In Pain... Physically I Smile

Gaining a Better Understanding of Mental Health
Teachers can earn 6 PD hours for successful completion of this course. This course is offered for professional development to educators and healthcare professionals; and is open to community members with interest on this topic. Please see pg. 14 for a full description of this course. [6 PD]

Thu 9 a.m.-3:30 p.m. Feb 21
1 Session Danielle Stoddard
C-316, IVCC CPD-1715-02 \$119



NEW Collaborative Conflict Resolution for Educators

Educators are devoted, demonstrate a love and passion for their job, make a positive, life-long impact on their students and spread much joy to those around them every day. However, your profession does come with its challenges. Dealing with difficult students, parents and sometimes your own colleagues and administrators. Del Goodale returns to share with you collaborative ways to resolve conflict for positive outcomes. In this course, you will:

- Develop a better understanding of how personality can affect conflict resolution skills
- Learn improved methods of reducing conflict through empathetic listening skills
- Learn how to quickly recognize when the earliest signs of anger will be presented
- Develop a better understanding of passive, assertive and aggressive behavior and know when to use different responses
- Practice the selection of your choice of words and body language to reduce conflict
- Role play and engage in problem solving opportunities to strengthen the application of these skills

Join Del as he shares his vast knowledge, skills and experience to help you find collaborative solutions to resolve conflict in your environment.

[6 PD]

Mon 9 a.m.-3:30 p.m. Jun 24
1 Session Del Goodale
C-316, IVCC CPD-1628-06 \$119

Teaching PD Hours Take it Online!

ed2go.com/ivcc

Earn PD's that are Convenient, Affordable, and Effective!

Take IVCC online courses anywhere and when it's most convenient for you!

New classes begin monthly.
Duration: 6 weeks • Contact Hours : 24
Cost of courses begin at \$99

Complete course descriptions, syllabus and demos of class lessons are available at ed2go.com/ivcc

Tools for Teachers

- Survival Kit for New Teachers
- Teaching Pre-school: A Year of Inspiring Lessons
 - Creating Classroom Centers
- Differentiated Instruction in the Classroom
- Teaching Students with Autism: Strategies for Success
 - Empowering Students with Disabilities
 - Understanding Adolescents

Reading and Writing

- Teaching Writing: Grades K-3
- Common Core Standards for English Language Arts K-5
 - Content Literacy: Grades 6-12
- Guided Reading and Writing: Strategies for Maximum Student Achievement

Classroom Computing

- Integrating Technology in the Classroom
- Teaching Smarter with SMART Boards
- Using the Internet in the Classroom
 - Creating a Classroom Website

Languages

- Spanish in the Classroom
- Enhancing Language Development in Childhood
 - Introduction top Teaching ESL/EFL

Science and Mathematics

- Teaching Science: Grades 4-6
 - Introduction to Algebra
 - Teaching Math Grade 4-6

There are many more courses to choose from!

Additional class offerings are listed on the website.

ANSI Food Service Sanitation

Food Service Sanitation

[8 Hr. Class]

Applied Food Service Sanitation is designed to assist the manager or potential manager applying sanitation principles in the operation of a food service establishment. Students will learn to identify the causes of food-borne illness, identify and apply correct procedures for cleaning and sanitizing, recognize problems and potential solutions associated with facility, equipment and layout. The Illinois code related to food service establishments will be discussed. Students will take the ServSafe Protection Food Manager Certification exam in class at the end of the course.

This class is required in Illinois for Certified Food Protection Manager Certification (CFPM) and is an ANSI certified course accepted by the Illinois Department of Public Health (IDPH). Upon successful completion of the exam with a passing grade, students will attain the ServSafe CFPM. Licenses are valid for five years.

Don't Forget Your Textbooks!

A textbook is required for this class: *ServSafe Manager, 7th Edition*. The textbook is available at the IVCC Bookstore located at the main campus in Oglesby or can be purchased in advance online at ivccbookstore.com. It is recommended that students purchase the book in advance and begin review prior to class due to the fast paced nature of the class.

Take it at the IVCC Ottawa Center [321 N. Main Street, Ottawa]

Mon/Thu 5-7:30 p.m. 4 Sessions Rm 101, Ottawa Center	Feb 4-14 Sara Smith CEU-1503-632	\$129
Mon/Thu 5-7:30 p.m. 4 Sessions Rm 101, Ottawa Center	Mar 11-21 Sara Smith CEU-1503-633	\$129
Mon/Thu 5-7:30 p.m. 4 Sessions Rm 101, Ottawa Center	Apr 8-18 Sara Smith CEU-1503-634	\$129
Mon/Thu 5-7:30 p.m. 4 Sessions Rm 101, Ottawa Center	May 6-16 Sara Smith CEU-1503-635	\$129

Take it at the IVCC Main Campus, Oglesby [815 N. Orlando Smith Road, Oglesby]

Mon 8 a.m.-6 p.m. 1 Session CTC-123, IVCC	Feb 11 Ida Boyle-Bruch CEU-1503-02	\$129
Tue/Thu Mar 5: 8 a.m.-1 p.m. Mar 7: 8 a.m.-12 p.m. 1 Session CTC-123, IVCC	Mar 5 & 7 Ida Boyle-Bruch CEU-1503-03	\$129
Mon 8 a.m.-6 p.m. 1 Session CTC-123, IVCC	Apr 1 Ida Boyle-Bruch CEU-1503-04	\$129
Tue 8 a.m.-6 p.m. 1 Session CTC-123, IVCC	May 14 Ida Boyle-Bruch CEU-1503-05	\$129



Tue/Thu Jun 11: 8 a.m.-1 p.m. Jun 13: 8 a.m.-12 p.m. 1 Session CTC-123, IVCC	Jun 11 & 13 Ida Boyle Bruch CEU-1503-06	\$129
Mon/Thu 5-7:30 p.m. 4 Sessions Rm 101, Ottawa Center	Jun 17-27 Sara Smith CEU-1503-636	\$129
Mon/Thu 5-7:30 p.m. 4 Sessions Rm 101, Ottawa Center	Jul 15-25 Sara Smith CEU-1503-637	\$129



Chicago Eats! Classics Edition

Includes: motor coach transportation, guided tour, visits and sampling at Stan's Donuts, Manny's Cafeteria & Delicatessen, Garrett's Popcorn, Vienna Beef and Eli's Bakery Café, all tips, gratuities and snacks.

Grab your fork and join us on a gastronomic journey throughout a variety of well-known Chicago eateries! We will start the day with a stop at Stan's Donuts. You've seen the pink neon signs popping up around the city, now find out about the tradition and reinvention of the shop that has become a hometown favorite. Next we will visit family owned Manny's Cafeteria & Delicatessen. Experience the recipes that have been handed down generation to generation over 75 years with a focus on comfort food. The Russian born family specializes in Jewish cooking and we will sample some of their well-known house specialties! We will take a break from the plate and head over to Water Tower Place for some free time, accompanied by a stop at another famous Chicago establishment for a sample of... Garrett's Popcorn! This afternoon we will visit Vienna Beef® founded in 1893. Austrian-Hungarian immigrants Emil Reichel and Samuel Ladany introduced their family frankfurter recipe at the legendary Columbian Exposition World's Fair. The hot dog was a hit, and Vienna® Beef was born. Today they produce over 104,145,480 individual hot dogs and polish sausage in their Chicago facility each year. Sample their famous hickory-smoked hot dog, and have an opportunity to shop their products as we visit their factory location. No food focused tour would be complete without dessert, for our last stop we will visit Eli's Cheesecake factory. The story of Eli's has evolved over time with a humble start as a coffee shop, to a delicatessen, to a steak house where the famous cheesecake recipe had its start. Today Eli's has grown from a local favorite to one of the country's largest specialty bakeries, turning out 20,000 cheesecakes and desserts daily. Enjoy cheesecake samples and time to shop their fresh bake shop with scratch recipe muffins, loaf cakes, crème puffs, cakes and cheesecakes... a perfect way to end our day of culinary ed'ventures!

Date: Thursday, March 14
Time: 6:45 a.m.-7 p.m.
Where: IVCC Parking Lot, #4
Course: HLR-8237-403
Fee: \$131

Spring PEEPS in Racine



Includes: motor coach transportation, admission to the International Marshmallow PEEPS® exhibit, brunch in a historic home, visit to Mileager's greenhouse, visit to a Racine chocolatier, O & H Danish Bakery, all tips, gratuities and snacks.

We will start the day with an exclusive curated tour of the 10th Annual International PEEPS® Art Exhibition at the Racine Art Museum. Within the pristine white walls of this award-winning contemporary art museum, you will experience an untraditional exhibition showcasing fluffy, sugar-coated marshmallow PEEPS. The show features over 100 entries that demonstrate the talent of over 150 artists. Many of the PEEPS art entries are by local artists, families and organizations, with several arriving from as far away as Pisgah Forest, North Carolina and Tucson, Arizona. Next we'll enjoy brunch at the historic Christmas House Bed & Breakfast overlooking the shore of Lake Michigan. Located in the Southside Historic District, the house was built in 1893 by Emily Baker, Robert H. Baker's widow who was one of the "Big Four" original partners of J.I. Case Company which is now known as Case New Holland. It is built in the Colonial Revival Style but has the irregular pattern of the Queen Anne Style. The home is now on the National Register of Historic Places. Enjoy a homemade experience just like "grandma" used to make. The décor changes with the season, so be ready to enjoy the spring atmosphere. Next we will take a self-guided tour of the 90+ greenhouses at Milaeger's. For the past 50 years, Milaeger's has grown from an 8' X 12' potting shed, to producing over 2 million plants per year. You will feel as though you landed in Oz. You will also have time to browse the on-site shop including yard art, home décor, fashion and more. And not to forget the sweet time of Easter, your craving will be satisfied with a stop for chocolate bunny ears at a local Racine chocolatier. Our last stop in Racine will be O & H Danish Bakery where you can sample their famous kringle and pick up pastries and coffee cake for the spring holidays that are just around the corner.

Date: Sunday, April 14
Time: 7 a.m.-7 p.m.
Where: IVCC Parking Lot #4
Course: HLR-8336-404
Fee: \$139

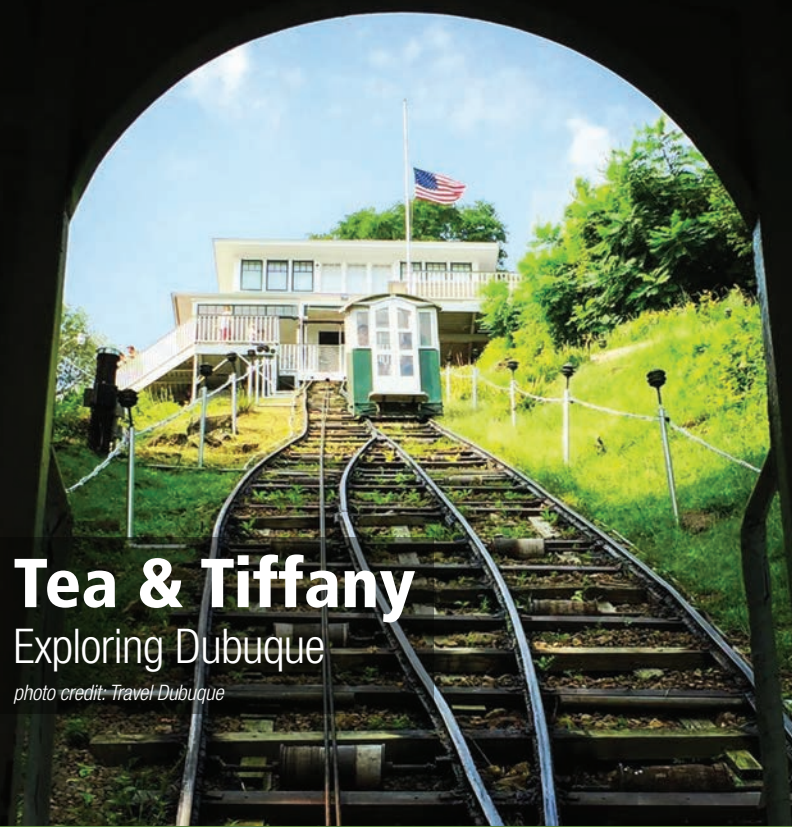


Chicago: the Musical

Includes: motor coach transportation, guided city highlights and history tour, visit to Chicago Fire Academy, lunch at Hubbard Inn, lower balcony seats to CHICAGO: the Musical, all tips, gratuities and snacks.

Home of the blues, the modern skyscraper, the Magnificent Mile and three of the world's tallest buildings, today we will explore the sights and sounds of the city before we take our seats for the afternoon performance of CHICAGO! This morning we will enjoy a city highlights and history tour including a visit to the Chicago Fire Academy. The location is a working firefighter training academy and museum. Walk past one of Chicago's original steam-powered engines in the lobby and you can see a plaque that marks where the Great Chicago Fire of 1871 began. And you may also smell smoke: as part of cadets' training, instructors build live fires. You can often overhear firefighter banter while you're looking at the monument to the volunteers who have fallen in the line of duty (paid for by Ron Howard after the filming of Backdraft), as well as photos and historical information on landmark fires and inventions. Did you know that the sliding pole was invented in Chicago in 1878? Lunch is included at Hubbard Inn. The "Hemmingway-inspired" interior includes marble-topped mahogany bars, embossed wall coverings and brass accoutrements that will make you feel as though you stepped back in time before we head to the theatre. After lunch, we will take our lower balcony seats at the Cadillac Palace Theatre for the matinée performance of CHICAGO. The Tony Award-winning, musical welcomes NFL Legend and Heisman Trophy winner Eddie George to the role of "Billy Flynn." Set amidst the razzle-dazzle decadence of the 1920s, Chicago is the story of Roxie Hart, a housewife and nightclub dancer who murders her on-the-side lover after he threatens to walk out on her. Desperate to avoid conviction, she dupes the public, the media and her rival cellmate, Velma Kelly, by hiring Chicago's slickest criminal lawyer to transform her malicious crime into a barrage of sensational headlines, the likes of which might just as easily be ripped from today's tabloids. CHICAGO is the #1 longest running American musical and the winner of six Tony Awards including Best Musical Revival and the Grammy Award for Best Musical Cast Recording. Join us for a day that is sure to showcase the city of Chicago and "all that jazz!"

Date: Wednesday, May 8
Time: 6:45 a.m.-7 p.m.
Where: IVCC Parking Lot, #4
Course: HLR-8337-405
Fee: \$159



Tea & Tiffany

Exploring Dubuque

photo credit: Travel Dubuque

Includes: motor coach transportation, guided city highlights and history tour, visit to Our Lady of the Mississippi, lunch at Convivium, tour of St. Luke's, tea and dessert at Fannie Stout House, ride on Fenelon Place Elevator, all tips, gratuities and snacks.

Start our adventure to Iowa with a visit to Our Lady of the Mississippi, a beautiful abbey situated on the bluffs of the Mississippi River. During this experience you will learn about the sisters' way of life and have the opportunity to taste their handmade delicious Trappistine creamy caramels. We will take a short walk to the chapel and enjoy the beautiful scenery that surrounds us. Next we will enjoy lunch in the unique interior of Convivium (Latin word for "feast"). Enjoy a delicious farm to table lunch and take a tour to learn more about the daily operations and how Convivium has paved the way for the meaning of urban farmstead. This afternoon we will tour the Richardson Romanesque style St. Luke's United Methodist Church in Dubuque which is noted for their collection of 105 Tiffany stained glass windows. It has been called "one of the five finest religious Tiffany collections in the world." Of all the windows in the church, the Good Shepherd window is the showpiece! The window was created for the Columbian Exposition of 1893 and Tiffany is said to have considered it his finest creation in glass. Visit the Fannie Stout House. Built in approximately 1891, the home was once occupied by the daughter of a wealthy 19th century entrepreneur. Enjoy tea and dessert in this mansion known for its eclectic architecture. Before we depart for the day, we will take a ride on the Fenelon Place Elevator, the world's shortest, steepest, railway in the world. Enjoy a stunning view while at the top and then enjoy a little bit of free time to explore the many shops and local boutiques in the area. *Please note: there are stairs required to enter the Fanny Stout House, the Fenelon Place Elevator is a historic landmark and is not accessible.* **Registration for this tour opens April 5**

Date: Tuesday, June 4
Time: 7:30 a.m.-8 p.m.
Where: IVCC Parking Lot, #4
Course: HLR-8216-406
Fee: \$119





Beautiful Spaces & Historic Places

Exploring Milwaukee

Includes: motor coach transportation, guided city tour, admission to Grohmann Museum, lunch at Bartolotta's Lake Park Bistro, admission to Villa Terrace, visit to Elegant Farmer, all tips, gratuities and snacks.

See Milwaukee from a different perspective as we explore the arts and gardens of the Cream City. Visit the Grohmann Museum, known as the Man at Work Collection. Rather than collecting art based on the artist, this museum collection focuses on the expression of occupations through art. The crème de la crème... visit the top floor and experience a stunning rooftop sculpture garden, featuring bronze statues and a magnificent view of the city. We will stop at the Milwaukee Art Museum to view the Burke Brise Soleil "flap." Designed by Santiago Calatrava, the wings of the structure are automated and operate as a sunscreen, an unprecedented architectural design. Drive along the lakeshore of Lake Michigan and hear the stories of the magnificent homes and estates built along the bluffs. We will enjoy an elegant lunch at Bartolotta's Lake Park Bistro. Located on a bluff overlooking Lake Michigan, you will dine at Milwaukee's premiere award winning French restaurant, with an adherence to traditional French cooking and use of fresh ingredients. You will see why Lake Park Bistro is a popular destination for lunch, and the view is second to none. Following lunch, we will take a stroll through Milwaukee's Lake Park - designed by famous landscape architect, Frederick Law Olmsted, where we'll see the North Point Lighthouse and the beautiful Lion Bridges. This afternoon enjoy a guided tour of the Villa Terrace Decorative Art Museum and Italian Renaissance Garden. Overlooking Lake Michigan, Villa Terrace was built by architect David Adler in 1923. The building was originally the residence of Lloyd Smith of the A.O. Smith Corporation and his family. Smith called the house *Sopra Mare*, which is Italian for "above the sea." The Villa Terrace Decorative Arts Museum features a collection of fine and decorative arts dating from the 15th through the 19th centuries, wrought-iron masterpieces by Cyril Colnik, a formal garden and changing exhibitions. Explore the landscaped terraces, formal gardens and unique "water stairway." On our way home we will make a stop at the Elegant Farmer in Mukonwago. The indoor market features fresh made Wisconsin cheese, many locally made products, their famous pies and much more. *There will be walking and standing involved on this tour. Please wear comfortable walking shoes.* [Registration for this tour opens April 5](#)

Date: Tuesday, June 25
Time: 6:45 a.m.-7:30 p.m.
Where: IVCC Parking Lot, #4
Course: HLR-8288-406
Fee: \$134



CATS!

Includes: motor coach transportation, behind the scenes theatre tour, lunch at HopCat, lower balcony seats to CATS at the Nederlander theatre, all tips, gratuities and snacks.

This morning we will go behind the scenes at the Nederlander Theatre, recently renamed from the Oriental Theatre after entertainment legend James M. Nederlander. As one of the first motion picture palaces whose décor was inspired by the Far East, Chicago's Nederlander Theatre opened to much fanfare on May 8, 1926. The building is a virtual museum of Asian art and presented popular first-run motion pictures, complemented by lavish stage shows. Turbaned ushers led patrons from the lobby, with polychrome figures and large mosaics of an Indian prince and princess, through an inner foyer with elephant-throne chairs and multicolored glazed Buddhas, to the auditorium's "hasheesh-dream décor." Among the many stars that played the theatre are The Three Stooges, Judy Garland, George Burns and Gracie Allen, Duke Ellington and more. The tour showcases the glittering vintage décor while you learn about the cutting edge technology and recent restorations that brought beauty and elegance back to the century old theatres of Chicago. Lunch is included at HopCat featuring a made from scratch menu. This afternoon, we will take our seats at the Nederlander Theatre for the matinée performance of CATS, the record-breaking musical spectacular by Andrew Lloyd Webber, winner of 7 Tony Awards. CATS tells the story of one magical night when an extraordinary tribe of jellible cats gathers for its annual ball to rejoice and decide which cat will be reborn. Featuring the beloved characters of Jennyanydots, Rum Tum Tugger, Deuteronomy, Munkustrap and of course Grizabella; you will be sure to enjoy this Broadway classic. The original score by Andrew Lloyd Webber, original scenic and costume design by John Napier, all-new lighting design, all-new sound design and new choreography make this production a new CATS for a new generation! Join us for day that is sure to be filled with many "memories." *Please note: theatre for tour may be subject to change by assignment of Broadway in Chicago.* [Registration for this tour opens April 5](#)

Date: Wednesday, July 31
Time: 6:45 a.m.-7 p.m.
Where: IVCC Parking Lot, #4
Course: HLR-8268-407
Fee: \$169

Summer in the City



Includes: motor coach transportation, guided tour of Millennium Park, city driving tour, ride on the Centennial Wheel at Navy Pier, admission to Museum of Science and Industry, admission to U-505 on-board tour, all tips, gratuities and snacks.

Explore the sights and sounds of summer in the city! We will start our morning with an outing at Millennium Park where you will see Pritzker Pavilion designed by architect Frank Gehry, which is home to many of Chicago's outdoor concerts and events. View the magnificent Cloud Gate sculpture (often referred to as "the Bean"). The 110-ton elliptical sculpture reflects Chicago's famous skyline and the clouds above for a unique photo opportunity. Explore this architectural marvel up close. We will also experience the landmark Crown Fountain consisting of two 50-foot glass block towers at each end of a shallow reflecting pool. The towers project faces of Chicago citizens, with the illusion of water spouting from their mouths. Hop back on the bus and take a driving tour to see famous landmarks including Soldier Field, the lions standing guard at the Art Institute and more. We will make a stop at Navy Pier for lunch and a ride on the Centennial Wheel; an iconic part of the Chicago skyline and a treasured piece of Chicago cultural history. Soaring to heights of nearly 200 feet, the wheel offers unparalleled, 360-degree views of Chicago and Lake Michigan. Afterwards, enjoy lunch on your own at any of Navy Pier's eateries including Bubba Gump Shrimp, Harry Caray's or any of the many restaurants located here. This afternoon we will head to the Museum of Science and Industry. Since opening in 1933, the Museum of Science and Industry, Chicago has been dedicated to inspiring the inventive genius in everyone with uniquely interactive experiences. Visit the Genetics and Baby Chick Hatchery, take a trip underground to the Coal Mine, watch the trains wind through the Great Train Story; experience the Idea Factory and Toymaker 3000. We have also included admission to the on-board tour of the U-505 Submarine. Board the actual craft that stalked the waters of the Atlantic before it was blown to the surface and captured on June 4, 1944. From the cramped quarters to the feel of battle, it's an interactive walk through a piece of history that you'll never forget! (Ages 5+) **Please note: passengers under the age of 18 must be accompanied by an adult family member or guardian. The U-505 tour is not accessible to strollers, segways or wheelchairs.**

Registration for this tour opens April 5

Date: Thursday, August 8
Time: 7 a.m.-7 p.m.
Where: IVCC Parking Lot, #4
Course: HLR-8232-408
Fee: \$117



Photography

Portrait Photography

Pre-requisite: Intro to Photography & Beginning Photography or consent of instructor.

Portrait photography is a useful skill; whether you want to take better pictures of your family or are considering expanding your business portfolio. This class will include quality and direction of light, light patterns, measuring light and types of light. We will explore camera and lens selection for portraits. Learn the principles of subject placement, posing and camera angles; in addition to how to interact with your subject and put them at ease. You will also have an introduction to Adobe PhotoShop for portraiture retouching and an overview of the business of portraiture.

Tue 6:30-9 p.m.
6 Sessions
CTC-123, IVCC

Apr 9-May 14
Doug Dellinger
HLR-2509-304 \$159

Exploring Wildflowers of Starved Rock

Attention nature and photography lovers! Join freelance photographer David Anderson for a morning presentation of his photographs of the beautiful wildflowers found at Starved Rock State Park. Learn how to photograph and identify the various species and find out where and when they can be found. In the afternoon, you'll meet at Starved Rock where David will lead you on a nature hike to view, identify and photograph wildflowers. **Students will provide their own transportation to Starved Rock. There is a \$12 material fee payable to the instructor the day of class for a Pocket Wildflower Guide Book. Please bring your camera, hiking boots, water and a sack lunch.**

Sat 10 a.m.-4 p.m.
1 Session
CTC-216, IVCC

Apr 20
David Anderson
HLR-5203-04 \$35



Creative Arts

Made in the Illinois Valley

Join IVCC's talented creative arts instructors for an exciting opportunity to get creative, explore a new hobby and learn to make one-of-a-kind handmade projects. There are a variety of one night workshops to choose from. Our instructors are local art teachers and artists who are eager to share their passion of the arts with you. Get together with friends and share a unique experience at one of our make-it-take-it sessions or make class a date night!

If you have a group of 10 or more friends interested in a class, contact our office, we may be able to schedule an art party just for your group.

Classes are held in IVCC's Art Room, Peter Miller Community Technology Center and also in Building J located on the Main Campus. If you have questions about parking or classroom location do not hesitate to call the Continuing Education Center at (815) 224-0427.



NEW DIY: Rustic Porch Sign

Please register at least one week prior to class for planning purposes.

Have you ever driven down the road and seen those cute vertical door signs on your neighbor's porch and wished you had one? Now you can, and the best part is, you can make it yourself! Learn how to add lettering to a sign and even hand paint it. Beginner level crafters welcome! Signs are 7" wide and approximately 5' tall. They will be double sided so you can make two designs. They can be displayed indoors or outdoors, the options are endless. Choose a welcome sign, last name, or support your favorite professional or local sports team. Students will be contacted prior to class to select paint or stain and lettering. **There is a \$20 material fee payable to the instructor on the day of class.**

Sat 9 a.m.-12 p.m. 1 Session Rm 117, Bldg. J IVCC-East Campus	Feb 2 Jyllian Ossola HLR-2311-02	\$34
Wed 9 a.m.-12 p.m. 1 Session Rm 117, Bldg. J IVCC-East Campus	Feb 27 Jyllian Ossola HLR-2311-12	\$34
Wed 6-9 p.m. 1 Session Rm 117, Bldg. J	Mar 13 Jyllian Ossola HLR-2311-303	\$34



NEW Rustic Wood Door Tags

Please register at least one week prior to class for planning purposes.

Join IVCC instructor Jyllian Ossola in this front door tag sign workshop to add a handmade touch to your home. You will complete two tags at class. They can be designed and displayed as a set, or you can create two unique tags. Stain or paint your tags and then use a fun transferring technique to add the lettering. These signs are reversible and will be able to be used for months. *There are a variety of designs to choose from, holiday, seasonal and year-round options are available. Students will be contacted prior to class with sample project ideas and to select paint or stain and lettering. There is an \$18 material fee payable to the instructor the night of class.*

Mon 6-9 p.m. 1 Session B-101, IVCC Art Room	Feb 11 Jyllian Ossola HLR-2312-302	\$34
Sat 9 a.m.-12 p.m. 1 Session Rm 117, Bldg. J IVCC-East Campus	Mar 9 Jyllian Ossola HLR-2312-03	\$34





NEW Rustic Framed Quote Sign

Please register at least one week prior to class for planning purposes.

You will learn a simple and fun way to add your favorite quotes or sayings to your home. Using a prepared white washed sign board you will be instructed on how to quickly transfer a design and paint! This class is for any level crafter. Signs are 12" X 19" X 1". Students will be contacted prior to class to select lettering. There is a \$15 material fee payable to the instructor the night of class.

Wed 6-9 p.m. 1 Session B-101, IVCC Art Room	Feb 20 Jyllian Ossola HLR-2313-302	\$34
Mon 6-9 p.m. 1 Session B-101, IVCC Art Room	Mar 25 Jyllian Ossola HLR-2313-303	\$34
Wed 6-9 p.m. 1 Session B-101, IVCC Art Room	Apr 17 Jyllian Ossola HLR-2313-304	\$34

NEW Mommy & Me! Rustic Wood Door Tags

Please register at least one week prior to class for planning purposes.

Bring your little one to class with you! Not just for moms! Grandma, Grandpa or Dad can bring their young one to class. Join IVCC instructor Jyllian Ossola in this Easter or Spring Front Door Tag Sign workshop to add a handmade touch to your home. Together, you will complete a total of two tags at class. They can be designed and displayed as a set, or you can create two unique tags. Stain or paint your tags and then use a fun transferring technique to add the lettering. These signs are reversible and will be able to be used for months. Children should be age 4+ and must attend class with a parent or family member over the age of 18. Please register the adult student for class, and bring your young one along to assist you in the workshop. Students will be contacted prior to class to select paint or stain and lettering. There is an \$18 material fee payable to the instructor the day of class.

Sat 9 a.m.-12 p.m. 1 Session Rm 117, Bldg. J IVCC-East Campus	Mar 30 Jyllian Ossola HLR-2312-13	\$34
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NEW Starved Rock Landscape Painting

Bring your own picture frame with glass panel for this unique one night painting class! You will focus on landscape painting techniques with an artistic rendition of a local landmark, Starved Rock. By bringing your own picture frame you will be able to choose the size and frame style that best matches your home. This project will be completed on a glass picture frame. A \$10 material fee is payable to the instructor the night of class.

Mon 6-8 p.m. 1 Session B-101, IVCC Art Room	Mar 11 Addy Sorce HLR-1115-303	\$39
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NEW Spring Flower on Canvas

Join instructor, Addy Sorce, for a brand new one night painting class! Learn the techniques to paint a large dimensional spring daisy on canvas. New students are welcome. This will be a great spring piece to add to your décor. You will follow the instructor step-by-step to create your finished piece. This project will be completed on canvas. A \$15 material fee is payable to the instructor the night of class.

Thu 6-8 p.m. 1 Session B-101 IVCC, Art Room	Apr 25 Addy Sorce HLR-1115-304	\$39
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NEW Patriotic Flag on Rustic Glass Window

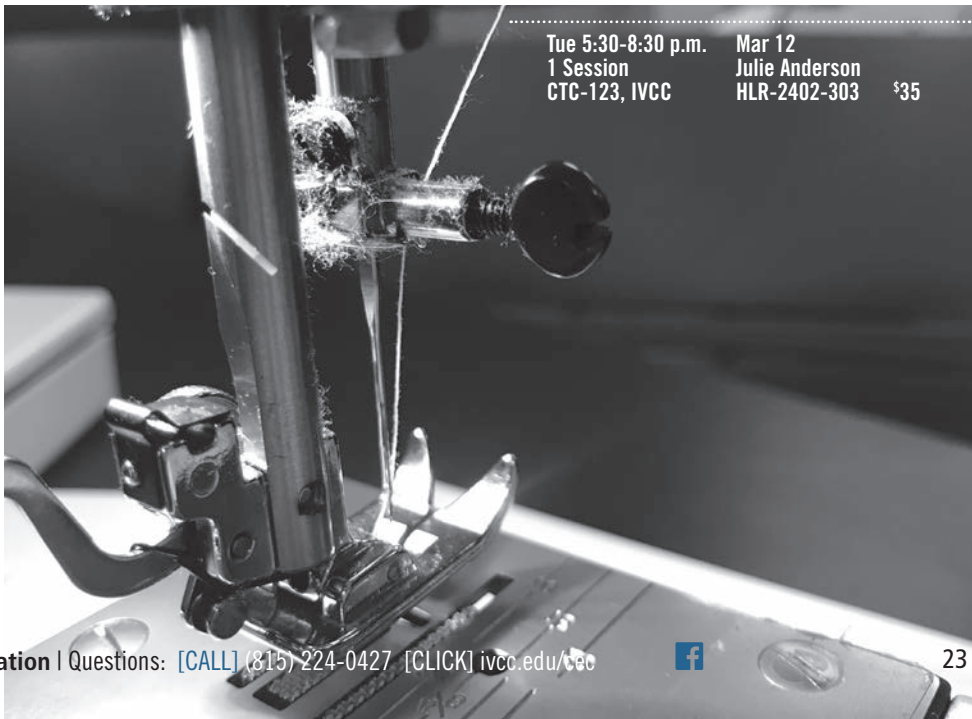
Every great artist started as a beginner! Use acrylic paint to complete a step by step painting of a patriotic flag. Just in time for summer, this class will provide an introduction to painting and an opportunity to learn new and varied techniques. This project will be completed on a rustic glass window that will be provided by the instructor. A \$15 material fee is payable to the instructor the night of class.

Mon 6-8 p.m. 1 Session B-101, IVCC Art Room	May 13 Addy Sorce HLR-1115-305	\$39
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Beginning Sewing

In this 3 hour class we will explore the basics of machine sewing. We will begin defining terms and basic equipment, spend some time getting to know your sewing machine and its basic features. You will learn how to backstitch and baste among several other stitches. By the end of the class you will complete a quick pillow project. Supplies you should bring to class include: ½ yard woven fabric, thread to match fabric, seam ripper, straight pins, 12 ounces polyester fiber fill, hand needle, scissors, sewing machine with bobbin. If you do not have a sewing machine please contact the college, the instructor may have machines available for student use.

Tue 5:30-8:30 p.m. 1 Session CTC-123, IVCC	Mar 12 Julie Anderson HLR-2402-303	\$35
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NEW Green Sewing: Practical Projects for Every Day Use

This class is for anyone who has basic sewing skills! This is a hands-on class in which you will learn to make practical items that you can use every day. Projects completed in class will include: a reusable sandwich bag, washable bowl cover, produce bag and a cotton sleeve for storing plastic bags. You will also receive a pattern for a clothespin bag. Washable and reusable, you will reduce the amount of plastic you use and reduce your footprint on the planet! Make a positive impact, just in time for Earth Day! *Please bring your sewing machine, basic sewing supplies such as scissors, sewing pins, needles, measuring tape and hem gauge, 4 fat quarters (18" x 22") or 1 yard of 100% cotton. Please bring a sack lunch. There is a \$7.50 material fee payable to the instructor at class for additional supplies that will be provided by the instructor the day of class.*

Sat 9 a.m.-4 p.m. 1 Session CTC-123, IVCC	Apr 13 Cathy Linker-Lafrenz HLR-2408-04 \$65
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NEW Beginning Sewing: Tote Bag Project

For those seeking an easy practical sewing project, this is your class. You will create a small or medium lined tote bag that you can custom design with pockets just where you need them. Choose between two sizes: the small tote will be 10" high x 11" across by 5" wide and the medium tote will be 12" high x 14" across x 6" wide. Your instructor will provide patterns. **Students will need general sewing supplies including a sewing machine, fabric and thread, straight pins and scissors. Fabric used should be home décor, denim or canvas. The small tote will require 1 yard fabric and 1 yard 1" wide belting for the handles. The medium tote will require 1-1/2 yards fabric and 1-1/2 yards belting for the handles. Students should have general sewing machine knowledge and sewing skills to register.**

Thu 5:30-8:30 p.m. 1 Session CTC-123, IVCC	Apr 25 Julie Anderson HLR-2409-304 \$35
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NEW Personalized Embroidered Canvas

Learn how to transfer a photo to canvas and then use embroidery techniques to embellish your image. IVCC instructor, Kari Matuszewski, will transfer your image to an 8" x 10" canvas prior to class and then demonstrate the transfer technique on the night of class. You will learn how to transfer your own images at home; and Kari will teach you how to embroider your canvas during class to make it a truly unique piece. No prior experience is necessary. **Students will receive instructions to email their image to IVCC prior to class so canvases can be prepared in advance due to a 24 hour dry time prior to hand embroidery. There is a \$20 material fee payable to the instructor the night of class.**

Tue 6-8 p.m. 1 Session CTC-214, IVCC	Mar 26 Kari Matuszewski HLR-2405-303 \$29
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Re-Purposed Jewelry Workshop

Back by popular demand! From trash to treasures! Do you have a bunch of broken bits and pieces of costume jewelry that you love but cannot bear to part with? Everyone has that drawer of jewelry that you either do not wear anymore or is broken. Have coins, small trinkets, or beads and buttons that you want to make into something, but do not know where to start? Love to shop thrift shops for odds and ends? Then this is the class for you! Students will learn how to turn old jewelry into a new, unique fashion piece. Class includes instruction and use of tools. Chains, jump rings, clasps and more will be provided. *Please bring four-five broken or old jewelry pieces such as necklaces, earrings or bracelets. You can also bring jewelry odds/ends, special coins, beads, pearls, charms, buttons or other trinkets you would like to use in your finished piece and a pair of chain nose pliers. A \$15 material fee is payable to the instructor on the night of class.*

Tue 6-8 p.m. 1 Session CTC-214, IVCC	Apr 30 Kari Matuszewski HLR-2749-304 \$29
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Gourd Art Workshop

Registration deadline: March 22

Do you have a little imagination? Get ready to have fun and learn about gourds as you create a work of art that you can be proud of. Students will learn to paint, stain, cut and sculpture gourds using proper tools. *You instructor will provide all materials. Please wear older clothes and bring a sack lunch. There is a \$20 material fee payable to the instructor the day of class.*

Sat 9 a.m.-2 p.m. 1 Session Rm 117, Bldg. J IVCC-East Campus	Apr 6 Bill Ferguson HLR-2301-04 \$69
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Meet your instructor: Bill Ferguson is a member of the American Gourd Society, Wisconsin Gourd Society and has a background in art education and art history from Southern Illinois University.

[take it online] Drawing for the Beginner

Have you always been interested in drawing, but never really knew how to get started? If so, then this is definitely the course for you! Gain a solid foundation and understanding of the basics to drawing and become the artist you've always dreamed you could be! You'll gain a solid understanding of the tools of the trade. You'll become familiar with paper types, drawing styles, rendering techniques and the basic principal of perspective, layout, design, lighting, volume and space. You'll even discover how best to get in touch with your right brain. If you have an interest in learning what it's like to draw or would love to increase your current knowledge in the field of art and illustrating, then this course aims to fulfill all of your needs.

Classes start monthly and are 6 weeks in length. Select the month you wish to begin the course. \$99. Register online at ed2go.com/ivcc.

Culinary



Tortellini: Twist, Cook, Eat & Repeat

Dee Biagi has been making these twisted treasures from the time she was a young girl. Relatives and elder ladies of Mark, Illinois taught her how to make the authentic tortellini and tortalache. Tortellini is a meat and cheese filled pasta that is twisted to resemble a belly button. As a child she sat around the big dining room tables and learned how to make this "staple" pasta from the experts... relatives from the Old Country. In this class we will learn how to make the dough and filling and how to twist them. Follow by cooking and of course eating them. *Please bring an apron to class. There is a \$20 material fee payable to the instructor the night of class.*

Tue 6-9 p.m.
1 Session
CTC-123, IVCC

Feb 5
Dee Biagi
HLR-3901-302 \$35

Italian Tortellacci

Dee's Great Aunt, Enis Malavolti, had family over for Sunday dinner and served the most amazing Italian dishes. A favorite was her tortellacci. Tortellacci is a meatless cheese tortellini with made with spinach. This dish is often served during Lent and other special occasions. The texture and flavor is very decadent and rich. Learn how to mix and knead the dough, make the special filling of the tortellacci and twist them into the correct shape. The best part, we will eat a tortellacci and Italian sausage dinner with all of the trimmings at the end of class. *Please bring an apron to class. There is a \$20 material fee payable to the instructor the night of class.*

Mon 6-9 p.m.
1 Session
CTC-123, IVCC

Mar 4
Dee Biagi
HLR-3943-303 \$35



Italian Sauces

Learn to make authentic sauces to add to your home-made or "store bought" pastas. Sauces include: a 100 year old recipe for alfredo sauce, a creamy white sauce with asiago cheese melted to give it a decadent flavor; vodka sauce made of smooth tomato sauce, vodka, Italian herbs and heavy cream, which gives the sauce its distinctive orange coloration. Then, learn how to make marinara sauce. You will use this classic marinara sauce for side dishes, pastas and meats. The sauces will be sampled with pastas and other dishes the night of class. Skip dinner at home for an authentic tour of sauces from the northern region of Italy with Dee (Malavolti) Biagi. *Please bring an apron to class. There is a \$20 material fee payable to the instructor the night of class.*

Tue 6-9 p.m.
1 Session
CTC-123, IVCC

Apr 2
Dee Biagi
HLR-3904-304 \$35

Breads with Dee

A famous lady says, "I love bread" and isn't this true? We all love bread! Dee will teach you how to make home-made bread; bake it and serve it warm! Bread is a great staple to know how to make and can have different variations within the recipe, to please different palates. Included this evening you will also learn how to make home-made cinnamon rolls, which will be our dessert. Just thinking about the combination of warm bread, cinnamon and frosting... yum! Also, this evening will be a full meal with Dee's "salad" and an entrée of Dee's choice. *Please bring an apron. There is a \$20 material fee payable to the instructor the night of class.*

Thu 6-9 p.m.
1 Session
CTC-123, IVCC

Apr 11
Dee Biagi
HLR-3204-304 \$35

Culinary



NEW Bacon and Beer!

Come one, come all as we celebrate bacon and craft beer. We will create some great tasting bacon dishes and pair them with unique beer. We will examine the process of actually making bacon, different types of bacon and methods of bacon preparation. Some of our recipes will include: Bacon Garlic Brown Sugar Chicken, Bacon, & Caramelized Onion Cheese Dip, Cheesy Bacon Ranch Potatoes, Bacon & Pretzel Chocolate Chip Cookies and a few others. **There is a \$30 material fee payable to the instructor the night of class.**

Wed 6-9 p.m. 1 Session CTC-123, IVCC	Feb 6 Tim Freed HLR-3416-302	\$35
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Return of 30 Minute Meals

Back by popular demand! Short on time, but not on flavor these quick tips and easy recipes make 30 minute meals possible. With busy schedules and a fast paced world it can be hard to create a home cooked meal. You will learn some quick delicious recipes, meal prep tips/techniques to save time and keep you out of the fast food drive-thru. **There is a \$20 material fee payable to the instructor the night of class.**

Tue 6-9 p.m. 1 Session CTC-123, IVCC	Feb 26 Sara Fitzpatrick HLR-3509-302	\$35
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NEW Casseroles: Re-imagined

Great for busy people on the go, and great comfort food for weeknight meals. Casseroles are the original way to meal prep the night before busy days and make for easy meals. Join Chef Tim as we prepare some great casseroles that will keep the whole family happy with flavor. Bacon Cheeseburger Pie, Million Dollar Spaghetti Bake, Caprese Chicken Casserole, Cheesy Crack Chicken, plus a few other great easy meal ideas. **There is a \$25 material fee payable to the instructor the night of class.**

Wed 6-9 p.m. 1 Session CTC-123, IVCC	Mar 13 Tim Freed HLR-3708-303	\$35
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NEW Made from Scratch

We take for granted some of the products we use in the kitchen to create meals. Did you know you can make many from scratch and experience the real flavor that cooking from scratch has to offer? Putting convenience aside, you will learn how to make dressings, sauces and pastries from scratch. Experience the flavor and fun that comes from a labor of love. **There is a \$20 material fee payable to the instructor the night of class.**

Tue 6-9 p.m. 1 Session CTC-123, IVCC	Mar 19 Sara Fitzpatrick HLR-3518-303	\$35
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NEW Sushi II: Keep on Rollin'

By popular demand! We will be rolling sushi in this new class that you're not going want to miss! We will continue our popular HANDS ON sushi making class with exciting rolls that will further your knowledge of this trending topic. Some of our recipes will include Rainbow Roll, Godzilla Roll and Tiger Roll to name a few. Prior experience is not necessary. **There is a \$35 material fee payable to the instructor the night of class.**

Wed 6-9 p.m. 1 Session CTC-123, IVCC	Mar 27 Tim Freed HLR-3939-303	\$35
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The Art of Brewing Coffee

Learn how to make the perfect cup of coffee at home. Find out how coffee is sourced and roasted. We will look at common equipment used in the home kitchen and various methods of brewing coffee from French press, aero press to pour overs and more. A variety of methods will be demonstrated at class. You will learn how to pick the right beans and the proper grind to match your preferences. Learn about proper storage, shelf life and water quality. Matt & Jill McLaughlin of Starved Rock Coffee Company will take you through the home brewing process step by step. You will experience a coffee cupping in class and take coffee beans home with you at the end of this session.

Sat 10 a.m.-12 p.m. 1 Session CTC-123, IVCC	Mar 30 Matt McLaughlin HLR-3801-303	\$30
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NEW Introduction to Mushroom Identification & Collection

Although DNA testing is the only way to tell with absolute certainty what kind of mushroom you have found, this class will cover the basics of mushroom identification and collection. Learn the basic characteristics of fungi including cap, gill and stipe features. You will also find out when and where to collect mushrooms.

Sat 9-10:30 a.m.
1 Session
CTC-124, IVCC

Mar 30
Moira OKeefe
HLR-5319-03 \$49

NEW Brunch & Cocktails: Bourbon Edition

Everybody loves brunch, it's a great meal that is also a great opportunity to entertain friends and family. Join Chef Sara and Chef Tim for this class as they will show you how to prepare an elegant and easy to make brunch menu, plus some creative cocktails to pair along with your meal! Make Sunday brunch fun and exciting with these recipes including: Sundried Tomato Frittata, French Toast Casserole with a Bourbon Caramel Sauce, Stuffed Breakfast Calzone and a few other great brunch ideas. **There is a \$40 material fee payable to the instructor the night of class.**

Wed 6-9 p.m.
1 Session
CTC-123, IVCC

Apr 10
Tim Freed & Sara Fitzpatrick
HLR-3939-304 \$49

NEW Outrageous Eats!

Have you ever watched a show on the food channel and said "I want to try that!" We will in this class! We will create delectable carnival eats and recreate some recipes that you have watched from renowned diners. We will have fun with food tonight "as seen on TV!" Be sure to come hungry! **There is a \$20 material fee payable to the instructor the night of class.**

Tue 6-9 p.m.
1 Session
CTC-123, IVCC

Apr 16
Sara Fitzpatrick
HLR-3406-304 \$35

NEW Great Steak Without the Grill

Love steak but don't have a grill, no worries! Chef Tim will show you how to make great steak minus the grill! We will also be making a few classic side dishes to pair along with the steaks as well. Some of our recipes will include, Steak Diane, Cast Iron Seared New York Strip Steaks with a Compound Butter, Teriyaki Marinated Sirloin with Lo Mein Noodles, Twice Baked Loaded Mashed Potatoes and a few other great meal ideas. We will also learn to pair a couple of wines with our steaks as well. **There is a \$35 material fee payable to the instructor the night of class.**

Wed 6-9 p.m.
1 Session
CTC-123, IVCC

Apr 24
Tim Freed
HLR-3408-304 \$35

NEW It's All Greek to Me

Join Chef Tim on a culinary adventure through Greece. Greece, the founding country of Mediterranean cuisine holds a dear place in the hearts of many foodies as being not only flavorful cuisine, but healthy and adventurous. Examine Greek cooking methods and food varieties. Recipes will include saganaki, traditional Greek salad with vinaigrette, lamb, octopus and more! **There is a \$30 material fee payable to the instructor on the night of class.**

Wed 6-9 p.m.
1 Session
CTC-123, IVCC

May 8
Tim Freed
HLR-3931-305 \$35





IVCC Jazz Ensemble

Have you ever wanted to participate in a jazz ensemble? This course provides a study of style and techniques in the jazz idiom. The course is open to all wind instrument players as well as piano, guitar, bass and drum set players. Students will also participate in public performances during the semester. *Prerequisite: Performance ability on a wind instrument, piano, guitar or trap drum. The college owns a piano; students playing wind, guitar or drums must provide their own instrument. Late enrollments accepted. No class: Mar 12.*

Tue 6:45-9:15 p.m.
17 Sessions
D-223, IVCC

Jan 15-May 14
Brandon Czubachowski
HLR-5116-301 \$25

You Can Uke!

This hands-on, action-packed class offers immediate, get to know it, get to do it instruction on "the instrument of the 21st century" the noble ukulele! Love those old classic songs? Love the new ones? Want a friendly partner on the porch? The ukulele is a gateway that opens up all kinds of music and all kinds of fun. Bring your friends and family (the course makes a great gift, too). No musical experience required. (If you have long fingernails, you might wish to trim them in order to play more effectively). **There is a \$55 material fee payable to the instructor the day of class. The material fee includes a ukulele, song book and tuner.**

Sat 9 a.m.-12 p.m.
1 Session
CTC-216, IVCC

Mar 23
Todd Volker
HLR-5114-03 \$29

[take it online] Introduction to Guitar

Learn to play guitar and become the musician you've always wanted to be! In these fun and informative lessons, you'll build basic guitar skills step-by-step with the help of hands-on exercises, audio and video recordings and detailed illustrations. First, you'll get to know all the parts of your guitar, from frets to strings and learn how to tune your instrument. After that, you'll explore the fundamentals of music notation and find out how to produce clear, beautiful notes and chords. You'll also discover how to control your rhythm, tempo and volume. The classical guitar skills you'll master in this course will allow you to play any style of music, from hard rock to country-and-western. Good guitar players know that the secret to creating beautiful music is to practice, practice, practice - so that's what you'll do. You'll make rapid progress as you follow a carefully planned practice schedule that reinforces each new skill you learn. Whether you're a beginner or an intermediate student, this course will take your musical talent to the next level. By the time you're finished, you'll be well on your way to becoming a skilled guitar player. *Edward Burns, a university graduate in classical guitar performance, has a gift for helping students discover their inner guitarist. He has also published two guitar methods and composed several guitar technique studies designed to develop specific skills. Edward has created and taught guitar and music theory courses for colleges, music academies and conservatories.*

Classes start monthly and are 6 weeks in length. Select the month you wish to begin the course. \$99. Register online at ed2go.com/ivcc.





Dance

Wedding Reception Survival

Tired of making small talk at the table while everyone else is having fun on the dance floor? Learn to survive most social occasions by mastering the reception basics: Electric Slide, Cha Cha Slide, Swing and Waltz as well as some great slow dance moves. **Please sign up with a dance partner and both persons must register.*

Tue 7-8:15 p.m. 6 Sessions Small Gym, Oglesby Lincoln School	Feb 5-Mar 12 Jane & Rodney Schomas HLR-5108-402 \$62
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Two Step

By popular request, Jane and Rodney are now offering a Two Step dance class. This class is a beginner's level introduction to footwork and turns in this pattern. This dance travels counter-clockwise around the dance floor and is usually danced to country music, but you will learn it is not just for country music. **Please sign up with a dance partner and both persons must register.*

Tue 8:15-9:30 p.m. 6 Sessions Small Gym, Oglesby Lincoln School	Feb 5-Mar 12 Jane & Rodney Schomas HLR-5124-402 \$62
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West Coast Swing Dance

Pre-requisite: Prior dance experience is necessary for this course.

Learn basic West Coast Swing and footwork to take you up a level. The dance allows for both partners to improvise steps while dancing together, putting West Coast Swing in a short list of dances that put a premium on improvisation. **Please sign up with a dance partner and both persons must register. No class: Feb 14.*

Thu 7-8:15 p.m. 6 Sessions Small Gym, Oglesby Lincoln School	Feb 7-Mar 21 Jane & Rodney Schomas HLR-5120-402 \$62
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Beginners 2 Swing

Pre-requisite: Students must have completed a Beginning Swing Dance class in the past year. This class will take you up a notch from the introductory Beginning Swing level. Beginners 2 Swing is designed for those that are not quite ready for the advanced class. **Please sign up with a dance partner and both persons must register. No class: Feb 14.*

Thu 8:15-9:30 p.m. 6 Sessions Small Gym, Oglesby Lincoln School	Feb 7-Mar 21 Jane & Rodney Schomas HLR-5123-402 \$62
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Beginning Swing Dance

Big band, rock, oldies or country? No matter what kind of music you like you can dance swing to it. Learn the moves to take you a step ahead. You will learn basic patterns, turns and some fancy footwork too. Look like Fred & Ginger on the dance floor, not Fred & Ethel! **Please sign up with a dance partner and both persons must register. No class: Apr 2, 16.*

Tue 7-8:15 p.m. 7 Sessions Small Gym, Oglesby Lincoln School	Mar 19-May 14 Jane & Rodney Schomas HLR-5102-403 \$69
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Advanced Swing Dance

Now that you have the 6-count mastered, let's take on some fancier footwork! Learn some of the more intricate parts of swing dance including turns, advanced footwork, the Lindy Hop and Charleston moves. **Please sign up with a dance partner and both persons must register. No class: Apr 2, 16.*

Tue 8:15-9:30 p.m. 7 Sessions Small Gym, Oglesby Lincoln School	Mar 19-May 14 Jane & Rodney Schomas HLR-5103-403 \$69
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Class will be held at | Oglesby Lincoln School | 755 Bennett Avenue, Oglesby

Beekeeping & Solar Power

Introduction to Beekeeping

In this class, you will focus on the principles of beekeeping. These principles include the history of beekeeping, honeybee biology, plant and pollinator relationship and essential equipment and requirements. By the end of the course, you will be able to help experienced beekeepers in the management of hives and start beekeeping as a hobby. Starting in 2006 with the media coverage of Colony Collapse Disorder and the rapid decline of honeybees around the world, the number of beginning beekeepers has increased exponentially. There have been reports that the number of backyard beekeepers has increased three-fold since 2008. In response to this interest, the Midwest Master Beekeeper Program (MMBP) was developed. *This training and certification program will help beekeepers develop their skills through six levels of competency. This is the first course in the Midwest Master Beekeeper Program.*

Tue/Thu 6-8:30 p.m. Mar 19 & 21
2 Sessions Michael Long
C-316, IVCC HLR-5530-303 \$89

NEW Apprentice Beekeeper

This course will focus on hive health and management. These include information on how to check the health of your hive, how to monitor for pests and diseases, honeybee biology, swarm management, queen replacement and other IPM recommendations. *This is the second course in the Master Beekeeper Certification program. Course fee includes a student manual.*

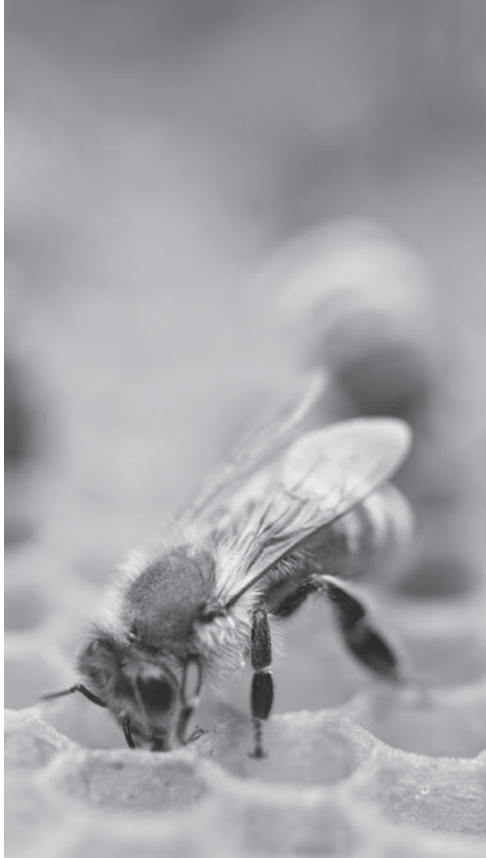
Tue/Thu 6-8:30 p.m. Apr 23 & 25
2 Sessions Michael Long
C-316, IVCC HLR-5545-304 \$89

NEW Journeyman Beekeeper

Pre-requisite: Two years of beekeeping experience

This course concentrates on honey bee pests and diseases. Topics also include combining and splitting hives, queen rearing and producing nucs and package bees. The class is not recommended for those individuals that do not have two years of beekeeping experience. *This is the third course in the Master Beekeeper Certification program. Course fee includes a student manual.*

Tue/Thu 6-8:30 p.m. May 14 & 16
2 Sessions Michael Long
C-316, IVCC HLR-5546-305 \$89



Meet your instructor: Michael Long has been a beekeeper for 12 years, maintaining as many as 60-80 colonies. He relocated to Illinois from New Jersey and has participated in many educational programs including: Rutgers agricultural extension courses: Basic Beekeeping, Beyond the Basics and Business Management and Marketing for Beekeepers. He was president of the South Jersey Beekeepers Association in 2011 and was involved on the executive board for 6 years. He was also an initial founder and leader for 3 years in the Gloucester County N.J. 4-H beekeeping program.

Basics of Solar Electricity

If you have been thinking about installing a solar system, this is the time to do so at a very reasonable price. With large state incentives in place and federal tax credits available, one established installer estimated that a nearly 10 kw system worth around \$27,000 could cost a customer less than \$6,000 this year, if they receive state incentives and federal tax credits. Learn the basics of solar systems, their benefits, the solar economy and the various programs available to individuals, group purchases and community solar available under the Future Energy Jobs Plan for Illinois. *Dr. Robert Vogl is retired from Northern Illinois University and is President of the Illinois Renewable Energy Association.*

Sat 9:30-11:30 a.m. Apr 6
1 Session Robert Vogl
CTC-216, IVCC HLR-5522-04 \$39

[take it online] Start Your Own Edible Garden

Grow delicious, nutritious fruit and vegetables in your own backyard! In this course, you'll learn how to give your garden a healthy start and keep it growing strong all season. Begin by figuring out which type of garden is right for you. Not everyone has the same amount of time, space or sunshine, so the first step to a great harvest is selecting the right crops. You'll explore climate considerations, learn how to read a zone hardiness map and find out how to spot a micro-climate in your yard. After that, you'll discover how to properly prepare a gardenbed so your crops have the best opportunity to thrive. Since healthy soil is the key to a great garden, you'll see how to identify problems in pH and drainage and fix them. You'll even learn to understand fertilizers and make compost!

We will delve into the variety of crops you can select: leafy greens, root vegetables, fruit, herbs and more. Each type of crop has specific needs, so you'll get tips on starting seeds, transplanting, pruning and using container gardens and support structures. In addition, you'll learn what to watch out for so you can spot pests and diseases before they destroy your bounty. And you'll take the guesswork out of watering your garden as you explore a variety of irrigation options. Whether you want to provide your family with nutritious food, save money, get some exercise, or just be more self-sufficient, this course will give you the skills and knowledge you need to be on your way to a successful harvest.

About The Instructor

Katie Powell-Lee received a Masters of Landscape Architecture from the Harvard Graduate School of Design and a Bachelor of Arts from the University of Michigan. She has worked as a landscape designer for a range of projects from community parks in urban areas to wetland development. She has also been a professional gardener tending to spaces ranging from formal city gardens to sprawling estates with woodlands and meadows. Her work has been featured in many publications including *Tactical Operations and the Informal Settlement* and *A View on Harvard GSD* and has been exhibited at the International Architecture Biennale Rotterdam.

Classes start monthly and are 6 weeks in length. Select the month you wish to begin the course. \$115.
Register online at ed2go.com/ivcc.

Outdoor Education & Gardening



NEW Introduction to Mushroom Identification & Collection

Although DNA testing is the only way to tell with absolute certainty what kind of mushroom you have found, this class will cover the basics of mushroom identification and collection. Learn the basic characteristics of fungi including cap, gill and stipe features. You will also find out when and where to collect mushrooms.

Sat 9-10:30 a.m. 1 Session CTC-124, IVCC	Mar 30 Moirá OKeefe HLR-5319-03	\$49
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Meet your instructor: Moira OKeefe holds a Wild Mushroom Expert Certification from Michigan Department of Agriculture and Rural Development. She is also a member of the Illinois & Wisconsin Mycological Associations and Prairie State Mushroom Club.

NEW Awareness & Nature Observation

Our survival depends on our awareness, the most important skill you could ever have. In this class you will learn how to move quieter, use cover and understand levels of animal alertness to see wildlife much closer. You will also discover ways you can improve the use of your natural senses to be much more aware of your surroundings. See how distance, angle of approach and body language are important to human and animal alertness. This class will open your mind to a whole new level of awareness making you more observant in any environment you find yourself in. **Please be prepared to be outdoors and bring a camping knife, note-taking materials, camera, lunch, snacks and drinks. Class is limited to 10 students, must be age 18 or older.**

Sat 10 a.m.-2 p.m. 1 Session G-103, IVCC Gym Building	Apr 27 Jason Thompson HLR-5312-04	\$39
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Tracking

Tracking is awareness, an art and a science, useful in being aware of your surroundings, hunting, lost-proofing yourself, search-and-rescue and wildlife observation. This class will help you start to become and think like a tracker. We will go beyond basic animal track identification to focus on human tracking in difficult terrain, where most people don't even see tracks. This class will show you how to follow a trail and read what they were doing and even thinking - simply by tracking. After this class, you will never look at the ground the same. You will be opened to a new awareness of the world around you. **Please be prepared to be outdoors and bring a camping knife, note-taking materials, camera, lunch, snacks and drinks. Class is limited to 10 students, must be age 18 or older.**

Sat 10 a.m.-2 p.m. 1 Session G-103, IVCC Gym Building	May 11 Jason Thompson HLR-5311-05	\$39
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Meet your instructor: Jason Thompson has been teaching native skills and tools in a comfortable fun and relaxed environment for the past 20 years. Trained by some of the best survival teachers in the country, he gives his students the skills and techniques to enjoy and experience wilderness in a native way.

Growing Together Spring Seminar

Coordinated by University of Illinois Extension On Saturday, February 23, the University of Illinois Extension Master Gardener and Master Naturalist Programs, along with IVCC, will host an all-day Spring Seminar at the IVCC Peter Miller Community Technology Center. This seminar, which is open to the public, will focus on a variety of horticultural and natural resources topics. The seminar begins at 8:30 a.m. with a keynote address by Brook McDonald of the Conservation Foundation; and will be followed by four educational sessions. Sixteen classes will be offered that day covering such topics as restoration of natural landscapes, sustainable landscaping, forest ecology, new cultivars for perennials, wildlife photography, native plants and many others. Attendees will be able to choose one of four available classes per session. The seminar will conclude at 3:30 p.m. A registration fee of \$40 includes the keynote address, four educational sessions, a continental breakfast and lunch. Vendors offering goods of interest to gardeners and outdoor enthusiasts will have items for sale during the duration of the day. Attendees will also have the chance to win a variety of door prizes. Advanced registration is required by February 16. If you have interests in gardening and horticulture and/or nature and natural resources, this day-long event full of fun and informative classes is one you will not want to miss!

For additional information and to register, go to the University of Illinois Extension - Bureau, LaSalle, Marshall, Putnam Unit website at <https://web.extension.illinois.edu/blmp> for a link to registration, or call the LaSalle County Extension Office at (815) 433-0707.



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& ENVIRONMENTAL SCIENCES



University of Illinois Extension
ILLINOIS
Master Naturalist



Mind, Body, Wellness



Yoga Unique to You

Yoga challenges body and mind while building core power and improving stability. All levels of experience welcome. Learn sun salutations, standing postures, seated postures and vinyasa. Emphasis will be placed on correct body alignment, holding postures and meditative flow from one posture to the next. Coordination of breath (pranayama) and movement is also emphasized. *Please bring a yoga mat and towel to class.*

Mon/Wed 4:45-5:45 p.m. *Jan 14-Feb 27
12 Sessions Tracie Klieber
CTC-121, IVCC HLR-6218-301 \$59
*No class: Jan 21, Feb 18

Mon/Wed 4:45-5:45 p.m. Mar 4-Apr 10
12 Sessions Tracie Klieber
CTC-121, IVCC HLR-6218-303 \$59

Mon/Wed 4:45-5:45 p.m. May 6-Jun 12
12 Sessions Tracie Klieber
CTC-121, IVCC HLR-6218-305 \$59



Mon/Wed 4:45-5:45 p.m. Jul 15-Aug 21
12 Sessions Tracie Klieber
CTC-121, IVCC HLR-6218-307 \$59

Breathing for Life

Body, breath and mind are interrelated. Breathing properly is conducive to health and well being, alleviates anxiety, improves sleep, circulation and immune system functioning and calms and relaxes the mind. This is a great opportunity for an introduction to breathing techniques used in yoga. You will learn how to breathe for life! **Bring a blanket and dress comfortably for an exploration of the mechanics and benefits of natural breathing.** *Dan Retoff has taught at Illinois Valley Community College since 1999. In addition to teaching yoga, breathing and t'ai chi classes through the Continuing Education Center, he also taught Anatomy & Physiology, Human Growth and Development and Philosophy.*

Wed 6-7 p.m. Feb 13-27
3 Sessions Dan Retoff
CTC-125, IVCC HLR-6108-302 \$29

Fri 9:15-10:15 a.m. Apr 19-May 3
3 Sessions Dan Retoff
Rm 101, HLR-6108-604 \$29
Ottawa Center

T'ai Chi

T'ai chi comprises gentle and slow movement exercises which increase the accumulation, circulation and balancing of energy. The movements are easy to learn and appropriate for people of all ages and physical abilities. Those who regularly practice T'ai chi experience greater energy, better balance and enables and improved quality of life. This class will introduce you to T'ai chi while experiencing the benefits of practice. *Wear comfortable, loose fitting clothes and athletic shoes. No class: Mar 8, 15.*

Fri 9:15-10:30 a.m. Feb 15-Apr 12
7 Sessions Dan Retoff
Rm 101, HLR-6104-602 \$59
Ottawa Center

Beginning Yoga

Yoga uses gentle stretching, relaxation and breathing techniques to help you build strength, flexibility and resilience. Come away more relaxed, limber and feeling better! Yoga philosophy and its application to everyday life will be introduced. *Wear comfortable, loose fitting clothes and bring a towel or yoga mat.*

Wed 6-7:15 p.m. Mar 20-May 1
7 Sessions Dan Retoff
CTC-121, IVCC HLR-6101-303 \$59

NEW Emotionally I Am In Pain... Physically I Smile

Gaining a Better Understanding of Mental Health
Ever wonder why people do what they do? Of course, we all do. When mental illness comes into play, there tends to be more questions than answers. Through group work and conversation, this workshop will not only answer those questions, but will also supply the tools needed to help those that suffer from disorders such as anxiety, depression, PTSD, Obsessive Compulsive Disorder and Oppositional Defiant Disorder. Ultimately, you will gain a better understanding of mental illness, the contributing factors and recovery. You will also gain confidence in supporting people who experience mental health issues. In this course, Danielle Stoddard, LCPC, will provide you with a better understanding of mental health and how to identify the symptoms of mental health. You will also learn skills, tools and resources that you can use at your job to help those that suffer from mental health issues.

Thu 9 a.m.-3:30 p.m. Feb 21
1 Session Danielle Stoddard
C-316, IVCC HLR-6319-02 \$119



NEW Weight Management Crash Course

Do you desire to learn proven strategies for successful weight loss and maintenance? Do you seek to understand the causes and risks associated with being overweight? Would you like to learn how to apply evidence-based recommendations for diet and exercise to reach a healthy weight? This is the course for you! Registered dietitians will provide an overview of safe, effective and long lasting weight management techniques. This course will provide real-life experiences and tools for participants to implement in their own lives.

Mon 3-5 p.m.
1 Session

C-316, IVCC

Apr 8
Brittney Moutray/Miranda
Reinhardt/Alyssa Salz
HLR-6320-04 \$49



Meet your instructor: Danielle Stoddard, LCPC, believes that everyone is worthy to pursue a life of fulfillment and happiness. She has enjoyed working with clients of all ages assisting them overcome their obstacles. Her journey 20 years ago as a crisis worker, she helped people at their lowest feel safe and hopeful. Through her own private practice, she continues to assist clients as they gain an understanding of their problem and the causes. Together they then develop an action plan to eliminate this problem, and give support along the way. Danielle has had a variety of trainings, BECK Cognitive Behavioral Therapy, Behavioral Therapy for kids, exposure therapy to treat PTSD and Cognitive Behavioral Intervention for Tic Disorders, supported by the Tourette Association of America. Danielle's career has led her in many directions and has provided her with experience and knowledge in a variety of fields. Her special interests include; Mood Disorders, anxiety, grief, divorce, parenting, Borderline Personality Disorder, ADHD, and college/career planning.

Hearing Loss & Hearing Aids

Hearing loss is one of the most common medical conditions affecting adults. Approximately one in three people between the ages of 65 and 74 have hearing loss. Having trouble hearing can make it hard to communicate with others and can make it difficult to respond appropriately to environmental sounds. This can be frustrating, embarrassing and even dangerous. This course will help you to better understand hearing loss and the treatment options available for it. Hearing aids will be discussed in detail. Upon completing this course you will be educated with the information needed to confidently pursue hearing help for yourself or a loved one. *This course is presented by Beth Wallace, M.S. and Elizabeth Koch, AuD. They are both audiologists at St. Margaret's Health Ear, Nose and Throat Center with 20+ years of combined experience in the field of audiology.*

Tue 10 a.m.-12 p.m.
1 Session

CTC-124, IVCC

Apr 9
Beth Wallace &
Elizabeth Koch

SRS-1202-04 \$12

Introduction to Herbalism

Updated for 2019

"Our food should be our medicine. Our medicine should be our food." -Hippocrates

Medicinal herbs and plants are steeped in rich tradition and history. Many are high in nutritional and pharmacological properties. Herbs encourage and activate the body's own healing mechanisms. This course is designed by Candice Chaffee to offer an introduction to medicinal herbs and their history of use in healing. Topics include a brief history of herbal medicine, how herbs work in the human body, herbal properties and characteristics and demonstrations of how to prepare a wide range of internal and external applications. Participants will gain a basic understanding of how and when to use medicinal herbs to address simple health issues.

Wed 9 a.m.-3:30 p.m.
1 Session
C-316, IVCC

C-316, IVCC

Apr 24
Candice Chaffee
HLR-6317-04 \$109

Dollars & Sense

Don't Wait Til It's Too Late

Estate Planning and Asset Protection 101

Have you ever heard someone tell you "you don't know, what you don't know?" Planning for the future is important whether you are just graduating college, starting a family or preparing for your golden years. Failure to plan can have an adverse affect on your assets and leave your loved ones in financial limbo. This course will provide an overview to estate planning fundamentals and terminology including: ramifications of asset ownership, legal reasons for life insurance, importance of beneficiary designations, life estates and nursing home costs, nursing home contract issues, importance of powers of attorney, increase in guardianships, wills, use of trusts and more. Learn what questions you should be asking yourself. You will be better prepared to begin considering your options. If you have an existing estate plan, you will have the tools needed to discuss your plan with your attorney.

Thu 6-7:30 p.m.
1 Session
CTC-124, IVCC

Feb 28
Walt Zukowski
CDV-5004-302 \$25

NEW Estate Planning: the Next Step

If you are creating an estate plan for the first time or are considering changes to your existing plan, this class will guide you step by step through the questions you need to be asking yourself during the planning or review process. Instructor Walt Zukowski will take you through a 10 page questionnaire that will assist you in accessing the distribution of your estate including choosing heirs, appointing guardianship, how important belongings may be distributed, appointing power of attorney, advance directive and even consideration of trusts for children, grandchildren, charities and your pets. Completion of this questionnaire will prepare you to begin planning or to have a conversation with your attorney to help you gain the peace of mind that your wishes are met and that you have provided for your family. *This is the second course in the Estate Planning series. It is recommended that participants attend the Estate Planning & Asset Protection 101 course before attending this class, however it is not required. Familiarity with the topics and terminology covered in the 101 class will be beneficial to the participant.*

Thu 6-7:30 p.m.
1 Session
CTC-124, IVCC

Apr 4
Walt Zukowski
CDV-5020-304 \$25

NEW Stocks: the Nuts & Bolts

As you consider your long-term financial goals, how do stocks measure up? You will learn the differences between common and preferred stock, quality, diversification, the importance of dividends, ways to craft your stock strategy and different ways to own stock.

Wed 6-7 p.m.
1 Session
CTC-124, IVCC

Mar 20
Jeff Puetz
CDV-5002-303 \$19

Buying Your First Home

Purchasing a home is an investment, so it is important to know what to expect. Learn about the importance of credit scores, organizing assets, down payment options and what to pay attention to in a sales contract. A professional lender will guide you through the purchasing process. **This session is free, but you must pre-register by calling IVCC at (815) 224-0447.**

Wed 6:30-7:30 p.m.
1 Session
CTC-124, IVCC

Mar 27
Tracy Tunnell
CDV-5008-633 Free

AARP Smart Driver Program

The AARP Driver Safety Program is a classroom driver refresher course designed especially for drivers age 50 and over. This program aims to help community members retain their driving competency. Learn driving strategies, understand the effects of aging on driving, reduce the chance of having an accident and know when to retire from driving. At completion of this course; students will receive a certificate that can be presented to their automobile insurance holder that may entitle them to a discount. **There is a \$15 fee for AARP members (with AARP membership card); and a \$20 fee for non-members payable to the AARP instructor for materials on the first day of class. Please arrive fifteen minutes early for the first day of class. This class is located at the IVCC Truck Driver Training Center, Building H on East Campus. Park in Lot #7.**

Mon/Tue 8:30 a.m.-12:30 p.m. Apr 29-30
2 Sessions
Rm 101, Bldg. H
IVCC-East Campus

Regina Leffelman
SRS-1112-04
AARP Fee payable at class

take it online! Keys to Successful Money Management

If you're interested in discovering how most wealthy people amassed their fortunes, this is the course for you. Contrary to popular opinion, most of us don't achieve true wealth through luck or an accident of fate. Just about anybody can build wealth. All it takes is organization, discipline and a firm knowledge of how to proceed. You've probably heard amazing stories of people amassing untold fortunes with seemingly little effort, finding financial freedom through the magic of day trading, buying and selling commodities, playing the slots, flipping real estate or some other fad of the moment. These stories sound too good to be true and that's because they are. All of those get rich quick schemes have three things in common: they're unsafe, they're unpredictable and they tend to produce far more losers than they do winners. In this course, a certified financial planner will walk you through the steps you need to take in order to achieve true financial success. You'll become comfortable with the broad array of investment choices available to you right now; and discover the best ways to acquire and accumulate both cash and real property. We'll also discuss the tax implications of your investment decisions, along with steps you can take to protect any wealth you acquire. If you're serious about accumulating a sizable nest egg and living the life of your dreams, this course will supply you with the knowledge and skills you'll need to succeed.

Classes start monthly and are 6 weeks in length. Select the month you wish to begin the course. \$99. Register online at ed2go.com/ivcc.

Online Learning

Convenient, Affordable and Effective

Take IVCC online courses anywhere and when it's most convenient for you.

View our lifelong learning catalog at ed2go.com/ivcc

Choose from over **300** online classes available every month.

New class sessions will begin:
January 16 ~ February 13 ~ March 13
April 17 ~ May 15 ~ June 12

Exciting New ed2go Course Learning Options are Here!

We pride ourselves on being at the forefront of online continuing education. We know that many of today's continuing education students need flexibility and are excited to introduce ed2go's new learning modality to fit into your busy life. A **Self-Paced Tutorial (SPT)**, *commonly known as an independent study*, is a new counterpart to many courses in our Fundamentals catalog. Students can now select the SPT option in lieu of the traditional instructor-led method and complete the course on their own schedule. Also, some brand-new courses have been created that will use the Self-Paced Tutorial module exclusively, so be sure to keep an eye out for those!

What Makes the Self-Paced Tutorial option different?

The content of the Fundamentals course and its SPT counterpart are the same, but the new SPT version offers greater flexibility to your students. Here is how:

Self-Paced Tutorial

1. All content is made available to students immediately after they register
2. Students can work through the content at their own speed within the course term
3. Course must be completed in three months

Instructor-Led Course

1. Content is released one module at a time throughout the course term
2. Students learn on an instructor-led track that follows bi-weekly lesson plans
3. Course must be completed in six weeks

This looks familiar, is this a new option?

The SPT option was piloted for a handful of Fundamentals courses, all of which are currently open for enrollment:

- Explore a Career as an Administrative Assistant
- Handling Medical Emergencies
- Introduction to Natural Health & Healing
- Medical Math
- Medical Terminology: A Word Association Approach
- Understanding Adolescents
- Twelve Steps to a Successful Job Search
- Spanish for Medical Professionals

Feedback from the initial SPT rollout was overwhelmingly positive, so this option will be extended to 120 more courses in three phases and release 75 stand-alone SPT-only courses. *Many of the instructor-led courses listed here also have an SPT option available now!*

What's next?

Stay tuned, visit ed2go.com/ivcc and watch for additional SPT courses to meet your independent study learning needs and interests!

HOW TO GET STARTED:

1. Visit our Online Instruction Center at ed2go.com/ivcc
2. Click the "Courses" link, choose the department and course title you are interested in and select the "Enroll Now" button. Follow the instructions to enroll and pay for your course. Here you will enter your e-mail and choose a password that will grant you access to the classroom
3. On the day your course begins return to our Online Instruction Center and click the "Classroom" link. To begin your studies, simply log in with your email and the password you selected during enrollment.

These are just a *few* examples of classes available online. Please visit the website for a full listing.

- Become a Veterinary Assistant: \$299
- Certificate in Food, Nutrition and Health: \$96
- Certificate in Holistic and Integrative Health: \$115
- Creating Web Pages: \$115
- Discover Sign Language: \$99
- How to Get Started in Game Development: \$115
- Music Made Easy: \$99
- Introduction to Interior Design: \$115
- Introduction to Microsoft Powerpoint 2016: \$129
- Mastering Public Speaking: \$115
- Speed Spanish I, II, III: \$115 each or \$299 for bundle
- Start your Own Online Business: \$115
- Understand the Human Resources Function: \$115
- Using Social Media in Business: \$115
- Wow What a Great Event!: \$99

Please visit the website ed2go.com/ivcc for the full listing of classes.

Pre-registration is required for all classes.

Payment is due at the time of registration.

Continuing Education Registration Form

Spring 2019 | Visit our website - ivcc.edu/cec 



Gender: Male Female Admission Status: First time IVCC Student Returning IVCC Student

Social Security Number (must be included) _____

Last Name _____ Former Last Name _____ First Name _____ MI _____

Home Mailing Address _____

City _____ State _____ Zip _____ County _____

Phone: Home () _____ Business () _____ Cell () _____

Date of Birth _____ E-Mail Address _____

Emergency Contact Name _____ Phone () _____

The following items are requested for state reporting.

Ethnic/Ethnicity:

1. Are you Hispanic or Latino? Yes No
2. Are you from one of the following racial groups? (select all that apply)
 - American Indian/Alaskan Native Asian White Choose not to respond
 - Black or African American Native Hawaiian or other Pacific Islander
3. Please identify your primary racial/ethnic group. (select one)
 - American Indian/Alaskan Native Asian Hispanic Choose not to respond
 - Black or African American Native Hawaiian or other Pacific Islander White
4. Are you in the US on a Visa – Nonresident Alien? Yes No
 List type of visa _____ Country of Origin _____

Highest degree previously earned:

- | | | | |
|---------------------------------------|--|--|--------------------------------|
| <input type="checkbox"/> GED | <input type="checkbox"/> Certificate | <input type="checkbox"/> Master's Degree | <input type="checkbox"/> Other |
| <input type="checkbox"/> H.S. Diploma | <input type="checkbox"/> Associate Degree | <input type="checkbox"/> 1 st Professional Degree | |
| <input type="checkbox"/> Some College | <input type="checkbox"/> Bachelor's Degree | <input type="checkbox"/> Doctoral Degree | |

COURSE NUMBER	COURSE NAME	FEES
		TOTAL

Student Signature: _____ Date: _____

PAYMENT INFORMATION

- Check enclosed, payable to Illinois Valley Community College
- Please charge my credit card for the fees indicated above.
- Master Card Visa Discover American Express 3-Digit Security Code _____
- Card Number _____ Expiration Date _____
- Cardholder's signature _____ Per Phone

IVCC does not discriminate on the basis of race, national origin, disability, age, religion, sexual orientation or any legally protected classification.

REGISTER NOW:

Online

ivcc.edu/onlinecec

Mail

IVCC Cashier
815 N. Orlando Smith Road
Oglesby, IL 61348

Phone

Please call (815) 224-0447

Fax

(815) 224-6091

In Person

IVCC – Admissions & Records
Room CTC-101
815 N. Orlando Smith Road
Oglesby, IL 61348

REGISTRATION CONFIRMATION

You will receive a confirmation of your registration in the mail. Confirmation will include a schedule, receipt and information specific to your classes.

REFUND/ CANCELLATION POLICY

Registrants who cancel up to seven days prior to the start of a course receive a full refund. No refund will be given after that time, although a substitution of individuals is allowed. Registrants who do not attend and do not withdraw from the class will not receive a refund. Cancellations can be made by calling the Continuing Education Center (815) 224-0427.

The Continuing Education Center reserves the right to cancel classes due to low enrollment. If a class must be canceled by the Continuing Education Center, you will receive a full refund.

SAT & ACT Test Prep



SAT Test Prep

Prepare yourself for the SAT (Scholastic Aptitude Test). You will learn test-taking skills, answering strategies for handling each type of question, time restraints and the SAT scoring system. This class is designed to coach you to do your best on the SAT and demystify college admission testing. Preparing for the SAT will not produce perfect scores, but it will improve your score by reducing “test anxiety” that can limit your performance during the exam. Please bring a pen/pencil and notepaper to class. This course meets a total of two sessions. This class will also review practice questions for the English, Reading & Math portions of the exam. A textbook “Accelprep for the SAT Test” is included in the price of this course. Students will be able to use this text to continue preparing for the exam after the class has ended. Seating is limited for this class. Two classes have been scheduled. *Please see below for information on a class meeting in Ottawa at the IVCC Ottawa Center and the class meeting at IVCC’s Main Campus in Oglesby.*

Take it at IVCC’s Main Campus

*Registration deadline: Feb 15

Sat 8:30 a.m.-12:30 p.m.	Feb 23	CTC-209
Sat 8:30 a.m.-11:30 a.m.	Mar 2	CTC-214
Tricia Haynes & Bernie Moore		
YOU-3502-02		\$99

Take it at the IVCC Ottawa Center

*Registration deadline: Feb 22

Sat 8:30 a.m.-12:30 p.m.	Mar 2	Rm 112
Sat 8:30 a.m.-11:30 a.m.	Mar 9	Rm 104
Tricia Haynes & Bernie Moore		
YOU-3502-603		\$99

ACT Test Prep

Are you scheduled for an up-coming ACT exam? This class will provide test taking strategies including how to handle time constraints, and review the ACT scoring system. This course will include, the English, Reading & Math portions of the exam. You’ll take home tips, techniques and test taking strategies to ensure you feel comfortable and confident on test day. Please bring a pen/pencil and notepaper to class. This course meets a total of two sessions. A textbook “CliffsNotes ACT Cram Plan, 3rd Edition” is included in the price of this course. Students will be able to use this text to continue preparing for the exam after the class has ended. Seating is limited for this class.

Take it at IVCC Main Campus

*Registration deadline: Mar 22

Sat 8:30 a.m.-12:30 p.m.	Mar 30	CTC-209
Sat 8:30 a.m.-11:30 a.m.	Apr 6	CTC-214
Tricia Haynes & Bernie Moore		
YOU-3501-03		\$89

SAT Practice Exam

Test III: Mathematics

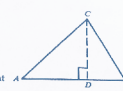
30 minutes — 25 questions

Use the following information in solving some of the problems:

Circle of radius r :

Area = πr^2
Circumference = $2\pi r$
The number of degrees of arc in a circle is 360.

The measure in degrees of a straight angle is 180.



Triangle:
The sum of the measures in degrees of the angles of a triangle is 180.

If $\angle CDA$ is a right angle, then

- (1) area of $\triangle ABC = \frac{AB \times CD}{2}$
(2) $AC^2 = AD^2 + DC^2$

Definitions of symbols:

$<$ is less than
 $>$ is greater than
 \perp is perpendicular to

\leq is less than or equal to
 \geq is greater than or equal to
 \parallel is parallel to

Note: Figures throughout this test are intended to provide information useful in solving the problems. They are drawn as accurately as possible EXCEPT when noted in a specific problem that figure is not drawn to scale. Unless otherwise indicated, all figures lie in the same plane.

In this test, all numbers are real numbers.

- If $x = 3$, $y = 4$, and $z = -1$, find the value of $2x + 3y^2 - z$.
(A) 19 (D) 55
(B) 149 (E) 151
(C) 53
- What percent of $\frac{2}{3}$ is $\frac{1}{2}$?
(A) 300% (D) 50%
(B) $33\frac{1}{3}\%$ (E) $133\frac{1}{3}\%$
(C) 75%
- The length of a rectangle is $6l$ and the width is $4w$. What is its perimeter?
(A) $24lw$
(B) $10lw$
(C) $6l + 4w$
(D) $20lw$
(E) $12l + 8w$
- The angles of a quadrilateral are in the ratio of 2:3:4:6. Find the degree measure of its largest angle.
(A) 72
(B) 144
(C) 120
(D) 150
(E) cannot be determined
- $3x^2 - 12x - 36 + 6x^2 - 18x - 60 =$
(A) $\frac{(x-6)}{2(x+5)}$ (D) $\frac{1}{2}$
(B) $\frac{(x+2)}{2(x-5)}$ (E) $\frac{(x+6)}{2(x-5)}$
(C) $\frac{(x-6)}{2(x-5)}$
- $\sqrt{125} - \sqrt{45} - \sqrt{20} =$
(A) $2\sqrt{15}$ (D) 0
(B) 10 (E) $4\sqrt{5}$
(C) $6\sqrt{5}$





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IVCC Summer Youth Camps



IVCC's Summer Camp Schedule for kids will be available in April 2019

To request a copy call: (815) 224-0427

Summer Camps held June - August
Ed' Venture Week
is July 22-25, 2019



For more information contact the Continuing Education Center
Illinois Valley Community College
815 N. Orlando Smith Road | Oglesby, IL | 61348
(815) 224-0427 | ivcc.edu/cec