

Registration

Seniors: August 16 · General: August 17

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loudoun.gov/prcs

Fall 2017





Loudoun County, Virginia

www.loudoun.gov/prcs

Department of Parks, Recreation and Community Services 20145 Ashbrook Place, Suite 170, Ashburn, VA 20147 703-777-0343 • pres@loudoun.gov • www.loudoun.gov/pres

Fall 2017

Albert Camus wrote, "Autumn is a second spring, when every leaf is a flower." I believe he was talking about the connectivity of the seasons, how they segue from one to the next, each having its own distinct purpose and well-defined characteristics. Personally, I look forward to the changes autumn brings. When September approaches, I find myself anticipating the things that I will do when the leaves change, the weather cools, and sweatshirts come out of storage. It feels like a reward for making it through the seasons that I don't look forward to quite as much.

Just as with the seasons, change is the one constant that all of us can anticipate in life and in the workplace. That has certainly been the case for PRCS over the past 50 years, and we don't have to go very far back to identify some major changes. It wasn't that long ago when we were still registering program participants by mail and phone until we launched WebTrac in 2004.

Throughout the tremendous growth and changes that PRCS, as well as Loudoun County, has experienced over the past 50 years, the one constant has been our loyal customers and dedicated staff. We remain committed to delivering the same quality of service started by our fellow staff in 1966, and equally committed to constantly seeking out new opportunities to provide Loudoun residents with innovative, comprehensive, customerfocused programs and services.

Sincerely,

Director, Loudoun County Department of Parks, Recreation and Community Services



WHAT'S INSIDE

Events, Classes & Activities: 9/1/17 – 11/30/17

General Registration Begins August 17 • Senior Registration Begins August 16

Plan Ahead! Winter Registration Begins November 16 • Keep this issue until December

Glasses
Classes are arranged by category and/or age group:
COMMUNITY & RECREATION CENTERS Bluemont Community Center
Sterling Community Center
SENIOR CENTERSCarver Center39Dulles South Senior Activity Center39Senior Center at Cascades42The Senior Center of Leesburg44
PARKSBanshee Reeks Nature Preserve48Claude Moore Park48Franklin Park50Franklin Park Performing & Visual Arts Center51Philip A. Bolen Memorial Park51
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ADAPTIVE RECREATION......60

Special Events
Countywide
Trips
All Ages 68 Seniors 68
Programs & Services
AREA AGENCY ON AGING/SENIORS Caregiver Services
CHILDREN'S PROGRAMS Childcare (Ages 3-5) 72 Preschool (Ages 2½-5) 73 PM Kids Club (Ages 5-11) 73 After K Program (Ages 5-7) 73 CASA After School Program (Age 5-Grade 5) 73
PROGRAMS & SERVICES: YOUTH/TEEN YAS After School Program (Grades 6-8)
GENERAL INFORMATION
COVER PHOTOS: Courtesy of Douglass Community Center

Look To PRCS For Your After School Care Needs!

CASA (County After School Activities Program) is a state-licensed program for elementary school children (age 5 through grade 5). CASA is available at most elementary schools and select

YAS (Youth After School Program) is designed for students in grades 6-8. YAS is available at most middle schools in the County.



CASA & YAS offer:

Experienced staff A safe, healthy environment Challenging activities

Sports, games, arts & crafts Music, drama & life skills

Reading & homework time Special events & lots of fun



For more information, refer to *Children's Programs* and *Youth/Teen Services* or visit www.loudoun.gov/prcs.

BLUEMONT COMMUNITY CENTER

33846 Snickersville Pike Bluemont, VA 20135

540-554-8643

M-Th 7:00am-8:30pm F 7:00am-6:30pm

Supply & material fees are payable to the instructor at the first class.

LICENSED PROGRAMS

CHILDCARE

(Ages 3-5) Looking for the perfect childcare solution? Our full and half-time childcare program provides a safe, healthy learning environment, Full-time care is \$225/week. part-time care is \$160-\$200/week depending on schedule. Call 540-554-8643 for space availability and more information.

2017-18 PRESCHOOL

(Ages 2-5) We offer a nine-month preschool program which follows the Loudoun County school calendar. The State Department of Social Services requires proof of current immunizations. proof of age and a child care application form. Our program follows the Creative Curriculum Approach to learning. Call available openings in current year classes.

PRESCHOOL AGE PROGRAMS

CHALLENGER FIRST KICKS

(Ages 2-5) This eight-week session comprises fun games, competitions and skill-building activities and is designed to enlighten and develop budding players. Program is delivered by a professional British soccer coach.

106105-01 \$99

Tu 9/5-10/24 2:15pm-3:15pm

SAVORY KIDS

(Ages 3-5) Once a month, let's gather in the kitchen and prepare a lunch or snack. Instructors: Linda Garcia & Linda Sapp.

106108-01 \$12 (+\$2 supplies)

Th 9/7-9/7 12:30pm-2:00pm

106108-02 \$12 (+\$2 supplies)

Th 10/12-10/12 12:30pm-2:00pm

106108-03 \$12 (+\$2 supplies)

Th 11/9-11/9 12:30pm-2:00pm

BON-API-TOTS

(Ages 3-5) Let's make easy and yummy foods following easy to follow recipes. Instructors: Linda Garcia & Linda Sapp.

106116-01 \$12 (+\$2 supplies)

M 9/11-9/11 12:00pm-1:30pm **106116-02** \$12 (+\$2 supplies)

9/25-9/25 12:00pm-1:30pm M

106116-03 \$12 (+\$2 supplies)

10/2-10/2 12:00pm-1:30pm M

106116-04 \$12 (+\$2 supplies)

10/16-10/16 12:00pm-1:30pm M

106116-05 \$12 (+\$2 supplies)

11/13-11/13 12:00pm-1:30pm

106116-06 \$12 (+\$2 supplies)

Μ 11/27-11/27 12:00pm-1:30pm

PRESCHOOL BLUEMONT SOCCER GOLF

(Ages 3-5) Let's play soccer golf! We have a great nine-hole course to play. Learn to play golf with soccer balls. It's fun and challenging.

106115-01 \$21

9/11-9/25 M 2:30pm-3:30pm

CREATIVE MOVEMENT

(Ages 3-5) Children will have fun exploring the joy of ballet and creative movement in a warm and nurturing atmosphere, expressing movement and imagination through storytelling. imagery, improvisation, use of props and music. Instructor: SoHo Performing Arts, LLC.

106110-01 \$39

9/13-9/27 11:30am-12:15pm

106110-02 \$52

10/4-10/25 11:30am-12:15pm

106110-03 \$52

11/1-11/29 11:30am-12:15pm W

STAY & PLAY

(Ages 3-5) Extend your child's preschool day. Bring a lunch. Instructor: Linda Garcia.

106102-01 \$12

9/13-9/13 12:00pm-1:30pm

106102-02 \$12

9/27-9/27 12:00pm-1:30pm W

106102-03 \$12

10/11-10/11 12:00pm-1:30pm

106102-04 \$12

10/25-10/25 12:00pm-1:30pm

106102-05 \$12

W 11/8-11/8 12:00pm-1:30pm

106102-06 \$12

11/29-11/29 12:00pm-1:30pm

CREATIVE MOVEMENT/TAP/BALLET COMBO CLASS

(Ages 3½-5½) Children will have fun exploring the joy of ballet and creative movement in a warm and nurturing atmosphere, expressing movement and imagination through storytelling, imagery, improvisation, use of props and music. Recital included. Instructor: SOHO Performing Arts. LLC.

106103-01 \$39

W

9/13-9/27 12:30pm-1:15pm

106103-02 \$52

10/4-10/25 12:30pm-1:15pm 106103-03 \$52

11/1-11/29 12:30pm-1:15pm

BOOK BUDDIES

(Ages 3.5-5) Come join in the fun as we explore the amazing world of children's literature. Pack a lunch and we will pack in the fun. Instructor: Kim Harner.

106107-01 \$16 (+\$2 supplies)

12:00pm-2:00pm 9/22-9/22

106107-02 \$16 (+\$2 supplies)

10/20-10/20 12:00pm-2:00pm

106107-03 \$16 (+\$2 supplies)

11/17-11/17 12:00pm-2:00pm

ELEPHANT APPRECIATION DAY

(Ages 3-5) If you really want to show your appreciation for elephants, why not dress like one by making an elephant mask! Bring a lunch. We will make a special treat.

106100-01 \$12 (+\$2 supplies)

9/29-9/29 12:00pm-1:30pm

COLUMBUS DAY LUNCH

(Ages 3-5) Enjoy lunch with your friends while learning about Christopher Columbus. Bring a lunch. Instructor: Linda Garcia.

106113-01 \$12

10/9-10/9 M 11:30am-1:00pm

TEE BALL

(Ages 3-5) Young baseball players will learn many basic skills needed for tee ball. Players will develop skills in safety, hitting, fielding, throwing and running.

106104-01 \$21

10/9-10/23 2:30pm-3:30pm

PRESCHOOL HOCKEY

(Ages 3-5) It's hockey season for preschoolers! Hockey for the beginners will be focusing on basic fundamentals and skills of hockey.

106106-01 \$21

W 10/11-10/25 2:30pm-3:30pm

BLOW ART MONSTERS

(Ages 3-5) Let's make a crazy monster mask by using paint and straws. Bring a lunch. Instructor: Linda Garcia.

106101-01 \$12 (+\$2 supplies)

10/24-10/24 12:00pm-1:30pm Tu

CANDY CORN & MORE

(Ages 3-5) Today is "National Candy Corn Day". Let's prepare a special treat with this delicious candy. Bring your lunch. Instructor: Linda Garcia.

106112-01 \$12 (+\$2 supplies)

Tu 10/31-10/31 12:00pm-1:30pm

PRESCHOOL FOOTBALL

(Ages 3-5) Young football players will learn the

basics of football. Players will develop skills in safety, throwing, catching and running.

106114-01 \$21

M 11/6-11/20 2:30pm-3:30pm

SOCCER, SHOT AND GOAL

(Ages 3-5) Soccer for the beginners. Focusing on the basic soccer fundamentals and skills.

106109-01 \$21

Tu 11/7-11/21 2:30pm-3:30pm

ELEMENTARY AGE PROGRAMS

MODERN ABSTRACT

(Ages 5-12) A three day session to learn, explore & paint like the abstract masters. We will be attempting the techniques of Kandinsky Pollock, Joan Miro and Georgia O'Keefe. Instructor: Sally Thibodeaux.

106207-01 \$24

M,W,F 9/11-9/15 4:00pm-5:00pm

ELEMENTARY SOCCER GOLF

(Ages 7-11) Let's play soccer golf. We have a great nine hole course to play. Learn to play golf with soccer balls. It's fun and challenging.

106202-01 \$21

Tu 9/12-9/26 4:00pm-5:00pm

FUN WITH APPLES

(Ages 6-10) Tis the season for apples. Let's make a yummy dessert for your family. Instructor: Linda Sapp.

106200-01 \$10 (+\$2 supplies)

Th 9/21-9/21 4:00pm-5:15pm

ART HISTORY FOR HOME SCHOOLERS

(Ages 6-10) Art focused on learning. Exploring the different types of art through immitation of the masters. Pointillism, cubism, realism and who was responsible for the trends. Instructor: Sally Thibodeaux.

106205-01 \$24

M,W,F 9/25-9/29 4:00pm-5:00pm

GOBLINS, GHOSTS & GHOOLIES

(Ages 6-12) Come make a fiendishly fun mask and jewelry for Halloween. A fun hour to just play around with the spooky theme for kids. Instructor: Sally Thibodeaux.

106228-01 \$24 (+\$10 supplies)

M,W,F 10/9-10/13 4:00pm-5:00pm

ELEMENTARY FLAG FOOTBALL

(Ages 7-11) Football players will learn the basics of football. Players will develop skills in safety, throwing, catching and running.

106215-01 \$21

Tu 10/10-10/24 4:00pm-5:00pm

PUMPKIN MASTERS

(Ages 5-12) A fun afternoon to decorate pumpkins for the season without cutting into them. Pumpkins and all materials will be provided for each child to craft and decorate. Instructor: Sally Thibodeaux.

106210-01 \$24 (+\$10 supplies)

M,W,F 10/16-10/20 4:00pm-5:00pm

COOKING WITH PUMPKIN

(Ages 6-10) Do you like the taste of pumpkin? If so, you will enjoy this class. We will prepare a sweet and tangy treat to take home. Instructor: Linda Sapp.

106201-01 \$16 (+\$3 supplies)

Th 10/19-10/19 4:00pm-5:30pm

SCHOOL'S OUT CAMP

(Ages 5-10) School is out today. Bring your child for fun, games, and outside play. Bring a lunch, snack and drink for the day.

106221-01 \$46

M 10/23-10/23 7:00am-6:00pm

CALLING ALL MONSTERS!

(Ages 5-12) A three session class for just creating some spooky fun. We will be creating masks, pictures, cards and other Halloween fun activities. Instructor: Sally Thibodeaux.

106204-01 \$24

M,W,F 10/23-10/27 4:00pm-5:00pm

PICTURES OF AUTUMN

(Ages 6-12) Capture the beautiful autumn colors in several works of art using various media and silhouettes. Instructor: Sally Thibodeaux.

106213-01 \$24

M,W,F 11/6-11/10 4:00pm-5:00pm

BACK TO THE FUTURE

(Ages 9-11) Explore the growth of aviation from the early years in China with kite making all the way to space exploration with rockets! Each class covers a monumental time in aviation and students will create their own model such as hot air balloons, parachutes and rockets. Some classes will implement the use of the flight simulators. Instructor: AviationEd.

106208 \$156

M,Tu,W,Th,F 11/6-11/7 9:00am-2:00pm

CARTOON WEEK

(Ages 6-12) Learn about cartooning in this three session class. We will explore the how to's, tips and techniques to drawing some or our favorite cartoon & game characters. Instructor: Sally Thibodeaux.

106225-01 \$24

M,W,F 11/13-11/17 4:00pm-5:00pm

COOKING WITH SPAGHETTI SQUASH

(Ages 6-10) Squash is in. Let's make a special

dish with this yummy fruit. Instructor: Linda Sapp

106203-01 \$16 (+\$3 supplies)

Th 11/16-11/16 4:00pm-5:30pm

MODELING WITH CLAYS

(Ages 6-12) Participants will be working with natural, crayola and polimer clays to create a range of subjects. All supplies are included. Instructor: Sally Thibodeaux.

106230-01 \$36 (+\$5 supplies)

M,W,F 11/27-12/1 4:00pm-5:30pm

ADULT PROGRAMS

GET FIT WITH LINDA

(Ages 18 & up) TIME HAS CHANGED...ongoing workout includes stretching, low-impact aerobics and matwork along with lots of fun. Great way to strengthen your body and to get your day started. First class is free. Instructor: Linda Sapp

106501-01 \$56

M,W,F 9/1-9/18 8:15am-9:15am

PAINTING W/ACRYLICS

(Ages 18 & up) Learn the basics of painting with acrylics. You will develop skills and techniques of painting. We will paint variety of subjects. Students must have canvas, brushes and acrylic paints.

106503-01 \$40 Th 9/7-9/28 7:00pm-8:30pm **106503-02** \$40

Th 10/5-10/26 7:00pm-8:30pm

106503-03 \$30

Th 11/2-11/16 7:00pm-8:30pm

MULTI-AGE PROGRAMS

BARRE FITNESS CLASS

(Ages 16 & up) This class is a fusion of barre, pilates and yoga. Barre and pilates exercises provide cardio and strength training, while gentle yoga poses offer stretching and flexibility for the entire body. No dance experience needed. This class is great for all levels. Bring your own yoga mat or one will be provided. Instructor: Ashley Miller.

106702-01 \$30

M 9/11-9/25 7:00pm-8:00pm

106702-02 \$40

M 10/2-10/30 7:00pm-8:00pm

106702-03 \$40

M 11/6-11/27 7:00pm-8:00pm

PRINT ART

(Ages 6-15) All through history, being able to create and reuse a print has been an important tool to mankind. In this three part class participants will create, use and explore making their own unique stamps, using a press and creating their own textiles. Instructor: Sally Thibodeaux.

106703-01 \$24 (+\$10 supplies)

M,W,F 9/18-9/22 4:00pm-5:00pm

ART THROUGH ARCHITECTURE

(Ages 10-15) Discover how some of the greatest artistic minds influenced and changed architecture through the ages by experimenting with art, design, form and complex models, Instructor: Sally Thibodeaux.

106701-01 \$24

M.W.F 10/2-10/6 4:00pm-5:00pm

CARVER CENTER

200 Willie Palmer Way Purcellville, VA 20132

571-258-3400

loudoun.gov/carver M & W 9:00am-7:00pm Tu & Th 9:00am-8:00pm

F 9:00am-5:00pm • Sa 9:00am-12:00pm

MEMBERSHIP & PROGRAMS

Carver Center provides programming for all ages. We run senior programs for active adults 55 and older weekdays from 9am-2pm, with memberships available. We offer programming for all ages during our remaining operating hours. Please register for all classes/events at least one week before start date.

FACILITY DROP-IN FEES

Ages 55 & up (non-members) \$2 Ages 17 & under \$1.50 Ages 18-54 \$2/limited use, \$3/full access

MULTIAGE PROGRAMS

The following programs are for mixed age groups, including seniors.

DANCE PROGRAMS

CONTEMPORARY LINE DANCE

(Ages 18 & up) Focusing on dancing to contemporary songs.

130702-01

M ongoing 2:00pm-3:00pm

JERRY'S JUKEBOX

(Ages 14 & up) Basic Ballroom Dance instruction.

130729-01 \$2/Non-members

2nd, 4th Tu ongoing 6:30pm-8:00pm

EDUCATION & INFORMATION

ADVISORY BOARD

(Ages 18 & up) Monthly meetings which focus on fundraising/feedback.

130731-01

1st Tu 10:30am-12:00pm ongoing

ALZHEIMER'S SUPPORT GROUP

(Ages 18 & up) Provides emotional, educational and social support for caregivers.

130707-01

4th Th ongoing 3:00pm-4:00pm

LYME DISEASE SUPPORT

(Ages 18 & up) For anyone struggling with or caring for someone with Lyme disease.

130733-01

1st Tu ongoing 6:30pm-8:00pm

MICROSOFT OFFICE

(Ages 18 & up) Working with Word, Excel and PowerPoint. Instructor: Ibby Dickson.

130708-01 \$48

10/31-12/5 Tu 6:30pm-8:00pm

COMPUTER LAB

Call ahead for availability. Free for senior members.

Pay at door \$2/Ages 55 & up

M-F 9:00am-2:00pm ongoing

Pav at door \$3/Ages 18 & up

ongoing

M.W ongoing 2:00pm-7:00pm Tu, Th 2:00pm-8:00pm ongoing F ongoing 2:00pm-5:00pm 9:00am-12:00pm

FINE & APPLIED ARTS

HANDWORK

Sa

(Ages 18 & up) Bring your own handwork.

130728-01

6:00pm-8:00pm Tu ongoing

HEALTH & FITNESS

BODY SCULPTING

(Ages 15 & up) Using resistance bands, Pilates balls and weights. Bring a mat. Instructor: Jill Perla.

130710-01 \$100

9/6-10/25 M.W 5:15pm-6:00pm

130710-02 \$75

M.W 10/30-11/29 5:15pm-6:00pm

CORE AND MORE

(Ages 16 & up) A blend of upper and lower body exercises. Bring a mat. Instructor: Jill Perla.

130715-01 \$80

9/5-9/29 Tu,Th,F 8:15am-8:45am

130715-02 \$67

10/3-10/27 Tu.Th.F 8:15am-8:45am

130715-03 \$67

Tu.Th.F 10/31-11/30 8:15am-8:45am

PICKLEBALL

(Ages 18 & up) Tennis-like game played with two, three or four players.

\$2/Drop-in/Non-senior members 130721-01 2:00pm-4:00pm Tu-Th ongoing

FITNESS CENTER

Adults 55 and older may use our Fitness Center during all operating hours. Fitness Center includes a full size pool table. Free to members.

Non-seniors may use the fitness center:

M. W 2:00pm-7:00pm Tu. Th 2:00pm-8:00pm F 2:00pm-5:00pm 9:00am-12:00pm Sa

Non-member Drop-in Fee

Ages 16-54 \$3 Ages 55 & up \$2

SOCIALIZING & ENTERTAINMENT

CARDS (SATURDAYS)

(Ages 18 & up) Canasta and Euchre in the Library.

130714-01

Sa ongoing 9:00am-12:00pm

SCRABBLE & BOARD GAMES

(Ages 18 & up) Classic word game.

130703-01

2:00pm-5:00pm ongoing

Loudoun County PRCS Like us on



www.facebook.loudounprcs

SENIOR PROGRAMS

The following programs are for age 55 & up unless otherwise noted

SENIOR MEMBERSHIP (Ages 55 & up)

Senior participants may purchase yearly memberships or attend on a drop-in basis. The cost of most activities is included in the membership or drop-in fee. Any additional fees will be noted in the activity listing.

Loudoun residents \$26/vear Non-residents \$39/year January 1-June 30 Half-price

DANCE

Please see multiage listings for additional dance classes open to adults.

BEGINNER LINE DANCE

(Ages 55 & up) Provides exercise and camaraderie.

130624-01

M 1:00pm-2:00pm ongoing

EDUCATION

BOOK CLUB

(Ages 55 & up) Monthly book discussions. Books provided.

130610-01

4th W ongoing 10:30am-12:00pm

BEGINNER BRIDGE

(Ages 55 & up) A gentle introduction to Bridge basics.

130652-01

Tu 10:30am-12:00pm ongoing

INTERMEDIATE BRIDGE

(Ages 55 & up) For those who know the basics.

130653-01

Tu ongoing 12:45pm-2:15pm

BRIDGE GROUP

(Ages 55 & up) Intermediate Party Bridge.

130636-01

Th ongoing 1:00pm-4:00pm

COMPUTERS FOR ABSOLUTE BEGINNERS

(Ages 55 & up) Basics, plus email and internet. Instructor: Ibby Dickson.

130606-01 \$48

Tu 10/31-12/5 9:00am-10:30am

CREATIVE WRITING

(Ages 55 & up) For anyone interested in exploring the writing process.

130617-01

Tu 12:30pm-2:00pm ongoing

DECLUTTERING FOR SENIORS

(Ages 55 & up) No new sign-ups after week one. 130658-01

9/13-11/29 10:00am-11:30am

EMAIL & INTERNET

(Ages 55 & up) For students with basic computer knowledge. Instructor: Ibby Dickson.

130604-01

Tu 10/31-12/5 10:30am-12:00pm

LIBRARY OUTREACH VISIT

(Ages 55 & up) Loudoun County Library brings books/videos/periodicals.

130644-01

2nd W ongoing 11:30am-12:00pm

PUBLIC SPEAKING

(Ages 55 & up) Learn how to overcome your fears and become an engaging public speaker.

130608-01

M 9/11-11/20 9:00am-10:00am

FINE & APPLIED ARTS

ADULT COLORING

(Age 55 & up) All materials provided.

130650-01

M-F 9:00am-10:00am ongoing

ADVANCED BEGINNER WATERCOLOR

(Ages 55 & up) All materials provided. Instruction ends at 2:00 p.m. Instructor: Alice Power.

130661-01 \$30

9/13-10/18 12:30pm-2:30pm

130661-02 \$30

11/8-12/20 12:30pm-2:30pm

BEGINNER WATERCOLOR

(Ages 55 & up) All materials provided. Instruction ends at 2:00 p.m. Instructor: Alice Power.

130611-01 \$30

9/15-10/20 12:30pm-2:30pm 130611-02 \$15

11/3-12/1 12:30pm-2:30pm

DRAWING CLASS

(Ages 55 & up) All materials provided. Instruction ends at 2:00 p.m. Instructor: Alice Power.

130622-01 \$30

9/11-10/23 12:30pm-2:30pm \$30

130622-02

Μ 11/6-12/11 12:30pm-2:30pm

INKLE LOOM WEAVING

(Ages 55 & up) A \$3 materials fee is due at first class.

130670-01

Tu 10/31-11/14 1:00pm-2:00pm

130670-02

11/21-12/5 1:00pm-2:00pm

STITCHING GROUP

(Ages 55 & up) Bring own handwork.

130612-01

ongoing 12:30pm-2:00pm

FITNESS

BALANCE & STABILITY

(Ages 55 & up) Physical therapist-designed sequence of exercises.

130631-01

Tu,Th ongoing 11:00am-11:30am

PING PONG

(Ages 55 & up) New players always welcome!

130623-01

M.Tu ongoing 9:00am-10:30am

130623-02

W 9:00am-10:00am ongoing

130623-03

Th ongoing 10:00am-11:00am

130623-04

ongoing 11:30am-12:00pm

CHAIR YOGA

(Ages 55 & up) Encourage better circulation, flexibility and immune function.

130632-01

Μ ongoing 10:45am-12:00pm

OIGONG

(Ages 55 & up) Mindful breathing and slow, standing movements.

130638-01

W.F ongoing 10:30am-11:30am

130638-02

Μ 1:00pm-2:00pm ongoing

TAI CHI-SENIORS

(Ages 55 & up) Slow motion routines practiced in a group.

130646-01

9:00am-10:00am Tu ongoing

VOLLEYBALL (BEACHBALL)

(Ages 55 & up) Games not scored, All ability levels welcome.

130630-01

10:00am-11:00am M.W ongoing

PRCS Facilities are Perfect for Family & Group Events & Meetings!

Plan your next family gathering, company picnic, birthday party, or other special occasion at one of our outdoor pavilions or indoor spaces.

For more information, visit www.loudoun.gov/prcs, contact your local PRCS center or park, or call the PRCS administrative office at 703-777-0343.





Pavilions for Rent

Ashburn Park	703-777-0343	Lucketts Community Center	703-771-5281
Claude Moore Park	571-258-3700	Mickie Gordon Memorial Park	703-777-0343
Douglass Comm. Center	703-771-5913	Philomont Community Center	540-338-5882
Franklin Park	540-338-7603	Potomack Lakes Sportsplex	703-777-0343
Gwen Thompson Briar Patch Park	703-777-0343	Sterling Community Center	703-430-9480
Loudoup Valley Comm. Center	540-338-4882		

Rooms & Gyms for Rent

Banshee Reeks Nature Preserve	703-669-0316	Dulles South Multipurpose Center	571-258-3456
Bluemont Community Center	540-554-8643	Loudoun Valley Comm. Center	540-338-4122
Carver Center	571-258-3400	Lovettsville Community Center	540-822-5284
Cascades Senior Center	571-258-3280	Lucketts Community Center	703-771-5281
Claude Moore Communty Center	571-258-3500	Philomont Community Center	540-338-5882
Claude Moore Recreation Center	571-258-3600	Sterling Community Center	703-430-9480
Douglass Community Center	703-771-5913	The Senior Center of Leesburg	703-737-8039

WII SPORTS

(Ages 55 & up) Wii using large screen TV.

130628-01

W-F ongoing 10:30am-11:00am

FITNESS CENTER

Adults 55 and older may use our Fitness Center during all operating hours. Fitness Center includes a full size pool table.

Free to members.

M,W 9:00am-7:00pm Tu, Th 9:00am-8:00pm F 9:00am-5:00pm Sa 9:00am-12:00pm

Non-member Drop-in Fee

Ages 55 & up \$2

HEALTH & WELLNESS

BLOOD PRESSURE CHECKS

(Ages 18 & up) Inova Loudoun Healthcare. No appt. necessary.

130618-01

4th Th ongoing 10:00am-12:00pm

BLUE RIDGE SPEECH & HEARING

(Ages 18 & up) Offers cleaning, testing and resources. Preregister by calling 571-258-3400.

130649-01

W 11/1-11/1 10:30am-11:30am

INFORMATION

SERVICES FOR SENIORS

(Ages 55 & up) Confidential assistance linking seniors to services.

130655-01

1st, 3rd M ongoing 12:30pm-5:00pm

SOCIALIZING & ENTERTAINMENT

DAILY CONGREGATE LUNCH

(Ages 55 & up) Please sign up in person or by calling 571-258-3459 at least 24 hours in advance.

130665-01 \$4/Ages 55-59,

Donation/Ages 60 & up

M-F ongoing 12:00pm-12:30pm

AFTERNOON TEA

(Ages 55 & up) Free registration begins two weeks before event.

130642-01

W 10/4-10/4 12:45pm-2:00pm

MONTHLY BIRTHDAYS

(Ages 55 & up) Sign up and celebrate with your Carver friends!

130643-01

4th W ongoing 12:00pm-12:30pm

MONTHLY MOVIES

(Ages 55 & up) Lunch and Movie in Club Room.

130616-01

1st F ongoing 12:00pm-2:00pm

SHARE

(Ages 55 & up) Bring something interesting to share.

130625-01

M ongoing 11:15am-11:30am

WEEKLY & ONGOING PROGRAMS

BIBLE STUDY

(Ages 55 & up) Non-denominational group.

130635-01

Th ongoing 10:45am-11:45am

BINGO

(Ages 55 & up) 0.50 per card; product prizes.

130629-01

Tu ongoing 12:45pm-1:45pm

130629-02

F ongoing 10:45am-11:45am

BOARD GAMES

(Ages 55 & up) Classic board games.

130627-01

W ongoing 12:45pm-2:00pm

BRAIN GAMES

(Ages 55 & up) Picture and word games in a group setting.

130633-01

Th ongoing 12:45pm-2:00pm

CARD PLAYERS

(Ages 55 & up) Canasta in the Library. Beginners welcome!

130647-01

M,Tu,Th,F ongoing 9:00am-12:00pm

E-COMMENT

(Ages 55 & up) Leave video-recorded comments for the Board of Supervisors. Staff assistance is available.

130634-01

Th ongoing 10:00am-11:30am

FARKLE. DOMINOES. GAMES

(Ages 55 & up) Chat and laugh over a classic pastime.

130626-01

M ongoing 12:45pm-2:00pm

SING ALONG WITH WILEY

(Ages 55 & up) Old-fashioned favorites in a relaxed setting.

130639-01

W

ongoing 10:30am-11:30am

THURSDAY CARD GROUP

(Ages 18 & up) Canasta and Euchre.

130651-01

Th ongoing 1:00pm-4:00pm

UKULELE -BASICS

(Ages 55 & up) Basic instruction. Some loaner ukes available.

130654-01

W ongoing 12:45pm-1:45pm

OUTINGS

CARVER LUNCH BUNCH

(Ages 55 & up)

130601-07 \$4.00 Cider Press, Inwood, WV F 9/15-9/15 11:00am-2:00pm

130601-02 Self-drive

F 9/15-9/15 11:00am-2:00pm **130601-03** \$4.00 Market Table Bistro,

Lovettsville

10/20-10/20 11:00am-2:00pm

130601-04 Self-drive

F 10/20-10/20 11:00am-2:00pm

GROCERY SHOPPING

(Ages 55 & up) Transportation to local grocery establishments. Skips the second Wednesday.

130620-01

W ongoing 12:45pm-2:00pm

LEESBURG SHOPPING

(Ages 55 & up) Bus to Leesburg to shop.

130621-01

2nd W ongoing 12:45pm-3:00pm

THRIFT STORE

(Ages $55\ \&$ up) Bus to Blue Ridge Hospice Thrift Store.

130615-01

3rd M ongoing 12:45pm-1:45pm

SPECIAL EVENTS/PRESENTATIONS

BARN DANCE

(Ages 55 & up) Yeehaw! Wear your plaid, cowboy

boots, cowboy hats and other "country" attire and join us for a Country Style Dance! Sky Dantinne will spin a variety of tunes to get your toes tapping, and your fingers clicking.

130645-01 \$5

F 9/8-9/8 1:00pm-3:00pm

FOOD NUTRITION SEMINAR

(Ages 55 & up) Reducing Inflammation Naturally. Many conditions, such as diabetes, arthritis, and cancer, have been associated with chronic inflammation that can cause discomfort. Join Natalie Kannan, RD (Registered Dietitian), as we identify which foods throughout the aisles to limit, and which foods to increase, to naturally reduce inflammation in the body.

130659-01 Free

9/27-9/27 1:00pm-2:00pm

FLU SHOTS

(Ages 55 & up) Inova HealthSource nurses will administer flu vaccinations. Inova will accept your Medicare Part B card for payment. Please bring your card; otherwise, payment is due at the time of service. The cost for the standard (Quadrivalent) shot is \$33 and the high dose (Ages 65+) is \$60.

130668-01

Th 10/12-10/12 10:00am-12:00pm

HALLOWEEN DANCE

Ages 55 & up) Put on your costume and dance yourself silly at this wild and crazy afternoon event, with Sky Dantinne spinning the tunes. Please register one full week in advance of start date.

130602-01

F 10/27-10/27 1:00pm-3:00pm

VETERAN'S DAY

(Ages 55 & up) Honor our Veterans. Take time to engage with Carver's many veterans, learn their stories, and hear Carolyn Bledsoe speak about her experience and perform her own, moving song.

130656-01

M 11/13-11/13 11:00am-11:30am

THANKSGIVING & VOLUNTEER RECOGNITION

(Ages 55 & up) Thanksgiving is the time of year we give thanks for all our blessings. Help us honor the many dedicated volunteers who keep Carver up and running. Turkey dinner with all the trimmings will be served in a warm and welcoming atmosphere. Musical entertainment is provided by Dominion Four. Please bring a canned good for the food bank collection.

130613-01 \$4/Ages 55-59

Donation/Ages 60 & up

Th 11/16-11/16 12:00pm-1:45pm

CLAUDE MOORE COMMUNITY CENTER

46111 Loudoun Park Lane Sterling, VA 20164 571-258-3500

M-Th 8:00A-8:00P

F 9:00A-5:00P • Sa 9:00A-2:00P Supply & material fees are payable to the instructor at the first class.

PRESCHOOL AGE PROGRAMS

MUSIC TOGETHER

(Ages Birth-4yrs) Music Together is a research-based and internationally recognized music and movement program. It engages early childhood music development for children and their caregivers through mixed-aged classes. Come have a blast making music with us! \$40.00 materials due first day of class to Mindful Music LLC. No class 10/14.

10:00am-10:45am

11:00am-11:45am

110121-01 \$160 9/7-11/9

110121-02 \$160

9/7-11/9 Th

110121-03 \$144

9/9-11/11 Sa 10:00am-10:45am

MUSIC TOGETHER BIG KIDS

(Ages 4-7) The Music Together Big Kids program is a 60-minute class geared to the interests and abilities of children age four through seven. The program blends the elements of Music Together that parents and children love with new activities, skills, and challenges that are developmentally appropriate for this age group. Materials fee payable to Mindful Music LLC. No class 10/14.

110118-01 \$144 (+\$40 materials)

Sa 9/9-11/11 11:00am-12:00pm

PRESCHOOL SWIM CLASS: M/W

(Ages 4-5) Stay after class and learn to swim! After preschool class, children meet with Ms. Julie to get ready for the pool at the rec center and a swim class taught by a professional instructor. This class teaches breath control, face submersion, floating on front and back (with flotation support), arm and leg movements, and safety. Prerequisite: Children must function well in a group class without a parent. No goggles are permitted. Parents will need to pick up their child at 12:45 from the pool or sign up for an hour of Lunch & Fun for \$6 and pick them up at 2 p.m.

110130-01 \$90

M,W 9/11-10/4 11:30am-12:45pm 110130-02 \$90

M.W 10/16-11/8 11:30am-12:45pm

MONDAY LUNCH & FUN

(Ages 3-5) Bring your lunch and drink. Have

lunch with friends, play games, listen to stories and lots more fun. No peanuts or tree nuts please. No class 10/9.

please. No ci	ass 10/9.	
110162-01	\$36	
M	9/11-9/25	11:30am-2:00pm
110162-02	\$12	
M	9/11-9/11	11:30am-2:00pm
110162-03	\$12	
M	9/18-9/18	11:30am-2:00pm
110162-04	\$12	
M	9/25-9/25	11:30am-2:00pm
110162-05	\$48	
M	10/2-10/30	11:30am-2:00pm
110162-06	\$12	
M	10/2-10/2	11:30am-2:00pm
110162-07	\$12	
M	10/16-10/16	11:30am-2:00pm
110162-08	\$12	
M	10/23-10/23	11:30am-2:00pm
110162-09	\$12	
M	10/30-10/30	11:30am-2:00pm
110162-10	\$36	
M	11/13-11/27	11:30am-2:00pm
110162-11	\$12	
M	11/13-11/13	11:30am-2:00pm
110162-12	\$12	
M	11/20-11/20	11:30am-2:00pm
110162-13	\$12	44.00
M	11/27-11/27	11:30am-2:00pm

PRESCHOOL SWIM CLASS: TU/TH

(Ages 4-5) See description for Preschool Swim Class: M/W.

110131-01 \$90

Tu.Th 9/12-10/5 1:00pm-2:00pm 110131-02 \$90

Tu.Th 10/17-11/9 1:00pm-2:00pm

MOM & ME: ROSEBUD DANCERS

(Ages 1½-3) We will learn creative movement and Pre-ballet steps. Wear black or pink leotard, pink tights and pink leather ballet shoes please. Instructor: Geralyn Ward.

110159-01 \$40

9/12-10/17 9:30am-10:00am Tu

110159-02 \$40

11/7-12/12 9:30am-10:00am

DEW DROP FAIRIES

(Ages 3-5½) We will learn creative movement and ballet skills while working on taking turns. listening skills, and having fun. Wear black or pink leotard, pink tights, and pink leather ballet shoes please. This is a drop off program. Instructor Geralyn Ward.

110161-01 \$50

9/12-10/17 10:15am-11:00am Tu

110161-02 \$50

Tu 11/7-12/12 10:15am-11:00am

TINY TULIP TAPPERS

(Ages 2½-4) A great introduction to basic tap steps and tap dancing to music. Wear black or pink leotard, pink tights, and tap shoes please. Instructor Geralyn Ward.

110157-01	\$50
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Tu	9/12-10/17	11:15am-12:00pm
110157-02	\$50	

11/7-12/12 11:15am-12:00pm Tu

TUESDAY LUNCH & FUN

(Ages 3-5) See description for Monday Lunch &

Learn.		
110163-01	\$36	
Tu	9/12-9/26	11:30am-2:00pm
110163-02	\$12	
Tu	9/12-9/12	11:30am-2:00pm
110163-03	\$12	
Tu	9/19-9/19	11:30am-2:00pm
110163-04	\$12	
Tu	9/26-9/26	11:30am-2:00pm
110163-05	\$60	
Tu	10/3-10/31	11:30am-2:00pm
110163-06	\$12	
Tu	10/3-10/3	11:30am-2:00pm
110163-07	\$12	
Tu	10/10-10/10	11:30am-2:00pm
110163-08	\$12	
Tu	10/17-10/17	11:30am-2:00pm
110163-09	\$12	
Tu	10/24-10/24	11:30am-2:00pm
110163-10	\$12	
Tu	10/31-10/31	11:30am-2:00pm
110163-11	\$36	
Tu	11/14-11/28	11:30am-2:00pm
110163-12	\$12	
Tu	11/14-11/14	11:30am-2:00pm
110163-13	\$12	
Tu	11/21-11/21	11:30am-2:00pm
110163-14	\$12	
Tu	11/28-11/28	11:30am-2:00pm

TINY TULIP BALLERINA

(Ages 2½-3½) In this great introduction to dance, children will learn basic ballet positions and creative movements while having fun and learning how to take turns. Wear black or pink leotard, pink tights and pink leather ballet shoes please. This is a drop off program. Instructor: Geralyn Ward.

110156-01	\$40	
W	9/13-10/18	9:30am-10:00am
110156-02	\$40	
W	11/8-12/13	9:30am-10:00am

STORY BALLET

(Ages 2½-4½) In this introduction to ballet, we learn ballet skills while working on taking turns, listening skills and having fun. Wear black or pink leotard, pink tights, and pink leather ballet shoes please. This is a drop off program. Instruc-

tor: Geralyn Ward.		
110158-01	\$50	
W	9/13-10/18	10:15am-11:00am
110158-02	\$50	
W	11/8-12/6	10:15am-11:00am

WEDNESDAY LUNCH & FUN

(Ages 3-5) See description for Monday Lunch &

Learn. No class 11/22.		
110164-01	\$36	
W	9/13-9/27	11:30am-2:00pm
110164-02	\$12	
W	9/13-9/13	11:30am-2:00pm
110164-03	\$12	
W	9/20-9/20	11:30am-2:00pm
110164-04	\$12	
W	9/27-9/27	11:30am-2:00pm
110164-05	\$48	
W	10/4-10/25	11:30am-2:00pm
110164-06	\$12	
W	10/4-10/4	11:30am-2:00pm
110164-07	\$12	44.00
W	10/11-10/11	11:30am-2:00pm
110164-08 W	\$12	11:20am 2:00am
110164-09	10/18-10/18 \$12	11:30am-2:00pm
W	ηιΖ 10/25-10/25	11:30am-2:00pm
110164-10	\$48	11.50am-2.00pm
W	11/1-11/29	11:30am-2:00pm
110164-11	\$12	11.00am 2.00pm
W	11/1-11/1	11:30am-2:00pm
110164-12	\$12	
W	11/8-11/8	11:30am-2:00pm
110164-13	\$12	·
W	11/15-11/15	11:30am-2:00pm
110164-14	\$12	
W	11/29-11/29	11:30am-2:00pm

THURSDAY LUNCH & FUN

(Ages 3-5) See description for Monday Lunch & Loorn No ologo 11/22

Learn. No class 11/23.			
110165-01	\$36		
Th	9/14-9/28	11:30am-2:00pm	
110165-02	\$12		
Th	9/14-9/14	11:30am-2:00pm	
110165-03	\$12		
Th	9/21-9/21	11:30am-2:00pm	
110165-04	\$12		
Th	9/28-9/28	11:30am-2:00pm	
110165-05	\$48		
Th	10/5-10/26	11:30am-2:00pm	
110165-06	\$12		
Th	10/5-10/5	11:30am-2:00pm	
110165-07	\$12		
Th	10/12-10/12	11:30am-2:00pm	
110165-08	\$12		
Th	10/19-10/19	11:30am-2:00pm	
110165-09	\$12		
Th	10/26-10/26	11:30am-2:00pm	

110165-10	\$48	
Th	11/2-11/30	11:30am-2:00pm
110165-11	\$12	
Th	11/2-11/2	11:30am-2:00pm
110165-12	\$12	
Th	11/9-11/9	11:30am-2:00pm
110165-13	\$12	
Th	11/16-11/16	11:30am-2:00pm
110165-14	\$12	
Th	11/30-11/30	11:30am-2:00pm

FRIDAY LUNCH & FUN

(Ages 3-5) See description for Friday Lunch &

Learn. No class 11/24.			
110166-01	\$36		
F	9/15-9/29	11:30am-2:00pm	
110166-02	\$12		
F	9/15-9/15	11:30am-2:00pm	
110166-03	\$12		
F	9/22-9/22	11:30am-2:00pm	
110166-04	\$12		
F	9/29-9/29	11:30am-2:00pm	
110166-05	\$48		
F	10/6-10/27	11:30am-2:00pm	
110166-06	\$12	44.00	
F	10/6-10/6	11:30am-2:00pm	
110166-07	\$12	11:00: 0:00:	
F 110166 00	10/13-10/13	11:30am-2:00pm	
110166-08	\$12 10/20-10/20	11,20am 2,00nm	
г 110166-09	\$12	11:30am-2:00pm	
F	φιΖ 10/27-10/27	11:30am-2:00pm	
110166-10	\$36	11.50am-2.00pm	
F	11/3-11/17	11:30am-2:00pm	
110166-11	\$12	11.00am 2.00pm	
F	11/3-11/3	11:30am-2:00pm	
110166-12	\$12		
F	11/10-11/10	11:30am-2:00pm	
110166-13			
F	11/17-11/17	11:30am-2:00pm	
		•	

PRESCHOOL DANCE EDUCATION

(Ages 3½-5½) This class focuses on dance arts education for preschool and early kindergarten learners. This class focuses on learning dance educational concepts as well as the elements of dance. Students will also explore shapes, numbers, letters, alphabet, movement and story exploration, improvisation and self-expression through the use of movement and song. This class gives students the ability to develop self-expression, increase movement capabilities, build self-esteem and a love for the arts. Instructor: Heather Orr of SoHo Performing Arts.

110101-01 \$72 9/18-10/30 12:00pm-12:45pm

KIDS IN THE KITCHEN

(Ages 4-5) Put on your apron and chef hat and join us in the kitchen. Each week your child will make several different recipes as they explore

how to read a recipe, use kitchen tools, measure ingredients, and prepare their own food. Please let us know of any food allergies two weeks in advance. Instructor: Ms. Fatema.

110108-01 \$72

Th 9/21-10/26 12:00pm-2:00pm

ROBOTICS ENGINEERING

(Ages 4-6) Early students learn basic engineering using LEGO® Educational Materials that incorporate motors, sensors, gears, pulleys, axles, and a simple linear block programming software to animate LEGO robots. Some of the robots include a smart spinner, roaring lion, and playing soccer. Preparing our children for the digital era, we must provide opportunities, as early as Pre-Kindergarten, that are more cross-disciplinary with technology-rich collaboration, creation, contribution, and meta cognition. Instructor: PhiSci Robotics.

110109-01 \$175

Th 9/28-11/2 3:00pm-4:00pm

MOM & ME FALL FUN

(Ages 1-2½) Enjoy this time together to do art, sing, play and do some creative movement. Each month is a different theme. No class 11/22.

 110103-01
 \$24
 My Little Pumpkin

 W
 10/4-10/25
 9:15am-10:00am

 110103-02
 \$24
 Gobble, Gobble

 W
 11/1-11/29
 9:15am-10:00am

FALL ART CREATIONS

(Ages 3-5) During this art class, we will create our very own masterpieces to bring home that remind us of all things fall: leaves changing, pumpkins, apples and more! Please pack a peanut free lunch and or snack and drink. No class 11/10. Instructor Ms. Fatema

110116-01 \$72

F 10/6-11/17 12:00pm-2:00pm

DAYS OFF FROM SCHOOL

(Ages 3½-5) No school? No problem! Come to Claude Moore and enjoy a day of fun with your friends. The moonbounce will be set up and we will enjoy popcorn and snow cones. There also will be carnival style games and crafts to enjoy.

Please pack a peanut free snack, lunch, and drink.

110113-01 \$25

M 11/6-11/6 9:00am-2:00pm

110113-02 \$25

Tu 11/7-11/7 9:00am-2:00pm

ELEMENTARY & MIDDLE SCHOOL AGE PROGRAMS

CLAUDE MOORE JAZZ & POM TEAM

(Ages 7-14) Claude Moore Jazz & Pom Dance Team is a high energy group that performs throughout the DC area throughout the year at local festivals, parades and venues including a December and May Performance recital and many more! Dancers must be enrolled continuously throughout the year to participate in this class as well as all team performances throughout 2017-2018. Instructor: Heather Off of SoHo Performing Arts.

110204-01 \$72

F 9/15-10/20 3:30pm-4:30pm

110204-02 \$72

F 10/27-12/15 3:30pm-4:30pm

CLAUDE MOORE HIP HOP CREW

(Ages 7-14) Claude Moore Hip Hop Crew is a high energy Hip Hop Dance Crew that performs throughout the DC area throughout the year at local festivals, parades and venues including a DC Wizards game, Reston Town Center Holiday Parade, December and May Performance recital and many more! Dancers must be enrolled continuously throughout the year to participate in this class, as well as all team performances throughout 2017-2018. nstructor: Heather Orr of Soho Performing Arts.

110205-01 \$72

F 9/15-10/20 4:30pm-5:30pm

110205-02 \$72

F 10/27-12/15 4:30pm-5:30pm

HIP HOP, JAZZ, & POM DANCE CLASS

(Ages 6-14) This fun, upbeat dance class combines Hip Hop and Pom/Jazz dance style. The class focuses on different styles of Hip Hop,

as well as Jazz technique, which includes proper alignment, posture, stretch, and building strength and flexibility in leaps, jumps, floor work, deep bends and balances. Dancers will learn challenging choreography and improvisation. Students must be enrolled continuously throughout the year to participate in the yearly dance recital in December and May 2018. Instruction by Heather Orr of SoHo Performing Arts

110206-01 \$72

9/15-10/20 5:30pm-6:30pm

110206-02 \$72

F 10/27-12/15 5:30pm-6:30pm

ROBOTICS ENGINEERING

(Ages 7-12) Entry Level Students utilize the LEGO MINDSTORMS EV3 educational materials to build a driving base, program and run these basic commands: forward, reverse, curve, pivot and point turn. Students then complete one of the challenges: barrel racing or four poles. Preparing our children for the digital era, we must provide opportunities that are more cross-disciplinary with technology-rich collaboration, creation, contribution and metacognition. Instruction by PhiSci Robotics.

110201-01 \$195

Th 9/28-11/2 4:30pm-5:30pm

NOVEMBER DAY CAMP

(Ages 6-12) No school? No problem! Come enjoy your day with us at Claude Moore. We will enjoy swimming and rock climbing. We will also enjoy the moonbounce, arts and crafts, and games. Please pack peanut free snacks, lunch, and drinks. Come dressed in your bathing suit and bring a change of clothes, towel, and plastic bag for wet clothes.

110202-01	\$40	Ages 6-9
M	11/6-11/6	7:30am-6:00pm
110202-02	\$40	Ages 10-12
M	11/6-11/6	7:30am-6:00pm
110202-03	\$40	Ages 6-9
Tu	11/7-11/7	7:30am-6:00pm
110202-02	\$40	Ages 10-12
Tu	11/7-11/7	7:30am-6:00pm



CLAUDE MOORE RECREATION CENTER

46105 Loudoun Park Lane Sterling, VA 20164

571-258-3600

571-258-3601 (fax)

http://www.loudoun.gov/claudemoorerec

Facility Hours:*

M-F 5:00A-9:30P • Sa-Su 8:00A -8:00P

Competition Pool

M-F 5:00A-9:15P • Sa-Su 8:00A-7:45P

Leisure Pool & Spa

M-F 9:00A-8:45P • Sa-Su 11:00A-7:45P *Please call for availability of the leisure pool and rock wall. Hours are subject to change based on customer demand.

Open 11am-6pm Labor Day, Monday, 9/4 Closing at 12 noon on Thanksgiving Day, 11/23 Entire facility will be closed 8/21-9/3 for annual maintenance.

Facility will re-open Labor Day. Monday, 9/4. Call ahead, or check the web site for availability.

ADMISSION FEES*

All admissions include access to the fitness center, competitive pool, leisure pool, gymnasium, indoor track, and open time on the rock wall. Full payment by cash, check, Visa, MasterCard, or Discover is due at time of purchase. *Fees effective September 4.

Daily	Resident	Non-Res	
Under 3	Free	Free	
(plastic training pants red	quired)		
Youth Ages 3-17	\$4.00	\$6.00	
Adult Ages 18-54	\$6.00	\$9.00	
Senior Ages 55 and up	\$4.00	\$6.00	
(Children under 12 must be supervised by an			
Adult at all times inside the facility. Children			
under 6 must be accompanied in the pool by an			
Adult who has paid admission.)			

Admission Pass (25 admissions no expiration)

\$88

\$15

Adult	\$132	\$198		
Monthly Passes (unlimited use)				
Adult	\$50	\$75		
Two Adults (Family)	\$85	\$125		

Family	\$125	\$160
Senior/Youth	\$40	\$55
Senior Couple	\$65	\$85
Adult & Senior	\$75	\$100

NEW! 6-Month Membership (unlimited use)

\$250	\$325
\$450	\$575
\$70	\$100
\$575	\$700
	\$450 \$70

\$400	\$500
\$200	\$250
\$350	\$425
	\$200

Annual Membership (unlimited use)

Adult	\$450	\$575
Two Adults (Family)	\$800	\$1000
Family Dependent	\$125	\$165
Family	\$1000	\$1300
Adult & Senior	\$700	\$875
Senior/Youth	\$350	\$450
Senior Couple	\$600	\$750

GENERAL INFORMATION

FACILITY RENTALS

Rental options include a carpeted, multi-purpose room, catering kitchen, gymnasium, conference room, and small classrooms. Visit us for a tour and to schedule your event. Payment is due at time of reservation.

BIRTHDAY PARTIES

Swim or play with your guests and enjoy a meal in one of our Party Rooms. Party packages are available Friday evenings, Saturdays and Sundays for groups of 15 participants or less. Visit us online for package details, prices, and forms. Stop by to secure a date. Full payment is due at time of reservation.

AQUATICS & SAFETY PROGRAMS

Find information on SWIM LESSONS, LIFEGUARD CLASSES and AQUATIC EXERCISE in the AQUAT-ICS section of this guide.

TEEN PROGRAMS

FILM MAKING

\$132

\$20

(Ages 12-17) Film making is a practical introduction to storytelling on screen from the director's perspective, including the basics of storyboarding, camera angles, setups, moves, and editing. These techniques are explored using the medium of video in both field and studio environments. No class 11/22. Instructor: Nextide Academy.

173337-01	\$300	
W	9/13-12/6	5:00pm-6:00pm

INTERIOR DESIGN

(Ages 12-17) Some young artistic minds love to design rooms and buildings. At Nextide, we introduce students to the art of interior design and each of its components. Discover how to create your own designs and in what atmosphere to use them. Learn the logistics required for funding and managing the project. Additionally, we offer students our facility as a project for them to

develop! Don't just dream -imagine, design, and create! Instructor: Nextide Academy.

173339-01 \$120

9/13-10/4 5:00pm-6:00pm

CREATIVE WRITING

(Ages 12-17) Creative writing is designed to aid students in their creative expression, as well as delivery of one's writing. Students will read and discuss ideas on the craft of writing. They will write short stories to complete a final product. The writing process will be emphasized, as will be teacher, peer and self-critique. Students will take part of writing, designing, creating and publishing our monthly newsletter while also writing, revising, critiquing, and ultimately publishing their own creative works. Instructor: Nextide Academy.

173338-01 \$120

9/14-10/5 5:00pm-6:00pm

ALGEBRA & GEOMETRY

(Ages 12-17) Designed to prepare students for high level mathematics, this course increases proficiency in essential mathematics skills, exposes students to a wide variety of junior high/ high school math topics, and introduces students to pre-algebra, algebra and geometric concepts. Problem solving strategies and critical thinking skills will also be covered in a cooperative learning environment and applications to the real world will be stressed. Instructor: Nextide Academy.

173340-01 \$120

9/14-10/5 Th 5:00pm-6:00pm

YOUTH FITNESS & SPORTS PROGRAMS

MOMENTUM 3 BASKETBALL TRAINING

(Ages 4-5) Our small-group training program developed to encourage athletes to excel on the court. Trainers teach the fundamental of basketball through step-by-step instruction. Each session will focus on shooting & scoring, attacking the basket and ball handling, defense, and speed improvement. Our goal is to help you walk into practice on the first day ready to compete mentally and physically. Sessions are taught in a low student to coach ratio to maximize the quality of instruction. Sessions are held in gym court A. Instructor: Momentum 3.

173164-01 \$72

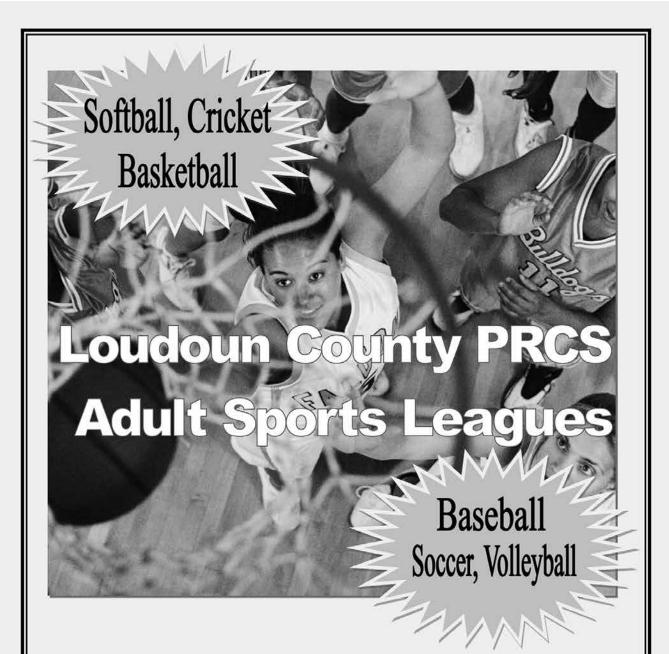
Sa 9/23-10/28 8:45am-9:30am

IGNITE SPORTS ULTIMATE FRISBEE

(Ages 5-14) Ignite Sports Ultimate Frisbee is designed to teach kids the basics of Ultimate Frisbee while developing skills such as running, throwing and catching while building confidence and fitness! Through fun agility drills, fitness drills, and unique games, participants will be able to play while having a blast! Classes/sessions are 45 minutes and taught using a non-competitive and FUN curriculum! Instructor: Ignite Sports.

Youth/Senior

Family Dependent



For more information, visit www.loudoun.gov/adultsports or call 703-777-0343.



ADA – Loudoun County Parks, Recreation and Community Services is committed to complying with the American with Disabilities Act (ADA). If you require a reasonable accommodation for any type of disability in order to participate, call 703-777-0343/TTY-711. At least three business days advance notice is requested.

173267-01 \$135

M 9/18-11/6 3:30pm-4:15pm

IGNITE SPORTS SOCCER

(Ages 5-14) Ignite Sports Soccer is designed to teach young players how to enjoy the game while developing soccer specific skills. Each session includes new foot skills, drills, and games to build coordination, confidence, and fitness. Players will also develop social skills through team play and team building activities. Instructor: Ignite Sports.

173266-01 \$169

Tu,Th 9/19-11/9 3:30pm-4:30pm

MOMENTUM 3 BASKETBALL TRAINING

(Ages 6-7) See description for Ages 4-5.

173221-01 \$72

Tu,Th 9/19-10/26 3:30pm-4:30pm Sa 9/23-10/28 9:30am-10:30am

MOMENTUM 3 BASKETBALL TRAINING

(Ages 8-10) See description for Ages 4-5.

173221-02 \$72

Tu,Th 9/19-10/26 4:30pm-5:30pm Sa 9/23-10/28 10:30am-11:30am

MOMENTUM 3 BASKETBALL TRAINING

(Ages 11-13) This small-group basketball program incorporates the 3-on-3 element with our traditional skill development program. The program is uniquely structured to help develop skills while gaining game like experience. During the program athletes will learn the fundamentals of basketball through individual and team concepts. The first three sessions will focus on offense, defense, ball handling, speed & agility, and game-time instruction, culminating into a 3-v-3 round robin style tournament. This unique format allows athletes the opportunity to apply the skills they've learned during the final 3 weeks of tournament play. Sessions are held in gym court A. Instructor: Momentum 3.

173336-01 \$72

Tu,Th 9/19-10/26 5:30pm-6:30pm Sa 9/23-10/28 11:30am-12:30pm

HALF-DAY BASKETBALL MINI CAMP

(Ages 6-13) School is out on Monday October 9! We will be hosting a Momentum 3 basketball mini-camp at Claude Moore Recreation Center. Enjoy a day of basketball FUNdamentals with Momentum 3 coaches. Daily schedule includes games, instruction, and group and individual competition. Our basketball camps and clinics registrations are kept small and intimate so that quality is guaranteed and every player gets the attention they need, maximizing the learning and FUN. This program is open to boys and girls of all skill levels! Instructor: Momentum 3.

173341-01 \$32

M 10/9-10/9 9:00am-12:00pm

MOMENTUM 3 BASKETBALL FULL DAY CAMP

(Ages 6-13) Join our Momentum 3 coaches during the fall parent teacher conference days for basketball FUN-damentals! See description for Mini Camp.

173342-01 \$100

M,Tu 11/6-11/7 9:00am-3:00pm

MOMENTUM PRE-SEASON BASKETBALL TRAINING

(Ages 14-17)This program is ideal for high school players looking to tune up before tryouts begin. Sessions are designed to ensure that each player get over 100 touches dribbling the basketball and puts up over 100 shot during the 60-minute program. Our high intensity, sharply focused training plan guarantees each player positive progression. Instructor: Momentum 3.

173401-01 \$60

Su 10/1-10/29 10:30am-11:30am

173401-02 \$60

Su 10/1-10/29 11:30am-12:30pm

ADULT FITNESS & SPORTS PROGRAMS

KETTLEBELL WORKSHOP

(Ages 18 & up) Learn the fundamentals of Kettlebell training in an educational and hands-on workshop. Train with certified kettlebell instructor Thavy Mills to learn and perfect five basic, single-bell movement skills: Goblet Squat, Deadlift, Overhead Press, Get-Up and the Swing. The experience gained from this workshop will allow you to confidently incorporate kettlebells into your fitness routine. Kettlebells can challenge your body and build strength, stamina and improve mobility like no other.*Prerequisite: Participants must complete a Functional Movement Screen prior to the first class. Please contact our Fitness Programmer to schedule.

173552-01 \$60

Sa 9/9-10/14 12:30pm-1:30pm

173552-02 \$60

Sa 10/21-11/25 12:30pm-1:30pm

GET STRONG

(Ages 16 & up) Fitness class -may be strenuous. A solid strength base is essential to the pursuit of any physical goal. Gaining muscle mass, lowering body fat, increasing athleticism, improved sport performance-all are rooted in your body's strength foundation. Work with personal trainer and retired U.S. Marine Christopher Sunday in a small group setting to focus on strength development and reach your fitness goals.

173554-01 \$120

M,W 9/6-10/16 6:00pm-7:00pm

173554-02 \$120

M,W 10/18-11/27 6:00pm-7:00pm

55+ STRENGTH TRAINING

(Ages 55 & up) Fitness class -may be strenuous. With every decade we age, strength training

should become a more important part of our active lifestyles. Regular exercise can help boost energy, increase mobility, improve balance & flexibility, manage symptoms of illness or pain, reduce the risk of injury or falls, and sustain your physical independence throughout. Science has shown that exercise can even reverse some of the symptoms of aging, elevate mood and foster strong social connections. This class will provide a great workout and educate you on a variety of strength training interventions you will use for years to come.

173600-01 \$90

W,F 9/6-10/13 12:00pm-12:45pm

173600-02 \$90

Tu,Th 9/5-10/12 9:00am-9:45am

173600-03 \$90

W,F 10/18-11/29 12:00pm-12:45pm

173600-04 \$90

Tu,Th 10/17-11/28 9:00am-9:45am

THE BODY SHOP

(Ages 55 & up) Fitness class -may be strenuous. Maintenance and repair for your 'high-mileage' body. Designed to help older adults 'tune-up' their aging muscular system. This class focuses on managing muscle lost during the aging process; improving functional abilities for everyday life; and developing strength & flexibility strategies for managing aches & pains, balance & walking gait deficiencies, and coping with chronic or degenerative diseases. Class is held in the Fitness Center.

173601-04 \$45

F 9/8-10/13 9:45am-10:30am

173601-05 \$45

F 10/20-11/24 9:45am-10:30am

FITNESS TRAINING & PROGRAM DESIGN

EXERCISE ORIENTATION

(Ages 16 & up) Learn the fundamentals of working out and exercise equipment use. Provides general recommendations for an effective exercise routine, including warm-up, resistance training, cardiovascular training and recovery. By appointment only. Please email Tom.Milenkevich@loudoun.gov or call 571-258-3600 to schedule. Included with admission fees & passes .M-Su 9/1-11/30

FUNCTIONAL MOVEMENT SCREEN

(Ages 16 & up) An evaluation of your basic movement ability in seven fundamental patterns key to daily life. Identifies total body mobility and stability, functional limitations, and asymmetries. Helps you improve exercise performance and decrease risk of injury. By appointment only. Please email Tom.Milenkevich@loudoun.gov or call 571-258-3600 to schedule. Included with admission fees & passes.

M-Su 9/1-11/30

YOUTH FITNESS ORIENTATION

(Ages 12-15) Introducing exercise & fitness early in life helps support healthy habits later in life. Two 45-minute sessions for youth to learn the fundamentals of exercise, proper form, lifting technique, and safety. By appointment only. Please call 671-258-3600 or email tom. milenkevich@loudoun.gov to schedule

PERSONAL TRAINING

(Ages 12 & up) We offer 30 and 55-minute individual and partner Personal Training packages to help you manage your overall health and fitness. Our team of certified personal trainers can provide you with as much help as necessary for you to develop a consistent & efficient workout plan, achieve your desired fitness goals and learn how to make exercise a life-long habit. By appointment only. Please email Tom.Milenkevich@ loudoun.gov or call 571-258-3600 to schedule.

Residents	Private	Partner*
4 session - 45 min	\$180	\$144
8 session - 45 min	\$336	\$272
12 session - 45 min	\$474	\$372
4 session - 30 min	\$120	
8 session - 30 min	\$224	
12 session - 30 min	\$318	

Non-Residents	Private	Partner*
4 session - 45 min	\$270	\$216
8 session - 45 min	\$504	\$408
12 session - 45 min	\$711	\$558
4 session - 30 min	\$180	
8 session - 30 min	\$336	
12 session - 30 min	\$477	
*Price per person		

GROUP EXERCISE

The following classes are held in the Dance Studio and are included with an admission pass. Registration is not required. Please check our web page and Facebook for the monthly schedule.

YIN YOGA

(Ages 18 & up) Quieter yoga that uses longer-held poses to benefit the body's deeper connective tissue. Perfect complement to other high impact forms of exercise that leave muscles and joints feeling tight. Also great meditative practice to help still the mind.

M,W ongoing 8:30am-9:20am

TABATA HIIT

(Ages 18 & up) Interval training class using only the 20/10 Tabata protocol. This is a total body workout to give you the max fat & calorie burn while building strength. Regardless of your fitness level, anyone can participate in this class. M,W ongoing 9:45am-10:25am

STRETCH & RESTORE

(Ages 18 & up) Feeling tight after all your workouts? This class will help you loosen those muscles & relax.

M,W ongoing 10:35am-11:15am

HATHA YOGA

(Ages 18 & up) Traditional yoga practice designed to help bring the body into alignment though a series of poses or asanas while drawing attention to the breath. Good way to build strength, flexibility and energy flow in the body while cultivating calmness in the mind. Beginners welcome.

Tu,Th	ongoing	8:15am-9:15am
F	ongoing	9:30am-11:00am
M.W	ongoing	6:00pm-7:15pm

PILATES

(Ages 18 & up) A core stability & body conditioning mat-based class which combines correct breathing, body alignment & form to accomplish goals of improving strength, flexibility, posture & uniting body & mind in a stress-free atmosphere.

Tu,Th ongoing 9:30am-10:25am

BOOTCAMP

(Ages 18 & up) This class is designed to push people a little further than they normally push themselves.

Tu,Th ongoing 10:35am-11:15am

TAI CHI

Based on an ancient Chinese Martial Art, this class is a meditative movement exercise that promotes good posture, strength, flexibility, & muscle tone. It has a Qi Gong warm up, basic skills & step practice, and culminates in the learning of various movement forms. Tai Chi forms use both strength and flexibility, along with correct breathing, to allow the free flow of chi to all body systems for greater health.

T ongoing 7:30pm-8:30pm

ZUMBA

(Age 18 & up) With high tempo music and the latest dance moves from salsa and zumba to hip/hop this class is guaranteed to whip you into shape and energize your day.

Sa ongoing 10:30am-11:30am W ongoing 6:30pm-7:30pm

FUNCTIONAL STRENGTH TRAINING

(Age 18 & up) Increase your energy and achieve optimal fitness levels while having fun and remaining safe during training. When your whole body is strong and works synergistically, you develop a flow and strength that isn't easily gained by traditional muscle isolation/circuit machine work. Eliminate daily aches and pains.

Th ongoing 7:00pm-8:00pm Sa ongoing 11:30am-12:30pm

DOUGLASS COMMUNITY CENTER

405 East Market Street Leesburg, VA 20176

703-771-5913M-F 8:30am-10:00pm • Sat. 8:00am-4:00pm

Supply & material fees are payable to the instructor at the first class

TODDLER & PRESCHOOL AGE PROGRAMS

TEENY TOTS

(Ages 2-3) Designed as a stepping stone into Preschool. Learn socialization with age appropriate activities, creative play, and instructed activity time. Parents are not required to stay. No class 11/7, 11/23.

104100-01	\$90	
Tu,Th	9/5-9/28	9:30am-11:30am
104100-02	\$90	
Tu,Th	10/3-10/31	9:30am-11:30am
104100-03	\$90	
Tu,Th	11/2-11/30	9:30am-11:30am

TOT SPOT

Ages (15-24 mos) Let your little one come and enjoy playing in the gym. Let them explore by crawling and climbing through tunnels, playing with balls, and parachutes. Parent participation required.

104102-01	\$5	
W	9/6-9/6	9:00am-9:30am
104102-02	\$5	
W	9/20-9/20	9:00am-9:30am
104102-03	\$5	
W	10/4-10/4	9:00am-9:30am
104102-04	\$5	
W	10/18-10/18	9:00am-9:30am
104102-05	\$5	
W	11/1-11/1	9:00am-9:30am
104102-06	\$5	
W	11/15-11/15	9:00am-9:30am

LITTLE LEARNERS

(Ages 2-3) Designed as a stepping stone into Preschool. Learn socialization with age appropriate activities, creative play, and instructed activity time. Parents are not required to stay. No class 10/9, 10/23, 11/6, 11/22.

104105-01	\$90	
M,W	9/6-9/27	9:30am-11:30am
104105-02	\$90	
M,W	10/2-10/30	9:30am-11:30am
104105-03	\$90	
M,W	11/1-11/29	9:30am-11:30am

NATIONAL READ A BOOK DAY

(Ages 3-5) Come join us in this story time on National Read a Book Day! We will read a wide variety of books. Bring a lunch/snack and drink. This is an add-on to the school day. Staff will walk preschool students to or from their preschool classroom to join in on the fun!

104117-01 \$5

W 9/6-9/6 11:15am-12:00pm

PRESCHOOL GYM JAM

(Ages Infant-6 yrs) Join us for our new open gym! We have new, fun and exciting games, toys, and moon bounces for this open gym activity. Parents are required to stay with children during this time.

104150-01	\$3	
W	9/6-9/6	3:15pm-4:15pm
104150-02	\$3	
W	9/13-9/13	3:15pm-4:15pm
104150-03	\$3	
W	9/20-9/20	3:15pm-4:15pm
104150-04	\$3	
W	9/27-9/27	3:15pm-4:15pm
104150-05	\$3	
W	10/4-10/4	3:15pm-4:15pm
104150-06	\$3	
W	10/11-10/11	3:15pm-4:15pm
104150-07	\$3	
W	10/18-10/18	3:15pm-4:15pm
104150-08	\$3	
W	10/25-10/25	3:15pm-4:15pm
104150-09	\$3	
W	11/1-11/1	3:15pm-4:15pm
104150-10	\$3	
W	11/8-11/8	3:15pm-4:15pm
104150-11	\$3	
W	11/15-11/15	3:15pm-4:15pm
104150-12	\$3	
W	11/29-11/29	3:15pm-4:15pm

DIGGING WITH DINOSAURS

(Ages 3-5) This fun class will be located in our new fun beach themed sand place. Join us for playing, digging, and exploring with dinosaurs (located next to the activity classroom). Please pack a lunch/snack and a drink.

104122-01 \$5

Th 9/7-9/7 11:15am-12:00pm

New! KIDZ ZONE

(Ages 2-3) Do you need extra time? Bring your child to Douglass and let them get into the zone. We will play games, make crafts and also play on the playground. This is a great way for your child to develop social skills and interact with other children.

104103-01 \$60

F 9/8-9/29 9:30am-11:30am

104103-02 \$60

F 10/6-10/27 9:30am-11:30am

PRESCHOOL PARENT HANG OUT

(All ages) Because we started the preschool drop off do you feel like you do not get enough time to talk to other parents? Join us on the first Friday of each month for a preschool parent hangout! This activity is for both parents and children to get a chance to hang out and socialize before or after your child's preschool class. Drinks and snacks will be provided. This activity will be held on our patio located next to our new beach scene!

104135-01 Free F 9/8-9/8 11:00am-12:30pm

104135-02 Free

F 10/6-10/6 11:00am-12:30pm

104135-03 Free

F 11/3-11/3 11:00am-12:30pm

LABOR DAY FUN CRAFT CLASS

(Ages 3-5) This class is filled with patriotism, join us for patriotic crafts. Bring a snack and a drink. *This is an add-on to the school day. Staff will walk preschool students to or from their preschool classroom to join in on the fun!

104121-01 \$5

F 9/8-9/8 11:15am-12:00pm

BABY BALLERINA

(Ages 1½-2½) We'll princess-parade our way into a world of ballet, one tippy toe at a time! This action-packed class comes with a nap guarantee! I wonder who is going to have more fun? Mommy or me?! Leotard or tutu, tights and ballet shoes recommended. No class 12/23, 12/30.

Location: Creative Dance Center, 44710 Cape Court, Suite 126, Ashburn

104179-01 \$315

Sa 9/9-1/13 9:30am-10:15am

PRINCESS I

(Ages 3-4) We are way beyond the baby stuff and almost have that sitting thing down. Mommy's leg doesn't even have to be that close. Now, it's time for the real ballerina-ing to begin! Leotard or tutu, tights and ballet shoes recommended. No class 12/2, 12/30.

Location: Creative Dance Center, 44710 Cape Court, Suite 126, Ashburn

104180-01 \$315

Sa 9/9-1/13 10:30am-11:15am

ALL GROWN UP

(Ages 4-5) We are ready to take our dancing fun to the next level! We will learn ballet, tap and jazz all in one class period. On, and no mommies allowed! Leotard or tutu, tights and ballet shoes recommended. No class 12/23, 12/26, 12/27, 12/30, 1/3, 1/4.

Location: Creative Dance Center, 44710 Cape Court, Suite 126, Ashburn

104181-01 \$315

Sa 9/9-1/13 11:30am-12:30pm

104181-02 \$315

Tu 9/19-1/9 12:30pm-1:30pm

104181-03 \$315

W 9/13-1/10 12:30pm-1:30pm

NATIONAL MAKE A HAT DAY

(Ages 3-5) Why not join this silly craft class to do fun hat crafts. This is an add-on to the school day. Staff will walk preschool students to or from their preschool classroom to join in on the fun!

104119-01 \$5

M 9/11-9/11 11:15am-12:00pm

FUN WITH APPLES

(Ages 18-24 mos) Explore the inside of an apple, find the star, make apple prints and crafts. This project is messy. Parent participation required.

104107-01 \$5

Tu 9/12-9/12 10:00am-10:30am

TAP & TUTU I

(Ages 2½-3½) We'll twirl, be a princess, then top it off with tap! Just living the dream, Mom, just living the dream. Leotard or tutu, tights and ballet shoes recommended. No class 12/26, 1/2.

Location: Creative Dance Center, 44710 Cape Court, Suite 126, Ashburn

104178-01 \$315

Tu 9/12-1/9 1:45pm-2:30pm

WHOO'S READY FOR FALL?

(Ages 4-6) Join us as we celebrate the changing of the season. You will paint your very own owl bank and make an owl themed snack, along with a custom designed owl mask. It is sure to be a Hoot!

104125-01 \$10

W 9/13-9/13 11:00am-12:30pm

PRECIOUS MOMENTS

(Ages 12-24 mos) Bring your little one in to enjoy making music. Your child will meet new friends and get to explore with musical instruments. Parent participation required.

104123-01 \$5

Th 9/14-9/14 10:45am-11:15am

104123-02 \$5

Th 10/12-10/12 10:45am-11:15am

104123-03 \$5

Th 11/9-11/9 10:45am-11:15am

SEA SHELL HUNT

(Ages 3-5) This fun class will be located in our new fun beach themed sand place. Join us for this sea shell egg hunt! Searching, digging, and collecting different types of shells (located next to the activity classroom). Please pack a snack and a drink.

104118-01 \$5

Th 9/14-9/14 11:15am-12:00pm

PRESCHOOL CLUBHOUSE

(Age 3-5) Do you need extra time? Let your child have lunch with their friends, play games and make crafts.

104114-01 \$12

F 9/15-9/15 11:00am-12:30pm

104114-02 \$12

9/22-9/22 11:00am-12:30pm

104114-03 \$12

F 9/29-9/29 11:00am-12:30pm

104114-04 \$12

F 10/6-10/6 11:00am-12:30pm

104114-05 \$12

F 10/13-10/13 11:00am-12:30pm

104114-06 \$12

F 10/20-10/20 11:00am-12:30pm

104114-07 \$12

F 10/27-10/27 11:00am-12:30pm

104114-08 \$12

F 11/3-11/3 11:00am-12:30pm

GREAT PRESCHOOL ESCAPE

(Ages 2-8) Does your child need a break from your Saturday chores? If so bring them to Douglass for a morning full of fun. We will cook, play games and do crafts.

104104-01 \$20

Sa 9/16-9/16 10:00am-1:00pm

104104-02 \$20

Sa 10/28-10/28 10:00am-1:00pm

104104-03 \$20

Sa 11/18-11/18 10:00am-1:00pm

DOWN ON THE FARM

(Ages 2-3) Explore farm life through crafts making a paper plate pumpkin, paper tractor and painting a piggy bank.

104127-01 \$5

M 9/18-9/18 10:00am-10:30am

WHAT IS MY COLOR?

(Ages 2-3) A unique and creative program that introduces your child to colors. Your child will learn colors through books, crafts and games. Parent participation required.

104101-01 \$7

Tu 9/19-9/19 10:00am-10:45am

104101-02 \$7

Tu 10/10-10/10 10:00am-10:45am

104101-03 \$7

Tu 11/14-11/14 10:00am-10:45am

READING RAINBOW

(Ages 2-3) Does your child enjoy books? Come and hear a story, make crafts and play a game relating to the story.

104109-01 \$10

W 9/20-9/20 10:00am-11:00am

104109-02 \$10

W 10/11-10/11 10:00am-11:00am

104109-03 \$10

W 11/15-11/15 10:00am-11:00am

SHAVING CREAM MESSY

(Ages 12-16 mos) Enjoy creating a masterpiece while painting with shaving cream and other fun, squishy textures. Parent participation required.

104106-01 \$5

Th 9/21-9/21 10:30am-11:00am

SAIL THE OCEAN BLUE CRAFT CLASS

(Ages 3-5) Columbus sailed the ocean blue so what a perfect way to celebrate in this ocean themed craft class. This can be an add-on to the school day. Staff will walk preschool students to or from their preschool classroom to join in on the fun!

104126-01 \$5

Th 10/5-10/5 11:15am-12:00pm

FUN FOR FALL BEACH HUNT

(Ages 3-5) Here's to wishing for another summer day! This class will be located in our new fun beach themed sand place. Join us for playing, digging, and exploring in fall (located next to the activity classroom). Please pack a snack and a drink. This can be an add-on to the school day. Staff will walk preschool students to or from their preschool classroom to join in on the fun!

104129-01 \$5

Th 10/12-10/12 10:00am-10:30am

PUMPKIN PAINTING

(Ages 2-4) Let your child decorate their own pumpkin and we will clean up the mess. Wear old clothes; this class is messy. Parent participation required.

104160-01 \$9

Tu 10/17-10/17 10:30am-11:15am

THE PUMPKIN PATCH

(Ages 2-3) Imagine you're at a pumpkin patch -decorate a Jack O' Lantern and Halloween buddies! Parent participation required.

104151-01 \$5

Th 10/19-10/19 10:30am-11:00am

ARGH! THE PIRATE'S LIFE FOR ME

(Ages 3-5) Who said there were no pirates when it is cold outside? This class will be located in our new fun beach themed sand place. Join us for a fun filled class of pirate activities (located next to the activity classroom). Please pack a snack and a drink. *This can be an add-on to the school day. Staff will walk preschool students to or from their preschool classroom to join in on the fun!

104131-01 \$5

Th 10/19-10/19 11:15am-12:00pm

HALLOWEEN FUN

(Ages 3-5) Calling all witches, ghosts and goblins. Join us for some Halloween fun! We will

make a Halloween lunch and treat to celebrate the season. This is a great extension to your preschool day.

104163-01 \$10

Tu 10/24-10/24 11:00am-12:30pm

MY FIRST PUMPKIN POUNDING

(Ages 2-3) Put your child's imagination to work creating a unique design by pounding golf tees in a real pumpkin. Parent participation required.

104108-01 \$10

W 10/25-10/25 10:00am-10:45am

SPOOKY TOT CRAFTS

(Ages 12-24 mos) Create Spooky crafts with your toddler to decorate your home for the season! Parent participation required.

104124-01 \$5

Th 10/26-10/26 10:30am-11:00am

MOSTLY GHOSTLY SEARCH & FIND

(Ages 3-5) This fun class will be located in our new fun beach themed sand place. Join us for this mostly ghostly search-and-find Halloween Hunt! Searching, digging, and collecting different types of Halloween themed treasures (located next to the activity classroom). Please pack a snack and a drink, and jacket. This can be an add-on to the school day. Staff will walk preschool students to or from their preschool classroom to join in on the fun!

104128-01 \$5

Th 10/26-10/26 11:15am-12:00pm

LOOK FOR CIRCLES DAY

(Ages 2-3) Join us on this fun holiday celebrating all the circles in the world by searching to find as many circles as you can on this day. We will make a game and have fun playing with circles!

104136-01 \$5

Th 11/2-11/2 11:15Am-12:00pm

FABULOUS FALL

(Ages 18-24 mos) Fall is a beautiful time of the year! Make a leaf frame and a leaf craft. Parent participation required.

104162-01 \$5

W 11/8-11/8 10:15am-10:45am

WOBBLE GOBBLE

(Ages 18-24 mos) Make cute little turkeys to display for the Holiday. Messy -wear old clothes. Parent participation required.

104172-01 \$5

M 11/13-11/13 10:00am-10:30am

REGISTER ONLINE!

VISIT WWW.LOUDOUN.GOV/WEBTRAC

BUTTON DAY CLASS

(Ages 3-5) Join us for a fun holiday of collecting and playing with all sorts of buttons. *This can be an add-on to the school day. Staff will walk preschool students to or from their preschool classroom to join in on the fun!

104134-01 \$5

Th 11/16-11/16 11:15am-12:00pm

CRAZY SHAPE TURKEY

(Ages 2-3) Let's get creative. Your child will discover shapes while making turkey crafts. Parent participation required.

104173-01 \$5

M 11/20-11/20 10:00am-10:30am

CORN COB CRAFTINESS

(Ages 2-3) Glue popcorn to fall scenes and paint with corn on the cob to make a masterpiece. Parent participation required.

104176-01 \$5

Tu 11/21-11/21 10:30am-11:00am

NATIONAL FRENCH TOAST DAY COOKING CLASS

(Ages 3-5) Just talking about this class will make you hungry! This fun holiday will be celebrated by making some delicious French toast!

104137-01 \$10

Tu 11/28-11/28 11:15am-12:00pm

ELEMENTARY & MIDDLE SCHOOL AGE PROGRAMS

YUMMY YUM CHEFS

(Ages 5-7) Enjoy hands-on experience with cooking utensils and learn how to measure, pour and mix. Follow simple recipes and make fun, edible treats.

104177-01 \$14

Sa 9/2-9/2

12:00pm-2:00pm

104177-02 \$14

Sa 10/1

10/14-10/14 12:00pm-2:00pm

104177-03 \$14

Sa 11/4-11/4 12:00pm-2:00pm

KOOL KIDS

(Ages 4-10) Do you need an early start on your weekend errands? Let your child join us in the Kool Kids club. Your child will enjoy meeting new friends, playing games and doing crafts. We will even make our own dinner.

104200-01	\$20
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F 9/8-9/8 4:00pm-7:00pm **104200-02** \$20 F 9/22-9/22 4:00pm-7:00pm

104200-03 \$20

F 10/13-10/13 4:00pm-7:00pm

104200-04 \$20

10/27-10/27 4:00pm-7:00pm

104200-05 \$20

F 11/3-11/3 4:00pm-7:00pm **104200-06** \$20

F 11/17-11/17 4:00pm-7:00pm

ACRO 1

(Ages 5-8) Cartwheels away! Join us on the mat and learn basic elements of acrobatic arts. Comfortable athletic clothing recommended, bare feet required. Call 703-724-4900 for more information.

Location: Creative Dance Center, 44710 Cape Court, Suite 126, Ashburn

104202-01 \$74 monthly Sa 9/9-9/30 10:00am-11:00am

BALLET 1

(Ages 5-8) Dance instruction introducing ballet technique in various areas including ballet barre, center work, and turn & leaps. Learning the foundations of ballet and building technique. Black leotard, pink tights and ballet shoes recommended. Call 703-724-4900 for more information.

Location: Creative Dance Center, 44710 Cape Court, Suite 126, Ashburn

104213-01	\$74	Monthly
M	9/11-9/25	3:30pm-4:30pm
104213-02	\$74	Monthly
W	9/13-9/27	6:30pm-7:30pm
104213-03	\$74	Monthly
Th	9/14-9/28	4:00pm-5:00pm
104213-04	\$74	Monthly
F	9/15-9/29	5:30pm-6:30pm

JAZZ TECH 1

(Ages 5-8) Learn the basics of jazz dance technique! We'll put on your favorite Pop songs and work on your Jazz technique skills, flexibility, leaps and turns. Areas of study include stretch, center floor technique and across the floor progressions. Leotard, shorts or tights and jazz shoes recommended. Call 703-724-4900 for more information.

Location: Creative Dance Center, 44710 Cape Court, Suite 126, Ashburn

104208-01	\$74	Monthly
M	9/11-9/25	4:30pm-5:30pm
104208-02	\$74	Monthly
W	9/13-9/27	5:30pm-6:30pm

JAZZ TECH 2

(Ages 9-12) Learn the basics of jazz dance technique! We'll put on your favorite Pop songs and work on your Jazz technique skills, flexibility, leaps and turns. Areas of study include stretch, center floor technique and across the floor progressions. Leotard, shorts or tights and jazz shoes recommended. Call 703-724-4900 for more information.

Location: Creative Dance Center, 44710 Cape Court, Suite 126, Ashburn

104209-01 \$74 Monthly

M 9/11-9/25 4:30pm-5:30pm **104209-02** \$74 Monthly Tu 9/12-9/26 4:00pm-5:00pm

TAP 1

(Ages 5-8) Make music with your feet and sync up with the basics of a classic dance technique! You will become introduced with tap technique and learn elements of rhythm, syncopation and synchronization. Comfortable athletic clothing recommended, tap shoes required. Call 703-724-4900 for more information.

Location: Creative Dance Center, 44710 Cape Court, Suite 126, Ashburn

104201-01	\$74	Monthly
M	9/11-9/25	6:00pm-7:00pm

BALLET 2

(Ages 9-12) Dance instruction introducing ballet technique in various areas including ballet barre, center work, and turns & leaps. Learning the foundations of ballet and building technique. Black leotard, pink tights and ballet shoes recommended. Call 703-724-4900 for more information.

Location: Creative Dance Center, 44710 Cape Court, Suite 126, Ashburn

104214-01	\$98	Monthly
M	9/11-9/25	6:30pm-8:00pm
104214-02	\$98	Monthly
Tu	9/12-9/26	5:00pm-6:30pm
104214-03	\$98	Monthly
Th	9/14-9/28	7:30pm-9:00pm

SCHOOL'S OUT REVOLUTION

(Grades 1-8) School's Out! Camp is in! And our camp has it all! Campers will be split into small groups with their very own counselor. All campers will rotate through the various activity stations during the day. Activities include LEGO's, games and puzzles, arts and crafts, video games, active and cooperative play, scooters, movies, and plenty of time to chill with their friends. Please bring a packed lunch, snack and drinks.

104299-01	\$40	Columbus Day
M	10/9-10/9	7:00am-6:00pm
104299-02	\$40	Teacher Workday
M	10/23-10/23	7:00am-6:00pm
	4	
104299-03	\$80	Teacher Workdays
104299-03 M,Tu	\$80 11/6-11/7	Teacher Workdays 7:00am-6:00pm
		•
M,Tu	11/6-11/7	7:00am-6:00pm

COLUMBUS DAY TRIP CAMP TO ZAVAZONE

(Grades 5-8) ZAVAZONE is an Indoor Adventure Park bringing together ninja courses, ropes courses, trampolines, climbing challenges, zip lines, and more under ONE soaring roof! It delivers a heart-pumping, multi-action experience like no other. Every visit to ZAVAZONE grants access to all of these exhilarating challenges, so you're always free to create your very own active



Book a PRCS Birthday Party Package and leave the planning to us!

Depending on location, themes can include:

Superhero · Moonbounce · Nature Adventure · Swimming Princess · Archery & more!

Call PRCS at 703-777-0343



adventure. Our state-of-the-art equipment is overseen by highly-trained ZAVAZONE coaches who ensure your safety while inspiring you to make the leap or try a bold new move. A waiver is required prior to leaving for the trip. Call 703-771-5913 for more information.

104224-01 \$65

10/9-10/9 7:00am-6:00pm M

UPTOWN ALLEY MIDDLE SCHOOL TRIP

(Grades 5-8) With over 45,000 square feet of fun, Uptown Alley guests have a number of options to choose from 24 bowling lanes with state-of-the-art scoring system & equipped with HDTVs and numerous projection screens, an arcade with over 50 video & prize games, and a 2 Story laser tag with arena. You can drop off as early as 7:00am and pick up as late as 6:00pm. Call 703-771-5913 for more information.

104301-01 \$50

10/23-10/23 7:00am-6:00pm

MIDNIGHT MADNESS

(Grades 6-12) Recreational activities including basketball. For middle and high school students throughout the year.

Free event

F 8:30pm-10:00pm ongoing

ADULT PROGRAMS

ADULT CRAFT CLASS

(Ages 18 & up) Do you like to make crafts that are a little more challenging? Join us and learn how to make felt animal ornaments (must be able to stitch sew), wire napkin rings with beads (requires a lot of hand-twisting), small miniature paintings and/or ornaments. If you don't finish your projects, you'll be able to take them home to continue with instructions. Call 703-771-5913 for more information.

104502-01 \$20 Felt Animals Sa 9/30-9/30 1:00pm-3:00pm 104502-02 \$20 Wire & Bead Napkin Rings 10/7-10/7 1:00pm-3:00pm Sa 104502-03 \$20 Miniature Paintings/ Ornaments

Sa 10/21-10/21 1:00pm-3:00pm

REGISTER ONLINE

VISIT WWW.LOUDOUN.GOV/WEBTRAC

DULLES SOUTH MULTIPURPOSE CENTER

24950 Riding Center Drive South Riding, VA 20152

571-258-3456

M. W. F 7:00A-6:30P Tu, Th 7:00A-9:00P SA 8:00A-2:00P

Supply & material fees are payable to the instructor at the first class.

PARENT & CHILD PROGRAMS

MUSIC TOGETHER

(Ages Birth-4yrs) Children develop a love of music through the research-based, developmentally appropriate curriculum for parents, children and primary care givers. \$40 supply fee per family. Supply fee payment made out to Mindful Music, LLC on the first day of class. Instructor: Music Together.

105169-01 \$160

9/11-11/13 105169-02

\$160

M 9/11-11/13 10:00am-10:45am

9:00am-9:45am

9:00am- 9:45am

105169-03 \$160

Sa 9/9-11/11 10:00am-10:45am

TINY TOT TUMBERS

(Ages Walking-3yrs) Join your toddler for this fun movement, free-play, tumbling-time program. Practice skills like tumbling, climbing, balancing, and bouncing, with your child to develop their gross motor skills, using age appropriate gymnastics equipment. No class 11/7, 11/8, 11/22. Instructor: Coach Carol.

105103-01 \$48 10/3-10/24 Tu

105103-02 \$48

W 10/4-10/25 9:00am- 9:45am

105103-03 \$48

10/31-11/28 9:00am- 9:45am

105103-04 \$36

W 11/1-11/29 9:00am- 9:45am

MUSIC & MOTION

(Ages 1-3) Get your toddler moving and shaking to some fun songs!This fun class will keep you hopping and bopping. Guardian participation required. Instructor: Coach Carol. No class 10/9, 10/12, 10/23, 11/16, 11/23.

105113-01 \$18

10/2-10/30 Μ 9:00am- 9:30am 105113-02 \$18

M 10/2-10/30 9:30am-10:00am

105113-03 \$18

Th 10/5-10/26 9:00am- 9:30am

105113-04 \$18

10/5-10/26 9:30am-10:00am Th 105113-05 \$18 11/2-11/30 9:00am- 9:30am Th 105113-06 \$18 Th 11/2-11/30 9:30am-10:00am 105113-07 \$18 11/13-11/27 9:00am- 9:30am 105113-08 \$18

PARACHUTES. BALLS & FUN

(Ages 1½-3) Join your little one in the gym for some fun with parachute games, balls, music and movement. This is a great introductory class for the young toddler. No class 11/24. Instructor: Coach Carol.

11/13-11/27 9:30am-10:00am

105107-01 \$24

Μ

10/6-10/27 9:00am- 9:30am

105107-02 \$24

11/3-12/1 9:00am- 9:30am

LEGO® EARLY STEM

(Ages 3½-5) Children work as young scientists and build models with Duplo blocks. Some models included in the program include: a seesaw, a hockey-playing "robot," a measuring car, and a spinning top. While building the models students learn about building components including axles and gears. They also explore concepts of balanced vs unbalanced, near vs. far, and measurement. As the students fill out their experiment log they will also practice writing and spelling. Instructor: Science Cosmos.

105175-01 \$220

9/28-11/16 Th 2:00pm-3:00pm

PRESCHOOL AGE PROGRAMS

YOUNG REMBRANDTS LEARN TO DRAW

(Ages 3½-5) Preschoolers learn drawing skills, develop kindergarten readiness and create fun, rewarding works of art. Our teachers use familiar images, stepwise instruction and positive direction to encourage preschoolers' independent drawings. Our curriculum is varied and challenging, with new, engaging drawing lessons every week, and every session. Our goal is to guide our young artists' development of motor and cognitive skills in a fun, creative environment. Instructor: Young Rembrandts.

105102-01 \$102

9/22-10/27 2:00pm-3:00pm

105102-02 \$102

11/3-12/15 2:00pm-3:00pm

YOUTH PROGRAMS

SUMAN'S FUN CAMP

(Ages 3½-7) Join Ms. Suman on your day off of school, for some Fall fun! Make your own crafts, play fun games and preschool aged activities.

Students will have fun with math facts and play math games. Pack a peanut free lunch, snack and water bottle. Dress for both indoor and outdoor activities. Email suman.khandelwal@ loudoun.gov. Instructor: Ms. Suman.

105149-01	\$36	
M	10/9-10/9	9:00am- 3:00pm
105149-02	\$36	
M	11/6-11/6	9:00am- 3:00pm
105149-03	\$36	
Tu	11/7-11/7	9:00am- 3:00pm
105149-04	\$36	
W	11/22-11/22 9	:00am- 3:00pm

CREATIVE KIDS

(Ages 5-6) Extend your kindergartner's day with activities and interaction with other children their age. Creative Kids is a learn-through-play environment that could include games, crafts, music, singing and more. Class meets in accordance with LCPS Calendar. Parents register for Aug/ Sept; enrollment will continue monthly. Payment is due the first of the preceding month (e.g., Oct. due Sept. 1). No Class 9/4, 10/9, 10/23, 11/6, 11/7, 11/22, 11/23, 11/24.

11/1, 11/22,	11/20, 11/27.	
105251-01	\$28	
M	8/28-9/25	2:00pm-3:00pm
105251-02	\$35	
Tu	8/29-9/26	2:00pm-3:00pm
105251-03	\$35	
W	8/30-9/27	2:00pm-3:00pm
105251-04	\$42	
Th	8/24-9/28	2:00pm-3:00pm
105251-05	\$42	
F	8/25-9/29	2:00pm-3:00pm
105251-06	\$21	
M	10/2-10/30	2:00pm-3:00pm
105251-07	\$35	
Tu	10/3-10/31	2:00pm-3:00pm
105251-08	\$28	
W	10/4-10/25	2:00pm-3:00pm
105251-09	\$28	
Th	10/5-10/26	2:00pm-3:00pm
105251-10	\$28	
F	10/6-10/27	2:00pm-3:00pm
105251-11	\$21	
M	11/13-11/27	2:00pm-3:00pm
105251-12	\$21	0.00
Tu	11/14-11/28	2:00pm-3:00pm
105251-13	\$28	0.00
W	11/1-11/29	2:00pm-3:00pm
105251-14	\$28	0.00 0.00
Th	11/2-11/30	2:00pm-3:00pm
105251-15	\$21	0.00
F	11/3-11/17	2:00pm-3:00pm

F.A.S.T.

(Grades K-5) F.A.S.T. = Fun. Activities. Snack. Time for Homework. Pack a snack for your student. Groups are broken into age ranges (Grades K-2 and 3-5). Instructors encourage

homework time, participation in arts and craft, possible science experiments, creative writing and music appreciation. We are limited to picking up 10 students from Hutchison Farm ES. Bus ticket purchase is required. Use activity# 105250. Liberty ES students ride the school bus to our facility. Email sarah.yates@loudoun.gov with your student's school and schedule or more information. No Class 9/4, 10/10, 10/23, 11/6, 11/7, 11/22, 11/23, 11/24.

105252-01	\$28	Grades K-2
М	8/28-9/25	3:00pm-4:00pm
105252-02	\$28	Grades 3-5
M	8/28-9/25	3:00pm-4:00pm
105252-03	\$35	Grades K-2
Tu	8/29-9/26	3:00pm-4:00pm
105252-04	\$35	Grades 3-5
Tu	8/29-9/26	3:00pm-4:00pm
105252-05	\$35	Grades K-2
W	8/30-9/27	3:00pm-4:00pm
105252-06	\$35	Grades 3-5
W	8/30-9/27	3:00pm-4:00pm
105252-07	\$42	Grades K-2
Th	8/24-9/28	3:00pm-4:00pm
105252-08	\$42	Grades 3-5
Th	8/24-9/28	3:00pm-4:00pm
105252-09	\$42	Grades K-2
F	8/25-9/29	3:00pm-4:00pm
105252-10	\$42	Grades 3-5
F	8/25-9/29	3:00pm-4:00pm
105252-11	\$21	Grades K-2
M	10/2-10/30	3:00pm-4:00pm
105252-12	\$21	Grades 3-5
M	10/2-10/30	3:00pm-4:00pm
105252-13	\$35	Grades K-2
Tu	10/3-10/31	3:00pm-4:00pm
105252-14	\$35	Grades 3-5
Tu	10/3-10/3	3:00pm-4:00pm
105252-15 W	\$28	Grades K-2
105252-16	10/4-10/25 \$28	3:00pm-4:00pm Grades 3-5
W	φ20 10/4-10/25	3:00pm-4:00pm
105252-17	\$28	Grades K-2
Th	10/5-10/26	3:00pm-4:00pm
105252-18	\$28	Grades 3-5
Th	10/5-10/26	3:00pm-4:00pm
105252-19	\$28	Grades K-2
F	10/6-10/27	3:00pm-4:00pm
105252-20	\$28	Grades 3-5
F	10/6-10/27	3:00pm-4:00pm
105252-21	\$21	Grades K-2
M	11/13-11/27	3:00pm-4:00pm
105252-22	\$21	Grades 3-5
M	11/13-11/27	3:00pm-4:00pm
105252-23	\$21	Grades K-2
Tu	11/14-11/28	3:00pm-4:00pm
105252-24	\$21	Grades 3-5
Tu	11/14-11/28	3:00pm-4:00pm
105252-25	\$28	Grades K-2
W	11/1-11/29	3:00pm-4:00pm

105252-26	\$28	Grades 3-5
W	11/1-11/29	3:00pm-4:00pm
105252-27	\$28	Grades K-2
Th	11/2-11/30	3:00pm-4:00pm
105252-28	\$28	Grades 3-5
Th	11/2-11/30	3:00pm-4:00pm
105252-29	\$21	Grades K-2
F	11/3-11/24	3:00pm-4:00pm
105252-30	\$21	Grades 3-5
F	11/3-11/17	3:00pm-4:00pm

WIGGLE & GIGGLE

(Grades K-5) Get out your wiggles and have some giggles. Groups broken into two age ranges (Grades K-2 and 3-5). Students participate in

		, as well as indoor
	play. Please ema	
	with your studer	
		ation. No class 9/4,
		1/22, 11/23, 11/24.
105253-01	\$28	Grades K-2
M	8/28-9/25	4:00pm-5:00pm
105253-02	\$28	Grades 3-5
M	8/28-9/25	4:00pm-5:00pm
105253-03	\$35	Grades K-2
Tu	8/29-9/26	4:00pm-5:00pm
105253-04	\$35	Grades 3-5
Tu	8/29-9/26	4:00pm-5:00pm
105253-05	\$35	Grades K-2
W	8/30-9/27	4:00pm-5:00pm
105253-06	\$35	Grades 3-5
W	8/30-9/27	4:00pm-5:00pm
105253-07	\$42	Grades K-2
Th	8/24-9/28	4:00pm-5:00pm
105253-08	\$42	Grades 3-5
Th	8/24-9/28	4:00pm-5:00pm
105253-09	\$42	Grades K-2
F	8/25-9/29	4:00pm-5:00pm
105253-10	\$42	Grades 3-5
F	8/25-9/29	4:00pm-5:00pm
105253-11	\$21	Grades K-2
M	10/2-10/30	4:00pm-5:00pm
105253-12	\$21	Grades 3-5
M	10/2-10/30	4:00pm-5:00pm
105253-13	\$35	Grades K-2
Tu	10/3-10/31	4:00pm-5:00pm
105253-14	\$35	Grades 3-5
Tu	10/3-10/31	4:00pm-5:00pm
105253-15	\$28	Grades K-2
W	10/4-10/25	4:00pm-5:00pm
105253-16	\$28	Grades 3-5
W	10/4-10/25	4:00pm-5:00pm
105253-17	\$28	Grades K-2
Th	10/5-10/26	4:00pm-5:00pm
105253-18	\$28	Grades 3-5
Th	10/5-10/26	4:00pm-5:00pm
105253-19	\$28	Grades K-2
F	10/6-10/27	4:00pm-5:00pm
105253-20	\$28	Grades 3-5
F	10/6-10/27	4:00pm-5:00pm

105253-21	\$21	Grades K-2
M	11/13-11/27	4:00pm-5:00pm
105253-22	\$21	3rd-5th
M	11/13-11/27	4:00pm-5:00pm
105253-23	\$21	Grades K-2
Tu	11/14-11/28	4:00pm-5:00pm
105253-24	\$21	Grades 3-5
Tu	11/14-11/28	4:00pm-5:00pm
105253-25	\$28	Grades K-2
W	11/1-11/29	4:00pm-5:00pm
105253-26	\$28	Grades 3-5
W	11/1-11/29	4:00pm-5:00pm
105253-27	\$28	Grades K-2
Th	11/2-11/30	4:00pm-5:00pm
105253-28	\$28	Grades 3-5
Th	11/2-11/30	4:00pm-5:00pm
105253-29	\$21	Grades K-2
F	11/3-11/17	4:00pm-5:00pm
105253-30	\$21	Grades 3-5
F	11/3-11/17	4:00pm-5:00pm

HOBBY HOUR

(Ages 5-11) Looking to extend your afternoon care? Join Hobby Hour, after you get all your Wiggles & Giggles out. Hobby Hour will allow participants to explore new activities as well as work on some of their favorites. Activities may include arts & crafts, sports, music appreciation, science exploration, games, nature, photography and creative writing. Class meets in accordance with LCPS Calendar. No class 9/4, 10/9, 10/23, 11/6, 11/7, 11/22, 11/23, 11/24.

1 1/0, 1 1/1,	1 1/22, 1 1/20, 1 1	/ L 1.
105254-01	\$28	
M	8/28-9/25	5:00pm-6:00pm
105254-02	\$35	
Tu	8/29-9/26	5:00pm-6:00pm
105254-03	\$35	
W	8/30-9/27	5:00pm-6:00pm
105254-04	\$42	
Th	8/24-9/28	5:00pm-6:00pm
105254-05	\$42	
F	8/25-9/29	5:00pm-6:00pm
105254-06	\$21	
M	10/2-10/30	5:00pm-6:00pm
105254-07	\$35	
Tu	10/3-10/31	5:00pm-6:00pm
105254-08	\$28	
W	10/4-10/25	5:00pm-6:00pm
105254-09	\$28	
Th	10/5-10/26	5:00pm-6:00pm
105254-10	\$28	
F	10/6-10/27	5:00pm-6:00pm
105254-11	\$21	
M	11/13-11/27	5:00pm-6:00pm
105254-12	\$21	
Tu	11/14-11/28	5:00pm-6:00pm
105254-13	\$28	
W	11/1-11/29	5:00pm-6:00pm
105254-14	\$28	
Th	11/2-11/30	5:00pm-6:00pm

105254-15 \$21

F 11/3-11/17 5:00pm-6:00pm

YOUNG REMBRANDTS DRAWING

(Ages 6-12) Students learn and develop drawing skills and art appreciation through our progressive, open-ended approach to drawing. We use stepwise instruction to inspire students' independent drawings, including seasonal, realistic and abstract images. Our curriculum is varied and challenging, with new, engaging drawing lessons every week, and every session. Our goal is to provide children with the skills and confidence to create fun and rewarding artwork in and out of our class. Instructor: Young Rembrandts.

105277-01 \$153

F 9/22-10/27 4:30pm-6:00pm

SILVER KNIGHTS CHESS

(Ages 5-12) Learn chess from a Silver Knights Chess coach! We teach more than 3,500 children each week. Club time is split between lesson and play. Lessons range from learning the rules to advanced tournament strategies, depending on the children. Play time is structured to pair each student against an opponent of similar skill. All grades and skill levels are welcome. Silver Knights will supply all the equipment during chess club. Students will have the opportunity to play in tournaments. No class 10/31, 11/7. Instructor: Silver Knights Enrichment.

105210-01 \$129

Tu 10/3-12/5 5:00pm-6:00pm

SILVER KNIGHTS CODING

(Ages 7-12) In coding classes, children learn to create stories, games, and animations using a visual programming language called Scratch. It's as easy to use as snapping together building blocks. With Scratch, children learn to think creatively, work collaboratively, and reason systematically. Scratch is designed and maintained by the Lifelong Kindergarten group at the MIT Media Lab. No class 11/23. Instructor: Silver Knights Enrichment.

105211-01 \$176

Th 10/5-11/30 5:00pm-6:00pm

MONSTER FISHING

(Ages 6-14) Ready to catch a monster fish? Join us as we spend the day fishing on local lakes in search of those monsters. Please pack a peanut free lunch/snack, water bottle and sneakers/hiking shoes.

105310-01 \$35

M 10/9-10/9 7:30am-6:00pm

FALL ADVENTURE DAY TRIP

(Ages 6-12) Come join us for a fall adventure in Shenandoah National Park! We will explore and do some hiking on one of the many trails that the park has to offer. Come see the mountains popping with the colors of spring! Trip time is

8:30 a.m.-4:00 p.m. Please pack a peanut-free lunch/snack, water bottle and sneakers/hiking shoes.

105296-01 \$35

M 10/23-10/23 7:30am-6:00pm

YOUNG REMBRANDTS CARTOONING

(Ages 6-12) Students learn and develop their ability to draw cartoon imagery, including action, irony and emotional expression of characters. We use stepwise instruction to encourage students to create their own independent versions of our cartoon lessons, with animated characters in humorous settings. Our curriculum is varied and challenging, with new, engaging cartooning lessons every week, and every session. Our goal is to provide students with a fun introduction to cartooning techniques such as exaggeration, caricature and personification, to make playful art of their own. Instructor: Young Rembrandts.

105276-01 \$153

F 11/3-12/15 4:30pm-6:00pm

AMUSEMENT PARK DAY

(Ages 6-12) Ready for day full of bouncing and amusement fun? Join us as we turn our building into an amusement park with our inflatables, games and much more! Come enjoy the day off of school with us! Daily activities will run 9 a.m.-4 p.m. Pack a lunch, two snacks and an extra water bottle. Dress appropriately for both indoor and outdoor activities!

105299-01 \$35

M 11/6-11/6 7:30am-6:00pm

105299-02 \$35

Tu 11/7-11/7 7:30am-6:00pm

ADULT PROGRAMS

ADULT FITNESS PROGRAMS

Purchase a 6-visit Fit Pass for \$30 and use it for Barre Fitness, Pilates, Kelly's Dance Fit, Circuit Cardio, and Functional Strength Training. Must register in person at DSMC for Fit Pass. Fit Pass expires six months from activation. Drop-in is available for \$6 per class.

PERSONAL TRAINING

(Ages 18 & up) One-on-one and partner personal training will help you improve your overall health and fitness. Our trainers can help you achieve and maintain a healthy weight, focus on your unique health concerns, develop a consistent and efficient workout program, and teach you the skills necessary to make exercise a lifelong habit. Call 571-258-3456 or email darby. charles@loudoun.gov for more information.

BARRE FITNESS

(Ages 18 & up) A total body workout that is designed to strengthen, stretch, and tone those muscles using the barre. This class will also use some light handheld weights to help to give you

a more toned physique. Please bring a yoga mat, towel, and water bottle.

\$30/Fit Pass. \$6/Drop-in Th 9:15A-10:15A Th 5:00P-5:55P

PILATES

(Ages 18 & up) With its focus on core muscles, Pilates improves your body's strength, posture and balance. It's a total-body conditioning workout that produces long, lean muscles while improving deep core strength, muscle control, flexibility, coordination and body tone. The deep, mindful breathing and smooth, lengthening movements of Pilates can also help you reduce stress. It is good for males or females, young and old.

\$30/Fit Pass. \$6/Drop-in Th 6:00P-6:55P

KELLY'S DANCE FIT!

(Ages 18 & up) A hi-lo impact dance class with Latin style. Learn Salsa, Samba, Merengue and more while getting a great workout. Please don't forget your water bottle and hand towel. Instructor: Kelly H. \$30/Fit Pass. \$6/Drop-in

Tu 7:00P-8:00P Th 7:00P-8:00P

FUNCTIONAL STRENGTH TRAINING

(Ages 18 & up) Eliminate those daily aches/ pains, increase your energy and achieve your optimal fitness level while having fun and remaining safe during training. Experience the difference in functional strength training. Instructor: Thavy Mills.

\$30/Fit Pass. \$6/Drop-in W 7:00P-8:00P Sa 8:30A-9:30A

YOGA THERAPY

(Ages 18 & up) This class incorporates different aspects of Yoga to include Pranayama (Breathing techniques), Mudras, gentle joint stretches and Yoga poses, meditation, and laughter. This class will help to improve your overall health while allowing you to relax and relieve stress and anxiety. Please bring a yoga mat.

\$30/Fit Pass. \$6/Drop-in W 7:00A-8:00A

HATHA YOGA

(Ages 18 & up) Traditional yoga practice designed to bring the body into alignment though a series of poses (asanas) while drawing attention to the breath. Great way to build strength, flexibility and energy flow in the body while cultivating calmness in the mind. Beginners welcome (no yoga experience necessary). Please bring a yoga mat.

\$30/Fit Pass. \$6/Drop-in Tu 5:45P-6:45P

GETTING STARTED WITH FST

(Ages 18 & up) This class is highly recommended for those considering the functional strength training (FST) class and are unfamiliar with basic exercises such as the squat, lunge, overhead press, deadlift and row. It will also cover diaphragmatic breathing, trigger-point release, bracing, shoulder-packing and posture alignment - all of which are necessary to ensure safety and optimize training in class. Instructor: Thavy.

105512-01 \$24

Sa 10/21-11/25 9:30am-10:30am

KETTLEBELL WORKSHOP

(Ages 18 & up) Learn the fundamentals of kettlebell training in an educational and hands-on workshop. Train with certified kettlebell instructor Thavy Mills to learn and perfect five basic, single-bell movement skills: Goblet Squat, Deadlift, Overhead Press, Get-Up and the Swing. The experience gained from this workshop will allow you to confidently incorporate kettlebells into your fitness routine. Kettlebells can challenge your body and build strength, stamina and improve mobility like nothing else. *Prerequisite: Participants must pass a Functional Movement Screen prior to the first class. Email Darby. charles@loudoun.gov to schedule.

105514-01 \$60

Sa 9/9-10/14 9:30am-10:30am

MULTIAGE PROGRAMS

BEGINNER ACRYLIC PAINTING

(Ages 16 & up) Would you like to learn how to make a painting as unique as you are? This class will take you step by step from blank canvas to a finished painting you can hang in your home. You can choose to paint from a still life set up in the classroom, or bring your own photo to work from. Classes will begin with a short demonstration, then the instructor will work individually with each student to help them create their own original art. No prior painting experience necessary. Instructor: Kim R.

105560-01 \$56 (+\$10 supplies)

Tu 9/5-9/26 6:30pm-8:30pm

105560-02 \$56 (+\$10 supplies)

Tu 10/3-10/24 6:30pm-8:30pm

105560-03 \$56 (+\$10 supplies)

Tu 11/7-11/28 6:30pm-8:30pm

DSMC NEWSLETTER LIST

(All Ages) Want to keep up to date on all the fun programs going on at DSMC? Want to hear any news about Phase 2 & 3 of the building? Sign up for our monthly newsletter and be the first to know!

605999-99 Free Event

UNFORGETTABLE BIRTHDAY PARTIES

(Ages 3 & up) Want to have an unforgettable birthday party? Plan it with us! All of our big toys

and inflatables are available for on-site rentals. We have moon bounces, jousting area, obstacle courses, slide, sumo suits, pony hops and more! Call 571-258-3456 for prices and availability!

HAVING AN EVENT?

All of our facilities are available for rent. Call 571-258-3456 for prices and availability!

SENIOR PROGRAMS

DULLES SOUTH SENIOR CENTER

(Ages 55 & up) For information, refer to the Dulles South Senior Activity Center section in this guide or call 571-258-3883.

LOUDOUN VALLEY COMMUNITY CENTER

320 West School Street Purcellville, VA 20132

540-338-4122

M, Tu, W, Th, 7:00am-9:30pm F 7:00am-6:00pm Sa 8:00am-4:00pm

PRESCHOOL ENRICHMENT

MATH MAGIC

(Ages 4-5) Get ready to have lots of fun and enrichment with numbers and math! We will learn basic math skills including number sense, counting, addition and subtraction using real life examples! This class strives to prepare children to think independently, critically and creatively. Bring a lunch to this AFTERS class. No class 10/9, 10/23.

101101-01	\$35	September
M	9/18-9/25	11:45am-2:30pm
101101-02	\$53	October
M	10/2-10/30	11:45am-2:30pm
101101-03	\$53	November
M	11/13-11/27	11:45am-2:30pm

KALEIDESCOPE CREATIVE LITERACY DEVELOPMENT

(Ages 4-5) Expand your child's day in the enchanting world of Kaleidoscope! You will explore the world of books, engage in various activities that provide literacy enrichment. Kaleidoscope embraces the treasures of literature that will guide and support your child's creative literacy development. Register for Tuesdays or Wednesdays or both! Bring a lunch to this AFTERS program. No class 11/22. Instructor: Elizabeth Licciardone.

101105-01	\$70	Sept
Tu	9/5-9/26	11:45am-2:30pm
101105-02	\$70	Sept
W	9/6-9/27	11:45am-2:30pm

101105-03	\$86	Oct
Tu	10/3-10/31	11:45am-2:30pm
101105-04	\$70	Oct
W	10/4-10/25	11:45am-2:30pm
101105-05	\$53	Nov
Tu	11/14-11/28	11:45am-2:30pm
101105-06	\$70	Nov
W	11/1-11/29	11:45am-2:30pm

JR. SCIENCE INVESTIGATORS

(Ages 4-5) Join us Jr. Science Investigators while we explore, investigate, experiment, and discover the world of science around you! Let's ask questions and investigate to find the answers. We will journal and study many different subjects that will enrich your child's developing worlds! No class 11/22.

101111-01	\$35	September
W	9/20-9/27	11:45am-2:30pm
101111-02	\$70	October
W	10/4-10/25	11:45am-2:30pm
101111-03	\$70	November
W	11/1-11/29	11:45am-2:30pm

ART OF THE AUTHORS

(Ages 3½-5) This wonderful enriching art class engages children with some of their favorite childhood authors while exploring various art techniques each week. Join lessons on Eric Carle, Beverly Clearly, Jan Berenstain and Dr. Seuss! We will learn through art, games, music and all round enrichment!

101113-01	\$35	September
F	9/22-9/29	11:45am-2:30pm
101113-02	\$70	October
F	10/6-10/27	11:45am-2:30pm
101113-03	\$53	November
F	11/1-11/15	11:45am-2:30pm

PRESCHOOL AGE PROGRAMS

TWOOSIES

(Age 2) Calling all two-year-olds for your first preschool experience! Learn social skills, music, crafts, rules for sharing and how to make friends. Child must be two by September 1. Section 01-03 instructor: Stephanie Royhan. Section 04-06 instructor: Dena Garcia.

101148-01	\$108	
Tu,Th	9/5-9/28	8:30am-10:00am
101148-02	\$108	
Tu,Th	10/3-10/31	8:30am-10:00am
101148-03	\$108	
Tu,Th	11/2-11/30	8:30am-10:00am
101148-04	\$108	
Tu,Th	9/5-9/28	10:30am-12:00pm
101148-05	\$108	
Tu,Th	10/3-10/31	10:30am-12:00pm
101148-06	\$108	
Tu,Th	11/2-11/30	10:30am-12:00pm

TRASH 2 TREASURE

Ages 3½-5) Stop, don't throw it away! It could be a TREASURE and coming home with you! Join Ms. Charity and recycle the everyday trash that will become beautiful arts and crafts or useful items for your household and little ones! In general we are going to make some REALLY neat and fun stuff. Bring a lunch to this AFTERS program. Instructor: Charity Danjczek.

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101108-01	\$19	
M	9/11-9/11	11:45am-2:30pm
101108-02	\$19	
M	9/18-9/18	11:45am-2:30pm
101108-03	\$19	
M	9/25-9/25	11:45am-2:30pm
101108-04	\$19	
M	10/2-10/2	11:45am-2:30pm
101108-05	\$19	
M	10/16-10/16	11:45am-2:30pm
101108-06	\$19	
M	10/30-10/30	11:45am-2:30pm
101108-07	\$19	
M	11/13-11/13	11:45am-2:30pm
101108-08	\$19	
M	11/20-11/20	11:45am-2:30pm
101108-09	\$19	
M	11/27-11/27	11:45am-2:30pm

CONTAGIOUS CREATIONS

(Ages 3½-5) Get ready to spread the creativity! This creative class is contagious! Join this fun class as young students learn how to use all the cool mediums and magical ways of creating the most incredible art you have ever seen! Mediums used in this class will include acrylics, chalk, pastels, charcoal, pen & ink, textiles, plaster, watercolor, canvas, tempera, and colored pencils to name a few! With careful direction, your child will experience the enriching and imaginative path hrough which art flows.

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101109-01	\$19	
Tu	9/19-9/19	11:45am-2:30pm
101109-02	\$19	
Tu	9/26-9/26	11:45am-2:30pm
101109-03	\$19	
Tu	10/3-10/3	11:45am-2:30pm
101109-04	\$19	
Tu	10/10-10/10	11:45am-2:30pm
101109-05	\$19	
Tu	10/17-10/17	11:45am-2:30pm
101109-06	\$19	
Tu	10/24-10/24	11:45am-2:30pm
101109-07	\$19	
Tu	10/31-10/31	11:45am-2:30pm
101109-08	\$19	
Tu	11/7-11/7	11:45am-2:30pm
101109-09	\$19	
Tu	11/14-11/14	11:45am-2:30pm
101109-10	\$19	
Tu	11/21-11/21	11:45am-2:30pm
101109-11	\$19	

CULINARY KIDS/WEDNESDAYS

Tu

(Ages 3½-6) Calling all little chefs! Join Ms. Stephanie and cook your way through the ABC's! We will prepare and learn about foods of the alphabet, how to read a recipe and use kitchen tools plus talk about healthy food choices. Kids will experience the joy of preparing food hands on. Once all preparation is done we will sit and enjoy our culinary delight! Bring a lunch to this AFTERS class. No class 11/22. Instructor: Stephanie Royhab.

11/28-11/28 11:45am-2:30pm

101102-01	\$70	September
W	9/6-9/27	11:45am-2:30pm
101102-02	\$70	October
W	10/4-10/25	11:45am-2:30pm
101102-03	\$70	November
W	11/1-11/29	11:45am-2:30pm

WONDERFUL WORLD OF DISNEY

(Ages 3-5) Step into our MAGIC WORLD each week with a Walt Disney themed story and activities! Ms. Elizabeth our resident Disney expert will introduce a slice from some of your favorite Disney stories and characters. You cannot imagine all you will learn through this delightful avenue! Art, Drama, Themed Foods, Music, Songs and Games are all part of this AD-VENTURE! Put on your Mickey ears, grab Minnie and jump into "The Wonderful World of Disney!" Monthly and weekly registration is available. Instructor: Elizabeth Licciardone.

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101106-01	\$35	September
Th	9/21-9/28	11:45am-2:30pm
101106-02	\$70	October
Th	10/5-10/26	11:45am-2:30pm
101106-03	\$53	November
Th	11/2-11/16	11:45am-2:30pm
101106-04	\$19	Toy Story I
Th	9/21-9/21	11:45am-2:30pm
101106-05	\$19	Little Mermaid
Th	9/28-9/28	11:45am-2:30pm
101106-06	\$19	Lion King
Th	10/5-10/5	11:45am-2:30pm
101106-07	\$19	Aladdin
Th	10/12-10/12	11:45am-2:30pm
101106-08	\$19	Cars
Th	10/19-10/19	11:45am-2:30pm
101106-09	\$19	Monster Inc.
Th	10/26-10/26	11:45am-2:30pm
101106-10	\$19	101 Dalmatians
Th	11/2-11/2	11:45am-2:30pm
101106-11	\$19	Frozen
Th	11/9-11/9	11:45am-2:30pm
101106-12	\$19	Pocahontas
Th	11/16-11/16	11:45am-2:30pm

CULINARY KIDS/THURSDAYS

(Ages 3½-6) Do you enjoy cooking? Join Ms. Stephanie and cook your way through the ABC's in Culinary Kids! We will prepare and learn about

LICENSED PRESCHOOL, AFTER KINDERGARTEN & PM KIDS CLUB

Our state-licensed, nine-month preschool program follows the Loudoun County public school calendar. Classes are offered for $2\frac{1}{2}$ -5 year olds, but ages vary by location. The Virginia Department of Social Services requires proof of current immunizations, proof of age and a childcare application form. Contact your preferred center for current availability.



PRESCHOOL LOCATIONS

Bluemont Community Center	540-554-8643
Claude Moore Community Center	571-258-3500
Douglass Community Center	703-771-5913
Dulles South Multipurpose Center	571-258-3456
Loudoun Valley Community Center	540-338-4122
Lovettsville Community Center	540-822-5284
Lucketts Community Center	703-771-5281
Philomont Community Center	540-338-5882

AFTER K LOCATIONS

Dulles South Multipurpose Center 571-258-3456

PM KIDS CLUB LOCATIONS

Bluemont Community Center 540-554-8643 Lucketts Community Center 703-771-5281



For more information, refer to Children's Programs in this guide or visit www.loudoun.gov/prcs.

foods of the alphabet, how to read a recipe and use kitchen tools plus talk about healthy food choices. Kids will experience the joy of preparing food hands on! Once all the preparation and cleanup is done we will sit down and enjoy our culinary delight! Bring a lunch to this AFTERS program. No class 11/23. Instructor: Stephanie Royhab.

101110-01	\$35	September
Th	9/21-9/28	11:45am-2:30pm
101110-02	\$70	October
Th	10/5-10/26	11:45am-2:30pm
101110-03	\$70	November
Th	11/2-11/30	11:45am-2:30pm

NATURE NUTS

(Ages 3½-5) Children will have fun learning about birds, insects and leaves this fall through stories, crafts, and outdoor adventures! We'll spend part of each class outside and have picnics most weeks, so send a lunch and make sure the students are dressed for the weather for this AFTERS program! Instructor: Charity Danjczek.

101107-01 F	\$19 9/15-9/15	11:45am-2:30pm
101107-02	\$19	TTT TOUTH Z.OOPIN
F	9/22-9/22	11:45am-2:30pm
101107-03	\$19	
F	9/29-9/29	11:45am-2:30pm
101107-04	\$19	
F	10/6-10/6	11:45am-2:30pm
101107-05	\$19	
F	10/13-10/13	11:45am-2:30pm
101107-06	\$19	
F	10/20-10/20	11:45am-2:30pm
101107-07	\$19	
F	10/27-10/27	11:45am-2:30pm
101107-08	\$19	
F	11/3-11/3	11:45am-2:30pm
101107-09	\$19	
F	11/10-11/10	11:45am-2:30pm
101107-10	\$19	
F	11/17-11/17	11:45am-2:30pm

BEGINNER TUMBLENASTICS

(Age 3-5) This program will provide a safe and fun experience while developing flexibility, coordination, balance, and strength. Learn proper techniques for beginner tumbling elements such as rolls, cartwheels, and handstands. Instructor: Cassie Ludtke.

101145-01 \$66

M 9/11-10/30 11:45am-12:30pm

PRESCHOOL SWIM LESSONS

(Ages 4-6) Preschoolers will be picked up from class at 11:30am, change into their swimsuits, eat lunch, be transported to the pool, have a 30-minute swim lesson and be ready for pick up at The Round Hill Indoor Aquatics Center no later than 1:15 p.m. Staff will escort and supervise

the children and then bring back any students that are enrolled in the LVCC Childcare or the Five Year Fundamentals Programs. Bring a towel, a lunch and a sturdy bag to store their clothes.

101180-01	\$144	6 classes
M,W	9/11-9/27	11:30am-1:15pm
101180-02	\$192	8 classes
M,W	10/2-10/25	11:30am-1:15pm
101180-03	\$120	5 classes
M,W	11/6-11/20	11:30am-1:15pm

SCHOOL STREET MOVEMENT PROGRAMS

School Street Movement, LVCC's dance program, is offered under the watchful eye of professional Heather Orr with SoHo Performing Arts Dance Academy. The program covers all genres of dance including ballet, lyrical, contemporary, creative movement and tap. Over 13 classes are available and, as enrollment evolves, more classes may be added. LVCC strives to meet the highest quality in professional instruction, coupled with the care, love and nurturing our children enjoy and parents rely on at School Street. Contact sandy.nave@loudoun.gov with questions, and let Sandy help you come aboard School Street again for your child's dancing interest and pleasure.

CREATIVE MOVEMENT/TUMBLING

(Ages 3½-5) Children will have fun exploring the joy of ballet, creative movement and basic tumbling in a warm and nurturing atmosphere, expressing movement and imagination through storytelling, imagery, improvisation, use of props and music. Students in this class will perform at the end-of-year dance recital in May 2018!

101140-01 \$156

W 9/13-11/29 9:30am-10:15am

CREATIVE MOVEMENT "YOUNG DANCERS"

(Ages 3½-6) Students will have fun learning and exploring the joy of creative movement, ballet, lyrical, tap and jazz through storytelling, imagery, improvisation, use of props, music, and creative movement. Preschoolers and kindergartners will develop and learn the basic skills of creative movement, lyrical, ballet, tap and jazz including developing gross and fine motor skills, building social skills, cognitive ability and love for the performing arts. This class helps prepare dancers for Junior Company!

101141-01 \$143

Th 9/14-11/30 4:30pm-5:30pm

CREATIVE MOVEMENT/TUMBLING

(Ages 3½-5) Children will have fun exploring the joy of ballet, creative movement and basic tumbling in a warm and nurturing atmosphere, expressing movement and imagination through storytelling, imagery, improvisation, use of props and music. Students in this class will perform at

the end-of-year dance recital in May 2018!

101142-01 \$130

F 9/15-11/17 9:30am-10:15am

PRESCHOOL DANCE ARTS EDUCATION

(Ages 3½-5) This class focuses on dance arts education for preschool and early kindergarten learners. Learn dance educational concepts as well as the elements of dance through, movement and story exploration, improvisation and self-expression. This class gives students the ability to develop self-expression, increase movement capabilities, and build self-esteem and a love for the arts.

101143-01 \$130

9/15-11/17 10:00am-10:45am

HIP HOP/LYRICAL/JAZZ COMBO

(Ages 4½-11) This is a fun children's class where students can learn the different styles of dance each week including Hip Hop, Lyrical, and Contemporary. Students will have fun exploring different dance styles and fun choreography while building strength, flexibility, proper alignment, and musicality. No class 11/23.

101212-01 \$143

Th 9/14-11/30 6:30pm-7:30pm

JR LYRICAL/JAZZ/BALLET COMPANY "STARZ"

(Ages 5-10) Starz Dance Company class focuses on proper alignment, posture and stretch, and building strength and flexibility in leaps, jumps, floor work, deep bends and balances. Dancers will learn challenging choreography and improvisation. Starz Dance Company performs throughout the DC area at various festivals, parades and events including recitals both in December and May of 2018!

101207-01 \$156

W 9/13-11/29 4:30pm-5:45pm

JR HIP HOP CREW "KIDZ STEPUP"

(Ages 5½-10) KIDZ STEP UP Hip Hop Crew is a high-energy group of talented dancers that performs throughout the DC area throughout the year at local festivals, parades and venues including the DC Wizards Game, Reston Town Center Holiday Parade, December and May performance recitals and more!

101208-01 \$156

W 9/13-11/29 5:45pm-7:00pm

HOMESCHOOL PERFORMING ARTS DANCE EDUCATION & MUSICAL THEATRE

(Grades K-6) This class focuses on dance arts education and musical theater. This class is perfect for students who want a weekly performing arts class. It gives students the ability to develop self-expression, increase movement capabilities, and build self-esteem and a love for the arts. This class will also get to perform at the end-of-year recital in May 2018. Develops skills & technique in the following: Dance, Improvisation, Choreography Study and Performance.

101209-01 \$130

F 9/15-11/17 11:30am-12:30pm

MUSICAL THEATRE TROUPE "BROADWAY KIDZ"

(Ages 7-17) Students will have fun dancing, singing, and acting in this Musical Theater Troupe class. Come prepared to explore various Broadway musicals. Students will also get to create and explore set design, costumes, lighting, sound and story Students will perform in the December and May Loudoun Valley production. No class 11/23.

101210-01 \$143

Th 9/14-11/30 5:30pm-6:30pm

MUSICAL THEATRE JAZZ/TAP

(Ages 7-15) This is a fun class where dancers will learn the discipline and technique of Jazz and Tap dance, focusing on alignment, correct body posture, balance, musicality, strength and flexibility. Students will learn and explore various Musical Theatre dance combinations from different shows and perform in the end-of-year dance recital in May 2018!

101211-01 \$156

Tu 9/12-11/28 7:30pm-8:30pm

SENIOR HIPHOP PERFORMANCE CREW "EFFEX"

(Ages 10-17) Effex Hip Hop Crew is a high energy group of talented dancers that performs throughout the DC area throughout the year at local festivals, parades and venues including the DC Wizards Game, Reston Town Center Holiday Parade, December and May performance recitals and many more!

101300-01 \$156

Tu 9/12-11/28 4:30pm-5:30pm

SENIOR LYRICAL/MODERN COMPANY "IN MOTION"

(Ages 10-17) In Motion Dance Company and class focuses on proper alignment, posture and stretch, and building strength and flexibility in leaps, jumps, floor work, deep bends and balances. Dancers will learn challenging choreography and improvisation. In Motion Dance Company performs throughout the DC area at various festivals, parades and events including recitals in December and May 2018!

101301-01 \$156

Tu 9/12-11/28 6:00pm-7:30pm



ELEMENTARY & MIDDLES SCHOOL AGE AGE PROGRAMS

PROGRESSIVE TUMBLENASTICS

(Age 5-7) Enjoy working towards perfecting those basic tumbling elements such as rolls, cartwheels, and handstands to build a base for more advanced skills. Improve body strength, flexibility, through drills and conditioning. Instructor: Cassie Ludtke. No class 10/9, 10/23.

101213-01 \$66

M 9/11-10/30 3:00pm-4:00pm

GEARBOTS

(Ages 4½-6) Young students learn basic engineering using LEGO® educational materials that incorporate motors, sensors, gears, pulleys, axles, and simple, linear-block programming software to animate LEGO robots, which include Smart Spinner, Roaring Lion and Soccer Player. Instructor: PhiSci Robotics.

101181-01 \$160

F 9/15-10/20 11:45am-12:30pm

101181-02 \$160

F 11/3-12/15 3:45pm-4:30pm

SCIBOTS

(Ages 4½-6) This dynamics class helps prepare your children for the digital era by cultivating their problem-solving skills now. Students will explore, learn, create, and share apps, games, stories, drawings and animations. Instructor: PhiSci Robotics.

101182-01 \$160

F 9/15-10/20 3:45pm-4:30pm

101182-02 \$160

F 11/3-12/15 11:45am-12:30pm

COLUMBUS DAY PROGRAM

(Ages 5½-12) Children will enjoy a day at Ida Lee Pool and playing games at Loudoun Valley Community Center. Pack a large lunch, a water bottle and a sturdy bag to store everything.

101201-01 \$55

M 10/9-10/9 9:00am-5:00pm

PARENTS' NIGHT OUT MOONBOUNCE

(Ages 4-8) Enjoy a night out while the children enjoy crafts, and other fun activities including the moonbounce. Call for details.

101703-01	\$16	First Child
F	9/8-9/8	6:00pm-9:00pm
101700-02	\$8	Additional Child
F	9/8-9/9	6:00pm-9:00pm
101703-03	\$16	First Child
F	10/13-10/13	6:00pm-9:00pm
101703-04	\$8	Additional Child
F	10/13-10/13	6:00pm-9:00pm
101703-05	\$16	First Child
F	11/17-11/17	6:00pm-9:00pm

101703-06 \$8 Additional Child F 11/17-11/17 6:00pm-9:00pm

ENGINEERING WITH LITTLE BITS

(Ages 5-9) Students learn about electronics through projects that combine everyday supplies and color-coded modules like LED lights, fans and pressure sensors! Instructor: C3 Cyber Club.

101183-01 \$144

Sa 10/28-12/9 9:00am-10:00am

NOV. TEACHER WORKDAYS

(Ages 5½-12) Make the most of your two day school holiday! Monday, we will go bowling and Tuesday, we will swim at Ida Lee Pool. Students will also play games in the gym and do games and activities in the classroom.

101202-01 \$100/2 days

M,Tu 11/6-11/7 9:00am-5:00pm

101202-02 \$55/child

M,Tu 11/6-11/6 9:00am-5:00pm

101202-03 \$55/child

M,Tu 11/7-11/7 9:00am-5:00pm

SCHOOL STREET KIDS

(Entering Grades K-1) Join this wonderful after-school group of kindergarten and first graders! This small group will join in outside play, games, activities and crafts, and homework help is also offered. This program will follow the LCPS calendar. A \$45 registration fee holds your place for fall. Call 540-338-4122 for information and registration.

601114-01 \$45/Registration, \$350/Month M,Tu,W,Th,F 8/24-6/13 2:30pm-6:00pm

JR. ANIMATION USING MINECRAFT

(Ages 6-9) Students will create short animations and get an introduction to 3D animation techniques using Minecraft characters, objects and stages. Instructor: C3 Cyber Club.

101198-01 \$144

Sa 9/16-10/21 9:00am-10:00am

STEMBOTS

(Ages 6¾-10) Students will discover how the world works using machines and mechanisms. They will engineer a wide selection of models like calibrating and capturing wind, designing pneumatic systems and studying gearing mechanisms for fly wheels, land yachts and wind-powered mills. Instructor: PhiSci Robotics.

101206-01 \$195

F 11/3-12/15 4:30pm-5:30pm

AFTERSCHOOL STEM

(Ages 7-10) Enroll in this fun, enriching program featuring open-ended exploration of math, science, technology and engineering! Tap into your thinking, reasoning, teamwork, and investigative and creative skills as we make learning fun.

Class follows the LCPS calendar. Email catherine.hughes@loudoun.gov.

901204-01	\$275	
M-F	8/24-9/29	2:30pm-6:00pm
901204-02	\$275	
M-F	10/2-10/31	2:30pm-6:00pm
901204-03	\$275	

11/1-11/30

FILMMAKING

M-F

(Ages 6-12) Filmaking provides a practical introduction to storytelling on the screen from a director's perspective, including the basics of storyboarding, camera angles, setups, moves and editing. These techniques are explored using the medium of video in the field and studio environment. Instructor: Nextide Academy.

101224-01 \$300 Tu 9/12-12/5

2/5 5:00pm-6:00pm

2:30pm-6:00pm

MULTIAGE PROGRAMS

ANIMATION USING MINECRAFT

(Ages 10-14) Students will use basic animation techniques using Minecraft characters and stages to expand their observation skills and imagination. By studying motion in reality and how it influences motion in animation, students can create short animation exercises and projects that are sure to aspire future animators! Instructor: C3 Cyber Club.

101306-01 \$144

Sa 9/16-10/21 10:15am-11:15am

3D MODELING FOR 3D PRINTING

(Ages 10-14) Technology is evolving quickly and there is an infinite amount of things that can be done with emerging tools such as the innovative 3D printer. With this class, your children may learn how to 3D model in efficient and constructive ways that will allow for objects they design to be printed out, while also learning about the terminology of 3D modeling and the printer. Instructor: C3 Cyber Club.

101311-01 \$149

Sa 10/28-12/9 10:15am-11:15am

SENSORBOTS

(Ages 9-12) In this intermediate/advanced class, students work with LEGO EV3 intelligent bricks and educational materials to build, program, and animate robots to perform various tasks using a variety of sensors. Instructor: PhiSci Robotics.

101182-01 \$195

F 9/15-10/20 4:30pm-5:30pm

HEALTH & FITNESS PROGRAMS

FITNESS CENTER

(Ages 16 & up) Come in and work out, get back in shape, or just tone up. Seniors 55 and over,

or students 24 and under with a student ID, get a full year for \$150. Must sign up in person at LVCC

101706-01	\$150	6 Months
M-F	9/1-11/30	7:00am-9:30pm
101706-02	\$275	1 Year
M-F	9/1-11/30	7:00am-9:30pm
101706-03	\$150	1 Year Sr/Student
M-F	9/1-11/30	7:00am-9:30pm
101706-04	\$100	6 Month Sr/Student
M-F	9/1-11/30	7:00am-9:30pm
101706-05	Student	\$40/month
M-F	9/1-11/30	7:00am-9:30pm
101706-06	Student	\$20/week
M-F	9/1-11/30	7:00am-9:30pm

TAI CHI

(Ages 16 & up) Tai Chi is a martial art that teaches strength, balance, relaxation, flexibility and mind-body unification involving a sequence of slow movements. Instructor: Bob Gardner.

101509-01	\$110	Advanced
Tu,Th	9/12-11/2	9:00am-10:00am
101509-02	\$110	Intermediate
Tu,Th	9/12-11/2	10:00am-11:00am
101509-03	\$110	Beginner
Tu,Th	9/12-11/2	11:00am-12:00pm

BOOT CAMP

M-Th,Sa

(Ages 15 & up) A challenging program that focuses on improving your cardiovascular stamina and increasing your muscle tone and strength, while decreasing your body fat and changing your body composition. The program focuses on overall core strength and stability, as well as resistance and cardiovascular training. Flexibility and mobility are emphasized in each workout. What makes our program unique and successful is that every single day is different! Every week is different! Every month is different! Instructor: Fitness Image Results.

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101602-01	\$44	
Sa	9/9-9/30	8:00am-9:00am
101602-02	\$77	
M,W	9/6-9/27	9:30am-10:30am
101602-03	\$77	
Tu,Th	9/7-9/28	7:00pm-8:00pm
101602-04	\$99	
M,W	10/2-10/30	9:30am-10:30am
101602-05	\$88	
Tu,Th	10/3-10/26	7:00pm-8:00pm
101602-06	\$44	
Sa	10/7-10/28	8:00am-9:00am
101602-07	\$44	
Sa	11/4-12/16	8:00am-9:00am
101602-08	\$77	
M,W	11/1-11/29	9:30am-10:30am
101602-09	\$88	
Tu,Th	11/2-11/30	7:00pm-8:00pm
101602-10	\$48 Septe	mber one day/week

9/6-9/30

101602-11	\$48	0c	tober one day/week
M-Th,Sa	10/2-1	0/30	9:00am-8:00pm
101602-12	\$48	Nove	mber one day/week
M-Th,Sa	11/2-1	1/30	9:00am-8:00pm

ADULT FITNESS BALLET/LYRICAL/HIPHOP SAMPLER CLASS

(Ages 15 & up)This is a fun, adult class where students can learn a different style of dance each week including Hip Hop, Lyrical, Contemporary and Ballet. Students will have fun exploring different dance styles and fun choreography while building strength, flexibility, proper alignment and musicality.

101401-01 \$156

W 9/13-11/29 7:00pm-8:00pm

PUNCH CARD FITNESS

Join us at any of our PUNCH CARD fitness classes. Purchase your card at LVCC or online for \$100 for 15 classes. If purchased online, you must activate your card at LVCC. You may pay a \$9 drop-in fee as an option.

GENTLE YOGA

(Ages 16 & up) A 50 minute beginner level class designed to teach basic yoga postures that will enhance your flexibility, strength and balance, and promote relaxation. The benefits of yoga for the body, mind and spirit are numerous, as well as a great way to take your fitness to the next level. Bring a yoga mat, towel and water. Instructor: Ashley Miller.

101500-01 \$100/15 visits

F 9/8-11/17 8:30am-9:30am

YOGA FLOW

(Ages 16 & up) This punch card class is a Mixed Level Vinyasa Flow style yoga class for beginner to advanced students. We will incorporate cardio, strength, balance, flexibility and meditation in a small class environment. Join us to transform your body and mind! Instructor: Ashley Miller.

101504-01 \$100/15 visits

W 9/6-11/29 8:30am-9:30am

BARRE FITNESS

(Ages 16 & up) This is a mixed-level Vinyasa Flow style yoga class for beginner to advanced students. We will incorporate cardio, strength, balance, flexibility, and meditation in a small class environment. Join us to transform your body and mind. Instructor: Ashley Miller.

101502-01 \$100/15 visits

M. Th 9/11-11/30 8:30am-9:30am

ZUMBA

9:00am-8:00pm

(Ages 16 & up) Zumba fuses hypnotic Latin and international rhythms and easy-to-follow moves to create a one-of-a-kind fitness program that will inspire you to dance your way to fitness. It's an exciting hour of calorie-burning, body-en-

ergizing and inspiring movements designed to engage and motivate. All fitness levels welcome. Instructor: Amanda Estep.

101506-01 \$100/15 visits

W 9/6-11/29 8:30am-9:30am

101506-02 \$100/15 visits

F 9/8-11/17 9:00am-10:00am

COMMUNITY EVENTS

MOON BOUNCE PARTY

(Ages 4-8) Parents, host a Moonbounce Party for your children, and leave the heavy lifting to us! A party package includes bounce time, tables and chairs and use of the nerf and basketballs. You MUST register in person to fill out the facility rental form and to check for availability.

101700-01 \$150 Sa 8/19-11/25

HALLOWEEN CARNIVAL

(Ages 2½-9) Join us as we throw a Halloween carnival on the community center baseball field. Costumes are optional. Enjoy our moonbounce, carnival games and outdoor activities. Rain date: October 26.

101707-01 Free event

W 10/25-10/25 3:30pm-5:00pm

FLASHLIGHT CANDY SEARCH

(Ages 2-7) Join us for an outside flashlight candy search on our enclosed preschool playground. Children will be divided into two age brackets and will search two rounds each. If weather is bad, we will move into the gym.

 101701-01
 \$7
 Advance

 M
 10/30-10/30
 6:30pm-7:00pm

 101701-02
 \$10
 Pay at door

 M
 10/30-10/30
 6:30pm-7:00pm

TURKEY TROT 5-K RUN

(Ages 7 & up) Calling on family and friends to Join LVCC on School Street for the 13th Annual 5-K Turkey Trot! This Advisory Board-sponsored event supports the scholarship needs of young children enabling their attendance in preschool and community center activities. Join this worthy community support effort for our children! Online registration will be available. Call 540-338-4122 for more information.

Su 11/12-11/12

REGISTER ONLINE!

VISIT WWW.LOUDOUN.GOV/WEBTRAC

LOVETTSVILLE COMMUNITY CENTER

57 E. Broad Way Lovettsville, VA 20180

540-822-5284

M-Th 7:00A-9:30P F 7:00A-6:30P

Supply & material fees are payable to the instructor at the first class.

PARENT & CHILD PROGRAMS

PARENT & ME CRAFTS

(Ages 18-35 mos w/parent) Great first class for kids! Parents will assist their child with making themed crafts for the season. Instructor: Barbara Ray.

102115-01 \$9

Th 9/21-9/21 10:15am-10:45am

102115-02 \$9

Th 10/19-10/19 10:15am-10:45am

102115-03 \$9

Th 11/16-11/16 10:15am-10:45am

PRESCHOOL AGE PROGRAMS

TOTALLY TWO

(Ages 24 mos & up) Socialization, art and story through Nursery Rhymes and Fairy Tales. Pack a small snack. This program is designed without parent. Instructor: Barbara Ray.

102103-01 \$88

Th,F 9/7-9/29 8:30am-10:00am

102103-02 \$88

Th,F 10/5-10/27 8:30am-10:00am

102103-03 \$77

Th,F 11/2-11/30 8:30am-10:00am

ME AT THREE

(Ages 36 mos & up) Music, art, stories, and socialization! This program is designed for children to attend without parent. Don't forget to pack a snack! Instructor: Barbara Ray.

102104-01 \$88

Th,F 9/7-9/29 8:30am-10:00am

102104-02 \$88

Th,F 10/5-10/27 8:30am-10:00am

102104-03 \$77

Th,F 11/2-11/30 8:30am-10:00am

SPORTIES 4 SHORTIES

(Ages3-5) Develop kicking, running, throwing, catching, and good sportsmanship skills. Instructor: Heather Rushing.

102100-01 \$20

M 9/11-9/18 11:00am-11:45am

102100-02 \$20

M 10/16-10/23 11:00am-11:45am

102100-03 \$20

M 11/13-11/20 11:00am-11:45am

TUESDAY ADVENTURES

(Ages 3-5) A fun adventure each week! Pack a lunch. Instructor: Barbara Ray.

102105-01 \$13

Tu 9/12-9/12 11:00am-12:30pm

102105-02 \$13

Tu 9/26-9/26 11:00am-12:30pm

102105-03 \$13

Tu 10/10-10/10 11:00am-12:30pm

102105-04 \$13

Tu 10/24-10/24 11:00am-12:30pm

102105-05 \$13

Tu 11/14-11/14 11:00am-12:30pm

102105-06 \$13

Tu 11/28-11/28 11:00am-12:30pm

LUNCH BUDDIES

(Ages 3-5) Here's your chance for some extra time while your child enjoys lunch and has a blast with their friends after preschool. Don't forget to pack a nut-free lunch! Instructor: Barbara Ray.

102102-01 \$13

W 9/13-9/13 11:00am-12:30pm

102102-02 \$13

W 9/27-9/27 11:00am-12:30pm

102102-03 \$13

W 10/11-10/11 11:00am-12:30pm

102102-04 \$13

W 10/25-10/25 11:00am-12:30pm

102102-05 \$13

W 11/8-11/8 11:00am-12:30pm

TOUGH TIKES

(Ages 3-6) Tough Tikes is a high energy fun filled exercise class for kids. This class strives to increase the overall health and fitness level of children in a fun, safe, positive and motivating environment. We will use basic sports concepts to build a positive fitness image that will stay with your child as they grow. This class is filled with fun games that use fitness, partner exercises and obstacle courses. Instructor: Katharina Connor.

102127-01 \$48

Th 9/14-10/19 11:00am-11:45am

102127-02 \$40

Th 10/26-11/30 11:00am-11:45am

PEE WEE BOOK CLUB

(Ages 3-5) Enjoy a story and enhance reading skills through crafts and activities. Don't forget to pack a nut-free lunch! Instructor: Barbara Ray.

102109-01 \$13

W 9/20-9/20 11:00am-12:30pm

102109-02 \$13

W 10/18-10/18 11:00am-12:30pm

102109-03 \$13

W 11/15-11/15 11:00am-12:30pm

PEE WEE LEGO® CLUB

(Ages 3-5) Play with your friends while being creative and working with fine motor skills -all with LEGOS and DUPLOS! Don't forget to pack a nut-free lunch! Instructor: Barbara Ray.

102120-01 \$13

M 9/25-9/25 11:00am-12:30pm

102120-02 \$13

M 10/30-10/30 11:00am-12:30pm

102120-03 \$13

M 11/27-11/27 11:00am-12:30pm

ELEMENTARY AGE PROGRAMS

INTRO TO SEWING

(Ages 6-12) Sewing is fun! Students will learn basic sewing techniques and sewing machine operation. Participants must bring their own fabric for projects. Details about fabrics will be provided at first class. Instructor: Christine White.

102216-01 \$85

W 9/6-10/11 2:45pm-3:45pm

102216-02 \$85

W 9/6-10/11 4:00pm-5:00pm

102216-03 \$85

W 10/18-11/29 2:45pm-3:45pm

102216-04 \$85

W 10/18-11/29 4:00pm-5:00pm

NEW MEDIA ART

(Ages 6-13) New Media Art is artwork created with new media technologies, like animation, computer robotics, and 3D printing. In this course, students will learn about the fundamental properties that distinguish New Media methods while experimenting with many different technologies and art techniques. They will be taught how to develop and execute ideas, identify their own artistic voice, and how to use New Media technologies. Artistic voice is emphasized over technical skills, making this class suitable for students of all ages and skill levels. Instructor: Nextide Academy.

102282-01 \$100

Th 9/7-9/28 5:00pm-6:00pm

102282-02 \$100

Th 10/12-11/2 5:00pm-6:00pm

YOUTH TENNIS

(Ages 7-12) This US Tennis Association-sponsored program will help beginner to intermediate participants develop tennis fundamentals (e.g. ground-strokes, volley, serve) through a fun and engaging play-to-learn style. Participants will also practice match play and learn about sportsmanship and game rules. The program utilizes different court sizes and modified tennis equipment for youth to rally in no time! All equipment is provided. Students may bring their

own racquet or they may use the loaner racquet. Students should wear comfortable clothing and athletic shoes. It is highly recommended that students also bring their own water bottle and sunscreen. Instructor: USTA Tennis.

102224-01 \$102

Sa 9/9-10/21 10:00am-11:00am

102224-02 \$102

Tu 9/5-10/10 5:00pm-6:00pm

102224-03 \$102

W 9/6-10/11 5:00pm-6:00pm

ENGINEERING WITH LITTLE BITS

(Ages 5-8) In this class, younger students are introduced to basic electronics including input and output, and logic gates, through hands-on learning and projects. Kids combine everyday supplies and color-coded modules that utilize LED lights, fans, sliders, pressure sensors, and more! Students work together in small teams in order to create different projects such as custom flashlights, touch sensors, alarm clocks, and more! Have you ever wanted to learn the science behind how machines work? Take this class! Instructor: C3 Cyber Club.

102204-01 \$144

M 9/11-10/23 5:00pm-6:00pm

LEGO MECHANICS & ENGINEERING

(Ages 5-8) LEGO Robotics class combines the exciting world of LEGO with programming to manipulate and program your own personal robots. This class is tailored to younger children who want to learn the basics of visual programming. Students create commands for their robots to follow by using an application with a drag-and-drop interface that is visually simple to use, but capable of complex instructions. Students learn the importance of teamwork by working together with a partner in order to accomplish the build assignment for the day. Powered by LEGO Education and We Do Base Set and Software. Instructor: C3 Cyber Club.

102205-01 \$144

W 9/13-10/18 5:00pm-6:00pm

JUNIOR CHEFS

(Ages 5-11) It is no secret, kids love to cook! Chef Christine will cater to your child's taste buds and cook up a treat to take home. Instructor: Christine White.

102209-01 \$16

M 9/18-9/18 2:45pm-3:45pm

102209-02 \$16

M 10/16-10/16 2:45pm-3:45pm

102209-03 \$16

M 11/13-11/13 2:45pm-3:45pm

BASEBALL

(Ages 6-11) Turn your ball player into an All-Star! Learn the fundamentals of baseball while having fun! Instructor: Tyler Itnyre. **102201-01** \$60

Th 9/21-10/26 2:45pm-3:45pm

KICKBALL

(Ages 6-12) Kickball is all about the FUN! Similar to baseball, this playground favorite is played with traditional baseball rules and a few extra quirky rules mixed in. Anyone can join in and have a great time, regardless of ability or experience! Instructor: Heather Rushing.

102213-01 \$8

9/22-9/22 2:45pm-3:45pm

102213-02 \$8

F 10/13-10/13 2:45pm-3:45pm

102213-03 \$8

F 11/3-11/3 2:45pm-3:45pm

MIDDLE & HIGH SCHOOL AGE PROGRAMS

RUNNING CLUB

(Ages 8-14) Participants will learn healthy running exercises, speed and distance training, encouragement and have FUN!!! The Youth Coed Running Club is for children of all skill levels. Each week participants will run different distances, explore trails and learn important nutritional tips. Instructor: Heather Rushing.

102280-01 \$50

W 9/13-10/4 4:30pm-5:30pm

3D PRINTING & PRODUCT DESIGN

(Ages 8-13) This is a hands-on, project-based learning (PBL) course that teaches students to design and print 3D objects using computer-aided design (CAD) software and 3D printers. Students will experience the design process and become familiar with the advantages and limitations of 3D printing technology in terms of precision, resolution, and material capabilities. Students will also learn about its impact on start-up businesses. Instructor: Nextide Academy.

102284-01 \$225

Tu 10/3-11/21 5:00pm-6:00pm

ADULT PROGRAMS

ADULT TENNIS

(Ages 13 & up) See description for Youth Tennis.

102500-01 \$102

Sa 9/9-10/21 9:00am-10:00am

102500-02 \$102

Tu 9/5-10/10 6:00pm-7:00pm

102500-03 \$102

W 9/6-10/11 6:00pm-7:00pm

BOOT CAMP

(Ages 16 & up) Are you bored with your workout? Are you not seeing the results you want? Then, it's time to join the Fitness Image Results Sports & Fitness Boot Camp! The Drill Instructors are highly qualified, motivational fitness professionals who will guide you and your body to a new you. Whatever your goals may be, your Boot Camp Instructors will help you achieve them. They help you achieve your fitness goals and accelerate you towards the results you want. Whether you are just starting out with a training program or you are a seasoned veteran, the Boot Camp program can be tailored to fit your needs. Re-energize your workout, your body and your mind by joining the team! Drop-in is available for \$15 per class. Instructor: Fitness Image Results.

102520-01	\$88	
Tu,Th	9/5-9/28	8:30am-9:30am
102520-02	\$88	
M,W	9/4-9/27	7:00pm-8:00pm
102520-03	\$48	
M-Th	9/4-9/28	One Day/Week
102520-04	\$99	
Tu,Th	10/3-10/31	8:30am-9:30am
102520-05	\$99	
M,W	10/2-10/30	7:00pm-8:00pm
102520-06	\$48	
M-Th	10/2-10/31	One Day/Week
102520-07	\$99	
Tu,Th	11/2-11/30	8:30am-9:30am
102520-08	\$99	
M,W	11/1-11/29	7:00pm-8:00pm
102520-09	\$60	
M-Th	11/1-11/30	One Day/Week

ULTIMATE CONDTIONING

(Ages 16 & up) Combine muscular strength with endurance training. A total body workout for beginner to advance levels. This class changes the exercises every four weeks -no plateaus here! Instructor: Katharina Connor.

\$75/Fit Pass, \$9/Drop-in

Tu 9/12-11/28 9:00am-10:00am

TOTAL BODY BLAST

(Ages 16 & up) This class offers a small group atmosphere that allows the fitness instructor to cater the class to your fitness goals. Each week offers a new HIIT workout based on what the client wants. A personal trainer's attention in a small group setting. Call or come in to the center to reserve your spot! Instructor: Katharina Connor.

\$75/Fit Pass, \$9/Drop-in

Th 9/14-11/30 8:45am-9:15am

SENIOR PROGRAMS

SENIOR TRIPS

(Ages 55+) Join us for a lunch trip! Pay for lunch on your own. Depart/Return: Lovettsville Community Center.

102601-01 \$15 Ashby Inn & Restaurant Th,F 9/8-9/8 11:00am- 3:00pm **102601-02** \$15 The Carriage House

F 10/13-10/13 11:00am- 3:00pm **102601-03** \$15 Cocina on Market F 11/3-11/3 11:00am- 3:00pm

STRENGTH FOR SENIORS

(Ages 55 & up) This total body workout is a great way for seniors to get started with strength training. The exercises focus on building total body strength with an emphasis on improving balance, stability and flexibility. Wear comfortable clothing and bring water. Instructor: Katharina Connor. \$75/Fit Pass, \$9/Drop-in

I 9/11-11/27 9:00am-10:00am

ZUMBA GOLD

(Ages 55 & up) Basic aerobics class with mat work. Workout moves and pacing will be suited to the needs of the active older participant, as well as those just starting their journey to a fit and healthy lifestyle. Wear comfortable athletic wear. Bring mat and water. Instructor: Katharina Connor.

\$75/Fit Pass, \$9/Drop-in

h 9/14-11/30 9:30am-10:30am

SOCIAL SENIORS

(Ages 55 & up) Home cooked meals and great socialization on 9/21, 10/19, 11/16. Occasional quest speakers.

Pay at door \$5

Th monthly 12:00P-1:30P



20 Loudoun County International Festival



Sunday, September 24, 2017 11 a.m. - 5 p.m., Rain or Shine



Douglass Community Center

405 East Market Street Leesburg, VA 20176

Admissions: \$5 Adults, Children 12 and under free!

A Fun, Family-Focused Event Featuring:

- Camel rides
- ▶ Petting zoo
- Moon bounces
- ► Carnival rides

- ► Food Trucks
- Vendors
- ► Crafters

For more information, visit us at: loudoun.gov/dccfestival





Presented by: Loudoun County Department of Parks, Recreation and Community Services



Event Schedule

Main Stage Performances

11:50 AM Carpathia Folk Dance Ensemble

Presents dances from a variety of Central & Eastern European countries including Ukraine, Poland, Germany, Romania, and Bulgaria, among others.

12:20 PM Pillerkaar Estonian Folk Dancers

1:00 PM Reggae Steel Drum

2:00 PM Latin Grammy Winner 123 Andres

Best Children's Album

3:00 PM Cañas Y Su Mariachi Norteño

Mariachi Band

4:00 PM Joe Falero Band- Latin Flavor

Small Stage Performances

11:30 AM Didgeridoo Spirit Vibe

12:30 PM Carpathia Folk Dance Ensemble

1:30 PM Bagpipe Performance from Ireland and Scotland

2:30 PM Traditional Chinese Lion Dance









For more information, visit us at: loudoun.gov/dccfestival



Presented by: Loudoun County Department of Parks, Recreation and Community Services





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LUCKETTS COMMUNITY CENTER

42361 Lucketts Road Leesburg, VA 20176

703-771-5281

Email: lucketts@loudoun.gov

M, T, W, F 7:00A – 6:00P

Th 7:00A - 9:00P

Supply & material fees are payable to the instructor at the first class.

PRESCHOOL AGE PROGRAMS

AMAZING ATHLETES

(Ages 3-5) Amazing Athletes is a sports-based program for three to five-year-olds. It is specifically designed to teach children developmental sports lessons along with activities proven to build and mature a child's motor development, hand-eye coordination, and cardiovascular fitness. This program allows every child to build their skills at their own pace within a non-competitive learning-based environment. The emphasis is on patience, teamwork and self-confidence. No class 10/9, 10/23, 11/6. Instructor: Amazing Athletes.

109101-01 \$60

M 9/25-11/13 11:30am-12:15pm

109101-02 \$60

M 11/20-12/18 11:30am-12:15pm

SUPER SILLY SCRUMPDILLYISHOUS SNACKS

(Ages 3-5) Who doesn't love to eat snacks?! This super silly class will allow your preschooler to create a SCRUMPDILLYISHOUS masterpiece out of food for their very own snack! Each class will sport a different theme. Time will be allotted to eat a packed lunch, play, and of course create.

\$20	Interesting Insects
9/29-9/29	11:30am-1:00pm
\$20	Creepy Critters
10/27-10/27	11:30am-1:00pm
\$20	Tantilizing Turkeys
11/17-11/17	11:30am-1:00pm
	9/29-9/29 \$20 10/27-10/27 \$20

PRESCHOOL LUNCH BUNCH

(Ages 3-5) Join your friends after AM preschool for lots of fun time. Please wear weather-appropriate clothes and closed-toe shoes. Bring a peanut-free lunch that does not need to be heated and a drink.

109111-01	\$10	Class 1
F	9/22-9/22	11:30am-1:00pm
109111-02	\$12	Class 2
F	9/29-9/29	11:30am-1:00pm
109111-03	\$10	Class 3
F	10/6-10/6	11:30am-1:00pm
109111-04	\$10	Class 4
F	10/13-10/13	11:30am-1:00pm

109111-05	\$10	Class 5
F	10/20-10/20	11:30am-1:00pm
109111-06	\$12	Class 6
F	10/27-10/27	11:30am-1:00pm
109111-07	\$10	Class 7
F	11/03-11/03	11:30am-1:00pm
109111-08	\$10	Class 8
F	11/10-11/10	11:30am-1:00pm
109111-09	\$12	Class 9
F	11/17-11/17	11:30am-1:00pm
109111-10	\$10	Class 10
F	12/1-12/1	11:30am-1:00pm
109111-11	\$10	Class 11
F	12/8-12/8	11:30am-1:00pm
109111-12	\$12	Class 12
F	12/15-12/15	11:30am-1:00pm

AMAZING TOTS

(Ages 1½-3½) Amazing Tots has been designed to engage, maintain and develop a little one's attention span and physical abilities. This very active class will be sure to teach your tiny tot a new sport each class as well as combine structured physical challenges and organized physical exploration activities. Your little one is sure to love this highly active and motivating class. An adult is required to stay for this class. Instructor: Amazing Athletes.

109114-01	\$60

M 9/25-11/13 10:30am-11:15am

109114-02 \$60

M 11/20-12/18 10:30am-11:15am

PLAY WITH PICASSO

(Ages 3-5) This art class develops self-expression for preschoolers. Individual creativity is nurtured while developing fine-motor coordination. Preschoolers will use tempera and watercolor paints as well as colored pencils, pastels and crayons. In addition, preschoolers will have an opportunity to enjoy a packed nut-free/peanut-free lunch (brought from home) with friends as they create.

109120-01	\$45	
Th	9/14-9/28	11:30am-1:00pm

109120-02 \$60

Th 10/5-10/26 11:30am-1:00pm

109120-03 \$60

Th 11/2-11/30 11:30am-1:00pm

PRESCHOOL DANCE ARTS EDUCATION

(Ages 3-5) This class focuses on dance arts education for preschool and early kindergarten learners. The emphasis is on learning dance educational concepts as well as the elements of dance. Students will also explore shapes, numbers, letters, alphabet, movement and story exploration, improvisation and self-expression through the use of movement and song. This class gives students the ability to develop self-expression, increase movement capabilities, and build self-esteem as well as a love for the

arts. No class 11/7. Instructor: SoHo Performing Arts.

109121-01 \$52

Tu 9/12-10/3 11:30am-12:15pm

109121-02 \$52

Tu 10/10-10/31 11:30am-12:15pm

109121-03 \$39

Tu 11/14-11/28 11:30am-12:15pm

LIL' SCIENTISTS

(Ages 3-5) Calling all curious kids! Little scientists will explore the world around them through the wonders of science. Create magic with static electricity, harness the energy of the sun to make the best snack ever invented, explode an array of colors in a chemical reaction and so much more! Don't forget; having lunch with Mrs. Luann is included! No class 11/22. Instructor: Ms. Luann.

109130-01 \$52

W 9/20-10/11 11:30am-1:00pm

109130-02 \$52

W 10/18-11/8 11:30am-1:00pm

109130-03 \$52

W 11/15-12/13 11:30am-1:00pm

ELEMENTARY AGE PROGRAMS

COOK BOOK CLUB

(Ages 6-12) The Cook Book Club is a delicious way to have your child delve into reading, math, science and art disguised as tasty fun. During the Cook Book Club, participants will explore and discuss a book. Each month will be a new book and culinary experience. Our mission of the club is to teach children the joy and value of cooking and reading while developing a life-long love and skills.

109208-01	\$15	The Lorax
W	9/13-9/13	3:00pm-4:30pm
109208-02	\$15	The Wizard of Oz
W	10/18-10/18	3:00pm-4:30pm
109208-03	\$15 Where	the Sidewalk Ends
W	11/15-11/15	3:00pm-4:30pm

USTA TENNIS

(Ages 5-12) Tennis fun and fundamentals. The United States Tennis Association will be at Lucketts to help beginners and advanced beginners learn and develop the fundamental strokes. They will be providing rackets, balls and skill building games. All you need to bring is a water bottle and tennis shoes. No class on 10/9 & 10/23.

109211-01 \$102

M 9/11-10/30 3:00pm-4:00pm

DROP 'N' SHOP-GINGERBREAD WORKSHOP

(Ages 4-12) See description in Countywide Special Events section of this guide.

109215-01 \$30 First child

Sa 12/16-12/16 10:00am-3:00pm **109215-02** \$25 Additional child Sa 12/16-12/16 10:00am-3:00pm

DESIGNING WITH DA VINCI

(Ages 6-12) Designing with Da Vinci is an art class that develops self-expression and explores different genres. Individual creativity is nurtured while developing skills. Elementary School-aged children will use a variety of mediums including paints, water color, pencil and clay. No class 11/7.

109216-01 \$70

Tu 9/12-10/24 3:00pm-4:30pm

109216-02 \$60

Tu 10/31-12/12 3:00pm-4:30pm

HOMESCHOOL PERFORMING ARTS DANCE EDUCATION

(Ages 5-12) This special class, for all homeschool students, focuses on dance arts education and Musical Theatre for elementary students in grades K through 6. This class is perfect for students that want a weekly performing arts class base. This class gives students the ability to develop self-expression, increase movement capabilities, build self-esteem, and a love for the arts. The class will also get to perform a recital in May 2018. Instructor: SoHo Performing Arts.

109221-01 \$39

Tu 9/12-9/26 10:15am-11:15am

109221-02 \$65

Tu 10/3-10/31 10:15am-11:15am

109221-03 \$52

Tu 11/7-11/28 10:15am-11:15am

109221-04 \$39

Tu 12/5-12/19 10:15am-11:15am

GEARBOTS

(Ages 6-12) Gearbots is a cutting-edge Robotics STEM class created to help children learn critical skills for the future. During this class, students will learn basic Engineering using LEGO® Educational Materials that incorporate motors, sensors, gears, pulleys and axles. A simple linear block programming software used to animate LEGO® robots such as: Smart Spinner, roaring Lion and Play Soccer will also be incorporated.

109235-01 \$160

W 9/20-10/25 3:00pm-4:00pm

ELECTROBOTS

(Ages 6-12) Electrobots is a cutting edge Robotics STEM class created to help children learn critical skills for the future. During this class, students will use snap circuits to investigate and understand the characteristics of electricity including conductors and insulators, basic circuits (open/closed, parallel/series) and the commonly used components like transistors, resistors, capacitors, motors, speakers and fans. Children will build exciting projects such as: AM Radios, burglar alarms, door bells, and even play electronic games. No class 11/22.Instructor:

PhiSci Robotics.

109236-01 \$160

W 11/1-12/13 3:00pm-4:00pm

ADULT PROGRAMS

YOGA

(Ages 18 & up) "A journey of a thousand miles begins with a single step." -Chinese proverb. Embark on your first step & be on the path to a healthier body & mind. Or continue to restore, rejuvenate & promote your mind & body well-being. The class is beneficial for all ages & fitness levels. Through meditation & breath synchronized yoga poses, the class builds strength, flexibility, balance & a clear mind. Wear a warm, comfortable outfit & bring a yoga mat, beach towel & water bottle. Fitness class -may be strenuous. Instructor: Peggy Leung.

109501-01 \$50

Sa 9/2-9/30 8:30am-9:45am

109501-03 \$30

Sa 11/4-11/18 8:30am-9:45am

Z TWIST

(Ages 18 & up) Z TWIST is a fun, upbeat total body workout that combines cardio, strength training and stretching. Zumba routines are used as the cardio section of this workout. Your Zumba-certified instructor will use popular radio music for your strength training and stretching components. Come join us for a fun, FIT-tastic workout! Fitness class -may be strenuous. Instructor: Kelly Nash

109507-01 \$140

M,W 9/18-11/1 7:00pm-8:00pm

109507-02 \$140

M,W 11/6-12/20 7:00pm-8:00pm

WALKING CLUB - NATIONAL PARKS

(Ages 18 & up) Join us as we follow Dr. Randal S. Olsen's Optimal U.S. National Parks Centennial Road Trip route and tour 47 National Parks. Dr. Olsen's route makes a circle around the contiguous United States and covers a distance of about 15,000 miles. Upon registration, you will receive a pedometer to track your steps and a tracking sheet to record your daily mileage. Turn your tracking sheet in monthly and watch as we progress through the National Parks. You will also be allowed to use our multipurpose room for exercise during the hours of 7 am -10:30 am and 4 pm -6 pm, Monday -Friday. Walking is completed on your own time, when it's convenient for you. Walking videos are also available. We will have quarterly gatherings to celebrate our milestones and see where we have been. Prizes will be awarded; however, the best prize is a more healthy you!

109510-01 \$20

M-Su 9/1-11/30 Self-paced

SENIOR PROGRAMS

SENIOR POT LUCK

(Ages 55 & up) Bring a dish to share and enjoy socializing with your neighbors and friends! Good food and fun too! Call for more information.

109603-01 Free event

W 9/20-9/20 12:00pm-2:00pm

109603-02 Free event

W 10/18-10/18 12:00pm-2:00pm

109603-03 Free event

W 11/15-11/15 12:00pm-2:00pm

109603-04 Free event

W 12/20-12/20 12:00pm-2:00pm

PHILOMONT COMMUNITY CENTER

36592 Jeb Stuart Road Philomont, VA 20131 **540-338-5882**

M-F 8:30A-6:00P

Supply & material fees are payable to the instructor at the first class.

Pre-registration required a minimum of 24-hrs prior to all events unless otherwise stated.

LICENSED PRESCHOOL

(Ages 3-5) We offer a nine-month preschool program that follows the Loudoun County school calendar. The State Department of Social Services requires proof of current immunization, proof of age and a child application form. Our program follows the Creative Curriculum Approach to Learning. Call the center for details and availability.

PRESCHOOL & KINDERGARTEN AGE PROGRAMS

LITTLE EXPLORERS

(Age 2-3) In this class, your Little Explorer will have fun with stories, games and crafts centered on a weekly theme. Please pack a snack and water bottle. Instructor: Robin Debow.

111100-01 \$45

M 9/11-9/25 9:00am-12:00pm

111100-02 \$45

M 10/2-10/30 9:00am-12:00pm

111100-03 \$45

M 11/13-11/27 9:00am-12:00pm

LITTLE ADVENTURERS

(Age 2-3) Your little adventurer will love this class! We will have lots of fun with stories, games and crafts centered on a weekly theme. Please pack a snack and a water bottle. Instructor: Robin Debow.

111101-01 \$60 9/8-9/29 9:00am-12:00pm 111101-02 \$60

10/6-10/27 9:00am-12:00pm

111101-03 \$30

11/3-11/17 9:00am-12:00pm

MUSIC MOTION

(Ages 2-3) Join Miss Robin for fun and learning through the world of music! Children will enjoy singing, dancing, playing games and using musical instruments. Instructor: Robin Debow.

111102-01

10/16-10/16 12:00pm-1:30pm M

111102-02

11/20-11/20 12:00pm-1:30pm

TEAMWORK TUESDAYS

(Ages 21/2-4) Be a part of the after school fun team by coming to Teamwork Tuesdays! Children will participate in various activities such as music, games, stories and free play. Please pack a lunch and water bottle. Instructor: Robin Debow.

111103-01 \$60

9/5-9/26 12:00pm-2:00pm

111103-02 \$75

10/3-10/31 Tu 12:00pm-2:00pm

111103-03 \$45

Tu 11/14-11/28 12:00pm-2:00pm

WONDERFUL WEDNESDAYS

(Ages 2½-4) Come and eat lunch with your friends! Children will participate with free play and other fun activities. Please bring a lunch and water bottle. Instructor: Robin Debow.

111104-01 \$60

9/6-9/27 12:00pm-2:00pm

111104-02 \$60

10/4-10/25 12:00pm-2:00pm

111104-03 \$60

W 11/1-11/29 12:00pm-2:00pm

WACKY THURSDAYS

(Ages 21/2-4) Join all your friends for this after preschool activity. Children will enjoy different activities such as games, free play, music and stories. Please pack a lunch and water bottle. Instructor: Robin Debow.

111105-01 \$60

9/7-9/28 Th 12:00pm-2:00pm

111105-02 \$60

10/5-10/26 Th 12:00pm-2:00pm

111105-03 \$60

Th 11/2-11/30 12:00pm-2:00pm

MOVERS & SCOOTERS

(Ages 2-3) Welcome all little twosies! Come join us for interactive music, motion skills development and lots of fun. Instructor: Robin Debow.

111111-01

10/27-10/27 12:00pm-1:30pm

111111-02 \$8

11/17-11/17 12:00pm-1:30pm

PRE-K TENNIS

(Ages 4-5) The United States Tennis Association Mid-Atlantic Section (USTA MAS) is hosting a new fun Pre-K tennis program at Philomont CC! Students will develop their athletic ability and hand-eye coordination through fun tennis developmental activities and games utilizing kid-friendly equipment (i.e. foam tennis balls) in a play-to-learn teaching style. In addition, we work with student's character development such as sportsmanship, cooperation, teamwork, respect, and more. All students will receive prizes on the last day. Program is taught by USTA-trained coaches, and all tennis equipment is provided. Instructor: TGA Premier Sports.

111108-01 \$102

9/15-11/3 2:00pm-2:45pm

CHALLENGER SOCCER: FIRST KICKS

(Ages 3-5) Challenger Soccer First Kicks is a fun-filled introduction to the very basic elements of soccer. This program is a great way to channel the energy and enthusiasm of the young child. Instructor: Challenger Soccer.

111109-01 \$96

9/12-10/31 Tu 2:00pm-2:45pm

MONDAY MORNING PRE-K/KINDER **ENRICHMENT**

(Ages 4-6) Add an additional day to your preschooler's week! The focus will be on academics and enhancing and expanding your child's educational experiences while including many nature and outdoor activities. Class meets for a nine-week session. Instructor: Kathy Neal.

111110-01

\$290

9/11-11/27

9:15am-2:15pm

KIDZ-WILD

M

Tu

(Ages 4-6) Join us for our outdoor focused preschool enrichment program that teaches the children about the wonders of the natural world around them, and encourages their natural inquisitiveness. Instructor: Kathy Neal.

111197-01 \$45 9/12-9/26 12:15pm-2:15pm Tu 111197-02 \$75 10/3-10/31 Tu 12:15pm-2:15pm

111197-03 \$45

11/14-11/28 12:15pm-2:15pm

111197-04 \$60 9/6-9/27

111197-05 \$60

10/4-10/25

111197-06 \$60

11/1-11/29 12:15pm-2:15pm

111197-07 \$60

9/7-9/28 Th 12:15pm-2:15pm 111197-08 \$60

10/5-10/26 Th

12:15pm-2:15pm

12:15pm-2:15pm

12:15pm-2:15pm

111197-09 \$60

Th

11/2-11/30

12:15pm-2:15pm

ELEMENTARY AGE PROGRAMS

CHALLENGER SOCCER: PLAYER DEVELOPMENT

(Ages 6-12) This eight-week session will develop technical proficiency and skill building and includes team concepts, opposed activities, and problem solving through fun activities and games. Take the bus after school from Banneker ES to the Center, Instruction: Challenger Soccer.

111203-01 \$96

9/12-10/31 Tu 3:00pm-4:00pm

TGA PREMIER YOUTH TENNIS

(Ages 6-10) The United States Tennis Association Mid-Atlantic Section (USTA MAS) proudly presents TGA Premier Youth Tennis, the first and only national tennis enrichment program in the country. Students will develop tennis skills utilizing kid-friendly equipment in a play-to-learn style that gets them rallying and having fun right away. In addition, students will learn relevant enrichment skills such as sportsmanship, math, science, technology, history, and more as they advance through our five-level program. All students receive a handbook on their first day and a hat and wristband on their last day. Program is taught by USTA-trained coaches and all tennis equipment is provided. Take the bus after school from Banneker ES to the Center, Instructor: TGA Premier Sports.

111206-01 \$136

9/15-11/3 3:00pm-4:00pm

PROGRAMMING MINECRAFT

(Ages 5-11) In this six-week session, using a custom mod called "Computer Craft," students will learn how to program robots called "Turtles" inside the world of Minecraft. They will explore programming using Lua, a simple scripting language. Take the bus after school from Banneker ES to the Center. Take the bus after school from Banneker ES to the Center. Instructor: C3 Cyber Club.

111207-01 \$144

Th 10/5-11/9 3:00pm-4:00pm

SCHOOL'S OUT GEOLOGY CAMP

(Ages 5-9) What do you know about rocks? We will be learning the fundamentals of rocks and geology, and will hike around the property to collect local rocks and identify them, break open our very own geodes, and paint rocks! Bring a lunch and water bottle. Instructor: Kathy Neal.

111208-01 \$30

11/6-11/6 9:30am-1:30pm M

111208-02 \$30 Tu

11/7-11/7 9:30am-1:30pm

FUN WITH DRAWING & CARTOONING

(Ages 5-10) Learn drawing and art appreciation

using a progressive, open-ended approach. Young artists build on basic drawing skills, experiment with line, color and form, and improve visual-motor reasoning in a fun, creative environment. Each session includes seasonal drawings, an art history lesson, realistic and abstract images, and cartooning. Educational, artistic fun! Instructor: Young Rembrants.

111217-01 \$102

W 10/11-11/15 3:00-4:00pm

STERLING COMMUNITY CENTER

120 Enterprise Street Sterling, VA 20164

703-430-9480

M-F 9:00A-9:00P • Sa 9:00A-5:00P

PRESCHOOL AGE PROGRAMS

THREE IS FOR ME

(Age 3) A different theme will be explored each month. Children will learn through play and explore the world around them in a fun and safe environment. This will all be accomplished through arts and crafts, music, social interaction, sensory play, and games. Remember to pack a snack! Register in person at SCC. Ask about our toilet training policy. This program runs through the school year. Average monthly fee is \$144. No class 9/4, 10/9, 10/23, 11/6, 11/10, 11/22, 11/24.

103102-01 \$168

M,W,F 8/28-9/29 9:30am-11:00am

103102-02 \$132

M,W,F 10/2-10/30 9:30am-11:00am

103102-03 \$108

M,W,F 11/1-11/29 9:30am-11:00am

JUST FOR TWOS

(Age 2) Two-year-olds will have their first classroom experience in a relaxed atmosphere. During their time at SCC they will create works of art, engage in sensory play, and learn social interaction skills all while having fun with friends. Pack a snack! Register in person at SCC. Ask about our toilet training policy. This program runs through the school year. Average monthly fee is \$96. No class 11/7, 11/23.

103101-01 \$120

Tu,Th 8/29-9/28 9:30am-11:00am

103101-02 \$108

Tu,Th 10/3-10/31 9:30am-11:00am

103101-03 \$84

Tu,Th 11/2-11/30 9:30am-11:00am

TOT DROP-IN

(Ages 5 & under) Have fun in our indoor gym! Riding toys, balls, slides, and much more will be

in the SCC gym on weekday mornings. Adults can pay drop-in fee each visit or purchase SCC Drop-In Activities Card for \$25! No drop-in 10/9, 11/9, 11/10, 11/23, 11/24.

103100-01 \$2.50 Drop-in fee M-F 9/5-11/30 9:30am-11:30am

FUN WITH FIVE SENSES

(Ages 3-5) First Friday of the month. A variety of activities and games for each theme will utilize all five senses. Participants will build observational skills and learn how to describe their experiences. Please notify us of any dietary restrictions at least two weeks in advance.

103105-01	\$6	Trees
F	9/1-9/1	11:15am-12:00pm
103105-02	\$6	Weather
F	10/6-10/6	11:15am-12:00pm
103105-03	\$6	Ocean
F	11/3-11/3	11:15am-12:00pm

SILLY CHEFS

(Ages 3-5) First Wednesday of the month. Your kids can play with their food at the Sterling Community Center! Each class, we let the little ones get creative with a fun food based activity. Sign up for one, two, or all three! Please notify us of any dietary restrictions at least two weeks in advance.

103103-01	\$7	Popcorn Days
W	9/6-9/6	11:15am-12:00pm
103103-02	\$7	Campfire Cones
W	10/4-10/4	11:15am-12:00pm
103103-03	\$7	Mini Pizzas
W	11/1-11/1	11:15am-12:15pm

MUSIC MAKERS

(Ages 3-5) Second Fridays. Your child will make their very own instrument, and participate in some fun musical games and activities. Class helps develop motor skills and rhythm.

103110-01	\$6	Maracas
F	9/8-9/8	11:15am-12:00pm
103110-02	\$6	Rainbow Shaker
F	10/13-10/13	11:15am-12:00pm

ANIMAL ENGINEERS

(Ages 3-5) Second Monday of the month. Each class will focus on a type of animal-made structure. Participants will learn about animal needs and adaptations, then use a variety of materials to build their own project inspired by the month's theme.

103143-01	\$6	Delightful Dams
M	9/11-9/11	11:15am-12:00pm
103143-02	\$6	Brilliant Beehives
M	11/13-11/13	11:15am-12:00pm

CRAFTY KIDS

(Ages 3-5) Second Wednesday of the month. Create wonderful works of art to hang in your art gallery! Test new mediums and materials in this interactive class with friends.

103106-01	\$6	Pirate Ship
W	9/13-9/13	11:15am-12:00pm
103106-02	\$6	Monster Headbands
W	10/11-10/11	11:15am-12:00pm
103106-03	\$6	Turkey
W	11/8-11/8	11:15am-12:00pm

WHEN I GROW UP...

(Ages 3-5) Third Friday of the month. Learn about different professions and how they fit into the community. Stories and creative projects will be used to explore each month's occupation. When I grow up, I want to be a...

103112-01	\$6	Fire Fighter
F	9/15-9/15	11:15am-12:00pm
103112-02	\$6	Train Engineer
F	10/20-10/20	11:15am-12:00pm
103112-03	\$6	Veterinarian
F	11/17-11/17	11:15am-12:00pm

ABC ADVENTURES

(Ages 3-5) Third Monday of the month. A is for Adventure! Play interactive games, make personalized crafts, and have fun getting to know the letters of the alphabet. Each month focuses on different letters.

103145-01	\$6	A, B, C
M	9/18-9/18	11:15am-12:00pm
103145-02	\$6	D, E, F
M	10/16-10/16	11:15am-12:00pm
103145-03	\$6	G, H, I
M	11/20-11/20	11:15am-12:00pm

LITTLE SCIENTIST

(Ages 3-5) Third Wednesday of the month. Science projects and hands on activities will be explored with friends. This class will allow your little one to explore the world of science with a different experiment each week. The class will be led by our very own Mad Scientist!

103104-01	\$6	Lively Light
W	9/20-9/20	11:15am-12:00pm
103104-02	\$6	Volcano-a-go-go
W	10/18-10/18	11:15am-12:00pm
103104-03	\$6	Water Wonders
W	11/15-11/15	11:15am-12:00pm

WORLD EXPLORERS

(Ages 3-5) Fourth Friday of the month. Introduce your child to world countries and cultures. Through games and activities, children will learn about another country, including its geographic location and its culture. A different country will

103146-01	\$6	Italy
F	9/22-9/22	11:15am-12:00pm
103146-02	\$6	China
F	10/27-10/27	11·15am-12·00nm

THE VERY ARTSY STORY

be featured each month.

(Ages 3-5) Fourth Monday of the month. Each

session we will read an enjoyable book and then get creative by doing a fun story-related arts & crafts project.

 103109-01
 \$6
 Where the Wild Things Are

 M
 9/25-9/25
 11:15am-12:00pm

 103109-02
 \$6
 The Rainbow Fish

 M
 11/27-11/27
 11:15am-12:00pm

HANDS-ON HELPERS

(Ages 3-5) Fourth Wednesday of the month. We'll get crafty and active with games and projects selected to work on gross and fine motor skills used in everyday routines. Kids will develop their dexterity, self-awareness, and independence.

 103108-01
 \$6
 Kitchen Helpers

 W
 9/27-9/27
 11:15am-12:00pm

 103108-02
 \$6
 Classroom Helpers

 W
 10/25-10/25
 11:15am-12:00pm

SCULPT 'N SNACK

(Ages 3-5) Fifth Friday of the month. An instructor will lead the group in making a big batch of play dough, then assist participants with sculpting tools and techniques to make their own version of the provided subject. We'll provide a snack during sculpture time to enhance the creative experience!

103111-01 \$6 Dinosaur F 9/29-9/29 11:15am-12:00pm

PLAYING WITH MATH

(Ages 3-5) First Monday of the month. An instructor will lead participants through dramatic play scenarios that will incorporate math skills such as number concepts, comparing, measuring, and patterning.

103142-01 \$6 Auto Mechanics M 10/2-10/2 11:15am-12:00pm

PILGRIM PARTY

(Ages 3-5) It's a party with cute Thanksgiving treats. We'll make turkey-shape tea sandwiches, chocolate pilgrim hats, and mini pumpkin pies.

103116-01 \$8

Tu 11/21-11/21 11:15am-12:00pm

ELEMENTARY AGE PROGRAMS

PIRATE ADVENTURE CAMP

(Ages 6-9) Sail the high seas with us at Sterling Community Center! Be sure to talk like a pirate as you learn to use a compass, complete a pirate obstacle course, and go on a treasure hunt! Pack a lunch, water bottle, and two snacks each day. 103222-01 \$80

M,Tu 11/6-11/7 7:30am-6:00pm

TEEN PROGRAMS

YOUTH ARCHERY

(Ages 10-15) This introductory class will teach safety and different techniques. Participants will be given a lot of hands-on experience and attention for individual improvement. A variety of targets and games will be used to test and enhance skills. Attendance at first class is MANDATORY.

103260-01 \$55

Su 9/10-10/8 12:30pm-1:45pm

ADULT PROGRAMS

ADULT VOLLEYBALL DROP-IN

(Ages 18 & up) Drop in on Tuesday and Thursday nights at SCC for coed Volleyball! Pay drop-in fees or purchase an SCC Drop-In Activities card for \$25 and stop worrying about drop-in money! No drop-in 11/23.

103500-01 \$2.50 Drop-in fee Tu,Th 9/5-11/30 7:00pm-9:00pm

ADULT SOCCER DROP-IN

(Ages 18 & Up) Work on your soccer drills and skills in our indoor gymnasium on Monday nights at Sterling Community Center. Pay drop-in fees or purchase an SCC Drop-In Activities Card at SCC for \$25. No drop-in 10/9.

103517-01 \$2.50 Drop-in fee M 9/11-11/27 7:45pm-9:00pm

ADULT ARCHERY

(Ages 16 & up) Archery for Adults! If you have never shot a bow, or the last time you did was summer camp, this introductory class is for you. Safety and different techniques will be emphasized. Participants will be given a lot of hands-on experience and attention for individual improvement. A variety of targets and games will be used to test and enhance skills. Attendance at first class is MANDATORY.

103502-01 \$55

W 9/13-10/11 5:45pm-7:00pm

MULTIAGE PROGRAMS

SCC DROP-IN ACTIVITIES CARD

(All Ages) Purchase an SCC Drop-In Activities card and never worry about drop-in money again! Drop-In card can be used for Tot, Archery, Adult Volleyball, Adult Soccer and Pickleball drop-in programs. Each card is good for 10 visits.

103700-01 \$25

M-Su 9/1-11/30 12:00am-12:00am

ARCHERY RANGE SAFETY

(Ages 10 & up) If you're an experienced archer who would like to participate in our Archery

Drop-in sessions, you must take this range rules and safety orientation first. Orientation is not instructional, participants MUST already know how to shoot a bow; those new to archery are advised to take our beginner archery class instead. Safety orientation starts promptly, late participants will be transferred to the next session.

103526-01 \$5

W 9/6-9/6 6:30pm-7:00pm

103526-02 \$5

V 11/1-11/1 6:30pm-7:00pm

ARCHERY DROP IN

(Ages 10 & up) Drop in on Wednesday nights at SCC to practice archery on our indoor range. Use one of our recurve, compound, or crossbows and arrows. Use of other bows must be pre-approved at SCC, max draw 30 lbs. Mandatory prerequisite: SCC Archery Orientation or SCC Archery class. No drop-in 11/22.

103525-01 \$2.50

W 9/6-11/29 7:15pm-8:30pm

PICKLEBALL DROP-IN

(Ages 12 & up) The fastest growing sport in America has made its way to the Sterling Community Center! Children under 16 must be accompanied at all times by an adult. Pay per visit or purchase an SCC Drop-in Activities Card at SCC for \$25.00. No drop in 10/9.

103535-01 \$2.50

M 9/11-11/27 6:15pm-7:30pm

FAMILY GAME NIGHT

(Ages 7 & up) Ping Pong, Foosball, board games, video games and fun for the whole family! Children under 16 must be accompanied at all times by an adult. Pay per visit or purchase an SCC Drop-in Activities card at SCC for \$25. No drop-in 10/9.

103522-01 \$2.50

M 9/11-11/27 6:30pm-8:30pm

103522-02 \$1

M 9/11-11/27 6:30pm-8:30pm

BIRTHDAY PARTY PACKAGES

All of our party packages include:

- Two hours of Party Time-plus 15 minutes before and after for set up/clean up
- Four Decorated Tables-with table covers in your choice of color
- Basic Partyware-paper plates, cups, napkins, utensils, and juice for children
- Party Coordinator-staff will work with you to book and plan your party

Parties are priced for 15 children. Registration must be done in-person at Sterling Community Center. See our Moonbounce Party Package set up at https://www.youtube.com/watch?v=6c_m2wtY110. Call 703-430-9480 for more information and availability.

MOONBOUNCE BIRTHDAY PARTY

(All ages) Enjoy a bouncing birthday party indoors! With five moonbounces of various sizes set up, there will be plenty of jumping fun for all the kids. Party package includes two-hour gym rental (plus 15 minutes before and after for setup and cleanup), basic partyware with four decorated tables, and a party coordinator. Registration must be done in person at SCC. Call 703-430-9480 to check availability.

103586-01 \$200 M-Sa 9/1-11/30

BUILD YOUR OWN PARTY

(All ages) If you'd like a party theme not on our list, we can work with you to plan games and activities around a topic of your choice! Party package includes two-hour gym rental (plus 15 minutes before and after for setup and cleanup), an instructor (optional), basic partyware with four decorated tables, and a party coordinator. Registration must be done in person at SCC.

103593-01

M-Sa 9/1-11/30

BUILD & BOUNCE PARTY

(All ages) We'll provide a variety of building toys to challenge your engineering skills, and moonbounces to explore physics. Party package includes two-hour gym rental (plus 15 minutes before and after for setup and cleanup), three moonbounces, various building toys, basic partyware with four decorated tables, and a party coordinator. Registration must be done in person at Sterling CC.

103594-01 \$210 M-Sa 9/1-11/30

ADD-ON MOONBOUNCES

(All ages) Add some bounce to your party! Our three large moonbounces can be added to most of our themed party packages.

103595-01 \$75 M-Sa 9/1-11/30

CARVER CENTER

200 Willie Palmer Way Purcellville, VA 20132

571-258-3400

M-F 9:00A-9:00P Sa 9:00A-6:00P

For senior classes, programs and events, please refer to the Carver Center section following the Bluemont Community Center listings.

DULLES SOUTH SENIOR ACTIVITY CENTER

24950 Riding Center Drive South Riding, VA 20105

571-258-3883

M-F 9:00am-5:00pm

Unless otherwise noted, the following classes, activities, and programs for ages 55 & older are FREE, although membership or non-member drop-in fees apply.

SPECIAL EVENTS

Please contact the Dulles South Senior Activity Center for more information about special events for seniors.

ONGOING ACTIVITIES

YOGA FOR SENIORS

Enjoy the benefits of a life with Yoga. This class practices yoga while seated. Improve your strength, balance and flexibility. End this class with a good laugh.

M, T, W, F ongoing 11:00amm-12:00pmm

YOGA

Traditional Mat Yoga. Please bring your yoga mat.
Th ongoing 11:00am – 12:00pm

TAI CHI

Join us in this beautiful form of exercise from the mainland of China.

Tu, W ongoing 10:00am-11:00am

BEGINNING LINE DANCE

New to line dancing? Try this class to learn some basic line dance routines at a slower pace.

F ongoing 10:00am-11:00am

LINE DANCE

Learn new line dance routines and have some fun.

Tu ongoing 11:00am-12:00pm Th ongoing 1:00pm – 2:00pm

HULA & FOLK DANCE

Learn a new hula or folk dance monthly.

Th ongoing 10:00am

WALK AROUND THE WORLD

Enjoy conversation with friends while "hall-walking" the Dulles South Multipurpose and Senior Center loop.

M.Tu.W.Th.F ongoing 9:00am-5:00pm

EXERCISE EQUIPMENT ROOM

Get fit using the treadmill, bicycle, cardioglide,

and free weights.

M,Tu,W,Th,F ongoing 9:00am-5:00pm

COMPUTER

Computer help for beginners and more. If you are interested in learning how to use your phone, computer, or tablet to its fullest capacity, get help from volunteers Alfred and Baldev.

Tu ongoing 11:30am-1:30pm W ongoing 10:30am-11:30am

TECH TALK W/ GUM SPRINGS LIBRARY

Staff from Gum Springs Library share tips and tricks for using your technology devices and share the latest information on new technology devices.

Open Questions

1st W ongoing 1:30pm-2:30pm **Topic of the Month (i.e. Learn Facebook,**

Twitter, etc.)

3rd W ongoing 1:30pm-2:30pm

KNIT 'N' STITCH CLUB

Bring your own supplies. Interested in learning to knit, crochet or sew? Help is available from volunteer instructor.

Tu ongoing 12:30pm-2:00pm Th ongoing 10:30am-1:00pm

LIBRARY OUTREACH SERVICES

Loudoun County Public Library visits our center for a monthly book /DVD/CD exchange.

4th W ongoing 11:00am-12:00pm

ADVISORY BOARD MEETING

Dulles South Senior Activity Center Advisory Board meets the first Tuesday monthly.

1st Tu ongoing 12:45pm

SERVICES FOR SENIORS

See an Elder Resources Case Manager for confidential supportive assistance and questions for aging issues and situations. Sign up in the Dulles South Senior Activity Center staff office.

2nd, 4th W ongoing 12:30pm-5:00pm

INOVA MOBILE HEALTH SERVICES

Stop by and have your blood pressure and heart rate monitored monthly.

1st Tu ongoing

ENGLISH CHAT

Learn new vocabulary and chat with new friends from around the world.

Tu,W,Th ongoing 12:30pm-1:30pm

GAMES GALORE

Start your week and weekend out right...PLAY! Jump start vocabulary with a good game of Scrabble, Rummikub, Canasta, Hand & Foot, and more

M,Tu,W,Th,F ongoing 10:30pm-5:00pm

MAHJONG 11:00am Tu,W ongoing

MEXICAN TRAIN DOMINOES

Senior Olympic rules apply ongoing 1:00pm

PARTY BRIDGE

10:00am ongoing

BUNCO

Learn to play and join in this fun, easy dice game.

W ongoing 12:30pm

BOOK CLUB

Check out the book of the month from the staff office or from the volunteer leader. Read and return to discuss at the monthly meeting. 4th W ongoing 10:00am

CREATIVE WRITING GROUP

Bring your writing tool of choice, either pen and paper or computer. Write and share in a group setting.

3rd M 10:15am ongoing

MEMOIR WRITING

Gum Springs Librarian leads this monthly memoir writing group at Dulles South Senior Activity Center.

2nd W ongoing 10:00am

BIBLE STUDY

M-F 10:30am ongoing

E-COMMENT

Seniors can record a two-minute video message to the Board of Supervisors for their review. W ongoing 12:30am

BEGINNING SPANISH

Learn to speak Spanish. Bring a notebook and pen.

Th 11:00am ongoing

GUEST SPEAKERS

Check monthly newsletter for quest speaker presentations on a variety of topics.

SHOPPING

Trips twice a month to Dulles Landing Shops including Walmart, Ross, Dick's, Home Goods and more. Occasional shopping trips to Wegmans and Target in Sterling, Dulles Town Center Mall. Leesburg Outlets and more. Call the center for dates & times of specialty shopping trips.

2nd, 4th M onaoina 12:30pm

MONTHLY BIRTHDAY PARTY

Enjoy cake and celebrate the members' birth-

days for the month.

2nd Tu 12:30pm ongoing

MONTHLY MOVIE

Enjoy a movie on the big screen at the center. 4th W ongoing 12:30pm

Please stop by for more information and check out our facility. Schedule Dulles South Senior Activity Center for your next meeting, dance club, bridge group, or friendly gathering!

SENIOR CENTER AT CASCADES

21060 Whitfield Place Sterling, VA 20165

571-258-3280

M, W-F 9:00am-5:00pm Tu 9:00am-8:00pm

Registration is not required for the following general interest activities for participants 55 and over. They are free unless otherwise noted (although annual membership or daily drop-in fee applies)

CARDS & GAMES

BINGO

Fee required (15 games)

M, Th ongoing 10:30am-12:00pm 10:30am-11:30am Tu ongoing F 1:30pm-3:00pm ongoing

JEOPARDY!

4th W ongoing 11:00am-12:00pm

DUPLICATE BRIDGE

Sanctioned game-Fee required

ongoing 11:00am-3:00pm M Th ongoing 1:00pm-4:30pm

O'HECK

W ongoing 10:00am-11:30am

PINOCHLE

11:00am-12:00pm Th ongoing

PARTY BRIDGE

ongoing 1:00pm-4:00pm

POKER

Tu. Th 1:00pm-4:30pm ongoing

BUNCO

1st W 1:00pm-3:00pm ongoing

CULTURAL & SOCIAL ACTIVITIES

BOOK DISCUSSION

3rd Tu ongoing 12:00pm-1:30pm

CAMERA CLUB

1st Tu ongoing 1:00pm-2:30pm

INDIAN CULTURAL GROUP

Open to anyone interested in attending to celebrate Indian culture

2nd W ongoing 10:30am-12:00pm

MIND FLOW

2nd Tu 10:30am-12:00pm ongoing

MORNING REFRESHMENTS & FRIENDSHIP

M-F ongoing 10:00am-12:00pm

CURRENT EVENTS DISCUSSION

1:30pm-3:00pm ongoing

ITALIAN ACTIVITY

ongoing 10:00am-12:00pm

CONVERSATIONAL SPANISH

For those who would like to practice their Spanish skills this free activity offers a great opportunity to converse and discuss current topics while improving grammar skills. Designed for the intermediate or advanced student. New students are always welcome! Instructor: Ana Mahoney

Advanced

Tu ongoing 9:30am-10:45am

Intermediate

Tu ongoing 10:45am-12:00pm

KNIT & CROCHET COMMUNITY VOLUNTEERS

Join an active knit & crochet group to create items to benefit children and adults in the community facing illness or crisis, or join the group to work on your own projects.

ongoing 10:00am-12:00pm

CROCHET INSTRUCTION

ongoing 1:30pm-3:00pm

MOVIE, POPCORN & SODA

Movies shown on 8-foot screen.

\$3/movie

3rdW ongoing 1:30pm-3:30pm

CLASSIC MOVIE NIGHT

Free classic movies shown on 8-foot screen followed by an interactive discussion. Bring snack. 4th Tu ongoing 5:00pm-7:30pm

OPEN PAINTING

Tu 10:00am-12:00pm ongoing

POTLUCK BINGO

Participants bring a dish to share along with a "white-elephant" item to give as a bingo prize.

2nd Tu ongoing 5:30pm-7:30pm

SENIOR CENTER ADVISORY BOARD

3rd Th ongoing 10:00am-11:30am

TEA TIME

\$.50/donation

Th ongoing 2:00pm-3:00pm

EXERCISE ACTIVITIES

See CLASSES for Zumba & Forever Fit

AEROBICS

M-F ongoing 9:00am-10:00am

AEROBICS

M, W, F ongoing 10:00am-11:00am

REJUVENATION EXERCISE

Tu,Th ongoing 10:00am-11:00am

BALLROOM DANCING

W ongoing 11:00am-12:00pm

INTRO TO LINE DANCING

Th ongoing 10:00am-11:00am

BEGINNER LINE DANCING

W ongoing 10:30am-11:30am

BEGINNER PLUS LINE DANCING

F ongoing 1:15pm-2:30pm

HAPPY YOGA

F ongoing 10:30am-11:30am

LOW INTERMEDIATE LINE DANCING

M ongoing 1:00pm-2:30pm F ongoing 1:00pm-2:30pm

PICKLE BALL

Tu ongoing 3:00pm-7:00pm W ongoing 9:15am-10:30am

TAI CHI & QI GONG WITH MABEL

Meditation in motion. Gentle martial arts for seniors, with breathing concentration exercises. Led by Mabel Chin and Marlene Burkgren. Tuesday class for Beginners.

Tu ongoing 11:00am-12:00pm F ongoing 11:00am-12:00pm

MAH JOHNGG (American Version)

M ongoing 1:00pm-3:00pm Tu ongoing 1:00pm-3:00pm

SELF-HELP & RESOURCES

TEEN TECH TUESDAYS

Bring your mobile device, laptop, tablet and meet with local teens in the computer lab to answer questions, help install apps, or give pointers on how to navigate the internet. Advanced signup is required.

Free

Tu ongoing 5:00pm-7:00pm

SHARE YOUR COMMENTS WITH LOCAL OFFICIALS!

Seniors are invited to participate in the E-Comment program to record comments for the public input session of the monthly Loudoun County Board of Supervisors meetings. E-Comments can be recorded on Thursdays at 10:30 a.m. Contact the center for more details.

AARP DRIVER SAFETY PROGRAM-"SAFE DRIVER"

This two-day program may help to reduce the cost of your insurance. Non-members must pay additional drop-in fee.

\$20, 15/AARP members

W, F TBA 10:00am-3:00pm

BLOOD PRESSURE CHECK

M-F ongoing 11:00am-11:30am

COMPUTER ASSISTANCE

F ongoing 12:30pm-2:00pm

SENIOR OUTREACH SERVICES

Provides confidential, supportive assistance linking seniors to services and support in the community.

1st, 3rd W ongoing 11:00am-4:30pm

HEARING LOSS ASSISTANCE

Representative from Northern Virginia Resource Center for Deaf and Hard of Hearing Persons answers questions about hearing loss and available resources.

3rd W ongoing 10:00am-12:00pm

"US TOO" PROSTATE CANCER EDUCATION AND SUPPORT GROUP

2nd Tu ongoing 6:00pm-8:00pm

MOBILE HEALTH VAN

Loudoun Healthcare provides blood pressure checks and referrals.

2nd.4th Tu ongoing 9:00am-12:00pm

SUPPORT GROUP FOR TINNITUS AND HEARING PROBLEMS

1st F ongoing 2:00pm-3:00pm

WEEKLY PROGRAMS

Watch for information in the Senior Center Review (monthly newsletter distributed to all members) about weekly programs such as financial and estate-planning seminars, medical presentations and screenings and lectures on historical events and literary figures.

CLASSES

CERAMICS

Learn how to clean green ware, paint and glaze. Participants may choose from hundreds of molds. Price includes small ceramic piece. Class offered every month. Please check with the Senior Center for current schedule. Instructors: Pat Miller and/or Frank Smith.

\$21/member, \$25/non-member - 2 sessions

ZUMBA GOLD (DROP-IN)

Dance Fitness program with a Latin/International beat! Zumba Gold is geared toward active adults learning Zumba or those who prefer a low-impact version. Instructor: Vivian Monroe.

 145604-01
 \$10/member, \$12/non-member

 Tu
 ongoing
 1:00pm-2:00pm

 145601-01
 \$10/member, \$12/non-member

 Th
 ongoing
 11:00am-12:00pm

FOREVER FIT (DROP-IN)

A fun seated fitness class to improve your fitness level without placing stress on your joints. If you like to dance or move to music, this 45 minute class will help you to stay fit as you age! Instructor: Alison McPherson.

145603-01 \$6/member, \$8/non-member W ongoing 1:00pm-1:45pm

SPANISH FOR BEGINNERS I

This fun class is for the beginning student who needs to refresh his/her beginning skills. Students will need to purchase an all-levels textbook (\$25). Instructor: Lea Nigon

145600-01 \$21/member, \$41/non-member M 9/11-11/20 1:00pm-2:15pm

INTERMEDIATE SPANISH I

This class is for the student who wishes to further his/her Spanish studies through reading, writing, conversation and cultural exploration. Prerequisites: Spanish for Beginners I & II. Students will need to purchase an all-levels textbook (\$25). Instructor: Ana Mahoney.

145600-02 \$21/member, \$41/non-member
Th 9/7-11/16 10:45am-12:00pm

ADVANCED SPANISH I

This course is for the intermediate student who wishes to further his/her Spanish studies through reading, writing, conversation and cultural exploration. Prerequisites: Intermediate

Spanish I & II or its equivalent. Student will need to purchase an all-levels textbook (\$25). Instructor: Ana Mahonev.

145600-03 \$21/member, \$41/non-member Th 9/7-11/16 9:15am-10:45am

SPECIAL EVENTS

LINE DANCE PARTY!

All levels welcome! A two-hour line dancing extravaganza with instruction, food and beverages, and some really great music!

145609-01 \$5/members in advance,

\$7/non-members & at the door

F 9/15-9/15 2:00pm-4:00pm

SPAGHETTI DINNER

A full meal of Spaghetti served with salad and dessert. Live musical entertainment.

145609-02

\$5/members in advance, \$7/non-members & at the door

Tu 9/26-9/26 4:00pm-6:00pm

DIWALI

A celebration from India known as the Festival of Lights. Culture, customs, and dance. Lunch to follow presentation. A lunch donation is requested.

F 10/13-10/13 10:30am-12:00pm

ARTS & CRAFTS FAIR

Vendors from near and far sell their handmade goods. Featuring food truck, 50/50 Raffle and live music.

Sa 10/21-10/21 9:00am-2:00pm

HALLOWEEN PARTY/DANCE!

Costume (optional) party with light snacks and refreshments. Music by DJ Sky Dantinne. Prizes for best costumes.

145609-03 \$5/members in advance,

\$7/non-members & at the door

Tu 10/31-10/31 2:00pm-4:00pm

VETERANS DAY TRIBUTE

Special Luncheon to honor the brave men & women who have served their Country. Live musical entertainment. Lunch donation requested Th 11/9-11/9 11:30am-1:00pm

THANKSGIVING DAY LUNCHEON

Our annual feast featuring turkey with gravy and all the fix-ins with musical entertainment. Lunch donation requested.

Th 11/16-11/16 11:30am-1:00pm

CHRISTMAS AROUND THE WORLD

Enjoy a pot luck with holiday fare from all around the world. Learn about how different cultures celebrate the Holidays and share in a gift exchange (\$5/optional gift). Event is free for

members who bring a dish and a story to share

145609-04 \$5/members in advance,

\$7/non-members & at the door 12/12-12/12 5:00pm-7:00pm

NEW YEAR'S PARTY/DANCE

Tu

Ring in 2018 with music provided by DJ Sky Dantinne. Tasty snacks and beverages will be served. Transportation will be available after the event.

145609-05 \$5/members, \$7/at the door Th 12/28-12/28 2:00pm-4:00pm

THE SENIOR CENTER OF LEESBURG

102 North Street, NW, Suite B, Leesburg, VA 20176

703-737-8039

M,W,Th,F 9:00am-5:00pm Tu 9:00am-8:00pm Membership fee:

\$26/resident, \$39/non-resident

Unless otherwise noted, the following classes, activities, and programs are offered for free to participants ages 55 and older, although membership or drop-in fees apply.

Closed 9/4, 10/9, 11/10, 11/22 (at noon), 11/23 & 11/24.

ARTS & CRAFTS

CERAMICS HAND-BUILDING

Hand-building instruction the first Tuesday of every month. Sign-up at Center's Ceramic Workshop.

1st Tu ongoing 4:00pm-6:00pm

CRAFTS WITH MINDA

Participate in crafts with Minda.

W ongoing 10:30am-12:00pm

SEWING

For the beginner level. Sewing Machine provided. Bring in your sewing project. Assistance provided by Carol

M,F ongoing 9:00am-12:00pm

STITCH'N'B

Sew, knit, crochet, and needle work. Make new friends and share ideas. Assistance provided by Carol.

M,F ongoing 9:00am-12:00pm

ART STUDIO WITH CAROL

Share techniques and learn new skills from each other. Bring your own supplies and work with expert help from Carol.

M ongoing 12:30pm-3:00pm

QUILT MAKERS CLUB

Come to chat and exchange ideas. Bring your own project to work on. Make use of the large tables to spread out your project.

Tu ongoing 9:30am-12:00pm

CROCHET CLUB

Bring your hooks and yarn. Work together on your own projects.

M,F ongoing 9:00am-12:00pm

DRAWING STUDIO WITH KAREN

Drawing with Karen on the second Wednesday of the month ONLY.

2nd W 9/13, 10/11, 11/8 12:30pm-2:15pm

EDUCATIONAL

SPANISH PRACTICE

Mary Frances leads the group in puzzles and games used to practice the language.

W ongoing 1:00pm-2:00pm

OUTING TO RUST LIBRARY

Take your dreams off the shelf and check it out! Every month enjoy a new activity with Dena Henchen, Adult Services Librarian at Rust Library. Learn all that the Library has to offer. Dates are 10/23 and 11/27.

M ongoing 10:30am-11:45am

MUSICAL

UKULELE LESSONS & SING-A-LONG

Learn to play the ukulele. Ukulele Lesson and ukuleles available for loan. No experience necessary.

Th ongoing 12:30pm-2:30pm

GUITAR LESSONS WITH TERRY

Bring your guitar, mandolin, banjo, ukulele, dobro, fiddle or dulcimer and play the old country music, bluegrass, folk, and traditional tunes. Beginner or a pro, all are welcome!

F ongoing 1:00pm-2:30pm

DANCE

HULA & FOLK DANCES

Learn new dances from all over the world. No partner required. Instruction provided by Minda.

 $\begin{array}{ccc} \text{Tu} & \text{ongoing} & \text{1:00pm} \\ \text{F} & \text{ongoing} & \text{1:00pm} \end{array}$



She lives alone and can no longer prepare her meals. She could use someone to deliver a warm meal. In less than one hour you could be that someone.



It only takes an hour to give back to seniors.

To volunteer for the Loudoun County Home Delivered Meals Program,
call 703-777-0257 or contact debra.bressler@loudoun.gov.
Home Delivered Meals Programs is administered by the Loudoun County
Department of Parks, Recreation & Community Services/Area Agency on Aging.

www.giveitbacktoseniors.org

HAPPY HOUR

Get started! Learn beginning level line dancing with Elfreide.

W ongoing 12:00pm-1:00pm

HAPPY FEET

Learn more intermediate level line dancing with Minda.

W ongoing 1:00-2:00pm

BELLY DANCING

Introduction to belly dancing class will be instructed by Karen.

W ongoing 10:30am-11:30am

LINE DANCE WITH VINNY

Enjoy Vinny and his line dance steps. Take instruction and glide to the music. No partner is required. All levels welcome.

Th 12:00pm-2:00pm ongoing F ongoing 10:30am-12:00pm

FITNESS

TAI CHI

Tai Chi is a gentle exercise proven to strengthen muscles, Improve stamina, blood circulation, balance and relaxation. Such a provides instruction. M ongoing 11:00am-12:00pm

TAIJIOUAN 24 FORMS

The standard simplified Chinese national version. Improve your balance, healthy low impact exercise, gain muscle strength and feel energized and sharpen your mind, body and spirt with this ancient art. Instructor is Zumei Feng.

Th ongoing 11:00am-12:00pm

ZUMBA GOLD

Latin-inspired dance fitness program. Feel the music and move to it with simple steps. Increase vour coordination and decrease stress. Wear rubber soled shoes, comfortable loose fitting clothing. Bring water and a towel. Certified Instructor: Barbara. Purchase a 10-class punch card or pay \$6 drop-in fee.

127651-01 9/5-11/28 \$60 punch card 11:00am-12:00pm Tu 127651-02 9/11-11/27 \$60 M punch card 2:15pm-3:15pm

BODY & MIND WORKS

Use hand weights for a total body workout. Meet twice per week for a better workout. Free Tu.F 2:30pm-3:30pm ongoing

YOGA & LAUGHTER

Combination of chair yoga, stretching, and laughter. Make new friends in this caring and supportive group.

Th 9:30am ongoing

HEALTH, WELLNESS & INFORMATION

INOVA MOBILE HEALTH SERVICES INOVA Nurse comes to give blood pressure

checks. 1st W ongoing 10:00am-12:00pm

LET'S TALK CIRCLE OF SUPPORT

We are all in transition. We are all learning how to deal with the challenges of life. Join the Circle of Support. Mary Ellen will guide the discussion. 3rd M ongoing 11:00am-12:00pm

SERVICES FOR SENIORS

Confidential support assistance. Provided by the Area Agency on Aging staff. Sign up in the lobby. Sign-up ahead.

2nd, 4th F 11:00am-4:30pm ongoing

ONGOING CLUBS & GROUPS

BOOK CLUB

Check out the book of the month at the front desk to take home and read. Bring back on or before the 2nd Wednesday of the month.

2nd W onaoina 10:00am-11:00am

INVESTORS DISCUSSION

Member led discussion. Share your research on investments.

2nd. 4th M 9:30am-10:30am ongoing

POKENO

Pokeno is a great time to connect, laugh and get to know some of the members at the center. Please come join us.

ongoing 10.30am-11:30am

PHOTOGRAPHY CLUB

Interested in taking pictures. Come join our photography club. You never know when that next Kodak moment may be!

4th F ongoing 10:00am-11:30am

HISTORY CLUB

Come discuss topics from the past! Explore all the great history with your fellow members. 2nd, 4thTh onaoina 10:00am-11:30am

PARTY BRIDGE

No partners needed. Stop by and play some bridge with friends.

Tu ongoing 1:00pm-4:00pm

WRITER'S ROUND TABLE

Share your work with other writers. Give critique and receive advice from fellow writers. We're building a community of senior writers!

ongoing 1:00pm-2:00pm Tu

BIBLE STUDY W/IRIS

۱۸/ 11:00am-12:00pm ongoing

LOUDOUN BRIDGE BUFFS

Duplicate Bridge Sanctioned ACBL Game. Fees Apply.

ongoing 12:00pm-4:30pm

CURRENT EVENTS DISCUSSION

Come prepared to engage in stimulating conversation about county, state, national, and international news.

W 1:00pm-2:00pm ongoing

OUTINGS

WEEKLY SHOPPING TRIPS

Weekly trips to local thrift stores and retailers. Check newsletter for details.

ongoing 10:45am

LUNCH BUNCH

This monthly outing gives the Leesburg Members a chance to be transported in style to a delightful lunch time. Cost covers the transportation. Meal paid for on your own. Bus leaves as scheduled.

127660-01 \$2 Ruby Tuesdays 9/14-9/14 11:30am-1:30pm Th 127660-02 \$2 **IHOP** Th 10/19-10/19 11:30am-1:30pm

RECREATION, SOCIAL & GAMES

SFTBACK

Join this new card game.

ongoing 1:00pm-2:30pm

EUCHRE

Card Game with friends old and new.

ongoing 9:30am-12:00pm

TEXAS HOLD'EM

9:00am-11:45am Tu,Th ongoing

RUMMIKUB

M-F ongoing All day

MAJHONGG

ongoing 12:30pm-2:30pm

OH HECK!

ongoing 10:00am-12:00pm

MEXICAN TRAIN

Tu 10:00am-12:00pm ongoing

CANASTA/HAND & FOOT

Tu ongoing 5:00pm-8:00pm F ongoing 2:00pm-5:00pm

PINOCHLE

Th ongoing 1:00pm-4:00pm

BINGO WITH BILLY

Cards are 50 cents each.

Tu ongoing 1:00pm-2:00pm

BINGO WITH GAIL

Cards are 50 cents each.

F ongoing 12:45pm-1:45pm

BIDWHIST

Card Game with friends old and new.

M ongoing 10:00am-12:00pm

BILLIARDS

Make use of the two regulation slate billiard

tables.

M-F ongoing 9:00am-5:00pm

Wii BOWLING

Enjoy Wii Bowling Fun, with new and old friends! Note subject to change for Special Event days. Questions see staff.

M ongoing 12:45pm-2:00pm

PICKLEBALL

Drop-in and play this indoor version of tennis played with a paddle and a wiffle ball. Space Limited to one court-4 players. Please note subject to change due to special event days.

M ongoing 2:30-4:45pm Tu ongoing 9:00-11:30am Tu 4:30-6:30pm ongoing W ongoing 2:30-4:45pm Th ongoing 2:30-4:45pm F ongoing 9:00-11:30am

BADMINTON

Play this backyard sport in our dining room.

M,W ongoing 9:30am-11:30am

TABLE TENNIS

Regulation Ping-Pong Table.

M-F ongoing check for times

SPECIAL EVENTS

MOVIE NIGHT

Enjoy a free monthly featured movie.

Kidnap

Tu 9/26-9/26 5:00pm-8:00pm

The Mummy

Tu 10/24-10/24 5:00pm-8:00pm

Megan Leavey

Tu 11/28-11/28 5:00pm-8:00pm

MOVIE DAY

Enjoy a free monthly featured movie.

Kidnap

W 9/27-9/27 12:30pm-2:30pm

The Mummy

W 10/25-10/25 12:30pm-2:30pm

Megan Leavey

W 11/29-11/29 12:30pm-2:30pm

PATSY CLINE SINGER LIZ RUFFNER

Come enjoy a musical presentation of Patsy Cline tunes from Liz Ruffner. Sure to be a pleas-

ant trip down memory lane.

127629-02 \$2

Th 9/7-9/7 1:00pm-2:30pm

POOL TOURNAMENT

Compete in eight ball pool in a double-elimination tournament. Medals to the Winners! Box lunch provided. Registration deadline 9/6.

127674-01 \$9

W 9/13-9/13 10:00am-2:00pm

THRIFT STORE SHOPPING SPREE

Come shop till you drop by visiting a variety (Blue Ridge Hospice, Twice is Nice and Hopes Treasures) of thrift/consignment stores in Leesburg. Boxed lunch will be held for you until your return (lunch donation applies).

127610-01 \$2

Tu 9/19-9/19 10:45am-1:30pm

COUNTRY WESTERN DANCE

Put on your dancing boots and be ready to boot, scoot and boogie the afternoon away to musical entertainment provided by DJ Jeff. Lunch included. Registration deadline 9/14/17

127643-01 \$5

Th 9/21-9/21 11:30am-2:00pm

RUMMIKUB TOURNAMENT

Compete with others in a double elimination Tournament. Medals to the winners. Registration deadline 10/4.

127647-01 \$2

W 10/11-10/11 10:00am-2:00pm

HALLOWEEN PARTY

Come dressed in your favorite costume, if you

Dare! Musical entertainment by DJ Jeff. Halloween candy for all! Lunch included.

Registration deadline 10/24.

127680-01 \$5

Tu 10/31-10/31 11:30am-2:00pm

HOLIDAY SHOPPING TRIP AT DULLES TOWN CENTER

Bus Ride to the Dulles Town Center for a holiday shopping outing. Lunch is on your own. Limited to 20 participants.

127610-02 \$1

W 11/1-11/1 10:45am-1:30pm

WII BOWLING TOURNAMENT

Compete with others in a double elimination Tournament. Medals to the winners. Registration deadline 10/30/17.

127664-02 \$2

M 11/6-11/6 10:00am-2:00pm

VETERANS DAY BREAKFAST

Enjoy a catered breakfast in honor of our veterans and their service to our country. Veterans can come dressed in uniform and share their story. Admission for veterans is FREE. Registration deadline is 11/2. Limited to 60 participants.

 127685-03
 Free
 Veteran

 Th
 11/9-11/9
 9:00am

 127685-04
 \$5
 Members & guests

 Th
 11/9-11/9
 9:00am

THANKSGIVING

The turkey traditional meal will be served. Lunch donation applies. Reservations

Required by 11/9/17.

127668-02 This is a free event

Th 11/16-11/16 11:30am-1:30pm

CLASSIC MOVIES

Enjoy free monthly classic movies

Urban Cowboy

M 9/11-9/11 12:30pm-2:00pm

Absence of Malice

M 10/2-10/2 12:30pm-2:00pm

The Philadelphia Story

M 11/6-11/6 12:30pm-2:30pm



BANSHEE REEKS NATURE PRESERVE

21085 The Woods Rd. Leesburg, VA 20175 **703-737-8550**

Sa-Su 8:00A.-4:00P www.loudoun.gov/bansheereeks

Enjoy the beauty of this unique 725-acre nature preserve in the heart of Loudoun County! The preserve consists of successional fields, hardwood forests, wetlands and riparian habitat. Banshee Reeks strives to protect the rich natural environments of its varied plant and animal populations. Goose Creek, a State Scenic River, encompassing abundant and diverse wildlife and associated habitats, runs more than two miles along the border of Banshee Reeks. The preserve is open to the public every Saturday and Sunday from 8:00 a.m. until 4:00 p.m. It is also open to organized groups that secure an access permit from the preserve manager in advance.

INSTRUCTORS WANTED!

We're looking for instructors who are willing to share their talents in nature and education with the community. Call 571-258-3744 for more information.

VOLUNTEER OPPORTUNITIES

The third Saturday of each month, is Volunteer Day at Banshee Reeks, beginning at 9:00 a.m. This is a great way to become more familiar with the preserve and meet people who share a common interest in nature, history and the environment. Activities vary with indoor and outdoor projects. Children under 16 must be accompanied by an adult. Volunteer Day is held regardless of weather conditions.

TRAILS ARE OPEN

Bring the family and enjoy 20 miles of trails at Loudoun County's only nature preserve. No registration required.

BIRDING BANSHEE

(Ages 14 & up) Join the Friends of Banshee Reeks and Loudoun Wildlife Conservancy for guided bird walks. These free, guided walks begin at 8:00 a.m. and are held on the second Saturday of each month. These walks provide beginner and experienced birders a chance to see some spectacular birds. Bring binoculars.

GUIDED WALKABOUTS

Special guided walkabouts can be provided to scout groups, school classes and community organizations. Scout groups can earn Activity Pins, Try-Its or Merit Badges. School groups can observe aspects of nature that they study in the classroom. These walkabouts can be used to introduce groups to some of the special ecological

characteristics, historical resources and wildlife habitats of the preserve. Fee: \$3/person, with \$18 minimum for one-hour walkabouts. Call 571-258-3744 for more information.

CLAUDE MOORE PARK

Visitor Center: 21544 Old Vestal's Gap Road Sterling, VA 20164 Athletic Fields: 46150 Loudoun Park Lane

571-258-3700

www.loudoun.gov/claudemoorepark Visitor Center/Discovery Room: Daily 9:00A-5:00P

Park Hours: Daily 7:00A-Sunset

PRESCHOOL AGE PROGRAMS

Children experience the natural world through play, stories, and exploring outdoors. Dress children appropriately for the weather.

PARENT/CHILD CLASSES

PARK PALS

(Ages 2-4) Discover the outdoors with a grownup friend. Look for tracks, listen for bird calls, look under logs, and more, while focusing on monthly themes. Dress to enjoy being outdoors.

161103-01	\$8	Bouncing Bunnies
F	9/8-9/8	9:30A-10:30A
161103-02	\$8	Trees and Leaves
F	9/22-9/22	9:30A-10:30A
161103-03	\$8	Who's That Hiding
F	10/6-10/6	9:30A-10:30A
161103-04	\$8	Animal Dress Up
F	10/20-10/2	0 9:30A-10:30A
161103-05	\$8	Getting Ready to Rest
F	11/3-11/3	9:30A-10:30A
161103-06	\$8	Turkey Time
F	11/17-11/1	7 9:30A-10:30A

SCOUT PROGRAMS

These programs meet most badge requirements. Adult must accompany scouts. Other times and badges available. Call for information or to schedule your own badge program. Leaders and chaperones are free.

CUB SCOUT ADVENTURES

Programs available for all Cub Scout levels. Fulfill some or all of the requirements for the new core and elective adventures while enjoying the outdoors.

Call ahead

Days vary 9/1-11/30 10:00A-5:00P

DAISY GIRL SCOUT ACTIVITIES

Try out the Between Earth and Sky Journey while experiencing the wonders of the park or just bring your girls for an exciting tour of the local wilderness.

Call ahead

Days vary 9/1-11/30 10:00A-5:00P

BROWNIE GIRL SCOUT BADGES

Complete various badges while exploring the park. Badges include Hiker, Bugs, Senses, Letterboxer, and more.

Call ahead

Days vary 9/1-11/30 10:00A-5:00P

JUNIOR GIRL SCOUT BADGES

Visit nature while completing requirements for badges like: Geocaching, Animal Habitats, Camper, Flowers, and more.

Call ahead

Days vary 9/01-11/30 10:00A-5:00P

AMERICAN HERITAGE GIRLS BADGES

Traverse the park and enjoy the outdoors while learning skills. Many badges are available for all program levels. Multi-age level programs are also available. Call for reservations.

Call ahead

Days vary 9/1-11/30 10:00A-8:00P

CUB SCOUT ADVENTURES

Programs available for all Cub Scout levels. Fulfill some or all of the requirements for the core and elective adventures while enjoying the outdoors. Call for reservations.

Call ahead

Days vary 9/1-11/30 10:00A-8:00P

MIDDLE & HIGH SCHOOL AGE PROGRAMS

CADETTE GIRL SCOUT BADGES

Join us at the park for an adventure in Archery, Tree exploration, Fishing, and more. Call for reservations.

Call ahead

Days vary 9/1-11/30 10:00A-8:00P

HIKES, CAMPFIRES & INTERPRETIVE PROGRAMS

For the following programs, children MUST be accompanied by an adult, unless otherwise noted. Minimum numbers required to run programs; please call in advance to register.

DISCOVERY GROVE EXPLORATION

(All ages) Do you love the outdoors? You'll love

our outdoor play space where you can dig for worms, build forts, climb over logs, and more. Come explore with us!

Free event		
Sa	9/9-9/9	1:00P-3:00P
Free event		
Sa	10/7-10/7	1:00P-3:00P
Free event		
M	10/23-10/23	1:00P-3:00P
Free event		
M	11/6-11/6	10:00A-12:00P
Free event		
Sa	11/11-11/11	1:00P-3:00P

LANESVILLE OPEN HOUSE

(All ages) Take a step through 200 years of history. Built in 1779, this nationally registered historic place has seen Loudoun County grow but has not lost its charm. Visit and discover what life was like in this historic home and try out some colonial activities.

Free event

Sa	9/9-9/9	1:00P-3:00P
Free event		
Sa	10/7-10/7	1:00P-3:00P
Free event		
Sa	11/11-11/11	1:00P-3:00P

FROGSHACKLE OPEN HOUSE

(All ages) Explore a treasure trove of hands-on nature items. Pet real fur, discover fossils, admire birds' nests, make tracks, and more. Many exciting items wait for you to pick up and enjoy!

	•
Free	event
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I ICC CVCIIL		
Sa	9/9-9/9	1:00P-3:00P
Free event		
Sa	10/7-10/7	1:00P-3:00P
Free event		
M	10/23-10/23	10:00A-12:00P
Free event		
M	11/6-11/6	1:00P-3:00P
Free event		
Sa	11/11-11/11	1:00P-3:00P

BRIDGES' ONE-ROOM SCHOOLHOUSE

(All ages) Visit the earliest one-room school-house existing in eastern Loudoun. Guides will share skills and games of a typical 1870 school day. Are you going to have to wear the dunce cap?

Free event

Sa	9/9-9/9	1:00P-3:00P
Free event		
Sa	10/7-10/7	1:00P-3:00P
Free event		
Sa	11/11-11/11	1:00P-3:00P

FAMILY FISHING DAY

(All ages) Enjoy a relaxing morning fishing at our stocked ponds. Don't worry if you don't have equipment or experience. Staff will be available

to provide assistance and bait. Poles are available on a first come, first served basis.

161712-01	\$5	
Su	9/10-9/10	10:00A-12:00P

10/15-10/15

10:00A-12:00P

161712-02 \$5

FAMILY ARCHERY

Su

(Ages 8 & up) Let the arrows fly with friends and family. Pair off in two's for instruction, then practice your aim while playing archery games. Children under 14 must be accompanied by an adult. Adults must be registered to participate.

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361715-01	\$15	
Su	9/10-9/10	1:00P-3:00P
361715-02	\$15	
Su	10/15-10/15	1:00P-3:00P

PUPPET SHOW & CAMPFIRE

(All ages) Enjoy an exciting puppet show while sitting around a cozy campfire. Toast marshmallows (provided) after the conclusion of the show. Ages 3 and under free but must be accompanied by registered adult.

161718-01	\$5	
F	9/16-9/16	7:00P-8:15P

REPTILES & MALLOWS CAMPFIRE

(All ages) Spend some time visiting with our beloved snake and turtles around a roaring campfire. Afterwards try and roast the most golden marshmallow you can (provided). Ages three and under must be accompanied by registered adult.

161725-01 \$5, Free/Ages 3 & under F 10/14-10/14 6:00P-7:15P

CREATE YOUR OWN OUTDOOR EXPERIENCE

(All ages) Have a special interest you would like to explore here at Claude Moore Park? Join together with a Park Naturalist and create your own unique park experience. Activities can range from archery, campfires, hiking, historic reenacting, fishing, and so much more. Want to combine activities and try a bit of everything? Ask us how! We work directly with you to make your experience truly unique.

Prices vary

Daily 9/1-11/30 9:00A-5:00P

CITIZEN SCIENCE CORNER

(All ages) Come check out the Citizen Science Corner at the Visitor Center and help the park find out what's living around us. Grab a sightings sheet before you head out on the trails and tell us what you've found. Help us monitor our local wildlife. Adult and child versions available.

Free event

Daily 9/1-11/30 9:00A-5:00P

DISCOVERY ROOM ADVENTURE

(All ages) Stop by the Visitor Center any day of the week to visit with our live animals and

explore a wealth of interesting items. Can you guess how many tree frogs we have or why our snake is orange?

Free event

Daily 9/1-11/30 9:00A-5:00P

JUNIOR RANGER PROGRAM

(Ages 6 & up) Explore park nature and history while you complete the activities in a booklet available at the Visitor Center. When you've finished all the tasks, take the Junior Ranger pledge and receive your patch.

Pay at door \$2

Daily 9/1-11/30 9:00A-5:00P

DISCOVERY GROVE BIRTHDAY PARTY

(Ages 2 & up) Explore our exciting outdoor play space on your birthday! Play music, dig in the dirt, climb over logs, walk through a maze, and more. Staff will guide you through many fun age-appropriate activities to help celebrate your special day. Call for information and reservations.

Call ahead \$85

Days vary 9/1-11/30 9:00A-5:00P

NATURE BIRTHDAY PARTY

(Ages 4 & up) Celebrate your birthday with outdoor style! Choose themes like: Reptiles, Nature Safari, Birds, etc. Can include a visit with park's turtles & snake. Call for information and reservations.

Call ahead \$100 Days vary 9/1-11/30

9:00A-5:00P

ADVENTURE BIRTHDAY PARTY

(Ages 7 & up) Up for a bit of adventure? Try out fishing, geocaching, or campfire fun. Can include a visit with park's turtles & snake. Call for information and reservations.

Call ahead \$135

Days vary 9/1-11/30 9:00A-5:00P

ARCHERY BIRTHDAY PARTY

(Ages 9 & up) Gather your friends for an exciting archery experience. Learn the basics and get shooting. Maximum 18 children. Call for information and reservations.

Call ahead \$150

Days vary 9/1-11/30 9:00A-5:00P

GROUP ARCHERY

(Ages 9 & up) Grab a group of friends or family and fire away. Learn the basics and hit the range. Maximum 18 people. Call for information and reservations.

Call ahead \$10

Days vary 9/1-11/30 9:00A-5:00P

SCHOOL FIELD TRIPS

(All ages) Bring your class to experience SOLbased, guided environmental education or history related field trips. Call for information and reservations.

Call ahead \$3.50

Days vary 9/1-11/30 9:00A-5:00P

ELEMENTARY HOME SCHOOL FIELD TRIPS

(All ages) Have a small group looking for some exciting science or history fun? Join a park naturalist for themed educational field trips. Call for information and reservations.

Call ahead \$3.50

Days vary 9/1-11/30 9:00A-5:00P

HISTORIC IMMERSIONS

(All ages) Have a privately led experience in our abundantly historic location. Enjoy an 1870s schoolhouse reenactment. Find out what life was like in our 1779 Lanesville farm house. Take a walk down one of America's first highways. Call for information and reservations.

Call ahead \$3.50 Days vary 9/1-11/3

9/1-11/30 9:00A-5:00P

NATURE EXCURSIONS

(All ages) Join one of our Naturalist Instructors on a private tour through the wild areas of Claude Moore Park. Take a walk around the ponds or have a personal visit with our live reptiles. Many topics available. Call for information and reservations.

Call ahead \$3.50

Days vary 9/1-11/30 9:00A-5:00P

GROUP CAMPFIRES

(All ages) Bring your group to join a naturalist for some campfire fun. We'll build the fire and supply the marshmallows and sticks. Games and activities available, or just have us build and tend a fire for your special event. Call for information and to schedule.

Call ahead

Days vary 9/1-11/30 10:00A-9:00P

FRANKLIN PARK

17501 Franklin Park Drive Purcellville, VA 20132

540-338-7603

Park Hours: 7:00 -Dusk Office hours: M-F 9:00A-5:00P

INSTRUCTORS WANTED

We're looking for instructors who are willing to share their talents with the community in nature and education. Please call 540-338-7603.

FACILITY RENTALS

Franklin Park, located in Western Loudoun County, spans over 200 acres of recreational space with athletic fields, hiking trails, 18 hole disc golf course, stocked pond, leisure and lap pools and more. Our pavilions, gazebos, athletic fields and other accommodations make Franklin Park the perfect location your next event. Please call for more information, payment is due at time of the reservation.

ADVENTURE BIRTHDAY PARTIES

(All ages) Celebrate your birthday by trying out fishing, archery, or a fun campfire at Franklin Park! Packages include all materials and equipment, plus an instructor. Tent or pavilion rental options are available. Please call for more information, payment is due at time of the reservation.

SCOUT PROGRAMS

Are you a scout group looking to complete badge requirements, build teamwork or spend the day trying a new activity. Contact julie.edmond@ loudoun.gov for more information.

FRANKLIN PARK ADVISORY BOARD

(Ages 18 & up) Franklin Park's Advisory Committee is a volunteer-based organization that serves to provide input and help guide park improvement projects, community events and park activities. Committee members work with staff to determine how development of the park can achieve desirable aesthetics while enhancing recreational use for the community. For more information about the board or to provide feedback, please contact the Park Manager at 540-338-7603 or dan.mcniel@loudoun.gov.

OUTDOOR SPORTS & FITNESS PROGRAMS

PEE WEE STARS TENNIS

(Ages 4-5) This introductory camp provides instructions on the basic strokes, forehand / backhand, groundstrokes, volleys and serves.

Location: Franklin Park 162518-01 \$15

Tu 9/5-9/19 10:00A-10:30A

"OUT IS IN" FIT CLUB

(Ages 16 & up) Three weeks of instructor-led activities, including Nordic walking, yoga, archery, disc golf, geocaching and more. With three sessions a week, attend all or some. Regardless of your fitness or experience level, getting fit outside is an exciting adventure. Let Franklin Park be your gym, where "out is in." Equipment included.

162520-01 \$27

Tu, W, Th 9/5-9/21 5:30P-6:30P

ARCHERY FOR BEGINNERS

(Ages 8-15) Whether you're just starting off with archery or you want to sharpen your skills, this three-week class is for you. Basic form will be taught and reinforced with drills and games. Equipment is provided.

162505-01 \$30

Tu 10/3-10/24 4:30P-5:30P

ARCHERY FOR WOMAN ONLY!

(Ages 16 & up) Basic form will be taught and reinforced with drills and games. Equipment is provided.

162506-01 \$30

Tu 10/3-10/24 5:30P-6:30P

RAMBLIN' WALKING CLUB

(Ages 16 & up) Add dimension to your fitness routine as you refresh and connect with nature. Enjoy fitness-building hikes on the trails, along the lake, and through the meadows. This aerobic workout is great for beating stress and getting into shape while enjoying the outdoors.

162520-01 \$12

Th 10/5-10/26 5:30P-6:30P

DISC IN THE DARK TRICK OR TREAT

(Ages 5 & up) Refer to the Special Events section of this guide. Call 540-338-7603 for more information.

MULTIAGE NATURE & OUTDOOR ADVENTURE PROGRAMS

FRANKLIN PARK COLOR RUN

(All ages) Refer to the Special Events section of this guide. Call 540-338-7603 for more information.

DOG 5K-9 WALK SWIM

(All ages) Refer to the Special Events section of this guide. Call 540-338-7603 for more information.

TROUT FISHING DAYS

(All ages) Refer to the Special Events section of this guide. Call 540-338-7603 for more information.

FAMILY ARCHERY DAY

(Ages 8 & up) Learn the basic of shooting safely and accurately. Shoot at stationary targets and compete in shooting games. All equipment is provided.

162521-01 \$5

Su 10/22 1:00P-3:00P



FRANKLIN PARK ARTS CENTER

36441 Blueridge View Lane Purcellville, VA 20132

540-338-7973

Office: M-F 9:00am -5:00pm

Supply & material fees are payable to the instructor at the first class.

MULTIAGE PROGRAMS

LAURIE BERKNER: THE MUSIC IN ME **MUSIC CLASSES**

(Ages 18-24 mos) We are all born with music inside of us -from the beating of our hearts and the melodies of our voices, to the intrinsic rhythm in our movements. Laurie Berkner's "The Music in Me" is a program to capture the natural musicality in every child and open the door to playfulness, joy, and the organic qualities of making music. This class engages the whole child. Kids will learn about melodies and rhythm by using their voices, bodies, percussion instruments and other props to engage their imaginations. This class is intended for the adult and the child to learn together interactively. Instructor: Jay Forbes.

163110-01 \$75

Tu 9/19-10/24 10:15am-10:45am

163110-02 \$75

Th 9/21-10/26 10:15am-10:45am

163110-03 \$75

F 9/22-10/27 10:15am-10:45am

LAURIE BERKNER: THE MUSIC IN ME

(Ages 2-4) See description for Ages 18-24 months.

163111-01 \$100

9/20-10/25 9:15am-10:00am

163111-02 \$100

Tu 9/19-10/24 9:15am-10:00am

163111-03 \$100

9/22-10/27 9:15am-10:00am

163111-04 \$100

11/1-12/13 9:15am-10:00am

163111-05 \$100

11/3-12/15 9:15am-10:00am

VSA LOUDOUN: THEATRE ARTS BOOTCAMP

(Ages 8 & up) Eager to brush up on your theatre skills? Want to learn some improv? Excited to dance and sing to the latest Broadway tunes? In this six-week boot camp series, VSA participants will learn essential skills and end the series with a performance for family and friends, followed by a celebratory reception in the Arts Center's Gallery lobby. Fee is payable at the first class to: VSA Loudoun. Call or visit www.vsaloudoun.org for more information.

163715-01 \$75

Tu.Th 9/19-10/26 6:30pm-8:00pm

VSA LOUDOUN: SPRING MUSICAL AUDITIONS

(Ages 8 & up) VSA Loudoun County, the county's organization on arts and disability, is holding auditions for its spring musical, "Willy Wonka and the Chocolate Factory!" There is no need to prepare anything -bring your smiles and enthusiasm! You must sign up for the rehearsals and shows (section 01) and a specific audition slot (sections 02-06). Register early; when audition slots are full. VSA cannot accept any more participants. No walk-ins. Call or visit www. vsaloudoun.org for more details.

vadioudouri.o	ig ioi illoic aciai	ю.
163720-01	Participation	Ages 8 & up
163720-02	Audition slot 1	Ages 8-11
Tu	11/14-11/14	6:00pm-6:45pm
163720-03	Audition slot 2	Ages 12-16
Tu	11/14-11/14	7:00pm-7:45pm
163720-04	Audition slot 3	Ages 16 & up
Tu	11/14-11/14	8:00pm-8:45pm
163720-05	Audition slot 4	Ages 8-15
W	11/15-11/15	6:00pm-6:45pm
163720-06	Audition slot 5	Ages 8 & up
W	11/15-11/15	7:00pm-7:45pm

BASKET WEAVING CLASS

(Ages 16 & up) Weave a small plaited basket suitable for carrying two beverage bottles or a medium plaited basket that will hold almost anything. Learn basket tool safety and material preparation. Take your beautifully completed basket home with you. Our instructor, Deborah Wells, is a local artist and a Master Basket Weaver, who has been teaching craft classes since 1990.

163730-01 \$25 (+\$12 supplies) Small basket 10/7-10/7 9:30am-2:00pm Sa 163730-02 \$25 (+\$12 supplies) Medium basket

Sa 10/28-10/28 9:30am-2:00pm

PHILIP A. BOLEN **MEMORIAL PARK**

42405 Claudia Dr. Leesburg, VA 20175

571-258-3487

Hours: Daily: Dawn to Dusk Office: M-F 8:30A-5:00P www.loudoun.gov/bolenpark

SCOUT PROGRAMS

Some scout badges are scheduled in advance, others by request. Adult must accompany scout. Minimum numbers are required to run programs. Leaders and chaperones are included for free and do not need to register. All scout programs

include an outdoor portion, so please dress appropriately. These programs meet MOST badge requirements. For more information call 571-258-3485.

DAISIES

Girls can meet requirements for Clover Petal by using their resources wisely at the park.

Days Vary \$5 9:00A-6:00P

BROWNIES

You can meet your requirements right here at Bolen! Currently offering the Hiker. Bugs. Senses. and Letterboxer.

Days Vary \$5 9:00A-6:00P

JUNIORS

Juniors can complete Gardener, Geocacher, Animal Habitats, and Flowers requirements while spending a day with friends in nature. Days Vary 9:00A-6:00P \$5

TIGER CUB

Following adventures can be completed at the park: Backyard Jungle, Tigers in the Wild, and Games Tigers Play.

Davs Varv \$5 9:00A-6:00P

WOLF CUB

Come out to Bolen to complete your Council Fire and Paws on the Path Adventure.

Davs Varv \$5 9:00A-6:00P

BEAR CUB

Spend the day at the park with your troop and meet requirements at the same time! Currently offering Fur, Feathers, and Ferns Adventure. Days Vary 9:00A-6:00P

WEBELOS

Webelos can complete the following adventures at Bolen: Cast Iron Chef and Webelos Walkabout. Days Vary 9:00A-6:00P



High School Teens interested in volunteering with PRCS can contact youthservices@loudoun.gov for information about opportunities and upcoming teen volunteer orientation sessions.

SPORTS ADULT & YOUTH

703-777-0343

ADULT PROGRAMS

Call for information about adult sports leagues including soccer, volleyball, cricket and softball.

YOUTH PROGRAMS

Youth sports programs are coed, unless otherwise noted

BASKETBALL

IGNITE SPORTS BASKETBALL

(Ages 5-7) Ignite Sports Basketball is designed to teach kids the fundamentals of basketball through agility drills, fitness games, and unique games like ultimate basketball! New skills are taught within each class and used during games/drills to help increase confidence and ensure each child a blast while playing! Each class is 60 minutes and taught using a non-competitive and FUN curriculum. All equipment is provided by Ignite Sports. Call 703-777-0343 for more information.

Location: Madison Trust ES, Ashburn

121101-01 \$149

Sa 9/2-10/28 9:00am-10:00am

Location: Hutchinson Farm ES, South Riding

121101-02 \$149

Sa 9/2-10/28 9:00am-10:00am

Location: Hillside ES, Ashburn

121101-03 \$149

Sa 9/2-10/28 9:00am-10:00am

GBA FALL BASKETBALL SKILLS CLINIC

(Ages 6-11) Giant Basketball Academy Fall Fundamental Basketball Clinic! This 8 week program is designed to give children experience in drills, promote conditioning and teach fundamental knowledge for the game of basketball. The goal is to provide instruction and to encourage players to PRACTICE the correct fundamentals that will improve performance and boost confidence. All skill levels are welcome. Each session will primarily focus on an important aspect of the game. Call 703-777-0343 for more information.

Location: Cool Spring ES, Leesburg

121100-01 \$120 Ages 6-8 M 10/2-11/20 6:00pm-7:00pm

Location: Cool Spring ES, Leesburg

121100-02 \$120 Ages 9-11 M 10/2-11/20 7:00pm-8:00pm

Location: Sanders Corner ES, Ashburn

121100-03 \$120 Ages 6-8

Tu 10/3-11/21 6:00pm-7:00pm **Location: Sanders Corner ES, Ashburn**

121100-04 \$120 Ages 9-11 Tu 10/3-11/21 7:00pm-8:00pm

Location: Legacy ES, Ashburn

121100-05 \$120 Ages 6-8 W 10/4-11/22 6:00pm-7:00pm

Location: Legacy ES, Ashburn

121100-06 \$120 Ages 9-11 W 10/4-11/22 7:00pm-8:00pm

Location: Liberty ES, South Riding

121100-07 \$120 Ages 6-8 Th 10/5-11/23 6:00pm-7:00pm

Location: Liberty ES, South Riding

121100-08 \$120 Ages 9-11 Th 10/5-11/23 7:00pm-8:00pm

IGNITE SPORTS BASKETBALL

(Ages 8-12) See description for Ages 5-7.

Location: Madison Trust ES, Ashburn

121201-01 \$149

Sa 9/2-10/28 10:00am-11:00am **Location: Hutchinson Farm ES, South Riding**

121201-02 \$149

Sa 9/2-10/28 10:00am-11:00am

Location: Hillside ES, Ashburn

121201-03 \$149

Sa 9/2-10/28 10:00am-11:00am

COREY STITZEL FALL BASKETBALL TRAINING

(Grades 4-8, Boys) Join Stone Bridge Head Coach Corey Stitzel for a fall training series. This training is for those who are looking to improve their game before the middle school travel and house league seasons start. This weekly training will focus on shooting, offensive 1 on 1 moves, and how to get noticed in tryouts. See you on the court! Call 703-777-0343 for more information.

Location: Trailside MS, Ashburn

121107-01 \$125

Tu 9/5-10/24 6:00pm-7:00pm

121107-02 \$125

Tu 9/5-10/24 7:00pm-8:00pm

CRICKET

IGNITE SPORTS YOUTH CRICKET LEAGUE

(Ages 5-12) Ignite Sports is excited to launch the first ever cricket league for kids in Loudoun County. Kids will be divided into teams and have one practice per week with professional staff and games on Saturdays. Practices will be held Tuesday or Thursday at 5:30 p.m., with matches played on Saturday. Practice day is set once teams are chosen. Call 703-777-0343 for more information.

Location: Old Arcola Community Center & Mickie Gordon Park

121511-01 \$165 Ages 5-7 Tu or Th ongoing 5:30pm Sa 9/2-10/28 9:00am-11:00am

 121511-02
 \$165
 Ages 8-12

 Tu or Th
 ongoing
 5:30pm

 Sa
 9/2-10/28
 11:00am-1:00pm

FITNESS & TRAINING

BLACKBENCH FIT: HOMESCHOOL ATHLETIC ACADEMY

(Ages 6-11) Blackbench Fit's sports performance program is now tailored for home school education. Our trainers have degrees in physiology and kinesiology as well as multiple training certifications. In our home school class, students will learn about the importance of fitness and nutrition to support athletics and a long term healthy lifestyle. Curriculum can be customized to fit the needs of the homeschool group. Call 703-777-0343 for more information.

Location: Blackbench Fit, Ashburn

121572-01 \$350

Tu,Th 9/5-10/26 11:30am-12:45pm

121572-02 \$330

M,W 9/6-10/25 11:30am-12:45pm

121572-03 \$350

Tu,Th 9/5-10/26 1:00pm-2:15pm

121572-04 \$330

M,W 9/6-10/25 1:00pm-2:15pm

BLACKBENCH FIT: JR SPORTS PERFORMANCE ACADEMY

(Ages 9-12) Blackbench Fit's Sports Performance Academy was specifically developed for today's student athletes. Jr Academy members learn beginning techniques of athletic training in a fun and age appropriate atmosphere. Classes will help them learn to move well while improving their strength and fitness levels. Call 703-777-0343 for more information.

Location: Blackbench Fit, Ashburn

121570-01 \$400

Tu,Th 9/5-10/26 5:00pm-6:00pm

121570-02 \$375

M.W 9/6-10/25 5:00pm-6:00pm

TRUE AP: ATHLETE SPEED & AGILITY

(Ages 9-13) Athlete Performance training classes offered Mondays and/or Thursdays. Choose a one or two-day per week package. Intermediate Speed, agility, and quickness training. Power and acceleration training. Introduction to equipment-based functional strength training. ACL injury prevention program.

Location: Simpson MS, Leesburg

121605-01	\$105	5 sessions 1/wk
M or Th	9/11-10/12	5:30pm-6:30pm
121605-02	\$165	10 sessions 2/wk
M & Th	9/11-10/12	5:30pm-6:30pm
121605-03	\$105	5 sessions 1/wk
M or Th	10/23-11/30	5:30pm-6:30pm
121605-04	\$165	10 sessions 2/wk
M & Th	10/23-11/30	5:30pm-6:30pm

BLACKBENCH FIT: SPORTS PERFORMANCE ACADEMY

(Ages 12-18) Blackbench Fit's Sports Performance Academy is a small-group workout for the committed athlete and focuses on improving overall athleticism and performance through prehab/rehab exercises; linear, lateral and multi-directional speed mechanics and development; reaction time; agility and first step quickness; explosive power/vertical jump development; age-appropriate strength training; and high-intensity conditioning and recovery. Call 703-777-0343 for more information.

Location: Blackbench Fit, Ashburn

121571-01	\$450	
Tu,Th	9/5-10/26	5:30pm-7:00pm
121571-02	\$425	
M,W	9/6-10/25	5:30pm-7:00pm
121571-03	\$450	
Tu,Th	9/5-10/26	7:00pm-8:30pm
121571-04	\$425	
M,W	9/6-10/25	7:00pm-8:30pm

TRUE AP: ELITE SPEED & AGILITY

(Ages 14-18) Elite performance training classes offered Mondays and/or Thursdays. Choose a one or two-day per week package. Advanced speed, agility and quickness training, power and acceleration training. Advanced strength training, mobility and stability programming.

Location: Simpson MS. Leesburg

• ,	•
\$105	5 sessions 1/wk
9/11-10/12	6:30pm-7:30pm
\$165	10 sessions 2/wk
9/11-10/12	6:30pm-7:30pm
\$105	5 sessions 1/wk
10/23-11/30	6:30pm-7:30pm
\$165	10 sessions 2/wk
10/23-11/30	6:30pm-7:30pm
	9/11-10/12 \$165 9/11-10/12 \$105 10/23-11/30 \$165

GYMNASTICS

IGNITE TUMBLING

(Ages 2-5) Ignite Sports Tumbling is designed to teach and develop the basics of tumbling in a safe and fun environment. Through fitness skills, tumbling skills, and games each participant will build confidence, coordination, and learn how to tumble safely while having a blast! Each child learns at their own pace and our coach's work with each one to ensure continued progress! Each class include yoga and tumbling. Call 703-777-0343 for more information.

Location: Mercer MS, South Riding

121507-01	\$129	Ages 2-3
Sa	9/2-10/28	9:00am-9:45am
121508-01	\$149	Ages 4-5
Sa	9/2-10/28	10:00am-11:00am

SOCCER

New! CHALLENGER SOCCER TINYTYKES

(Ages 3-5) TinyTykes is a new, exciting program focusing on the development of young children. Our soccer experts and child development professionals have designed an innovative curriculum that introduces your young soccer stars to the basic skills needed in soccer and develops their motor, social, and psychological skills. Call 703-777-0343 for more information.

Location: Farmwell Station MS, Ashburn 121515-01 \$90

Su 9/10-10/29 2:00pm-3:00pm

CHALLENGER SOCCER PLAYER DEVELOPMENT

(Ages 6-10) Aimed at players who want to take their game to the next level! Our International coaches offer professionally organized practices that focus solely on individual techniques and skills that will fast track your player(s) game to new heights! Call 703-777-0343 for more information.

Location: Farmwell Station MS, Ashburn

121516-01 \$90

Su 9/10-10/29 3:00pm-4:00pm

CHALLENGER SOCCER ELITE DEVELOPMENT

(Ages 10-14) This practice includes all of the same individual techniques and core skills as Player Development; however, they are run at a great speed and with more competition. This program aims to push each player to the next level and prepare them for the competitive soccer world. This program is administered, coached and refereed by the professionals from Challenger Soccer Academy! Each week, the player will work technique and skill for the first hour, then compete in small-sided games for 30 minutes. Call 703-777-0343 for more information.

Location: Farmwell Station MS, Ashburn 121517-01 \$110

Su 9/10-10/29 4:00pm-5:30pm

TENNIS

FIRST SERVE TENNIS: LITTLE SHOTS

(Ages 4-6) An introduction through fun games and activities designed to build eye-hand coordination and familiarity with the tennis ball and racket. A tennis racket is required. Ratio 4:1. Call 703-777-0343 for more information.

Location: Potomac Falls HS, Sterling 121530-01 \$180

Sa 9/9-11/4 9:00am-9:45am

121530-02 \$180 Sa 9/9-11/4 11:00am-11:45am

LUIS ROSADO TENNIS 4-WEEK CLASS

(Ages 4-16) Luis Rosado Tennis Academy (Voted best of Loudoun 2017) is offering group classes in the Aldie area. Whether children are begin-

ners, intermediate, or advanced players, this program will improve their game and help them get more enjoyment from tennis. Our programs focus on skill refinement, as well as practice and match play to develop consistent, well-rounded tennis players. We break down the fundamental skills of tennis through easily understood games and exercises that help improve overall coordination and technique. Players learn proper grips, footwork, strokes, volleys and serves during a series of fun, dynamic drills. In addition to developing a love for tennis, athletes will learn the rules and etiquette that make tennis such an exciting game. Call 703-777-0343 for more information.

Location: John Champe HS, South Riding 121549-01 \$75

Su 9/24-10/15 3:00pm- 4:00pm **121549-02** \$75

121349-02 \$75

Su 10/22-11/12 3:00pm- 4:00pm

USTA PRIVATE TENNIS LESSONS

(Ages 6 & up) The US Tennis Association is providing certified, background-screened tennis instructors who are available for private tennis lessons. A private lesson is a one-on-one, customizable session that allows players of all ages and skill levels to hone their specialized needs. This can be for a new player just picking up his/her first racquet for the first time, to an advanced, competitive player who wants to take it to the next level. Students can sign up for a package of four, one-hour lessons that can be used at a mutually convenient time. Locations can be scheduled according to player's preference. Call 703-771-5655 to schedule. Call to schedule \$260 4/one-hour sessions

USTA COLUMBUS DAY TENNIS CAMP

(Ages 6-12) Join the US Tennis Association, Mid-Atlantic Section (USTA MAS) for a day of fun! We are offering TGA (Teach, Grow, Achieve) Premier Youth Tennis One Day Winter Camps which gives an unforgettable experience for your child by providing expert instruction, match play, rules & etiquette lessons, and exciting activities that keep them active all day. We use modified equipment (e.g. lower bouncing balls, mini nets, smaller court sizes) and provide prizes and loaner equipment (racquets, balls) for all participants. Ideal for players ranging from beginner to intermediate level. Participants must bring their own bag lunch and wear athletic shoes and clothing. Water bottles and snacks are recommended. Participants may bring their own racquet or they may use a racquet provided by USTA MAS for the day. Call 703-777-0343 or email PlayTGA-LoCo@mas.usta.com for more information.

Location: Mercer MS, South Riding 121542-01 \$79

M 10/9-10/9 9:00am-4:00pm

Location: Farmwell Station MS, Ashburn 121542-02 \$79

M 10/9-10/9

9:00am-4:00pm

Location: Simpson MS, Ashburn 121542-03 \$79

M 10/9-10/9 9:00am-4:00pm

USTA PREMIER YOUTH TENNIS: BEGINNERS/INTERMEDIATE

(Ages 6-12) This US Tennis Association-sponsored tennis program will have beginner to intermediate participants develop tennis fundamentals (groundstrokes, volley, serve) through a fun and engaging play to learn style of learning tennis. Participants will also practice match play and learn about sportsmanship and game rules. The program utilizes different court sizes and modified tennis equipment for youth to rally in no time. All equipment provided. Call 703-777-0343 or email PlayTGA-LoCo@ma.usta.com for more information.

Location: Briar Woods HS, Brambleton

121540-01 \$102

Tu 9/12-10/17 5:30pm-6:30pm

121540-02 \$102

Sa 9/16-10/21 9:00am-10:00am

Location: Dominion HS, Sterling

121540-03 \$102

Tu 9/12-10/17 5:30pm-6:30pm

121540-04 \$102

Sa 9/16-10/21 9:00am-10:00am

Location: Heritage HS, Leesburg

121540-05 \$102

W 9/13-10/18 5:30pm-6:30pm

121540-06 \$102

Sa 9/16-10/21 9:00am-10:00am

Location: John Champe HS, South Riding

121540-07 \$102

Th 9/14-10/19 5:30pm-6:30pm

121540-08 \$102

Su 9/17-10/22 9:00am-10:00am

Location: Loudoun Valley HS, Purcellville

121540-09 \$102

Su 9/17-10/22 9:00am-10:00am

FIRST SERVE TENNIS: Levels 1 &2

(Ages 7-14) Through fun and friendly gamebased activities, beginners and advanced beginners learn and develop the fundamental strokes. Ratio 6:1. Call 703-777-0343 for more information.

Location: Potomac Falls HS, Sterling

121531-01	\$180	Ages 7-10
Sa	9/9-11/4	10:00am-11:00am
121532-01	\$180	Ages 10-14
Sa	9/9-11/4	12:00pm-1:00pm

LOUDOUN COUNTY TENNIS ACADEMY: MIDDLE SCHOOL TENNIS LEAGUE

(Ages 10-15) Loudoun County Tennis Academy is offering a Loudoun Middle School Tennis League with eight participating schools for both girls and boys to serve as a bridge from middle school to high school tennis, while maintaining a competitive level. Emphasis will be placed on

improvement for all players. This includes learning to compete and succeed, establishing team goals, learning the value of practice and hard work, accepting and then acting upon constructive criticism, respecting coaches, and demonstrating good sportsmanship toward all players and coaches. Everyone enrolled will be placed on a team according to their level. Register for the middle school your child will be attending. Practices will be held at the high school closest to your middle school. Call 703-777-0343 or visit www.LCTAcademy.net for more information.

121550-01	\$285	Belmont Ridge MS
Tu	9/12-11/11	4:30pm-6:30pm
121550-02	\$285	Trailside MS
Tu	9/12-11/11	4:30pm-6:30pm
121550-03	\$285	Farmwell Station MS
Tu	9/12-11/11	4:30pm-6:30pm
121550-04	\$285	Brambleton MS
W	9/13-11/11	4:30pm-6:30pm
121550-05	\$285	Lunsford MS
M	9/11-11/11	4:30pm-6:30pm
121550-06	\$285	Stone Hill MS
M	9/11-11/11	4:30pm-6:30pm
121550-07	\$285	Mercer MS
M	9/11-11/11	4:30pm-6:30pm
121550-08	\$285	Eagle Ridge MS
Tu	9/12-11/11	4:30pm-6:30pm

USTA ADULT TENNIS: BEGINNERS/INTERMEDIATE

(Ages 13-65) See description for Ages 6-12.

Location: Briar Woods HS, Brambleton

121541-01 \$102

Th 9/14-10/19 5:30pm-6:30pm

121541-02 \$102

Sa 9/16-10/21 10:00am-11:00am

Location: Dominion HS, Sterling

121541-03 \$102

N 9/13-10/18 5:30pm-6:30pm

121541-04 \$102

Sa 9/16-10/21 10:00am-11:00am

Location: John Champe HS, Sterling

121541-05 \$102

Tu 9/12-10/17 5:30pm-6:30pm

121541-06 \$102

Su 9/17-10/22 10:00am-11:00am

Location: Heritage HS, Leesburg

121541-07 \$102

Sa 9/16-10/21 10:00am-11:00am

Location: Loudoun Valley HS, Purcellville

121541-08 \$102

Su 9/17-10/22 10:00am-11:00am

FIRST SERVE TENNIS: Adult Level 1

(Ages 18 & up) Players new to the game learn the fundamental strokes: forehand, backhand, volleys, overhead and serve. Students start to build consistency in the ground strokes and develop an initial ability to rally. 4:1 ratio. Call 703-777-0343 for more information.

Location: Potomac Falls HS, Sterling

121533-01 \$248

Sa 9/9-11/4 1:00pm-2:15pm

VOLLEYBALL

IGNITE VOLLEYBALL

(Ages 5-12) Ignite Sports Volleyball is designed to help kids develop and learn the fundamentals of volleyball through agility drills, fitness games, and unique volleyball games like 500 and Round Robin! Keeping each session fun, participants will be able to learn the rules of the game and develop confidence while having a blast! Please call 703-777-0343 for more information.

Location: Mercer MS, South Riding

121505-01	\$149	Ages 5-7
Sa	9/2-10/28	9:00am-10:00am
121506-01	\$149	Ages 8-12
Sa	9/2-10/28	10:00am-11:00am

YOGA

IGNITE SPORTS YOGA

(Ages 2-12) Ignite Sports Yoga is designed to teach kids the fun in fitness! From exciting exercise games, and Yoga poses/challenges, participants can have a blast while developing confidence, coordination, strength, fitness and relaxation! Each class is 45 -60 minutes and includes both yoga and fitness! All equipment is provided by Ignite Sports. Call 703-777-0343 for more information.

Location: Liberty ES, South Riding

121222-01	\$129	Ages 2-3
Sa	9/2-10/28	9:00am-9:45am
121222-02	\$129	Ages 4-6
Sa	9/2-10/28	10:00am-10:45am
121222-03	\$149	Ages 7-9
Sa	9/2-10/28	11:00am-12:00pm
121222-04	\$149	Ages 10-12
Sa	9/2-10/28	12:00pm-1:00pm



Visit www.loudoun.gov/webtrac to search for activities or register.

(INDOOR) AQUATICS

Please Note: Pool hours and fees are subject to change. Non-county residents pay an additional 50% of fees.

CLAUDE MOORE RECREATION CENTER

46105 Loudoun Park Lane Sterling, VA 20164

571-258-3600

571-258-3500 571-258-3601 (fax)

http://www.loudoun.gov/claudemoorerec

Facility Hours:*

M-F 5:00am-9:30pm • Sa-Su 8:00am -8:00pm

Competition Pool

M-F 5:00am-9:15pm • Sa-Su 8:00am-7:45pm

Leisure Pool & Spa

M-F 9:00am-8:45pm • Sa-Su 11:00am-7:45pm *Please call for availability of the leisure pool and rock wall. Hours are subject to change based on customer demand.

Open 11am-6pm Labor Day, Monday, 9/4
Closing at 12 noon on Thanksgiving Day, 11/23
Entire facility is closed 8/21 -9/3
for annual maintenance, and reopens 9/4.
Call ahead, or check the website for availability.

ADMISSION FEES*

Youth/Senior

All admissions include access to the fitness center, competitive pool, leisure pool, gymnasium, indoor track, and open time on the rock wall. Full payment by cash, check, Visa, MasterCard, or Discover is due at time of purchase. *Fees effective September 4.

Daily	Resident	Non-Res	
Under 3	Free	Free	
(plastic training pants red	quired)		
Youth Ages 3-17	\$4.00	\$6.00	
Adult Ages 18-54	\$6.00	\$9.00	
Senior Ages 55 and up	\$4.00	\$6.00	
(Children under 12 must be supervised by an			
Adult at all times inside the facility. Children			
under 6 must be accompanied in the pool by an			
Adult who has paid admission.)			

Admission Pass (25 admissions no expiration)

\$88

Adult	\$132	\$198
Monthly Passes (unli	mited use)	
Adult	\$50	\$75
Two Adults (Family)	\$85	\$125
Family Dependent	\$15	\$20
Family	\$125	\$160
Senior/Youth	\$40	\$55

Senior Couple	\$65	\$85
Adult & Senior	\$75	\$100

NEW! 6-Month Membership (unlimited use)

Adult	\$250	\$325
Two Adults	\$450	\$575
Family Dependent	\$70	\$100
Family	\$575	\$700
Adult & Senior	\$400	\$500
Senior/Youth	\$200	\$250
Senior Couple	\$350	\$425

Annual Membership (unlimited use)

Adult	\$450	\$575
Two Adults (Family)	\$800	\$1000
Family Dependent	\$125	\$165
Family	\$1000	\$1300
Adult & Senior	\$700	\$875
Senior/Youth	\$350	\$450
Senior Couple	\$600	\$750

GENERAL INFORMATION

FACILITY RENTALS

Rental options include a carpeted, multi-purpose room, catering kitchen, gymnasium, conference room, and small classrooms. Visit us for a tour and to schedule your event. Payment is due at time of reservation.

BIRTHDAY PARTIES

Swim or play with your guests and enjoy a meal in one of our Party Rooms. Party packages are available Friday evenings, Saturdays and Sundays for groups of 15 participants or less. Visit us online for package details, prices, and forms. Stop by to secure a date. Full payment is due at time of reservation

PRIVATE/SEMI-PRIVATE SWIM LESSONS

(Ages 6 & up) These lessons offer individualized attention. Half-hour lessons are scheduled on a monthly basis and arranged according to instructor availability. You will be contacted by CMRC staff when a spot is available. Enrolling in this does not guarantee a spot will open for lessons.

173250-01

\$132

Resident	Private	Semi-private
4 lessons	\$150	\$100
Non-resident	Private	Semi-private
4 lessons	\$225	\$150

SWIM EVALUATIONS

If unable to make one of these dates, please call 571-258-3600 to arrange another time.

F 9/29, 10/27, 11/17 5:00pm-7:00pm

BLACKOUT DATES

CMRC Swim classes will not meet on the following dates: 11/22-11/26.

ROUND HILL INDOOR AQUATIC CENTER

17010 Evening Star Drive Round Hill, VA 20141

571-258-3562

571-258-3564 (fax) www.loudoun.gov/rhac Facility Hours:*

M-F 6:30am-9:00pm • Sa 8:00am-8:00pm Su 12:00pm-6:00pm

*Please call for lane availability

ADMISSION FEES

Full payment by cash, check, Visa, MasterCard, or Discover is due at time of purchase.

Resident	Non-Res
Free	Free
equired)	
\$2.50	\$3.75
\$3	\$4.50
\$2.50	\$3.75
	Free equired) \$2.50 \$3

Admission Pass (25 admissions, no expiration)

Under 2	Free	Free
Ages 3-17	\$56	\$84
Ages 18-54	\$67	\$100
Ages 55+	\$56	\$84

BIRTHDAY PARTIES

Swim and party with your guests! Party times are available on Saturday and Sundays for groups of 15 or less. Email rhac@loudoun.gov for more information. Stop by to secure a date. Full payment is due at time of reservation.

PRIVATE SWIM LESSONS

(All ages) Email rhac@loudoun.gov for information about private and semi-private swim lessons.

FAMILY SWIM NIGHT

(All ages) Join us for a fun night! We'll move the lanes at Round Hill for the whole family to enjoy, or you can join us in the leisure pool at Claude Moore. We'll have music and games to end the week off right! General admission fees apply.

Location: Round Hill Indoor Aquatic Center

F	9/8	6:00pm-8:00pm
F	10/13	6:00pm-8:00pm
F	11/10	6:00pm-8:00pm

AQUATICS & SAFETY PROGRAMS

LIFEGUARD CLASS

(Ages 15 & up) Prerequisites: Must be 15 by last class and be able to complete a 300-yd swim and get 10lb. brick from bottom of at least 9 ft. of water at first class. Bring swimsuit and towel every day. Attendance is mandatory at every class.

Location: Claude Moore Recreation Center 173290-01 \$300

W,F,Sa,Su 11/22-11/26 10:00am-6:00pm

LIFEGUARD REVIEW CLASS

Lifeguarding and CPR recertification class prerequisites: Must hold unexpired CPR/LG card or certifications expired no more than 30 days. Proof of certification required at class.

173293-01 \$100

Su,Sa 9/23-9/24 10:00am-6:00pm

PARENT/CHILD & PRESCHOOL SWIM CLASSES

PARENT/CHILD LEVEL 1

(Ages 6 mos-2 yrs) Parents and children have fun together in this class which introduces basic swimming skills and safety using toys, songs, and games. Prerequisite: One adult is required to get in the pool with each child.

Location: Claude Moore Recreation Center Activity Number: 173151

AUU	Activity Number: 175151					
Sec	Dates	Day	Time	Fee		
01	9/11-10/4	M,W	9:00A-9:30A	\$90		
02	9/11-10/4	M,W	5:30P-6:00P	\$90		
03	10/16-11/8	M,W	9:00A-9:30A	\$90		
04	10/16-11/8	M,W	5:30P-6:00P	\$90		
05	11/15-12/13	3 M,W	9:00A-9:30A	\$90		
06	11/15-12/13	3 M,W	5:30P-6:00P	\$90		
10	9/8-10/20	F	9:00A-9:30A	\$79		
11	9/8-10/20	F	12:00P-12:30P	\$79		
12	9/8-10/20	F	5:30P-6:00P	\$79		
13	11/3-12/15	F	9:00A-9:30A	\$68		
14	11/3-12/15	F	12:00P-12:30P	\$68		
15	11/3-12/15	F	5:30P-6:00P	\$68		
16	9/9-10/21	Sa	9:45A-10:15A	\$79		
17	11/4-12/16	Sa	9:45A-10:15A	\$68		
18	9/10-10/22	Su	8:00A-8:30A	\$79		
19	11/5-12/17	Su	8:00A-8:30A	\$68		

Location: Round Hill Activity Number: 132120

Sec	Dates	Day	Time	Fee
01	9/9-10/14	Sa	9:00A-9:30A	\$68
02	10/21-11/18	3 Sa	9:00A-9:30A	\$57

PARENT/CHILD LEVEL 2

(Ages 2-5) Parents and children have fun together in this class which introduces basic swimming skills and safety using toys, songs, and games. One adult is required to get in the pool with each child.

Activity Number: 173152

Location: Claude Moore Recreation Center

Sec Dates	Day	Time	Fee	
01 9/12-10/5 02 9/12-10/5	- ,	9:00A-9:30A 12:00P-12:30P		

03	9/12-10/5 Tu	,Th	6:10P-6:40P	\$90
04	10/17-11/9 Tu	,Th	9:00A-9:30A	\$90
05	10/17-11/9 Tu	,Th	12:00P-12:30P	\$90
06	10/17-11/9 Tu	,Th	6:10P-6:40P	\$90
07	11/16-12/14Tu	ı,Th	9:00A-9:30A	\$90
80	11/16-12/14Tu	ı,Th	12:00P-12:30P	\$90
09	11/16-12/14Tu	ı,Th	6:10P-6:40P	\$90
10	9/9-10/21	Sa	8:30A-9:00A	\$79
11	11/4-12/16	Sa	8:30A-9:00A	\$68
12	9/10-10/22	Su	10:20A-10:50A	\$79
13	11/5-12/17	Su	10:20A-10:50A	\$68

PRESCHOOL LEVEL 1

Sec Dates

(Ages 3-5) Class teaches breath control, face submersion, floating on front and back (with flotation support), arm and leg movements, and safety. Prerequisite: Children must function well in a group class without a parent. No goggles permitted in this class.

Location: Claude Moore Recreation Center Activity Number: 173153

Time

Fee

Day

01	9/11-10/4 M,W	9:40A-10:10A	\$90
02	9/11-10/4 M,W	3:30P-4:00P	\$90
03	9/11-10/4 M,W	4:50P-5:20P	\$90
04	9/11-10/4 M,W	6:10P-6:40P	\$90
05	10/16-11/8 M,W	9:40A-10:10A	\$90
06	10/16-11/8 M,W	3:30P-4:00P	\$90
07	10/16-11/8 M,W	4:50P-5:20P	\$90
80	10/16-11/8 M,W	6:10P-6:40P	\$90
09	11/15-12/13M,W	9:40A-10:10A	\$90
10	11/15-12/13M,W	3:30P-4:00P	\$90
11	11/15-12/13M,W	4:50P-5:20P	\$90
12	11/15-12/13M,W	6:10P-6:40P	\$90
20	9/12-10/5 Tu,Th	9:40A-10:10A	\$90
21	9/12-10/5 Tu,Th	12:40P-1:10P	\$90
22	9/12-10/5 Tu,Th	4:10P-4:40P	\$90
23	9/12-10/5 Tu,Th	5:30P-6:00P	\$90
24	9/12-10/5 Tu,Th	6:50P-7:20P	\$90
25	10/17-11/9 Tu,Th	9:40A-10:10A	\$90
26	10/17-11/9 Tu,Th	12:40P-1:10P	\$90
27	10/17-11/9 Tu,Th	4:10P-4:40P	\$90
28	10/17-11/9 Tu,Th	5:30P-6:00P	\$90
29	10/17-11/9 Tu,Th	6:50P-7:20P	\$90
30	11/16-12/14Tu,Th	9:40A-10:10A	\$90
31	11/16-12/14Tu,Th	12:40P-1:10P	\$90
32	11/16-12/14Tu,Th	4:10P-4:40P	\$90
33	11/16-12/14Tu,Th	5:30P-6:00P	\$90
34	11/16-12/14Tu,Th	6:50P-7:20P	\$90
40	9/8-10/20 F	9:40A-10:10A	\$79
41	9/8-10/20 F	12:40P-1:10P	\$79
42	9/8-10/20 F	3:30P-4:00P	\$79
43	9/8-10/20 F	4:50P-5:20P	\$79
44	9/8-10/20 F	6:10P-6:40P	\$79
45	11/3-12/15 F	9:40A-10:10A	\$68
46	11/3-12/15 F	12:40P-1:10P	\$68
47	11/3-12/15 F	3:30P-4:00P	\$68
48	11/3-12/15 F	4:50P-5:20P	\$68

49 11/3-12/15

F

6:10P-6:40P

\$68

55	9/9-10/21	Sa	8:00A-8:30A	\$79
56	9/9-10/21	Sa	9:10A-9:40A	\$79
57	9/9-10/21	Sa	10:20A-11:40A	\$79
58	11/4-12/16	Sa	8:00A-8:30A	\$68
59	11/4-12/16	Sa	9:10A-9:40A	\$68
60	11/4-12/16	Sa	10:20A-10:50A	\$68
61	9/10-10/22	Su	8:35A-9:05A	\$79
62	9/10-10/22	Su	9:45A-10:15A	\$79
63	11/5-12/17	Su	8:35A-9:05A	\$68
64	11/5-12/17	Su	9:45A-10:15A	\$68
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Location: Round Hill Activity Number: 132121

Sec	Dates	Day	Time	Fee
01	9/9-10/14	Sa	9:00A-9:30A	\$68
02	9/11-9/27	M,W	11:15A-11:45A	\$68
03	9/12-9/28	Tu,Th	4:00P-4:30P	\$68
04	10/2-10/25	M,W	11:15A-11:45A	\$90
05	10/3-10/26	Tu,Th	4:00P-4:30P	\$90
06	10/21-11/1	8 Sa	9:00A-9:30A	\$57
07	11/6-11/20	M,W	11:15A-11:45A	\$57
80	11/7-11/21	Tu,Th	4:00P-4:30P	\$57

PRESCHOOL LEVEL 2

(Ages 3-5) Swim class teaches breath control, face and head submersion, floating on front and back independently, swimming 5 yards on front and back (with flotation support), and safety. Prerequisite: Fully submerge face for 3 seconds and float on front and back (with flotation support). No goggles permitted in this class.

Location: Claude Moore Recreation Center

	Activity Number: 173154					
Sec	-	Day	Time	Fee		
01	9/11-10/4	M,W	10:20A-10:50A	\$90		
02	9/11-10/4	M,W	1:30P-2:00P	\$90		
03	9/11-10/4	M,W	3:30P 4:00P	\$90		
04	9/11-10/4	M,W	4:50P-5:20P	\$90		
05	9/11-10/4	M,W	6:10P-6:40P	\$90		
06	10/16-11/8	M,W	10:20A-10:50A	\$90		
07	10/16-11/8	M,W	1:30P-2:00P	\$90		
80	10/16-11/8	M,W	3:30P-4:00P	\$90		
09	10/16-11/8	M,W	4:50P-5:20P	\$90		
10	10/16-11/8	M,W	6:10P-6:40P	\$90		
11	11/15-12/1	3 M,W	10:20A-10:50A	\$90		
12	11/15-12/1	3 M,W	1:30P-2:00P	\$90		
13	11/15-12/1	3 M,W	3:30P-4:00P	\$90		
14	11/15-12/1		4:50P-5:20P	\$90		
15	11/15-12/1	3 M,W	6:10P-6:40P	\$90		
20	9/12-10/5	Tu,Th	10:20A-10:50A	\$90		
21	9/12-10/5	Tu,Th	4:10P-4:40P	\$90		
22	9/12-10/5	Tu,Th	5:30P-6:00P	\$90		
23	9/12-10/5	Tu,Th	6:50P-7:20P	\$90		
24	10/17-11/9	Tu,Th	10:20A-10:50A	\$90		
25	10/17-11/9	Tu,Th	4:10P-4:40P	\$90		
26	10/17-11/9	Tu,Th	5:30P-6:00P	\$90		
27	10/17-11/9	Tu,Th	6:50P-7:20P	\$90		
28	11/16-12/1	4Tu,Th	10:20A-10:50A	\$90		
29	11/16-12/1	4Tu,Th	4:10P-4:40P	\$90		

\$90

4:10P-4:40P

30	11/16-12/147	u,Th	5:30P-6:00P	\$90			
31	11/16-12/147	u,Th	6:50P-7:20P	\$90			
40	9/8-10/20	F	10:20A-10:50A	\$79			
41	9/8-10/20	F	1:20P-1:50P	\$79			
42	9/8-10/20	F	3:30P-4:00P	\$79			
43	9/8-10/20	F	4:50P-5:20P	\$79			
44	9/8-10/20	F	6:10P-6:40P	\$79			
45	11/3-12/15	F	10:20A-10:50A	\$68			
46	11/3-12/15	F	1:20P-1:50P	\$68			
47	11/3-12/15	F	3:30P-4:00P	\$68			
48	11/3-12/15	F	4:50P-5:20P	\$68			
49	11/3-12/15	F	6:10P-6:40P	\$68			
55	9/9-10/21	Sa	8:00A-8:30A	\$79			
56	9/9-10/21	Sa	9:10A-9:40A	\$79			
57	9/9-10/21	Sa	10:20A-10:50A	\$79			
58	11/4-12/16	Sa	8:00A-8:30A	\$68			
59	11/4-12/16	Sa	9:10A-9:40A	\$68			
60	11/4-12/16	Sa	10:20A-10:50A	\$68			
65	9/10-10/22	Su	8:35A-9:05A	\$79			
66	9/10-10/22	Su	9:45A-10:15A	\$79			
67	9/10-10/22	Su	11:00A-11:30A	\$79			
68	11/5-12/17	Su	8:35A-9:05A	\$68			
69	11/5-12/17	Su	9:45A-10:15A	\$68			
68	11/5-12/17	Su	11:00A-11:30A	\$68			
Loc	Location: Round Hill						

Activity Number: 132122

Sec	Dates	Day	Time	Fee
01	9/9-10/14	Sa	9:45A-10:15A	\$68
02	9/11-9/27	M,W	12:10P-12:40P	\$68
03	9/12-9/28	Tu,Th	4:45P-5:15P	\$68
04	10/2-10/25	M,W	12:10P-12:40P	\$90
05	10/3-10/26	Tu,Th	4:45P-5:15P	\$90
06	10/21-11/1	8 Sa	9:45A-10:15A	\$57
07	11/6-11/20	M,W	12:10P-12:40P	\$57
80	11/7-11/21	Tu,Th	4:45P-5:15P	\$57

PRESCHOOL LEVEL 3

(Ages 3-5) Swim class teaches rhythmic breathing, gliding on front and back, rolling over, swimming 5 yards on front and back, sitting dive, swimming in deep water, and safety. Prerequisite: Fully submerge body for 5 seconds, float on front and back independently, and swim 5 yards on both front and back (with flotation support).

Location: Claude Moore Recreation Center Activity Number: 173155

AULI	Activity Number: 170100						
Sec	Dates	Day	Time	Fee			
01	9/11-10/4	M,W	11:00A-11:30A	\$90			
02	9/11-10/4	M,W	2:10P-2:40P	\$90			
03	9/11-10/4	M,W	3:30P-4:00P	\$90			
04	9/11-10/4	M,W	4:50P-5:20P	\$90			
05	9/11-10/4	M,W	6:10P-6:40P	\$90			
06	10/16-11/8	M,W	11:00A-11:30A	\$90			
07	10/16-11/8	M,W	2:10P-2:40P	\$90			
80	10/16-11/8	M,W	3:30P-4:00P	\$90			
09	10/16-11/8	M,W	4:50P-5:20P	\$90			
10	10/16-11/8	M,W	6:10P-6:40P	\$90			

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22	9/12-10/5 Tu	,Th	4:10P-4:40P	\$90
23	9/12-10/5 Tu	,Th	5:30P-6:00P	\$90
24	9/12-10/5 Tu	,Th	6:50P-7:20P	\$90
25	10/17-11/9 Tu	,Th	11:00A-11:30A	\$90
26	10/17-11/9 Tu	,Th	2:10P-2:40P	\$90
27	10/17-11/9 Tu	,Th	4:10P-4:40P	\$90
28	10/17-11/9 Tu	,Th	5:30P-6:00P	\$90
29	10/17-11/9 Tu	,Th	6:50P-7:20P	\$90
30	11/16-12/14Tu	ı,Th	11:00A-11:30A	\$90
31	11/16-12/14Tu	ı,Th	2:10P-2:40P	\$90
32	11/16-12/14Tu	ı,Th	4:10P-4:40P	\$90
33	11/16-12/14Tu	ı,Th	5:30P-6:00P	\$90
34	11/16-12/14Tu	ı,Th	6:10P-6:40P	\$90
40	9/8-10/20	F	11:00A-11:30A	\$79
41	9/8-10/20	F	2:00P-2:30P	\$79
42	9/8-10/20	F	3:30P-4:00P	\$79
43	9/8-10/20	F	4:50P-5:20P	\$79
44	9/8-10/20	F	6:10P-6:40P	\$79
45	11/3-12/15	F	11:00A-11:30A	\$68
46	11/3-12/15	F	2:00P-2:30P	\$68
47	11/3-12/15	F	3:30P-4:00P	\$68
48	11/3-12/15	F	4:50P-5:20P	\$68
49	11/3-12/15	F	6:10P-6:40P	\$68
55	9/9-10/21	Sa	8:00A-8:30A	\$79
56	9/9-10/21	Sa	9:10A-9:40A	\$79
57	9/9-10/21	Sa	10:20A-10:50A	\$79
58	11/4-12/16	Sa	8:00A-8:30A	\$68
59	11/4-12/16	Sa	9:10A-9:40A	\$68
60	11/4-12/16	Sa	10:20A-10:50A	\$68
65	9/10-10/22	Su	8:35A -9:10A	\$79
66	9/10-10/22	Su	9:45A-10:15A	\$79
67	9/10-10/22	Su	11:00A-11:30A	\$79
00	11/5 10/17	C	0.054 0.054	ተረ ር

11 11/15-12/13 M,W 11:00A-11:30A

20 9/12-10/5 Tu.Th 11:00A-11:30A

12 11/15-12/13M,W 13 11/15-12/13M,W

14 11/15-12/13M,W

15 11/15-12/13M,W

21 9/12-10/5 Tu,Th

\$90

\$90

\$90

\$90

\$90

\$90

\$90

2:10P-2:40P

3:30P-4:00P

4:50P-5:20P

6:10P-6:40P

2:10P-2:40P

01 9/11-10/4

Location: Round Hill Activity Number: 132124

68 11/5-12/17

69 11/5-12/17

68 11/5-12/17

Sec	Dates	Day	Time	Fee
1	9/11-9/27	M,W	4:00P-4:30P	\$68
2	10/2-10/25	M,W	4:00P-4:30P	\$90
3	11/6-11/20	M,W	4:00P-4:30P	\$57

Su

Su

PRESCHOOL LEVEL 4

(Ages 4-6) Class teaches rotary breathing, swimming 15 yards of front crawl and elementary backstroke, kneeling dive, treading water, and safety. Prerequisite: Float on front and back for 5 seconds in 4 feet of water, swim 5 yards on both front and back, and be comfortable in

Location: Claude Moore Recreation Center

Activity Number: 173156

02	9/11-10/4	M,W	6:50P-7:20P	\$90
03	10/16-11/8	M,W	4:10P-4:40P	\$90
04	10/16-11/8	M,W	6:50P-7:20P	\$90
05	11/15-12/13	3M,W	4:10P-4:40P	\$90
06	11/15-12/13	3M,W	6:50P-7:20P	\$90
10	9/12-10/5	Tu,Th	4:50P-5:20P	\$90
11	9/12-10/5	Tu,Th	7:30P-8:00P	\$90
12	10/17-11/9	Tu,Th	4:50P-5:20P	\$90
13	10/17-11/9	Tu,Th	7:30P-8:00P	\$90
14	11/16-12/14	4Tu,Th	4:50P-5:20P	\$90
15	11/16-12/14	4Tu,Th	7:30P-8:00P	\$90
20	9/8-10/20	F	4:10P-4:40P	\$79
21	9/8-10/20	F	6:50P-7:20P	\$79
22	11/3-12/15	F	4:10P-4:40P	\$68
23	11/3-12/15	F	6:50P-7:20P	\$68
25	9/9-10/21	Sa	11:00A-11:30A	\$79
26	11/4-12/16	Sa	11:00A-11:30A	\$68
27	9/10-10/22	Su	9:10A-9:40A	\$79
28	9/10-10/22	Su	11:00A-11:30A	\$79
29	11/5-12/17	Su	9:10A-9:40A	\$68
30	11/5-12/17	Su	11:00A-11:30A	\$68

M.W

PRESCHOOL LEVEL 5

(Ages 4-7) Class teaches swimming 25 yards of front crawl and elementary backstroke, 15 yards of back crawl, breaststroke kick, standing dive, treading water, and safety. Prerequisite: Swim 15 yards each of front crawl (with some rotary breathing) and elementary backstroke.

Location: Claude Moore Recreation Center Activity Number: 173157

Sec	Dates	Day	Time	Fee
01	9/8-10/20	F	3:30P-4:00P	\$79
02	11/3-12/15	F	3:30P-4:00P	\$68
03	9/9-10/21	Sa	8:00A-8:30A	\$79
04	11/4-12/16	Sa	8:00A-8:30A	\$68
05	9/10-10/22	Su	8:00A-8:30A	\$79
06	11/5-12/17	Su	8:00A-8:30A	\$68

PRESCHOOL LEVEL 6

\$68

\$68

\$68

8:35A-9:05A

9:45A-10:15A

Su 11:00A-11:30A

(Ages 4-7) Class teaches swimming 25 yards of front crawl, elementary backstroke, and back crawl; 15 yards of breaststroke, sculling, surface dives, treading water, and safety. Prerequisite: Swim 25 yards each of front crawl (with rotary breathing) and elementary backstroke, and 15 vards of back crawl.

Location: Claude Moore Recreation Center Activity Number: 173158

Sec	Dates	Day	Time	Fee
01	9/9-10/21	Sa	8:35A-9:05A	\$79
02	11/4-12-16	Sa	8:35A-9:05A	\$68
03	9/10-10/22	Su	8:35A-9:05A	\$79
04	11/5-12/17	Su	8:35A-9:05A	\$68

VIRGINIA SWIMS CLASSES

SWIM LEVEL 1

(Ages 6-12) Class teaches breath control, face submersion, floating on front and back (with support), swimming 5 feet on front and back (with support), and safety. No goggles permitted in this class. Prerequisite: Students must function well in a group class without a parent.

Location: Claude Moore Recreation Center Activity number: 173251

Sec	Dates	Day	Time	Fee
01	9/11-10/4	M,W	4:10P-4:40P	\$90
02	9/11-10/4	M,W	5:30P-6:00P	\$90
03	9/11-10/4	M,W	6:50P-7:20P	\$90
04	10/16-11/8	M,W	4:10P-4:40P	\$90
05	10/16-11/8	M,W	5:30P-6:00P	\$90
06	10/16-11/8	M,W	6:50P-7:20P	\$90
07	11/15-12/1	3 M,W	4:10P-4:40P	\$90
80	11/15-12/1	3 M,W	5:30P-6:00P	\$90
09	11/15-12/1	3 M,W	6:50P-7:20P	\$90
15	9/12-10/5	Tu,Th	3:30P-4:00P	\$90
16	9/12-10/5	Tu,Th	4:50P-5:20P	\$90
17	9/12-10/5	Tu,Th	6:10P-6:40P	\$90
18	9/12-10/5	Tu,Th	7:30P-8:00P	\$90
19	10/17-11/9		3:30P-4:00P	\$90
20	10/17-11/9		4:50P-5:20P	\$90
21	10/17-11/9		6:10P-6:40P	\$90
22	10/17-11/9		7:30P-8:00P	\$90
23	11/16-12/1		3:30P-4:00P	\$90
24	11/16-12/1		4:50P-5:20P	\$90
25	11/16-12/1		6:10P-6:40P	\$90
26	11/16-12/1		7:30P-8:00P	\$90
30	9/8-10/20	F	4:10P-4:40P	\$79
31	9/8-10/20	F	5:30P-6:00P	\$79
32	9/8-10/20	F	6:50P-7:20P	\$79
33	11/3-12/15	F	4:10P-4:40P	\$68
34	11/3-12/15	F	5:30P-6:00P	\$68
35	11/3-12/15	F	6:50P-7:20P	\$68
36	9/9-10/21	Sa	8:35A-9:05A	\$79
37	9/9-10/21	Sa	9:45A-10:15A	\$79
38	9/9-10/21	Sa	11:00A-11:30A	\$79
39	11/4-12/16	Sa	8:35A-9:05A	\$68
40	11/4-12/16	Sa	9:45A-10:15A	\$68
41	11/4-12/16	Sa	11:00A-11:30A	\$68
42	9/10-10/22	Su	8:00A-8:30A	\$79
43	9/10-10/22	Su	9:10A-9:40A	\$79
44	9/10-10/22	Su	10:20A-10:50A	\$79
45	11/5-12/17	Su	8:00A-8:30A	\$68
46	11/5-12/17	Su	9:10A-9:40A	\$68
47	11/5-12/17	Su	10:20A-10:50A	\$68

Location: Round Hill Activity number: 132221

AUU	Activity iluliber. 192221				
Sec	Dates	Day	Time	Fee	
1	9/9-10/14	Sa	10:30A-11:00A	\$68	
2	9/12-9/28	Tu,Th	5:30P-6:00P	\$68	
3	10/3-10/26	Tu,Th	5:30P-6:00P	\$90	
4	10/21-11/1	8 Sa	10:30A-11:00A	\$57	

SWIM LEVEL 2

11/7-11/21 Tu,Th

(Ages 6-12) Class teaches breath control and head submersion, floating on front and back, gliding on front and back, rolling over, swimming 5 yards on front and back, and safety. Prerequisite: Fully submerge face for 3 seconds, float on front and back (with support), and swim 5 feet on both front and back (with support).

5:30P-6:00P

\$57

Location: Claude Moore Recreation Center Activity number: 173252

Acti	ivity numbe	r: 17325	i 2	
Sec	Dates	Day	Time	Fee
01	9/11-10/4	M,W	4:10P-4:40P	\$90
02	9/11-10/4	M,W	5:30P-6:00P	\$90
03	9/11-10/4	M,W	6:50P-7:20P	\$90
04	10/16-11/8	3 M,W	4:10P-4:40P	\$90
05	10/16-11/8	3 M,W	5:30P-6:00P	\$90
06	10/16-11/8	3 M,W	6:50P-7:20P	\$90
07	11/15-12/	13M,W	4:10P-4:40P	\$90
80	11/15-12/	13M,W	5:30P-6:00P	\$90
09	11/15-12/	13M,W	6:50P-7:20P	\$90
15	9/12-10/5	Tu,Th	3:30P-4:00P	\$90
16	9/12-10/5	Tu,Th	4:50P-5:20P	\$90
17	9/12-10/5	Tu,Th	6:10P-6:40P	\$90
18	9/12-10/5	Tu,Th	7:30P-8:00P	\$90
19	10/17-11/9	7 Tu,Th	3:30P-4:00P	\$90
20	10/17-11/9	7 Tu,Th	4:50P-5:20P	\$90
21	10/17-11/9	7 Tu,Th	6:10P-6:40P	\$90
22	10/17-11/9	7 Tu,Th	7:30P-8:00P	\$90
23	11/16-12/	14Tu,Th	3:30P-4:00P	\$90
24	11/16-12/	14Tu,Th	4:50P-5:20P	\$90
25	11/16-12/	14Tu,Th	6:10P-6:40P	\$90
26	11/16-12/	14Tu,Th	7:30P-8:00P	\$90
30	9/8-10/20	F	4:10P-4:40P	\$79
31	9/8-10/20	F	5:30P-6:00P	\$79
32	9/8-10/20	F	6:50P-7:20P	\$79
33	11/3-12/15	5 F	4:10P-4:40P	\$68
34	11/3-12/15		5:30P-6:00P	\$68
35	11/3-12/15	5 F	6:50P-7:20P	\$68
36	9/9-10/21	Sa	8:35A-9:05A	\$79
37	9/9-10/21	Sa	9:45A-10:15A	\$79
38	9/9-10/21	Sa	11:00A-11:30A	\$79
39	11/4-12/16		8:35A-9:05A	\$68
40	11/4-12/16		9:45A-10:15A	\$68
41	11/4-12/16		11:00A-11:30A	\$68
42	9/10-10/22		8:00A-8:30A	\$79
43	9/10-10/22		9:10A-9:40A	\$79
44	9/10-10/22		10:20A-10:50A	\$79
45	11/5-12/17		8:00A-8:30A	\$68
46	11/5-12/17		9:10A-9:40A	\$68
47	11/5-12/17		10:20A-10:50A	\$68
	ation: Roun			
	vity numbe			_
Sec	Dates	Day	Time	Fee

Sa 10:30A-11:00A

4:45P-5:15P

5:30P-6:00P

M.W

Tu,Th

\$68

\$68

\$68

50 11/5-12/17

01 9/9-10/14

02 9/11-9/27

03 9/12-9/28

04	10/2-10/25 M,W	4:45P-5:15P	\$90
05	10/3-10/26 Tu,Th	5:30P-6:00P	\$90
06	10/21-11/18 Sa	10:30A-11:00A	\$57
07	11/6-11/20 M,W	4:45P-5:15P	\$57
80	11/7-11/21 Tu,Th	5:30P-6:00P	\$57

SWIM LEVEL 3

(Ages 6-12) Class teaches rotary breathing, swimming 15 yards of front crawl, elementary backstroke, and back crawl, jumping into deep water, treading water, and safety. Prerequisite: Float on front and back for 5 seconds and swim 5 yards on both front and back.

Location: Claude Moore Recreation Center

Activity number: 173253				
Sec	-	Day	Time	Fee
01	9/11-10/4	M,W	4:10P-4:40P	\$90
02	9/11-10/4	M,W	5:30P-6:00P	\$90
03	9/11-10/4	M,W	6:10P-6:40P	\$90
04	9/11-10/4	M,W	7:30P-8:00P	\$90
05	10/16-11/8	M,W	4:10P-4:40P	\$90
06	10/16-11/8	M,W	5:30P-6:00P	\$90
07	10/16-11/8	M,W	6:10P-6:40P	\$90
80	10/16-11/8	M,W	7:30P-8:00P	\$90
09	11/15-12/13	3 M,W	4:10P-4:40P	\$90
10	11/15-12/13	3 M,W	5:30P-6:00P	\$90
11	11/15-12/13	3 M,W	6:10P-6:40P	\$90
12	11/15-12/13	3 M,W	7:30P-8:00P	\$90
15	9/12-10/5	Tu,Th	3:30P-4:00P	\$90
16	9/12-10/5	Tu,Th	4:50P-5:20P	\$90
17	9/12-10/5	Tu,Th	6:10P-6:40P	\$90
18	9/12-10/5	Tu,Th	7:30P-8:00P	\$90
19	10/17-11/9		3:30P-4:00P	\$90
20	10/17-11/9		4:50P-5:20P	\$90
21	10/17-11/9	,	6:10P-6:40P	\$90
22	10/17-11/9		7:30P-8:00P	\$90
23	11/16-12/1		3:30P-4:00P	\$90
24	11/16-12/1		4:50P-5:20P	\$90
25	11/16-12/1		6:10P-6:40P	\$90
26	11/16-12/1		7:30P-8:00P	\$90
30	9/8-10/20	F	4:10P-4:40P	\$79
31	9/8-10/20	F	5:30P-6:00P	\$79
32	9/8-10/20	F	6:10P-6:40P	\$79
33	9/8-10/20	F	7:30P-8:00P	\$79
34	11/3-12/15	F	4:10P-4:40P	\$68
35	11/3-12/15	F	5:30P-6:00P	\$68
36	11/3-12/15	F	6:10P-6:40P	\$68
37	11/3-12/15	F	7:30P-8:00P	\$68
40	9/9-10/21	Sa	9:10A-9:40A	\$79
41	9/9-10/21	Sa	10:20A-10:50A	\$79
42	9/9-10/21	Sa	11:40A-12:10P	\$79
43	11/4-12/16	Sa	9:10A-9:40A	\$68
44	11/4-12/16	Sa	10:20A-10:50A	\$68
45	11/4-12/16	Sa	11:40A-12:10P	\$68
46	9/10-10/22	Su	9:10A-9:40A	\$79
47	9/10-10/22	Su	10:20A-10:50A	\$79
48	9/10-10/22	Su	11:40A-12:10P	\$79
49	11/5-12/17	Su	9:10A-9:40A	\$68

Su 10:20A-10:50A

\$68

Fee

Location: Round Hill Activity number: 132223					
Sec	Dates	Day	Time	Fee	
01	9/9-10/14	Sa	11:15A-11:55A	\$84	
02	9/11-9/27	M,W	5:30P-6:10P	\$84	
03	9/12-9/28	Tu,Th	6:15P-6:55P	\$84	
04	10/2-10/25	M,W	5:30P-6:10P	\$114	
05	10/3-10/26	Tu,Th	6:15P-6:55P	\$114	
06	10/21-11/1	8 Sa	11:15A-11:55A	\$72	
07	11/6-11/20	M,W	5:30P-6:10P	\$72	
80	11/7-11/21	Tu,Th	6:15P-6:55P	\$72	

51 11/5-12/17 Su 11:40A-12:10P

SWIM LEVEL 4

(Ages 6-12) Class teaches 25 yards of front crawl (with rotary breathing), elementary backstroke, and back crawl; 15 yards of breaststroke, standing dive, treading water, and safety.

Prerequisite: Swim 15 yards each of front crawl, elementary backstroke, and back crawl.

Location: Claude Moore Recreation Center

Time

Fee

Activity	number:	173254
Sec Da	ites	Dav

	Dutoo	Duy		
01	9/11-10/4	M,W	4:10P-4:40P	\$90
02	9/11-10/4	M,W	4:50P-5:20P	\$90
03	9/11-10/4	M,W	6:10P-6:40P	\$90
04	9/11-10/4	M,W	7:30P-8:00P	\$90
05	10/16-11/8	M,W	4:10P-4:40P	\$90
06	10/16-11/8	M,W	4:50P-5:20P	\$90
07	10/16-11/8	M,W	6:10P-6:40P	\$90
80	10/16-11/8	M,W	7:30P-8:00P	\$90
09	11/15-12/1	3M,W	4:10P-4:40P	\$90
10	11/15-12/1	3M,W	4:50P-5:20P	\$90
11	11/15-12/13	3M,W	6:10P-6:40P	\$90
12	11/15-12/13	3 M,W	7:30P-8:00P	\$90
15	9/12-10/5	Tu,Th	3:30P-4:00P	\$90
16	9/12-10/5	Tu,Th	4:10P-4:40P	\$90
17	9/12-10/5	Tu,Th	5:30P-6:00P	\$90
18	9/12-10/5	Tu,Th	6:10P-6:40P	\$90
19	9/12-10/5	Tu,Th	6:50P-7:20P	\$90
20	10/17-11/9	Tu,Th	3:30P-4:00P	\$90
21	10/17-11/9	,	4:10P-4:40P	\$90
22	10/17-11/9		5:30P-6:00P	\$90
23	10/17-11/9		6:10P-6:40P	\$90
24	10/17-11/9	Tu,Th	6:50P-7:20P	\$90
25	11/16-12/1		3:30P-4:00P	\$90
26	11/16-12/1	4Tu,Th	4:10P-4:40P	\$90
27	11/16-12/1	,	5:30P-6:00P	\$90
28	11/16-12/1	,	6:10P-6:40P	\$90
29	11/16-12/1	4Tu,Th	6:50P-7:20P	\$90
35	9/8-10/20	F	4:10P-4:40P	\$79
36	9/8-10/20	F	4:50P-5:20P	\$79
37	9/8-10/20	F	6:10P-6:40P	\$79
38	9/8-10/20	F	7:30P-8:00P	\$79
39	11/3-12/15	F	4:10P-4:40P	\$68
40	11/3-12/15	F	4:50P-5:20P	\$68
41	11/3-12/15	F	6:10P-6:40P	\$68
42	11/3-12/15	F	7:30P-8:00P	\$68
43	9/9-10/21	Sa	9:10A-9:40A	\$79

Location: Round Hill					
62	11/5-12/17	Su	12:30P-1:00P	\$68	
61	11/5-12/17	Su	11:00A-11:30A	\$68	
60	11/5-12/17	Su	10:20A-10:50A	\$68	
59	11/5-12/17	Su	9:10A-9:40A	\$68	
58	9/10-10/22	Su	12:30P- 1:00P	\$79	
57	9/10-10/22	Su	11:00A-11:30A	\$79	
56	9/10-10/22	Su	10:20A-10:50A	\$79	
55	9/10-10/22	Su	9:10A-9:40A	\$79	
50	11/4-12/16	Sa	12:30P- 1:00P	\$68	
49	11/4-12/16	Sa	11:00A-11:30A	\$68	
48	11/4-12/16	Sa	10:20A-10:50A	\$68	
47	11/4-12/16	Sa	9:10A-9:40A	\$68	
46	9/9-10/21	Sa	12:30P- 1:00P	\$79	
45	9/9-10/21	Sa	11:00A-11:30A	\$79	
44	9/9-10/21	Sa	10:20A-10:50A	\$79	

Location: Round Hill Activity number: 132224

Sec	Dates	Day	rime	ree	
01	9/9-10/14	Sa	11:15A-11:55A	\$84	
02	9/11-9/27	M,W	6:20P-7:00P	\$84	
03	10/2-10/25	M,W	6:20P-7:00P	\$114	
04	10/21-11/1	8 Sa	11:15A-11:55A	\$72	
05	11/6-11/20	M,W	6:20P-7:00P	\$72	

SWIM LEVEL 5

Ages 6-12) Class teaches 50 yards of front crawl (with bi-lateral breathing), elementary backstroke, and back crawl; 25 yards of breast-stroke, 15 yards of butterfly, surface dives, open turns, treading water, and safety. Prerequisite: Swim 25 yards each of front crawl, elementary backstroke and back crawl in good form, and 15 yards of breaststroke.

Location: Claude Moore Recreation Center

Activity number: 173255

	vity number			_
Sec	Dates	Day	Time	Fee
01	9/11-10/4	M,W	4:50P-5:20P	\$90
02	9/11-10/4	M,W	5:30P-6:00P	\$90
03	9/11-10/4	M,W	6:50P-7:20P	\$90
04	10/16-11/8	M,W	4:50P-5:20P	\$90
05	10/16-11/8	M,W	5:30P-6:00P	\$90
06	10/16-11/8	M,W	6:50P-7:20P	\$90
07	11/15-12/1	3M,W	4:50P-5:20P	\$90
80	11/15-12/1	3M,W	5:30P-6:00P	\$90
09	11/15-12/1	3M,W	6:50P-7:20P	\$90
15	9/12-10/5	Tu,Th	4:10P-4:40P	\$90
16	9/12-10/5	Tu,Th	4:50P-5:20P	\$90
17	9/12-10/5	Tu,Th	6:50P-7:20P	\$90
18	10/17-11/9	Tu,Th	4:10P-4:40P	\$90
19	10/17-11/9	Tu,Th	4:50P-5:20P	\$90
20	10/17-11/9	Tu,Th	6:50P-7:20P	\$90
21	11/16-12/1	4Tu,Th	4:10P-4:40P	\$90
22	11/16-12/1	4Tu,Th	4:50P-5:20P	\$90
23	11/16-12/1	4Tu,Th	6:50P-7:20P	\$90
30	9/8-10/20	F	4:50P-5:20P	\$79
31	9/8-10/20	F	5:30P-6:00P	\$79
32	9/8-10/20	F	6:50P-7:20P	\$79
33	11/3-12/15	F	4:50P-5:20P	\$68
34	11/3-12/15	F	5:30P- 6:00P	\$68

35	5	11/3-12/15		F	6:50P-7:20P	\$68
36	6	9/9-10/21	5	Sa	9:45A-10:15A	\$79
37	7	9/9-10/21	5	Sa	11:00A-11:30A	\$79
38	8	9/9-10/21	5	Sa	12:30P-1:00P	\$79
39	9	11/4-12/16	5	Sa	9:45A-10:15A	\$68
40	C	11/4-12/16	5	Sa	11:00A-11:30A	\$68
4	1	11/4-12/16	5	Sa	12:30P-1:00P	\$68
42	2	9/10-10/22	5	Su	9:45A-10:15A	\$79
43	3	9/10-10/22	5	Su	11:00A-11:30A	\$79
44	4	9/10-10/22	5	Su	12:30P-1:00P	\$79
45	5	11/5-12/17	S	Su	9:45A-10:15A	\$68
46	6	11/5-12/17	S	Su	11:00A-11:30A	\$68
47	7	11/5-12/17	S	Su	12:30P-1:00P	\$68

Location: Round Hill Activity number: 132225

		-		
1	9/9-10/14	Sa	11:15A-11:55A	\$84
2	9/11-9/27	M,W	6:20P-7:00P	\$84
3	10/2-10/25	M,W	6:20P-7:00P	\$114
4	10/21-11/18	3 Sa	11:15A-11:55A	\$72
5	11/6-11/20	M,W	6:20P-7:00P	\$72

Time

Day

SWIM LEVEL 6

Sec Dates

(Ages 6-14) Class teaches 100 yards of front crawl and back crawl, 50 yards of breaststroke, 25 yards of butterfly, and sidestroke. The class develops good fitness habits, introduces a wide range of aquatic activities to meet individual needs, and teaches safety skills. Prerequisite: Participants must have completed Level 5.

Location: Claude Moore Recreation Center

Activity number: 173256

	Dates	Day	Time	Fee
01	9/11-10/4	M,W	3:30P-4:00P	\$90
02	9/11-10/4	M,W	6:50P-7:20P	\$90
03	10/16-11/8	3 M,W	3:30P-4:00P	\$90
04	10/16-11/8	3 M,W	6:50P-7:20P	\$90
05	11/15-12/1	13M,W	3:30P-4:00P	\$90
06	11/15-12/1	13M,W	6:50P-7:20P	\$90
07	9/12-10/5	Tu,Th	5:30-6:00P	\$90
80	9/12-10/5	Tu,Th	7:30P-8:00P	\$90
09	10/17-11/9	Tu,Th	5:30-6:00P	\$90
10	10/17-11/9	Tu,Th	7:30P-8:00P	\$90
11	11/16-12/1	l 4Tu,Th	5:30-6:00P	\$90
12	11/16-12/1	l 4Tu,Th	7:30P-8:00P	\$90
13	9/8-10/20	F	6:50P-7:20P	\$79
14	11/3-12/15	5 F	6:50P-7:20P	\$79
15	9/9-10/21	Sa	9:45A-10:15A	\$79
16	9/9-10/21	Sa	11:40A-12:10P	\$79
17	11/4-12/16	Sa Sa	9:45A-10:15A	\$68
18	11/4-12/16	Sa Sa	11:40A-12:10P	\$68
19	9/10-10/22	2 Su	9:45A-10:15A	\$79
20	9/10-10/22	2 Su	11:40A-12:10P	\$79
21	11/5-12/17	7 Su	9:45A-10:15A	\$68
22	11/5-12/17	7 Su	11:40A-12:10P	\$68

ADULT SWIM LEVEL 1

(Ages 13 & up) Goals of class include submerging face in water, swimming independently on

front for 5 yards.

Location: Claude Moore Recreation Center

Activity number: 173461

Sec	Dates	Day	Time	Fee
01	9/11-10/4	M,W	8:10P-8:40P	\$90
02	10/16-11/8	M,W	8:10P-8:40P	\$90
03	11/15-12/1	3M,W	8:10P-8:40P	\$90
04	9/9-10/21	Sa	8:00A-8:30A	\$79
05	11/4-12/16	Sa	8:00A-8:30A	\$68
06	9/10-10/22	Su	8:00A-8:30A	\$79
07	11/5-12/17	Su	8:00A-8:30A	\$68

ADULT SWIM LEVEL 2

Sec Dates

(Ages 13 & up) Goals of class include swimming 25 yards using both front and back crawl and floating on back for 10 seconds.

Location: Claude Moore Recreation Center Activity number: 173462

Time

Day

SEC	, Dales	Day	IIIIE	1 66
01	9/12-10/5	Tu,Th	8:10P-8:40P	\$90
02	10/17-11/9	Tu,Th	8:10P-8:40P	\$90
03	11/16-12/1	4Tu,Th	8:10P-8:40P	\$90
04	9/9-10/21	Sa	8:35A-9:05A	\$79
05	11/4-12/16	Sa	8:35A-9:05A	\$68
06	9/10-10/22	Su	8:35A-9:05A	\$79
07	11/5-12/17	Su	8:35A-9:05A	\$68

ADULT SWIM LEVEL 3

(Ages 13 & up) Goals of class include continuing to develop skills based on students goals.

Location: Claude Moore Recreation Center

Sec	Dates	Day	Time	Fee

01	9/8-10/20	F	8:10P-8:40P	\$79
02	11/3-12/15	F	8:10P-8:40P	\$68

ADAPTIVE RECREATION

703-737-8042

Call for pick-up and departure times. Serving individuals with disabilities. "Enhancing Your Recreation Experience"

INTEGRATION OPPORTUNITIES

Individuals with disabilities are entitled to recreation opportunities. Adaptive Recreation encourages its participants to integrate into all Loudoun County PRCS programs. Please call staff for any needed assistance or information.

GENERAL INTEREST

SPECIAL RECREATION ADVISORY BOARD, INC.

Location: PRCS office. Volunteers meet monthly to discuss events, community awareness, fundraising and sponsorships. Newcomers welcome. Please call Maria Auger at 703-771-5013 for more information.

Location: PRCS Administration

September Date TBD

ARTS

VSA ARTS OF VIRGINIA-LOUDOUN COUNTY COMMITTEE MEETINGS

Open to anyone who would like to work with VSA arts of Loudoun County. We encourage people to join us and learn about VSA and the many opportunities that exist to volunteer with our programs. Please contact Kellie Goossens at 540-338-7973 for more information.

Location: Franklin Park Performing & Visual Arts Center

4th M ongoing 6:00pm - 7:30pm

MOVIE MADNESS

(Ages 16 & up, All levels) Join us for a Saturday matinee. We'll meet at a local theater -specific location and movie information TBA. Contact Beniamin Curtis for more information.

141726-01	\$30.00	
F	9/1-9/1	5:00pm-9:00pm
141726-02	\$30.00	
F	10/6-10/6	5:00pm-9:00pm
141726-03	\$30.00	
F	11/3-11/3	5:00pm-9:00pm

SPORTS

LOUDOUN COUNTY SPECIAL OLYMPICS COMMITTEE MEETING

Volunteers, athletes, coaches, committee members meet monthly. New members should call ahead for date, time and location.

Location: PRCS Administration

SPARE TIME BOWLING

(Ages 18 & up, All levels) Relax on a Friday afternoon with bowling! This program teaches the basics of the game, promotes socialization, and community awareness. PLEASE make a note when registering if participant is being picked up at ECHO. Contact Ben Curtis for more information.

141710-01	\$20	
F	9/1-9/1	2:30pm-4:30pm
141710-02	\$20	
F	9/15-9/15	2:30pm-4:30pm
141710-03	\$20	
F	10/6-10/6	2:30pm-4:30pm
141710-04	\$20	

F	10/20-10/20	2:30pm-4:30pm
141710-05	\$20	
F	11/3-11/3	2:30pm-4:30pm
141710-06	\$20	
F	11/17-11/17	2:30pm-4:30pm

SPECIAL EVENTS

This section lists some of our countywide special events in chronological order by date and time. Please call the number listed for more information.

SEPTEMBER

CELEBRATE LEAVES AT CMP

(All ages) Stop by the Visitor Center and take part in a celebration of the color changing wonders around us! Check out the Visitor Center's Discover Room for some self-guided games and activities 9-5 daily. Call 571-258-3700 for more info.

Location: Claude Moore Park Visitor Center Free event

Daily 9/1-11/30 9:00A-5:00P

BUILD & BOUNCE

(Ages 10 & under) Our gym will be filled with building blocks and moon bounces galore. Duplo and Lego blocks, gears, and other building toys for different age groups will be available for participants to test their engineering skills. Participants can jump in our moonbounces to get the creative juices flowing. This is not a drop off event, parents must be present at all times. Call 703-430-9480 for more information.

Location: Sterling Community Center

103705-01 \$5

F 9/1-9/1 5:30pm-7:30pm

LETTERS FROM SANTA

(Ages 10 & under) Your child will be thrilled to receive a personalized letter from Santa, written just for them. Upon registration, print the Santa information form and receipt and send it to SCC via fax: 703-421-3118, email: Kubra.Alam@ loudoun.gov or mail: 120 Enterprise Street Sterling VA 20164. Forms must be received before December 14. Call 703-430-9480 for more information.

Location: Sterling Community Center

103764-01 \$5 M-Sa 9/1-12/14

BUILD & BOUNCE

(Ages 10 & Under) See description for 9/1. Call 703-430-9480 for more information.

Location: Sterling Community Center

103705-02 \$5

Sa 9/2-9/2 9:30am-11:30am

SCARECROW CONTEST

(All ages) Enter the contest, have fun and win! Scarecrow frames provided beginning September 1, and all scarecrows must be returned no later than September 8 to be entered in the contest. Build at home, or attend our Scarecrow Building Workshop on September 3 to create vour entry. Please contact Julie.Edmond@ loudoun.gov for full contest rules and details. Prizes awarded to top three entries. Scarecrows will be displayed at Franklin Park for the 5K Color Run on Septemeber 9. Call 540-338-7603 for more information.

Location: Franklin Park 162934-01 Free event

Su-Sa 9/3-10/7 9:00am-5:00pm

SCARECROW BUILDING WORKSHOP

(All ages) In conjunction with Franklin Park's Fall Scarecrow Contest (Activity #162934), join us on this day to plan, create and build your entry for the contest. One registration includes entire family. Call 540-338-7603 or email Julie.Edmond@ loudoun.gov for more information.

Location: Franklin Park 162935-01 \$7

Su 9/3-9/3 1:00pm-3:00pm

COMMUNITY YARD SALE

(Ages 18 & up) Indoor Yard Sale, 2nd Saturday of the Month. Registration includes site space 10' x 10', 6-foot table, and 1 chair. Price includes general ad in local classified section. Vendors must register and pay in advance. Free admission for shoppers.

Location: Sterling Community Center

103709-01 \$10

Sa 9/9-9/9 8:00am-12:00pm

FRANKLIN PARK COLOR RUN

(All ages) Not your ordinary 5K! Run the scenic. well maintained trails of Franklin Park while getting doused with color. Each participant will get a white shirt at the start and finished plastered in color. Registrations includes race packet, number, shirt and celebration afterwards including drinks, breakfast and music. Check in starts at 7:30 a.m. and the race begins at 9:00 a.m. Call 540-338-7603 for more information.

Location: Franklin Park 162931-01 \$35/youth

9/9 9:00am-11:00am Sa

162931-01 \$40/adult

9/9 9:00am 11:00am Sa

DOG SWIM

(All ages & breeds) Join us as we turn over our pool to the dogs for our Dog Swim. Frisbees and balls are welcome. Only dogs will be permitted in the pool. County dog licenses are mandatory. No registration is required. Call 540-822-5284 or e-mail lovcc@loudoun.gov for more information.

Location: Lovettsville Community Pool

Pay at door \$5/dog

9/9-9/9 Sa 9:00am-11:30am

DOG 5K-9 WALK SWIM

(All ages) Not spending enough time with Fido? Bring your dog to our annual three-mile dog walk/jog and take a dip in the pool. Check in at 8:30 a.m. and 11:30 a.m. Walk/jog starts at 9:00 a.m. and 12:00 p.m. Call 540-338-7603 for more information.

Location: Franklin Park

162933-01 \$5

Su 9/10 9:00A-11:00A

162933-02 \$5

Su 9/10 12:00P-2:00P

PARENT'S NIGHT OUT

(Ages 3 -14) Enjoy a night out while the children enjoy pizza, crafts, games, outdoor play, and a movie to end the night. Sign up for the "B" section to enjoy the pool and rock wall. Call 571-258-3500 for more information.

Location: Claude Moore Recreation Center

110714-01 \$16 First child F 9/15-9/15 5:00pm-9:00pm **110714-01**B \$20First child with Pool/Rock Wall 9/15-9/15 5:00pm-9:00pm 110714-02 \$8 Add'l child 9/15-9/15 5:00pm-9:00pm 110714-02B \$10 Add'l child w/ Pool/Rock Wall 9/15-9/15 5:00pm-9:00pm 110714-03 \$16 First child F 9/29-9/29 5:00pm-9:00pm 110714-03B \$20 First child w/ Pool/Rock Wall F 9/29-9/29 5:00pm-9:00pm 110714-04 \$8 Add'l child

PARENTS' ESCAPE NIGHT: FORTS

9/29-9/29

9/29-9/29

110714-04B \$10 Add'l child w/ Pool/Rock Wall

5:00pm-9:00pm

5:00pm-9:00pm

(Ages 2-12) Head out for a night on the town while we take care of the little ones. Each month will have its own open-ended engineering project for the kids to tackle. They'll also have pizza, play games, watch a movie, and enjoy some moonbounce time! Kids will be divided into separate age groups. Ask about our potty training policy. \$15 for first child, \$13 for additional siblings. Call 703-430-9480 for more information.

Location: Sterling Community Center

103724-01	\$15	First Child
F	9/15-9/15	5:30pm-9:00pm
103724-02	\$13	Additional Child
F	9/15-9/15	5:30pm-9:00pm

BLUEMONT FAIR

(All ages) Don't miss out from the family fun and hometown feel for the 48th Annual Bluemont Fair, sponsored by the Bluemont Citizen's Association. Call 540-554-8643 for more information.

Location: Bluemont Community Center/Town of Bluemont

Pay at door \$7/Free ages 9 & under Sa.Su 9/16-9/17 10:00am-5:00pm

BACK TO SCHOOL PRESCHOOL BASH

(All ages) Join us at Douglass for a family fun day! We will have moon bounces, face painting, balloon animals, a magician and Costume Characters. Food will be provided. This event is for our families in the community. Call 703-771-5913 for more information.

Location: Douglass Community Center

104705-01 \$5

9/16-9/16 3:00pm-6:00pm Sa

FRIDAY FUN IN THE PARK

(All ages) TGIF! Take the bus after school from Banneker ES to the Center, and hang out with all of your friends at PCC! We will have sno-cones, pizza and other goodies. Enjoy outdoor fun and games, and celebrate the weekend. Call 540-338-5882 for more information.

Location: Philomont Community Center

111703-01 \$10/child: \$5/child w/parent 9/22-9/22 3:00pm-5:00pm

OKTOBERFEST DINNER

(All ages) The Lovettsville Lions' Club will host this family dinner that kicks off the annual Lovettsville Oktoberfest Celebration. Call 540-822-5284 or email LOVCC@loudoun.gov for more information.

Location: Lovettsville Community Center

Pay at door \$TBD

9/22-9/22 5:00P-7:30P

THE LUCKETTS FALL YARD SALE

(All ages) Get rid of your unwanted treasures or acquire some new ones! A space is 12x12 and includes a table. Refreshments are served. Call 703-771-5281 for more information.

Location: Lucketts Community Center 109702-01 \$10/space & one table

Sa 9/23-9/23 7:00am-1:00pm

PCC FALL YARD SALE

(Ages 18 & up) Attention all vendors and collectors! Philomont Community Center will be hosting a vendor and yard sale where you can sell all of your unwanted personal or business items! Price includes a 10 x 10 space and a general ad in the local classified section. All vendors please register in advance. Call 540-338-5882 for more information!

Location: Philomont Community Center

111702-01 \$15

Sa

9/23-9/23 8:00am-2:00pm

111702-02 \$5/table

Sa 9/23-9/23 8:00am-2:00pm

CLAUDE MOORE PARK FALL FESTIVAL

(All ages) Spend a beautiful fall day outdoors at CMP! Enjoy music, pumpkin painting, and scarecrow making (bring your own clothes.) See the fiber artists from the Foothill Spinners and Weavers work; children can even try some weaving. Visit a petting zoo. (11-3). Shop from hand-made crafts for sale by local artists. View the amazing work of entrants to the Friends of CMP's 10th Annual Photo Expo. Food available for purchase. No registration required. Use the Loudoun Park Lane entrance and follow the signs. Event will be held rain or shine. Call 571-258-3700 for more information

Location: Claude Moore Park Historic Area Free event

Sa 9/23-9/23 10:00A-4:00P

TENTH ANNUAL PHOTO EXPO AT CMP

(All ages) See the extraordinary work of local photographers as they capture the theme "Natural Spaces & Old Places." In this juried show, sponsored by the Friends of Claude Moore Park, the winning photos will be on display in the historic Lanesville Ordinary and Caretaker's House. Viewers can vote for their favorite photo to win the Paul Glascock Memorial People's Choice Award. Photos may be entered into the contest until September 15. For information, rules and entry forms, visit www.loudoun.gov/ claudemoorepark or call 571-258-3700 for more information.

Location: Claude Moore Park Historic Area Free event

Sa 9/23-9/23 10:00am-4:00pm

CLAUDE MOORE KIDS TRIATHLON

(Ages 6-14) Seek out something for every kid and join us for the inaugural Claude Moore Kids Tri. The event will take place in the park and recreation center. Youth athletes will take on distances based on their age in swimming, biking and running!

Location: Claude Moore Recreation Center 173756-01 \$45

Sa 9/23-9/23 8:30am-10:30am

LOUDOUN INTERNATIONAL FESTIVAL

(All ages) Loudoun County's Third Annual Festival features live entertainment, cultural demonstrations, shopping, great food from around the world and fun activities for all ages. Parking is available at Frederick Douglass Elementary School and other nearby areas, with handicap parking available at the community center's northeast lot. Free shuttle buses will operate from the Leesburg Park & Ride Lot, 19730 Sycolin Road, Leesburg, VA. The event is held rain or shine. Visit www.loudoun.gov/dccfestival or call 703-771-5913 for more information.

Location: Douglass Community Center

Pay at door \$5/Ages 13 & up, Free/Ages 12 & under

9/24-9/24 Su 11:00am-5:00pm

BUILD & BOUNCE

(Ages 10 & Under) See description for 9/1. Call 703-430-9480 for more information.

Location: Sterling Community Center

103705-03 \$5

9/29-9/29 5:30pm-7:30pm

BUILD & BOUNCE

(Ages 10 & Under) See description for 9/1. Call 703-430-9480 for more information.

Location: Sterling Community Center

103705-04

Sa 9/30-9/30 9:30am-11:30am

FATHER/DAUGHTER DANCE

(Ages 2-12) Princesses and their Handsome Role Models are invited to attend an enchanted evening of music, dancing, portraits and fun at the enchanted ball "Under the Sea". This event is specifically designed to appeal to princesses from two to twelve. Dress is royal attire. Call 703-771-5281 for more information.

Location: Lucketts Community Center

\$20	Couple
9/30-9/30	7:00pm-9:00pm
\$5	Additional princess
9/30-9/30	7:00pm-9:00pm
	9/30-9/30 \$5

OCTOBER

STERLINGFEST 2017

(All Ages) Be part of the annual Sterlingfest community celebration. Enjoy exhibits, games. music, moonbounces, food and fun activities planned by the festival committee. Visit www. sterlingfoundation.org or call 703-430-9480 for more information.

Location: Sterling Community Center Free event

Sa 10/7-10/7 11:00A-5:00P

LUCKETTS BLUEGRASS

(All ages) We're starting into our 44th year of toe-tapping Bluegrass concerts! Featuring both traditional and new Bluegrass sounds, this is the way to spend Saturday night! Schedules are available at the community center. Call 703-771-5281 for more information.

Location: Lucketts Community Center Pay at door \$15

Sa 10/7-12/16 7:00pm-10:30pm

TROUT FISHING DAYS

(All ages) Enjoy a day at the park fishing for trout. Kids fishing runs from 8:00 a.m. until noon, and adults are allowed to assist. From noon until 4:00 p.m., fishing is open to everyone. No fishing license is required. Trout may be taken home, but all other species must be returned to the pond. The creel limit will be announced the day of the event. Registration is

good Saturday and Sunday. Call 540-338-7603 for more information.

Location: Franklin Park

162514-01 \$6

10/14 -10/15 8:00am-4:00pm Sa,Su

162516-01 \$10

Sa,Su 10/14 -10/15 12:00pm-4:00pm

FAMILY HOLIDAY PORTRAITS

(All ages) Lifetouch and the Lucketts Community Center have decided to come together to offer a very unique opportunity for all families! Reserve your time today to capture the essence of time with your own private family photo shoot. You are sure to be impressed with the quality that Lifetouch presents! There is NO obligation to buy. However, you MUST make a reservation in order to attend this event! Please call 703-771-5281 or email Lucketts@loudoun.gov.

Location: Lucketts Community Center

109701-01 Package prices vary

10/9 1:00P-8:00P

109701-02 Package prices vary

10/16 3:00P-8:00P

PARENT'S NIGHT OUT

(Ages 3 -14) See description for September. Call 571-258-3500 for more information.

Location: Claude Moore Recreation Center

110714-05	\$16	First child
F	10/13-10/13	5:00pm-9:00pm
110714-05 B	\$20 First child	w/ Pool/Rock Wall
F	10/13-10/13	5:00pm-9:00pm
110714-06	\$8	Add'l child
F	10/13-10/13	5:00pm-9:00pm
110714-06 B	\$10 Add'l child	w/ Pool/Rock Wall
F	10/13-10/13	5:00pm-9:00pm
110714-07	\$16	First child
110714-07 F	\$16 10/27-10/27	First child 5:00pm-9:00pm
	10/27-10/27	
F	10/27-10/27	5:00pm-9:00pm
F 110714-07 B	10/27-10/27 \$20 First child	5:00pm-9:00pm w/ Pool/Rock Wall
F 110714-07 B F	10/27-10/27 \$20 First child 10/27-10/27	5:00pm-9:00pm w/ Pool/Rock Wall 5:00pm-9:00pm
F 110714-07 B F 110714-08	10/27-10/27 \$20 First child 10/27-10/27 \$8 10/27-10/27	5:00pm-9:00pm w/ Pool/Rock Wall 5:00pm-9:00pm Add'l child

SPOOKY BOUNCE NIGHT

(All ages) Whoooooo wants to join us in the gym for a Spooky Night of fun? Your child will enjoy playing in the moon bounce, playing Halloween games and decorating their trick or treat bag for Halloween night. Call 703-771-5913 for more information.

Location: Douglass Community Center 104717-01 \$5

6:00pm-8:00pm 10/13-10/13

LUCKETTS ROUND-UP DANCE PARTY

(All ages) Giddy up, cowboys & cowgirls! Join us this evening for a night of Country Western line dancing. Grab your lasso and put on your dancing boots because tonight we're going to have an evening of toe-tapping, boot-scooting fun! Call 703-771-5281 for more information. Instructor: SoHo Performing Arts.

Location: Lucketts Community Center

109709-01	\$20	Family of four
F	10/13-10/13	6:30pm-8:00pm
109709-02	\$5 Ad	ld'l cowboy/cowgirl
F	10/13-10/13	6:30pm-8:00pm

COMMUNITY YARD SALE

(Ages 18 & up) See description for 9/9. Call 703-430-9480 for more information.

Location: Sterling Community Center

103709-02 \$10

Sa 10/14-10/14 8:00am-12:00pm

MOM & ME: BAT JAMBOREE

(Ages 1½-5) Children will enjoy Halloween-themed carnival fun including crafts, games and more! Don't forget to wear your costume! Call 571-258-3500 for more information.

Location: Claude Moore Community Center

110710-01 \$5

F 10/20-10/20 11:00am-12:00pm

FRIDAY FUN IN THE PARK

(All ages) See description for September. Call 540-338-5882 for more information.

Location: Philomont Community Center 111703-02 \$10/child, \$5/child w/parent

F 10/20-10/20 3:00pm-5:00pm

PARENTS' ESCAPE NIGHT: MAZES

(Ages 2-12) See description for 9/15. Call 703-430-9480 for more information.

Location: Sterling Community Center

103724-03	\$15	First Child
F	10/20-10/20	5:30pm-9:00pm
103724-04	\$13	Additional Child
F	10/20-10/20	5:30pm-9:00pm

FLASHLIGHT CANDY HUNT

(Ages 2-9) Join us for our Annual Claude Moore Flashlight Candy Hunt. The hunt will be held in the safety of our playground. After you enjoy the hunt enjoy time on the moon bounce, playing Halloween themed games, and roasting marshmallows with the Claude Moore Park Staff. Parent participation is required. Call 571-258-3500 for more information.

Location: Claude Moore Community Center 110701_01 \$10

110701 01	Ψισ	
F	10/20-10/20	7:00pm-8:00pm
110701-02	\$5	

10/20-10/20 7:00pm-8:00pm

MRS. LUCKETTS HAUNTED PLAYGROUND

(All ages) Do you dare to take a tour of Mrs. Lucketts' Haunted Playground?! Come enjoy some ghoulish games and treats while visiting! Call 703-771-5281 for more information.

Location: Lucketts Community Center

109706-01	\$5	One child
F	10/20-10/20	7:00pm-8:30pm
109706-02	\$10	Two children
F	10/20-10/20	7:00pm-8:30pm
109706-03	\$15	Three children
F	10/20-10/20	7:00pm-8:30pm
109706-04	\$20	Four children
F	10/20-10/20	7:00pm-8:30pm

HALLOWEEN HAYRIDE

(All ages) Join us for unique Halloween trickor-trick fun on our famous annual Halloween Hayride! Your friends and family will get a thrill out of our hayride around Philomont, with stops for trick-or-treating. Come in your best Halloween costume, and be a part of our first annual costume contest! Register early because space is limited. All children must be accompanied by an adult. Children two and under are admitted free! Call 540-338-5882 for more information. Last wagon leaves at 7:15 p.m.

Location: Philomont Community Center

\$6/ages 3 & up, 111704-01 Free/ages 2& under

F 10/27-10/27 6:00pm-9:00pm

MONSTER MASH (FOOD DRIVE)

(All ages) Try on your Halloween costume early and trick or treat at the Sterling Community Center's trunk or treat! Local charitable organizations will run stations with crafts, candy, or activities. Admission is one canned good per trick-ortreater, and free for the rest of the family! If you run a non-profit in Loudoun County interested in participating, email kubra.alam@loudoun.gov or call 703-430-9480.

Location: Sterling Community Center 103722-01

10/27-10/27 6:30pm-8:30pm

DISC IN THE DARK TRICK OR TREAT

(All ages) Take trick or treating to the next level by playing disc golf in the dark. While gathering your treats, you may encounter a zombie or two. Our family-friendly version starts at 6:30 p.m. The play-if-you-dare session starts at 8:00 p.m. Registration includes a glow stick, an LED light for your disc, and treats. Ghouls and ghosts are free! Call 540-338-7603 for more information.

Location: Franklin Park 160500 01

Φ1Λ

102300-01	ΦΙΟ	
Sa,	10/27-10/27	6:30P-8:00P
162500-01	\$10	
Sa,	10/27-10/27	8:00P-9:30P

SPOOKTACULAR

(Ages 2-14) Join staff from Claude Moore Community Center, Claude Moore Park and Claude Moore Recreation Center for our first annual SPOOKTACULAR event. The entire building will transform into a Halloween Town, with fun activities for all ages. There will be a pumpkin

swim, a candy-filled rock wall, inflatables, face painting, carnival games, and wagon rides to the park's nature and historic areas for spooky stories and roasting marshmallows. Parent participation is required. Call 571-258-3500 for more information.

Location: Claude Moore Recreation Center 110703-01 \$12 First child w/Parent 10/28-10/28 12:00pm-4:00pm 110703-02 \$6 Additional child 10/28-10/28 12:00pm-4:00pm Sa

SCHOLASTIC BOOK FAIR

(All ages) Visit our Scholastic Book Fair and discover the magic of Scholastic books! Children of all ages will love the books and want to read more! There will be a great range of topics and prices. Great for holiday gifts too! Call 703-771-5281 for more information.

Location: Lucketts Community Center Free event

M-F 10/30-11/10 7:00am-6:00pm

MOONBOUNCE COSTUME PARTY

(Ages 5 & Under) Nothing scarv, just fun! Costume contest, practice trick-or-treating, play games, make crafts, and jump in our not-sohaunted moon bounces. Call 703-430-9480 for more information.

Location: Sterling Community Center 103710-01

10/30-10/30 10:00am-11:30am M

TRUNK OR TREAT

(Ages 1-5) Come join us at Claude Moore for our annual Trunk or Treat! Come dressed in your Halloween costume, and fill your trick or treat bag with candy. When you sign up, please call and confirm if you will be bringing candy or decorating the trunk of your car. Call 571-258-3500 for more information.

Location: Claude Moore Community Center 110717-01

Tu 10/31-10/31 3:15pm-4:00pm

TRUNK-OR-TREAT

(All ages) Children are invited to extend their trick-or-treating at the center where cars will be decorated and candy will be handed out. The event is held rain or shine. Call 540-822-5284 or email LOVCC@Loudoun.gov to enter your decorated car or for more information.

Location: Lovettsville Community Center 102722-01 Free event

Tu 10/31-10/31 6:00pm-7:30pm

NOVEMBER

PARENTS ESCAPE NIGHT: SECRET SPY

(Ages 4-12) Hev kids, are you curious and interested in real spy secrets? If you would like to learn about the art of spying and solving mysteries, this event is for you! Skills, cryptology, and gadgets are just a few of the things that we will learn and do together! Dinner will be included. Call 703-771-5281 for more information.

Location: Lucketts Community Center

109704-01	\$30	First Secret Spy
F	11/3-11/3	5:30pm-9:30pm
109704-02	\$25	Additional Secret Spy
F	11/3-11/3	5:30pm-9:30pm

BUILD & BOUNCE

(Ages 10 & Under) See description for 9/1. Call 703-430-9480 for more information.

Location: Sterling Community Center

103705-05 \$5

F 11/3-11/3 5:30pm-7:30pm

BUILD & BOUNCE

(Ages 10 & Under) See description for 9/1. Call 703-430-9480 for more information.

Location: Sterling Community Center

103705-06 \$5

Sa 11/4-11/4 9:30am-11:30am

ARCHERY TURKEY DAY SHOOT

(Ages 8-17) We won't really be shooting turkeys at this competition! Join us for a friendly target shooting showdown. The male and female in each age category (8-10, 11-13 and 14-17) with the overall highest score will win his/her own turkey dinner —well...a frozen turkey to take home! Gobble! Gobble! Archery equipment will be provided and must be used. Personal equipment is not allowed. Call 571-258-3700 for more information.

Location: Claude Moore Park

161714-01	\$10	Ages 8-10
Sa	11/4-11/4	10:00A-12:00P
161714-02	\$10	Ages 11-13
Sa	11/4-11/4	12:00P-2:00P
161714-03	\$10	Ages 14-17
Sa	11/4-11/4	2:00P-4:00P

SESAME STREET ANNIVERSARY

(Ages 5 & under) Celebrate the 48th Anniversary of Sesame Street! Join us for games, activities, and crafts based on your favorite characters.

Location: Sterling Community Center

103721-02 \$5

Th 11/9-11/9 10:00am-11:30am

PARENT'S NIGHT OUT

(Ages 3 -14) See description for September. Call 571-258-3500 for more information.

Location: Claude Moore Recreation Center

110714-09	\$16	First child
F	11/17-11/17	5:00pm-9:00pm
110714-09 B	\$20 First child	w/Pool/Rock Wall
F	11/17-11/17	5:00pm-9:00pm
110714-10	\$8	Add'l child
F	11/17-11/17	5:00pm-9:00pm

110714-10B \$10 Add'l child w/Pool/Rock Wall F 11/17-11/17 5:00pm-9:00pm

LUNCH WITH MR. TURKEY

(All ages) Gobble, Gobble, Gobble! Strut on over to DCC and have Lunch with our famous bird Mr. Turkey. Your child will enjoy doing a craft, playing turkey games and having their picture taken with the turkey. A pizza lunch will be provided. Call 703-771-5913 for more information.

Location: Douglass Community Center 104707-01 \$12

F 11/17-11/17 11:30am-12:30pm

PARENTS' ESCAPE NIGHT: LEGO® STRUCTURES

(Ages 2-12) See description for 9/15. Call 703-430-9480 for more information.

Location: Sterling Community Center

103724-05 \$15

F 11/17-11/17 5:30pm-9:00pm

103724-06 \$13

F 11/17-11/17 5:30pm-9:00pm

FALL ANNIVERSARY OPEN HOUSE

(All ages) Join us for this fun-filled open house -we have something for everyone! This is a great opportunity to see our facility, the programs we have to offer, and membership. Throughout the day there will be rock climbing, pool activities, games and activities for the little ones, a variety of fitness classes, free demos by instructors and vendors, moonbounces and so much more! We hope to see you there! Call 571-258-3500 for more information.

Location: Claude Moore Recreation Center Free event

Sa 11/18-11/18 10:00am-4:00pm

ARCHERY TURKEY DAY SHOOT

(Ages 8-17) See description for November 4. Call 540-338-7603 for more information.

Location: Franklin Park

162514-01	\$10	Ages 8-10
Sa	11/11-11/11	10:00A-12:00P
162514-02	\$10	Ages 11-13
Sa	11/11-11/11	12:00P-2:00P
162514-03	\$10	Ages 14-17
Sa	11/11-11/11	2·00P-4·00P

LUCKETTS HOLIDAY FAIR

(All ages) Complete all your holiday shopping in this one-stop shop event at Lucketts Community Center this holiday season! Vendors from around the area will be showcasing their fantastic products and merchandise. You're sure to find something for everyone on your holiday list! Don't miss this unique shopping (and selling) opportunity! Free admission for shoppers! Call 703-771-5281 for more information.

Location: Lucketts Community Center

109710-01 \$35/space rental

Sa 11/18-11/18 10:00am-2:00pm

5TH ANNUAL BLUEMONT (JURIED) HOLIDAY CRAFT SHOW

(All ages) Find one-of-a-kind holiday gift at Bluemont's Juried Holiday Craft Show. Admission for shoppers is free. Refreshments will be sold by the Center's Advisory Board. Table and space rentals are available by calling 540-554-8643.

Location: Bluemont Community Center Free event

Sa 11/25-11/25 10:00am-4:00pm

DECEMBER

Registration for the following December events begins August 17.

LUAU GLOW DANCE PARTY

(All ages) Grab your lei and head our way for an exciting evening of Hawaiian glow fun! Easy dance steps will be taught and fun line dances will be offered. Don't miss out of this "glowing" adventure! Glow accessories will be provided! The cost is \$20 per family of four, and \$5.00 each additional hula dancer. Call 703-771-5281 for more information. Instructor: SoHo Performing Arts.

Location: Lucketts Community Center

109711-01	\$20	Family of four
F	12/1-12/1	6:30pm-8:00pm
109711-02	\$5	Additional Hula dancer
F	12/1-12/1	6:30pm-8:00pm

LANTERN MAKING WORKSHOP

(Ages 3 & up) Make your own lantern and ornament for the Lovettsville Lantern Parade this evening (see separate listing). Glo sticks provide safe illumination for the parade. And we are making ornaments too! All supplies and light refreshments are included in the fee. Call 540-822-5284 or e-mail lovcc@loudoun.gov for more information.

Location: Lovettsville Community Center **202701-01** \$8

F 12/1-12/1 6:30P-7:15P

LANTERN PARADE

(All ages) Make this German custom part of your family's holiday tradition. Meet at the Community Center with your own Lantern and walk to Town Square for refreshments and a community singalong. Co-sponsored by the Town of Lovettsville and the Lovettsville Community Center. Call 540-822-5284 or 540-822-5788 for more information.

Location: Lovettsville Community Center Free event

F 12/1-12/1 7:30P-9:00P

HOLIDAY IN THE PARK

(All ages) Go back in time to see how people in Colonial and Victorian times celebrated the

holidays. You can visit period-decorated Lanesville Ordinary and explore Frogshackle Nature Center. Make crafts, enjoy hot chocolate, cider, and toasting marshmallows. Hop on our wagon for a ride through the park. Help your neighbors by donating a new hat or gloves for the "Winter Warmth Tree." Call 571-258-3700 for more information.

Location: Claude Moore Park Historic Area Free event

Sa 12/2-12/2 3:30P-6:00P

COMMUNITY TREE LIGHTING

(All ages) Join us as we kick off the holiday season and light our tree! The students will sing and refreshments will be served. Bring a can of food for the food pantry and celebrate giving as well! Call 703-771-5281 for more information.

Location: Lucketts Community Center Free event

F 12/8-12/8 6:00pm-7:30pm

DROP 'N' SHOP-GINGERBREAD WORKSHOP

(Ages 4-12) Want a day to shop by yourself or relax or just run errands in peace? Well, just drop the kiddos at Lucketts Community Center and enjoy your day stress free! We will entertain your children with all types of gingerbread activities as well as feed them. The day promises to have loads of fun too! The cost is \$30 for the first child, and \$25 each additional child. Call 703-771-5281 or email Lucketts@loudoun.gov for more information.

Location: Lucketts Community Center

 109215-01
 \$30
 First child

 Sa
 12/16-12/16
 10:00 am-3:00pm

 109215-02
 \$25
 Additional child

 Sa
 12/16-12/16
 10:00am-3:00pm

FRANKLIN PARK ARTS CENTER EVENTS

36441 Blueridge View Lane Purcellville, VA 20132 **540-338-7973**

Office: M-F 9:00am -5:00pm

SEPTEMBER

GALLERY COFFEEHOUSE: Readers Theatre

(Ages 18 & up) Our Lobby Gallery is transformed into a coffeehouse. BITWC presents Almost Maine-Welcome to Almost, Maine, a town that's so far north, it's almost not in the U.S. — it's almost in Canada. And it almost doesn't exist. Almost's residents find themselves falling in and out of love in the strangest ways. Knees are bruised. Hearts are broken. Love is lost, found, and confounded. And life for the people of Almost, Maine will never be the same. Coffee included, in a real mug.

Pay at door \$8/All seats

Su 9/10-9/10 6:30pm

TANGLEWOOD MARIONETTES: "Sleeping Beauty"

(Ages 2 & up) "Sleeping Beauty" begins in King Felix's great hall where guests from across the land have gathered to celebrate the birth of Princess Aurora. The party goes awry when the wicked witch arrives and curses the baby princess. Will the curse come true? Will someone with a "true heart" appear? You will know when you see Tanglewood Marionettes' presentation of this beloved classic. In this retelling, a painted story book opens to reveal each scene. Beautifully hand-crafted marionettes are brought to life by a master puppeteer as the dramatic events unfold.

Pay at door \$5/All seats W 9/13-9/13

10:00am

MARCOLIVIA: Classical Chamber

Marc Ramirez and Olivia Hajioff form the violin and violin/viola duo, Marcolivia. The duo has performed chamber music at the Kennedy Center, the Ravinia Festival, Merkin Hall and Symphony Space in Manhattan, as well as Carnegie Hall. In addition, Marcolivia was the only chamber music finalist in the 2000 Concert Artists Guild Competition. The duo was invited to be founding members of the Phillips Camerata – a chamber ensemble in residence at the Phillips Collection and the National Gallery. They are regularly featured on NPR's "Performance Today" and "Front Row Washington." This 50-60-minute concert, with a variety of music styles, is presented in partnership with Virginia Commission For the Arts.

Pay at door \$10/All seats W 9/13-9/13 8:00pm

LAST HAM STANDING COMEDY IMPROV

(All ages) Don't miss this hilarious show full of laughs for the entire family. A group of talented performers take suggestions from the audience to create wacky scenes and funny improv games. If you like Whose Line Is It Anyway? You'll love Last Ham Standing...the other comedy meat! More details at www.lastham.com.

Pay at door \$14/Adults,

\$12/Seniors, \$10/kids

F 9/22-9/22 8:00pm F 10/27-10/27 8:00pm

LOUDOUN SCHOOL OF BALLET'S JAZZ&CO: "Out of Darkness" Suicide Awareness Benefit Concert

A contemporary dance concert by The Loudoun School of Ballet's JAZZ&CO with special guest Lucidious and Josh Woods. Produced in co-operation with the Loudoun Ballet Performing Arts Company.

Pay at door \$20/All seats

Su 9/24-9/24 4:00pm

AMERICAN & BRITISH ARTSONG

(All ages) Ben Curtis and Maddy Curtis present an evening of music. Hear expansive songs from our own American landscape to beautiful folk song from across the pond presented with corresponding romantic and expressive artwork. Be prepared for beautiful poetry set musically by Vaughn Williams, Benjamin Britten, Aaron Copland, Virgil Thomson and many more including hits from American musicals.

Pay at door \$15/All seats

F 9/29-9/29 7:00pm

OCTOBER

LOUDOUN SYMPHONY ORCHESTRA: "Beer, Brats & Bravo!"

Loudoun Symphony, your community orchestra kicks off its 28th season with a delightful chamber concert to celebrate fall. The concert will be followed up with beer and brats at a local restaurant. Food and beverages will be sold separately. Details at www.loudounsymphony.org.

Tickets \$30/Adults, \$25/Seniors (65+),

Free/Ages 12 & under

Su 10/1-10/1 4:00pm

ELLA AT 100 CELEBRATION

(Ages 18 & up) This tribute concert celebrates the music and life of Ella Fitzgerald on the anniversary of her 100th birthday. L'Tanya Mari, a smooth jazz vocalist, performs with live musicians on bass, drums and piano to bring this music to life again. Mari has performed regionally and released a much-acclaimed solo CD "A Teardrop for the Sun" in 2009. She is also on the Touring Roster for Virginia Commission for the Arts. Gold Star performance presented by the Friends of Franklin Park Arts Center. Details at www.franklinparkartscenter.org.

Tickets \$30 Reserved Seating Sa 10/7-10/7 8:00pm

GALLERY COFFEEHOUSE: Readers Theatre

(Ages 18 & up) Our Lobby Gallery is transformed into a coffeehouse. BITWC presents Brooklyn Boy. Novelist Eric Weiss, critically celebrated but unsuccessful, "arrives" when his autobiographical novel becomes a best-seller. He is suddenly on the inside of everything - town cars, television studios, the Sunday Book Review. As his career takes off, his personal life stutters. Coffee included, in a real mug.

Pay at door \$8/All seats

Su 10/8-10/8 6:30pm

MAIN STREET THEATER PRODUCTIONS: "Oklahoma!"

(All ages) Set in turn-of-the-century Western Indian territory, the high-spirited rivalry between the local farmers and cowboys provides the colorful background against which Curly, a handsome cowboy, and Laurey, a winsome farm

girl, play out their love story. Although the road to true love never runs smooth, with these two headstrong romantics holding the reins, love's journey is as bumpy as a surrey ride down a country road. Details at www.mainstreettheater-productions.org.

lickets	\$20/Adults,		
	\$15/Seniors/Students	s/Children	
F, Sa	10/13-10/14	7:30pm	
Su	10/15-10/15	2:00pm	
F, Sa	10/20-10/21	7:30pm	
Su	10/22-10/22	2:00pm	

BOB BROWN PUPPETS: "Clowning Around"

(Ages 2 & up) Clowning Around will leave your young audience shouting with laughter as his merry marionettes perform feats of skill and daring usually found only "under the big top"! This show is a continual changing collage of clever clowns who juggle, sail through the air on a flying trapeze, roller skate, blow up balloons, and cavort their way into your hearts. Fun and fantasy, mirth and merriment, laughter and amazement all mixed together to the sound of a jolly circus band.

Pay at door	\$5/All seats	
W	10/25-10/25	10:00am

YAZOOZAZZ: Vocal Jazz singers

Robin Cunningham, Kathy Farmer and Jeanine Greene are jazz singers performing music made popular by the Andrews Sisters and the Boswell Sisters from the 1930's and 40's. Accompanied by a small group of musicians, the lively vocal harmonies will transport you to the era of yestervear. 50-60 minute concert.

Tickets	\$10/All seats	
W	10/25-10/25	8:00pm

FARM TO FASHION: Reception, Awards & Concert

A Farmstyle Artists' Reception held to celebrate the Agricouture challenge exhibit. Prizes will be awarded for "Most Creative," "Most Agricultural," and "Most Fashionable" projects. Fiddlin' Dave & Morgan will perform live Loudoun-grown music on the Arts Center stage, and other Loudoun farm products will serve as refreshments, including sandwiches from the Cattlemen's Association. Tickets to the reception event are free and available online at Eventbrite under Farm to Fashion Farmstyle Reception.

Free event

Sa	10/28-18/28	2:00P-5:00pm

DANNY KNICELY & FURNACE MOUNTAIN

(All ages) Danny Knicely and the Furnace Mountain Band perform for the Friends of Blue Ridge Mountain's 10th Anniversary. Proceeds benefit the Friends of the Blue Ridge Mountains Endowment for Environmental Education Activities Fund.

Tickets*

Reserved	\$75	Reserved seat	& reception
Patron	\$60	Ticket	& reception
Age 25 & under	\$35	Ticket	& reception
Su	10/2	9-10/29	4:00pm
*Service fees ap	olv to	all tickets.	

NOVEMBER

JAZZ&CO DANCE FALL CONCERT

Pre-professional dancers from Loudoun School of Ballet's JAZZ&CO Dance ensemble present their Fall Dance concert.

Pay at door	\$15/Adults, \$10/Seniors/Youth		
F, Sa	11/3-11/4	7:30pm	
Su	11/5-11/5	4:00pm	

LOUDOUN SCHOOL OF BALLET: COMPANIES IN CONCERT

Protégé, Show Kids and Loudoun Taps performing companies from the Loudoun School of Ballet.

Pay at door	\$15/Adults, \$10/Seniors/Youth		
F, Sa	11/4-11/4	3:30pm	
Su	11/5-11/5	1:30pm	

GALLERY COFFEEHOUSE: Readers Theatre

(Ages 18 & up) Our Lobby Gallery is transformed into a coffeehouse. BITWC presents "A Tuna Christmas," a broad comedy set in the fictional town of Tuna, Texas. The plot centers on the town's annual Christmas Yard Display Contest, won 14 times in a row by Vera Carp. A mysterious Christmas Phantom, known for vandalizing the yard displays, has the contestants on edge. The play is both an affectionate commentary and withering satire of small town, Southern life and attitudes. Two actors play all 20 zany characters. Coffee included, in a real mug.

Pay at door	\$8/All seats	
Su	11/5-11/5	6:30pm

LOUDOUN LYRIC OPERA: "The Tragedy of Madame Butterfly"

(All ages) This is a jewel-box adaptation of Puccini's classic opera arranged by Helen Gregory and Gary Race. Featuring all of the main characters, famous arias and ensembles in an intimate setting. www.loudounlyricopera.com

\$27/Adults, \$22/Seniors,

	ψ177 Oollogo Ottadon	110
	\$12/Youth, Free/Ag	es 6 & under
F, Sa	11/10-11/11	8:00pm
Su	11/12-11/12	3:00pm

\$17/College Students

BLUE SKY PUPPETS: "Bananas"

Tickets

(Ages 2 & up) Dr. Broccoli tells Little Yellow and his mom about a talent show and health fair he's sponsoring. Her other two children, Little Blue and Little Red, want to participate in the talent show as well. Little Red's banana puppet helps teach him the difference between healthy food and unhealthy food. Together they teach the

audience a song about good nutrition, "What'll I Eat Today? After the talent show performances, the audience gets to vote on a winner and join the little piglets in more singing. A fun and active puppet show for all ages

Pay at door \$5/All seats W 11/15-11/15 10:00am

THE VMS PLAYERS: "A Wrinkle in Time (A Musical Comedy)"

The Village Montessori School Players are bringing their annual production to the stage in a show about aliens, time travel and the Power of Love.

Pay at door \$10/Adults, \$6/Children

F 11/17-11/17 7:00pm

AN EVENING WITH BUDDY HOLLY FEATURING ROBBY LIMON

(Ages 16 & up) Based on a true story happening in Greenwich Village, New York, in the late months of 1958. The audience is present during Buddy's band rehearsal as he prepares for the mid-western cavalcade of performers known as The Winter Dance Party of 1959. The stage vibe is intimate as Buddy's dialogue is totally directed at the audience; the tone is conversational and responsive to questions raised during the preshow warm-up. Buddy's musical combo, The Crickets, opted to stay in Texas; therefore Buddy needs to rehearse his touring band. That is the show's premise which provides context for an evening of Holly favorites and those of the Everly Brothers and Little Richard. Gold Star Performance presented by the Friends of Franklin Park Arts Center. Details at www.franklinparkartscenter.org.

Tickets \$25 Reserved seating Sa 11/18-11/18 8:00pm

TERRA VOCE: Classical Duo

Terra Voce is known for lively and creative programs combining the diverse and the unexpected. Cellist Andrew Gabbert and flutist Elizabeth Brightbill thrill audiences with their virtuosity, engaging, conversational style of presentation, and their genre expanding programs that explore a wide range of musical styles, traditions, and cross-cultural influence. Contrary to what most would expect from a flute and cello, their arrangements test the limits of what is possible on just two instruments. Concert will last 50-60 minutes. Presented in partnership with Virginia Commission for the Arts.

Tickets \$10/All seats

Su 11/19-11/19 2:00 pm

LOUDOUN CENTRE THEATRE: "A Christmas Carol"

(All ages) The Ghosts remind the stingy mercenary, Ebenezer Scrooge, that mankind should be his business... a haunting reminder to everyone. Dicken's carol of redemption seeks to reclaim Scrooge's heart in its song elevates us all. www. thelct.org

Tickets \$12/Advance, \$16/Door

F, Sa 11/24-11/25 1:30P & 7:30pm F 12/1-12/1 7:30pm Sa 12/2-12/2 1:30pm & 7:30pm

GALLERY EXHIBITS

The Franklin Park Arts Center Gallery is open M – F from 9:00 a.m. - 5:00 p.m. and weekends during performances.

Call for more information on submitting artwork.

"10!" CELEBRATING THE ARTS CENTER

Artists are invited to submit works in all mediums incorporating the number ten (10) inspired by the performing arts or in some way depicting the Franklin Park Arts Center.

Entry fee \$20/piece

9/8-9/24 Open call for entries

Opening Reception

Su 9/10-9/10 1:10pm- 3:10pm

CLAUDE MOORE PARK PHOTOGRAPHY SHOW

Exhibit of winners and entries from this annual show at Claude Moore Park.

September 25 – October 1

AGRICOUTURE: Farm to Fashion Challenge Exhibit

October 1 - October 30

Farm-style reception & awards event

Sa 10/28-10/28 2:00P-5:00P

NATIVE AMERICAN BEAUTY

Artists are invited to submit works in all mediums inspired by the beauty of Native American culture real or imagined. Opening reception will be combined with our evening coffeehouse.

Entry fee \$20/Piece

11/3-11/26 Open call for entries

Opening Reception

Su 11/5-11/5 6:00pm- 8:30pm

TRIPS FOR ALL AGES

This section lists some of our countywide trips in chronological order by date and time. Please call the number listed for more information.

SEPTEMBER

STAND-UP PADDLEBOARD

(Ages 8 & up) Let's go paddleboarding! Take a trip to Silver Lake in Haymarket and learn how to Stand-up Paddleboard. All equipment included. Must know how to swim and children under 16 must be accompanied by an adult. Call 571-258-3456 for more information.

Depart/Return: Dulles South Multipurpose Ctr

105994-01 \$30

Sa 9/16-9/16 8:00am-2:00pm

MARYLAND RENAISSANCE

(All ages) Visit the 41st Maryland Renaissance Festival. The 27 acre Village of Revel Grove comes to life each autumn with more than 200 professional performers on ten stages, authentic combat armored jousting on magnificent steeds and streets filled with village characters. Join His Most Royal Highness King Henry VIII in the forests and glades with over 140 artisans exhibiting crafts in their own renaissance shops, five taverns featuring cool libations, 42 food and beverage emporiums providing a vast array of succulent and sweet treats to sate even the heartiest of appetites. Price includes transportation only. Children under the age of eight must have car seat supplies for the bus. Participants will obtain lunch and dinner on their own, and travel back to South Riding on our bus. Register by 9/6.

Depart/Return: Dulles South Multipurpose Ctr

105906-01 \$30

Sa 9/16-9/16 8:00am- 8:00pm

OCTOBER

I LOVE NEW YORK DAY TRIP

(All ages) Travel by motor coach to New York City. The bus will drop off on Eighth Avenue, between 50th and 51st Streets. We will be in New York for a total of eight hours. Call Douglass Community Center at 703-771-5913 for more information.

Depart/Return: Loudoun County PARK & RIDE, 19730 Sycolin Road, Leesburg

104700-01 \$60

Sa 10/14-10/14 4:45am-11:59pm

FALL FOLIAGE IN SHENANDOAH

(All ages) Enjoy the wonderful fall foliage in Shenandoah National Park! Trip consists of driving through the park, stopping at overlooks, and a couple of short hikes to beautiful vistas. Children under 18 must be accompanied by an adult. Call 571-258-3456 for more information.

Depart/Return: Dulles South Multipurpose Ctr

105995-01 \$30

Sa 10/14-10/14 7:30am-5:00pm

DECEMBER

NYC HOLIDAY LIGHTS AND SHOPPING

(All ages) Spend the day shopping, looking at holiday displays and enjoying the city! We will travel by charter bus, leave Dulles South at 5 a.m. and leave promptly at 8 p.m. This is a non-chaperoned event; minors MUST be accompanied by a parent. Call 571-258-3456 for more information.

Depart/Return: Dulles South Multipurpose Ctr 105903-01 \$60 Sa 12/2-12/2

I LOVE NEW YORK DAY TRIP
(All ages) See description for October. Call
Douglass Community Center at 703-771-5913

5:00am-11:59am

for more information.

Depart/Return: Loudoun County PARK & RIDE, 19730 Sycolin Road, Leesburg

104700-02 \$60

Sa 12/16-12/16 4:45am-11:59pm

104700-03 \$60

Sa 12/23-12/23 4:45am-11:59pm

TRIPS FOR SENIORS

Fall trip registration begins on 8/16, unless otherwise noted. All trips are for individuals 55 and older. Transportation is by 28-passenger bus or motor coach. First price listed is for current senior center members (Carver, Cascades, Dulles South, and Leesburg); second price listed is for non-members. Departure and return locations for most trips: Carver Senior Center (Purcellville), Cascades Senior Center (Sterling) and Leesburg Wal-Mart (west side of parking lot). Please note, some departures scheduled from Dulles South. Return times are estimated and may vary. Signup is required at any PRCS facility with access to RecTrac or online through WebTrac (day trips only). There are no refunds, although a refund minus an administrative fee (30% for day trips. 20% for overnight trips) may be issued, if your seat is resold. If you need a forward seat for medical reasons please call 571 258-3050 at least one week prior to trip. Each trip will leave at the designated time; we are unable to wait for anyone, so please plan accordingly.

DAY TRIPS - SEPTEMBER

SMITHSONIAN MUSEUMS - WASHINGTON, DC

Drop off and pick-ups at American History, Natural History, Gallery of Art, American Indian (1 block from U.S. Botanical Gardens), Air and Space and African Art/Freer/Hirsh horn/Sackler Museums. Lunch on your own. Price includes transportation. Extensive walking. Limited to 28.

146611-01 \$12/ member, \$16/ non-member

WASHINGTON NATIONALS vs. PHILLIES AT NATIONALS PARK

"Take me out to the Ballgame" Come out and cheer for your home team Washington Nationals as they play the Phillies. This is the last of three games we will see this season. Game begins at 1:35pm. Price includes transportation and admission. Moderate walking. Limited to 27.

146612-01 \$67/member, \$71/non-member

Su 9/10

UNITED STATES HOLOCAUST MEMORIAL MUSEUM – WASHINGTON, D.C.

Spend an afternoon touring this internationally acclaimed museum that tells the story of the Holocaust through artifacts, films, photos and oral histories. In addition to the permanent exhibition, you may tour current exhibitions: Some Were Neighbors, Remember the Children: Daniel's Story and Genocide: The Threat Continues. No outside food is allowed into the museum; you may purchase lunch in the café. Moderate walking.Limited to 27.

146613-01 \$12/member, \$16/non-member M 9/11

"IN THE HEIGHTS" – OLNEY THEATRE – OLNEY, MD

"Hamilton" creator Lin-Manuel Miranda's first Broadway musical, "In the Heights" captured four Tony awards including Best Musical. Usnavi, the proprietor of the corner bodega, guides us through his neighborhood of striving immigrants and young lovers, where hip-hop meets salsa and soul. Meanwhile Nina returns to the barrio after flunking out of Stanford, ashamed to tell her immigrant parents that she lost the American Dream sweepstakes. But, with Paciencia y Fe (Patience and Faith), fortunes can shift, romance can bloom and a sense of home can be preserved in a shifting world. Starring two time Tony Award nominee and original Broadway cast member Robin de Jesus as Usnavi. Lunch on own prior to show in local restaurant. Price includes transportation and show. Minimum walking. Limited to 27.

146614-01 \$68/ member, \$72/non-member W 9/13

HILLWOOD MUSEUM & GARDENS – WASHINGTON, D.C.

Join us for a guided tour of Hillwood Museum, home of Marjorie Merriweather Post, the legendary heiress, pioneering businesswoman, diplomat, philanthropist and distinguished collector. See a short video before beginning your docent-led tour, followed by lunch in the café. You will have time to visit the gardens and mansion on your own after lunch. Includes admission, guided tour, lunch and transportation. Extensive walking. Limited to 27.

146615-01 \$45/member, \$49/non-member W 9/20

"DREAMGIRLS" – TOBY'S DINNER THEATRE – COLUMBIA, MD (Option 1)

It's the 1960's; rhythm and blues blended with other styles of popular music is creating a new American sound popular with black and white audiences alike. "Dreamgirls" follows the rise and fall of The Dreams, an all-female, black singing group that learns the reality of show business. This groundbreaking musical features the classic hits "And I Am Telling You I'm Not Going" "I Am Changing" and "One Night Only." Includes transportation, buffet lunch, gratuity and

show. Limited to 27. Minimum walking.

146616-01 \$69/member, \$73/non-member

HOLLYWOOD CASINO TRIP – CHARLES TOWN, WV

Enjoy slots, table games and simulcast horse racing. Lunch on your own. Price includes transportation and \$10 playback cash with player's card and driver's license. Minimum walking. Limited to 28.

146610-01 \$12/member, \$16/non-member Th 9/28

"A LITTLE NIGHT MUSIC" – SIGNATURE THEATER SHIRLINGTON

Winner of four Tony Awards Stephen Sondheim's glorious musical masterpiece returns to the Signature stage in a brand new production directed by Eric Schaeffer and featuring award-winning DC actors Holly Twyford and Bobby Smith. In 1900 Sweden, on a magical night that smiles three times, an aging actress, a married virgin, a sex-starved divinity student and a buffoonish count find themselves hilariously tangled in a web of love affairs. Delightful, charming and at times heartbreaking, with gorgeous, lush music, including "A Weekend in the Country", "Liaisons" and "Send in the Clowns", A Little Night Music is a coupling (and uncoupling) tour-deforce. Have lunch on own prior to show in area restaurant or Theatre Café. Show starts at 2:00P. Limited to 27. Moderate walking.

146617-01 \$87/member, \$91/non-member Sa 9/30

DAY TRIPS - OCTOBER

"DREAMGIRLS" – TOBY'S DINNER THEATRE – COLUMBIA, MD (Option 2)

See description for September Option 1. **146618-01** \$69/member, \$73/non-member W 10/4

"DEATH OF A SALESMAN" – FORD'S THEATRE – WASHINGTON, D.C.

Join us at historic Ford's Theatre for this American Classic. Willy Loman's career is over. During a pivotal 24 hours, he reflects on his life as a father, husband and traveling salesman. Truth and lies interminale as Willy tries to reconcile the optimism of his youth with his unfulfilled dreams. As the full force of reality crashes down on him. he places his last hope of success in his two sons. Arthur Millers' Pulitzer-prize winning classic challenges us to reconsider what it means to succeed and the cost of chasing the American Dream, Visit Historic Peterson's House where President Lincoln died prior to show. Show is at 12:00 pm. Bring lunch or snacks to eat on return bus trip or grab a quick bite prior to show at local restaurants. Price includes motorcoach transportation and show. Optional gratuity for motorcoach driver not included. Minimum walking. Limited to 52

146619-01 \$70/member, \$74/non-member 10/5

NATIONAL SYMPHONY ORCHESTRA – COFFEE CONCERT – KENNEDY CENTER

Dvorak's Seventh Symphony, Steinbacher plays Brahms. Conducted by Nathalie Stutzman, featuring Arabella Steinbacher, violin. Preceding each Coffee Concert a la carte breakfast items will be available for purchase in the KC Café. Price includes transportation and concert. Minimum walking. Limited to 27

146620-01 \$71/member, \$75/non-member 10/6

"ELLA FITZGERALD AT 100 CELEBRATION" – FRANKLIN PARK, PURCELLVILLE

This tribute concert celebrates the music and life of Ella Fitzgerald on the anniversary of her 100th birthday. L'Tanya Mari, a smooth jazz vocalist, performs with live musicians on bass, drums and piano to bring this music to life again. Mari has performed regionally and released a much-acclaimed solo CD A Teardrop for the Sun in 2009. She is also on the Touring Roster for Virginia Commission for the Arts. Minimum Walking. Limited to 28

146621-01 \$44/member, \$48/non-member Sa 10/7

SMITHSONIAN MUSEUMS – WASHINGTON, DC

See description for 9/5.

146611-02 \$12/member, \$16/non-member Tu 10/10

"NATIVE GARDENS" – ARENA STAGE – WASHINGTON, DC

Good fences make good neighbors...right? From the outrageous mind of playwright Karen Zacarias comes this hot new comedy about the clash of class and culture that pushes well-meaning neighbors over the edge. Tania, a very pregnant PH.D candidate and Pablo, rising attorney husband move next door to Virginia and Frank, a deep-rooted D.C. couple with an impeccably trimmed backyard. But when a guestionable fence line puts a prize-worthy garden in ieopardy, a neighborly rivalry escalates into an all-out border dispute, challenging everyone's notions of race, privilege and where to draw the line on good taste. Show is at 12:00P. Price includes transportation and show. Minimum walking. Limited to 27

146622-01 \$57/member, \$61/non-member W 10/11

"RED GREEN: I'M NOT OLD, I'M RIPE TOUR" - WEINBERG CENTER FOR THE ARTS -FREDERICK, MD

"Remember you may have to grow old, but you don't have to mature" After 20 years on TV's "Possom Lodge" as the infamous handyman who believes that "anything is possible if you

Adult Day Centers of Loudoun County

Special programming designed to engage seniors who may have physical or memory impairments



Provides free time and support for caregivers Hours: Monday – Friday 7:30 a.m. – 5:30 p.m.

- Caring, friendly, experienced staff
- Comfortable, home-like atmosphere
- Physical activities and exercise
- Mentally stimulating activities
- Assistance with personal care needs
- Medication administration
- Health monitoring
- Nutritious hot lunches and snacks
- Transportation (select areas)

To learn more, please call or visit us online at www.loudoun.gov/adultday

Eastern Loudoun Adult Day Center 45140 Riverside Parkway Ashburn, Virginia 571-258-3232

Leesburg Adult Day Center 16501 Meadowview Court Leesburg, Virginia 703-771-5334 Mac Brownell Adult Day Center 200 Willie Palmer Way Purcellville, Virginia 571-258-3402



The Loudoun County Area Agency on Aging is a division of Loudoun County Department of Parks, Recreation & Community Services

use enough duct tape," comedian Red Green is at it again. Don't miss as the laugh a minute mainstay known worldwide for his humor, insight and wisdom explores life and the people one encounters along the way...with a few side trips! 7:00 pm Show. Price includes transportation and admission. Limited to 27. Minimum walking.

146623-01 \$74/member, \$78/non-member Th 10/12

HAWK WATCH & KINGS GAP MANSION – CARLISLE PENNSYLVANIA

Calling all outdoor adventurers! Waggoner's Gap in Carlisle PA has one of the largest concentrations of raptors in the US, with 20,000 to 30,000 passing through each year. We'll begin our day with an easy hike leading to a beautiful vista of the valley. Sit in an open air theatre and enjoy an educational session on golden eagles and the fall hawk migration. From here, we will travel to the King's Gap Environmental Educational Center where we'll have lunch, followed by a tour of the 38- room 1908 mansion. You'll have time for an easy hike or a walk through the gardens. Includes park fees, educational session, guided tour, lunch and motorcoach transportation. Extensive walking. Limited to 52.

146624-01 \$55/member, \$59/non-member W 10/18

"OUR TOWN" - OLNEY THEATRE - OLNEY, MD

This seminal American classic gets a new look from the acclaimed director and adaptor Aaron Posner. In this new production faithful to script and sanctioned by the Wilder Family Estate, just seven actors portray the key characters in this intergenerational story set in the quintessential American hamlet of Grover's Corners New Hampshire. The actors will also manipulate and animate Bunraku-style puppets to represent the rest of the townspeople. Helen Haves Award winner Jon Hudson Odom plays the coveted role of the Stage Manager, who guides us through this beloved and stirring story. Lunch on own prior to show in local restaurant. Price includes transportation and show. Minimum walking. Limited to 27.

146625-01 \$68/member, \$72/non-member W 10/25

HOLLYWOOD CASINO TRIP – CHARLES TOWN, WV

See description for 9/28.

DAY TRIPS - NOVEMBER

"THE PRICE" ARENA STAGE – WASHINGTON, DC

Starring Emmy and Tony Winner Hal Linden... Everything has a price—even our dreams. Victor Franz has returned home to settle his late father's estate. In an attic overflowing with memories and furniture he meets the enigmatic Gregory Solomon(Hal Linden), a professional appraiser committed to turning a profit off Victor's past. But before a bargain can be struck, an estranged brother enters the scene to reframe Victor's memories and force them both to reconsider the true cost of personal sacrifices. Show is at 12:00P. Price includes transportation and show. Minimum walking. Limited to 27

146626-01 \$57/ member, \$61/non-member W 11/1

"THE MARTIAL ARTISTS & ACROBATS OF TIANJIN" – GMU CENTER FOR PERFORMING ARTS

One of China's finest troupes of its kind, these talented artists show off their superior skills in acrobatics, circus acts, illusions and martial arts. Accompanied by traditional Chinese music, more than one hundred performers take the stage in a spectacle of acrobatic stunts, feats of balance, juggling acts, Contortion tricks and martial arts that are guaranteed to delight and dazzle audiences. Show is at 2:00 pm. Price includes admission and transportation. Minimum walking. Limited to 27.

146627-01 1 \$61/ member, \$65/non-member Sa 11/4

SMITHSONIAN MUSEUMS – WASHINGTON, DC

See description for 9/5.

146611-03 \$12/member, \$16/non-member 11/6

"AN ACT of GOD" – SIGNATURE THEATER -SHIRLINGTON

Written by 13-time Emmy Award-winner David Javerbaum (The Daily Show) this exceptionally witty comedy delivers a new meaning to the phrase divine intervention. God is back and he's got a lot to say. Inhabiting the body of beloved DC actor Tom Story and flanked by his ever-faithful archangels, the Supreme Being gifts his mortals with an entirely new set of Ten Commandments in a sinfully funny whirlwind of comedy heaven. Have lunch on own prior to show in area restaurant or Theatre Café. Show starts at 2:00P. Limited to 27. Moderate walking.

146628-01 \$83/member, \$87/non-member Su 11/12

"ON GOLDEN POND" – RIVERSIDE DINNER THEATRE – FREDERICKSBURG

Featuring Celebrity Actor John Davidson, this classic American comedy/drama is every bit as touching, warm and witty today as when it debuted on Broadway in 1979. When Ethel and Norman Thayer return to their summer home on Golden Pond for the 48th year, they are visited by their divorced daughter and her fiancé who then go off to Europe leaving his teenage son behind. The teenage boy quickly becomes the grandchild the couple has longed for and their annual time on Golden Pond takes on a different feel. Price includes lunch, gratuity, show, and

motorcoach transportation. Optional gratuity for driver not included. Minimum walking. Limited to 52.

146629-01 \$92/member, \$96/non-member F 11/17

AN EVENING WITH BUDDY HOLLY: FEATURING ROBBIE LIMON – FRANKLIN PARK, PURCELLVILLE

A 'based-on-a-true story' happening in Greenwich Village, New York, in the late months of 1958. The audience is present during Buddy's band rehearsal as he prepares for the mid-western cavalcade of performers known as The Winter Dance Party of 1959. The stage vibe is intimate as Buddy's dialogue is totally directed at the audience; the tone is conversational and responsive to questions raised during the preshow warm-up. Buddy's musical combo, The Crickets, opted to stay in Texas; therefore Buddy needs to rehearse his touring band. That is the show's premise which provides context for an evening of Holly favorites and those of the Everly Brothers and Little Richard. Minimum walking. Limited to 28.

146630-01 \$39/member, \$43/non-member Sa 11/18

SMITHSONIAN ART & PORTRAIT GALLERY / SPY MUSEUM / MADAME TUSSAUDS – WASHINGTON, DC

Explore American Art Museum and/or National Portrait Gallery, or visit the Spy Museum, or Madame Tussauds (all nearby — cost about \$15-\$20 each). Lunch on your own. Price includes transportation. Extensive walking. Limited to 27.

146631-01 \$12/member, \$16/non-member M 11/27

"ANNIE"-OLNEY THEATRE - OLNEY, MD

"From the director of last year's hit holiday musical, Mary Poppins, the sun will come out shining brightly during the holidays. It's the middle of the Great Depression in NYC and hard-knocks abound, especially for Annie and her friends at the orphanage run by the sinister Miss Hannigan. But when billionaire-celebrity Oliver Warbucks requires the presence of an orphan to soften his image, Annie unexpectedly finds a way into his heart. Lunch on own prior to show in local restaurant. Price includes transportation and show. Minimum walking. Limited to 27.

146632-01 \$68/ member, \$72/non-member W 11/29

HOLLYWOOD CASINO TRIP – CHARLES TOWN, WV

See description for 9/28 listing.

OVERNIGHT TRIPS

KENTUCKY HORSES, HISTORY & BOURBON

From the rolling bluegrass covered hills of legendary horse country and the grandstands of America's most storied Thoroughbred racing tracks to the Kentucky Bourbon trails, you'll learn all about the unique history, traditions and culture of beautiful Kentucky on this wonderful 8 day trip. See a flyer for all the details. Extensive Walking. Limited to 52. Payable in 4 equal installments.

Trip Cost: \$1620/member

\$1665/non-member double

\$2184 member

\$2229/non-member single

10/25-11/2 8 Days, 7 Nights

AREA AGENCY ON AGING

20145 Ashbrook Place, Suite 170 Ashburn, VA 20147 **703-777-0257**

M-F 8:30A 5:00P

The Loudon County Area Agency on Aging (AAA) is the central point of contact for seniors, caregivers, and their families. The mission of the agency is to foster independence and healthy aging, and improve the quality of life for older adults and their caregivers through comprehensive programs and services. AAA provides the following programs and services:

Adult Day Centers
Caregiver Services
Case Management Services
Congregate Lunch Programs
Disease Prevention & Health Promotion
Fan Care/Cooling Assistance
Home Delivered Meals
Information & Assistance
Medicare Counseling
Senior Centers
Volunteer Opportunities

CAREGIVER SERVICES

FAMILY CAREGIVER EDUCATION SERIES

Our education series offers learning opportunities for older adults, caregivers and family members on topics related to aging. These programs enhance the ability of caregivers and family members to provide (informal) care for as long as appropriate. For more information about these programs, call 703-771-5407 or email aaasupport@loudoun.gov.

ALZHEIMER'S ASSOCIATION CAREGIVER SUPPORT GROUP

Meets the first Wednesday of the month at 4:00 p.m. at the Leesburg Adult Day Center (16501 Meadowview Court, Leesburg, VA 20175). For more information, call 703-331-5334. Meets the third Saturday of the month at 10:00 a.m. at the Agency on Aging (20145 Ashbrook Place, Suite 170, Ashburn, VA 20147). For information, call 703-771-5407.

DISEASE PREVENTION & HEALTH PROMOTION

The Area Agency on Aging offers evidence-based disease prevention and health promotion programs and services for older adults, caregivers, and their families. The programs provide information and education to help older adults improve or maintain health-related quality of life through preventing, treating, and reducing the effects of chronic conditions.

LIVE WELL! WITH CHRONIC CONDITIONS and LIVE WELL! WITH DIABETES

Learn how to manage the challenges of living with or caring for someone with a chronic condition. This six-week workshop provides information, teaches practical skills, and gives people confidence and motivation. Topics to be covered include: nutrition and physical activity, dealing with difficult emotions, communication, how to get better sleep, and understanding medication. Healthy snacks and course materials will be provided. To find a workshop near you, call 703-771-5407 or send an email to aaasupport@loudoun.gov.

INFORMATION & ASSISTANCE

The Elder Resources team links older adults and their caregivers to supportive community services.

SENIOR CENTERS

ACTIVITIES & FEES

Three full-service senior centers and one senior activity center offer a variety of programs and activities for adults 55 and over. The annual membership fee covering July-June is \$26/person (\$37.50/non-residents). In lieu of membership, seniors may pay a daily drop-in fee of \$2.00 (\$3.00/non-residents). Members receive lower rates for trips and classes, a monthly newsletter and membership privileges at all senior centers. There is a cost of \$4/meal for adults under 60, and a suggested donation for adults 60 and over, for the congregate lunch program.

FACILITY RENTALS

Attractive rental space is available for groups

of all ages at three full service senior centers in Leesburg, Sterling and Purcellville for meetings, family reunions, special events, birthday parties and more. Please call the individual senior center for further information.

ADULT DAY CENTERS

LOCATIONS

Eastern Loudoun Adult Day Center (Ashburn): 571-258-3232

Loudoun County Adult Day Center at Leesburg 703-771-5334

Mac Brownell Adult Day Center (Purcellville): 571-258-3402

PARTICIPANTS

Our centers are open M-F from 7:30 a.m.-5:30 p.m. to provide a safe, social and interactive environment for seniors with cognitive and/or physical disabilities who are unable to be home alone safely. Activities and services, designed to elicit success and enjoyment, include art and music therapy, individualized exercise, mentally stimulating games, assistance with personal needs, medication management, nutritious hot lunches and snacks, and health monitoring. Limited transportation is available to some areas. Fees are based on a sliding scale.

CAREGIVERS

Adult Day Centers provide respite for those needing support and time away from caregiving. Caregiver and Alzheimer's disease support groups are available to provide insight, guidance, companionship, and resources. Caregiver education programs are also available. For more information, call 703-771-5407 or email aaasupport@loudoun.gov.

CHILDREN'S PROGRAMS

CHILDCARE

(Ages 3-5) Our full and half-time childcare program provides a safe, healthy, learning environment with age-appropriate activities to promote the physical, social and intellectual growth of children. Healthy breakfasts and snacks are provided. Full-time hours are 7:00 a.m. -6:15 p.m. Contact the community center of your choice for more information and availability.

FEES:

	Full-time	7:00am-6:15pm	\$225/week
	Part-time	up to 30 hrs/wk	\$200/week
	Part-time	up to 20 hrs/wk	\$160/week
	Drop-in	Space available basis	\$10/hour
Annual registration fee			\$45/year
Late payment fee			\$35

Bluemont Community Center

Dulles South Multipurpose Ctr.

Loudoun Valley Community Ctr.

Lovettsville Community Center

Lucketts Community Center

540-554-4838
571-258-3311
540-338-5035
540-822-5381
703-737-8841

PRESCHOOL

Our state-licensed, nine-month preschool program operates September through May. Classes are offered for 2½-5 year olds, but vary by location. Currently enrolled families receive registration priority and a lottery is held for remaining spaces. Registration is open until filled for any additional remaining spaces. A \$45 non-refundable registration fee will be required prior to entering the program. The Virginia Department of Social Services requires proof of current immunizations, proof of child identity and age, and a childcare registration form.

LOCATIONS

Bluemont Community Center	540-554-8643
Claude Moore Community Ctr.	571-258-3500
Douglass Community Center	703-771-5913
Dulles South Multipurpose Ctr.	571-258-3456
Loudoun Valley Community Ctr.	540-338-4122
Lovettsville Community Center	540-822-5284
Lucketts Community Center	703-771-5281
Philomont Community Center	540-338-5882

AFTER KINDERGARTEN PROGRAM

(Ages 5-7) Kindergarteners are offered a variety of activities within a safe, supervised, structured environment. The Virginia Department of Social Services requires proof of current physical and immunizations, proof of child identity and age, and a childcare registration form. A \$45 registration fee is payable upon registration.

LOCATIONS

Dulles South Multipurpose Ctr 571-258-3456

PM KIDS CLUB

(Ages 5-11) Our PM Kids Club is a state-licensed, after school care program for grades K-5 that follows the Loudoun County School calendar. Contact the center of your choice for current availability.

LOCATIONS

Bluemont Community Center 540-554-8643 Lucketts Community Center 703-771-5281

REGISTRATION

PRESCHOOL, AFTER K, & PM KIDS CLUB: 2017-18 SCHOOL YEAR

Registration is on a lottery basis and subject to

availability. Registration for families currently enrolled in Preschool, After K or PM Kids Club was held January 4-8. Open registration started January 11. A \$45 registration fee is payable upon registration. For current availability and more information about licensed Preschool, After K, or PM Kids Club, contact the center of your choice or call 703-777-0343.

COUNTY AFTER SCHOOL ACTIVITIES (CASA) PROGRAM

Age 5-Grade 5 **703-737-8042**

www.loudoun.gov/casa

2017-2018 SCHOOL YEAR REGISTRATION

CASA registration for the 2017-2018 school year is available online. Pre-registration is closed. Open registration began March 28, 2017 and is ongoing. For complete registration details, visit www.loudoun.gov/prcslp. Additional information is available at CASA sites.

2017-2018 CASA PROGRAM

This year, we will focus on nurturing participants' individuality through a variety of recreational opportunities. Our creative and talented staff has spent countless hours developing a new system that will challenge your child to grow and learn in a positive environment. The activity schedule also includes homework and snack time. CASA follows the Loudoun County Public Schools' (LCPS) calendar. Visit www.loudoun.gov/prcs/camps for information about programs offered during school holidays and closures.

CASA locations open when school ends and close at 6:00 p.m., with the exception of Lovettsville, Hutchison Farm, Little River, Arcola and Pinebrook, which close at 6:15 p.m. AM Kindergarten parents need to find alternate care until the end of the regular school day.

2017-2018 CASA LOCATIONS/SCHOOLS SERVED

Algonkian, Arcola, Ashburn, Balls Bluff, Belmont Station, Buffalo Trail, Cardinal Ridge, Catoctin, Cedar Lane, Cool Spring, Countryside, Creighton's Corner, Kenneth Culbert (Hamilton), Discovery, Dominion Trail, Evergreen Mill, Frederick Douglass, Forest Grove, Guilford, Hillside, Horizon, Hutchison Farm, Leesburg, Legacy, Liberty, Little River, Loudoun Valley Community Center (Emerick, Lincoln), Lovettsville Elementary, Lowes Island, Meadowland, Mill Run, Moorefield Station, Mountain View, Newton-Lee, Pinebrook, Potowmack, Frances Hazel Reid, Rosa Lee Carter, Round Hill, Sanders Corner, Selden's Landing, Steuart Weller, Sully (Sterling), Sycolin Creek, Tolbert, Waterford. All CASA locations must have sufficient enrollment, staffing and space before a program can begin.

For more information, please contact us or visit www.loudoun.gov/casa.

CASA operation is based on enrollment at each site.

2016-2017 Fees

CASA: \$330/month/child Registration Fee: \$45/household/program Monthly fees are due by the first of the preceding month (e.g., due 8/1 for September)

YOUTH SERVICES

YOUTH AFTER SCHOOL (YAS) PROGRAM

Grades 6-8 **703-777-0343**

www.loudoun.gov/yas

YAS offers fun, exciting, recreational activities for middle school students including sports, games, arts & crafts, field trips, drama, tutoring, mentoring, special events and intramural competitions, as well as time for homework, relaxing, and socializing in a safe supervised environment. Students have the opportunity to help plan activities and are encouraged to explore their interests. YAS is operated in middle schools and follows the Loudoun County Public School calendar. The program begins when the final bell rings and ends at 6:15 p.m.

Fees: \$50/month

YAS LOCATIONS

Belmont Ridge, Blue Ridge, Eagle Ridge, Farmwell Station, Harper Park, Mercer, River Bend, Seneca Ridge, Smart's Mill

YOUTH ADVISORY COUNCIL

Members of the Loudoun Youth Advisory Council, in partnership with Loudoun Youth, Inc., have the opportunity to develop leadership skills, meet new people and be a voice for other Loudoun teens. Members plan special events (including Loudoun YouthFest, Battle of the Bands and Step Up), work on community service projects, participate in leadership field trips, and promote events for teens. Applications are accepted on a rolling basis and are available on www.loudoun. gov/teens.



Are You Interested in the Future of Your Community? Consider Serving on PRCS Advisory Boards!

Parks, Recreation & Open Space Board (PROS)

PROS members are appointed by the Board of Supervisors. The board acts in an advisory capacity in recommending policies and procedures, and provides a forum for citizens' issues related to parks, recreation and open space. PROS representatives work with the Department of Parks, Recreation and Community Services staff to identify opportunities and make recommendations that will enhance and preserve parks, recreation and open space in the county.

Meetings are held at 7:30 a.m. on the first Saturday of the month. The public is invited.

Commission on Aging (COA)

COA representatives are appointed by the Board of Supervisors. The commission advises the Loudoun County Area Agency on Aging staff and the Board of Supervisors on matters of concern to older residents.

Meetings are held at 9:30 a.m. on the third Thursday of the month. The public is invited.

Advisory Commission on Youth (ACOY)

The Advisory Commission on Youth comprises members appointed by the Board of Supervisors, along with representatives from community agencies and student liaisons from public and private high schools. The role of ACOY is to advise the Board of Supervisors and PRCS staff on youth issues and to serve as a forum for community concerns. Members also work in conjunction with the Loudoun Youth Initiative (LYI) to foster programs and services necessary for the wholesome development of youth in Loudoun County.

Meetings are held at 7:00 p.m. on the fourth Monday of the month. The public is invited.

Local Advisory Boards

In addition to appointed boards, PRCS centers, parks, and specialty programs rely on volunteers to serve on local advisory boards. Most boards meet monthly and assist in the development, planning, and implementation of programs and activities. If you are interested in serving on a local board, contact the center, park, or program of your choice.



For more information, call 703-777-0343 or visit www.loudoun.gov/prcs.

GENERAL INFORMATION

what you need to know about...

GENERAL REGISTRATION

Online and walk-in registration for **senior activities only** begins at 9:00 a.m. on 8/16/17 for county residents. Online registration for **all activities** begins at 12:01 a.m. on 8/17/17 for county residents. Walk-in registration at PRCS facilities begins on 8/17/17 for county residents during normal business hours for each location. Online registration begins at 12:01 a.m. on 8/24/17 for non-residents (including seniors). Walk-in registration at PRCS facilities begins on 8/24/17 for non-residents (including seniors) during normal business hours for each location.

MAIL-IN REGISTRATION

Send a completed registration form and payment (check or money order made out to "County of Loudoun") to Loudoun County PRCS, 20145 Ashbrook Place, Suite 170, Ashburn, VA 20147. An activity registration form is included in this guide. Forms can also be downloaded from www.loudoun.gov/prcs. Mail-in registrations are processed on a random basis, beginning at 8:30 a.m. on 8/17/17 for residents and 8/24/17 for non-residents. Credit card payments will not be accepted by mail. All mail-in registrations must include payment by check or money order.

ONLINE REGISTRATION

WebTrac is the online registration system for enrolling in PRCS activities, using a household identification number and password. A new household account can be requested online at www.loudoun.gov/webtrac. A new account number and password will be sent to your email address in 2-5 business days. With a household ID number and password, you can register and pay for most activities using VISA, Discover, or MasterCard. If you have forgotten your account information, you can retrieve your ID and password at www.loudoun.gov/webtrac. If you require additional assistance, please contact your local PRCS center/park or the administrative office before the first day of registration!

REGISTRATION FOR LICENSED PROGRAMS

Additional forms may be required for licensed programs. Please refer to the corresponding section in this activity guide or www.loudoun.gov/prcslp for specific registration procedures for Licensed Preschool, CASA, YAS, Daze and Fest summer camps, Adaptive Recreation camp and licensed trip camps.

PAYMENTS

Registration fees are due at the time of registration, unless otherwise noted. Online registrations must be paid by credit card. Cash, check, money order, or credit card payments can be made in person. Checks or money orders must be made payable to "County of Loudoun." Your social security number or driver's license number must be included on any check in order to process the registration. Payments by check or money order can also be mailed to the PRCS administrative office. Do not send cash or credit card information by mail. Do not include supply fees in total paid. Supply fees are payable to the instructor at the first class.

TAX INFORMATION

A global childcare statement can be printed using WebTrac. The option is located under "my account" after logging into WebTrac. A statement can be printed for any calendar year; however, the desired tax year must be selected. Visit www.loudoun.gov/webtrac.

PROGRAM REFUNDS & CANCELLATIONS

Our goal is to ensure quality programs. If you are dissatisfied with the quality of a class/program in which you are currently enrolled, you may request a refund according to the following policy or policy provided by the specific program:

Refund requests must be submitted in writing and include an explanation of why the par-

ticipant is disappointed with the quality of the particular class/program. The written request should be dated and sent by email, fax, or mail directly to the facility manager or program manager offering the class/program. Only written requests will be accepted. The amount of any refund will be prorated based on the number of remaining class/program sessions.

If you need to cancel a class/program registration, and you make the request 15 or more days before the start date, a full refund will be offered - MINUS a 15% administrative fee (to a maximum of \$15). If you cancel a class/program registration 14 or fewer days before the start date, a 50% refund will be offered. Cancellation requests must be submitted in writing. The request should be dated and sent by email, fax, or mail directly to the facility or program manager offering the class/program.

The Department reserves the right to cancel or change a class or activity due to insufficient enrollment or other reasonable cause. A full refund (including any applicable registration fee) will be offered.

FINANCIAL ASSISTANCE

For qualifying families, financial support may be available for reimbursement of the cost of certain Adaptive Recreation activities sponsored by Loudoun County PRCS. The major qualification for respite is MR diagnosis. For more information, call MR Services at 703-777-0377.

NON-RESIDENT FEES

An additional 50 percent of fees will be charged for individuals residing outside of Loudoun County.

NOTICE TO PARTICIPANTS

Participants must recognize that all classes and activities of a physical nature involve some

where to find your activity guide...



PRCS centers and parks
Loudoun County libraries
The County Government Center
online at www.loudoun.gov/prcs



risk and, by registering for a class or activity of this nature, there is an assumption of risk by the participant and/or parent. Loudoun County Department of Parks, Recreation and Community Services is dedicated to providing safe facilities and equipment for all participants, as well as qualified staff.

SUPPLIES & MATERIALS

The cost of supplies and materials is included in the class or activity fee, unless otherwise indicated. If a supply/material fee is listed for an activity, it must be paid directly to the instructor on the first day of class.

TRANSPORTATION

When transportation is provided, spaces are filled on a first-come, first-served basis.

TRIP POLICY

There will be no smoking or alcoholic beverages allowed on any vehicles used for Department trips including motor buses. Due to

outside costs associated with arranging and booking trips, there will be no refund when a participant cancels a trip registration.

RENTALS

Rental space is available at most centers and parks including rooms, pavilions, and gyms for private parties, meetings, and other activities. Contact the preferred center or manned park directly for available dates, times and rental rates. Rental fees are non-refundable. For unmanned facilities, please call 703-777-0343.

VOLUNTEERS

For information on volunteer opportunities, including PRCS advisory boards and councils, please contact your local center, park or program representative, or call 703-777-0343. Those interested in working with Loudoun residents with disabilities, including Special Olympics and VSA arts, should call 703-771-5013 or 703-771-5010.

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PROGRAM ACCESSIBILITY/ADA

The Loudoun County Department of Parks, Recreation and Community Services (PRCS) is committed to complying with the Americans with Disabilities Act (ADA). If you require a reasonable accommodation for any type of disability in order to participate in PRCS activities, please contact the program or location manger (or PRCS administrative office). At least three business days advance notice is requested. Phone: 703-777-0343, TTY: 711, Email: prcs@loudoun.gov.

CLOSINGS/POSTPONEMENTS

In case of inclement weather, public holidays or emergencies, the Department will determine program cancellations or postponements. Consult your parent handbook or call the program location or the administrative office at 703-777-0343 for additional information. For athletic field conditions, call the Sports cancellation line at 703-777-0456. For up-to-date announcements regarding County Government closings and cancellations, sign up for Alert Loudoun at www.loudoun.gov.

702 771 5012

Questions? Give us a call!

ADMINISTRATIVE OFFICE	
Main Number	703-777-0343
TDD/for deaf or hearing impaired	ΤΥ711
PROGRAMS & SERVICES	
Adaptive Recreation	703-737-8042
CASA Grades K-5	703-737-8042
YAS Grades 6-8	703-777-0343
Area Agency on Aging/Senior Services	703-777-0257
Children's Programs and Camps	703-737-8042
Facilities Planning & Development	703-737-8992
Licensed Childcare/Preschool	703-737-8006
Sports, Youth & Adult	703-777-0343
Sports Postponements/Cancelations	703-777-0456
Youth Services	703-777-0343
CENTERS	
Bluemont Community Center	540-554-8643
Carver Center	
Claude Moore Community Center	571-258-3500
Claude Moore Recreation Center	

Douglass Community Center	/03-//1-5913
Dulles South Multipurpose Center	571-258-3456
Dulles South Senior Activity Center	571-258-3883
Eastern Loudoun Adult Day Center	571-258-3232
Franklin Park Arts Center	540-338-7973
Leesburg Adult Day Center	703-771-5334
Loudoun Valley Community Center	540-338-4122
Lovettsville Community Center	540-822-5284
Lucketts Community Center	703-771-5281
Mac Brownell Adult Day Center	571-258-3402
Philomont Community Center	540-338-5882
Senior Center at Cascades	571-258-3280
Senior Center at Cascades	571-258-3280
Sterling Community Center	703-430-9480
The Senior Center of Leesburg	703-737-8039
REGIONAL & STAFFED PARK SITES	
Banshee Reeks Nature Preserve	703-669-0316
Claude Moore Park	571-258-3700
Franklin Park	540-338-7603
Philip A. Bolen Memorial Park	571-258-3487
Potomack Lakes Sportsplex	703-444-1459



PRCS ADMINISTRATION

20145 Ashbrook Place, Suite 170 Ashburn, VA 20147 703-777-0343

(ARCOLA) SLAVE QUARTERS

(NO PUBLIC ACCESS) 24837 Evergreen Mills Road Sterling, VA 20166

ASHBURN PARK

43645 Partlow Road Ashburn, VA 20147 703-777-0343

BANSHEE REEKS NATURE PRESERVE

21085 The Woods Road Leesburg, VA 20176 703-737-8550

BETH MILLER PARK

20270 Leier Place Ashburn, VA 20147 703-777-0343

BLES PARK

44830 Riverside Parkway Ashburn, VA 20147 703-777-0343

BLUEMONT COMMUNITY CENTER

33846 Snickersville Turnpike Bluemont, VA 20135 540-554-8643

BRAMBLETON COMMUNITY PARK 22388/22389 BELMONT RIDGE ROAD

Ashburn, VA 20148 703-777-0343

BYRNE'S RIDGE PARK

24915 Mineral Springs Circle Aldie, VA 20105 703-777-0343

CARVER CENTER

200 Willie Palmer Way Purcellville, VA 20132 571-258-3400

Mac Brownell Adult Day Center

200 Willie Palmer Way Purcellville, VA 20132 571-258-3402

CHICK FORD & RYAN BICKEL FIELDS

21594 Ashburn Village Boulevard Ashburn, VA 20147 703-777-0343

CLAUDE MOORE PARK

21544 Old Vestals Gap Road Sterling, VA 20164 571-258-3700

Claude Moore Community Center

46111 Loudoun Park Lane Sterling, VA 20164 571-258-3500

Claude Moore Recreation Center

46105 Loudoun Park Lane Sterling, VA 20164 571-258-3600 Lanesville Heritage Area

CONKLIN PARK

25701 Donegal Drive Chantilly, VA 20152 703-777-0343

CORNER HALL PARK

41381 Gardenia Dr. Aldie, VA 20105

COUNTRYSIDE PARK

20756 Countryside Boulevard Sterling, VA 20164 703-777-0343

DOUGLASS COMMUNITY CENTER 405 E. MARKET STREET

Leesburg, VA 20175 703-771-5913

DULLES SOUTH MULTIPURPOSE CENTER

24950 Riding Center Drive South Riding, VA 20152 571-258-3456

DULLES SOUTH SENIOR ACTIVITY CENTER

24950 Riding Center Drive South Riding, VA 20152 571-258-3883

EAST GATE PARK

43664 Tall Cedar Park Way Chantilly VA, 20152 703-777-0343

EASTERN LOUDOUN ADULT DAY CENTER

45140 Riverside Parkway Ashburn, VA 20147 571-258-3232

EDGAR TILLETT MEMORIAL PARK 21561 BELMONT RIDGE ROAD

Ashburn, VA 20147 703-777-0343

E.E. LAKES GENERAL STORE

(NO INTERIOR ACCESS) 18351 Railroad Street Bluemont, VA 20135 703-777-0343

ELIZABETH MILLS RIVERFRONT PARK

44105 Heron Way Leesburg, VA 20176 703-777-0343

Kephart Bridge Landing

43942 Riverpoint Drive Leesburg, VA 20176 703-777-0343

EVERGREEN MILLS EQUESTRIAN & HIKING TRAIL

(currently closed) 21332 The Woods Road Leesburg, VA 20176

FRANKLIN PARK

17501 Franklin Park Drive Purcellville, VA 20132 540-338-7603

Franklin Park Performing & Visual Arts Center

36441 Blueridge View Lane Purcellville, VA 20132 540-338-7973



GOOSE CREEK POINTE PARK

21090 Walkley Hill Place Ashburn, VA 20147 703-777-0343

GOSHEN CORNER PARK

41430 Braddock Road Aldie, VA 20105 703-777-0343

GREG CRITTENDEN MEMORIAL PARK

21401 Windmill Drive Ashburn, VA 20147 703-777-0343

GWEN THOMPSON BRIAR PATCH PARK

21660 Sterling Boulevard Sterling, VA 20164 703-777-0343

HAMPSHIRE PARK

21315 Smith Switch Road Ashburn, VA 20147 703-777-0343

KEEP LOUDOUN BEAUTIFUL PARK

43055 Golf Club Road Leesburg, VA 20176 703-777-0343

LEESBURG ADULT DAY CENTER

16501 Meadowview Court Leesburg, VA 20175 703-771-5334

LOUDOUN COUNTY SENIOR CENTER AT CASCADES

21060 Whitfield Place Sterling, VA 20165 571-258-3280

LOUDOUN VALLEY COMMUNITY CENTER

320 W. School Street Purcellville, VA 20132 540-338-4122

LOVETTSVILLE COMMUNITY CENTER

57 E. Broad Way Lovettsville, VA 20180 540-822-5284

LOVETTSVILLE COMMUNITY PARK

(event access only) 12565 Milltown Road Lovettsville, VA 20180 703-777-0343

LUCKETTS COMMUNITY CENTER

42361 Lucketts Road Leesburg, VA 20176 703-771-5281

LUCKETTS COMMUNITY PARK

14560 James Monroe Highway Leesburg, VA 20176 703-777-0343

LYNDORA PARK

43624 Lucketts Bridge Circle Ashburn, VA 20148 703-777-0343

MEADOW GLEN PARK

41574 Conejo Way Aldie, VA. 20105 703-777-0343

MICKIE GORDON MEMORIAL PARK

23229 Carter's Farm Lane Middleburg, VA 20118 703-777-0343

NELL BOONE PARK

11756 Harper's Ferry Road Purcellville, VA 20132 (Neersville) 703-777-0343

PHILOMONT COMMUNITY CENTER

36592 Jeb Stuart Road Philomont, VA 20131 540-338-5882

PHILIP A. BOLEN MEMORIAL PARK

42405 Claudia Drive Leesburg, VA 20176 571-258-3487

POTOMACK LAKES SPORTSPLEX

20280 Cascades Parkway Sterling, VA 20164 703-777-0343

RAY MUTH SR. MEMORIAL PARK

20971 Marblehead Drive Ashburn, VA 20147 703-777-0343

SCOTT JENKINS MEMORIAL PARK

39480 East Colonial Highway Hamilton, VA 20158 703-777-0343

ROUND HILL INDOOR AQUATIC CENTER

17010 Evening Star Drive Round Hill, VA 20141 571-258-3562

SETTLE-DEAN CABIN

(no interior access) 25625 Loudoun County Parkway Chantilly, VA 20152 703-777-0343

STERLING COMMUNITY CENTER

120 Enterprise Street Sterling, VA 20164 703-430-9480

THE SENIOR CENTER OF LEESBURG

102 North Street, N.W. Leesburg, VA 20175 703-737-8039

TRAILHEAD AT BELMONT RIDGE

42555 Sungrove Terrace Ashburn, VA 20148 703-777-0343

TRAILSIDE PARK

20375 Claiborne Parkway Ashburn, VA 20147 703-777-0343

VESTALS GAP OVERLOOK PARK

45335 Century Blvd. Sterling, VA, 20166 703-777-0343

WOODGROVE PARK

17020 Evening Star Drive Round Hill, VA 20141 703-777-0343

DO YOU WEBTRAC?

With WebTrac, our online registration system, you can:

- · Request a new household account
- · Retrieve your ID and password
- Search for activities by type, location, age, etc.
- Find details about an activity including price, date, etc.
- Enroll for most classes and activities
- Pay existing balances for licensed programs
- Print a transaction history
- Print a childcare statement
- Print old receipts
- Purchase performance tickets



Visit www.loudoun.gov/webtrac to search for activities and register.





Loudoun County Department of Parks, Recreation & Community Services Activity Registration

Enrollment for classes and activities is on a first-come, first-served basis. Please have your payment information or check available at the time of registration. Do not send credit card information or cash by mail. Mail-in registrations must include check or money order made out to "County of Loudoun." Send mail-in registrations at least one week before class start day to: *Loudoun County PRCS*, *20145 Ashbrook Pl.*, *Ste. 170*, *Ashbum*, *VA 20147 <u>Attn: Registration</u>*. Licensed programs, camps and adaptive recreation programs require additional forms and/or on-site registration. Consult program description for details. One registration form can be used for multiple household members. Non-county residents are assessed an additional 50% of fees. For more information, visit www.loudoun.gov/prcs or call **703-777-0343**.

HOUSEHOLD INFORMATIO	N					Driver's License # or			ıOP.	
Mother/Guardian	0	SS #				DOB				
Father/Guardian	x over)	Driver's License # or DOB								
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City	.33			(State		7in			
e-mail Address					oudoun	County Resident	2iP	no		
Home Phone					Cell Phon	ie				
					Pager					
Employer Name & Address					ugo. —					
Emergency Contact Name (1)						Phone #				
Emergency Contact Name (2)						Phone #				
ADA – The Loudoun County Department of Parks, Recreation and Community Services (PRCS) is committed to complying with the Americans with Disabilities Act (ADA). If you require a reasonable accommodation for any type of disability in order to participate in PRCS activities, please contact the program/location manager (or PRCS administrative office at 703-777-0343/TTY-711). Three business days advance notice is requested. PARTICIPANT (S) INFORMATION										
Family Member's Name	M or F	DOB	Grade/Age		_			Start Date		Fee
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HOW DID YOU FIRST L PRCS Activity G PRCS Newsletter/flyer	uide	County	/ Website	Face	ebook	Newspaper		Word of	Mouth	
PARTICIPANT AGREEMENT I wish to register my child(ren) risk and, by registering for a s understand that Loudoun Coutraveling to and from said actidetermine whether or not the me or my children for publicity	pecific ac inty Depai vity via tra activity wi	tivity, I am rep rtment of Park ansportation no Il be held. Als	resenting that s, Recreation ot provided by o, by signing	t I understand and Commur the County of below, I give p	the poss nity Servi of Loudou permission	sible risks involved with ces will not be responsi In. I understand that reg on for Loudoun County	this type ible for th gistration PRCS to	of activity. e participa minimums use photog	Furthermont when he will be assignable and	ore, I e/she is sessed to d videos of
Signature of Parent/Gu	ıardian	/Participan	t				-	D	ate	

Please do not fax registrations. If you have previously registered with PRCS, you can use your household ID number and password to register online at www.loudoun.gov/webtrac.

Loudoun County Department of Parks, Recreation and Community Services

Our mission is to provide outstanding recreational and leisure opportunities, outcome-focused community services, and stewardship of our natural resources to promote quality of life for Loudoun's residents and visitors. This activity guide highlights the programs, classes and events scheduled from September 1 through November 30, 2017. It is designed with you and your family in mind. We appreciate your comments and suggestions. Please feel free to call 703-777-0343 or visit us at www.loudoun.gov/prcs.

Creating Community Through People, Parks & Programs!





20145 Ashbrook Place, Suite 170 Ashburn, VA 20147

PH: 703-777-0343/TTY 711 • FAX: 703-771-5354

HOURS: Monday-Friday, 8:30 AM - 5:00 PM



El Departamento de Parques, Recreación y Servicios a la Comunidad puede brindarle asistencia e<mark>n E</mark>spañol. Por favor, llame al 703-777-0343 y sol<mark>icite un</mark> intérprete.