

Registration
Seniors: May 10 · General: May 11

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loudoun.gov/prcs

Summer 2017





# Loudoun County, Virginia

www.loudoun.gov/prcs

Department of Parks, Recreation and Community Services 20145 Ashbrook Place, Suite 170, Ashburn, VA 20147 703-777-0343 • prcs@loudoun.gov • www.loudoun.gov/prcs

Summer 2017

Spring will soon be in our rearview mirror, as the even warmer days of summer approach. While the season ushers in a hectic time of year at PRCS, with camps of every variety taking place in every corner of the county, I can't help but reflect on the good old-fashioned simplicity of summer. We can all benefit by slowing down long enough to soak up the sun's rays, drop a fishing line from a pier, or sip an ice-cold lemonade!

Sometimes keeping it simple is the best approach, whether at home or at work. Focusing on what can seem like small things often makes the biggest difference. At PRCS, we have the privilege of providing an array of services to Loudoun's residents. Our staff spends hours researching, planning, creating and delivering programs and events to meet the diverse needs of a growing community. With a desire to meet others' needs comes pressure and expectations. Couple that with the changing demands and expectations in our personal lives, and the simple pleasures often get overshadowed.

Just as summer reminds us to take pleasure in simple things, staff and citizens can benefit by sometimes taking a simple approach, while still accomplishing major goals. Whether we're attempting to impact the life of child in preschool, provide assistance to a senior, help a middle-school camper develop leadership qualities, or support a loved one, we can make a significant impact with the smallest of gestures. As leaders in parks and recreation, we focus largely on vision, goals and strategies - all necessary to our success. But it is the little things that help us to build relationships, make people feel valued and become true leaders. As we slow our pace during these "lazy, hazy days of summer," let's all take the time to focus on the little things, because the rewards are big!

Sincerely,

Director, Loudoun County Department of Parks, Recreation and Community Services



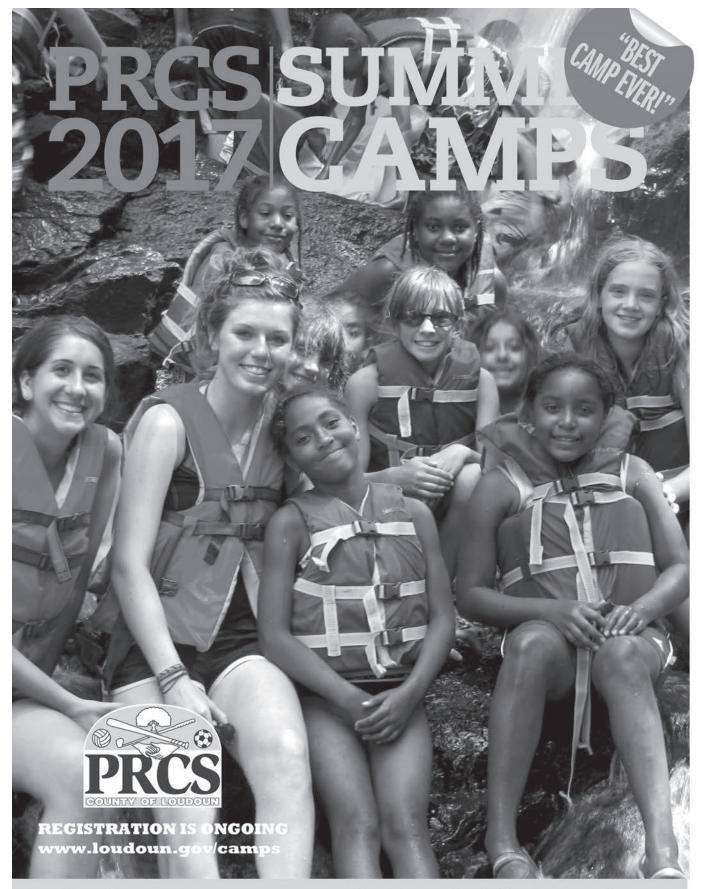
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Plan Ahead! Fall Registration Begins August 17 • Keep this issue until September

<b>CLASSES: COMMUNITY &amp; RECREATION CENTERS</b>
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by category and/or age group:
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Courtesy of Claude Moore Park



LOUDOUN COUNTY DEPARTMENT OF PARKS, RECREATION & COMMUNITY SERVICES

## BLUEMONT COMMUNITY CENTER

33846 Snickersville Pike Bluemont, VA 20135

540-554-8643

M-Th 7:00am-8:30pm F 7:00am-6:30pm

Supply & material fees are payable to the instructor at the first class.



Find more Bluemont Community Center camps in the 2017 PRCS Summer Camp Guide

#### LICENSED PROGRAMS

#### **CHILDCARE**

(Ages 3-5) Looking for the perfect childcare solution? Our full and half-time childcare program provides a safe, healthy learning environment. Call 540-554-8643 for space availability and current fees.

#### 2017-18 PRESCHOOL

(Ages 2-5) We offer a nine-month preschool program which follows the Loudoun County school calendar. The State Department of Social Services requires proof of current immunizations, proof of age and a child care application form. Our program follows the Creative Curriculum Approach to learning. Call available openings in current year classes.

#### PRESCHOOL AGE PROGRAMS

#### **FUN IN THE SUN**

(Ages 3-5) Fun activities include water play, bubbles and fun in the sun. Bring a snack. Instructor: Amanda Collins.

**406106-01** \$42 (\$2 supplies)

W,Th 5/31-6/1 9:00am-12:00pm

## **New! GIGGLES & WIGGLES**

(Ages 3-5) Come have some fun with playtime and socialization with other children their age! Please pack a lunch and prepare for the giggles.

**406103-01** \$12

Th 6/1-6/1 12:00pm-1:30pm

#### BANANA SPLIT CELEBRATION

(Ages 3-5) Did you know June 3rd is Banana Split Day! So today, June 2, we will be celebrating this banana-licious day. Bring a lunch and we will make this delicious treat afterwards. Instructior: Amanda Collins.

**406108-01** \$12 (+\$2 supplies)

F 6/2-6/2 11:00am-12:30pm

#### SPORTS WEEK

(Ages 3-5) Enjoy outside time these days while learning a new sport. Bring a snack and drink. Instructor: Amanda Collins.

**406104-01** \$54 (\$3 supplies)

Tu-Th 6/6-6/8 9:00am-12:00pm

#### **TODDLER FUN**

(Ages 6 mos-1½) Bring your little ones for some playtime and meet other parents for some socialization. Instructor: Linda Sapp.

**406105-01** \$8

W 6/7-6/7 10:30am-11:30am

**406105-02** \$8

W 7/12-7/12 10:30am-11:30am

**406105-03** \$8

W 8/16-8/16 10:30am-11:30am

#### **LEGO® LAND**

(Ages 3-5) Come have fun in "Lego Land!" Children will work on their creative minds, social skills, and gross-motor skills! Bring a lunch.

**406122-01** \$12

Th 6/8-6/8 12:00pm-1:30pm

**406122-02** \$12

Th 7/13-7/13 12:00pm-1:30pm

#### New! FLOWER PAINTINGS

(Ages 2-3) Let your kids have a wonderful experience painting with flowers. Bring a lunch.

**406109-01** \$12

Tu 6/13-6/13 11:00am-12:30pm

#### **New! TROLLS ARE HERE!**

(Ages 2½-5) Enjoy troll music, coloring sheets and more at Bluemont. Bring a lunch. Instructor: Linda Sapp.

**406111-01** \$28 (+\$2 supplies)

W,F 6/14-6/16 12:00pm-2:00pm

#### **SUMMER TEE BALL**

(Ages 3-5) Young baseball players will learn many basic skills needed for tee ball. Skills in safety, hitting, fielding, throwing and running will be taught. Class is taught at Bluemont Community Center.

**406125-01** \$24

M,W,F 6/19-6/23 2:00pm-3:30pm

#### **New! ICE PAINTING & LUNCH**

(Ages 2-3) Let your little ones become creative with ice painting. Bring a lunch and enjoy some playtime as well. Instructor: Linda Sapp.

**406112-01** \$12

Tu 6/20-6/20 11:00am-12:30pm

#### **BUGGIN' OUT**

(Ages 3-5) Come learn about bugs through a nature walk and crafts with other peers! Bring a lunch.

**406116-01** \$12

Th 6/22-6/22 12:00pm-1:30pm

#### **BON-API-TOTS**

(Ages 3-5) Let's make an easy and yummy dish today. Preparation will be done in the kitchen. Instructor: Amanda Collins.

**406115-01** \$16 (+\$2 supplies)

M 6/26-6/26 12:00pm-2:00pm

#### PRESCHOOL SOCCER

(Ages 3-5) Soccer for the beginners. We will focus on the basic soccer fundamentals and skills. Class is held at Bluemont CC.

**406128-01** \$24

M,W,F 6/26-6/30 2:00pm-3:30pm

#### **New! FAIRYTALE STEAM**

(Ages 3-5) Join Ms. Charity this summer in a discovery of Science, Technology, Engineering, Art & Math in classic fairytales. Bring a snack, your imagination, and please give notification of any allergies in advance. A \$2 supply fee for all sections is payable to the instructor. Instructor: Charity Danjczek.

406129-01 \$24 Little Red Ridina Hood 6/28-6/28 W 9:00am-12:00pm 406129-02 \$24 Billy Goats Gruff W 7/5-7/5 9:00am-12:00pm 406129-03 \$24) Hansel & Gretel 7/12-7/12 9:00am-12:00pm 406129-04 \$24 Three Little Pigs W 7/19-7/19 9:00am-12:00pm

#### New! SHAKE IT OUT!

(Ages 3-5) Come have a music field afternoon of dancing and music making! Each child will be able to create their own musical instrument and shake it out with their peers. Bring a lunch.

**406114-01** \$12

Th 6/29-6/29 12:00pm-1:30pm

#### PRESCHOOL FOOTBALL TRAINING CAMP

(Ages 3-5) Young football players will learn the basics of football. Players will develop skills in safety, throwing, catching, and running. Class is taught at Bluemont Community Center.

**406126-01** \$24

M,W,F 7/10-7/14 2:00pm-3:30pm

#### **New! GET THE WIGGLES OUT**

(Ages 2-3) Let's get those wiggles out to some music and have some fun. Bring a lunch. Instructor: Linda Sapp.

406132-01 \$12

Tu 7/11-7/11 11:00am-12:30pm

#### New! BUBBLES!!

(Ages 2-3) All kids love bubbles. We will enjoy outside play (weather permitting) with bubbles. Bring a lunch. Instructor: Linda Sapp.

406102-01 \$12

7/18-7/18 11:00am-12:30pm Tu

#### **New! PRESCHOOL WATER WARS**

(Ages 3-5) Need to cool off in this hot summer heat? Come to Bluemont and enjoy a game of water wars with water balloons. We will be playing a variety of different games and end with a friendly water balloon fight! Please wear clothes you don't mind getting wet or wear a bathing suit. Bring a lunch.

406107-01

Th 7/20-7/20 12:00pm-2:00pm

#### **BREAKFAST OF CHAMPIONS**

(Ages 3-5) Let's make breakfast together. Afterwards we will enjoy some outside time, weather permitting. Instructor: Amanda Collins.

406101-01 \$16 (\$2 supplies)

7/24-7/24 9:00am-11:00am

#### New! LET'S PLAY "DOUGH"

(Ages 2-3) Enjoy some time with play dough. We will use cookie cutters to make some shapes along with the alphabet. Bring a lunch. Instructor: Linda Sapp.

406113-01

Tu 7/25-7/25 11:00am-12:30pm

#### **New! DINO DIG**

(Ages 3-5) Join us for a dino dig with friends! Children will learn about dinosaurs and dig for them outside in the mud! Please bring a packed lunch.

406117-01 \$12

7/27-7/27 12:00pm-1:30pm Th

#### **SUMMER BOOK BUDDIES**

(Ages 3½-5) Let's keep your child's interest in children's literature over the summer. Pack a lunch.

406110-02 \$16 (+\$2 supplies)

7/28-7/28 12:00pm-2:00pm

#### PRESCHOOL BASKETBALL

(Ages 3-5) Young players will learn many basic skills needed for basketball. Players will develop skills in safety, passing, dribbling, shooting, running and playing games. Class is held at Bluemont CC.

406127-01 \$24

M,W,F 7/31-8/4 2:00pm-3:30pm

#### **SUN FUN**

(Ages 3-5) Come have some fun in the sun with us! We will be making "squishy paint" suns and playing outside with our friends. Pack a lunch, snack and water.

406118-01

Th 8/10-8/10 11:00am-1:00pm

#### New! LEAGUE OF SUPERHEROES

(Ages 3-5) Want to practice your superhero skills? Come to Bluemont and help us fight off the "evil villain" that is hiding here! This program will be broken down into creating superhero costumes, practicing superhero skills, and a mission to find and defeat the evil villain! Bring a lunch!

406119-01 \$24 (+\$2 supplies)

8/17-8/17 11:00am-2:00pm Th

#### New! PRESCHOOL ME & YOU FUNDUE

(Ages 3-5) Join us and make fondue. We will try different types of fondue from cheese to chocolate! You will definitely don't want to miss this delicious class. Bring a lunch.

406120-01 \$12 (+\$2 supplies)

8/24-8/24 12:00pm-1:30pm Th

#### New! TINY TOT OLYMPICS

(Ages 3-5) Do your kids like to run around and play games? Join us in Olympic style games! We will have a variety of events and each child will win a medal during the finishing ceremony! Bring a lunch.

406121-01 \$16

Th 8/31-8/31 12:00pm-2:00pm

## **ELEMENTARY AGE PROGRAMS**

#### New! READY, AIM, MARSHMALLOWS!

(Ages 6-11) Have a creative mind and want to put it to the test? Come join us as we have fun making catapults and see who can launch their marshmallows the farthest!

406233-01 \$8 (+\$2 supplies)

M 6/5-6/5 3:00pm-4:00pm

#### **CARTOON WEEK**

(Ages 5-10) Learn about cartooning in this three session class. We will explore the how to's, tips and techniques to drawing some of our favorite cartoon and game characters.

406201-01 \$24

M.W.F 6/5-6/9 4:00pm-5:00pm

#### **New! EGG-CELENT ART**

(Ages 6-11) Don't be afraid to get messy! Show your creative side with egg-celent artwork! We will be filling hallowed out eggs with different color paints and creating our very own masterpiece by

throwing them onto a canvas. Please be sure to wear clothes that you don't mind getting messy!

406234-01 \$16 (+\$2 supplies)

6/7-6/7 2:00pm-4:00pm

#### MODELING WITH CLAYS

(Ages 8-12) Participants will be working with natural, crayola and polimer clays to create a range of subjects. All supplies are included, please be prepared to get messy. Instructor: Sally Thibodeaux.

406225-01 \$32 (+\$5 supplies)

M.W.F 6/12-6/16 4:00pm-5:30pm

#### POKEMON MASTERS

(Ages 6-10) Want to catch 'em all? Come be a Pokemon Master here at Bluemont with our interactive, hide-and-seek version, Join other children search and find hidden Pokemon throughout the center and take home the ones you catch! Dress in your best Pokemon Master

406232-01 \$8 (+\$2 supplies)

6/14-6/14 3:00pm-4:00pm

## **New! FRUITS OF THE MONTH**

(Ages 6-12) Each month will be fresh fruits from a local farm. Strawberries are in June, Blueberries in July and Peaches in August. Let's try making a homemade treat with each of these fruits.

406227-01 \$12 (\$3 supplies) Strawberries Th 6/22-6/22 4:30pm-6:00pm 406227-02 \$12 (+\$3 supplies) Blueberries Th 7/20-7/20 4:30pm-6:00pm 406227-03 \$12(+\$3 supplies) Peaches 8/17-8/17 Th 4:30pm-6:00pm

## KIDS IN THE KITCHEN

(Ages 6-11) Ready to get your hands dirty all while having fun? Join us at Bluemont as we learn how to read recipes, work on measuring ingredients, and learn skills to take home to your own families. Instructor: Sally Thibodeaux.

406235-01 \$8 (+\$2 supplies)

6/20-6/20 2:00pm-3:00pm Tu

406235-02 \$8 (+\$2 supplies)

7/18-7/18 Tu 2:00pm-3:00pm

## **New! FOILS & FINGERS**

(Ages 6-10) Let's get messy! Come join us as we paint using only our fingers and aluminum foil. Show us your creative side! Instructor: Sally Thibodeaux.

406236-01 \$16 (+\$2 supplies)

M.W 6/26-6/28 3:00pm-4:00pm

#### **SEW SMALL & CUDDLY**

(Ages 8-12) Three session class to create small and fun, cuddly friends while learning the basics of sewing and construction. Instructor: Sally Thibodeaux.

406223-01 \$24 (+\$5 supplies)

M,W,F 6/26-6/30 4:00pm-5:00pm

#### **ANIME CHIBA & MINI'S**

(Ages 8-12) A step by step 'how to' on making Japanese cartoon art. From everything kawaii (small & cute) to full size anime characters. Instructor: Sally Thibodeaux.

406224-01 \$24

W,Th,F 7/5-7/7 4:00pm-5:00pm

#### **ELEMENTARY FLAG FOOTBALL**

(Ages 6-8) Elementary football players will learn the basics of flag football.

Players will develop skills in safety, throwing, catching and running. Class is

held at Bluemont Community Center.

406209-01 \$48

7/5-7/7 W,Th,F 2:00pm-4:00pm

## **MELTING CRAYON ART**

(Ages 6-11) Come show your creativity while learning how to make melting crayon art! This class will be aimed at making your own artistic template and then watching the crayons melt into a wonderful display over the canvas that you have designed. Students will bring home their creation on the last day of class. Instructor: Sally Thibodeaux.

406237-01 \$16 (+\$2 supplies)

M,W 7/10-7/12 3:00pm-4:00pm

#### DRAWING FROM LIFE

(Ages 6-12) A three session class in which we will be exploring drawing nature's most challenging subjects, things that are alive! Please note we will be encountering some live (tame) animals, if there are any allergy concerns. Instructor: Sally Thibodeaux.

406222-01 \$24

7/10-7/14 M,W,F 4:00pm-5:00pm

#### LAVENDER IS IN THE AIR

(Ages 6-12) Lavender is everywhere. Learn to make lavender wands by using fresh grown lavender, Instructor: Kim Labash.

406215-01 \$8 (+\$2 supplies)

Th 7/13-7/13 4:30pm-5:30pm

#### THE ISM'S

(Ages 5-11) A three day session to explore the three Ism's: Cubism, Impressionism, and Pointillism through exploration of the master's works and creating our own. Instructor: Sally Thibodeaux.

406221-01 \$24

M.W.F 7/17-7/21 4:00pm-5:00pm

#### **SKETCHING STILL LIVES**

(Ages 6-12) This is a fun class geared toward sketching a variety of still lifes. You will develop in shadowing and shapes.

406228-01 \$16

7/18-7/20 Tu,Th 4:00pm-5:00pm

#### **BEGINNERS JEWELRY**

(Ages 6-12) Come learn the basics to beaded as well as caged jewelry. We will be making at least three projects, more depending on the time. Instructor: SallyThibodeaux.

406226-01 \$24 (+\$5 supplies)

7/24-7/28 M,W,F 4:00pm-5:00pm

#### New! BUILDINGS & WINDOWS

(Ages 6-12) A stem and learning craft inspired class in which we will explore and create basic bridges, buildings and stained glass windows from common objects. Instructor: Sally Thibodeaux.

406220-01 \$24

M,W,F 7/31-8/4 4:00pm-5:00pm

#### POKEMON SCAVENGER HUNT BINGO

(Ages 6-10) Come to Bluemont for a funfilled adventure of a Pokemon scavenger hunt throughout the grounds and Pokemon bingo!

406230-01 \$12

Tu 8/8-8/8 1:30pm-3:00pm

#### WATERCOLOR

(Ages 6-12) Learning techniques of watercolor, tips, tricks, dry and wet on wet painting beginners class. Instructor: Sally Thibodeaux.

406218-01 \$24

8/14-8/18 M.W.F 4:00pm-5:00pm

## **New! YOU & ME FUNDUE**

(Ages 6-11) Do you love food, but especially chocolate? Then this is the class for you! We will try different types of foods ranging from sweet and salty. You definitely don't want to miss this delicious class! Instructor: Sally Thibodeaux.

406231-01 \$8 (+\$2 supplies)

8/15-8/15 Tu 3:00pm-4:00pm

#### **PRINT ART**

(Ages 6-12) All through history, being able to create and reuse a print has been an important tool to mankind. In this three part class, participants will create, use and explore making their own unique stamps using press and creating their own textiles. Instructor: Sally Thibodeaux.

406219-01 \$24 (+\$10 supplies) M,W,F 8/21-8/25 4:00pm-5:00pm

#### **ADULT PROGRAMS**

#### PAINTING W/ACRYLICS

(Ages 18 & up) Learn the basics of painting with acrylics. Students must provide canvas, brushes and acrylic paints.

406505-01 \$40

6/1-6/22 7:00pm-8:30pm 406505-02 \$30

Th

7/6-7/27 7:00pm-8:30pm

406505-03 \$40

Th 8/3-8/24 7:00pm-8:30pm

## **GET FIT WITH LINDA**

(Ages 18 & up) A fun workout that continues all summer long at Bluemont. Workout includes stretching, aerobics and matwork. Instructor: Linda Sapp.

406501-01 \$56

M.W.F 6/2-6/19 9:15am-10:15am

#### LAVENDER SPA SUPPLY

(Ages 18 & up) Learn to make lavender spritz. lavender bath salts and lavender tub tea bags. All from fresh grown lavender. Instructor: Kim Labash.

406506-01 \$8 (+\$5 supplies)

7/27-7/27 6:30pm-7:30pm Th

#### **MULTIAGE PROGRAMS**

#### **BARRE FITNESS**

(Ages 16 & up) This class is a fusion of barre, Pilates and yoga. Barre and Pilates exercises provide cardio and strength training, while gentle voga poses offer stretching and flexibility for the entire body. No dance experience needed. This class is great for all levels. Bring your own yoga mat or one will be provided for you. Instructor: Ashley Miller.

406704-01 \$30 6/5-6/19

406704-02 \$50

7/3-7/31 7:00pm-8:00pm М

7:00pm-8:00pm

406704-03 \$40

8/7-8/28 M 7:00pm-8:00pm

### **New! PRINCESS DANCE CAMP**

(Ages 4-8) Little dancers will have fun dressing up in their favorite princess dresses exploring fairy tale themed stories, learn dances, and singing to their favorite princess movies. Creative movement, ballet and jazz dance styles will be taught. Kids will have fun with arts and crafts decorating princess crowns, magic wands and lots of fun games. Bring a snack and water bottle. No class 7/4. Instructor: SOHO Performing Arts, LLC.

406703-01 \$60

W.Th.F 7/5-7/7 9:30am-12:00pm

#### WE ALL SCREAM FOR ICE CREAM

(Ages 3-10) July is National Ice Cream Month. We will be taste-testing different flavors and making a special treat.

406705-01 \$12 (+\$2 supplies)

Th 7/27-7/27 2:00pm-3:30pm

# CARVER CENTER

200 Willie Palmer Way Purcellville, VA 20132

#### 571-258-3400

loudoun.gov/carver M & W 9:00am-7:00pm,

Tu & Th 9:00am-8:00pm • F 9:00am-5:00pm Sa 9:00am-12:00pm

#### **MEMBERSHIP & PROGRAMS**

Carver Center provides programming for all ages. We run senior programs for active adults 55 and older weekdays from 9am-2pm, with memberships available. We offer programming for all ages from 2pm-7pm on Mondays and Wednesdays, 2pm-8pm Tuesdays and Thursdays, 2pm -5pm Fridays and 9am-12pm Saturdays. Please register for all classes/events at least one week before start date.

#### **FACILITY DROP-IN FEES**

Ages 55 & up	(non-members)	\$2.00
Ages 17 & une	der	\$1.50
Ages 18-54	\$2/limited use \$3.	/full access

## MULTINGE PROGRAMS

The following programs are for mixed age groups, including seniors.

#### **DANCE PROGRAMS**

#### **CONTEMPORARY LINE DANCE**

(Ages 18 & up) Dick Sherman will offer a line dance class focusing on some of the latest dances to contemporary songs. \$2 drop in for non-members.

#### 430708-01

M ongoing 2:00pm-3:00pm

#### **EDUCATION & INFORMATION**

#### **ADVISORY BOARD MEETINGS**

(Ages 18 & up) Monthly meetings which focus on fundraising efforts to support all-age programming and Senior Membership, while providing a forum for feedback and suggestions. All participants and members welcome.

#### 430702-01

1st Tu ongoing 10:30am-12:00pm

#### **ALZHEIMER'S SUPPORT**

(Ages 18 & up) This group is designed to provide emotional, educational, and social support for caregivers in order to help participants develop

coping methods and encourage caregivers to maintain their personal, physical and emotional health, as well as care for the person with dementia or other chronic illness. Serving teen to adult caregivers.

#### 430710-01

4th Th ongoing 3:00pm-4:00pm

#### LYME SUPPORT GROUP

(Ages 18 & up) The Western Loudoun Lyme Disease Support Group meets the first Tuesday of every month at 6:30 pm at Carver Center. This support group is open to the public for anyone struggling with Lyme disease and their caregivers. For more information email charphealy@yahoo.com.

#### 430724-01

1st Tu ongoing 6:30pm-8:00pm

#### **COMPUTER LAB**

Call ahead for availability. Free for senior members.

Pay at door	\$2.00	Ages 55 & up
M-F	ongoing	9:00am-2:00pm
Pay at door	\$3.00	Ages 18 & up
M ,W	ongoing	2:00pm-7:00pm
Tu, Th	ongoing	2:00pm-8:00pm
F	ongoing	2:00pm-5:00pm
Sa	ongoing	9:00am-12:00pm

#### **FINE & APPLIED ARTS**

#### WATERCOLOR PAINTING - PAINT A STORY-SONG

(Ages 5-10) Have fun learning songs that tell a story: Sing, dance then paint your fun with watercolors. It's a PARTY! Complete with a light snack and new friends. Learn basic watercolor technique from Ms Alice. Materials cost of \$10 is included in the fee . Instructor: Alice Power.

**430718-01** \$45

W 7/5-7/19 3:00pm- 4:30pm

#### WATERCOLOR PAINTING - PAINT FOOD FUN

(Ages 5-10) Have fun choosing seasonal foods to learn composition, color theory, drawing and painting techniques for watercolors. Materials cost of \$15 is included in the fee. Instructor: Alice Power.

**430722-01** \$50

W 8/2-8/16 3:00pm- 4:30pm

#### **HANDWORK**

(Ages 18 & up) This weekly group meets to visit and relax in the Carver Library while working on knitting, crocheting, and any other kind of easily transported handwork. New participants always welcome!

#### 430728-01

Tu ongoing 6:00pm-8:00pm

#### **HEALTH & FITNESS**

#### **BODY SCULPTING**

(Ages 15 & up) Tighten and shape your muscles using resistance bands and dumbbells. Abdominal work and a cool-down stretch to improve flexibility are included. Bring a mat. Instructor: Jill Perla.

**430703-01** \$67

M,W 6/5-6/28 5:15pm-6:00pm

**430703-02** \$50

M,W 7/17-8/2 5:15pm-6:00pm

**430703-03** \$67

M,W 8/7-8/30 5:15pm-6:00pm

#### **CORE & MORE**

(Ages 16 & up) First, work your upper body-improving your posture, strength and muscle definition. Next, work your lower body for improved balance, muscle endurance and core strength. End the week with deep stretching to improve flexibility. Bring a mat. Instructor: Jill Perla.

**430704-01** \$80

Tu,Th,F 6/6-6/30 8:15am-8:45am

**430704-02** \$40

Tu,Th,F 7/18-7/28 8:15am-8:45am

**430704-03** \$80

Tu,Th,F 8/8-9/1 8:15am-8:45am

#### **PICKLEBALL**

(Ages 18 & up) Pickleball is a racquet sport that combines elements of badminton, tennis, and table tennis. Two, three, or four players can play this game. Join us for this fun game for all levels. \$2.00 drop-in for non-senior members. Tuesdays focus on casual play, with no scoring, Wednesdays are mixed levels and Thursdays focus on scored games.

430711-01

Tu-Th ongoing 2:00pm-4:00pm

## TAI CHI: BEGINNER

(Ages 16 & up) A martial art that teaches strength, balance, relaxation and flexibility through the learning and group repetition of a sequence of slow motion movements. This class covers the 24 position form. Instructor: Trudy Weaver. No class 7/4.

**430713-01** \$87

Tu 6/6-8/1 7:00pm- 8:00pm

#### TAI CHI: INTERMEDIATE

(Ages 16 & up) See description for Beginners. This class covers the 48 position form. Instructor: Trudy Weaver. No class 7/4.

**430714-01** \$87

Tu 6/6-8/1 6:00pm-7:00pm

#### **FITNESS CENTER**

Adults age 55 and up may use our Fitness Center during all operating hours. Free to members. Non-seniors may use the fitness center:

M, W 2:00pm-7:00pm
Tu, Th 2:00pm-8:00pm
F 2:00pm-5:00pm
Sa 9:00am-12:00pm
Non-member Drop-in Fee
Ages 16-54 \$3.00
Ages 55 & up \$2.00

#### **SOCIALIZING & ENTERTAINMENT**

#### **CARDS**

(Ages 18 & up) Come in and experience a relaxing afternoon in Carver's cozy library playing old favorites like canasta and euchre. This casual group is happy to teach new players.

#### 430716-01

Sa ongoing 9:00am-12:00pm

#### **SCRABBLE & GAMES**

(Ages 18 & up) Keep your vocabulary strong and your mind sharp with a round of this classic word game, or choose from other available options like checkers, chess or cribbage.

## 430706-01

F ongoing 2:00pm-5:00pm

#### **SUMMER SUPPER CLUB**

(Ages 18 & up) Out to dinner with friends. Transportation available to and from restaurant from Carver Center for \$6.00 fee. Each person pays for own dinner and tip. Those not requiring transportation must still register (no cost).

transportation must still register (no cost).				
430701-01	\$6	Dutch's Daughter		
Th	6/8-6/8	4:00pm-8:00pm		
430701-02	Self-transport			
Th	6/8-6/8	4:00pm-8:00pm		
430701-03	\$6	The Anvil		
Th	7/13-7/13	4:00pm-8:00pm		
430701-04	Self-transport			
Th	7/13-7/13	4:00pm-8:00pm		
430701-05	\$6	Alexander's		
Th	8/10-8/10	4:00pm-8:00pm		
430701-06	Self-transport			
Th	8/10-8/10	4:00pm-8:00pm		



## SENIOR PROGRAMS

M-F 2:00pm-9:00pm, Sa 9:00am-6:00pm The following programs are for age 55 & up unless otherwise noted

## SENIOR MEMBERSHIP (Ages 55 & up)

Senior participants may purchase yearly memberships or attend on a drop-in basis. The cost of most activities is included in the membership or drop-in fee. Any additional fees will be noted in the activity listing.

Loudoun residents \$26/year Non-residents \$39/year January 1-June 30 Half-price

#### **DANCE**

Please see multiage listings for additional dance classes open to adults.

#### LINE DANCE

(Ages 55 & up) Leader Carolyn Bledsoe keeps things light and aims for group enjoyment rather than technical perfection. This activity provides exercise as well as camaraderie.

#### 430630-01

M ongoing 1:00pm-2:00pm

### **EDUCATION**

#### **BOOK CLUB**

(Ages 55 & up) Monthly book discussions. Books provided. Come join this lively group. Led by Purcellville Library staff.

#### 430610-01

W ongoing 10:30am-12:00pm

#### **BEGINNING BRIDGE**

(Ages 55 & up) Wouldn't you like to learn how to play this classic game? Jane Olah provides a gentle introduction in this ongoing group activity.

## 430643-01

Tu ongoing 10:30am-12:00pm

#### **INTERMEDIATE BRIDGE**

(Ages 55 & up) A class for those who know the basics but are not yet ready to join Carver's Thursday afternoon Bridge Group. Leader: Jane Olah.

**430656-01** ongoing 12:45pm-2:15pm

#### **BRIDGE GROUP**

(Ages 55 & up) This group for intermediate party bridge enthusiasts welcomes experienced players.

#### 430642-01

Th ongoing 1:00pm-4:00pm

#### **CREATIVE WRITING**

(Ages 55 & up) A weekly group for anyone interested in exploring the writing process in a supportive and friendly environment. Group leader: published author Bobbi Carducci.

#### 430607-01

Tu ongoing 12:30pm-2:00pm

#### **DECLUTTERING FOR SENIORS**

(Ages 55 & up) This four week course will help seniors decide how to declutter their homes and their lives, a process which will increase time for the more important things in life such as family, friends and fun activities. The class will include decluttering the kitchen, closets, and other miscellaneous areas. NO NEW SIGNUPS AFTER WEEK ONE. Leader: Carolyn Bledsoe.

#### 430623-01

W 6/14-7/5 10:00am-11:30am

#### **DECLUTTERING CLOTHING**

(Ages 55 & up) It is time to think about switching your wardrobe to spring and summer clothes. If you have too many clothes and do not know how to streamline them into what you really need, then this class will teach you to determine what remains in your closet and what leaves. No new sign ups after the first week. Leader: Carolyn Bledsoe.

#### 430612-01

W 7/12-7/26 10:00am-11:30am

#### **DECLUTTERING PAPERWORK**

(Ages 55 & up) This three week course will focus on decluttering paperwork ranging from magazines and newspapers to how long you should keep bills and other documents. Leader: Carolyn Bledsoe.

#### 430619-01

W 8/2-8/16 10:00am-11:30am

#### **DECLUTTERING REVISITED**

(Ages 55 & up) This two week course is for those who have attended any of the Decluttering Classes over the past two years. It reviews progress made by students and offers new insights and encouragement to those continuing the process. It also includes decluttering things not covered in other courses such as pictures and jewelry. Leader: Carolyn Bledsoe.

#### 430625-01

W 8/23-8/30 10:00am-11:30am

#### **EMAIL & INTERNET**

(Ages 55 & up) A focused look at email and the internet, for students with little background in using a computer. Instructor: lbby Dickson.

**430603-01** \$48

Tu 5/23-6/27 9:00am-10:30am

## GETTING COMFORTABLE WITH MICROSOFT OFFICE

(Ages 55 & up) We all need to write now and

then (letters, reports, even your memoirs) and to keep our financial records (even if just for the IRS). This course is about how to make Word, Excel and PowerPoint work for you to make these jobs easier. Instructor: lbby Dickson.

**430651-01** \$48

Tu 5/23-6/27 10:30am-12:00pm

#### **LIBRARY OUTREACH VISIT**

(Ages 55 & up) Every second Wednesday, Loudoun County library staff delivers and displays carts full of interesting books and periodicals. Seniors are encouraged to sign up as Library Outreach patrons in order to become exempt from fine penalties for overdue books. Library staff are happy to deliver requested items, to return dropped off books and to download e-books onto e-readers.

#### 430650-01

2nd W ongoing 11:30am-12:00pm

#### **BASIC UKULELE**

(Ages 55 & up) The Basic class will teach eight basic chords, transitions between chords, timing rhythm, and several strumming patterns. You don't even have to own a ukulele -the first six participants without an instrument may use Carver ukuleles during class time. Led by Carolyn Bledsoe and Guy Masters.

#### 430644-01

W ongoing 12:45pm-1:45pm

## **FINE & APPLIED ARTS**

#### **BEGINNER WATERCOLOR**

(Ages 55 & up) We will start from the very beginning -learning fundamental skills and their application to complete a painting. All supplies will be provided. Instruction by Alice Power. Instruction will end at 2:00 but students may stay until 2:30 to finish off any work.

**430638-01** \$20

F 6/9-7/14 12:30pm-2:30pm

**430638-02** \$10

F 8/11-8/25 12:30pm-2:30pm

## ADVANCED BEGINNER WATERCOLOR

(Ages 55 & up) Join Alice Power for the next step in watercolor painting. Participants will learn the skills of watercolor painting in a fun and supportive environment. All supplies will be provided. Instruction will end at 2:00 but students may stay until 2:30 to finish off any work.

**430659-01** \$20

W 6/7-7/12 12:30pm-2:30pm

**430659-02** \$10

W 8/16-8/30 12:30pm-2:30pm

## INTERMEDIATE WATERCOLOR

(Ages 55 & up) A class for students who are beyond an advanced beginner understanding of working with watercolors and are ready for additional challenges using their own materials. Instruction will end at 2:00 p.m., but students may stay until 2:30 p.m. to finish off any work. Instructor: Alice Power.

**430658-01** \$30

M 6/5-7/17 12:30pm-2:30pm

**430658-02** \$15

M 8/14-8/28 12:30pm-2:30pm

#### **INKLE LOOM I & II**

(Ages 55 & up) Inkle looms are centuries old, but relatively new to the US. "Inkle" simply means "ribbon" or "tape." Instructed by Ibby Dickson, you will be working on a pre-warped inkle loom and learn to weave bands of 1-3 inches to make bracelets, belts, dog collars or leashes, etc. Inkle Loom II includes designing the inkle band, warping the loom, and experimenting with some new techniques. Instructed by Ibby Dickson. A \$3 materials fee is due at the first class.

#### 430657-01

Tu 5/23-6/6 1:00pm-2:00pm

430657-02

Tu 6/13-6/27 1:00pm-2:00pm

#### STITCHING GROUP

(Ages 55 & up) Do you enjoy knitting, crochet, cross stitch, needlepoint, or any type of stitching? Bring your own supplies to work in a relaxed atmosphere enjoying the company of others while stitching those creative projects.

#### 430646-01

F ongoing 12:30pm-2:00pm

#### **FITNESS**

## **BALANCE & STABILITY**

(Ages 55 & up) Glenn Eason leads this upbeat, twice weekly activity, developed by a physical therapist to address balance issues through exercises that improve strength and mobility. The music alone will improve your day!

#### 430637-01

Tu,Th ongoing 11:00am-11:30am

### **CHAIR YOGA**

(Ages 55 & up) Chair yoga is tailored for seniors while seated in a chair, and/or using a chair for support. Mindful awareness, breathing practices, joint movement, gentle stretching, modified yoga poses, balance, core work, brain teasers, and restorative relaxation make up this unique class with a sequential format that is fun, humorous and effective. Chair yoga increases mobility, body awareness, proper alignment, and balance that aids in preventing falls and the issues that follow, fostering independence. No prior experience is necessary. Wear comfortable clothing that you can move around in. Bare feet or socks are encouraged. Led by Lee Terryberry.

#### 430634-01

M ongoing 11:00am-12:00pm

#### PING PONG

(Ages 55 & up) Carver has a devoted collection of ping pong players. New players always welcome!

## 430629-01

Tu	ongoing	9:00am-10:30am
	origoing	3.00am-10.30am
430629-02		
W	ongoing	9:00am-10:00am
430629-03		
Th	ongoing	10:00am-1100am
430629-04	99	
-		
F	ongoing	11:30am-12:00pm

#### **QIGONG**

(Ages 55 & up) Qigong (pronounced chi-gong) is a gentle practice of aligning breath, movement, and awareness during the practice of a series of standing movements.

#### 430645-01

W,F ongoing 10:30am-11:30am **430645-02** M ongoing 1:00pm-2:00pm

#### **TAI CHI-SENIORS**

(Ages 55 & up) Slow-motion routines practiced in a group to promote strength, balance and flexibility. New students welcome. Instructor: Trudy Weaver.

#### 430652-01

Tu ongoing 9:30am-10:30am

#### **VOLLEYBALL**

(Ages 55 & up) Games are not scored, but enthusiasm runs high! All ability levels are welcome, with seated participants encouraged to join in for fun and upper body exercise.

## 430636-01

M,W ongoing 10:00am-11:00am

## **WII SPORTS**

(Ages 55 & up) Explore the world of virtual bowling with this fun activity that provides both entertainment and, surprisingly, some exercise as well.

## 430633-01

W-F ongoing 10:30am-11:00am

#### **FITNESS CENTER**

Adults 55 and older may use our Fitness Center during all operating hours. Free to members.

 M,W
 9:00am-7:00pm

 Tu, Th
 9:00am-8:00pm

 F
 9:00am-5:00pm

 Sa
 9:00am-12:00pm

 Non-member
 Drop-in Fee

Ages 55 & up \$2.00

### **HEALTH & WELLNESS**

#### **BLOOD PRESSURE CHECK**

(Ages 18 & up) Have your blood pressure taken professionally by Inova Loudoun Healthcare staff. No appointment needed.

#### 430605-01

4th Th 10:00am-12:00pm ongoing

#### **BLUE RIDGE SPEECH & HEARING**

(Ages 18 & up) An audiologist is available for cleaning and testing hearing aids, as well as providing resource information. Must preregister by calling 571-258-3400.

#### 430616-01

W 8/2-8/2 10:30am-11:30am

#### INFORMATION

#### **SERVICES FOR SENIORS**

(Ages 55 & up) Provides confidential, supportive assistance linking seniors to services and supports in the community. Will meet on 7/10 instead of 7/3.

#### 430615-01

1st/3rd M ongoing 12:30pm-5:00pm

#### **SOCIALIZING & ENTERTAINMENT**

#### **DAILY CONGREGATE LUNCH**

(Ages 55 & up) Enjoy a full meal in a warm, friendly atmosphere! Please sign up in person or by calling 571-258-3407 before noon on the preceding business day.

\$4/Ages 55-59, Donation/Ages 60 & up M-F ongoing 12:00pm-12:30pm

#### **AFTERNOON TEA**

(Ages 55 & up) Our hostess, Carol Wecherly, will seat you in a cozy Carver Library for an hour of sweets, tea, and conversation. Limited to 14. Free registration begins two weeks before the event.

## 430649-01

6/7-6/7 12:45pm-2:00pm 430649-02

8/2-8/2 12:45pm-2:00pm

#### **MONTHLY BIRTHDAY PARTY**

(Ages 55 & up) Sign up to celebrate your birthday with your Carver friends! We will set a special table, serve cake and festive drinks along with lunch for all who sign up as having birthdays in the current month. Birthday folks are entered in a drawing for a \$5 gift from Carver Advisory Board.

#### 430621-01

ongoing 4th W 12:00pm-12:30pm

#### MONTHLY MOVIE AND LUNCH

(Ages 55 & up) Enjoy your regular lunch with a Movie in the Club Room! Lunch will be served at noon as you settle in to watch this month's movie offering. Please call 571-258-3400 for monthly selections.

#### 430602-01

		1	1
430602-02			
F	7/7-7/7	12:00pm-	-2:00pm
430602-03			

12:00pm-2:00pm

6/2-6/2

8/4-8/4 12:00pm-2:00pm

#### SHARE

(Ages 55 & up) Do you have a cherished object with an interesting story behind it or a photograph of something or someone dear to you? Do you make things? Bring something interesting to share.

#### 430631-01

M ongoing 11:15am-11:30am

#### **WEEKLY & ONGOING PROGRAMS**

#### **BIBLE STUDY**

(Ages 55 & up) This is a non-denominational group that meets each week under the guidance of Chuck Haslet. Thoughtful, lively discussion is typical of this committed group of regular and new attendees. All welcome.

#### 430641-01

Th ongoing 10:45am-11:45am

#### **BINGO**

(Ages 55 & up) At just \$.50 per card, there is little to lose and much to gain by joining us for Bingo.

#### 430635-01

Tu ongoing 12:45pm-1:45pm 430635-02

10:45am-11:45am ongoing

## **BRAIN GAMES**

(Ages 55 & up) This is one of Carver's most popular activities. Led by Maureen Skahan. attendees are challenged with visual puzzle warm-ups, followed by a series of group-solved word games on the white board. Expect banter and wisecracks.

### 430639-01

12:45pm-2:00pm Th ongoing

## **CARDS**

(Ages 55 & up) Come play Canasta in the Carver Library. Beginners welcome!

#### 430655-01

M.Th.F ongoing 9:00am-12:00pm 430655-02

Tu 9:00am-11:00am ongoing

#### E-COMMENT

(Ages 55 & up) Use Carver's computer interface to leave video-recorded comments for the Board of Supervisors, in advance of their monthly meetings. Staff assistance available.

#### 430640-01

Th 10:00am-11:30am ongoing

#### **FARKLE. BOARD GAMES**

(Ages 55 & up) Farkle is a game of chance, played with six dice. Play it once and you will be hooked! Dominoes, Scrabble and other board games are just as irresistible. What are you waiting for!

#### 430620-01

M ongoing 12:45pm-2:00pm

#### **SCRABBLE & BOARD GAMES**

(Ages 55 & up) Keep your vocabulary strong and your mind sharp with a round of this classic word game, or choose from other available options like checkers, chess or cribbage.

#### 430632-01

ongoing 12:30pm-2:00pm

## SENIOR HAIR CUTS

(Ages 55 & up) Free haircuts are offered once a month by a local hairstylist. Six appointments are available by lottery, with up to six waitlist slots. Signup sheet available in Grand Hall during preceding week.

#### 430647-01

1st W ongoing 10:30am-12:00pm

#### SING ALONG WITH WILEY

(Ages 55 & up) Carver Center member Bill Wiley will lead you in a weekly, good ol' sing along. Join Bill and his guitar for this fun, upbeat activity!

#### 430614-01

W ongoing 10:30am-11:30am

#### **THURSDAY CARDS**

(Ages 55 & up) Come in and experience a relaxing afternoon in Carver's cozy library playing old favorites like canasta and euchre. This casual group is happy to teach new players.

#### 430653-01

Th ongoing 1:00pm-4:00pm



430601-01

### **OUTINGS**

#### **CARVER LUNCH BUNCH**

(Ages 55 & up) Lunch with friends at different restaurants. Transportation by bus available to and from the restaurant from the Carver Center for a modest fee. Cost of lunch and tip is extra. Those not requiring transportation must still register (no cost).

Cracker Barrel

F	6/9-6/9	11:00am-2:00pm
430601-02	Self-transp	ort
F	6/9-6/9	11:00am-2:00pm
430601-03	\$4	Cheesecake Factory
F	7/21-7/21	11:00am-2:00pm
430601-04	Self-transp	ort
F	7/21-7/21	11:00am-2:00pm
430601-05	\$4 Johr	n's Family Restaurant
F	8/18-8/18	11:00am-2:00pm
430601-06	Self-transp	ort

#### **SUMMER TREATS**

(Ages 55 & up) Enjoy visiting local ice-cream parlors to beat the heat!

430	1662	-01

M 6/26-6/26 12:45pm- 1:45pm

8/18-8/18 11:00am-2:00pm

430662-02

M 7/24-7/24 12:45pm- 1:45pm

430662-03

M 8/28-8/28 12:45pm- 1:45pm

#### **GROCERY SHOPPING**

(Ages 55 & up) Transportation to local grocery establishments. Skips the second Wednesday.

**430626-01**-10

W ongoing 12:45pm-2:00pm

#### **LEESBURG SHOPPING**

(Ages  $55\ \&$  up) Necessity Shopping -Transportation to Leesburg for light variety shopping.

**430627-01**-03

2nd W ongoing 12:30pm-2:30pm

#### **THRIFT STORE**

(Ages 55~& up) Monthly trip to Blue Ridge Hospice Thrift Store.

#### **430628-01**-03

3rd M ongoing 12:45pm-1:45pm

#### SPECIAL EVENTS/PRESENTATIONS

#### **FATHER'S DAY DANCE**

(Ages 55 & up) Join us for a memorable Father's Day Dance to celebrate all fathers everywhere, with DJ Sky Dantinne.

**430608-01** \$5

F 6/16-6/16 1:00pm-3:00pm

#### NATIONAL SPORTING LIBRARY PRESENTATION

(Ages 55 & up) Located in Middleburg, Virginia, the National Sporting Library & Museum (NSLM) has been preserving, promoting, and sharing the literature, art, and culture of equestrian, angling, and field sports since 1954. The Museum gathers works of world-renowned sporting art in two major loan exhibitions every year. The Library is always free and open to the public, and includes books and manuscripts dating back to 1523. John Connolly, the George L. Ohrstrom, Jr. Librarian at NSLM will present on a very small portion of a collection that spans 400 years of history and includes unique treasures that can't be found anywhere else.

#### 430618-01

F 6/23-6/23 1:00pm- 2:00pm

## **INDEPENDENCE DAY**

(Ages 55 & up) Celebrate Independence Day at Carver with a good ol' Picnic Lunch followed by rip roaring entertainment!

## 430624-01

6/30-6/30 12:00pm-1:30pm

#### PRESCRIPTION DRUG ABUSE PRESENTATION

(Ages 55 & up) Stephen Hood, Health Educator from the Loudoun County Health Department, will give a presentation and show a portion of a video from the Virginia Attorney General's Office about prescription drug abuse and how it is leading to addiction to heroin and other very dangerous drugs.

#### 430654-01

7/14-7/14 1:00pm- 2:00pm

#### **DEBUTANTE BALL**

(Ages 55 & up) The National League of Junior Cotillions will be hosting YOU for their annual Senior Debutante Ball. Indulge in an afternoon of tasty treats, dancing, games and special treatment! Wear your Sunday best for this delightful event!

#### 430661-01

Th 7/20-7/20 12:30pm-2:30pm

#### **COUNTY FAIR SENIOR DAY**

(Ages 55 & up) Join us for Senior Citizen Day at the County Fair. The bus will take you to the fair where you can play bingo, look at the various animals and of course, enjoy the many fairground food offerings! Regular bus riders who register to attend this event will be picked up one hour early. Registration deadline is by close of business Monday 7/24.

#### 430617-01

Th 7/27-7/27 9:30am-12:30pm

## **FALL PREVENTION PRESENTATION**

(Ages 55 & up) Lisa Braun, Public Education Manager with Loudoun County Department of Fire and Rescue will provide tips on Fall Prevention and when to contact 911 with a medical emergency.

#### 430663-01

F 8/25-8/25 1:00pm- 2:00pm



# SUMMER 2017 FAN CARE PROGRAM

Sponsored by Dominion Virginia Power

Fans and limited summer cooling assistance are available for income-eligible persons age 60 or older.

## June 1- September 30, 2017

Please call Loudoun County Area Agency on Aging 703-777-0257



## Are You Interested in the Future of Your Community? Consider Serving on PRCS Advisory Boards!

## Parks, Recreation & Open Space Board (PROS)

PROS members are appointed by the Board of Supervisors. The board acts in an advisory capacity in recommending policies and procedures, and provides a forum for citizens' issues related to parks, recreation and open space. PROS representatives work with the Department of Parks, Recreation and Community Services staff to identify opportunities and make recommendations that will enhance and preserve parks, recreation and open space in the county.

Meetings are held at 7:30 a.m. on the first Saturday of the month. The public is invited.

## Commission on Aging (COA)

COA representatives are appointed by the Board of Supervisors. The commission advises the Loudoun County Area Agency on Aging staff and the Board of Supervisors on matters of concern to older residents.

Meetings are held at 9:30 a.m. on the third Thursday of the month. The public is invited.

## **Advisory Commission on Youth (ACOY)**

The Advisory Commission on Youth comprises members appointed by the Board of Supervisors, along with representatives from community agencies and student liaisons from public and private high schools. The role of ACOY is to advise the Board of Supervisors and PRCS staff on youth issues and to serve as a forum for community concerns. Members also work in conjunction with the Loudoun Youth Initiative (LYI) to foster programs and services necessary for the wholesome development of youth in Loudoun County.

Meetings are held at 7:00 p.m. on the fourth Monday of the month. The public is invited.

#### **Local Advisory Boards**

In addition to appointed boards, PRCS centers, parks, and specialty programs rely on volunteers to serve on local advisory boards. Most boards meet monthly and assist in the development, planning, and implementation of programs and activities. If you are interested in serving on a local board, contact the center, park, or program of your choice.



For more information, call 703-777-0343 or visit www.loudoun.gov/prcs.

## CLAUDE MOORE COMMUNITY CENTER

46111 Loudoun Park Lane Sterling, VA 20164

571-258-3500

M-Th 8:00am-8:00pm F 9:00am-5:00pm Sa 9:00am-2:00pm

Supply & material fees are payable to the instructor at the first class.



#### PRESCHOOL AGE PROGRAMS

#### MY FIRST PRESCHOOL M/W AM

(Ages 2-2½) Your child's first preschool class is a unique experience with books, songs, socialization, art, games, music dance and more! Register in person at Claude Moore Community Center.

**610130-03** \$72

M,W 9/11-9/27 9:30am-11:00am

#### MY FIRST PRESCHOOL M/W

(Ages 2-2½) See description for Monday, Wednesday AM.

**610131-03** \$72

M,W 9/11-9/27 11:30am-1:00pm

#### MY FIRST PRESCHOOL TU/TH AM

(Ages  $2-2\frac{1}{2}$ ) See description for Monday, Wednesday AM.

**610132-03** \$72

Tu,Th 9/12-9/28 9:30am-11:00am

#### MY FIRST PRESCHOOL TU/TH PM

(Ages 2-2½) See description for Monday, Wednesday AM.

**610133-03** \$72

Tu,Th 9/12-9/28 11:30am-1:00pm

#### MUSIC TOGETHER

(Ages Birth-4yrs) Music Together is a research-based, internationally-recognized music and movement program. It engages early child-hood music development for children and their caregivers through mixed-age classes. Come have a blast making music with us! Supply fee payable to Mindful Music LLC.

**610170-01** \$96 (+\$40 materials)

Th 6/29-8/3 4:00pm-4:45pm

**610170-02** \$96 (+\$40 materials)

Sa 7/1-8/5 10:00am-10:45am

#### **ELEMENTARY PROGRAMS**

#### **HIP HOP DANCE CLASS**

(Ages 6-12) Elementary students will learn the fundamentals of Hip Hop Street Dance. Students will focus on rhythm, body isolations, coordination, flexibility, performance technique and hip hop combinations. Students will increase stamina, coordination, strength, stretch, stamina, and an ear for rhythm. Students will also develop the basics in hip hop styles such as Electric Boogie, Uprock, Funk, Street Dance, House Dance and Stepping. Hip Hop choreography will be set on students for a showcase. Instructor: Heather Orr of Soho Performing Arts.

**610272-01** \$96

W 5/10-6/28 3:30pm-4:30pm



# CLAUDE MOORE RECREATION CENTER

46105 Loudoun Park Lane Sterling, VA 20164

#### 571-258-3600

571-258-3601 (fax)

http://www.loudoun.gov/claudemoorerec

#### Facility Hours:\*

M-F 5:00am-9:30pm • Sa-Su 8:00am -8:00pm Competition Pool

M-F 5:00am-9:15pm • Sa-Su 8:00am-7:45pm **Leisure Pool & Spa** 

M-F 9:00am-8:45pm • Sa-Su 11:00am-7:45pm

\*Please call for availability of the leisure pool and rock wall; hours are subject to change.

Open 11am-6pm Memorial Day, 5/29

Closes at noon (12:00 PM) July 4

Open 11am-6pm Labor Day, 9/4

Entire facility is closed 8/21 -9/3 for annual maintenance, and reopens 9/4. Call ahead, or check the website for availability.

#### **ADMISSION FEES**

Ages 3-17 & 55+

Ages 18-54

Senior

Senior Couple

All admissions include access to the fitness center, competitive pool, leisure pool, gymnasium, indoor track, and open time on the rock wall. Full payment by cash, check, Visa, MasterCard, or Discover is due at time of purchase.

Daily	Resident	Non-Res
Under 3	Free	Free
(plastic training pants	required)	
Ages 3-17	\$3.75	\$5.75
Adults 18-54	\$5.50	\$8.25
Ages 55+	\$3.75	\$5.75
Chaperone Fee*	\$2.00	\$2.00
(*Adults accompanying	g children 5-12	2, but not
using CMRC amenities	s; MUST be in <sub>l</sub>	oool with
children under 5 and pay full admission fee.)		

## Admission Pass (25 admissions no expiration)

\$85

\$120

\$34

\$52

\$128

\$180

\$50

\$78

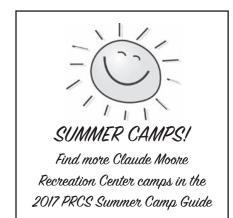
Monthly Passes (unli	mited use)	
Single Adult	\$46	\$69
Two Adults (Family)	\$71	\$107
Family Dependent*	\$12	\$18
Family	\$84	\$125
Student Pass**	\$34	\$50

#### Annual Membership (unlimited use)

iimitea use)	
\$550	\$825
\$850	\$1275
\$140	\$210
\$1000	\$1500
\$400	\$600
	\$550 \$850 \$140 \$1000

Senior	\$400	\$600
Senior Couple	\$620	\$930

\*Family Dependent: individual up to age 17 claimed as a dependent for tax purposes. There must also be an adult or senior pass in this household to purchase a family dependent pass. \*\*Student Pass: individual with valid school ID



## **GENERAL INFORMATION**

#### **FACILITY RENTALS**

Rental options include a carpeted, multi-purpose room, catering kitchen, gymnasium, conference room, and small classrooms. Visit us for a tour and to schedule your event. Payment is due at time of reservation.

#### **BIRTHDAY PARTIES**

Swim or play with your guests and enjoy a meal in one of our Party Rooms. Party packages are available Friday evenings, Saturdays and Sundays for groups of 15 participants or less. Visit us online for package details, prices and forms, and stop by to secure a date. Full payment is due at time of reservation.

#### **AQUATICS & SAFETY PROGRAMS**

Refer to the AQUATICS section of this guide for swim lessons, lifeguard classes and aquatic exercise.

#### **ADULT FITNESS & SPORTS PROGRAMS**

#### **THE CLAUDE MOORE 24**

(Age 18 & up) Fitness class -may be strenuous. Sometimes less is more. In just twenty-four minutes of high energy exercise this class combines strength and conditioning into one highly efficient workout. Adaptable to all fitness levels, you will be coached and encouraged through four rounds of an eight-exercise circuit. Each round provides an opportunity to improve technique and further challenge you physically. Class is held in the Fitness Center.

**473540-01** \$98.00

W,F	6/2 -7/12	5:30pm-6:00pm
473540-0	<b>)2</b> \$98.00	
W,F	6/2-7/12	6:00pm-6:30pm
473540-0	<b>)3</b> \$98.00	
Tu,Th	6/1-7/11	5:30pm-6:00pm
473540-0	<b>)4</b> \$98.00	
Tu,Th	6/1-7/11	6:00pm-6:30pm
473540-0	<b>)5</b> \$98.00	
W,F	7/14-8/18	5:30pm-6:00pm
473540-0	<b>)6</b> \$98.00	
W,F	7/14-8/18	6:00pm-6:30pm
473540-0	<b>)7</b> \$98.00	
Tu,Th	7/13-8/17	5:30pm-6:00pm
473540-0	<b>)8</b> \$98.00	
Tu,Th	7/13-8/17	6:00pm-6:30pm

#### **KETTLEBELL FUNDAMENTALS 1**

(Age 18 & up) Fitness class -may be strenuous Using kettlebells in your fitness routine can challenge your body and build strength, stamina, endurance and flexibility unlike no other equipment. Learn and perfect the five basic single-bell movement skills: Goblet Squat, Deadlift, Overhead Press, Get-Up, and Swing. Readily translates to improved performance of everyday activities.

**473552-01** \$80 12:30pm-1:30pm Sa 6/3-7/22

#### 55+ STRENGTH TRAINING

(Ages 55 & up) Fitness class -may be strenuous. As we age, strength training becomes more important. Regular exercise helps boost energy, increase mobility, improve balance & flexibility, manage symptoms of illness or pain, reduce the risk of injury or falls, and sustain your physical independence. Class provides a great workout and education on a variety of strength training interventions. Class is held in the Fitness Center.

\$91.00	
6/2-7/12	12:00pm-12:45pm
\$91.00	
6/1-7/11	9:00am-9:45am
\$83.00	
7/14-8/18	12:00pm-12:45pm
\$83.00	
7/13-8/17	9:00am-9:45am
	6/2-7/12 \$91.00 6/1-7/11 \$83.00 7/14-8/18 \$83.00

#### THE BODY SHOP

(Age 55 & up) Fitness class -may be strenuous. Maintenance and repair for your 'high-mileage' body. Designed to help older adults 'tune-up' their aging muscular system. This class focuses on replacing muscle lost during the aging process and improving functional abilities for everyday life. It will help you in developing strength and flexibility strategies for managing aches and pains, with balance and gait deficiencies, and in coping with chronic or degenerative diseases. Class is held in the Fitness Center.

473601-01	\$45.00	
F	6/2-7/7	9:00am-9:45am

473601-02 \$45.00

7/14-8/18 9:00am-9:45am

#### FITNESS TRAINING & PROGRAM DESIGN

#### ADULT FITNESS ORIENTATION

(Ages 16 & up) May be strenuous. Learn the fundamentals of working out and exercise equipment use. Provides general recommendations for an effective exercise routine -including warm-up, resistance training, cardiovascular training, and recovery. Contact Tom.Milenkevich@loudoun.gov or call 571-258-3600 to schedule.

Included with admission M-Su 6/1-8/20

#### ADULT MOVEMENT ASSESSMENT

(Age 16 & up) An evaluation of your basic movement ability in seven fundamental patterns key to daily life. Identifies total body mobility & stability, functional limitations, and asymmetries. Helps you improve exercise performance and decrease risk of injury. Contact Tom.Milenkevich@loudoun. gov or call 571-258-3600 to schedule.

Included with admission 6/1-8/20 M-Su

#### YOUTH FITNESS ORIENTATION

(Ages 12-15) May be strenuous. Introducing exercise & fitness habits early in life helps support healthy habits later in life. Two 45-minute sessions for youth to learn the fundamentals of exercise, proper form, lifting technique, and safety. Contact Tom.Milenkevich@loudoun.gov or call 571-258-3600 to schedule.

\$15

M-Su 6/1-8/20

#### PERSONAL TRAINING

(Ages 12 & up) Claude Moore Recreation Center offers 30 minute and 55 minute individual and partner Personal Training sessions to our patrons. We offer sessions on a one-time basis as well as 5 or 10 session blocks. We cannot quarantee that we can fulfill every request but we will make every effort to do so. Contact Tom. Milenkevich@loudoun.gov or call 571-258-3600 to schedule.

## PERSONAL TRAINING STARTER PACK

A total of four 30-minute, one-on-one personal training sessions. Builds on the Exercise Orientation to further help you progress your workout routine and efficiently achieve results.

\$120 residents / \$180 non-county residents M-Su

3/1-5/31

#### PERSONAL TRAINING

Private	Partner
\$55	\$80
\$250	\$375
\$475	\$715
	\$55 \$250

1 session -30 min	\$35	
Non-residents	Private	Partner
1 session -55 min	\$80	\$120
5 session -55 min	\$375	\$565
10 session -55 min	\$715	\$1075
1 session -30 min	\$50	

#### **GROUP EXERCISE\***

The following classes are held in the Dance Studio and are included with your admission pass. Registration is NOT required. Please check our web page and Facebook for the monthly schedule.

#### **BOOTCAMP**

(Ages 16 & up) This class is designed to push people a little further than they normally push themselves.

### 973509-01

Tu.Th 10:35am-11:15am ongoing

#### **FUNCTIONAL STRENGTH TRAINING**

(Ages 16 & up) Increase your energy and achieve optimal fitness levels while having fun and remaining safe during training. When your whole body is strong and works synergistically. you develop a flow and strength that isn't easily gained by traditional muscle isolation/circuit machine work. Eliminate daily aches and pains.

973516-01

Sa ongoing 11:15am-12:15pm

## **HATHA YOGA**

(Ages 16 & up) Traditional yoga practice designed to help bring the body into alignment though a series of poses or asanas while drawing attention to the breath. Good way to build strength, flexibility and energy flow in the body while cultivating calmness in the mind. Beginners welcome.

#### 973504-01

IU, III	origoirig	8: 15am-9: 15am
973504-02		
F	ongoing	9:30am-11:00am
973504-03		
M,W	ongoing	6:00pm-7:15pm

#### **PILATES**

(Ages 16 & up) Fitness class -may be strenuous. This core stability and body-conditioning. mat-based class combines correct breathing, body alignment and form to improve strength, flexibility and posture, as well as unite body and mind in a stress-free atmosphere.

## 973505-02

Tu.Th 9:30am-10:25am ongoing

#### STRETCH & RESTORE

(Ages 16 & up) Feeling tight after all your workouts? This class will help you loosen those muscles & relax.

#### 973507-01

M,W 10:35am-11:15am ongoing

#### TABATA HIIT

(Ages 16 & up) Interval training class using only the 20/10 Tabata protocol. This is a total body workout to give you the max fat & calorie burn while building strength. Regardless of your fitness level, anyone can participate in this class.

#### 973506-01

M.W 9:45am-10:25A ongoing

#### **TONING FUSION**

(Age 16 & up) Combines the muscle-sculpting, core-firming benefits of Pilates with the strength and flexibility advantages of yoga. We crank up the speed to deliver a true fat-burning, low-impact workout by introducing you to dynamic, flowing sequences that can burn serious calories.

#### 973510-01

W 7:30pm-8:30pm ongoing

#### YIN YOGA

(Ages 16 & up) Quieter yoga that uses longer-held poses to benefit the body's deeper connective tissue. Perfect complement to other high impact forms of exercise that leave muscles and joints feeling tight. Also great meditative practice to help still the mind.

#### 973503-01

M.W ongoing 8:30am-9:20am

#### **ZUMBA**

(Age 16 & up) With high tempo music and the latest dance moves from salsa and Zumba to hip/hop this class is guaranteed to whip you into shape and energize your day.

## 973508-02

M ongoing 7:30pm-8:30pm 973508-03 5:30pm-6:30pm ongoing

\*More group exercises classes are coming soon! Be on the lookout for flyers at the center.

#### **MARTIAL ARTS/SELF DEFENSE PROGRAMS**

#### TAI CHI 4 ADULTS

(Ages 16 & up) Tai chi is an ancient Chinese form of mind, body, and spirit exercise that uses slow, circular movements. Low-impact and great for adults and seniors. This class is included with your admission pass. Registration is not required.

#### 973515-01

Tu ongoing 7:00pm-8:15pm

## DOUGLASS COMMUNITY CENTER

405 East Market Street Leesburg, VA 20176

#### 703-771-5913

M-F 7:00am-9:00pm Sat. 8:00am-4:00pm

Supply & material fees are payable to the instructor at the first class



## SUMMER CAMPS!

Find more Douglass Community Center camps in the 2017 PRCS Summer Camp Guide

## TODDLER & PRESCHOOL AGE PROGRAMS

#### **GALLERY OF ART**

(Ages 2-3) Children are introduced to a variety of materials to create astonishing artwork. Each Friday will be a new medium and theme.

404107-01	\$5	Sand Art
F	6/16-6/16	10:30am-11:00am
404107-02	\$5	Canvas Art
F	7/14-7/14	10:30am-11:00am
404107-03	\$5	Sponge Art
F	8/18-8/18	10:30am-11:00am

#### **SUMMER CRAFTS FOR TOTS**

(Ages 12-18 mos) Celebrate the summer by creating crafts with your toddler. This is a great chance to meet other families and make new friends. Parent participation required.

**404102-01** \$5

Tu 6/20-6/20 10:30am-11:00am

**404102-02** \$5

Tu 7/18-7/18 10:30am-11:00am

**404102-03** \$5

Tu 8/22-8/22 10:30am-11:00am

#### THINGS THAT MOVE

(Ages 2-3) VROOM, VROOM, VROOM! Make transportation crafts to include cars, trains, boats, and planes.

**404103-01** \$5

W 6/21-6/21 10:00am-10:30am

**404103-02** \$5

W 7/19-7/19 10:00am-10:30am

**404103-03** \$5

W 8/16-8/16 10:00am-10:30am

#### YOU ARE MY SUNSHINE

(Ages 18-36 mos) Make sun catchers and a sunshine craft to decorate your home for the season. Parent participation required.

**404114-01** \$5

F 7/28-7/28 9:30am-10:00am

#### LAST CHANCE HOO-RAH!

(Ages 3-5) School is right around the corner, so let's enjoy what is left of summer! Enjoy time with your friends playing games, making crafts and enjoying outside water play. Bring a lunch and a drink.

**404152-01** \$20

F 8/11-8/11 11:00am-2:00pm

## PRESCHOOL & ELEMENTARY AGE PROGRAMS

#### MY FIRST WOODWORKING

(Ages 5-7) Children get a hands-on learning experience building on their own. This start to finish project teaches kids how to hammer, use a screwdriver, sand, and paint in a safe environment.

404199-01	\$35	Flower Box
W	6/14-6/14	11:30am-1:30pm
404199-02	\$35	Bird Feeder
W	7/12-7/12	11:30am-1:30pm
404199-03	\$35	Stool
W	8/16-8/16	11:30am-1:30pm

#### WE SCREAM FOR ICE CREAM

(Ages 4-8) Treat your child to this delicious class! We'll create a new tasty ice cream based dessert each week along with a craft. After ice cream and craft, we will play a game.

\$12	Sundaes
6/15-6/15	3:00pm-4:00pm
\$12 I	ce Cream Sandwich
7/20-7/20	3:00pm-4:00pm
\$12	Banana Split
8/24-8/24	3:00pm-4:00pm
	6/15-6/15 \$12   7/20-7/20 \$12

#### PARENTS MORNING OUT

(Ages 3-8) Let your child or children have a morning out. They will enjoy meeting and interacting with new friends. They will enjoy a variety of activities including video games, crafts, gym time and more.

**404104-01** \$20

Sa 6/17-6/17 10:30am-1:00pm

**404104-02** \$20

Sa 7/15-7/15 10:30am-1:00pm **404104-03** \$20

Sa 8/19-8/19 10:30am-1:00pm

### **ELEMENTARY AGE PROGRAMS**

#### **MUSEUM MAGICAL MYSTERY**

(Ages 5-11) We will travel virtually to museums around the world where we will learn interesting facts! But pay attention to the facts as they point to the mystery artist!! Throughout the week children will explore a variety of art mediums, which may include watercolors, tempera paint, oil pastels, air dry clay and more. Come create your own masterpieces each day and have fun playing theme inspired games. Children may bring a drink and peanut-free snack and lunch. Instructor: Abrakadoodle.

**404240-01** \$285 (+\$40 supplies) M-F 6/19-6/23 9:00am-4:00pm

#### **BEACH PARTY**

(Ages 5-11) Summer is the best time for catching rays and waves while having a summer blast of FUN! This salute to summer includes creative art projects that are inspired by the beach. Throughout the week, children will explore a variety of art mediums that may include watercolors, tempera paint, oil pastels, air-dry clay and more. Create masterpieces each day and have fun playing theme-inspired games. Children may bring a drink and peanut-free snack and lunch. Instructor: Abrakadoodle.

**404222-01** \$285 (+\$40 supplies) M-F 8/14-8/18 9:00am-4:00pm

#### **MIDDLE SCHOOL AGE PROGRAMS**

#### **SIX FLAGS COASTER MASTERS**

(Entering Grades 6-8) This trip will go to six flags on all of the below dates. Six Flags America features more than 100 thrilling rides, shows, and attractions! A Six Flags Season Pass will be included. If you would like to go to the park during the weekend or after this camp is over, you can sign out your season pass. Trips are generally between 9:00 a.m. and 5:00 p.m., however you can drop-off as early as 7:00 a.m. and pick-up as late as 6:00 p.m. Bring sunscreen, lunch, snack, drink and camp shirt. The trip on 7/11 is to Great Adventure NJ, departing at 6:30 a.m. and arriving back at DCC at 9:00 p.m. Email dcc@loudoun.gov or find more information at www.sixflags.com. Trips are on 6/20, 7/5, 7/11, 7/18, 8/1, 8/15.

**404303-01** \$240

Tu,W 6/20-8/15 7:00am-6:00pm

## SIX FLAGS SUMMER WATERPARK FUN PASS

(Entering Grades 6-8) Ready to get wild? This trip will go to Six Flags Waterpark on all of the below dates. From large pools and lazy rivers to multi-passenger rafting adventures and speed slides, you will find water rides and experiences for everyone in your crew. A season pass will be included. If you would like to go to the park after this camp is over, you can sign out your season pass. Trips are generally between 9:00 a.m. and

5:00 p.m.; however, you can drop-off as early as 7:00 a.m. and pick-up as late as 6:00 p.m. Bring sunscreen, lunch, drink, snack, camp shirt, swim suit underneath clothes, undergarments for after swimming and a towel. Trip days: 6/22, 7/7, 7/13, 7/20, 8/3, 8/17. Email dcc@loudoun. gov or find more information at www.sixflags. com.

**404302-01** \$240

Th,F 6/22-8/17 7:00am-6:00pm

#### **DORNEY PARK AMUSEMENT DAY**

(Entering Grades 6-8) Dorney Park features some of the world's most prominent roller coasters, including Steel Force and the ninth longest steel roller coaster. Transportation by restroom-equipped, luxury motor coach. Bring sunscreen, lunch, drink, snack, dinner and camp shirt. Email dcc@loudoun.gov.

**404305-01** \$70

Tu 6/27-6/27 7:00am-9:00pm

## TUBING AT HARPERS FERRY ADVENTURE CENTER

(Entering Grades 6-8) We invite you to explore the ancient Potomac River nestled in our floating tubes. Tubing is ideal for discovering the abundant wildlife, plants and geology in these amazing riverine ecosystems. NOTE: A signed waiver is required prior to the trip. Bring sunscreen, lunch, drink, snack, camp shirt, swim suit underneath clothes, undergarments for after swimming, and tennis shoes for the water. No open-toe shoes in the water. Trips are generally between 9:00 a.m. and 5:00 p.m.; however, you can drop-off as early as 7:00 a.m. and pick-up as late as 6:00 p.m. Email dcc@loudoun.gov or find more information at www.harpersferryad-venturecenter.com

**404306-01** \$60

W 7/19-7/19 8:30am-4:30pm

## **ADVENTURE AWAITS AT MEDIEVAL TIMES**

(Entering Grades 6-8) Be swept away to an age of bravery and honor and witness epic battles of steel and steed. From ringside seats, discover a feast for the eyes and appetite, with all the splendor and romance of 11th Century Spain. Bring sunscreen, drink, snack and camp shirt. Lunch is provided! Trips are generally between 8:00 a.m. and 5:30pm.m.; however, you can drop-off as early as 7:00 a.m. and pick-up as late as 6:00 p.m. Email dcc@loudoun.gov or find more information at www.medievaltimes.com/baltimore.

**404307-02** \$65

Th 7/27-7/27 8:00am-5:30pm

#### AMUSEMENT PARK DAY AT KENNYWOOD

(Entering Grades 6-8) Kennywood is one of the oldest and most beloved amusement parks in America. Kennywood is a unique experience and remains one of America's finest traditional amusement parks. In fact, it is what memories are made of! Transportation by

restroom-equipped, luxury motor coach. Bring sunscreen, lunch, snack, drink, dinner and camp shirt. Email dcc@loudoun.gov or find more information at

**404308-01** \$70

Tu 8/8-8/8 6:30am-9:30pm

#### ROPES COURSE AT SANDY SPRINGS ADVENTURE PARK

(Entering Grades 6-8) The 140 wooded acres of Sandy Spring Friends School includes a five-acre aerial forest ropes park with more than 150 platforms in the trees connected by configurations of cable, wood and rope to form bridges and zip lines. Bring sunscreen, lunch, snack, drink and camp shirt. NOTE: A signed waiver is required. Trips are generally between 8:00 a.m. and 5:00 p.m.; however, you can drop-off as early as 7:00 a.m. and pick-up as late as 6:00 p.m. Email dcc@loudoun.gov or find more information at www.sandyspringadventurepark.org.

**404309-01** \$65

W 8/16-8/16 8:00am-5:00pm

## DULLES SOUTH MULTIPURPOSE CENTER

24950 Riding Center Drive South Riding, VA 20152

571-258-3456

M, W, F 7:00am-6:30pm Tu, Th 7:00am-9:00pm SA 8:00am-2:00pm

Supply & material fees are payable to the instructor at the first class.



## PRESCHOOL & ELEMENTARY AGE PROGRAMS

#### POM POM PREP K-2

(Grades K-2) Prep and skill workshop for boys and girls interested in joining cheer squads in the fall or want to come have fun and be part of a summer squad, not an actual team. Participants will acquire basic knowledge of cheer leading. This will range from a wide variety of motions, jumps, and cheers while also building strong teamwork skills.

**405200-01** \$180

M,W 6/12-8/2 4:30pm-6:30pm

#### **UNDER THE BOARDWALK**

(Ages 4-5) Come and join the fun as we search for beach treasures buried in the sand! We will be making crafts, meet new friends and have fun. Pack a peanut-free lunch and drink each day! Call the Dulles South Multipurpose Center at 571-258-3456 for more information. Instructors: Ms. Gail and Ms. Jamie F.

**605115-01** \$110

M-Th 6/5-6/8 9:00am-1:00pm

#### **UNDER THE SEA**

(Ages 4-5) Let's dive deep to the bottom of the ocean to explore many beautiful things under the surface. We will make crafts, meet friends and create fun memories. Pack a peanut-free lunch and drink each day! Call the Dulles South Multipurpose Center at 571-258-3456 for more information. Instructors: Ms. Gail & Ms. Jamie.

**605116-01** \$110

M-Th 6/12-6/15 9:00am- 1:00pm

#### **PLAYGROUND GAMES II**

(Ages 4-6) Your little one will enjoy some "old school" games in a relaxed, low structure atmosphere. They will learn: duck, duck, goose; kickball; scooters; hula hoops; parachute games and more! Camp will be in the gym and outside, dress appropriately. There will also be time on the playground. Pack a peanut-free snack and drink. This camp is set for the older age group, with slightly advanced activities. Instructors: Coach Carol & Coach Traci.

**605103-01** \$80

M-Th 6/5-6/8 12:30pm- 3:30pm

#### PRESCHOOL SUMMER FUN CAMP

(Ages 4-7) Come and make your own cool summer crafts, play fun games, read stories and listen to music. Campers will practice their math skills with math games and activities. Please pack a peanut-free lunch, snack and water bottle. Dress for both indoor and outdoor activities, including sunscreen. Instructor: Ms. Suman.

**605112-01** \$200

Tu,W,Th,F 6/6-6/9 9:00am-3:00pm

#### KINDERGARTEN BOOT CAMP

(Ages 4½-6) Are you ready for kindergarten? Give your young camper a chance to practice academic skills and get ready for the school year. We will review letters, numbers, colors and shapes. Practice math fun facts, listen to music and enjoy snow cones. Please pack a peanut-free lunch, snack and water bottle. Dress for both indoor and outdoor activities, including sunscreen. Instructors: Ms. Suman & Ms. Aida.

**605109-01** \$170

M,Tu,W,Th 7/24-7/27 9:00am-3:00pm

#### PRESCHOOL BOOTCAMP

(Ages 4-6) ABC's & 123's plus colors, shapes and surprises! Campers will enjoy a fun academic review before heading back to school. Pack a nut-free lunch, drink and water for outside play. Instructor: Ms. Jane M

**605114-01** \$140

M,Tu,W,Th 8/7-8/10 9:00am-1:00pm

**605114-02** \$140

M,Tu,W,Th 8/14-8/17 9:00am-1:00pm

#### **LEGO® SCIENCE SMART**

(Ages 4-5½) Young campers discover the joy of building goal oriented LEGO Duplo and other models while learning concepts in Science. In this camp by Science Cosmos, kids work in pairs and get hands-on opportunity to build models that move. They learn to problem solve and make things work. Campers are introduced to a variety of science vocabulary and they learn how to apply them to the projects they are constructing. Budding LEGO engineers actively build, explore and learn, all while having fun! Instructor: Science Cosmos.

**605254-01** \$189

M,Tu,W,Th,F 8/14-8/18 9:00am-12:00pm

## ELEMENTARY & MIDDLE SCHOOL AGE PROGRAMS

#### **HIP HOP DANCE**

(Ages 7-14) Girls and boys will enjoy and learn the fundamentals of Hip Hop Street Dance. This is a high-energy dance class that focuses on rhythm, body isolations, coordination, flexibility and technique. Students will learn the fundamentals of Electric Boogie, Uprock, Funk, Break, Lock & Pop and House Dance. Hip Hop team choreography will be placed on students. Instructor: SoHo Performing Arts.

**405258-01** \$48

M 6/5-6/26 4:00pm-5:00pm **405258-02** \$48

**403230-02** φ40

M 7/10-7/31 4:00pm-5:00pm

**405258-03** \$48

M 8/7-8/28 4:00pm-5:00pm

#### **JAVA MINECRAFT**

(Ages 7-14) Campers will learn Java programming and basic coding concepts as they design and build their own customized Minecraft Server. Instructor: All Star Tech.

**605288-01** \$185

M,Tu,W,Th,F 6/12-6/16 9:00am-12:30pm

#### **3D GAME DESIGN**

(Ages 7-14) Campers will learn how to operate and design within a three dimensional space. They gain a thorough understanding of the X, Y,

and Z axes as they create complex 3D layouts for their levels. Instructor: All Star Tech.

**605289-01** \$185

M,Tu,W,Th,F 6/12-6/16 12:30pm-4:00pm

#### KIDDING AROUND YOGA

(Ages 9-10) Kidding Around Yoga (KAY) provides an amazing curriculum designed to motivate children to be active, build confidence and manage the spectrum of emotions they experience day-to-day. The KAY system teaches children the science of yoga by incorporating fun and original music, plus the traditional benefits of yoga -meditation, breathing techniques, peace and deep relaxation. Students will also enjoy arts and crafts and story-telling! Please pack a peanut-free snack and drink. Bring your own yoga mat or beach towel and dress comfortably! Instructor: Melissa Roberts.

**605226-01** \$108

M,Tu,W,Th 6/19-6/22 9:00am-12:00pm

#### JR. MINECRAFT PROGRAMMING

(Ages 6-9) Using a custom mod called "Computer craft," students will learn how to program robots called "Turtles" inside the world of Minecraft. Kids will utilize problem-solving skills by learning how to program their robots to complete various tasks and objectives such as programming their turtles to automatically build, mine, and craft items and structures. They will be introduced to programming if-then-else statements, for-while loops, and implement their own functions using Lua, a simple scripting language. Looking for a fun way to introduce your child to programming? Why not do it using a game they love! Instructor: C3 Cyber Club.

**605280-01** \$275

M,Tu,W,Th,F 6/19-6/23 9:00am-12:00pm

#### MINECRAFT PROGRAMMING

(Ages 10-14) See description for Jr. Minecraft Programming.

**605281-01** \$275

M,Tu,W,Th,F 6/19-6/23 1:00pm-4:00pm

## SILVER KNIGHTS CHESS CAMP

(Ages 5-13) Learn about chess from the Silver Knights Chess coaches! We have taught tens of thousands of children, including multiple state and national champions. Campers are broken up into groups by skill level, so we accept anyone from total beginners up through experienced and highly-rated tournament players. Each camper receives a T-shirt and a tournament-style chess set. Campers will take periodic breaks for snacks/lunch/recess. Activities include learning basic rules and strategy, opening, tactics, endgames, studying master games, playing games and analyzing games against fellow students. Please pack a lunch. Instructor: Silver Knights Chess.

**605261-01** \$343

M,Tu,W,Th,F 6/26-6/30 9:00am-4:00pm

605261-02 \$214 M,Tu,W,Th,F 6/26-6/30 9:00am-12:00pm 605261-03 \$214 1:00pm-4:00pm M,Tu,W,Th,F 6/26-6/30 605261-04 \$343 9:00am-4:00pm M,Tu,W,Th,F 7/24-7/28 605261-05 \$214 M,Tu,W,Th,F 7/24-7/28 9:00am-12:00pm 605261-06 \$214 M,Tu,W,Th,F 7/24-7/28 1:00pm-4:00pm

#### **SECRET AGENT LAB**

(Ages 6-12) Suspects! Schematics! Sleuths! Connect the dots using science to help solve a crime in this hands-on investigation of the science of sleuthing. Uncover the science involved in evidence gathering and analysis and fingerprinting detection. Enhance your recall and observation skills and learn how to use spy equipment. Instructor: Mad Science.

 605275-01
 \$325

 M,Tu,W,Th,F
 7/10-7/14
 9:00am-4:00pm

 605275-02
 \$190

 M,Tu,W,Th,F
 7/10-7/14
 9:00am-12:00pm

 605275-03
 \$190

 M,Tu,W,Th,F
 7/10-7/14
 1:00pm-4:00pm

#### ANIME WORKSHOP -YR

(Ages 6-12) Learn to make your own Anime cartoons! We will draw faces with classic oversized eyes and stylized hair, and characters in full figure poses. We will illustrate our own action-packed Anime comic book scene that tells a story in frame-by-frame story layout. Instructor: Young Rembrandts.

**605237-01** \$225

M,Tu,W,Th,F 7/10-7/14 1:00pm-4:00pm

#### **POM POM PREP 3-8**

(Grades 3-8) See description for Grades K-2.

**405201-01** \$180

Tu,Th 6/13-8/3 4:30pm-6:30pm

#### **NATURE PHOTOGRAPHY**

(Ages 8-14) Learn how to use a digital camera and take as many pictures as you want. We will explore our on-site nature areas and local parks. A \$25 non-refundable deposit is required for registration (can be paid online!) with the balance to be paid 2 weeks before camp starts.

605361-00 \$25 Deposit 605362-01 \$175 Balance 7/17-7/21 M,Tu,W,Th,F 7:00am-6:00pm 605365-00 \$25 Deposit 605366-01 \$175 Balance M.Tu.W.Th.F 8/7-8/11 7:00am-6:00pm

#### **SK ENGINEERING**

(Ages 7-11) Campers will explore engineering through collaborative, hands-on activities using the Engineering Design Process (Ask, Imagine, Plan, Create, and Improve). In this camp, we'll

learn about invasive species like the cane toad --what they are, why they're bad for native species, and how to engineer a series of humane traps to catch them! At the end of the camp, each child receives a T-shirt. Instructor: Silver Knights Enrichment.

**605263-01** \$249

M,Tu,W,Th,F 7/17-7/21 9:00am-12:00pm

#### **OCEAN LIFE PASTELS**

(Ages 8-12) We create detailed, pastel compositions focusing on a different ocean-themed subject each day, in our structured format proven to strengthen compositional and pastel drawing skills. We build on shapes and use soft color to create pastel scenes of eye-catching sea stars along the shoreline, vibrant clown fish, a sea turtle with bold patterns, Maryland blue crab and school of jellyfish. Instructor: Young Rembrandts.

**605238-01** \$225

M,Tu,W,Th,F 7/17-7/21 1:00pm-4:00pm

#### **MUSIC & ARTS CAMP**

(Ages 5-7) Music & Art -all in one camp! A perfect balance in performing and fine arts. Children are grouped by age and skill level and assigned to either the art program or music program based on the schedule. In music, children get introduced to different instruments and voice. In art, campers get their hands dirty in different media such as chalk and paint. Campers perform and also put together an art exhibit at end of camp. Supplies fee is included. Instructor: Notes n' Beats.

\$299	
7/31-8/4	9:00am-4:00pm
\$199	
7/31-8/4	9:00am-12:00pm
\$199	
7/31-8/4	1:00pm-4:00pm
	7/31-8/4 \$199 7/31-8/4 \$199

#### **MUSIC & ARTS CAMP**

(Ages 8-12) See description for Ages 5-7.

**605256-01** \$299 M,Tu,W,Th,F 7/31-8/4 9:00am-4:00pm **605256-02** \$199 M,Tu,W,Th,F 7/31-8/4 9:00am-12:00pm **605256-03** \$199 M,Tu,W,Th,F 7/31-8/4 1:00pm-4:00pm

#### **JUNIOR ENGINEERS**

(Ages 9-11) Junior Engineers campers will participate in engineering design challenges, aerodynamics experiments and advanced flight simulation. Bernouili's principle will be explored through flight simulation, air powered rocket, slow descent parachutes and an engineering design project. Instructor: AviationEd.

**605272-01** \$175

M,Tu,W,Th,F 7/31-8/4 1:00pm-4:00pm

## **SK CODING**

(Ages 7-12) In Silver Knights Coding Camp,

children learn to create stories, games, and animations using a visual programming language called Scratch. It's as easy to use as snapping together building blocks! With Scratch, children learn to think creatively, work collaboratively, and reason systematically. Scratch is designed and maintained by the Lifelong Kindergarten group at the MIT Media Lab. Our curriculum teaches new coders the basics while challenging more experienced coders to create increasingly complex programs. Silver Knights provides a laptop for every child. At the end of the week, each child takes home a T-shirt and a USB with all their programs on it! Instructor: Silver Knights Enrichment.

**605262-01** \$470

M,Tu,W,Th,F 8/7-8/11 9:00am-4:00pm

#### KIDDING AROUND YOGA

(Ages 6-8) See description for Ages 9-10.

**605227-01** \$108

M,Tu,W,Th 8/7-8/10 9:00am-12:00pm

#### **ANCIENT EGYPT**

(Ages 6-12) We draw a variety of scenes, elements and artifacts related to the theme of Ancient Egypt. Stylized graphics are reminiscent of hieroglyphics and classic 2-D perspective. Cartoons bring ancient Egyptian concepts to life and jewel colors embellish an Egyptian sarcophagus. From pyramids to chariots, we rediscover Ancient Egypt in a fun and creative learning environment. Instructor: Young Rembrandts.

**605239-01** \$225

M,Tu,W,Th,F 8/7-8/11 1:00pm-4:00pm

#### JEDI ENGINEERING

(Ages 5-6) The Force Awakens in this introductory engineering course for young Jedi! Explore engineering principles by designing and building projects such as LEGO® X-Wings, R2 Units, Energy Catapults, Defense Turrets, and Settlements from a galaxy far, far away. Create motorized and architectural projects with imagination and engineering to defeat the Empire! Instructor: Play-Well TEKnologies.

**605266-01** \$175

M,Tu,W,Th,F 8/7-8/11 9:00am-12:00pm

#### JEDI MASTER CLASS

(Ages 7-12) The Force Awakens in this advanced engineering course for young Jedi! Discover key engineering concepts such as gear trains, worm drives, pneumatics, and eccentric motion. Build LEGO X-Wings, AT-AT walkers, Pod Racers, Star Destroyers, Cloud Cities, Settlements, Fortresses, and other complex machines and structures from a galaxy far, far away. Instructor: Play-Well TEKnologies.

**605267-01** \$175

M,Tu,W,Th,F 8/7-8/11 1:00pm-4:00pm

#### PASSPORT TO PASTELS

(Ages 8-12) Learn and develop chalk pastel

drawing skills to create a modern city skyline, Russian domed architecture, a Mexican adobe doorway, a cool tropical rain forest, and a layered landscape of majestic Swiss Alps Mountains and lake. Students learn visual-spatial planning, pastel coloring techniques and fine motor skills while exploring images and ideas from around the world. Instructor: Young Rembrandts

**605240-01** \$225

M,Tu,W,Th,F 8/14-8/18 1:00pm-4:00pm

#### **ADULT PROGRAMS**

#### SELF-MYOFASCIAL RELEASE/FOAM ROLLING

(Ages 18 & up) Poor posture, movement patterns, muscle imbalances, and aging can attribute to knots or trigger points which lead to chronic pain and tightness throughout your body, particularly in the neck/shoulder, back, and knees. Learn proper breathing (diaphragm breathing) and self-myofascial release (a.k.a. self-massage) using foam rollers to eliminate these trigger points and to restore tissue health. Increase your flexibility, mobility and re-gain pain-free movement today! Instructor: Thavy.

 405510-01
 \$10

 Sa
 6/3-6/3
 1:00pm-2:00pm

 405510-02
 \$10

 Sa
 7/1-7/1
 1:00pm-2:00pm

 405510-03
 \$10

 Sa
 8/19-8/19
 1:00pm-2:00pm

## ADULT FITNESS PROGRAMS

Purchase a 6-visit Fit Pass for \$30 and use it for Barre Fitness, Pilates, Kelly's Dance Fit, Circuit Cardio, and Functional Strength Training. Must purchase pass at DSMC. Fit Pass expires 6 months from activation. Drop-in is available for \$6 per class.

#### **BARRE FITNESS**

(Ages 18 & up) A total body workout that is designed to strengthen, stretch, and tone those muscles using the barre. This class will also use some light handheld weights to help to give you a more toned physique. Please bring a yoga mat, towel, and water bottle. \$30/Fit Pass. \$6/Drop-in Th ongoing 9:15am-10:15am

Th ongoing 9:15am-10:15am
Th ongoing 5:00pm-5:55pm

#### PILATES

(Ages 18 & up) With its focus on core muscles, Pilates improves your body's strength, posture and balance. It's a total-body conditioning workout that produces long, lean muscles while improving deep core strength, muscle control, flexibility, coordination and body tone. The deep, mindful breathing and smooth, lengthening movements of Pilates can also help you reduce stress. It is good for males or females, young and old.

\$30/Fit Pass. \$6/Drop-in

Th ongoing 6:00pm-6:55pm

# LICENSED PRESCHOOL, AFTER KINDERGARTEN & PM KIDS CLUB

Our state-licensed, nine-month preschool program follows the Loudoun County public school calendar. Classes are offered for  $2\frac{1}{2}$ -5 year olds, but ages vary by location. The Virginia Department of Social Services requires proof of current immunizations, proof of age and a childcare application form. Contact your preferred center for current availability.



#### PRESCHOOL LOCATIONS

TRESCHOOL LOCATIONS	
Bluemont Community Center	540-554-8643
Claude Moore Community Center	571-258-3500
Douglass Community Center	703-771-5913
Dulles South Multipurpose Center	571-258-3456
Loudoun Valley Community Center	540-338-4122
Lovettsville Community Center	540-822-5284
Lucketts Community Center	703-771-5281
Philomont Community Center	540-338-5882

## AFTER K LOCATIONS

Bluemont Community Center	540-554-8643
Dulles South Multipurpose Center	571-258-3456
Loudoun Valley Community Center	540-338-4122

## PM KIDS CLUB LOCATIONS

Bluemont Community Center	540-554-8643
Lucketts Community Center	703-771-5281
Philomont Community Center	540-338-5882



For more information, refer to Children's Programs in this guide or visit www.loudoun.gov/prcs.

#### **KELLY'S DANCE FIT!**

(Ages 18 & up) A hi-lo impact dance class with Latin style. Learn Salsa, Samba, Merengue and more while getting a great workout. Please don't forget your water bottle and hand towel. Instructor: Kelly H.

\$30/Fit Pass. \$6/Drop-in

Tu ongoing 7:00pm-8:00pm
Th ongoing 7:00pm-8:00pm

#### **CIRCUIT CARDIO**

(Ages 18 & up) This class will work on your quads, chest, back, shoulders, hamstrings and glutes, biceps, triceps and core. Work at your own level and end with an effective final stretch to ensure your body is able to come back to do it all again. Instructor: Tamara S.

\$30/Fit Pass, \$6/Drop-in

Tu ongoing 8:00pm-8:45pm Th ongoing 8:00pm-8:45pm

#### **FUNCTIONAL STRENGTH TRAINING**

(Ages 18 & up) Eliminate those daily aches/ pains, increase your energy and achieve your optimal fitness level while having fun and remaining safe during training. Experience the difference in functional strength training. Instructor: Thavy Mills.

\$30/Fit Pass. \$6/Drop-in

Tu ongoing 8:30am-9:30am W ongoing 6:00pm-7:00pm W ongoing 7:00pm-8:00pm

#### YOGA THERAPY

(Ages 18 & up) This class incorporates different aspects of Yoga to include Pranayama (Breathing techniques), Mudras, gentle joint stretches and Yoga poses, meditation, and laughter. This class will help to improve your overall health while allowing you to relax and relieve stress and anxiety. Please bring a yoga mat.

\$30/Fit Pass. \$6/Drop-in

W ongoing 7:00am-8:00am

#### **HATHA YOGA**

Tu

(Ages 18 & up) Traditional yoga practice designed to bring the body into alignment though a series of poses (asanas) while drawing attention to the breath. Great way to build strength, flexibility and energy flow in the body while cultivating calmness in the mind. Beginners welcome (no yoga experience necessary). Please bring a yoga mat. \$30/Fit Pass. \$6/Drop-in

5:45pm-6:45pm

#### **SENIOR PROGRAMS**

#### **DULLES SOUTH SENIOR CENTER**

ongoing

(Ages 55 & up) For information, refer to Dulles South Senior Activity Center in this guide or call 571-258-3883.

### **MULTIAGE PROGRAMS**

#### DSMC NEWSLETTER LIST

(All ages) What to keep up to date on all the fun programs going on at DSMC? Want to hear any news about Phase 2 & 3 of the building? Sign up for our monthly newsletter and be the first to know!

605999-99 Free

#### **UNFORGETTABLE BIRTHDAY PARTIES**

(Ages 3 & up) Want to have an unforgettable birthday party? Plan it with us! All of our big toys and inflatables are available for on-site rentals. We have a mini golf course, moon bounces, jousting area, obstacle courses, slide, sumo suits, pony hops and more! Call 571-258-3456 for prices and availability!

#### HAVING AN EVENT?

All of our facilities are available for rent. Call 571-258-3456 for prices and availability!

# LOUDOUN VALLEY COMMUNITY CENTER

320 West School Street Purcellville, VA 20132

#### 540-338-4122

M, Tu, W, Th, 7:00am-9:30pm F 7:00am-6:00pm Sa 8:00am-4:00pm

Supply & material fees are payable to the instructor at the first class.



## PRESCHOOL & KINDERGARTEN AGE PROGRAMS

#### KIDZ TYKE CAMP

(Ages 3-4½) You're three years old and ready for your first camp! Join Ms. Stephanie and get ready for a fun filled week! Days are filled with crafts, games, indoor/outdoor play, and creative activities for an adventurous week with lots of

friends! Bring a drink and a snack. Children must be potty trained. Instructor: Stephanie Royhab.

601115-01 \$85 Little Campers M.Tu.W.Th.F 6/5-6/9 9:30am-12:00pm 601115-02 \$85 "If You Give Campers" M,Tu,W,Th,F 6/12-6/16 9:30am-12:00pm "Once Upon a Time" 601115-03 \$85 M,Tu,W,Th,F 8/7-8/11 9:30am-12:00pm

#### **KIDZ KAMP**

(Ages 4-5) Kidz Kamp is a perfect first-timer preschool camp for your child! Each day is filled with crafts, games, music, songs, indoor/outdoor play and a great social environment. Experience the thrills and fun of weekly themes! Bring along a snack and a lunch and get ready for the best camp week ever!

601113-01	\$108	Secret Agent Camp
Tu,W,Th,F	5/30-6/2	9:00am-1:00pm
601113-02	\$135	Land before Time
M,Tu,W,Th,F	6/5-6/9	9:00am-1:00pm
601113-03	\$135 C	Contagious Creations
M,Tu,W,Th,F	6/12-6/16	9:00am-1:00pm
601113-04	\$135 Jr. S	Science Investigators
M,Tu,W,Th,F	6/26-6/30	9:00am-1:00pm
601113-05	\$135	Nature Nuts
M,Tu,W,Th,F	7/10-7/14	9:00am-1:00pm
601113-06	\$135	Creation Station
M,Tu,W,Th,F	7/31-8/4	9:00am-1:00pm
601113-07	\$135	Culinary Kidz
M,Tu,W,Th,F	8/14-8/18	9:00am-1:00pm

## **DISNEY SUMMER SENSATION**

(Ages 4-6) Join Mickey & Minnie, Pluto, Goofy, Cinderella, Little Mermaid and so many more on this special Disney summer sensation!

Ms. Elizabeth will take you through the Magic Kingdom and visit the Disney characters through your imagination! You will play some fun Disney games, learn a Disney song and share a special snack with your favorite Disney Characters. Feel free to bring along your Special Disney stuffed friend. Instructor: Elizabeth Licciardone.

**401118-01** \$39

T,W 5/30-5/31 9:30am-12:00pm

#### PRINCESS DANCE CAMP

(Ages 4-6) Little dancers will have fun dressing up in their favorite princess dresses exploring fairytale themed stories, learning dancing and singing to their favorite princess movies. Creative Movement, Ballet and Jazz dance styles will be taught. Kids will have fun with arts and crafts decorating princess crowns, magic wands and lots of fun games. Bring a snack and water bottle. Instructor: Heather Orr, So Ho Performing Arts.

**601116-01** \$100

M,Tu,W,Th,F 6/26-6/30 9:30am-12:00pm

#### **WATER & BUBBLE PARTY**

(Ages 15-36 mos) Toddlers playing in our

sprinklers, blowing and catching bubbles and cooling off in our small pools make candid great photos! Have children wear a swimsuit and bring a snack, a towel, and sunscreen to reapply on your child. Parents must supervise their child throughout the class. No rain date.

**401108-01** \$10

F

7/7-7/7 11:00am-12:30pm

## **ELEMENTARY AGE PROGRAMS**

#### LVCC CAMP ON THE ROAD

(Ages 7-12) Spend the summer with LVCC. We offer an educational and recreational experience. The camp will visit many different areas in and around Washington DC, Virginia, Pennsylvania and Maryland. A summer of great trips for elementary school-age children. Cost includes transportation and admission. Times are 7:00am-6:00pm. No camp 7/3 & 7/4.

601210-01	\$210	
M,Tu,W,Th,F	6/12-6/16	7:00am-6:00pm
601210-02	\$210	
M,Tu,W,Th,F	6/19-6/23	7:00am-6:00pm
601210-03	\$210	
M,Tu,W,Th,F	6/26-6/30	7:00am-6:00pm
601210-04	\$126	Three-day camp
W,Th,F	7/5-7/7	7:00am-6:00pm
601210-05	\$210	
M,Tu,W,Th,F	7/10-7/14	7:00am-6:00pm
601210-06	\$210	
M,Tu,W,Th,F	7/17-7/21	7:00am-6:00pm
601210-07	\$210	
M,Tu,W,Th,F	7/24-7/28	7:00am-6:00pm
601210-08	\$210	
M,Tu,W,Th,F	7/31-8/4	7:00am-6:00pm
601210-09	\$210	
M,Tu,W,Th,F	8/7-8/11	7:00am-6:00pm
601210-10	\$210	

## **KIDVENTURES**

(Ages 6-9) Come along on this awesome adventure! Kidventures will take you on a magic tree house adventure and challenge you with the fun of Tom and Huck! Let's cook just deserts and enjoy the sweetest sweets! The force will be with you in the star wars space galactic! It's an adventure every day! Bring a lunch, snack and your adventurous side!

your advortaro	ao diao.	
601205-01	\$178	Kidz Cook
M,Tu,W,Th,F	6/19-6/23	9:00am-2:00pm
601205-02	\$178	Artventures
M,Tu,W,Th,F	6/26-6/30	9:00am-2:00pm
601205-03	\$178	Kidz cook desserts
M,Tu,W,Th,F	7/10-7/14	9:00am-2:00pm
601205-04	\$178 Mag	gic Tree House (1-5)
M,Tu,W,Th,F	7/17-7/21	9:00am-2:00pm
601205-05	\$178 Magi	c Tree House (6-10)
M,Tu,W,Th,F	7/24-7/28	9:00am-2:00pm
601205-06	\$178 T om	& Huck Adventures
M,Tu,W,Th,F	7/31-8/4	9:00am-2:00pm

 601205-07
 \$178 T om & Huck Adventures

 M,Tu,W,Th,F
 8/7-8/11
 9:00am-2:00pm

 601205-08
 \$178 Star Wars Space Galactica

 M,Tu,W,Th,F
 8/14-8/18
 9:00am-2:00pm

#### **GAMES CAMP 2.0**

(Ages 7½-12) This weekly/monthly camp prepares for a summer of games, fun, friends and learning something new! Compete among your friends battling on our new gaming system, or try some classic board games. Nok-hockey, caroom pool, billiards, playground and gym games as well as water activities completes your busy schedule. Bring meals, drinks and snacks. Register for a month or week.

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601201-01	\$400	June Monthly
M,Tu,W,Th,F	6/12-6/30	12:00pm-6:00pm
601201-02	\$150	Week #1
M,Tu,W,Th,F	6/12-6/16	12:00pm-6:00pm
601201-03	\$150	Week #2
M,Tu,W,Th,F	6/19-6/23	12:00pm-6:00pm
601201-04	\$150	Week #3
M,Tu,W,Th,F	6/26-6/30	12:00pm-6:00pm
601201-05	\$480	July Monthly
M,Tu,W,Th,F	7/3-7/31	12:00pm-6:00pm
601201-06	\$120	Week #4
W,Th,F	7/5-7/7	12:00pm-6:00pm
601201-07	\$150	Week #5
M,Tu,W,Th,F	7/10-7/14	12:00pm-6:00pm
601201-08	\$150	Week #6
M,Tu,W,Th,F	7/17-7/21	12:00pm-6:00pm
601201-09	\$150	Week #7
M,Tu,W,Th,F	7/24-7/28	12:00pm-6:00pm
601201-10	\$400	August Monthly
M,Tu,W,Th,F	7/31-8/18	12:00pm-6:00pm
601201-11	\$150	Week #8
M,Tu,W,Th,F	7/31-8/4	12:00pm-6:00pm
601201-12	\$150	Week #9
M,Tu,W,Th,F	8/7-8/11	12:00pm-6:00pm
601201-13	\$150	Week #10
M,Tu,W,Th,F	8/14-8/18	12:00pm-6:00pm

#### **AMERICAN GIRL SUMMER FUN**

(Ages 5-11) Come along on an American girl doll summer fun adventure! In this 2 day class we will travel through time with historical dolls, discuss the girls of the year, and explore "Lanie" who loves the outdoors along with other dolls who are her friends. Let's play games, make crafts, and enjoy a snack. Bring your American girl doll along for all the summer fun, American girl doll style! Instructor: Elizabeth Licciardone.

**401116-01** \$39 W,Th 7/5-7/6 9:30am-12:00pm

## **MULTIAGE PROGRAMS**

## **GAMES CAMP**

(Ages 4½-7) This weekly/monthly camp provides a safe environment to entertain and challenge your child. Games, activities, water play, projects,

crafts and more await campers who want to experience it all! Participants must bring meals, drinks and snacks. You may register for a month or week

OI WOOK.		
601100-01	\$400	June Monthly
M,Tu,W,Th,F	6/12-6/30	12:00pm-6:00pm
601100-02	\$150	Week #1
M,Tu,W,Th,F	6/12-6/16	12:00pm-6:00pm
601100-03	\$150	Week #2
M,Tu,W,Th,F	6/19-6/23	12:00pm-6:00pm
601100-04	\$150	Week #3
M,Tu,W,Th,F	6/26-6/30	12:00pm-6:00pm
601100-05	\$480	July Monthly
M,Tu,W,Th,F	7/3-7/31	12:00pm-6:00pm
601100-06	\$120	Week #4
W,Th,F	7/5-7/7	12:00pm-6:00pm
601100-07	\$150	Week #5
M,Tu,W,Th,F	7/10-7/14	12:00pm-6:00pm
601100-08	\$150	Week #6
M,Tu,W,Th,F	7/17-7/21	12:00pm-6:00pm
601100-09	\$150	Week #7
M,Tu,W,Th,F	7/24-7/28	12:00pm-6:00pm
601100-10	\$400	August Monthly
M,Tu,W,Th,F	7/31-8/18	12:00pm-6:00pm
601100-11	\$150	Week #8
M,Tu,W,Th,F	7/31-8/4	12:00pm-6:00pm
601100-12	\$150	Week #9
M,Tu,W,Th,F	8/7-8/11	12:00pm-6:00pm
601100-13	\$150	Week #10
M,Tu,W,Th,F	8/14-8/18	12:00pm-6:00pm

#### SUMMER ART STUDIO

(Ages 10-14) Enjoy your artistic side with projects focused on exploring individual creativity and expression. We'll experiment with different art media and techniques including colored pencil, paint, collage and printmaking, and use these in a variety of projects each week. If you enjoy art and are looking for a venue to express and explore your creativity, this class is for you! Bring a snack and wear clothes that can get messy. Instructor: Victoria Curtis-Meyding.

		J 3 ·
601203-01	\$90	
Tu,W,TH	7/25-7/27	9:00am-12:00pm
601203-02	\$90	
Tu,W,Th	8/1-8/3	9:00am-12:00pm
601203-03	\$90	
Tu,W,Th	8/8-8/10	9:00am-12:00pm

#### DANCE, CHEER, POM, & JAZZ CAMP

(Ages 8-14) Students will learn drill team cheer/pom/jazz dance styles. Wear Jazz shoes and comfortable clothing. Bring a snack and a water bottle. A showcase will be presented at the end of camp. Cheer/Pom/Drill Team starts fall 2017! Instructor: Heather Orr, Soho Performing Arts.

**601207-01** \$140 M,Tu,W,Th,F 8/7-8/11 9:00am-1:00pm

#### **HIP HOP CREW/BREAK DANCE**

(Ages 8-14) Students will have fun learning hip

hop styles such as break, pop & lock, up rock, funk, house and stepping. This is a great camp for those wanting to audition for hip hop crew 2017! Fun games will be played. Come wearing sneakers and comfortable clothing. Bring a snack and water bottle. A showcase will be presented at the end of the camp. Join the hip hop crew fall 2017. Instructor: Heather Orr, Soho Performing Arts.

601206-01 \$140

M,Tu,W,Th,F 7/17-7/21 9:00am-1:00pm

#### **MUSICAL THEATER CAMP**

(Ages 8-14) Students will have fun dancing, singing, and acting in this fun musical theatre class. Come prepared to explore various broadway musicals. Students will also get to create and explore set design, costumes, lighting, sound and story themes. A small showcase will be presented at the end of camp. Instructor: Heather Orr, Soho Performing Arts.

601208-01 \$140

7/24-7/28 M,Tu,W,Th,F

9:00am-1:00pm

601208-02 \$140 M,Tu,W,Th,F

7/31-8/14 9:00am-1:00pm

#### **CAMP SMORES & MORE**

(Ages 8-13) Bivouac at LVCC for this hands-on camping experience. Campers will select the camp site, clear the area, and then set-up tents, build a lean-to, assemble a teepee, and prepare simple meals and snacks. No camping experience is necessary. Bring out your inner scout! Instructor: Kitty Hughes.

601220-01 \$175

M.Tu.W.Th.F 6/26-6/30 9:00am-1:00pm

## KIDS ON THE GO

(Ages 5½-10) Swimming, exploring cool playgrounds, mini golf, and bowling are just some of the week's highlights. Children should wear closed toe shoes to run on the playground. Instructor: Kitty Hughes.

601200-01 \$220

M.Tu.W.Th.F 8/14-8/18 9:00am-5:00pm

#### WATER SLIDE POOL PARTY RENTAL

(Ages 3-12) Summer birthday parties just got cooler! Rent an hour-long double water slide to keep your youngsters active this summer. The rental includes the water slide and the attendant who will set-up, oversee, and then take down the pool.

401205-01 \$130

6/10-8/19 12:00pm-4:00pm M-Sa

#### PARENT/CHILD KICKBALL & HOTDOG LUNCH

(Ages 7 & up) Grab your parents and battle for kickball bragging rights. Then sit down to a hotdog lunch with all the fixings. Rain date: July 31.

401202-01 \$15

7/24-7/24 10:30am-12:30pm

401202-02 \$7.50 Add'I family member

#### PRESCHOOL MEET & GREET

M

(Ages 2 & up) Meet your child's teacher and check out the classroombetween 10:00 a.m. -11:30 a.m. A hotdog picnic lunch will be served from 11:00 a.m.-12:00 p.m. Please notify us of any food allergies at registration.

7/24-7/24 10:30am-12:30pm

401710-01	Free	Parent/child
Th	8/31	10:00am-12:00pm
401710-02	Free	Add'I family member
Th	8/31	10:00am-12:00pm

#### **PONDS & POOLS**

(Ages 8-17) After a morning of fishing at local ponds, lounge by the pool at local destinations. We will bring the worms and you bring the fishing tackle, lunch, snacks, and drinks. At noon, we'll drive to our pool location, eat lunch, and cool off plus tell a few fish stories while swimming. Instructor: Beth Lucas.

601209-01 \$215

M,Tu,W,Th,F 7/17-7-21 8:00am-2:00pm

#### FUN ON THE FARM

(Ages 8-14) Investigate Loudoun's farming heritage and see what is going on today. Visit an organic garden and a vineyard, watch hay being baled, meet mammoth donkevs and scope out a herd of beef cattle, handle show rabbits and check out aspects of the equine industry. Lunch at a different playground each day. Rain or Shine. End the week with a swim at a local pool. Instructor: Beth Lucas.

601217-01 \$225

M.Tu.W.Th.F 7/10-7/14 9:00am-3:00pm

#### WOOF-HOOF

(Ages 9-16) Spend the whole day visiting horse and dog destinations. Visit Olympic-caliber horses and riders, see kennels full of dogs and cats, visit Middleburg Hunt Kennels, learn about dog obedience, meet a nationally-recognized dog groomer, go pony carting, see horses having shoes put on and other fun activities. Lunch at a different park each day. Rain or shine. End the week with a swim at a local pool, Instructor; Beth Lucas.

601218-01 \$225

M.Tu.W.Th.F 7/31-8/4 8:00am-3:00pm

## **HEALTH & FITNESS PROGRAMS**

### **FITNESS CENTER**

(Ages 16 & up) Come in and work out, get back in shape, or just tone up. Must sign up in person at LVCC.

401706-01 \$150 6 Months 6/1-8/31 M-Sa 7:00am-9:30pm 401706-02 \$275 1 Year M-Sa 6/1-8/31 7:00am-9:30pm

401706-03	\$150	1 Year Sr/Student
M-Sa	6/1-8/31	7:00am-9:30pm
401706-04	\$100	6 Months Sr/Student
M-Sa	6/1-8/31	7:00am-9:30pm
401706-05	\$40	1 Month Sr/Student
M-Sa	6/1-8/31	7:00am-9:30pm

#### **FITNESS SUPER PASS**

(Ages16 & up) Join the LVCC Fitness Center and participate in any of our \$100 punch-card fitness programs. For one fee, seven different classes are available. Must register in person at LVCC.

401709-01	\$350	6 Months
M-Sa	6/1-8/31	7:00am-9:30pm
401709-02	\$350	1 Year Sr/Student
M-Sa	6/1-8/31	7:00am-9:30pm
401709-03	\$675	1 Year
M-Sa	6/1-8/31	7:00am-9:30pm

#### FITNESS IMAGE BOOT CAMP

(Ages 15 & Up) A challenging program that focuses on improving your cardiovascular stamina and increasing your muscle tone and strength while decreasing your body fat and changing your body composition. The program focuses on overall core strength and stability, as well as resistance and cardiovascular training. Flexibility and mobility are emphasized in each workout. What makes our program unique and successful is that every single day is different! Every week is different! Every month is different! Instructor: Fitness Image Results.

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401600-01	\$99	
Tu,Th	6/1-6/29	7:00pm-8:00pm
401600-02	\$44	
Sa	6/3-6/24	8:00am-9:00am
401600-03	\$77	
Tu,Th	7/4-7/27	7:00pm-8:00pm
401600-04	\$55	
Sa	7/1-7/29	8:00am-9:00am
401600-05	\$99	
Tu,Th	8/1-8/31	7:00pm-8:00pm
401600-06	\$44	
Sa	8/5-8/26	8:00am-9:00am
401600-07	\$15	
Tu,Th,Sa	6/1-8/31	Drop-in rate
401600-08	\$88	
M,W	6/5-6/28	9:00A-10:00P
401600-09	\$88	
M,W	7/5-7/31	9:00A-10:00A
401600-10	\$99	
M,W	8/2-8/31	9:00A-10:00A

#### TAI CHI

(Ages 16 & up) Tai Chi is a martial art that teaches strength, balance, relaxation and flexibility through the learning group repetition of a sequence of slow movements. This section is for the Beginner. Total of 16 classes per session. Instructor: Bob Gardner.

401503-01 \$110 Beginner

Tu,Th	6/1-7/27	11:00am-12:00pm
401503-02	\$110	Intermediate
Tu,Th	6/1-7/27	10:00am-11:00am
401503-03	\$110	Advanced
Tu,Th	6/1-7/27	9:00am-10:00am

#### **ZUMBA**

(Ages 18 & up) Zumba fuses hypnotic Latin and international rhythms and easy-to-follow moves to create a one of a kind fitness program that will inspire you to dance your way to fitness. It's an exciting hour of calorie-burning, body-energizing, inspiring movements designed to engage and motivate. Class may include some abdominal strength/stability training. All fitness levels welcome. Instructors: Christy Turnbull -Monday, Amanda Estep -Friday.

	40 <sup>-</sup>	1508-01	\$100
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M 6/5-8/28 7:30pm-8:40pm

401508-02 \$100

W,F 6/2-8/25 9:00am-10:00am

## **LOVETTSVILLE COMMUNITY CENTER**

57 E. Broad Way Lovettsville, VA 20180

540-822-5284

M-Th 7:00A-7:00P F 7:00A-6:30P

Supply & material fees are payable to the instructor at the first class.



Find more Lovettsville Community Center camps in the 2017 PRCS Summer Camp Guide

## PRESCHOOL AGE PROGRAMS

## T.O.P.S.

(Ages 3-5) Your Totally Outrageous Pre-Schooler (T.O.P.S) will have a blast in this program! Creative crafts, music fun, scooters, games and time at the center's kiddie pool are all included! Each day will be an outrageous adventure. You can't TOP this program! Children must be potty trained, able to separate with ease and be 3 years old by the first day of camp. Bring a snack and a drink, Instructor: Barbara Rav.

402101-01	\$70	
Tu-Th	6/6-6/8	9:30am-12:00pm
402101-02	\$70	
Tu-Th	6/13-6/15	9:30am-12:00pm
402101-03	\$70	
Tu-Th	6/20-6/22	9:30am-12:00pm
402101-04	\$70	
Tu-Th	6/27-6/29	9:30am-12:00pm
402101-05	\$70	
Tu-Th	7/18-7/20	9:30am-12:00pm
402101-06	\$70	
Tu-Th	7/25-7/27	9:30am-12:00pm
402101-07	\$70	
Tu-Th	8/1-8/3	9:30am-12:00pm
402101-08	\$70	
Tu-Th	8/8-8/10	9:30am-12:00pm
402101-09	\$70	
Tu-Th	8/15-8/17	9:30am-12:00pm

## **ELEMENTARY AGE PROGRAMS**

#### YOUTH TENNIS

(Ages 7-12) This US Tennis Association-sponsored tennis program will have beginner to intermediate participants develop tennis fundamentals(e.g. ground-strokes, volley, serve) through a fun and engaging play-to-learn style of learning tennis. Participants will also practice match play and learn about sportsmanship and game rules. The program utilizes different court sizes and modified tennis equipment for youth to rally in no time! All equipment is provided. Students may bring their own racquet or they may use the loaner racquet. Students should wear comfortable clothing and athletic shoes. It is highly recommended that students also bring their own water bottle and sunscreen.

402224-01 \$102

M 6/5-7/17 5:00pm-6:00pm

402224-02 \$102

6/7-7/19 5:00pm-6:00pm

## SCHOOL'S OUT CAMP

(Ages 6-12) Start your summer off on the right foot by joining us for our Summer Kickoff Camp here at the Lovettsville Community Center! We will play many fun games, go swimming and have a blast while doing so. Please pack a lunch, two snacks and bring plenty of water. Instructors: Denise Dant & Kim Snurr.

402217-01 \$160

8:00am-6:00pm M-F 6/12-6/16

#### **DIP-N-DODGE CAMP**

(Entering Grade 1-Graduating Grade 5) Come ioin us for classic, Scramble, War, Dr. Dodge, Ultra Ball, Battleship - we'll play all these versions of dodgeball! Once we are done, we'll cool off at the pool. Please pack a lunch. Instructor: Denise Dant.

402202-01 \$70

Tu-Th 6/20-6/22 10:00am- 1:30pm 402202-02 \$70

Tu-Th 8/8-8/10 10:00am- 1:30pm

#### **GIRL'S DAY OUT**

(Ages 6-11) A special day just for girls! We'll paint our nails, play fun games and cool off at the pool. Please pack a lunch. Instructor: Denise Dant.

402211-01 \$25

6/26-6/26 10:00am- 1:30pm

402211-02 \$25

M 7/31-7/31 10:00am- 1:30pm

#### **KIDZ ZONE**

(Entering Grade 1 – Graduating Grade 5) Join us for swimming, sports, arts, crafts, dodgeball, field trips and more. Please pack a lunch. Instructor: Denise Dant.

402200-01 \$80

6/27-6/29 Tu-Th 9:30am- 1:30pm

402200-02 \$80

W-F 7/5-7/7 9:30am- 1:30pm

402200-03 \$80

Tu-Th 7/11-7/13 9:30am-1:30pm

402200-04 \$80

Tu-Th 8/1-8/3 9:30am- 1:30pm

#### **DIP-N-DODGE DAYS**

(Ages 6-11) Looking for a fun way to end your week!? We'll play various games of dodge ball and then cool off at the pool. Please pack a lunch. Instructor: Denise Dant.

402209-01 \$25

6/30-6/30 10:00am- 1:30pm

\$25 402209-02

8/4-8/4 10:00am- 1:30pm

#### **CAMP NERF**

(Ages 6-11) Pack your Nerf Gun and darts. We'll have a morning of Nerf games and battles, and then we're off to the pool to cool off and relax. Bring a lunch, your own Nerf equipment and darts. Instructor: Denise Dant.

402210-01 \$25

M 7/10-7/10 10:00am- 1:30pm

402210-02 \$25

М 8/7-8/7 10:00am- 1:30pm

#### **KIDZ ZONE EXTREME**

(Entering Grade 1 - Graduating Grade 5) Kidz Zone Extreme has expanded to five days for one special week of activities! Come join us for swimming, sports, arts, crafts, dodgeball, field trips and more. Please pack a lunch. Instructor: Denise Dant.

402218-01 \$120

M-F 7/24-7/28 9:30am- 1:30pm

#### **HIP HOP CAMP**

(Ages 6-13) Students will have fun learning hiphop styles such as Break, Pop & Lock, Uprock, Funk. House and Stepping. This is a great camp for those wanting to audition for Hip Hop Crew 2017! Fun games will be played! Students should wear sneakers and comfortable clothing. Pack a snack along with a water bottle. A showcase will be presented at the end of the camp. Instructor: SoHo Performing Arts LLC.

**402201-01** \$110

M-F 8/14-8/18 9:00am-12:00pm

## MIDDLE & HIGH SCHOOL AGE PROGRAMS

#### **TEEN LOVCC**

(Ages 13-17) Give back to your community by volunteering. Assist our center with special events, event set-up and take down, and children's arts, crafts and games. Application and interview is required. Please email Lovcc@loudoun.gov for more information.

#### **MULTIAGE PROGRAMS**

#### **ADULT TENNIS**

(Ages 13 & up) This US Tennis Association-sponsored tennis program will have beginner to intermediate participants develop tennis fundamentals (e.g. ground-strokes, volley, serve) through a fun and engaging play-to-learn style of learning tennis. Participants will also practice match play and learn about strategies and game rules. All equipment is provided. Students should bring their own racquet( contact us if you need to borrow a loaner racquet) Students should wear comfortable clothing and athletic shoes. It is highly recommended that students also bring their own water bottle and sunscreen.

**402504-01** \$102 M 6/5-7/17 6:00pm-7:00pm **402504-02** \$102 W 6/7-7/19 6:00pm-7:00pm

#### **BOOT CAMP**

(Ages 18 & up) Are you bored with your workout? Are you not seeing the results you want? Then it's time to join the Fitness Image Results Sports & Fitness Boot Camp program! Their drill instructors are highly qualified, motivational fitness professionals who will guide you and your body to a new you. Whatever your goals may be, your Boot Camp instructor will help you achieve them. They help you achieve your fitness goals and accelerate you towards the results you want. Whether you are just starting out with a training program or you are a seasoned veteran, the Boot Camp program can be tailored to fit your needs. Re-energize your workout, your body and your mind by joining the team! Drop-in class is available for \$15. Instructor: Fitness Image Results.

402500-01	\$88	
M,W	6/5-6/28	7:00pm- 8:00pm
402500-02	\$99	
Tu,Th	6/1-6/29	8:30am- 9:30am
402500-03	\$88	
M,W	7/5-7/31	7:00pm- 8:00pm
402500-04	\$77	
Tu,Th	7/6-7/27	8:30am- 9:30am
402500-05	\$99	
M,W	8/2-8/30	7:00pm- 8:00pm
402500-06	\$110	
Tu,Th	8/1-8/31	8:30am-9:30am
402500-07	\$48	
	6/1-6/29	1 day/week
402500-08	\$48	
	7/3-7/31	1 day/week
402500-09	\$60	
	8/1-8/31	1 day/week

#### **ULTIMATE CONDITIONING**

(Ages 16 & up) Combine muscular strength with endurance training. A total body workout for beginner to advance levels. This class changes the exercises every four weeks - no plateaus here! Instructor: Katharina Connor.

\$75/Fit Pass, \$9/Drop-in

Tu 6/6-8/29 8:30am-9:30am

#### **TOTAL BODY BLAST**

(Ages 16 & up) Total body blast is a space limited class that will let you focus on the areas you want to see the most results in. This high intensity class will be 30 minutes long. A pre

and post work out assessment is provided. Call or come in to the center to reserve your spot! Instructor: Katharina Connor.

\$75/Fit Pass, \$9/Drop-in

W 6/6-8/30 8:30am-9:00am

#### **TABATA**

(Ages 16 & up) A full body workout that is fast paced, fun, and will burn lots of calories. High intensity but low impact so it is great for all fitness levels. Participants should wear comfortable clothes, sneakers and bring a mat and water. Instructor: Amy Horace.

\$75/Fit Pass, \$9/Drop-in

M 6/12-6/26 8:45am- 9:15am M 7/10-7/24 8:45am- 9:15am

#### WATER WORKOUT

(Ages 15 & up) A well-balanced and thorough water exercise program. Instructor: Barbara Talbott.

\$75/Fit Pass, \$9/Drop-in

M,W,F 6/19-8/18 9:30am-10:30am Tu,Th 6/20-8/17 7:00pm-8:00pm

#### **SENIOR AGE PROGRAMS**

#### **BLOOD PRESSURE CHECKS**

(Ages 18 & up) Keep tabs on your health! The Loudoun Mobile Care Unit will be at the center for blood pressure checks. No registration required. Stick around after for Social Seniors and enjoy a home cooked meal!

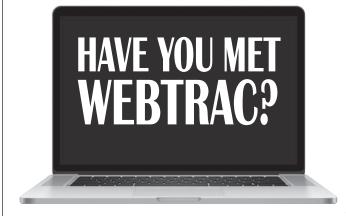
3rd Th ongoing 11:30am-12:30pm

#### **SOCIAL SENIORS**

(Ages 55 & up) Home cooked meals and great socialization. Please call the center by the Tuesday before if you plan to attend. If interested come early for blood pressure checks beginning at 11:30A.

Pay at door \$5

3rd Th ongoing 11:30am-12:30pm



# With WebTrac, our online registration system, you can:

- · Request a new household account
  - · Retrieve your ID and password
- Search for activities by type, location, age, etc.
- Find details about an activity including price, date, etc.
  - Enroll for most classes and activities
  - Pay existing balances for licensed programs
    - · Print a transaction history
    - Print a childcare statement
      - Print old receipts
    - Purchase performance tickets

Visit www.loudoun.gov/webtrac to search for activities or register.

## LUCKETTS COMMUNITY CENTER

42361 Lucketts Road Leesburg, VA 20176

#### 703-771-5281

M, T, W, F 7:00am-6:00pm Th 7:00am-9:00pm

Supply & material fees are payable to the instructor at the first class.



Find more Lucketts Community Center camps in the 2017 PRCS Summer Camp Guide

### **PRESCHOOL AGE PROGRAMS**

## PRESCHOOL FUN CAMP: INTERNATIONAL VACATION

(Ages 3-5) Buenos Dias! Bonjour! Buongiorno! Cheerio! Hello! Welcome to International Week! Grab your passports as we travel around the globe to visit different cultures/countries through games, music, foods and crafts. We want our campers to play with a purpose through activities and games using a thematic twist! Bring a lunch, snacks and a water bottle daily. T-shirt included.

**409101-01** \$110

M-F 6/5-6/9 9:00am-1:00pm

### PRESCHOOL FUN CAMP: MOVIN' & GROOVIN'

(Ages 3-5) Get up, get movin' and get groovin' and enjoy some super fun activities to keep your mind, body and spirit fit! We want our campers to play with a purpose through activities and games using a thematic twist! Bring a lunch, snacks and a water bottle daily. T-shirt included.

**409101-02** \$110

M-F 6/19-6/23 9:00am-1:00pm

#### PRESCHOOL FUN CAMP: CREATURE FEATURE

(Ages 3-5) Check out critters and crawlers! We want our campers to play with a purpose through activities and games using a thematic twist! Bring a lunch, snacks and a water bottle daily. T-shirt included.

**409101-03** \$110

M-F 6/26-6/30 9:00am-1:00pm

#### PRESCHOOL FUN CAMP: LET'S GO CAMP-IN

(Ages 3-5) We're campin' in! Come have s'more fun! Discover the fun of camping with tents, songs and camp crafts...oh my! We want our campers to play with a purpose through activities and games using a thematic twist! Bring a lunch, snacks and a water bottle daily. T-shirt included.

**409101-04** \$110

M-F 7/24-7/28 9:00am-1:00pm

#### PRESCHOOL FUN CAMP: UNDER THE BIG TOP

(Ages 3-5) Ladies and gentlemen, boys and girls, welcome to the Greatest Camp on Earth! Come clown around with us under the Big Top. We want our campers to play with a purpose through activities and games using a thematic twist! Bring a lunch, snacks and a water bottle daily. T-shirt included.

**409101-05** \$110

M-F 7/31-8/4 9:00am-1:00pm

#### PRESCHOOL FUN CAMP: BEACH BUDDIES

(Ages 3-5) Surf's up, dude! Come join us for some gnarly adventures! We want our campers to play with a purpose through activities and games using a thematic twist! Bring a lunch, snacks and a water bottle daily. T-shirt included.

**409101-06** \$110

M-F 5/30-6/2 9:00am-1:00pm

## PRESCHOOL FUN CAMP: SUPER LITTLE SCIENTISTS

(Ages 3-5) Come discover how much fun science can be! Camper will perform hands-on experiments, hypothesize the outcomes, and observe what actually happens and why. We want our campers to play with a purpose through activities and games using a thematic twist! Bring a lunch, snacks and a water bottle daily. T-shirt included.

**409101-07** \$110

M-F 6/12-6/16 9:00am-1:00pm

#### PRE-K LEGO® ROBOTICS

(Ages 4-5) Campers will explore mechanisms and structural design through the use of LEGO technology. Building with LEGO bricks helps younger ages enhance their spatial awareness and hand-eye coordination, and reinforce basic understanding of shapes and colors. Campers will begin to develop their vocabulary and communication skills in order to explain how the model works; enhance their ability to establish links between cause and effect, and reflect on how to find answers. They will learn basic computer skills, icon recognition, drag and drop technique, and learn to follow sequences and patterns to program their model. Instructor: All Star Tech.

**409112-01** \$175

M-F 7/31-8/4 9:00am-12:00pm

### **ELEMENTARY AGE PROGRAMS**

#### SUPER HERO ENGINEERING

(Ages 5-6) Save the world with LEGO super heroes! Build the hideouts and vehicles of your favorite caped crusaders and learn what makes them not only super heroes, but super hero engineers! An experienced instructor guides young super heroes as they design, build and save the city where ingenuity and imagination can solve any conflict. Instructor: Play-Well TEKnologies.

**409106-01** \$175

M-F 7/10-7/14 9:00am-12:00pm

#### SUPER HERO MASTERS

(Ages 5-12) LEGO super heroes need your help to defeat the destructive forces of evil arch-villains as they threaten the LEGO Metropolis! Explore the tools and techniques of your favorite caped crusaders and learn what makes them not only super heroes, but super engineers. An engineering curriculum designed by Play-Well TEKnologies challenges heroes to design, build and save a city where ingenuity and imagination can solve any conflict. Instructor: Play-Well TEKnologies.

**409107-01** \$175

M-F 7/10-7/14 1:00pm-4:00pm

#### ANIMATION USING MINECRAFT

(Ages 10-14) Campers will be introduced to basic 2D and 3D animation techniques using Minecraft characters and stages. Kids will expand their observation skills and imagination by studying motion in reality and how it influences motion in animation. Students will create various short animation exercises and projects by applying basic acting theories and animation principles to scenes they create. Instructor: C3 Cyber Club.

**409108-01** \$175

M-F 7/17-7/21 9:00am-12:00pm

## **GAME DESIGN I**

(Ages 5-7) Do you have an aspiring video game designer on your hands? Our camp will harness your child's enthusiasm for video games and let his/her imagination run wild. Classes focus on problem solving and character manipulation with an emphasis on programming logic. Instructor: Science Cosmos

**409110-01** \$175

M-F 7/24-7/28 9:00am-12:00pm

#### **GAME DESIGN II**

(Ages 8-12) Do you have an aspiring video game designer on your hands? Our Game Design Summer Camp will harness your child's enthusiasm for video games and let their imagination run wild. This camp employs a variety of software including Tynker, Scratch and KODU. Campers will learn to use block programming and basic programming loci as they manipulate characters and solve puzzles. Campers will then apply these skills as they design their own digital

comics and games. Curriculum is flexible and can accommodate games of any experience. Instructor: Science Cosmos.

**409111-01** \$175

M-F 7/24-7/28 1:00pm-4:00pm

#### **SNAP CIRCUITS**

(Ages 6-12) Students will learn how to operate and design within a three-dimensional space. They will gain a thorough understanding of the X, Y, and Z axes as they create complex 3D layouts for their levels. Instructor: All Star Tech

**409113-01** \$175

M-F 7/31-8/4 1:00pm-4:00pm

#### PROGRAMMING USING MINECRAFT

(Ages 10-14) Looking for a fun way to introduce your child to programming? Why not do it using a game they love? Using a custom mod called "Computer craft", students will learn how to program robots called "Turtles" inside the world of Minecraft. Kids will utilize problem-solving skills by learning how to program their robots to complete various tasks and objectives such as programming their turtles to automatically build, mine, and craft items and structures. They will be introduced to programming if-then-else statements, for-while loops, and implement their own functions using Lua, a simple scripting language. Instructor: C3 Cyber Club.

**409205-01** \$175

M-F 7/17-7/21 1:00pm-4:00pm

## KIDS COOKING CAMP: FARM TO TABLE

(Ages 5-8) In this fun, five-day camp, kids will practice essential kitchen skills and master the fundamentals of cooking. We will take a trip to one of our local farmer's markets to purchase produce, which we'll use to create recipes during the week including main dishes, snacks, desserts, and drinks. Daily lunch and a snack are included.

**409212-01** \$150

M-F 7/10-7/14 9:00am-1:00pm

## KIDS COOKING CAMP: SUPER HERO KITCHEN CAPERS

(Ages 5-8) In Super Hero Kitchen Capers, girls and boys will use their super powers in the kitchen making savory and sweet recipes and super cool crafts. Campers will practice essential kitchen skills and master the fundamentals of cooking. Daily lunch and a snack are included.

**409212-02** \$150

M-F 7/17-7/21 9:00am-1:00pm

## **GENERAL INFORMATION**

#### **LUCKETTS LOWDOWN / WEEKLY WHISPERS**

(All ages) Want to keep up-to-date with all the fun programs at Lucketts Community Center or important deadlines? Sign up for our monthly newsletter (Lucketts Lowdown) and/or our week-

at-a-glance reminder (Weekly Whispers), and be in the know!

## 709999-01

Free

#### **HASSEL-FREE BIRTHDAY PARTIES**

(All ages) Let our staff handle the birthday party for you! These birthday party packages are for two hours and include: tables and chairs set to specifications, access to refrigerator, freezer and ice machine, a Party Coordinator who will work with you to book and plan your party, a Party Facilitator who will assist you the day of the event to get and keep the party going, decorations: four table coverings, four center-pieces, 30 balloons, and basic party ware (i.e. paper plates, cups, napkins and utensils, all color-coordinated with your theme of choice), 60 minutes of games and activities, pizza, and juice boxes. Packages start at \$200. Contact Becky at 703-771-5281 or rebecca.aud@loudoun.gov.

#### **FACILITY RENTALS**

(All ages) We offer both indoor and outdoor facility rentals that can accommodate intimate or large groups. You may choose to use our Library (456 sq. ft.) or Gallery (380 sq. ft.), classrooms and childcare classrooms (525-739 sq. ft.), or auditorium (2352 sq. ft. including stage). If you would prefer to take your party outdoors, we have a pavilion, a gazebo, or tents available. Call 703-771-5281.

## MIDDLEBURG COMMUNITY CENTER

300 West Washington Street, P.O. Box 888 Middleburg, VA. 20118

540-687-6375

M-F 8:30am-5:00pm

Supply & material fees are payable to the instructor at the first class.

#### PRESCHOOL AGE PROGRAMS

#### **HELLO PONY**

(Ages 2-6) Introduce your child to the pony world. Participants will learn pony safety, grooming, take a ride and receive a souvenir. The new indoor ring means weather won't be a problem! Child must be accompanied by an adult. Instructor: Stonelea Farms.

**Location: Stonelea Farm 408100-01** \$30

Sa 6/3-6/3 10:00am-11:00am

#### **ARTFUL THINKING**

(Ages 3½-5) Painting, sculpture, textiles, photography-which art do you like best? Preschoolers will enjoy learning about a new type of art each day through, crafts, books, and activities.

Campers will take a walking field trip to identify art around town. Please wear clothes that can get artistically decorated!

**408104-01** \$150

M-F 6/5-6/9 9:00am-1:00pm

#### **GAMES GALORE**

(Ages 3½-5) Games, games, games galore! Play old school games, sports, and learn new games. We will go outside each day. information.

**408103-01** \$150

M-F 6/19-6/23 9:00am-1:00pm

#### **UNDER THE SEA**

(Ages 3½-5) Explore the wonderful world of the ocean. We will have crafts, games and books to explore the deep sea each day. Please pack a snack, lunch and water each day.

**408102-01** \$150

M-F 7/17-7/21 9:00am-1:00pm

#### **ELEMENTARY AGE PROGRAMS**

#### HORSE MINI CAMP

(Ages 5-12) Always wanted to learn about riding? Come to this one day get-to-know-your-horse event! The indoor ring means weather won't be a problem! Wear long pants. Instructor: Stonelea Farms.

**Location: Stonelea Farm 408200-01** \$60

Sa 6/3-6/3 12:30pm-2:30pm

#### HORSEMANSHIP CAMP

(Ages 5 & up) This is a camp for those horse-crazy kids who really want to try riding, but the family budget doesn't allow for weekly lessons! Time will be spent learning how horses think and why they react to things the way they do. We'll also cover safety in handling, grooming and riding, proper riding position and control while mounted (through games), and caring for and keeping horses. The additional time will be spent helping with horse care, playing horse games and arts and crafts related to horses. Helmets and boots provided (savings of \$80!). Wear long pants, bring water, a snack, and lunch. Camp limited to 15 riders. Instruction by Stonelea Farms.

## **Location: Stonelea Farm**

408203-01 \$415 M-F 6/19-6/23 9:00am-3:00pm 408203-02 \$415 6/26-6/30 M-F 9:00am-3:00pm 408203-03 \$360 M-F 7/10-7/14 9:00am-1:30pm 408203-04 \$315 M-F 7/17-7/21 9:00am-12:00pm 408203-05 \$315

8/7-8/11

9:00am-12:00pm

M-F

## Look To PRCS For Your After School Care Needs!

CASA (County After School Activities Program) is a state-licensed program for elementary school children (age 5 through grade 5). CASA is available at most elementary schools and select

YAS (Youth After School Program) is designed for students in grades 6-8. YAS is available at most middle schools in the County.



CASA & YAS offer:

Experienced staff A safe, healthy environment Challenging activities

Sports, games, arts & crafts Music, drama & life skills

Reading & homework time Special events & lots of fun



For more information, refer to *Children's Programs* and *Youth/Teen Services* or visit www.loudoun.gov/prcs.

#### **CAMP CAN I COOK IT**

(Ages 8-12) Young chefs will learn about different kitchen utensils, safety, and how to follow a recipe. We will make recipes covering breakfast, lunch, dinner and dessert. There will be guest speakers and walking field trips to our local restaurants. Come and learn new skills that you can put to work that day at home! Please bring lunch, water and a container to bring extras from the day's recipes home.

**408208-01** \$185

M-F 6/26-6/30 9:00am-1:00pm

#### LITTLE BITS ENGINEERING FOR KIDS

(Ages 5-9) In this class, younger students are introduced to basic electronics including input/ output through handouts learning and projects. Kids combine everyday supplies and color coded modules that utilize LED lights, fans, sliders, pressure sensors, and more! Students work together in small teams to in order create different projects such as custom flashlights, touch sensors, alarm clocks, and more! Have you ever wanted to learn about the science behind how some machines work? Take this class today! Camp may go outside for projects.

**408212-01** \$275

M-F 7/10-7/14 9:00am-2:00pm

# PHILOMONT COMMUNITY CENTER

36592 Jeb Stuart Road Philomont, VA 20131

540-338-5882

M-F 8:30am-5:00pm

Supply & material fees are payable to the instructor at the first class.

Pre-registration is required a minimum of 48-hrs prior to an event, unless otherwise stated.



## LICENSED PRESCHOOL

(Ages 2½-5) We offer a nine-month preschool program that follows the Loudoun County school calendar. The State Department of Social Services requires proof of current immunizations,

proof of age and a child care application form. Licensed preschool spaces are still available for the 2017/18 school year. Call today for current class availability and information.

#### PRESCHOOL AGE PROGRAMS

#### **TOTS 4-DAY THEME CAMP**

(Ages 3-5) Are you ready to have fun this summer? Come join us for our four-day camps, where each week we will explore a different fun theme with our friends through arts & crafts, science, stories and music, and indoor and outdoor play. Pack a lunch and water bottle.

611110-01	\$120	Down on the Farm
Tu-F	5/30-6/2	9:30am-1:30pm
611110-02	\$120	Fairytales Camp
M-Th	6/5-6/8	9:30am-1:30pm
611110-03	\$120	Space Camp
M-Th	6/12-6/15	9:30am-1:30pm
611110-04	\$120	Zoo Camp
M-Th	6/19-6/22	9:30am-1:30pm
611110-05	\$120Slime,	Goop, Playdoh & More
M-Th	6/26-6/29	9:30am-1:30pm
611110-06	\$90 Red,	White & Blue Camp
W-F	7/5-7/7	9:30am-1:30pm
611110-07	\$120	ASL Sign Language
M-Th	7/10-7/13	9:30am-1:30pm
611110-08	\$120	Beach Week Camp
M-Th	7/17-7/20	9:30am-1:30pm
611110-09	\$120	Teddy Bear Camp
M-Th	7/24-7/27	9:30am-1:30pm
611110-10	\$120	Bugs Galore Camp
M-Th	7/31-8/3	9:30am-1:30pm
611110-11	\$120	Cooking Camp
M-Th	8/7-8/10	9:30am-1:30pm
611110-12	\$120 Er	nd of Summer Camp
M-Th	8/14-8/17	9:30am-1:30pm

#### MAGICAL MONDAYS

(Ages 3-5) Come and join us for a magical end to your child's camp day at Philomont Community Center! We will enjoy lots of different activities and spending time with friends! Bring a snack and a water bottle. Fee is based on \$10 per day; choose your preferred days to attend.

 411105-01
 \$40

 M
 6/5-6/26
 1:30pm-3:00pm

 411105-02
 \$40

 M
 7/10-7/31
 1:30pm-3:00pm

 411105-03
 \$20

 M
 8/7-8/14
 1:30pm-3:00pm

## **FUN TUESDAY ADVENTURES**

(Ages 3-5) Are you ready for an adventure? Come and join us after camp for various fun, games and other activities. Please pack a snack and a water bottle. Fee is based on \$10 per day; choose your preferred days to attend.

**411103-01** \$50

Tu 5/30-6/27 1:30pm-3:00pm

**411103-02** \$30

Tu 7/11-7/25 1:30pm-3:00pm

**411103-03** \$30

Tu 8/1-8/15 1:30pm-3:00pm

#### **WONDERFUL WEDNESDAYS**

(Ages 3-5) Is your child having too much fun at camp and they don't want to leave? Have them stay for additional time for a Wonderful Wednesday! We will have lots of fun with various activities and games. Please pack a snack and a water bottle. Fee is based on \$10 per day; choose your preferred days to attend.

411104-01	\$50	
W	5/31-6/28	1:30pm-3:00pm
411104-02	\$40	
W	7/5-7/26	1:30pm-3:00pm
411104-03	\$30	
W	8/2-8/16	1:30pm-3:00pm

#### **LUNCH BUDDIES THURSDAYS**

(Ages 3-5) Come join your friends for some after camp fun! Please bring a snack and a water bottle. Fee is based on \$10 per day; choose your preferred days to attend.

411102-01	\$50	
Th	6/1-6/29	1:30pm-3:00pm
411102-02	\$40	
Th	7/6-7/27	1:30pm-3:00pm
411102-03	\$30	
Th	8/3-8/17	1:30pm-3:00pm

### **DR SEUSS FRIDAYS**

(Ages 3-5) Join us for Dr. Seuss Shenanigans on Fridays! A favorite Dr. Seuss book will be the star during each class, and start the fun for a morning of reading, crafts, and games related to the book. The mini Seusses will enjoy indoor and outdoor playtime, and snack and lunchtime. Pack a lunch and water bottle.

411106-01	\$23	
F	6/16-6/16	9:30am-12:30pm
411106-02	\$23	
F	6/23-6/23	9:30am-12:30pm
411106-03	\$23	
F	6/30-6/30	9:30am-12:30pm
411106-04	\$23	
F	7/14-7/14	9:30am-12:30pm

## **ELEMENTARY AGE PROGRAMS**

#### **4-DAY THEME CAMPS**

(Ages 6-9) Do your kids spend too much time "plugged in"? Would you like them to spend time outdoors enjoying and learning about the natural world around them? This camp will keep them busy outdoors, exploring various topics each week. We will explore, learn, hike, get messy, and develop a love and respect for the natural world. Pack a lunch, water bottle, and a change of clothes.

611201-01	\$120 G	ardens Galore Camp
M-Th	6/12-6/15	9:30am-1:30pm
611201-02	\$120	Bugs Camp
M-Th	6/19-6/22	9:30am-1:30pm
611201-03	\$120	Trees Camp
M-Th	6/26-6/29	9:30am-1:30pm
611201-04	\$90	4th of July Camp
W-F	7/5-7/7	9:30am-1:30pm
611201-05	\$120	ASL Sign Language
M-Th	7/10-7/13	9:30am-1:30pm
611201-06	\$120	Water Week Camp
M-Th	7/17-7/20	9:30am-1:30pm
611201-08	\$120	Fun Fishing Camp
M-Th	7/31-8/3	9:30am-1:30pm
611201-09	\$120	Creek Week
M-Th	8/7-8/10	9:30am-1:30pm
611201-10	\$120	Nature Camp
M-Th	8/14-8/17	9:30am-1:30pm

#### **JEDI MASTER ENGINEERING**

(Ages 5-12) The Force awakens in this advanced engineering course for young Jedi! Discover key engineering concepts such as gear trains, worm drives, pneumatics, and eccentric motion. Build LEGO® X-Wings, AT-AT walkers, Pod Racers, Star Destroyers, Cloud Cities, Settlements, Fortresses, and other complex machines and structures from a galaxy far, far away. Instructor: Play-Well TEKnologies.

**611202-01** \$175

M-F 7/24-7/28 1:00pm-4:00pm

## **SUPER HERO MASTERS**

(Ages 5-12) LEGO Superheroes need your help to defeat the destructive forces of evil arch-villains as they threaten LEGOpolis! Explore the tools and techniques of your favorite caped crusaders and learn what makes them not only Superheroes, but super engineers. An engineering curriculum designed by Play-Well challenges heroes to design, build, and save a city where ingenuity and imagination can solve any conflict. Instructor: Play-Well TEKnologies.

**611203-01** \$175

M-F 7/24-7/28 9:00am-12:00am

#### **JEDI & SUPERHERO MASH-UP**

(Ages 5-12) This full-day option for devoted LEGO engineers covers Star Wars and Superhero concepts over an entire day. Discover, build, imagine, and learn about all things LEGO, Jedi, and Superhero! Instructor: Play-Well TEKnologies.

**611204-01** \$335

M-F 7/24-7/28 9:00am-4:00pm

#### KIDS CAN COOK TOO!

(Ages 6-9) Have fun with Ms. Nancy & Ms. Julie this summer by making some yummy treats! We will make one treat each day. Pack a snack and be prepared to go outside for some outdoor games. Please let us know about any allergies

prior to the start date of class.

**411213-01** \$18

F 7/21-7/21 10:00am-12:30pm

**411213-02** \$18

F 8/4-8/4 10:00am-12:30pm

## STERLING COMMUNITY CENTER

120 Enterprise Street Sterling, VA 20164

703-430-9480

Fax: 703-421-3118

M-F 9:00am-9:00pm, Sa 9:00am-5:00pm

Supply & material fees are payable to instructor at the first class.



Find more Sterling Community Center camps in the 2017 PRCS Summer Camp Guide

## PRESCHOOL AGE PROGRAMS

#### 2s & 3s PREVIEW

(Ages 2 & 3) If you are thinking of signing your child up for our Just for 2s or Three is for Me classes starting in late August, try this one-day sample class. Parents will stay with their children and observe a typical day of centers, circle time and an educational art activity. These classes are designed to introduce children to a structured classroom setting and peer socialization.

**403119-01** \$5

Tu 6/20-6/20 11:00am-12:00pm

**403119-02** \$5

Th 7/13-7/13 11:00am-12:00pm

**403119-03** \$5

W 7/26-7/26 11:00am-12:00pm

**403119-04** \$5

Tu 8/8-8/8 11:00am-12:00pm

**403119-05** \$5

Sa 8/19-8/19 11:00am-12:00pm

## THREE IS FOR ME!

(Age 3) A different theme will be explored each month. Children will learn through play and explore the world around them in a fun and safe environment. This will all be accomplished through arts and crafts, music, social interaction, sensory play, and games. Remember to pack a snack! Register in person at SCC. Ask about our toilet training policy. This program runs through the school year. Average monthly fee is \$144. August/September payment of \$168 due 8/25.

**403102-01** \$168

M,W,F 8/28-9/29 9:30am-11:00am

#### **JUST FOR 2S!**

(Age 2) Two-year-olds will have their first classroom experience in a relaxed atmosphere. During their time at SCC, they will create works of art, engage in sensory play and learn social interaction skills -all while having fun with friends. Pack a snack! Register in person at SCC. Ask about our toilet training policy. This program runs through the school year. Average monthly fee is \$96. August/September payment of \$120 due 8/25. Call 703-430-9480 for more information.

**403101-01** \$120

Tu,Th 8/29-9/28 9:30am-11:00am

#### **TEENAGE PROGRAMS**

#### **DODGEBALL & TEST KITCHEN**

(Ages 10-14) Action & Arts-Week 2. The morning Dodgeball Camp will teach different types of games including torpedo, classic and jailbreak dodge. The afternoon Test Kitchen will teach campers different food safety and preparation techniques including knife skills, stovetop cooking, creating flavor combinations, and baking. Teams will brainstorm a menu and prepare a camper designed meal for the final camp day. Notify us at least two weeks in advance of dietary restrictions, planned recipes may contain common allergens. Participants enrolled in both the morning and afternoon will have a supervised lunch break between camps.

603313-01 \$210 Dodgeball & Test Kitchen 6/19-6/23 M-F 8:00am-6:00pm 603313-02 \$95 Dodgeball Only M-F 6/19-6/23 8:00am-12:00pm 603313-03 \$105 Test Kitchen Only M-F 6/19-6/23 1:00pm-6:00pm

## **SPORTSBALL! & PROJECT THEATRE**

(Ages 10-14) Action & Arts-Week 7. Campers in the morning Sportsball! Camp will participate in activities such as volleyball, bowling, miniature golf, and hitting the batting cages. The afternoon Project Theatre Camp will combine acting and entertainment production with community enrichment through project-based learning. Through the week, campers will design a live show to be presented at the end of the week. Participants enrolled in both the morning and afternoon will have a supervised lunch break between camps. Location: Sterling Community

\$210	Sportsball & PT
7/24-7/28	8:00am-6:00pm
\$95	Sportsball only
7/24-7/28	8:00am-12:00pm
\$105	Project Theater only
7/24-7/28	1:00pm- 6:00pm
	7/24-7/28 \$95 7/24-7/28

#### **ADULT PROGRAMS**

#### **VOLLEYBALL DROP-IN**

(Ages 18 & up) Drop in on Tuesday and Thursday nights at SCC for coed volleyball! Pay per visit or purchase an SCC drop-in activities card for \$25 and stop worrying about drop-in money! No drop-in 7/4.

**403509-01** \$2.50

Tu,Th 6/1-8/31 7:00pm-9:00pm

## **ADULT SOCCER DROP-IN**

(Ages 18 & up) Work on your soccer drills and skills in our indoor gymnasium on Monday nights. Pay per visit or purchase a SCC drop-in activities card at SCC for \$25. No drop in 7/3.

**403526-01** \$2.50

M 6/5-8/28 7:45pm-9:00pm

#### PICKLEBALL DROP-IN

(Ages 12 & up) The fastest growing sport in America has made its way to the Sterling Community Center! Children under 16 must be accompanied at all times by an adult. Pay per visit or purchase a SCC drop-in activities card at SCC for \$25. No drop in 7/3.

**403524-01** \$2.50

M 6/5-8/28 6:15pm-7:30pm

#### ARCHERY RANGE SAFETY ORIENTATION

(Ages 10 & up) If you're an experienced archer who would like to participate in our Archery Drop-in sessions, you must take this range rules and safety orientation first. Orientation is not instructional, participants must already know how to shoot a bow. Those new to archery are advised to first take our Beginner Archery class. Safety orientation starts promptly; late participants will be transferred to the next session.

**403523-01** \$5 W 6/7-6/7 6:30pm-7:00pm

**403523-02** \$5 W 7/5-7/5 6:30pm-7:00pm

**403523-03** \$5

W 8/2-8/2 6:30pm-7:00pm

#### **ARCHERY DROP-IN**

(Ages 10 & up) Drop in on Wednesday nights at SCC to practice archery on our indoor range. Use one of our recurve, compound, or crossbows and arrows. Use of other bows must be pre-approved at SCC, max draw 30 lbs. Mandatory prerequisite: SCC Archery Orientation or SCC Archery class.

**403508-01** \$2.50

W 6/7-8/30 7:15pm-8:30pm

## **MULTIAGE PROGRAMS**

#### **FAMILY GAME NITE**

(Ages 7 & up) Play Ping Pong, Foosball, board games, videogames—fun for the whole family! Children under 16 must be accompanied at all times by an adult. Pay per visit or purchase a SCC drop-in activities card at SCC for \$25. No drop in 7/3.

 403525-01
 \$2.50
 Ages 18 & Up

 M
 6/5-8/28
 6:30pm-8:30pm

 403525-02
 \$1
 Ages 7-17

 M
 6/5-8/28
 6:30pm-8:30pm

## **BIRTHDAY PARTY PACKAGES**

All party packages include:

- 2 hours of Party Time-plus 15 minutes before and after for set up/clean up
- 4 Decorated Tables-with table covers in your choice of color
- Basic Partyware-paper plates, cups, napkins, utensils, and juice for children
- Party Coordinator-staff will work with you to book and plan your party

Parties are priced for 15 children. Registration must be done in-person at Sterling Community Center. See our Moonbounce Party Package set

up at https://www.youtube.com/watch?v=6c\_ m2wtY110. Call 703-430-9480 for more information and to check date availability.

#### MOONBOUNCE PARTY PACKAGE

(All ages) Enjoy a bouncing birthday party indoors! With five moonbounces of various sizes set up, there will be plenty of jumping fun for all the kids. Party package includes 2-hour gym rental (plus 15 minutes before and after for setup and cleanup), basic partyware with 4 decorated tables, and a party coordinator. Registration must be done in person at SCC. Call to check availability.

**403586-01** \$200 M-Sa 6/1-8/31

#### **BUILD YOUR OWN BIRTHDAY PARTY**

(All ages) If you'd like a party theme not on our list, we can work with you to plan games and activities around a topic of your choice! Party package includes 2-hour gym rental (plus 15 minutes before and after for setup and cleanup), an instructor (optional), basic partyware with 4 decorated tables, and a party coordinator. Registration must be done in person at SCC.

**403593-01** Price varies M-Sa 6/1-8/31

#### ADD-ON MOONBOUNCES

(All ages) Add some bounce to your party! Our 3 large moonbounces can be added to most of our themed party packages.

**403594-01** \$75 M-Sa 6/1-8/31

## **BUILD & BOUNCE PARTY**

(All ages) We'll provide a variety of building toys to challenge your engineering skills, and moonbounces to explore physics. Party package includes 2-hour gym rental (plus 15 minutes before and after for setup and cleanup), 3 moonbounces, various building toys, basic partyware with 4 decorated tables, and a party coordinator. Registration must be done in person at SCC.

**403596-01** \$210 M-Sa 6/1-8/31



# CARVER CENTER

200 Willie Palmer Way Purcellville, VA 20132

## 571-258-3400

M-F 9:00am-9:00pm Sa 9:00am-6:00pm

For senior classes, programs and events, please refer to the Carver Center section following the Bluemont Community Center listings.

## DULLES SOUTH SENIOR ACTIVITY CENTER

24950 Riding Center Drive South Riding, VA 20105

#### 571-258-3883

M-F 9:00am-5:00pm

Unless otherwise noted, the following classes, activities, and programs for ages 55 & older are FREE, although membership or non-member drop-in fees apply.

#### **SPECIAL EVENTS**

Please contact the Dulles South Senior Activity Center for more information about special events for seniors.

#### **ONGOING ACTIVITIES**

#### YOGA FOR SENIORS

Enjoy the benefits of a life with Yoga. This class practices yoga while seated. Improve your strength, balance and flexibility. End this class with a good laugh.

M, T, W, F ongoing 11:00am-12:00pm

#### **YOGA**

Traditional Mat Yoga. Please bring your yoga mat. Th ongoing 11:00am—12:00pm

#### TAI CHI

Join us in this beautiful form of exercise from the mainland of China.

Tu, W ongoing 10:00am-11:00am

#### **BEGINNING LINE DANCE**

New to line dancing? Try this class to learn some basic line dance routines at a slower pace.

F ongoing 10:00am-11:00am

#### LINE DANCE

Learn new line dance routines and have some fun.

Tu ongoing 11:00am-12:00pm
Th ongoing 1:00pm-2:00pm

#### **HULA & FOLK DANCE**

Learn a new hula or folk dance monthly.

Th ongoing 10:00am

#### WALK AROUND THE WORLD

Enjoy conversation with friends while "hall-walking" the Dulles South Multipurpose and Senior Center loop.

M,Tu,W,Th,F ongoing 9:00am-5:00pm

#### **EXERCISE EQUIPMENT ROOM**

Get fit using the treadmill, bicycle, cardioglide, and free weights.

M,Tu,W,Th,F ongoing 9:00am-5:00pm

#### **COMPUTER**

Computer help for beginners and more. If you are interested in learning how to use your phone, computer, or tablet to its fullest capacity, get help from volunteers Alfred and Baldev.

Tu ongoing 11:30am-1:30pm W ongoing 10:30am-11:30am

### **TECH TALK W/ GUM SPRINGS LIBRARY**

Staff from Gum Springs Library share tips and tricks for using your technology devices and share the latest information on new technology devices.

#### **Open Questions**

1st W ongoing 1:30pm-2:30pm

Topic of the Month

(i.e. Learn Facebook, Twitter, etc.)

3rd W ongoing 1:30pm-2:30pm

#### KNIT 'N' STITCH CLUB

Bring your own supplies. Interested in learning to knit, crochet or sew? Help is available from volunteer instructor.

Tu ongoing 12:30pm-2:00pm Th ongoing 10:30am-1:00pm

## **LIBRARY OUTREACH SERVICES**

Loudoun County Public Library visits our center for a monthly book /DVD/CD exchange.

4th W ongoing 11:00am-12:00pm

#### **ADVISORY BOARD MEETING**

Dulles South Senior Activity Center Advisory Board meets the first Tuesday monthly.

1st Tu ongoing 12:45pm

#### **SERVICES FOR SENIORS**

See an Elder Resources Case Manager for confidential supportive assistance and questions for aging issues and situations. Sign up in the Dulles South Senior Activity Center staff office.

2nd. 4th W ongoing 12:30pm-5:00pm

#### **INOVA MOBILE HEALTH SERVICES**

Stop by and have your blood pressure and heart rate monitored monthly.

1st Tu ongoing

#### **ENGLISH CHAT**

Learn new vocabulary and chat with new friends from around the world.

Tu,W,Th ongoing 12:30pm-1:30pm

#### **GAMES GALORE**

Start your week and weekend out right...PLAY! Jump start vocabulary with a good game of Scrabble, Rummikub, Canasta, Hand & Foot, and more.

M,Tu,W,Th,F ongoing 10:30pm-5:00pm

#### **MAHJONG**

Tu,W ongoing 11:00am

#### **MEXICAN TRAIN DOMINOES**

Senior Olympic rules apply

Tu ongoing 1:00pm

## **PARTY BRIDGE**

F ongoing 10:00am

#### **BUNCO**

Learn to play and join in this fun, easy dice game.

W ongoing 12:30pm

#### **BOOK CLUB**

Check out the book of the month from the staff office or from the volunteer leader. Read and return to discuss at the monthly meeting.

4th W ongoing 10:00am

## **CREATIVE WRITING GROUP**

Bring your writing tool of choice, either pen and paper or computer. Write and share in a group setting.

3rd M 10:00am

#### MEMOIR WRITING

Gum Springs Librarian leads this monthly memoir writing group at Dulles South Senior Activity Center.

2nd W ongoing 10:00am

#### **BIBLE STUDY**

M-F ongoing 10:30am

## **E-COMMENT**

Seniors can record a 2 minute video message to the Board of Supervisors for their review.

W ongoing 12:30pm

#### **GUEST SPEAKERS**

Check monthly newsletter for guest speaker presentations on a variety of topics.

#### **SHOPPING**

Trips twice a month to Dulles Landing Shops including Walmart, Ross, Dick's, Home Goods and more. Occasional shopping trips to Wegmans and Target in Sterling, Dulles Town Center Mall, Leesburg Outlets and more. Call the center for dates & times of specialty shopping trips.

2nd. thh M ongoing 12:30pm

#### MONTHLY BIRTHDAY PARTY

Enjoy cake and celebrate the members' birthdays for the month.

2nd Tu ongoing 12:30pm

#### MONTHLY MOVIE

Enjoy a movie on the big screen at the center. 4th W ongoing 12:30pm

Please stop by for more information and check out our facility. Schedule Dulles South Senior Activity Center for your next meeting, dance club, bridge group, or friendly gathering!

# SENIOR CENTER AT CASCADES

21060 Whitfield Place Sterling, VA 20165

#### 571-258-3280

M, W-F 9:00am-5:00pm Tu 9:00am-8:00pm

Registration is not required for the following general interest activities for participants 55 and over. They are free unless otherwise noted (although annual membership or daily drop-in fee applies).

#### **CARDS & GAMES**

#### **BINGO**

Fee required (15 games)

M, Th ongoing 10:30am-12:00pm
Tu ongoing 10:30am-11:30am
F ongoing 1:30pm-3:00pm

JEOPARDY!

4th W ongoing 11:00am-12:00pm

## **DUPLICATE BRIDGE**

Sanctioned game -Fee required

M ongoing 11:00am-3:00pm
Th ongoing 1:00pm-4:30pm

O'HECK

W ongoing 10:00am-11:30am

**PINOCHLE** 

Th ongoing 11:00am-12:00pm

#### **PARTY BRIDGE**

W, F ongoing 1:00pm-4:00pm

**POKER** 

Tu, Th ongoing 1:00pm-4:30pm

**BUNCO** 

1st W ongoing 1:00pm-3:00pm

## **CULTURAL & SOCIAL ACTIVITIES**

#### **CERAMICS**

Learn how to clean green ware, paint and glaze. Participants may choose from hundreds of molds. Price includes small ceramic piece. Class offered every month. Please check with the Senior Center for current schedule.

Instructors: Pat Miller and/or Frank Smith. \$23, \$21/member—2 sessions TBA

#### **BOOK DISCUSSION**

3rd Tu ongoing 12:00pm-1:30pm

### **INDIAN CULTURAL GROUP**

Open to anyone interested in attending to celebrate Indian Culture

2nd W ongoing 10:30am-12:00pm

#### **MORNING REFRESHMENTS & FRIENDSHIP**

M-F ongoing 10:00am-12:00pm

#### **CURRENT EVENTS DISCUSSION**

W ongoing 1:30pm-3:00pm

#### **ITALIAN ACTIVITY**

M ongoing 10:00am-12:00pm

#### **CONVERSATIONAL SPANISH**

For those who would like to practice their Spanish skills this free activity offers a great opportunity to converse and discuss current topics while improving grammar skills.

Prerequisite: Beginning & Intermediate Spanish
Tu ongoing 10:00am-11:30am

#### **KNIT & CROCHET COMMUNITY VOLUNTEERS**

Join an active knit & crochet group to create items to benefit children and adults in the community facing illness or crisis.

F ongoing 10:00am-12:00pm

#### **CROCHET INSTRUCTION**

M ongoing 1:30pm-3:00pm

## **MOVIE, POPCORN & SODA**

Movies shown on 8-foot screen.

\$3/movie

3rdW ongoing 1:30pm-3:30pm

#### **CLASSIC MOVIE NIGHT**

Free classic movies shown on 8-foot screen followed by an interactive discussion. Bring snack. 4th Tu ongoing 5:30pm-7:30pm

#### **OPEN PAINTING**

Tu ongoing 10:00am-12:00pm

#### POTLUCK BINGO

Participants bring a dish to share along with a "white-elephant" item to give as a bingo prize.

2nd Tu ongoing 5:30pm-7:30pm

### **SENIOR CENTER ADVISORY BOARD**

3rd Th ongoing 10:00am-11:30am

#### **TEA TIME**

\$.50/donation

Th ongoing 2:00pm-3:00pm

#### **EXERCISE ACTIVITIES**

See CLASSES for Zumba & Forever Fit

#### **AEROBICS**

M-F ongoing 9:00am

**AEROBICS** 

M, W, F ongoing 10:00am

#### REJUVENATION EXERCISE

Tu,Th ongoing 10:00am-11:00am

#### **BALLROOM DANCING**

W ongoing 11:00am-12:00pm

## INTRO TO LINE DANCING

Th ongoing 10:00am-11:00am

#### **BEGINNER LINE DANCING**

W ongoing 10:30am-11:30am

## BEGINNER PLUS LINE DANCING

F ongoing 1:15pm-2:30pm

#### LOW INTERMEDIATE LINE DANCING

M ongoing 1:00pm-2:30pm F ongoing 1:00pm-2:30pm

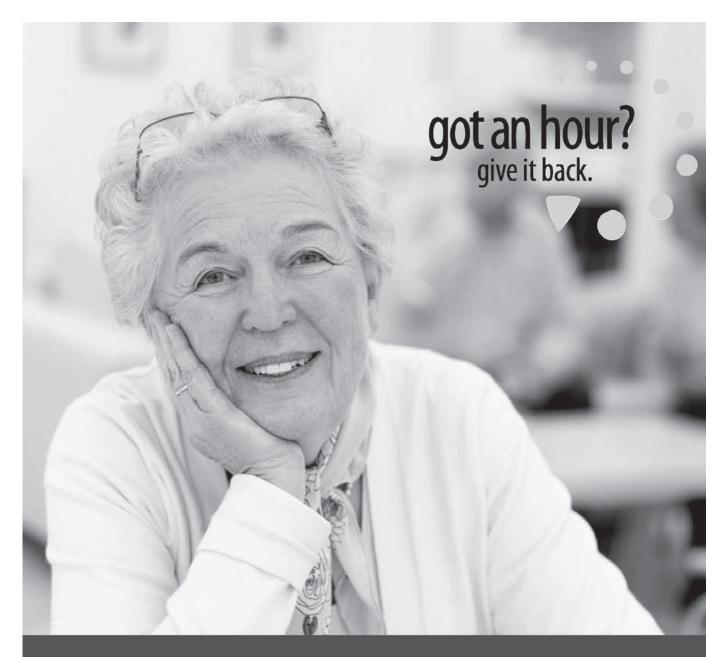
## **PICKLE BALL**

Tu ongoing 3:00pm-7:00pm W ongoing 9:30am-10:30am

#### TAI CHI & QI GONG WITH MABEL

Meditation in motion. Gentle martial arts for seniors, with breathing concentration exercises. Led by Mabel Chin and Marlene Burkgren. Tuesday class for Beginners.

Tu ongoing 11:00am-12:00pm F ongoing 11:00am-12:00pm



She lives alone and can no longer prepare her meals. She could use someone to deliver a warm meal. In less than one hour you could be that someone.



It only takes an hour to give back to seniors.

To volunteer for the Loudoun County Home Delivered Meals Program,
call 703-777-0257 or contact debra.bressler@loudoun.gov.
Home Delivered Meals Programs is administered by the Loudoun County
Department of Parks, Recreation & Community Services/Area Agency on Aging.

www.giveitbacktoseniors.org

#### **MAH JOHNGG (American Version)**

M ongoing 1:00pm-3:00pm
Tu ongoing 1:00pm-3:00pm

#### **SELF-HELP & RESOURCES**

#### **TEEN TECH TUESDAYS**

Bring your mobile device, laptop, tablet and meet with local teens in the computer lab to answer questions, help install apps, or give pointers on how to navigate the internet.

Free (advance sign-up required)

Tu ongoing 5:00pm-7:00pm

## SHARE YOUR COMMENTS WITH LOCAL OFFICIALS!

Seniors are invited to participate in the E-Comment program to record comments for the public input session of the monthly Loudoun County Board of Supervisors meetings. E-Comments can be recorded on Thursdays at 10:30 a.m. Contact the center for more details.

#### AARP DRIVER SAFETY PROGRAM-"SAFE DRIVER"

This two-day program may help to reduce the cost of your insurance.

\$20, or \$15 for AARP members (non-members must pay additional drop-in fee)

W,F TBA 10:00am-3:00pm

#### **BLOOD PRESSURE CHECK**

M-F ongoing 11:00am-11:30am

#### SENIOR OUTREACH SERVICES

Provides confidential, supportive assistance linking seniors to services and support in the community.

1st, 3rd W ongoing 11:00am-1:30pm

#### **HEARING LOSS ASSISTANCE**

Representative from Northern Virginia Resource Center for Deaf and Hard of Hearing Persons answers questions about hearing loss and available resources.

3rd Th ongoing 10:00am-2:00pm

## "US TOO" PROSTATE CANCER EDUCATION AND SUPPORT GROUP

2nd Tu ongoing 6:00pm-8:00pm

#### MOBILE HEALTH VAN

Loudoun Healthcare provides blood pressure checks and referrals.

2nd, 4th Tu ongoing 9:00am-12:00pm

## SUPPORT GROUP FOR TINNITUS AND HEARING PROBLEMS

1st F ongoing 2:00pm-3:00pm

#### **WEEKLY PROGRAMS**

Watch for information in the Senior Center Review (monthly newsletter distributed to all members) about weekly programs such as financial and estate-planning seminars, medical presentations and screenings and lectures on historical events and literary figures.

#### **CLASSES**

#### **CERAMICS**

Learn how to clean green ware, paint and glaze. Participants may choose from hundreds of molds. Price includes small ceramic piece. Instructors: Pat Miller and/or Frank Smith. Class offered every month. Please check with the center for current schedule.

\$23/non-member, \$21/member-2 sessions

#### **New! ZUMBA GOLD**

Dance Fitness program with a Latin/International beat! Zumba Gold is geared toward active adults learning Zumba or those who prefer a low-impact version. Instructor: Vivian Monroe. No class 7/4.

 445607-01
 \$10/member, \$12/drop-in

 Tu
 6/13-7/25
 1:00pm-2:00pm

 445604-01
 \$10/member, \$12/drop-in

 Th
 ongoing
 11:00am-12:00pm

#### **New! FOREVER FIT**

A fun seated fitness class to improve your fitness level without placing stress on your joints. If you like to dance or move to music, this 45 minute class will help you to stay fit as you age!

**445608-01** \$6/member, \$8/drop-in W 6/7-7/12 1:00pm-1:45pm

#### **SPECIAL EVENTS**

## **CASCADES BILLIARDS TOURNAMENT**

Double elimination tournament. Rules of play will be in accordance with Virginia Senior Olympics. Trophies will be awarded to the top finishers. Limited to 16 players.

**445609-01** \$7/non-member, \$5/member Tu 6/27-6/27 10:00am—2:00pm

#### INDEPENDENCE DAY LUNCHEON

A patriotic salute of songs and apple pie for dessert. Advance registration is required. Lunch donation is requested. Wear your red, white, and blue!

W 7/5-7/5 11:30am-1:00pm

#### **SQUARE DANCE PARTY**

Professional "Caller" on-hand to lead the dancers.. Light snacks and refreshments will be served. From beginners to pros, all are welcome!

Transportation available after the party. **445609-02** \$7/non-member, \$5/member

Tu 7//25–7/25 2:00pm -4:00pm

#### 8th ANNUAL INTERNATIONAL BAZAAR

Tasty treats from around the globe. Music, culture, and prizes!

**445609-03** \$7/non-member, \$5/member F 8/11-8/11 2:00pm-4:00pm

#### **CHILI COOKOFF CONTEST**

Enter to win prizes for best chili in several categories. Free admission for entrants. Fee for all chili lovers. Transportation available afterwards.

**445609-04** \$7/non-member, \$5/member W 8/30–8/30 2:00pm–4:00pm

# THE SENIOR CENTER OF LEESBURG

102 North Street, NW, Suite B, Leesburg, VA 20176

#### 703-737-8039

M,W,Th,F 9:00am-5:00pm; Tu 9:00am-8:00pm Membership fee: \$26/resident, \$39/non-resident

Unless otherwise noted, the following classes, activities, and programs are offered for free to participants ages 55 and older, although membership or drop-in fees apply. Closed July 3-4.

#### **ARTS & CRAFTS**

## **CERAMICS HAND-BUILDING**

Hand-building instruction the first Tuesday of every month. Sign-up at Center's Ceramic Workshop.

1st Tu ongoing 4:00pm-6:00pm

#### **CRAFTS WITH MINDA**

Participate in crafts with Minda.

W ongoing 10:30am-12:00pm

### **SEWING**

For the beginner level. Sewing Machine provided. Bring in your sewing project. Assistance provided by Carol

M.F ongoing 9:00am-12:00pm

#### STITCH'N'B

Sew, knit, crochet, and needle work. Make new friends and share ideas. Assistance provided by Carol.

M,F ongoing 9:00am-12:00pm

## ART STUDIO WITH CAROL

Share techniques and learn new skills from each other. Bring your own supplies and work with expert help from Carol.

M ongoing 12:30pm-3:00pm

### **OUILT MAKERS CLUB**

Come to chat and exchange ideas. Bring your own project to work on. Make use of the large tables to spread out your project.

Tu ongoing 9:30am-12:00pm

### **CROCHET CLUB**

Bring your hooks and yarn. Work together on your own projects.

M,F ongoing 9:00am-12:00pm

#### DRAWING STUDIO WITH KAREN

Drawing with Karen second Wednesday of the month ONLY.

2nd W 6/14,7/12,8/9 12:30pm-2:15pm

### **EDUCATIONAL**

### **SPANISH PRACTICE**

Mary Frances leads the group in puzzles and games used to practice the language.

W ongoing 1:00pm-2:00pm

### MUSICAL

### **UKULELE LESSONS & SING-A-LONG**

Learn to play the ukulele. Ukulele lesson with ukuleles available for loan. No experience necessary.

Th ongoing 12:30pm-2:30pm

### **GUITAR LESSONS WITH TERRY**

Bring your guitar, mandolin, banjo, ukulele, dobro, fiddle or dulcimer and play the old country music, bluegrass, folk, and traditional tunes. Beginner or a pro, all are welcome!

F ongoing 1:00pm-2:30pm

### DANCE

### HULA AND FOLK DANCES

Learn new dances from all over the world. No partner required. Instructed by Minda.

Tu ongoing 1:00pm F ongoing 1:00pm

### **HAPPY HOUR**

Get Started! Learn beginning level line dance with Elfreide.

W ongoing 12:00pm-1:00pm

### **HAPPY FEET**

Learn more in intermediate level line dance with Minda.

W ongoing 1:00-2:00pm

### **BELLY DANCING**

Introduction to belly dancing class will be instructed by Karen.

W ongoing 10:30am-11:30am

#### LINE DANCE WITH VINNY

Enjoy Vinny and his line dance steps. Take instruction and glide to the music. No partner is required. All levels welcome.

Th ongoing 12:00pm-2:00pm F ongoing 10:30am-12:00pm

### **FITNESS**

#### TAI CHI

Tai Chi is a gentle exercise proven to strengthen muscles, Improve stamina, blood circulation, balance and relaxation. Sucha provides instruction.

M ongoing 11:00am-12:00pm

### **TAIJIOUAN 24 FORMS**

The standard simplified Chinese national version. Improve your balance, healthy low impact exercise, gain muscle strength and feel energized and sharpen your mind, body and spirt with this ancient art. Instructed by Zumei Feng.

Th ongoing 11:00am-12:00pm

### **ZUMBA GOLD**

Latin-inspired dance fitness program. Feel the music and move to it with simple steps. Increase your coordination and decrease stress. Wear rubber soled shoes, comfortable loose fitting clothing. Bring water and a towel. Certified instructor: Barbara. 10 class/punch card or \$6.00 drop in fee.

 427608-01
 \$60
 punch card

 Tu
 6/6-8/29
 11:00am-12:00pm

 427608-04
 \$60
 punch card

 F
 6/2-8/25
 9:30am-10:30am

### **BODY & MIND WORKS**

Use hand weights for a total body workout. Meet twice per week for a better workout. Free Tu,F ongoing 2:30pm-3:30pm

#### **YOGA & LAUGHTER**

Combination of chair yoga, stretching, and laughter. Make new friends in this caring and supportive group.

Th ongoing 9:30am

### **HEALTH, WELLNESS & INFORMATION**

### **INOVA MOBILE HEALTH SERVICES**

lnova nurse comes to give blood pressure checks.

1st W ongoing 10:00am-12:00pm

### LET'S TALK CIRCLE OF SUPPORT

We are all in transition. We are all learning how to deal with the challenges of life. Join the Circle of Support. Mary Ellen will guide the discussion. 3rd M ongoing 11:00am-12:00pm

### **SERVICES FOR SENIORS**

Confidential support assistance. Provided by the Area Agency on Aging staff. Sign up in the lobby. Sign-up ahead.

2nd, 4th Th ongoing 11:00am-4:30pm

### **ONGOING CLUBS & GROUPS**

#### **BOOK CLUB**

Check out the book of the month at the front desk to take home and read. Bring back on or before the 2nd Wednesday of the month.

2nd W ongoing 10:00am-11:00am

#### INVESTORS DISCUSSION

Member led discussion. Share your research on investments.

2nd, 4th M ongoing 9:30am-10:30am

### **PARTY BRIDGE**

No partners needed. Stop by and play some bridge with friends.

Tu ongoing 1:00pm-4:00pm

### WRITER'S ROUND TABLE

Share your work with other writers. Give critique and receive advice from fellow writers. We're building a community of senior writers!

Tu ongoing 1:00pm-2:00pm

### **BIBLE STUDY W/IRIS**

W ongoing 11:00am-12:00pm

### **LOUDOUN BRIDGE BUFFS**

Duplicate bridge-sanctioned ACBL Game. Fees apply.

F ongoing 12:00pm-4:30pm

### **CURRENT EVENTS DISCUSSION**

Come prepared to engage in stimulating conversation about county, state, national, and international news.

W ongoing 1:00pm-2:00pm

### **OUTINGS**

### **SHOPPING**

Weekly shopping trips to local retail stores. Check Newsletter for details.

W ongoing 12:45pm

#### THRIFT STORE SHOPPING

Monthly trips on the first Wednesday of each month to local thrift stores. Check newsletter for details.

1stW ongoing 12:45pm

### **LUNCH BUNCH**

This monthly outing gives the Leesburg members a chance to be transported in style to a delightful lunch time. Cost covers the transportation. Meal paid for on your own. Bus leaves as scheduled.

427660-01	\$2	Sweetwater Tavern	
Th	6/15-6/15 11:00am-1:30p		
427660-02	\$2	Blue Ridge Grill	
Th	7/20-7/20	11:30am-1:30pm	
427660-03	\$2	Coney Island Diner	
Th	8/17-8/17	11:15am-1:30pm	

### **RECREATION, SOCIAL & GAMES**

### **SETBACK**

Join this new card game.

M ongoing 1:00pm-2:30pm

### **EUCHRE**

Card Game with friends old and new.

Tu ongoing 9:30am-12:00pm

#### **TEXAS HOLD'EM**

Tu,Th ongoing 9:00am-11:45am

### **RUMMIKUB**

M-F ongoing

### **MAJHONGG**

*N* ongoing 12:30pm-2:30pm

### **OH HECK!**

M ongoing 10:00am-12:00pm

### **MEXICAN TRAIN**

Tu ongoing 10:00am-12:00pm

### **CANASTA/HAND & FOOT**

 Tu
 ongoing
 5:00pm-8:00pm

 F
 ongoing
 2:00pm-5:00pm

### **PINOCHLE**

Th ongoing 1:00pm-4:00pm

### **BINGO WITH BILLY**

Cards are \$.50 each.

Tu ongoing 1:00pm-2:00pm

### **BINGO WITH GAIL**

Cards are \$.50 each.

F ongoing 12:45pm-1:45pm

#### BIDWHIST

Card game with friends old and new.

M ongoing 10:00am-12:00pm

### **BILLIARDS**

Make use of the two regulation slate billiard tables.

M-F ongoing 9:00am-5:00pm

### Wii BOWLING

Enjoy Wii bowling fun, with new and old friends! Note subject to change for Special Event days. Questions see staff.

M ongoing 12:45pm-2:00pm

### **PICKLEBALL**

Drop-in and play this indoor version of tennis played with a paddle and a wiffle ball. Space Limited to one court-4 players. Please note subject to change due to special event days.

M	ongoing	2:30am-4:45pm
Tu	ongoing	9:00am-11:30am
Tu	ongoing	4:30pm-6:30pm
W	ongoing	2:30pm-4:45pm
Th	ongoing	2:30pm-4:45pm
F	ongoing	9:00am-11:30am

### **BADMINTON**

Play this backyard sport in our dining room. M,W ongoing 9:30am-11:30am

### **TABLE TENNIS**

Regulation Ping-Pong Table.

M-F ongoing check for times

### **SPECIAL EVENTS**

### **MOVIE NIGHT**

Enjoy a free monthly featured movie.

### Loving

Tu 6/27-6/27 5:00pm-8:00pm *I.T.*Tu 7/25-7/25 5:00pm-8:00pm

Manchester by the Sea

Tu 8/29-8/29 5:00pm-8:00pm

### **MOVIE DAY**

Enjoy a free monthly featured movie.

### Loving

W 6/28-6/28 12:30pm-2:30pm *I.T.* W 7/26-7/26 12:30pm-2:30pm

Manchester by the Sea

W 8/30-8/30 12:30pm-2:30pm

### SHOPPING TRIP AT THE LEESBURG OUTLETS

Bus ride to the Leesburg Outlets for a shopping outing. Lunch is on your own.

**427606-01** \$1

W 6/7-6/7 11:00am-1:30pm

### **FATHERS DAY BREAKFAST**

Catered breakfast. Come celebrate Father's Day and enjoy a great breakfast with your friends! Registration deadline 6/13.

**427670-01** \$5

F

6/16-9/16 9:00am

### LINE DANCING EXTRAVAGANZA

Don't miss this spectacular line dancing event. Dance to your favorite turns all afternoon. Refreshments will be served. No partner necessary.

**427610-01** \$1

Th 6/29-6/29 1:30am-4:30pm

### **BUS RIDE: INDEPENDENCE DAY CELEBRATION**

Celebrate Independence Day at Carver.

**427644-01** \$1

F 6/30-6/30 10:45am-1:45pm

### **BUS RIDE: DAIRY QUEEN**

Enjoy lunch and dessert at Dairy Queen during the hot summer months. Lunch is on your own but the company is priceless.

**427644-02** \$1

F 7/21-7/21 11:45am-1:30pm

### PARTNERS POOL TOURNAMENT

This is an eight ball Partners Pool Tournament. Rules are supplied at the time of sign-up. Limited to 18 players. Box lunch is included. Prompt start time is 10:00 am.

**427636-01** \$9/member

W 7/26 10:00am

### MUSICFEST

If you have a talent that involves singing, dancing or playing a musical instrument, this event is for you! Performers and groups will be limited to two performances. Light Refreshments will be served. Sign up with Sue by 8/1.

### 427692-01 Free Event

Tu 8/8-8/8 4:00pm-6:00pm

### **CLASSIC MOVIES**

Enjoy free monthly classic movies

### To Kill a Mocking Bird

M 6/5-6/5 12:30pm-2:00pm

The Color Purple

M 710-7/10 12:30pm-2:00pm

Pretty Woman

M 8/7-8/7 12:30pm-2:30pm

REGISTER ONLINE!

VISIT WWW.I OUDOUN.GOV/WEBTRAC

### SUMMER SAFETY REMINDER!

### PREVENT LYME & OTHER TICK-BORNE DISEASES!

- AVOID TALL GRASS
- WEAR REPELLENT
- CHECK PEOPLE AND PETS DAILY FOR TICKS
- PROMPTLY REMOVE TICKS WITH A TWEEZER
  - SHOWER SOON AFTER BEING OUTDOORS
- CALL YOUR DOCTOR IF YOU GET A FEVER OR RASH

### COMO PREVENIR LA ENFERMEDAD DE LYME Y OTRAS ENFERMEDADES TRANSMITIDAS POR LAS PICADURAS DE LA GARRAPATAS

- EVITAR LA HIERBA ALTA
  - USE REPELENTE
- HÁGASE INSPECCIÓNES DEL CUERPO Y TAMBIEN REVISE LAS MASCOTAS

PARA BUSCAR LAS GARRAPATAS INMEDIATAMENTE DESPUES DE ACTIVIDADES AL AIRE LIBRE

- REMUEVA INMEDIATAMENTE LAS GARRAPATAS USANDO UNA PINZA
  - DUCHARSE INMEDIATAMENTE DESPUES DE ESTAR AL AIRE LIBRE
- LLAME A SU DOCTOR SI TIENE FIEBRE O TIENE ALGUN BROTE EN LA PI







# BANSHEE REEKS NATURE PRESERVE

21085 The Woods Rd. Leesburg, VA 20175 **703-737-8850** 

Sa-Su 8:00A.-4:00P www.loudoun.gov/bansheereeks

Enjoy the beauty of this unique 725-acre nature preserve in the heart of Loudoun County! The preserve consists of successional fields, hardwood forests, wetlands and riparian habitat. Banshee Reeks strives to protect the rich natural environments of its varied plant and animal populations. Goose Creek, a State Scenic River, encompassing abundant and diverse wildlife and associated habitats, runs more than two miles along the border of Banshee Reeks. The preserve is open to the public every Saturday and Sunday from 8:00 a.m. until 4:00 p.m. It is also open to organized groups that secure an access permit from the preserve manager in advance.

### **INSTRUCTORS WANTED!**

We're looking for instructors who are willing to share their talents in nature and education with the community. Call 571-258-3744 for more information.

### **VOLUNTEER OPPORTUNITIES**

The third Saturday of each month, is Volunteer Day at Banshee Reeks, beginning at 9:00 a.m. This is a great way to become more familiar with the preserve and meet people who share a common interest in nature, history and the environment. Activities vary with indoor and outdoor projects. Children under 16 must be accompanied by an adult. Volunteer Day is held regardless of weather conditions.

### **TRAILS ARE OPEN**

Bring the family and enjoy 20 miles of trails at Loudoun County's only nature preserve. No registration required.

### **BIRDING BANSHEE**

(Ages 14 & up) Join the Friends of Banshee Reeks and Loudoun Wildlife Conservancy for guided bird walks. These free, guided walks begin at 8:00 a.m. and are held on the second Saturday of each month. These walks provide beginner and experienced birders a chance to see some spectacular birds. Bring binoculars.

### **GUIDED WALKABOUTS**

Special guided walkabouts can be provided to scout groups, school classes and community organizations. Scout groups can earn Activity Pins, Try-Its or Merit Badges. School groups can observe aspects of nature that they study in the classroom. These walkabouts can be used to introduce groups to some of the special ecological

characteristics, historical resources and wildlife habitats of the preserve. Fee: \$3/person, with \$18 minimum for one-hour walkabouts. Call 571-258-3744 for more information.

### CLAUDE MOORE PARK

Visitor Center: 21544 Old Vestal's Gap Road Sterling, VA 20164

Athletic Fields: 46150 Loudoun Park Lane **571-258-3700** 

www.loudoun.gov/claudemoorepark Visitor Center/Discovery Room: Daily 9:00am-5:00pm Park Hours: Daily 7:00am-Sunset

### PRESCHOOL AGE PROGRAMS

Children experience the natural world through play, stories, and exploring outdoors (dress children appropriately). Children in drop-off classes must be toilet-trained.



### **PARENT/CHILD CLASSES**

### **PARK PALS**

(Ages 2-4) Discover the outdoors with your grown-up pal. Look for tracks, listen for birds calls, look under logs, and more, while focusing on monthly themes.

 461103-01
 \$8.00
 Quacking Ducks

 F
 6/16-6/16
 9:30am-10:30am

 461103-02
 \$8.00
 Hungry Caterpillars

 F
 7/14-7/14
 9:30am-10:30am

 461103-03
 \$8.00
 Fantastic Fish

 F
 8/25-8/25
 9:30am-10:30am

### **SCOUT PROGRAMS**

These programs meet most badge requirements. Adult must accompany scouts. Other times and

badges available. Call for information.

### **CUB SCOUT ADVENTURES**

Programs available for all Cub Scout levels. Fulfill some or all of the requirements for the core and elective adventures while enjoying the outdoors.

### Call ahead

Days vary 6/1-8/31 10:00am-5:00pm

### DAISY GIRL SCOUT ACTIVITIES

Try portions of the different Daisy Journeys while experiencing the wonders of the park or bring your girls for an exciting tour of the local wilderness. Call for reservations.

#### Call ahead

Days vary 6/1-8/31 10:00am-5:00pm

#### **BROWNIE GIRL SCOUT BADGES**

Complete various badges while exploring the park. Whether it's related to nature, history, skills, or discovery, we can help you complete a multitude of badges. Call for reservations.

### Call ahead

Days vary 6/1-8/31 10:00am-5:00pm

### JUNIOR GIRL SCOUT BADGES

Complete various badges while exploring the park. Whether it's related to nature, history, skills, or discovery, we can help you complete a multitude of badges. Call for reservations.

### Call ahead

Days vary 6/1-8/31 10:00am-5:00pm

### **CADETTE GIRL SCOUT BADGES**

Join us at the park for an adventure in Archery, Tree exploration, Fishing, and more. Call for reservations.

### Call ahead

Days vary 6/1-8/31 10:00am-8:00pm

### **AMERICAN HERITAGE GIRLS BADGES**

Traverse the park and enjoy the outdoors while learning skills. Many badges are available for all program levels. Multi-age level programs are also available. Call for reservations.

### Call ahead

Days vary 6/1-8/31 10:00am-5:00pm

### MULTIAGE HIKES & INTERPRETIVE PROGRAMS

For the following programs, children MUST be accompanied by an adult unless noted. Minimum numbers required to run programs; please call in advance to register.

### **SUMMER KICK-OFF CAMPFIRE**

(All ages) Join us for a fun filled kick-off of summer. Explore the park and find out the summer plans of some of our favorite local wildlife, like deer, bunnies, and fox! Finish at a roaring fire

for some toasted marshmallows. Marshmallows provided. Ages 3 and under free but must be accompanied by registered adult.

461728-01 \$5.00

6/17-6/17 Sa 7:30pm-8:45pm

### FROGSHACKLE NATURE CABIN

(All ages) Explore a treasure trove of hands on nature items. Pet real fur, discover fossils, admire birds' nests, make tracks, and more. Many exciting items wait for you to pick up and enjoy!

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Sa 6/10-6/10 1:00pm-3:00pm **Free Event** Th 7/6-7/6 10:30am-12:30pm **Free Event** Sa 7/15-7/15 1:00pm-3:00pm **Free Event** Sa 8/12-8/12 1:00pm-3:00pm **Free Event** Tu 8/22-8/22 1:00pm-3:00pm

### HISTORIC LANESVILLE HOUSE

(All ages) Take a step through 200 years of history. Built in 1779, this nationally registered historic place has seen Loudoun County grow but has not lost its charm. Visit and discover what life was like in this historic home and try out some colonial activities.

#### Free Event

6/10-6/10 Sa 1:00pm-3:00pm **Free Event** Sa 7/15-7/15 1:00pm-3:00pm Free Event Sa 8/12-8/12 1:00pm-3:00pm

### **BRIDGES' ONE-ROOM SCHOOLHOUSE**

(All ages) Visit the earliest one-room schoolhouse existing in eastern Loudoun. Guides will share skills, and games of a typical 1870 school day. Are you going to have to wear the dunce cap?

#### **Free Event**

6/10-6/10 1:00pm-3:00pm Sa **Free Event** Sa 7/15-7/15 1:00pm-3:00pm Free Event 8/12-8/12 1:00pm-3:00pm Sa

### DISCOVERY GROVE EXPLORATION

(All ages) Do you love the outdoors? You'll love our outdoor play space where you can dig for worms, build forts, climb over logs, and more. Come explore with us!

### Free event

Tu

Th 7/6-7/6 1:00pm-3:00pm Free event 8/22-8/22 10:30am-12:30pm

### DRAGONFLY FUN HIKE

(All ages) Explore the park with a naturalist

looking for our zipping and diving friends. Make a craft and even scoop a pond to find where the baby dragonflies live! Ages 3 and under free but must be accompanied by registered adult.

461729-01 \$5.00

F 7/7-7/7 1:30pm-2:30pm

### **FAMILY FISHING DAY**

(All ages) Enjoy a relaxing morning fishing at our stocked ponds. Don't worry if you don't have equipment or experience. Staff will be available to provide assistance and bait. Poles are available on a first come, first served basis.

461730-01 \$5.00

7/9-7/9 Su 10:00am-12:00pm

### **TURTLES, CRAFTS & CAMPFIRES**

(All ages) Take some time to visit with our resident box turtles and painted turtle. Afterwards enjoy a fun craft and some toasted marshmallows around the fire. Marshmallows provided. Ages 3 and under free but must be accompanied by registered adult.

461731-01 \$5.00

8/19-/8/19 Sa 7:00pm-8:15pm

#### CITIZEN SCIENCE CORNER

(All ages) Come check out the Citizen Science Corner at the Visitor Center and help the park find out what's living around us. Grab a sightings sheet before you head out on the trails and tell us what you've found. Help us monitor our local wildlife. Adult and child versions available.

Free Event

Daily 6/01-8/31 9:00am-5:00pm

### DISCOVERY ROOM ADVENTURE

(All ages) Stop by the Visitor Center any day of the week to visit with our live animals and explore a wealth of interesting items. Can you guess how many tree frogs we have or why our snake is orange?

Free Event

Daily 6/01-8/31 9:00am-5:00pm

### JUNIOR RANGER PROGRAM

(Ages 6 & up) Explore park history and nature, complete an activity book, take the Junior Ranger pledge, and receive your patch.

Pav at door \$2.00

Daily 6/01-8/31 9:00am-5:00pm

### DISCOVERY GROVE BIRTHDAY PARTY

(Ages 2 & up) Explore our exciting outdoor play space on your birthday! Play music, dig in the dirt, climb over logs, walk through a maze, and more. Staff will guide you through many fun age-appropriate activities to help celebrate your special day. Call for information and reservations.

Call ahead \$85.00

Days vary 6/01-8/31 9:00am-5:00pm

#### **NATURE BIRTHDAY PARTY**

(Ages 4 & up) Celebrate your birthday with outdoor style! Choose themes like: Reptiles, Nature Safari, Birds, etc. Can include visit with park's turtles & snake. Call for information and reservations.

Call ahead \$100.00

Days vary 6/01-8/31 9:00am-5:00pm

### **ADVENTURE BIRTHDAY PARTY**

(Ages 7 & up) Up for a bit of adventure? Try out fishing, geocaching, or campfire fun. Can include visit with park's turtles & snake. Call for information and reservations.

Call ahead \$135.00

6/01-8/31 Days vary 9:00am-5:00pm

### **ARCHERY BIRTHDAY PARTY**

(Ages 9 & up) Gather your friends for an exciting archery experience. Learn the basics and get shooting. Maximum 18 children. Call for information and reservations.

Call ahead \$150.00

Davs varv 6/01-8/31 9:00am-5:00pm

### **GROUP ARCHERY**

(Ages 9 & up) Grab a group of friends or family and fire away. Learn the basics and hit the range, Maximum 18 people, Call for information and reservations.

Call ahead \$10.00

Days vary 6/01-8/31 9:00am-5:00pm

### **SCHOOL FIELD TRIPS**

(All ages) Bring your class to experience SOL quided environmental education or history related field trips. Call for information and reservations.

Call ahead \$3.50

Days vary 6/01-8/31 9:00am-5:00pm

### **ELEMENTARY HOME SCHOOL FIELD TRIPS**

(All ages) Have a small group looking for some exciting science or history fun? Join a park naturalist for themed educational field trips. Call for information and reservations.

Call ahead \$3.50

6/01-8/31 Davs varv 9:00am-5:00pm

### HISTORIC IMMERSIONS

(All ages) Have a privately led experience in our abundantly historic location. Enjoy this 1870s schoolhouse reenactment. Find out what life was like in our 1779 Lanesville farm house. Take a walk down one of America's first highways. Call for information and reservations.

Call ahead \$3.50

Davs varv 6/01-8/31 9:00am-5:00pm

### **NATURE EXCURSIONS**

(All ages) Join one of our Naturalist Instructors on a private tour through the wild areas of

Claude Moore Park. Take a walk around the ponds or have a personal visit with our live reptiles. Many topics available. Call for information and reservations.

Call ahead \$3.50

Days vary 6/01-8/31 9:00am-5:00pm

### **GROUP CAMPFIRES**

(All ages) Bring your group to join a naturalist for some campfire fun. We'll build the fire and supply the marshmallows and sticks. Games and activities available, or just have us build and tend a fire for your special event. Call for information and to schedule.

### **Call ahead**

Days vary 6/01-8/31 10:00am-9:00pm

### FRANKLIN PARK

17501 Franklin Park Drive Purcellville, VA 20132 **540-338-7603** 

Park Hours: 7:00 -Dusk Office hours: M-F 9:00am-5:00pm



### **INSTRUCTORS WANTED**

We're looking for instructors who are willing to share their talents with the community in nature and education. Please call 540-338-7603.

### **FACILITY RENTALS**

Franklin Park, located in Western Loudoun County, spans over 200 acres of recreational space with athletic fields, hiking trails, 18 hole disc golf course, stocked pond, leisure and lap pools and more. Our pavilions, gazebos, athletic fields and other accommodations make Franklin Park the perfect location your next event. Please call for more information, payment is due at time of the reservation.

### **ADVENTURE BIRTHDAY PARTIES**

(All ages) Celebrate your birthday by trying out fishing, archery, or a fun campfire at Frank-

lin Park! Packages include all materials and equipment, plus an instructor. Tent or pavilion rental options are available. Please call for more information, payment is due at time of the reservation.

### **SCOUT PROGRAMS**

Are you a scout group looking to complete badge requirements, build teamwork or spend the day trying a new activity. Contact julie.edmond@ loudoun.gov for more information.

### FRANKLIN PARK ADVISORY BOARD

(Ages 18 & up) Franklin Park's Advisory Committee is a volunteer-based organization that serves to provide input and help guide park improvement projects, community events and park activities. Committee members work with staff to determine how development of the park can achieve desirable aesthetics while enhancing recreational use for the community. For more information about the board or to provide feedback, please contact the Park Manager at 540-338-7603 or dan.mcniel@loudoun.gov.

### FRANKLIN PARK POOL

Refer to the AQUATICS section in this guide. For summer pool parties and rental reservations, contact sarah.delise@loudoun.gov.

### **SPECIAL EVENTS**

462424-01

Refer to SPECIAL EVENTS section in this guide.

### PARENT/TODDLER PROGRAMS

### MY TODDLER & ME: FIRST NATURE CAMP

(Ages 1½ -3) Bring your little nature lover to our busy hands on First Nature Camp. Experience the wonders of the outdoors through nature walks, games, songs and crafts. You and your adult will have great outdoor experience while enjoying what nature has to offer.

\$35.00

402424-01	φυυ.υυ	
M,W,F	6/19-6/23	10:30am-11:30am
462424-02	\$35.00	
M,W,F	6/26-6/30	10:30am 11:30am
462424-03	\$22.00	
W,F	7/5-7/7	10:30am-11:30am
462424-04	\$35.00	
M,W,F	7/10-7/14	10:30am 11:30am
462424-05	\$35.00	
M,W,F	7/17-7/21	10:30am-11:30am
462424-06	\$35.00	
M,W,F	7/24-7/28	10:30am-11:30am
462424-07	\$35.00	
M,W,F	7/31-8/4	10:30am-11:30am
462424-08	\$35.00	
M,W,F	8/7-8/11	10:30am-11:30am

### PRESCHOOL AGE PROGRAMS

#### LITTLE SPORTS

(Ages 3-5) Sports are fun! This class will introduce your child to variety of sports including soccer, t-ball, volleyball, tennis, hockey and more.

462430-01	\$35.00	
M,W,F	6/19-6/23	9:00am-11:30am
462430-02	\$35.00	
M,W,F	6/26-6/30	9:00am-11:30am
462430-03	\$22.00	
M,W,F	7/5-7/7	9:00am-11:30am
462430-04	\$35.00	
M, W,F	7/10-7/14	9:00am-11:30am
462430-05	\$35.00	
M,W,F	7/17-7/21	9:00am-11:30am
462430-06	\$35.00	
M,W,F	7/24-7/28	9:00am 11:30am
462430-07	\$35.00	
M,W,F	7/31-8/4	9:00am 11:30am
462430-08	\$35.00	
M,W,F	8/7-8/11	9:00am-11:30am

### OUTDOOR SPORTS & FITNESS PROGRAMS

### **ARCHERY FOR BEGINNERS**

(Ages 8-15) Whether you're just starting off with archery or you want to sharpen your skills, this 2 week class is for you. Basic form will be taught and reinforced with drills and games.

 462414-01
 \$40.00

 M,W
 6/19-6/28
 5:15pm-6:15pm

 462414-02
 \$40.00

 M,W
 7/17-7/27
 5:15pm-6:15pm

### FISHING 101

(Ages 8-15) Whether you're just a beginner angler or you want to sharpen your skills this class is for you. We will focus on your skill level by improving your techniques and providing advice. All equipment is provided, or you can bring your own.

**462417-01** \$10.00 M,W 7/10-7/12 5:15pm-6:15pm **462417-02** \$10.00 M,W 7/31-8/2 5:15pm-6:15pm

### **PEE WEE STARS TENNIS**

(Ages 4-5) This introductory camp provides instructions on the basic strokes, forehand / backhand, groundstrokes, volleys and serves.

462435-01	\$35.00	
M,Tu,W,Th,F	6/19-6/23	8:30am-9:00am
462435-02	\$35.00	
M,Tu,W,Th	6/26-6/30	8:30am-9:00am
462435-03	\$21.00	
W,Th,F	7/5-7/7	8:30am-9:00am
462435-04	\$35.00	
M,Tu,W,Th,F	7/10-7/14	8:30am-9:00am

462435-05	\$35.00	
M,Tu,W,Th,F	7/17-7/21	8:30am-9:00am
462435-06	\$35.00	
M,Tu,W,Th,F	7/24-7/28	8:30am-9:00am
462435-07	\$35.00	
M,Tu,W,Th,F	7/31-8/4	8:30am-9:00am
462435-08	\$35.00	
M,Tu,W,Th,F	8/7-8/11	8:30am-9:00am

### **LITTLE STAR TENNIS**

(Ages 6-7) An introductory class to give instructions on the basic strokes, forehand, backhand, groundstrokes, volleys and serves.

462436-01	\$65.00	
M,Tu,W,Th,F	6/19-6/23	9:00am-10:15am
462436-02	\$65.00	
M,Tu,W,Th	6/26-6/30	9:00am-10:15am
462436-03	\$39.00	
W,Th,F	7/5-7/7	9:00am-10:15am
462436-04	\$65.00	
M,Tu,W,Th,F	7/10-7/14	9:00am-10:15am
462436-05	\$65.00	
M,Tu,W,Th,F	7/17-7/21	9:00am-10:15am
462436-06	\$65.00	
M,Tu,W,Th,F	7/24-7/28	9:00am-10:15am
462436-07	\$65.00	

M,Tu,W,Th,F	7/31-8/4	9:00am-10:15am
462436-08	\$65.00	
M Tu W Th F	8/7-8/11	9:00am-10:15am

### **FUTURE STARS TENNIS**

(Ages 8-14) These camps provide junior-beginner and advanced-beginner tennis instruction. The emphasis will be on learning proper strokes and footwork, having fun, practicing good sportsmanship and becoming involved in the lifetime sport of tennis!

sport of tennis!		
462437-01	\$70.00	
M,Tu,W,Th,F	6/19-6/23	10:30am-12:00pm
462437-02	\$70.00	
M,Tu,W,Th	6/26-6/30	10:30am-12:00pm
462437-03	\$42.00	
W,Th,F	7/5-7/7	10:30am-12:00pm
462437-04	\$70.00	
M,Tu,W,Th,F	7/10-7/14	10:30am-12:00pm
462437-05	\$70.00	
M,Tu,W,Th,F	7/17-7/21	10:30am-12:00pm
462437-06	\$70.00	
M,Tu,W,Th,F	7/24-7/28	10:30am-12:00pm
462437-07	\$70.00	
M,Tu,W,Th,F	7/31-8/4	10:30am-12:00pm
462437-08	\$70.00	
	462437-01 M,Tu,W,Th,F 462437-02 M,Tu,W,Th 462437-03 W,Th,F 462437-04 M,Tu,W,Th,F 462437-05 M,Tu,W,Th,F 462437-06 M,Tu,W,Th,F 462437-07 M,Tu,W,Th,F	.62437-01         \$70.00           M,Tu,W,Th,F         6/19-6/23           462437-02         \$70.00           M,Tu,W,Th         6/26-6/30           462437-03         \$42.00           W,Th,F         7/5-7/7           462437-04         \$70.00           M,Tu,W,Th,F         7/10-7/14           462437-05         \$70.00           M,Tu,W,Th,F         7/24-7/28           462437-07         \$70.00           M,Tu,W,Th,F         7/31-8/4

### RISING STARS TENNIS

M,Tu,W,Th,F

(Ages 8-12) Rising Stars is the next stage for juniors that have mastered Future Stars Tennis. This class works on refining strokes learned in Level 1, with emphasis on serves and moving on to singles/doubles point playing.

8/7-8/11 10:30am-12:00pm

462438-01	\$70.00	
M,Tu,W,Th,F	6/19-6/23	1:30pm-3:00pm
462438-02	\$70.00	
M,Tu,W,Th,F	6/26-6/30	1:30pm-3:00pm
462438-03	\$42.00	
W,Th,F	7/5-7/7	1:30pm-3:00pm
462438-04	\$70.00	
M,Tu,W,Th,F	7/10-7/14	1:30pm-3:00pm
462438-05	\$70.00	
M,Tu,W,Th,F	7/17-7/21	1:30pm-3:00pm
M,Tu,W,Th,F <b>462438-06</b>	7/17-7/21 \$70.00	1:30pm-3:00pm
, -, , ,		1:30pm-3:00pm 1:30pm-3:00pm
462438-06	\$70.00	
<b>462438-06</b> M,Tu,W,Th,F	\$70.00 7/24-6/28	
<b>462438-06</b> M,Tu,W,Th,F <b>462438-07</b>	\$70.00 7/24-6/28 \$70.00	1:30pm-3:00pm
<b>462438-06</b> M,Tu,W,Th,F <b>462438-07</b> M,Tu,W,Th,F	\$70.00 7/24-6/28 \$70.00 7/31-8/4	1:30pm-3:00pm



Book a PRCS Birthday Party Package and leave the planning to us! Depending on location, themes can include:

Superhero · Moonbounce · Nature · Adventure Swimming · Princess · Archery & more!

Call PRCS at 703-777-0343

### **FRANKLIN PARK ARTS CENTER**

36441 Blueridge View Lane Purcellville, VA 20132

540-338-7973

Office: M-F 9:00am -5P



Find more Franklin Park Arts Center camps in the 2017 PRCS Summer Camp Guide

### **THEATER CAMPS**

### JUNIOR PLAYWRIGHT CAMP

(Ages 9-15) In this two week camp, future playwrights will join together and collectively write a script for the stage, cast the show and then perform it for an audience! The location of this camp is to be determined. Bring your own lunch/ snack each day. Instructor: Heather Stillings. Call 540-338-7973 for more information.

Location: **TRD** 463724-01 \$175.00

M,Tu,W,Th,F 7/31-8/11 10:00am -2:30pm

### **PHILIP A. BOLEN MEMORIAL PARK**

42405 Claudia Dr. Leesburg, VA 20175

571-258-3487

Hours: Daily: Dawn to Dusk Office: M-F 8:30am-5:00pm www.loudoun.gov/bolenpark

### **SCOUT PROGRAMS**

Some scout badges are scheduled in advance, others by request. Adult must accompany scout. Minimum numbers are required to run programs. Leaders and chaperones are included for free and do not need to register. All scout programs include an outdoor portion, so please dress appropriately. These programs meet MOST badge requirements. For more information call 571-258-3485.

### **Daisies**

Girls can meet requirements for Clover Petal by using their resources wisely at the park.

Days Vary

\$5.00

9:00am-6:00pm

#### **Brownies**

You can meet your requirements right here at Bolen! Currently offering the Hiker, Bugs, Senses, and Letterboxer.

Days Vary

\$5.00

9:00am-6:00pm

### **Juniors**

Juniors can complete Gardener, Geocacher, Animal Habitats, and Flowers requirements while spending a day with friends in nature.

Davs Varv

\$5.00

9:00am-6:00pm

### **Tiger Cub**

Following adventures can be completed at the



High School Teens interested in volunteering with PRCS can contact youthservices@loudoun.gov for information about opportunities and upcoming teen volunteer orientation sessions.

park: Backyard Jungle, Tigers in the Wild, and Games Tigers Play.

Davs Varv

\$5.00

9:00am-6:00pm

### **Wolf Cub**

Come out to Bolen to complete your Council Fire and Paws on the Path Adventure.

Davs Varv

\$5.00

9:00am-6:00pm

#### **Bear Cub**

Spend the day at the park with your troop and meet requirements at the same time! Currently offering Fur, Feathers, and Ferns Adventure. Days Vary \$5.00 9:00am-6:00pm

### Webelos

Webelos can complete the following adventures at Bolen: Cast Iron Chef and Webelos Walkabout. Days Vary \$5.00 9:00am-6:00pm

### **ADAPTIVE** RECREATION

### 703-737-8042

Call for pick-up and departure times. Serving individuals with disabilities. "Enhancing Your Recreation Experience"

### INTEGRATION OPPORTUNITIES

Individuals with disabilities are entitled to recreation opportunities. Adaptive Recreation encourages its participants to integrate into all Loudoun County PRCS programs. Please call staff for any needed assistance or information.



### **GENERAL INTEREST**

### SPECIAL RECREATION ADVISORY BOARD, INC.

Volunteers meet monthly to discuss events, community awareness, fundraising and sponsorships. Newcomers welcome. Please call Maria Auger at 703-771-5013 for more information.

**Location: PRCS office** 

### (INDOOR) AOUATICS

Please Note: Pool hours and fees are subject to change. Non-county residents pay an additional 50% of fees.

### **CLAUDE MOORE RECREATION CENTER**

46105 Loudoun Park Lane Sterling, VA 20164

### 571-258-3600

571-258-3601 (fax)

http://www.loudoun.gov/claudemoorerec

### Facility Hours:\*

M-F 5:00am-9:30pm • Sa-Su 8:00am -8:00pm

### **Competition Pool**

M-F 5:00am-9:15pm • Sa-Su 8:00am-7:45pm

### **Leisure Pool & Spa**

M-F 9:00am-8:45pm • Sa-Su 11:00am-7:45pm

\*Please call for availability of the leisure pool and rock wall; hours are subject to change. Open 11am-6pm Memorial Day, 5/29 Closes at noon (12:00 PM) July 4 Open 11am-6pm Labor Day, 9/4 Entire facility is closed 8/21 -9/3 for annual maintenance, and reopens 9/4. Call ahead, or check the website for availability.

### **ADMISSION FEES**

All admissions include access to the fitness center, competitive pool, leisure pool, gymnasium, indoor track, and open time on the rock wall. Full payment by cash, check, Visa, MasterCard, or Discover is due at time of purchase.

Daily	Resident	Non-Res
Under 3	Free	Free
(plastic training pants	required)	
Ages 3-17	\$3.75	\$5.75
Adults 18-54	\$5.50	\$8.25
Ages 55+	\$3.75	\$5.75
Chaperone Fee*	\$2.00	\$2.00
(*Adults accompanying children 5-12, but not		
using CMRC amenities; MUST be in pool with		
children under 5 and pay full admission fee.)		

### Admission Pass (25 admissions no expiration)

Ages 3-17 & 55+	\$85	\$128
Ages 18-54	\$120	\$180
Monthly Passes (unli	mited use)	
Single Adult	\$46	\$69
Two Adults (Family)	\$71	\$107
Family Dependent*	\$12	\$18
Family	\$84	\$125
Student Pass**	\$34	\$50
Senior	\$34	\$50

Senior Couple \$52 \$78

### Annual Membership (unlimited use)

Single Adult	\$550	\$825
Two Adults (Family)	\$850	\$1275
Family Dependent*	\$140	\$210
Family	\$1000	\$1500
Student Pass**	\$400	\$600
Senior	\$400	\$600
Senior Couple	\$620	\$930

\*Family Dependent: individual up to age 17 claimed as a dependent for tax purposes. There must also be an adult or senior pass in this household to purchase a family dependent pass. \*\*Student Pass: individual with valid school ID

### **GENERAL INFORMATION**

#### **FACILITY RENTALS**

Rental options include a carpeted, multi-purpose room, catering kitchen, gymnasium, conference room, and small classrooms. Visit us for a tour and to schedule your event. Payment is due at time of reservation.

### BIRTHDAY PARTIES

Swim or play with your guests and enjoy a meal in one of our Party Rooms. Party packages are available Friday evenings, Saturdays and Sundays for groups of 15 participants or less. Visit us online for package details, prices and forms, and stop by to secure a date. Full payment is due at time of reservation.

### **SWIM EVALUATIONS**

6/30, 7/28 5:00pm-7:00pm If unable to make one of these dates, please contact Ryan.Keelor@loudoun.gov to arrange another time.

### PRIVATE/SEMI-PRIVATE SWIM LESSONS

(Ages 3 & up) These lessons offer individualized attention. Half-hour lessons are scheduled on a monthly basis and arranged according to instructor availability. You will be contacted by CMRC staff when a spot is available. Enrolling in this does not quarantee a spot will open for lessons.

### 473250-01

Resident	Private	Semi-private
4 lessons	\$150	\$100
Non-resident	Drivoto	Comi muivata
MOII-LESIGELL	riivale	Semi-private

### **BLACKOUT DATES**

CMRC swim classes will not meet on the following dates: 7/3, 7/4

### **ROUND HILL INDOOR AQUATIC CENTER**

17010 Evening Star Drive Round Hill, VA 20141

#### 571-258-3562

571-258-3564 (fax) www.loudoun.gov/rhac Facility Hours:\*

M-F 6:30am-9:00pm • Sa 8:00am-8:00pm • Su 12:00pm-6:00pm

\*Please call or visit www.loudoun.gov/rhac for lane availability

### ADMISSION FEES

Full payment by cash, check, Visa, MasterCard, or Discover is due at time of purchase.

Daily	Resident	Non-Res
Under 2	Free	Free
(plastic training)	pants required)	
Ages 3-17	\$2.50	\$3.75
Adults 18-54	\$3.00	\$4.50
Ages 55+	\$2.50	\$3.75

### Admission Pass (25 admissions, no expiration)

Under 2	Free	Free
Ages 3-17	\$56.00	\$84.00
Ages 18-54	\$67.00	\$100.00
Ages 55+	\$56.00	\$84.00

### **GENERAL INFORMATION**

### **BIRTHDAY PARTIES**

Swim and party with your guests! Party times are available on Saturday and Sundays for groups of 15 or less. Email rhac@loudoun.gov for more information. Stop by to secure a date. Full payment is due at time of reservation.

### PRIVATE/SEMI-PRIVATE SWIM LESSONS

(All ages) Please email rhac@loudoun.gov for more information



### (OUTDOOR) AOUATICS

Please Note: Pool hours and fees are subject to change. Non-county residents pay an additional 50% of fees.

### **FRANKLIN PARK POOL**

17501 Franklin Park Drive Purcellville, VA

540-338-7492 (Pool season only) 540-338-7603 (Park Office) May 27 -June 11 & Aug 24 -Sept 3

M-F 4:00pm-8:00pm or dusk, Sa-Su 11:00am-8:00pm or dusk

### **June 12–Aug 23**

M-F 10:00am-8:00pm or dusk Sa-Su 11:00am-8:00pm or dusk

### Memorial Day 5/29 & Labor Day 9/4

11:00am-8:00pm or dusk

### **ADMISSION FEES**

Daily Fees	Resident	Non-Resident		
Ages 2-17	\$5.50	\$8.25		
Ages 18-54	\$6.00	\$9.00		
Ages 55 and over	\$5.50	\$8.25		
After 6:00pm	\$3.50 all a	iges \$5.25		
10-Admission Pun	ch Card*			
Ages 2-17 & 55+	\$50.00	\$55.00		
Ages 18-54	\$75.00	\$82.50		
25-Admission Punch Card*				

\$112.50

## Ages 2-17 & 55+

Ages 18-54 \$125.00 \$187.50

### Family Pass\*

Family of 4 \$300.00 Add'l Youth Member \$25.00

### **GENERAL INFORMATION**

### **BIRTHDAY PARTIES AT FRANKLIN PARK**

Franklin Park Pool is available for birthday parties Monday through Friday (excluding Holidays) from 6 p.m.-8 p.m., starting May 30. The birthday party package includes admission for up to 25 participants (including children, adults, and non-swimmers) and tent rental for \$90. All fees must be paid in person and in full when placing the reservation. For more information, email sarah.delise@loudoun.gov.

Franklin Park will begin accepting reservation for birthday parties on May 1.

### **LOVETTSVILLE COMMUNITY POOL**

57 East Broad Way, Lovettsville, VA 540-822-5508 (Pool Office)

540-822-5284 (Center Office)

www.loudoun.gov/lovettsvillecc

### May 27-June 11 & Aug 24-Sept 4

M-Th 4:00pm-7:00pm • F 4:00-6:30pm Sa-Su & Memorial Day

12:00pm-6:30pm

### June 6-August 23

M-Th 11:00am-7:00pm • F 11:00am-6:30pm

July 3

12:00pm-3:30pm

Sa-Su, July 4 & Labor Day

12:00pm-6:30pm

### **ADMISSION FEES**

Weekday	Weekend
Free	Free
\$4.00	\$6.00
\$4.50	\$6.75
\$4.00	\$6.00
	Free \$4.00 \$4.50

### **Last Hour**

Ages 2 & Older \$2.00 \$3.00

### 10-Admission Punch Card

Ages 2-17 & 55+ \$35.00 Ages 18-54: \$40.00

### 25-Admission Punch Card

Ages 2-17 & 55+: \$75.00 Ages 18-54: \$87.50

### **Family Pass**

\$168.75

Family of 4: \$300.00 Add'l Member: \$25.00

### **GENERAL INFORMATION**

### POOL PARTY PACKAGES

Make a splash with your friends by having your next birthday party or family gathering at the Lovettsville Pool, Two-hour party packages are available for groups of up to 25 participants, including children, adults and non-swimmers. Reservations fee is \$75, which includes tent rental, pool admission and balloons. Please stop by the community center office for more information or email lovcc@loudoun.gov.

### **RENTALS**

The Lovettsville Community Pool is available for private parties on Friday, Saturday and Sunday evenings from 7:00 p.m.-9:00 p.m. The reservation fee is \$185 for groups up to 75 people; the fee for out-of-county groups is \$277.50. Larger groups will pay an additional fee for extra

lifeguard staff. Reservations are taken on a firstcome, first served basis. Age restrictions apply for all rentals. Please stop by the community center office for reservation packet and more information, or call 540-822-5284.

### **MIDDLEBURG COMMUNITY POOL**

300 W. Washington Street Middleburg, VA 20117

540-687-5130 (Pool) 540-687-6375 (Lessons)

Su-Sa 11:00am-6:00pm\*

\*Pool hours subject to change. Refer to summer swim schedule for classes at Middleburg Community Pool.

### **AQUATICS & SAFETY PROGRAMS**

#### LIFEGUARD CLASS

(Ages 15 & up) Prerequisites: Must be 15 by last class and be able to complete a 300-yd swim and get 10lb. brick from bottom of at least 9 feet of water at first class. Bring swimsuit and towel every day. Attendance is mandatory at every class.

### **Location: Claude Moore Recreation Center**

473290-01 \$300.00 6/12-6/15 10:00am-6:00pm M,Tu,W,Th, 473290-02 \$300.00 Su,Sa 7/15-7/23 10:00am-6:00pm

### **SUMMER CAMP**

### **SEAHORSE CAMP**

(Ages 3-6) Just keep swimming! Join us for this fun Summer Camp for Preschoolers. We will make a themed craft, have swim time and eat a snack packed from home. Bring a swimsuit, towel, and snack/drink each day.

### **Location: Round Hill Aquatic Center**

432124-01 \$90 Tu-Th 6/27-6/29 9:30am-11:30am 432124-02 \$90 Tu-Th 7/25-7/27 9:30am-11:30am 432124-03 \$90 Tu-Th 8/15-8/17 9:30am-11:30am

### **SPECIAL EVENTS**

### **FAMILY SWIM NIGHT**

(All ages) Join us for a fun night! We'll move the lanes at Round Hill for the whole family to enjoy, or you can join us in the leisure pool at Claude Moore. We'll have music and games to end the week off right! General admission fees apply.

### **Location: Round Hill Indoor Aquatic Center**

6/9 6:00pm-8:00pm

<sup>\*</sup> Punch Cards & Family Passes available for purchase starting 5/27.

### PRESCHOOL SWIM CLASSES

### PARENT/CHILD LEVEL 1

(Ages 6 mos-2 yrs) Parents and children have fun together in this class, which introduces basic swimming skills and safety using toys, songs, and games. Prerequisite: One adult is required to get in the pool with each child.

### **Location: Claude Moore Recreation Center**

**Activity Number: 473151** 

Sec	Dates	Day	Time	Fee
01	6/12-7/10	M,W	5:30P-6:00P	\$90
02	7/17-8/14	M,W	5:30P-6:00P	\$100
03	6/23-8/11	F	9:00A-9:30A	\$90
04	6/23-8/11	F	12:00P-12:30P	\$90
05	6/23-8/11	F	5:30P-6:00P	\$90
06	6/24-8/12	Sa	9:45A-10:15A	\$90
07	6/25-8/13	Su	8:00A-8:30A	\$90
Location: Franklin Park				
Act	ivity Numbe	r: 46611	0	

Sec Dates

01	6/19-6/29	M-Th	9:30A-10:00A	\$66
02	7/5-7/14 N	Л-Th,F	9:30A-10:00A	\$66
03	7/17-7/27	M-Th	9:30A-10:00A	\$66
04	7/31-8/10	M-Th	9:30A-10:00A	\$66
-				

Time

Fee

Day

### **Location: Middleburg Activity Number: 408703** Sec Dates

Sec	Dates	Day	Time	Fee
		, ,	10:15A-10:45A 10:15A-10:45A	

### **Location: Round Hill Activity Number: 432120**

Sec	Dates	Day	Time	Fee
01	6/3-7/15	Sa	9:00A-9:30A	\$68
02	7/22-8/26	Sa	9.004-9.304	\$68

### PARENT/CHILD LEVEL 2

(Ages 2-5) See description for Parent/Child Level

**Activity Number: 473152** 

**Location: Claude Moore Recreation Center** 

Sec	Dates	Day	Time	Fee
01	6/13-7/11	Tu,Th	6:10P-6:40P	\$90
02	7/18-8/15	Tu,Th	6:10P-6:40P	\$100
04	6/24-8/12	Sa	8:35A-9:05A	\$90
05	6/25-8/13	Su	10:20A-10:50A	\$90

### PRESCHOOL LEVEL 1

(Ages 3-5) Class teaches breath control, face submersion, floating on front and back (with flotation support), arm and leg movements, and safety. Prerequisite: Children must function well in a group class without a parent. No goggles permitted in this class.

**Location: Claude Moore Recreation Center** 

**Activity Number: 473153** 

Sec	Dates	Day	Time	Fee
01	6/12-6/22	M-Th	9:00A-9:30A	\$90
02	6/26-7/6	M-Th	9:00A-9:30A	\$68
03	7/10-7/20	M-Th	9:00A-9:30A	\$90
04	7/24-8/3	M-Th	9:00A-9:30A	\$90
05	6/12-7/10	M,W	3:30P-4:00P	\$90
06	6/12-7/10	M,W	4:50P-5:20P	\$90
07	6/12-7/10	M,W	6:10P-6:40P	\$90
08	7/17-8/14	M,W	3:30P-4:00P	\$100
09	7/17-8/14	M,W	4:50P-5:20P	\$100
10	7/17-8/14	M,W	6:10P-6:40P	\$100
15	6/13-7/11	Tu,Th	4:10P-4:40P	\$90
16	6/13-7/11	Tu,Th	5:30P-6:00P	\$90
17	6/13-7/11	Tu,Th	6:50P-7:20P	\$90
18	7/18-8/15	Tu,Th	4:10P-4:40P	\$100
19	7/18-8/15	Tu,Th	5:30P-6:00P	\$100
20	7/18-8/15	Tu,Th	6:50P-7:20P	\$100
25	6/23-8/11	F	9:40A-10:10A	\$90
26	6/23-8/11	F.	12:40P-1:10P	\$90
27	6/23-8/11	F	3:30P-4:00P	\$90
28	6/23-8/11	F	4:50P-5:20P	\$90
29	6/23-8/11	F	6:10P-6:40P	\$90
35	6/24-8/12	Sa	8:00A-8:30A	\$90
36	6/24-8/12	Sa	9:10A-9:40A	\$90
37	6/24-8/12	Sa	10:20-10:50A	\$90
38	6/25-8/13	Su	8:35A-9:05A	\$90
39	6/25-8/13	Su	9:45A-10:15A	\$90
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01 02 03 04 Loca Acti Sec 01 02 03 04 Loca Acti Sec 01 02 Loca Loca Loca Loca Loca Loca Loca Loca	vity Numbe Dates  6/19-6/29 7/5-7/14   1 7/17-7/27 7/31-8/10 ation: Lovet vity Numbe Dates  6/19-6/29 7/5-7/14   1 7/17-7/27 7/31-8/10 ation: Middl vity Numbe Dates  6/20-6/29 7/11-7/20 ation: Round	M-Th M-Th M-Th M-Th tsville r: 42810 Day M-Th M-Th,F M-Th M-Th,F M-Th M-Th Eburg r: 40870 Day  T,W,Th T,W,Th d Hill	8:45A-9:15A 8:45A-9:15A 8:45A-9:15A 8:45A-9:15A 8:45A-9:15A 01 Time  10:15A-10:45A 9:30A-10:00A 10:15A-10:45A 04 Time  9:30-10:00 9:30-10:00	\$66 \$66 \$66 \$66 \$60 \$60 \$60 \$60
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01 02 03 04 Loca Acti Sec 01 02 03 04 Loca Acti Sec 01 02 Loca Acti Sec Cot Se	vity Numbe Dates  6/19-6/29 7/5-7/14   1 7/17-7/27 7/31-8/10 ation: Lovet vity Numbe Dates  6/19-6/29 7/5-7/14   1 7/17-7/27 7/31-8/10 ation: Middl vity Numbe Dates  6/20-6/29 7/11-7/20 ation: Round vity Numbe Dates	M-Th M-Th M-Th tsville r: 42810 Day M-Th M-Th,F M-Th M-Th,F M-Th M-Th,F M-Th M-Th M-Th M-Th d-Th M-Th M-Th M-Th M-Th M-Th M-Th M-Th M	8:45A-9:15A 8:45A-9:15A 8:45A-9:15A 8:45A-9:15A 8:45A-9:15A 8:45A-9:15A 01 Time  10:15A-10:45A 9:30A-10:00A 10:15A-10:45A 04 Time  9:30-10:00 9:30-10:00	\$66 \$66 \$66 \$66 \$60 \$60 \$60 \$60 \$60
01 02 03 04 Loca Acti Sec 01 02 Loca Acti Sec 01 01 02 Loca Acti Sec 01 01 01 01 01 01 01 01 01 01 01 01 01	vity Numbe Dates  6/19-6/29 7/5-7/14   1 7/17-7/27 7/31-8/10 ation: Lovet vity Numbe Dates  6/19-6/29 7/5-7/14   1 7/17-7/27 7/31-8/10 ation: Middl vity Numbe Dates  6/20-6/29 7/11-7/20 ation: Round vity Numbe Dates  6/3-7/15	M-Th M-Th M-Th tsville r: 42810 Day M-Th M-Th M-Th M-Th M-Th M-Th M-Th M-Th	10:15A-10:45A 9:30A-10:00 9:30-10:00 9:30A-9:30A	\$66 \$66 \$66 \$60 \$60 \$60 \$60 \$60 \$60 \$60
01 02 03 04 Loca Acti Sec 01 02	vity Numbe Dates  6/19-6/29 7/5-7/14   1 7/17-7/27 7/31-8/10 ation: Lovet vity Numbe Dates  6/19-6/29 7/5-7/14   1 7/17-7/27 7/31-8/10 ation: Middl vity Numbe Dates  6/20-6/29 7/11-7/20 ation: Round vity Numbe Dates  6/3-7/15 6/6-6/29	M-Th M-Th,F M-Th tsville r: 42810 Day M-Th M-Th,F M-Th M-Th,F M-Th M-Th,F M-Th M-Th Eburg r: 40870 Day  T,W,Th T,W,Th d Hill r: 43212 Day  Sa Tu/Th	10:15A-10:45A 10:15A-10:45A 10:15A-10:45A 10:15A-10:45A 10:15A-10:45A 10:15A-10:45A 10:15A-10:00 11 Time  9:30-10:00 9:30-10:00 11 Time  9:00A-9:30A 4:00P-4:30P	\$66 \$66 \$66 \$60 \$60 \$60 \$60 \$60 \$60 \$60
01 02 03 04 Loca Acti Sec 01 02 Loca Acti Sec 01 01 02 Loca Acti Sec 01 01 01 01 01 01 01 01 01 01 01 01 01	vity Numbe Dates  6/19-6/29 7/5-7/14   1 7/17-7/27 7/31-8/10 ation: Lovet vity Numbe Dates  6/19-6/29 7/5-7/14   1 7/17-7/27 7/31-8/10 ation: Middl vity Numbe Dates  6/20-6/29 7/11-7/20 ation: Round vity Numbe Dates  6/3-7/15	M-Th M-Th M-Th tsville r: 42810 Day M-Th M-Th M-Th M-Th M-Th M-Th M-Th M-Th	10:15A-10:45A 9:30A-10:00 9:30-10:00 9:30A-9:30A	\$66 \$66 \$66 \$60 \$60 \$60 \$60 \$60 \$60 \$60

#### PRESCHOOL LEVEL 2

(Ages 3-5) Swim class teaches breath control, face and head submersion, floating on front and back independently, swimming 5 yards on front and back (with flotation support), and safety. Prerequisite: Fully submerge face for 3 seconds and float on front and back (with flotation support). No goggles permitted in this class.

### **Location: Claude Moore Recreation Center Activity Number: 473154**

Sec	Dates	Day	Time	Fee
01	6/12-6/22	M-Th	9:00A-9:30A	\$90
02	6/26-7/6	M-Th	9:00A-9:30A	\$68
03	7/10-7/20	M-Th	9:00A-9:30A	\$90
04	7/24-8/3	M-Th	9:00A-9:30A	\$90
06	6/12-7/10	M,W	3:30P-4:00P	\$90
07	6/12-7/10	M,W	4:50P-5:20P	\$90
80	6/12-7/10	M,W	6:10P-6:40P	\$90
09	7/17-8/14	M,W	3:30P-4:00P	\$100
10	7/17-8/14	M,W	4:50P-5:20P	\$100
11	7/17-8/14	M,W	6:10P-6:40P	\$100
15	6/13-7/11	Tu,Th	4:10P-4:40P	\$90
16	6/13-7/11	Tu,Th	5:30P-6:00P	\$90
17	6/13-7/11	Tu,Th	6:50P-7:20P	\$90
18	7/18-8/15	Tu,Th	4:10P-4:40P	\$100
19	7/18-8/15	Tu,Th	5:30P-6:00P	\$100
20	7/18-8/15	Tu,Th	6:50P-7:20P	\$100
25	6/23-8/11	F	10:20A-10:50A	\$90
26	6/23-8/11	F	1:20P-1:50P	\$90
27	6/23-8/11	F	3:30P-4:00P	\$90
28	6/23-8/11	F	4:50P-5:20P	\$90
29	6/23-8/11	F	6:10P-6:40P	\$90
35	6/24-8/12	Sa	8:00A-8:30A	\$90
36	6/24-8/12	Sa	9:10A-9:40A	\$90
37	6/24-8/12	Sa	10:20-10:50A	\$90
38	6/25-8/13	Su	8:35A-9:05A	\$90
39	6/25-8/13	Su	9:45A-10:15A	\$90
40	6/25-8/13	Su	11:00A-11:30A	\$90
Loc	ation: Frank	lin Park	(	

### Location: Franklin Park **Activity Number: 466108**

Dates	Day	Time	Fee			
6/19-6/29	M-Th	8:45A-9:15A	\$66			
7/5-7/14 N	M-Th,F	8:45A-9:15A	\$66			
7/17-7/27	M-Th	8:45A-9:15A	\$66			
7/31-8/10	M-Th	8:45A-9:15A	\$66			
Location: Lovettsville						
	7/5-7/14 M 7/17-7/27 7/31-8/10	6/19-6/29 M-Th 7/5-7/14 M-Th,F 7/17-7/27 M-Th 7/31-8/10 M-Th	6/19-6/29 M-Th 8:45A-9:15A 7/5-7/14 M-Th,F 8:45A-9:15A 7/17-7/27 M-Th 8:45A-9:15A 7/31-8/10 M-Th 8:45A-9:15A			

Time

Fee

### **Activity Number: 428102**

Dav

Sec Dates

01	6/19-6/29	M-Th	8:45A-9:15A	\$60
04	7/5-7/14	M-Th,F	8:00A-8:30A	\$60
05	7/5-7/14	M-Th,F	8:45A-9:15A	\$60
06	7/17-7/27	M-Th	8:00A-8:30A	\$60
07	7/17-7/27	M-Th	9:30A-10:00A	\$60
80	7/17-7/27	M-Th	10:15A-10:45A	\$60
09	7/31-8/10	M-Th	8:45A-9:15A	\$60
10	7/31-8/10	M-Th	10:15A-10:45A	\$60
	ation. Davis	a 11:01		

**Location: Round Hill** Activity Number: 432122

05 7/11-7/27

06 7/22-8/26

07 8/8-8/31

Tu/Th

Tu/Th

Sa

4:00P-4:30P

9:00A-9:30A

4:00P-4:30P

\$68

\$68

\$90

S	ec Dates	Day	Time	Fee
0.	1 6/3-7/15	Sa	10:30A-11:00A	\$68
02	2 6/6-6/29	Tu/Th	4:45P-5:15P	\$90
00	3 6/12-6/22	M-Th	11:15A-11:45A	\$90
04	4 7/10-7/20	M-Th	11:15A-11:45A	\$90
0	5 7/11-7/27	Tu/Th	4:45P-5:15P	\$68
06	6 7/22-8/26	Sa	10:30A-11:00A	\$68
07	7 8/8-8/31	Tu/Th	4:45P-5:15P	\$90

### PRESCHOOL LEVEL 3

(Ages 3-5) Swim class teaches rhythmic breathing, gliding on front and back, rolling over, swimming 5 yards on front and back, sitting dive, swimming in deep water, and safety. Prerequisite: Fully submerge body for 5 seconds, float on front and back independently, and swim 5 yards on both front and back (with flotation support).

### Location: Claude Moore Recreation Center Activity Number: 473155

Sec	Dates	Day	Time	Fee
01	6/12-6/22	M-Th	9:35A-10:05A	\$90
02	6/26-7/6	M-Th	9:35A-10:05A	\$68
03	7/10-7/20	M-Th	9:35A-10:05A	\$90
04	7/24-8/3	M-Th	9:35A-10:05A	\$90
06	6/12-7/10	M,W	3:30P-4:00P	\$90
07	6/12-7/10	M,W	4:50P-5:20P	\$90
80	6/12-7/10	M,W	6:10P-6:40P	\$90
09	7/17-8/14	M,W	3:30P-4:00P	\$100
10	7/17-8/14	M,W	4:50P-5:20P	\$100
11	7/17-8/14	M,W	6:10P-6:40P	\$100
15	6/13-7/11	Tu,Th	4:10P-4:40P	\$90
16	6/13-7/11	Tu,Th	5:30P-6:00P	\$90
17	6/13-7/11	Tu,Th	6:50P-7:20P	\$90
18	7/18-8/15	Tu,Th	4:10P-4:40P	\$100
19	7/18-8/15	Tu,Th	5:30P-6:00P	\$100
20	7/18-8/15	Tu,Th	6:50P-7:20P	\$100
26	6/23-8/11	F	11:00A-11:30A	\$90
27	6/23-8/11	F	2:00P-2:30P	\$90
28	6/23-8/11	F	3:30P-4:00P	\$90
29	6/23-8/11	F	4:50P-5:20P	\$90
30	6/23-8/11	F	6:10P-6:40P	\$90
33	6/24-8/12	Sa	8:00A-8:30A	\$90
34	6/24-8/12	Sa	9:10A-9:40A	\$90
35	6/24-8/12	Sa	10:20-10:50A	\$90
36	6/25-8/13	Su	8:35A-9:05A	\$90
37	6/25-8/13	Su	9:45A-10:15A	\$90
38	6/25-8/13	Su	11:00A-11:30A	\$90
	ation: Frank			
	ivity Number			_
Sec	Dates	Day	Time	Fee
01	6/19-6/29	M-Th	8:45A-9:15A	\$66
02	7/5-7/14 N	M-Th,F	8:45A-9:15A	\$66
03	7/17-7/27	M-Th	8:45A-9:15A	\$66

8:45A-9:15A

Time

\$66

Fee

1	ation. Daum	4 11:11		
06	7/5-7/14	M-Th	9:30A-10:00A	\$60
04	7/31-8/10	M-Th	8:00A-8:30A	\$60
03	7/17-7/27 N	И-Th,F	8:45A-9:15A	\$60
01	6/19-6/29	M-Th	8:00A-8:30A	\$60

Location: Round Hill Activity Number: 432123

Sec	Dates	рау	Time	
01	6/3-7/15	Sa	11:15-11:45A	\$68
02	6/6-6/29	Tu/Th	4:45P-5:15P	\$90
03	6/12-6/22	M-Th	12:00P-12:30P	\$90
04	7/10-7/20	M-Th	12:00P-12:30P	\$90
05	7/11-7/27	Tu/Th	4:45P-5:15P	\$68
06	7/22-8/26	Sa	11:15A-11:45A	\$68
07	8/8-8/31	Tu/Th	4:45P-5:15P	\$90

### PRESCHOOL LEVEL 4

(Ages 4-6) Class teaches rotary breathing, swimming 15 yards of front crawl and elementary backstroke, kneeling dive, treading water, and safety. Prerequisite: Float on front and back for 5 seconds in 4 feet of water, swim 5 yards on both front and back, and be comfortable in deep water.

### Location: Claude Moore Recreation Center Activity Number: 473156

Sec	Dates	Day	Time	Fee
01	6/12-6/22	M-Th	9:35A-10:05A	\$90
02	6/26-7/6	M-Th	9:35A-10:05A	\$68
03	7/10-7/20	M-Th	9:35A-10:05A	\$90
04	7/24-8/3	M-Th	9:35A-10:05A	\$90
05	6/12-7/10	M,W	4:10P-4:40P	\$90
06	6/12-7/10	M,W	6:50P-7:20P	\$90
07	7/17-8/14	M,W	4:10P-4:40P	\$100
80	7/17-8/14	M,W	6:50P-7:20P	\$100
10	6/13-7/11	Tu,Th	4:50P-5:20P	\$90
11	6/13-7/11	Tu,Th	7:30P-8:00P	\$90
12	7/18-8/15	Tu,Th	4:50P-5:20P	\$100
13	7/18-8/15	Tu,Th	7:30P-8:00P	\$100
15	6/23-8/11	F	4:10P-4:40P	\$90
16	6/23-8/11	F	6:50P-7:20P	\$90
17	6/24-8/12	Sa	11:00A-11:30A	\$90
18	6/25-8/13	Su	9:10A-9:40A	\$90
19	6/25-8/13	Su	11:00A-11:30A	\$90

### PRESCHOOL LEVEL 5

Coo Dotoo

PRESCHOOL LEVEL 6

(Ages 4-7) Class teaches swimming 25 yards of front crawl and elementary backstroke, 15 yards of back crawl, breaststroke kick, standing dive, treading water, and safety. Prerequisite: Swim 15 yards each of front crawl (with some rotary breathing) and elementary backstroke.

### Location: Claude Moore Recreation Center Activity Number: 473157

<b>5ec</b>	Dates	рау	rime	ree
02	6/23-8/11 6/24-8/12 6/25-8/13	F Sa Su	3:30P-4:00P 8:00A-8:30A 8:00A-8:30A	\$90 \$90 \$90
				·

(Ages 4-7) Class teaches swimming 25 yards of front crawl, elementary backstroke, and back crawl; 15 yards of breaststroke, sculling, surface dives, treading water, and safety. Prerequisite: Swim 25 yards each of front crawl (with rotary breathing) and elementary backstroke, and 15 yards of back crawl.

Location: Claude Moore Recreation Center Activity Number: 473158

Sec Dates		Day	Time	Fee	
	6/24-8/12 6/25-8/13	Sa Su	8:35A-9:05A 8:35A-9:05A	+	

### **VIRGINIA SWIMS CLASSES**

### **SWIM LEVEL 1**

(Ages 6-12) Class teaches breath control, face submersion, floating on front and back (with support), swimming 5 feet on front and back (with support), and safety. No goggles permitted in this class. Prerequisite: Students must function well in a group class without a parent.

### Location: Claude Moore Recreation Center Activity number: 473251

Sec	Dates	Day	Time	Fee
01	6/12-6/22	M-Th	10:10A-10:40A	\$90
02	6/26-7/6	M-Th	10:10A-10:40A	\$68
03	7/10-7/20	M-Th	10:10A-10:40A	\$90
04	7/24-8/3	M-Th	10:10A-10:40A	\$90
05	6/12-7/10	M,W	4:10P-4:40P	\$90
06	6/12-7/10	M,W	5:30P-6:00P	\$90
07	6/12-7/10	M,W	6:50P-7:20P	\$90
80	7/17-8/14	M,W	4:10P-4:40P	\$100
09	7/17-8/14	M,W	5:30P-6:00P	\$100
10	7/17-8/14	M,W	6:50P-7:20P	\$100
11	6/13-7/11	Tu,Th	3:30P-4:00P	\$90
12	6/13-7/11	Tu,Th	4:50P-5:20P	\$90
13	6/13-7/11	Tu,Th	6:10P-6:40P	\$90
14	6/13-7/11	Tu,Th	7:30P-8:00P	\$90
15	7/18-8/15	Tu,Th	3:30P-4:00P	\$100
16	7/18-8/15	Tu,Th	4:50P-5:20P	\$100
17	7/18-8/15	Tu,Th	6:10P-6:40P	\$100
18	7/18-8/15	Tu,Th	7:30P-8:00P	\$100
20	6/23-8/11	F	4:10P-4:40P	\$90
21	6/23-8/11	F	5:30P-6:00P	\$90
22	6/23-8/11	F	6:50P-7:20P	\$90
23	6/24-8/12	Sa	8:35A-9:05A	\$90
24	6/24-8/12	Sa	9:45A-10:15A	\$90
25	6/24-8/12	Sa	11:00A-11:30A	\$90
26	6/25-8/13	Su	8:00A-8:30A	\$90
27	6/25-8/13	Su	9:10A-9:40A	\$90
28	6/25-8/13	Su	10:20A-10:50A	\$90
Loc	ation: Frank	lin Park	(	

### Location: Franklin Park Activity Number: 466125

AUL	Additity Hullibel. 400120						
01	6/19-6/29	M-Th	9:30A-10:00A	\$66			
02	7/5-7/14 N	И-Th,F	9:30A-10:00A	\$66			
03	7/17-7/27	M-Th	9:30A-10:00A	\$66			
04	7/31-8/10	M-Th	9:30A-10:00A	\$66			

Sec Dates

04 7/31-8/10 M-Th

Location: Lovettsville Activity Number: 428103

Day

Fee

	Location: Lovettsville Activity Number: 428201					
Sec	Dates	Day	Time	Fee		
01	6/19-6/29	M-Th	10:15A-10:45A	\$60		
02	7/5-7/14 I	M-Th,F	10:15A-10:45A	\$60		
Loc	ation: Middl	eburg				
	ivity Numbe					
Sec	Dates	Day	Time	Fee		
01	6/20-6/29	T,W,Th	8:45-9:15	\$60		
02	7/11-7/20	T,W,Th	8:45-9:15	\$60		
Loc	ation: Roun	d Hill				
	ivity numbe		21			
Sec	Dates	Day	Time	Fee		
01	6/3-7/15	Sa	9:45A-10:15A	\$68		
02	6/6-6/29	Tu,Th	5:30P-6:00P	\$90		
03	6/12-6/22	M-Th	12:00P-12:30P	\$90		
04	7/10-7/20	M-Th	12:00P-12:30P	\$90		
05	7/11-7/27	Tu,Th	5:30P-6:00P	\$68		
06	7/22-8/26	Sa	9:45A-10:15A	\$68		
07	8/8-8/31	Tu,Th	5:30P-6:00P	\$90		
SW.	IM LEVEL 2					
311						

(Ages 6-12) Class teaches breath control and head submersion, floating on front and back, gliding on front and back, rolling over, swimming 5 yards on front and back, and safety. Prerequisite: Fully submerge face for 3 seconds, float on front and back (with support), and swim 5 feet on both front and back (with support).

### **Location: Claude Moore Recreation Center** Activity number: 473252

Sec	Dates	Day	Time	Fee
01	6/12-6/22	M-Th	10:10A-10:40A	\$90
02	6/26-7/6	M-Th	10:10A-10:40A	\$68
03	7/10-7/20	M-Th	10:10A-10:40A	\$90
04	7/24-8/3	M-Th	10:10A-10:40A	\$90
05	6/12-7/10	M,W	4:10P-4:40P	\$90
06	6/12-7/10	M,W	5:30P-6:00P	\$90
07	6/12-7/10	M,W	6:50P-7:20P	\$90
80	7/17-8/14	M,W	4:10P-4:40P	\$100
09	7/17-8/14	M,W	5:30P-6:00P	\$100
10	7/17-8/14	M,W	6:50P-7:20P	\$100
11	6/13-7/11	Tu,Th	3:30P-4:00P	\$90
12	6/13-7/11	Tu,Th	4:50P-5:20P	\$90
13	6/13-7/11	Tu,Th	6:10P-6:40P	\$90
14	6/13-7/11	Tu,Th	7:30P-8:00P	\$90
15	7/18-8/15	Tu,Th	3:30P-4:00P	\$100
16	7/18-8/15	Tu,Th	4:50P-5:20P	\$100
17	7/18-8/15	Tu,Th	6:10P-6:40P	\$100
18	7/18-8/15	Tu,Th	7:30P-8:00P	\$100
20	6/23-8/11	F	4:10P-4:40P	\$90
21	6/23-8/11	F	5:30P-6:00P	\$90
22	6/23-8/11	F	6:50P-7:20P	\$90
23	6/24-8/12	Sa	8:35A-9:05A	\$90
24	6/24-8/12	Sa	9:45A-10:15A	\$90
25	6/24-8/12	Sa	11:00A-11:30A	\$90
26	6/25-8/13	Su	8:00A-8:30A	\$90

27	6/25-8/13	Su	9:10A-9:40A	\$90
28	6/25-8/13	Su	10:20A-10:50A	\$90
Loc	ation: Frank	lin Park	(	
Act	ivity Numbe	r: 46612	26	
Sec	Dates	Day	Time	Fee
01	6/19-6/29	M-Th	9:30A-10:00A	\$66
02	7/5-7/14	M-Th,F	9:30A-10:00A	\$66
03	7/17-7/27	M-Th	9:30A-10:00A	\$66
04	7/31-8/10	M-Th	9:30A-10:00A	\$66
Loc	ation: Lovet	tsville		
Act	ivity Numbe	r: 42820	)2	
Sec	Dates	Day	Time	Fee
01	6/19-6/29	M-Th	8:45A-9:15A	\$60
03	7/5-7/14 I	M-Th,F	9:30A-10:00A	\$60
04	7/17-7/27	M-Th	10:15A-10:45A	\$60
05	7/31-8/10	M-Th	9:30A-10:00A	\$60
	ation: Round			
Act	ivity numbe			
Sec	Dates	Day	Time	Fee
01	6/3-7/15	Sa	9:45A-10:15A	\$68
02	6/5-6/28	M,W	4:45P-5:15P	\$90
02 03	6/5-6/28 6/6-6/29	M,W Tu,Th		\$90 \$90
		,		

### **SWIM LEVEL 3**

09 8/7-8/30

10 8/8-8/31

07

80

7/10-7/26

7/11-7/27

7/22-8/26

(Ages 6-12) Class teaches rotary breathing, swimming 15 yards of front crawl, elementary backstroke, and back crawl, jumping into deep water, treading water, and safety. Prerequisite: Float on front and back for 5 seconds and swim 5 yards on both front and back.

M,W

Tu,Th

Sa

M,W

Tu,Th

4:45P-5:15P

5:30P-6:00P

4:45P-5:15P

5:30P-6:00P

9:45A-10:15A

\$68

\$68

\$68

\$90

\$90

### **Location: Claude Moore Recreation Center** Activity number: 473253

Sec	Dates	Day	Time Period	Fee
01	6/12-6/22	M-Th	9:00A-9:30A	\$90
02	6/12-6/22	M-Th	9:35A-10:05A	\$90
03	6/12-6/22	M-Th	10:10A-10:40A	\$90
04	6/26-7/6	M-Th	9:00A-9:30A	\$68
05	6/26-7/6	M-Th	9:35A-10:05A	\$68
06	6/26-7/6	M-Th	10:10A-10:40A	\$68
07	7/10-7/20	M-Th	9:00A-9:30A	\$90
80	7/10-7/20	M-Th	9:35A-10:05A	\$90
09	7/10-7/20	M-Th	10:10A-10:40A	\$90
10	7/24-8/3	M-Th	9:00A-9:30A	\$90
11	7/24-8/3	M-Th	9:35A-10:05A	\$90
12	7/24-8/3	M-Th	10:10A-10:40A	\$90
16	6/12-7/10	M,W	4:10P-4:40P	\$90
17	6/12-7/10	M,W	5:30P-6:00P	\$90
18	6/12-7/10	M,W	6:10P-6:40P	\$90
19	6/12-7/10	M,W	7:30P-8:00P	\$90
20	7/17-8/14	M,W	4:10P-4:40P	\$100

7/17-8/14	M,W	5:30P-6:00P	\$100				
7/17-8/14	M,W	6:10P-6:40P	\$100				
7/17-8/14	M,W	7:30P-8:00P	\$100				
6/13-7/11	Tu,Th	3:30P-4:00P	\$90				
6/13-7/11	Tu,Th	4:10P-4:40P	\$90				
6/13-7/11	Tu,Th	4:50P-5:20P	\$90				
6/13-7/11	Tu,Th	6:10P-6:40P	\$90				
6/13-7/11	Tu,Th	7:30P-8:00P	\$90				
7/18-8/15	Tu,Th	3:30P-4:00P	\$100				
7/18-8/15	Tu,Th	4:10P-4:40P	\$100				
7/18-8/15	Tu,Th	4:50P-5:20P	\$100				
7/18-8/15	Tu,Th	6:10P-6:40P	\$100				
7/18-8/15	Tu,Th	7:30P-8:00P	\$100				
6/23-8/11	F	4:10P-4:40P	\$90				
6/23-8/11	F	5:30P-6:00P	\$90				
6/23-8/11	F	6:10P-6:40P	\$90				
6/23-8/11	F	7:30P-8:00P	\$90				
6/24-8/12	Sa	9:10A-9:40A	\$90				
6/24-8/12	Sa	10:20A-10:50A	\$90				
6/24-8/12	Sa	11:40A-12:10P	\$90				
6/25-8/13	Su	9:10A-9:40A	\$90				
6/25-8/13	Su	10:20A-10:50A	\$90				
6/25-8/13	Su	11:40A-12:10P	\$90				
Location: Franklin Park							
	7/17-8/14 7/17-8/14 6/13-7/11 6/13-7/11 6/13-7/11 6/13-7/11 6/13-7/11 7/18-8/15 7/18-8/15 7/18-8/15 7/18-8/15 6/23-8/11 6/23-8/11 6/23-8/11 6/23-8/11 6/24-8/12 6/24-8/12 6/24-8/12 6/25-8/13 6/25-8/13	7/17-8/14 M,W 7/17-8/14 M,W 6/13-7/11 Tu,Th 6/13-7/11 Tu,Th 6/13-7/11 Tu,Th 6/13-7/11 Tu,Th 6/13-7/11 Tu,Th 6/13-7/11 Tu,Th 7/18-8/15 Tu,Th 7/18-8/15 Tu,Th 7/18-8/15 Tu,Th 7/18-8/15 Tu,Th 6/23-8/11 F 6/23-8/11 F 6/23-8/11 F 6/23-8/11 F 6/24-8/12 Sa 6/24-8/12 Sa 6/24-8/12 Sa 6/25-8/13 Su 6/25-8/13 Su	7/17-8/14         M,W         6:10P-6:40P           7/17-8/14         M,W         7:30P-8:00P           6/13-7/11         Tu,Th         3:30P-4:00P           6/13-7/11         Tu,Th         4:10P-4:40P           6/13-7/11         Tu,Th         4:50P-5:20P           6/13-7/11         Tu,Th         6:10P-6:40P           6/13-7/11         Tu,Th         7:30P-8:00P           6/13-7/11         Tu,Th         7:30P-8:00P           6/13-7/11         Tu,Th         7:30P-8:00P           7/18-8/15         Tu,Th         4:50P-5:20P           7/18-8/15         Tu,Th         6:10P-6:40P           7/18-8/15         Tu,Th         7:30P-8:00P           6/23-8/11         F         5:30P-6:00P           6/23-8/11         F         5:30P-6:00P           6/23-8/11         F         5:30P-6:00P           6/23-8/11         F         7:30P-8:00P           6/24-8/12         Sa         9:10A-9:40A           6/24-8/12         Sa         10:20A-10:50A           6/25-8/13         Su         9:10A-9:40A           6/25-8/13         Su         10:20A-10:50A           6/25-8/13         Su         11:40A-12:10P				

### Activity Number: 466127

Sec	Dates	Day	Time	Fee			
01	6/19-6/29	M-Th	8:00A-8:40A	\$72			
02	7/5-7/14 N	M-Th,F	8:00A-8:40A	\$72			
03	7/17-7/27	M-Th	8:00A-8:40A	\$72			
04	7/31-8/10	M-Th	8:00A-8:40A	\$72			
Loc	Location: Lovettsville						

### **Activity Number: 428203** Sec Dates

01	6/19-6/29	M-Th	8:00A-8:30A	\$60
02	7/5-7/14 N	√I-Th,F	8:45-A-9:15A	\$60
03	7/17-7/27	M-Th	8:45-A-9:15A	\$60
04	7/17-7/27	M-Th	9:30A-10:00-A	\$60
05	7/31-8/10	M-Th	9:30A-10:00-A	\$60

Day

**Time** 

### **Location: Middleburg Activity Number: 408706**

Sec	Dates	Day	Time	Fee
01	6/20-6/29	T,W,Th	8:00-8:30	\$60
02	7/11-7/20	T,W,Th	8:00-8:30	\$60
Loc	ation: Rour	nd Hill		
Act	ivity numbe	er: 43222	23	
Sec	Dates	Day	Time	Fee
01	6/3-7/15	Sa	10:30A-11:10A	\$86

01	6/3-7/15	Sa	10:30A-11:10A	\$86
02	6/5-6/28	M,W	5:30P-6:10P	\$114
03	6/6-6/29	Tu,Th	6:15P-6:55P	\$114
04	6/12-6/22	M-Th	10:30A-11:00A	\$90
05	7/10-7/20	M-Th	10:30A-11:00A	\$90
06	7/10-7/26	M,W	5:30P-6:10P	\$86
07	7/11-7/27	Tu,Th	6:15P-6:55P	\$86
80	7/22-8/26	Sa	10:30A-11:10A	\$86
09	8/7-8/30	M,W	5:30P-6:10P	\$114
10	8/8-8/31	Tu.Th	6:15P-6:55P	\$114

#### **SWIM LEVEL 4**

(Ages 6-12) Class teaches 25 yards of front crawl (with rotary breathing), elementary backstroke, and back crawl; 15 yards of breaststroke, standing dive, treading water, and safety.

Prerequisite: Swim 15 yards each of front crawl, elementary backstroke, and back crawl.

### Location: Claude Moore Recreation Center Activity number: 473254

Sec	: Dates	Day	Time	Fee
01	6/12-6/22	M-Th	9:00A-9:30A	\$90
02	6/12-6/22	M-Th	10:10A-10:40A	\$90
03	6/26-7/6	M-Th	9:00A-9:30A	\$68
04	6/26-7/6	M-Th	10:10A-10:40A	\$68
05	7/10-7/20	M-Th	9:00A-9:30A	\$90
06	7/10-7/20	M-Th	10:10A-10:40A	\$90
07	7/24-8/3	M-Th	9:00A-9:30A	\$90
08	7/24-8/3	M-Th	10:10A-10:40A	\$90
09	6/12-7/10	M,W	4:10P-4:40P	\$90
10	6/12-7/10	M,W	5:30P-6:00P	\$90
11	6/12-7/10	M,W	6:10P-6:40P	\$90
12	6/12-7/10	M,W	7:30P-8:00P	\$90
13	7/17-8/14	M,W	4:10P-4:40P	\$100
14	7/17-8/14	M,W	5:30P-6:00P	\$100
15	7/17-8/14	M,W	6:10P-6:40P	\$100
16	7/17-8/14	M,W	7:30P-8:00P	\$100
17	6/13-7/11	Tu,Th	4:10P-4:40P	\$90
18	6/13-7/11	Tu,Th	5:30P-6:00P	\$90
19	6/13-7/11	Tu,Th	6:10P-6:40P	\$90
20	6/13-7/11	Tu,Th	6:50P-7:20P	\$90
21	7/18-8/15	Tu,Th	4:10P-4:40P	\$100
22	7/18-8/15	Tu,Th	5:30P-6:00P	\$100
23	7/18-8/15	Tu,Th	6:10P-6:40P	\$100
24	7/18-8/15	Tu,Th	6:50P-7:20P	\$100
30	6/23-8/11	F	4:10P-4:40P	\$90
31	6/23-8/11	F	5:30P-6:00P	\$90
32	6/23-8/11	F	6:10P-6:40P	\$90
33	6/23-8/11	F	7:30P-8:00P	\$90
34	6/24-8/12	Sa	9:10A-9:40A	\$90
35	6/24-8/12	Sa	10:20A-10:50A	\$90
36	6/24-8/12	Sa	11:00A-11:30A	\$90
37	6/24-8/12	Sa	12:30P-1:00P	\$90
40	6/25-8/13	Su	9:10A-9:40A	\$90
41	6/25-8/13	Su	10:20A-10:50A	\$90
42	6/25-8/13	Su	11:00A-11:30A	\$90
43	6/25-8/13	Su	12:30P-1:00P	\$90
	ation: Frank			
	ivity Number			Eas
Sec	Dates	Day	Time	Fee
01		M-Th	8:00A-8:40A	
02	7/5-7/14 <b>I</b>		8:00A-8:40A	\$72
03	7/17-7/27	M-Th	8:00A-8:40A	\$72
04	7/31-8/10	M-Th	8:00A-8:40A	\$72
	ation: Lovet			
	ivity Numbe			_
Sec	Dates	Day	Time	Fee
01	7/17-7/27	M-Th	8:00A-8:30A	\$60
03	7/31-8/10	M-Th	8:45A-9:15A	\$60
<u></u>	ge 50 l			

Act	Location: Middleburg Activity Number: 408704 Sec Dates Day Time Fee							
Act	Location: Round Hill Activity number: 432224 Sec Dates Day Time Fee							
	6/3-7/15 6/5-6/28 7/10-7/26	Sa M,W M.W	11:20A-12:00P 6:25P-7:05P 6:25P-7:05P	*				

Sa

M,W

11:20A-12:00P

6:25P-7:05P \$114

\$86

#### **SWIM LEVEL 5**

04 7/22-8/26

05 8/7-8/30

Ages 6-12) Class teaches 50 yards of front crawl (with bi-lateral breathing), elementary backstroke, and back crawl; 25 yards of breast-stroke, 15 yards of butterfly, surface dives, open turns, treading water, and safety. Prerequisite: Swim 25 yards each of front crawl, elementary backstroke and back crawl in good form, and 15 yards of breaststroke.

### Location: Claude Moore Recreation Center Activity number: 473255

Sec	Dates	Day	Time	Fee		
01	6/12-6/22	M-Th	9:35A-10:05A	\$90		
02	6/26-7/6	M-Th	9:35A-10:05A	\$68		
03	7/10-7/20	M-Th	9:35A-10:05A	\$90		
04	7/24-8/3	M-Th	9:35A-10:05A	\$90		
05	6/12-7/10	M,W	4:50P-5:20P	\$90		
06	6/12-7/10	M,W	5:30P-6:00P	\$90		
07	6/12-7/10	M,W	6:50P-7:20P	\$90		
80	7/17-8/14	M,W	4:50P-5:20P	\$100		
09	7/17-8/14	M,W	5:30P-6:00P	\$100		
10	7/17-8/14	M,W	6:50P-7:20P	\$100		
13	6/13-7/11	Tu,Th	4:50P-5:20P	\$90		
14	6/13-7/11	Tu,Th	6:50P-7:20P	\$90		
15	7/18-8/15	Tu,Th	4:50P-5:20P	\$100		
16	7/18-8/15	Tu,Th	6:50P-7:20P	\$100		
20	6/23-8/11	F	4:50P-5:20P	\$90		
21	6/23-8/11	F	5:30P-6:00P	\$90		
22	6/23-8/11	F	6:50P-7:20P	\$90		
23	6/24-8/12	Sa	9:45A-10:15A	\$90		
24	6/24-8/12	Sa	11:00A-11:30A	\$90		
25	6/24-8/12	Sa	12:30P-1:00P	\$90		
26	6/25-8/13	Su	9:45A-10:15A	\$90		
27	6/25-8/13	Su	11:00A-11:30A	\$90		
28	6/25-8/13	Su	12:30P-1:00P	\$90		
Loca	Location: Franklin Park					

### Activity Number: 466129

**Location: Middleburg** 

7101	Author Humbon 400120					
Sec	Dates	Day	Time	Fee		
03	7/17-7/27	M-Th	8:00A-8:40A	\$72		
04	7/31-8/10	M-Th	8:45A-9:15A	\$72		
Loc	Location: Lovettsville					
Act	ivity Numbe	r: 428205				
Sec	Dates	Day	Time	Fee		
01	7/31-8/10	M-Th	8:00A-8:30A	\$60		

Activity Number: 408704

Sec Dates Day Time Fee **Location: Round Hill** Activity number: 432225 Sec Dates Day Time Fee 01 6/3-7/15 Sa 11:20A-12:00P \$86 02 6/5-6/28 M,W 6:25P-7:05P \$114 03 7/10-7/26 M.W 6:25P-7:05P \$114 04 7/22-8/26 Sa 11:20A-12:00P \$86 05 8/7-8/30 M.W 6:25P-7:05P \$114

### **SWIM LEVEL 6**

(Ages 6-14) Class teaches 100 yards of front crawl and back crawl, 50 yards of breaststroke, 25 yards of butterfly, and sidestroke. The class develops good fitness habits, introduces a wide range of aquatic activities to meet individual needs, and teaches safety skills. Prerequisite: Participants must have completed Level 5.

### Location: Claude Moore Recreation Center Activity number 473256

Sec	Dates	Day	Time	Fee
01	6/12-7/10	M,W	3:30P-4:00P	\$90
02	6/12-7/10	M,W	6:50P-7:20P	\$90
03	7/17-8/14	M,W	3:30P-4:00P	\$100
04	7/17-8/14	M,W	6:50P-7:20P	\$100
05	6/13-7/11	Tu,Th	3:30P-4:00P	\$90
06	6/13-7/11	Tu,Th	5:30P-6:00P	\$90
07	7/18-8/15	Tu,Th	3:30P-4:00P	\$100
80	7/18-8/15	Tu,Th	5:30P-6:00P	\$100
10	6/23-8/11	F	6:50P-7:20P	\$90
11	6/24-8/12	Sa	9:45A-10:15A	\$90
12	6/24-8/12	Sa	11:40A-12:10P	\$90
13	6/25-8/13	Su	9:45A-10:15A	\$90
14	6/25-8/13	Su	11:40A-12:10P	\$90

### **ADULT SWIM LEVEL 1**

(Ages 13 & up) Goals of class include submerging face in water, swimming independently on front for 5 yards.

### Location: Claude Moore Recreation Center Activity number 473461

Sec	Dates	рау	Time	Fee
01	6/12-7/10	M,W	8:10P-8:40P	\$90
02	7/17-8/14	M,W	8:10P-8:40P	\$100
03	6/24-8/11	Sa	8:00A-8:30A	\$90
04	6/25-8/12	Su	8:00A-8:30A	\$90

### ADULT SWIM LEVEL 2

(Ages 13 & up) Goals of class include swimming 25 yards using both front and back crawl and floating on back for 10 seconds.

### Location: Claude Moore Recreation Center Activity number 473462

Sec	Dates	Day	Time	Fee
01	6/13-7/11	Tu,Th	8:10P-8:40P	\$90
02	7/18-8/15	Tu,Th	8:10P-8:40P	\$100

03 6/24-8/13 Sa 8:35A-9:05A \$90 04 6/25-8/14 Su 8:35A-9:05A \$90

#### **ADULT SWIM LEVEL 3**

(Ages 13 & up) Goals of class include continuing to develop skills based on student's goals.

### Location: Claude Moore Recreation Center Activity number 473463

	Dates	Days	Time	Fee
01	6/23-8/11	F	8·10P-8·40P	\$90

### CAMP PROGRAMS

703-737-8042



### SPORTS Adult & Youth

703-777-0343



Find more Youth Sports Camps in the 2017 PRCS Summer Camp Guide

### **ADULT PROGRAMS**

Call for information about adult sports leagues including soccer, volleyball, cricket and softball.

### **YOUTH PROGRAMS**

Youth sports programs are coed, unless otherwise noted.

### **BASKETBALL**

### SKILL PLUS BASKETBALL ACADEMY

(Ages 9-13 Girls) Skills Plus basketball Academy offers intense camps for girls designed to teach both fundamental and advanced skills, including ball-handling, passing, shooting, rebounding, and defense. The camp will also introduce participants to advanced basketball concepts such as footwork, screens, help defense, moving without the ball, zone offenses, and other aspects of basketball "game knowledge." These camps will feature both game situations and challenging individual competitions that will help participants improve their skill level and understanding of how to play the game. Instructor: Michael Turner. Call 703-777-0343 for more information.

### **Location: Harper Park MS, Leesburg 721135-01** \$150

M-F 7/17-7/21 12:00pm-5:00pm

### BIKE RIDING, IN-LINE SKATING & SKATEBOARDING

### **AMERICAN IN-LINE SKATE CAMP**

(Ages 5-12) Xtreme Fun. Skate, turn, stop and go! Learn all about in-line skating including how to put on your own skates, how to stop, how to avoid falling down, how to turn, cross-over, skate backwards, and more. Activities includes skating games, skating tours, safety checks, skate maintenance, and more. Required equipment: In-line skates, helmet, wrist guards, elbow and kneepads. Bring lunch in cooler with ice packs and two water bottles with ice. Campers receive an official camp T-shirt and other prizes. Instructor: Team American In-Line. Call 703-994-7617 for more information.

### Location: CountrySide ES, Sterling

**721122-01** \$325

M-F 7/10-7/14 9:00am-3:00pm

**Location: Claude Moore Park, Sterling** 

**721122-02** \$325

M-F 7/24-7/28 9:00am-3:00pm

### LEARN HOW TO RIDE A BIKE CAMP

(Ages 5-8) Learning to ride a bike is a rite of passage, a skill that, once acquired, is never forgotten. Teach a child to ride and you have opened the doors to a lifetime of fresh air fun and two-wheeled adventures. This camp is for kids who want to learn how to ride a bike and for those who are ready to say good-bye to the training wheels. Learn how to start, stop, pedal, coast and balance, along with basic riding skills, braking, steering, and turning road. Daily activities include group and private instruction,

confidence courses, bike riding games and short tours when ready. Bring lunch in cooler with ice packs and two water bottles with ice. Campers receive an official camp T-shirt and sticker. Instructor: Team American In-Line. Call 703-994-7617.

### Location: CountrySide ES, Sterling

**721123-01** \$325

M-F 7/10-7/14 9:00am-3:00pm

**Location: Claude Moore Park, Sterling** 

**721123-02** \$325

M-F 7/24-7/28 9:00am-3:00pm

### AMERICAN INLINE BIKE RIDING CAMP

(Ages 7-12) This camps provides a hands-on, educational way for children to master the art of bicycle riding. Learn basic bike riding, steering, shifting, gear selection, negotiating obstacles, riding ramps, safety and rules of the road. Daily activities include group and private instruction, confidence courses, short tours, bike maintenance, how to lock your bike and more. Bring lunch in cooler with ice packs and two water bottles with ice. Campers receive an official camp T-shirt and other prizes. Instructor: Team American In-Line. Call 703-994-7617.

### **Location: CountrySide ES, Sterling**

**721124-01** \$325

M-F 7/10-7/14 9:00am-3:00pm

**Location: Claude Moore Park, Sterling** 

**721124-02** \$325

M-F 7/24-7/28 9:00am-3:00pm

### AMERICAN INLINE SKATEBOARD CAMP

(Ages 5-12) Radical dude! A fun Xtreme camp for skateboard riders. Instruction includes how to push, ride, tac turn, ride fakie, ollie, ride ramps, rock n' roll, rock to fakie, kick turn, drop in, grind, get air, and more. Learn in a positive environment under the instruction and supervision of a qualified, certified coach. Camp is held in a portable skate park with ramps, rails, ledges, fly box, quarter pipe all designed for the everyday skater in your community. Required equipment: Skateboard, helmet, and knee and elbow pads. Bring water and snack in a cooler with name. Campers receive camp tee shirt and skate sticker. Instructor: Team American In-Line. Call 703-994-7617.

### **Location: CountrySide ES, Sterling**

**721126-01** \$325

M-F 7/10-7/14 9:00am-3:00pm

**Location: Claude Moore Park, Sterling** 

**721126-02** \$325

M-F 7/24-7/28 9:00am-3:00pm

### **SPORTS MIX**

### ONE-ON-ONE BASKETBALL (Flag Football & Basketball Camp)

(Ages 5-14) Are you looking to improve skills in more than just one sport? This unique camp focuses on two sports each day. Flag Football will

work on catching, route running, defense and positions. Basketball will work on shooting, passing, ball handling and more. Camp combines positive, energetic and fundamentals-based coaching, while maximizing the fun, with multiple hours of real game action every day. Call 703-777-0343 for more information.

### Location: Stone Hill MS. Ashburn

721136-01 \$220

M-F 6/19-6/23 9:00am-4:00pm

### ONE-ON-ONE BASKETBALL (Soccer & **Basketball Camp)**

(Ages 5-14) See description for Flag Football & Basketball Camp. Soccer will work on dribbling, passing, scoring and goal-tending. Basketball will work on shooting, passing, ball handling and

### **Location: Stone Hill MS, Ashburn**

721137-01 \$220

M-F 7/17-7/21 9:00am-4:00pm

### **TENNIS**

### **LUIS ROSADO TENNIS ACADEMY**

(Ages 6-16) Luis Rosado Tennis Academy (Voted Best of Loudoun 2017) is offering a half-day FUN tennis camps for the entire summer. Whether children are beginners, intermediate, or advanced players, this program will improve their game and help them get more enjoyment from tennis. Our programs focuses on skill refinement, as well as practice and match play to develop consistent, well-rounded tennis players. We break down the fundamental skills of tennis through easily understood games and exercises to help improve the athlete's overall coordination and technique. Players learn proper grips, footwork, strokes, volleys and serves during a series of drills designed to teach skills in a fun and dynamic way. In addition to developing a love for tennis, athletes will learn the rules and etiquette that make tennis such an exciting game to play. Call 703-777-0343 for more information.

### Location: John Champe HS, South Riding

Location commonation of countrium					
721675-01	\$220				
M-Th	6/12-6/15	9:00am-1:00pm			
721675-02	\$220				
M-Th	6/19-6/22	9:00am-1:00pm			
721675-03	\$220				
M-Th	6/26-6/29	9:00am-1:00pm			
721675-04	\$220				
M-Th	7/3-7/6	9:00am-1:00pm			
721675-05	\$220				
M-Th	7/10-7/13	9:00am-1:00pm			
721675-06	\$220				
M-Th	7/17-7/20	9:00am-1:00pm			
721675-07	\$220				
M-Th	7/31-8/3	9:00am-1:00pm			
721675-08	\$220				
M-Th	8/7-8/10	9:00am-1:00pm			
Location: Freedom HS, South Riding					

721676-01	\$220	
M-Th	6/12-6/15	9:00am-1:00pm
721676-02	\$220	
M-Th	6/19-6/22	9:00am-1:00pm
721676-03	\$220	
M-Th	7/3-7/6	9:00am-1:00pm
721676-04	\$220	
M-Th	7/10-7/13	9:00am-1:00pm
721676-05	\$220	
M-Th	7/17-7/20	9:00am-1:00pm
721676-06	\$220	
M-Th	7/24-7/27	9:00am-1:00pm
721676-07	\$220	
M-Th	7/31-8/3	9:00am-1:00pm
721676-08	\$220	
M-Th	8/7-8/10	9:00am-1:00pm
721676-09	\$220	
M-Th	8/14-8/17	9:00am-1:00pm

### USTA PREMIER YOUTH TENNIS BEGINNERS/INTERMEDIATE

(Ages 6-12) This US Tennis Association sponsored tennis program will have beginner to intermediate participants develop tennis fundamentals (groundstrokes, volley, serve) through a fun and engaging play-to-learn style. Participants will also practice match play and learn about sportsmanship and game rules. The program utilizes different court sizes and modified tennis equipment for youth to rally in no time. All equipment provided. All participants receive prizes. Call 703-777-0343 for more information

Call 703-777-0343 for filloff illioff lation.					
Location: Briar Woods HS, Brambleton					
721680-01	\$102				
M	7/10-8/14	6:00pm-7:00pm			
721680-02	\$102				
Tu	7/11-8/15	6:00pm-7:00pm			
721680-03	\$102				
Sa	7/15-8/19	9:00am-10:00am			
721680-04	\$102				
Su	7/16-8/20	9:00am-10:00am			
<b>Location: Rive</b>	erside HS, Le	esburg			
721681-01	\$102				
W	7/12-8/16	6:00pm-7:00pm			
721681-02	\$102				
Th	7/13-8/17	6:00pm-7:00pm			
721681-03	\$102				
Sa	7/15-8/19	9:00am-10:00am			
721681-04	\$102				
Su	7/16-8/20	9:00am-10:00am			
Location: John Champe HS, South Riding					
721682-01	\$102				
Tu	7/11-8/15	6:00pm-7:00pm			

Tu	7/11-8/15	6:00pm-7:00pm
721682-02	\$102	

7/13-8/17 6:00pm-7:00pm

721682-03 \$102 Sa 7/15-8/19 9:00am-10:00am

721682-04 \$102

7/16-8/20 9:00am-10:00am **Location: Dominion HS, Sterling** 721683-01 \$102

M	7/10-8/14	6:00pm-7:00pm		
721683-02	\$102			
Tu	7/11-8/15	6:00pm-7:00pm		
721683-03	\$102			
W	7/12-8/16	6:00pm-7:00pm		
721683-04	\$102			
Sa	7/15-8/19	9:00am-10:00am		
721683-05	\$102			
Su	7/16-8/20	9:00am-10:00am		
Location: Loudoun Valley HS, Purcellville				
<b>Location: Lou</b>	doun Valley H	lS, Purcellville		
Location: Loud 721684-01	<b>doun Valley H</b> \$102	IS, Purcellville		
	-	<b>4S, Purcellville</b> 6:00pm-7:00pm		
721684-01	\$102	•		
<b>721684-01</b> W	\$102 7/12-8/16	•		
<b>721684-01</b> W <b>721684-02</b>	\$102 7/12-8/16 \$102	6:00pm-7:00pm		
<b>721684-01</b> W <b>721684-02</b> Th	\$102 7/12-8/16 \$102 7/13-8/17	6:00pm-7:00pm		
<b>721684-01</b> W <b>721684-02</b> Th <b>721684-03</b>	\$102 7/12-8/16 \$102 7/13-8/17 \$102	6:00pm-7:00pm 6:00pm-7:00pm		

### **USTA ADULT TENNIS BEGINNERS/INTERMEDIATE**

(Ages 13 & up) This US Tennis Association-sponsored program will help beginner to intermediate participants develop the fundamentals (groundstrokes, volley, serve) through a fun and engaging play-to-learn style. Participants will also practice match play and learn about sportsmanship and game rules. All equipment is provided. Call 703-777-0343 for more information.

### Location: Rriar Woods HS Rrambleton

Location: Briai	WOOUS NO.	, Brambieton
721685-01	\$102	
M	7/10-8/14	7:00pm-8:00pm
721685-02	\$102	
Tu	7/11-8/15	7:00pm-8:00pm
721685-03	\$102	
Sa	7/15-8/19	10:00am-11:00am
721685-04	\$102	
Su	7/16-8/20	10:00am-11:00am

Su	1/10-8/20	10:00am-11:00am					
Location: Riverside HS, Leesburg							
721686-01	\$102						
W	7/12-8/16	7:00pm-8:00pm					
721686-02	\$102						
Th	7/13-8/17	7:00pm-8:00pm					
721686-03	\$102						
Sa	7/15-8/19	10:00am-11:00am					
721686-04	\$102						
Su	7/16-8/20	10:00am-11:00am					
Location: John Champe HS, South Riding							
721687-01	\$102						

721687-01	\$102	
Tu	7/11-8/15	7:00pm-8:00pm
721687-02	\$102	
Th	7/13-8/17	7:00pm-8:00pm
721687-03	\$102	
Sa	7/15-8/19	10:00am-11:00am
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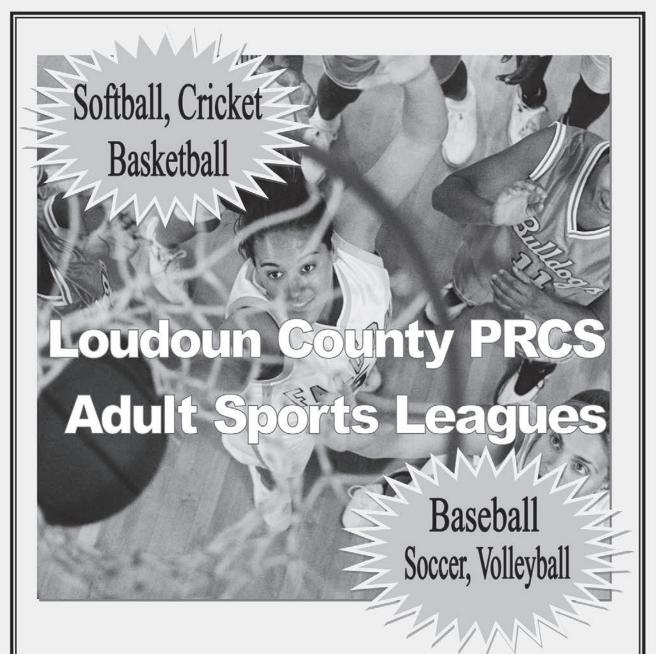
721687-04

7/16-8/20 10:00am-11:00am Su

**Location: Dominion HS, Sterling** 

721688-01 \$102

7/10-8/14 7:00pm-8:00pm 721688-02 \$102



For more information, visit <a href="https://www.loudoun.gov/adultsports">www.loudoun.gov/adultsports</a> or call 703-777-0343.



ADA – Loudoun County Parks, Recreation and Community Services is committed to complying with the American with Disabilities Act (ADA). If you require a reasonable accommodation for any type of disability in order to participate, call 703-777-0343/TTY-711. At least three business days advance notice is requested.

7/11-8/15 7:00pm-8:00pm Tu 721688-03 \$102

W

7/12-8/16 7:00pm-8:00pm

721688-04 \$102

7/15-8/19 10:00am-11:00am Sa

721688-05 \$102

7/16-8/20 10:00am-11:00am

Location: Loudoun Valley HS. Purcellville

721689-01 \$102

W 7/12-8/16 7:00pm-8:00pm

721689-02 \$102 Th

7/13-8/17 7:00pm-8:00pm

721689-03 \$102

7/15-8/19 10:00am-11:00am Sa

721689-04 \$102

7/16-8/20 10:00am-11:00am Su

### **SPECIAL EVENTS**

This section lists some of our countywide special events in chronological order by date and time. Please call the number listed for more information.

### JUNE

#### PARTY IN THE PARK

(All ages) Start your weekend the right way by ioining your friends at Philomont Community Center's Party in the Park! Join your friends on our large playground, outdoor basketball court or open area for flag football and kickball! Admission includes popcorn, snow cones, a slice of pizza, and drinks! Children must be accompanied by an adult. Call 540-338-5882 for more information.

#### **Location: Philomont Community Center** 411502-01 \$10

6/2-6/2 3:00pm-5:30pm

### **NATIONAL DOUGHNUT DAY**

(Ages 6-13) Come celebrate National Doughnut Day! Mix, Form, Bake and decorate 1/2 dozen doughnuts to take home and enjoy with your family. Parents are invited to stay and help with the baking and decorating process, but not required. Please inform the center at least 2 weeks before event of any food allergies of participant. Call 571-258-3456 for more information.

### **Location: Dulles South Multipurpose Center**

405800-01 \$20

6/2-6/2 4:00pm-6:00pm

### **BUILD & BOUNCE**

(Ages 10 & under) Our gym will be filled with building blocks and moonbounces galore. Duplo and Lego blocks, gears, and other building toys for different age groups will be available for participants to test their engineering skills. Participants can jump in our moonbounces to

get the creative juices flowing. This is not a drop off event, parents must be present at all times. Call 703-430-9480 for more information.

### **Location: Sterling Community Center**

403711-01 \$5

6/2-6/2 5:30pm-7:30pm

### PCC YARD SALE AND VENDOR FAIR

(Ages 18 & up) Attention all vendors and collectors! Philomont Community Center is hosting a vendor and community yard sale for your unwanted or small business items! Price includes a 10x10 space and a general ad in the local classified section. Free admission for shoppers. All vendors please register in advance. Call 540-338-5882 for more information.

### **Location: Philomont Community Center**

411501-01 \$15 per space

Sa 6/3-6/3 8:00am-2:00pm

411501-02 \$5 per table

Sa 6/3-6/3 8:00am-2:00pm

### **FAMILY FISHING FIESTA**

(All ages) Cast away and try for the big one! Join friends and family for a fun filled fishing adventure. Participate in contests and games for prizes. Poles available on a first-come, firstserved basis. Never fished before? Don't worry staff will be available for assistance. Anyone can join in! Children must be accompanied by a registered adult. Call 571-258-3700 for more information.

### **Location: Claude Moore Park Ponds**

361755-01 \$5.00

6/3-6/3 9:00am-11:00am

### CARDBOARD REGATTA

(All ages) Can cardboard float? Teams of two will race each other for prizes and bragging rights in our third annual event. Dinner will start at 6:00 p.m. Team check-in from 6:15-6:45 p.m., judging at 6:45 p.m., races at 7:00 p.m. Only 12 teams can participate, so sign up today! Teams can be children, adults, or a mix. This is a free family event; children must be accompanied by an adult. A new addition to the Middleburg Community Center Doc Saffer Series, sponsored by the Luminescence Foundation. Call 540-687-6375 for rules and more information.

### **Location: Middleburg Community Center Pool**

408708-01 Free event

6/16-6/16 6:00pm-8:00pm

### SENIOR POTLUCK

(Ages 55 & up) Join us for lunch and bring your favorite dish to share! Meet your neighbors and enjoy great conversation! Call 703-771-5281 for more information.

### **Location: Lucketts Community Center** Free event

W 6/21-6/21 12:00pm-1:00pm

#### **BUILD & BOUNCE**

(Ages 10 & under) See description for 6/2. Call 703-430-9480 for more information.

### **Location: Sterling Community Center**

403711-02 \$5

6/3-6/3 Sa 9:30am-11:30am

### **COMMUNITY YARD SALE**

(Ages 18 & up) Indoor Yard Sale, 2nd Saturday of the Month. Registration includes 10'x10' space, 6-foot table, and 1 chair. Price includes general ad in local classified section. Vendors must register and pay in advance. Free admission for shoppers. Call 703-430-9480 for information.

### **Location: Sterling Community Center**

403709-01 \$10

Sa 6/10-6/10 8:00am-12:00pm

### PARENTS' ESCAPE NIGHT: BRIDGE ENGINEERS

(Ages 2-12) Head out for a night on the town while we take care of the little ones. Each month will have its own open-ended engineering project for the kids to tackle. They'll also have pizza, play games, watch a movie, and enjoy some moonbounce time! Kids will be divided into separate age groups. Ask about our potty training policy. Call 703-430-9480 for more information.

### **Location: Sterling Community Center**

403708-01	\$15	First child
F	6/16-6/16	5:30pm-9:00pm
403708-02	\$13	Additional child
F	6/16-6/16	5:30pm-9:00pm

### **BUILD & BOUNCE**

(Ages 10 & under) See description for 6/2. Call 703-430-9480 for more information.

### **Location: Sterling Community Center**

403711-03

Sa 6/17-6/17 9:30am-11:30am

### **GREAT AMERICAN BACKYARD CAMPOUT**

(Ages 4 & up) On June 24th, thousands of people across the nation will gather in neighborhoods, communities and parks for this annual event to celebrate and connect with nature. Join our celebration in Loudoun as we share songs, stories, games, activities and food before camping out in the park! Registration fee includes campsite. Saturday dinner, Sunday breakfast and fun activities throughout the evening! You must provide your own tent, sleeping bag and personal camping equipment. Call 540-338-7603 for more information.

### **Location: Franklin Park**

462419-01 \$7.00/person

6/24-6/25 Sa.Su 4:00pm-11:00am

### **BUILD & BOUNCE**

(Ages 10 & Under) See description for 6/2. Call 703-430-9480 for more information.

### **Location: Sterling Community Center**

403711-04 \$5

F 6/30-6/30 5:30pm-7:30pm

### **JULY**

#### CELEBRATE CATERPILLARS AT CMP

(All ages) Starting in July, stop by the Visitor Center and take part in a self-guided celebration of our hungry friends! Games and activities will be available 9-5 daily! Call 571-258-3700 for more information.

### Location: Claude Moore Park Visitor Center Free Event

Daily 7/1-8/31 9:00am-5:00pm

### **BUILD & BOUNCE**

(Ages 10 & Under) See description for 6/2. Call 703-430-9480 for more information.

### **Location: Sterling Community Center 403711-05** \$5

Sa 7/1-7/1 9:30am-11:30am

#### INDEPENDENCE DAY CELEBRATION

(All ages) A hometown parade kicks off the celebration. Awesome fireworks top off the evening. Sponsored by the Lovettsville Community Center Advisory Board. Call 540-822-5284 and/or email at Lovcc@loudoun.gov for more information.

### Location: Lovettsville Community Center Free event

M 7/3-7/3 5:30pm-9:30pm

### OL' TIME FOURTH OF JULY CELEBRATION

(All ages) Celebrate an old-fashioned Fourth of July with pony and wagon rides, music, crafts, nature exhibits, historic tours, old-time and family games, and "Reptiles Alive." Food available for purchase. Use Loudoun Park Lane entrance. Register in advance or pay at door (cash/check only). Call 571-258-3700 for more information.

### **Location: Claude Moore Park Historic Area**

**461710-01** \$5/Ages 5 & up, Free/4 & under 7/4-7/4 10:30am-3:00pm

### FOURTH OF JULY ACTIVITIES & FIREWORKS AT FRANKLIN PARK

(All ages) Celebrate Independence Day at Franklin Park with music and entertainment, food and fun, and even BIGGER, BETTER fireworks! Festivities will begin at 2:00 p.m., with fireworks at dusk. The pool will be open and normal admission fees apply. For a complete list of events, check out www.loudoun.gov/franklinpark. Call 540-338-7603 for more information.

### Location: Franklin Park Pay at park \$10/car

Tu 7/4-7/4 2:00pm-9:30pm

### **FOURTH OF JULY IN MIDDLEBURG**

(All ages) Honor an annual tradition! Children's Parade lineup starts at 5:30 p.m. at the library; parade starts at 6 p.m., followed by games in the ballfield. Fireworks display at dark. **Free event!** Call 540-687-6373 for more information.

### Location: Middleburg Community Center fields

Free event

Tu 7/4-7/4 5:30pm-9:20pm

#### **COMMUNITY YARD SALE**

(Ages 18 & up) See description for 6/10. Call 703-430-9480 for information.

### **Location: Sterling Community Center**

**403709-02** \$10

Sa 7/8-7/8 8:00am-12:00pm

### PARTY IN THE PARK

(All ages) See description for June.

### **Location: Philomont Community Center**

**411502-02** \$5

F 7/14-7/14 1:00pm-2:30pm

### **CARDBOARD BOAT REGATTA**

(All ages) Float, sink or swim? Make and bring your cardboard boat to the Lovettsville Cardboard Boat Regatta. Contestants make boats out of cardboard and tape, then rely on their inventions to keep them afloat as they travel across the pool. Awards include: Titanic Award (most spectacular sinking), Crew Award (best group costume) and Vogue Award (prettiest boat). Be sure to sign your team up early; there are only 12 spots! You'll want to stick around for swimming after the boat races! Email Lovcc@ loudoun.gov for more information and a complete list of rules.

### **Location: Lovettsville Community Pool**

**402704-01** Free Boat Entry

**Pay at door** \$3/Ages 3 & up, \$.50/Ages 2 & under

Su 7/16-7/16 6:30pm-8:00pm

### **CELEBRATE ICE CREAM DAY**

(All ages) Join us for an old-fashioned ice cream day social as we celebrate National Ice Cream Day. Call 703-771-5281 for more information.

### **Location: Lucketts Community Center**

**409702-01** Free event

M 7/17 12:00pm-2:00pm

### **SENIOR POTLUCK**

(Ages 55 & up) See description for June.

### Location: Lucketts Community Center

Free event

W 7/19-7/19 12:00pm-1:00pm

### PARENTS' ESCAPE NIGHT-TOWER ARCHITECTS

(Ages 2-12) See description for 6/16. Call 703-430-9480 for more information.

### **Location: Sterling Community Center**

 403708-03
 \$15
 First child

 F
 7/21-7/21
 5:30pm-9:00pm

 403708-04
 \$13
 Additional child

 F
 7/21-7/21
 5:30pm-9:00pm

#### MCC LATE SWIM & LUAU

(All ages) Make plans for dinner and a late swim as part of the Middleburg Community Center Doc Saffer Series, sponsored by the Luminescence Foundation! Dinner starts at 6:00 p.m.; you can slide into the pool to cool off starting at 6:30 p.m. This is a free family event; children must be accompanied by an adult. Call 540-687-6373 for more information.

### **Location: Middleburg Community Center Pool**

**408710-01** Free event

F 7/21-7/21 6:00pm-8:30pm

### **BUILD & BOUNCE**

(Ages 10 & Under) See description for 6/2. Call 703-430-9480 for more information.

### **Location: Sterling Community Center**

**403711-06** \$5

Sa 7/22-7/22 9:30am-11:30am

### **AUGUST**

### **NATIONAL NIGHT OUT**

(All ages) This community event organized by the Middleburg Police Department is co-sponsored with the Middleburg Community Center and the Town of Middleburg to inform the public about safety awareness issues. Fun for all ages, the free event includes a hot dog dinner, dunk tank, games and educational activities. Call 540-687-6373 for more information.

### **Location: Middleburg Community Center**

**408709-01** Free event

Tu 8/1-8/1 6:00pm-8:00pm

### **BUILD & BOUNCE**

(Ages 10 & under) See description for 6/2. Call 703-430-9480 for more information.

### **Location: Sterling Community Center**

**403711-07** \$5

F 8/4-8/4 5:30pm-7:30pm

#### THE AMAZING WILDLIFE CHALLENGE

(All ages) Join Park Naturalists for some fun filled animal adventures. Check out different stations highlighting the various wildlife from our area. Accept the challenges presented and see if you can pull of the amazing feats these animals do every day, like jumping, dodging, running, and more. Try them all and receive a free gift! Call 571-258-3700 for more information.

### **Location: Claude Moore Park Visitor Center**

**461721-01** \$5/Ages 4 & up, Free/3 & under Sa 8/5-8/5 10:00am-12:00pm

### **BUILD & BOUNCE**

(Ages 10 & under) See description for 6/2. Call 703-430-9480 for more information.

### **Location: Sterling Community Center**

**403711-08** \$5

Sa 8/5-8/5 9:30am-11:30am

#### **FAMILY LUAU**

(All ages) The pool will be open late for this funfilled evening of wacky games, swimming and music. All regularly sold concession items will be available for purchase. Pay admission at the door. First-come, first-served.

### **Location: Lovettsville Community Pool**

Pay at door \$3/Ages 3 & up,

\$.50/Ages 2 & under

Sa 8/5-8/5 6:30pm-8:30pm

### PARTY IN THE PARK

(All ages) See description for June.

**Location: Philomont Community Center** 

**411502-03** \$5

F 8/11-8/11 1:00pm-2:30pm

### **COMMUNITY YARD SALE**

(Ages 18 & up) See description for 6/10. Call 703-430-9480 for information.

**Location: Sterling Community Center** 

**403709-03** \$10

Sa 8/12-8/12 8:00am-12:00pm

### SENIOR POTLUCK

(Ages 55 & up) See description for June. **Location: Lucketts Community Center** 

Free event

W 8/16-8/16 12:00pm-1:00pm

### PARENTS' ESCAPE NIGHT: BOAT BUILDERS

(Ages 2-12) See description for 6/16. Call 703-430-9480 for more information.

**Location: Sterling Community Center** 

**403708-05** \$15 First child

8/18-8/18 5:30pm-9:00pm

**403708-06** \$13 Additional child F 8/18-8/18 5:30pm-9:00pm

#### **DINNER & A MOVIE**

(All ages) Join us for dinner and viewing of Finding Dory -IN THE POOL! Dinner will be available starting at 6:00 p.m. as part of the Middleburg Community Center Doc Saffer Series, sponsored by the Luminescence Foundation. Pool opens at 7:00 p.m.; movie starts around 8:15 p.m. This is a free family event; children must be accompanied by an adult. Please call 540-687-6373 for more information.

### **Location: Middleburg Community Center Pool**

**408711-01** Free event

F 8/18-8/18 6:00pm-9:30pm

### THE LUCKETTS FAIR

(All ages) Join us for our 45th year of music, juried crafts, antiques, authors, and a whole lot of fun for the whole family! Call 703-771-5281 for more information.

### **Location: Lucketts Community Center**

Pay at gate \$7

Sa, Su 8/19-8/20 9:00am-5:00pm

### **BUILD & BOUNCE**

(Ages 10 & under) See description for 6/2. Call 703-430-9480 for more information.

### **Location: Sterling Community Center**

**403711-09** \$5

Sa 8/19-8/19 9:30am-11:30am

### ORDINARY TIMES: LIFE IN COLONIAL LANESVILLE

(All ages) Visit the Lanesville Ordinary and take part in early American activities. Enjoy bread

making, woodworking, clothes making, open fire cooking, toy making, and more! Refreshments served. Call 571-258-3700 for more information

### Location: Claude Moore Park Historic Area Free event

Sa 8/26-8/26 10:00am-2:00pm

### **SEPTEMBER**

Registration for the following fall programs begins May 11.

### **DOG SWIM**

(All ages & breeds) Join us as we turn over our pool to the dogs for our annual Dog Swim. Frisbees and balls are welcome. Only dogs permitted in pool. County dog licenses are mandatory. No registration required. Call 540-822-5284 or e-mail Lovcc@loudoun.gov for more information.

### **Location: Lovettsville Community Pool**

Pay at door \$5/Dog

Sa 9/9-9/9 9:00am-11:00am

### **FALL FESTIVAL**

We are looking for crafters to sell their handmade items at CMP's Fall Festival. A 10' x 10' booth space is \$40.00. Find application at loudoun.gov/claudemoorepark. Call 571-258-3700 for more information.

### Location: Claude Moore Park Historic Area Free event

Sa 9/23-9/23 10:00am-4:00pm

### We're



Celebrate with us!

Complete our Year-Long Celebration & Your Passport at These Events:

### **June 2017**

Western Loudoun Artists Studio Tour - June 3-4

Franklin Park Performing & Visual Arts Center

Family Swim Night - June 9

Round Hill Indoor Aquatic Center

### **July 2017**

July 3rd Celebration — Lovettsville Community Center Pony Nationals Tournament - July 14 - 23

Multiple locations in Loudoun County

### **FRANKLIN PARK** ARTS CENTER EVENTS

36441 Blueridge View Lane Purcellville, VA 20132 540-338-7973

Office: M-F 9:00am -5pm

### JUNE

### WESTERN LOUDOUN ARTISTS STUDIO TOUR

(All ages) The Western Loudoun Artists Studio Tour offers a weekend of art, shopping and relaxation. Visit 30+ studios and see the works of 60 talented artists as you wind through the scenic countryside and historic villages of western Loudoun County, Enjoy paintings, pottery, jewelry, photography, fiber, sculpture and more! Franklin Park Arts Center will be hosting 6 quest artists during the tour weekend. Take this unique opportunity to talk personally with the artists. purchase artwork, view demonstrations and exhibits, or win a door prize! Find more information at www.wlast.or.g

### Free event

Sa, Su 6/3-6/4 10:00am -5:00pm

### **BEALE STREET PUPPETS: "Teddy Bear Circus"**

(Ages 2 & up) The Big Top is popping with Puppet performers! Rupert the Ringmaster introduces a one ring circus of surprises—our teddy bear performers will amaze you with stupendous stunts, from Fabian's flying trapeze to Trixie on her tightrope-and don't forget about our comical clowns!

Pay at door \$5/person

6/7-6/7 10:00am

### **LAST HAM STANDING COMEDY IMPROV**

(All ages) Don't miss this hilarious show full of laughs for the entire family. A group of talented performers take suggestions from the audience to create wacky scenes and funny improv games. If you like Whose Line Is It Anyway? You'll love Last Ham Standing...the other comedy meat! Find more information at www. franklinparkartscenter.org.

\$14/adults, \$12/seniors, **Tickets** 

\$10/youth

F 6/16-6/16 mq00:8 7/14-7/14 8:00pm

**Bootcamp performance** 

8/4-8/4 7:30pm

**Show** 

F 8/4-8/4 8:15pm

### THE PICKWICK PLAYERS: "You Can't Take It With You"

An eccentric family allows each member to pursue his own ambition in the home, but their routine is disrupted when a daughter with a

regular job wants to bring her fiancé and his Wall Street family to dinner in George S. Kaufman and Moss Hart's Pulitzer Prize-winning comedy. Find more information at www.franklinparkartscenter. ora.

**Tickets** \$17/adults, \$12/seniors,

\$12/youth

F 6/23-6/23 7:30pm Sa 6/24-6/24 1:30pm, 7:30pm

### MAIN STREET THEATER PRODUCTIONS: "Disney's The Jungle Book Kids"

(All ages) This one-act, 30-minute version of Disney's The Jungle Book is performed by local campers from Main Street Theater Production's summer camp. It tells the story of Mowgli's adventures in the jungle, battling tigers, monkeys and snakes with his panther friend Bagheera. A delightful family show.

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Pay at door	\$5/person	
W	6/28-6/28	1:00pm
Th	6/29-6/29	7:00pm
F	6/30-6/30	7:00pm

### JULY

### INDEPENDENCE DAY AT FRANKLIN PARK

(All ages) Music and family activities begin at 5:00 pm with groups like Franklin Park Big Band, Loudoun Symphonic Winds and headline group Zvdeco-a-Go-Go with lively zvdeco musical performance at 8:00 pm. Full line-up announced June 1st on website. Fireworks begin at approximately 9:15 pm. Find more information at www. franklinparkartscenter.org.

Pay at door \$10/car

Tu 7/4-7/4 5:00pm-10:00pm

### JULY PUPPET SHOW

(Ages 2 & up) Join the excitement of our interactive puppet shows—a popular event that the kids anticipate each month! Find more information at www.franklinparkartscenter.org.

Pay at door

\$5/person

7/19-7/19 10:00am

### JUNIOR THEATER TOURING CAMP **PERFORMANCE**

(All ages) This 20-minute children's show is performed by local campers from our Junior Theatre touring camp, who kick off their tour at the Franklin Park Arts Center before taking their show on the road, performing for different camps and community centers throughout the county.

### Free event

F 7/21-7/21 1:00pm

### MAIN STREET THEATER PRODUCTIONS: "Bye Bve Birdie"

(All ages) A loving send-up of the 1960s, smalltown America, teenagers, and rock & roll, Bye Bye Birdie remains as fresh and vibrant as ever.

Teen heartthrob Conrad Birdie has been drafted. so he chooses All-American girl Kim McAfee for a very public farewell kiss. Performed by teen actors from Main Street Theater Productions summer camp. Hit songs include Put on a Happy Face, One Last Kiss, One Boy, A Lot of Livin' to Do, Kids!, and Rosie.

Pay at door \$10/person

F,Sa 7/28-7/29 7:00pm Sa,Su 7/29-7/30 2:00pm

### **AUGUST**

#### THE IMMORTALS

(All ages) Selections to include Rock, Soul, Contemporary, R & B, Jazz standards and originals by members. The Immortals are a group made up of the best music students at Loudoun Music Instruction.

Pay at door \$7/person

8/5-8/5 7:00pm Sa

### MAIN STREET THEATER PRODUCTIONS: "Disnev's Aladdin Kids"

(All ages) This one-act, 30-minute version of Disney's Aladdin kids is performed by local campers from Main Street Theater Production's summer camp. When the street urchin, Aladdin, vies for the attention of the beautiful princess, Jasmine, he uses a genie's magic power to become a prince in order to marry her. lago, Jafar, the Genie and more join this a musical adventure filled with magic, mayhem and the power of love.

Pay at door \$5/person

8/9-8/9 1:00pm Th, F 8/10-8/11 7:00pm

### **GALLERY COFFEEHOUSE: Tanabata Japanese** Celebration

(All ages) Tanabata is a traditional Japanese festival. Our gallery lobby will be decorated with lanterns and colorful streamers. We will decorate a bamboo tree with tanzaku, dress in traditional Japanese costumes and make gyotaku prints (fish prints). At dusk, we will release floating lanterns in the pond at Franklin Park.

Pay at door \$8/person

Su 8/13-8/13 6:30pm

### **LOUDOUN CENTRE THEATRE: "Disney's High** School Musical"

(All ages) The Disney channel's smash hit movie musical comes to life on our stage! When Troy and Gabriella audition for the school musical they open an unexpected can of worms. Reigning drama queen Sharpay and her brother, Ryan, don't want to share the spotlight, so the pair join forces with the basketball and academic teams to split up Troy and Gabriella and ruin their musical chances. More than 225 million TV viewers will agree-there won't be a better way to spend your summer. Go wildcats! Find more information at www.franklinparkartscenter.org.

 Tickets
 \$16/advance
 \$20/door

 F
 8/18, 8/25
 7:30pm

 Sa
 8/19, 8/26
 1:30pm, 7:30pm

### **DANNY KNICELY & FURNACE MOUNTAIN**

(All ages) Danny Knicely and the Furnace Mountain Band perform for the Friends of Blue Ridge Mountain's 10th Anniversary. Proceeds benefit the "Friends of the Blue Ridge Mountains Endowment for Environmental Education Activities" Fund. Find more information at www. franklinparkartscenter.org.

**Tickets** \$150/VIP \$100/couple

\$60/Adult \$35/25 \$ under

Su 8/27-8/27 4:00pm

### USTAD SHAFAAT KHAN: "Musical Traditions" Indian/Western Fusion Music

Ustad Shafaat Khan, world-renowned Indian classical musician, has enthralled audiences around the world performing his unique fusion of Indian classical, western, jazz, and rock rhythms on Sitar, Tabla and vocal. Now Maestro Khan brings his music to Franklin Park Arts Center for an evening of "musical Traditions" that will leave a lasting impression. Find more information at www.franklinparkartscenter.org.

**Tickets** \$20/person W 8/30-8/30

### **VIP SEASON 10 PREVIEW EVENT**

(18 years & up) This event highlights performers and events for the Arts Center's 10th Anniversary Season. Reception in the lobby and performance in the theater. Advance reservations only. Call 540-338-7973 or visit www.franklinparkartscenter.org.

7:00pm

### Free w/advance reservations

Th 8/31-8/31 6:00pm-7:30pm

### **GALLERY EXHIBITS**

The Franklin Park Arts Center Gallery is open Monday—Friday 9:00 a.m. -5:00 p.m. and weekends during performances. Call for more information on submitting artwork and entry submission guidelines at 540-338-7973 or visit www.franklinparkartscenter.org/exhibitions.

### LANDSCAPES OF THE MIND

Artists are invited to submit works in all mediums that depict actual or imagined landscapes. Drop off June 6-7 from 9:00 a.m.-4:30 p.m. Find details at www.franklinparkartscenter.org.

**Entry fee** \$20/submission

F-W 6/9-7/5

**Opening reception** Free event Su 6/11-6/11 1:00pm-3:00pm

#### **BIZARRE & SURREAL**

This summer challenge exhibit is open to all artists in all mediums -2D, 3D and NEW film/video -with the theme of BIZARRE AND SURREAL. Drop off July 5–6 from 9:00 a.m.-4:30 p.m. Find details www.franklinparkartscenter.org.

**Entry fee** \$20/submission

F-Su 7/7-8/6

**Opening reception** Free event Su 7/9-7/9 1:00pm-3:00pm

#### **FISH & THE SEA**

Artists are invited to submit works in all mediums that depict Fish and the Sea. We will host a Gyotaku print class and display prints as part of the exhibit during the opening reception and Tanabata Festival. Drop off August 7-8 from 9:00 a.m.-4:30 p.m. Find details www.franklinparkartscenter.org.

**Entry fee** \$20/submission W-Tu 8/9-9/5

**Opening reception & Tanabata Festival** 

Su 8/13-8/13 6:30pm-8:00pm

### TRIPS For <u>all ages</u>

This section lists some of our countywide trips in chronological order by date and time. Please call the number listed for more information.

### **GETTYSBURG BATTLEFIELD**

(All ages) Come with us to take a day trip to the Gettysburg National Battlefield. We will explore the park and attend a talk given by a Park Ranger. Children must be accompanied by an adult. Call 571-258-3456 for more information.

### Depart/Return: Dulles South Multipurpose Center

**405904-01** \$35

Sa 8/5-8/5 8:30am-5:00pm

### **CHESAPEAKE CRAB & BEER FEST**

(All ages) Visit this eighth annual Maryland tradition! The Festival is an ALL-YOU-CARE-TO-TASTE extravaganza complete with over 65,000 crabs, arts & crafts, live music, family fun and so much more! Fee is for transportation only. Food and drink tickets must be purchased in order to participate in the festival. Trip is scheduled for the 11 a.m.-3 p.m. crab-service session. Call 571-258-3456 for more information.

### Depart/Return: Dulles South Multipurpose Center

**405901-01** \$30

Sa 8/19-8/19 9:00am-5:00pm

### TRIPS FOR SENIORS

Summer trip registration begins on 5/10, unless otherwise noted. All trips are for individuals 55 and older. Transportation is by 28-passenger bus or motor coach. First price listed is for current senior center members (Carver, Cascades, Dulles South, and Leesburg); second price listed is for non-members. Departure and return locations for most trips: Carver Senior Center (Purcellville), Cascades Senior Center (Sterling) and Leesburg Wal-Mart (west side of parking lot). Please note, some departures scheduled from Dulles South. Return times are estimated and may vary. Signup is required at any PRCS facility with access to RecTrac or online through WebTrac (day trips only). There are no refunds, although a refund minus an administrative fee (30% for day trips, 20% for overnight trips) may be issued, if your seat is resold. If you need a forward seat for medical reasons please call 571 258-3050 at least one week prior to trip. Each trip will leave at the designated time; we are unable to wait for anyone, so please plan accordingly.

### **DAY TRIPS -JUNE**

### SMITHSONIAN MUSEUMS-WASHINGTON, DC

Drop off and pick-ups at American History, Natural History, Gallery of Art, American Indian (1 block from U.S. Botanical Gardens), Air and Space and African Art/Freer/Hirsh horn/Sackler Museums. Lunch on your own. Price includes transportation. Extensive walking. Limited to 28.

**446611-01** \$12/member, \$16/non-member M 6/5

### JOURNEY TO FREEDOM, HARRIET TUBMAN & THE UNDERGROUND RAILROAD

Join us on this trip to the Eastern Shore and the newly-opened Harriet Tubman Underground Railroad Visitor Center. Enjoy a driving tour that winds through the picturesque, rural landscape of Maryland's Eastern Shore as you explore the life of Harriet Tubman and the journey to freedom for slaves along the Underground Railroad. Visit sites related to Harriet's childhood and her near-fatal head injury at an 1800's village store. Hear stories about her life as a slave and her commitment to abolishing slavery. Visit sites related to escapes from this region on the Underground Railroad. Enjoy an included lunch at Jimmie and Sooks, Includes: motor coach transportation, Certified Harriet Tubman Guide, donations to historic sites and lunch. Optional tour guide and motor coach driver gratuity not included. Extensive walking. Limited to 52.

**446612-01** \$96/member,

\$100/non-member

\$100/non-member

Tu 6/6

# **Adult Day Centers** of Loudoun County

Special programming designed to engage seniors who may have physical or memory impairments



Provides free time and support for caregivers Hours: Monday – Friday 7:30 a.m. – 5:30 p.m.

- Caring, friendly, experienced staff
- Comfortable, home-like atmosphere
- Physical activities and exercise
- Mentally stimulating activities
- Assistance with personal care needs
- Medication administration
- Health monitoring
- Nutritious hot lunches and snacks
- Transportation (select areas)

To learn more, please call or visit us online at www.loudoun.gov/adultday

Eastern Loudoun Adult Day Center 45140 Riverside Parkway Ashburn, Virginia 571-258-3232

Leesburg Adult Day Center 16501 Meadowview Court Leesburg, Virginia 703-771-5334 Mac Brownell Adult Day Center 200 Willie Palmer Way Purcellville, Virginia 571-258-3402



The Loudoun County Area Agency on Aging is a division of Loudoun County Department of Parks, Recreation & Community Services

### SHENANDOAH/POTOMAC RIVER WHITE WATER RAFTING TRIP\*

\*For Active Seniors. We will traverse three states (Maryland, Virginia and West Virginia) on an unforgettable half day guided raft trip. This beginner level trip is great for anyone looking for some class I-III rapid fun! Rafters will float right by the historic town of Harpers Ferry while being entertained with local history and river lore. Depending on the water levels the trip will be run either on the Potomac or Shenandoah River. Each trip participant must be physically able to paddle for extended periods of time. Includes transportation, raft trip, and picnic lunch. Bring sunscreen and change of clothes. Limited to 27.

**446613-01** \$88/member, \$92/non-member Th 6/8

### WASHINGTON NATIONALS VS. ATLANTA BRAVES AT NATIONALS PARK

Take me out to the Ballgame! Come out and cheer for your Washington Nationals as they play the Braves. This is the first of three games we will see this season. Game begins at 4:05 p.m. Price includes transportation and admission. Moderate walking. Limited to 27.

**446614-01** \$67/member, \$71/non-member W 6/14

### "JESUS CHRIST SUPERSTAR" -SIGNATURE THEATER-SHIRLINGTON (option 1)

The icon. His traitor. The most famous story ever told. Experience Andrew Lloyd Webber and Tim Rice's stunning award winning rock opera in a sleek, modern, environmental production. With the legendary songs, What's That Buzz, I Don't Know How to Love Him, Everything's Alright and the title song, Jesus Christ Superstar, Joe Calarco (Gypsy) directs this dazzling and fiery epic of celebrity, passion, guilt and salvation. Have lunch on own prior to show in area restaurant or Theatre Café. Show starts at 2:00 p.m. Limited to 27. Moderate walking.

**446614-01** \$67/member, \$71/non-member Sa 6/17

### SMITHSONIAN NATIONAL ZOOLOGICAL PARK-WASHINGTON, DC

Spend the day visiting your favorite animals or seeing what is new at the zoo! Bring a bag lunch or purchase at Zoo. Price includes transportation with free admission. Extensive walking. Limited to 27.

**446614-01** \$67/member, \$71/non-member M 6/19

### **HAVRE DE GRACE: TIME & TIDE -MARYLAND**

Havre de Grace is an historic waterfront town sitting right on the banks of the wide Susquehanna River. During the Revolutionary War General Lafayette visited this small hamlet several times. It reminded him of the French seaport Le Havre and so the city was named Havre de Grace, French for "Harbor of Grace." There is so much history here, and we'll start the day at the Havre

De Grace Maritime Museum where we will learn about the War of 1812 and Maryland's maritime history. Next travel down to the water and visit the Susquehanna Museum at the Lock House, the authenticity of this site is unusual and makes it a very special visit. Enjoy lunch at MacGregor's Restaurant and Tavern before heading on to the Havre De Grace Decoy Museum with one of the finest collections of working and decorative Chesapeake Bay decoys ever assembled. Finish the day with a stop at Bomboy's homemade ice-cream. Includes motorcoach transportation, lunch, museum admission, ice cream and guide. Optional driver and guide gratuity not included. Extensive walking. Limited to 52.

**446614-01** \$67/member, \$71/non-member Tu 6/20

### "JESUS CHRIST SUPERSTAR" -SIGNATURE THEATER -SHIRLINGTON (option 2)

See description for 6/17.

**446614-01** \$67/member, \$71/non-member Sa 6/24

### SMITHSONIAN ART & PORTRAIT GALLERY / SPY MUSEUM / MUSEUM OF CRIME AND PUNISHMENT / MADAME TUSSAUDS— WASHINGTON, DC

Explore American Art Museum and/or National Portrait Gallery, or visit the Spy Museum, the Museum of Crime and Punishment or Madame Tussauds (all nearby—cost about \$15-\$20 each). Lunch on your own. Price includes transportation. Extensive walking. Limited to 27.

**446618-01** \$12/member, \$16/non-member Tu 6/27

### HOLLYWOOD CASINO TRIP-CHARLES TOWN, WV

Enjoy slots, table games and simulcast horse racing. Lunch on your own. Price includes transportation and \$10 playback cash with player's card and driver's license. Minimum walking. Limited to 28.

**446618-01** \$12/member, \$16/non-member Th 6/29

### **DAY TRIPS -JULY**

### "SOME ENCHANTED EVENING" -RIVERSIDE DINNER THEATRE -FREDERICKSBURG

The music of Rodgers and Hammerstein! Enjoy a three course plated lunch in this lovely theatre followed by this glorious celebration of the most memorable songs of the team that established the Broadway musical as a totally American genre, Richard Rodgers and Oscar Hammerstein. Their parade of hit shows across a span of nearly seventeen years of collaboration made Broadway shine with such landmark hits as Oklahoma, Carousel, South Pacific, The Sound of Music, The King and I and more. Don't miss the passion and beauty of Rodgers and Hammerstein, live on stage. Price includes lunch, show and transpor-

tation. Minimum walking. Limited to 28.

**446619-01** \$77/member, \$81/non-member 7/5

### KUTZTOWN PENNYLVANIA DUTCH FESTIVAL -KUTZTOWN. PA

Join us for a trip to America's Premier Pennsylvania Dutch Festival! The Kutztown Festival is a celebration of PA Dutch culture, crafts, entertainment, food and legend. Named a "Must See" by the Washington Post and "One of America's Top Celebrations" by USA Today. You'll enjoy America's Largest Quilt Sale, hundreds of crafters, live entertainment on 6 stages, antiques and collectibles, folk life history and enough PA Dutch food to make you eat till you ouch! Admission and motor coach transportation included. Extensive walking Limited to 52. Optional Driver gratuity not included.

**446620-01** \$46/member, \$51/non-member 7/7

### SMITHSONIAN MUSEUMS-WASHINGTON, DC

See description for 6/5.

**446611-02** \$12/member, \$16/non-member M 7/10

### "JOSEPH AND THE AMAZING TECHNICOLOR DREAMCOAT" -TOBY'S DINNER THEATRE -COLUMBIA, MD

Come along for this Old Testament story of Joseph, his brothers and his amazing coat as it comes to vibrant life through uplifting song and dance. Country, Calypso, Pop, Rock and Roll, this non-stop eclectic score by Andrew Lloyd Webber is the reason Joseph is one of the world's most popular musicals. Travel down the Nile and see the wonders of ancient Egypt as Joseph discovers that "Any Dream Will Do" Includes transportation, buffet lunch, gratuity and show. Limited to 27. Minimum walking.

**446621-01** \$69/member, \$73/non-member W 7/12

### "MAMA MIA!"-WOLFTRAP -VIENNA, VA

MAMMA MIA! is the ultimate feel-good show that has audiences coming back again and again to relive the thrill. It's your turn to have the time of your life at this smash hit musical now on its farewell North American Tour. Mamma Mia! combines ABBA's greatest hits including Dancing Queen, S.O. S, Super Trouper, Take a Chance on Me and The Winner Takes It All, with an enchanting tale of love, laughter and friendship. Minimum walking. Limited to 27. Price includes transportation and show.

**446622-01** \$93/member, \$97/non-member Tu 7/18

### HOLLYWOOD CASINO TRIP-CHARLES TOWN, WV

See description for 6/29.

**446610-02** \$12/member, \$16/non-member

Th 7/20

### "THE ORIGINALIST" -ARENA STAGE-WASHINGTON, DC

Four-time Helen Hayes Award winner Edward Gero returns to Arena Stage as one of America's most brilliant and polarizing figures, Supreme Court Justice Antonin Scalia. When a bright, liberal Harvard Law School graduate embarks on a nerve-wracking clerkship with Justice Scalia, she discovers him to be both an infuriating sparring partner and an unexpected mentor. How will their relationship affect one of the most incendiary cases ever to reach the nation's highest court? From Charles MacArthur Award winner John Strand, comes this daring new work about passionate people risking heart and soul to defend their version of the truth. Show is at 12:00 p.m. Bring snacks or bag lunch. Price includes transportation and show. Minimum walking. Limited to 27.

446623-01 \$77/ member, \$81/non-member Sa 7/22

### "THURGOOD" -OLNEY THEATRE -OLNEY, MD (option 1)

"You do what you think is right and let the law catch up;" so said Supreme Court Justice Thurgood Marshall, who changed the face of American jurisprudence. He argued and won the Brown v. Board of Education decision ending racial segregation in the schools, after a long and strategic journey that began with ending the separate but equal mandate in Maryland law schools. Spend an afternoon with the late justice at this one-man show and consider just how far we've come...or have we? Lunch on own prior to show in local restaurant. Price includes transportation and show. Minimum walking. Limited to 27.

446624-01 \$68/ member, \$72/non-member W 7/26

### **WASHINGTON NATIONALS VS. MILWAUKEE BREWERS AT NATIONALS PARK**

Come out for our second game of the season and cheer for your Washington Nationals as they play the Brewers. This is the second of three games we will see this season. Game begins at 12:05 p.m. Price includes transportation and admission. Moderate walking. Limited to 27.

446625-01 \$67/member, \$71/non-member Th 7/27

### **DAY TRIPS -AUGUST**

### SMITHSONIAN MUSEUMS-WASHINGTON. DC

See description for 6/5.

446611-03 \$12/ member, \$16/non-member Tu 8/1

### "SEVEN BRIDES FOR SEVEN BROTHERS" -RIVERSIDE DINNER THEATRE

### -FREDERICKSBURG

Bursting with rambunctious energy, fun and romance, this musical frontier adventure set in 1850's Oregon tells the story of Milly, a new bride who finds herself caring for her husband Adam's six slovenly brothers at their wilderness ranch. With a mind to transforming the brothers into civilized marriage material, she attempts to teach them the social graces in preparation for a church gathering in town. The brothers take matters into their own hands and kidnap six women from town, which leads to a rollicking shotgun wedding! Price includes plated lunch, show and transportation. Minimum walking. Limited to 28. 446626-01 \$77/member, \$81/non-member

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### MGM GRAND CASINO at NATIONAL HARBOR

The New MGM Grand Resort and Casino opened on December 8, 2016 and has set the new standard for gaming with more than 125,000 square feet of vibrant gaming space. Try your luck on the slot machines or enjoy lunch at the upscale food court and restaurants. Must have a government issued I.D. Includes motor coach transportation. Optional driver gratuity not included. Limited to 52. Moderate walking.

446627-01 \$28/member, \$32/ non-member Tu

### "THURGOOD" -OLNEY THEATRE -OLNEY, MD (option 2)

See description 7/27.

446624-02 \$68/ member, \$72/non-member 8/9

### LINCOLNS' COTTAGE & THE WOODROW WILSON HOUSE -WASHINGTON DC (option 1)

During the Civil War, President Lincoln moved his family from the White House to a cottage on a hilltop overlooking the city. Join us for a tour of the Cottage, as well as a special program, Lincoln's Toughest Decisions: Debating Emancipation. In this interactive media program, each participant will assume the role of one of President Lincoln's Cabinet members and recreate the heated discussion of Lincoln's preliminary Emancipation Proclamation on July 22, 1862. We will have lunch at the Hitching Post Restaurant and then visit the President Woodrow Wilson House. This is the home that President and Mrs. Wilson retired to in 1921, located in the Embassy Row area. Includes admissions, The Cabinet Experience, transportation and lunch. Long periods of standing and extensive walking. Limited to 27.

446628-01 \$61/member, \$65/non-member M 8/14

### TIFFANY STAINED GLASS TOUR, FRANKLIN **COUNTY PA**

Join us as we explore and view some of the beautiful stained glass in Franklin County, PA. Our guide will take us to Central Presbyterian Church, Lenfest Commons-Wilson College, Letterkenny Chapel and Falling Spring Presbyterian Church. We will have an included lunch at a local Restaurant. In the afternoon we will visit Martins

Famous Pastry, Golden Roll Visitors Center (learn all about that delicious Potato Bread) and then finish the day with an ice cream from Trickling Springs Creamery, Includes, tours, lunch, ice cream and motor coach transportation. Optional driver and guide gratuity not included. Moderate walking. Limited to 52

446629-01 \$55/ member, \$59/non-member Th

### "THE BEACH BOYS" -WOLFTRAP -VIENNA, VA

You don't want to miss this summer afternoon when America's favorite surf rockers bring the "Fun, Fun, Fun" with their iconic summer soundtrack featuring songs like Surfin' USA, Good Vibrations, Wouldn't It Be Nice, and many more. Minimum walking. Show is at 3:00 p.m. Limited to 27. Price includes transportation and

4**466300-01** \$70/member, \$74/non-member Su 8/20

### HOLLYWOOD CASINO TRIP-CHARLES TOWN, W۷

See description for 6/29.

446610-03 \$12/member, \$16/non-member Th

### LINCOLNS' COTTAGE & THE WOODROW WILSON HOUSE-WASHINGTON, DC (option 2)

See description for 8/14.

446610-03 \$12/member, \$16/non-member

Tu 8/29

### **OVERNIGHT TRIPS**

### HISTORIC HUDSON. HUDSON VALLEY NEW YORK (6/11-6/15)

National Geographic Magazine has proclaimed the region as one of the top 20 destinations in the world. Designated as a National Heritage Area, the valley is steeped in history, natural beauty and culture. Highlights of this trip include visits to the Eleanor Roosevelt National Historic Site, The Culinary Institute of America, Vanderbilt Mansion, the Old Rhinebeck Aerodome, The home and Presidential Library of Franklin Delano Roosevelt and West Point Military Academy. Pick up a flyer for all the details of this fabulous trip. Payable in four equal installments.

945629-01

**Total Cost:** \$1088/member

\$1133/non-member double

\$1388/member

\$1433/non-member single

### TASTE OF NEW ENGLAND (7/23-7/29)

This seven-day, six-night trip will take you to Massachusetts, Vermont and New Hampshire. The Norman Rockwell Museum, The Trapp Family Lodge, Hildene, the home of Robert Todd Lincoln, as well as Squam Lake, the location of "On Golden Pond" are only a few of the highlights of this trip. Learn to make bread at King Arthur Flour, visit Ben and Jerry's Ice Cream and explore some of New England's quaint villages. Flyers available for more details on this terrific Trip. Extensive Walking. Limited to 52. Payable in four equal installments.

### 945618-01

Total Cost: \$1504/member

\$1549/non-member double

\$1948 member

\$1993/non-member single

### CALIFORNIA DREAMIN' (9/16-9/23)

Have you always dreamed of visiting California? Come along and join us as we begin this wonderful eight-day, seven-night trip by flying into San Francisco Airport. See Santa Cruz, Monterey, Giant Redwoods, Yosemite National Park, Napa Valley and Alcatraz Island, Ride the Roaring Camp and Big Trees Railroad amid mountains and the beautiful redwoods. Tour the Monterey Bay aquarium with a special behind-the-scenes tour through the employees-only door! The Valley Tram will take you to Yosemite's most scenic highlights and the Napa Valley Wine Train will transport you from the historic town of Napa to the quaint village of St. Helena while you enjoy a three-course meal and wine tasting. Cruise to the "Rock" -Alcatraz Island -and find out what life must have been like in one of the world's most famous prisons. There's so much more to this trip, so grab a flyer, read all about it and join us! Payable in five equal installments.

#### 945630-01

**Total Cost:** \$4015/member

\$4060/non-member double

\$4865/ member

\$4910/non-member single

### KENTUCKY-HORSES, HISTORY AND BOURBON (10/25-11/1)

From the rolling bluegrass covered hills of legendary horse country and the grandstands of America's most storied Thoroughbred racing tracks to the Kentucky Bourbon trails, you'll learn all about the unique history, traditions and culture of beautiful Kentucky on this wonderful 8 day trip. See a flyer for all the details. Extensive Walking. Limited to 52. Payable in four equal installments.

### 946619-01

**Total Cost:** \$1620/member

\$1665/non-member double

\$2184 member

\$2229/non-member single

### NEWPORT HOLIDAY-HOLIDAY MAGIC EVERYWHERE! (11/28-12/2)

This magical five-day, four-night trip will start with a visit to Sight and Sound Theatre in Lancaster PA for "Miracle of Christmas." In the evening, Koziar's Christmas Village will light up

the darkened countryside with over one million twinkling lights. We'll stop at Old Mistick Village in Mystic Connecticut and spend a night before heading to Newport, Rhode Island. Here the Breakers, Marble House and The Elms will be decorated for the season. On our return trip, we will enjoy a Longwood Christmas at Longwood Gardens, the Brandywine River Museum and Winterthur. This is a very special holiday trip. Don't delay, our holiday trips fill up fast. See a flyer for all the details. Extensive Walking. Limited to 52. Payable in four equal installments.

### 946620-01

**Total Cost:** 

\$984/member

\$1029/non-member double

\$1212 member

\$1257/non-member single

# LOUDOUN COUNTY AREA AGENCY ON AGING

20145 Ashbrook Place, Suite 170 Ashburn, VA 20147

703-777-0257

M-F 8:30A 5:00pm

The Loudon County Area Agency on Aging (AAA) is the central point of contact for seniors, caregivers, and their families. The mission of the agency is to foster independence and healthy aging, and improve the quality of life for older adults and their caregivers through comprehensive programs and services. AAA provides the following programs and services:

Adult Day Centers
Caregiver Services
Case Management Services
Congregate Lunch Programs
Disease Prevention & Health Promotion
Fan Care/Cooling Assistance
Home Delivered Meals
Information & Assistance
Medicare Counseling
Senior Centers
Volunteer Opportunities

### **CAREGIVER SERVICES**

### FAMILY CAREGIVER EDUCATION SERIES

Our education series offers learning opportunities for older adults, caregivers and family members on topics related to aging. These programs enhance the ability of caregivers and family members to provide (informal) care for as long as appropriate. For more information about these programs, call 703-771-5407 or email aaasupport@loudoun.gov.

### UNDERSTANDING & RESPONDING TO DEMENTIA-RELATED BEHAVIOR

Call 703-771-5407 or send an email to aaasupport@loudoun.gov to register.

#### Free event

Tu

5/9-5/9

12:00pm-2:00pm

### **EFFECTIVE COMMUNICATION STRATEGIES**

Call 703-771-5407 or send an email to aaasupport@loudoun.gov to register.

### Free event

Sa

6/17-6/17 12:00pm-2:00pm

### ALZHEIMER'S ASSOCIATION CAREGIVER SUPPORT GROUP

- \* Meets the first Wednesday of the month at 4:00 p.m. at the Leesburg Adult Day Center (16501 Meadowview Court, Leesburg, VA 20175). For more information, call 703-331-5334.
- \* Meets the third Saturday of the month at 10:00 a.m. at the Agency on Aging (20145 Ashbrook Place, Suite 170, Ashburn, VA 20147). For information, call 703-771-5407.

### DISEASE PREVENTION & HEALTH PROMOTION

The Area Agency on Aging offers evidence-based disease prevention and health promotion programs and services for older adults, caregivers, and their families. The programs provide information and education to help older adults improve or maintain health-related quality of life through preventing, treating, and reducing the effects of chronic conditions.

### LIVE WELL! WITH CHRONIC CONDITIONS and LIVE WELL! WITH DIABETES

Learn how to manage the challenges of living with or caring for someone with a chronic condition. This six-week workshop provides information, teaches practical skills, and gives people confidence and motivation. Topics to be covered include: nutrition and physical activity, dealing with difficult emotions, communication, how to get better sleep, and understanding medication. Healthy snacks and course materials will be provided. To find a workshop near you, call 703-771-5407 or send an email to aaasupport@ loudoun.gov.

### TAI JI QUAN: MOVING FOR BETTER BALANCE

Stay active and independent by improving your strength, increasing your balance, and preventing falls! This twelve-week, evidence-based program is open to older adults (55+). All abilities are welcome.

Location: PRCS, 20145 Ashbrook Place, Suite, 170, Ashburn

**227673-02** \$120 (due at registration) W,F 5/31-8/16 2:00pm-3:00pm

### **INFORMATION & ASSISTANCE**

The Elder Resources team links older adults and their caregivers to supportive community services.

### **SENIOR CENTERS**

### **ACTIVITIES & FEES**

Three full-service senior centers and one senior activity center offer a variety of programs and activities for adults 55 and over. The annual membership fee covering July-June is \$26/person (\$37.50/non-residents). In lieu of membership, seniors may pay a daily drop-in fee of \$2.00 (\$3.00/non-residents). Members receive lower rates for trips and classes, a monthly newsletter and membership privileges at all senior centers. There is a cost of \$4/meal for adults under 60, and a suggested donation for adults 60 and over, for the congregate lunch program.

### **FACILITY RENTALS**

Attractive rental space is available for groups of all ages at three full service senior centers in Leesburg, Sterling and Purcellville for meetings, family reunions, special events, birthday parties and more. Please call the individual senior center for further information.

### **ADULT DAY CENTERS**

### **LOCATIONS**

**Eastern Loudoun Adult Day Center (Ashburn):** 571-258-3232

**Loudoun County Adult Day Center at Leesburg:** 703-771-5334

Mac Brownell Adult Day Center (Purcellville): 571-258-3402

### **PARTICIPANTS**

Our centers are open M-F from 7:30 a.m.-5:30 p.m. to provide a safe, social and interactive environment for seniors with cognitive and/or physical disabilities who are unable to be home alone safely. Activities and services, designed to elicit success and enjoyment, include art and music therapy, individualized exercise, mentally stimulating games, assistance with personal needs, medication management, nutritious hot lunches and snacks, and health monitoring. Limited transportation is available to some areas. Fees are based on a sliding scale.

### **CAREGIVERS**

Adult Day Centers provide respite for those needing support and time away from caregiving. Caregiver and Alzheimer's disease support groups are available to provide insight, guidance, companionship, and resources. Caregiver education programs are also available. For

more information, call 703-771-5407 or email aaasupport@loudoun.gov.

## CHILDREN'S PROGRAMS

### CHILDCARE

(Ages 3-5) Our full and half-time childcare program provides a safe, healthy, learning environment with age-appropriate activities to promote the physical, social and intellectual growth of children. Healthy breakfasts and snacks are provided. Full-time hours are 7:00 a.m. - 6:15 p.m. Contact the community center of your choice for more information and availability.

### FEES:

Full-time	7:00am-6:15pm	\$215/week
Afternoon	12:00pm-6:15pm	\$189/week
Morning	7:00am-12:00pm	\$165/week
Drop-in	Space available bas	sis \$8/hour
Annual registra	\$45/year	

### **FEES EFFECTIVE 7/1/17:**

Full-time	7:00am-6:15pm	\$225/week
Part-time	up to 30 hrs/wk	\$200/week
Part-time	up to 20 hrs/wk	\$160/week
Drop-in	Space available ba	asis \$10/hour
Annual registra	\$45/year	
Late payment f	\$35	

#### LOCATIONS

Bluemont Community Center 540-554-4838

Dulles South Multipurpose Ctr. 571-258-3311

Loudoun Valley Community Ctr. 540-338-5035

Lovettsville Community Center 540-822-5381

Lucketts Community Center 703-737-8841

### **PRESCHOOL**

Our state-licensed, nine-month preschool program operates September through May. Classes are offered for 2½-5 year olds, but vary by location. Currently enrolled families receive registration priority and a lottery is held for remaining spaces. Registration is open until filled for any additional remaining spaces. A \$45 non-refundable registration fee will be required prior to entering the program. The Virginia Department of Social Services requires proof of current immunizations, proof of child identity and age, and a childcare registration form.

### LOCATIONS

Bluemont Community Center	540-554-8643
Claude Moore Community Ctr.	571-258-3500
Douglass Community Center	703-771-5913
Dulles South Multipurpose Ctr.	571-258-3456

Loudoun Valley Community Ctr. 540-338-4122 Lovettsville Community Center 540-822-5284 Lucketts Community Center 703-771-5281 Middleburg Community Center 540-687-6375 Philomont Community Center 540-338-5882

### **AFTER KINDERGARTEN PROGRAM**

(Ages 5-7) Kindergarteners are offered a variety of activities within a safe, supervised, structured environment. The Virginia Department of Social Services requires proof of current physical and immunizations, proof of child identity and age, and a childcare registration form. A \$45 registration fee is payable upon registration.

### **LOCATIONS**

Bluemont Community Center 540-554-8643
Dulles South Multipurpose Ctr. 571-258-3456
Loudoun Valley Community Ctr. 540-338-4122
Middleburg Community Ctr. 540-687-6375
Philomont Community Ctr. 540-338-5882

### **PM KIDS CLUB**

(Ages 5-11) Our PM Kids Club is a state-licensed, after school care program for grades K-5 that follows the Loudoun County School calendar. Contact the center of your choice for current availability.

### **LOCATIONS**

Bluemont Community Center 540-554-8643 Lucketts Community Center 703-771-5281 Middleburg Community Center 540-687-6375 Philomont Community Ctr. 540-338-5882

### REGISTRATION

### PRESCHOOL, AFTER K, & PM KIDS CLUB: 2017-18 SCHOOL YEAR

Registration is on a lottery basis and subject to availability. Registration for families currently enrolled in Preschool, After K or PM Kids Club was held January 4-8. Open registration started January 11. A \$45 registration fee is payable upon registration. For current availability and more information about licensed Preschool, After K, or PM Kids Club, contact the center of your choice or call 703-777-0343.

### COUNTY AFTER SCHOOL ACTIVITIES (CASA) PROGRAM

AGE 5-GRADE 5 **703-737-8042** 

Visit www.loudoun.gov/casa for information

### 2017-2018 SCHOOL YEAR OPEN REGISTRATION

Open registration for CASA began March 28 and continues until spaces are filled. For complete registration details, visit www.loudoun.gov/prcslp.

### 2017-2018 SCHOOL YEAR CASA PROGRAM

This year, we will seek to provide recreational opportunities for the next generation of creative thinkers - we will focus on "thinking outside the box." Our creative and talented staff has spent countless hours developing a new system that will challenge your child to grow and learn in a positive environment. The activity schedule also includes homework and snack time. CASA follows the Loudoun County Public Schools' (LCPS) calendar. Visit www.loudoun.gov/prcs/camps for information about programs offered during school holidays and closures. CASA locations open when school ends and close at 6:00 p.m., with the exception of Lovettsville, Hutchison Farm, Little River, Arcola, and Pinebrook, which close at 6:15 p.m. AM Kindergarten parents need to find alternate care until the end of the regular school day. Registration procedures are listed below.

### CASA LOCATIONS/SCHOOLS SERVED

Algonkian, Arcola, Ashburn, Balls Bluff, Belmont Station, Buffalo Trail, Cardinal Ridge, Cato-

ctin, Cedar Lane, Cool Spring, Countryside, Creighton's Corner, Kenneth Culbert (Hamilton), Discovery, Dominion Trail, Evergreen Mill, Frederick Douglass, Forest Grove, Guilford, Hillside, Horizon, Hutchison Farm, Leesburg, Legacy, Liberty, Little River, Loudoun Valley Community Center (Emerick, Lincoln), Lovettsville Elementary, Lowes Island, Meadowland, Mill Run, Moorefield Station, Mountain View. Newton-Lee, Pinebrook, Potowmack, Frances Hazel Reid, Rosa Lee Carter, Round Hill, Sanders Corner, Selden's Landing, Steuart Weller, Sully (Sterling), Sycolin Creek, Tolbert, Waterford. All CASA locations must have sufficient enrollment. staffing and space before a program can begin. For more information, please contact us or visit www.loudoun.gov/casa.

### **FEES**

CASA: \$325/month/child Registration Fee: \$45/household/program Monthly fees are due by the 1st of the preceding month (e.g., due 8/1 for September)

### YOUTH SERVICES

703-777-0343

### YOUTH AFTER SCHOOL (YAS) PROGRAM

(Grades 6-8) YAS offers fun, exciting, recreational activities for middle school students including sports, games, arts & crafts, field trips, drama, tutoring, mentoring, special events and intramural competitions, as well as time for homework,

relaxing, and socializing in a safe supervised environment. Students have the opportunity to help plan activities and are encouraged to explore their interests. YAS is operated in middle schools and follows the Loudoun County Public School calendar. The program begins when the final bell rings and ends at 6:15 p.m.

Fees \$50/month

### **YAS LOCATIONS**

Belmont Ridge, Blue Ridge, Eagle Ridge, Farmwell Station, Harper Park, Harmony (students transported to Blue Ridge), Mercer, River Bend, Seneca Ridge, Simpson (students transported to Harper Park), Smart's Mill

### YOUTH ADVISORY COUNCIL

Members of the Loudoun Youth Advisory Council, in partnership with Loudoun Youth, Inc., have the opportunity to develop leadership skills, meet new people and be a voice for other Loudoun teens. Members plan special events (including Loudoun YouthFest, Battle of the Bands and Step Up), work on community service projects, participate in leadership field trips, and promote events for teens. Applications are accepted on a rolling basis and are available on www.loudoun.gov/teens.

### 2017 LOUDOUN YOUTHFEST

Loudoun YouthFest will be held on Saturday, June 17, 2017, at The Barn at One Loudoun in Ashburn. Find more information at www.loudoun. gov/teens.



# LOUDOUN YOUTHEST

**FEATURING** 

C 13 U 1 5 13

CAST ANOTHER STONE-KATHLEEN-MATTHEW CAHILL-NEVER BORN TO FOLLOW STONE COLD-SUBURBIA-10 DEGREES COLDER-THE SHALLOW ROOTS - WITCHES BREW

FOOD TRUCKS - FREE GIVEAWAYS - LIVE MUSIC HUMAN BOWLING - NERF SHOOTING GALLERY - COMPETITIVE GAMES





**THE BARN AT ONE LOUDOUN** 

20450 SAVINHILL DRIVE ASHBURN, VA

3-8PM

PRESALE DISCOUNTED TICKETS & HOW TO GETINVOLVED - LOUDOUNYOUTHFEST.COM



















Integrus Holdings Inc FORTESSA SIES

















# **GENERAL INFORMATION**

### what you need to know about...

### REGISTRATION

Online and walk-in registration for **senior activities only** begins at 9:00 a.m. on 5/10/17 for county residents. Online registration for **all activities** begins at 12:01 a.m. on 5/11/17 for county residents. Walk-in registration at PRCS facilities begins on 5/11/17 for county residents during normal business hours for each location. Online registration begins at 12:01 a.m. on 5/18/17 for non-residents (including seniors). Walk-in registration at PRCS facilities begins on 5/18/17 for non-residents (including seniors) during normal business hours for each location.

### **MAIL-IN REGISTRATION**

Send a completed registration form and payment (check or money order made out to "County of Loudoun") to Loudoun County PRCS, 20145 Ashbrook Place, Suite 170, Ashburn, VA 20147. An activity registration form is included in this guide. Forms can also be downloaded from <a href="https://www.loudoun.gov/prcs">www.loudoun.gov/prcs</a>. Mail-in registrations are processed on a random basis, beginning at 8:30 a.m. on 5/11/17 for residents and 5/18/17 for non-residents. Credit card payments will not be accepted by mail. All mail-in registrations must include payment by check or money order.

### **ONLINE REGISTRATION**

Webtrac is an online registration system for enrolling in PRCS activities using a household identification number and password. A new household account can be requested online at <a href="https://www.loudoun.gov/webtrac">www.loudoun.gov/webtrac</a>. A new account number and password will be sent to your email address in 2-5 business days. With a household ID number and password, you can register and pay for most activities using VISA, Discover, or MasterCard. If you have forgotten your account information, you can retrieve your ID and password at <a href="https://www.loudoun.gov/webtrac">www.loudoun.gov/webtrac</a>. If you require additional assistance, please contact your local PRCS center/park or the administrative office before the first day of registration!

### REGISTRATION FOR LICENSED PROGRAMS

Additional forms may be required for licensed programs. Please refer to the corresponding section in this activity guide or <a href="https://www.loudoun.gov/prcslp">www.loudoun.gov/prcslp</a> for specific registration procedures for Licensed Preschool, CASA, YAS, Daze and Fest summer camps, Adaptive Recreation camp and licensed trip camps.

### **PAYMENTS**

Registration fees are due at the time of registration, unless otherwise noted. Online registrations must be paid by credit card. Cash, check, money order, or credit card payments can be made in person. Checks or money orders must be made payable to "County of Loudoun." Your social security number or driver's license number must be included on any check in order to process the registration. Payments by check or money order can also be mailed to the PRCS administrative office. Do not send cash or credit card information by mail. Do not include supply fees in total paid. Supply fees are payable to the instructor at the first class.

### **TAX INFORMATION**

A "global childcare statement" can be printed using Webtrac. The option is located under "my account" after logging into Webtrac. A statement can be printed for any calendar year; however, the desired tax year must be selected. Visit <a href="https://www.loudoun.gov/webtrac">www.loudoun.gov/webtrac</a>.

### **PROGRAM REFUNDS & CANCELLATIONS**

Our goal is to ensure quality programs. If you are dissatisfied with the quality of a class/program in which you are currently enrolled, you may request a refund according to the following policy or policy provided by the specific program:

Refund requests must be submitted in writing and include an explanation of why the par-

ticipant is disappointed with the quality of the particular class/program. The written request should be dated and sent by email, fax, or mail directly to the facility manager or program manager offering the class/program. Only written requests will be accepted. The amount of any refund will be prorated based on the number of remaining class/program sessions.

If you need to cancel a class/program registration, and you make the request 15 or more days before the start date, a full refund will be offered - MINUS a 15% administrative fee (to a maximum of \$15). If you cancel a class/program registration 14 or fewer days before the start date, a 50% refund will be offered. Cancellation requests must be submitted in writing. The request should be dated and sent by email, fax, or mail directly to the facility or program manager offering the class/program.

The Department reserves the right to cancel or change a class or activity due to insufficient enrollment or other reasonable cause. A full refund (including any applicable registration fee) will be offered.

### **FINANCIAL ASSISTANCE**

For qualifying families, financial support may be available for reimbursement of the cost of certain Adaptive Recreation activities sponsored by Loudoun County PRCS. The major qualification for respite is MR diagnosis. For more information, call MR Services at 703-777-0377.

### **NON-RESIDENT FEES**

An additional 50 percent of fees will be charged for individuals residing outside of Loudoun County.

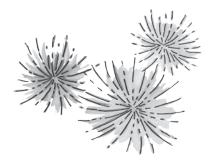
### **NOTICE TO PARTICIPANTS**

Participants must recognize that all classes and activities of a physical nature involve some

### where to find your activity guide...



PRCS centers and parks Loudoun County libraries The County Government Center online at www.loudoun.gov/prcs



risk and, by registering for a class or activity of this nature, there is an assumption of risk by the participant and/or parent. Loudoun County Department of Parks, Recreation and Community Services is dedicated to providing safe facilities and equipment for all participants, as well as qualified staff.

### **SUPPLIES & MATERIALS**

The cost of supplies and materials is included in the class or activity fee, unless otherwise indicated. If a supply/material fee is listed for an activity, it must be paid directly to the instructor on the first day of class.

### **TRANSPORTATION**

When transportation is provided, spaces are filled on a first-come, first-served basis.

### **TRIP POLICY**

There will be no smoking or alcoholic beverages allowed on any vehicles used for Department trips including motor buses. Due to

outside costs associated with arranging and booking trips, there will be no refund when a participant cancels a trip registration.

### **RENTALS**

Rental space is available at most centers and parks including rooms, pavilions, and gyms for private parties, meetings, and other activities. Contact the preferred center or manned park directly for available dates, times and rental rates. Rental fees are non-refundable. For unmanned facilities, please call 703-777-0343.

### **VOLUNTEERS**

For information on volunteer opportunities, including PRCS advisory boards and councils, please contact your local center, park or program representative, or call 703-777-0343. Those interested in working with Loudoun residents with disabilities, including Special Olympics and VSA arts, should call 703-771-5013 or 703-771-5010.

### PROGRAM ACCESSIBILITY/ADA

The Loudoun County Department of Parks, Recreation and Community Services (PRCS) is committed to complying with the Americans with Disabilities Act (ADA). If you require a reasonable accommodation for any type of disability in order to participate in PRCS activities, please contact the program or location manger (or PRCS administrative office). At least three business days advance notice is requested. Phone: 703-777-0343, TTY: 711, Email: prcs@loudoun.gov.

### **CLOSINGS/POSTPONEMENTS**

In case of inclement weather, public holidays or emergencies, the Department will determine program cancellations or postponements. Consult your parent handbook or call the program location or the administrative office at 703-777-0343 for additional information. For athletic field conditions, call the Sports cancellation line at 703-777-0456. For up-to-date announcements regarding County Government closings and cancellations, sign up for Alert Loudoun at <a href="https://www.loudoun.gov">www.loudoun.gov</a>.

700 771 6010

### Questions? Give us a call!

ADMINISTRATIVE OFFICE	
Main Number	703-777-0343
TDD/for deaf or hearing impaired	ТТҮ711
PROGRAMS & SERVICES	
Adaptive Recreation	703-737-8042
CASA Grades K-5	703-737-8042
YAS Grades 6-8	703-777-0343
Area Agency on Aging/Senior Services	703-777-0257
Children's Programs and Camps	703-737-8042
Facilities Planning & Development	703-737-8992
Licensed Childcare/Preschool	703-737-8006
Sports, Youth & Adult	703-777-0343
Sports Postponements/Cancelations	703-777-0456
Youth Services	703-777-0343
CENTERS	
Bluemont Community Center	540-554-8643
Carver Center	571-258-3400
Claude Moore Community Center	571-258-3500
Claude Moore Recreation Center	

Douglass Community Center	703-771-5913
Dulles South Multipurpose Center	571-258-3456
Dulles South Senior Activity Center	571-258-3883
Eastern Loudoun Adult Day Center	571-258-3232
Franklin Park Arts Center	540-338-7973
Leesburg Adult Day Center	703-771-5334
Loudoun Valley Community Center	540-338-4122
Lovettsville Community Center	540-822-5284
Lucketts Community Center	703-771-5281
Mac Brownell Adult Day Center	571-258-3402
Middleburg Community Center	540-687-6375
Philomont Community Center	540-338-5882
Senior Center at Cascades	571-258-3280
Senior Center at Cascades	571-258-3280
Sterling Community Center	703-430-9480
The Senior Center of Leesburg	703-737-8039
REGIONAL & STAFFED PARK SITES	
Banshee Reeks Nature Preserve	703-669-0316
Claude Moore Park	571-258-3700
Franklin Park	540-338-7603
Philip A. Bolen Memorial Park	571-258-3487
Potomack Lakes Sportsplex	703-444-1459



#### PRCS ADMINISTRATION

20145 Ashbrook Place, Suite 170 Ashburn, VA 20147 703-777-0343

### **ASHBURN PARK**

43645 Partlow Road Ashburn, VA 20147 703-777-0343

### **BANSHEE REEKS NATURE PRESERVE**

21085 The Woods Road Leesburg, VA 20176 703-669-0316

### **BETH MILLER PARK**

20270 Leier Place Ashburn, VA 20147 703-777-0343

### **BLES PARK**

44830 Riverside Parkway Ashburn, VA 20147 703-777-0343

### **BLUEMONT COMMUNITY CENTER**

33846 Snickersville Turnpike Bluemont, VA 20135 540-554-8643

### **BRAMBLETON COMMUNITY PARK**

22388/22389 Belmont Ridge Road Ashburn, VA 20148 703-777-0343

### **BYRNE'S RIDGE PARK**

24915 Mineral Springs Circle Aldie, VA 20105 703-777-0343

### **CARVER CENTER**

200 Willie Palmer Way Purcellville, VA 20132 571-258-3400

### **Mac Brownell Adult Day Center**

200 Willie Palmer Way Purcellville, VA 20132 571-258-3402

### **CHICK FORD & RYAN BICKEL FIELDS**

21594 Ashburn Village Boulevard

Ashburn, VA 20147 703-777-0343

### **CLAUDE MOORE PARK**

21544 Old Vestals Gap Road Sterling, VA 20164 571-258-3700

### **Claude Moore Community Center**

46111 Loudoun Park Lane Sterling, VA 20164 571-258-3500

### **Claude Moore Recreation Center**

46105 Loudoun Park Lane Sterling, VA 20164 571-258-3600 Lanesville Heritage Area

### **CONKLIN PARK**

25701 Donegal Drive Chantilly, VA 20152 703-777-0343

### **CORNER HALL PARK**

41381 Gardenia Dr. Aldie, VA 20105

### **COUNTRYSIDE PARK**

20756 Countryside Boulevard Sterling, VA 20164 703-777-0343

### **DOUGLASS COMMUNITY CENTER**

405 E. Market Street Leesburg, VA 20175 703-771-5913

### **DULLES SOUTH MULTIPURPOSE CENTER**

24950 Riding Center Drive South Riding, VA 20152 571-258-3456

### **DULLES SOUTH SENIOR ACTIVITY CENTER**

24950 Riding Center Drive South Riding, VA 20152 571-258-3883

### **EAST GATE PARK**

43664 Tall Cedar Park Way Chantilly VA, 20152 703-777-0343

### **EASTERN LOUDOUN ADULT DAY CENTER**

45140 Riverside Parkway Ashburn, VA 20147 571-258-3232

### **EDGAR TILLETT MEMORIAL PARK**

21561 Belmont Ridge Road Ashburn, VA 20147 703-777-0343

### **E.E. LAKES GENERAL STORE**

(no interior access) 18351 Railroad Street Bluemont, VA 20135 703-777-0343

### **ELIZABETH MILLS RIVERFRONT PARK**

44105 Heron Way Leesburg, VA 20176 703-777-0343

### **Kephart Bridge Landing**

43942 Riverpoint Drive Leesburg, VA 20176 703-777-0343

### EVERGREEN MILLS EQUESTRIAN & HIKING TRAIL

(currently closed) 21332 The Woods Road Leesburg, VA 20176

### **FRANKLIN PARK**

17501 Franklin Park Drive Purcellville, VA 20132 540-338-7603

### Franklin Park Performing & Visual Arts Center

36441 Blueridge View Lane Purcellville, VA 20132 540-338-7973

### **GOOSE CREEK POINTE PARK**

21090 Walkley Hill Place Ashburn, VA 20147 703-777-0343

### **GOSHEN CORNER PARK**

41430 Braddock Road Aldie, VA 20105 703-777-0343



#### GREG CRITTENDEN MEMORIAL PARK

21401 Windmill Drive Ashburn, VA 20147 703-777-0343

### **GWEN THOMPSON BRIAR PATCH PARK**

21660 Sterling Boulevard Sterling, VA 20164 703-777-0343

### **HAMPSHIRE PARK**

21315 Smith Switch Road Ashburn, VA 20147 703-777-0343

### **KEEP LOUDOUN BEAUTIFUL PARK**

43055 Golf Club Road Leesburg, VA 20176 703-777-0343

### **LEESBURG ADULT DAY CENTER**

16501 Meadowview Court Leesburg, VA 20175 703-771-5334

### LOUDOUN COUNTY SENIOR CENTER AT CASCADES

21060 Whitfield Place Sterling, VA 20165 571-258-3280

### **LOUDOUN VALLEY COMMUNITY CENTER**

320 W. School Street Purcellville, VA 20132 540-338-4122

### LOVETTSVILLE COMMUNITY CENTER

57 E. Broad Way Lovettsville, VA 20180 540-822-5284

### **LOVETTSVILLE COMMUNITY PARK**

(event access only) 12565 Milltown Road Lovettsville, VA 20180 703-777-0343

### **LUCKETTS COMMUNITY CENTER**

42361 Lucketts Road Leesburg, VA 20176 703-771-5281

#### **LUCKETTS COMMUNITY PARK**

14560 James Monroe Highway Leesburg, VA 20176 703-777-0343

### LYNDORA PARK

43624 Lucketts Bridge Circle Ashburn, VA 20148 703-777-0343

### **MEADOW GLEN PARK**

41574 Conejo Way Aldie, VA. 20105 703-777-0343

### MICKIE GORDON MEMORIAL PARK

23229 Carter's Farm Lane Middleburg, VA 20118 703-777-0343

### MIDDLEBURG COMMUNITY CENTER

300 W. Washington Street Middleburg, VA 20118 540-687-6375

### **NELL BOONE PARK**

11756 Harper's Ferry Road Purcellville, VA 20132 (Neersville) 703-777-0343

### PHILOMONT COMMUNITY CENTER

36592 Jeb Stuart Road Philomont, VA 20131 540-338-5882

### PHILIP A. BOLEN MEMORIAL PARK

42405 Claudia Drive Leesburg, VA 20176 571-258-3487

### POTOMACK LAKES SPORTSPLEX

20280 Cascades Parkway Sterling, VA 20164 703-777-0343

### RAY MUTH SR. MEMORIAL PARK

20971 Marblehead Drive Ashburn, VA 20147 703-777-0343

### SCOTT JENKINS MEMORIAL PARK

39480 East Colonial Highway Hamilton, VA 20158 703-777-0343

### **ROUND HILL INDOOR AQUATIC CENTER**

17010 Evening Star Drive Round Hill, VA 20141 571-258-3562

### **SETTLE-DEAN CABIN**

(no interior access) 25625 Loudoun County Parkway Chantilly, VA 20152 703-777-0343

### (ARCOLA) SLAVE QUARTERS

(no public access) 24837 Evergreen Mills Road Sterling, VA 20166

### STERLING COMMUNITY CENTER

120 Enterprise Street Sterling, VA 20164 703-430-9480

### THE SENIOR CENTER OF LEESBURG

102 North Street, N.W. Leesburg, VA 20175 703-737-8039

### TRAILHEAD AT BELMONT RIDGE

42555 Sungrove Terrace Ashburn, VA 20148 703-777-0343

### TRAILSIDE PARK

20375 Claiborne Parkway Ashburn, VA 20147 703-777-0343

### **VESTALS GAP OVERLOOK PARK**

45335 Century Blvd. Sterling, VA, 20166 703-777-0343

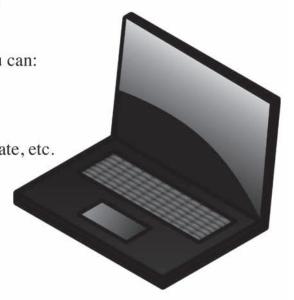
### **WOODGROVE PARK**

17020 Evening Star Drive Round Hill, VA 20141 703-777-0343

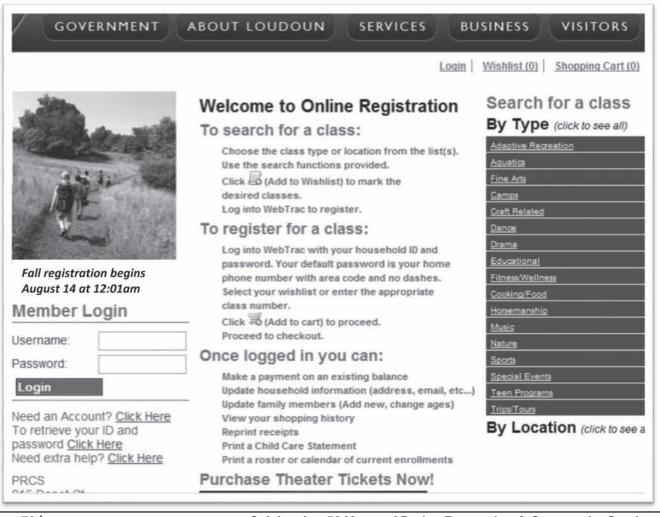
### DO YOU WEBTRAC?

With WebTrac, our online registration system, you can:

- Request a new household account
- · Retrieve your ID and password
- Search for activities by type, location, age, etc.
- Find details about an activity including price, date, etc.
- Enroll for most classes and activities
- Pay existing balances for licensed programs
- Print a transaction history
- Print a childcare statement
- Print old receipts
- Purchase performance tickets



Visit www.loudoun.gov/webtrac to search for activities and register.





## Loudoun County Department of Parks, Recreation & Community Services Activity Registration

Enrollment for classes and activities is on a first-come, first-served basis. Please have your payment information or check available at the time of registration. Do not send credit card information or cash by mail. Mail-in registrations must include check or money order made out to "County of Loudoun." Send mail-in registrations at least one week before class start day to: *Loudoun County PRCS*, 20145 Ashbrook Pl., Ste. 170, Ashburn, VA 20147 Attn: Registration. Licensed programs, camps and adaptive recreation programs require additional forms and/or on-site registration. Consult program description for details. One registration form can be used for multiple household members. Non-county residents are assessed an additional 50% of fees. For more information, visit www.loudoun.qov/prcs or call 703-777-0343.

HOUSEHOLD INFORMATION	I					Driver's License # or			OB	
Mother/Guardian Or Adult Participant (18 &						_SS # Driver's License # or		υ	OB	
Father/Guardian	over)					_SS #		D	OB	
Household/Adult Street Addres	SS									
					state		Zip			
Citye-mail Address				ŭ	oudoun	County Resident	ves	no		
Home Phone					Cell Phon	e				
Work Phone				P	ager					
Employer Name & Address										
Emergency Contact Name (1)						Phone #				
Emergency Contact Name (2)										
ADA – The Loudoun County Department of Parks, Recreation and Community Services (PRCS) is committed to complying with the Americans with Disabilities Act (ADA). If you require a reasonable accommodation for any type of disability in order to participate in PRCS activities, please contact the program/location manager (or PRCS administrative office at 703-777-0343/TTY-711).  Three business days advance notice is requested.										
PARTICIPANT (S) INFORMAT	ГІОМ									
Family Member's Name	M or F	DOB	Grade/Age	Activity #	Section	n Activity Name		Start Date	Time	Fee
EXAMPLE: John	M	5-2-06	3 <sup>rd</sup> /9	421745	01	Soccer Camp, had		6/24	9:00a	\$135
Smith				122710	"	Section Cumpy, cum	<i>yy</i>	0.2.	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	7200
					+					
					+-					
						TOTAL AC	TIVIT	Y FEES (	ONLY*:_	
					*S	upply fees are pay	able to	instruc	tor at fir	st class
HOW DID YOU FIRST LEARN ABOUT THE ABOVE ACTIVITY(S) OR EVENT(S)? PRCS Activity GuideCounty WebsiteFacebookNewspaperWord of Mouth PRCS Newsletter/flyerOther (Please list source):										
PARTICIPANT AGREEMENT I wish to register my child(ren) and/or myself for the activity(ies) listed above. I recognize that all classes and activities of a physical nature involve some risk and, by registering for a specific activity, I am representing that I understand the possible risks involved with this type of activity. Furthermore, I understand that Loudoun County Department of Parks, Recreation and Community Services will not be responsible for the participant when he/she is traveling to and from said activity via transportation not provided by the County of Loudoun. I understand that registration minimums will be assessed to determine whether or not the activity will be held. Also, by signing below, I give permission for Loudoun County PRCS to use photographs and videos of me or my children for publicity in order to increase community awareness of PRCS programs and in all publications and other media without limitation.										
Signature of Parent/Guardian/Participant  Date  Please do not fax registrations. If you have previously registered with PRCS, you can use your										

household ID number and password to register online at www.loudoun.gov/webtrac.



Our mission is to provide outstanding recreational and leisure opportunities, outcome-focused community services, and stewardship of our natural resources to promote quality of life for Loudoun's residents and visitors. This activity guide highlights the programs, classes and events scheduled from June 1 through August 31, 2017. It is designed with you and your family in mind. We appreciate your comments and suggestions. Please feel free to call 703-777-0343 or visit us at www.loudoun.gov/prcs.





20145 Ashbrook Place, Suite 170 Ashburn, VA 20147 PH: 703-777-0343/TTY 711 • FAX: 703-771-5354 HOURS: Monday-Friday, 8:30 AM - 5:00 PM



El Departamento de Parques, Recreación y Servicios a la Comunidad puede brindarle asistencia en Español.

Por favor, llame al 703-777-0343 y solicite un intérprete.