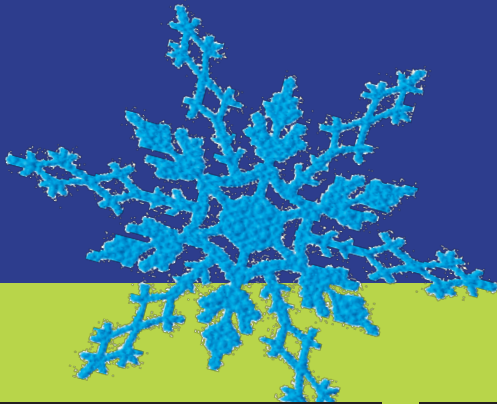




# Litchfield

## Community Education & Recreation



*Winter/Spring 2013*

Litchfield Community Education  
114 Holcombe Ave. N., Suite 110 Litchfield, MN 55355  
(320) 693-2354

Monday-Friday 8:00 AM-4:30 PM  
[www.litchfieldcommunityed.com](http://www.litchfieldcommunityed.com)

A cooperative program of the City of Litchfield and Independent School District 465

# INTRODUCTION

## Bob Lawrence

Community  
Education and  
Recreation Director



### Welcome

Thanks for taking the time to check out our program guide with classes and activities offered over the next few months. Our goal is to understand the needs within the community and then develop classes, programs, and partnerships to appropriately meet those needs.

We are always looking for input from our community while planning these activities and events. This can be done informally by simply stopping into our office or with a phone call to let us know what it is you would like to see in our guide. If you are interested in having more input, we are always looking for candidates to serve on our Community Education Advisory Council.

As always, feel free to stop in to my office or give me a call with any thoughts on how Community Education can better serve you.

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### PLEASE REGISTER EARLY!!!

Nothing kills an activity faster than residents who wait until the last minute to register! There is a point when a program must be cancelled or modified, if there is insufficient enrollment. All programs require a high level of coordination, often including facility scheduling, staffing, and purchasing of supplies.

**Deadlines for all classes are one week before the class or activity, unless specified.**

# ADULT & FAMILY TRIPS

## Ring of Fire— The Music of Johnny Cash



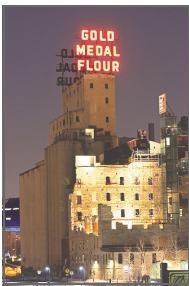
Sunday, February 10  
Plymouth Playhouse  
Depart 10:30 AM Return 6:00 PM  
Parking Lot East of SuperAmerica on Hwy 12  
Fee: \$58 # 210

The Jukebox Musical based on the music of Johnny Cash. Through words and music, "Ring of Fire" honors and brings to life a remarkable musical legend Johnny Cash. Full of love and emotion, humor and empathy, Ring of Fire: The Music of Johnny Cash pays tribute to the legendary Man in Black with dance, comedy, stories, tragedy and love.

**Fee includes ticket, motorcoach transportation and Baked Chicken Buffet lunch at Green Mill.**

## Mill City Museum & Old Spaghetti Factory

Saturday, March 9 Minneapolis  
Depart 9:00 AM - Return 5:00 PM  
Parking Lot East of SuperAmerica on Hwy 12  
Fee: \$39 # 309



Built into the ruins of what was once the world's largest flour mill, Mill City Museum is located on the historic Mississippi Riverfront. Here, visitors of all ages learn about the intertwined histories of the flour industry, the river, and the city of Minneapolis. Our visit will include a greeting and orientation from museum staff, self-guided time in the museum's exhibits, Flour Tower multimedia show, and viewing of the "Minneapolis in 19 Minutes Flat" movie. When finished at the museum we will head to The Old Spaghetti Factory for lunch (included in the trip fee). After lunch we will join a museum guide on our bus for a tour of the historic Minneapolis Riverfront District. **Fee includes admission to the Mill City Museum, bus tour and lunch. You will be asked to confirm your lunch choice when you register: Fettuccine Alfredo, Baked Lasagna or Chicken Marsala.**

**Deadlines for all trips/activities are one week prior to event.**

## Mary Poppins



Sunday, April 28  
Orpheum Theatre #428  
Depart 3:00 PM Return 10:30 PM  
Parking Lot East of SuperAmerica on Hwy 12  
Fee: \$64— Balcony—rows S and T  
\$79—Main Floor—rows EE and FF  
*Recommended ages 6+*

Mary Poppins is bringing its own brand of Broadway magic to the Orpheum Theatre this spring. The New York Daily News calls it "a roof-raising, toe-tapping, high-flying extravaganza!" Featuring an irresistible story and unforgettable songs from one of the most popular Disney films of all time plus breathtaking dance numbers and spectacular stage-craft, Mary Poppins is everything you could ever want in a hit Broadway show. So get swept up in the fun of this high-flying musical that the New York Post gives four out of four stars and calls "a certifiable super hit!" Please note if you would like to be seated next to someone who is registering separately. The bus will arrive downtown approximately two hours prior to the show to allow time for dinner on your own, a list of nearby restaurants will be provided.

## RetroRama Fashion History Event



Friday, May 17 MN History Center  
Depart 4:00 PM Return 11:30 PM  
Parking Lot East of SuperAmerica on Hwy 12  
Fee: \$34 # 524

- Creative Activities
- Vintage Shopping •Music •Games
- Retro Cocktail Demos

***Come Dressed in your Vintage wear***

•A sparkling fashion show inspired by yesteryear  
Get your friends together, enjoy a coach bus ride to the MN History Center to see the RetroRama event!! The bus will arrive approximately one hour prior to the event to allow time for dinner on your own. Get into the spirit and get into costume. Come to the Litchfield Community Theatre wardrobe department at Bernie Aaker Auditorium on Thursday, May 9 from 6-7 PM to pick out a costume. *Please specify this when registering.* **Fee includes motor coach transportation, use of Litchfield Community Theatre costume/outfit and admission to the RetroRama event.**

# DRAGON KIDS CLUB



## School-Age Childcare Program

(Grades K-5)

### Lake Ripley Elementary

**Dragon Kids Club is an AFTERSCHOOL & SUMMER school age childcare program!**

*Dragon Kids Club offers* an enriched and fun environment, professional and caring staff, a variety of enrichment programs, engaging recreational choices including gym time, outdoor play, large and small group games and field trips. If your child attends Wagner Elementary or St. Phillips School transportation is available to Lake Ripley Elementary every day after school. Join us for some fun at Kids Club!

<b>2012-2013 School Year Fees</b>	
Annual Registration Fee	
First Child	\$25
Family	\$40
After School Care (3-6 PM)	
Daily (1-4 days week)	\$8
Weekly (5 days/week)	\$35
Drop In	\$10
After School Care (until 4:30 PM)	
Daily (1-4 days week)	\$5.50
Weekly (5 days/week)	\$25
Non-School Day Care (7 AM – 6 PM)	
Full Day Rate	\$27
Non-school Days ONLY <i>(annual registration fee waived with this option)</i>	\$33

**HOURS:**

After-School:  
Monday-Friday  
3:00-6:00 PM

Non-School Days & Summer:  
7:00 AM – 6:00 PM

**ACTIVITIES:**

Sports & Recreation  
Computer Lab  
Arts & Crafts  
Games  
Field Trips  
Movie Days  
Homework Help & Quiet Time  
Special Guests

**LOCATION:**

Lake Ripley Elementary School

**DRAGON KIDS PHONE:**

320-699-0041

**Winter/Spring FIELD TRIPS Include:**

- Tubing at Powder Ridge - January 21
- Tropics Waterpark - March 26
- Cosmic Bowling - March 28

Trip fees are included in the full day rate.

**Contact Information:**

*To register or get more information:*

**Program Coordinator:**

Leslie Arnold - 320-693-2354  
leslie\_arnold@litchfield.k12.mn.us

**Site Supervisor:**

Constance Nelson - 320-699-0041  
constance\_nelson@litchfield.k12.mn.us

**SUMMER 2013 RATES**

Annual Registration Fee (Sept. 2012-Aug. 2013)	
First Child	\$25
Family	\$40
Summer Care (7 AM-6 PM)	
Daily (1-4 days week)	\$27
Weekly (5 days/week)	\$125
Drop IN - Daily	\$33

**Join us for lots of FUN this summer.!**

**Swimming, trips, games, activities and so MUCH more!**

**We will be open Monday-Friday 7 AM - 6 PM.**

**Summer registration will begin on Monday, March 18.**

# YOUTH TRIPS & SPECIAL EVENTS

When school is **OUT** ~ Community Ed **Fun** is IN!

## Powder Ridge Snow Tubing

Monday, January 21 Grades 2+  
Depart 9:15 AM Return 1:15 PM—Lake Ripley Elementary School  
Fee: \$17 # 123

Snowtubing requires no special skill or equipment, only warm clothes and a desire to have fun. They supply the tubes and you supply the laughs, screams and smiles. The Powder Ridge tube mover is a conveyor system that you stand on with your tube and enjoy a leisurely ride to the top of the hill.

**All participants will need to bring a bag lunch to eat at the hill following tubing.** *Space is limited so sign up early.*



## Tropics Indoor Pool & Slides

Tuesday, March 26 Grades 2+  
Depart 10:15 AM Return 5:00 PM—Lake Ripley Elementary School  
Fee: \$23 # 326

Located in the Shoreview Community Center, Tropics includes: a 3-story waterslide, water walk, drop slide, water basketball and volleyball, and a zero-depth pool. Fee includes transportation & admission to the water park. Children must bring a bag lunch to eat when we arrive at the community center. Please bring backpack, swimsuit, towel, and plastic bag to bring wet suit and towel home. *Space is limited so sign up early.*



## Cosmic Bowling

Thursday, March 28 Grades 1-5  
12:00 PM—2:00 PM  
Litchfield Bowling Center  
Fee: \$12 # 127

Do you enjoy bowling? Have you ever bowled in the dark? Come and enjoy a afternoon of bowling under the black lights! Everyone will get a chance to bowl approximately 2 games, and enjoy 2 slices of pizza and a pop! Chaperones will be on hand to help bowlers. *Space is limited so sign up early!*

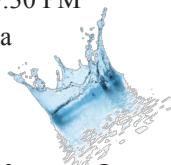


## FUN Fridays!

FUN Fridays are just for KIDS! We will kick the evening off with some open swim time followed by a snack and a movie on the big screen (Little Theater in the HS). Parents will have time to grab some dinner, go shopping, clean or just simply relax! Don't forget your towel and your suit! Feel free to pack your pj's to put on after swimming! **Participants should meet in the HS Cafeteria.**

### Grades 1-4

3/8  
6:30 PM - 9:30 PM  
HS Cafeteria  
Fee: \$9  
# 0127A



### Grades 3-6

4/5  
6:30 PM - 9:30 PM  
HS Cafeteria  
Fee: \$9  
#0127B



**Deadlines for all trips/activities are one week prior to event.**

# AQUATICS

## Highway 12 Waves

*Must have passed a Level 2 Red Cross Learn-To-Swim class*

Dive into the competitive world of a USA swim club or join for the lifelong benefits swimming can provide.

**Beginner-** This is for swimmers who are new to competitive swimming with little or no experience in swim meets.

Tuesday & Thursday

6:00 PM—7:00 PM

Fee: \$80/Session

### Winter Session

1/8—3/14 #1575 B

### Spring Session

4/2—5/30 #1576B

**Intermediate-** Experience with competitive swimming (USA Swimming meets) or upon coach recommendation.

Monday, Tuesday, Thursday

7:00 PM—8:30 PM

Fee: \$130/Session

### Winter Session

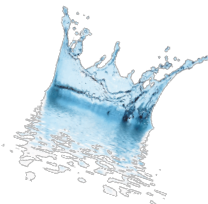
1/7—3/14 #1575 I

### Spring Session

4/1—5/30 #1576 I

Swim Meets TBD

HS Pool



**Deadlines for all classes are one week before the class or activity, unless specified.**

## Private Swim Lessons

These lessons are specifically designed for lower level students, swimmers with disabilities or swimmers who would benefit from one-on-one instruction. All private lessons will last 30 minutes and provide one-on-one instructor time. Please realize that there will be other lessons going on in the pool at the same time.

9:00-9:30 AM #1570A

9:30-10:00 AM #1570B

10:00-10:30 AM #1570C

10:30-11:00 AM #1570D

Saturdays 4 Sessions

3/2-3/23

HS Pool

Fee: \$40



## Lap Swim

Add a little variety into your exercise routine and stay in shape by swimming laps in the high school pool. This “on your own” program will allow you to set your own pace and will be a great cardiovascular workout.

Tues and Thurs 6:30-7:30 AM

January 8-May 23

No AM Lap Swim March 26 & 28

Fees: \$3.00 per person pay at the pool or purchase a Lap Swim pass at Community Education, \$25 for a 10-punch card.

#1505

## Aqua Aerobics

*Aquatic Staff*

Aqua-Aerobics is a great, low-impact water workout program. The water provides the resistance and you control the intensity of your activity. This is not a swim class. No previous swim knowledge is necessary.

#1515

Mondays & Wednesdays

6:00-7:00 PM

HS Pool

### Session I

1/7-2/13 12 Sessions

Fee: \$36

### Session II

2/18-3/20 10 Sessions

Fee: \$30

### Session III

4/1-5/8 12 Sessions

Fee: \$36

**Minimum of 5 participants needed to run this activity**



Questions about our aquatic activities? Something new you would like to see offered? Email our pool manager, Jill Ludvigson at: [jill\\_ludvigson@litchfield.k12.mn.us](mailto:jill_ludvigson@litchfield.k12.mn.us)



# YOUTH RECREATION

## Drippin' Dragons

*Coach Mike Warpula and  
LHS Swim Team Members*

Grades 4-6



LIMITED  
ENROLLMENT!

REGISTER EARLY!! Participants will work on the skills required to be competitive swimmers. Skills taught include: freestyle, backstroke, breaststroke and butterfly. No previous competitive swimming experience is needed. Each swimmer will receive a pair of goggles and should **bring a towel, swim suit, tennis shoes, and a gym bag.** Valuables should not be left in the locker room. If you bring a padlock you can secure your belongings in a locker.

Monday—Friday 9 Sessions  
3/4-3/13  
3:15 PM - 5:00 PM  
*Swim Meet Thursday, 3/14 at 6PM*  
HS Pool  
Fee: \$25  
# 1510

## Open Swim

Litchfield Community Education

Jump in for some fun during open swim time! This time is an unstructured, casual swim time with no organized activities. Participants must have passed Level 2 swim lessons or be accompanied by an adult. Lifeguards will be on duty.

Jan 21, Feb 18, & Mar 25-29  
2:00 – 4:00 PM  
HS Pool  
Fees: \$3.00 per person pay at the pool or purchase an Open Swim pass at Community Education, \$25 for a 10-punch card.  
#1510

## Dancin' Dragons

Holly McGraw and Natasha Gomez

Let's Dance!! Jazz, ballet and high kick skills will be learned at each appropriate age level using teamwork, rhythm and coordination while building self-esteem. Participants will be creating a fun and unique dance routine to show family and friends Friday, April 12 at 7:00 PM  
Dancers who participated in the fall will use the same costume.

Thursdays 2/21—4/11 8 Sessions  
Tuesday 4/9 No Practice 3/28  
4/11 is Dress Rehearsal & Pictures  
Recital at Bernie Aaker Auditorium  
Friday, April 12 at 7:00 PM



All Classes held at the MCFS, Bernie Aaker Auditorium	#1850	3:30-4:00 PM	Age 5
<b>Fee: \$80 (Includes a \$40 Costume and tights fee and \$40 instruction fee.)</b>	#1851	4:00-4:30 PM	Age 4
<u>If you danced in the Fall session your fee will be \$40.</u>	#1852	4:30-5:00 PM	Age 3
	#1853	5:00-5:45 PM	Grades K-1
	#1854	5:45-6:30 PM	Grades 2-3
	#1855	6:30-7:15 PM	Grades 4-6

## X-treme KIDS

*Megan Tarning*  
Grades K-6



It's the kids turn to run and play! This is more than just open gym, your kids will have the chance to play high energy games and other activities that promote an active and healthy lifestyle. Are you trying to get to the gym, grocery shop, clean, or just need a fun place for your child to hang out, be active and have fun? X-treme Kids is the place!!!

### Afternoon Section

4/30-5/21  
3:00 PM - 4:30 PM  
Lake Ripley Elementary Gym  
Fee: \$18 # 1875B

### Evening Session

1/22-2/12  
6:00 PM - 7:30 PM  
Lake Ripley Elementary Gym  
Fee: \$18 1875A



Join the Litchfield Area Special Olympics team this winter and train to compete in Basketball or Aquatics. Practices begin in January with competitions in February and March.

See page 24 for more information on Special Olympics.



**Special  
Olympics  
Minnesota**

# YOUTH RECREATION

## Baseball Hitting

### Clinic

Jeff Wollin, LHS  
Varsity Baseball Coach  
Grades 7 & 8



Get a head start on the spring baseball season with some excellent instruction and practice. Participants will have the opportunity to develop their hitting skills through instruction, demonstration, and lots of hands-on drills and practice. Bring your own bats, if possible, and dress in layers (the hangar is heated to about 50-60 degrees in early March).

Monday—Wednesday 3 Sessions  
3/4-3/6  
4:00 PM - 5:30 PM  
Hangar Batting Cage Facility  
Fee: \$20  
# 1364

## Youth Archery

Rick Loge  
Grades 4-12

For the very beginner or the highly skilled archer, this activity is for youth who want to learn or improve in the sport of archery. Learning or building on already known skills will be the focus of this activity. Archery can improve muscular strength and endurance, hand-eye coordination, balance and flexibility. Students will learn the proper way to use a bow and the appropriate safety procedures to follow when practicing or competing.

**Section I** # 1859A  
Mondays 6 Sessions  
1/28-3/11 No Class 2/18  
6:15 PM - 7:45 PM  
MN Archery - 30 W. 2nd Street  
Fee: \$37\*

**Section II** # 1859B  
Mondays 6 Sessions  
3/18-4/29 No Class 3/25  
6:15 PM - 7:45 PM  
MN Archery - 30 W. 2nd Street  
Fee: \$37\*



## Drop Shot Dragons

### Tennis

LHS Tennis Coaching  
Staff  
Grades K-6



Get a head start on summer tennis fun. Learn how to go from basic skills to game play. Fee includes a t-shirt and the use of a tennis racquet, if you need one. **Specify t-shirt size when registering; (YM, YL, AS, AM, AL, AXL)** In case of inclement weather Drop Shot Dragons will be held in the Middle School Gym.

Mondays & Wednesdays 5 Sessions  
4/29-5/13  
5:00 PM - 6:00 PM  
HS Tennis Complex  
Fee: \$20  
# 1815

**Deadlines for all classes are one week before the class or activity, unless specified.**

## Tae Kwon Do

Scott Lund, 3rd degree black belt  
Ages 5 and Up

Tae Kwon Do is a form of self-defense. It is not only for kids, adults can also benefit from martial arts. Students will learn the techniques of Tae Kwon Do while gaining self-confidence and staying in shape. Students will learn forms (kata), self-defense techniques, board breaking and sparring. All rank advancement is through the North American Tae Kwon Do Federation (NATF) and nationally recognized. Participants should wear loose, comfortable clothing.



### Section I

Mondays 5 Sessions  
1/7-2/4  
5:30 PM - 6:15 PM  
Crow River Martial Arts,  
18 E 2nd St, Litchfield  
Fee: \$30 # 1803A

### Section II

Mondays 5 Sessions  
2/11-3/18 No Class 3/1  
5:30 PM - 6:15 PM  
Crow River Martial Arts,  
18 E 2nd St, Litchfield  
Fee: \$30 # 1803B

### Section III

Mondays 5 Sessions  
4/8-5/6  
5:30 PM - 6:15 PM  
Crow River Martial Arts,  
18 E 2nd St, Litchfield  
Fee: \$30 # 1803C

\*Use of New Equipment available for an increased fee.



# YOUTH RECREATION

## Tumblin' Tots

Amy Onell

Ages 2-5, accompanied by an adult

Come to this interactive parent/child gymnastics opportunity. Come to play and tumble with your little one! Jump, dance, stretch and learn together. This is a great class for children that aren't ready for group class time but still want to play and learn at the gym! Moms and dads, wear your comfy clothes and be ready to have some fun!

Fridays 5 Sessions

1/18-2/15

11:00 AM - 11:30 AM # 1310A

11:30 AM - 12:00 PM # 1310B

National Guard Armory-Litchfield

Fee: \$20

## Preschool Gymnastics

Megan Lundin, Leah Rethlake

Girls and boys will be introduced to beginner gymnastics skills and have a lot of fun while learning balance, coordination and gymnastics!

Thursdays 5 Sessions

1/10-2/14 No Class 2/7

6:00 PM - 6:30 PM

National Guard Armory-Litchfield

Fee: \$32

# 1318



## Beginner Gymnastics

Megan Lundin, Leah Rethlake

This class will teach beginner skills on each of the four events.

Participants will learn cartwheels, handstands, round offs, backbends and many other tumbling skills. Spend time having fun and learning a lot about gymnastics.

Thursdays 5 Sessions

1/10-2/14 No Class 2/7

6:30 PM - 7:15 PM

National Guard Armory-Litchfield

Fee: \$37

# 1313



## 1st, 2nd, & 3rd Grade Basketball Program

Saturdays

January and February 2013

-Boys 8:30-10:00 AM

-Girls 10:00-11:30 AM

Lake Ripley Elementary Gym

**FREE** for all participants.

Come learn about the great game of basketball!

Contact Justin Wittrock for boys' details at:

320-694-2424 ext. 4334

Randy or Kristi Quitney for girls' details at:

320-593-7730



**Deadlines for all classes are one week before the class or activity, unless specified.**

## Family Gym & Swim

Saturdays 9 - 11 AM

Don't let the cold winter months stop you and your family from staying active and having fun. Upon registration you will fill out a survey to help determine interest and plan organized activities which may include: kickball, basketball, volleyball, water games, etc.

2/16 & 2/23 HS Gym & Pool

3/2 & 3/9 HS Gym Only

#3016

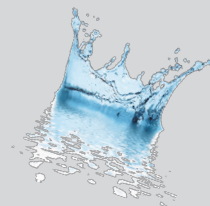
Fees:

\$25/household- 4 sessions

\$8/household - 1 session pre-register

\$12/household - 1 session at door

- Must have at least 5 families pre-registered each date to hold activity.
- Check our website or call our office to confirm drop in availability.



# YOUTH ENRICHMENT

## Hunter Education Firearm Safety

Mike Ross, Steve Warner,  
Milan Godejahn & Jim Curry

In this course you will learn: safe gun handling, gun care & storage, hunter responsibility, gun safety in the home, marksmanship & more. Students are required to attend all classes. **Students must be 11 years of age by 3/12/2013 to qualify.** Parents and other adults are encouraged to stay for the class and listen to the material.

A parent permission slip must be signed when you register at the Community Education office.  
Range night and Test night must be attended to pass the class. These nights will not be rescheduled.

Tuesdays & Thursdays 8 Sessions  
3/12-4/11

6:30 PM - 8:30 PM

**Test Night: 4/9-6:30-8:30 PM**

**Range Night: 4/11-5:30-7:00 PM**

Darwin Rod & Gun Club

Fee: \$5.00 (A \$7.50 DNR fee will need to be paid at the completion of class).

# 1225



**Deadlines for all classes are one week before the class or activity, unless specified.**



**School-Age Childcare Program-Grades K-5**

**See page 4 for details!**

## Create with Clay!

Charles Banks  
Grades 1-3

If you enjoy working with your hands, this is the class for you. Participants will be introduced to the wonders of clay sculpture. Students will be introduced to hand building techniques, impress/indent, clay application and molding to create their own individual masterpieces. We will build 2 pieces, one piece per session. Clay will need to be dried and fired...."pick up" date will be the week of February 19-22, at the Community Education Office.

### Grades 1-2

Monday & Tuesday 2 Sessions

1/28 & 1/29

3:15 PM - 4:00 PM

Lake Ripley Elementary Art Room

Fee: \$17

# 1215A

### Grades 2-3

Monday & Tuesday 2 sessions

2/11 & 2/12

3:15 PM - 4:00 PM

Lake Ripley Elementary Art Room

Fee: \$17

# 1215B



## Acting, Art & Autism

Nikki Bettcher Erickson  
Grades 1-12



This is a fun theatre and art workshop for kids on the autism spectrum to give acting a try! Participate in fun acting exercises, fun sensory activities, meeting new friends, and putting together a short story with costumes and masks; all while having a great time! **Parents or a PCA will need to attend with participants.**

*Nikki has presented at numerous Autism conferences and gatherings in Minnesota and also at conferences in India, Wales, Texas and more. One of Nikki's passions is to better the social skills of individuals on the autism spectrum through the use of applied theatre - which spawned the wonderful CURTAIN UP! ACTING FOR AUTISM program. In Willmar, MN Nikki does a lot of work with children that don't have access to metro theatre classes, theatre and art work with individuals with special needs that may need a little more time, patience and love to get to their goal. Nikki has directed 16 shows at The Barn Theatre in Willmar in the past 8 years!*

Monday 2 Sessions

3/11 & 3/18

3:30 PM - 5:00 PM

MCFS Suite 200

Fee: \$23

# 1100



## ONLINE ACT PREP & More

Community Education is working with PLATO® Learning to offer online curriculum tailored to helping students prepare for exams such as: ACT, SAT, ACCUPLACER, ASVAB, and GED.

Contact Community Education office for more information. 320-693-2354



# YOUTH ENRICHMENT

## Drawing I

Dave Whitchurch  
Grades 4-6

Are you motivated and excited to improve your drawing skills? Drawing drills, activities, study of line, and assignments will all be part of this course. Mr. Whitchurch has been a teacher in the Litchfield School District for 28 years! He has designed the Dribblin' Dragon for 25 years! He has an art concentration from Bemidji State University and has drawn as a hobby for a lifetime.

**Participants will need to purchase and bring a drawing pad to class.**

Register early to save a seat!

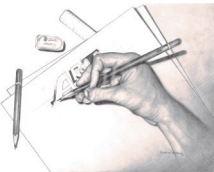
Monday—Thursday 4 Sessions  
1/14-1/17

3:00 PM - 4:30 PM

Wagner Elementary-Rm 11

Fee: \$25

# 1232 A



## Drawing II

Dave Whitchurch  
Grades 4-6

This class is for students who would like to continue learning more about drawing and drawing techniques. Students will take part in many drawing activities and assignments. Students must have already taken "Drawing I" (or last year's classes) to register for this class.

**Participants will need to purchase and bring a drawing pad to class.** Drawing pencils preferred, but not required.

Monday—Thursday 4 Sessions  
1/28-1/31

3:00 PM - 4:30 PM

Wagner Elementary Rm 11

Fee: \$25

# 1232 B

## Red Cross Babysitting Clinic

Kristen Tritabaugh  
Ages 11 and Up



Babysitting can be a great way to earn extra money, but it is a huge responsibility. The American Red Cross Babysitting Clinic will train you in the basics required to keep you, and the children you are responsible for, safe. Learn what parents expect, basic information about the development of children, accident prevention strategies, how to handle some emergency situations, and basic childcare skills. All students will receive a babysitter manual with CD.

Students successfully completing the class will receive a certificate of completion. **Students must be 11 years old by the class date to register for the class.**

***Please bring a doll to class.***

Mondays 2 Sessions

5/6-5/13

3:15 PM - 6:15 PM

HS-E-105

Fee: \$54 # 1206

## Spring Tea!

Ages 5-18  
Jan Solmonson  
Judy Walstad



Moms-daughters, grandmas-granddaughters, aunts-nieces!! Make and take your own tea blend, potpourri and name cards while enjoying refreshments and 3 different teas, including 1 children's tea. Put on your favorite dress, hat & gloves (optional) and treasure the historical setting of a brick one-room school house! Welcome Spring! *This activity is put on by Jan Solmonson, Historical Re-enactment Professional & Judy Walstad, President of Little Red Schoolhouse, District 59, Inc.*

Saturday

4/20

10:00 AM - 12:00 PM

Little Red School House  
20553 CSAH 28 (SW of Litchfield)

Fee: \$15 per adult/child couple  
\$8 each additional child

# 1108



## "A Fairytale Ball" Daddy Daughter Dance

Saturday, May 18, 2013



- We are pleased to announce our first Daddy Daughter Dance.
- Girls ages 4-12 are invited to bring your dad, grandpa, uncle or favorite man to this *fairytale* event.
- More information and tickets will be available at Community Education on April 1st. More information regarding event details and tickets will be sent home from school. If you are interested in volunteering to help with this event please contact:
- Leslie Arnold at 320-693-2354 or [leslie\\_arnold@litchfield.k12.mn.us](mailto:leslie_arnold@litchfield.k12.mn.us)

# YOUTH ENRICHMENT

## Beginner Guitar- Group Lessons

Paul Jorgensen  
Grades 4-6

This group lesson is designed for absolute beginners and will address tuning the guitar, learning to read notes, basic chords, strums and finger picking styles. Includes workbook and instruction.

Mondays 6 Sessions  
1/28-3/11 No class 2/18  
3:15 PM - 3:45 PM  
HS -Band Room W-115  
Fee: \$17  
# 1260



## Intermediate Guitar- Group Lessons

Tim Cook  
Grades 6-12



Beyond the basics, intermediate guitar tackles more complex chords and scales. You'll begin to look at music from a composition standpoint, gain a better understanding of the relationship of the notes to the strings and explore music theory.

Tuesdays 5 Sessions  
1/29-2/26  
3:15 PM - 3:45 PM  
HS-Band Room W-115  
Fee: \$25  
# 1246



## Private Guitar Lessons

Tim Cook  
All Ages: Beginner to Advanced

Course curriculum will depend on individual's experience. Beginners will learn basic chords, tuning and string transition. Intermediate, will focus on the principles of Guitar Level II. Advanced students will use, CAGED Theory, to better their understanding of scales, arpeggios and solo composition.



Tuesdays 5 Sessions  
1/29-2/26  
3:50 PM - 4:20 PM #1245A  
4:25 PM - 4:55 PM #1245B  
HS-Band Room W-115  
Fee: \$60

Litchfield Public  
Library Presents:

## CREATIVE COLORING AND CARTOONING

Use crayons to color like you've never colored before.

Learn to layer crayons to make things look three-dimensional.

Then learn how to make your own cartoon characters that you can color.

Grades 6-12  
3:30 PM  
Mondays January 28  
February 4 and 11,  
2013

Max 15 participants

Call 639-2483 to register

"This project is funded in part or in whole with money from Minnesota's Arts and Cultural Heritage Fund."



## Music Together

Carla Lindhorst Ages Birth-5

Have FUN together and promote your child's musical development by participating in Music Together® classes with your child. Music Together is an internationally recognized early childhood music and movement program that provides rich musical experiences and promotes family bonding. Classes include songs, rhythmic rhymes, movement, and instrument play. The activities are presented as relaxed, playful, non-performance-oriented experiences. Parents and caregivers participate along with their child and contribute to their child's learning. The Winter/Spring session will explore the DRUMS Collection. All families will receive TWO CDS and an ILLUSTRATED SONGBOOK. Classes are intergenerational with Ecumen North Campus residents participating in class. For more information, contact Carla Lindhorst at (320) 593-8023 or visit online at [www.joyfulsoundsfm.com](http://www.joyfulsoundsfm.com) Music Together art & logo design copyright© 1992-2010 Music Together LLC. Music Together is a registered trademark. Joyful Sounds is licensed by Music Together LLC.

Mondays 1/28-4/15 10 Sessions (No Class 2/18 or 3/25)  
Augustana Memorial Chapel—203 North Armstrong Ave., Litchfield.  
Fee: 1st child - \$85, \$15 for each additional sibling, babies under 8 months are FREE with a registered child (please provide baby's name and birth date when registering)  
Monday AM 10:50 AM - 11:35 AM # 1291 A  
Monday PM 6:15 PM - 7:00 PM # 1291 P



# PRESCHOOL

## 2013-2014 Hand-in-Hand Preschool Registration

Hand-in-Hand Preschool has been awarded a *4-Star Rating* by Parent Aware, a program which helps parents in Minnesota find child care and early education providers focused on high quality early learning and kindergarten readiness. Their one- to four-star ratings system measures best practices identified by research that help children succeed in kindergarten and beyond.

Register for a community preschool that has been awarded the highest rating possible by the Department of Education, State of Minnesota. See the Parent Aware website for more information regarding the new Rating System.

Registration will begin on Tuesday, February 12, and will be filled on a first come, first served basis. Registration forms must be accompanied by a registration fee payment and sent to Community Education to reserve spaces for the 2013-14 school year. All children registering for Hand-in-Hand Preschool must be at least 3 years old on or before August 31, 2013 and MUST be fully potty-trained and not wearing pull-ups to participate in preschool.

### Children 3 and 4 years of age (2 years before kindergarten)

**Tuesday and Thursday**  
8:30 AM—11:00 AM  
Registration fee: \$35.00  
Tuition \$95.00/month  
Sept. 2013 – May 2014

### Children 3 1/2 to 5 years of age

**Friday Only**  
8:30 AM—11:00 AM  
Registration fee: \$25.00  
Tuition \$50/month  
Sept. 2013-May 2014

### Children 4 and 5 years of age (One year before kindergarten)

**Monday, Tuesday and Thursday**  
12:15 PM – 2:45 PM  
Registration fee: \$50.00  
Tuition: \$125/month  
Sept. 2013-May 2014



### **Hand-in-Hand Preschool**

*Starting in February 2013!*

### New Preschool OPPORTUNITY

This half-day a week preschool class will provide children a great opportunity to ease into a preschool setting.

The class will be held at Ripley Elementary School. All children coming to preschool must be fully potty trained before enrolling. The preschool will feature the OWL Curriculum (literacy themed) and be taught by Ms. Vicky Entinger. In this class, children will read stories, sing songs, play group games and create art plus do many brain building activities  
Minimum of 10 Children Needed

### Children 3 1/2 to 5 years of age

**Friday Only**  
8:30 AM—11:00 AM  
Registration fee: \$25.00  
Tuition \$50/month  
(February 1 – May 24, 2013)

## Community Preschools Open House

With the many choices available for preschoolers in the Litchfield Community, how does a family choose which is the best for their child?

**Sat, January 26 9 AM—Noon (Snow date: Sat, February 2)**

Each preschool, will be open so that parents can meet the staff and see the various preschool centers. Have a wonderful morning exploring all of the possibilities and then making a well-informed decision on which preschool will best suit the needs of your family and your preschooler.

The event will be come and go as you please, so you can visit the preschools in any order at any time that is convenient for you. The event is free and you simply drive to each one of the preschools to visit and meet the staff. Hopefully this will make your decision an easier and better informed one.

Participating schools are listed in the column to the right.



### PARTICIPATING SCHOOLS

**Crackerjack Nursery School**  
1000 S. Sibley, Litchfield

**Hand-in-Hand Preschool**  
100 Pleasure Drive, Litchfield  
(Ripley Elementary School)

**Head Start**  
114 N Holcombe Ave, Litchfield

**Kids of the Kingdom**  
Child Care and Preschool  
520 N. Gilman, Litchfield

**Mighty Dragons Preschool**  
703 S. Sibley Avenue, Litchfield

**Stay 'n Play**  
Child Care and Preschool  
619 E 4<sup>th</sup> St., Litchfield

# EARLY CHILDHOOD

## What is the scoop on Early Childhood Family Education?

Litchfield ECFE employs 4 certified teachers and 3 support staff.

The Early Childhood Center is located in the Meeker County Family Services Center, 111 N. Armstrong Avenue, Litchfield.

Programs are offered to families with children ages birth to five.

All programs include a rich variety of experiences to promote the growth and development of young children.

All programs involve parents AND children. Research and experience shows that children whose parents are involved early on in their education do better in school.

Parent discussion time allows parents to connect, develop relationships, gain support, and learn new parenting skills.

Don't let the class fee stop you from spending special time with your child! No one will be turned away from ECFE classes due to inability to pay. See the sliding fee scale on page 14.

We want to partner with parents to provide the very best family education experience available. Please join us!

## Need childcare or Sibling Care?

ECFE offers child care for some classes. You **must** register siblings who will need child care when you register for ECFE classes. Sibling Care has room for only 8 children in each section and is granted on a first come-first served basis. Register early! There must be a minimum of two families registered for each section of sibling care to avoid cancellation. See Wendy Walz if you have concerns regarding payment.

### Fees for Sibling Care

6 week classes  
1 Hour class - \$30/family

## ECFE Class Fees

### Sliding Fee Categories

### Winter/Spring Quarter 2013

Legislative action requires a sliding fee schedule for ECFE class fees. Fees are based on your family's gross annual income. Please use the descriptions below to determine your eligibility.

13 week class tuitions and/or 6 week sessions:

Income	1 ½ hour class(13 wks)	1 hr class (6 wks)
\$70,000 +	\$134	\$55
\$60-69,999	\$114	\$46
\$50-59,999	\$80	\$35
\$40-49,999	\$60	\$25
\$30-39,999	\$40	\$15
\$20-29,999	\$20	\$7
\$10-19,999	\$8	\$3
\$9,999 & under	\$0	\$0

Don't let the class fee stop you from spending special time with your child at ECFE! No family will be denied participation due to an inability to pay.

## **Baby and Me**

Birth to 12 months

Babies grow and change so quickly! Meet other parents and babies and enjoy fun activities with your baby. We will explore infant development as well as the importance of the first year. We will share ideas and activities to provide the beginning of a solid foundation for your baby. Parents and children stay together for an enjoyable time of play and parent discussion.

**Session 1A** #9100A  
Tuesdays 6 Sessions  
2/5 – 3/12  
5:00 – 6:00 PM

**Session 1B** #9100B  
Wednesdays 6 Sessions  
2/6 – 3/13  
1:15 – 2:15 PM

See Sliding available see page 14.

MCFS ECFE Center



**Session 2A** #9100C  
Tuesdays 6 Sessions  
4/2 – 5/7  
5:00 – 6:00 PM

**Session 2B** #9100D  
Wednesdays 6 Sessions  
4/3 – 5/8  
1:15 – 2:15 PM

## **Lunch Bunch**

Birth to Pre-K

This is a busy stage of parenting. Do you wonder if you will ever get a chance to talk to other adults again and complete a full conversation? This two hour class should provide plenty of time for parent-child time as well as a time for parents to talk together. **Participants (parent & child) will bring their own bag lunch to class.** Come for your child...stay for yourself.

Wednesdays  
11:00 AM—1:00 PM  
2/6 – 5/8  
# 9030W

13 weeks; 2 hour classes  
No Class 3/27



# EARLY CHILDHOOD

## Family Affair

For children ages birth to Pre-K

Have fun playing with your child, introducing them to a variety of learning experiences, and making new friends! Families have the opportunity to explore art, music and movement, math, literacy, and science activities that have been prepared by our early childhood teacher. Families also enjoy participating in circle time activities together. During the last portion of class, parents and children separate to allow parents the opportunity to discuss pertinent topics with a parent educator. Come and enjoy this time for you and your child!

### Monday Mornings

9:00-10:30 AM

2/4 – 5/13

No class: 2/18, 3/25

13 weeks; 1 ½ hour classes

# 9100A

### Tuesday Evenings

5:30—7:30 PM *Includes Supper*

Featuring the *Incredible Years Curriculum*

2/5-5/7

No class: March 26

13 weeks; 1 ½ hour classes

# 9100B

### Wednesday Mornings

9:00-10:30 AM

2/13 – 5/15

No class: March 27

13 weeks; 1 ½ hour classes

# 9100C

### Thursday Evenings

6:00-7:30 PM

2/7 – 5/9

No class: March 28

13 weeks; 1 ½ hour classes

#9100D

MCFS ECFE Center

*See Sliding Fee*

*Scale on*

*Page 14*



## Celebrate the Week of the Young Child

**April 14-20, 2013**

### *START YOUNG and EXERCISE FOR FUN!!!*

The Early Childhood Programs of the Litchfield School District will host a Stroll A-Thon to support the programs. We invite all families and friends to join the staff as we walk, run, bike or stroll (stroller) to help raise funds for the many Early Childhood programs plus scholarships to help youngsters attend the programs.

Bring your bike, tricycle, stroller or running shoes (or maybe all four of these) and have a great day outdoors. We will start at the SA Parking lot on Hwy 12 and continue around a mapped out course to Wagner Elementary School and then back to the Early Childhood Center. Along the way your preschooler will collect stamps and a passport to be eligible to win a great prize. Participants can also enjoy face-painting, parachute play and other fun. Participating families are encouraged to collect pledges from family and friends to support Early Childhood Programs. Families who raise funds will receive one free child size T-shirt.

Saturday, April 13, 2013 10:00 A.M Walk Begins

SA Parking Lot (across from the ECFE Center on Hwy 12)

(in case of inclement weather alternate date April 20<sup>th</sup>)

Registration begins at 9:30 AM or you may pre-register at Litchfield Community Education.

Fee: \$15.00 per family in advance \$20.00 the day of the event #9400



## Run & Romp

Come to this family favorite gym night and enjoy slides, balls, scooter boards, and wide-open spaces.

Snacks are provided along with a few quieter activities such as drawing and play dough. Parents, please remember you need to supervise your little ones at ALL times! For safety reasons, no equipment from home can be brought to Run & Romp. Although this is a special event for babies, toddlers and preschoolers, **older children** (up to age 8) in the family are welcome but they **must be supervised at all times and reminded to share equipment.**

Don't miss out on the fun. Come and Run & Romp with us!

Friday, January 11, 2013

Friday, February 8, 2013

6:00-7:30 PM Lake Ripley Gym

No pre-registration, pay at the door only.

Fee: \$6.00 per family

Volunteer to help and your family will receive a pass to attend a Run & Romp for FREE. Call Wendy Walz if you are interested in volunteering; 320-593-0072, ext. 8114.

## Early Childhood Screening

Early Childhood Screening is required for ALL children prior to entering kindergarten in the state of Minnesota. The screening consists of height and weight, vision and hearing, social emotional and developmental screening along with a parent exit interview reviewing the results of your child's screening and information about various resources available within the community.

All children, birth to age 5, should be registered on the school district census. If your child is registered on the census, you will be notified about the Early Childhood Screening when he/she is close to age 3 ½. You will be able to schedule a screening time that best fits your family. ECFE staff will be conducting the screening at St. Paul's Lutheran Church, 227 S. Ramsey Avenue, Litchfield. Call Lois at 320-593-0072 ext. 8115 to schedule an appointment.

Pre-scheduled dates for screening:

Wednesday, January, 30 2013

Friday, April 5, 2013

# EARLY CHILDHOOD

## Special Winterim Activities:

### Pajama Party at ECFE

Birth—Pre-K

Put on your P.J.s and pick-up your favorite stuffed animal or favorite comfort item (parents too!) to come and read stories, have a special snack and just enjoy playing in the center. It will be so much fun to see parents and friends dressed up ready for bed. There will be flashlights and a game of "Hide the Slipper." This will be a non-separating class and the maximum registration is 15 children.

Thursday, January 17  
9:00 – 10:15 AM

Thursday, January 17  
6:00 to 7:15 PM

Fee: \$5/Child Maximum \$15.00 per family

#9084



### Beach Party!

Birth—Pre-K

Time to put away those winter clothes (for a day) and dress for the summer sunshine. Come to the ECFE center dressed in your swimsuits, shorts, and don't forget your sunscreen. There will be fun in the sun at the ECFE center (even if it is snowing outside). Stories, sand, and beach balls will all be part of the fun Snacks will center around the Beach Party. Don't miss this time to celebrate summer right in the heart of winter! This is a non-separating class with the maximum of 15 children.

Thursday, January 24  
9:00 – 10:15 AM

Thursday, January 24  
6:00 – 7:15 PM

Fee: \$5/Child Maximum \$15.00 per family  
#9071



## ECFE STAFF

*"A Fairytale Ball" Daddy  
Daughter Dance  
Saturday, May 18, 2013*

We are pleased to announce our first Daddy Daughter Dance. Girls ages 4-12 are invited to bring your dad, grandpa, uncle or favorite man to this fairytale event. More information and tickets will be available at Community Education on April 1st. More information regarding event details and tickets will be sent home from school. If you are interested in volunteering to help at this event please contact: Leslie Arnold at 320-693-2354 or [leslie\\_arnold@litchfield.k12.mn.us](mailto:leslie_arnold@litchfield.k12.mn.us)

## Early Childhood Programs Classes at a Glance

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Family Affair</b> 9:00-10:30 AM	<b>Hand-in-Hand Preschool</b> 8:30-11:00 AM	<b>Family Affair</b> 9:00-10:30 AM	<b>Hand-in-Hand Preschool</b> 8:30-11:00 AM	<b>Hand-in-Hand Preschool</b> 8:30-11:00 AM <small>NEW</small>
<b>Hand-in-Hand Preschool</b> 12:15- 2:45 PM	<b>Hand-in-Hand Preschool</b> 12:15-2:45 PM	<b>Lunch Bunch</b> 11:00 AM-1:00 PM	<b>Hand-in-Hand Preschool</b> 12:15-2:45 PM	<b>Child Care Connections</b>
	<b>Baby and Me</b> 5:00 – 6:00 PM	<b>Baby and Me</b> 1:15 – 2:15 PM		
	<b>Family Affair</b> 5:30—7:30 PM Featuring the "Incredible Years Curriculum"		<b>Family Affair</b> 6:00-7:30 PM	

Questions? Need more information on any of our programs?  
Call Wendy Walz at 320-593-0072 ext. 8114  
or e-mail [wendy\\_walz@litchfield.k12.mn.us](mailto:wendy_walz@litchfield.k12.mn.us)

**Wendy Walz**  
Early Childhood  
Programs Coordinator





# ADULT ENRICHMENT

## Infant Massage

Carla Lindhorst

For parents of infants birth to one year~ Parents, do you want to know your baby better? Are you looking for ways to calm your baby? Infant massage can help with colic and fussiness. It can help baby sleep better, relieve comfort from teething and congestion, and promote your baby's overall growth and development. You will learn to observe and follow your child's cues as you use soothing touches that can benefit your infant in many ways. This casual, fun class will give you special time with your baby, help you gain confidence and skill in using massage with your baby, and give you the opportunity to meet other parents with infants. Class size is limited to 6 infants. **Bring a blanket for your child and wear comfortable clothing.**

Thursdays      3 Sessions  
2/7-2/21  
Registration deadline: 2/1  
12:30 PM - 1:45 PM  
MCFS ECFE Center  
Fee: \$30  
# 9086



Saturday      3 Sessions  
3/9-3/23  
Registration deadline: 3/1  
# 9086  
10:15 AM - 11:30 AM  
MCFS ECFE Center  
Fee: \$30#  
9086

**Deadlines for all classes are one week before the class or activity, unless specified.**

## Instant Piano for Hopelessly Busy People

Juanita Spicer



Some music teachers may not want you to know this, but you don't need years of weekly lessons to learn piano. In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment. How do we do it? While regular piano teachers teach note reading, piano professionals use chords. You can learn all the chords you'll need to play any song in this one session...any song...any style...any key. If you can find middle C and know the meaning of Every Good Boy Does Fine, you already know enough to enroll in this workshop. Fee includes a workbook and practice CD. **As seen on the PBS television program "Piano in a Flash".**

Monday  
4/1  
6:30 PM - 9:30 PM  
MS-M-212 (Choir Room)  
Fee: \$56  
# 1320



## Just Once Guitar for Busy People

Juanita Spicer

Have you ever wanted to learn the guitar but find it difficult to find the time? In just a few hours you can learn enough about playing the guitar to give you years of musical enjoyment, and you won't have to take private lessons to do it. This crash course will teach you some basic chords and get you playing along with your favorite songs right away. **Participants need to bring their own acoustic guitar.** Class limited to 15 students. For more information go to [www.justonceclasses.com](http://www.justonceclasses.com). Fee includes a workbook and practice DVD.

Tuesday  
4/2  
6:30 PM - 9:00 PM  
MS-M-212 (Choir Room)  
Fee: \$56  
# 1321



*Juanita Spicer has played guitar for many years and has taught private piano lessons for over 34 years.*

Litchfield Public Library Presents:

## Minnesota Author Erin Hart and Musician Paddy O'Brien

Thursday, March 14, 2013 7:00 PM  
The Litchfield Public Library

Join Minnesota author Erin Hart for a multimedia presentation about her latest book and enjoy music of Ireland presented by Erin's husband Paddy O'Brien

**Call 693-2483 to register**

"This project is funded in part or in whole with money from Minnesota's Arts and Cultural Heritage Fund."



# ADULT ENRICHMENT

## Norwegian Stitchery

Marion Rasmussen

The appearance is one of tiny holes, hundreds of squares of threads connected in intricate patterns that make lacy-looking angels, linens or tablecloths. This is known as Norwegian stitchery, learn the intricate art! The traditional style of Hardanger Stitchery, (Norwegian Stitchery) is very geometrical in form and based on several basic shapes such as squares, rectangles, triangles, diamonds, hearts, zigzags and crosses. The combination and placement of these elements allow an unlimited number of beautiful patterns of all sizes to be created. Hardanger is used to decorate cushions, table linens and other household items as well as items for display on a wall. All supplies are included.

Saturday 4 Sessions  
2/2-2/23  
9:00 AM - 10:30 AM  
MCFS Suite 130  
Fee: \$30  
# 1419



## Scrap Therapy

Litchfield Community  
Education Staff



Scrapbookers, stampers and paper crafters WANTED: Here is your chance to have a day and a half away to work on your projects with no interruptions! A large room with tables to spread out your projects and get creative! Bottled water and snacks will be provided. Meals are on your own. Each Participant will go home with a surprise goody bag. Registration Deadline for a goody bag is Friday, January 25  
Friday 2/1 6:00-10:00 PM  
Saturday 2/2 8:00 AM-8:00 PM  
HS-Cafeteria  
Fee: \$12  
# 1681



## Creative Card Chaos

Brandie Manee

Learn new techniques while making beautiful cards for your loved ones. This class is for all levels of card makers, whether you have never tried it or are an experienced card maker. Most of the pre-work will be done for you. **Please bring your favorite pair of scissors and adhesive with you to class.** All other materials and tools are provided. Participants will go home with 8 wonderful, handmade, all occasion cards to share! *Brandie Manee is a native of Litchfield, she is a wife and Stay-At-Home-Mom of 3 rowdy little boys. She has a passion for all sorts of crafts; scrapbooking, crafting, crocheting, sewing, beaded projects. Brandie is anxious to share her knowledge with you!*



Saturday 3/16  
9:00 AM - 12:00 PM  
HS-E-105  
Fee: \$32  
# 1622



Participants can enter door 21 on the East side of the building, off of Gilman Avenue.

## Getting Started with Picasa

Wes Edwards

Picasa is a free software download from Google that helps you organize, edit, and share your photos. It's free, and easy to use. Using Picasa and Picasa Web Albums together you can organize, edit, and upload your photos to the web from your computer in quick, simple steps. Arrange your photos into folders and albums and erase blemishes using powerful editing tools in Picasa. Then use Picasa Web Albums to share those perfected photos online with family, friends, and the world! Participants should have some basic computer knowledge.

Mondays 2 Sessions  
2/4-2/11  
6:30 PM - 8:00 PM  
HS-S-104  
Fee: \$27  
# 1624



**Deadlines for all classes are one week before the class or activity, unless specified.**

# ADULT ENRICHMENT

## Knitting for Beginners

*Kristin Carlson*

Have you always wanted to learn how to knit? Come to this class to learn the basics of knitting. Feel free to bring those unfinished projects that you are stuck on and may need help with. **Participants should bring a pair of size 8 knitting needles to class.** The instructor will provide practice yarn and discuss the appropriate yarn to purchase for future projects.

2/7-2/28

6:30 PM - 8:00 PM

HS-E-103

Fee: \$30

# 1630



## DRAGON KNITS— Knitting Club

Dragon Knits is a community knitting (and crocheting) group in Litchfield MN. The purpose of this group is to give all people with an interest in knitting/crocheting, a place to meet, ask questions, and share ideas. Beginning Jan 2013, we will meet the **2nd Tuesday of the Month, from 6-8 PM**, at the 4 B'z Event Center located at 905 W 5th St. This group is free and open to everyone. We will have an optional donation basket to help cover the cost of renting the room for the evening.

January 8, 2013

April 9, 2013

February 12, 2013

May 14, 2013

March 12, 2013

Questions Contact: Anne Ross 320-221-3050  
or Stacey Dahl 320-441-3816

**CPR & First Aid Fees: \*Under 55 years old-\$50 per class \*Over 55 years old-\$45 per class**

**All classes are held in the MMH Conference Room**

**Private business/organization classes available for 8 or more participants. Contact Community Education for details.**

## CPR

*Wendy Foley*

This course is designed for individuals needing Cardio-Pulmonary Resuscitation (CPR) and foreign body airway obstruction (choking) certification for victims of all ages, including adult, child and infant. The use of an Automated External Defibrillator (AED/"shocker") is included. This AHA certification is valid for two years and is available for healthcare provider certification

Saturday

2/23

8:30 AM - 11:00 AM

# 1600A

Monday

4/1

6:00 PM - 8:30 PM

# 1600B

Monday

5/6

6:00 PM - 8:30 PM

# 1600C



## Pediatric CPR & First Aid

*Wendy Foley*

This course is designed to teach child and infant CPR, choking, and AED ("shocker") techniques; as well as preventing and responding to first aid emergencies for child and infant victims. This AHA certification is valid for two years, and includes medical, injury, and environmental emergencies.

Monday

2/4

5:30 PM-9:30 PM

#1600P



### **For all CPR & First Aid Classes**

Minimum age for certification is 11 years old. Participants will need to pick up class materials at Community Education and read them prior to class.

## First Aid

*Wendy Foley*

This course is designed to teach lay rescuers how to prevent and respond to emergencies for victims of all ages. Participants will learn general principles of first aid including: medical, injury, and environmental emergencies. This AHA certification is valid for two years and is available for healthcare provider certification. Minimum age for certification is 11 years old. Participants will need to pick up class materials at Community Education and read them prior to class.

Saturday

2/23

11:30 AM - 2:00 PM

# 1601A

Tuesday 6/4

6:00 - 8:30 PM

# 1601B



# LITCHFIELD LITE



**\$2000**  
*In Prizes*  
for  
**TEAM WEIGHT LOSS**  
**INDIVIDUAL WEIGHT LOSS**  
**ACTIVITY MINUTES**

## What is the Litchfield Lite Lucky 13 Challenge?

The Challenge is designed for individuals or teams and provides health and wellness activities that are fun, easy and affordable ways to engage community members in healthy behaviors. This program is designed to promote positive changes leading to a healthier lifestyle. The challenge is open to anyone 18 and older.

## Do I have to register with a team?

We encourage participation with a team as a way to encourage each member to reach personal fitness goals but this is not required. Every registrant is eligible for individual prizes. However, you must be registered with a team to be eligible for the Team Weight Loss prize. A team consists of 2-6 people who are friends, family, co-workers and /or community members who track physical activity and/or weight loss over the 13 weeks.

## What are the Requirements for Prizes?

**Weight Loss:** Goal is to lose the highest percentage of initial body weight. Team weight loss will be determined by averaging percentage lost of all members. *To be eligible for prizes, each person must participate in the initial weigh in (January 10-11) and the final weigh-out (April 11-12). The midway weigh in (February 28 & March 1st) is optional but highly encouraged. Weigh in times and information is available at [www.litchfieldlite.com](http://www.litchfieldlite.com)*

**Activity Minutes:** Activity minutes will be reported on a weekly basis throughout the challenge. The purpose of the activity minutes is to encourage participants to be active and achieve personal goals. These minutes are to be outside your normal daily routine and part of a balanced exercise program. Activity minutes will be reported by individuals in 30 minute increments with a base goal of 120 minutes per week. For each week that you report activity of at least 120 minutes your name will be entered into a drawing for the prize at the end of the challenge. Additional entries will be made for each 30 minutes of activity you report beyond the base amount with a maximum of 11 entries (420 minutes) per week.

**Stick With It Incentive:** Each individual and/or team showing *any* amount of weight loss between the initial weigh-in and final weigh-out will be entered in a drawing.

**Inspiring Story:** Share the story of your journey to wellness and how the "Lucky 13" Challenge has changed how you live and you will be eligible for this special drawing.

**[www.litchfieldlite.com](http://www.litchfieldlite.com)**

## 13 PRIZES

\$600	Greatest Team Weight Loss
\$300	Individual Weight Loss <i>plus 1 year club membership and enrollment fees to Anytime Fitness—\$600 value (1 Male &amp; 1 Female Winner)</i>
\$100	Activity Minutes (3 Winners)
\$100	Inspiring Story (2 Winners)
\$100	Team <i>Stick With It</i> Incentive
\$50	Individual <i>Stick With It</i> Incentive (2 Male; 2 Female)

## 13 POSSIBLE BENEFITS

Get Healthy  
Lose Weight  
Team Support  
Challenge T-Shirt  
Health & Fitness Information  
Health Related Classes  
Motivational Speakers  
Calendar  
Online Food & Activity Tracker  
Open Gym/Swim  
Community Education Class Discounts  
Bunny 5K & Children's Activity  
Eligibility for Prizes

## 13 ACTIVITIES

1. Kick-Off Event, Motivational Speaker & Vendor Fair (1/19)
2. Yoga & Meditation Sampler (1/22)
3. Healthy Weight Loss: Get Started on a Plan that Works for YOU! (1/24)
4. Gym & Swim (2/16)
5. Lunch & Learn: Heart Health (2/12)
6. Navigating Nutrition Labels: Grocery Shopping Insights from Joanne Searl Registered Dietitian (2/21)
7. Get Moving and Get Motivated: Motivational Talks with Zumba Sampler (2/26)
8. Lunch & Learn: Health Reasons to Limit Sugar *Dr. Richard Searl* (3/6)
9. What Works? Keep it Going! (3/2)
10. Motivational Talk with Q&A Discussion on Nutrition & Fitness (3/19)
11. Bunny 5K /Children's Activity (3/30)
12. Litchfield Success Stories & How to Keep It Going! (4/4)
13. Awards Presentation at Litchfield Business Expo (4/13)

**Activity sign-up at**  
**[www.litchfieldlite.com](http://www.litchfieldlite.com)**

## Challenge Registration Information

Each person must register with the Community Education office or online and get weighed in on January 10-11 to be eligible for weight loss prizes. Team rosters must be reported at [litchfieldlite.com](http://litchfieldlite.com) by January 13 to be eligible for the team weight loss prize. You will be eligible for the activity minutes prize the first time you log minutes on the website.

Each participant must register with Community Education and pay the \$20 fee.

Where to register:

1. Online at [www.litchfieldcommunityed.com](http://www.litchfieldcommunityed.com)
2. At Community Education Office  
114 Holcombe Avenue North, Suite 110
3. By phone: (320) 693-2354

Forming a team:

If participating on a team, report your team roster online at [www.litchfieldlite.com](http://www.litchfieldlite.com) or to the CE office by January 13.

Note: All team members must register individually with Community Education as stated above.

Activity Minutes:

Activity Minutes will be reported weekly at [ww.litchfieldlite.com](http://ww.litchfieldlite.com)

### **Rules for Prize Eligibility**

#### **Individual Weight Loss Prize**

\* Winner must participate in beginning and final weigh ins during the designated dates. Midway weigh in is optional and highly encouraged.

#### **Team Weight Loss Prize**

\* ALL team participants must participate in beginning and final weigh ins during the designated dates. Midway weigh in is optional and highly encouraged.

#### **Activity Minutes Prize**

\* Winners will be selected from participant entries made at [www.litchfieldlite.com](http://www.litchfieldlite.com)

Reporting deadline is Monday at Noon for the previous week (Monday—Sunday) with the exception of the last week when minutes will be reported on Friday, April 12 by 3:00 PM. Reporting begins on Monday, January 21 for the week of 1/13-1/20.

The rules outlined above only apply to prize eligibility. All participants are eligible and encouraged to reap the rewards of adopting a healthier lifestyle and to take part in the fun and camaraderie of all Litchfield Lite activities.

“LUCKY 13”

## SPONSORS

ACMC  
Anytime Fitness  
Conway, Deuth & Schmiesing  
Custom Products  
Davis Motors  
Econofoods  
Ecumen of Litchfield  
Family Eye Center  
Home State Bank  
Independent Review  
IRD Glass  
Kiwanis Club  
Litchfield Chrysler Center  
McDonald’s of Litchfield  
Medicine Shoppe  
Meeker Memorial Hospital  
Natural Food Co-op  
Patten Chiropractic  
Peter’s Signs  
Rotary Club of Litchfield  
Sibley Dental Suite  
SNAP Fitness



# ADULT RECREATION

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## Co-Ed Volleyball League

Litchfield Community Education

Get a team together and play volleyball this spring! All registrations must be received by Friday, January 11th. Schedules will be made up and team managers will be notified of playing times for the first night, January 16. Schedules will be available at the first night of league play for the remainder of the season.

Wednesdays  
Starting 1/16  
6:30 PM - 10:00 PM  
MS-Gym  
Fee:\$75  
#1730



## Co-Ed Recreational Volleyball

Litchfield Community Education

This is a pick up volleyball program for those who love to play and want to improve their skills (players of any level can participate). This is not a league and no one will be turned away. This is a recreational activity where overhand serving and spiking is minimal. This activity is for older teens and adults. Please leave children at home as no supervision is provided. Registration is required.



Tuesdays  
9/11/2012 - 5/28/2013  
7:30 PM - 9:30 PM  
Wagner Elementary Gym  
Fee: \$35.00-Couple, \$25.00-Single,  
\$3.00-Walk-in  
#1735

## Walking Club

Litchfield Community Education

There is no reason to take a chance walking on icy sidewalks when the hallways of the Lake Ripley Elementary School are available. Move your daily walking routine inside. A \$5 pass lets you walk the entire school year. **There is no walking when there are conferences, when school is not in session or when school is canceled due to inclement weather.** Start anytime during the school year!

Purchase your new BLUE (2012-13) pass at the Community Education Office.  
Monday-Friday  
6:30-7:30 AM and 4:00-8:30 PM  
Lake Ripley Elementary  
Fee: \$5.00 for a season pass (good for the school year)  
#1705

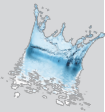


## Family Gym & Swim

Saturdays 9—11 AM

Don't let the cold winter months stop you and your family from staying active and having fun. Upon registration you will fill out a survey to help determine interest and plan organized activities which may include: kickball, basketball, volleyball, water games, etc.

2/16 & 2/23 -Gym & Pool  
3/2 & 3/9 -Gym Only  
#3016  
Fees:  
\$25/household - 4 sessions  
\$8/household - 1session  
\$12/household at door



\* Must have at least 5 families pre-registered each date to hold activity.

## 2013 Spring/Summer Men's Slow-pitch Softball League

Organizational meeting  
Tuesday, April 9 - 7:00 PM  
MCFE Suite 200

Representatives from teams must be present for this meeting. Games will start mid-May. All league fees need to be paid before schedules are made out. League fees will be \$390 (approximately 20 games with play May thru August). Checks need to be made payable to Litchfield Community Education.



## Men's Over 30 Basketball

Litchfield Community Education

Great exercise for the basketball enthusiast who needs an exercise outlet after a day at work. This activity is for men over 30 to play pick up games and enjoy the game that was more intense a few years back.

**Pre-registration and pre-payment are required for this activity.**

Tuesdays and Thursdays  
9/11- 5/23  
6:00 PM-8:00 PM MS Cafeteria Gym  
Fee: \$25 annual fee  
#1725



# ADULT RECREATION

## Fitness Bootcamp

Jessica Pautzke

Don't wait to feel good about yourself!! This group fitness class, is designed to jump start your fitness routine and provide group accountability. Bootcamp will improve your strength and stamina through a rugged workout of drills, weights, jumping rope, circuits and interval training. This class is for beginner to advanced participants. This class is taught by Jessica Pautzke, ACSM certified personal trainer. If you have a pair of 3-5 pound dumbbell weights, bring them with to class.

### Section I

Monday & Wednesday  
2/6-3/6 No Class Feb. 18,25,27  
6:00 PM - 7:00 PM  
MS-Cafeteria/Gym  
Fee: \$37  
# 3050

### Section II

Monday & Wednesday  
3/11-4/3 No Class Mar. 25 & 27  
6:00 PM - 7:00 PM  
MS-Cafeteria/Gym  
Fee: \$37  
# 3050



### Section III

Monday & Wednesday  
4/8-4/29 No Class 4/24  
6:00 PM - 7:00 PM  
MS-Cafeteria/Gym  
Fee: \$37  
#3050

**Deadlines for all classes are one week before the class or activity, unless specified.**

## Zumba Sentao

Vickie Shoutz



The Zumba Sentao program is an intense new way to enhance the fitness party thrill! Participants will learn to use a chair and their own body weight to enhance muscle strength, improve endurance, tone their physique, and step up cardio work in a whole new way!

### Section I

Monday *6 Sessions*  
1/28-3/11  
No Class Feb 18  
6:30 PM - 7:30 PM  
Ripley Elementary -Gym  
Fee: \$37  
# 1706A



### Section II

Monday *6 Sessions*  
3/18-5/6  
No Class March 25 & April 22  
6:30 PM - 7:30 PM  
Ripley Elementary -Gym  
Fee: \$37  
# 1706B

Litchfield Lite



Wellness Challenge 2013

See details on page 20 & 21 for our NEW Litchfield Lite Lucky 13 Challenge!



Join the Litchfield Area Special Olympics team this winter and train to compete in Basketball or Aquatics. Practices begin in January with competitions in February and March.

### **Basketball**

Mondays  
1/14-3/18  
6:30-7:30 PM  
Wagner Gym  
Fee: \$40

### **Aquatics**

Tuesdays  
1/15-3/19  
6:00-7:00 PM  
HS Pool  
Fee: \$40

Note: Athletes who wish to participate in both sports only pay one \$40 fee.

Special Olympics Minnesota offers children and adults with intellectual disabilities year-round sports training and competition. Through Special Olympics' athletic, health and leadership programs, people with intellectual disabilities transform themselves, their communities and the world.

**We are also seeking coaches and volunteers.**



**Special  
Olympics  
Minnesota**

Call Community Education at 320-693-2354 for information.

# ADULT RECREATION

## Hatha Yoga I

Whether you are new to the practice of yoga or just curious, this class will introduce the basic principles of yoga.

### Section I

Mondays *6 Sessions*  
1/28-3/11 No Class 2/18  
5:15 PM - 6:30 PM  
Wagner Elementary-Media Center  
Fee: \$42  
# 1741 I

### Section II

Mondays *6 Sessions*  
3/18-5/6 No Class 3/25, 4/22  
5:15 PM - 6:30 PM  
Wagner Elementary-Media Center  
Fee: \$42  
# 1741 II

## Hatha Yoga II

This course is for beginning and advanced students and focuses on the basic principles of yoga in addition to teaching the poses in more detail. This class will also introduce Sun Salutation.

### Section I

Tuesdays *6 Sessions*  
1/29-3/12 No Class 2/19  
6:15 PM - 7:30 PM  
Wagner Elementary-Media Center  
Fee: \$42  
# 1742 I

### Section II

Tuesdays *6 Sessions*  
3/19-5/7 No Class 4/23  
6:15 PM - 7:30 PM  
Wagner Elementary-Media Center  
Fee: \$42  
# 1742 II

## Come Try Yoga

Always wondered about yoga?  
Come and check it out!

### FREE Yoga Sampler

Tuesday, January 22  
Session I 6:00-6:30 PM  
Session II 6:45-7:15 PM  
MCFS Suite 200  
Pre-Registration  
Required #1750

**FREE**



### FOR ALL YOGA CLASSES

A yoga mat, strap, and light blanket is recommended. Be prepared to practice barefoot. Yoga can lead to increased strength and flexibility and can relieve stress and anxiety.

**Instructor: Kateri Kormann**



## Vinyassa-Advanced Yoga

This class is designed for students with prior yoga experience and a good foundation of poses. This class will utilize the breath while flowing from one pose to another.

### Section I

Thursdays *6 Sessions*  
1/31-3/14 No Class 2/21  
7:00 PM - 8:15 PM  
Wagner Elementary-Media Center  
Fee: \$42  
# 1743 I

### Section II

Thursdays *6 Sessions*  
3/21-5/9 No Class 3/28, 4/25  
7:00 PM - 8:15 PM  
Wagner Elementary-Media Center  
Fee: \$42  
# 1743 II

## Prenatal Yoga

Yoga for the mommy to be. This class is tailored for pregnancy at any stage. You will build strength and endurance with the use of breath work in order to get ready for labor.

### Section I

Thursdays *6 Sessions*  
1/31-3/14 No Class 2/21  
5:30 PM - 6:45 PM  
Wagner - Media Center  
Fee: \$42  
# 1744 I

## Chair Yoga

Chair Yoga is one of the gentlest forms of Yoga and uses a chair for additional support. Most of the exercises are done while sitting, leaning, or holding onto a chair. This is a great way to practice yoga for people of all ages and fitness levels. Chair yoga helps increase balance and flexibility.

### Evening Section I

Tuesdays *6 Sessions*  
1/29-3/12 No Class 2/19  
5:15 PM - 6:00 PM  
Wagner -Music/Art Room  
Fee: \$42  
# 1745 I

### Evening Section II

Tuesdays *6 Sessions*  
3/19-5/7 No Class 3/26,4/23  
5:15 PM - 6:00 PM  
Wagner -Music/Art Room  
Fee: \$42  
# 1745 II

### Daytime Section

Fridays *4 Sessions*  
4/5-4/26  
12:00 PM - 12:45 PM  
MCFS Suite 200  
Fee: \$25  
# 1745 C





# SENIOR OPPORTUNITIES

## AARP Safe Driver

### Courses

**Bob Condon, Eric Mathwig & Joe Lenz**

Get a discount on your auto insurance by participating in this driving course. First time participants must complete the basic 8-hour course. The 4-hour refresher course is for those renewing their certificates. Topics covered include the common effects of aging and medications on driving - as well as basic driving rules, the license renewal process, traffic hazards, adverse road conditions, energy savings, and accident prevention. The class format includes a video, lectures, and discussion. There is no driving or written test.

Bring a pen and your driver's license with you to class.

**Meeker County Family Service Bldg. Suite 200**

Pre-registration is required.

Checks payable to

Community Education.

All cancellations are subject to a \$5 administrative fee.

**Fees: AARP members \$16  
Non-members \$18**

## Litchfield

### Senior Dining

*Gayle Peterson, Site Manager*

Senior Dining staff serves noon meals, Monday through Friday, at the Litchfield Civic Arena. Adults 60 and over are invited to join the group by making a reservation one day in advance. Come early and enjoy the meal, games, entertainment and educational opportunities. Rides to the Civic Arena may be arranged if needed. Call 320-693-6318 for more information or to make your reservation. Each week you can find the menu in the Litchfield Independent Review and hear it announced on KLFD 1410 AM Radio.

### 8 Hour Initial Course

Wednesday & Thursday  
2/20 & 2/21 # 1060  
5:30 PM - 9:30 PM

Monday & Tuesday  
4/29 & 4/30 # 1061  
5:30 PM - 9:30 PM

### 4 Hour Refresher Courses

Thursday 1/17  
12:30 PM - 4:30 PM  
# 1050

Thursday 1/17  
5:30 PM - 9:30 PM  
# 1051

Monday 2/11  
12:30 PM - 4:30 PM  
# 1052

Tuesday 3/19  
12:30 PM - 5:30 PM  
# 1053



Thursday 4/18  
12:30 PM - 4:30 PM  
# 1054

Thursday 4/18  
5:30 PM - 9:30 PM  
# 1055

Monday 5/6  
12:30 PM - 4:30 PM  
# 1056

Monday 5/6  
5:30 PM - 9:30 PM  
# 1057



## Volunteer Driver Program

Transportation for those 60 or older-primarily for medical appointments. Drivers are available to go anywhere in Meeker County, Hutchinson, Willmar, St. Cloud and the Metro area. Call 320-693-2718 Monday through Friday between 8:00 AM and 5:00 PM to arrange for a ride.

## Chore Corps

*Sponsored by Meeker Council on Aging*

Looking for reliable help to do housekeeping, home health care, window washing, lawn care or other chores? Call 320-693-2718 for more information.

## Meeker Council on Aging

Mission: "Through membership, partnership and education, the Meeker Council on Aging serves as a vital link between citizens of Meeker County and issues, programs and activities related to aging." To find out how you can become involved, call the Council Coordinator at 320-693-2718.

Become familiar with this one-stop clearing house for virtually anything related to aging county-wide. Some of the benefits include: legislative access, member advocacy and educational opportunities.

# ADULT BASIC EDUCATION

# Adult Basic Education

**Where:** Classes meet in the Meeker County Family Services Center, 114 Holcombe Avenue N. Use the south door off of First Street and look for the ABE/GED signs.

**Who:** Adult Learners must be 16 years old to start; 19 years old to test. May be able to test before 19 with a waiver.

## When:

### Day Classes

Mondays 9:00 AM to 2:00 PM  
Tuesdays 12:00 PM to 7:00 PM

### Night Classes

Mondays & Wednesdays 5:00 to 8:00 PM  
Tuesdays from 12:00 PM to 7:00 PM

# FREE

**These classes are FREE! Students can start at anytime!  
To enroll, simply come to class.  
Questions? Call Community Education at (320) 693-2354**

**You can work at your own pace! Classes starting all year!**

English as a Second Language  
Citizenship  
Driver's License  
Computer Classes

Life Skills  
High School Equivalency Program  
Keyboarding Skills  
Work Readiness

**[litchfieldABE@gmail.com](mailto:litchfieldABE@gmail.com)**



## Clases para Adultos

Clase de Inglés como Segundo Idioma  
Clases de Día  
Lunes de 9:00 AM a 2:00 PM  
Martes 12:00-7:00 PM

Clases nocturnas  
Lunes y miércoles 5:00-8:00 PM  
Martes 12:00-7:00 PM

Gratis..Gratis...Gratis...Gratis



## Basic Computer Classes for Personal or Work Related Skills

Offered as Needed, Call Community  
Education for more information:  
(320) 693-2354

## Adult Basic Education Instructors

Carol Werner



Linda Smolniski



## GED Testing is done in:

Hutchinson (320) 234-8507  
St. Cloud (320) 529-6500  
Willmar (800) 722-1151

Testing is done monthly – Call for an appointment

## Cabin Fever Garage Sale

Saturday, April 6 • 8-11 AM

National Guard Armory-Litchfield



Is it time to de-clutter your house and clean out the closets, attic and basement? Participants can set up tables on Friday, April 5 from 4:00- 8:00 PM.

Doors will open for the sale at 8:00 AM sharp with vendors in place and anxious shoppers ready to find good bargains! Get your boxes ready and register soon, as space is limited.

Limit of 2 tables (8' long) per person.

Fee: \$20 per table #1420

**Gardener's Gala 2012**  
**SAVE THE DATE!!**  
 Tuesday, April 9  
 5:30 - 9:00 pm  
 Litchfield High School

Cost: \$10 per person in advance  
 \$12 at the door

**Featured Speakers:**

*Jim Gilbert, Consulting Naturalist with WCCO's Nature Notes*

*Nathan Winter, Meeker-McLeod Extension Educator and Master Gardener*

*Joel Karsten, Horticulturist and Avid Gardener*

*Everyone is invited to an evening of education and fellowship as we roll into the spring gardening season once again. Learn exciting information about the natural world around us, as well as tips on seed starting, and straw bale gardening from experts in their fields. There will also be vendors, door prizes and snacks.*

*This event is hosted by the Meeker County Master Gardeners with support from Litchfield Community Education and Meeker County Horticultural Society.*



Litchfield Public Library Children's Department  
 320-693-2483



**Books Clubs: (Gr. 3-9+)**

Grades 3-5

2<sup>nd</sup> Tuesday – Begins Sept. 11

3:15-4:30 PM

Gr. 6-8

3<sup>rd</sup> Tuesday- Begins Sept. 18

3:15-4:30 PM

Gr. 9+

4<sup>th</sup> Tuesday – Begins Sept. 25

3:15-4:30 PM

Adults

2<sup>nd</sup> Tuesday, Begins Sept. 11

3:15-4:30 PM

**FUN with 4-H – (Gr. K-5)**

3:15-4:30 PM

4<sup>th</sup> Thursdays, Begins Sept. 27-May

**Story Times:**

Toddler Story Time (Babies – Age 2)

Wednesdays, Begins Sept. 12

10:15 AM – 11:00 AM

**Family Story Time**

Thursdays, Begins Sept. 13

7:00 PM -7:45 PM

**Preschool Story Time (Ages 3+)**

(Music, books and simple craft)

Fridays, Begins Sept. 14

10:00 – 11:00 AM



Tax Aide - A service for elderly, handicapped, non-English speaking and low income people. Completing tax forms can seem like an overwhelming challenge. Tax Aide volunteers will be available on Tuesdays 1:00 to 4:00 PM, March 5, 12, 19; April 2, 9. Held in the Meeker County Family Services Center, Adult Basic Education classroom. Special thanks to Bill Menozzi one of our volunteers this year. Additional volunteers are needed for this service, please contact Community Education for more information on volunteering! **NO APPOINTMENT NECESSARY; FIRST COME FIRST SERVED.** A waiting area is provided.

# INFORMATION & POLICIES

## Mission Statement

*Litchfield Community Education and Recreation involves citizens of all ages in inclusive, affordable and accessible opportunities for learning, leadership and community involvement.*

## Community Education and Recreation

### Advisory Council Members

Alison DeWolf – Chair – All-Area Representative  
Judy Hulterstrum – Vice Chair - All-Area Representative  
Mary Alice Holm – Past Chair – All-Area Representative  
Joyce Akre—All Area Representative  
Darcy Cole – Minnesota Extension Representative  
Larry Dahl – All-Area Representative  
Ron Dingmann – Litchfield City Council Representative  
Dr. Daniel Frazier – ISD #465 Superintendent  
Heather Guyan—ECFE Representative  
Stacey Helstrom – School Board Representative  
Jayne Holmgren - Chamber Representative  
Diane Onell – All-Area Representative  
Barb Penk – All-Area Representative  
Bruce Miller – Litchfield City Administrator  
Mike Zylstra – Litchfield Area Ministerial Representative

Representative of the citizens of the school district, the Advisory Council meets regularly to help identify the educational, social and cultural needs for district residents of all ages. They welcome your suggestions, ideas, questions and concerns. All meetings are open to the public. If you have ideas you would like to share, contact an Advisory Council member or a Community Education staff member 320-693-2354.

### Want to Know What is Happening in Community Education?

Listen to the Community Education Update weekly on KLFD Radio AM 1410 at 11:50 AM every Tuesday.

Read the weekly Community Education column in the Litchfield Independent Review in Section B.

Go to: [www.litchfieldcommunityed.com](http://www.litchfieldcommunityed.com)

## •Cancellation Policy

Community Education reserves the right to cancel any activity or class. If this happens, your money will be fully refunded. Please include a daytime phone number with your registration.

- Cancellations must be requested prior to the published deadline. All cancellations will be subject to a \$5 administrative fee. Individual classes may have a more specific registration, cancellation and refund policy.
- No refunds will be made after the class has met.
- You must call our office (320-693-2354) to request cancellation. Online cancellation is not available.

## Use of School Facilities

Litchfield Public Schools encourages the use of school facilities. Find information on our website [www.litchfieldcommunityed.com](http://www.litchfieldcommunityed.com). Arrange for rental and use of all school facilities by:

Filling out Facility Use Application  
E-mailing Kaloni Park  
([kaloni\\_park@litchfield.k12.mn.us](mailto:kaloni_park@litchfield.k12.mn.us))  
Calling 320-693-2354



### **Kaloni Park**

Community Education Secretary/  
Receptionist and Facility Scheduler

Confirmation of the space requested is completed after the request is on the master schedule. There may be rental fees, custodial fees, equipment rental fees, kitchen staff fees, and school supervisory fees, along with a scheduling fee, depending on the time and type of request to use school facilities.

## Building Key

**Lake Ripley Elementary School**  
100 Pleasure Drive W.

**Wagner Elementary School**  
307 6th St. E.

**(MS) Litchfield Middle School**  
340 10th St. E.

**(HS) Litchfield High School**  
901 Gilman Ave. N.

**(MCFS) Meeker County Family Services Center**  
114 Holcombe Ave. N



**Leslie Arnold**  
Youth Programs /  
Dragon Kids Club  
Coordinator



**Angela Smith**  
Adult Programs  
Publications and  
Marketing

## Teaching a Community Education Class or Activity

Litchfield Community Education hires many individuals throughout the year to instruct classes or coordinate activities. If you have a talent or skill that you would like to share, please contact one of our Community Education Program Coordinators or Director. Instructors are needed for youth and adult classes. Call 320-693-2354 to set up a time to meet and discuss your class or activity ideas!

## Equal Opportunities and Accessibility

District #465 Community Education and Recreation complies with all state and federal equal opportunity requirements and follows employment practices and education programs that do not discriminate against individuals on the basis of race, color, sex, religion, marital status, handicap, national origin or the presence of a non-job or education related medical condition. We will strive to provide reasonable accommodations when needed. Advance notice of these needs helps considerably. When registering, please inform our staff by filling out an information sheet that describes the type of accommodations that Community Education and Recreation can provide for you. The Community Education and Recreation staff will not be responsible for passing or handling personal medications. This must be done by a parent, guardian or personal care attendant. Parents/guardians, staff or PCAs are welcome to accompany those with special needs to a class at no charge.

## Inclement weather

If the weather seems questionable, listen to KLFD 1410 AM radio regarding changes, postponements or cancellations. Please do not call KLFD when looking for activity information, only call the Community Education Office at 320-693-2354. Activity cancellations or postponements can also be found on our website [www.litchfieldcommunityed.com](http://www.litchfieldcommunityed.com) or on our Facebook page.

**When schools close due to inclement weather, all Community Education activities will be canceled or postponed.**

## Check Return Policy

Checks returned for insufficient funds, stop payment or account closed will be subject to a \$30 service charge. Payee will be notified upon receipt of NSF notice to our office. If there has been no attempt to contact our office after two weeks, information will be turned over to a collection agency.

## Parent Volunteer Discount

Do you have a passion for a particular sport or activity? Some of our programs are looking for parent volunteers and we need committed individuals to help out. When you commit, we ask that you are able to consistently provide assistance for all scheduled program dates. At the end of the session you will receive a gift certificate for up to 100% of the program fee. This certificate can be used to enroll your child in a future youth recreation program. Please contact Community Education for additional details and available volunteer positions.

Litchfield Community Theatre Celebrating 37 SEASONS!



Based on the DreamWorks Animation Motion Picture and the Book by William Steig

Book and Lyrics by David Lindsay-Abaire Music by Jeanine Tesori

Originally produced on Broadway by DreamWorks Theatricals and Neal Street Productions

'Original Broadway Production Directed by Jason Moore'

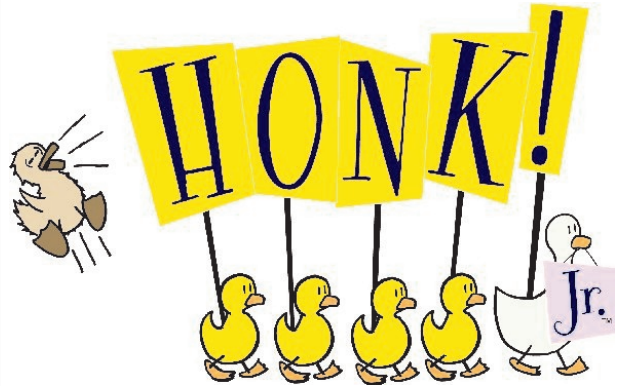
Directed by Dave Metcalf

July 19 & 20 7:00 PM
July 21 2:00 PM
July 25, 26, & 27 7:00 PM
July 28 2:00 PM

Bernie Aaker Auditorium
114 N. Holcombe Ave

Contact Community Education for audition times and information.

Shrek The Musical
Is presented through special arrangement with Music Theatre International (MTI).
All authorized performance materials are also supplied by MTI.
421 West 54th Street, New York, NY 10019
Phone: 212-541-4684 Fax: 212-397-4684
www.MTIShows.com



Book by Anthony Drewe
Music by George Stiles
Lyrics by Anthony Drewe

Based on Hans Christian Andersen's The Ugly Duckling

Directed by Mary Hansen and Sara Dollerschell
Student Director Philip Hansen

April 18, 19 & 20 7:00 PM
April 21 2:00 PM

High School Little Theatre

Auditions:

January 28th 5:00-8:30 PM
January 29th 3:15- 5:30 PM
High School Little Theatre

Contact Community Education to schedule an audition, receive audition packet, or for more information.

Ages 9-18

Fee: \$25 (includes script and a T-shirt)

Honk! JR.

Is presented through special arrangement with Music Theatre International (MTI).

All authorized performance materials are also supplied by MTI.
421 West 54th Street, New York, NY 10019
Phone: 212-541-4684 Fax: 212-397-4684
www.MTIShows.com

Support your Community Theatre

Be a Theatre Trooper

There are many ways to support theatre in our community including financial donations to support production costs and volunteer opportunities throughout the year. Call 693-2354 or visit www.litchfieldcommunitytheatre.com to learn more.

# REGISTRATION FORMS

## Ways to Register:

- 1) **Online at:** [www.litchfieldcommunityed.com](http://www.litchfieldcommunityed.com)
  
- 2) **At our office:** Litchfield Community Education and Recreation  
 114 Holcombe Avenue N., Suite 110  
 (Located in the Meeker County Family Services Center)  
 Office hours are 8:00 AM to 4:30 PM, Monday-Friday
  
- 3) **By phone:** (320) 693-2354 using VISA or MasterCard
  
- 4) **Mail in your registration using check or credit card to:**  
 Litchfield Community Education and Recreation  
 114 Holcombe Avenue North, Suite 110, Litchfield, MN 55355

**Please consider your payment as confirmation of your registration.  
 All classes are filled on a first paid-first served basis.**

### Weather Policy

When schools close due to inclement weather, all Community Education activities also will be canceled or postponed.

## Photographs

By registering for any Community Education activities listed in this Program Guide, you acknowledge for yourself or those you are registering that photographs of participants may be taken and used in Community Education publications, flyers or other advertising. If you object to your photo being used, please call Community Education at 320-693-2354.



## Litchfield Community Education & Recreation Registration Form

Payer Name (print) \_\_\_\_\_ Home Phone \_\_\_\_\_

Mailing Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Family e-mail address \_\_\_\_\_

Other phone numbers: Cell \_\_\_\_\_ Work \_\_\_\_\_

Activity #	Activity Name	Fee	Participant's Name	Grade (youth)
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_ Visa \_\_\_ MasterCard \_\_\_ Cash \_\_\_ Check # \_\_\_\_\_

Card # \_\_\_\_\_ Exp Date \_\_\_ / \_\_\_ 3-digit signature code \_\_\_\_\_

Cardholder's Signature \_\_\_\_\_

*Make checks payable and mail to: Litchfield Community Education, 114 Holcombe Ave. N., Suite 110, Litchfield, MN 55355*

# What's NEW Inside:



School-Age Childcare Program  
(Grades K-5)

Lake Ripley Elementary

See page 4 for details

## Acting, Art & Autism

Grades 1-12

This is a fun theatre and art workshop for kids on the autism spectrum to give acting a try!

See page 10 for details.



See details on page 20 & 21 for our  
NEW Litchfield Lite  
Lucky 13 Challenge!

## Adult and Family Trips

- Mill City Museum
- Ring of Fire—  
The Music of Johnny Cash
- Mary Poppins— Orpheum Theatre
- RetroRama—  
Fashion History Event



See page 3 for details

## Youth Trips-

- Powder Ridge Snow Tubing
- Tropics Indoor Pool & Slides
- Cosmic Bowling

See page 5 for details



## Early Childhood Family Education

### Stroll-A-Thon



Saturday, April 13, 2013

10:00 AM Walk Begins

See page 15 for details.

## Family Gym & Swim

Don't let the cold winter months stop you and your family from staying active and having fun.

See page 7 for details.



## Special Olympics Minnesota

More information on Special  
Olympics on page 22 & 23

## Youth Guitar Lessons — Private and Group

Beginners will learn basic chords, tuning and string transition.

Intermediate, will focus on more complex chords and scales.

See page 12 for details.



## Zumba Sentao

Participants will learn to use a chair and their own body weight to enhance muscle strength, improve endurance, tone their physique, and more!

See page 23 for details.



Find us at our website:



[www.litchfieldcommunityed.com](http://www.litchfieldcommunityed.com)

Litchfield Community Education and Recreation  
114 Holcombe Ave. North, Suite 110  
Litchfield, MN 55355

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