



2012 SPRING volume 3 0 number 2



Dear Patron,

Happy New Year! I hope everyone had a healthy and happy holiday season and is ready for 2012!

If you've often thought about taking a class through Northside's Adult and Community Education Department but felt you couldn't make the time commitment, we've got some great news for you. A number of classes now are being offered online, which means you can learn a new computer program or a new hobby in the comfort of your own home at any time. And yes, you can even take dance classes and martial arts classes online. These classes are combined with periodic in-person visits with instructors for evaluation and feedback.

Also new in this semester's catalogue is a section on "Green Living." There, you'll see several classes with a focus on the environment, including Rainwater Catchment, Solar Energy, Green Home Building, Organic Gardening, and Worm Composting.

But don't worry, your favorite classes are still part of the lineup, including courses on cooking, dancing, and do-it-yourself projects. If you're looking to improve your computer or finance skills, learn how to play a musical instrument, or simply explore a new hobby, there's a class for you, offered at a convenient time and location.

Adult and Community Education now has more than 500 classes and serves 25,000 residents. Signing up for a class would be a great way to kick off the new year!

Please feel free to stop by and visit ACE in person or on the Web, at www.nisd.net/ace. In the meantime, please take some time to look through the catalog and sign up for a class or two.

Sincerely,

John M. Folks, Ed.D. Superintendent

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**Spring Class Catalog 2012** 

# Profit & IT CISSP Internet Security

#### **WIRELESS 411**

#### 320543

320514

Ever wonder how to set up a home network? Sounds confusing? Well it shouldn't be. It is easy. Of course that's only one step of the process. Securing your wireless network is another piece of the puzzle that most home users do not give a second thought about. After you complete this class you will know what components make up a wireless network, how to set it up, and most importantly how to secure it and protect yourself from hackers and intruders. Don't let yourself be exposed and let others surf for free on your network! Your instructor, Erik Estrada, is both a CompTIA Security+ and CISSP Certified Professional.

Tuition \$24 Mon 1 only 6:00pm-9:00pm 01/23 Northside Learning Ctr C 113

## VIRUSES, SPYWARE, AND MALWARE, OH MY!

Cable Modems and DSL have sure made surfing the net not only faster, but also very convenient. This convenience unfortunately comes with a price. Invest an evening learning how such threats as viruses, spyware, hacking and malware can affect not only your computers performance but also your security. Learn many important techniques that will teach you how to better secure your computer and personal information. The security of your internet experience is in your hands. Your instructor, Erik Estrada, is both a CompTIA Security + and CISSP Certified Profes-

Wed 1 only 6:00pm-9:00pm 01/25 Northside Learning Ctr C 113

## WIRELESS NETWORK MONITORING

sional.

#### 320635

Wireless internet is a great thing, but how do you administer your network? Your Comp TIA Security + and CISSP Certified instructor Erik Estrada will teach you some tools so you can monitor who is on your network and easily locate the 'bad' guys. Please bring your wireless network questions for discussion. Wireless 411 is a recommended prerequisite to help you better comprehend the class content.

Tuition \$24 Mon 1 only 6:00pm-9:00pm 01/30 Northside Learning Ctr C 113

## MALWARE REMOVAL 32063

Ever wondered what some of the tools and other utilities used to remove viruses, malware or spyware are? We'll tell you. The best part is that most of these tools are free! Why spend money when you can easily remove your own viruses and malware? The security of your internet experience is in your hands. Your instructor, Erik Estrada is both a Comp TIA, Security + and CISSP Certified Professional. A recommended first course is Viruses, Spyware and Malware, Oh My!

Wed 1 only 6:00pm-9:00pm 02/01 Northside Learning Ctr C 113



320531

## CISSP CERTIFICATION TRAINING

The goal of NISD's CISSP training is to provide individuals seeking a career as an information security professional a comprehensive review which discusses all aspects of information systems security. The course will be offered in a three week period, for a total of 36 hours of instruction covering the ten domains of the CISSP Common Body of Knowledge (CBK). The course domains include security domains. These security domains are:

- · Access Control Systems and Methodology
- · Telecommunications and Network Security
- Business Continuity Planning
- Disaster Recovery Planning
- Security Management Practices
- · Security Architecture and Models
- · Law, Investigation, and Ethics
- · Application and Systems Development Security
- Cryptography
- · Computer Operations Security
- Physical Security.

These classes will assist in your preparations for taking the CISSP exam. Instructor, Oscar Deleon is a CISSP Professional. This class requires that you have a minimum of two years IT experience.

Tuition \$499

Mon, Wed 6 wks 6:15pm-9:15pm
02/06 Northside Learning Ctr C 111

M, T, Th, F 3 wks 6:15pm-9:15pm
04/02 Northside Learning Ctr C 111

1



## **Technology**

## INTRODUCTION TO MAC ENVIRONMENT New 2020013

A recommended first course for beginners who have little or no experience with Macintosh Computers. Explore the essential components of the Mac computer, and view all of its applications. Learn how to move and resize windows move files, create and name folders and much more! You must have a MAC computer and a working knowledge of the internet to take this class. Instructor: Yim.

Tuition \$49

05/07 3 wks On-Line

## **WORD 2007** Ne<sup>W</sup> **LEVEL I** 2020003

Learn to use the word processor PC Magazine ranked as one of the strongest and most intelligent programs ever written. Learn how to add, move through, and edit text, move words from one part of your document to another; work on two or more documents simultaneously; change the size or appearance of text; change margins and tab settings; automatically center, right align, justify, and indent text; run the integrated grammar and spell check; use the thesaurus, and save, retrieve, copy, organize, and more! A working knowledge of Personal Computers and the internet is required to take this class. You must have Office 2007 installed on your computer to participate in this class. Instructor: Robinson.

Tuition \$49

3 WKS	On-Line
3 wks	On-Line
3 wks	On-Line
	3 wks

## EXCEL 2007 LEVEL I

## Ne<sup>W</sup> 2020004

Start your electronic spreadsheet training in Microsoft Excel. Learn the fundamentals of the Excel 2007 user interface along with worksheet basics, such as entering labels, values and formulas, editing and formatting a worksheet and chart creation. You must have a working knowledge of Personal Computers and the internet to take this class. You must also have Excel 2007 on your computer. Instructor: Robinson.

Tuition \$49

03/23	3 wks	On-Line
04/24	3 wks	On-Line

## **VIRTUAL CLASSES**

## WE'RE IN A DIGITAL GENERATION...

#### POWERPOINT 2007 LEVEL I

## Ne<sup>W</sup> **2020005**

Learn how to use Microsoft PowerPoint 2007 to create impressive slide presentations filled with formatted text, images, video, audio, animation, charts, and hyperlinks. Find out how to save your presentations so you can share them with others over the Web or on CDs. A working knowledge of Personal Computers and the Internet is required to take this class. You must also have Powerpoint 2007 installed on your computer. Instructor:

Tuition \$49

04/13	3 wks	On-Line
05/15	3 wks	On-I ine

## ACCESS 2007 LEVEL I

## Ne<sup>W</sup> 2020006

Learn the fundamentals of Access 2007 user interface, along with database basics such as creating, saving, closing and opening an Access database. Learn how to create simple tables, with emphasis on understanding data types, field sizes and field properties. You will also learn how to create simple forms, select queries and reports from the tables you create. A working knowledge of Personal Computers and the Internet is required to take this class. You must have Access 2007 installed on your computer to participate.Instructor: Robinson.

05/04 3 wks On-Line

### PHOTOSHOP CS4 LEVEL I

#### 202000

Learn Photoshop CS4 Level I anytime or anywhere. Jenny Yim will introduce you to the tools and palettes used in this dynamic photo-rendering program. Learn how to touch up photos, import images, add effects and filters to elements in your documents, organize layers and save your images for the web. A working knowledge of Personal computers is required to take this class. You must also have the Photoshop CS4 software installed in your home computer to take this class online.

Tuition \$59

02/03	3 wks	On-Line	
03/23	3 wks	On-Line	
04/05	3 wks	On-Line	

## PHOTOSHOP CS4 LEVEL II

## 2020002

Continue learning the more advanced features of Adobe Photoshop. You'll be amazed at what you can do by combining multi-layered images, masks and filters to easily create incredibly sophisticated and professional looking pictures. Learn how to extract images from a complex background, combine multiple images and text into a single composited image and much more! Photoshop Level I is required before taking this class. Adobe Photoshop CS4 must also be installed on your computer in order to take this class online. An acceptable alternative is Photoshop CS4 Level I online or classroom instruction. Instructor: Yim.

Tuition \$59

3 wks	On-Line	
3 wks	On-Line	
3 wks	On-Line	
3 wks	On-Line	
	3 wks 3 wks	3 wks On-Line 3 wks On-Line

## PHOTOSHOP ELEMENTS New 2020007

Photoshop Elements is a no-frills, simplified version of Adobe Photoshop that is useful for basic image and photo editing. Instructor will show you how to use the editing tools for making changes to images, as well as the use of layers to organize the parts of a complex image. Learn to add text, use filters and prepare photos for use in a web page or for printing! A working knowledge of Personal Computers and the Internet is required to take this class. You must have Photoshop elements version 7 installed on your computer. Instructor: Yim.

Tuition \$59

NeW

02/01	3 wks	On-Line
03/21	3 wks	On-Line
04/03	3 wks	On-Line
05/02	3 wks	On-Line

## PHOTOSHOP ELEMENTS LEVEL II

Delve further into Photoshop Elements. Enhance your photos by improving the contrast using several different methods. Learn to work with damaged photos by using layers to improve the clarity of even old photographs. Dress up your photos by adding borders and text. Become much more familiar with the PhotoShop Elements Toolbox. A working knowledge of Personal Computers and the Internet is required to take this class. You must have Photoshop elements version 7 installed on your computer. Instructor: Yim.

Tuition \$59

03/23	3 wks	On-Line
04/05	3 wks	On-Line
05/03	3 wks	On-Line

## ADOBE ILLUSTRATOR CS4 NeW LEVEL I 2020009

No, you don't have to be a graphic artist to effectively use Adobe Illustrator! If you create documents for print or web delivery, you'll find that Illustrator offers unmatched flexibility in creating professional layouts for brochures, flyers, web pages and more. Our talented instructor will teach you the ins and outs of Illustrator. Learn how to work with shape tools, drawing paths, formatting the objects 'fill' and 'stroke,' working with brushes, swatches, libraries and more. A working knowledge of Personal Computers and the Internet is required to take this class. You must have Adobe Illustrator installed on your computer. Instructor: Yim

Tutition \$59

04/12	3 WKS	On-Line
05/17	3 wks	On-Line

## ADOBE ILLUSTRATOR CS4 New LEVEL II 9990001

Learn how to combine and clean up paths and organize them into groups and layers. Explore text editing, working with color, expressive brush drawing, effects, creating text on a path, using the magic wand and lasso selection tools. A working knowledge of Personal Computers and the Internet is required to take this class. You must have Adobe Illustrator installed on your computer to participate. Instructor: Yim.

Tuition \$59

04/13	3 wks	On-Line
05/17	3 wks	On-Line

## BLOGGING FOR BEGINNERS

## NeW 2020010

Blogs are changing the way we communicate, do business, share content and ideas. Learn how to use this powerful social networking tool to share your professional or personal interests online. This course will cover the mechanics of setting up a new blog account, adding content, developing a style and managing user comments in your new blog. A working knowledge of Personal Computers and the Internet is required to take this class. Instructor: Yim

02/01	2 wks	On-Line	
03/05	2 wks	On-Line	
04/02	2 wks	On-Line	
05/07	2 wks	On-Line	NeW

## TWEETING 101 2020012

It's okay to admit it. You're among friends. You've heard about this Twitter, but are not sure what it is and how to get started using it. Learn everything you need to know about Twitter-- so you too can soon 'tweet' and build a following. A working knowledge of Personal Computers and the Internet is necessary to take this class.

			Tuition \$29
02/06	2 wks	On-Line	
03/19	2 wks	On-Line	
05/02	2 wks	On-Line	

## HOW TO USE NeW YOUR DIGITAL CAMERA 2020011

Learn how simple it is to download your photos off your own digital camera to your computer. Discover how to resize and email these photos to your friends and family. The class is designed for PC users, and you must have an established email account to take this class. Don't forget to have your digital camera with you while you're online with Jenny. A working knowledge of Personal Computers and the Internet is required to take this class. Instructor: Yim

03/28	2 wks	On-Line	New
PC BUILDING			2030001

Learn the ins and outs of how PCs are put together by learning the basics of the components. This class will benefit anyone wishing to build their own computer, or just wanting to have a better understanding when purchasing a computer. A working knowledge of personal computers and the internet is required to take this class.Instructor: Carrera.

	On-Line	4 wks	01/31
	On-Line	4 wks	03/20
	On-Line	4 wks	04/16
Ne	On-Line	4 wks	05/04

## PC OPERATING SYSTEM 2030002

What is an Operating System and why is it important? Once you have learned how to build a computer, installing an operating system is the next step. Learn the ins and outs of Windows, how to install an operating system on a hard drive, and how to keep your operating system running well. A working knowledge of Personal Computers and the Internet is required to take this class. Instructor: Carrera.

			Tuition \$99
02/28	4 wks	On-Line	
04/24	4 wks	On-Line	
05/14	4 wks	On-Line	

Married Marrie

## PC TROUBLESHOOTING NeW 2030003

After you build a computer and install the operating system what do you do if it breaks? You will learn trouble shooting skills to diagnose and fix many common computer problems. Learn ways to fix and prevent viruses and other malicious software from destroying your computer Troubleshoot both hardware and software issues. A working knowledge of Personal Computers and the Internet is required to take this class. Instructor: Carrera.

			Tuition
05/01	4 wks	On-Line	
05/29	4 wks	On-Line	

## **Martial Arts**

## MARTIAL ARTS TRAINING 210096

This online resource allows you or your children to train in Martial Arts Training from the comfort of your home. With parental help children can learn martial arts by following our online curriculum and practicing techniques at home. Once you or your children have learned the fundamental techniques, you will be invited to come into the academy for an in-person belt test where trained instructors will gauge your skill level. To register for this on-line course go to <a href="http://comed.dcmartialarts.net">http://comed.dcmartialarts.net</a> or call 507-0257 for more information. On-going registration. Once registered you may begin the class. Instructor: Cavazos.

, ,			Tuition \$29
01/15	4 wks	On-Line	
02/15	4 wks	On-Line	
03/15	4 wks	On-Line	
04/15	4 wks	On-Line	
05/15	4 wks	On-Line	

## **Dance**

Tuition \$29

Tuition \$99

## SALSA RHYTHMS VIRTUAL

Ne<sup>W</sup> 2000002

Learn the latest Latin club dance moves and show everyone how well you can strut your stuff on the dance floor. Take your dance lessons in the privacy of your own home, anytime. Esteban Cardenas will show you how easy and fun it is to learn how to Salsa Dance. All you need is internet access, so let's meet online and get started. After the completion of this five week online class, you will receive an in-person consultation for guidance and cirection. Please contact Studio One Dance Center at 210-824-6850 to schedule your appointment. A working knowledge of personal computers and the internet is required to take this class.

Tuition \$68 01/17 6 wks On-Line 03/02 6 wks On-Line



## COUNTRY AND NeW WESTERN TWO STEP 2000005

Forget the boot scootin' boogie and learn some real Texas flavor. Award winning dance instructor Esteban Cardenas will teach you how to two step with confidence and flare in the privacy of your own home, anytime or anywhere. Knowing how to dance to a variety of music is key to never leaving the dance floor. For more information, please visit, www.studioonesa.com or call 210-824-6850. A working knowledge of Personal Computers and the Internet is required to take this class.

Tuition \$68

03/30 6 wks On-Line 05/11 6 wks On-Line

## SALSA RHYTHMS IN NeW AND OUT COMBINATION 1200217

So you can't get enough of Salsa Dancing? Here's your chance to keep your rhythm going and feet moving by taking Salsa Rhythms at Studio One Dance Center and also online. Professional Dance Instructor Esteban Cardenas will teach you the latest Latin dance moves and show you how easy it is to Salsa Dance. WOW everyone at the next social event by strutting your stuff on the dance floor. The online Salsa Rhythms class provides excellent supplemental dance instruction to the in-person class. You can practice what you learned in class in the privacy of your own home with Esteban's guidance in the online instruction video. It is not necessary to have a partner as a rotation system is used. Price is per person. For more information please visit www.studioonesa.com, or call 210-824-6850.

	,	Tuition \$99
Tue	6 wks	7:30pm-8:30pm
01/17	Studio One	
Tue	6 wks	7:30pm-8:30pm
02/28	Studio One	
Tue	6 wks	7:30pm-8:30pm
04/17	Studio One	

# MAY I HAVE THIS DANCE? DANCES FOR SPECIAL OCCASIONS' 2000001

So you have that big day coming up? A special event that will bring a lifetime of cherished heartfelt memories. Every detail has been planned; the dress, the flowers, and the reception. One of the most significant moments in your night is that moving, captivating, enchanting dance you will have with that someone special. We recognize how important this dance is, so we want to help you prepare for it by taking dance lessons anytime, anywhere. Esteban Cardenas, will teach you a versatile and timeless dance that is certain to be a memorable crowd pleaser that can function as a First Wedding Dance, Father/Daughter, Mother /Son. at a Quinceanera or Sweet 16. After the completion of this five week online class, you will receive an in-person consultation for guidance and direction. Please contact Studio One Dance Center at 210-824-6850 to schedule your appointment. A working knowledge of personal computers and the internet is required to take this class.

Tuition \$68

01/20 6 wks On-Line 03/19 6 wks On-Line

# Profit & IT

# **Accounting Made Easy**



450161

Students will learn accounting by simplifying accounting principles. You will create your own company and use real accounting transactions as you open a business. This class is designed for those who would like to obtain a job in the accounting field, but lack the knowledge to do so. Ismael Diaz will teach everything you need to know to get a job in the easiest way that you could possibly learn it—with real world experience. The textbook College Accounting, Chapters 1-26 will be used to teach the classes. The book can be purchased on Amazon. Com. The textbook ISBN is 9780618824175. Please enter the number into the search field and it will bring up the book.

Tue, Thu 5 wks 6:00pm-9:00pm 02/07 O'Connor HS G 109

## ACCOUNTING MADE EASY PART II 450162

Now that you have finished the first part, it's time for Mr. Diaz to teach you how to handle cash, open a checking account, reconcile a bank account and establish a petty cash account. You will also learn how to prepare payroll. You will learn how to distinquish between employee and independent contractor payrolls, employee earnings and deductions, payroll records, employer taxes/reporting and much more

Tue, Thu 5 wks 6:00pm-9:00pm 03/20 O'Connor HS G106

## QUICKBOOKS 2011 LEVEL I

320177

Get going with Quickbooks. Learn how to set up a company's financials. Create your product inventory and services and set up customers, vendors and employees. Use Quickbooks invoicing process, bill payment, banking features, and charts of accounts and registers to manage all aspects of your business. Instructor: Ramirez.

Tuition \$79 Book \$24 1 only 8:30am-5:00pm Tue 01/24 Northside Learning Ctr C 113 8:30am-5:00pm Tue 1 only 03/20 Northside Learning Ctr C 113 Mon. Wed 1 wk 6:00pm-9:30pm 04/02 Northside Learning Ctr C 113

## QUICKBOOKS 2011

**LEVEL II** 320528

Keep going with Quickbooks by customizing your company's forms and templates. Explore Quickbooks outstanding report features including the ability to create graphs that track your business. Learn to manage credit cards, assets, and liability accounts. Use Quickbooks as an easy method to track and pay sales tax and do your payroll. Instructor: Ramirez.

Tuition \$79 Book \$24
Thu 1 only 8:30am-5:00pm
01/26 Northside Learning Ctr C 113
Tue 1 only 8:30am-5:00pm
03/27 Northside Learning Ctr C 113



## CRYSTAL REPORTS 2008 LEVEL I

320602

Learn how to use Crystal Reports to convert raw database or accounting data into meaningful and readable reports. Impress your peers, clients, and superiors by discovering new ways to convey information. By the time you finish this class, you'll be able to create a wide variety of handsome and sophisticated reports that communicate more than the mere facts. You'll also be able to use charts and maps to present information visually, and cross-tabs to show correlations between loosely related data items. You'll even find out how to save yourself time and effort by creating a library of custom functions you can use over and over in report after report. A \$15 materials fee is payable to instructor at class. Instructor: Ramirez.

Tuition \$150 Mon, Wed 3 days 1:30pm-4:30pm 03/19 Northside Learning Ctr C 113

## CRYSTAL REPORTS 2008 LEVEL II

320622

Delve further into Crystal Reports 2008 and learn how to select and gather pertinent business data, organize it into manageable groups and assemble it into user-friendly business reports. Learn how to improve and report Web interactivity with sort controls and the parameter panel. Solve complex reporting problems with cross-tabs and subreports; and publish your results to web and export reports into Word, Excel, Acrobat, and updated XML formats. Create and update OLAP reports. Use and save time with templates; develop more sophisticated formulas and custom functions with the Formula Workshop to retrieve specific information. \$15 materials fee is payable to instructor at class Instructor: Ramirez.

Mon, Wed 3 days 1:30pm-4:30pm 03/28 Northside Learning Ctr C 113

## **Administrative Assistant Essentials**

## ADMINISTRATIVE ASSISTANT PROFESSIONAL CERTIFICATE PROGRAM

320560

A shrinking and consolidated work force has increased demand for administrative assistants who are versed in all aspects of computer efficiency. Today's personal assistant is a multi-skilled, dynamic member of a management team that requires expertise in many areas. Master the three elements of the Microsoft Office 2007; Word, Excel, and PowerPoint. These programs will be covered in depth with a focus on efficiency and integration of the software in all aspects of the office environment. In addition to a strong emphasis on computer knowledge. Get help with resume writing, the job interview, business communication and etiquette, and personal development as an administrative assistant. This 42-hour course will assist you as you interface with other employees, your customers, your board, and senior management within your company. Learn the essentials that are vital in your position in today's environment. A \$35 book fee is payable to instructor the first class. Prerequisite; Intro to Personal Computers I & II. Instructor: Espinoza.

Tuition \$290 Mon, Wed 7 wks 9:00am-12:00pm 02/06 Northside Learning Ctr C 111 INTRODUCTION TO MAC ENVIRONMENT ON-LINE SEE PAGE 2-3 NeW 2020013

## INTRODUCTION TO PERSONAL COMPUTERS & WINDOWS PART I 32053

Learn computer terminology and have hands-on interaction using a word processor (MS Word), and spreadsheet (MS Excel). This course will provide you with a broad-based grounding and basic proficiency with these programs. No prerequisites. \$20 materials fee is payable to instructor at the beginning of class for the daytime only classes. Instructor: Ramirez, Rodriquez.

		Tuition \$79
Mon	1 only	8:30am-5:00pm
01/23	Northside	Learning Ctr C 113
Thu	1 only	8:30am-5:00pm
03/22	Northside	Learning Ctr C 113
		Tuition \$139 Book \$48
Mon, Wed	4 wks	6:30pm-9:30pm
02/06	Holmes H	IS H 206

## INTRODUCTION TO PERSONAL COMPUTERS & WINDOWS PART II 320539

Delve even further into the Microsoft Office environment and complete the materials guide from Introduction to Personal Computers & Windows Part I. Emphasis will be placed on Word, Excel, and Powerpoint. Prerequisite; Introduction to Personal Computers & Windows Part I. Instructor: Rodriguez, Ramirez.

		1 uition \$139
Mon, Wed	4 wks	6:30pm-8:30pm
03/05	Holmes HS H	211
		Tuition \$79
Mon	1 only	8:30am-5:00pm
01/30	Northside Lea	rning Ctr C 113
Thu	1 only	8:30am-5:00pm
03/29	Northside Lea	rning Ctr C 113

WORD 2007 LEVEL 1 ON-LINE

**SEE PAGE 2-3** 

NeW 2020003

## WORD 2007 LEVEL I 320646

Learn to use the word processor PC Magazine ranked as one of the strongest and most intelligent programs ever written. Learn how to add, move through, and edit text, move words from one part of your document to another; work on two or more documents simultaneously; change the size or appearance of text; change margins and tab settings; automatically center, right align, justify, and indent text; run the integrated grammar and spell check; use the thesaurus, and save, retrieve, copy, organize, and more! A working knowledge of Personal Computers is required to take this class. Instructor: Ramirez.

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		Tuition \$39
Fri	1 only	1:30pm-4:30pm
01/27	Northside Lea	rning Ctr C 113
Tue	1 only	1:30pm-4:30pm
03/06	Northside Lea	rning Ctr C 113
Fri	1 only	1:30pm-4:30pm
03/23	Northside Lea	rning Ctr C 113
Thu	1 only	1:30pm-4:30pm
04/26	Northside Lea	rning Ctr C 113

# Profit & IT

# Computers - Technology



## WORD 2007 LEVEL II-BEYOND New BASIC FORMATTING 320647

From Headers and Footers to timesaving formatting techniques, this course brings a lot to the table. This course explains each of the following features; Creating Hyperlinks, Page Breaks, Indents and Spacing, Margins, Setting Tabs, formatting Tables, ClipArt, Pictures and Shapes. Whether new to Word or wanting to learn new techniques, gain insight for increased productivity and professional looking documents with Word 2007. Prerequisites; Word 2007 Level I. Instructor: Ramirez.

		ι αιαστι φου
Fri	1 only	1:30pm-4:30pm
02/03	Northside	Learning Ctr C 113
Thu	1 only	1:30pm-4:30pm
03/08	Northside	Learning Ctr C 113
Fri	1 only	1:30pm-4:30pm
03/30	Northside	Learning Ctr C 113

Tuition \$39

320662

## WORD 2007 LEVEL III; CREATING A FILLABLE FORM

Word forms can be much more than something to print, fill out by hand and fax back. Interactive fields allow for a web-like user experience and submission via email or server can enable a truly paperless exchange of information. Word makes interactive form creation and distribution more powerful and flexible than ever! Learn the fundamentals of Word forms and fields and explore the built-in form creation tools available in Word 2007. Prerequisites; Word 2007 Levels I & II. Instructor: Ramirez.

		Tuition \$39
Fri	1 only	1:30pm-4:30pm
02/10	Northside	Learning Ctr C 113
Fri	1 only	1:30pm-4:30pm
04/13	Northside	Learning Ctr C 113

## WORD 2007 LEVEL IV; FORMATTING LONG DOCUMENTS

Ne<sup>W</sup> 320709

Word is a powerful and popular program, yet most people use only a fraction of its features. Whether it's a research paper, a product catalog, a technical manual, or a business report, every document needs a compelling format. Although the content and the length may differ, long documents have similar formatting challenges. Learn Word's more advanced features and discover how to create a macro, an index, a list of figures and a table of contents. Be trained on best practices for producing printed documents with a professional look. **Prerequisites**; **Word 2007 Level I & II.** Instructor: Ramirez.

		Tuition \$39
Fri	1 only	1:30pm-4:30pm
02/17	Northside	Learning Ctr C 113
Fri	1 only	1:30pm-4:30pm
04/20	Northside	Learning Ctr C 113

## WORD 2007 LEVEL V; MAIL MERGE, CREATE ENVELOPES AND LABELS 320666

Steve Ramirez will teach you how to use Microsoft Word to address, format and print envelopes and labels. Whether to a single recipient or multiple addresses, timesaving techniques are shown that result in crisp and elegant correspondence. Learn how to create a recipient list within Word or retrieve an existing contact list in Outlook, and then use the list in mail merge to address labels or envelopes. Topics such as customizing labels with graphics, printing electronic postage and dealing with common printing errors will also be discussed. **Prerequisite; Word Levels I and II.** 

		Tuition \$39
Fri	1 only	1:30pm-4:30pm
02/24	Northside	Learning Ctr C 113
Fri	1 only	1:30pm-4:30pm
05/04	Northside	Learning Ctr C 113

# Profit & IT

# Computers - Technology continued from page 5

NeW

#### **WORD 2007 LEVEL VI; CHARTS AND TRACKING CHANGES** 320710

Word 2007 offers enhanced charts features. Learn how to create eye catching charts that illustrate data in a more informative way. This course also introduces illustrating documents with SmartArt. A SmartArt graphic is a visual representation of your information to effectively communicate your message or ideas. This course also covers proofing documents, reviewing documents with others, sharing and securing documents, tracking changes and showing markup. All in all you will gain insight for increased productivity and professional documents with Word 2007. Prerequisites; Word Levels I and II. Instructor: Ramirez.

		Tuition \$39
Fri	1 only	1:30pm-4:30pm
03/02	Northside Le	arning Ctr C 113
Fri	1 only	1:30pm-4:30pm
05/11	Northside Le	arning Ctr C 113

## **EXCEL 2007 LEVEL1 SEE PAGE 2-3**

NeW 2020004

### **EXCEL 2007** LEVEL I

#### 320625

Start your electronic spreadsheet training in Microsoft Excel. Learn the fundamentals of the Excel 2007 user interface along with worksheet basics, such as entering labels, values and formulas, editing and formatting a worksheet and chart creation. Instructor: Ramirez.

		Tuition \$39
Fri	1 only	9:00am-12:00pm
01/27	Northside	Learning Ctr C 113
Thu	1 only	9:00am-12:00pm
03/01	Northside	Learning Ctr C 113
Fri	1 only	9:00am-12:00pm
03/23	Northside	Learning Ctr C 113
Tue	1 only	1:30pm-4:30pm
04/24	Northside	Learning Ctr C 113

### **EXCEL 2007** LEVEL II

#### 320628

Learn more about creating and editing Excel Charts, managing Workbooks, working with page layout and printing. Explore more Excel functions and formulas and learn how to create and manage data lists. Excel 2007 Level I is required before taking this class. Instructor: Ramirez

		Tuition \$39
Fri	1 only	9:00am-12:00pm
02/03	Northside	Learning Ctr C 113
Thu	1 only	9:00am-12:00pm
03/08	Northside	Learning Ctr C 113
Fri	1 only	9:00am-12:00pm
03/30	Northside	Learning Ctr C 113

#### **EXCEL 2007 LEVEL III** FILTERS AND FUNCTIONS 320620

This exciting class begins by using a powerful feature known as filters for viewing information more efficiently. Steve Ramirez will show you how to create Date and Text filters. You will additionally learn how to use a powerful analyzing tool called Subtotals and more fill-handle examples for filling/copying data more efficiently. This class also serves as a formal introduction to formulas and functions. So you will walk away knowing how to create formulas and copy them correctly using relative and absolute referencing. Use statistical functions (Sum, Average, Min and Max) and Logical Functions (If, And, Or) and paste special options. Prerequisite; Excel level I or equivalent experience.

		Tuition \$39
Fri	1 only	9:00am-12:00pm
02/10	Northside L	earning Ctr C 113
Fri	1 only	9:00am-12:00pm
04/13	Northside L	earning Ctr C 113

## **EXCEL 2007 LEVEL IV; FORMULAS AND FUNCTIONS**

Steve Ramirez demystifies some of the most challenging of the 300 plus formulas and functions in Excel and will teach you how to put them to their best use. Begin with a review of the more basic building-block functions and a few critical keyboard shortcuts that will speed up working with Excel data, even on a multiple of sheets. Learn how to perform advanced searching and data retrieval with Lookup Functions, tabulate and sort data with counting and statistical functions, formulate data with text and math functions and even work with financial data using advanced formulas. Practical examples that will help you transition to using these formulas and functions in real-world scenarios will be provided. Prerequisite; Excel Levels I, II and III.

		Tuition \$39
Fri	1 only	9:00am-12:00am
02/17	Northside Le	earning Ctr C 113
Fri	1 only	9:00am-12:00am
04/20	Northside Le	earning Ctr C 113

## **EXCEL 2007 LEVEL V**; **CREATING**

## **BUSINESS BUDGETS**

This class is perfect for business owners and managers who work with budgets. Learn how to use Excel spreadsheets to track cash on hand, and how to project income and expenses based on scenarios. You will also learn how to take information from various sources to create a single Excel table, and then use the PivotTables to analyze the data. Prerequisite; Excel Levels I, II and III Instructor: Ramirez.

		Tuition \$56
Fri	2 wks	9:00am-12:00pm
02/24	Northside Le	earning Ctr C 113
Fri	2 wks	9:00am-12:00pm
05/04	Northside Le	earning Ctr C 113

## **EXCEL 2007 LEVEL VI: SETTING UP A DATABASE IN EXCEL**

## NeW 320711

In this course, learn how to use Excel for creating a simple database. The course explains the limits of Excel as a data management tool and spells out the design considerations for creating a database. It also demonstrates using tables to simplify database creation as well as the Form and Data Validation tools to manage data. Topics also discussed: Understanding database design concepts, using the Text to Columns feature, creating fields, and adding total fields. Prerequisites; Excel I - III. Instructor: Ramirez.

		Tuition \$39
Fri	1 only	9:00am-12:00pm
03/09	Northside	Learning Ctr C 113
Fri	1 only	9:00am-12:00pm
05/18	Northside	Learning Ctr C 113

**ACCESS 2007 LEVEL I ON-LINE** 2020006 **SEE PAGE 2-3** 

## ACCESS 2007 LEVEL I

#### 320629

Learn the fundamentals of Access 2007 user interface, along with database basics such as creating, saving, closing and opening an Access database. Learn how to create simple tables, with emphasis on understanding data types, field sizes and field properties. You will also learn how to create simple forms, select queries and reports from the tables you create. Instructor: Ramirez..

Tuition \$39 Sat 9:00am-12:00pm 01/28 Northside Learning Ctr C 113 Wed 1 only 1:30pm-4:30pm 04/25 Northside Learning Ctr C 113

## **ACCESS 2007** LEVEL I (LONG COURSE)

#### 320154

In a longer, 16 hr. course, students will have more practice in learning how to design and create databases which can be used in conjunction with Word, Excel and/ or PowerPoint. Mailing lists, catalogues, inventories and resource providers are just a few of the uses of this program. You will begin to understand tables, gueries, forms and reports. Introduction to Personal Computers & Windows is required to take this class. Instructor: Sanchez.

> Tuition \$101 Book \$39 Mon, Wed 4 wks 6:30pm-8:30pm Holmes HS H 204 02/06

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\*SAT/ACT Preparation Classes are Available Online

#### ACCESS 2007 LEVEL II

#### 320630

Understanding relationships between objects in an Access database is vital. Learn how to develop and create relationships between tables and how to use these relationships to develop simple and complex queries. Access 2007 Level I is required before taking this class. Instructor: Ramirez

		Tuition \$39
Sat	1 only	9:00am-12:00pm
02/04	Northside Le	earning Ctr C 113
Tue	1 only	9:00am-12:00pm
03/06	Northside Le	earning Ctr C 113

#### ACCESS 2007 **LEVEL III DESIGNING USEFUL FORMS 320670**

Learn how to create useful forms to better manage your database. Create forms in design view containing option buttons, check boxes, combo boxes and list boxes. Learn to customize the tab order in forms, add form headers and footers and use Format Painter and AutoFormat to make formatting easy. Also learn how to create a switchboard to manage all your forms. Prerequisite; Access Levels I and II. Instructor: Ramirez.

Tuition \$56 Sat 2 wks 9:00am-12:00pm 02/11 Northside Learning Ctr C 113

## **ACCESS 2007 LEVEL IV CREATING RELATIONSHIPS 320051**

You will learn advanced techniques to enhance your database designs by applying the principles of normalization and table relationships to maintain the integrity of your data. Learn 3 Normal Forms and how to create one to one, one to many, and many to many relationships. Prerequisite; Access Levels I-III. Instructor: Ramirez...

		Tuition \$39
Sat	1 only	9:00am-12:00pm
02/25	Northside L	earning Ctr C 113

320650

320500

## POWERPOINT LEVEL I **ON-LINE SEE PAGE 2-3**

#### **POWERPOINT 2007** LEVEL I

Learn how to use Microsoft PowerPoint 2007 to create impressive slide presentations filled with formatted text, images, video, audio, animation, charts, and hyperlinks. Find out how to save your presentations so you can share them with others over the Web or on CDs. Instructor: Ramirez.

		Tuition \$39
Wed	1 only	1:30pm-4:30pm
02/01	Northside	Learning Ctr C 113
Sat	1 only	9:00am-12:00pm
03/24	Northside	Learning Ctr C 113

### **POWERPOINT 2007** LEVEL II

Learn how to add effects, features and charts in Microsoft

PowerPoint 2007 to enhance your current presentations. Delve deeper into PowerPoint's rich features by exploring the many text options, Adding Pictures and Charts, using SmartArt, Custom Animations and adding sound/movie clips. We will also learn about slide masters, content slides and action buttons while creating a non-linear presentation. Prerequisite; PowerPoint 2007 Level I Instructor: Ramirez.

	ZUUI ZUUUI I IIIOGI GOGOT. TRAITIII OZ		
	Tuition \$39		
Wed	1 only 1:30pm-4:30pm		
02/08	Northside Learning Ctr C 113		
Sat	1 only 9:00am-12:00pm		
03/31	Northside Learning Ctr C 113		

## **POWERPOINT 2007 LEVEL III - NON LINEAR PRESENTATION**

#### 970012

PowerPoint 2007 level III extends what was learned in parts I and II. Learn to create a non linear presentation with hyperlinks and a switchboard. Also learn how to work with Master slides to increase efficiency and consistency in your presentations. Learn how to share your presentation without the need for PowerPoint. Prerequisites: PowerPoint Levels I and II. Instructor: Ramirez...

> Wed 1:30pm-4:30pm 1 only 02/15 Northside Learning Ctr C 113

#### **AUTOCAD BASICS**

Learn the fundamentals of computer-aided drafting using AutoCAD Lt. Learn how to draft using the AutoCAD program for technical drawings in the architecture or engineering field. The course material will be presented in a series of brief demonstrations and you will be provided with weekly exercises in class and work individually or in groups on a final drawing assignment at the end of the course. This is not a programming course and no programming skills are required, however, a working knowledge of personal computers is mandatory in order to take this class. Instructor: Gonzalez.

Tuition \$137 Book \$42 6 wks 8:30am-12:30pm Tue 01/31 Northside Learning Ctr C 111 Tue, Thu 4 wks 6:00pm-9:00pm 01/31 Northside Learning Ctr C 111

## **Career Opportunity**

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## CARPENTERS

Bernard Helge.....210-435-6596

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Russell Hughey.....210-225-8900

## **IRON WORKERS**

Scott Kitchen ...... 210-532-1152

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## SHEET METAL

John Garza ......210-349-3350



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## Web Design & Development Certificate Program

## WEB DESIGN & DEVELOPMENT CERTIFICATE PART I 1020001

This program provides professional training in creating a website using Adobe Dreamweaver CS4, JavaScript, XHTML and CSS. It consists of 12 sessions for a total of 36 hours of instruction and practical experience in what you need to know to create a website. This course will have a strong emphasis on Cascading Style Sheets from fundamentals to styling menus and forms. You will create and manage styles using CSS within Dreamweaver. The instructor Steve Ramirez will show you how to use Dreamweaver to resolve style conflicts; and the best way to create lightweight, site-wide style sheets. The CSS Topics include; Styling form elements, controlling layout and positioning through styles. JavaScript will be incorporated to fully realize a site's potential, from understanding the basics to creating real world forms and controls. A working knowledge of Personal Computers and Windows is required. A \$25 materials fee is payable to the instructor at the beginning of the class.

Tue, Thu 6 wks 6:30pm-9:30pm 01/31 Northside Learning Ctr C 113

## WEB DESIGN AND DEVELOPMENT CERTIFICATE PART II 1020002

This program provides professional training in enhancing your website using Adobe Dreamweaver CS4, Flash, Photoshop, Illustrator and Fireworks. It consists of 12 sessions for a total of 36 hours in instruction and practical experience in what you want to know. This course will have a strong emphasis on creating workflows from these applications to Dreamweaver. You will walk away with a wealth of knowledge of enhancing images, creating flash files, drawing vector graphics and layouts using Photoshop. The instructor Steve Ramirez will show you how to use Flash as a powerful multimedia creation tool that can be used to build animations. Steve then provides a primer on the array of graphics that can be created and combined in Fireworks, layered Photoshop and Illustrator files, and files in the native Fireworks format. A working knowledge of Personal Computers and Windows is required. A \$25 materials fee is payable to the instructor at the beginning of the class.

Tuition \$329
Tue, Thu 6 wks 6:30pm-9:30pm
03/27 Northside Learning Ctr C 113

#### **WEB SITE DEVELOPMENT** 320627

Learn how to create a website using the Dreamweaver and Fireworks applications. In addition to an overview of these two applications, you will also learn how to create websites using style sheets. A strong understanding of basic computer functions (creating files and folders) is required to take this class. A \$10 book fee is payable to the instructor. Instructor: Ramirez...

Tuition \$97
T,Th,T 3 days 1:30pm-4:30pm
02/14 Northside Learning Ctr C 113
T,Th,T 3 days 1:30pm-4:30pm
04/03 Northside Learning Ctr C 113

## WEB SITE DEVELOPMENT LEVEL II 320438

You will develop advanced web designs using templates and libraries. In addition, you will also learn about image rollover and advanced usage of tables, graphics, and cascading style sheets (CSS) as well as the ability to FTP (File Transfer Protocol) and the utilization of Dreamweaver's powerful synchronization tool. Mandatory prerequisite; Web Page Development Level I. Instructor: Ramirez.

Tuition \$97
Th,T,Th 3 days 1:30pm-4:30pm
02/23 Northside Learning Ctr C 113
Th,T,Th 3 days 1:30pm-4:30pm
04/12 Northside Learning Ctr C 113

## WEB SITE DEVELOPMENT III New PRACTICAL WORKSHOP 320683

So you started work on your website and you realize you need help to continue. Bring your design to class; your templates; html documents; CSS, images and content. Prepare (prior to class) by writing down a list of issues with your design. Your instructor, Steve Ramirez will evaluate your design and assist you in completing an effective website. A working knowledge of Dreamweaver, html, and CSS required. **Prerequisite; Website Development I.** Instructor: Ramirez.

Tue, Thu 2 wks 1:30pm-4:30pm 05/01 Northside Learning Ctr C 113

## PHOTSHOP ELEMENTS LEVEL I ON-LINE NeW 2020007 SEE PAGE 2-3

#### PHOTOSHOP ELEMENTS LEVEL I

L I 320643

Photoshop Elements is a no-frills, simplified version of Adobe Photoshop that is useful for basic image and photo editing. Your patient and talented instructor will show you how to use the editing tools for making changes to images, as well as the use of layers to organize the parts of a complex image. Learn to add text, use filters and prepare photos for use in a web page or for printing! Instructor: Ramirez.

Tuition \$79 Book \$42
Thu 1 only 8:30am-5:00pm
02/02 Northside Learning Ctr C 113
Mon, Wed 1 wk 1:30pm-4:30pm
04/09 Northside Learning Ctr C 113

## PHOTOSHOP ELEMENTS LEVEL II 320557

Delve further into Photoshop Elements. Enhance your photos by improving the contrast using several different methods. Learn to work with damaged photos by using layers to improve the clarity of even old photographs. Dress up your photos by adding borders and text. Become much more familiar with the PhotoShop Elements Toolbox. Instructor: Ramirez.

Tuition \$79
Thu 1 only 8:30am-5:00pm
02/09 Northside Learning Ctr C 113
Mon, Wed 1 wk 1:30pm-4:30pm
04/16 Northside Learning Ctr C 113

HOW TO USE YOUR DIGITAL CAMERA ON-LINE 2020011 SEE PAGE 2-3

## HOW TO USE YOUR DIGITAL CAMERA 320640

Learn how simple it is to download your photos off your own digital camera to your computer. Discover how to resize and email these photos to your friends and family. The class is designed for PC users, and you must have an established email account to take this class. Don't forget to bring your digital camera and a battery charged USB cord with you to class. Instructor: Ramirez.

Mon 1 only 1:30pm-4:30pm 02/20 Northside Learning Ctr C 113

## PICNIK- PHOTO EDITING New 320638

Get ready for the most fun and awesome online photo editor out there: PICNIK! Picnik allows you to do photo editing online, in your browser. It gives real people photo editing superpowers. It's fast, easy, and offers tons of powerful tools, artistic effects, stickers, frames, touch-ups, scrapbooking tools and more. No need for expensive photo editing software because it's all for free. You can save your photo projects right to your PC. Bring a flashdrive to save your work or email account information to send them to someone. PC knowledge required. Instructor: Ramirez.

Tuition \$39 Wed 1 only 1:30pm-4:30pm 02/22 Northside Learning Ctr C 113

## ADOBE ACROBAT 9.0 LEVEL I -PDF'S MADE EASY

## NeW 320621

With Acrobat 9 PRO, Adobe continues to evolve the venerable PDF (Portable Document Format) from a simple paperless document into a collaborative hub for many forms of digital communication. Explore the many new and enhanced features in Acrobat. Learn different ways to create and modify PDFs, navigating, reviewing, and how to combine them with other files into a PDF Portfolio. Topics also covered: creating bookmarks and links and setting encryption, passwords, and other security features. Instructor: Ramirez.

Tuition \$79 Wed 1 only 8:30am-5:00pm 01/25 Northside Learning Ctr C 113

ADOBE ILLUSTRATOR CS4 LEVEL I ON-LINE New 2020009 SEE PAGE 2-3

#### **ADOBE ILLUSTRATOR CS4 320614**

No, you don't have to be a graphic artist to effectively use Adobe Illustrator! If you create graphics for print or web delivery, you'll find that Illustrator offers unmatched flexibility in creating professional vector graphics (illustrations). Our talented instructor will teach you the ins and outs of Illustrator. Learn how to work with shape tools, drawing paths, formatting the objects 'fill' and 'stroke', working with brushes, swatches, 3D graphics, Text you will create many amazing illustrations in Illustrator. An \$8 materials fee is payable to instructor at classes. Instructor: Ramirez.

Tuition \$56 Mon, Wed 1 wk 6:30pm-9:30pm 02/20 Northside Learning Ctr C 113

## ADOBE ILLUSTRATOR CS4 LEVEL II 320615

Learn how to combine and clean up paths and organize them into groups and layers. Explore text editing, working with color, expressive brush drawing, effects, creating text on a path, using the magic wand and lasso selection tools. An \$8 materials fee is payable to the instructor at class. Instructor: Ramirez...

Tuition \$56 Mon, Wed 1 wk 6:30pm-9:30pm 02/27 Northside Learning Ctr C 113

# ADOBE PHOTOSHOP CS4 LEVEL1 ON-LINE SEE PAGE 2-3 NeW 2020001

## ADOBE PHOTOSHOP CS4 LEVEL I 320079

Photoshop is a photo-rendering program. It is used by professionals to color-correct and touch-up photos as well as give the user the ability to add text, effects and filters. Our instructors will introduce you to the tools and palettes used in this program. Learn how to touch up photos, import images, add effects and filters to elements in your documents, organize layers and save your images for the web. A working knowledge of Personal Computers and Windows is required to take this class. An \$8 book fee is payable to the instructor at class. Instructor: Ramirez.

Tuition \$56
Tue, Thu 1 wk 9:00am-12:00pm
02/14 Northside Learning Ctr C 113
Mon, Wed 1 wk 6:00pm-9:00pm
03/19 Northside Learning Ctr C 113

#### ADOBE PHOTOSHOP CS4 LEVEL II

#### 320616

You'll be amazed at what you can do by combining multi-layered images, masks and filters to easily create incredibly sophisticated and professional looking pictures. Learn how to extract images from a complex background, combine multiple images and text into a single 'composited' image and much more! Photoshop I is required before taking this class. Instructor: Ramirez.

Tue, Thu 1 wk 9:00am-12:00pm 02/21 Northside Learning Ctr C 113 Mon, Wed 03/26 Northside Learning Ctr C 113

## FUNDAMENTALS OF GRAPHIC DESIGN USING ADOBE INDESIGN CS4 320472

InDesign is the industry standard page layout application. Whether you are creating a newsletter, magazine article/cover or just interested in learning how the process is done this Level I class will provide you with this knowledge. You will receive a thorough explanation of the core features and techniques that make this powerful page layout application fun and easy to use, providing you with a foundation upon which advanced skills and workflows can be built. Learn how to navigate and customize the workspace, manage documents and pages, work with text frames and graphics, export and print finished documents and much more. Strong PC experience is required to take this class. Instructor: Ramirez.

Tuition \$56 Mon, Wed 1 wk 6:30pm-9:30pm 02/06 Northside Learning Ctr C 113

320695

# INTRODUCTION TO GRAPHIC DESIGN USING ADOBE INDESIGN LEVEL II

As a followup to InDesign Level I, learn how to adjust layouts and master pages, formatting objects, characters, and paragraphs. Using the Story Editor, learning keystroke commands for important actions, understanding color and separations, using the preflight and package features to ensure successful printing. Prerequisite; InDesign level I. Instructor: Ramirez.

Mon, Wed 1 wk 6:30pm-9:30pm 02/13 Northside Learning Ctr C 113

## FACEBOOK FOR YOUR BUSINESS 320681

Steve Ramirez will show you dozens of ways to promote a company's brand, increase sales, drive traffic to a site, and engage with customers using one of the hottest social networking venues today. Steve teaches not only the fundamentals of social media marketing, but also how to create a professional, top-level presence that can put a company in the viral marketing sweet spot. Learn how to create Facebook fan pages, develop a balanced messaging strategy and learn the difference between pages and groups, build Facebook advertising, and understand how to use Facebook analytics. An email account required to register on Facebook. Prerequisite; Facebook Fundamentals or equivalent experience.

Tuition \$37
Tue 1 only 9:00am-12:00am
02/07 Northside Learning Ctr C 113
Wed 1 only 6:00pm-9:00pm
03/07 Northside Learning Ctr C 113

#### FACEBOOK FUNDAMENTALS

#### 320692

Learn how to navigate the world's most popular social network. The course covers the basics; starting with creating a profile, making and finding Facebook friends; communicate via status updates, wall posts, chat, sharing photos, videos and links. Find out about the advanced features of Facebook, including permissions and add-in applications. So what are you waiting for, start facebooking today! An email address is required to take this course and register on Facebook. Instructor: Ramirez.

Tuition \$39
Tue 1 only 9:00am-12:00pm
01/31 Northside Learning Ctr C 113
Mon 1 only 6:00pm-9:00pm
03/05 Northside Learning Ctr C 113

#### **GOOGLE ADWORDS**

## 320698

Learn how to leverage the power of paid search advertising. This course shows how to start using this advertising platform to reach an enormous audience of potential customers with relevant messaging and measure the return on investment. Receive a thorough look at the AdWords platform and interface, and lessons on keyword research, and campaign optimization. Other Topics include: Creating an account and your first campaign; Targeting locations, languages, and other demographics; Writing effective text ads and using image ad formats; Understanding bidding options; and researching, organizing and adding keywords. Instructor: Ramirez.

Tuition \$39

Mon 1 only 1:30pm-4:30pm
04/23 Northside Learning Ctr C 113

## GOOGLE ANALYTICS 320697

Google Analytics shows how to use Google's widely used web analytics platform to generate detailed information about the visitors to a web site, giving insights into web site traffic, user behavior, and marketing effectiveness. This course covers account setup to understanding reports, while explaining how to extract insights from the vast array of data available. Topics include; Setting up an account, Reading the dashboard and understanding high level metrics, Understanding how visitors use and navigate web site content, Tracking AdWords and other marketing campaigns, and sharing data and reports. Instructor: Ramirez.

Mon 1 only 1:30pm-4:30pm 04/30 Northside Learning Ctr C 113

## BUYING AND SELLING ON EBAY LEVEL I 320070

Do you keep hearing about all the bargains on e-bay, but don't know where to begin? Let our talented instructor show you how to register as an official e-bay buyer! Also learn about PayPal and other payment options, what ID verified is, Feedback and My e-bay. Tour the site and learn about Regular Auctions, Buy It Now, Dutch Auctions, Reserves and Stores. This course is packed full of buying tips and strategies for auctions. A \$6 materials fee is payable to the instructor at the first class. A working knowledge of Personal Computers and the internet is required before taking this class. Instructor: Ramirez.

Tue 1 only 1:30pm-4:30pm 01/31 Northside Learning Ctr C 113

# STUDENT INFORMATION

## **TUITION AND FEES**

- Tuition and posted book/supply fees are payable in full at the time of registration. Books are delivered to students at the first class meeting.
- Additional fees for course materials, supplies, and textbooks may vary. Students should be prepared to pay additional fees the first class session as noted in course description. Please do not send us supply fees that are payable to the instructor.
- Returned Check fee of \$25 will be charged for checks returned by your bank
- Credit card use is subject to verification.
- Confirmation of Mail-in Registration will be sent if you supply us with a self-addressed stamped envelope.

## REFUNDS AND CANCELLATIONS

- Classes cancelled by Community Education will result in full refund by mail or by credit card. Refunds will be made automatically. Allow four to five weeks for processing of check and cash.
- Credit vouchers are good for one year only from date of issue.
  Student-initiated refunds will be
- Student-initiated refunds will be given if requested at least two working days before the day of the first class meeting. After that time, no refunds can be given.

## NO REFUNDS ARE ISSUED IF YOU FAIL TO ATTEND CLASS.

 All class cancellations or transfers initiated by the student are subject to a processing fee of \$12.00 per course.

**NOTE**: Most of our classes are designed for adults only. 16 years and older may attend. Children under 16 are admitted depending on the nature of the class and must be accompanied by a paying adult.



## Stay Connected. . .

## GOOGLE! IT'S MORE THAN A SEARCH ENGINE 320483

Looking to upgrade your on-line experiences? Want to be more efficient and productive on the web in less time? Google is a powerful tool and so much more than your average search engine! Sign-up now and let our technology teacher put you in the driver's seat for the super highway ride of your life as you learn about Google Groups, Answers, Catalogues, and Google Labs, just to mention a few. English not your first language? Google has Language Tools. Most importantly, learn about the FREE services available to you. Whether you're looking for a college, want to shop or just want to test drive the latest in web technology, Google has you covered. And if that doesn't whet your appetite, how about Froogle, Blogger and Scholar? Don't know what we're talking about? Well, come on baby, let's Google! Instructor: Ramirez...

Tuition \$39
Tue 1 only 1:30pm-4:30pm
02/07 Northside Learning Ctr C 113

## IPAD FUNDAMENTALS 320671

There are certain basics that you need to learn with any device. The iPad is no exception. Michael the Mobile Coach will show you how to manage basic settings and teach you how the iPad and iTunes work together. Invest an evening learning about your iPad - it will be worth your time. Instructor: Espinoza.

Tuition \$18 Wed 1 only 6:30pm-8:30pm 03/28 Northside Learning Ctr C 111

## **IPHONE FUNDAMENTALS 320607**

Michael the Mobile Coach can show you how to maximize the abilities of your iPhone in this short class. You will discover how to change basic settings, setup Bluetooth, WiFi, find the best apps, multitask and more. Save time by getting more organized by syncing your iPhone with Outlook, Google and other services. Instructor: Espinoza.

Tuition \$18
Wed 1 only 6:30pm-8:30pm
03/21 Northside Learning Ctr D 114

## ITUNES- MUSIC AT YOUR FINGERTIPS 320588

iTunes is a digital media player application designed for playing and organizing digital music and video files. Our tech savvy instructor, will show you how to download songs (purchase), create and manage playlists, make CD's, rip CD's and more! This class is a demonstration class only. Instructor: Espinoza.

Tuition \$18 Mon 1 only 6:30pm-8:30pm 03/26 Northside Learning Ctr C 111

## **Free Workshop for Parents**

The Precious Minds New Connections workshop is for interested parents, expectant parents, foster parents, grand parents, and others caring for children under 4 years old.



CLASSES RUN FOR EIGHT WEEKS MEETING ONCE A WEEK FOR 2 HOURS

COME EXPERIENCE A <u>FUN WAY</u> TO LEARN ABOUT YOUR CHILD'S DEVELOPMENTAL STAGES!!!!!!!!!!

Graduates receive a free ticket to the San Antonio Zoo

Clases disponibles en Español

For information or to register call (210) 397-7960 FREE FOOD! FREE CHILDCARE!

DOOR PRIZES!

Classes are offered mornings, evenings, and weekends at several locations. Topics include brain development, understanding discipline, ages and stages of child development, and much more.

# Computer Classes For People 55 Plus



### COMPUTER BASICS FOR SENIORS PART I

320496

A course specifically designed for people who are 55 years or older and want to enter the computer age. Steve Ramirez will teach you the fundamentals of using a PC; from using the mouse, keyboard, to typing a document on your computer and finally saving to a CD. You will learn lots of computer terminology, how to identify items on your computer and the basics of windows. Don't delay! The computer age awaits! A \$15 supply fee is payable to instructor at the beginning of class.

Tuition \$64
Mon, Wed 3 wks 9:00am-12:00pm
02/06 Northside Learning Ctr C 113
Tue, Thu 3 wks 9:00am-12:00pm
04/03 Northside Learning Ctr C 113

## COMPUTER BASICS FOR SENIORS -THE NEXT STEP

320509

This is a continuation course specifically designed for people who have completed the Computer Basics for Seniors class. So you've learned some of the basics of computers-don't stop there! Continue expanding your skills by delving deeper into the Windows environment. You will learn how to organize files and folders, the basics of Word 2007 for letter writing, and an introduction to Excel 2007 (creating spreadsheets) for making your life more organized and simplified! A \$15 supply fee is payable to instructor at the beginning of class. Prerequisite; Computer Basics for Seniors Instructor: Ramirez.

Mon, Wed 03/19 Solution 3 wks 9:00am-12:00pm Northside Learning Ctr C 113 Tue, Thu 04/24 Solution 3 wks 9:00am-12:00pm Northside Learning Ctr C 113

## COMPUTER BASICS FOR SENIORS LEVEL III 500006

Learn how to work with multiple windows and more aspects of the Control Panel such as removing programs and keeping your computer healthy. Also learn advanced features of Word and an Introduction to Publisher to make a greeting card and other creative publications! A \$15 supply fee is payable to instructor at the beginning of class. Prerequisite; Computer Basics for Seniors-The Next Step. Instructor: Ramirez.

Mon, Wed 04/09 Suks 9:00am-12:00pm 04/09 Northside Learning Ctr C 113 Tue, Thu 05/15 Northside Learning Ctr C 113

## **EMAIL BASICS FOR SENIORS**

320524

A course specifically designed for people who are 55 years of age or older and want to learn the ins and outs of using email via the Internet. A \$12 supply fee is payable to instructor at the beginning of class. Prerequisite; Computer Basics for Seniors and Internet Basics. Instructor: Ramirez.

Tuition \$56

Mon, Wed 2 wks 1:30pm-4:30pm 02/27 Northside Learning Ctr C 113 Mon, Wed 2 wks 9:00am-12:00pm 04/30 Northside Learning Ctr C 113

## INTERNET BASICS FOR SENIORS

320485

Learn the basics of what the Internet is, how it works, and what it can do for you. Professional Trainer Steve Ramirez will guide you step by step in learning about search engines (vehicles that assist you in obtaining information), web browsing and other key components in mastering the art of navigation of the World Wide Web. \$12 materials fee is payable to instructor at the beginning of class. Prerequisite; Computer Basics for Seniors.

Mon, Wed 2 wks 9:00am-12:00pm 02/27 Northside Learning Ctr C 113

# Share Your Love of Reading



## **Over 50?**

Want to do something fun & rewarding?

## Read to a child.

- Complete in-depth training.
- Meet with a child in grades 1, 2, or 3.
- One hour, one day a week.

## **OASIS**

The OASIS Intergenerational
Tutoring Program promotes literacy
with a proven approach to help
children read at grade level. For
18 years, OASIS Tutors have been
helping children build reading skills,
self-esteem and a positive attitude
toward learning.

2201 St. Cloud

Call OASIS at 236-5954 or NISD at 397-8104





The OASIS program is sponsored by Well-Med, The City of San Antonio, Warm Springs Foundation and Morningside Ministries.

# **Profit & IT**Become Your Own Boss

## HANDWRITING ANALYSIS FOR FUN & PROFIT

970011

Tuition \$36

Find out what it takes to become a forensic handwriting analyst. Certified Handwriting Analyst Frank Gutting will teach you some of the basics of this in-demand skill. Learn how to interpret the traits that are commonly found in handwriting; learn what a persons' signature reveals about them and how handwriting can be used as a basic health indicator. Handwriting Analysis is used in different fields for many reasons. Come and find out how you can jumpstart your education and training in this exciting field or just come to learn what your handwriting says about you and others around you. You will get to participate in a handwriting analysis sample.

Tuition \$36

Mon 1 only 6:00pm-9:00pm
02/07 O'Connor HS E 105

Wed 1 only 6:30pm-9:30pm
04/25 Northside Learning Ctr B 104

# PRIVATE INVESTIGATOR 101 HOW TO BECOME A LICENSED PRIVATE INVESTIGATOR IN TEXAS 970002

Here's your chance to find out everything you've always wanted to know about being a Private Investigator in Texas but were afraid to ask! First, we'll talk about what it's like being a private investigator and what it's not like. Second, we'll talk about the kind of work Private Investigators do and who hires them to do it. Finally, we'll show you how to become a licensed private investigator in Texas. Instructor: Fulmer.

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Thu	1 only	6:30pm-9:30pm
02/16	O'Connor H	S g 107
Mon	1 only	6:30pm-9:30pm
04/23	Northside Le	earning Ctr B 104

## \$1,000 PER DAY AS A CONSULTANT 310114

It's a changing world and we have to change with it. Many people are wondering if going out on a limb into the unknown, referred to as 'Consulting', might be the right path. Steve Veltkamp will teach you about the ABC's of consulting, how to decide if it can be right for you, how to look realistically at your skill base,how to set up once you've made your decision, what to expect, and the consultant's 'Code of Ethics'. A \$6 materials fee is payable to instructor at class, and an optional \$36 instructional manual on CD is available.

Tuition \$36
Thu 1 only 6:15pm-9:15pm
03/01 O'Connor HS E 105
Sat 1 only 1:00pm-4:00pm
05/12 Northside Learning Ctr B 104



## 25 HOT HOME BASED BUSINESSES TO START FOR UNDER \$1000

310195

Want to be your own boss, but not sure what kind of business to start? We'll explore at least 25 profitable home based businesses that you can start for less than \$1000. In fact, many can be started for almost nothing. For each business, we'll discuss start up requirements and finding the market niches, as well as provide you with an action plan. For more information visit, www.bizshop.com A \$5 materials fee is payable to the instructor at class. Optional Manual on CD is available for \$35. Instructor: Veltkamp.

Tuition \$38

Mon 1 only 2:00pm-5:00pm
02/27 Northside Learning Ctr B 104

Mon 1 only 6:15pm-9:15pm
05/07 Northside Learning Ctr B 104

## BECOME AN EVENT PLANNER!

970010

Learn how to create and coordinate successful special events. Develop skills, find resources and gain confidence to plan and produce any size or type of event. Find out what the experts and master planners already know so that you can avoid embarrassing and costly planning errors or production mistakes. After just a few weeks, you will become a knowledgeable event planner poised to produce any type of event. A \$6 materials fee is payable to instructor at class. An optional manual on CD is available for \$36. Instructor: Veltkamp.

Tuition \$38

Tue 1 only 2:00pm-5:00pm 05/08 Northside Learning Ctr B 104

## **CYBER-CASH**

31020

You can hardly go a day now without hearing about the Internet, or the now cliched "Information Superhighway". If you aren't a player quickly, you'll be playing catch-up for a long time. Yet most businesses have no clue about how to market their goods or services effectively in 'cyberspace.' This class will show you exactly how to turn the electronic world into a profitable one for you. We'll cover marketing on the Web, email without spamming, how to use other new media, and how to produce attention getting electronic brochures and catalogs. You don't need to know much if anything about computers- this is not a computer applications class-it's about how to make good money in the new world that is being formed as we speak. \$5 materials fee is payable to instructor at the beginning of class. An optional training CD is available for \$35. Instructor: Veltkamp.

Tuition \$38
Fri 1 only 2:00pm-5:00pm
05/11 Northside Learning Ctr C 106

#### GET PAID TO SHOP & RUN ERRANDS 310198

You love to shop- why not make money instead of just spending it on those shopping trips? For a low start-up cost you can establish a personal shopping or errand business to help busy people and shut-ins. By doing their daily tasks, shopping trips and chores, you can rapidly become invaluable and well compensated. Choose the perfect gift, drop off dry cleaning, shop for groceries, and more. Customers soon realize they can't live without you! This course shows how to get started, attract clients. Presented by Steve Veltkamp, President of Bizshop a professional training company. A \$5 materials fee is payable to the instructor at class. Optional class manual on CD is available for \$35. Instructor: Veltkamp.

Tue 1 only 6:15pm-9:15pm 05/08 Northside Learning Ctr B 104

# HOW TO START A PROFITABLE GREETING CARD BUSINESS 970005

Why should the big card companies get all the profits when you can tap into a growing market with your greeting cards? If you have a talent for creative artwork and/or great writing, this workshop is for you. Learn to market your cards in this expanding industry. We'll discuss where to get materials, what kinds of cards attract buyers, what buyers look for from an independent card company, and where to find viable outlets for your card style. We'll cover how to sell your ideas to the major card companies, and how to beat them in the marketplace with your own business. We'll also brainstorm and share ideas, so bring your cards, concepts and imagination! \$5 materials fee is payable to instructor at class. An optional manual on CD is available for \$30. Instructor: Veltkamp.

Wed 1 only 2:00pm-5:00pm 02/29 Northside Learning Ctr B 104

#### MAKE GREAT MONEY AS A SOCIAL MEDIA MANAGER

970004

Do you spend time on Facebook, Twitter and blogs? Turn your time online into a high earning income in what has been called the hottest new career, The Social Media Manager. It requires no degrees, but can easily bring you six figures of income per year. According to Inc. Magazine, 91% of all businesses are now attempting to use social media to promote themselves, but the vast majority do not have the knowledge or time to do it right. Find out ways to use social media most effectively for yourself and your clients, and how to market your new skills. You can do this as an in-house full time employee or as a freelance business. This is a high income activity you can do anytime, from anywhere, and it has a huge and growing demand- what more could one ask? A \$5 materials fee is payable to instructor at class. An optional training CD is available for \$35. Instructor: Veltkamp.

Tuition \$38
Tue 1 only 6:15pm-9:15pm
02/28 Clark HS C 228
Sat 1 only 9:30am-12:30pm

Northside Learning Ctr B 104

## MAKE MONEY USING BLOGS, FACEBOOK, YOUTUBE, AND OTHER SOCIAL NETWORKING TOOLS 310216

05/12

New ways of communicating and networking also offer new ways to profit. For little or no money you can find new customers for your existing business, freelance opportunities and ways to start a new venture. A \$5 supply fee is payable to instructor at class. An optional manual/CD is available for \$35 Instructor: Veltkamp.

Tuition \$38
Tue 1 only 2:00pm-5:00pm
02/28 Northside Learning Ctr B 104

## MAKE UP TO \$75 AN HOUR USING YOUR COMPUTER 320595

Make money in your spare time or even start your own business with a home computer! Whether you want to make part-time cash or a full-time income, this workshop will help you start a computer-based business. We will profile business ideas that earn from \$15 to well over \$75 an hour,including desktop publishing, graphic design, word processing, and programming, as well as Internet businesses. Find out how to shop the competition, market your services and set prices. We'll also discuss surfing to work on the Internet and locating regular and telecommuting job opportunities online! \$5 materials fee is payable to instructor at class. Optional manual is available for \$35. Instructor: Veltkamp.

Tuition \$38
Fri 1 only 2:00pm-5:00pm
03/02 Northside Learning Ctr C 112

## MAKE YOUR WEBSITE MAKE MONEY 310230

Have a great idea for an online store-or want to put your already existing business online? Want to know how to market and sell your products on the Internet, reaching millions of potential customers? This information packed seminar with Steve Veltkamp, will tell you exactly how to get started, answer all of your questions and reveal the advantages of internet retailing, how to get and keep customer's attention, how to price your product for maximum profits online, what really works on the web and more. The class is a gold mine of tips to get your Internet business up and profitable. A \$5 materials fee is payable to instructor at class. An optional training CD is available for \$35.

Tuition \$38
Wed 1 only 2:00pm-5:00pm
05/09 Northside Learning Ctr B 104

## MARKET YOUR GOODIES & OTHER SPECIALTY FOOD

310204

Taste sweet success by finding admirers and buyers of your delectable creations! Whether you make the perfect pecan pie, a hot sauce to die for, or the best brownie this side of Heaven, you'll discover how to turn your recipes into a thriving business. We'll discuss how to market your specialty food item in restaurants, retail outles, specialty food stores and through direct sales. Get valuable information on how to develop your product image to increase your impact. A \$5 material fee is payable to the instructor at class. Optional class manual on CD is available for \$35. Instructor: Veltkamp.

Tuition \$38
Thu 1 only 2:00pm-5:00pm
05/10 Northside Learning Ctr C 106

#### NEGOTIATING POWER

Negotiating can make a huge difference in your earnings, your relationships and your life; yet most have little training or experience at it. Learn how to win while making the other side feel good about it! With skillful negotiation, you can get people to take action on your behalf, give you concessions, like you more, and in general do what you want. \$5 materials fee is payable to instructor at the beginning of class. An optional \$35 CD is available. Instructor: Veltkamp.

Sat 1 only 9:30am-12:30am 03/03 Northside Learning Ctr C 112

## SIDELINES FOR SENIORS 970003

Retired doesn't mean you need to live on a fixed income! Learn a variety of ways you can bring in extra money! These are part-time businesses and freelance gigs that are particulary well suited to those over 50. They can be fun, can be started with very little investment, and can greatly improve your financial situation. While doing full-time business is always an option, learn about those opportunities that can easily fit into your lifestyle. \$5 materials fee is payable to instructor at the beginning of class. Optional class manual on CD is available for \$35 Instructor: Veltkamp.

Tuition \$38
Thu 1 only 2:00pm-5:00pm
03/01 Northside Learning Ctr B 104

## SMALL BUSINESS SUCCESS BOOT CAMP 310194

Let's face it, we are not trained by our education and work systems to be entrepreneurs, we are taught how to be good workers. This three hour seminar will jump start your small business by providing all the necessary basics- licensing, accounting, pricing and marketing- you need to get going. You'll leave with a plan of action and a clear idea of what is required to be one of the business success stories instead of one of the business failure statistics. Presented by Steve Veltcamp, President of Bizshop (www.bizshop.com) A \$5 materials fee is payable to the instructor at class. Optional Small Business Manual on CD is available for \$35.

Tuition \$38
Sat 1 only 1:00pm-4:00pm
03/03 Northside Learning Ctr C 106
Mon 1 only 2:00pm-5:00pm
05/07 Northside Learning Ctr B 104

#### SO YOU HAVE A GREAT IDEA!

310199

This class covers what to do when you've thought of that great new product or service. We cover getting a prototype developed, finding a manufacturer, getting patents and other protection and how to market your new product or service. \$5 materials fee is payable to instructor at the beginning of class. An optional training CD is available for \$35. Instructor: Veltkamp

Tuition \$38 Mon 1 only 6:15pm-9:15pm 02/27 Brandeis HS B121

## SUPER COOL FREEBIES FROM THE INTERNET

970006

Many of us spend lots of time online, we might as well be getting something for it! Enjoy learning the dozens of free things you can get online, while avoiding the scams. Times may be tight, but there really is a world of free items just waiting to be claimed by you. From coupons to services to free products, you'll save the cost of this class many times over! A \$5 manual fee is payable to instructor at class. An optional \$30 manual fee is available. Instructor: Veltkamp.

Tuition \$38
Thu 1 only 6:15pm-9:15pm
05/10 Northside Learning Ctr B 104

#### TRAVEL AND TEACH 970007

Do you love both travel and teaching? There are adult education centers across the country and beyond that rely on traveling teachers for some of their best programs. Steve Veltkamp, President of Bizshop, www.bizshop.com will teach you everything you need to know; who these centers are, how to approach them, what they pay and how to make each seminar series more profitable. You'll also learn techniques for wowing the attendees and ensuring your repeat trips. Becoming a traveling teacher cannot only make you a living, it can be adventurous, fun and will greatly enhance your expert status and marketing draw for any other business venture you undertake. A \$5 materials fee is payable to to instructor at class. An optional CD manual is available for \$30.

Wed 1 only 6:15pm-9:15pm 05/09 Northside Learning Ctr B 104

## TURN YOUR CRAFTS INTO CASH 310197

Can you create beautiful or interesting crafts? More than a hobby, crafts are a \$6.2 billion industry. Why not get your share? This course is for anyone who wants to turn their hobby into a moneymaking business. Even if you are already selling your crafts, you'll discover dozens of tips on how to improve sales and profitability. You'll learn how to prepare your crafts for selling, set prices, find the best outlets and expand your market or line. Marketing effectively is the key to profits and this seminar will show you how to do it on a low budget. Learn how to turn your crafts into a solid source of income. We'll also provide source listings on where you can obtain your materials for less and basic business knowledge to keep your enterprise running successfully. A \$5 materials fee is payable to the instructor at class. Optional Business Manual on CD is available for \$35. Instructor: Veltkamp

valiable for \$35. Instructor: Veltkamp
Tuition \$38
Wed 1 only 6:15pm-9:15pm
02/29 Marshall HS E 123

# Profit & IT

# **Business Training Solutions**

970008

## **Mobile Technology Series**

## **SMALL BUSINESS TECHNOLOGY SERIES-COMMUNICATION SERVICES 310241**

During this 1st class of the Small Business Technology Series, find out which Smartphone data and Voice plans are most effective for your company. Learn what internet service will give you the most bang for your buck for your home and office. Walk away understanding the values of using the 'right' communication services to increase your company's marketability and growth will also be discussed. Instructor: Espinoza.

Tuition \$20 Thu 1 only 6:00pm-8:00pm 02/02 Northside Learning Ctr D128

## **SMALL BUSINESS TECHNOLOGY SERIES-MOBILE TECHNOLOGY**

Mobile Technology can make your business, work day and life much more manageable, organized and efficient. There are so many on the market today. Find out which of the latest Smartphones and Tablet PC's can help you to take your businesses growth to the next level. These mobile technological devices litterally bring the world to your finger tips 24/7 and can help you introduce your business to the world. Instructor: Espinoza.

Tuition \$20 6:00pm-8:00pm 02/09 Northside Learning Ctr D128

#### **SMALL BUSINESS TECHNOLOGY SERIES-SOCIAL NETWORKS** 970009

Get Connected is a term you hear all the time. Find out how you can connect your business with the entire world by using Social Networks. Learn everything there is to know about what Social Networks are, how they operate and the immense marketing capabilities they possess. Find out which one will help you expand your business almost immediately. Social networks are here to stay, so don't let your business get left behind. Instructor: Espinoza.

Tuition \$20 6:00pm-8:00pm Thu 02/16 Northside Learning Ctr D128

## **SMALL BUSINESS TECHNOLOGY SERIES-SECURING DATA**

Keeping all of your business's information secure on your computer is a priority. Learn how to backup your data and safely guard your computer from viruses and spyware. Walk away knowing how to repair your system if it does get infected with a potentially dangerous program or virus. Safety and security are essential to maintaining your business's effective and smooth operations all day every day. Instructor: Espinoza.

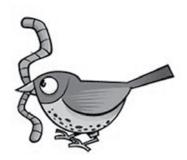
Tuition \$20 6:00pm-8:00pm Thu 1 only 02/23 Northside Learning Ctr D128

310242

#### **SMALL BUSINESS TECHNOLOGY SERIES-**MANAGING INFORMATION 310243

Managing your business's information is an important component in smooth operations. Learning how to share the information across all your computing devices can vastly improve efficiency and organization. Find out which computing device is best for your business. Is it Cloud Computing? Important Tips on managing your email, contacts, calendars and to do lists will also be covered. Instructor: Espinoza.

> Tuition \$20 6:00pm-8:00pm Thu 1 only 03/01 Northside Learning Ctr C 111



Early Bird Registration Ends January 8, 2012. Receive 10% OFF two or more classes when you register during this time.

(Does not apply to supply fees or fees payable to instructor.)



#### **MOBILE TECHNOLOGY Q & A— EVERYTHING YOU WANT TO KNOW ABOUT SMARTPHONES-TABLET PC'S & MORE!** 310244

Spend an evening with Michael, the Mobile Coach, getting answers to those questions you've got about Smartphones, Tablet PC's, E-books and more! Find out what techie device best suits your lifestyle and personality. Get to see and play with some of the latest and coolest mobile techie toys. Instructor: Espinoza.

Tuition \$20 6:30pm-8:30pm Mon 1 only 03/19 Northside Learning Ctr D128

## Grant Writing INTRODUCTION TO GRANT WRITING

A basic course for those new to the grant proposal writing process or those wanting a refresher. Participants will gain an overview of philanthropy and learn how to conduct research for private foundations that make grants to nonprofit organizations. They will also learn the components of a grant and how to construct a winning proposal. Attention will also be given to the importance of planning and cultivation of potential corporate and foundation donors. Instructor, Sharon Sanchez, is the Director of Grants & Recognition for NISD.

Wed Tuition \$25 1 only 6:00pm-9:00pm 03/28 Northside Learning Ctr D109

**Spring Class Catalog 2012** 

#### BREAK FREE OF STAGE FRIGHT AND DELIVER THE POWER OF YOU

310238

As an actress and director, Janice Dean has seen how simple stage techniques benefit people in every walk of life. The personal and professional advantage of having a powerful presence cannot be overestimated. Transforming fear, anxiety and stiffness into confidence, relaxation and authenticity can altar your destiny. Your instructor, Janice Dean, has been a presentation skills coach for over 20 years. An \$8 booklet fee is payable to the instructor at class.

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		Tuition \$21
Wed	1 only	6:30pm-8:30pm
01/18	Northside Le	earning Ctr C 112
Thu	1 only	6:30pm-8:30pm
03/22	Clark HS C	103
Thu	1 only	6:30nm-8:30nm

Northside Learning Ctr C 112

## CHANGE YOUR ACCENT, YOUR IMAGE AND YOUR LIFE

05/03

310226

Do you feel like you are not progressing in your position because people cannot understand what you are saying? Get that confidence you need to move forward in your career and personal life with proper pronunciation and communication skills. Your instructor Janice Dean, has over 30 years working in the field of theater and speech and can help you no matter what accent or dialect. An \$8 booklet fee is payable to the instructor at class.

Tuition \$21 Wed 1 only 6:30pm-8:30pm 01/25 Northside Learning Ctr C 112

#### THE ART OF SPEAKING 310246

If you want to build your career or your business the best way to succeed is through the art of speaking. You must be able to speak your ideas with clarity to gain clients or advocates for your products or ideas. Very few people understand the crucial importance of tone, non-verbal messaging and the ability to distinguish between the spoken message and the individual's private intention. Janice Dean has been a presentation skills coach over 20 years. An \$8 booklet fee is payable to the instructor at class.

Tuition \$21
Mon 1 only 6:30pm-8:30pm
01/30 Northside Learning Ctr C 106

## HOW TO CREATE POSITIVE ENDINGS

310239

We have all faced times in our lives when we knew it was time to give up a relationship, an employee, a business, or a bad idea in order to move forward. This class will offer strategies to proactively help you close out the old, so you can create a fresh start. Your instructor, Janice Dean has been a presentation skills coach for over 20 years. An \$8 booklet fee is payable to the instructor at class.

Tuition \$21 Thu 1 only 6:30pm-8:30pm 02/02 Northside Learning Ctr B 104

# IMPROVING YOUR PRESENTATION SKILLS AND VOCAL VARIETY

310210

Does your voice get the message across? Increase your ability to control volume, expression and range from a professional speaker and trained actor. Janice Dean has over 20 years experience and will help you to further develop your speaking and delivery skills. This is not a power point class. An \$8 booklet fee is payable to the instructor at class.

Tuition \$21
Thu 1 only 6:30pm-8:30pm
01/19 Northside Learning Ctr C 112
Mon 1 only 6:30pm-8:30pm
05/07 Northside Learning Ctr C 112

# IMPROVING YOUR PRESENTATION SKILLS WITH PHYSICAL VARIETY 310247

When you speak, does your body language compliment your message? Increase your ability to utilize space, movement and physical expression to give power and clarity to your presentations. Janice Dean has over 20 years experience and will help you to further develop your speaking and delivery skills. This is not a power point class. An \$8 booklet fee is payable to the instructor at class.

Tuition \$21
Wed 1 only 6:30pm-8:30pm
02/01 Northside Learning Ctr B 104

## PARALEGAL ON-LINE CERTIFICATE PROGRAM

NISD Community Education in partnership with Midwest Paralegal Studies is offering an individualized on-line Paralegal Certificate Program. Each class is 7 weeks in duration and is \$195 which includes all study materials. Classes must be taken as a series to earn the Certificate of Completion but can be taken individually for enrichment purposes. Classes may be taken in any order on the designated start dates. Please note this is a 12 month series. Please contact the instructor, Zoran Perovanovich, at zoran1990@juno.com before registering as required by the instructor.

## <u>Designated start date:</u> February 2 & April 5, 2012

## PARALEGAL SEMINAR FREE ORIENTATION 980001

Paralegal, legal assistant, lawyer's assistant are all titles used interchangeably to describe individuals who work with attorneys and other professionals in the field of law. The Paralegal Certificate Program is explained in this free information seminar online.

**FREE** 

## PARALEGAL RESEARCH

ARCH 980002

All students will access law resources online and at the local library once a week for specific assignments. In addition, each student will write an office legal memo using legal techniques and current rules of law. Then applying the same to support a conclusion based on the IRAC reasoning technique. All work must be submitted online.

Tuition \$195

## PARALEGAL JURISPRUDENCE 980003

This course will coach you in the paralegal profession including many of the more popular entry-level areas of legal specialization (family, corporate, probate, real estate and many others). All students will be required to select and pursue at least one specialty area and write a twelve-part report for substantive career development. Each student will also be required to take weekly quizzes and a final exam online.

Tuition \$195

#### PARALEGAL LITIGATION 980004

Litigation and trial support is used by entry level practicing paralegals in daily procedural work. All students will be required to visit a local court system and investigate the procedures of pre-trial, trial, post-trial and appeals. In addition, each student will be asked to make a presentation of the court visit and complete a selected deposition abstract online.

Tuition \$195

## **PARALEGAL MANAGEMENT 980005**

Learn how to better manage a paralegal office. All students will be required to network/mentor with an entry level, practicing paralegal in the field and acquire information on the organization of law firms, corporations and/or government legal departments in order to complete a presentation for class. All quizzes and the final exam will be taken online.

Tuition \$195

## PARALEGAL CAREER 980006

You will be taught the paralegal job search/portfolio method and this will help you identify special legal skills that are part of your unique niche in the paralegal market. All students will be required to compose a 15 section-paralegal career portfolio and explore three job leads in a local law practice in order to complete a class presentation. Each student will also post an eResume online at the end of class.

Tuition \$195\$

# Profit & IT

Managing Your Money

## 101 WAYS TO SAVE MONEY NOW!

340059

If you are like most people, trying to make ends meet is stressful enough! How can you even THINK about SAVING anything right now! This economy is hitting us from every direction; food, housing, clothing, gasoline, education, child care, just surviving! There are so many ways you can save money and start putting that extra cash toward making ends meet and fulfilling your goals and dreams. We'll talk about the different categories in your life you can take a look at and you'll leave with more ideas than you've ever thought of before. The most important point to succeeding in this is YOUR ATTITUDE! Are you ready to take advantage of ideas to save and have an open mind to learning about new ways of freeing up and creating more cash you can use? If you are, then put your seat belt on and get ready! Instructor: Randell.

Tue 1 only 6:30pm-8:30pm 02/07 O'Connor HS G 116

#### DEATH AND TAXES 310034

This seminar provides a lively discussion of the basics of Wills, a look at Living Trusts, and an overview of the probate process. Also, Living Wills, Health Care Powers of Attorney and planning for your future disability will be discussed. This class is fast-paced; but with plenty of time for questions. Instructor Patricia Bath is an attorney who is Board Certified in Estate Planning and Probate Law by the Texas Board of Legal Specialization.

Tue 1 only 6:30pm-8:30pm 02/28 O'Connor HS G 117

## ESSENTIAL INVESTMENT BASICS 340054

Not only will this class teach you some fundamental principles of investing, you'll learn about the stocks and bonds market, what kind of attitude you need to have to become a successful investor, and how and where to seek the information you need to make the best choices for yourself and your financial future. Understand your risks as well as your comfort level when you consider how and why you want to invest in the market. Find out the differences between stocks, bonds and mutual funds, the U.S. versus world markets, and asset allocation and diversification. Investigate tools that can help you monitor your portfolio including available on-line resources. Instructor: Rohmfeld.

Tuition \$24
Tue 2 wks 6:00pm-8:00pm
02/07 Northside Learning Ctr B 104

Please see Medicare from A to B page 26.

## MEDICARE SUPPLEMENT VS. MEDICARE ADVANTAGE 340048

Are you confused? Well, most of us are. Come learn the facts about Medicare Advantage and Medicare Supplement plans so that your needs will be met when life situations occur. Understanding the difference between Supplement plans A-F and the Advantage plans can be a quality of life issue. The federal government has changed the plans from 'Standarized' plans to a 'Modernized' version and you need to be prepared for your retirement years. This is not a sales presentation, rather an opportunity for education. Instructor: Harmon.

Mon 1 only 6:00pm-7:30pm 02/13 Brandeis HS B118 Thu 1 only 6:00pm-7:30pm 03/29 Northside Learning Ctr B 104

#### PLANNING FOR YOUR SPECIAL NEEDS CHILD 340039

Review the many issues you face as parents of special needs children. Discover how government programs may pay for basic living expenses. Examine some of the steps you can take to make sure your special needs children have the lifestyle you prefer, not only during your life, but also after your death. Instructor: Fernandez.

Tuition \$10 Thu 1 only 6:30pm-8:00pm 02/09 O'Connor HS G 106

# PROS AND CONS ON COMMON OPTIONS FOR GETTING OUT OF DEBT 340058

Getting out of debt and staying out of debt is not easy. There are many options available and making the right decision for you is one of the most important decisions you'll ever make. We'll discuss the different types of debt including the practice of borrowing, interest and the impact that debt can have on your credit score, life and family. You'll learn about strategies to boost your credit score and we'll discuss the pros and cons of the top four most common options that are available today to get out of debt; 1) Bankruptcy 2) Credit Counseling 3) Debt Consolidation 4) Debt Settlement. Educate yourself so you can make an informed decision on what is right for you! Instructor: Randell.

Tue 1 only 6:30pm-8:30pm 02/21 O'Connor HS G 116

## REVERSE MORTGAGES; BECAUSE RETIREMENT IS SUPPOSED TO BE FUN!

340040

If you, or someone you love, is at least 62 years old and a homeowner, you should know all the facts about reverse mortgages. This important financial tool can provide peace of mind by allowing you to convert some of the equity in your home into tax-free cash through a variety of payment options. Best of all, you retain ownership and will NEVER have to make a payment for as long as you live in your home. Learn all the facts about reverse mortgages so that you can make better-informed financial decisions. This course is A MUST for all senior homeowners and their families. Instructor: Reisen.

Tuition \$16 6:30pm-8:30pm

Thu 1 only 6:30 03/08 O'Connor HS G 116

**SHOPPING FOR A FUNERAL 340024** 

Today's consumers spend two years purchasing their first home, five months shopping for a new car and two months looking for a refrigerator or television set. When it comes time to plan for your funeral or your loved ones, you need to know what your options are. Learn the legal requirements, rules and regulations binding the funeral industry, what you must do, and what you can do differently that you've never before considered. Find out now what the right questions are that you should be asking, such as providing your own casket or comparing cremation costs, so that once you are fully informed, you and your family can make better, more practical decisions. Rev. Bill Bischoff, (retired Air Force chaplain) of FuneralCaring USA, will provide some light refreshments as he guides you in this informative session.

Tuition \$18
Wed 1 only 6:30pm-8:30pm
02/15 Health Careers HS A 131

## STUDENT LOANS; FIVE THINGS BORROWERS SHOULD KNOW 340062

The majority of college students take out student loans to pay tuition every semester. Find out important information about applying, repaying, defaulting and more. Kellie O'Keefe owner and operator of Customer Service Advocates has worked with such groups as Sallie Mae, Direct Loans and offers valuable need to knows before taking your next student or parent loan out.

Tue 1 only 6:15pm-8:15pm 02/07 Clark HS C 220

# WHO WILL HELP YOU, WHEN YOU CAN NO LONGER HELP YOURSELF? 340046

Seven out of ten people over age 65 will be faced with this decision one day, and if they do not already have a plan in place, the expense of this long term care could involuntarily wipe out a lifetime of savings. You and your spouse are invited to a long term care educational workshop to explore your options regarding your long term care and to learn about what the State of Texas is offering in their new Partnership Program to help. Instructor is Gabrielle Gelo, a Long Term Care Specialist, who, after recovering from a disabling auto accident, turned her attentions to helping baby boomers maintain their independence in their later years.

Tuition \$16
Wed 1 only 7:00pm-9:00pm
02/08 Health Careers HS A 131

#### PLEASE NOTE:

Northside Independent School District offers classes to the public for purpose of information, instruction, enlightenment, and example ONLY.

Such classes are NOT to be construed as endorsement or investment recommendations from the individual instructor, his/her company, or Northside School District.

**Spring Class Catalog 2012** 

# **The Arts**Dance - Children



## BALLET (AGES 3 - 5)

#### 130069

Do you have an aspiring ballerina? Students will be introduced to the basic steps and positions while enjoying movement to music. Performances at the March Mania, Awards Competion and May Spectacular. Please call 289-2921 or 323-6094 for more information. **On-going registration.** 

	rullion is \$39 per month.
Sat	9:30am-10:15am
01/07	Northside Learning Ctr C101
Sat	10:30am-11:15am
01/07	Northside Learning Ctr C101
Wed	6:30pm-7:15pm
01/11	Northside Learning Ctr C101

## BALLET (AGES 6-10)

## 130070

Ballet helps develop good posture, self-confidence and dance appreciation. Students will learn the fundamentals of movement, correct foot and arm placement and simple routines. Performances at the March Mania, Awards Competition and May Spectacular. If you have any questions call 289-2921 or 323-6094. **On-going registration.** 

	Tuition is \$39 per month
Sat	11:30am-12:15pm
01/07	Northside Learning Ctr C101
Wed	7:30pm-8:15pm
01/11	Northside Learning Ctr C101

## HIP HOP SHOW TEAM (AGES 3-5)

## 130099

Tiny Hip Hop Show Team is geared towards the younger dance student. Synchronized steps to form the latest moves will be taught in this exciting class. Performances at the March Mania, Awards Competition and May Spectacular. Call 289-2921 or 323-6094 for more information. **On-going registration.** 

	Tuition is \$39 per month
Sat	1:15pm-2:00pm
01/07	Northside Learning Ctr C101
Fri	7:15pm-8:00pm
01/13	Northside Learning Ctr C101

## HIP HOP STREET DANCE (1ST-8TH) 130065

Students will learn synchronized steps to form the latest moves. Steps, body attitude and choreography will all be taught in this exciting class. Students will have an opportunity to perform at the March Mania, Awards Competition, May Spectacular and the Spurs. Performance attire will be discussed at the first class. 1st-3rd 6:30pm-7:30pm. 4th-8th 7:30pm-8:30pm. Please call 289-2921 or 323-6094 for more information. **On-going registration.**Tuitton is \$39 per month

Mon		6:30pm-8:30pm
01/09	May ES Gym	
Tue		6:30pm-8:30pm
01/10	Aue ES Gym	
Wed	·	6:30pm-8:30pm
01/11	Wanke ES Gym	
Thu	·	6:30pm-8:30pm
01/12	Burke ES Gvm	

Please call 289-2921 or 323-6094 for registration information or email rickstexascheer1@aol.com

## DISTINCT DANCE (AGES 4 AND UP)

#### 130062

A class with your child in mind. Students will be introduced to Jazz, Hip-Hop and other types of dance. This class will emphasize flexibility, stamina and coordination. Dance patterns, steps and choreographed routines will be taught. Dance outfits will be available for purchase but are not required. There will be public performances and parades. Please call 310-0216 for registration information or email dysteam@yahoo.com. Tuition is \$7 per class with a one-time registration fee of \$10. Ages 4 and up 7:15pm-8:15pm. On-going registration.

	rullion or per class
Mon	7:15pm-8:15pm
01/09	Westwood Terrace ES Gym
Wed	7:15pm-8:15pm
01/11	Braun Station ES Gym
Thu	7:15pm-8:15pm
01/12	Rhodes ES Gym

## DANCE FOR TOTS (AGES 2-3)

#### 130121

You're never too young to learn to dance. This class is designed to develop motorskills, movement and creativity using developmentally appropriate activities. Educational concepts are incorporated throughout the class helping children learn numbers, colors, shapes and songs. Pre-Ballet skills will also be introduced. Parents are asked to wait outside the classroom and will be invited to the end of class performance.

Tuition \$58

Tue	6 wks	9:15am-9:45am
01/31	Northside Lea	arning Ctr C 106
Tue	6 wks	10:00am-10:30am
01/31	Northside Lea	arning Ctr C 106
Tue	6 wks	9:15am-9:45am
03/20	Northside Lea	arning Ctr C 106
Tue	6 wks	10:00am-10:30am
03/20	Northside Lea	arning Ctr C 106

#### DANCE FOR BEGINNERS (AGES 3-5) 130122

Ready, set, learn! Who knew that running, skipping and twirling in dance class could boost your reading and math abilities. Counting, pattern awareness, rhythms and progressing in sequence are all skills needed for both to teach the total child. Your child will learn the basics of ballet, tap, creative movements, along with some acrobatics -all with a focus on building positive self-esteem. Shoe to wait outside the classroom and will be invited to the end of class performance.

Tue	6 wks	10:45am-11:30am
01/31	Northside Le	earning Ctr C 106
Tue	6 wks	10:45am-11:30am
03/20	Northside Le	earning Ctr C 106

## INTRODUCTION TO BALLROOM DANCE (AGES 6-10) 130138

Kids! Have you always wanted to learn how to ballroom dance like your favorite storybook Princesses; Cinderella, Belle and Aurora? Well, we are going to give you that chance to learn how to dance and glide across the dance floor just like a princess. What greater way to learn how to Ballroom Dance than to your favorite fairtytale music. Guess what? On the last day of class you get to turn into a prince or princess and show everyone what you learned in a performance and, you can wear your favorite royalty outfit too! How cool is that? No partner is necessary as a rotation system is used. Price is per person. Instructor: Cardenas.

or. Ouracrias.		ταιτιστί ψου
Sat	6 wks	10:30am-11:45am
01/21	Studio One	
Sat	6 wks	10:30am-11:45am
03/03	Studio One	
Sat	6 wks	10:30am-11:45am
04/21	Studio One	

# **The Arts**Dance - Adults

1200001

#### ARGENTINE TANGO

Argentine tango has been thrilling dancers for more than 100 years. Tango is loved by dancers and audiences for its beauty, passion, drama and excitement. The essence of Argentine tango is about life and, especially, about the relationship between a man and a woman. Enjoy learning the following elements of tango; walking, turning, stopping, navigation and some embellishments. Tango is a dance based on walking and you already know how to do that so what are you waiting for? No partner necessary price is per person. Instructor: Cardenas.

		Tuition \$46
Thu	6 wks	7:00pm-8:00pm
01/19	Studio One	
Thu	6 wks	7:00pm-8:00pm
03/01	Studio One	
Thu	6 wks	7:00pm-8:00pm
04/19	Studio One	

## BALLROOM DANCE (PARTNER NOT NEEDED) 110119

Have you always wanted to dance as smoothly as Fred Astaire and Ginger Rogers? Professional Dance Instructors will teach you some of the wonderful dances of the past and present. The Foxtrot and Waltz are classy dances that will give you that impressive edge at the next social event of the season. So, put your dancing shoes on and get ready to start gliding, promenading and box stepping. No partner necessary. Price is per person. For more information, please visit www.studioonesa.com, or call 210-824-6850. Instructor: Cardenas.

		Tuition \$46
Tue	6 wks	6:30pm-7:30pm
01/17	Studio One	
Tue	6 wks	6:30pm-7:30pm
02/28	Studio One	
Tue	6 wks	6:30pm-7:30pm
04/17	Studio One	

# COUNTRY AND WESTERN TWO STEP ON-LINE New 2000005 SEE PAGE 2-3

## COUNTRY & WESTERN - WALTZ (PARTNER NOT NEEDED) 1200002

Enjoy learning the romantic country dance; the Country and Western Waltz. Professional Dance Instructor, Esteban Cardenas will teach you the graceful and playful movements to include footwork, turns and spins. Gain a new found confidence in dancing this wonderful dance at the next social event or party. You will be glad that you did. No partner is necessary as a rotation system is used. Price is per person.

		Tuition \$46
Sat	6 wks	1:00pm-2:00pm
03/03	Studio One	



Esteban Cardenas is the owner of Studio One. All classes are held at Studio One, 8055 West Ave, Suite 111. For for information visit www.studioonesa.com or call (210)824-6850.

## COUNTRY & WESTERN- TWO STEP (PARTNER NOT NEEDED) 130130

Forget the boot scootin' boogie and learn some real Texas flavor. Award winning dance instructor Esteban Cardenas will teach you how to two step with confidence and flare. Knowing how to dance to a variety of music is key to never leaving the dance floor. **No partner necessary. Price is per person.** For more information, please visit www.studioonesa.com, or call 210-824-6850.

	Tuition \$46
6 wks	12:00pm-1:00pm
Studio One	
6 wks	12:00pm-1:00pm
Studio One	
	Studio One 6 wks

## LINE DANCING

130133

Have a great time learning some of the most fun line dances that everyone is dancing at all the parties and clubs. Award winning dance instructor, Esteban Cardenas will show you how to do the Cupid Shuffle, Electric Slide, Boot Scootin Boogie and more! **Price is per person**.

		Tuition \$46
Sat	6 wks	1:00pm-2:00pm
04/14	Studio One	

SALSA RHYTHMS ON-LINE SEE PAGE 2-3

NeW 2000002

#### **SALSA RHYTHMS**

130129

Learn the latest latin club dance moves and show everyone how well you can strut your stuff on the dance floor. Your talented instructors will show you how easy and fun it is to learn how to Salsa Dance. It is not necessary to have a partner. **Price is per person.** For more information, please visit www.studioonesa.com, or call 210-824-6850. Instructor: Cardenas.

		Tuition \$46
Tue	6 wks	7:30pm-8:30pm
01/17	Studio One	
Tue	6 wks	7:30pm-8:30pm
02/28	Studio One	
Tue	6 wks	7:30pm-8:30pm
04/17	Studio One	

## SALSA RHYTHMS IN AND OUT COMBINATION 1200217

So you can't get enough of Salsa Dancing? Here's your chance to keep your rhythm going and feet moving by taking Salsa Rhythms at Studio One Dance Center and also online. Professional Dance Instructor Esteban Cardenas will teach you the latest Latin dance moves and show you how easy it is to Salsa Dance. WOW everyone at the next social event by strutting your stuff on the dance floor. The online Salsa Rhythms class provides excellent supplemental dance instruction to the in-person class. You can practice what you learned in class in the privacy of your own home with Esteban's guidance in the online instruction video. It is not necessary to have a partner as a rotation system is used. Price is per person. For more information please visit www.studioonesa.com, or call 210-824-6850.

		Tuition \$99
Tue	6 wks	7:30pm-8:30pm
01/17	Studio One	
Tue	6 wks	7:30pm-8:30pm
02/28	Studio One	
Tue	6 wks	7:30pm-8:30pm
04/17	Studio One	

#### BAILE ESTE CUMBIA! TEJANO DANCE

130082

So you've seen your abuelos y abuelas, tios y tias y todo su familia bailando Tejano! Now it's your turn to learn the popular, fun and energizing Tejano Dance. Esteban Cardenas will teach you the basics of Tejano Dancing to include Cumbias, Polkas, Vueltas (turns) y mas (and more). So what are you waiting for, este baile es para ti! No partner necessary, price is per person. For information, please visit; www.studioonesa.com or call 210-824-6850.

		Tuition \$46
Sat	6 wks	1:00pm-2:00pm
01/21	Studio One	

Spring Class Catalog 2012 To Register Call 397-8100

## WEST COAST SWING (PARTNER NOT NEEDED) 1200003

Are you ready to Swing Dance? Enjoy learning the basics of this soulful, blues inspired exciting dance. So, come and learn how to get your groove on so you will never sit out another dance again. Partners are not necessary as a rotation system is used. Price is per person. Instructor: Cardenas.

		TUILIOIT \$40
Sun	6 wks	3:00pm-4:00pm
01/22	Studio One	
Sun	6 wks	3:00pm-4:00pm
03/18	Studio One	•

## INTRODUCTION TO COMPETITIVE DANCE ADULTS 130142

Find out what it takes to become a competitive dancer like those on the popular reality show Dancing With The Stars. Professional and Award Winning Dance Instructor, Esteban Cardenas, will teach you the discipline of competitive ball-room and latin dance styles. Have fun learning the wonderful dances you've seen the stars so gracefully perform on television. Soon you too can be impressing all of your friends when you glide across the floor and dance The Waltz, Foxtrot, Rhumba and Cha-Cha. No partner is necessary as a rotation system is used. Price is per person.

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-		Tuition \$46
Thu	6 wks	8:00pm-9:00pm
01/19	Studio One	
Thu	6 wks	8:00pm-9:00pm
03/01	Studio One	
Thu	6 wks	8:00pm-9:00pm
04/19	Studio One	

## FIRE ON THE MOUNTAIN CLOGGERS BEGINNER CLASS

130018

Fire On the Mountain Cloggers will SLOW DOWN and share basic steps with you in this fun, easy-paced class. Great exercise. No partner is needed and people with two left feet are certainly welcome. No experience necessary. Wear comfortable clothing and shoes that slide. If you don't bring your smile with you when you come, you'll have it when you leave! Get a taste of clogging in these easy lessons. Classes are held at the Harmony Hills Cabana Club at 339 Fantasia, San Antonio, 78216. Call 210-344-2557 for information or visit www. fireonthemountaincloggers.com Instructor: Carolan.

Tue 8 wks 7:00pm-8:00pm 02/14 Harmony Hills Cabana Club

#### **MIDDLE EASTERN DANCE 130048**

Middle Eastern Dance, as we know it, was imported in the late 19th century for entertainment at the World's Fair. Algerian dancers and musicians performed their native dances for crowds of curious onlookers. Belly dance, as it came to be known, captured the imagination as a mysterious dance from exotic places. Discover this oldest form of dance- the Egyptian Style- which is very erect and elegant, while conditioning your body. Increase flexibility, coordination, and stamina. A scarf for the hips will be discussed at the first class. Instructors: Cheryl John, Paula Sirois.

Sirois.		
		Tuition \$46
Tue	6 wks	6:30pm-8:00pm
01/31	Northside Lea	arning Ctr C101
Thu	6 wks	7:00pm-8:30pm
02/02	Northside Lea	arning Ctr C101
Thu	6 wks	7:00pm-8:30pm
03/22	Northside Lea	arning Ctr C101



Instructors Bob and Joann Moore.

These classes are for couples only. Price is per person.
All classes are taught by Bob and Joann Moore.

## COUNTRY & WESTERN TWO-STEP, SWING AND WALTZ 130124

No experience necessary to have fun. Learn the basics of Country, the two-step, swing and waltz. Your instructors have over 35 years of experience in the dance profession. Please register as a couple, price is per person. Instructors: Bob and Joann Moore.

	Tuition	\$46 per person
Tue	6 wks	6:15pm-7:45pm
01/31	Linton ES Gym	
Tue	6 wks	7:45pm-9:15pm
03/20	Linton ES Gym	

## BALLROOM DANCE 130016

Ballroom dancing is timeless and romantic. Let our experienced instructors, Bob and Joann Moore, teach you the traditional Ballroom dances of Foxtrot, Waltz and Swing. Even if you have never danced before you will soon be gliding across the dance floor. Please register as a couple. Price is per person.

	luition	\$46 per person
Mon	6 wks	6:15pm-7:45pm
01/30	Linton ES Gym	
Mon	6 wks	7:45pm-9:15pm
03/19	Linton ES Gym	

## COUNTRY & WESTERN-TWO STEP, WALTZ, TRIPLE STEP 130017

Dancing has once again become a popular pasttime. Gain confidence and have fun while you learn basic dances such as the Country Two-Step, Waltz and Triple Step. Bring your partner and let us show you just how much fun 'country' can be. Please register as a couple. Price is per person. Instructors: Bob and Joann Moore.

Tuition \$46 per person.

Mon 6 wks 7:45pm-9:15pm
01/30 Linton ES Gym

Mon 6 wks 6:15pm-7:45pm
03/19 Linton ES Gym

## LATIN DANCING; THE BASICS

130023

An introductory course to the Latin dances such as Tango, Salsa and Merengue. Get out on that dance floor and start dancing with a Latin beat. Please register as a couple. Price is per person. Instructors: Bob and Joann Moore.

		Tuition \$46
Tue	6 wks	7:45pm-9:15pm
01/31	Linton ES Gym	
Tue	6 wks	6:15pm-7:45pm
03/20	Linton ES Gym	

## SOCIAL DANCE- WALTZ, TWO STEP, MERENGUE 13011

Don't sit out another dance, get out there and have fun. Let our experienced instructors, Bob and Joann teach you the basics steps of the Waltz, Two-Step and Merengue, to give you social self-confidence. Please register as a couple. Price is per person.

	Ιι	uition	\$46 per person
Wed	6 wks		6:15pm-7:45pm
02/01	Linton ES G	∃ym	
Wed	6 wks	-	7:45pm-9:15pm
03/21	Linton ES G	€vm	

## SWING DANCE 130052

Grab your partner and Swing onto the dance floor with Bob and Joann Moore. Learn the West Coast Swing, Triple (East Coast) Swing and the Single Time Swing. Please register as a couple. Price is per person.

Tuition	\$46 per person
6 wks	7:45pm-9:15pm
Linton ES Gym	
6 wks	6:15pm-7:45pm
Linton ES Gym	
	6 wks Linton ES Gym 6 wks

# The Arts Languages

#### **BASIC GERMAN**

#### 140002

This class will give you an immediate speaking ability in German together with some practical and cultural tips. You'll be able to travel, order in a restaurant, shop, or expand your knowledge of the country and its people. No prior ability is necessary because the class starts off with the very beginning sounds and words and students from previous semesters will be able to continue with their progress. Instructor: Hanes.

Tue 8 wks 6:30pm-8:30pm 01/31 Clark HS C 111

#### CHINESE MANDARIN 140040

A beginning class in Conversational Chinese using Mandarin, the national standard language in China required in government, education, military and business. There are 142 dialects in China, and this experienced teacher will not only teach you the basics of the most important one, but also introduce you to some basic written characters. both numbers and vocabulary, that are common to all. At the end of class you will be able to properly pronounce approximately 150 words and be able to converse about health, time, weather and money, count to 1,000 and read and write numbers 1 through 999. Students must purchase the textbook 'Conversational Mandarin Chinese Online, Simplified Character Version' by Tien-Wei Xie on their own, from either Barnes & Noble, amazon.com, or lulu.com. But please wait until the week before the first class date, in case the class is cancelled due to insufficient registrations. Instructor: Beekley.

Tue 8 wks 6:30pm-9:00pm 01/31 O'Connor HS G 107

## **ITALIAN FOR BEGINNERS** 140003

An opportunity to enable you to achieve basic two-way understanding with Italians in uncomplicated practical everyday situations. Learn to feel at ease with the language when traveling in Italy for a more rewarding visit. 'Beginner's Italian' by Victoria Bowles, NTC Publishing Group is the book. Students may bring their own tape recorders if they like. Instructor: Hughes.

Tuition \$114 Book \$15
Tue 8 wks 6:30pm-9:00pm
01/31 O'Connor HS G 114

#### CONTINUING ITALIAN 140013

Keep perfecting your Italian language skills with this experienced teacher. You'll use the 2nd half of the book and get a little deeper into your subject matter. A great opportunity for the price! Book is 'Beginner's Italian by Vittoria Bowles, NTC Publishing Group. Students may bring their own tape recorder if they wish. If you need a book please call 397-8100. Instructor: Hughes.

Tuition \$114
Thu 8 wks 6:30pm-9:00pm
02/02 O'Connor HS G 114



#### **ELEMENTARY RUSSIAN**

Instructor: Emunah.

### 140065

Why are Russians 'grumpy' and never smiling? What topics of conversation are inappropriate? How do you ask for help when you are traveling in Russia? At the end of this course you will be able to speak, write, read and comprehend much of the Russian language and you will learn about Russian culture from a native speaker. Study the basics of the Russian alphabet, learn about greetings and introductions and much more in this highly interactive atmosphere with games, role play and fun activities. The \$12 materials fee which is payable to the instructor at the first class, will cover class and study material.

Tuition \$114
Wed 8 wks 6:30pm-9:00pm
02/01 Health Careers HS A 134

## CONVERSATIONAL New 140068

In Conversational Russian you will continue enhancing your vocabulary, learning new grammar and conversational topics. A native speaker instructor will help you better understand Russian culture and find out ways to overcome cultural differences. This course is for anybody who is familiar with Russian alphabet, some grammar and is able to conduct a simple conversation. A \$12 materials fee which is payable to the instructor at the first class, will cover class and study material. Instructor: Emunah.

Tuition \$114

Mon 8 wks 6:30pm-9:00pm
01/30 Health Careers HS A 134

## **FRENCH TWO**

## NeW<sub>140066</sub>

Continue practicing conversation in French about interesting and useful topics such as Trips, food, shopping, business and entertainment. Learn and review much of the vocabulary and grammar needed to communicate successfully in this wonderful world-wide language. We will continue with the textbook 'French is Fun', by Amsco. If you need a book please call 397-8100. Instructor: Kearney.

Tuition \$90

Mon 6 wks 6:30pm-9:00pm
01/30 Health Careers HS A 131

## FRENCH THREE NeW 140067

This course will help you achieve a higher level of fluency in French with further lessons in grammar, pronunciation and vocabulary. As well as practicing oral and written communication, you will discover more about the culture and history of France and Francophone places that have been such an inspiration and delight for many generations. Information on the book needed will be given at registration. Instructor: Kearney.

Tuition \$90

Mon 6 wks 6:30pm-9:00pm
03/19 Health Careers HS A 131

## CONVERSATIONAL SPANISH

#### 140006

Habla Espanol? You can learn to answer this popular San Antonio question with a resounding 'Si!' if you'll spend a little time with us listening, speaking and learning. By mastering the sound system, vocabulary, word order and fundamentals of grammar, the rest of the communication comes easier. Conversations will include culture, customs, history and literature to enable students to understand the background of the language. Emphasis will be on listening and speaking. Instructor: Garcia.

Tuition \$114 Book \$20 8 wks 6:30pm-9:00pm

01/31 Clark HS C 112

## BEYOND BEGINNING SPANISH

Thu

140010

Designed for those students who have taken the basic course or who have some background in Spanish. Continue to develop conversational skills and increase your vocabulary in a relaxed atmosphere. We will be using the 2nd half of "Spanish is Fun" textbook as well as other, more advanced material. If you need a book please call 397-8100. Instructor:Garcia.

Tuition \$114 8 wks 6:30pm-9:00pm

02/02 Clark HS C 118

## SPANISH FOR MEDICAL New 140069

If you know and speak basic Spanish we can help you communicate effectively with your patients. This is a conversational course that will help you understand and give important information. We will correct common mistakes learned by some 'span-glish' speakers and help you learn terms used in the medical and dental field. Instructor: Lopez.

Tuition \$54
Wed 4 wks 6:30pm-9:00pm
02/01 Health Careers HS A 135

#### **SIGN LANGUAGE**

140023

If you want to communicate with a friend or loved one in basic American Sign Language, join us in learning finger spelling and sign as appropriate for home and school situations. You will leave the class with a basic vocabulary of 500 words or more. The book used is 'A Basic Course in American Sign Language' (T.J. Publishers) and can be shared in class by family or friend. Instructor: Shoemake.

Tuition \$89 Book \$35
Tue 8 wks 6:30pm-8:30pm
01/31 O'Connor HS G 111

## **Writing** All New

## **MAKING ESSAYS FUN**

170033

Writing the perfect essay can open all sorts of doors for students. Sixth grade to high school can perfect their skills whether completing a classroom assignment, writing for fun and preparing for exams like TAKS or SATs or drafting that perfect essay for college admission, we have something to offer in this short workshop. Instructor: Koerner.

Tuition \$21
Sat 1 only 10:00am-12:30pm
02/04 Northside Learning Ctr C 112

#### SUPER SLEUTHS; LEARN HOW TO WRITE A MYSTERY

170034

From Nancy Drew to Agatha Christie, there's nothing like a good 'Who-Done-It' to keep you capitivated. Learn the basics of a good mystery and the secrets of the greats! Instructor: Koerner.

Tuition \$21

Sat 1 only 10:00am-12:30pm 02/11 Northside Learning Ctr C 112

## **LOVE STORIES**

170035

From kisses to weddings, romance novels are every woman's guilty pleasure! Learn how to break into the romance industry and learn the basics of a good love story. Instructor: Koerner.

Tuition \$21

Sat 1 only 10:00am-12:30pm 02/18 Northside Learning Ctr C 112

## **Daytime Spanish**

## SIMPLY SPANISH-BEGINNING

140030

In this beginning course emphasis will be on vocabulary, pronunciation and conversational skills. Everyday words and phrases will be covered. Join your instructor,Susan Sutherland,in a relaxed and friendly atmosphere.

Tuition \$92 Book \$20
Wed 10 wks 10:00am-11:30am
01/25 Northside Learning Ctr C 112

## SIMPLY SPANISH THE NEXT STEP

140029

Designed for those students who have taken Simply Spanish Beginning or have some knowledge of the Spanish language. This continuing class will develop conversational skills and increase vocabulary in a relaxed setting. We will be using Spanish is Fun Book One starting with Lesson 8. If you need a \$20 textbook or you are not sure what level you should register for please call our office 397-8100.

Mon 10 wks 10:00am-11:30am 01/23 Northside Learning Ctr C 112

#### SIMPLY SPANISH -CONTINUED

140028

If you have mastered the basics and want to continue with the text book Spanish is Fun Book One, Lesson 14, then join Susan Sutherland and increase your vocabulary in this relaxed setting. If you need a textbook or are not sure at what level you belong, please call our office at 397-8100.

Tuition \$92
Mon 10 wks 12:30pm-2:00pm
01/23 Northside Learning Ctr C 112

## SIMPLY SPANISH INTERMEDIATE 140041

We will begin the second book of Spanish is Fun with Susan Sutherland. This course is for students who have completed the first book or students who feel they have enough knowledge of the language and want to increase their vocabulary. If you are not sure at what level you are, please call our office at 397-8100.

Tuition \$92 Book \$20

Tue 10 wks 10:30am-12:00pm 01/24 Northside Learning Ctr C 112

#### SIMPLY SPANISH-BOOK TWO CONTINUED 140064

Continue with Susan Sutherland in the 'Spanish is Fun' Book Two starting with lesson four. If you need a book or are not sure of your level of Spanish please call our office at 397-8100.

Tue 10 wks 1:00pm-2:30pm 01/24 Northside Learning Ctr C 112

#### SIMPLY SPANISH-CONVERSATION

140060

This course is for students who have completed Spanish is Fun Book One and Two and want to practice their conversation skills. Instructor: Sutherland.

Wed 10 wks 12:30pm-2:00pm 01/25 Northside Learning Ctr C 112

# The Arts Music

#### INSTANT PIANO FOR HOPELESSLY BUSY PEOPLE

#### 150015

Some music teachers may not want you to know this, but you don't need years of weekly lessons to learn piano. In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment. How do we do it? While regular piano teachers teach note reading, piano professionals use chords. And you can learn all the chords you'll need to play any song in this one session. Any song. Any style. Any key. If you can find middle you and know the meaning of Every Good Boy Does Fine, you already know enough to enroll in this workshop. A \$28 materials fee payable to the instructor in class includes a workbook and 60 minute practice CD or Cassette. Instructor Craig Coffman has 20 years experience teaching piano, playing professionally and directing music.

Tuition \$35 Sat 1 only 9:00am-12:00pm 02/11 Northside Learning Ctr C 106

## HOW TO PLAY THE PIANO BY EAR 150032

Learn one of music's deepest mysteries; How to play songs without relying on music. A very practical presentation of music theory that includes predicting chord progressions, learning from recordings, and transposing all expressed in everyday language. This is an ideal follow-up to the 'Instant Piano' class and is open to anyone who has a basic understanding of chords on any instrument. Expand your musical horizons, and free yourself from sheet-music dependence, and be the life of the party! Prior experience with chords recommended. Materials fee of \$28 for the 'How To Play Piano by Ear' book and practice CD will be collected in class by the instructor.

Tuition \$35
Sat 1 only 1:00pm-4:00pm
02/11 Northside Learning Ctr C 106

## PIANO WORKSHOP 150033

This class is the combination of 'Instant Piano for Hopelessly Busy People'(Part 1) and 'How To Play the Piano by Ear' (Part 2). By registering for both classes using this course number (150033) you will save \$10. Part I, the 'Instant Piano' class is the chord approach wherein you will learn how chords work in a song, how to get more out of sheet music, the three main types of chords, how to handle different keys and time signatures and more. The Part 2 (Playing by Ear) teaches you how to find the starting note, change chords, predict the progression, how chords help you find the correct melody, learning from recordings, how to transpose and more. Each \$28 fee consists of entirely different material, (each includes separate books and CDs) for a total of \$58 and is not optional. Instructor: Coffman.

Tuition \$60
Sat 1 only 9:00am-4:00pm
02/11 Northside Learning Ctr C 106

#### GUITAR FOR CHILDREN-BEGINNING

#### 150002

Children in 3rd through 8th grades will join our experienced teacher and learn chords, notes, and how to read music to develop skills and test the level of interest. **Please provide an acoustic guitar.** Instructor: Saenz.

	· ·	Tuition \$36
Mon	6 wks	6:00pm-7:00pm
01/30	Northside Lea	rning Ctr C 112
Tue	6 wks	6:00pm-7:00pm
01/31	Northside Lea	rning Ctr C 112
Mon	6 wks	6:00pm-7:00pm
03/19	Northside Lea	rning Ctr C 112
Tue	6 wks	6:00pm-7:00pm
03/20	Northside Lea	rning Ctr C 112

## GUITAR FOR CHILDREN BEYOND BEGINNING

#### 150034

At last an opportunity for former students to advance to the next level in learning guitar. Children 3rd through 8th grade, only, please, and students must have taken the beginning class with Mr. Saenz. **Bring your own acoustic guitar.** 

		Tuition \$36
Mon	6 wks	7:00pm-8:00pm
01/30	Northside	Learning Ctr C 112
Mon	6 wks	7:00pm-8:00pm
03/19	Northside	Learning Ctr C 112

#### GUITAR FOR TEENS AND ADULTS-BEGINNING 150003

A basic introduction to guitar playing for teen and adult students. Topics include timing, open string chords, notes in first position, elements of reading music, and application of lead and rhythm guitar playing through familiar songs. Bring your own acoustic guitar. A \$2 to \$5 materials fee is payable to instructor Ralph Saenz for music/copies.

		Tuition \$36
Mon	6 wks	8:00pm-9:00pm
01/30	Northside	Learning Ctr C 112
Tue	6 wks	7:00pm-8:00pm
01/31	Northside	Learning Ctr C 112
Mon	6 wks	8:00pm-9:00pm
03/19	Northside	Learning Ctr C 112
Tue	6 wks	7:00pm-8:00pm
03/20	Northside	Learning Ctr C 112

## GUITAR FOR TEENS AND ADULTS BEYOND BEGINNING 150006

This is a follow up course for those students who have taken a beginning guitar class. Basic knowledge of open string chords and notes is helpful. Emphasis will be on playing popular songs in class. Topics include barre chords, scales, lead and rhythm playing, and music theory. A \$5 materials fee is payable to instructor Ralph Saenz.

		Tuition \$36
Tue	6 wks	8:00pm-9:00pm
01/31	Northside L	Learning Ctr C 112
Tue	6 wks	8:00pm-9:00pm
03/20	Northside L	Learning Ctr C 112



# TAMBOFUNCTION-DRUMMING FOR ANY PRE-K-1ST AND ALL AGES OF SPECIAL NEEDS CHILDREN 150047

TamboFUNction Drumming is a fun and functional rhythmic adventure! Your instructor, Jorge Ochoa, is an Occupational Therapist and Musician. Using his talents in music he will use drums and percussion to address the following skills; attention/focus, impulse control, taking turns, social skills, communication reinforcement, creative self-expression, leadership, confidence/self-esteem, basic color and shape identification, prepositional concepts, motor skills, counting and left/right discrimination. No previous musical experience is required, and all instruments will be provided.

Mon 6 wks 6:00pm-6:45pm 01/30 Northside Learning Ctr C101

## PIANO KEYBOARDING AGES 7-12 110012

Children love to make music. Introduce them to the world of piano keyboarding in a relaxed atmosphere. This class will focus on the basics of theory, reading music and playing simple songs. Bring your own keyboard and batteries to class or a keyboard will be provided free of charge for classroom usage.

_	_	Tuition \$65
Fri	6 wks	6:15pm-7:15pm
02/03	Northside Lea	arning Ctr C 112
Fri	6 wks	6:15pm-7:15pm
03/23	Northside Lea	arning Ctr C 112

## PIANO KEYBOARDING FOR TEENS AND ADULTS 110013

A perfect course for those who would love to delve into the versitality of the piano keyboard. Learn the basics of music theory, reading music, and playing simple songs in small group session. Bring your own keyboard and batteries to class or a keyboard will be provided free of charge for classroom usage.

		Tuition \$65
Fri	6 wks	7:30pm-8:30pm
02/03	Northside Le	earning Ctr C 112
Fri	6 wks	7:30pm-8:30pm
03/23	Northside Le	earning Ctr C 112
		-

# **The Arts**Fine Arts and Crafts

## Fine Arts & Crafts (Adults)

## CALLIGRAPHY- NeW BEGINNING ITALICS 110017

Calligraphy is visual art and can be a fascinating skill to acquire. Create your own announcements, invitations, certificates and memorial documents - work that will be treasured by those who receive these gifts from your hand. We'll cover tools, terminology and alphabets in this introductory class. Supplies may run between \$30 to \$35 and will be discussed at first class. Instructor: Smith.

Tuition \$66 Mon 6 wks 6:30pm-8:30pm 01/30 Brandeis HS C 188

## A FREE ACRYLICS INTRODUCTORY COURSE 110126

For the curious person who wants to know more about painting with acrylics. Juanita Garza offers this opportunity to 'try before you buy' in this one and a half hour class where she will show the characteristics of acrylic paints and discuss what you can expect in the Acrylics class. There is no obligation to sign up for any future class. This is demonstration and conversation only and no fees are required. If you would like to paint bring any brushes, paints that you may already have and a rag. Instructor: Garza.

Tue 1 only 6:30pm-8:00pm 01/31 Northside Learning Ctr C 106 Wed 1 only 9:00am-10:30am 02/01 Northside Learning Ctr C101

## **ACRYLICS**

Acrylic paints bridge the gap between oil paints and watercolors, as they have the characteristics of both. After an exploration of the way the paint behaves, you will begin your first masterpiece. As a beginning painter you will feel right at home in this supportive atmosphere. Your instructor is fluent in Spanish. A supply list is available at registration. Instructor: Garza.

110003

Tuition \$83 12:00pm-3:00pm Tue 6 wks 01/31 Northside Learning Ctr C 106 6:30pm-9:30pm Tue 6 wks 01/31 Northside Learning Ctr C 106 Wed 6 wks 9:00am-12:00pm 02/01 Northside Learning Ctr C 106 12:00pm-3:00pm Tue 6 wks 03/20 Northside Learning Ctr C 106 Tue 6 wks 6:30pm-9:30pm 03/20 Northside Learning Ctr C 106 Wed 6 wks 9:00am-12:00pm 03/21 Northside Learning Ctr C 106



#### **OIL PAINTING WITH AHUVA 110051**

Award winning instructor, Ahuva Shweiki, will guide you step-by-step through the techniques of oil painting. Color mixing theory, composition, light and shadow techniques will all come together in a beautiful painting suitable for framing. Class is designed for beginners but experienced painters are welcome. There will be two projects for the Spring semester. The first six week session, you will paint a stunning spring time landscape building, and the second project following spring break is striking Waterliies in a pond. Each session is a separate tution based section. Supply list available at registration. \$5 supply fee is payable at class.

	Tuition \$160
6 wks	6:00pm-9:30pm
Clark HS A 00	1
6 wks	8:30am-12:00pm
Northside Lear	ming Ctr B 104
6 wks	8:30am-12:00pm
Northside Lear	rning Ctr B 104
	Clark HS A 00 6 wks Northside Lead 6 wks

#### **WATERCOLOR PAINTING 110086**

A must-take class for the beginning painter with stepby-step instructions. Each student will leave with a sound knowledge of color theory, drawing, moisture control, wet-into-wet techniques, graded washes, glazing, negative painting, focal points and composition. Complete the class with your first masterpiece in hand. Supply list available at registration. A \$5 supply fee is payable at class. Instructor: Shweiki.

		Tuition \$160
Fri	6 wks	12:15pm-3:45pm
02/03	Northside L	earning Ctr B 104
Fri	6 wks	12:15pm-3:45pm
03/23	Northside L	earning Ctr B 104

## ONE-STROKE PAINTING 110110

One-Stroke painting uses simple techniques so even a beginner can have a professional looking project. On the first night you will learn how to paint rose buds and leaves. The second night will be on a small canvas painting wildflowers and butterflies. The third night will be sunflowers on a picture frame. The fourth night roses on a photo box and in the final class you will be painting on glass. A supply fee of \$50 is payable to the instructor at class. Students will complete their projects and take them home, paints and brushes will be provided for classroom use only. Instructor: Malik.

Tuition \$78
Thu 5 wks 6:30pm-9:00pm
01/26 Northside Learning Ctr C 106

## ONE-STROKE PAINTING New THE SECOND STEP 110116

Now that you have learned the basics, continue on with new projects which will include a mouse with Lilly, Easter Basket, Jonquils in March (flower of the month), canvas landscape painting and fabric painting all on different surfaces and all to take home and show off. A supply fee of \$50 will be payable to the instructor at the first class. Brushes and paints will be available for classroom use. Prerequisite, must have taken One-Stroke painting previously. Instructor: Malik.

Tuition \$78
Thu 5 wks 6:30pm-9:00pm
03/01 Northside Learning Ctr C 106

## Fine Arts and Crafts

continued from page 23

## Fine Arts & Crafts (Adults)

## ONE-STROKE PAINTING; New ADVANCED 110117

As an advanced student in One-Stroke painting you will be able to create beautiful art work. You will learn to paint Sweet Peas for April, green and white Parrots, Palm Trees and Ferns, birdhouses and critters on a mailbox and on the last night Victorian roses and Hydrangeas. A \$50 supply fee is payable to the instructor at the first class. Please bring any brushes and paints for class usage. Prerequisite, must have taken One-Stroke painting beginning and intermediate. Instructor: Malik.

Tuition \$78
Thu 5 wks 6:30pm-9:00pm
04/12 Northside Learning Ctr C 106

#### **CLAY IN THE RAW**

#### 11009

Clay in the raw is a great class for those who would like to experience making pottery. You will start with a block of low fire white or red clay and learn the basic steps of how to create your very own fruit bowl. In the first class you will make two bowls using two different methods. In the second class you will make a simple vase using sculpture to add design to your pottery. In the third class paint all your pieces using colorful glazes. Pottery can be picked up the following week after being fired. If you have taken this course before we will have different projects for you to work on. A \$50 supply fee payable to the instructor at the first class will include all supplies needed for this course. Instructor: Bacon.

Fri 3 wks 6:45pm-9:15pm 02/17 Northside Learning Ctr C 106

## CLAY IN THE RAW- COIL POTS, SLAB BUILDING 110113

No experience necessary for this continuation of Clay in the Raw, which includes coil pot making, slab building and a simple sculpture. These are new projects for students who have taken Clay in the Raw before. Clay pieces will be fired and picked up the week after the class ends. A \$50 supply fee is payable to the instructor at class. Instructor: Bacon.

Tuition \$43 Fri 3 wks 6:45pm-9:15pm 05/11 Northside Learning Ctr C 106

#### MOSAIC BIRD BATH 110122

Your garden is a canvas. Add this Mosaic Birdbath to your garden art. Take a terra cotta saucer (13 inches) and 2 terra cotta pots (base) to create your birdbath or bird feeder. Trina Bacon, your instructor will help you take colorful tiles, glass and marbles to create a beautiful mosaic design. Supply fee of \$40 is payable to the instructor at class. Tiles supplied will cover saucer portion of birdbath. Please bring safety glasses, we will be breaking tiles so dress messy. Thin garden gloves are also suggested.

Tuition \$43 Sat 1 only 10:00am-3:30pm 03/24 Northside Learning Ctr C 106

## MOSAIC GARDEN ART 110140

It's Springtime, so plant something beautiful in your garden. Create a glass-on-glass abstract mosaic that will be added to your choice of a square garden stake, plant hanger or votive candle hanger, to hang from your porch or tree. A supply fee of \$7 PLUS the cost of the holder (price range for holders \$8.50 to \$25).

Sat 2 wks 1:00pm-3:30pm 05/12 Stained Glass Crafters Workbench

#### STAINED GLASS -LEARN TO CUT 580020

If you have an interest in stained glass, mosaics and hot glass, you will now have the opportunity to try all the different types of glass cutting tools and grinders. Learn the basics of cutting a straight line, inside and outside curves and circles. A supply fee of \$5 is payable at the beginning of class. PLEASE NOTE; if you are planning to take the Stained Glass Wind Chime (Course #110131) you will have some choice in selecting your glass. The glass you cut will be used in the wind chime.

Sat 1 only 10:30am-12:00pm 03/03 Stained Glass Crafters Workbench

#### STAINED GLASS WIND CHIME

NeW

#### 110131

Beads, copper and glass sound wonderful as the wind flows thru the pieces of your wind chime. As time passes, the copper will age adding to the beauty of this project. Precut and drilled pieces of glass will be provided. If you take the 'Learn to Cut' class (Course # 580020) you will use the glass you cut in that course to complete your wind chime. A \$10 supply fee is payable to the instructor at class.

Sat 1 only 10:00pm-12:30pm 03/10 Stained Glass Crafters Workbench

## STAINED GLASS-TIFFANY METHOD GIVE IT A TRY

Ne<sup>W</sup> 110139

In this course for beginners, you will have a chance to create a beautiful 5 1/2 by 5 1/2 inch heart using the Tiffany method. The \$10 supply fee is all you need to take this heart home with you.

Sat 1 only 1:00pm-3:30pm 04/14 Stained Glass Crafters Workbench



# Fine Arts & Crafts (Children)

## PRE-SCHOOL ART WITH KELLY! (AGES 3-5) 110127

Parents! Here's what you have been waiting for! A chance for your children to take an all-inclusive pre-school art class using a Kelly Kit. Your child will get to channel their creative energies by sculpting, drawing, painting, printmaking and collage design. Each week they will create a new project in one of the above listed disciplines. Kelly Machu-Hanson is the creator and owner of Kelly Kits and is a self-taught faux painter, decorator and designer. As \$10 supply fee is payable at the first day of class. (Kelly Kits retail for \$40). For more information about Kelly Kits, please visit www.kellykits.com, or call 210-489-0310.

Wed 5 wks 9:00am-10:00am 04/04 Northside Learning Ctr B 104

## PRE-SCHOOL CREATIVE DRAMA (AGES 3-5) 110065

Begin at the beginning with timeless fairytale classics and multi-cultural stories sure to engage young children. Story drama is a hands-on, no-pressure method of introducing children to the theatre. Simple costumes and face paint add to the fun. Students will perform on the final class day. Class is designed for those children ages 3 (potty trained) to 5 yrs. Students who have taken this class previously are welcome as all new projects will be introduced. Students must be able to take directions and be able to sit and focus on a project independently. A fee of \$12 covers all supplies needed for this class. Parents will be asked to wait outside the classroom. Instructor: Merriam.

Tuition \$36 Fri 4 wks 9:30am-11:00am 03/23 Northside Learning Ctr C 106

## PRE-SCHOOL ART (AGES 3-5)

110064

Art is play in this fun class for the preschooler. Explore different media such as painting and collage while developing art concepts and fine motor skills. The perfect 'hands-on' or 'hands-in' art class for children ages 3 (potty trained) to 5 years. Students who have taken this class before are welcome as all new projects will be introduced. Must be able to take directions and be able to sit and focus on a project independently. A \$22 supply fee will cover all supplies and is payable to the instructor at the first class. Parents will be asked to sit outside the classroom. Instructor: Merriam.

Tuition \$36 Fri 4 wks 9:30am-11:00am 02/17 Northside Learning Ctr C 106

## ART MASTERS FOR KIDS- NeW (AGES 7-11) 110138

Designed for the aspiring young art student to experience a variety of materials and methods including chalk pastels, oil pastels and watercolors. Learn how to manipulate color with chalk pastels, and paint a self-portrait with the oil pastels. Students will take home 4-5 art pieces of which one will be matted and framed. A \$23 supply fee is payable to the instructor at class. Instructor: Bacon.

Tuition \$21
Sat 1 only 10:00am-12:30pm
04/14 Northside Learning Ctr C106

## **Jewelry Making**

#### NeW **EUROPEAN STYLE** 560060

We all love jewelry. Creating your own design can be just as fun as wearing it. Even if you have never worked with beads before you will be able to finish your project in class. Choose from a wide variety of beads, spacers and charms and then finish off your bracelet with a simple clasp. Tools will be provided for classroom use. A \$25 supply fee is payable to the instructor at class. Instructor: Peters.

Tuition \$23 6:30pm-9:00pm Thu 1 only 02/09 Northside Learning Ctr B 104 6:30pm-9:00pm Tue 1 only Northside Learning Ctr B 104 04/10

## **BRICK STITCH EARRINGS New** 560054

We all love dangle earrings, so when you complete the fringe with sparkling crystals you are ready for a night on the town. Yvonne Ross will teach you the easy steps of the brick stitch to form the base for your earrings. A supply fee of \$35-\$45 is payable to the instructor at class.

> Tuition \$23 Sat 1 only 9:00am-12:00pm 03/03 Northside Learning Ctr C104

#### New **COIL AND BEAD BRACELET** 560059

A really fun bracelet to make and wear. A Coiling Gizmo transforms colorful wire and seed beads into a fashionable work of wearable art that is accented by crystals. A \$25 fee is payable to the instructor at class. Instructor: Hartman.

> Tuition \$21 6:30pm-9:00pm Thu 1 only Clark HS C 103 02/09

#### **CROCHET BEADED NECKLACE** 560047

This is not your grandmother's crocheted necklace. A mixture of beads in a variety of shapes, sizes and colors are crocheted then woven together. NO crochet experience necessary. A project that is suitable for the first time jewelry maker and for the seasoned pro as well. All of your bead kits will include crafting wire, an assortment of semi-precious beads accented with crystals and pearls. Tools will be provided for classroom usage. A \$35 supply fee is payable to the instructor at class. Instructor: Hartman.

Tuition \$21 6:30pm-9:00pm Thu 1 only Clark HS C 103 02/16

## NeW **CRYSTAL MAZE BRACELET 560058**

This 'netted' design is so unique, you will receive compliments each time you wear it. Crystals are encased in this delicate net of seed beads with just enough room for the luster of the crystal to peek out. It seems like such a complicated design but this is a beginners course and with the help of Yvonne Ross, you will complete this beautiful antique styled bracelet and wear it home. A \$35-\$45 supply fee is payable to the instructor at class.

> Tuition \$23 9:00am-12:00pm Sat 1 only 05/19 Northside Learning Ctr C 112

#### **CRYSTAL** WINDOW BRACELET 560057

Crystals make any bracelet elegant with their shimmering luster. Add beaded hoops in between to set off the sparkle of the crystals and you have a bracelet ready to wear to any formal occasion. A \$35-\$45 supply fee is payable to the instructor at class. Instructor: Ross.

> Tuition \$23 Sat 1 only 9:00am-12:00pm 05/05 Northside Learning Ctr C 106

NeW

#### **DESIGNER BEADING 101** 560042

Learn basic beading techniques and how to use the tools of the trade to express your own sense of style. You will design and finish your own beaded necklace and earrings. A supply fee of \$30 will include all supplies needed. Tools will be available for classroom use. Instructor: Hartman.

Tuition \$21 Thu 1 only 6:30pm-9:00pm 02/02 Clark HS C 103

#### NeW FLOWER AND PEARL **BRACELET** 560052

Crystals and Pearls intertwined to form delicate flowers that will surround your wrist are just right for the Spring season. Let Yvonne Ross guide you through the steps to ensure you walk out the door with this beautiful bracelet on your wrist. A \$35-\$45 supply fee is payable to the instructor at class.

> Tuition \$23 9:00am-12:00pm Sat 1 only 02/04 Northside Learning Ctr C104

#### **GLASS FUSING-**NeW **JEWELRY PENDANT** AND CANDLE HOLDER 560062

Glass Fusing creates the most intriguing and beautiful jewelry. In this three part course students will learn the basics of glass fusing. In the first class safety with be discussed as cutting is required to make your pendants. You will actually be making one fused and one tack fused pendant, in the second class your fired pendant will be cut and polished. Faster workers will have the opportunity to make earrings at an additional fee of \$15. Students also will be working on a square tile which will be inserted into a candle holder. In the third class the final polishing will take place and the necklace will be completed for assembly. No shorts or open toed shoes. We will be working with glass so expect to have a few cuts. A release will be signed in the first class. A \$50 supply fee is payable at the first class. This class is limited to 6 students. Tools and all supplies needed will be provided at class. Instructor: Wilson.

Tuition \$67 6:00pm-9:00pm Tue 3 wks 02/14 Glass Fusing Shop

## New **HERRINGBONE BRACELET** 560056

Beaders have been using the herringbone stitch for several years. However, the last few years this stitch has become one of the hot beading techniques. Using round and square seed beads and this versatile stitch, with the help of our instructor, you will complete a bracelet that will never be outdated. A \$35-\$45 supply fee is payable to the instructor at class. Instructor: Ross.

> Tuition \$23 9:00am-12:00pm Sat 1 only 04/14 Northside Learning Ctr C 112

## **MOTHER'S DAY SPECIAL EVENT** DAY-AGES 8 TO ADULTS NeW 560061

Using dichroic glass create this special jewelry gift for Moms, Grandmothers or that special friend. This is a special event in that you can come anytime during the day from 10:30am to 3:00pm. A \$15 supply fee is payable to the instructor at class. Pendants will be picked up at a later time. When picked up there will be a jewelry bail applied.

Tuition \$10 10:30am to 3:00pm Sat 1 only 04/21 Stained Glass Crafters Workbench

#### NeW 560055 **RING OF HEARTS**

Only Swarovski can bring you the heart shape crystal that will surround others in this delicate ring design. Perfect for yourself or for a gift to a special loved one. A \$35-\$45 supply fee is payable to the instructor at class. Instructor: Ross.

> 9:00am-12:00pm Sat 1 only 03/31 Northside Learning Ctr C 112

## TILA BEAD BRACELET NeW 560053

What are Tila Beads? They are small, square-shaped beads from Japan. Because of their unique shape and thin dimensions, you can combine them with seed beads and crystals and have an elegant look that can be worn for any occasion. A \$35-\$45 supply fee is payable to the instructor at class. Instructor: Ross.

Tuition \$23 9:00am-12:00pm Sat 1 only 02/18 Northside Learning Ctr C104

If you would like to see a picture of any of the jewelry pieces, please go on-line at www.nisd.net/ace and "click" on the class title



# Mind & Body

Body-Mind-Health

## Ne<sup>W</sup> 450190

#### **BASIC YOGA**

An opportunity for interested adults to learn some beginning yoga for relaxation and improved body strength and discipline. Some intermediate poses will also be taught so that previous students of yoga can continue progressing. For those individuals that need some modifications in their routine due to physical limitations, this experienced teacher is ready to help. Bring a yoga mat and step away from the world for a little while. Instructor: Johnson.

Sat 4 wks 1:00pm-2:30pm 02/04 Northside Learning Ctr C 112

#### ACUPUNCTURE, QI GONG, AND TRADITIONAL CHINESE MEDICINE 450

Are you curious about acupuncture? Acupuncture is an effective form of medical treatment that has evolved into a complete holistic health care system. Practitioners of acupuncture and Chinese medicine have used these non invasive treatment methods to help millions of people become well and stay well. In this class learn about what roles these methods play in today's modern medicine. You will learn common acupressure points, and herbal and food therapies to try at home. Other modalities like cupping and Qi Gong will be explored. You will have the option to experience acupuncture for yourself during the class if you wish. Instructor: Droege.

Tuition \$19
Thu 3 wks 6:30pm-8:30pm
02/23 O'Connor HS G 106

## QI GONG FOR HEALTH 450183

Qi Gong has come to San Antonio and it's the hottest new trend to stay healthy and fit. It is preventative medicine. Some doctors are now prescribing Qi Gong as a part of their treatment. It can lower blood pressure, lengthen your life and enhance your immune system. There are no negative side effects, plus it makes you feel great! Qi Gong is gentle movement focusing on the breathing and is done seated or standing. Practiced at your own comfort level, there's never any forcing, pushing or pulling. Join Practice Leader Terri Murphy and identify your 'qi' and be able to tap into the well of good health for life. For ages 35 to 105. Instructor: Murphy.

		Tuition \$39
Mon	6 wks	10:45am-11:45am
01/23	Northside	Learning Ctr C 106
Mon	6 wks	6:45pm-7:45pm
02/06	Northside	Learning Ctr C 106
Mon	6 wks	
03/19	Northside	Learning Ctr C 106
Mon	6 wks	6:45pm-7:45pm
03/26	Northside	Learning Ctr C 106

## KNOW THE 10 WARNING SIGNS OF ALZHEIMER'S DISEASE

What is normal aging and what is not? This class is an opportunity to evaluate whether or not you or your loved one is becoming a victim of Alzheimer's disease. Understanding the 10 warning signs can lead to getting a proper diagnosis and learning how to follow up on the symptoms. You will then be prepared to ask the right questions of your health care professional to determine what next steps need to be taken. Presented by the San Antonio Regional office of the Alzheimer's Association, Star Chapter. Instructor: Funk.

Mon 1 only 6:30pm-8:30pm 01/30 Health Careers HS A 132

## MEMORY LOSS, DEMENTIA AND ALZHEIMER'S DISEASE 450171

Have you noticed possible signs of Alzheimer's disease or do you know someone who has just been diagnosed? This class on memory loss, dementia and Alzheimer's Disease is intended for anyone who would like to know about different forms of dementia, how to lower your percentage of getting Alzheimer's and who to contact if you think you may have Alzheimer's disease. Join us for this empowering presentation on Alzheimer's disease and learn about resources in your community. Instructor: Funk.

FREE
Mon 1 only 6:30pm-8:30pm
02/06 Health Careers HS A 135

450167

## ALZHEIMER'S DISEASE; COMMUNICATION AND BEHAVIORS

This course will discuss best ways to interact with the person with dementia and how to respond when dementia causes unpredictable behaviors. We will also discuss courses and treatments, prevalence and mortality of Alzheimer's disease. Instructor: Funk.

FREE
Mon 1 only 6:30pm-8:30pm
02/13 Health Careers HS A 132

For more classes on Alzheimer's disease, please see page 29.

## MEDICARE FROM A TO B, (AND INCLUDING D) 450052

AACOG, Bexar Area Agency on Aging will provide basic information for Medicare. They will address in-patient hospital, skilled nursing facility, home health and hospice care under Medicare Part A as well as doctor's services, medical/surgical services, durable medical equipment, physical, occupational and speech therapies, ambulance coverage, Medicare preventive services and outpatient hospital services under Medicare Part B. A very brief explanation of Medicare HMO's will be given. Medicare handouts and other resource material will be provided. A short discussion of the prescription drug benefit, Part 'D' will also be included. Instructor: Lindemann.

FREE
1 only 6:00pm-8:00pm
Northside Learning Ctr B 104
1 only 6:00pm-8:00pm
Northside Learning Ctr B 104

#### SENIOR RESOURCES 45011

Mon

02/20

04/03

Tue

The Bexar Area Agency on Aging offers many free services for senior citizens in addition to the Medicare information classes they have been teaching for Northside for many years. They will explain various direct and contracted services available such as Legal Assistance, Benefits Counseling, Care Coordination, Homemaker/chore services, Personal Assistance (bathing, dressing, grooming), Emergency Financial Assistance, Senior Home Repair, Caregiver Services and Grandparent programs. In addition, through contractors, vendors and partnerships, get information on Guardianship, Health Screening, Mental Health Services, Respite, Transportation and Volunteer Opportunities. Instructor: Hernandez.

Tue 1 only 4:00pm-6:00pm 03/06 Northside Learning Ctr B 104

## GRANDPARENT RAISING CHILDREN RESOURCES 450172

San Antonio has over 25,000 grandparents raising their children's children. Are you one of them? Often the biological parents are unable or even unwilling to care for their kids and that's when the grandparents step in. This responsibility to meet the needs of the children results in financial hardship, emotional strain, and learning to deal anew with children's issues. There are many resources available and the Bexar Area Agency on Aging will explain the many different programs and support groups, which can include respite care, vouchers for beds or clothes, adoption services and access to professionals that are skilled in working with grandparents. Instructor: Garay.

Tue 1 only 6:30pm-8:30pm 03/20 Northside Learning Ctr B 104

## HEALING ARTS - AN INTRODUCTION TO REIKI 460121

Reiki is an ancient Japanese technique of applying and balancing the energy or electrical patterns addressing body, mind and spirit. Reiki is not a religion and does not have a religious doctrine. It is recognized as a holistic strategy that uses therapeutic touch to change the flow of energy around the body for purposes of pain relief, stress reduction and relaxation. Master teacher Carolyn Maloney will explain the practice of Reiki as well as allow the students to experience the healing process for themselves. Instructor: Maloney.

Tuition \$19

Tue 1 only 6:30pm-8:30pm 02/07 O'Connor HS G 106

## **CPR Classes**



## CPR CERTIFICATE PROGRAM New AGES 6-11 YEARS 450189

Children of all ages should know what to do in an emergency. During this two hour session students will learn how to recognize a true emergency such as an infant or adult choking or if that person requires CPR. Under the direction of trained CPR instructors your child will have the opportunity to practice their newly learned skills on a manikin. A certificate of completion will be given at the end of class.

Tuition \$38
Thu 1 only 6:30pm-8:30pm
02/02 The CPR Health Center

## CPR Ne<sup>W</sup> FOR AGES 12-18 YEARS 450188

Learn the basics of CPR , as well as the operation of an Automated External Defibrillator (AED). Focus on five essential elements of responding to an emergency. Upon completion of this course students will receive a two-year CPR-AED card from the American Heart Association.

Tuition \$48

Thu 1 only 6:30pm-8:30pm 02/09 The CPR Health Center

#### FIRST AID WITH CPR 450030

Become certified in basic first aid, home safety, splinting, bleeding control, bandaging, victim assessment and adult, infant and child CPR. AED (Automated External Defibrillator) training will be included with this course. This class is for non medical personnel. This course meets the requirements for foster care, adoption and child care workers. See further listings for Health Care Providers.

Tuition \$68

Tue 1 only 6:30pm-9:30pm 01/24 The CPR Health Center Thu 1 only 6:30pm-9:30pm 05/03 The CPR Health Center

#### CPR FOR ADULTS, CHILDREN AND INFANTS 450012

Learn techniques that could save someone's life! Have a plan for an emergency and develop the skills necessary to help an adult, child or infant who is not breathing or whose heart has stopped beating. You can double a victim's chance for survival by learning Rescue CPR through the American Heart Association. Learn early warning signs of stroke and cardiac arrest. AED (Automated External Defibrillator)training will be included with this course. This is a low stress and energetic environment where you will work hands-on to ensure a high success rate. Learn about the new sequence CAB. A two year certification card will be provided at the completion of the course.

		Tuition \$48
Thu	1 only	6:30pm-9:00pm
01/19	The CPR Health	Center
Thu	1 only	6:30pm-9:00pm
02/16	The CPR Health	Center
Thu	1 only	6:30pm-9:00pm
03/22	The CPR Health	Center
Thu	1 only	6:30pm-9:00pm
04/19	The CPR Health	Center

## CPR FOR HEALTH CARE PROVIDERS-ADULTS, CHILDREN AND INFANTS 450137

Two year American Heart Association certification for medical personnel who need CPR for their employment. The Automated External Defibrillator(AED) training will be included in this course.

		Tuition \$48
Thu	1 only	6:30pm-9:00pm
01/26	The CPR Health	
Thu	1 only	6:30pm-9:00pm
02/23	The CPR Health	Center
Thu		6:30pm-9:00pm
03/29	The CPR Health	Center
Thu		6:30pm-9:00pm
04/26	The CPR Health	
Thu		6:30pm-9:00pm
05/17	The CPR Health	Center

## **Essential Oils**

## **ESSENTIAL OIL BASICS** 450175

Essential Oils have been used in daily life for centuries. We know that Lavender can heal burns, is calming and helps with concentration. Now discover how a drop of Lemon Oil in a glass of water can benefit your liver and Frankincense can be anti-tumoral, or useful for sinuses. Essential Oils can support a healthy lifestyle and a healthy home. This Licensed Massage Therapist and Certified Body Talk Practioner has studied alternative medicine for 18 years. She will cover what essential oils are, how to pick a particular one for specific purposes and use them for yourself, your family and your home. A \$5 supply fee is payable to the instructor at class. Instructor: Roddy Stewart.

Tuition \$15

Wed 1 only 6:30pm-8:00pm
02/08 Northside Learning Ctr B 104

Wed 1 only 6:30pm-8:00pm
03/21 Northside Learning Ctr B 104

## ESSENTIAL OILS FOR ADD/ ADHD,AND AUTISM 450177

The sense of smell is tied directly into the mind's emotional and hormonal center. This enables therapeutic-grade essential oils to affect many types of neurological, emotional or behavioral problems. Learn about the essential oils that may be beneficial for children diagnosed with ADD/ADHD and Autism and studies that have been done using those oils. A \$5 materials fee is payable to the instructor at the beginning of class. Instructor: Roddy Stewart.

Tuition \$15 Wed 1 only 6:30pm-8:00pm 02/15 Northside Learning Ctr B 104

## ESSENTIAL OILS FOR DEPRESSION AND ANXIETY 450176

Essential Oils can be of great help and support for people suffering from depression and/or anxiety. As they are inhaled or applied topically, they enter the bloodstream quickly where they exert measurable psychological effects. Some can also be taken internally. Learn about the essential oils that have been studied for their ability to help with anxiety, depression, insomnia and stress. A \$5 supply fee is payable to the instructor at the beginning of class. Instructor: Roddy Stewart.

Tuition \$15 Wed 1 only 6:30pm-8:00pm 02/22 Northside Learning Ctr B 104

## ESSENTIAL OILS New FOR DENTAL HEALTH 450184

Essential oils are ideal for oral care. They are both antiseptic and non-toxic. Peppermint, wintergreen and cinnamon are commonly used in toothpastes and mouthwashes. Come to this meetup to learn what other oils you can use for dental challenges and overall dental health. A \$4 materials fee is payable to the instructor at class. Take home essential oil toothpaste and mouthwash. Instructor: Roddy Stewart.

Tuition \$15
Wed 1 only 6:30pm-8:00pm
03/07 Northside Learning Ctr B 104

# ESSENTIAL OILS FOR BALANCING THE CHAKRAS AND ORGANS 450185

The body has seven main energy centers, called Chakras. When all of these energy centers are functioning correctly, we have a healthy body, so it is important to keep those energy centers or Chakras balanced and functioning. In this class we'll learn about the seven main Chakras—their locations, colors, functions and organs they are associated with—and the essential oils that can balance each Chakra. Instructor: Roddy Stewart.

Tuition \$15 Wed 1 only 6:30pm-8:00pm 03/28 Northside Learning Ctr B 104

## ESSENTIAL OILS AND New 450186

What does frequency mean and why would we want to focus on the frequencies of a healthy body? Do you know the effect coffee has on a person's frequency? Clinical research shows that essential oils have the highest frequency of any natural substance. Come to this class to learn more. Instructor: Roddy Stewart.

Tuition \$12

Wed 1 only 6:30pm-7:30pm 04/04 Northside Learning Ctr B 104

# ESSENTIAL OILS GIFT IDEAS FOR MEN, WOMEN AND CHILDREN 450187

Make fun and useful gifts for Easter, Mother's and Father's Day using therapeutic-grade essential oils. Get directions for making foot scrub, hand lotion, bath salts, aftershave, clay, bath fizzers, liquid soap and more. Leave with some small sample gifts we'll make in class. A \$7 materials fee is payable in class. Instructor: Roddy Stewart.

Tuition \$15
Wed 1 only 6:30pm-8:00pm
04/11 Northside Learning Ctr B 104

# Mind & Body Personal Growth

## Ne<sup>W</sup> 420143

# Learning to swim upstream can be tiring and discouraging. Becoming an optimist in the midst of life's difficult challenges is extremely important. The power of keeping emotions from making us unhealthy will be discussed.

**COMING OUT ON TOP!** 

You can become tougher, wiser and more resilient. The challenges ahead may be great, but so are you, and you can turn them into victories. Instructor: Loev

Tuition \$21

Tue 1 only 6:30pm-9:30pm 02/21 Clark HS C 110 NeW

## **COMPASSION MEDITATION 420145**

This is not your regular 'breathe-in, breathe-out' meditation class, but rather a unique opportunity to learn about the healing power of compassion for health and well-being. Learn more about developing attentional stability, gaining clarity, and mindfulness. Through a stabilized mind you will gain insight into the nature of the inner world of thoughts, feelings, emotions and reactions. You will then be able to cultivate self-compassion, develop equanimity and relate to people from a deeper perspective. Understand the interdependence with others thereby gaining appreciation and gratitude, affection and empathy for those around you. Instructor: Brown.

Tuition \$36
Thu 4 wks 6:30pm-8:00pm
02/02 Clark HS C 116

## GRIEF RECOVERY OUTREACH INFORMATIONAL SESSION 42

You may be interested in the 10 week class for Grief Recovery (course # 420105) but not sure what, if anything you will get out of it. We offer this opportunity for you to come and meet Instructor Teri Myers and ask any questions you may have about this helpful, healing program. This could be the most positive step you take for the next part of your life.

Wed 1 only 6:00pm-7:00pm 02/01 Health Careers HS A 162

## GRIEF RECOVERY OUTREACH PROGRAM 420105

Do you believe 'time heals all wounds', or 'grieve alone', 'be strong', 'don't feel bad', or just 'replace the loss' and 'keep busy'? These myths are so common that we have never questioned whether or not they are valid. The death of a loved one, a divorce or end of a relationship, the loss of health, major financial changes, even moving are just some of the losses which can produce the range of emotions that we call grief. You may need a safe environment in which to look at old beliefs about dealing with losses and how they have affected your life. The Grief Recovery Outreach program can teach you to take new actions which lead to completion of the pain attached to your losses, so you can truly move on and begin enjoying life more fully. For more information, visit www.grief-recovery.com. A \$13 book fee is payable to the instructor at class. Teri Myers is a Grief Recovery Specialist and leader of this group. LPC, CEU credits are available for those completing the 20 hour course.

Tuition \$94
Wed 10 wks 6:30pm-8:30pm
02/15 Health Careers HS A 162



## PARENT ALIENATION SYNDROME; ADULT CHILDREN WHO ABANDON THEIR PARENTS 420138

It's puzzling and confusing; but parents who have done a good job raising their children are surprisingly cut off by them as they become adults. No phone calls, no visits. And parents are left in great pain wondering why and what to do about it. The alienated child expresses unreasonable negative feelings and beliefs toward the parents they were formerly very close to. It's not just you, it's happening all over the country, The numbers are growing, and fixing it is hard. Let's try and get some insight as to what's going on and find some support, resources and reassurance. LPC and CEU credits are available for this class. Instructor: Loev.

Tuition \$21
Tue 1 only 6:30pm-9:30pm
02/07 Clark HS C 110

## YOUR AMAZING BRAIN

Ne<sup>W</sup> 420144

Discover and unleash the power of your brain!! Increase your memory using simple brain techniques. Use your Critical Thinking Skills to problem solve and practice Logic techniques to use every day. Learn how to formulate more effective questions using brain based strategies. Expand your Creative Processing Skills. Instructor taught Gifted and Talented students for 20 years. Have fun while you learn. Each class will build on different strategies and skills. You may register for any or all classes at any time as long as there is space available. Keeping a journal is suggested and is optional. Instructor: Berkowitz.

Tuition \$21 6:30pm-8:30pm Thu 1 only 02/02 Clark HS C 111 Thu 6:30pm-8:30pm 1 only 02/09 Clark HS C 111 6:30pm-8:30pm Thu 1 only Clark HS C 111 02/16

## The NISD Learning Tree. . .

An After School Enrichment Program where learning is fun!



- Available each day that school is open from dismissal time until 6:30 PM including early release days.
- Homework Time and Academic Enrichment
- Recreation and Structured Physical Activity
- Parent/Child Events and Activities

Learning Tree is currently available at the following campuses:
Beard, Behlau, Blattman, Carlos Coon, Carnahan, Colonies North, Driggers,
Elrod, Forester, Galm, Helotes, Henderson, Hoffmann, Kuentz, Langley,
Leon Springs, Lewis, Lieck, Los Reyes, Mireles, Monroe May, Myers,
Oak Hills Terrace, Ott, Scarborough, Scobee, Steubing, and Thornton.

Please visit our website at www.nisd.net/learning-tree or Call 397-8108

# Professional Continuing Education

# REDUCING RISK OF FALLS IN ALZHEIMER'S AND NeW OTHER PATIENTS 440136

This workshop will define falls, help to understand individual and surrounding risk factors for falling, and understand the benefits of mobility even for those at risk of falls. Also, understanding the importance of the persons' history and preferences to reduce falls risk, learn strategies for working with all involved to create a safer environment for the person, and how to apply a falls risk checklist to better understand a persons' needs. **CEU credits available**. Instructor: Funk.

Mon 1 only 6:30pm-8:30pm 03/05 Health Careers HS A 132

# UNDERSTANDING WANDERING IN NeW ALZHEIMER'S PATIENTS 440135

This workshop will define wandering, why it occurs, identify situations that may lead to wandering and explain the difference between safe and unsafe wandering. Also, this will identify persons at risk for unsafe wandering, apply strategies that promote safe wandering while preventing exit seeking, and the safety services available from the Alzheimer's Association. **CEU credits available**. Instructor: Funk.

FREE
Mon 1 only 6:30pm-8:30pm
02/27 Health Careers HS A 132

#### ETHICS 440017

A review of the fundamental principles for sound ethical conduct in the practice of counseling and the delivery of social services (ACA ethical standards). Brief review of the LPC,LCDC,LCSW code of ethics. A study of the decision making process to best serve and protect the client(s) and counselor when making ethical decisions. The session will include case presentations and discussion. Satisfies the three (3) ethics requirements for State Boards and has a concentration of the LPC code of ethics. LPC, CEU credits available. Instructor: Ziegler. Tuition \$28

Mon 1 only 6:30pm-9:30pm 02/06 Health Careers HS A 132

## ANGER MANAGEMENT WORKSHOP 440092

Course participants will gain a thorough understanding of anger/rage as it relates to learned behaviors, brain chemistry, and subconscious imagery. Topics include, understanding negative emotions, the mind brain connection, anger log, emotional addictions, and several tools for overcoming negative anger. This nine hour course is taught by certified anger management facilitators. **CEU's provided.** Instructors are Joseph Burchfield, MA, and Frank Bohannan, BBA, certified faith based anger management facilitators/trainers. Participants who satisfactorily complete the nine hour course will be eligible for certification (certified faith based proprietary school at an additional cost of \$140 -fee includes textbook and materials).

Tue 3 wks 6:30pm-9:30pm 03/20 Clark HS C 110

#### **CONFLICT RESOLUTION** 440115

We all have conflict of some type every day of our lives. It's how we handle conflict that determines whether or not we can maintain relationships, or forever be 'at war' with ourselves and others. You will understand the basic ingredients of what causes conflict, the importance of communication, and how to develop better listening skills. In the second session you will practice the process of resolving conflicts and learn how to attack the problem, define the issues and move from individual positions to common goals. After this course you will know how the unmet needs involving love, belonging, freedom and fun can impact your ability to resolve conflicts. **CEU credits available**. Taught by noted mediator George A Walton, Jr. and Jay Birchfield of Anger Solutions Network.

Tuition \$42
Thu 2 wks 6:30pm-9:30pm
02/09 Clark HS C 110

## **Study Skills**

## **BASIC MATH MADE EASY** 420007

Strengthen or relearn those basic math concepts, including whole numbers, fractions, decimals and percents. Let our talented and patient instructor guide you step by step through this non-threatening class. Instructor: Ramon.

Tuition \$135 Book \$33 Mon, Wed 4 wks 6:30pm-9:30pm 02/06 Holmes HS H205

## ALGEBRA REFRESHER I 420001

Designed for the student who cannot remember algebra (or who has not had algebra) and needs a review to pursue a college education, for standardized testing, or for use in a career. This no-pressure course will include the basic numbering system, arithmetic operations and introduction to algebraic laws and principles for solving equations. Prerequisite; Basic Math Made Easy Instructor: Ramon.

Tuition \$133 Book \$32 Mon, Wed 4 wks 6:30pm-9:30pm 03/05 Holmes HS H205

## **SPELLING & GRAMMAR 101 310019**

Knowledge of basic grammar, spelling, and the correct ways in which sentences are put together can increase your marketability in the workplace or aid you in building a strong resume. Enjoy strengthening your proficiency of English by revisiting word usage, proper sentence structure and spelling techniques in a friendly, no pressure atmosphere! Instructor: Mika.

Tuition \$45 Book \$26
Tue 4 wks 6:30pm-8:30pm
02/07 Clark HS C 116

## SPELLING & GRAMMAR 102 490002

Pick up where you left off and continue strengthening your skills in English. Having a strong knowledge and proficiency of spelling, grammar and writing is a must in today's competitive fast paced world. Instructor: Mika.

Tue 4 wks 6:30pm-8:30pm 03/20 Clark HS C 116

## **SAT Test Preparation**

## SAT PREPARATION

#### 420046

This course prepares you for the Verbal and Math Reasoning sections of the SAT tests. Each class is two sessions; six hours on a Saturday, from 9:00am-3:00pm and, two hours on a weekday, i.e. Mon., Tues., Wed., Thurs from 6:00pm-8:00pm. Materials are included in the cost of the tuition. Instructor: Tajchman.

		Tuition \$57
Sat	01/21	9:00am-3:00pm
Thu	01/26	6:00pm-8:00pm
	2 days	, NLC
Sat	03/03	9:00am-3:00pm
Thu	03/08	6:00pm-8:00pm
	2 days	NLC
Sat	04/21	9:00am-3:00pm
Wed	05/02	6:00pm-8:00pm
	2 days	. NLC

# POWER LEARNING

# STRATEGIC LEARNING WISDOM FOR BACK-TO-COLLEGE & CAREER ADULTS New 490012

Although able to sail through the chapters of favorite authors, most adults admit being far less competent when it comes to handling college textbooks and work-related material. Find out how to rapidly handle information without 'tuning out' or becoming bored or sleepy. Join national presenter Don Woodruff as he shows you how to unlock your verbal intelligence. Mr. Woodruff has presented his learning strategies for the staff of NASA Headquarters as well as at International Learning Symposiums. For free access to his new online book, visit www.kangaroomethod. com. Additional \$20 materials fee payable at class for CD.

Tue 1 only 6:15pm-9:30pm 02/28 Northside Learning Ctr B 104

## THE LAST VOCABULARY CLASS YOU'LL EVER NEED 490013

It's true; people do judge you by the words you use. Discover how to crack open the meaning of words without using a dictiionary and learn how to quickly build a powerful vocabulary using accelerated word-infusion techniques. Presented by Don Woodruff. (See bio under class entitled, Strategic Learning Wisdom for Back-to-College & Career Adults.) Additional \$20 materials fee payable at class for audio disk containing 40 words successful people use.

Tuition \$38

Wed 1 only 6:30pm-9:30pm 02/29 Northside Learning Ctr B 104

## STRATEGIC LEARNING POWER COMBO 490014

Registering for this course (#490014) entitles you to attend both of Don Woodruff new Power Learning classes for a \$10 discount. Strategic Learning Wisdom can dramatically improve your ability to handle information and unlock your verbal intelligence. The Last Vocabulary Class teaches you to quickly build a powerful vocabulary. Each class has separate materials of \$20 per class and is not optional. No other discounts apply.

Tue/Wed 2 days 6:15pm-9:30pm 02/28 Northside Learning Ctr B 104



# SPRING BREAK CAMP - NeW BASIC HORSEMANSHIP (AGES 8 & UP) 530019

Children ages 8 and up have this opportunity to learn horseback riding skills during their Spring Break. Learn the safe and correct methods for approaching and haltering a horse, saddling and bridling. In the riding arena using lunge lines, lessons, games, obstacles and riding school patterns will be taught by experienced teachers along with balance and confidence. Other aspects of horse care will be stall cleaning, grooming and hoof care, basic health concerns and first aid and correct feeding practices. Bring a snack. Class size limited to 10. Instructor: Gilkey.

M,T,W,Th, F 1 wk 9:00am-12:00pm 03/12 Pleasant Grove Equestrian Center

## BASIC HORSEMANSHIP AND RIDING (ADULTS)

Pleasant Grove Equestrian Center in Natalia, TX is about 35 minutes away from our campus here on Bandera Rd and it is a place where 'horseplay' is encouraged. Adults and Children now have the opportunity to gain horseback riding skills with experienced teachers. Learn the safe and correct methods for approaching and haltering a horse, saddling and bridling. In the riding arena using lunge lines lessons, games, obstacles and riding school patterns, gain balance and confidence. At your own pace, walk, trot and canter safely and in balance with the motion of your horse. Other aspects of horse care will be stall cleaning, grooming and hoof care, basic health concerns and first aid and correct feeding practices. Safety helmets will be provided and you will be asked to sign a liability waiver. Groups are small and the arena is lighted in the evenings. All classes are held at the Pleasant Grove Equestrian Center. Instructor: Gilkey.

530016

530017

		Tuition \$140
Thu 01/05	4 wks	5:30pm-7:00pm
Thu 01/05	4 wks	12:00pm-1:30pm
Sat 01/07	4 wks	1:00pm-2:30pm
Thu 02/02	4 wks	12:00pm-1:30pm
Thu 02/02	4 wks	5:30pm-7:00pm
Sat 02/04	4 wks	1:00pm-2:30pm
Thu 03/22	4 wks	12:00pm-1:30pm
Thu 03/22	4 wks	5:30pm-7:00pm
Sat 03/24	4 wks	1:00pm-2:30pm

## BASIC HORSEMANSHIP AND RIDING (CHILDREN AGES 8 AND UP)

		Tuition \$140
Sat 01/07	4 wks	9:00am-10:30am
Tue 01/24	4 wks	10:30am-12:00pm
Sat 02/04	4 wks	9:00am-10:30am
Sat 03/03	4 wks	9:00am-10:30am
Tue 03/20	4 wks	10:30am-12:00pm
Sat 03/31	4 wks	9:00am-10:30am

## GALLOPING GUINEA PIGS-HOW TO CARE FOR AND ENJOY YOUR PET 460166

Guinea pigs are common in pet stores, but did you know that they are a unique herd animal? Learn how to provide for your guinea pig or cavy (as they are also known)in order to get the fullest enjoyment from your pet. This session will cover the special dietary needs, proper care, common behaviors and informational resources. Your instructor has done extensive research and is involved in the Lone Star Cavy Club and will give you a 35 page guide booklet she developed on Cavy Care. Adults and children 9 years and up are welcome. Instructor: Headlee.

Tuition \$10
Sat 1 only 10:00am-12:00pm
05/05 Northside Learning Ctr C 112

#### PET FIRST AID 53000

Would you know how to save your pet in a life-threatening emergency? Every day thousands of dogs and cats are injured in accidents. Snake bites, car wrecks, anti-freeze or rat poison, and heat exhaustion are just a few examples of emergencies all pet owners should know how to handle. In this special three hour class, you will learn many life-saving techniques such as how to apply bandages and splints and other vital information to save your pet's life. The instructor will also give some information on CPR. Books and First Aid kits will be available for purchase. Instructor: Lewis.

Sat 1 only 10:00am-1:00pm 03/03 Northside Learning Ctr C 112

## INTRODUCTION TO PUPPY BASICS

#### 460015

Sometimes younger puppies are not yet ready for Obedience School, but you still want to begin their training in a positive way. In this one-time, one-hour course, Sophia Becerril will teach you to teach your puppies from 6 weeks to 6 months about crate training, potty training, different leashes, grooming and other concerns. Yes, of course we want you to bring your puppy! (No children allowed without an adult)

Tuition \$10
Tue 1 only 5:00pm-6:00pm
01/31 Northside Learning Ctr Courtyard
Tue 1 only 5:00pm-6:00pm
03/20 Northside Learning Ctr Courtyard

## PUPPY KINDERGARTEN 460096

For puppies from at least four months and up to 12 months. Give your puppy a good start by teaching the basic commands to make your puppy feel like a useful member of the family. You will learn how to make your puppy sit, heel, down, stand, stay, and walk on a leash as well as how to puppy play. One dog, one trainer, please, and for best results, the trainer should be the same adult family member each class. Bring a nylon or leather collar and leash. No retractable leashes, please. Instructor Sophia Becerril shows her dogs in obedience and agility and is a member of The Delta Society.

	Tuition \$62
6 wks	6:00pm-7:00pm
Northside Lea	rning Ctr Courtyard
6 wks	6:00pm-7:00pm
Northside Lea	rning Ctr Courtyard
	Northside Lea 6 wks



#### **DOG OBEDIENCE**

#### 460042

Do you walk your dog or does your dog walk you? This basic class is for dogs at least ten months old and up to any age and for dog owners who want their pet not only to respect a set of human oriented manners, but also to perform certain tasks on command. Teach your dog to heel, sit, stay, down and walk on a leash. Bring proof of rabies shot to first class. One dog, one adult trainer, please, and for best results, the trainer should be the same family member each class. Bring a nylon or leather collar and leash. No retractable leashes, please. Instructor: Becerril.

Tue 6 wks 7:15pm-8:15pm 01/31 Northside Learning Ctr Courtyard Tue 6 wks 7:15pm-8:15pm 03/20 Northside Learning Ctr Courtyard

## PRINCIPLES OF CANINE MASSAGE AND BODYWORK 530015

Bring your dog and learn the basics of the healing art of canine massage. At the end of the course you will know the basic massage strokes and techniques, and basic canine anatomy well enough to safely give your dog a beneficial massage. This is a hands on course. Your pet needs to be be well behaved, current on shots, leashed or crate and no treats during the course. PLEASE NOTE, your pet should not eat one half hour before this course. This course is not a replacement for any medical issues your pet may have. Please bring a blanket for your pet. This course is for adults only with one dog. If you have any questions please e-mail the instructor at ghess25326@sbcglobal.net Instructor: Hess.

Tuition \$23
Tue 1 only 6:30pm-8:30pm
03/20 Northside Learning Ctr C101
Tue 1 only 6:30pm-8:30pm
05/15 Northside Learning Ctr C101

# UNDERSTANDING YOUR BEST FRIENDDOGS HAVE A LOT TO SAY 530011

A class jammed packed with information such as why do our dogs do the things they do, such as wagging their tails and bark at the same time or bite us in a playfull way? Sometimes what they do can be frustrating if we don't understand pet behavior! Learn what you can do to prevent an attack when you are walking your dog. Clicker training and doggie park etiquette will also be discussed. Bring all your questions (but not your pet) and get those answers so you can modify your pets behavior. Instructor: Fenn.

Sat 1 only 10:00am-12:00pm 03/24 Northside Learning Ctr B 104

"I want to thank my parents and my teacher for helping me get to this exciting day".





## **CAKE DECORATING-**THE BASICS

Learn new and traditional ideas, then apply your personal 'sweet touch' to your design and come up with an amazing decorated masterpiece fit for the occasion. Your instructor will teach you how to make icing, how to ice your cake, make shells, stars and borders, flowers and leaves. Recipes will be given in class. Students will bring pen and paper, apron, paper towels, one gallon size plastic food storage bags, 6 large plain Sugar cookies, scissors, one pound Wilton Ready-To-Use Icing. Please purchase the Wilton No. 1 Cake Decorating kit and bring it to the first class. Instructor: Malik.

Tuition \$61 Mon 4 wks 6:00pm-8:30pm 01/23 Northside Learning Ctr B 104 10:00am-12:30pm Tue 4 wks 01/24 Northside Learning Ctr B 104

#### **CAKE DECORATING ADVANCED**

New

520127

Build on basic skills with hands-on practice. Create beautiful borders, basket weave, and learn how to rollout and use Fondant icing. A supply list is available at registration. Instructor: Malik.

> Tuition \$61 6:00pm-8:30pm Mon 4 wks 03/05 Northside Learning Ctr B 104

## **CAKE DECORATING-MAKING A TIERED** WEDDING CAKE

That special day is coming and the excitement is building. Imagine making that special cake for a family member or even for extra income. Learn how to make and use Fondant frosting. Learn and practice more detailed designs and master the sizing, assemblage and presentation of that beautiful wedding cake. A supply list is available at registrations. Instructor: Malik.

> Tuition \$51 6:00pm-8:30pm Northside Learning Ctr B 104 04/02

Please pay supply fees in cash.

#### **FUN WITH PICADILLO**

520074

Here's a unique opportunity to learn one of the most basic of Mexican food recipes. Picadillo starts out simple with ground beef and a few ingredients, but it can quickly become taco filling, or stuffing for poblano peppers or enchiladas; even as an entre by itself, served with beans and tortillas (which you'll also get to sample). Food supply fee of \$6 is payable at class. Instructor: Torrez.

Tuition \$28 6:00pm-9:30pm Thu 1 only O'Connor HS G 206 02/23

#### **CHILES RELLENOS** 220214

Are you tired of searching restaurant after restaurant for the perfect one? Now you can make your own with the help of this exerienced Mexican food cook. Chile poblanos are filled with ground beef and potatoes, battered, fried and served with rice and beans. You'll learn to make all three items in this one night class. Cash supply fee of \$7 is payable to the instructor at class. Instructor: Torrez

> Tuition \$28 Thu 1 only 6:00pm-9:30pm 03/08 O'Connor HS G 206

#### **GORDITAS**; A FIESTA FAVORITE

Native Texan or not, you musn't get through our famous Fiesta season without at least one of these thick cornflour based stuffed tortillas. Now, get a head start and learn to make your own. This experienced teacher will help you through the steps to make both beef and bean fillings, and the masa, with some rice and beans on the side. Bring your apron and be ready to cook. Cash supply fee of \$6.00 is payable to instructor at class. Instructor: Torrez.

Tuition \$28 Thu 1 only 6:00pm-9:30pm 04/12 O'Connor HS G 206



## **ITALIAN COOKING**

Mon

NeW

Grazia Hughes is a personal chef and an Italian language teacher. Here she shows off her excellent cooking skills in a series of cooking classes you will be sure to enjoy. Class size is limited and the food fee is not optional and is payable at class.

Tuition \$28 each class

Baby Back Pork Ribs in Red Sauce over Creamy Polenta. Food supply fee \$12.

> 1 only 6:30pm-9:00pm 02/06 Brandeis HS B133

Spaghetti al dente and Meatballs from scratch.

Food supply fee \$10 6:30pm-9:00pm

Mon Brandeis HS B133 02/13

Eggplant Parmigiana with Focaccia.

Food supply fee \$10.

Mon 1 only 6:30pm-9:00pm

02/20 Brandeis HS B133

Stuffed Pasta Shells with Besciamella Sauce (Ricotta Cheese, Ground Beef and Spinach).

Food supply fee \$10.

Mon 1 only 6:30pm-9:00pm Brandeis HS B133 02/27

Spring Class Catalog 2012 To Register Call 397-8100



"Wine and Food instructor, Cecil Flentge is always cooking up something new!"

#### MAKING SUSHI 520098

Sushi is a work of art as much as a food, and while it is now available in a western 'quick and easy' serving style, the traditional ways are far from lost. Perhaps the best way to get really good, fresh sushi is to learn to make it yourself. This experienced teacher will guide you in preparing your own sushi with fish and vegetables. All materials needed are supplied, however a food fee of \$15 is payable to the instructor at class. Warn the family at home, because you will be bringing home what you have made! Instructor: Skinner.

Tuition \$24
Mon 1 only 6:30pm-9:30pm

01/30 Brandeis HS B133

Mon 1 only 6:30pm-9:30pm 03/05 Brandeis HS B133

## LET'S THAI ONE ON! 520133

Spicy, exotic, different combinations of familiar and unfamiliar ingredients, and oh so good! That is Thai cuisine. Now spicy doesn't always mean hot peppers, some Thai dishes are just flavorful, but then there are those peppers too! Cecil Flentge, The Spiceman, lived in Bangkok in his teens and visited a few years ago. While on the return visit, he studied Thai Cooking from different instructors. In this class you will learn a few recipes and where to buy ingredients as well as how to adjust the seasonings for your preparations. No wine at school but lots to eat! Food supply fee \$18. (payable to instructor).

Tuition \$24
Thu 1 only 6:30pm-9:30pm
03/08 Clark HS C 105

## WHAT'S COOKING? 220149

These are fun beginning cooking classes for those who may have missed the basics. We'll cover grocery shopping, meat & vegetable buying, menu planning, cooking times and equipment. Students will work in small groups to prepare main dishes and complete meals using simple ingredients. What with today's economic struggles, it's important that families eat healthily and inexpensively. This Northside Home Economist will show you how to stretch your dollars, yet learn to make versatile meals quickly so you don't spend all evening in the kitchen. A \$32 food fee is payable to the instructor at first class. Instructor: Roberts.

Tuition \$59
Tue 4 wks 6:30pm-9:00pm

04/10 Clark HS C 101

#### LEARNING WINE-WINE TERMS AND WINE TASTING

#### 220271

How do I taste wine? How do I read wine labels? How do I say what it tastes like to me? Why do they swish the wine around before they drink it? How do I find what I like on a wine list? This is a casual class to give you some tools to relax with wine and enjoy it as a 'hobby'. Join us for dinner and list of wines and wine terminology handouts. Cecil Flentge, of Grapes and Groceries, will lead the discussion and answer your questions. Bring your questions about matching wine and food, glassware, wine etiquette, and why do some wines make my tongue dry? Chef Rocky Niravong will prepare delectable dishes to pair with the wines. Rock San Restuarent, 5238 DeZavala Rd. Supply fee of \$18 is payable to the instructor at class.

Tuition \$24
Tue 1 only 6:30pm-9:30pm
01/31 Rock San Restaurant

## BEAUTIFUL BLENDS - NeW THE MAGIC MIXTURES 520128

Bordeaux Wines are some of the most famous on earth and they are mixtures of different grapes to bring out the best of each. This class will explore many different red and white wine 'blends' from around the world that make such wonderful wines. Think of it as wine recipes! Cecil Flentge, of Grapes and Groceries, will show some of the wide range of blended wines and prepare dishes to pair with the wines. Zion Lutheran Church Fellowship Hall, 9944 Leslie Rd, Helotes, TX 78254 (210) 688-3090. That is Leslie road where it intersects Braun Road. Supply fee of \$18 payable to the instructor at class.

Tuition \$24
Tue 1 only 6:30pm-9:30pm
02/07 Zion Lutheran Fellowship Hall

# SOUTH AFRICAN WINES - RED, WHITE NeW 520129

Great wines from different wine regions of The Republic of South Africa! Cecil Flentge, of Grapes & Groceries, will present a fun evening of wine tasting. We will be offering samples of both white and red wines from South Africa. 350 years of wine making is some serious experience! Chef Cecil will prepare dishes to pair with the wines. Zion Lutheran Church, 9944 Leslie Rd. That is Leslie road where it intersects Braun Road at Loop 1604. Supply fee of \$18. is payable to the instructor at class.

Tue 1 only 6:30pm-9:30pm 02/21 Zion Lutheran Fellowship Hall

# NEW ZEALAND IS GROWING - NeW ALL THE TIME 520130

Yes, they have great Sauvignon Blanc and we will look at a new arrival, but they have many other grape varietals in lovely wines. Red and white wines from New Zealand will be the topic of discussion led by Cecil Flentge, of Grapes and Groceries. Dishes to complement the wines will also be prepared and provided by Chef Cecil. Supply fee of \$18 is payable to the instructor at class. Zion Lutheran Church Fellowship Hall, 9944 Leslie Rd. That is at Leslie Rd where it intersects Braun Road at Loop 1604.

Tuition \$24
Tue 1 only 6:30pm-9:30pm
02/28 Zion Lutheran Fellowship Hall

## **KEEPING COOL** Ne<sup>W</sup> WITH CHILLED WINE 520131

It's warming up, time to chill a little grape juice! So when you have Spring cookouts and it is still 88 degrees at eight in the evening, you want something cool to drink. There are many whites and reds than can fill the bill to preserve your chill. Cecil Flentge, of Grapes and Groceries, will present an assortment of refreshing wines and Chef Rocky Niravong will prepare scrumtious dishes to pair with the wines. Materials fee of \$18 is payable to the instructor at class. Rock San Restaurant, 5238 DeZavala Rd.

Tuition \$24
Tue 1 only 6:30pm-9:30pm
03/06 Rock San Restaurant

## RELAX WITH YOUR ROSÉ-COLORED GLASSES 520132

'In the Spring a young man's fancy lightly turns to thoughts of ...Rosé! Or it should, and then he could catch up to all the young women that already know Rosé wines are refreshing! These cold, fragrant, flavorful and absolutely yummy wines are made all across the globe. This isn't your mother's White Zinfandel, in fact, bring her along! She will love Rosé. Cecil Flentge, of Grapes and Groceries, will provide a 'bouquet' of Rosé and give food pairing tips. Chef Cecil will also prepare dishes to pair with the wines. Supply fee of \$18 is payable to the instructor at class. Zion Lutheran Church Fellowship Hall, 9944 Leslie Rd where it intersects Braun Rd at Loop 1604.

Tuition \$24
Tue 1 only 6:30pm-9:30pm
03/20 Zion Lutheran Fellowship Hall





#### YOU'RE IN TEXAS NOW. **GARDENING IS DIFFERENT HERE**

570010

If you've recently moved to the area, you're quickly going to find that all those plants you brought from 'back home', aren't going to grow here. Gardening in this area is like gardening in the desert. A trip down to the coast or the valley will show you what conditions were here originally. In this class we cover soils, plants, fertilizers, plant problems, composting, pruning, turf grass and xeriscape. It's a lot of material to cover in two hours, but it's vital to your successful gardening. Dr. Tom Harris, a Texas certified Master Gardener, Master Pruner, and gardening columnist teaches and answers your questions. Dr. Harris will also have his publications available at class.

> Tuition \$18 6:30pm-8:30pm O'Connor HS E 104 01/31

#### YOU DON'T HAVE TO BE A **CARPENTER TO BUILD** 570017 A RAISED BED

If you live on rocks or caliche, then raised beds are the only way to garden successfully. It's not hard to do, and with a little patience and a few tools. You will be harvesting your home grown produce in no time! We'll discuss types of edging, materials to use and types of soil used to fill them. Dr. Tom Harris, a Texas certified Master Gardener, Master Pruner and gardening columnist teaches the class and answers questions. Dr. Harris will also have his publications available at the class.

> Tuition \$18 6:30pm-8:30pm Tue 1 only O'Connor HS E 104 02/07

## **VEGETABLE GARDENING, SPRING AND HOME GROWN TOMATOES**

There's an old C/W song that says 'There's only two things that money can't buy; one's true love and the other's home-grown tomatoes.' It may not rhyme but tomatoes are also the number one home-grown vegetable in the USA. This is a class that shows that gardening can be easy and fun. Learn about vegetable varieties, planting dates, beds, containers, soils, watering, fertilizing and harvesting to get the best posible benefit for yourself and your family. Eat healthy, save money, involve the family and enjoy the fruits of your labor together. Dr. Tom Harris, a Texas Certified Master Gardener, Master Pruner, and gardening columnist teaches the class and answers questions.

Tuition \$18 6:30pm-8:30pm Tue 1 only O'Connor HS E 104 02/14



#### **BUILD YOUR OWN DRIP IRRIGATION SYSTEM**

NeW

You can do this, it isn't 'rocket science' as they say and it's not all that expensive. All you need is a pair of scissors, some tubing and a few small parts and you're all set. You can build enough in one morning to do all your beds. The neat thing about drip irrigation is that it ALWAYS puts the water where it's needed and, if you purchase a batterypowered timer- WHEN it's needed. Master Gardener. Master Pruner, and gardening columnist Dr. Tom Harris, will show you how to design, build, and install your own system.

> Tuition \$18 6:30pm-8:30pm Tue 1 only 02/21 O'Connor HS E 104

#### **DRIP LINE GARDENING** (SQUARE FOOT **GARDENING PLUS!)** 570040

If this sounds like your kind of gardening, join Master Gardener, Master Pruner, and gardening columnist, Dr. Tom Harris as he shares tips on this exciting gardening system. The class covers Square Foot Gardening and then goes beyond that to include information to make your garden GREAT!. The class covers gardening from start to finish. He will discuss location, construction, soil, planting, drip irrigation and harvesting. Dr. Harris will also have some of his publications available.

Tuition \$18 Tue 6:30pm-8:30pm 1 only O'Connor HS E 104 04/03

## **BUILDING A GARDEN SHELTER;** A.K.A. MINI-GREENHOUSE 570039

Who would have thought you could build a plant shelter or a mini-greenhouse in less than two hours? In this course, we show you how it's done, what materials you need, what tools to use and how to set it up, stake it down, and cover it. These shelters stand up to wind gusts and rain storms and can be converted from a shelter to a greenhouse in very little time and with little effort or expense. Dr. Tom Harris, a Texas certified Master Gardener will also have his publications available at this class.

> Tuition \$18 Tue 1 only 6:30pm-8:30pm 04/10 O'Connor HS E 104

#### **ORGANIC GARDENING: DOES IT REALLY MAKE A DIFFERENCE?**

570022

The use of organic and natural materials for fertilization and disease and insect control is increasing. Reducing or eliminating use of chemical pesticides or controlling insects and diseases leads to a cleaner environment and a healthier food supply. Some organic processes we will discuss include planting only healthy, disease resistant varieties; controlling insects using biological controls and natural products; rotating garden areas; encouraging natural insect predators, composting, mulching, pollination, and watering. Instructor Dr. Tom Harris, a Texas certified Master Gardener, Master Pruner and gardening columnist will also have his publications available at class. Tuition \$18

6:30pm-8:30pm Tue 1 only O'Connor HS E 104 04/17

#### NeW WHAT KIND OF WORM 570044 **BIN SHOULD I GET?**

Curious about worm composting? Not sure if you're ready to take the plunge? Come find out what makes composting worms different and in some ways better than your average earthworm and what types of worm bins are available and which is best for your gardening situation. You can't just throw worms in the bin so we'll show you how to keep them alive and thriving in your garden. You will learn to care for composting worms even in the Texas heat and how working with worms can improve your present composting efforts. An optional workbook, 'What Kind of Worm Bin Should I Get?' is available from the instructor for \$5. Instructor: Truax.

> Tuition \$14 10:00am-11:30am Sat 1 only 02/18 Northside Learning Ctr C 106

#### **BUILD A WORM COMPOSTING BIN** 570037

This will be a fun, interesting class for gardeners of all types. Learn all about worm composting and go home with your very own bin! We'll talk worms and how you can transform your kitchen scraps and yard waste into black gold (compost). Worm compost has twice the nutrients as regular compost, it is low maintainance and you can take advantage of it even if all you have are patio pots. A \$35 fee payable at class includes everything you need to build your bin and includes \$20 worth of worms. Instructor: Truax.

Tuition \$18 6:30pm-8:30pm Mon 1 only 02/27 Northside Learning Ctr B 104

#### NeW **BREWING AND APPLYING WORM COMPOST TEA** 570043

Want a fabulous garden and yard? Worm Compost Tea can help you achieve just that. Worm tea is brewed' from worm compost which is rich in beneficial bacteria, beneficial fungi, beneficial nematodes, protozoa, bio available plant hormones and nutrients. Learn what worm tea is and how to brew it, how to effectively apply worm tea to plants and which additives to use and when. An optional book available from instructor for \$8. Instructor: Truax.

> Tuition \$14 10:00am-11:30am Sat 1 only 03/03 Northside Learning Ctr C 106

# Home

#### SAY IT WITH FLOWERS; BASIC DESIGN

#### 220365

Get a jump on the high prices and learn to make your own floral decorations. After discussing and demonstrating some basic design concepts in the first class, Sherry Wilson will guide you through making a fresh flower arrangement in the second class. In the third class you will make a silk flower arrangement or wreath. The last night will be a 'pot luck' class where you bring in either 'found' items from your yard or house, purchased items or old things you want to re-cycle. The supply fee of \$25 is payable to the instructor at the beginning of the first class, and of course, all the arrangements are yours to take home and enjoy. Please bring a small, sharp knife, wire cutters and scissors with you to class. Ms. Wilson, of Wilson Landscaping, has over 25 years of experience in landscaping and flower design.

Tuition \$58 6:30pm-9:30pm

Wed 4 wks 6:3 02/01 Marshall HS E 102



# Green Living

# RESIDENTIAL GREEN BUILDING PROGRAM



Everyone wants to save money and energy. Learn the complete details on rebates and incentives available for your present home or for the home you plan to build. Kris Zebrowski from Build San Antonio Green will give you all the "green" specifics designed for San Antonio.

Tue 1 only 6:30pm-8:30pm 02/21 Northside Learning Ctr B 104

# SOLAR ENERGY FOR YOUR HOME; JOIN THE SOLAR COMMUNITY

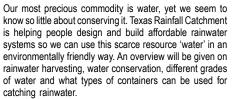


Our world is changing and we must change with it. We must become better stewards of our resources and save as much money doing it as possible. Energy efficient homes to reduce costs and protect the environment are one of the biggest savings we as homeowners can control. But are they cost effective? How many solar panels would I need to provide enough electricity for my household needs? Alex Mendez, from Solar Community will teach you exactly what a solar panel is and how they work. There will be plenty of time to ask questions. Please bring paper and pencil to class.

FREE
Tue 1 only 6:30pm-8:30pm
03/06 Northside Learning Ctr B 104

# **RAINWATER HARVESTING**





Thu 1 only 6:30pm-8:30pm 03/22 Northside Learning Ctr B 104

# RAINWATER HARVESTING- New LANDS-ON 220381

Rainwater is something we take for granted. This past year has been one of the worst droughts. What if you had a rain barrel at your home so when it did rain you were able to use that resource to the fullest.? Texas Rainfall Catchment will show you how to make a rain barrel out of a recycled food grade 55 gallon barrel. You can have a try at drilling a hole for the fittings and installing them onto a barrel. Handouts will be provided. Depending on the interest level you may be able to order rain barrels at a fee of \$95 each.

Tuition \$10 Sat 1 only 10:00am-12:30pm 03/24 Northside Learning Ctr C 112

# **Do-It-Yourself**

# AUTO REPAIR FOR THE BEWILDERED CONSUMER 460127

Does your car really need a tune-up? What do you do when the klunka-klunka gets louder than the screech? Become a more informed consumer of auto repair and maintenance. This class will be held in the shop and under the hood so you need be intimidated no longer by automotive terminology. Topics include what to do when your car will not start, determining what you can do yourself or how to choose a repair shop, basic air conditioning problems and solutions, electronic fuel injection and the computer in your car. Class is held at Auto Works, 4727 Timco West(across Bandera from HEB Market Place). Instructor: Boudreaux.

Tuition \$24

Sat 1 only 9:00am-12:00pm 03/24 Auto Works shop

#### BASIC WELDING

# 220014

Here's your chance to learn welding for your own projects and enjoyment. These experienced Northside teachers will cover general purpose and acetylene welding, cutting, stic and MIG welding. Former students are invited to continue their progress, and if you have your safety equipment (helmet, gas welding glasses, long sleeved shirt, leather shoes or boots) you may begin welding the first night. All students will be given the needed safety information. A \$60 supply fee payable to the instructor will cover all materials, however, students can expect to spend approximately \$75 to \$100 on their own welding helmet, safety goggles and gloves. Students are advised not to buy any equipment prior to class as Instructors will discuss types and sources at the first class. The 6 week classes at Marshall are \$90. The 8 session classes at Holmes and Clark are \$119. Instructors: Haddock, Sharp Halloran

	Tuition \$90
Tue	6 wks 6:30pm-9:00pm
03/20	Marshall HS L 111 Welding Shop
Tue	6 wks 6:30pm-9:00pm
01/31	Marshall HS L 111 Welding Shop
	Tuition \$119
Mon	8 wks 6:30pm-9:00pm
01/30	Holmes HS H 100 Welding Lab
Tue, Thu	4 wks 6:30pm-9:00pm
01/31	Clark HS E 103 Welding Lab

### BASIC WOODWORKING, CABINET MAKING AND FURNITURE BUILDING

# Ne<sup>W</sup> 220015

This course is for the beginning woodworker. We'll cover safety, selection of lumber and materials, drawing and three-view drawing, also project planning and layout, joinery, woodworking equipment and types of finishes. You will learn to use saws, routers, drills, sanders, shapers, jointers and other woodworking equipment. The use of jigs and fixtures will also be covered. A \$10 shop fee to cover incidentals used in demonstrations is payable at the first class. Each student will select a project from a list of several. The cost of the project is not included in the class fee. Instructor: Haddock.

Tuition \$90
Thu 6 wks 6:30pm-9:00pm
02/02 Marshall HS L111
Thu 6 wks 6:30pm-9:00pm
03/22 Marshall HS L111



# Leisure Interest BEGINNING BRIDGE

460019

Get a good start on understanding the fundamentals of this fascinating game. You'll learn the mechanics, bidding, and basic trick development. Play hands each session that are programmed to help you practice and to reinforce the topics introduced. Bridge is a wonderful social experience as well as a way to keep the mental cobwebs at bay. Sign up with a special friend or partner, or be prepared to meet someone new. Have Fun! Everette Lewis is a Gold Life Master.

Tuition \$79
Wed 8 wks 7:00pm-9:00pm
02/01 Holmgreen Jr/Sr

#### **CLOWNING 101**

460033

We're not just clowning around either! This is a serious class for those interested in becoming real clowns. We'll cover the basics of the art of clowning including the history of clowning, make-up design and application, wardrobe, various clowning skills (balloon sculpturing, face painting, puppetry, skits, parade ability), character development, and opportunities available for using this talent (caring clowning, ministry, business). The last class will be your clown 'graduation'. The \$16 supply fee is payable at first class and includes a textbook and other small supplies. Additional makeup may be purchased on your own. Students must be at least 16 years old or be accompanied by a registered adult. Instructor Krause. AKA 'Be Bop'.

Tue 8 wks 7:00pm-9:00pm 01/31 Clark HS C 118

# BALLOON TWISTING FOR FUN AND PROFIT FOR ALL AGES 540018

Balloon twisting can be fun but also can be used for profit or fundraisers. Your instructor, Justin Botter, has 20 years of experience in balloon twisting and will teach you several different styles and shapes. A \$20 supply fee is payable to the instructor at class and will include, balloons, a two-way hand pump, instruction booklet and 20% coupon for other purchases at the Magic Shop on Fredericksburg Road.

Tuition \$14
Tue 1 only 6:00pm-8:00pm
03/27 Northside Learning Ctr B 104

# All the world loves a clown!

# **Photography**

# FUNDAMENTALS OF PHOTOGRAPHY

460057

Are you tired of spending money on cameras and developing film and seeing that you are cutting off heads, looking at red eyes, poor lighting and blurry backgrounds? Now here is a chance to study with a consummate professional who will provide students with a strong foundation on the technical aspects of photography as well as learning to take beautiful photographs. Some topics covered will be exposure, aperture shutter speed, depth of field and more. No prior experience is necessary. Any kind of camera can be used and digital cameras are welcome. You can expect to shoot several rolls of film and process them at your own expense. Instructor, Justin Moore is a professional nature photographer. Please feel free to review his work at www.outdoorphoto.com

Tuition \$52
Mon 4 wks 6:00pm-8:00pm
01/30 Brandeis HS B115

# **Voice-Overs**

# VOICE-OVER GET PAID TO TALK AS A PROFESSIONAL 510001

Find out if you have what it takes to use your voice to make extra money. We will look at the industry opportunities and discuss what it takes to become successful. You'll learn how to market yourself with the all important 'demo tape' and find out what skills are needed to become a talent at voice-overs. Bring pen and paper to class. Your instructor, Janice Dean, has been a Voice-Over Talent for more than 20 years. An \$8 booklet fee is payable to the instructor at class.

Tuition \$26 6:30pm-9:00pm Mon 1 only 01/23 Northside Learning Ctr C 112 Thu 1 only 6:30pm-9:00pm Clark HS C 103 03/08 Wed 6:30pm-9:00pm 1 only Northside Learning Ctr C 112 05/02



# ROBOTICS-UNHINGED AND UNDER CONTROL AGES 7-9

Ne<sup>W</sup> 540023

It's time to journey into the next evolution of top notch robotics. Come take a ride with us on a non-stop, action packed series of next generation builds. Working in teams students will experiment with mechanics that will test the limits of physics and imagination. If you are up to the challenge we will see you there.

Tuition \$42 Sat 1 only 10:00am-1:00pm 02/25 Northside Learning Ctr C 106

# ROBOTICS- PLANES, TRAINS AND AUTOMOBILES NeW 540025

This journey with robotics will take your senses on a ride exploring the future with activities designed to demonstrate theories and technology. Working in teams, students learn a variety of ways to gain experience with design and problem solving.

Tuition \$42 Sat 1 only 10:00am-1:00pm 03/31 Northside Learning Ctr C 106



# **Sewing - Needlecraft**

# **BASIC SEWING**

#### 220012

This easy, step-by-step sewing class is designed for true beginners. You will learn pattern terms, how to select patterns for size, which materials to buy, how to lay out and cut, and simple machine usage. With teacher's assistance, students will choose projects appropriate to individual sewing experience. Supply list available at registration. Please bring your own portable machine. Instructor: Wehmeyer.

		Tuition \$114
Wed	8 wks	6:00pm-9:00pm
02/01	Northside	Learning Ctr C 112
Thu	8 wks	6:00pm-9:00pm
02/02	Northside	Learning Ctr C 112

#### CROCHET 101 FOR BEGINNERS

#### 220044

Learn the basics of crochet just in time to make a special gift for friends and family. Students will make a scarf in class, and in the process learn crochet stitches, how to read a pattern and other essential techniques. Begin a hobby that can last a lifetime. Initial supplies-three skeins of Worsted medium weight yarn in any light solid color, (no variegated), a size G crochet hook, and scissors. Instructor: Leach.

		Tuition \$48
Sat	4 wks	10:00am-12:00pm
01/28	Northside	Learning Ctr B 104
Wed	4 wks	6:30pm-8:30pm
03/21	Northside	Learning Ctr C 106

## **CROCHETED LACE DOILIES 610039**

Doilies can accent any dinning or living room table and give the room an elegant charm. Two projects will be worked on in class, one heart shaped and one round doily. This type of crochet involves small hooks, tiny stitches and some detail in the patterns. These projects are for an intermediate crocheter who has basic stitch knowledge and some crochet experience. Supply list available at registration. Instructor: Black.

Tue 4 wks 7:00pm-9:00pm 01/31 Clark HS C 103

#### KNITTING BASICS 220098

The knitting craze is back. This wonderful skill can bring you years of enjoyment and help you maximize the time spent waiting in a doctor's office or watching TV. Learn the basics of knitting and purling to create a head scarf, neck scarf, shrug or a baby blanket. Please bring number 10 needles. Yarn will be provided for practice and will be discussed for the project chosen. A \$5 fee is payable to the instructor at class, for yarn and instruction booklet. Please visit instructors website at www.joannesweb.com Instructor: Leach

Tuition \$67 6:30pm-8:30pm Mon 6 wks Marshall HS E 106 01/30 Wed 6 wks 6:30pm-8:30pm 02/01 Northside Learning Ctr C 106 6:30pm-8:30pm Mon 6 wks 03/19 Marshall HS E 106



# KNITTING AND CROCHET-CONTINUATION COURSE 610041

Continue learning those difficult stitches or learn to read patterns in this continuation course with designer/knitter Joanne Leach.

Tuition \$36 Wed 3 wks 6:30pm-8:30pm 04/18 Northside Learning Ctr C 106

# EMBROIDERY CHICKEN SCRATCH 610040

Chicken Scratch is a type of embroidery worked on gingham fabric. Using certain stitches, thread or floss will create a lacelike design. There are three stitches used in Chicken Scratch embroidery, the double cross stitch, the straight running stitch and the woven circle stitch. These create a wide variety of looks, depending on color and number of strands of embroidery floss used in the design. Our instructor, Bernice Houston, will show you how easy it is to learn this traditional style of embroidery. Supply list available at registration.

Tuition \$21
Fri 1 only 6:30pm-9:30pm
02/03 Northside Learning Ctr B 104

# **'FRENCH BRAID'** NeW QUILTED TABLE RUNNER 610044

This quilted table runner is fun and easy to complete, and is the perfect project for the beginner quilter. This table runner can be designed with three different colors that repeat throughout the runner, or it can be composed of many different colors and hues but the center and smaller squares should be a nice contrast to the other strips. Ask for the supply list at registration. If you register on-line, the supply list appears under 'special comments'. Instructor: Wehmeyer.

Tuition \$54
Thu 3 wks 6:00pm-9:00pm
04/05 Northside Learning Ctr C 112

# TURNING TWENTY NeW WITH A TWIST 610043

This is for Beginners who want to go a little bit further in their 'quilt studies'. A beautiful addition to your home, this piece can be a large lap quilt, a wall hanging, or a cover for a precious little one. Your friends will be amazed at the complex look of the quilt and only you will know how easy it was. You'll need 20 'fat quarters', 10 dark and 10 light and none of the material will be wasted. Please see the complete supply list in the 'Comments' section or call Esther for a supply list at 397-8100. Instructor: Stanchos.

Tuition \$39
Thu 2 wks 6:00pm-9:00pm
02/02 Memories By The Yard

# Travel - Tour

# AMERICAN SPIRIT FAMILY DISCOVERY; A COLLETTE VACATION

# NeW 240106

Get ready for the history...the adventure...the culture...and the American spirit that spreads throughout the eastern United States. From Gettysburg to Washington, D.C., every stop on your tour captures the story of a nation built from dreams, ambition and opportunity. Your tour starts at the trail of independence with a scavenger hunt in Philadelphia's most historic sites. You'll see Independence Hall, the Betsy Ross House and the Liberty Bell. Then, step back in time as you travel to the Amish Country and a family style lunch with shoo fly pie! No text book could ever capture the story of the most historic Civil War battle - that of Gettysburg. Your park ranger-guided tour will trace the footsteps of the famous Pickett's Charge and re-enact the battle. Visit 1770's Colonial Williamsburg and discover what life was like through the costumed re-enactors who populate the streets and buildings. Be a guest in George Washington's beloved home of Mount Vernon before moving on to Washington, D.C. See the world-famous sites including the Capitol building, the White House and some of the treasures of the Smithsonian Museum. Included in the price is round trip air from San Antonio, air taxes/fees/surcharges, cancellation waiver and insurance and hotel transfers. The trip leaves July 21, 2012 for eight days and includes 11 meals. Price per person is Double, \$2,499, single \$2,949, Triple \$2,369 and Child (ages 4-14) \$1,849. If you book before March 21, 2012, you save \$100 per person. Please join us on Tuesday, February 21 at O'Connor H.S. as Collette rep Mike Sprute shows slides and discusses this trip of a lifetime. For a brochure, please call Mary Mora at 210-397-8103 or Anna Lisa Garcia at 210-397-8975.

Tue 1 only 6:30pm-8:00pm 02/21 O'Connor HS G 106

# DISCOVER THE FRENCH RIVIERA; NeW A COLLETTE VACATION 240105

The exciting French Riviera awaits your arrival, complete with elegant coastal resorts, superb dining, fabulous shopping and fascinating museums. Unpack your bags just once and stay at a single hotel for your entire adventure which begins with an overnight flight to France. During your nine day trip that departs Thursday, November 1, 2012, your tour commences in the stunning Mediterranean city of Nice, long revered as the playground for the rich and famous. You will explore the impressive Rothschild Villa and Gardens, a seaside palazzo overlooking the Mediterranean, walk through a local flower market in Nice and take in all the wonderful fragrances. See the walled medieval town of St. Paul de Vence which is filled with historic buildings, hidden alleyways, fabulous restaurants and many speciality shops. Explore the fairytale principality of Monaco and enjoy a visit to the fascinating Oceanographic Museum. You will visit the village of Grasse, the world center of perfume-making and visit the Roman ruins of Frejus. Eleven meals are included in the price which also includes round trip air from San Antonio Intl, air taxes and fees/ surcharges, hotel transfers and cancellation waiver and insurance. Per person rates are Double \$2,999, Single \$3,599 and triple \$2,969. For a brochure, please call Mary Mora, 210-397-8103. Please register for an informational evening on Tuesday, March 6 at O'Connor High School where Collette rep Mike Sprute will present slides of the area and answer any questions you may have.

Tue 1 only 6:30pm-8:00pm 03/06 O'Connor HS G 106

# Travel

continued from page 37



# SPAIN'S CLASSICS BY COLLETTE VACATIONS

Ne<sup>W</sup> 240103

Enjoy a fascinating 11 day visit highlighting Spain's most exciting cities beginning September 1. You will arrive in Madrid, Spain's capital and largest city and be escorted on a locally guided tour of the historic center which includes the 18th century Royal Palace with its lavish halls, banquet rooms, throne room and royal armory. Travel next to Toledo, a UNESCO site and visit the Church of Santo Tome to view El Greco's masterpiece painting, 'The Burial of Count Orgaz'. then venture on to the extraordinary Moorish city of Cordoba and tour the Mezquita, an archititectural marvel built by the Moors in the 8th century and converted in the 18h century to the city's cathedral. See Columbus's tomb in Seville and enjoy a walking tour of the Maria Luisa Park, one of the loveliest in all of Europe. A local flamenco dancer joins you for a 'tapas lunch' and later see an authentic flamenco show. Travel along the peaceful Sierra Nevada to Granada and tour the world-famous Alhambra, the immense hilltop palace that is a UNESCO site. Next ride along the Mediterranean coast, viewing the amazing landscape dotted with olive groves and arrive in Valencia where you will stop at the Lonja, the old Silk Exchange. Later, visit Lladro-City of Porcelain and learn about the history and creative process of the world-famous hand-made Lladro figurines. Finish your extraordinary trip with two days in Barcelona, one of Europe"s most beautiful and exciting cities. This 11 day trip includes 15 meals and price includes round trip air from San Antonio, air taxes and fees/surcharges, cancellation waiver and insurance and hotel transfers. Per person rates are \$3,729 Double, \$4,329, Single and \$3,699 for triple. Join us on Tuesday, March 6 at O'Connor High School when Collette Rep Mike sprute will present a slide show and answer any questions about the trip that you may have. For a brochure please call Mary Mora at 397-8103.

FREE
Tue 1 only 6:30pm-8:00pm
03/06 O'Connor HS G 106

# FREE VACATIONS-TRAVEL FOR FREE AND MAKE MONEY DOING IT 46

460068 economy on how

Practical ideas during this challenging economy on how to make your vacations free, many offering excellent pay or new careers for full or part-time work for those in midcareer transition, retirees, and new graduates. National speaker, Gina Henry, has lived this global travel life for 25 years taking FREE vacations six months a year to over 40 states and 80 countries. FREE air tickets, hotels, cruises, tours, meals, & more. Maximize your FREQUENT FLYER MILES and TRAVEL POINTS programs (worth more now than ever). Get "bumped". MYSTERY SHOP for travel perks and income. TEACH ENGLISH for a free vacation or earn up to \$90,000 full-time. Go on a FREE tour, organize your own trips for family & friends (you go FREE). Write articles, shoot photos, volunteer, or get paid to drive. Learn the best travel web sites, how to avoid scams, the 7 effective ways to negotiate, and the 50 most important words in any language that will empower you to travel anywhere. Check out www.goglobalinc.com \$15 material fee payable to instructor at class.

Tue 1 only 6:30pm-9:30pm 03/20 NEISD, Community Learning Center, 8750 Tesoro

#### MYSTERY SHOPPING-MAKE MONEY SHOPPING 460088

Do you like to shop? Earn extra income by mystery shopping in your area. Shop retail stores, restaurants, and other businesses in your city and on vacation. With the current economic situation it is more important than ever for businesses to know more about their customers and this is the most cost effective way to get this invaluable information. Receive items FREE like dinner for two or extra income. Make this your next new career! Mystery shop on vacation for free airline tickets, hotel nights, car rentals, meals, and more. Learn how to play up your qualifications, fit mystery shopping into your daily schedule, earn the most income, get the best assignments, applications, sample shopping reports, and the TOP 100 MYSTERY SHOPPING COMPANIES including addresses, web sites, & phone numbers, and more. The materials fee is \$15 (55 page publication). It is payable in class and normally retails for \$39.95. Instructor, Gina Henry, founder of Go Global, Inc. teaches nationwide and has been a mystery shopper for over 15 years.

Tuition \$29 Wed 1 only 6:30pm-9:30pm 03/21 CommArts C117

# HOW TO CHOOSE YOUR CRUISE 460067

Experienced Cruise Specialists Ben and Lynn Catalina will answer all your questions regarding this most popular and affordable way to vacation. Having been on over forty personal cruises and touring over seventy ships, they will share their knowledge and cover subjects such as; cruise costs, what is and is not included, how much to tip, what to wear, what to expect onboard, how to select the cruise line, ship and destination best suited to your expectations, and how to book your cruise. They will even cover methods on getting the best deals, as well as explain how to become a group leader and cruise for free. Brochures from several cruise lines will be available. Plenty of time for questions and answers.

Tuition \$16
Wed 1 only 6:30pm-8:30pm
02/29 Health Careers HS A 131

# PAINTED CHURCHES TOUR, SCHULENBURG, TX 240081

Pioneers built the nationally recognized painted churches of Ammannsville, Dubine, High Hill, and Praha. They were experts at the artistry and handiwork of 19th century Europe. All four churches contain ornate altars, intricately painted columns, elevated ceiling arches covered with complex designs and stained glass windows. A docent will accompany us on the bus and will explain the unique features of each church. For those of you who have not visited the Painted Churches, this has been one of our most popular tours. We'll take breaks along the way and stop for lunch in Schulenburg while touring the churches. Lunch will be on your own, and we'll make a guick stop at the Schulenburg Bakery for kolaches and other bakery items before returning to San Antonio. Please park your car on the Loop 410 side of the Northside Activity Center (by Gustafson Stadium) 7001 Culebra where the bus will be waiting. Instructor: Mora.

Tuition \$58
Sat 1 only 8:00am-6:30pm
03/17 Northside Activity Ctr Parking Lot

# HILL COUNTRY WINE TOUR

Ne<sup>W</sup> 240108

It will be a lovely day in April for a NEW tour of the 'Wine Road'. We'll do the driving and you can do the relaxing and tasting of the wines Texas has to offer. We'll start at the Chisolm Trail Winery which will open early for us at 11am. Tasting is \$7 for 9 wines and you get to keep the glass. Gourmet Pizzas are available here, cooked in a wood-fired oven. We will return to Grape Creek because it is so lovely. Tasting is \$10 for 6 wines fully refundable with a three bottle purchase. This is a perfect place to purchase sausages and cheese or bring along your packed lunch and enjoy it with some of their wines. A Winery tour is available at 2:30. By 4pm we'll be at the new Messina Hof Winery near Stonewall. \$10 buys you five wodden nickels and wines range from one to two nickels. Each winery has some food items available. You may choose to taste at any or all of the wineries and each individual will pay their own fees at each winery. We'll take a comfortable bus from the Northside Activity Center, 7001 Culebra on the stadium/ Loop 410 side. Please park in the center of the lot where we will depart at 9:30am and return at 6:30pm. No open alcoholic containers are allowed on board the bus. Plenty of room under the bus for your purchases. Instructor: Mora.

> Sat 1 only 9:30am-6:30pm 04/14 Northside Activity Ctr Parking Lot

# LAVENDER FESTIVAL AND BECKER VINEYARDS 240093

Once again we'll leave for a lavender-filled Saturday at the Becker Vineyards outside Fredericksburg. Demonstrations throughout our visit include growing, cooking, bathing and decorating with lavender. Other jewelry, food,craft and plant booths will be on site. Wine tasting is \$5. We'll go into Fredericksburg for lunch (on your own) and a chance to shop a bit or visit the Admiral Nimitz Museum. A stop at the Wildseed Farm offers one more chance to see the trees and plants that do so well in our Texas heat before boarding our comfortable bus and returning to San Antonio (please park your car in the middle of the lot on the stadium side of the Northside Activity Center - access rd/Loop 410). Instructor: Mora.

Sat 1 only 9:30am-6:30pm 05/05 Northside Activity Ctr Parking Lot



# Fun & Play Golf & Tennis

#### PEE WEE TENNIS (AGES 4-8)

#### 230028

A fun introductory class for the very young. Students will learn how to hold the racket, swing, and hit the ball. Hand-eye coordination will be stressed. Emphasis will be on having fun on the tennis court. Rackets will be available if you do not already have one. A \$5 ball fee is payable to the instructor at the first class. If you have any questions about rackets or inclement weather please call the tennis office at 706-7515. All classes are held at the AnneMarie Tennis Center, in the Northside Activity Center complex at 7001 Culebra. Instructor: Meritz.

 Tuition \$49

 Sun
 4 wks
 4:30pm-5:15pm

 02/05
 AnneMarie Tennis Center

 Sun
 4 wks
 4:30pm-5:15pm

 03/18
 AnneMarie Tennis Center

# BEGINNING JUNIOR TENNIS (AGES 9-15) 230004

An introductory class for juniors. Learn the basic strokes, forehand and backhand, drives, rules, scorekeeping, and tennis etiquette. Please bring a tennis racket or one will be available for use. A \$5 ball fee is payable to the instructor at the first class. For questions about rackets or inclement weather information please call the tennis office at 706-7515. All classes are held at the AnneMarie Tennis Center in the Northside Activity Center complex, 7001 Culebra. Instructor: Meritz.

230007

# BEGINNING TENNIS (ADULT)

Learn the basic forehand drive, backhand, serve, volley, rules, scorekeeping, and court etiquette. Rackets will be available for students who don't have their own. A \$5 ball fee is to be paid to instructor at the first class. Rackets available for purchase at the tennis center. Any questions about inclement weather please call the tennis instructor at 706-7515. All classes are held at the AnneMarie Tennis Center in the Northside Activity Center complex, 7001 Culebra. Instructor: Meritz.

Tuition \$44
Sun 4 wks 6:30pm-7:30pm
02/05 AnneMarie Tennis Center
Sun 4 wks 6:30pm-7:30pm
03/18 AnneMarie Tennis Center

# GOLF JUNIOR BEGINNING (AGES 6-15)

#### 230003

A class designed especially for the young golfer. Students will be taught the grip, stance, swing and the rules and etiquette of the game. Clubs are available at no charge. Get an early start on a hobby that could last a lifetime. A \$4 ball fee is payable to the instructor at the first class. All classes are held at Alamo Golf Club, 9700 Rochelle. Instructor: Voges.

		Tuition \$52
Sat	4 wks	12:00pm-1:00pm
02/18	Alamo Golf	Course
Wed	4 wks	6:00pm-7:00pm
04/11	Alamo Golf	Course
Sat	4 wks	12:00pm-1:00pm
04/14	Alamo Golf	Course

#### **GOLF - BEGINNING (ADULT) 230019**

Learn the basics of the grip, stance, and swing. Work on some of the specialized shots, putts, and approaches. Clubs available at no charge. All classes are held at the Alamo Golf Course. A \$4 ball fee is payable at first class. Instructor: Voges.

		Tuition \$52
Wed 02/15	4 wks	6:00pm-7:00pm
Wed 02/15	4 wks	7:15pm-8:15pm
Sat 02/18	4 wks	10:00am-11:00am
Wed 04/11	4 wks	7:15pm-8:15pm
Sat 04/14	4 wks	10:00am-11:00am

#### GOLF - LEVEL II (ADULT) 230020

For the golfer who has learned the basics and would like to continue to progress. Students will work on use of woods and irons, rules, and course strategy. Clubs available at no charge. A \$4 ball fee payable at first class. Instructor: Voges.

Tuition \$52
Sat 4 wks 11:00am-12:00am
02/18 Alamo Golf Course
Sat 4 wks 11:00am-12:00am
04/14 Alamo Golf Course

# Unne Marie Tennis Center Academy

# 706-7515

**Beginning, Intermediate and Advanced** (All sessions are open to ages 5 and up)

- Mon. & Wed.
- Begins January 16
- 3 6:00-7:30pm
- 7001 Culebra Road
  Please call 706-7515 for information and registration or email: www.Mark.Hilderbrand@nisd.net

# **Summer Camp begins June 4**

- \$115 per week
- Mon. Thur.
- 9:00am-1:00pm





# Ne<sup>W</sup> **BICYCLING 101** 210101

Maybe you're already a cyclist and want to learn more, or connect with others, or maybe you've wanted to get started but it's been 'oh, so many years' since you've been on a bicycle and, guess what? you HAVE forgotten some of what you learned as a child. This class provides an opportunity to learn the basics of bicycling including: Safety tips including instruction on how to perform a safety check before each ride; how to change a flat tire; how to operate your bicycle efficiently (gearing, basic fit adjustments); basic bicycle anatomy; and understanding your legal rights as a cyclist. The course consists of two hours of classroom training and two hours with your bicycle to include a short ride. The class is taught by Justin Moore, a certified instructor with the League of American Bicylists. Justin maintains a bicycle blog with a wealth of information for cyclists at www.bikegurus.com. Please park on the Grissom street side of the Northside Learning Center.

		Tuition \$28
Sat	1 only	9:00am-1:00pm
02/04	Northside Lea	arning Ctr C 106
Sat	1 only	9:00am-1:00pm
03/03	Northside Lea	arning Ctr B 104

# HOOPS FOR HEALTH NeW 210103

This is not your typical hula hoop class. 'Hooping' is a fun and unique low impact workout to music. Make no mistake it is a workout. Hooping can burn up to 110 calories in 8 minutes. You will increase cardiovascular stamina and strengthen core muscles. Your instructor will provide these specially made hoops for \$15 which is payable at the first class. So hoop it up for health. Please wear flat shoes and comfortable clothes (not too loose fitting). Instructor: Patton.

		Tuition \$39
Mon	6 wks	6:30pm-7:30pm
03/19	Northside Lea	arning Ctr C101
Mon	6 wks	7:45pm-8:30pm
03/19	Northside Lea	arning Ctr C101

# HOOP DANCING FOR HEALTH

# NeW 210104

You thought hooping was fun wait till you try hoop dancing. Learn some of the latest steps to music in this unique fitness course. A \$15 supply fee is payable to the instructor for a hand made hoop for this class. Instructor: Patton.

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							Tu	ition	\$26
	Mon	4	wks			6:30	)pm	1-7:3	0pm
	04/30	Ν	lorths	side	Lea	arning C	tr (	2101	



# Ne<sup>W</sup> ZUMBA WITH AUDREY 1200004

Come and participate in the one of the most fun and exciting fitness programs; Zumba! It is a combination of Latin and International choreographed music-dance themes creating a dynamic, exciting and effective cardio workout. Zumba is a high energy workout that will help you attain your fitness goals. So come and join the Zumba fun. Audrey, your certified Zumba instructor can't wait to see you.

		Tuition \$39
Sun	6 wks	2:00pm-3:00pm
01/22	Studio One	
Sun	6 wks	2:00pm-3:00pm
3/18	Studio One	
Sun	6 wks	2:00pm-3:00pm
04/29	Studio One	

# MARTIAL ARTS TRAINING ON-LINE SEE PAGE 2-3 New 210096

# TAEKWONDO FOR BEGINNERS (AGES 3-4) BOYS AND GIRLS 450071

Combine Korean and American styles of Taekwondo in this Olympic sport. This exciting, non-aggressive course for boys and girls promotes self-discipline and self-confidence which can be reflected in everyday life. Certified instructor Master Dan Cavazos is a 6th Degree Black Belt and President of the Karate and South Texas AAU Olympic TaeKwonDo. Join now and earn a certificate towards the first level of Orange belt. Uniforms are optional but will be available for purchase if desired. Visit their website at www.dcmartialarts.com or call 507-0257.

		Tuition \$39
Tue	4 wks	6:00pm-6:30pm
02/14	DC Martial Arts	
Tue	4 wks	6:00pm-6:30pm
03/20	DC Martial Arts	

# TAEKWONDO FOR BEGINNERS (AGES 5-12) BOYS AND GIRLS 450066

Taekwondo, an Olympic sport, is an exciting, non-aggressive sport for boys and girls. This fun and structured environment promotes self-discipline and self-confidence which can be reflected in everyday life. Your instructor is a 6th Degree Black Belt and will help you earn a certificate towards the first level of Taekwondo, the orange belt. Uniforms are optional but will be available for purchase if desired. For more information visit www.dcmartialarts. com. For questions call 507-0257. Instructor: Cavazos

Tuition \$39
Tue 4 wks 6:45pm-7:30pm
02/14 DC Martial Arts
Tue 4 wks 6:45pm-7:30pm
03/20 DC Martial Arts

# SELF-DEFENSE FOR MEN AND WOMEN 210102

We need to be prepared for any situation that may arise in this unsafe world today. Learn the basic fundamentals of self defense through Mixed Martial Arts. In this class your will learn an exciting new concepts of stand-up, close quarter take-down methods and combative strategies. Please wear comfortable workout attire, no shorts. Please visit their website at www.dcmartialarts.com or call 507-0257 with any questions. Instructor: Cavazos.

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	•		Tuition \$39
T	hu	4 wks	6:00pm-7:00pm
0	3/22	DC Martial Arts	
T	hu	4 wks	6:00pm-7:00pm
0	2/16	DC Martial Arts	

# CHEERLEADING-TINY CHEER SHOW TEAM (AGES 3-5) 210058

This is an opportunity for your little cheerleader to learn the basics of cheers, dances and stunts. Call 289-2921 or 323-6094 for more information. Performances at March Mania, Awards Competition and May Spectacular. Attire will be discussed at class.

Tuition \$39 per month

Sat 12:30pm-1:15pm

01/07 Northside Learning Ctr C101

Fri 6:15pm-7:00pm

01/13 Northside Learning Ctr C101

# On-going Registration



**PLEASE CALL** 

289-2921 or 323-6094

or email: rickstexascheer1@aol.com

# **TEXAS CHEERLEADING 210006**

Performances at the March Mania, Awards Competition, May Spectacular and the Spurs. Call 289-2921or 323-6094 for more information or e-mail rickstexascheer1@ aol.com. Attire will be discussed at the first class. K-2 6:30pm-7:30pm. 3rd-6th 7:30pm-8:30pm. Tuition is \$39 per month. On-going registrations.

Tuition \$39 per month

6:30pm-8:30pm Tue 01/10 Lewis ES Gym Wed 6:30pm-8:30pm 01/11 Brauchle ES Gym 6:30pm-8:30pm Thu 01/12 Hoffmann ES Gvm Fri 6:30pm-8:30pm 01/13 Scobee ES Gym



# **KARATE SMART**

#### 210008

This program encourages confidence, physical fitness, and positive self-esteem. Students will be instructed on safety and self protection. This is a 12 week course for \$65. Ages 6 years to adult. For more information please call 310-0216 or e-mail dysteam@yahoo.com. New students and yellow rank 6:30pm-7:30pm. Adults and returning students 7:30pm-8:30pm.

Tuition \$65
Thu 12 wk 6:30pm-8:30pm
01/19 Westwood Terrace ES Gym
Tue 12 wk 6:30pm-8:30pm



SELF-DEFENSE ANTI KIDNAPPING

This program encourages confidence, physical fitness, positive self esteem, and self-discipline. Students are instructed in safety awareness, defense against possible anti-kidnapping situations, releases from an aggressor and the ability to avoid threatening situations. Uniforms are available for purchase, but not required. Call for registration information 310-0216 or email or visit their website at www.dysteam.webs.com. Ages 4 years to adults. \$7 per week with a one time \$10 registration fee. ON-GOING REGISTRATION.

Tuition \$7 per class

Mon	7:30pm-8:30pm
01/09	Brauchle ES Gym
Tue	7:30pm-8:30pm
01/10	Villarreal ES Gym
Wed	7:30pm-8:30pm
01/11	Evers ES Gym
Wed	6:15pm-7:15pm
01/11	Forester ES Gym
Fri	7:30pm-8:30pm
01/13	May ES Gym

# Women Only

## BOOT CAMP-FOR WOMEN ONLY 21006

Rev up your cardio and burn fat through speed, agility and power drills in this military style, high impact workout. This class is designed for the person who needs a little more challenge added to their exercise program by adding weights. This is not a beginners course. You will be asked to sign a membership waiver at the first class.

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		Tuition \$39
Tue	6 wks	7:00pm-8:00pm
01/31	Women's	Super Fitness
Tue	6 wks	7:00pm-8:00pm
03/20	Women's	Super Fitness

#### KICKBOXING-FOR WOMEN ONLY 450041

'Kick' your way into conditioning your body with this high intensity, high-impact level exercise, with strong emphasis on cardiovascular work and development. Please wear loose fitting clothes. You will be asked to sign a membership waiver.

		Tuition \$39
Fri	6 wks	6:00pm-7:00pm
02/03	Women's S	uper Fitness
Sat	6 wks	9:00am-10:00am
02/04	Women's S	uper Fitness
Fri	6 wks	6:00pm-7:00pm
03/23	Women's S	uper Fitness

#### PILATES/YOGA FOR WOMEN

#### 450056

The Pilate's Method was developed in the 1920's and has evolved into one of today's most progressive means of physical fitness. A series of exercises integrated with Yoga poses will improve alignment, posture and flexibility; you will have noticeable results and develop long, lean muscles by breathing and body control. Students will be asked to sign a membership waiver at the first class. Classes will be held at the Women's Super Fitness (Bandera and Huebner).

		Tuition \$39
Mon 01/30	6 wks	7:00pm-8:00pm
Wed 02/01	6 wks	8:30am-9:30am
Wed 02/01	6 wks	7:00pm-8:00pm
Sat 02/04	6 wks	10:00am-11:00am
Mon 03/19	6 wks	7:00pm-8:00pm
Wed 03/21	6 wks	8:30am-9:30am
Wed 03/21	6 wks	7:00pm-8:00pm

# ZUMBA- A FUN AND HIGH ENERGY WORKOUT FOR WOMEN ONLY 210060

Zumba is a combination of Latin and International music-dance themes creating a dynamic, exciting effective fitness system. This is a high energy, fun workout to help you achieve long-term health benefits. Come join the party! Your classes are being taught by certified Zumba instructors. You will be asked to sign a membership waiver. All classes will be held at Women's Super Fitness (Bandera and Huebner).

				Tuition \$39
Mon	01/30	6	wks	6:00pm-7:00pm
Tue	01/31	6	wks	9:00am-10:00am
Thu	02/02	6	wks	6:00pm-7:00pm
Mon	03/19	6	wks	6:00pm-7:00pm
Tue	03/20	6	wks	9:00am-10:00am
Thu	03/22	6	wks	6:00pm-7:00pm



# Northside Independent **School District**

#### **BOARD OF TRUSTEES**

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RANDALL H. (Randy) FIELDS Vice President, District 6

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JOHN M. FOLKS, Ed.D. Superintendent

LINDA MORA, Ph.D. Deputy Superintendent for Curriculum and Instruction

DON SCHMIDT Assistant Superintendent for Student, Family and Community Services

# **ADULT & COMMUNITY EDUCATION STAFF**

LYDIA MARTINEZ Director of Adult and Community Education

**ESTER BUENDIA** 

Coordinator, After School Programs

ARACELI G. DOMINGUEZ

Family Involvement Specialist

NANCY BENTLEY DUNLAP

Coordinator, Adult Basic Education

**BRENDA FAZ-VILLARREAL** 

Coordinator, Even Start

JOYCE HOPPER

**Chief Testing Examiner** 

ANNA LISA GARCIA

Coordinator, Community Education

MARY MORA

Coordinator, Community Education

SUSAN UNDERWOOD

Coordinator, Community Education



# Community Education Campuses Northside Learning Center • 6632 Bandera Road, San Antonio, Texas 78238

(Do Not Call The School Or Site For Information.)

# **PLEASE CALL 397-8100**

HIGH SCHOOL		
Brandeis	13011 Kyle Seale Parkway	78249
Clark	5150 DeŹavala Rd.	78249
Communications Arts	11600 FM 471 W	78253
Health Careers	4646 Hamilton Wolfe	78240
Holmes	6500 Ingram Rd.	78238
Holmgreen	8580 Ewing Halsell	78229
Jay	7611 Marbach Rd.	78227
Marshall	8000 Lobo Lane	78240
O'Connor	12221 Leslie Rd	78023

MIDDLE SCH	OOLS	
Anson Jones	1256 Pinn Rd.	78227
Pat Neff	5227 Evers Rd.	78238
Pease	201 Hunt Ln.	78245
Sam Rayburn	1400 Cedarhurst	78227
Sul Ross	3633 Callaghan	78228
Zachry	9410 Timber Path	78250

ELEMENTARY	SCHOOLS	
Adams Hill	9627 Adams Hill Dr.	78245
Aue	24750 Baywater Stage	78255
Beard	8725 Sonoma Pkwy.	78023
Behlau	2355 Camp Light Way	78245
Blattman	3300 N. Loop 1604	78231
Brauchle	8555 Bowens Crossing	78250
Braun Station	8631 Tezel Rd.	78254
Burke	10111 Terra Oak	78250
Cable	1706 Pinn Rd.	78227
Carlos Coon	3110 Timber View Dr.	78251
Carnahan	6839 Babcock Rd.	78249
Carson	8151 Old Tezel Rd.	78250
Cody	10403 Dugas	78245
Colonies North	9915 Northhampton	78230
Driggers	6901 Shadow Mist	78238
Elrod	8885 Heath Circle	78250
Esparza	5700 Hemphill Dr.	78228
Evers	1715 Richland Hills Dr.	78251
Fisher	3430 Barrel Pass	78245
Forester	10726 Rousseau	78245
Galm	1454 Saxonhill Dr.	78253
Glenn	2385 Horal Dr.	78227
Hatchett	10700 Ingram Rd.	78245
Helotes	13878 Riggs Rd.	78023
Henderson	14605 Kallison Bend	78254

Hoffmann 12118 Volunteer Pkwy. 9500 Timber Path 12303 Leslie Rd. 14185 Bella Vista Place 78250 78023 78253 KnowIton Kuentz Langley 23881 IH 10 West 1000 Seascape 12600 Reid Ranch Leon Springs Lewis 78257 78251 78245 Lieck 2103 Oakhill Rd. 10785 Triana Pkwy 730 Canterbury Dr. Linton Los Reyes 78238 78023 78228 Martin 7320 Remuda Dr. 15707 Chase Hill 3803 Midhorizon Dr. 1406 Meadow Way Dr. 3155 Quiet Plain 78227 78256 Mary Hull Mav Mead Meadow Village 78229 78227 78245 Michael 3155 Quiet Plain 12260 Rockwell Mill 9019 Dugas 3031 Village Pkwy. 5710 Carry Grant 100 Grosenbacher N. 570 Pinn Rd. 6003 Thunder Dr. 5714 North Knoll 78253 78251 Mireles Murnin Myers Oak Hills Terrace 78251 78240 78253 78227 Ott Passmore Powell 78238 78240 Rhodes 12280 Silver Pointe 11223 Cedar Park 11655 Braefield 78254 78249 78249 Scarborough Scobee Steubing 6450 Pembroke 8503 Ray Ellison Blvd. 2902 White Tail Thornton 78240 Valley Hi Villarreal Wanke 78228 78249 78254 10419 Old Prue Rd. Ward 8400 Cavern Hill Westwood Terrace 2315 Hackamore Ln 78227

ADULT & COMMUNITY EDUCATION TAKES PRIDE IN BEING A PART OF NORTHSIDE INDEPENDENT SCHOOL DISTRICT AND SUPPORTING ITS MISSION OF **EDUCATION FOR EVERY CHILD. RECOGNIZING THE** NECESSITY OF LIFELONG LEARNING, ADULT AND COMMUNITY EDUCATION LINKS THE COMMUNITY WITH ITS SCHOOLS AND ENRICHES QUALITY OF LIFE FOR ALL CITIZENS. OUR CLASSES ARE CONDUCTED FOR THE BENEFIT AND ENJOYMENT OF OUR PATRONS. **EVERYONE IS ELIGIBLE TO TAKE CLASSES. CLASSES** ARE OFFERED FOR NON-CREDIT UNLESS OTHERWISE DESIGNATED. FINANCIAL SUPPORT FOR THE PROGRAM **COMES FROM CLASS FEES** 

#### OTHER SITES

Alamo Golf Club	9700 Rochelle	78240
AnneMarie Tennis Center	7001 Culebra	78238
Auto Works	4727 Timco West	78238
DC Martial Arts Academy	7723 Guilbeau #101	78250
CPR Health Center	4903 Golden Quail	78238
Glass Fusing Shop	2922 Hillcrest	78238
Harmony Hills Cabana Club	339 Fantasia	78216
Memories By the Yard	8015 Mainland	78250
NEISD Community Learning Center	8750 Tesoro	78216
Northside Activity Center	7001 Culebra	78238
Pleasant Grove Equestrian Ctr	CR 6080, Natalia, TX	78059
Rock San Restaurant	5238 DeZavala Rd.	78232
Stained Glass Crafters Workbench	7500 Eckhert Rd. #506	78238
Studio One	8055 West Ave. #111	78213
Women's Super Fitness	7018 Bandera Rd.	78238

# Director. Adult & Community Education

Lydia Martinez

Editor

Mary Mora

**Production & Cover** 

Elise Taquino

Staff

**Dorothy Garcia** Esther Salazar Darlene Young

# Northside Adult & Community **Education Mission Statement**

To promote commitment to lifelong learning by providing a variety of educational opportunities and support services which will allow each community member to reach his/her maximum potential for success.

# FREE Adult Education Classes

View the NISD Website: <a href="www.nisd.net/ace">www.nisd.net/ace</a> for Adult Education class sites and times.

You cannot register for Adult Education classes on-line.

Most Spring semester classes begin February 6, 2012.

Call 397-8109 for more information and registration dates.

# **Adult Secondary Education Classes**

Enroll in an Adult Secondary Education Class. Obtain the knowledge and skills necessary for employment and self-sufficiency. Be able to help your children in their educational development. Complete a secondary school education by getting your GED. Get ready to begin your post secondary education. Instruction will be given in the following levels: Beginning Basic Education, Intermediate Basic Education, and Secondary/GED preparation.

# **English for Speakers of Other Languages (ESOL Classes)**

Improve your English skills. Learn to speak, read, and write the English Language. Receive the educational skills necessary to help your children in school. Become a more employable, productive, and responsible citizen. Most ESOL classes also cover each of the citizenship test components.

# **Distance Learning**

Distance learning classes are designed for students who are unable to attend a Monday-Saturday regular adult education session. The sessions are held primarily on-line using internet activities, with face-to-face workbook practice and tutoring sessions. You do not have to have an on-line computer to attend Distance Learning classes. Monday-Thursday by appointment, and Friday and Saturday from 8:30am-3pm. Call 210-397-8982.

# **Preparing Adults for College Excellence (PACE)**

PACE is a fast-paced program designed to help the student gain the knowledge and skills necessary for long-term college success. PACE simulates a college environment with class format, expectations, and scheduling. The basic content areas are Algebra, College Writing and Student Success. For further information call 210-397-8109, or visit the PACE website at http://www.nisd.net/ace/PACE.

# **GED®** Testing Center

6632 Bandera Road, Portable 8

# www.nisd.net/ace

Testing is by appointment only scheduled during a mandatory in-person registration/orientation session.

FOR FURTHER INSTRUCTIONS AND REQUIRED PREPARATION FOR REGISTRATION/ORIENTATION, TO INCLUDE DATES, TIMES, AND COST

PLEASE LOG ON TO: www. nisd.net/ace

and click on the link: GED® TESTING CENTER located in the FIND PROGRAMS category.

You must follow all instructions and bring the required documents to the test center.

# Programs Available Through NISD



# **ADULT BASIC & SECONDARY EDUCATION**

Basic Education, GED Preparation, Distance Learning, English as a Second Language, and PACE (Preparing Adults for College Excellence). 210-397-8109 • http://www.nisd.net/ace/adultbasicedfa2010.htm



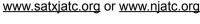
# **COMMUNITY EDUCATION**

Lifelong learning in over 40 categories 210-397-8100 • <a href="www.nisd.net/ace">www.nisd.net/ace</a>



# **APPRENTICESHIPS**

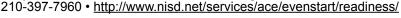
Prepares individuals in skilled trades and vocations including Insulators, Carpenters Electricians, Iron Workers, Plumbers and Pipefitters, Sheet Metal Workers and Telecommunications.





# **EARLY ON/SCHOOL READINESS PROGRAM**

School readiness enrichment sessions for family, friends, neighbors, and babysitters who care for children at home ages 0 to 5.





# **EVEN START FAMILY LITERACY PROGRAM**

Provides Adult Education (GED/ESOL classes), Early Childhood Education, Parent Enrichment, Interactive Literacy Activities and Academic Home Visits for families with a child 0-7 years of age.

210-397-7960 • http://www.nisd.net/services/ace/evenstart/literacy/



# **FAMILY INVOLVEMENT PROGRAM**

Educational workshops for parents, grandparents, foster parents, step parents, and any adult family members to positively participate in their child's education and social well being.

210-397-8117 • http://www.nisd.net/ace/familyinvolvement01.htm



# **GED® TESTING CENTER**

Year round center for General Education Development. 210-397-7569, <a href="https://www.nisd.net/ace">www.nisd.net/ace</a> and click on the link GED® TESTING CENTER, located in the FIND PROGRAMS category.



# LEARNING TREE AFTER SCHOOL PROGRAM

Providing academic enrichment, recreation, homework time, and youth development opportunities in a safe and structured school environment. 210-397-8102 • <a href="http://www.nisd.net/ace/LT/index.html">http://www.nisd.net/ace/LT/index.html</a>



# **PLAZA COMUNITARIA**

Provides NISD parents with limited English proficiency the opportunity to participate in technology courses, complete their elementary and secondary education in Spanish.

210-397-3560 or 210-397-7563 or email myrna.cervantes@nisd.net



# **PRECIOUS MINDS NEW CONNECTIONS PROGRAM**

Parenting education designed to help parents and other caregivers of young children (under the age of four) become knowledgeable about the critical development of their children.

210-397-7960 • http://www.nisd.net/services/ace/evenstart/pmnc/

# ADULT & COMMUNITY EDUCATION -OR MAIL-IN, include credit card information or check. Mail to:

6632 Bandera Rd • San Antonio TX 78238

FAX to: (210) 706-8963. You MUST include credit card information. 397-8100 / www.nisd.net/ace

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Every effort has been made to make this publication accurate as of the publication date; however, all policies, procedures, tuitionfees and curriculum are subject to change at any time by appropriate action of instructors or administrators of the Northside ISD Adult and Community Education program. This publication is not intended to be a contract, explicit or implied, and the School District reserves the right to make changes regarding the information contained herein

# **Registration Information**

Go on-line: www.nisd.ne/

ilick: View Classes or Register online gick: Adult & Community Education ilek: Siam in



This is the fastest and easiest way to register yourself (and your family and friends) for all classes. A confirmation e-mail is sent automatically upon registration.



Early Bird Registration: Ends January 8 Receive 10% OFF two or more classes

(Does not apply to supply fees or fees payable to instructor.) when you register during this time.



# 397-8100

You may leave your name, number and class information if you don't have time to wait, and one of our friendly registrars will call you back.

When you charge by phone, you acknowledge you have read and understand the refund policy on the registration form. Please have your credit card information ready. VISA & MASTERCARD ONLY



Northside Learning Center, 6632 Bandera, Bldg. C corner of Bandera and Grissom

Monday through Friday: 8am to 5:00 pm



**NISD Community Education** 6632 Bandera Rd Wall: Send checks or credit card information to:

San Antonio, TX, 78238

registration and payment. If you would like a receipt or confirmation, please enclose a stamped self-addressed envelope or provide your email address. You will be notified only if there is a problem, such as a class that is full. Complete one form per person, please. Make checks payable to NISD. Do not send supply fees that are payable to the instructor. You will be enrolled as soon as we receive your



VISA

We accept Visa and MasterCard. Include the card expiration date Fax: 706-8963 – 24 HOURS and your signature on the registration form. register

PUrchase Order: Companies/organizations enrolling staff for training may complete registration forms and attach company memos or purchase orders, or call 397-8143 to

"It is never too late to register as long as there is room in a class." REGISTRATION 397-8



Visit our Website: www.nisd.net/ace



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397-8100 www.nisd.net/ace

# What's New?

Free Classes on Green Living Spanish for Medical Professionals

Write a Mystery

Basic Yoga

**Compassion Meditation** 

Tila Bead Bracelet

"Fuse" a Glass Pendant

**Grief Recovery** 

Worm Compost Tea

**Hoops for Health** 

Your Amazing Brain

Spring Break Horseback Riding Camp

Calligraphy

**CPR** for Kids

Handwriting analysis For Fun & Profit

The Digital Generation: See our Virtual classes in

Mac Access Word Photoshop

Excel Adobe Illustrator

Powerpoint Blogging
Digital Camera PC Building

**Martial Arts** 

Salsa and Country/Western Dance