

WINTER 2018
COURSE CATALOG



Division of Continuing Education

Take it on!

Tackle that project with a little help from OLLI – p. 24



See What's New!

Every term, OLLI volunteers create novel and exciting activities. Look inside and try something new!

Enrollment
Opens Dec. 5



Take Photographs
and Videos with Your
iPhone or iPad **8**



A History of Chocolate **16**



The Battle of Britain **29**

Affordable classes, activities and community for those 50 and better.

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Jeanette M. Toohey, Director
Osher Lifelong Learning Institute

This catalog is brought to you by the OLLI program teams. Photos by Sonja Rocha, Jay Sherline and Jeanette M. Toohey.

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- Partner campus classes
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NEW!

Courses offered for the first time or with new content.

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Courses take place at locations all around town. Check course descriptions for details.

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PARTNER LOCATIONS



www.WestminsterRetirement.com
25 State Rd. 13, Jacksonville, FL 32259 (Julington Creek)

Honey, What's That Bird?

Weds., Feb. 21
10:30 a.m. to noon
1 session, \$20

Gather for a colorful photographic tour of wildlife and birds in North Florida's backyards, forests and shorelines. Your guide is a seasoned photographer and Florida master naturalist whose visuals and stories provide insights into bird and wildlife behavior and habitat. Breathtaking images will inspire your photography. Instructor shares tips and techniques to get the most out of your camera and gear regardless of venue or subject. Your questions are answered after the presentation.

Instructor: Gary Whiting, p. 42

Extraordinary Women of Our Times: The Supremes – Sandra, Ruth, Sonia and Elena

Fri., March 2
1:30 a.m. to 3 p.m.
1 session, \$20

Enrich your understanding of the first four women appointed to the Supreme Court. Define the pioneering roles and

impact of Sandra Day O'Connor, Ruth Bader Ginsburg, Sonia Sotomayor and Elena Kagan.

Instructor: Lee Marshall, p. 37

50 Years of Jacksonville History: 50 Years of Jacksonville Journalism: Journalism, Media and Politics

Mon., Jan. 22 – Feb. 12
10:30 a.m. to noon
4 sessions, \$40

Achieve greater understanding of our community, its media and its politics. Your instructor has reported and commented on and participated in Jacksonville public affairs for nearly 50 years. Anticipate lively discussions focusing on the media and the politicians.

Instructor: Harry Reagan, p. 39

Armchair Travel Medley: India, Nepal and Bhutan

Tues., March 13 – April 3
1 to 2:30 p.m.
4 sessions, \$40

Explore the people, places, histories and cultures of those countries in South Asia. While the region is defined by its former rule by Britain, it is equally defined by its diversity. Sit back and relax as an expert takes you on a journey of discovery.

Instructor: Roshan Massey, p. 37





235 Towerview Rd.
St. Augustine, FL 32092
(World Golf Village)

Look What's Cookin'

STAY TUNED!

Dates and times not available at press time!

NEW!

Take Photographs and Videos with Your iPhone or iPad

Tues., Jan. 9 – 16, 10:30 a.m. to noon
2 sessions, \$30

Master your iPhone or iPad camera. Learn to take the best possible pictures and videos. Review basic tips. Focus on free or inexpensive apps to maximize your device's built-in capacity. Learn to edit, enhance and store your pictures and videos using free apps including Apple Photos, Clips, Apple's iCloud Photo Library, Aviary, Prime Photos, Flickr and more. Beginners are welcome.

Instructor: John See, p. 40

NEW!

Behind the Scenes at The Jacksonville Historical Society

Tues., Feb. 20, 1 to 2:30 p.m.
1 session, \$20

Discover how the society advances its mission to preserve local history. Learn about programs, activities and events designed to bring history alive. Your guide is a committed OLLI and historical society volunteer who provides an overview of the society's evolution, recent growth and expansion, and future plans. Behind the scenes anecdotes provide eye-opening insights about the collections and their development through donations.

Instructor: Billie Hayward, p. 35

Conversations on Caregiving

Thurs., Feb. 22, 1 to 2:30 p.m.
1 session, \$20

One in three people in the U.S. are caregivers for a chronically ill, disabled or aging person. Family caregiving is now the concern that childcare was in the 1980s. Burgeoning numbers highlight the increasing need to support family caregivers. Course encompasses an overview of caregiving, insights about the impact on the caregiver and society, and tools and tips to help you survive and thrive. Class discussion is encouraged. Your instructor is iHeart Radio's Caregiver's Caregiver and shares personal stories.

Facilitator: Toola Wootan, p. 42

NEW!

Pasta 102: Ravioli and Tortellini

1 session, \$30

Fee includes UNF parking pass

Location: UNF Brooks College of Health Nutrition Lab

Stretch your pasta skills by making ravioli and tortellini. Creating those specialties at home not only tastes better but also lets you use a small amount of ingredients or leftovers from your refrigerator. Learn to make a simple meal with a big impact.

Required: \$20 payable to instructor for supplies

Instructor: Kelly Baxley, p. 32

NEW!

Biscuits and Gravy

1 session, \$30

Fee includes UNF parking pass

Location: UNF Brooks College of Health Nutrition Lab

Learn the secrets of the best tasting, flakiest hand-rolled and dropped biscuits. Top them with the yummiest sausage gravy.

Required: \$15 payable to instructor for supplies

Instructor: Kelly Baxley, p. 32

NEW!

Pizza at Home

1 session, \$30

Fee includes UNF parking pass

Location: UNF Brooks College of Health Nutrition Lab

Learn tips and tricks to create the best dough. Chef Kelly shares her secrets including temperature, optimal flour selection and preparation of toppings.

Required: \$20 payable to instructor for supplies

Instructor: Kelly Baxley, p. 32





COURSES at UNF

OSHER
LIFELONG
LEARNING
INSTITUTE

Mondays at UNF

NEW!

Changing Faces, Changing Times: Learn to Cope in a Changing World

Jan. 8 – Feb. 5, 9:30 to 11 a.m.
(No class Jan. 15)
4 sessions, \$40

Discover the Mindful PRISM Change Process that allows you to note the transitions and transformations happening each day. Most of us balk at the idea of change. Yet, all of us are changing all of the time whether we like it or not. How can you accept change as part of your life without engaging in the usual fear or resistance? Explore the question in a highly interactive format using instructor-guided student participation and discussion as well as books and CDs. Come with an open mind and a desire to discuss change processes.

Required: “The Five Pivotal Points of Change: Achieving Change through the Mindful PRISM Change Process” for \$14.95 from <https://store.bookbaby.com/book/The-Five-Pivotal-Points-of-Change>

Recommended: “The Power of Habit” by Charles Duhigg, “Our Iceberg is Melting” by John Kotter, “Changing for Good” by James O. Prochaska, John

C. Norcross and Carlo C. DiClementi and “Who Moved My Cheese?” by John Spencer

Instructor: Rena Schochet, p. 39

Ways to Happiness

Jan 8 – Feb. 5, 9:30 to 11 a.m.
(No class Jan. 15)
4 sessions, \$40

Transform your knowledge of happiness through the wisdom of the ancients and academic studies about the keys to happiness. Improve your happiness quotient through practice exercises.

Instructor: Robert Black, p. 32

NEW!

Studio Painting: Oils and Acrylics

Jan. 8 – March 26, 11 a.m. to 1 p.m.
(No class Jan. 15, Feb. 19)
10 sessions, \$85

Enhance your studio painting skills. Experiment with painting techniques. Explore the use of color. Whether you are a beginner or seasoned artist, this is an opportunity for studio time and expert critique.

Required: Student purchase of materials from instructor’s list

Instructor: Maureen Kirschhofer, p. 36

Most classes take place at the University of North Florida Adam W. Herbert University Center 12000 Alumni Drive, Jacksonville, FL. See course description for date, time and location.

NEW!

A Brief History of U.S. Intelligence

Jan. 8, 11:30 a.m. to 1 p.m.
1 session, \$20

Transform your understanding of the history of U.S. intelligence, from George Washington and Benjamin Franklin’s day to ours. Your instructor is a 33-year veteran CIA officer who shares themes underlying American intelligence, as well as the roles and functions of those in the intelligence community. Intensify your knowledge of what spies, techs and analysts do. Learn how intelligence informs policymakers responding to threats that the U.S. faces now and in the coming decades.

Recommended: www.cia.gov and instructor’s books “The Secret Book of CIA Humor,” “Stories from Langley” and “The Counterintelligence Chronology”

Instructor: Edward Micklous, p. 38

Guided Autobiography: Part I

Jan. 8 – Feb. 12, 11:30 a.m. to 1 p.m.
(No class Jan. 15)
5 sessions, \$45

Mobilize your amazing life story as a powerful tool for your ongoing personal and spiritual development. Explore central themes in your life to give new meaning to the past, present and future. Anticipate possible new directions. Class format encompasses guided exercises and time to share in a small group setting.

Required: Journal or tablet to write two pages in each class

Facilitator: Katheleen F. Triebwasser, p. 41

Investing for Those Who Do Not Want to Think About It

Jan. 8 – 29, 1:30 to 3 p.m.
(No class Jan. 15)
3 sessions, \$35

Conquer the bad and ugly of investing. Increase your knowledge of investment products. Act to create a practical diversified portfolio that does not require further attention.

Instructor: Robert Black, p. 32

Wellness and Stress Management

Jan. 8 – Feb. 5, 1:30 to 3 p.m.
(No class Jan. 15)
4 sessions, \$40

Empower yourself. Control your perceptions of and responses to stressors. Improve respiration, pulse, digestion, blood sugar and perspiration. Learn to read your body to reduce or eliminate stress-induced aches, pains and migraines. Discover techniques for correct diaphragmatic breathing. Increase your body's positive blood flow. Maximize progressive muscle relaxation, autogenic training, imagery and biofeedback skills. Integrate stress management in your healthcare. This highly interactive class provides aids you can use every day.

Instructor: Inge Thompson, p. 41

Warning: The Rules of Money Have Changed. Have You?

Jan. 22 – Feb. 26, 9:30 to 11 a.m.
(No class Feb. 19)
5 sessions, \$45

Are you going broke slowly but safely? Is there a contest going on to see whether you or your finances will expire first? Act to take control.

Instructor: Stanley B. Greenfield, p. 35

NEW!

Terrorism: A History

Jan. 22 – March 5, 11:30 a.m. to 1 p.m.
(No class Feb. 19)
6 sessions, \$50

The majority of Americans became acquainted with terrorism on Sept. 11, 2001; however, the concept has been known for at least 2,000 years. The Latin word "terrere" means "to make tremble." Terrorism's principal aim, to terrorize or to make tremble, is a far broader phenomenon than the term's current usage suggests. The fact that the most notorious instances of contemporary terrorism have a religious dimension, notwithstanding their political aims, should serve to remind us that this also has been true historically of most forms of terrorism. Study the history of terrorism. Observe why terrorist groups rarely achieve their goals.

Instructor: Vladimir Ganine, p. 34

NEW!

The Concerto: 1725 – 1945

Jan. 29 – March 5, 9:30 to 11 a.m.
(No class Feb. 19)
5 sessions, \$45

Transform your appreciation of the concerto and its evolution since the 17th century. Consider compositions of various styles, solo instruments and orchestral accompaniment. Your interactive study provides an overview of the form.

Instructor: Richard Bobo, p. 32

NEW!

Master the Masters: Adventures of a Symphonic Detective

Jan. 29 – March 12, 1:30 to 3:30 p.m.
3 sessions, \$40

Dates vary according to the Jacksonville Symphony Masterworks

schedule. A collaboration with Beaches Residents Actively Supporting the Symphony (BRASS) and the Jacksonville Symphony (JSym).

Maximize your enjoyment of the JSym's 2017-18 season with classes, analyzing each of the Masterworks Series. The Monday prior to the weekend concert, you will put the performance under the microscope. Learn about musical elements, time, place, people and politics in a conversational, interactive atmosphere designed to bring the music to life. Course features cameo performances by JSym musicians.

JAN. 29: Notes from The Empire

FEB. 19: Shostakovich Five

MARCH 12: Don Giovanni: Symphonic Staged Opera

Instructor: Lynne Radcliffe, p. 38

NEW!

Make Unique Pillow Covers for Gifts, Holidays and Décor

Feb. 5 – 26, 9:30 to 11 a.m.
(No class Feb. 19)
3 sessions, \$35

Make one-of-a-kind pillow slipcovers for all occasions and every décor. No experience, sewing skills or even a sewing machine is necessary. Learn the basics and watch a demonstration. Then bring your ideas, fabric and materials to class for hands-on work with the support of an expert. Design a unique pillow for a grandchild's birthday, a special occasion or a hard-to-match sofa. Use scraps, remnants, found fabric, ribbon, buttons and other materials to make appliqués or patchwork pillow fronts. Embellish your creation with needlework.

Instructor: Liz Leuthold, p. 37

NEW!

Help! I've Been Hacked: Security Options for Apple Devices

Feb. 5 – 12, 1:30 to 3 p.m.
2 sessions, \$30

Is your iPhone easy to hack? How do you stay safe online? What is email phishing? What settings on your iPhone, iPad and Mac should you use to keep your information private? Do you need a virus protector on your Macintosh computer? Get your questions about online security, safety and privacy answered. Your instructor provides resources to support your ongoing learning.

Instructor: John See, p. 40

Spymasters: Directors of CIA

Feb. 5, 1:30 to 3 p.m.
1 session, \$20

Consider the eye-opening challenges that have faced the two dozen directors of the Central Intelligence Agency since it was founded by President Truman in 1947. Originally a clearinghouse for foreign policy intelligence and analysis, the CIA currently collects, analyzes, evaluates and disseminates foreign intelligence and performs covert actions. Your instructor is an insider who provides behind-the-scenes glimpses.

Instructor: Edward Mickolus, p. 38

NEW!

Sunrise on the Marsh: Photographer's Walkabout

Feb. 12, 6:45 to 8:30 a.m.
(Excludes breakfast)
1 session, \$30

Capture iconic Florida at historic Fort Mose's salt marsh. That gem of a state park boasts of both natural beauty and a remarkable cultural

history. Your small group is led by a seasoned photographer and naturalist who provides opportunities to practice technique on your own or obtain advice. Encounter many species of birds including ibis, snowy egret, little blue heron, osprey, bald eagle and many warblers. Share stories and camaraderie with fellow members over a Dutch-treat breakfast after the shoot. Weather conditions may require an alternative date or location. Transportation is on your own. Logistical details are sent in advance.

Required: Camera, tripod, stamina for a moderate amount of walking, comfortable shoes, insect repellent and dress for potentially cool weather

Instructor: Gary Whiting, p. 42

NEW!

The Good, the Bad and the Ugly: Civil Rights and an Independent Judiciary

Feb. 26, 9:30 to 11 a.m.
1 session, \$20

Explore three U.S. Supreme Court cases important to the history of Civil Rights with a senior judge of the Fourth Judicial Circuit. Consider *Brown v. Board of Education* as the good, *Plessy v. Ferguson* as the bad, and *Dred Scott v. Sanford* as the ugly. Examine each case's rationale and the impacts of its rulings in its time.

Instructor: Richard Townsend, p. 41

Guided Autobiography: Part II

Feb. 26 – March 26, 11:30 a.m. to 1 p.m.
5 sessions, \$45

Continue to mobilize your amazing life story as a powerful tool for your ongoing personal and spiritual development. Explore central themes in your life to give new meaning to the past, present and future. Anticipate possible new directions. Class format encompasses

guided exercises and time to share in a small group setting.

Required: Journal or tablet to write two pages in each class

Facilitator: Kathleen Triebwasser, p. 41

NEW!

The Stuart and Hanoverian Kings of England

March 5 – 19, 9:30 to 11 a.m.
3 sessions, \$35

Connect with stories of mystery, intrigue, sex, murder and treachery. Which king wrote a book about the evils of tobacco? Which king had a holiday named after the man who tried to kill him? Which queen went topless to a ball? Whose corpse was tried for treason and beheaded? What happened to the head? Who sent a picture of his eye to his mistress? Why? Sometimes the truth is more interesting than fiction.

Instructor: Harry Yoffee, p. 42

Learn the Basics of Texas Hold'em Poker

March 5 – 26, 11:30 a.m. to 1 p.m.
4 sessions, \$40

Kenny Rogers' gambler declared, "If you're going to play the game boy, you got to learn to play it right." Learn the rules and etiquette for fixed limit, pot limit and no limit Hold'em poker. Distinguish between games for cash, in casino and tournament settings, and at home around the kitchen table. Understand card play and reading the community cards. Recognize the importance of table position, betting strategies, bluffing and managing your chips. Course designed as an introduction for new poker players or players with limited Texas Hold'em experience. Emphasis on weekly practice play and evaluation of possible outcomes.

Instructor: Bob Wagner, p. 41

NEW!**Apple iOS 11: Use the Newest iPad and iPhone Software**

March 5 – 12, 1:30 to 3 p.m.
2 sessions, \$30

Understand why you should upgrade your software rather than buy a new device. Apple's newest version enhances performance. Already installed iOS 11 or not quite sure you will? See and try the latest, greatest features. Your instructor demonstrates what the software can do for you and provides resources to support your ongoing learning.

Required: Basic iPhone or iPad skills

Instructor: John See, p. 40

NEW!**The End of Lectures and Presentations: Engage Learners Using Team-Based Learning**

March 5 – 19, 1:30 to 3:30 p.m.
3 sessions, \$40

Team-based Learning (TBL) is a flexible, innovative method perfect for engaging mature lifelong learners. Explore the concepts, methods and results of TBL. Participate in a sample TBL lesson and discuss its application to your situation and needs. Practice simple steps for developing a team-based lesson and try it out on your classmates. Teachers, learners and leaders of all disciplines and organizational affiliations are welcome. OLLI instructors and facilitators are especially encouraged to participate.

Instructor: Akira Odani, p. 38

Life, Death and Other Stories: The Old City Cemetery

March 12, 1:30 to 3 p.m.
1 session, \$20

Old cemeteries are fascinating places with many stories to tell. Join an author and historic preservationist for an unconventional classroom tour of

Jacksonville's Old City Cemetery. Explore the cemetery's origins and development. Learn about the individuals and families buried there as well as their impact on the city's rich history. Acquire an understanding of the symbolism of funerary monuments common to the 19th century.

Instructor: Joel McEachin, p. 37

NEW!**Is a Continuing Care Retirement Community (CCRC) Right for You?**

March 19, 1:30 to 4 p.m.
1 session, \$25

Many older adults want to enjoy an active lifestyle knowing that future healthcare and lifestyle needs are secure. Continuing Care Retirement Communities (CCRCs) developed to meet this need. Choosing the right community is a complex decision. Join us for a panel discussion focused on three important aspects: health and medical care considerations, financial contracts and related issues, and social issues and activities. An expo featuring five local CCRC representatives follows. Get your individual questions answered as you enjoy light refreshments.

Panelists: Jim Jandreau, p. 35 and Sarra Ninya, p. 38

Clay Sculpting for Beginners

March 26 – 30, 9 a.m. to 2 p.m.
5 sessions, \$105

Over a five-day period, create a full-size bust in clay, working from references, rather than a live model. Develop basic sculpture techniques and learn the structure of the face and head. Each student will complete the form for their project during this weeklong class. Some clay work will be required to finish your piece at home after the class ends and as your clay dries. Perfect class for individuals who have had limited or no experience with clay sculpture.

Required: \$50 student fee includes

an instruction book, a 50 lb. box of raku clay, tools for working the clay and a wooden armature for the project. The supplies are yours to keep. Each student will also need to bring a plastic milk crate (approximately 12" tall), a misting water bottle, two old kitchen towels and an oversized cup for water.

Instructor: Glenn Ross, p. 39

Tuesdays at UNF

Current Events

Jan. 9 – March 27, 9:30 to 11:30 a.m.
12 sessions, \$100

In this lively course, students discuss topics of interest drawn from readings and other media of the day. Each week, students bring at least one newsworthy article of interest to present to the class. The facilitator assists by keeping the discussion of the topic on track and open to all.

Facilitator: Jay Melesky, p. 37

NEW!**Folk Music: History and Hootenanny**

Jan. 9 – 23, 9:30 to 11 a.m.
3 sessions, \$35

Join us for a highly interactive exploration of the music, musicians and passions that defined and fueled the American folk music revival of the 1950s and 60s. Listen to great recordings, share memories of the era and discuss musical legacies. Bring your voice for group sings of some of the classics. Folkies are invited to bring their guitars, banjos and harmonicas to a unique celebration of music. Program content is new each time the class is offered.

Instructor: Dan Kossoff, p. 36

NEW!**Mac for Beginners and New Users**

Jan. 9 – 16, 9:30 to 11 a.m.
2 sessions, \$30

If you are a new or inexperienced Mac user or making the transition from Windows to Mac, this course is for you! Learn about settings, preferences and password management. Use Launchpad to open your apps, Finder to organize and navigate files and folders, and Continuity to synch your Mac to your iPhone or iPad. Explore mail, calendar and messages. Surf the web using the Safari browser. Class includes brief overviews of Pages and Numbers (built-in alternatives to Word and Excel), Photos and iMovie. All new or beginning users of iMac, MacBook Air, MacBook, MacBook Pro or Mac Mini are welcome. No previous Mac experience is required.

Required: Familiarity with basic home computer use

Instructor: Peter Lomonte, p. 37

NEW!**Readers' Theater**

Jan. 9 – Feb. 13, 9:30 to 11 a.m.
6 sessions, \$50

Bitten by the acting bug, but don't want to memorize lines? Join Readers' Theater and learn to bring a script to life. Develop or improve your delivery, projection, timing, energy and characterization. Read skits and short plays developed especially for Readers' Theater. Focus on comedies this term. Have fun while satisfying your desire for a creative acting outlet.

Facilitator: Elaine LaBrizzi, p. 36

NEW!**Learn to Start that Novel or Memoir**

Jan. 9 – Feb. 13, 11:30 a.m. to 1 p.m.
6 sessions, \$50

How many times have you said, "I want to write a book about ..."? Now is the time to tell a story or share your life. Your instructor is a published author whose only expectation is that you have a desire to write your tale, whether it be truth or fiction. Improve your craft. Share your work with others to make the task more enjoyable and less daunting.

Required: Ideas, paper and pencil

Facilitator: Jan Kuchler, p. 36

NEW!**More Movies: Our Enduring Passion**

Jan. 9 – March 6, 11:30 a.m. to 1 p.m.
9 sessions, \$65

Grasp the explosive growth of movies and the movie industry in the 20th century. Appreciate the cultural impact of movies. Consider the introduction of sound. Meet the rising stars. Understand emerging genres and technologies including Cinemascope and computer-generated imagery. Course content is new each time.

Instructor: Kenneth McMillan, p. 37

NEW!**Sketchbooks and Sketching**

Jan. 9 – 30, 11:30 a.m. to 1 p.m.
4 sessions, \$40

Discover visual art abilities you didn't know you had. Learn four methods for creating sketches. Sketchbooks by famous artists inspire creativity exercises designed to enhance your skills. Hands-on activities complemented by critiques offered in a friendly, supportive environment. While

this class is intended for novices, all are welcome to join in the fun.

Required: A sketchbook, pencil and fine point marker

Instructor: Chris Fulmer, p. 34

NEW!**Big History**

Jan. 9 – Feb. 13, 1:30 to 3 p.m.
5 sessions, \$45

Transform your understanding of patterns and progressions of natural and human events from the Big Bang to modern times. Enrich your understanding of themes ranging from cosmology, evolution, genetics, the history of city states and the modern industrial and information revolutions. Examine history from a technological perspective. Course concludes with a look at future implications including innovation based on historical themes. Course content is based on David Christian's "Maps of Time" and a related college and university syllabus supported by Bill Gates. Bring an open mind and your unique perspective. Instructor's slides are available to those enrolled.

Instructor: John Tancredi, p. 41

Journal to the Self: An Introduction

Jan. 9 – 16, 1:30 to 3 p.m.
2 sessions, \$30

Do you aspire to start journaling? Are you looking for a fresh approach? Have you kept a journal but put it aside? Discover methods based on Kathleen Adam's "The Journal to Self." Discuss the art and craft of journal writing. Practice several techniques. Share with fellow OLLI members in a relaxed, supportive setting. Research indicates diverse benefits include improved mental health, increased creativity and enhanced appreciation of personal achievements as well as growth opportunities.

Instructor: Meg Rohal, p. 39

NEW!

Tai Chi II

Jan. 9 – 16, 1:30 to 3 p.m.
2 sessions, \$25

Recalibrate and revitalize your tai chi practice. Review key elements. Learn new exercises and insights. Consult with your doctor and do not enroll if you are uncertain about your ability to participate.

Required: Previous completion of Tai Chi for Health and Vitality

Instructor: Sue Lamb Myers, p. 38

NEW!

Ancient City Lights: Photographers Walkabout

Jan. 9, 7 to 8:30 p.m.
1 session, \$30

Photographers at all levels are welcome to try their hand at night photography at St. Augustine's world-famous holiday light display. The old town charms as you meet the challenge of shooting the scene. Your small group is led by a seasoned photographer who provides opportunities to practice technique on your own or obtain advice. Debrief with fellow members at a local watering hole after the shoot. Weather conditions may require an alternative date. Transportation and parking are on your own. Logistical details are sent in advance.

Required: Camera, tripod, stamina for moderately strenuous walking, comfortable shoes and dress for potentially cool weather

Instructor: Gary Whiting, p. 42

NEW!

DSLR Photographer's In-Depth Clinic

Jan. 16 – Feb. 6, 9:30 to 11 a.m.
4 sessions, \$40

Calling all novice and intermediate photographers with DSLRs (digital single lens reflex) or interchangeable-lens mirrorless cameras. Learn about

advanced controls including aperture priority and manual. Understand the use of shutter speed and filters to create dramatic effects, managing depth of field and focus controls, and much more. Enhance your ability to take better photographs in a variety of lighting and shooting conditions. Use of specific lenses and equipment to improve image quality. All skill levels are welcome to be challenged and engaged. A shooting day in the field complements classroom sessions. Your instructor is a seasoned photographer who mentors you as you practice new skills.

Required: Bring camera and manual to all sessions

Instructor: Gary Whiting, p. 42

Mesoamerica: History of the Maya Civilization

Jan. 16 – Feb. 20, 9:30 to 11 a.m.
6 sessions, \$50

Enrich your knowledge of the early history of Mexico and Central America. Learn about the Maya people, their society and their civilization. Consider the rise of Palenque and Chichen Itza as well as innovations in literature, mathematics, astronomy and the calendar. Discover how conflict over jade prompted the decline and collapse of vibrant cultures. Class format encompasses presentations and discussion.

Instructor: Edwin Safer, p. 39

NEW!

A Tale of Five Cities: The World Before the Great War – Berlin, London, Paris, St. Petersburg and Vienna

Jan. 16 – Feb. 20, 10 a.m. to noon
6 sessions, \$60

It was neither the best of times, nor the worst of times. It was the time late in the 19th and early in the 20th centuries when tradition gave way to modernity. Europeans thought the world meant Europe and Europe meant the world.

Your instructor takes you on a time-traveler's return trip to the capitals of five empires lost forever in the fog of war. Enjoy an archeological dig rather than a nostalgic journey to a mythical belle époque or a historian's 20/20 hindsight analysis. Dust off fragmentary evidence of the events, issues and people that shaped the era as recorded in newspapers and other publications, memoirs, sepia tone photographs and blurry newsreels of the day.

Instructor: Peter Bartha, p. 32

NEW!

Use Acrylic Paints to Create Impactful Art

Jan. 16 – Feb. 20, 1:30 to 3:30 p.m.
6 sessions, \$60

Learning by doing is the emphasis of this highly interactive course. Topics include composition, color choice, the importance of a center of interest, values and tones, paint transparency and opacity. Explore technical aspects including varieties of brush strokes and textures, underpainting and glazing. Drawing skills are not required.

Required: Some prior painting experience in any medium, students purchase art materials from instructor-provided list

Instructor: Anthony Whiting, p. 42

NEW!

Beginning Spanish: Level II

Jan. 23 – March 13, 9:30 to 11 a.m.
8 sessions, \$60

Excited about continuing to learn Spanish? Extend your learning of basic grammar and vocabulary. Apply your skills in conversational situations. Lessons include asking questions, expressing feelings and talking about the future.

Required: Beginning Spanish: Level I (Fall 2017) or equivalent Spanish language proficiency, complete assigned exercises between sessions, "Español Con Amigos: A

Partner Approach to Learning Basic Conversational Spanish” by Melissa Janel O’Gara, ISBN 978-1535250825 and “See It and Say It in Spanish” by Margarita Madrigal, ISBN 978-0451168375

Instructor: Alice Hill, p. 35

NEW!

Introduction to Spanish: Level II

Jan. 23 – March 13, 11:30 a.m. to 1 p.m.
8 sessions, \$60

Build on your basic knowledge of Spanish. Learn new vocabulary and grammar. Apply the language in real situations. Enhance your learning through short conversations, dialogues and songs.

Required: Completion of Introduction to Spanish: Level I or equivalent, “Español Con Amigos: A Partner Approach to Learning Basic Conversational Spanish,” 2nd Edition, 2016, by Melissa Janel O’Gara, ISBN 978-1535250825 and “See It and Say It in Spanish” by Margarita Madrigal, ISBN 978-0451168375

Instructor: Marla Gentile Ramirez, p. 38

NEW!

**Experimental Painting:
Acrylic Layering and Collage**

Jan. 23, 1 to 4 p.m.
1 session, \$40

Create exciting collages from your favorite magazine clippings. Discover how to layer with acrylics, mediums, gels and pastes, and self-made papers.

Required: \$15 payable to instructor for supplies

Instructor: Bonnie Yales-Gibson, p. 42

NEW!

**Explore
more**

**There’s No
Business Like
Show Business!**

**Feb. 20 – March 11, Times vary 2 sessions, \$30
(Excludes performances)**

Showtime is back for a return engagement. Join fellow theater buffs for a backstage look at what makes theater tick. Learn about your local community theater’s rich history. Discover how the magic is made from those who make it. Attend performances and enjoy discussions about the productions with their casts.

Community Theater in Northeast Florida

Feb. 20, 1:30 to 3 p.m.
Location: UNF

Bob White, former executive director of the Cultural Council of Jacksonville and Theatre Jacksonville, moderates a discussion with representatives from Theatre Jacksonville, Limelight Theatre and 5 & Dime Theatre. Learn how the community makes community theater.

Page to Stage

March 6, 1:30 to 3 p.m.
Location: UNF

Go behind the scenes with the actors, directors, technicians and others who make the magic of theater.

Performance: Corpse!

March 11, 2 p.m. curtain
Ticket price: \$24
Location: Limelight Theatre, 11 Old Mission Ave., St. Augustine

The London Daily Mail called Samuel French’s play “a wild, high camp comedy thriller...a play where anything can happen...and most of it does.” Set in London in 1936, the play tells a story of twin brothers, one of whom plots to murder the moneyed, sophisticated other one. Colorful supporting characters abound including an Irishman with a shady past and theatrical landlady. The actors treat you to a talk-back session immediately following the performance. Venue is fully accessible. Transportation is on your own. Photography is prohibited. Join fellow members for a Dutch-treat brunch at The Raintree Restaurant prior to the show.

Performance: Production to be Announced

Date to be announced, 8 p.m. curtain
Ticket price: \$22
Location: 5 & Dime Theatre, 112 E. Adams St., Jacksonville

Join fellow OLLI members for an optional Dutch-treat pre-show cocktail at a venue to be announced. Transportation is on your own. Venue is fully accessible. Photography is prohibited.

Coordinator: Kate Robbins, p. 39

NEW: ED-VENTURE

Manatee Watch and River Cruise at Blue Spring State Park

Jan. 30, 10 a.m. to 3 p.m.
1 session, \$60

Watch manatees frolic, swim and rest from your perch atop their winter home, 72° springs. Delight in a two-hour narrated nature, ecology and history cruise on the St. Johns River as you enjoy lunch. Learn more about manatees from a park ranger's program in the visitor center. Extend your experience by returning to visit the manatees, hiking the trails or exploring the old Florida charm of nearby DeLand. Transportation is on your own but your ED-venture coordinator lends a hand if you'd like to carpool.

Required: Lunch (brown bag or purchased from park concession), state park entry (card if you have one or \$4 to \$6 fee), ability to walk on uneven ground and ability to step on and off boat

Recommended: Dress in layers for the weather including temperature changes for this all-outdoor program, binoculars, camera

Coordinator: Laurel Conderman, p. 33

NEW!

A History of Chocolate

Jan. 30 – March 6, 1:30 to 3 p.m.
6 sessions, \$50

Join a proud chocoholic for a lecture and discussion class about that delectable confection. Chart chocolate's origins and importance in Mesoamerica. Aztecs greatly valued cacao seeds and used them as a form of currency. Spanish conquests resulted in chocolate's import to Europe and the development of English, Dutch and French colonial plantations. At least one professional chocolatier presents in class. Each student is required to

prepare a chocolate item and the recipe to share with the entire class. The schedule is compiled in the first class.

Instructor: Robert L. Gold, p. 34

Prelude to the Enlightenment: Early Modern Philosophers

Feb. 6 – March 13, 1:30 to 3 p.m.
6 sessions, \$50

Enhance your knowledge of the 17th century philosophers who rejected the ideas of medieval Catholic scholastics and laid the intellectual groundwork for the 18th century Enlightenment. Understand theories and debates about human nature, the mind, good government and religious tolerance. Learn about significant philosophers including René Descartes, Thomas Hobbes, Baruch Spinoza and John Locke among others. No prior knowledge is required. Each class includes time for discussion.

Recommended: "The Dream of Enlightenment: The Rise of Modern Philosophy" by Anthony Gottlieb

Instructor: Ken Hoffman, p. 35

NEW!

iPhone and iPad for Beginners

Feb. 13 – 27, 9:30 to 11 a.m.
3 sessions, \$35

Are you a first-time user? Learn the basics of your iPhone or iPad. Manage your contact list, notifications and calendar (appointments). Send text messages, download music and apps, take photos and manage email. Use Maps, FaceTime, Siri, Apple Pay and iCloud.

Instructor: Peter Lomonte, p. 37

A Broad Brush with Salvador Dali and Frida Kahlo

Feb. 13 – 27, 11:30 a.m. to 1 p.m.
3 sessions, \$35

Salvador Dali and Frida Kahlo, iconic artists of the 20th century, are celebrated for their creative energies and surrealistic styles. Both artists sought to unlock the power of imagination through their unconscious mind and dream interpretation. Paintings were outlandish, perplexing, sexual and sometimes violent in subject. Works were intended to jolt the viewer out of their comforting assumptions. Explore these two notorious artists and their eccentric works. Learn about each artist's unusual history, their creative sources and their symbolic imagery.

Instructor: Julie Giuliani, p. 34

The Big Bands: A Sentimental Journey

Feb. 13 – March 27, 1:30 to 3 p.m.
7 sessions, \$55

Come along on a sentimental journey through the history and music of the big band era. Explore the era's contribution to the war effort at home, overseas and behind the lines. From the early days with the Kansas City Night Hawks through the heyday of the 1940s and the decline of the 1950s, meet the leaders, musicians and vocalists that made up this musical period. Listen to the music and relive those great moments in music, radio and records.

Instructor: Joseph R. Fittipaldi, p. 34

Learn something new just for the fun of it!

NEW!**Live a Brain Healthy Lifestyle**

Feb. 20, 9:30 to 11 a.m.
1 session, \$20

Learn to promote brain health and cognitive performance. Incorporate the strategies into your everyday life. Discover how to maintain your independent, productive life through integrated primary care that addresses both physical and mental health needs. Presenters represent Baptist Health's AgeWell Center for Senior Health, the region's only comprehensive geriatric health center designed to meet the specific needs of older adults and their caregivers through services, training and community partnerships.

Instructors: Lynda Gridley, p. 35 and Rachel A. Weinstein, p. 41

NEW: ED-VENTURE**Jacksonville Downtown from Top to Bottom**

Feb. 20, 10 to 11:30 a.m.
1 session, \$30

Discover a downtown Jacksonville you never knew existed. Your award-winning tour guide shows you panoramic skyline views of Jacksonville then brings you beneath the city streets to secret underground tunnels and bank vaults. Once known as Cowford, the picturesque city along the river has grown to be the largest city in land area in the contiguous United States. Learn how Jacksonville rose from the ashes of the 1901 fire to emerge as an architectural capital of the South. Hear about the city's glory as a movie making center before Hollywood and the advent of talkies. Transportation and parking are on your own.

Required: Physical stamina to walk 1.5 miles over 1.5 hours, some areas not fully accessible to those with assistive mobility devices

Recommended: Dress for the weather, comfortable walking shoes and camera

Coordinator: Laurel Conderman, p. 33

NEW!**Bridge: Play of the Hand, Part IV**

Feb. 20 – March 27, 1 to 3 p.m.
6 sessions, \$60

Bring your passion to up your game! Enrich your knowledge of important conventions, slams, one no trump forcing treatment in the 2-over-1 system and much more. Classroom tools include bidding boxes.

Required: Good understanding of standard American bidding

Instructor: John Reeve, p. 39

NEW!**A Review of the Major Economic Issues Facing the U.S.**

Feb. 27 – March 6, 9:30 to 11 a.m.
2 sessions, \$25

While the political climate may have muddied the economic waters, major challenges remain. Explore issues including the national debt, the futures of Medicare, Medicaid and Social Security, the complex tax code and tax reform, the impacts of globalization on jobs and the economy, and the future of the housing market. Your instructor provides comprehensive notes.

Instructor: Joseph Steinman, p. 40

NEW!**World War I: The U.S. Expeditionary Forces**

Feb. 27 – March 27, 11:30 a.m. to 1 p.m.
5 sessions, \$45

Enrich your understanding of WWI's impact on world history and warfare. Begin with an assessment of the allies and their military forces prior to WWI. Learn about the U.S. and Allied Forces campaigns that led to the successful conclusion of the war. Share your perspectives through discussion. Just bring your interest in the topic for an interactive learning experience.

Instructor: Stewart Angell, p. 32

Tai Chi for Health and Vitality

March 6 – 27, 9:30 to 11 a.m.
4 sessions, \$40

Improve your balance and flexibility, increase your strength and reduce stress through practice of an ancient Chinese martial art now adopted as a gentle form of exercise. Learn basic movements and sequences that you can use as a form of healthy, meditative activity for the rest of your life. Consult with your doctor and do not enroll if you are uncertain about your ability to participate.

Instructor: Sue Lamb Myers, p. 38

Creativity for Retirees

March 6 – 27 1:30 to 3 p.m.
4 sessions, \$40

Discover your second act in this high energy, hands-on seminar. Experience a smorgasbord of idea generation techniques to explore your retirement opportunities. Explore how collaboration can spur new ideas, ways to overcome biases and mindsets and clarify a problem at hand. Devise fresh new ways of understanding issues in an intellectually liberating atmosphere. Develop new approaches to examine and maximize your happiness in this important life stage.

Recommended: "A Whack on the Side of the Head" by Roger Von Oech, George Willett and Nolan Bushnell and "Thinkertoys: A Handbook of Business Creativity" by Michael Michalko

Instructor: Edward Mickolus, p. 38



NEW! Explore more

Preserve and Share Your Travel Memories

Feb. 27 – April 3, Times vary 6 sessions, \$60

Do you have thousands of photos saved to your computer that never get displayed or shared? Do you wish you had recorded your impressions as you traveled so you could reflect on and communicate your experiences? Learn new ways to capture your travel memories that are uniquely you. Discover creative ways to capture the beauty and richness of your travels. Apply what you learn on a staycation field trip.

Learn to Journal Your Travel Memories

Feb. 27, 9:30 to 11 a.m.
Location: UNF

Create a travel journal rich with memories about what you have seen, heard, tasted, learned and felt. Explore techniques that jump-start your thinking and help you record the most important details of your adventures. Meg Rohal, a retired elementary educator, is your session leader. She became certified to present the Journal to the Self Workshop through the Center for Journal Therapy in Denver and has conducted several journaling workshops in the Jacksonville area. Rohal loves to travel, write, exercise and dance.

Learn to Sketch Your Travel Memories

March 6, 9:30 to 11 a.m.
Location: UNF

Think you can only draw stick people and smiley faces? Expand your creativity and tap into your unique, personal vision of your travel experiences by sketching. Art experience not required. Mary Ann Miller, a professional watercolor artist, book illustrator and author, is your session leader. She retired from a career in art education in 2006. Miller wrote three "Travels with a Blue Vase"

books that capture her 20 years of traveling and painting in Europe. She teaches classes in travel and café sketching, bookbinding and art classes to adults with special needs.

Learn to Photograph Your Travel Memories

March 13, 9:30 to 11 a.m.
Location: UNF

Maximize your success as a photographer. Learn to identify and compose the shots that can keep your travel memories alive long after you've returned home. No cameras are required for this session. Your session leader is Gary Whiting, an expert photographer who frequently teaches OLLI at UNF and shares his tips. Read his biography on page 42.

Learn to Blog Your Travel Memories

March 20, 9:30 to 11 a.m.
Location: UNF

Bring together your favorite journal entries, photos and sketches into a blog that you can quickly and easily share with family and friends, even before you've returned home. Your session leader is Gary Whiting, a seasoned blogger who frequently teaches OLLI at UNF, will show you how. Read his biography on page 42.

Put Your New Skills to Work on a Field Trip

March 27, 11:30 a.m. to 3 p.m.
Location: The Cummer Museum of Art & Gardens

Bring your journal, sketchpad and camera and use free time after fellow member Billie Hayward's docent tour to explore and practice any or all methods you learned in class. Start time includes Dutch-treat lunch. Transportation is on your own. Read her biography on page 35.

Gather to Share Your Travel Memories

April 3, 9:30 to 11 a.m.
Location: UNF

Share your creations in this relaxed, informal session that prepares you to share your future travel memories with friends and family. Show off the multi-media skills you learned throughout the course.

Coordinator: Nancy Sticht, p. 40



Become Friends with Your Android Phone

March 13 – 27, 9:30 to 11 a.m.
3 sessions, \$35

Are you a first-time user of an Android phone or tablet? Learn the basics of calling, texting, searching and taking photos. Manage your contact list, use the voice to text feature, share documents and photos, download apps and customize your device based on your personal needs and requirements.

Instructor: Michael Schmitt, p. 39

NEW!

Top Tips: Make Your iPhone or iPad Work for You

March 13 – 27 1:30 to 3 p.m.
3 sessions, \$35

Accelerate your understanding of your iOS devices and the wonderful things you can do with them. Begin by learning to manage and customize all the options in the settings app. Learn useful tips and tricks plus some hidden features. Review some fun, helpful apps.

Instructor: Peter Lomonte, p. 37



Wednesdays at UNF

The Dead Sea Scrolls: Secret Books of the Bible?

Jan. 10 – Feb. 7, 9:30 to 11 a.m.
5 sessions, \$45

Enrich your knowledge of the Dead Sea Scrolls, a vast collection of manuscripts written in Hebrew, Aramaic and Greek. Since their discovery more than 60 years ago in caves near an ancient settlement of Qumran near the Dead Sea, they have been the subject of intrigue and controversy. Why are they considered to be one of the most important archeological discoveries of the 20th century? Are they lost books of the Bible? Learn why the scrolls are important. Explore the diversity of the manuscripts that have provided insights into the development of both Judaism and Christianity.

Instructor: Glenn Kuhnel, p. 36

Embrace the Power of Positive Aging

Jan. 10 – 17, 9:30 to 11 a.m.
2 sessions, \$30

Getting old is not for the faint of heart but the alternative is far less attractive. Define the common myths about aging. Cultivate an understanding of the natural aging process. Maximize your enjoyment of aging through optimizing activities. Join us for a fun lecture and discussion program.

Instructor: Ken Tannenbaum, p. 41

Our Immune System: Friend and Foe

Jan. 10 and 17, 9:30 to 11 a.m.
Jan. 10, 11:30 a.m. to 1 p.m.
3 sessions, \$35

Stay healthier and protect your wellness. Enhance opportunities to add years to your life and life to your years. Cultivate an understanding of immunology (the immune system)

in health and disease care. Gather for a worthwhile examination of the immune system's complexities as well as how it protects and endangers you. Learn about recent scientific research. Discover opportunities to increase the system's benefits to wellness and control its threats to your health, especially in aging.

Instructor: Louis Catania, p. 33

NEW!

Beginning Bridge II

Jan. 10 – Feb. 28, 10 a.m. to noon
8 sessions, \$75

Learning to play the modern game of bridge is fun. Course continues from fall 2017 and follows the American Contract Bridge League's (ACBL) curriculum for rebids, overcalls, takeout doubles, promotion and finesses. Learn by doing. Absolute beginners should wait for Beginning Bridge I.

Required: Beginning Bridge I or equivalent and free, instructor-supplied ACBL book

Instructor: Faye Barkan, p. 32

NEW!

Ethics

Part I:
Jan. 10 – Feb. 14, 11:30 a.m. to 1 p.m.

Part II:
Feb. 21 – March 28, 11:30 a.m. to 1 p.m.
6 sessions, \$50 (each)

Discuss the principles that govern individual and group behavior. Examine acceptability of specific conduct. Apply to present day current events to elucidate divergent behaviors in your life. Consider the ethical positions of different professions. Your willingness to explore divergent opinions in a mutually respectful manner is the only requirement.

Instructor:
William Michael Savage, p. 39

World War I: The War to End All Wars

Jan. 10 – Feb. 28, 11:30 a.m. to 1 p.m.
8 sessions, \$60

2017 marked the centennial of the United States' entry into WWI, one of the deadliest conflicts in history. Examine seminal military events and actions. Discover the key personnel who charted the war's tactics and progress as well as affected its outcomes. Course is the first in a series that concludes with WWII and the Pacific theater. Your instructor has been awarded the title of brevet historian. Your only homework assignment for this class is to learn what that means.

Instructor: Wayne Heckrotte, p. 35

Refresh Your Bridge!

Jan. 10 – Feb. 28, 12:30 to 2:30 p.m.
8 sessions, \$75

Did you learn to play bridge when bidding three hearts meant those were in your hand? It's time to update your skills by learning the American Contract Bridge League's (ACBL) fundamentals. Begin by learning how to bid, then move to play of the hand and defense. Course designed to bring you up to date so you can play more and better bridge.

Required: Free, instructor-supplied ACBL book

Instructor: Faye Barkan, p. 32



Constitutional Law

Part I:
Jan. 10 – Feb. 14, 1:30 to 3:30 p.m.

Part II:
Feb. 21 – March 28, 1:30 to 3:30 p.m.
6 sessions (each), \$60

Learn the history of the U.S. Constitution and its major participants. Understand the early obstacles and conundrums faced by the founders and compromises reached to launch a new nation. Examine the meaning and language of the Preamble, Articles, Bill of Rights and the Amendments. Investigate "The Federalist Papers" and their relevance to our political establishment, both past and present. Explore the powers of the three branches, the makeup of our bicameral form of government and the definition of a democratic republic.

Required: OLLI-supplied free copy of The Constitution, "The Federalist Papers," by John Jay, James Madison and Alexander Hamilton from Google for iPhone, tablet or laptop

Prerequisite for Part II: Constitutional Law: Part I

Instructor: William Michael Savage, p. 39

NEW!

Deliberative Democracy: Civil Discourse about Critical Public Issues

Jan. 10 – Feb. 7, 1:30 to 3:30 p.m.
5 sessions, \$55

"To deliberate is to carefully weigh civic actions, laws or policies against the various things that people hold dear in order to settle on a direction to follow or purpose to pursue." That definition captures the essence of ordinary citizens engaged in civil political dialogue. Deliberative forums draw on the wisdom of citizens as they share and listen to one another's opinions and seek some degree of common ground on complex questions. You

will deliberate a total of four important issues including "Land of Plenty: How Should We Ensure That People Have the Food They Need?," "End of Life: What Should We Do for Those Who Are Dying?" and additional topics chosen by the class.

Required: An open mind, a commitment to listen carefully and share honestly, respect for diverse ideas and perspectives

Facilitator: Gregg Kaufman, p. 36

NEW!

Italian for Travelers

Jan. 10 – Feb. 14, 1:30 to 3:30 p.m.
6 sessions, \$60

Imagine visiting Italy and being able to speak with the locals in their own language! Delve into the language of Dante, Michelangelo and Pavarotti using a lively, exciting hands-on method. Learn and practice the vocabulary, grammar and phrases needed to make hotel and restaurant reservations, use public transportation, browse in shopping areas, visit tourist attractions and much more. Learn the basics of conversational Italian quickly and easily to enjoy your travel to Italy.

Recommended: Download instructor-supplied PowerPoint

Instructor: Lou Tagliaferri, p. 41

NEW!

Pests in the Garden and Nuisance Wildlife

Jan. 17, 9:30 to 11 a.m.
1 session, \$20

It is impossible to live in Florida without encountering pests and wildlife daily. While some may be enjoyable, others can be unpleasant or downright dangerous. Learn to prevent problems before they occur or mitigate them when they do.

Instructor: Mary Longanbach, p. 37

NEW: ED-VENTURE

Recycling: How It Works in Jacksonville

Jan. 17, 10 a.m. to noon
(Excludes lunch)
1 session, \$30

Transform your understanding of how recyclables are processed for sale as commodities. Learn what recycling is, what materials are recyclable, how materials are recycled and how the community benefits from recycling. Discover how benches, tables, carpet, counter tops and window blinds are made from recyclables. See the mechanical and hand sorting of recyclable materials as well as products made from recycled materials in a 70,000-square-foot green facility. Bring a sack lunch and enjoy the opportunity to debrief with fellow OLLI members. Transportation is on your own. Venue is not fully accessible to those with assistive mobility devices.

Required: Closed-toe, non-slip shoes or sneakers

Coordinator: Christine Lewitzke, p. 37

NEW!

Intermediate Spanish: Level III

Jan. 17 – March 7, 11:30 a.m. to 1 p.m.
8 sessions, \$60

Continue to improve your intermediate Spanish skills. Conversational situations include helping others, giving advice and discussing future events. Complete practice exercises at home between class sessions to keep your skills fresh and your learning on track.

Required: Conversational skills to participate in discussions, make appointments and express wants and needs in Spanish, "Practice Makes Perfect: Spanish Conversation," by Jean Yates, premium second edition, ISBN 978-1259586361, approximately \$11 and "See It and Say It in Spanish" by Margarita Madrigal, ISBN 978-0451168375, approx. \$4

Instructor: Steven D. Orr, p. 38

NEW!

Baby, It's Cold Outside So I'll Make You A Sweater

Jan. 17 – Feb. 21, 1:30 to 3 p.m.
6 sessions, \$50

Knit a baby sweater and learn techniques to translate the pattern for adults. Your instructor is a skilled fiber artist who'll teach and review the skills you need for success. Pattern is provided.

Required: Must know how to make knit and purl stitches, student-supplied knitting needles and yarn after the first class

Instructor: Karen Backilman, p. 32

Mysteries Unlimited: International

Jan. 17, 31 and Feb. 14, 28,
1:30 to 3 p.m.
4 sessions, \$40

Contemporary crime fiction, including noir, is your point of departure to explore literary aspects, history, politics, culture and economics of countries worldwide. Gain new perspectives. Most authors come from areas they write about. A reading list and resources will be provided. Library quantities are limited, so books may need to be purchased. Class meets every other week to allow time for reading. Content repeats fall session.

Required: Knowledge of following links to internet sites and downloading email attachments

Instructor: June Weltman, p. 41



NEW!

When Women Were Heroic

Jan. 17 – Feb. 7, 11:30 a.m. to 1 p.m.
4 sessions, \$40

The ages have colored the thinking of some as they read ancient texts. Many of the women of the Bible are quite heroic and indispensable to their culture's progress and advancement. Read the original texts without preconceptions. Examine one story and examine it again filtered through the centuries that have passed to see a totally different point-of-view. Consider returning to the roots of the role of women in societies both ancient and modern.

Instructor: Merrill Shapiro, p. 40

NEW!

Propagate Vegetables and Flowers

Jan. 24, 9:30 to 11 a.m.
1 session, \$20

Learn how to keep your garden beautiful and productive. Start new plants from seeds or spread plants that are already growing. Enjoy sun, fresh air and Zen moments as you embellish your surroundings.

Instructor: Mary Longanbach, p. 37

NEW!

Art History All About Women

Jan. 24 – Feb. 28, 11:30 a.m. to 1 p.m.
6 sessions, \$50

Explore the depiction of women in art from the Renaissance to the present. Consider the drastic changes in the representation of women over time. Focus on the increasing frequency with which women are depicted. Reflect on changing artistic styles and progressions from art movement to art movement.

Instructor: Tatiana Ganina, p. 34

NEW!

Forum on Current Issues

Jan. 31 – March 14, 9:30 to 11 a.m.
7 sessions, \$55

Explore important contemporary issues each week to enhance your understanding of things that matter. Participants select two topics each week and distribute related reading material in advance of the next class. Topics range from political, social, cultural and environmental issues or others that interest you. Discussion focuses on the implications of the issues at hand. Dialogue is always lively and engaging.

Facilitator: Allan Silberman, p. 40

NEW!

Safety in the Garden

Jan. 31, 9:30 to 11 a.m.
1 session, \$20

Learn tools and tips to preserve your well-being as you enjoy your hobby. Prevent accidents from happening and new aches and pains before they start.

Instructor: Mary Longanbach, p. 37

NEW!

The Enlightenment: Origins of the Modern Political World

Feb. 7 – March 28, 9:30 to 11 a.m.
8 sessions, \$60

Expand your understanding of 18th century philosophers whose ideas

shaped our world. Understand their views on republican government, natural law, universal human rights, separation of church and state, reason-based ethics, international economics and more. Consider their influences and how they inspired the founding of the United States and several failed European revolutions. Assess the positive and negative effects of the Enlightenment. Expect to read an average of 50 pages per week.

Prerequisite: Fall 2017 Prelude to the Enlightenment class

Required: “The Enlightenment: And Why It Still Matters” by Anthony Pagden

Instructor: Ken Hoffman, p. 35

NEW!

Great Decisions 2018

Feb. 7 – March 28, 9:30 to 11 a.m.
8 sessions, \$60

Stretch your knowledge of current affairs with an in-depth discussion on specific national and international topics of current foreign policy concern. Topics include the waning of Pax Americana?, Russia’s foreign policy, China and America: the new geopolitical equation, media and foreign policy, Turkey: a partner in crisis, U.S. global engagement and the military and South Africa’s fragile democracy. Each session begins with a 30-minute film of expert commentary, followed by one hour of highly participatory collegial discussion. Weekly preparation involves

advance reading of 10 to 12 pages from the course booklet and supplemental reading materials provided by course facilitators via email.

Required: ‘Great Decisions 2018’ available online from the Foreign Policy Association’s bookstore (www.fpa.org) or by calling (212) 481-8100. Enrolled students must purchase the booklet at least two weeks prior to the first session.

Facilitators: Dennis Egan, p. 33 and John Fischer, p. 34

NEW: ED-VENTURE

Discover the Ritz Theatre and La Villa Museum

Feb. 7, 10 to 11:30 a.m.
1 session, \$30

Ritz Theatre and Museum celebrates the rich legacy of the African-American community that thrived in Jacksonville’s La Villa neighborhood for more than 100 years. Both the theater and museum are revered as premiere cultural institutions in Jacksonville showcasing art, music, drama, poetry and African-American history. The stories and legends of La Villa, known as the “Harlem of the South,” live on within the walls of the refurbished museum and theater. Visit the exhibition, “Through Our Eyes,” featuring works by area African-American artists. Now celebrating its 25th anniversary, a section of the show travels to South Africa in commemoration of Nelson Mandela’s birthday. Ritz Theatre and Museum reclaims the past, celebrates the present and embraces the future. Venue is fully accessible. Debrief with fellow OLLI members over a Dutch-treat lunch after your tour. Transportation is on your own. Museum parking is free.

Coordinator: Christine Lewitzke, p. 37



NEW!

America's First Battles, Part II: 1900 to Afghanistan 2002 and Iraq 2003

Feb. 7 – March 28, 1:30 to 3 p.m.
8 sessions, \$60

Do you have questions about how the United States has deliberately prepared for or stumbled into war? Are you intrigued by former Secretary of Defense Donald Rumsfeld's statement "You go to war with the Army you've got"? Use battle analysis to explore our Army's initial experience on the world stage of international combat in World War I and II, Korea, Vietnam and ongoing conflict in Iraq and Afghanistan. Examine the situations faced by our nation's leaders as well as their leadership traits and trials. Analyze the art and science of conflict from a uniquely American perspective. Consider the preservation of national freedom through the necessity of the profession of arms.

Each session flows chronologically and stands alone as a case study. An open mind and a desire to participate in a lively, interactive program where we appreciate diverse viewpoints and learn from others are the only requirements. Expect to read 50 to 100 pages in preparation for each session. Neither part 1 nor knowledge of military history or history is required.

Recommended: "America's First Battles: 1776-1965" edited by Charles E. Heller and William A. Stofft, additional instructor-supplied reference materials

Instructor: John D. Frketic, p. 34

NEW!

Rapid Changes in Healthcare and Medicine: Why Now? What's Important?

Feb. 7 – 28, 1:30 to 3 p.m.
4 sessions, \$40

Healthcare and medicine are rapidly changing. Doctors, hospitals, drug companies and the media generate floods of information that can be overwhelming. Gain new understanding of emerging research about cancer, heart and brain disease, health promotion, disease prevention, drugs and treatments. Consider important topics and separate the medical realities from marketing hype. Gather for a discussion of diseases affecting older adults and treatments. Learn the importance of healthy life styles, medical choices and advocating on your own behalf. Class format is informal and flexible to encourage active participation.

Instructor: R. Michael Gallagher, p. 34

NEW!

Sex, Money and Vengeance: Motivations for Murder in American Mysteries

Feb. 21 – March 28, 11:30 a.m. to 1 p.m.
6 sessions, \$50

Explore the essential elements in well-regarded American murder mysteries. Class format includes lecture, book critiques and discussion as well as experiential and interactive activities. Content is new each term.

Instructor: Robert L. Gold, p. 34



Mastering Retirement: Keys to Success after Your Retirement Date

March 7 – 14, 9:30 to 11 a.m.
2 sessions, \$30

Congratulations on navigating an early retirement! Ensure that your money will last and your loved ones will receive what you intend for them, without Uncle Sam taking an undeserved amount. Explore the investment, legal and healthcare challenges that await you, as well as appropriate decision making as you face them. Class format includes guest speakers from the legal and healthcare fields that enliven your informative discussion.

Instructor: Bill Laird, p. 36

NEW!

Four Works from Art History

March 7 – 28, 11:30 a.m. to 1 p.m.
4 sessions, \$40

Discover four works of art by key figures in art history. Your instructor shares her curiosity for and emotional attachment to specific examples by Italian Renaissance artist Giovanni Bellini, American regionalist Grant Wood, American conceptual sculptor Donald Judd and German contemporary painter and sculptor Anselm Kiefer. This art appreciation program focuses on the history, design, composition and art related to those works. Novices are welcome as no prior knowledge of art history is required.

Instructor: Chris Fulmer, p. 34

**Osher Lifelong Learning Institute is more than
1500 members strong. Join this growing,
active community. You'll be glad you did!**

NEW! Explore more

Meet Mr. Handyman

March 7, 1:30 to 3 p.m.

Location: UNF

Mike McCalley discusses things to consider as you make the decision to DIY (do it yourself) or DIFM (do it for me). Seize control of your to-do list and maintain your property in a safe, cost effective and stress-free way.

Your presenter's experience as a handyman began early in a home that was handy. He worked in the handyman field while in college, then worked in the corporate world for 25 years. In 2008 McCalley envisioned merging corporate customer service ideals into the handyman business by purchasing a Handyman franchise. Almost 10 years into the Mr. Handyman journey, his business has been a Better Business Bureau A+ rated business for more than eight years, and in 2014 the business was recognized with the bureau's Torch Award for Ethics. McCalley's business has been recognized six years running with the Angie's List Super Service Award, and in 2016 won the Bold City Best Award for Home Improvement and Repair from Jacksonville.com and the Florida Times-Union, for which he writes a weekly column.

Home Improvement: Handy Tips for the Budding Do-It-Yourselfer

March 7 – 28, 1:30 to 3 p.m. 4 sessions, \$40

Have you ever thought to yourself, "I think I could have done that myself!" after hiring someone to do a home repair that turned out to be pretty simple? Learn how to do some simple repairs or maintenance tasks and when to call in professional help. Develop some skills and techniques to gain confidence to volunteer for charitable groups and organizations such as Habitat for Humanity. Experienced professionals lead each session, share insights about undertaking some easy, comfortable home repairs and cite basic DIY tools to have around your house. Consider safety precautions, common challenges and mistakes in a DIY project, guidelines for repairing versus replacing and why hiring based strictly on price is generally not a good idea. Take advantage of a hands-on opportunity to use what you learned by contributing to a Beaches Habitat for Humanity community project.

Select Colors for Your Home Décor

March 14, 1:30 to 3 p.m.

Location: UNF

Overwhelmed by the choice of paint colors for your home? Baffled by the number of shades of off-white, gray, beige and blue? Struggling to remember which colors are complementary on the color wheel? Cyndi and Kelly from Uniquely Designed Interiors Professionals offer tips to help you navigate the maze of choices to settle on the ones that are right for you.

Cyndi Brownlee has a B.A. in interior design from the Atlanta Art Institute and 28 years of experience. She has decorated homes all over the country including numerous award-winning show homes and models. Brownlee's work has been featured in several publications including Woman's World, Sarasota Magazine, Atlanta Homes & Lifestyles, Atlanta Magazine, The Atlanta Journal and Street of Dreams Magazine.

Kelly Neville has more than eight years of residential design experience. She started creating custom room interiors as a design assistant in Austin, Texas.

Plunge Right In!

March 21, 1:30 to 3 p.m.

Location: UNF

Meet Ed Cook, the singing plumber. He is a semi-retired master plumber who not only loves to push air through his own pipes but also help others with their plumbing problems. Focus on some easier home plumbing and maintenance tasks including replacing internal toilet organs, unclogging drains and toilets, using a snake or closet auger, unclogging a garbage disposal and fixing drips. Learn where your shutoff valves are as well as how and when to use them. Learn how to assess the problem and ask the right questions when hiring a plumber.

Hands On for Habitat for Humanity at the Beaches

March 28, 1:30 to 3 p.m.

Location: Mayport construction site (to be announced)

Join the global community that partners with Habitat for Humanity to build or improve places our neighbors and fellow citizens can call home. Learn to use circular, miter and reciprocating saws. Improve your hammering techniques. Then deploy your skills to contribute to a home construction. Your team leaders organize and oversee small working groups that experience several construction stations. Training and tools are provided on site. No construction experience necessary.

Coordinators: Carol Callier, p. 33 and Pam Wright, p. 42



Quest for the Historical Jesus: From Schweitzer to Ewing and Aslan

March 7 – 28, 11:30 a.m. to 1 p.m.
4 sessions, \$40

Evangelicals, atheists and everyone else is invited to examine scholarly efforts to uncover the life of Jesus, the person. What defined his life and the times in which he lived? What was his training? What was his message? How did the early church evolve? Published works by Albert Schweitzer, Bart Ehrman, Katherine Pratt Ewing and Reza Aslan and others inspire and guide our civil discourse and discussion.

Instructor: Joel M. Reaser, p. 39

NEW: ED-VENTURE

Art around Town Bicycle Tour

March 14, 9:30 a.m. to 1:30 p.m.
1 session, \$65 (Fee includes rental of hybrid bike and helmet, water)

Explore some of Jacksonville's major outdoor art installations. Reflect on their beauty, meaning and role. Learn about the city's vibrant public art program and its impact on the local economy. Marvel at historic sites along the way. Your riding tour makes 30 stops covering 10 miles on relatively flat terrain. Put on your sneakers, shirt and hat. We ride in drizzle but reschedule for more severe weather. Leigh Burdett, owner-operator of e2ride bike tours and ambassador for Jacksonville's Art in Public Places program, is your expert guide. She received a preservation service award from the City of Jacksonville in 2016 for her efforts to celebrate and promote the city's history. Debrief with fellow riders over a Dutch-treat lunch.

Required: Stamina to ride for three hours making frequent stops, dress for the weather including attire appropriate for bicycle riding

Coordinator: Cynthia Kastner, p. 35

Thursdays at UNF

NEW!

Human and Molecular Genetics: A Course for the Layperson

Jan. 11 – Feb. 15, 9:30 to 11 a.m.
6 sessions, \$50

Are you curious about the discovery of DNA and its implications? Learn about continuous progress in experimental techniques and technologies that have led to clinical applications. Consider ethical dilemmas. Explore recombinant DNA, gene therapy, stem cells, cloning and personalized medicine among other relevant topics.

Instructor: Jim Sylvester, p. 40

NEW!

2018 Medicare Made Clear

Jan. 11 – 18, 9:30 to 11 a.m.
2 sessions, \$30

Maximize your understanding of how Medicare works. Learn about anticipated changes in 2018. Explore differences between Medicare Supplement and Medicare Advantage plans, as well as Medicare approved prescription drug plans. Navigate Medicare's website.

Instructor: Karen Ansell, p.32

NEW!

Beginning French: Level III

Jan. 11 – March 1, 11:30 a.m. to 1 p.m.
8 sessions, \$60

Advance your beginning French language capacity. Improve your listening and speaking skills using dialogues, songs and simple conversations. Have fun speaking French! Course continues

Beginning French: Level II offered in fall 2017. True beginners should wait until fall 2018 for Level I.

Required: Previous study of French, "See It and Say It in French" by Margarita Madrigal and Colette Dulac

ISBN 13: 978-0451163479 and "Echo (Nouvelle Version): Livre De L'eleve + DVDROM + Livre-web A1 2e Edition (French Edition)" by J. Girardet ISBN 978-2090385885

Instructor: Anne-Marie Lainé, p. 36

NEW!

The Ford is My Auto

Jan. 11 – Feb. 1, 11:30 a.m. to 1 p.m.
4 sessions, \$40

Transform your understanding of Henry Ford's influence. Trace his revolutionary work in the automobile industry from the Model T to the models A and B and through to innovative V8 products. Discover the Ford Motor Company's contributions to World War I and II. Learn how Ford's emphasis on safety, reliability and professionalism impacted not only the auto industry but also racing and air transportation. Class format includes presentation and discussion. Your instructor provides notes.

Instructor: T. Parkinson, p. 38

NEW!

Russian Revolution

Jan. 11 – March 1, 11:30 a.m. to 1 p.m.
8 sessions, \$60

One hundred years ago the autocratic regime of Tsar Nicholas II collapsed. What were the strands of autocracy in 300 years of Romanoff rule leading to Bloody Sunday of 1906? After Nicholas II abdicated, the Provisional Government attempted to govern, but failed, during the chaos of World War I. Was the October revolution an uprising by the masses? Was Russia, a nation of peasants, primed for Marxism? What was the status of Russia at the end of the war? The revolution continued into a civil war: Why were the Whites (counter-revolutionaries) defeated by the Reds (Bolsheviks)? What had been accomplished in Russia by the time of the death of Lenin? Fuel your passion for history through presentation, your voluntary report to the class and discussion.

Instructor: Irwin Kirk, p. 36

NEW!

Intermediate French

Jan. 11 – March 1, 1:30 to 3 p.m.
8 sessions, \$60

Enhance your knowledge of French through additional practice and learning. Songs, poems, recipes and other authentic materials supplement language study and practice in this multilevel class. This is a continuation of Intermediate French: Level I. Have fun speaking French!

Required: “Latitudes 2: Methode de français A2/B1 (1CD audio) (French Edition)” by Régine Mérieux ISBN978-2278062508

Instructor: Anne-Marie Lainé, p. 36

Play Reading

Jan. 11 – March 1, 1:30 to 3 p.m.
8 sessions, \$60

Forget your personal and world problems by reading a play aloud, with or without emotion. Read the lines of one character from a facilitator-supplied copy of the play. Fellow members read the lines of subsequent characters and other lines of the character you read. Encounter all of the characters in plays by Arthur Miller, George Bernard Shaw, Neil Simon and Mel Brooks.

Facilitator: Laura Rubin, p. 39



Everyone over 50 is welcome!

Traveling the Underground Railroads

Jan. 11 – Feb. 1, 2 to 3:30 p.m.
4 sessions, \$40

Did you know that the Underground Railroad traveled south to Florida? Gain understanding of the largest slave rebellion in U.S. history. Discover a story that hasn't been told for more than 300 years. Appreciate struggles faced by freedom seekers. Meet the people and learn about the systems that helped freedom seekers reach safe havens. Instructor's presentations complemented by visuals. Discussion is welcome.

Required: \$10 payable to the instructor for her book, “The Journey South to Freedom”

Instructor: Meltonia Young, p. 42

NEW!

French Book Club: Level I

Jan. 18 – March 29, 9:30 to 11 a.m.
(No class Feb. 15 and 22, March 22)
8 sessions, \$60

Boost your French language skills. Read and discuss a short novel of topical interest.

Required: High intermediate proficiency in French, book title announced before enrollment opens

Instructor: Mireille Smith Threlkel, p. 41

NEW!

French Book Club: Level II

Jan. 18 – March 29, 11:30 a.m. to 1 p.m.
(No class Feb. 15 and 22, March 22)
8 sessions, \$60

Boost your French language skills. Read and discuss a short novel of topical interest.

Required: Advanced proficiency in French, book title announced before enrollment opens

Instructor: Mireille Smith Threlkel, p. 41

Write Your Life Story

Jan. 25 – Feb. 15, 9:30 to 11 a.m.
4 sessions, \$40

Begin writing the story of your life and legacy. Focus is on the lives of class members. Learn a series of practical steps for beginning the project. Instructor-facilitated questions and suggestions pique your memory and imagination. Expect a high level of participation and exchange of ideas. Your first session is introductory and probing. Explore your memories. Then do some research into your family and personal history. Return with a summary of your life story to share with the class.

Instructor: Susan D. Brandenburg, p. 33

NEW!

Florida's “Little McCarthy Committee” and Those Who Defied It

Jan. 25 – March 1, 1:30 to 3 p.m.
6 sessions, \$50

Examine the Florida legislature's creation in 1956 of the Johns Committee, also known as Florida's “little McCarthy committee.” Meet the everyday heroes who risked their lives, reputations and careers by refusing to cooperate with that committee. Discover the man who integrated the University of Florida's law school and the Hungarian professor who became embroiled in a gay witch hunt there. Learn about the librarian and an officer of National Association for the Advancement of Colored People who outsmarted the committee. Appreciate the collective power that affected change.

Recommended: “State of Defiance: Challenging the Johns Committee's Assault on Civil Liberties” by Judith G. Poucher

Instructor: Judith G. Poucher, p. 38

The Metropolitan Opera Lectures

Jan. 25 – March 29, 1:30 to 3:30 p.m.
6 sessions, \$60

“The Metropolitan Opera Live in HD” series begins Jan. 27 and features five operas on various Saturdays through March 31. The Thursday prior to each live broadcast, Mary Ellen Young presents a lecture on the following Saturday’s opera. Lectures include a survey of the opera’s historical and cultural aspects and an examination of the libretto as well as audio and video highlights.

SCHEDULE:

Introduction to Opera Lecture: Jan. 18

Puccini: *Tosca*

Lecture: Jan. 25; Opera: Jan. 27

Donizetti: *L’Elisir d’Amore*

Lecture: Feb. 8; Opera: Feb. 10

Puccini: *La Bohème*

Lecture: Feb. 22; Opera: Feb. 24

Rossini: *Semiramide*

Lecture: March 8; Opera: March 10

Mozart: *Così fan tutte*

Lecture: March 29; Opera: March 31

Recommended: Live opera broadcasts from the stage of the Metropolitan Opera at Lincoln Center in New York City sent directly to several hundred theaters worldwide, including the AMC Regency Square, Cinemark Tinseltown and Regal at The Avenues mall in Jacksonville.

Instructor: Mary Ellen Young, p. 42

NEW!

Just What Were They Thinking?

Feb. 1 – March 29, 9:30 to 11 a.m.
(No class March 22)
8 sessions, \$60

Discover what we can learn from Charles Darwin, William Shakespeare, David Hume, Alexis de Tocqueville, Georg Simmel and Sophocles. In this highly participatory class, you answer questions from the reader aid booklet, take a turn as a moderator selecting

questions, and share your thoughts, insights and reflections. Each term’s course is new and independent from the other series of volumes. You are expected to read about 30 to 40 pages per week.

Required: “Great Books Reading and Discussion, First Series and Reader Aid” (2 volumes), ISBN 978-0-945159-75-9 from www.greatbooks.org

Facilitator: Ralph Sawyer, p. 39

NEW!

Micro Stories: The Art of Flash Fiction and Nonfiction

Feb. 1 – 22, 11:30 a.m. to 1 p.m.
4 sessions, \$40

Calling all readers and writers interested in the short-short form. Learn the art of flash and nonfiction stories and contrast it with traditional long forms. Discover the beauty of brevity and compression by reading. Examine key aspects of the form. Develop writing skills to create a short-short.

Instructor: Kathleen Thomas, p. 41

A View of the Criminal Justice System

Feb. 15 – March 29, 9:30 to 11 a.m.
(No class March 22)
6 sessions, \$50

Learn about criminal trials through the personal experiences and stories of a former Chicago police officer, criminal attorney and judge. Special emphasis is placed on the Constitution and its impact on every aspect from detention and arrest, right to speedy trial and adequate defense, rules of evidence, trial by jury and much more.

Instructor: William O’Malley, p. 38

NEW!

The Caminos of Northwest Spain: Walking Through History

Feb. 15 – March 1, 11:30 a.m. to 1 p.m.
3 sessions, \$35

The Camino de Santiago is the name

of several pilgrimage routes to the shrine of the apostle St. James the Greater in the Cathedral of Santiago de Compostela in northwestern Spain, where tradition has it that the remains of the saint are buried. The Camino de Santiago was one of the most important Christian pilgrimages during medieval times, together with Rome and Jerusalem. Explore the history, geography and architecture of the various Camino routes and enjoy a simulated day on the Camino Frances (the most traditional and popular of the Camino routes) through photos and music. Discussion includes preparation for walking a Camino.

Instructor: David Dufresne, p. 33

Beautiful Gardens Begin with the Seed

Feb. 15, 1:30 to 3 p.m.
1 session, \$20

Growing from seed is fun and easy! Learn the tricks from a master gardener with more than 30 years of seed propagation experience. Discover the miracle of the seed and how to treat it properly for successful results. Learn the steps to grow healthy plants and avoid pitfalls that create unfavorable propagation conditions.

Instructor: Shirley Barber, p. 32

Become a Prolific Writer

Feb. 15, 1:30 to 3 p.m.
1 session, \$20

Some writers finish one book and consider it a crowning achievement. Others find it a promising start. Learn the writing secrets of prolific authors to increase your productivity. Your instructor published nearly 150 books, scholarly journal articles and newspaper articles.

Instructor: Edward Mickolus, p. 38

NEW! Explore more

Our Interaction with and Impacts on Marine Life

Feb. 1, 1:30 to 3 p.m.

Location: UNF

Terri Jordan-Sellers presents information about conservation biology and ecotourism. What do various species need, and what can you do to ensure their survival? How do you travel responsibly and ensure your activities are protective of marine life.

Your speaker has been a biologist with the U.S. Army Corps of Engineers, Jacksonville District since November 2001. She began her federal career as a fisheries biologist with the National Marine Fisheries Service. Jordan-Sellers' current duties include managing National Environmental Policy Act (NEPA) studies, serving as the Atlantic sea turtle and Right Whale Coordinator and civil works representative on the Coral Reef Task Force's Marine Industries and Coastal Construction Impacts Team. She holds a double major bachelor's degree in biology and marine biology and a master's degree in environmental policy from American University in Washington, D.C. Jordan-Sellers teaches environmental science at a local university.

Marineland

Feb. 8, 10 a.m. to 2 p.m.

Location: 9600 Oceanshore Blvd., St. Augustine

Pack a sack lunch and make your way to Marineland, the world's first oceanarium. Experience a dolphin adventure and a visit to the Georgia Aquarium Conservation Field Station, dedicated to the preservation and protection of marine life. Participate in a mock stranding response on the beach to learn about how trained professionals

Wet 'n Wild

Feb. 1 – March 1, Times vary 4 sessions, \$90

Join us for an interactive exploration of our area's abundant marine life and ecology. Focus on the role you can play in protecting these rich ecosystems and the animals that depend on them. Presentations and site visits describe how your actions or inactions impact marine life. Learn how you can enjoy marine adventures in the U.S. and elsewhere through responsible tourism. Discover how stranded marine mammals are rescued and rehabilitated. Scientists share what they learn from tracking and researching the movement of sharks. Get up close and personal with dolphins of Marineland and patients at the Georgia Sea Turtle Center. Transportation is on your own.

and volunteers respond and rescue marine mammals in distress. Your visit includes a presentation about the facility's rich history since its founding in 1938.

Georgia Sea Turtle Center

Feb. 15, 11 a.m. to 3 p.m. (Includes time for optional Dutch-treat lunch)

Location: 214 Stable Rd., Jekyll Island

Through sea turtle rehabilitation, research and education programs, the Georgia Sea Turtle Center (GTSC) increases awareness of habitat and wildlife conservation challenges, promotes responsibility for ecosystem health and empowers individuals to act locally, regionally and globally to protect the environment. Enjoy a guided hour-long tour including an opportunity to meet the patients of GSTC.

Ocearch

Feb. 22, 1:30 – 3 p.m.

Location: Either UNF or Ocearch Vessel at Jacksonville University

Chris Fischer presents Ocearch, a recognized world leader in generating scientific data related to tracking and biological studies of keystone marine species including great white and tiger sharks. Ocearch shares real-time data and inspires current and future generations of explorers, scientists and stewards of the ocean through its collaborative operating model. Your speaker has led 28 global

expeditions since 2007 to advance science and education, facilitating millions of dollars in collaborative ocean research on apex predators. His goals are to enable scientists and governments around the world to generate groundbreaking data while enabling dynamic STEM education for children. The near real-time information gathered and shared by Ocearch allows anyone to track and learn about sharks along with the brightest Ph.D.s in the world.

Guana Tolomato Matanzas National Estuarine Research Reserve

March 1, 10 a.m. to noon

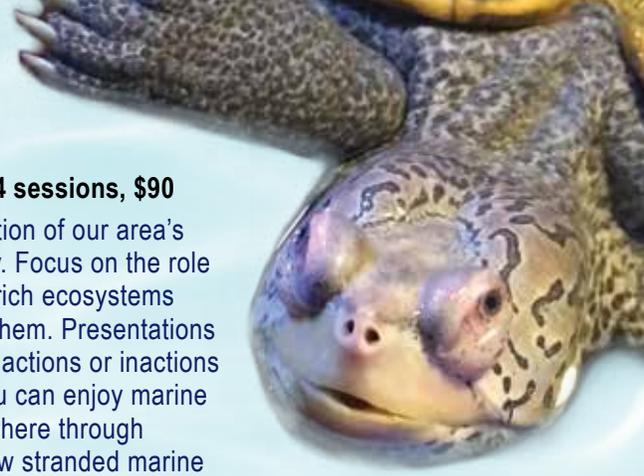
(Excludes Dutch-treat lunch at The Reef)

Location: 505 Guana River Rd., Ponte Vedra Beach

Teeming with life, the Guana Tolomato Matanzas Research Reserve (GTMRR) is a dynamic, ever-changing place with many interconnected habitats from the ocean to the forests. The landscape protects and provides for a great diversity of plants and animals.

Volunteer and fellow OLLI member Margie Cummings leads you on a tour of the estuary via the Environmental Education Center's Exhibit Hall. Aquatic preserves manager Andrea Noel introduces you to the oyster shell recycling program and oyster restoration projects.

Coordinator: Nancy Sticht, p. 40



Chemistry in Everyday Life

Feb. 22 – March 29, 9:30 to 11 a.m.
(No class March 22)
5 sessions, \$45

Chemistry principles are prevalent within our daily lives in many ways. Cooling, cleaning and driving all involve these principles. Extend seemingly unrelated topics from high school chemistry to the present-day world. Learn more about local and global issues and topics such as greenhouse gases, nuclear energy and modern batteries through the lens of chemistry. Class format includes presentations, demonstrations and discussions.

Instructor: Dennis Egan, p. 33

NEW!

The Battle of Britain

Feb. 22 – March 29, 1:30 to 3 p.m.
(No class March 22)
5 sessions, \$45

Advance your knowledge of one of the most significant battles in modern military history. Examine the factors and the players that led to Britain's resistance of the German invasion of 1940. Learn who rallied the British. Consider why the battle was nearly lost before it began and one commander and his assistant were fired immediately after a victory. Meet key leaders including Sailor Malan, Hugh "Stuffy" Dowding, Trafford Leigh-Mallory, Douglas Bader and Keith Park. Reconsider the roles of Adolf Hitler and Herman Goering. Maximize your learning by watching YouTube videos at home between sessions.

Required: "Battle of Britain" by Len Deighton and Max Hastings

Recommended: Fee between \$5 and \$10 payable to instructor for supplemental resources

Instructor: Fred Skinner, p. 40

NEW!

Guided Life Storytelling Group: Part II

March 1 – April 5, 9:30 to 11 a.m.
(No class March 22)
5 sessions, \$45

Experience the magic of telling your life story. This guided group provides a trusting, confidential platform. Each session's structure stimulates memory recall and makes connections between you and others in the class. Seize the opportunity to gain insights into your life. Create timelines, explore major themes and reflect on relevant readings. Use prompts to write two pages on your own between sessions. Stories are shared each session as time allows. This is an opportunity to learn and grow, but it is not group therapy. People of all backgrounds are welcome including those with no faith context. No prior writing experience is required. There are no prerequisites for this class.

Required: Student purchase of "Chances Are..." by Marie Laure, approximately \$12

Instructor: Charlene Vincent, p. 41

ED-VENTURE

St. Augustine Lighthouse and Museum Sunset Moonrise Tour

March 1, 5:30 to 8 p.m.
1 session, \$50

Ignite your appreciation of Mother Nature's visually spectacular nightly changing of the guard. From your perch atop the lighthouse tower, watch the sun disappear behind historic St. Augustine as the full moon ascends from the Atlantic horizon. A complimentary glass of champagne and hors d'oeuvres

enhance your evening. Transportation is on your own.

Required: Physical stamina to ascend lighthouse spiral staircase, shoes suitable for the climb

Recommended: Dress for the weather, small backpack or fanny pack for personal items, water and camera.

Coordinator: Pamela Keramati, p. 36

NEW!

Jacksonville: The Consolidation Story

March 8 – 29, 1:30 to 3 p.m.
(No class March 22)
3 sessions, \$35

Learn what consolidation is and the challenges it sought to address in Jacksonville. Understand the city's history and how consolidation was achieved 50 years ago. Assess consolidation's impact and consequences. Class format is presentation and discussion. Bring your curiosity about Jacksonville and gain an expert's perspective.

Recommended: "Jacksonville: The Consolidation Story, from Civil Rights to the Jaguars" by James B. Crooks

Instructor: Jim Crooks, p. 33

NEW!

Edible Art: Create a Centerpiece

March 15, 9:30 to 11 a.m.
1 session, \$20

Learn to make an edible vegetable wreath. It can be a unique, dramatic centerpiece or a tempting, nutritious snack or salad. Easy to do and you can always eat your mistakes!

Instructor: Tamer Britton, p. 33

Learning never ends with OLLI!

Fridays at UNF

NEW!

Improve Your Energy and Quality of Life

Jan. 12, 9:30 to 11 a.m.
1 session, \$20

Learn how exercise, nutrition and hydration improve your energy, mobility, independence and quality of life. Explore ways to successfully integrate these principles into your everyday life.

Instructor: Zarah Yisrael, p. 42

NEW!

Human Civilization's Critical Achievements

Jan. 12 – Feb. 9, 11:30 a.m. to 1 p.m.
5 sessions, \$45

One possible antidote to the growing concerns about mankind's future is to examine some great past achievements. Explore key pivot points that enabled humans to dominate planet Earth. Focus on critical inventions and advancements that enabled the species to thrive and flourish. Consider whether past achievements have better prepared us to handle future challenges. Is our confidence in problem-solving unwarranted? Class format includes screening videos and discussion. Your instructor selects appropriate reading materials for your consideration and preparation.

Instructor: Mike Shore, p. 40

NEW!

Common Health Problems in People Over 50

Jan. 12, 1:30 to 3 p.m.
1 session, \$20

The activist Betty Friedan asserted that "aging is not lost youth but a new stage of opportunity and strength." Learn what you can do to address

the most common health problems that arise beginning in middle age. Understand how hypertension, hypercholesterolemia, diabetes mellitus, depression and memory impairment have become more prevalent. Discover what you can do to prevent those conditions. Consider conditions that require treatment, set realistic treatment goals and assess treatment options. Anticipate questions you should ask your doctor.

Instructor: Joseph T. Stepp, p. 40

Explore Northeast Florida's Special Places: Natural History, Ecology and Scenic Beauty

Jan. 19 and March 9, 11:30 a.m. to 1 p.m.
2 sessions, \$30

Explore the city, state and national parks of Northeast Florida through a series of documentary videos. Discover the ecology, history and importance of environmental stewardship of those special places. Your instructor spent a year exploring the park system and creating a documentary series for broadcast on WJCT. Local experts in the fields of environmental policy, archeology and park administration are featured.

Recommended: Instructor-provided scavenger hunt to get you outside with camera in hand to explore the parks

Instructor: Sean Lahav, p. 36

Mah Jongg for Beginners

Jan. 19 – Feb. 16, 1 to 3 p.m.
5 sessions, \$55

Enjoy a fascinating rummy-like game that is played with tiles rather than cards. Mah Jongg originated in China and dates back to the time of Confucius. Originally played by the ruling classes, the game's popularity in the west exploded in the 1920s. Acquire the knowledge and skills you need to compete in this popular pastime.

Required: Advance purchase of 2017 and 2018 National Mah Jongg League cards (\$9 each) by calling (212) 246-3052 or online at www.nationalmahjonggleague.org.

Instructor: Denice Goldberg, p. 34

NEW!

The Story of the Great Recession and Its Aftermath

Jan. 19 – Feb. 23, 1:30 to 3 p.m.
6 sessions, \$50

The Great Recession has been over since 2009. Maximize your understanding of the causes, evaluate corrective action and consider preventive measures. Your instructor taps into the tremendous body of research to trace the roots of the recession, deliberate key events and assess current views.

Instructor: Glenn Hansen, p. 35

NEW!

I Am Old. Are You Old, Too?

Jan. 26 – March 2, 11:30 a.m. to 1 p.m.
6 sessions, \$50

Old is not only a state of mind but also a state of body. How are you – as an elder – coping with changes in the mind and body? How do you make this phase of your life meaningful? Do you feel irrelevant, depressed or anxious? What things are you still doing that you did in the past? What aren't you doing what you'd like to do? Share your ideas and experiences with new friends who feel what you do. Each session includes discussion of a topic about our aging processes. A little writing stimulates ideas. If you're age 65 and willing to share yourself in a supportive environment, join us for a little whine and a lot of understanding. The only requirements are a willingness to be honest and forthcoming about your experience of aging with all of its trials and possibilities.

Facilitator: Sheila Weinstein, p. 41

NEW!

Great Decisions 2018

Feb. 2 – March 30, 9:30 to 11 a.m.
(No class March 23)
8 sessions, \$60

Stretch your knowledge of current affairs with an in-depth discussion on specific national and international topics of current foreign policy concern. Topics include the waning of Pax Americana?, Russia's foreign policy, China and America: the new geopolitical equation, media and foreign policy, Turkey: a partner in crisis, U.S. global engagement and the military and South Africa's fragile democracy. Each session begins with a 30-minute film of expert commentary, followed by one hour of highly participatory collegial discussion. Weekly preparation involves advance reading of 10 to 12 pages from the course booklet and supplemental reading materials provided by course facilitators via email.

Required: "Great Decisions 2018" available online from the Foreign Policy Association's bookstore (www.fpa.org) or by calling (212) 481-8100. Enrolled students must purchase the booklet at least two weeks prior to the first session.

Facilitators: Samuel Hart, p. 35 and Ralph Sawyer, p. 39

Art of Our Time: A Beginner's Guide to Contemporary Art

Feb. 2, 16 and March 2, 1:30 to 3 p.m.
3 sessions, \$35
Location: MOCA Jacksonville, 333 North Laura St. Jacksonville

Conquer your fear of contemporary art through this museum-based learning immersion program. Increase your knowledge and appreciation of MOCA Jacksonville's permanent collection by going behind the scenes with an expert. Discover new contemporary art trends through an exploration of the special exhibition galleries and atrium project

featuring a site-specific installation by an emerging or midcareer artist. Arrive early to enjoy a Dutch-treat lunch at NOLA MOCA and browse the museum shop.

Recommended: "Why a Painting is Like a Pizza" by Nancy G. Heller

Instructor: Anthony Aiuppy, p. 32

Zen Buddhist Meditation

Feb. 16 – March 30, 9:30 to 11 a.m.
(No class March 23)
6 sessions, \$50

Maximize your ability to meditate to increase positive health benefits and a sense of well-being. Each session encompasses two guided meditation sessions and plenty of time for discussion. Chairs are provided. Bring zabaton and zafu if you own them; if not, yoga mat or blanket and a firm pillow.

Instructor: Bill Mayhew, p. 37

Pilates for Buff Bones

Feb. 23 – March 16, 3:30 to 4:30 p.m.
4 sessions, \$40

Improve strength, flexibility and balance in this Pilates mat class. Develop better concentration, control, centering, flow, precision and breathing. Exercises are safe for those with low back pain, low bone density and spine issues. Consult with your doctor and do not enroll if you are uncertain of your ability to participate. All ages are welcome.

Required: Ability to get up and down from the floor without assistance

Recommended: Yoga mat if you own one

Instructor: Julie Baskin, p. 32

Rediscovering the Labyrinth as a Reflective Practice

March 2, 10 a.m. to noon
(Excludes lunch)
1 session, \$30

Location: Omnisara Labyrinth and Gardens, 414 Third Avenue N., Jacksonville Beach

Explore history, philosophy, significance and uses of the labyrinth, an ancient pattern found in many cultures around the world for millennia. Use the experience of walking this simple, ancient path with a Veriditas-trained facilitator to quiet the mind, recover balance in life, and encourage meditation, insight, self-reflection and stress reduction. Discussion and question and answer enhance your experience. Debrief over a Dutch-treat lunch.

Recommended: Comfortable shoes, a journal or sketchpad to record your thoughts and feelings and "Walking a Sacred Path: Rediscovering the Labyrinth as a Spiritual Practice" by Lauren Artress

Required: Transportation is on your own, logistical instructions provided

Facilitator: Samuel Hall, p. 35

NEW!

Large Trees in Your Yard: Benefits and Challenges

March 16 – 30, 11:30 a.m. to 1 p.m.
(No class March 23)
2 sessions, \$30

Yes, you want a hot yard but preferably one without the heat. Large trees mitigate that with great flair. They are not only beautiful but also helpful to the environment. They raise our property values while they lower household costs. Course focuses on the benefits and challenges of large trees. Learn how to address the challenges. Your comments and questions are welcome.

Instructor: Lisa Williams, p. 42

WINTER 2018 INSTRUCTORS

All OLLI instructors are volunteers. They take pride in sharing their knowledge with their fellow OLLI members.

Do you have a passion you would like to share?
Email Jeanette Toohey, director, at jeanette.toohey@unf.edu for more information.

Anthony Aiuppy is MOCA Jacksonville's Weaver Educator teaching students grades K – 12. He taught painting, drawing and design at the University of North Florida.

Art of Our Time: A Beginner's Guide to Contemporary Art, p. 21

Stewart Angell has shared his passion for researching and teaching military history at OLLI for five years. He was in the U.S. Marine Corps from 1959 to 1967. Angell was an instructor in law enforcement and related fields for 30 years. He has a bachelor's degree in business and law enforcement with a minor in history as well as a master's degree in police administration.

World War I: The U. S. Expeditionary Forces, p. 17

Karen Ansell has 30 years of experience in the insurance industry specializing in Medicare and retirement benefits. In 1999, she started her own brokerage, Secure Choices Insurance Services. Ansell believes that honesty, personal service, great products and hard work equal success.

2018 Medicare Made Clear, p. 25

Karen Backilman completed her undergraduate work in psychology at Simmons College and has master's degrees from Harvard and UNF. She has taught regular and special education, and served as teacher, media specialist and principal with the Duval County Public Schools. Backilman has taught OLLI classes in knitting, mystery books and home organization.

Baby, It's Cold Outside So I'll Make You A Sweater, p. 21

Shirley Barber has enjoyed growing plants from seed for more than 30 years. She has been a master gardener for 12 years for the University of Florida/St. Johns County. Barber is responsible for the design, implementation, signage and propagation of plant material installed in the floral garden displays at the St. Johns County Arboretum. She is project leader for the All-American Selections (AAS) Display Gardens of vegetables and flowers at the St. Johns County Arboretum. Barber has propagated more than 80,000 plants that were donated to the St. Johns County Arboretum and community outreach programs.

Beautiful Gardens Begin with the Seed, p. 27

Faye Barkan is an American Contract Bridge League (ACBL) accredited bridge teacher. As bridge director at The Connection in Summit, New Jersey, she taught classes and ran weekly duplicate games. Barkan enjoys teaching bridge in sunny Florida.

Beginning Bridge II, p. 19
Refresh Your Bridge!, p. 20

Peter Bartha is a native of Hungary who lives in Canada. He is a former academic and a retired corporate executive. Bartha and his wife are winter residents in Jacksonville where their daughter and grandchildren live.

A Tale of Five Cities: The World Before the Great War – Berlin, London, Paris, St. Petersburg and Vienna, p. 14

Julie Baskin has 30 years of teaching experience including 15 years specializing in Pilates. Trained by the industry's top educators, she brings attention to form and safety in each class.

Pilates for Buff Bones, p. 31

Kelly Baxley is a certified chef with a passion for learning and teaching all things food. A fateful visit to Italy in 2010 inspired her to return and pursue her dream of becoming a chef in her second act. Baxley has taught home cooks for more than 11 years, both at Williams Sonoma and in a local cooking studio.

Biscuits and Gravy, p. 8

Pasta 102: Ravioli and Tortellini, p. 8

Pizza at Home, p. 8

Robert Black was a captain in the U.S. Air Force, a corporate executive and an entrepreneur. He has a B.S. in chemistry and holds M.S., E.E., P.E. degrees and an MBA in finance from the University of Akron where he received the Frank L. Simonetti Award for distinguished business alumni. He is an honorary member of the Financial Management Association and a certified instructor F.D.I.C. United Way Real Sense financial education. Black holds 17 U.S. patents. While he is neither a broker nor a financial adviser, he has been investing for more than 50 years and manages his own portfolio. Black has traveled to Australia and many places in Asia; he has also studied Buddhism, Tao and Christianity.

Ways to Happiness, p. 9

Investing For Those Who Do Not Want To Think About It, p. 10

Richard Bobo's degrees are in music performance. His primary areas of interest include piano and music history. Richard, his wife, Jana, and their pet cat, Pasha, moved to Jacksonville after retiring from 35 years of teaching at the college level.

The Concerto: 1725 – 1945, p. 10

Susan D. Brandenburg is an award-winning biographer and freelance journalist with more than 30 years of experience writing newspaper columns, feature articles, press releases, personal and professional profiles, brochures and biographies. She is president of Susan the Scribe Inc. Publishing and takes life stories from concept to completion and from first interview to book-in-hand. Brandenburg is a former columnist for the St. Augustine Record and Florida Times-Union newspapers. Her feature articles have appeared in Women's World Weekly, Chicken Soup for the Golfer's Soul, Folio Weekly, ARBUS, Jacksonville Luxury Living Magazine, Jacksonville Magazine, Women's Digest, H Magazine, Waters Edge, Ponte Vedra Recorder, Resident Community News and San Marco and Beaches Magazines. Brandenburg's "Sharecropper's Son: The Story of Doc Garland Granger" won the Florida Writer's Association 2010 Royal Palm Literary Award in the biography category. She is currently at work on her 32nd manuscript. Brandenburg serves on the boards of the National League of American Pen Women and the Stetson Kennedy Foundation. Brandenburg is a world traveler who has lived in Germany, Japan, California, Texas, New York, Nebraska, Montana and Arizona, and has traveled to Australia, the U.K., Alaska, Panama, Costa Rica and Mexico. She is the mother of two and grandmother of four. She says her motto, "The Power of One," refers to God, whose guidance she seeks in using the gift of words. Visit her website: www.susanthescribe.vpweb.com.

Write Your Life Story, p. 26

Tamer Britton taught classes and workshops related to food and nutrition for 38 years through the Agricultural Department in Jacksonville for the University of Florida's IFAS program. Retired since 2009, she enjoys sharing her expertise with garden clubs and other lifelong learners as well as volunteering for Civitan International.

Edible Art: Create a Centerpiece, p. 29

Carol Callier relocated to the area from Tampa in 2013 to be near family. She worked as a personal assistant, managing the home, personal and social affairs of an individual for 14 years. Volunteering has always been a part of Callier's life wherever she lived including Tokyo, Dallas and Tampa. Travel is one of her passions. Callier recently enjoyed sailing trips in the Caribbean and Mediterranean and bicycle and barge trips in Europe.

Home Improvement: Handy Tips for the Budding Do-It-Yourselfer, p. 24

Dr. Louis (Lou) Catania is an internationally acclaimed clinical educator and author of 11 textbooks and more than 160 journal articles. He practiced clinical eye care for more than 45 years and currently serves as senior consultant at Nicolitz Eye Consultants, a multispecialty ophthalmology group in

Jacksonville. In the second half of his career, Catania dedicates more than half of his time to research, writing and lecturing worldwide on ocular immunology and the human immune system. He held academic rank and visiting professorships at numerous universities in the U.S. and abroad. Catania's greatest passion is providing quality, worthwhile healthcare education and communicating complex information at a comfortable, understandable level.

Our Immune System: Friend and Foe, p. 19

Laurel Conderman worked for more than 15 years as office manager in the Department of Pediatrics, University of Florida in Jacksonville before retiring in 2013. Her great enthusiasm for OLLI at UNF ED-ventures encouraged her to lead the team. Conderman also volunteers with the annual Congenital Heart Walk and her neighborhood civic association. She especially enjoys exploring our area's beautiful parks and natural places.

Jacksonville Downtown from Top to Bottom, p. 17
Manatee Watch and River Cruise at Blue Spring State Park, p. 17

Jim Crooks is emeritus professor of history at the University of North Florida where he taught American history for 29 years. He received his doctorate from Johns Hopkins University and authored two books about Jacksonville's history. Crooks has worked in the community in the areas of human rights, poverty and race relations for 40 years.

Jacksonville: The Consolidation Story, p. 29

David Dufresne is a seasoned and well-researched traveler. He envisioned walking the Camino Frances for more than 25 years. Upon early retirement as a clinical pharmacist, he walked his first Camino in 2013 and returned to walk the same route in 2015. In spring of 2016, he served as a host at two guest houses. Dufresne walked the Via de la Plata, a thousand kilometer walk from Seville to Santiago de Compostela, in 2017.

The Caminos of Northwest Spain: Walking Through History, p. 27

Dennis Egan is a retired naval officer who has a B.A. in biological science with a minor in chemistry and a master's in information technology. After a naval career and a stint in the private sector, Egan realized a long-held desire to teach. He taught high school chemistry for eight years in Duval County Public Schools at all levels, from general to honors and advanced placement. His students met and often exceeded required county and state standards. He received accolades for his innovative, student-centered teaching style. In retirement, Egan is a chemistry tutor working with high school and college students.

Chemistry in Everyday Life, p. 29
Great Decisions 2018, p. 22

John Fischer has an extensive background in manufacturing and management consulting. He has been associated with OLLI at UNF for 10 years, primarily as a discussion leader on national and international affairs.

Great Decisions 2018, p. 22

Joseph R. Fittipaldi started his teaching career at Boston University. After a stint in education, he worked as a lobbyist in Trenton, New Jersey, and Washington, D.C. He later spent 20 years in domestic and international sales as director general for a medical device manufacturer. He finished his career as vice president for a medical publisher. In retirement, he renewed his passion for Big Band music. His Sunset Beach Ballroom Show was a Friday night staple on WPCA-FM in Amery, Wisconsin. Fittipaldi has been a Big Band enthusiast since he can remember. From his first music lesson in 1947, he specialized in the big band standards. His father was a vocalist with the Ted Weems Orchestra, which influenced Fittipaldi's choice of music.

The Big Bands: A Sentimental Journey, p. 16

John D. Frketic is a retired Army intelligence officer. He spent 34 years on active duty with multiple combat tours including Vietnam, Operation Desert Shield/Desert Storm and Operation Iraqi Freedom. As an intelligence operator and analyst, he spent years working counterterrorism issues throughout the Balkans and the Middle East. Frketic is a graduate of the U.S. Army's prestigious School of Advanced Military Studies (SAMS) at Ft. Leavenworth, Kansas, and served as a National Security Fellow at Harvard's Kennedy School of Government. He has lived and traveled extensively throughout Europe, the Middle East, North Africa, and Southwest and Southeast Asia.

America's First Battles, Part II: 1900 to Afghanistan 2002 and Iraq 2003, p. 23

Chris Fulmer is a retired art professor and supervisor of the two-dimensional studio program at North Lake College in Irving, Texas. She has degrees in English, painting, art education and art history. Fulmer's art has been exhibited internationally. She created works for major hotels and spas, as well as the North Lake College station of the Dallas Area Rapid Transit system. Fulmer's latest endeavor is "Birds Wearing Clothes: Picture Book Full of Humorous Silly Birds" featuring her collages.

Four Works from Art History, p. 23
Sketchbooks and Sketching, p. 13

R. Michael Gallagher, D.O., is a seasoned lifelong learning instructor who taught at Indian River State College's Fielden Institute of Lifelong Learning in Ft. Pierce, Florida. He is a recognized author, lecturer and authority in medicine, clinical research and healthcare delivery. Gallagher has served in various university and executive positions including professor, department chair, dean and medical director of healthcare

organizations. He has a special interest in complex medical and headache problems and contributes time caring for indigent patients and veterans. Gallagher served as a U.S. Air Force flight surgeon and retired with the rank of colonel.

Rapid Changes in Healthcare and Medicine: Why Now? What's Important?, p. 23

Tatiana Ganina holds a doctorate in art history from the University of St. Petersburg, Russia. She is a former chief curator at the State Russian Museum in St. Petersburg. Ganina has organized several international exhibitions, including one at the National Gallery in Washington, D.C. She has authored several books, articles and lectured in Russia, Canada and the United States.

Art History All About Women, p. 21

Vladimir Ganine graduated from the University of St. Petersburg, Russia, with a Ph.D. in theoretical and mathematical physics. For the past 20 years, he has worked as a senior research scientist in American industry.

Terrorism: A History, p. 10

Julie Giuliani is a retired executive dean from Florida State College at Jacksonville. She has more than 30 years of leadership and management experience in higher education and business training. Giuliani has a master's degree in human resource development and training and a doctorate in adult education and administrative and policy leadership. In 2010, she was selected to attend a postgraduate studies program at Harvard School of Education Management and Leadership Institute. Her current focus is on researching the latest technologies available to improve the quality of life going forward. Giuliani also speaks at various organizations and conferences about technology and its possibilities.

A Broad Brush with Salvador Dali and Frida Kahlo, p. 16

Robert L. Gold is a retired professor of Latin American history as well as a writer and lifelong reader of murder mysteries. He has written a colonial city murder mystery series set in Savannah, Georgia; St. Augustine; and New Orleans, as well as historical works and a variety of other published articles, columns and stories in journals, magazines and newspapers.

A History of Chocolate, p. 16

Sex, Money and Vengeance: Motivations for Murder in American Mysteries, p. 23

Denice Goldberg is passionate about Mah Jongg. She has been playing twice a week for 10 years. She's eager to share the game with others.

Mah Jongg for Beginners, p. 30

Stanley B. Greenfield is a retired insurance and financial consultant who has lectured about financial matters worldwide. He served as an adjunct professor at several universities and published thousands of articles. Greenfield and his wife, Gail, love to travel the world seeking unique experiences. Combining volunteer work with their travels provides them with opportunities to fully immerse themselves in the life of the country they are visiting.

Warning: The Rules Of Money Have Changed. Have You?, p. 10

Lynda Gridley has a master's degree in communication sciences and disorders from the University of Oregon. She is a speech-language pathologist who specializes in cognitive-linguistics at Baptist Health's AgeWell Center for Senior Health. Gridley provides cognitive testing, develops individualized strategies based on the results and educates patients and families about living a brain healthy lifestyle to promote cognitive health.

Live a Brain Healthy Lifestyle, p. 17

Samuel Hall is a founding member and community outreach director of Omnisara Labyrinth and Gardens in Jacksonville Beach. He is a Veriditas-trained facilitator and ordained as an interfaith minister from One Spirit Interfaith Seminary in New York City. Hall focuses on men's spirituality using the labyrinth as a template for discussions, workshops and retreats. He has a degree in biology and chemistry.

Rediscovering the Labyrinth as a Reflective Practice, p. 31

Glenn Hansen has been a senior executive and general manager with expertise in the fields of strategy, operations, finance and audit/control. He retired from the Federal Reserve Bank of Chicago as a senior vice president and has more than 40 years of experience in various types of financial institutions. Hansen has been adjunct faculty at the graduate level for more than 35 years at major universities in both Chicago and Jacksonville.

The Story of the Great Recession and Its Aftermath, p. 30

Samuel Hart has experience as a soldier, diplomat and teacher. He holds degrees from the University of Mississippi, the Fletcher School of Law and Diplomacy and Vanderbilt University. Hart also attended the John F. Kennedy School of Government at Harvard. His military experience includes duty as a paratrooper and general's aide. For 27 years, he was a diplomat with the U.S. Department of State, serving overseas in Latin America, Southeast Asia and the Middle East. From 1982 through 1985, Hart served as U.S. ambassador to Ecuador. Since retirement from State, he has been a business consultant and lecturer on American foreign policy at numerous colleges and universities

and for 15 years on cruise ships. Hart is active in the World Affairs Council and other volunteer organizations.

Great Decisions 2018, p. 31

Billie Hayward became a full-time community volunteer after a career as psychiatric clinical nurse specialist. She contributes her time and talents to the arts, the Jacksonville Historical Society and OLLI at UNF.

Behind the Scenes at the Jacksonville Historical Society, p. 8

Wayne Heckrotte welcomes to his classes both those who love history and those who think they don't. He is celebrating his 10th anniversary as an OLLI instructor. Heckrotte enjoys both informing and entertaining in his courses at UNF and its partner campuses.

World War I: The War to End All Wars, p. 20

Alice Hill has taught Spanish to high school, college and adult students for 30 years. She enjoys traveling, reading and spending time with her grandchildren.

Beginning Spanish: Level II, p. 15

Ken Hoffman is a retired software developer who teaches courses in social, political, intellectual and music history. He holds a B.A. in philosophy and pursued graduate studies in American and European history at UNF. Hoffman has been an avid fan of classical music and jazz since his teens.

The Enlightenment: Origins of the Modern Political World, p. 22

Prelude to the Enlightenment: Early Modern Philosophers, p. 16

Jim Jandreau is a representative of the Florida Life Care Residents Association (FLiCRA), a resident-led association to ensure quality of life in retirement communities. He and his wife researched 100 CCRCs before they made their choice.

Is a Continuing Care Retirement Community (CCRC) Right for You?, p. 12

Cynthia Kastner moved to Jacksonville in 2004 from New Jersey. She was a lawyer for AT&T, Western Electric and Lucent Technologies for 25 years. She is chair of the Board of Trustees at Christ United Methodist Church in Neptune Beach. Kastner served on the architectural review board for Queens Harbour and as vice president for activities for First Coast Newcomers. She received a B.A. in economics from Rutgers University and a J.D. from Seaton Hall Law School.

Art Around Town Bicycle Tour, p. 25

Gregg Kaufman served four Lutheran churches for more than 30 years and taught at a public liberal arts university for 10 years before retiring in 2014. He is affiliated with the Kettering Foundation as a research associate, serves on the National Issues Forums Institute advisory board and works with religious and higher education institutions.

Deliberative Democracy: Civil Discourse about Critical Public Issues, p. 20

Pamela Keramati retired after teaching children in grades K – 8 for 38 years. She continues to teach as a substitute for the pleasure of working with children and supporting public education. Keramati, an outdoor enthusiast and nature lover, is a member of the Sierra Club who enjoys hiking.

St. Augustine Lighthouse and Museum Sunset Moonrise Tour, p. 29

Irwin Kirk is a retired attorney who has presented history classes on the Middle East, the origins of World Wars I and II, American Disunion, West from Appomattox and the Paris 1919 Peace Conference.

Russian Revolution, p. 25

Maureen Kirschhofer began her working career as an art teacher in Buffalo, New York, after completing her B.F.A. at the University of Rochester and an M.S. in art education at the State University College at Buffalo. In 1981, she began a new career as an insurance agent for the Paul Revere Company. A Chartered Life Underwriter since 1991, Maureen has had a distinguished career in insurance and financial planning. She has held many positions and received many honors on local, state and national levels, including president of the Jacksonville Society of Financial Planners.

Studio Painting: Oils and Acrylics, p. 9

Dan Kossoff has written, produced and directed thousands of television programs, films, commercials and special events throughout his 50 years in broadcasting. His work ranges from directing award-winning documentaries to producing the Jacksonville Jazz Festival. Kossoff has been OLLI-involved since 2010 and enjoys sharing his passion for folk music with fellow members. As a young folkie he toured the Midwest gigging on the coffee house and campus circuit. Kossoff's folk radio show, "String Along," aired for many years on WJCT-FM. He still enjoys strumming his vintage Gibson guitar. Kossoff is a graduate of the University of Minnesota and pursued post-graduate studies in film and television at the University of Kansas.

Folk Music: History and Hootenanny, p. 12

Jan Kuchler finished and published two historical novels, one time-travel and three murder mysteries. She understands the desire to write and perceived barriers to starting and finishing a story. Kuchler believes that sharing your ideas and creations with others in a group setting enhances learning for all and helps you find a path forward for your writing.

Learn to Start that Novel or Memoir, p. 13

Glenn Kuhnel has taught at every level from elementary to graduate school. Early in UNF's history, he was an adjunct in the history, philosophy and religion department. Kuhnel has also taught at Seattle University, Mount St. Paul College and Loyola University in New Orleans. Prior to retiring, he held a variety of administrative positions in the Catholic Diocese of St. Augustine. Kuhnel currently serves as senior theologian at a parish and provides small group seminars on biblical and theological topics. Educated in the classics, he holds a master's degree in scripture, a doctorate in religious studies and a divinity degree from Oxford University.

The Dead Sea Scrolls: Secret Books of the Bible?, p. 19

Elaine LaBrizzi is an avid proponent of Readers' Theater. She had principal acting parts and produced a play as a member of senior theater troupes in upstate New York. Prior to retirement, LaBrizzi spent many years producing and directing student performances. Membership in Toastmasters International helped her develop her acting skills.

Readers' Theater, p. 13

Sean Lahav produced, narrated and directed the WJCT documentary series "Exploring Northeast Florida's Special Places" as a UNF student. Through a partnership with the UNF Environmental Center and Public Trust Law, he spent a year exploring the city, state and national parks of Duval County. Lahav is a graduate of UNF and the National Outdoor Leadership School. He is an avid outdoorsman, landscape photographer, backpacker and scholar. Lahav's travels have taken him from the seashores of Florida and Cape Cod to the mountains of North Carolina and the desolate landscapes of the great American West. View his portfolio at www.seanlahav.com.

Explore Northeast Florida's Special Places: Natural History, Ecology and Scenic Beauty, p. 30

Anne-Marie Lainé was born and raised in France. As an educator, she has taught students of all ages and grade levels in France, Canada and the U.S. She holds a B.S. in science and education from Université du Québec Montréal and a master's degree in education from Curry College in Massachusetts. Lainé teaches water aerobics in the St. Augustine area.

Beginning French: Level III, p. 25

Intermediate French, p. 26

Bill Laird is one of only 1,300 individuals nationwide to hold both the Certified Financial Planner™ (CFP™) certification and Chartered Financial Analyst® (CFA®). He serves Dixon Hughes Goodman Wealth Advisors as a financial advisor. As a member of the firm's investment policy committee, Laird helps shape the investment and service experience for the firm's clients nationally. He has 16 years of experience in wealth management. Laird specializes in assisting clients through major life transition events, such as retirement, divorce, death and long-term care. He invests significant voluntary efforts to Rotary

International, the Estate Planning Council of Northeast Florida and the Financial Planning Association of Jacksonville. He is married with two children and lives in Clay County.

Mastering Retirement: The Keys to Success after Your Retirement Date, p. 23

Liz Leuthold retired after 30 years of employment with the government. She spends her time sewing, crafting, playing in her garden, reading and traveling. Leuthold specializes in giving used items a new life and sells a few items in a St. Augustine shop.

Make Unique Pillow Covers for Gifts, Holidays and Décor, p. 10

Christine Lewitzke moved to Jacksonville after retiring from her second career at The University of Alabama's College of Continuing Studies. She joined OLLI at UNF in 2010. Lewitzke enjoys planning local and international travel that is off the beaten path.

Discover the Ritz Theatre and La Villa Museum, p. 22
Recycling: How It Works in Jacksonville, p. 21

Peter Lomonte is a retired hospital pharmacist and manager. He is a longtime Apple-Mac and iOS (iPhone, iPad) user with more than 10 years of experience with Apple Mac, nine years of experience with iPhone and more than six years of experience with iPad. Friends and former co-workers called him the "Apple guy." Lomonte is an amateur guitarist who uses Apple's Logic recording software for music recording and production.

iPhone and iPad for Beginners, p. 16

Mac for Beginners and New Users, p. 13

Top Tips: Make Your iPhone or iPad Work for You, p. 19

Mary Longanbach has been a Florida master gardener for six years and was a West Virginia master gardener for five years. She worked in the greenhouse at West Virginia University and is presently a member of the Master Gardener Speakers' Bureau giving talks at various libraries around the city, to garden circles and various clubs. She is also a master gardener volunteer at the Duval County Extension Demonstration Gardens in Mandarin.

Pests in the Garden and Nuisance Wildlife, p. 20

Propagate Vegetables and Flowers, p. 21

Safety in the Garden, p. 22

Lee Marshall is an OLLI instructor whose courses focus on contemporary women's issues. Marshall retired after more than 20 years as an area and regional director of several nonprofit national health agencies in New York. She holds a B.A. in social sciences from Mercy College in Dobbs Ferry, New York, and pursued graduate studies in psychology and English at Manhattanville College in Purchase, New York.

Extraordinary Women of our Times: The Supremes – Sandra, Ruth, Sonia and Elena, p. 7

Roshan Massey was born and educated in India. After completing his MBA in England, he spent most of his working life in Australia. Roshan is a travel enthusiast who has taken groups on tours of India, Kashmir, Nepal and now, Myanmar. When he was much younger, he took groups by road from England to India and from England to North Africa.

Armchair Travel Medley: India, Nepal and Bhutan, p. 7

Bill Mayhew is a longtime practitioner of Zen Buddhism who has studied with several leading Roshis over the last two decades. He is currently an ordained student of Roshi Michael Elliston, Abbot of the Silent Thunder Order of Soto Zen and the Atlanta Soto Zen Center.

Zen Buddhist Meditation, p. 31

Joel McEachin has worked for more than 30 years in the field of cultural resource management, predominately in local government but also with nonprofit organizations and the private sector. His experience encompasses the establishment and coordination of a municipal historic preservation program, provision of administrative support to a historic preservation commission and management of a design review process. In addition, McEachin researches and prepares reports for the designation of local landmarks and historic districts. Related experience includes completing or managing historic property surveys and the preparation of nominations to the National Register of Historic Places. He served as research associate for "Jacksonville's Architectural Heritage, Landmarks for the Future," contributor to "African American Architects, A Biographical Dictionary, 1865 – 1945," and author of "Jacksonville's Legacy, African-American Heritage Trail." He holds B.A. and M.S. degrees in anthropology and archaeology and a Master of Education degree.

Life, Death and Other Stories: The Old City Cemetery, p. 12

Kenneth McMillan was a professor in the UNF's Department of Art and Design where, for 35 years, he taught aesthetics, art of the 20th century, art since 1940, ceramics, sculpture and film. He is a former chair of that department. McMillan's travel to England, Ireland, Wales, France, Bulgaria, Spain, Japan, New Zealand, Australia and Belize included research and presentations.

More Movies: Our Enduring Passion, p. 13

Jay Melesky worked for more than 40 years in banking and healthcare industries as an information technology specialist. He pursues his passion for history through extensive reading and travel, as well as by taking classes and seminars. Melesky believes that we never stop learning and that current events represent the perfect platform for continual lifelong learning.

Current Events, p. 12

Edward Mickolus says he snuck off with a Ph.D. from Yale University before they noticed it was missing. He was a CIA analyst, operations officer and manager for 33 years. Mickolus taught creativity and other techniques at the CIA, the FBI Academy and a host of other federal agencies. He runs Vinyard Software Inc. and is the author of 24 books including “The Secret Book of CIA Humor.” Mickolus will autograph any book you’d like, but he prefers to sign those he actually wrote. He is a recovering standup comic.

A Brief History of U.S. Intelligence, p. 9

Creativity for Retirees, p. 17

Become a Prolific Writer, p. 27

Spymasters: The Directors of the CIA, p. 11

Sue Lamb Myers has been an enthusiastic practitioner of Tai Chi for more a decade. She has experience with numerous Yang style tai chi forms and the Cheng Manch’ing sword form. Myers studied with master instructors Ken Lo, Sam Tam, Paul Campbell and Ken Van Sickle.

Tai Chi II, p. 14

Tai Chi for Health and Vitality, p. 17

Sarra Ninya is director of financial services for Cypress Village, a Brookdale community. She has spent the majority of her career at Cypress Village. Ninya’s roles allowed her to learn every aspect of a CCRC and to see changes that have occurred over the years. She received her BBA in financial services in 2013 from UNF. Ninya is a member of the Mayo Clinic Community Advisory Board for the Biobank.

Is a Continuing Care Retirement Community (CCRC)

Right for You?, p. 12

Akira Odani was born and educated in Japan. He received his Ph.D. in modern Chinese history from Brown University. Odani owned and managed his own business for more than 35 years. He introduced Team Based Learning (TBL) at the State University of New York at Delhi through business courses. Odani presented his improved students’ performance at the TBL Collaborative, a national organization, in 2013.

The End of Lectures and Presentations: Engage Learners Using Team-Based Learning, p. 12

William O’Malley is a retired Chicago Circuit Court judge, a former defense attorney and Chicago police officer. He holds a degree from Loyola University of Chicago and has his J.D. from Chicago Kent College.

A View of the Criminal Justice System, p. 27

Steven D. Orr first learned Spanish while living in Spain. He next went into the Peace Corps in Panama. Somewhat later, Orr worked for a major organization for many years in a job that took

him into almost every country in Latin America. His experience taught him a lot about the Spanish language, its nuances, and its idiomatic differences from country to country. Retired now, Orr has been an OLLI student for a number of years, and he welcomes the opportunity to serve as a volunteer instructor of Spanish.

Intermediate Spanish: Level III, p. 21

T. Parkinson has a Ph.D. in upper atmospheric physics. He was a planetary astronomer for five years before transitioning to commercial product development and contract work for the U.S. Navy.

The Ford is My Auto, p. 25

Judith G. Poucher is a fifth-generation Floridian who taught history among other subjects at Florida State College for 25 years. She holds a Ph.D. from Florida State University and did postdoctoral work at Oxford University. Poucher has published several articles in the “Florida Historical Quarterly.” Her book, “State of Defiance: Challenging the Johns Committee’s Assault on Civil Liberties,” won the Harry T. Moore award from the Florida Historical Society in 2015.

Florida’s “Little McCarthy Committee” and Those Who Defied It, p. 26

Lynne Radcliffe is a musical educator, performer and composer. She serves as director of music at St. Paul’s by-the-Sea Episcopal Church in Jacksonville Beach, adjunct faculty at UNF and program coordinator and teacher at the First Coast Community Music School. Radcliffe serves on the boards of the Beaches Fine Arts Series and BRASS, Beaches Residents Arising in Support of the Symphony. She received her bachelor’s degree in music in piano performance from Memphis State University and pursued graduate studies in musicology at the University of Memphis. Radcliffe was formerly a contributor to “Encore!” the magazine of the Jacksonville Symphony, as well as a former host for the public radio program “WJCT Presents the Jacksonville Symphony.”

Master the Masters: Adventures of a Symphonic Detective, p. 10

Marla Gentile Ramirez grew up in Queens, New York City, with her Cuban mother and Italian father. She received a B.A. in education with a minor in language studies from Brooklyn College and an M.L.A. from Barry University. She worked in New York State’s court system for 30 years as a certified court interpreter in Spanish and Italian and was assigned to its Supreme Court. In retirement, Ramirez enjoys teaching Spanish and Italian.

Introduction to Spanish: Level II, p. 15

Harry Reagan came to Jacksonville in 1967 as an investigative reporter at WJXT TV-4. He soon became editorial director, researching and presenting the nightly editorials for more than 20 years. Reagan served five years as an at-large member of the Jacksonville City Council, and he was responsible for public information at the Jacksonville Sheriff's Office for eight years. He has been a member of the Jacksonville Historical Society for many years and served as its president for five years. Reagan is also involved with numerous volunteer activities, including Friends of the Jacksonville Public Library.

50 Years of Jacksonville History: Journalism, Media and Politics, p. 7

Joel M. Reaser holds a doctorate in industrial psychology. He was associate director for research at AARP and senior vice president at the National Older Worker Career Center. Reaser served as adjunct and visiting professor at George Washington University. A pickleball enthusiast, he is proud father of three and grandfather of four.

Quest for the Historical Jesus: From Schweitzer to Ewing and Aslan, p. 25

John Reeve retired from the advertising and publishing industry. A Silver Life Master with more than 1,700 Master Points, Reeve frequently competes in regional and national bridge tournaments.

Bridge: Play of the Hand, Part V, p. 17

Kate Robbins was a professional theater designer and university professor for 35 years. In retirement, she maintains memberships in the United States Institute for Theatre Technologies (U.S.I.T.T.) and the International Alliance of Theatrical Stage Employees (I.A.T.S.E.). Robbins is credited with more than 300 theater productions. She enjoys volunteering at the Limelight Theatre in St. Augustine as an usher and a scenery painter.

There's No Business Like Show Business!, p. 15

Meg Rohal is a retired elementary educator. She is certified to present the Journal to the Self workshop through the Center for Journal Therapy in Denver. Rohal conducts journaling workshops in the Jacksonville area. She loves to travel, write, exercise and dance.

Journal to the Self: An Introduction, p. 13

Glenn Ross is a master carver who has taught at OLLI since 2011. Trained as a sculptor in 2002, he taught classes around the country in 2009. He is an electrical engineer and retired in 2008 as president of AllEnergy Inc., a technical consulting firm to the energy industry.

Clay Sculpting for Beginners, p. 12

Laura Rubin is a retired public school speech therapist. She was born in Brooklyn and lived in the Chicago area. Rubin has been leading play reading classes at OLLI for eight years.

Play Reading, p. 26

Edwin Safer is a professor who retired from Florida Community College in Jacksonville (now Florida State College in Jacksonville) and served as adjunct professor at UNF. From 1999 to 2013, he lectured to seasoned adults on Celebrity Cruises.

Mesoamerica: History of the Maya Civilization, p. 14

William Michael Savage is a retired airline pilot with more than 45 years of flight experience, 36 as a wide-body international captain. During his flying career, he obtained a law degree and now practices at his firm Savage Mediation Solutions, PA, and is a mediator for Florida's 4th and 7th Circuits. He teaches constitutional law and continues to teach flying at St. Augustine Airport with Florida Aviation Inc.

Constitutional Law, p. 20

Ethics, p. 19

Ralph Sawyer has facilitated or taught more than 50 courses since the inception of OLLI at UNF. Topics include poverty in America, the righteous mind, the economic crisis of 2008, Great Decisions and Great Books, and books by numerous authors. He has been interested in current events since college. Sawyer is a retired Navy ophthalmologist and was chairman and residency director of the training program at the National Naval Medical Center for 15 years. He has lectured nationally at a number of ophthalmology organizations for 20 years.

Great Decisions 2018, p. 31

Just What Were They Thinking?, p. 27

Michael Schmitt started and plans to expand a small business to teach older adults how to use and enjoy smart technology. His diverse teaching background includes nursing education, advanced life support and English as a foreign language to medical and business personnel. Visit his website www.learn4fun4ever.com.

Become Friends with Your Android Phone, p. 19

Rena Schochet began her career as a teacher and transitioned to life and change facilitation coaching. She is a certified health and wellness coach, facilitator and author. Schochet bases her classes on coaching and facilitation techniques and the Mindful PRISM Change Process.

Changing Faces, Changing Times: Learn to Cope in a Changing World, p. 9



John See taught for 30 years at all levels from elementary school to college. As a technology integration specialist for the Minnesota Department of Education, he was responsible for assisting school districts design and conduct computer training and staff development. See operated a successful technology consulting business and has coordinated many Apple user groups.

Apple iOS 11: Use the Newest iPad and iPhone Software, p. 12

Help I've Been Hacked: Security Options for Apple Devices, p. 10

Take Photographs and Videos with Your iPhone or iPad, p. 8

Merrill Shapiro attended the Jewish Theological Seminary of America in New York until selected to do research in Jewish Education for the Melton Institute at Ohio State University. He completed his rabbinic studies as a Jewish agency scholar at Hebrew University and served as a visiting scholar at Israel's Yad Vashem Holocaust Memorial in Jerusalem. Shapiro has served congregations in Columbus, Ohio; Richmond, Virginia; Orlando and Palm Coast. He was adjunct faculty at the University of Central Florida, has taught Road Scholar courses at Stetson University and currently serves as instructor of the Old Testament at St. Thomas Episcopal Church in Palm Coast. He is the immediate past president of the Board of Trustees of Americans United for Separation of Church and State (www.au.org), president of the St. Augustine Jewish Historical Society, president of the Democratic Club of Flagler County and past president of the Orlando and Richmond Virginia Boards of Rabbis. Shapiro and his wife, Robyn, are parents of two daughters and have five grandchildren.

When Women Were Heroic, p. 21

Mike Shore has taught OLLI since 2008. His special areas of interest include technology, climate change, environmental sustainability and American culture. Shore is a former journalist and retired director of media relations for IBM.

Human Civilization's Critical Achievements, p. 30

Allan Silberman is a retired Foreign Service officer and experienced trainer who led classes in the U.S. and abroad. He served in the U.S. embassies in Brazil and Ecuador and in the U.S. Department of State in Washington D.C. He also established and led the Alternative Dispute Resolution office at the U.S. Federal Election Commission for six years where he resolved more than 120 disputes. As vice president for the American Arbitration Association, Silberman directed its department of education and designed training in alternative methods for commercial, labor, community and international disputes. He is a graduate of Miami University and the University of Illinois and was a Fulbright scholar at the London School of Economics.

Forum on Current Issues, p. 22

Fred Skinner is a longtime UNF OLLI student who retired as a corporate planner from Pittsburgh Natural Gas Utility. He earned his B.S. in electrical engineering and an M.S. in information science. He has continued his education by taking more than 100 courses, many in history, from the Teaching Company.

The Battle of Britain, p. 29

Joseph Steinman is originally from Philadelphia, Pennsylvania, and holds a B.S. and M.S. in chemical engineering and an MBA and doctorate in finance. Early in his career, he worked in research for NASA on the space shuttle. Later he spent 19 years in private industry in various financial and general management positions in the United States, Europe and East Africa. He served on the finance faculty of a university in Switzerland for 12 years and UNF for seven years. He has consulted for management throughout the world.

A Review of the Major Economic Issues Facing the U.S., p. 17

Joseph T. Stepp has lived in Jacksonville since age five. He received his B.S. and M.D. degrees from the University of Florida. Stepp practiced with the Internal Medical Group from 1979 to 2017, focusing on older patients. He is board certified in internal medicine and geriatrics.

Common Health Problems in People Over 50, p. 30

Nancy Sticht spent more than 40 years as a human resources development and public affairs professional for the federal government before retiring in September 2014. She developed and conducted training in leadership, risk communication, media relations and public participation and led the development of several award-winning video and publication projects. A native of Buffalo, New York, Sticht holds a B.S. in communication and an M.S. in management of adult learning. She enjoys travel, reading, theater, photography and volunteering for OLLI as the Explore More programs team lead.

Home Improvement: Handy Tips for the Budding Do-It-Yourselfer, p. 24

Preserve and Share Your Travel Memories, p. 18

Wet 'n Wild, p. 28

Jim Sylvester holds a doctorate in biochemistry. He is emeritus principal research scientist at Nemours Biomedical Research and professor of biochemistry and molecular biology at Mayo College of Medicine.

Human and Molecular Genetics: A Course for the Layperson, p. 25

Lou Tagliaferri is a retired management consultant, publisher and author. He has written and published scores of business educational works and is the author of four novels: “Bellaria di Rivergaro,” “The Web Shop,” “The Habsburg Cowboys” and “In Search of Becca-And the Virgin of Tears.” An Italian speaker for many years, Tagliaferri’s visits with family in Italy prompted him to write and produce an interactive Italian language training program designed to teach travelers the basics of conversation. **Italian for Travelers, p. 20**

John Tancredi is a retired CTO and CEO in the mining and chemicals industries with expertise in the theory of innovation. He enjoys reading history and is fascinated by David Christian’s technological approach to the subject. **Big History, p. 13**

Ken Tannenbaum is a former healthcare and health insurance executive who has failed retirement several times. He is now semiretired and remains active as a volunteer in a number of agencies and programs serving seniors in Northeast Florida. Tannenbaum is the 2017 recipient of the Delores Barr Weaver Elder Advocate award.

Embrace the Power of Positive Aging, p. 19

Kathleen Thomas holds an M.F.A. in creative writing and M.Ed. in mental health counseling. She is a registered nurse who has focused her professional career on bridging the creative and healing arts.

Micro Stories: The Art of Flash Fiction and Nonfiction, p. 27

Inge Thompson has a B.A. and an M.A. in music. Singing is her first love. Thompson’s 1953 marriage to a Jacksonville native led her into the restaurant business and management of two well-known venues, Hargraves Steak House and Florida Grill. After attaining an M.S. in health education from UNF, she worked in Memorial Hospital’s rehabilitation unit.

Wellness and Stress Management, p. 10

Mireille Smith Threlkel was born and raised in French speaking Switzerland. She earned a B.A. in political science and an MBA at UNF. Her international marketing career was in Switzerland, where she worked for a number of multinational companies. Threlkel has traveled extensively, strengthening her interest in expanding multicultural communications and understanding. She has taught OLLI classes since 2011.

French Book Club: Level I, p. 26

French Book Club: Level II, p. 26

Richard Townsend served as a county judge and acting circuit judge for 22 years in Clay County. Following retirement, he serves as a senior judge in the Fourth Judicial Circuit. As a faculty member of the Florida Judicial College and a member of the Supreme Court Judicial Ethics Advisory Committee,

Townsend stressed the importance of an independent judiciary by enhancing its integrity.

The Good, the Bad and the Ugly: Civil Rights and an Independent Judiciary, p. 11

Kathleen F. Triebwasser, a licensed marriage and family therapist for more than 25 years, is a life and wellness coach. She has expertise in self-discovery and self-empowerment coaching. Triebwasser’s passion is personal history research and writing. She is the co-owner of O.P.A.L. (Ordinary People Amazing Lives Productions).

Guided Autobiography: Part I, p. 9

Guided Autobiography: Part II, p. 11

Charlene Vincent earned two master’s degrees in theological studies. She spent several years writing her own spiritual autobiography entitled “Chances Are . . .” under the pen name Marie Laure. Vincent has organized and led small writing groups locally and on retreat. Her work focuses on storytelling and pilgrimage.

Guided Life Storytelling Group, p. 29

Bob Wagner retired as a petroleum industry engineer after 30 years and another six years teaching engineering internationally. He is an avid Texas Hold’em player and has taught the game for the past several years. Wagner plays weekly in a private club, regularly at the local poker rooms and in charity events. He has also played in U.S. world poker tournaments.

Learn the Basics of Texas Hold’em Poker, p. 11

Rachel A. Weinstein has a bachelor’s degree in applied health science and a master’s degree in education and counseling from Indiana University in Bloomington, Indiana. She is the coordinator of community engagement for Baptist Health’s AgeWell Center for Senior Health.

Live a Brain Healthy Lifestyle, p. 17

Sheila Weinstein is a writer and pianist. She returned to Ponte Vedra in 2014 after 11 years in New York City where she played at Carnegie Hall. Weinstein’s wrote and published “Moving to the Center of the Bed: The Artful Creation of a Life Alone” which chronicles of her journey after her husband was diagnosed with dementia. She has facilitated several OLLI programs, Grow Old With Me and Writing Your Legacy. This term Weinstein’s course connects those who want to commiserate about the good and not-so-easy aspects of being old.

I Am Old. Are You Old, Too? p. 30

June Weltman is a lifelong mystery fan. A former newspaper reporter and a freelance writer and editor, she is the author of “Mystery of the Missing Candlestick,” a mystery for ages 9-13 that won a special award from the Florida Historical Society. Weltman teaches adult education classes in writing mysteries for

children, teens and adults. She has won national awards for her mystery reviews, which appeared in the Florida Times-Union.

Mysteries Unlimited: International, p. 21

Anthony Whiting received a B.Arch. degree and served internationally as an architect in the Peace Corps in Tunisia among other countries. Enterprise selected his company, Whiting Studios, as one of the top nine painting teachers in Jacksonville. Whiting is a professional artist, painting instructor and exhibition juror. He has taught groups and private students in Rome, London, New York and Greenwich, Connecticut. Whiting now teaches in Jacksonville.

Use Acrylic Paints to Create Impactful Art, p. 16

Gary Whiting is a freelance photographer, instructor and naturalist specializing in wildlife and landscape images. His vision is to capture uncommon moments that create unique works of art. He is often requested as a photo contest judge. Whiting also offers private photography and editing instruction as well as website consulting for anyone wanting to preserve and share their images with family and friends. He is a certified UF/IFAS Florida master naturalist. In that role, Whiting works to help the public understand environmental sustainability, connectivity and biodiversity in Florida's natural world. He has conducted numerous seminars for camera clubs and bird conservation organizations across Northeast Florida and is on staff at Wild Birds Unlimited.

Ancient City Lights: Photographers Walkabout, p. 14

DSLR Photographer's In-Depth Clinic, p. 14

Honey, What's That Bird?, p. 7

Sunrise on the Marsh: Photographer's Walkabout, p. 11

Lisa Williams is a master naturalist who worked at Tree Hill Nature Center for 14 years. She actively advocates for the environment. Williams was volunteer coordinator for Florida's Water and Land Legacy's successful state ballot initiative in 2014 to require the state to set aside conservation land. She serves as a board member for The Sierra Club, a program sponsor.

Large Trees in Your Yard: Benefits and Challenges, p. 31

Toula Wootan is director of community programs at Community Hospice & Palliative Care. Her passion is caring for the caregiver and remains at the forefront of caregiver issues. Wootan is founder of the Caregiver Coalition of Northeast Florida, an influential partnership of private, public and nonprofit organizations and individuals working together to positively impact the quality of life for caregivers. She has hosted a live weekly radio program on iHeart radio since 2010. Wootan and her show were honored with the Caregiver Friendly Award™ in the media category from Caregiver.com, publisher of Today's Caregiver magazine. She was recognized in 2014 by The

Florida Association of Aging Services Providers with the Minotty Eye Foundation Best Direct Service Provider Award. The annual award recognizes people who positively impact the lives of Florida seniors. Wootan received the 2015 Delores Barr Weaver Elder Advocate Award from ElderSource, Northeast Florida's state designated Aging and Disability Resource Center.

Conversations on Caregiving, p. 8

Pam Wright has lived in the Jacksonville area for more than 30 years. She retired from the Ascension Health/St. Vincent's Health System where she worked in the information technology and systems department. Wright is thoroughly enjoying the freedom of retirement to spend time with family and friends, attend interesting OLLI classes and roll up her sleeves to dive into home improvement projects. She sometimes stops mid-project to call a professional.

Home Improvement: Handy Tips for the Budding Do-It-Yourselfer, p. 24

Bonnie Yales-Gibson is a versatile artist and teacher, who works in most art media. She also taught painting and needlework on cruise ships for 12 years. Yales-Gibson is known for her art projects in synagogues, churches and other institutions.

Experimental Painting: Acrylic Layering and Collage, p. 15

Zarah Yisrael is the director of strength and conditioning at LA Fitness. He is a former professional athlete who teaches people of all ages to integrate a holistic concept of fitness into daily habits.

Improve Your Energy and Quality of Life, p. 30

Harry Yoffee is a physician specializing in internal medicine who works part time as a consultant for the Veterans Administration and vocational rehabilitation. He has studied English history for more than 50 years.

The Stuart and Hanoverian Kings of England, p. 11

Mary Ellen Young holds a Ph.D. in historical musicology from the University of Minnesota. As a faculty member of Lakewood Community College for 30 years and chair of the Humanities Department for 20 years, she taught music history, comparative religion and interdisciplinary humanities. In 2013, she received the Emeritus Award from the Guild of the Jacksonville Symphony.

The Metropolitan Opera Lectures, p. 27

Meltonia Young is a historian of African and African-American history. She was a Road Scholar presenter for the North Carolina Humanities Council. Young's investigation of plantation life entailed travel from Virginia to Jamaica and Africa. She earned a B.A. in African-American studies and an M.A. in liberal arts with a concentration in African and African-American history.

Traveling the Underground Railroads, p. 26



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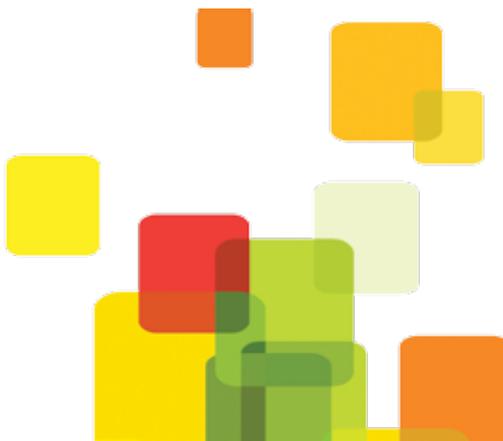
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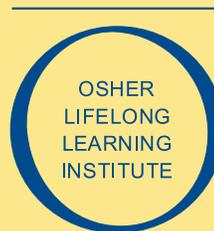


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