

Cozy and compelling courses this winter.

OSHER
LIFELONG
LEARNING
INSTITUTE



Winter 2013 Course Catalog

Winter Term

Begins Jan. 10, 2013

Enrollment Opens Dec. 3
Look inside now!

- ▶ **Upcoming Free Events**
Don't miss the OLLI showcases, **page 3**
- ▶ **Seven ED-Ventures**
Discover new places, **page 4**
- ▶ **63 New Courses!**
New classes fill fast, **page 8**



UNF | Division of Continuing Education

OSHER
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WELCOME!

A MESSAGE FROM
YOUR OLLI PRESIDENT



BILLIE J. HAYWARD
UNF OLLI PRESIDENT

► Thank you for becoming a part of the UNF OLLI community, where lifelong learning is a cherished value. We look forward to having you become more actively engaged as we celebrate our sixth year as the premier community of adult learners in Northeast Florida.

As you browse the pages of this catalog, you will find proof that we continue to advance our mission to provide educational and social opportunities for those 50 and better by offering over 250 enrichment opportunities annually in a climate fostering friendship and mutual sharing of ideas and life experiences.

I invite you to join us by becoming a member and participating in our courses, ED-ventures and Speaker Series programs. Our seasoned OLLI members are invited to invest talents, skills and time as volunteers. OLLI members are at the center of our vibrant, sustainable future!

OLLI is all about you!

Live well. Learn forever.



UPCOMING EVENTS

LOCATION AND DAY

FREE TO ATTEND.

Reserve early!

Call (904) 620-4200

or visit www.unfolli.com.

WESTMINSTER WOODS (Julington Creek)	FLEET LANDING (Mayport Road)	GLENMOOR (World Golf Village)	UNIVERSITY OF NORTH FLORIDA (Adam W. Herbert University Center)
Winter OLLI Showcase Jan. 4, 1:30 p.m.	Winter OLLI Instructor Showcase Jan. 10, 11 a.m.	Winter OLLI Showcase Jan. 11, 1:30 p.m.	Winter OLLI Showcase Jan. 16, 1 p.m.
Speaker Series First Friday of each month 1:30 to 3 p.m.	Speaker Series Second Thursday of each month 11 a.m. to 12:30 p.m.	Speaker Series Second Friday of each month 1:30 to 3 p.m.	Speaker Series Third Friday of each month 1:30 to 3 p.m.

These events are free to attend. Visit www.unfolli.com to view the full schedule.

Bring a guest! Please RSVP in advance by calling (904) 620-4200 or visit www.unfolli.com.



Show off your good taste!

Get your own OLLI book bag and travel mug.

Book bag - \$15

Travel mug - \$10

To purchase yours, call Customer Care at (904) 620-4200.



UPCOMING COURSES

Classes are organized by:

- Location and weekday

Then listed in the following order:

- Calendar date
- Time of day
- Alphabetical by title (if multiple start at one time)

MONDAY at UNF

- NEW** 8..... **Expressing Your Culture Through Art**
Jan. 14 – Feb. 4, 1:30 to 3 p.m.
- 8..... **Challenging Roles in our Second Adult Life**
Jan. 28 – March 4, 9:30 to 11 a.m.
- 9..... **What the Heck is a Blog?**
Jan. 28, 9:30 to 11 a.m.
- 9..... **Studio Painting**
Jan. 28 – March 4, 11 a.m. to 1 p.m.
- NEW** 9..... **The British Canonical Poets, Part 2: The Poetry of John Donne**
Jan. 28 – Feb. 25, 1:30 to 3 p.m.
- NEW** 9..... **The Birth, Development and Demise of Civilizations**
Feb. 4 – March 11, 11:30 a.m. to 1 p.m.
- 9..... **Learn to Use Your iPad: iPad 101**
Feb. 4, 9:30 to 11 a.m.
- 9..... **Natives and Newcomers in Sixteenth-Century Jacksonville**
Feb. 4 – 11, 11:30 a.m. to 1 p.m.
ED-venture UNF Archaeology Lab
Feb. 18, 11:30 a.m. to 1 p.m.
- NEW** 10..... **Where in the World is the Land of Flowers?**
Feb. 4 – 11, 9:30 to 11 a.m.
ED-venture
Feb. 18, 10 to 11:30 a.m.
- NEW** 10..... **Learn to Use Your iPad: iPad 102**
Feb. 11, 9:30 to 11 a.m.
- 10..... **Behind the Scenes: St. Augustine Lighthouse and Museum**
ED-venture
Feb. 11, 11 a.m. to 2 p.m.
- NEW** 10..... **All You Need to Know About Lobbying or On to Tallahassee and Washington!**
Feb. 11 – 18, 11:30 a.m. to 1 p.m.
- 11..... **Art of the Bargain**
Feb. 18, 9:30 to 11 a.m.
- 11..... **iPhone 101**
Feb. 25, 9:30 to 11 a.m.
- 11..... **The South in the Revolutionary War**
Feb. 25 – March 4, 11:30 a.m. to 1 p.m.
- 11..... **What to Ask Your Doctor**
Feb. 25 – March 4, 1:30 to 3 p.m.
- NEW** 12..... **Cumberland Island National Seashore**
March 4, 1:30 to 3 p.m.
ED-venture
March 11, all-day tour
- NEW** 12..... **Einstein and Relativity**
March 4 – 25, 11:30 a.m. to 1 p.m.
- NEW** 12..... **iPhone 102**
March 4, 9:30 to 11 a.m.
- 12..... **Google and Gmail**
March 11, 9:30 to 11 a.m.
- 12..... **Introduction to Microsoft Office**
March 18, 9:30 to 11 a.m.
- 13..... **Introduction to Digital Cameras**
March 25, 9:30 to 11 a.m.
- 13..... **Facebook Explained**
April 1, 9:30 to 11 a.m.

NEW

A Brief History of Espionage • Page 22



TUESDAY at UNF

- 13.....**Beginning Bridge**
Jan. 15 – March 12 (No class: Feb. 12)
10 a.m. to noon
- 13.....**Intermediate Bridge**
Jan. 15 – March 12 (No class: Feb. 12)
1 to 3 p.m.
- NEW** 13.....**Current Events**
Jan. 8 – April 2, 9:30 to 11 a.m.
- 14.....**Computer Help**
Jan. 29, 9:30 to 11 a.m.
Feb. 5, 9:30 to 11 a.m.
Feb. 12, 9:30 to 11 a.m.
- NEW** 14.....**Gardening 103**
Jan. 29 – Feb. 19, 9:30 to 11 a.m.
- NEW** 14.....**The Movies: Bad Guys, Bad Girls**
Jan. 29 – March 19, 9:30 to 11 a.m.
- NEW** 14.....**The Truth about Estate Planning —
Who’s Really Going to Get Your Stuff?**
Jan. 29 – Feb. 5, 9:30 to 11 a.m.
- 14.....**Woodcarving**
Jan. 29 – March 19, 9:30 to 11 a.m.
- 14.....**Investing for Retirement**
Jan. 29 – Feb. 26, 11:30 a.m. to 1 p.m.
- 15.....**Beginning Crochet**
Jan. 29 – Feb. 26, 1:30 to 3 p.m.
- NEW** 15.....**Color Me Beautiful: Personality Traits
Proving Everyone is Gifted**
Jan. 29 – March 5, 1:30 to 3 p.m.
- NEW** 15.....**Genealogy for Novices**
Jan. 29 – Feb. 26, 1:30 to 3 p.m.
- NEW** 15.....**The Unfinished Revolution: Voices from
the Global Fight for Women’s Rights**
Jan. 29 – April 2, 1:30 to 3 p.m.
- NEW** 15.....**Demographics and Politics
in an Age of Scarcity**
Feb. 5 – 26, 9:30 to 11 a.m.
- NEW** 16.....**A Travel Guide to India: Part 2**
Feb. 5 – 26, 11:30 a.m. to 1 p.m.

- NEW** 16.....**Whose Generation is it Any How(e)?**
Feb. 5 – March 19, 11:30 a.m. to 1 p.m.
- 16.....**Tips and Trips with Your Digital Camera**
Feb. 12 – 19, 9:30 a.m. to noon
- NEW** 16.....**Contemporary Women’s Issues from a
21st Century Perspective**
Feb. 12 – March 19, 11:30 a.m. to 1 p.m.
- NEW** 16.....**Understanding Our World:
The Second Decade and Beyond**
Feb. 12 – March 19, 11:30 a.m. to 1 p.m.
- 16.....**The Art of Storytelling**
Feb. 26 – March 19, 1:30 to 3 p.m.
- NEW** 17.....**A Walk with Four American Poets**
March 5 – 26, 1:30 to 3 p.m.

WEDNESDAY at UNF

- NEW** 17.....**Current Events**
Jan. 9 – April 3, 11:30 a.m. to 1 p.m.
- NEW** 17.....**21st Century Limited:
America Still On Track?**
Jan. 30 – March 27 (No class: March 20)
9:30 to 11:30 a.m.
- 17.....**Creative Writing in a Safe Place**
Jan. 30 – March 20, 9:30 to 11 a.m.
- NEW** 18.....**Life on the First Coast:
An Exploration of All Things Coastal**
Jan. 23 – March 13, 6:30 to 8 p.m.
- NEW** 18.....**Basic Judaism**
Jan. 30 – March 6, 10:30 a.m. to noon
- 18.....**American Beach: Then and Now**
Jan. 30 – Feb. 13, 11:30 a.m. to 1 p.m.
- NEW** 19.....**Diversity in Islam —
Culture, Art and Literature**
Jan. 30 – March 13, 11:30 a.m. to 1 p.m.
- NEW** 19.....**The Age of American Unreason**
Jan. 30 – April 3, 1:30 to 3 p.m.
- 20.....**Mysteries Unlimited: International**
Jan. 30 – April 10 (meets alternate weeks)
1:30 to 3 p.m.

WEDNESDAY at UNF continued

THURSDAY at UNF

20... **The String Theory – Learn to Knit**
Jan. 30 – March 13, 1:30 to 3:30 p.m.

NEW 20... **Classic R&B-Soul and Classic Motown**
Jan. 30 – March 6, 3:30 to 5 p.m.

20... **Managing Chronic Pain**
Jan. 30 – Feb. 20, 4 to 5 p.m.

NEW 20... **Understanding Paintings, Part 2**
Feb. 6 – March 13, 11:30 a.m. to 1 p.m.


NEW 20... **A Look at Modern Physics:
Focus on String Theory**
Feb. 6 – 27, 1:30 to 3 p.m.

NEW 21... **Soldiers, Statesmen and Senior
Leadership in Crisis and War**
Feb. 6 – March 13, 3:30 to 5 p.m.


21... **Travel Sketching 101**
Feb. 13 – March 6, 10 a.m. to noon

NEW 21... **The Decline and Fall of the American
Empire Before Its Time:
Failure at Its Simplest**
Feb. 13 – 27, 11:30 a.m. to 1 p.m.

NEW 21... **From Versailles to Pearl Harbor**
Feb. 27 – March 27, 9:30 to 11 a.m.

22... **Let's Get Wild About the
Jacksonville Zoo**
Feb. 27 – March 6, 1:30 to 3 p.m.
ED-venture 
March 13, noon to 3 p.m.

NEW 22... **You, Me, and Mark Twain**
Feb. 27 – March 20, 1:30 to 3 p.m.


NEW 22... **Food & Wine Pairing Basics
at Blue Bamboo**
ED-venture 
March 6, 6 to 8 p.m.

NEW
**You Me, and
Mark Twain**
Page 22 

NEW 22... **The Metropolitan Opera Lectures**
Jan. 10 – April 25, 1 to 3 p.m.

NEW 22... **A Brief History of Espionage**
Jan. 24 – March 28 (No class: March 21)
9:30 to 11 a.m.

23... **French Conversation 2**
Jan. 31 – April 11, 9:30 to 11 a.m.

NEW 23... **Highlights of Springfield's
Roller Coaster History**
Jan. 31 – Feb. 7, 9:30 to 11 a.m.
ED-venture 
Feb. 14, 10 a.m. to 2 p.m.

NEW 23... **And All That Jazz...**
Jan. 31 – March 28 (No class: March 21)
11:30 a.m. to 1 p.m.

23... **French Conversation 3**
Jan. 31 – April 11, 11:30 a.m. to 1 p.m.

NEW 23... **Paris 1919: Six Months
that Changed the World**
Jan. 31 – March 28, 11:30 a.m. to 1 p.m.

NEW 24... **Acting for Fun with the Vintage Players**
Jan. 31, 1:30 to 3 p.m. OR
Feb. 28, 1:30 to 3 p.m. OR
March 21, 1:30 to 3 p.m.

24... **French Conversation 1**
Jan. 31 – April 11, 1:30 to 3 p.m.

NEW 24... **Play Reading**
Jan. 31 – March 28, 1:30 to 3 p.m.

NEW 24... **Facial Workout / Face Aerobics**
Feb. 7 – March 14, 9:30 to 11 a.m.

NEW 24... **My List for Life**
Feb. 7, 1:30 to 3 p.m.

NEW 24... **Russia: The History, Politics,
Culture and Language**
Feb. 14 – March 7, 9:30 to 11 a.m.

NEW 25... **The Mind Matters, But What is It
and Who Attends to It?**
Feb. 14 – March 28 (No class: March 21)
11:30 a.m. to 1 p.m.

NEW 25... **Wizard War: How Radar Saved
the Allies in WWII**
Feb. 14 – March 14, 1:30 to 3 p.m.





25..... **Basics of Making Bead Jewelry**

Feb. 21 – March 14, 9:30 to 11 a.m.

25..... **Remember Me: Writing the Powerful Memoir**

Feb. 21, 10 a.m. to 3 p.m.

25..... **Early History of the U.S. Constitution**

March 7 – April 11, 1:30 to 3 p.m.

FRIDAY at UNF

26..... **Advanced Bridge**

Feb. 1 – April 5 (No class: March 22)
10 a.m. to noon

NEW 26..... **Essential French Grammar and Readings (Part 9)**

Feb. 1 – March 15, 10 to 11:30 a.m.

26..... **Open-Focus Brain Training**

Feb. 1 – March 8, 10 to 11:30 a.m.

NEW 26..... **Municipal Bonds: A Foundation of Quality**

Feb. 8, 11:30 a.m. to 1 p.m.

26..... **The Art and Gardens of the DuPonts at Epping Forest**

ED-venture ➡

March 15, 11:30 a.m. to 2 p.m.

NEW 26..... **Special Interest Group: Creative Writing**

Jan. 25 – June 28, 1:30 to 3:30 p.m.

Want to learn more about an instructor?

Instructor biographies begin on page 30.

FLEET LANDING ▼

Monday

27..... **The Influence of Childhood Messages**

March 4 – 11, 1:30 to 3 p.m.

Tuesday

NEW 27..... **Battles of the Civil War**

Jan. 29 – March 12, 1:30 to 3 p.m.

Wednesday

27..... **Understanding Maturing Eyes and Vision**

Jan. 30 – Feb. 20, 10 to 11:30 a.m.

27..... **Learn to Use Your iPad: iPad 101**

Feb. 13, 10 to 11:30 a.m.

27..... **iPhone 101**

Feb. 27, 10 to 11:30 a.m.

GLENMOOR ▼

Tuesday

NEW 28..... **From Versailles to Pearl Harbor**

Feb. 26 – March 26, 10 to 11:30 a.m.

28..... **Travel Guide to India**

April 2 – 23, 10 to 11:30 a.m.

WESTMINSTER WOODS ON JULINGTON CREEK ▼

Wednesday

29..... **Facets of Florida**

Feb. 6 – 13, 10 to 11:30 a.m.

Thursday

NEW 29..... **Current Events**

Jan. 10 – March 21 (No class: Feb. 7, March 7)
1 to 3 p.m.

Winter 2013

ADAM W. HERBERT UNIVERSITY CENTER



12000 Alumni Drive, Jacksonville, FL 32224

**Same building,
different name.**

The UNF University Center is now the Adam W. Herbert University Center.



OLLI Winter Showcase

Wednesday, Jan. 16, 1 p.m.

Members & Non-Members welcome!
FREE to attend, but please register in advance.

Monday ▾

NEW EXPRESSING YOUR CULTURE THROUGH ART

Jan. 14 – Feb. 4, 1:30 to 3 p.m.

4 sessions, \$25

Art of all forms – visual, music, religious traditions, poetry, stories, old sayings, folk art, cooking, gardening, dancing – share culture through these expressive forms. In these course meetings, we will share our culture art and learn the rich, creative world from one another. Join in sharing the richness of our diverse backgrounds. For the first week bring one artifact that ties you to your culture, for example, a motif or design of cultural significance.

Instructor: Elaine Omann, p. 35

CHALLENGING ROLES IN OUR SECOND ADULT LIFE

Jan. 28 – March 4, 9:30 to 11 a.m.

6 sessions, \$35

This four-session series focuses on the challenges we face in our roles as a spouse, an in-law, a grandparent, and a parent of adult children. We look at some of the most common problem areas that come up when we are in those roles and explore opportunities to address them. Participants will be invited to share their experiences in a supportive and safe environment in the hope that each participant will find the sessions beneficial.

Instructor: Kathleen Triebwasser, p. 37



WHAT THE HECK IS A BLOG?

Jan. 28, 9:30 to 11 a.m.
1 session, \$7

Have you wondered what people mean when they say “Visit my blog”? Wonder no more. The dictionary defines a blog as a Web site that contains an online personal journal with reflections, comments and often hyperlinks provided by the writer. In this class, participants will learn how to start a blog. Participants with blogs learn ways to enhance them by adjusting the appearance and editing to make the text more inviting. What are the topics you want to blog about? Who is your audience? How does this matter when it comes to inviting others to your blog?

Recommended: The instructor’s blogging manual will be available for purchase at the end of the class.

Instructor: Elizabeth Hammond Pampalone, p. 35

STUDIO PAINTING

Jan. 28 – March 4, 11 a.m. to 1 p.m.
6 sessions, \$45

If you would like to enhance your studio painting skills, experiment with painting techniques and explore the use of color, this course is for you. Whether you are a beginner or seasoned veteran, this is an opportunity to get studio time and expert critiquing.

Instructor: Maureen Kirschhofer, p. 34

NEW THE BRITISH CANONICAL POETS, PART 2: THE POETRY OF JOHN DONNE

Jan. 28 – Feb. 25, 1:30 to 3 p.m.
5 sessions, \$30

This is the second in a planned series of courses on the canonical British poets from Shakespeare to Eliot. Each course will focus on one specific poet who best represents the particular literary period to which he belongs.

Instructor: Alex Weiss, p. 37

NEW BIRTH, DEVELOPMENT AND DEMISE OF CIVILIZATIONS

Feb. 4 – March 11, 11:30 a.m. to 1 p.m.
6 sessions, \$35

There are six civilizations on our planet today. Twenty-one civilizations disappeared during the past 6000 years. Why did it happen? What is the future of existing civilizations? These and related questions will be discussed.

Instructor: Vladimir Ganina, p. 32

LEARN TO USE YOUR IPAD: IPAD 101

Feb. 4, 9:30 to 11 a.m.
1 session, \$7

The iPad is a popular tablet computer with amazing potential. Do you have more questions than answers about your iPad? Sign up for this class to learn the basics and much more.

Recommended: Bring your iPad to class.

Instructor: Elizabeth Hammond Pampalone, p. 35

NATIVES AND NEWCOMERS IN SIXTEENTH-CENTURY JACKSONVILLE

Feb. 4 – 11, 11:30 a.m. to 1 p.m.

ED-venture at the UNF Archaeology Lab
Feb. 18, 11:30 a.m. to 1 p.m.

3 sessions, \$20

This course explores the social landscape of Jacksonville at the moment of first contact between the local Mocama-speaking Timucua and European explorers. The first lecture focuses on the native side of the encounter, while the second discusses French and Spanish arrival and their attempts at colonization and missionization. Lectures are based on the most up-to-date archaeological and archival information now available. A hands-on workshop, Touching the Past, provides a behind-the-scenes glimpse into archaeological analysis at the UNF laboratory. Participants study a wide variety of artifacts and other cultural materials uncovered by UNF archaeologists from sites throughout the Jacksonville area. Interactive discussions range from the type of pots that past peoples made to the kinds of animal they ate.

Instructor: Keith Ashley, p. 30

NEW LEARN TO USE YOUR iPad: iPad 102

Feb. 11, 9:30 to 11 a.m.
1 session, \$7

Looking for a bit more depth in uncovering your iPad's potential? If so, then this class is for you!

Recommended: Bring your iPad to class.

Instructor: Elizabeth Hammond Pampalone, p. 35

BEHIND THE SCENES: ST. AUGUSTINE LIGHTHOUSE AND MUSEUM

ED-venture 

Feb. 11, 11 a.m. to 2 p.m.
1 session, \$25

Discover what goes on behind the scenes at the museum. This program provides you with exclusive access to parts of the historic light station not available with general admission tickets. The tour includes the maritime archaeology artifact conservation lab, where

participants will view authentic shipwreck artifacts recently recovered from the ocean floor and learn how archaeologists conserve these invaluable resources. You will investigate the history of the St. Augustine Lighthouse, which includes a glimpse of life as a lighthouse keeper in the late 1800s at the Keepers' House museum. Your tour will end with the opportunity to climb the lighthouse and enjoy the view from 140 feet above ground.

After the tour, you will enjoy a Dutch treat lunch at the award-winning Gypsy Cab Company (www.gypsyscab.com) just a few steps away from the museum.

Coordinator: Howard Taylor, ED-venture Team Leader

NEW ALL YOU NEED TO KNOW ABOUT LOBBYING OR ON TO TALLAHASSEE AND WASHINGTON!

Feb. 11 – 18, 11:30 a.m. to 1 p.m.
2 sessions, \$15

This course teaches how to lobby for issues on the local, state and federal levels. There will be examples of successful efforts, and part of the class will involve developing a hypothetical strategy to lobby a local issue.

Instructor: Richard Bowers, p. 31

NEW

Where in the World is the Land of Flowers?

Feb. 4 – 11, 9:30 to 11 a.m.

ED-venture 

Feb. 18, 10 to 11:30 a.m.
3 sessions, \$20

Where is the Land of Flowers? Just look around—we call it home. In 1513, Ponce de Leon stepped ashore the land we now call Florida and named it La Florida—the Land of Flowers. The flowers and plants he observed are called native plants, and they persist to this day. Florida has approximately 3,000 species of native plants. In recent times, the use and value of native plants has begun to be recognized as we become more aware of issues affecting our water and environment coupled with a desire to see more butterflies and birds and experience a sense of La Florida in our own community. Whether a beginner, an experienced gardener, or just curious, you will discover how you can make a difference by learning why, what, how, where and when to use native plants.

Feb. 4 Wake Up and Plant the Natives

This session is based on a book written by Doug Tallamy that provides the rationale behind the use of native plants. Tallamy explains how everyone can welcome more wildlife, including birds, butterflies and bees into their yards just by planting just a few native plants. The presentation will explain why and how individual gardeners can protect and conserve the biological diversity of our natural world that is vital and irreplaceable. In Tallamy's words: The wild creatures we enjoy and would like to have in our lives will not be here in the future if we continue to take away their food and the places they live.

Instructor: Barbara Jackson, p. 34

ART OF THE BARGAIN

Feb. 18, 9:30 to 11 a.m.
1 session, \$7

Ever wonder how your friends and relatives find those great deals online? Well, this class takes the mystery out of online bargain hunting. Want to stay at a 4 star hotel for \$50 per night? Want to get a \$40 meal for \$17? What about a mani/pedi at Sawgrass Marriott for under \$20? All of these bargains and more can be found in this class. Learn how to expertly navigate the world of online bargain hunting!

Instructor: Elizabeth Hammond Pampalone, p. 35

IPHONE 101

Feb. 25, 9:30 to 11 a.m.
1 session, \$7

Everyone seems to have an iPhone these days, but do they really know its potential? Does it seem to do things on its own that just drive you crazy? If so, then this is the class for you! Learn the basics of how to use your iPhone. We cover many apps as well as maps, phone, messages, calendar, mail, iPod, and so much more.

Recommended: The instructor's book about the Internet will be available for purchase after class.

Required: Bring your iPhone to class.

Instructor: Elizabeth Hammond Pampalone, p. 35

THE SOUTH IN THE REVOLUTIONARY WAR

Feb. 25 – March 4, 11:30 a.m. to 1 p.m.
2 sessions, \$15

This two-session class will describe the South leading up to the war, the response in the southern colonies when war occurs, and what the South looked like afterward. It will also deal with the military and civil affairs of the day.

Recommended: "The Road to Guilford Courthouse" by John Buchanan

Instructor: Richard Bowers, p. 31

WHAT TO ASK YOUR DOCTOR

Feb. 25 – March 4, 1:30 to 3 p.m.
2 sessions, \$15

Become an informed consumer of medical services! This course is designed to enlighten male and female patients about the current advances and recommendations in preventive medicine. It will also look at the indication, limitations and interpretations of these tests for senior adults. Class participation will be encouraged with ample time for questions and answers.

Instructor: Edward Sachs, p. 36

Feb. 11 Maintenance of Native Plants in a Residential Landscape

In this session, we discuss plant selection and installation, mulching, pruning and trimming, weed control, watering and re-planting because we rarely get it right the first time. Contrary to what we might wish, the fact is that native landscapes do not mean they are maintenance-free. All plantings need some kind of care during the course of their lives, some more than others. A key thing to remember is that plants tend to grow, i.e. GET BIGGER. What often starts out as an innocent row of shrubs along the front of your house becomes a lifetime pruning chore you do not need to have. Get the basic knowledge of what you're about to do so you don't create more problems than you need and can enjoy the benefits of living with the natives.

Instructor: Jake Ingram, p. 34

Feb. 18 Guided Tour of the UNF Sawmill Slough Preserve

Chuck Hubbuch, a curator of the Sawmill Slough Preserve, will lead this tour through a natural habitat for native plants and animals. UNF President John Delaney designated this 382-acre area on campus as a preserve in May 2006. The purpose of the preserve is to assure the Sawmill Slough Preserve will persist in a natural condition, protecting the natural water drainage of the slough through campus, as well as the native plants and animals associated with this habitat. Chuck is responsible for overseeing the maintenance of the natural habitats in the preserve and for restoration of these habitats where required.

Instructor: Chuck Hubbuch, p. 33



Monday ▼ Continued

NEW CUMBERLAND ISLAND NATIONAL SEASHORE

March 4, 1:30 to 3 p.m.

ED-venture ▶ March 11, all-day tour

2 sessions, \$40
(fee includes round-trip ferry and park admission)

Maximum participants: 24

Learn about the history of Cumberland Island, from the first settlers through the Carnegie era. Discover how it became a National Seashore and learn about the conflicts of the people still living on the island. On the all-day tour, you will take the ferry from St. Mary's, GA to the island and follow a National Park ranger to see the ruins of Dungeness, a once spectacular Carnegie mansion. Bring a picnic lunch to enjoy on the grounds. This will be followed by a guided tour from the instructor, who will give you a more extensive look at the southern end of the island, with a few other special treats. Transportation to St. Mary's is on your own but you may discuss carpooling at the first class.

Instructor: Lisa Federico, p. 32

NEW EINSTEIN AND RELATIVITY

March 4 – 25, 11:30 a.m. to 1 p.m.

4 sessions, \$25

We will explore the first few chapters of "A Brief History of Time" by Steven Hawking (the updated 1996/1998 version). There is only one equation – $E = mc^2$ – used in the entire book. There are more than 10 million copies of the book in print and it was on the bestseller list for four years. We will focus on: Chapter 1, Our picture of the universe; Chapter 2, Space and time; Chapter 3, The expanding universe; Chapter 4, The uncertainty principle; Chapter 5, Elementary particles and the forces of nature; and Chapter 6, Black holes.

Instructor: Alan Gleit, p. 33

NEW IPHONE 102

March 4, 9:30 to 11 a.m.

1 session, \$7

Looking for a bit more depth in exploring your iPhone's potential? If so, then this is the class for you!

Recommended: The instructor's book about the Internet will be available for purchase after class.

Required: Bring your iPhone to class.

Instructor: Elizabeth Hammond Pampalone, p. 35

GOOGLE AND GMAIL

March 11, 9:30 to 11 a.m.

1 session, \$7

Understanding Google can be a challenge. With so many components, it can be hard to keep up with them all! This class helps to sort out the right applications for you and how to use them.

Recommended: The instructor's book about Gmail will be available for purchase after class.

Required: Sign up for a free Gmail account prior to class.

Instructor: Elizabeth Hammond Pampalone, p. 35

INTRODUCTION TO MICROSOFT OFFICE

March 18, 9:30 to 11 a.m.

1 session, \$7

Unleash the power of your computer's operating system! In this class, participants will learn about this popular software's suite of applications including Word, Excel, PowerPoint and Outlook.

Instructor: Elizabeth Hammond Pampalone, p. 35

INTRODUCTION TO DIGITAL CAMERAS

March 25, 9:30 to 11 a.m.
1 session, \$7

There are so many buttons and gadgets on today's point and shoot cameras, but who reads the manual? Did your camera even come with one? This class will teach you how to get the most out of your digital camera, as well as how to take better pictures that will be the envy of everyone. But wait! What if you only have an SLR camera? No worries! This class is good for you too. It is a great starting point for those who are just getting into the expanded digital world of the SLR camera. Believe it or not, a lot of the features are the same.

Instructor: Elizabeth Hammond Pampalone, p. 35

FACEBOOK EXPLAINED

April 1, 9:30 to 11 a.m.
1 session, \$7

Privacy, pics, status updates, profile, tagged, messages, and news feed. These and more Facebook lingo will put you in the know. Become an expert! We cover the basics of a profile and the various areas of the main sign-on screen. You especially want to learn how to set the complex privacy settings. Enjoy social networking through the computer. Find friends you have not seen in years. See what friends and family post. Everything is possible on Facebook.

Recommended: Please sign up for a free Facebook account prior to the first session. It requires an e-mail address. The instructor's book on Facebook will be available for purchase after class.

Instructor: Elizabeth Hammond Pampalone, p. 35

Tuesday ▼

BEGINNING BRIDGE

Jan. 15 – March 12 (No class: Feb. 12), 10 a.m. to noon
8 sessions, \$60

Designed for those with a limited understanding of bridge concepts and play, this class introduces players to basic hand/card evaluation, bidding, play of the hand, defenses, and the language of bridge. Each session includes a lecture followed by game play.

Instructor: John Reeve, p. 36

INTERMEDIATE BRIDGE

Jan. 15 – March 12 (No class: Feb. 12), 1 to 3 p.m.
8 sessions, \$60

Designed for those who have previous instruction in the game, this course focuses on play of the hand, defense, and an introduction to the modern game's simple conventions. Class time consists mostly of actual card playing and assumes a basic understanding of bidding principles.

Instructor: John Reeve, p. 36

NEW CURRENT EVENTS

Jan. 8 – April 2, 9:30 to 11:30 a.m.
13 sessions, \$90

In this lively, stimulating course, participants discuss topics of interest drawn from readings and other media of the day. Each week, participants bring at least one newsworthy article of interest to present to the class. The facilitator assists by keeping the discussion of the topic open, focused and on track.

Facilitator: Howard Hodor, p. 33



Tuesday ▼ Continued

COMPUTER HELP

Free member benefit, enrollment required for each session.

Jan. 29, 9:30 to 11 a.m., 1 session

Feb. 5, 9:30 to 11 a.m., 1 session

Feb. 12, 9:30 to 11 a.m., 1 session

Each of these free sessions provides opportunities to visit the computer lab with a concern or question about your Mac or PC. Help is available for e-mail, downloads/uploads, basic Microsoft Word skills, and for iPods, iPhones and iPads. The instructor helps you with most computer issues. If you have the ability, you may bring in your lap top to demonstrate the problem and see how to make the right moves to affect a solution.

Instructor: Randi Loving, p. 34

NEW GARDENING 103

Jan. 29 – Feb. 19, 9:30 to 11 a.m.

4 sessions, \$25

In this course, you will learn to attract butterflies and hummingbirds, select and care for house plants, plan and care for shade gardens and plan your spring vegetable garden.

Instructor: Mary Longanbach, p. 34

NEW THE MOVIES: BAD GUYS, BAD GIRLS

Jan. 29 – March 19, 9:30 to 11 a.m.

8 sessions, \$45

As early as 1905, there have been villains in the movies. Many of these have been those we love to hate. This class explores the role of these baddies in the plots of films down through the decades.

Instructor: Kenneth McMillan, p. 35

NEW THE TRUTH ABOUT ESTATE PLANNING – WHO'S REALLY GOING TO GET YOUR STUFF?

Jan. 29 – Feb. 5, 9:30 to 11 a.m.

2 sessions, \$15

The course will highlight very common problems in typical estate planning, including, but not limited to, common instances of unintended heirs. These include the new spouse of your surviving spouse, your child's

divorcing spouse, and others. The course will provide simple, easy-to-implement steps to avoid unintended heirs and how to avoid probate without the use of trusts. Class will be interactive and requires no class preparation by attendees.

Instructor: Hal Rogers, p. 36

WOODCARVING

Jan. 29 – March 19, 9:30 to 11 a.m.

8 sessions, \$45

Woodcarvers of all levels will find a challenging opportunity if they take this class. The class will start with refresher safety instructions, project selection, a knife sharpening review, and all participants will be required to have a UNF liability waiver on file before they can carve. Participants will generally work alone, but the master carver instructor will be available to assist in all phases of project selection, design, carving, finishing and displaying. This class includes a detailed description of carving knives for participants wishing to add new knives. As a rule, no carving gloves or knives will be provided. Participants will work at their own pace, completing at least one project before the end of the eight-week class.

Recommended: Carving gloves and knives.

Instructor: Glenn Ross, p. 36

INVESTING FOR RETIREMENT

Jan. 29 – Feb. 26, 11:30 a.m. to 1 p.m.

5 sessions, \$30

Acquire the knowledge you need to manage your portfolio. If you are a novice investor, you will learn to manage a portfolio that is safe and provides reasonable yield. If you are a more advanced investor, you will learn to manage a complex portfolio that gives greater yield without high risk.

Recommended: Course text can be found at www.life401.com. Go to Downloads in the left column and then scroll down to Financial Security. A handout and PowerPoint presentation are also available on the website.

Instructor: Robert Black, p. 31

BEGINNING CROCHET

Jan. 29 – Feb. 26., 1:30 to 3 p.m.
5 sessions, \$30 (Maximum participants: 12)

Participants will learn how to crochet a simple project such as an afghan or shawl using single, double and treble stitches.

Required: Instructor will provide instructions on how to choose the acrylic yarn, crochet hook and pattern needed for this class.

Instructor: Susan Drain, p. 32

NEW COLOR ME BEAUTIFUL: PERSONALITY TRAITS PROVING EVERYONE IS GIFTED

Jan. 29 – March 5, 1:30 to 3 p.m.
6 sessions, \$35

What makes you do what you do? Why do you have an inner passion for certain things? There are gifts and there are talents. Where do the two meet? What part of your behavior is your gift? Your talent? How does your personality shape your gifts and/or talents? This course offers insight into the importance for a person to not only know his or her type but to live it out for happiness and success.

Instructor: Nan Ramey, p. 35

NEW GENEALOGY FOR NOVICES

Jan. 29 – Feb. 26, 1:30 to 3 p.m.
5 sessions, \$30

Genealogical research may soon claim number one as a national pastime! This class provides starting places to identify and document ancestors found within the United States. We identify basic records and how to glean important information. We use a few basic forms and websites for recording and organizing your material. We explore some immigration trends and ports of entry. We share stories about our family history.

Required: Participants must have access to a computer with Internet service.

Instructor: AnnLee Alley, p. 30

NEW THE UNFINISHED REVOLUTION: VOICES FROM THE GLOBAL FIGHT FOR WOMEN'S RIGHTS

Jan. 29 – April 2, 1:30 to 3 p.m.
10 sessions, \$55

Participants will identify their first, second, and third choices to lead discussions as part of a team for one of the eight sections of the course book. Once teams are in place, members will identify the select essays their team has chosen to highlight and will distribute the information to the instructor, at least one week in advance. Information will then be distributed to all members of the class in order for them to follow the weekly readings. Outside sources will be provided for consultation and the section discussion leaders can be assisted when they seek additional information in preparation for their leadership roles during class time.

Required: "The Unfinished Revolution: Voices from the Global Fight for Women's Rights" edited by Ed. Minky Worden, New York: Seven Stories Press, 2012. Books are available through Amazon.com for \$13 to \$17, condition dependent.

Instructor: Shirley Leckie Reed, p. 36

NEW DEMOGRAPHICS AND POLITICS IN AN AGE OF SCARCITY

Feb. 5 – 26, 9:30 to 11 a.m.
4 sessions, \$25

This course is a review of two opposing American political philosophies that appear to be almost irreconcilable. These differences are causing a dog-eat-dog competition among a background of changing demographics and diminishing resources. Class participants will better understand why compromise has become a dirty word among politicians on both left and right. There will be a focus on why there is a scarcity of solutions to mend this deepening fracture in American politics.

Required: "The Age of Austerity - How Scarcity Will Remake American Politics" by Thomas Edsall. Moderate reading required.

Instructor: Mike Shore, p. 36

NEW A TRAVEL GUIDE TO INDIA: PART 2

Feb. 5 – 26, 11:30 a.m. to 1 p.m.
4 sessions, \$25

India is a vast land offering a fascinating choice of many different travel options. You will learn about forts and palaces, history, spirituality and culture. Views of the spectacular mountain scenery will make you want to visit this beautiful and mysterious country.

Note: All participants welcome. Part 1 is not a prerequisite.

Instructor: Roshan Massey, p. 35

NEW WHOSE GENERATION IS IT ANY HOW(E)?

Feb. 5 – March 19, 11:30 a.m. to 1 p.m.
7 sessions, \$40

View America's past and present through the unique lens of Strauss and Howe's fascinating generational theory. Your instructor contributed research to the study that resulted in their seminal 1991 publication "Generations: The History of America's Future, 1584 to 2069." The study reveals the unique tendencies of each generation and the cyclical nature of the past.

In this class, you will: explore Strauss and Howe's theory; survey our historical past from Strauss and Howe's viewpoint; understand each generation's distinctive characteristics and how they are revealed in art, culture, and trends; and determine your generational membership and the influence of birth order.

Instructor: Ann Flipse, p. 32

TIPS AND TRIPS WITH YOUR DIGITAL CAMERA

Feb. 12 – Feb. 19, 9:30 to noon
2 sessions, \$25

This class is intended to give the new digital camera owner an in-depth tutelage on how to use the cameras controls, as well as the importance of memory cards, e-mailing, printing and general camera usage. At the end of the class you will learn many of the tips for safe and fun use of your camera while traveling. This class is intended for beginners and people who feel they need an update on camera usage.

Instructor: Jay Sherline, p. 36

NEW CONTEMPORARY WOMEN'S ISSUES FROM A 21ST CENTURY PERSPECTIVE

Feb. 12 – March 19, 11:30 a.m. to 1 p.m.
6 sessions, \$35

As a round table discussion group focusing on issues of today's 21st century women, each week's conversation will center on pre-selected articles and commentaries drawn from available media, such as: The Atlantic, New York Magazine, Harper's, Wall Street Journal, the New York Times and other current printed media. Formatted as an informal exchange of current and past ideas and information, participants are expected to have a fair amount of fluency with the Internet and be prepared to fully engage in the cross conversation. To keep topic selection as current as possible, and to ensure adequate preparation for group discussion, a final syllabus will be sent to registrants no later than one week prior to the first class.

Instructor: Lee Marshall, p. 34

NEW UNDERSTANDING OUR WORLD: THE SECOND DECADE & BEYOND

Feb. 12 – March 19, 11:30 a.m. to 1 p.m.
6 sessions, \$35

The true employment rate in the U.S. has fallen. Europe still hovers at an economic precipice. The Arab spring shows no thrust and China's economy has slowed. What does this say for the second decade of the new century? Sessions will include presentations, review of materials from responsible resources and full participative discussion.

Instructor: Jay Marshall, p. 34

THE ART OF STORYTELLING

Feb. 26 – March 19, 1:30 to 3 p.m.
4 sessions, \$25

Would you enjoy learning the art of storytelling? We will discover how to capture resource material from diverse sources, lifetime memories, enhanced or embellished half-truths or other lies for potential stories. Using these resources, we will craft a story material for the purpose of oral sharing experiences. You will acquire

knowledge and skills associated with effective storytelling practice; recognize and value the art form as a means for inspiration, entertainment, healing, leadership, education, and guidance; and experience the phenomenon of bonding within the context of shared storytelling. Participants will enjoy class events designed to engage and entertain as they develop and share their stories within a warm and supportive environment.

Instructor: Jim Mittelstadt, p. 35

NEW A WALK WITH FOUR AMERICAN POETS

March 5 – 26, 1:30 to 3 p.m.
4 sessions, \$25

Reading poetry can be like sharing a long walk with an old friend. Explore the work of American poets Robert Frost, T. S. Eliot, William Stafford and others. Each session highlights a different poet, or several, to discover what they had to say. Do these poets still speak to us? Did they influence their times? What does their poetry say to you now? Having something to say is the best reason to write and poetry is no exception. Come, take a walk with the poets!

Note: There will be a roundtable discussion. We will read selected poems aloud in class and discuss the important substance these poets chased in their work. All materials are furnished.

Required: E-mail access

Instructor: Dixie Guill Golden, p. 33

NEW
A Walk with Four
American Poets • Page 17

Wednesday ▼

NEW CURRENT EVENTS

Jan. 9 – April 3, 11:30 a.m. to 1 p.m.
13 sessions, \$70

In this lively, stimulating course, participants discuss topics of interest drawn from readings and other media of the day. Each week, participants bring at least one newsworthy article of interest to present to the class. The facilitator assists by keeping the discussion of the topic open, focused and on track.

Facilitator: Marianne Prichard, p. 35

NEW 21ST CENTURY LIMITED: AMERICA
STILL ON TRACK?

Jan. 30 – March 27 (No class: March 20),
9:30 to 11:30 a.m.
8 sessions, \$60

New York Central's express train, 20th Century Limited, went into service in 1902. It projected speed, power and self-confidence – symbolizing the dawn of the "American Century." Today, people at home and abroad wonder if there is a sequel. Is a 21st Century Limited perhaps idling somewhere and waiting for its turn? This is the question the course will explore. The class will consist of lectures, extensive audio-visual presentations and discussion. There is no text, but ample reference material will be provided on the course Web site.

Instructor: Peter Bartha, p. 30

CREATIVE WRITING IN A SAFE PLACE

Jan. 30 – March 20, 9:30 to 11 a.m.
8 sessions, \$45

Do you believe—because you learned it in school or life—you can't write or tell a story? Not so! Deep inside us we have stories to tell, feelings to describe, people and places we'd like to share and memories we'd like to pass on to loved ones. Let's create a safe place and be writers together. After all, a writer is simply someone who writes. We write to prompts from the workshop leader, who writes and shares along with workshop participants.

Required: All you will need is a spiral notebook and your favorite writing instrument.

Instructor: Connie McAuliffe, p. 35

NEW BASIC JUDAISM

Jan. 30 – March 6, 10:30 to noon
6 sessions, \$35

Discover the distinctive characteristics of Judaism, the oldest monotheistic religion to survive into the present day. This course will explore both the religion and philosophy. Many aspects of Judaism have directly or indirectly influenced secular western ethics and civil society.

Note: While this course shares the title of the Fall 2012, the course content is new.

Instructor: Rabbi Eliezer Ben-Yehuda, p. 30

AMERICAN BEACH: THEN AND NOW

Jan. 30 – Feb. 13, 11:30 a.m. to 1 p.m.
3 sessions, \$20

Join us as we explore and dispel the myths surrounding the 76-year-old African American community on Amelia Island called American Beach. Learn about what distinguished this community from similar oceanfront black retreats during segregation.

The final week of this course culminates with a scavenger hunt of landmark sites and includes lunch at Gourmet Gourmet, an island favorite. Discover first-hand the enchanting appeal the enclave makes on visitors.

Required: A \$25 materials fee, payable to the instructor, is required for lunch and scavenger hunt costs.

Instructor: Marsha Dean Phelts, p. 35

NEW

Life on the First Coast: An Exploration of All Things Coastal

Jan. 23 – March 13, 6:30 to 8 p.m.
8 sessions, \$70; each session, \$10
(fees include daily campus parking pass)

Location: UNF's state-of-the-art Biological Sciences Laboratory Building

Why do beaches disappear during storms, but rebuild later? What happens to all of the plants and animals during hurricanes? Should you worry about sharks when you go swimming? Why do we make such a fuss over endangered plants and animal? Are dolphins really as smart as we think? How do oysters help keep our coastal water clean? Why do commercial (and recreational) fisherman need marshes? Eight UNF Coastal Scientists who study the First Coast will explore these topics, and more, in language that anyone can understand with plenty of time for questions and discussions.

Jan. 23 – The Dynamic Coast

A look at the coasts in Florida and the Southeastern U.S. Why does it look the way it does? Where does the sand go? Why do our houses wash away? What is the future of the coast given hurricanes and sea level rise?

Instructor: Courtney Hackney, p. 33

Jan. 30 – An Overview of Florida's Geology and Natural History

This presentation will give an outline of Florida's history, where it came from, and how it developed. It will touch on the origin of Florida's natural resources and information on finding and identifying local fossils.

Instructor: Andrew Beall, p. 30

Feb. 6 – Nutrients and Algal Blooms in Florida Lakes and Rivers: More than Just Unsightly

This presentation will cover who are the algae, why they seem to be so omnipresent now, how we can (if indeed we want to) get rid of them, and why we should care so much about their existence (hint: they are responsible for the majority of the oxygen that we breathe).

Instructor: Dale Casamatta, p. 31

Feb. 13 – Diamondback Terrapins: A Local Beauty Seldom Seen

Diamondback terrapins are the only turtles that prefer brackish coastal waters, and they live in salt marshes, tidal creeks, and mangrove islands from Cape Cod all the way to Corpus Christi. This beautiful turtle is rarely seen, except by fishermen because it rarely leaves the

NEW DIVERSITY IN ISLAM – CULTURE,
ART AND LITERATURE

Jan. 30 – March 13, 11:30 a.m. to 1 p.m.
7 sessions, \$40

This course will serve as a companion to Fall 2012 term's Understanding Islam – The Faith and Its Practices. The aim of this course is to learn the plurality of ways in which Islam is practiced across the world with particular emphasis on Turkey (a secular democracy), Egypt (the largest Arab country), India (the largest Muslim minority) and the United States (our home). The course will go beyond sacred texts to take an in-depth look at how regional culture—art, literature, music, religion, politics—has shaped Islamic practices and how Islam has contributed to the shaping of local cultures.

Recommended : “The Oxford History of Islam” by John L. Esposito. Oxford University Press.

Instructor: Parvez Ahmed, p. 30

NEW THE AGE OF AMERICAN UNREASON

Jan. 30 – April 3, 1:30 to 3 p.m.
10 sessions, \$55

We will primarily be reading and discussing the book, “The Age of American Unreason” by Susan Jacoby. It is available in paperback at Amazon.com. The instructor will also be using the book “Anti-intellectualism in American Life” by Richard Hofstadter. Combining historical analysis (Hofstadter) with contemporary observation (Jacoby) dissects a new American cultural phenomenon – one that is at odds with our heritage of enlightenment reason and with modern, secular knowledge and science. With reading on the decline and scientific and historical illiteracy on the rise, an increasingly ignorant public square is dominated by debased media-driven language and received opinion. This tough-minded book challenges Americans to face the painful truth about what the flight from reason has cost us as individuals and as a nation.

Instructor: Bill Howes, p. 33

water. It shares its habitat with blue crabs, and terrapin mortality in crab traps is devastating populations.

Instructor: Joe Butler, p. 31

**Feb. 20 – Everything You Ever Wanted
to Know about Sharks**

A look at the biology of sharks and their relatives in Florida. What are sharks and how do they differ from other fish? How do these differences influence their ecology and populations? What are the risks posed by sharks to humans and vice versa? Last, what are the potential benefits of sharks to humans?

Instructor: Jim Gelsleichter, p. 32

Feb. 27 – Seafood and Saltmarshes

Salt marshes are one of the most important habitats along the southeastern U.S. Atlantic coast. Shrimp, fish and crab depend on marsh habitats to complete part of their complex life cycle. What are salt marshes and how do they thrive in the hostile coastal environment? What do humans do to change salt marshes? Life cycles and marshes will be explored.

Instructor: Matt Kimball, p. 34

March 6 – Dolphins in the St. Johns River

More than 300 dolphins have been identified in the St. Johns River where people and nature are intertwined. Dolphin behavior in this noisy habitat will be discussed. Can dolphins and humans coexist?

Instructor: Quincy Gibson, p. 33

**March 13 – Climate Change and the Impacts
on Tropical Coral Reefs**

Coral reefs are among the most biologically diverse regions on Earth. Only tropical rainforests might provide homes for more species of plant and animal life. Even though they cover only a tiny fraction (less than 0.2 percent) of the ocean's bottom, coral reefs contain more than 25 percent of all marine life. Climate change impacts have been identified as one of the greatest global threats to coral reef ecosystems. The impacts of increasing atmospheric carbon emissions and rising global temperatures on delicate reef systems will be discussed.

Instructor: Cliff Ross, p. 36

MYSTERIES UNLIMITED: INTERNATIONAL

Jan. 30 – April 10 (class meets alternate weeks),
1:30 to 3 p.m.
6 sessions, \$35

The travel bug bit! The mystery readers' class is again taking flight to far flung countries to read contemporary mystery and crime novels written by authors from the country or region. We become immersed in local history, culture and politics. We're starting in Iceland with "The Day is Dark" by Yrsa Sagurdardottir. Then, we head to Latin America, Africa and Asia. A reading list and study guide will be provided. Libraries have limited quantities, so books may need to be purchased. We meet every other week to allow time for reading. Our last class is open discussion to share favorite international detective novels.

Note: This course is a repeat of Fall 2012.

Instructor: June Weltman, p. 37

THE STRING THEORY – LEARN TO KNIT

Jan. 30 – March 13, 1:30 to 3:30 p.m.
7 sessions, \$50

Are you bored watching ESPN? Learn to knit and endure even baseball. This course is perfect for both the beginning knitter and those with more experience.

Required: Size 8 needles and one skein of yarn.

Instructors: Toni Enos and Sandy Ernstsen, p. 32

NEW CLASSIC R&B-SOUL AND CLASSIC MOTOWN

Jan. 30 – March 6, 3:30 to 5 p.m.
6 sessions, \$35

Take a trip down memory lane with old school music featuring Rhythm and Blues, Soul and Motown music, as well as the respective artists from the 50s, the 60s and the 70s. Learn the history behind the iconic phrase, Rhythm and Blues. Who created the term? Why was it so important for the name to be changed, and how did it impact American music? This class will also discover the unique variants of soul music as well as Motown music and how they too secured their spot in the Rock and Roll Hall of Fame.

Instructor: Rodney Hurst, p. 33

MANAGING CHRONIC PAIN

Jan. 30 – Feb. 20, 4 to 5 p.m.
4 sessions, \$20

This course focuses on managing chronic pain through the use of Myofascial Release Treatment (MFR), a non-invasive pain management technique. Participants will learn about conditions that would benefit from this type of treatment such as back, neck and jaw (TMJ) pain, sciatica, headaches, whiplash, fibromyalgia, adhesions, carpal tunnel syndrome, frozen shoulder and osteoarthritis among others. Participants will gain an understanding of the fascial system in our body and learn about appropriate stretching techniques to manage pain.

Required: Participants will be expected to review information about Myofascial Release therapy at www.myofascialrelease.com.

Instructor: Daryl Thoppil, p. 37

NEW UNDERSTANDING PAINTINGS, PART 2

Feb. 6 – March 13, 11:30 a.m. to 1 p.m.
6 sessions, \$35

Gain a better understanding of the masterpieces of European and American painting by meeting the famous creators and enjoying their work. Learn to read the artists' messages and discover the secrets hidden in their works.

Note: This follows the Fall 2012 course; however, that course is not a prerequisite.

Instructor: Tatiana Ganina, p. 32

NEW A LOOK AT MODERN PHYSICS: FOCUS ON STRING THEORY

Feb. 6 – 27, 1:30 to 3 p.m.
4 sessions, \$25

Stretch your knowledge! After a brief overview of modern physics, we will explore String Theory in depth. Student participation is expected and encouraged. No preparation is required.

Recommended: "The Elegant Universe; Superstring, Hidden Dimensions, and the Quest for the Ultimate Theory" by Brian Green (W.W. Norton, 2000).

Instructor: Tom Collins, p.31

NEW SOLDIERS, STATESMEN AND SENIOR LEADERSHIP IN CRISIS AND WAR

Feb. 6 – March 13, 3:30 to 5 p.m.
6 sessions, \$35

Will the Arab Spring morph into the Arab Fall? Will open military conflict between Iran and Israel inflame the entire Middle East? Will the dictates of geography and quest for scarce resources—aligned with unchecked violence from wars of blood and faith—overwhelm the abilities of any senior leader?

The demands placed on our president and the leaders of the world's democracies to preserve our western, liberal way of life are huge. The key question we will address is whether President Barack Obama, his Republican presidential challenger, Mitt Romney, and current Israeli Prime Minister Benjamin Netanyahu can rise to the status and stature of past great leaders. Can they equal the wartime senior leader genius of U.S. President Abraham Lincoln, French Premier Georges Clemenceau, UK Prime Minister Winston S. Churchill and Israeli Prime Minister David Ben-Gurion?

We may not be able to definitively answer the question, but the journey of reading, reflection and discourse should prove to be both enjoyable and informative.

Instructor: John Frketic, p.32

TRAVEL SKETCHING 101

Feb. 13 – March 6, 10 a.m. to noon
4 sessions, \$30

Enjoy sketching a still life, a landscape and people in settings both indoors and out. At the first class learn how to make a simple sketchbook and get suggestions for packing art supplies for traveling. Some classes

meet at cafes where participants may stay for lunch. Mrs. Miller's philosophy of art echoes Renoir's, who said, "For me a picture should be something likable, joyous, and pretty. There are enough ugly things in life for us not to add to them." Perhaps this experience will invite you to add something likable, joyous and pretty in life.

Recommended: Sketchbook and drawing supplies: pencil, pen, and watercolors. You may wish to wait for suggestions given at the first class.

Instructor: Mary Ann Miller, p.35

NEW THE DECLINE AND FALL OF THE AMERICAN EMPIRE BEFORE ITS TIME: FAILURE AT ITS SIMPLEST

Feb. 13 – 27, 11:30 a.m. to 1 p.m.
3 sessions, \$20

This class includes a brief review of previous empires' banking and economic history and compares America's financial crisis. What factors have contributed to the depletion of the national treasury? Who are the bank robbers?

Recommended: "The Great Crash 1929" by John Kenneth Galbraith.

Instructor: Bill Gassett, p.32

NEW FROM VERSAILLES TO PEARL HARBOR

Feb. 27 – March 27, 9:30 to 11 a.m.
5 sessions, \$30

The War to End All Wars, aka World War I, didn't. While the Treaty of Versailles provided the terms for the peace, it created the seed for an even larger and more deadly war to follow – World War II. While these terms directly influenced the events in Europe and the rise of Adolph Hitler, they also had an impact on the rise of militarism in Japan and its relationship to the United States in the Pacific. This course will track these events and provide the student with an insight into why Pearl Harbor happened at all. Do the problems of this period have relevance today? Or, as Santayana said, "Those who ignore history are doomed to repeat it."

Instructor: Wayne Heckrotte, p.33



NEW
From Versailles to Pearl Harbor • Page 21

Thursday ▼

LET'S GET WILD ABOUT THE JACKSONVILLE ZOO

Feb. 27 – March 6, 1:30 to 3 p.m.

ED-venture  March 13, noon to 3 p.m.

3 sessions, \$25

This class will offer three sessions, focusing on the general history of zoos, why they exist and how they operate. Come prepared to investigate the particular history of the Jacksonville Zoo, its animal culture and care, breeding programs, conservation and research efforts. The final session will involve an ED-venture to the Zoo with some sneak peeks behind the scenes. We will enjoy a Dutch treat lunch on the zoo's campus at noon.

Instructor: Marilyn Lawson, p. 34

NEW YOU, ME, AND MARK TWAIN

Feb. 27 – March 20, 1:30 to 3 p.m.

4 sessions, \$25

This is an interactive seminar for those who are interested in learning more about Mark Twain's life, the Mark Twain Project at the University of California, and reading and discussing some of Twain's books. The instructor will determine the reading selections with the group at the first session. We can order books or use library copies. The University of California Press has the most authentic editions of Twain's works.

Instructor: Janet Willner Myers, p. 35

NEW FOOD AND WINE PAIRING BASICS AT BLUE BAMBOO

ED-venture 

March 6, 6 to 8 p.m.

1 session, \$60 (gratuities and taxes included)

Share what promises to be a delightful dining and learning experience with your fellow OLLI members! You will explore the hows and whys of wine and food pairings by enjoying a three-course seasonal dinner designed by Chef Dennis Chan, Blue Bamboo founder. This award-winning restaurant marries bold, hip Asian flavors with classical southern comfort foods. It was voted one of the best restaurants in the southeastern U.S. and prides itself on using only the finest ingredients. Your dinner will begin with a starter paired with a medium to full bodied white wine. The main course will be served with a full-bodied red wine and dessert will be accompanied by a Madeira or comparable dessert wine.

Instructor: Dennis Chan, p. 31

NEW THE METROPOLITAN OPERA LECTURES

Jan. 10 – April 25, 1 to 3 p.m.

6 sessions, \$45

Dates vary with the opera presentations, see below.

"The Metropolitan Opera Live in HD" series begins Jan. 19 and features five operas on various Saturdays through April 27. On the Thursday prior to each live broadcast, Mary Ellen Young presents a lecture on that Saturday's opera. The lectures include a survey of the historical and cultural aspects of the opera and an examination of the libretto and audio/video highlights. The lecture series begins with an introduction to opera. The operas are broadcast live from the stage of the Metropolitan Opera House at Lincoln Center in New York City directly to several hundred theaters worldwide, including the AMC Regency Square, Cinemark Tinseltown and Regal at The Avenues Mall in Jacksonville.

Schedule:

- Introduction to Opera Lecture: Jan. 10
- Donizetti: "Maria Stuarda" Lecture: Jan. 17;
Opera: Jan. 19
- Verdi: "Rigoletto" Lecture: Feb. 14; Opera: Feb. 16
- Wagner: "Parsifal" Lecture: Feb. 28; Opera: March 2
- Zandonai: "Francesca da Rimini" Lecture: March 14;
Opera: March 16
- Handel: "Giulio Cesare" Lecture: April 25;
Opera: April 27

Instructor: Mary Ellen Young, p. 37

NEW A BRIEF HISTORY OF ESPIONAGE

Jan. 24 – March 28 (No class: March 21)

9:30 to 11 a.m.

9 sessions, \$50

After a brief review of how spying developed as a profession, we will discuss espionage in World War II and during the Cold War. Two novels and several short book excerpts will be assigned reading. While the instructor will provide some background information, participants will discuss key moral and political issues connected with spying.

Required: Assigned reading.

Instructor: Jack Thompson, p. 36

FRENCH CONVERSATION 2

Jan. 31 – April 11, 9:30 to 11 a.m.

10 sessions, \$55 (Maximum participants: 10)

We examine current events in France and other French-speaking countries with our focus on everyday life experiences, such as social encounters, travel and gastronomy. Participants are invited to express their personal experiences in French. We review grammar as it relates to our studies. This course is for advanced beginners with prior exposure to French through academic courses or living in a French-speaking country. No materials purchase required.

Instructor: Mireille “Mimi” Smith Threlkel, p. 37

NEW HIGHLIGHTS OF SPRINGFIELD’S ROLLER COASTER HISTORY

Jan. 31 – Feb. 7, 9:30 to 11 a.m.

ED-venture 

Feb. 14, 10 a.m. to 2 p.m.

3 sessions, \$20

Springfield’s evolution has been continuous since it was platted in 1869. Wars, fire, crime and bad zoning have influenced the community’s roller coaster existence. During a three-week course, participants will experience this inner city neighborhood via a PowerPoint presentation, film clips, and a variety of activities routed in Springfield history. Participants will have an opportunity to take a history scavenger hunt.

Instructor: Rita Reagan, p. 35

NEW AND ALL THAT JAZZ...

Jan. 31 – March 28 (No class: March 21),
11:30 a.m. to 1 p.m.

8 sessions, \$45

Among the established art forms, Jazz is an unruly baby with continuing growing pains. Barely a century old, this lively form of instantaneous and rhythmic improvised music keeps moving in new, artistic directions. We’ll check out where it began, where it is and where it’s going with recorded examples from Louis Armstrong and Duke Ellington to John Coltrane and Ornette Coleman.

Instructor: Bob Bednar, p. 30

FRENCH CONVERSATION 3

Jan. 31 – April 11, 11:30 a.m. to 1 p.m.

10 sessions, \$55 (Maximum participants: 10)

Participants examine and critically study excerpts of France’s great literature using works by Voltaire, Balzac, Dumas and others. Using French conversation and readings, the class includes reviews of related grammar. This course is for participants with intermediate or advanced knowledge of French through prior experiences in college level courses or living in a French-speaking country.

Instructor: Mireille “Mimi” Smith Threlkel, p. 37

NEW PARIS 1919: SIX MONTHS THAT CHANGED THE WORLD

Jan. 31 – March 28, 11:30 a.m. to 1 p.m.

8 sessions, \$45

After World War I, the “war to end all wars”, people from throughout the world gathered in Paris to shape the peace, create new countries from collapsed empires, carve the Middle East into European mandates, and adopt Wilson’s dream of a League of Nations to resolve all conflicts peacefully. France’s Clemenceau said, “It is easier to make war than peace.” A compelling portrait of heroes and rascals is presented as they attempted to deal with issues directly related to our present time. Discussions will be supplemented with short lectures, brief voluntary reports from class participants, and PowerPoint images of maps, photos, and statements of policy.

Recommended: “Paris 1919” by Margaret Macmillan, Random House, paperback, 2003, \$11.

Instructor: Irwin Kirk, p. 34



**For the latest
OLLI updates,
visit us at
www.unfolli.com**

NEW ACTING FOR FUN WITH THE VINTAGE PLAYERS

Jan. 31, 1:30 to 3 p.m. OR
Feb. 28, 1:30 to 3 p.m. OR
March 21, 1:30 to 3 p.m.
1 session, \$7

Have you ever wanted to try acting? If so, we're offering a class for those who have and those who have never acted. Learn theater basics from members of The Vintage Players. You will learn how to develop a character and perform in a skit, all within 90 minutes! You may repeat the course as many times as you wish!

Instructors: The Vintage Players, p. 37

FRENCH CONVERSATION 1

Jan. 31 – April 11, 1:30 to 3 p.m.
10 sessions, \$55 (Maximum participants: 10)

Conversation 1 is for beginners with background knowledge of French grammar but with little experience in conversation. We cover simple dialogues, basic readings, children's songs and poetry with a review of related grammar.

Instructor: Mireille "Mimi" Smith Threlkel, p. 37

NEW PLAY READING

Jan. 31 – March 28, 1:30 to 3 p.m.
8 sessions, \$45

Discover the sheer joy of reading excellent plays aloud, with or without expression. Personal or worldly worries are found to disappear during the reading. For each class session, the text of a play will be distributed to participants and parts assigned. Since everyone has a copy of the play, no acting, reading or hearing ability is needed. Playwrights will include Lillian Hellman, Arthur Miller, James Barrie and Patrick Shanley.

Instructor: Laura Rubin, p. 36

NEW FACIAL WORKOUT / FACE AEROBICS

Feb. 7 – March 14, 9:30 to 11 a.m.
6 sessions, \$35

Facial exercises are used to stimulate blood flow and circulation, relieve tension, and improve overall appearance of the face. Facial exercises promote smoother skin and help tone the facial muscles.

Instructor: Evelyn Anchondo, p. 30

NEW MY LIST FOR LIFE

Feb. 7, 1:30 to 3 p.m.
1 session, \$7

This course will help participants create information that can make all the difference in the event of a loss or emergency. When completed, the list helps to make sure that when life throws a curve ball, the right people get called, the right documents are easily located, the bills get paid on time, and everyone knows what they need to know. My List For Life is also an invaluable guide and resource for personal planning and budgeting.

Instructor: Ed Waller, p. 37

NEW RUSSIA: THE HISTORY, POLITICS, CULTURE AND LANGUAGE

Feb. 14 – March 7, 9:30 to 11 a.m.
4 sessions, \$25

The course consists of four lectures: Anecdotal account of the Naval Attaché living in the former Soviet Union; The Transition: Gorbachev, Putin, Yeltsin and Medvedev; Russian culture from birth through death; and, Issues in the headlines: Chernobyl, Clayton Lonetree, Inc-Sea Negotiations and others. Subject matter will be flexible based on the interests of the class.

Instructor: Ronald J. Kurth, p. 34

NEW
Russia: The History, Politics,
Culture and Language • Page 24





NEW
The Mind Matters, But What is It
and Who Attends to It? • Page 25

NEW THE MIND MATTERS, BUT WHAT IS IT AND WHO ATTENDS TO IT?

Feb. 14 – March 28 (No class: March 21)
11:30 a.m. to 1 p.m.
6 sessions, \$35

This course is about the philosophy of the mind, how to define it and how to think about it. The mind does matter, but few can define or describe it, or figure out how it leads us where it does. The course will note, as an aside and with prejudice, the professions that claim to know about the mind and how to attend to it. Each session will start with a prepared presentation designed to move into a seminar discussion. Handouts will be provided. Consider it a basic course for more focused topics to follow.

Instructor: Paul Hibschan, p. 33

NEW WIZARD WAR: HOW RADAR SAVED THE ALLIES IN WWII

Feb. 14 – March 14, 1:30 to 3 p.m.
5 sessions, \$30

Learn how radar developed from a wild idea for a death ray into the modern remote sensing systems that see through walls. Understand the basic concepts behind radio detection and ranging, and what they mean. Meet the men who invented radar and turned the Battle of Britain into England's victory. Discover how your microwave oven started as a top-secret project. No class preparation required. Questions and participation are encouraged.

Recommended: "A Race on the Edge of Time: Radar - The Decisive Weapon of World War II" by David Fisher.

Instructor: James D. Taylor, p. 36

BASICS OF MAKING BEAD JEWELRY

Feb. 21 – March 14, 9:30 to 11 a.m.
4 sessions, \$25

Learning a few basic techniques will have you making bead jewelry very quickly. In this class, you will create one necklace and bracelet, a pair of earrings, and attempt basic wire wrapping techniques. Class time will be used to learn and then practice a skill. You will receive many printouts describing materials and techniques. If you already know beading basics, this class might not interest you, or you can use your skills to help others in the class improve techniques.

Required: You will need to purchase beading tools, stringing materials and beads or use ones available in class.

Instructor: JoAnne Young, p. 37

REMEMBER ME: WRITING THE POWERFUL MEMOIR

Feb. 21, 10 a.m. to 3 p.m.
1 session, \$25

Life is full of adventures. This course will take your funny, touching or insightful stories and explore how you can turn them into essays and articles or possibly, a family legacy book.

Note: There will be a 30-minute break for lunch (bring your own).

Instructor: Carol O'Dell, p. 35

EARLY HISTORY OF THE U.S. CONSTITUTION

March 7 – April 11, 1:30 to 3 p.m.
5 sessions, \$30

Take a step back in time to when Congress began to see the need for a stronger constitution and the creation of the Articles of Confederation. Then, let's move forward through the years of the Constitutional Congress and the formative years of the Supreme Court under Chief Justice John Marshall. Our journey continues through the Dred Scott decision and ends with the beginning of the Civil War.

Instructor: Tracy Danese, p. 31

Friday ▼

ADVANCED BRIDGE

Feb. 1 – April 5 (No class: March 22), 10 a.m. to noon
9 sessions, \$65

Designed to help average bridge players improve their game, this course focuses on the areas of bidding, playing and defending. Each session begins with a lecture, followed by playing preset hands.

Instructor: Walter Beissinger, p. 30

exposure and reducing income tax liability. Tax-exempt municipal bonds could be part of a personalized strategy to benefit and enhance a portfolio. The class will discuss investment features of municipal bonds and the bond market. It will also cover the federal tax exemption benefits of these securities, credit quality, types of bonds available, strategies for investing, and historical yield levels.

Instructor: Jerry Seebol, p. 36

NEW ESSENTIAL FRENCH GRAMMAR AND READINGS (PART 9)

Feb. 1 – March 15, 10 to 11:30 a.m.
7 sessions, \$55

This intermediate-level course emphasizes French grammar through the completion and correction of written exercises. We focus on comprehension, pronunciation and conversational skills in the reading of French texts.

Required: Prerequisites for this class include OLLI French classes, one year of college or two years of high school French.

Instructor: Mary Ames, p. 30

THE ART AND GARDENS OF THE DUPONTS AT EPPING FOREST

ED-venture 

March 15, 11:30 a.m. to 2 p.m.
1 session, \$30 (Maximum participants: 30)

Here is a rare opportunity to tour the former mansion and gardens of Alfred I. and Jessie Ball DuPont. The property is now operated privately as the Epping Forest Yacht Club, and you have been invited by one of the club's members. We will have lunch at the club's restaurant followed by a tour of the mansion with a focus on the art and artists displayed, plus a tour of Epping Gardens. Learn more about the history of the duPonts in Jacksonville at www.efyc.com/history.html. Transportation is not included.

Coordinator : Madeline Jorgensen, ED-Ventures Team

OPEN-FOCUS BRAIN TRAINING

Feb. 1 – March 8, 10 to 11:30 a.m.
6 sessions, \$35

Did you know how you pay attention influences every aspect of your life? Open Focus was developed by Dr. Les Fehmi and is designed to develop our ability to consciously shift the way we pay attention – from a narrowly focused attention to a calmer, more flexible, and open attention. Open Focus is a practical and effective method for reducing stress-related symptoms and enhancing well-being. Each 90-minute class consists of easy and enjoyable exercises done in a seated position, brief lectures, and class discussion. Outside practice is recommended.

Instructor: Martha Bennett, p. 31

NEW SPECIAL INTEREST GROUP: CREATIVE WRITING

Jan. 25 – June 28, 1:30 to 3:30 p.m.
6 sessions, \$30

The purpose of these sessions is to invite, support, and broaden writing opportunities for OLLI members by offering them an opportunity to participate in an ongoing peer-based Creative Writing Special Interest Group. Writers will share fiction, creative nonfiction and poetry in a non-competitive OLLI-friendly environment. Writers of any level of experience who wish to share their creative writing with others and receive feedback may participate. The genres of fiction, creative nonfiction or poetry may be shared and feedback will center on the craft of writing in that particular genre. Writers will receive a very brief review of the elements particular to each genre as time and interest permit. All three genres will be welcomed.

Facilitator: Dixie Guill Golden, p. 33

NEW MUNICIPAL BONDS: A FOUNDATION OF QUALITY

Feb. 8, 11:30 a.m. to 1 p.m.
1 session, \$7

This course will provide information on supplementing retirement income, managing portfolios, market

Winter 2013 FLEET LANDING



1 Fleet Landing Blvd., Atlantic Beach, FL 32233

Monday ▼

THE INFLUENCE OF CHILDHOOD MESSAGES

March 4 – 11, 1:30 to 3 p.m. 2 sessions, \$15
What motivates your life decisions and patterns for living? This class focuses on how messages from childhood have a positive or negative effect on adult choices and quality of life, and ways to develop personal awareness to correct these limiting beliefs. Characters in the memoir, "Silent Echoes," provide case studies for discussion to illustrate this process.

Recommended: "Silent Echoes" by Marilyn Fowler - available at Amazon.com. Participants are encouraged to read prior to class.

Instructor: Marilyn Fowler, p. 32

Tuesday ▼

NEW BATTLES OF THE CIVIL WAR

Jan. 29 – March 12, 1:30 to 3 p.m. 7 sessions, \$40
This course covers major military campaigns and key battles of the American Civil War with emphasis on the strategies, tactics, leadership, mistakes, successes and aftermath. Included are campaigns in both the eastern and western theaters, and the battles at Shiloh, Chattanooga, Chickamauga, Manassas, Antietam, Chancellorsville and Gettysburg among others.

Recommended: "Decisive Battles of the Civil War" by Lt. Col. Joseph B. Mitchell, available from Amazon.

Instructor: Tom Schmidt, p. 36

Wednesday ▼

UNDERSTANDING MATURING EYES AND VISION

Jan. 30 – Feb. 20, 10 to 11:30 a.m. 4 sessions, \$25
Your sight begins its dynamic changes after age 40. First, "your arms get too short." Then you begin to cope with decreasing quality of vision, especially at night and when driving. Hearing the words cataract, glaucoma, macular degeneration, etc., could become alarming. Understanding, at a layperson's level, how human vision works helps to recognize the changes associated with maturing vision. We consider how to address these changes effectively and take preventive measures so we can enjoy the benefits of today's eye-care technologies and medical advances.

Instructor: Louis "Lou" Catania, p. 31

LEARN TO USE YOUR iPad: iPad 101

Feb. 13, 10 to 11:30 a.m. 1 session \$7
The iPad is a popular tablet computer with amazing potential. Do you have more questions than answers about your iPad? Sign up for this class to learn the basics and much more.

Recommended: Bring your iPad to class.

Instructor: Elizabeth Hammond Pampalone, p. 35

iPHONE 101

Feb. 27, 10 to 11:30 1 session, \$7
Everyone seems to have an iPhone these days, but do they really know its potential? Does it seem to do things on its own that just drive you crazy? If so, then this is the class for you! Learn the basics of how to use your iPhone. We cover many apps as well as maps, phone, messages, calendar, mail, iPod, and so much more.

Recommended: The instructor's book about the Internet will be available for purchase after class.

Required: Bring your iPhone to class.

Instructor: Elizabeth Hammond Pampalone, p. 35



OLLI Winter Instructor Showcase

Thursday, Jan. 10, 11 a.m.

Members & Non-Members welcome!
FREE to attend, but please register in advance.

Winter 2013 GLENMOOR



235 Towerview Drive, St. Augustine, FL 32092
at World Golf Village's Neighborhoods

Tuesday ▼

NEW FROM VERSAILLES TO PEARL HARBOR

Feb. 26 – March 26, 10 to 11:30 a.m.
5 sessions, \$30

The War to End All Wars, aka World War I, didn't. While the Treaty of Versailles provided the terms for the peace, it created the seed for an even larger and more deadly war to follow – World War II. While these terms directly influenced the events in Europe and the rise of Adolph Hitler, they also had an impact on the rise of militarism in Japan and its relationship to the United States in the Pacific. This course will track these events and provide the student with an insight into why Pearl Harbor happened at all. Do the problems of this period have relevance today? Or, as Santayana said, "Those who ignore history are doomed to repeat it."

Instructor: Wayne Heckrotte, p. 33

TRAVEL GUIDE TO INDIA

April 2 – 23, 10 to 11:30 a.m.
4 sessions, \$25

India is a vast land offering a fascinating choice of many different travel options. You will learn about forts and palaces, history, spirituality and culture. Views of the spectacular mountain scenery will make you want to visit this beautiful and mysterious country.

Instructor: Roshan Massey, p. 35



OLLI Winter Showcase

Friday, Jan. 11, 1:30 p.m.

Members & Non-Members welcome!
FREE to attend, but please register in advance.

Travel Guide to India • Page 28



Winter 2013 WESTMINSTER WOODS ON JULINGTON CREEK



25 SR 13, Jacksonville, FL 32259
on the south side of the Julington Creek Bridge

Wednesday ▼

FACETS OF FLORIDA

Feb. 6 – 13, 10 to 11:30 a.m.
2 sessions, \$15

Discover some exciting, yet little known, aspects of Northeast Florida's history and culture! Whether you are curious about your adopted home or wish to impress friends with your knowledge, this class inspires you to explore the "other" Florida!

Feb. 6 – Florida as Paradise - A Pictorial Essay

This session explores Florida as both a real and mythic place that captured the imaginations of monarchs, explorers, captains of finance and industry, travelers and tourists. We will examine our state through works of art created by artists who visited and imagined it.

Feb. 13 – The Bartrams – Early American

Perspectives on New World's Natural Resources

Father and son botanists John and William Bartram treasured America's bountiful natural resources. In this session we track selected joint and individual botanical expeditions, as well as examine their divergent views on the colony's and young nation's natural world.

Instructor: Jeanette Toohey, p. 37

Thursday ▼

NEW CURRENT EVENTS

Jan. 10 – March 21 (No class: Feb. 7, March 7)
1 to 3 p.m.
9 sessions, \$65

This program will focus on discussion of topical issues of the day at the local, state and national level, as well as relevant world affairs. The atmosphere is collegial and highly participative. Participants suggest topics for discussion with the group voting to prioritize topics. The objective is to exchange information and ideas in order to gain a greater understanding of today's complicated world. Background reading material of 10 to 30 pages per week will be sent to participants by e-mail.

Required: Computer and Internet access.

Facilitator: John Fischer, p. 32



OLLI Winter Showcase

Friday, Jan. 4, 1:30 p.m.

Members & Non-Members welcome!

FREE to attend, but please register in advance.

FACULTY

Parvez Ahmed

is associate professor of finance at the Coggin College of Business at the University of North Florida. In 2009, he studied as a U.S. Fulbright scholar in Bangladesh. His research work has appeared in several major finance journals and he recently published a book entitled, "Mutual Funds - Fifty Years of Research Findings." In addition, Dr. Ahmed has written editorials about Islam and the American Muslim experience, which have been published in several leading newspapers across America and the world. Currently, he serves as a board member for OneJax, (formerly the National Conference on Community and Justice) and on the Human Rights Commission in Jacksonville.

AnnLee Alley

received two Florida State Pioneer Certifications from the Florida State Genealogical Association recognizing that she is a direct descendant of two families who resided in Florida prior to statehood in March 1845. In both cases, AnnLee documented women in the family with their maiden names. She began researching her family history after retirement and enjoys the challenge of problem-solving and historical research combined with finding cousins and gathering stories. A native Floridian, she spent her teen years in Southside Jacksonville.

Mary Ames

has a liberal arts degree in French from St. Xavier University in Chicago and has studied at the Sorbonne in Paris. She holds a teaching certificate from Illinois and has 11 years of experience teaching French in public and private schools in metropolitan Chicago. She has taught French in the OLLI program for five years and has traveled throughout France and to Belgium, Switzerland and Quebec. She is a member of the Alliance Française of Jacksonville and enjoys French culture and conversing with native-born French speakers.

Evelyn Anchondo

is originally from El Paso, Texas and retired from federal law enforcement with more than 30 years' service. She was the assistant to the director of volunteer services with an AIDS organization in El Paso and was involved with an AIDS organization in Jacksonville. She has also been engaged with one-on-one tutoring in literacy in both cities. Evelyn has been interested in healthy living for a long time and enjoys regular exercise to stay and look healthy.

Keith Ashley

is coordinator of Archaeological Research at the University of North Florida. Dr. Ashley has been involved in archaeological excavations throughout the southeastern United States. His current research focuses on the Native American history and cultures of Florida and coastal Georgia.

Peter Bartha

is a native of Hungary and a retired senior executive of the Canadian affiliate of Exxon Corporation. He is a former professor at York University in Toronto and dean of the graduate business school at the Central-European University in Budapest. He and his wife are winter residents in Jacksonville where their daughter and grandchildren live.

Andrew Beall

has a Master of Science degree in biology with expertise in aquatic toxicology, anatomy, and zoology. He teaches the laboratory sessions for Anatomy and Physiology, Human Biology, and General Biology, and has a strong academic interest in paleontology. Mr. Beall has taught an honors class entitled "Evolution and Natural History of Florida" with paleontologist Dr. Barry Albright for three spring terms and has led participants on paleontological digs in cooperation with the Florida Museum of Natural History.

Bob Bednar

is a Jacksonville Jazz Hall of Fame member and has been host of "This is Jazz" on WJCT-FM for 19 years.

Walter Beissinger

is a retired certified public accountant and former managing partner of a large regional CPA firm. He graduated summa cum laude from Temple University in Philadelphia. His involvement in competitive bridge began in 1956. He has reached the status of Life Master.

Eliezer Ben-Yehuda

was born in Jerusalem, Israel. Rabbi Ben-Yehuda earned a doctorate in literature with a thesis on the text of the Jewish Scriptures as reexamined from the Hebrew. Since arriving to the U.S. in 1958, Rabbi Ben-Yehuda has served as a rabbi of the pulpit, Jewish chaplain for the Veterans Administration, campus rabbi at Indiana University of Pennsylvania, Hebrew school and Sunday school principal and teacher, and guidance counselor for youth movements.

Martha Bennett

is a certified Open-Focus trainer and has more than 25 years' combined experience as a psychotherapist and educator. She received her M.A. in psychology from the University of West Georgia and is certified by the Hakomi Institute in Boulder, Colorado as a Body-Centered Psychotherapist.

Robert Black

has a B.S. in chemistry and also holds M.S., E.E. and P.E. degrees and an M.B.A. in finance from the University of Akron. He is a member of the Financial Management Association Honorary. He is neither a broker nor a financial advisor. However, he has been investing more than 40 years and manages his own portfolio.

Richard Bowers

completed his education with postgraduate study at the John F. Kennedy School of Government at Harvard. Prior to that, he received a master's degree in community development at the University of Louisville. He has spent most of his life in government. In the last 12 years he served as the vice president of Community Affairs and Government Affairs for the PGA Tour. Richard has been an adjunct professor at Florida State University, University of North Florida, and Flagler College, teaching government. He was the founding chairman of the UNF Institute of Government.

Joe Butler

has studied diamondback terrapins since 1996 in north-eastern Florida, the Gulf Coast, and the Keys. The Florida Fish and Wildlife Conservation Commission, Florida Sea Grant, NOAA, the National Wildlife Federation, and UNF, have all supported his terrapin work. He has also published numerous manuscripts on terrapins and other herpetological topics. He is a founding member of the Diamondback Terrapin Working Group (www.dtwg.org), which is dedicated to research, management, conservation, and education concerning diamondback terrapin populations.

Dale Casamatta

is an aquatic microbiologist and is known for his enthusiasm when it comes to the study of algae (the general field known as phycology). He has described four new groups and 25 new species of algae from around the world, serves on the Executive Committee for the Psychological Society of America, and is involved in several long-term studies of the impacts of pollution and climactic change on aquatic communities.

Louis "Lou" Catania

is an internationally acclaimed clinical educator and author. Dr. Catania has written 11 textbooks and more than 125 journal articles. He practiced clinical eye care for more than 42 years in private practice and academic medical centers. Lou currently serves as senior consultant at Nicolitz Eye Consultants, a multispecialty ophthalmology group in Jacksonville. In addition, he serves as consultant and advisor to J&J Vision Care and Marco Ophthalmic, Inc. He holds academic rank and is a visiting faculty member at numerous optometry and medical schools at U.S. and international universities. Lou's greatest passion is education and communicating complex information at a comfortable, understandable level.

Dennis Chan

is a native of Jacksonville and holds both his family's food-centric culture and spirit of ingenuity close to his heart. Following in the tradition of his family's 12 successful restaurants, Chef Chan opened Blue Bamboo in 2005. This accomplishment is the result of many years of study—both independent and academic—first in his grandfather's kitchen as a child, then as an adult at UNF and the Culinary Institute of America. Dennis appears at TV press events and has monthly appearances at local cooking venues and kitchenware stores such as A Chefs, Le Creuset, Whole Foods, and Apron's. He participates in major food charity events such as the Children's Home Society's Caring Chefs and the Ronald McDonald House McGala. He teaches culinary students at Florida State College of Jacksonville.

Tom Collins

is a retired theoretical physicist with degrees from the University of Georgia and the University of Florida. Over the past 30 years he served in university administration in various chief research officer posts. Tom is the author of two books and more than 80 journal articles.

Tracy Danese

is a Jacksonville native. He graduated from the U.S. Merchant Marine Academy in 1954, the University of Florida Law School in 1962, and has a master's degree and a doctorate in history from Florida State University. Tracy has practiced general law, served as attorney to Speaker of the House Frederick Schultz and was legislative assistant to Mayor Hans Tanzler during the first year of Jacksonville's consolidated government. He was vice president for Governmental Affairs for Florida Power & Light and in 2001 joined the faculty at Jacksonville University as an adjunct professor of world history.

Susan Drain

has been “hooked” on crocheting since she was a little girl in Massachusetts. She knows the where, when and how to use the various types of crochet stitches for amazing results. She is thrilled to see the current revival of crocheting as featured in the reality show Project Runway, where many top designers have featured crocheted items such as belts, shawls, shrugs, sweaters, hats, and more.

Toni Enos

is a professional knitter who enjoys teaching OLLI courses. She was lured into teaching with OLLI by her friend Sylvia Brunet who launched knitting and crochet classes in Fall 2009.

Sandy Ernstsen

is passionate about creating objects that are both beautiful and useful. She learned to knit the same year she earned her B.A. in design from California State University, Los Angeles. For yarn money, Sandy worked as a graphic designer in the advertising industry.

Lisa Federico

is a licensed physical therapist, who works at Baptist Medical Center with pediatric patients. She takes every possible opportunity to travel. Although she has traveled around the world, including South Africa, Thailand and Egypt, the place most special to her is Cumberland Island, right in her own backyard. Lisa has had the unique opportunity to spend a week on Cumberland Island for the past six years. This has given her access and insight to the island few visitors get to experience. She would love to share this with you.

John Fischer

is a retired management consultant who has been a news aficionado since high school. His professional work in factory management, technology and human resources required extensive domestic and international travel and periodic relocations. His lifelong hobby has been reading – books, newspapers and journals with an emphasis on politics, governance, economics, demographics and culture. However, win or lose, time is always reserved for the Detroit Tigers.

Ann Flipse

is a physician and a former member of the University of Miami School of Medicine faculty. Her responsibilities at the university included coordinating the first-year orientation for 11 classes and being director of Professionalism Curriculum for first and second year students. Part of this curriculum included the medical humanities.

Marilyn Fowler

is a retired licensed clinical social worker/psychotherapist. She served as a mental health team leader, then director of mental health services in the Duval County Jail. She later coordinated mental health services in five nursing homes, worked on in-patient units, and was in private practice for a number of years. Her stories have appeared in a Salvation Army Magazine and in a book entitled “When God Spoke to Me” by David Paul Doyle. Her memoir, “Silent Echoes,” was published last year.

John Frketic

is a retired Army intelligence officer. He spent 34 years on active duty with multiple combat tours including Vietnam, Operation Desert Shield/Desert Storm and Operation Iraqi Freedom. As an intelligence operator and analyst, he spent years working counter-terrorism issues throughout the Balkans and the Middle East. He graduated from the U.S. Army’s School of Advanced Military Studies at Fort Leavenworth, Kan., and served as a national security fellow at Harvard’s Kennedy School of Government. He has lived and travelled extensively throughout Europe, the Middle East, North Africa and Southwest and Southeast Asia.

Vladimir Ganina

graduated from St. Petersburg University, Russia with a Ph.D. in theoretical and mathematical physics. During the past 20 years, he worked as a senior research scientist in American industry. History has always been his passion.

Tatiana Ganina

holds a doctorate in art history from the University of St. Petersburg, Russia. She is a former chief curator at the State Russian Museum in St. Petersburg. She has organized several international exhibits including one in the National Gallery in Washington, D.C., and is the author of several books and many articles. She has lectured in Russia, Canada and the United States.

Bill Gassett

earned his B.A. at the University of Oklahoma and his M.B.A. at Harvard University. He is a student of history and vice president and financial advisor for Ameriprise.

Jim Gelsleichter

is an assistant professor of biology at UNF who has conducted scientific research on sharks for close to 20 years.

Alan Gleit

studied theory of general relativity while pursuing a doctorate at Stanford University. Following his career as a tenured professor, he started a second career in risk management working for several large banks. Now, he enjoys retired life in Atlantic Beach.

Quincy Gibson

is a Research Scientist at UNF who has spent time in Australia and Hawaii studying the behavior of marine mammals. Since 2010, she has been conducting weekly cruises along the St. Johns River photographing, counting and observing dolphin behavior with some very interesting results.

Dixie Guill Golden

holds an M.A. in English. She has taught college-level writing and literature, tutored SAT/ACT students, continues to edit for other writers and writes everyday. Books include "Wingwalking: Poems," and "Unfinished Conversations," available in paperback and Kindle eBook versions. "Unnumbered Days," a work in progress, explores how the Vietnam War shaped a generation in an unexpected genre. Dixie maintains a daily blog called "Golden Times" at www.dixiegolden.blogspot.com. The blog covers writing and other topics of interest to seniors.

Courtney Hackney

has studied natural systems on all three U.S. coasts and published more than 60 scientific papers, numerous technical reports and many articles for the public on coastal topics. He is the former Chairman of the Coastal Resources Commission for the state of North Carolina and served on the Environmental Advisory Board for the chief of the U.S. Army Corps of Engineers.

Wayne Heckrotte

is teaching his fifth year at OLLI. His courses have concentrated on history including: World Wars I and II, the interwar period and the history of baseball. This year he introduced the period between the wars to students at UNF. He believes lessons taught to the world during this period of time are worth understanding in order to determine their relevance, if any, to events taking place today.

Paul Hibschan

has been a licensed clinical social worker for more than 30 years. "Clinical" means he can be a psychotherapist, and that is his profession as he attends to mental and emotional problems of individuals, families, and, especially, couples. He is a psychoanalytic psychotherapist certified by the Washington Psychoanalytic Foundation. Even he is not sure what this means, but it took almost seven years to earn. It did, however, allow him to teach in the Washington School of Psychiatry, the Washington Psychoanalytic Institute and other post-doctoral programs.

Howard Hodor

retired after 35 years' experience in commercial and residential real estate development. He served as founding chairman of Gainesville's Council for Economic Outreach and received the governor's appointment to the Southern Growth Policy Board and Florida Council of 100. Howard served as administrative committee chairman of the board that founded Enterprise Florida. At the request of the governor, he assumed the responsibilities of president and CEO of that organization for 18 months.

Bill Howes

holds a B.A., M.A. and Ph.D. He is a former American history teacher, principal and superintendent of schools. This is his sixth year teaching in the OLLI program, where he has taught several courses in American history.

Chuck Hubbuch

is an assistant director of Physical Facilities who worked at the Jacksonville Zoo and Gardens and the Fairchild Tropical Garden in Miami before coming to UNF. Hubbuch is a self-described obsessed gardener. He recently launched his own Web site called SoutheastGarden.com, which documents his green-thumbed experiences in northeast Florida.

Rodney Hurst

served two four-year terms on the Jacksonville City Council. In addition, he serves on several local organizational and agency boards, including the Jacksonville Branch Executive Board of the NAACP. Of his many awards and recognitions, he is the recipient of: the 2008 Clanzel T. Brown Award, given by the Jacksonville Urban League; the 2010 Dr. Mary McLeod Bethune Visionary Award, given by the National Alumni Association of Bethune-Cookman University; and the 2010 Jacksonville Branch NAACP President's Award. He gave the keynote address at the 2010 City of Jacksonville's 23rd Annual Martin Luther King Breakfast. His recent book, "It was Never About a Hot Dog and a Coke: Ax Handle Saturday," is in production as a documentary.

Jake Ingram

is a retired landscape architect who moved back to his hometown of Jacksonville seven years ago, after being away for 35 years. From 1998 until 2005 Jake was the Staff Landscape Architect for the St. Joe Company's projects in Walton County where only native plants were used in all landscaping. Since retiring he's been involved in several pro-bona projects in the Riverside/Avondale area and maintaining his own native landscaped yard and productive food plot. Jake has been a member of the Florida Native Plant Society for 12 years.

Barbara Jackson

was born in Jacksonville and is a third generation Floridian. She is a Duval County master gardener, a Florida master naturalist, and president of the local chapter of the Florida Native Plant Society. She serves on the Executive Committee of the Northeast Florida Green Chamber of Commerce and is in charge of membership. Barbara is also the president of the City of Neptune Beach Beautification Committee. She speaks and writes about native plants and Florida ecosystems.

Matt Kimball

has studied fishes in various estuarine and coastal habitats along the U.S. Atlantic and the Gulf Coast for the past decade. In addition, he has examined salt marsh restoration efforts, particularly examining the long-term response of plants and animals to several types of commonly used restoration techniques. He is a research assistant professor at UNF and director of research at the Guana-Tolomato-Matanzas Estuarine Research Reserve located near Ponte Vedra, Fla.

Irwin Kirk

is a retired attorney and manager for the U.S. Department of Education. He has facilitated classes about U.S. Disunion, U.S. Reconstruction, and history of the Middle East and of modern China and the American Frontier West.

Maureen Kirschhofer

began her working career as an art teacher in Buffalo, N.Y., after completing her B.F.A. at the University of Rochester and an M.S. in art education at the State University College at Buffalo. However, in 1981, she began a new career as an insurance agent for the Paul Revere Company. A Chartered Life Underwriter since 1991, Maureen has had a distinguished career in insurance and financial planning. She has held many positions and received many honors on local, state and national levels, including president of the Jacksonville Society of Financial Planners.

Ronald J. Kurth

was a naval aviator who held the rank of rear admiral before retiring from the U.S. Navy. He served in the Soviet Union as naval attaché and later as defense attaché. He was involved in U.S. - Soviet negotiations for 20 years. He has a Ph.D. from Harvard University in Russian studies – his fluency in the language allowed him to teach Russian at the U.S. Naval Academy.

Marilyn Lawson

has been a docent at the Jacksonville Zoo and Gardens for more than a decade. Education has been her main focus, and she enjoys working with people of all ages. She looks forward to sharing great zoo experiences with fellow OLLI members!

Mary Longanbach

has been a Florida master gardener for six years and a former West Virginia master gardener for five years. She worked in the greenhouse at West Virginia University and is presently a member of the Master Gardener's Speaker's Bureau giving talks at various libraries around the city, to garden circles and various clubs. She is also a master gardener volunteer at the Duval County Extension Demonstration Gardens in Mandarin.

Randi Loving

is a graphic designer with 30 years' experience. She has a B.A. and B.F.A. from UNF and is a 15-year member of the National Association of Photoshop Professionals (NAPP). Her specialties include digital photo restoration, general photography and photo organization.

Jay Marshall

had a management career with Fortune 100 companies including Exxon-Mobil, Nestle and Revlon. He also served as CEO of smaller international trading companies. Jay holds degrees in economics, engineering and business administration and has served as adjunct professor at the State University of New York (SUNY) and Thunderbird School of Global Management in Glendale, Arizona.

Lee Marshall

retired after more than 20 years as the executive director of several national health agencies in New York and most recently as president of a nonprofit consulting firm specializing in strategic planning and corporate seminar presentations. She holds a B.A. in social sciences from Mercy College in Dobbs Ferry, N.Y., and she completed her graduate studies in psychology and English at Manhattanville College in Purchase, N.Y.

Roshan Massey

was born and educated in India. He is a true travel enthusiast. He has coordinated and led groups touring India, Kashmir and Nepal. In his younger days he took groups overland from England to India and England to North Africa.

Connie McAuliffe

is a retired management consultant and college instructor. Her area of expertise in business and education is communication. She holds a B.A. in English from Bucknell University in Lewisburg, Pa., and an M.Ed. from Cabrini College in Radnor, Pa. Connie is a lifelong avid reader, has spent time as a journalist and continues to write both fiction and poetry.

Kenneth McMillan

was a professor and former chairperson of the UNF Department of Art and Design where, for 30 years, he taught Aesthetics, Art of the 20th Century, Art Since 1940, Ceramics/Sculpture and 3D Design. Although teaching full time, he was able to extensively travel, and these experiences add a passion to his teaching. As a retiree, he is now producing art, researching and serving as a volunteer teacher for the St. John's Cultural Council and the O.U.R. Communities in Schools Program of St. Johns County.

Jim Mittelstadt

was an educator for 42 years. As a charter faculty member of the University of North Florida, he created and taught a popular graduate course in storytelling for many years.

Mary Ann Miller

is a professional artist, author and retired art educator. She has recently published "More Travels with a Blue Vase: Paris and Beyond," her second book of watercolor sketches around the world. She has taught OLLI classes in travel sketching for three terms, and they are always full.

Janet Willner Myers

enjoyed a 40-year career in elementary education. Over the course of those years, she was an assistant principal and taught grades 3 through 6, Spanish and classes for the gifted. Janet holds a B.A. in American history from the University of California at Berkeley and both an M.A. and Ed.D. in educational leadership from UNF.

Carol O'Dell

is the author of the forthcoming novel "White Iris," chronicling the journey of a woman who moves to the south of France to explore Vincent's decadent summer highs only to find herself tangled in the past. Carol holds a B.F.A. from Jacksonville University, takes art treks to Europe and paints replicas of Van Gogh's works.

Elaine Omann

has been involved with aesthetics and art for most of her career in education. She enjoys encouraging creativity and aesthetic integration with friends and others. She exhibits her paintings at Trends Home Décor in San Marco and is a member of local art guilds and art markets.

Elizabeth Hammond Pampalone

has been teaching computers to all age groups for four years. Straight out of college in Cincinnati, she ended up in a cubicle as a software developer. When this did not suit her, she followed a teaching job lead to Jacksonville. Here, she found her passion and a town that needed what she has to offer. She has become an expert at computers and has a passion for teaching others how to get the best and most from them.

Marsha Dean Phelts

has done extensive research on American Beach. She is the author of the first complete book that chronicles the development of this coastal community, located at the southern end of Amelia Island. Marsha has also published two additional books on American Beach, a monograph on Jacksonville's St. Philip's Episcopal Church and a biography of Landon L. Williams, whose autobiography is titled "The Boy from Jessie Street." A retired school librarian, she continues to research and write, sharing intriguing stories about life on the First Coast.

Marianne Prichard

holds degrees in political science and education from California universities. She taught for nine years in northern California. Marianne brings much international experience to the course. For 32 years she taught in overseas American and English language schools located in east Asia, the Middle East, Haiti, Guam, Africa and, most recently, in Shanghai, China.

Nan Ramey

has worked as an educator with the Duval County Schools for more than 35 years. She currently writes on several blogs including a Florida Times Union newspaper blog and is founder of BloggersUniversity.com. Nan has been interested in personality typing for more than 20 years.

Rita Reagan

moved to the Springfield Historic District in 1993, which led to immersion in community development, preservation and film history. Retiring in 1997 from Duval County after 30 years as a teacher and administrator, Rita's life revolves around family and projects. Developing Norman Silent Film Studios, and creating a virtual archive for Springfield history, top her bucket list. Her major regret is not finishing her doctoral dissertation.

Shirley Leckie Reed

is professor emerita of history from the University of Central Florida where she taught women's history, regional histories of the South and the West and courses on periods such as the Gilded Age and Progressivism. Shirley is the author of biographies on Elizabeth Bacon Custer, the wife and chief mythologizer of George Armstrong Custer and the western historian and Indian advocate Angie Debo. In addition, Shirley has authored works on women and family life in the American Civil War. In particular, her examination of frontier military life and women intellectuals has revised the history of the American West.

John Reeve

retired from the advertising and publishing industry. A silver life master with more than 1,300 master points, John frequently competes in regional and national bridge tournaments.

Hal Rogers

is CFP and president of Gold Tree Financial, Inc. He has been in the financial services field for more than 30 years. Hal has taught continuing education classes for CPA's and attorneys in the areas of tax planning and the financial aspects of divorce. He has conducted educational programs for many companies and organizations including the FBI, the Federal Aviation Administration and the U.S. Post Office. Hal has also appeared on numerous national news programs.

Cliff Ross

is an associate professor of biology examining the effects of climate change on Floridian coral reef systems.

Glenn Ross

is a master carver and has been an OLLI member for three years. He began his training as a woodcarver in 1996. He started teaching woodcarving and sculpture classes around the country in 2009 and in April 2011 started teaching woodcarving classes for OLLI. In 2008 Glenn retired as president of AllEnergy, Inc., a technical consulting firm to the energy industry.

Laura Rubin

is a retired public school speech therapist. She was born in Brooklyn and has lived in the Chicago area and Jacksonville. She has been leading play reading for more than 10 years.

Edward Sachs

is a recently retired internist with more than 30 years in private practice. Dr. Sachs is certified through the American Board of Internal Medicine, and he is a graduate of the Ohio State University College of Medicine. He served as clinical professor of medicine and chairman of the Department of Medicine.

Tom Schmidt

is a retired railroad executive with a lifelong interest in the Civil War. He holds an M.A. in history from the University of North Florida, and has taught American history as an adjunct professor at both UNF and Florida State College at Jacksonville.

Jerry Seebol

is a financial advisor who has been in the financial industry for 24 years. He is a Certified Financial Planner and currently manages a large book of clients where he focuses on retirement planning. He enjoys hosting educational seminars and community classes.

Jay Sherline

has loved photography most of his life. Handed a small Brownie camera as a young boy, he was hooked! Jay, a semiretired pharmacist, travels with his cameras always at the ready. Currently he serves as the photographer for all OLLI activities. His goal, in this new digital age, is for you to be comfortable with and enjoy using your camera.

Mike Shore

has taught OLLI classes on American culture, climate change, biological origins of warfare, the future of American newspapers and how technology is increasing human lifespan. He is a retired director of media relations for IBM.

James Taylor

holds B.S. and M.S. degrees in electrical engineering. He worked on the cutting edge of electronics technology as a research engineer for the U.S. Air Force. His books, including "Ultrawideband Radar Applications and Design" (CRC Press, 2012), established his reputation as an expert in radar technology.

Jack Thompson

is a retired professor of Russian and world history at Indiana University. He is the author of two monographs and four textbooks. Jack is a teacher and student at OLLI, University of Southern Maine and Midcoast Senior College, Maine.

Darly Thoppil

is an occupational therapist and is the owner and president of Revive Rehab, Inc. She is extremely passionate about her work in the field of therapy. With more than 19 years of experience, she has worked in a variety of settings including inpatient, outpatient, school systems, assisted living facilities and skilled nursing facilities. Her major focus has been in neurological rehabilitation and pain management. She completed her NDT training in 1998 at Loma Linda University, California, from Waleed Al-Oboudi and also completed her Myofascial Release (MFR) training with John F. Barnes, author and authority on Myofascial Release. Darly believes that MFR is one of the best non-invasive techniques used for pain management in the healthcare field today.

Jeanette Toohey

became director of UNF OLLI in March 2010. Prior to joining our vibrant community of lifelong learners, she was a professional in the nonprofit sphere. For 25 years she was an art historian who served as a museum curator. As chief curator of The Cummer Museum of Art & Gardens, Jeanette led the collections, exhibitions, gardens, library and registration divisions. More recently she served as an executive responsible for transitioning a hospital-based arts-in-healing program to an independent nonprofit organization.

Mireille “Mimi” Smith Threlkel

was born and raised in French-speaking Switzerland. She earned a B.A. in political science and an M.B.A. at UNF. Her international marketing career was in Switzerland, where she worked for a number of multinational companies. Mimi has traveled extensively, strengthening her intense interest in expanding multicultural communications and understanding.

Kathleen Triebwasser

is a certified clinical mental health counselor, and a licensed mental health counselor and marriage and family therapist. She has 20 years of experience in the field of marriage and family.

The Vintage Players

is a group of folks, over age 50, who organized in 1994. They perform lighthearted skits and monologues for churches, civic organizations and community centers around the First Coast.

Ed Waller

is a graduate of the U.S. Naval Academy and a career Navy pilot. After retiring in 1999, Ed became a financial advisor. Nearly five years ago, Ed awoke to a major medical event. After a miraculous recovery, he decided that his wife would have been unprepared to handle the household responsibilities if he had died. Ed had seen it many times in his practice. A client would lose his or her spouse or a parent only to realize they had no idea where to start looking for the will, what day the electric bill came due, or how to access bank accounts and insurance policies. As soon as he recovered, Ed created “My List for Life” to ensure that his family and clients would never have to deal with that kind of scenario. Now, it is available to you and your loved ones, an investment that can save time and money today and make all the difference when it is needed most. For more information, visit www.mylistforlife.com.

Alex Weiss

has a bachelor’s, master’s and doctoral degree in medieval literature and Chaucer. For 30 years he taught English at Radford University in Virginia and is the author of “Chaucer’s Native Heritage.”

June Weltman

is a lifelong mystery fan. A former newspaper reporter and a freelance writer and editor, she is the author of “Mystery of the Missing Candlestick,” a mystery for ages 9-13 that won a special award from the Florida Historical Society. June teaches adult education classes in writing mysteries for children and teens. She’s won awards for her mystery reviews that appear in the Florida Times-Union.

JoAnne Young

has been beading for approximately 10 years. She makes jewelry for her personal use and to give as gifts. She worked as a high school teacher for 34 years before retiring. Her goal is for you to gain enjoyment and jewelry-creating skills.

Mary Ellen Young

holds a Ph.D. in historical musicology from the University of Minnesota. As a faculty member of Lakewood Community College, Minn., for 30 years and chair of the humanities department for 20 years, she taught music history, comparative religion and interdisciplinary humanities. She is a member of the board of directors of The Guild of the Jacksonville Symphony Association and served as its vice president of education for several years.

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