



Fall 2019
COURSE CATALOG

See What's **COOKIN'** with **OLLI**

Look inside to see more than 120 classes, talks, outings and activities created especially for those 50 and better.



OLLI is the Jacksonville resource for classes, activities and community for those 50 and better.

Cover photo of Janan Bartell, OLLI instructor. See her class on page 22.



Division of Continuing Education



KEEP OLLI VIBRANT! VOLUNTEER!

Volunteering is a great way to meet new friends, be part of a team and positively influence the direction of OLLI. Big and small jobs available.

Contact the OLLI office at unfolli@unf.edu or call (904) 620-4200

VOLUNTEER LEADERS

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Jeanette M. Toohey, Director
 Osher Lifelong Learning Institute

Welcome!

At UNF, OLLI's motto is live well and learn forever. We are self-organized member volunteers working together to create and deliver educational, cultural and social opportunities for lifelong learners aged 50 and better.



Save the Date!

What's It All About, OLLI?

A Gathering of New Members and Their Friends

Thursday, Oct. 17, 1:30 to 3:30 p.m.

Maximize the benefits of your membership. Understand how your OLLI operates and its context in the national network. Hear a bit about its history and the diverse opportunities available to you. Two popular instructors provide sneak peeks of their upcoming classes. Learn the best strategies for getting the programs you want to take. Consider getting more deeply involved by hosting a class or helping out behind the scenes. Nonmember guests enroll by calling our friendly Customer Care Team at (904) 620-4200.

Watch your email for details!



Portrait by Gary Whiting

Calling all lifelong learners! Yes, it's your turn now.

Make the most of this special time in your life. Find purpose by pursuing interests that you didn't have

time for until now. Discover exciting new possibilities to consider. Whether you seek intellectual, creative, skill-building or social opportunities, you'll find those and more at OLLI. Plus, there are no tests and no grades!

Our program's dynamic, diverse curriculum is planned by your peers so you're sure to find something that appeals. More than 300 programs are offered annually in three terms. Formats range from lecture and discussion to facilitated seminars, hands-on and make-and-take, and field trips.

Expand your horizons and social networks by volunteering. Our program's growth and evolution is a direct result of member investments of their time and talent. Whether you like to be in the spotlight or work behind the scenes, OLLI has a meaningful, impactful option that's just right for you. You select a role that fits your schedule and preferences. Volunteering is not only good for OLLI but it also produces physiological as well as psychological benefits that are good for you.

Create a meaningful retirement filled with discovery and well-being. Mortimer Adler, the acclaimed philosopher, educator and author, asserted, "The purpose of learning is growth, and our minds, unlike our bodies, can continue to grow as long as we continue to live." Find your tribe of curious, engaged people by joining our community of vibrant lifelong learners.

Yours in learning,
Jeanette M. Toohey, Director of OLLI at UNF



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OLLI Courses

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then listed in the following order:

Day of the week, then calendar date,
then time of day, then alphabetical by title

New **NEW!**

Course offered for the first time.

Updated **UPDATED!**

Course offered with new content.

ED-ventures **NEW: ED-VENTURE**

Course takes place at locations all around town.

Check course descriptions for details.

Explore More **EXPLORE MORE**

Course that combines classroom and out-of-classroom
experiences over multiple sessions.

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All OLLI members are welcome to attend programs at our partner locations. Be sure to check them out. You'll be glad you did!



OLLI PARTNER COURSES



Westminster Woods on Julington Creek

25 State Rd. 13, Jacksonville, FL (Julington Creek)

NEW!

William Bartram: Natural History Explorations in Northeast Florida

Tuesday, Oct. 8, 10 to 11:30 a.m.
1 session, \$20

Discover Bartram's 1774 expedition in the Southeast colonies. Focus on the naturalist's excursions along the St. Johns River throughout the East Florida Territory. Your instructor chronicles the wildlife, vegetation, soil, topography, water resources and native people Bartram encountered. Learn about his remarkable journal and its transformation into an imaginative 1791 literary classic. Bring your interest in the region's history to this lecture and discussion program that includes an artifact display.

Recommended: Instructor's "Saturiwa Conservation Area: Natural History and Ecological Guide" available for purchase in class for \$20

Instructor: Mike Adams, p. 31

NEW!

Spycraft for Thriller Readers, Writers and Watchers

Tuesday, Oct. 22, 10 to 11:30 a.m.
1 session, \$20

Discover what intelligence officers do in real life. Gain a few insights about their skills and techniques. Learn to determine whether details in a book, movie or television show are accurate. Your instructor bases course content on his forthcoming book. Bring your curiosity to this lecture and discussion class.

Instructor: Edward Mickolus, p. 37

NEW!

Broadway Musicals: Wicked

Monday, Nov. 18, 2 to 3:30 p.m.,
1 session, \$20

Enrich your experience of the FSCJ Artist Series performance at the Times-Union Center for the Performing Arts or look at that interpretation of the Wizard of Oz through a new lens. Learn the untold stories of two of the least known and most misunderstood characters, Elphaba, the wicked witch of the west, and Glinda, the good witch. Explore the stories behind the coveted red shoes, Dorothy's friends from the Land of Oz and an unlikely friendship behind two pivotal women of Oz. You are forewarned

that spoilers may be unavoidable! Your instructor curates video and audio clips to enhance your learning. Bring your interest in the genre to this lecture and discussion class.

Instructor: Nancy Sticht, p. 40

I Feel the Earth Move Under My Feet: Plate Tectonics at Work

Tuesday, Sept. 24, 10 to 11:30 a.m.
1 session, \$20

Continental drift theory was introduced as a concept in 1912 but not widely accepted until the 1960s when significant geophysical evidence was amassed. Gather to learn of daily activity and the amazing results that are routinely observed. Major changes continue to occur. Hear expert projections of the final result. Course content is presented free of jargon, using graphics and animations designed for clarity and comprehension.

Instructor: Bob Schiffner, p. 39

Westminster St. Augustine

235 Towerview Rd., St. Augustine, FL (World Golf Village)

Introduction to Bonsai

Tuesdays, Oct. 1 – 15, 1 to 2:30 p.m.
3 sessions, \$35

Bonsai is an ancient Asian art. The name means "tree in a pot" in both the Chinese and Japanese languages. Originally developed in China 2,000 years ago, the sublime art of bonsai is practiced throughout the world today. Bonsai are appreciated for their shape, harmony, proportion and scale. Are you looking for a meditative activity? Learn the art of styling and shaping a bonsai tree as well as pruning and wiring branches in this lecture and demonstration workshop for beginners. Container gardeners, expand your horticultural repertoire. Your instructor shares information about local sources for inexpensive materials and fitting a tree into a tiny pot.

Instructor: Joseph Stumpf, p. 40

1941: The Year Germany Lost the War

Monday, Oct. 28, 10:15 to 11:45 a.m.
1 session, \$20

Enhance your understanding of why that year is decisive in world history. Examine Hitler's miscalculations and their role in galvanizing Prime Minister Winston Churchill, President Franklin Delano Roosevelt and Soviet dictator Joseph Stalin to form the powerful alliance that defeated Nazi Germany. Understand the major characters, their motivations and actions. Consider that pivotal year's enduring impacts and their repercussions.

Recommended: Instructor's book, "The Year Germany Lost the War: 1941," available for purchase in class
Instructor: Andrew Nagorski, p. 38

Doctors of the Game®: A History of the Golf Profession

Tuesdays, Sept. 3–17, 10:15 to 11:45 p.m.
3 sessions, \$35

Enrich your knowledge. Examine three distinct eras of golf from the Scottish evolution (1457 to 1890) and an American transformation (1890 to 1915) to the game in a changing world (1916 to the present). Consider the artisans who designed and produced clubs and balls and how those tools impact performance. Learn about the founding of the caddie position and the game's first rules. Understand how the game survived the socio-economic challenges of two world wars, the Great Depression and discrimination. Discover Florida's influence on the game through the creation of grand golf resorts. Historic images complement your instructor's presentation about the development of what is now a popular worldwide sport.

Recommended: Instructor's "Doctors of the Game®" available at www.doctorsofthegame.com

Instructor: Billy Dettlaff, p. 33



Fleet Landing

1 Fleet Landing Blvd.
Atlantic Beach, FL (at Mayport Rd.)

NEW!

How Did Railroads Transform America?

Wednesday, Oct. 23, 1:30 to 3 p.m.
1 session, \$20

Horses built our nation's early cities. Railroads tied them together, promoted economic expansion and stimulated population growth. Chart the advance of railroads and their varied, cascading impacts. Begin with Lewis and Clark's early 19th century explorations of the West. Examine the technology's beginnings in 1830s Baltimore. Consider the first transcontinental railroad in 1869. Understand the dominance of railroad securities on the U.S. stock market by 1880. Bring your curiosity or interest in history, trains, railroads and the interdisciplinary analyses to this lecture and discussion course.

Instructor: Neil McGuinness, p. 37

Tai Chi: What's It All About?

Tuesdays, Nov. 12–19, 11:30 a.m. to 1 p.m.
2 sessions, \$30

Explore an ancient tradition that is now practiced as a graceful form of exercise. Learn its history, origins and

development. Consider how it might help you as you age. This lecture and discussion class includes your active participation in tai chi movements that may be difficult or even painful for people with certain pre-existing conditions. Consult with your doctor, and do not enroll if you are uncertain about your ability to participate.

Required: Dress comfortably

Instructor: Sue Lamb Myers, p. 38

UPDATED!

Live Consciously by Exploring Death: A Death Doula's Guide

Mondays, Sept. 30–Oct. 14
11 a.m. to 12:30 p.m., 3 sessions, \$35

You know that the death rate is 100 percent. But have you envisioned your own death? Explore the possibility of living your life more consciously with joy and peace of mind. Gather to explore what constitutes a good death. Prepare for the impact of the so-called silver tsunami. Learn how an end of life doula can assist in the death and dying processes. With your permission, your confidential submission of a concern or fear is anonymously woven into class discussion.

Instructor: Nada Frazier, p. 33

JOIN FELLOW OLLI EXPLORERS AS WE EXPERIENCE:

NEW ORLEANS

JAZZ, JAMBALAYA AND JOIE DE VIVRE

Visit the New Orleans of your imagination.

Discover the Big Easy's rich history and dynamic culture. Hear the sound of Jazz at a renowned Bourbon Street club. Savor a nearly miraculous bowl of gumbo. Explore a charming Garden District mansion. Understand what it means when residents say "It's a New Orleans thing." Join us for an unforgettable learning immersion experience in the Crescent City as you get to know the city's intriguing side – one that few outsiders know. Discover the literary landmarks of Tennessee Williams. Tour the National World War II Museum. Acquire secrets of creole cooking from a local chef and much more. Enjoy a wine, cheese and a performance by renowned clarinetist Tim Laughlin at the French Quarter home of one of OLLI at UNF's founders.

Excursions take you to the city's significant sites where its people and traditions come to life. A local architect narrates your walking tour of the aptly named Garden District, one of the loveliest neighborhoods in the country. Consider the experiences of service members of the Greatest Generation through military uniforms, medals, vehicles, diaries, letters, photograph and art among other mementos. Screen "Beyond All Boundaries," narrated by Tom Hanks. Take a deep dive into the lives and works of William Faulkner, Tennessee Williams and John Kennedy Toole along with other notable authors. Use your limited free time to visit venues not on your itinerary.

When: Jan. 19 to Jan 24, 2020

Price: \$1,449 (pp double occupancy)
\$2,309 (pp single occupancy)

What's included:

- 5 nights at the Hotel Monteleone, a historic landmark built in the Beaux Arts style with an eclectic flair
- 10 meals (4 breakfasts, 1 brunch, 2 lunches, 3 dinners)
- 3 expert lectures
- 3 field trips
- 4 performances
- An experienced group leader accompanies throughout the program
- Modest gratuities, taxes and destination fees
- Group travel and transfers throughout the program
- The Road Scholar Assurance Plan, including 24-hour assistance for medical and other emergencies

Exclusions:

- Travel to/from venue hotel
- Optional trip protection (you cancel or experience delays)

Activity level:

Keep the Pace! You're energetic and enjoy a good physical challenge. You like spending the day on the move. You're able to stand and walk on city streets including cobblestones. You have the mobility, stamina and agility to embark and disembark the bus.



Most programs take place at the University of North Florida Adam W. Herbert University Center 12000 Alumni Drive, Jacksonville, FL.

See program description for date, time and location.

UNF COURSES

MONDAYS

Social Security Checklist

Sept. 9, 9:30 to 10:30 a.m.
1 session, \$20

Are you age 55 or better? Are you looking forward to life after retirement? Start planning now. Maximize your understanding of social security, its association with Medicare and factors that impact your benefits. Instructor provides an overview, answers your questions and directs you to helpful resources.

Instructor: Rory Gregg, p. 25

NEW!

Boost Your Bridge: Simple Conventions and Play of the Hand

Sept. 9 – Oct. 21, 10 a.m. to noon
(No class Sept. 30) 6 sessions, \$60

Accelerate your game! Review No Trump bidding and bidding over an opponent's No Trump. Determine whether it's a takeout double or a negative double. Declare play of card combinations. Each session begins with a brief lecture and time for questions and answers. Use pre-dealt hands and coded cards in your card play. Classroom tools include bidding boxes. If you're confident you have a good general understanding of bidding and play, you're ready for this fast-paced course.

Required: Advance reading from handouts

Recommended: "Play of the Hand" by American Contract Bridge League (available new and used)

Instructor: John Reeve, p. 39

NEW!

Cut and Stick It: Make Three Collages

Sept. 9 – 23, 11:30 a.m. to 1 p.m.
3 sessions, \$35

Unleash your creativity and personal expression. Gain or enhance composition and design skills. Learn or perfect basic cutting and gluing techniques. Begin each session with a brief art history lesson that connects to your hands-on activity. Your instructor demonstrates before you begin studio time. All levels from beginner to advanced are welcome.

Required: Common supplies (e.g. pencil, scissors, glue stick ruler) from instructor's list

Optional: Instructor supplies collage papers but you may bring your own.

Instructor: Chris B. Fulmer, p. 34

NEW!

Make Unique Pillow Covers: Holiday Edition

Sept. 16 – 30, 9:30 to 11 a.m.
3 sessions, \$35

Create unique holiday-themed removable pillow covers to give as gifts or use at home. Your instructor shares expertise, samples and inspirational materials. Consider repurposing items from home to use in this make-and-take class. The only requirement is your interest in being creative. Sewing experience is a plus but not required.

Note: Do not purchase pillow forms or materials prior to the first class.

Required: \$10 payable to instructor for supplies

Recommended: Paper and pencil, fabric scissors and straight pins if you have them

Instructor: Liz Leuthold, p. 36

NEW!

The Merchant of Death is Dead: Alfred Nobel's Story

Sept. 16, 1:30 to 3 p.m.
1 session, \$20

The inventor of dynamite rose from his bed one morning in 1888 to read that "Dr. Alfred Nobel, who became rich by finding ways to kill more people faster than ever before, died yesterday." Learn how that



cutting rebuke inspired the inventor to create a legacy which, in turn, changed the world.

Recommended: Instructor's book available in class

Instructor: Scott Grant, p. 34

UPDATED!

Apple Mac for Beginners and New Users

Sept. 23 – Oct. 14, 9:30 to 11 a.m.
4 sessions, \$40

Are you a new or less experienced Mac user? This course is for you. Learn about settings, preferences and password management. Use Launchpad to open your apps, Finder to organize and navigate files and folders, and Continuity to synch your Mac to your iPhone or iPad. Explore mail, calendar and messages. Surf the web using the Safari browser. Class includes brief overviews of Pages and Numbers (built-in alternatives to Word and Excel), Photos and iMovie. All new or beginning users of iMac, MacBook Air, MacBook, MacBook Pro or Mac Mini are welcome. No previous Mac experience is required.

Recommended: Laptop users bring their MacBooks

Instructor: Peter Lomonte, p. 36

NEW!

Ronald Reagan and American Conservatism

Sept. 23 – Oct. 21, 9:30 to 11 a.m.
5 sessions, \$45

Accelerate your understanding of Reagan's life and times. Explore his shift from a Franklin D. Roosevelt Democrat to the leading conservative voice of the Republican Party. Chart Reagan's course from Hollywood leading man to union leader to political notable as California's governor and U.S. President. Examine his role in the culture wars of the 1980s and their weakening of American institutions. Assess Reagan's legacies and his



**I FEEL THE GREATEST
REWARD FOR DOING IS THE
OPPORTUNITY TO DO MORE.**

– Jonas Salk

evolution into a metaphor. Bring your interest in understanding the 1980s, American history, the presidency and cultural influences to this lecture and discussion program. Your instructor recommends a book, provides articles and speeches that frame class dialogue.

Instructor: Joe O'Shields, p. 38

The War of the Roses

Sept. 23 – Oct. 7, 9:30 to 11 a.m.
3 sessions, \$35

Connect with stories of mystery, intrigue, sex, murder and treachery through the dynastic wars fought between the Plantagenets from the houses of Lancaster and York. Learn which king had the most mistresses and which was executed in a barrel of his favorite wine. Which royal corpse was exhibited as a tourist attraction for 300 years? Which king lost his throne due to his father's bigamy? Which king tossed the contents of a chamber pot on his brother? Sometimes the truth is more interesting than fiction.

Instructor: Harry Yoffee, p. 41

UPDATED!

Master the Masters: Adventures of a Symphonic Detective

Sept. 30 – Dec. 16, 1:30 to 3 p.m.
(No class Nov. 11) 4 sessions, \$25

Dates vary according to the Jacksonville Symphony Masterworks schedule.

A collaboration with Beaches Residents Actively Supporting the Symphony (BRASS) and the Jacksonville Symphony (JSym).

Maximize your enjoyment of the JSym's 2019-20 season of the Florida Blue Masterworks Series of concerts. Each Monday prior to the weekend concert, you put the performance under a microscope. Begin with analyses of the programmed works. Focus on the composers and their compositions. Each class concludes with a cameo appearance by a guest musician who plays for you and answers your questions. Bring the music to life in this lively, highly interactive class.

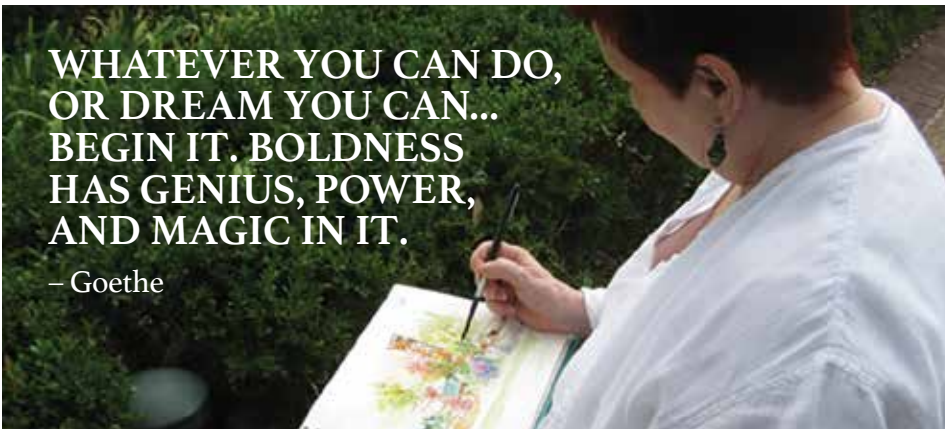
Sept. 30: Beethoven's Pastoral Symphony

Oct. 21: Brahms Piano Concerto No. 2

Tues., Nov. 12: Ehnes Plays Elgar

Dec. 16: Symphonic Dances

Instructor: Lynne Radcliffe, p. 38



NEW: ED-VENTURE

Behind the Scenes at the Jacksonville Zoo and Gardens: African Plains Tour

Oct. 7, 1 to 3 p.m. (Excludes lunch)
1 session, \$50

Location: 370 Zoo Parkway, Jacksonville
Start with a Dutch-treat lunch at the zoo's Palm Plaza Café before meeting up with a staff member who provides insights about the zoo's history and operations. Then an expert zookeeper tours you through areas not open to the general public. Get up close and personal with the animals. Encounter elephants, rhinoceroses, zebras, warhogs, cheetahs, okapi and others. Visit their night dens. Hear about their habits, care and feeding. Journey out of the Africa area for a sneak peek at the state of the art jaguar holding facility. Cameras welcome. Venue is not handicap accessible. Transportation is on your own.

Required: Mobility and agility to walk for one mile over uneven terrain including railroad tracks and stand for one hour, closed-toe footwear

Coordinators: Christine Doyle, p. 33 and Bob Kastner, p. 35

UPDATED!

Common Health Problems in People Over 50

Oct. 14, 9:30 to 11 a.m.
1 session, \$20

The activist Betty Friedan asserted that "aging is not lost youth but a new stage of opportunity and strength." Understand what you can do to address the most common health problems that arise beginning in middle age. Learn how to recognize pneumonia, sinusitis, urinary tract infections, diverticulitis, hypertension and depression. Hear about the best treatments. Bring your interest in health and questions to this lecture and discussion program. Your instructor provides concise notes on topics covered.

Instructor: Joseph T. Stepp, p. 40

NEW!

En Plein Air: Draw and Paint Watercolors Outdoors

Oct. 7 – Nov. 25, 9:30 a.m. to noon
8 sessions, \$85 (Fee includes UNF parking passes for on-campus venues)

Location: Various, to be announced

Learn how working in natural light enhances a sense of immediacy for landscape subjects. Pick your themes as you explore the area's beautiful surroundings. All levels from novice to expert are welcome to this open studio course that includes some demonstration and basic instruction. Please note that weather conditions may impact class schedule.

Required: Materials from instructor-supplied list, dress for the weather

Instructor: Elaine Bergstrom, p. 32

NEW!

If It's Monday, It Must Be Shakespeare and Friends

Oct. 7 – Nov. 25, 9:30 to 11 a.m.
7 sessions, \$55

Bring your interest in theater and the Elizabethan Age to this highly interactive class. Your instructor introduces the plays. You take parts and read. This term your selections are the iconic plays "Hamlet," "Othello" and Christopher Marlowe's "Doctor Faustus".

Required: Student-supplied copies of the plays

Instructor: Richard Eason, p. 33

NEW!

Behavioral Economics

Oct. 7 – Nov. 4, 11:30 a.m. to 1 p.m.
(No class Oct. 21) 4 sessions, \$40

Classical economics assumes that individuals and institutions make rational decisions. Behavioral economics examines the psychological, cognitive, emotional, cultural and social aspects and how they impact choices. Accelerate your understanding of the field. Examine Nobel Prizes awarded in that field in 2001, 2002, 2013 and 2017.

Instructor: Alan Gleit, p. 34

NEW!

The Pencil as an Art Tool

Oct. 7, 11:30 a.m. to 1 p.m.
1 session, \$20

Learn about and experience a variety of drawing tools including graphite pencils, silverpoint, conté crayon and charcoal among others. Discover how they came into existence and which artists used them. Begin with a brief illustrated art historical overview. Then try drawing implements from your instructor's personal collection. This class is for you if you are a beginner or have an intermediate level of knowledge and experience.

Required: Drawing paper or sketchbook

Instructor: Chris B. Fulmer, p. 34

UPDATED!

Hands On: Close-Up and Macro Photography

Oct. 14 – 28, 11:30 a.m. to 1 p.m.
3 sessions, \$35

Discover a unique view of the tiny world around you. Learn basics including equipment selection and production techniques that deliver the best results. This course is a great overview for beginners and a good refresher with plenty of tips for more experienced photographers. Experiment during a special indoor studio session with plenty of interesting props and subjects.

Required: Digital camera and tripod, \$5 payable to the instructor for props

Instructor: Gary Whiting, p. 41

Understanding China and the Chinese Culture

Oct. 14 – Nov. 4, 11:30 a.m. to 1 p.m.
4 sessions, \$40

Accelerate your understanding of an emerging world power that is also the world's most populous culture. Focus on understanding the people, their perspectives and their historical contexts. Your instructor provides a Boomer's perspective. Your curiosity is all that's required to participate.

Instructor: Raymond Wong, p. 41

NEW!

Creative Vision for Photographers

Oct. 14 – 28, 1:30 to 3 p.m.
3 sessions, \$35

Are you stuck in a photography rut? Rekindle your imagination. Get the inspiration you need to look at your subjects with fresh eyes. Learn new ways to unleash your camera's power. An experienced landscape and wildlife photographer shares his processes for creating more satisfying experiences behind the lens to capture more powerful

images. Discover techniques to practice in the classroom and put them to work in a hands-on field trip. Transportation is on your own. Class culminates with a review of your work with fellow OLLI members in a friendly, helpful environment. Your questions and participation in discussion are welcome.

Required: Bring digital camera and manual to class, mobility and stamina for moderate walking on field trip

Recommended: Completion of a beginning photography class

Instructor: Gary Whiting, p. 41

NEW: ED-VENTURE

Discover Mussallem Gallery

Oct. 21, 11:30 a.m. to 1:30 p.m. (Time includes lunch)

1 session, \$40 (Fee includes box lunch)

Location: 5801 Philips Highway, Jacksonville

Visit one of Jacksonville's best kept secrets. Since 1897 Mussallem Gallery has been a leader in the Oriental rug industry and a prominent importer as well as a source for European paintings. The firm now handles furniture, antiques and antiquities, objets d'art and estate jewelry as well as Asian, American and contemporary art. The 90,000 square foot showroom is an impressive feast for your eyes. Your host is James Mussallem who represents the five generations of family purveyors. Enjoy a box lunch as you learn about the family, the gallery and what you'll see on your tour. Transportation is on your own.

Required: Ability to climb some stairs

Coordinators: Bob and Cynthia Kastner, p. 35

1941: The Year Germany Lost the War

Oct. 21, 1:30 to 3 p.m.
1 session, \$20

Enhance your understanding of why that year is decisive in world history. Examine Hitler's miscalculations and their role in galvanizing Prime Minister Winston Churchill, President Franklin Delano Roosevelt and Soviet dictator Joseph Stalin to form the powerful alliance that defeated Nazi Germany. Understand the major characters, their motivations and actions. Consider that pivotal year's enduring impacts and their repercussions.

Recommended: Instructor's book, "The Year Germany Lost the War: 1941," available for purchase in class

Instructor: Andrew Nagorski , p. 38

NEW!

How Do You Get to Carnegie Hall?

Nov. 4, 1:30 to 3 p.m.
1 session, \$20

You know the old joke. The answer is practice, practice, practice! Join a fellow OLLI member who spent seven years as a docent providing tours to visitors from all over the world. Learn some history, collect a few anecdotes and hear about some of the artists who performed there. When your instructor was a young pianist she aspired – as all musicians do – to play in that storied venue. She's delighted to share her experience in the greatest concert hall in the world with her OLLI friends. Class format encompasses lecture, discussion and visuals.

Instructor: Sheila Weinstein, p. 41



OLLI annual membership is still only \$50. See page 39 to join!

NEW!

Antiviral Drugs: Discovery and Development

Nov. 18 and 25, 11:30 a.m. to 1 p.m.
2 sessions, \$30

How are antiviral drugs discovered and developed? The co-inventor of Retrovir®, the first drug approved for the treatment of HIV infection, is your expert guide through the process. He also provides an overview of the history of antivirals and other key discoveries. Your curious mind and high school biology are all that's required for this lecture and discussion class.

Instructor: Phillip Furman, p. 34

UPDATED!

CRISPR and the Gene Editing Controversy

Dec. 2 – 16, 11:30 a.m. to 1 p.m.
3 sessions, \$35

Understand the gene editing technology known as CRISPR and its controversial applications. It has the potential to treat genetic diseases, cancer and HIV as well as eliminate pests and design babies. While it is the cheapest, simplest and most effective way to manipulate DNA, it also poses significant ethical challenges in a global society. How should the technology be used and controlled? Expect an explanation of gene editing basics and overview of the aspirations and potential dangers of a technology featured in recent and current media reports. Bring your curiosity, concern or both to this lecture and discussion class.

Instructor: Bryan McKersie, p. 37

NEW!

Laugh Your Way to Good Health

Dec. 9, 9:30 to 11 a.m.
1 session, \$20

Stress is unavoidable. Laughter is the best medicine! Gather to learn what laughter yoga and exercise are and are not. Gain insights about health benefits. Bring your willingness to participate, laugh and be a bit silly to this lecture class.

Requirement: Health and strength to endure up to five minutes of cardio exercise

Instructor: Janine DaPaah, p. 33

TUESDAYS

Current Events

Sept. 3 – Dec. 17, 9:30 to 11:30 a.m.
16 sessions, \$130

Discuss significant news events of the day. Gain an appreciation of diverse opinions on each topic. Your active participation is essential. Bring at least one article each week to present as a potential topic. Your facilitator assists by keeping the discussion on track and open to all.

Facilitator: Jay Melesky, p. 37

UPDATED!

Understand the Construction of Racial Inequity in the U.S.

Sept. 3 – Oct. 22, 11:30 a.m. to 1 p.m.
8 sessions, \$60

You take for granted that in daily life you are connected to other people. Reflect on inequities and the factors that unite as well as those that divide. How and why are some disadvantaged and others privileged? Examine underlying issues caused by institutional racism, cultural differences and ineffective communication. Tackle the biases that limit your life. Consider how socialization

defines self and your relationship to the world. Instructor frames the issues with a historical overview of social and racial inequities in the U.S. Your active engagement through discussion and outside reading, as well as small and large group exercises, ensures each session is meaningful and impactful.

Recommended: “When Affirmative Action Was White” by Ira Katznelson, “White By Law: The Legal Construction of Race” by Ian Haney Lopez, “The Color of Wealth: The Story Behind the U.S. Wealth Divide” by Lui, Meizhu, et al., “A People’s History of The United States 1492 – Present” by Howard Zinn

Facilitator: Annie Rodriguez, p. 39

50 Years of Jacksonville History: Journalism, Media and Politics

Sept. 10 – Oct. 1, 9:30 to 11 a.m.
4 sessions, \$40

Achieve greater understanding of our community, its media and its politics. Your instructor has reported and commented on and participated in Jacksonville public affairs for nearly 50 years. Anticipate lively discussions focusing on the media and politicians. This lecture and discussion program is complemented by videos.

Instructor: Harry Reagan, p. 38

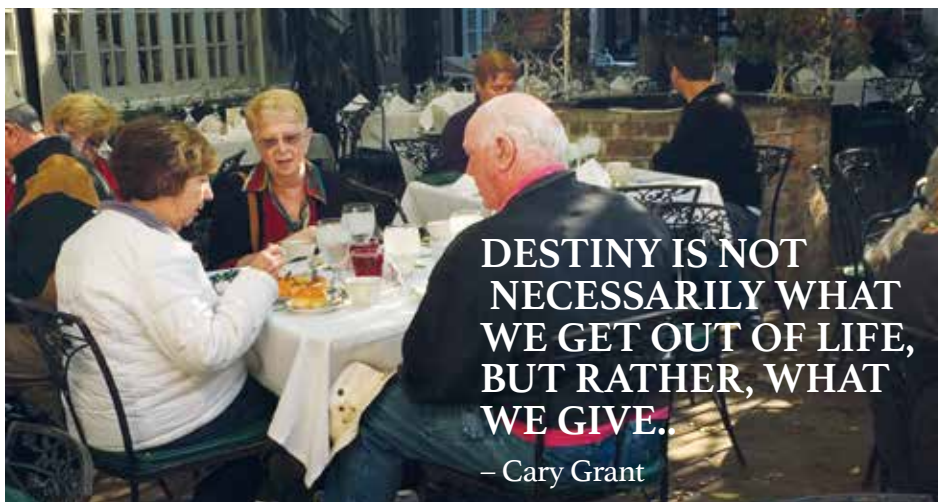
UPDATED!

Medicare Made Clear

Sept. 10 and 17, 9:30 to 11 a.m.
2 sessions, \$30

Learn when and how to sign up for Medicare. Understand what it does and does not cover. Distinguish part A for hospitals from part B for doctors and Advantage plan C from a supplement. Explore differences between Medicare Supplement and Medicare Advantage plans, as well as Medicare approved prescription drug plans. Navigate Medicare’s website.

Instructor: Karen Ansell, p. 31



**DESTINY IS NOT
NECESSARILY WHAT
WE GET OUT OF LIFE,
BUT RATHER, WHAT
WE GIVE.**

– Cary Grant

Remember Who You Are

Sept. 10 – Oct. 1, 9:30 to 11 a.m.
4 sessions, \$40

Celebrate your fascinating life as well as the personal and family histories that define you. Embark on a journey of self-discovery or begin writing your autobiography as a legacy. Write topical essays and share them in a supportive atmosphere of camaraderie. Your active mind, listening ear and ability to articulate your thoughts, memories and ideas through the written word are all that's required.

Instructor: Susan D. Brandenburg, p. 32

UPDATED!

Beginning Bridge I

Sept. 10 – Nov. 5, 10 a.m. to noon
(No class Oct. 15) 8 sessions, \$70

Learning to play the modern game of bridge is fun. Course follows the American Contract Bridge League's (ACBL) foundational curriculum of hand evaluation, bidding and card play. Absolute beginners are welcome in this highly interactive class. No prior bridge experience is required.

Required: Free, instructor-supplied ACBL book

Instructor: Faye Barkan, p. 31

UPDATED!

Beginning Spanish: Level I

Sept. 10 – Nov. 12, 11:30 a.m. to 1 p.m.
10 sessions, \$70

Excited about learning Spanish? Focus on beginning grammar and vocabulary. Apply your new skills in conversational situations. Learn expressions of courtesies, rules of pronunciation, giving descriptions (articles and nouns), expressing possession and using verbs.

Required: A notebook dedicated to the class, completion of assigned exercises between sessions, "Español Con Amigos: A Partner Approach to Learning Basic Conversational Spanish" by Melissa Janel O'Gara, ISBN 978-1535250825

Instructor: M.E. Shober, p. 39

UPDATED!

Partners Bridge I

Sept. 10 – Nov. 5, 12:30 to 2:30 p.m.
(No class Oct. 15) 8 sessions, \$70

Accelerate your game. Develop team communication. Focus on modern bidding, play and defense. Register with a partner or your instructor pairs you up. Your partner doesn't need to be an OLLI member for this class. Join the bridge fun!

Required: Beginning Bridge II or equivalent experience and free, instructor-supplied ACBL book

Instructor: Faye Barkan, p. 31

NEW!

Explore 19th Century Romanticism in Music: Part I

Sept. 10 – Oct. 15, 1:30 to 3:30 p.m.
6 sessions, \$50

Enrich your appreciation of music. Focus on works composed between 1825 and 1850 by Franz Schubert, Robert Schumann, Hector Berlioz, Frederic Chopin, Franz Liszt and Richard Wagner. Learn about related trends in art and literature. Bring your interest and curiosity to a course that blends lecture and discussion with carefully curated musical selections and performances. Instructor provides listening guides and other resources that enhance your learning.

Instructor: Richard Bobo, p. 32

UPDATED!

Meet Your OLLI's Authors

Sept. 10, Oct. 8, Nov. 12 and Dec. 10,
1:30 to 3 p.m. 4 sessions, \$40

Enhance your understanding of how and why people become authors. Each month read at least one book by an OLLI member. Expect a diverse range of topics and genres. Each session begins with a book discussion followed by conversation with the author. Learn how each approaches the craft of writing, garnering book ideas, undertaking research and addressing obstacles. Your questions and perspectives are welcome in this facilitated seminar. This term's featured authors are Nancy Blanton, Dorothy Fletcher, Robert Gold and Roger Smith. Content is new each time the class is offered.

Required: Acquire and read each month's book

Coordinator: Edward Mickolus, p. 37

UPDATED!

Introduction to Spanish: Level I

Sept. 10 – Nov. 12, 1:30 to 3 p.m.
10 sessions, \$70

Begin your journey in Spanish with basic vocabulary as a cornerstone to develop your conversational skills. Learn basic concepts including the days of the week and the months. Apply your new aptitude by forming sentences, engaging in conversation and reciting out loud. This highly participatory class is for true beginners, those with limited exposure to the language and those interested in refreshing their beginner proficiency.

Required: “Learn Spanish: How To Learn Spanish Fast in Just 168 Hours (7 Days)” by The Blokehead and “Easy Spanish Phrase Book” by Pablo Garcia Loaeza, Ph.D.

Instructor: Ileana Velazquez, p. 40

NEW!

I Feel the Earth Move under My Feet: Plate Tectonics at Work

Sept. 17, 1:30 to 3:30 p.m.
1 session, \$20

Continental drift theory was introduced as a concept in 1912 but not widely accepted until the 1960s when significant geophysical evidence was amassed. Gather to learn of daily activity and the amazing results that are routinely observed. Major changes continue to occur. Hear expert projections of the final result. Course content is presented free of jargon, using graphics and animations designed for clarity and comprehension. Question and discussion are encouraged to make your learning experience an enjoyable one.

Instructor: Bob Schiffner, p. 39

NEW!

Golf in Florida: A History

Sept. 24, 9:30 to 11 a.m.
1 session, \$20

Discover the remarkable history of golf in Florida. Begin by examining the earliest rounds. Chart the development of the new game in America and its impact on the resort industry from the 1890s to the present. If you’re a golfer, a fan of the game or a history buff, you’ll learn something new in this lavishly illustrated lecture and discussion program.

Instructor: Billy Dettlaff, p. 33

NEW: ED-VENTURE

Behind the Scenes at TPC Sawgrass

Sept. 24, 10 a.m. to 12:30 p.m.
1 session, \$30

Location: 110 Championship Way, Ponte Vedra Beach

Tour one of the top ranked golf resorts, home of The Players. Pete Dye, acclaimed golf course architect, designed both the stadium course, home of The Players Championship, and the valley course. Learn about the history of the championship, the commissioner’s 1978 acquisition of property for one dollar and the transformation of 416 acres of swampland into a uniquely challenging sporting ground. Storytelling docents bring the 77,000 square foot, \$32 million dollar clubhouse to life. Visit the three holes including the 17th famed island green. Venue is accessible. Debrief over an on-site, Dutch-treat lunch. Transportation is on your own.

Required: Mobility and stamina to walk on flat surfaces or use a ramp and elevator

Recommended: Casual attire including golf shirts, cameras encouraged

Coordinators: Madeline Jorgensen, p. 35 and Bob Kastner, p. 35

NEW!

William Bartram: Natural History Explorations in Northeast Florida

Oct. 1, 9:30 to 11 a.m.
1 session, \$20

Discover Bartram’s 1774 expedition in the Southeast colonies. Focus on the naturalist’s excursions along the St. Johns River throughout the East Florida Territory. Your instructor chronicles the wildlife, vegetation, soil, topography, water resources and native people Bartram encountered. Learn about his remarkable journal and its transformation into an imaginative 1791 literary classic. Bring your interest in the region’s history to this lecture and discussion program that includes an artifact display.

Recommended: Instructor’s “Saturiwa Conservation Area: Natural History and Ecological Guide” available for purchase in class for \$20

Instructor: Mike Adams, p. 31

NEW!

Improve Your iPhone Photos

Oct. 1 and 8, 11:30 a.m. to 1 p.m.
2 sessions, \$25

Calling novice and intermediate iPhone users! Unleash the power of your device regardless of model. Learn the basics of composition, exposure and focus. Expand your repertoire to include panoramas and night scenes. Discover hidden camera settings. First session addresses techniques. Instructor provides a series of practical exercises to improve yours between classes. Second session features review of your photos in a friendly, supportive atmosphere and using iPhone editing apps.

Required: iPhone or iPad with up-to-date iOS

Instructor: Nanette Poulos, p. 38

NEW!

Spycraft for Thriller Readers, Writers and Watchers

Oct. 1, 11:30 a.m. to 1 p.m.
1 session, \$20

Discover what intelligence officers do in real life. Gain a few insights about their skills and techniques. Learn to determine whether details in a book, movie or television show are accurate. Your instructor bases course content on his forthcoming book. Bring your curiosity to this lecture and discussion class.

Instructor: Edward Mickolus, p. 37

NEW!

Slim Down and Shape Up Your Writing

Oct. 1 – 15, 1:30 to 3 p.m.
3 sessions, \$35

Improve your prose. Learn to self-edit by identifying wordy or awkward construction. Discover how to avoid sinful syntax and garner tips to be more concise. Consider whether passive voice is ever acceptable. Determine whether verbs should ever smothered or modifiers ever allowed to dangle. Understand when adjectives and adverbs need to be stripped. Class format encompasses presentation and discussion. Apply tips to your writing samples. Receive helpful feedback from the instructor and classmates in a friendly, supportive environment.

Instructor: Cindy Forman, p. 33

NEW!

A Single Image: The Making of a Fine Art Photograph

Oct. 8, 9:30 to 11 a.m.
1 session, \$20

Learn what distinguishes fine art photography from other genres. Hear how one image inspired the development of a major art project that was presented on the international stage through an exhibition and a book. Bring your curiosity about the artistic process, interest in



landmark homes or contemporary art to this lecture and discussion class.

Recommended: Instructor's book "Historic Homes of Florida's First Coast"

Instructor: Mary Atwood, p. 31

NEW!

Current Events 3.0

Oct. 8 – Nov. 26, 10 a.m. to noon
8 sessions, \$60

Cultivate a greater understanding of your world. Select recent news items. Discuss issues that impact your community, country and world. Your instructor provides readings that frame discussion. Your active participation is essential.

Facilitator: Samuel Hart, p. 35

UPDATED!

The Civil War: Between the Battles

Oct. 15 – Dec. 17, 9:30 to 11 a.m.
10 sessions, \$70

The Civil War's 47 major battles were fought for 107 days. What happened in the 1,393 days between them? Focus on each side's political and military leaders and their respective personalities. Consider how their actions and decisions determined the war's course and its repercussions. Examine the stresses facing presidents Abraham Lincoln and Jefferson Davis

as a result of the exploits of political actors and nonmilitary adversaries who surrounded them. Instructor provides a chronological timeline for the period you study. Your interest in American history and government operations in times of national stress are all that's required for this lecture and discussion class. Wait for another class if you'd like to learn about the battles.

Instructor: Dennis Egan, p. 33

Wildlife Travel on Five Continents

Oct. 15 – Nov. 5, 9:30 to 11 a.m.
4 sessions, \$40

Gather to share your travel adventures, learn about special travel experiences or collect ideas for future trips. Your instructor conveys his knowledge of planning trips based on the wildlife and environments he wants to see. He reveals encounters in the Galapagos Islands as well as eastern and southern Africa. Hear tales of connecting with migrating polar bears, Alaskan brown bears, tigers, purring cheetahs and koalas through lavishly illustrated presentations. Your travel stories and perspectives are welcome.

Recommended: \$15 payable to the instructor for his book, "Searching for Predators"

Instructor: Sid Rosenberg, p. 39

NEW!

Rise and Fall of the Sioux Nation

Oct. 15, 11:30 a.m. to 1 p.m.
1 session, \$20

Accelerate your understanding and appreciation of those people and their cultures. Examine how immigration, the discovery of gold and the recession of 1864 led to the destruction of their ancient way of life. Consider the impact of the Bozeman Trail on Red Cloud. Hear the stories behind the battles of Fort Kearny, Little Big Horn and Wounded Knee.

Instructor: Bob Widergren, p. 41

NEW!

It's Never Too Late to Begin Again: Discovering Creativity and Meaning at Midlife and Beyond

Oct. 15 – Nov. 26, 1:30 to 3 p.m.
(No class Nov. 12)
6 sessions, \$50

Accelerate the rewards of your retirement. Use Julia Cameron's acclaimed interactive process to cultivate a rich, fulfilling second act. Explore your dreams, wishes and desires. Rekindle your sense of wonder, freedom, connection, purpose, authenticity and humility. Techniques include daily stream of consciousness writing called morning pages, memoir writing to reflect on and honor your past experiences, and solo expeditions to clear your mind as well as spark your imagination. Just bring your desire to make the most of this time in your life to a class conducted in friendly, supportive environment. No previous art or writing experience is required.

Required: "It's Never Too Late to Begin Again: Discovering Creativity and Meaning at Midlife and Beyond" by Julia Cameron, read a chapter per week, complete exercises between sessions

Facilitator: Sara B. May, p. 37

NEW!

Inner Ear: Disorders and Interventions

Oct. 15, 11:30 a.m. to 1 p.m.
1 session, \$20

"I can hear. I just can't understand." More than 37 million American adults have difficulty hearing. Take charge of the quality of your life. Rediscover what it means to hear. Learn about the side effects of hearing impairment including possible issues with balance. Bring your questions to this lecture and discussion class.

Instructor: Brooke Davidson, p. 33

NEW!

Understand the Flu: A Unique Viral Illness

Oct. 15 and 22, 1:30 to 3 p.m.
2 sessions, \$25

Learn about flu pandemics that changed history's course. Understand what causes the flu, how it spreads, where it comes from, how it morphs from year-to-year and possible treatments. Identify flu symptoms and complications as well as how the flu differs from a cold. Appreciate how and why prevention is important. Class format includes presentations and discussion as well as time for questions and answers.

Instructor: Diane Halstead, p. 35

NEW!

The Doolittle Raiders: The 80 Who Avenged Pearl Harbor

Oct. 22 and 29, 11:30 a.m. to 1 p.m.
2 sessions, \$30

Japan's Dec. 7, 1941 attack on Pearl Harbor delivered a devastating humiliation to the United States. The empire managed to strike 5,000 miles across the vast Pacific Ocean, destroy the U.S.'s most potent naval fleet and escape unscathed despite being an insignificant economy. In the ensuing months, the Allies suffered

defeat after defeat as the Japanese seized control of most of Asia. A shaken President Franklin Roosevelt urged the U.S. military to devise a plan to strike back. A corps of 80 heroic flyers led by Col. James H. Doolittle volunteered to risk their lives on a perilous mission. They charted an outlandish plan using unproven aviators and inadequate aircraft launched from the Navy's newest carrier. Your instructor introduces you to Lt. Col. James Doolittle, legendary aviator, and Lt. Col. Richard Cole, the Doolittle Raider who died earlier this year. Bring your interest in World War II or aviation history to hear stories of courage, ingenuity and audacity that resurrected America's winning spirit.

Recommended: "Thirty Seconds over Tokyo" by Captain Ted W. Lawson

Instructor: Ken Bording, p. 32

NEW!

Beginning French: Level I, Part C

Oct. 29 – Dec. 17, 9:30 to 11 a.m.
8 sessions, \$60

Continue building your foundational skills of speaking, listening, reading and writing. Grasp basic, everyday vocabulary and phrases in simple dialogs. Sing French songs and catch up on contemporary French culture. Class conducted largely in French to build your confidence and comfort with the language. Active participation in class, some outside study and completion of textbook exercises enhance your success.

Required: Beginning French: Level I, parts A (Fall 2018) and B (Winter 2019) or equivalent proficiency, "See It and Say It in French" by Margarita Madrigal and Colette Dulac, ISBN-13: 978-0451163479 and "Écho: Méthode de Français" (Nouvelle Version): Livre De L'élève + DVD-rom + Livre-web A1 2e Edition (French Edition) by J. Girardet, J. Pecheur, ISBN: 978-2090385885

Instructor: Anne-Marie Lainé, p. 36

Tai Chi: What's It All About?

Oct. 29 – Nov. 5, 9:30 to 11 a.m.
2 sessions, \$30

Explore an ancient tradition that is now practiced as a graceful form of exercise. Learn its history, origins and development. Consider how it might help you as you age. This lecture and discussion class includes your active participation in tai chi movements that may be difficult or even painful for people with certain pre-existing conditions. Consult with your doctor, and do not enroll if you are uncertain about your ability to participate.

Required: Dress comfortably

Instructor: Sue Lamb Myers, p. 38

NEW: ED-VENTURE

A Day at the Farm – Congaree and Penn

Oct. 29, 10 a.m. to 2 p.m.
(Time includes lunch) 1 session, \$55
(Fee includes lunch and honey tasting)
Location: 11830 Old Kings Rd,
Jacksonville

Meet at the Quonset hut to board the farm's tractor-pulled covered wagon. Michelle Maylon, Farm Tour Director, narrates operations including production. The area's only rice farm is also home to the largest Mayhaw orchard in the world. Mayhaw is a hawthorn berry that is commonly made into jelly and syrup. Learn about rice farming, milling and

Mayhaw tree grafting as well as future plans for olive trees and a vineyard. Apple and Mimi, miniature goats, introduce you to the chickens, guinea hens and pheasants on the farm. Get up close to pet them. Adjourn for lunch on the farm's porch and enjoy the beautiful view. Resume with a honey tasting hosted by Bee Friends Farm, one of North Florida's premier producers. Both farms offer products for sale so bring your credit card and a shopping bag. Transportation is on your own. Cameras welcome.

Required: Report food allergies when you enroll, dress for the weather, mobility and agility to walk on a variety of surfaces including uneven, sometimes muddy ground, ride in wagon over bumpy terrain

Coordinators: Laurel Conderman, p. 33
and Pamela Keramati, p. 36

NEW!

Intermediate French: Level I, Part C

Oct. 29 – Dec. 17, 11:30 a.m. to 1 p.m.
8 sessions, \$60

Enhance your French proficiency through practice of the foundational skills of speaking, listening, reading and writing. Read articles, listen to songs and catch up with French news. Discuss recipes and a variety of French speaking cultures. Class conducted largely in French to build your confidence and comfort with the language.

Active participation in class, some outside study and completion of textbook exercises enhance your success.

Required: Intermediate French: Level I, parts A (Fall 2018) and B (Winter 2019) or equivalent proficiency, "See It and Say It in French" by Margarita Madrigal and Colette Dulac, ISBN-13: 978-0451163471 and "Écho: Méthode de Français" (Nouvelle Version): Livre De L'élève + DVD-rom + Livre-web A1 2e Edition (French Edition) by J. Girardet and J. Pecheur, ISBN: 978-2090385885

Instructor: Anne-Marie Lainé, p. 36

Tai Chi for Your Aching Back

Oct. 29 – Nov. 5, noon to 1:30 p.m.
2 sessions, \$30

Experience improved health, balance and vitality. Learn a series of slow, gentle movements and exercises that help to release tension and stiffness as well as ease back pain. Course format includes lectures, discussion and active participation. Exercises and movements may be difficult or even painful for people with certain pre-existing conditions. Consult with your doctor and do not enroll if you are uncertain of your ability to participate.

Required: Wear comfortable clothing

Instructor: Sue Lamb Myers, p. 38



BLOOM WHERE YOU ARE PLANTED.

– Mother Jones Submitted by Keeble

NEW!

Advanced French: Level I, Part C

Oct. 29 – Dec. 17, 1:30 to 3 p.m.
8 sessions, \$60

Advance your language skills using authentic French materials. Learn to express your points of view in French. Examine and converse about current events. Discuss issues related to the French speaking world. Refresh or extend your proficiency with advanced grammar and conjugation as needed. Class conducted entirely in French to build your proficiency and confidence. Active participation in class, some outside study and reading enhance your success.

Required: Advanced French: Level I, parts A (Fall 2018) and B (Winter 2019) or equivalent proficiency, "Latitudes 2 Methode de français" A2/B1+CD Audio French edition by Regine Merieux, Emmanuel Laine and Yves Loiseau Didier, ISBN:978-2278062508

Instructor: Anne-Marie Lainé, p. 36

NEW!

Wired Up for Trees

Nov. 5 and 12, 9:30 to 11 a.m.
2 sessions, \$25

Learn to make Tree of Life ornaments using wires and gemstone beads. Instructor demonstrates basic techniques. You produce either a piece of jewelry or a sun catcher. Consider giving your creation as a holiday gift. Instructor provides all of the required tools and materials.

Required: \$10 payable to instructor for supplies

Instructor: Jana Song Bobo, p. 32

UPDATED!

Morality, Justice and Society: Exercises in Public Philosophy

Nov. 5 – Dec. 3, 10 a.m. to noon
5 sessions, \$45

Maximize your understanding of the variety of perspectives regarding justice and morality as well as their



relevance to your experience of the world today. Consider how others might be innately predisposed to having different perspectives. Examine scenarios – some hypothetical, some real – related to price gouging, affirmative action, buying and selling kidneys on the open market, natural disasters, torture and causing one death to save several lives. Course format encompasses presentations and moderated discussion focused on awareness and acceptance of differences in reasoning. If your mind is actively engaged in analyzing your world and wondering how to better it, this class is for you.

Instructor: Jelena Gill, p. 34

UPDATED!

Besties in the Garden: One Master Gardener's Favorite Plants

Nov. 5, 11:30 a.m. to 1 p.m.
1 session, \$20

Benefit from your instructor's 40 years of trial and error. Gain insights to grow healthy plants and avoid pitfalls that create unfavorable conditions. Discover your instructor's favorite plants to propagate and plant at the St. Johns County Agricultural Center. Bring your interest to this illustrated lecture and discussion class. Receive helpful handouts.

Instructor: Shirley Barber, p. 31

Florida's Most Defiant Suffragist: Mary Nolan of Jacksonville

Nov. 5 – 12, 11:30 a.m. to 1 p.m.
2 sessions, \$30

In 1917, petite, frail, physically impaired, 73-year-old women were not expected to defy either authority or social convention. Nolan did both when she picketed the White House and burned the president's speeches. She was arrested nine times and imprisoned twice in the fight for women's suffrage. Examine this Springfield neighborhood grandmother's protest, from picketing to arrests to imprisonment. Consider her writings and speeches on a woman's right to vote. Your perspectives and participation are welcome in this lecture and discussion course.

Instructor: Judith G. Poucher, p. 38

NEW!

Automobiles Today: Electronics, Computers and Safety

Nov. 5 and 12, 1:30 to 3 p.m.
2 sessions, \$25

Today's cars bear little resemblance to those of your youth. Learn about contemporary construction and technologies including advanced driver assisted systems. Take a sneak peek at future technologies. Understand how a vehicle reacts during a collision. Consider what to do after an accident and selecting a trusted repair facility.

Instructor: Michael Mattson, p. 37

NEW: ED-VENTURE

Escape Room Escapade

Nov. 12, 1:30 to 3 p.m.

1 session, \$50

Location: Mind Benders Escape Room, 1500 Beach Blvd., Jacksonville Beach

Are you a puzzle enthusiast, riddle lover or adrenaline junkie? Put your powers of observation, communication skills and knack for problem solving to work in a challenging and immersive interactive game. Collaborate with fellow OLLI members to beat the clock and claim victory by realizing the objective. Adjourn next door to debrief over a Dutch-treat beverage and snack at Engine Room 15 Brewing Company Brewpub. Transportation is on your own.

Coordinator: Christine Lewitzke, p. 36

NEW!

Broadway Musicals: Wicked

Nov. 19, 11:30 a.m. to 1 p.m.

1 session, \$20

Enrich your experience of the FSCJ Artist Series performance at the Times-Union Center for the Performing Arts or look at that interpretation of the Wizard of Oz through a new lens. Learn the untold stories of two of the least known and most misunderstood characters, Elphaba, the wicked witch of the west, and Glinda, the good witch. Explore the stories behind the coveted red shoes, Dorothy's friends from the Land of Oz and an unlikely friendship behind two pivotal women of Oz. You are forewarned that spoilers may be unavoidable! Your instructor curates video and audio clips to enhance your learning. Bring your interest in the genre to this lecture and discussion class.

Instructor: Nancy Sticht, p. 40

NEW!

The Cold War as History: Part II

Nov. 19 – Dec. 10, 11:30 a.m. to 1 p.m.

4 sessions, \$40

Accelerate your understanding of the Cold War, one of our generation's

defining events. Explore the period from the 1960s to the fall of the Soviet Union. Focus on the Cuban missile crisis, the Vietnam War, mutual assured destruction, and the fall of the Berlin wall. Your questions and perspectives are welcome. Instructor provides helpful readings to enhance your understanding.

Recommended: The Cold War as History in a previous term

Instructor: Joseph L. Warner, p. 41

Quarantined from the World: Jacksonville's Yellow Fever Epidemic

Nov. 19, 11:30 a.m. to 1 p.m.

1 session, \$20

Thirteen years before the Great Fire of 1901, Jacksonville lost more than 400 citizens and spent \$500,000 fighting a different disaster: the yellow fever epidemic of 1888. Explore the causes and effects of the epidemic. Learn how both the heroic and the cowardly responded to the emergency. Your perspectives and participation are welcome in this lecture and discussion course.

Instructor: Judith G. Poucher, p. 38

UPDATED!

Appalachian Trail Through Hike at Age 56

Nov. 19, 1:30 to 3 p.m.

1 session, \$20

Hear one trekker's 2014 adventures on a 2,190 expedition requiring not only careful preparation but also physical and mental stamina. Learn about the logistics entailed with such an undertaking. Bring your interest in the outdoors to this lecture and discussion program that features a camping set up and photographs.

Instructor: Dawn Geer, p. 34

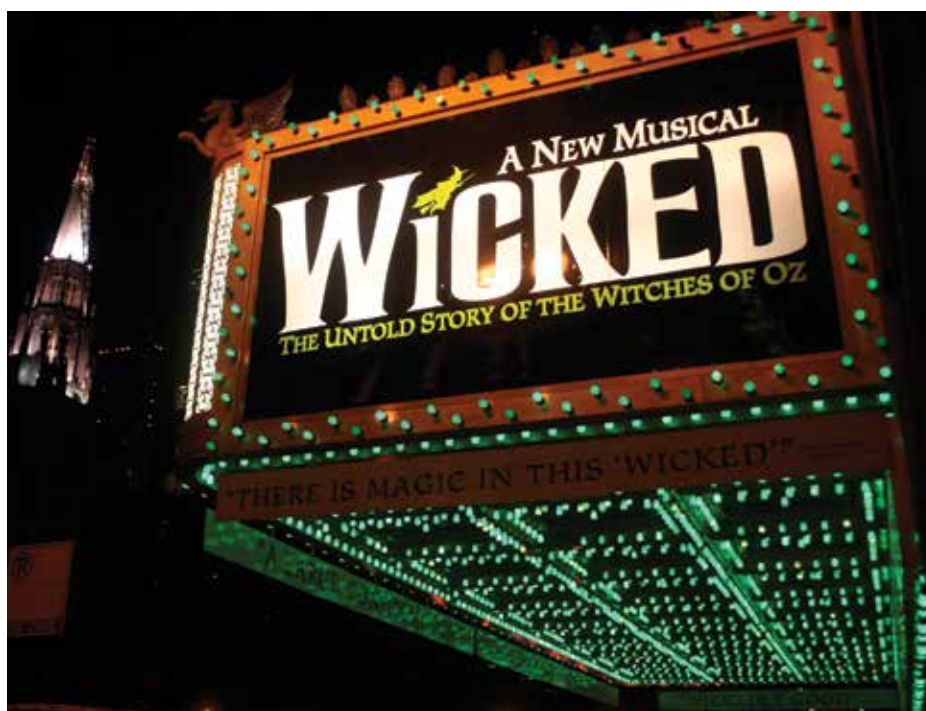
The Spy Novel in Historic Context

Nov. 19 – Dec. 10, 1:30 to 3 p.m.

4 sessions, \$40

Maximize your appreciation of that unique genre. Focus on fiction inspired by real-world situations. Trace that art form's evolution as it endeavors to mirror real intelligence wars. Your instructor's insider perspective adds vitality and dimension to your learning experience.

Instructor: Joseph L. Warner, p. 41



NEW!

Healthcare in the United States: A Review

Nov. 26 – Dec. 3, 9:30 to 11 a.m.
2 sessions, \$30

Begin with an overview. Compare the U.S. system to others in developed countries. Consider total and per capita costs, medical outcomes and citizen satisfaction. Discuss the advantages and disadvantages of systems in other countries. Learn about prominent plans for improvement or replacement currently under consideration. Bring your interest to this lecture and discussion class. Your instructor provides copies of his slides.

Instructor: Joseph Steinman, p. 40

NEW!

Footloose: Tips for Successful Solo Travel

Dec. 3 and 10, 11:30 a.m. to 1 p.m.
2 sessions, \$25

Learn to travel solo safely and love it. See the world confidently and without fear. Going solo doesn't mean going alone. Identify options for finding groups that suit you and can fulfill your travel dreams.

Understand how to avoid or reduce the dreaded single supplement. Consider what to do before you leave. Your presenters share their personal insights and experiences.

Instructors: Janan Bartell, p. 32 and Linda Ward, p. 40

NEW!

The Soundtrack of Your Life

Dec. 3 and 10, 1:30 to 3 p.m.
2 sessions, \$30

Why do the songs of your youth continue to be your favorite earworms? Your tastes have changed but the music of your teenage years returns you to your youthful passions. Explore them by revisiting the most popular songs created from 1940 to 1969. Learn about the stories behind the songs. Listen to recordings by original artists and meet the writers. Explore social changes that spurred the development of new musical directions. Sing along and play some music trivia. Your active participation is encouraged. If you had a radio or phonograph in your youth, this class is for you!

Instructor: Dan Kossoff, p. 36

WEDNESDAYS

Apple Users Group

Sept. 4, Oct. 2, Nov. 6, 11:30 a.m. to 1 p.m.
1 session (each), FREE

Boost your Apple technology skills. Guest speakers present tips about Apple products including iMac computers and laptops, iPhones, iPads and iWatches. Topics include software and hardware. Presentations followed by question-and-answer period. Dispense your valuable knowledge and experience, too, as this is a sharing group. Whether you're a current or prospective Apple user, all from beginner to advanced are welcome.

Facilitator: Carolyn Godwin, p. 34

UPDATED!

Quest for the Historical Jesus

Sept. 4 – 25, 11:30 a.m. to 1 p.m.
4 sessions, \$40

Evangelicals, atheists and everyone else is invited to examine scholarly efforts to uncover the life of Jesus, the person. Chart the progress of the Christian movement from the first century BCE to the fourth century CE. Consider the last century's archaeological and scientific research and discoveries. Examine the Dead Sea Scrolls, Gnostic Gospels and Bible to understand the religious, political and related influences on Jesus and his message. All questions and perspectives welcome as we promote civil discourse on this fascinating topic.

Instructor: Joel M. Reaser, p. 39

NEW!

Intermediate Spanish: Level IV

Sept. 11 – Nov. 27, 9:30 to 11 a.m.
12 sessions, \$80

Enhance your oral proficiency through practice. Grammar and vocabulary are important tools. Develop your listening,



speaking, reading and comprehension skills through individual work as well as collaborative activities in pairs and groups. Authentic Spanish language selections contribute to your vocabulary. Your participation is essential in this fun class, which is conducted in Spanish to build your confidence and comfort with the language.

Required: Intermediate Spanish III or equivalent proficiency, student purchase of “Español Con Amigos: A Partner Approach to Learning Intermediate Conversational Spanish” (volume 2) by Melissa J. O’Hara, ISBN 9781519180735

Instructor: Alice Hill, p. 35

NEW!

The Movies: Gender, Music and Special Effects

Sept. 18 – Nov. 6, 9:30 to 11 a.m.
8 sessions, \$60

Stereotypical characters, illusions, special effects and soundscapes captivate moviegoers and ignite their passions. You can readily identify the tough guy or scheming woman. Earthquakes, floods and alien invasions can produce a physiological response. Musical scores as well as their volume and intensity encourage emotional responses. Your instructor values film as an art form. You’ll screen thoughtfully curated film clips that illustrate his presentations. Your insights and perspectives are welcome. Your interest is all that’s required to participate.

Instructor: Kenneth McMillan, p. 37

UPDATED!

Islam: The Faith, the People and Their Politics

Sept. 18 – Nov. 13, 10 to 11:30 a.m.
(No class Oct. 2) 8 sessions, \$60

Maximize your understanding of the basic beliefs of Muslims. Learn about the historical events that shape the beliefs, practices and politics of Muslims worldwide. Appreciate the basic teachings and sociological dimensions of the

religion. Enhance your knowledge of the cultural diversity and varieties of practice found in the Islamic world. Assess the political complexities surrounding Islam and Muslims as they are reflected in the media. Read and interpret classical and modern Islamic texts. Class discussion is based on readings from the required text. Your instructor provides supplemental resources to extend your learning.

Required: “No god but God: The Origins, Evolution and Future of Islam” (updated edition) by Reza Aslan

Instructor: Parvez Ahmed, p. 31

Diplomacy’s Role: A U.S. Ambassador and the U.S. Embassy

Sept. 18 – Oct. 2, 11:30 a.m. to 1 p.m.
3 sessions, \$35

Ambassadors are accredited diplomats sent by a nation as its official representative to a foreign country. Wonder what U.S. ambassadors do? How they are selected? Or their role at the U.S. embassies abroad? A former ambassador provides insights. Deepen your understanding through the examination of several case studies including Chile’s return to democracy and Bolivia’s war on cocaine as well as Guatemala’s civil war and human rights challenges. Instructor-recommended readings enhance your learning.

Instructor: Marilyn McAfee, p. 37

NEW!

Never Not Knitting

Sept. 18 – Nov. 20, 1:30 to 3 p.m.
(No class Sept. 25, Oct. 9, Oct. 23 and Nov. 6)

6 sessions, \$50

Accelerate your knitting skills. Learn new techniques. Prior to the second session, select a project you plan to complete. Expect to practice at home. Instructor provides helpful coaching and problem solving tips. You’re ready for this class if you’re comfortable with basic techniques

of casting on and binding off as well knit and purl stitching.

Required: Student-supplied yarn, knitting needles

Recommended: Student-supplied stitch markers, row counter and scissors

Instructor: Karen Backilman, p. 31

NEW!

Thucydides’ Trap in the 21st Century: The United States and China – Strategic Miscalculation? Open and Hostile Conflict? Or Peaceful Competition?

Sept. 25 – Nov. 20, 1:30 to 3 p.m.
(No class Oct. 9) 8 sessions, \$60

Graham T. Allison, political scientist and professor Harvard’s John F. Kennedy School of Government, coined the phrase Thucydides’ Trap to refer to fear of going to war as a result of a rising power’s challenge to an established one. His phrase cites the 5th century BC Athenian historian and general’s observations of Sparta’s fear as a result of Athens’ conspicuous rise. Your instructor asserts that perhaps no bilateral, geopolitical or grand strategic relationship is more important to the international system than that of U.S.’s with the People’s Republic of China. Both have internal and external problems but both also enjoy favorable geographies populated by intelligent, industrious and committed populations. Are the U.S. and China on a collision course that will define a new global order or can they escape Thucydides’ Trap? Required texts and instructor-supplied resources frame lively discussions that lead to enhanced understanding of this timely topic. Bring your interest to a class that promises to exercise your brain.

Required: “Destined for War: Can America and China Escape Thucydides’s Trap?” By Graham Allison and “The Hundred-Year Marathon: China’s Secret Strategy to Replace America as the Global Superpower” by Michael Pillsbury

Instructor: John D. Frketic, p. 34

Medicare 101

Oct. 2, 9:30 to 11 a.m.
1 session, \$20

Increase your understanding of Medicare basics, including its history and what the alphabet of its parts (A, B, C and D) mean. Examine supplemental, advantage and prescription drug plans as well as other benefits and services. Access useful resources to inform your decision-making.

Instructor: Rory Gregg, p. 35

NEW!

The Aztecs and Mayans: A History

Oct. 2 – Nov. 6, 11:30 a.m. to 1 p.m.
6 sessions, \$50

Explore two of Mesoamerica’s most significant civilizations. Chart their rise and fall. Discover the magnificent cities they constructed. Appreciate their histories prior to Spanish conquest in the 16th century.

Instructor: Robert L. Gold, p. 34

Everything You Always Wanted to Know about the Middle East but Were Afraid to Ask

Oct. 9 – Nov. 6, 9:30 to 11 a.m.
5 sessions, \$45

Cultivate a greater understanding of that vital region. Your instructor is a retired Foreign Service officer who provides an overview including history, culture, religion, economy and U.S. involvement there. Your curiosity is the only pre-requisite. Your questions and perspectives are welcome in this lecture and discussion course.

Instructor: Richard Eason, p. 33

NEW!

Learn the Art of Persuasion

Oct. 9 – 23, 11:30 a.m. to 1 p.m.
3 sessions, \$35

Enhance your ability to influence individuals and groups in ways that are inclusive and respectful of others’ opinions. Discover techniques that encourage others to embrace your way of thinking. Focus on defining your initial position, assessing your audience, dramatizing your idea and delivering a cogent, effective pitch. Learn the theory of persuasion and practice the art. You’ll find this class useful if you’re involved in clubs or other organizations, an advocate for causes, or want to improve interactions with retailers, vendors, friends, family and neighbors.

Instructor: Ken Gillespie, p. 34

UPDATED!

The Dead Sea Scrolls: Secret Books of the Bible?

Oct. 2 – 30, 1:30 to 3 p.m.
5 sessions, \$45

Investigate the late 1940s discovery of the Dead Sea Scrolls as well as the events surrounding their acquisition and scholarly evaluation. Consider research about those texts. Learn about the archaeological excavation of the Qumran site and findings. Explore the implications for understanding the community that populated it. Evaluate the importance of the scrolls as they relate to the study of the Old Testament and the history of Judaism in the late Second Temple period (530 BCE to 70 CE). Expect to learn about the historical and religious setting of the Second Temple period including the Qumran movement in the context of the larger sectarian landscape of Judaism. Consider the varying interpretations of the Qumran sectarians. Examine the nature of scripture and the phenomena of para-biblical texts and rewritten scripture. Analyze major genres and works written by the Jewish sectarians at Qumran.

Engage with current Qumran scholarship in the areas of ideology, textual traditions or historiography.

Instructor: Glenn Kuhnel, p. 36

UPDATED!

The Oceans: Two-Thirds of Our World

Oct. 16 – Nov. 6, 9:30 to 11 a.m.
4 sessions, \$40

Explore a short history of the ocean. Consider key features including tides, waves, current and circulation. Learn how those features affect your life. Contemplate and discuss how to deal with hurricanes and how they affect your beaches. Course content is presented free of jargon, using graphics and animations designed for clarity and comprehension. Question and discussion are encouraged to make your learning experience an enjoyable one.

Instructor: Bob Schiffner, p. 39

UPDATED!

Philosophy through Thought Experiments, Puzzles and Paradoxes: Part I

Oct. 16 – Nov. 6, 11:30 a.m. to 1 p.m.
4 sessions, \$40

Explore philosophical questions using unique techniques. Probe why humans differ from robots and devices with artificial intelligence. Are thoughts and decisions simply biochemical processes or something more? Do you have free will or are you just a victim of fate? Learn to investigate these and other questions in unusual, provocative ways. Class format inspires lively, jargon-free discussion that leads to new insights. Your inquiring mind and curiosity about the world around you are the only prerequisites. Instructor provides supplemental resources to enhance your learning. You may leave class with more questions than answers. Part II, encompassing new content, will be offered in a future term.

Instructor: Richard Birdsall, p. 32



**YOU MAKE A LIVING BY
WHAT YOU GET, BUT YOU
MAKE A LIFE BY WHAT YOU GIVE.**

– Winston Churchill

bell from 1587 to 1702. Learn what archaeological and other evidence from Jacksonville mission sites San Juan del Puerto and Santa Cruz de Guadalquini reveal. Bring your interest in history, Florida or Native American culture to this lecture and discussion program offered by a member of UNF's faculty.

Instructor: Keith Ashley, p. 31

Chess for Beginners and Beyond

Nov. 13 – Dec. 18, 1:30 to 3 p.m.
6 sessions, \$50

Explore the basics of a game rooted in noble culture and once dubbed the King's Game. Discover key strategies to develop and enhance your game-playing skills. New students learn the game and returning students advance their skills! Gain or boost your knowledge in this highly interactive class.

Required: A chess set and "A Primer on Chess" by Jose R. Capablanca; students read first chapter prior to first class

Instructor: Michael Willner, p. 41

UPDATED!

Live Consciously by Exploring Death: A Death Doula's Guide

Oct. 30 – Nov. 13, 11:30 a.m. to 1 p.m.
3 sessions, \$35

You know that the death rate is 100 percent. But have you envisioned your own death? Explore the possibility of living your life more consciously with joy and peace of mind. Gather to explore what constitutes a good death. Prepare for the impact of the so-called silver tsunami. Learn how an end of life doula can assist in the death and dying processes. With your permission, your confidential submission of a concern or fear is anonymously woven into class discussion.

Instructor: Nada Frazier, p. 33

UPDATED!

All about Coffee

Nov. 6 and 13, 1:30 to 3:30 p.m.
2 sessions, \$35

Calling all fans of that delectable brewed drink! Learn about coffee, its history, origin story and spread worldwide. Hear about its journey from the farm to your store. Gain insights to prepare the optimal cup of coffee. Bring your curiosity and questions to this lecture and discussion class. Your expert guide worked as a plant engineer in New Orleans for a major brand.

Instructor: Jayant D. Sathe, p. 39

NEW!

How Did Railroads Transform America?

Nov. 13, 9:30 to 11 a.m.
1 session, \$20

Horses built our nation's early cities. Railroads tied them together, promoted economic expansion and stimulated population growth. Chart the advance of railroads and their varied, cascading impacts. Begin with Lewis and Clark's early 19th century explorations of the West. Examine the technology's beginnings in 1830s Baltimore. Consider the first transcontinental railroad in 1869. Understand the dominance of railroad securities on the U.S. stock market by 1880. Bring your curiosity or interest in history, trains, railroads and the interdisciplinary analyses to this lecture and discussion course.

Instructor: Neil McGuinness, p. 37

NEW!

Mocama Indians and Spanish Missions: Life Beneath the Bell

Nov. 13, 9:30 to 11 a.m.
1 session, \$20

Florida's Spanish Mission system was established earlier and persisted longer than those in California, New Mexico and Texas. Mocama-speaking Timucuas of Northeast Florida lived under the mission

NEW!

Philosophy of The Twilight Zone

Nov. 13 – Dec. 4, 11:30 a.m. to 1 p.m.
4 sessions, \$40

Rod Serling, the legendary American screenwriter, playwright, television producer and narrator, invited viewers of his television series to travel "through another dimension." It was "a dimension not only of sight and sound, but of mind." While the Twilight Zone is best remembered for science fiction storytelling, select episodes afford opportunities to explore philosophical issues. Screen an episode each week. Discuss what Serling called "the middle between light and shadow, between science and superstition." Your instructor presents and provides helpful resources to guide discussion.

Instructor: Richard Birdsall, p. 32

NEW

Explore More

Mystical Matanzas: A Place You Should Know

Dec. 4 and 11, 10 a.m. to 1 p.m.

2 sessions, \$40

Locations vary

Explore a unique locale rich with historical significance and in natural beauty. If you love the outdoors and learning about this region, this program is for you! Grab a refillable water bottle, and you're ready to go! Cameras, binoculars and walking sticks are welcome. Comfort stations are available. Transportation is on your own.

Required: Dress for the weather including hats, sunscreen, insect repellent, comfortable closed-toe shoes; stamina and agility to walk on uneven terrain for 1.5 miles and step on and off tour boat

Dec. 4, 10 a.m. to 1 p.m.

Fort Matanzas National Monument

Location: 8635 A1A, St. Augustine

Tour the 1740 Spanish fort. Learn how it protected St. Augustine's southern river in the wars of the colonial period. Explore the wild barrier island that supports flora and fauna in the midst of modern development. Board the boat to cross the beautiful inlet to Rattle Snake Island before you enjoy a nature walk and an opportunity to observe native plants and wildlife. Debrief with fellow OLLIs over a potluck lunch.

Dec. 11, 10 a.m. to 1 p.m.

Washington Oaks Gardens State Park

Location: 64000 N. Oceanshore Boulevard, Palm Coast

Enjoy a ranger-guided history walk to learn about the property including its former owners including Owen Young, founder of RCA Corporation, and his wife, Louise. The Youngs donated their winter retreat to the State of Florida in 1964 stipulating that 20 acres of gardens remain in their original design state. Amble along the sea wall to learn more about the Matanzas River and its coastal maritime history. The property is framed by scenic tidal marshes. You may have the opportunity to view the peregrine falcon. Debrief with fellow OLLIs over a Dutch-treat lunch at JT's Seafood Shack.

Required: \$5 per car parking fee

Coordinators: Pamela Eutsler, p. 33 and Sandy Myers, p. 38



THURSDAYS

NEW!

What's Cooking? The Chemistry of Baking

Sept. 5 – 19, 9:30 to 11 a.m.
3 sessions, \$35

It's fall. Can't you just smell the warm cookies, cakes, pies and breads? Successful bakers tap into both the science and the art of baking. Sharpen your skills by learning a bit about the science. Garner useful tips. Share samples and recipes. Your instructor demonstrates in class, provides readings and facilitates discussion.

Instructor: Paula Parker, p. 38

Mastering Retirement: Keys to Success after Your Retirement Date

Sept. 12 and 19, 9:30 to 11 a.m.
2 sessions, \$30

Congratulations on navigating an early retirement! Explore the investment, legal and healthcare challenges that await you, as well as appropriate decision making as you face them. Ensure that your money will last and your loved ones will receive what you intend for them, without Uncle Sam taking an undeserved amount. Guest speakers from the legal and healthcare fields enliven your informative discussion.

Instructor: William Laird, p. 36

UPDATED!

Forum on Current Issues

Sept. 19 – Nov. 7, 11:30 a.m. to 1 p.m.
8 sessions, \$60

Enhance your understanding and appreciation for events, people and developments reported in the news. Modeled on a book club, the forum allows you to select articles that frame the highly interactive facilitated dialog. Questions and relevant reading material are distributed in advance of each session.

Topics range from political and economic to social and cultural issues in both the domestic and international spheres.

Just bring your pleasure in engaging in lively and stimulating discussions to this current events program. Content is new each term.

Facilitators: Allan Silberman p. 39 and Joan Silberman, p. 40

UPDATED!

Top Tips: Make Your iPhone or iPad Work for You

Sept. 26 – Oct. 17, 9:30 to 11 a.m.
4 sessions, \$40

Calling all iPhone or iPad users. Review the A to Z of your iOS devices. Manage settings and passwords. Get the most from basic apps including your phone, messages, mail and Notes. Learn to scan and sign documents. Organize your photos on iCloud. Use Podcasts to download and enjoy audio content. Gain insights about iMovie. Meet your office assistant, Siri, and put her to work for you.

Recommended: iPhone SE, iPhone 6 or later device, second generation or later iPad Air

Instructor: Peter Lomonte, p. 36

NEW: ED-VENTURE

Jacksonville Symphony Orchestra: Rehearsal of Beethoven's Pastoral Symphony and Behind the Scenes Tour

Oct. 3, 9:15 a.m. to 12:30 p.m.
1 session, \$30

Location: Times-Union Center for the Performing Arts, 300 Water Street, Jacksonville

Celebrate the 250th anniversary of the composer's birth. Begin with remarks about the music from the director of artistic administration. Then learn how the conductor and musicians create magical performances by observing a rehearsal for the first Florida Blue Masterworks

program of the new season. At the break, the stage manager provides a tour that encompasses the history of the building and the symphony as well as a visit to the musicians lounge and library. Venue is not entirely accessible. Conclude by debriefing over a Dutch-treat lunch at Juliette's Bistro at Omni Hotel. Transportation is on your own.

Required: Smart casual attire (no shorts, tee shirts or flip flops), ability to stand and walk throughout the tour

Coordinators: Cynthia Bob Kastner, p. 35

NEW!

Image Impact: How Photography Changed the World

Oct. 3, 9:30 to 11 a.m.
1 session, \$20

Accelerate your understanding of how significant documentary, scientific and journalistic photographs impacted society. Some shaped public opinion. Others altered history's trajectory. Share your perspective by bringing a photo that had an important impact on your life. Your instructor provides an illustrated overview and encourages your active participation.

Instructor: Mary Atwood, p. 31

NEW!

Preserve Your Family Photographs: Professional Tips

Oct. 10, 2 to 3:30 p.m.
1 session, \$20 (Includes UNF parking pass)

Location: UNF Thomas G. Carpenter Library

Learn the best ways to store photographs, negatives and slides to ensure their dissemination to future generations. Discuss organization and best practices. Acquire information about storage materials and techniques as well as sources for supplies. Bring a treasure or two for show-and-tell. Venue is fully accessible. Transportation is on your own.

Instructor: Susan Swiatosz, p. 40

NEW!

Seven Strategies You Should Know to Age Well!

Oct. 17 – Nov. 14, 9:30 – 11 a.m.
5 sessions, \$45

Explore the neuroscience of aging, its blessings and benefits. Learn what research reveals about aging and how to become a superb ager. Discover the most powerful strategies to lead a life filled with more health, joy, energy and engagement. This fun, interactive class includes mini-lectures as well as small- and large-group sharing. Leave with a personalized plan of action to become a superb ager.

Instructor: Rita Brodnax, p. 32

UPDATED!

French Book Club

Oct. 17 – Dec. 12, 11:30 a.m. to 1 p.m.
(No class Nov. 28) 8 sessions, \$60

Boost your French language skills. Read and discuss a novel selected by your instructor. Improve both your reading and conversational proficiency in this course conducted in French.

Required: Advanced proficiency in French and acquisition of novel

Instructor: Mireille Smith Threlkel, p. 40

NEW!

Women Artists of the 20th Century: Georgia O’Keeffe and Elizabeth Murray

Oct. 17 – 31, 11:30 a.m. to 1 p.m.
3 sessions, \$35

Women artists often encountered difficulties in training, traveling and gaining recognition for their work. Moreover, their work was overlooked and undervalued. Twentieth century women artists who wished to introduce modernism into the male-dominated fine arts world had an especially challenging time. Examine two artists who sought to fuse abstraction with realism and played pivotal roles in the development of American modern art. Consider how

women artists influenced society and the art world. Intensify your understanding of Georgia O’Keeffe as an art world game changer. Explore Elizabeth Murray’s life and her bright, often silly works. Bring your curiosity and perspectives to this lecture and discussion class.

Instructors: Julie Giuliani, p. 34, Kathy Scott, p. 39 and Jeanette Toohey, p. 40

UPDATED!

Our Technological Future

Oct. 17 – Dec. 19, 1:30 to 3 p.m.
(No class Nov. 28) 9 sessions, \$65

Examine the technology trends of the recent past in order to contemplate what the near future is likely to hold. Explore forthcoming technologies as well as their possible societal and ethical implications. Topics range from driverless cars, robotic warfare and personalized higher education to advanced communication, space travel, future energy sources, climate change, virtual reality, future foods and genetic engineering. Class format includes lecture with multimedia presentations of specific technologies. Bring your curiosity to a jargon-free discussion of how the technologies work and their possible effects. Optional readings extend your learning.

Recommended: Visit website with instructor-provided digital resources

Instructor: Bernard Grossman, p. 35

NEW!

Just What Were They Thinking?

Oct. 24 – Dec. 12, 9:30 to 11 a.m.
(No class Nov. 28) 7 sessions, \$55

Learn what famous literature including the Bible and works by John Donne, Nikolai Gogol, Fyodor Dostoyevsky, Edgar Allan Poe and Herman Melville can offer you today. In this highly participatory class, you answer questions and share your thoughts, insights and reflections. Impart how the readings resonated with you and what you learned from them. Each term’s content is new and independent from

those offered in prior terms. Expect to read about 30 pages per week. Your inquiring mind and delight in stimulating discussion are all that’s required to participate in this Great Conversations class. Course continues with new selections from the same book in winter term.

Required: “Great Conversations 2” ISBN 978-0-945159-48-3 for \$25 from www.greatbooks.org

Facilitator: Ralph Sawyer, p. 39

UPDATED!

iPhone and iPad for Beginners

Oct. 31 – Nov. 21, 9:30 to 11 a.m.
4 sessions, \$40

Are you a first-time or newer user? Learn the basics of your iPhone or iPad. Manage your calls, contact list, notifications and calendar (appointments). Send text messages, download music and apps, take photos and manage email. Use Maps, FaceTime, Siri, Apple Pay and iCloud. Understand how to protect your data.

Required: iPhone SE, iPhone 6 or later device with up-to-date software

Instructor: Peter Lomonte, p. 36

NEW!

An American Artist You Should Know: Augusta Savage (1892–1962)

Nov. 7 and 14, 1:30 to 3 p.m.
2 sessions, \$25

Savage is a little known and underappreciated icon of American art. The Green Cove Springs native battled prejudice as both a woman and a person of color. Her tenacious beliefs in her gifts as an artist and an educator were borne of the self-confidence cultivated from a young age. Examine Savage’s life, career including work as a community organizer, and impact. Learn about the young men and women she taught and mentored, their subsequent rise to critical acclaim and their national and international fame.

Instructor: Jeanette M. Toohey, p. 40

NEW!

**Saving the Planet and Ourselves:
40 Climate Change Solutions**

Nov. 14 – Dec. 12, 11:30 a.m. to 1 p.m.
(No class Nov. 28) 4 sessions, \$40

Climate change is on track to transform human civilization. Experts cite that there is greater than 95% probability that it is the result of human activity since the middle of the last century. Gather to discuss 40 of the most promising strategies to reduce negative impacts. Learn about the people and countries behind the plans. Your instructor provides resources that frame discussion.

Instructor: Mike Shore, p. 39

NEW!

Poinsettias: Selection and Care

Dec. 5, 9:30 to 11 a.m.
1 session, \$20

Named for Joel Roberts Poinsett, the first U.S. Minister to Mexico, the plant is native to Mexico and was introduced to the U.S. in 1825. Learn to select and care for that emblem of the winter holiday season.

Instructor: Mary Longanbach, p. 37

**Weave Contemporary Chain
Maille Jewelry**

Dec. 5 – 19, 11:30 a.m. to 1 p.m.
3 sessions, \$35

Learn the basics of an art form believed to have been introduced by the Celts who used it both decoratively and as armor. Today the technique is employed to make everything from common chains and practical protective gear to intricate, elaborate pieces of jewelry. Create at least three projects – a bracelet, a key ring, and a pair of earrings, in this make-and-take class. Borrow or purchase required tools in class. Magnification techniques addressed if you're concerned about your vision.

Required: \$30 materials fee payable to instructor, \$25 refundable deposit payable to instructor for tools, strength and dexterity in both hands and wrists to use pliers

Instructor: Carolyn Godwin, p. 34



The Arc Village, Jacksonville

FRIDAYS

NEW: ED-VENTURE

**Transforming Downtown
Jacksonville: Explore the
Cathedral District**

Sept. 13, 10 a.m. to 12:30 p.m.
(Time includes lunch)

1 session, \$30 (Fee includes lunch)

Location: St. John's Episcopal Cathedral,
256 Church St., Jacksonville

Discover the cathedral's role in preserving a downtown neighborhood for the past three decades. Ginny Myrick, President and CEO of Cathedral District – Jax, leads your 30-minute walking tour. She orients you to both the area's evolution and future plans. Consider the role of Aging True, a nonprofit that owns and operates the Cathedral Residences, and its initiative to convert the former YMCA into lofts. After the tour, debrief with fellow OLLIs over lunch at Clara's at the Cathedral Café. Marvel at the work of students in Clara White Mission's culinary arts program who train to produce, prepare and present each week's buffet as well as serve at the front of the house. The cathedral is fully accessible. Transportation is on your own. Park in the church lot or on adjacent streets. Cameras welcome.

Required: Mobility and stamina to walk for 30 minutes at a leisurely pace

Coordinator: Christine Lewitzke, p. 29

NEW: ED-VENTURE

**The Arc Jacksonville: A Place
You Should Know**

Sept. 20, 11 a.m. to 1 p.m.
(Includes lunch) 1 session, \$40 (Includes lunch)

Location: The Arc Village, 3675 Kirbo
Way, Jacksonville

Convene for lunch to learn about an organization that empowers people with intellectual and developmental disabilities. Jim Whittaker, executive director, emphasizes the Arc is "a community where disability is a distinction without a difference." Founded in 1965, the nonprofit offers a wide variety of programs designed to promote independent living through life skills and career training curricula as well as employment placement and mental health services. The Arc Village is an exemplary residential neighborhood composed of affordable apartment-style rental housing, a community center and recreational amenities that support resident integration and inclusion. Berry Good Farms, a partner, caters your lunch. Transportation is on your own.

Recommended: Mobility and stamina for village walking tour

Coordinators: Mary Beth Koechlin, p. 36

NEW!

What You Should Know about Preserving Your Family Materials

Sept. 27, 11 a.m. to noon

1 session, \$20

(Includes UNF parking pass)

Location: UNF Thomas G. Carpenter Library

Begin with a brief lecture focused on ways to protect, store and preserve documents, letters and books. Learn what you can do to salvage damaged materials. Consider the benefits of digitizing. Your instructor presents examples and provides helpful handouts. Venue is fully accessible.

Transportation is on your own.

Instructor: Tracey Britton, p. 32

NEW: ED-VENTURE

A Taste of France – Wine and Cheese Pairings

Sept. 27, 11:30 a.m. to 1 p.m.

1 session, \$30

Location: Whole Foods Market, 10601 San Jose Boulevard, Jacksonville

Expand your knowledge of le fromage (cheese) and le vin (wine). Relax as you sample wines that complement raviolini tossed with herbs de Provence and grated mimmolette, a cheese created at the request of Louis XIV, blue d’Auvergne with honey and candied walnuts on a sliced baguette, and Saint Angel brie with Bonne Maman raspberry jam on a mini croissant. Consider which ones you like the best and might like to bring home. Turn a French phrase or two. Ask for “un verre de vin blanc, s’il vous plait” (a glass of white wine please). Just remember to say “merci” to your hosts for a fun gathering. Transportation is on your own.

Required: Report food allergies when you enroll

Coordinators: Laurel Conderman, p. 33 and Pamela Keramati, p. 36

NEW!

Experimental Painting: Sponging, Papers, Drips and Doodles

Oct. 4, 1 to 4 p.m.

1 session, \$30

Maximize your creativity. Learn techniques to create texture. Paint a landscape, beach scene or an abstract. Enhance it with tissues, papers and other materials. Your instructor provides all of the materials you need as well as personalized feedback in a supportive environment. Wear old clothes and bring an apron.

Required: \$20 materials fee payable to instructor (check preferred) for required supplies

Instructor: Bonnie Yales-Gibson, p. 41

OLLI Book Club

Oct. 11, Nov. 8 and Dec. 13, 1 to 3 p.m.

3 sessions, \$45

Revel in the joys of a good book with an OLLI tribe of spirited, intelligent readers. Read wonderful authors and works that aren’t on your radar and those you might never have considered. Develop or enhance your appreciation of beautiful writing and share your insights and life experiences as they relate to the material. Take a turn presenting your book and facilitating conversation. Enjoy new and old books as well as those written by a variety of authors ranging from first-time to established and award winning. Explore fiction, nonfiction, historical fiction to memoir, biography and classics with some science fiction in the mix from time to time. Topics typically range from the human condition to history and culture; however, you’re welcome to propose any subject that interests you. All in the group are invited to vote on the selections, usually twice a year. Please note that newly published works available only in hardback are usually eliminated from consideration.

Required: Acquire the books in any format from any source, take a turn supplying light refreshments

Lead facilitator: Joyce Lasch, p. 36

NEW!

What Happens Inside Your Florida State Court System?

Oct. 18 – Nov. 22, 9:30 to 11 a.m.

(No class Nov. 8 and 15)

Field trip: Date and time to be announced
5 sessions, \$45

Dive into the state court system. Topics include criminal, civil, juvenile, family, probate and dependency matters. Learn how cases are initiated and handled. Understand who is involved and the roles they play. Enhance your understanding of the state court system in context of the three branches of government. Convene for the final session at the courthouse for a tour and an opportunity to observe proceedings. Your instructor provides reading material to enrich your learning.

Instructor: Gary Wilkinson, p. 41

NEW!

Meet the Artists: Your VIP Art Tour of UNF’s Library

Oct. 18 OR Oct. 25, 1:30 to 3 p.m.

1 session (each), \$20 (Includes UNF parking pass) **Location:** UNF Thomas G. Carpenter Library

Three artists bring their work to life each session. Hear the artists’ stories and their insights about the city’s art scene. All art lovers and Jacksonville fans are invited to this tour and discussion. You’ll receive a gift of the official Art in the Library full-color catalog as a memento. Venue is fully accessible. Transportation is on your own.

Required: Mobility and stamina to tour the venue

Instructor: Jen Jones Murray, p. 37

NEW!

Oh, My Aching Feet!

Nov. 1 and 8, 9:30 to 11 a.m.

2 sessions, \$30

Preserve your mobility. Hear about common foot problems among older adults. Learn their causes. Ascertain whether foot problems make you a fall risk. Your instructor shares prevention tips.

Instructor: Earl Horowitz, p. 35

SUMMER 2019 INSTRUCTORS

All OLLI instructors are volunteers.
They take pride in sharing their knowledge
with their fellow OLLI members.

Do you have a passion you would like to share? Email Jeanette Toohey, director, at jeanette.toohey@unf.edu for more information.

Mike Adams is a biologist, educator and author. His parents instilled in him environmental and conservation ethics when he was a youngster. Adams became interested in the parallels between the Northeast Florida resources William Bartram encountered and those we see today through his work as a professional biologist and conservationist. Adams has spent decades researching and exploring the area's unique ecosystems.

William Bartram's Natural History Explorations in Northeast Florida, p. 7, 16

Parvez Ahmed is director of graduate programs and professor of accounting and finance in UNF's Coggin College of Business. He studied as a U.S. Fulbright Scholar in Bangladesh. His research has been published in major finance journals. Ahmed recently published a book titled "Mutual Funds - Fifty Years of Research Findings." His editorials about Islam and the American Muslim experience have been published in several leading newspapers across America and the world. Ahmed served on the board of OneJax (formerly the National Conference on Community and Justice) and Jacksonville's Human Rights Commission.

Islam: The Faith, the People and Their Politics, p. 23

Karen Ansell grew up on a small farm in northern Kentucky and came to Florida in 1988. She has been in the insurance industry for 30 years and specializes in Medicare, long-term care, life and annuities for seniors. Ansell is president of Secure Choices Insurance Services, a brokerage she launched in 1999. She believes that honesty, personal service, great products and hard work equal success.

Medicare Made Clear, p. 14

Keith Ashley is assistant professor of anthropology and coordinator of archaeological research at UNF. He has been involved in archaeological excavations throughout the southeastern United States. Ashley's current research focuses on the Native American history and cultures of Florida and coastal Georgia.

Mocama Indians and Spanish Missions: Life Beneath the Bell, p. 25

Mary Atwood is an award-winning fine art photographer whose work has been exhibited internationally and is included in public, private and corporate collections. Her photographs have been exhibited in galleries, museums and public art settings and presented in more than 20 solo exhibitions to date. Atwood is also the author of "Historic Homes of Florida's First Coast," published by The History Press in 2014.

Image Impact: How Photography Changed the World, p. 27
A Single Image: The Making of a Fine Art Photograph, p. 17

Karen Backilman completed her undergraduate work in psychology at Simmons College and has master's degrees from Harvard and UNF. She has taught regular and special education, and served as teacher, media specialist and principal with Duval County Public Schools. Backilman has taught OLLI classes in knitting, mystery books and home organization.

Never Not Knitting, p. 23

Shirley Barber has enjoyed growing plants from seed for 40 years. She has been a master gardener for 14 years for the University of Florida/St. Johns County. Barber is responsible for the design, implementation, signage and propagation of plant material installed in the floral garden displays at the St. Johns County Arboretum. She is project leader for the All-American Selections (AAS) Display Gardens at the St. Johns County Arboretum. Barber has propagated more than 100,000 plants that were donated to the St. Johns County Arboretum and community outreach programs.

Besties in the Garden: One Master Gardener's Favorite Plants, p. 20

Faye Barkan is a friendly and seasoned American Contract Bridge League (ACBL) accredited bridge teacher. As bridge director at The Connection in Summit, New Jersey, she taught classes and ran weekly duplicate games. Barkan's classes stress the fundamentals and having fun. She has a summa cum laude B.S. in theoretical mathematics.

Beginning Bridge I, p. 15

Partners Bridge I, p. 15



**OLLI annual
membership
is still only \$50.
See page 43 to join!**

INSTRUCTORS

Janan Bartell was better than 50 years old before she knew she was allowed to leave the country. Nothing has held her back since then! She has traveled a lot – sometimes with friends and family, other times on her own. Travel is one of Bartell's passions and she's eager to share what she has learned exploring the world. She spent most of her career as a human resource professional in the San Francisco area. Bartell set up HR functions for many startups by hiring staff and establishing benefits and compensation programs. She was assistant HR director for Stanford University's graduate school of business.

Footloose: Tips for Successful Solo Travel, p. 22

Elaine Bergstrom, a Chicago native, moved to Jacksonville from Pittsburgh. She holds bachelor degrees in design from University of Illinois and art education from Carlow University. Bergstrom received certification in botanical illustration from the Morton Arboretum. She has taught extensively at a community college, two OLLI programs in Pittsburgh and local art centers in addition to offering private lessons. Through Bergstrom's Brush Buddies business she offered classes at local libraries, synagogues and churches. Her specialties include oriental, watercolor, acrylic, pen and ink, colored pencils and pastels. Bergstrom is a member of the American Society of Botanical Artists and the Colored Pencil Society of America. She volunteered at Beechwood Farms Nature Reserve, an affiliate of the Audubon Society of Western Pennsylvania.

En Plein Air: Draw and Paint Watercolors Outdoors, p. 12

Richard Birdsall is a retired air traffic controller and computer systems manager. He has graduate degrees in public administration and philosophy. Birdsall taught public administration, political philosophy and sociology at UNF and humanities and philosophy at FSCJ. He is a student of philosophy and art history as well as local, state and national history.

Philosophy of The Twilight Zone, p. 25

Philosophy through Thought Experiments, Puzzles and Paradoxes: Part I, p. 24

Jana Song Bobo is a classically trained pianist with a lifelong love of unique jewelry. She has been designing and hand crafting jewelry for nearly 20 years. Bobo has been selected for juried shows and an active member of numerous artist's cooperatives. Her versatility is evident in the variety of creative methods and techniques. Those include lost wax casting, soldering, precious metals, clay and chain maille as well as wire wrapping and weaving. Bobo's primary metals of choice are sterling and fine silver but she also works with gold and copper. Her pieces often feature gemstones and glass cabochons. Bobo is a professional educator with experience as a university music department faculty member and jewelry arts instructor at artist cooperatives.

Wired Up for Trees, p. 20

Richard Bobo holds degrees in piano performance from The Ohio State University, Manhattan School of Music and Indiana University with graduate minors in music history and art history. He taught full time at the university level for 35 years. Bobo also taught music appreciation in community colleges to undergraduates and senior citizens. Bobo and his wife, Jana, enjoy teaching at OLLI.

Explore 19th Century Romanticism in Music: Part I, p. 15

Ken Bording served as a military aviator for 34 years prior to retirement. He is credited with 7,500 hours total flight time and more than 2,500 combat flight hours. Bording served as an instructor pilot, instrument flight examiner, aviation safety officer and Federal Aviation Administration radar air traffic control instructor and evaluator. He is designated as subject matter expert for the U.S. Army's innovative Aviation Combined Arms Tactical Training (AVCATT) Simulation System that remains the service's advanced pre-combat training system for young aviators. Bording has a lifelong interest in aviation history and is a member of American Aviation Historical Society as well as the Florida Aviation Historical Society. He has a B.S. in aeronautical science, a minor in aviation history and an MBA in aviation.

The Doolittle Raiders: The 80 Who Avenged Pearl Harbor, p. 18

Susan D. Brandenburg is an award-winning biographer and freelance journalist with more than 30 years' experience writing newspaper columns, feature articles, press releases, personal and professional profiles, brochures and biographies. She is president of Susan the Scribe, Inc. Publishing, and takes life stories from concept to completion – from first interview to book in hand.

Remember Who You Are, p. 15

Tracey Britton is library specialist for digital project and preservation for UNF's Thomas G. Carpenter Library. She has more than 22 years of experience in the field.

What You Should Know about Preserving Your Family Materials, p. 30

Rita Brodnax earned her doctorate in educational leadership focusing on curriculum and applying brain research to teaching, learning and communication. She has had culturally diverse and in-depth experiences in the education field, from teacher to administrator, professional development coordinator to consultant. Brodnax is passionate about creating engaging programs that find new ways to use your brain and provide real-world benefits.

Seven Strategies You Should Know to Age Well!, p. 28

Laurel Conderman worked for more than 15 years as office manager in the Department of Pediatrics, University of Florida before retiring in 2013. Her great enthusiasm for OLLI at UNF ED-ventures encouraged her to lead the team. Conderman also volunteers with the annual Congenital Heart Walk and her neighborhood civic association. She especially enjoys exploring our area's beautiful parks and natural places.

A Day at the Farm – Congaree and Penn, p. 19

A Taste of France – Wine and Cheese Pairings, p. 30

Janine DaPaah learned that stress is unavoidable. In 2015, she discovered laughter yoga to cope with it and became a certified laughter yoga instructor.

Laugh Your Way to Good Health, p. 14

Brooke Davidson received her doctoral degree in audiology from the University of South Florida with honors. She specializes in the care and treatment of people with hearing and balance disorders at Baptist E.N.T. Specialists at the Beaches. Davidson has a strong patient-centered focus in her work to improve quality of life through better hearing.

Inner Ear: Disorders and Interventions, p. 18

Billy Dettlaff comes from a multigenerational family of golf professionals who have been in the game collectively for more than 110 years. He spent 22 years with the PGA Tour's TPC Network as a director of golf/general manager, regional director of operations, and as the network's first national director of golf based at TPC Sawgrass. Since Dettlaff retired in 2009, he has worked full time expanding his master professional thesis on the history of the golf profession into a detailed study on the subject. Seven years of research resulted in a 1,500 page, 450,000 word manuscript. Dettlaff is PGA Master Professional #57.

Doctors of the Game®: A History of the Golf Profession, p. 8

Golf in Florida: A History, p. 16

Christine Doyle was born and raised in Westchester County, New York. In 1997 she made her way to Florida via the Midwest. Doyle says she has a checkered past, career-wise, dabbling in everything from the Social Security Administration to health care risk management to real estate. Doyle is mostly retired now and enjoys volunteering at Guana Tolomato Matanzas National Estuarine Research Reserve, traveling, gardening and reading.

Behind the Scenes at the Jacksonville Zoo and Gardens: African Plains Tour, p. 12

Richard Eason served 32 years with the U.S. State Department, most of them overseas, including 12 years in the Middle East. He has had a lifelong love of literature and history and has taken

many college courses in those fields.

Everything You Always Wanted to Know about the Middle East but Were Afraid to Ask, p. 24

If It's Monday, It Must Be Shakespeare and Friends, p. 12

Dennis Egan is a retired naval officer with a B.A. in biological science with a minor in chemistry and a master's in information technology. After a naval career and a stint in the private sector, he realized a long-held desire to teach. Egan taught high school chemistry for eight years in Duval County Public Schools at all levels, from general to honors and advanced placement. His students met and often exceeded required county and state standards. Egan received accolades for his innovative, student-centered teaching style. In retirement, he is a chemistry tutor working with high school and college students.

The Civil War: Between the Battles, p. 17

Pamela Eutsler is a native of St. Augustine. After graduating from UNF, she had a career as a childhood development educator. Eutsler's passions include gardening, hiking and traveling. She will complete her third hike of El Camino de Santiago, a 508-mile ancient pilgrimage route in northern Spain in fall 2019.

Mystical Matanzas: A Place You Should Know, p. 26

Cindy Forman is a retired educator who taught English, literature, technical writing, philosophy and business courses in high schools, colleges and universities across the country. She occasionally teaches in Webster University's online MBA program. Forman served in corporate training and development roles at several Florida-based financial services and healthcare companies. She was academic associate at the College of Financial Planning in Denver, Colorado, where she wrote technical financial planning materials. Forman reviewed proposals and edited books as a consultant to publishing companies. She volunteered with the AARP Foundation's Tax-Aide program for more than a decade. Forman has an M.A. in education from Clark University and an MBA from the University of Denver. She has lived in Jacksonville since 1998.

Slim Down and Shape Up Your Writing, p. 17

Nada Frazier is a certified end of life doula, trainer and consultant. She is founder of The Sacred Servant (thesacredservant.com). A member of the National End-of-Life Doula Alliance, Frazier facilitates the Death Café of Northeast Florida. She serves as spiritual leader of Unity of Jacksonville Beach. Frazier is an inspirational speaker, hospice spiritual care volunteer, mediator, published author and Florida registered paralegal. She enjoys spending time with her family and in nature. Frazier never met a rock or a stone she did not love.

Live Consciously by Exploring Death:

A Death Doula's Guide, p. 8, 25

INSTRUCTORS

John D. Frketic is a retired Army intelligence officer. He spent 34 years on active duty with multiple combat tours including Vietnam, Operation Desert Shield/Desert Storm and Operation Iraqi Freedom. As an intelligence operator and analyst, he spent years working counterterrorism issues throughout the Balkans and the Middle East. Frketic is a graduate of the U.S. Army's prestigious School of Advanced Military Studies (SAMS) at Ft. Leavenworth, Kansas, and served as a National Security Fellow at Harvard's Kennedy School of Government. He has lived and traveled extensively throughout Europe, the Middle East, North Africa, and Southwest and Southeast Asia.

Thucydides' Trap in the 21st Century: The United States and China – Strategic Miscalculation? Open and Hostile Conflict? Or Peaceful Competition?, p. 23

Chris Fulmer is a retired art professor and supervisor of the two-dimensional studio program at North Lake College in Irving, Texas. She has degrees in English, painting, art education and art history. Fulmer's art has been exhibited internationally. She created works for major hotels and spas, as well as the North Lake College station of the Dallas Area Rapid Transit system.

The Pencil as an Art Tool, p. 12

Cut and Stick It: Make Three Collages, p. 10

Phillip Furman received his Ph.D. in microbiology from Tulane University. He has spent more than 30 years undertaking antiviral drug discovery in the pharmaceutical and biotechnology industries. Furman is the co-inventor of the use of Retrovir[®], the first drug approved for the treatment of HIV infection. He also was involved with the development of other antiviral agents including Zovirax[®] (Acyclovir), Valtrex[®] (Valacyclovir), Emtriva[®], and more recently Sofosbuvir (Sovaldi[®]), a hepatitis C drug.

Antiviral Drugs: Discovery and Development, p. 14

Dawn Geer is an avid hiker, camper, traveler and adventurer. Born in western North Carolina, she has always loved the mountains and outdoors. Geer is a physical therapist at St. Vincent's Medical Center Riverside. She has two grown sons.

Appalachian Trail Through Hike at Age 56, p. 21

Jelena Gill holds a Ph.D. in theoretical mathematics. She has diverse interests and an inquisitive mind. Gill's past courses include the history of socialism, the history and art of conversation, the significance of touch, body language, the development of numbers, and SUDOKU. She co-taught, with her late husband, John, a course on the history of the Balkans.

Morality, Justice and Society: Exercises in Public Philosophy, p. 20

Ken Gillespie is a retired executive and consultant with extensive experience in human resources, recruiting, executive coaching and training. He has a B.S. in engineering and an MBA from

Drexel University, and an M.S. in instructional design from Columbia University. Gillespie is active in local amateur theater and choral groups. He is a lifelong writer and writes a column profiling local residents for the Ponte Vedra NewsLine.

Learn the Art of Persuasion, p. 24

Julie Giuliani is a retired executive dean from Florida State College at Jacksonville. She has more than 30 years of leadership and management experience in higher education and business training. Giuliani has a master's degree in human resource development and training and a doctorate in adult education and administrative and policy leadership. In 2010, she was selected to attend a postgraduate studies program at Harvard School of Education Management and Leadership Institute. Her current focus is on researching the latest technologies available to improve the quality of life going forward. Giuliani also speaks at various organizations and conferences about technology and its possibilities.

Women Artists of the 20th Century: Georgia O'Keeffe and Elizabeth Murray, p. 28

Alan Gleit received a Ph.D. in mathematics with a minor in physics. He was a professor for many years in various departments, including mathematics and statistics at multiple universities. Following a career as a tenured professor, Gleit began a second career in risk management working for several large financial institutions.

Behavioral Economics, p. 12

Carolyn Godwin has several passions including Apple products and making things. A native Floridian, she has owned her own businesses, served as a school administrator and enjoyed more than 30 years of gleaning computer knowledge. Godwin purchased one of the first Macintosh computers in 1984 and has loved all things Apple ever since. Leisure hours inspire her to return to her family roots by working on creative projects. Jewelry making became Godwin's favorite pastime in 2000. She finds the simple, elegant craft of weaving chain especially soothing. Godwin has a B.S. in textiles and merchandising.

Apple Users Group, p. 22

Weave Contemporary Chain Maille Jewelry, p. 29

Robert L. Gold is a retired professor of Latin American history as well as a writer and lifelong reader of murder mysteries. He has written a colonial city murder mystery series set in Savannah, Georgia; St. Augustine; and New Orleans, as well as historical works and a variety of other published articles, columns and stories in journals, magazines and newspapers.

The Aztecs and Mayans: A History, p. 24

Scott A. Grant is known for his lively, detailed presentations about infamous events in local history. He is also an excellent

chess player and a successful business owner. Grant studied economics and history at Cornell University before working on Wall Street and earning a law degree from Rutgers University. He moved his family and investment business, Standfast Asset Management, to Ponte Vedra Beach 12 years ago. By day, Grant handles nearly \$90 million in private investments. When he has free time, he researches his next history topics in museums and libraries.

The Merchant of Death is Dead: Alfred Nobel's Story, p. 10

Rory Gregg is passionate about working in the healthcare industry as a licensed agent for Humana and thrives daily by serving his members. He is a Medicare expert and holds national and state licensing for health, life and annuities.

Medicare 101, p. 24

Social Security Checklist, p. 10

Bernard Grossman is professor emeritus and was formerly professor and department chair of Aerospace and Ocean Engineering at Virginia Tech for more than 25 years. His research specialty was computational fluid dynamics. Grossman has lectured widely in the U.S., Europe and Asia. Early in his career, he worked at Grumman Aerospace in the research department when the Apollo Lunar Module and F-14 were being designed and built. Grossman was also a founder and vice president of education at the National Institute of Aerospace. He occasionally teaches graduate level classes in aerospace engineering at the University of Florida. Grossman is a Fellow of the American Institute of Aeronautics and Astronautics. He is currently retired and lives in Del Webb Ponte Vedra.

Our Technological Future, p. 28

Diane Halstead received a Ph.D. from the Medical College of Pennsylvania at Drexel University with a specialty in virology. She has held several academic appointments including most recently the University of Florida's College of Medicine in Jacksonville. Halstead is licensed as a clinical laboratory director in Florida, diplomate with the American Board of Medical Microbiology and a Fellow of the American Academy of Microbiology and College of Physicians in Philadelphia. She is president of Global Infectious Disease Consultants where she writes and speaks about cutting-edge topics related to improving patient safety and quality of care.

Understand the Flu: A Unique Viral Illness, p. 18

Samuel Hart is a retired career diplomat who has taught OLLI at UNF classes since 2011. He was also trained as an economist and a soldier. Hart's presentations and current events discussions draw on his academic background and experience in foreign affairs.

Current Events 3.0, p. 17

Alice Hill has taught Spanish to high school, college and adult students for 30 years. She enjoys traveling, reading and spending time with her grandchildren.

Intermediate Spanish: Level IV, p. 22

Earl Horowitz is a podiatrist who has worked in Jacksonville for more than 60 years. He is the first doctor in Jacksonville to be board certified in geriatric podiatry. His office, Center for Foot Health, is located in the Riverside neighborhood.

Oh, My Aching Feet!, p. 30

Madeline Jorgensen is a founding member of OLLI at UNF. She served on its advisory board and led its activities committee. Jorgensen continues to serve as a member of the ED-ventures team to pursue her passion for organizing interesting field trips for OLLI members.

Behind the Scenes at TPC Sawgrass, p. 16

Bob Kastner, a New Jersey native, was U.S. Navy Quartermaster for six years. He retired after serving 37 years as plant manager for Equistar Chemicals, a distilled spirits plant that packages and distributes ethyl alcohol, denatured alcohol and industrial solvents. Kastner and his wife, Cynthia, moved to Jacksonville in 2004. He volunteers at TPC's annual tournament and as a TPC Sawgrass storyteller. Kastner ushered at the Florida Theater and the Baseball Grounds. He enjoys golf, travel and outdoor activities.

Behind the Scenes at the Jacksonville Zoo and Gardens: African Plains Tour, p. 12

Behind the Scenes at TPC Sawgrass, p. 16

Discover Mussallem Gallery, p. 13

Jacksonville Symphony Orchestra: Rehearsal of Beethoven's Pastoral Symphony and Behind the Scenes Tour, p. 27

Cynthia Kastner moved to Jacksonville in 2004 from New Jersey. She was a lawyer for AT&T, Western Electric and Lucent Technologies for 25 years. She is chair of the Board of Trustees at Christ United Methodist Church in Neptune Beach. Kastner served on the architectural review board for Queens Harbour and as vice president for activities for First Coast Newcomers. She received a B.A. in economics from Rutgers University and a J.D. from Seaton Hall Law School.

Discover Mussallem Gallery, p. 13

Jacksonville Symphony Orchestra: Rehearsal of Beethoven's Pastoral Symphony and Behind the Scenes Tour, p. 27

INSTRUCTORS

Pamela Keramati retired after teaching children in grades K – 8 for 38 years. She continues to teach as a substitute for the pleasure of working with children and supporting public education. Keramati, an outdoor enthusiast and nature lover, is a member of the Sierra Club who enjoys hiking.

A Day at the Farm – Congaree and Penn, p. 19

A Taste of France – Wine and Cheese Pairings, p. 30

Mary Beth Koechlin retired in 2001 from the Financial Management Service, U.S. Department of Treasury. She was an AmeriCorps volunteer in Duval County for three years. In the 1960s and 70s, Koechlin worked in nonprofit and community organizations. She is a lifelong learner through her travel, friendships, reading, classwork, research and observation. Koechlin is a longtime OLLI member who enjoys supporting the ED-ventures team. She appreciates the educational resources that OLLI provides. They enrich daily living and motivate her continued participation.

The Arc Jacksonville: A Place You Should Know, p. 29

Dan Kossoff has written, directed and produced thousands of television programs, films, commercials and special events throughout his 50 years in broadcasting and visual communications. His work ranges from producing the Jacksonville Jazz Festival and working as a corporate marketing executive to film critic and television talk show host. Music remains Kossoff's passion. He toured as a folk singer and produced folk and jazz programs for public radio. Kossoff enjoys performing and sharing his collection of vintage recordings throughout North Florida.

The Soundtrack of Your Life, p. 22

Glenn Kuhnel has taught at every level from elementary to graduate school. Early in UNF's history, he was an adjunct in the history, philosophy and religion departments. Kuhnel has also taught at Seattle University, Mount St. Paul College and Loyola University in New Orleans. Prior to retiring, he held a variety of administrative positions in the Catholic Diocese of St. Augustine. Kuhnel currently serves as senior theologian at a parish and provides small group seminars on biblical and theological topics. Educated in the classics, he holds a master's degree in scripture, a doctorate in religious studies and a divinity degree from Oxford University.

The Dead Sea Scrolls: Secret Books of the Bible?, p. 24

Anne-Marie Lainé was born and raised in France. As an educator, she has taught students of all ages and grade levels in France, Canada and the U.S. She holds a B.S. in science and education from Université du Québec Montréal and a master's degree in education from Curry College in Massachusetts. Lainé teaches water aerobics in the St. Augustine area.

Advanced French: Level I, Part C, p. 20

Beginning French: Level I, Part C, p. 18

Intermediate French: Level I, Part C, p. 19

William Laird is one of only 1,300 individuals nationwide to hold both the Certified Financial Planner™ (CFP™) certification and Chartered Financial Analyst® (CFA®) designations. He serves Dixon Hughes Goodman Wealth Advisors as a financial advisor. As a member of the firm's investment policy committee, Laird helps shape the investment and service experience for the firm's clients nationally. He has 17 years of experience in wealth management. Laird specializes in assisting clients through major life transition events, such as retirement, divorce, long-term care and death. He invests significant voluntary efforts to Rotary International, the Estate Planning Council of Northeast Florida and the Financial Planning Association of Jacksonville. Laird is married with two children and lives in Clay County.

Mastering Retirement: The Keys to Success after Your Retirement Date, p. 27

Joyce Lasch, a Jacksonville resident since 1995, joined OLLI at UNF in 2008. She previously resided and received her degrees in Pittsburgh, Pennsylvania, and in the Maryland suburbs of Washington, D.C. Lasch's passions are fitness, nutrition and health. She continues to stay active as a group exercise instructor and yoga teacher.

OLLI Book Club, p. 30

Liz Leuthold retired after 30 years of employment with the government. She spends her time sewing, crafting, playing in her garden, reading and traveling. Leuthold specializes in giving used items a new life and selling a few of her creations in St. Augustine.

Make Unique Pillow Covers: Holiday Edition, p. 10

Christine Lewitzke moved to Jacksonville after retiring from her second career at The University of Alabama's College of Continuing Studies. She joined OLLI at UNF in 2010. Lewitzke enjoys planning local and international travel that is off the beaten path.

Escape Room Escapade, p. 21

Transforming Downtown Jacksonville: Explore the Cathedral District, p. 29

Peter Lomonte is a retired hospital pharmacist and manager. He is a longtime Apple-Mac and iOS (iPhone, iPad) user with more than 10 years of experience with Apple Mac, nine years of experience with iPhone and more than six years of experience with iPad. Friends and former co-workers called him the "Apple guy." Lomonte is an amateur guitarist who uses Apple's Logic recording software for music recording and production.

Apple Mac for Beginners and New Users, p. 11

iPhone and iPad for Beginners, p. 28

Top Tips: Make Your iPhone or iPad Work for You, p. 27

Mary Longanbach has been a Florida Master Gardener for 12 years. She enjoys sharing her knowledge with others to help them enjoy gardening as well.

Poinsettias: Selection and Care, p. 29

Michael Mattson owned and operated Accidental Auto Body Inc. in Waukegan, Illinois, for 39 years. He is a seasoned I-CAR instructor who educates estimators, technicians and insurance appraisers in proper repair techniques. Mattson was an independent insurance appraiser for Stout Appraisal Company as well as an expert court witness for insurance companies and consumers. As an industry leader, he served as president of the Automotive Service Association of Illinois and the Alliance of Automotive Service Providers of Illinois. Mattson has been an adviser to Lake County Technical Center in Illinois. His volunteer activities have included service as a past president and board member of Literacy Volunteers of Lake County, Illinois. Mattson is currently a golf coach for The First Tee of North Florida.

Automobiles Today: Electronics, Computers and Safety, p. 20

Sara B. May is a writer, editor, photographer and textile artist. She has dabbled in various art and craft forms since childhood. May became an avid fan of Julia Cameron's since reading her 1992 book titled "The Artist's Path: A Spiritual Path to Higher Creativity." May taught classes based on that book in Athens, Georgia, and Asheville, North Carolina. She attended the University of Georgia majoring in fabric design. Since moving to Jacksonville in 2016, May has been involved in Women Writing for a Change and leads vision board workshops.

It's Never Too Late to Begin Again: Discovering Creativity and Meaning at Midlife and Beyond, p. 18

Marilyn McAfee was a career foreign service officer for 31 years. Her special assignments often focused on democracy building and conflict resolution. McAfee served in Iran and many countries in Latin America. She was U.S. Ambassador to Guatemala from 1993 to 1996. McAfee received the Presidential Meritorious Award, the Distinguished Honor Award and the Superior Honor Award. Since retiring from diplomatic service, she has been a leader in the World Affairs Council of Jacksonville and served on the National Board of the World Affairs Councils of America.

Diplomacy's Role: U.S. Ambassador and the U.S. Embassy, p. 23

Neil McGuinness is a longtime resident of Atlantic Beach with passionate interests in history and geography. He has had multiple careers ranging from owning and operating a 250-passenger paddlewheel riverboat to senior corporate executive roles in Fortune 500 companies. McGuinness put his fascination with history to work by writing a successful book titled "The Beaches: A History and Tour," now in its fourth printing.

He served on the board of the Beaches Museum from 2012 to 2018. McGuinness played a significant role in creating historical exhibits in the museum's early years. More recently he has been researching and writing a 16,000-year history of mainland North American that he plans to publish.

How Did Railroads Transform America?, p. 8, 25

Bryan McKersie received a Ph.D. in biology. He was a professor for 20 years at University of Guelph, Canada. McKersie left academia to work with BASF in North Carolina for 15 years where he managed international research projects in plant biotechnology. In retirement, McKersie writes about research project management.

CRISPR and the Gene Editing Controversy, p. 14

Kenneth McMillan was a professor in UNF's Department of Art and Design where, for 35 years, he taught aesthetics, art of the 20th century, art since 1940, ceramics, sculpture and film. He is also former chair of that department. McMillan's travel to England, Ireland, Wales, France, Bulgaria, Spain, Japan, New Zealand, Australia and Belize included research and presentations.

The Movies: Gender, Music and Special Effects, p. 23

Jay Melesky worked for more than 40 years in banking and health care industries as an information technology specialist. He pursues his passion for history through extensive reading and travel, as well as by taking classes and seminars. Melesky believes that we never stop learning and that current events represent the perfect platform for continual lifelong learning

Current Events, p. 14

Edward Mickolus says he snuck off with a Ph.D. from Yale University before they noticed it was missing. He was a CIA analyst, operations officer and manager for 33 years. Mickolus taught creativity and other techniques at the CIA, the FBI Academy and a host of other federal agencies. He runs Vinyard Software Inc. and is the author of 36 books including "The Secret Book of CIA Humor." Mickolus will autograph any book you'd like, but he prefers to sign those he actually wrote. He is a recovering standup comic.

Meet Your OLLI's Authors, p. 15

Spycraft for Thriller Readers, Writers and Watchers, p. 7, 17

Jen Jones Murray is marketing and community services coordinator for UNF's Thomas G. Carpenter Library. An advocate for education, culture and the arts, she was director of the Jacksonville International Airport art program; she managed its rotating exhibitions and coordinated the commission of permanent large-scale, site-specific, public art for the Jacksonville Aviation Authority. Murray has a B.A. from UNF and founded its Art in the Library Program. She has more than 20 years of

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experience leading arts businesses, place-making organizations and community-based programs. Murray received the UNF Outstanding Alumni Award in 2009, Jacksonville Business Journal's Top 40 Under 40 Award and Outstanding Neighborhood Business Leader by Riverside Avondale Preservation. The last award recognized her as the president of the Avondale Merchant Association for leading that historic neighborhood through its most recent restoration.

Meet the Artists: Your VIP Art Tour of UNF's Library, p. 30

Sandy Myers is a native of Jacksonville and a graduate of UNF. She owned and operated Edwards of San Marco for nearly 30 years and My Best Friend's Closet. In retirement Myers assisted her aging parents until they passed away. She now enjoys traveling (which her mother encouraged) as well as cooking, hiking and OLLI.

Mystical Matanzas: A Place You Should Know, p. 26

Sue Lamb Myers has been an enthusiastic practitioner of Tai Chi for more than 14 years. She has experience with numerous Yang style tai chi forms and the Cheng Man-ch'ing sword form. Myers studied with master instructors Ken Lo, Sam Tam, Liu Peng and Ken Van Sickle.

Tai Chi for Your Aching Back, p. 19

Tai Chi: What's It All About?, p. 8, 19

Andrew Nagorski, an award-winning journalist, was born in Scotland to Polish parents, moved to the United States as an infant and has rarely stopped moving since. He now lives in St. Augustine, Florida. During a long career at Newsweek, Nagorski served as the magazine's bureau chief in Hong Kong, Moscow, Rome, Bonn, Warsaw and Berlin. He is the author of seven books including the most recent "The Year Germany Won the War." Nagorski has also written for countless publications including The Wall Street Journal, The New York Times and Foreign Affairs. www.andrewnagorski.com

1941: The Year Germany Lost the War, p. 8, 13

Joe O'Shields is a practicing lawyer in Jacksonville. He has a lifelong love of history and earned degrees in that discipline from the University of South Carolina (B.A.) and UNF (M.A.). He is an active communicant at St. John's Episcopal Cathedral, has mentored an Education for Ministry class for more than a decade and practices as a spiritual director. O'Shields enjoys riding his bicycle, practicing yoga and being a grandfather.

Ronald Reagan and American Conservatism, p. 11

Paula Parker moved to Jacksonville from Ohio. She taught in Florida, North Carolina and Ohio after receiving a Ph.D. in chemistry from The Ohio State University. Parker was active as a volunteer for nearly two decades during her childrearing

years. She subsequently taught first-year college level chemistry. Students in those courses included a number of nursing and nutrition students.

What's Cooking? The Chemistry of Baking, p. 27

Judith G. Poucher is a fifth-generation Floridian who taught history among other subjects at Florida State College for 25 years. She holds a Ph.D. from Florida State University and did postdoctoral work at Oxford University. Poucher has published several articles in the "Florida Historical Quarterly." Her book, "State of Defiance: Challenging the Johns Committee's Assault on Civil Liberties," won the Harry T. Moore award from the Florida Historical Society in 2015.

Florida's Most Defiant Suffragist: Mary Nolan of Jacksonville, p. 20

Quarantined from the World: Jacksonville's Yellow Fever Epidemic, p. 21

Nanette Poulos is an avid photo enthusiast. She is a retired associate professor and director of an information assurance center of academic excellence. Poulos now applies her information technology experience to develop her photography skills. She has served as president of an Apple user group in Del Webb Ponte Vedra.

Improve Your iPhone Photos, p. 16

Lynne Radcliffe is a musical educator, performer and composer. She serves as director of music at St. Paul's by-the-Sea Episcopal Church in Jacksonville Beach, adjunct faculty at UNF and program coordinator and teacher at the First Coast Community Music School. Radcliffe serves on the boards of the Beaches Fine Arts Series and BRASS, Beaches Residents Arising in Support of the Symphony. She received her bachelor's degree in music in piano performance from Memphis State University and pursued graduate studies in musicology at the University of Memphis. Radcliffe was formerly a contributor to "Encore!," the magazine of the Jacksonville Symphony, as well as a former host for the public radio program "WJCT Presents the Jacksonville Symphony."

Master the Masters: Adventures of a Symphonic Detective, p. 11

Harry Reagan came to Jacksonville in 1967 as an investigative reporter at WJXT TV-4. He soon became editorial director, researching and presenting the nightly editorials for more than 20 years. Reagan served five years as an at-large member of the Jacksonville City Council and eight years handling public information for the Jacksonville Sheriff's Office. He has been a member of the Jacksonville Historical Society for many years and served as its president for five years. Reagan is also involved with numerous volunteer activities, including Friends of the Jacksonville Public Library.

50 Years of Jacksonville History: Journalism, Media and Politics, p. 14

Joel M. Reaser holds a doctorate in industrial psychology. He was associate director for research at AARP and senior vice president at the National Older Worker Career Center. Reaser served as adjunct and visiting professor at George Washington University. A pickleball enthusiast, he is proud father of three and grandfather of four.

Quest for the Historical Jesus, p. 22

John Reeve retired from the advertising and publishing industry. A Silver Life Master with more than 2,000 Master Points, he frequently competes in regional and national bridge tournaments.

Boost Your Bridge: Simple Conventions and Play of the Hand, p. 10

Annie Rodriguez, M.Ed., is a social justice and institutional change trainer and consultant. Her work represents a unique blend of community organizing, teaching and organizational development consulting. Rodriguez works with institutions, organizations and community groups across the country to positively influence racial identity consciousness, social justice and anti-racist change. She is passionate about eliminating racial and social inequity.

Understand the Construction of Racial Inequity in the U.S., p. 14

Sid Rosenberg was bitten by the wanderlust bug at a very early age. Over the past 30 years, he has pursued his passion for wildlife travel with a primary interest in large predators. Rosenberg's pursuits took him to five continents. Nine trips to eastern and southern Africa were to see magnificent untamed creatures in their natural settings. His first career was in the field of commercial real estate. Rosenberg later earned a Ph.D. in finance and real estate and taught at Florida Atlantic University as well as UNF. He is professor emeritus at UNF.

Wildlife Travel on Five Continents, p. 17

Jayant D. Sathe is a native of Mumbai, India. He came to the U.S. in 1971 to pursue a graduate degree in engineering. Sathe lived abroad in three countries while working for a multinational consumer products company.

All about Coffee, p. 25

Ralph Sawyer has facilitated or taught scores of courses since OLLI at UNF's inception. He has facilitated Current Events, Great Books and Great Decisions since 2006. Sawyer is a retired Navy Captain Ophthalmologist and was chairman and residency director of the National Naval Medical Center in Bethesda, Maryland, for 15 years. He lectured nationally at a number of ophthalmology organizations for 20 years.

Just What Were They Thinking?, p. 28

Bob Schiffner holds a B.S. in engineering from Penn State and an M.S. in geophysics from the United States Naval Postgraduate School, with a dual major in meteorology and oceanography. He retired as an aviator on several aircraft carriers after 20 years in the U.S. Navy. After retirement, Schiffner worked 25 years for Price Waterhouse Coopers and other major management companies in the data processing arena. During his last six years of employment, he traveled the world as the computer games system manager for the International Special Olympics competitions. Since retirement, he has taught at several community colleges and is currently on the staff at Embry Riddle Aeronautical University and at St. Johns River State College.

I Feel the Earth Move under My Feet: Plate Tectonics at Work, p. 7, 16

The Oceans: Two-Thirds of Our World, p. 24

Kathy Scott was an insurance broker for 35 years. Soon after retiring, she became involved with OLLI at the University of Georgia and loved it. When Scott and her husband decided to move to Jacksonville to be near grandchildren, she was happy to find OLLI at UNF. Scott volunteers with the Explore More and instructor liaison teams. She has found the OLLI programs to be incredibly fulfilling and fun. Scott enjoys the outdoors, art, culture and all of the interesting sites in the region.

Women Artists of the 20th Century, p. 28

M.E. Shober taught Spanish at all levels for 29 years in both public and private schools. She also accompanied many student groups to Mexico, Costa Rica and Spain. While Shober's American students attended classes in Spain, she taught at the same school. After retiring she taught English for 11 years to international students working in the auto industry.

Beginning Spanish: Level I, p. 15

Mike Shore has taught OLLI since 2008. His special areas of interest include technology, climate change, environmental sustainability and American culture. Shore is a former journalist and retired director of media relations for IBM.

Saving the Planet and Ourselves: 40 Climate Change Solutions, p. 29

Allan Silberman is a retired foreign service officer and experienced trainer who led classes in the U.S. and abroad. He served in the U.S. embassies in Brazil and Ecuador and in the U.S. Department of State in Washington D.C. He also established and led for six years the Alternative Dispute Resolution office at the U.S. Federal Election Commission where he resolved more than 120 disputes. As vice president for the American Arbitration Association, Silberman directed its department of education and designed training in alternative methods for commercial, labor, community and international disputes. He is a graduate of Miami University and the University of Illinois and was a Fulbright scholar at the London School of Economics.

Forum on Current Issues, p. 27

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Joan Silberman is a retired consultant and expert in the field of leadership and motivational training, sales management and customer service. She was vice president of Servus Financial Corporation, a Wells Fargo company. Silberman has a diverse background in the finance, manufacturing and publishing industries, and has worked in the private, public and nonprofit sectors. She is a skilled trainer, public speaker and facilitator. Silberman was inducted into the National Women's Hall of Fame, and among other awards, was also the recipient of Washington Business Woman of the Year.

Forum on Current Issues, p. 27

Joseph Steinman is originally from Philadelphia, Pennsylvania, and holds a B.S. and M.S. in chemical engineering and an MBA and doctorate in finance. Early in his career, he worked in research for NASA on the space shuttle. Later Steinman spent 18 years in private industry in various financial and general management positions in the United States, Europe and East Africa. He served on the finance faculty of a university in Switzerland for 12 years and UNF from 2000 to 2008. Steinman has consulted for management throughout the world.

Healthcare in the United States: A Review, p. 22

Joseph T. Stepp has lived in Jacksonville since age five. He received his B.S. and M.D. degrees from the University of Florida. Stepp practiced with the Internal Medical Group from 1979 to 2017, focusing on older patients. He is board certified in internal medicine and geriatrics.

Common Health Problems in People Over 50, p. 12

Nancy Sticht spent more than 40 years as a human resources development and public affairs professional for the federal government before retiring in 2014. She designed and conducted training in leadership, risk communication, media relations and public participation and led several award-winning videos and publications projects. A native of Buffalo, New York, Sticht holds a B.S. in communication and an M.S. in adult learning management. She enjoys travel, reading, theater, photography and volunteering for OLLI as the Explore More programs team lead.

Broadway Musicals: Wicked, p. 7, 21

Joe Stumpf's love for plants, and particularly for growing trees, began at an early age. His interest in bonsai began with the acquisition of a kit of bonsai seeds in 1973. Stumpf is a master gardener. He is a member of the Mandarin Garden Club, the North Florida Bonsai Club, the American and International Bonsai societies and the Bonsai Societies of Florida. Stumpf's Ficus microcarpa was displayed in Epcot's Japanese pavilion during the park's 2011 flower and garden show.

Introduction to Bonsai, p. 7

Susan Swiatosz has been an archivist for more than 15 years. After a career in historic preservation in New York City, she received her MLIS at Pratt Institute in 2003 with a focus in archives and records management. Swiatosz was awarded both the George Simor Merit Award in Archival Management and the Pratt Circle Award for Outstanding Academic Achievement. She worked for several years in the Washington D.C. area with an archival consulting firm. After returning to her home state of Florida in 2005, Swiatosz served as a children's librarian in Broward County, archivist at the Flagler Museum in Palm Beach, and most recently archivist at the Boynton Beach City Library. She is active in regional and state archival groups including service as president of the Society of Florida Archivists. Swiatosz is the head of special collections and university archives at UNF. She holds a BA in history from Colorado State University and an MS in historic preservation from Columbia University.

Preserve Your Family Photographs: Professional Tips, p. 27

Mireille Smith Threlkel was born and raised in French speaking Switzerland. She earned a B.A. in political science and an MBA at UNF. Threlkel's international marketing career was in Switzerland, where she worked for a number of multinational companies. She has traveled extensively, strengthening her interest in expanding multicultural communications and understanding. Threlkel has taught OLLI classes since 2011.

French Book Club, p. 28

Jeanette Toohey became director of OLLI at UNF in 2010. Prior to that appointment she was an art historian who worked as a museum curator for more than 25 years.

An American Artist You Should Know: Augusta Savage (1892 – 1962), p. 28

Women Artists of the 20th Century, p. 28

Ileana Velazquez was born in Puerto Rico and moved to New York City with her parents at age three. After working as a licensed social worker for 36 years in Connecticut, she retired and taught social work and cultural diversity at a local college. Superstorm Sandy scared Velazquez into moving to more pleasant temperatures. She is fluent in Spanish and credits her parents for instilling pride in her culture and language.

Introduction to Spanish: Level I, p. 16

Linda Ward graduated from Wake Forest University with a B.A. in French and a love of travel. She lived in Asia and in Europe for 15 years, where she enjoyed learning about each different city and country. Ward was an accounting specialist at Merrill Lynch prior to retiring. She continues to enjoy world travel and exploring Jacksonville and the surrounding area.

Footloose: Tips for Successful Solo Travel, p. 22

Joseph L. Warner is a retired foreign service officer with more than 30 years of experience working overseas. Prior to that career he was an urban planner in post-consolidation Jacksonville when it was characterized as the bold new city of the south. After retirement, Warner was an adjunct professor of geography and international relations. He holds degrees in geography and a post-graduate diploma in strategic intelligence from the Joint Military Intelligence College. Warner currently serves on OLLI at UNF's Leadership Council.

The Cold War as History: Part II, p. 21

The Spy Novel in Historic Context, p. 21

Sheila Weinstein is a pianist and author. Her book, "Moving to the Center of the Bed," is a memoir. It charts a specific time in her life when her husband of nearly 50 was diagnosed with dementia and she was on her own for the first time in her life. Weinstein is writing another book about aging. She has facilitated OLLI classes on memoir writing and aging.

How Do You Get to Carnegie Hall?, p. 13

Gary Whiting is a freelance photographer, instructor and naturalist who specializes in wildlife and landscape images. His photographs capture uncommon moments to create unique works of art. Whiting's work has been featured in Bird Watchers Digest, St. Johns Magazine and Wild Birds Unlimited retail store videos as well as local business communications and publications. In retirement, he works at Wild Birds Unlimited, teaches photography one-on-one, consults on photography websites, judges photography contests and advises those who wish to share and preserve their images. Whiting conducts seminars for camera clubs and bird conservation organizations across Northeast Florida. He is also a certified University of Florida/IFAS Florida master naturalist who promotes public understanding of Florida's environmental sustainability, connectivity and biodiversity.

Creative Vision for Photographers, p. 13

Hands On: Close-Up and Macro Photography, p. 13

Bob Widergren received his B.S. and M.S. in education from Central Missouri State University and certificate in administration from Florida Atlantic University. He worked for 33 years in the Miami-Dade County school system as a physical education teacher and assistant principal and at Key Biscayne and Palm Springs North elementary schools. The latter two were recognized as Blue Ribbon schools by the U.S. Department of Education. Widergren received an award for being the outstanding community school assistant principal from the Florida Department of Education. His domestic and world travels focus on his passions for history and culture.

Rise and Fall of the Sioux Nation, p. 18

Michael Willner grew up in southern California. He served in the U.S. Army during the Vietnam War. Willner graduated from Long Beach State with a degree in economics, and holds master's degrees in family counseling and vocational rehabilitation. Willner retired from Los Angeles County after serving as a fireman and an EMT. He moved to Florida to join his sister and parents, and he plays competitive tennis and bridge.

Chess for Beginners and Beyond, p. 25

Gary Wilkinson, a Jacksonville native, is a Circuit Court trial judge in the Fourth Judicial Circuit. He received a B.A. from the University of Pennsylvania, and a law degree from Emory University. Wilkinson began his legal career as a prosecutor in the U.S. Army Judge Advocate General's Corps. After his return to Jacksonville, he was in private practice for 25 years and specialized in commercial, business and real estate litigation. Wilkinson has handled litigation matters in both the state and federal court system throughout his career. He was appointed to the bench in 2015 and handles civil, family, probate, guardianship and domestic violence matters.

What Happens Inside Your Florida State Court System?, p. 30

Raymond Wong emigrated from China to the U.S. with his family. His professional career was devoted to promoting Asian diversity in industry and the federal government. Wong was Asian diversity chair for two federal agencies and sponsored numerous diversity initiatives for which he received a prestigious commendation.

Understanding China and the Chinese Culture, p. 13

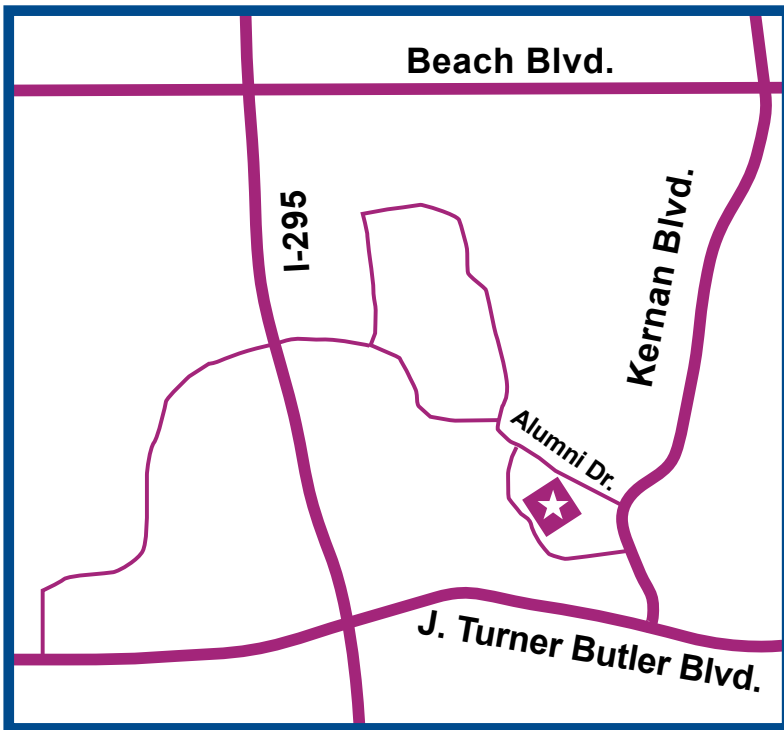
Bonnie Yales-Gibson has lived in Ponte Vedra Beach since 2000. She is an award-winning artist who has taught at OLLI at UNF since 2016. A native of Ohio, Yales-Gibson's earliest creative expression was realized in fiber including needlepoint tapestry and embroidery. She opened and taught classes at The Needle's Eye, a needlepoint shop in Lexington, Massachusetts. Yales-Gibson designed and led a group project that resulted in a 10-panel, 9 by 12 foot tapestry for Temple Isaiah. Her work, created with an artist's group and her mentor Georges Goldstein, adorns more than 500 synagogues (including five in this area), churches, institutions and private homes throughout the U.S. and Israel. Yales-Gibson taught painting and needlepoint on cruise ships for 12 years. Her "War and Peace" tapestry received a first-place award from the National League of American Pen Women.

Experimental Painting: Sponging, Papers, Drips and Doodles, p. 30

Harry Yoffee is a physician specializing in internal medicine who works part time as a consultant for the Veterans Administration and vocational rehabilitation. He has studied English history for more than 50 years.

The War of the Roses, p. 11

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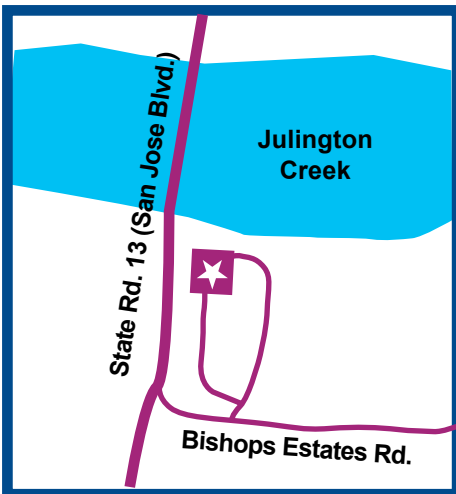


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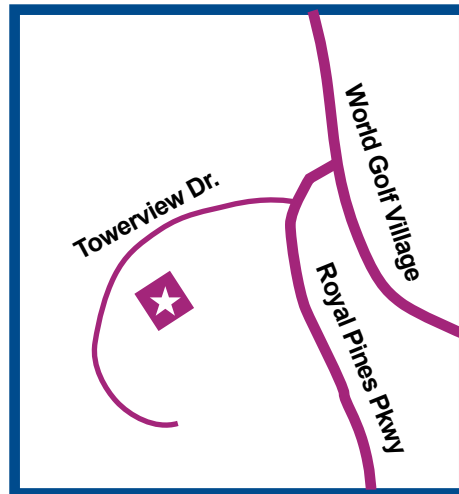
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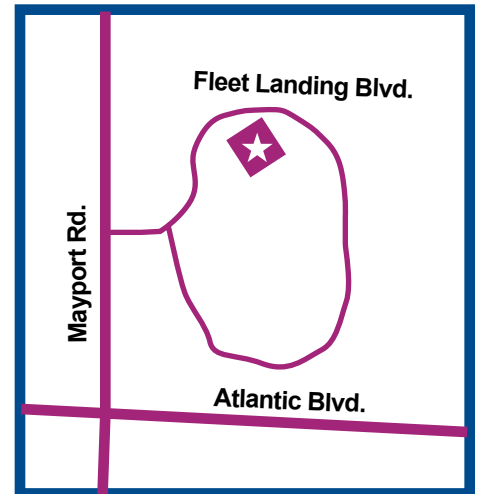
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