

LOOK
INSIDE NOW

OSHER
LIFELONG
LEARNING
INSTITUTE

Spring Gatherings

for learning, volunteering and ED-venturing!

SPRING 2012
COURSE CATALOG
For those 50 and better



**SPRING TERM
Begins Apr. 16**

Registration is open!
Don't wait!
Classes fill fast.

▶ **28 New Courses**
Try something new this spring

▶ **Get Away on a ED-venture**
Take learning outside of the classroom

▶ **www.unfolli.com**
New look - same great information



Division of Continuing Education

No one like you. No place like this.

UNF OLLI

Your Alma Mater



► Some of us enjoyed undergraduate experiences at colleges or universities, others embraced an experiential education in the world of work. The period was memorable because it was the first time away from home. We met new friends, learned interesting new things and prepared for a future career. Fun and fellowship were integral parts of our experience.

Little did we realize that at this stage of life we would participate in a university experience for years providing many new opportunities, including: meeting new people in a new environment; and taking interesting courses, enabling us to better understand the arts and sciences, the world around us and ourselves, to have fun and fellowship, and for many, to share it with a spouse, friend and neighbor.

We hope you will never graduate from UNF OLLI!

OLLI is all about you! Live well. Learn forever.

► JAXPORT ED-VENTURE



YOUR OLLI LEADERSHIP COUNCIL

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This catalog is brought to you by the Curriculum Team and:

EDITOR

Hilda Frederico

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Jay Sherline and Kent Smith

ON THE COVER

Inclusivity Team Members hard at work.

Try an ED-venture! 

Look for the yellow bar and pointer to discover new ED-venture programs. ED-ventures take you outside of the classroom to different locations so you can experience learning first hand. You asked for more activities, and you got it!

► TRAVEL SKETCHING 101



Membership has its benefits!

► The Osher Lifelong Learning Institute (OLLI) at the University of North Florida provides enrichment opportunities for adults age 50 and better. Sponsored by the UNF Division of Continuing Education and funded in part by The Bernard Osher Foundation, UNF's OLLI is one of the fastest growing in the United States and linked to a network of 120 OLLIs at prestigious colleges and universities nationwide.

Membership is \$45 per person and is renewed annually based on the date you joined. Courses are priced based on their length, typically between \$7 and \$40 each. Some activities are free to members, while others require a small fee.



Membership benefits include:

- A broad array of courses at great prices.
- Interesting instructors with real-life experiences.
- A fun, no test, no grade learning environment.
- Social events and activities.
- Access to the University's library, recreation facilities and campus discounts.
- Free parking at UNF University Center conveniently located near the intersection of J. Turner Butler and Kernan Boulevard.

► For more information on courses, lectures, the events calendar, as well as details on our policies and procedures, be sure to check out the OLLI website at www.unfolli.com.

“Everything was so well organized, and all of the volunteers were so friendly and helpful! The instructors were very approachable and meeting them helped me choose additional classes.”

YOUR OLLI SUPPORT TEAM:

Robert Wood, Dean
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Jeanette Toohy, Director
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WELCOME!

A MESSAGE FROM YOUR OLLI PRESIDENT

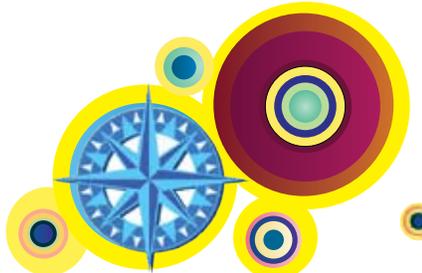


► Thank you for becoming a part of the OLLI community where lifelong learning is a cherished value. We look forward to having you become actively engaged in Celebrating 5 Years of OLLI. Please join us in honoring our past by building a vibrant and sustainable future. Make OLLI your alma mater!

BILLIE J. HAYWARD, UNF OLLI President

**Share OLLI
with a friend!
Memberships
and classes
make great gifts!**

Upcoming Special Event



2012 Annual Southern
**REGIONAL CONFERENCE
FOR LEARNING IN RETIREMENT**

SAVE THE DATE
JULY 25-27, 2012
UNIVERSITY OF NORTH FLORIDA
JACKSONVILLE, FL

Innovation for Today & Tomorrow

Visit www.unfolli.com to preregister.



In conjunction with
**ECKERD COLLEGE
FLORIDA STATE UNIVERSITY
UNIVERSITY OF SOUTH FLORIDA**

Hosted by
UNIVERSITY OF NORTH FLORIDA



UPCOMING COURSES BY LOCATION & DAY



MONDAY at UNF

- NEW** 10..... **Aesthetic: Can You Say It, Spell It and Do It?**
April 16 – 23, 1:30 – 3 p.m.
- NEW** 10..... **Behind the Scenes Tour: St. Augustine Lighthouse and Museum**
ED-venture May 7, 11 a.m. – 12:30 p.m.
- NEW** 11..... **The Big Blue Marble – Birth, Life Until Today and What Can We Expect in the Future**
April 16 – May 7, 9:30 – 11 a.m.
- NEW** 11..... **Current Events 2012: Politics, Foreign Policy and More**
April 30 – June 25, 9:30 – 11:30 a.m.
- NEW** 11..... **Discussing “The New Yorker”**
April 16 – June 25, 3:30 – 5 p.m.
- 11..... **Gentle Yoga**
April 16 – May 14, 9:30 – 11 a.m.
- NEW** 12..... **Imagine – Expand Your Power in Computing – MS Office Overview**
May 7 – June 4, 9:30 – 11 a.m.
- NEW** 12..... **Introduction to Android**
May 14 – 21, 11:30 a.m. – 1 p.m.
- NEW** 12..... **It Was Never About a Hot Dog and a Coke: Ax Handle Saturday**
April 23 – May 7, 11:30 a.m. – 1 p.m.



► A GUIDE TO SEA TURTLES
BY A TURTLE PATROLLER, P. 14



TUESDAY at UNF

- NEW** 12..... **2012 Gardening Series: Duval County Extension Service**
April 17 – May 15, 10 a.m. – noon
- 13..... **Beginning Bridge**
April 17 – May 15, 10 a.m. – noon
- 13..... **Beginning Woodcarving**
April 17 – May 22, 9:30 – 11:30 a.m.
- 13..... **Computer Help**
April 24, 9:30 – 11 a.m.
May 1, 9:30 – 11 a.m.
May 8, 9:30 – 11 a.m.
May 15, 9:30 – 11 a.m.
- 13..... **Creative Writing: Up Close and Personal**
April 17 – May 22, 11:30 a.m. – 1 p.m.
- 13..... **Current Events**
April 17 – June 26, 9:30 – 11:30 a.m.
- 14..... **Estate Planning**
April 17 – May 1, 3:30 – 4:30 p.m.
- NEW** 14..... **Extraordinary Lives of Exceptional Women**
April 17 – May 22, 11:30 a.m. – 1 p.m.
- NEW** 14..... **A Guide to Sea Turtles by a Turtle Patroller**
Lecture: May 29, 1:30 – 3:30 p.m.
Georgia Sea Turtle Center (Jekyll Island)
ED-venture ◀ June 5, TBA
Beach Visit (turtle tracks)
ED-venture ◀ June 15, 6:30 a.m.
Beach Visit (nest survey)
ED-venture ◀ TBA
- 14..... **Improve Your Internet Search Skills**
May 1 – 8, 11:30 a.m. – 1:30 p.m.
- 15..... **Intermediate Bridge**
April 17 – May 15, 1 – 3 p.m.
- 15..... **Intermediate Woodcarving**
April 17 – June 5, 1 – 3 p.m.
- NEW** 15..... **Introduction to Investment Planning**
May 15 – June 12, 3:30 – 4:30 p.m.
- 15..... **iPhones**
April 17, 9:30 – 11 a.m.



You Have a New Digital Camera – Now What?, p. 16

- NEW** 15..... **Pressure Point Pain Relief Strategies and Theraband Exercises and Stretching**
April 24, 9:30 – 11 a.m.
- 16..... **Selling on eBay**
April 17, 11:30 – 1 p.m.
- 16..... **So You Have a New Digital Camera – Now What?**
May 1 – 8, 9:30 a.m. – noon
- NEW** 16..... **Still Fighting the American Civil War**
April 24 – June 5, 1:30 – 3 p.m.
- NEW** 17..... **The Wonders of Chamber Music with the Ritz Chamber Players**
Lecture: April 3, 3:30 – 5 p.m.

WEDNESDAY at UNF

- NEW** 18..... **Behind the Scenes with Players by the Sea: The Trojan Women**
Lecture: June 13, 11:30 a.m.
ED-venture ◀
Thursday, June 14 or Sunday June 17
- 18..... **Children's Literature for Grandparents**
May 23, 1:30 – 3:30 p.m.
- 18..... **Current Events**
April 18 – June 27, 11:30 a.m. – 1 p.m.
- NEW** 18..... **From Versailles to Blitzkrieg**
April 18 – May 16, 9:30 – 11 a.m.
- 19..... **Nutrition Options for Health and Well-Being**
May 2 – 23, 1:30 – 3 p.m.
- NEW** 19..... **Our Brains' Matter**
April 18 – May 23, 11:30 a.m. – 1 p.m.
- 19..... **The String Theory – Learn to Knit**
April 18 – May 30, 1 – 3 p.m.

THURSDAY at UNF

- NEW** 20..... **The Band Plays on
(The Orchestra Too)**
April 19 – May 24, 11:30 a.m. – 1 p.m.
- 20..... **Facebook Explained**
April 19, 9:30 – 11 a.m.
- 20..... **Find “It” Online: Advanced
Internet Searches**
April 19, 11:30 a.m. – 1 p.m.
- NEW** 20..... **French Reading Discussion:
A Literary Classic**
May 3 – 21, 11:30 a.m. – 1 p.m.
- NEW** 20..... **James Joyce: The Early Works**
April 19 – May 24, 9:30 – 11 a.m.

- NEW** 21..... **Legends of Jazz**
April 19 – June 7, 11:30 am. – 1 p.m.

- NEW** 21..... **Speaking of African American Music**
Part I: April 19 – May 10, 3:30 – 5 p.m.
Part II: May 17 – June 7, 3:30 – 5 p.m.
Part III: June 14 – July 5, 3:30 – 5 p.m.
Part IV: July 12 – Aug. 2, 3:30 – 5 p.m.

- NEW** 21..... **UNF Jazz Concert: Pianist Mulgrew
Miller with Vocalist Carmen
Brandford**

ED-venture ◀ April 12, 7:30 p.m.

FRIDAY at UNF

- 21..... **Consciousness, Compassion
and Creativity**
April 20 – June 22, 11:30 a.m. – 1 p.m.
- 21..... **Expand Your Thinking
Open-Focus Brain Training (Part II)**
April 20 – May 25, 1:30 – 3 p.m.

FLEET LANDING ▼

Monday

- NEW** 22..... **Basic Acrylic Painting**
April 16 – May 21, 1 – 2:30 p.m.

Wednesday

- NEW** 22..... **The South in the Revolutionary War**
April 18 – 25, 1 – 2:30 p.m.

Thursday

- 23..... **Free Speaker Series**
Second Thursday of each month
11 a.m. – 12:30 p.m.

GLENMOOR ▼

Tuesday

- NEW** 24..... **Our Brains’ Matter**
May 1 – 29, 10:30 a.m. – noon

Friday

- 25..... **Free Speaker Series**
Second Friday of each month
1:30 – 3 p.m.

WESTMINSTER WOODS ON JULINGTON CREEK ▼

Thursday

- 26..... **Current Events**
April – June 16, 1 – 3 p.m.

Friday

- 27..... **Free Speaker Series**
First Friday of each month
1:30 – 3 p.m.

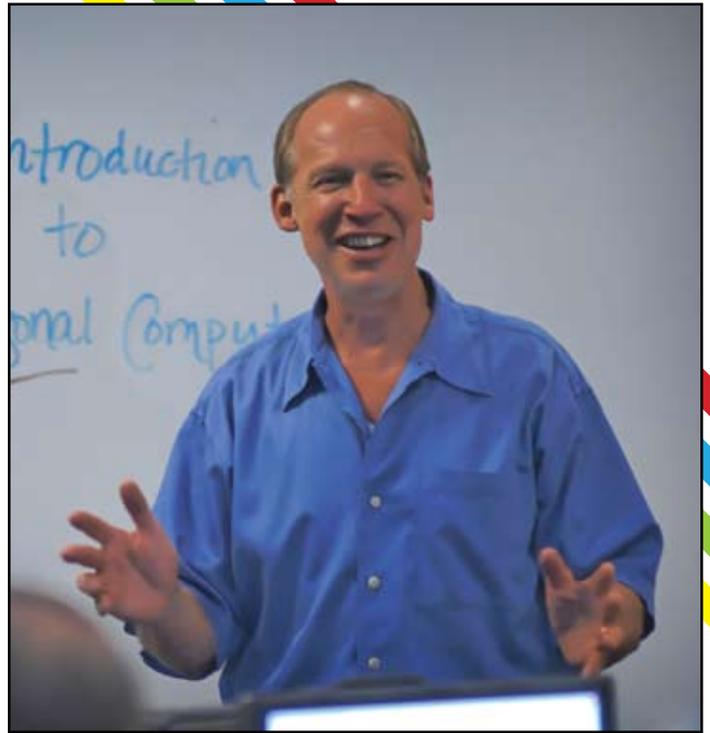
▶ LEGENDS OF JAZZ P. 16





SPRING SPEAKER SERIES

LOCATION & DAY



| WESTMINSTER WOODS (Julington Creek) | FLEET LANDING (Mayport Road) | GLENMOOR (World Golf Village) | UNIVERSITY OF NORTH FLORIDA (University Center) |
|---|---|---|---|
| First Friday of each month 1:30 – 3 p.m. | Second Thursday of each month 11 a.m. – 12:30 p.m. | Second Friday of each month 1:30 – 3 p.m. | Third Friday of each month 1:30 – 3 p.m. |
| APRIL 13 TBA | APRIL 12 VIC DIGENTI Ancient City Confidential: How Historical Fact Became Fiction | APRIL 13 MICHAEL STEWART Jacksonville Aviation Authority and its Economic Impact | APRIL 20 VIC DIGENTI Ancient City Confidential: How Historical Fact Became Fiction |
| MAY 4 ANNLEE ALLEY My Florida Pioneer Family | MAY 10 DEAN VEREMAKIS More Than a Bit of Ribbon and a Piece of Medal | MAY 11 IRENE JAFFA Daughter of the Holocaust | MAY 18 DAVID JAFFEE Street-Level Sociology in Hong Kong |
| JUNE 1 JIM NEWMAN State of the Economy | JUNE 7 JIM NEWMAN State of the Economy | JUNE 8 JIM NEWMAN State of the Economy | JUNE 15 JIM NEWMAN State of the Economy |

Spring Speaker Series events are free to attend. Please RSVP in advance for yourself and guests at (904) 620-4200 or visit www.unfolli.com.

Spring Session

UNF UNIVERSITY CENTER



12000 Alumni Drive, Jacksonville, Florida 32224

MONDAY ▼

NEW AESTHETIC: CAN YOU SAY IT,
SPELL IT, AND DO IT?

April 16 – 23, 1:30 – 3 p.m.
2 sessions, \$15

► Participants will engage in a variety of creative and aesthetic experiences to find and build interest, leaving with a variety of self-expression exercises to do on their own time. It is a fun and easy way to get into playing with materials, color and design.

This two-session course can be expanded into new sessions offered later. It is not necessary to be artistic or take session in sequence.

Instructor: Elaine Omann, p. 30

NEW BEHIND THE SCENES TOUR:
THE ST. AUGUSTINE LIGHTHOUSE AND MUSEUM

ED-venture ◀▶

May 7, 11 – 12:30 p.m.
1 session, \$25

► Discover what goes on behind the scenes at the museum. This program provides you with exclusive access to parts of the historic light station not available with general admission tickets. The tour includes the maritime archaeology artifact conservation lab, where participants will view authentic shipwreck artifacts recently recovered from the ocean floor and learn how archaeologists conserve these invaluable resources. You will investigate the history of the St. Augustine Lighthouse, which includes a glimpse of life as a lighthouse keeper in the late 1800s at the Keepers' House museum. Your tour will end with the opportunity to climb the lighthouse and enjoy the view from 140 feet above ground!

► BEHIND THE SCENES TOUR:
THE ST. AUGUSTINE LIGHTHOUSE AND MUSEUM, P. 10





NEW THE BIG BLUE MARBLE – BIRTH, LIFE UNTIL TODAY AND WHAT CAN WE EXPECT IN THE FUTURE

April 16 – May 7, 9:30 – 11 a.m.
4 sessions, \$25

► This will be a discussion of how Earth and this Solar System came into being and has evolved. Further discussion on the future of this planet will cover many proposed endings, including: meteorite strikes, global warming effects, and surface eruptions that may end life on this planet. We will discuss the Big Bang theory, Continental Drift theory and current scientific thoughts on our future. There is NO mathematics or physics knowledge necessary. To enhance learning, the presentation includes slides, pictures and animations. Participation is encouraged to provide multiple viewpoints.

Instructor: Robert Schiffner, p. 31

NEW CURRENT EVENTS 2012: POLITICS, FOREIGN POLICY AND MORE

April 30 – June 25 (no class May 28), 9:30 – 11:30 a.m.
8 sessions, \$60

► If you find it hard to find serious and civil discussions about current major issues with well-informed people, this is the course for you. For eight two-hour sessions, this class will focus on the “hard news” of the week, particularly those concerning American foreign policy and the approaching November 2012 election. We will sort through often conflicting opinions and facts in an attempt to establish common ground about where our country is and should be headed. Failing that, we should still have a good time sharing adult conversations on difficult problems.

Instructor: Samel Hart, p. 29

NEW DISCUSSING “THE NEW YORKER”

April 16 – June 25 (no class May 28), 3:30 – 5 p.m.
10 sessions, \$55

► “The New Yorker,” a weekly magazine published since 1925, offers commentary, criticism, essays, fiction, poetry, satire and cartoons. Topics reach far beyond New York, covering national and international issues, politics and social matters, medicine, science and more. It also has reviews of music, dance, film, theatre, books, and art.

This course will be led by a group of organizers, who aim to foster stimulating, thought-provoking, civil discourse in a relaxed environment. Each meeting will focus on readings, typically between 20 and 40 pages, from one or more recent issues. Discussions will typically be led by a pair of the organizers or class members. Reading assignments will be announced two or more weeks prior to the meeting. Details about the class format will also be provided as they vary.

Participants must be reachable by e-mail in order to receive assignments and must also have access to the “The New Yorker” magazine, issues March 5 through June 25, 2012.

Facilitators: Discussing the “New Yorker”
Facilitators, p. 28

GENTLE YOGA

April 16 – May 14 (no class April 30)
9:30 – 11 a.m.
4 sessions, \$25

► This course starts with centering, breath awareness, and warming up. Participants will learn how to gently stretch and use props according to their physical ability. Alignment will be addressed for safety reasons. Each class ends with a 10 minute guided relaxation. Participants are encouraged to wear comfortable clothing, bring a mat and rejuvenate.

Instructor: Regina Turner, p. 32



For the latest OLLI updates, visit us at www.unfolli.com

Monday ▼ Continued

NEW IMAGINE – EXPAND YOUR POWER IN COMPUTING – MS OFFICE OVERVIEW

May 7 – June 4 (no class May 28), 9:30 – 11 a.m.
4 sessions, \$25

► This is for the novice user of Microsoft Office Suite software products. You will learn the advantage of built-in tools to create documents, spreadsheets, and slides. The course will also provide an overview of Outlook to manage your address book, e-mails, calendars and appointments. Sign up and let your imagination take flight with additional computing power.

Instructor: Margie Begley, p. 27

NEW INTRODUCTION TO ANDROID

May 14 – 21, 11:30 a.m. – 1 p.m.
2 sessions, \$15

► Did you recently take the leap to an Android smartphone? Maybe you've had yours for a while and have seen someone do something neat on their phone that you'd like to do on yours. Either way, you probably have plenty of questions. Write those questions down, because the instructor will start the class off answering every question to the best of his ability. Thirsty for more? After the questions have been answered, he will fill you in on some of his favorite apps, tips, and tricks.

Be sure to bring your Android phone and your laptop, if you have one.

Instructor: Andy Hegele, p. 29

NEW IT WAS NEVER ABOUT A HOT DOG AND A COKE: AX HANDLE SATURDAY

April 23 – May 7, 11:30 a.m. – 1 p.m.
3 sessions, \$15

► Recount the events leading up to, and the fallout from the bloody events of August 27, 1960 in Jacksonville, Fla. Part memoir, part history and part biography, Rodney Hurst's book provides a chronicle of pivotal events in the Civil Rights struggle. Whether you were there, heard stories, or know little about this time in history, this course will enlighten your mind and expand your awareness.

Instructor: Rodney Hurst, p.29

Tuesday ▼

NEW 2012 GARDENING SERIES: DUVAL COUNTY EXTENSION SERVICE

April 17 – May 15, 10 a.m. – noon
Single sessions, \$10 Series, \$40

April 17: Jazz Up Your Landscape with Color

► Plant material and hardscape colors add interest and variety to landscapes. Color is the most conspicuous element in the landscape and is usually the focus of most homeowners. However, it is also the most temporary element, usually lasting only a few weeks per year for specific plants. The use of color is guided by the use of the color wheel to create color schemes.

April 24: Container Gardening with Edible Plants

► If you have a small area or don't have the capacity to grow a large vegetable garden, consider container gardening. Growing vegetables and herbs in containers can be just as rewarding as having a full-size garden. Many plants grow in pots just as well as they do in the ground.

May 1: Jacksonville's Living Beaches (Natural History)

► This class provides classroom instruction on the general ecology, habitats, vegetation types, wildlife, and conservation issues of Northeast Florida beaches. The program also addresses society's role in coastal areas, and discusses environmental ethics.

May 8: Recycling Composting and Vermiculture

Composting is an excellent way to turn yard wastes (grass clippings, leaves, etc.) and kitchen wastes (vegetable and fruit scraps, coffee grounds, etc.) into a source of nutrients for your plants. Vermiculture, composting with earthworms, is an excellent technique for recycling food waste in your home. It doesn't smell bad; in fact, it produces fewer odors than putting food in the trash.

May 15: Storm Resistant Landscapes and Hiring an Arborist

► Hurricane-force winds can be extremely damaging to our landscapes. Without question, trees can become hazardous, posing risk to personal safety and property. However, there are opportunities to better prepare for the next hurricane season by selecting and maintaining trees properly. This class will also outline steps to ensure you hire competent arborists to perform tree work.

Lead Instructor: Larry Figart, p. 28

BEGINNING BRIDGE

April 17 – May 15, 10 a.m. – noon
 5 sessions, \$40

► Designed for those with a limited understanding of bridge concepts and play, this class introduces players to basic hand/card evaluation, bidding, play of the hand, defenses, and the language of bridge. Each session includes a lecture followed by game play.

Instructor: John Reeve, p. 31

BEGINNING WOODCARVING

April 17 – May 22, 9:30 – 11:30 a.m.
 6 sessions, \$45

► Students learn safe carving habits, woodworking, finishing techniques, and knife sharpening skills. Woodcarving students are offered a choice of several projects, from beginner to intermediate. All students work at their own pace, completing at least one project before the end of the six-week class. No carving gloves or knives are provided, and the beginner student should expect to spend approximately \$75 for tools, a carving glove, knife and gouge. After this initial expenditure, the wood required for each class project should cost less than \$10. Although carving knives and wood can be found on the Internet, the instructor recommends waiting until after the first class before buying tools or supplies. If you have knives and a glove, we ask you to bring them to the first class for a safety inspection. All students are required to sign a UNF waiver before they carve.

Instructor: Glenn Ross, p. 31

COMPUTER HELP

Free member benefit, enrollment required for each session.

April 24, 9:30 – 11 a.m., 1 session

May 1, 9:30 – 11 a.m., 1 session

May 8, 9:30 – 11 a.m., 1 session

May 15, 9:30 – 11 a.m., 1 session

► Each of these free sessions provides opportunities to visit the computer lab with a concern or question about your Mac or PC. Help is available for e-mail, download/uploads, basic MS Word skills, and iPods, iPads, iPhones. The instructor helps you with most computer issues. If you have the capability, you may bring in your lap top to demonstrate the problem and see how to make the right moves to affect a solution.

Instructor: Randi Loving, p. 30

CREATIVE WRITING: UP CLOSE AND PERSONAL

April 17 – May 22, 11:30 a.m. – 1 p.m.
 6 sessions, \$35

► “Do not go where the path may lead,” Ralph Waldo Emerson directed, “go instead where there is no path and leave a trail.” Writing makes a path – let’s create new trails. This course addresses voice, point of view, content, and your reader. We read, discuss and write short, creative nonfiction pieces in and out of class. No matter your experience level or writing goals may be, this course helps you become a better writer. Participants will bring lunch.

Requirement: E-mail access

Instructor: Dixie Golden, p. 29

CURRENT EVENTS

April 17 – June 26, 9:30 – 11:30 a.m.
 11 sessions, \$80

► In this lively, stimulating course, participants discuss topics of interest drawn from readings and other media of the day. Each week, participants bring at least one newsworthy article of interest to present to the class. The facilitator assists by keeping the discussion of the topic open, focused and on track.

Facilitator: Howard Hodor, p. 29

► BEGINNING BRIDGE, P. 13



ESTATE PLANNING

April 17 – May 1, 3:30 – 4:30 p.m.
3 sessions, \$15

► Not your ordinary estate planning course! Usually when people think about estate planning, they think in terms of probate and estate taxes. Although this class covers those topics, it also includes basic items that most forget. During these three classes, we cover everything from continuation of income, IRA secession, Social Security and annuities to asset protection. Life-changing issues such as long-term healthcare, losing a spouse and caring for an older parent are included.

Instructor: Jim Newman, p. 14

NEW EXTRAORDINARY LIVES OF EXCEPTIONAL WOMEN

April 17 – May 22, 11:30 a.m. – 1 p.m.
6 sessions, \$35

► Focusing on universal themes as reflected in the lives and legacies of notable women who defied convention and stereotype, this seminar format discussion group will be led and researched by both the facilitator and class participants.

Formatted as an informal, round table exchange of ideas and information, each week's discussion will be co-facilitated by pre-selected class participants through the presentation of supplementary, independent research and questions to ponder. Five pairs of women as diverse as Rosa Parks and Aung San Suu Kyi, Amelia Earhart and Dr. Sally Ride, Diane Arbus and Cindy Sherman, Hillary Rodham Clinton and Geraldine Ferraro, and Charlotte Perkins Gilman and Virginia Woolf will be distributed or referenced prior to each seminar.

While there is no required textbook, independent reading, research and more than a nodding acquaintance with the Internet is strongly encouraged in order for all participants to be appropriately engaged.

To keep topic selection as current as possible, and to ensure adequate preparation for group discussion, a final syllabus will be sent to registrants no later than one week prior to class beginning.

Facilitator: Lee Marshall, p. 30

NEW A GUIDE TO SEA TURTLES BY A TURTLE PATROLLER

Lecture, May 29, 1:30 – 3 p.m.
1 session, \$7

ED-ventures

Georgia Sea Turtle Center (Jekyll Island), June 5, \$25
Beach Visit (turtle tracks), Friday, June 15, 6:30 a.m.
Beach Visit (nest survey), Date TBA, 7 p.m.

► Explore the lives of sea turtles through one classroom presentation followed by several field trips. One trip in June will take us on an early morning beach walk to discover turtle tracks leading to a new nest. An evening beach trip in July will give us an opportunity to survey a hatched nest and rescue a baby turtle or two. A third, and optional trip will take us to the Georgia Sea Turtle Center on Jekyll Island. Date and times for field trips will be determined by the class and mama turtles.

Instructor: Jo Ann Hart, p. 29

IMPROVE YOUR INTERNET SEARCH SKILLS

May 1 – 8, 11:30 a.m. – 1:30 p.m.
2 sessions, \$20

► Learn the basics of the Internet and develop your searching skills. Through presentation, demonstration and practice, you will learn how popular search engines work, tips to find what you want more quickly and easily, additional online searching options, and where to turn for more help.

Instructor: Stephanie Weiss, p. 32



► **IMPROVE YOUR INTERNET SEARCH SKILLS, P. 14**

INTERMEDIATE BRIDGE

April 17 – May 15, 1 – 3 p.m.
5 sessions, \$40

► Designed for those who have received previous instruction in the game, this course focuses on play of the hand, defense, and an introduction to the modern game's simple conventions. Class time consists mostly of actual card playing and assumes a basic understanding of bidding principles.

Instructor: John Reeve, p. 31

INTERMEDIATE WOODCARVING

April 17 – June 5, 1 – 3 p.m.
8 sessions, \$60

► This class starts with refresher safety instructions, project selection and a knife sharpening review. All students must have a UNF waiver on file before they carve. Students work at their own pace, completing at least one project before the end of the eight-week class. The instructor, a master carver, assists in all phases of the project selection, including design; carving, finishing, and displaying. The class also covers detailed descriptions of carving knives for students wishing to add new knives to their collection. Students must provide their own carving gloves and knives. If you have knives and a carving glove, we ask you to bring them to the first class for a safety inspection. Both intermediate and advanced woodcarvers will find this class a challenging opportunity.

Instructor: Glenn Ross, p. 31

NEW INTRODUCTION TO INVESTMENT PLANNING

May 15 – June 12 (no class May 29), 3:30 – 4:30 p.m.
4 sessions, \$20

► If you're fortunate enough to have money left over after paying the costs of living, you may be able to make that extra money work for you by investing it for earn a financial return. Investment planning involves deciding how to best put your money—your capital—to work to achieve your financial goals. In this class we will discuss: setting investment goals, your investment personality, designing an investment portfolio, selection of specific investments, managing and monitoring the portfolio, and how to effectively rebalance or redesign the portfolio when needed.

Instructor: Jim Newman, p. 30

iPHONE

April 17, 9:30 – 11 a.m.
1 session, \$7

► Everyone seems to have an iPhone these days, but do they really know its potential? Does it seem to do things on its own that just drive you crazy? If so, then this is the class for you! Learn the basics of how to use your iPhone. We cover many apps as well as maps, phone, messages, calendar, mail, iPod, and so much more.

Requirement: Bring your iPhone 3G, 3GS or 4 to class.

Recommended materials: Elizabeth has written a book to help with after class Internet adventures (available for purchase after class).

Instructor: Elizabeth (Hammond) Pamplone, p. 31

NEW PRESSURE POINT PAIN RELIEF STRATEGIES AND THERABAND EXERCISES AND STRETCHING

April 24, 9:30 – 11 a.m.
1 session, \$7

► Theraband Exercises will be demonstrated to show stretching and strength building techniques that can be used in bed upon waking, or during the day while sitting or standing. Theraband exercises are the ultimate therapy tool to increase flexibility and muscle strength. Members have the option to practice the exercises during class.

Pressure point relief strategies will be demonstrated by identifying trigger points and simple techniques to help relieve pain, including: headaches, sciatica, and frozen shoulder. A brief orientation to charts on reflexology of hands will be provided.

Please wear comfortable clothing for exercising.

Instructors: Marian Frech and Maria Dragoo, p. 28



For the latest OLLI updates, visit us at www.unfolli.com

SELLING ON eBAY

April 17, 11:30 a.m. – 1 p.m.
1 session, \$7

► Want to turn your trash into CA\$H? Well, if you do, this class is for you! Someone might want that old lamp your great aunt left you or that broken DVD player with only a power cord and remote. It's true – these things will sell on eBay, the online community of buyers and sellers who are rated on a number of different criteria. You can buy or sell ANYTHING on eBay. This class walks you through the process of registering for eBay and PayPal (a secure money transfer site online) and selling items. It also covers listing a book on half.com (an eBay affiliate).

Instructor: Elizabeth (Hammond) Pamplone, p. 31

SO YOU HAVE A NEW DIGITAL CAMERA – NOW WHAT?

May 1 – 8, 9:30 a.m. – noon
2 sessions, \$25

► How do you make your new digital camera work for you? If you desire the best photos from your digital camera, this basic course can help. Learn camera controls and how to transfer images to a computer. Digital photographers with a computer will learn to print, e-mail and edit pictures. NO intermediate or advanced photographers allowed. The class does NOT include Photoshop instruction. Please bring your camera, the instruction manual and questions.

Instructor: Jay Sherline, p. 32

NEW STILL FIGHTING THE AMERICAN CIVIL WAR

April 24 – June 5, 1:30 – 3 p.m.
7 sessions, \$40

► David Goldfield's "Still Fighting the Civil War: The American South and Southern History" (Baton Rouge, 2004) examines the impact of the war on the South and the rise of the Lost Cause ideology among white southerners. The Lost Cause holds that southerners fought northern invaders, not to protect slavery but rather to their states' rights. It also views the Reconstruction period following the war as one of military occupation and corruption until southern redeemers evicted the army. By the twentieth century, most northerners want complete sectional reconciliation and largely accepted the southern view of the American Civil War. Soon the Lost Cause ideology was woven firmly into the national psyche. Following World War II and the Cold War era, major American historians modified their views on the Civil War and Reconstruction, and today the debate continues between those subscribing to the Lost Cause and those they label revisionists.

Instructor: Shirley Leckie-Reed, p. 30

► STILL FIGHTING THE AMERICAN CIVIL WAR, P. 16



NEW THE WONDERS OF CHAMBER MUSIC WITH THE RITZ CHAMBER PLAYERS

Enrich your music appreciation!

► The Baltimore Sun hailed the Ritz Chamber Players as “one of the most interesting and dynamic ensembles to emerge” on the national chamber-music scene. This season the Jacksonville-based group celebrates its 10-year anniversary in transforming the artistic life of our city, improving student access to music through new cultural experiences, and increasing the understanding and recognition of diversity in the arts.

Each classroom program will include a discussion of the musicians’ backgrounds, their instruments and preparation for performances, as well as an analysis of the two musical performances.

► Benjamin Burwell Johnson’s “Amazing Grace” for String Quartet

Lecture: Tuesday, April 3, 3:30 – 5 p.m.
1 session, \$7

ED-venture

Wednesday, April 4, 7:30 p.m.
(Times Union Center for the Performing Arts)
1 session, \$25 (companion tickets available for an additional \$15 fee)

Johnson, a native of Macon, Georgia, was an innovative modernist composer who fused folksong idioms with traditional classical music forms such as fugues and variations. Writing in 1995, one prominent music critic noted that Johnson, “more than any other composer with roots in the great American musical experiments of the 1950s and 1960s” translated radical approaches “into a music that is immediately apprehensible.”

► THE WONDERS OF CHAMBER MUSIC WITH THE RITZ CHAMBER PLAYERS, P. 17

► John Williams’ “Quartet La Jolla” for Clarinet, Harp and Strings

Lecture: Tuesday, June 12, 3:30 – 5 p.m.
1 session, \$7

ED-venture

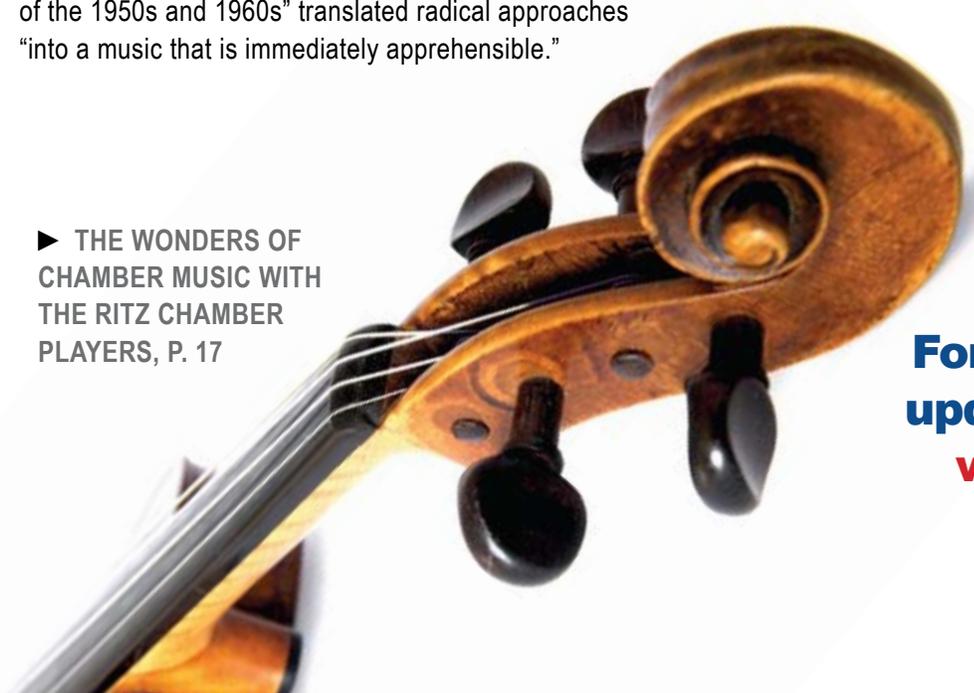
Wednesday, June 13, 7:30 p.m.
(Times Union Center for the Performing Arts)
1 session, \$25 (companion tickets available for an additional \$15 fee)

Williams is one of America’s best known and widely admired composers of popular movie music. Trained at the famed Juilliard School, Williams began his career as pianist in Twentieth Century Fox’s studio orchestra. Soon he was also writing the music for television shows such as “Gilligan’s Island,” “Lost in Space,” “Wagon Train” and “Land of the Giants.” In 1967 he was nominated for an Oscar for his musical score for the movie “The Valley of the Dolls.” Since then he has scored for nearly 90 films including “Star Wars,” “Indiana Jones,” “Superman” and “ET: The Extraterrestrial” and received more than 40 more Oscar nominations. For this program the Ritz Chamber Players will be joined by Ann Hobson-Pilot, the harpist for whom the work was composed.

Facilitator: Terrance Patterson, p. 31



For the latest OLLI updates, visit us at www.unfolli.com



NEW BEHIND THE SCENES WITH PLAYERS

BY THE SEA: THE TROJAN WOMEN

Lecture only: Wednesday, June 13, 1:30 – 3 p.m.

1 session, \$7

Lecture and ED-venture

(Thursday, June 14 evening or Sunday, June 17 matinee performance)

2 sessions, \$25

► Founded in 1966, Players By The Sea at Jacksonville Beach is a nonprofit community theater group with a passion for creating satisfying experiences for its audiences. In addition to traditional performances, local playwrights, solo performance artists and groups of young actors bring exciting and enriching projects to the stage. OLLI members have an opportunity to attend second main stage performance, followed by a lecture.

The Trojan Women by Euripides – How Classic Tragedy Mirrors Modern Warfare

After ten years of punishing war, Troy lies in ruins and her warriors are dead. Bereft of their husbands, their children and their homes, Queen Hecuba, her daughter Cassandra and daughter-in-law Andromache are left to pay the price for the folly of war.

Join Katina Higgins, Director of “The Trojan Women” for at an ancient Greek tragedy that is as modern as today’s headlines. While the locale and uniforms may change over the centuries, the tragedy of war remains the same, with shattered women left to pay the price of men’s brutality and folly. With their homes in flames, their husbands and sons slain in battle, the noble women of Troy are enslaved by the victorious Greeks as spoils of war. In today’s world, violence against women is increasingly used as a tactic and creates enormous suffering.

Facilitator: Joe Schwartz, p. 32

CHILDREN’S LITERATURE FOR GRANDPARENTS

May 23, 1:30 – 3:30 p.m.

1 session, \$10

► Sharing books with young children is such fun!

Explore classic children’s literature covering a variety of reading levels while gaining an understanding of the current language arts curricula. Learn strategies for improving reading skills for elementary school children. Enjoy this wonderful pastime with your grandchildren while helping them develop lifelong reading skills. Used books are available for purchase.

Instructor: Janet Willner Myers, p. 30

CURRENT EVENTS

April 18 – June 27, 11:30 a.m. – 1 p.m.

11 sessions, \$60

► In this lively, stimulating course, participants discuss topics of interest drawn from readings and other media of the day. Each week, participants bring at least one newsworthy article to present to the class. The facilitator assists by keeping the discussion of the topic open, focused and on track.

Facilitator: Marianne Prichard, p. 31

NEW FROM VERSAILLES TO BLITZKRIEG

April 18 – May 16, 9:30 – 11 a.m.

5 sessions, \$30

► The war to end all wars, World War I, didn’t. In fact the Treaty of Versailles that provided the terms for peace, created the seed for an even larger and more deadly war to follow, World War II. Beginning with the flawed Versailles treaty, this class will discuss the events during the 1920s and 1930s that brought about the carnage, beginning with the German Blitzkrieg of Poland, in 1934. Do the problems of this period have relevance today? Or as Santayana said, “Those who ignore history are doomed to repeat it.”

Instructor: Wayne Heckrotte, p. 29

NUTRITION OPTIONS FOR HEALTH AND WELL-BEING

May 2 – 23, 1:30 – 3 p.m.

4 sessions, \$25

► Want to improve your health and well-being through proper nutrition? Learn how to read labels on foods, investigate supplements, and study body care techniques to get the most natural, beneficial results. Discuss the differences between herbal and homeopathic remedies and how to use each one appropriately. Discover dietary options for good health and great taste.

Instructor: Beverly Velasquez, p. 32

NEW OUR BRAINS' MATTER

April 18 – May 23, 11:30 a.m. – 1 p.m.

6 sessions, \$35

► This is a survey course to address the special-interest issues of individuals old enough to participate in OLLI, calling attention to recent research and sharing interesting trivia about the brain. The instructor expects students to feel free to interact and ask questions for which she may have to research the answers.

Instructor: Ann Flipse, p. 28

THE STRING THEORY – LEARN TO KNIT

April 18 – May 30, 1 – 3 p.m.

7 sessions, \$50

Are you bored watching ESPN? Learn to knit, and endure even baseball! This course is designed for beginners.

Required materials:

Size 8 needles and one skein of yarn.

Instructor: Toni Enos, p.28



► THE STRING THEORY – LEARN TO KNIT P. 19

NEW THE BAND PLAYS ON (THE ORCHESTRA TOO)

April 19 – May 24, 11:30 a.m. – 1 p.m.
6 sessions, \$35

► Do you play a musical instrument? Or, would you like to learn to play one? If you have not played an instrument for years, would you like to begin again?

Musicians will demonstrate the most popular instruments, giving you a chance to choose and play your favorite, including a mellow trombone, a stirring trumpet, the haunting flute, the jazzy clarinet, a melodious violin or other string, or another instrument.

Each class will feature some music theory, but the emphasis will be on playing the instrument of your choice.

A few instruments may be available on loan and others are for rent. If you already own an instrument, you will be able to use it in class.

Recommended: Participants should schedule weekly practice time.

Instructor: Richard Dickson, p. 28

FACEBOOK EXPLAINED

April 19, 9:30 – 11 a.m.
1 session, \$7

► Privacy, pics, status updates, profile, tagged, messages, and news feed. These and more Facebook lingo will put you in the know. Become an expert! We cover the basics of a profile and the various areas of the main sign-on screen. You especially want to learn how to set the complex privacy settings. Enjoy social networking through the computer. Find friends you have not seen in years. See what friends and family post. It's all possible on Facebook.

Recommended: Please sign up for a free Facebook account prior to the first session. It requires an e-mail address.

Recommended book: Elizabeth has written a book to help you with after-class Facebook adventures (available for purchase after class).

Instructor: Elizabeth (Hammond) Pamplone, p. 31

FIND “IT” ONLINE: ADVANCED INTERNET SEARCHES

April 19, 11:30 a.m. – 1 p.m.
1 session, \$7

► Have you ever started an online search only to give up because the information you wanted was not on the Internet? Then this class is for you! You will learn of a host of wonderful review and search sites. Learn search words that will get you the best information as fast as possible.

Recommended book: Elizabeth has written a book to help you with after class Internet adventures (available for purchase after class).

Instructor: Elizabeth (Hammond) Pamplone, p. 31

NEW FRENCH READING AND DISCUSSION: A LITERARY CLASSIC

May 3 – 21, 11:30 a.m. – 1 p.m.
5 sessions, \$40

► This course is specifically designed for students with intermediate or advanced knowledge of French through prior experience in college level courses or living in a French-speaking country. Students will critically study and discuss a pre-selected French literary classic. Participants will be advised of literary selection prior to the first class.

Instructor: Mireille “Mimi” Smith Threlkel, p. 32

NEW JAMES JOYCE: THE EARLY WORKS

April 19 – May 24, 9:30 – 11 a.m.
6 sessions, \$35

► This course will cover the historical context and early career of the writer who is considered the dominant figure of modern English literature. We will discuss his biographical novel, “A Portrait of the Artist as a Young Man,” and his short story cycle, “Dubliners,” with a special emphasis given his first masterpiece, “The Dead.” After the introductory class, we will continue in seminar format, structured around group discussion. In addition, each participant will have the opportunity, but not the obligation, to select a critical writing, biographical study, or critical commentary from a list provided of Joyce or associates and share a brief report with the group. The instructor will facilitate the study of Joyce as a modern writer who has a unique perspective on morality and an unparalleled aesthetic imagination.

Instructor: Walter Mattingly, p. 30

NEW LEGENDS OF JAZZ

April 19 – June 7, 11:30 a.m. – 1 p.m.
8 sessions, \$45

► In the last few years we've only scratched the surface examining, honoring and listening to the ever growing list of jazz greats. Each week, the focus will be on the artistry of iconic vocalists, soloists, groups and big bands, all colorfully illustrated via special recordings. Join us and learn to love jazz: the sound of surprise.

Instructor: Bob Bednar, p. 27

NEW SPEAKING OF AFRICAN AMERICAN MUSIC

Part I African Music and Culture contrasted with Eurocentric Music and Culture

April 19 – May 10, 3:30 – 5 p.m.
4 sessions, \$25

Part II African American Folk Music and Pre-Jazz Genres and Styles

May 17 – June 7, 3:30 – 5 p.m.
4 sessions, \$25

Part III African American Religious and Popular Music
June 14 – July 5, 3:30 – 5 p.m.
4 sessions, \$25

Part IV African American Concert Music
July 12 – Aug. 2, 3:30 – 5 p.m.
4 sessions, \$25

► This course is a series of four independent 4-week seminars, each one focusing on a different aspect of African American music. Students will listen to, learn about, and discuss the music fundamentals that form the distinctive sounds of this genre. The seminars will be taught consecutively over two terms for those wishing to take all four seminars.

Recommended book: The instructor's recent publication "African American Musical Heritage" is newly available online from xlibris.com, amazon.com and barnesandnoble.com ranging in price from \$82.99 (hardcover), \$74.99 (softcover) \$3.99 (e-book). Accompanying compact disks are also available for \$27.

Instructor: Lenard Bowie, p. 27

NEW UNF JAZZ CONCERT: PIANIST MULGREW MILLER WITH VOCALIST CARMEN BRADFORD

ED-venture ◀▶

April 12, 7:30 p.m.
1 session, \$10

► Attention Jazz Enthusiasts!

You are invited to the 24th Great American Jazz Series concert. Enroll in this ED-venture to receive premium seats at a deeply discounted price. The OLLI group will enjoy a 5 p.m. pre-concert Dutch treat dinner at a nearby restaurant. One of your fellow OLLI members will coordinate this special evening of wonderful music and great fellowship!

Friday ▼

CONSCIOUSNESS, COMPASSION AND CREATIVITY

April 20 – June 22, 11:30 a.m. – 1 p.m.
10 sessions, \$55

► We cover, in depth, how consciousness (mindfulness), compassion and creativity can help make life more meaningful and satisfying. Students use mindfulness to understand their beliefs about compassion, creativity, needs, desires, and values. Mindfulness can help define what, if any, life changes one might want to make. Compassion can free one to become more creative. Learn the fundamentals of the creative process and how desired life changes are a part of it. Creative projects are a major component of the course. These can be any project one wants to undertake—not necessarily artistic.

Instructor: Martha Bennett, p. 27

EXPAND YOUR THINKING: OPEN-FOCUS BRAIN TRAINING (PART II)

April 20 – May 25, 1:30 – 3 p.m.
6 sessions, \$35

► This course is open to those who have completed Open-Focus Brain Training, Part 1. It's designed to deepen the practice of Open-Focus and concentrates on using all of the senses. There will be a review of "erasing pain" and extending this skill into emotional pain.

Instructor: Martha Bennett, p. 27

Spring Session

FLEET LANDING



1 Fleet Landing Blvd., Atlantic Beach, Florida

MONDAY ▼

NEW BASIC ACRYLIC PAINTING

April 16 – May 21, 1 – 2:30 p.m.

6 sessions, \$35

► These classes are geared for the beginner with instructions on mixing color, understanding composition, and the effect of contrast to complete a painting.

Students will be helped to find their own individuality with the brush. Come and have fun at being creative.

Instructor: Maria Kanehl, p. 30

WEDNESDAY ▼

NEW THE SOUTH IN THE REVOLUTIONARY WAR

April 18 – 25, 1 – 2:30 p.m.

2 sessions, \$15

► This two-session class will describe the South leading up to the war, the response in the southern colonies when war occurs, and what the South looked like afterwards. It will also deal with the military and civil affairs of the day.

Recommended book: “The Road to Guilford Courthouse” by John Buchanan

Instructor: Richard Bowers, p. 27



► THE SOUTH IN THE REVOLUTIONARY WAR, P. 22

THURSDAY ▼

FREE SPEAKER SERIES

Second Thursday of each month,
11 a.m. – 12:30 p.m.
1 session each, complimentary
(Nonresident RSVP required)

Stretch your lifelong learning experience!

Enroll in the Speaker Series program to enjoy a single-session program on a specific topic offered an expert or other knowledgeable speakers. We appreciate your RSVP as it helps us anticipate seating and handout needs.

APRIL 14: ANCIENT CITY CONFIDENTIAL – HOW HISTORICAL FACT BECAME FICTION

Vic DiGenti

MAY 10: MORE THAN A BIT OF RIBBON AND A PIECE OF METAL

Dean Veremakis

JUNE 7: THE STATE OF THE ECONOMY

Jim Newman, Senior Vice President, Wealth
Management, Janney Montgomery Scott



► BASIC ACRYLIC PAINTING, P. 22

Spring Session GLENMOOR



235 Towerview Drive, St. Augustine, Florida at World Golf Village's Neighborhoods

TUESDAY ▼

NEW OUR BRAINS' MATTER

May 1 – 29, 10:30 a.m. – noon

5 sessions, \$30

► This will be a survey course to address special-interest issues of individuals old enough to participate in OLLI, calling attention to recent research and sharing interesting trivia about the brain. The instructor expects students to feel free to interact and ask questions for which she may have to research the answers.

Instructor: Ann Flipse, p. 28





FRIDAY ▼

FREE SPEAKER SERIES

Second Friday of each month
1:30 – 3 p.m.

1 session each, complimentary
(Nonresident RSVP required)

Stretch your lifelong learning experience!

Enroll in the Speaker Series program to enjoy a single-session program on a specific topic offered by an expert or other knowledgeable speakers. We appreciate your RSVP as it helps us anticipate seating and handout needs.

APRIL 13: JACKSONVILLE AVIATION AUTHORITY AND ITS ECONOMIC IMPACT

Michael Stewart, Director of External Affairs,
Jacksonville Aviation Authority

MAY 11: DAUGHTER OF THE HOLOCAUST

Irene Jaffa

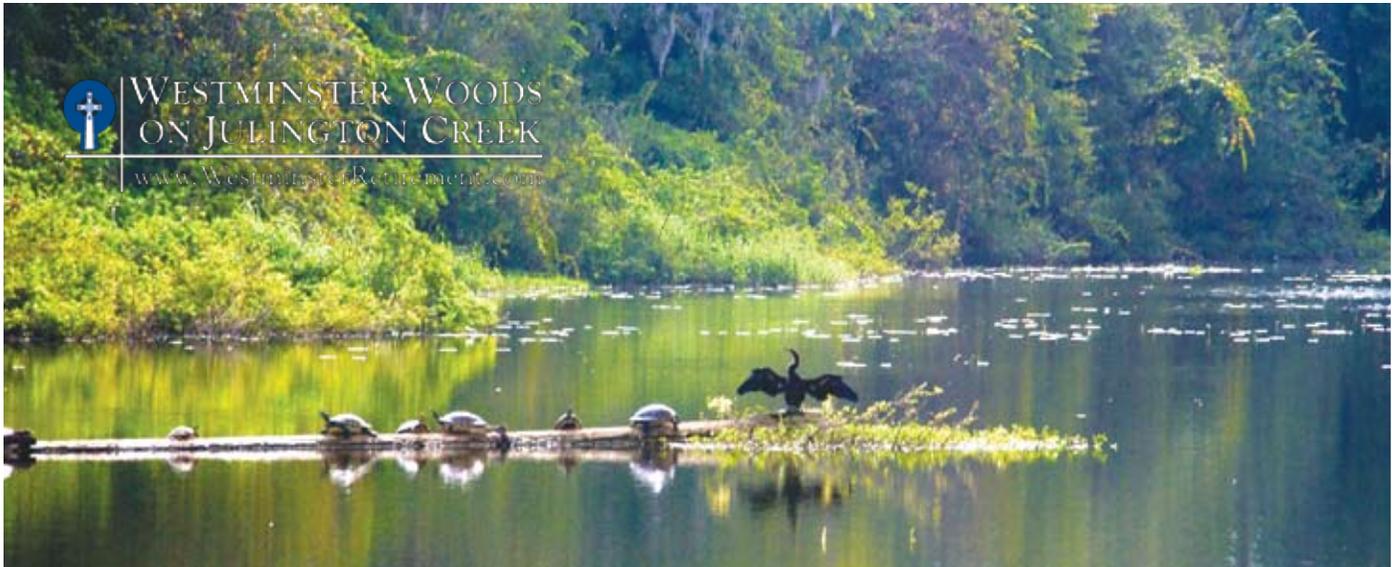
JUNE 8: THE STATE OF THE ECONOMY

Jim Newman, Senior Vice President, Wealth
Management, Janney Montgomery Scott

► LAST SEMESTER'S NATIVES AND NEWCOMERS



Spring Session WESTMINSTER WOODS ON JULINGTON CREEK



25 SR 13, on the south side of the Julington Creek Bridge

THURSDAY ▼

CURRENT EVENTS

April 12 – June 16, 1 - 3 p.m.
9 sessions, \$65

► Class discussions focus on topical issues of the day at the local, state, national and international levels. The atmosphere is collegial; participants are expected to suggest topics for discussion and then actively participate. The objective is to exchange information and ideas in order to gain a greater understanding of today's complicated world. Weekly sessions provide an open forum for discussion. Periodically there will be an in-depth review of a single topic by a guest commentator. Supplemental readings are sent to participants weekly by e-mail, including a newsletter prepared by the facilitator. Accordingly, participant e-mail access is preferred though not mandatory.

Instructor: John Fischer, p. 28

FRIDAY ▼

FREE SPEAKER SERIES

First Friday each month, 1:30 – 3 p.m.
1 session each, complimentary
(nonresident RSVP required)

Stretch your lifelong learning experience! Enroll in the Speaker Series program to enjoy a single session program on a specific topic offered by an expert or other knowledgeable speakers. We appreciate your RSVP as it helps us anticipate seating and handout needs.

APRIL 13: TBA

MAY 4: MY FLORIDA PIONEER FAMILY

AnnLee Alley

JUNE 7: THE STATE OF THE ECONOMY

Jim Newman, Senior Vice President, Wealth Management, Janney Montgomery Scott

FACULTY

Bob Bednar

is host of “This Is Jazz” on WJCT 89.9 FM. He has loved and listened to jazz his entire life, both as a performer and as a radio host. During his career he has had the opportunity to work with jazz greats Zoot Sims, Charlie Ventura, Stephanie Grappelli, and more.

NEW **Legends of Jazz, p. 21**

Margie Begley

is an experienced financial and technology manager with more than 20 years of experience with Fortune 50 companies. Margie has developed in-house business application seminars as well as computer-based training. She continues to offer consulting services to companies and has been a private tutor for college and high school students in accounting, finance, math and reading over the last two years.

NEW **Imagine – Expand Your Power in Computing – MS Office Overview, p. 12**

Martha Bennett

is a certified Open-Focus Trainer and has more than 25-years combined experience as a psychotherapist and educator. She received her M.A. in psychology from the University of West Georgia and is certified by the Hakomi Institute as a body-centered-psychotherapist. Martha’s current focus is helping others live more creatively.

Consciousness, Compassion and Creativity, p. 21
Expand Your Thinking: Open-Focus Brain Training (Part 2), p. 21

Richard Bowers

completed his education with post graduate study at the John F. Kennedy School of Government at Harvard. Prior to that, he received a master’s in community development at the University of Louisville. He has spent most of his life in government, and in the last 12 years he served as the VP of Community Affairs and Government Affairs for the PGA Tour. Richard has been an adjunct professor at Florida State University, University of North Florida, and Flagler College, teaching government and was the founding Chairman of the UNF Institute of Government.

NEW **The South in the Revolutionary War, p. 22**

Lenard Bowie

is a consummate musician. He is a professional trumpet performing artist, skillful band director, astute music administrator and a published author. Dr. Bowie received a B.S. with honors of greater distinction, from Florida A & M University, the M.S. in trumpet performance from the Manhattan School of Music, and two advanced degrees, including a D.M.A., from the Yale University School of Music. Lenard has performed professionally with the Jacksonville Symphony Orchestra, the St. Johns River City Band, and four brass quintets of which he was the leader. He served as the associate director of bands at Florida A & M University, was founding director of the UNF Band and instrumental programs as well as founder of the African American Music Program. Dr. Bowie also served as Fine Arts and Music Department chair at UNF. In addition to three articles published in professional journals, Dr. Bowie is the author of the textbook for this class, “African American Musical Heritage.”

NEW **Speaking of African American Music, p. 21**

Richard Dickson

is currently executive director for Northeast Florida Conservatory and director of the Community Band, Orchestra and Jazz Band. Richard has taught high school band (locally at Wolfson and Paxon) and at Jacksonville University, Florida Community College Jacksonville, and University of Florida. He directed the Gainesville Community Band and Civic Chorus and Orchestra. Richard owned and operated a national music personnel service and also directed and produced his own dinner theatre. For 12 years, he was executive director for Amelia Arts Academy, a community school of the arts on Amelia Island and directed Amelia Island Chorale, the New Horizons Band and the String Ensemble. He was also organist and music director Amelia Plantation Chapel and has served churches in Jacksonville and Gainesville. Richard holds music education degrees from Stetson University and UF.

NEW The Band Plays On (The Orchestra Too), p. 20

Discussing the “New Yorker” Facilitators:

Collectively speaking, the course facilitators’ professions include architect, retired University of North Florida professors of history, psychology, and English, engineer, urban planner, poet, early childhood evaluator, author, journalist, photographer, community organizer, grant writer, artist, business and non-profit project manager, psychologist, family researcher, early childhood educator, management consultant, and astrologer.

Their interests cover an even broader range: reading, travel, music (jazz, classical and more), theatre, art, architecture, politics, community involvement, social activism, volunteering and non-profit boards, woodworking, Boston Red Sox, gardening, studying Gilgamesh, sewing, autism and other early childhood health matters, old Jaguar automobiles, good food, sports and grand parenting.

NEW Discussing the “New Yorker,” p. 11

Toni Enos

is a professional knitter who enjoys teaching OLLI courses.

The String Theory – Learn to Knit, p. 19

Larry Figart

is an urban forestry extension agent with the Duval County Extension Service and the University of Florida Institute of Food and Agricultural Sciences.

Terry DelValle is an extension agent in the Division of Environmental Horticulture for Duval County.

NEW 2012 Gardening Series: Duval County Extension Service, p. 12

John Fischer

a management consultant, has been a news aficionado since high school. His professional work required extensive domestic and international travel and periodic relocations. These changes have always been accompanied by his active involvement in local civic issues and the World Affairs Council. John has been a facilitator of OLLI current events discussion groups for three years.

Current Events, p. 26

Ann Flipse

is a physician whose responsibilities while a member of the faculty of the University of Miami School of Medicine included the teaching of the neurological and mental status exams.

NEW Our Brains’ Matter (UNF), p. 19

NEW Our Brains’ Matter (Glenmoor), p. 24

Marian Frech and Maria Drago

holds a B.S. in biology. She has been a research biologist in hypertension at the National Institutes of Health in Bethesda, Md. and Marineland, Fla. She is director of the University Athletic Club, has been a fitness instructor for 30 years and a personal trainer since 2005. Maria Drago has been a massage therapist for 12 years.

NEW Pressure Point Pain Relief Strategies and Theraband Exercises and Stretching, p. 15

Dixie Golden

formerly taught writing and literature, and her lifelong passion remains writing. Her works include "Wing-walking: Poems," published July 2011; "Unfinished Conversations," a novel about time, newly available as an e-book at Amazon.com; "The Existential Fish," an in-progress novel exploring how the Vietnam War shaped a generation; and "Golden Times," a daily blog about writing and other topics of interest to seniors. Dixie holds a B.A. and M.A. in English.

Creative Writing: Up Close and Personal, p. 13

Jo Ann Hart

has been a member of the St. John's County Turtle Patrol for 12 years. She has followed many mama turtles' tracks to discover new nests and has helped many babies emerge and find their way to the ocean. She would love to share these events and stories with you. Jo Ann and her husband, Sam, moved from Washington, D.C. to Jacksonville in 1994.

NEW A Guide to Sea Turtles by a Turtle Patroller, p. 14

Samuel Hart

has experience as a soldier, diplomat and teacher. He has degrees from the University of Mississippi, the Fletcher School of Law and Diplomacy and Vanderbilt University. He also attended the John F. Kennedy School of Government at Harvard. His military experience includes duty as a paratrooper and general's aide. For 27 years, he was a diplomat with the U.S. Department of State, serving overseas in Latin America, Southeast Asia and the Middle East. From 1982 through 1985 he served as U.S. ambassador to Ecuador. Since retirement from State, Sam has been a business consultant and lecturer on American foreign policy at numerous colleges and universities and for 15 years on cruise ships. Ambassador Hart is active in the World Affairs Council and other volunteer organizations.

NEW Current Events 2012:

Politics, Foreign Policy and More, p. 11

Wayne Heckrotte

taught classes on the two World Wars for several terms at OLLI. Last year, he ventured into the Great War, World War I. Because the two wars are closely linked, Wayne believes it is fitting to examine the period between WWI, an unnecessary war, and WWII, a necessary war.

NEW From Versailles to Blitzkrieg, p. 18

Andy Hegele

moved to Jacksonville Beach from Springfield, Ill. at the beginning of October 2011 with only a place to stay. With his new job, work hours are spent serving customers at Planet Cellular AT&T in Neptune Beach. When business is slow, Andy enjoys spending his time reviewing the Internet for upcoming phones, software and newly available applications. He also makes house calls on the side, assisting people with their personal computer and network issues.

NEW Introduction to Android, p. 12

Howard Hodor

retired after 35-years experience in commercial and residential real estate development. He served as founding chairman of Gainesville's Council for Economic Outreach and received the governor's appointment to the Southern Growth Policy Board and Florida Council of 100. Howard served as chairman of the administrative committee of the board that founded Enterprise Florida. At the request of the governor, he assumed the responsibilities of president and CEO of that organization for 18 months.

Current Events, p. 13

Rodney Hurst

has served two four-year terms on the Jacksonville City Council. In addition, he serves on several local organizational and agency boards, including the Executive Board of the Jacksonville Branch NAACP. Of his many awards and recognitions, he is the recipient of: the 2008 Clanzel T. Brown Award, given by the Jacksonville Urban League, the 2010 Dr. Mary McLeod Bethune Visionary Award, given by the National Alumni Association of Bethune-Cookman University, and the 2010 Jacksonville Branch NAACP President's Award. He gave the keynote address at the 2010 City of Jacksonville's 23rd Annual Martin Luther King Breakfast. Rodney and his wife Ann have been married more than 45 years. They have two sons, Rodney II and Todd and two granddaughters, Marquette and Jasmine.

**NEW It was Never About a Hot Dog and a Coke:
Ax Handle Saturday, p. 12**

Maria Kanehl

provides simple steps to a fun rewarding painting experience. Her love for drawing and painting led her to study under several fine Jacksonville artists. Just recently, two of her paintings were chosen for the juried artist member exhibition at the Cultural Center at Ponte Vedra. In the past, Maria has volunteered at the Bolles School to share painting techniques and has also tutored young budding artists.

NEW Basic Acrylic Painting, p. 22

Shirley A. Leckie-Reed

is professor emerita of history at the University of Central Florida, where she taught Women in American history for 20 years. She also authored biographies of Elizabeth Bacon Custer and Angie Debo and served as co-author, editor and co-editor of other works including most recently, "Their Own Frontier: Women Intellectuals Re-Visioning of the American West."

NEW Still Fighting the American Civil War, p. 16

Randi Loving

is a graphic designer with 30 years experience. She has a B.A. and B.F.A. from UNF and is a 15-year member of the National Association of Photoshop Professionals (NAPP). Her specialties include digital photo restoration, general photography and photo organization.

Computer Help, p. 13

Lee Marshall

retired after more than 20 years as the executive director of several national health agencies in New York and most recently as president of a nonprofit consulting firm specializing in strategic planning and corporate seminar presentations. She holds a B.A. in social sciences from Mercy College in Dobbs Ferry, N.Y., and she completed her graduate studies in psychology and English at Manhattanville College in Purchase, N.Y.

NEW Extraordinary Lives of Exceptional Women, p. 14

Walter Mattingly

earned a B.A. in English from Loyola University of New Orleans and an M.A., A.B.D. in English literature from the University of Florida. He served as a lieutenant in the U.S. Infantry. Walter is a franchisee for Popeyes Fried Chicken in the north Florida region, has interests in Woody's BBQ and is proprietor of Mardi Gras Grill on Edgewood Avenue.

NEW James Joyce: The Early Works, p. 20

Janet Willner Myers

enjoyed a 40-year career in elementary education. Over the course of those years, she was an assistant principal and taught grades 3 through 6, Spanish, and classes for the gifted. Janet holds a B.A. in American history from the University of California at Berkeley and both an M.A. and Ed.D. in educational leadership from University of North Florida.

Children's Literature for Grandparents, p. 18

Jim Newman

senior vice president of wealth management for Janney Montgomery Scott, LLC, with over 21 years' experience as a licensed financial advisor, graduated from Wharton Business School with an accreditation in wealth management. He is a certified senior advisor and a certified divorce financial analyst. He has written articles for the Jacksonville Business Journal and appeared as an expert for television stations WTLV NBC 12 and CBS 47.

Estate Planning, p. 14

NEW Introduction to Investment Planning, p. 15

Elaine Omann

has been involved with aesthetics and art for most of her career in education. She continues to develop her art form in oil painting. She enjoys encouraging creativity and aesthetic integration with friends and others. She exhibits her paintings at Trends Home Décor in San Marco and is a member of local art guilds and art markets.

NEW Aesthetic: Can You Say It, Spell It, and Do It?, p. 10

Elizabeth (Hammond) Pampalone

has been teaching computers to all age groups for four years. Straight out of college in Cincinnati, she ended up in a cubicle as a software developer. When this did not suit her, she followed a teaching job lead to Jacksonville. Here, she found her passion and a town that needed what she had to offer. She has become an expert at computers and has a passion for teaching others how to get the best and most from them.

Facebook Explained, p. 20

Find “IT” Online: Advanced Internet Searches, p. 20
iPhone, p. 15

Selling on eBay, p. 16

Terrance Patterson

is a clarinetist who founded and currently serves as artistic director of the Ritz Chamber Players. A native of Jacksonville, Terrance has performed in Paris, London, Milan, Brussels, Belgrade, Munich, Amsterdam, Moscow, Washington, D.C., Baltimore, Miami, Philadelphia, Los Angeles and New York. He has performed with the Jacksonville Symphony Orchestra, the Sphinx Symphony of Detroit and the Nashville, Florida West Coast, Huntsville, Festival, and Las Vegas Symphonies. He attended the Peabody Conservatory of the Johns Hopkins University where he studied with clarinetist Lorin Kitt, principal clarinetist of the National Symphony Orchestra.

NEW The Wonders of Chamber Music with the Ritz Chamber Players, p. 17

Marianne Prichard

holds degrees in political science and education from California universities. Marianne brings to the course much international experience. She taught for nine years in northern California. For 32 years Marianne taught in overseas American and English language schools located in east Asia, the Middle East, Haiti, Guam, Africa and most recently in Shanghai, China.

Current Events, p. 18

John Reeve

retired from the advertising and publishing industry. A Silver Life Master with over 1,300 master points, John frequently competes in regional and national bridge tournaments.

Beginning Bridge, p. 13

Intermediate Bridge, p. 15

Glenn Ross

is a Master Carver and has been an OLLI member for two years. He began his training in woodcarving in 1996 and started teaching woodcarving in 2009. In 2008, Glenn retired as president of AllEnergy Inc., a technical consulting firm to the energy industry.

Beginning Woodcarving, p. 13

Intermediate Woodcarving, p. 15

Bob Schiffner

holds a B.S. in engineering from Penn State and an M.S. in geophysics from the U.S. Naval Postgraduate School with a dual major in meteorology and oceanography. After 20 years in the U.S. Navy as an aviator on several aircraft carriers, he retired and worked 25 years for Price Waterhouse Coopers and other major management companies in the data processing arena. During his last six years of employment Bob traveled the world as the computer games system manager for the International Special Olympics competitions. Since retirement, Bob has taught at several community colleges and is currently on the staff at Embry Riddle Aeronautical University and St. Johns River State College.

NEW The Big Blue Marble – Birth, Life Until Today and What Can We Expect in the Future, p. 11

Joe Schwarz

became executive director of Players By The Sea in 2001. Prior to that time he not only produced and directed shows, but also designed lighting and sets for Theater Jacksonville, UNF and PBTS. In his native New York, he was co-founder and managing and technical director for Common Stage Theater, whose mission was to produce new and innovative works. Joe has produced, directed or designed over 100 shows in Jacksonville. He also directed and designed shows for New York Stage and Film, Powerhouse Theater, Capital Rep and River Arts in New York.

NEW Behind the Scenes with Players By The Sea: The Trojan Women, p. 18

Jay Sherline

has loved photography most of his life. Handed a small Brownie camera as a young boy, he was hooked! Jay, a semiretired pharmacist, travels with his cameras always at the ready. Currently he serves as the photographer for all OLLI activities. His goal, in this new digital age, is for you to be comfortable with and enjoy using your camera.

**So You Have a New Digital Camera –
Now What?, p. 16**

Mireille “Mimi” Smith Threlkel

was born and raised in French-speaking Switzerland. She earned a B.A. in political science and an M.B.A. at UNF. Her international marketing career was in Switzerland, where she worked for a number of multinational companies. Mimi has traveled extensively, strengthening her intense interest in expanding multicultural communications and understanding.

NEW French Reading and Discussion:
A Literary Classic, p. 20

Regina Turner

was born and raised in Germany. Introduced to yoga in 2004, she incorporated the practice into her daily life. She graduated as a Registered Yoga Teacher (RYT 200) in 2006 and completed her Master RYT 500 yoga certification in 2010. She is also trained in chair yoga and yoga therapy for digestive health and meditation. She is registered with Yoga Alliance. Her desire is to bring awareness of the benefits of yoga to everyone for living a healthier and happier life.

Gentle Yoga, p. 11

Beverly Velasquez

is the director of nutrition and education for Native Sun Natural Food Markets in Jacksonville. Her duties are to educate the nutrition staff and direct purchasing of all nutrition and personal care products for the two stores. She works with manufacturers and brokers to get the highest quality products available. In her 27 years in the natural products industry, she has visited more than 32 different manufacturing plants, nationally and internationally and received many awards and accolades.

Nutrition Options for Health and Well-Being, p. 19

Stephanie Weiss,

public services librarian at UNF's Thomas G. Carpenter Library, worked for over five years in the field of education and training before serving as a librarian, first for the Jacksonville Public Library System and then at UNF. Stephanie earned a B.A. in Spanish from Flagler College and an M.S. in library and information studies from Florida State University.

Improve Your Internet Search Skills, p. 14

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- **Communications Team** – Write and edit OLLI updates, course catalogs and other communications to OLLI members. To volunteer for this team, e-mail unfollicommunications@gmail.com.
- **ED-ventures Team** – Plan socials, events, trips and work with other OLLI teams to offer a broad range of opportunities for out-of-classroom learning and fellowship with other members. For suggestions or to request information, e-mail unfolliactivities@gmail.com.
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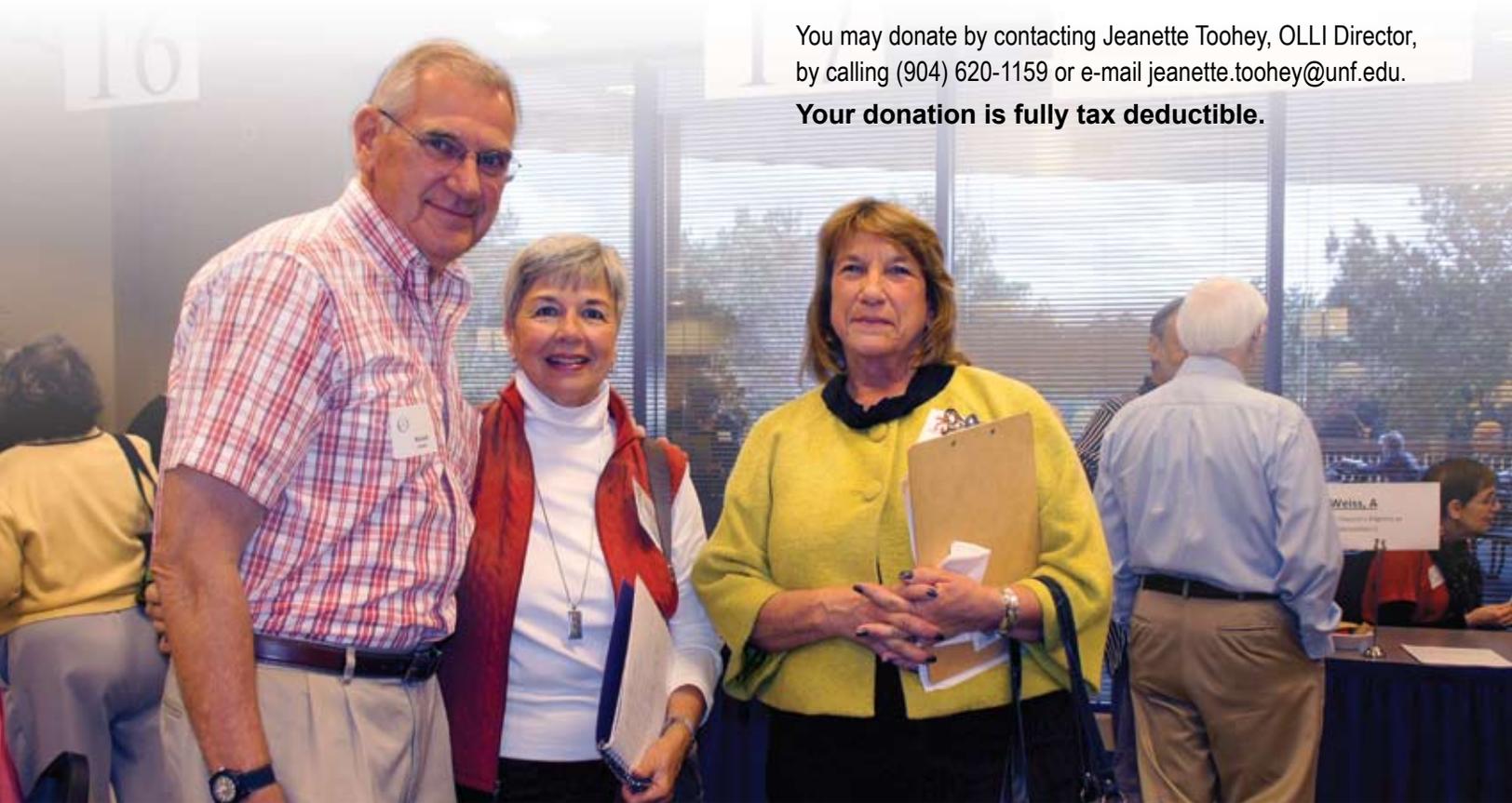
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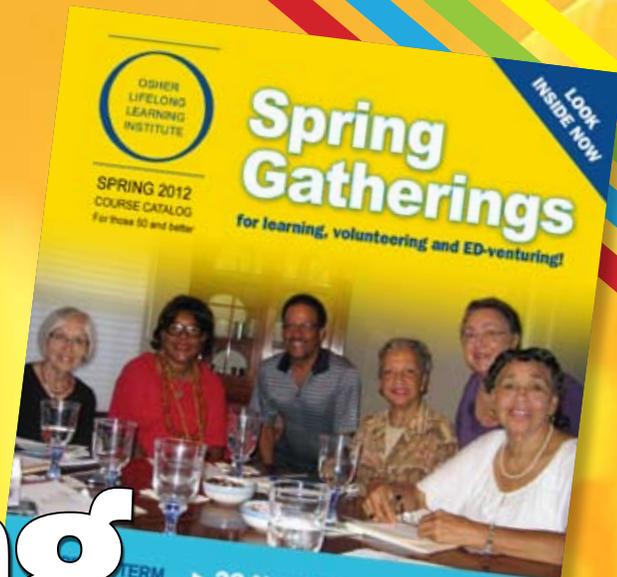
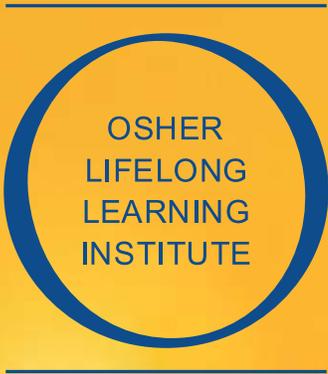
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