



PAiR

2017 SPRING/SUMMER



Strengthening families with young children through education and support.

Rochester
Public Schools

NON-PROFIT
U.S. POSTAGE
PAID
Permit No. 1000
Rochester, MN

ROCHESTER PUBLIC SCHOOLS
Northrop Community Education
201 8th Street Northwest
Rochester, MN 55901

Rochester Public Schools Early Childhood Family Services

Northrop Education Center
201 8th St NW
Rochester, MN 55901
507-328-4020
www.rochesterce.org/pair

Regular Office Hours
Monday–Friday
8 AM–4:30 PM

Peggy O'Toole-Martin
Program Manager

Amy Ward
Coordinator

Madeline Westerman
Outreach Specialist

Kris Hames
Laura Johnson
Clerical Staff



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NEW CLASSES

Children's Work: The Power of Play

We have all heard that children learn through play, but did you know that YOUR interactions can make a difference in their learning? Play experiences can develop social, emotional, language, cognitive, and math skills. Join us in exploring the power of play, and how you can engage in play experiences with your children for maximum impact!

0945.320 W 4/19-5/24 6-7:30 PM 🌙
6 Sessions Northrop-Rm 303, 307

Parents and Pets

You love your child and you love your pets-and would like to keep both happily and safely interacting! Discover what you need to keep both free from harm and promote positive interactions between your pet and your child.

0924.320 Th 5/11 6-7:30 PM 🌙
1 Session Northrop-Rm 303, 307

PAIIR/ECFE LOCATIONS

Northrop Education Center
201 8th St NW
PAIIR classrooms on 3rd floor.

Hawthorne Education Center
700 4th Ave SE
PAIIR classrooms on lower level.

Longfellow Elementary
1615 Marion Rd SE
PAIIR classrooms on lower level.

The PAIIR/ECFE/CE Preschool Enrichment newsletter is published fall, winter and spring by Rochester Public Schools Early Childhood Family Services.

CLASSES AT A GLANCE

SPRING

MONDAY

Morning

Northrop

- 2-4 Year Olds
- Fun Ones
- Baby & Me

Evening

Hawthorne

- Parenting a Child with Special Needs

Northrop

- Raising a Spirited Child

Online

- From Timid to Tenacious
- Giving the Gifts

TUESDAY

Morning

Northrop

- STEM
- 1-3 Year Olds

Afternoon

Northrop

- Terrific Tuesdays

Evening

Northrop

- Infants & Toddlers

WEDNESDAY

Morning

Northrop

- Dad & Me
- Toddler Two's
- 2-3 Encore
- Longfellow
- Play & Learn

Afternoon

Northrop

- Extraordinary Newborn

Evening

Northrop

- Children at Work: The Power of Play

THURSDAY

Morning

Northrop

- 3-5 Year Olds
- 2-3 Year Olds
- Play & Learn

Evening

Northrop

- Welcome to Rochester
- Parents & Pets

Hawthorne

- Single Parent Support Group

FRIDAY

Morning

Northrop

- TGIF
- Toddler Encore
- Longfellow
- Hanging Loose with Dr. Seuss
- Silly Senses
- Shapes, Colors & Numbers

SATURDAY

Morning

Northrop

- Nuts About Nature
- Transportation Fair

SUMMER

MONDAY

Evening

Northrop

- Special Needs

TUESDAY

WEDNESDAY

Morning

Longfellow

- Storytime

Afternoon

Northrop

- Extraordinary Newborn

THURSDAY

FRIDAY

Morning

Northrop

- PAIIR in the Park
- Longfellow
- Storytime

IMPORTANT DATES FOR SPRING/SUMMER 2017

APRIL

- 3-7 Spring Break (No Classes)
- 10 Spring Session Begins
- 12 (No Classes)

MAY

- 20 Transportation Fair
- 26 Last Day of PAIIR & RFL Classes
- 29 Memorial Day (No Class)

JUNE

- 8 Last Day of Preschool
- 12 Summer Classes Start

JULY

- 3-7 Summer Break
- 4 Independence Day

AUGUST

- 17 Last Day of Summer Classes

PAIIR Spring First Draw
is at noon
on March 1st
See page 21

CLASS FEES
For a full list of class fees
See page 22

IS YOUR CHILD ON THE ROCHESTER PUBLIC SCHOOLS CENSUS?

Contact Registration & Records if...

- Your child was not born in Rochester and you have not participated in Early Childhood Screening.
- Your child was born in Rochester but you have moved since their birth.
- You have moved since your child participated in Early Childhood Screening.
- You have a child who is OVER 3 years, 2 months old and have not received a letter from the Rochester Public Schools about Early Childhood Screening.

Registration & Records
Edison Building
615 7th St. SW
Rochester, MN 55902
507-328-4200



**No Rochester resident will be
denied participation due to
inability to pay.**

PAIR offers a sliding fee scale based on income AND additional financial assistance as needed.
Learn more on page 22.

How do I register my family for PAIR classes?

Register online...

rochesterce.org/register

Register by mail...

Complete both sides of the Registration form (pg. 23). Tell us about your family, the PAIR classes you want to take, and mail it in!

By drop box...

Complete both sides of the Registration form (pg. 23). Tell us about your family, the PAIR classes you want to take, and drop it off. Our 24 hour dropbox is located in front of the Northrop building.

By phone...

Call the friendly staff at PAIR!
507-328-4020

In person...

Visit us on the 3rd floor of the
Northrop Education Center
201 8th St NW
Rochester, MN 55901

PAIR on KTTC

**See PAIR on KTTC during
News Center
at Noon on:
April 13th, May 11th,
June 8th**



Thank You!

Parent Engagement Matters!

PAiR | school
readiness
Advisory Council
2016-2017

- Angela Spohn
- Anndrea Parsons
- Antony Rigles
- Clare Tarr
- Darci Stone
- Dyana Meyer
- Edith Rico
- Jeffrey Canfield
- Jennie Johnson
- Jill Meddock
- Jodi Gillard
- Mary Catherine Johnson
- Kate Palmquist
- Kim Welsh
- Lucy Baril
- Mary Jo Coleman
- Sandy Simar
- Rahma Adan
- Veronica Franco



The ECFE/PAIR Class Experience

Early Childhood Family Education (ECFE/PAIR) is a public school program for families with children ages birth to kindergarten enrollment. Both parents and children participate in ECFE/PAIR. The program recognizes that parents are a child's first and most important teacher and offers high-quality parent and early education. The mission of PAIR is to strengthen families with young children through education and support.



1. PACT (Parent and Child Time)

Class includes a parent and child interaction time, circle time with books, songs and activities all designed to enhance a child's learning. Parents also get great ideas to take home to enjoy with the whole family.



2. Parent Time

Parents participate in a discussion led by a licensed parent educator. The parent discussion focuses on research-based topics related to both child and parent learning, and also allows time to connect with other parents of young children.



3. Children's Time

While the parents are in the discussion, children are learning through play, activities, songs and literature designed to enhance development, creativity and imagination. A licensed early childhood teacher facilitates the children's classroom experience.

DROP-IN CLASSES

Made to fit your schedule! Each class offers the ECFE class experience including PACT followed by children's learning and play time and a parent discussion. Parents will move to a separate room for a parent discussion. Attend one class or all of the classes with our flexible "week by week" registration.

Terrific Tuesdays-Drop In (0-5 Years)

Registration is required! Registration for Terrific Tuesdays opens one week before the class at 2:30 PM. Classes meet at Northrop-Rooms 305 & 307.

0931.320 Tu 4/11 12:30-2:30 PM
1 Session

0931.321 Tu 4/18 12:30-2:30 PM
1 Session

0931.322 Tu 4/25 12:30-2:30 PM
1 Session

0931.323 Tu 5/2 12:30-2:30 PM
1 Session

0931.324 Tu 5/9 12:30-2:30 PM
1 Session

0931.325 Tu 5/16 12:30-2:30 PM
1 Session

0931.326 Tu 5/23 12:30-2:30 PM
1 Session

Those Great Informational Fridays (TGIF) (0-5 Years)

Registration is required! Registration for TGIF opens Monday at 8 AM the week of the class. Classes meet at Northrop-Rooms 302 & 307.

0711.320 F 4/14 9:15-11:15 AM
1 Session

0711.321 F 4/21 9:15-11:15 AM
1 Session

0711.322 F 4/28 9:15-11:15 AM
1 Session

0711.323 F 5/5 9:15-11:15 AM
1 Session

0711.324 F 5/12 9:15-11:15 AM
1 Session

0711.325 F 5/19 9:15-11:15 AM
1 Session

Extraordinary Newborn (0-6 Months)

As you adjust to your new role as a parent, come with your newborn to visit with a Public Health Nurse and licensed Parent Educator, along with other parents of young babies. Check your baby's weight, discuss feeding, car seat safety, and learn about what you can do to support your baby's development. Registration is NOT required. NO FEE

Classes meet at Northrop-Room 307.

0902.320 W 4/19 1-2:30 PM
1 Session

0902.321 W 5/17 1-2:30 PM
1 Session

Summer Dates

0902.420 W 6/21 1-2:30 PM
1 Session

0902.421 W 7/19 1-2:30 PM
1 Session

NON-SEPARATING CLASSES

Classes listed below are non-separating. You and your child will remain together for the entire class time. These classes will include a parent discussion in the same room as your child. Registration is required. Sibling care is available where listed.

Baby & Me (0-12 Months)

Your child will experience new sights and sounds while interacting and engaging with new people and objects. Parents will discuss the importance of early learning with songs and activities to do at home.

0012.320 M 4/10-5/22 10-11:30 AM
7 Sessions Northrop-Rm 305

Fun Ones (10-23 Months)

Enjoy time with your growing toddler with play, planned activities and song. After parent and child activity (PACT) a parent discussion occurs nearby while your toddler begins to explore independence. Parent discussion will include topics such as healthy development, new behaviors, language development, and topics chosen by the group.

0110.320 M 4/10-5/22 9:30-11 AM
7 Sessions Northrop-Rm 303

Do you have a new baby?

Congratulations! PAIR/ECFS would like to tell you about all of the great opportunities in the community and fun classes we have to offer. Stop by our office and pick up your free gift and show off your beautiful child. We look forward to meeting you and your new family.



Infants & Toddler (0-24 Months)

Magic milestones come weekly during these ever-changing first two years! Rolling, scooting, crawling, walking, your little one is on the move!

0115.320 Tu 4/11-5/23 5:45-7:15 PM 🌙
7 Sessions Northrop-Rm 303

Play & Learn (2-5 Years)

Enjoy each other's company with stories, songs and fun activities planned specifically for your child emerging from toddlerhood to the preschool years. There is no parent discussion in this class. **NO FEE**

0663.320 Th 4/13-5/18 9:30-11 AM
6 Sessions Northrop-Rm 303

Play & Learn (0-5 Years)

Enjoy each other's company with stories, songs and fun activities planned specifically for you and your young child. There is no parent discussion in this class. **NO FEE**

0164.320 W 4/19-5/24 9:30-11 AM
6 Sessions Longfellow-Rm 003

Nuts about Nature (2-5 Years)

This "hands-on" experience will have your adventurous preschooler excited about nature. Learn fun activities and games you can play as they begin to explore the outdoor world around them. There is no parent discussion in this class.

0739.320 S 4/22 9:30-11 AM
1 Session Northrop-Rm 302

GRADUAL SEPARATION CLASSES

During the first few meetings of class, a parent discussion will be in the same room as your child. As the session progresses and the group is ready to separate, you will move into a separate room for the parent discussion. Registration is required. Sibling care is available where listed.

Toddler/Twos (18-30 Months)

Your toddler's road to independence has begun and you are both ready to spend some time apart. Your child will be able to explore their new found independence, as they learn to trust others and begin to test limits and boundaries with this slow progression to separation.

0120.320 W 4/19-5/24 9:30-11 AM
6 Sessions Northrop-Rm 303, 307A
🐼 Rm 304



AGE GROUP CLASSES

Each class offers the ECFE class experience including PACT followed by children's learning and play time and a parent discussion. Parents will move to a separate room for a parent discussion. Registration is required. Sibling care is available where listed.

The age of the children in these classes must fall within the guidelines (see PAIR's Attendance Policy on page 21).

1-3 Year Olds

Your energetic little one is growing and trying new things, so establishing routines and being consistent is very important. As your child learns through play and social interactions, you will discuss parenting techniques that help you appreciate the "little things" in your life.

0613.320 Tu 4/11-5/23 9:30-11:15 AM
7 Sessions Northrop-Rm 305, 307A
🔥 Rm 304

2-3 Year Olds

Playing, learning, and discovering are the current priorities as your toddler transitions to the preschool year. Explore a variety of skills that can help you nurture and guide your child through these early years.

0201.320 Th 4/13-5/25 9:30-11:15 AM
7 Sessions Northrop-Rm 305, 307A
🔥 Rm 304

2-4 Year Olds

What strengthens a bond between a parent and child more than playing and learning together? Come and gain knowledge of child growth and development, temperament styles, and discipline techniques. Learn ways to strengthen your relationship with your child to make learning fun and discipline easier.

0600.320 M 4/10-5/22 9:30-11:15 AM
7 Sessions Northrop-Rm 302, 307
🔥 Rm 304

3-5 Year Olds

Your preschooler will be able to practice preschool learning habits and activities such as taking turns, sharing, literacy and math skills, while the parents discuss topics focused around helping children prepare for preschool and kindergarten.

0604.320 Th 4/13-5/25 9:15-11:15 AM
7 Sessions Northrop-Rm 302, 307
🔥 Rm 304

EARLY CHILDHOOD SCREENING

Rochester Public Schools provides a free comprehensive developmental screening for any child 3 years old to kindergarten enrollment.

Schedule by calling
507-328-4004



Northrop Education Center
201 8th St. NW
Rochester, MN 55901
www.rochesterce.org/ecscreening

 **early childhood screening**

Thanks to the discussions with other parents and the parent educator's valuable input and guidance, I gathered a lot of new ideas and strategies to try out when it comes to discipline. This PAIR class has been priceless!"
-PAIR Parent

FIND US ONLINE



@PAIR.ECFS



@PAIIRECFE



@PAIRRochester



ONLINE CLASSES

You've got parenting questions? We have information and support. Take our online classes from any device that can connect to the internet. All classes are readily available through Adobe Connect. Registration is required.

From Timid to Tenacious: Working with Difficult Temperament Traits

How is it that some children challenge us to the limit while others are a breeze? Each child has a unique temperament and these traits lead to a need to use different strategies for success. Participants will identify their child's unique temperament trait makeup; discover common triggers for some of the most challenging traits; learn ways to adapt interactions and expectations to meet the needs of a specific child, decrease power struggles, and build a special connection.

0813.320 M 4/17-4/24 8:30-9:30 PM ☾
2 Sessions Online

Giving the Gifts: Self-Esteem and Confidence

Self-esteem is important, but studies show how adults go about building a child's feelings of self-worth will make a significant difference in that child's future. We want children to believe in their great potential. We will explore proven methods for building a child's "can do" attitude so the child will persevere, when faced with challenging tasks. Participants will learn specific techniques that will encourage children to feel responsible, capable and competent.

0814.320 M 5/1-5/8 8:30-9:30 PM ☾
2 Sessions Online

ONLINE CLASS FEE*

INCOME	YOU PAY...
\$75,000 +	\$5.00
\$50,000 - \$74,999	\$4.00
\$30,000 - \$49,999	\$3.00
\$20,000 - \$29,999	\$2.00
\$0 - \$19,999	\$1.00

**Fee scale is per course and applies only to online classes*

I really love that I can go with my kids to school, very successful way to prepare them to kindergarten and prepare them to be in a class with teachers and friends, is amazing all the new things my kids and I have learned.

-PAIR Parent

No Rochester resident will be denied participation due to inability to pay.

PAIR offers a sliding fee scale based on income AND additional financial assistance as needed. Learn more on page 22.

FOCUS CLASSES

Each class offers the ECFE class experience including PACT followed by children's learning and play time and a parent discussion. Children's class accommodates participants ages 0-5 so all siblings must be registered, no sibling care is available. Children under 9 months will remain with parent(s) during discussions as a lap baby.

STEM (Science, Technology, Engineering and Mathematics) (3-5 years)

Your preschooler will be encouraged to explore, plan, and create with help from you and our staff. We will tap into your child's imagination and understanding of how things work. Parents will discuss the different vocabulary and systems that STEM uses and help problem solve with their child using everyday objects.

0111.321 Tu 4/11-5/23 9:30-11:30 AM
7 Sessions Northrop-Rm 302, 307
Rm 304

Raising a Spirited Child (2-5 Years)

All children are unique. But do you have questions about what is appropriate behavior for their age? Some behaviors, you would be happy to know, are appropriate for your child's age, even though they may be a little bit more to managing behaviors and temperament while encouraging your child's natural behavior is important in the early years. **NO FEE**

0644.320 M 4/10-5/15 5:45-7:45 PM
6 Sessions Northrop-Rm 302, 307

Welcome to Rochester (0-5 Years)

Whether you are new to town, or just beginning to see Rochester through the eyes of parenthood, let us help you learn what Rochester has to offer for families with young children. We will have resources to help you feel comfortable in your new city, and help you start building new connections. **NO FEE**

0654.321 Th 4/13-5/4 6-7:30 PM
4 Sessions Northrop-Rm 305, 307A

NEW

Children's Work: The Power of Play (0-5 Years)

We have all heard that children learn through play, but did you know that YOUR interactions can make a difference in their learning? Play experiences can develop social, emotional, language, cognitive and math skills. Join us in exploring the power of play, and how you can engage in play experiences with your children for maximum impact!

0945.320 W 4/19-5/24 6-7:30 PM
6 Sessions Northrop-Rm 303, 307



Dad & Me (0-5 Years)

Being a parent is the most rewarding, and at times, the most challenging job you will ever have. Strengthen your relationship with your child through learning and play and meet other dads to discuss the importance of fatherhood.

0650.320 W 4/19-5/24 9:30-11:15 AM
6 Sessions Northrop-Rm 302, 307

NEW

Parents and Pets (0-5 Years)

You love your child and you love your pets-and would like to keep both happily and safely interacting! Discover what you need to keep both free from harm and promote positive interactions between your pet and your child.

0924.320 Th 5/11 6-7:30 PM
1 Session Northrop-Rm 303, 307



ALL ABOARD THE BIG YELLOW SCHOOL BUS

Learn about bus safety through art, song and discussion. Children will take a ride on a school bus while parents meet to discuss bus questions, safety and concerns with a representative from the Rochester School District's Transportation Department. This special event is for children who will begin kindergarten in September 2017. Parents will move to a separate room for a parent discussion.

0511.320 Th 5/18 6-7 PM ☾
1 Session Northrop-Rm 303, 307

0511.321 M 5/22 6-7 PM ☾
1 Session Northrop-Rm 303, 307

0511.322 Th 5/25 10-11 AM
1 Session Northrop-Rm 303, 306

0511.323 Th 5/25 6-7 PM ☾
1 Session Northrop-Rm 303, 307

0511.324 F 5/26 10-11 AM
1 Session Northrop-Rm 303, 307

0511.420 F 8/11 10-11 AM
1 Session Northrop-Rm 303, 307



Saturday, May 20, 2017

10 AM - 1 PM

**Goose Egg Park
201 8th St NW
(Behind Northrop)**

Bring the whole family to browse a variety of vehicles:
dump trucks, snow plows,
police cars, and more!

Sit in the driver's seat and learn about the vehicles from the people who drive them.

This is a great opportunity for your child to explore those vehicles that capture their imagination...to honk some horns, sit in the bucket of a bulldozer, and at the wheel of a boom truck or race car.

Check out:

Public Works vehicles

Community Service vehicles

Recreational vehicles

Big trucks

Face painting, family resources & more!



FRIDAY FUNDAY

Classes are non-separating. For these activity classes you and your child will remain together for the entire class time. There is no separate parent discussion. Registration is required. Sibling care is available where listed.

Hanging Loose with Dr. Seuss (2-5 Years)

"The more that you read, the more things you will know. The more that you learn, the more places you'll go" – Dr. Seuss. Read, learn, and grow with fun rhyming activities and games. **NO FEE**

0765.320 F 4/14-4/21 9:30-11 AM
2 Sessions Longfellow-Rm 003



Silly Senses (2-5 Years)

Did you know your silly senses make the world a more enjoyable place? Explore sight, smell, hearing, taste and touch through experiments and activities focused on making your silly senses explode! **NO FEE**

0747.320 F 4/28-5/12 9:30-11 AM
3 Sessions Longfellow-Rm 003

Shapes, Colors & Numbers (2-5 Years)

Get ready to sort, pattern and sequence! Working with your child on colors, shapes, and numbers is a great start to get ready for school. Counting becomes a fun adventure in this class. **NO FEE**

0739.321 F 5/19-5/26 9:30-11 AM
2 Sessions Longfellow-Rm 003

SUPPORT GROUPS

Support groups are a gathering of people with common experiences or concerns who provide each other with encouragement, comfort, advice and support. Each class offers the ECFE class experience including PACT followed by children's learning and play time and a parent discussion. Parents will move to a separate room for a parent discussion. Registration is required. Sibling care is available where listed.

Parenting a Child with Special Needs (Birth-Grade 5)

This support group is for parents with children who have a delay, disability, or illness, ages birth through grade 5. Discussion topics are chosen by the parents and are specifically focused on the families in the group. Parents can relax knowing that your child is in a safe, fun environment with experienced teachers. This class meets one Monday per month. Child care is available. **NO FEE**

0720.320 M 4/10 5:45-7:30 PM ☾
1 Session Hawthorne-Rm 112,119,103B

0720.321 M 5/8 5:45-7:30 PM ☾
1 Session Hawthorne-Rm 112,119,103B

Summer Dates

0720.420 M 6/19 6-7:45 PM ☾
1 Session Northrop-Rm 302,307

0902.421 M 7/17 6-7:45 PM ☾
1 Session Northrop-Rm 302,307

Single Parent Support Group (0-5 Years)

Raising a child has its challenges. Raising a child on your own may have even more. As much as we all want to be perfect parents, we need to give ourselves a break and know that it is okay not to be perfect. Support is one of the best ways to keep you going when times may be difficult. Sharing your stories and hearing others reinforces that you are not alone. **NO FEE**

0616.320 Th 4/13-5/25 5:30-7:30 ☾
7 Sessions Hawthorne-Rm 112,117,119

summer FUNDAYS

Celebrate summer with PAIR on these one day workshops. Parents and children will not separate. No sibling care available.

Storytime (0-5 Years)

Fun, stories and songs just for young children. Explore the joys and benefits of early reading with your child while making valuable parent to parent connections. Parents and children remain together for the entire class.

0615.420	W 6/21	10-11 AM
	1 Session	Longfellow-Rm 003
0615.421	W 7/19	10-11 AM
	1 Session	Longfellow-Rm 003
0615.422	W 8/16	10-11 AM
	1 Session	Longfellow-Rm 003

PAIR in the Park (0-5 Years)

Explore ways to enjoy fun activities outdoors within the park! Our staff will provide activities for parents and children to do together outdoors. Class will be moved indoors if it rains. Parents and children remain together for the entire class.

0654.420A	F 6/23	9:30-11:30 AM
	1 Session	Goose Egg Park/ Northrop-Rm 302
0654.421A	F 7/21	9:30-11:30 AM
	1 Session	Goose Egg Park/ Northrop-Rm 302
0615.422	F 8/18	9:30-11:30 AM
	1 Session	Goose Egg Park/ Northrop-Rm 302



kindergarten readiness summer preschool

June–August 2017
4 half-days a week

Limited spots available for eligible children going to kindergarten in Fall 2017.

Please call the PAIR office for more information on eligibility requirements and applications.

507-328-4020

**PAIR Summer First Draw
is at noon on May 10th
See page 21**

KINDERGARTEN 2017-18

If you have not yet registered your child for kindergarten, you should do so as soon as possible.

If your child will be 5 years old by September 1, 2017 and you did not receive a kindergarten packet, contact:

Registration & Records Edison Building
615 7th St. SW
Rochester, MN 55902
507-328-4201



Let's Go To Preschool!

Why RPS Preschool?

Skills we build in preschool serve us for a lifetime—positive relationships, language and literacy, numbers and thinking skills, and much more. RPS Preschool prepares our young learners for a future of school and life success. We use a play-based approach facilitated by high quality educators with respected curricula and assessments in a positive learning environment. Rochester Public Schools Preschool is a quality preschool program that respects the unique needs of each child. When children are prepared to succeed at kindergarten entrance, all of society benefits.

Growing Young Minds

RPS Preschool focuses across the areas of child development, facilitating learning in social and emotional, cognitive, and physical development, literacy and language, math, science, and the arts. Our children play to learn, with whole group, small group, and individualized opportunities. Our licensed teachers and talented assistants provide caring, quality environments where the love of learning will flourish.

**Call for immediate openings or more information regarding
2017-18 Preschool enrollment: 507-328-4020.**



NEW!

MIGHTY OAKS
EARLY LEARNING SCHOOL



District Launches New Early Learning School

Focusing on the best practices identified by early learning researchers today, Rochester Public Schools is working to meet the growing need for high quality early learning with its launch of the new Mighty Oaks Early Learning School.

Preschool Locations

Gage Elementary

1300 40th St NW
Rochester, MN 55901

Hoover Elementary

369 Elton Hills Dr NW
Rochester, MN 55901

Northrop Education Center

201 8th St NW
Rochester, MN 55901

Pinewood Elementary

1900 Pinewood Rd SE
Rochester, MN 55904

Mighty Oaks Early Learning School

3800 50th Ave SE
Rochester, MN 55904

Set on seven acres of beautiful green space, Mighty Oaks was completely renovated in 2016 specifically for our preschool-age students. This beautiful new facility offers opportunities for indoor and outdoor learning, fostering authentic development through play based learning and positive social and emotional interaction with peers and adults. We have a full-service kitchen staffed by student nutrition professionals, which allows us to support families with lunch opportunities every day.


Opportunities at Mighty Oaks include half-day, full-day, and STEM experiences. Register now for best selection.

2017-18 Preschool Class Schedule



EXPLORERS
3 Year Olds






The Explorers class is specifically designed with young preschoolers in mind as they begin to explore and learn new language and social skills through play in a group setting.

Hoover	M-Th	9-11:30 AM	\$260/month	 Mon
Mighty Oaks	M-F	9:45 AM-12:15 PM	\$300/month	



PATHFINDERS
3-5 Year Olds



The Pathfinders is a multiage class providing children an opportunity to learn in a group of multiage peers.

Gage	M-F	9-11:30 AM	\$300/month	
	M-F	1-3:30 PM	\$300/month	
Hoover	M-F	9-11:30 AM	\$300/month	
	M-F	1-3:30 PM	\$300/month	
Mighty Oaks	M-F	9:45 AM-12:15 PM	\$300/month	 Mon
	M-F	9:45 AM-12:15 PM	\$300/month	
	M-F	1:15-3:45 PM	\$300/month	
Northrop	M/W/F	12:30-3:15 PM	\$220/month	  Mon
	T/Th	5:15-7:45 PM 	\$180/month	  Tue
	M-Th	12:30-3:30 PM	\$260/month	
Pinewood	M-F	9-11:30 AM	\$300/month	
	M-F	1-3:30 PM	\$300/month	



TRAILBLAZERS
4-5 Year Olds

These classes will support and challenge children in an individualized learning environment as they learn the language, social and problem-solving skills that will prepare them for kindergarten success.

Mighty Oaks	M-F	9:45 AM-12:15 PM	\$300/month	
	M-F	1:15-3:45 PM	\$300/month	
	M-Th	9:45 AM-3:45 PM	\$550/month	
Northrop	M-F	12:45-3:45 PM	\$300/month	  Mon



STEM
4-5 Year Olds

STEM is all about exploring, observing, predicting and questioning and your preschooler will be encouraged plan, create and problem solve with help from our teachers.

Mighty Oaks	M-F	1:15-3:45 PM	\$300/month	
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Call today for registration information!



Parenting Across Cultures (PAC)

This class is for families with young children ages birth to kindergarten enrollment where English is a second language. NO FEE

Each class will include:

- Parent/child play and learning time
- Parent time to talk about parenting young children
- Early childhood play and learning time
- A light snack
- Home visits
- Transportation provided, if needed

Families are placed in this class based on need. Referrals are welcome!

Class will meet at Hawthorne Education Center on Friday mornings on the following dates:

April 14 May 12 June 2

For more information visit

www.rochesterce.org/register or call 507-328-4450



school readiness

The School Readiness program is a continuum of services that allows children 3 years old to kindergarten enrollment to participate in early childhood programs and services that enable them to enter school with the skills and behavior needed for them to progress and flourish. Parent involvement and family events are also important parts of the program.

Available services include:

- Preschool scholarships
- Parent education and support
- Early childhood learning experiences
- Health and community service referrals
- Partners in Education (PIE) Groups
- Kindergarten information
- Family events

Children and families with the greatest need have the highest priority for enrollment.

Applications are accepted all year long. Children must be 3 or 4 years old on or before September 1 of the school year.



For more information
call 507-287-2020 or
toll-free 1-800-462-1660
and ask for School
Readiness.

When Parents Know...Children Grow!

A child's early years often bring wonder and excitement for families! Children grow and change rapidly from birth to kindergarten entrance, and are learning every day.

help me



Some babies and young children need extra help to learn and grow.

As parents watch their child grow and develop, they may notice when their child smiles, rolls over, sits up, walks, plays, coos, cries, and talks. While all young children grow and change at their own rate, some children experience delays in their development. Special health conditions may affect children's development, too. Because parents know their child the best, they may be the first to notice that their child is developing differently than other babies or young children.

Free help is available.

Minnesota children from birth to five-years-old, who are eligible for Help Me Grow, can receive services in their home, child care setting or school. These services are free to eligible families regardless of income or immigrant status.

Assistance from experts.

Early childhood specialists will work with eligible children and families to plan the services and supports they need. These may include: special instruction and other services, including speech, physical and occupational therapy; ways that a family can support their child's development at home; and connections to community services and programs. Early childhood specialists can help find other community resources and early childhood programs for those children not eligible for Help Me Grow.

Visit www.MNParentsKnow.info for more information on how young children develop plus ideas to help your child learn and grow.

Call 1-866-693 GROW (4769) if you have questions about your child's development or if you think your child might need extra help to learn.

If you have concerns about your child's development, please contact your local health care provider or the local Help Me Grow program at:

Birth to 3 years: 507-328-4545

Age 3 to Kindergarten: 507-328-4523

REFER A CHILD TO Help Me Grow. Infant and Toddler Intervention provides special services and supports for eligible children birth through age two and their families. Eligible children are those with developmental delays or with certain diagnosed physical or mental condition or disorder that may result in a delay.

It's helpful
to have a resource
for child development
questions and even just
helpful to have a community
to bounce troubles/
successes/ideas off of.
-PAIR Parent

CLASS FEES
For a full list of class fees
See page 22

PAIIR Parent Education Consultation

Have a parenting question? Want to talk with someone about a parenting concern or challenge? Parenting young children can be a very rewarding, yet challenging job and we are not given detailed parenting manuals and instructions.

Parents Are Important In Rochester can provide parenting support and information through a phone consultation, home or office visit with a licensed Parent Educator.



**Call the PAIIR Office at 328-4020
for more information.**



Strengthening Families with Young Children through Education and Support

*This year PAIIR lost a
longtime friend and co-worker,
Linda Munson.*

Linda passed away on December 2, 2016 surrounded by her loving family. She worked at PAIIR for 25 years as a parent educator and staff supervisor. Linda was a wonderful woman full of life and passion for many things. She touched many lives over the years and respected each and every family. Even after she retired, she was a substitute teacher for us and we were able to hear about her new projects, travels

and stories of her children and grandchildren. Her daughters have told us how much they valued her parenting support and the loving care she provided to her grandchildren. We are so grateful that she was part of our PAIIR family and she will be dearly missed by all.



To honor Linda and her life's work, we would like to establish a preschool scholarship fund in her name. The scholarship fund will be used to provide eligible young children with a quality preschool experience in one of our RPS preschool classrooms. If you would like to donate to the Linda Munson Memorial Fund, please send your contribution to the ECFS office at the Northrop Education Center, 201 NW 8th St., Rochester, MN 55901 or call the office at 328-4020. Your contribution will honor her work and continue to enrich the lives of young children.

INTRODUCE YOUR PRESCHOOLERS TO JOURNAL WRITING

Having your child keep a journal when he can hardly write his name may sound odd. However, preschoolers don't have to know how to write to get involved in this activity. To help your child get started with journal writing:

1. Give him a blank sheet of paper.
2. Ask him to tell you about something he did today. Prompt him, if necessary: "You went to the park today. What did you do there?"
3. Have him draw a picture of the event.
4. Ask him to tell you about his drawing. Under the drawing, write down a sentence or two to capture your child's words.
5. Explain to your child that the words tell about the picture. Encourage him to "write" something, as well-even if he just makes a few marks. Over time, you will likely see letters and real words emerge from your child's marks.

Repeat this process often. Save the pages and staple them into a book.

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.....NOW HIRING.....

COMMUNITY EDUCATION PRESCHOOL ACTIVITIES

Instructors
Teaching Assistants

PAIR/ECFE


Substitute Teachers
Parent Educators
Teaching Assistants

Employment opportunities are available within Rochester Public Schools. Early childhood classroom experience is desired. Please contact Amy Ward at 328-4030 or email at amward@rochester.k12.mn.us

PAIR Spring First Draw
is at noon on March 1st
See page 21

CLASS FEES
For a full list of class fees
See page 22

"This is a wonderful program that has been beneficial to both my child and me. I cannot give enough praise to all the teachers for their knowledge and pleasant interactions with my child!" –PAIR Parent



PARENT QUIZ

Are you helping your child respect belongings?

At school, students must respect others' belongings, such as books, toys, crayons and furniture. Answer yes or no to the questions below to see if you're encouraging this behavior:

- ☐ 1. Do you give your child places to keep belongings, such as a bin for blocks or a container for crayons?
- ☐ 2. Do you make cleaning up a habit? "Before we get out a new game, let's put away the one we just played."
- ☐ 3. Do you talk about the benefits of respecting others' belongings? "If you treat Grandpa's piano gently, I'm sure he'll let you play it again."
- ☐ 4. Do you notice when your child treats belongings well? "Thanks for putting your books on the shelf. That will keep them in great condition!"
- ☐ 5. Do you set an example by caring for household items, including your child's belongings?

How well are you doing? If most of your answers are yes, you are building your child's respect for property. For each no answer, try that idea.

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ROCHESTER PUBLIC LIBRARY STORYTIME

Join PAIR at the Rochester
Public Library for Storytime



April 4, 18

May 2, 16

6:30-7 PM in Auditorium

**STORIES, SONGS, AND FUN
FOR THE WHOLE FAMILY**

**No Rochester resident will be
denied participation due to
inability to pay.**

PAIR offers a sliding fee scale based on income
AND additional financial assistance as needed.
Learn more on page 22.

Who teaches PAIR classes?

PAIR classes are taught by MN State licensed parent and early childhood educators who work directly with parents and their young children.

Who can take a PAIR class?

PAIR is intended for ALL parents, relatives, or individuals who function in a primary parenting role and their children, age birth to kindergarten enrollment, who live in the Rochester School District.

Does my child have to be the age indicated in the class description?

Yes. PAIR classes are designed for specific age groups, so your child must be the appropriate age on or before the first class meeting.

What if I do not live in the Rochester School District?

Rochester School District families are registered first. If you do not live in the district, you are welcome to register beginning one week after First Draw. All out of district registrations will pay a \$5 out of district fee per class, per child. Out of district fees are not eligible to be waived.

What is First Draw?

First Draw is a lottery used with PAIR/ECFE registration. All registrations received before First Draw are treated the same. At First Draw, we use the lottery to determine who gets into classes that are over-enrolled. Email confirmations will be sent out after draw. After First Draw is complete, registration is first come, first served. Payment is due with registration. **First Draw for Spring is March 1st at noon. First Draw for Summer is May 10th at noon.**

Parent/Guardian Participation

A parent/guardian may attend a PAIR class without their child, but every child must be accompanied by their parent/guardian. A relative or foster parent who provides regular care for the child may attend if a

parent is unavailable. The relative must be registered and participate fully in all parts of the class. Other exceptions are on a case-by-case basis and must be pre-approved by the PAIR office. 507-328-4020.

Sibling Care

Sibling care is child care for children age nine months to kindergarten enrollment while their parent is in class with their other child/children. Children under nine months may attend class with their parent as a lap baby.

You can register your lap baby for sibling care if the baby becomes eligible at any point during the class session. You will need to pay the sibling care fee for the entire session.

Encore families will need to pay for sibling care for the entire year (by session) to guarantee a spot at any time during the year.

You can choose not to reserve a spot in sibling care, but we cannot guarantee care when applicable. If no care is available, you will be responsible to find alternative care.

Can PAIR accommodate my child's allergies/special needs?

Yes! Please follow the link in your confirmation emails to update your child's profile to share any information we may need to know to keep your child safe and to serve them to the best of our ability, including health concerns, allergies or special needs. Please call 507-328-4020 for assistance.

Immunizations

All children attending PAIR classes and sibling care need a current immunization record on file each year. Turn them in at the PAIR office, Northrop-Room 301, have your health care provider fax them to PAIR at 507-328-4015, or bring a copy to the first class meeting.

PAIR's Refund Policy

If PAIR cancels a class or sibling care, you will be notified immediately

and your fee will be refunded. PAIR reserves the right to cancel any classes or sibling care that do not meet minimum enrollment.

If you drop a class of FOUR

WEEKS OR LESS, you must do so 24 hours before the first class meeting to receive a refund, minus a \$5 processing fee.

*Refunds will not be processed on classes that meet only one session.

If you drop a class of FIVE OR

MORE WEEKS, you must do so within 24 hours after the first class meeting to receive a refund, minus a \$5 processing fee.

PAIR Handbook

Find out about PAIR's policies in the 2016-17 PAIR Handbook. Download your copy at rochesterce.org/pair. You can also get a copy from your classroom or the PAIR office.

Does PAIR cancel classes due to bad weather?

Yes. If the Rochester Public Schools are cancelled for the day, all PAIR classes are cancelled.

If school begins late, morning PAIR classes are cancelled, but afternoon and evening PAIR classes will be held.

If school dismisses early, all PAIR classes are cancelled for the rest of the day and evening.

PAIR cannot make up class days closed due to weather.

You can call the Community Education Weather recording at 507-328-4010. You can also sign up for RPS Skylert message system to be notified regarding weather related announcements at <http://www.rochester.k12.mn.us/families>, select Skyward/Skylert Resources > Skylert Community Sign Up.

Can PAIR help me with transportation?

Transportation is available for one class at a time for families in need, at no cost. Call the PAIR office at 507-328-4020 for assistance.

Financial Assistance SLIDING FEES

How does the PAiR Sliding Fee Scale Work?

PAiR/ECFE SLIDING FEE SCALE 2016-2017

Find your income range on the chart.

Find the # of sessions your class will meet.

Find the sliding fee for the class and sibling care. This is your **recommended** fee.

For example: If your income is \$20,000 to \$30,000 and the class meets 6 times, the recommended class fee is \$12, sibling care is \$9.

income >		\$75,000 +		\$50,000 - \$74,999		\$30,000 - \$49,999		\$20,000 - \$29,999		\$0 - \$19,999	
# of class sessions	class:	sibling care	class:	sibling care	class:	sibling care	class:	sibling care	class:	sibling care	class:
1	\$10.50	\$6	\$8	\$4.50	\$5	\$3	\$2	\$1.50	\$1	\$0	\$0
2	\$21	\$12	\$17	\$9	\$11	\$6	\$4	\$3	\$2	\$0	\$0
3	\$31.50	\$18	\$25	\$13.50	\$16	\$9	\$6	\$4.50	\$3	\$0	\$0
4	\$42	\$24	\$34	\$18	\$21	\$12	\$8	\$6	\$4	\$0	\$0
5	\$52.50	\$30	\$42	\$22.50	\$26	\$15	\$11	\$7.50	\$5	\$0	\$0
6	\$63	\$36	\$50	\$27	\$32	\$18	\$13	\$9	\$6	\$0	\$0
7	\$73.50	\$42	\$59	\$31.50	\$37	\$21	\$15	\$10.50	\$7	\$0	\$0
8	\$84	\$48	\$67	\$36	\$42	\$24	\$17	\$12	\$8	\$0	\$0
9	\$94.50	\$54	\$76	\$40.50	\$57	\$27	\$19	\$13.50	\$9	\$0	\$0
10	\$105	\$60	\$84	\$45	\$63	\$30	\$21	\$15	\$11	\$0	\$0
11	\$115.50	\$66	\$92	\$49.50	\$68	\$33	\$23	\$16.50	\$12	\$0	\$0
12	\$126	\$72	\$101	\$54	\$74	\$36	\$25	\$18	\$13	\$0	\$0
13	\$136.50	\$78	\$109	\$58.50	\$81	\$39	\$27	\$19.50	\$14	\$0	\$0
14	\$147	\$84	\$118	\$63	\$88	\$42	\$29	\$21	\$15	\$0	\$0
15	\$157.50	\$90	\$126	\$67.50	\$96	\$45	\$32	\$22.50	\$16	\$0	\$0

Need additional assistance? Fees can be waived or reduced at any level if family circumstances would make payment a hardship. Register by phone at 507-328-4020, in person at the PAiR office or indicate what you can afford to pay on your registration.

No Rochester resident will be denied participation due to inability to pay.

Contact PAiR at 507-328-4020 or pair@rochester.k12.mn.us for more information.

How do I register for classes?

Register online at:
Rochesterce.org/register

Register by mail:
By completing both sides of this registration form and mail it in!

By Drop Box:
Our 24 hour drop box is located in front of the Northrop building.

By phone:
Call (507) 328-4020

In person:
Visit us at Northrop on the 3rd floor.

**Northrop
Education Center
201 8th Street NW
Rochester, MN 55901**

Step 1 – Registration is complete with payment. (See fees chart on page 22, and “First Draw” on page 21) You will receive an e-mail confirming your registration. We will notify you if the class is full or canceled.

Step 2 – Please follow the link in your confirmation email to share any information we may need to know to keep your child safe and to serve them to the best of our ability, including health concerns, allergies, or special needs.

Step 3 – Immunization records are required for each child attending class, including sibling care. This is to be turned in by the 2nd class.

**Please call 328-4020
for assistance.**

Email Note: It has been brought to our attention that some families with Hotmail, or other email providers, have not been receiving emails from Community Education. We recommend that you add our domain (rochester.k12.mn.us) as a Safe or Trusted Sender to your email account.



Registration

Use for PAiR registration only. Preschool activity registration form can be found on the Preschool Enrichment side of this brochure. One check per family per program.					
May we photograph your child/children and use the picture in our promotional materials?					
Y		N		Signature: _____	
CHILD 1 REGISTRATION					
Child 1 Name _____					
Child 1 Date of Birth _____			Gender: M F		
Class Number	Class Name			Fee	
CHILD 2 REGISTRATION					
Child 2 Name _____					
Child 2 Date of Birth _____			Gender: M F		
Class Number	Class Name			Fee	
Parent/Guardian 1:					
Last Name: _____			First Name: _____		
Relationship to Child(ren): _____					
Phone Numbers	Home: _____	Cell: _____	Work: _____		
Home Address: _____		City: _____	State: _____	Zip: _____	
Email Address: _____					
Parent/Guardian 2:					
Last Name: _____			First Name: _____		
Relationship to Child(ren): _____					
Phone Numbers	Home: _____	Cell: _____	Work: _____		
Home Address: _____		City: _____	State: _____	Zip: _____	
Email Address: _____					
PAYMENT INFORMATION					
Checks payable to Community Education.		Check #:	Total:		
MC VISA DISCOVER	Credit Card #:			Exp Date:	
Signature: _____					



SCHOOL HEALTH INFORMATION FORM

STUDENT INFORMATION

Name	DOB	/	/	Gender	<input type="checkbox"/> M <input type="checkbox"/> F
School	Grade	Parent/Guardian Name			
Phone #	Phone #	Email			

HEALTH HISTORY

Check all conditions your child currently has or has been treated for in the past

CONDITION	EXPLAIN
<input type="checkbox"/> Diabetes	
<input type="checkbox"/> Seizures	
<input type="checkbox"/> Allergies	
<input type="checkbox"/> Asthma	
<input type="checkbox"/> Lung/Respiratory Disease	
<input type="checkbox"/> Heart/Cardiovascular Conditions	
<input type="checkbox"/> Head Injury/Concussion	
<input type="checkbox"/> Behavioral or Emotional Difficulties	
<input type="checkbox"/> Neurological Disorders	
<input type="checkbox"/> Attention Disorders (ADD, ADHD)	
<input type="checkbox"/> Mental Health Conditions (e.g., anxiety, depression)	
<input type="checkbox"/> Fainting Spells and Dizziness	
<input type="checkbox"/> Kidney/Bladder Conditions	
<input type="checkbox"/> Ear/Eyes/Nose/Sinus Problems	
<input type="checkbox"/> Muscle or Bone Conditions	
<input type="checkbox"/> Abdominal/Stomach/Digestive Problems	
<input type="checkbox"/> Migraines or Severe Headaches	
<input type="checkbox"/> Food Restrictions/Special Diet	
<input type="checkbox"/> Skin Conditions	
<input type="checkbox"/> Mobility Problems or Activity Restrictions	
<input type="checkbox"/> Learning Problems	
<input type="checkbox"/> VISION CONCERNS	Glasses/Contacts <input type="checkbox"/> Yes <input type="checkbox"/> No For: _____ Last professional eye exam / / Results: _____
<input type="checkbox"/> HEARING CONCERNS	Hearing Device <input type="checkbox"/> Yes <input type="checkbox"/> No Type: _____ <input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both ears
<input type="checkbox"/> List any other medical conditions:	

MEDICATIONS

List all prescription, over-the-counter, and medications taken as needed (e.g., EpiPen, inhalers, pain relievers)

Medication	Dose	Frequency	Reason

Would you like to schedule a conference with the licensed school nurse to discuss a particular health concern? ☐ Yes ☐ No

Indicate your concern(s):

The information you provide will only be shared with school staff who require access to this information to meet your child's health and safety needs while at school. Not providing complete and accurate information may result in an incomplete health and safety plan for your child.

Parent/Guardian signature

Date