



community  
education

Everyone Connects!

# preschool enrichment

Fall 2016



507.328.4000  
[www.rochesterce.org/register](http://www.rochesterce.org/register)

**Rochester**  
Public Schools

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## COMMUNITY EDUCATION PRESCHOOL ACTIVITIES

Amy Ward

*Program Coordinator*

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*Program Manager*

Northrop Education Center

201 8th St NW

Rochester, MN 55901

507 - 328 - 4000

507 - 328 - 4015 fax

[www.rochesterce.org/register](http://www.rochesterce.org/register)

## NEW CLASSES

### Tot Soccer Bop (2-3 Years)

This class is perfect for your little one to come and explore soccer field while becoming more comfortable with kicking, jumping, and running. This course focuses on large motor skills and hand eye coordination. An adult must accompany and participate with child.

1890.401  
Northrop-Gym

Th 9/29-10/13 9-10 AM  
3 Sessions \$30

### Discovering Science (3-6 Years)

Where do germs live? How does your stomach work? How do plants grow? Why are your bones so strong? These are just some of the questions we'll answer with fun experiments in this hands-on science class. Get ready to learn about the world around you and realize just how fun making scientific discoveries can be.

1601.111  
Northrop-Rm 210

Th 10/6-11/17 5:30-7 PM  
6 Sessions \$84  
No Class Oct 20

### Brand You (3 1/2 to 6 Years)

Unleash your child's authentic self. Creating your child's "Brand" helps the child to become more self aware, which in turn builds confidence, critical thinking skills, and leadership skills. Each week will focus on a different strength area as we help your child discover who they are, with the final week putting it all together.

1900.101  
Northrop-Rm 210

Tu Sep 27-Nov 1 5:30-7 PM  
6 Sessions \$89

## DISTRICT LOCATIONS

**Northrop Education Center**  
201 8th St NW

**Kellogg Middle School**  
503 17th St NE

**Mayo High School**  
1420 11th Ave SE

**Willow Creek Middle School**  
2425 11th Ave SE

**John Adams Middle School**  
1525 31st ST NW

## IS YOUR CHILD ON THE ROCHESTER PUBLIC SCHOOLS' CENSUS?

### Contact Rochester Public Schools

Your child was not born in Rochester and:

1. You have NOT participated in Early Childhood Screening.

Your child was born in Rochester and you have:

1. Moved since your child's birth.

2. Have a child who is OVER 3 years, 2 months old and have NOT received a letter from Rochester Public Schools about Early Childhood Screening.

3. Moved since your child participated in Early Childhood Screening.

**Registration & Records Edison Building, 615 Seventh Street SW  
Rochester, MN 55902**

**(507) 328-4200 Fax (507) 328-4208**



# Preschool Enrichment

## Art

### Little Artist (2-5 Years/Adult)

Budding artists will lead their adult through activity stations that will introduce a variety of sensory experiences. Adventurous, safe fun while learning about color, texture, and form. Class will end with a circle story time. An adult must accompany and participate with the child.

**1104.101** **F 9/16-9/30** **10-11 AM**  
**Northrop-Rm 210** **3 Sessions** **\$48**

### Mouse Paint (3-6 Years/Adult)

Red plus yellow make what color? How about blue plus red? After reading Mouse Paint by E. Walsh, spend time with your child mixing primary colors to make secondary colors and create masterpieces to take home. Science and art, what a great mix! An adult must accompany and participate with the child.

**1101.111** **F 12/2** **9:45-11 AM**  
**Northrop-Rm 210** **1 Session** **\$16**

## Dance

### Dance Connection

Classes are taught by Tanya Williams of Dance Connection. Girls are encouraged to wear any color leotard, light colored tights, and pink leather ballet shoes, no shiny satin slippers. Skirts are optional. Boys are encouraged to wear sweatpants and t-shirts with ballet shoes. Adults must stay onsite.

### Ballet (3-5 Years) P

Our dancers will develop creativity, confidence, and classroom skills while building on the basics of ballet. Adults will be able watch our routine during the last class session.

**1200.111P** **M 10/3-11/21** **9:15-9:45 AM**  
**Northrop-Rm 210** **8 Sessions** **\$75**

**1200.112P** **Tu 10/4-11/22** **9:30-10 AM**  
**8 Sessions** **\$75**

**Dance Connection Studio 1618 Hwy 52 N, Rochester**



*Little Artist*

### Tap (4-5 Years) P

Learn to make sounds with your feet using the heel and toe taps on your tap shoes following the ballet class. Adults will be able watch our routine during the last class session. Tap shoes are required.

**1201.111P** **M 10/3-11/21** **9:50-10:05 AM**  
**Northrop-Rm 210** **8 Sessions** **\$45**

**1201.112P** **Tu 10/4-11/22** **10:05-10:20 AM**  
**8 Sessions** **\$45**

**Dance Connection Studio 1618 Hwy 52 N, Rochester**

### Dance with Dana

Classes are taught by Dana Sawyer of Dance Dana and Company. Girls are encouraged to wear a leotard with pink tights and pink leather ballet shoes. Boys are encouraged to wear black shorts or sweatpants and black ballet shoes. Adult must stay onsite.

### Intro to Dance (3-5 Years) P

Musicality, rhythm, and coordination will be just some of the skills learned while we learn basic ballet positions, steps and turns, plus one or two novelty routines. Adults will enjoy watching our routines on the last day of class.

**1206.111P** **W 9/28-11/16** **5:45-6:15 PM**  
**Northrop-Rm 210** **8 Sessions** **\$77**

### Ballet & Tumbling (3-6 Years) P

Through Ballet and Tumbling, our dancers will develop motor, listening, waiting, and sharing skills. Adults will be invited to watch our last session when we perform our ballet and tumbling routines.

**1205.111P** **W 9/28-11/16** **5:15-5:45 PM**  
**Northrop-Rm 210** **8 Sessions** **\$77**

# Preschool Enrichment

## Tippi Toes

Tippi Toes Dance Company cheerfully provides children a fun, positive, and nurturing environment so they are able to experience the joys of dance, self-expression, and movement. We encourage children to use their imagination while introducing ballet, tap, jazz, and hip hop techniques using dance terms and examples to enhance their knowledge of the art. Our music is carefully selected to be family friendly and age appropriate. Parents are always welcome to observe classes. Girls may wear any color leotard, light colored tights, and pink leather ballet shoes, no shiny satin slippers. Skirts are optional. Boys may wear sweatpants and t-shirts with ballet shoes. Ballet slippers are preferred but not required. **Classes are held at Tippi Toes Dance Studio, 1610 North Broadway, Rochester.**

### Toddler & Me (18 months-3 Years/Adult)

Dancing, crawling, and imaginative play while introducing the basics of dance. An adult must accompany and participate with the child.

1210.101	M 9/12-10/17 6 Sessions	9:15-10 AM \$79
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1210.103	Sa 9/17-10/22 6 Sessions	9:30-10:15 AM \$79
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1210.104	M 10/24-11/28 6 Sessions	9:15-10 AM \$79
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1210.106	Sa 10/29-12/10 6 Sessions No Class 12/3	9:30-10:15 AM \$79
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Tippi Toes Dance Studio

### Baby Ballet (2-3 Years)

High energy - teaching the beginning skills of ballet while building the imagination through music and dance.

1220.101P	M 9/12-10/17 6 Sessions	10:15-10:45 AM \$59
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1220.102	Tu 9/13-10/18 6 Sessions	10:30-11 AM \$59
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1220.104	Th 9/15-10/20 6 Sessions	9:30-10 AM \$59
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1220.105	M 10/24-11/28 6 Sessions	10:15-10:45 AM \$59
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1220.106	Tu 10/25-11/29 6 Sessions	10:30-11 AM \$59
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1220.108	Th 10/27-12/8 6 Sessions No Class 11/24	9:30-10 AM \$59
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Tippi Toes Dance Studio

### Ballet/Tap/Jazz (3-6 Years)

Super fun combination class focused on learning basic dance steps and positions while having fun.

1230.101	M 9/12-10/17 6 Sessions	5:15-6 PM \$79
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1230.102	W 9/14-10/19 6 Sessions	5:15-6 PM \$79
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1230.103	Th 9/15-10/20 6 Sessions	10:15-11 AM \$79
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1230.104	Th 9/15-10/20 6 Sessions	5:15-6 PM \$79
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1230.105	Sa 9/17-10/22 6 Sessions	10:30-11:15 AM \$79
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1230.107	M 10/24-11/28 6 Sessions	5:15-6 PM \$79
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1230.108	W 10/26-12/7 6 Sessions No Class 11/23	5:15-6 PM \$79
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1230.109	Th 10/27-12/8 6 Sessions No Class 11/24	10:15-11 AM \$79
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1230.110	Th 10/27-12/8 6 Sessions No Class 11/24	5:15-6 PM \$79
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1230.111	Sa 10/29-12/10 6 Sessions No Class 11/26	10:30-11:15 AM \$79
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Tippi Toes Dance Studio



## Creativity

### Dino Dig (3-6 Years)

Journey back with us to the world where dinosaurs ruled the earth. How many types of dinosaurs do you know?

Stegosaurus has spikes, Triceratops are three horned, and T-Rex of course stands upright on his strong hind legs. We will hunt for dinosaur eggs, dig for bones, enjoy games, and songs.

**1504.111** **F 11/18** **9:30-11 AM**  
**Northrop-Rm 210** **1 Session** **\$16**



### Kinder Fun (3-6 Years)

Your child will love playing and practicing skills while preparing to be successful in kindergarten. We will build on your child's pre-writing skills, motor skills, routines, and social skills that will make a smooth transition into school.

**1520.101** **Tu 9/13-10/25** **9:30-11 AM**  
**Northrop-Rm 210** **6 Sessions** **\$96**  
**No Class 10/18**

**1520.102** **Th 9/15-10/27** **9:30-11 AM**  
**Northrop-Rm 210** **6 Sessions** **\$96**  
**No Class 10/20**

**1520.103** **Tu/Th 9/13-10/27** **9:30-11 AM**  
**Northrop-Rm 210** **12 Sessions** **\$185**  
**No Class 10/18 and 10/20**

**1520.111** **Tu 11/1-12/13** **9:30-11 AM**  
**Northrop-Rm 210** **6 Sessions** **\$96**  
**No Class 11/22**

**1520.112** **Th 11/3-12/15** **9:30-11 AM**  
**Northrop-Rm 210** **6 Sessions** **\$96**  
**No Class 11/24**

**1520.113** **Tu/Th 11/1-12/15** **9:30-11 AM**  
**Northrop-Rm 210** **12 Sessions** **\$185**  
**No Class 11/22 and 11/24**



*Pizza Pie Mania*

### Pizza Pie Mania (3-6 Years)

Pizza is a favorite treat to eat and so much more! Shapes, math, and sequencing are just the beginning of our Pizza Shoppe Fun! The only thing missing is getting to eat real pizza!

**1511.101** **F 11/4** **9:30-11 AM**  
**Northrop-Rm 210** **1 Session** **\$16**

### Pumpkin Patch Party (3-6 Years)

Dress up in your costume and explore our pumpkin patch! We will discover how the pumpkin grows from seed to fruit, practice pumpkin math, and investigate pumpkins from the inside out. It's going to be a great adventure!

**1523.111** **F 10/28** **9:30-11 AM**  
**Northrop-Rm 210** **1 Session** **\$16**

### Classroom Instructors Wanted

Do you have a passion for working with preschool age children? Does your life require flexibility? We can help. We are looking for Instructors to teach preschool age children. Please contact Amy Ward at 328-4030 or email at [amward@rochester.k12.mn.us](mailto:amward@rochester.k12.mn.us)



# Preschool Enrichment

## Language

### Handwriting Skills

Pat Nyberg specializes in helping preschool through elementary age children improve their pre-writing, printing, and cursive handwriting. She is a Handwriting Without Tears (HWT) specialist who utilizes the HWT curriculum and materials to instruct children in handwriting. Pat is a pediatric occupational therapist. She received the degree Master of Science in Special Education from Johns Hopkins University in Baltimore, MD and the degree Bachelor of Science in Occupational Therapy from Quinnipiac College in Hamden, CT.

### Begin "Write" by Learning ABC/Number Handwriting Skills (4-5 Years) **P**

Pre-K children will be taught to form capital letters and numbers using multi-sensory, developmentally appropriate, and fun informal activities. Your Pre-K age child will learn letter recall, orientation, start, sequence, and fine motor control of a writing tool. The Handwriting Without Tears "Get Set For School" readiness and writing Pre-K curriculum materials and activities will be used. Handouts will be provided that parents can follow to use and reinforce skills gained in class. Instructor: Pat Nyberg.

**1401.111P** Tu 10/4-12/6 9-10 AM  
**Northrop-Rm 112** 8 Sessions \$120  
No Class 10/18 & 11/22

## Music

### Musical Journey (2.5-5 Years/Adult) **P**

Our musical journey will have both adults and children using a variety of instruments, visual aides, and movement. Classes are taught by Cher Stuhr, a facilitator in musical enjoyment who allows the participants to become the true shining stars, teaching traditional folk songs which have been a part of our culture for generations. An adult must accompany and participate with the child.

**1001.111P** F 9/16-10/14 11-11:45 AM  
**Northrop-Rm 102** 5 Sessions \$50

### Musical Journey Songs of the Season (2.5-5 Years/Adult) **P**

Join Cher for a celebration of songs which will focus on the holiday of Christmas. 'Twill be a joyous occasion as adult and child interact using a variety of instruments to accompany traditional Christmas songs. An adult must accompany and participate with the child.

**1002.111P** F 12/2-12/16 11-11:45 AM  
**Northrop-Rm 102** 3 Sessions \$30



### My Music Class (9 Months-5 Years/Adult) **P**

"My Music Class" is a mixed age, family-style class that is pure fun! Infants, toddlers, and preschoolers participate at their own level where siblings can attend together. Adults contribute to the experience regardless of their musical ability. Music is learned through developmentally appropriate activities and children participate at their own level and their learning style is respected! Your child(ren) will share songs, move to the beat, enjoy instrument playing in a very relaxed and playful environment. Miss Kristin, of Hen and Chicks, is a musician and storyteller working with over 300 children in 30 childcare centers encouraging the love of music and learning. An adult must accompany and participate with the child. (8 months and younger are free).

**1006.101P** Tu 9/20-11/1 6-6:45 PM  
**Northrop-Rm 102** 7 Sessions  
**\$130 Adult & Two Children, \$80 Adult & One Child**

### Music Fun for Toddlers (1-2 Years/Adult) **P**

Come sing, dance, and play instruments! Little ones will experience a variety of instruments while getting a sense of rhythm and beat and developing awareness of different sounds. We will also dance and sing together as the little musicians build their listening and teamwork skills. At the same time they will be exposed to musical concepts such as loud and soft, tempo and timbre! This is a wonderful opportunity to have one on one, special time with your child while building on a lifelong love of music! Class is taught by Miss Kristin, of Hen and Chicks, a musician and storyteller. An adult must accompany and participate with the child.

**1005.111P** Tu 11/15-12/6 6-6:30 PM  
**Northrop-Rm 102** 4 Sessions \$50

# Preschool Enrichment

## Science

### Discovering Science/Body Science

Marissa graduated cum laude from Harvard College in 2014, majoring in Human Developmental and Regenerative Biology while also conducting research in a scientific lab for four years. She is now a researcher in the plastic surgery department at Mayo Clinic while applying to medical school. Marissa taught a full-year science curriculum throughout college to kindergarten and first graders, and loves inspiring young scientists by making scientific discovery fun!

### Discovering Science (3-6 Years)

Where do germs live? How does your stomach work? How do plants grow? Why are your bones so strong? These are just some of the questions we'll answer with fun experiments in this hands-on science class. Get ready to learn about the world around you and realize just how fun making scientific discoveries can be.

**1601.111** Th 10/6-11/17 5:30-7 PM  
**Northrop-Rm 210** 6 Sessions \$84  
No Class Oct 20

### Body Science (3-6 Years)

How does your brain work? What happens to food in your stomach? Why is your blood red? In this hands-on class, we'll explore the science of the human body with fun experiments and crafts.

**1602.101** Th 12/1-12/15 5:30-7 PM  
**Northrop-Rm 210** 3 Sessions \$42



Discovering Science

### Planetarium

Paul Larson is the Planetarium Director for Mayo High School. Mr. Larson comes to us from the St. Cloud State University Planetarium, in St. Cloud, Minnesota, after spending three years as their lead presenter. During the summers of 2013 and 2014, he spent 12 weeks in Huntsville, Alabama, working with NASA on two internships.

### Kepler Star Wheel and Rochester at Night-Planetarium (3 Years-Gr.3/Adult)

Families participate in a simple, hands-on project to construct a Kepler Star Wheel. This take home tool will help you find visible stars in the night sky, that have planets orbiting them, including planets outside our solar system! After construction, we will use the star wheel while taking a tour of the current night sky above Rochester. An adult must accompany and participate with child. Class is held at **Mayo High School, 1420 11th Ave SE, Rochester**. Please enter through door #6.

**1606.111** Tu 10/25 6:30-7:30 PM  
**Mayo High School-** 1 Session \$15 Per/Family  
**Rm 1-226 Planetarium**

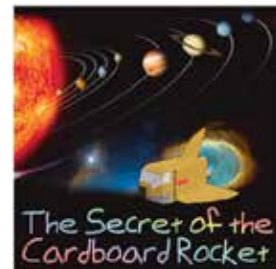


### Secrets of the Cardboard Rocket (3 Years-Gr.3/Adult)

Families will be entertained and educated as they embark on a visually rich 3-D animation tour of the solar system at the planetarium. We will travel along with two children, their spaceship navigator, and an astronomy book on an out-of-this-world adventure!

An adult must accompany and participate with child. Class is held at **Mayo High School, 1420 11th Ave SE, Rochester**. Please enter through door #6.

**1605.111** Tu 9/27 6:30-7:30 PM  
**Mayo High School-** 1 Session \$15 Per/Family  
**Rm 1-226 Planetarium**



# Preschool Enrichment

## Sports

### **Amazing Athletes (3-6 Years) P**

Let's get active! A wonderful opportunity for your young child to engage in an educational sports and fitness program that teaches the basic fundamentals and mechanics of nine different ball sports and seven key areas of motor development. In this course, we will cover: baseball, volleyball, lacrosse, football, basketball, soccer, golf, hockey, and tennis. Build self-confidence, practice teamwork, and improve fine and gross motor skills with us! In this non-competitive environment, children increase their cardiovascular fitness, muscle tone, hand-eye coordination, and reaction time.

<b>1850.101P</b>	<b>Tu 9/20-10/25</b>	<b>10:15-11 AM</b>
<b>Northrop-Rm 113 Gym</b>	<b>6 Sessions</b>	<b>\$57</b>
<b>1850.102P</b>	<b>Tu 9/20-10/25</b>	<b>11:15 AM-12 PM</b>
<b>Northrop-Rm 113 Gym</b>	<b>6 Sessions</b>	<b>\$57</b>
<b>1850.103P</b>	<b>Tu 11/1-12/20</b>	<b>10:15-11 AM</b>
<b>Northrop-Rm 113 Gym</b>	<b>6 Sessions</b>	<b>\$57</b>
	<b>No Class 11/8 and 11/22</b>	
<b>1850.104P</b>	<b>Tu 11/1-12/20</b>	<b>11:15 AM-12 PM</b>
<b>Northrop-Rm 113 Gym</b>	<b>6 Sessions</b>	<b>\$57</b>
	<b>No Class 11/8 and 11/22</b>	

### **Amazing Tots (20 Months-3 Years/Adult) P**

This discovery-based program is designed to get your toddler moving! This class will focus on activities that help your child meet his or her major motor development goals. This six-week program will also cover four different sports: basketball, football, soccer, and baseball. An adult must accompany and participate with the child.

<b>1860.101P</b>	<b>Tu 9/20-10/25</b>	<b>9:30-10 AM</b>
<b>Northrop-Rm 113 Gym</b>	<b>6 Sessions</b>	<b>\$52</b>
<b>1860.102P</b>	<b>Tu 11/1-12/20</b>	<b>9:30-10 AM</b>
<b>Northrop-Rm 113 Gym</b>	<b>6 Sessions</b>	<b>\$52</b>
	<b>No Class 11/8 and 11/22</b>	

### **Flag Football (4-6 Years/Adult)**

Geared toward the preschooler, this class offers a fun, hands-on look at the game of flag football, and offers the student the opportunity to learn and practice fundamental football skills. An adult must accompany and participate with the child.

<b>1801.111</b>	<b>Tu 9/20-10/4</b>	<b>5:45-6:30 PM</b>
<b>Northrop-Rm 113 Gym</b>	<b>3 Sessions</b>	<b>\$33</b>
<b>1801.112</b>	<b>Tu 9/20-10/4</b>	<b>6:40-7:25 PM</b>
<b>Northrop-Rm 113 Gym</b>	<b>3 Sessions</b>	<b>\$33</b>

### **Gym Time for Toddlers (2-3 Years/Adult)**

Explore different activities with your child in our gym each week. Tunnels, hula hoops, rolling balls, are just a few to get started helping your child develop cognitive learning, balancing, and gross motor skills. An adult must accompany and participate with the child.

<b>1810.101</b>	<b>Tu 11/15-11/22</b>	<b>5:45-6:30 PM</b>
<b>Northrop-Rm 113 Gym</b>	<b>2 Sessions</b>	<b>\$22</b>



*Amazing Athletes*



# Preschool Enrichment

## J.E.T.S Gymnastics

Classes will emphasize basic gymnastic skills and progressions that serve as the foundation for higher level gymnastics skills. Our curriculum focuses on basic gross motor development, socialization, positive behavioral management in a fun, high energy atmosphere. Lessons take place in our state-of-the-art fully equipped gymnastics facility with our highly trained coaching staff. Please wear comfortable clothing, no jeans, dresses or buckles.

**Classes are held at J.E.T.S Gymnastics, 2440 Clare LN NE, Rochester.**

### **Puddle Jumpers (18 Months-2 Years/Adult) P**

Instructors guide adults, who, in turn, guide their children through various locomotor development activities. The goal is to bias children positively to all types of new learning experiences. Children will gain vocabulary skills, gymnastics definitions, and an introduction to equipment. This is a wonderful opportunity to bond with your child. An adult must accompany and participate with the child.

1860.111P	Tu 9/13-10/4 4 Sessions	5:40-6:25 PM \$65
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1860.112P	W 9/14-10/5 4 Sessions	9:30-10:15 AM \$65
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1860.113P	W 9/14-10/5 4 Sessions	6:30-7:15 PM \$65
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1860.114P	Tu 10/18-11/8 4 Sessions	9:30-10:15 AM \$65
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1860.115P	Tu 10/18-11/8 4 Sessions	5:40-6:25 PM \$65
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1860.116P	W 10/19-11/9 4 Sessions	6:30-7:15 PM \$65
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1860.117P	Tu 11/15-12/6 4 Sessions	9:30-10:15 AM \$65
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1860.118P	Tu 11/15-12/6 4 Sessions	5:40-6:25 PM \$65
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1860.119P	W 11/16-12/7 4 Sessions	6:30-7:15 PM \$65
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J.E.T.S Gymnastics



### **J.E.T.S. Gymnastics Tomcats (3 Years) P**

Activities include basic tumbling and apparatus work, as well as social skill development. Students will add to skills worked on in Puddle Jumpers and spend more time on tumbling, balance beams, bars, and trampolines.

1861.111P	Tu 9/13-10/4 4 Sessions	6:30-7:15 PM \$65
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1861.112P	W 9/14-10/5 4 Sessions	5:40-6:25 PM \$65
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1861.113P	Tu 10/18-11/8 4 Sessions	6:30-7:15 PM \$65
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1861.114P	W 10/19-11/9 4 Sessions	5:40-6:25 PM \$65
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1861.115P	Tu 11/15-12/6 4 Sessions	6:30-7:15 PM \$65
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1861.116P	W 11/16-12/7 4 Sessions	5:40-6:25 PM \$65
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J.E.T.S Gymnastics

### **Falcons (4 Years) P**

Activities include basic tumbling and apparatus work, as well as social skill development. Students will work on more specific skills, spending more time on tumbling, balance beams, bars, and trampolines, etc.

1862.111P	Tu 9/13-10/4 4 Sessions	10:15-11 AM \$65
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1862.113P	Tu 10/18-11/8 4 Sessions	10:15-11 AM \$65
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1862.115P	Tu 11/15-12/6 4 Sessions	10:15-11 AM \$65
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J.E.T.S Gymnastics

# Preschool Enrichment



*Learn2Skate*

## RFSC Learn2Skate for

### Preschool (Ages 3-6) P

Beginning ice skating lessons for our newest skaters. We will focus on having FUN on the ice while safely learning basic movements and fundamentals of skating. Instructors use the Learn to Skate USA curriculum, which is sanctioned by U.S. Figure Skating and USA Hockey. Registration covers 30 minutes of instruction. Skate rental is available for \$2.00 per lesson. It is strongly recommended that participants wear a helmet; a basic bicycle helmet works well. Classes are held at **Rochester Recreation Center, 21 Elton Hills Dr. NW.**

<b>1790.101P</b>	<b>Tu 9/13-10/11</b>	<b>6-6:30 PM</b>
	<b>5 Sessions</b>	<b>\$80</b>

<b>1790.102P</b>	<b>Th 9/15-10/13</b>	<b>6-6:30 PM</b>
	<b>5 Sessions</b>	<b>\$80</b>

<b>1790.103P</b>	<b>F 9/16-10/14</b>	<b>5:45-6:15 PM</b>
	<b>5 Sessions</b>	<b>\$80</b>

<b>1790.104P</b>	<b>Sa 9/17-10/15</b>	<b>10-10:30 AM</b>
	<b>5 Sessions</b>	<b>\$80</b>

<b>1790.111P</b>	<b>Tu 10/25-12/13</b>	<b>6-6:30 PM</b>
	<b>7 Sessions</b>	<b>\$112</b>
	<b>No Class 11/22</b>	

<b>1790.112P</b>	<b>Th 10/27-12/15</b>	<b>6-6:30 PM</b>
	<b>7 Sessions</b>	<b>\$112</b>
	<b>No Class 11/24</b>	

<b>1790.113P</b>	<b>F 10/28-12/16</b>	<b>5:45-6:15 PM</b>
	<b>7 Sessions</b>	<b>\$112</b>
	<b>No Class 11/25</b>	

<b>1790.114P</b>	<b>Sa 10/29-12/17</b>	<b>10-10:30 AM</b>
	<b>7 Sessions</b>	<b>\$112</b>
	<b>No Class 11/26</b>	

**Recreation Center**

## Soccer (4-6 Years/Adult)

Soccer for preschoolers teaches the basics of soccer, including dribbling, passing, and kicking. Working together, we will enrich your child's soccer skills.

An adult must accompany and participate with the child.

<b>1802.111</b>	<b>Tu 10/18-11/1</b>	<b>5:45-6:30 PM</b>
<b>Northrop-Rm 113 Gym</b>	<b>3 Sessions</b>	<b>\$33</b>

<b>1802.112</b>	<b>Tu 10/18-11/1</b>	<b>6:40-7:25 PM</b>
<b>Northrop-Rm 113 Gym</b>	<b>3 Sessions</b>	<b>\$33</b>

<b>1802.113</b>	<b>Tu 11/29-12/13</b>	<b>5:45-6:30 PM</b>
<b>Northrop-Rm 113 Gym</b>	<b>3 Sessions</b>	<b>\$33</b>

<b>1802.114</b>	<b>Tu 11/29-12/13</b>	<b>6:40-7:25 PM</b>
<b>Northrop-Rm 113 Gym</b>	<b>3 Sessions</b>	<b>\$33</b>

## Tot Soccer Bop (2-3 Years)

This class is perfect for your little one to come and explore soccer field while becoming more comfortable with kicking, jumping, and running. This course focuses on large motor skills and hand eye coordination. An adult must accompany and participate with child.

<b>1890.401</b>	<b>Th 9/29-10/13</b>	<b>9-10 AM</b>
<b>Northrop-Gym</b>	<b>3 Sessions</b>	<b>\$30</b>



*Soccer*

## Classroom Instructors Wanted

Do you have a passion for working with preschool age children? Does your life require flexibility? We can help. We are looking for Instructors to teach preschool age children. Please contact Amy Ward at 328-4030 or email at [amward@rochester.k12.mn.us](mailto:amward@rochester.k12.mn.us)

# Preschool Enrichment

## Tennis-USTA Quick Start I (4-6 Years) **P**

Learn a fun lifetime sport by joining our tennis program. Introduction to forehand, backhand, and volley in a FUN format while developing eye-hand coordination. Junior tennis rackets are provided at no charge. Classes are held at **Rochester Tennis Connection, 2700 Country Club RD SW, Rochester.**

<b>1880.111P</b>	<b>M 9/12-10/10</b>	<b>5:30-6:15 PM</b>
	<b>5 Sessions</b>	<b>\$44</b>

<b>1880.112P</b>	<b>Th 9/15-10/13</b>	<b>10-10:45 AM</b>
	<b>5 Sessions</b>	<b>\$44</b>

<b>1880.113P</b>	<b>Sa 9/17-10/15</b>	<b>9-9:45 AM</b>
	<b>5 Sessions</b>	<b>\$44</b>

<b>1880.114P</b>	<b>M 10/17-11/14</b>	<b>5:30-6:15 PM</b>
	<b>5 Sessions</b>	<b>\$44</b>

<b>1880.115P</b>	<b>Th 10/20-11/17</b>	<b>10-10:45 AM</b>
	<b>5 Sessions</b>	<b>\$44</b>

<b>1880.116P</b>	<b>Sa 10/22-11/19</b>	<b>9-9:45 AM</b>
	<b>5 Sessions</b>	<b>\$44</b>

**Rochester Tennis Connection**

## Tennis-USTA Quick Start II (4-6 Years) **P**

For players who can consistently hit the ball over the net from the service line. Junior tennis rackets are provided at no charge. Classes are held at **Rochester Tennis Connection, 2700 Country Club RD SW, Rochester.**

<b>1881.111P</b>	<b>M 9/12-10/10</b>	<b>6:15-7 PM</b>
	<b>5 Sessions</b>	<b>\$44</b>

<b>1881.112P</b>	<b>Th 9/15-10/13</b>	<b>10:45-11:30 AM</b>
	<b>5 Sessions</b>	<b>\$44</b>

<b>1881.113P</b>	<b>Sa 9/17-10/15</b>	<b>9:45-10:30 AM</b>
	<b>5 Sessions</b>	<b>\$44</b>

<b>1881.114P</b>	<b>M 10/17-11/14</b>	<b>6:15-7 PM</b>
	<b>5 Sessions</b>	<b>\$44</b>

<b>1881.115P</b>	<b>Th 10/20-11/17</b>	<b>10:45-11:30 AM</b>
	<b>5 Sessions</b>	<b>\$44</b>

<b>1881.116P</b>	<b>Sa 10/22-11/19</b>	<b>9:45-10:30 AM</b>
	<b>5 Sessions</b>	<b>\$44</b>

**Rochester Tennis Connection**

## Swimming

### Water Exploration Level I (4-8 Years)

Water Exploration Level I will help your preschooler feel more comfortable in the water and want to swim by themselves. They will learn basic aquatic and safety skills, including the use of life jackets. This class is for those who have taken the Water Readiness classes and are ready to move on. An adult is required to stay onsite but is not needed in the water. Please shower before entering the pool. Classes are held at **John Adams Middle School, 1525 31st ST NW, Rochester.** Please enter the building through door #9. Instructor: Heidi Smid-Neuvirth.

<b>1920.111</b>	<b>M 9/19-10/24</b>	<b>6-6:30 PM</b>
<b>John Adams-Pool</b>	<b>6 Sessions</b>	<b>\$66</b>

<b>1920.112</b>	<b>M 9/19-10/24</b>	<b>6:30-7 PM</b>
<b>John Adams-Pool</b>	<b>6 Sessions</b>	<b>\$66</b>

<b>1920.113</b>	<b>M 11/7-12/12</b>	<b>6-6:30 PM</b>
<b>John Adams-Pool</b>	<b>6 Sessions</b>	<b>\$66</b>

<b>1920.114</b>	<b>M 11/7-12/12</b>	<b>6:30-7 PM</b>
<b>John Adams-Pool</b>	<b>6 Sessions</b>	<b>\$66</b>

### Water Exploration Level II (4-8 Years)

Water Exploration Level II will help your preschooler who has taken level I and feels comfortable in the water to want to swim by themselves. They will learn basic aquatic and safety skills. An adult is required to stay onsite but is not needed in the water. Please shower before entering the pool. Classes are held at **John Adams Middle School, 1525 31st ST NW, Rochester.** Please enter the building through door #9. Instructor: Heidi Smid-Neuvirth.

<b>1921.111</b>	<b>M 9/19-10/24</b>	<b>7-7:30 PM</b>
<b>John Adams-Pool</b>	<b>6 Sessions</b>	<b>\$66</b>

<b>1921.112</b>	<b>M 11/7-12/12</b>	<b>7-7:30 PM</b>
<b>John Adams-Pool</b>	<b>6 Sessions</b>	<b>\$66</b>



# Preschool Enrichment



*Water Readiness*

## Water Readiness

Water readiness teaches adults to encourage adjustment and water safety for preschoolers. The instructor gives proper instruction and aid to the adult in order that they may teach the children the basics of swimming. This class is for preschoolers who do not know how to swim. Please shower before entering the pool. An adult must accompany and participate in the pool with the child. Classes are held at **Kellogg Middle School, 503 17th ST NE, Rochester**. Please enter Kellogg Middle School through door #13. Instructor: Janet Rich.

## 9-24 Months/Adult

1901.111 Kellogg-Pool	M 9/26-10/24 5 Sessions	6-6:30 PM \$55
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1901.112 Kellogg-Pool	Tu 9/27-10/25 5 Sessions	6-6:30 PM \$55
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1901.113 Kellogg-Pool	W 9/28-10/26 5 Sessions	6-6:30 PM \$55
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1901.114 Kellogg-Pool	M 11/14-12/19 5 Sessions No Class 11/21	6-6:30 PM \$55
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1901.115 Kellogg-Pool	Tu 11/15-12/20 5 Sessions No Class 12/6	6-6:30 PM \$55
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1901.116 Kellogg-Pool	W 11/16-12/21 5 Sessions No Class 11/23	6-6:30 PM \$55
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## 2-3 Years/Adult

1902.111 Kellogg-Pool	M 9/26-10/24 5 Sessions	6:30-7 PM \$55
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1902.112 Kellogg-Pool	Tu 9/27-10/25 5 Sessions	6:30-7 PM \$55
--------------------------	-----------------------------	-------------------

1902.113 Kellogg-Pool	W 9/28-10/26 5 Sessions	6:30-7 PM \$55
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1902.114 Kellogg-Pool	M 11/14-12/19 5 Sessions No Class 11/21	6:30-7 PM \$55
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1902.115 Kellogg-Pool	Tu 11/15-12/20 5 Sessions No Class 11/22	6:30-7 PM \$55
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1902.116 Kellogg-Pool	W 11/16-12/21 5 Sessions No Class 11/23	6:30-7 PM \$55
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## 3-6 Years/Adult

1903.111 Kellogg-Pool	M 9/26-10/24 5 Sessions	7-7:30 PM \$55
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1903.112 Kellogg-Pool	Tu 9/27-10/25 5 Sessions	7-7:30 PM \$55
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1903.113 Kellogg-Pool	W 9/28-10/26 5 Sessions	7-7:30 PM \$55
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1903.114 Kellogg-Pool	M 11/7-12/12 5 Sessions No Class 11/21	7-7:30 PM \$55
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1903.115 Kellogg-Pool	Tu 11/15-12/20 5 Sessions No Class 11/22	7-7:30 PM \$55
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1903.116 Kellogg-Pool	W 11/16-12/21 5 Sessions No Class 11/23	7-7:30 PM \$55
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## Lifeguards and Swimming Instructors Wanted

Are you certified? Looking for part time work? We are in need of a guard for Monday nights as well as subs to fill in as needed. Please contact Amy Ward at 328-4030 or email at [amward@rochester.k12.mn.us](mailto:amward@rochester.k12.mn.us)

# Preschool Enrichment

## Health

### **Brand You (3.5-6 Years)**

Unleash your child's authentic self. Creating your child's "Brand" helps the child to become more self aware, which in turn builds confidence, critical thinking skills, and leadership skills. Each week will focus on a different strength areas as we help your child discover who they are, with the final week putting it all together. Since our world today has many subliminal and overt messages outside a familial source, give your child a head start as they have fun balancing their true self. What a fun way to learn your child's abilities, interests and needs.

**1900.101**  
**Northrop-Rm 210**

**Tu Sep 27-Nov 1**    **5:30-7 PM**  
**6 Sessions**        **\$89**

## **NOW HIRING**

### **COMMUNITY EDUCATION PRESCHOOL ACTIVITIES**

*-Teaching Assistants*

Employment opportunities are available within  
Rochester Public Schools' Early Childhood Family Service Programs.  
Early childhood classroom experience is desired.

### **PAIR/ECFE**

*-Substitute Teachers*  
*-Parent Educators*  
*-Teaching Assistants*

Please contact Amy Ward at 328-4030 or email at [amward@rochester.k12.mn.us](mailto:amward@rochester.k12.mn.us)

## Trips



### **Fall Fun on the Farm (2.5-6 Years/Adult) **P****

Meet us at the Red Barn Learning Farm for a morning of fall farmyard fun. We will learn about what happens on the farm, take a wagon ride, pick a pumpkin, and of course pet the animals. Red Barn Learning Farm has many different animals including horses, bunnies, sheep, goats, and more. Don't forget to dress for the weather at the farm. Meet us at 10 AM. Please register each person attending. Fee of \$12 is per person. Adult/child class. Red Barn Learning Farm is 20 minutes from Rochester, **27251 State Hwy 30 in Hayfield.**

**1311.101P**                      **M 10/17**                      **10-11:30 AM**  
**Red Barn Learning Farm**    **1 Session**                      **\$12 Per/Person**



# Preschool Enrichment

## Kindergarten 2016-17



If you have not yet registered your child for kindergarten, you should do so as soon as possible.

If your child will be 5 years old by September 1, 2016 and you did not receive a kindergarten packet, contact:

**Registration & Records**  
Edison Building  
615 7th St. SW  
Rochester, MN 55902  
507.328.4201

## TRANSPORTATION FAIR THANK YOU!



Thank you to all the businesses and the PAIR/School Readiness Advisory Council for your participation and support of the 2016 Transportation Fair. We had a great turnout and heard many positive comments. Approximately 1,000 children and 800 adults attended the event this year!

Thank you for participating and providing our preschool children and families with a fun morning of vehicles, games, good weather and community.  
-The PAIR Staff

**SAVE THE DATE for  
next years' big event  
on May 20, 2017**



## KICK OFF TO KINDERGARTEN OPEN HOUSE

**Thursday, November 3, 2016  
4:30 - 7:00 PM**

**Mayo High School Cafeteria**

Join us to learn about your Rochester Public Schools options for your child entering Kindergarten for the 2017-2018 school year. Adults and children are welcome to attend Kick Off to Kindergarten for information and activities.

Stay tuned for details and visit  
[www.rochesterce.org/OnMyWay2K](http://www.rochesterce.org/OnMyWay2K)  
for more information.



# Preschool Enrichment

## Information

### REGISTRATION Process

**Step 1-** Registration is complete with payment. You will receive an e-mail or phone call confirming your registration. We will notify you if the class is full or canceled.

**Step 2** – Please follow the link in your confirmation email to share any information we may need to know to keep your child safe and to serve them to the best of our ability, including health concerns, allergies or special needs.

**Please call 328-4000 for assistance**

**Please Note:** Although Community Education is part of Rochester Public Schools, we do not have access to information you may have provided to other departments of the district.

### Health Needs

Child only classes: If any health concerns or special needs require a school health form to be submitted to the main office, Community Education will contact you after registration and prior to the start date of the class.

### Child only & Adult participation with child classes

CE Preschool Activities are child only unless otherwise indicated. Some child only classes require a parent to remain on site during class. Check class descriptions for more information.

### P– Scholarship Information

Families who have an income that would qualify them for the free or reduced price meal program may receive a 50% reduction in class fees up to \$25 per child, per brochure (limited quantity). Classes marked with P are not eligible for scholarships. Families may call Community Education at 507-328-4000 to determine if they meet the criteria.

### Attendance by Non - Registered Children

For the safety and quality of the program, only children registered for the class may attend. Siblings and other children will not be allowed in the class.

### Refund Policy

If you withdraw from a class 1 week or more before the start date, you will receive a refund minus a \$5.00 processing fee.

If you withdraw from a class less than 1 week before the start date, you will receive a pro-rated refund minus any costs incurred, including a \$5.00 processing fee.

### If you withdraw from a class ON/AFTER the class start date:

If you need to withdraw from a class that meets three times or more after the class start date, you will need to contact the main office at 328-4000 to discuss the possibility of a refund. These are handled on a case-by-case basis.

### Inclement Weather Policy

If Rochester Public Schools are cancelled for the day, all Community Education day and evening classes are cancelled. If school begins late, Community Education morning classes will not meet. Classes that begin at noon or after will be held. If school dismisses early, all Community Education classes are cancelled for the remainder of the day and evening. If school is not cancelled, but the weather is threatening, evening classes will be canceled by 3 PM.

In all weather related circumstances, local radio stations will announce our cancellation. You can call the Community Education Weather recording at 507-328-4010. You can also sign up for RPS Skylert message system to be notified regarding weather related announcements at [http://www.rochester.k12.mn.us/families, select Skyward/Skylert Resources > Skylert Community Sign Up](http://www.rochester.k12.mn.us/families/select%20Skyward/Skylert%20Resources%20>%20Skylert%20Community%20Sign%20Up).  
Skylert Resources > Skylert Community Sign Up.

### Weather-Related Class Cancellation

In the event a Community Education class must be cancelled due to inclement weather or other unavoidable circumstances, every effort will be made to reschedule. However, there may be instances when it will not be possible to reschedule the class or process a refund.



## How do I register for classes?

### Register online at:

Rochesterce.org/register

### Register by mail:

By completing this registration form and mail it in!

### By Drop Box:

Our 24 hour drop box is located in front of the Northrop building.

### By phone:

Call (507) 328-4000

### In person:

Visit us at Northrop on the 2nd floor Northrop Education Center 201 8th Street NW Rochester, MN 55901

## NEW THIS FALL FOR REGISTRATION

**Step 1-** Registration is complete with payment. You will receive an e-mail or phone call confirming your registration. We will notify you if the class is full or canceled.

**Step 2 –** Please follow the link in your confirmation email to share any information we may need to know to keep your child safe and to serve them to the best of our ability, including health concerns, allergies or special needs.

**Please call 328-4000 for assistance.**

**Please Note:** Although Community Education is part of Rochester Public Schools, we do not have access to information you may have provided to other departments of the district.



preschool  
enrichment

## Activities Registration

Use for preschool activities registration only. PAIR registration form can be found on the PAIR side of this brochure. One check per family per program.					
May we photograph your child/children and use the picture in our promotional materials?					
Y	N	Signature:			
<b>CHILD 1 REGISTRATION</b>					
Child 1 Name					
Child 1 Date of Birth			Gender: M F		
Class Number	Class Name			Fee	
<b>CHILD 2 REGISTRATION</b>					
Child 2 Name					
Child 2 Date of Birth			Gender: M F		
Class Number	Class Name			Fee	
<b>Parent/Guardian 1:</b>					
Last Name:			First Name:		
Relationship to Child(ren):					
Phone Home:		Cell:	Work:		
Home Address:		City:	State:	Zip:	
Email Address:					
<b>Parent/Guardian 2:</b>					
Last Name:			First Name:		
Relationship to Child(ren):					
Phone Numbers	Home:	Cell:	Work:		
Home Address:		City:	State:	Zip:	
Email Address:					
<b>PAYMENT INFORMATION</b>					
Checks payable to Community Education.			Check #:	Total:	
MICROVISA DISCOVER	Credit Card #:			Exp. Date:	
Signature:					