

Prime Time *Exclusive*

Fall 2020
Volume 4 Issue 3



It's Your Time!

Welcome Back!

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***Recreational Programs Designed
Exclusively For You!***

***Caledonia Resource Center
Caledonia Community Schools
www.inspiremenow.org***

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Weekly Activities

Fit for Life and Open Weight Room
are closed until further notice.

Masks are required for all indoor activities.

Mailing List

If you would like to be removed from our mailing list, or if you know of someone that would like to receive this newsletter, please contact our office at 891-8117 or e-mail nemecekb@calschools.org.

Did you know you could register online? Our online webstore is available 24/7 - 365 days a year!

www.inspiremenow.org

On the main page,
click on the blue
"Register Now" button.



Weather Information

All Caledonia Resource Center activities will be cancelled if Caledonia Schools are closed. Please watch WOOD TV 8 for school closing information.

Primetime Exclusive is published four times per year: February, May, August and December. This issue was published August 2020 by Caledonia Community Schools Resource Center, 9749 Duncan Lake Ave., Caledonia, MI 49316.

Welcome Back!

We are here and look forward to seeing you!

We hope this issue of our newsletter finds you all safe and well. We have been thinking about all of you and we are here if you need us!

We will be returning in the Fall with safety protocols in place. As long as our area is in Phase 4, masks will be required inside the building. Of course, if you are not feeling well or if you have been exposed to Covid-19 we ask that you stay home.

If you would like to learn more about Caledonia District Return to Learn plan, you can find up to date info at www.calschools.org.

There may be some restrictions or changes among the way so please feel free to reach out with any questions or concerns. Hope to see you soon!

Your Resource Center Staff,
Barb & Monique

Share Your Passion!

Do you have a hobby or skill you are passionate about? Become an enrichment instructor and share your knowledge with others! We are always looking for new class ideas and instructors. If you would like to find out more about how to teach a class with us, please call 891-8117.



Caledonia Resource Center
Caledonia Community Schools
9749 Duncan Lake Ave.
Caledonia, MI 49316
Phone: 891-8117

Office Hours:
Mon - Friday 8am - 4pm

www.inspiremenow.org

*Let's Be
Thankful
Together*

Please join us for a Thanksgiving Luncheon
Tuesday, November 24th 12PM
at the Caledonia Resource Center Seniors Room
\$10 per person
RSVP by November 14th



Potluck!

*Welcome Back
Potluck*

Tuesday September 15th 12 PM
Meet us at Lakeside Park.

*Bring a dish to pass and your own
table settings.*

Looking forward to catching up!

Register by September 14th

**ROARING 20s
HALLOWEEN PARTY**



**Thursday,
October 29
12 - 2 p.m.
Prizes for
Best Costumes
Lunch Included!
\$10**

Register by October 22!

**Registering is easy!
www.inspiremenow.org
or call us at
616-891-8117**

GO A.W.O.L.

Adults With Out Limits

ART PRIZE Afterglow Walking Tour

Every even-numbered year, for 19 days and nights in late September and early October, the city of Grand Rapids is a mecca for art enthusiasts from around the world. Artists, art aficionados, critics, and creative novices stroll the streets of this incredible outdoor gallery, hoping for inspiration and glimpses of man-made beauty. Unfortunately, with the COVID 19 pandemic, the 2020 event has been cancelled. Fortunately for us, the benefit of being local is the "afterglow". This tour reveals the proof of ArtPrize competitions past...the public masterpieces that reside permanently in GR. We visit these gifts to the city and discover the back stories...how these pieces became so enduringly valuable. We will come together as a small group and pay tribute to the ArtPrize organization and their efforts over the past 11 years!



Fri 9/18 6 - 7:30 p.m.
\$15 Early Bird Fee / \$25 Regular Fee
Meet at the JW Marriott front lobby.

Oakhill Cemetery Walking Tour

Cemeteries are, in essence, local history books that you can walk through, see first hand, even touch. Oakhill Cemetery is one such place of remarkably rich history, plus beauty...especially in the autumn. It is a peaceful, treasure trove of Grand Rapids lore. Enjoy the winding pathways in the parklike setting surrounded by mature foliage and manicured lawns. Oak Hill is a perfect example of a rural garden cemetery, a place of rest and reflection. Here lie many great persons of local notoriety; your guide, Caroline Cook will reveal the tales of their interesting lives.

Part one

Wed 10/7 5:30 - 7:30 p.m.
Meet at Oakhill Cemetery at 647 Hall Street, S.E. on the south side of the cemetery at the main sign.

Part two

Wed 10/14 5:30 - 7:30 p.m.
Meet at Oakhill Cemetery at 647 Hall Street, S.E. on the south side of the cemetery at the main sign.
\$15 Early Bird Fee / \$25 Regular Fee

Open Weight Room CLOSED FOR NOW!

If you would like to get "Fit for Life," you are invited to join us in the weight room each day Monday through Friday. There will be a staff member in attendance during this time, however, use of the weight room is at your own risk. A completed emergency/health form will be required of all participants. Pre-registration is not required.

Mon - Fri Starting August 31 (omit 9/4 & 9/7)
10:30 - 11:30 a.m. Free (donations accepted) for 55 and over - \$2 per visit under 55 DLMS Weight Rm

Time, Talent, Treasures Walking Tour

This is the time of year to be thankful. And this is the history of philanthropy in Grand Rapids. We are a success story of ordinary citizens and courageous leaders who never stop believing in our community and our future. From our earliest settlers in the nineteenth century until present time, our city has been blessed with a spirit of generosity in vision and action. Criss-cross downtown with local guide, Caroline Cook, to visit those places and spaces which were gifted to us to enjoy and for which we are grateful. For better. For good. For all.

Wed 11/18 10 - 11:30 a.m.
\$15 Early Bird Fee / \$25 Regular Fee
Meet at the JW Marriott front lobby.

Twinklin' Holiday Lights Walking Tour

Are you feeling festive, fun, and frisky? Come dressed in your warmest and finest holiday sweaters and hats as we celebrate the holiday season together, with local guide, Caroline Cook. Experience downtown Grand Rapids bejeweled and illuminated with both contemporary and nostalgic lighting displays. The group will stroll by uniquely special places, some of which will evoke warm feelings from Christmas's past. And as a gesture of community kindness, we will give vouchers for meals at Dégagé Ministries for those we pass who may be in need.

Thur 12/17 6:30 - 8:30 p.m.
\$15 Early Bird Fee / \$25 Regular Fee
Meet at the JW Marriott front lobby.

Fit For Life

CLOSED FOR NOW!

Join us twice a week for an hour of fun and fitness. This class is geared for all fitness levels and involves walking, line dancing and stretching. Each participant will be able to exercise according to his or her own ability. Be prepared to feel better as you become stronger and physically fit. A completed emergency/health form will be required of all participants. Pre-registration is not required.



Mon & Thu Starting August 31 (omit 9/4 & 9/7)
9:30 - 10:30 a.m. Free (donations accepted) for 55 and over - \$2 per visit under 55 Resource Center Gym

**WEIGHT ROOM WILL BE
CLOSED FOR COMMUNITY
USE UNTIL
FURTHER NOTICE.**

PrimeTime Activities

Caledonia Senior Center

It's Your Time



LUNCH AND LEARN

Please join us for a wonderful series of presentations on topics of interest to all seniors! Looking forward to seeing you soon!

Please
RSVP soon!
Seating is
limited.
616-891-8117



Making Alzheimer's Disease a "Memory"

Learn what Alzheimer's disease is and how it affects the brain, the difference between Alzheimer's and dementia, and the statistics of the disease and why it is such a concern. Learn about other causes for memory impairment that may be reversible and how the diagnosis is made. And finally hear what MSU is doing to try to prevent, treat or ultimately cure the disease.

Presented by MSU Alzheimer's Alliance.

Thursday, Sept. 17

11:30am NO LUNCH

Pre-registration required

Better Balance and Stability

Sally Talbot, a physical therapist from Health Motion Physical Therapy, will be coming to speak about balance. She will cover some of the primary causes of balance issues, how to assess your own balance, and what you can do to improve your balance and agility to improve your function and significantly minimize your risk of falls.

This is guaranteed to be a fun and interactive presentation.

Thursday, Oct. 15

11:30 am Lunch provided

Pre-registration required

5 Wishes

Five Wishes is a United States advance directive created by the non-profit organization, Aging with Dignity. It has been described as the "living will with a heart and soul".

Thursday, Nov. 12

11:30 am Lunch provided

Pre-registration required



All Lunch and Learns are held at
The Resource Center
9757 Duncan Lake Ave, Caledonia, Mi

PrimeTime Activities

Caledonia Senior Center

It's Your Time



Hand & Foot

If you haven't had the opportunity to learn this popular card game, now is your chance. We would be very happy to show you how to play! It's easy and fun! Bring a friend! Everyone is welcome!

Wednesdays Beginning 9/2 12:30 - 3 p.m. FREE
Resource Center Rm #301



Euchre

We would love to have you join us each Friday for our weekly Euchre game. No pre-registration is necessary to join. Everyone is welcome!

Fri Beginning 9/18 (Join us for our tournament on 9/11!)

1 - 3 p.m. FREE
Resource Center Rm #301

**WE WILL BE PLAYING
CARDS THIS FALL BUT
MASKS WILL BE
REQUIRED.**



Caledonia Resource Center

WELCOME BACK!

EUCHRE TOURNAMENT

FRIDAY, SEPTEMBER 11

FROM NOON - 3:30 PM

CALEDONIA RESOURCE CENTER
9749 DUNCAN LAKE AVE. SE

COST: \$10 PER PERSON - INCLUDES PIZZA LUNCH

FOR MORE INFORMATION OR TO REGISTER:
(616) 891-8117 OR ONLINE AT:
WWW.INSPIREMENOW.ORG

We missed you!
Join us for an
afternoon of
fun, friends and
Euchre!

IF YOU WERE
REGISTERED FOR OUR
ST. PATRICK'S
TOURNAMENT, YOU
ARE AUTOMATICALLY
REGISTERED!

Prime Timers need YOU!

Returning on 9/11/2020!

Join us on Fridays.
We meet from 9 a.m. - 12 p.m.
(9 - 11:30 a.m. on 9/11)
in the Senior Center.
Drop-ins welcome!! You
don't have to commit
to specific days. Come
whenever you are able.



We Make:

- Quilts for Veterans
- Pillows for hospitals
- Blankets for shelters
- Blankets for families of disasters

You do NOT need to be able to sew to help.
Chances are you know someone that one of our
blankets have comforted.


PrimeTime Activities

Caledonia Senior Center

It's Your Time



Snyder Monuments



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PROFESSIONAL,
LOCAL
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25+ years**

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Randy and Diana Snyder
(616) 291-2425
www.snydermonuments.com
snydermonuments@gmail.com

"Honor a Loved One that will last a Lifetime"

Lunch Bunch

Bring your friends and join us for lunch! We will meet once a month at an area restaurant. If you wish to carpool, you may meet at the Resource Center at



11:00 a.m., or you can meet us at the restaurant at 11:30 a.m. Please call us at 891-8117 to make reservations (so we can let the restaurant know how many are coming).

Date: Thursday, September 24

Place: Cheesecake Factory

Date: Thursday, October 22

Place: First Wok - 44th St.

Register online at inspiremenow.org or call us after August 3 891-8117

MASKS WILL BE REQUIRED FOR LUNCH BUNCH

BINGO!

Join us on the fourth Thursday of each month for BIRTHDAY BINGO! If your birthday falls in that month, you



will receive one free card. We will all share a birthday cake in honor of the birthday guests. Bring your friends! Prizes will be awarded to the winners.

MASKS WILL BE REQUIRED FOR BINGO!

Thu 9/24, 10/22, 1/28, 2/25, 3/25, 4/22, & 5/27 (No bingo in November and December due to the holidays.)

1 - 3 p.m. 25¢ per card donation
Resource Center Rm #301
Sponsored by Moving Angels



Moving Angels is a full service moving company specializing in senior moves.

Sort-Downsize-Organize Pack-Move-Unpack
Floor planning Donate-Discard-Clean-out

How we can help YOU today!

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Mention this ad and receive 10% off select services

Greek Isles

Onboard Royal Caribbean's Explorer Of The Seas

11 Days / 10 Nights

October 19 - 28, 2021



Ports of call:

Rome (Civitavecchia), Italy ~ Sicily (Messina),
Italy ~ Valletta, Malta ~ Mykonos, Greece ~ Ephesus
(Kusadasi), Turkey ~ Santorini, Greece ~ Athens
(Piraeus), Greece ~ Naples, Italy



Inside Cabin Category 4V \$3,344

Outside Cabin Category 2N \$3,874

Balcony Cabin Category 4D \$4,354

Balcony Cabin Category 2D \$4,384

Rates are per person double occupancy and include roundtrip airfare from Grand Rapids, cruise, port charges, government fees, taxes, and transfers to/from the ship. ROYAL CARIBBEAN CRUISE LINE HAS ADVISED THAT ALL AIR PRICES ARE SUBJECT TO CHANGE AND ARE NOT GUARANTEED UNTIL FULL PAYMENT HAS BEEN RECEIVED.

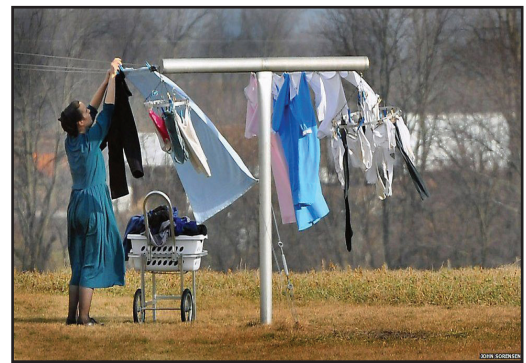
Deposit Policy: An initial deposit of \$550 per person double occupancy or \$1,100 per person single occupancy is required in order to secure reservation and assign cabins. Final payment is due by June 8, 2020.

Travel With Us!!

Caledonia

"GlobeTrotters"

Everyone is welcome on any of our trips! You do not need to be a Caledonia resident to join us! Call to register for your favorite trip today at 891-8117. These trips are open to all adults. There are no age restrictions. The commission earned on these trips helps support our senior center. Don't see the vacation of your dreams? We can help! Call us today! Take a vacation with us and help support our program!



Real Indiana Housewives Tour of Amish Country

Forget reality TV instead meet the real housewives of Amish Country. Get a first-hand look at a day in the life of a real Amish woman and the cottage industries they've created. Visit with an authentic Amish housewife to learn how household chores are done without electrical appliances. Learn how the families make a living without modern technology ruling everyday life!

Our trip also includes a visit to an Amish school, lunch in an Amish home, visit to an Amish rug weaver, and a visit to Sunshine Baskets where we will watch an Amish mom and children weave high quality baskets.

Cost: \$99

Date: **NEW DATE** Thursday, September 23, 2021

Departs: 8:00 a.m.

Returns: 5:00 p.m.

Includes: Motorcoach transportation and driver gratuity, step on guide gratuity, tours and lunch in an Amish home.



For more information or reservations call 891-8117

Caledonia GlobeTrotters

Present

ALASKA CRUISETOUR

WITH PRINCESS CRUISES® ON THE ROYAL PRINCESS®

11 DAYS / 10 NIGHTS NEW DATE MAY 12 - 22, 2021



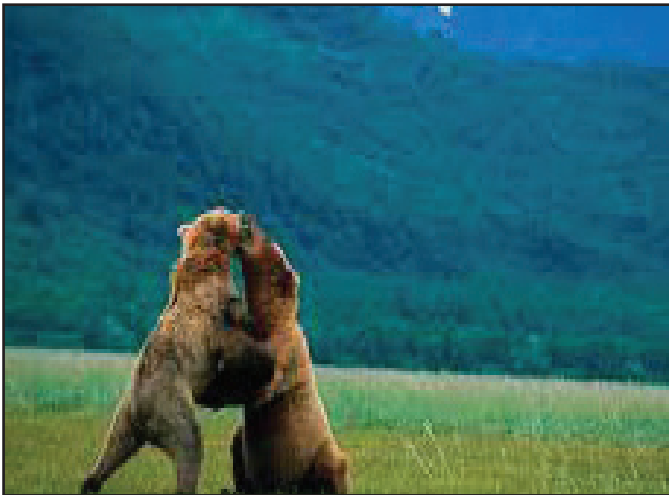
Prices:

Inside Cabin Category ID \$4,009
Inside Cabin Category IB \$4,049
Balcony Cabin Category BD \$4,739
Balcony Cabin Category BC \$4,774
Balcony Cabin Category BB \$4,809
Mini Suite Cabin Category MC \$5,089
Mini Suite Cabin Category MB \$5,129

Rates are per person double occupancy and include roundtrip airfare from Grand Rapids, cruise, port charges, government fees, taxes and transfers to/from ship. PASSPORT REQUIRED

PRINCESS CRUISES HAS ADVISED THAT ALL AIR PRICES ARE SUBJECT TO CHANGE AND ARE NOT GUARANTEED UNTIL FULL PAYMENT HAS BEEN RECEIVED.

Final payment is due by January 11, 2021. Those who book early get the best prices, the best cabin locations and their preferred dining times.



Itinerary:

1. Anchorage
2. Mt. McKinley Princess Wilderness Lodge (Talkeetna). Board a motorcoach for your journey along the dazzling George Parks Highway, an attraction in itself.
3. Denali Princess Wilderness Lodge. This morning you depart on another scenic motorcoach ride to the Denali Princess Wilderness Lodge at the doorstep of Denali National Park.
4. Whittier to Anchorage. Enjoy the scenic rail journey through some of the best wilderness in the Great Land on our exclusive Direct-to-the-Wilderness rail service.
5. Hubbard Glacier, Alaska (Scenic Cruising)
6. Glacier Bay National Park, Alaska (Scenic Cruising)
7. Skagway, Alaska
8. Juneau, Alaska
9. Ketchikan, Alaska
10. At Sea
11. Vancouver, British Columbia



BEST SALE EVER!
Only \$100 Deposit Required
PLUS
FREE Premier Beverage Package
FREE Unlimited Wi-Fi
FREE Prepaid Gratuities
Offer applies to all guests in cabin.
Offer is capacity controlled and subject to change

For reservations or more information contact Sherry at 616-891-8117 or email: stehouwers@calschools.org

RESERVE YOUR SPACE ONLINE:

<https://grandamericantours.com/5-12-21-alskact-stehouwer>

Class & Trip Registration Form

In Person - After August 3

Come in to the Resource Center office during of-
fice hours, Monday - Friday 8 a.m. - 4 p.m.
We are located at 9749 Duncan Lake Ave.



By Phone - After August 3

Call 891-8117. Office hours are Monday
- Friday, 8 a.m - 4:00 p.m. You can en-
roll by phone with Visa or Master Card. A
convience fee of 3.99% per credit card transaction will
apply.



Online

Visit our website at:

www.inspiremenow.org



At the main page, you can download a pdf file of our
brochure or click the 55 & better tab to download our
latest newsletter. Click the REGISTER NOW button
and you will be redirected to our webstore. A convience
fee of 3.99% per credit card transaction will apply.

By Mail

Simply complete this registration form and send it with
your check/money order made out to Caledonia Re-
source Center, or your Visa/Master Card number, expira-
tion date, and signature to:

Caledonia Resource Center
9749 Duncan Lake Ave.
Caledonia, MI 49316



Class Registration

Name _____ Sex M _____ F _____ Birthdate _____

Address _____ State _____ Zip Code _____

Phone _____ e-mail address _____

Class or Activity _____ Code # _____ Date _____ Fee _____

Class or Activity _____ Code # _____ Date _____ Fee _____



Visa or MC # _____ Total Amount Due \$ _____

Expiration Date _____ Signature _____

Trip Registration

Name _____ Sex M _____ F _____ Birthdate _____

Address _____ State _____ Zip Code _____

Phone # _____ Trip Name _____

(For Kewadin trip only) Northern Rewards # _____ Odawa # _____

Roommate _____ Deposit Amount \$ _____

Smoking _____ Non-Smoking _____ Special Needs _____



Visa or MC # _____ Amount \$ _____

Expiration Date _____ Signature _____

Caledonia GlobeTrotters
Present

Panama Canal

WITH NORWEGIAN CRUISE LINE® ON THE NORWEGIAN ENCORE®
13 DAYS / 12 NIGHTS MARCH 1 - 13, 2021



Day	Port	Arrive	Depart
1.	Miami, Florida		5:00 PM
2.	At Sea		
3.	Puerto Plata, Dominican Republic	8:00 AM	5:00 PM
4.	At Sea		
5.	Willemstad, Curacao	8:00 AM	6:00 PM
6.	Oranjestad, Aruba	8:00 AM	6:00 PM
7.	Santa Marta, Columbia	9:00 AM	6:00 PM
8.	Cartagena, Columbia	6:00 AM	2:00 PM
9.	Panama Canal/Gatun Lake, Panama	5:00 AM	3:00 PM
9.	Colon, Panama	5:00 PM	8:00 PM
10.	Puerto Limon, Costa Rica	8:00 AM	6:00 PM
11.	At Sea		
12.	At Sea		
13.	Miami, Florida	7:00 AM	

Inside Cabin Category IC \$3,115
Balcony Cabin Category BF \$3,915

Rates are per person double occupancy and include roundtrip airfare from Grand Rapids, cruise, port charges, government fees, taxes and transfers to/from ship. **PASSPORT REQUIRED**

NORWEGIAN CRUISE LINE HAS ADVISED THAT ALL AIR PRICES ARE SUBJECT TO CHANGE AND ARE NOT GUARANTEED UNTIL FULL PAYMENT HAS BEEN RECEIVED.

Pick Two Perks!

- Premium Beverage Package*
- 250 minute Internet Package
- \$50 Per Port Shorex Credit
- Dining Package*
- 20 Photo Package
- \$75 Onboard Credit

PLUS

- Every Cabin Recives the following ON Board Credit:
- Inside: \$50 (per cabin)
 - Ocean-view: \$60 (per cabin)
 - Balcony: \$100 (per cabin)
 - Mini Suite: \$140 (per cabin)

DEPOSIT POLICY: An initial deposit of \$350 per person double occupancy or \$700 per person single occupancy is required in order to secure reservations and assign cabins. Final payment is due by October 1, 2020. Those who book early get the best prices and the best cabin locations.



For reservations or more information contact Sherry at 616-891-8117 or email: stehouwers@calschools.org

**Guests responsible for 20% gratuity for beverage and dining package and offer applies to first two guests in each cabin. Otherwise, perks are per cabin and all guests in the cabin must pick the same perks.*

Caledonia Resource Center
9749 Duncan Lake Ave.
Caledonia, MI 49316
"Living and Learning Together"

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US POSTAGE
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CALEDONIA MI
PERMIT #20

Postal Customer



CALEDONIA ARTS AND CRAFT SHOW



FREE ADMISSION

NOVEMBER 7, 2020 10AM - 3PM

DUNCAN LAKE MIDDLE SCHOOL

9757 DUNCAN LAKE AVE, CALEDONIA, MI

For more info visit www.inspiremenow.org or call 616-891-8117