

February 18 – June 13, 2020 Classes Start Throughout the Session

Discover Your Passion Lifelong Learning



Classes for the Community pcclearn.org



Spring 2020

Roaring Twenties – revisited!

This is our Roaring Twenties – but why were the 1920s called "Roaring?" The economy was booming.

America was partying.

The 19th Amendment, passed in 1919, gave women the right to vote. Women increasingly entered the workforce.

Prohibition was in place, but prohibition "prohibited the selling of alcohol, not its consumption," and people found many ways to still enjoy a "cocktail." Speakeasies arose so named because to enter, one had to whisper a secret word.

Automobiles were mass-produced and priced so that many now could own a car. A car was not just transportation, it represented freedom, especially for young adults who were purchasing vinyl records in great number, and they danced. To the older generation, this was the epitome of moral decline.

There were 2.1million people in the United States; Unemployment was at 5.2%; Life expectancy, Males 53.6, Females 54.6; the Dow Jones high was 100; and it took 13 days to go from NY to CA.

The Roaring 1920s were a dynamic decade!

Our Roaring '20s have just begun, what lies ahead?

The economy is booming.

America is partying and consumerism is strong.

The #MeToo Movement continues to inspire and to give voice to the once unheard.

Prohibition has long passed; now specialty cocktails, craft beers, and award-winning U.S. wines flourish.

Automobiles run on batteries, are electric, and some, exhibited at a recent auto show, have no steering wheel. Young adults are still listening to music and the sale of vinyl records has rebounded. The older generation still thinks the younger generation is the epitome of moral decline.

There are 327.2 million people in the United States; Unemployment is 3.7%; Life Expectancy, Males 76.4, Females 81.2; the Dow Jones high is 29,350; and it takes 5½ hours to go from NY to CA.

Our Roaring 2020s are poised also to be dynamic!

Take your place in the 2020 Roaring '20s! Sign up for a class, take a one day workshop, log on and learn a new skill, or travel the roads of California, perhaps of the country by taking a day, or multi-day tour. We are ready to assist you in embarking upon your 2020 Lifelong Learning Roaring Adventure.

PCC Extension

pcclearn.org 626-585-7608

Spring Forward

Introduction to Energy Management
Business Modeling and Planning
Financial Planning and Budgeting
Sketching with Markers
Journal to the Self
Turn Your Story Into a Book
Nine Steps to Self-Publishing
Your Book
Lose Weight Without Ever
Going on a Diet

Cybersecurity Awareness

Building Your Cybersecurity Vocabulary
Cybersecurity While Traveling
Electronic Commerce Security
Locking Down Our Public Information
Malware Explained
Mobile Device Security
Portable Data Protection and Destruction
Secure Browsing
Secure Password Storage
Social Networking at Work
The Internet of Things

Online Career Training

Medical Terminology
Veterinary Assistant
Certified Wedding Planner
Microsoft Office Specialist 2019
(MOS) Certification Training
Adobe Certified Associate
Certified Bookkeeper



Spring 2020 February 18 to June 13

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LEGEND

NEW New for Spring 2020



Online



CP Certificate Program

Locations: PCC - Pasadena City College

AHS - Arcadia High School

PROFESSIONS



Become a Solar Installer



Instructor: Quayum Abdul

Since 2010, solar panels have increased in popularity; and in California, all new home construction must have solar panels. Home and commercial owners are looking for Solar Installers to install solar panels on roofs, and countless experienced solar installers are providing this work as independent contractors. In fact, it is projected that by 2020, 65% of solar installations will be done by independent solar installers. Join us and learn how to design and install roof-top solar photovoltaic systems. Participants will have the opportunity for handson, real world training through a volunteer organization. Topics include:

- · Solar, electrical, and city codes
- · Electrical wiring

Note: Course requires a total of 24 hours of instruction. Certificates will be issued upon successful completion of the course, as determined by the instructor. \$40 material fee payable in class.

2257X PCC - Room R113 \$135 Apr 24-Jun 12 8 Fri 6:30pm-9:30pm



Mystery Shoppers

Instructor: Jennifer Hayes

Mystery shopping is a wonderful way to earn extra income and have fun while shopping, dining, and evaluating customer service at local businesses! This workshop will show you the ins and outs of mystery shopping. Topics include:

- Signing up with shopping companies
- · Getting your first assignment
- · Avoiding pitfalls
- · Writing great reports

\$20 materials fee payable in class.

0329X PCC - Room R123 \$45 May 2 1 Sat 12pm-2:30pm

Get The Job You Want!

Instructor: Ellie MacMullin

Do you freeze up during an interview? Are you uncomfortable talking with a Recruiter or Hiring Manager over the phone? This course will navigate you through the challenges of developing and delivering a compelling presentation about why you should be hired and what you bring to the table. As a Corporate Recruiter for more than 30 years, I will provide guidance and assistance to insure you have the tools you need to get that interview. In this competitive working environment, you need the techniques to present the best you for the job. \$15 materials fee payable in class.

0436X PCC - Room R109 \$65 Feb 29-Mar 7 2 Sat 10am-1pm



Rental Property Management

Instructor: Shiral Torres

As an owner or manager of rental properties, you have a thorough understanding of why it is crucial to precisely track income and expenses. You know why it is necessary to maintain accurate, updated, and organized documents, and why all documents need to be stored in a secure location. If not, then register for this informative and insightful workshop! In addition to discussing the whys and wherefores, owners/ managers will learn about current laws, how the income and expense worksheet handout will help with income tax preparation, and how to effectively use a 12-month calendar to make property management less complicated. To keep it all together, you will receive a binder to keep your business organized and insure your success! \$25 materials fee payable in class.

0433X PCC - Room R109 \$45 Jun 6 1 Sat 10am-12pm

Shiral also teaches Find Cash by Tracking Your Spending - page 24.

Notary Classes

Instructor: Thomas Peavyhouse

Notary Public Licensing

Notary Class: This course exceeds the State of California qualifications for new applicants and for notaries that are renewing their commissions. Commissioned notaries may take this course six months prior to their commission expiration date. Students completing the class will receive a State-approved Certificate of Completion required to take the State-proctored notary examination. The State of California will offer a sameday exam (additional cost). \$49 materials fee payable in class.

Advanced registration required. No walk-in registrations. Minimum age 18. Late arrivals will not be admitted and no refunds will be given.

Notary Exam: Registration/exam begins at 4:00 pm, concludes at 6:00 pm. Exam requirements:

- \$40 check or money order only payable to the Secretary of State (including renewals). No Cash.
- ID: Driver's License or State DMV card; Passport; Military ID; (non US citizens bring Alien Registration number).
- 3. Bring two sharpened, No. 2 pencils.
- Bring a 2"x2" passport photo to be submitted as part of the Secretary of State application background check. May be purchased in class for \$10.

0390X PCC - Room R221 \$99 May 9 1 Sat 8am-4pm

Loan Signing Specialist

This course provides notaries with the skills and knowledge needed to become a Loan Signing Specialist. Discussion is inclusive, from the initial contact with the borrowers, to the completion and return of the loan document package. \$45 materials fee payable in class.

Optional: Take home exam. Fee: \$35 payable in class. Those passing will receive a Loan Signing Specialist certificate.

Prerequisite: Must be a notary or have taken a notary public class.

0315X PCC - Room R113 \$69 May 10 1 Sun 9am-1pm

Introduction to Energy Management

Instructor: Ricson Chude

The desire to manage utility energy costs, and the growing concerns for the environment call for professionals with an understanding of energy management and sustainability's best practices. This introductory course will impart attendees with the knowledgebase needed to help businesses manage utility costs and to stay competitive in their industry. The course is perfect for people interested in exploring "green jobs" in the solar, sustainability, utility, and HVAC&R industries. \$10 materials fee payable in class.

0445X AHS - Room H102 \$55 Mar 18-Mar 25 2 Wed 6:30pm-9pm

Voiceover Classes

Partner: Voices For All

Voiceover Professional

This fun and empowering 2-hour introductory workshop covers the different types of voiceovers and what tools are needed to find success. Students will be coached as they read a script, and are recorded to receive a professional voiceover evaluation later. Leave with the knowledge necessary to decide if this career is something you want to pursue. This workshop is taught by a professional voice actor from a voice acting training company.

4210X PCC - Room R102 \$49 Apr 25 1 Sat 10am-12pm

Voiceover Professional - *Online*

This fun and empowering 90-minute introductory workshop, taught by a professional voice actor, covers the different types of voiceovers as well as what tools are needed to find success in the industry. Your instructor will coach you in this one-on-one video chat setting as you read from real scripts; and later will provide a professional voice evaluation. For a demonstration, go to: voicesforall.com/ooo. Note: Students must have internet access and a webcam.

4220X ONLINE COURSE \$49
Schedule your class when convenient!
Logon info provided upon registration.

Become a Reality TV Casting Producer

Instructor: Costa Nicolas

Now that reality television has taken over Hollywood, recognizing the need for additional casting associates and casting producers is front and center! Employment opportunities in the field of reality casting are bountiful. This workshop is designed to provide you the knowledge and skills to pursue employment in production, perhaps even in casting your favorite series, the one you have been watching all season. This workshop is designed for students who are hardworking, have a positive attitude, and possess a passion for pursuing a career in casting. **Note:** Students must bring a laptop or tablet to class.

0338X PCC - Room R113 \$85 Feb 23-Mar 15 4 Sun 1pm-3pm



Stunt Acting

Instructor: Jack Huang

Join us and discover how to do basic stunts, action movements, and fight sequences confidently and safely. Topics include:

- Financial qualifying guidelines
- Head and Body Reactions
- Basic Martial Arts Elements
- · Power Control of Movements
- Break Falls
- · Voicing and Timing
- Voicing anSafety
- · Job Hunting

Discussion includes advice about a career in stunt acting, however, whether you are interested in a career, or just wish to participate in a unique activity, come and learn about stunt acting, and have fun! *Wear loose, comfortable clothing.* \$10 materials fee (for knee and elbow pads) payable in class.

When registering, indicate start date

4015X PCC - Room W201 \$89 Feb 24-Mar 16 4 Mon 6:30pm-8:30pm

4015X PCC - Room W201 \$89 Apr 20-May 11 4 Mon 6:30pm-8:30pm



Professional Make-Up Artistry

Instructor: Michele Godinez

This is a hands-on course where students learn to properly color match, contour, highlight, and create a Natural Eye look for bridal, print, and film shoots, as well as for everyday use. Students also will learn a Glamour look for special occasions, fashion, and print. Included: eyeliner techniques, professional kit necessities, how to make your look last all day, bring in business, and receive professional discounts on name-brand make-up. Upon successful completion of the course, students receive a Certificate from the instructor (professional discounts are available with certificate). \$40 materials fee payable in class. **Note:** Course fee includes \$26 lab fee.

0413X PCC - Room R115 \$125 Apr 26-May 3 2 Sun 9am-5pm

Film School (2-Day Certificated) Produce. Write. Direct. Act

Produce, write, Direct, Act

Instructor: Dov S-S Simens

This course launched into filmmaking writer Quentin Tarantino, actor Will Smith, and singer Queen Latifah, and now, hopefully, yours! Anyone...Yes anyone can Write, Produce, or Direct films and TV shows for profit when given the basic information - and this intensive crash-course delivers! The focus is on the business of filmmaking (yes, talent is important but it can't be taught) rather than the art of filmmaking. Day 1: "Filmmaking A-Z: Writing, Directing Shooting & Editing" details step-by step how to make your first feature film with budgets as little as \$10,000 to as high as \$100,000,000.
Day 2: "Dealmaking A-Z: Producing, Financing Distributing & Profiting" clearly

Financing, Distributing & Profiting" clearly explains how to market, sell, and finance the film you learned to make on Saturday. All attendees receive a 100 page Filmmaker's Workbook; qualify for a Producer's Diploma and Filmmaker's Certificate; and graduate knowing exactly how the industry, called Hollywood, whether its Agents, Bankable Stars, Dealmakers or Powerbrokers, works when you are a first-timer.

4215X \$245
Apr 4 & 5 1 Sat & Sun 9am-6pm
Classes held at the Hollywood Film Institute
(Raleigh Studios, 5300 Melrose Ave., Hollywood)

PCC Extension | 626.585.7608

Online Certificate Programs

Instructor-Led or Self-Study

Self-Study option lets you start anytime, and has the same content, readings, presentations, and quizzes as the structured and paced, Instructor-Led option. Should you determine that instructor interaction is preferred, you may transfer to the Instructor-Led option at no additional cost. Offered in partnership with UGotClass.

Certificate in Data Analysis



Data Analysis is one of the most sought-after skills in the workplace. Companies have vast amounts of data, but it is rare to have someone with the ability to analyze the data, to see trends, and then to make predictions. Add a whole new skill set to your portfolio and make a noticeable difference in the success of your organization by acquiring data analysis skills. Whether your business is home based or you are part of a large company, this certificate will take you to the next level where important decision-making happens.

4546X Intro Start: Apr 6,	duction to Data Ar Jun 1	alysis \$195
4547X Interi Start: May 4,	mediate Data Anal , Jul 6	ysis \$195
4548X Adva Start: Jun 1,	nced Data Analysi Aug 3	i s \$195
Enroll in al	I three and save	\$90!
	STRUCTOR-LED S	-
Start: Apr 6,	Jun 1	\$495
4545S Start: Upon i	SELF-STUDY SER registration	IES \$495

Digital Marketing Certificate





Receive a fundamental introduction to eMarketing, including improving email promotions, analyzing website traffic, insuring search engine optimization, and employing online advertising. Relevant for any type of organization, including businesses, non-profits, and government agencies, digital marketing is exploding. Previous eMarketing experience or expertise is not necessary. If you already are at an advanced level, your instructors are experts and will provide the latest, most advanced information, and will answer your toughest questions.

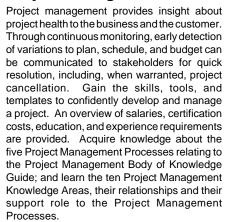
4511X Improving Email Promotions Start: Apr 6, Jun 1	\$195
4510X Boosting Your Website Traffic Start: May 4, Jul 6	\$195
4512X Online Advertising Start: Jun 1, Aug 3	\$195
Enroll in all three and save \$90!	
4509X INSTRUCTOR-LED SERIES Start: Apr 6, Jun 1	\$495
4509S SELF-STUDY SERIES Start: Upon registration	\$495

Certificate in Accounting and Finance for Non-Financial Managers

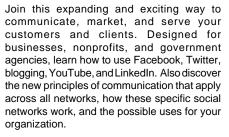
This program explains the financial concepts and accounting processes used in most businesses, and provides practical techniques to increase effectiveness and enhance careers. Start with a foundation to understand the seven steps in the accounting cycle, use financial information in decision making, gain the knowledge to analyze resource allocation, and evaluate financial performance. Then discover what you need to know about cash such as how to maximize cash flow, the importance of cash, and your role in cash flow success. Finally, learn how business reports are assessed and analyzed, and understand what financial information drives an organization.

4499X Accounting and Finance for Non Financial Managers	
Start: Apr 6, Jun 1	\$195
4334X Cash is King Start: May 4, Jul 6	\$195
4333X Financial Analysis and Planning for Non Financial Managers Start: Jun 1, Aug 3	\$195
Enroll in all three and save \$90!	
4332X INSTRUCTOR-LED SERIES Start: Apr 6, Jun 1	\$495
4332S SELF-STUDY SERIES Start: Upon registration	\$495

Certificate in Project Management



4562X Introduction to Project Manageme Start: Apr 6, Jun 1	ent \$195	
4564X Project Management Processes Start: May 4, Jul 6	\$195	
4563X Project Management Knowledge A Start: Jun 1, Aug 3	Areas \$195	
Enroll in all three and save \$90!		
4561X INSTRUCTOR-LED SERIES		
Start: Apr 6, Jun 1	\$495	



4519X Introduction to Social Media Start: Apr 6, Jun 1	\$195
4520X Marketing Using Social Media Start: May 4, Jul 6	\$195
4518X Integrating Social Media into Your Organization Start: Jun 1, Aug 3	\$195
Enroll in all three and save \$90!	
4517X INSTRUCTOR-LED SERIES Start: Apr 6, Jun 1	\$495
4517S SELF-STUDY SERIES Start: Upon registration	\$495

Consult our website at *pcclearn.org* for detailed course information.



Online Career Training Programs

These certificate programs chart your course to an in-demand profession or help advance your current career. Begin at any time and learn at your own pace! Upon successful completion of program, you will receive a Certificate of Completion.

All materials are included in program fees. Each course has an instructor assigned to answer questions.

Features:

- 6-18 month self-paced, start anytime
- Textbook and materials included
- · Prepare for industry certification
- Certification exam voucher included
- Advisors provide coaching, motivation, and career readiness support
- Financial assistance available

HIGH DEMAND CAREER FIELDS

Pharmacy Technician

Gain the skills and knowledge to qualify for entry-level positions in pharmacies, and be prepared to sit for the Pharmacy Technician Certification Exam (PTCE).

Administrative Dental Assistant

This nationally recognized Administrative Dental Assistant Online Certificate Program will teach you essential skills for managing the business of a dental practice and becoming an administrative dental assistant.

Certified Medical Administrative Assistant (CMAA)

Administrative medical assistants are versatile and valuable members of the healthcare team. This program prepares you for the Certified Medical Administrative Assistant (CMAA) exam.

Medical Terminology

The Medical Terminology Online Training Program teaches you to understand medical terms and their application.

Android App Developer

This Google-Authorized Training program is designed to propel your career as a professional Android app developer. This program takes you through the basics and moves on to advanced concepts in Android app development. You will acquire the necessary skillsets and experience for professional Android application development.

Certified Bookkeeper

The Certified Bookkeeper Online Training Program for experienced bookkeepers leads to national certification with the American Institute of Professional Bookkeepers (AIPB). The AIPB certification is a high professional standard for bookkeepers.

Chartered Tax Professional

After successfully finishing the Chartered Tax Professional Certificate Program, you will be qualified to prepare tax returns for individuals, small business corporations, partnerships, and sole proprietorships

Certified Wedding Planner

Wedding planners combine creativity and organization to help happy couples celebrate the most important day of their lives. Train for a career surrounded by celebratory events!

Human Resources Professional

Master the skills needed to advance within your human resources career, a high-demand field with plenty of opportunity for advancement.

Certified Residential Interior Designer

This program will give you the basic skills and background needed to start working as an interior home designer, and the Residential Interior Design Education (R.I.D.E.) creden tial will increase your status with potential clients.

Veterinary Assistant

This program is designed for people who want to work at a veterinary hospital and for those already are employed in positions in which they look after animals.

Child Development Associate Training

This flexible, self-directed certificate program in Childcare and Education enables you to earn your national Child Development Associate (CDA) certification.

CompTIA™ A+ Certification Training

The CompTIA[™]A+ Certification is a critical first step in opening the door to your IT career. Throughout this program, you will learn the essential skills needed to begin a career working within the industry.

Microsoft Office Specialist 2019 (MOS) Certification Training

The Microsoft Office 2019 Specialist training program prepares you to sit for the Microsoft Office Specialist Certification Exams, which cover Word, Excel, PowerPoint, Outlook, and Access.

Adobe Certified Associate

If you like and appreciate graphic design and consider yourself creative, this program is perfect for you. Become a Adobe Certified Associate and by learning Adobe's Creative Suite, the most commonly used program for professional graphic design, video editing, and web development.

The Complete Project Manager with CAPM® and PMP® Prep

By combining the Essentials of Project Management with Mastering Project Management, this online training program provides you with a thorough understanding of project management.

Professional Bookkeeping with QuickBooks

Prepare for a career in the high-demand field of bookkeeping as you master QuickBooks—the leading financial software tool for small businesses. By the end of this program, you will be an expert in everything from basic accounting to double-entry bookkeeping.

For complete program details and registration information for these and many other Online Career Training Programs, visit:

pcclearn.org/CTP

PCC Extension | 626.585.7608 Spring 2020

PCC Extension offers Online Courses for Every Interest

Learn anytime, anywhere...just a click away!



Spring Into Action!

Start Dates:

March 18
April 15
May 13
June 17

Courses priced from \$99

Self-paced courses. New sessions start monthly. Upon successful completion of a course, you may download a certificate of completion.

Captivating Instructors! Interesting courses! Satisfied students!

A Sampling of Our Online Courses

Accounting and Finance

Accounting Fundamentals I & II
Performing Payroll in
QuickBooks 2015
Keys to Successful Money
Management
Where Does All My Money Go?
Personal Finance
Real Estate Investing
Stocks, Bonds, and Investing

Business

Administrative Assistant
Fundamentals
Fundamentals of Supervision
and Management
Managing Customer Service
Project Mgmt Fundamentals
Wow, What a Great Event!
Writing Effective Grant
Proposals

College Readiness

Intro to Algebra
Intro to Biology
Intro to Chemistry
Math Refresher
GED Preparation
Prepare for the GED Math Test
SAT/ACT Preparation I & II
GMAT Preparation
GRE Preparation I & II

Computer Applications

Microsoft Excel 2016 Microsoft Word 2016 Microsoft PowerPoint 2016 Intro to QuickBooks 2017 Intro to Photoshop CC Intro to Illustrator CS6 Intro to InDesign CC Photoshop Elements for the Digital Photographer

Design and Composition

Creating Web Pages
Intro to CSS3 and HTML5
Creating WordPress Websites
Designing Effective Websites
Responsive Web Design
Intro to JavaScript
Discover Digital Photography
Secrets of Better Photography
Travel Photography for the
Digital Photographer

Healthcare and Medical

Medical Terminology
Explore a Career in Med Coding
Human Anatomy & Physiology
HIPAA Compliance
Spanish for Medical Professionals
Explore a Career as an
Admin Medical Assistant
Handling Medical Emergencies
Become a Physical Therapy Aide
Become a Veterinary Assistant

Language and Arts

Beg Conversational French
Conversational Japanese
Speed Spanish
Instant Italian
Grammar for ESL
Discover Sign Language
Enhancing Language
Development in Childhood
Drawing for the Absolute Beginner
Introduction to Guitar
Music Made Easy

Law and Legal

Employment Law Fundamentals Intro to Criminal Law Real Estate Law Workers' Compensation LSAT Preparation I & II

Personal Development

Genealogy Basics
Lose Weight and Keep It Off
Luscious, Low-Fat, Quick Meals
Twelve Steps to a Successful
Job Search
Understanding Adolescents
Learn to Buy and Sell on eBay
Start and Operate Your Own
Home-Based Business

Teaching and Education

The Creative Classroom
Creating a Classroom Website
Teaching Preschool
Solving Classroom Discipline
Problems
Homeschool With Success
Teaching Students with
Learning Disabilities
Ready, Set, Read!

Technology

Keyboarding
Computer Skills for Workplace
Intro to PC Troubleshooting
Intro to Windows 10
Intro to Networking
Intro to SQL
Intro to PC Security
Get Started in Game Development
Basic CompTIA A+ Certif Prep

Writing and Publishing

Writeriffic: Creativity Training
Write Your Life Story
Mystery Writing
Travel Writing
Intro to Screenwriting
Keys to Effective Editing
Beginner's Guide Getting Published
Write and Publish Nonfiction Book
Publish and Sell Your E-Books

For complete course details and to register for these and other ed2go courses, visit:

ed2go.com/pcclearn

NEW! Cybersecurity Awareness Courses - Online

Cyber: "a combining form meaning computer, computer network, or virtual reality" (dictionary.com) Security: "the state of being free from fear, danger, or threat"

Cybersecurity: a compound word referring to the security of computers, computer networks, or virtual reality

In partnership with ProTrain, PCC Extension is pleased to offer these new Cybersecurity online courses designed for individuals interested in protecting themselves online and abroad. Courses are one-hour each with students receiving 180 days of access upon enrollment!

Features:

- · Self-paced, start anytime
- May be taken in any order
- No previous experience required

Course Fee: \$129 each

Mobile Device Security

Mobile device security is targeted at those who are moderate to heavy users of mobile devices but are unfamiliar with the risks inherent in accepting default, manufacturer and app vendor settings. This course introduces those who use mobile devices as part of their everyday background—whether at work, study, or play to techniques for protecting those devices from being an attacker's playground. By shifting security to the foreground, those who attend this course will learn to: Identify vulnerabilities in different mobile devices, apps, communications channels, Harden their devices against common attacks, Configure frequently used apps against misuse by others, Reduce exposure to compromised routers and electronic eavesdropping.

Secure Password Storage

This course is intended to teach people to stop remembering large numbers of passwords and how to manage password security across a large number of systems. In addition to discussing these topics, lab/demos will be provided to ensure a firm grasp on the concepts being discussed. Key concepts covered include: password strength, password reuse, securely storing and using passwords, password convenience, how to configure and manage password storage technology, and how to successfully use password storage technology

Locking Down Our Public Information

This course will teach people how to limit their exposure and reduce what attackers are able to discover about them and their company. Upon course completion, learners will be exposed to tools and techniques to find their own information online and reduce the likelihood it will be abused. This course is focused on defensive security to help protect individuals and organizations. This is aimed at the beginner level, yet anyone who uses the internet would benefit from this course. Key concepts covered include: Understanding what information is available online, Google Dorks and the GHDB, Attackers Perspective on OSINT, Metadata, Geolocations, public footprint, Social media, Protecting information, and Tools of the trade.

Electronic Commerce Security

The course will cover the different types of electronic commerce, and the associated risks. The students will learn how to interact with electronic commerce sites securely, how to secure electronic commerce sites, and have a better understanding of how they connect with business-to-business transactions, business-to-consumer transactions, consumer-to-consumer transactions, and how to secure those transactions. This courses is intended for all employees that engage in personal or professional e-commerce transactions.

Secure Browsing

This course is intended to teach more about the number one tool we use to access the web: Our browser. We will discuss browser choices, how to configure a browser for our security and privacy needs and how to spot malicious websites. In addition to discussing these topics, lab/demos will be provided to ensure a firm grasp on the concepts being discussed. This is aimed at the beginner level, yet anyone who uses the internet would benefit from this course. Key concepts covered include Browser choices, Browser setup, VPN, private browsing, secure settings and cookies, Downloads and an introduction to TOR.

Portable Data Protection and Destruction

This course is directed at those who have captured data over time and want to establish intentional control over its accessibility, use, and disposition. This course is appropriate for a range of individuals, from those who have not contemplated developing a data governance plan to those who have one in place but would like to validate assumptions they have made.

Building Your Cybersecurity Vocabulary

This course is focused on conveying topics and vocabulary specific to cyber security, so if you are new to Information Security (InfoSec) and want to start learning the basics, this course is for you. Throughout this course, students will learn new words, their meanings, and the context in which they are used, and will ultimately gain an understanding of topics and terminology as they relate to cyber security. This course is aimed at beginning skill levels.

Malware Explained

This course talks about the history of malware, how it works, understanding the risk and how to protect against it. Students will learn the basics of malware in the context of both home and corporate users and will understand how to combat malicious software in an effective way. Corporate and home computer users will benefit from this course as it is intended for anyone with a vested interest in learning how to secure their systems from malware.

The Internet of Things

The Internet of Things will change our personal and professional lives forever. By 2020, there are expected to be over 50 billion devices communicating through the Internet. These devices will range from doorbells, thermostats, cars, and washing machines. This devices can make our lives easier and more efficient. At the same time, some of these devices may put our safety and privacy at risk. Knowing about the how the Internet of Things works and what we can do to be safe is important.

Social Networking at Work

This course is directed at those who use social media accounts for business or personal use. This course will review different types of social media, review expectations of privacy, explain the risks of social media and provide ideas on how we can protect ourselves while using this technology.

Cybersecurity While Traveling

This course's target audience is anyone who travels or manages travel policies. It is not intended for a cyber security expert and does not go into too many technical details. This course is intended for a beginning level audience, but points to technology that can quickly escalate into intermediate or advanced discussions. Main concepts explored will include: threats and countermeasures, wireless situations, wired situations, travel triangle of security, and travel tips.

For complete course details and registration information, visit:

pcclearn.org

ENTREPRENEUR

Healthcare Certificate Programs

In partnership with ed2go

These online Healthcare Certificate Programs will distinguish you as a knowledgeable, skilled, and committed professional in specialized healthcare fields. *CE contact hours provided.*

Complementary and Integrative Health End of Life Care Food, Nutrition, and Health Gerontology Healthy Aging Spirituality, Health, and Healing

Programs start monthly. For detailed program descriptions, requirements and start dates, go to: ed2go.com/pcclearn

Occupational Spanish Courses

In partnership with ProTrain

Self-paced, online courses, start anytime, 16 hours of instruction, for 6 months; Certificate of Completion available upon request.

Spanish for Banking
Spanish for Construction
Spanish for Educators
Spanish for Firefighters
Spanish for Food Service
Spanish for Health Care
Spanish for Housekeeping
Spanish for Law Enforcement
Spanish for Manufacturing
and Warehousing
Spanish for Social Services
Spanish for the Workplace

The fee for each course: \$165. For detailed program descriptions, go to: pcclearn.org/ProTrain

For in-class Spanish classes, turn to page 22.

Internet Marketing Classes

Instructor: Bob Cohen

Facebook and Social Networks

Facebook, Twitter, LinkedIn and blogs have changed how people use the Internet. Whether you want to stay in touch with family and friends or learn how to leverage social networking for your business, this workshop will give you an understanding of these exciting tools, how each one differs, and how each is used to its best advantage. Learn how Social Networking sites work, how to set up your account, how to find friends, family members, groups, and how to establish connections with the most popular Social Networking services. *See note.*

0510X PCC - Room R121 \$49 Mar 14 1 Sat 9am-12pm

Marketing with Facebook and Social Media

Students will learn how to use Facebook, Twitter and other Social Media sites to market just about anything from businesses and non-profits, to books and bands! This class covers the steps needed to create a Facebook page, how to link it to Twitter, and how to design content that attracts "Likes" and followers. Discover what content gets read, when and why people use Social Media, and what tools Social Media marketing professionals employ to save time. **See note.**

0502X PCC - Room R121 \$49 Mar 14 1 Sat 1pm-4pm

Internet Marketing - The Secrets

Explore Google AdWords and Search Engine Optimization (SEO) to help drive traffic to your site. Discover how a landing page can be used for promotions and offers, as well as what makes a successful email newsletter and how you can build one for pennies. Finally, find out how to use feedback sites and FREE local listings to help you generate more business. *See note.*

0503X PCC - Room R121 \$49 Mar 21 1 Sat 9am-12pm

Blogging for Fun and Profit

Everyone is blogging – are you? Come learn what a blog is, where blogs are found, and how to get a blog for free. Find out how to share your pictures and videos with family, friends, organizations, and customers, and how to use your blog to share your ideas with the world, and perhaps make money doing it! Topics include: blogs for business, blog ads, blogs for marketing, and building blog communities. See note.

0507X PCC - Room R121 \$49 Mar 21 1 Sat 1pm-4pm

Bob also teaches Live, Work or Retire Abroad – Affordably! - page 13.

Internet Marketing Certificate

Save \$31 by signing up for all four courses at once! Receive a certificate after successful completion of all four courses. Recommended for non-profit organizations, small business owners, job changers, and those re-entering the workforce! **Fee: \$165** (plus materials). **Note:** \$30 materials fee payable in *each* class.



For Business Owners

Instructor: Connie Sparks

Marketing Made Easy on a Small Budget

This workshop shows business owner's how to use multiple cost effective marketing segments to brand their business and reach their target groups; and be more creative in finding not just a customer, but the right customer offering long-term ROI benefits. The highlights of this workshop are marketing on a budget; showing business owner's how to standout when marketing to potential customers; becoming more effective with messaging, branding, and planning; creating product value; and connecting with customers. Using the resources and strategies of this course, attendees will become more effective with messaging, branding, and planning. \$15 materials fee payable in class.

0429X PCC - Room R109 \$45 Feb 22 1 Sat 10am-12pm

Business Modeling and Planning

Business owners and managers at all levels learn how to build, design, and define their business model to compete in today's environment. This interactive and dynamic workshop will keep participants engaged in stimulating planning and brainstorming sessions using a business model canvas. A business model canvas is a strategic management and lean startup template for developing new or documenting existing business models. It provides a simplistic approach, a snapshot for you to draft your entire business idea within one document. Join us and discover fresh ideas and new strategies to align your business model and mission statement, and discover new opportunities in the process. \$25 materials fee payable in class.

0437X PCC - Room R109 \$49 Mar 21 1 Sat 10am-1pm



Financial Planning and Budgeting

This workshop is designed to help business owners create a financial model to identify key drivers for cost reduction, budgeting for sustainability and growth, and how to improve revenue streams through step-by-step instruction. No financial planning experience required. Topics include:

- · Alternative resources and methods to generate new revenue
- · Building sound cash flow strategies to support growth
- · Economic and political trends impacting business bottom lines
- · Identifying KPA's, strengths and weakness of products for placement
- · Mechanics of financial modeling and planning

Bring laptop with spreadsheet software installed. \$20 materials fee payable in class.

0438X PCC - Room R109 \$49 May 9 1 Sat 10am-1pm









Use your Visa, MasterCard or Discover to register by mail, fax or telephone

Start Your Own App Business

Instructor: Bob Cohen

With iPhone and Android users in the millions apps are in big demand. Learn how to take your app idea from concept to the iTunes store and turn it into income. This class covers what goes into a successful mobile app, getting your app on the app stores, and how to market and promote your app. Gain information about how to develop your idea for an app; and learn about new tools for making apps with little or no programming experience. Learn how to create an app that garners rave reviews, provide customer support, and price your app for the most revenue. \$30 materials fee payable in class.

0520X PCC - Room R121 \$49 Mar 28 1 Sat 9am-12pm

> See Bob's other courses on page 8 and page 13.



Create a Website for **Business or Personal Use** for FREE!

Instructor: Mike Rounds

Stop thinking about having your own website by creating one! You can create your site in minutes for FREE including text, graphics, YouTube video links, a shopping cart, and customization. Topics include:

- · Obtaining your domain name
- Choosing a web host
- · Designing your web pages
- · Collecting credit card information
- · Listing with major search engines
- · Getting your site noticed

\$30 materials fee payable in class. Note: Lecture only; laptop not necessary in class.

0504X AHS - Room H101 \$49 May 11 1 Mon 6:30pm-9:30pm

PCC Extension | 626.585.7608

TECHNOLOGY



Introduction to Windows 10



In partnership with ed2go

In this course, you will gain the foundation you need to use Windows 10. We begin with the basics: finding your way around the operating system. You will get to know the expanded Start menu, desktop, and system settings so you feel right at home. Next, you will learn to customize the features of this operating system and personalize your desktop so you can make your computer truly your own. You will see how File Explorer can help you manage your files, and learn to create basic text documents using WordPad. You also will learn how to protect your files, as well as how to protect and update Windows 10. You will even see how to use the new Microsoft Edge browser to access the Internet. By the time you finish this course, you will have mastered the basic skills you need to get the most from Windows 10 for both work and play. Course starts monthly.

ONLINE COURSE

\$109

Start: Mar 18, Apr 15, May 13, Jun 17 Go to ed2go.com/pcclearn to register.

Mastering Computer Skills for the Workplace



In partnership with UGotClass

Must-have skills to succeed in the workplace include the ability to design presentations in PowerPoint, create documents in Word, use email and calendars in Outlook, and structure spreadsheets in Excel. Microsoft Office Suite of applications is the most used software tool in the world. Master the most common uses so that you can work faster and more efficiently. You will leave class with a set of skills that are a workplace requirement in today's fast paced ever-changing environment!

4543X ONLINE COURSE

Start: Apr 6, Jun 1 \$195

Practical Excel for Success

Instructor: Jackson Pan

If there is one technological tool you need to succeed in life, it is arguably Excel! Being skilled in Excel is important at work, at school, or at home to help you make sense out of numbers or data. While you do not need to be an Excel guru, most likely, you will want to use Excel to solve problems at some point, therefore, why not begin today by exploring the potential of Excel? This workshop provides useful exposure to Excel while teaching practical skills. By the end of the workshop, you will have gained valuable, transferable Excel skills that will change your perspective about problem solving. I will help you "Excel!" Note: Lecture only; laptop not necessary in class. \$15 materials fee payable in class.

Prerequisite: Basic Excel knowledge is recommended but not required.

0575X PCC - Room R108 \$55 May 30 1 Sat 9am-1pm

Microsoft



Introduction to Microsoft Word 2016



In partnership with ed2go

Knowing how to write reports and letters using Microsoft Word is a basic skill needed in nearly any job. This powerful word-processing program lets you professionally type, edit, format, spell check, and print documents. You will learn how to edit text, change the size or appearance of text; change margins and tab settings; automatically center, right align, justify, and indent text; use tools such as the grammar checker, spell checker, and thesaurus; and save, retrieve, copy, organize, and print your documents. At the end of this course, you will be able to use Word confidently at home or on the job. *Intermediate Microsoft Word 2016 also available!* Course starts monthly.

ONLINE COURSE

\$129

Start: Mar 18, Apr 15, May 13, Jun 17 Go to ed2go.com/pcclearn to register.

Introduction to Microsoft Excel 2016



In partnership with ed2go

Do you work with numbers? Then you need to master Microsoft Excel! Even beginners will find it easy to learn Excel in this fun, step-bystep online course. These lessons provide you with the information you need to set up fully formatted worksheets quickly and efficiently. You will learn the secrets behind writing powerful mathematical formulas, and discover how to use the function wizard to quickly and automatically calculate statistics, loan payments, and future value. In addition, gain tips about sorting and analyzing data, designing custom charts and graphs, and creating threedimensional workbooks. Intermediate Microsoft Excel 2016 also available! Course starts monthly.

ONLINE COURSE

\$129

Start: Mar 18, Apr 15, May 13, Jun 17 Go to ed2go.com/pcclearn to register.

Introduction to Photoshop CC



In partnership with ed2go

Photoshop is the world's most popular photoediting program. Artists, photographers, designers, and hobbyists all rely on Adobe Photoshop for image creation and editing. Discover the fastest and most effective ways to use Photoshop from an expert and former columnist for Photoshop User magazine (who has twice been nominated for the Photoshop Hall of Fame). You will learn how to use Photoshop while accessing it from the Creative Cloud (CC). The course provides detailed, stepby-step instructions that you will have no trouble following, even if you have never used a computer graphics program before! And you will have a lot of fun doing it. Course starts monthly.

ONLINE COURSE

\$109

Start: Mar 18, Apr 15, May 13, Jun 17 Go to ed2go.com/pcclearn to register.

Tech Skills Certificates

In partnership with UGotClass

Coding





Coding is one of the most in-demand skills in the workplace. As a result, coding has become a core skill that bolsters one's chances for becoming a higher value to organizations. The highest demand is for programming languages with broad applicability. Begin by being introduced to the basics of computer programming and various programming languages. Then go to the next level and acquire all the basics of HTML and CSS. You will learn the relationship between these two industry-standard web page coding languages and the step-bystep process of hand coding and building web pages. Finally, discover the advanced features of CSS and learn how to use this very powerful language.

4320X Introduction to Coding Start: Apr 6, Jun 1	\$195
4321X HTML and CSS Fundamentals Start: May 4, Jul 6	\$245
4322X Advanced CSS Start: Jun 1, Aug 3	\$245
Enroll in all three and save \$90! 4323X ONLINE SERIES Start: Apr 6, Jun 1	\$595

Web Design





Online users say a website's design is the number one criteria for deciding whether a company is credible. Therefore, understanding what it takes to produce effective web design is essential in today's market of highly saturated digital competition.

4309X Introduction to Web Design Start: Apr 6, Jun 1	\$245
4310X Intermediate Web Design Start: May 4, Jul 6	\$245
4311X Advanced Web Design Start: Jun 1, Aug 3	\$245
Enroll in all three and save \$140!	
4308X ONLINE SERIES Start: Apr 6, Jun 1	\$595

WordPress





WordPress is the most popular content management system (CMS) for website and blog design. After successfully completing this program and earning the WordPress Certificate, you will know how to build a WordPress website or blog, customize your WordPress site by hand-coding HTML, CSS, and PHP, understand necessary regular WordPress maintenance, create WordPress website backup, and know how to apply SEO techniques in WordPress.

Website Setup **WordPress Fundamentals Advanced WordPress**

4316X **ONLINE SERIES ONLY** \$495 Start: Apr 6, Jun 1

Programming for Non-Programmers





Virtually every organization is now involved with or dependent upon programming, managing or working with programmers. If you need to communicate technically with programming teams or need to code, this certificate is for you. Begin by learning how programming works, including processes, timelines, and how projects are planned. Then learn the basic concepts of programming to communicate more effectively with programmers and techies. Finally, pick up the communication strategies to make projects more successful, creating a win-win situation for you and your programmers.

4326X How Programming Works Start: Apr 6, Jun 1	\$195
4325X Basic Programming Concepts Start: May 4, Jul 6	\$195
4327X Communicating with Programme Start: Jun 1, Aug 3	ers \$245
Enroll in all three and save \$140!	
4324X ONLINE SERIES	
Start: Apr 6, Jun 1	\$495

Graphic Design Software Essentials





Adobe software tools are the leading software for graphic design. Adobe Illustrator is the industry standard computer illustration software. Adobe InDesign is the industry standard page-layout program that works with Adobe Illustrator and Photoshop seamlessly. Use Adobe Photoshop to effectively work with selection and editing tools, layers, and masks to edit, retouch, and enhance existing images or create your own composite digital art work. Access to the Adobe software tools required.

Adobe Illustrator CC Essentials Adobe InDesign CC Essentials **Adobe Photoshop CC Essentials**

4312X **ONLINE SERIES ONLY** Start: Apr 6, Jun 1

\$545

Mastering Microsoft Excel





A must-have skill to succeed in business, whether as an entrepreneur or a valued employee, is the ability to create, edit and manage spreadsheets. Microsoft Excel is the most used spreadsheet tool in the world. For Excel 2011 versions and later; not necessary to have Excel installed, but recommended.

4544X Mastering Microsoft Excel Start: Apr 6, Jun 1	\$195
4306X Intermediate Excel Start: May 4, Jul 6	\$195
4307X Advanced Excel Start: Jun 1, Aug 3	\$195
Enroll in all three and save \$90!	
4305X ONLINE SERIES Start: Apr 6, Jun 1	\$495

PCC Extension | 626.585.7608

INVESTING

Wealth Creation Today A Personal Finance Course for Professionals

Instructor: Percy E. Bolton

Learn how to pay yourself first and prepare for your financial future as your tomorrow is about to get very real! Whether you are a corporate veteran, business owner, high-powered consultant, or are independently wealthy, every successful professional could benefit from increased financial fluency. Wealth Creation Today uses a comprehensive "big picture" approach to an integrated financial plan. When was the last time you learned something that truly made a positive impact in your financial life? Did it come from a trendy self-help book? A viral social media share? Financial Education is more important than ever before! The classroom prepared you for your career. Now it is time to take a deep dive into your financial future. Join us for an insightful approach to building the personalized tools and strategies necessary for a lifetime of informed decisions. Note: This course is tailored for the specific financial needs of successful professionals.

When registering, indicate class date

0397X PCC - Room R104 \$59 Mar 28-Apr 4 2 Sat 9am-11:30am

0397X PCC - Room R104 \$59 Apr 25-May 2 2 Sat 9am-11:30am



Investment Classes

Instructor: Jalon O'Connell

Stocks and Bonds Demystified

This class is a terrific way to gain detailed knowledge about stocks and bonds, including:

- Learning the language and terminology of the Stock and Bond Markets
- Trading techniques, and strategies for asset allocation and rebalancing
- Whether stocks or bonds are more useful given the economy and your financial goals

These and many other topics about the stock and bond markets will be covered!

0405X AHS - Room H104 \$49 Mar 25 1 Wed 6:30p-9:30p

Mutual Funds and Annuities Explained

Do you know how to evaluate which mutual fund might be suitable for you given the thousands of choices available? Are you intrigued yet confused by what you have heard about annuities? If so, then come to this class and have your questions answered. Topics include:

- The differences of Load vs. No-Load and Index vs. Managed Mutual Funds
- The expenses, costs, and risks of Mutual Funds and Annuities
- The importance of tax deferral

If you are considering mutual funds and/or annuities, this class is a must!

0407X AHS - Room H104 \$49 Apr 1 1 Wed 6:30p-9:30p

Master Your Investments

Join us and learn how to invest more intelligently and profitably to secure a brighter financial future! Topics include how to:

- Construct an investment portfolio designed to achieve financial goals
- Gain an understanding of stocks, bonds, mutual funds, tax-deferred annuities, life and long term care insurance
- Evaluate which investments can maximize returns, minimize risk, and lower taxes
- Read the financial pages and understand the stock market language

This class is a must if you invest, or are thinking of investing.

0402X PCC - Room R102 \$59 May 2-May 9 2 Sat 9:30a-12p

Stocks, Bonds, and Investing; Oh My!



In partnership with ed2go

This enjoyable class walks you through the fundamentals of investing. The course teaches you about the stock market, 401k plans, and retirement, and also addresses personal financial issues, often ignored, but absolutely essential, to your success as an investor. The instructor takes the time to explain concepts in detail so you understand how and why things work in the investment world. You will leave this course with a comprehensive and thorough education in personal finance and investment, and gain the independence, confidence, and peace of mind needed to make your own investment decisions. Course starts monthly.

ONLINE COURSE

\$99

Start: Mar 18, Apr 15, May 13, Jun 17 Go to ed2go.com/pcclearn to register.



The Analysis and Valuation of Stocks



In partnership with ed2go

This comprehensive course is designed to provide you with conventional and advanced techniques in researching and valuing stocks. Starting with the basics, you will learn how to read financial statements and calculate financial ratios, and then move on to perform industrial comparisons, value stocks, and conduct economic and industrial research. This course is taught using everyday language, simple, yet insightful analogies, and a "just the facts" attitude that you will understand and appreciate. By the end of this course, you will have a strong foundation in the analysis and valuation of stocks. Course starts monthly.

ONLINE COURSE

\$99

Start: Mar 18, Apr 15, May 13, Jun 17 Go to ed2go.com/pcclearn to register.

RETIREMENT



Protecting Your Retirement from the Next Financial Crisis

Instructor: Mitchell Kauffman

Millions of Americans are in danger of not achieving their retirement goals! The financial challenges are many-fold, but so are the emotional challenges that also detract from happiness during the retirement years. What is the secret of successfully transitioning to retirement, both financially and emotionally? This energizing class will show you how to create your personalized investment plan to achieve your retirement goals, and how to balance your goals by using tools to enhance the emotional awareness needed to enjoy a "Life Well Lived."

0368X PCC - Room R121 \$39 Apr 25 1 Sat 9am-1pm

Rejuvenate Your Retirement

Instructor: Allen Yee

You work hard to be able to retire! This unique and comprehensive course focuses upon the life planning and financial concepts important to retirees. Students will hear in straightforward language about financial strategies designed to accomplish objectives such as tax-efficient income planning, lifestyle preservation, inflation protection, and providing for a legacy. Yet, money is but one aspect of post-retirement planning. Included in this course is a discussion about fun and fulfilling activities such as travel, hobbies, sports, crafts, socializing, business ventures and the importance of lifelong learning. Included is a financial planning and retirement workbook. Class size is limited so register early!

Medicare 101 The ABC and D's of Medicare

Instructor: Ron Tanji

This workshop is multi-dimensional, designed for those on Medicare, have parents on Medicare, are about to become eligible for Medicare, or are caregivers overseeing the care of Medicare patients. Topics include: objective information about traditional Medicare; Medicare Advantage; Medicare supplemental insurance; and prescription drug plans. Find out: When may I first sign up? What does each of the Medicare (A, B, C, and D) parts cover? What if I wish to work past 65? Do I really need supplemental insurance? What if I have insurance through past employment, VA, or other retirement plans? Where can I go for help?

2262X PCC - Room R117 \$45 Apr 25 1 Sat 10am-12pm

Taxes in Retirement

Instructor: Mark Basile

Do you want to retain more of your hard-earned nest egg? Join us and learn how to generate tax-free income by using overlooked tax tips per IRS guidelines. This course is ideal for retirees and pre-retirees who have been told for decades to defer taxes in retirement accounts until retirement. This would apply if taxes were lower in retirement. They are not! In fact, they are scheduled to increase by 20% on January 1, 2026. Taxes are on sale now!

0432X PCC - Room R123 \$45 Mar 21 1 Sat 11am-1pm



Live, Work or Retire Abroad - Affordably!

Instructor: Bob Cohen

Imagine living abroad! Many people now opt for this adventure, and enjoy a higher standard of living while living their dream. Join us and learn how to stretch a fixed retirement income, or how to find work overseas that pays room and board. Discover the top ten countries where Americans are able to live better than they are here, and how to actually do it! Get tips about evaluating your finances, figuring out how far your dollar will go, housing, transportation, food, government discount programs, access to healthcare, and job opportunities. It is all here! Are you ready to begin an exciting new life? \$20 materials fee payable in class.

2305X PCC - Room R121 \$49 Mar 28 1 Sat 1pm-4pm

See Bob's other courses on page 8 and page 9



Mind, Body, Spirit

Studies have shown the older we get, the more active we need to be, both physically and mentally. Don't let time get the best of you! We offer a wide variety of classes and activities to meet any interest. So join us and enrich your mind and body, have fun, and meet new people. Better yet, grab a friend and attend together!

PCC Extension | 626.585.7608

COOKING

Indian Cooking

Instructor: Farhana Sahibzada

Indian cooking is delicious, healthy, and easy to make. In these demonstration classes, students will discover Indian cooking from veteran cooking instructor of more than 20 years and cookbook author, Farhana Sahibzada. Farhana's cooking classes were voted a top event at L.A. Weekly's Best of L.A.! Join us for a wonderful experience. *See location note.*

Indian Vege Chana Masala with Aloo Paratha

It is time to party and live it up a bit! Join us as we will make some delightful Sunday morning favorites that can be enjoyed anytime of the day and any day of the week! These delicious entrees are keenly relished and zestfully savored for many occasions. Enjoy them as a casual snack with a cup of chai for that special bonding moment with friends. Or offer them on the menu at a formal wedding banquet! Come and discover the easy steps and simple to fix options for the most flavorful Chana Masala with Aloo Parathas and a rich yogurt Raita.

3420X PCC - CC-Bldg \$65 Apr 4 1 Sat 11am-2pm



Indian Vegetarian Cooking

Class Menu: Aloo Methi Palak, spinach with potatoes seasoned with fenugreek leaves, Daal (lentils) with grilled onions, Vege Raita and Basmati Rice

3451X PCC - CC-Bldg \$65 May 16 1 Sat 11am-2pm



Indian Vege and Non-Vege Combo Class

Class Menu: Chicken Curry in a tomato based sauce seasoned with ginger and garlic, Vegetable Rice Palao with green peas, cucumber raita, and Sookhe Aloo

3453X PCC - CC-Bldg \$65 Jun 6 1 Sat 11am-2pm

Note: \$20 materials fee payable in *each* class. Course fees includes a \$16 lab fee.

Baking Classes

Instructor: Grace McKeown

Basic Baking - Gluten-Free

Go back to basics using gluten-free flours. Learn about rarely used flours such as sorghum, corn, rice, and oat. Each student will produce 2 recipes. **See location note.**

3410X PCC - CC-Bldg \$55 Mar 21 1 Sat 10am-2pm

Spring Tarts

Join us and create two tarts each using a variety of fruits and fillings celebrating the Spring season. We will be working with short pastry dough with a demonstration on flaky pie dough. **See location note.**

3411X PCC - CC-Bldg \$55 May 2 1 Sat 10am-2pm



Note: \$25 materials fee payable in **each** class.

Food Dehydration and Preservation

Instructor: Gloria Sanyika

For thousands of years, people dried foods to have during lean times. This same technique is used today as an activity to enjoy seasonal foods all year, and to prepare for natural disasters such as a major earthquake. Food dehydration still is the most useful and convenient method of food preservation, but for many, this art has been lost. Join us and rediscover the art of Food Dehydration. \$20 materials fee payable in class. *See location note.*

3441X PCC - CC-Bldg \$39 Mar 28 1 Sat 10am-12pm



Gloria also teaches **Basket Weaving** page 19.

Location for Cooking Classes: Classes are held in the cooking classroom located in the Campus Center (CC-Building). The instructor will meet students at the entrance to the Piazza, in the lobby of the Campus Center where they will be taken back to the classroom.

ART

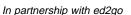


Oriental Ink Art

Instructor: Seung-Yeon Oh

Oriental Ink Art, also known as literati painting, is an East Asian type of brush painting using black ink, bamboo brushes, and rice paper. Students will learn about this unique art form through short lectures, demonstrations, and hands-on experience. Students must bring their own supplies. Supply list available at: pcclearn.org/supplies. \$5 materials fee payable in class.

Drawing for the Absolute Beginner



Have you always been interested in drawing, but never really knew how to start? Join us and gain a solid foundation and understanding of the basics of drawing and become the artist you always dreamed you could be. You will become intimately familiar with paper types, drawing styles, rendering techniques, and the basic principal of perspective, layout, design, lighting, volume, and space. You will discover how best to get in touch with the right side of your brain. If you have an interest in learning what it is like to draw or would love to increase your current knowledge of the field of art and illustrating, then this course will fulfill your needs! Course starts monthly.

ONLINE COURSE

Start: Mar 18, Apr 15, May 13, Jun 17 Go to ed2go.com/pcclearn to register.

Sketch Classes

Instructor: Charlotte Chen

Quick Sketch

Quick Sketch methods are great for conceptual design, for capturing motion, for visual documentation, and for creative expression. In this beginning course, discover how to use a variety of techniques and drawing media, including line drawing, pen/ink, scribble lines, minimalism, and gesture drawing while engaging in artistic exercises, such as ambidextrous drawing and blind drawing. The course also will introduce storyboarding, the beginning process of creating a systematic sequence of events, which is used extensively in film and writing projects. Bring one #2 pencil (a 5B or 6B leaded pencil also will work), and a 9"x12" sketchbook (spiral-bound recommended) to the first class meeting. Additional supplies may be required. Note: Drawing experience helpful, but not necessary. \$7 materials fee payable in class.

0241X PCC - Room R108 \$115 Mar 7-Mar 28 4 Sat 9am-1pm

NEW

Sketching with Markers

This continuation of the Quick Sketch class uses colored markers to enhance sketch techniques previously taught. The felt-tip marker is a popular drawing medium which imbues special and unique characteristics other mediums do not. Markers evoke a visual impact, and they come in various shades and colors which can be combined with other mediums to produce a sophisticated outcome at a low cost. Class still will emphasize fast and loose sketching techniques. Students will use their own sketch pads, but will be introduced to other types of paper and boards provided in class. Students should bring the pencils, black ink pens, and gray markers used in the previous Quick Sketch class. Also bring a 9"x12" sketchbook (spiral-bound recommended). Additional supplies may be required. \$8 class material fee (for handouts, special paper, and boards) payable in class.

Prerequisite: Completion of "Quick Sketch" class.

0242X PCC - Room R108 \$115 Apr 4-May 2 4 Sat 9am-1pm

Apr 4-May 2 4 Sat 9am-1pm

Charlotte also teaches Landscape Design and Construction and Weather

Resistant Landscaping - page 28.



Experimental Abstract Painting

Instructor: Orly Ruaimi

This course introduces both beginners and intermediate painters to the idea of action painting and the abstraction of a mark. Students will develop and refine painting techniques such as dry brushing, paint building, paint/ink transferring and paint dripping. One of the concepts covered is the abstraction of the figure, the object, and the landscape; and by using various processes, students will learn how to integrate unplanned mark-making into their abstract painting. This course uses an experimental approach to the idea of "Chance" in determining the process of painting. Get ready for an active paint class. We use Acrylic paint, markers, pencils, pastels and water color. Students must bring their own supplies. Supply list available at: pcclearn.org/supplies.

When registering, indicate start date

 0243X
 PCC - Room CA321
 \$99

 Feb 18-Mar 17
 5 Tue
 6pm-8pm

 0243X
 PCC - Room CA321
 \$99

 May 12-Jun 9
 5 Tue
 6pm-8pm

Note Regarding All Art Classes:

Please confirm status of class before purchasing supplies.

PCC Extension | 626.585.7608

\$99

DANCE



Bellydance

Instructor: Shana Meurs

Bellydance is thought to be the oldest dance form, and though not well-known, is danced by both men and women! Join us for fun and exercise while learning basic and fundamental bellydance techniques. Proper dance posture, shimmies, isolations, waves, common travelling steps, and musicality (matching movement and form to rhythm, melody and music) will be taught. This is a wonderful way to be introduced to hypnotic Arabic music and rhythms, and to cultural aspects of this beautiful, ancient dance art form. Students should wear dancewear or loose clothing – no jeans. Feet may be bare, or you may wear ballet or jazz shoes; No street shoes on dance floor.

4010X PCC - Room W203 \$89 Apr 24-Jun 12 8 Fri 6:30pm-8pm



Hip Hop & Funk Dance

Instructor: Jeffrey (Jhazz) Yarbrough

Get up and get going! This introduction to Hip Hop dance integrates the new with the old school in a fun and stress free envrionment. We cover a new dance combination each session. The course is open to students of all levels and is a great workout. Class is designed for students 13 years and older. Wear loose, athletic attire and shoes.

1815X PCC - Room W201 \$65 Mar 7-Apr 11 6 Sat 12pm-1pm

Jeffrey also teaches **Self-Defense and the Workplace I & II** - page 23.



Ballet

Instructor: Catherine Round

If you you ever wanted to learn ballet, this class is for you! It is never too late to learn one of the most wonderful forms of dance in the world from the very beginning. In this course, students will acquire all of the entry level fundamentals needed to walk into any Beginner Ballet class. Come join us in what will be a fun and rewarding experience. Wear comfortable, fitted clothing and ballet shoes. Class is designed for adults and is for beginners only.

1820X \$99 Mar 29-May 3 6 Sun 2:30pm-4pm

Classes held at The Lineage Performing Arts Center, 920 E. Mountain St., Pasadena.



People who are more active are healthier and happier!

Kick up your heels and dance, dance, dance!

Tap Dance Classes

Instructor: Dolores Cruz

Tap Technique - Beginner

Tap, tighten, and tone while having fun tapping! Perfect for both beginners and those with some experience. Tie up your tap shoes and discover a fun way to keep moving while staying in shape and learning about the fundamentals of tap. New steps are introduced and reviewed each week so that students conclude the course with a strong tap foundation. **See note.**

1806X PCC - Room W201 \$99 Feb 22-May 23 12 Sat 10am-11am



Tap Technique II -

Intermediate

Continue tapping with this next level tap course. Tap Technique II moves forward from tap basics and introduces more complex combinations that move at a faster pace. Exercise while having fun—what could be better!? We will work on a dance routine that will build with each class and will be completed by the last class. *See note.*

Prerequisite: Tap Technique

1807X PCC - Room W201 \$69 Apr 4-May 23 6 Sat 11am-12pm

Tappercize

Tappercize is a great way to tone up and tap up a glow! Students will tap routines to familiar Broadway show tunes while receiving a healthy, low-impact aerobic workout. Steps are basic, but the pace is quick. Beginners as well as experienced tappers are welcome. **See note.**

2796X PCC - Room W201 \$69 Feb 22-Mar 28 6 Sat 11am-12pm

Note: Tap shoes required. Classes designed for adults.

MUSIC

Guitar Classes

Instructor: Spencer Artwick

Acoustic Guitar

Learn to play the guitar! Students learn to play the acoustic guitar by developing a solid foundation of the basics. Topics include:

- Strumming
- · Scales, songs, practice
- Open chords (major and minor)
- · Finger exercises & picking
- · Introduction to finger-style

\$20 materials fee payable in class. **See note.**

3025X PCC - Room CA117 \$85 Mar 14-Apr 4 4 Sat 10am-12pm



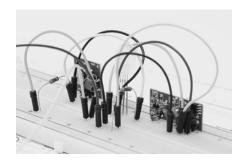
Acoustic Guitar II

A rock legend is born! You started playing the guitar and love it – so keep strumming with this class to further develop the skills and concepts introduced in the beginning Acoustic Guitar class. Learn to read and play melodies on all six strings of the guitar, expand the vocabulary of chords and strumming patterns, progress to playing more advanced songs and riffs using tablature, and explore essential acoustic guitar techniques such as fingerpicking. \$20 materials fee payable in class (new students only). See note.

Prerequisite: "Acoustic Guitar" or have equivalent knowledge. Students should be able to read notes on the treble strings of the guitar in first/open position, understand tablature and chord charts, and play open major and minor chords (e.g. E, A, D, G, C, Em, Am, Dm).

3026X PCC - Room CA117 \$85 Apr 25-May 16 4 Sat 10am-12pm

Note: Students must bring an acoustic guitar, strap and pick to class.



Make a Basic Electronic Musical Instrument

Instructor: Erin Demastes

In this fun workshop, students will learn to assemble a small noise-making device on a breadboard while learning the basics about electrical components. We also will begin soldering, and will start working on putting the instrument on a circuit board. If we have time, we will jam together on our noisy devices. \$25 materials fee payable in class. Class designed for adults only.

When registering, indicate class date

3331X	PCC - Room R307	\$49
Mar 28	1 Sat	11am-2pm
3331X	PCC - Room R307	\$49
May 30	1 Sat	11am-2pm

Music Made Easy

In partnership with ed2go

If you enjoy music and would like to know more about what makes it work, this is the course for you. Gain a complete understanding of rhythm, melody, and harmony, and learn to recognize pitches on the musical staff and keyboard. Each lesson builds upon previous lessons, while also introducing new musical concepts. Your course begins with an introduction to rhythm and the various aspects of rhythm; including beat, meter, note, and rest values. Transition to the role of melody in music, and gain proficiency in identifying pitches by octave, building major scales, and understanding the role of keys in creating melodies. Explore the keyboard in full detail with an emphasis on the structure of major scale and the signatures of major keys. Learn to build intervals, major scales, and chords. By the time you complete this comprehensive and full-featured course, you will be able to read, write, and even play simple musical pieces on a keyboard. Courses start monthly.

ONLINE COURSE
Start: Mar 18, Apr 15, May 13, Jun 17
Go to ed2go.com/pcclearn to register.

\$99

Singers - Your Body is Your Instrument

Instructor: Judith Townsend

Shower singers, students, and professional singers alike will learn important basics (thoroughly drilled) about the singing instrument one should know before ever starting to vocalize. These drills produce INSTANT results. \$1 materials fee payable in class.

6150X PCC - Room V208 \$79 Mar 15-Apr 5 4 Sun 1pm-4pm

Harmonica Classes

Instructor: David Broida

Harmonica, Folk Style

Breathing is the foundation when playing the harmonica; and breathing correctly calms the body, mind and spirit. Join us as we take basic folk melodies and invigorate them with simple, but powerful, techniques to make any song deeply expressive. No previous ability to read or play music required. **See note.**

3004X PCC - Room R123 \$35 Mar 7 1 Sat 9a-10:30a



Harmonica, Blues Style

This exciting workshop will get you jammin' the blues immediately! Play and have fun as you are introduced to many of the tricks and techniques used to make the harmonica laugh, cry, wail and scream! No previous musical experience is required - only a love of the blues and a desire to play the harmonica. *See note.*

3009X PCC - Room R123 \$35 Mar 7 1 Sat 10:45a-12:15p

Note: Students will need a "C" major diatonic harmonica, available for purchase in class for \$12. \$15 materials fee payable in class.

PCC Extension | 626.585.7608

Continuing Music at PCC!



Piano Ensemble (Music 43)

Instructors: Wen-Ting Huang & Phillip Young This class is for intermediate level students of piano; and the focus is upon providing ensemble opportunity experience "making music with another pianist," through the study of a variety of musical styles and their interpretation. Varied levels of duet, duo, and multi-piano literature will be included. Fundamental ensemble skills such as collaboration, synchronization, and rehearsal techniques, as well as activities designed to develop piano technique, efficient practice habits, and sight reading skills will be addressed. Class not designed for beginners.

Required Textbooks:

Gurlitt, Hours of Rest, op. 102, Schott/Hal Leonard (ISBN: 9783795745233); Essential Keyboard Duets Vol. 1, Kowalchyk (ISBN: 9780739020296)

Registration: Audition required. Email Phillip Young at pdyoung @pasadena.edu; or call 626-585-7795 to schedule.

3043X PCC - Room CA116 \$200 Feb 18-Jun 9 16 Tue 7pm-9pm

OPEN HOUSE

Piano Ensemble (Music 43)

Find out about the Piano Ensemble class, meet the faculty, and make music with fellow piano ensemble class members. This is a great introduction to the personality of the Piano Ensemble Class without any obligation. Open to all who have some previous piano experience. Must read music.

Tuesday, February 11, 7pm-8:30pm Center for the Arts Building, Room 114

Questions? Email Dr. Phillip Young: pdyoung@pasadena.edu

Chamber Music (Music 70)

Instructor: Francisco Castillo

This class is designed to promote talent, educate students, and instill understanding and appreciation of small chamber music groups. Students will have the opportunity to practice and perform with various ensembles. Ensembles will include brass, string, and woodwind combinations formed into trios, quartets, quintets and a small chamber orchestra. Pianists, percussionists, and vocalists may enroll, participate, and perform with these and other ensembles. Members of current ensembles are welcomed to enroll in the class. Please bring sheet music to first class. Note: New ensembles will be formed at the beginning of the session. Class not designed for beginners.

Registration: Audition required. Email Francisco Castillo at oboesolo@sbcglobal.net; or call 626-422-4582 to schedule.

3070X PCC - Room CA134 \$200 Feb 18-Jun 9 16 Tue 4:30pm-6:30pm





These music courses are continuations of PCC credit offerings. Continue to practice and come together with community members, and keep on making music!

CRAFTS



Pattern Making

Instructor: Richard Lee

This introductory, hands-on course teaches students fun, easy to follow pattern making techniques! Students will explore a variety of styles inspired by the classic T-shirt pattern provided by the instructor. Included: how to make different kind of dresses and skirts, neckline and sleeves variations, and ruffles and flares. Students also will learn to accurately take individual body measurements. Bring a tape measure, pencil, eraser, scotch-tape, seethrough ruler, scissors, and notebook to the first class meeting. Additional supplies will be needed for the projects. \$10 materials fee payable in class.

Prerequisite: Basic sewing experience recommended but not required.

3304X PCC - Room R309 \$79 Mar 21-Apr 11 4 Sat 9am-12pm



Floral Design

Instructor: Evangelina Ucanan

Flowers bring light and beauty into living spaces. Whether a bouquet is inexpensive or very expensive, the way flowers are arranged can make a striking statement. In this beginning workshop, working with fresh flowers and greens, students will design basic arrangements for different occasions. Enjoy the scent of fresh-cut flowers and camaraderie as you unleash your creativity! *Bring scissors and several newspaper sheets.* \$80 materials fee payable in class.

"Spring" Theme

3615X PCC - Room CA109 \$95 Mar 21-Apr 11 4 Sat 9:30am-12:30pm

19



Basket Weaving

Instructor: Gloria Sanyika

Weave your own basket to cherish, display, and enjoy! Basket weaving, a technique of coiling with sweet grass, is as old as the history of mankind, having arrived in this country with the Triangular Trade. Native Americans learned the technique from the West Africans and evolved their own style of the art in the United States. Now it is your turn to enjoy this amazing, beautiful, and useful process! \$20 materials fee payable in class. Additional supplies will be needed for individual projects; options discussed in class.

3303X PCC - Room R307 \$79 Apr 25-May 23 5 Sat 10am-12pm

Gloria also teaches Food Dehydration and Preservation - page 14.

Start Your Own Arts and Crafts Business



In partnership with ed2go

If you have an art or a craft, and you dream about starting your own home-based or small business, this is the course for you! Learn how to start your own arts and crafts business from a professional artist, how to find your niche within your chosen craft, and how to create your own unique business identity. You will learn what makes marketing in the arts and crafts business different from marketing in most other enterprises, and you will find a sales approach that meshes with your personality and preserves your creative integrity. Discover insider secrets, learn how to find and enter the best craft shows, and how to design booths that draw in customers. You also will discover how to price your work effectively to set yourself up for success whether you are selling through craft shows, in galleries, online, or even in your own retail store. Course starts monthly.

ONLINE COURSE

\$109

Start: Sep 11, Oct 16, Nov 13, Dec 11 Go to ed2go.com/pcclearn to register.

Crafts Classes

Instructor: Quayum Abdul

Bath Products

Join us, have fun, and discover simple techniques for making your own one-of-akind bath products (shampoo, shower gel, bubble bath, bath salts, and exfoliates). Topics include:

- · Ingredients and equipment
- Where to obtain supplies
- · Tips for making bath gels
- · Adding herbs, glycerin, extracts
- · Aroma therapeutic effects of oils

Why purchase expensive commercial bath products when you can delight in making your own - reasonably! \$30 materials fee payable in class.

2273X PCC - Room CA109 \$45 Mar 8 1 Sun 3pm-6pm



Cold Process Soap from Scratch

Want to know how to create soap completely from scratch? This class demonstrates the steps for cold process soap making. Students will learn how to create beautiful handmade soaps to use at home or give as gifts. Whether you are a complete novice or a soap making pro, stick around, have fun, and learn something new about making soap. \$40 materials fee payable in class.

3316X PCC - Room CA109 \$49 Mar 29 1 Sun 3pm-7pm

Fizzy Bath Bombs

Bath bombs make fantastic holiday gifts. hostess gifts, birthday gifts - or gifts for oneself! Drop one into a hot bath and relax as it fizzes and dissolves, releasing a beautiful fragrance. Bath bombs are easy to make, so let your imagination run wild and have fun experimenting with different oils, colors, and additives such as dried rose petals, lavender. and fine glitter. \$20 materials fee payable in class.

3324X PCC - Room CA109 \$45 Apr 11 1 Sat 3pm-6pm



Body Butter (Cream/Lotion)

Does the hurried, stressful pace of your daily life make it difficult to find ways to relax? Create a restful retreat in your home by making your own body butter lotion. Most body butter recipes include just a handful of ingredients, and you can make them with whatever scent and therapeutic qualities you desire. \$20 materials fee payable in class.

3319X PCC - Room CA109 \$45 Jun 7 9am-12pm 1 Sun

> All classes are hands-on. Please dress accordingly.

Also available:

Aromatherapy Basics for Emotional Well Being - page 26 Introduction to Natural Health and Healing - page 27

PCC Extension | 626.585.7608 Spring 2020

WRITING



Journal to the Self

Instructor: Rachel Levin

Abundant research has shown that journal writing can increase an overall sense of wellbeing, boost self-confidence, and fortify resilience. Through a combination of lecture, class discussion, and hands-on writing activities, this course will help participants acquire a toolbox of journaling techniques to use to develop or deepen a journal writing practice for personal growth, creative expression, or strategic life management. \$7 materials fee payable in class.

3249X PCC - Room R117 \$105 Mar 1-Apr 5 6 Sun 1pm-3pm

Screenwriting II Developing Your Screenplay

Instructor: Brad Saunders

This course is a hands-on opportunity to work on and develop a script or story idea in a positive, productive, and collaborative environment. The development of your script or idea will be the focus of the class with exercises and feedback designed to improve your story's structure, flow, and the play of your scenes, along with insights into obstacles writers typically face in the completion of a work such as writer's block. Students need to come with a project that is ready for development. Classes are both experiential and lecture based. Note: Computer with word processing program is required; students will need to submit a formatted, typewritten script.

Prerequisite: Previous screenwriting experience, either personal or academic. "Screenwriting - The Basics" is recommended but not required.

3212X AHS - Room H103 Feb 19-Mar 18 5 Wed 6:30p-9:30p

Writing for Publication How to Survive as a Writer

Instructor: Christopher Nyerges

You want to write and you want to write and be published - but how? This course provides a step-by-step approach about writing for publication and marketing your work without becoming desperately broke. Each class includes a short writing assignment, reading, and critiquing. Students' writing will be read in class for constructive, open critique; and students are encouraged to bring their own writing projects to class. The focus of this class is writing, and improving your writing so that it will be published. Topics include:

- What to Write About? A way to determine your personal interests, and write what you know. Where to send your writings for publication. The Oft-Overlooked Cover Letter.
- · Newspaper Feature Writing, Columns, Syndication. Magazine Writing. Do you need an agent? Book writing: Fiction vs. non-fiction. Systems for collecting data. How to organize your collected data.
- · Selling Your Book Idea. Ways to Publish Your Book: pros and cons. Hard copy books vs. e-books. How to market your book.

When registering, indicate start date

AHS - Room H105 \$65 Mar 4-Mar 18 3 Wed 6:30pm-8:30pm

AHS - Room H105 May 6-May 20 3 Wed 6:30pm-8:30pm

Christopher also teaches Survival Skills and Urban Survival Skills - page 28.

Writing Essentials



\$109

In partnership with ed2go

Develop the skills needed to excel at business communications, express yourself clearly online, and take your creative literary talents to a new level. Gain confidence as you practice free writing, and discover how to create solid drafts. Improve your writing skills by learning to select strong and persuasive words, spell correctly, and choose the right punctuation. Craft well-written sentences, build effective paragraphs, and organize material logically. Finally, explore ways to make the most of emails and other forms of electronic communication. Course starts monthly.

ONLINE COURSE Start: Mar 18, Apr 15, May 13, Jun 17 Go to ed2go.com/pcclearn to register.

Writing Classes

Instructor: Stacy Dymalski

Turn Your Story into a Book

Do you have a story idea that everyone says should be a book? Unfortunately, an idea or concept is not a story. Every story has to have a message and a story arc, and has to logically flow from one point to the next. This workshop shows you first how to find your story's overall message, and then how to structure your story so that it has a relatable beginning, middle, and end that engages readers. This is not just a writing class, but a story development class, designed to give you clarity when you sit down to write your story.

3247X PCC - Room R102 \$49 10am-1pm Mar 7 1 Sat



Nine Steps to Self-Publishing Your Book

Unearthing the secrets of self-publishing does not have to be a time-consuming, research-ladden mission. If you want to get your book out quickly, this workshop is for you. It tells you only what you need to know by systematically walking you through the self-publishing process, using practical examples you can apply to your own manuscript. By the end of the workshop, you will know exactly what it takes, and how much it costs, to selfpublish your own book. \$20 materials fee pavable in class.

3248X PCC - Room R102 \$49 Mar 21 1 Sat 10am-1pm



PHOTOGRAPHY

Poetry Workshop

Instructor: Craig Cotter

A poetry workshop should be a place where poets can explore, as Keats wrote, "truth and beauty." If you are seeking a poetry workshop to simply praise your work, this class is not for you. This writer's workshop focuses upon American free-verse poetry written out of the Whitman tradition; will involve a deep exploration of your poetry; and will explore great poems of the past century. For each class, students will need to bring enough copies of their poems to share with everyone. Each workshop will begin with a poetry reading of all student poems submitted. We will work through each poem one-by-one, with a focus upon understanding what each poet is trying to accomplish. Although students are expected to write at least one original poem for each class, come to class even if you have not written one. You may learn about your writing by listening to the constructive criticism of other's. Also, listening to other students' poems may inspire you in a way that sitting alone with your thoughts may not. Class is designed for adults.

3226X PCC - Room R226 \$75 Apr 25-May 16 4 Sat 10am-12pm

Institute of Reading Development

Speed Reading and Reading Skills Programs for Children and Adults

Classes are taught by professional instructors from the Institute of Reading Development at Pasadena City College and in Arcadia. Classes are only offered once each year and space is limited.

Five Different Programs for 4 Year Olds through Entering 5th Graders Phonics • Comprehension Love of Reading • Fluency

Programs for 6th-11th Graders

Comprehension • Speed Reading

Study Skills

For Adults, College Students and Entering High School Seniors Speed Reading for Work, School and Recreation

For fees, registration information and class schedule:

(800) 964-8888 pcclearn.org/reading



Better Digital Photography

Instructors: Liane Enkelis & Garry Margolis

Unlock your creativity with simple keys to taking better digital photographs. This class will help you master your manually adjustable digital camera through classroom instruction and hands-on practice. Learn to: use the automatic camera settings more effectively; choose the right ISO, shutter speed, and aperture for the results you want; improve your composition and use light effectively to enhance photos. After our classroom session, the instructors will work with you hands-on. The class will practice seeing light and composition by capturing the beauty and atmosphere of the PCC campus, then return to the classroom to review results. Note: For SLR, mirrorless, and other adjustable digital cameras capable of manual functioning. Bring camera and manual, lenses, fully-charged batteries, media cards or film.

When registering, indicate class date

3121X	PCC - Room R104	\$69
Mar 21	1 Sat	10am-5pm
3121X	PCC - Room R117	\$69
May 2	1 Sat	10am-5pm

Photographing Nature with Your Digital Camera



Nature photography can be a fun, relaxing, and exciting hobby! In this course, you will learn about the many aspects of outdoor photography as well as how to master your digital camera's controls and features. Using the knowledge learned in this course, you soon will be taking exceptional nature photos. By exploring composition and lighting issues, you will discover how to take beautiful photos of landscapes, flowers, trees, and water, Discussion will include camera shutter speed and aperture controls, as well as how to use your computer to process your photos and digitally correct the most common problems. Learn what to do to turn your photos into works of art rather than just snapshots of nature. By the end of this course, you will have become the nature photographer you always wanted to

ONLINE COURSE \$99 Start: Mar 18, Apr 15, May 13, Jun 17 Go to ed2go.com/pcclearn to register.

Capturing Great Photos with Your Smartphone

Instructor: Lynne Eodice

Join us and learn to shoot great photos using a smartphone! This two-day workshop begins with the basic features of a smartphone camera and then moves on to photo composition. Discussed will be the many photo editing apps available for download. Using the techniques learned at the first class meeting, students will be tasked with taking photos to be discussed during the second class meeting. Bring a smartphone to class; will require downloading one or two apps, app prices range from free to \$5.99.

3115X PCC - Room R121 \$55 May 2-May 9 2 Sat 10am-12pm



Discover Digital Photography



In partnership with ed2go

On your own time, on your own schedule, explore the world of digital photography! This course introduces the technology that has catapulted the photographic world into the 21st century. Explore a broad overview of the basics of digital photography, including equipment, software, and practical uses. Discussion includes different types of digital cameras, from phones and tablets to digital SLRs, all of which offer a wide array of photographic options. Also discussed are digital editing options. We explore a number of software packages, and you learn how to compose your shots when you have digital editing available. Whether you plan to print or upload your images, you will want to be sure that they are the right size to display with excellent quality and speed. We will review how to size images for use on your computer, the Internet, and with social media.

ONLINE COURSE

\$99

Start: Mar 18, Apr 15, May 13, Jun 17 Go to ed2go.com/pcclearn to register.

LANGUAGES

Language Class Special!

Register for any classroom language class by **February 14th** and automatically receive a \$5 discount! (Not valid for online courses)

Conversational Spanish

Instructor: Luis Garcia

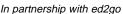
¡Hola! Buenos días. This course will introduce you to the active use of the Spanish language, stressing communication, comprehension, vocabulary and basic grammar. The course will be useful to the tourist, business person or those simply interested in enriching their life by learning another language. \$2 materials fee payable in class.

Required Textbook:

Spanish Now!, Level 1, 8th Edition, by Ruth Silverstein (ISBN: 1438075235) available online and at bookstores. List price: \$24.99.

3511X AHS - Room H108 \$139 Mar 23-May 18 8 Mon 7pm-9:30pm

Conversational Japanese



Whether you want to learn conversational Japanese for travel or just for fun, this course makes it easy and enjoyable. Each lesson covers conversational phrases and vocabulary words particular to a specific area of travel. Students practice lessons using drills, interactive exercises, and dialogues. Throughout the course, there are helpful audio aids and Japanese words written in the English alphabet enabling you to bypass one of the biggest obstacles for most beginners of Japanese: the letter system. By the end of the course, you will have acquired basic conversational skills and cultural knowledge enabling you to travel around the country easily; and you will have discovered the heart of Japan! Course starts monthly.

\$99

ONLINE COURSE

Start: Mar 18, Apr 15, May 13, Jun 17 Go to ed2go.com/pcclearn to register.

Italian Language Classes

Instructor: Manuela Terenzi

Conversational Italian

Ciao! Buon giorno! Students will be introduced to the fundamentals of Italian and will build and practice a functional everyday vocabulary. Classes are based upon colloquial Italian linked to grammatical rules, explanations, written exercises, and discussions. At the conclusion of the course, students should be able to confidently use the basic structure of the language. \$10 materials fee payable in class.

Required Textbook:

Learn Italian the Fun and Fast Way (4th Edition), by Marcel Danesi (ISBN: 9781438074962) available online and at bookstores. List price: \$29.99.

3506X PCC - Room R222 \$139 Mar 28-May 23 8 Sat 10am-12:30pm

Best of Italian

Italiano - Bentornati cari amici! This course is designed to improve communication skills of intermediate students, and to further develop and reinforce grammatical proficiency of advanced students. The best and most important grammatical rules are provided: simple present tense, past tense, simple and articulated prepositions, adjectives, adverbs and future tense. \$10 materials fee payable in class.

Required Textbook:

<u>Ultimate Italian Beginner–Intermediate</u>, by Living Language (ISBN: 9781400009671) available online and at bookstores. List price \$21.00.

Prerequisite: "Conversational Italian"

3509X PCC - Room R222 \$139 Mar 28-May 23 8 Sat 1pm-3:30pm

French Language Classes

Instructor: Jeanne Hart

Conversational French II

Le Français est une belle langue! This continuation of Conversational French I adopts a unique and communicative approach to the teaching of French. Each session contains a vocabulary presentation, a structure explanation, and an oral section where students may express themselves using the new material. See note.

Prerequisite: "Conversational French"

5011X AHS - Room H107 \$139 Feb 26-Apr 15 7 Wed 6:30p-9:30p

Conversational French III

Parler français de mieux en mieux. This continuation of Conversational French II uses the Multiple Approach Method. Each class consists of a review and warm-up session followed by the introduction of two or three new structures, followed by the introduction of new vocabulary with oral practice. **See note**.

Required Textbook:

Langue et Langage, 5th Edition, by Oreste F. Pucciani, Jacqueline Hamel (ISBN: 003004037X) available second-hand online and at bookstores. Approx. price: \$15.99.

Prerequisite: "Conversational French I & II"

5012X AHS - Room H107 \$139 Apr 22-Jun 3 7 Wed 6:30p-9:30p

Note: \$15 materials fee payable in *each* class. Classes designed for adults only.

Language Courses Online :

- Speed Spanish
- Beg Conversational French
- Instant Italian
- Discover Sign Language
- Grammar for ESL
- Writing for ESL

Visit **ed2go.com/pcclearn** for more information.

EXERCISE

Tai-chi Chuan Classes

Instructor: Kathy Chyan Chou

Tai Chi is an art of relaxation, concentration, and balance. It is an ancient Chinese exercise emphasizing breathing coordination with body movement intended to enhance flowing energy (called qi), circulation, and awareness of sensation. Wear comfortable clothing.

Now on Saturday Afternoons!



Tai-chi Chuan

Beginner Level 1

Step by step instruction includes Qi-gong as a warm up exercise and a short form set of Tai-chi Chuan basic techniques.

4019X PCC - Room W201 \$79 May 9-Jun 13 6 Sat 1:15p-2:30p

Tai-chi Chuan II

Beainner Level 2

This class is designed for beginning students who have completed the Level 1 class. Step by step instruction includes Qi-gong as a warm up exercise and a second form set of Tai-chi Chuan basic techniques.

Prerequisite: "Tai-chi Chuan"

4022X PCC - Room W201 \$79 May 9-Jun 13 6 Sat 2:30p-3:45p

Note Regarding All Exercise Classes:

Students must be in good health to participate. It is recommended that you consult with your doctor if you have any questions.

Kundalini Yoga

Reduce Stress/Increase Energy

Instructor: Santokh Singh Khalsa

Kundalini Yoga is a rejuvenating and relaxing combination breath and movement, from which anyone may benefit, even those who are stiff or out of shape. Using breath and simple exercises, students learn to release tension and stress while increasing energy. Course covers Yoga practice, basic meditation, philosophy, diet, and lifestyle. Each student receives a copy of the teacher's book about Kundalini Yoga. Wear loose, comfortable clothing and bring a yoga mat to class. Advanced registration required.

2075X \$79 Apr 8-May 13 6 Wed 7pm-9pm

Classes held at the Awareness Center, 2801 E. Foothill Blvd., Pasadena.



Hatha Yoga

Instructor: Isabel Barber

Hatha Yoga is known as the Yoga of Postures: developing control of the body through poses. Learn the basics of Hatha yoga (meditation, sitting, breathing) and the philosophy behind this valuable practice. Fundamentals of the physical practice are covered in each class, helping students bring balance to body, mind, and spirit. Bring a yoga mat to class and wear loose, comfortable clothing; No street shoes on dance floor.

2080X PCC - Room W203 \$79 Mar 14-May 9 8 Sat 12:30pm-2:30pm



Power Stretch

Instructor: Karen Harris

This is the ultimate conditioning relaxation class designed to challenge all ability levels. Power stretch combines breathing and stretching to relieve stress, and resistance training to enhance and realign the body. *Bring a yoga mat; No street shoes on dance floor.* Class is designed for adults.

4004X PCC - Room W203 \$79 Apr 4-May 30 8 Sat 8am-9am

Self-Defense Classes

Instructor: Jeffrey Yarbrough

Self-Defense and the Workplace

Personal attacks can and do happen! Join us and learn self-defense techniques based upon the ever-evolving tactics attackers use in the workplace, elevator, stairwell, parking garage, or on the street. Learn to defend against weapons such as knives, guns, and bats; and how to counterattack against one-on-one and two-on-one assaults using wrist grabs, chokes, punches, headlocks, and bear hugs. **See note**.

4011X PCC - Room W201 \$45 Mar 7 1 Sat 1pm-3pm

Self-Defense and the Workplace II

Now that you have taken "Self-Defense and the Workplace" take your knowledge to the next level with more detailed work and more advanced techniques. We begin with a review of previously taught self-defense techniques and then move forward by incorporating a series of drills and exercises designed to enhance environment awareness, speed, agility, and hand-eye coordination. *See note*.

Prerequisite: "Self-Defense and the Workplace"

4014X PCC - Room W201 \$45 Mar 14 1 Sat 1pm-3pm

Note: Wear loose, comfortable clothes and bring water.

Jeffrey also teaches **Hip Hop & Funk Dance** - page 16.

PCC Extension | 626.585.7608

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LIFESTYLE

Qigong Regulation Exercises

Instructor: Benj Sinskul

Qigong is the skillful practice of gathering, circulating, and applying life-force energy. Students will be introduced to a qigong exercise designed for each of the 5 Yin organs: Liver, Heart, Spleen, Lungs and Kidneys. At the end of this course, students will be able to string the individual exercises that they have learned into a complete qigong set called the "Daoist 5 Yin / 5 Yang Exercise." Each session will begin with breathing and stretching exercises. \$2 materials fee payable in class. Wear loose, comfortable clothing; No street shoes on dance floor. Come to class with an empty stomach

2086X PCC - Room W203 \$69 Mar 22-Apr 12 4 Sun 10am-12pm



Feldenkrais Method® Awareness through Movement

Instructor: Jenna Blaustein

Many people experience lower back pain. Discover why Jane Brody of the New York Times and Lisa Rein of The Washington Post recommend the Feldenkrais Method® for coordinated and comfortable function of the lower back. Join us and explore a series of lessons for reduction of pain in the lower back designed to reduce muscular tension, to redistribute workload, and to help you learn how to move with more ease and less pain. This class also is perfect for those who want to prevent future lower back pain. Note: Feldenkrais lessons are not a substitute for medical treatment, nor is there any guarantee regarding the effectiveness of lessons. Results vary. Notify the instructor should a condition require modification, or impact your ability to participate. Bring a bath towel for use under your head. Wear comfortable clothing; no street shoes on dance floor.

4024X PCC - Room W203 \$79 Feb 23-Mar 29 6 Sun 8:45am-10am



Law of Attraction

Make Your Life What You Want It to Be

Instructor: Frances O'Brien

We all have the desire to attract positive things such as more money, a better romance, improved health, career success, and family harmony. Often though, these desires feel just out of our reach. The good news is that there are easy, enjoyable, and effective ways to attract the things we desire. Join us, have fun, and learn the secrets to manifesting your dreams!

2267X PCC - Room R123 \$45 Apr 25 1 Sat 11am-1pm

The Highs and Woes of Internet Dating

Instructor: Karyn Klein

This course is given by a Life Coach whose specialty is online dating. You will get tips and tools to help you go from no one to *the* one and actually have fun in the process. Topics include:

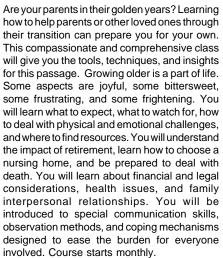
- Identifying and attracting the right person
- Tips for creating a dating profile that "pops"
- Selecting photos that highlight the best you
- What to do (or not to do) on a first date so there is a second

Dating can be exhilarating at best, exhausting and frustrating at worse. To survive, remain sane, and even thrive in the process, you must keep your sense of humor! \$10 materials fee (for workshop manual including research and profile dating materials) payable in class. Course designed for both men and women, suggested minimum age of 25.

2012X PCC - Room R117 \$55 May 16 1 Sat 10am-2pm

Helping Elderly Parents

In partnership with ed2go



ONLINE COURSE

Start: Mar 18, Apr 15, May 13, Jun 17 Go to ed2go.com/pcclearn to register.



Find Cash by Tracking Your Spending

Instructor: Shiral Torres

\$99

The United States is known as a consumer economy. In other words: spend, spend, spend! Do you want to take control of your finances by changing your mindset about spending money? If so, join us in this dynamic and, yes, enjoyable workshop! You will learn a simple way to track income and expenses and prevent overspending by practicing healthier spending habits. This practice will help to maximize your income and support your financial freedom. Students receive a binder to organize bills and documents designed to insure success! Leave feeling confident and motivated to maintain a healthy relationship with money. \$25 materials fee payable in class.

0424X PCC - Room R109 \$45 Apr 25 1 Sat 10am-12pm

Shiral also teaches **Rental Property Management** - page 2.

Luscious, Low-Fat, Lightning-Quick Meals



In partnership with ed2go

Have you ever wished you had a personal chef preparing luscious, low-fat meals? This course is the next best thing! You will learn how to ferret out fat in recipes, and discover how to reduce fat without sacrificing flavor or texture. Explore how to use flavor profiling to expand your culinary horizons. Learn how to prepare casseroles, crock-pot dishes, vegan dishes, oven-fried foods, meat-based meals, and many other entrees that are both nutritious and delicious! You will discover how to get in and out of the kitchen faster, including tips for grocery shopping, menu planning, food preparation, and quicker cooking. You also will learn a dietitian's tricks of the trade for encouraging reluctant family members to eat more healthfully. You will have the chance to try out more than 50 exciting and easy lower-fat recipes for tasty entrees, side dishes, desserts, and garnishes, with each recipe demonstrating a topic covered in the lessons. Course starts monthly.

ONLINE COURSE

\$99

Start: Mar 18, Apr 15, May 13, Jun 17 Go to ed2go.com/pcclearn to register.



Zero Waste 101

Instructor: Megan Knize

"Zero Waste" is all the rage! The philosophy encouraging reuse and repair of everything from clothes to household items with the goal that no trash will be sent to landfills, incinerators, or end up in the ocean. California is leading the way with organics and other recycling efforts. Join us to learn more about the simple things you can do to become a part of this visionary and exciting movement. Save money, time, and the planet by throwing away less stuff!

2240X PCC - Room R109 \$45 Mar 14 1 Sat 9am-11am

Bridge Classes

Instructor: Morris Jones

Bridge II – Competitive Bidding

In the game of Bridge, when both sides are bidding for the contract, the meanings of bids can change. Picking up where Bridge I leaves off, this course offers detailed coverage of situations that come up in competitive auctions. Learn how to get to your best spot, or prevent the opponents from getting to their ideal contract. Even seasoned bridge players often overlook many of these concepts. Along with bidding we include expert techniques for declarer play and defense. *See note.*

Prerequisite: Bridge I or similar experience as a bridge player

2206X AHS - Room D108 \$69 Feb 19-Mar 18 5 Wed 7pm-9pm

Bridge III – Popular Conventions

World class Bridge players agree that it is better to know a few conventions thoroughly than a large number superficially. This course offers a thorough grounding in the most common conventions: Stayman, Jacoby transfer bids, the strong opening bid, the Blackwood, and the Gerber. Lessons will illustrate the problems these conventions are designed to solve and how they can best be used. Intermingled with every lesson are expert techniques for declarer play and defense. *See note.*

Prerequisite: Bridge I or similar experience as a bridge player (Note that Bridge II is not required)

2207X AHS - Room D108 \$75 Apr 15-May 20 6 Wed 7pm-9pm

Note: \$10 materials fee payable in each class.

Also available:

Live, Work or Retire Abroad -Affordably! - page 13



Instructor: Gina Eckstein

Do you starve yourself participating in new fad diets only to find that after months of hard work the weight always comes back? Diets do not work! This class will teach you how to finally break the dieting cycle and lose weight easily and deliciously without depriving yourself. Students learn to make healthy, delicious choices as well as how to prepare and cook meals to help you lose weight. Whether you need to lose a little or a lot of weight, this class will empower you with the tools you need to live a healthier and happier life. \$10 materials fee payable in class.

2049X AHS - Room H104 \$79 Mar 11-Apr 1 4 Wed 6:30pm-8:30pm

Genealogy Basics



In partnership with ed2go

Tracing your family's history is a fascinating journey. Genealogy Basics will help you understand the genealogy research process and the way we interpret the information we find. This course guides you through the search process for family names using several subscription-based Web sites which you can access while you are enrolled in the class. Along the way, you will learn through hands-on examples methods to help you dig deeper into your family's past. You will develop a strategy to accomplish your objectives, evaluate the results, and share that information with others. You will discover, in simple terms, where to look, who to contact, and how to make your family history come alive! Course starts monthly.

ONLINE COURSE

\$99

Start: Mar 18, Apr 15, May 13, Jun 17 Go to ed2go.com/pcclearn to register.



Discover Your Past!

Spring 2020

PCC Extension | 626.585.7608



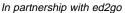
Aromatherapy Basics for Emotional Well Being

Instructor: Lisa Kurstin

Results from a recent survey show that 48% of the U.S. population is worried - about something. The world spins ever more quickly and people have more on their plates than ever. There is hope, and methods to slow your world down, if only momentarily. Aromatherapy, a practice that dates back to ancient life, is supported today by scientists and others as a way to use aroma for emotional benefit. In this class, students will learn how to safely use pure essential oils to uplift mood and improve the quality of life. Students will practice using various oils in class, and come away with a starter kit of 100% pure essential oils of peppermint, lavender, and lemon. \$25 materials fee payable in class.

3345X PCC - Room R117 \$45 May 9 1 Sat 9am-11:30am

Happy and Healthy Pregnancy



Without a doubt, having a baby is a life-changing experience. By learning all about pregnancy, childbirth, and the basics of newborn care, you will feel better prepared and ready for the challenges ahead. Learn how the different stages of pregnancy affect your body, your moods and emotions, and even your relationships. Discover the latest nutrition, diet, and exercise information, as well as how to financially prepare for your baby. Discussed are ways you can cultivate a strong support network to help you through these transitions. The lesson also covers the basic physical aspects of childbirth and taking care of mom and baby after the birth. The goal of this class is to help you feel more confident and calm in the many choices you make throughout your pregnancy and birthing time. Course starts monthly.

ONLINE COURSE \$99 Start: Mar 18, Apr 15, May 13, Jun 17 Go to ed2go.com/pcclearn to register.

Home Buying Simplified

A Step-By-Step Guide for the First Time Buyer

Instructor: Kyle George

Learn how to prepare for a successful home buying process. Topics include:

- Financial qualifying guidelines
- · Conventional and FHA mortgages
- Down payment requirements
- · Real Estate contract review
- · Credit score and its importance
- Personal financial preparation
- Knowledge of pre-approval process
- · Current housing market trends

Participants will leave with the knowledge and confidence to shop for a home.

3913X PCC - Room R121 \$49 Apr 4 1 Sat 9:30am-1pm



House Selling Success

Instructor: Anna Dolmazyan

Market numbers indicate that home prices have fallen. This course provides home sellers the knowledge and the tools to receive the best price for a property. Knowing how to properly sell a house, apartment, or condo can be an intimidating experience, however, with knowledge, anxiety will be reduced. Topics include:

- Preparing your property for the sale
- Using comparable properties wisely
- Positioning your property in a fast-paced and inundated market

Also covered are escrow, titles, and transaction contracts.

When registering, indicate class date

3924X	PCC - Room R108	\$49
Feb 29	1 Sat	10am-1pm
3924X	PCC - Room R108	\$49
Jun 13	1 Sat	10am-1pm



Introduction to Chess II

Instructor: John Wright

You learned the game of chess and know some basic strategies, but what is next? How do you improve? The best approach is to break the game into its components, and then to focus upon specific skills. In this class, National Master John Wright will guide you through the process. Starting with the best opening moves, you will learn how factors such as pawn structure, better development, and setting short term goals will help you win more games. Game on! Checkmate!

Prerequisite: Completion of "Introduction to Chess" or knowledge of the basic rules and moves of the chess pieces.

Required Textbook:

Pandolfini's Ultimate Guide to Chess (2003), by Bruce Pandolfini (ISBN 978-0743226172) available online and at bookstores. List price: \$17.99.

2221X PCC - Room R111 \$75 Mar 29-May 31 6 Sun 1:30pm-3:30pm

Homeschool with Success



In partnership with ed2go

Homeschooling can be a bit of a mystery if you are new to the topic. In this course, you will delve into the history of homeschooling and examine its status today in all 50 states. Discover how to find the laws and regulations that govern your area, and become familiar with the terminology the homeschool community uses. You will see how homeschooling gives you the opportunity to socialize your children as well as build long-lasting and productive relationships with peers and adults. You also will find out how homeschooling gives you unique opportunities to teach valuable life skills, from manners to money management. After this course, you will have information and guidance to plot your homeschooling course for years to come! Course starts monthly.

ONLINE COURSE

\$99

Start: Mar 18, Apr 15, May 13, Jun 17 Go to ed2go.com/pcclearn to register.



Psychology of College Success

Instructor: Joseph Dorri

College holds the promise of realizing a fulfilling and successful life, yet it takes the average student about six years to complete a bachelor's degree. Even more significant, it is said that annually 63% of students suffer a mental health crisis on campus. What if you could graduate faster, have a smoother transition into college, and be happier and healthier? Using decades of educational research and effective techniques, this course reviews the key psychological factors influencing college success. It also provides self-assessment tools, resources, and activities to help you immediately apply the principles discussed to your daily life and college success. \$26 materials fee payable in class.

0702X PCC - Room R108 \$59 Jun 6 1 Sat 10am-2pm



Good Karma, Mystics, and Tarot

Instructor: Linda McBride

Join us for this fun, one-day workshop about the history and lore behind the Tarot. This workshop is designed to bring good Karma, and to help gain a perspective into the nature of the universe in the *Age of Aquarius*. Your instructor will share her extensive knowledge of the Tarot, its continued fascination in our modern age, and how it can bring positive energy into the flow of your journey. You will learn to read the cards for yourself to delight and amaze your family and friends. *Recommended: Bring a Tarot card deck*.

2234X PCC - Room R121 \$49 Mar 7 1 Sat 10am-2pm

Personal Improvement Classes

Instructor: Margaret Pappas

7 Strategies to Control Your Thoughts

Thinking happens naturally. We think, and, we think a lot. While thinking may be natural and certainly aids us in navigating the day-to-day, thinking and sleeping do not mix well. When thoughts keep us awake, are negative, fearful, repetitive, distorted, and intrusive sleep may be kept at bay. Simply put, thoughts while trying to fall asleep are destructive; and they have an effect on our health, our relationships, and our successes. Join us and learn how to control your thoughts as opposed to your thoughts controlling you. Topics include:

- Discover how you think and what you think about
- See your thoughts differently without judgment
- Apply the 7 Strategies to retrain the way you think by responding not reacting
- Use simple mind tools, breathing, and meditation to focus and be still

\$15 materials fee (for 26-page manual, pen, and heart surprises) payable in class.

2009X PCC - Room R307 \$55 Mar 7 1 Sat 9:30am-1:30pm

Communicate with Anyone

3 Easy Steps

All relationships require good communication. Good communication skills do not always solve problems or right issues, but without them, seldom are problems or issues resolved. Using a simplified version of Harville Hendrix's Dialogue solves the "I do not know what to say or how to say it" challenge. The Dialogue is a 3-step, practical communication tool teaching how to listen and respond without judgement, whether or not we are in agreement with what is said. Take this workshop if you:

- Have a difficult time communicating, listening or feeling heard
- Feel frustrated with yourself when reacting rather than responding
- Want to build or rebuild your relationships

Achieve real and safe connections in your relationships by following the 3 Easy Steps in dialoguing. It is helpful to register with someone with whom you can practice during and after the workshop. \$10 materials fee payable in class.

2006X PCC - Room R307 \$55 Mar 21 1 Sat 9:30am-1:30pm

Eliminate Clutter in Your Home and Office

Instructor: Nancy Miller

Tired of searching for lost things and stumbling over stuff? You CAN change your surroundings to work for you with simple, easy, and practical ideas about how to remove clutter from your life and get organized. Attend this fun and interactive workshop and learn how to stop junk mail, how to remove clutter, distinguish between organized and neat, and the cost of your stuff. \$30 materials fee payable in class.

2029X AHS - Room H102 \$49 May 11 1 Mon 6:30pm-9:30pm



Introduction to Natural Health and Healing



In partnership with ed2go

Through a discussion of the various stages of health and illness, you will discover that true health means wholeness of the mind, body, and spirit. Topics include naturopathy, which seeks ways for the body to heal itself; proper breathing techniques to enhance health; and the value of hydrotherapy, diet, biorhythms, and fasting. Also discussed will be the role of vitamins, minerals, antioxidants, free radicals, as well as the basic requirements that constitute a healthy diet. We also review herbal healing, aromatherapy, body therapies, massage techniques, osteopathy, chiropractic, Tai Chi, reflexology, yoga, Feng Shui, therapeutic touch, and natural remedies for common emergencies. Course starts monthly.

ONLINE COURSE

\$99

Start: Mar 18, Apr 15, May 13, Jun 17 Go to ed2go.com/pcclearn to register.

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SPORTS

OUTDOORS



Golf

Instructor: Mark Spinelli

This course is for individuals who have never played golf or have had only a brief introduction to the game. Just throw on some tennis shoes and meet at the Golf Shop five minutes before the beginning of class! Golf clubs are provided. Note: A practice ball fee (\$6-\$8 per session, cash) is required for 4 of the 5 sessions. Classes are limited to 10 students. Advance registration required.

When registering, indicate date & time

5 Tue	2140X Feb 25-Mar 24
o ruc	1 CD 20 Mai 24
	2140X
5 Sat	Feb 29-Mar 28
	2140X
5 Sat	Feb 29-Mar 28
	2140X
5 Tue	Apr 7-May 5
	2140X
5 Sat	Apr 11-May 9
	2140X
5 Sat	Apr 11-May 9
	5 Sat 5 Tue 5 Sat

Classes held at Arroyo Seco Golf Course, 1055 Lohman Ln., South Pasadena.

Note Regarding Sports Classes:

Students must be in good health to participate. It is recommended that you consult with your doctor if you have any questions. Adverse weather may force the postponement of a session to a later date; the instructor will notify students by phone or email should this be necessary.

Landscape Classes

Instructor: Charlotte Chen

Weather Resistant Landscaping

Sustainability is the new buzz word and increasingly people are turning to drought resistant native vegetation that thrive in Southern California. Come learn how to replace thirsty lawns with drought tolerant ground covers that are more interesting than grass. This class will cover what drought tolerant plants and trees are available and provide instruction about how to use rocks, gravel, and decomposed granite to enhance a drought tolerant garden. Pruning techniques also will be demonstrated. Bring a five-gallon rhaphiolepis plant (Indian Hawthorne), and pruning shears. \$3 materials fee payable in class.

2246X PCC - Room R115 \$55 Apr 5 1 Sun 9am-1pm



Landscape Design and Construction

Landscape designers determine what elements bring out the best in a location. It may be a specific tree or plant, a deck, patio, or bubbling fountain. In this workshop, students learn the basic principles of hardscape design gaining the ability to beautify a yard while spending money wisely. Discover what design principles work best for small spaces, large lots, shady or sunny places, hillsides, and slopes. Bring photos of your site and a simple hand-drawn site plan. \$3 materials fee payable in class.

2250X PCC - Room R115 \$79 May 10-May 17 2 Sun 9am-1:30pm

Charlotte also teaches Quick Sketch and Sketching with Markers - page 15.

Survival Classes

Instructor: Christopher Nyerges

Urban Survival Skills

The "big one" is coming! In fact, experts say it is 150 years overdue! If you are worried about the next big earthquake; tidal wave; terrorist attack; or hurtling-earthward comet, then this lively course with a distinct urban focus will enlighten you on the "do's and don'ts" of survival at home. Topics include:

- Food storage
- · Growing a survival garden
- Useful plants
- Water
- · Tools and weapons
- · Energy alternatives
- · Necessity of fire

2287X PCC - Room R115 \$65 Mar 6-Apr 3 5 Fri 7pm-9pm



Survival Skills

What would you do in the event of a natural or man-made disaster? Would you know what to do to survive in the elements? How would you protect your family? Everyone should be familiar with basic survival skills! This course is comprised of lecture, hands-on instruction, and videos. Topics include:

- Edible and medicinal plants
- Making fire without matches
- · Finding and purifying water
- Survival kits and home supplies
- · Primitive and modern shelters

2007X PCC - Room R115 \$65 May 1-May 29 5 Fri 7pm-9pm

Christopher also teaches Writing for Publication - page 20.

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TRIPS & TOURS

Single-Day Tours

For detailed Single-Day Tour descriptions, go to: pcclearn.org/DayTrips

All day single-day tours depart from Pasadena City College, Lot 3.



Murder Mystery Lunch At Fogo de Chão Brazilian Steak House

Join us at Fogo de Chao Brazilian steakhouse where rodizio dining meets a murder mystery "to dine for." While enjoying a delectable meal you will be entertained with a murder mystery complete with outrageous antics, music, and audience participation. This dining adventure begins at Fogo's Market Table where you may return as many times as you like for fresh seasonal salads, exotic vegetables, imported cheeses, smoked salmon, cured meats, and seasonal soup. Once seated, the authentic Brazilian side dishes arrive: warm pão de queijo (cheese bread), crispy polenta, mashed potatoes, and caramelized bananas. When you set your dining card to green, you will be in the rodizio, a continuous tableside service of signature cuts of meat prepared, fire-roasted and served by the gaucho chefs. The variety of meats include top and bottom sirloin, chicken (breast, bacon-wrapped breast and legs) and slow roasted and savory pork sausage. Meanwhile, a murder has been committed... and the victim is here! Trixie Gabor, the young rising starlet famous for her friendship with Big Louie, has been shot. By whom is the unknown. Each suspect re-tells his or her version about how the murder was committed, and it is up to you to help solve the mystery.

2359X \$149 Mar 7 1 Sat 9:45am-3:30pm



Reagan Library with Egypt's Lost Cities Exhibit

Spend a memorable day at the state-of-the-art, Ronald Reagan Presidential Library and Museum featuring 18 galleries paying tribute to America's 40th president. Enjoy approximately 5 hours at leisure to explore the state-of-the-art museum, which features 18 galleries dedicated to the life of Ronald Reagan. Visit a full-scale replica of Reagan's Oval Office, see a piece of the Berlin Wall, explore interactive exhibits, read letters written by President Reagan to Nancy and pay your respects at their final resting place with spectacular views of the Conejo Valley. The Air Force One Pavilion features a presidential limousine and secret service suburban, a Marine One helicopter and the Air Force One airplane that served seven U.S. Presidents. Also on view for a limited time is the exhibit: Egypt's Lost Cities, featuring 200 authentic artifacts from museums in Cairo and Alexandria that help to provide a better understanding of life during the age of the pharaohs. On view are gold coins, delicate ceramics, exquisite jewelry, bronze vessels, three colossal 16-foot statues, as well as other ancient Egyptian artifacts. These items were recovered two decades ago by underwater archaeologist Franck Goddio and his team when they discovered the two ancient and forgotten cities of Thonis-Heracleion and Canopus which were lost to natural disasters and the rising tides of the Mediterranean Sea more than 1200 years ago. Enjoy lunch on your own at the Reagan Library's Country Café or The Pub.

2315X \$79 Mar 14 1 Sat 8:30am-5pm





Poppies & Pussycats Poppy Reserve & Feline Conservation Center Included Boxed Lunch

Join us as we venture to the Antelope Valley in search of nature's beauty: wildflowers and big cats. Begin with a visit to the Antelope Valley California Poppy Reserve, a protected California State Natural Reserve. Each spring the Reserve comes alive with a variety of wildflowers creating a mosaic of color and fragrance. In addition to poppies, we may see owl's clover, lupine, goldfield, cream cups, or coreopsis. The intensity and duration of the wildflower bloom varies from year to year and blooms are never certain - we cannot control Mother Nature. Enjoy an included boxed lunch along with time at leisure in the Reserve to explore the Interpretive Center and nature trails. In the afternoon delight in a docent-guided tour of the Feline Conservation Center, better known as "The Cat House," dedicated to the protection and preservation of the world's most endangered felines. This breeding zoo and research facility is home to 18 different species. See and learn about these cats and about the efforts made here to preserve their species.

2358X \$89 Mar 28 1 Sat 8:30am-6pm

Register early! Single-Day tours fill quickly.

See page 35 for Travel Information and Policies.

PCC Extension | 626.585.7608 Spring 2020



Where the Wind Blows Moorten Botanical Garden & Palm Springs Wind Farm

Have you ever wondered from where the wind blows? If you have ever driven East on Interstate 10 through Palm Springs - you know the wind blows there as the wind turbines spin forlornly day and night. Palm Springs is more than just wind, however, and today we will enjoy both, the wind turbines and the Moorten Botanical Garden. The first stop, the Garden, was established in 1938, and features 3,000 varieties of desert trees, plants, and cacti from around the world. In addition, a classic collection of glistening crystals, colorful rocks, ancient fossils, and pioneer and gold mining relics, combine to present a living museum of desert lore and legend. After time at leisure in downtown Palm Springs for lunch on your own, a guide joins us for an informative driving tour of the Palm Springs Wind Farm. Spectacular mountain vistas provide a backdrop, and photo opportunities, as we travel through the Coachella Valley on this unique, behind-thescenes tour that gets you up-close and personal to enormous wind turbines. A concluding stop before traveling home will be at Hadley's, famous for their breads, nuts, and date shakes.

2410X \$89 Apr 4 1 Sat 8:30pm-7pm

Welk Resorts Theatre

"Nunsense" Includes lunch

Before Sister Act and Late Nite Catechism. there was Nunsense! Revel in the madness of this hilariously funny musical comedy, featuring a troupe of dancing, singing nuns. This awardwinning show played off-Broadway for a record-breaking run, and is an internationally acclaimed, must-see phenomenon. Nunsense follows the crazy antics of five nuns from the Little Sisters of Hoboken convent. When Sister Julia accidentally serves some tainted soup poisoning 52 of the sisters, the five surviving nuns must band together to put on a variety show to raise money for their burials. The seats at the intimate Welk Resorts Theatre in Escondido are great; and prior to the matinee, enjoy an included 3-course waiter-served lunch with choice of entrée and dessert at the Welk Resorts' Canyon Grille.

2329X \$139 Apr 11 1 Sat 9:15am-6:30pm

Treasures of The O.C. Bowers Museum Walt Disney Exhibit Includes Buffet Lunch

Travel to Anaheim for the Bowers Museum's special exhibit, Inside the Walt Disney Archives: 50 Years of Preserving Magic. Enter the archives and explore a dazzling display of more than 400 objects, including original artwork, costumes, and props that tell the story of The Walt Disney Company and Walt Disney the man. View nostalgic classics such as sketches for the movie Fantasia and ghosts for the Haunted Mansion attraction, to more recent super hero costumes and maquettes from Frozen. Then spend time browsing the Bowers' permanent collection and gallery store. Later embark upon a docent-guided tour of two historically significant buildings, the Howe-Waffle House and the Old Orange County Courthouse. The Howe-Waffle house, a Queen Anne Victorian built in 1889, was recently restored. The Old Orange County Courthouse is a Romanesque Revival building built in 1901, now a museum and popular filming location. Our included Southwestern buffet at The Hacienda once was part of an orange and avocado ranch. The whitewashed adobe and charming courtyard feature antiques, fountains, staircases, and romantic balconies entwined in ivy.

2398X \$119 Apr 16 1 Thu 8:15am-6:30pm

A Whale of a Good Time San Diego Whale Watching Cruise

Come and "sea" for yourself the beauty of the ocean and its creatures on this exciting whale watching excursion! Each year, about 20,000 gray whales migrate along the coast of San Diego as they make an epic 6,000-mile journey between Alaska and Mexico. Our three-hour cruise is aboard the two-story, 100-foot Marietta which offers 360-degree views from each level, indoor and outdoor seating, restrooms, and snack bar. Led by marine experts from the world-renowned Birch Aquarium at Scripps, enjoy commentary about sights and sea creatures unique to our cruise. While gray whales are common along the California coast during this time of year, we also may see porpoises, dolphins and/or seals, though marine life and sightings are unpredictable. Prior to our cruise, enjoy time for lunch on your own along the waterfront at San Diego's Seaport Village and the "Headquarters."

2426X \$119 Apr 25 1 Sat 8am-7:30pm



Julian Gold, Flowers & Apple Pie

Enjoy a lovely day in the charming gold-mining town of Julian, nestled among a forest of oak and pine trees in the beautiful Cuyamaca Mountains. This morning we will stop in Santa Ysabel at Dudley's Bakery for an opportunity to purchase their freshly baked breads and pies, before we continue along the mountain roads to Julian (elevation 4,200 feet). The entire town is a designated historic district and the shops and restaurants are housed in Victorian-style buildings dating back to the 1870s. While in Julian enjoy the entire time at leisure in this quaint mountain town for lunch on your own, browsing, and the annual Julian Wildflower Show. Or, after lunch, for an additional fee of \$10 cash payable to your tour director, join a guide for a 60-minute walking tour deep into a gold mine (in and out of different tunnels and multiple levels) to learn the history of the mine.

2339X \$79 May 2 1 Sat 8:30am-7:30pm

Making the Grade

Tehachapi Train Loop & Alpaca Ranch Included Lunch

Today we explore the beautiful Tehachapi Valley, an oasis located in the mountains (elevation 4,000') between the San Joaquin Valley and the Mojave Desert, offering picturesque valley views and a cool haven from the desert heat. This quiet mountain setting once was a stage depot and cowboy town with a unique railroad history. Lunch at an authentic German café and bakery located in downtown, historic Tehachapi, boasting old-world charm, delicious cuisine, and fresh-baked bread is included. Following lunch, we are joined by a local railroad guide as we motor to view the famous Tehachapi Train Loop. This engineering marvel, one of the railroad wonders of the world, also is one of the busiest single-track train lines in the world. Enjoy time at leisure to explore the innovative exhibits and memorabilia at the Tehachapi Depot Railroad Museum, where, from the museum's deck, you may see trains run across the tracks. Later, we visit a local alpaca ranch to meet these adorable yet odd critters and learn how their fiber is spun into yarn.

2334X \$99 May 9 1 Sat 8am-6:30pm

Warner Bros. Studio Tour & Historic Bob's Big Boy

This highly-rated studio tour goes 'behind-thescenes' and 'into-the-scenes' of your favorite shows and movies on a guided, three-hour adventure aboard a 12-passenger vehicle to explore the outdoor sets, soundstages, and craft shops of Warner Bros.' Burbank studio. You will recognize the shooting locations from some of your favorite shows and movies including Friends, The Big Bang Theory, CSI, Cold Case, and Argo. Enjoy time at leisure to browse several special exhibits including "The Wizarding World: Harry Potter & Fantastic Beasts," and "DC Universe" (exhibits subject to change). "Stage 48: Script to Screen" provides behind-the-scenes access to the moviemaking process, from casting calls to the red-carpet award season. Prior to the tour, enjoy lunch on your own at Bob's Big Boy in Burbank. This is the oldest remaining Bob's Big Boy in America (built in 1949) and is a designated California Point of Historical Interest. Required: valid government-issued photo identification to be presented to Warner Bros. security on the day of the tour.

2446X \$109 May 17 1 Sun 11am-5pm

L.A.'s Hidden Gardens

Includes Lunch

We are joined by professional step-on guide, Curt, a history buff with an expertise on the evolution of Los Angeles to explore "hidden" gardens in and around Los Angeles. We begin at the Caltrans-owned Arlington Garden with Italian-style olive allée, succulent and cactus gardens, and an orange grove. We continue to the L. A. Police Academy to enjoy an included lunch at the L.A. Police Academy Café followed by time at leisure to browse the gift shop and explore the charming, rocky garden with babbling waterfall. Next we visit the Cathedral Our Lady of the Angels, to see the hidden Olive Garden known as the "Children's Garden," once a play area adorned with frolicking animals based on biblical scriptures. At the Walt Disney Concert Hall's "Blue Ribbon Gardens" we will admire the romanticism of this hidden rooftop gem standing in stark contrast to the striking steel exterior of the concert hall. The Frank Gehry-designed fountain pays tribute to the late Lillian Disney and her love for Delft porcelain and roses. A well-kept secret garden on Bunker Hill featuring more than 200 trees and three waterfalls is our next stop. Finally, at the James Irvine Japanese Garden, we will explore this intimate and unexpected paradise that was designed in the Zen tradition of the famous gardens of Kyoto; known as the "Garden of the Clear Stream," it features a 170-foot cascading stream, a wide variety of plants, flowers, trees, and handcrafted cedar bridges.

2359X \$99 May 29 1 Fri 9am-5pm

Lavender & Lincoln

Lavender Festival & Lincoln Memorial Shrine

Begin the day enjoying the delightful sights. scents, and tastes of aromatic lavender during the annual Lavender Festival at the historic Highland Springs Ranch & Inn. Established in 1884 in Cherry Valley, the ranch sits in a lovely country setting with sprawling olive groves. towering trees, and acres of organic lavender fields. Ample time at leisure is provided to stroll through the lavender fields, view the sample lavender garden, and attend a distillation demonstration to learn how lavender oil is made, and why it is such a remarkable herb. Enjoy live musical entertainment and lunch on your own. The quaint artisan shops housed in the ranch's historic buildings sell local and organic farm products, from lavender and tea to honey and olives. In the afternoon we visit the Lincoln Memorial Shrine in Redlands. The shrine contains some of the finest manuscripts and artifacts of Lincoln's time, as well as the largest collection of Lincoln artifacts and Civil War material west of the Mississippi.

Arrowhead Lake Escape Narrated Lake Cruise &

Village Shopping

Escape the heat and travel the mountain roads to the breathtaking alpine wonderland (elevation 5,200'), known as the "Alps of Southern California, Lake Arrowhead, offering a natural peacefulness. Enjoy ample time at leisure for lunch on your own and for browsing in the charming Lake Arrowhead Village. Nestled amongst an evergreen forest along the Lake Arrowhead shoreline, the Village features an assortment of specialty shops and outlet stores. In the afternoon, embark upon a narrated cruise on Lake Arrowhead aboard the Lake Arrowhead Queen, a Louisiana-style paddle-wheeler. The serenity of Lake Arrowhead's lush forests and sparkling water provide a framework for viewing lakeside homes and for learning about the region's colorful history.

2407X \$89 Jun 13 1 Sat 9:30am-5:30pm

Register early! Single-Day tours fill quickly.

See page 35 for Travel Information and Policies.



Coronado Enchantment

Hotel del Coronado Included Lunch

Enjoy the ocean views while traveling south along the coast to San Diego, and then cross the Coronado Bridge to Coronado Island, nicknamed The Crown City as Coronado is Spanish for "crowned one." Enjoy a three-course plated lunch with choice of entrée and dessert at the Bluewater Boathouse Grill, located over the water in a building originally built in 1887, and serving the best seafood for more than 20 years. After lunch, we visit the legendary Hotel Del Coronado with time at leisure to explore its oceanfront setting, historic architecture, and unique shops.

2426X \$119 Jun 20 1 Sat 8:30am-6pm

A Pisa Italy

L.A.'s Italian Treasures

We are joined by professional step-on guide, Curt, a history buff with an expertise on the evolution of Los Angeles. This tour highlights the Italian-inspired treasures around the city, and explores the influences the Italian culture has had on architecture, fashion, art, food, and cinema. We will visit Pasadena City Hall that pays homage to the 16th century Italian architect, Andrea Palladio, a Catholic church featuring architectural elements dating back to the early days of Christianity in Rome and Forest Lawn Memorial Park in Glendale to view reproductions of artwork of two of Italy's greatest artists, Leonardo da Vinci's The Last Supper, and Michelangelo's most famous sculptures. Enjoy lunch on your own at the San Antonio Winery's cafeteria-style, Maddalena's Restaurant, tucked away in a nondescript industrial area of Los Angeles. It has been serving delicious Italian food in a festive atmosphere for more than 100 years. After lunch, we visit Italian Hall, the oldest remaining building from L.A.'s historic Little Italy. Here we will explore the Italian American Museum's interactive cultural and historical displays. A highlight of the day will be an included sweet treat and time to browse Eataly, L.A.'s newest Italian marketplace. This two-story, "temple of la dolce vita" is a massive emporium and true foodie paradise featuring all things edible and drinkable Italian! All visits subject to change.

2326X \$99 Jun 26 1 Fri 9am-6pm

TRIPS & TOURS

Multi-Day Tours

Must call 626-585-7608 to register.

For detailed Multi-Day Tour itineraries, go to:

pcclearn.org/Tours

Or to have a tour itinerary mailed to you, call or email the PCC Extension office.

See page 35 for Travel Information and Policies.

Canyons, Craters & Painted Deserts

Grand Canyon National Park, Petrified Forest National Park, Sedona, Hotel Stay in Flagstaff May 11-16, 2020 – 6-Day Tour

Double: \$1,399 / Single: \$1,799 – Deposit: \$150

From the sheer drama of the Grand Canyon National Park and the eerily strange Petrified Forest National Park to Sunset and Meteor Craters, Sedona's red rocks and the colorful badlands of Arizona's Painted Desert, the natural wonders on this tour alone would make for an incredible tour. But we have coupled them with a five-night, single-hotel stay at a AAA Four Diamond Flagstaff hotel set amongst 500 scenic pine-covered acres, a ride aboard the Grand Canyon Railway, the Lowell Observatory and sites along historic Route 66 to create a truly unique and memorable journey showcasing Arizona's canyons, craters and painted deserts.

New York City

Single-Hotel Stay in Times Square, Statue of Liberty, Ellis Island, 9/11 Museum & Memorial May 21-25, 2020 – 5-Day Tour

Double: \$1,599*/Single: \$2,149* - Deposit: \$200

Welcome to America's, if not the World's, most exciting metropolis – New York, New York – a city so great they named it twice! This tour features four nights at a deluxe Times Square hotel and offers the best of New York City's sights, sounds and tastes. A perfect tour for those venturing to the City their first time, repeat visitors or native New Yorkers. *Land prices only. Roundtrip group airfare available from \$595 per person.

Canadian Rockies & Calgary Stampede

Calgary Stampede, Banff, Lake Louise, Jasper & Yoho National Parks, Snow Coach

July 9-16, 2020 - 8-Day Tour

Double: \$2,999* / Single: \$3,999* - Deposit: \$250

Majestic and sublime, the Canadian Rockies is a region of scenic wonders. Towering mountain peaks, tranquil lakes, cascading waterfalls, spectacular scenic routes...and to top it off, this comprehensive itinerary includes the Calgary Stampede –"The Greatest Outdoor Show on Earth!" *Land prices only. Roundtrip group airfare available from \$695 per person.

Yosemite, Lake Tahoe & The Eastern Sierra

Alabama Hills, Mammoth Lakes, Mono Lake, Tioga Pass, Tuolumne Meadows, Yosemite

August 9-13, 2020 - 5-Day Tour

Double: \$1,249 / Single: \$1,699 - Deposit: \$150

Embark on a unique adventure to discover the majesty of the Sierra Nevada. Born of fire and ice, the granite peaks, valleys and lakes of the High Sierra have been sculpted by glaciers, wind and weather into some of nature's most glorious works. From the eroded rocks of the Alabama Hills, to the glacier-formed June Lake Loop, to the incredible beauty of Lake Tahoe and Yosemite National Park, this tour features Mother Nature at her best.

Central Coast Lighthouses, Redwoods & Rail

Monterey, Big Sur, Cambria, Lighthouse Tours, Redwoods, Highway 1, Coast Starlight Train September 7-11, 2020 – 5-Day Tour

Double: \$1,299 / Single: \$1,699 – Deposit: \$150

Join us on this unique journey along California's Central Coast — traveling by train, along the backroads and on the spectacular Pacific Coast Highway. For centuries artists, poets, explorers and novelists have been drawn to the rugged beauty of the California Coast. The crashing surf...the towering redwoods...the unspoiled wildlife...the historic lighthouses...the embodiment of the quintessential California spirit. We will experience it all as we enjoy stays at waterfront hotels, tours of historic lighthouses and relaxing walks on the beaches — providing a true sense of timelessness and reconnection.

Paso, Morro & The Apple Farm by Rail

Stay at Apple Farm Inn, Morro Bay Cruise, Paso Robles Wine Tasting, Coast Starlight Train September 23-25, 2020 – 3-Day Tour

Double: \$599 / Single: \$749 – Deposit: \$100

Embark on a relaxing three-day getaway exploring California's Central Coast during a delightful time of year while enjoying a stay at the charming, "country rustic" Apple Farm Inn. We will travel by train along the coast, taste our way through the back roads, cruise in Morro Bay and keep an easy-going pace and experience first-hand what makes the California Coast so special.

California & Nevada Rail & Sail

Lake Tahoe, Monterey, Sacramento, Reno, Carson City, Virginia City, Eastern Sierra

October 1-7, 2020 - 7-Day Tour

Double: \$1,799 / Single: \$2,349 – Deposit: \$200

Embark on a unique rail journey across California and into Nevada that includes four train adventures and a cruise on Lake Tahoe. From the Pacific coast to the giant Redwoods to the Sierra Nevada and the Eastern Sierra, this comprehensive tour at a delightful time of year features the best that the Golden State has to over while traveling the rails and setting sail.

More Tours Available!

New England Fall Foliage October 4-11, 2020

Central Coast Mystery by Rail October 18-20, 2020

Death Valley Splendor November 8-10, 2020

Arizona's Valley of the Sun November 15-19, 2020

Yuletide in Yosemite December 6-8, 2020

City by the Bay Holiday

December 16-20, 2020

For detailed information, go to: pcclearn.org/Tours



PCC Extension, the Not-for-Credit Division of Pasadena City College, is self-supporting and not funded by taxpayer dollars. Classes are designed for adults, 18 years of age and older, unless otherwise indicated. Classes are held on-campus, at off-site locations, and online. College credit is not given, and there are no transcripts or grades.

To ensure a quality program, the following policies have been established. Courses may be cancelled due to low enrollment. The right is reserved to change courses, programs, or instructors. No non-registered person, including spouse, friend, parent, or child, is permitted to audit/attend a class. Students whose conduct is detrimental to a class (e.g., dishonesty, disruption, theft, property damage, or willful disobedience) may be removed without refund, and/or denied future enrollment. Courses presented by PCC Extension do not necessarily reflect the views of the Pasadena Area Community College District. Pasadena City College does not endorse any person or product. PCC Extension is committed to protecting your privacy. We do not sell, trade, or rent your personal information to other internal or external parties. We may use information collected to contact you regarding course information, promotional updates, specials, and/or new additions to our program offerings. Credit card numbers are not stored on our website

Stay Connected!





pccextension



@ExtensionatPCC



PCC Extension pcclearn.org

Colorado Campus

1570 East Colorado Boulevard Pasadena, CA 91106-2003

Foothill Campus

3035 East Foothill Boulevard Pasadena, CA 91107-3106

Main Number: (626) 585-7608 Fax Number: (626) 585-3058

Website: pcclearn.org
Email: info@pcclearn.org
Facebook: facebook.com/pccextension
Twitter: twitter.com/ExtensionatPCC

Public Hours: 9:00 a.m. to 4:00 p.m. Monday through Friday

PCC Extension

Elaine Chapman, MBA, M.A., CCT, Director Richard Torres, Account Clerk Robert Torres, Scheduling Technician

Pasadena Area Community College District

Dr. Erika Endrijonas, Superintendent-President

Board of Trustees

James A. Osterling, President Hoyt R. Hilsman, Vice President Berlinda Brown, Clerk Sandra Chen Lau, Member Dr. Anthony R. Fellow, Member John H. Martin, Member Linda Wah, Member Alex Sarkissian, Student Trustee



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Easy to Register!



Online: pcclearn.org



Phone: (626) 585-7608



Fax: (626) 585-3058



Mail:

PCC Extension
Pasadena City College
1570 E. Colorado Blvd., Rm CEC112
Pasadena, CA 91106-2003



In Person:

Foothill Campus 3035 E. Foothill Blvd. Pasadena, CA 91107 Monday-Friday, 9am-4pm

Pre-Registration is Important!

- 1. Space is limited. Early registration assures your place in high-demand classes.
- Classes that do not meet minimum student enrollment may be cancelled before the first session. Your timely registration helps to ensure the necessary enrollment figures.



1570 E. Colorado Blvd., Rm CEC112 Pasadena, CA 91106-2003

Main Number: (626) 585-7608 Fax Number: (626) 585-3058

Website: pcclearn.org E-mail: info@pcclearn.org

Reserve Your Space. Register Today!

Date	REGISTRATION FORM — P	PCC EXTENSION		PLEASE PRINT
Last Name (PRINT)		First Name (PRINT)		M.I.
Street Address		Apt. No. City		
Zip Code	Email Address			
	Mobile Number	Alternate Nu	ımber	
Course No.	Course Title		Start Date	Fee
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				\$
By submitting this re	egistration form you agree to the PCC Ext	ension Refund Policy	TOTAL	- \$
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ard No –		Driver's License N	-	•
		Expiration Date _		
expiration Date	CVV2 Code (3-digit security no. in signature panel)	Please do not wri	ite in this spa	ice
authorized Signature		Date	Rec	eived by
			CA	

Registration Form also available online at: pcclearn.org/regform

General Information

Dropping A Course

Refunds are granted provided you notify PCC Extension at least three (3) business days before your class begins. Registration fee refunded in the same format as originally paid within six (6) weeks. There are no refunds beyond this deadline. Refunds ARE NOT issued for absences nor prorated for late registrations. Note: If dropping a class from a Certificate Program or a Course Series, discounts will no longer apply and the refund amount will be adjusted accordingly. Missed class meetings may not be made up in another class. There is no auditing of classes. Returned checks will be subject to a \$25 handling charge.

ed2go / UGotClass: Refunds for ed2go and UGotClass online courses/programs are given only if a student notifies PCC Extension by phone or email at least three (3) business days before your online course/program begins. The registration fee will be refunded in the same format as originally paid within 6 weeks. There are no refunds beyond this deadline.

ProTrain: Refunds for ProTrain online courses/programs are given only if a student has not accessed any portion of the online course/program and the student requests a refund, in writing via email to PCC Extension within three (3) business days from the date of the course setup (email notification sent). There are no refunds for any online courses (or curricula) once a course has been accessed in any manner. If applicable, any shipped or online course reference materials (physical books, eBooks, study guides, CDs, Self-Study Kits, Videos, etc.) must be returned, unopened/ unused at your own expense if you accept delivery of the package. Please understand that with enrollment and access of your online course, you have read and agreed to the aforementioned refund policy. There are no extensions granted for your course. If you do not complete your course by the end-date on your welcome letter, there will be additional fees for extended access to your course and any online reference materials such as eBooks.

Transfers

To transfer to another class, requests must be received at least three (3) business days before the original class start date.

Cancelled Class

Minimum enrollment is required to run a class. If PCC Extension cancels a class, the registration fee is automatically refunded in the same format as original payment within six (6) weeks.

Insurance/Waivers

Insurance: PCC requires all participants carry medical/accident insurance, and does not provide this coverage. **Waivers:** Due to the nature of some classes, a liability waiver is required to participate. When required, waivers must be completed and filed with the PCC Extension office before a participant may attend class.

Certificates

Programs displaying the CP icon, once completed in accordance with noted requirements, qualify for a Program Certificate of Recognition. **Note:** Students may request a Certificate of Completion for any non-Certificate Program class. Certificates of Completion are \$10 each and must be requested through PCC Extension. Replacement certificates are available for \$10.

Youth Classes

A link to our Release and Medical Consent form (Waiver form) will be included in your emailed confirmation letter. The form also may be found on our website, or by going to: pcclearn.org/ReleaseForm. Complete and return form to the instructor at the first class.

Supplies/Equipment

If a class requires the purchase of extensive supplies, or rental equipment, students must confirm class status *before making any purchase*. PCC Extension does not reimburse students for materials purchased/rented should a class be cancelled.

Class Dates

Class dates are inclusive. Blackout days may apply. Refer to the website or your confirmation letter for specifics.

Instructors

Detailed instructor biographies are available online. Should an emergency present itself, classes may be taught by a qualified substitute, rescheduled, or cancelled.

Travel Information and Policies

Cancellation Policy

Except where noted, cancellations/refunds must be received two weeks prior to the trip departure date and will be granted only if the space is re-sold by PCC Extension. It may be possible to send a substitute in your place with prior notice to the PCC Extension department. When approved, refunds will reflect processing fees per person AND any unrecoverable expenses (i.e., lodging, tickets).

Payment

Day Trips: Entire fee due at time of booking. Multi-Day Tours: Deposit per person due at time of booking. Traveler will be contacted by Good Times Travel to arrange for payment balance.

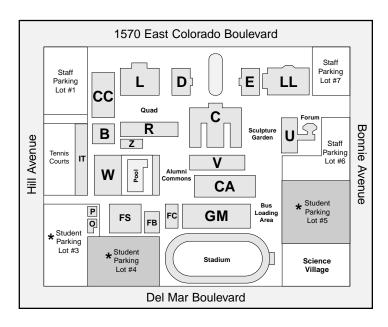
Cancellation/Travel Protection

Refund requests, except where noted, must be received *two weeks* prior to trip departure date, and will be granted only if space is resold. *Day trip fees and deposits paid to PCC:* Refunds to reflect \$20 processing fee per person. *Tour fees paid to Good Times Travel:* If travel protection has not been purchased, only recoverable funds less a cancellation charge of \$50 will be reimbursed once payment has been made. If travel protection has been purchased, you will receive a full refund (or partial if en route), provided the defining reason is covered. **Note:** Travel protection/cancellation insurance for multi-day tours is **highly recommended.** Preexisting medical conditions are covered only if protection is purchased in advance through Good Times Travel. Insurance also available for day trips.

Travel Operator

Trips & Tours presented by Good Times Travel. Unless otherwise noted, local travel is aboard deluxe motorcoach with professional tour escort. Minimum travel age 18. Questions: call Good Times Travel at (888) 488-2287.

Pasadena City College Campus



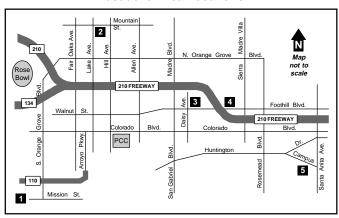
* Student Parking:

Daily permits may be purchased from the dispensers located throughout the student parking lots. **Permits cost \$2.00**, and are good for the entire day. **Note:** The PCC Flea Market is held on the first Sunday of every month. On those days, student parking is only available in Lots 3 and 4. Parking is extremely limited. It is strongly recommended students arrive **early** to allow time to locate parking.

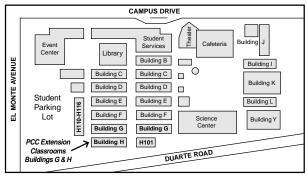
- B Bookstore Student Business Services Campus Police
- C Information C218 Sexson Auditorium
- D Health CenterLearning Assistance Center
- E Physical Sciences
- L Admissions & Records
 Career Center
 Counseling Services
 Financial Aid
 Registration
- R Catherine J. Robbins Building
- U Armen Sarafian Building (closed)
- V Howard E. Marvin Building
- W Gymnasium
 Dance/Exercise Classrooms
- CA Center for the Arts
- CC Campus Center
- GM Hutto-Patterson Gymnasium
- IT Industrial Technology Building
- LL Shatford Library

Off-Campus Class Locations

Pasadena Area Locations



Arcadia High School



Arroyo Seco Golf Course 1055 Lohman Lane

Lineage Performing Arts Center 920 E. Mountain St. Awareness Center 2801 E. Foothill Blvd.

Community Education Center 3035 E. Foothill Blvd.

Arcadia High School 180 Campus Dr., Arcadia (see campus map above)

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