

CONTINUING EDUCATION



SPRING 2014

St. James-Assiniboia School Division

www.sjsd.net/coned



Register Online @ www.localcourses.com/sjsd

WELCOME to our WINTER/SPRING 2014 Session

Welcome to the St. James-Assiniboia Continuing Education 2014 Winter/Spring session.

We are excited by all the new courses that we are offering in this session. Whether you like to experiment with arts/crafts, learn a new language, update your computer skills, exercise or relax, we have many different courses that fit the need of every age group. We invite you to look at the new courses for this session. They include: Resumes That Work, Getting To Know iPhoto, Floral Design Workshop, T-Shirt Quilt, Embroidery, Karate, Restorative Yoga, Gentle Yoga for Seniors and much more.

Our full-time programs provide students with hands-on learning to start a career. (Health Care Aide, Health Unit Clerk, Educational Assistant, Veterinary Hospital Office Assistant and Taxi Cab Driver Training). Our instructors are experts in their respective fields and ensure that you receive the most up-to-date information and training.

Come join us and take charge of your education!

Wanda Taylor, Assistant Director

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FITNESS

ZUMBA

Join the party!! Zumba fuses hypnotic Latin rhythms and easy-to-follow moves to create a dynamic fitness program that will blow you away.

Tuesdays (6X)	February 11 to March 18	
7:00 - 8:00 pm.		SFT1-14 (JT)
Tuesdays (6X)	April 8 to May 20	
7:00 - 8:00 pm.		SFT11-14 (JT)
\$69.00	Stephanie Botincan	
Thursdays (6X)	May 1 to June 5	
7:00 - 8:00 pm.		SFT19-14 (WS)
\$69.00	Jessica Rambally	

ZUMBA GOLD

Come prepared to have fun! This program is designed for the older adult, the beginner, individuals with limited physical mobility and for those not used to exercising. It is done at a slightly lower intensity than our regular Zumba class with easy-to-follow moves.

Saturdays (6X)	March 1 to April 26	
9:30 - 10:30 am.		SFT9-14 (JT)
Saturdays (6X)	May 3 to June 14	
9:30 - 10:30 am.		SFT20-14 (JT)
\$69.00	Tania Woodfield	

ZUMBA GOLD TONING

The Zumba Gold-Toning program offers the best of both worlds - the exhilarating experience of a Zumba fitness party with the benefits of safe and effective strength training. It's an easy-to-follow, health boosting fitness program for active adults. Toning sticks will be available for purchase (\$25) from the instructor. If you are not purchasing the Toning sticks, please bring a 1lb to 2lb weight to class.

Saturdays (6X)	March 1 to April 26	
11:00 am. - 12:00 pm.		SFT8-14 (JT)
Saturdays (6X)	May 3 to June 14	
11:00 am. - 12:00 pm.		SFT21-14 (JT)
\$69.00	Tania Woodfield	

DYNABODY TOTAL FITNESS

Doug 's boot camps are famous! This fun and challenging workout focuses on all areas of fitness and will improve your strength, stamina, coordination and energy levels. The focus is on functional exercises, cross-training and intervals - which is the best for conditioning the body, burning fat and improving your heart health. Innovative activities that incorporate calisthenics, cardio drills, resistance training, abdominal and core body exercises. With the emphasis on proper technique and coaching - there is no better way to refresh your body, restore your energy and beat stress. Enjoy the camaraderie and the challenge!

Tuesdays (10X)	April 8 to June 10	
6:30 - 8:00 pm.		SFT10-14 (BA)
Thursdays (10X)	April 10 to June 12	
6:30 - 8:00 pm.		SFT17-14 (SM)
\$79.00	Doug Yaholkoski	



REGISTER EARLY!
Courses may fill up quickly or be cancelled due to low enrollment.

ADULT JAZZ DANCE, Level 1

Join us for a full body workout!! Learn and practice the basics of jazz dance in a fun and positive environment. Develop strength, flexibility, coordination and balance while learning new steps and movements. All levels of experience welcome.

Thursdays (6X)	February 13 to March 20	
6:00 - 7:00 pm.		SFT2-14(JT)
Thursdays (6X)	April 10 to May 22	
6:00 - 7:00 pm.		SFT16-14(JT)
\$69.00	Stephanie Botincan	

THE JOYS OF BELLY DANCING

Belly dancing is energizing, graceful, calming and easy to practice. This experienced teacher will have you moving to Middle Eastern rhythms. Gain flexibility, strength, tone and improved posture, as well as self confidence and self esteem. Wear loose fitting clothing and a scarf.

Wednesdays (9X)	April 9 to June 4	
6:30 - 7:45 pm.	Ildiko Gyarmati	
\$79.00		SFT14-14 (WS)

"Ildiko was a fantastic instructor. She made sure we understood all the steps before continuing and was very encouraging."

-Gail

MORE JOY OF BELLY DANCING

For those who have some experience and wish to learn more dance moves. Continue to explore the meditative qualities and experiment with personal expressions of the dance. Ildiko will take you to the next level with your interpretation and choreography.

Wednesdays (9X)	April 9 to June 4	
8:00 - 9:15 pm.	Ildiko Gyarmati	
\$79.00		SFT12-14 (WS)

ABS, GLUTES and THIGHS

Get fit! Focus on core stabilization as well as toning and shaping exterior muscles. Perfect for participants of all ages and fitness levels!

Wednesdays (6X) February 19 to March 26

6:00 - 7:00 pm. SFT6-14 (SM)

Wednesdays (6X) April 16 to May 21

6:00 - 7:00 pm. SFT18-14 (SM)

\$69.00 Katherine Salsman

HULA HOOPING WITH KATHY

Hula Hooping provides a total body workout and if you wish to get more out of your exercise, you can use weighted hoops. Fun, exciting but simple. Hula hoops provided.

Mondays (8X) February 24 to April 28

6:30 - 7:30 pm. Katherine Salsman
\$75.00 SFT7-14 (JT)

"It was fun, relaxing and a great workout. I learned how to hula hoop and will continue to use it as part of a daily exercise."

-Maria

RESTORATIVE YOGA

Relax and rejuvenate with this all-levels restorative yoga class.

The use of props and long supported holds soothe the mind and allow for a deeper release, bringing a calming end to your day. Bring a mat, towel and a water bottle.

Wednesdays (6X) February 19 to March 26

7:45 - 8:45 pm. SFT4-14(JT)

Wednesdays (6X) April 9 to May 21

7:45 - 8:45 pm. SFT15A-14(JT)

\$69.00 Andrea Baryliuk

GENTLE YOGA FOR ACTIVE SENIORS

This course aims to improve flexibility, balance, posture and strength. Your breath and gravity takes you gently into each pose without pulling or straining. Gentle Yoga disciplines the body, mind and spirit. Each lesson begins and ends with a 5 minute relaxation/meditation session.

Wednesdays (6X) February 19 to March 26

6:15 - 7:15 pm. SFT5-14 (JT)

Wednesdays (6X) April 9 to May 21

6:15 - 7:15 pm. SFT13-14 (JT)

\$69.00 Andrea Baryliuk

Check out one of our many



Leisure courses!
See pages 6-8

KARATE

Keep fit and healthy with Karate. It develops balance, co-ordination, aerobic fitness, strength and flexibility. It also challenges your brain and requires constant mental alertness and agility as you learn various moves.



Thursdays (6X) February 20 to March 27

6:30 - 8:30 pm. SFT3-14 (BA)

Thursdays (6X) April 10 to May 15

6:30 - 8:30 pm. SFT24-14 (BA)

\$69.00 Gukuta Chabik

LAND PADDLING

Have you heard of land paddling? Like stand-up paddling on a surfboard but instead of water, you propel yourself on pavement. Easy to learn and lots of fun. Try this two hour class. All equipment (paddles, boards, helmets, knee/elbow pads) provided. Location TBA.

Monday May 26

7:00 - 9:00 pm. SFT22-14 (OT)

Wednesday June 11

7:00 - 9:00 pm. SFT23-14 (OT)

\$20.00 Gord Hanna



BRING A FRIEND!
"Friends make you laugh which increase endorphins and reduce stress!"



HEALTH and WELLNESS

MEDITATION, RELAXATION, INSIGHT & HEALING - Level 1

Enjoy this weekly time of relaxation. Learn techniques and experience guided meditations that will assist you in relaxing, gaining insight and assisting your body in healing. No previous meditation experience necessary.

Mondays (10X) February 10 to April 28

7:00 - 9:00 pm. Pamela Thrift

\$125.00 SHL1-14 (SM)

TAROT CARD READING

Learn some of the history of the tarot, the format of the tarot deck and how to use the cards for insight and feedback about your life.

Saturday February 22

11:30 am. - 3:30 pm.

\$39.00 Pamela Thrift SHL2-14 (JT)

DEVELOPING YOUR INTUITION

Discover your inborn intuitive wisdom and learn how to hone those skills. There will be fun exercises and meditations to assist you on your journey. Pay attention to your feelings; practice and share your skills.



Tuesdays (10X) April 8 to June 10

7:00 - 9:00 pm. Pamela Thrift

\$139.00 SHL5-14 (SHC)

BRAIN GYM FOR A FIT MIND - Training for a Nimble Mind

Blow away brain fog, ward off memory decline and maintain mental clarity. There are many things that we can do on a daily basis to keep our minds sharp. Be the caretaker of your brain with activities that stimulate, rejuvenate and relax your mind. Some activities are based on the Brain Gym® program. Bring a water bottle.

Mondays (4X) February 24 to March 17

6:30 - 8:30 pm. SHL3-14 (SHC)

Mondays (4X) April 14 to May 5

6:30 - 8:30 pm. SHL7-14 (SHC)

\$49.00 Noreen Kolesar



We can help you improve your computer knowledge whether you are a novice or an experienced computer user. See Pages 9- 10 for courses and dates.

EATING ON THE RUN

Boost your overall energy levels, improve your current eating habits and lose weight with Jill's balanced snacks. Learn to create and enjoy snacks for work or school and how to schedule meals to reduce carbohydrate cravings. The benefits of this course are stabilized blood sugars, decreased cravings, improved moods and higher energy levels.

Wednesdays (2X) March 12 to March 19

6:30 - 8:30 pm. Jill Graham

\$40.00 SHL4-14 (JT)

Jill Graham is a CanFit Pro Certified Nutrition and Wellness Specialist offering nutritional counselling, lifestyle advice and motivational support to all age groups. By sharpening her own healthy lifestyle skills, she lost 150 pounds over four years. She has learned many ways to balance nutrition and exercise during her journey to better health and wellness. Her focus is to help people develop healthier diets, positive lifestyles, and to live the best they possibly can.

A NUTRITIONIST'S GUIDE TO THE SUPERMARKET

This is the supermarket tour that comes to you! Find out which products should end up in your cart and which ones should stay on the shelves. Learn which crackers, yogurts, cereals, breads and soups are the healthiest for you and your family.

Wednesdays (2X) April 9 to April 16

6:30 - 8:30 pm. Jill Graham

\$40.00 SHL6-14 (JT)

LANGUAGES



AMERICAN SIGN LANGUAGE

This class fills up really fast! This American Sign Language (ASL) (non-credit) course is designed for individuals who want to improve their ASL skills. This class is taught by a certified ASL Instructor from Manitoba Education. All are welcome but the class is limited to 20 people.

Thursdays (4X) April 10 to May 8

6:30 - 8:00 pm. Sherry Clark

No Charge SLA7-14 (JT)

PORTUGUESE TO GO

Learn the basics quickly in preparation for your next vacation! Learn greetings, directions, weather conditions, ordering food and simple expression to survive in a Portuguese speaking country.

Saturdays (3X) February 22 to March 8

9:00 am. - 12:00 pm. SLA4-14 (SHC)

Saturdays (3X) April 26 to May 10

9:00 am. - 12:00 pm. SLA12-14 (SHC)

\$55.00 Juliano Silva

PORTUGUESE GETTING STARTED

Come out and enjoy a friendly experience with Portuguese. The instructor will cover the language from Portugal and Brazil. The focus will be on common expressions and customs, as well as vocabulary related to hotel, restaurant and tourist attractions.

Tuesdays (6X) February 18 to March 25

6:30 - 8:30 pm. SLA3-14 (SHC)

\$79.00 Juliano Silva

FRENCH TO GO

Bonjour! Learn the basics quickly in preparation for your next vacation or to refresh your high school French.

Saturdays (3X) February 22 to March 8

9:00 am. - 12:00 pm. SLA5-14 (SHC)

Saturdays (3X) April 26 to May 10

9:00 am. - 12:00 pm. SLA14-14 (SHC)

\$55.00 Kristen Curwain



GERMAN TO GO

Sprechen Sie Deutsch? Learn the basics quickly in preparation for your next vacation. Become familiar with phrases on how to ask for directions, reading a menu, simple greetings and much more.

Saturdays (3X) April 26 to May 10

9:00 am. - 12:00 pm. Christopher Shinnimin

\$55.00 SLA10-14 (SHC)

ITALIAN TO GO

Learn the basics quickly in preparation for your next vacation! Learn greetings, directions, weather, ordering food and simple expressions to survive in Italy.

Saturdays (3X) April 26 to May 10

9:00 am. - 12:00 pm. Patricia Busca

\$55.00 SLA11-14 (SHC)

ITALIAN - GETTING STARTED

Immerse yourself in Italian language, culture and traditions for this Italian instructor. Learn basic Italian conversation, grammar and verbs. Different regions of Italy will be highlighted. Have fun as you prepare for your next trip.

Tuesdays (6X) April 15 to May 20

6:30 - 8:30 pm. Patricia Busca

\$79.00 SLA9-14 (SHC)

SPANISH TO GO

Learn the basics quickly in preparation for your next vacation! Learn greetings, directions, weather conditions, ordering food and simple expressions to survive in a Spanish speaking country.

Saturdays (3X) February 22 to March 8

9:00 am. - 12:00 pm. SLA6-14 (SHC)

Saturdays (3X) April 26 to May 10

9:00 am. - 12:00 pm. SLA13-14 (SHC)

\$55.00 Ines Mora

SPANISH - GETTING STARTED

Sehabla Espanol? Well you can! Come and enjoy a friendly experience with South American Spanish. The focus will be on common expressions, customs and money, as well as vocabulary related to hotel, restaurant and tourist attractions.

Tuesdays (8X) February 18 to April 15

7:00 - 9:00 pm. Ines Mora

\$89.00 SLA2-14 (SHC)

SPANISH - THE NEXT STEP

The next level will help you to build on the basics. This course will focus on sentence structure, the use of verbs, adjectives and nouns.

Thursdays (6X) April 10 to May 15

7:00 - 9:00 pm. Ines Mora

\$79.00 SLA8-14 (SHC)

"Knowing Spanish will completely transform your travel experience."

-Lorraine

SWEDISH - GETTING STARTING

Hej! Join us for this beginner's conversational course, where you will learn some useful travel language; how to get around on public transport, ask directions, find accommodation, and what to order in the restaurants. You will also learn a few standard greetings, and do a bit of writing, but mainly a lot of talking, practicing some of those impossible sounds.

Wednesdays (6X) February 12 to March 19

7:00 - 9:00 pm. Ellen Boryen

\$75.00 SLA1-14 (SHC)

"The Swedish course was great! We had fun and Ellen was good at helping us to remember the words and pronunciations."

-Debbie

CRAFTS

INTRODUCTION TO EMBROIDERY DON'T BE CREWEL



Discover the art of embroidery with this introductory course. Bring new life and beauty when you embellish your old jeans. Bring a pair of small, sharp embroidery scissors to class. Taught by a member of the Winnipeg Embroiderer's Guild.

Mondays (4X) February 24 to March 17

6:30 - 9:30 pm. Linda Lassman

\$55.00

SFC6-14 (SHC)

\$15 pd. to Instructor for materials

EMBROIDERY, THE NEXT LEVEL - MAKE IT COUNT



Build on your embroidery skills by learning to cross stitch with more beautiful stitches in a pretty sampler. With your new skills, you will make a floral canvas-work cuff bracelet to dazzle your friends! Bring a pair of small, sharp embroidery scissors to class. Taught by a member of the Winnipeg Embroiderer's Guild.

Tuesdays (4X) April 22 to May 13

6:30 - 9:30 pm. Kathryn Drummond

\$55.00

SFC15-14 (NM)

\$20 pd. to Instructor for materials

KNITTING BASICS - Purl one, Knit one

Learn the basics of knitting such as purling, casting on, casting off and simple beginner stitches. Students need to bring needles - 6mm or higher, 10 inch length, wool 4 (medium weight) or 5 (bulky weight).

Tuesdays (4X) March 4 to March 25

6:30 - 9:30 pm. Catherine Chehowy

\$55.00

SFC7-14 (SHC)

SEWING FUN-damentals

Welcome to the wonderful world of sewing! Unlock the world of economical options to expanding your wardrobe to decorating your home. Please bring your sewing machine, and one half meter of any cotton fabric, spool of thread and scissors.

Tuesdays (4X) February 18 to March 11

6:30 - 9:30 pm. Catherine Chatterley

\$55.00

SFC5-14 (NM)



CROCHETING FOR BEGINNERS

Have you always wanted to learn how to crochet? Then this beginner course is for you! Complete 3 projects using basic stitches. Materials needed are: crochet hooks in sizes 5mm, 6mm, 10mm and handcrafter cotton yarn (6 oz.)

Wednesdays (6X) April 9 to May 14

6:30 - 8:30 pm. Marion Krienke

\$59.00

SFC11-14 (NM)



T-SHIRT QUILT

Just can't part with your favourite T-shirts from concerts, sports teams or special events? Then this project is for you! Create a unique heirloom quilt in this quick and easy workshop. Bring 25-30 T-shirts to create a twin sized quilt.

Thursdays (4X) April 10 to May 1

6:30 - 8:30 pm. Catherine Chatterley

\$55.00

SFC12-14 (NM)

FLORAL DESIGN WORKSHOP

Transform your spring lillies and tulips into beautiful centre piece floral designs. This hands-on course will teach you the aspects of design including composition, how to cut flowers and set-up an oasis container and decorative elements. Leave with a completed floral design to display. Supplies provided. Bring small garden cutting shears and a pair of sharp scissors.

Saturday March 15

9:30 am. - 1:30 pm.

\$25.00

Christine Lyons

SFC10-14 (JT)

\$25 pd. to Instructor for materials

INTRODUCTION TO BEADING: Garden Mobile

Discover how to make a beautiful beaded garden mobile. Students can choose to make beaded bugs, dragon flies or butterflies. Tools supplied.

Wednesdays (2X) May 7 to May 14

6:00 - 9:00 pm. Brenda Weiss

\$35.00

SFC18-14 (SHC)

\$20 paid to instructor for materials

JEWELRY

JEWELRY CONSTRUCTION - Basic Metalsmithing Level 1

Discover metalsmithing as an art form and the rich history associated with it. Learn basic techniques for piercing with a jeweler's saw, hard soldering, sizing rings and roller embossing. Create three projects: a ring, pendant and bug. Copper and brass supplied. Students are responsible to supply their own sterling silver for projects.

Thursdays (10X) February 13 to April 24

6:30 - 9:30 pm. Doreen Lapointe

\$319.00

SFC4-14 (SHC)

FUSED GLASS JEWELRY

Create fabulous and fun jewelry using fusible glass. New glass designs will be available. You will make two pendants, or one pendant and a pair of earrings. Learn about the process of fusing two or three layers of glass together. A rope necklace can be made for your pendants.

Mondays (2X) May 5 to May 12

6:30 - 9:00 pm. Linda Oleschuk

\$35.00

SFC17-14 (SHC)

\$20 pd. to Instructor for materials

WIRE-WRAP JEWELRY

Learn to use a "Ting-A-Ma JIG" tool to create a wire bead bracelet with 20 gauge non-tarnish silver wire. You will add Soft Flex™ wire with your colour choice of Swarovski beads™. Learn how to crimp and attach a clasp and voila - a beautiful bracelet or necklace you are sure to wear everyday!

Thursday March 13

6:30 - 8:30 pm.

SFC9-14 (SHC)

Thursday May 15

6:30 - 8:30 pm.

SFC19-14 (SHC)

\$25.00

Naomi Griffore

\$30 pd. to Instructor for materials

ON-LINE

Our brochure is available online with secure registration and confirm capabilities.
www.localcourses.com/sjssd

REGISTER ON-LINE!

BRING A FRIEND!
"Friends give you energy to keep to your commitment"

ARTS

BANFF WATERCOLOUR WORKSHOP

Discover how to paint a cool refreshing picture of the mountains around the Banff area. Learn to paint a scene with a cold wispy sky, forests cascading down the mountains, fir trees in the foreground with a rock on a slipper slope. All supplies provided. Bring a nut-free lunch and wear old clothes.

Saturday February 8
10:00 am. - 4:00 pm SFC1-14 (SHC)
\$85.00 Charmaine Watt
\$20 pd. to Instructor for materials

WATERCOLOURS & BEYOND

Learn perspective, glazing, sponging and rolling colours. Discover how to paint large waves, mountains and many other landscape effects. Experience with watercolours is required. Material list provided.

Tuesdays (6X) April 8 to May 13
7:00 - 9:30 pm. Charmaine Watt
\$85.00 SFC13-14 (SHC)

MATERIAL LIST PROVIDED



OIL PAINTING FOR BEGINNERS

Paint like a Pro! Take home your completed masterpiece each evening. Material list: paper towels, newspaper for the table, wax paper for your paints, 4-12 x 16 canvases or canvas board, oil brushes - one large fan brush, # 5 and # 8 flat brushes, # 1 or # 2 round brushes (or approx. sizes), liner brush and palette knife. Wear old clothes. Scent-free and solvent-free oils used.

Thursdays (4X) April 10 to May 1
7:00 - 9:30 pm. Charmaine Watt
\$59.00 SFC14-14 (SHC)
\$15 pd. to Instructor for materials

WESTERN SUNRISE - ACRYLIC

Learn to paint a beautiful sky using a multitude of different colours. Take home a completed picture ready for hanging. Wear old clothes and bring a nut-free lunch. All supplies provided.

Saturday May 3
10:00 am. - 4:00 pm. SFC16-14 (SHC)
\$45.00 Charmaine Watt
\$25 pd. to Instructor for materials

CARICATURES AND CARTOONING

Increase your joy of art. You will learn simple styles of body, hands and facial features along with various pens to give you the most experience to develop your own style. Great for beginners.

Wednesdays (3X) February 12 to February 26
6:30 - 9:30 pm. Al Sideen
\$45.00 SFC3-14 (SHC)



DRAWING WITH CONFIDENCE

Have you always wanted to learn the art of drawing? Then this course is for you! Learn about line drawing, shading techniques, how to render textures and much more.

Wednesday March 5
6:30 - 9:30pm Al Sideen
\$35.00 SFC2-14 (SHC)
\$10 pd. to Instructor for materials

"Alan Sideen was patient and showed us clear, step-by-step explanations and examples."

Diane

PEN & INK WITH COLOUR PENCILS - Venice

Get the sense of history by drawing a picturesque Venice scene. Discover the soft/hard touch of various pens and add a touch of water colour so you can create a fine art piece that you can take home and display.

Wednesday March 19
6:30 - 9:30 p.m Al Sideen
\$35.00 SFC8-14 (SHC)

WILDLIFE DRAWINGS FOR BEGINNERS

Use pencil, pen and ink to draw four Manitoba animals and birds. Each week you will draw a different animal such as wolf, osprey, moose and fawn. Ideal for the beginner, yet fun for all. Materials included.

Wednesdays (3X) April 9 to April 23
6:30 - 9:30 pm. Al Sideen
\$45.00 SFC25-14 (SHC)

LEISURE

INTRODUCTION TO DIGITAL PHOTOGRAPHY

Are you new to digital photography? Would you like to learn how to take better pictures? This beginners class will get you started and you will be amazed as to what you can do with your camera. Go from fear to fun! Bring your camera, charged battery and memory card.

Wednesdays (3X) February 19 to March 5
6:30 - 8:30 pm. Tom Hardy
\$45.00 SLE1-14 (SHC)



GETTING MORE FROM YOUR DIGITAL CAMERA

Digital cameras can be very confusing. What are all those controls, buttons and menus for, and when do you use them? This course answers all these questions and more. Take a hands-on tour of your camera's features, learning technical terms, photographic concepts and shooting techniques as you go. Bring your digital camera and attachments to class.

Wednesdays (4X) April 9 to April 30
6:30 - 8:30 pm. Tom Hardy
\$65.00 SLE13-14 (SHC)

STAR GAZING - An Introduction to Astronomy

Have you ever wondered what's up in the sky? Satisfy your curiosity with this short course. Topics will include: learning constellations, observations of planets, stars, auroa and space exploration. You will also be able to use a telescope to get a glimpse into the universe.

Tuesdays (4X) March 4 to March 25
6:30 - 9:30 pm. Gerry Smerchanski
\$45.00 SLE5-14 (JT)



DC CIRCUIT BASICS

Want to do your own repairs on items such as electric bicycles, electric motor scooters, robot motor controllers or other motorized items? With this hands-on course, you will learn to measure voltage, current and resistance, to solder and make electrical connections and basic trouble shooting.

Thursdays (8X) February 20 to April 17
6:30 - 9:30 pm.

\$175.00 SLE3-14 (SHC)

Wednesdays (4X) March 5 to March 26
6:30 - 9:30 pm. **Bill Smart**
\$89.00 SLE13A-14 (SHC)

ELECTRICAL HOUSE WIRING

Learn the basics of electrical house wiring following the City of Winnipeg and Canadian Electrical Code rules and guidelines. This course is perfect for learning how to wire your rec room, garage, cabin, or routine house maintenance. Baseboard heating, sub panels, 3 way switches, aluminum wiring, knob and tube wiring are some of the topics covered. Basic electrical tools are provided to use, or bring your own.

Tuesdays (8X) April 8 to May 27
6:30 - 9:30 pm. **Gary Yakimoski**

\$175.00 SLE12-14 (SHC)
\$20 pd. to Instructor for materials

WELDING

Very useful, very practical and fun too! Learn basic welding and brazing. You will be introduced in a hands-on way to gas, arc, mig and tig techniques. Learn to make or repair tools, objet d'art and other nifty things.

Tuesdays (10X) April 8 to June 10
6:30 - 9:30 pm. **John Schmitt**

\$215.00 SLE11-14 (SHC)
\$75 pd. to Instructor for materials



SPRING INTERIOR DESIGN 101

Design and freshen your space for spring. This course, taught by an Interior Designer, will help you with ideas to revive your home with added colours, textures, etc.

Mondays (4X) March 3 to March 24
6:30 - 8:00 pm. **Kristin Dyregrov**
\$45.00 SLE4-14 (JT)

UPHOLSTERY 101

Renew that dining chair, lounge chair or window valance/headboard in this class. Students will need to bring the following items to class: photo of project, pad of paper, pen and your love of design and creativity. Material list provided.

Mondays (4X) April 7 to April 28
6:30 - 8:30 pm. **Dorothy Vannan**
\$49.00 SLE15A-14 (NM)



D.I.Y HOME CLEANING PRODUCTS

Stop spending hundreds of dollars a year on cleaning products. Learn to create effective, affordable and all-natural cleaning solutions from ingredients found in your own home. You will never go back to expensive store brands after seeing how great these homemade products work.

Mondays (2X) March 17 to March 24
6:30 - 8:30 pm. **Catherine Chatterley**
\$35.00 SLE7-14 (JT)

AT HOME SPA TREATMENTS

Pamper yourself with wonderful spa products created from items found in your own home. We will create a variety of effective body scrubs, facial masks and bath treatments which are easy to make, affordable and all natural.

Mondays (2X) May 5 to May 12
6:30 - 8:30 pm. **Catherine Chatterley**
\$35.00 SLE17-14 (JT)



BASIC MAKEUP TECHNIQUES

Come out for some pampering. Learn up-to-date makeup techniques from a certified makeup artist. Learn to match undertones, pick the right foundation, the correct application of foundation and concealers and much more. Bring your make-up.

Saturday March 22 SLE8-14 (SHC)
Saturday June 7 SLE20-14 (SHC)
10:00 am. - 2:00 pm.
\$25.00 **Angie Lindsay**

Going on Vacation?
Learn the basics of a language to make your trip more enjoyable!
See page 4 for Language classes.

THE WRITTEN WORD - An Introduction to Novel Writing

If your bucket list includes putting pen to paper, then this course is for you! We will take your idea and show you how to build a working outline, manage reasonable deadlines and start you on your way to completing your first novel. You will also get tips on protecting your work and getting published. Any genre of writing you would like to explore is welcome.

Thursdays (4X) March 6 to March 27
6:30 - 8:30 pm. **Suzanne Loubardias**
\$49.00 SLE6-14 (SHC)

CREATIVE WRITING

Do you enjoy writing? Try journal writing, poetry, fiction, and more. You will acquire the necessary skills "dynamic" for creative writing by exploring description, sensory detail and scene writing.

Mondays (5X) April 14 to May 12
6:30 - 8:30 pm. **Chris Rutkowski**
\$55.00 SLE14-14 (SHC)

HOW TO SELF-PUBLISH YOUR OWN BOOK

Learn about the major components of book publishing such as editing, illustration, design, printing, follow-up marketing, distribution and additional small but important details.

Tuesday May 13
7:00 - 9:30 pm. **Carol Szuminsky**
\$25.00 SLE18-14 (SHC)

DOES YOUR OFFICE OR COMPANY NEED TRAINING?

COMPUTERS
CPR
WEVAS
FOOD SAFE-CERTIFIED FOOD HANDLERS TRAINING

Call 204-832-9637 for more information!

BRING A FRIEND!
"Friends make each minute of a class more meaningful"

Call 204-832-9637 to register by phone

GARDEN DESIGN 101: Turn Your Backyard into an "URBAN OASIS"

A local landscaper and professional gardener will teach you to turn your yard into the wonderful outdoor garden you have been dreaming about.

Wednesdays (4X) April 16 to May 14
6:30 - 9:00 pm. Charlotte Tataryn
\$39.00

SLE15-14 (JT)

ATTRACTING BACKYARD BIRDS

Attract beautiful birds of all types to your garden. Learn which feeders are best, the special types of feed available and more. Enjoy this relaxing and increasingly popular hobby.

Monday June 2
7:00 - 9:00 pm. Sherry Versluis
\$25.00

SLE19-14 (JT)

MATURE DRIVER WORKSHOP

This free workshop presented by MPI is designed for experienced drivers 55 and older, who want to brush up on their skills and enhance their driving performance. Increase your confidence and driving ability, learn updated traffic laws and road safety rules, brush up on defensive driving techniques and learn how to compensate for changes in hearing, vision, flexibility and reaction time.

Thursday February 20

6:00 - 9:00 pm.

SLE2-14 (JT)

Thursday April 17

6:00 - 9:00 pm.

No Charge

SLE16-14 (JT)

ACCEPTING APPLICATIONS FOR THE FOLLOWING PROGRAMS FOR AUGUST/SEPTEMBER 2014

EDUCATIONAL ASSISTANT

- PART TIME SEPTEMBER 2014 - JUNE 2015

HEALTH CARE AIDE

- FULL TIME AUGUST 2014-JANUARY 2015
- PART TIME SEPTEMBER 2014 - JUNE 2015
- FULL TIME JANUARY 2015

HEALTH UNIT CLERK

- FULL TIME AUGUST - DECEMBER 2014
- PART TIME SEPTEMBER 2014 -JUNE 2015
- FULL TIME JANUARY 2015

VETERINARY OFFICE HOSPITAL ASSISTANT

- FULL TIME SEPTEMBER 2014- MAY 2015

CALL 204-832-9637
FOR MORE INFORMATION



SUPER-PUP LIFE SKILLS CLICKER TRAINING

Have a new puppy? Bring your puppy to learn basic training and socialization. Turn it into a Super Pup! Includes basic clicker training, collar/leash training, gentle leader, positive training methods, sit & stay commands. Learn solutions to common problems (chewing, separation anxiety, mouthing, house training issues, jumping up, barking, etc.). Normal canine development, puppies and children, and puppy nutrition included.

Tuesdays (6x) April 1 to May 6

7:30 - 8:30 pm. Karen Fisk

\$95.00 SLE10-14 (HVCC)

\$10 pd. to Instructor for materials

SUPER-DOG OBEDIENCE - Clicker Training

Positive clicker training methods commands such as, sit/stay, down/stay and come. Designed for dogs over 9 months of age.

Tuesdays (8X) April 1 to May 20

6:00 - 7:00 pm. Karen Fisk

\$115.00 SLE9-14 (HVCC)

\$10 pd. to Instructor for materials

PLEASE NOTE: Dogs must have their second series of vaccinations (DA2PP + Bordatella). Proof of vaccinations is required and must be brought to class. Bring a collar, leash, treats and a supply of baggies. If you have a known aggressive dog/reactive, please contact the instructor prior to registration so we may tailor your needs.



Karen Fisk-RAHT, CCT

Karen is a Registered Animal Health Technologist who graduated from RRC in 1996. She has been working in clinic and as a teacher for the past 16 years. In 2000, she began working with dogs and behaviour modification techniques. In addition to teaching the dog obedience and life skills courses, she also teaches the Veterinary Hospital Office Assistant Program.

BUSINESS

INTRODUCTION TO BLOGGING

Are you new to the social media world? If so, discover how to set up your own free website using blogging sites. This class will show you the websites that are out there and how to utilize them to view/track statistics for your website and how to drive traffic to your site. Great for small business owners or emerging bloggers.

Wednesday February 12

Thursday April 10

6:30 - 9:30 pm. Selene Paul

\$65.00

SBU1-14 (JT)

SBU8-14 (JT)

RESUMES THAT WORK

Get on the right track for your job search! The first step is to write an effective resume that will open doors. Draft a more interesting and functional resume. All ages welcome!

Tuesdays (2X) February 18 to February 25

6:30 - 8:30 pm. SBU3-14 (JT)

Wednesdays (2X) April 9 to April 16

6:30 - 8:30 pm. SBU10-14 (JT)

\$45.00 Melissa Flanigan

SMART SELLING SKILLS

Maximize your ROI by learning techniques to successfully sell your products or ideas. Topics will include: how to find out what your customer is really looking for and how to close the sale to attract new customers and maintain your present customer base.

Wednesdays (3X) April 9 to April 23

6:30 - 9:30 pm. Diane Chomichuk

\$55.00

SBU9-14 (SHC)

DISCOVERING AND RESEARCHING YOUR TARGET MARKET

Market research is radar for your business decisions. Learn how to use market research to assist you in setting objectives, tactics and strategies for protecting and growing your business.

Wednesdays (3X) March 5 to March 19

6:30 - 9:30 pm. Diane Chomichuk

\$55.00

SBU4-14 (SHC)

FUNDAMENTALS OF BUSINESS ACCOUNTING

This course is designed for a quick overview of basic accounting concepts, terminology and procedures. Understand debits, credits and practice how to record journals, ledgers and create simple financial statements.

Thursdays (5X) April 10 to May 8

6:30 - 9:30 pm. Suzanne Loubardias

\$95.00

SBU6-14 (SHC)

SMALL BUSINESS START-UP AND DEVELOPMENT

If you're thinking about starting your own business, this course will teach you the steps from start-up to development. Topics include: legal structures of business, licenses and name registration, market research, business plan development, financing, sales, customer service, taxation (GST/PST, income taxes), basic financial reports, insurance, contracts, projecting revenue, risk management, marketing and promotion (including Internet presence).

Thursdays (4X) March 6 to March 27
6:00 - 9:30 pm. SBU5-14 (SHC)
Wednesdays (4X) May 7 to May 28
6:00 - 9:30 pm. SBU12-14 (SHC)
\$169.00 Selene Paul

"Selene Paul was well prepared for the class and was very resourceful. There was an excellent variety of information. There was enough time to go over the information without feeling rushed and time to ask questions."

-Katy

PERSONAL FINANCE

CREATING YOUR RETIREMENT PAYCHEQUE

Do you know how much money you need to retire comfortably and remain comfortably retired. Topics include changes to CPP, Pension Income Splitting, TFSA or RRSP- which is better? Attend to create the cash flow needed for a worry free retirement.

Tuesday February 18
7:00 - 8:15 pm. Paul Fust/Andrew McGrath
No Charge SBU2-14 (SHC)

WILLS & ESTATE PLANNING

Learn how to prevent the family sanctuary from becoming the family battleground. You will gain information on the tax planned will, different types of power of attorney, the use of trusts, executors and their roles, beneficiary designations and registered vs. non-registered assets.

Wednesday March 19 SBU7-14 (SHC)
Wednesday June 4 SBU14-14 (SHC)
7:00 - 8:15 pm. Paul Fust/Andrew McGrath
No Charge

TOP 12 FINANCIAL PLANNING TIPS

Come out and get information on the top 12 tips on financial planning. You will learn everything from mortgages to taxes, to retirement planning and wills and estates.

Wednesday April 9 SBU11-14(SHC)
Wednesday May 7 SBU13-14 (SHC)
7:00 - 8:15 pm. Paul Fust/Andrew McGrath
No Charge

COMPUTERS

HAVE FUN WITH YOUR iPad/iPhone

Acquire more functionality from your high tech devices without hassles. This is the place to start. Learn the basics, get all your questions answered and enjoy your iPad/iPhone. Please bring your iPad and iPhones to class.

Thursdays (3X) February 13 to February 27
6:30 - 8:30 pm. Jim Goldrup
\$65.00 SCO2-14 (SHC)



GETTING TO KNOW IPHOTO

Discover this popular Apple software. The course will cover the many features such as categorizing and combining images into custom collections using iPhotos geotagging and face detection, how to build customized slideshows and create calendars, books and greeting cards. Pre-requisite: knowledge of Mac computers.

Thursdays (3X) February 27 to March 13
6:30 - 8:30 pm. Howie Morrow
\$59.00 SCO5-14 (SHC)

COMPUTER BASICS

Computer skills for the absolute beginner! Learn about the Windows Operating System, word processing, file management, Internet and e-mail.

Wednesdays (6X) February 19 to March 26
6:30 - 9:30 pm. SCO1-14 (SHC)
Thursdays (6X) April 10 to May 15
6:30 - 9:30 pm. SCO10-14 (SHC)
\$129.00 Catherine Parnetta-Olsen
\$20 pd. to Instructor for materials

COMPUTER BASICS, The Next Step

Enhance your basic computer knowledge and build upon the topics covered in Computers Basics class. Students will have the opportunity to practice skills in a lab setting. You will learn more about Windows, word processing, email and the Internet.

Wednesdays (4X) April 16 to May 7
6:30 - 9:30 pm. SCO4-14 (SHC)
\$75.00 Catherine Parnetta-Olsen
\$20 pd. to Instructor for materials

Catherine has extensive experience delivering high quality computer software training. Catherine consults for small and medium size businesses and organizations to improve productivity by optimizing the way they use existing software.

SHOP 'TIL YOU DROP ON-LINE

On-line shopping has grown in popularity over the years, mainly because people find it convenient and easy to bargain shop from the comfort of their home or office. Learn to safely shop on-line.

Tuesday March 11 SCO4A-14 (SHC)
6:30 - 9:30 pm. Catherine Parnetta-Olsen
\$39.00

INTRODUCTION TO WEB DESIGN

Learn how to build a fully functional website or blog. In the first part of the course, you will be introduced to the basics of CSS and HTML using Dreamweaver. In the second part of the course you will learn how to use WordPress, a Content Management System (CMS), to set up and maintain your website or blog. An additional fee will be required for the name registration and hosting of your website.

Mondays (10X) February 24 to May 12
6:30 - 9:00 pm. Julian Screawn
\$185.00 SCO3-14 (JT)

INTRODUCTION TO LINKEDIN

Discover how you can increase your professional network with this simple, easy to use social media application. You will learn the steps to sign in to the site and how to effectively utilize its functions.

Saturday March 1 SCO6-14 (JT)
Saturday May 3 SCO11-14 (JT)
9:30 am. - 1:30 pm.
\$49.00 Susan Reid

GET CONNECTED TO SOCIAL MEDIA

Facebook, Twitter, YouTube, Skype - are all of these social media programs causing your brain to hurt? Would you like to know which is right for you? Then this course is for you. You will be looking at each of these programs, setting up your account and getting started on the road to social networking.

Mondays (3X) March 10 to March 24
6:30 - 8:30 pm. Jim Goldrup
\$65.00 SCO8-14 (SHC)

BRING A FRIEND!
"Friends are built-in coaches and cheerleaders."



MS OFFICE 2010 - INTRODUCTION

Learn introductory hands-on skills in Word, Excel and Power Point. Word skills include tools, tables, tabs and mail merge. Excel skills include tips for entering data, formulas, functions and charts. Power Point skills include creating presentations with pictures and animation.

Tuesdays (8X) March 4 to April 29

6:30 - 9:30 pm. Shannon Wentz

\$189.00 SCO07-14 (SHC)

\$35 pd. to Instructor for manual

MS EXCEL 2010 - INTRODUCTION

This long-time instructor knows Excel inside and out! Learn this popular spreadsheet program on a Saturday. Includes formulas, formatting, printing and charting. Shortcuts provided.

Saturday March 22 SCO09-14 (JT)

9:30 am. - 3:30 pm.

\$89.00 Ann McAulay

\$10 pd. to Instructor for manual

MS EXCEL 2010 - INTERMEDIATE

Excel with Excel! Learn chart formatting, absolute referencing, "if" statements, sheet references and 3-D referencing and formulas. Prerequisite: Intro. To Excel

Saturday May 10

9:30 am. - 3:30 pm. SCO14-14 (JT)

\$89.00 Ann McAulay

\$10 pd. to Instructor for manual

INTRODUCTION TO THE MAC

Familiarize yourself with components and jargon. You will be introduced to the operating system and learn to work in this user-friendly environment. Students will be taught to double-click, make a new folder, cut, and copy/paste, customize the computer and much more!

Tuesdays (3X) May 6 to May 20

6:30 - 8:30 pm. Jim Goldrup

\$60.00 SCO12-14 (SHC)



KEYBOARDING MADE EASY

Learn to type and master the computer keyboard. Develop efficient, accelerated keyboarding, letter writing skills, formatting, saving and editing documents.

Wednesdays (4X) May 7 to May 28

6:30 - 8:30 pm. Marny Bennett

\$89.00 SCO13-14 (JT)



www.sjsd.net

St. James-Assiniboia School Division

Continuing Education

Open House

Day: Thursday, March 20, 2014
Time: 6:30-8:00 pm.
Location: John Taylor Collegiate
470 Hamilton Ave.
2nd Floor East Entrance (by parking lot)

PROGRAMS

Educational Assistant
Health Care Aide
Health Unit Clerk
Veterinary Hospital Office Assistant

Please RSVP to:

Wanda Taylor, Assistant Director

e-mail: wtaylor@sjsd.net

Phone: 204-832-9637

Fax: 204-888-0945

MARK YOUR CALENDARS!

CAREER & EMPLOYMENT

MEDICAL TERMINOLOGY

This intensive course teaches the basic elements of medical terminology, diagnostic tests, abbreviations and some pharmacology related to body functions, structures and health care systems. Body systems and human anatomy will be reviewed. Textbooks provided. 60 Hours
Wednesdays (15X) February 19 to June 11
6:00- 10:00 pm. SCA4-14 (JT)
\$390.00 Wendy Meisters

CANADIAN RED CROSS LEVEL C CPR

On a Saturday, you can learn the skills to save a life. This course includes adult, child and infant CPR and choking maneuvers, recognizing the signs and symptoms of a heart attack and stroke, and how to reduce the chances of developing cardiovascular disease. Learn to use an AED (Automated External Defibrillator). CPR manual and certificate will be provided.

Saturday March 15 SCA8-14 (SHC)
Saturday April 26 SCA10-14 (SHC)
8:30 am. - 4:30 pm.
\$79.00 Gord Hanna

BRING A FRIEND!

“Friends won’t let you give up on your dreams”

FOOD SAFE - CERTIFIED FOOD HANDLERS TRAINING

Do you want to work in the food service industry? The City of Winnipeg Food Handlers Certificate is required for employees handling food who have contact with the public. Food Safe is able to accommodate special needs for English as an Additional Language, literacy, hearing and visual challenges.

Saturday February 22 SCA5-14 (SHC)
Saturday March 22 SCA9-14 (SHC)
Saturday April 26 SCA11-14 (SHC)
Saturday June 7 SCA12-14 (SHC)
9:00 am. - 4:30 pm.
\$120.00 Lesley Andrews
\$15 (optional) pd. to Instructor for manual

WEVAS - WORK EFFECTIVELY WITH VIOLENT and AGGRESSIVE STUDENTS

Do you work with people who may become anxious, agitated, aggressive or even violent? WEVAS is a program designed to help develop and improve communication skills used to enable these people to return to their optimal state.
Mondays (2X) February 24 and March 3
SCA6-14 (SHC)
Wednesdays (2X) May 7 and May 14
6:00 - 10:00 pm. SCA13-14 (SHC)
\$129.00 Barry Wolfe

HEALTH CARE AIDE

Students are trained to become health care workers. Graduates work with hospital patients, personal care home residents, or home care clients to meet their physical, emotional, and social needs. Course includes growth and development, gerontology, activities of daily living, care of the chronically ill, communications, medical terminology, anatomy and physiology. There are some Saturday and evening requirements. There are two 120-hour practicums. 620 Hours
\$2945.00

Full Time Program

August 25, 2014 to January 9, 2015
Monday to Friday 9:00 - 3:00 pm.

Part Time Program

September 3, 2014 to June, 2015
Monday & Wednesday's 6:00 - 9:30 pm.
Saturday's 9:00 am. - 4:00 pm.

HEALTH UNIT CLERK

Students are trained in the health care delivery system. Course includes maintaining patients and unit records, medical terminology, processing physician orders, diagnostic and laboratory orders, managing unit supplies, CPR, Non-Violent Crisis Intervention and MS Office 2010. There are some Saturday and evening requirements. 160-hour practicum
484 Hours
\$3145.00

Full Time Program

August 18, 2014 to December 23, 2014
Monday to Friday 9:00 am. - 1:30 pm.

Part Time Program

September 4, 2014 to June 8, 2015
Tuesdays & Thursdays 6:00 - 9:30 pm.
Selected Saturdays 9:00am-4:00pm

EDUCATIONAL ASSISTANT

Students are trained to work with children who have special needs or behavioural challenges at all grade levels. Course includes the role of the Educational Assistants in schools, special needs and behaviour theory, instructional techniques, observation and record keeping, Standard First Aid, Non-Violent Crisis Intervention and MS Office. There will be two 50-hour practicums, held Monday-Friday during school hours. Selected evenings and Saturday classes are scheduled.

September 4, 2014 to June 6, 2015
Tuesday & Thursdays 6:00 - 9:30 pm.
Saturdays 9:00 am. - 2:00 pm.
\$3195.00

VETERINARY HOSPITAL OFFICE ASSISTANT

This program provides you with the skills you need to work with small or large animals in the veterinary industry. There is a 110-hour practicum. 730 Hours

Full Time Program

September 22, 2014 to May 29, 2015
Monday to Friday 1:30 - 5:30 pm.
\$6995.00

CERTIFICATE PROGRAM APPLICATION PROCESS

Please provide the following documentation:

- Grade 12 transcript or equivalent
- Current certificates for any related course
- Language Proficiency Level, if English is not your first language
- Current immunizations (if required)
- Criminal Record and Adult/Child Abuse Registry checks (if required)

A \$200 administration fee (non-refundable) is required at time of registration.

Those applying for student loans or EI grants must provide complete documentation as soon as possible.

Criminal Record Check - The cost is \$33. Please go to Winnipeg Police at 151 Princess or Police Community Service Centres.

Child Abuse and Adult Abuse Registry Check - The cost is \$15 each. Child Abuse Records Office at 102 - 114 Garry St.

Immunizations and Letter from your Doctor/Chiropractor. The cost is approximately \$150. Please see your personal health care professional.

For more information, please contact:

Wanda Taylor, Assistant Director
(204)832-9637 (Work)
(204)888-0945 (Fax)
coned@sjsd.net

TAXICAB DRIVER TRAINING

ENGLISH ASSESSMENT TESTING

Every Tuesday. Begins 8:00 am. sharp. John Taylor Collegiate
470 Hamilton Avenue, Winnipeg, MB R2Y 0H4
\$15. Call 204-832-9637 for an appointment.



TAXICAB DRIVER TRAINING - EVENING COURSE (12 Evenings)

Monday to Friday February 5 to February 21
6:00 - 9:30 pm. Exam: February 25
\$300.00 STAX1-14 (JT)

Monday to Friday February 26 to March 13
6:00 - 9:30 pm. Exam: March 18
\$300.00 STAX2-14 (JT)

Monday to Friday April 9 to April 25
6:00 - 9:30 pm. Exam: April 29
\$300.00 STAX4-14 (JT)

Monday to Friday May 7 to May 23
6:00 - 9:30 pm. Exam: May 27
\$300.00 STAX5-14 (JT)

Monday to Friday June 4 to June 19
6:00 - 9:30 pm. Exam: June 24
\$300.00 STAX7-14 (JT)

TAXICAB DRIVER TRAINING

Offered in conjunction with the Manitoba Taxicab Board. Mandatory before obtaining a Taxicab Driver's License. Includes Taxicab Act, taxicab as a business, geography and route planning and quality customer service. Information on personal safety, defensive driving and transporting the disabled is included. Driving a taxi provides employment opportunities with flexible hours. Must attend all classes, in full, prior to writing exam.

See www.gov.mb.ca/ia/taxicab/driver.html

TAXICAB DRIVER TRAINING - DAYTIME COURSE (10 Days)

Monday to Friday April 7 to April 21
9:00 - 1:30 pm. Exam: April 29
\$300.00 STAX3-14 (JT)

Monday to Friday May 20 to June 2
9:00 - 1:30 pm. Exam: June 3
\$300.00 STAX6-14 (JT)

Monday to Friday June 9 to June 20
9:00 - 1:30 pm. Exam: June 24
\$300.00 STAX8-14 (JT)

****Note:** Your attendance is Important! You are expected to attend ALL classes. This is a requirement of the Taxicab Board. If you miss any classes, you will not be permitted to write the final exam until you have made up that time.

GETTING HERE IS EASY!

St. James-Assiniboia
Continuing Education
470 Hamilton Avenue,
Winnipeg, MB R2Y 0H4
Phone: 204-832-9637

OFFICE HOURS
Monday to Thursday
8:00 am. - 6:30 pm.
Friday
8:00 am. - 4:30 pm.

REGISTER EARLY!

Courses may fill up
quickly or be cancelled
due to low enrollment.

ON-LINE

Our brochure is
available online with
secure registration and
confirm capabilities.
www.localcourses.com/sjsd

CANCELLATION POLICY

Full refunds will be issued if a cancellation is provided, in writing, **five** working days before the beginning of a course. Refunds will not be granted for cancellations received after this time. A full refund will be provided for courses cancelled by the Continuing Education Program. Application fees are non-refundable.

PARENTING TODAY SPRING 2014

Workshops will be held from 6:00 - 8:30 pm. at Educational Support Services - Jameswood School, 1 Braintree Crescent (off Olive and Ness). Free pizza supper will be offered from 6:00 - 6:30 pm. and session will take place from 6:30 - 8:30 pm. To register please call 204-885-9555 or email: ptregistrations@sjsd.net

Thursday, January 30, 2014

Internet Safety. Presented by Graham Milliken, Kids in the Know Coordinator, Canadian Centre for Child Protection.

Tuesday, February 18, 2014

Teens, is a mood or a mood disorder? Presented by Tina Holland, Director of Education, Mood Disorders of Manitoba.

Tuesday, March 4, 2014

Gangs. Presented by School Education Officer, Constable Andrea Cain.

Tuesday, April 9, 2014

Autism. Presented by Brent Epp, Manitoba Education Consultant.

Tuesday, April 15, 2014

Autism-The Effects of Intensive Behavioral Intervention on Brain Plasticity in Children with Autism. Presented by Dr. Javier Virues Ortega, Assistant Professor, University of Manitoba.

Tuesday, May 6, 2014

Coaching for Confidence. Presented by Dr. Maria Phelps, Educational Support Services, St. James-Assiniboia School Division.

Tuesday, May 27, 2014

Speech and Language Pathologists. Presented by Speech and Language Pathologists, Educational Support Services, St. James-Assiniboia School Division.

FREE CHILDCARE IS PROVIDED FOR SESSIONS. When registering, please indicate for how many children and their ages. Once registered, if you cannot attend, please to call 204-885-9555 or email ptregistrations@sjsd.net

FREE ADULT HIGH SCHOOL UPGRADING AND LITERACY COURSES

Upgrade your English, Math or other high school courses to obtain your high school diploma. Day or evening classes are held at Stevenson-Britannia Adult Learning Centre, located at Jameswood School, 1 Braintree Crescent. For more information, please call 204-837-3521.

SITE CODES AND LOCATIONS

Code	School	Location
(BA)	Bannatyne School	363 Thompson Dr.
(BU)	Buchanan School	815 Buchanan Blvd.
(JT)	John Taylor Collegiate	470 Hamilton Ave.
(NM)	Ness Middle School	3300 Ness Ave.
(SM)	Strathmillan School	339 Strathmillan Rd.
(SHC)	Sturgeon Heights	2665 Ness Ave.
(WS)	Westwood Collegiate	360 Rouge Rd.
(HCC)	Heritage Community Centre	950 Sturgeon Rd.

Five Easy Ways to Register



1. **Register On-line** Enroll instantly at www.localcourses.com/sjsd with a Mastercard or Visa. Your credit card security is guaranteed. Registration will be confirmed and the credit card details will be removed.
2. **Phone-in 204-832-9637.** Payment by credit card. Have your credit card and expiration date ready.
3. **Fax** your registration 204-888-0945. Fax the registration form with your credit card information. If registering by fax, please call to confirm it was received by calling 204-832-9637.
4. **Mail** the registration form provided in this brochure with your cheque (make payable to St. James-Assiniboia Continuing Education), money order, or credit card payment to 470 Hamilton Avenue, Wpg, MB R2Y 0H4. If registering by mail, please call to confirm it was received.
5. **Walk-in.** John Taylor Collegiate, 470 Hamilton Ave. (Side Entrance - 2nd Floor) during office hours.



Does your office or company need training?

Computers
CPR
WEVAS
Food Safe-Certified Food
Handlers Training

Call 204-832-9637 for more
information!

BRING A FRIEND!
"Taking a Friend to Class is
More Fun!"

ACCEPTING APPLICATIONS FOR THE
FOLLOWING PROGRAMS FOR AUGUST/
SEPTEMBER 2014

EDUCATIONAL ASSISTANT

- PART TIME SEPTEMBER 2014 - JUNE
2015

HEALTH CARE AIDE

- FULL TIME AUGUST 2014-JANUARY
2015
- PART TIME SEPTEMBER 2014 - JUNE
2015
- FULL TIME JANUARY 2015

HEALTH UNIT CLERK

- FULL TIME AUGUST - DECEMBER 2014
- PART TIME SEPTEMBER 2014 -JUNE
2015
- FULL TIME JANUARY 2015

VETERINARY OFFICE HOSPITAL ASSISTANT

- FULL TIME SEPTEMBER 2014- MAY
2015

FOR MORE INFORMATION
CALL 204-832-9637

CANCELLATION POLICY

Full refunds will be issued if a cancellation is provided, in writing, **five** working days before the beginning of a course. Refunds will not be granted for cancellations received after this time. A full refund will be provided for courses cancelled by the Continuing Education Program. Application fees are non-refundable.

ON-LINE

Our brochure is available on-line with secure registration and confirm capabilities.
www.localcourses.com/sjcd

REGISTER ON-LINE!





MAIL REGISTRATION FORM TO :

St. James-Assiniboia
Continuing Education
470 Hamilton Avenue
Winnipeg, MB R2Y 0H4

REGISTER EARLY!

Courses may fill up quickly or be cancelled due to low enrollment.

PLEASE PRINT	REGISTRATION FORM ST. JAMES-ASSINIBOIA CONTINUING EDUCATION		ONE FORM per COURSE	<u>Office Use Only</u>		
				CASH REC# _____		
COURSE: _____		COURSE ID#: _____	MANUAL REC # _____		REGISTRATION INFO	
LAST NAME: _____		FIRST NAME: _____	RegDate: _____		Time: _____	
ADDRESS: _____		CITY: _____	Phone: _____		Fax: _____	
P/CODE: _____		PHONE(H) _____	(W): _____		Walk In: _____	
FEE \$ _____		MANUAL/MATERIAL FEE (if necessary) _____		Mail: _____		
Payment: (Please Circle One) CASH or DEBIT CHEQUE CREDIT CARD				CREDIT CARD APPROVAL # _____		
						
CREDIT CARD# _____		EXPIRY DATE _____				
Signature _____		E-mail _____				

PLEASE PRINT	REGISTRATION FORM ST. JAMES-ASSINIBOIA CONTINUING EDUCATION		ONE FORM per COURSE	<u>Office Use Only</u>		
				CASH REC# _____		
COURSE: _____		COURSE ID#: _____	MANUAL REC # _____		REGISTRATION INFO	
LAST NAME: _____		FIRST NAME: _____	RegDate: _____		Time: _____	
ADDRESS: _____		CITY: _____	Phone: _____		Fax: _____	
P/CODE: _____		PHONE(H) _____	(W): _____		Walk In: _____	
FEE \$ _____		MANUAL/MATERIAL FEE (if necessary) _____		Mail: _____		
Payment: (Please Circle One) CASH or DEBIT CHEQUE CREDIT CARD				CREDIT CARD APPROVAL # _____		
						
CREDIT CARD# _____		EXPIRY DATE _____				
Signature _____		E-mail _____				

Call 204-832-9637 to register by phone



**STUDENTS FROM HEALTH CARE AID PROGRAM, FALL 2013
ST. JAMES ASSINIBOIA CONTINUING EDUCATION**

HEALTH CARE AIDE CERTIFICATE PROGRAM

"I enjoyed my time very much in the program and in my practicum. I gained very good skills that allow me to give the absolute best care I can give to a patient. The program was an excellent stepping stone for me, because it showed me that with my skills I can further my career and take nursing."

- Rachel

VETERINARY HOSPITAL OFFICE ASSISTANT CERTIFICATE PROGRAM

"The Vet Assistant program at John Taylor Collegiate was very informative and thorough. The program gives its students an in-depth view of what it is like to work in a veterinary clinic as well as the tools to do so. The instructor has a vast amount of technical and hands-on experience that she shares with her students, as well as tips and techniques on how to perform well on the job. She...is very dedicated to giving them the best experience possible. I found this program very interesting and well worth my time and investment."

- Jackie



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Great Schools for Growing and Learning
Call 204-832-9637

EDUCATIONAL ASSISTANT CERTIFICATE PROGRAM

"The course gave me valuable insight and strategies for me to successfully help students with all exceptionalities. The practicum experience that I received gave me the confidence I needed to pursue my career as an Educational Assistant. I learned that our school systems encounter many different types of exceptionalities, this course taught us what these exceptionalities were and how best to help the students.."

- Michelle



HEALTH UNIT CLERK CERTIFICATE PROGRAM

"I gained valuable knowledge and skills during my Health Unit Clerk program at St. James Assiniboia Continuing Education. Our instructor was really helpful throughout the program and guided us every step of the way. Being a new immigrant to Canada, it was my first educational experience and now I feel fully prepared to enter into the Health Care occupation."

- Gyatri

