

Patriot Recreation Education Program

Spring & Summer 2012

www.d125.org/prep

Stevenson High School District 125

Spotlight on Stevenson

Performing Arts Series



For tickets, call 847-415-4121

www.d125.org/foundation

Under the Streetlamp

Saturday, January 21, 7:30 p.m.

Performing Arts Center • All seats \$40

The four original Chicago cast members of Jersey Boys (the story of Frankie Valli and the Four Seasons) return to deliver the sounds of the sixties in an electrifying evening of unforgettable hits. You will hear some-of-that-rock-and-roll-music, as well as doo-wop ditties, Motown melodies, and cool Rat Pack favorites. Complete with an orchestra comprised of world-class jazz musicians, Under the Streetlamp is clean out of sight! **For this special show, we also will be offering very limited tickets to a post-concert VIP reception with the cast at an off-campus venue. (Information will be provided with concert ticket purchase.)**



Children's Plays in the Little Theater

Jungle Book

Sunday, March 18
11 a.m., 1 p.m. and 3 p.m.
All tickets \$5

Mowgli, a young boy raised by wolves, learns the ways of the jungle, with the help of his friends, Baloo, Bagheera and Kaa. But Shere Khan, the man-eating tiger, and his fawning jackal follower plot to take control of the jungle. Mowgli must use all his strength and courage to stop Shere Khan before it is too late.

Ralph's World

Sunday, February 19, 2 p.m.
Performing Arts Center
Tickets: Adults \$15, Kids \$10

These days there may be lots of rockers making kid-friendly records, but there's only one Ralph Covert, an irrepressibly enthusiastic performer who rocks just as hard for kids as he does for grown-ups. Perma-grin on his face, lime-green Chuck Taylors on his feet, his traveling circus of catchiness known as Ralph's World is equally loved by cool-seeking parents as it is by children, fortunate to be living in an era where their music both rocks and respects their intelligence and curiosity. Covert is the ringmaster of a packed tent of creativity, even beyond Ralph's World. He's an award-winning playwright, has written books (including the circus-themed *Sawdust and Spangles*), and music for adult theatrical dramas and children's musicals. He also still plays gigs with his grown-up rock outfit, The Bad Examples — to say nothing of the Ralph's World videos that put his winning personality into family rooms worldwide.



Dear Community Member:

We are pleased to welcome you to Stevenson High School's Patriot Recreation Education Program (PREP) Spring/Summer 2012 season! PREP is all about lifelong community learning, so we invite you to "grow" with us this spring and summer through our affordable, high-quality programs. PREP is here to help you and your family reach your personal, professional, and recreational goals. From one-time workshops and ongoing classes for adults, to summer sports and arts camps for youth through high school, there's something for everyone!

PREP also offers the popular *SwimAmerica* swim lesson program and the Patriot Aquatic Club, one of the premier swim teams in Illinois. Hosted at the SHS natatorium, one of the finest in the state, these programs offer excellent facilities and an outstanding coaching staff. Our partnership with Community High School District 128 (Vernon Hills and Libertyville High Schools) continues to be a success, enabling us to offer community members a multitude of additional class options.

The goal of the District 125 Patriot Recreation Education Program is to enhance community access to Stevenson High School facilities and provide opportunities for community education for all ages. We strive for the highest quality instructors and programs. If you or someone you know has an idea for a class or is interested in teaching, we'd love to hear from you!

Visit our website at: www.d125.org/prep for new or updated classes. Register online or use the form found in the back of this brochure on page 58.

If you have any questions about our classes, please call 847/415-4145. Our office hours are Monday - Friday 7am - 4pm. (During the summer, we close Friday at 1pm.) I thank you for your continued support of our program.

Sincerely,

Greg Diethrich, Ph.D.

PREP Director
SHS Foundation Executive Director

Registration Now Open

Excellence is No Accident.

At Stevenson High School, we strive for excellence every day. And we don't do it alone. The support and commitment we receive from our community has been essential in helping SHS become one of the nation's best public high schools. At the heart of connecting our community and school is the Stevenson High School Foundation.

The Foundation supports Stevenson's mission of *Success for Every Student* by enhancing opportunities for SHS students and faculty. We also expand Stevenson's vital role in our community by building community partnerships and community engagement programs.

Your contribution to the Stevenson Foundation supports essential programs not funded by public revenues, including:

Kids in Need (KIN) Fund — Provides assistance for school-related expenses to SHS students in financial need. KIN also provides free breakfast to supplement the free/reduced lunch program. KIN currently is unable to meet its demand each year for funding.

Innovation Grants — Supports creative educational and co-curricular initiatives at SHS. Grants have been provided to many of our academic departments, plus school outreach programs, student charitable projects, World's Fair, Career Fair, and much more.

Student Scholarships — We fund and facilitate numerous student scholarship programs for outstanding achievements in leadership, public service, performing arts, and more.

Odyssey — We co-sponsor this biennial Fine Arts immersion festival featuring over 150 artists across all artistic disciplines. For many students, Odyssey is their most significant Fine Arts education experience.



Community Engagement — We extend the school's reach to the community through public programs such as the Spotlight Concert Series, Children's Theater, film screenings, distinguished speakers, and more.

Please support our students' education by making a donation at www.d125.org/foundation or by contacting Greg Diethrich at 847.415.4465 or gdiethrich@d125.org. Contact us about recognition opportunities for major gifts and planned gifts. The Stevenson Foundation is a 501(c)3 nonprofit organization and all donations are tax-deductible.

A gift to the Stevenson Foundation helps ensure success for every student by providing greater opportunities than tax dollars alone can deliver. You help our most important resource — our children — and help build a stronger community and a brighter future. Together we can climb higher!

Visit the Stevenson Foundation at www.d125.org/foundation

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Frequently Asked Questions

How do I register for classes?

You may register online at www.d125.org/prep, send registrations by mail, fax to 847-634-7286 (credit card only), or drop off your forms in the PREP office (room 3044).

For *SwimAmerica*, registration is done online at www.patriotswimamerica.org.

Will I receive confirmation of enrollment?

Confirmations will be sent within 7 business days of receipt of your registration.

Age & Eligibility

Participants must be the appropriate age on the first day of class. Adult classes are for participants 16 years or older unless otherwise specified.

Do I need insurance?

For insurance purposes, PREP programs and activities require a signed waiver. PREP is not responsible for supervision of children arriving on site prior to or remaining on site after the established program times.

Can I Make Up Classes Missed?

In order to preserve the safety of the participant-to-staff ratio and the quality of the classes, PREP does not provide for or allow make-up classes. However, there will be make-up classes for classes missed which are caused by PREP.

Does PREP Prorate?

No, PREP does not prorate for any of its camps, classes or programs.

Can I withdraw from a class or transfer to another?

Participants may request a refund in writing for programs at least one week prior to the class start date. Email your request to prep@d125.org. A \$10 administrative fee is deducted from all refunds.

When class size permits, participants may request a transfer from one program to another in writing, at least one week prior to the class start date.

For all *SwimAmerica* communications, please use patriotswimamerica@gmail.com.

Where are the class locations?

Stevenson High School, 1 Stevenson Drive, Lincolnshire, IL 60069

Vernon Hills High School, 145 N. Lakeview Parkway, Vernon Hills, IL 60061

Libertyville High School, 708 W. Park Avenue, Libertyville, IL 60048

Frequently Asked Questions

How do I get the Combo pricing?

The Combination Discount Pricing provides a 10% discount when you sign up for 2 or more qualifying PREP classes or camps at the same time. This applies to one person taking multiple classes or two (or more) different people in the same family taking one class each, as long as it is done during the same registration. *Retroactive adjustments are not made.* Certain classes, camps and leagues do not apply. The Combination Discount Pricing does not apply to D125 Senior Gold Card fees (see below for more information).

How do I get a D125 Gold Card?

Senior Gold Cards are available to residents who live in District 125 and are age 60 or older. District 125 senior citizens (60 or older) need to apply in person for a free GOLD CARD at the PREP office. Gold Card holders may register for *selected* PREP classes for 50% of the regular class fee, provided the minimum enrollment for the class is met. Textbook, food supply fees, etc. are additional. These classes are noted with a "D125 Gold Card fee" listed next to the regular class fee. (No other discounts apply.) Stop by the PREP office to present your photo ID or driver's license to verify your age and proof of residency. You will receive free admission to Stevenson home Athletic contests and Fine Arts Performances (excluding I.H.S.A. Tournaments and Stevenson Foundation Events). Please check the Stevenson High School web page, www.d125.org for information on these events.

What happens when a class is full?

When a class reaches its maximum enrollment a waiting list is established. If an opening occurs, or a new class is formed, you will be notified.

Who Provides Transportation?

Transportation for all courses is the responsibility of the participant or parent.

Can I smoke on campus?

The District 125 NON-SMOKING policy prohibits smoking on the Stevenson premises for students, faculty, and visitors.

Is PREP looking for instructors?

PREP is always looking for talented individuals to teach classes. Contact us at 847/415-4145!

Americans With Disabilities Act

PREP will not discriminate against eligible residents for participation on the basis of a disabling condition. We invite any community member with a special need to contact our staff upon registration so that a smooth inclusion may occur.

Arts & Crafts

Introduction to Digital Photography for the Creative Mind (Beg) Dianne Kittle

This course is for students who desire to master the art of photographic composition. We will begin by studying the visual elements/patterns professional photographers use to make successful images. Each week, students will study the history of photography in order to develop their visual skills. We will cover the technical aspects of photography and be given weekly shooting assignments in order to practice what has been taught. The lessons will include: visual elements, light (the times to shoot), artistic portraits of your family, understanding correct exposure, the abstract image-shadows, reflections, and shooting the unusual. Students will present images on the class blog, develop a portfolio with them and create a portfolio of printed images at the end of the course. Note: Please bring your digital camera to class. 6 Sessions. **Fee: \$90, D125 Gold Card Fee \$45**



Code ARS25 7:00-9:00pm Thu 2/2 - 3/22 (no class 2/16, 3/15) Room 2432, Lot B

Digital Photography for the Creative Mind (Intermediate) Dianne Kittle

This course is for students desiring to develop their style by doing a themed portfolio. Students will be given the opportunity to practice advanced techniques such as HDR, Infrared, Motion, and Flash photography. Critiques will be given each week with the goal of creating a portfolio for exhibition. Students will be taught how to use Smug Mug and Blurb websites to create photo books and simple websites. Weekly photography assignments and internet research topics will be given. 6 Sessions. **Fee: \$90, D125 Gold Card Fee \$45**

Code ARS32 7:00-9:00pm Thu 4/5 - 5/10 Room 2432, Lot B

NEW

Chicago Winter Wonderland Workshop (all levels) Dianne Kittle

Embrace the winter and travel to Lincoln Park Zoo, Millenium Park and the Chicago River to photograph the highlights of this season. Students will capture images while doing a photo tour of Chicago. The emphasis will be on creativity and inspiration. Images captured each week will be shared on the class blog. Note: Students must be 18 yrs or older. Students will meet at a specific location each week and be given the opportunity to share transportation. 3 Sessions. **Fee: \$90**

Code ARS28 10:00am-2:00pm Fri 2/17 - 3/2

Please visit the instructor's website: www.diannekittlephotography.com

Arts & Crafts

NEW

Art Sampler Workshop Series Gail Green

Gail Green is a seasoned professional in the craft/hobby industry. She has developed and taught workshops and classes, and demonstrated various crafts and art materials at trade and consumer shows, and in retail stores. **Fee: \$21 per session**

Explore Hand Coloring Black & White Photos

Learn how to hand-color black & white photos in this hands-on workshop. You will use some of the same materials and learn techniques master artists have been using for decades. All materials provided. 1 Session.

Code ARS23 7:00-9:00pm Tue 1/24 Room 1426, Lot B

Explore Faux Finishing in Miniature

If you love those wonderful faux finished effects you see on walls and upscale furniture, you will love this fun workshop! Try your hand at faux finishing techniques on a smaller scale. Create a spectacular faux marbled glass container and more. All materials provided. 1 Session.

Code ARS22 7:00-9:00pm Tue 2/14 Room 1426, Lot B

Explore Marker Blending Techniques

Learn how to blend colors and create special 3-D sand faux watercolor effects for your papercraft projects using Tombow markers. All materials provided to complete a minimum of 3 projects. 1 Session.

Code ARS24 7:00-9:00pm Tue 4/3 Room 1426, Lot B

NEW

Glassblowing - Paperweights Peter Patterson

This is a four-hour hands-on glassblowing class allowing each student to complete four glass paperweights, and leave with a much better appreciation for glassblowing. Each piece will be a different design using a different process. No experience necessary, but students must be 18 years of age or older. Please consult with your physician to make sure this course is appropriate for your health situation. Students should wear a long-sleeved cotton shirt, closed-toe shoes, and bring a pair of sunglasses. Students will need to return to pick up their paperweights a day or two after class to allow for cooling time. Class is held at Peter Patterson Glassworks, 888 Tower Road, #E, Mundelein. 1 Session. **Fee: \$100 (No discounts apply.)**

Code ARS47 6:00-10:00pm Tue 3/6 ***Patterson Glassworks***

Code ARP47 6:00-10:00pm Tue 4/24 ***Patterson Glassworks***

Arts & Crafts



Drawing Techniques That Work (Beginning) Gail Green

Would you like to improve your drawing skills but do not know where to begin?

Drawing is the foundation for most visual disciplines and one of the most important skills to master for exploring artistic expression. The instructor is a formally trained professional illustrator who will lead you through several exercises that help train your eye so you can improve your drawing skills. Each class includes personal instruction and customized drawing exercises and techniques to fit the individual skills within the group. This 6 week course includes understanding line, basic contour drawing and assorted sketching techniques, an introduction to perspective, shading and figure drawing, and more. All class materials provided by instructor. Sketchpad and drawing tools for after-class assignments will be optional.

6 Sessions. **Fee: \$105, D125 Gold Card Fee \$56.25**

Code ARS20	7:00-9:00pm	Wed 2/15 - 4/4 (no class 3/14, 3/28)	Room 1426, Lot B
Code ARP20	7:00-9:00pm	Tue 4/10 - 5/15	Room 1426, Lot B

NEW

Drawing Techniques That Work (Intermediate) Gail Green

For continuing students who have already completed Drawing Techniques That Work (Beginning), or students who are already familiar with contour drawing, 1-point perspective, beginning figure drawing, etc. We will continue to expand on principles including figure drawing, perspective, shading and sketching techniques, and begin to explore media and materials (color pencil, ink, marker, conte crayon, watercolor pencil, etc.). Note: Introductory use of supplies included in your fee. Additional media supplies of your choice mentioned above and the appropriate surfaces will be optional. 6 Sessions. **Fee: \$110, D125 Gold Card Fee \$60.50**

Code ARS21	7:00-9:00pm	Wed 4/18 - 5/30 (no class 5/23)	Room 1426, Lot B
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Check our Website at www.d125.org/prep for Updated or New Class Information



Like us on Facebook - Stevenson High School PREP

Business & Money Management

NEW

Leadership Learning Workshop Merv Roberts

Learn the theory and application of leadership concepts that have proven successful in business, government and nonprofit organizations of any size. The course is based on research in business and education, using leadership models, as well as practical tools and techniques. This course will be taught by Merv Roberts, a former faculty member at Harvard Business School. As a manager/executive at Ford, Baxter and Bell & Howell and a management consultant with Ernst & Young and Price Waterhouse Coopers, he developed and taught executive seminars. A long time board member and board president of Stevenson High School, Merv was also chairman of the Lincolnshire Planning Commission and has presented related topics at state and national conferences. 6 Sessions. **Fee: \$80, D125 Gold Card Fee \$40**

Code ABS30 7:30-9:00pm Wed 3/7 - 4/18 (no class 3/28) Room 2428, Lot B

Social Media Platforms for Business Casey Karl

Do you own a small business? Are you using Social Media (LinkedIn, Facebook, etc.) to reach your market? This course will show you how to create, use and maintain a social presence for your small business on the internet. We'll discuss all platforms as well as what to put on them (photo, video, testimonial) to maximize your small business' exposure and ability to be found in the Search Engines (Google, Yahoo, etc.) 6 Sessions. **Fee: \$45, D125 Gold Card Fee \$22.50**

Code ABS29 6:00-8:00pm Wed 1/25 - 2/29 ***Libertyville HS, Room 151***

NEW

Savvy Social Security Planning Ellen Weiss, ChFEBC

This class shines a light on the strategies available to maximize your Social Security benefits. The strategies we'll cover are not presented on the Social Security website, or across the counter at the Social Security claims office. Information presented in this class is especially valuable for married couples where one or the other has been a bigger earner over the years. Variables such as claiming order and timing of benefit claims can make an appreciable difference in the lifetime income of a spouse who worked in the home. Workers nearing retirement or those who have a decade of work in front of them will learn more about Social Security. 1 Session. **Fee: \$25, D125 Gold Card Fee \$12.50**

Code ABS31 7:00-8:30pm Tue 2/28 Room 2430, Lot B
Code ABP31 7:00-8:30pm Wed 3/14 Room 2430, Lot B

Computer Education

iPad Basics 101 Steve Diver

Don't know what to do with your new holiday gift? In this class, participants will learn about the functionality and many uses of the Apple iPad. The class will cover general use and maintenance, as well as discovering many of the applications available. Users will learn how to use the iPad default applications and download others, change system settings, and learn how to backup and restore. This class will cover the following applications and their functions: App Store, iTunes, Mail, Messages, Safari, iBooks, Calendar, Photos, Music, Video, Maps, Notes & Reminders, Settings and iCloud. Students should provide their own iPad. 1 Session. **Fee: \$25, Sen Cit Fee \$12.50**



Code CES28

7:00-8:30pm

Mon 2/13

Room 1414, Lot B



Facebook Complete Jerry Harrington

This hands-on course will meet in a computer lab and provides participants with the chance to dig deeper into using a Facebook account: information security, everything about pictures, what a parent should be watching, how businesses are using it, and more! This class is appropriate for a casual user of Facebook who has an account and some knowledge but wants to learn more. 1 Session. **Fee: \$29, Sen Cit Fee \$14.50**

Code CES29

6:00-9:00pm

Mon 4/16

Vernon Hills HS, Room 2404

Sign
up early...
Classes fill
fast!

Sign up for 2 or more qualifying PREP classes or camps at the same time and receive
a 10% discount!

(Does not apply to D125 Gold Card Discount)

Computer Education

PhotoShop CS5.1 - Introduction Gilbert Boucher II

This seminar will provide students with an introductory understanding of digital imaging using Adobe PhotoShop. Both PhotoShop CS5.1 and Photoshop Elements 6.0 will be taught in the class. Students must be familiar with Windows. Note: Software is not included in this class. 5 Sessions. **Fee: \$85, D125 Gold Card Fee \$42.50**

Code CES24 7:00-9:00pm Wed 1/25 - 2/29 (no class 2/15) ***Vernon Hills HS Room 2402***

Ps

PhotoShop CS5.1 - Intermediate Gilbert Boucher II

Have you taken a PhotoShop class and want to take your skills to the next level? This class will help you use PhotoShop CS5.1 to create artistic images out of ordinary pictures. Learn how to scrapbook your vacation or holiday photos without scissors. You will learn how to stretch your knowledge of PhotoShop so that you can create professional graphics and art projects. You will also explore creating dynamic type effects. Students must have knowledge of basic PhotoShop principles and be able to navigate Windows. 5 Sessions. **Fee: \$85, D125 Gold Card Fee \$42.50**

Code CES26 7:00-9:00pm Wed 3/14 - 4/18 (no class 3/28) ***Vernon Hills HS Room 2404***

Check our Website at www.d125.org/prep for Updated or New Class Information



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Cooking

Marsha Heuberger is a Kendall College Culinary School Graduate. She was the Adult Education and Recreational School Director for Kendall College and later the US Culinary Services Consultant for Academia Barilla. Marsha currently operates The Personal Cooking Coach - a personal trainer for in-home cooks. She enjoys teaching and will bring the right amount of experience and expertise to each class.

Basic Knife Skills Marsha Gibson-Heuberger

Chefs and serious cooks spend countless hours slicing, dicing, mincing and chopping. Learning to perform these tasks safely and efficiently is an essential part of cooking. This class will teach you the proper way to handle and use the most important piece of equipment in your kitchen—your knife. You will learn the basic cuts—including dice, julienne and mince—by practicing on fruits and vegetables. Then we'll cook up and eat the "fruits" of our labors. We will also discuss knife safety, care, honing, sharpening, and making a knife purchase. This class is for adults ages 18 and up only. Please bring a chef's knife, a paring knife and a vegetable peeler. (A limited number of each are available in class.) Please wear closed toe shoes. Food supply fee is included. 1 Session.



Fee: \$50, D125 Gold Card Fee \$31

Code ACS16	6:30-9:30pm*	Thu 2/2	Room 1406, Lot B
Code ACP16	6:30-9:30pm*	Tue 5/22	Room 1406, Lot B

NEW

Gone Fishin' Marsha Gibson-Heuberger

If you love to eat fish and seafood, but are a little unclear about the what and how, this delicious and informative class will walk you through the various cooking methods for fish and seafood. Lobster fritters, whole roasted fish, easy shrimp scampi are among the recipes for this class - Guaranteed to be a swimming good time! Food supply fee is included. Please note: We reserve the right to change or eliminate recipes due to class size and availability of products. 1 Session. **Fee: \$60, D125 Gold Card Fee \$41.50**

Code ACS01	6:30-9:30pm*	Tue 2/21	Room 1406, Lot B
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**Class will start on time-Please arrive 10 minutes before the class begins*

Cooking

NEW

Tapas Marsha Gibson-Heuberger

Discover the enjoyment of this style of dining from Spain. Multiple small plates will be prepared, such as Devils on Horseback, baked goat cheese in tomato sauce, tortilla espanol and stuffed pimento peppers. Enjoy the party atmosphere this food promotes just in time for warmer weather. Food supply fee is included. Please note: We reserve the right to change or eliminate recipes due to class size and availability of products. 1 Session. **Fee: \$60, D125 Gold Card Fee \$41.50**

Code ACS30

6:30-9:30pm*

Tue 4/10

Room 1406, Lot B

Sunday Brunch Marsha Gibson-Heuberger

A springtime brunch is a great way to welcome friends and family for a Sunday meal. This brunch menu can work for a special occasion or even a weeknight meal. You will learn how versatile the Frittatta can be, and enjoy some comfort food like Baked Blueberry French toast, and the easiest sticky buns you will ever make. Food supply fee is included. Please note: We reserve the right to change or eliminate recipes due to class size and availability of products. 1 Session. **Fee: \$60, D125 Gold Card Fee \$41.50**

Code ACS35

6:30-9:30pm*

Tue 4/24

Room 1406, Lot B

NEW

Potluck Food Marsha Gibson-Heuberger

When you're told to "bring something" to your office party, family function, or neighborhood bar-b-que - don't panic and volunteer to bring chips. This class will teach you several "go to" recipes for dishes you can "make and take" time and time again. People will start asking you to bring these dishes! Easy and inexpensive dishes like Asian Noodle Salad, Spinach Tortellini Salad, and the best baked beans you will ever taste. Food supply fee is included. Please note: We reserve the right to change or eliminate recipes due to class size and availability of products. 1 Session. **Fee: \$60, D125 Gold Card Fee \$41.50**

Code ACS92

6:30-9:30pm*

Tue 5/15

Room 1406, Lot B

**Class will start on time-Please arrive 10 minutes before the class begins*

Cooking

Gluten Free Baking - Sweet Debbie Dudeck

Yes, it is possible to bake gluten free once you learn about the many gluten free flours and ingredients. We will talk about different flour blends and how to adjust ingredients to improve the taste and texture of your baked goods. This class will focus on the sweet side of life, so included in the recipes will be Cut Out Cookies, Banana Bread, and Blueberry Sour Cream Cake. Please be prepared to sample and provide feedback. If there are any questions regarding the class or possible topics you would like to discuss, please feel free to email the District 128 Community Education office prior to the class at donna.levy@d128.org. A \$15 material fee will need to be paid to the instructor the night of class. 1 Session. **Fee: \$39, D125 Gold Card Fee \$19.50**

Code ACS58

6:30-9:30pm

Wed 4/4

Vernon Hills HS, Room 212

NEW

Gluten Free Baking - Savory Debbie Dudeck

Just like our sweet class, we will discuss different flours and ingredients. This class will focus on savory items, so we will make two different gluten free breads as well as pizza crust. Please be prepared to sample and provide feedback. If there are any questions regarding the class or possible topics you would like to discuss, please feel free to email the District 128 Community Education office prior to the class at donna.levy@d128.org. A \$15 material fee will need to be paid to the instructor the night of class. 1 Session. **Fee: \$39, D125 Gold Card Fee \$19.50**

Code ACS59

6:30-9:30pm

Wed 5/9

Vernon Hills HS, Room 212

Sign up for 2 or more qualifying PREP classes or camps at the same time and receive a 10% discount!

(Does not apply to D125 Gold Card Discount)

Check our Website at www.d125.org/prep for Updated or New Class Information

Dance

*Register early
to help your class
run!*

Ballroom Dance Bill and Claire Remer

Do you have a cruise or special wedding in your future? Learn basic steps and variations in Fox Trot, Waltz, Swing and Cha Cha. This class also touches on Rumba and Tango. Your consistent attendance and practice will assure you of enjoying your next "big" occasion. Please no rubber soled shoes. 8 Sessions. **Fee: \$75 per couple**

Code ADS01 7:30-8:30pm Tue 3/6 - 5/1 (No class 3/27) Wood Commons, Lot E

Ballroom Dance - Workshops Bill and Claire Remer

These dance-specific workshops continue the steps learned in the introductory class to provide more practice and expertise in each dance. Improve your confidence, increase your exercise, and maximize your enjoyment! Please no rubber soled shoes.

Waltz

3 Sessions. **Fee: \$30 per couple**

Code ADS05 8:30-9:30pm Tue 3/6-3/20 Wood Commons, Lot E

Swing

3 Sessions. **Fee: \$30 per couple**

Code ADS04 8:30-9:30pm Tue 4/3-4/17 Wood Commons, Lot E

Salsa

This will be a new dance. We will start with the basic step and build with some variations. Previous experience is not necessary.

2 Sessions. **Fee: \$21 per couple**

Code ADS06 8:30-9:30pm Tue 4/24-5/1 Wood Commons, Lot E



Health & Fitness

NEW

The Brave Way - Self Defense Training for Adults, Teens, and Families

Michael Theriault

The Brave Way has been taught to thousands of people, and it is great for anyone 8 to 80, including those without previous martial arts or self-defense training. No prior training is required to master the moves taught in class. The techniques are easy to learn and extremely effective, based on instinctive principles that don't require constant practice or years of training to use. They work regardless of your size, strength, speed or skill. In two hours, we will give you the confidence and skills necessary to defend yourself and help keep your family safer against armed and unarmed attackers; single and multiple attackers; standing and ground attackers; and rape defense. Sign up and train with a friend or family member. Please consult with your physician to make sure this course is appropriate for your health situation. 1 Session.

Fee: \$25 per person. (No discounts apply.)

Code ASP31	7:00-9:00pm	Mon 1/30	***Libertyville HS, Room 173***
Code ASR31	7:00-9:00pm	Wed 4/25	***Libertyville HS, Room 173***

The Brave Way - Self Defense Training for Women and Girls Michael Theriault

This class contains the content listed above, with additional emphasis on rape defense and prevention, at home, work school, shopping, dating, jogging, baby-sitting, traveling, college and more. Every girl at or near dating age should take this class. Please consult with your physician to make sure this course is appropriate for your health situation. 1 Session.

Fee: \$25 per person. (No discounts apply.)

Code ASP30	7:00-9:00pm	Mon 5/7	***Libertyville HS, Room 173***
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Check our Website at www.d125.org/prep for Updated or New Class Information

Health & Fitness

Hatha Yoga Vidya Nahar

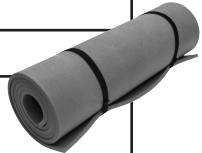
Stretch like a dog, bend like a frog. Sit straight like a rod, that's nothing odd! Join Vidya Nahar, RYT, for one hour of Yoga and improve your awareness, balance, breathing, concentration, flexibility, focus, stamina, and strength. You'll relax, rejuvenate and reenergize your mind, body and spirit in this class. Note: Please consult your physician to check that this class is appropriate for your health situation. Please wear comfortable clothing, bring a yoga mat and a yoga strap or a small towel. 8 Sessions. **Fee: \$75, D125 Gold Card Fee \$37.50**

Code ASP06 5:45-6:45pm Tue 3/6 - 5/1 (no class 3/27) Room 1608, Lot B

Yoga/Pilates Fusion Vidya Nahar

Join Vidya Nahar, RYT in this class to build your core strength, improve flexibility, restore mind-body connection, relax and rejuvenate by combining Pilates flow and Yoga balances. Note: Please consult your physician to check that this class is appropriate for your health situation. Please wear comfortable clothing, and bring your mat and towel/yoga strap to class. 8 Sessions. **Fee: \$75, D125 Gold Card Fee \$37.50**

Code ASP46 4:00-5:00pm Tue 3/6 - 5/1 (no class 3/27) Room 1608, Lot B



Golf (Beginner) Bally Bunion Golf Center

This beginning class is held at the Bally Bunion Golf Center. Critical basics of golf will be covered, including: grips, alignment, stance, swing and strokes. Note: Prerequisite of 14 years or older. Bring your own golf clubs. Golf balls provided. The golf center is located on the corner of Route 83 and Aptakisic Road in Long Grove. 4 Sessions. **Fee: \$95**

Code ASP01 10:00-10:50am Sun 4/15 - 5/6 Bally Bunion Golf Center

Home & Garden

Organize and Enhance Your Wardrobe and Image

Suzanne Newman

Women usually love what they buy, yet hate two-thirds of what is in their closets. Are you ready to clear out your closet, find what works for you and let go of what doesn't? Image and wardrobe consultant Suzanne Newman will lead this workshop where you will learn the basics of de-cluttering, organizing and enhancing your wardrobe following her top ten image inventory questions. She will help you find your personal style and discuss how to choose clothing and accessories that flatter your appearance. 2 Sessions. **Fee: \$35, D125 Gold Card Fee \$17.50**



Code HGS90 7:00-9:00pm Wed 4/11 - 4/18 ***Vernon Hills HS Rm 1213***

NEW

A Guy's Guide to the Professional Wardrobe: Work Week to Weekend Simplified

David Rubin

Hey, guys, do you find yourself wearing the same outfits over and over again? Do you have clothes hanging in your closet that haven't even been altered? Could you use more room in your closet and fewer decisions getting dressed in the morning? This interactive class will discuss creating a core wardrobe, the importance of fit, how to best care for your clothing investment, how quality over quantity affects your wardrobe and professional image, making a great first impression, the use of accessories to pull your look together, and more. At the conclusion of each session, there will be a drawing for a complimentary wardrobe consultation. 1 Session. **Fee: \$25, D125 Gold Card Fee \$12.50**

Code HGS91 6:30-8:00pm Mon 3/12 ***Vernon Hills HS Rm 1215***

Get Your House Organized! Cindy Stec, Escape From Clutter

Are you tired of coming home to clutter?? Do you always have trouble finding papers or things you need? Would you like to down-size but are not sure where to start? Come and learn from a professional organizer how to unclutter your space and home, and eliminate a stressful environment. Learn to down-size, or just to clear your clutter! 1 Session. **Fee: \$15**

Code HGS86 7:00-8:30pm Thu 3/8 Room 2430, Lot B
Code HGS87 7:00-8:30pm Tue 4/24 Room 2430, Lot B



Home & Garden

Decorating Bootcamp Mary Klees

Topics will include creating a design direction, space planning/furniture arrangement, color, fixtures/finishes, furniture and accessories. You will learn what sources to use to purchase products and discuss what/how to buy on-line. Students will be able to address actual rooms or projects that they would like to decorate. Please bring photos of the space you would like to redecorate to class. 6 Sessions. **Fee: \$100, D125 Gold Card Fee \$50**

Code HGS43 7:00-9:30pm Thu 1/26 - 3/1 Room 2500, Lot B

Mary Klees is a LEED General Associate and has earned 6 certifications including Green Home and Garden, Interior Design, and Architecture from the Chicago Center of Green Technology. She has over 20 years experience consulting with leaders in the home furnishing industry and many retail clients. She is looking forward to sharing her sustainability knowledge as well as best green practices along with traditional home and landscape design.

Curb Appeal Mary Klees

Join us and spruce up the exterior of your home! Learn how to enhance your curb appeal and feel good every time you pull up in front of your house. Please bring 8x10 photos of homes needing work to enable us to discuss doors, windows, architectural elements, roof choices, color, finishes, landscaping and hardscaping. 2 Sessions. **Fee: \$35, D 125 Gold Card Fee \$17.50**



Code HGS44 7:00-9:30pm Thu 3/8-3/15 Room 2500, Lot B

Check our Website at www.d125.org/prep for Updated or New Class Information



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International Languages



Spanish - Beginning Marianna Zeidler

Vamos a divertirnos! Is everyone around you speaking Spanish and you are missing in all the fun? Join us and you'll learn to savor and share in our Salsa or Merengue. This introductory class will cover the essential elements of a beginner's level of Spanish language study. We will practice the correct sounds and learn basic vocabulary. We will also learn about different expressions used in Spain and Latin American countries. You will find out that learning Spanish can be fun and exciting. Join us and enjoy the visuals! 10 Sessions. **Fee: \$149, D125 Gold Card Fee \$74.50**

Code ILS05 6:30-9:00pm Mon 1/23 - 4/16 (No class 2/20, 3/5, 3/26) ***VHHS, Room 1211***

Spanish For Health Care Professionals Cristina Martinez

This course is designed for doctors, nurses, medical assistants, administrators, or any person related to the health care world who needs to communicate with Spanish speaking patients. Learn how to ask for information, set appointments, get medical history, give instructions, prescribe drugs, inform results, make calls, or simply greet and say good-bye. The manual used in this course is attractive and makes learning Spanish through dialogues fun and dynamic. Students will purchase the manual from the instructor the first night of class for approximately \$15.00. 10 Sessions. **Fee: \$99, D125 Gold Card Fee \$49.50**

Code ILS06 7:00-8:30pm Thu 3/1 - 5/17 (No class 3/29, 4/5) ***VHHS, Room 1211***

Spanish For First Responders Cristina Martinez

This is a course designed as a tool for firefighters, police, EMTs, or any personnel who is in contact with Spanish speaking persons in emergencies. The course helps the student utter commands and warnings as well as prepares them to intake necessary information through the practice of questions and answers. Organized in two sessions of two hours each, the first session is immersion in the sounds of Spanish followed by utterances for initial contact with the public, commands, and warnings. The focus of the second session is getting information and understanding the answers. Handouts will be provided. No matter what level of Spanish you are in, you will lose the stage fright and start speaking. The course is brief, dynamic, interactive, entertaining, and may entice some students to learn more Spanish! 2 Sessions. **Fee: \$25**

NEW

Code ILS11 7:00-9:00pm Tue 2/28 - 3/6 ***Vernon Hills HS, Room 1211***
Code ILP11 7:00-9:00pm Tue 4/17 - 4/24 ***Vernon Hills HS, Room 1211***

International Languages



Hello
Bonjour

Conversational French - Beginning Françoise Mishinger

Parlez-vous français? Have you always wanted to learn this beautiful language? Now is your chance! This beginning French class uses fun activities and cooperative learning techniques to enhance your learning experience. You will learn the basics of grammatical structure and simple conversation elements, all while having fun! Also, you'll get the experience to learn about French speaking countries and their cultures. Note: Textbook is NOT needed for this class. 8 Sessions. **Fee: \$130, D125 Gold Card Fee \$65**

Code ILS08 6:30-8:30pm Wed 2/15 - 4/11 (no class 3/28) Room 2632, Lot B

Françoise Mishinger is a native French speaker. She was born and raised in Brussels, Belgium, where she returns frequently to visit her family and friends. Françoise has a BA in French and Spanish and a MA in Linguistics with concentration in teaching ESL; both degrees are from Northeastern Illinois University. Françoise has taught French for several years. She uses several effective methods to accommodate all levels, all ages, small and large classes. Françoise is currently teaching French at Adlai E. Stevenson High School.

Conversational French - Intermediate Françoise Mishinger

Parlez-vous français? This French intermediate class continues the curriculum of the beginning class. We will continue to learn new vocabulary and continue to learn simple conversations in French. If you already know a bit of French, this class is for you! Note: Textbook is NOT needed for this class. 8 Sessions. **Fee: \$130, D125 Gold Card Fee \$65**

Code ILS10 6:30-8:30pm Thu 2/16 - 4/12 (no class 3/29) Room 2632, Lot B

NEW



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International Languages



American Sign Language - Beginning Jennifer Cacioppo

This course is designed for anyone interested in learning American Sign Language (ASL). Students are introduced to ASL including the alphabet, vocabulary (approx 400 words), numbers, basic sentence structure, negatives, questions and directional verbs. Elements of Deaf Culture are woven throughout each lesson. Students will learn to sign simple sentences and convey meaning from basic everyday conversation. Please note: Course materials will be provided. For ages 14 and up. 8 Sessions. **Fee: \$130, D125 Gold Card Fee \$65**

Code ILS09 7:00-9:00pm Thu 2/23 - 4/19 (no class 3/29) Room 2428, Lot B

Conversational Japanese - Beginning Ryoko Popjoy

This conversational Japanese class teaches students basic spoken Japanese. It will include a lot of oral practices, and some Japanese grammar and semantics. A benefit the students will receive from attending this class is that after each class they will receive, via e-mail, useful "class review/supplement" documents from the instructor. Note: The class uses the text book, "Japanese for Busy People, Volume 1, 3rd Edition Romanized Version", which can be purchased on line at Amazon.com for \$17.82, plus shipping. Bookstores sell it for \$25.00. 6 Sessions. **Fee: \$70, D125 Gold Card Fee \$35**

Code ILS01	7:30-8:30pm	Tue 2/14 - 3/20	Room 1428, Lot B
Code ILP01	7:30-8:30pm	Tue 4/10 - 5/15	Room 1428, Lot B



Conversational Japanese - Continuing Ryoko Popjoy

This class is for students who have taken the Beginning class and will be conducted in the same manner, except that the instructor will try to add one-on-one dialog with each student, when possible. Basic Japanese grammar will be taught continuously. Some written Japanese will also be taught. The students will also benefit by receiving useful "class review/supplement" documents, via email. Note: The same textbook used in the Beginner class, "Japanese for Busy People" will be used. 6 Sessions. **Fee: \$70, D125 Gold Card Fee \$35**

Code ILS07	7:30-8:30pm	Thu 2/16 - 3/22	Room 1428, Lot B
Code ILP07	7:30-8:30pm	Thu 4/12 - 5/17	Room 1428, Lot B

Personal Growth

Sign
up early...
Classes fill
fast!

Mah Jongg Mania Susan Hershinow

Learn the fun, exciting game of Mah Jongg! "Maj" is a fascinating rummylike game played with tiles rather than cards. A very small amount of time and effort is required to become familiar with the elementary principles of the game. You will learn the suits, the setup of the tiles/racks, the rules of the game and the card of standard hands, against which all games are played. Then you'll sit at tables and play. This course is great for beginners as well as those who need a little refresher course. Come alone or bring a friend and learn this fun, fast-paced game. Note: Fee for Mah Jongg card is included. 5 Sessions. **Fee: \$107**

Code PIP41 7:00-9:00pm Tue 4/3 - 5/1 Room 2428, Lot B



Automotive Basics T.J. Zizzo, Zizzo Enterprises

Acquaint yourself with your ride! Feel confident the next time you turn the key! For beginning and experienced drivers alike, this class teaches key knowledge of any vehicle. Learn basic auto maintenance, so you can receive better fuel mileage and be able to own your vehicle longer. Some topics include: All season driving tips, checking fluids and vitals of your vehicle, checking and changing a tire, and auto body repair basics. When you get your car or truck serviced, don't feel that you are being taken advantage of! Tips to follow if you are in an accident will also be discussed. Please wear weather appropriate clothing, as part of the class will be held outside. For ages 16 and over. 1 Session. **Fee: \$20**

Code PIP03 6:30-8:30pm Mon 4/23 Room 2428, Lot B



Sign up for 2 or more qualifying PREP classes or camps at the same time and receive
a 10% discount!

(Does not apply to D125 Gold Card Discount)

Personal Growth

Get Excited About Looking at Art™ Roger Heuberger

This introduction, and refresher for those with art schooling, is really FUN! The combination of art appreciation and history evolved from the instructors' experience leading adult tours for the Milwaukee Art Museum. You'll learn interesting, engaging and enjoyable ways to look at and discuss art. This very visual class draws on high impact events in art history. See how rejected artists went on to form Impressionism, how artists inspire one another and how modern art came to the US. The first version of this class, in 2011, was a resounding success. Please join us! 4 Sessions. **Fee: \$65, D125 Gold Card Fee \$32.50**

Code PIP13 7:00-9:00pm Thu 2/2 - 2/23 Room 2624, Lot B

Roger Heuberger is passionate about art. Roger supplemented his Northwestern University master's degree with postbaccalaureate and graduate art history credits at the School of the Art Institute, Northwestern and Sotheby's Institute-London. He is a docent and lecturer at the Milwaukee Art Museum.

"I could not have enjoyed this class any more than I did. The instructor truly inspired and taught me an appreciation for art. Great class!"

How to Publish and Market a Book Kristyn Friske

What is an aspiring author to do? In this class, learn about the different publishing options available to authors. The pros and cons of self-publishing, traditional publishing and hybrid publishing will be discussed. Once an author finishes their book, the hard part begins; getting distribution and attracting readers is critical for success. Book marketing basics will be covered, as well as industry insider tips on how to think about how to market your book. The class will be team taught by Kristyn Friske, Executive Vice President of Business Development and Marketing for Windy City Publishers. 1 Session. **Fee: \$20**

Code PIP05 7:00-9:00pm Thu 2/2 Room 1428, Lot B



Personal Growth

NEW

Introduction to Handwriting Analysis Abby Edler

This class is an introduction to handwriting analysis. Learn why analyzing handwriting can reveal interesting insights and lead to greater understanding of one's self, family and associates. Bring along a sample of your handwriting. 2 Sessions. **Fee: \$35, D125 Gold Card Fee \$17.50**

Code PIP09 7:00-9:00pm Mon 3/12 - 3/19 ***Vernon Hills HS, Room 1212***

Bridge - Beginning Susan Carney

This introductory course teaches you the game of bridge. You will learn bidding, playing, scoring, and the relationship between partners playing the game to win. If you wish to learn to play bridge, this proven hands-on method of instruction is for you. Make new friends through bridge. You'll be glad you did! Note: Textbook may be purchased from the instructor for \$11.95. 10 Sessions. **Fee: \$135, D125 Gold Card Fee \$67.50**

Code PIP42 6:30-9:30pm Wed 1/25 - 4/4 ***Vernon Hills HS, Room 214***

Bridge - Beyond The Basics 2 - Conventions You Should Know Richard Edholm

Improve the precision of your bidding for partials, games, and slams: Stayman, Transfers (both Jacoby and Texas), Limit Raises, Jacoby 2nt, and Blackwood. Textbook may be purchased from the instructor at class for approximately \$12. Basic knowledge of bridge is required. 10 Sessions. **Fee: \$109, D125 Gold Card Fee \$54.50**

NEW

Code PIP43 6:30-9:00pm Tue 2/7 - 4/24* ***Vernon Hills HS, Room 214***
*no class 3/13 and 3/27



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Guitar Spring/Summer Classes

G is for Guitar Joseph Loban

This is a great way for a 7-10 year old to get started on guitar. Fun guitar games with notes and rhythm will introduce children to the world of guitar. Simple songs will be taught in the comfort of a classroom of beginners. Note: Students must bring their own 1/2 - 3/4 sized guitars to class. Materials will be provided.

Spring 6 Sessions. Fee: \$130

Code YCS21	4:45-5:45pm	Thu 2/9 - 3/15	Room 2200, Lot E
YCP21	4:45-5:45pm	Thu 4/5 - 5/10	Room 2200, Lot E

Summer 8 Sessions. Fee: \$165

Code YC121	11:00am-12:00pm	M-Th 6/25 - 7/6*	Room 2200, Lot E
		*No camp on 7/4 - Makeup date: Friday 7/6	
Code YC221	11:00am-12:00pm	M-Th 7/9 - 7/19	Room 2200, Lot E

Guitar 101 (Grades 6-8) Joseph Loban

So, your friends all play a plastic video game guitar but you want to bring it up a notch. Be a real hero and actually play a REAL guitar. Learn all the chords to your favorite songs without having to play "twinkle, twinkle." A great way to get started or just get a better understanding of the guitar, and be able to read all the tabs you can get off the net...this class ROCKS! Note: Guitars are available to use in class.

Spring 6 Sessions. Fee: \$130

Code YCS23	5:45-6:45pm	Thu 2/9 - 3/15	Room 2200, Lot E
YCP23	5:45-6:45pm	Thu 4/5 - 5/10	Room 2200, Lot E

Summer 8 Sessions. Fee: \$165

Code YC123	12:00-1:00pm	M-Th 6/25 - 7/6*	Room 2200, Lot E
		*No camp on 7/4 - Makeup date: Friday 7/6	
Code YC223	12:00-1:00pm	M-Th 7/9 - 7/19	Room 2200, Lot E

Check our Website at www.d125.org/prep for Updated or New Class Information

Guitar Spring/Summer Classes



NEW

Guitar Class Primer (Grades 9-12) Joseph Loban

This course is designed for any student interested in taking guitar class in the fall at Stevenson High School and is also open to any student who would like to simply improve their playing. Whether you are a beginner or advanced player, this class will give you an advantage when school starts. Foundations of theory, musicianship, and technique will be taught. Note: Guitars are available to use in class, so all you need to bring is a pen or pencil. Materials will be provided.

Summer 8 Sessions. Fee: \$165

Code HC101	1:30-2:30pm	M-Th 6/25 - 7/6*	Room 2200, Lot E
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*No camp on 7/4 - Makeup date: Friday 7/6

Code HC201	1:30-2:30pm	M-Th 7/9 - 7/19	Room 2200, Lot E
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Guitar Getaway - Adult Class Joseph Loban

Have you always admired Jimmy Buffet or Dave Matthews? Ever want to play their music? Or maybe you just always wanted to learn guitar. Then this class is for you. This course will cater to the level of students who enroll. Open for beginners to the aficionado. This class will thread the underlying theory that ties it all together. Don't fret, we'll also play the songs you grew up listening to. Note: Guitars are available to use in class, so all you need to bring is a pen or pencil. Materials will be provided. 6 Sessions. **Fee: \$130**

Code PIP97	6:45-7:45pm	Thu 2/9 - 3/15	Room 2200, Lot E
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PIR97	6:45-7:45pm	Thu 4/5 - 5/10	Room 2200, Lot E
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Register for multiple Guitar classes to receive a 10% discount and increase your progress! Sign up for 1st or 2nd session...or both!



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Youth Spring Classes

NEW

Dance Technique (Gr 6-8) Dana Fry

This class will explore various dance styles including modern, jazz and ballet while including improvisation and composition. The students will have the opportunity to master their skills with this dance technique class, while using their creativity. This class is designed to help prepare students for the Stevenson Dance Program. Students should wear fitted clothing. It is highly recommended to wear a leotard or fitted tank top or tee; tights, shorts or jazz pants; and have either ballet or jazz shoes. 8 Sessions. **Fee: \$85**

Code YCS33 7:15-8:30pm Wed 1/25 - 3/21 (no class 2/8) Room 2010, Lot E

Financial Literacy for Kids (Ages 6-10) Sandra Wright, PhD

Do your kids think money grows on trees? When you go to the store do they want everything they see? Did you know undergraduates are carrying record-high credit card balances? 21% of undergraduates had balances of between \$3,000 and \$7,000, also up from the last study. (Source: Sallie Mae, How Undergraduate Students Use Credit Cards, 2009) Help your child avoid becoming one of these statistics. Start teaching economic decision making early. This class will use nationally recognized materials to help children begin to apply economics and decision-making skills to the real world of both earning and spending an income, saving, using credit, investing, and managing money. Kids will be taught to use money wisely, and be introduced to basic economics and financial literacy. We will make banks to start depositing our money in, and discuss the benefits of saving now, to buy for the future. 4 Sessions. **Fee: \$34**

Code YCS31 9:00-10:00am Sat 2/18 - 3/10 Room 1414, Lot B

Crafty Kidz Punch Bunch (Art Kidz Series - Ages 7+) Gail Green

Create a glitzy 3-D floral frame and a book mark in this crafty workshop. Have fun punching, gluing, stamping and coloring, using punches, stamps, markers, ink, button, rhinestones, pearls, beads and more! All materials provided. 1 Session. **Fee: \$20**

Code YCS34 10:00-11:30am Sat 3/17 Room 1426, Lot B

Crafty Kidz Glitz & Glam (Art Kidz Series - Ages 7+) Gail Green

Create a sparkly, jeweled mechanical pencil and a collage art greeting card in this crafty workshop. Have fun tearing, gluing, stamping and glittering using chipboard shapes, rhinestones, buttons, punches, stamps, ink, glitter, ribbons, beads and more! All materials provided. 1 Session. **Fee: \$20**

NEW

Code YCS35 10:00-11:30am Sat 4/21 Room 1426, Lot B

Junior Patriot Spring Sports



Jr. Patriot Wrestling Club (Grades 1-8) Michael Sherman

This program will teach wrestling fundamentals and instill values of hard work, self-discipline, and the importance of goal setting. The season will begin April 2nd and end in May. Practices will be held 2-3 times per week for 1-2 hours each. No prior experience in the sport is required to participate. Wrestlers that are already registered for the Jr. Patriot Wrestling 2011-2012 winter season do not need to register for this session. 16 Sessions.

Fee: \$110

Code YSS82 6:00-7:30pm Mon & Thu 4/2 - 5/24 Wrestling Rm (2111), Lot E

Jr. Patriot Fencing (Grades 6-8) Fernando Delgado

In this fencing class for Junior High students, we will be learning the basics in defense and offense with foils and epees, using electric scoring equipment. All equipment will be provided. At the end of the session a class competition will be held. Students will need to come in gym shoes and sweat pants. 6 Sessions. **Fee: \$45**



Code YSS84 5:30-6:30pm Wed 2/15 - 3/21 Glass Commons, Lot B
Code YSP84 5:30-6:30pm Wed 4/11 - 5/16 Wood Commons, Lot B



7 on 7 Football League (Grades 7-8) Joe Weber

The purpose of this controlled 7 on 7 league is for players to specialize in passing development, passing defense and receiver development. There is no tackling, blocking or equipment. The teams will compete in a Chicagoland Youth Football League starting approx April 1st. Practices will be held once during the week with one game on the weekend. Games will be played at Carmel High School (Mundelein) or Lake Zurich High School.

Note: This program will run from early April until mid-May, exact dates and times to be announced. Players are required to purchase a white mesh practice jersey. Please see our website www.d125.org/prep for updated information. **Fee: \$125**

Grade 7 **Code** YSS86 Field House, Lot D
Grade 8 **Code** YSS87 Field House, Lot D

Youth Summer Programs

Please note!
Summer registration applies
to the student's **NEW** grade

Cooking Boot Camp Basics (Grades 6-8) Michelle Grassly*

Want to learn to make some your favorite foods? Join us to make some healthy and delicious snacks like pizza, quesadillas, homemade tortilla chips, salsa, guacamole, smoothies, cherry bars, wraps and more. Learn some great new cooking skills and impress your family and friends. End the week with a party where you get to invite a guest to impress with your new skills! 4 Sessions. **Fee: \$130, Includes supplies.**



Code YC128 1:15-4:15pm M-Th 7/9 - 7/12 ***Vernon Hills HS, Room 212***

Global Foods Cooking Boot Camp (Grades 6-8) Kaitlin Romanchuk*

Come join us to learn how to prepare international cuisine with recipes that include: Asian stir-fry, Spanish tapas, French crepes, Italian homemade pasta and various other recipes from around the world. 4 Sessions. **Fee: \$130, Includes supplies.**

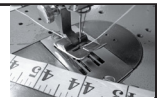


Code YC239 1:15-4:15pm M-Th 7/16 - 7/19 ***Vernon Hills HS, Room 212***

**Michelle Grassly and Kaitlin Romanchuk are Stevenson High School Consumer and Family Science teachers. Please note these camps will be taking place at Vernon Hills High School for Summer 2012 only, due to construction at Stevenson High School.*

Designing Divas (Grades 6-8) Kaitlin Romanchuk

Want to learn how to get creative with fabrics and learn how to use a sewing machine? Take this class and you can learn the basics of design! Then you will have the chance to redesign your own t-shirt, make a purse and a community service project you will donate to a charity. If you have an old t-shirt or sweatshirt you would like to up-cycle to be a brand new item, bring it with you! 4 Sessions. **Fee: \$120, Includes supplies.**



Code YCU29 1:15-4:15pm M-Th 7/23 - 7/26 Room TBA

Youth Summer Programs



Creative Arts Camp (Grades 6-8) Kelsey Holton

Just can't get enough art? Come learn some new techniques using different types of media in this two-week class, designed for any skill level! We will be exploring drawing from life and also how to turn your personal interests into awesome works of art. If you want to enhance your drawing skills or just have fun making new artwork, this is the camp for you. 8 Sessions. **Fee: \$195, Includes supplies.**

Code YC102	8:00-11:00am	M-Th 6/18 - 6/28	Room TBA
Code YC202	12:00-3:00pm	M-Th 6/18 - 6/28	Room TBA

Sign
up early...
Camps fill
fast!

Engineering and Design Camp Kelly Smith, Michael Anderson

Have you ever wanted to make your own games and animations? How about design your own t-shirt? Do you wonder what it would be like to build a robot? If you like taking things apart to see how they work, then the Technology Education's Engineering and Design Camp is for you. In this camp, you will participate in team design challenges while learning the basic fundamentals of engineering and design. Note: Please bring a healthy snack and a drink with a resealable cap each day to camp. 8 Sessions. **Fee: \$215, Includes supplies.**

Grades 5-6

Code YCU26 1:15-4:15pm M-Th 6/18 - 6/28 Room 1008, Lot E

Grades 7-8

Code YCU27 1:15-4:15pm M-Th 6/18 - 6/28 Room 1006, Lot E

New
content for
2012

NEW

Stevenson Choir Camp (Grades 5-8) Joyce Haqq

Do you want to see what choir at Stevenson is really like? If so, you should enroll in Stevenson Choir Camp. Students will work with Stevenson Choral Directors, Joyce Haqq and Alice Nuteson, as well as current Stevenson Choir students to learn and perform a wide variety of songs. We'll also work on sight reading and note reading in our state-of-the-art Midi Lab. The culmination of the class will be a short performance for parents, family and friends on Thursday June 28 at 11:30am. Come be a part of the fun! 8 Sessions. **Fee: \$95**

Code YCU36 10:00-11:30am M-Th 6/18 - 6/28 Room 2201, Lot E

Youth Summer Programs

Drawing and Color for Ages 10-16 Kathleen Milauskas

Spend this summer learning to draw, along with studies in color, blending, shading, styles and techniques. A step-by-step project will be completed. Both inexperienced and experienced students are welcome. Note: Supplies for the camp are included in the fee, and will be the property of the student at the end of the program. 2 Sessions.

Fee: \$80



Code YCU37 1:00-4:00pm T &Th 7/17 - 7/19

Vernon Hills HS, Room 1308

NEW!
Summer
Partnership with
District 128

Parent and Child Fishing (Grades 4-6) Mark Hurley

Join Lake County Forest Preserve fishing instructor Mark Hurley for an afternoon of fishing for bluegills, bass and catfish at Independence Grove Forest Preserve. An hour of fishing will follow after an introduction to your fishing pole, casting practice, tackle and bait. We will provide all equipment and fishing assistants. We will fish even in the rain, so please dress for the weather. Please call the District 128 Community Education Office at 847-932-2176 if there is a question about severe weather. Note: Children must be accompanied by a parent or adult guardian. (All must register.) Please meet at the North Bay Pavilion. 1 Session. **Fee: \$19**



Code YCU38 1:30-3:30pm Wed 6/20 Independence Grove

Check our Website at www.d125.org/prep for Updated or New Class Information



Like us on Facebook - Stevenson High School PREP

Youth Summer Orchestra Camp



Orchestra summer camp is an opportunity for younger string players (Grades 1 - 8) to develop musical skills while having fun and making new friends.

Under the direction of Consortium 125 Orchestra Directors and Stevenson Orchestra student coaches, students will learn new music, develop new skills, and review important fundamentals of good string playing. The classes will

also review basic principals of quality performance techniques, as well as allow students to begin working on musicianship development that leads to

the Stevenson orchestra curriculum. Each session will include 45 minutes of

small group interaction (maximum class size of 5), 45 minutes of large ensemble rehearsal with mixed instrumentation, and a 60 minute musicianship development workshop.

Group I is for violinists, violists, cellists, and bassists who are reading music at a book 2 to book 3 level, who can read basic rhythms and notes in first position on all 4 strings. Previous group experience in school or other music programs is helpful but not required.

Group II is for violinists, violists, cellists, and bassists who are reading music at a late book 3 or above level but have not been in the Stevenson orchestra program.

Optional auditions should include 2 scales (student choice) and an accompanied solo (not an orchestra part) of one to three minutes in length. On the first day of each of the two weeks, all students will meet in the orchestra room. Students must supply their own instruments every day. Limited overnight storage is available for cello and basses only. Phone (847/415-4759) or email Enrique Vilaseco (evilaseco@d125.org) if you have placement questions.

Fee: \$95 Room 2200 (Orchestra Room) Park in Lot E

June 18-21 Mon-Thu

Cello & Bass - Group I

YC109 1:00pm-3:30pm

Cello & Bass - Group II

YC112 2:30pm-5:00pm

Viola - Group I

YC108 1:00pm-3:30pm

Viola - Group II

YC111 2:30pm-5:00pm

Violin - Group I

YC107 1:00pm-3:30pm

Violin - Group II

YC110 2:30pm-5:00pm

July 23-26 Mon-Thu

Cello & Bass - Group I

YC209 1:00pm-3:30pm

Cello & Bass - Group II

YC212 2:30pm-5:00pm

Viola - Group I

YC208 1:00pm-3:30pm

Viola - Group II

YC211 2:30pm-5:00pm

Violin - Group I

YC207 1:00pm-3:30pm

Violin - Group II

YC210 2:30pm-5:00pm

Youth Summer Sports Camps



NEW!
GIRLS
GRADES 3-6

Introduction to Sports Camp - Girls (Grades 3-6) Trish Betthausen

This program is designed to introduce young girls to a variety of sports that are offered at Stevenson High School. This multi-sport camp will give girls the opportunity to discover a variety of different athletic activities. Participants will explore games that will continue to be taught throughout Junior High School and High School Physical Welfare classes. This camp will also provide exposure to sports that might become available to join as future school teams. Campers will be given instruction on the fundamentals of Soccer, Softball, Field hockey, Lacrosse, Tennis, and Badminton with an emphasis on skill development, sportsmanship, teamwork, and confidence building. This Introduction to Sports Camp will be supervised and taught by current Stevenson High School coaches. Shin guards are strongly recommended. Note: Campers need to bring their own lunch and water bottles, and should also bring a snack for a mid-morning break. 4 sessions.

Fee: \$225

Code YSU91

9:00am-3:00pm

M-Th 7/9 - 7/12

Fieldhouse, Lot D

Check our Website at www.d125.org/prep for Updated or New Class Information



Like us on Facebook - Stevenson High School PREP

Youth Summer Sports Camps

Please note!
Summer registration applies
to the student's NEW grade



Badminton Camp Coed (Grades 6-8) Grant Johnson

Be a part of one of the world's fastest racket sports. Learn how to drop, smash and clear. Students will learn how to time their movement in order to better hit the birdie and greatly improve their games. Please bring your racket on a daily basis. Practice rackets will be provided for athletes who do not have their own. 8 sessions. **Fee: \$100**
Note: First week of camp is Mon/Tue/Thu/Fri.

Code YSU12 11:00am-12:30pm M-Th 7/2 - 7/12* Fieldhouse, Lot D
*No camp on 7/4 - Makeup date: Friday 7/6

Baseball Teaching Camp (Grades 2-8) Paul Mazzuca

This 4-day camp is coordinated by the Stevenson Baseball Program. The camp is designed to teach players the fundamentals of baseball in order to improve individual skills. Campers should wear/bring baseball pants, cleats, gym shoes and athletic supporter. Bring a labeled glove and bat. 4 Sessions. **Fee: \$100**

Code YSU13 12:00pm-3:00pm M-Th 6/18 - 6/21 Varsity Baseball Field, Lot E

Sign up for 2 or more qualifying PREP classes or camps at the same time and receive
a 10% discount!
(Does not apply to D125 Gold Card Discount)

Youth Summer Sports Camps

Basketball Camp Boys - GREEN (Grades 2-8) Pat Ambrose

This camp will focus on the development of individual basketball fundamentals and team concepts. Campers will be introduced to basic Stevenson concepts while learning the Stevenson system of rebounding, shooting, offense and defense from SHS coaches and players. Sessions will include drills, contests, games and prizes. Lowered baskets and smaller basketballs will be used for the younger campers. Note: Please bring a labeled basketball. 8 Sessions. **Fee: \$100**

GRADES 2-6

Code YSU14 9:00-10:30am M-Th 6/18 - 6/28 Field House, Lot D

GRADES 7-8

Code YSU15 10:30-12:00pm M-Th 6/18 - 6/28 Field House, Lot D

Basketball Camp Boys - GOLD (Grades 6-8) Pat Ambrose

This camp is designed for the advanced 6-8th grader and will occur the week following the Green Camp. Campers will be grouped by ability level and sessions will be competitive and fast-paced. Sessions will include position breakdowns, advanced station (drill) work, as well as a deeper introduction of Stevenson offensive & defensive concepts and terminology. These sessions will build on the skills and terminology taught during the Green camp. Space will be limited to keep a low coach-to-camper ratio. Campers will be evaluated during the Green camp and invited to register. Registration for the Gold camp will open on June 18, and is by Coach's invitation only. Email Coach Ambrose (pambrose@d125.org) if you have any questions. Note: Please bring a labeled basketball. 4 Sessions. **Fee: \$75** (No discounts apply.)

Code YSU20 9:00-11:00am M-F 7/2 - 7/6 (no class 7/4) Field House, Lot D

Basketball Camp Girls (Grades 3-8) Tom Dineen

This fundamentals camp is for the young player wishing to enhance their basketball skills. The camp will emphasize the fundamentals of rebounding, defense, offense and the mental aspects of the sport. There will be a series of drills, lectures and demonstrations on a daily basis. Bring a labeled basketball. 8 Sessions. **Fee: \$100**

GRADES 3-6

Code YSU16 9:00-10:30am M-Th 6/18 - 6/28 Sports Center, Lot E

GRADES 7-8

Code YSU17 10:30-12:00pm M-Th 6/18 - 6/28 Sports Center, Lot E

Youth Summer Sports Camps

Please note!
Summer registration applies
to the student's NEW grade

Bowling Camp (Grades 5-8) Barry Lapping, Brad Snell

During this camp, the students will learn a series of skill drills that will allow them to make changes in their physical games. Topics covered include: timing, arm swing, spare shooting, leverage and release. Grip and video analysis is also included. This sense of feel, with a better understanding of their physical game, will allow any bowler to take their skills to another level. 22 time PBA Champion Brad Snell will be teaching. Please note: Camp is held at the Lakeside Lanes in Mundelein. Transportation is not provided. 5 Sessions. **Fee: \$200**

Code YSU90 10:30-12:30pm M-F 7/16 - 7/20 Lakeside Lanes

Fencing Camp (Grades 6-8) Fernando Delgado

Beginning students of fencing will be taught the basics of the sport, weapon use and conditioning exercises. Veteran fencers will work on conditioning exercises and improvement of their competitive skills. A competitive tournament will be held at both levels of competition. 8 Sessions. **Fee: \$185**



Code YSU71 1:00-4:00pm M-Th 7/16 - 7/26 Wood Commons, Lot E



Boys Jr. Patriot Football Camp (Grades 7-8) Bill McNamara

The first goal of this program is to improve individual skill development in the areas of speed, agility, flexibility, and explosive power. The second goal is to develop a team concept while athletes participate in a 7 on 7 flag football league the second half of camp. The camp will be run by the SHS football staff in our field turf stadium. 8 Sessions. **Fee: \$100**

Code YSU73 8:00-9:30am T-W 6/19 - 7/11* Stadium, Lot E
*No camp on 7/4 - Makeup date: Monday 7/2



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Youth Summer Sports Camps



Golf Camp Coed (Ages 10+) Mark Linnenburger, Anthony Reibel

This program is designed for the beginner to intermediate golfer. Basic instruction in the skills of the game and course etiquette will be emphasized.

Participants will alternate between Bally Bunion Driving Range on Tuesdays and Thursdays beginning at 9am (for 1 - 1 1/2 hours), and the Vernon Hills Golf Course on Mondays, Wednesdays and Fridays at 8:40am for 2 1/2 - 3 hours. Each session will end with a Best Ball Tournament. Transportation to Bally Bunion and VHGC is not provided. **Note: The first class of each session is held at Stevenson from 8:00-9:30am in the West Staff Dining Room (1204). A schedule will be available, please bring a putter and 9 iron.**

6/18 - 6/29 10 Sessions.

Code YS119	8:40 - 11:30am*	MWF	Vernon Hills Golf Course
	9:00 - 10:30am	TTh	Bally Bunion Golf Center

Fee: \$275

7/2 - 7/13 (no class 7/4) 9 Sessions.

Code YS219	8:40 - 11:30am*	MWF	Vernon Hills Golf
	9:00 - 10:30am	TTh	Bally Bunion Golf Center

Fee: \$250

7/16 - 7/27 10 Sessions.

Code YS319	8:40 - 11:30am*	MWF	Vernon Hills Golf Course
	9:00 - 10:30am	TTh	Bally Bunion Golf Center

Fee: \$275

*Times are approximate, please see your coach.

Sign
up early...
Camps fill
fast!

NEW

Girls Golf Clinic (Grades 5-8) Emma Degen

This camp provides girls with an opportunity to be introduced to the game of golf. The basics about the full swing, putting, and the rules of golf will be taught. Note: Clubs will be provided for players who do not have their own. 1 Session. **Fee: \$35**

Code YSU74	1:30-3:30pm	W 6/27	Deerfield Golf Learning Center
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Youth Summer Sports Camps

Softball Camp Girls (Grades 4-8) Larry Friedrichs

This program is designed to meet the needs of beginning, intermediate and advanced players and improve their skill level. Emphasis will include throwing, catching techniques, pitching, hitting and defense. Game situations will be incorporated into scrimmages. Bring a labeled glove and bat. 8 sessions. **Fee: \$150**

Code YSU21 1:00-3:30pm M-Th 6/18 - 6/28 Softball Field, Lot E

Try again if you were unable to take a camp last summer... Register early to help your class run!



Volleyball Camp (Grades 7-8) Stevenson Coaching Staff

Campers will learn all the basic skills necessary for competitive volleyball. Drills and scrimmages will be part of our daily activities. Knee pads are recommended, but not required. Please bring labeled volleyball. 8 sessions. **Fee: \$130**

Girls

Code YSU28 10:00am-12:00pm M-Th 7/16 - 7/26 Field House, Lot D

Boys

Code YSU27 10:00am-12:00pm M-Th 7/16 - 7/26 Sports Center, Lot E



Stevenson Wrestling Academy of Champions (Grades 1-8) Shane Cook

This camp provides a challenging and motivating experience for wrestlers at all levels. The "Academy" is run by the Stevenson High School coaching staff with guest appearances by some of the areas top technicians. Participants will develop various wrestling skills including takedowns, set-ups, riding ability, escapes and pinning combinations.

Note: Please wear t-shirt, shorts and wrestling shoes. 8 Sessions. **Fee: \$130**

Code YSU57 5:00-7:00pm M-Th 6/18 - 6/28 Wrestling Room (2111), Lot E

High School Summer Sports - Info

PREP is offering a wide variety of sports camps this summer that will be led by high school coaches. This is an excellent opportunity for current or future Patriots to meet and work with coaches, while receiving a high level of training. High school summer sports programs are scheduled so that they do not conflict with regular high school academic summer classes. Students enrolled in summer camps or leagues have use of the weight room at no additional cost (see page 51). All camps are located at Stevenson High School, unless otherwise indicated. Register for two or more camps at the same time, and receive a 10% discount!

How do I register for camps?

You may register online at www.d125.org/prep, send registrations by mail, fax to 847-634-7286 (credit card only), or drop off your forms to the PREP office.

Will I receive confirmation of enrollment?

Confirmations will be sent within 7 business days of receipt of your registration.

Age & Eligibility

Participants must be the appropriate age on the first day of camp or entering the appropriate grade in the Fall of 2012.

Do I need a physical form for summer camp?

No, you do not need a physical form to participate in summer camp.

What happens if I cancel a camp?

Participants may request a refund in writing (email prep@d125.org) for programs up to one week prior to the camp start date. A \$10 administrative fee is deducted from all refunds. If a student needs to withdraw from a camp after the camp has begun for medical reasons, a doctor's note must be received along with the written request.

Who Provides Transportation?

Transportation for all camps is the responsibility of the participant or parent. Students arriving in the morning to attend summer school may ride the summer school bus. No buses will be running at the end of camp.



High School Summer Sports

Badminton - Girls Grant Johnson

Be a part of one of the world's fastest racket sports. Learn how to drop, smash and clear. Students will learn how to time their movement in order to better hit the birdie and improve their games greatly. Please bring your racket on a daily basis. Practice rackets will be provided for athletes who do not have their own.



Note: First week of camp is Mon/Tue/Thu/Fri. 8 Sessions. **Fee: \$80**

Grade 9

Code HSU02 1:15pm-2:15pm M-Th 7/2 - 7/12* Fieldhouse, Lot D
*No camp on 7/4 - Makeup date: Friday 7/6

Grade 10-12

Code HSU01 2:15pm-3:15pm M-Th 7/2 - 7/12* Field House, Lot D
*No camp on 7/4 - Makeup date: Friday 7/6

Baseball Teaching Camp (Grade 9) Paul Mazzuca

Baseball coaches will teach players the fundamentals of baseball in order to improve individual skills. This camp is designed to emphasize the skills needed to be successful in the following areas: fielding, throwing, hitting, and base running. The camp will break down skills and reinforce technique through drills and scrimmages. Note: Please bring your own labeled equipment to camp. 4 Sessions. **Fee: \$80**



Code HSU03 1:15pm-3:15pm M-Th 6/11 - 6/14 Varsity Baseball Field, Lot E

Baseball League - Boys (Grade 10-12) Paul Mazzuca

Three teams will be organized to compete in the IHSBCA league. Tryouts for the teams will be announced (early June). These teams are very competitive and compete against other area high school teams. Games are held both home and away. Prereq: grade 10-12, Stevenson student, academic eligibility, tryout. The game schedule is played on a highly competitive level. Practices will be scheduled as needed for self development. The varsity team will compete in an end of year tournament. Note: Students need to arrive at 2:00-2:30pm.

Fee: \$350 (No Combo Discount)

Code HLU01 4:00-8:30pm M-Th 6/11 - 7/26 Varsity Baseball Field, Lot E

Check our Website at www.d125.org/prep for Updated or New Class Information

High School Summer Sports



Basketball Camp- Boys Pat Ambrose

This program is designed to assist boys in the development of individual basketball fundamentals and team concepts. The course emphasizes the Stevenson system of rebounding, shooting, offense, and defense. Drills, scrimmages and conditioning are included. Bring your own labeled basketball. Emphasis will be placed on team concepts, such as man to man defense, and fast break basketball. This camp will be more competitive than the youth camps. The skills taught are for individual offense and defense to team situations. Note: Bring your own labeled basketball.

Grade 9 12 Sessions.

Fee: \$200

Code HSU05 3:15pm-5:15pm M-Th 6/18 - 7/6* Field House, Lot D
*No camp on 7/4 - Makeup date: Friday 7/6

Grade 10-12 16 Sessions.

Fee: \$260

Code HSU04 1:15pm-3:15pm M-Th 6/11 - 7/6* Field House, Lot D
*No camp on 7/4 - Makeup date: Friday 7/6

Basketball League - Boys Pat Ambrose

This is a competitive summer league held in cooperation with Vernon Township. Teams will be organized and compete in a double round robin schedule against area teams.

Note: Transportation is not provided by SHS. **Fee: \$60 (No Combo Discount)**

Grade 9

Code HLU20 6:00pm-10:00pm M 6/11 - 7/2 Field House, Lot D

Grade 10

Code HLU16 6:00pm-10:00pm M 6/11 - 7/2 Field House, Lot D

Grade 11-12

Code HLU15 6:00pm-10:00pm W 6/13 - 7/11 (no league 7/4) Field House, Lot D



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High School Summer Sports

Basketball Camp- Girls Tom Dineen

This camp is for players interested in improving their individual and team skills. The fundamentals of competitive basketball according to the Stevenson basketball tradition will be emphasized. Bring your own labeled ball. 12 Sessions. **Fee: \$200**

Freshmen

Code HSU07 3:15pm-5:15pm M-Th 6/11 - 6/28 Sports Center, Lot E

Sophomore/Junior Varsity Level Players

Code HSU06 3:15pm-5:15pm M-Th 6/11 - 6/28 Sports Center, Lot E

Varsity Level Players

Code HSU08 1:15pm-3:15pm M-Th 6/11 - 6/28 Sports Center, Lot E

Basketball League - Girls Tom Dineen

These are competitive summer leagues that will give girls the opportunity to play in tournaments at Stevenson High School and various other locations. These leagues are designed for the advanced, competitive players. Players will be selected by coach's invitation or through evaluation at summer camp. League registration will begin April 2, 2012. Note: Transportation is NOT provided. The final schedule will be available the first day of camp.

Freshmen (Lake Zurich Summer League)

Fee: \$90 (No Combo Discount)

Code HLU04 Times TBA M, T or W* 6/11 - 7/11 at Lake Zurich
*1-2 days/week

Sophomore (Lake Zurich Summer League)

Fee: \$90 (No Combo Discount)

Code HLU05 Times TBA M, T or W* 6/11 - 7/11 at Lake Zurich
*1-2 days/week

Varsity (Maine West Summer League & Vernon Township Summer League)

Fee: \$180 (No Combo Discount)

Code HLU06 6:00pm-10:00pm M-S 6/12 - 7/21 at Maine West and SHS

High School Summer Sports

Bowling Camp (Grades 9-12) Barry Lapping, Brad Snell

During this camp, the students will learn a series of skill drills that will allow them to make changes in their physical games. Topics covered include: timing, arm swing, spare shooting, leverage and release. Grip and video analysis is also included. This sense of feel, with a better understanding of their physical game, will allow any bowler to take their skills to another level. 22 time PBA Champion Brad Snell will be teaching. Please note: Camp is held at the Lakeside Lanes in Mundelein. Transportation is not provided. 5 Sessions. **Fee: \$210**

Code HSU71

1:30-3:30pm

M-F 7/16 - 7/20

Lakeside Lanes



Fencing Camp Coed (Grade 9-12) Fernando Delgado

Beginning students of fencing will be taught the basics of the sport, weapon use and conditioning exercises. Veteran fencers will work on conditioning exercises and improvement of their competitive skills. A competitive tournament will be held at both levels of competition. 8 Sessions. **Fee: \$195**

Code HSU49

4:00pm-7:00pm

M-Th 7/16 - 7/26

Wood Commons, Lot E

Field Hockey Camp- Girls (Beginning) Laura Camastro

The camp's objectives are to gain an understanding of the fundamentals of field hockey and to learn various regulations. This camp is an introductory camp and will be teaching the basic fundamentals that are involved in field hockey. Cleats, running shoes, mouth guard, shin guards and a water bottle are required. Hockey sticks will be provided. 8 Sessions. **Fee: \$140**



Code HSU11

5:30pm-7:30pm

M & W 7/9 - 8/1

Stadium, Lot E

Field Hockey Camp- Girls (Experienced) Laura Camastro

The camp's objectives are to gain an understanding of the fundamentals of field hockey and to learn various regulations. Prereq: This camp is for players who have played at least 1 year competitively. Cleats, running shoes, mouth guard, shin guards and a water bottle are required. Hockey sticks will be provided. 8 Sessions. **Fee: \$140**

Code HSU46

5:30pm-7:30pm

M & W 7/9 - 8/1

Stadium, Lot E

High School Summer Sports



Football Camp Bill McNamara

This is an introduction to offense and defense the Stevenson Way! You are required to purchase a mesh practice jersey. The jersey order form is available at www.d125.org/prep.

Grade 9 12 Sessions. **Fee: \$195**

Code HSU13 1:15-3:15pm M-Th 6/11 - 6/28 Stadium, Lot E

Grade 10 17 Sessions. **Fee: \$250**

Code HSU21 3:15-5:15pm M-Th 6/11 - 7/3 Stadium, Lot E
8:00-10:00am Fri 6/15, 6/22, 6/29

Grade 11-12 20 Sessions. **Fee: \$295**

Code HSU12 3:15-5:15pm M-Th 6/11 - 7/12 (no class 7/4, 7/5, 7/9) Stadium, Lot E
8:00-10:00am Fri 6/15, 6/22, 6/29 (no class 7/6)

Golf Camp Coed - Grade 9 Andrew Conneen

This golf camp is designed for incoming freshman as an entry program into competitive golf. We will cover the fundamentals of the entire swing as well as golf etiquette and course management. Register for the Patriot Golf Open (see below) for a tournament experience. All ability levels are welcome. 2 Sessions. **Fee: \$85**

Code HSU14 1:30-4:30pm M & T 6/25 - 6/26 Deerfield Golf Learning Center

Patriot Golf Open - Grade 9 Andrew Conneen

This is a Coed 18-hole tournament for competitive golfers. Medals will be awarded to the top boy and girl golfers. 1 Session. **Fee: \$85**

Code HSU64 Tee Times starting at 1:30pm W 7/11 Crane's Landing Golf Course



Check our Website at www.d125.org/prep for Updated or New Class Information

High School Summer Sports

Lacrosse Camp - Girls (Beginning) Sarah Walker

This program is designed to introduce girls to the expectations of the Stevenson Lacrosse program. Emphasis will be on enhancing each player's fundamental lacrosse skills and understanding team concepts. Players will receive individual instruction at various positions.

Note: Bring your own girls lacrosse stick, colored mouthguards (preferably 2), water bottle and field shoes. ASTM certified goggles are not mandatory but are preferred. 4 Sessions.

Fee: \$80

Code HSU66 1:15pm-3:15pm M-Th 6/18 - 6/21 Game Field 13, Lot D

Lacrosse Camp - Girls (Experienced) Judith Bamshad

This program is designed for experienced Lacrosse players to become familiar with the Stevenson Lacrosse program. Emphasis will be on enhancing each player's fundamental lacrosse skills and understanding team concepts. Players will receive individual instruction at various positions. Note: Bring your own girls lacrosse stick, colored mouthguards (preferably 2), water bottle and field shoes. ASTM certified goggles are not mandatory but are preferred.

6 Sessions. **Fee: \$100**

Code HSU65 5:30pm-7:30pm T & Th 7/10 - 7/26 Stadium, Lot E

Lacrosse Camp - Boys (Grade 9) Brian Larsen

This program is designed to introduce incoming freshmen boys to the expectations of the Stevenson Lacrosse Program. The camp will focus on developing individual skills essential to success at the high school level and will also present team concepts used in the Stevenson lacrosse system. Emphasis will be on each player's fundamental lacrosse skills and understanding team concepts. Players will receive individual instruction at their primary position. The program includes drills, scrimmages and conditioning. Note: Players need to bring their own equipment. 8 Sessions. **Fee: \$140**

Code HSU15 3:15pm-5:15pm M-Th 7/16 - 7/26 Stadium, Lot E

Lacrosse Camp - Boys (Grades 10-12) Brian Larsen

This program is designed to provide further development of individual lacrosse skills and enhance understanding of team concepts. Emphasis will be on the Stevenson lacrosse system. Individual skills to be addressed include shooting, dodging, ball-handling, and man-to-man defense. Offensive and defensive team concepts that will be emphasized include team offense, team defense, EMO, EMD and fast break situations. The program includes drills, scrimmages and conditioning. Note: Players need to bring their own equipment. 8 Sessions.

Fee: \$140



Code HSU20 1:15pm-3:15pm M-Th 7/16 - 7/26 Stadium, Lot E

High School Summer Sports

Returning
Camp!

Soccer Camp - Coed (Grade 9) Shannon Kolze

Players will work on skills both defensive and offensive, to achieve success in high school soccer. Particular focus will be spent on movement on and off the ball, ball skills and communication. Note: Shin guards and cleats are required. Please bring a light and a dark t-shirt, and a labeled soccer ball. 8 Sessions. **Fee: \$140**
Note: First week of camp is Mon/Tue/Thu/Fri.

Code HSU17 1:15pm-3:15pm M-Th 7/2 - 7/12* Practice Field, Lot E

*No camp on 7/4 - Makeup date: Friday 7/6

Softball Camp - Girls (Grade 9) Larry Friedrichs

This intensive one week camp is designed specifically for incoming freshmen. It will include skills and techniques for hitting, fielding, base running, offense, defense and an introduction to the Stevenson system. 4 Sessions. **Fee: \$80**

Code HSU41 1:15pm-3:15pm M-Th 6/11 - 6/14 Varsity Softball Field, Lot E

Softball League - Girls (Grade 10-12) Larry Friedrichs

Two teams will be organized to compete in the IHSA Summer Softball league sponsored through Stevenson High School. If tryouts become necessary, your student will be informed of an early June tryout date. Athletes will gain additional "game experience" through this 18-20 game schedule, competing against area high school teams. Note: Athletes should plan to arrive by 3:30pm. Transportation is not provided. **Fee: \$225 (No Combo Discount)**

Code HLU07 4:00pm-8:00pm M & W 6/11 - 7/16* Varsity Softball Field, Lot E

*No league on 7/4

*Try again if you
were unable to take
a camp last summer...
Register early to help
your class run!*

Please note!
Summer registration applies
to the student's **NEW** grade

High School Summer Sports

Please note!
Summer registration applies
to the student's NEW grade



Volleyball Camp Stevenson Coaching Staff

Serve it up! Come join us and play volleyball the Stevenson way. Daily scrimmages and competitive drills will highlight each days' activities. We'll teach you the skills you need to succeed. Note: Bring your own labeled volleyball. 8 Sessions. **Fee: \$140**

Girls

Grade 9

Code HSU37 3:15pm-5:15pm M-Th 7/16 - 7/26 Field House, Lot D

Grade 10-12

Code HSU36 1:15pm-3:15pm M-Th 7/16 - 7/26 Field House, Lot D

Boys

Grade 9

Code HSU42 1:15pm-3:15pm M-Th 7/16 - 7/26 Sports Center, Lot E

Grade 10-12

Code HSU35 3:15pm-5:15pm M-Th 7/16 - 7/26 Sports Center, Lot E

Sign up for 2 or more qualifying PREP classes or camps at the same time and receive
a 10% discount!
(Does not apply to D125 Gold Card Discount)

Check our Website at www.d125.org/prep for Updated or New Class Information

High School Summer Sports



Wrestling Academy of Champions Shane Cook

This camp provides a challenging and motivating experience for wrestlers at all levels. The "Academy" is run by the Stevenson High School coaching staff with guest appearances by some of the area's top technicians. Participants will develop various wrestling skills including takedowns, set-ups, riding ability, escapes and pinning combinations. Note: Wear t-shirt, shorts and wrestling shoes. 8 Sessions. **Fee: \$140**

Grade 9

Code HSU58 5:00pm-7:00pm M-Th 6/18 - 6/28 Wrestling Room 2111, Lot E

Grade 10-12

Code HSU57 7:00pm-9:00pm M-Th 6/18 - 6/28 Wrestling Room 2111, Lot E

Summer Weight Room

This is the opportunity to stay in shape during the summer. Participate in the morning or afternoon. Specific sport "workouts" will be available. Use the weight room during your off season. If you are already enrolled in a qualifying sports camp, you have the use of the weight room for FREE. **Open to Stevenson High School students only.** **Fee: \$80***



Code HSU38 7:00am-3:00pm M-Th 6/11 - 8/2 (closed 7/4) Weight Room, Lot E

***Students enrolled in the following camps and leagues have use of the weight room at no additional cost:**

- | | |
|---------------|-------------|
| *Badminton | *Golf |
| *Baseball | *Lacrosse |
| *Basketball | *Soccer |
| *Bowling | *Softball |
| *Fencing | *Volleyball |
| *Field Hockey | *Wrestling |
| *Football | |



Like us on Facebook - Stevenson High School PREP

Patriot SwimAmerica

SwimAmerica is the learn-to-swim program of the American Swimming Coaches Association. It teaches beginners how to swim, as well as more experienced swimmers proper technique in the four competitive strokes, the freestyle, butterfly, breast stroke and backstroke.

SwimAmerica is quality swimming lessons using a progression of skills taught in 10 stations. Every student progresses at his/her own rate, independent from other students' development. Safety is the main reason for learning to swim. The *SwimAmerica* learn-to-swim program will give your child a safe start in life!

The coaches are gentle, responsible, and they understand children. They are certified by the American Swimming Coaches Association. The group sizes are very small, not more than 3 children per teacher for preschoolers, and not more than 5 children per teacher in the school age program through Station 8. Stations 9 and 10 are taught as pre-team practices, with no set student to teacher ratio.

Why *SwimAmerica*?

1. **Nationally Certified**
The *SwimAmerica* Lesson Program is certified by the American Swim Coaches Association. *SwimAmerica* is the fastest growing lesson program in the United States today.
2. **Simple, easy to follow**
The *SwimAmerica* program has ten levels. Each level focuses on one to four goals. No levels are assigned or selected ahead of time. Your child will be tested the first day of class and assigned to a level. No more guessing your child's level!
3. **Qualified Instructors**
Each instructor has been trained in the *SwimAmerica* program.
4. **Individual Awards!!**
Each swimmer will receive a laminated, four color certificate. Swimmers should bring it to the pool and keep track of their progress. As they progress through each of the ten levels, they will receive an emblem to place on the certificate.
5. **Peace of Mind**
When your swimmer completes Patriot *SwimAmerica*, they will be able to swim multiple lengths of the pool and all four competitive strokes!!!
6. **FUN!!!**
Our instructors are trained to teach the swimmers in an organized yet fun atmosphere. The more fun it is, the more the swimmers will want to learn.

To register: www.patriotswimamerica.org

Patriot SwimAmerica

<u>May Session</u>	Time	Youth Age 5+	Preschool Age 3-4
Sundays	11:00 – 11:30 am	\$50	\$60
5/6, 5/20, 6/3, 6/10	11:40 – 12:10 pm	\$50	\$60
(no class 5/13, 5/27)	12:20 – 12:50 pm	\$50	\$60
Mondays	6:45 – 7:15 pm	\$50	\$60
5/7, 5/14, 5/21, 6/4	7:25 – 7:55 pm	\$50	\$60
(no class 5/28)	8:05 – 8:35 pm	\$50	
Wednesdays	6:45 – 7:15 pm	\$50	\$60
5/9, 5/16, 5/23, 5/30	7:25 – 7:55 pm	\$50	\$60
	8:05 – 8:35 pm	\$50	

Sign
up early...
Classes fill
fast!

<u>Summer Session</u> - Classes meet Monday through Thursday						
	Session 1 June 18-28		Session 2 July 2-July 12 (no class 7/4)		Session 3 July 16-26	
Time	Youth Age 5+	Preschool Age 3-4	Youth Age 5+	Preschool Age 3-4	Youth Age 5+	Preschool Age 3-4
9:00–9:30 am	\$100	\$120	\$88	\$105	\$100	\$120
9:40–10:10 am	\$100	\$120	\$88	\$105	\$100	\$120
10:20–10:50 am	\$100	\$120	\$88	\$105	\$100	\$120
5:00–5:30 pm	\$100	\$120	\$88	\$105	\$100	\$120
5:40–6:10 pm	\$100	\$120	\$88	\$105	\$100	\$120
6:20–6:50 pm	\$100	\$120	\$88	\$105	\$100	\$120

Questions? SwimAmerica Coordinator
call: 847-415-4064
OR email: patriotswimamerica@gmail.com

PREP combo discount does not apply to *SwimAmerica* lessons.

Patriot Aquatic Club - Swim Team

This program offers competitive opportunities, techniques, development and fun to swimmers in the District 125 community and throughout Northeastern Illinois. All swimmers should possess a desire to compete in swim meets suggested by the coaches for their practice group. The swim program is generally for athletes six and over and is divided into progressive groups according to ability. Swimmers compete in sanctioned USA Swimming meets throughout the season. All swimmers must be members of USA Swimming to be a part of the team. USA Swimming Fees are paid in the Fall each year. Descriptions of the groups are provided with typical practice schedules. Actual schedules vary based on the availability of the facility, as High School activities take precedence over the club schedule. Meet fees are extra. **Out of district swimmers add an additional \$100.**

2012 SPRING/SUMMER SEASON: APR 2 - JUL 26

REGISTRATION DATES

**For New and Returning Swimmers
February 13, 2012 - March 15, 2012**

(Fees will increase by \$30 for all registrations completed after March 15, 2012)

**All Team Activities, Registration and Communications
are done via the PAC website:**

www.patriotaquaticclub.org

Team Voice Mail: 847-415-4260

Team Email: patriotaquatic@gmail.com

Swimmers NEW to the PAC program

New members are always welcome to join anytime. First, each swimmer must attend a skill evaluation session, when a staff member will recommend placement into an appropriate ability team. Please note:

New swimmers must attend the evaluation prior to registration on the website. Please report directly to the pool on one of the following times for the skill evaluation:

Tue, February 21st	6:30 - 7:30pm
Wed, February 22nd	6:30 - 7:30pm
Mon, March 5th	6:30 - 7:30pm

If your child makes the PAC Swim Team, the parents will need to attend the following meeting:

**Mandatory Parent Meeting for New Swimmers
Monday, April 2nd 6:30 – 7:30 pm**

PAC Swim Team Descriptions

NOVICE TEAM: \$385, after 3/15: \$415. Meet fees are extra. 2012 USA Swimming Membership required (\$60). This is a beginner group with nearly an entire emphasis on stroke technique. This group will be introduced to low levels of competition, such as intrasquad, dual or home meets. This group will cover all fundamentals of starts and turns.

Usual practice times: M-Th: 6:30 – 7:15 pm. After 6/11, M-Th: 5:15 - 6:00 pm.

BRONZE TEAM: \$445, after 3/15: \$475. Meet fees are extra. 2012 USA Swimming Membership required (\$60). This group is intended for swimmers who have grasped the basics of swimming. All four of the competitive strokes should be legal, and swimmers in this group are expected to enter and compete in local meets. Practices are usually offered five nights a week, but the coaching staff recommends that most swimmers attend an average of three times per week.

Usual practice times: M-Th: 7:15 – 8:15 pm, F: 6:30 - 7:30 pm. After 6/11, M-F: 6:00 - 7:00 pm.

SILVER TEAM: \$530, after 3/15: \$560. Meet fees are extra. 2012 USA Swimming Membership required (\$60). These swimmers have started to exhibit good swimming skills and will be introduced to advanced training methods. There is still a great emphasis on stroke mechanics, as more aspects of the sport are integrated. Practices are usually offered five nights a week, but the coaching staff recommends that most swimmers attend an average of three to four per week. Swimmers are expected to compete in several meets throughout the season, including possible regional meets and invitationals.

Usual practice times: M-F: 6:30 – 7:45 pm. After 6/11, M-F: 5:30 - 6:45 pm.

GOLD TEAM: \$635, after 3/15: \$665. Meet fees are extra. 2012 USA Swimming Membership required (\$60). Gold swimmers generally have a skill level commensurate with Illinois JO and Illinois Regional time standards. The swimmers in this group are almost entirely experienced age group swimmers, who have progressed through each of the groups. Swimmers are expected to commit to training on a regular basis, as more advanced methods of training are introduced at this level. Swimmers are expected to compete in local, regional, state and national level meets whenever qualified.

Usual practice times: M-F: 7:00 – 9:00 pm. After 6/11, LC morning practices TBA and M-F: 4:00 - 6:00 pm.

SENIOR TEAM: \$775, after 3/15: \$805. Meet fees are extra. 2012 USA Swimming Membership required (\$60). The senior group consists of both SHS swimmers, and other swimmers that have exhibited a high level of swimming and workout ability. These swimmers are expected to be mature, dedicated, responsible and dependable. Swimmers in this group can use the practices to maintain their fitness level, and it is expected that swimmers in this group participate in at least two meets in the course of the season.

Usual practice times: M-F: 6:45 – 9:00pm. After 6/11, M-F: 6:00 - 8:00 am and 3:30 - 5:45 pm.

SENIOR ADVANCED TEAM: \$775, after 3/15: \$805. Meet fees are extra. 2012 USA Swimming Membership required (\$60). This team consists of both SHS swimmers and other swimmers that have met the following requirement: one Senior State Qualifying Time Standard. The focus of this group is to train and prepare for Senior State. To continue to be a part of this training group a swimmer must maintain an attendance rate of 80%. Swimmers are expected to participate in 50% of scheduled meets, and participate at Senior State.

Usual practice times: M-F: 5:45 – 8:00 pm. After 6/11, M-F: 6:00 - 8:00 am and 3:30 - 5:45 pm.

SENIOR ELITE TEAM: \$775, after 3/15: \$805. Meet fees are extra. 2012 USA Swimming Membership required (\$60). This team consists of both SHS swimmers and other swimmers that have met the following requirement: one Sectional State Qualifying Time Standard. The focus of this group is to train and prepare for state, regional and national level competitions. To continue to be a part of this training group a swimmer must maintain an attendance rate of 80%. Swimmers are expected to participate in 50% of scheduled meets, and participate at Sectionals at the end of the season.

Usual practice times: M-F: 5:45 – 8:00 pm. After 6/11, M-F: 6:00 - 8:00 am and 3:30 - 5:45 pm.

SPRING SPORT SENIOR: \$605, after 5/15: \$635. Meet fees are extra. 2012 USA Swimming Membership required (\$60). This group consists of Senior, Senior Advanced and Senior Elite Team members who are college swimmers or played High School Water Polo or other High School spring sport. See above descriptions for requirements and practice times.

Patriot Aquatic Club - Diving

The PAC Diving Programs are designed for two types of athletes: **Learn to Dive Program** for divers with little or no experience who wish to improve the quality of his/her diving and gain enough skills and control to be ready for the next level of instruction or training; and **Dive Team** designed for divers of almost any caliber who wish not only to dive recreationally, but who also want to do competitive diving with quality instruction for safety and skill improvement. **Out of District 125 registrants pay an additional \$50 per session.**

Learn to Dive Programs: Athletes will be taught basic skills: forward and backward take-offs, approach and hurdle, forward and backward entries. All the dives and skills are based on each individual's physical ability and understanding of the skill, to ensure both a safe and fun atmosphere and to create a good learning experience for all.

Spring Session	4/1 – 5/20 (no class 4/8 and 5/13)	Sun	11am-1pm	\$150. Register by 3/29
Summer Session 1	6/18 - 6/28	M-Th	10-11am	\$100. Register by 6/18
Summer Session 2	7/2 - 7/12 (no class 7/4)	M-Th	10-11am	\$ 88. Register by 7/2
Summer Session 3	7/16 - 7/26	M-Th	10-11am	\$100. Register by 7/16

Dive Team: Open to any High School, US Diving/AAU Junior, Senior and Master level divers. They will attend 2-4 practices per week, and incorporate light stretching and dryland activities into their training at the pool. Once they attain the minimum dive requirements, they will attend AAU and US Diving meets. New members must attend a practice for assessment before registering for the Dive Team. All athletes must register with AAU diving.

Spring Session	4/3 – 6/7	T/Th Sun	7:30-9:30pm 1-3pm	\$400. Register by 4/2
Summer Session	6/11 - 7/26	M-Th	11am-1pm	\$425. Register by 6/11

Please note that actual practice times vary based on the availability of the facility, as High School activities take precedence over the club aquatics schedule. For actual practice times and to register for the above programs, go to the website listed below.

**For practice schedules and to register for these programs go to:
www.patriotaquaticclub.org**

PREP REGISTRATION FORM / WAIVER

1 Participant's
Last Name _____
 Address _____
 City / State / ZIP _____
 Home Phone (____) _____ Work Phone (____) _____
 Confirmation E Mail Address _____

Mail form & payment to:
PREP
Stevenson High School
One Stevenson Dr.
Lincolnshire, IL 60069

Special needs
 Name _____
 Please Indicate
 special concerns.

Withdrawal: Written request 1 week prior to course will receive full refund less \$10 processing fee.

2

Participant's First Name	Birth Date	Gender	Program	Code	Fee

FAX your registration to 847-634-7286

3 Cash Check Charge Visa MasterCard Amount of Payment _____
 Account No./Check No. _____ Expiration Date _____
 Cardholder Name _____ Cardholder Signature _____

Acknowledgment, Waiver & Insurance Information

We/I the participant or parent(s)/guardian(s) of a participant in PREP program(s) at Stevenson High School, recognize(s) and acknowledge(s) that there are risks of physical injury including serious personal injury, paralysis, death, damages, medical care expenses, or loss which may be sustained as a result of participating in any or all such activities connected with or associated with these program(s). Our/my son/daughter is permitted to participate in all such activities.

We/I understand that the School District does not provide health/accident insurance for participants in such programs. We/I the participant(s) or parent(s)/guardian(s) understand that we/I become responsible for the payment of medical expenses for the care and treatment, including continuing care and treatment, of ourselves/myself or our/my son/daughter as a result of a personal injury or other loss of any type incurred during participation in the PREP program of this School District. We/I hereby waive all claims against Stevenson High School District 125, and any corporate entities, their employees and agents which are offering PREP classes, including but not limited to medical expenses, personal expenses or other loss or damage, we/I may have/or incur as a result of our/my participation or my son/daughter's participation in any program at Stevenson High School District 125 and release and discharge said School District including its board members, administrators, officers, agents, servants and employees, and any corporate entities, their employees, and agents which are offering PREP classes of and from any such expenses. I have read and fully understand and accept the program details, policies, procedures, waiver and release of all claims.

4 _____
 (Signature of Parent/Guardian/Participant 21+)

Waiver must be signed to process registration form.

Registration

4 Convenient Ways to Register

On-line registration:

www.d125.org/prep

Registrations can be processed 24/7 using your Visa or Mastercard only



Fax It:

847-634-7286

Registrations can be faxed to PREP 24/7 using your Visa or Mastercard only.



Walk-in registration:

The PREP office is located next to the principal's office Room 3044 (parking lot B).

Mail registrations to:

PREP
Stevenson High School
One Stevenson Drive
Lincolnshire, IL 60069



Check
payable to SHS-PREP



Cash



VISA/MASTERCARD

COMBINATION DISCOUNT PRICING

Sign up for 2 or more qualifying PREP classes or camps at the same time and receive a 10% discount!
(Does not apply to D125 Gold Card Fee)

CONFIRMATION WILL BE MAILED

Confirmations will be mailed or emailed within 7 business days of receipt of your registration.

Contact

Office Hours: Mon - Fri: 7:00 AM - 4:00 PM

PREP:

Phone: 847-415-4145 FAX: 847-634-7286

WEB SITE: www.d125.org/prep

Patriot Recreation Education Program

Adlai E. Stevenson High School

One Stevenson Drive

Lincolnshire, IL 60069-2015

www.d125.org/prep

Patriot Recreation Education Program Stevenson High School District 125

REGISTRATION NOW OPEN

Adult Education Classes

SwimAmerica Lessons

High School and Youth Summer Camps

Brochures available at the Vernon Area and Elia Township Libraries

or online at www.d125.org/prep

