

MANHAPPENINGS

Play • Nature • Exercise • Positive Space • Gathering Place



MB NEWS



**Parks
Make
Life
Better!**[®]

Summer 2015

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Manhattan Beach PARKS & RECREATION




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 Visit us online to view a video sample of our classes.

Resident Registration NOW OPEN

(Non Resident Registration begins June 1, 2015)

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MANHATTAN BEACH TO HOST 2015 SPECIAL OLYMPICS WORLD GAMES

Special Olympic athletes from over 170 countries will compete in Los Angeles in the 14th Special Olympics World Summer Games being held July 25 – August 2, 2015.

The City of Manhattan Beach is one of four beach cities selected to participate in the Special Olympics World Games Host Town Program from July 21 - 24, 2015. As a Host Town, the City of Manhattan Beach will play host to Special Olympics delegations (which include Special Olympics athletes and coaches) from Hungary and Nepal. The delegations will spend July 21-24, 2015 in and around the South Bay Beach Cities as they become acclimated to the time zone, enjoy activities that the city has to offer and prepare to compete at the World Games.

"Manhattan Beach is proud to be part of the Special Olympics World Games family. We are thrilled to be hosting athletes from Hungary and Nepal during the three days leading up to the World Games. Our Host Town program is being driven by an energetic and dedicated group of local residents who have planned a memorable time during which the athletes can acclimate, train and interact with our resident during a variety of planned activities," said Mayor Wayne Powell.

The following is a tentative calendar of events for Host Town activities. Please save the dates and plan to take part in supporting our guests.



Special Olympics
WORLD GAMES
LOS ANGELES 2015



DAY	TIME	EVENT
Tuesday, July 21	2:45 p.m.	Torch Run begins at Manhattan Beach Police Department
Tuesday, July 21	TBD	Athletes arrive by bus at the Manhattan Beach Marriott
Wednesday, July 22	9:00 – 10:30 a.m. 12:00 p.m. 5:30 – 8:00 p.m.	Workout – Mira Costa Stadium Gym (Athletes Only) Beach Picnic at Manhattan Beach Pier (Athletes Only) Firefighters Assoc. Spaghetti Dinner (Athletes Only)
Thursday, July 23	10:00 – 11:30 a.m. 11:30 – 1:00 p.m. 5:00 – 8:30 p.m.	Workout – Mira Costa Stadium Gym (Athletes Only) Picnic Lunch at Mira Costa (Athletes Only) Polliwog Park Community Dinner/Concert
Friday, July 24	9:30 – 11:00 a.m.	Sendoff Event at Redondo Performing Arts Center (Host Town Delegates: Manhattan Beach, Hermosa Beach, Redondo Beach and El Segundo) (Athletes Only)

If you would like to volunteer at Host Town events, please email: mbhostown@gmail.com.

The Host Town program has been an important element of Special Olympics World Games since 1995, and the experience has left a lasting impression on local communities in Ireland, Japan, China, Greece, and South Korea and the United States, all of which have previously organized Host Town Programs as part of the Special Olympics World Games.

The Opening Ceremony will be held on July 25, 2014 in the historic Los Angeles Memorial Coliseum, site of the 1932 and 1984 Olympic Games, is expected to attract 80,000 spectators. For more information on the Special Olympics World Games, visit www.LA2015.org.



EXPLORE SUSTAINABLE GARDENING

The Manhattan Beach Botanical Garden hosts a series of FREE Saturday morning classes. Topics will cover:

- Native Plants, Trees, Succulents & Cycads
- Sustainable Landscaping
- Mulching
- Beneficial Insects
- Irrigation
- All About Bees

The Botanical Garden is an all-volunteer, non-profit public education organization dedicated to promoting Earth-friendly gardening techniques, encouraging the use of drought-tolerant plants including CA natives, and conserving our natural resources. The Garden is located in Polliwog Park at 1236 N. Peck Ave. For more information, please visit manhattanbeachbotanicalgarden.org.



THE SMOKE-FREE

Public Places ordinance has been in place for nearly one-year, and the City is working to improve the ordinance and promote compliance with the regulations.

City Council also directed staff to look into expanding the ordinance to include multi-unit housing and consider licensing for tobacco retailers. More information is available on the City's Going Green website. #BreatheFreeMB

SHOP, DINE AND PARK FOR FREE WITH YOUR EV!

Did you know the City has several electric vehicle charging stations available for you to use at no charge? Currently located in the lower Civic Center parking garage, and Parking Lot 4 in North Manhattan Beach, the stations can be used for 2 hours at a time, while the vehicle is charging. Please be courteous to other EV drivers and move your car in a timely matter.

Thanks to a Clean Transportation grant from the Mobile Source Air Pollution Reduction Review Committee (MSRC), the City is installing additional charging stations and monitoring infrastructure in the Metlox and Lot 3 parking garages.

Sign up on the City's e-News website to keep up to date on our environmental programs. Please send any questions to SustainableMB@citymb.info or contact our Environmental Programs Manager, Sona Coffee, at (310) 802-5341.



MANHATTAN BEACH LIBRARY

**1320 Highland Ave.
Manhattan Beach, CA 90266
(310) 545-8595**

HOURS:

Mon 10-9 Tue 10-9

Wed 10-9 Thu 10-6

Fri 12-6 Sat 10-5

Sun Closed

The new library will host children's story times twice a week on Tuesday and Wednesday mornings at 10:30am.

LIBRARY FEATURES:

- 21,500 square feet
- Automatic book-sorting machine (the first in the County of Los Angeles Public Library system)
- Adult reading area with a fireplace and a view of the ocean
- Nine public access computers in the adult area of the library
- Children's area including Family Place, an interactive learning wall, four early literacy computers, and an additional six children's access computers
- Teen area with five teen access computers and a pop-up LED station for gaming and movies
- Meeting Room with a capacity of 100 includes state-of-the-art audiovisual system with remote touch panel controls and a kitchen
- Four study rooms, each study room includes a data projector for laptop connection

FOR MORE INFO LOG ON TO

<http://www.colapublib.org/libs/manhattan/new-building.php>



CITY OFFICIALS

Wayne Powell... Mayor
Mark Burton... Mayor Pro-Tem
Amy Howorth... Councilmember

Tony D'Errico... Councilmember
David Lesser... Councilmember
Tim Lilligren... City Treasurer

ADMINISTRATIVE OFFICIALS

Mark Danaj... City Manager
Nadine Nader... Assistant City Manager
Liza Tamura... City Clerk

City Council meets the 1st and 3rd Tuesday at City Hall, 6:00 p.m.

SPECIAL EVENTS

All Ages



JULY 2015
PARK & RECREATION MONTH

Get into the groove
Try something new this July
Put a move & recreate with MB Party & Rec
Free one day recreation classes throughout July

Parks Make Life Better!



Metamorphosis of Japan After the War

6/13 - 7/11 Opening Reception: 6/13 from 7-9 PM

This exhibition focuses on the uniquely turbulent and transformative postwar years to create a picture of Japan through the sharpest and most engaged photographic eyes of their time.

This exhibition is divided into three sections – “The Aftermath of the War,” “Between Tradition and Modernity,” and “Towards a New Japan.” Although the arrangement may seem arbitrary, the sequence provides a vivid narrative of the convoluted aspects of this complicated era.

The exhibition is organized by The Japan Foundation



MANHATTAN BEACH ART CENTER
1560 Manhattan Beach Boulevard



Manhattan Beach Art Center Gallery

The Manhattan Beach Art Center Gallery is open Wednesday - Sunday 1-5 PM and Thursday 1-8 PM. Exhibitions are free to the public and hosts some of the most important art exhibition in the region.



Father's Day Beach Volleyball Tournament

Sunday, June 21, 2015 from 9AM to 12PM
at the Manhattan Beach Pier.

Register today at www.citymb.info/registration

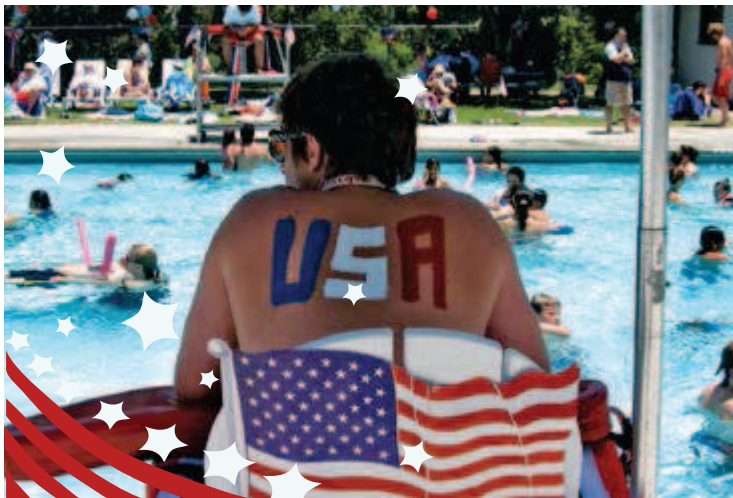
Fathers and daughters. Fathers and sons.



SALUTE TO THE TROOPS

Picnic & Concert

Sunday, June 28, 2015 • 5 PM - 7 PM • Polliwog Park



4th of July Pool Party Celebration

Saturday, July 4, 2015 • 10:00 AM to 2:00 PM

Begg Pool, 1402 North Peck Avenue, Manhattan Beach

\$5.00 per person

For more information, please contact Begg Pool at (310) 802-5428 or the Parks and Recreation Department at (310) 802-5448 or via email at mbparksandrec@citymb.info.

MANHATTAN BEACH PARKS AND RECREATION

CONCERTS IN THE PARK 2015

The Manhattan Beach Concerts in the Park series is an annual, summer-long event held each year at Polliwog Park. From Jazz to Country, Concerts in the Park features many of Southern California's premier bands.

Handicap parking is available in the Historical Society parking area from 3:00 PM to 7:00 PM. A sign will be posted on the driveway gate when this area is filled. Overflow handicap parking is available in the Begg Pool parking area located at the bottom of the ramp leading to Begg Pool, 1402 North Peck Avenue, Manhattan Beach, CA 90266.

Performances are Sundays from 5PM to 7PM and free to the public.

Check out the entire summer line-up on the back cover or at www.citymb.info/concertsinthepark

SPECIAL EVENTS

All Ages

City of Manhattan Beach Parks & Recreation Department

48th Annual

2015 MB OPEN TENNIS TOURNAMENT

Live Oak Park & Mira Costa Tennis Facilities | July 16-19, 2015

See page 27 for details

[@mbparksandrec](#) [www.citymb.info/tennistournament](#)

INTERNATIONAL SURF FESTIVAL



2015

CHARLIE SAIKLEY

6-Man

MB BEACH VOLLEYBALL TOURNAMENT

THURSDAY, JULY 30TH AND FRIDAY, JULY 31ST

Open Divisions

- Men (ages 15 years & up) A# 23898
- Women (ages 15 years & up) A# 23902

Master's Division

- Men (40 Years and up) A# 23895
- Men (50 years and up) A# 23897
- Women (35 Years and up) A# 23900

Fees

- Non-sponsored Teams \$500
- Local Sponsored Teams \$1,000
- ISF Sponsored Teams or Corporate Sponsorship \$2,500

REGISTER AT WWW.CITYMB.INFO/6MAN



INTERNATIONAL SURF FESTIVAL

STAGED BY THE CITIES AND CHAMBERS OF COMMERCE
HERMOSA BEACH - MANHATTAN BEACH
REDONDO BEACH - TORRANCE
AND THE COUNTY OF LOS ANGELES

The 2015 host city for the 54th International Surf Festival is the City of Hermosa Beach. The event promotes the world's best lifeguard service and physical fitness for thousands of participants.

The three signature events for the festival are the **Judge Taplin Lifeguard Medley Relay**, the **Dwight Crum Pier-to-Pier Swim**, and the **Charlie Saikley 6-Man Volleyball Tournament**. Other great events include a surfing contest, bodysurfing contest, beach run, paddleboard race, dory race, and youth events. The festival has hosted numerous international lifeguard teams including teams from Victoria, Australia.

For more information, visit www.surffestival.org

SAVE THE DATE

10.25.15
PUMPKIN RACE

SPECIAL EVENTS

All Ages



55th Annual Sand Castle Design Contest

Sunday, August 2, 2015

9:00 AM to 12:00 PM

(Registration begins at 8:40 AM on the south side of Manhattan Beach Pier)

Cost: Free

Open to ages 5+

Location: South Side of Manhattan Beach Pier

For more information, visit
www.citymb.info/sandcastlecontest



THE TEMPEST

Friday, August 14 at 7 PM



AS YOU LIKE IT

Saturday, August 15 at 7 PM

SHAKESPEARE BY THE SEA

For audiences seeking quality family entertainment, Shakespeare by the Sea's free performances can't be beat. Pack a picnic, a blanket, and a low back beach chair; gather loved ones and settle in under the stars for a night of classic entertainment. The tales are timeless, the admission free, and the experience priceless.

Polliwog Park

1601 Manhattan Beach Blvd, Manhattan Beach 90266



Admission is **Free**
(donations gratefully accepted)



Info: 310.217.7596
www.shakespearebythesea.org



7th ANNUAL Kids EXTREME

SWIM • RUN • Muddy and Fun Obstacle Course

Sunday, August 16, 2015

9:00 AM to 11:00 AM

Begg Pool ► Begg Field ► Polliwog Park

\$38 resident/\$42 nonresident ► A# 23350

Be ready to swim, run, go over, under, through and between various obstacles! Mud, tires, hay, water, walls and much more will be provided for you to challenge your physical ability. This event promotes fun and a healthy way for kids to have a feeling of accomplishment and encourage self esteem. Everyone who participates in this event will be a winner!

AQUATICS

All Ages



BEGG POOL INFORMATION

1402 North Peck Avenue
Manhattan Beach, CA 90266
(310) 802-5428 • (310) 802-5448

<http://www.citymb.info/aquatics>

AQUATICS REFUND & TRANSFER POLICY

1. If you are not 100% satisfied with the program after attending the first day of class, a full refund will be issued.
2. Transfers will be issued prior to the second class meeting without a transfer fee. Transfers after the first class meeting are subject to a fee and must be approved by staff.
3. A "Refund Request Form" may be picked up at City Hall, Parks & Recreation Department, 8am-5pm Monday-Friday or you may have one mailed or emailed by calling (310) 802-5448.

RECREATIONAL SWIM

\$3/person/visit	\$5/person/visit
June 22-August 30	June 26-August 21
Sat through Thu	Fri*
1:00 PM-2:50 PM	12:00 PM-4:00 PM

Please note:

Mandatory "potty break" from 1:55 PM - 2:00 PM
*Saturday, July 4th - Special hours due to annual 4th of July Pool Party. See Special Event section for more information.

LAP SWIM

\$4/person/visit		
Jun 22-Aug 28	Jun 22-Aug 27	Jun 27-Aug 8
Mon-Fri	Mon-Thu	Sat
7:15 A-8:15 A	9:00 P-10:00 P	7:50 A-8:50 A

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WATER AEROBICS

\$4/person/session

June 22 - August 27	June 22 - August 27
Monday - Thursday	Monday - Thursday
7:30 AM - 8:15 AM	3:00 PM - 3:45 PM

This class is designed for men and women who are looking to get in shape, for low impact cardiovascular exercise that will increase cardiovascular endurance and to meet new friends. Workout includes a warm-up, aerobic exercise, stretching exercises and relaxation exercises to increase flexibility. Classes are drop-in, so no registration is necessary. Knowing how to swim is not a prerequisite for participation in this class.

BEGG POOL MASTERS

6:15 AM-7:15 AM • Mon through Fri
\$45/month • A#: 20689

Begg Pool Masters is designed to help swimmers improve fitness and/or train for specific goals and offer active support for a healthy lifestyle through friendship and camaraderie. Workouts are structured for all swimming abilities ranging from beginning lap swimmers to college athletes. Swimmers are required to join Southern Pacific Masters Association (SPMA) within their first month of enrollment. Membership of SPMA is good for the entire year and the cost is approximately \$48. We invite you to come and swim with us! Coach: Steve Hyde

FISH TICKETS

Fish Tickets can be used for any drop-in recreation activity. Tickets cost \$20 and are good for \$25 worth of activities. You can purchase your fish tickets from the pool staff at the Begg Pool office or in the Parks and Recreation Department, 1400 Highland Avenue.

POOL RENTAL

Begg Pool is available for rent most Friday, Saturday, and Sunday afternoons. The cost is \$150/hour for residents and \$190/hour for nonresidents. The rental fee includes pool lifeguards for up to 50 guests. Parties larger than 50 guests will be charged additional fees to cover the cost of additional lifeguards. Bookings are on a first come, first served basis. For reservation information, call (310) 802-5429.

SPECIAL EVENTS

2015 POOL "KICKOFF PARTY"

Saturday, June 20, 2015
10:00 AM - 2:00 PM
Free

Come and meet the summer Aquatics staff and have a fun day in the sun! This fun free event is for the whole family. There will be water games, water balloon tossing, swimming, and music. No food will be provided but you're more than welcome to bring a picnic to eat on the grass area.

4TH OF JULY POOL PARTY

Saturday, July 4, 2015
10:00 AM - 2:00 PM
\$5 per person

Join the Aquatics staff for a great celebration of our nation's independence! There will be water games, water balloon tossing, swimming, and music. No food will be provided but you're more than welcome to bring a picnic to eat on the grass area.

POOL RULES

All patrons entering the facility during recreational/lap swim times are required to pay the facility admission fee, including spectators, except those seated in the bleacher area.

- Swim suit attire required
- Children not potty trained must wear a swim diaper
- Children under age 7 must be accompanied by an adult in the water at all times (4 children max per 1 adult)
- Water toys and U.S. Coast Guard Type III approved lifejackets may be used at the Pool Manager's discretion. Each individual wearing a U.S. Coast Guard Type III lifejacket must be accompanied by an adult in the pool, within arms reach.

NOT ALLOWED IN POOL OR POOL AREA

- Flotation devices
- Running
- Smoking
- Diving
- Pets
- Breath-holding games

NO EXCEPTIONS

- The City reserves the right to refuse access at any time
- All patrons are required to exit the pool from 1:55 PM - 2:00 PM for a mandatory restroom break.

JR. GUARDS PROGRAM

Res: \$385 Nonres: \$423 9 but less than 15
 This program is open to all boys and girls ages 9-14 who can swim 50 yards in one (1) minute or less; who want to learn and experience the fundamentals of being a lifeguard while having fun. Students will gain a wide variety of skills including first aid, CPR, water rescue, physical fitness, ocean safety and assistance with career development. The fee includes uniform (t-shirt, shorts, sweatshirt) and field trips (various beaches and Raging Waters Water Park). The Jr. Guard Program offers two four-week sessions in the summer.

23489		8:15am to 12:15pm
6/22-7/17	M Tu W Th F	
23490		8:15am to 12:15pm
7/20-8/14	M Tu W Th F	

PARENT AND ME SWIM LESSONS

Res: \$70 Nonres: \$77 1 but less than 4
 For children 1 to 3 years old. Parent or guardian must participate in the water during each class with their child. Limit of one child per adult. Children must wear a swimming diaper. This class is not designed to teach your child to swim. Class is to help develop swimming readiness by leading parents and their children in water exploration activities with the objective of having fun and becoming comfortable in, on and around the water. One make-up classes allowed per session. No class 7/4 & 7/5.

23539		9:40am to 10:15am
6/27-8/8	Sa	
23540		9:40am to 10:15am
6/28-8/9	Su	
23535		10:20am to 10:55am
6/27-8/8	Sa	
23537		10:20am to 10:55am
6/28-8/9	Su	
23536		11am to 11:35am
6/27-8/8	Sa	
23538		11am to 11:35am
6/28-8/9	Su	

PRE-SWIM TEAM CLASS

Res: \$165 Nonres: \$185 5 but less than 18
 The Pre-Swim Team is the mandatory prerequisite class for the MB Dolphins Swim Team. Swimmers must be able to swim 50 yards freestyle and 50 yards backstroke without stopping, and have some knowledge of breaststroke technique. Swimmers must attend 50% of all the practices to be eligible to join the MB Dolphins Swim Team.

23556		6:15pm to 7pm
6/29-8/27	M Tu W Th	

PRIVATE SWIM LESSONS

3 and up
 One-on-One learning environment for children or adults. Children must be three years old, potty trained, and able to be in the water without a parent. Private lessons are for all skill levels. Begg Pool offers private swim lessons weekdays and weekends. See schedule for more information. One make-up class allowed per session. No class on 7/4 & 7/5.

Res: \$245 Nonres: \$270		
Saturdays		
23603		9am to 9:35am
6/27-8/8	Sa	
23604		9:40am to 10:15am
6/27-8/8	Sa	
23605		10:20am to 10:55am
6/27-8/8	Sa	
23608		11am to 11:35am
6/27-8/8	Sa	
23606		11:40am to 12:15pm
6/27-8/8	Sa	
23607		12:20pm to 12:55pm
6/27-8/8	Sa	
Sundays		
23609		9am to 9:35am
6/28-8/9	Su	
23610		9:40am to 10:15am
6/28-8/9	Su	
23611		10:20am to 10:55am
6/28-8/9	Su	
23614		11am to 11:35am
6/28-8/9	Su	
23612		11:40am to 12:15pm
6/28-8/9	Su	
23613		12:20pm to 12:55pm
6/28-8/9	Su	

Res: \$296 Nonres: \$326		
Session 1		
23559		9am to 9:35am
6/22-7/2	M Tu W Th	
23560		11am to 11:35am
6/22-7/2	M Tu W Th	
23561		11:40am to 12:15pm
6/22-7/2	M Tu W Th	
23562		12:20pm to 12:55pm
6/22-7/2	M Tu W Th	
23563		3pm to 3:35pm
6/22-7/2	M Tu W Th	
23564		3:40pm to 4:15pm
6/22-7/2	M Tu W Th	
23565		4:20pm to 4:55pm
6/22-7/2	M Tu W Th	
23566		5pm to 5:35pm
6/22-7/2	M Tu W Th	
Session 2		
23567		11am to 11:35am
7/6-7/16	M Tu W Th	

23568		11:40am to 12:15pm
7/6-7/16	M Tu W Th	
23569		12:20pm to 12:55pm
7/6-7/16	M Tu W Th	
23570		3pm to 3:35pm
7/6-7/16	M Tu W Th	
23571		3:40pm to 4:15pm
7/6-7/16	M Tu W Th	
23572		4:20pm to 4:55pm
7/6-7/16	M Tu W Th	
23573		5pm to 5:35pm
7/6-7/16	M Tu W Th	
Session 3		
23574		9am to 9:35am
7/20-7/30	M Tu W Th	
23575		11am to 11:35am
7/20-7/30	M Tu W Th	
23576		11:40am to 12:15pm
7/20-7/30	M Tu W Th	
23577		12:20pm to 12:55pm
7/20-7/30	M Tu W Th	
23578		3pm to 3:35pm
7/20-7/30	M Tu W Th	
23579		3:40pm to 4:15pm
7/20-7/30	M Tu W Th	
23581		5pm to 5:35pm
7/20-7/30	M Tu W Th	
Session 4		
23582		11am to 11:35am
8/3-8/13	M Tu W Th	
23583		11:40am to 12:15pm
8/3-8/13	M Tu W Th	
23584		12:20pm to 12:55pm
8/3-8/13	M Tu W Th	
23585		3pm to 3:35pm
8/3-8/13	M Tu W Th	
23586		3:40pm to 4:15pm
8/3-8/13	M Tu W Th	
23587		4:20pm to 4:55pm
8/3-8/13	M Tu W Th	
23588		5pm to 5:35pm
8/3-8/13	M Tu W Th	
Res: \$148 Nonres: \$163		
Session 5		
23589		9am to 9:35am
8/17-8/20	M Tu W Th	
23590		11am to 11:35am
8/17-8/20	M Tu W Th	
23591		11:40am to 12:15pm
8/17-8/20	M Tu W Th	
23592		12:20pm to 12:55pm
8/17-8/20	M Tu W Th	
23593		3pm to 3:35pm
8/17-8/20	M Tu W Th	
23594		3:40pm to 4:15pm
8/17-8/20	M Tu W Th	
23595		4:20pm to 4:55pm
8/17-8/20	M Tu W Th	
23596		5pm to 5:35pm
8/17-8/20	M Tu W Th	

AQUATICS

All Ages



PRIVATE SWIM LESSONS (CONT')

Session 6		
23597		3pm to 3:35pm
8/24-/27	M Tu W Th	
23598		3:40pm to 4:15pm
8/24-/27	M Tu W Th	
23599		4:20pm to 4:55pm
8/24-/27	M Tu W Th	
23600		5pm to 5:35pm
8/24-/27	M Tu W Th	
23601		5:40pm to 6:15pm
8/24-/27	M Tu W Th	

SEMI-PRIVATE SWIM LESSONS

4 but less than 7

Each class will be limited to two children per instructor. Classes will meet for 35 minutes. Children must be between the ages 4 -6 years of age, potty-trained and able to be in the water without a parent. This class is designed for children who are in levels 2 or 3. For the safety of your child, parents must wait outside the fence during the lesson. One make-up class allowed per session. No class 7/4 & 7/5.

Res: \$161 Nonres: \$177

Saturdays		
23647		9am to 9:35am
6/27-8/8	Sa	
23648		11:40am to 12:15pm
6/27-8/8	Sa	
23649		12:20pm to 12:55pm
6/27-8/8	Sa	

Sundays

Res: \$161 Nonres: \$177

23650		9am to 9:35am
6/28-8/9	Su	
23651		11:40am to 12:15pm
6/28-8/9	Su	
23652		12:20pm to 12:55pm
6/28-8/9	Su	

Res: \$197 Nonres: \$217

Session 1		
23622		9:40am to 10:15am
6/22-7/2	M Tu W Th	
23623		10:20am to 10:55am
6/22-7/2	M Tu W Th	
23624		3:40pm to 4:15pm
6/22-7/2	M Tu W Th	
23625		5:40pm to 6:15pm
6/22-7/2	M Tu W Th	

Session 2

23628		9:40am to 10:15am
7/6-7/16	M Tu W Th	
23629		10:20am to 10:55am
7/6-7/16	M Tu W Th	
23630		3:40pm to 4:15pm
7/6-7/16	M Tu W Th	
23631		5:40pm to 6:15pm
7/6-7/16	M Tu W Th	

Session 3		
23634		9:40am to 10:15am
7/20-7/30	M Tu W Th	
23635		10:20am to 10:55am
7/20-7/30	M Tu W Th	
23636		3:40pm to 4:15pm
7/20-7/30	M Tu W Th	
23637		5:40pm to 6:15pm
7/20-7/30	M Tu W Th	

Session 4		
23638		9:40am to 10:15am
8/3-8/13	M Tu W Th	
23639		10:20am to 10:55am
8/3-8/13	M Tu W Th	
23640		3:40pm to 4:15pm
8/3-8/13	M Tu W Th	
23641		5:40pm to 6:15pm
8/3-8/13	M Tu W Th	

Res: \$98 Nonres: \$108

Session 5		
23642		9:40am to 10:15am
8/17-8/20	M Tu W Th	
23643		10:20am to 10:55am
8/17-8/20	M Tu W Th	
23644		3:40pm to 4:15pm
8/17-8/20	M Tu W Th	
23645		5:40pm to 6:15pm
8/17-8/20	M Tu W Th	

SMALL GROUP SWIM LESSONS

3 but less than 12

Small Group Swim Lessons are offered during the summer and fall aquatics season. Please click here to see level descriptions. On the first day of lessons, your child will be tested and placed into a group that best fits their swim skill level. Four children maximum per instructor on levels 1 through 3, and five children maximum per instructor for levels 4 through 5. One make-up class allowed per session.

Res: \$110 Nonres: \$121

Session 1		
23656	BP	9:40am to 10:15am
6/22-7/2	M Tu W Th	
23657	BP	10:20am to 10:55am
6/22-7/2	M Tu W Th	
23658	BP	12:20pm to 12:55pm
6/22-7/2	M Tu W Th	
23659	BP	4:20pm to 4:55pm
6/22-7/2	M Tu W Th	
23660	BP	5pm to 5:35pm
6/22-7/2	M Tu W Th	
23661	BP	5:40pm to 6:15pm
6/22-7/2	M Tu W Th	

Session 2

23662	BP	9:40am to 10:15am
7/6-7/16	M Tu W Th	
23663	BP	10:20am to 10:55am
7/6-7/16	M Tu W Th	
23664	BP	12:20pm to 12:55pm

7/6-7/16	M Tu W Th	
23665	BP	4:20pm to 4:55pm
7/6-7/16	M Tu W Th	
23666	BP	5pm to 5:35pm
7/6-7/16	M Tu W Th	
23667	BP	5:40pm to 6:15pm
7/6-7/16	M Tu W Th	

Session 3

23668	BP	9:40am to 10:15am
7/20-7/30	M Tu W Th	
23669	BP	10:20am to 10:55am
7/20-7/30	M Tu W Th	
23670	BP	12:20pm to 12:55pm
7/20-7/30	M Tu W Th	
23671	BP	4:20pm to 4:55pm
7/20-7/30	M Tu W Th	
23672	BP	5pm to 5:35pm
7/20-7/30	M Tu W Th	
23673	BP	5:40pm to 6:15pm
7/20-7/30	M Tu W Th	

Session 4

23674	BP	9:40am to 10:15am
8/3-8/13	M Tu W Th	
23675	BP	10:20am to 10:55am
8/3-8/13	M Tu W Th	
23676	BP	12:20pm to 12:55pm
8/3-8/13	M Tu W Th	
23677	BP	4:20pm to 4:55pm
8/3-8/13	M Tu W Th	
23678	BP	5pm to 5:35pm
8/3-8/13	M Tu W Th	

Res: \$55 Nonres: \$60

Session 5		
23679	BP	9:40am to 10:15am
8/17-8/20	M Tu W Th	
23680	BP	10:20am to 10:55am
8/17-8/20	M Tu W Th	
23681	BP	12:20pm to 12:55pm
8/17-8/20	M Tu W Th	
23682	BP	4:20pm to 4:55pm
8/17-8/20	M Tu W Th	
23683	BP	5pm to 5:35pm
8/17-8/20	M Tu W Th	

Session 6

23684	BP	4:20pm to 4:55pm
8/24-/27	M Tu W Th	
23685	BP	5pm to 5:35pm
8/24-/27	M Tu W Th	

TOT

Art & Ceramics | Dance, Music & Theater | Sports



ART & CERAMICS

PEE WEE PICASSO!

Res: \$134 Nonres: \$147 1y 3m but less than 3
Students will be exposed to a variety of age appropriate activities that develop and improve fine motor skills. Curiosity, discovery, and self-expression are the focus of this fantastic class using glitter paint, play dough, collage, watercolors and more. Projects rotate quarterly! Parent participation is required. For more information, visit www.art2growon.com.

23541 MBAC-VAR 9:30am to 10:20am
6/26-8/21 F Staff, Art To Grow On Inc.

PLAY DOUGH AND PICASSO!

Res: \$134 Nonres: \$147 2 but less than 5
Monet, Van Gogh, Picasso, and more! Students will be exposed to a variety of Master Artist lessons along with different projects that will foster curiosity, discovery, and self-expression! Come learn that a child can increase his or her self-esteem and self-confidence through art. Projects and lessons rotate quarterly. For more information, visit www.art2growon.com.

23546 MBAC-VAR 10:45am to 11:35am
6/26-8/21 F Staff, Art To Grow On Inc.

CLASSICAL BALLET

Res: \$79 Nonres: \$87
3 but less than 6
Twirl around and leap to the stars! Have your child learn the basics of classical ballet such as the five positions, grand jete, and chaine turns! As they learn across the floor, barre, and center floor technique, they will also learn choreography that will be presented to the parents on the last day of class. Recommended ballet attire: leotard, dance tights, ballet shoes, and if you desire, a tutu. Boys: white t-shirt, jazz pants and ballet shoes. No class 7/4.

23441 MBAC-PAR 10am to 10:45am
6/27-8/22 Sa Staff, Dance 'N Association

MUSIC RHAPSODY BABIES MAKE MUSIC

Res: \$175 Nonres: \$193 3m but less than 1
Babies instinctively react to music! Parents and babies learn delightful rhymes, lullabies, floor and lap games, action songs, and dances that stimulate your baby's natural response to music. Gather fascinating information each week on infant musical development and learn activities to use at home with your little one. Our early childhood programs have been proven successful since 1983! www.musicrhapsody.com.

23521 JCC-SSR 11:15am to 12pm
6/22-8/10 M Staff, Music Rhapsody

MUSIC RHAPSODY TODDLERS MAKE MUSIC

Res: \$175 Nonres: \$193 1 but less than 2
Shake it up with your little music maker! You and your toddler will learn delightful songs, dances and musical activities that focus on singing and keeping a beat which will enhance your child's timing, coordination and listening skills! High quality percussion instruments, puppets, stories, and colorful props are all integrated during this very special music time. Our early childhood programs have been proven successful since 1983! www.musicrhapsody.com. For one time materials fee, please call (310) 376-8646.

23853 JCC-SSR 9:15am to 10am
6/22-8/10 M Staff, Music Rhapsody
23854 JCC-SSR 12:15pm to 1pm
6/22-8/10 M Staff, Music Rhapsody

MUSIC RHAPSODY KIDS MAKE MUSIC

Res: \$175 Nonres: \$193 2 but less than 3
Jump up and make music with your youngster in this exciting class where solo singing is encouraged to help your child develop listening, pitch-making and language skills. Watch your child begin to understand the concepts of high/low, soft/hard, up/down, all taught

MUSIC RHAPSODY KIDS MAKE MUSIC (CONT'D)

in a fun game-like atmosphere! We use puppets, felts, and props to enhance this special music making experience. Our early childhood programs have been proven successful since 1983! www.musicrhapsody.com.

23524 JCC-SSR 10:15am to 11am
6/22-8/10 M Staff, Music Rhapsody

MUSICAL FUN FOR TOTS

Res: \$104 Nonres: \$114
Discount for 2 or more participants: 20%
3m but less than 5
Developed for tots and their caregivers, this class is a compilation of contemporary and nursery music. Using instruments and props, we dance, sign, sing, and enjoy music. Flannel board songs and beautifully illustrated book to music capture the imagination. The emphasis is on creativity and movement. Parent or guardian is expected to participate.

23530 MBAC-PAR 9:15am to 10am
6/25-8/13 Th Borgerding, Wanda
23531 MBAC-PAR 10am to 10:45am
6/25-8/13 Th Borgerding, Wanda

DANCE, MUSIC & THEATER

Ballet Tap **NEW** **combo**

Res: \$89 Nonres: \$98 3 but less than 6
A combination of ballet and tap basics. This class is a great introduction to rhythm, tempo, and musicality in Tap while building on skills and foundations of Ballet. Both ballet and tap shoes are required for class.

23879 MBAC-PAR 4pm to 4:40pm
6/30-8/18 Tu Staff, Dance 'N Association
23880 MBAC-PAR 4:50pm to 5:30pm
6/30-8/18 Tu Staff, Dance 'N Association

SPORTS



Gymnastics Birthday Parties

A SuperKids Party is designed with two to seven year olds in mind. Swinging rings, stunt bar, balance beams, mini-trampoline, spring board, vault, incline and roller mats, and "pit mat" are some of the fun equipment featured. Instructors alternate game time, free play, and structured time. Also included is use of kitchen and a separate room with tables and chairs for eating time. Birthday parent provides food, paper goods and the kids—SuperKids provides the entertainment and the fun!

\$355—Up to 20 children and 2 instructors provided.
\$385—Up to 30 children and 3 instructors provided.
LOCATION: Manhattan Heights Community Center
Saturdays Option 1—10:30 am—12:30 pm
Sundays Option 2—12:30 pm—2:30 pm
Sundays Option 3—3:30 pm—5:30 pm

Reservations on a first come, first served basis.
Register at Manhattan Beach City Hall (310) 802-5410
City Hall, 1400 Highland Avenue SuperKids (310) 378-4800

FOR MORE INFORMATION:
City Hall (310) 802-5410
SuperKids (310) 378-4800



BRIT-WEST SOCCER TINY PROS SOCCER

SOCCER - TINY PROS

Res: \$135 Nonres: \$149

Children are introduced to soccer activities. They will enjoy kicking the ball in a given direction, running and moving the ball with their feet, stopping the ball without using hands and shooting on goal. No class on 7/5.

2 but less than 3½

23686 MAP-SF 9am to 9:45am 6/28 - 8/23 Su

3½ but less than 5

23687 MAP-SF 10am to 10:45am 6/28 - 8/23 Su

5 but less than 7

23688 MAP-AF 11am to 11:45am 6/28 - 8/23 Su



SOCCER - TINY PROS "LEARN 2 KICK"

Res: \$135 Nonres: \$149 • 1½ but less than 2

Classes indulge each child's natural curiosity and playfulness while introducing them to the beautiful game of soccer. Activities are geared toward a toddler's unique way of learning. Classes include imagination games, bubbles, parachutes and lots of scoring goals. Parents Participation required. No class 7/5.

23689 MAP-SF 8:15am to 9am 6/28 - 8/16 Su



MANHATTAN BEACH YOUTH SOCCER LEAGUE

Res: \$129 Nonres: \$142

Games take place on Thursday evenings for 1 hour on the Manhattan Village 7 on 7 Soccer Fields. Registrants are recommended to attend the tryout on Thursday, June 11.

5 but less than 7

23855 MV-WUA 5pm to 6pm 6/25 - 8/13 Th

7 but less than 9

23856 MV-CF 5pm to 6pm 6/25 - 8/13 Th

9 but less than 11

23857 MV-CF 6pm to 8pm 6/25 - 8/13 Th

Coaches: Brit-West Soccer Coaches • For more information and a daily schedule, visit britwestsoccer.com



Sports - Tiny Pros



SPORTS - TINY PROS

Res: \$139 Nonres: \$153

Get in the game! A beginner sports class designed for energetic kids who want to learn the basics of soccer, baseball, and basketball. This fast paced class for boys and girls is full of drills, games and fun. If any of our Tiny Pros made it to be the next 'sports superstar' we would be delighted, but our real goal is to instill a sense of confidence, coordination, friendship, and a love of sports. No class 7/4.

Ages: 2 but less than 3½

23690 9am to 9:45am 6/27 - 8/22 Sa

Ages: 3½ but less than 5

23691 10am to 10:45am 6/27 - 8/22 Sa

Ages: 5 but less than 7

23692 11am to 11:45am 6/27 - 8/22 Sa

GOLF CAMP - TINY PROS

Res: \$159 Nonres: \$175 • Ages: 5 but less than 11

This week long camp will focus on the introduction to golf using the SNAG starting new at golf teaching system. This will include attention to basic knowledge of the game, movement activities to develop golf motor skills and the social aspects of the game. All activities will focus on fun. Equipment will be provided by staff.

23161 9am to Noon 7/13 - 7/17 M Tu W Th F

23162 9am to Noon 7/27 - 7/31 M Tu W Th F



SPORTS CAMP - TINY PROS

Res: \$159 Nonres: \$175 • Ages: 4 but less than 10

Get in the game this summer, with Coach Fernando and staff! This one of a kind sports camp is designed for energetic kids that want to learn the basics of soccer, baseball, and basketball and more. This fast paced camp for boys and girls is full of skills, games and fun! If any of our Tiny Pros made it to be the next 'sports superstar' we would be delighted but our real goal is to instill our campers with a sense of confidence, coordination, friendship and a love of sports.

23204 9am to Noon 6/22-6/26 M Tu W Th F

23810 12:30pm to 3:30pm 6/22-6/26 M Tu W Th F

23201 9am to Noon 6/29-7/3 M Tu W Th F

23202 9am to Noon 7/20-7/24 M Tu W Th F

23811 12:30pm to 3:30pm 7/20-7/24 M Tu W Th F

23203 9am to Noon 8/10-8/14 M Tu W Th F

23812 12:30pm to 3:30pm 8/10-8/14 M Tu W Th F

Location for all activities listed above: Live Oak Park - Live Oak Park Field, 1901 Valley Drive, Manhattan Beach, CA 90266

Coaches: Tiny Pros Coaches • For more information and a daily schedule, visit www.tinypros.com

TOT & YOUTH

Sports | Art & Ceramics | Camps



TOT-SPORTS

GYMNASTICS-SUPERKIDS DEVELOPMENTAL

Res: \$140 Nonres: \$154 3 but less than 6

Ten class session! Cartwheels, handstands, beam, vault and bar skills are just a few things taught in this fun class. Swinging rings, soft mats, mini trampoline, vault and springboards are used in this class, suitable for beginners and intermediate students. SuperKids office: (310) 378-4800 or visit www.superkidsfun.com

23461	MHP-MHBH	3:30pm to 4:20pm
6/23-8/25	Tu	Staff, Superkids
23462	MHP-MHBH	10:30am to 11:20am
6/28-8/30	Su	Staff, Superkids
23823	MHP-MHBH	4:30pm to 5:20pm
6/25-8/27	Th	Staff, Superkids

GYMNASTICS-SUPERKIDS PARENT & ME

Res: \$140 Nonres: \$154 1 1/2 but less than 4

Ten class session! Mom, Dad, kids! Join this fun class designed for the family with young children. Our new format features less sitting and more action. We teach basic gymnastics, balance, and coordination skills on our swinging rings, soft foam "pit" mat, stunt bar, springboard and mini trampoline. Learn partner stunts too. SuperKids office: (310) 378-4800 or visit www.superkidsfun.com.

23464	MHP-MHBH	9:30-10:20am
6/24-8/26	W	Staff, Superkids
23465	MHP-MHBH	9:30am to 10:20am
6/28-8/30	Su	Staff, Superkids

HOCKEY BASICS 6U

Res: \$68 Nonres: \$75 4 but less than 6

Ice Skating class will teach you how to skate with emphasis on hockey, be safe and enjoy this great pastime. Wear warm, flexible clothing and bring your mittens. Added value includes four public session passes, two guest passes and skate rental for both the parent and child (a \$42 value). Students will need to check in with class confirmation on the first day of class.

23473	Toyota Sports Center	10:45am to 11:15am
7/11-8/1	Sa	Staff, Toyota Sports Center
23474	Toyota Sports Center	12:20pm to 12:50pm
7/12-8/2	Su	Staff, Toyota Sports Center
23824	Toyota Sports Center	10:45am to 11:15am
8/8-8/29	Sa	Staff, Toyota Sports Center
23825	Toyota Sports Center	12:20pm to 12:50pm
8/9-8/30	Su	Staff, Toyota Sports Center

ICE SKATING FOR BEACH BABIES

Res: \$68 Nonres: \$75 3 but less than 4

Parent and child ice skating class will teach your child how to skate, be safe, and enjoy this great pastime. Wear warm flexible clothing and mittens. Also included are four public passes and two guest passes. Students will need to check in with class confirmation on the first day of class.

23476	Toyota Sports Center	12:15pm to 12:45pm
7/11-8/1	Sa	Staff, Toyota Sports Center
23477	Toyota Sports Center	12:20pm to 12:50pm
7/12-8/2	Su	Staff, Toyota Sports Center
23827	Toyota Sports Center	12:15pm to 12:45pm
8/8-8/29	Sa	Staff, Toyota Sports Center
23828	Toyota Sports Center	12:20pm to 12:50pm
8/9-8/30	Su	Staff, Toyota Sports Center

ICE SKATING FOR TOTS

Res: \$68 Nonres: \$75 4 but less than 5

Ice skating class will teach your child the beginner basics of skating and how to enjoy being on the ice. Wear warm flexible clothing and mittens. Also included are four public passes and two guest passes. Students will need to check in with class confirmation on the first day of class.

23479	Toyota Sports Center	4pm to 4:30pm
7/7-7/28	Tu	Staff, Toyota Sports Center
23480	Toyota Sports Center	12:15pm to 12:45pm
7/11-8/1	Sa	Staff, Toyota Sports Center
23481	Toyota Sports Center	12:20pm to 12:50pm
7/12-8/2	Su	Staff, Toyota Sports Center
23829	Toyota Sports Center	4pm to 4:30pm
8/4-8/25	Tu	Staff, Toyota Sports Center
23830	Toyota Sports Center	12:15pm to 12:45pm
8/8-8/29	Sa	Staff, Toyota Sports Center
23831	Toyota Sports Center	12:20pm to 12:50pm
8/9-8/30	Su	Staff, Toyota Sports Center

YOUTH-ART & CERAMICS

ADVENTURES IN CLAY

Res: \$109 Nonres: \$120

6 but less than 13

Learn the basics of working with clay while making fun projects. Build your imagination to make and decorate projects and other "useful" items. Allow your inner artist to come out and play. Projects may include masks, fanciful creatures, decorative cups, plates, planters, and items of the artist's own design. Fee includes one bag of clay, glazes, and firing.

23355	LOP-CS	4pm to 5:30pm
6/22-8/17	M	Trulove, Thomas

CERAMICS FOR CHILDREN

Res: \$109 Nonres: \$120

6 but less than 12

Have fun with clay and explore your creativity. Learn basic techniques in hand building and glazing. Create imaginary characters with funny faces and animal figures. Bring home beautiful gifts for your friends and family. Price includes supplies and firing.

23416	LOP-CS	4:30pm to 6pm
6/23-8/11	Tu	Anacker, Rita
23417	LOP-CS	4:30pm to 6pm
6/25-8/13	Th	Anacker, Rita

PAINTING AND DRAWING FOR KIDS

Res: \$109 Nonres: \$120 5 but less than 10

Does your child like to play with colors? Expand your child's colorful artistic world. In this class, children will paint and draw with acrylic paints, watercolors, pastels, pencils, and colored pencil. They will gain the knowledge and techniques, while learning is paramount to ensure healthy creative process.

23533	MBAC-VAR	3:30pm to 5pm
6/22-8/10	M	Anacker, Rita

CAMPS

BEACH AQUALETICS

This organized recreation class at the beach features body surfing, water safety, beach baseball, and other special beach activities. Drop off Manhattan Beach Pier.

Res: \$420 Nonres: \$462	5 but less than 9	
23098	MB-8ST	9am to Noon
6/22-8/14	M W F	Braunecker, Don
23100	MB-8ST	12:30pm to 3:30pm
6/22-8/14	MW F	Braunecker, Don

23099	MB-8ST	9am to Noon
6/22-8/14	M W F	Katz, Dave
23101	MB-8ST	12:30pm to 3:30pm
6/22-8/14	M W F	Braunecker, Don

Res: \$295 Nonres: \$324.50	5 but less than 9	
23102	MB-8ST	9am to Noon
6/23-8/13	Tu Th	Braunecker, Don
23104	MB-8ST	12:30pm to 3:30pm
6/23-8/13	Tu Th	Braunecker, Don

23103	MB-8ST	9am to Noon
6/23-8/13	Tu Th	Katz, Dave
23105	MB-8ST	12:30pm to 3:30pm
6/23-8/13	Tu Th	Braunecker, Don

YOUTH Camps

CAMPS

BEGINNING SURF LESSONS

Res: \$165 Nonres: \$182 7 but less than 13

Surfers will spend a week in small peer groups that are age and skill appropriate. Essential skills include balance training, paddling, the "pop-up", oceanography, and catching waves. Dedicated counselors and a low staff/student ratio ensure safety and allows for individual instruction.

23397	MB-PSS	9am to 11am
6/22-6/26	M W F	Coaches, Campsurf
23398	MB-PSS	9am to 11am
6/29-7/3	M W F	Coaches, Campsurf
23399	MB-PSS	9am to 11am
7/6-7/10	M W F	Coaches, Campsurf
23400	MB-PSS	9am to 11am
7/13-7/17	M W F	Coaches, Campsurf
23401	MB-PSS	9am to 11am
7/20-7/24	M W F	Coaches, Campsurf
23402	MB-PSS	9am to 11am
7/27-7/31	M W F	Coaches, Campsurf
23403	MB-PSS	9am to 11am
8/3-8/7	M W F	Coaches, Campsurf
23404	MB-PSS	9am to 11am
8/10-8/14	M W F	Coaches, Campsurf
23405	MB-PSS	9am to 11am
8/17-8/21	M W F	Coaches, Campsurf
23406	MB-PSS	9am to 11am
8/24-8/28	M W F	Coaches, Campsurf

BRICKS 4 KIDZ-BRICKS 4 GIRLZ

Res: \$175 Nonres: \$193 6 but less than 13

Grab your friends and come hang out with us for a girls-only week of crafting and creating with LEGO Bricks. Build adorable houses, cafes and motorized models. With so many possibilities in engineering and architecture, girls are introduced to the world of STEM with hands-on activities designed to emphasize fun possibilities. And don't worry... there are "NO BOYS ALLOWED!" Because this week is all about girls!

23862	MHP-AR7	1pm to 4pm
8/3-8/7	M Tu W Th F	Staff, Bricks 4 KIDZ

BRICKS 4 KIDZ-EXPLORING MINECRAFT

Res: \$175 Nonres: \$193 6 but less than 13

Experience the world of Minecraft with LEGO Bricks in this fun five day camp! Kids will start by crafting their shelters and some of the mobs, critters and tools using LEGO Bricks. Students will face new challenges each day, building models and crafting key elements from the popular game. Minecraft is a game about placing blocks to build anything you can imagine.

23861	MHP-AR7	1pm to 4pm
7/20-7/24	M Tu W Th F	Staff, Bricks 4 KIDZ

BRICKS 4 KIDZ-POCKET BRICK MONSTERS CAMP

Res: \$175 Nonres: \$193 6 but less than 13

Get ready for an adventure in the world of Pokémon! Capture wild Pokémon creatures and train them for battle. Improve your accuracy and power as you learn new moves and use special abilities. Tap into your inner engineer as we build Drantini, Pichu, Poke Balls and more. Bring your own Pokémon trading cards if you wish to play and trade at the end of each day. Show off your skills as you battle for power in your journey through the Pokémon universe.

23860	MHP-AR7	1pm to 4pm
7/13-7/17	M Tu W Th F	Staff, Bricks 4 KIDZ

BRICKS 4 KIDZ-SPACE ADVENTURES CAMP

Res: \$175 Nonres: \$193 6 but less than 13

Inspired by NASA and Star Wars, our Space Adventures Camp is packed full of models that will make your imagination blast off! Each day, campers will learn about real-life space exploration and build models related to the NASA space program. In addition, the day includes LEGO Star Wars themed models, group games, challenges and more. Bricks 4 Kidz Space Adventure camp provides the spark for imagination and creativity to take off on an adventure that's out of this world.

23859	MHP-AR7	1pm to 4pm
6/22-6/26	M Tu W Th F	Staff, Bricks 4 KIDZ

CAMP IMAGINATION

5 but less than 11

Attention all Architects! Engineers! Awesome Artists! Designers! Painters! Learn about the Great Masters, invent, create and let your imagination soar! Frank Lloyd, Wright, Picasso, Monet, tile, clay, sketching, building, painting and more! Everyone is an artist in this amazing camp!

23862	MHP-AR7	1pm to 4pm
8/3-8/7	M Tu W Th F	Staff, Bricks 4 KIDZ
23862	MHP-AR7	1pm to 4pm
8/3-8/7	M Tu W Th F	Staff, Bricks 4 KIDZ
23342	MBAC-EH	9am to Noon
6/22-6/26	M Tu W Th F	Staff, Art To Grow On Inc.
23349	MBAC-EH	9am to Noon
7/6-7/10	M Tu W Th F	Staff, Art To Grow On Inc.
23343	MBAC-EH	9am to Noon
7/13-7/17	M Tu W Th F	Staff, Art To Grow On Inc.
23348	MBAC-EH	9am to Noon
7/20-7/24	M Tu W Th F	Staff, Art To Grow On Inc.
23344	MBAC-EH	9am to Noon
7/27-7/31	M Tu W Th F	Staff, Art To Grow On Inc.

23347	MBAC-EH	9am to Noon
6/29-7/2	M Tu W Th F	Staff, Art To Grow On Inc.

CLAYMATION AND LEGO ANIMATION COMBO

Res: \$330 Nonres: \$363 7 but less than 15

A dynamic stop-motion animation camp that combines the magic of Claymation with the ever-popular Lego Animation. Two short animated movies will be made during this unique camp. The stories, characters, and character voices will be the children's original creation. A copy of the movie can be uploaded via Dropbox.

23319	MBAC-PAR	9am to 3pm
7/6-7/10	M Tu W Th F	Muranyi, Mark

DANCE AND CHEER CAMP

Res: \$210 Nonres: \$231 4 but less than 13

Legacy Dance and Cheer Camp will have campers learning various styles of dance and cheer. Fun craft time is included. We'll end the week with a performance.

23157	Legacy Dance Academy	9am to 12:30pm
6/22-6/26	M Tu W Th F	Staff, Legacy Dance Academy
23340	Legacy Dance Academy	9am to 12:30pm
7/6-7/10	M Tu W Th F	Staff, Legacy Dance Academy

FROZEN THEATER CAMP

Res: \$625 Nonres: \$687.50 5 but less than 14

Voted BEST in LA Parent. Join PAW and perform the musical FROZEN! The ultimate "Arts" experience from rehearsal to performance. Discover the joys of acting, voice, dance, and more. Make friends and enjoy a spectacular performance on the last day. Courtesy drop off at 8:00am, camp day begins at 8:45am. For more information, please call (310) 827-8827.

23321	TBA	8am to 3pm
8/3-8/14	M Tu W Th F	Staff, Performing Arts Workshops

GOLF CAMP-TINY PROS

Res: \$159 Nonres: \$175 5 but less than 11

This week long camp will focus on the introduction to golf using the SNAG starting new at golf teaching system. This will include attention to basic knowledge of the game, movement activities to develop golf motor skills and the social aspects of the game. All activities will focus on fun. Equipment will be provided by staff.

23161	LOP-LOF	9am to Noon
7/13-7/17	M Tu W Th F	Coaches, Tiny Pros
23162	LOP-LOF	9am to Noon
7/27-7/31	M Tu W Th F	Coaches, Tiny Pros

HIP HOP DANCE CAMP

Res: \$149 Nonres: \$164

6 but less than 13

Hip Hop Dance Camp will teach each student the powerful moves of different styles of hip-hop! From jazz funk to popping, technique to choreography, and students will grow an understanding of hip-hop dance as a whole. All levels are welcome! Please dress comfortable and bring snacks or a meal for break time.

23884	MBAC-PAR	9am to 12:30pm
6/22-6/26	M Tu W Th F	Staff, Dance 'N Association



REC Summer Camp is a user pay recreation program that incorporates education and fun. We strive to provide these services in a fun, safe and wholesome environment that allows our young people to grow as individuals, while interacting as a group. www.cityymb.info/recsummer

REC Summer Camp 2015

Ages: 5 1/2 but less than 13

Pricing as of May 2, 2015

Res: \$156/week Nonres: \$171/week

10% discount for each additional child



Marine Avenue Park (MAP) A# 23802

Marine Avenue is closed on Tuesdays for Beach Day. Campers will be dropped off and picked up at Live Oak Park, 1901 Valley Drive, Manhattan Beach.

Week 1 Jun 22 - Jun 26 7:15 am to 6 pm M Tu W Th F
Week 2 Jun 29 - July 3 7:15 am to 6 pm M Tu W Th F
Week 3 Jul 6 - Jul 10 7:15 am to 6 pm M Tu W Th F
Week 4 Jul 13 - Jul 17 7:15 am to 6 pm M Tu W Th F
Week 5 Jul 20 - Jul 24 7:15 am to 6 pm M Tu W Th F
Week 6 Jul 27 - Jul 31 7:15 am to 6 pm M Tu W Th F
Week 7 Aug 3 - Aug 7 7:15 am to 6 pm M Tu W Th F
Week 8 Aug 10 - Aug 14 7:15 am to 6 pm M Tu W Th F
Week 9 Aug 17 - Aug 21 7:15 am to 6 pm M Tu W Th F

BEACH DAYS

The children will **walk** from LOP to the beach at 10:00 AM. Children will arrive at the beach by 10:30 AM. The children will be pulled out of the water at 4:00 PM. Children will leave the beach at 4:30 PM and arrive back to LOP by 5:00 PM. For walking route to and from the beach, please see the 2015 REC Camp parent guide

POOL DAYS

The children will walk from MAP to Begg Pool in Polliwog Park. Cost is \$3 per child swimming or not. After the pool the children will play at Polliwog Park and return to MAP by 4:30 PM.



2015- 2016 School Year
Ages: 5½ - 12

August - June • Monday through Friday • 2:15 PM - 6:00 PM

www.cityymb.info/afterschoolrec

THURSDAY FIELD TRIPS AND SPECIAL ACTIVITIES

MAP will be open during normal operating hours of 7:15 AM - 6:00 PM for children who are not participating in the field trip. On non-field trip Thursdays, children will have a pool day at Begg pool.

*All requested field trip refunds granted are subject to a \$25 administrative fee and must be requested 5 business days before the date of the trip. The 10% sibling discount **does not** apply to REC Summer Camp Field Trips.*

Trip ratio: 1 leader to 10 participants or better

Adventure Group: All rides fast and slow

Explorer Group: Slow rides only

7/9	Scooters Jungle	\$40	23181
7/16	La Brea Tar Pits	\$40	23180
7/23	Universal Studios	\$60	23801
7/30	Aquarium of the Pacific	\$40	23182
8/6	Mulligan's Family Fun Center	\$40	23183

NO REFUNDS AFTER REGISTRATION

For more information, please contact the Parks and Recreation Department at (310) 802-5448 or via email at mbparksandrec@cityymb.info

CAMPS

INTRODUCTION TO LACROSSE

Res: \$125 Nonres: \$138 5 but less than 11
Enjoy your summer making new friends and learning new skills with South Bay Lacrosse coaches! Through a series of fun activities, players will learn the basic fundamentals of lacrosse, including cradling, passing, scooping, and shooting the ball and defense techniques. Camp is designed for beginner players who have little or no experience in the sport of lacrosse. All equipment is provided.

23339 MHP-RF 8:30am to Noon
7/6-7/10 M Tu W Th F Mills, Ian

LIGHTS, CAMERA, ACTION

Res: \$150 Nonres: \$165 7 but less than 16
Let's make a movie where the kids are the directors, writers, and the stars! They will write and storyboard the plot, organize props, and secure needed costumes. From there the camera rolls and the kids are immersed in the experience from "Action!" to "That's a Wrap!". A copy of the movie uploaded from our website.

23170 MHP-AR7 9am to Noon
6/29-7/3 M Tu W Th Muranyi, Mark

MAD SCIENCE SUMMER CAMP: SECRET AGENT LAB

Res: \$169 Nonres: \$185.90 6 but less than 11
Be a detective-uncover the science involved in evidence gathering and analysis. Use the Case Stamper to probe the science of tracking. Become a super spy. Help solve a crime in a hands-on investigation. Decode messages. You'll be an expert crime stopper by the time the week is through!

23173 MHP-REC 9am to Noon
7/20-7/24 M Tu W Th F M & J KIDS SCIENTIFIC Inc.

MAD SCIENCE SUMMER CAMP: WINGS N THINGS

Res: \$169 Nonres: \$185.90 6 but less than 11
It's a bird! It's a plane! It's a Rocket! It's a high-flying week of camp exploring the science of flight and aerodynamics. From the earliest flying machines to space travel, your imagination will take flight with this hands-on week of fun. Design, build, and test fantastic flying creations including kits, planes, rockets, hovercrafts and more. Campers will experiment with the laws of physics, celestial navigation, Newton's Law of Motion, space technology and rocket building. Campers will even discover the star secrets of the universe. Come soar with Mad Science in this aerodynamic adventure camp!

23172 MHP-REC 9am to Noon
7/6-7/10 M Tu W Th F M & J KIDS SCIENTIFIC Inc.
23863 MHP-REC 9am to Noon
8/3-8/7 M Tu W Th F M & J KIDS SCIENTIFIC Inc.

MAD SCIENCE SUMMER CAMP: EUREKA! THE INVENTOR'S CAMP

Res: \$169 Nonres: \$185.90 6 but less than 11
Campers will spend their week overcoming a series of challenges using basic materials, simple machines, and tips from famous inventors like Thomas Edison, Leonardo Da Vinci and Rube Goldberg. Most important of all, they will use their minds and a little bit of ingenuity to create catapults, forts, construct working light sticks to take home and assemble a set of circuits with batteries and light bulbs. They will even create their own Patent Proposal! While Thomas Edison said, "Invention is 10% inspiration and 90% perspiration," campers will say "This camp is 100% FUN!"

23174 MHP-REC 9am to Noon
7/13-7/17 M Tu W Th F M & J KIDS SCIENTIFIC Inc.

MAD SCIENCE SUMMER CAMP: FUN-GINEERING, MIX-UPS & MORE!

Res: \$169 Nonres: \$185.90 6 but less than 11
Do you love to build, design and fix things? Put on your engineer's hat to see how science is used to build skyscrapers, bridges, and tunnels. Use simple machines to help lift weights and even launch marshmallows. Explore the nature of birds, beasts, and bugs. Oh, my! There is so much to discover with Mad Science. Please bring \$30 materials fee to first day of camp.

23175 MHP-REC 9am to Noon
7/27-7/31 M Tu W Th F M & J KIDS SCIENTIFIC Inc.

MINECRAFT MOVIES

Res: \$330 Nonres: \$363 7 but less than 15
Do your kids love Minecraft? In this class your child will make a Stop-motion animation movie based on the game using Legos! They can create Creepers, Zombies, and put Steve in any scenario imaginable! Then switch gears to create a Comic Book Movie creating your own hero... and villain using stop-motion animation. Movies available for downloading online.

23320 MHP-AR7 9am to 3pm
7/27-7/31 M Tu W Th F Muranyi, Mark

SKATEDOGS SKATEBOARDING SUMMER CAMP

Res: \$164 Nonres: \$180.40 6 but less than 13
Whether you are just getting started or ready to learn advanced tricks, this camp is right for you. Make new friends, advance your skills, and most importantly, have fun in our private skatepark. Requirements: a signed Skatedogs waiver form, a skateboard or scooter, knee pads, elbow pads, and a helmet.

23187 MHP-BKCA 8:30am to 11:30am
6/29-7/3 M Tu W Th F Cohen, Adam

SKATEDOGS SKATEBOARDING SUMMER CAMP (CONT'D)

23186	Perry Park	3:30pm to 6:30pm
7/13-7/17	M Tu W Th F	Cohen, Adam
23885	MHP-BKCA	8:30am to 11:30am
7/27-7/31	M Tu W Th F	Cohen, Adam
23185	MHP-BKCA	3:30pm to 6:30pm
8/10-8/14	M Tu W Th F	Cohen, Adam
23886	Perry Park	8:30am to 11:30am
8/24-8/28	M Tu W Th F	Cohen, Adam

SUPERKIDS FUN AND FIT GYMNASTICS CAMP

Res: \$159 Nonres: \$175 5 but less than 9
Cartwheels, handstands, vaulting and bar skills are taught along with fun fitness exercises to music. Non-competitive games to enhance coordination will be conducted outdoors on the lawn. A daily quiet indoor craft time is also included. Bring water, healthy snack and sunscreen. Wear stretchy clothing with sneakers and socks.

23306 MHP-MWBH 9am to Noon
7/20-7/24 M Tu W Th F Staff, Superkids
23307 MHP-MWBH 9am to Noon
8/10-8/14 M Tu W Th F Staff, Superkids

XTREME BASEBALL ACADEMY SUMMER CAMPS

Res: \$206 Nonres: \$228 7 but less than 14
Los Angeles Xtreme Baseball Academy (LAXBA) is your premier teaching and training destination for youth baseball players ages 7 through 13 years old. LAXBA offers advanced baseball camps that have a distinct advantage to its attendees with strategic instruction specifically targeted to each player's age, skill level and experience. Our camps are run by the top youth baseball instructors in Southern California.

Our instructors provide a fast-paced, fun and challenging camp that will leave your child eager for their next session. Every player attending LAXBA camps will learn the game of baseball the way it is meant to be played. Beyond our camps and clinics; we have the proud pleasure of running one of the best travel team programs in the country. The LAXBA coaches that have enjoyed enormous success bringing teams to State Championship level competition and managing our travel program are the same coaches that run our camps. Your child will benefit learning from the best youth coaches you can find who not only know the game of baseball, but are also able to work well with the kids to maximize their potential.

23329	MSC-WSF	9am to 3pm
6/22-6/26	M Tu W Th F	Matsumoto, Leonard
23330	MSC-WSF	9am to 3pm
7/6-7/10	M Tu W Th F	Matsumoto, Leonard
23331	MSC-WSF	9am to 3pm
7/20-7/24	M Tu W Th F	Matsumoto, Leonard



SOCCER CAMP

BRIT-WEST & TINY PROS

SOCCER CAMP - TINY PROS

Res: \$109 Nonres: \$120 • Ages: 3 ½ - 4

Based on our successful tiny pros curriculum, Tiny Pros Soccer creates a love of the game through fun exercises and games. Dragons, Princesses in castles, rocket ships and landing on the moon, inspire these young players to pass, dribble and shoot. Of course our tiny pros will also learn how to play a 'real' small sided game of soccer. Price includes a t-shirt and skills work sheet. For more information and a daily schedule, visit www.britwestsoccer.com. Instructor: Brit-West Soccer Coaches

23260	MAP-SF	9am to 10:30am
6/22-6/26		M Tu W Th F
23261	MV-NF	9am to 10:30am
6/29-7/3		M Tu W Th F
23262	MV-WUA	9am to 10:30am
7/6-7/10		M Tu W Th F
23263	MAP-SF	9am to 10:30am
7/13-7/17		M Tu W Th F
23264	MV-WUA	9am to 10:30am
7/20-7/24		M Tu W Th F
23265	MV-WUA	9am to 10:30am
7/27-7/31		M Tu W Th F
23266	MV-NF	9am to 10:30am
8/3-8/7		M Tu W Th F
23267	MV-NF	9am to 10:30am
8/10-8/14		M Tu W Th F
23268	MAP-SF	9am to 10:30am
8/17-8/21		M Tu W Th F



Coaches: Brit-West Soccer Coaches

For more information and a daily schedule, visit britwestsoccer.com

SOCCER SUMMER CAMP BRIT-WEST

Brit-West Soccer Camps are designed to develop each child's ball skills and techniques. Each day includes individual foot skills, agility, technical drills, and small sided games. Our mini "World Cup" introduces campers to soccer cultures around the world. To ensure appropriate levels of coaching, players are grouped according to age and experience. Our curriculum is designed to help each child reach their true potential. We welcome you to join a soccer camp dedicated to excellence while promoting sportsmanship and fun. Price includes a t-shirt and skills work sheet.

All-Day - Res: \$259 Nonres: \$285 • Ages: 6 - 13

23299	MAP-SF	9am to 4pm
6/22-6/26		M Tu W Th F
23301	MAP-SF	9am to 4pm
7/13-7/17		M Tu W Th F
23303	MAP-SF	9am to 4pm
8/17-8/21		M Tu W Th F

Mornings - Res: \$159 Nonres: \$175 • Ages: 5 - 13

23189	MAP-SF	9am to Noon
6/22-6/26		M Tu W Th F
23190	MV-CF	9am to Noon
6/29-7/3		M Tu W Th F
23191	MV-SF	9am to Noon
7/6-7/10		M Tu W Th F
23192	MAP-SF	9am to Noon
7/13-7/17		M Tu W Th F
23193	MV-SF	9am to Noon
7/20-7/24		M Tu W Th F
23194	MV-SF	9am to Noon
7/27-7/31		M Tu W Th F
23195	MV-CF	9am to Noon
8/3-8/7		M Tu W Th F
23196	MV-SF	9am to Noon
8/10-8/14		M Tu W Th F
23197	MAP-SF	9am to Noon
8/17-8/21		M Tu W Th F

Afternoons - Res: \$159 Nonres: \$175 • Ages: 5 - 13

23298	MAP-SF	1pm to 4pm
6/22-6/26		M Tu W Th F
23300	MAP-SF	1pm to 4pm
7/13-7/17		M Tu W Th F
23302	MAP-SF	1pm to 4pm
8/17-8/21		M Tu W Th F

DANCE, MUSIC & THEATER

DIAMONDNETTES DANCE TEAM

Res: \$99 Nonres: \$109

6 but less than 13

As a dance team, we will practice on basic dance techniques, team techniques and performance techniques. The team may get the chance to perform at local events, TBA, and a possible competition projected later in the year. All events will be on weekends and most likely on a Saturday. Learn more at DanceNAS-sociation.com. Highly recommend taking Ballet/ Tap Combo alongside with this class. No class 7/4.

23448	MBAC-PAR	10:55am to 11:55am
6/27-8/22	Sa	Staff, Dance 'N Association

HIP HOP JAM

Res: \$89 Nonres: \$98

6 but less than 13

Hip-hop Jam will teach students the strong and powerful moves of hip-hop! Our instructor will get the class pumped up and excited by combining great music with great exercise. Learning basic techniques of different styles of hip-hop, the children will learn a group choreography to show off the combined techniques learned in class. The last day of class, parents will have a chance to see what the class has been working on.

23882	MBAC-PAR	5:45pm to 6:45pm
6/30-8/18	Tu	Staff, Dance 'N Association
23883	MBAC-PAR	Noon to 1pm
6/27-8/22	Sa	Staff, Dance 'N Association

SPORTS

BEACH VOLLEYBALL

Res: \$150 Nonres: \$165

5 but less than 14

Getting back to basics! The City of Manhattan Beach, the Home of Beach Volleyball, is proud to offer beginning volleyball classes for those who have never tried playing volleyball before and those who want to continue their knowledge in the sport. The class will be divided by skill level. This camp will teach terminology and skills to give a better understanding of the sport while having fun.

23107	MB-PSS	3:30pm to 5pm
6/22-7/22	M W	Johnson, Marlon
23108	MB-PSS	3:30pm to 5pm
6/23-7/23	Tu Th	Johnson, Marlon
23110	MB-PSS	3:30pm to 5pm
7/27-8/26	M W	Johnson, Marlon
23111	MB-PSS	3:30pm to 5pm
7/28-8/27	Tu Th	Johnson, Marlon

23109	MB-PSS	9:30am to 11am
6/27-8/29	Sa	Johnson, Marlon

YOUTH & TEEN

Sports | Art & Ceramics | Camps



YOUTH-SPORTS

GOLF-CHILD AND PARENT

Res: \$125 Nonres: \$138 4 but less than 8
This class introduces the child to the game of golf in a fun environment. They will learn the grip and set up, pitching and full swing, putting and chipping, golf etiquette and rules around the game. We meet on the top right corner of the driving range. No class 9/5.

23458	Lakes at El Segundo	12pm to 1pm
7/11-8/8	Sa	Robert, Scott
23459	Lakes at El Segundo	12pm to 1pm
8/15-9/19	Sa	Robert, Scott

HOCKEY BASICS 14U (CONT'D)

passes, two guest passes and skate rental for both the parent and child (an \$88 value). Student will need to check in with Class confirmation at the first class.

23470	Toyota Sports Center	11:15am to 11:45am
7/11-8/1	Sa	Staff, Toyota Sports Center
23471	Toyota Sports Center	12:20pm to 12:50pm
7/12-8/2	Su	Staff, Toyota Sports Center
23832	Toyota Sports Center	11:15am to 11:45am
8/8-8/29	Sa	Staff, Toyota Sports Center
23833	Toyota Sports Center	12:20pm to 12:50pm
8/9-8/30	Su	Staff, Toyota Sports Center

TEEN-ART & CERAMICS

CERAMIC POTTERY WHEEL FUN FOR TEENS

Res: \$130 Nonres: \$143 12 but less than 19
This class is all about the potter's wheel. Projects can include plates, bowls, vases, bottles, abstracts and (intentionally) deformed works. Surface decoration will be explored. More advanced artists can work on their own designs with the assistance of the instructor. Fee includes one bag of clay, glazes, and firing.

23407	LOP-CS	4pm to 6pm
6/24-8/12	W	Trulove, Thomas

CAMPS

BEACH VOLLEYBALL AND SURF CAMP

Res: \$380 Nonres: \$418
Beach Volleyball and Surf Camp will run daily from 9:00 am-1:30 pm. Beach Volleyball Camp will run from 9:00 am-11:00 am, with a transition break from 11:00 am-11:30 am. Surf Camp will run from 11:30 am- 1:30 pm.

23123	MB-PSS	7 but less than 13	9am to 1:30pm
6/22-6/26	M Tu W Th F	Coaches, Campsurf	
23124	MB-PSS	9am to 1:30pm	
6/29-7/3	M Tu W Th F	Coaches, Campsurf	
23125	MB-PSS	9am to 1:30pm	
7/6-7/10	M Tu W Th F	Coaches, Campsurf	
23126	MB-PSS	9am to 1:30pm	
7/13-7/17	M Tu W Th F	Coaches, Campsurf	
23127	MB-PSS	9am to 1:30pm	
7/20-7/24	M Tu W Th F	Coaches, Campsurf	
23128	MB-PSS	9am to 1:30pm	
7/27-7/31	M Tu W Th F	Coaches, Campsurf	
23129	MB-PSS	9am to 1:30pm	
8/3-8/7	M Tu W Th F	Coaches, Campsurf	
23130	MB-PSS	9am to 1:30pm	
8/10-8/14	M Tu W Th F	Coaches, Campsurf	
23131	MB-PSS	9am to 1:30pm	
8/17-8/21	M Tu W Th F	Coaches, Campsurf	
23132	MB-PSS	9am to 1:30pm	
8/24-8/28	M Tu W Th F	Coaches, Campsurf	

23113	MB-PSS	13 but less than 18	9am to 1:30pm
6/22-6/26	M Tu W Th F	Coaches, Campsurf	
23114	MB-PSS	9am to 1:30pm	
6/29-7/3	M Tu W Th F	Coaches, Campsurf	
23115	MB-PSS	9am to 1:30pm	
7/6-7/10	M Tu W Th F	Coaches, Campsurf	
23116	MB-PSS	9am to 1:30pm	
7/13-7/17	M Tu W Th F	Coaches, Campsurf	

Golf Discounts For Juniors And Seniors

Manhattan Beach residents only, 15 years and under and seniors, age 65 and older may purchase a golf discount card from the Live Oak Tennis Office and City Hall (residents must show proof of age at time of purchase). The cost of the card is \$1 annually and may be used from January 1 through December 31. The card entitles seniors and juniors a discounted price of \$10 between 7:00 AM and 4:00 pm, Monday-Friday at the Marriott Municipal Golf Course, located at 1400 Parkview Avenue, behind the Marriott Hotel.



GYMNASTICS-SUPERKIDS FUN AND FIT

Res: \$140 Nonres: \$154 5 but less than 9
Ten class session! Learn basic and intermediate gymnastics skills on mats, bars, balance beam, vault and swinging rings. Fitness, flexibility and confidence in an atmosphere of fun and encouragement. Superkids of-fice: (310) 378-4800 www.superkidsfun.com

23467	MHP-MHBH	3:30pm to 4:20pm
6/25-8/27	Th	Staff, Superkids
23468	MHP-MHBH	4:30pm to 5:20pm
6/23-8/25	Tu	Staff, Superkids

HOCKEY BASICS 14U

Res: \$68 Nonres: \$75 7 but less than 14
Ice skating class will teach you and your child how to skate, be safe, and enjoy this great pastime. Wear warm, flexible clothing, hockey helmet, and bring your mittens. Added value includes four public session

ICE SKATING FOR YOUTH

Res: \$68 Nonres: \$75 7 but less than 14
Ice skating class will teach your child the beginner basics of skating and how to enjoy being on the ice. Wear warm flexible clothing and mittens. Also included are four public passes and two guest passes. Students will need to check in with class confirmation on the first day of class.

23483	Toyota Sports Center	4:30pm to 5pm
7/7-7/28	Tu	Staff, Toyota Sports Center
23484	Toyota Sports Center	12:15pm to 12:45pm
7/11-8/1	Sa	Staff, Toyota Sports Center
23485	Toyota Sports Center	12:20pm to 12:50pm
7/12-8/2	Su	Staff, Toyota Sports Center
23834	Toyota Sports Center	4:30pm to 5pm
8/4-8/25	Tu	Staff, Toyota Sports Center
23835	Toyota Sports Center	12:15pm to 12:45pm
8/8-8/29	Sa	Staff, Toyota Sports Center
23836	Toyota Sports Center	12:20pm to 12:50pm
8/9-8/30	Su	Staff, Toyota Sports Center

MANHATTAN BEACH YOUTH SOCCER LEAGUE 5-6

Res: \$129 Nonres: \$142
Games take place on Thursday evenings for 1 hour on the Manhattan Village 7 on 7 Soccer Fields. Registrants are recommended to attend the tryout on Thursday, June 11.

23855	MV-NF	5 but less than 7	5pm to 6pm
6/25-8/13	Th	Coaches, Brit West Soccer	
23856	MV-NF	7 but less than 9	5pm to 6pm
6/25-8/13	Th	Coaches, Brit West Soccer	
23857	MV-NF	9 but less than 11	6pm to 8pm
6/25-8/13	Th	Coaches, Brit West Soccer	

TEEN & ADULT Camps | Unique Activities | Art & Ceramics



TEEN-CAMPS

BEACH VOLLEYBALL AND SURF CAMP (CONT'D)

23117	MB-PSS	9am to 1:30pm
7/20-7/24	M Tu W Th F	Coaches, Campsurf
23118	MB-PSS	9am to 1:30pm
7/27-7/31	M Tu W Th F	Coaches, Campsurf
23119	MB-PSS	9am to 1:30pm
8/3-8/7	M Tu W Th F	Coaches, Campsurf
23120	MB-PSS	9am to 1:30pm
8/10-8/14	M Tu W Th F	Coaches, Campsurf
23121	MB-PSS	9am to 1:30pm
8/17-8/21	M Tu W Th F	Coaches, Campsurf
23122	MB-PSS	9am to 1:30pm
8/24-8/28	M Tu W Th F	Coaches, Campsurf

BEACH VOLLEYBALL CAMP

Res: \$180 Nonres: \$198
High level instruction will be provided for players who want to enroll in Beach Volleyball Camp from 9:00 am-11:00 am daily.

23144	MB-PSS	7 but less than 13	9am to 11am
6/22-6/26	M Tu W Th F		Peters, Kurt
23145	MB-PSS		9am to 11am
6/29-7/3	M Tu W Th F		Peters, Kurt
23146	MB-PSS		9am to 11am
7/6-7/10	M Tu W Th F		Peters, Kurt
23147	MB-PSS		9am to 11am
7/13-7/17	M Tu W Th F		Peters, Kurt
23148	MB-PSS		9am to 11am
7/20-7/24	M Tu W Th F		Peters, Kurt
23149	MB-PSS		9am to 11am
7/27-7/31	M Tu W Th F		Peters, Kurt
23150	MB-PSS		9am to 11am
8/3-8/7	M Tu W Th F		Peters, Kurt
23151	MB-PSS		9am to 11am
8/10-8/14	M Tu W Th F		Peters, Kurt
23152	MB-PSS		9am to 11am
8/17-8/21	M Tu W Th F		Peters, Kurt
23153	MB-PSS		9am to 11am
8/24-8/28	M Tu W Th F		Peters, Kurt

13 but less than 18			
23134	MB-PSS	9am to 11am	
6/22-6/26	M Tu W Th F		Peters, Kurt
23135	MB-PSS	9am to 11am	
6/29-7/3	M Tu W Th F		Peters, Kurt
23136	MB-PSS	9am to 11am	
7/6-7/10	M Tu W Th F		Peters, Kurt
23137	MB-PSS	9am to 11am	
7/13-7/17	M Tu W Th F		Peters, Kurt
23138	MB-PSS	9am to 11am	
7/20-7/24	M Tu W Th F		Peters, Kurt
23139	MB-PSS	9am to 11am	
7/27-7/31	M Tu W Th F		Peters, Kurt
23140	MB-PSS	9am to 11am	
8/3-8/7	M Tu W Th F		Peters, Kurt

BEACH VOLLEYBALL CAMP (CONT'D)

23141	MB-PSS	9am to 11am
8/10-8/14	M Tu W Th F	Peters, Kurt
23142	MB-PSS	9am to 11am
8/17-8/21	M Tu W Th F	Peters, Kurt
23143	MB-PSS	9am to 11am
8/24-8/28	M Tu W Th F	Peters, Kurt

BEGINNING SURF LESSONS

Res: \$165 Nonres: \$182 13 but less than 18
Surfers will spend a week in small peer groups that are age and skill appropriate. Essential skills include balance training, paddling, the "pop-up", oceanography and catching waves. Dedicated counselors and a low staff/student ratio ensure safety and allows for individual instruction.

23387	MB-PSS	9am to 11am
6/22-6/26	M W F	Coaches, Campsurf
23388	MB-PSS	9am to 11am
6/29-7/3	M W F	Coaches, Campsurf
23389	MB-PSS	9am to 11am
7/6-7/10	M W F	Coaches, Campsurf
23390	MB-PSS	9am to 11am
7/13-7/17	M W F	Coaches, Campsurf
23391	MB-PSS	9am to 11am
7/20-7/24	M W F	Coaches, Campsurf
23392	MB-PSS	9am to 11am
7/27-7/31	M W F	Coaches, Campsurf
23393	MB-PSS	9am to 11am
8/3-8/7	M W F	Coaches, Campsurf
23394	MB-PSS	9am to 11am
8/10-8/14	M W F	Coaches, Campsurf
23395	MB-PSS	9am to 11am
8/17-8/21	M W F	Coaches, Campsurf
23396	MB-PSS	9am to 11am
8/24-8/28	M W F	Coaches, Campsurf

DANCE, MUSIC & THEATER



Fee: \$13 10 but less than 31

Golden Heart Ranch's Social Living Club will be holding monthly dance classes for boys and girls with special needs, ages 10 and up at the Joslyn Center. SLC's Dance Club will encourage its participants to be physically creative and help them develop the courage to move through rhythm in partnership with others.

23877	JCC-SDS	5:30pm to 6:15pm
6/19	F	Mantis, Lisa
23876	JCC-SDS	5:30pm to 6:15pm
7/17	F	Mantis, Lisa

UNIQUE ACTIVITIES

GOLDEN HEART RANCH COOKING CLASS

Fee: \$160 15 but less than 31
Golden Heart Ranch Social Living Club will be holding weekly cooking classes for young adults with special needs at the Joslyn Center. Whether you are new to the kitchen or an experienced chef, join us to learn everything from food safety to meal planning.

23792	JCC-OBH	4pm to 6pm
6/4-6/25	Th	Mantis, Lisa
23793	JCC-OBH	4pm to 6pm
7/2-7/30	Th	Mantis, Lisa

ADULT-ART & CERAMICS

ART OF OIL

Res: \$118 Nonres: \$130 18 and up
You will learn the art of oil painting through your choice of subject matter and will learn about composition, value, color, mediums and techniques. All skill levels welcome.

23356	MBAC-VAR	9:30am to Noon
6/22-8/10	M	Kari, Morgan

CERAMICS BASIC & INTERMEDIATE

Res: \$169 Nonres: \$185.90 16 and up
Basic and intermediate students will share learning and studio working experience. Beginners will learn hand building techniques plus introduction to wheel throwing. Intermediate students will advance their techniques of pottery and sculpture making, including elaborate surface decoration. Fee includes one bag of clay, glazes, and firing.

23409	LOP-CS	6:30pm to 9:30pm
6/22-8/17	M	Trulove, Thomas

CERAMICS EXPERIMENTAL

Res: \$179 Nonres: \$196 18 and up
This class is designed for self-directed students with prior hand building and wheel experience. The class will help you develop your ideas by expanding on your knowledge, while experimenting with various materials, tools, methods and techniques. Class adapts to student's skills. Fee includes one bag of clay, glazes and firing.

23411	LOP-CS	1pm to 4pm
6/25-8/20	Th	Mallman, Mary
23412	LOP-CS	6:30pm to 9:30pm
6/25-8/20	Th	Mallman, Mary

ART & CERAMICS

CERAMICS FOR ALL LEVELS

16 and up
Class is structured to assist students of all levels in exploring their own artistic paths. Students can learn skills including sculpture, wheel throwing, hand building, surface decoration, slab forms and others as needed. Fee includes cost of one (1) bag of clay, glazes and firing. No class 7/4.

Res: \$179 Nonres: \$196
23414 LOP-CS 10am to 1pm
6/26-8/28 F Wollman, Nan

Res: \$161 Nonres: \$177
23415 LOP-CS 1:45pm to 4:45pm
6/27-8/29 Sa Wollman, Nan

CERAMICS INTERMEDIATE TO ADVANCED

Res: \$179 Nonres: \$196 18 and up
This class is geared toward students who have a basic knowledge of ceramics and are ready to develop more complex forms and independent projects. Fee includes cost of one (1) bag of clay, glazes and firing.

23418 LOP-CS 10am to 1pm
6/22-8/17 M Mallman, Mary



CERAMICS POTTERY ON THE WHEEL

Res: \$209 Nonres: \$230 18 and up
This class will focus on the forms using the potter's wheel. Beginners will learn about the properties of clay and basic wheel-thrown forms. Advanced students will expand on their knowledge and develop complex forms. Fee includes cost of one bag of clay, glazes and firing.

23422 LOP-CS 6:30pm to 9:30pm
6/23-8/18 Tu Simcik, Robert
23423 LOP-CS 10am to 1:30pm
6/23-8/18 Tu Mallman, Mary

Independent Studio

\$13 per class 18 and up
Drop into the Ceramics Studio on Thursday's between 8:00am to 12:45pm or Sunday's between 1:00-6:00pm to work on your ceramics projects. Only purchased clay from the City of Manhattan Beach Parks and Recreation Department can be brought in. To purchase clay, please visit City Hall Monday-Friday from 8:00am-5:00pm.
No Independent Studio on 6/21, 6/25, 6/28, 7/5 & 9/13.

Activity # 22673
Location: LOP-CS

LANDSCAPE PASTEL PAINTING

Res: \$92.50 Nonres: \$102 16 and up
Enjoy the creative process of painting landscapes using soft pastels. Students will learn the necessary tools to create beautiful landscapes inspired from their own photographs. Through instructor's demonstrations and personal guidance, students will develop a greater understanding of how to see, interpret, and paint the landscape with pastels.

23497 MBAC-VAR 9am to Noon
6/25-7/16 Th Nichols, Frances



ORIENTAL WATERCOLOR

Res: \$118 Nonres: \$130 16 and up
Noted artist and instructor Hisako Asano will share her approach to a world of delicate ancient watercolor painting. Special attention will be focused on technique and styles which allow for a creative and individual approach to painting. Please call (310) 802-5448 for a supply list prior to first class meeting.

23532 MBAC-VAR 9am to 11am
6/23-8/11 Tu Asano-Gould, Hisako

DANCE, MUSIC & THEATER

BALLROOM DANCE-INTRODUCTION

Res: \$51 Nonres: \$56 15 and up
Looking for a fun way to use your core muscles, meet people and have fun, or be able to dance at a very special wedding. Come on down and learn the basic steps to four popular dances. Three to four steps in each dance, plus styling and technique will be taught. Partner suggested.

23358 ICC-SDS 7pm to 8pm
6/24-7/29 W Llorens, Kathleen

COMEDY IMPROV FOR ADULTS

Res: \$60 Nonres: \$66 18 and up
Learn Comedy Improv in a safe, supportive and fun environment. All levels welcome, no experience necessary. No class 7/7.

24366 ICC-SSR 7pm to 9pm
6/23-7/21 Tu Usui, Doris

ZUMBA

Res: \$66 Nonres: \$72 16 and up
Zumba is a fusion of Latin and International music-with a dynamic, exciting, and effective fitness system! It combines high energy and motivating music with unique moves and combinations. It is a mixture of body sculpting movements with easy to follow dance steps.

23788 ICC-SDS 7:30pm to 8:20pm
6/25-7/30 Th Korenevsky, Nelly

FITNESS

CROSSFIT

Res: \$375 Nonres: \$413 18 and up
Members of Karma CrossFit develop strength, flexibility, stamina, endurance, speed, power, accuracy, agility, balance and coordination. We have fun while working hard and getting in the best shape of our lives. For complete class schedule, visit <http://karmacrossfit.com/class-schedule/>.

23436 Karma Crossfit Studio 6am to 7am
6/22-8/15 M Tu W Th F Sa Jefferies, Will



Prerequisite Needed
Res: \$80. Nonres: \$88
18 and up

Open studio time for students who are simultaneously enrolled in one Manhattan Beach Parks and Recreation ceramics class. No class 7/5.

23420 LOP-CS 10am to 1:30pm
6/24-8/19 W Simcik, Robert
23421 LOP-CS 10am to 1:30pm
6/27-8/29 Sa Staff, Parks & Rec

ADULT Fitness | Sports

FITNESS

FITNESS AT LEVEL 10

Res: \$256 Nonres: \$282 18 and up
The goal of this class is to improve strength, flexibility, aerobic capacity, reduce body fat, enhance a stronger mind and have fun! Training will include dynamic warm-up, full-body strengthening, metabolic conditioning and mobility. Small group trainings will be indoor and outdoor. Choose two classes per week from the following class schedule: Monday and Wednesday at 6am, 7am, 9am or 6pm, Tuesday and Thursday at 7am, 9am or 6pm or Friday at 6 am, 7 am or 9 am.

2x Week
Res: \$256 Nonres: \$282
23799 Level 10 Fitness See Description
6/22-8/14 M Tu W Th F LLC, NOTORIOUS F.I.T.,

3x Week
Res: \$384 Nonres: \$422
23800 Level 10 Fitness See Description
6/22-8/14 M Tu W Th F LLC, NOTORIOUS F.I.T.,

PILATES MAT & TRX

Res: \$100 Nonres: \$110 18 and up
The mat Pilates will warm up, strengthen core, and direct body alignment. This is then further challenged with dynamic movements with TRX. This workout lends towards serious muscle strengthening, balance, building range of motion and calorie burning while leaving some time for cool down & stretch.

23542 Body & Mind Coe-Dynamics, Inc. 7pm to 7:55pm
6/25-7/16 Th Staff, Body & Mind Coe Dynamics Inc

PILATES REFORMER CLASS

Res: \$100 Nonres: \$110 18 and up
Pilates Reformer class designed to strengthen and tone the whole body while improving posture which alleviates many forms of body aches from neck to the ankles and everything in between.

23820 Body & Mind Coe-Dynamics, Inc. 7pm to 7:55pm
6/22-7/13 M Staff, Body & Mind Coe Dynamics Inc

PILATES PRIVATE/SEMI-PRIVATE

Res: \$180 Nonres: \$199 18 and up
These individual private Pilates sessions will give the student access to all equipment of the Pilates studio. This one-on-one direct training with a comprehensive certified Pilates teacher accomplishes specific goals of the individual for a healthy body, mind, and soul.

23543 Body & Mind Coe-Dynamics, Inc. 9am to 9:55am
6/25-7/16 Th Staff, Body & Mind Coe Dynamics Inc

YOGA

Res: \$99 Nonres: \$109 18 and up
The ancient practice of Hatha yoga will enable you to reduce stress, slim and tone the body while learning proper breathing. You will slow the aging process, gain more flexibility, and enjoy a surge of renewed energy while balancing the body and mind in a relaxed setting.

23778 JCC-SDS 5pm to 6:15pm
6/23-8/11 Tu Coles, Dorene
23779 JCC-SDS 6:30pm to 7:45pm
6/23-8/11 Tu Coles, Dorene

YOGA FLOW LEVEL 1/2

Res: \$80 Nonres: \$88 18 and up
Yoga (Vinyasa) Flow connects movement with breath, allowing your mind to relax while your body both stretches and strengthens. This class is both energizing and rejuvenating as it flows from one pose to the next. Open to beginners and seasoned practitioners. Please bring mat. No class 8/13.

23821 JCC-SSR 6pm to 7:15pm
6/25-8/20 Th Serina, Eden

YOGA BY THE BEACH

Res: \$80 Nonres: \$88 18 and up
Enjoy the view and sounds of nature while building strength, gaining flexibility and cultivating inner peace. This yoga class, held outside at Bruce's Beach, overlooks the ocean and is suitable for all levels. Please bring a mat. Class will be held above basketball courts. No class 8/11.

23822 MB-BB 4:30pm to 5:30pm
6/23-8/18 Tu Serina, Eden

SPORTS

GOLF-BEGINNER SERIES

Res: \$125 Nonres: \$138 18 and up
Group classes are designed for the beginner golfer up to the intermediate level player. You'll begin with pitching and full swing fundamentals, make small swings with chipping and putting, learn some rules and golf etiquette, all while enjoying a fun introduction to the game of golf. Meet on the top right corner of the driving range. No class 9/7.

23450	Lakes at El Segundo	6pm to 7pm
7/6-8/3	M	Robert, Scott
23451	Lakes at El Segundo	6pm to 7pm
7/8-8/5	W	Robert, Scott
23452	Lakes at El Segundo	6pm to 7pm
8/10-9/14	M	Robert, Scott
23453	Lakes at El Segundo	10am to 11am
8/11-9/8	Tu	Robert, Scott
23454	Lakes at El Segundo	6pm to 7pm
8/12-9/9	W	Robert, Scott
23455	Lakes at El Segundo	10am to 11am
8/13-9/10	Th	Robert, Scott

TAKING YOUR GAME TO THE COURSE

Res: \$200 Nonres: \$220 18 and up
This class takes the golfer to the GOLF COURSE. We will learn: strategy of playing a hole, what club to use, aiming, uneven lies, playing from a bad lie, what club to use around the green, etiquette and rules. We meet at the American flagpole in front of the building. A one-time course fee of \$20 is paid the first class.

23456 Lakes at El Segundo 5:30pm to 7pm
8/15-9/5 Sa Robert, Scott



STROLLER STRIDES
MOMMY AND ME FITNESS CLASSES

Monday • Wednesday • Friday
9:30-10:40am
Bruce's Beach
(Meet near Highland)

FIRST CLASS FREE

REGISTER
southbayla.fit4mom.com

CONTACT
sherisullivan@fit4mom.com

participants should be cleared by doctor prior to postnatal exercise



ICE HOCKEY FOR ADULTS

Res: \$68 Nonres: \$75 15 and up
 This class introduces the skater to ice hockey and teaches basic safety and skating skills. Forward and backward skating, balance, and edges are covered. Protective equipment is recommended, but not provided. Includes skate rental, four public sessions and two guest passes (A \$67.50 value). Students will need to check in with class confirmation on the first day of class.

23845	Toyota Sports Center	7pm to 7:30pm
7/7-7/28	Tu Staff, Toyota Sports Center	
23846	Toyota Sports Center	12:15pm to 12:45pm
7/11-8/1	Sa Staff, Toyota Sports Center	
23847	Toyota Sports Center	10:50am to 11:20am
7/12-8/2	Su Staff, Toyota Sports Center	
23848	Toyota Sports Center	7pm to 7:30pm
8/4-8/25	Tu Staff, Toyota Sports Center	
23849	Toyota Sports Center	12:15pm to 12:45pm
8/8-8/29	Sa Staff, Toyota Sports Center	
23850	Toyota Sports Center	10:50am to 11:20am
8/9-8/30	Su Staff, Toyota Sports Center	

ICE SKATING FOR ADULTS

Res: \$68 Nonres: \$75 15 and up
 Ice skating class will teach you how to skate, be safe and enjoy this great pastime. Wear warm, flexible clothing and bring your mittens. Added value includes four public session passes, two guest passes and skate rental (an \$73.50 value). Students will need to check in with class confirmation on the first day of class.

23838	Toyota Sports Center	7pm to 7:30pm
7/7-7/28	Tu Staff, Toyota Sports Center	
23839	Toyota Sports Center	12:15pm to 12:45pm
7/11-8/1	Sa Staff, Toyota Sports Center	
23840	Toyota Sports Center	10:50am to 11:20am
7/12-8/2	Su Staff, Toyota Sports Center	
23841	Toyota Sports Center	7pm to 7:30pm
8/4-8/25	Tu Staff, Toyota Sports Center	
23842	Toyota Sports Center	12:15pm to 12:45pm
8/8-8/29	Sa Staff, Toyota Sports Center	
23843	Toyota Sports Center	10:50am to 11:20am
8/9-8/30	Su Staff, Toyota Sports Center	

KARATE-JAPANESE SHOTOKAN

Res: \$96 Nonres: \$105 10 and up
 Japanese Shotokan Karate is an excellent discipline of both physical and mental exercise. It improves fitness and contributes to a more vital and rewarding lifestyle. Training consists of warm-ups, blocking, punching, kicking and forms. Reflexes are sharpened. Arms and legs are trained to safely ward off attacks. Excellent way of building character.

23491	MHP-MHBH	6pm to 7:15pm
6/24-8/12	W Gacad, Daniel	

TABLE TENNIS

Res: \$30 Nonres: \$33 15 and up
 Round robin play for intermediate and advanced players. Some coaching available for beginners.

23703	MHP-MHBH	2pm to 3:30pm
7/11-8/29	Sa Staff, Parks & Rec	
23704	MHP-MHBH	3:30pm to 5pm
7/11-8/29	Sa Staff, Parks & Rec	

BEACH VOLLEYBALL

Beginner

Res: \$100 Nonres: \$110 18 and up
 This class is designed for the student that has little to no knowledge of the basic fundamental skills necessary to play volleyball. Students will learn the rules of the game, passing, serving, setting, digging, and hitting. Court defense will be taught as well. Slow paced drills will be used to practice newly acquired skills.

23377	MB-PSS	6p to 7:30p	6/15-8/5	MW
23378	MB-PSS	6p to 7:30p	6/16-8/6	Tu Th
23379	MB-PSS	5:30p to 6:30p	8/17-10/7	MW
23380	MB-PSS	5:30p to 7p	8/18-10/8	Tu Th

Intermediate

Res: \$100 Nonres: \$110 18 and up
 This class is for the student who has basic knowledge of the fundamental skills and rules necessary to play volleyball. Students must demonstrate moderate ball control in passing, setting, hitting and serving with some consistency. You will begin to learn offensive and defensive strategies. Instructors will use slow to moderately paced drills to practice technique and continue the development of fundamental skills.

23382	MB-PSS	6p to 7:30p	6/15-8/5	MW
23383	MB-PSS	6p to 7:30p	6/16-8/6	Tu Th
23384	MB-PSS	5:30p to 7p	8/17-10/7	MW
23385	MB-PSS	5:30p to 7p	8/18-10/8	Tu Th

Advanced

Res: \$100 Nonres: \$110 18 and up
 This class is designed for students with considerable knowledge of the game. You must be able to execute fundamental skills and ball control with a high level of consistency. Instructors will reinforce and develop skills in passing, setting, serving, hitting, digging, and blocking while using fast-paced drills.

23372	MB-PSS	6p to 7:30p	6/15-8/5	MW
23373	MB-PSS	6p to 7:30p	6/16-8/6	Tu Th
23374	MB-PSS	5:30p to 7p	8/17-10/7	MW
23375	MB-PSS	5:30p to 7p	8/18-10/8	Tu Th



TENNIS

All Ages



ANNUAL PASS

\$10 per year

The pass is good for one calendar year from date of purchase; unlimited use as available.

Available for Juniors
(15 years and under); good for free play
Monday through Friday, 3:00-5:00pm

Available for Older Adults (55 years+);
good for free play Monday through Friday,
7:00-9:00am and 2:00-4:00pm

PRIVATE LESSONS

Certified USPTA tennis pros will work one-on-one with individuals seeking to advance their game of tennis. Whether you're new to the sport or preparing for high ranked tournaments, Manhattan Beach Tennis Pros are here to guide you along the way. To schedule a private lesson, please contact a Tennis Pro.

TENNIS FACILITIES

LIVE OAK PARK

1901 Valley Drive, 6 lighted courts
7:00am-10:00pm, Monday-Thursday
7:00am-8:00pm, Friday-Sunday

Court Fee: \$7

(Monday-Friday, 7:00am-5:00pm)

\$9 (Monday-Friday, 5:00-10:00pm & Weekends)

For more information, please call
(310) 545-0888

MANHATTAN HEIGHTS PARK

1600 Manhattan Beach Boulevard,
2 lighted courts
8:00am-9:00pm Monday-Sunday
No reservations required

MIRA COSTA HIGH SCHOOL

Corner of Artesia Boulevard and Meadows Avenue,
10 lighted courts

5:00-9:00pm, Monday/Thursday
8:00am-2:00pm, Weekends

Court Fee: \$8

PRIVATE INSTRUCTOR CONTACT INFORMATION

Bennet Slusarz-bennets@tennismatrix.net

Jeff Tarango-jeffreytarango@gmail.com

Walt Meyers-walt@waltmeyertennis.com

Annie Lewis-annielewis@gmail.com

Kevin Brady-wctennis@bradycamps.com

Vilar Larsson (Dr V)-vilar@verizon.net

Brian More-brianmore@cox.net

Lila Brady-Lila@bradycamps.com

Kerry Giardino-kerryg3@hotmail.com

Dan McCormick-tennispro333@gmail.com

TENNIS MATRIX

Seasonal tennis ladders & round robins held at Live Oak Park. The TennisMatrix.net Challenge Ladder was established to provide players of all abilities an opportunity to sharpen their tennis skills, build match play awareness, and meet new people along the way! Go to www.tennismatrix.net, click on Join a Ladder (top toolbar) & create your account. *Attn. Click on Bennet Slusarz as your Director at bottom of page! Please review all ladder rules. Please contact Bennet Slusarz for all ladder questions at (310) 372-8648 or bennets@tennismatrix.net.

LEAGUES

Marine League hosts round robin tournaments at Live Oak Park in spring and fall and USTA hosts round robin tournaments at Mira Costa High School throughout the year. For more information, please call (310) 545-0888

Parks & Recreation Co-Ed Doubles League meets Monday evenings at Mira Costa. For more information, please call Walt Meyers at (310) 701-4595.

For more information:

Contact the Parks and Recreation Department at (310) 802-5448 or via email at registrationhelp@citymb.info or stop by the department (Monday through Friday, 8:00 AM to 5:00 PM) located in City Hall, 1400 Highland Avenue, Manhattan Beach, CA 90266.

TOTS

TENNIS WITH ANNIE: HOT SHOTS

Res: \$95 Nonres: \$105 3 but less than 7
Kids will get active, learn new tennis strokes and have fun through skill-building games and engaging activities. Develop hand-eye coordination, learn to keep the ball in place, and begin mastering the basic strokes of tennis including the forehand, volley and overhead, while participating in a supportive and healthy athletic environment. No prior tennis experience is necessary. No class on 7/4. Class at Manhattan Heights Park on 7/18.

23719	MCHS-TC3	10am to 10:45am
6/27-8/1	Sa	Lewis, Annie

YOUTH

TENNIS WITH ANNIE - GRAND SLAM

Res: \$95 Nonres: \$105 7 but less than 15
Designed for players who have developed the basic fundamental strokes of tennis and can rally from the baseline, this class focuses on improving consistency and technique. Players will enhance their skills through drills, point play, introduction to strategy and shot selection. Emphasis will be placed on ball control, placement and serving. Class at Manhattan Heights Park on 7/16.

23715	LOP-TC6	5pm to 6pm
6/25-7/23	Th	Lewis, Annie

TENNIS WITH ANNIE: FUTURE STARS

Res: \$95 Nonres: \$105 4 but less than 9
We will focus on building tennis fundamentals through fun games and drills, movement and rally play. Kids will continue to develop the basic tennis strokes including the forehand, backhand, volley and overhead, working towards consistency and keeping the ball in play. Class at Manhattan Heights Park on 7/16.

23718	LOP-TC6	3:15pm to 4pm
6/25-7/23	Th	Lewis, Annie



TENNIS
MB Open

City of Manhattan Beach Parks & Recreation Department

48th Annual

2015 MB OPEN TENNIS TOURNAMENT

Live Oak Park & Mira Costa Tennis Facilities | July 16-19, 2015

All players receive a goodie bag, lunch & event T-shirt
For more information or to register, visit www.citymb.info/tennistournament

Draws for Mens & Womens Open Singles & Doubles
Draws for Mens & Womens 3.5 & below, 4.0, & 4.5-5.0
Trophies & prizes distributed to division winners

Tournament Administrator
Matthew Morrow
310.802.5432 | mmorrow@citymb.info

More information or help with registration
Parks and Recreation Department
310.802.5448 | mbparksandrec@citymb.info



TENNIS

All Ages

TENNIS WITH ANNIE: MAIN DRAW

Res: \$95 Nonres: \$105 7 but less than 12
In this class, we will continue to fine-tune basic stroke technique and production through fun drills, games, movement and rally play. Players should have some experience with the 4 basic tennis strokes and be able to keep the ball in play and place shots with some consistency, but kids new to tennis are welcome. Class at Manhattan Heights Park on 7/16.

23720 LOP-TC6 4pm to 5pm
6/25-7/23 Th Lewis, Annie

ADULTS

ADULT BEGINNING/ADVANCED BEGINNING TENNIS

Res: \$95 Nonres: \$105 14 and up
Get fit, learn new skills, and meet new friends while enjoying the lifetime sport of tennis. Class covers the basic tennis fundamentals including ground strokes, net play, serve, court positioning and scoring. Class at Manhattan Heights Park on 7/16.

23353 LOP-TC6 6pm to 7pm
6/25-7/23 Th Lewis, Annie

ADULT INTERMEDIATE/ADVANCED TENNIS

Res: \$95 Nonres: \$105 14 and up
Improve your tennis strokes, consistency, and placement of the ball, as you create topspin, improve foot positioning, and solidify good form. This class is designed for the player who is ready to put their skills and training into action and play live ball. Class at Manhattan Heights Park on 7/16.

23354 LOP-TC6 8pm to 9pm
6/25-7/23 Th Lewis, Annie

ADULT LOW INTERMEDIATE TENNIS

Res: \$95 Nonres: \$105 14 and up
Brush up on the core fundamentals of tennis including the forehand, backhand, volley, overhead and serve as you meet new friends and get into shape too! Class at Manhattan Heights Park on 7/16.

23352 LOP-TC6 7pm to 8pm
6/25-7/23 Th Lewis, Annie

TENNIS ADULT COED DOUBLES

Res: \$92 Nonres: \$101 18 and up
Each week players are matched with a different partner in League play to determine League MVP at the end of eight weeks. New balls for league matches provided by Walt. All levels welcome in this doubles only event. This is a non-instructional league. Players wishing to continue past 8:00 pm must pay for the added court time.

23714 MCHS-TC2 6:30pm to 8pm
6/29-8/17 M Meyers, Walt

TENNIS WITH VILAR LARSSON - ADVANCED

Res: \$123 Nonres: \$135 18 and up
The advanced class is for serious students wanting to take their game to the next level. Emphasis is on aggressive yet consistent play. All five serves will be taught to add variety to their game. Students will improve their skill level in hitting with topspin, flat and slice. Strategy, proper footwork, and the mental game will be emphasized. All specialty shots will be taught. The goal of the class is to transform a 3.5 player into a 4.0 player. These goals will be met in a positive, supportive environment.

23722 LOP-TC6 11am to Noon
6/23-8/11 Tu Larsson, Vilar
23723 LOP-TC6 8pm to 9pm
6/23-8/11 Tu Larsson, Vilar
23724 LOP-TC6 8pm to 9pm
6/24-8/12 W Larsson, Vilar
23725 LOP-TC6 7pm to 8pm
6/23-8/11 Tu Larsson, Vilar

TENNIS WITH VILAR LARSSON - INTERMEDIATE

Res: \$123 Nonres: \$135 18 and up
Learn tennis the right way in a positive, supportive environment. Have fun and reduce stress from your job by joining one of Dr. V's tennis classes. You will learn to play your best tennis in record time by participating in an accelerated learning approach to tennis. Now is your time to spring into action. Each student brings \$4 for balls.

23726 LOP-TC6 7pm to 8pm
6/24-8/12 W Larsson, Vilar

TENNIS WITH WALT LEVEL 1.0

Res: \$92 Nonres: \$101 18 and up
Students will learn hitting systems from both sides of the body as well as the serve, the rules of the game, the scoring system, the court, where they should stand and why. Each student to bring one unopened can of Wilson or Penn balls. Balls will stay with instructor.

23738 MCHS-TC3 6pm to 7pm
6/30-8/18 Tu Meyers, Walt
23739 MHP-TC2 9am to 10am
7/2-8/13 Th Meyers, Walt
23740 MCHS-TC1 11am to Noon
7/11-8/29 Sa Meyers, Walt

TENNIS WITH WALT LEVEL 2.0

Res: \$92 Nonres: \$101 18 and up
Students will learn positioning for doubles, and the volley (playing the net) as well as consistency for both ground strokes and the serve. Students will try the lob and the slam. This is an eight week program. Each student to bring one unopened can of Wilson or Penn balls. Balls will stay with instructor.

TENNIS WITH WALT LEVEL 2.0 (CONT'D)

23742 MHP-TC1 9am to 10am
6/30-8/18 Tu Meyers, Walt
23743 MCHS-TC1 6pm to 7pm
7/2-8/20 Th Meyers, Walt
23744 MCHS-TC1 11am to Noon
7/5-8/23 Su Meyers, Walt

TENNIS WITH WALT 3.0

Res: \$92 Nonres: \$101 18 and up
Students will learn hitting with purpose, directional hitting as well as offensive for transitioning through the court, grip control, and the second serve. Also positioning for doubles and the consequence of the same. Each student to bring one unopened can of Wilson or Penn balls. Balls will stay with instructor.

23729 MCHS-TC3 7pm to 8pm
6/30-8/18 Tu Meyers, Walt
23730 MHP-TC2 10am to 11am
7/2-8/20 Th Meyers, Walt
23731 MCHS-TC3 7pm to 8pm
7/2-8/20 Th Meyers, Walt
23732 MCHS-TC1 10am to 11am
7/11-8/29 Sa Meyers, Walt

TENNIS WITH WALT 3.5

Res: \$92 Nonres: \$101 18 and up
Students will learn the half-volley, as well as directional control for return of serve, and consequence of same, point construction for both singles and doubles, as well as offense and defense as a consequence of ball attitude. Also second serve spin. This is an eight week program. Each student to bring one unopened can of Wilson or Penn balls. Balls will stay with instructor

23734 MHP-TC2 10am to 11am
6/29-8/17 M Meyers, Walt
23735 MHP-TC2 10am to 11am
6/30-8/18 Tu Meyers, Walt
23736 MCHS-TC1 10am to 11am
7/5-8/23 Su Meyers, Walt

TENNIS WITH WALT LEVEL 4.0

Res: \$92 Nonres: \$101 18 and up
Students will learn spin as a function of ball altitude. How to stay on swing plan when the ball is outside the strike zone, with spin. Each student to bring one unopened can of Wilson or Penn balls. Balls will stay with instructor.

23745 MCHS-TC1 9am to 10am
7/5-8/23 Su Meyers, Walt

WALT'S TENNIS STRATEGIES - INTERMEDIATE

Res: \$92 Nonres: \$101 18 and up
Adult tennis strategies for the intermediate player for both singles and doubles, men and women. Baseline and net play, as well as balls on the up of bounce and

the half-volley. Each student must bring one unopened can of Wilson or Penn balls once, balls to remain with instructor. On 7/18, class will be held at MHP -TC2.

23751	MCHS-TC3	8pm to 9pm
6/30-8/18	Tu	Meyers, Walt
23752	MCHS-TC3	8pm to 9pm
7/2-8/20	Th	Meyers, Walt
23753	MHP-TC2	10am to 11am
7/3-8/21	F	Meyers, Walt
23754	MCHS-TC2	9am to 10am
7/11-8/29	Sa	Meyers, Walt

CAMPS

PV TENNIS CHAMP CAMP!

Res: \$240 Nonres: \$264 7 but less than 12
Learn to play tennis and make new friends! Using fast and fun drills and games, your child will learn the basic strokes in a positive social environment while improving hand-eye coordination and gross motor skills. 9 weeks of camp to choose from.

23212	LOP-TC5	9am to Noon
6/22-6/26	M Tu W Th F	More, Brian
23213	LOP-TC5	9am to Noon
7/6-7/10	M Tu W Th F	More, Brian
23214	LOP-TC5	9am to Noon
7/20-7/24	M Tu W Th F	More, Brian
23215	LOP-TC5	9am to Noon
7/27-7/31	M Tu W Th F	More, Brian
23216	LOP-TC5	9am to Noon
8/3-8/7	M Tu W Th F	More, Brian
23217	LOP-TC5	9am to Noon
8/10-8/14	M Tu W Th F	More, Brian
23218	LOP-TC5	9am to Noon
8/17-8/21	M Tu W Th F	More, Brian

TENNIS WITH LILA SUMMER CAMP

4 but less than 10

Lila Brady is a USPTA certified professional instructor with over 20 years of experience. Summer Camp will consist of instruction on stroke fundamentals and skill building through fun drills, games, movement, hand-eye coordination, and rally play. Children will be divided into groups by age/level.

Res: \$180 Nonres: \$198

23221	MCHS-TC7	9am to 11am
6/22-6/26	M Tu W Th F	Brady, Lila
23223	MCHS-TC7	9am to 11am
6/29-7/3	M Tu W Th F	Brady, Lila
23225	MCHS-TC7	9am to 11am
7/6-7/10	M Tu W Th F	Brady, Lila
23231	MCHS-TC8	9am to 11am
7/20-7/24	M Tu W Th F	Brady, Lila

TENNIS WITH LILA SUMMER CAMP (CONT'D)

Res: \$144 Nonres: \$144.40

23228	MCHS-TC9	9am to 11am
7/13-7/16	M Tu W Th	Brady, Lila
Res: \$108 Nonres: \$118.80		
23220	MCHS-TC7	9am to 11am
6/22-6/26	M W F	Brady, Lila
23274	MCHS-TC7	9am to 11am
6/29-7/3	M W F	Brady, Lila
23226	MCHS-TC7	9am to 11am
7/6-7/10	M W F	Brady, Lila
23232	MCHS-TC7	9am to 11am
7/20-7/24	M W F	Brady, Lila

Res: \$72 Nonres: \$79.20

23222	MCHS-TC8	9am to 11am
6/23-6/25	Tu Th	Brady, Lila
23224	MCHS-TC10	9am to 11am
6/30-7/3	Tu Th	Brady, Lila
23227	MCHS-TC8	9am to 11am
7/7-7/9	Tu Th	Brady, Lila
23229	MCHS-TC8	9am to 11am
7/13-7/15	M W	Brady, Lila
23230	MCHS-TC7	9am to 11am
7/14-7/16	Tu Th	Brady, Lila
23233	MCHS-TC7	9am to 11am
7/21-7/23	Tu Th	Brady, Lila

WEST COAST TENNIS ACADEMY

8 but less than 18

Kevin Brady, Director of Brady Tennis Camps and former Director of Tennis at Beverly Hills Tennis and Beverly Hills CC, will be holding the Tennis Academy at Mira Costa High School. The academy will cover all aspects of tennis including technique, strategy, court positioning, footwork, serve, and supervised match play. Players will be separated into groups according to age and level.

Res: \$270 Nonres: \$297

23235	MCHS-TC3	9am to Noon
6/22-6/26	M Tu W Th F	Staff, South Bay Tennis Academy
23238	MCHS-TC3	9am to Noon
6/29-7/3	M Tu W Th F	Staff, South Bay Tennis Academy
23241	MCHS-TC3	9am to Noon
7/6-7/10	M Tu W Th F	Staff, South Bay Tennis Academy
23247	MCHS-TC3	9am to Noon
7/20-7/24	M Tu W Th F	Staff, South Bay Tennis Academy
23250	MCHS-TC3	9am to Noon
8/17-8/21	M Tu W Th F	Staff, South Bay Tennis Academy

Res: \$220 Nonres: \$242

23244	MCHS-TC3	9am to Noon
7/13-7/16	M Tu W Th	Staff, South Bay Tennis Academy

WEST COAST TENNIS ACADEMY (CONT'D)

Res: \$165 Nonres: \$181.50

23236	MCHS-TC4	9am to Noon
6/22-6/26	M W F	Staff, South Bay Tennis Academy
23239	MCHS-TC4	9am to Noon
6/29-7/3	M W F	Staff, South Bay Tennis Academy
23242	MCHS-TC4	9am to Noon
7/6-7/10	M W F	Staff, South Bay Tennis Academy
23248	MCHS-TC4	9am to Noon
7/20-7/24	M W F	Staff, South Bay Tennis Academy
23251	MCHS-TC4	9am to Noon
8/17-8/21	M W F	Staff, South Bay Tennis Academy

Res: \$110 Nonres: \$121

23237	MCHS-TC4	9am to Noon
6/23-6/25	Tu Th	Staff, South Bay Tennis Academy
23240	MCHS-TC4	9am to Noon
6/30-7/2	Tu Th	Staff, South Bay Tennis Academy
23243	MCHS-TC4	9am to Noon
7/7-7/9	Tu Th	Staff, South Bay Tennis Academy
23245	MCHS-TC4	9am to Noon
7/13-7/15	M W	Staff, South Bay Tennis Academy
23246	MCHS-TC4	9am to Noon
7/14-7/16	Tu Th	Staff, South Bay Tennis Academy
23249	MCHS-TC4	9am to Noon
7/21-7/23	Tu Th	Staff, South Bay Tennis Academy
23252	MCHS-TC4	9am to Noon
8/18-8/20	Tu Th	Staff, South Bay Tennis Academy

YOUTH TENNIS CAMP

8 but less than 15

Annie Lewis, tennis professional at Riviera Country Club and former Director of Tennis at Marina City Club, will be supervising the camp. Designed for beginning, advanced beginning, and intermediate players ages 8 - 14. Players learn and improve tennis basics, ground strokes, net play, serve, and footwork in an energetic and fun atmosphere of drills, games and point play. Players will be divided into groups by age/ level.

Res: \$180 Nonres: \$198

23254	MCHS-TC10	9am to 11am
8/10-8/14	M Tu W Th F	Lewis, Annie

Res: \$108 Nonres: \$118.80

23255	MCHS-TC10	9am to 11am
8/10-8/14	M W F	Lewis, Annie

Res: \$72 Nonres: \$79.20

23256	MCHS-TC8	9am to 11am
8/11-8/13	Tu Th	Lewis, Annie



OLDER ADULT

Dance, Music & Theater | Fitness | Medicare | Tai Chi

DANCE, MUSIC & THEATER

COMEDY IMPROV FOR OLDER ADULTS

55 and up
Learn comedy improv in a safe, supportive and fun environment. All levels welcome, no experience necessary.

4 Sessions

Res: \$40 Nonres: \$44

23434 JCC-SDS 4pm to 6pm
6/22-8/17 M Usui, Doris

8 Sessions

Res: \$60 Nonres: \$66

23435 JCC-SDS 4pm to 6pm
6/22-8/17 M Usui, Doris

FITNESS

SENIOR YOGA

Res: \$80 Nonres: \$88 55 and up
Hatha yoga helps improve balance, flexibility, strength and breathing. Individual differences and abilities accommodated. Bring a yoga mat and towel.

23653 MHP-MWBH 11am to 12:15pm
6/3-7/22 W Thompson, Teri

SENIOR YOGA BEGINNING

Res: \$80 Nonres: \$88
55 and up
Stretch, strengthen and soothe. A great class for those who are new to yoga and need to take it easy. Individual modifications are given. Option to use a chair is available. Bring a mat and beach towel.

23654 MHP-MHBH 11am to 12:15pm
6/2-7/21 Tu Serina, Eden



TAI CHI

Tai Chi is a type of martial art known for its defense techniques and health benefits. Tai Chi has evolved over the years into an effective means of alleviating stress and anxiety. It has been considered to be a form of meditation in motion which promotes serenity and inner peace.

WHEN: Every Friday

TIME: 9:00-10:00am

WHERE: Surf Dance Room in JCC

COST: Free

(Supported by the Beach Cities Health District)

WHO: 55+

MEDICARE

Questions about Medicare? There is a HICAP Volunteer Counselor here in Manhattan Beach to help you with your questions. The state-registered Health Insurance Counseling and Advocacy Program (HICAP) volunteer Counselors provide unbiased information, counseling, and assistance on Medicare and related health care coverage, including Original Medicare (Parts A & B), Medicare prevention Services, Long-Term Care and more.

WHEN:

1st and 3rd Monday of the month

TIME:

10:00am-1:00pm by appointment only, (310) 802-5447 for appointments

WHERE: JCC

COST: Free



ARTHRITIS FOUNDATION EXERCISE PROGRAM

\$40
55 and up

The Arthritis Foundation Exercise program was designed to help people with arthritis to maintain joint flexibility, muscle strength and reduce the pain and stiffness associated with arthritis. This may mean less reliance on medication. Taught by an Arthritis Foundation certified instructor who receives detailed and ongoing training to work with people with arthritis.

23357 JCC-OBH 9am to 10am 6/16-8/20 Tu Th Johnson, Victoria

OLDER ADULT HEALTH FAIR

FRIDAY, MAY 15, 2015 8:30 am - 12:00 pm

Joslyn Community Center

1601 Valley Drive, Manhattan Beach, CA 90266

**OlderAdults
Program**
CITY OF MANHATTAN BEACH (310) 802-5447

FREE SCREENINGS OFFERED:

Acupuncture	Dermatology
“Ask the Care Manager”	Glucose
Anemia	Hearing
Blood Pressure	Lung Capacity
Body Fat Analysis	Oral Cancer Check
Bone Density	Pharmacy
Chiropractic	Sleep Apnea
Cholesterol	Vision

\$20 DOPPLER TEST
(Stroke Screening)

by appointment only
Please call (310) 802-6177 • Ext. 1112

Sponsored by: South Bay
Family Health Care

- Lunch at Noon
- Lunchtime entertainment provided by:
Richard Bates
- Bingo and door prizes from 12:30 to 1:30 PM
- Parking is available on Valley Drive and at
the post office parking lot along the corner of
Valley Drive and 15th Street.
- Transportation for residents of Manhattan Beach
provided by DIAL-A-RIDE: (310) 545-3500

- For more information, please contact the
Parks and Recreation Department:
(310) 802-5448
- Please bring used eyeglasses and sun-
glasses to the Lions Club table. They will be
repaired and recycled by Lions In Sight and
given to someone who needs them.

VOLUNTEER ASSISTANCE PROVIDED BY:

www.sbfhc.org www.citymb.info



OLDER ADULT

Song Jam & Sing-A-Long! | Lunch Bunch | Agility, Balance & Coordination



Song Jam & Sing-A-Long!

Like to sing? Enjoy all types of music? The first Sunday of each month we have a Song Jam!/Sing-A-Long in OASIS. Join Janet Cornwell, a longtime folk singer to sing cowboy songs, silly songs, ballads, rounds, long, short, old, new...all your favorites.



WHEN: First Sunday of each month

TIME: 12:30-3:30pm

WHERE: OASIS in JCC

COST: Free

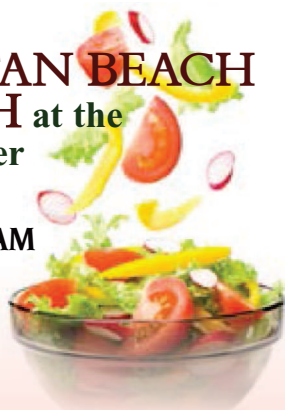
WHO: 55+

Join the **MANHATTAN BEACH LUNCH BUNCH** at the Joslyn Community Center

Tuesday & Thursday at 11:30AM

Cost: \$3.00 Residents

\$5.00 Nonresidents



The Manhattan Beach Older Adults Program is pleased to offer "The LUNCH BUNCH", a weekly nutrition program be held every Tuesday and Thursday. The program is designed especially for Manhattan Beach residents aged 55+. It affords an opportunity to make new friends while you enjoy a delicious lunch.

For lunch reservations, please call (310) 802-5430 at least 24 hours in advance.

AGILITY, BALANCE & COORDINATION



Have you ever felt slightly off balance with occasionally shaky ankles, or occasional unsure steps? If you've wondered if there was a way to improve your balance this class may be just for you. Agility is the ability to change the direction of the body in an efficient and effective manner, requiring a combination of balance and coordination. This class will be using common dumbbell weights, balance balls, ladders and cones to perform fun coordination exercises that combine eye-hand cooperation working towards greater stationary and moving body balance.

WHEN: Mondays • 8:30-9:30am & Wednesdays • 9:00-10am

WHERE: Surf Dance Studio in JCC

COST: Free, registration required. Register at the Older Adult Program Office in JCC or call the OAP office for registration information (310) 802-5447.

WHO: 55+

OLDER ADULT

Weekend Activities | Line Dancing | Weekly Activities



Weekend Activities—Check Us Out

OASIS HOURS FOR SATURDAYS AND SUNDAYS ARE 10:00 AM–4:00 PM

SATURDAYS: Come in, hang out, play board games, card games, do puzzles, learn hula dancing, socialize, meet new people—your choice

SUNDAYS: First Sunday of each month—song jam!/Sing-a-long from 12:30-3:30pm. Join Janet Cornwell, a long time folk singer to sing cowboy songs, silly songs, ballads, rounds, long, short, old, new...All your favorites.

SECOND SUNDAY OF EACH MONTH: Prime time classics. Enjoy an array of classic movies—musicals, black/white favorites, from *Some Like It Hot* to *Sunset Boulevard*.

THIRD SUNDAY OF EACH MONTH: Your choice. Share your talents, skills, knowledge, etc.

FOURTH SUNDAY OF EACH MONTH: Culture Sunday with an activity/program to enhance your cultural awareness.

LINE DANCING COMES TO MANHATTAN BEACH!!

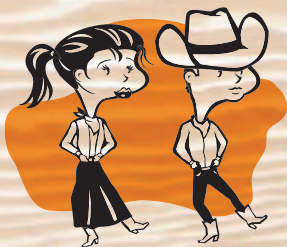
EVERY THURSDAY

3:00 PM – 4:30 PM

JOSLYN COMMUNITY CENTER

1601 VALLEY DRIVE

\$3.00 PER PERSON



**Older Adults
Program**
CITY OF MANHATTAN BEACH

For more information call (310) 802-5447.

To see more events, classes or trips, go to www.citymb.info and in the search box, type in, Older Adults Program.

Weekly Fun for Older Adults

There is always something going on for Older Adults so stop by and find out what you've been missing! Get together with your friends or make new ones while enjoying a variety of weekly activities. Every skill level is welcome!

MONDAYS

- Discussion Group
- Ping Pong
- Walking Group
- Pickleball

TUESDAYS

- Horseshoes
- Lunch Bunch
- Pickleball

WEDNESDAYS

- Ping Pong
- Mah Jong
- Shuffleboard
- Chess Club
- Woman to Woman
- Walking Group
- Craft Club

THURSDAYS

- Pétanque
- Scrabble
- Line Dancing
- Walking Group
- Pickleball

FRIDAYS

- Movies
- Ping Pong
- Bridge
- Bingo & Card Games



For more information call the Older Adults Program at (310) 802-5447 or log on to www.citymb.info

OLDER ADULTS

Bus Excursions

COME JOIN US!



There are many interesting trips planned. Enjoy Bus Excursions and mini-bus trips, exploring out of area and local points of interest. We may be gone 4 hours or 12 hours.

Learn about the trips and more by getting on the Older Adult Program Mailing List.

**Call: (310) 802-5447
to add your name.**

BUS EXCURSIONS RULES AND REGULATIONS

RULES AND REGULATIONS

Excursions are in comfortable motor coaches with restroom facilities, accompanied by parks and recreation tour escorts. **There are no assigned seats; there are two pick up locations of your choice, beginning at the Joslyn Center, then Manhattan Heights.** If you want to sit with someone, please board the bus together. Smoking is not permitted on board.

Types of Excursions:

Adult: Adults 18 years and up. (unless specified) **General Trip:** For all ages with Parent/Guardian. **Older Adult:** ages 55 +.

Refund Policy:

All refunds are subject to a \$25 administration fee. **Refunds after the trip deadline will be made only when your reservation can be filled from the waiting list or a person designated by you.** Replacement's name and waiver form

must be in our office 24 hours prior to tour departure or, in case of a Sunday/Monday departure, no later than noon on Wednesday. Due to insurance reasons, there can be no passenger substitutions the day of the tour.

Departure/Return Locations:

Bus Excursions have two pick up/drop off locations: Joslyn Center, 1601 Valley Drive and Manhattan Heights Community Center, 1600 M.B. Blvd.

If you cannot make it on the day of the trip, please call (310) 877-0517.

All participants must bring photo identification on all bus excursions. Please notify us if you require special accommodations.

BUS EXCURSIONS

BASTILLE DAY CELEBRATION IN SANTA BARBARA

Res: \$45 Nonres: \$50 55 and up
 Bonjour! Santa Barbara hosts the largest French Festival in the Western United States. Enjoy a French-style continental breakfast on your way to Santa Barbara's Oak Park where there's non-stop free entertainment on three stages. Enjoy music, mimes, jugglers, fine French food, pastries, and the famous Poodle Parade! Pickup and drop off will be at both JCC and MHP.

23813 9am to 6pm
 7/18 Sa

WALT DISNEY CONCERT HALL- "PHANTOM IN PARIS"

Res: \$80 Nonres: \$88 55 and up
 Almost like being in France! Enjoy the California Philharmonic playing selections from Phantom of the Opera, Les Miserables, GiGi and more in the incredible Walt Disney Hall with incredible acoustics and stunning grounds. The sit down lunch before is at HMS Bounty Restaurant with a choice of chicken, NY steak, pork chops, salmon or fish and chips. Pickup and drop off will be at both JCC and MHP.

23814 10am to 5:30pm
 8/2 Su

THE DEAD SEA SCROLLS AT THE CA SCIENCE CENTER

Res: \$55 Nonres: \$60 55 and up
 Discover the most significant archaeological find of the last century - The Dead Sea Scrolls. The largest Dead Sea Scrolls exhibition ever mounted outside of Israel with over 600 ancient artifacts. Also included is lunch at Canter's Delicatessen with a choice of entrée and admission to the Science Center's IMAX Theatre for a 3-D screening of "Jerusalem." Pickup and drop off will be at both JCC and MHP.

23817 10am to 5:30pm
 9/2 W

Bus Excursions Registration Form

Bus Excursions involve physical activities including: walking, running, sitting, and eating. Other injuries to legs, joints, and back, as well as sprained muscles, bruises and more serious injury are possible. In applying to participate, I assume the risk of this activity including any and all injuries which may ensue. In consideration of acceptance of my entry to **Bus Excursions**, I waive any and all claims for myself and my heirs against officials or sponsors of **Bus Excursions**, the City of Manhattan Beach, its officers, agents and employees for any claims, demands, injuries, illness, damages, or actions to my person or property arising out of or in connection with or which may directly or indirectly result from my participation. I further state that we are in proper physical condition to participate in this event. I hereby hold the City of Manhattan Beach, its employees and agents and the sponsors and operators of **Bus Excursions** harmless from all claims which may be brought against them by myself, on my behalf, or by any third party for any such injuries or claims aforesaid.

Participant Name		Signature	
Bus Excursion Name or Activity Number			
1.			
2.			
3.			
4.			
5.			
Payment Information			
<input type="checkbox"/> Cash	<input type="checkbox"/> Check (Ck#)	<input type="checkbox"/> Credit Card
Credit Card Number :			
_____ - _____ - _____ - _____			
Exp Date: _____ /20		Security Code:	
Amount: \$			
Signature:			

OLDER ADULTS

Activity Calendar

WEEK 1

WEEK 2

	WEEK 1	WEEK 2
MON	9am–11am Joslyn Seniors Drop In Hours–JCC 8am-Pickleball at MHP 8:30am Walking Group at MV-T 9:30am–12pm Discussion Group–JCC-O (every Monday) 10am–1:00pm–Assistance with Medicare 10am Ping Pong at LOP-SH 10:30am–12:30pm Bingo	9am–11am Joslyn Seniors “Drop In” Hours–JCC 8am-Pickleball at MHP 8:30am Walking Group at MV-T 9:30am–12noon Discussion Group–JCC-O 10am Ping Pong at Scout House 10am–11:30am Writing Group–Manhattan Sr. Villas 11:30am–2pm Heights Senior Club Meeting & Potluck at MHP-CC 1:30 pm “Acting out Again” at JCC 2pm–4pm Cards & Games–at MHP-CC
TUE	8am-Pickleball at MHP 10am Horseshoes at JCC 10am-Ping Pong at SH 11:30am–1pm Lunch Bunch at JCC 1:30pm–3:30pm Play Reading at JCC	8am-Pickleball at MHP 10am Horseshoes at JCC 10am Ping Pong at SH 11:30am–1pm Lunch Bunch at JCC 1:30pm–3:30pm Poetry Reading Circle at JCC
WED	8:30am Walking Group at MV-T 10am Chess at JCC 10am Ping Pong at SH 10:15-11:45am Let’s Talk Woman to Woman Discussion at JCC 10:30am–12:30pm–Bingo and Snacks at JCC 12pm–2pm Craft Club at JCC 1pm Mah Jong at JCC 1:30pm Shuffleboard at JCC 4pm–Night on the Town through Dial-a-Ride	8:30am Walking Group at MV-T 10am Chess at JCC 10am Ping Pong at Scout House 10:15-11:45am Let’s Talk Woman to Woman Discussion Group at JCC 12pm–2pm Craft Club at JCC 1pm Mah Jong at JCC 1:30pm Shuffleboard at JCC 4pm–Night on the Town through Dial-a-Ride
THU	8am-Pickleball at MHP 8:30am–10:30am Walking Group at MV-T 11:30am–1:00pm Lunch Bunch 2.0 at JCC 1:00pm–2:00pm By Heart - Singing at JCC 1–3pm Petanque 1:30pm–4pm Scrabble at JCC-O 3–4:30pm Line Dancing at JCC	8am-Pickleball at MHP 8:30am–10:30am Walking Group at MV-T 11:30am–1:00pm Lunch Bunch 2.0 at JCC 1:00pm–2:00pm By Heart - Singing at JCC 1pm–3pm Petanque at LOF 1:30–4pm Scrabble at JCC-O 3–4:30pm Line Dancing at JCC Dial-A-Ride open until 9pm
FRI	9–10:00am Tai Chi 10am–11:30am Senior Resources Committee (SRC) Monthly Meeting–MHP-CC 10am Ping Pong at SH 10am–3pm Bridge at JCC 11:30am–2pm Bingo at MHP-CC 1:30pm–3:30pm The OASIS Movie Club: JCC 2pm–4pm Card Games at MHP-CC	9–10:00am Tai Chi 10am Ping Pong at SH 10am–3pm Bridge at JCC 11:30am–2pm Bingo at MHP-CC 1:30pm–3:30pm The OASIS Movie Club: JCC 2pm–4pm Card Games at MHP-CC 8pm–11pm Swing ‘n Sway Dance at JCC

All events are subject to change. Joslyn (JCC), OASIS and Manhattan Heights (MHCC) Locations may be subject to change.

OLDER ADULTS Activity Calendar

WEEK 3

WEEK 4

<p>9am-11am Joslyn Seniors "Drop In" Hours-JCC 8am-Pickleball at MHP 8:30am Walking Group at MV-T 9:30am-12noon Discussion Group JCC-O 10am-1:00pm-Assistance with Medicare 10am Ping Pong at LOP-SH 11:30am-12:30pm Fun Bingo at JCC</p>	<p>9am-11am Joslyn Seniors Drop In Hours-JCC 8am-Pickleball at MHP 8:30am Walking Group at MV-T 9:30am-12 noon Discussion Group JCC 10am Ping Pong at LOP-SH 10am-11:30am Writing Group Manhattan Sr. Villas 11:30am-1:00pm Catered Lunch with Joslyn Senior Club at JCC. Cost \$5 1:30pm-3:30pm Acting Out Again at JCC</p>
<p>8am-Pickleball at MHP 10am Horseshoes at JCC 10am Ping Pong at SH 11:30am-1pm Lunch Bunch at JCC 1:00-2:30pm Senior Advisory Committee at JCC</p>	<p>8am-Pickleball at MHP 10am Horseshoes at JCC 10am Ping Pong at SH 11:30-1pm Lunch Bunch at JCC 1:30pm-3:30pm Poetry Reading Circle at JCC</p>
<p>8:30am Walking Group at MV-T 10am Chess at JCC 10am Ping Pong at LOP-SH 10:15-11:45am Let's Talk Woman to Woman Discussion Group at JCC 11:30am-12:30pm Fun Bingo at JCC 12pm-2pm Craft Club at JCC 1:30pm-3:30pm Movie to Enlighten at JCC 1pm Mah Jong at JCC 1:30pm Shuffleboard at JCC 4pm-Night on the Town through Dial-a-Ride</p>	<p>8:30am Walking Group at MV-T 10am Chess at JCC 10am Ping Pong at SH 10:15-11:45am Let's Talk Woman to Woman Discussion Group at JCC 12pm-2pm Craft Club at JCC 1:30pm Mah Jong at JCC 1:30pm Shuffleboard at JCC 4pm-Night on the Town through Dial-a-Ride</p>
<p>8am-Pickleball at MHP 8:30am-10:30am Walking Group at MV-T 11:30am-1:00pm Lunch Bunch 2.0 at JCC 1:00pm-2:00pm By Heart - Singing at JCC 1-3pm Petanque at LOF 1:30pm-4pm Scrabble at JCC-O 3-4:30pm Line Dancing at JCC</p>	<p>8am-Pickleball at MHP 8:30am-10:30am Walking Group at MV-T 11:30am-1:00pm Lunch Bunch 2.0 at JCC 1:00pm-2:00pm By Heart - Singing at JCC 1pm-3pm Petanque at LOF 1:30-4pm Scrabble at JCC-O 1:15pm Walking Group at MV-T 3-4:30pm Line Dancing at JCC Dial-A-Ride open until 9pm 5:30pm-7:30pm Your Book Club at JCC</p>
<p>9-10:00am Tai Chi 10am Ping Pong at SH 10am-3pm Bridge at JCC 11:30am-2pm Bingo at MHP-CC 1:30pm-3:30pm The OASIS Movie Club: JCC 2pm-4pm Card Games at MHP-CC</p>	<p>9-10:00am Tai Chi 10am Ping Pong at SH 10am-3pm Bridge at JCC 11:30am-2pm Bingo at MHP-CC 1:30pm-3:30pm The OASIS Movie Club: JCC 2pm-4pm Card Games at MHP-CC</p>

For weekend activities or more information please call the Older Adults Program (310) 802-5447.

OLDER ADULTS

Dial-A-Ride | Golf | Slo-Pitch League

DIAL-A-RIDE

**CALL OUR OFFICE FOR INFORMATION AND TO SCHEDULE YOUR RIDE TODAY
(310) 545-3500**



DIAL-A-RIDE is a shared ride, curb to curb bus service offered by the City of Manhattan Beach for its senior and disabled citizens. All buses are specially equipped for the elderly and are wheelchair accessible. In addition, drivers provide boarding and disembarking assistance at the vehicle as needed. Fares within city

limits are 25 cents one way. Fares outside of city limits (for medical appointments or special destinations) are 50 cents one way.

Dial-A-Ride may be used for any activity within the City of Manhattan Beach, but is provided on a first come, first serve basis. Service is also available to most area medical facilities. Service is available M-F from 7:30am-5pm and until 9pm, two Thursdays a month. On Wednesday evenings, you may take Dial-A-Ride out to dinner with our Older Adults Night on the Town program.

WHO QUALIFIES FOR A RIDE

All Manhattan Beach residents ages 55 or over and residents of any age who have a disability are welcome to use Dial-A-Ride.

HOW TO GET A RIDE

Dial **(310) 545-3500** seven days a week; Monday through Friday from 6:30 a.m. to 5:30 p.m and weekends from 8 a.m. to 5 p.m. for a reservation. Our office is closed for lunch from 12-1 p.m. The Dial-A-Ride dispatcher will assist you in scheduling your ride.



GOLF DISCOUNTS FOR JUNIORS AND SENIORS

Manhattan Beach residents only, 15 years and under and seniors, age 65 and older may purchase a golf discount card from the Live Oak Tennis Office and City Hall (residents must show proof of age at time of purchase). The cost of the card is \$1 annually and may be used from January 1 through December 31. The card entitles seniors and juniors a discounted price of \$10 between 7:00am and 4:00pm, Monday-Friday at the Marriott Municipal Golf Course, located at 1400 Parkview Avenue, behind the Marriott Hotel.

MEN'S SENIOR (60+) SLO-PITCH LEAGUE

**On-Going Sign-ups
Dorsey Field-March through November**

Pick up games played Tuesdays 9:00 AM to 12:00 PM
Skill drills conducted Mondays and Fridays 9:00 AM to 12:00 PM
League games played Thursdays 9:00 AM to 1:00 PM

For more information go to the **Manhattan Beach Senior Softball Association website, mbssa.webs.com or call Steven Nicholson (Commissioner) at (310) 529-1248.**

DIRECTORY

BUILDING, PLANNING AND COMMUNITY DEVELOPMENT

Planning Commission

Meets the 2nd & 4th Wednesday, City Hall at 6:30 p.m. **Parking & Public Improvements**

Commission Meets the 4th Thursday at City Hall at 6:30 p.m.

BOARD OF BUILDING APPEALS:

Code Enforcement Info.....	310.802.5538
Director.....	310.802.5503
Fax	310.802.5001
Inspection Requests	310.802.5542
Inspection cancellations before 8:30 a.m. on day of scheduled inspection	310.802.5503
	310.802.5505
Meeting Information	310.802.5505
Misc. Building Assistance	310.802.5531
	310.802.5503
Misc. Planning Assistance.....	310.802.5504
Permit Processing Info	310.802.5535
	310.802.5536
Planning & Zoning.....	310.802.5504
Technical Plan Check Info	310.802.5526
	310.802.5527

CITY OFFICIALS AND ADMINISTRATION

Mayor.....	310.802.5053
City Council.....	310.802.5053
City Manager.....	310.802.5053
City Attorney.....	310.802.5061
City Clerk	310.802.5056
City Treasurer	310.802.5553
City Cable Liaison	310.802.5054
Comment/Suggestion.....	310.802.5000 x7700

COMMUNITY RECREATIONAL FACILITIES AND ORGANIZATIONS

AYSO Soccer (Ages 5–18).....	310.546.4106
AYSO HOTLINE	www.aysol8.org
Beach Cities Health District	310.374.3426 X26
Boy Scouts–Leigh Noda.....	310.545.2568
Chamber of Commerce.....	310.545.5313
Department of Beaches.....	310.305.9543
Dispute Resolution Services.....	310.376.7007
Girl Scouts.....	310.450.3720
Historical Society.....	310.374.7575
Jr. Lifeguard.....	310.939.7214
Lab/Aquarium.....	310.379.8117
Manhattan Beach Botanical Garden.....	310.379.4447
Manhattan Beach Country Club.....	310.546.5656
Manhattan Beach Library	310.545.8595
Manhattan Beach 10K Run	310.374.2397

Manhattan Beach Youth Basketball (MBYB) (K–8).....	www.mbyb.clubspaces.com
Manhattan Beach Little League.....	310.546.1449
Marriott Municipal Golf Course	310.939.1465
Mira Costa Pony League–HOTLINE.....	310.379.3479
MTA–(Metro Bus Information.....	1.800.266.6883
Neighborhood Watch.....	310.802.5183
Hometown Fair.....	310.546.5219
Roundhouse Marine Studies	310.379.8117
Sister City Committee Meeting	310.374.4532
South Bay Adult School	310.937.3340
South Bay Soccer Club	310.546.9440
Unified School District	310.318.7345
VOICE	310.226.2927

POLICE

Court Liaison–Hit/Run Investigation...	310.802.5126
Crime Prevention.....	310.802.5186
Detectives	310.802.5120
Information	310.802.5140
Fax	310.802.5107
Police Records.....	310.802.5152
Parking and Animal Control.....	310.802.5160
Traffic Control.....	310.802.5160
Victim's Assistance	310.802.5185

FINANCE

Accounts Payable	310.802.5564
Ambulance Billing.....	310.802.5560
Business and Animal Licensing	310.802.5560
Parking Citation Information	310.802.5561
Purchasing	310.802.5568
Refuse Billing.....	310.802.5559
Water Billing	310.802.5559

FIRE

Fire Marshal	310.802.5203
Fire Station #1 & Fire Chief.....	310.802.5203
Fire Station #2	310.802.5220
Fax	310.802.5201

HUMAN RESOURCES

Job Listings	310.802.5250
Employment Verification.....	310.802.5256
General Personnel Information	310.802.5258
Fax	310.802.5251

PUBLIC WORKS

SEWER & WATER MAIN EMERGENCIES:

8:00 a.m.–4:30 p.m. M–F.....	310.802.5313
4:30 p.m.–8:00 a.m. & weekends	310.802.5140
Street Maintenance.....	310.802.5310
All Refuse/Recycling Collection	
Questions.....	310.830.7100
Refuse Billing Problems	310.802.5540

Street Use Permit Processing	310.802.5540
Public Works Construction	
Projects	310.802.5353
Traffic and Engineering.....	310.802.5540
Utility Locations.....	310.802.5540
Sewer and Wastewater Info Water Quality/Ocean	
Safe Questions	310.802.5320
	310.802.5363
Street Sweeping.....	310.802.5313
Fax	310.802.5301
Engineering Fax.....	310.802.5351

PARKS AND RECREATION

DIRECTOR:

Mark Leyman	310.802.5403
Recreation Services Managers:	
Idris J. Al–Oboudi	310.802.5404
Eve Kelso.....	310.802.5407
Gina Allen	310.802.5448
Martin Betz	310.802.5406
Recreation Program Activities.....	310.802.5448
Cultural Arts Program	310.802.5440
Park Maintenance.....	310.802.5326
Dial–A–Ride.....	310.545.3500
Field Conditions Hotline.....	310.802.5454
Older Adult Programs	310.802.5447
After School REC Program.....	310.802.5419
Sports Program	310.802.5413
Class Registration	310.802.5448
Pool	310.802.5428
Visual Arts Activities.....	310.802.5444
Performing Arts Activities.....	310.802.5417

FACILITIES:

Manhattan Beach Arts Center	310.802.5440
Facilities Reservations.....	310.802.5410
Joslyn Community Center.....	310.802.5420
OASIS Room	310.802.5446
Manhattan Hgts Comm. Center	310.802.5425
Marine Ave Park.....	310.802.5427
Teen Center	310.802.5426

TENNIS RESERVATIONS:

Live Oak.....	310.545.0888
Heights	310.374.8315
Mira Costa.....	310.374.8315

TDD 310.546.3501

FAX 310.802.5001

FIRE/POLICE EMERGENCY DIAL 911

FACILITY INFO

HOW TO READ YOUR CLASS LOCATION

POTTERY ON THE WHEEL TEEN

Res \$122.40. Nonres \$136

10 but less than 18

This class is all about the potter's wheel. Projects can include plates, bowls, vases, bottles, abstracts, and (intentionally) deformed works. Surface decoration will be explored. More advanced artists can work on their own designs with the assistance of the instructor. Fee includes one bag of clay, glazes, and firing.

19999

Apr 13–Jun 1

29999

Apr 13–Jun 1

4 to 6pm

Trulove, Thomas

6:30 to 8:30pm

Trulove, Thomas

LOP	LIVE OAK PARK	
+	BKC	Basketball Courts
+	CS	Ceramic Studio
+	LOF	Live Oak Field

All class locations have been abbreviated. Use the Facility Location Key below to reveal the abbreviated locations.

- 1) Find the location code of the class you've selected.
- 2) Match the location code with the code shown in the gray box of the chart to find the class location.
- 3) If there is a code before a hyphen/dash, then find this code in the green boxes.

In our example to the left, this class is located at:
Live Oak Park at the Ceramic Studio

BP	BEGG POOL • 1402 N PECK AVE.	
MBAC	MANHATTAN BEACH ART CENTER • 1560 MANHATTAN BEACH BLVD	
+	PAR	Performing Arts Room
+	VAR	Visual Arts Room
GVES	GRAND VIEW ELEMENTARY SCHOOL • 455 24TH STREET	
+	F	Field
JCC	JOSLYN COMMUNITY CENTER • 1601 N VALLEY DRIVE	
+	SRR1	Sunrise Room 1
+	SRR2	Sunrise Room 2
+	SSR	Sunset Room
+	OBH	Ocean Banquet Hall
+	SDS	Surf Dance Studio
+	K	Kitchen
+	O	Oasis Room
+	SH	Scout House
LOP	LIVE OAK PARK • 1901 VALLEY DRIVE	
+	NBKC	North Basketball Court
+	SBKC	South Basketball Court
+	CS	Ceramic Studio
+	LOF	Live Oak Field
+	NDF	North Dorsey Field
+	NGA	North Grass Area
+	LOH	Live Oak Hall

+	SH	Scout House
+	RR	REC Room
+	TC	Tennis Courts (TC1–TC6)
MB	MANHATTAN BEACH • THE STRAND	
+	8ST	8th Street
+	11ST	11th Street
+	BB	Bruce's Beach
+	MST	Marine Street
+	P	Pier
+	PNS	Pier North Side
+	PSS	Pier South Side
MBMS	MANHATTAN BEACH MIDDLE SCHOOL • 1501 N REDONDO AVENUE	
+	BKC	Basketball Courts
+	F	Field
+	G	Gym
MHP	MANHATTAN HEIGHTS PARK • 1600 MANHATTAN BEACH BOULEVARD	
+	AR7	Activity Room 7
+	MWBH	Mt. Whitney Banquet Hall
+	BKCA	Basketball Court Adult
+	BKCY	Basketball Court Youth
+	CC	Community Center
+	K	Kitchen
+	P	Patio

FACILITY INFO

+	LF	Left Field
+	RR	REC Room
+	RF	Right Field
+	MBR	Mt. Baldy Room
+	T	Teen Center
+	TC1	Tennis Court 1
+	TC2	Tennis Court 2
MV MANHATTAN VILLAGE • 3200 SEPULVEDA BOULEVARD		
+	AF	All Fields
+	CF	Center Field
+	NF	North Field
+	SF	South Field
+	T	Track
+	WUA	Warm Up Area
MAP MARINE AVENUE PARK • 1625 MARINE AVENUE		
+	RSH	Rocket Ship Hall
+	BD	Ball Diamond
+	DR	Dog Run
+	PPR	Playground Program Room
+	SF	Sports Field
MSC MARINE SPORTS COMPLEX • 1801 MARINE AVENUE		
+	CF	Center Field
+	EF	East Field
+	WUA	Warm Up Area
+	WSF	West Softball Field
MES MEADOWS ELEMENTARY SCHOOL • 1200 NORTH MEADOWS AVENUE		
+	MPR	Multi Purpose Room
MCHS MIRA COSTA HIGH SCHOOL • 1401 ARTESIA BOULEVARD		
+	BF	Baseball Field
+	LG	Large Gym
+	NCF	North C Field
+	NDF	North D Field
+	SG	Small Gym
+	SF	Soccer Field
+	SAF	South A Field
+	SBF	South B Field
+	TC	Tennis Courts (TC1–TC10)
PES PACIFIC ELEMENTARY SCHOOL • 1200 PACIFIC AVENUE		
+	PF	Pacific Field
PP POLLIWOG PARK • 1601 MANHATTAN BEACH BOULEVARD		
+	BG	Botanical Garden

+	NBF	North Begg Field
+	PP2	Picnic Pad 2
+	PP4	Picnic Pad 4
+	PP6	Picnic Pad 6
+	PP7	Picnic Pad 7
+	PP9	Picnic Pad 9
+	PP10	Picnic Pad 10
+	CG	Central Gazebo
+	P	Pavilion
+	SEC	South Eastern Corner
SDP SAND DUNE PARK • 33RD AND BELL AVENUE		
+	D	Dune
+	PP	Playground Program
+	S	Shelter

OFF SITE LOCATIONS

Body & Mind Coe–Dynamics, Inc

500 S. Sepulveda Blvd. #302
Manhattan Beach, CA 90266
(310) 798–7600

Karma Crossfit Studio

1053 N. Aviation Blvd.
Manhattan Beach, CA 90266

Level 10 Fitness

3219 Highland Ave.
Manhattan Beach, CA 90266
(310) 802-8888

Manhattan Beach Marriott

Golf Course
1400 Parkview Ave.
Manhattan Beach, CA 90266
(310) 546–7511

Perry Park

2301 Grant Ave.
Redondo Beach, CA 90278

The Lakes at El Segundo

Golf Course
400 S. Sepulveda Blvd.
El Segundo, CA 90245
(310) 322–0202

Toyota Sports Center

555 North Nash St.
El Segundo, CA 90245
(310) 535–4400

REGISTRATION FORM

PLEASE PRINT ALL INFORMATION

MAIN CONTACT FULL NAME:

First Name		Last	
-------------------	--	-------------	--

RESIDENTIAL ADDRESS:

Street			
---------------	--	--	--

City		Zip	
-------------	--	------------	--

E-mail Address			
-----------------------	--	--	--

Phone-Primary	()	<input type="checkbox"/> Cell	<input type="checkbox"/> Other	
----------------------	----------	-------------------------------	--------------------------------	--

Phone-Secondary	()	<input type="checkbox"/> Cell	<input type="checkbox"/> Other	
------------------------	----------	-------------------------------	--------------------------------	--

Yes, I agree to receive text messages. Cell service provider is:

Check here if this is a new address / phone number

Participant Name	DOB	Sex M/F	Activity Number	Activity Title	Activity Fee

Please identify any special accommodations that are needed to improve the student's experience here:	GRAND TOTAL =
--	----------------------

OFFICE USE ONLY:

Cash Check-Print Check Number:

Credit Card Number:

Expiration Date: Month/Year:	Security Code
-------------------------------------	----------------------

Cardholder's Signature:

RELEASE OF LIABILITY I hereby certify that I am a participant in the above listed course conducted by the City of Manhattan Beach Parks & Recreation Department. I further certify that I am of good health, have no physical or other impairment which would endanger me when participating in such a program. I absolve and hold harmless the City of Manhattan Beach, its employees, officers or agents from any liability which may result from my participation or that of any minor in my legal custody, in the above activity. If the participant is a minor, I also give my permission for his/her participation in the above activity, and for any necessary medical treatment. I understand the City of Manhattan Beach has no obligation to supervise my children at the close of the above activity, and I release the City of Manhattan Beach, its officers, employees and agents from any liability resulting from any lack of supervision of my children at the close of the above activity. Participants involved in Manhattan Beach Parks & Recreation programs/activities may be photographed and such photography may be used to publicize City programs/activities. City of Manhattan Beach staff are not responsible for storing and or providing medications of any kind for participants in Parks and Recreation classes and activities.

Participant, Parent or Guardian Signature:	Date:
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REGISTRATION INFO

4 EASY WAYS TO REGISTER

Registration Begins May 11, 2015!

(Non Resident June 1, 2015)

Online



Visit www.citymb.info
Pay by credit card.
All online transactions incur convenience fees.

Mail-in



Pay by credit card or check.
Make checks payable to "City of Manhattan Beach"
Mail to: Manhattan Beach Parks & Recreation Department
ATTN: Class Registration
1400 Highland Avenue • Manhattan Beach, CA 90266

Fax-in



Pay by credit card.
Fax complete form to (310) 802-5401

Walk-in



City Hall, Parks & Recreation Department
1400 Highland Avenue • Manhattan Beach, CA
Hours: Monday–Friday • 8:00 am–5:00 pm
Pay by credit card, check or exact cash.

REFUND POLICY

1. A full refund (including convenience fees) will be issued for any program, activity, or event that is canceled for any reason by the Department.
2. Any person who requests a refund before the second class may receive a refund minus the convenience fee. A Refund Request Form must be submitted for all refund request. Camps and Bus Excursions not included. Contact (310) 802-5448 for Refund Details.
3. A "Refund Request Form" may be picked up at City Hall, Parks & Recreation Department, 8am–5pm Monday–Friday or you may have one mailed or emailed by calling (310) 802-5448.

POLICIES

- Nonresident's registration fee may include up to a 10% additional fee.
- Advanced registration is required for all classes. Fees will not be prorated for late registrations. Gymnastic classes will not accept registrations after two weeks from start date.
- All activities, dates and fees are subject to change.
- Classes not reaching required enrollment may be canceled and activity fee refunds are issued.
- A resident is an individual residing in Manhattan Beach. Acceptable ID: photo ID, driver's license, utility bill with Manhattan Beach address is needed to verify residence.
- Must be the age specified for the activity during the class. Proof may be required for all classes for ages 2–16 (ie, birth certificate, passport).
- False information regarding name, age, city or address results in being dropped without refund. You may be asked for ID at the first class.
- No registration will be taken over the phone.
- When registering by mail, your name will automatically be placed on a waiting list when a class is full; you will be notified by the Recreation Department if there is an opening. Do not attend the first class if you have not been notified to do so.
- ActiveNet requires that all activity registration incur a convenience fee of \$2.25 plus a transaction fee of 2.9%.

If Undeliverable,
Do Not Return

Residential Customer
Manhattan Beach
CA 90266

PRSR STD
US POSTAGE
PAID
PERMIT NO. 15
MANHATTAN BEACH
CALIFORNIA

ECRWSEDDM
Postal Customer

SALUTE TO THE TROOPS

Picnic & Concert

Sunday, June 28, 2015 • 5 PM - 7 PM • Polliwog Park



MANHATTAN BEACH PARKS AND RECREATION

CONCERTS IN THE PARK 2015

The Manhattan Beach Concerts in the Park series is an annual, summer-long event held each year at Polliwog Park. From Jazz to Country, Concerts in the Park features many of Southern California's premier bands.

If blanket/chairs are left unattended, staff will remove them. There are no dogs, barbecues, or wheeled vehicles at any time in the concert area. Your cooperation to keep our parks clean is appreciated. Umbrellas and pop-up tents are allowed before and after the concert. Once the concert begins, you will be required to take them down. Your understanding and cooperation are appreciated.

Handicap parking is available in the Historical Society parking area from 3:00 PM to 7:00 PM. A sign will be posted on the driveway gate when this area is filled. Overflow handicap parking is available in the Begg Pool parking area located at the bottom of the ramp leading to Begg Pool, 1402 North Peck Avenue, Manhattan Beach, CA 90266.

Performances are Sundays from 5PM to 7PM and free to the public.

July 5	Hot August Night and Maira Vasquez as Barbara Streisand	Neil Diamond Tribute
July 12	Mira Costa Jazz Band Opening Band: Hyperion Outfall Serenaders	Jazz Dixieland
July 19	Blue Breeze Band	Motown, Jazz, and Blues
July 26	South Bay Country Band	Country Rock
August 2	Scot Bruce	Elvis Tribute
August 9	Ricardo Lemvo and Makina Loca	Afro Cuban and pan African rhythms
August 16	DSB: An American Journey Opening Band: Soul on Tap and The Brown Bag Band	Journey Tribute Rock
August 23	LIFE	Rock
August 30	The Wiseguys Big Band Machine	Big Band and Swing
September 6	Hard Days Night	Beatles Tribute

www.citymb.info/concertsinthepark

Bands and schedule subject to change.