

ESCONDIDO RECREATION GUIDE

Summer 2015

May • June • July • August
recreation.escondido.org



Escondido Recreation
Creating Community through
People, Parks and Programs

Jump into Summer!



PRESCHOOL • YOUTH • TEENS • ADULTS • FAMILY • AQUATICS • SPORTS

Creating Community through People, Parks, and Programs



SUMMER MOVIES

IN GRAPE DAY PARK!

Join us for our 8th year of free family entertainment!



Saturday, June 27



Saturday, July 11



Saturday, July 25



Saturday, August 8

Activities start at 7 pm, movie airs at dusk.

Children's activities & snacks available!

Sponsored by Escondido History Center, Escondido Recreation, and Rotary Club of Escondido. Families are encouraged to bring low-back lawn chairs, blankets, and flashlights. *All children must be accompanied by an adult.*



Rotary Club
of Escondido



For more information call 760.743.8207 or visit grapedaypark.org

City of Escondido Recreation Guide

Facility Locations
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Message From the Director

The Community Services Department believes that by being active, people develop their bodies in a healthy manner, which prepares one for learning and working productively. The long spring and summer days give you and your family more day time hours to play and be active! You may choose to expand your horizons with Zentangle Gardening, improve your fitness level through Functional Cardio Bootcamp, or relieve pain the natural way using Feldenkrais®. Your youth and teens can stay engaged with specialty summer camps that include Video Productions, “Dramaworkz” and LEGO® Engineering. Or they might choose to participate in more traditional camps such as “Summer Fun Kid’s Camp” or “Teen Camp/ Counselor-In-Training” having fun while learning valuable job skills. Preschoolers will enjoy the out-of-doors and have fun while playing in their way through Escondido’s parks via “Park Hopper Explorer,” “Grape Day Park Adventures,” and “Kit Carson Park Quest” or get ready for school through “Camp Tots.”

When you are ready for some passive and creative time, remember the Escondido Public Library offers its Summer Reading Camp for all ages! Preschoolers to adults are invited to visit the Library, sign up for the Reading Camp, and participate in the plethora of high-quality programs that the Library staff have developed just for you!

Community Services wants you to know that Recreation, Older Adult Services, and the Escondido Public Library are here to help you and your family make summer memories that will last a lifetime. Look carefully through the Recreation Guide as you will find new opportunities and many treasures yet to be experienced!

Loretta McKinney

Director of Library and Community Services

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City Council

Sam Abed, Mayor
Michael Morasco, Deputy Mayor
Olga Diaz
Ed Gallo
John Masson

City Manager
Clay Phillips

City Treasurer
Kenneth Hugins

Director of Library and Community Services
Loretta McKinney



Mission Statement

Escondido Recreation enhances quality of life by providing recreational services, facilities, and parks that promote health, wellness, and safety, while fostering a strong sense of community.

Contact Us

Phone 760.839.4691
Email recreation@escondido.org
Web recreation.escondido.org
Office 201 North Broadway, Escondido, CA 92025



 Follow us on Facebook: Facebook.com/EscondidoRecreation

Facilities

- 1 Community Services Department / City Hall**
760.839.4691
201 North Broadway
recreation.escondido.org
recreation@escondido.org
- 2 Don E. Anderson Community Building (DACB)**
120 Woodward Avenue
- 3 East Valley Community Center (EVCC)**
760.839.4382
2245 East Valley Parkway
- 4 Escondido Police & Fire Headquarters (EPFH)**
1163 North Centre City Parkway
- 5 Escondido Public Library**
760.839.4684
239 South Kalmia Street
- 6 Escondido Sports Center (ESC)**
760.839.5425
3315 Bear Valley Parkway
sportscenter.escondido.org
- 7 Ice-Plex (ICE)**
555 North Tulip Street
- 8 James Stone Pool (JSP)**
131 Woodward Avenue
- 9 Kūhāi Hālau (KH)**
231 East Grand Avenue
- 10 Mathes Community Center (MCC)**
247 South Kalmia Street
- 11 Park Avenue Community Center (PACC)**
760.839.4688
210 Park Avenue
- 12 San Diego Fencing Center (SDFC)**
1770 South Escondido Boulevard
- 13 Washington Park Recreation Center & Pool (WP)**
501 North Rose Street

For facility hours and closure dates, visit our website at recreation.escondido.org or call 760.839.4691.
*Other facilities for Recreation classes are listed below.

Parks

Attention Community and Private Groups!
The Community Services Department offers a variety of parks and facilities to rent on a first come, first serve basis.

	Amphitheater	Ball Fields	Barbecues	Basketball Courts	Boating	Campground	Disc Golf Course	Dogs Allowed	Fishing	Fitness Course	Hiking Trails	Historical Buildings	Horseshoe Courts	Picnic Tables	Playground / Tot Lot	Recreation Buildings	Restrooms	Soccer Fields	Swimming Pool	Tennis Courts
A El Norte Park • 1375 East El Norte Parkway, 92027			•											•	•					
B Felicita County Park • 742 Clarence Lane, 92029			•					•		•			•	•	•	•				
C Grape Day Park (GDP) • 321 North Broadway, 92025							•					•	•	•	•	•			•	
D Grove Park • 745 North Ash Street, 92027			•	•										•	•	•				
E Jesmond Dene Park • 2401 North Broadway, 92026		•	•							•				•	•	•				
F *Kit Carson Park (KCP) • 3333 Bear Valley Parkway, 92025	•	•	•				•			•	•			•	•	•	•	•		•
G Mayflower Dog Park • 3420 Valley Center Road, 92027								•												
H *Mountain View Park (MVP) • 1160 South Citrus Avenue, 92027		•	•											•	•	•	•	•		•
I Rod McLeod Park • 1701 South Iris Lane, 92026			•											•	•	•				
J Ryan Park • 390 North Hidden Trails Road, 92027																•	•			
K *Washington Park (WP) • 501 North Rose Street, 92027		•	•	•										•	•	•	•		•	•
L Westside Park • 333 South Spruce Street, 92025			•	•										•	•	•				
M Dixon Lake • 1700 La Honda Drive, 92027	•		•		•	•			•		•			•	•	•				
N Lake Wohlford • 25453 Lake Wohlford Road, 92025			•		•				•		•			•		•				
O Daley Ranch • 3024 La Honda Drive, 92027								•			•					•				



CITY OF ESCONDIDO

- = Facilities
- = Parks & Lakes





Developing confident, happy, school-ready children!

Tiny Tots Preschool prepares your little one for kindergarten by encouraging exploration, academics, and positive social interaction! Designed with learning in mind, activities include arts & crafts, music, science, pre-writing/reading, math, and circle time. Tiny Tots Preschool curriculum is designed in conjunction with California Common Core Standards.

Classes are offered September through May during the regular school year. To keep your preschooler engaged in learning, Tiny Tots staff offers a variety of exciting summer programs. Don't miss out on the fun!

Wee Tots

3/4 weeks • Ages 18 months–3½ years

Explore the preschool classroom with your little one. Create an art project; play outside on preschool equipment—all at your own pace. Meet other parents while your child develops social skills interacting with other toddlers. Each week will include a teacher-run “circle time” with songs and a story. *Parent participation is required.*

Instructor: Jennifer Mendoza, Tiny Tots Preschool Teacher

May

#1172.211	M	9:00–10:30 am	5/4–5/18	\$24 / 3 week	DACB
#1172.210	F	9:00–10:30 am	5/8–5/29	\$32 / 4 week	EVCC

June

#1172.221	M	9:00–10:30 am	6/8–6/29	\$32 / 4 week	DACB
#1172.220	F	9:00–10:30 am	6/5–6/26	\$32 / 4 week	EVCC

July

#1172.231	M	9:00–10:30 am	7/6–7/27	\$32 / 4 week	DACB
#1172.230	F	9:00–10:30 am	7/10–7/31	\$32 / 4 week	EVCC

August

#1172.241	M	9:00–10:30 am	8/3–8/24	\$32 / 4 week	DACB
#1172.240	F	9:00–10:30 am	8/7–8/28	\$32 / 4 week	EVCC



Check out our awesome Preschool Specialty Camps on page 14:

- Kit Carson Park Quest
- Grape Day Park Adventures
- Park Hopper Explorers
- Slimy Goopy Creations
- Jr. Astronaut Camp



Camp Tots

3 weeks • Ages 3–4

Camp Tots is a wonderful preschool program combining traditional preschool with out-of-doors camp experience. Tuesday and Thursday classes are held at school with Wednesday classes at Dixon Lake. These trips to Dixon Lake include Ranger visits, hiking, and camp crafts.

Instructor: Kathie Lewis, Preschool Teacher at DACB
Mani Ross, Preschool Teacher at EVCC

Session 1

#3123.210	T/W/Th	8:30–11:00 am	6/23–7/9	\$145	DACB
#3124.210	T/W/Th	8:30–11:00 am	6/23–7/9	\$145	EVCC

Session 2

#3123.220	T/W/Th	8:30–11:00 am	7/14–7/30	\$145	DACB
#3124.220	T/W/Th	8:30–11:00 am	7/14–7/30	\$145	EVCC

Session 3

#3123.230	T/W/Th	8:30–11:00 am	8/4–8/20	\$145	DACB
#3124.230	T/W/Th	8:30–11:00 am	8/4–8/20	\$145	EVCC

Kamp Kindergarten

3 weeks • Ages 4½–6**

Designed specifically for kids who will be attending kindergarten in Fall 2015, this mini-camp will keep your little ones on track and ready to succeed when they start kindergarten. Kamp provides endless fun, with learning centers for math skills, pre-reading, science, art, group activities, and play! Tuesday and Thursday classes are held at school with Wednesday classes at Dixon Lake. These trips to Dixon Lake include Ranger visits, hiking, and camp crafts.

Instructor: Kathie Lewis, Preschool Teacher at DACB
Mani Ross, Preschool Teacher at EVCC

Session 1

#1186.210	T/W/Th	11:30–2:00 pm	6/23–7/9	\$160	DACB
#1179.210	T/W/Th	11:30–2:00 pm	6/23–7/9	\$160	EVCC

Session 2

#1186.220	T/W/Th	11:30–2:00 pm	7/14–7/30	\$160	DACB
#1179.220	T/W/Th	11:30–2:00 pm	7/14–7/30	\$160	EVCC

***Must be 5 years old by September 1, 2015. Proof of age must be submitted at time of registration.*

For more information, call 760.839.4691 or email recreation@escondido.org

Preschool Hula

4 Weeks • Ages 3–5

Come experience this beginning Keiki (Children) Hula class. Dancers will learn to count in Hawaiian as well as some basic language. Enjoy traditional Hawaiian music while learning both modern and ancient styles of hula. All levels are welcome to our halua!

Instructor: Kelly Haupu, Experienced Hula Instructor

#1367.210	Sa	9:30–10:25 am	5/9–5/30	**\$55	KH
#1367.220	Sa	9:30–10:25 am	6/6–6/27	**\$55	KH
#1367.230	Sa	9:30–10:25 am	7/11–8/1	**\$55	KH

**\$10 Discount for each additional family member

Kidz Explorers

6 weeks • Ages 6 months–2 years

Come and explore music as a powerful tool in the development of the whole child. With fun and targeted learning activities to improve mind and body coordination. Children will learn about music during story-telling, they will learn to play simple melodic instruments together as a group. All the while children and their parents will enjoy an action packed session immersed in music, singing, and dance.

Instructor: MUSICSTAR® Staff

#1169.210	W	9:30–10:20 am	5/6–6/10	**\$66	EVCC
#1169.220	W	9:30–10:20 am	6/24–7/29	**\$66	EVCC

**\$20 Material fee due at first class for music instruments (cash only)

Tiny Tots Ice Skating

8 weeks • Ages 3–5

This class is designed for little ones who would like to try ice skating. They will learn basic skating skills through games and creative drawings on the ice. The emphasis is fun and building confidence on the ice.

Instructor: Ice-Plex Staff

#1405.210	F	4:45–5:15 pm	5/1–6/19	**\$85	ICE
#1405.220	F	4:45–5:15 pm	7/10–8/28	**\$85	ICE

**Includes skate rental and public skating from 3:15–5:15 pm on day of class

Pee Wee Play Time

Created for experts in rolling, crawling, waddling, and trotting! This open gym time is just for you and your favorite explorer!

Your child can crawl through tunnels, run through obstacles, and throw balls while enjoying music and socializing with other children. Activities and play equipment will be modified every month to provide new experiences for children's growing young minds. All activities are parent-led and self-guided. Drop in for 30 minutes or stay for a couple of hours.

Every Monday & Wednesday • 8:30 am–12:00 pm
Ages 0–5 • \$3 for first child, each additional child \$1
Location: EVCC • 760.839.4382

Preschool Karate

5 weeks • Ages 2–5

Preschoolers will begin to learn the basic kicks, punches, blocks, and stances of karate. Karate will help in development of motor skills, balance, and coordination. Children will also be taught to make good choices, listen, and follow directions. In the older class, children will begin learning stances, combination moves, correct form and technique, and Katas. Uniforms are required in the older class.

Instructor: Jorge Lopez, 4th degree black belt

<u>Session 1</u>						Ages
#1441.210	T	10:00–10:45 am	5/12–6/9	\$58	EVCC	**2–3
#1442.210	T	11:00–11:45 am	5/12–6/9	\$58	EVCC	4–5

<u>Session 2</u>						
#1441.220	T	10:00–10:45 am	6/16–7/14	\$58	EVCC	**2–3
#1442.220	T	11:00–11:45 am	6/16–7/14	\$58	EVCC	4–5

<u>Session 3</u>						
#1441.230	T	10:00–10:45 am	7/21–8/18	\$58	EVCC	**2–3
#1442.230	T	11:00–11:45 am	7/21–8/18	\$58	EVCC	4–5

**Parent involvement required for ages 2–3

My First Art Class



4 Weeks • Ages 2–5

This class is designed for beginning artists and their adult helpers. Paint, print, sculpt, and explore textures, shapes, and colors while creating a framed masterpiece in each class. Artists will develop creativity, focus, and concentration as they explore age-appropriate multi-media art activities based on the styles of famous artists and illustrators. New lessons each session!

Instructor: Vivian Matchett, Get Smart with Art

#1194.210	Sa	9:30–10:30 am	*5/9–6/6	**\$56	MCC
#1194.220	Sa	9:30–10:30 am	*6/13–7/11	**\$56	MCC
#1194.230	Sa	9:30–10:30 am	7/18–8/8	**\$56	MCC

*No class on 5/23 & 7/4

**\$5 Material fee due at first class (cash only)

Upcoming Themes:

- April: Earth Explorers
- May: Crawling Critters & Bouncing Bugs
- June: Swim Into a Tiki-Riffic Summer
- July: Let's Gallop Into the Wild West
- August: Play and Imagine in Fantasyland





BALLET RECITAL

Join us for Escondido Recreation's annual ballet recital on Saturday, June 6, at the California Center for Performing Arts Concert Hall. Tickets will be available for purchase May 15 at the Escondido Center for the Arts, box office.

Ballet

7/9 weeks • Ages 4–Adults

Let your child experience the joys of dancing! These ballet classes teach poise, coordination, and classical ballet technique in a positive and imaginative atmosphere.

Instructor: Cindy Ahler

Pre-Ballet

Class #	Day	Time	Weeks	Cost	Agency	Ages
#1310.209	Th	3:45–4:30 pm	7/9–8/20	\$63	EVCC	4–5
#1310.208	Sa	9:30–10:15 am	7/11–8/22	\$63	EVCC	4–5

Beginning Ballet

#1310.201	T	3:30–4:30 pm	7/7–8/18	\$63	EVCC	6–10
#1310.205	Sa	10:15–11:15 am	7/11–8/22	\$63	EVCC	6–10

Ballet 1/2/3 (prerequisite Beg. Ballet)

#1310.207	Sa	11:15–12:15 pm	7/11–8/22	\$63	EVCC	7–11
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Ballet 3/4/5

#1310.206	W	4:30–5:45 pm	7/8–8/19	\$63	EVCC	**8–17
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Advanced Ballet

#1310.212	Th	4:30–5:45 pm	*6/18–8/20	\$81	EVCC	***10–Adult
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Pointe (concurrent enrollment in Advanced or 3/4/5 required)

#1310.210	T	4:30–5:45 pm	*6/16–8/18	\$81	EVCC	**10–Adult
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*No class on 6/30 & 7/2

**Instructor approval required

***Advanced Ballet open to adults

Cheernastics

6 weeks • Ages 5–12

Who has S-P-I-R-I-T! This class is perfect for the beginner cheerleader. Our students will learn all of the cheerleading basics including fun jumps, spirits, SUPERSTAR, cheers, and pom dances. Students will also be introduced to gymnastics approximately every other week, starting with rolls, handstands, cartwheels when they are ready, depending on the individual's skill level. This is a fantastic class for every future cheerleader. Students have the option to perform at local summer events.

Instructor: Flip to Cheer Staff

#1448.210	W	5:30–6:15 pm	5/6–6/10	**\$65	PACC
#1448.220	W	5:30–6:15 pm	6/24–7/29	**\$65	PACC

**\$20 optional material fee for pom-poms

Gymnastics Tumble Kids

6 weeks • Ages 5–12

Let's Tumble! Come join our fun-filled class, focusing on all aspects of tumbling. This class is geared toward students who want to learn how to perform basic tumbling such as somersaults, handstands, cartwheels, all depending on the student's skill level. We use fun mats, floor balance beams, small trampolines, and more to help develop their skills. This class is great for both boys and girls who want to learn cartwheels, round-offs, and more!

Instructor: Flip to Cheer Staff

#1444.210	W	6:20–7:05 pm	5/6–6/10	\$69	PACC
#1444.220	W	6:20–7:05 pm	6/24–7/29	\$69	PACC

Folklorico Dance (Mexican Folk Dance)

8 weeks • Ages 4–12

Beginning and intermediate students will learn about the Mexican culture through lively and enjoyable folklore dance and music. The dances that will be taught represent different regions of Mexico.

Instructor: Maribel Robledo, Herencia Mexicana

#1379.211	T	6:00–7:15 pm	5/5–6/23	\$50	PACC
#1379.221	T	6:00–7:15 pm	6/30–8/18	\$50	PACC

Beginning Hula

4 Weeks • Ages 5–12

Come experience this beginning Kaikamahine Hula (for girls) and Keiki Kane Hula (for boys). Dancers will learn the foundations of Hula, choreography, language, and history all while enjoying traditional and modern Hawaiian music. All levels are welcome to our halua!

Instructor: Kelly Haupu, Experienced Hula Instructor

Kaikamahine (for girls)

#1367.212	W	5:30–6:25 pm	5/6–5/27	**\$55	KH
#1367.222	W	5:30–6:25 pm	6/3–6/24	**\$55	KH
#1367.232	W	5:30–6:25 pm	7/8–7/29	**\$55	KH

Keiki Kane Hula (for boys)

#1367.214	Sa	11:30–12:30 pm	5/9–5/30	**\$55	KH
#1367.224	Sa	11:30–12:30 pm	6/6–6/27	**\$55	KH
#1367.234	Sa	11:30–12:30 pm	7/11–8/1	**\$55	KH

**\$10 Discount for each additional family member

Youth Acting

5 weeks • Ages 10–17

In this class students will learn the craft of acting: blocking, projecting, cold reading, how to work with props, express emotions with honesty, and more. Come join us!

Instructor: Marsi Carr, Over 20 years of teaching and performing

#1606.200 T 6:00–7:00 pm 7/21–8/18 **\$49 EVCC
 **\$5 Material fee due first class (cash only)

Introduction to Anime Drawing

6 weeks • Ages 8–15

Anime art is a specialized field similar to cartoon drawing. Students will learn the essence of anime art and will recreate their favorite anime characters and design new ones with their creativity.

Instructor: Creative Brain Learning® Staff

#1646.200 T 4:30–5:20 pm 5/5–6/9 **\$66 MCC
 **\$20 Material fee due at first class (cash only)

Intermediate Anime Drawing

6 weeks • Ages 8–15

This class will allow you to continue your exploration of Anime Art. Students will develop and create more characters and stories in this exciting art class. Completion of Introduction to Anime is required.

Instructor: Creative Brain Learning Staff

#1647.200 T 5:30–6:20 pm 6/23–7/28 **\$66 MCC
 **\$20 Material fee due at first class (cash only)

Video Game Design

6 weeks • Ages 8–15

You play them now, learn how to design them! Come join us as we go through the entire process of video gaming development. Students work in teams that will design and create their own video games. Computers are provided for classroom use.

Instructor: Creative Brain Learning® Staff

#1272.200 T 5:30–6:20 pm 5/5–6/9 **\$66 MCC
 **\$20 Material fee due at first class (cash only)

Introduction to Cartoon Drawing

6 weeks • Ages 8–15

Learn the secrets of cartoon drawing and create your very own cartoon story in this unique art class. Students will learn to draw cartoon characters and other elements. Class will create their own story ideas and turn them into actual cartoons.

Instructor: Creative Brain Learning® Staff

#1249.200 T 4:30–5:20 pm 6/23–7/28 **\$66 MCC
 **\$20 Material fee due at first class for drawing materials (cash only)

Paint With Family

Workshop • Ages 7–Adult

Are you ready for some creative family fun? Paint events have been gaining popularity, but now it is time for the whole family! In this workshop, with step-by-step instructions, you will create a work of art on a canvas. No experience is necessary, just a touch of creative adventure and a good sense of humor. *Parent participation is required.*

Instructor: Kari Aellig, experienced art instructor

#1261.201 F 6:00–8:30 pm 5/15 **\$20 EVCC
 #1261.202 Sa 2:00–4:30 pm 6/6 **\$20 EVCC
 #1261.203 W 4:00–6:30 pm 6/17 **\$20 EVCC
 **\$5 Material fee due at workshop (cash only)

Sugar Art Workshop

Workshop • 5–Adult*

Learn how to make more art pieces with sugar, inspired by the traditional Mexican sugar skull. The workshop will emphasize in decorating a sugar owl. Sugar art pieces created in class are for decorative purposes and not for consumption. Individual children and adults are welcome!

Instructor: Carolina Celaya, Instructing Sugar Skull Art for 8 years

#1566.201 Th 6:30–7:30 pm 6/25 **\$21 EVCC
 #1566.202 Th 6:30–7:30 pm 8/6 **\$21 EVCC
 *\$5 discount for each additional family member
 **\$8 Material fee due for additional owls (optional)

Art While Learning Science

4 weeks • Ages 6–9

This class is based on the idea of “STEAM” (science, technology, engineering, art, and math). Students will learn Earth Science and Biology using fun arts and crafts. During each class, students will learn some science fundamentals and finish by using their new knowledge in a project to take home.

Instructor: Elena Chirkova, Masters in Education

#1208.210 F 4:30–6:00 pm 6/5–6/26 **\$49 EVCC
 #1208.220 F 4:30–6:00 pm 7/10–7/31 **\$49 EVCC
 **\$10 Material fee due at first class (cash only)

Beginning Ice Skating

8 weeks • Ages 6–16

This class is designed for kids who would like to try ice skating. They will learn basic skating skills through creative games and drawings on the ice. The emphasis on this class is to learn basic skating skills and safety while having fun!

Instructor: Ice-Plex Staff

#1406.210 F 4:15–4:45 pm 5/1–6/19 **\$85 ICE
 #1406.220 F 4:15–4:45 pm 7/10–8/28 **\$85 ICE
 **Includes skate rentals and public skating from 3:15–5:15 pm on day of class.

Youth Guitar

6 weeks • Ages 8–15

Learn to play one of the world’s most popular instruments with kids your age! Perfect for beginners, this class requires no experience and students will learn to play basic chords and simple melodies in a fun environment. No guitar? No problem. Teacher approved guitars can be rented or purchased from MUSICSTAR® one week before class begins.

Instructor: MUSICSTAR® Staff

#1327.210	W	5:00–5:50 pm	5/6–6/10	**\$66	MCC
#1327.220	W	5:00–5:50 pm	6/24–7/29	**\$66	MCC

**\$20 material fee for Student Pack, which includes the Course Book and DVD, due at first class (cash only)

Safety Academy

2 weeks • Ages 6–14

This safety program for children held at Escondido Police Headquarters was developed by Escondido Police Officers. The goal of the program is to keep your children safe and motivate them to lead productive and healthy lives. The following topics will be covered: general safety, fire safety, how to react in an emergency situation, anti-bullying, drug avoidance, gang avoidance, gun safety and avoidance, abduction avoidance, and simple self-defense techniques to allow your child to escape an attacker. Your child will receive a Police Athletic League medal at the completion of training.

Instructor: Lieutenant Al Owens, Officer Mario Sainz, Officer Adam Martinez, Officer Theresa Ruiz, and Dispatcher Casey Tompkins

						Ages
#1559.201	Sa	9:00–11:30 am	6/6–6/13	\$32	EPFH	6–9
#1559.202	Sa	9:00–11:30 am	7/11–7/18	\$32	EPFH	10–14

Sabre Fencing for Kids

4 weeks/2 days • Ages 9–13

Fencing is a fun and energetic sport for both body and mind. You child will learn the basics of Sabre covering footwork, strategy, conditioning, and scorekeeping. Everything you need for a duel!

Instructor: San Diego Fencing Center Staff

#1416.200	M/W	5:00–6:00 pm	6/1–6/24	**\$60	SDFC
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**\$15 Material fee for equipment rentals

Instructors Wanted!

- Hip Hop
- Dog Training
- Mountain Biking
- GoPro® Class
- Photography
- Financial Planning

Youth Tennis

5 weeks • Ages 7–14

Give your child the opportunity to learn a lifelong sport, develop hand-eye coordination and agility, and build self-confidence. Children will learn basic strokes in a fun and supportive group lesson. Bring tennis racquet and one can of new, unopened “extra duty” tennis balls.

Instructor: Andre Rerolle, USTA Certified and assistant tennis coaches

							Session 1			Ages
#1426.213	Beg.	T	8:00–9:00 am	5/5–6/2	\$45	KCP 7&8	7–10			
#1426.214	Beg/Int.	T	9:00–10:00 am	5/5–6/2	\$45	KCP 7&8	11–14			

Session 2

#1426.223	Beg.	T	8:00–9:00 am	6/9–7/7	\$45	KCP 7&8	7–10			
#1426.224	Beg/Int.	T	9:00–10:00 am	6/9–7/7	\$45	KCP 7&8	11–14			

Session 3

#1426.233	Beg.	T	8:00–9:00 am	7/14–8/11	\$45	KCP 7&8	7–10			
#1426.234	Beg/Int.	T	9:00–10:00 am	7/14–8/11	\$45	KCP 7&8	11–14			

Saturday Youth Tennis

5 weeks • Ages 7–14

Saturday youth tennis is here. Children will learn basic strokes, scoring, and sportsmanship in these group lessons. Tennis is a great way to keep your child physically active while learning a lifetime sport.

Instructor: Andre Rerolle, USTA certified and assistant coaches

#1427.214	Sa	10:00–11:00 am	5/9–6/6	\$45	MVP 1&2
#1427.224	Sa	10:00–11:00 am	*6/13–7/18	\$45	MVP 1&2
#1427.234	Sa	10:00–11:00 am	7/25–8/22	\$45	MVP 1&2

*No class 7/4

Tae Kwon Do

12 weeks • Ages 6–Adult

Develop physical and mental discipline, strength, endurance, and coordination. Learn the Korean martial art of Tae Kwon Do (kicks, blocks, punching), Hapkido (joint locking techniques), Yudo (throwing and grappling) and basic weapons. Become more confident and learn basic self-defense techniques.

Instructor: Skip Leonard, Certified by WTF, City of Escondido Instructor for 21 years

#2613.212	M/Th	5:00–6:00 pm	6/15–9/10	**\$99	MCC
#2613.213	M/Th	6:15–7:15 pm	6/15–9/10	**\$99	MCC
#2613.214	M/Th	7:30–8:30 pm	6/15–9/10	**\$99	MCC

**Martial arts uniform is required and may be purchased from the instructor for \$20.

P.O.W.E.R. Mobile Recreation Summer Program

Ages 6–14 • Mission Grove Park

The P.O.W.E.R. Mobile Recreation Program creates a safe outdoor environment where children can participate in creative crafts, age-appropriate games, and other fun activities in their own neighborhood, while being supervised by well-trained recreation staff.



10:00 am–2:00 pm

6/23–8/13

T, W & Th

Free



After School Programs

Building Confidence, Self-Esteem & Friendships!

We will be accepting program registration for the 2015–2016 school year at the end of May! The Before & After School Program provides a safe and enriching environment for the elementary children of our community. We engage children in activities and ongoing relationships that increase confidence and encourage success in all areas of their lives at home, in school, and in the community.

ASES Before and After School Program Sites:

- Conway
- Farr
- Oak Hill
- Juniper
- Rock Springs

Open to any 1st–5th grader and PM Kindergartner that attends these schools.

Morning: 6:30–8:00 am

Afternoon: End of School until 6:00 pm

Cost: FREE!

This program is funded by the After School Education and Safety Program through the State of California.

On-Track Drop-In Program Sites:

- North Broadway
- Reidy Creek

Open to any 1st–5th grader that attends these schools.

Program begins when students are released for the day until 6:00 pm

Cost: \$10 per day

For more information, call 760.839.5483.

Summer Fun Kid's Camp

Ages 5–11 • Washington Park
501 North Rose Street

Get ready for an action packed summer with Summer Fun Kids Camp! The Recreation staff has been busy planning nine exciting weeks of camp! These weeks will be filled with the most outrageous games and arts & crafts that are sure to make this an unforgettable summer! Campers will enjoy cooling off by the pool and summer time special events! Each week will be topped off with our adventurous field trip to local amusement parks and attractions.

Campers will need to purchase a Camp T-shirt for an additional \$10 if they plan to attend the field trips.



Kids camps as low as \$1.72 per hour!

\$25 holds your Spot!

Payment Plans Available!

Session 1 **6/15–6/19**

#3332.201 7:00 am–6:00 pm M–F *\$95 per Camper
 #3333.201 *6/19 Field Trip to San Diego Zoo (Optional)—\$30/ Field Trip

Session 2 **6/22–6/26**

#3332.202 7:00 am–6:00 pm M–F *\$95 per Camper
 #3333.202 *6/26 Field Trip to Laser Tag/Movies (Optional)—\$30/ Field Trip

Session 3 **6/29–7/3**

#3332.203 7:00 am–6:00 pm M–F *\$95 per Camper
 #3333.203 *7/3 Field Trip to The Wave Waterpark (Optional)—\$30/ Field Trip

Session 4 **7/6–7/10**

#3332.204 7:00 am–6:00 pm M–F *\$95 per Camper
 #3333.204 *7/8 Go Play, Get Fit, Tidelands (Optional)
 *7/10 Field Trip to Belmont Park (Optional) \$45 for both trips

Session 5 **7/13–7/17**

#3332.205 7:00 am–6:00 pm M–F *\$95 per Camper
 #3333.205 *7/17 Field Trip to Get Air/Vista (Optional)—\$30/ Field Trip

Session 6 **7/20–7/24**

#3332.206 7:00 am–6:00 pm M–F *\$95 per Camper
 #3333.206 *7/24 Field Trip to Bowling/Movies (Optional)—\$30/ Field Trip

Session 7 **7/27–7/31**

#3332.207 7:00 am–6:00 pm M–F *\$95 per Camper
 #3333.207 *7/31 Field Trip to Boomers (Optional)—\$30/ Field Trip

Session 8 **8/3–8/7**

#3332.208 7:00 am–6:00 pm M–F *\$95 per Camper
 #3333.208 *8/7 Field Trip to the beach (Optional)—\$15/ Field Trip

Session 9 **8/10–8/14**

#3332.209 7:00 am–6:00 pm M–F *\$95 per Camper
 #3333.209 *8/14 Field Trip to Disneyland (Optional)—\$75/ Field Trip

Teen Camp / Counselor in Training Program

Ages 12–15 • Oak Hill Activity Center • 405 South Midway Drive



Teen Camp

Back by popular demand, we're offering Teen Camp Summer 2015. This is going to be an action packed summer filled with crazy games, competitions, team building activities, community service projects and much more! Weekly camps will include trips to the beach, mall, pool and many others! Teens will learn to utilize public transportation in a supervised environment to navigate their way to each destination. Regional North County Transit District passes will be included in the weekly camp registration fee.

Optional field trips will be available for the Teen Camp participants at an additional cost.

Counselor in Training Program

The Counselor in Training (C.I.T.) Program is a specialized optional component of Teen Camp. In order to participate in the C.I.T. Program, teens will go through a selection process including an interview with City Staff. Under the supervision of Summer Fun Kids Camp staff, teens chosen for the C.I.T. program will have the opportunity to work with campers ages 5 to 11 years old in a real life work setting. C.I.T.'s are sure to learn leadership and other essential job skills while making friends and creating a memorable summer!

C.I.T.
Counselor In Training

Counselor in Training applicants must be registered for Teen Camp to be considered for this program.

Session 1 6/15–6/19

#3308.201 8:00 am–6:00 pm M–F *\$110 per Camper
#3309.201 *6/19 Field Trip to San Diego Zoo (Optional)—\$30/Field Trip

Session 2 6/22–6/26

#3308.202 8:00 am–6:00 pm M–F *\$110 per Camper
#3309.202 *6/26 Field Trip to Laser Tag / Movies (Optional)—\$30/Field Trip

Session 3 6/29–7/3

#3308.203 8:00 am–6:00 pm M–F *\$110 per Camper
#3309.203 *7/3 Field Trip to The Wave Waterpark (Optional)—\$30/Field Trip

Session 4 7/6–7/10

#3308.204 8:00 am–6:00 pm M–F *\$110 per Camper
#3309.204 *7/10 Field Trip to Belmont Park (Optional)—\$30/Field Trips

Session 5 7/13–7/17

#3308.205 8:00 am–6:00 pm M–F *\$110 per Camper
#3309.205 *7/17 Field Trip to Get Air/Vista (Optional)—\$30/Field Trip

Session 6 7/20–7/24

#3308.206 8:00 am–6:00 pm M–F *\$110 per Camper
#3309.206 *7/24 Field Trip to Bowling/Movies (Optional)—\$30/Field Trip

Session 7 7/27–7/31

#3308.207 8:00 am–6:00 pm M–F *\$110 per Camper
#3309.207 *7/31 Field Trip to Boomers (Optional)—\$30/Field Trip

Session 8 8/3–8/7

#3308.208 8:00 am–6:00 pm M–F *\$110 per Camper
#3309.208 *8/7 Field Trip to the beach (Optional)—\$15/Field Trip

Session 9 8/10–8/14

#3308.209 8:00 am–6:00 pm M–F *\$110 per Camper
#3309.209 *8/14 Field Trip to Disneyland (Optional)—\$75/Field Trip



See page 38-39 for registration information.



Kit Carson Park Quest 

1 week • Ages 4–6

Trek through Kit Carson Park to learn the history and the mysteries of the Park. Who is Kit Carson? Where is the Magical Circle Garden? And is there still a hidden treasure under the Escondido Sports Center? Join the quest and help us discover the answers.

Instructor: Mani Ross, Preschool Teacher at EVCC

#3125.200 T/W/Th 9:00–11:30 am 6/16–6/18 \$60 KCP

Park Hopper Explorer 

1 week • Ages 4–6

Take this mini Escondido tour and visit three of the most fun parks around! Hike the trails at Kit Carson Park, climb the giant web at Mountain View Park, and take a swim at Washington Park. Each day will include games, crafts and local activities. By the end of this week, you'll be your very own park expert. Tuesday will be held at Kit Carson Park, Wednesday at Mountain View Park, and Thursday at Washington Park.

Instructor: Kathie Lewis, Preschool Teacher at DACB

#3126.200 T/W/Th 12:00–2:30 pm 8/4–8/6 \$60 KCP/MVP/WP

Grape Day Park Adventures 

1 week • Ages 4–6

At this camp we will enjoy games, stories, play time, crafts, and a chance to explore all that Grape Day Park has to offer! Travel back in time at Escondido's history center, explore all the amazing activities at the Children's Museum, and spend a day cooling off at the James Stone Pool.

Instructor: Kathie Lewis, Preschool Teacher at DACB

#3127.200 T/W/Th 12:00–2:30 pm 8/11–8/13 \$60 GDP

Slimy, Gooey Creations 

1 week • Ages 4–6

This hands-on camp combines art and science to create amazing projects using many items found right in your own kitchen! Have fun concocting slime, finger paints, silly putty, and an erupting volcano just to mention a few. Be sure to wear old clothes and get ready for messy summer fun!

Instructor: Mani Ross, Preschool Teacher at EVCC

#3130.200 T/W/Th 12:00–2:30 pm 8/4–8/6 \$60 EVCC

Jr. Astronaut Camp 

1 week • Ages 4–6

Blast off to fun in this summer space camp! Train as a junior astronaut as you learn about planets, stars, and asteroids. Experience what it's like to build and launch your very own rocket. You don't want to miss out, this camp is sure to be "Out of this World!"

Instructor: Mani Ross, Preschool Teacher at EVCC

#3131.200 T/W/Th 12:00–2:30 pm 8/11–8/13 \$60 EVCC

Engineering—Mine, Craft, Build using LEGO®

1 week • Ages 5–12

Bring Minecraft to life using tens of thousands of LEGO®! Build engineer-designed projects such as a motorized Creeper (ages 5–6) or Minecart (ages 7–12)! Create your favorite Minecraft objects with the guidance of an experienced Play-Well instructor. This project-based camp, combines the basic format of our core engineering-themed programs based on the world of Minecraft. Students will explore real-world concepts in physics, engineering, and architecture while building their favorite Minecraft objects. Students will have a blast, even without any prior experience with Minecraft or LEGO.

Instructor: Play-Well TEKologies, teaching camps since 1997

						Ages
#1760.201	M–F	9:00–12:00 pm	6/22–6/26	\$185	EVCC	5–6
#1760.202	M–F	1:00–4:00 pm	6/22–6/26	\$185	EVCC	7–12

Jedi Engineering using LEGO® Camp

1 week • Ages 5–12

The Force is strong in this class for young Jedi and Jedi Masters. Build machines and structures based on the best designs from a galaxy far, far away. Projects include LEGO X-Wings, AT-AT walkers, Pod Racers, Star Destroyers, Cloud Cities, settlements, and fortresses. Play-Well's Jedi instructors reinforce key engineering concepts such as gear trains, worm drives, pneumatics, eccentric motion and more as students tap into the powerful forces of imagination and engineering.

Instructor: Play-Well TEKologies, teaching camps since 1997

						Ages
#1593.201	M–F	9:00–12:00 pm	8/10–8/14	\$185	EVCC	5–6
#1593.202	M–F	1:00–4:00 pm	8/10–8/14	\$185	EVCC	7–12

SpyWorkz Camp

1 week • Ages 6–10

Your mission should you accept is to discover the intriguing world of spy science. During camp, you will be using image, aerial and photo analysis, code making and breaking, and more. You will have the most fun you have had in a long time while sharpening your investigative skills and keen intellect.

Instructor: Creative Brain Learning Staff

#1765.200 M-F 9:00–11:45 am 6/22–6/26 **\$145 EVCC

**\$35 Material fee due at first class (cash only)

DramaWorkz Camp

1 week • Ages 6–10

Dramaworkz Camp offers a camp experience with invaluable opportunities for participants to develop their dramatic talents and presentation skills. Students will learn about different acting styles and more. A final performance will be presented on the last day of camp.

Instructor: MUSICSTAR® Staff

#1754.200 M-F 9:00–11:45 am 7/6–7/10 **\$145 EVCC

**\$25 Material fee due at first class (cash only)

Music Video Camp

1 week • Ages 8–15

This camp offers an introduction to the cool world of music videos, focusing on contemporary music production and audio visual production. Create your own music videos and more. This is a great camp for creative and artistic expression. Bring your appetite for technology and learn about some of today's most exciting careers.

Instructor: Creative Brain Learning Staff

#1763.200 M-F 1:00–3:45 pm 6/22–6/26 **\$145 EVCC

**\$35 Material fee due at first class (cash only)

Robotics Camp

1 week • Ages 8–15

This camp offers an in-depth exploration of robotics engineering, creativity, and innovation. Working in teams of students, participants will design robots and program them to do specific tasks.

Instructor: Creative Brain Learning Staff

#1756.200 M-F 1:00–3:45 pm 7/6–7/10 **\$145 EVCC

**\$35 Material fee due at first class (cash only)

Film Making Camp

1 week • Ages 8–15

Film making offers a unique opportunity for students to experience the entire production process from script to finished video. This hands-on camp offers a chance for each camper to express themselves creatively and artistically. Campers will explore the fundamentals of video production and apply these to their class projects.

Instructor: Creative Brain Learning Staff

#1271.200 M-F 9:00–11:45 am 7/20–7/24 **\$145 EVCC

**\$25 Material fee due at first class (cash only)

LEGO® Engineering Camp

1 week • Ages 8–15

Bring your imagination and engineering talents! During camp, we will be building structures, roller coasters, and much more! Only your imagination is the limit. Working in teams, students will learn about basic physics and engineering principals then learn how to apply them into their projects.

Instructor: Creative Brain Learning Staff

#1764.200 M-F 1:00–3:45 pm 7/20–7/24 **\$145 EVCC

**\$25 Material fee due at first class (cash only)

Animation Camp

1 week • Ages 8–15

MovieWorkz offers an opportunity for students to explore the entire animation production process, starting from story idea, to drawing or painting frames, and finally filler frames. Students will explore fundamentals of art and video production and apply these to camp projects.

Instructor: Creative Brain Learning Staff

#1270.200 M-F 9:00–11:45 am 7/27–7/31 **\$145 EVCC

**\$25 Material fee due at first class (cash only)

ScienceWorkz Camp

1 week • Ages 8–15

Creative Brain's ScienceWorkz offers an exciting exploration of the world of science, making stops at eco-science, alternative energy, chemistry, aviation, and more! Discover the fundamentals of science. Campers receive cool materials to continue their discovery at home.

Instructor: Creative Brain Learning Staff

#1554.200 M-F 1:00–3:45 pm 7/27–7/31 **\$145 EVCC

**\$35 Material fee due at first class (cash only)

Archery Camp

1 week • Ages 8–16

Archery Camp is a fun and exciting way to introduce youth to the sport of archery in a supportive environment. Students will learn the basic elements of shooting along with proper safety rules and procedures. It will be a fun filled week with individual and team games and activities. All levels are welcome and equipment is provided.

Instructor: Rho and James Densmore, Level 4–NTS & Level 2 Certified

#1479.200 M-F 9:00–11:00 am 7/13–7/17 **\$109 MVP

**\$20 Material fee due at first class (cash only)

Babysitter's Training Camp

1 week • Ages 11–15

This is an exciting and fast paced camp for those who are ready for the job of babysitting! Students will learn how to get started in the "business of babysitting", how to supervise children and infants, and how to perform basic child care skills such as diapering and feeding. Students will be certified in CPR and First Aid. Students will receive a certification in Pediatric CPR, First Aid, and Babysitter's Training from the American Red Cross.

Instructor: Blythe Paley, CPR/First-Aid, Babysitter's Training Instructor

#1605.200 M-F 9:00–12:00 pm 7/20–7/24 **\$160 EVCC

**\$35 Material fee due at first class (cash only)



Babysitter's Training

Workshop • Ages 11–15

The American Red Cross created this course to prepare babysitters for this important job. Components include a guide to leadership, the business aspect of babysitting, and how to keep yourself and the children safe while on the job. Participants will learn about child development, encouraging positive behavior, and discipline techniques. Know how to handle all the essentials of basic child care, and if an emergency occurs, be ready with basic first aid training; including how to deal with breathing emergencies, and an introduction to CPR skills.

Instructor: Blythe Paley, American Red Cross instructor

#1604.200 Sa 9:00–3:00 pm 6/20 **\$48 EVCC

**\$15 Material fee due at first class (cash only)

Makeup & Skincare

Workshop • Ages 13–Adult

In this hands-on workshop, you will learn step-by-step makeup application techniques that will enhance your beauty. Learn the best way to treat rosacea, acne age spots, dark under-eye circles, and skin discoloration. Learn your skin type and what skin care product to use. Understand your skin type and how to ensure beautiful clear skin. Discover what to use for those pesky fine lines and wrinkles. Whether you're a stay at home mom, student in school, or a working professional, you will leave confident and ready to put your "best face forward"!

Instructor: Michelle Jackson, 30 years of makeup and skincare expert

#2187.200 Sa 12:30–3:00 pm 7/11 **\$49 EVCC

**\$35 Material fee due at first class (cash only)

Teen Guitar

6 weeks • Ages 11–17

This six-week class is offered to players 11–17 years old from very beginners to intermediate players. If you play guitar and have a friend who wants to learn, this is the perfect class for both of you. The emphasis is on learning to play TOGETHER. Topics covered will include open chords, moveable chords, improvising solos and some music theory. Make this summer the start of something big and fun! Guitar purchase or rental available ahead of time.

Instructor: Chris Soto, Ubiquitous Music

#1055.210 M 4:15–5:45 pm *5/11–6/22 \$90 MCC

#1055.220 M 4:15–5:45 pm 7/6–8/10 \$90 MCC

*No class 5/25



Adult, Child, & Infant CPR / AED

Workshop • Ages 15–Adult

Everyone needs to know how to save a life. In this American Red Cross course, participants learn how to perform CPR and care for breathing and cardiac emergencies in adults, children, and infants. Participants will also learn how to use an automated external defibrillator (AED) on adult, children, and infant victims of cardiac arrest.

Registration/refund deadline: 5/7

Instructor: ARC Certified Instructor

#4826.100 Sa 8:00–2:00 pm 5/9 **\$59 EVCC

**Fee includes certificate of completion

Hula Basics & Workout

4 Weeks • Ages 13–Adult

Learn the foundation of Hula through basic steps while getting a great low impact cardio-vascular workout to Hawaiian music. Bring your Ohana (family) and enjoy a mini vacation to Hawaii every week.

Instructor: Kelly Haupu, Experienced Hula Instructor

#1367.216 W 6:30–7:30 pm 5/6–5/27 **\$55 KH

#1367.226 W 6:30–7:30 pm 6/3–6/24 **\$55 KH

#1367.236 W 6:30–7:30 pm 7/8–7/29 **\$55 KH

**\$10 Discount for each additional family member

Check out these other Teen classes!

- Paint With Family, page 28
- Tae Kwon Do, page 10
- Sugar Art Workshop, page 28
- Zentangle Art, page 28
- Guitar and Hand Drumming, page 29
- Pound™ Rockout Workout page 31



Check Out These Great Classes For the Whole Family!

Preschool Karate

Your preschoolers will learn the basics of Karate while practicing how to make good choices, listen, and follow directions.

See page 7

Hula—Hawaiian Dance

Come enjoy traditional Hawaiian music while learning hula, all ages and experience levels welcome.

See page 7, 8, 16, & 30

Paint With Family

This fun class is the perfect opportunity for you to get some good family time in while you each create your own work of art.

See page 9 or 28

Sugar Art Workshop

Sugar Art is not only for Sugar Skulls, in this awesome workshop you and your family will be designing beautiful Sugar Owls.

See page 9 or 28

Tae Kwon Do

Tae Kwon Do is an awesome class for the whole family. You will develop mental and physical discipline, strength, and endurance.

See page 9 or 33

Makeup & Skincare

Practice makeup application under the advisory of a professional makeup artist.

See page 16 & 28

Guitar & Hand Drumming

Learn, practice, or perfect your skills on the most exciting instruments around.

See page 29

Me & My Shadow Aquatics Classes

Gain water confidence and skills during these parent child swim classes.

See page 20

Introduction to Zentangle Art

Do you doodle on scrap pieces of paper? Come try out Zentangle, the art form that allows you to take your doodling to the next level.

See page 28

Safety Awareness & Self Defense

Become aware of danger cues, learn self-defense techniques, practice building confidence, and more.

See page 33

POUND: Rockout Workout™

Rockout while you workout, classes combine cardio, strength training, and Pilates with drumming to achieve a full body workout.

See page 31



Escondido Summer Aquatics

Fun in the water for all ages!

Enjoy Escondido Summer Aquatics at Our Two Locations:

James A. Stone Pool

131 West Woodward Avenue
760.839.4810

Washington Park Pool

501 North Rose Street
760.839.4660

Open Swim Program

Open Swim is the perfect opportunity for recreational swimmers of all ages to enjoy the two pools the City of Escondido has to offer! Children under eight years must be accompanied by an adult at all times. Children who are not toilet trained must wear a swim diaper. Diapers are sold at the pool for \$2.

Entry fee: \$3 per person

Washington Park Pool

June 20–August 15

Wednesdays & Thursdays	1:00–3:00 pm
Fridays	1:00–4:00 pm
Saturdays	2:00–6:00 pm

James Stone Pool

June 19–August 16

Fridays	3:00–7:00 pm
Sundays	12:00–4:00 pm

Pool Parties

James Stone & Washington Park Pools

Host a fun and safe event this summer! Stay cool at the pool and celebrate all occasions with us! We provide the lifeguards and you bring the party! Please call 760.839.4204 to schedule your event. Reservations must be made 3 weeks in advance.

Group Reservations

Group reservations are available Monday–Friday at both locations for groups of 20 or more that reserve in advance. This is the perfect opportunity for large groups to stay cool during hot summer months. Reservations must be made 3 weeks in advance. Please call 760.839.4204 to make reservations.



ACE Makos Swim Club

Swim Club fees as low as \$60 per month!

Our swim club aims to foster and promote positive life skills developed through the process of mastering the sport of swimming. We offer different swim groups from the novice to the elite swimmer, ages 5-18. Our swimmers compete at local swim meets throughout San Diego County as part of USA Swimming. This is an excellent way to improve swimming techniques, fitness level and make new friends in a positive team environment. Come grow with us!



The club is year round; seasonal swimmers are welcome!

Long Course Season: March 16–Mid August

Practices: Monday–Friday 5–7pm (6–8 pm as of June 1)

All practices held at Washington Park Pool.

**Swimmers must be able to swim 25 yards independently*

**Swimmers must have a waiver signed by a parent/guardian prior to entering the water.*

***Upon joining, swimmers must also register with USA swimming for an additional fee per year. Participants can register through the San Diego/Imperial Swimming Office.*

FREE Splashball Fun Day!

Are you interested in Splashball, but not sure if your child will like it? Join us for this chance to learn about the sport while having fun in the pool.

When: Saturday, June 13

Where: James Stone Pool

Ages 5–6 • 1:00–2:00 pm

Ages 7–9 • 2:00–3:00 pm

Call 760.839.4382 to register in advance.

Splashball

Ages 5–9

Designed for kids ages 5–9, Splashball will provide the novice player with all the FUNDamentals of water polo while developing the essentials of teamwork and sportsmanship. This program is open to kids of all swimming abilities.

Instructor: Certified USA Water Polo Coach

Ages 5 & 6

Session 1

4153.211	M/W	1:00–1:50 pm	6/15–7/8	**\$76	JS
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Session 2

4153.212	M/W	1:00–1:50 pm	7/13–8/5	**\$76	JS
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Ages 7–9

Session 1

4153.221	M/W	2:00–2:50 pm	6/15–7/8	**\$76	JS
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Session 2

4153.222	M/W	2:00–2:50 pm	7/13–8/5	**\$76	JS
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***Participants are required to hold a valid USA Water Polo Membership. Memberships are \$35 and can be obtained at www.splashballusa.org.*



ACE Makos Summer Swim League

Looking to be on a competitive swim team this summer? Come spend the summer getting in shape and making new friends at the pool!

Novice • \$225

T/Th	6:00–7:30 pm	6/16–8/15
Sa	8:30–10:00 am	

Junior • \$250

M-F	6:00–8:00 pm	6/15–8/14
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Senior • \$275

M-F	6:00–8:00 pm	6/15–8/15
Sa	8:30–10:00 am	

**Swimmers must have a waiver signed by a parent/guardian prior to entering the water.*

***Swimmers must have a valid USA Swim card prior to enrolling. Seasonal swim cards are an additional \$36 and are available through the San Diego/Imperial swimming office.*



ACE Riptides Competitive Water Polo Club

Ages 18 years & Under



The Aquatic Club of Escondido is comprised of some of the top water polo players, not only in Escondido but all of North County! Stay in shape and improve your game all year long!

Instructor: Certified USA Water Polo Coach

Boys 18U

4155.210	M/W	8:00–9:30 pm	6/1–8/5	\$325	WP
	Sa	10:00–12:00 pm			

Boys 16U

4155.220	M/W	8:00–9:30 pm	6/1–8/5	\$325	WP
	Sa	10:00–12:00 pm			

Girls 18U

4157.210	T/Th	8:00–9:30 pm	*6/2–8/6	\$325	WP
	Sa	12:00–2:00 pm			

Girls 16U

4157.220	T/Th	8:00–9:30 pm	*6/2–8/6	\$325	WP
	Sa	12:00–2:00 pm			

Coed 14U (Formerly Grommets)

4150.210	M/W	7:30–9:00 pm	6/1–8/5	\$200	JS
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**No class on 7/4*

***Players must be registered with USA Water Polo. Memberships can be obtained at www.usawaterpolo.org.*





Learn-to-Swim Program for all Ages

- Certified Instructors
- Day & Evening Classes
- Scholarships Available

Summer Schedule Options

2 Week Sessions/ M-Th

Session 1:	June 1–June 11
Session 2:	June 15–June 25
Session 3:	June 29–July 9
Session 4:	July 13–July 23
Session 5:	July 27–August 6
Session 6:	August 10–August 20

5 Week Sessions/Saturday

Session 1:	*June 6–July 11
Session 2:	July 18–August 15

*No class 7/4

JS	James A. Stone Pool
WP	Washington Park Pool

Me & My Shadow—Parent/Child

Ages 6 months–3 years

This class is offered for two age groups and designed to develop a high comfort level in and around water. Emphasis is on water adjustment, swimming readiness skills, fun and enjoyment in the water. A high level of parent participation is required. Children still in diapers or toilet training must wear vinyl swim pants or a swim diaper. Diapers are sold at the pool for \$2.

2 weeks/M–Th • \$56

Ages 6 months–18 months

<u>Session 2</u>	<u>June 15–June 25</u>
4200.221	4:55–5:35 pm JS
<u>Session 3</u>	<u>June 29–July 9</u>
4200.231	10:20–11:00 am JS
4200.232	4:05–4:45 pm JS
<u>Session 4</u>	<u>July 13–July 23</u>
4200.241	5:45–6:25 pm JS
<u>Session 5</u>	<u>July 27–August 6</u>
4200.251	10:20–11:00 am JS

Ages 18 months–3 years

<u>Session 1</u>	<u>June 1–June 11</u>
4200.211	4:05–4:45 pm JS
<u>Session 2</u>	<u>June 15–June 25</u>
4200.222	11:10–11:50 am JS
<u>Session 3</u>	<u>June 29–July 9</u>
4200.233	4:55–5:35 pm WP
<u>Session 4</u>	<u>July 13–July 23</u>
4200.242	10:20–11:00 am JS
<u>Session 5</u>	<u>July 27–August 6</u>
4200.252	5:45–6:25 pm JS

5 weeks/Saturday • \$46

Ages 6 months–3 years

<u>Session 1</u>	<u>*June 6–July 11</u>
4200.281	9:00–9:40 am JS
4200.282	10:40–11:20 am JS
*No class 7/4	
<u>Session 2</u>	<u>July 18–August 15</u>
4200.291	9:00–9:40 am JS
4200.292	10:40–11:20 am JS

One-on-One Swim Instruction

All Ages • \$120—four 30-min lessons

Learn to swim, progress from current level, or improve specific techniques with personalized swim lessons. Tailored to meet your needs, with one instructor to one student.

For availability and registration, call 760.839.4204.

Grunion 1

Ages 3 & 4 years



This class is held in the wading pool for preschool-aged children to promote water exploration and comfort in the water. Skills include water entry and exit, breath control, supported front glides and back floats, and safety through fun and games.

2 weeks/M–Th • \$56

Session 1 **June 1–June 11**

4210.211	3:15–3:55 pm	JS
4210.212	4:05–4:45 pm	JS
4210.213	4:55–5:35 pm	JS
4210.214	5:45–6:25 pm	JS

Session 2 **June 15–June 25**

4210.221	10:20–11:00 am	JS
4210.222	11:10–11:50 am	JS
4210.223	3:15–3:55 pm	JS
4210.224	4:05–4:45 pm	WP
4210.225	4:55–5:35 pm	JS

Session 3 **June 29–July 9**

4210.231	9:30–10:10 am	JS
4210.232	10:20–11:00 am	WP
4210.233	11:10–11:50 am	JS
4210.234	3:15–3:55 pm	WP
4210.235	4:05–4:45 pm	JS
4210.236	4:55–5:35 pm	WP
4210.237	5:45–6:25 pm	JS

Session 4 **July 13–July 23**

4210.241	10:20–11:00 am	JS
4210.242	11:10–11:50 am	WP
4210.243	3:15–3:55 pm	JS
4210.244	4:05–4:45 pm	WP
4210.245	5:45–6:25 pm	JS

Session 5 **July 27–August 6**

4210.251	10:20–11:00 am	JS
4210.252	11:10–11:50 am	JS
4210.253	11:10–11:50 am	WP
4210.254	3:15–3:55 pm	WP
4210.255	4:05–4:45 pm	WP
4210.256	5:45–6:25 pm	JS

Session 6 **August 10–August 20**

4210.261	4:55–5:35 pm	JS
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5 weeks/Saturday • \$46

Session 1 ***June 6–July 11**

4210.281	9:00–9:40 am	JS
4210.282	10:40–11:20 am	JS

*No class 7/4

Session 2 **July 18–August 15**

4210.291	9:00–9:40 am	JS
4210.292	10:40–11:20 am	JS

Grunion 2

Ages 3 & 4 years



This class is held in the shallow end of the big pool for preschool-aged children who have successfully completed Grunion 1 or are very comfortable in the water. The focus is to move comfortable through the water, execute supported front/back glides and floats, and swim using combined arm and leg actions with support.

2 weeks/M–Th • \$56

Session 1 **June 1–June 11**

4220.211	4:55–5:35 pm	JS
4220.212	5:45–6:25 pm	JS

Session 2 **June 15–June 25**

4220.221	9:30–10:10 am	JS
4220.222	10:20–11:00 am	WP
4220.223	3:15–3:55 pm	WP
4220.224	4:05–4:45 pm	JS
4220.225	4:55–5:35 pm	JS

Session 3 **June 29–July 9**

4220.231	9:30–10:10 am	WP
4220.232	11:10–11:50 am	JS
4220.233	3:15–3:55 pm	JS
4220.234	3:15–3:55 pm	WP
4220.235	4:05–4:45 pm	WP
4220.236	4:55–5:35 pm	JS

Session 4 **July 13–July 23**

4220.241	10:20–11:00 am	WP
4220.242	11:10–11:50 am	JS
4220.243	3:15–3:55 pm	WP
4220.244	4:05–4:45 pm	JS
4220.245	4:55–5:35 pm	WP
4220.246	6:35–7:15 pm	JS

Session 5 **July 27–August 6**

4220.251	9:30–10:10 am	JS
4220.252	10:20–11:00 am	WP
4220.253	3:15–3:55 pm	JS
4220.254	4:55–5:35 pm	JS
4220.255	4:55–5:35 pm	WP

Session 6 **August 10–August 20**

4220.261	3:15–3:55 pm	JS
4220.262	5:45–6:25 pm	JS

5 weeks/Saturday • \$46

Session 1 ***June 6–July 11**

4220.281	9:00–9:40 am	JS
4220.282	10:40–11:20 am	JS

*No class 7/4

Session 2 **July 18–August 15**

4220.291	9:00–9:40 am	JS
4220.292	10:40–11:20 am	JS

Jellyfish

Ages 3 & 4 years

This class builds on the skills taught in Grunion 1 and 2 providing additional guided practice with increased distances and times. Participants will focus on breath control, unassisted front/back floats and glides, recovery from floats/glides, and elementary coordination of front crawl. Upon successful completion, child will be placed in appropriate Learn-to-Swim level.



2 weeks/M–Th • \$56

Session 1 **June 1–June 11**

4225.211	5:45–6:25 pm	JS
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Session 2 **June 15–June 25**

4225.221	11:10–11:50 am	WP
4225.222	3:15–3:55 pm	JS
4225.223	5:45–6:25 pm	JS

Session 3 **June 29–July 9**

4225.231	11:10–11:50 am	JS
4225.232	4:55–5:35 pm	JS

Session 4 **July 13–July 23**

4225.241	11:10–11:50 am	WP
4225.242	4:05–4:45 pm	WP
4225.243	4:55–5:35 pm	JS
4225.244	6:35–7:15 pm	JS

Session 5 **July 27–August 6**

4225.251	11:10–11:50 am	JS
4225.252	4:05–4:45 pm	JS
4225.253	4:55–5:35 pm	JS
4225.254	6:35–7:15 pm	JS

Session 6 **August 10–August 20**

4225.261	3:15–3:55 pm	JS
4225.262	4:05–4:45 pm	JS

5 weeks/Saturday • \$46

Session 1 ***June 6–July 11**

4225.281	9:50–10:30 am	JS
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**No class 7/4*

Session 2 **July 18–August 15**

4225.291	9:50–10:30 am	JS
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Duck

Ages 5–16

Level 1 of the Learn-to-Swim program is for children with little or no swimming experience. The main focus is to move comfortably through water, fully submerge face in the water, execute supported front glides and back floats.



2 weeks/M–Th • \$56

Session 1 **June 1–June 11**

4230.211	3:15–3:55 pm	JS
4230.212	4:05–4:45 pm	JS
4230.213	5:45–6:25 pm	JS
4230.214	6:35–7:15 pm	JS

Session 2 **June 15–June 25**

4230.221	9:30–10:10 am	JS
4230.222	10:20–11:00 am	JS
4230.223	11:10–11:50 am	WP
4230.224	3:15–3:55 pm	JS
4230.225	3:15–3:55 pm	WP
4230.226	4:05–4:45 pm	JS
4230.227	4:05–4:45 pm	WP
4230.228	4:55–5:35 pm	WP
4230.229	6:35–7:15 pm	JS

Session 3 **June 29–July 9**

4230.231	9:30–10:10 am	JS
4230.232	10:20–11:00 am	JS
4230.233	10:20–11:00 am	WP
4230.234	11:10–11:50 am	WP
4230.235	3:15–3:55 pm	JS
4230.236	4:05–4:45 pm	JS
4230.237	4:05–4:45 pm	WP
4230.238	4:55–5:35 pm	JS
4230.239	6:35–7:15 pm	JS

Session 4 **July 13–July 23**

4230.241	9:30–10:10 am	JS
4230.242	9:30–10:10 am	WP
4230.243	10:20–11:00 am	WP
4230.244	11:10–11:50 am	WP
4230.245	3:15–3:55 pm	WP
4230.246	4:05–4:45 pm	JS
4230.247	4:55–5:35 pm	JS
4230.248	4:55–5:35 pm	WP

Session 5 **July 27–August 6**

4230.251	9:30–10:10 am	JS
4230.252	10:20–11:00 am	JS
4230.253	10:20–11:00 am	WP
4230.254	11:10–11:50 am	JS
4230.255	11:10–11:50 am	WP
4230.256	3:15–3:55 pm	JS
4230.257	3:15–3:55 pm	WP
4230.258	4:05–4:45 pm	JS
4230.259	4:55–5:35 pm	WP

Session 6 **August 10–August 20**

4230.261	4:05–4:45 pm	JS
4230.262	4:55–5:35 pm	JS
4230.263	5:45–6:25 pm	JS

5 weeks/Saturday • \$46

Session 1 ***June 6–July 11**

4230.281	9:00–9:40 am	JS
4230.282	9:50–10:30 am	JS
4230.283	11:30–12:10 pm	JS

**No class 7/4*

Session 2 **July 18–August 15**

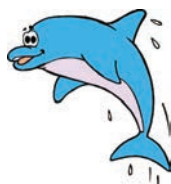
4230.291	9:00–9:40 am	JS
4230.292	9:50–10:30 am	JS
4230.293	11:30–12:10 pm	JS



Dolphin

Ages 5–16 years

(Or must have successfully completed jellyfish)



Level 2 is for children who have successfully completed the skills of Level 1. This level focuses on fundamental aquatic skills ranging from breath control, unassisted front/back floats and glides, to elementary coordination of front crawl.

2 weeks/M–Th • \$56

Session 1 June 1–June 11

4232.211	3:15–3:55 pm	JS
4232.212	4:55–5:35 pm	JS
4232.213	6:35–7:15 pm	JS

Session 2 June 15–June 25

4232.221	9:30–10:10 am	JS
4232.222	10:20–11:00 am	WP
4232.223	3:15–3:55 pm	WP
4232.224	4:05–4:45 pm	JS
4232.225	4:05–4:45 pm	WP
4232.226	4:55–5:35 pm	JS
4232.227	4:55–5:35 pm	WP
4232.228	5:45–6:25 pm	JS

Session 3 June 29–July 9

4232.231	9:30–10:10 am	JS
4232.232	10:20–11:00 am	JS
4232.233	11:10–11:50 am	WP
4232.234	3:15–3:55 pm	JS
4232.235	3:15–3:55 pm	WP
4232.236	4:05–4:45 pm	JS
4232.237	4:05–4:45 pm	WP
4232.238	4:55–5:35 pm	JS
4232.239	6:35–7:15 pm	JS

Session 4 July 13–July 23

4232.241	10:20–11:00 am	WP
4232.242	11:10–11:50 am	JS
4232.243	11:10–11:50 am	WP
4232.244	3:15–3:55 pm	JS
4232.245	3:15–3:55 pm	WP
4232.246	4:05–4:45 pm	WP
4232.247	4:55–5:35 pm	JS
4232.248	4:55–5:35 pm	WP
4232.249	5:45–6:25 pm	JS

Session 5 July 27–August 6

4232.251	9:30–10:10 am	JS
4232.252	9:30–10:10 am	WP
4232.253	10:20–11:00 am	JS
4232.254	11:10–11:50 am	WP
4232.255	3:15–3:55 pm	JS
4232.256	3:15–3:55 pm	WP
4232.257	4:05–4:45 pm	JS
4232.258	4:05–4:45 pm	WP
4232.259	4:55–5:35 pm	WP
4233.251	6:35–7:15 pm	JS

Session 6 August 10–August 20

4232.261	3:15–3:55 pm	JS
4232.262	4:05–4:45 pm	JS
4232.263	4:55–5:35 pm	JS
4232.264	6:35–7:15 pm	JS

5 weeks/Saturday • \$46

Session 1 *June 6–July 11

4232.281	9:50–10:30 am	JS
4232.282	10:40–11:20 am	JS
4232.283	11:30–12:10 pm	JS

**No class 7/4*

Session 2 July 18–August 15

4232.291	9:50–10:30 am	JS
4232.292	10:40–11:20 am	JS
4232.293	11:30–12:10 pm	JS

Starfish

Ages 5–16 years

Level 3 is designed to promote stroke development and provide guided practice in deep water. Skills taught include rotary breathing, front crawl, elementary backstroke, and head first entry from kneeling position. Participants must have passed dolphin or be able to swim 5 yards independently.



2 weeks/M–Th • \$56

Session 1 **June 1–June 11**

4240.211	3:15–3:55 pm	JS
4240.212	4:05–4:45 pm	JS
4240.213	6:35–7:15 pm	JS

Session 2 **June 15–June 25**

4240.221	9:30–10:10 am	JS
4240.222	11:10–11:50 am	JS
4240.223	3:15–3:55 pm	JS
4240.224	4:05–4:45 pm	JS
4240.225	4:55–5:35 pm	WP
4240.226	6:35–7:15 pm	JS

Session 3 **June 29–July 9**

4240.231	10:20–11:00 am	JS
4240.232	11:10–11:50 am	JS
4240.233	3:15–3:55 pm	WP
4240.234	4:05–4:45 pm	WP
4240.235	4:55–5:35 pm	JS
4240.236	4:55–5:35 pm	WP
4240.237	6:35–7:15 pm	JS

Session 4 **July 13–July 23**

4240.241	9:30–10:10 am	WP
4240.242	10:20–11:00 am	JS
4240.243	10:20–11:00 am	WP
4240.244	11:10–11:50 am	JS
4240.245	3:15–3:55 pm	JS
4240.246	3:15–3:55 pm	WP
4240.247	4:05–4:45 pm	WP
4240.248	4:55–5:35 pm	JS
4240.249	6:35–7:15 pm	JS

Session 5 **July 27–August 6**

4240.251	9:30–10:10 am	JS
4240.252	9:30–10:10 am	WP
4240.253	10:20–11:00 am	WP
4240.254	11:10–11:50 am	JS
4240.255	3:15–3:55 pm	JS
4240.256	4:05–4:45 pm	JS
4240.257	4:05–4:45 pm	WP
4240.258	4:55–5:35 pm	JS
4240.259	4:55–5:35 pm	WP
4241.251	6:35–7:15 pm	JS

Session 6 **August 10–August 20**

4240.261	3:15–3:55 pm	JS
4240.262	4:05–4:45 pm	JS
4240.263	5:45–6:25 pm	JS

5 weeks/Saturday • \$46

Session 1 ***June 6–July 11**

4240.281	11:30–12:10 pm	JS
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**No class 7/4*

Session 2 **July 18–August 15**

4240.291	11:30–12:10 pm	JS
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Seahorse

Ages 5–16 years

Level 4 is a stroke improvement course, which focuses on developing confidence in front and back crawl, improving aquatic skills such as diving and turns, and introduction of elementary backstroke, breaststroke, sidestroke, and butterfly. Participants must be able to swim front crawl and backstroke independently for 15 yards to participate.



2 weeks/M–Th • \$56

Session 1 **June 1–June 11**

4250.211	4:55–5:35 pm	JS
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Session 2 **June 15–June 25**

4250.221	11:10–11:50 am	JS
4250.223	6:35–7:15 pm	JS

Session 3 **June 29–July 9**

4250.231	9:30–10:10 am	WP
4250.232	3:15–3:55 pm	JS
4250.233	4:55–5:35 pm	WP

Session 4 **July 13–July 23**

4250.241	9:30–10:10 am	JS
4250.242	10:20–11:00 am	WP
4250.243	11:10–11:50 am	JS
4250.244	3:15–3:55 pm	JS
4250.245	5:45–6:25 pm	JS

Session 5 **July 27–August 6**

4250.251	10:20–11:00 am	WP
4250.253	4:05–4:45 pm	WP
4250.254	5:45–6:25 pm	JS

Session 6 **August 10–August 20**

4250.261	4:55–5:35 pm	JS
4250.262	5:45–6:25 pm	JS

5 weeks/Saturday • \$46

Session 1 ***June 6–July 11**

4250.281	9:50–10:30 am	JS
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**No class 7/4*

Session 2 **July 18–August 15**

4250.291	9:50–10:30 am	JS
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Seals

Ages 5–16 years

Level 5 focuses on stroke coordination and refinement of all key strokes for increased distance. Advanced techniques such as shallow angle dives, surface dives, and flip turns will be introduced. Participants must be able to swim front crawl 25 yards, elementary backstroke 25 yards, and breaststroke 15 yards.



2 weeks/M–Th • \$56

Session 1 **June 1–June 11**

4260.211 6:35–7:15 pm JS

Session 2 **June 15–June 25**

4260.221 9:30–10:10 Am JS

4260.222 5:45–6:25 pm JS

Session 3 **June 29–July 9**

4260.231 9:30–10:10 am JS

4260.232 5:45–6:25 pm JS

Session 4 **July 13–July 23**

4260.241 9:30–10:10 am JS

4260.242 4:05–4:45 pm JS

4260.243 4:55–5:35 pm WP

Session 5 **July 27–August 6**

4260.251 11:10–11:50 am WP

4260.252 4:55–5:35 pm JS

Session 6 **August 10–August 20**

4260.261 6:35–7:15 pm JS

5 weeks/Saturday • \$46

Session 1 ***June 6–July 11**

4260.281 11:30–12:10 pm JS

**No class 7/4*

Session 2 **July 18–August 15**

4260.291 11:30–12:10 pm JS

Sting Rays

Ages 5–16 years

Level 6 is a skill proficiency class that polishes strokes for ease, efficiency, power and smoothness for greater distance. Swimmers develop a considerable amount of endurance during the course. Certification requirement for this level is to swim 500 yards continuously using any 3 strokes. Level may need to be repeated to achieve certification. Participants must be able to swim front crawl and elementary back stroke 50 yards each and breaststroke and back crawl 25 yards.



2 weeks/M–Th • \$56

Session 2 **June 15–June 25**

4270.221 10:20–11:00 am JS

4270.222 5:45–6:25 pm JS

Session 3 **June 29–July 9**

4270.231 5:45–6:25 pm JS

Session 4 **July 13–July 23**

4270.241 4:05–4:45 pm JS

Session 5 **July 27–August 6**

4270.251 5:45–6:25 pm JS

Session 6 **August 10–August 20**

4270.261 6:35–7:15 pm JS

Junior Lifeguard

Ages 10–14

For youth who are confident in the water, this class is ideal for those in between swim classes and standard Lifeguard Training Courses. This class covers 5 critical areas including Prevention, Fitness, Response, Leadership, and Professionalism! Swimmers must be able to swim the front crawl for 25 yards. Continuously while breathing from the front or side, tread water for one minute using arms & legs, and swim a distance of 10 feet underwater.

4151.220	M–Th	8:15–10:10 am	6/15–6/25	*\$125	WP
4151.240	M–Th	8:15–10:10 am	7/13–7/23	*\$125	WP

*Fee includes workbook

Teen Swim Lessons

Ages 13–17

Specifically designed for teens looking to learn to swim or to build on beginning to intermediate levels of skill. The program aims to develop water confidence, teach floating, gliding and treading water techniques. Basic swimming strokes will be introduced and refined depending on each participant's prior knowledge and skill level.

Session 1

4201.201	T/Th	2:15–3:00 pm	6/16–7/9	\$60	JS
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Session 2

4201.202	T/Th	2:15–3:00 pm	7/14–8/6	\$60	JS
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Adult Swim Lessons

Adult Beginner

Designed for adults with little or no swimming experience. This level teaches basic water skills; front/back floats and glides, breath control, and 3 strokes; Freestyle, Backstroke, and Breaststroke. Skills taught will promote confidence in and around the pool, and relaxation. Classes held in the shallow end of the pool.

Session 1

4201.211	T/Th	7:30–8:15 pm	6/9–7/2	\$60	JS
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Session 2

4201.212	T/Th	7:30–8:15 pm	7/7–7/30	\$60	JS
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Session 3

4201.213	T/Th	7:30–8:15 pm	8/4–8/27	\$60	JS
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Adult Advanced Beginner

Geared for adults who have taken some swim classes, but want to build their confidence level and skills learned. Focuses on prior swim skill knowledge, rhythmic breathing, treading water, continued stroke refinement, and deep end work (jumping/diving and retrieving objects). Participants must be able to swim 25 yards freestyle independently.

Session 1

4201.221	T/Th	7:30–8:15 pm	6/9–7/2	\$60	JS
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Session 2

4201.222	T/Th	7:30–8:15 pm	7/7–7/30	\$60	JS
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Session 3

4201.223	T/Th	7:30–8:15 pm	8/4–8/27	\$60	JS
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Adult Intermediate

Designed for adults who are confident in the water. Opportunity to advance and refine swim strokes; freestyle, backstroke, and breaststroke with introduction to butterfly and sidestroke. Surface diving, open/flip turns, deep end work, and treading water are integrated into the program.

Session 1

4201.231	T/Th	8:30–9:15 pm	6/9–7/2	\$60	JS
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Session 2

4201.232	T/Th	8:30–9:15 pm	7/7–7/30	\$60	JS
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Session 3

4201.233	T/Th	8:30–9:15 pm	8/4–8/27	\$60	JS
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Adult Advanced Intermediate

Ideal for adults looking for advanced refinement in all 5 strokes; freestyle, backstroke, breaststroke, sidestroke, and butterfly for competition, pleasure, or health. Swim exercises will be explained and demonstrated for each stroke. Technique, speed, endurance, and performance are emphasized. Participants will use lane lines, circle swim, and use workout plans.

Session 1

4201.241	T/Th	8:30–9:15 pm	6/9–7/2	\$60	JS
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Session 2

4201.242	T/Th	8:30–9:15 pm	7/7–7/30	\$60	JS
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Session 3

4201.243	T/Th	8:30–9:15 pm	8/4–8/27	\$60	JS
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Summer Aquatics Registration Information

Swim testing is recommended to determine the appropriate level placements for participants. If your child has taken swim lessons before, it is usually best to repeat the last successfully completed level before advancing, especially if your child has not been actively swimming since last season. Please keep in mind that skill progress does not mean level advancement. Most swimmers will need to repeat levels during their participation in the Learn-to-Swim program.

Please note that due to the high demand for Escondido Recreation's Learn-to-Swim program, classes fill quickly. Early registration is recommended.

Mail in Registration

Mail-in form must be postmarked by Friday, April 17.



1. Fill out the registration form provided on page 39.
2. Requesting alternate classes will increase the probability of being registered at a specific class level.
3. Mail-in form and payment as directed on page 39.
 - Enclose a self-addressed, stamped envelope or e-mail address to receive a receipt to verify which class(es) your children have been enrolled in.
 - Your check will be returned if the class is full, and your name will be put on a waitlist.

Fax-In Registration

Fax-in registration is available beginning April 6. Fax-in Registration for each session must be received by 12 noon on the Friday prior to the first day of class.



1. Fax the registration form on page 39 to 760.739.7030, 24 hours a day, 7 days a week.
2. Payments by credit card only
3. Please provide a 24 hour fax number or e-mail address to receive confirmation of registration.
4. Faxed registration will be processed the next business day.

Online Registration

Online registration is available beginning April 6. Registration for each session will close at 12 noon on the Friday prior to the first day of class.



Go to activenet.active.com/Escondido to register online. Please note a nominal, nonrefundable processing fee will be charged.

Walk-in Registration

Walk-in registration is available beginning April 6 at the East Valley Community Center and the Community Services Department in City Hall, during regular business hours.



Walk-in registration will be accepted at James A. Stone Pool according to the schedule below:

June 1–August 6, Monday and Thursday, 3:30–7:00 pm
(No registration Friday–Wednesday)

Due to the high volume of aquatics registration, phone-in registration will NOT be accepted for "Learn-to-Swim" aquatic classes.

Important Guidelines

- Please adhere to age requirements for the different class levels.
- Please note skill requirements for the different level classes. **Testing is available at James Stone Pool on the following date or by appointment: Saturday, May 16, 12:00–2:00 pm.**
- Students who are enrolled for classes either above or below their ability level will be transferred to the appropriate level or dropped if no other class is available.
- We reserve the right to cancel or consolidate any classes when necessary.
- Transfer Policy: Transfers will be assessed a \$3 processing fee.
- Refund Policy: Due to the popularity of our Learn-to-Swim program and our desire to accommodate as many children as possible, the following refund policy has been implemented:

*If for any reason you cannot attend your class, you may request a transfer, credit on account, or refund by contacting aquatic staff at 760.839.4204. **All requests must be made prior to the first day of the original class.** If you request credit on account, you will receive 100% of the class fee. Refund requests will be assessed a 25% service charge, no exceptions.*



Sugar Art Workshop NEW!

Workshop • 5-Adult*

Learn how to make more art pieces with sugar, inspired by the traditional Mexican sugar skull. The workshop will emphasize in decorating a sugar owl. Sugar art pieces created in class are for decorative purposes and not for consumption. Individual children and adults are welcome!

Instructor: Carolina Celaya, Instructing Sugar Skull Art for 8 years

#1566.201	Th	6:30-7:30 pm	6/25	**\$21	EVCC
#1566.202	Th	6:30-7:30 pm	8/6	**\$21	EVCC

*\$5 discount for each additional family member
 **\$8 Material fee due for additional owls (optional)

Introduction to Zentangle Art

Workshop • Ages 13-Adult

Zentangle is fun and easy process to learn, no previous art experience is needed. Create beautiful images using repetitive patterns. Zentangle helps to increase focus and creativity. In this workshop, students will learn 8 basic patterns and complete two 3½" Zentangle tiles by the end of class. Students will be provided with a starting kit containing all materials needed.

Instructor: Rho Densmore, Certified Zentangle Teacher

#2313.200	Th	6:00-8:30 pm	5/21	**\$25	EVCC
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**\$10 Material fee due at workshop (cash only)

Zentangle Garden Class NEW!

Workshop • Ages 13-Adult

Learn how to use Zentangle patterns to create imaginative garden drawings. Several plant-like patterns will be introduced and students will use tan and grey colored papers for artwork. White highlighting will also be introduced for adding effect and depth. Students need to have completed Introduction to Zentangle class.

Instructor: Rho Desmore, Certified Zentangle Instructor

#2323.200	Th	6:00-8:30 pm	7/23	**\$25	EVCC
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**\$10 Material fee due at first class (cash only)

Paint With Family

Workshop • Ages 7-Adult

Are you ready for some creative family fun? Paint events have been gaining popularity, but now it is time for the whole family! In this workshop, with step-by-step instructions, you will create a work of art on a canvas. No experience is necessary, just a touch of creative adventure and a good sense of humor. *Parent participation is required.*

Instructor: Kari Aellig, experienced art instructor

#1261.201	F	6:00-8:30 pm	5/15	**\$20	EVCC
#1261.202	Sa	2:00-4:30 pm	6/6	**\$20	EVCC
#1261.203	W	4:00-6:30 pm	6/17	**\$20	EVCC

**\$5 Material fee due at workshop (cash only)

Acrylics, Pastels, & Charcoal Art

6 weeks • Adults

We will spend 2 classes on drawing basics and color mixing. Once drawing basics are covered, class will move into paints, pastels, and charcoals. Students will have the opportunity explore the wonders of acrylic painting, pastel painting, and/or charcoal drawing. Students will work from photos and still life objects. Some art supplies and resource materials will be provided for you in class but feel free to bring your own additional materials.

Instructor: Kathy Aldrich, Local award winning artist and teacher

#2357.210	Sa	10:00-12:00 pm	*5/9-6/20	**\$75	EVCC
#2357.220	Sa	10:00-12:00 pm	7/11-8/15	**\$75	EVCC

* No class on 5/23

**\$15 Material fee due at first class (cash only)

Art Projects with a Historical Twist NEW!

6 weeks • Adults

Each week the class will do an art project in the style of, or related to, an art movement or iconic artist. You will receive a short bio about the historic period/artist then move into a demonstration for the project. Instructor will also bring a finished sample of the project for you to see. Projects will range from prehistoric cave paintings to Andy Warhol. Materials will be provided by instructor.

Instructor: Kathy Aldrich, Local award winning artist and teacher

#2358.210	Sa	1:00-2:30 pm	*5/9-6/20	**\$70	EVCC
#2358.220	Sa	1:00-2:30 pm	7/11-8/15	**\$70	EVCC

* No class on 5/23

**\$20 Material fee due at first class (cash only)

Hand Drumming

6 weeks • Ages 16–Adult

Come feel the rhythm and get into the groove! This exciting class will explore concepts of rhythm and drumming techniques. Research has confirmed the far reaching health benefits of drumming. It reduces stress, lowers blood pressure, and improves your general health. Students will learn in an exciting group environment and experience playing together as an ensemble. Don't have a drum, no problem! Drums will be provided for all students.

Instructor: MUSICSTAR® Staff

#2253.210	W	7:00–7:50 pm	5/6–6/10	**\$69	MCC
#2253.220	W	7:00–7:50 pm	6/24–7/29	**\$69	MCC

**\$20 Material fee due at first class (cash only)

Intermediate Hand Drumming



6 weeks • Ages 16–Adult

Continue exploring the history and application of hand drumming. Come and play in an exciting drum circle. Students will gain development of more techniques and rhythm patterns. Hand drums will be provided for classroom use. Completion of Hand Drumming is required.

Instructor: MUSICSTAR® Staff

#2254.210	W	8:00–8:50 pm	5/6–6/10	**\$69	MCC
#2254.220	W	8:00–8:50 pm	6/24–7/29	**\$69	MCC

**\$20 Material fee due at first class (cash only)

Adult Ukulele

6 Weeks • Adults

This fun ukulele class will be open to both beginners and intermediate players alike, and will focus on pushing each student individually while playing together with others. Beginners will learn basic chords and strumming. While intermediate players will learn more advanced chords, melodies and techniques all while playing together. This is a perfect opportunity for you to share you interest in Ukulele.

Instructor: Gino Meregillano, Ubiquitous Music

#2249.210	M	6:00–7:00 pm	*5/11–6/22	**\$60	MCC
#2249.220	M	6:00–7:00 pm	7/6–8/10	**\$60	MCC

*No class on 5/25

**\$6 Material fee due at first class (cash only)

Adult Guitar

6 weeks • Ages 16–Adult

Learn how to play one of the world's most popular instruments! Perfect for beginners, this class requires no experience and students will learn to play basic chords and simple melodies in a fun environment. No guitar? No problem. Teacher approved guitars can be rented or purchased from MUSICSTAR® one week before class begins.

Instructor: MUSICSTAR® Staff

#2247.210	W	6:00–6:50 pm	5/6–6/10	**\$69	MCC
#2247.220	W	6:00–6:50 pm	6/24–7/29	**\$69	MCC

**\$20 material fee for Student Pack (cash only), which includes the Course Book and DVD due at first class



Concert Sound Reinforcement

6 Weeks • Adults

Learn to set-up and run sound for your band, church, or event in just 6 Weeks! This class will breakdown all the pieces of a live sound system and gives you the tools to run great sound at any event in any space. No experience required for taking the class, but experienced sound engineers are guaranteed to learn more. Class will explore indoor, outdoor, installed, and mobile systems and give you the tools to make them all sound great.

Instructor: Sam Robertson, Ubiquitous Music

#1618.200	W	6:30–8:00 pm	5/13–6/17	\$90	EVCC
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Recording & Mixing 101

6 Weeks • Adults

This class will give students the know-how to go from idea, to recording, to mixing, to finished product! In six jam-packed 90-minute classes, we will discuss different ways to capture sound as well as how to get the most from your recordings without breaking the bank. Great class for those looking to start or improve your DIY records. This class will be taught using Pro Tools, but concepts taught will relate to any and every recording program.

Instructor: Sam Robertson, Ubiquitous Music

#2251.200	T	6:30–8:00 pm	7/7–8/11	\$90	EVCC
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Makeup & Skincare

Workshop • Ages 13–Adult

In this hands-on workshop, you will learn step-by-step makeup application techniques that will enhance your beauty. Learn the best way to treat rosacea, acne age spots, dark under-eye circles, and skin discoloration. Learn your skin type and what skin care product to use. Understand your skin type and how to ensure beautiful clear skin. Discover what to use for those pesky fine lines and wrinkles. Whether you're a stay at home mom, student in school, or a working professional, you will leave confident and ready to put your "best face forward"!

Instructor: Michelle Jackson, 30 years of makeup and skincare expert

#2187.200	Sa	12:30–3:00 pm	7/11	**\$49	EVCC
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**\$35 Material fee due at first class (cash only)

Soothing Sciatica, Supporting Your Spine—Back Relief NEW!

Workshop • Ages 16–Adult

Most Americans will suffer from back pain at some time during their life—will you be among them? This workshop offers an opportunity to break out of the cycle of worse and worse back events, occurring more and more frequently. Find out how to take care of yourself, manage current pain, and avoid episodes in the future using the Feldenkrais Method®. All are welcome—accommodations will be made to ensure the comfort of all participants.

Instructor: Anita Noone, Guild Certified Feldenkrais® Practitioner

#2162.201 Sa 10:00–1:00 pm 5/9 \$50 MCC

Natural Pain Relief, the Feldenkrais® Way NEW!

8 weeks • Ages 16–Adult

Do you have back, neck, hip, knee or other pain issues? After years of consulting with chronic pain patients, Feldenkrais® teacher Anita Noone, is ready to share techniques with you. These techniques will allow you to manage and possibly eliminate your pain without drugs, injections, or supplements. Come develop new tools, whether you are currently in pain, or just want to be prepared. Knowing how to manage pain also addresses unpleasant mental states, such as anxiety.

Instructor: Anita Noone, Guild Certified Feldenkrais® Practitioner

#2162.202 T 10:00–11:00 am 6/2–7/21 \$90 MCC

Remember Anything

Workshop • Adults

We’ve all had them—test blackouts, “tip of the tongue” lost data, senior moments. They’re annoying, embarrassing, and even destructive. But they’re not a signal of intelligence or age! “Forgetting” is the result of an untrained mind. Once you know the expert strategies, you can quickly remember any kind of information, numbers, and what you read. Join us and change the way you view your extraordinary memory! Note: This workshop is separate from last session; you can take this one with or without the previous session and still come away with much more memory power!

Instructor: Linda A. Lee, Ph.D., College Learning Specialist

#2171.200 Th 6:00–8:30 pm 5/21 \$49 PACC

Speed Comprehension NEW!

Workshop • Adults

What would happen if you could double or triple your reading rate and also comprehend more? You’d have extra time and more knowledge! This workshop will show you how to get both! It covers blocks that hold us back, speed reading techniques, and find-it-fast, comprehension strategies. You’ll leave with real know-how about how to get speed comprehension on the actual materials you read every day. Bring your reading materials to class & you’ll get personal practice time!

Instructor: Linda A. Lee, Ph.D., College Learning Specialist

#2179.200 M 6:00–8:30 pm 6/15 \$49 PACC



Pilates Mat for Beginners—The Basics NEW!

4/5 weeks • Adults

This is a Pilates Mat class designed just for beginners. We will focus on the principles and fundamentals of Pilates and beginning mat exercises, helping you to start your Pilates journey off right! This class is suitable for everyone, and can improve core strength and posture while reducing stress.

Instructor: Kerry Hutchinson, Mat Pilates Certified

#2659.210	M	6:00–7:00 pm	*5/4–6/1	\$32	EVCC
#2659.220	M	6:00–7:00 pm	6/8–7/6	\$40	EVCC
#2659.230	M	6:00–7:00 pm	7/20–8/17	\$40	EVCC

*No class on 5/25

Pilates Mat Class

4/5 weeks • Adult

Pilates Mat is a great workout for the body, mind, and spirit. It is designed to strengthen while stretching the body through slow, deliberate, and precise movements. Pilates is suitable for everyone and every body type. Pilates can improve posture, strength, and reduce stress.

Instructor: Kerry Hutchinson, Pilates Mat Certified

Session 1

#2622.212	M	7:10–8:10 pm	*5/4–6/1	\$32	EVCC
#2622.213	W	6:45–7:45 pm	5/6–6/3	\$40	MCC

Session 2

#2622.222	M	7:10–8:10 pm	6/8–7/6	\$40	EVCC
#2622.223	W	6:45–7:45 pm	6/10–7/8	\$40	MCC

Session 3

#2622.232	M	7:10–8:10 pm	7/20–8/17	\$40	EVCC
#2622.233	W	6:45–7:45 pm	7/22–8/19	\$40	MCC

*No class 5/25

Adult Ballet

9 weeks • Ages 15–Adult

Ballet is not just for kids! We will practice basic barre exercises, stretches, and center combinations to beautiful music. This class is designed to improve strength, flexibility, coordination, and balance.

Instructor: Cindy Ahler

#2203.211 Beg/Int. W 6:00–7:00 pm *6/17–8/19 \$81 EVCC

*No class on 7/1

Line Dance

6 weeks • Adults

Line Dance isn't just country anymore! Basically, if it has a beat, we'll dance to it! Music selection includes but is not limited to Jimmy Buffet, Lady Gaga, Train, El Simbolo, George Strait, Loretta Lynn, Rihanna, and more. No experience or special shoes are required to join this dance class—just a desire to get moving and have fun with good people having a good time.

Instructor: Carol Stroecker, 16 years of teaching
Line Dance

#2200.210	T	7:00–8:30 pm	*5/5–6/23	\$35	PACC
#2200.220	T	7:00–8:30 pm	*6/30–8/18	\$35	PACC

*No class on 5/12, 6/9, 7/7, and 8/11

Hula Basics & Workout

4 Weeks • Ages 13–Adult

Learn the foundation of Hula through basic steps while getting a great low impact cardio-vascular workout to Hawaiian music. Bring your Ohana (family) and enjoy a mini vacation to Hawaii every week.

Instructor: Kelly Haupu, Experienced Hula Instructor

#1367.216	W	6:30–7:30 pm	5/6–5/27	**\$55	KH
#1367.226	W	6:30–7:30 pm	6/3–6/24	**\$55	KH
#1367.236	W	6:30–7:30 pm	7/8–7/29	**\$55	KH

**\$10 Discount for each additional family member

Functional Cardio Bootcamp

8/7 Weeks • Ages 16–Adult

Commit to be fit! Celebrate your health in an encouraging energetic environment! This bootcamp will help you to achieve a better quality of life by starting with a dynamic warm-up emphasizing each joint from the ground up. You will learn how to use the latest functional fitness equipment (suspension trainers, toner band, battle ropes, stability balls, kettle bells, and sand bags). You will conclude each workout with a cool down comprised of yoga and stretching, returning the body back to a resting state. Join us and sculpt the body you've always wanted and deserved.

Instructor: Michael Zerbado/Your Fitness Progress, TRX
Instructor Certified

Session 1

#2679.211	T	6:30–7:30 pm	5/5–6/23	\$80	EVCC
#2679.213	Sa	9:00–10:00 am	5/9–6/27	\$80	GDP
#2679.214	Sa	10:30–11:30 am	5/9–6/27	\$80	MCC

Session 2

#2679.221	T	6:30–7:30 pm	6/30–8/18	\$80	EVCC
#2679.222	Sa	9:00–10:00 am	7/11–8/22	\$70	GDP
#2679.224	Sa	10:30–11:30 am	7/11–8/22	\$70	MCC

Zumba / Zumba Toning

5/6 weeks • Ages 16–Adult

If you love Zumba, come join us for a combination of Zumba and Zumba Toning. Both classes create a party-like atmosphere and incorporate Latin and International music and dance movements. Zumba Toning utilizes an innovative muscle training protocol and the addition of light-weight toning sticks or dumbbells. This combo class is designed to improve cardiovascular health, improve overall performance, and sculpt your muscles. Let's party while getting fit!

Instructor: Angie Smith, AFAA & Zumba Certified

#2643.210	Th	7:00–8:00 pm	5/7–6/4	\$30	EVCC
#2643.220	Th	7:00–8:00 pm	6/11–7/9	\$30	EVCC
#2643.230	Th	7:00–8:00 pm	7/16–8/20	\$36	EVCC

POUND™ Rockout Workout

6 weeks • 16–Adult

POUND is a full-body cardio jam session, combining light resistance with constant drumming. The workout fuses cardio, pilates, isometric movements, and plyometrics into a 45 minute series. After you are done rocking out to a 45 minute POUND track, you'll have completed 15,000 reps, performed over 30 extended interval peaks, and zipped through 70 techniques without even realizing it!

Instructor: Cynthia Demorest, POUND Certified

Session 1

#2635.211	M	6:00–6:45 pm	6/1–7/6	\$40	EVCC
#2635.212	Sa	9:00–9:45 am	*5/30–7/11	\$40	MCC

Session 2

#2635.221	M	6:00–6:45 pm	7/13–8/17	\$40	EVCC
#2635.222	Sa	9:00–9:45 am	7/18–8/22	\$40	MCC

*No class on 7/4

Reality Yoga

14 weeks • Adults

Here is a user-friendly class that combines Hatha Yoga, sports medicine stretches, and simple meditation techniques. You will learn to relax joints and ligaments, increase circulation, improve muscle tone, and calm the emotions. Yoga is a great way to avoid mental, emotional, and physical illness due to stress.

Instructor: Nina Deerfield, Naturopathic Physician, has
taught for Escondido Recreation for 25 years

#2600.200	T	5:00–5:55 pm	5/12–8/11	\$154	MCC
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T'ai Chi / Chi Gong

14 weeks • Adults

Reduce stress, increase energy, improve physical and mental health by learning the slow, relaxed movements of T'ai Chi & Chi Gong. You will learn how to handle stress and change, how to obtain higher energy levels, and achieve internal and external balance and harmony in your life. All fitness levels welcome.

Instructor: Nina Deerfield, Certified Master City of
Escondido Instructor for 25 years

#2601.200	T	6:00–6:55 pm	5/12–8/11	\$154	MCC
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Tennis

5/8 weeks • Ages 15–Adult

Beginners (Beg.): Covers forehand, backhand, service, rules, and court etiquette for the beginning player.

Intermediate (Int.): Focuses on ground strokes and use of spins, volley, footwork, and positioning. Players should be able to rally, play out points, and have some match experience.

Advanced (Adv.): Emphasis is on advanced net play and doubles movement with a partner, for the intermediate player moving toward tournament play.

Instructor: Andre Rerolle, USTA certified and assistant tennis coaches

Session 1

#2401.215 Beg.	W	6:00–7:30 pm	5/6–6/3	\$58	KCP 7&8
#2401.216 Int/Adv.	W	7:30–9:00 pm	5/6–6/3	\$58	KCP 7&8

Session 2

#2401.225 Beg.	W	6:00–7:30 pm	6/10–7/8	\$58	KCP 7&8
#2401.226 Int/Adv.	W	7:30–9:00 pm	6/10–7/8	\$58	KCP 7&8

Session 3

#2401.235 Beg.	W	6:00–7:30 pm	7/15–8/12	\$58	KCP 7&8
#2401.236 Int/Adv.	W	7:30–9:00 pm	7/15–8/12	\$58	KCP 7&8

8 Week Class

#2401.217 Int.	Sa	8:30–10:00 am	5/9–6/27	\$87	MVP 1&2
#2401.227 Int.	Sa	8:30–10:00 am	7/11–8/29	\$87	MVP 1&2

“I am one of the longest members of the class, having been with the class for over seven years. Coach Andre and his assistants are professional, enthusiastic, and knowledgeable of the game. They provide an environment that is conducive for continual learning.”

—Kellie O.

Safety Awareness & Self-Defense Option 1 Workshop • Ages 13*–Adult

This two-hour course will teach you the basics to help avoid being the victim of a crime. We will explain danger cues and awareness, and you will learn simple self-defense techniques that can help you escape a physical attack. Other topics will include identity theft, home safety, and legal options for self-defense. There will be no physical participation in this class.

Instructor: Lieutenant Al Owens, police officer for 18 years and Defense Tactics Instructor for 16 years

#2152.200	W	6:30–8:30 pm	6/3	\$15	EPFH
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Safety Awareness & Self-Defense Option 2 Workshop • Ages 13*–Adult

We begin with a review of the Part 1 course and then move into some practical application of self-defense techniques described in Part 1. Class will concentrate on form, while building confidence and having fun. All techniques will be controlled and performed at low-intensity to avoid injuries. This class is geared toward students who have little or no experience with martial arts, boxing, or grappling.

Instructor: Lieutenant Al Owens, police officer for 18 years and Defense Tactics Instructor for 16 years

#2153.200	W	6:30–8:30 pm	6/10	\$15	EPFH
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Shallow Water Aerobics

8 weeks • Adults

Are you looking for a workout that will invigorate and motivate you to come back for more? This program is designed to increase your cardiovascular capacity while firming and toning your muscles. You will leave feeling refreshed and renewed with added flexibility.

Instructor: TBA

Session 1

#2610.211	M/W–2 days	12:00–12:45 pm	*5/4–6/24	\$60	JSP
#2610.212	M/W–1 day	12:00–12:45 pm	*5/4–6/24	\$43	JSP

Session 2

#2610.221	M/W–2 days	12:00–12:45 pm	6/29–8/19	\$64	JSP
#2610.222	M/W–1 day	12:00–12:45 pm	6/29–8/19	\$43	JSP

*No class on 5/25

Deep Water Aerobics

8 weeks • Adults

Getting FIT FAST will be fun and easy using the “toys” specially designed for deep water training. You will improve your cardiovascular capacity while toning and trimming your entire body. Get ready for an energized workout!

Instructor: TBA

Session 1

#2611.210	T/Th–2 days	12:00–12:45 pm	5/5–6/25	\$64	JSP
#2611.211	T/Th–1 day	12:00–12:45 pm	5/5–6/25	\$43	JSP

Session 2

#2611.220	T/Th–2 days	12:00–12:45 pm	6/30–8/20	\$64	JSP
#2611.221	T/Th–1 day	12:00–12:45 pm	6/30–8/20	\$43	JSP

Adult Beginning Ice Skating

8 weeks • Ages 16–Adult

Has someone told you that you are too old to ice skate? Let’s prove them wrong! Whether you’ve always wanted to ice skate but never tried, or you used to skate and want to get back into it, join us for some fun. You will learn basic skating skills, gain confidence, and learn to feel comfortable on the ice.

Instructor: Ice-Plex Staff

#2624.210	W	6:30–7:00 pm	4/29–6/17	**\$85	ICE
#2624.220	W	6:30–7:00 pm	7/8–8/26	**\$85	ICE

**Includes skate rental & public skating from 3:15–5:15 pm on day of class

Tae Kwon Do

12 weeks • Ages 6–Adult

Develop physical and mental discipline, strength, endurance, and coordination. Learn the Korean martial art of Tae Kwon Do (kicks, blocks, punching), Hapkido (joint locking techniques), Yudo (throwing and grappling) and basic weapons. Become more confident and learn basic self-defense techniques.

Instructor: Skip Leonard, Certified by WTF, City of Escondido Instructor for 21 years

#2613.212	M/Th	5:00–6:00 pm	6/15–9/10	**\$99	MCC
#2613.213	M/Th	6:15–7:15 pm	6/15–9/10	**\$99	MCC
#2613.214	M/Th	7:30–8:30 pm	6/15–9/1	**\$99	MCC

***Martial arts uniform is required and may be purchased from the instructor for \$20.*



Dynamic T'ai Chi Cane Routine NEW!

16 weeks • Adults

Come join our energetic group for a truly unique experience that will challenge, complement, and elevate your workout routine to a higher level. The instructor will guide you through a custom choreographed Martial Arts routine designed to improve stamina, coordination, and sharpen mind/body connection. Each movement of the form can also be applied as an effective self-defense technique and is derived from the foundation of T'ai Chi. This routine can be modified for individual fitness levels. Canes provided for use in class.

Instructor: Jill Feltoich, Certified T'ai Chi Instructor T'ai Chi Healthways

#2663.200	W	4:20–5:20 pm	5/6–8/19	\$140	MCC
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T'ai Chi Bang Stick Routine NEW!

16 weeks • Adults

Cultivate and improve energy, balance, mental focus, and joint flexibility through this rhythmic T'ai Chi routine performed with a short smooth flute-like stick known as a Bang. The form is derived from the time-proven art of T'ai Chi. Each posture can also be interpreted & implemented as an effective self-defense technique and/or for stress-reducing calming flow. This routine can easily be modified depending on the desires and abilities of the student. Bang sticks provided for use in class, and/or available for purchase from the instructor.

Instructor: Jill Feltoich, Certified T'ai Chi Instructor T'ai Chi Healthways

#2662.210	W	5:30–6:30 pm	5/6–8/19	\$140	MCC
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Escondido Recreation Adult Softball League

Summer: • 10 Week Season plus playoffs

Winter: • 6 Week Season plus playoffs

Divisions

All players must be 18 years of age to play in adult leagues unless otherwise posted for + divisions.

- Monday—Coed A, B, C, & D
- Tuesday—Women's A & B and Men's 45+
- Wednesday—Men's A & B
- Thursday—Men's 35+ A & B, and Women's 30+
- Friday—Men's C, D, E, & F

Cost

- Team Fees—\$400 (Late Fee \$430), Summer 2015
- Team Fees—\$250, Winter 2015
- Umpire & Scorekeeper Fees—\$20 per game per team



Season	Game Days	Registration Open	Registration Closes	Schedule Hand-Out	Season Dates
Summer 2015	M–F	May 18, 2015	June 19, 2015	July 1, 2015	July 6–October 16, 2015
Winter 2015	M–F	September 21, 2015	October 16, 2015	October 28, 2015	November 2–January 8, 2015

Registration packets for coed, men's & women's leagues will be available at Kit Carson Park Softball Complex during the season, City Hall, or on our Web site at recreation.escondido.org



EVCC Gym Activities

East Valley Community Center
2245 East Valley Parkway

Looking to play a little pick-up basketball, spike a volleyball, swat a birdie, or hit a pickleball, then the EVCC gym is the place for you!

What: Basketball, Volleyball, Badminton, and Pickleball

When: Mondays–Saturdays

Who: All Ages or Adults Only–depending on open gym schedule

Cost: \$2 per person, per visit. No charge for spectators accompanying minors

For the most recent schedule updates, call 760.839.4382 or visit recreation.escondido.org/open-gym.aspx

Gym schedule is subject to change without notice.



Escondido Recreation Youth P.A.L. Basketball League

Coed Divisions • 8 Week Season plus Playoffs/Finals

Divisions

- | | | | |
|--|--------------------|-------------------------|-----------------------|
| • B: Middle School • 6 th –8 th graders | Cost **\$55 | Summer #4131.203 | Fall #4131.303 |
| • C: Elementary School • 4 th & 5 th graders | **\$50 | #4131.202 | #4131.302 |
| • D: Elementary School • 2 nd & 3 rd graders | **\$50 | #4131.201 | #4131.301 |

Practices:

1–hour practice, once a week
 Tuesdays or Thursdays between 4:00–8:00 pm

Games:

Mainly Saturdays
 East Valley Community Center,
 2245 East Valley Parkway, Escondido 92027



Season	Game Days	Registration Open	Registration Closes	Assessment Day	Season Dates
Summer 2015	Saturday	April 13, 2015	May 13, 2015	May 16, 2015	May 30–August 15, 2015
Fall 2015	Saturday	August 10, 2015	September 9, 2015	*September 12, 2015	September 26–December 5, 2015

**Division C and D players will be assigned to school teams.*

***Volunteer coaches will get \$10 off registration for first child.*

More information can be found on our website at recreation.escondido.org

Escondido Skatepark • SKATE • SCOOTER • BIKE • INLINE

Escondido Sports Center • 3315 Bear Valley Parkway



Our Skatepark Camps are designed with all extreme sports in mind. If you want to learn to scooter, skateboard, inline, or bike, these camps are for you! Instructors and their special guest helpers (sponsored riders in various disciplines) are there to assist you and answer questions at all times! Whether you just want to ride for a week with a group of friends or pick up some new moves in the skatepark, these camps are for everyone!

For more information, contact Tim Hodgson at Thodgson@escondido.org.

9:00 am–12:00 pm • Ages 6–13 • \$99

June 22–26
#4037.201

July 13–17
#4037.202

August 3–7
#4037.203



The Annual Summer Lock-In is a fun-filled night under the stars where you get the chance to play games, skate all night, enjoy some food all while being fully supervised by Escondido Sports Center staff.

ANNUAL SUMMER LOCK IN! JULY 11
Spend the night in the park!
#4026.201 • 10 pm–8 am • Ages 8–16 • \$40
Maximum 40 participants

Sessions	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
MORNING 10:00 am–12:00 pm	<h2 style="margin: 0;">Skate Park Hours Until October 31</h2>					Scooter Only	Combo
LUNCH 12:00–3:00 pm						Birthday Parties	Birthday Parties
AFTERNOON 4:00–7:00 pm	Combo	Combo	Combo	Combo	Combo	Combo	Combo
NIGHT 7:00–10:00 pm	Skate & Inline	Combo	Combo	Bikes Only	Combo	Combo	Bikes Only

Call 855.ESC.4ALL (855.372.4255) or visit sportscenter.escondido.org for more information.



760.839.5425 | sportscenter.escondido.org

Youth Arena Soccer Leagues

Registration Dates

Summer 2015: April 6–June 15

Fall 2015: July 6–September 8

Season Dates

Summer 2015: July 9–August 28

(Registration begins April 6, 2015)
Fall 2015: September 24–December 19

Teams

All teams will be formed using a computer program which takes into consideration coaches and parent evaluation, age, gender, number of seasons played, and skill level. You will be contacted the week before the season begins.

Coaches

Help as a coach and we will give you the materials needed to be effective and lead your team. Coaches receive a \$20 discount if selected (one discount per team) and may request 3 players for your team including your children). A pre-season coaches meeting will include rules, drills, and positions. Please fill out an application. The head coach is required to be fingerprinted. Completion of the above does not guarantee a position as coach.

See sportscenter.escondido.org or call 760.839.5426 for more information.

Divisions	Primary Day & Time (Approximate)	Alternate Day & Time (Approximate)	Cost
3 & 4 years	Saturday, 8:30 am–2:00 pm	n/a	\$75 Summer / \$85 Fall
5 & 6 years	Thursday, 4:30–8:00 pm	Saturday, 10:00 am–2:00 pm	\$80 Summer / \$90 Fall
7 & 8 years	Friday, 4:30–8:00 pm	Saturday, 9:00 am–2:00 pm	\$80 Summer / \$90 Fall
9–11 years	Thursday, 4:00–8:00 pm	Friday, 4:00–8:00 pm	\$80 Summer / \$90 Fall
12–14 years	Friday, 4:00–8:00 pm	Thursday, 4:00–8:00 pm	\$80 Summer / \$90 Fall



British Soccer Camps 2015

The Largest, Most Popular, Camp Program in the USA and Canada! More campers, more coaches, more great new games & practices, and more FREE STUFF!

First Kicks • Ages 3–4

Monday–Friday • 8:30–9:30 am
\$77 per session

Mini Soccer • Ages 4–5

Monday–Friday • 9:30–11:30 am
\$105 per session

Half Day • Ages 6–16

Monday–Friday • 8:30 am–1:00 pm
\$145 per week



To register please visit
www.challengersports.com



Lil' Kickers Soccer for Kid's

Lil' Kickers is considered "the highest quality instructional-based child development soccer program in America" and the perfect preparation for youth recreational soccer leagues.

Bunnies • 18–24 Months (Parent/Child)

Saturday 9:00 am

Thumpers 2–3 Years (Parent/Child)

Saturday 10:00 am

Cottontails • 2½–3½ Years (Parent/Child)

Sunday 9:00 am

Hoppers • 3–4 Years (Beginner)

Wednesday 5:00 pm
Saturday 8:00 am, 10:00 am
Sunday 10:00 am

Jackrabbits • 3–4 Years (Intermediate)

Wednesday 4:00 pm
Saturday 9:00 am

Big Feet • 5–6 Years (Beginner)

Wednesday 4:00 pm
Saturday 9:00 am

Micro League • 4–5 Years (Instruction/Scrimmage)

Wednesday 5:00 pm
Saturday 10:00 am

Micro League • 6–9 Years (Instruction/Scrimmage)

Saturday 8:00 am
Sunday 10:00 am

Skills Level 1 • 4–5 Years (Micro Experience Only)

Saturday 8:00 am

Skills Level 1 • 6–7 Years (Micro Experience Only) (8–9 years Can Join)

Sunday 9:00 am

To register call 858.748.4260 or register online at
www.ncspsoccer.com



Adult Hockey

Escondido Sports Center • 3315 Bear Valley Parkway

\$599 per team
(summer and winter)

8-week summer &
winter season+
(playoffs/finals)

\$749 per team
(spring and fall)

10-week spring and
fall season+
(playoffs/finals)

AAU Certified Referees

Season Dates

Season	Season Dates (Approximate)	Registration Opens	Registration Closes	Schedules Available
Spring 2015	March 29–June 9	January 12, 2015	March 16, 2015	March 23 at the ESC after 3:00 pm
Summer 2015	June 21–September 9	March 30, 2015	June 15, 2015	June 17 at the ESC after 3:00 pm
Fall 2015	September 20–December 15	July 6, 2015	September 9, 2015	September 16, 2015
Winter 2016	TBA	TBA	TBA	TBA

Game Days

Each division is assigned two game days, a “primary” and “alternate”. The league will try to schedule most or all of the games on the “primary” days, time permitting. However, teams MUST be available to play on both of these days.

Rosters

Individuals, excluding goalies, may NOT play on more than one team in the same “Program Area” without league director approval. The three “Program Areas” are defined as follows: #1: Silver, Bronze, and Copper, #2: 30+, and #3: Adult Open

Fee Includes

8–10 game “Stanley Cup” season, includes playoffs, finals, champions shirts, website champions page, and refs.

Format

Play is 4 v 4 plus a goalie. The AHL is designed for teams that are already formed and wish to compete together. Teams register as one unit. Interest list is available for those individuals wanting to join a team.

To Register

Pick up a registration packet at ESC or download at sportscenter.escondido.org, complete the team registration form, official roster/waiver forms. Pay the team fee before the registration deadline. Current Sports Center I.D. card is required for each player. I.D. cards can be purchased for \$10 (annual) during normal business hours: M–F: 3:00–7:00 pm, Sat: 8:00 am–6:00 pm & Sun: 1:00–6:00 pm.

Divisions & Game Days

Season	Primary Day	Alternate Day	Game Time (Approximate)
Silver	Monday	Tuesday / Wednesday	6:00–10:00 pm
Bronze	Monday	Tuesday / Wednesday	6:00–10:00 pm
Copper	Tuesday	Monday / Wednesday	6:00–10:00 pm
Open	Tuesday	Monday / Wednesday	6:00–10:00 pm
30+	Sunday	Monday / Tuesday / Wednesday	4:00–10:00 pm

Learn To Play Hockey!

Price: FREE

Ages: 5–12 years old

Days: Saturday, 1:00–2:00 pm

Length: Six Weeks

Location: Escondido Sports Center

Call 760–452–8440 or visit districthockey.com.registration



760.839.5425 | sportscenter.escondido.org

Preregistration is required for all classes. Classes fill quickly so register early!
Registration Begins Monday, April 6

5 easy ways to register NOW for Escondido Recreation classes and activities:

<p>1 Online Internet Registration</p> <ul style="list-style-type: none"> • Visit our Website, recreation.escondido.org and click on the link for Online Registration. • Complete the online registration information, pay by Visa, MasterCard, American Express, or Discover and receive an instant e-mail confirmation. <p><i>Please note: A nominal, nonrefundable, processing fee will be charged.</i></p>	<p>2 Phone-in</p> <ul style="list-style-type: none"> • Call 760.839.4691 Monday–Friday • Pay by Visa, MasterCard, American Express, or Discover • Registration receipts will be emailed with liability waiver to sign and return to city. 	<p>3 Walk-in Two convenient locations:</p> <ul style="list-style-type: none"> • Community Services Department in City Hall, 201 North Broadway Monday–Friday 8:00 am–5:00 pm • East Valley Community Center, 2245 East Valley Parkway Monday, Wednesday, & Friday 8:30 am–8:30 pm Tuesday & Thursday 11:00 am–8:30 pm Saturday 8:30 am–4:30 pm
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See registration form for Mail-in **4 or Fax-in **5** details.**

PLEASE NOTE:

- **A minimal processing fee will be added for all registration transactions.**
- **Registration cannot be taken in class.** Most of our instructors are independent contractors so they cannot process registration; however, they do collect material fees in class (cash only).
- **Fees will not be prorated if you register after class has started.**

How do I request a refund or credit?

To request a refund or credit, contact the customer service staff at City Hall or the East Valley Community Center. The registration processing fee is non-refundable.

On-Going Classes (two classes or more)

- If you choose credit on account, you will receive 100% of the class fees, minus any classes that have occurred. This is the best value!
- If you choose a refund, a 25% service charge will be deducted from the total fee of the class. Additionally, any classes attended or missed will also be deducted.
- All requests for refunds or credits MUST be made before the last class.

One-Time Workshops

- Requests for refunds or credits MUST be made two business days before the workshop is held. Business days are Monday through Friday 8–5 pm.
- NO REFUNDS or CREDITS will be given after the deadline.
- If you choose credit on account, you will receive 100% of the class fees.
- If you choose a refund, a 25% service charge will be deducted from the total fee of the class.

Credit on account is valid for one year from issue date.

- Aquatic classes have a different transfer/refund policy. Call aquatic staff at 760.839.4204.
- Summer Fun Kid’s Camps have a different refund policy. Call Summer Fun Kid’s Camp staff at 760.839.5483.

Requests for ADA Accommodation

Qualified individuals with disabilities who wish to participate in Escondido Recreation programs, services, or activities and who need accommodation are invited to present their requests for accommodation to the City by filling out a Request for Accommodation Form or an Inclusion Support Form for Minors; or by calling 760.839.4643, preferably at least seventy-two hours in advance of the event or activity.

Your satisfaction is important to us!

Our goal is to provide you with the highest quality recreational programs. If a class doesn’t meet your expectations, we want to know about it. Please contact us as soon as possible so we can improve our service.

4 Mail-In / Fax-In Registration Form

5 Fax-In Registration: 760.739.7020

To receive registration confirmation, please provide a 24-hour fax number or e-mail address.

ADULT/GUARDIAN NAME:			
ADDRESS:	APT.#:	CITY:	ZIP:
MOBILE#: ()	HOME#: ()	FAX#: ()	
E-MAIL:			

ACTIVITY REGISTRATION NUMBER	ACTIVITY NAME	PARTICIPANT'S NAME (First and Last)	BIRTHDATE	M / F	FEE
# .			/ /		
# .			/ /		
# .			/ /		
# .			/ /		
# .			/ /		

ALL MAJOR CREDIT CARDS ACCEPTED

NAME AS IT APPEARS ON CARD: _____

CARD#: _____ EXPIRATION DATE: _____

I HEREBY AUTHORIZE THE USE OF MY CREDIT CARD:

SIGNATURE: _____

SUBTOTAL	
SCHOLARSHIP TYPE _____	\$
CREDIT ON ACCOUNT	\$
OPTIONAL SCHOLARSHIP DONATION	\$1.00
SUBTOTAL	
PROCESSING FEE (5.5%)	
TOTAL	

<p>Make checks payable to: City of Escondido</p> <p>Provide email address to receive a receipt.</p>	<p>Mail check and form to: Community Services Department 201 North Broadway Escondido, CA 92025-2798</p>
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PLEASE READ WAIVER AND SIGN BELOW

Each adult must sign a separate waiver. A parent/guardian must sign for their children 17 and under.

I agree to indemnify, defend, and hold harmless the City of Escondido, its officers, agents, and employees from any and all loss, damage, liability, cost, or expenses arising out of or resulting from the use of equipment or property owned by or under the control of the City of Escondido whether or not that liability, loss, or damage is caused by or arises out of any act or omissions of the City of Escondido, its officers, agents or employees.

I also understand that the City of Escondido does not carry insurance to cover participants in the activities in which I, my child, or my ward is participating. I understand there are risks associated with these activities and I assume the risk of any injuries that I, my child, or my ward may sustain during any of these activities. I forever discharge the City of Escondido, its officers, agents, and employees, from my lawsuits, damages, claims or judgments resulting from any personal injuries or property damages that I, my child, or my ward may sustain while using City property or equipment, or while participating in an activity sponsored by the City of Escondido.

I understand that the City may take photographs/videos for the use in City publications, Websites, and news releases without my written consent.

I have read the above Waiver/Release of Liability and understand it.

Participant/Parent or Guardian Signature: _____ Date: _____



Our loyal workshop volunteers: Mickey Edwards and Nick and Nate Hurst.

Composting—Nature’s Way to Recycle

Composting is the decomposition of organic material such as leaves, twigs, grass clippings, and food scraps. Composting helps to keep organic material out of our landfills and turns that material into a useful product.

Compost is the soil product that results from composting. It is great for gardens and landscaping and can save you money by not having to buy soil conditioners and fertilizer.

Composting can be easy!

Composting can be practiced in most backyards in a homemade or manufactured composting bin. Instructions for making your own backyard composting bin and vermicomposting (worm!) bin are available. See website and phone numbers at bottom of page.

Temperature and time

Compost piles with the right blend of greens and browns that are kept moist will heat up to a temperature of 120–160° F. This high temperature will kill most weed seeds and produce compost in two months. Compost piles that aren’t maintained as well will also create usable compost, but it will take much longer.

When is it done?

Your compost is finished when the original material has been transformed into a uniform, dark brown and crumbly product with an earthy aroma.



Attend A Free Workshop!

The next free composting workshop is at the Escondido Community Garden (located at Centre City Parkway and Decatur Way) on Saturday, July 18, 2015 at 8:30 am.

No registration required. For details, go to www.escondido.org or call 760.839.4342.

Questions? Call the Recycling Division at 760.839.4342 or visit www.escondido.org

Put Toxic Waste in Its Place!

What is toxic waste?

Toxic waste is any left over household product labeled “Danger,” “Warning,” “Caution,” “Poison,” “Toxic,” “Flammable,” “Corrosive,” or “Reactive.”

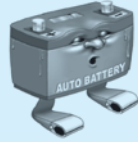
What do I do with toxic products?

Use the product and put the empty container in your trash or recycling cart—or give the leftover product to someone who can use it. If you have left over product that you will not use, bring it to a household hazardous waste facility.

Are electronic devices considered hazardous waste?

Yes, most electronics must be disposed of at a hazardous waste facility or an authorized collection, recycling, or disposal site.

All batteries, fluorescent tubes, and sharps must be disposed of at an authorized collection site.



What about used motor oil & filters?

If you ONLY have used motor oil or filters, please bring them to one of Escondido’s 15 Certified Used Oil Collection Centers. You may also bring used motor oil and oil filters to a hazardous waste facility.



Household Hazardous Waste Disposal Site for City of Escondido Residents

1044 West Washington Avenue, Escondido. Appointment required—call 760.745.3203 to schedule an appointment. Open two Saturdays per month, 9:00 am–3:00 pm.

Is there a fee to use Escondido’s Household Hazardous Waste Facility?

No, there is no charge if you are a City of Escondido resident. Residents of the unincorporated county should call 1.877.713.2784.

Are there other facilities I can use?

Yes, Escondido incorporated residents may also use the permanent household hazardous waste sites located in Vista and Poway. These sites are open most Saturdays and do not require an appointment.

How much material may I transport?

You may not transport more than 15 gallons or 125 pounds at a time (excluding electronic waste). Each container should be no larger than 5 gallons and clearly labeled.

For used oil collection center locations, call the Recycling Hotline at 760.839.4818 or visit www.escondido.org. If you have specific questions, call Recycling Division staff at 760.839.4342.

Look For Us at Community Events

Spin the wheel and win a fabulous prize! Visit our booth for recycling and waste reduction information, community service group ideas and free stuff. Our next community appearance will be Saturday, June 20, 2015 at the San Diego County Fair on Escondido Day.



Find us on Facebook and Instagram!



facebook.com/escondidorecycling



[@escondidorecycling](https://instagram.com/escondidorecycling)



Escondido Public Library

239 South Kalmia Street, Escondido CA 92025 • 760.839.4684 • library.escondido.org

Renew materials online or by phone: 760.738.0249

LIBRARY

239 South Kalmia Street
Escondido, CA 92025
760.839.4684

Hours

Mon–Tues 10 am–8 pm
Wed–Fri 10 am–6 pm
Sat 10 am–5 pm

ESCONDIDO TECHNOLOGY CENTER

In the East Valley Community Center

2245 East Valley Parkway
Free computer access & WiFi
760.839.4395

Hours

Mon–Thurs 12–6 pm

LITERACY SERVICES

Improving Reading & Writing Skills by appointment

760.839.5440

PIONEER ROOM

Local History Archive

247 South Kalmia Street
Escondido, CA 92025
760.839.4315

Hours

Tues–Thur 1–5 pm
Sat 10 am–2 pm

Volunteer Opportunities
760.839.4819



¡Se Habla Español!

Read to the Rhythm! Summer Reading Clubs for all Ages!

MUSIC • READING • DANCE

June 15–August 1 • Read and attend programs. **EARN PRIZES!**



TEENS (entering 7th–12th grades next fall)

- Talent contest
- Dance classes
- Craft projects
- Live concert

ADULTS

- 6/23—Interactive Musical Concert about Julian’s 1870’s Gold Rush, sponsored by the Pioneer Room Friends
- 2nd Tuesday Book Club—*Nocturnes*
- 2nd Saturday Concerts
7/11—Yale Strom & Hot Pstromi (Klezmer Music)
8/8—Neave Trio (Chamber Music)
- 4th Saturday Rincón Literario Bilingual Book Club—*Me Llamo Bud, No Buddy / Bud, Not Buddy*

BABIES (Newborn–2 years)

- Wednesday storytimes & scavenger hunt
10:30 am, June 17–June 29

KIDS (entering Pre-K–6th grade next fall)

- Crafts every Tuesday at 2 pm
- Special events every Thursday at 2 pm

Call 760.839.5456 or visit

library.escondido.org/SRC for more information!

Free Programs & Services!

- Public Internet Access & WiFi
- Download FREE eBooks to your eReader, tablet, or mobile device
- Laptops available for in-Library use
- One Book, One San Diego County wide book celebration
Call 760.839.4839 for more info
- Book Club in A Bag
Everything you need to start your own book club
- One-on-One Computer Tutoring
Call 760.839.4287 to make an appointment

Friends Book Shop

Located in the Library

M, W, F, Sat 10 am–4 pm
Tues & Thurs 10 am–6 pm

Book Bargains Galore!

Paperbacks • Bestsellers
Fiction • Videos • Magazines
Classics & Modern Classics



All events are free and open to the public. Programs are sponsored by Friends of the Escondido Public Library. Children’s program space and supplies may be limited. Groups of 10 or more wishing to attend Children’s programs should contact 760.839.5456 to make arrangements.

Escondido Senior Center

Park Avenue Community Center
210 Park Avenue, Escondido, CA

Office Hours: Monday–Friday, 8 am–3 pm • 760.839.4688

Escondido is proud to have one of the largest and most visited senior centers in San Diego County. Located at the Park Avenue Community Center, the Escondido Senior Center works with on-site partners—Escondido Senior Enterprises, the Senior Service Council Escondido, OASIS, and Escondido Recreation to offer quality activities, programs, services, and resources for adults 50 years and up. Whether your passion is to further your skills in T'ai Chi or Line Dancing, gain knowledge, give back to your community through volunteering, or simply enjoy a delicious hot meal and good company, the Escondido Senior Center will help seniors live with confidence and vitality.



Park Avenue Café

Serving up a delicious, nutritious lunch, Monday–Friday, 11:30 am–12:15 pm, the Park Avenue Café is the place to chat and chew with friends! Advance reservation is required by calling 760.839.4803. Transportation services are available.

Social Activities

Choose from a wide variety of special events and programs, bingo, indoor shuffleboard courts, pool room, singing club, exercise and dance classes to keep you physically and mentally fit.

Lifelong Learning Opportunities

Computer classes, Enrichment Classes, Escondido Book Club, Library, AARP 55 Alive Driving Classes, Talk Tuesdays, and RSVP Volunteer Program breathe new life into learning!

For details on monthly activities see our Whatcha Call It Newsletter (located at the front desk at PACC), or visit: www.escondido.org/facilities/joslyn/index.html

Resources and Services

Health Screenings, HICAP, Legal Aid, Income Tax Assistance, Taxi Voucher Program, and six various Support Groups are offered through the Senior Service Council Escondido.

Travel

Leave the driving and arrangements up to us! Hop on a bus to many exciting travel destinations; choose from one-day trips and overnight multi-day trips. Brought you by Escondido Senior Enterprises Travel.

Volunteer Opportunities

What you give is what you get! Give back to our community by joining our hard working team of volunteers and staff who help provide fun and meaningful experiences for Escondido seniors.

Escondido Community Wellness Expo

Saturday, October 17, 2015 • 8:30–11:30 am • Park Avenue Community Center

Free information & resources for older adults and their families.

- FREE admission
- Over 30 community resource exhibitors
- FREE health screenings
- FREE gift basket drawing
- FREE easy parking
- Complimentary breakfast at 8:30–9:30 am



For more information call the Escondido Senior Center at 760.839.4688.

Register for Summer Camps & Programs Now!

Make memories with Escondido Recreation! We offer summer classes, camps, and programs for kids of all ages! Get involved in these exciting activities!

For more information call 760.839.4691 or visit recreation.escondido.org



Aquatic Club of Escondido—Page 19



Archery Camp—Page 15



Teen Guitar—Page 16



Preschool Karate—Page 7



Escondido Sports Center, pages 35-37

Community Services Department
City of Escondido
201 North Broadway
Escondido, CA 92025-2790



Postal Customer

PRST STD
U.S. POSTAGE
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ESCONDIDO, CA
PERMIT No. 95