

Volume XVIII | Summer 2014

Leisure Learning Society

*Rediscover the Joy
of Learning!*

*No tests, no books,
no grades!*

Summer 2014



University of
West Florida

Continuing Education

Leisure Learning Society

What's New

Take a trip to Montgomery, AL with Leisure Learning!
Alabama Shakespeare Festival brings another
family spectacular to the stage!

Mary Poppins
Sunday, July 20

**Friends and
family welcome!**
Registration Deadline: June 29.

\$80 Per Person
(Includes ticket to show
and transportation.)

See Page 9 for more information.

Disney and CAMERON MACKINTOSH'S

**MARY
POPPINS** © Disney

THE BROADWAY MUSICAL

**We want
to hear
from YOU!**



Have a class idea?

Share Your Discoveries With Us!

The Leisure Learning Society is always looking for new
classes in all subject matters including hobbies and
interests.

- Have you recently been to a fascinating business who might welcome a tour of their facilities?
- Do you know someone who has a special interest and would be willing to share it with us?

Send your suggestions to leisurelearning@uwf.edu

**SAVE
THE DATE!**
September 5, 2014



**UWF Parking
Passes for LLS**

The blue vinyl decals are no longer valid.
See Page 5 for more info.

More Nautilus Card Benefits!
**\$5 Admission to UWF CFPA Events &
Student rate at Scenic Hills Golf!**

See Page 4 for more info.

Bring a Friend!

As a current LLS member, you may bring a
friend to a class as an introduction to LLS. **The
class price will apply.** If your friend joins LLS,
you AND your friend will receive a \$10 credit
voucher toward a future LLS class or event.

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Class locations are listed in the back of the catalog.

Welcome

Discover learning without the stress of grades with The University of West Florida's Leisure Learning Society (LLS). Founded in 1996, LLS offers social and educational opportunities for everyone 55 and older in an academic setting among peers. Whether you live in Pensacola full time or part time, come join in the fun of learning at your leisure! The Leisure Learning Society is a membership organization.

Contact LLS

Have questions?
We are available to
assist you during
normal office hours.

Monday - Friday
8:30am to 4:30pm

Phone
(850) 474-3491

E-mail
LeisureLearning@uwf.
edu

Website
uwf.edu/LeisureLearning



**The \$35 annual membership fee covers
twelve months from the date you join.**

With your LLS membership, you are entitled to:

- register for all LLS classes, tours, and events.
- an LLS Parking Decal for parking on the UWF campus.
- a printed Class Catalog mailed directly to your home each semester.

*An additional LLS membership benefit is the eligibility to purchase a **UWF Nautilus card** for only \$10. The official UWF identification card can be used for:*

Checking out books and using electronic databases at UWF Library.
library.uwf.edu

An ID for campus events and offices, including \$5 admission fees
to UWF Center for Fine and Performing Arts events.
uwf.edu/cfpa

Access to the Health, Leisure and Sports facility with
purchase of gym membership - \$125 per semester.
uwf.edu/recreation

A student discount for golf at Scenic Hills Country Club.
scenichills.com

**More information can be found on Page 5, or the LLS website:
uwf.edu/LeisureLearning**

REGISTRATION OPTIONS

- » **ONLINE** - uwf.edu/leisurelearning
- » **MAIL** - Fill out the registration form enclosed.
- » **BY PHONE** - To pay by Visa or Mastercard, call the LLS office.



New!

UWF PARKING REGULATIONS FOR LLS MEMBERS



Parking during LLS courses located at UWF requires a parking permit (included in LLS membership dues). The hangtag is valid during the same months as the personal LLS membership. Participants are allowed to park in any COMMUTER parking lot. Please pay close attention to the signs and curb colors for correct parking areas.

LLS Members are required to submit a UWF Vehicle Registration Form annually to receive a parking hangtag. The Vehicle Registration form is included in the class registration form in this catalog or can be downloaded on the LLS site: uwf.edu/leisurelearning.

The parking hangtags are available at the LLS office.

For more UWF parking information visit: uwf.edu/parking. Parking in unapproved lots or in reserved spaces will result in a ticket. If you have followed the parking regulations and are ticketed, please contact the office so that it can be taken care of.



*****The blue and white 55+ vinyl stickers are no longer valid after 9/1/2013.**

Membership Expiration Date



If your catalog does NOT have a date on your mailing label, your membership has already expired. In order to receive a catalog every semester, your membership dues must be up to date.



***Charter Members** - Members who joined LLS in 1996 will always remain Charter Members. Please notify the office to renew your membership annually. We only ask that you consider paying the discounted \$10 membership dues to help cover printing and postage costs.

If your membership expires during a semester, it must be renewed to continue taking classes. If it is not renewed, all classes occurring after the expiration date will be cancelled and refunded.

Please call LLS Member Support Services 850-474-3491 if you have any questions about your membership.

Gratitude

*Thank
You!*

Donors

Mr. and Mrs. Franklyn Cutrone
Ms. Linda Gindl
Mr. and Mrs. John Wesley Holder III
Lockheed Martin Matching Gift Program
Mrs. Judith G. Miller
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Ms. Lajuan B. Redman
Mr. and Mrs. Robert Robinson
Ms. Martha Sanders
Mr. and Mrs. Malcolm C. Strickland
Ms. Mary Todd
Mr. and Mrs. James D. Wiggins

Summer 2014 Instructors:

- | | |
|-------------------------------------|--------------------------|
| ◇ Dr. Raid Amin | ◇ Wanda Mayo |
| ◇ Dan Anderson | ◇ Ashley Moore |
| ◇ Patrick Broadus | ◇ Sue Mottley |
| ◇ Stan Burge | ◇ Roy Oberto |
| ◇ CDR James R. Carter, US Navy, Ret | ◇ Wesley Odom |
| ◇ Cynthia Catellier | ◇ Jason Pelletier |
| ◇ Sarah Christopher | ◇ Renée Perry |
| ◇ James Coe, Jr. | ◇ Carol Perryman |
| ◇ Dr. Suzette Doyon | ◇ Eugene Pettis |
| ◇ Rev. Robert Eddy | ◇ Dr. Erich Ritter |
| ◇ Dr. Jennifer Emery | ◇ Bill and Maggi Roberts |
| ◇ Dr. Jocelyn Evans | ◇ Bob Robinson |
| ◇ Susan Feathers | ◇ Mark Robinson |
| ◇ Luke & Allison Fredericks | ◇ Rhonda Robinson |
| ◇ Tom Garner | ◇ Dale Rooks |
| ◇ Jim Green | ◇ Dr. Augusta Simon |
| ◇ Maria Halpin | ◇ Mike Thomin |
| ◇ Ray Hudkins | ◇ Diane Tucker |
| ◇ Perry Hunter | ◇ John Walen |
| ◇ Dr. Susan Jans-Thomas | ◇ Michelle Williams |
| ◇ Rheta Kirk | ◇ Dr. Wayne Wooten |
| ◇ Mike Lane | ◇ Jackie Word |
| ◇ John Markowitz | ◇ Jerry York |

Curriculum Council:

- | | |
|-------------------|--------------------|
| ◇ Jim Hearn | ◇ Ann Livingston |
| ◇ David Hoffman | ◇ Bob Robinson |
| ◇ Ray Hudkins | ◇ Bill Williams |
| ◇ Dee Ingram | ◇ Phyllis Williams |
| ◇ Robert Kugelman | |

Editors:

- | |
|----------------------|
| ◇ Evelyn Grosse |
| ◇ Charlotte Schipman |
| ◇ Louise Tolbert |

**“The Work of volunteers
IMPACTS ON ALL OUR LIVES,
EVEN IF WE ARE NOT AWARE OF IT.”**

~Anthony Worrall-Thompson

Share Your Discoveries With Us!

The Leisure Learning Society is always looking for knowledgeable individuals to volunteer their expertise with our members in all subject matters including hobbies and interests. You'll find teaching for our program a really rewarding experience as our students are very attentive.



Do You Have:

- Special interests that you can share with others?
- Background as a teacher or professor in a subject that might be of interest to others?
- Unique talents you can share with others?

Do You Know:

- Fascinating businesses who would welcome tours of their facilities?
- Others who have special interests and would be willing to teach?

Curriculum Council

Our Curriculum Council meets 3-4 times each semester to establish the following semester's class schedule. If you are interested in working with others to brainstorm class ideas, identify volunteer instructors, and determine the class day and time, then this volunteer opportunity is for you.



What Makes LLS Great? You do!

It would be hard to find a more enthusiastic and energized group of people than the Leisure Learning Society members. Volunteers abound and participation is contagious as we rediscover the joy of learning. Making a gift to LLS is an important factor in enhancing the educational experience for our members. Your generous support guarantees that LLS will continue to offer a superb quality program and unmatched value. Retirement is rewarding with programs like LLS, which foster educational enrichment and growth. Please put LLS high on your charitable giving list. Make your gift today. Your classmates are counting on you.

*Please make your
check payable to:*
Leisure Learning Society

Mail to:
UWF Foundation
11000 University Pkwy.
Pensacola, FL 32514

**7-Night Cruise for
Azalea Trace & Friends!
February 21 - 28, 2015
Royal Caribbean Cruise Lines
Starting at \$870 per person**

Join your friends and "Sail Away" to these beautiful islands. Enjoy 7 fun-filled days on the "Serenade of the Seas." You will visit the ports of Key West, Florida; Nassau, Bahamas; and CocoCay, Bahamas. No need to worry about driving to the port in New Orleans as transportation is included by Deluxe motor-coach and will pick you up at Azalea Trace.

***Information and sign up meeting in Azalea Trace Auditorium, 10:30am, May 13, 2014.**

Cancellation insurance recommended, \$250 deposit for reservation, final payment due on or before November 20, 2014. Questions? Contact Sharon or Kay at Sunshine Express Tours (850) 476-9149.



**There's always
something happening
at the Pensacola
Florida Blue Center.**

**1680 Airport Blvd., Pensacola, FL 32504
(850) 202-4188**

Tai Chi

When: Monday evenings at 6:00 pm and
Friday mornings at 8:30 am

Instructor: Jerry Bozant

Cost: Free

The physical benefits of Tai Chi include improved balance and posture; strong feet, leg, hip, and core muscles; and improved range of motion in all joints. You can also gain improved spatial awareness of the body and greater endurance. Tai Chi is a weight bearing exercise, which improves bone density. It is a mild aerobic exercise that fits between standing and walking. Breathing patterns are incorporated into the movements which helps create healthy lungs. Another skill that is learned is how to quiet down the talking side of the brain, so that daily troubles fade away, and a sense of wellbeing and calm occupy your thoughts.

Yoga

When: Wednesdays 8:30-9:30am

Instructor: Christa Parent

Cost: Free

Yoga is a great way to work on your flexibility and strength. Yoga has been described as "the union of mind, body, and spirit," which addresses physical, mental, intellectual, emotional and spiritual dimensions towards an overall harmonious state of being. *Please bring a mat.



Continuing Education

Learning that fits your life



**University of West Florida
Division of Continuing Education**

Learning that fits your life

Online or On Campus

We offer over 700 courses so you can find the perfect opportunity to grow your career or enrich your personal life. Many classes are online or offered in the evenings to add flexibility to your educational choices. Find the perfect opportunity to grow your career or enrich your personal life. Upcoming classes include Pharmacy Certification Prep, Arabic Language & Culture, Investor Education, Project Management, Music Academy, Public Relations for Non Profits, Contemporary Ballroom Dancing, Voice Over Workshop, plus many more!

Explore Our Services

Did you know that Continuing Education at UWF offers more than classes? Take advantage of our conference and meeting planning services, Continuing Education Units (CEUs), Custom Training Workshops, and more. Look around, you'll find something that catches your interest!



◀ uwf.edu/continuinged/calendar/

Visit our calendar for current courses in Professional Education, Personal Enrichment, Youth Programs and Seniors 55+

Having trouble choosing a class? Contact us with questions. We are happy to help you!

ContiuingEd@uwf.edu or 850.473.7468

uwf.edu/ContinuingEd



20-Jul | Sun 8:45 am - 6:00 pm | \$80.00

Location: Alabama Shakespeare Festival (Charter bus transportation provided by Good Time Tours)

Take a trip to Montgomery, AL with Leisure Learning! In the tradition of Disney's *Beauty & the Beast* and *Peter Pan*, Alabama Shakespeare Festival brings another family spectacular to the stage! Young Jane and Michael have sent many a nanny packing before Mary Poppins arrives on their doorstep. Using a combination of magic and common sense, she must teach the family how to value each other again. *Mary Poppins* showcases some of the most memorable songs ever sung on the silver screen or stage including Chim Chim Cher-ee, Jolly Holiday, A Spoonful of Sugar and Supercalifragilisticexpialidocious! Event is open to the public. **Friends and family welcome! Registration Deadline: June 29, 2014.**

Annual Fall OPEN HOUSE

Friday
September 5, 2014
2:00 - 3:30pm

Join Leisure Learning again this fall. Meet instructors, socialize and have a little fun!

University of West Florida Conference Center
11000 University Parkway
Pensacola, FL 32514

Dog Whisperer: What is Toto Thinking?**19-May | Mon 9:00 am - 10:00 am | \$12.00***Instructor:* **Sarah Christopher***Location:* **Bayview Senior Citizens Center Dog Park**

Did you know we have our very own dog whisperer here in town? Bring your pooch to the dog park at Bayview, and let Sarah tell you all about the wonderful work she does. Make sure you have your dog on leash, and bring a fold-up chair for yourself. Since 2004 she has been giving intuitive readings for animals and her story has been featured in the PNJ. If you would like an individual reading of your dog, please plan to donate \$5.00.

What's New With the Sun?**9-Jun | Mon 2:00 pm - 3:30 pm | \$12.00***Instructor:* **Dr. Wayne Wooten***Location:* **Pensacola State College -****Baroco Center Building 17, Room 1779**

Our understanding of the most important star is increasing as we use our technologies to view our home star and its mysteries. We'll include a solar observing session, weather permitting, as well as star charts and discussion of some of the other interesting stars and planets currently visible in evening skies.

**Pensacola Hardware Company:
From 1851 to Present****19-May | Mon 2:00 pm - 4:00 pm | \$12.00***Instructor:* **James Coe, Jr.***Location:* **Pensacola Hardware**

Pensacola Hardware is a locally owned, full-service hardware store specializing in contractor and industrial supplies, committed to meeting the needs of the contractor through service, quality and product knowledge. After a tour of the building, we will have an opportunity to hear a presentation led by Ann Brodie, and James M. Coe, Jr. on the history of Pensacola Hardware Company starting in 1851 leading up to current day.

West Florida Public Library Tour**16-Jun | Mon 10:00 am - 11:00 am | \$12.00***Instructor:* **Mike Lane***Location:* **West Florida Public Library**

Explore West Florida Public Library's new and improved Main Library in downtown Pensacola. Construction crews worked nearly two years tearing down Pensacola's original firestation, constructing a new wing, and renovating the existing library facility. The two structures, totaling approximately 51,000 square feet, are joined by a beautiful two-story grand lobby. The new building features a children's area, reference and research section, 50 computers for the public, a bookstore, two community meeting rooms, and an atrium.

**Growing And Using Herbs in
the Coastal South****2-Jun | Mon 11:00 am - 12:30 pm | \$12.00***Instructor:* **Carol Perryman***Location:* **UWF Building 86 (COPS) TBD**

This session focuses on growing herbs in our widely fluctuating weather in the coastal south. Which herbs grow in Pensacola and how do we get started? Can we grow fresh herbs all year? We will discuss culinary uses for fresh herbs. How do you enhance flavors and fragrance with fresh herbs? Which herbs stand up to the cooking process and which should be added at the end of cooking? You will learn to use and enjoy fresh herbs.

**Magnolia State's Social History:
People, Places, and Events
of Mississippi****23-Jun | Mon 10:00 am - 11:30 am | \$12.00***Instructor:* **Dr. Susan Jans-Thomas***Location:* **UWF Building 86 (COPS) TBD**

This multimedia presentation tells the story of Mississippi's social history. The researcher shares stories of traveling throughout the Magnolia State for five years from the Delta to the Gulf Coast talking with people while visiting historic sites, cemeteries, schools, courthouses, and antebellum plantation houses. Its social history has a soulful richness deeply rooted within a lineage ranging from plantation houses to share cropper shacks.

Mon-Tue Classes II

Green Fire:Aldo Leopold and a Land Ethic in Our Time

30-Jun | Mon 1:00 pm - 3:00 pm | \$12.00

Instructor: Susan Feathers

Location: UWF Building 86 (COPS) TBD

Green Fire provocatively examines Leopold's thinking, renewing his idea of a land ethic for a population facing 21st century ecological challenges. The film draws on Leopold's life and experiences to provide context and validity, then explores the deep impact of his thinking on conservation projects around the world today. Through these examples, the film challenges viewers to contemplate their own relationship with the land community. After viewing the film there will be a class discussion. For those who are interested, Leopold's A Sand County Almanac is available for \$6.00. Reserve your copy on the registration form.

New!

Promenade Your Way to Beginning Ballroom Dance - 8 Sessions

May 20-June 12

Tue, Thu 10:30 - 11:30 am | \$47.00

Instructors: Bill and Maggi Roberts

Location: Bayview Senior Citizens Center Gym

Are you interested in meeting people, getting connected, and learning how to dance, all in one "step"? This class will focus on the fundamentals of ballroom dance and learning one of the most popular dances, Foxtrot. Students will learn Bronze patterns, techniques and an awesome social dance routine. Come with a dance partner if you can, but do not hesitate to come alone. Everyone will rotate partners throughout the lessons. Reap the health benefits and exercise of ballroom dancing. Your instructors will make it fun and easy to learn. After the lessons, enjoy a dance night-out-on-the-town!

New!

Ghostly Encounters In Lighthouses

14-Jul | Mon 11:00 am - 12:30 pm | \$12.00

Instructor: Wanda Mayo

Location: Florida Public Archaeology Network

Fact or fiction? Many ghostly tales have been reported over the years. After you hear the reports, you decide if you would stay in that lighthouse alone at night. If you have an experience of a personal encounter you want to share, we hope you will do so. In addition to ghostly encounters, we will offer some interesting facts about lighthouses in Florida.

New!

Art Appreciation: Formal Elements Explored

20-May | Tue 10:30 am - 11:30 am | \$12.00

Instructor: Diane Tucker

Location: Artel Gallery

We will use the art work exhibited in the gallery to explore the critical thinking process needed to appreciate art. Learn about the formal elements and their design used by artists to create a wide variety of effects. We will explore the specific materials and the processes by which an art work is made. As new technologies develop, artists discover different ways to create art. This specific material and the process are called the media. Handouts will be provided.

New!

Pensacola Backyard Homestead

21-Jul | Mon 10:30 am - 12:00 pm | \$12.00

Instructors: Tom Garner & Renée Perry

Location: Florida Public Archaeology Network

Renée Perry and Tom Garner of East Hill Edible Gardening take you on a first-hand look at the fascinating and infinitely practical world of backyard homesteading. Also known as urban farming, backyard homesteading produces the freshest, healthiest, local food in a residential setting. You'll learn how Renée and Tom raise food on their own quarter acre residential lot, including fruits, vegetables, eggs, honey and more. You will be amazed at how much food you can grow in your own backyard!

New!

Veterans Dive Locker: Serving Our Veterans Because They Served Us

20-May | Tue 2:00 pm - 3:00 pm | \$12.00

Instructor: Dan Anderson

Location: Florida Public Archaeology Network

Mr. Dan Anderson is a licensed scuba dive instructor who donates his time giving instruction to disabled veterans in the area of adaptive scuba techniques. Veterans Dive Locker is a non-profit organization designed to help improve the lives of injured veterans returning from Iraq & Afghanistan. They provide these heroes with a challenging & rewarding activity that can help facilitate the rehabilitation process & promote mobility. Priority is given to combat related disabilities then service connected disabilities. The service is available to any military veteran who has been determined disabled by DOD or the VA.

New!

Turtle Point Science Center Tour

27-May | Tue 10:00 am - 12:00 pm | \$17.00

Instructor: Jackie Word

Location: Turtle Point Science Center

Turtle Point Science Center is an adventure in hands-on science exploration. Since opening in October 1999, Turtle Point has educated and entertained thousands of school children and visitors from all around the world. Situated on 20 acres adjacent to Big Escambia Creek, the Center is home to a variety of reptiles, amphibians, birds, fish, and mammals. In addition to animal encounters, visitors enjoy a butterfly house, vegetable garden, herb garden, fish pond, and boardwalk. Bring a sack lunch if you wish, picnic tables are available for your use.

New!

Discover Ancient Technology: Atlatl

10-Jun | Tue 9:00 am - 10:00 am | \$12.00

Instructor: Mike Thomin

Location: Florida Public Archaeology Network

Ever wonder what prehistoric Floridians used before the invention of the bow and arrow? Come learn about this fascinating piece of prehistoric technology used to hunt everything from ancient woolly mammoths to modern squirrels! A short presentation will explain the mechanics of this dart-throwing device, explore the prehistoric and protohistoric use of it in Florida, and the three archaeological sites in Florida where evidence of these ancient tools has been unearthed. Next, participants can try their hand at it during our atlatl demonstration outside (weather permitting).

New!

Torchlight Paddle in Bayou Texar

27-May | Tue 6:30 pm - 8:30 pm | \$17.00

Instructors: Luke & Allison Fredericks

Location: Pensacola PaddleSport Rentals

Join us for an evening paddle adventure! Enjoy paddling the tranquil evening water of Bayou Texar guided by torch, under the light of the stars (and moon if we're lucky!). Please arrive at 6:30 PM the tour will leave no later than 7:00 PM and will last about 1 1/2 hours. Includes equipment rental, PFD, lamp, and water. Seating available for 10 on double kayaks and 12 on single kayaks.

New!

Civil War - Go Retro Tour

17-Jun | Tue 9:45 am - 12:00 pm | \$23.00

Instructor: Wesley Odom

Location: Go Retro, Inc

Before the Civil war, Pensacola was the largest and most prosperous city in Florida. At the war's end, the town was largely burnt and destroyed. Travel back in time to those dark days. See how its citizens caught onto the secessionist sentiment. Hear how the town became the most militarized and hotly contested city in Florida. Visit the battle lines. Experience why the federal enclave became a haven for runaway slaves. See how events unfolded. Narrator Wesley Odom uses enormous description, maps, and music from the era to bring this story alive with remarkable clarity, action, and strategy. The tour includes a walk-through of Ft. Barrancas, which was one of the Civil War forts involved in the action.

New!

Arcadia Mill Archaeological Site Tour

3-Jun | Tue 10:00 am - 11:45 am | \$12.00

Instructor: Roy Oberto

Location: Arcadia Mill

Arcadia Mill offers visitors an historical experience as well as the opportunity to visit a unique wetland ecosystem. We will tour the boardwalk and Discovery Pavilion. During the boardwalk excursion, we will explore the archaeological remains and learn the history of the site. Our guide will also discuss the abundant variety of plants and trees that thrive at Arcadia. In the Discovery Pavilion, learn about water power, and observe working replicas of 19th century mill technology.

How the Humanities Have Evolved: The Good Life Over Time

24-Jun | Tue 1:00 pm - 2:30 pm | \$12.00

Instructor: Eugene Pettis

Location: UWF Building 86 (COPS) TBD

Ah, the good life! Isn't that what individuals have sought since the beginning of humankind? The search for personal answers to the great philosophic questions which give meaning to life is a quest that lasts a lifetime, at least for most of us. Explore contributions to thought about the human condition through a rather abbreviated examination of great humanistic thinkers from Ancient Athens, Renaissance Florence, and Modern New York City. So grab a toga and let's begin our search in Athens for answers to this eternal search for "the good person, the good life, and the good society."

Tue - Wed Classes 13

Rise and Fall of Pensacola's Fishing Industry

15-Jul | Tue 10:00 am - 11:30 am | \$12.00

Instructor: Cynthia Catellier

Location: Florida Public Archaeology Network

Pensacola, surrounded by water with access to the Gulf of Mexico, is a natural location for fishing. Beginning in the mid-nineteenth century, local fishermen ventured farther from shore bringing in larger catches. By the early twentieth century, Pensacola's once flourishing fishing industry had declined. This class will look at the historical and environmental context that led to the rise and fall of Pensacola's fishing industry.

New!

Responding to Tragedy: Political Participation & American School Shootings

28-May | Wed 1:00 pm - 2:30 pm | \$12.00

Instructor: Dr. Jennifer Emery

Location: UWF Building 86 (COPS) TBD

Much of the conversation around school shootings is about prevention, but new research by Dr. Emery makes a contribution by looking at what happens after these tragedies occur within the communities where shootings take place. She concludes that traditional forms of political participation do not increase as a result of these tragic events. However, the response takes on a variety of forms which are more loosely categorized as political: interest group formation, donating, elite networking, and the construction of public memorials. These types of participation minimize political conflict and maximize healing, and so this may be the most preferable outcome.

New!

Pensacola's Iron Skeletons in the Closet - 2 Sessions

May 21 & 28 | Wed 9:15 am - 10:45 am | \$12.00

Instructor: Cynthia Catellier

Location: Florida Public Archaeology Network on 5/21 and Artel Gallery on 5/28

Beginning in the early 1880s builders in Pensacola began to erect structures that reflected the city's emergent prosperity. After Reconstruction, Pensacola experienced tremendous economic prosperity due to the local lumber and fishing industries. More than half of the buildings in downtown Pensacola were built from 1880-1915. Why did that 35-year time-period frame the city we see today? In the second session, we will view the ornamentation and structural components of some cast iron buildings on Palafox and Government Streets.

New!

Fine Art Appraisal: What IT is, What IT's not, Who does IT, and Who Needs IT

4-Jun | Wed 10:00 am - 11:15 am | \$12.00

Instructor: Dr. Suzette Doyon

Location: UWF Building 86 (COPS) TBD

Formal appraisals of works of art don't happen only in times of sale or purchase. The determination of value by a professional is often necessary to obtain insurance coverage, to facilitate estate planning, or to establish the amount for a charitable deduction. And sometimes just because you want to know. Dr. Doyon is a Certified Member of the International Society of Appraisers and an Associate Professor of Art at UWF. Come learn how Grandma's things might be valued.

New!

Coldwater Gardens Tour

21-May | Wed 1:00 pm - 2:30 pm | \$17.00

Instructor: Ashley Moore

Location: Coldwater Gardens

Coldwater Gardens is a sustainable agritourism farm working for the health of the community and environment. Through sustainable farming practices they promote fresh local food, support watershed and environmental stewardship, and provide environmental and agricultural education. The staff at the gardens cultivate organic foods, demonstrate sustainable living, and provide educational resources on agriculture and the environment for current and future generations. We will have an opportunity to see the aquaponics, composting, Shiitake mushroom cultivation, chickens, honey bees, and production garden.

New!

Pensacola Bay Brewery Tour and Tasting

4-Jun | Wed 3:30 pm - 4:30 pm | \$17.00

Instructor: Mark Robinson

Location: Pensacola Bay Brewery

Elliott Eckland and Mark Robinson began the Pensacola Bay Brewery and in October, 2010, opened the doors of the P.B.B. focusing on local Pensacola landmarks and lore. The P.B.B. mixes a little Florida history in each pint. The Craft Beer Movement returns to flavorful, authentic beer, all without added preservatives or chemicals. Included in the cost of this tour is a beer or two people can combine to get eight beer samples to share, or the \$5.00 benefit can be applied toward merchandise at the brewery.

14 Wednesday Classes

What is Small U Universalism?

11-Jun | Wed 10:00 am - 11:15 am | \$12.00

Instructor: Rev. Robert Eddy

Location: UWF Building 86 (COPS) TBD

Though the term "Universalist" (with a capital U) refers to an early Christian heresy, the adjective 'universalist' has a much wider referent. Rev. Eddy will explore the ancient roots of universalism, the various expressions throughout history, and in today's world as "radical inclusivism."

New!

Sunset Dolphin Cruise

25-Jun | Wed 6:00 pm - 8:00 pm | \$27.00

Instructor: Captain Chris

Location: Sunset Dolphin Cruise

See dolphins in their natural habitat on a two-hour cruise aboard the 146-passenger Southern Rose out of Orange Beach, Alabama. During the cruise, the captain will point out some of the historic landmarks and will provide some information about dolphins and their life below the surface, the wake and along the shore. It will be a leisurely cruise, and there are refreshments on board. Bring your camera; this will be one cruise you will surely remember. Parking is available in the first parking lot to the right after crossing the Bay Bridge, located before the marina and the market. Parking is not permitted at the marina!

Judicial Administration in the Eye of the Storm

11-Jun | Wed 3:00 pm - 4:30 pm | \$12.00

Instructor: Dr. Jocelyn Evans

Location: UWF Building 86 (COPS) TBD

Dr. Evans and some of her students will discuss the impact of Hurricane Ivan on judicial administration in Escambia County. They will explore the damage caused to the facilities involved in judicial process, the choices made to protect the rights of the criminally accused through and after the storm, and the purposeful efforts by inhabitants to use this crisis as an opportunity to shape the social meaning of our judicial facilities for years to come. Hear this important story through the lens of oral histories - elite interviews of judges, public defenders, attorneys, police, and administrators.

New!

What in the World? Cliches, Cultural Sayings and Colloquialisms

9-Jul | Wed 11:00 am - 12:30 pm | \$12.00

Instructor: Dr. Augusta Simon

Location: Florida Public Archaeology Network

When we hear them, we sometimes shake and scratch our heads in disbelief or with puzzlement. There are untold numbers of words and sayings that have worked their way into ordinary conversation and even public discourse. Cliches, Cultural Sayings and Colloquialisms drive home the point graphically and memorably. In a phrase, they can "Pack a Punch." Even so, our reaction at times is "What In The World?" Make a list of three or four of your favorites and bring them along to "Test our Wits" and perhaps, "Stump" us. Maybe we can solve some riddles or "Shed Light" on the origins and significance of this category of language usage.

New!

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CANCELLED?

We cancelled your class because we didn't know you were interested. Sometimes excellent classes with super instructors are cancelled because people wait to register. Our programs need a minimum number enrolled before a class can run.

**So, don't wait!
Avoid disappointment
by registering early!**

Wed-Thur Classes 15

Basics of Adult Fitness

23-Jul | Wed 10:00 am - 11:30 am | \$12.00

Instructor: **Stan Burge**

Location: **Florida Public Archaeology Network**

Our bodies are far more beautiful and complex machines than any man has yet designed. Youth need not be wasted on the young. Discussion will include work done at the Physical Fitness Research Center at the University of Illinois. Studies of physical activity and its benefits related to cardiovascular, pulmonary and weight control areas will be emphasized.

Democratic Variety: Comparing Countries in Form, Function, Fundamentals

22-May | Thu 11:00 am - 12:00 pm | \$12.00

Instructor: **Michelle Williams**

Location: **UWF Building 86 (COPS) TBD**

International order became somewhat predictable during the Cold War. The key players were obvious- the U.S. and the U.S.S.R.; the goal was clear- establish global hegemony; and the rules were apparent- first strike will produce a counter-strike and nuclear weapons are on the table. However, since the Cold War came to an end, the world order has become increasingly obscure and unpredictable. In "Clash of Civilizations," by Harvard political scientist, Samuel Huntington, he sets forth this notion that culture and the politics of identity have become resurgent in the post-Cold War world which provides the basis for much contemporary debate.

Pensacola Blue Wahoos Game

23-Jul | Wed 6:30 pm - 10:00 pm | \$17.00

Location: **Maritime Park Bayfront Stadium**

Come on down to enjoy exciting Blue Wahoos baseball at Pensacola's beautiful Bayfront Stadium! The Blue Wahoos are the Double AA Affiliate of the Cincinnati Reds Baseball Team. Cost for this event includes admission to the game, reserved box seating. Gates open at 5:30 pm. We only have 25 tickets so register soon!

Introduction to Personality and Temperament - 2 Sessions

Jun 19 & 26 | Thu 3:00 pm - 4:00 pm | \$17.00

Instructor: **Jerry York**

Location: **UWF Building 86 (COPS) TBD**

We all come in different shapes and sizes. We all have strengths and weaknesses. What's right for one person may not be right for another. There are things that are important to others, that you don't care about at all! We want to understand each other and communicate well because we live together in the same world. By learning more about your own personality, and about other personality types, you can come to a better understanding of your strengths and weaknesses, improve interpersonal relationships, realign expectations towards others, and gain a better self-knowledge that will help define and achieve goals.

Protecting Your Retirement Income - 2 Sessions

May 22 & 29 | Thu 9:30 am - 11:00 am | \$12.00

Instructors: **Patrick Broadus & Jason Pelletier**

Location: **Florida Public Archaeology Network**

Designed for conservative investors who are not willing to chance their entire life savings at the mercy of the stock market. Are you are looking for strategies that can grow your retirement assets and prevent downturns in the market from eroding your income? We will provide you with the working knowledge necessary to make informed decisions to protect your retirement investments. We have helped numerous people achieve full retirements by carefully managing their risk throughout the accumulation, transition, and income periods of their life. Whether you are nearing retirement or in full swing, we are here to help.

McGuire's Irish Pub & Brewery Tour

10-Jul | Thu 9:30 am - 11:00 am | \$12.00

Instructor: **Perry Hunter**

Location: **McGuire's Irish Pub**

Back on the agenda by numerous requests. If you haven't toured McGuire's, you're in for a real treat. You'll learn about all the fun things that go on there, hear about how much money is tacked to their ceiling, how their wonderful beer is made right there in huge copper vats, and you just won't believe their wine collection. Our genial host, Perry, will answer all your questions. (Those who wish can be seated for Dutch-treat lunch right after the tour.) Registration is limited to 12 attendees.

Make N' Take

10-Jul | Thu 1:00 pm - 3:00 pm | \$12.00

Instructor: John Walen

Location: **UWF Building 86 (COPS) TBD**

After being grounded for a year, the Blue Angels are back! Come enjoy a great way to celebrate this event. You will be taught the art and craft of modeling by building your own Blue Angel plane to take home with you. After learning the basics of modeling, some of you may want to expand your knowledge and learn more advanced techniques. You will have an opportunity to let us know of your interest in basic glue assembly, painting, and decaling. Limited to 25 participants.

New!

TED and Ray and Bob Plan to Stimulate Your Brain - 4 Sessions

May 28 - June 13

Fri 10:00 am - 11:15 am | \$27.00

Instructors: Ray Hudkins & Bob Robinson

Location: **UWF Building 86 (COPS) TBD**

Ray and Bob have selected four terrific TED Talks, and the class will watch one a week and discuss the issues it presents. Each is interesting and provocative and will have you clamoring to join in the conversation. They will stretch your views and your brains.

New!

Evenings in Olde Seville Square - History

17-Jul | Thu 10:00 am - 11:30 am | \$12.00

Instructor: Jim Green

Location: **UWF Building 86 (COPS) TBD**

Seville Square has been at the heart of Pensacola's community life since the British first laid it out as a public square in the 1760s. It was designated as a public plaza in the early 1800s under renewed Spanish rule. Jim Green, a member of Pensacola Heritage Foundation, will present an overview of the history of the transformation of the downtown area we know as Seville Square.

New!

ECUA Central Water Reclamation Facility Tour

23-May | Fri 10:00 am - 11:30 am | \$12.00

Instructor: Sue Mottley

Location: **ECUA Central Waste Water Reclamation Facility**

The Central Water Reclamation Facility (CWRF) class will start with a 30-minute Power Point presentation with emphasis on why the new plant was built to replace the old downtown plant, and how the plant process works. After that, the group will be taken out into the plant for a walking tour and discussion of the plant equipment and process, and the bio solids area. The walking tour will last approximately one-hour and participants need to wear low heeled, closed toe shoes.

Nature of Style in Western Painting

24-Jul | Thu 10:00 am - 3:00 pm | \$12.00

Instructor: John Markowitz

Location: **Mobile Museum of Art**

Professor Markowitz will lead a guided tour of the permanent collection of this fine gallery, giving background to the works and insights into their detail as well as their place in the genre of art. John is well known for his intimate knowledge of American and European art history and of painterly technique and how it developed over time, and his lecturing skill is second to none. This will be a great tour, not to be missed. A (Dutch treat) lunch break will be taken at a nearby restaurant. Contact the LLS office if you are interested in carpooling.

New!

Blue Skies and Swaying Sea Oats: Perfect Backdrop for a Morning Walk

30-May | Fri 10:00 am - 12:30 pm | \$12.00

Instructor: Rhonda Robinson

Location: **Peg Leg Pete's**

Sunny beach days are here! Did you know that Santa Rosa Island is one of the longest barrier islands in the world? Did you know that one oyster can filter 20-50 gallons of water per day? Join us! Leave some footprints in the sugar-white sand and watch your worries float away in the emerald-green waters. Afterward, satisfy your taste buds at Peg Leg Pete's for a (Dutch treat) lunch with great music, quality food, and friendly service. It's a beautiful day for a bowl of gumbo and Rockefeller oysters! Peg Leg Pete's offers a Gluten free menu, including seafood, steak and chicken.

Friday Classes 17

Art of Flower Pounding Workshop **6-Jun | Fri 10:00 am - 3:00 pm | \$17.00**

Instructor: **Rheta Kirk**

Location: **UWF Building 86 (COPS) TBD**

Imagine a delicate fern, or a deep purple pansy, or vibrant leaves. Imagine creating an arrangement of flowers and foliage to form a picture. Imagine preserving this image on fabric. That's the art of flower pounding! There is a wide array of flowers and foliage, both cultivated and wild, that make wonderful botanical impressions on pretreated fabric. Gentle pounding with a hammer releases the natural dye in the plant material into the fabric, leaving an amazingly detailed image. You'll learn how to use a variety of flowers to make a unique art quilt for a wall hanging. A supply list will be sent to those who register for this class. A mid-day lunch (Dutch treat) will be taken at a nearby restaurant.

New!

Watch Your Back: A Shark Knows What Direction You Are Facing! **20-Jun | Fri 12:30 pm - 2:00 pm | \$12.00**

Instructors: **Dr. Raid Amin & Dr. Erich Ritter**

Location: **UWF Building 86 (COPS) TBD**

Internationally celebrated, shark-human interaction scientist, Erich Ritter, and University of West Florida math and statistics professor, Raid Amin, have discovered that sharks can comprehend body orientation and therefore know whether humans are facing them or not. They were the first research team to pinpoint areas in Florida and California where the rate of shark attacks is high. Over 80 percent of the sharks approach divers from the back. Discover why their research of shark-human interaction is extremely valuable for anyone who enters the oceans of the world - the sharks' domain.

New!

Early Naval Aviators of Pensacola **6-Jun | Fri 1:00 pm - 2:00 pm | \$12.00**

Instructor: **CDR James R. Carter, US Navy, Ret**

Location: **Florida Public Archaeology Network Naval Air Station (NAS) Pensacola**, known as the "Cradle of Naval Aviation," occupies 5,804 acres and has a significant historical background. The station logbook was begun February 10, 1914, which has been considered the date the station was officially commissioned. After entry of the United States into World War I, Pensacola had trained over 1,000 aviators within 2 years. Celebrate the 100th anniversary with CDR James R. Carter, as he shares about the accomplishments of the pilots who trained or instructed during 1914 and 1915.

New!

Touring a Pensacola Gem! **The Andrews Institute** **18-Jul | Fri 10:30 am - 12:00 pm | \$12.00**

Instructor: **Maria Halpin**

Location: **Andrews Institute**

In 2007, Baptist Health Care in Pensacola opened a world class institute for orthopaedics and sports medicine in Northwest Florida, with the leadership and reputation of nationally and internationally renowned orthopaedic surgeon James Andrews, MD. The creation of the Andrews Institute in Gulf Breeze has secured Northwest Florida as a cradle for musculo-skeletal treatments and research. After the 45-minute tour, stay for (Dutch treat) lunch at Legends Café located onsite on the second floor of the Andrews Performance and Research Pavilion. No photography allowed due to HIPAA/patient privacy.

Marina Oyster Barn History and Tour **13-Jun | Fri 2:00 pm - 3:00 pm | \$12.00**

Instructor: **Dale Rooks**

Location: **Marina Oyster Barn**

The Marina Oyster Barn is a family owned and operated seafood restaurant overlooking beautiful Bayou Texar at Rooks Marina. The Rooks family opened the restaurant, and full service marina in 1969. The Oyster Barn specializes in oysters on the half shell, usually shucked right in front of the customers. After the tour and brief history, stay for a (Dutch treat) "Fresh from the Gulf," seafood meal.

New!

One Catalog?

Attention spouses, LLS will always send a catalog to each member. If you prefer only one catalog sent to your address, let the LLS office know.

Directions Locations

Alabama Shakespeare Festival

I Festival Dr

Montgomery, AL 36117

*Transportation provided by Good Time Tours. Charter bus will be leaving from the parking lot of Grocery Advantage (formerly Food World) on the southeast corner of Olive Road and Davis Highway. Departure time is promptly at 9:00am. *Please plan to arrive early, bus should be there by 8:30am. **850-474-3491***

Andrews Institute

1020 Gulf Breeze Pkwy

Gulf Breeze, FL 32561

*After you cross the Pensacola Bay Bridge (aka the 3-mile Bridge) into Gulf Breeze, follow Highway 98 East for approximately 1.2 miles. Turn left into the driveway at the 4th stoplight (you will pass the exit to the beach and drive under an overpass). The fourth light is at the entrance to Gulf Breeze Hospital. Take the first left into the Andrews Institute, turn left into parking lot. Meet in front of the waterfall in the Clinical Facility which is the main building. It is the one parallel to Rt. 98. **850-916-8700***

Arcadia Mill

5709 Mill Pond Ln

Milton, FL 32583

*If coming from Pensacola, take Hwy 90 towards Pacer/Milton. Turn Left onto Anna Simpson Road. (right before GulfWinds Federal Credit Union on the left) if you pass GWFCU - you've gone to far. Anna Simpson Rd will dead end and you make a left on Mill Pond Lane - stay on Mill Pond until it dead ends in a cul de sac - you are at the mill. **850-626-3084***

Artel Gallery

223 Palafox Pl

Pensacola, FL 32502

*In the Old Escambia County Courthouse - corner of Palafox and Government. **850-432-3080***

Bayview Senior Citizens Center

2000 E Lloyd St

Pensacola, FL 32503

*Located in East Hill at the corner of 20th and Lloyd Street on Bayou Texar. **850-436-5190***

Coldwater Gardens

7009 Creek Stone Rd

Milton, FL 32570

From the University, take US-90 East, 11.8 miles. Turn left onto Dogwood Dr., 3.6 miles. Turn left onto Stewart St, continue for 9.4 miles. Turn right onto Coldwater Church Rd., 0.5 miles. Turn left onto Lewis Rd., 1.5 miles. Turn right onto Creek Stone Rd. Destination will be on the right.

850-497-6500

ECUA Central Waste Water Reclamation Facility

2980 Old Chemstrand Rd

Cantonment, FL 32533

Take Palafox Blvd. (Hy 29) north to Old Chemstrand Road (in Gonzalez), and turn east (right) or take Chemstrand Road north from 9 Mile Road for about 3.5 miles. You will cross 10 Mile Rd, Kingsfield Road and about three blocks after the railroad tracks, turn left onto Junction Drive. Take Junction Drive to Old Chemstrand Road (about three blocks) and turn right. Just before the ASCEND plant entrance veer left (still on Old Chemstrand Road) passing S.E.R.A. Fitness Center on your right, continue on the road for about a mile to CWRP. Visitor parking is available.

Notes: The GPS in my car could not get me there.

850-476-0480

Florida Public Archaeology Network

207 E Main St

Pensacola, FL 32501

*Located just East of Tarragona Street on the corner of E Main St and S. Barracks St., next to The Fish House. Parking lot is located behind the FPAN building off of Barracks Street. **850-595-0050***

Go Retro, Inc

610 N Spring St

Pensacola, FL 32501

*From I-10 South, take Cervantes exit, turn right onto Cervantes, take a left on Spring Street and travel 1 and 1/2 blocks. Destination will be on your left. **850-466-5220***

Marina Oyster Barn

505 Bayou Blvd

Pensacola, FL 32503

*Traveling from Scenic Highway which turns into Cervantes, turn right at the first light (Perry Ave.), take the first left (E. Strong St.), E. Strong St. curves to the right and becomes Bayou Blvd. Destination will be on the left. **850-433-0511***

Directions Locations

Maritime Park

449 W Main St

Pensacola, FL 32502

Bayfront Parkway 850-934-8444

McGuire's Irish Pub

600 E Gregory St

Pensacola, FL 32501

I-10 S., take exit 1A on the left. Merge onto E. Chase St., turn left onto N. 12th Ave., turn left onto E. Gregory St.

Destination will be on the right. 850-433-6789

Mobile Museum of Art

4850 Museum Dr

Mobile, AL 36608

Take I-10 W to Mobile, merge onto I-65 N. Driving from I-65, take the Springhill Avenue Exit (Exit 5) and head west on Springhill Avenue. Go approximately 1 1/2 miles and turn left on John D. New Street (traffic signal). Take an immediate right onto Museum Drive. The Museum is the first building on the right. 251-208-5200

Peg Leg Pete's

1010 Ft. Pickens Rd

Pensacola Beach, FL 32561

Located on the right hand side of Ft. Pickens Road in Pensacola Beach. About 1.5 miles from the Pensacola Beach Blvd and Ft. Pickens Road intersection. We will meet in the parking lot. 850-932-4139

Pensacola Bay Brewery

225 E Zaragoza St

Pensacola, FL 32501

Downtown Pensacola at the corner of Adams and Zaragoza, across from Old Christ Church and catty-corner from Seville Square. 850-434-3353

Pensacola Hardware

20 E Gregory St

Pensacola, FL 32502

On I-10 S, take exit 1A on the left for Gregory St. Keep left at the fork to stay on Exit 1A, follow signs for Gregory Street West and merge onto E Gregory St. Destination will be on the right. 850-438-3186

Pensacola PaddleSport Rentals

2001 E Lloyd St

Pensacola, FL 32503

Located in Bayview Park on N. 20th Ave. and E. Mallory Street on Bayou Texar. From Scenic Highway, head west on N. 19th Ave, turn right on to E. Lloyd St., destination will be on the right. 850-255-5423

Pensacola State College - Baroco Center

1000 College Blvd

Pensacola, FL 32504

Building 17 (Baroco Ctr. for Science & Advanced Tech.) is right across Airport Blvd. from the Steak and Shake in Cordova Mall. The astronomy classroom, 1779, is upstairs at the west end of the hall. There is an elevator in the center of the building for visitors to use. Parking is available in front of the building. 850-484-1000

Sunset Dolphin Cruise

27212 Marina Road

Orange Beach, AL 36561

Directions from Pensacola: Go west on Bayou Blvd/ Brent Lane/ Beverly Pkwy Michigan Avenue/ Saufley Field Road (CR-296). Turn left onto N Blue Angel Pkwy (FL-173 S) for 7.7 miles. Turn right onto Sorrento Road/FL-292 for 12 miles. Continue to follow FL-292 crossing into Alabama. FL-292 becomes AL-182/Perdido Beach Blvd for 4.2 miles. Turn right onto AL-161/Orange Beach Blvd for one mile. Turn right onto Marina Road for 1.2 miles. There is a mailbox on the street with 27212 on it. Enter the gate, find a parking place and then walk down to the pier and look for the Southern Rose. 251-981-7673

Turtle Point Science Center

20959 Hwy 31

Flomaton, AL 36441

Follow Highway 29 N. (approx. 34 miles from E. Nine Mile Road intersection), turn left onto US-31. Destination will be on the right, 0.6 miles. 251-296-3401

West Florida Public Library

239 N Spring St

Pensacola, FL 32502

Follow I-10 S. to E. Cervantes St. (exit 2). Turn right onto E. Cervantes St., 0.3 miles. Turn left onto N. Spring St. Destination will be on the right, 0.4 miles. 850-436-5060



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See Page 9!

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See Page 5 for more
information.

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